

# How to Obtain Your Health Insurance Card

If you are age 75 or over, your photo and signature don't have to appear on your Health Insurance Card. You may therefore choose between a card **with** or **without** a photo. However, if you have a Driver's Licence, your photo must appear on it.

## IF YOU WANT A CARD **WITHOUT** A PHOTO

All you have to do is fill out, sign and mail your renewal notice.  
You will receive your card within 30 days.

## IF YOU WANT A CARD **WITH** A PHOTO

Please follow the steps explained below.

### If you DON'T HAVE a Driver's Licence

#### Where must I go?

Go in person, as soon as possible, to an **authentication point**. Refer to the enclosed list of authentication points in your region.

#### What do I take with me?

- 1 Your completed and signed renewal notice.
- 2 Two pieces of ID, including one bearing a photo (see list on reverse side).
- 3 A photo of you that meets the specifications (see information on reverse side).

If you go to one of the RAMQ's offices, you don't have to take a photo with you because one will be taken at the office. Please note that a fee is charged.

#### What happens next?

The RAMQ will send your Health Insurance Card to you within 30 days.

### If you HAVE a Driver's Licence

You can renew your Health Insurance Card and your Driver's Licence **at the same time**.

#### Where must I go?

Go in person to a **service outlet** of the Société de l'assurance automobile du Québec (SAAQ) before the deadline indicated on your renewal notice. Refer to the enclosed list of service outlets in your region.

#### What do I take with me?

- 1 Your completed and signed renewal notice.
- 2 Two pieces of ID, including your Driver's Licence (see the list on reverse side).

You don't have to take a photo with you because one will be taken at the service outlet. Please note that a fee is charged for taking your photo and issuing your Driver's Licence.

#### What happens next?

The SAAQ will mail your Driver's Licence to you and will send the information to the RAMQ.  
The RAMQ will send your Health Insurance Card to you within 30 days.

## Acceptable pieces of ID

- Health Insurance Card
- Driver's Licence
- Birth Certificate or an official copy of an act of birth issued by a Canadian vital statistics office (by the Directeur de l'état civil, for a birth in Québec)
- Passport
- Certificate of Canadian Citizenship
- Certificate of change of name
- Certificate of change of designation of sex
- A Canadian or Québec immigration document

ORIGINALS ARE REQUIRED.

## If you are renewing **only** your Health Insurance Card (with photo)

Here are the **specifications** for a photo taken at a pharmacy or by a photographer (a fee applies):

- colour photo taken in the past six months (dated on the back with a date stamp);
- against a white background;
- showing a front view, from the shoulders up (head uncovered);
- 43 mm x 54 mm (1<sup>11</sup>/<sub>16</sub> inches x 2<sup>1</sup>/<sub>8</sub> inches).

## Information

### Health Insurance Card

Régie de l'assurance maladie du Québec

[www.ramq.gouv.qc.ca](http://www.ramq.gouv.qc.ca)

Québec: 418 646-4636

Montréal: 514 864-3411

Elsewhere in Québec,  
toll-free: 1 800 561-9749

TDD (telecommunication device for the deaf)

Québec: 418 682-3939

Elsewhere in Québec,  
toll-free: 1 800 361-3939

1125, Grande Allée Ouest  
Québec (Québec) G1S 1E7

425, boul. De Maisonneuve Ouest  
3<sup>rd</sup> floor

Montréal (Québec) H3A 3G5

### Driver's Licence

Société de l'assurance automobile du Québec

[www.saaq.gouv.qc.ca](http://www.saaq.gouv.qc.ca)

Québec: 418 643-7620

Montréal: 514 873-7620

Elsewhere in Québec,  
toll-free: 1 800 361-7620

*Ce document est aussi disponible en français.*

Direction des communications  
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Régie de  
l'assurance maladie

Québec

With the participation of the  
Société de l'assurance automobile



D-9108-1

Age 75 and Over

Your Health Insurance Card:

# Absolutely Indispensable!



You can renew  
your Health Insurance Card  
**with or without** a photo.

Québec