



# **GUIDE TO FAMILY SUPPORT NEEDS**

## **PART TWO**

### **PRACTICAL INFORMATION**

#### **MONTRÉAL REGION**

**DECEMBER 2006**





## At a glance

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### Legend



Telephone



E-mail



Web site



## Family support subsidies

This table shows the amounts paid out under the Family Support program for your region. The maximum annual subsidy covers caregiving, respite care and assistance with daily tasks.

| Characteristics                          | Age         | Maximum annual subsidy* |
|------------------------------------------|-------------|-------------------------|
| Child requiring little care or attention | 0-11        | \$2 095                 |
|                                          | 12 and over | \$3 620                 |
| Child requiring little care or attention | 0-11        | \$2 855                 |
|                                          | 12 and over | \$4 380                 |

To apply for a subsidy or obtain more information on the program, please contact your local **CSSS (CLSC)**.

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\* The subsidy may be higher if there is more than one disabled child in the same family. The annual amounts may change depending on the budget envelope allocated to the Family Support program.



## **Situation: critical**

The presence of a disabled child or adult within a family makes for additional responsibilities, which can cause considerable stress and even lead to burnout.

Perhaps you, too, feel powerless given the lack of services in your area. You may wonder what the future holds and even, sometimes, feel like giving up.

If you are in such a situation and you don't know who to turn to, you should contact your **CSSS (CLSC)**. If the disabled person you are caring for receives services from a **rehabilitation centre**, people there may be able to help you as well.

In the event of an emergency, call the **Info-Santé** service of the CSSS (CLSC) or dial **911**.

The association **Autisme et troubles envahissants du développement Montréal** offers accompaniment and support to families in crisis. Call:

☎ 514 524-6114

✉ [atedm@autisme-montreal.com](mailto:atedm@autisme-montreal.com)

A number of associations for parents of disabled persons also offer a help line and support services. For more on these services, please see the section entitled "Associations".



## **Support for parents**

Parents who have just learned that their child has a disability can receive support and information from a number of associations. These parental support associations allow them to meet other parents who have gone through a similar situation and to share their experiences. For more information on this service, contact the following associations:

### **Association de l'Ouest de l'Île pour les personnes handicapées intellectuelles**

☎ 514 694-7090  
📧 info@wiaih.qc.ca

### **Association de Montréal pour la déficience intellectuelle**

☎ 514 381-2307  
📧 info@amdi.info

### **Autisme et troubles envahissants du développement Montréal**

☎ 514 524-6114  
📧 atedm@autisme-montreal.com

### **Regroupement pour la Trisomie 21**

☎ 514 850-0666  
📧 info@trisomie.qc.ca

### **Association québécoise des parents d'enfants handicapés visuels**

☎ 450 465-7225 or, toll free, 1 888 849-8729  
📧 info@aqpehv.qc.ca

### **Muscular Dystrophy Canada**

☎ 514 393-3522, extension 231  
📧 infoquebec@muscle.ca



## Caregiving services

A number of associations have a list of caregivers or offer caregiving services.

### **Association de l'Ouest de l'Île pour les personnes handicapées intellectuelles**

Intellectual impairment

☎ 514 694-7090

✉ info@wiaih.qc.ca

### **Association de Montréal pour la déficience intellectuelle**

Intellectual impairment with or without associated impairments

☎ 514 381-2037

✉ info@amdi.info

### **Autisme et troubles envahissants du développement Montréal**

Autism and other PDDs

☎ 514 524-6114

✉ atedm@autisme-montreal.com

### **Corporation L'espoir du déficient**

Intellectual impairment

☎ 514 367-3757

✉ corporation.espoir@qc.aira.com

### **La joie des enfants (Montréal)**

Intellectual impairment (age 5 and up)

☎ 514 270-0338

✉ lajoiedesenfants@videotron.ca

### **Solidarité de parents de personnes handicapées**

All types of impairment

☎ 514 254-6067

✉ info@spph.net



## Childcare services

### Choosing childcare services

To enrol your child, contact the childcare centre, day care centre or home childcare provider of your choice. Many childcare centres accept children with disabilities. To consult the list of childcare services (including home childcare coordinating offices), visit the Web site of the **Ministère de la Famille, des Aînés et de la Condition féminine** at:

 [www.mfacf.gouv.qc.ca](http://www.mfacf.gouv.qc.ca)

For more information, please contact the **Regroupement des centres de la petite enfance de l'Île de Montréal**:

 514 528-1442

The **Office des personnes handicapées du Québec** can also help you find childcare services. Contact us at:

 toll free 1 800 567-1465

teletype 1 800 567-1477

 [dpil@ophq.gouv.qc.ca](mailto:dpil@ophq.gouv.qc.ca)



## Childcare services

### Choosing childcare services

#### Subsidies

Two types of subsidies are available:

- The **allowance for childcare establishments receiving children with a disability** can be obtained once the child's impairment has been confirmed;
- the **exceptional integration assistance measure** is designed to facilitate or maintain the integration of disabled children with significant needs into childcare services.

It is the responsibility of the childcare services, with the consent of the parents, to apply to the Ministère de la Famille, des Aînés et de la Condition féminine for these subsidies.

#### Support for integration

Most rehabilitation centres offer services to help disabled children integrate into day care centres. They can also help these centres make their activities more inclusive.

In addition, the service **J'me fais une place en garderie** offers support and accompaniment to parents and childcare services for children with motor impairments, with or without intellectual impairments.

☎ 514 593-5135

✉ [inclusion servicedegarde@hotmail.com](mailto:inclusion servicedegarde@hotmail.com)

🌐 [www.inclusion servicedegarde.com](http://www.inclusion servicedegarde.com)



## Childcare services

### Childcare services in schools

Many schools offer childcare services; ask about them when enrolling your child. If the school is unable to offer them, it can refer you to another day care service that will better meet your child's special needs.

### Subsidies

Childcare services receive a subsidy when they accept children with disabilities (who are enrolled and present in the school on September 30 of the year in question). It is up to the school to apply for the subsidy to the Ministère de l'Éducation, du Loisir et du Sport through the school board.

### Support for integration

As part of the individualized education plan, childcare services can specify their needs in order to obtain assistance from other resource people in the community.

The project **Intégration sociale des enfants handicapés en milieu scolaire** offers services in various regions of Québec in order to facilitate the integration of disabled children into day care services. The request must be made by the day care service or the school, but you as a parent can also obtain information by telephone or e-mail.

☎ 450 646-2714

✉ info@isehms.qc.ca

🌐 www.isehms.qc.ca



## **Respite care facilities and services**

### **Association de Montréal pour la déficience intellectuelle**

Outdoor weekends, family camps and trips  
Intellectual impairment

☎ 514 381-2307

✉ info@amdi.info

### **Centre de répit PHILOU**

Physical impairment with or without associated impairments  
(age 0 to 5)

☎ 514 739-4861

✉ info@centrephilou.org

🌐 www.centrephilou.org

### **L'ami du déficient**

Mild or moderate intellectual impairment

☎ 514 527-7671

✉ ldjadmi@hotmail.com

### **La joie des enfants (Montréal) Inc.**

Intellectual impairment (age 7 and up)

☎ 514 270-0338

✉ lajoiedesenfants@videotron.ca

### **La maisonnette**

Autism and other PDDs

☎ 514 524-6114

✉ atedm@autisme-montreal.com



## **Respite care facilities and services**

### **La maison Répit-Oasis (southwest region)**

Intellectual impairment

☎ 514 768-7161

✉ mrepitoasis@qc.aira.com

### **La ressource**

Intellectual impairment with or without motor impairments

Day respite (Saturdays and Sundays only)

☎ 514 919-3552

### **Le répit des amis !**

Dysphasia (age 5 to 13)

☎ 450 687-76390

✉ info@dysphasieplus.com

### **Les amis de l'Est**

Intellectual or physical impairment

☎ 514 648-0254

✉ lesamisdelest@qc.aira.com

### **Répit une heure pour moi**

Respite services provided for a few hours during the day

Children with mental health problems, Tourette's syndrome (east Montréal only)

☎ 514 640-6030



## **Respite care facilities and services**

### **Résidence et Auberge Papillon**

Physical impairment and multiple disabilities

☎ 514 937-6171, extension 227 or 214

✉ residence@enfantshandicapes.com

🌐 www.enfantshandicapes.com

### **Solidarité de parents de personnes handicapées**

Respite services provided for a few hours during the day

All types of impairment

☎ 514 254-6067

✉ info@spph.net

### **Centre Marcelle et Jean Coutu - Laval**

All types of impairment, including autism

☎ 450 624-0980

✉ cmjc@integration.org

🌐 www.integration.org

### **La maison du Bois-Joli - Laurentides**

All types of impairment, including mental health problems and Tourette's syndrome

☎ 450 431-4772

✉ maisonbj@sympatico.ca

### **Rehabilitation centres**

Intellectual impairment rehabilitation centres offer specialized respite care, mainly through family-type resources (foster families). Physical impairment rehabilitation centres (**Lucie-Bruneau** for adults and **Marie-Enfant** for children) also offer respite services.



## **Respite care facilities and services**

### **Respite care in vacation camps**

A number of specialized vacation camps offer respite weekends year-round. Some of them are listed on the following pages with (+ respite) after their names.



## **Specialized vacation camps**

### **Base de plein air Perce-Neige (+ respite)**

Laurentides

Intellectual or physical impairment, multiple disabilities

☎ 450 226-3336

🖱 [www.perceneige.ca](http://www.perceneige.ca)

### **Camp d'été de l'Association québécoise du syndrome Gilles de la Tourette – Accès Plein-Air**

Lanaudière

(Children, adolescents)

☎ 514 328-3910

🖱 [www.aqst.com](http://www.aqst.com)

### **Camp Papillon**

Lanaudière

Physical impairment and multiple disabilities

☎ 514 937-6171

🖱 [www.enfantshandicapes.com](http://www.enfantshandicapes.com)



## **Specialized vacation camps**

### **Camp Garagona**

Montérégie

Intellectual impairment

☎ 450 298-5159

🖱 [www.campgaragona.qc.ca](http://www.campgaragona.qc.ca)

### **Centre Notre-Dame-De-Fatima (+ répit)**

Montérégie

Hearing impairment with or without associated impairments

☎ 514 453-7600

🖱 [www.centrendfatima.com](http://www.centrendfatima.com)

### **La Colonie Les Bosquets**

Montérégie

Intellectual impairment and multiple disabilities

☎ 450 467-3918

### **Services de répit Emergo (+ respite)**

Montérégie, Lanaudière, Laurentides

Autism and other PDDs

☎ 514 931-2882

🖱 [www.servicesderepitemergo.com](http://www.servicesderepitemergo.com)

### **Camp Massawippi**

Etrie

Physical or hearing impairments

☎ 514 482-0500, extension 259

🖱 [www.mackaycenter.org](http://www.mackaycenter.org)



## **Specialized vacation camps**

### **Camp Gatineau (+ respite)**

Outaouais

Intellectual impairment and multiple disabilities

☎ 819 777-6164

🖱 [www.campgatineau.com](http://www.campgatineau.com)

### **Cité Joie (+ respite)**

Capitale-Nationale - Lac-Beauport

Intellectual or physical impairment

☎ 418 849-7183

🖱 [www.citejoie.com](http://www.citejoie.com)

### **Centre de plein air Grand village (+ respite)**

Chaudière-Appalaches - Saint-Nicolas

Intellectual or physical impairment, multiple disabilities

☎ 418 831-1677

🖱 [www.grand-village.com](http://www.grand-village.com)

### **Fondation des aveugles du Québec**

Visual impairment (age 6-18)

☎ 514 259-9470

🖱 [www.aveugles.org](http://www.aveugles.org)

For more information on regular vacation camps or recreational services that accept disabled children or adults, please contact **AlterGo** at:

☎ 514 933-2739

🖱 [info@altergo.net](mailto:info@altergo.net)

🖱 [www.altergo.net](http://www.altergo.net)



## Recreation and day camps

### Summer

#### **Association des sports pour aveugles de Montréal**

Visual impairment (age 14 and up)

☎ 514 252-3178

🖱 [sportsaveugles.qc.ca](http://sportsaveugles.qc.ca)

🖱 [www.sportsaveugles.qc.ca](http://www.sportsaveugles.qc.ca)

#### **Camp Bergamote**

Autism and other PDDs (age 3 to 14)

☎ 514 524-6114

🖱 [atedm@autisme-montreal.com](mailto:atedm@autisme-montreal.com)

#### **Camp de jour de l'A.O.I.H.I.**

Intellectual impairment (age 12 and up)

☎ 514 694-6531

🖱 [info@wiaih.qc.ca](mailto:info@wiaih.qc.ca)

#### **Camp Rock-Camp-Bol**

Autism and other PDDs (age 15 to 24)

☎ 514 524-6114

🖱 [atedm@autisme-montreal.com](mailto:atedm@autisme-montreal.com)

#### **La joie des enfants**

Intellectual impairment (age 7 to 30)

☎ 514 270-0338

🖱 [lajoiedesenfants@videotron.ca](mailto:lajoiedesenfants@videotron.ca)

#### **L'ami du déficient**

Intellectual impairment (age 6 to 65)

☎ 514 527-7671



## **Recreation and day camps**

### **Summer (cont.)**

#### **Les amis de l'Est**

Intellectual impairment, reduced mobility

☎ 514 648-0254

#### **L'espoir du déficient**

Intellectual impairment (age 4 to à 70)

☎ 514 367-3757

🖱 corporation.espoir@qc.aira.com

#### **Loisirs soleil**

Physical impairment (age 6 to 17)

☎ 514 872-6694

🖱 loisirs.soleil@bellnet.ca

#### **Fondation des aveugles du Québec**

Visual impairment (age 6 to 18)

☎ 514 259-9470

🖱 info@aveugles.org

🖱🖱 www.aveugles.org

#### **Regroupement de parents de personnes ayant une déficience intellectuelle**

Intellectual impairment (adolescents and adults)

☎ 514 255-3064

🖱 marcelfaulkner@rppadim.com

🖱🖱 www.rppadim.com



## Recreation and day camps

### Year-round

#### **Association de Montréal pour la déficience intellectuelle**

*Les loisirs du samedi*

Intellectual impairment with or without associated impairments  
(age 4 to 12) (age 12 to 17)

☎ 514 381-2037

✉ info@amdi.info

#### **Fondation des aveugles du Québec**

*Les sorties éducatives de fin de semaine*

Visual impairment (age 6 to 18)

☎ 514 259-9470

✉ info@aveugles.org

🌐 www.aveugles.org

#### **L'ami du déficient**

*Les loisirs du samedi*

Intellectual impairment (age 6 to 65)

☎ 514 527-7671

#### **Loisirs soleil**

*Les loisirs du samedi*

Physical impairment (age 6 to 17)

☎ 514 872-6694

✉ loisirs.soleil@bellenet.ca



## **Recreation and day camps**

### **Solidarité de parents de personnes handicapées**

All types of impairment

☎ 514 254-6067

🖱 info@spph.net

### **Regroupement de parents de personnes ayant une déficience intellectuelle**

*Les loisirs du samedi*

Intellectual impairment (adolescents and adults)

☎ 514 255-3064

🖱 marcelfaulkner@rppadim.com

🖱🖱 www.rppadim.com

### **Répit une heure pour moi**

*Les loisirs du samedi*

Mental health, Tourette's syndrome  
(age 18 and under)

☎ 514 640-6030



## Other programs and subsidies

### Income

#### Child assistance measure

Families with dependent children under 18 may be eligible for the child assistance payment, the amount of which varies depending on the family's income and circumstances.

Contact the **Régie des rentes du Québec**.

☎ 514 864-3873

🖱 [www.rrq.gouv.qc.ca](http://www.rrq.gouv.qc.ca)

#### Allowance for handicapped children

Regardless of their income, families with a disabled child can apply for the allowance for handicapped children. All families receive the same amount.

Contact the **Régie des rentes du Québec**.

☎ 514 864-3873

🖱 [www.rrq.gouv.qc.ca](http://www.rrq.gouv.qc.ca)

#### Child Disability Benefit (CDB)

The Child Disability Benefit (CDB) is a tax-free benefit, paid by the government of Canada, to low- or middle-income families who care for a child under age 18 with a severe and prolonged impairment in mental or physical functions.

The CDB is added to the monthly Canada Child Tax Benefit payment. For more information, please contact the **Canada Revenue Agency**.

☎ 1 800 387-1194

🖱 [www.cra-arc.gc.ca/benefits/cctb/menu-e.html](http://www.cra-arc.gc.ca/benefits/cctb/menu-e.html)



## Other programs and subsidies

### Employment-Assistance Program (social aid)

Once your child turns 18, you are no longer entitled to the family allowance. However, he or she may be eligible for benefits under the Employment-Assistance Program. Contact your local employment centre (CLE) for more information.

☎ [www.mess.gouv.qc.ca](http://www.mess.gouv.qc.ca)

### Tax deductions

You may be entitled to provincial and/or federal tax deductions for disabled children or dependants. Forms and information brochures can be obtained by contacting:

#### **Revenu Québec**

*Taxation and Persons with Disabilities (IN-133-V)*

☎ 514 864-6299

☎ [www.revenu.gouv.qc.ca](http://www.revenu.gouv.qc.ca)

#### **Canada Revenue Agency**

*Information Concerning People with Disabilities (RC4064)*

☎ toll free 1 800 959-3376

☎ [www.cra-arc.gc.ca/tax/individuals/segments/disabilities/menu-e.html](http://www.cra-arc.gc.ca/tax/individuals/segments/disabilities/menu-e.html)



## Other programs and subsidies

### Physical health

#### Equipment and supplies

You may be entitled to a subsidy for special equipment and medical supplies (to cover, for example, the cost of diapers for children over three years of age). You must apply for this subsidy to your **CSSS (CLSC)** or to your **local employment centre** if you or your child receive benefits under the Employment-Assistance Program.

#### Transportation expenses

You may claim expenses for transportation, parking and accommodation if you are required to travel, **frequently and on a regular basis**, in order for your child to receive medical treatment (for example, dialysis) or rehabilitation services. Contact your local **CSSS (CLSC)**.

In addition, if you or your child receive benefits under the Employment-Assistance Program, you may be entitled to a refund of a portion of the travel expenses you incur for medical reasons. Contact your **local employment centre**.

#### Specialized dental services

If your child cannot be treated by your regular dentist, accessible, specialized dental care is available from:

- **SOS dentiste**
  - ☎ 514 990-0911 (home service)
  - ☎ 514 721-6006 (clinical service)
- **Centre de réadaptation Marie-Enfant**
  - ☎ 514 374-1710, extension 8037
- **Hôpital Sainte-Justine**
  - ☎ 514 345-7757

Two universities also offer dental care to persons with disabilities. To make an appointment for the summer, you must call in the spring.

- **McGill University**
  - ☎ 514 934-8441
- **Université de Montréal**
  - ☎ 514 343-6750



## Other programs and subsidies

### Living environment

#### Home support program

You may obtain home support services or a home support subsidy if your child requires physical assistance (for example, bathing a child who has become too heavy to lift up). Contact your local **CSSS (CLSC)**.

#### Residential Adaptation Assistance Program

You may be entitled to a subsidy to adapt your home (house or apartment) in order to make it barrier-free for your child. You may require a wheelchair ramp, wider doors, or an adapted bathroom. For more information on this program and the forms to fill out, there are various contacts. If you live in one of the boroughs of the city of Montréal, contact the **program management department** at:

☎ 514 872-3326

If you live in another municipality on the Island of Montréal, contact your municipal authorities. You can also obtain information from the **Société d'habitation du Québec** at:

☎ toll free 1 800 463-4315

🖱 [www.habitation.gouv.qc.ca](http://www.habitation.gouv.qc.ca)



## Other programs and subsidies

### Transportation

#### Paratransit services

If your child does not use the regular public transit system, he or she may have access to the paratransit service of the **Société de transport de Montréal (STM)**.

For more information, contact the customer service department at:

☎ 514 280-8211

✉ [transport.adapte@stm.info](mailto:transport.adapte@stm.info)

🌐 [www.stm.info](http://www.stm.info)

#### Regular transportation services

Furthermore, if your child has a visual or intellectual impairment, he or she is entitled to the STM attendant card, which gives the person accompanying him or her free bus and metro access.

Application forms are available from your **CSSS (CLSC)** or from the **rehabilitation centre** your child attends. For more information on the attendant card, please contact the customer service department of the **Société de transport de Montréal** at:

☎ 514 280-8211

#### Attendant card for inter-city transport

An attendant card for **inter-city bus transport** is also offered to all disabled persons age eight and over who require the services of a personal attendant when travelling between cities. This card allows the attendant, who must be at least 14 years of age, to travel free of charge. For more information or to fill out an application form, please contact the **Association des propriétaires d'autobus du Québec** at:

☎ 418 522-7131

🌐 [www.apaq.qc.ca](http://www.apaq.qc.ca)



## Other programs and subsidies

### Transportation (cont.)

#### Parking permits

If your child has trouble moving around, a special parking permit allows you to park in spaces reserved for persons with disabilities. To obtain this permit, please contact the **Société de l'assurance automobile du Québec** at:

☎ 514 873-7620

🖱 [www.saaq.gouv.qc.ca](http://www.saaq.gouv.qc.ca)

#### Vehicle adaptation program

You may be entitled to financial assistance to help you adapt your family vehicle so that your child can get in and out safely and easily. Please contact the **Société de l'assurance automobile du Québec** at:

☎ toll free 1 800 525-7719

🖱 [www.saaq.gouv.qc.ca](http://www.saaq.gouv.qc.ca)



## Other programs and subsidies

### Recreation

#### The personal attendant program for recreational activities

To help your child participate in recreational activities, the organization he or she attends may be entitled to a subsidy to pay for the costs of a personal attendant.

For more information on this program, contact **AlterGo** at:

☎ 514 933-2739

#### Tourist and leisure companion sticker

Personal attendants who accompany disabled children (age 12 and up) can obtain a pass allowing them free admission to tourist attractions or recreational activities. Depending on your child's impairment, please contact one of the following:

#### **Association de l'Ouest de l'Île pour les personnes handicapées intellectuelles**

(including autism and other PDDs)

☎ 514 694-7090

✉ info@wiaih.qc.ca

#### **Association de Montréal pour la déficience intellectuelle**

☎ 514 381-2307

✉ info@amdi.info

#### **Association des sports pour aveugles de Montréal**

☎ 514 252-3178

✉ www.sportsaveugles.qc.ca

#### **Association du Québec pour les enfants avec problèmes auditifs**

☎ 514 842-3926

✉ aqepamtl@cam.org



## **Other programs and subsidies**

### **Recreation**

#### Tourist and leisure companion sticker (cont.)

##### **Centre d'intégration à la vie active**

(motor impairments)

☎ 514 935-1109

🖱 info@civa.qc.ca

🖱🖱 www.civa.qc.ca

For more information on the tourist and leisure companion sticker, consult the Web site at:

🖱🖱 [www.vatl-tlcs.org/](http://www.vatl-tlcs.org/)



## Service programs

Preparing a service program allows your child's needs to be properly evaluated **in different areas of activity** (childcare services, school, work, recreation, transportation, etc.). It can also help determine your family support needs. The same evaluation can subsequently be used to organize the services required with the cooperation of the resource people involved. Here is how to obtain a service program.

**For children with intellectual impairments or pervasive developmental disorders:**

- if your child receives services from a rehabilitation centre, you must apply there;
- if he or she does not receive services from a rehabilitation centre, you must contact your local **CSSS (CLSC)**.

**For children with other types of impairments**, you must contact the appropriate rehabilitation centre.

The **Office des personnes handicapées du Québec** can also help you take steps to have a service program prepared, regardless of your child's impairment. You can also obtain, free of charge, a copy of the guide entitled "Je commence son plan de services" to help you identify your child's needs. To obtain assistance or the guide, please contact the **Office** at:

☎ toll free 1 800 567-1465

teletype 1 800 567-1477

✉ dpil@ophq.gouv.qc.ca

🌐 www.ophq.gouv.qc.ca



## Your right to object

If you are not satisfied with the services offered or received, or you do not agree with a decision made concerning your family, you must use the review and complaints procedure provided by the organizations concerned.

You must submit any complaints in writing, clearly explaining the reasons for your dissatisfaction and specifying the names of the people you contacted. Keep a copy of the letters and documents that you send.

In the case of a health and social services establishment, the **Centre d'assistance et d'accompagnement aux plaintes-Île de Montréal** can help you express your complaint and provide other assistance.

☎ 514 861-5998  
✉ caap@cpm.qc.ca

In all cases, you can also contact the **Office des personnes handicapées du Québec**, which offers support, advice and guidance to disabled persons and their families.

☎ toll free 1 800 567-1465  
teletype 1 800 567-1477  
✉ dpqi@ophq.gouv.qc.ca



## Associations

Associations offering support services for families (those whose name is preceded by a star also offer help-line services):

**Ami du déficient mental inc.**

4960, 7<sup>e</sup> Avenue

Montréal H1Y 2M9

☎ 514 527-7671

✉ ldjadmi@hotmail.com

★ **Association de l'Ouest de l'Île pour les personnes handicapées intellectuelles**

111, avenue Donegani

Pointe-Claire H9R 2W3

☎ 514 694-7090

✉ info@wiaih.qc.ca

🌐 www.wiaih.qc.ca

★ **Association de Montréal pour la déficience intellectuelle**

633, boulevard Crémazie Est, bureau 100

Montréal H2M 1L9

☎ 514 381-2307

✉ info@amdi.info

🌐 www.amdi.com

★ **Association Dysphasie +**

384A, boulevard Curé-Labelle

Laval H7V 2S3

☎ 450 687-7639

✉ info@dysphasieplus.com

🌐 www.dysphasieplus.com



## Associations

★ **Association de spina-bifida et d'hydrocéphalie**

14 115, rue Prince-Arthur, bureau 425

Montréal H1A 1A8

☎ 514 739-5515

📧 asbhrm@mainbourg.org

**Association du Québec pour enfants  
avec problèmes auditifs**

3700, rue Berri, bureau A-436

Montréal H2L 4G9

☎ 514 842-3926

📧 aqepamtl@cam.org

★ **Association multi-ethnique pour l'intégration  
des personnes handicapées du Québec**

6462, boulevard Saint-Laurent

Montréal H2S 3C4

Multilingual services available

☎ 514 272-0680

📧 ameiph@ameiph.com

📧 www.ameiph.com

★ **Association québécoise des parents d'enfants handicapés visuels**

10, boulevard Churchill, bureau 203

Greenfield Park J4V 2L3

☎ 450 465-7225

📧 info@aqpehv.qc.ca

📧 www.aqpehv.qc.ca



## Associations

### **Association québécoise des personnes de petite taille**

2177, rue Masson, bureau 205

Montréal H2H 1B1

☎ 514 521-9671

✉ info@aqppt.org

🖱 www.aqppt.org

### **Association québécoise du syndrome de Rett**

6525, chemin de la Côte Saint-Luc, app. 602

Montréal H4V 1G5

☎ 514 486-1311

✉ sandrachism@hotmail.com

### **Association québécoise du syndrome Gilles de la Tourette**

7070, boul. Perras

Montréal H1E 1A4

☎ 514 328-3910

✉ info@aqst.com

🖱 www.aqst.com

### **★ Autisme et troubles envahissants du développement Montréal**

4450, rue Saint-Hubert, local 320

Montréal H2J 2W9

☎ 514 524-6114

✉ atedm@autisme-montreal.com

🖱 www.autisme-montreal.com



## Associations

★ **Corporation L'espoir du déficient**

55, avenue Dupras, bureau 1S28  
LaSalle H8R 4A8

☎ 514 367-3757

✉ corporation.espoir@qc.aira.com

★ **Muscular Dystrophy Canada**

1425, boulevard René-Lévesque Ouest, bureau 506  
Montréal H3G 1T7

☎ 514 393-3522, extension 231

✉ infoquebec@muscle.ca

🌐 www.muscle.ca

★ **Épilepsie Montréal Métropolitain**

3800, rue Radisson

Montréal H1M 1X6

☎ 514 252-0859

✉ epimtl@cam.org

★ **La joie des enfants (Montréal) inc.**

8520, Saint-Urbain

Montréal H2P 2P3

☎ 514 270-0338

✉ lajoiedesenfants@videotron.ca

★ **Regroupement de parents de personnes  
ayant une déficience intellectuelle**

5927, rue Boyer

Montréal H2S 2H8

☎ 514 255-3064

✉ marcelfaulkner@rppadim.com

🌐 www.rppadim.com



## Associations

### ★ **Regroupement pour la Trisomie 21**

3958, rue Dandurand

Montréal H1X 1P7

☎ 514 850-0666

✉ info@trisomie.qc.ca

### ★ **Solidarité de parents de personnes handicapées**

5095, 9<sup>e</sup> Avenue, bureau 101

Montréal H1Y 2J3

☎ 514 254-6067

✉ info@spph.net

The above two associations are regional umbrella groups for intellectual impairment and physical and sensory impairments. Contact them for information on other associations in the Montréal area.

### **Comité régional des associations pour la déficience intellectuelle (CRADI)**

5095, 9<sup>e</sup> Avenue, bureau 103

Montréal H1Y 2J3

☎ 514 255-8111

✉ cradi@cradi.com

### **Regroupement des organismes de promotion du Montréal-Métropolitain (ROPMM)**

5095, 9<sup>e</sup> Avenue, bureau 102

Montréal H1Y 2J3

☎ 514 255-4888

✉ ropmm@ropmm.com



## Contact information for the Office

### Office des personnes handicapées du Québec

☎ toll free 1 800 567-1465  
teletype 1 800 567-1477

📧 dpil@ophq.gouv.qc.ca

🌐 www.ophq.gouv.qc.ca

You may consult the Office's **Documentation Centre**, which boasts a collection of some 20 000 documents on different topics concerning persons with disabilities. A lending service and assistance in seeking documentation is also available.

500, boulevard René-Lévesque Ouest, bureau 15.600

Montréal H2Z 1W7

☎ 514 873-3574

📧 documentation@ophq.gouv.qc.ca

You can also consult the **catalogue** listing all the documents available in the Documentation Centre directly on the Office Web site at:

🌐 www.ophq.gouv.qc.ca



Office des personnes  
handicapées

Québec