

Testing centre in Val-des- Sources moved

Record staff

The CIUSSS de l'Estrie-CHUS, the regional healthcare establishment for the Eastern Townships, announced last week that, effective Nov. 1, the COVID-19 testing centre in the town of Val-des-Sources (formerly known as Asbestos) will be relocated to 425 Chassé Street. The services of the centre will continue to operate on an appointment-only basis either online through cv19quebec.ca or by calling 1-855-244-1548 between 8 a.m. and 8 p.m.

The Chassé Street location will be open Monday to Friday, from 8:30 a.m. to 4 p.m.

Although the CIUSSS does not provide updates over the weekend, their Friday report recorded 339 active cases across the Eastern Townships, with 112 having been reported between Oct. 26 and the 29. Of that total were in 19 in la Pommeraie, 59 in Haute Yamaska, 23 in Memphremagog, 10 in the Coaticook area, 114 in Sherbrooke, 32 in the Val Saint-François, 10 in Des Sources, 39 in the Haut-Saint-François, and 29 in Granit.

The region reported only one new death due to the virus, bringing the total number of people who have died in the area due to COVID-19 since March of 2020 to 372.

As of Friday there were 12 people in hospital in the region with Covid, two of whom were in intensive care.

The Province picked up 1,669 new cases over the weekend, along with four

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Partage Saint-François closes emergency overnight weekend services for second time



GORDON LAMBIE

By Michael Boriero

The Partage Saint-François, a homeless shelter in Sherbrooke, closed its emergency overnight weekend services for a second time in the past two months due to staffing shortages.

"Listen, this isn't a big mystery, we can't find employees that want to work on the weekend. This is just the reality. The job market is what it is," said Director Sébastien Laberge, adding that it's difficult to attract professionally trained interveners willing to work night shifts.

He told The Record that it has become a challenge trying to convince a qualified person to work in what is often a dangerous environment. Some of the clientele suffer from schizophrenia, refuse to take their medication, and walk in intoxicated.

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LOW OF 2



TUESDAY:
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AND CLOUD
HIGH OF 7
LOW OF 0



WEDNESDAY:
MIX OF SUN
AND CLOUD
HIGH OF 3
LOW OF -3



THURSDAY:
CLOUDY
HIGH OF 3
LOW OF -2



FRIDAY:
CLOUDY
PERIODS
HIGH OF 5
LOW OF -1

Halloween came despite mud, wind and rain



THE SCOOP MABLE HASTINGS

The Missisquoi North Volunteer Centre (CABMN) Haunted Halloween and this year's theme, "Night of the Scarecrow" had to be organized due to Covid precautions, outside where children and their parents were invited to walk through the haunted cornfield

set up in the Youth Centre parking lot on Rue Principale in Mansonville.

Youth Centre Coordinator, Ethan Ball and Animator Eleanor Cote were joined by several youth and volunteers including Aryane Bahl, Laurie and Jason Ball, Jeremy Eldridge, Alex Fidler, Debra and Paul Harding, Dakota and Evan Paige, June Peacock, Danika Robinson and Terry Stott. From creating the scarecrow army to making props and animating the spooky path, plus the take down, this group was a busy one. Despite the mud, wind and rain, again this year the Youth Centre was able to offer something for the community.

This year the event was sponsored by the Municipality of Potton and the Mansonville Optimist Club. The contribution of these two groups was an immense help to the Centre.

"Without funding from our Municipality, we would not have been

able to purchase the pop up tents needed in holding this event outdoors," explained Ethan Ball. "Having funding also allowed us to purchase materials to make the scarecrows and this added to the fun."

From the giant pumpkin head scarecrow that lit up the event and beckoned to those brave enough to walk the path to the barrage of scarecrows amidst the makeshift cornfield, the youth made their way through the maze to receive a large chocolate bar at the end.

The organizers would like to extend a heartfelt thank you to all who helped in so many ways to make this possible. It takes a community to continuously make things happen at a Youth Centre and to offer time and talents to do things for the youth. Potton is a lucky area and the people are certainly its treasure.



PHOTOS COURTESY LAURIE BALL

Ben by Daniel Shelton



Local News

Melbourne's mayor and five councillors have been re-elected by acclamation. The sixth councillor, Maureen Murphy, was also acclaimed.

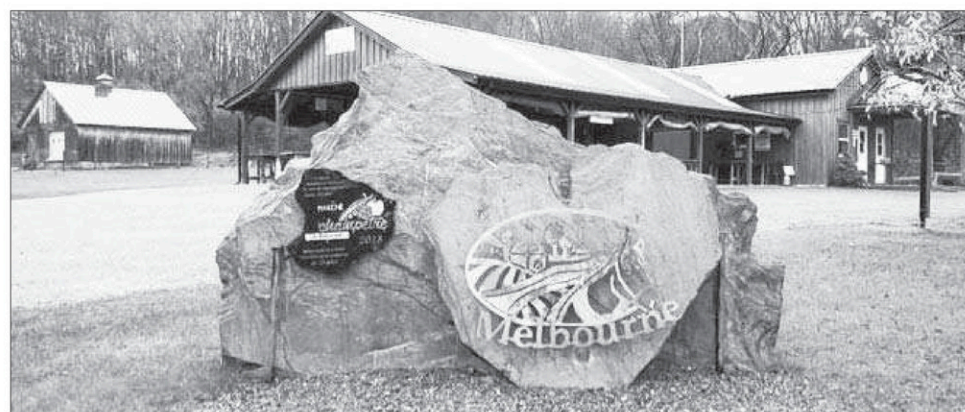
Melbourne mayor and candidates all win uncontested

By Geoff Agombar
Local Journalism Initiative

Melbourne's mayor and five councillors have been re-elected by acclamation. The sixth councillor, Maureen Murphy, was also acclaimed.

"I'd say I'm most proud of the harmony in the municipality and the way people get along. There are no 'chicanes' between English and French. Generally, people respect each other. Council respects people's demands. A lot of things are beyond our limits, but if people need

CONT'D ON PAGE 4



GEOFF AGOMBAR

Melbourne mayor James (Jim) Johnston has a clear prediction for his next term. "More of the same, literally. We try to keep everything balanced and to be fair to everyone."

"I know everyone isn't completely happy all the time, but I'd say 95 per cent must be alright with the job we're doing because nobody is running against us."

Partage Saint-François

CONT'D FROM PAGE 1

"Presently, in the job market, these professionals are able to get better paying jobs in the health network, with superior working conditions, and salaries that double what we offer," said Laberge, sharing

that his employees are searching for more stability.

His shelter works with government grants and subsidies, and unfortunately those funds have not increased in a while, so Laberge

is unable to offer much more in terms of salary. He said he pays between \$16 and \$20 per hour, while the public network pays between \$25 and \$40.

The people that he typically finds to fill his staff are passionate about working with the less fortunate, but Laberge noted that these people are also less common right now. Everyone wants a normal, 9 a.m. to 5 p.m. work day, and weekends off, he said.

The shelter normally has 27 beds available for people seeking a place to rest and catch their breath, but due to a lack of interveners, Laberge has been forced to reduce his capacity to 18 beds. They also closed off five more beds after a recent COVID-19 outbreak.

"We're lucky we don't have anymore cases here in the Partage Saint-François officially today, but there are several cases in the downtown area," he said on Friday, adding that there have also been cases at the Ma Cabane Day Centre.

Laberge said that COVID-19 has been circulating through Sherbrooke's homeless population for a while now, and it eventually made its way into his shelter, even

though he has been maintaining strict health and safety measures.

The problem, he noted, is that he can only ensure the safety of the people using the shelter. There are plenty of homeless people who choose to remain in the streets, and that's where the virus is spreading at the moment, he explained.

Laberge also told The Record that the staffing shortage he is facing at the shelter is not going to be an easy fix. It takes a month of training to be qualified to work at the Partage Saint-François, and it costs roughly \$2,000 out of his pocket to train a prospective intervener.

He has been in talks with public health about finding ways to improve the situation, but the struggle is creating an attractive work environment. For now, though, he will need to consider closing emergency services on weekends, to protect his staff and the clientele.

"We can't perform any miracles, unfortunately it will take long term solutions because in the emergency I'm asked what we can do there for Saturday, but no one can send me a trained employee ready to work for Saturday night," said Laberge.



COURTESY

Testing centre

CONT'D FROM PAGE 1

new deaths. This increased the total number of people who have been infected in Quebec since the start of the pandemic to 425,960.

The overall number of hospitalizations on Sunday was 236, down 18 from where it was in the Record's last report. The number of people in intensive care also decreased, by five, to 62.

Quebec is now reporting an 87 per cent vaccination rate for a second dose among the eligible population, as compared to 90 per cent for a first dose. In the Eastern Townships those figures are at 84.2 per cent for two doses, and 86.6 per cent for first.

The next detailed update on the situation in the townships is expected Tuesday.



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Melbourne mayor and candidates

CONT'D FROM PAGE 3

something special that we can help with, we do it.”

He credits the town’s administration and staff for keeping Melbourne running smoothly. “We have a very good team. They’re the first responders. People call them first before calling council.”

“Our roads are in pretty good shape. Roads are our biggest expense,” Johnston said, adding that some have been rebuilt. “We maintain a total of, I think, 116 km of gravel roads. The 55 cuts us in half and if there’s a big fiery crash and our fire department responds, that can run up a big bill.”

“In winter, the roads are well maintained,” the mayor added. “Town Hall and the Marché Champêtre are looking great.”

According to Johnston, the municipality’s parks are in good shape, and the playground equipment is inspected every year.

“It’s not sophisticated work,” he explained. “Everyone gives their point, and we carry on,” Johnston said, pointing out the team has a good working relationship.

“We have level-headed people and it’s working well. We do the best we can to try and make the best decisions for the citizens of the municipality.”

“People complain about taxes. But that is determined by the prices people are buying and selling at. That drives the prices up then the evaluator raises to what they could sell for, and that can make it more.”

Like many other municipalities, Melbourne is also dealing with a water shortage, and mayors aren’t immune to the problem.

Johnston was having a well drilled to water the 100-head of dairy cattle on his farm while speaking with The Record. “It’s been very dry for two years. The brooks aren’t even running. We’re drawing 1,000 gallons a day from a well by an unused sheep barn nearby. That’s three hours a day to get there, pump for two hours and 10 minutes, come back and put it in the tanks.”

“In town, we have 31 houses on Main Street on the town system, but out here in the country we’re on our own. You have to draw from somewhere or drill or find a new well. People in the country are pretty resilient. It is what it is. But sometimes it can get to be a bit much.”

“Sometimes people call about things beyond our limits,” Johnston said. “They might ask us to do

something about the shortage of doctors, but that’s provincial, not municipal. Half of council or more don’t have a doctor either.”

Johnston has seen changes to environmental and ethical oversight during his decades in municipal politics. “I do question some of the formalities we have to follow to get things done. Even simple things like putting in a road culvert.”

“It’s almost impossible to set a schedule in municipal affairs,

because the provincial level gets involved or sometimes the federal.”

“But we get along well with our MNA André Bachand, and Alain Rayes in Ottawa,” the mayor insisted. “We do the best we can. In general, it runs well.”

For Johnston, municipal politics runs in the blood.

“I was first elected to council in 1981, and my dad used to be mayor in the ’60s. I’ve done 34 years. This will make 38 and that’ll be it.”

Melbourne – Incoming Municipal Council

- Mayor: James Johnston (Incumbent, Acclaimed)
- Councillor, Position 1: Lois Miller (Incumbent, Acclaimed)
- Councillor, Position 2: Douglas Morrison (Incumbent, Acclaimed)
- Councillor, Position 3: Jeffrey Garrett (Incumbent, Acclaimed)
- Councillor, Position 4: Simon Langeveld (Incumbent, Acclaimed)
- Councillor, Position 5: Maureen Murphy (Acclaimed)
- Councillor, Position 6: Daniel Enright (Incumbent, Acclaimed)

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ETRC ARCHIVES

Looking for a reason to party: Sherbrooke's 1937 Centenary

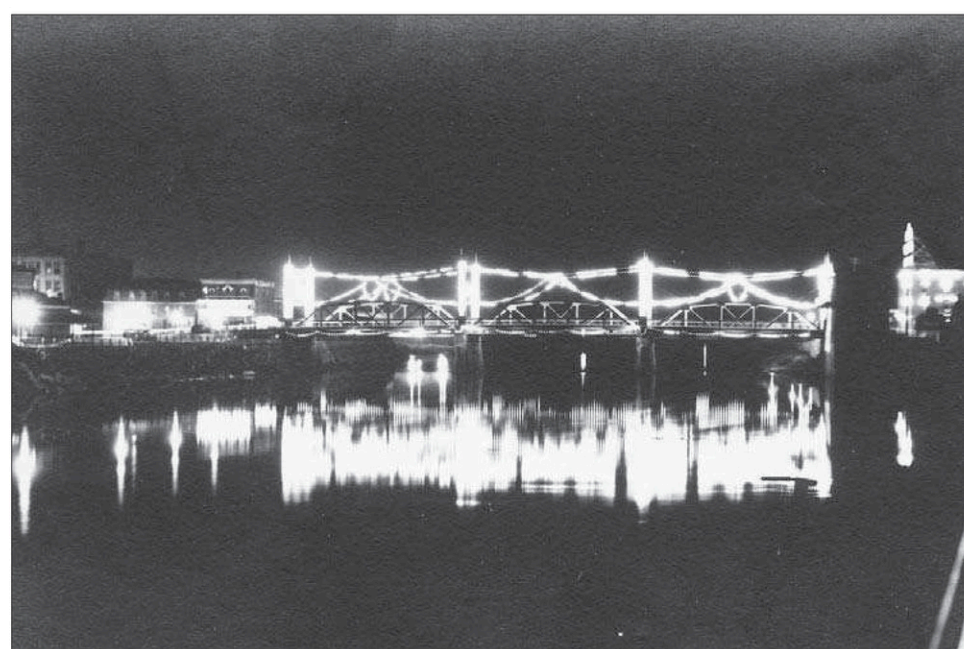
As the depths of the Great Depression were starting to wane into the late 1930s, members of the Sherbrooke Chamber of Commerce put their weight behind the idea of throwing a spectacular event to celebrate Sherbrooke's centenary in 1937, which would serve to boost the local economy and morale during those trying times. Only, it was later realized that the year 1837 bears no real historical significance and Sherbrooke's 1937 celebrations were actually for a fake centenary.

It should be noted that the prominent political and business figures in Sherbrooke believed that 1837 was a date of real significance, being the year of Sherbrooke's incorporation and the year the City's first newspaper began. As the details of history have unraveled over the decades since then, however, it was noted that Sherbrooke was not

actually incorporated at that time (that would not happen until 1852) but that 1837 was the first time "Town of Sherbrooke" was used. With more unraveling, it was found that even the first usage of the "Town of Sherbrooke" didn't occur until 1839, and that the Sherbrooke Gazette was preceded by the St. Francis Courier and Sherbrooke Gazette, which began publication in 1831.

Real or fake, there is no question that Sherbrooke put together an impressive event for the month-long centennial celebrations, which were then rounded off with the Sherbrooke Fair. From the beginning, the organizers focused on Sherbrooke's industrial and technological importance in the region, with much of the publicity referring to the "Queen City of the Eastern Townships" and "Electric City." These were clear themes throughout the publicity and programming of the celebration. In particular, Sherbrooke's electrical prowess was highlighted with light decorations and displays throughout the streets. All of the bridges and the main thoroughfares - King and Wellington Streets - were decorated with thousands of lights, and the programme included nighttime dances organized in the streets illuminated with multicoloured lights and live music amplified through speakers.

The other key theme of the events was the city's history over the century. This was highlighted in various ways, beginning with opening ceremonies officiated by Sherbrooke's Mayor Emile Rioux accompanied by actors portraying Gilbert Hyatt, one of the earliest settlers, and an "Indian Chief," all surrounded by heralds, criers, a



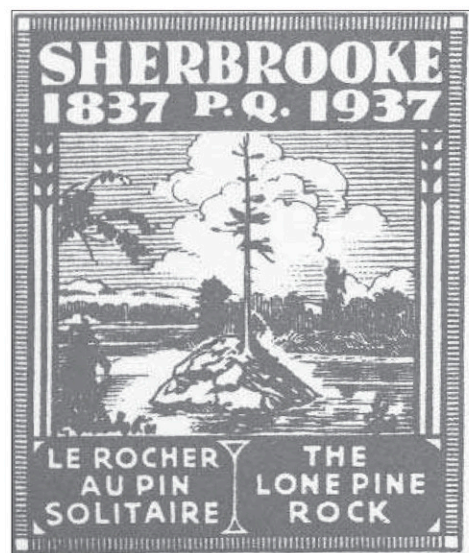
The Aylmer Bridge, on King Street, outlined with lights for the celebration of the "Electric City", 1937 (P244 Freeman Clowery collection)

bugler, and a drummer. The historical theme continued throughout, including a historical pageant presented three times per week, a historical ball with participants in costumes from different periods, and a weekend where the Grand Trunk Railway's oldest engine from the era when railway service first came to Sherbrooke in 1853 and the newest engine available - Canadian National's 6000 - were on display. The historical pageant, itself, was an impressive production, which included 1,500 costumed performers, 270 dancers, and two choirs performing at the new amphitheater specially built for the centenary on the Sherbrooke fairgrounds.

The centenary events also hosted a number of dignitaries, including Premier Maurice Duplessis, Senator John Nichol, and Quebec's Lieutenant Governor Esioff-Léon

Patenaude, and guests of historical significance, such as the son and daughter of Alexander T. Galt. Premier Duplessis' visit included a radio broadcasted address where he praised Sherbrooke for its successes, remarking that "it has been rightfully said that Sherbrooke is the Queen City of the Eastern Townships - and what a graceful and charming Queen she is." His observations also concluded that the harmony and "entente cordiale" between English and French in Sherbrooke should be an example to the rest of the province and the country.

It's been more than eight decades since Sherbrooke's Centenary but the event continues to live on in the collective memory through photographs and memorabilia that still surface regularly, making it an event with lasting importance, even if it was for a fake anniversary!



Promotional stamp showing the Lone Pine Rock, now the Mena'sen, in the St. Francis River, from the Sherbrooke Centenary (P244 Freeman Clowery collection)



Wellington Street in Sherbrooke, decorated for the Centenary, 1937 (P244 Freeman Clowery collection)

PHOTOS COURTESY ETRC

EDITORIAL

The Forgotten Battle is a movie about the Battle of the Scheldt in the fall of 1944, a mission led and fought largely by Canadians.

Dutch movie revives 'forgotten' Canadian role in Battle of the Scheldt



PETER BLACK

There are not a lot of genuinely Canadian war movies. You could even say, were it not for Paul Gross, who wrote, directed and acted in *Passchendaele* (2008), which revolved around that First World War battle, and did the same for *Hyena Road* (2015), about a mission in Afghanistan, there'd be no Canadian-made movies about Canadian war experiences at all.

To tell the tale in *Hyena Road*, Gross actually swapped out the Quebec-based Royal 22nd Regiment for the Alberta-based Princess Patricia's Regiment. That would not be the first time movie producers have sacrificed the historical accuracy of a real combat adventure for the sake of potentially greater commercial appeal.

The most notable/notorious example of that fudging of fact regarding Canada's war exploits might be *The Great Escape*. The 1963 Hollywood blockbuster about a Nazi prison camp tunnel escape replaced Canadians and Allied soldiers from several nations with mainly Americans played by the likes of Steve McQueen - who insisted the producers include a motorcycle chase.

Attack on the Iron Coast (1967), a Anglo-American-made movie, tells the story of a Canadian commando, played by Lloyd Bridges, leading a mission to destroy a drydock in Nazi

held Normandy. While the mission is basically true, Canadians did not play a major role, let alone command it.

The Allied strategy to cripple Nazi access to strategic ports in northern Europe does form the core plot of a recent movie that, though made by Dutch film-makers for Netflix, might be a candidate as the best movie about a Canadian war operation ever made.

Titled *The Forgotten Battle*, the movie is about the Battle of the Scheldt in the fall of 1944, a mission led and fought largely by Canadians. The goal was to wipe out a Nazi fortress on Walcheren Island in Holland guarding the estuary of the River Scheldt leading to the sprawling and enormously strategic Belgian port of Antwerp, which the Allies had already liberated.

Clear the waterway to Antwerp and the Allies get a naval base to supply the massive army fighting its way into the heart of Germany following the June 1944 Normandy D-Day invasion.

The story structure of a British glider pilot, a Dutch woman recruited by the resistance and a young Dutch man who enlists in the Nazi army is fictional, but the details of the operation are true.

The sickening depiction of the slaughter of armed combat is on the same wrenching level as that of Steven Spielberg's *Saving Private Ryan*. The attack on the Dutch island was, in fact, among the bloodiest battles Canadians fought on their way to liberating Holland in May 1945. Some 12,800 Allied soldiers, including 6,367 Canadians were killed, wounded or missing in the month-long battle.

The conditions in which the First Canadian Army fought were arguably the worst in the entire European theatre, in territory flooded by the Nazi destruction of dikes, in the coldest and wettest weather in memory. On Oct. 13, what is known as



Black Friday, the Montreal-based Black Watch regiment lost 145 men, dead, wounded or captured, in an attack on a railway line across open beet fields.

The battle officially ended on Nov. 8, 1944 with the surrender and capture of thousands of German soldiers.

Military history writer Mark Zuehlke, author of "Terrible Victory: First Canadian Army and the Scheldt Estuary Campaign" notes that the operation, "planned and executed by the Canadian command structure, was really a testimony to the grit and determination and fighting ability of Canadian Army soldiers."

Canadian War Museum historian Tim Cook said in a Canadian Press story in 2019, on the 75th anniversary of the battle, the operation was just as important as D-Day in terms of Canada's contribution to the war effort.

Why the Battle of the Scheldt is so little known in Canada, given its singular importance in the drive to defeat the Nazis, is a bit of a mystery. That being the case, it is perhaps yet another act of the grateful Dutch that they make a movie that helps ensure the bloody sacrifice of Canadians in liberating Holland from brutal Nazi rule won't be forgotten.

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Cantonniers escape St Catherine's with a win

Record Staff

Liam Jacques scored his fourth goal of the season at 2:19 of overtime to give the Magog Cantonniers a 5-4 win over the Collège Charles-Lemoyne Riverains on Friday night in Sainte-Catherine.

Magog overcame a 4-0 deficit in the third period to send the game into overtime on Connor Macey's goal, his sixth of the season, with 51 seconds left.

Jules Boilard (2nd), Alix Durocher (9th) and Antoine Fontaine (4th) gave the Cantonniers hope of a win with their goals, and they succeeded.

However, goalie Stéphane Robidas' gave up four goals for the Riverains.

Jean-Simon Houle (3rd), in the first

period, as well as Loïc Usereau (2nd), Lucas Di Loreto (2nd) and Pierre-Marc Minville (3rd) gave the hosts a 4-0 lead. At that point it looked as though the game could be in the bag for the Riverains.

But the Cantonniers fought back, even with two players down for a long time in the second period with Maxime Côté and Shawn Pearson both receiving four-minute penalties at the same time.

Cantonniers players directed 37 shots at Samuel Lamarche while Louis-Félix Charrois received 25 shots.

The Cantonniers faced off against the Gaulois in Saint-Hyacinthe on Sunday at 2 p.m. The team will host the Chateauguay Grenadiers on Wednesday at 7 p.m. at the Magog arena.



ARCHIVES/MARCO BERGERON

Big shootout, Wild win in Daveluyville

Record Staff

The Desjardins-Windsor Wild defeated the Daveluyville JB 3-2 in a shootout on Friday night.

Félix Meunier and Samuel Grégoire beat goaltender Élie Houle in a shootout while Sean Julien blocked attacks from Marc-Antoine Labonté and Vincent Francoeur.

After a scoreless first period, Samuel Grégoire scored his sixth goal of the season to put Windsor ahead at 4:12 of the middle period.

Raphaël Cloutier brought the two

teams back to square one just over four minutes later.

William Roy put the Desjardins-Wild back in front with his first goal of the season at 11:06 of the third period.

Vincent Francoeur sent both teams into overtime with his fifth goal of the season at 13:30.

Windsor directed 47 shots at Élie Houle while Sean Julien took 32 shots.

The next local game will be played on Friday, Nov. 5 at 8:30 p.m. when the Val-des-Sources Nordik Blades will be the visitors.



MARCO BERGERON (PICKER PHOTO)

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Today in History

Today in History for Nov. 1:

In 1512, Michelangelo's paintings in the Sistine Chapel in Rome were first exhibited to the public. Across the ceiling he painted themes of the Bible, including representations of creation, man's temptation and fall, as well as Noah and the flood.

In 1755, a huge earthquake rocked Lisbon. More than 30,000 people were killed in the Portuguese capital as the shock of the quake lasted for over six minutes. Another 20,000 died in the six-day-long fire that followed, and in smaller earthquakes that shook the area.

In 1788, Bishop Inglis opened an academy at Windsor, N.S., which became King's College.

In 1838, Lord Durham, Britain's high commissioner to North America, sailed for England to write what became known as the Durham Report. The report urged reuniting Upper and Lower Canada to accelerate the assimilation of the French. It also recommended the introduction of responsible government.

In 1850, Joseph Howe sailed to London to try to raise money to build a railway. The flamboyant Nova Scotia publisher and politician, never one to think small, started off with the idea of a railway between Halifax and Windsor, N.S. - then a major provincial port - but by the time he arrived in England he was prepared to use the idea of promoting immigration to support a plan for a railway from Halifax to Quebec and Portland, Me.

In 1858, Queen Victoria was proclaimed sovereign throughout India.

In 1893, a statue of Sir John A. Macdonald was unveiled in Hamilton.

In 1894, Czar Alexander III died in Russia.

In 1908, the government of Saskatchewan established a Department of Municipal Affairs.

In 1914, the British navy suffered a stinging defeat at the hands of the Germans during the "Battle of Coronel" off the coast of Chile. British Admiral Christopher Craddock was under orders to hunt down a German squadron of two battleships and three cruisers. In the ensuing battle, the admiral's flagship, "Good Hope," and another cruiser were sunk with no survivors.

In 1924, a franchise was granted to Boston, making the Bruins the first American-based team in the National Hockey League. By 1926, six of the 10 teams were from the United States.

In 1936, in a speech in Milan, Italian dictator Benito Mussolini described the alliance between his country and Nazi

Germany as an "axis" running between Rome and Berlin.

In 1941, the Rainbow Bridge linking Niagara Falls, Ont., and Niagara Falls, N.Y., opened.

In 1945, British investigators announced proof "as conclusively as possible without bodies," that Nazi leader Adolf Hitler died on April 30, 1945.

In 1950, two Puerto Rican nationalists tried to force their way into Blair House in Washington, D.C. to assassinate U.S. President Truman. The attempt failed, and one of the pair was killed, along with a White House police officer.

In 1950, the Dogma of the Assumption of the Virgin Mary was proclaimed by Pope Pius XII.

In 1952, "Hockey Night in Canada" debuted on CBC Television. The first game saw the Boston Bruins edge the host Toronto Maple Leafs 3-2.

In 1952, the United States exploded the first hydrogen bomb, code-named "Ivy Mike," at Enewetak Atoll in the Marshall Islands in the mid-Pacific.

In 1955, Lester Pearson, then Minister of External Affairs, opened the "Canada Dam" at West Bengal, India.

In 1956, 39 miners died and 88 others survived when an explosion occurred at the No. 4 Cumberland coal mine in Springhill, N.S.

In 1959, Jacques Plante of the Montreal Canadiens became the first NHL goalie to wear a mask on a permanent basis. After receiving a seven-stitch facial cut from a shot by the New York Rangers' Andy Bathgate, Plante returned to the Madison Square Garden ice with a plastic face mask he had made out of fiberglass and resin.

In 1961, the body of the now-disgraced Joseph Stalin was removed from Red Square in Moscow.

In 1964, 44 Cubans defected from a Cuban plane at Gander, Nfld.

In 1970, a cargo truck drove into a reception line at Karachi Airport in Pakistan, in an attack on the President of Poland. The driver missed him but killed Poland's deputy foreign minister and three other people.

In 1971, the "Toronto Sun" began publication. It was staffed mainly by former employees of the defunct "Telegram." "The Sun," a morning tabloid born 48 hours after the "Telegram" printed its final edition, hit the streets with an initial run of 75,000 copies. The 48-page paper leaned heavily on sports and entertainment coverage.

In 1985, Donald Getty was sworn in as the new premier of Alberta.

In 1987, Preston Manning was chosen leader of the federal Reform Party at its founding convention in

Winnipeg. Manning remained leader until being ousted by Alberta cabinet minister Stockwell Day in 2000 after the party reorganized itself as the Canadian Alliance.

In 1987, former Quebec premier Rene Levesque died of a heart attack at age 65. The founder of the Parti Quebecois served as a war correspondent with U.S. forces during the Second World War. He joined Radio-Canada in 1946 as a radio and TV reporter. In 1960, he won a seat as a Liberal in the National Assembly and held several portfolios in the Lesage government until its 1966 defeat. In 1967, Levesque left the Liberals and united several separatist groups to form the Parti Quebecois, which took office in 1976. A 1980 referendum on sovereignty was defeated, thanks in part to a strong federalist campaign. Levesque gave up his leadership in 1985, and the party lost to the Liberals that December.

In 1990, Prime Minister Brian Mulroney appointed a 12-member commission on national unity called the Citizen's Forum on Canada's Future.

In 1990, McDonald's announced that Styrofoam containers would be replaced in its fast-food restaurants with wrapping that was more environmentally friendly.

In 1993, the EC union treaty came into force.

In 1995, the Ontario government launched a massive overhaul of Worker's Compensation Board beginning at the top by firing all 10 WCB board members.

In 1996, Canada's first diamond mine, a \$750-million project, located 300 kilometres northwest of Yellowknife and owned by Australian-based BHP Diamonds, was given full approval by the federal government.

In 1996, Wally Crouter retired after 50 years as the morning show host on Toronto radio station CFRB. Prime Minister Jean Chretien and former prime minister Brian Mulroney were among those taking part in an on-air tribute.

In 1999, Ronald (Lasagna) Cross, died. He was one of the most visible native players in the 1990 Oka crisis that pitted Mohawks against police and eventually the Canadian army.

In 1999, Walter Payton, nicknamed "Sweetness," one of the NFL's most productive running backs, died at age 45.

In 2000, Chicago-based sports marketing executive Michael Lysko was named commissioner of the Canadian Football League. He was fired 16 months later on March 20, 2002.

In 2001, an arson fire destroyed the second-oldest Anglican church in

Canada. The St. John's Church was built in Lunenburg, N.S., in 1754. Restoration of the church was completed in 2005.

In 2002, theft charges against Princess Diana's former butler were dropped after the Queen revealed Paul Burrell had told her years earlier that he had taken some of Diana's possessions for safekeeping. The Queen did not realize their 1997 conversation might be relevant until seeing coverage of the trial.

In 2005, Justice John Gomery released the first report of a federal sponsorship scandal inquiry that mainly blamed former bureaucrats but put Prime Minister Paul Martin in the clear.

In 2007, retired Air Force Brigadier Gen. Paul Tibbets, who had piloted the B-29 bomber "Enola Gay" that dropped the atomic bomb on Hiroshima, died in Columbus, Ohio, at age 92.

In 2010, 58 people were killed and dozens wounded when Iraqi security forces stormed a Baghdad church where militants had taken an entire congregation hostage for four hours.

In 2010, the San Francisco Giants defeated the Texas Rangers 3-1 in Game 5 to win the World Series and take the trophy home to the city by the Bay for the first time. The Giants last wore the crown in 1954, four years before they moved from New York.

In 2015, the Kansas City Royals rallied late yet again to defeat the New York Mets 7-2 in 12 innings in Game 5 to capture its second World Series title (1985). The Royals came back late in all four wins, and eight times overall in the post-season.

In 2016, Canadian comedy pioneer Dave Broadfoot, who was considered a national treasure for his political satire on the CBC's "Royal Canadian Air Farce," died at the age of 90.

In 2017, Nova Scotia Progressive Conservative Leader Jamie Baillie announced he was stepping down after seven years. He said he would stay on as leader until a replacement was selected and would also continue on as the MLA for Cumberland South.

In 2017, the Houston Astros won their first World Series championship in franchise history with a 5-1 victory over the LA Dodgers in Game 7 at Dodger Stadium. Houston outfielder George Springer was named MVP.

In 2020, the Royal Canadian Legion named Debbie Sullivan of Saint John, N.B., as this year's Silver Cross mother. Her son, navy Lt. Chris Saunders, was killed at the age of 32 when a fire broke out aboard his submarine 16 years ago.

(The Canadian Press)

RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMS, BRIEFLETS:

Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)

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Please Note: All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: classad@sherbrookerecord.com - They will not be taken by phone.

DEADLINES FOR DEATH NOTICES:

For Monday's paper, email production@sherbrookerecord.com or call 819-569-4856 between 1 p.m. and 5 p.m. Sunday. For Tuesday, Wednesday, Thursday or Friday's edition, email production@sherbrookerecord.com, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called. Rates: Please call for costs.

Thoughts on physical and mental health

Dear Annie

MONDAY, NOVEMBER 1, 2021

Dear Annie: As I was reading the letter from "Burnt Out," the woman whose husband was chronically ill at moments of pressure, I wanted to say that the advice you gave about how this could be a mind/body issue sounds spot on to me, based on my personal experience.

The book you recommended, "The Mindbody Prescription" by Dr. John Sarno, has been very helpful in my own recovery from pain issues. I would also suggest "The Meaning of Truth" by Nicole Sachs. This book has allowed me to put Sarno's findings to practical use.

The information in these books has given me a new lease on life, with less pain every day. Kudos for suggesting and bringing awareness to the mind/body connection. - Grateful for Mind/Body Writings

Dear Grateful: Thank you for telling us of your experience. Here are two more letters that offer different perspectives:

Dear Annie: In reply to "Burnt Out," it sounds like he is suffering from anxiety. I say this because I was diagnosed with anxiety 15 years ago after several years of trips to the emergency room with symptoms of everything from heart attacks and strokes to blocked bowels, bone pains, muscle pain, pneumonia and other ailments.

A big factor in dealing with anxiety is that the medical community doesn't have much of a grasp on the root causes or how to treat it. The medical community also seems to be fighting against itself. ER doctors tend to look at people with undiagnosed anxiety as drug seekers, while therapists want to prescribe drugs that turn most of us into depressed zombies.

"Burnt Out" should wait until her husband has had a few puffs on the pipe and is in a relaxed state of mind. Then, she should make a few friendly comments, over several sessions, suggesting therapy. People with anxiety tend to be easily triggered by small suggestions. Her small suggestion should be a positive one. And she shouldn't worry about or focus on the pot; it's probably the biggest breakthrough the medical community has made in treating anxiety and pain

management in decades. - Just Another Crazy Old Man

Dear Crazy Old Man: You're not crazy at all, and some of your suggestions are good ones, based on your personal experience. Thanks for sharing your perspective with my readers.

Dear Annie: I am a 61-year-old mother of four who has been married for 40 years. I'm also a retired dental hygienist, and I consider myself basically stable-minded. But my health resembled "Burnt Out's" husband, starting in my 20s. I had random periods of unexplainable physical illness that progressively got worse.

Long story short - at 52, I was admitted to the hospital with "stroke-like" symptoms. I remained there for five days. Diagnosis: Lyme disease. After IV antibiotic treatment, I was still symptomatic. I remained too ill to ever go back to work.

I found a doctor who practices outside the box. Her diagnosis was three tick-borne diseases: Lyme, Bartonella and Babesia. I am a nonmethylator, which means that I do not eliminate toxins. I had biotoxin and heavy metal toxicity. I had adrenal fatigue and low thyroid. I have the gene mutation called the "dreaded gene."

I was granted disability. I am now in control of my chemistry, but I remain constantly alert as to what triggers my symptoms. I practice health maintenance every day.

My advice to "Burnt Out" is to get her husband to a holistic doctor. My diagnoses have been spot-on with healing results. - It's a Wonderful Life

Dear Wonderful Life: Your story is one of hope and success after being confronted with unimaginable health challenges. I love the way you signed your letter. It truly is a wonderful life. Thank you for sharing your experiences.

"Ask Me Anything: A Year of Advice From Dear Annie" is out now! Annie Lane's debut book - featuring favorite columns on love, friendship, family and etiquette - is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information.

Send your questions for Annie Lane to dearannie@creators.com.

NEA Crossword Puzzle

Answer to Previous Puzzle

M	A	R	C		Z	O	O	M		S	G	T	
U	T	A	H		E	L	B	A		E	A	U	
D	O	G	E		N	E	I	L		D	U	B	
		P	S	E	U	D	O		I	M	A	G	E
				C	P	A		S	C	E	N	E	
T	I	G	H	T		M	E	E	T				
U	R	N		O	P	A	L		E	L	S	A	
G	A	P	E		I	S	L	E		O	O	P	
				L	O	P	S		I	M	B	U	E
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Y	O	N		A	F	R	O		D	A	U	B	
R	U	E		N	E	E	R		E	T	N	A	
O	D	E		E	B	O	N		W	H	A	M	

- ACROSS**
- 1 Farm unit
 - 5 Garment part
 - 8 Round dwelling
 - 12 Brown songbird
 - 13 Zodiac sign
 - 14 Ship's position
 - 15 Touch down
 - 16 "The Reivers" penner
 - 18 Blunder
 - 20 Boring
 - 21 "The Greatest"
 - 22 Improved the highway
 - 25 Comrade
 - 28 Bumps into
 - 29 Proposal
 - 33 Roots
 - 35 Where Anna met a king
 - 36 Trucker's rig
 - 37 Breakfast nook
 - 39 Masculine principle
 - 40 Portuguese title
 - 42 Home, in the phone book
 - 43 Opposed
 - 46 Moo goo — pan
 - 49 Night hunter
 - 50 Getaway
 - 53 Demeaning (2 wds.)
 - 56 Two fives for — —
 - 58 A — for news
 - 59 Grassland
 - 60 Plateau
 - 61 Stuck-up person
 - 62 Foot-pound relative
 - 63 Metro haze
- DOWN**
- 1 Leather punch
 - 2 Rocky ledge
 - 3 Nevada town
 - 4 Provide capital
 - 5 Chatty alien of TV
 - 6 Book for students
 - 7 Feels sorrow
 - 8 Tibetan beast
 - 9 Bone below the elbow
 - 10 Movie spool
 - 11 Garr or Hatcher
 - 17 Soap ingredient
 - 19 South Seas locale
 - 23 Rather or Marino
 - 24 Kind of brake
 - 25 Flower
 - 26 District
 - 27 Sketch
 - 30 Designer label
 - 31 Roof part
 - 32 Iowa college town
 - 34 Prefix for one billion
 - 37 Ms. Landers
 - 38 Endure
 - 40 Waste time
 - 41 Slicker
 - 44 Tibetan gazelle
 - 45 Trolleys
 - 46 Cotton seeders
 - 47 In a short time
 - 48 In that case (2 wds.)
 - 51 Part of a list
 - 52 Pancho Villa's coin
 - 54 Yank's foe
 - 55 Comic bit
 - 57 Complain persistently

1	2	3	4		5	6	7		8	9	10	11
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58					59				60			
61					62				63			



Thank you for saving moments, funding breakthroughs and saving lives.



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CELEBRITY CIPHER

by Luis Campos

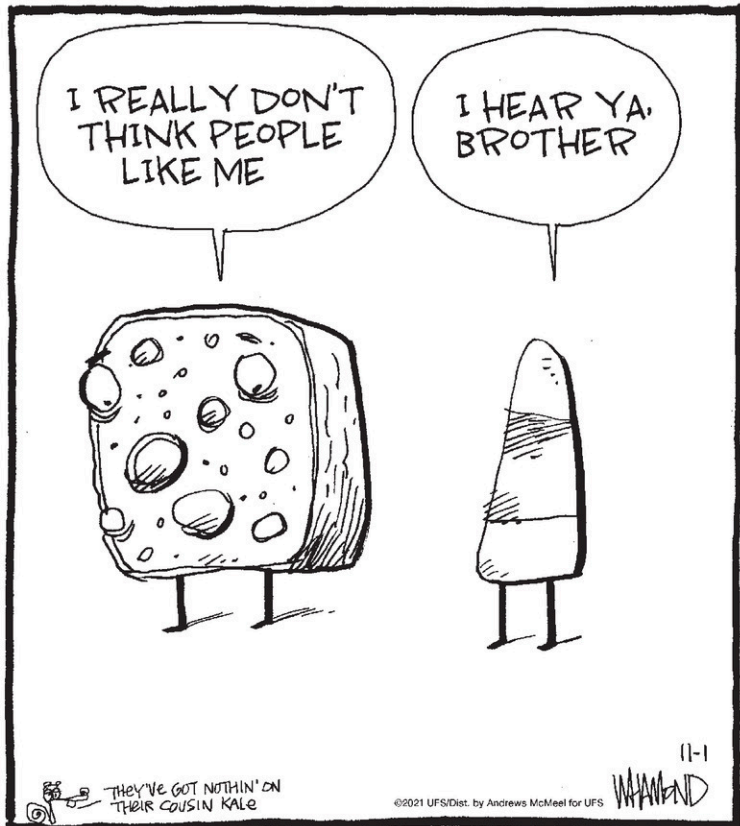
Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

“RFH YVU SFYHK FU MDXUOK MDVM
VCZ JVCCXZCK FC RFH YVU SFYHK FU
KYVIXUO MDZ GVII FC CZAZSXUXUO
MDZ LCFJIZT.” — MXT YFFB

Previous Solution: “When there is no room left in hell, the dead will walk the earth.” — Ken Foree (“Dawn of the Dead” — 1978)

TODAY'S CLUE: *Y equals R*

REALITY CHECK

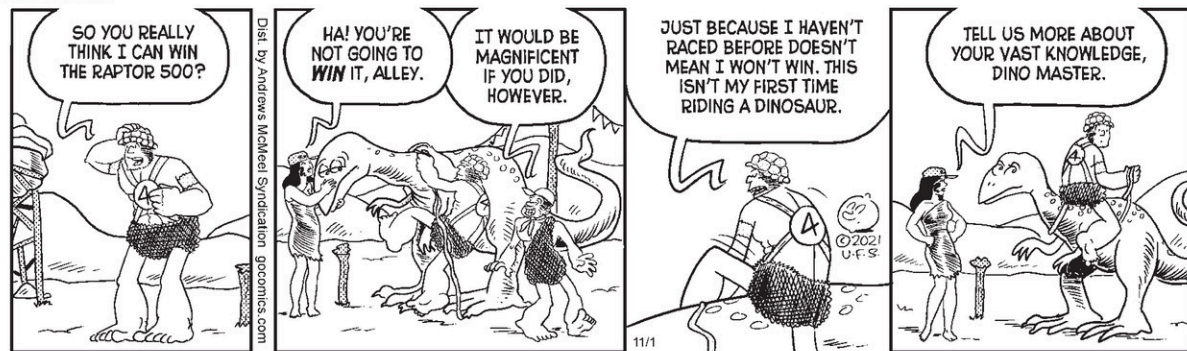


HERMAN



“Going up the Amazon?”

ALLEY OOP



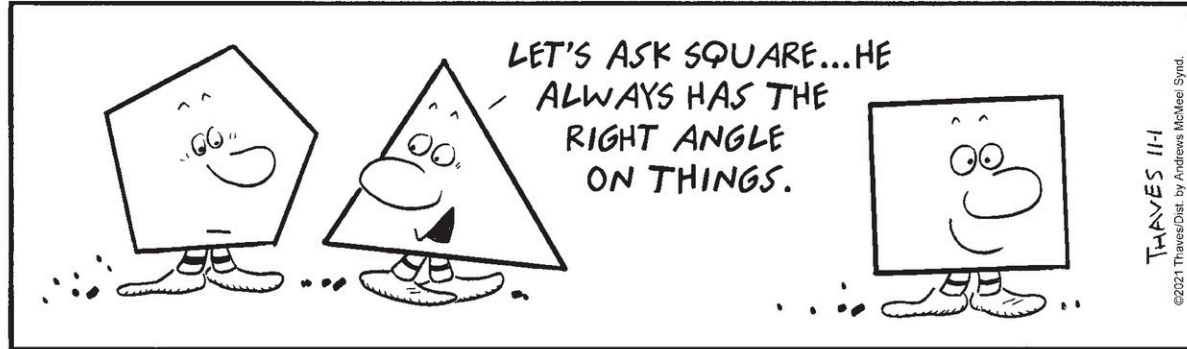
ARLO & JANIS



THE BORN LOSER



FRANK AND ERNEST



GRIZZWELLS



THATABABY



Go grocery shopping with dietitians. When you choose products with the Health Check symbol, it's like shopping with the Heart and Stroke Foundation's dietitians, who evaluate every participating product based on Canada's Food Guide. www.healthcheck.org

Diabetes The New EPIDEMIC REACT NOW! Diabetes Québec Information and donations: (514) 259.3422 or 1.800.361.3504 www.diabete.qc.ca

Call Sherbrooke: (819) 569-9525 between 8:30 a.m. and 4:30 p.m.
 E-mail: classad@sherbrookerecord.com
 or Knowlton: (450) 242-1188 between 9:00 a.m. and noon

CLASSIFIED

Deadline: 12:30 p.m. one day prior to publication
 Or mail your prepaid classified ads to
 The Record, 6 Mallory, Sherbrooke, Quebec J1M 2E2

100 Job Opportunities 100 Job Opportunities 145 Miscellaneous Services

THE RECORD

URGENT

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- Downs
- Lloyd
- Mount
- Robert-Peel
- Spring - Garden
- Summer
- Vaudry
- William - Paige

Around 35 customers

If interested, please contact our offices by phone at **819-569-9528** or email at billing@sherbrookerecord.com

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 THE VOICE OF THE EASTERN TOWNSHIP SINCE 1897

Send your classified to:
classad@sherbrookerecord.com
 or call
 819-569-9525

Winter tires: An absolute must

(NC) With all the surprises Canadian winter weather brings, it's best to be prepared for anything including ice, snow and even freezing rain. A simple way to be ready for snow or ice-covered driving conditions is to install winter tires.



Follow these three tips to choose and maintain your winter tires:

1. Choose quality over price

When it comes to selecting winter tires, identify a brand that is durable and reliable. To help you sort through all the choices, start with some research online and check performance reviews. Price should not be your primary criterion, safety should.

Once installed, make sure you let your auto insurance provider know you have winter tires. With some providers like Belairdirect, you may be eligible for a discount.

2. Check your tire pressure monthly

Cold weather reduces tire pressure, so be sure to check your tire pressure at least once a month. It should always be maintained at the level recommended by the manufacturer, which you will find on the label in the driver's door opening, on the flap of the fuel tank and in your user's manual. Tires inflated to the required pressure will prevent uneven wear and make driving more comfortable.

3. Know when it's time to buy new ones

Tread depth is the first criterion to consider when checking your tire condition. A legal minimum tread of 2/32 inches is required, so you may consider replacing your tires when you are close to it. In general, if all the tires are bought new, at the same time and only used during winter months, the effective tread life is about three to four winters.

Find more winter driving tips at belairdirect.com.

100 Job Opportunities 100 Job Opportunities 100 Job Opportunities

Job Opportunity

Part-time Circulation Clerk

The Record has an opening for a part-time clerk in the circulation department. The successful candidate would be responsible for preparing address labels, updating subscription lists, contacting subscribers and newspaper dealers, and assisting readers in setting up the paper's online edition.

The candidate would be responsible for handling delivery issues and dealing directly with subscribers so should have a courteous telephone manner and excellent customer service skills.

The circulation clerk should be comfortable learning new computer programs, but would be trained in all aspects of subscription software.

Those interested should contact Sharon McCully, Publisher, at outletjournal@sympatico.ca or by telephone at 819-569-9511

SUDOKU

DIFFICULTY RATING: ☆☆☆☆☆

		9	7		6	1	8	
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PREVIOUS SOLUTION

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6	3	2	1	4	9	7	5	8
8	1	4	6	7	2	5	9	3
7	2	3	9	5	4	8	1	6
9	5	6	8	3	1	4	7	2

HOW TO PLAY:
 Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

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NEA Crossword Puzzle

Your Birthday

MONDAY, NOVEMBER 1, 2021

- ACROSS**
- 1 Internists' org.
 - 4 \$1,000,000, slangily
 - 7 Parched
 - 10 Triumph
 - 11 Greek column type
 - 13 Yes, on the Riviera
 - 14 Author Umberto —
 - 15 French goodbye
 - 16 Brief swim
 - 17 Calf neighbors
 - 19 Daniel or Debby
 - 21 Sick
 - 22 Nieces and cousins
 - 23 June honoree
 - 26 Hunter's need
 - 30 Got in debt
 - 31 Clingy seedpod (Var.)
 - 32 Fishtail
 - 33 Tibetan gazelle
 - 34 Tenn. neighbor
- 35 Magritte's name**
- 36 Oval
 - 39 Motel's prices
 - 40 Adversary
 - 41 Fish organ
 - 42 Pee Wee of baseball
 - 45 Purify, as metal
 - 48 Ms. Lupino
 - 49 Slightly damp
 - 51 "— we there yet?"
 - 53 Cosmonaut space lab
 - 54 Photos
 - 55 Finger-printing need
 - 56 Slippery fish
 - 57 Geol. formations
 - 58 "Crooklyn" director
- DOWN**
- 1 Impress deeply
 - 2 Isinglass
 - 3 Soon
 - 4 Shape clay
 - 5 Pupil's place
 - 6 Untruth
 - 7 Extinct bird

Answer to Previous Puzzle

A	C	R	E		A	R	M		Y	U	R	T
W	R	E	N		L	E	O		A	L	E	E
L	A	N	D		F	A	U	L	K	N	E	R
	G	O	O	F		D	R	Y		A	L	I
		W	I	D	E	N	E	D				
P	A	L		J	A	R	S		I	D	E	A
O	R	I	G	I	N				S	I	A	M
S	E	M	I			A	L	C	O	V	E	
Y	A	N	G		D	O	N	A		R	E	S
		A	G	A	I	N	S	T				
G	A	I		O	W	L		T	R	I	P	
I	N	F	R	A	D	I	G		A	T	E	N
N	O	S	E		L	E	A		M	E	S	A
S	N	O	B		E	R	G		S	M	O	G

- 8 Destroy
- 9 Cry of surprise
- 11 Flirt
- 12 Block-shaped
- 18 Notorious pirate
- 20 Four quarters
- 22 Scotty beamed him up
- 23 Ruler of Venice
- 24 Army no-show
- 25 Bargain
- 26 Fisher-man's fly
- 27 "Da" opposite
- 28 Sensible
- 29 Wool producers
- 31 Home port
- 35 Sari wearer
- 37 Possibilities
- 38 Rhymes
- 39 Fissures
- 41 Galas
- 42 Icy coating
- 43 Adams or Brickell
- 44 Nobleman
- 45 Civil disorder
- 46 Hammer's target
- 47 Sea eagle
- 50 German physicist
- 52 Barely make it

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42	43	44				45			46	47	
48				49	50				51		52
53				54					55		
56					57				58		

Verify information, and let your intuition guide you. Make decisions that promote realistic plans. Get rid of dead weight and simplify your life. Ease stress instead of exacerbating problems. Head in a direction that offers comfort and joy. Live in the moment and stop regretting the past. You don't need to fret about the future.

SCORPIO (Oct. 24-Nov. 22) – Rethink your current attitude. Take better care of yourself before you offer to take care of others. A reality check is overdue. It's up to you to take the first step and put your mind at ease.

SAGITTARIUS (Nov. 23-Dec. 21) – You'll receive mixed messages; ask direct questions and use your intelligence to figure out what's best for you. Charm will work wonders when you are trying to get to the bottom of a situation.

CAPRICORN (Dec. 22-Jan. 19) – Treat money, legal and health issues realistically. Mull over your options carefully. A change at home will make it easier to get things done on time. Fix up your space.

AQUARIUS (Jan. 20-Feb. 19) – Don't take what others say or do to heart. Take care of responsibilities and lend a helping hand to someone who is struggling. Change begins with you, and you must begin to make it.

PISCES (Feb. 20-March 20) – Tie up unfinished business, and sort through mixed emotions that surface regarding someone close to you. Assess things thoroughly before you make a big move.

ARIES (March 21-April 19) – Pay closer attention to how you present yourself

to others. Knowledge and qualifications are essential, but fitting in can be important too. Do whatever it takes to promote yourself.

TAURUS (April 20-May 20) – Live and learn. When you see something you want, don't hesitate. Take matters into your own hands and figure out a cost-efficient way to reach your goal. Change is part of life; don't fear it.

GEMINI (May 21-June 20) – Size up what something will cost before you get started. Taking control, setting a budget and organizing your time will help you ensure that you manage your time responsibly. Romance is in the stars.

CANCER (June 21-July 22) – Follow a path that allows you to use your skills uniquely. It's OK to do things differently or to venture off in your own direction. Expand your circle of friends and seek out new ideas.

LEO (July 23-Aug. 22) – Put more thought into the best way to proceed. The troubles you face are best dealt with smartly and efficiently; mistakes are likely if you let your emotions take the reins. Compromise wisely.

VIRGO (Aug. 23-Sept. 22) – Keep an open mind, but don't jeopardize your physical well-being. Stick to what and who you know and trust, and don't venture into restrictive situations. Seize an opportunity while you can.

LIBRA (Sept. 23-Oct. 23) – Adjust your schedule and arrangements to spend time with someone you enjoy being around. A deep conversation will offer mental stimulation that pushes you in an unexpected direction.

MONDAY, NOVEMBER 1, 2021

From the internet to the printed word

By Phillip Alder

Toward the end of September, my wife, Kitty, and I played online at a somewhat oxymoronically named casual competitive table against two robots from Bridge Base Online. In about 70 minutes, we played 16 boards, almost all of which were suitable for this column, or quizzes at my website, www.bridgeforeveryone.com, or both. This week, let's look at six of those deals. They were each played at 16 tables, so we can get comparisons.

What is the best defense against four hearts after West leads the club ace?

On round one, Kitty (West) did not have a good bid in our methods. Next time around, she might have passed (not her style!), doubled for takeout or bid two no-trump (showing both minors), but those calls would have been easier to penalize. (Three clubs doubled and two spades doubled can go down four. Three diamonds doubled is down only two, but that is still 500, more than a North-South nonvulnerable game.) North was optimistic in jumping to game, but South would presumably have accepted a game invitation, maybe bidding the hopeless three no-trump. It looks very tempting to cash the

North		11-01-21	
♠	K 10 8 2	♠	J 7 5 4
♥	K Q 7 3	♥	J 8 6 4
♦	10 7	♦	6 5 4 3
♣	9 7 5	♣	6
West		East	
♠	9 6 3	♠	J 7 5 4
♥	5	♥	J 8 6 4
♦	K Q J 8	♦	6 5 4 3
♣	A K 10 8 2	♣	6
South		Dealer: South	
♠	A Q	Vulnerable: East-West	
♥	A 10 9 2	South	West
♦	A 9 2	1NT	Pass
♣	Q J 4 3	2♥	3♣
		North	East
		2♣	Pass
		4♥	All Pass
Opening lead: ♣ A			

club king and give partner a club ruff, but that lets the contract make. South wins East's diamond shift, draws trumps, unblocks the spade ace-queen, discards dummy's second diamond on the club queen, ruffs a diamond and cashes the spade king.

Kitty did much better, shifting to the diamond king at trick two. Now the contract had to fail. Down one was an 83.3% board. Six pairs made four hearts, and five went down.