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TUESDAY, OCTOBER 29, 2019

# No charges to be laid in the death of Riley Fairholm

By Matthew McCully

The office of the crown prosecutor (Directeur des poursuites criminelles et pénales-DPCP) released a statement yesterday explaining that no charges will be laid against Sûreté du Québec (SQ) officers in the shooting death of 17-year-old Brome Lake teen Riley Fairholm.

In the early morning of July 25, 2018 Riley Fairholm was intercepted by six SQ officers, walking alone near the corner of Knowlton Road and Victoria Street in Brome Lake carrying a BB gun. After refusing to drop his weapon, Riley was shot once in the forehead.

According to the DPCP, the analysis of the evidence does not reveal the commission of a criminal offence by the Sûreté du Québec (SQ) police.

"We're not surprised," Wing said, adding she had yet to fully process the information. The announcement was sent to media outlets at the same time as the decision was being explained to Wing.

"We did learn some things," Wing said. "She didn't convince us that the officer was justified when the other five didn't even raise their weapons."

Wing also learned that the night Riley was shot the negotiation with the officers took a total of one minute.

"There was no negotiation. They said drop your weapon, he didn't drop it, they shot him," commented Wing.

She wasn't told the age, gender or level of experience of the officer who shot her son.

Wing added that the DCPC's investigation was exclusive to the time the 911

CONT'D ON PAGE 3

# New wellness centre opens at Massawippi Valley Health Centre



GORDON LAMBIE

By Gordon Lambie

The Massawippi Valley Health Centre inaugurated its new wellness centre on Monday, taking another step forward in the ongoing project of improving and developing the Ayer's Cliff-based health cooperative. Located on the lower floor of the clinic building, the centre opens up additional multipurpose space for workshops and activities while also moving some of the

preventative medicine elements downstairs to free up more room for doctors on the main floor.

"We think that the recipe for health and wellness is simple enough; good nutrition, exercise, stress reduction and feeling included in a community," said Ines McNeill, the General Manager of the Centre. "What we want to do here is provide people with the tools they need to lead a healthy lifestyle."

McNeill explained that the new cen-

tre features a multipurpose room that is already being used for yoga and tai chi groups and will also eventually serve as a workshop space and an exercise room. The lower level also has an office space for a nutritionist and a physiotherapist to help round out the offering of services that can contribute to healthy living without necessarily being on the front lines of healthcare.

"Because we don't have many doctors

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THE  
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## Weather



TODAY:  
MIX OF SUN  
AND CLOUD

HIGH OF 12  
LOW OF 8



WEDNESDAY:  
SUNNY

HIGH OF 14  
LOW OF 5



THURSDAY:  
RAIN

HIGH OF 12  
LOW OF 6



FRIDAY:  
RAIN

HIGH OF 8  
LOW OF 1



SATURDAY:  
30% CHANCE  
OF RAIN OR  
FLURRIES  
HIGH OF 6  
LOW OF 0

# The making of Steampunk Santa



DISHPAN HANDS

SHEILA QUINN

**S**herbrooke resident Alain Marcoux has had his share of costume creation in the past. 'With four kids, making costumes is a given. Either for Hallowe'en, plays, grandeurs natures (live-action-role-playing), or just for fun on any given day.'

When his significant other, Sonia Patenaude, invited him to join her at her friends' annual thematic Hallowe'en bash in 2017, he was pleasantly surrounded by people who really made an effort with their costumes. He decided to get in on the fun.

And by get in on the fun, I mean that the theme for the 2019 edition of the party was announced around February....he already had his idea and that cemented it! The theme was probably the most challenging one, and as the eleventh such gathering of friends, it was bound to be, eventually. They'd had childhood heroes, science fiction, Game of Thrones meets Rocky Horror Picture Show, Harry Potter meets Lord of the Rings, among others.

The 2019 theme was announced as....A STEAMPUNK YULE.

Now, we have a rough idea of what 'yule' is - we know it's Christmas-esque. Originally celebrated by Germanic peoples, Yule or Yuletide begins on the winter solstice (December 22nd this year) and ends eleven days later. The original celebrations were related to 'the Wild Hunt, the god Odin, and the pagan Anglo-Saxon Modraniht'. As was the case with many traditions, Yule went through 'Christianised reformulation', and became more widely known as Christmastide. Think of the twelve days of Christmas, and you'll see a hint of it in common Christmas celebrations.

So what is Steampunk? It's 'a genre of science fiction that has a historical setting and typically features steam-powered machinery, rather than advanced technology.' Also, 'a style of design and

fashion that combines historical elements with anachronistic technological features inspired by science fiction.' Think goggles, and Jules Verne, top hats and lots of brown leather.

Needless to say, this theme left a few of the preparing party-goers wondering what to do next, but not Alain Marcoux. He was ready. He was going to be Steampunk Santa.

First...THE BEARD. 'When I was told about it (the party), I heard Steampunk Santa right off, and learned later it was a steampunk yule! So the idea came quickly, and the beard I had grown the previous fall for a web series I did. So, I knew I could let it grow and play with it. And yes....I did let it grow for a full five months.'

Do you know anyone who grew a costume ON THEIR BODY, for five months? Now that's dedication to craftsmanship.

The creation became a family affair. 'On top of it, I got my daughter Aurélie involved. It does help that she does that for a living. She is a scenographer. So, as soon as I found something, I would send it to her. She came down one weekend and tied everything together.'

Saturday night saw the annual gathering of friends who will never recognize one another in the street. They may have met every year for the last eleven and not have any idea what they actually look like! Steampunk Santa was there, with his beloved Sonia, who complimented her Santa dressed as a light-up Steampunk Christmas Angel tree topper!

The competition in costume quality was fierce this year. Long-time party-attendees the Franssen-Mitchell family arrived dressed as the cast of *The Nightmare Before Christmas*, another friend created a set of giant gears she created, sported down her front, and our clan (eight of us this year) were the cast of *A Christmas Carol*, stylized towards the steampunk theme, Charles Dickens included.

Sure enough, Alain Marcoux took home the top prize! Markayza Mitchell got top honours in the youth category with her incarnation of Sally from *The Nightmare Before Christmas*, and my youngest son was a close second with his steampunk Ghost of Christmas Past (with a full mohawk made of wire Dollarama Christmas trees).

As if an annual gathering of friends wasn't enough to organize, Hallowe'en's approach means that host Louis-Philippe Hébert has already been hard at work for months acquiring new haunts for the outdoor haunted lawns of Beechmore, the estate he shares with his husband,

Léo.

Visited by thousands on Hallowe'en night over the now ten years of setting up the picturesque acreage stretching along Chemin de la Rivière in Cleveland (just on Richmond's outskirts), 2019 will not disappoint.

Returning to the original set-up situated from their mailbox at the first driveway (on the Richmond side of the house) this year any 'coulrophobics' beware (that's fear of clowns, guys), there is a 'Funhouse' that isn't so fun, and nine feet of giant clown to contend with, among others circus-themed bits among the horror, all in the name of Hallowe'en haunts!

Haunted Beechmore will be operational from 6:30 - 9:00 on Hallowe'en night, located at 310 chemin de la Rivière, Cleveland (just alongside Richmond, near the Ste. Anne's Cemetery).

Have a safe and happy Hallowe'en everyone, and may you be visited by the Hallowe'en Spirit of Inspiration in the few days before trick-or-treating begins - make sure to make your costumes visible to drivers on Hallowe'en night, and parents, don't forget that it is law to sample your children's candy. (At least that's what I was told....mouahahahaaaaah!)

(Details on yule gleaned from Wikipedia, and steampunk definition from Google.)



SONIA PATENAUDE

Alain Marcoux as Steampunk Santa and his significant other, Sonia Patenaude as the Steampunk Angel Treetopper.

## Ben by Daniel Shelton



# LOCAL NEWS

*"They weren't able to convince me why one officer fired and the other five did not."-Tracy Wing*

## Sherbrooke public transit wants to hear from you

Record Staff

Next week the Société de transport de Sherbrooke (STS) will launch PARLONS STS, an online survey and research platform made up of clients aged 16 and over in the urban network.

The STS would like to hear the opinions of users registered on the customer

platform in order to share their views on various topics related to public transit in Sherbrooke.

A great opportunity to express yourself and be heard, the floor is yours! "PARLONS STS will allow us to regularly measure customer satisfaction, listen to them and engage them. Panelists will have the opportunity to influence the development of public transit because it

is part of their daily lives," said Louis-André Neault, Director of Marketing, Service Quality and Partnerships. PARLONS STS, IT IS: a group of STS clients; short online surveys (more than ten per year); registration and participation prizes; research activities that will focus, among other things, on the quality of service provided, current and future projects, customer experience, travel infor-

mation.

The STS explained that by registering, urban transit customers will have the opportunity to share their experiences and opinions on various aspects, contribute to the improvement of STS services and influence the future of public transit in Sherbrooke.

Details and registration are available at [parlonssts.ca](http://parlonssts.ca).

## Riley Fairholm

call was made, until the time Riley fell to the ground.

"Didn't matter what his (the officer's) state of mind was, didn't matter if he/she was hungover," Wing said, offering examples, "Or if he/she had been involved in 10 other incidents. That doesn't count."

"Two people decided this case," Wing said. "They were the judge and jury," she said, explaining the only conclusion made was that the officer in question was scared and feared for his/her safety, therefore acted appropriately.

"They weren't able to convince me why one officer fired and the other five did not."

According to the DPCP statement,

during the interaction with police Riley told the officers he had been planning his actions for five years. The statement also pointed out that Riley, who called 911 himself, had contacted relatives expressing the intention to end his life.

"He was planning what?" Wing asked. "Seventeen years old, he didn't know it will get better," she said. "It took one minute to kill him."

"I don't think that was the last resort," Wing said, adding that she was told by the DPCP that the officer was 105 feet away from Riley standing behind the door of the squad car when the shot was fired.

Near the end of yesterday's meeting with the DPCP as Wing was expressing

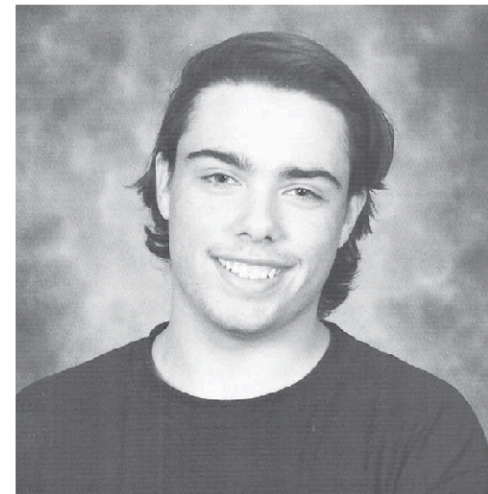
her frustration, she was told, "If we made the laws too restrictive, we would have nobody applying to be a cop."

"What do you do with that?" wing asked.

Wing and Riley's Father Lawrence Fairholm have a case pending with the Police Ethics Commission, calling into question not only the handling of the police intervention, but the investigation that followed.

Wing said she is trying to process the decision she received yesterday.

"I still have a few letters to write," she said, adding that she expects a decision from the ethics commission and more details of Riley's case to be made available in the coming months.



COURTESY

## Massawippi Valley Health Centre

CONT'D FROM PAGE 1

and it's hard to get doctors, one of our goals is to do more prevention work," said Richard Violette, the President of the cooperative, explaining that while doctors are helpful when you have an illness or injury that needs immediate attention, preventative medicine focuses on trying to keep people healthy in the first place. He said that the programs and services offered through the wellness centre will aim to help with both physical and mental health among the members of the cooperative.

Vincent Guérin, Mayor of Ayer's Cliff, praised what he called an "evolution in the mission of the clinic."

"The goal of a clinic should not just be to care for people when they are sick," he said, underlining the centre's commitment to health living as one of the main reasons the municipality continues to support the cooperative. "We are very, very fortunate to have this clinic in Ayer's Cliff," he added.

According to Violette, the work to transform the co-op's essentially unfinished basement into a functional and accessible wellness centre took more than a year and an investment of roughly \$150,000. Of that total, \$50,000 came from the federal government in the form of a grant aimed at improving accessibility for people with limited mobility, with another \$30,000 coming from Desjardins, and \$30,000 over three years from the town of Ayer's Cliff.

"It's nonsense not to support this kind of initiative," said Maxime Ferland from the Caisse Populaire Memphremagog, explaining that as Desjardins is, itself, a cooperative, the credit union sees itself in the health clinic project and is happy to give back to a program that is investing in its members' health.

At this point the Massawippi Valley Health Centre has 2,067 members who are being service by one full time doctor and one part timer, although 390 of those are non-paying members (students or children). In order to break even, Violette said that the number of paying members would need to climb to 2,800.

"Right now we have a yearly deficit of around \$50,000," he said, explaining that the centre hopes to be able to pick up an additional doctor in the next six months to help raise the membership numbers to that break even point and help the clinic become viable in the longer term.

The president shared that the clinic has been visited by as many as seven doctors who are interested in coming, but explained that all are limited either by further study or by the administrative restrictions of the healthcare system. He remained optimistic that an additional doctor will be able to come, however, because of the fact that Health Minister Danielle McCann has shown herself to be supportive of the project on several occasions.

"We're really hopeful this will happen," he said.

In the mean time, however, Violette expressed his gratitude to the members of the cooperative and its employees for the centre's continuing success in the

face of challenges.

"The people who are working here are probably the best you can find," he said.

CALLING ALL ARTISTS AND ARTISANS

only  
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The Record will publish a special section on November 8 listing all the Christmas Craft Bazaars and Shows in the area.

Artists, artisans, churches, schools, individuals, send your listing to The Record by **November 4** to [classad@sherbrookerecord.com](mailto:classad@sherbrookerecord.com) to promote your event.

THE RECORD

Listings must be paid in advance. We accept visa or mastercard.

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# School Page

## Sawyerville Elementary School

The year is flying by very quickly. On the first day of school we rented "bouncy houses" and planned an activity day to help the students to ease into the new school year. It was also exciting for the students to see our school's newly renovated gym.

On September 4th the school's annual Open House was held at 7:00 p.m. and the parents had the opportunity to

meet with us and discuss this year's curriculum. We took the students on a Field Trip to Jouvence, located at the base of Mt. Orford, on September 9th. We spent the day participating in nature based team building activities. The kids had fun learning survival skills and playing in nature all day. We held our annual Walk-a-thon on September 23rd and then we participated in the Terry Fox

Run on September 26th so we got our exercise that week.

The Cycle 3 class went to visit the museum at The Hut (ANAF) in Lennoxville on October 1st. Mr. Lowd's science class had fun pressing apples and tasting pure natural apple juice that they made themselves. Yummy! On Wednesday Oct. 9, students from Grade 4,5 and 6 participated in the first Ultimate Frisbee tour-

namment against Pope Memorial and Cookshire Elementary. On the same day some students from Cycle 2 and 3 participated in the Cross Country Run at Bishop's University. Pictures from most of these events can be seen on our school's Facebook page.



Apple juice making



Terry Fox Run



Walkathon



Jouvence



Cross-country run

### THE RECORD

has 4 pairs of tickets for each of the following concerts at Centennial Theatre, Bishop's University.

#### Olivier Hébert et LoFi Octet

Correspondance  
November 1, 2019  
8 pm  
Bandeau Hall  
Bishop's University  
819-822-9692  
ubishops.ca/mcn



November 1

#### Les Voix Humaines

4 Saisons, 4 Violas  
Le Quattro Stagioni  
Antonio Vivaldi  
November 8, 2019  
8 pm  
Bandeau Hall  
Bishop's University  
819-822-9692  
ubishops.ca/mcn



November 8

INFO 819-822-9692 | WWW.CENTENNIALTHEATRE.CA

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If you would like a pair of tickets to either or both of these concerts, call 819-569-9525 after 9 a.m. October 31.

# Brainstorming session to discuss plans for Saint-Luke Anglican Church in Magog

Record Staff

The Town of Magog is inviting the population to participate in a brainstorming session regarding the conversion of Saint-Luke Anglican Church and its community hall.

The event will take place on Wednesday, Nov. 6, from 7 p.m. to 9 p.m., in the Ovila-Bergeron Room of the Magog Community Centre (95 Merry Street North). Interested participants have until Monday, Nov. 4 to register online at [ville.magog.qc.ca/foryou](http://ville.magog.qc.ca/foryou) or by phone at 819-843-3333, ext. 336.

In the hours leading up to the event, citizens can visit Saint-Luke's church and its community hall, located at 122, rue des Pins, between 5 p.m. and 6:30 p.m., on Nov. 6.

During the consultation, the City of Magog would like to hear from locals about what type of project would be best suited for the building.

Located a few steps from downtown Magog, Saint-Luke Church and its community hall were put up for sale by the owner, the Anglican Diocese of Quebec City. Before going any further, the City would like to know what residents think about the conversion of the site.

In 2018, the City had Saint-Luke

Church and its community hall cited as a heritage site under the Cultural Heritage Act. Ranked 4th and 8th respectively among buildings of particular interest in the Magog territory, the buildings have a significant heritage value. They are already listed in the Répertoire du patrimoine culturel du Québec. However, this classification does not prevent the new purchaser from giving a second life to the church and its community hall by finding a new vocation for them.

The brainstorming session is being organized in collaboration with the School of Applied Politics of the Université de Sherbrooke and is part of the City of Magog's desire to consult citizens before decisions are made.

During its construction, which lasted about ten years on land that Ralph Merry V transferred to the Anglican diocese of Quebec City in 1885, Saint-Luke Church was located in the heart of the small Magog bourgeoisie of the 19th century. The parish also has a room to the north of the church, which is very similar in style to New England Meeting Halls. This room is also known to have sporadically hosted Freemasonry meetings and accommodated religious minorities who met regularly there.

# Call for local food infrastructure projects

Record Staff

The office of Compton-Stanstead MP and Minister of Agriculture and Agri-Food Marie-Claude Bibeau is reminding citizens that funding is available through a new Local Food Infrastructure Fund.

Interested parties have until Nov. 1 to submit a project.

This Fund has two streams and aims to strengthen food systems to be resilient, integrated and sustainable, and to facilitate access to safe and nutritious food, primarily for the less privileged.

Stream 1: Infrastructure and Equipment Improvement Projects - aims to enable small community-based organizations to improve their infrastructure and purchase equipment that is directly related to the accessibility of healthy, nutritious, and ideally local foods within their community.

The eligible applicants are:

- community or charitable organizations, not-for-profit
- Indigenous organizations
- municipal and regional governments in areas where there are no not-for-profit organizations that provide food services

To be eligible, an organization must:

- have been in operation for at

least two years

- demonstrate the viability and sustainability of the services to be supported by the project
- be a legal entity capable of entering into a legally binding agreement

Applicants are eligible to receive up to \$25,000 in non-repayable funding. Only one proposal can be submitted and applicants must demonstrate that they and their local partners contribute up to 50 per cent in cash, materials and time associated with the project.

Stream 2: Projects to Strengthen Local Food Systems - targets community groups, municipal, private, academic and other organizations that collectively have the mission to reduce food insecurity in a sustainable manner by strengthening or establishing a local food system.

Applicants may receive up to \$250,000 in non-repayable financial assistance for capital and food equipment. This will be a three-year multi-year, non-recurring funding.

Following a consultation with stakeholders, a single call for proposals will be launched in early 2020. Feedback on the subject can already be shared online. More information is available at <https://www.canada.ca/en/campaign/food-policy.html>.

# NATIONAL CAREGIVERS WEEK



**Please take a moment to answer this short survey on seniors and their caregivers:**

Are you looking after a loved one, a neighbour or a friend experiencing a loss of autonomy? If you answer YES to one of the following questions, **you are a family caregiver.**

1. In the past years, have you provided this person with services such as home help, respite, personal care, etc.?  YES  NO
2. Do you sometimes have to pass up activities you enjoy, change your schedule or refuse invitations in order to be available for this person?  YES  NO
3. Would you need one or several of the following services:  
 Transportation  Meals on Wheels  Listening   
 Respite  Home Help  Other  Specify: \_\_\_\_\_

Do you know of anyone who may need **CASA's** support?

**Return your answers** In person at the Municipal Office, or by mail : [blanche.paquette@municipalite.austin.qc.ca](mailto:blanche.paquette@municipalite.austin.qc.ca) or answer by phone: **Michelle 514-696-5796 or Blanche 819-560-1822.**

**Join us on November 3<sup>rd</sup> at 1.30 P.M. at Townhall for a humoristic conference**  
 (45 min. French, voluntary contribution)  
**followed by exchanges between caregivers**  
 (60 min. bilingual)

**Let us know if you'll need help with respite to attend this event.**



Municipality of Austin, 21 ch. Millington, Austin. JOB 1 B0

# EDITORIAL

The material that still causes a lot of trouble at Récup Estrie is paper.

## Letters

# Récup-Estrie sets the record straight

Your waste pays off!

Submitted by  
Récup-Estrie

It's Waste Reduction Week and to reduce, you have to recycle. The Régie de récupération de l'Estrie, grouping municipal estrien, is responsible for sorting 31,000 tonnes of recyclable materials produced by more than 200,000 people for their recycling enhancement. Recyclable materials passing through the sorting centre of the organism benefits from a second life.

Significant revenues for  
Récup-Estrie

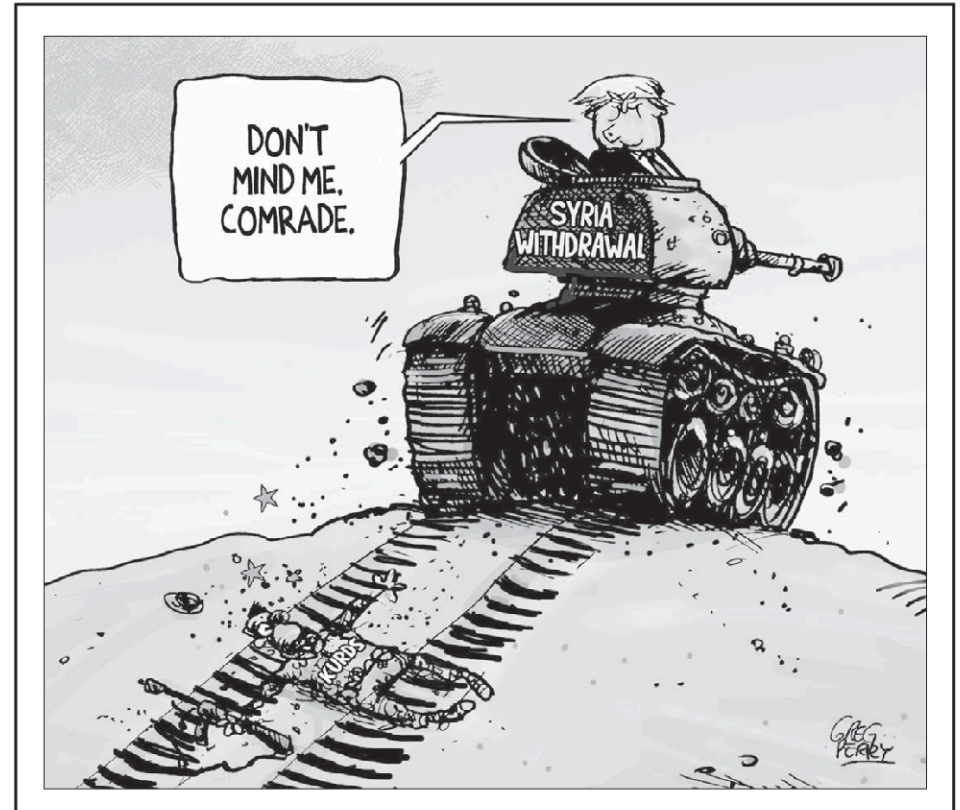
In recent months, several rumours have been circulating about recycling of the materials. Indeed, some have suggested that all the materials that are found in the green bin were automatically buried. However, Récup-Estrie wants to set the record straight. The materials that the organization receives via selective collection of partner municipalities are mostly sold to different companies that offer them a second life, which is directly related to the Recup-Es-

trie mission. Revenues generated over the last nine months are very encouraging. As of September 30, 2019, the sale of materials by the organization generated revenues of \$1,209,913. The materials that are given a second life include bottles and plastic containers, cardboard boxes, aluminum cans and other metals.

"Récup Estrie is a healthy organization that contributes greatly to make partner municipalities greener while generating significant revenues. While we still have important challenges ahead, I am extremely proud of the team of four dedicated and dynamic people who perform real miracles with limited resources," commented president of Récup Estrie, city councillor Pierre Avard.

Paper, a problematic material

The material that still causes a lot of trouble at Récup Estrie is paper. To be able to resell the paper to companies that will revitalize it, this material must have a certain quality and it must not be contaminated by plastic. For example, the famous bags of flyers that are often



found in green bins is problematic because the paper is not separated from the plastic. This problem causes significant revenue losses for the company. The cost was over \$307,522 for Récup-Estrie to dispose of paper that cannot be sold over the last nine months. In order to remedy this problem, which reduces the organization's income, the Régie recently issued a call for tenders in order to provide optical sorting equipment to remove plastic that is found in paper batches. This new process will improve the quality of the paper, which will make it easier to sell.

Récup Estrie is achieving significant results with the use of minimum resources. Despite the drop in material prices, the 155,000 doors in the six participating MRCs each contribute around \$10 each. "I am very proud of the progress made by Récup-Estrie in recent years. Collectively, we chose to evolve in a greener society and the mission of the Régie is in direct line with this social project. Much remains to be done, but the organization I chair is certainly on the right track," concluded Récup-Estrie's president, Pierre Avard.

## Public transit, the unloved in Sherbrooke

We often say that to love is 'to take care of... However, following recent debates on parking lots in Sherbrooke and the agreement reached for the Wellington South project, we have to acknowledge the diverse opinions in Sherbrooke on what we mean by "sustainable development"!

If we consider the importance we give to cars, seen by many as a necessary element that must not be diminished for Sherbrooke's economic development, and the benches and garbage bins that

we distribute unequally in the city's various districts, we may wonder whether GDP and politics do not fully minimize the effect of greenhouse gasses and the well-being of all Sherbrooke residents, what we called not so long ago the "common good".

Since the launch of our video "40 years of adapted transportation in Sherbrooke" in October 2017, at Parc André-Viger on Prospect Street, in Mrs. Beaudin's district, RUTASM has been asking for a bench at the bus stop near the

entrance to the Park. The testimony of an elderly person residing in the area who reports that it would be appreciated has not so far caused those responsible to bend. And yes, a bench to wait for the bus! A schedule (infobus) at a bus stop requested this summer on Prospect, passed the convenience store from the Prospect/Jacques-Cartier corner to the Carrefour, with very valid arguments concerning the positioning of the bus stop, received a formal "no", time had passed for those requests. A simple bus schedule to inform! No, public transit is not sufficiently appreciated in Sherbrooke, nor is the "well-being" of the users who use it, especially for those without cell phones!

In the city centre, we love the car, we invite it, we'll make room for it. We've packed up the city buses, are we going to do the same with the coach busses? Buses and taxis, such as public transit, are unloved in Sherbrooke: no reserved lanes, no "protected" bus stops, a first contract announced with Netlift. Not liked also at the level of a minister with his 3rd link and his abolition of taxi permits. And not very well liked by the recently elected owner of Trans Mountain....

RAYMOND DUQUETTE  
PRESIDENT OF RUTASM  
FRANCE CROTEAU  
COORDINATOR

The Record welcomes your letters to the editor. Please limit your letters to 300 words. We reserve the right to edit for length, clarity, legality and taste. Please ensure there is a phone number or email where you can be reached, to confirm authorship and current town/city of residence. Names will not be withheld but the address and phone number of the writer are not published, except by request.

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	1 MONTH	9.78	0.49	0.98	\$11.25

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The Record is published daily Monday to Friday. Back copies of The Record are available.

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Member

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# Local Sports

Next up, the Gaiters (women's hockey) are off until Nov 16th when they travel to Paxton, Massachusetts to take on Anna Maria College.

## BU athletes of the week

Submitted by Bishop's University

**D**anielle Armand (Montreal, Que./Cégep Gérald-Godin) of the women's hockey team, and Matt Wolf (Rye, NH/Gould Academy) of the lacrosse team are the Provigo, Robert Lafond Bishop's Athletes of the Week for the week ending Oct. 27th.

Armand, a third-year Physics student, led the offence for the Gaiters women's hockey team in their exhibition match up against the Korean National Team. She scored two goals to help Bishop's secure a 4-0 victory.

Next up, the Gaiters are off until Nov 16th when they travel to Paxton, Massachusetts to take on Anna Maria College.

Wolf, a fourth-year Sports Studies student, was rock solid in goal for the Gaiters lacrosse team. He made a number of huge saves in 60 minutes of action as he led Bishop's to a crucial 7-4 win over the Queen's Gaels.

Next up, the Gaiters will travel to North Bay, Ontario to take on the Nipissing Lakers in a CUFLA East playoff, with the winner punching their ticket to the Baggataway Cup in Montreal. Faceoff is set for 1 p.m. on Saturday.

Stay tuned to [www.gaiters.ca](http://www.gaiters.ca) and #GaiterNation or @BishopsGaiters on social media to follow the Gaiters.

**provigo** Robert Lafond

**Athletes of the Week**

**BU**

**MATT WOLF**  
Lacrosse

**DANIELLE ARMAND**  
Women's Hockey

EVERY MOMENT COUNTS

CLARE WEBB

## BCS senior boys soccer undefeated this season

Submitted by Bishop's College School

**T**hree weeks ago, we proudly shared that our Senior Boys Soccer Team had wrapped up an undefeated regular season in the ETIAC as they headed into the playoffs. We're happy to report that their win streak carried on as they were crowned this year's Division II champions at the CAIS Senior Soccer Tournament two weeks ago with an impressive 4-0-2 record. The pressure continued to rise as the team headed into their final game of the season against Stanstead College on Friday. "We were all

on edge going into our final game," noted Jacoby, a Form VII student and one of the team's forwards. "Stanstead had gotten a lot better in recent games with a new strategy and were ranked second in the league." The community was united by purple pride as students took advantage of the dress down day to deck themselves out with signs and purple gear. The fans' enthusiasm was rewarded as the boys finished the game with a score of 4:0. "When we won, we were exhausted, relieved, and excited. It was uplifting to have their support!"



COURTESY

Our purple people were out in full force on Friday afternoon cheering for our senior boys as they closed out an undefeated season.

## PUMPKIN CARVING PHOTO CONTEST

### ARE YOU A MASTER PUMPKIN CARVER?

The Record would like to see your Halloween pumpkins. Send us a selfie holding your pumpkin for a chance to win a prize.

The contest is open to all ages. The winner will be chosen by our esteemed panel of pumpkin judges based on a combination of skill, creativity and overall spookiness.



Send your pumpkin selfies to [classad@sherbrookerecord.com](mailto:classad@sherbrookerecord.com) before 2 p.m. on Wednesday, October 30.

The winner will be announced in the paper on Halloween.

Win a \$25 gift certificate to:



... the local general store

2881 College Street, Sherbrooke (Lennoxville) • 819-562-9444

**In Memoriam**

**MORIN, Steven Frederick** - In loving memory of my dear son who left us 35 years ago.

*He walks with me down quiet paths  
And speaks in wind and rain,  
For the magic power of memory  
Gives him back to me again.*

**Lovingly remembered  
MOM**

**In  
Memoriam**

Your generous contribution will help finance research into lung disease such as asthma, emphysema, chronic bronchitis and lung cancer.

Over 700,000 Quebecers who suffer from respiratory disease thank you.



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**TUESDAY, OCTOBER 29, 2019**

Today is the 302nd day of 2019 and the 37th day of autumn.

**TODAY'S HISTORY:** In 1929, the New York Stock Exchange crashed in what came to be called "Black Tuesday," marking the beginning of the Great Depression.

In 1966, the newly formed National Organization for Women held its first national conference.

In 1969, the first connection on ARPANET (the precursor to the internet) was made between computers at UCLA and Stanford Research Institute.

In 2004, European leaders signed the first constitution of the European Union.

In 2015, China announced the end of its one-child policy after 35 years.

**TODAY'S BIRTHDAYS:** Fanny Brice (1891-1951), singer/comedian; Bill Mauldin (1921-2003), cartoonist; Ellen Johnson Sirleaf (1938- ), Liberian president; Bob Ross (1942-1995), painter/instructor; Richard Dreyfuss (1947- ), actor; Lee Child (1954- ), author; Dan Castellana (1957- ), actor; David Remnick (1958- ), journalist/editor; Joely Fisher (1967- ), actress; Winona Ryder (1971- ), actress; Gabrielle Union (1972- ), actress; Ben Foster (1980- ), actor; India Eisley (1993- ), actress.

**TODAY'S FACT:** Liberian President Ellen Johnson Sirleaf was Africa's first female elected head of state.

**TODAY'S SPORTS:** In 1960, Cassius Clay (later known as Muhammad Ali) made his professional boxing debut, winning a six-round decision over Tunney Hunsaker.

**TODAY'S QUOTE:** "I'm convinced that the infantry is the group in the army which gives more and gets less than anybody else." – Bill Mauldin, "Up Front"

**TODAY'S NUMBER:** 77 – age of astronaut John Glenn when the space shuttle Discovery launched on this day in 1998, making Glenn the oldest person ever to travel in space.

**TODAY'S MOON:** Between new moon (Oct. 27) and first quarter moon (Nov. 4).

**Correction**

**Hundredth Anniversary celebration**

Please note that the picture of Eileen Mastine was incorrectly named in Monday's Record as Eileen Perkins. We regret any confusion this may have caused.

day's Record as Eileen Perkins. We regret any confusion this may have caused.

Cleveland Branch of the Richmond County Women's Institute.



Pictured, back row (l to r): Louise Perkins, Peggy Healy, Linda Badger, Heather Anthony. Front row (l to r): Muriel Webb, Matty Banfill, Eileen Mastine, Shirley Beasley

**RATES and DEADLINES: ANNOUNCEMENTS & NOTICES**

**BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMs, BRIEFLETS:**  
Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)  
Discounts: 2 insertions or more: 15% off  
With photo: additional \$18.50. **DEADLINE:** 11 a.m., day before publication.  
**BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:**  
Text only: \$16.00 (includes taxes)  
With photo: \$26.00 (\$29.90 taxes included) **DEADLINE:** 3 days before publication.  
**WEDDING WRITE-UPS:**  
\$26.00 (\$29.90 taxes included) WITH PHOTO: \$36.00 (\$41.40 taxes included)

**Please Note:** All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: clas-sad@sherbrookerecord.com - They will not be taken by phone.  
**DEADLINES FOR DEATH NOTICES:**  
For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.  
For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) or e-mail: production@sherbrookerecord.com between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called. Rates: Please call for costs.

# TOWNSHIPS' CRIER

## TOWNSHIPS

If you want to drink, that's your business. If you want to stop, we can help. Call Alcoholics Anonymous 1-888-424-2975, www.aa.org

## LENOXVILLE

Uplands Cultural and Heritage Centre presents Connexions, the third and final component of our Art Bridge project that combines art and cultural mediation (funded by Canadian Heritage). The Connexions exhibition aims to initiate, inspire, and gather the public around the works of eleven innovative artists: Kaitlyn Card, Maya Cashaback, Joanna Chelkowska, Holly Fedida, Mira Doheny, Philip Dutton, Karine Guyon, Trevor McKinven, Regine Neumann, Catherine Ostiguy and Karl F. Ehrlich. Uplands, 9 Speid Street in Sherbrooke (Borough of Lennoxville) is open Wednesday to Friday 10 a.m. to 4:30 p.m. and on weekends from 1 p.m. to 4:30 p.m.

## LENOXVILLE

The Lennoxville and District Community Aid will be holding a Blood Pressure clinic on Tuesday, November 12 at 164 Queen Street, Suite #104, from 1:30 p.m. to 2:30 p.m.

## WATERVILLE

The Lennoxville and District Community Aid will be holding Blood Pressure clinic on Tuesday, November 5 at the Town Hall from 10 a.m. to 11 a.m.

## NORTH HATLEY

The Lennoxville and District Community Aid will be holding a Blood Pressure clinic on Friday, November 1 at the Library, 165 Main St. North, from 10:00 a.m. to 11:30 a.m.

## LENOXVILLE

Lennoxville United Church's Christmas Bazaar and Turkey Supper will be held on Saturday, November 16. The Bazaar will be open from 3 p.m. to 6 p.m. and offers home baking, candy, knitting, crafts, Silent Auction, jewellery, Wish Table and Fish Pond. The SOLD OUT Turkey Supper sittings are at 4:30 p.m. and 5:30 p.m.

## NORTH HATLEY

Chicken & Ribs Barbecue at the North Hatley Legion, 95 Jackson Heights, on Saturday, November 2 at 6 p.m. Reservations please. Information: 819-842-2933 after 2 p.m.

## LENOXVILLE

The annual Armistice supper will be held on November 9 at "The Hut", A.N.A.F. Unit #318, 300 St. Francis Street, Lennoxville at 6:00 p.m. Roast beef with all the trimmings will be served. To reserve please call Doreen Morissette at 819-821-2967, no later than November 5.

## SHERBROOKE

The women of Plymouth-Trinity United Church are holding their annual Pre-Christmas Buffet and Sale in the church hall at 380 Dufferin Ave., on Saturday, November 2nd from 3:30-6:00 p.m. Menu will consist of ham, assorted salads, devilled eggs, baked beans and brown bread, rolls and squares. There will also be sales tables of home baking, jams and pickles. Everyone welcome. Think green:

Please bring a shopping bag for your purchases. For more information, please contact Janet McBurney 819-578-3609 after 5 p.m.

## COOKSHIRE

Jim Robinson In Concert launching his new album Nick Dean's Barn 1:30 p.m. Sunday, November 3, Trinity United Church, 190 Principale, Ouest, Cookshire. Admission charged. Light refreshments. Information 819-875-3796

## HUNTINGVILLE

Grace Village welcomes you to be immunized in our upcoming Community Flu Vaccine Clinic on Wednesday, November 6 from 8:30 a.m. to noon and 1 p.m. to 4 p.m., 1515 Pleasant View Street, Sherbrooke, QC, J1M 0C6. Parking located in the front and back of the Care Pavilion. All are welcome! A \$10 service fee is applicable for visitors and family members. RAMQ card is required for immunization. Refreshments will be served. For more information call 819-569-0546 or email info@masscom.ca

## NORTH HATLEY

The Age Friendly Municipality (MADA) Committee of the Village of North Hatley will be hosting an Afternoon Tea and Talk on Tuesday, October 29 at 2 p.m. at the North Hatley Community Centre (3127 Capelton Road). On this occasion, DIRA-Estrie, Help Centre for Elder Abuse Victims, will be making a presentation entitled, "It's Not Right!", describing a brand new approach that helps those who witness elder abuse to identify the signs and provide support in a safe and respectful way. Coffee, tea and nibbles will be served, admission is free and everyone is welcome to attend. Transport is available for area residents who require it (819-842-2754). This activity is made possible thanks to financial support from L'Appui Pour Les Proches Aidants d'Ainés.

## WATERVILLE

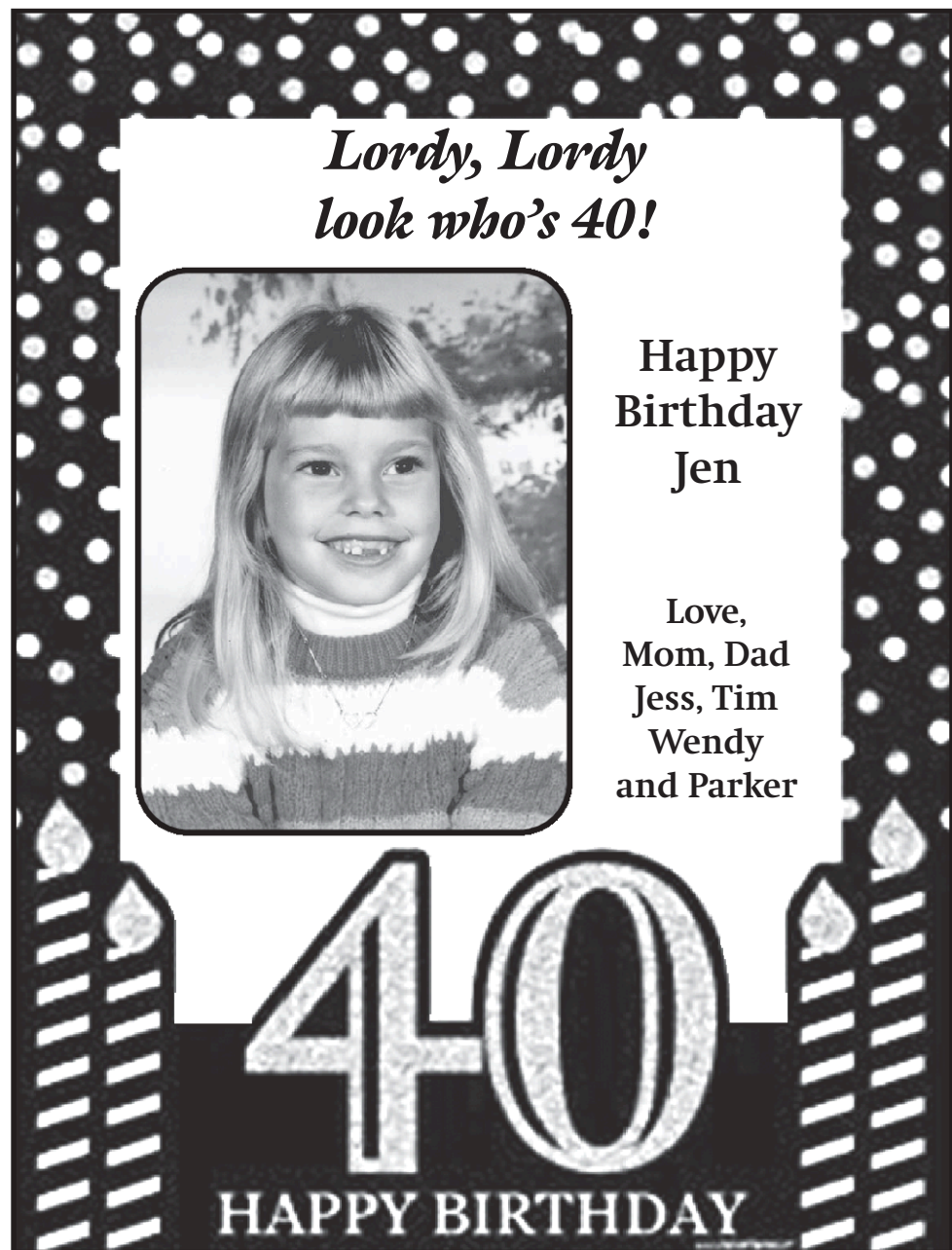
The Waterville-North Hatley United Church will be holding their annual Fall Luncheon on Thursday, November 7 from 11:30 a.m. to 1 p.m. Meal consists of baked beans, scallop potatoes, ham, bread, coleslaw, assorted pies, coffee and tea. Admission: \$12 at the door. A bake table will also be on site.

## LENOXVILLE

St. Francis Valley Naturalist Club meeting, Wednesday, October 30 at 7 p.m. at the Amedee Beaudoin Community Centre, 10 Samuel-Gratham St., Lennoxville Borough. Guest speaker will be Marie-Helene Hachey, adjointe a la coordination chez Regroupement Quebec Oiseaux. Her topic will be The New Bird Breeding Atlas of Quebec - highlights, concerns and the comparisons of results with the Atlas produced 25 years ago. Everyone is welcome.

## LENOXVILLE

Lennoxville and District Community Aid will be holding its annual general meeting and a general information session, on Monday, November 4 at 2:30 p.m. at the Amédée-Beaudoin Community Centre, 10 rue Samuel-Gratham, Borough of Lennoxville, Sherbrooke. Our volunteers, clients and the general public, interested in finding out more about our organisation, are welcome. An overview of the mandate and objectives of Community Aid will be presented at that time. The annual general meeting of the Lennoxville and District Community Aid Foundation will take



place prior to this meeting (1:30 p.m.).

## LENOXVILLE

Hope Community Church invites families with children age 12 and under to a free Fall event called Family Trunk or Treat! Thursday, October 31, 6 p.m. to 8 p.m., in the church parking lot, 102 Queen St., Lennoxville. Consider it an alternative, or an addition, to your evening's plans. Volunteers will decorate their car's trunk and families will be able to go trunk to trunk collecting candy. The parking lot will be safe, well lit, supervised by adults and closed to traffic. In addition to plenty of candy, there will be a variety of activities available. If bad weather, activities will move indoors.

## MAGOG

St. Paul's United Church UCW will be hosting a Spaghetti Supper on Saturday, November 2 from 5 p.m. to 6:30 p.m., 211 rues des Pins, Magog. Adults \$10, Children 5-12 years \$5, under 5 free. Vegetarian and gluten free options available, garlic bread and caesar salad, homemade cakes. All welcome.

## DANVILLE

Forum - Access to services in English in Danville. Saturday, November 2, 11 a.m. to 2 p.m., Centre Mgr Thibault, 51 Cleveland, Danville. Free lunch, kiosks, community consultation. To register, contact Chantale Dallaire: 819-839-2771, ext. 29.

## LENOXVILLE

HCC Senior Luncheon will be held at noon on Thursday, October 31 at Hope Community Church, 102 Queen St., Lennoxville. Entrance from parking lot, wheelchair accessible, elevator avail-

able. Everyone welcome.

## RICHMOND

The Richmond Legion invites you to their Armistice Banquet on Saturday, November 9 at 5:30 p.m. Cost is \$15 per person and must be reserved / purchased before Thursday, November 7. Call 819-826-3444. The Armistice Parade will be held in Richmond on Sunday, November 10. Gathering at the Legion, 235 College Street, at 1:30 p.m. Welcome to all to honour and remember our Veterans.

## LENOXVILLE

Music & Alzheimer's Disease: Training Workshops. Series of 3 workshops on The Manolson Musical Approach, led by Eric Akbar Manolson. Learn proven techniques you can put into practice immediately with clients or family members, to improve communication, lower stress and raise confidence. The workshops are fun, engaging and empowering. No prior musical experience needed. Thursdays, November 7, 14 & 21, from 4:30 to 6:30 p.m., at the Manoir St-Francis, Lennoxville. Fee: \$50/workshop or \$120/series. (Partial scholarships available.) Space limited - register in advance. Info: Eric Manolson, 819-580-1662 or eric@themanolsonapproach.com.

## RICHMOND

Tea & Talks. November 12, 2 p.m. to 4 p.m., at RRHS (375 rue Armstrong). With Ann Clark on the topic, "Who owns our food." A social afternoon for seniors to get together. And talk! Bring a friend to make it double the fun. Free refreshments.

### CELEBRITY CIPHER

by Luis Campos

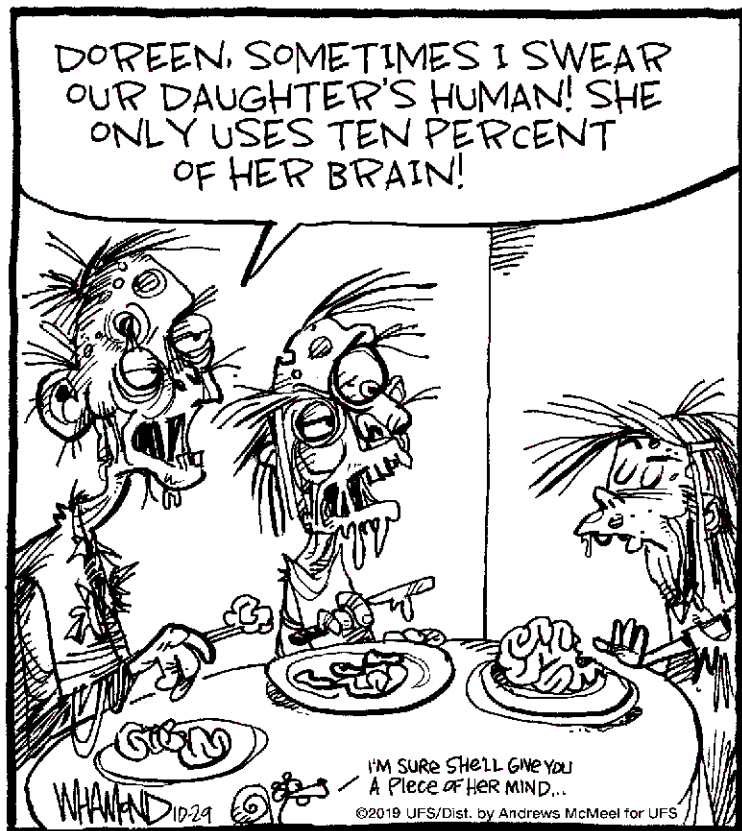
Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"IFW SLE'O CLDR NRFNPR TRPXRYR  
XE IFW XH IFW NPLI L GFBBFB NLBO  
JXOG IFWB OFEZWR XE IFWB SGRRD."  
— TRPL PWZFKX

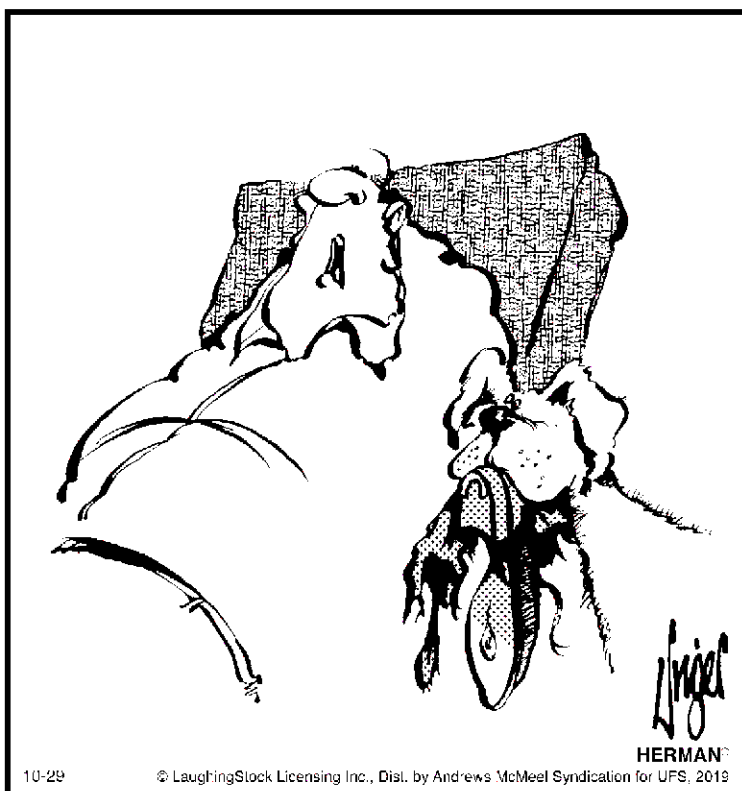
Previous Solution: "Horror movies terrified me. ... I'd love watching them but ... at night I would just be up in sweats all night." — Jordan Peele

TODAY'S CLUE: H sjnba 9

### REALITY CHECK



HERMAN

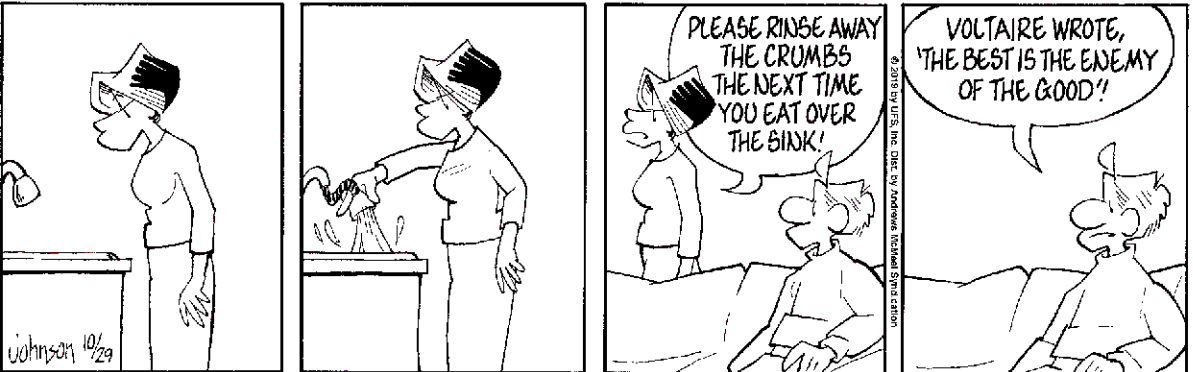


"The mailman's been here."

### ALLEY OOP



### ARLO & JANIS



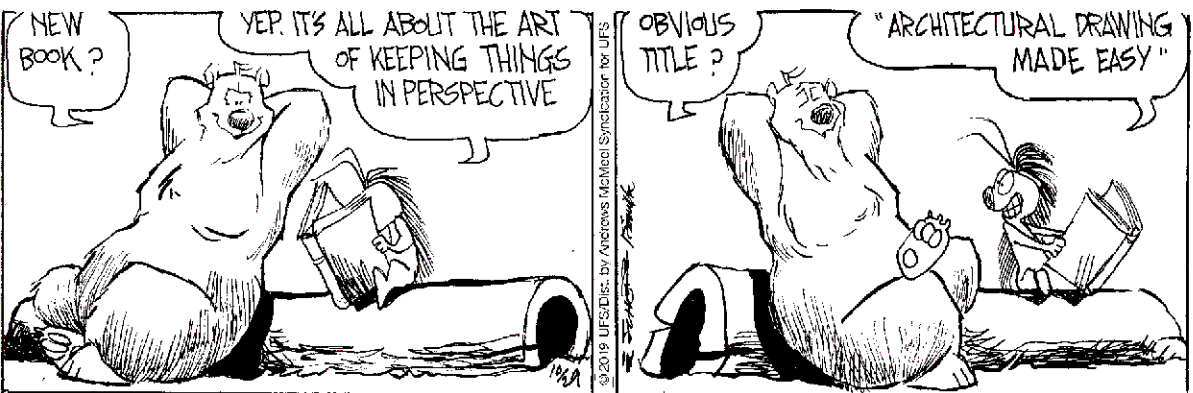
### THE BORN LOSER



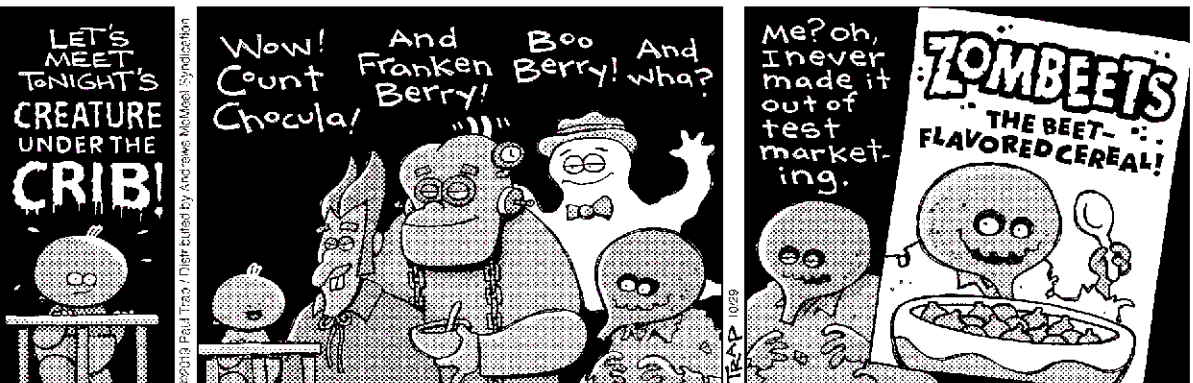
### FRANK AND ERNEST



### GRIZWELLS



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## Advice for family member with OCD

Dear Annie

TUESDAY, OCTOBER 29, 2019

Dear Annie: I'd like to hear from people who were children of a mother with Contamination OCD. My daughter's therapist determined it is a pretty severe case, but my daughter refuses to go to the recommended hospital program. Instead, she sees the therapist once a week, which is basically a whack-a-mole approach. One issue gets better and another pops up. She's had this for more than five years and refuses any medication.

My concern beyond her is for my grandchildren, ages 2 1/2 and 5. I can't go into all the avoidance and bizarre actions and behaviors, but her behavior injects a lot of anxiety and stress into their lives that they wouldn't have otherwise.

Before we knew what we were dealing with, our family would do the worst thing by offering assurances and accommodation. Her husband is totally under her OCD's control. According to her therapist, he should take the kids and leave to prompt her to really get help. It seems he can't bring himself to do that. I am afraid the kids will end up suffering from OCD as well.

I'm considering going through the court system to get the kids out of this situation.

When I brought up this concern with a therapist, she said research isn't conclusive of

the effect on the kids. I don't want to gamble with their development and find out 10 years later that I should have rescued my grandchildren — and my daughter.

I'd like to hear from people who have lived with this situation as children and what would they recommend.

I want my real daughter back and for her to live her best life with her family. — Grandma Blindsided by Mental Health Issue

**Dear Blindsided Grandma:** Your daughter's Contamination OCD, an extreme fear of being contaminated by germs, has created a very difficult situation that is taking a toll on the whole family. You are wise to try to get help for your daughter and grandchildren. Try to remember, though, even when she is sick or in the throws of an OCD episode, she still is your "real daughter." The disease is simply taking over at that moment. Continue what you are doing by speaking with her husband and listening to any suggestions your professional therapist has.

I wish you the best of luck. So, dear readers, if any of you have had experience with family members suffering from Contamination OCD, what has worked for them during these episodes? Also, if you grew up in a household in which one of your parents had Contamination OCD, we'd love to hear about your experiences and any advice

you might have.

**Dear Annie:** When you told "Sweet Tooth" to eat sweets with honey or syrup instead of cane sugar, I thought I should write in to share that it won't help her problem. The body recognizes all these — sugar, syrups, agave, honey, etc. — as the same thing. (It is true that the glycemic index is lower on some of these than on cane sugar, but that only means the body processes it more slowly, so you don't get the sugar "crash." It still has the same addictive effect on the body.)

Addiction to sugar is a documented addiction. The sugar (be it cane or any other kind) sets up a craving for more sugar, and things just run out of control! — Been There, Done That in New Mexico

**Dear Been There, Done That:** Thank you for writing in to share about how our bodies process all types of sugar, especially with Halloween right around the corner.

"Ask Me Anything: A Year of Advice From Dear Annie" is out now! Annie Lane's debut book — featuring favorite columns on love, friendship, family and etiquette — is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information.

Send your questions for Annie Lane to [dearannie@creators.com](mailto:dearannie@creators.com).

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### SUDOKU

DIFFICULTY RATING: ★★★★★

5		3	9	1	8		7	6
7	9			4				5
		6		3	7	8		
	7		3		2		1	
8				6				2
	2		1		4		6	
		2	6	7		9		
1				2			8	7
4	6		8	5	9	3		1

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#### PREVIOUS SOLUTION

7	1	9	2	4	3	6	8	5
6	3	2	8	9	5	4	1	7
4	5	8	1	7	6	2	9	3
2	4	5	6	1	9	3	7	8
3	7	6	4	5	8	1	2	9
8	9	1	3	2	7	5	4	6
5	8	4	9	3	2	7	6	1
9	2	7	5	6	1	8	3	4
1	6	3	7	8	4	9	5	2

**HOW TO PLAY:**  
 Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

### Join THE RECORD

#### in saying thank you to our veterans

PHOTO OF YOUNG CANADIAN SOLDIER

Name:  
 Hometown:  
 Age when enlisted:  
 Regiment:  
 Served:  
 A few words about him:

They were sons, daughters, brothers, sisters, husbands, wives, fathers, mothers, friends and neighbours. They were a new generation of teachers, doctors, lawyers, farmers and businessmen who set aside their hopes and dreams to fight for our freedom. The Record would like you to join us in paying tribute to the many Townshippers who served their country in time of war. Send a photo of a veteran(s) in your family at the age they were at the time they served and a brief description, to allow Townshippers to say a collective thank you. **The Record will publish a special section November 7** on Townshippers' contribution to the war effort.

Send photos before October 31 to [classad@sherbrookerecord.com](mailto:classad@sherbrookerecord.com)

If your business or organization would like to recognize veterans in the special section, please contact one of our sales representatives at 819-569-9525

# NEA Crossword Puzzle

# Your Birthday

TUESDAY, OCTOBER 29, 2019

- ACROSS**
- 1 Bird beak
  - 4 Moo goo — pan
  - 7 Verdict givers
  - 11 Chad's cont.
  - 12 Centrally located
  - 14 Ship's position
  - 15 Ames inst.
  - 16 Carrie's "Star Wars" role
  - 17 Nibble
  - 18 Emollient
  - 20 Tobacco products
  - 22 Half a couple
  - 23 Lobster eggs
  - 24 Range
  - 27 Think about
  - 30 Woeful cry
  - 31 Jr. naval officer
  - 32 Kettle and Bell
  - 34 "You don't say!"
  - 35 Demand payment from

- 37 Honshu volcano
  - 38 Purchasers
  - 40 Havana houses
  - 41 Dot-com alternative
  - 42 Over there
  - 43 Acclimate
  - 46 Mollusk
  - 50 Capricorn
  - 51 Knot
  - 53 Playing card
  - 54 St. Louis landmark
  - 55 Uno, dos, —
  - 56 X-ray kin
  - 57 Decays
  - 58 Three-decker sandwich
  - 59 Heat source
- DOWN**
- 1 Fastener
  - 2 In that case (2 wds.)
  - 3 Drier than sec
  - 4 In abundance
  - 5 Pious assents
  - 6 Caesar's 3

Answer to Previous Puzzle

B	A	S		B	O	S	C		K	E	A		
E	D	I	T		A	L	S	O		E	A	R	
R	A	C	E		T	E	E	N		E	S	A	
M	Y	S	T	I	C				C	E	L	E	B
			H	A	H			C	U	B			
O	L	D	E	N		F	O	R	B	I	D		
D	E	E	R		U	R	L			L	A	D	
E	V	A			R	O	D		J	E	T	E	
	I	N	N	I	N	G		O	A	S	E	S	
			O	N	S		T	R	I				
G	E	R	M	S			B	A	L	B	O	A	
R	I	A			U	N	D	O		E	R	O	S
A	N	N			L	E	A	N		R	A	Z	E
M	E	D			T	O	M	E		N	E	A	

- 7 Like broken glass
- 8 Humerus neighbor
- 9 Rise up
- 10 Evergreens
- 13 Synthetic fabric
- 19 Urchins
- 21 Charged particles
- 24 Gloomy
- 25 Dues receiver
- 26 Waikiki setting
- 27 Cages
- 28 Rhea cousins
- 29 Elephant owner, maybe
- 33 Family mem.
- 35 "Jurassic Park" star
- 36 Critical
- 37 Low-tech coolers
- 39 Teenagers
- 40 Most modest
- 42 Alpine refrain
- 43 Lab gel
- 44 Pamplona runner
- 45 Diplomacy
- 47 Berets
- 48 Tan shade
- 49 Horse controller
- 52 Sphere

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finishing what you start. If you let someone interfere or upset you, you will appear incompetent. Set boundaries and remain calm.

**TAURUS** (April 20-May 20) — Set the pace you want to maintain, and don't stop until you reach your destination. Your drive and attention to detail will set you apart from any competition you encounter.

**GEMINI** (May 21-June 20) — Keep an open mind, but know your limitations. Refuse to become consumed by someone else's plan. It's up to you to set your ideas in motion and to reap the rewards.

**CANCER** (June 21-July 22) — Imagination, drive and determination will be essential. You are on the road to a better future, so don't fear the changes heading your way. Embrace personal improvements.

**LEO** (July 23-Aug. 22) — Listen carefully, observe the changes going on around you and consider how best to use your skills to improve your situation. Experience and knowledge will pay off. Know when to say no.

**VIRGO** (Aug. 23-Sept. 22) — A positive change is heading your way. Travel, education and spending time with people you find enlightening will play a role in the decisions you make. Romance is heightened.

**LIBRA** (Sept. 23-Oct. 23) — Get charged up about something worthwhile, instead of worrying about someone's petty comment. If you focus on self-improvement and doing your best, you will get ahead. Money management is favored.

Life is about change and personal growth. Be open to what lies ahead, and be willing to work with what you have to get what you want. Invent your future and gravitate toward the people and the places that lift you up and bring you joy. Embrace and conquer.

**SCORPIO** (Oct. 24-Nov. 22) — Emotions can be shared, and issues can be resolved. Have a solution in mind and be willing to compromise. A good partnership will bring out the best in both parties.

**SAGITTARIUS** (Nov. 23-Dec. 21) — Keep your personal matters, passwords and possessions a secret. Sharing too much information will put you in a vulnerable position. Play it safe and avoid regret.

**CAPRICORN** (Dec. 22-Jan. 19) — A change of plans will work to your advantage. Embrace whatever challenge you face with enthusiasm. Someone you encounter will interest you. A relationship will influence how you move forward.

**AQUARIUS** (Jan. 20-Feb. 19) — Take a moment to absorb what's going on around you before you respond to it. Try not to draw attention to yourself, as you'll accomplish more if you work quietly on your own.

**PISCES** (Feb. 20-March 20) — Keep your plan in perspective. If you aim too high, you'll fall short. But if you pace yourself carefully, you'll come out a winner. Romance is encouraged.

**ARIES** (March 21-April 19) — Stay focused on your responsibilities and on

TUESDAY, OCTOBER 29, 2019

## Do you lead this, that or the other?

By Phillip Alder

William Jennings Bryan, who was the Democratic Party's presidential nominee three times, said, "Destiny is not a matter of chance; it is a matter of choice. It is not a thing to be waited for; it is a thing to be achieved."

As we are noting this week, the destiny of a contract can rest not only on the choice of opening lead but also on how third hand reacts. In today's deal, what should West lead against four spades after the given auction?

North's four-spade rebid was cautious. If South had weak clubs, they would have a slam. North should have rebid four clubs, a splinter bid showing a singleton or void in clubs, four-card spade support and at least enough values for game. Yes, responder may make a splinter in opener's first-bid suit. Just picture South with the spade ace-queen and diamond ace-king. Then seven spades would have play.

West should think about each suit. A club is poor because it is declarer's first-bid suit. Similarly, the heart queen, which looks superficially attractive, is also not recommended, because North bid the suit. A trump is potentially suicidal, maybe saving declarer a guess in the suit. That leaves diamonds, and

North				10-29-19
♠	K 9 6 2			
♥	A K 8 7 5 4			
♦	Q 8 3			
♣	—			
West		East		
♠	5 4	♠	Q J 3	
♥	Q J 10 9	♥	6 3	
♦	K 7 5 2	♦	A J 4	
♣	J 8 3	♣	7 6 5 4 2	
South				
♠	A 10 8 7			
♥	2			
♦	10 9 6			
♣	A K Q 10 9			
Dealer: South				
Vulnerable: Both				
South	West	North	East	
1♣	Pass	1♥	Pass	
1♠	Pass	4♠	All Pass	
Opening lead: ??				

because West has an honor in the suit, he should select the two.

Then the spotlight turns to East. The low-diamond lead in an unbid suit guarantees at least one honor in that suit. So East should confidently play his jack. Yes, perhaps partner has led from a 10-high suit, but if so, he found an unsuccessful start!

The defenders take three diamond tricks now and wait for a trump winner.