

# Quebec records lowest number of daily new COVID 19 cases since March 26

The Canadian Press  
By Giuseppe Valiante  
With files from Matthew McCully

Quebec announced a plan to re-launch its cultural sector Monday, as the province recorded the lowest number of reported COVID-19 deaths over a 24-hour period in almost two months.

Premier Francois Legault said his government will inject \$250 million of new money to help the struggling cultural industry, which has seen plays, concerts and other shows cancelled due to the coronavirus pandemic.

“Culture is the soul of Quebecers,” Legault told a news conference in Montreal. “Quebecers adore their artists and they are missing them.”

The premier said his government is working on a timetable for the reopening of certain venues that can begin welcoming a reduced number of spectators, “but we aren’t there yet.”

Instead, the government is making hundreds of millions of dollars available to fund projects in areas such as cinema, television, theatre and music. Artists will have to apply directly to the

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# Fourth fire in Bury stokes community concerns



MATTHEW MCCULLY

By Gordon Lambie

There was another fire in Bury on Sunday night, this time at the canteen building in Memorial Park along the village’s Main Street. This marks the fourth fire in the small community since May 18, and the third since last Thursday, raising concerns in the community about the likelihood of arson.

Sûreté du Québec (SQ) spokesperson Aurelie Guindon said that like the three previous fires, there is no known cause for the Sunday night fire yet. All four fires remain under investigation, with no further information available at this time.

Bury Fire Chief Edward Jacklin told The Record that the most recent fire got started around 10:15 p.m. Although the structure of the canteen was not

completely destroyed, Jacklin said that it will have to be rebuilt to be functional.

On Monday afternoon Bury Mayor Walter Dougherty said that so far the only people who have reached out to him about the fires were reporters. He went on to say, however, that he had noticed people around town taking steps like parking their cars in neighbours’

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## Weather



TODAY:  
MIX OF SUN  
AND CLOUDS

HIGH OF 18  
LOW OF 10



WEDNESDAY:  
60% CHANCE OF  
SHOWERS

HIGH OF 18  
LOW OF 11



THURSDAY:  
MIX OF SUN  
AND CLOUDS

HIGH OF 23  
LOW OF 11



FRIDAY:  
RAIN

HIGH OF 24  
LOW OF 13



SATURDAY:  
PERIODS OF  
RAIN

HIGH OF 18  
LOW OF 6

# 100% Eastern Townships



DISHPAN HANDS  
SHEILA QUINN

Knowlton is home to a brand new business - eTownships - 100% Eastern Townships is the brainchild of Virginia Wilson.

'I am a native Townshipper that grew up in a family of 5 on the countryside of Dunham, Quebec. My father, Norman Wilson, was a janitor at Heroes Memorial School when I was young and became a carpenter later in life. He was a continually active community member and volunteer that taught my sisters and I about our social responsibilities at a young age.'

Losing her father had a tremendous impact on her life.

'He passed away when I was fifteen, so I became self-sufficient and entrepreneurial at a young age and tried to never to lose these great values. I went to school at Massey-Vanier and then Montreal, but my heart has always been in the Townships.'

When post-secondary school was complete, Virginia 'escaped the city, and moved back to the country where she belonged.'

Virginia is a renaissance woman - much of her resilience and need to forge ahead has become a great slice of her life's purpose.

'I have family in Knowlton and decided to move my own young family to Brome Lake from Frelighsburg in 2006. There is something special about Brome Lake and the people that live there. The sense of community and support is indescribable. I began volunteering and helping with Canada Day and the Duck Festival. These were activities near and dear to my heart growing up and I loved that they brought our community together. I worked for a few years at the Brome County News and The Record and became involved in local and federal politics. I grew close to the merchants and spent a lot of

time going door to door promoting our Shop Local campaign which was organized then by the Brome Lake Chamber of Commerce. I knew my passion was to help the community, promote businesses and link people together. There were a lot of hardships and challenges and budgets were not exceptionally large. I wanted to do something to help improve communications in town and help the businesses, so I created the Facebook groups Knowlton.Com and later, Sutton.Com, Job - Emploi Brome-Missisquoi and others, but these projects did not pay the bills for my family and me, so I needed a plan B.'

There is flexibility woven into Virginia's resilience, determination and also drive to set an example for her two teenage daughters.

'I went back to school to study marketing in Montreal 3 nights a week and landed a couple of great positions in large companies that taught me a lot, but something was missing. I wanted to find a way to merge my passion for helping the community and the businesses in the Eastern Townships with my passion for marketing and sales. I decided to take a chance and launch my own marketing company Lead Prospect in January 2020. With my background and skill set, I was able to win some larger contacts right away. This was better, but I was still missing something. I had always dreamed of united the best of the Townships in one location and have a place where the community could easily find what they need or wanted in one place. My goal was to launch my project eTownships in September of 2020...but COVID 19 had other plans.'

So many projects, plans and businesses have been derailed or rerouted by the current pandemic.

'When COVID 19 struck our community, I decided to put my project in override and launch it earlier than expected. My goal was to have Facebook groups and create an e-commerce platform where the community could start shopping for local products in the Eastern Townships and have them delivered or shop for the same products that we offer online at our physical store. I launched the Shopify platform E-Townships right away in March, bought a trailer and began picking up inventory from some of my favourite vendors and artists. The problem I was having was locating the perfect location for our physical store.'

The tricolon 'location, location, location' is often misattributed to Lord Harold Samuel. Whoever originally affirmed this was making an important point. A large part of success isn't just the right place at the right time.....but where is that place?

'I reached out to the community and received a tip of a location near the Knowlton Pub on Knowlton road. It was perfect. I could have a portion from my marketing company and the rest for the eTownships physical store. It is amazing the feeling that comes over you when you know you have done the right thing. When I signed my lease, I felt it. It was finally all coming together.'

That little strip of businesses is known has been known as the Boardwalk, and has featured many different small shops over the years - Pikenya's beautiful wares, a barbershop, Tammy Lace's thrift-shop, known as Karma.

Virginia's trailer, with the eTownships logo boldly featured on the site is a perfect rolling advertisement for this new Townships business hub, and can now often be seen parked in the Boardwalk's strip of parking spots.

'I will be promoting products, producers, farms, artists, and businesses in the Eastern Townships full-time. My store will be located in the heart of my favourite town and I will be doing what I love 7 days a week with my team. I will be hiring and shopping locally and offering paid training to my employees to help them get ahead and gain valuable experience in marketing, communications, event planning and sales. We are working hard to complete all the renovations and decorations for the launch of our new store which will take place on Canada Day - July 01 at 5pm. We may not be able to celebrate at Lions Park like we normally would each year, but I will do my best to incorporate some of that community spirit on my special day in July.'

Now more than ever, such a community-spirited grouping of the best business the Townships has to offer is very welcome. When exploring how to shop local and support our local businesses, look no further than eTownships.

For more information on eTownships, to have your business featured and to learn more about how you can support Townships businesses, (and to contact Virginia Wilson), please visit the e-Townships Facebook page, www. etownships.com or call 450-955-9505.

## Ben by Daniel Shelton



# Local News

Camping is now allowed outside the Montreal and Joliette regions, as are country home rentals. Shopping malls, nail salons and other personal care centres are also reopening, but only outside Montreal.

## Bishop's Arches partners with local brewery for fresh take on classic recipe

By Michael Boriero  
Local Journalism Initiative Reporter

One of the most popular beers in Lennoxville is getting a local makeover after Bishop's Arches Brewery teamed up with Brasserie 11 comtés to bring Quebecers a new twist on the university's Tropical IPA.

Bishop's Arches, an extension of the up-and-coming Graduate Certificate in Brewing Science program and part of the chemistry department, developed the campus-favourite beer four years ago, during the program's first year in existence.

It became an instant hit, according to Giovanni Venditti, Brewing Science program lead and coordinator. The beer remains a go-to choice for students on campus, but he has been trying to find a way to properly commercialize the product.

Venditti realized the best course of action, while simultaneously growing the program's international

appeal, was to engage a local brewery, so he broached the topic with 11 comtés Brewmaster Mathieu Garceau-Tremblay.

"On site at the university, I don't have the infrastructure, but the university gave me the go-ahead to go commercial and it makes a lot of sense to partner with a brewery," he said.

Venditti said that Garceau-Tremblay, who also moonlights as the brewing program's hops teacher, accepted the proposal with open arms, but it came with a small caveat. 11 comtés, which is located in Cookshire-Eaton, emphasizes Quebec-grown products.

"When I approached him about partnering, he said it's in our DNA to use local ingredients, that's their philosophy, it's what makes them different," said Venditti.

The Tropical IPA utilizes ingredients from around the world. It became an intriguing challenge for both Venditti and Garceau-Tremblay to recreate the beers profile using Quebec grain and other ingredients.

After months of trial and error, the 11 comtés team came up with the Lagarto. The brewmaster describes the beer as Belgian-like, which is a byproduct of using their signature house brand of yeast.

The beer was never meant to be a carbon copy of the Tropical IPA. According to Garceau-Tremblay, this version has the same colour and density, but it has a spiciness to it. And the name derives from the ancient Spanish term for alligator.

"We were looking for a name that was good in French and in English so we found out that using a name that is neither in French or English works perfectly," said Garceau-Tremblay, explaining that the alligator is also the university's mascot.

The hops specialist added that he was supposed to take on several students for internship roles. They were going to help him with the production of Lagarto, but the COVID-19 pandemic derailed any first-hand learning opportunities.

"It was a special year, but it's the start of a partnership that's going to last a long time," said Garceau-Tremblay. "We're supposed to brew recipes with Bishop's over the coming years based on recipes by the students."

While Brewing Science is still small at the university—there were only nine students last year—it's being praised as one of the best new programs in Quebec, and in Canada. The university also decided to expand the brewing capacity to two chemistry labs.

Now closed for renovations as they stock and refit another lab with brewing equipment, Venditti and the rest of his staff are waiting for Lagarto's launch in the coming weeks. The success of this partnership will dictate the program's future.

"If this works then we're going to look at other recipes students have come up with and commercialize it and it could be with other breweries, not necessarily 11 comtés," he said.

## COVID-19 cases

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government for funding.

"For all the artists, if you have projects, it's time to bring them forward," Legault said.

Meanwhile, COVID-19 indicators in the province continued their downward trend Monday. Quebec recorded 20 more deaths over the previous day, the lowest number of reported deaths over a 24-hour period since April 5, bringing the provincial total to 4,661.

There were 295 new cases of the disease, the lowest daily number since

March 26, for a total of 51,354. The number of cases in the Estrie region is stable at 934.

Additionally, there were 13 fewer patients in hospital with the virus, for a total of 1,185. And 16,597 patients are considered to have recovered.

Many services and business across Quebec reopened Monday after several weeks of pandemic-induced shutdowns. Daycares are now open in the greater Montreal area and in the administrative region of Joliette, a town about 65 kilometres northeast.

Courthouses across the province

were also permitted to reopen gradually, starting Monday, with limited seating capacity and Plexiglas barriers protecting clerks and judges.

Camping is now allowed outside the Montreal and Joliette regions, as are country home rentals.

Shopping malls, nail salons and other personal care centres are also reopening, but only outside Montreal.

Education Minister Jean-Francois Roberge announced earlier in the day that public health officials have signed off on a special activity for graduating elementary and high school students

that respects COVID-19 safety measures.

Roberge said in a statement that many students had urged the province to act, wanting one last chance to see their friends and teachers. The ceremonies will allow for a memorable event to mark the end of their school year, including official photos or a chance to sign yearbooks, Roberge said.

While elementary schools have opened outside the greater Montreal area, high schools in the province are shuttered until September.

## Bury fires

CONT'D FROM PAGE 1

driveways to help empty houses look full.

"So far it's just been abandoned places," the mayor said.

Dougherty said that he expected to hear more about the situation from the community at last night's council meeting, if only from the other members of the municipal council.

"Hopefully it stops," Dougherty said. "I don't have any proof that it is arson, but it does look awfully bad on that."

The mayor did say that he has seen a big increase in police presence over the last few days both as a general presence and as a part of the investigation.

Bury resident Joel Barter told The Record that people in the community are starting to become nervous and scared.

"Most people in Bury do not lock the doors on their houses, cars, garages or barns because it's such a tight knit community." He said. "Some people are worried it might be their place next."

Barter shared that he has heard some discussion of possibly forming a community watch patrol in response to the fires.





The home at 621 McIver Street in Bury, that was destroyed on Saturday morning,



The home at 856 McIver Street in Bury, which burned down on May 18.

**LEWIS DOWNEY**

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# Does what happens during a Zoom meeting stay in a Zoom meeting?

By Linda Knight Seccaspina

For many of us, the coronavirus reality will have some memories of: “6 feet apart or 6 feet under”, “the toilet paper panic” and— you may have found yourself entering the world of video conference calls.

Years ago as a child I used to watch the Wonderful World of Disney every Sunday night without fail. Walt was always full of surprises, and one evening in the 70s he showed his viewers a telephone that one day would show the caller’s image while talking. Sure enough he was right, but what he didn’t prophesize is how everyone’s live image would add a continuous element of self awareness. In fact each time I am on a Zoom meeting I remember the old popular TV show Hollywood Squares and am grateful I am not Paul Lynde the centre square.

Disney’s telephone models were career gals dressed to the nines even though we could only see them from the waist up. You knew they were not looking like they had just been a cast member from Survivor or the film Castaway. So what do you wear to a Zoom meeting? The good news is you only have to dress the upper half of your body as it’s really what’s showing above the desk that counts, and pants are optional.

I try to look halfway decent, but again I am dressed from the waist up and no one is really asking me if I have underwear on that day. With me, you get what you see, but since I began attending Zoom meetings I have never

really looked at my face for such an extended amount of time. For the first time I have noticed that I do have reminders of my past strokes on my face. I can see how the left side of my lip droops. In reality I never noticed that before Zoom meetings and sometimes I find myself trying to adjust my lips throughout the meeting with no success. No one notices though. But, maybe they have and are just too polite to say anything. Most people have “resting coffee faces” on Zoom, so my lip droop just adds to the expression list.

I never think about what I am going to wear at a Zoom meeting. This morning I got ready in 5 minutes flat. I threw a mesh jacket over my PJs and topped it with one of my hats and necklaces. If people only knew. I was wearing bright and happy on the top and cozy on the bottom thanks to Hanes. Yes, Hanes.

Of course some feel they don’t need to see the other participants so they put up a virtual background of landscape, or Hogwarts, or just their name. They figure it’s nobody’s business to see the clutter on their desks or have people in the community gossip how bad they look in Zoom meetings. Some adjust their lighting for their best look, and I wonder if my five burnt out lights in the kitchen make me look better with dimmed lighting? Sometimes I wish someone would just upload a photo of their clean living room to give me some inspiration.

Does anyone notices the crumbs of my mini Ritz crackers I am munching on? What if I suddenly choke while drinking water if it goes down the



wrong way? One thing is for sure— after a couple of months of no hair dye the top of my head I sport the same hair colour tones as a Yorkshire Terrier or maybe more like Big Foot.

Casual Fridays have reached a new level on Zoom and every day seems to be just another day, and another Zoom

meeting. I just wish I had been clever like Walt Disney to realize all this was going to really happen— that and have the notion to buy stock in Lysol Wipes and Charmin’ or Cottonelle. I guess I just didn’t wish upon a star hard or long enough to know what was coming. None of us did.

## Quebec Maple Syrup Producers set new record for maple syrup production this year

The Canadian Press

Quebec Maple Syrup Producers say they set a new record for maple syrup production this year.

The group says this year’s harvest is estimated at more than 175 million pounds of maple syrup for all of Quebec, an average yield of 3.59 pounds per tap.

They say the addition of 2.3 million taps in the last two years and a chilly April help explain why this season was so successful.

The organization says the pandemic had an impact on processes and methods, but the syrup kept flowing.

Changes affecting the delivery of maple syrup barrels, farm gate sales, equipment cleaning, and travel between regions were introduced, the producers say.

The Quebec Maple Syrup Producers represents some 11,300 producers and 7,400 businesses.

“The resilience and ingenuity of our maple syrup producers during the pandemic has certainly paid off, and I couldn’t be happier,” Serge Beaulieu, president of the Quebec Maple Syrup Producers, said in a statement.

“This most unusual year is one we won’t forget. It will go down in the history of our organization.”



## CONGRATS CLASS OF 2020

**We know ceremonies have been postponed - and we want to honour the High School Graduates of 2020**

The Record is inviting proud parents, grandparents, aunts, uncles, friends and neighbours to send a message of congratulations to a 2020 high school graduate.

**And graduates - at no cost, send us a photo of you in your prom attire before June 5 and we will publish it in a keepsake special section, set to publish June 16.**

**Email your submissions to [classad@sherbrookerecord.com](mailto:classad@sherbrookerecord.com) by June 5, 2020**



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# Crises as a catalyst for change – Government really matters



DIAN COHEN

This week I want to back-track and dwell on a couple of issues we barely touched in past articles.

Let's start with how we're governed – something we don't think about very often. It's important, first because whether or not we succeed in transforming the economy depends on what kind of government we get after this crisis – one that wants a speedy return to the old "normal" that rebuilds the economic structures that marginalized or discredited many Canadians – or one that wants to remake the fundamentals of our social and economic life so that everyone has a home they can afford to stay in, food to nourish them, and means to acquire the necessities of life. In other words, a society that works for everyone.

As an authentically global crisis, this is also a global turning point. In Canada we need a government - in alliance with the emerging businesses that challenge the existing system – to move Canada in the direction we need to go at the rate necessary to overcome the time wasted when important deci-

sions were kicked down the road and the game was rigged to satisfy the ruling party bagmen.

So who gets elected matters – a lot. And how government policy gets implemented matters a lot too. So let's take a quick look at the public service – Canada's single largest employer, with 289,000 employees last year and Quebec's single largest employer with 78,000 employees. They run the country and province day-to-day and implement government policy. Your tax dollars and mine foot the bill not only for their salaries but for about 5 million square meters of office space. Why?

The public service has been creakingly slow to embrace technology – some systems are more than 50 years old and on the brink of failure; taxpayer money pays to maintain them. But for the last several weeks and possibly the next few months, public servants are working remotely from home. What an opportunity this is to jolt the bureaucracy into new ways of working – rethinking the need for massive office buildings and embracing digital government.

Historian Guy Stanley, author of *Rebuilding Liberalism: Social Justice with Individual Freedom* says, "Canada is way better off than a lot of countries in that many Canadians are actually looking at ways to achieve the forward bounce the country needs. Creating the new institutions and making them work effectively will not be easy. But the good news is that some reflection is taking place. Some politicians are beginning to understand the problem, but they are still missing important points like the necessity of ensuring

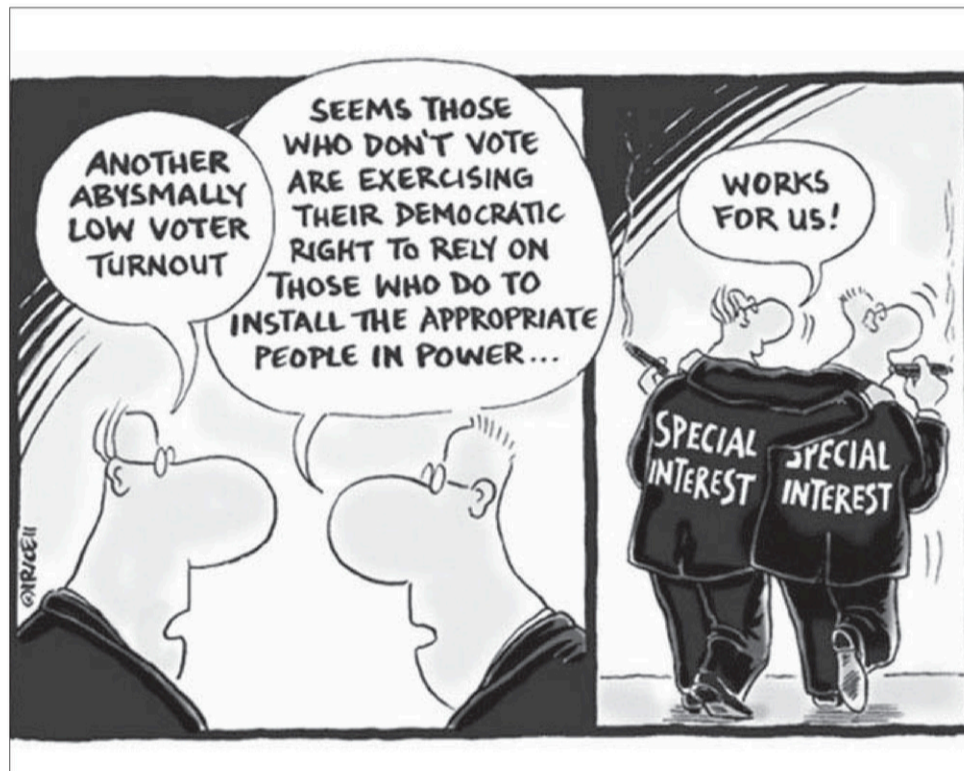
some competitive national capacity and capability at each point in the design, build, operate, cycle for the key elements of the new 5G Industry 4.0 set up."

Ann Fitz-Gerald, Director of the Baskerville School of International Affairs adds, "The COVID-19 outbreak has not only demonstrated the value of strong and competent government institutions and public confidence in those institutions, but also the importance of policy informed by evidence-based

analysis... This requires countries to identify what sort of civil society organizations they require and would therefore support. This will need to be done in a context where the bigger question is "what sort of society do we want?"

*Dian Cohen is an economist and a founding organizer of the Massawippi Valley Health Centre.*

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CARTOON BY INGRID RICE

## Julia Caron named new host of Quebec AM

By Gordon Lambie

Last week CBC Quebec named Julia Caron as the new host of its morning radio program, Quebec AM. Although the appointment is technically new, regular listeners will already be very familiar with Caron from her time spent as interim host of the show over the last several months.

"I never, ever, in a million years thought I would be applying to host a morning show during a pan-demic, but doing this kind of work, being a journalist but also being a voice that people want in-formation from during a pandemic really cements why we do what we do," she told The Record on Monday, sharing that the process of stepping into the host's chair has been very affirming for her. "I came on and initially thought it would be a month, then one month turned into two, and then three, and now here we are," she added with a laugh.

One of the interesting ironies of her new role is that Caron has more or less switched places with former host Susan Campbell, who has started serving as a roving reporter in much the same way she was prior to taking on the in-

terim hosting duties.

"I remember the first time that Susan was bringing me a report from out in the field, I heard from more than one listener that it was so funny to see the tables turned," she said, crediting Campbell with teaching her much of what she knows about the job. "When I moved to this province and would turn on the radio in the morning it was still co-hosted with Tim Belford in the Eastern Town-ships. I can't believe that someone could be moving to the city now and be fumbling through the radio dial and stumble across my voice. It feels like an immense privilege and not one that I take for granted, for sure."

Asked about what led her to the host job after having worked as a researcher, technician, producer and guest host on both Breakaway, the afternoon program, and Quebec AM, Caron described the chance as a once in a lifetime opportunity.

"Host jobs don't open up every day," she said, explaining that she got a taste for the position after having applied for the Breakaway job that ended up going to Alison Brunette in Sherbrooke a few years ago. "That was the first time I had a long stint as a guest host and I

realized how much I like it."

While Caron said that being "front and centre" is a very different experience, it comes with an en-gaging set of challenges.

"It really appeals to me in every way," she said. "I get to learn about the province for three hours straight every morning. I love it"

No stranger to the fact that Quebec AM is tasked with covering stories from all over the province, Caron shared that trying to learn about and accurately share the realities of people across such a broad range of communities never gets and easier.

"That's part of what I love about the job; the challenge of trying to reflect the diversity of stories within this gigantic beautiful province of ours," she said, sharing a particular fondness for history and stories that challenge assumptions of what it means to be an English speaking Quebecer. "I love finding stories that reflect the history of this province and the diversity of people who have



COURTESY

made it what it is today." Quebec AM airs on CBC Radio One on weekdays from 6 a.m. to 8:30 a.m.



# Run-n-gun brookies



**ON THE HOOK**  
**ANDREW HOWARTH**

The volatility of spring weather in Canada is comical—and the impetus for an infinite stream of bad jokes and small talk—but does anybody else, like me, feel that we missed out on spring almost entirely in 2020? Abbreviated transitional seasons and extreme weather are quietly becoming the ‘new normal.’ In eastern Canada, the current spring season has been characterized by unusually low water and hot weather in various locales. In response to mother nature’s swift movement from snow flurries to heat waves, I’ve shifted my angling efforts from the lower reaches of local watersheds to their headwaters.

As usual, angling success this spring will hinge on adaptation—to low water and warm temperatures, in this instance. Generally speaking, trout fishing is good in water temperatures from 45-65, where insect and aquatic ecosystem activity, fish metabolism, and comfortable weather overlap. When water temperatures exceed 65, trout metabolism and activity begin decreasing significantly, and selective angling becomes problematic due to the significant physiological consequences of catching and releasing trout in warm water. Trout anglers who want to extend their season can continue to find cold water by shifting their efforts further upstream, to areas where the sun’s warmth is still fighting a losing battle. Headwaters are often home to the crowd-pleasing, challenging, and yet forgiving adversaries that are brook trout.

In brook trout fishing, there’s a special game to be played that I’ve referred to previously as ‘ditch-hopping,’ which is motivated by the prospect of finding a ‘hidden gem.’ If catching big fish is your ideal, your approach to brook trout fishing in our region’s streams is probably mistaken. Brook trout have a unique connection to our landscape: they’re native to our numerous overlooked ‘trickles,’ unlike brown and rainbow trout. It’s a great accomplishment to discover a population of pure, wild brook trout that has gone undetected after more than a century of land development and angling—perhaps much greater than catching a transplanted brown or rainbow trout of a much larger size.

For ditch-hopping, there’s no better tool than an ultralight spinning rod, which affords anglers versatile bait and presentation options, casting accuracy, and portability. Part of the allure of ditch-hopping is its simplicity: when fishing (conventional) gear, I’ve rarely found it helpful to carry anything beyond small in-line spinners, split shot, and bait hooks. Even the best live bait options (e.g., worms, grasshoppers) are abundantly available on-location. Moving between spots is made easy and plea-

urable by carrying only what you can fit in your pant pockets.

Deadly as the UL spinning rod is, the resurgence of fiberglass fly rods has dramatically increased the fun that can be had while prospecting for stream trout. A 7’ 2wt ‘glass’ rod creates surprisingly fun fishing opportunities under circumstances that might otherwise be considered boring. Simple, buoyant dry flies like the Yellow Sally and Goddard Caddis are virtually all that’s needed when fish are willing to move, and some basic streamer and nymph patterns can be added, rounding out a rustic Altoid tin fly selection. Anglers with an appreciation for finesse will enjoy flipping spinners and skating flies around timber and undercut banks—fly anglers in particular should familiarize themselves with the ‘bow and arrow’ and/or ‘sneak’ cast.

Terms like “hidden gem” and “spot-hopping” may give this away, but my approach to ditch-hopping involves much moving around. Ditch-hopping can be passive or active, and is made possible by always keeping a rod and some basic gear in your car—prospective trout streams tend to pop up during all types of travel, especially to higher elevations. Background research and a good local tip can provide good initial leads, and you can organize your explorations by constantly working outward from your best clue at a given time.

After you’ve identified a sure-fire starting point—by a reliable first-person account, finding premium habitat, or actually catching a trout—you can explore outward by checking peripheral spots within an incrementally wider perimeter. Water temperature is an important variable to consider in your search for trout habitat, and relates closely to elevation. If you have access to a topographic map, you can identify other stream areas that may contain brook trout by following a contour line which intersects prime trout water in another location. When conditions are favourable, a good presentation is often rewarded quickly, as small stream trout are rarely in a position to pass up a potential meal. If the presence of trout isn’t evident, move quickly to the next promising spot—this is where the run-n-gun philosophy comes into play.

The best anglers from every generation have been persistent in their efforts, and disciplined in their record-keeping. Take pride in the growth and sophistication of your angling database! Your return to a brook trout stream that is all but unknown outside of your private records will provide ample validation for your efforts.



PHOTO CREDIT: ANDREW HOWARTH  
*Can you spot the brook trout? Though bright and beautiful when held, brook trout are virtually invisible in-situ. Like an experienced angler’s secrets, brook trout are naturally fleeting.*

## Even during a pandemic, you can consult.



If you need a medical consultation and have no symptom of flu, gastroenteritis or COVID-19, contact:

- Your doctor
- Your medical clinic
- Your family medicine group
- Or if you don’t have a doctor, contact Info-Santé 811

to get a consultation by phone, or if needed, in person.



Sneeze into your elbow



Wash your hands



Keep your distance



Wear a mask  
(if less than 2 metres)

## Let’s continue to protect ourselves.

[Québec.ca/coronavirus](https://quebec.ca/coronavirus)

1 877 644-4545

Votre gouvernement

Québec

# Datebook

TUESDAY, JUNE 2, 2020

Today is the 154th day of 2020 and the 76th day of spring.

**TODAY'S HISTORY:** In 1886, President Grover Cleveland married Frances Folsom, becoming the only president to marry in a White House ceremony.

In 1924, an act of Congress granted American Indians U.S. citizenship.

In 1997, Timothy McVeigh was convicted of murder and conspiracy for his role in the 1995 bombing of the Alfred P. Murrah Federal Building in

Oklahoma City.

In 2012, former Egyptian President Hosni Mubarak was sentenced to life imprisonment for his role in the deaths of hundreds of protesters during a 2011 uprising.

**TODAY'S BIRTHDAYS:** Marquis de Sade (1740-1814), author/politician; Pope Pius X (1835-1914); Thomas Hardy (1840-1928), poet/novelist; Edward Elgar (1857-1934), composer; Johnny Weissmuller (1904-1984), swimmer/actor; Charlie Watts (1941-), drummer; Marvin Hamlisch (1944-2012), composer;

Andy Cohen (1968-), TV host; Wayne Brady (1972-), actor/comedian; Zachary Quinto (1977-), actor; Dominic Cooper (1978-), actor; Justin Long (1978-), actor; Morena Baccarin (1979-), actress; Fabrizio Moretti (1980-), musician; Abby Wambach (1980-), soccer player.

**TODAY'S FACT:** The White House has hosted 18 weddings, nine of which were for children of sitting presidents.

**TODAY'S SPORTS:** In 1935, baseball legend Babe Ruth retired after 22 seasons, finishing his career with seven

World Series titles and 714 home runs.

**TODAY'S QUOTE:** "Love is a possible strength in an actual weakness." – Thomas Hardy, "Far From the Madding Crowd"

**TODAY'S NUMBER:** 336,337 – official American Indian population in 1920, according to the U.S. census.

**TODAY'S MOON:** Between first quarter moon (May 29) and full moon (June 5).

## Alternatives to traditional graduation ceremonies

When the novel coronavirus COVID-19 struck the world at the end of 2019, few people anticipated just how much the virus would upend daily life in the months to come. Because there currently is no cure or standardized treatment for the disease, the best course of action has involved maintaining social distance to help cut down on the rate of spread.

Social distancing has changed the way the public shops, interacts socially with friends and family members and attends school. For the thousands of students comprising the class of 2020, social distancing also changes how they will graduate.

Graduation decisions are something high schools and colleges have grappled with in the face of social distancing. Graduation has become a modify-as-you-go model in many towns and cities. In some instances, all in-person ceremonies have been restricted and virtual-only graduations will take place. For example, New Jersey's Department of Education was only allowing virtual graduation events as graduation season approached.

Other parts of the country have been approaching graduation plans in various ways. The Tucson Unified School District postponed its graduation ceremonies to late June rather than canceling them altogether. Schools in Spotsylvania and Fauquier Counties in Virginia held modified versions of in-person ceremonies in May, which limited the number of family members in attendance and required relatives to hand out diplomas as a safety precaution. Students in Cherry Creek School District in Colorado found out they will have a modified in-person,



students-only graduation ceremony in July. Relatives can watch the ceremony on a live stream.

The Army will proceed with this year's graduation ceremony at the U.S. Military Academy at West Point in June, with President Donald Trump giving the commencement speech for cadets. The 1,000 cadets will return to campus to attend the ceremony, which will include procession changes and other social distancing modifications in line with current health requirements.

Whether a school hosts a graduation ceremony in-person or not, families can organize their own at-home graduations. All relatives who are graduating (whether from high school, college or even those moving up from fifth grade to middle school and eighth grade to high school) can participate. Here are a few tips:

- Pool resources to borrow the right number of caps or gowns from friends

or family.

- Play "Pomp and Circumstance" over a bluetooth speaker.
- Have the graduates march around the perimeter of a yard or down a neighborhood street.
- Ask a relative to give a keynote speech.
- Take graduation photos outside of the school doors or on campus where allowed.
- Cater a graduation luncheon or dinner from a favorite neighborhood eatery.
- Employ all necessary safety precautions, such as seating guests six feet apart (2 metres) from one another and wearing masks.

Graduation ceremonies have changed due to COVID-19, but graduates can still commemorate this milestone moment in their lives.

## Do Just One Thing



By Danny Seo

During the warmer months, most houseplants can benefit from being outdoors, as many are tropical plants that flourish in the warm weather and bright sunny days. The key for success is to make sure plants aren't immediately transported from a shady spot in the home to a bright, sunny spot outdoors. Start by moving the houseplants to a slightly shaded spot outdoors, then gradually move them to a sunnier spot over the course of a few days. This can help prevent scorching them in the sun. And be sure they have plenty of drainage; in the case of a downpour, the plants will drink up what they need and allow the rest to run off.

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**1-800-668-1507**

## RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMS, BRIEFLETS:

Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)

Discounts: 2 insertions or more: 15% off

With photo: additional \$18.50. **DEADLINE:** 11 a.m., day before publication.

BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:

Text only: \$16.00 (includes taxes)

With photo: \$26.00 (\$29.90 taxes included) **DEADLINE:** 3 days before publication.

WEDDING WRITE-UPS:

\$26.00 (\$29.90 taxes included) WITH PHOTO: \$36.00 (\$41.40 taxes included)

**Please Note:** All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: classad@sherbrookerecord.com - They will not be taken by phone.

**DEADLINES FOR DEATH NOTICES:**

For Monday's paper, email production@sherbrookerecord.com or call 819-569-4856 between 1 p.m. and 5 p.m. Sunday. For Tuesday, Wednesday, Thursday or Friday's edition, email production@sherbrookerecord.com, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called. Rates: Please call for costs.

**Congratulations!**  
**60-year member**  
**May 26, 1960**

Brother Eugene Jones,  
 a 60 year member of  
 Knowlton Lodge No. 28 of  
 the Independent Order of  
 Odd Fellows.



Many years of  
 enjoyment and  
 participation in events  
 and fellowship.

Thank you  
 Brothers and Sisters

# TOWNSHIPS' CRIER

ONLINE

Townshippers' Association presents  
 Looking Ahead: Living wills and  
 mandates, Friday, June 5, 10 a.m. to 11  
 a.m. Free online or phone-in activity. To  
 reserve, email: mlj@townshippers.org.

TOWNSHIPS

If you want to drink, that's your  
 business. If you want to stop, we can  
 help. Call Alcoholics Anonymous 1-888-  
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**You want to be seen,  
 with The Record, it's possible**

**Don't miss your chance,  
 call us now!**

THE  
**RECORD**

**819-569-9525**

## Dear Annie

TUESDAY, JUNE 2, 2020

**Dear Annie:** My husband and I have been married for 43 years. I have a good life, or so I thought. I recently found out that he has had an affair. When I asked him about it, he told me that it was only for eight months. And he said the reason was because I would not initiate sex. Ha, that is a two-way street. Anyway, I did some checking and found out that it was for two years. He has seen her on Christmas and New Year's Eve. And he even met with her on OUR anniversary. Then I found out that he went to see her a few hours after I had major lung surgery.

He has cried and told me how sorry he is. And how dumb he was for doing this. Every day since I found this out, he has said he is sorry. But here is my problem. First, he lent her some money – not much, but \$400, and she paid back \$100. He has been calling her wanting the rest. I found out he called her, and he told me yes, he wants his money. I told him to forget it.

Second, he has had back surgery three times. The last one left him with numbness and weakness in both legs. And he now has some kind of erectile dysfunction. So I am wondering if he stopped seeing her to come to me so I can take care of him. We have had sex, but he is different somehow. It is not the same as it used to be, and it really makes me wonder.

How do I get over this feeling that he may still be seeing her and talking to her? I found a burner phone with her number on it. I broke it.

I don't want to go to counseling. Just some easy steps to get over all this garbage. – Sucker-Punched in Indiana

**Dear Sucker-Punched in Indiana:** It's time to start punching back. Not literally, of course, but through your actions. You might not want to go to counseling, but you really don't have a choice – for your sake, not his. Your husband has treated you very unfairly, and you deserve better. Trust

your gut. If you feel that things are different, then chances are things are different.

Different can be OK. While change is scary, it can also be wonderful for transformation. But you have to do the work. Figure out what makes you happy and what you want out of life. Hopefully, through therapy, you can learn to forgive your louse of a husband for what he did and move on – with him or without him. In the end, that will be your decision. But in the meantime, it is very important for you to focus on yourself.

Sadly, there is no quick fix, but if you do the emotional work each day, you will get better and better. Eventually, you will be so far removed from the feelings that he has inflicted on you that you will wonder how someone as wonderful as you ever dealt with a partner who lied and betrayed you.

*"Ask Me Anything: A Year of Advice From Dear Annie" is out now! Annie Lane's debut book – featuring favorite columns on love, friendship, family and etiquette – is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information.*

Send your questions for Annie Lane to  
[dearannie@creators.com](mailto:dearannie@creators.com).

**Solidarity**

**I BELIEVE. I GIVE.**

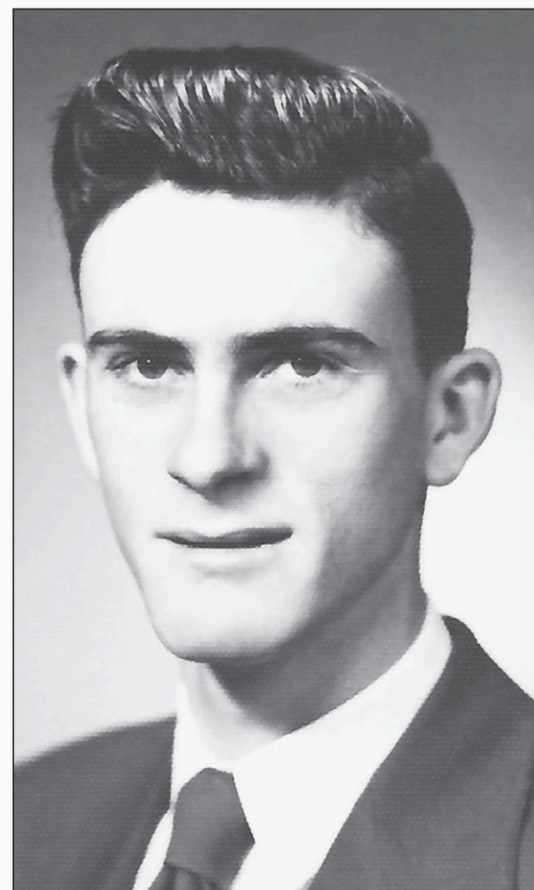


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 and Peace**

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[www.dev.org](http://www.dev.org)

**HAPPY BIRTHDAY**

**Congratulations  
 Harold Wilson**  
 on your 90<sup>th</sup> birthday on June 2.



**Happy Birthday Junior!**

Lots of love from  
 your family and friends.

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### CELEBRITY CIPHER

by Luis Campos

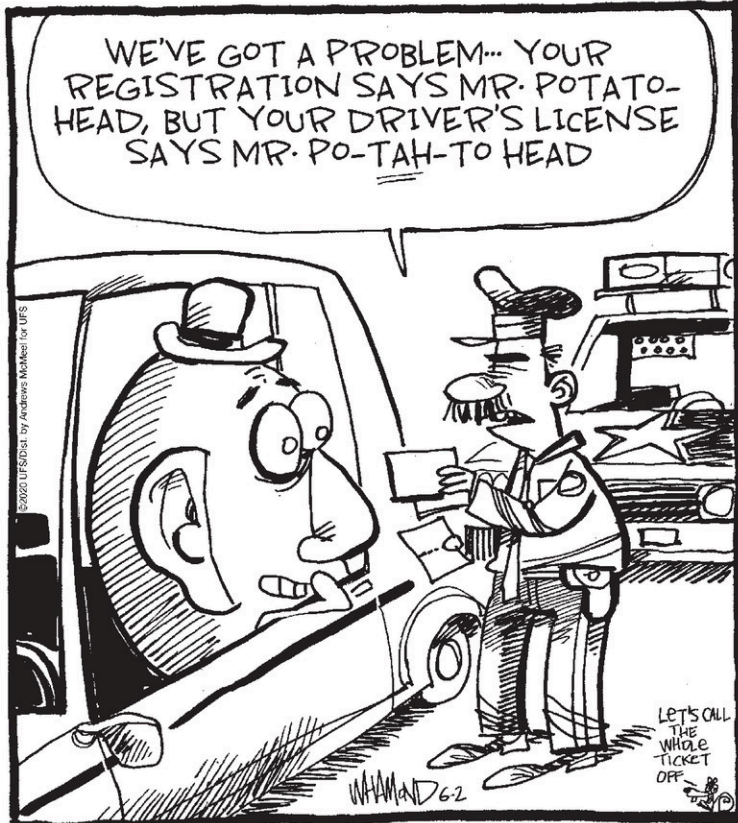
Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"CN LAS ITYILM OA YZIP CDPHBHMPM  
LAS, IP THIMP ADH KHBMAD CM  
KTHIMHO." — XIPZIBCDH ZHKESBD

Previous Solution: "Please take care of yourselves and those that you love; because that is what we are here for." — Stevie Ray Vaughan

TODAY'S CLUE:  $F \neq \text{equals } N$

### REALITY CHECK



HERMAN



"This is Dr. Elgin, our expert on tropical diseases."

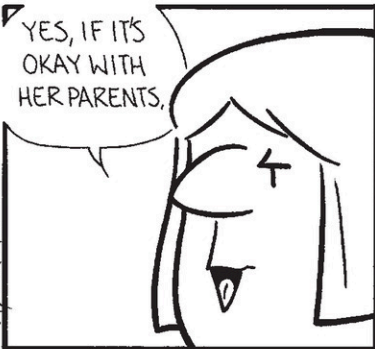
### ALLEY OOP



ARLO & JANIS



THE BORN LOSER



FRANK AND ERNEST



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Call Sherbrooke: (819) 569-9525 between 8:30 a.m. and 4:30 p.m.  
 E-mail: classad@sherbrooke.com  
 or Knowlton: (450) 242-1188 between 9:00 a.m. and noon

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Deadline: 12:30 p.m. one day prior to publication  
 Or mail your prepaid classified ads to  
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## THE RECORD

### CARRIER NEEDED in Lennoxville

The Record is currently looking for a carrier(s) in Lennoxville for the following streets:

- Amesbury
- Charlotte
- Convent
- Queen
- Warner

(9 customers)

If interested, please contact our office by phone at 819-569-9528 or email at [billing@sherbrooke.com](mailto:billing@sherbrooke.com)

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Find the right person for the job in advertising in our Career Section

Many Record readers want a career change and are looking for a new job. Shouldn't your ad be in The Record's Career Section? For reservations or further information, please call

## THE RECORD

819-569-9525

## NEA Crossword Puzzle

### ACROSS

- 1 Ms. Thurman
- 4 "Nature" channel
- 7 Amazing!
- 10 Pro
- 11 Low shoes
- 13 Zsa Zsa's sister
- 14 — — roll
- 15 Elevate
- 16 NBA official
- 17 Not in class
- 19 Vigilant
- 21 Wheel part
- 22 Amt.
- 23 Manhandled
- 26 History warehouses
- 30 Employed
- 31 — -tzu
- 32 Once called
- 33 Undercover org.
- 34 Poetic boxer
- 35 Pinocchio, e.g.
- 36 Bar sing-along
- 39 Mesa's kin
- 40 Sturgeon product

- 41 Long-horned ox
- 42 Durable fabric
- 45 Four score and ten
- 48 Roll call vote
- 49 Got nosy
- 51 Cookware item
- 53 Hardwood
- 54 Dormitories
- 55 Ill temper
- 56 Compass dir.
- 57 Glove sz.
- 58 Teachers' org.

### DOWN

- 1 Alien's vessel
- 2 Actress — Freeman
- 3 Fast horse
- 4 Fallback strategy (2 wds.)
- 5 Lure
- 6 Peter and Paul, for short
- 7 Had been
- 8 Above
- 9 Blow gently

### Answer to Previous Puzzle

M	A	R	C	V	P	S	Z	I	N	C
E	V	I	L	A	R	T	A	R	E	A
G	E	T	A	T	E	R	I	G	A	R
R	A	M	P	S	A	C	N	O	D	
	P	A	R	T	I	E	D			
Y	E	T	L	O	O	N	A	B	E	T
O	R	A	L	L			S	T	A	L
R	I	L	E	S			B	E	A	T
K	E	E	N	K	H	A	N	H	E	N
	S	O	L	O	M	O	N			
S	I	C	B	U	G	R	O	O	K	
C	O	O	L	I	D	G	E	I	V	E
A	W	R	Y	G	E	N	S	A	G	E
M	A	D	E	E	D	S	E	L	S	A

- 11 Sigmund or Anna
- 12 Sofas and couches
- 18 Farm building
- 20 Caustic substance
- 22 Je ne sais —
- 23 Ice hockey disc
- 24 China setting
- 25 Fray
- 26 Like half of us
- 27 Platoon
- 28 Ham or lamb
- 29 Withered
- 31 Body of water
- 35 — Skywalker
- 37 "Exodus" hero
- 38 Energy
- 39 Halftime marchers
- 41 Bond-buyer's concern
- 42 Tints
- 43 Snaky fish
- 44 Appellation
- 45 Cleopatra's river
- 46 Look-alike sibling
- 47 Antiquity
- 50 Drive with heavy blows
- 52 Large parrot

## SUDOKU

DIFFICULTY RATING: ☆☆☆☆☆

	5	3	1		8		6	7
	2			5			4	9
4				7	2			
6	1	8		2			7	4
		9		1		3		
7	3			9		6	2	1
			7	6				2
5	7			3			1	
1	9		4		5	7	3	

### PREVIOUS SOLUTION

3	1	9	5	7	2	4	8	6
4	2	5	6	8	9	3	1	7
7	8	6	4	3	1	5	2	9
8	3	1	9	5	7	2	6	4
9	5	4	8	2	6	7	3	1
6	7	2	3	1	4	8	9	5
5	6	7	2	9	3	1	4	8
2	4	8	1	6	5	9	7	3
1	9	3	7	4	8	6	5	2

**HOW TO PLAY:** Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

1	2	3		4	5	6		7	8	9
10				11			12		13	
14				15					16	
	17		18				19	20		
			21			22				
23	24	25			26			27	28	29
30					31				32	
33					34			35		
36			37	38			39			
			40				41			
42	43	44			45			46	47	
48				49	50			51		52
53				54				55		
56				57				58		

# NEA Crossword Puzzle

# Your Birthday

TUESDAY, JUNE 2, 2020

Answer to Previous Puzzle



- ACROSS**
- 1 Again and again
  - 4 Calibrates
  - 8 Shipboard direction
  - 11 Mr. Tolstoy
  - 12 Zeus' wife
  - 13 Speak highly of
  - 15 Wheel nut
  - 16 Make muddy
  - 17 Vanish — thin air
  - 18 Platitude
  - 20 Air rifle (2 wds.)
  - 21 Hula accompaniment
  - 23 Colorful carp
  - 24 Blushing in Baja
  - 27 Water, cutting tool (Var.)
  - 29 Summits
  - 33 Hurried
  - 34 Limb
  - 35 Pharmacist — Lilly
  - 36 Eggy drink
  - 37 Vocal music
  - 38 Tax form ID
- DOWN**
- 39 Ego
  - 40 Stew ingredients
  - 41 Crestfallen
  - 42 Checkout ID
  - 44 Ceases
  - 47 Brand name
  - 51 Livy's bear
  - 52 Icy burg
  - 55 Kennel sound
  - 56 Petri dish contents
  - 57 Scintilla
  - 58 Joule fraction
  - 59 Storm center
  - 60 Hosp. workers
  - 61 Continent divider

- 7 Bando or Mineo
- 8 Cover story
- 9 Long tooth
- 10 Ballet garb
- 14 Comedian — Knotts
- 19 People, informally
- 20 Jungle crusher
- 22 Held down a job
- 23 Bruce Lee's art (2 wds.)
- 24 Road map nos.
- 25 Greases
- 26 Make a cocoon
- 28 Brit's poky
- 29 Lotion ingredient
- 30 Warrior princess
- 31 Batter ingredients
- 37 Pet lovers' grp.
- 39 Stockholm carrier
- 41 Gawk
- 43 Requests
- 44 Sine — non
- 45 Advise
- 46 Do as —!
- 48 Farewells
- 49 Ireland
- 50 Links' org.
- 52 Nothing
- 53 Comic strip caveman
- 54 Geog. feature

Keep life simple and your plans doable. Prioritize what you want to accomplish, and you'll reach your expectations. A secretive approach to the way you handle private matters will help ward off outside interference. Pay more attention to personal growth, keeping up with technology and making better life choices.

**GEMINI** (May 21-June 20) - Trust in your judgment, not someone else's. Don't limit what you can do because you are too busy doing things for others. Put your responsibilities first before helping others.

**CANCER** (June 21-July 22) - Emotional spending will not lower your stress. Spend your time productively, find outlets that will help you declutter your life and push you in a direction that brings money in, not out.

**LEO** (July 23-Aug. 22) - Having fun will come at a price. Think before you promise to engage in something costly, risky or that could threaten your health. Too much of anything is discouraged.

**VIRGO** (Aug. 23-Sept. 22) - Think twice before you do something that might jeopardize your reputation or your relationship with someone you have to deal with daily. Diplomacy will curb an adverse reaction.

**LIBRA** (Sept. 23-Oct. 23) - Take time to relax and plan your day. Personal growth and a lifestyle change will be the boost you need to motivate and inspire you. Enjoy, but don't overspend.

**SCORPIO** (Oct. 24-Nov. 22) - A

premature move will leave you feeling uncertain. Do a quick tally of your expenses to put your mind at ease before you continue. An unexpected reunion will intrigue you.

**SAGITTARIUS** (Nov. 23-Dec. 21) - Helping others is honorable, but don't let anyone take advantage of your generosity. Charity begins at home, and time spent nurturing a meaningful relationship will be worthwhile.

**CAPRICORN** (Dec. 22-Jan. 19) - A change at home or regarding your job looks promising. Speak up about the way you want to see things unfold and you will make an impression that will help you get what you want.

**AQUARIUS** (Jan. 20-Feb. 19) - Home improvements, financial gains and a personal change that boosts your ego are all within reach. Refuse to let anyone stand between you and your happiness. Romance is favored.

**PISCES** (Feb. 20-March 20) - Take better care of your physical well-being. Taking risks will put you in a dangerous position. Think before you act or commit to something questionable.

**ARIES** (March 21-April 19) - Follow your heart and your passion. Pursue your dreams and find the happiness you long for. Develop skills that will help you market who you are and what you want to pursue.

**TAURUS** (April 20-May 20) - Uncertainty will set in if you try to make a move without being prepared. Too much of anything will leave you at a loss. Be moderate, regardless of what others choose to do.

TUESDAY, JUNE 2, 2020

## The mechanics play bridge also

By Phillip Alder

Soon after writing the previous column, I was reading a "Peanuts" compendium. Lo and behold, there was another deal.

Snoopy is flying back to the aerodrome in his Sopwith Camel. "He knows his faithful mechanics will jump up and down and cheer when they see him land." Not quite - they are playing today's deal. What should West lead against four spades?

The North hand, with 10 high-card points, looks a tad strong for a single raise. However, with nine losers, it is a reasonable response. But when South makes a help-suit game-try, North must jump to four spades, especially with such good diamonds. (Yes, three no-trump would not face any turbulence, but that is a tough contract to reach.)

After a black-suit lead from West, declarer might just draw trumps and, knowing that West has at least eight major-suit cards, play a diamond to dummy's ace. He will have no more worries.

A much more successful choice by West is the heart ace. When East follows with the jack, West, hoping that his partner's card is a singleton, continues with the heart 10, a suit-preference signal for the higher-ranking of the

North				06-02-20
♠ K 10 7				
♥ 9 8 4				
♦ A J 10 8				
♣ Q 7 3				
West		East		
♠ J 4 3		♠ 8 2		
♥ A Q 10 7 6 3		♥ J		
♦ —		♦ Q 7 6 5 2		
♣ K 10 9 6		♣ J 8 5 4 2		
South				
♠ A Q 9 6 5				
♥ K 5 2				
♦ K 9 4 3				
♣ A				
Dealer: South				
Vulnerable: Both				
South	West	North	East	
1♠	2♥	2♠	Pass	
3♦	Pass	4♠	All Pass	
Opening lead: ??				

other two side suits. East ruffs this trick and, as requested, returns a diamond. West trumps that, gives his partner another heart ruff and trumps the second diamond to take the contract down two.

In the next cartoon, Snoopy gives his mechanics a dressing-down. Woodstock then asks something. Snoopy answers, "Well, with three kings, I'd have gone right to six spades." That might have referred to yesterday's deal.