

Climate change and public health

Record Staff
SHERBROOKE

Eastern Townships health officials have released a report on potential health risks associated with climate change and have submitted recommendations on how to reduce their impact.

In its latest bulletin, the Estrie public health directorate explains that heat waves, which are becoming more frequent due to climate change, can cause exhaustion, heat stroke, and the worsening of chronic illnesses. These problems, the report suggests, are all the more worrying since a recent study shows that Estrie seniors are particularly vulnerable to heat and encourages the fight against 'heat sinks' in urban areas.

In addition, the Eastern Townships is a region that is especially prone to floods and the department recommends the preservation of wetlands and ramping up the education of people about the health risks, such as respiratory problems caused by mold, by food poisoning, and gastroenteritis.

The report also points out that the black-legged tick is gradually gaining ground in Quebec as temperatures rise. Since this bug is the main transmitter of the bacterium that causes Lyme disease, and several prevention methods exist to avoid contracting the disease.

"People who work in the fields or who hike in the grass should think to wear, long and light-coloured clothes to cover their skin, especially the legs," said Public Health Director Dr. MéliSSa Généreux. "We should also try to wear light colored clothing, so that you can spot ticks more easily if it clings to us, and insect repellent, obviously."

CONT'D ON PAGE 5

"Keeping quiet was not an option"

Sherbrooke vigil stands in solidarity



GORDON LAMBIE

Close to 200 supporters raise their hands in peace during a moment of silence Thursday evening to commemorate the hate crime victims of the Orlando shooting on June 12. The event was organized by GRIS Estrie.

By Gordon Lambie

Close to 200 people of all ages gathered on Dufferin Street in Sherbrooke on Thursday night to stand in solidarity with the victims of the shooting at the Pulse nightclub in Orlando the previous week.

The event was planned by the regional social intervention group (GRIS Estrie) and held in front of the L'Ot're Zone Bar starting at 7 p.m., although a crowd had already gathered on the sidewalk by 6:15. When Police closed the road shortly before it began,

that crowd spilled out over the curb, filling the street with colour and love.

Though the vigil was held as a commemoration of a tragic and violent attack, the overall tone of the event was jovial and festive to begin with. Solemn speeches and a reading of the names of

CONT'D ON PAGE 7



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HIGH OF 32
LOW OF 16



TUESDAY:
40%
SHOWERS

HIGH OF 23
LOW OF 9



WEDNESDAY:
CLOUDY

HIGH OF 21
LOW OF 10



THURSDAY:
MIX OF SUN
& CLOUD

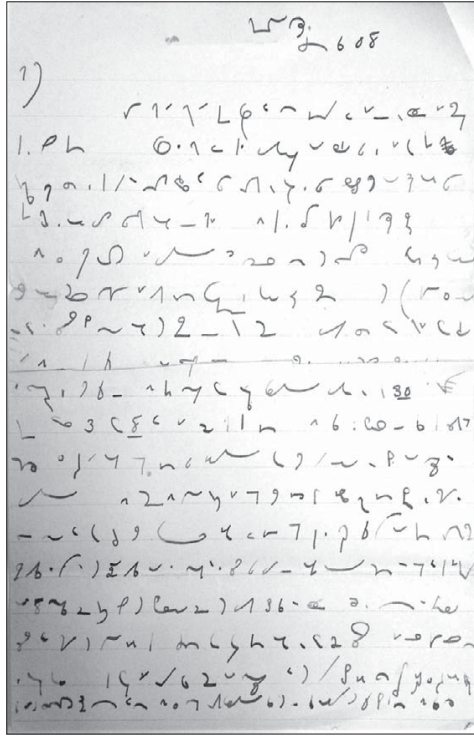
HIGH OF 24
LOW OF 9



FRIDAY:
MIX OF SUN
& CLOUD

HIGH OF 24
LOW OF 11

“The opportunity of a lifetime”: A brief history of shorthand



ETRC

A shorthand written letter.

The letter seen here turned up among some documents I was working on recently, as I was getting them organized and described for others to have the chance to also discover them. At first glance, it was a peculiar page, looking mostly like hieroglyphics to my untrained eye but then I noticed a note by the writer at the end identifying it as shorthand.

As a child of the late 20th century, shorthand is a complete curiosity to me. Shorthand, also known as stenography, is defined as “a system for rapid writing that uses symbols or abbreviations for letters, words, or phrases.”

While versions of shorthand existed prior to the 19th century, it came into a new era with Isaac Pitman’s creation of shorthand system in 1837, which consisted of symbols based on sounds.

Variations of this style of shorthand were initially used primarily for the recording of personal thoughts, personal correspondence or to copy the works of others in quick and discrete

way. This latter kind of use would be akin to way that movie-goers today might stealthily film a movie at the theatre using their smart phone or camera.

However, by the age of industrialization in the late 1800s, it became more widely used in business and law as way to record oral dictation. It was particularly popular among court recorders, journalists, and secretaries.

The letter that caught my attention was written by Mabel Derick, daughter of Morris C. Derick and Elizabeth M. Beerwort, born in Noyan, Missisquoi County, in 1886. She left for Brookline, Massachusetts as a young woman to live with her uncle and aunt and studied shorthand at a school in the region. Following her completion of the course, she wrote back to her father about her efforts to find employment: “Mr. Hickox offered me a place.

I went down to see about it they wanted all typewriting had no use for shorthand, and I would not give up the shorthand so I didn’t take it.” In the end,

Mabel’s resolve to stick to shorthand was not an obstacle and she eventually found a job as a stenographer. From what she wrote back home in later letters, she felt she had found a gainful profession.

During the same period, Gleason’s Shorthand and Business College (also known as Boyd’s Syllabic Shorthand Business College) offered enterprising Townshippers the chance to study shorthand locally. It was founded in 1903 by Ellsworth S. Gleason, originally of Dunham.

The college was situated on Wellington Street in Sherbrooke and taught bookkeeping, typewriting, and business correspondence in addition to shorthand as it advertised that all graduates would find employment. According to Gleason, “knowledge of shorthand and bookkeeping may be the opportunity of a lifetime.”

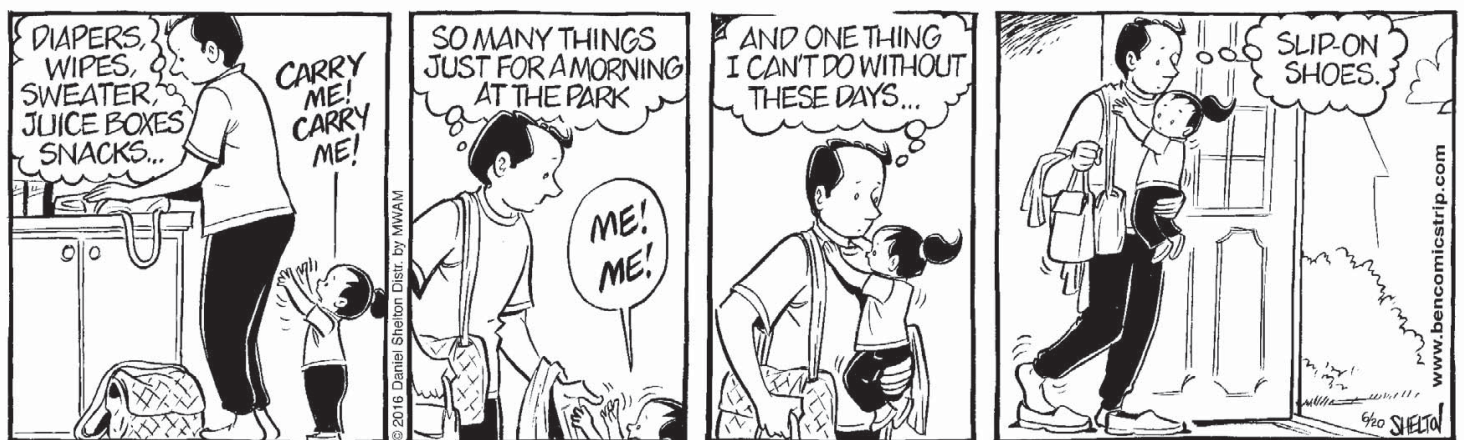
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Gleason’s Shorthand and Business College, founded in 1903.

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LOCAL NEWS

“As much as we’ve achieved, we still have some goals we need to raise money for,” Goldbloom said.

BU capital campaign surpasses goal

By Rachel Newcombe
Special to The Record

Bishop’s University had a big day on Friday. In addition to the inauguration of the new TD terrace, the school gave assembled students, staff, alumni and dignitaries an update on its capital campaign, which reached its \$30 million goal a year early.

The crowd first gathered outside on the newly built terrace at the John H. Price Sports Centre to raise a glass to the TD sponsored area overlooking Coulter Field.

“One of the goals of the overall development of the campus was to create some informal meeting spaces,” said Bishop’s University principal Michael Goldbloom. The terrace was designated for this purpose, supported by TD Bank.

Sylvie Demers, Chair of the Quebec Market at TD Bank Group, furthered the bank’s support by giving the school a \$300,000 gift to maintain the terrace. “We’re proud of our history in Quebec, and our relationship with Bishop’s University,” Demers commented.

“We try to enrich people’s life, to help them achieve their goals and dreams,” Demers said about the continued relationship between TD Bank and Bishop’s. Goldbloom certainly agreed. “What’s

very positive is that the TD Bank clearly believes in higher education,” he said, adding, “These are two special institutions.”

The generous gift from TD Bank was only one piece of good news received that day. The crowd assembled back inside the sports centre to enjoy lunch and hear a presentation about the capital campaign that started back in 2012.

“We could not have chosen better leaders,” Goldbloom said about the campaign heads Daniel Fournier and Tim Griffin. He then invited Griffin to the podium to explain the campaign and make a special announcement.

As of 2016, the capital campaign has surpassed its goal of \$30 million raised, and it did so a year early. “The loyalty and interest in Bishop’s is just phenomenal,” Griffin said, naming several major donors who made this milestone possible for the school.

“Our goal was to do what Bishop’s does so well,” Griffin stated. He explained that this goal was to preserve the true essence of the school and continue to better it for future generations through garnering donations for the school.

The over \$30 million is being put towards the pillars that were laid out in



RACHEL NEWCOMBE

From left to right: Principal Michael Goldbloom, TD representative Sylvie Demers, Capital Campaign co-leader Tim Griffin, and Chancellor Brian Levitt. TD gifted Bishop’s University 300,000 dollars to help maintain the terrace.

the original capital campaign program in 2012. This includes equipping the newly renovated sports center, increasing student support, and the renovations of the residence buildings, already underway with the newly revitalized Abbott residence.

While the news is excellent, there is still more to do. “As much as we’ve achieved, we still have some goals we need to raise money for,” Goldbloom said.

The plan now is to increase the current fundraising goal to \$36 million. The hope is to raise the additional \$6 million by homecoming in 2017.

“It’s a very competitive world out there for fundraising,” Griffin said when he revealed the campaign’s new goal.

The money the campaign is hoping to raise will continue to be applied to the pillars set out four years ago, including the renovation and modernization of the John Basset Memorial Library.

They have set the goal for the library completion for 2018. According to Goldbloom, the library project has been met with a lot of excitement.

The library is not the only building getting a facelift. Some of the funds given to the university were allocated for specific purposes, and one of those generous contributions was allocated to the development of a Bishop’s University alumni house.

Goldbloom explained that the motivation for this was to have a place that visiting alumni could call home when they returned to the campus.

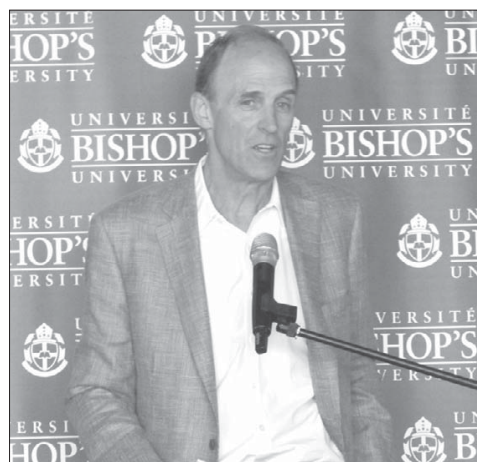
A house on Harold drive is already under renovation for this purpose, and Goldbloom said they hoped it would be ready for next fall’s homecoming.

The entire day was an example of the strong community that Bishop’s University has cultivated over its 173 years, and an example of the support that such a community can generate.



RACHEL NEWCOMBE

Bishop’s University Michael Goldbloom addressed the crowd on the warm, sunny terrace located atop the John H. Price Sports Centre.



RACHEL NEWCOMBE

Capital Campaign co-leader Tim Griffin, class of ’71, attended the event to deliver the exciting news that they had reached their 30 million dollar goal.

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Glenn Brock
President – June 2016

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Glenn Brock
President – June 2016

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Burton McConnell
President – June 2016

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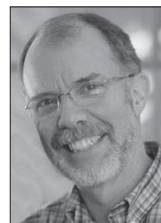
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BCS students benefit from Attawapiskat eye-opener

By Gordon Lambie

On April ninth of this year the Attawapiskat First Nation in Northern Ontario returned to national headlines with reports of a suicide crisis among local youth. At the time, Janice Carey's Form 5 English class at Bishop's College School was reading Sherman Alexie's *The Absolutely True Diary of a Part-Time Indian*, which deals, in part, with life on a Reservation and the overlap was too much for the teacher to ignore.

"I just thought, this can't be a coincidence," Carey said, explaining that as soon as she heard the news she got her class to start writing letters to local Members of Parliament. "This is how we do things; we write letters to Members of Parliament telling them our position and asking them to do something."

While writing to the Federal Government on one hand, Carey's class also connected directly with the First Nation through another teacher at the school who has friends in the community. While the BCS students worked to build their understanding of the reality for youth in Attawapiskat, those same youth composed a list of simple things that might help to make their lives a little better.

"It was simple things," said Kamila Gareeva, one of the students in Carey's class. "They asked for some games, some craft stuff, pencils, paper."

After their letter writing and armed with the knowledge of what young people in Attawapiskat were looking for, the class set about raising funds and awareness within the school to try to create a care package.

"We ended up making close to \$700," Carey shared, adding that the project also received donations of books, clothing, and sports equipment from the

school's library and athletics departments. After a bit of additional shopping for the items on the Attawapiskat list, the care packages were ready to go.

Though they never interacted directly with youth in the other community, Gareeva and her classmates shared that the experience of reaching out to Attawapiskat was quite eye-opening.

"When I first came from Mexico I thought of Canada as this beautiful place where everything is nice and nothing is wrong, it was kind of shocking to see this," shared Ximena Garza, "Mexico, Russia, and Turkey are always on the news with big problems, we're used to it. Here in Canada things seemed different."

While the students spoke of the news out of northern Ontario as a reality check they were also clearly impressed with the results of their letter writing campaign. The students wrote to both Liberal MP Marie-Claude Bibeau and NDP MP Pierre-Luc Dusseault and received answers from both, as well as from Indigenous and Northern Affairs Canada. Each response was more detailed and significant than the last.

"They listened to what the students had to say and took the time to respond," Carey said.

"I never thought it would be that easy to contact people like Members of Parliament," said Do a Uras, another of the students in the class. "I'm pretty sure that in Turkey no one would even read (a letter)."

Though Carey's students said they felt the living conditions in Attawapiskat and other native reservations should be more shocking for people who are actually from Canada, they also agreed that the way that people listen and care is what sets Canada apart from other countries. Having now engaged in that spirit



JENNIFER MONK

Mrs. Carey's Form Five (Grade Ten) English Class with the boxes of supplies they shipped to the Attawapiskat First Nation in Northern Ontario.

of listening and helping out, the students said they felt inspired to continue to do so in the rest of their lives.

"In Turkey I know there are some groups that are less lucky than us," said Renan Bolkan. "When I go back home I feel like I want to help the people who need my help because now I know it is possible. Once you start helping you want to help more, because you see the difference it makes."

Uras, similarly, said she was grateful for the learning opportunity because of the way it let her walk in another person's shoes.

"I didn't know much about indigenous people," the student explained. "This is my first year in Canada."

According to Carey, preparing the packages was the easy part of the project

compared to the work needed to actually get them to their destination. Where everything was prepared to go within about two weeks of getting started back in April, it wasn't until this past Thursday that the packages finally made it to the Northern Ontario Community.

"It's a long way away," the teacher said, explaining that the shipping was arranged with help from the local rotary club and extensive networking within the community of BCS Alumni. "It's taken from April to now and I think that speaks to how isolated these people are."

Though school is now breaking for the summer both in Lennoxville and in Attawapiskat, Carey said that she plans to try to follow up on the experience with more correspondence in the fall.

Father's Day fun and fellowship at St. George's

By Matthew McCully

Between 60 and 70 congregation members and friends of St. George's Anglican Church in Lennoxville gathered on Sunday for a Father's Day brunch.

"It was really fun, people were happy," said Audrey Pinsonneault-Grenier, one of the organizers of the event.

She and her husband, Marc Nadeau are new members at St. George's, having just returned from a two-year stint in Europe last February.

Pinsonneault-Grenier explained that there is always fellowship after services, which provides an opportunity for parishioners to meet and get to know

each other. When discussions started about possibly hosting a brunch, Pinsonneault-Grenier said "I want to do it."

As one of the younger members of the congregation, she combined her energy with the knowledge and experience of some of the other members, which contributed to the success of Sunday's event, Pinsonneault-Grenier said.

"I'm looking forward to the next one," she said, hoping to make the brunches a monthly event.

"We're really looking forward to young families coming back to St. George's," commented Pinsonneault-Grenier.



MATTHEW MCCULLY

The Pinsonneault-Grenier family is looking forward to young families coming back to St. George's.

Climate and health

CONT'D FROM PAGE 1

Afterwards, it is important to examine your skin carefully, and to remove a tick carefully with a tweezers, lifting vertically being careful not to crush it."

Finally, as ragweed pollen is responsible for 75

per cent of pollen allergies in Quebec and 13 per cent of the Townships population aged 15 or more suffers from allergic rhinitis; the bulletin states that it is essential to promote the eradication of ragweed from populated areas.

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EDITORIAL

"I would recommend this type of outing to any group as the Theatre made it easy and they were very organized."

Finding Dory end-of-year outing for boys & girls group

THE SCOOP



MABLE HASTINGS

On Friday, June 17 the Missisquoi North Youth Centre boys and girls groups enjoyed an end of year outing to the Princess Theatre in Cowansville to view the new animated movie, "Finding Dory." 24 youth and 6 adults were all smiles following the movie which received two fins up from the kids!

"The Princess Theatre staff did a great job in preparing for our group," said Eleanor Cote, Assistant to the Director: Youth and Special programs. "I would recommend this type of outing to any group as the Theatre made it easy and

they were very organized."

The Missisquoi North Boys group, for boys ages 5-12 meets every Thursday from October to June after school to 4:30 at the Centre. The Girls group meets on Fridays at the same time. These groups enjoy dancing, games, sports, and fun. Groups will restart in October and all are welcome to attend. The cost to register per year is \$5.00 per youth and registration takes place in September.

The youth recently took part in an end of year talent show where they worked hard to share their many talents in front of family and friends. Today's movie outing was a special treat for the group and although all of the participants from the two groups (which totals 47), were not able to attend, the 24 who did certainly had a great time.

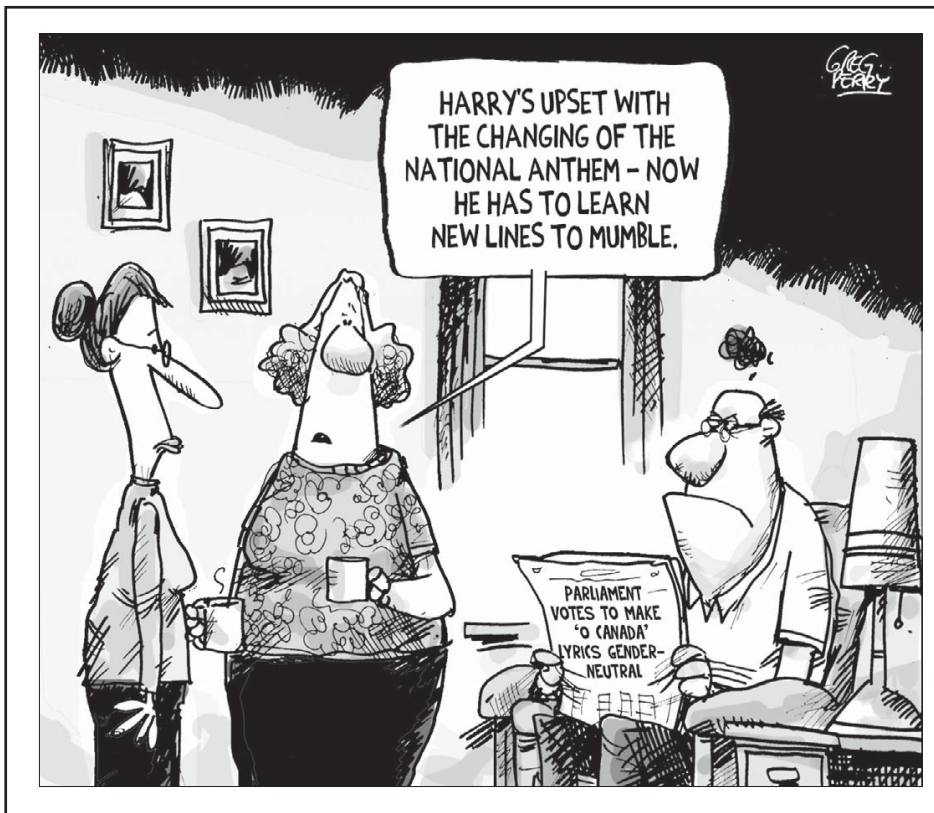
For more information about the Missisquoi North Youth Programs in Mansonville call the youth centre at 450-292-4886 or visit the CAB website at www.cabmn.org

"Finding Dory" is playing at the Princess Theatre in Cowansville from June 17-24. For information call 450-263-5900. A movie with your son/daughter is a great way to start off the summer.



A group shot at the Princess Theatre in Cowansville.

PATRICIA LACHANCE



Solstice Celebration at UUEstrie Dinner and Silent Auction

UNITARIAN UNIVERSALIST CHURCH
NORTH HATLEY

The Unitarian Universalists in North Hatley (UUEstrie) are getting set to celebrate the summer solstice with a dinner and silent auction this Sunday, June 26, at 5 p.m. Everyone is invited to the party.

"It's like a mid-summer Christmas," said Crystle Reid. "Now that summer has finally decided to come before it goes." She's leading the organizing team for UUEstrie's celebration.

The menu features Southern BBQ-style Pork Ribs and Pulled Pork, with a variety of salads, and Crystle's famous pies for desert - blueberry, strawberry, pecan and more. Also offered will be pork-free, gluten-free and vegan options, as well as hors d'oeuvres and non-alcoholic beverages.

It's a bring-your-own-wine event, with background music and a silent auction of services, experiences, and some intriguing objects. Amanda Hillenburg is in charge of the auction.

Here are some examples of things up for bid. Experiences such as kayaking or paddle-boating at the North Hatley Marina. Two hours of computer help by Ryan Frizzell. A crocheting class for up to four people, with Amanda Hillenburg, materials included. A custom-sewn garment by Joyce Booth, if you provide the pattern and the material.

A private Alexander Technique session with Philippe Bouskela. An Energy Medicine session with Phyllis Baxter. High tea for up to 12 people, at Rev. Carole Martignacco's home.

Baked goods from Lucie Craft and



HEATHER LEWIS

The Summer Solstice Celebration supper and silent auction have become a tradition at UUEstrie, North Hatley.

Nils Bird. A gift certificate from Le Cartier Restaurant. One large Dominos pizza per month for six months. An original watercolour by Frances Charlevoix, 26 x 20 inches, professionally framed. A tea set, a 3-piece wall art ensemble, a large wooden airplane. And more!

All proceeds are for the benefit of the historical bell tower's new roof at UUEstrie, and the David Suzuki Foundation. Tickets are \$25 per adult; \$10 per child.

UUEstrie is located in a centenarian wood-panelled church building at 201 Main St., North Hatley. It was once the First Universalist Church of North Hatley, a parish founded in 1870.

But the celebration is also for the sheer fun of it. For information or to get tickets, call 819-842-4146 or info@uuestrie.ca. Space is limited; reserve in advance. All are welcome.

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Sports

"We didn't concede. We're unbeaten this year against Columbus, and we just took a point on the road."

Montreal's Evan Bush makes one save, Impact and Crew play to scoreless draw

The Associated Press
COLUMBUS, OHIO

Columbus goalkeeper Steve Clark had three saves, Montreal's Evan Bush made one, and the Crew and Impact played to a scoreless draw Saturday night.

It was Clark's fourth shutout of the season and Bush's third. Neither goal-

keeper needed to make a save after half-time.

"I'm pleased with our defensive organization," said Montreal head coach Mauro Biello. "We didn't concede. We're unbeaten this year against Columbus, and we just took a point on the road. It was important not to give anything away to the opposition. This is a good result

for us."

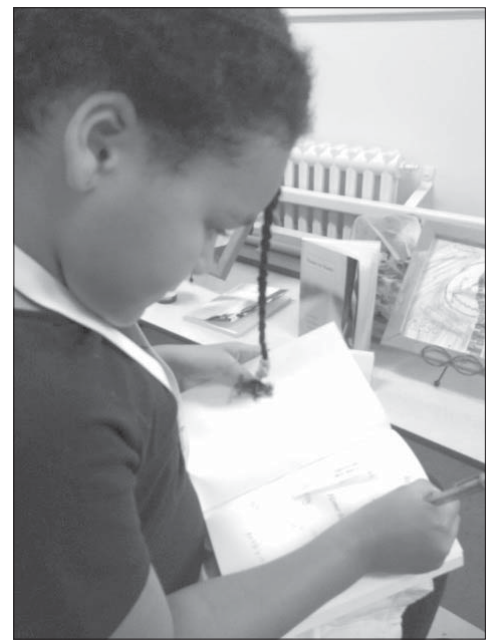
The Crew (3-5-6) had 61.6 per cent possession and attempted 12 shots to Montreal's eight. It was the Impact's first MLS clean sheet since a 2-0 win against Columbus on April 9.

"We were good, very composed defensively," said Montreal's Dominic Oduro. "Coming here and getting a point is

good. We adjusted to Columbus' style of play well. Everybody was in sync, which is really positive."

Didier Drogba left the field with an injured wrist in the 59th minute, but returned moments later for the Impact (5-4-5).

Book Launch at Lennoxville Elementary School



SHARON MCCULLY

The MAC (Mixed Age Class) of Lennoxville Elementary wowed a packed house Thursday evening with a stage performance depicting the plight of immigrants forced from their homes.

When teachers began planning the class project in 2015, which emphasizes learning about refugees and immigration, they did not realize that the attention of the world, and Sherbrooke in particular, would be focused on the Syrian crisis.

The learning module provided first-hand knowledge and experience which brought a heightened sense of awareness of the challenges faced by refugees in their homeland, and in their new homes in Sherbrooke. Earlier this year, the MAC class knit toques as a welcoming gift to the new immigrants.

Thursday's presentation culminated with students signing their book "Home to Home," which they wrote, in both English and French.

Vigil

CONT'D FROM PAGE 1

the victims were preceded by live music and face painting giving the general impression of a community that would not let itself be defeated by tragedy.

"Even in 2016 we recognize that equal rights does not result in equal privilege," said GRIS Estrie President Myriam Pelletier-Gilbert, addressing the crowd. "We know that the sum of all the suffering of the LGBT community; that of yesterday, that of today, those who live here and those live elsewhere in the world; will never be enough to keep us from raising our heads and creating things that do good in the world."

Pelletier-Gilbert shared that the Sherbrooke gathering, like so many others that continue to take place around the world in the aftermath of the Orlando massacre, was a celebration of peace and openness to others.

"Keeping quiet was not an option when we all feel so tied to the victims," the GRIS President



GORDON LAMBIE

A crowd of all ages and all backgrounds joined together on Dufferin Street in Sherbrooke last Thursday to stand in solidarity and support of those young men and women who were killed at the Pulse nightclub in Orlando, Florida the previous week.

said. "We are linked even if we are not those people who are harassed daily because of racism, homophobia, and transphobia."

Scowen Park to be protected

Record Staff
SHERBROOKE

The municipalities of North Hatley and Hatley Township have donated the 34 acres of land known as 'Scowen Park' to the Massawippi Conservation Trust.

This transaction will place the land under protection in perpetuity for use as a recreational area for residents and visitors. The agreement stipulates that an acre bordering Capelton Rd. will be retained by the two Municipalities for a future fire hall.

The Trust has already begun work to create an easy and natural hiking trail in the park. This gift will also help consolidate the Appalachian Corridor conservation and connectivity strategy in this sector, since it is close to the property of the Christie family, which is also protected.

Death



Anthony George DYMOND (1965-2016)

Suddenly at the Brome Missisquoi Perkins Hospital in Cowansville, on Tuesday, June 14th, at the age of 51, passed away Anthony George Dymond, beloved husband of Chantal Bazinet. Son of James Dymond and Joyce Yates. He leaves to mourn his son Brendon, his brother James (Joanne), his nephew Johnathan and his niece Jenalee, his mother-in-law Lyne Bazinet, many other relatives and friends.

The family wish to thank Dr. Phillips, friend and family doctor, Dr. Ferraro, Dr. Poirier and the nurse Karine from Notre-Dame Hospital. Family and friends will be welcomed at the Desourdy Funeral Home, 109 William, Cowansville, Que. on Thursday, June 23rd, from 2 p.m. to 4 p.m. and 7 p.m. to 10 p.m. Donations in his memory to the the CHUM Notre-Dame Hospital, Department of Transplant for the lung in Montreal would be appreciated.

DÉSOURDY FUNERAL HOMES
109 William St., Cowansville QC
PHONE: 450-263-1212
FAX: 450-263-9557
info@desourdy.ca
www.desourdy.ca

Death



Everett TAYLOR (1940-2016)

In Richmond on June 8, 2016 passed away Mr. Everett Taylor, at the age of 76 years. Husband of Mrs. Thérèse Dubois, residing in Richmond.

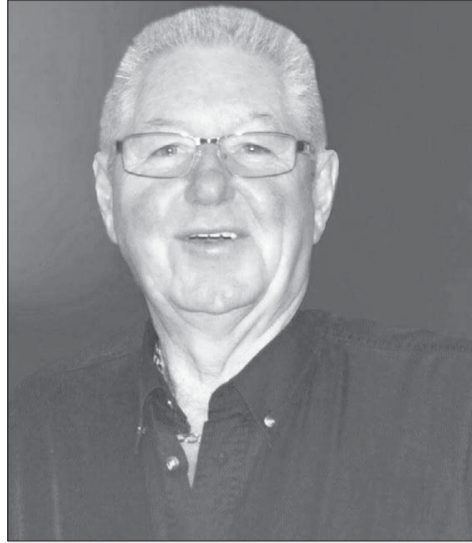
Besides his wife Mrs. Thérèse Dubois, Mr. Taylor leaves to mourn his children: Debra (Jos) and Richard; his special nephew Vince; his brothers and sisters: Mavis (late Robert), Melvin (Lucienne), Heleen (Ben), Ken (Lorraine), Sherran (Bill), Gary (Lucie), he was also the brother of the late Frida; his sister-in-law Joanne Dubois, he was the brother-in-law of the late Mireille (Réhaume) and late Jean-Claude Dubois; he also leaves to mourn many nephews, nieces, other family and friends.

A Liturgy of the Word will be held on Tuesday, June 21 at 11 a.m. at the Centre Funéraire Yves Houle, 198 Adam St., Richmond, Que. Interment at the Ste. Bibiane Cemetery in Richmond. Visitation will be held at the Centre Funéraire Yves Houle, 198 Adam St., Richmond on Monday, June 20 from 7 to 9 p.m. Funeral home opens at 9 a.m. the day of the Liturgy.

Donations to the CHLD Hébergement Richmond would be appreciated.

Centre Funéraire Yves Houle
198 Adam St., Richmond QC
PHONE: 819-826-3747
FAX: 819-826-3001
www.centrefuneraireyveshoule.com
richmond@yveshoule.com

In Memoriams



CRACK, Butch - In loving memory of a great brother and uncle who left us one year ago June 18.

He will never be forgotten.

ROBERT & PHYLLIS AND FAMILY MIRIAM (MICKEY)

JUDD, Clayton - In loving memory of my uncle Clayton Judd who died June 19, 2011.

Rest in Peace Unk

Love LINDA, GERRY, MARIA AND LEWIS

WARD, Ray - June 20, 2010. In loving memory of our dear brother who passed away 6 years ago today.

Since you'll never be forgotten,

I pledge to you today -

A hollowed place within our hearts,

Is where you'll always stay.

Love you and miss you BERNICE, LINDA, JEAN

Datebook

MONDAY, JUNE 20, 2016

Today is the 172nd day of 2016 and the first day of summer.

TODAY'S HISTORY: In 1863, West Virginia was admitted as the 35th U.S. state.

In 1893, Lizzie Borden was acquitted of the murders of her father and step-mother.

In 1900, the Boxer Rebellion began in China, as the Imperial Chinese Army began a 55-day siege of the Legation Quarter in Beijing.

In 1973, Juan Peron returned to Argentina after 18 years of exile.

In 1975, the Steven Spielberg film "Jaws" debuted in theaters.

TODAY'S BIRTHDAYS: Lillian Hellman (1905-1984), playwright; Errol Flynn (1909-1959), actor; Chet Atkins (1924-2001), singer-songwriter; Audie Murphy (1924-1971), war hero/actor; Martin Landau (1928-), actor; Brian Wilson (1942-), musician/singer-songwriter; Bob Vila (1946-), handyman/TV personality; Lionel Richie (1949-), singer-songwriter; John Goodman (1952-), actor; Nicole Kidman (1967-), actress; Robert Rodriguez (1968-), filmmaker; Christopher Mintz-Plasse (1989-), actor.

TODAY'S FACT: Western Argentina is home to Aconcagua Mountain, the highest peak in the Western Hemisphere, with an altitude of 22,834 feet.

TODAY'S SPORTS: In 1967, boxer Muhammad Ali was convicted of violating Selective Service laws by refusing to be inducted. The Supreme Court overturned Ali's conviction in 1971.

TODAY'S QUOTE: "I do not believe in recovery. The past with its pleasures, its rewards, its foolishness, its punishments, is there for each of us forever, and it should be." – Lillian Hellman, "Scoundrel Time"

TODAY'S NUMBER: 1 – Grammy Award win for the Beach Boys. The group, which formed in 1961 and was inducted into the Rock and Roll Hall of Fame in 1988, won the Best Historical Album award in 2013 for its "The Smile Sessions" boxed set.

TODAY'S MOON: Full moon (June 20).

list. We made donations to the Vacation bible school held each year at the Cookshire Fairgrounds (this year it will be July 11 to 15), to the Relay for Life and to the Wish Foundation

Theda thanked us all for all we had done this day. Next meeting will be June 15, with pizza and dessert provided.

We closed with the Mispah benediction: May the Lord watch between me and thee while we are absent, one from the other. Amen.

Until next time,

Submitted by Marlene Lowry

UCW Guest Day

Guest Day was a lovely day from start to finish! Guests began arriving well before noon at the Sawyerville Community Centre. President, Bonnie Fowler, was unable to attend so Vice President, Theda Lowry, welcomed everyone with a smile and some well-chosen words. Tami Spires was invited to say grace. And then the feast began! Salads – potato salad, macaroni salad, rice salad, grape salad, jellied salad- almost any kind of salad you could want! To go with them all, there was cheese bread, raisin bread and brown bread and ham. Dessert was angel food cake with strawberries and vanilla ice cream. We ate so well! It tastes so good!

We began Devotions by a reading from a Bible – Isaiah 43:2 When you pass through the waters, I will be with you; and through the rivers, they shall not overflow you. When you walk through the fire, you shall not be burned, nor shall the flame scorch you.

We used the blue Songs of the Gospel for both of our hymns. The first was Guide Me O Thou Great Jehovah.

Doreen Cairns read a couple of sweet Mother's Day stories from some Chicken Soup for the Soul books. One story was about a young mother who had just come home from the hospital. Self-conscious about the hair loss she'd sustained due to radiation treatments, the mother wanted to explain it all to her 6 year-old-son. The boy snuggled in her lap, head against her chest, while she said her rehearsed speech, ending with "And sometime, hopefully soon, I will look the way I used to, and then I'll be better." The boy sat up thoughtfully, and said. "Different hair, same old heart." Doreen gave a prayer and then we said the Lord's Prayer. I read a little story from a First magazine. Our second hymn was The Church in the Wildwood. One final thought: No one has ever become poor by giving. Anne Frank

The biggest treat of the afternoon was when guest speaker, Sharron Rothney, took the floor. Sharron Rothney has done many, many projects for the Eaton Corner Museum, the latest of which is a series of plays. Although she touched on

the plays briefly, Sharron chose to speak about a project done quite a few years ago when she and Charles Barry interviewed some local seniors. Sharron told a bit of each person's story and encouraged us to visit the museum and listen to the interviews ourselves. A few people mentioned were Gerald Lowd, George Pinchin, Verna Westgate, Claris Philips, Dr. Curtis Lowry and Mabel Mackay who was present. Our thanks to Sharron for all of her hard work and for giving us such an informative and interesting speech.

Mabel MacKay's 97th birthday is May 23, so we sang Happy Birthday to her and presented her with a card. After our guests had gone, we held a short meeting. Vice president, Theda Lowry, called the meeting to order. Secretary, Doreen Cairns, read the minutes of the last meeting. They were approved a read. Twelve members answered the roll. Wendy Mackay gave the treasurer's report. New business was making donations. Our congregation is collecting money for Fort McMurray aid, so we added that to the

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Your Birthday

MONDAY, JUNE 20, 2016

GEMINI (May 21-June 20) — Financial improvements will come through a partnership or changes on the home front. You will find a way to cut your overhead and get the most for your dollar. Romance is encouraged.

CANCER (June 21-July 22) — Preparation is critical before you start new projects at home or work. An interesting offer will grab your attention. Adapt your schedule to take advantage of what's being offered.

LEO (July 23-Aug. 22) — If you show off, someone will be quick to put you down. Make subtle changes that will help you get ahead. Don't let uncertainty lead to a costly mistake. Gather the facts.

VIRGO (Aug. 23-Sept. 22) — Physical activity will help you blow off steam. If you feel someone isn't being sincere, give yourself time and space to assess the situation. Build confidence and boost your morale.

LIBRA (Sept. 23-Oct. 23) — Someone with talents similar to yours will recognize your potential. Share ideas, form a partnership and set a budget. Don't let your emotions get in the way of a good deal.

SCORPIO (Oct. 24-Nov. 22) — Pump up your energy and enthusiasm, and put your plans into motion. Your imagination and drive will ensure that you come up with a great money-making plan. Romance is featured.

SAGITTARIUS (Nov. 23-Dec. 21) — Bide your time, listen carefully to what's being said and weed out any information you feel is inconsistent or based on false data. Don't divulge your financial situation.

CAPRICORN (Dec. 22-Jan. 19) — Emotions will surface if someone disrupts your plans. Move forward swiftly, with or without the person causing you grief. Success will be yours if you follow through on your ideas.

AQUARIUS (Jan. 20-Feb. 19) — Carefully decide where you want to spend your time and money. Making changes at home or to your professional goals will be rewarding, but not likely to please everyone.

PISCES (Feb. 20-March 20) — Don't dwell on the past. Put more emphasis on your personal and financial well-being. Helping others will keep you too busy to worry about situations you have no control over.

ARIES (March 21-April 19) — Learn, gather experience and be a participant. The input you offer will make an impression and help you gain ground professionally as well as bring about positive change personally.

TAURUS (April 20-May 20) — Experience is the greatest way to learn. Get involved in cultural events, different philosophies or an entertaining social group in order to make new friends and learn something new.

MONDAY, JUNE 20, 2016

The exceptions continue to roll

By Phillip Alder

Ambrose Bierce, author of "The Devil's Dictionary," said, "The covers of this book are too far apart."

Last week, we looked at "cover an honor with an honor" and found that it is usually right not to cover the first of touching honors, but to cover the last ... as long as it might gain a trick. However, as you are well aware, bridge stays healthy because there are exceptions to the rules. This week, so that the columns are not far apart, we will look at when you should break that cover-an-honor rule.

The first one features a tough play to find. South is in three no-trump, and West leads the spade queen to declarer's king. What happens after that?

South starts with six top tricks: two spades, one heart, two diamonds and one club. Clearly, he must try to establish and run dummy's club suit.

He starts by leading his club 10. If West plays his low club (do not cover the first of touching honors), declarer runs the 10. Even if East ducks the trick, South will intentionally lose the second round of clubs, collect four club tricks, and take nine in all.

Now, though, let's return to trick two.

				North		06-20-16	
				♠	7 5 4		
				♥	8 4 3		
				♦	6 2		
				♣	A 9 8 6 5		
West				East			
♠	Q J 10 9 8			♠	6 3 2		
♥	K 5 2			♥	J 10 7		
♦	7 4 3			♦	Q J 10 9		
♣	Q 4			♣	K 7 2		
				South			
				♠	A K		
				♥	A Q 9 6		
				♦	A K 8 5		
				♣	J 10 3		
				Dealer: South			
				Vulnerable: Both			
South	West	North	East				
2NT	Pass	3NT	All Pass				
				Opening lead: ♠ Q			

When dummy has a good suit like that and no side entry, West should immediately cover with his queen. What does declarer do then?

If he wins with dummy's ace, East ducks the second club, takes the third, and plays a spade. Or, if South plays low from the board, planning to run the club jack on the second round of the suit, the contract will go down, because the defenders will take three spades and two clubs.

CROSSWORD

Across

- 1 Birthstone between sapphire and topaz
- 5 Frees (of)
- 9 Russian ruler until 1917
- 13 Get a better mtg.
- 14 Take by force
- 16 Germany's von Bismarck
- 17 Biting remark
- 18 "Divine Comedy" poet
- 19 Auntie of Broadway
- 20 Lena Horne classic that begins "Don't know why there's no sun up in the sky ..."
- 23 Historic time
- 24 Earth tremor
- 26 Measure of a store's visitors
- 32 Tic-tac-toe win
- 34 Dryer screen buildup
- 35 German-born sex therapist, familiarly
- 36 Neither here __ there

- 37 Choir members
- 39 John, in Scotland
- 40 "All My Children" vixen
- 42 "Not so hot"
- 43 Tangerine kin
- 46 Subj. for nature lovers
- 47 Before, to Byron
- 48 Bright spot in tough times
- 50 Sales talk
- 52 U.N. advocate for workers' rights
- 53 What a Geiger counter measures ... or, as two words, what the ends of 20-, 26- and 48-Across are
- 60 Tiny "smashing" target
- 62 Gem measure
- 63 __ of expertise
- 64 Works on the lawn
- 65 Subway entrance
- 66 Fish home, at home
- 67 Game on horseback

- 22 Actress Anne
- 25 Milked animal, in kiddie-speak
- 26 Olympic stadium centerpiece
- 27 Mideast ships
- 28 Hunting, catlike
- 29 Common typeface
- 30 Old French money
- 31 Practice fly ball, e.g.
- 33 Postgrad tests
- 38 Spread, as seed
- 41 Do over, as a kitchen
- 44 They're dug up at digs
- 45 Gave off

- 49 Yalie
- 51 "You are not!" rebuttal
- 54 Cheerios grain
- 55 Opera showpiece
- 56 Colombian city
- 57 Persia, now
- 58 See to
- 59 Jabbers
- 60 Rock band need
- 61 As well

S	H	I	P		C	H	E	S	T		D	N	A	
E	I	N	E		L	E	M	M	E		F	O	O	T
A	G	H	A		A	X	I	O	N		G	E	T	S
T	H	E	B	U	S		R	O	U	G	H	S	I	T
T	H	R	O	W	S		T	R	I		K	O	A	
L	A	I		E	A	R	T	H	E	N		I	N	K
E	T	T	A		C	U	R			S	E	N	S	E
					B	O	T	T	O	M	S	U	P	
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K	I	A		S	A	P	P	O	R	O		P	R	U
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P	R	E	V	E	N	T	S		P	L	A	C	E	S
O	A	T	H		A	S	C	A	P		M	I	N	I
L	I	E	S		L	I	A	N	E		P	A	I	D
E	D	A			S	T	R	A	D		S	L	O	E

Down

- 1 Planets, to poets
- 2 Gardening moss
- 3 Oversize coif
- 4 Opera text
- 5 Poet Kipling
- 6 " __ Mommy kissing ..."
- 7 Sandy hill
- 8 Madrid miss: Abbr.
- 9 Marisa of "My Cousin Vinny"
- 10 Touring figure skating show
- 11 Emer. cash source
- 12 Caviar
- 15 Feed the neighbor's cat, say
- 21 "The A-Team" musclem

1	2	3	4		5	6	7	8		9	10	11	12	
13					14			15		16				
17					18					19				
20				21						22				
			23					24				25		
26	27	28				29	30	31			32		33	
34					35						36			
37					38		39			40	41			
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	50		51						52					
					53			54	55	56		57	58	59
60	61					62					63			
64						65					66			
67								68				69		

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

" E SRD AWY AO LMY OYS VYAVGY SMA
LMAIHML 'DLRX SRXD' SRD HAEWH LA
SAXJ." — MRXXEDAW OAXC

Previous Solution: "Being a father to my family and a husband is to me much more important than what I did in the business." — Tom Bosley

TODAY'S CLUE: 7 spenbø 9

REALITY CHECK

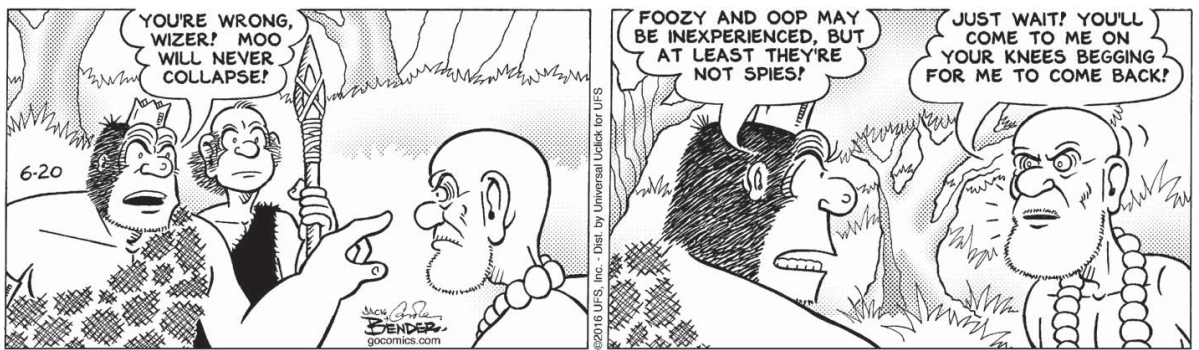


HERMAN

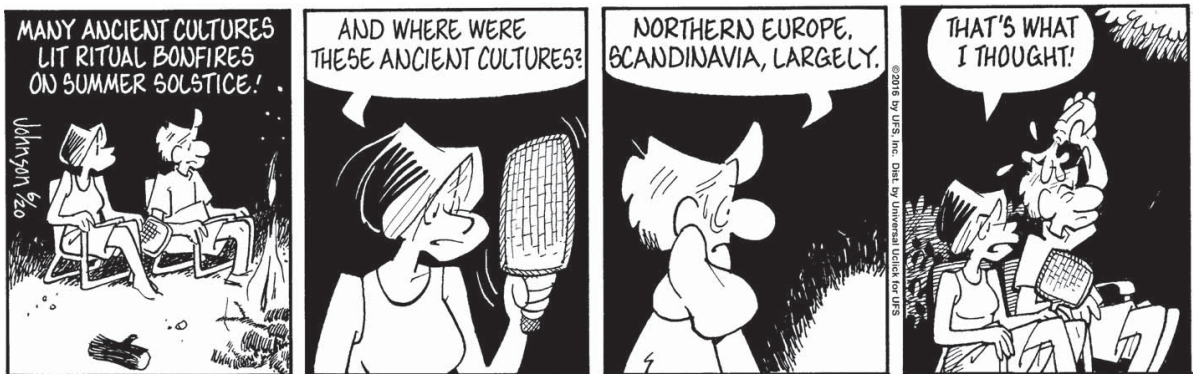


"Did you remember to bring my suntan lotion?"

ALLEY OOP



ARLO & JANIS



THE BORN LOSER



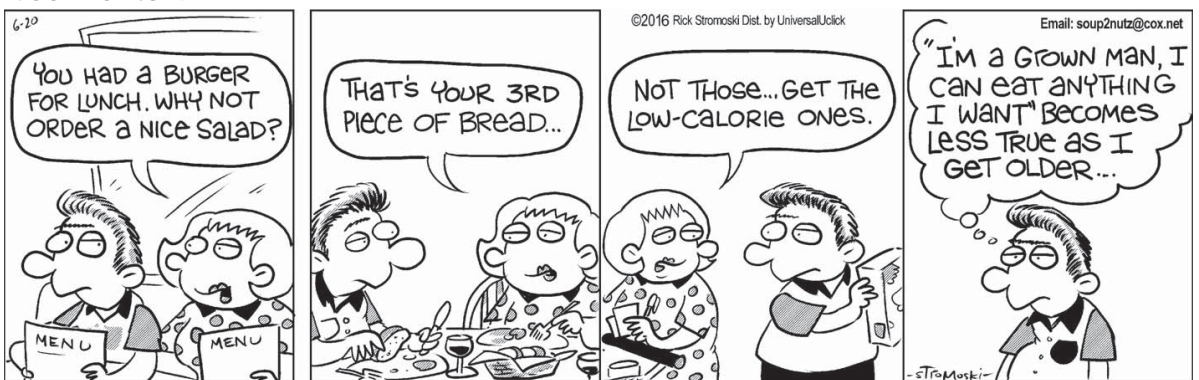
FRANK AND ERNEST



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Please look over your ad the first day it appears making sure it reads as you requested, as The Record cannot be responsible for more than one insertion.

Someone grilled him about his cancer treatment

MONDAY, JUNE 20, 2016

Annie's Mailbox

Dear Annie: I read the letter from "Oregon," who said she was in an accident during a bicycle race and her husband had her cellphone and all of her identification in his backpack.

My husband and I run half marathons. He's faster, so we are rarely together. Here's what we do: All runners have a bib with their race number printed on it. On the reverse is space for your name, medications and emergency contact info. On my bib, I write my husband's name, cellphone number and his bib number. He does the same for me. We also have ID bracelets that we wear anytime we're running, even in our little subdivision. You never know when there will be an emergency. — West Virginia

Dear West Virginia: Thanks for the great suggestions. Even if you aren't in a race, you should have identification, including your name, an emergency contact, any medications, etc. It pays to be careful.

Dear Annie: Why do some people feel it is appropriate to discuss their dining companion's personal health business in public?

Recently, I witnessed someone being grilled about his current cancer treatment and felt sorry for him. It is invasive to ask about cancer surgeries, treatments, etc., in a public place. Some things are not appropriate to discuss at meals, and other diners do not need to know someone's private health issues.

If you must ask questions, be considerate and do it privately. — D.

Dear D.: Thanks for reminding our readers that personal issues, particularly details about one's surgeries or treatments, should not be aired in public places, especially restaurants, where others are forced to listen in. Please, folks, be considerate of your dining companions and the people around you.

Annie's Mailbox is written by Kathy Mitchell and Marcy Sugar, longtime editors of the Ann Landers column

SUDOKU

Difficulty: 2 (of 5)

	1		9	3				
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6-20-16

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8	9	3	6	1	7	5	4	2
2	5	7	8	9	4	1	3	6
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1	3	4	7	6	8	9	2	5
7	8	9	3	5	2	6	1	4
5	4	2	9	7	6	3	8	1
3	7	6	2	8	1	4	5	9
9	1	8	4	3	5	2	6	7

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Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

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3 DAYS ONLY!

Get Monday and Tuesday, June 27 & 28, FREE and pay for Wednesday, June 29.
Total cost for the 3 days is \$8.05.

Email your classifieds to
classad@sherbrookerecord.com
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Must be paid by visa or mastercard.
Deadline: June 22 at noon

THE RECORD

Don't forget to pick up the paper on June 29 for our Canada Day Supplement!

(not applicable for commercial ads (rentals, property for sale, etc).)

