

Destination Sherbrooke seeking votes for the 'next big thing'

By Gordon Lambie LENNOXVILLE

Destination Sherbrooke, the city's tourism agency, unveiled the top five ideas created through its 'Carticpe Sherbrooke' interactive map project late last week.

The project asked the people of Sherbrooke to post their ideas for innovative approaches to local tourism on an on-line map of the city in the places where they would be installed.

Participants were then asked to vote for their favourite ideas in order to determine the finalists.

The projects selected have now moved on to a finals round called 'la bonne IDée' for another public vote. The winner of this second round, if deemed viable, will go on to be set up between now and 2017. 148 projects were submitted to the initial program.

'The participation rate shows us that people are involved in the local tourism industry or are interested in getting involved,' said Jean-François Ouellet, project manager with Destination Sherbrooke.

'It also shows us that people care about the tourism profile of their city.'

Ouellet explained that setting the format of the project as a public vote served as a way to help go through the initial phases of public interest. By drawing the ideas directly from the public and having the options refined by peoples votes means that any idea that gets into the top five does so with the support of a significant number of people. He said that all of the finalists have good potential, and are all based on concrete examples from other places in the world.

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Massawippi Valley Health Clinic celebrates a successful start



GORDON LAMBIE

Orford MNA Pierre Reid (left), Carol Mooney, and Ayer's Cliff Mayor Alec Van Zuiden celebrate the MVHC's official opening Monday.

By Gordon Lambie AYER'S CLIFF

The Massawippi Valley Health Centre in Ayer's Cliff held its official grand opening and ceremonial ribbon cutting on Monday morning. Despite the clinic having opened its doors almost a month and a half ago, the co-op's board of directors, who have demonstrated a cautious desire to make sure things are done right throughout the development process, opted to wait for the dust to settle before celebrating their accomplishments.

'We wanted to make sure the staff had time to feel comfortable in their

new roles,' said Carol Mooney, president of the board of directors. 'This was new for everyone.'

After the wait, however, Mooney said that the team at the MVHC feel right at home. She called Monday a day of celebration not just for those who have worked closely on the clinic project since its inception in 2011, but for the whole community, pointing out that the membership saw a significant boost after the doors opened.

'Five years ago one woman, Dian Cohen, had a dream to create a quality health center in the heart of the Massawippi valley; one with doctors, nurses, and health professionals. 42 people from all 10 municipalities of the Mas-

sawippi Valley united with her in an extraordinary community effort,' she said. 'The doors of the CSVM opened on April 13. To date are doctors and nurses have seen more than 300 patients.'

To date, the health centre's membership has surpassed 1,200.

Those members come primarily from Ayer's Cliff, Stanstead, the Coaticook regional county municipality, Hatley and Ste-Catherine-de-Hatley, with the remainder originating in Ogden, North Hatley, Stanstead Township, Magog, Hatley Township, Sherbrooke, and other points west.

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TODAY:  
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WEDNESDAY:  
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HIGH 29  
LOW 17



THURSDAY:  
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OF SHOWERS

HIGH 25  
LOW 16



FRIDAY:  
CLOUDY

HIGH 26  
LOW 14



SATURDAY:  
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OF SHOWERS

HIGH 25  
LOW 15

# Stay-cation, all she ever wanted

### Deciding not to go-go anywhere on holidays this year...



## DISHPAN HANDS

### SHEILA QUINN

Well, it looks like it's going to be a stay-cation for us.

After organizing a family camping trip to Vermont last summer, we had hoped to make it a yearly adventure, at least for two or three nights, during the construction holidays. Sadly, with high exchange rates and a tiny sum to work with, even a jaunt to Vermont is officially off of the drawing board for summer of 2015.

Then, we remembered... we live in the Eastern Townships. We actually live in the place that people vacation to, with mountains and green spaces and fresh air galore. That and, well, when it boils down to it, we honestly don't really want our kids to become used to the idea that we will even go away every year, either.

Let's face it though, the pressure has been on. In the past decade or so, the number of folks and families who head off on rather lavish trips has grown considerably. What would have been "that one time we went somewhere really special" has become, in some cases a multiple-trip per year scenario. More power to

'em, I guess.

The idea is that we have one week with all four kids here at home, and one week for the two of us. Last year that second week was a shoestring with the only full pockets being under our eyes. This year, we're at least aiming for a potential *escape à deux*.

As my beloved turns 40 in mid-July, hopefully we'll be able to leave the area code during that second week, in celebration, and also in attempt to escape the calls that never stop. "We have a small flood... we need to turn the water on in the small cottage... would you mind taking a look at..." As with any contractors, if we don't leave, we won't be left alone either.

Back to the kids, though.

There's plenty to do here.

They love crafty stuff, so a little time and research will turn out three or four projects or crafting skills that they can delve into. At a BSB auction last Saturday we acquired three carved and painted folk art walking sticks for the three who are constantly digging around for one in the woods, typically fighting over the best staff. (Their names are already written on them... we're not even waiting to let anyone lay claim.) Our fourth hiker is always too busy for a walking stick, plunging on into brush or alone trails to mind.

My youngest was so thrilled at seeing them, upon his arrival home last night, that he held it up and gripped it with both hands, lifted it and brought it dramatically down on its point, saying in his mightiest voice, "You! Shall not! Pass!" Ah, yes, a *Lord of the Rings* quote, Gandalf vs. the Balrog in the Mines of Moria. That's my kid. Something tells me they're going to want to go on more

walks and hikes now – just so they can use them. This is good.

Pinterest, the social media sharing site for all things (from travel to clothing to crafts to cooking, you name it, you pin it), is the go-to site for quick ideas of all sorts. Obstacle courses around the lawn, little gardening projects, inexpensive crafts galore, and, well, at times they'll just have to laze around and occupy themselves. The local library, Douglass Beach, what were we even worried about?

We'll likely take in a few local attractions – they're all easy enough to manage for the waterslides this year, and the Coaticook Gorge's night-time attraction has been on our radar for too long. We will finally get our acts together and witness what the fuss is all about.

A perspective adjustment made the concept of sticking around that much more appealing. We've got two months to plan, after all, and we can get them in on it. They can help plan food, activities and be aware of planning and costs as well.

The yard it is. Our camper might make its way somewhere within a tiny radius, but that's it.

In spite of coming to a clear decision to stay-cation, I could sense that it was bothering my significant other that we can't provide some kind of memorable trip away.

However, I pointed out that our kids so deeply love our time and attention. I reminded him that we can make things special right here from our own yard, and they will remember that forever, just as much as the time we went to visit such-and-such, and the biggest bonus, we are far less likely to hear, "Are we there yet?"

## Lions walk for guide dogs

Record Staff  
SHERBROOKE

The Sherbrooke Lions Club has organized the Purina Walk for Guide Dogs around Sherbrooke's Lac des Nations for Sunday at Jacques Cartier Park.

For nearly 75 years, the Sherbrooke Lions Club has helped people with vision problems and has partnered with the Lions Foundation of Canada to help pro-

vide guide dogs at no cost to Canadians with physical or psychological disabilities. Club president Léo-Jacques Paquette said, "These dogs are an indispensable aid towards greater autonomy for many people. They are their eyes, their security, their companion, and much more."

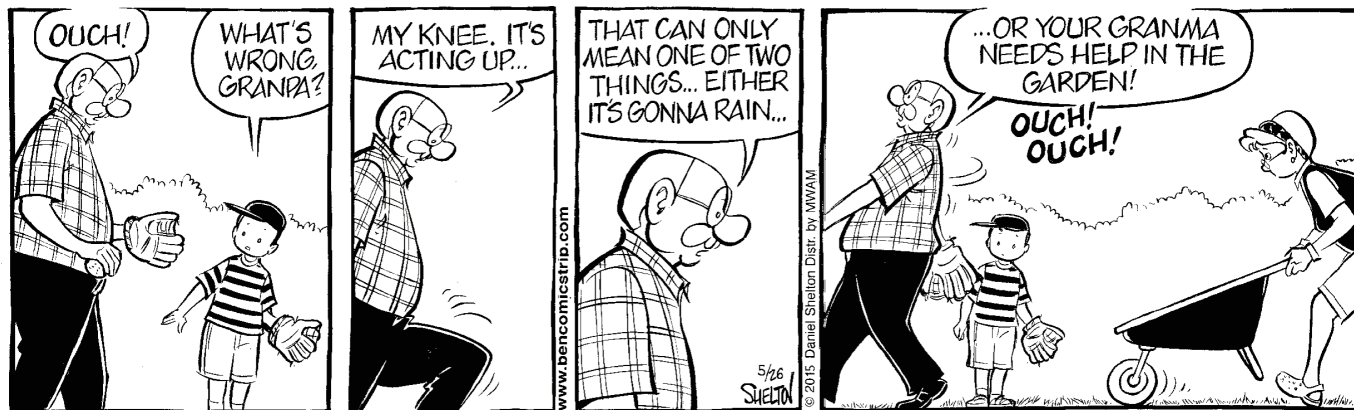
A guide dog costs approximately \$25,000 per year for care and training. The objective of this march is to raise funds so that a person can have better access to this type of assistance, which

constitutes a step towards independence.

The event begins on the promenade at Jacques Cartier Park, with registration beginning at 12:30 p.m. for a 1:30 starting time. Charitable receipts will be issued for donations of \$20 or more and there will be some surprises for the first arrivals.

Several Lions members will be on hand to talk about the six Lions Funds Canada Dog Guide programs.

## Ben by Daniel Shelton



## LOCAL NEWS

"This is a partnership between a co-op and the public system," Reid said.

## Health clinic opening

CONT'D FROM PAGE 1

With the rise in membership comes more work for the co-op's board in terms of doctor recruitment.

"We're becoming very popular," Mooney said, "but we still have to be able to serve our members and provide quality care."

Pointing out that there is a balance to be struck in serving the members well, Mooney said that membership might be capped in the near future based on the input of the clinic staff.

A waiting list would be established were that to occur, with room to expand membership numbers once other doctors come on board.

Identifying the doctor search as a project that is going to be getting a lot of attention in the coming weeks, Mooney expressed the view that, similar to how more people came to sign up when they saw that the clinic was actually open, more doctors would show interest in a clinic that is currently working with a population, rather than just being a hypothetical.

"Doctors bring in doctors," Mooney said.

The grand opening was host to two invited guests: Ayer's Cliff Mayor Alec Van Zuiden and Orford MNA Pierre Reid. Both politicians pointed to the value of the clinic for the community and surrounding area, each stating in their own way that Ayer's Cliff will be more appealing to people looking to settle because of the fact that it has medical service available in such close proximity.

"It's a terribly exciting thing to be able to stand here as mayor and say that we have a medical clinic," Van Zuiden said. "It's a co-op, there are people who have vision that have driven this forward, and it ties into what Mr. Couillard wants to accomplish in the smaller municipalities."

In an interesting turn of events, the announcement and grand opening took place on the same day that Quebec Health Minister Gaetan Barrette reached an agreement with the province's family doctors to have them be exempt from the effects of the health-

care reform, Bill 20, for two years on the condition that 85 per cent of Quebecers have a family doctor by 2017.

Concerns had been raised regarding the bill's implementation of a quota system on doctors for patients, including some voiced to *The Record* by MHVC doctor Julie Martin.

Though not making reference to the deal specifically, Reid expressed that with the model the MVHC is following, there was never any reason to be concerned. He added that although some people perceive the opening of such clinics as incompatible with the existing healthcare system, he recognizes the co-op as being quite the opposite.

"This is a partnership between a co-op and the public system," Reid said. "This is not a situation where one group is getting a privileged access to health care services, so it is completely within the law."

The Liberal MNA pointed out that clinics such as the MVHC stand to have an immensely positive impact on small and rural communities. Proximity

to preventative healthcare, he said, is one of several key factors that help to make a community viable and productive.

"Proximity means something," Reid said, "and (The MVHC) is the concrete proof."

The new health co-operative has benefitted from more than \$250,000 in donations from local businesses and individuals. The clinic is open five days a week, Monday through Friday, between 8:30am and

5:00pm.

Those interested in knowing more about the co-op clinic are invited to attend the centre's open house weekend on May 30 and 31 between 10 a.m. and 2 p.m.

Members of the board and staff will be on hand to welcome new members, area residents, and other interested persons to tour the facilities, located at 1082 Main Street in Ayer's Cliff.

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## St-Pierre and Chibaeff renew Franco-Quebec cooperation

By Gordon Lambie  
SHERBOROKE

Christine St-Pierre, the provincial minister of International Relations and the Francophonie, was in Sherbrooke on Friday to unveil the programming of the 65th Permanent Commission on Franco-Quebec cooperation along with the Nicholas Chibaeff, consul general of France in Quebec. The announcement was made in the lobby of the University of Sherbrooke's cultural centre, itself a product of past collaboration between the province and the European nation.

"The Permanent Commission on Franco-Quebecois co-operation is an eloquent illustration of the direct and privileged relationship between Quebec and France," said the minister. "Again this year, more than 100 projects will be implemented, mobilizing actors from small community groups as well as cultural organizations and universities."

St-Pierre explained that the 100 projects accepted by the international co-operation initiative come from a broad cross section of local society and go far beyond the original, culturally based origins of the commission.

The projects were all derived from a public call for initiatives and will have access to a financial matching grant fund that has been set aside by the two governments, totaling \$2 million.

Chibaeff called to mind the twinning of the cities of Sherbrooke and Mont-

pellier, France in 2014 as a firm example of international cooperation.

He pointed out that the decision has only increased the number of projects accepted in the 65th commission that are from the region as compared to past years.

Though a partnership has long existed between the University of Sherbrooke and that of Montpellier, the ongoing and growing projects year after year have only served to strengthen the past relationships, according to the consul general.

The projects accepted on the local level demonstrate the wide range of possibilities for initiatives within the commission.

Among them is everything from a research project on the integration of rechargeable vehicles into the electrical network and the optimization of solar technology to studies on educational practices and driving safety for the elderly.

This year marks the 50th anniversary of the Permanent Commission. Whereas the initial projects of the co-operation agreement were very focused on education and culture, the mandate of the agreement has evolved significantly over the decades.

"The people involved has multiplied and the topics open for discussion have diversified," Chibaeff said.

"The ambition remains the same however, to respond together to the issues facing our societies today."

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# Massage therapy for the most senior of seniors



RACHEL GARBER

By Rachel Garber  
HATLEY

Some massage therapists arm themselves with multiple approaches. Some few focus on what they love and perfect their chosen art. Into this latter group falls Reine Gagnon, massage therapist. Her love is to offer massages to seniors, especially the senior seniors, those of us who are outrageously old and may be marking time in a long-term care facility.

Her love is for the people who receive her services, people who most need massages. "People feel uncomfortable when we talk about old age," she said. "But we have to confront it. Because we're going there, everybody, for sure!"

When it comes to her passion, Gagnon does not mince words.

"I want to talk to the children of those very old people that are alone most of the time, and you know, a bit neglected. I have been in those establishments many, many hours and days with my parents," she said. "They don't get enough love, and that makes me very sad. I wish they had more appreciation from the younger generation. In their lives, they worked like horses. They built what we're profiting from today."

She's especially talking about people aged 90 or older who live in rural areas. Their lives consisted of hard work, she said.



RA GARBER

Reine Gagnon, massage therapist.

She acknowledges that in seniors' facilities, too often staff members are too few, and their burdens are too great. So bath times can be infrequent and short. "We do it fast because there are so many people to bathe. They should have a bath twice a week, with an hour in the bath, and a massage with creams."

Massage Therapy Canada, an online journal, lists a whole pile of benefits for "geriatric massage." Examples are improved circulation, faster healing, pain relief, restored range of motion and flexibility, reduced stress and anxiety, and relief from depression. It cites research reported in the *New England Journal of Medicine* that suggests massage can help soothe patients with Alzheimer's and dementia.

These are benefits applicable to any stage of life, but may be particularly helpful for the life stage when people are most often hit by debilitating or painful conditions such as arthritis or osteoporosis, or various dementias. "Old age ain't no place for sissies," Bette Davis is said to have said.

Gagnon's love of offering massages to seniors is based squarely on her experience with her own parents. Her father, and then her mother, came to need a level of medical care that required their living in a residence. She would not only visit them; she would give them her special prescription — an hour-long bath, followed by an hour-long massage with lotions.

"My mother — the first time she received a massage, she was 60-something. She loved it. A woman that deserved a massage — that was her!"

"Baby boomers, and the younger generation, they offer themselves a lot of things. They treat themselves a lot. They should really be more conscious, and treat their parents to a massage. We wouldn't dream of treating babies the way we treat old people. It makes me very sad."

To that palpable passion, add Gagnon's 30 years of experience as a massage therapist, first in Montreal, then in the Townships. She offers a deep Swedish massage and adapts her technique to each individual.

In her office, her massage table stands in a large sunny room in front of a wood stove. Her sheets, pillows and comforters are 100 percent natural. She uses top-of-the-line hypoallergenic natural lotions and essential oils. Certain aromas are therapeutic in and of themselves, she says.

But she also does home visits, or visits to care facilities. Forget about turning onto your stomach or onto your back. Gagnon offers massages in a person's own bed, and often while the person is lying on their side, even sitting. She is expert at adapting to the individual's level of comfort, sense of modesty, health needs, and capacity to change positions. She can massage either over or under a garment. It can be in bed or in a lounge chair. It can be a complete or partial massage, maybe a facial, or a foot or hand massage.

"I've developed a relaxing therapeutic

massage for seniors with a loss of autonomy," she emailed to a prospective client whose mother has Alzheimer's. "I have to say very sincerely that this clientele is extraordinarily receptive and gratifying."

"I dream of institutions including massage care in order to give a bit more humanity to beneficiaries nearing the end of their lives.... A simple massage of the hands can suffice to illuminate the long day of an old person. A foot massage does marvels too. So imagine a long massage of 90 minutes, including a facial and other parts of the body that need massaging!"

She described one woman with Alzheimer's that she massaged weekly for three years. "Despite her illness, she recognized me pretty quickly when I would arrive. And during the massage, her body anticipated the positions to take during the routine of the massage, without my reminding her. She would keep her eyes open during the entire treatment, "not to miss any of the sensations," she told Gagnon.

Gagnon lives in Hatley, and over recent years, has offered her services to residents of the Connaught Home in North Hatley, as well as in her own office. In addition to a Swedish massage diploma, she also has supplementary training, and some 18,000 hours of experience as a massage therapist.

She is a member of the Quebec coalition of massage therapists, which permits her to offer a receipt recognized by many insurance companies. Her website is [reinegagnon.wix.com](http://reinegagnon.wix.com).

Ra.writes@gmail.com



ARIANE LOUISSEIZE

Reine Gagnon massages a senior in her office in Hatley.



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## C COLUMNIST

Smoking is more or less suicidal. And yet we continued to light up.

## Smoke on the water (and everywhere else)



TOM CAVANAGH

My first memory about cigarettes takes me far back in time. I don't remember much about the details, except for age. That is easy because we moved to East City in Peterborough, Ont., where I entered Grade 3. There you have it: age 8.

My father was into cigarettes big time, and the attractively packaged red and white Buckingham brand was his first choice. He smoked all his life, and in good times he bought them by the carton. I followed in his footsteps in many ways, but not all. In those long ago years, good and bad, my enterprising father had a small farm just outside the city and a very small appliance store on George Street, the town's main street. I often wondered how he raised the money for those various activities. Too late now.

One evening my dad sent me to a local convenience store for cigarettes. Dad had no money but instructed me to say he would pay later. Unfortunately the sales woman was unco-operative. Exactly what I feared might happen.

"So your father thinks he's a big shot. Is that it? And you too? You're another big shot? Get outa here. Bigshot!"

Unsurprisingly I said nothing. I certainly did not feel like a big shot. Back home my dad's response was supportive. He told me not to worry but I probably did. It's in my genes.

Cigarettes did not frequently impact my life but they had an influence. For example in high school I was briefly suspended from St. Peter's High School for smoking. I suspect I defer too easily to authority but I accepted the punishment without protest. Still it seemed unfair in that I was actually walking away from the school when the incident occurred. Disgraced the good Cavanagh name. In today's world it seems possible this injustice could have ended up in the Supreme Court. Well, probably not.

Another item that seems unlikely is the fact that in the 1970s Champlain College professors smoked while teaching classes. Ah yes, Virginia, it is true — and I plead guilty.

The roll back started in the late '70s, I believe, and although I gave notional assent I used to feel it was a stretch to harass a smoker off alone in a park. But the cheesiest of all were those puffing away behind, in front, and beside you on airliners. How did they get away with that? And the ads: "So round so firm so fully packed, so smooth and easy on the draw." "For a taste that you like, Light up a Lucky Strike." Almost sounds like they might improve your health. Anyway, times change although not quickly

enough.

I blush to admit to a hidden photo with me taking a last drag on a cigarette before running the Ottawa marathon. Probably my best time. Things do change, don't they?

Smoking is more or less suicidal. And yet we continued to light up. (Change "we" to "I".) I tried, but not enough. And Africa is a factor. Our first posting (1969) was a three-year stint in Ghana with four young children all under seven. Memorable but no picnic.

The second, 1988, was a two-year volunteer posting in Malawi. My dear wife Rosemary was understandably opposed. She worked so hard for years to get me off smoking, and these were my top salary years. (For years I was on two packs a day.) Furthermore, she was close to a full-time position at ETSB.

But Africa! Such a chance! Such a world! Such an experience. Don't miss it.

My wife suggested we wait for retirement. But who knows? Would I/we still want it some years down the road? Would our health hold up? Would there even be an offer? In addition my youngest daughter Laura (age 13) was joining us, and totally against it.

Finally, Rosemary settled matters. I quit smoking. She agreed to Africa. Deal closed. Rose in the music department. Me as head of social sciences, University of Malawi. Here we come!

Two years pass and Laura insists on an evening walk around the campus. Something is up. ("You don't have to say

anything Dad, just listen and think about it.") She explains slowly how we should stay for at least one more year. She has worked it all out. I had to say no, but how delightful that she loves the country, the people, and the experience so much. Me too.

Back to smoking. It was more than acceptable in Malawi, plus you could buy them one at a time. Quelle temptation. I have heard cigarettes are harder to kick than heroin. Well it is tough but I won — after my fashion. The best of times. The worst of times.

In one country I watched the school volleyball team and their coach all smoking as practice went on. Finally came my operations and long hospital stays resulting from a parasite (bilharzia) that accompanied me back to Canada from Lake Malawi.

Luck matters and mine was considerable. More than I deserve. So thanks for it all, the best and the worst. And here's to spouses, friends, family, and strangers.

Last thought. Back in the day some songs critiqued smokers but never for very long. Nevertheless, the lyrics were sometimes clever and funny. One sample suffices.

Man and woman at heaven's gates but there's a line up. Willie Nelson to the rescue.

*Smoke smoke smoke that cigarette  
Puff puff, puff  
And if you smoke yourself to death  
Tell St. Peter at the Golden Gate  
That you hate to make him wait  
But you just gotta have another cigarette.*

## Destination Sherbrooke

CONT'D FROM PAGE 1

The five projects selected for "la bonne IDée" include a downtown beach, a zip line in the Magog gorge, a surfing wave in the St. Francis River, an illuminated fountain in one or several of the city's bridges, and a rail-based bicycle system on the disused Quebec-Central rail line.

Voting on these five projects is open until June 16 on the project's website, [www.labonneidee.co](http://www.labonneidee.co). At the end of the voting period, the top idea will be subject to a larger feasibility study by Destination Sherbrooke, with the hope of getting the program up and running by the 2017 tourist season, if not earlier.

The announcement took place in the midst of Destination Sherbrooke's launch of the 2015 tourist season in Bandeen Hall at Bishop's University. The annual event brought together a wide array of representatives from the local tourism industry for a day long symposium on the up-and-coming ideas in the world of local tourism.

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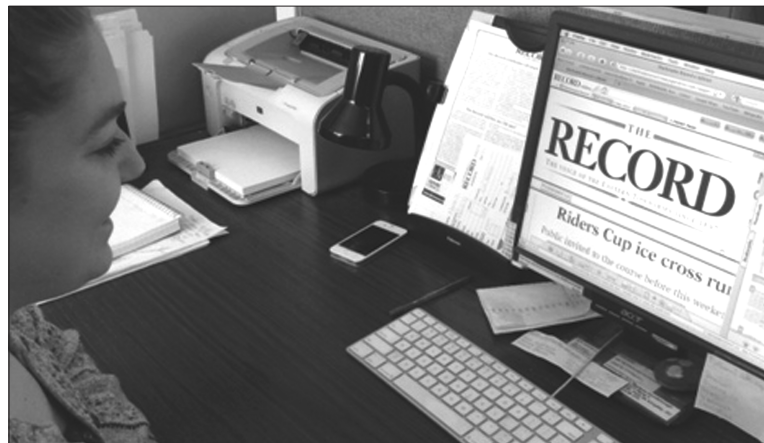
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# EDITORIAL

Why was the system not adequately tested before the need to implement it arose?

## A certain disconnect



SUSAN MASTINE

Decades ago, when an emergency arose, all you had to do to inform and/or warn everyone in the neighbourhood was to get on the phone and call the operator. Immediately, everyone else on the party line knew what was afoot.

Today, we rely on technology-based alerts and alarms to help keep us safe. But, they do not always succeed, as two separate incidents last week have demonstrated.

The first episode relates to the tornado alerts and severe storm warning messages issued over the airwaves on May 19. Those living in the northern sections of the Eastern Townships were luckier than most other communities in the storm's path. The references to localities like Drummondville, Richmond, and Victoriaville were comprehensible.

But other Quebecers were not so fortunate. The automated voice delivering the warnings of tornado funnels, huge hailstones, and high winds truly garbled the pronunciation of areas such as Val Cartier, and others, whose names could not be fathomed even after repeated attempts to listen more attentively.

Our new nationwide emergency alert system, the National Alert Aggregation & Dissemination System, is the one central platform for the issuing of threat-to-life alert. It "collects public safety messages from authorized government authorities and distributes those messages by satellite and through the internet to broadcasting undertakings such as radio and television stations, cable and satellite TV companies and other last mile distributors."

This system's role is to issue alerts in situations in which there is a threat to life and property as defined by criteria established well in advance. Examples of such instances are weather events, earthquakes, falling meteorites, train

derailments, oil spills, and forest fires. In last week's case, the alerts did not effectively communicate the urgent situation to some of the people in danger. The complaints about the mangled audio message are legitimate and have been attributed to problems with the text-to-speech automated alert transmission system.

The powers-that-be at Pelmorex Communications Inc., which runs the National Alert System, have publicly stated that content clarity is critical, and have made a commitment to rectify the situation.

A key question remains unanswered. Why was the system not adequately tested before the need to implement it arose?

Had a tornado touched down and caused death and destruction, heads would have rolled. Just because everyone and everything is safe does not mean that Pelmorex should not be taken to task for this major communication failure.

However, expressions of displeasure by a number of individuals over the frequency at which last Tuesday's alerts were broadcast are not valid. Not everyone is tuned into the radio or television every moment of the day. Therefore, it is vital that messages related to public safety be repeated often.

In the second recent security incident, an alarm suddenly went off in a municipal building in Richmond in the late afternoon, although parts of the building had been open to the public throughout the day. The noise in the community hall was both deafening and alarming. It did not abate.

There was no sign of smoke or of any emergency crew speeding to the scene. Many minutes passed. The raging sound continued to blare.

The police detachment is right across the street. Still no police car, fire truck, representative from the town, or person assigned to the security of the premises appeared. It makes one wonder just how much protection a security system provides. What guarantee is there that someone will promptly arrive to handle an emergency?

The word "disconnect" comes to mind. And this applies to both of the aforementioned situations.



## Picture of the Day



AP PHOTO/CHARLIE RIEDEL

Sisters Sherrie Ray, left, and Carol Harner stand at their parents' graves at the Leavenworth National Cemetery in Leavenworth, Kansas. The U.S. marked its annual Memorial Day holiday on Monday.

### THE RECORD

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#### PRINT SUBSCRIPTIONS

QUEBEC:	1 YEAR	6 MONTHS	3 MONTHS	GST	PST	TOTAL
	135.60	71.19	36.16	6.78	13.53	\$155.91
				3.56	7.10	\$81.85
				1.81	3.60	\$41.57

#### ON-LINE SUBSCRIPTIONS

QUEBEC:	1 YEAR	1 MONTH	GST	PST	TOTAL
	71.50	6.49	3.58	0.32	\$82.21
			0.65	0.65	\$7.46

Rates for out of Quebec and for other services available on request.

The Record is published daily Monday to Friday. Back copies of The Record are available.

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# Local Sports

The Alouettes, who went 9-9 last season and finished second in the CFL East Division, will be in Lennoxville from May 27 until June 16.

## Alouettes training camp set to return to Bishop's

Record Staff  
LENNOXVILLE

For the sixth straight year, the Montreal Alouettes will be holding their annual training camp at Coulter Field, on the Bishop's University campus.

The Alouettes, who went 9-9 last season and finished second in the Canadian Football League East Division, will be in Lennoxville from May 27 until

June 16.

The team's rookies, including new signing Michael Sam — the former SEC player of the year, arrive on Wednesday, with an on-field session set for 2 p.m. The rookies are back on the field on Thursday and Friday, at 8 a.m. each day.

The Alouettes veterans, led by returning starting quarterback Jonathan Crompton, hit the field on Sunday.

On Sunday and Monday,

practices are set for 7:50 a.m. and 10:35 a.m.. The only practice on Tuesday, June 2 is set for 8:30 a.m.

The team returns to two-a-days on Wednesday, June 3, with practices at 7:50 a.m. and 10:35 a.m. on June 3 and 4. June 5 sees one practice at 8:30 a.m., followed by another two-practice day (7:50 a.m. and 10:35 a.m.) on Saturday June 6.

On Sunday, June 7, the Alouettes head to St-Hubert for their

intersquad scrimmage.

The team returns to Lennoxville on Monday, June 8, for another week of practice. Their first exhibition game is set for June 13 in Quebec City, when they will face the Ottawa Redblacks.

After that game, the Alouettes will practice on June 15 and 16 at Coulter Field.

All practices are open to the public and admission is free.

Their home exhibition game

is Thursday, June 18 against the Toronto Argonauts, and their regular season opener is on June 25 at home to the Redblacks.



## Verts senior men in battle for first place

By Mike Hickey  
Special to the Record

First place will be on the line Saturday evening when the Verts senior AAA Division-1 men take on the Chaudiere-Ouest Rapids at 8 p.m. at the Olympic Field at Sylvie Daigle park.

The Verts tied Beauport Royal Select 1-1 last weekend as Edzevid Deljevic scored the lone Sherbrooke goal. The Verts enter Saturday's game with a

one-point lead over the Rapids in the battle for first place although the Rapids have a game in hand.

The Verts senior AAA Division 1 women ran their unbeaten streak to four games last Saturday with a 2-0 shutout over Chaudiere-Ouest Rapids. After losing their season opener 5-2 to Lakeshore the Verts have tied Mascouche and beaten Longueuil, St-Leonard and Chaudiere-Ouest. They meet Repentigny Saturday at 6 p.m. at

Olympic Field.

The Sprint senior AAA Division 2 women evened their record to 2-0-2 with a 5-3 win over the Beauport Royal Select. Tiffany Smith paced the offensive attack with three goals while Ariane Bouchard and Laurence Rouleau chipped in with a goal apiece. Their next game is Sunday against the Haut-Richelieu Celtic at 4 p.m. at Olympic Field.

Mikale Fontaine and Emrick Mation Giroux scored a goal

apiece to left the Sprint AAA U15 boys to a 2-1 win over the Estrie Rebels as the team improved its league record to 4-1-2. They are back in action Sunday afternoon when they host Repentigny at 2 p.m. at Olympic Field.

The Verts U-16 AAA girls dropped a 3-1 road decision to Roussillon as Penelope Cabana scored the lone Sherbrooke goal. The Verts will play Terrebonne Saturday afternoon at Olympic Field with a 2 p.m. start.

The Sprint U-16 AAA boys will be looking for their first win of the season Saturday when they meet Blainville for a noon tilt at Olympic Field. The Sprint have one draw and six losses to date.

Jordan Pierre-Gilles tallied three goals and Vincent Lemay added one to lift the Verts U-17 AAA boys to a 4-3 victory over Hull.

The Verts, with a 3-2-2 record will play Fabrose Saturday at Olympic Field at 4 p.m.

### LOCAL SPORTS BRIEFS

## East Angus picks up pair of player-of-the-week honours

Record Staff  
SHERBROOKE

After picking up their first win of the season last weekend, the East Angus Wolves picked up two of the Quebec Senior Lacrosse Circuit's "three stars" of the week.

Derek Carpentier was named the league's first star, for his seven-point performance. The second star went to Jean-Guy

Thouin of Laval, who had five points in a 14-10 loss to Windsor. The third star was Sasha Lowry Gagnon of East Angus, who had 49 saves.

In the junior league, the Longueuil Patriotes swept the three-star honours. Alexandre Brault was the first star, after scoring nine goals in two games, while Cedric Vinetti was the second star and his brother Xavier was named third star.

Brebeuf sweeps high school field lacrosse tri-match

Brebeuf College of Montreal swept a high school field lacrosse tri-match held Saturday at Alexander Galt Regional High School. The visitors defeated Stanstead College 8-4 and Alexander Galt 8-5 to go 2-0. Stanstead defeated Galt 7-1 in the day's first game, as they finished with a 1-1 record.

Pro-Gym split doubleheader

The Sherbrooke Pro-Gym split their home-opening doubleheader at Amedée-Roy stadium on Saturday afternoon.

The Pro-Gym dropped the first game 13-5 to the Pointeaux-Trembles Jets, but rebounded to capture the nightcap by a 6-5 score.

In the first game, Joey Johnson took the loss, giving up four

runs on four hits and four walks.

In the second game, the Pro-Gym spotted the Jets a 5-0 lead after three innings, but came back to pick up the win.

Etienne Marceau led the Pro-Gym as he went 3-for-3, falling just a single short of hitting for the cycle.

Sherbrooke is now 2-1 on the year and is back in action on Tuesday, June 2.

## Centre Cole Cassels a two way threat for Generals at Memorial Cup

By Bill Beacon  
The Canadian Press  
QUEBEC

Cole Cassels has been the man in the spotlight for the Oshawa Generals.

The versatile centre took most of the important faceoffs as the Generals beat the Quebec-champion Rimouski Oceanic and host Quebec Remparts in their opening two games at the Mastercard Memorial Cup.

Perhaps the biggest so far came late in overtime against the Remparts. Cassels' draw back to defenceman Stephen Desrocher for the winning goal gave Oshawa a 5-4 win in a game it dominated but was in

danger of losing thanks to Zach Fucale's brilliance in the Quebec net.

The two had combined on a similar goal in a 4-3 win over Rimouski.

"We knew Steve has a great shot and he gets it off quick," Cassels said Monday. "It worked out twice for us."

The 20-year-old Cassels, a Vancouver Canucks prospect whose father, Andrew, is a former NHL centre, is playing his best at the right time for the Generals.

Linemates Bradley Latour and hulking Calgary Flames prospect Hunter Smith, as well as top defence pair of Josh Brown and Dakota Mermis, got much of the credit for limiting

the damage from projected first overall draft pick Connor McDavid and the Erie Otters in the Ontario Hockey League final.

Coach D.J. Smith has the luxury of having two faceoff aces, Cassels and Montreal Canadiens first-round pick Michael McCarron, and decides before each game which one to match against the opponent's top centre.

"A lot of winning faceoffs is digging in and battling, and he battles all the way through the draw," Smith said of the six-foot-one 190-pound Cassels.

His offensive numbers have climbed in each of his four OHL seasons, all with Oshawa. This year he had 30 goals and 81 points in 54 games. Smith's

strong defensive game as well as being a right-hand shot has Smith seeing Cassels as a second-line NHL centre, third-line at worst.

Cassels isn't looking that far ahead just yet.

"It's a process to get to the NHL," he said. "It's a big step, but right now I'm just focused on the Memorial Cup."

Cassels said his father gave him many pointers on faceoffs, but mostly he picked up the skill by working with former Generals players Boone Jenner and Scott Laughton.

He is not the only General with a hockey father. Back-up goalie Jeremy Brodeur's father, Martin, is a three-time Stanley Cup champion and the NHL's

all-time leader in wins. Defenceman Stephen Templeton is the grandson of legendary OHL coach Bert Templeton.

Andrew Cassels, an OHL most valuable player with the Ottawa 67s, was first round pick by Montreal in 1987 and also played in Hartford, where Cole was born, Calgary, Vancouver, Columbus and Washington.

In 16 NHL seasons, he had 204 goals and 732 points.

Cole Cassels was picked 85th overall by Vancouver in 2013. He would do well to match his father, but for now just wants to finish his junior career with a bang.

"I would love to go out a champion," he said.

**Death**



**Bonnie Alice SMITH (WEBB)**  
(June 11, 1941 – May 9, 2015)

It is with heavy hearts that we announce the passing of Bonnie Smith at the age of 73. Although she had been fighting a battle with cancer for over 2 years, her death was very sudden, but peaceful, and she was surrounded by her family at her home in Edmonton.

She will forever be loved and remembered by her daughters, Nancy (Brett McConkey) of Calgary, Alberta, Marlene (Luis Lanza-Luna) of Vancouver, British Columbia; grandsons, Jaden, Garrett, Ethan, Connor, Ashton and Cristian; sister-in-law, Nora Webb (Lapenna); brother & sister-in-laws, Bill & Norma (Smith) Robinson of Kitchener, Ontario, Gary Smith of Lennoxville, Quebec, and Larry & Lisette (Parenteau) Smith of Rock Forest Quebec; as well as several nieces, nephews, great-nieces and nephews, cousins and countless friends and neighbours. She is predeceased by her husband, Robert P. Smith; parents, Blanche (Perron) & Floyd Webb; and brother, Wendell Webb.

As a registered nurse she devoted her life to caring for and helping people in need. She did so with extreme pride and diligence and continued to do so even after she retired and when she became ill.

A funeral mass will be held in her honor at 11 a.m., Thursday, May 28, 2015 at St. Thomas More Parish (210 Haddow Close NW, Edmonton). Cremation has taken place, and interment will be in the family plot with her parents in Stanstead, Quebec. Details for this will be given at a later date.

If desired, honor/memorial donations can be made to WIN House (winhouse.org) or Wings of Providence Crisis Shelter (wingsofprovidence.ca).

**HAINSTOCK'S FUNERAL HOME**  
9446 51-Ave, Edmonton AB

**PHONE: 780-440-2999**  
**FAX: 780-440-4925**

**Death**



**Murdena Claricoates**  
(née Boy)

Peacefully at Kingston General Hospital on Sunday, May 24, 2015. Beloved

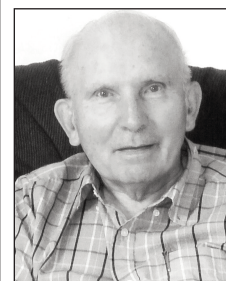
wife of the late Ronald Claricoates. Loving mother of Elaine Elizabeth 'Becky' (Wayne) Snider. Sadly missed by grandchildren Christopher Mellon and Amy Snider. Survived by her sister Isabelle (Boy). Predeceased by her son Philip. Sadly missed by several nieces and nephews.

Cremation has taken place. Friends will be received at the GORDON F. TOMPKINS FUNERAL HOME, 435 Davis Drive (Centennial Drive and Taylor-Kidd Blvd.) on Saturday, May 30, 2015 from 1:30 to 2:30 p.m. followed by a Memorial Service at 2:30 p.m. Rev. Jim Gordon officiating. A private family interment will be held on Monday at Catarqui Cemetery.

For those wishing, donations may be made to the Kingston Humane Society in memory of Murdena. Sharing memories online at: [www.gftompkinstownship.ca](http://www.gftompkinstownship.ca)

**GORDON TOMPKINS FUNERAL HOME**  
435 Davis Drive, Kingston ON  
**PHONE: 613-546-5150**  
[www.gftompkinstownship.ca](http://www.gftompkinstownship.ca)

**Death**



**Daniel Frank INGHAM**

Born November 12, 1935, Sherbrooke, QC. Passed away in Brockville Hospital on May 22, 2015. He was predeceased by his wife Leona, his parents Frank and Annie (McIver) Ingham, his brother Douglas and his infant daughter Sharon Louise. Survived by his daughter Nancy and grandchildren Cory, April and Styx. Also survived by a loving partner Eleanor Sutherland.

There will be a gathering for family and friends at Pinecrest Reception Centre, 2500 Baseline Road, Ottawa, Ont. on Saturday, May 30 from 3 to 4 p.m. Memorial donations to the Brockville and District Palliative Care Service will be gratefully acknowledged.

Condolences, donations and tributes may be left by visiting: [www.irvinememorial.com](http://www.irvinememorial.com)

**IRVINE FUNERAL HOME & CHAPEL**  
4 James St., Brockville, ON  
**PHONE: 613-342-2828**  
**FAX: 613-342-9893**  
[www.irvinememorial.com](http://www.irvinememorial.com)

**Death**



**Audrey KIENZER**  
(née Barrasford)

Heavily heart-felt, I am announcing the passing of my

wife at La Providence Hospital in Magog, Que., on Friday, May 22, 2015. She leaves to mourn her husband Gerhard "Gert" Kienzer, her brothers William Barrasford (Jenny), John Barrasford (Hilda) and late Ron Barrasford (late Edna), her nephews and nieces, Gillian, Graham, Helen and late Keith, many of her husband's family and friends.

Many thanks to the doctors and the staff of the Palliative Care Unit in Magog for their help and caring.

To respect her wishes, cremation took place at the Désourdy Crematorium in Farnham. A memorial service will be held at a later date in Mansonville.

Arrangements entrusted to the Désourdy Funeral Home, 4 Vale Perkins, Mansonville, Que.

**DÉSOURDY FUNERAL HOMES**  
4 Vale Perkins, Mansonville QC  
**PHONE: 450-292-3204**  
**FAX: 450-263-9557**  
[info@desourdy.ca](mailto:info@desourdy.ca)  
[www.desourdy.ca](http://www.desourdy.ca)

**Death**



**Phyllis Anne WALKER**  
(1948-2015)

Passed away peacefully at the Maison Aube-Lumière on May 19, 2015.

Beloved daughter of the late Herbert Walker and the late Ethel Beattie. Cherished sister of Floyd (Nancy Goodin) and Helen (Doug Raymond). Loving aunt of Chris Walker, Scott Walker, and Peter Fletcher. Predeceased by her niece Laura Fletcher.

Visitation will take place at the Lennoxville United Church, on Wednesday, May 27, 2015 from 1 to 2 p.m. Funeral service to follow at 2 p.m., Rev. Jim Potter officiating. Interment will take place at a later date.

In lieu of flowers, donations to the Maison Aubé-Lumière, 3071, 12e Avenue Nord, Sherbrooke, QC J1H 5H3 would be greatly appreciated.

The family would like to thank the staff at the Maison Aube-Lumière for the wonderful care given to Phyllis, and also Sandra and Wayne Gillam for sharing their home with Phyllis for the last ten years.

**CASS FUNERAL HOMES**  
3006 College St., Sherbrooke QC  
**PHONE: 819-564-1750**  
**FAX: 819-564-4423**  
[cass@casshomes.ca](mailto:cass@casshomes.ca)  
[www.casshomes.ca](http://www.casshomes.ca)

**Datebook**

**TUESDAY, MAY 26, 2015**

Today is the 146th day of 2015 and the 68th day of spring.

**TODAY'S HISTORY:** In 1865, the last Confederate forces fighting the Civil War surrendered in Galveston, Texas.

In 1868, the Senate failed for the second time by only one vote to convict President Andrew Johnson in his impeachment trial, resulting in his acquittal.

In 1923, the first 24 Hours of Le Mans sports car race began near the town of Le Mans, France.

In 1972, President Richard Nixon and Soviet leader Leonid Brezhnev signed the Anti-Ballistic Missile Treaty.

In 1994, President Bill Clinton renewed China's Most Favored Nation trade status.

**TODAY'S BIRTHDAYS:** Al Jolson (1886-1950), singer/actor; Dorothea Lange (1895-1965), photographer; John Wayne (1907-1979), actor; Peggy Lee (1920-2002), singer-songwriter/actor; Miles Davis (1926-1991), jazz musician; Stevie Nicks (1948- ), singer-songwriter; Sally Ride (1951-2012), astronaut; Lenny Kravitz

(1964- ), singer-songwriter; Helena Bonham Carter (1966- ), actress; Matt Stone (1971- ), screenwriter/TV producer.

**TODAY'S FACT:** Only two U.S. presidents in history went on to serve in Congress after holding the nation's highest office: John Quincy Adams and Andrew Johnson.

**TODAY'S SPORTS:** In 1959, Pittsburgh Pirates pitcher Harvey Haddix pitched the longest perfect game in history — 12 innings — only to lose 1-0 in the 13th.

**TODAY'S QUOTE:** "While there is perhaps a province in which the photograph can tell us nothing more than what we see with our own eyes, there is another in which it proves to us how little our eyes permit us to see." — Dorothea Lange

**TODAY'S NUMBER:** 28,231 — parole passes given to Confederate soldiers by Gen. Ulysses S. Grant after their 1865 surrender at Appomattox Court House in Virginia.

**TODAY'S MOON:** Between first quarter moon (May 25) and full moon (June 2).

# TOWNSHIPS' CRIER

## TOWNSHIPS

If you want to drink, that's your business. If you want to stop, we can help. Call Alcoholics Anonymous 1-888-424-2975, www.aa.org

## SHERBROOKE

The Royal Canadian Legion, Branch #10, 971 Galt St. East, Sherbrooke hold the following events every week. Wednesday: Bean Bag Toss fun afternoon at 1:30 p.m. Friday: Suppers at 5 p.m., Fun Darts at 7 p.m. Saturday: Music at 8:30 p.m. Sunday: Music at 1:30 p.m. Come out and support the Legion. Info: 819-563-4944.

## NORTH HATLEY

The Festival Musique Massawippi will be taking place on Saturdays, June 6, 13, 20 and 27 at St. Elisabeth's Church, 3115 Capelton, North Hatley. Pre-concert talk at 7:30 p.m. and Concert at 8 p.m. Artists include the early music ensemble Les Voix Humaines, Toronto Symphony Orchestra's concertmaster Jonathan Crow, Montréal Symphony Orchestra's principal flautist Timothy Hutchins and the young and talented Sherbrooke pianist Tristan Longval-Gagné. This event will sell out quickly so buy your tickets early! More information at:

http://pages.globetrotter.net/estria/MusiqueMassawippi.html or by contacting Pauline Farrugia at estria@cgocable.ca

## LENNOXVILLE

HCC Seniors Lunch will be held at noon on Thursday, May 28 at Hope Community Church, 102 Queen St., Lennoxville, entrance from parking lot, wheelchair accessible. Everyone welcome. This will be the last lunch until September.

## NORTH HATLEY

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http://globetrotter.net/estria/Musique-

Massawippi.html or by contacting Pauline Farrugia at estria@cgocable.ca

## SHERBROOKE (LENNOXVILLE)

Friday June 5 at 3 p.m. : Free conference-concert and afternoon tea for seniors at the Uplands Cultural and Heritage Centre (9 Speid St.). Montréal flautist, Claire Marchand, will be presenting a talk, in French, about « The Genius of Jean Pierre Rampal and James Galway ». In addition, Ms. Marchand, along with spectacular pianist François Zeitouni, will perform works for flute and piano. This talk is part of the « Autumn Genius » series being presented by the Estria Quintet, in collaboration with Uplands. The series pays tribute to composers and performers who have made significant artistic contributions at a later age. Anyone who wishes to attend, MUST BOOK IN ADVANCE as places are very limited. To make a reservation, please contact Pauline Farrugia at 819-842-1072 or at estria@cgocable.ca This wonderful series is made possible thanks to the financial support of the Conférence Régionale des Élus de l'Estrie and the Secrétariat aux aînés. More information on the series at http://pages.globetrotter.net/estria

## NORTH HATLEY

Friday June 5 at 11 a.m. : Free conference-concert and a light lunch for seniors at UU Estrie Church (201 Main St.). Montréal flautist, Claire Marchand, will be presenting a talk, in French, about « The Genius of Jean Pierre Rampal and James Galway ». In addition, Ms. Marchand, along with spectacular pianist François Zeitouni, will perform works for flute and piano. This talk is part of the « Autumn Genius » series being presented by the Estria Quintet, in collaboration with UU Estrie Church. The series pays tribute to composers and performers who have made significant artistic contributions at a later age. Anyone who wishes to attend, MUST BOOK IN ADVANCE as places are very limited. To make a reservation, please contact Pauline Farrugia at 819-842-1072 or at estria@cgocable.ca This wonderful series is made possible thanks to the financial support of the Conférence Régionale des Élus de l'Estrie and the Secrétariat aux aînés. More information on the series at http://pages.globetrotter.net/estria

## AYER'S CLIFF

Music Fest, to benefit the Children's Wish Foundation, all weekend long, June 6 & 7, at the Ayer's Cliff Fairgrounds. Fun for the whole family! Lots of children's activities, silent auction, canteen, raffle. Music by many bands. Admission charged. Cheques made out to the Wish Foundation please. Info: www.themusicfest.org, or call: 819-823-

2009.

## LENNOXVILLE

A Spaghetti Supper will be held at "The Hut", A.N.A.F. Unit #318, 300 St. Francis Street, Lennoxville on Saturday, May 30 at 6:00 p.m. This is a special fundraiser to benefit the Ladies Auxiliary. Bring the children, special family price. Tickets are available at Fleuriste Lennoxville, Clark & Sons or call Cheryl Porter at 819-569-7191.

## LENNOXVILLE

Workshop on End-of-life Legal Issues. Wills, incapacity mandates, more. Me. Tim Leonard, Notary. Monday, June 1, 9:45 to 11:45 a.m., at Uplands Cultural Centre, 9 Speid Street. Free. Pre-register at 819-842-4146 or info@uuestrie.ca by May 29. www.uuestrie.ca.

## STANSTEAD

Colby-Curtis Museum 8th Edition of the Annual Plant Sale May 30, 2015 from 9 a.m. to noon. Gardeners if you have any extra plants please drop them off at the museum on Friday, May 29 from 1 to 5 p.m. or Saturday May 30, before 9 a.m. Please label the plants with their name and sun/shade requirements. Phone Jennifer Sudlow at (819)876-5378 or at the Museum at (819)876-7322. Come and support us and bring friends & family.

## STANSTEAD

Lecture/luncheon: Dr. Monique Nadeau-Saumier (in English) titled: "Sketching out-of-doors." Saturday May 30, 2015 at 10:30 a.m. at the Colby-Curtis Museum, at 535 Dufferin Rd. in Stanstead. Admission charged, lunch included in cost. For reservation and more information: (819)876-7322.

## SUTTON JUNCTION

A General Assembly will be held on Saturday May 30 at 10 :30 a.m. at the Sutton Junction Community Hall, located at 132 A Mont Echo Rd. We invite anyone interested in becoming involved in the hall's activities or anyone wishing to find out more about how the renovations are coming along to join us.

## ORFORD

Townshippers' Association's annual general meeting on Friday, June 5 in Orford. Along with the AGM, come celebrate the winners of this year's Excel in the Estrie essay contests and the unveiling of a new booklet the 'Socio-Demographic Profile of the English-speaking Community of the Historical Eastern Townships, 2011 Census of Canada and National Household Survey.' AGM at 5:30 p.m. at the Hotel Cheribourg, 2603 chemin du Parc. Light refreshments will be served and cash bar available. Info and to RSVP by May 29: 819-566-5717 (1-866-566-5717) or ct@townshippers.qc.ca.

## DANVILLE

The Danville-Asbestos Trinity U.C.W. are holding a Brunch on Sunday, May 31 from 10 a.m. to 1 p.m. in the Church Hall. Menu: ham, sausages, eggs, potatoes, pancakes and maple syrup, fruit, cookies. Everyone welcome.

## SHERBROOKE

The Sherbrooke Lions Club (lionssherbrooke.com) is hosting the Purina Walk for Dog Guides on Sunday, May 31 at 1 p.m. at Parc Jacques Cartier in Sherbrooke. Lions Foundation of Canada Dog Guides are trained not only for the visually impaired persons but for five other disabilities affecting individuals. Dog Guides are totally free for qualified applicants and the Lions Foundation does not receive any government funding. If you have a dog, take him along on this very special day. Rain or shine, registration for the Walk is on Sunday, May 31 at 1 p.m. at Parc Jacques Cartier. Come and show your support to the Sherbrooke's Lions Club Fundraising for Dog Guides by registering. Together we can change lives! Info: Lion Denis Corbeil 819-563-0386.

## AUSTIN

M.S. Branch 2000's Fun Afternoon will be held on Sunday, May 31, 2 p.m. to 6 p.m., at the Municipal Hall, Millington Road, Austin. Music by Jimmy Edwards and the Country Folks. We'd like to ask all of you to send your thoughts and Prayers out to Buck Sayers, one of our fine musicians, very ill at this time. B.Y.O.B. Chips and soft drinks for sale. Please bring sandwiches or dessert to help with costs. Free lunch, tea and coffee. Half and half. Admission charged. Please be sure that the boots or shoes you are wearing do not make black marks.

## LENNOXVILLE

Uplands Cultural and Heritage Centre is pleased to start the summer season with a new exhibition featuring painter Joe Ford and wood turners Dick Tracy and Rick Tracy. The art exhibition will be held from May 24 to June 21, 2015 at 9 Speid Street in Sherbrooke (Borough of Lennoxville).

• • •

This column accepts items announcing events organized by churches, service clubs and recognized charitable institutions for a \$7. fee, \$10. for 2 insertions of same notice, \$13. for 3 publications. Maximum 35 words. If you have more than 35 words the charge will be \$10. per insertion. Requests should be mailed, well in advance, to The Record, 1195 Galt St. East, Sherbrooke, Quebec, J1G 1Y7, be signed and include a telephone number and payment. Admission charges and trade names will be deleted. No dances.

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of Canadians read the newspaper every week.

**50%**  
of Canadians are female.

**100%**  
of those females can't help themselves when it comes to a shoe sale.

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### CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"HS'O TXZV SNTOR PNT KMR  
BRMOHOSRXS KXI PHZZHXJ ST OSEIV  
SNHXJO IRRBZV, PNT KFNHRWR SNR  
YKOSRM PTMG." — BKEZT FTRZNT

Previous Solution: "Only the dead have seen the end of war." — Plato  
"Peace is the virtue of civilization. War is its crime." — Victor Hugo

TODAY'S CLUE: K equals G

KIT N' CARLYLE

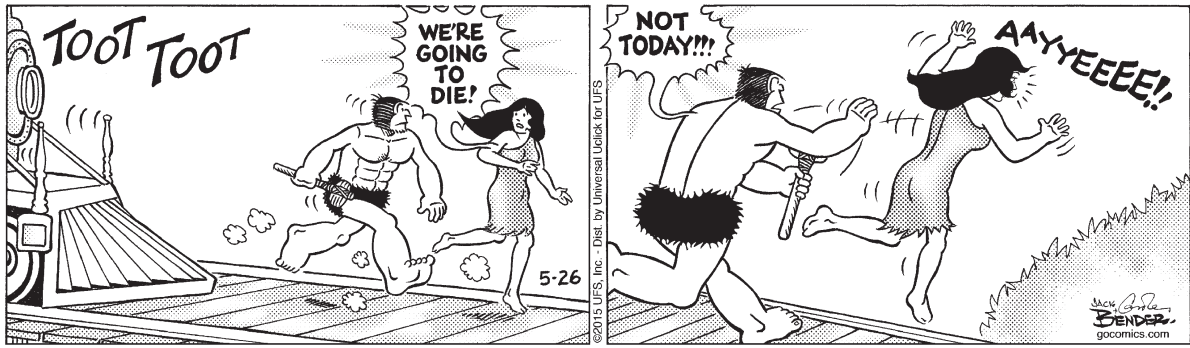


HERMAN

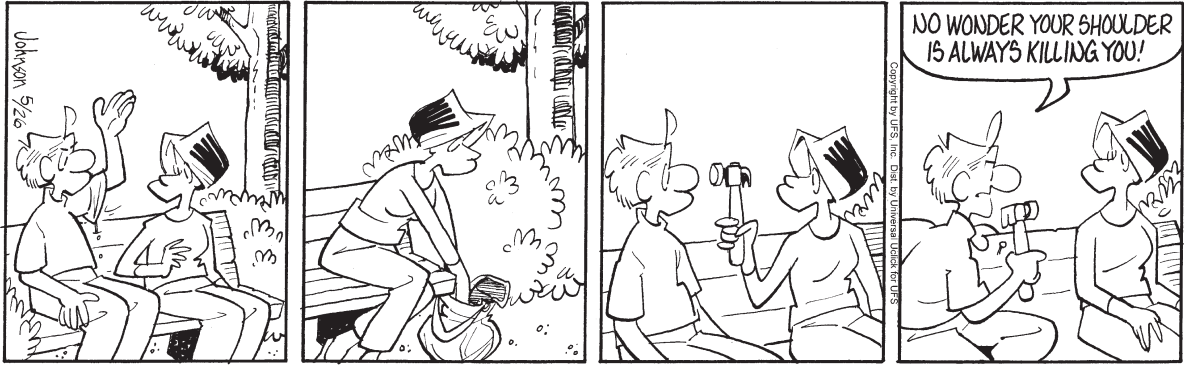


"Look what she did to my candy bar!"

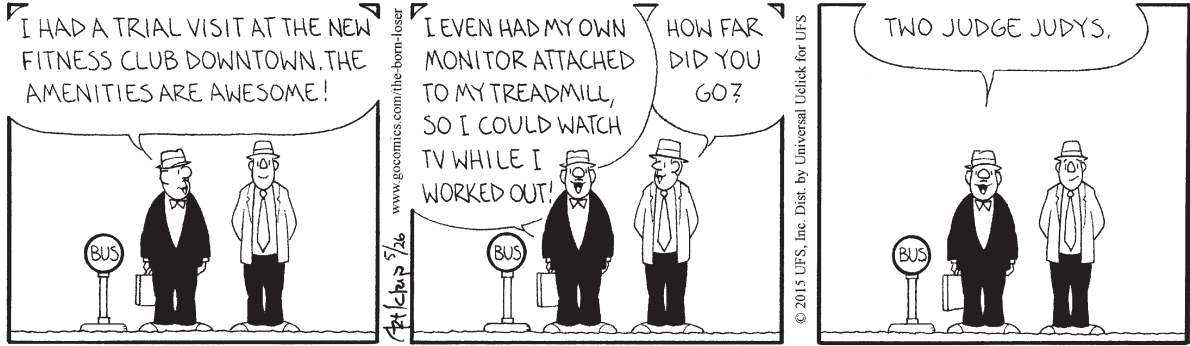
### ALLEY OOP



### ARLO & JANIS



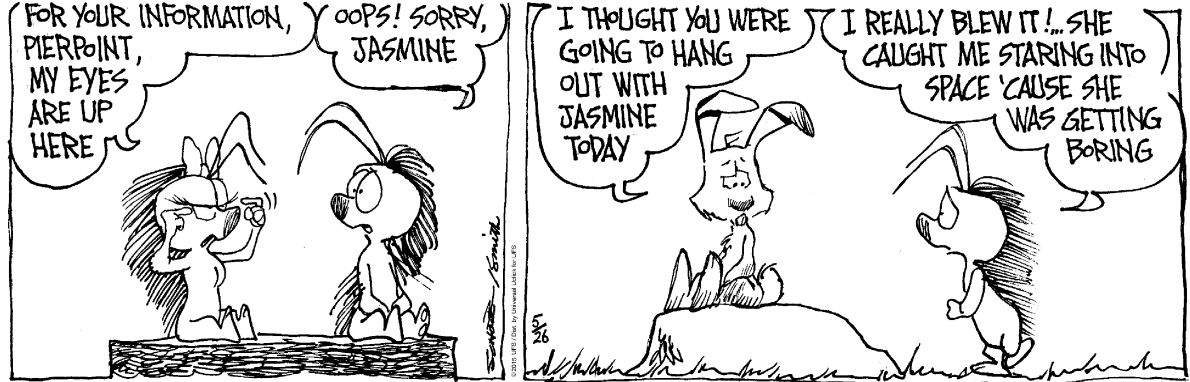
### THE BORN LOSER



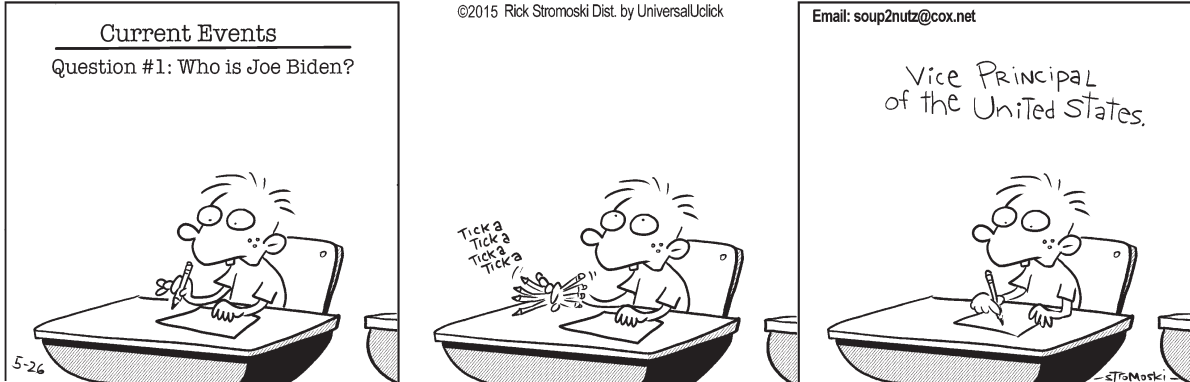
### FRANK AND ERNEST



### GRIZWELLS



### SOUP TO NUTS



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E-MAIL: classad@sherbrookerecord.com  
OR KNOWLTON: (450) 242-1188 BETWEEN 9:00 A.M. AND 4:00 P.M.

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**001** Property for Sale

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**100** Job Opportunities

## URGENT

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Clifton,  
Cookshire,  
de la Station,  
High Forest,  
J.A. Lowry,  
Lisée,  
Principale,  
Randboro,  
St-Germain (36)

If interested in this route,  
please call

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between 8:30 a.m. to 4:30 p.m.  
or leave a message after hours or  
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**100** Job Opportunities

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**194 = College Street (7)**

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**100** Job Opportunities

**100** Job Opportunities

**035** For Rent

3 1/2, 4 1/2, 5 1/2, condo style, private entrance. Available immediately, May, June and July. Office at 108 Oxford Cres., Apt. 105, Lennoxville. Call 819-821-0770 or 819-570-3880.

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**LA TRIBUNE IS looking for carrier(s) in the East Angus. Please call 819-564-5465**

**145** Miscellaneous Services

**LENNOXVILLE PLUMBING.** Domestic repairs and water refiners. Call Norman Walker at 819-563-1491.

**190** Cars For Sale

**CLASSIFIEDS ONLINE!**  
www.sherbrookerecord.com

**290** Articles For Sale

**STEEL BUILDINGS / Metal Buildings.** Up to 60% off! 30x40, 40x60, 50x80, 60x100, 80x100, sell for balance owed. Call 1-800-457-2206. [www.crownsteelbuildings.ca](http://www.crownsteelbuildings.ca)

**294** Events

**CLASSIFIEDS ONLINE!**  
www.sherbrookerecord.com

**295** Articles Wanted

Organizers of **Music Fest 2015** (June 6 & 7, Ayer's Cliff Fairgrounds), to **benefit the Children's Wish Foundation,** are looking for **help** with the event, **donations** of items for the silent auction, financial contributions, **volunteers** for children's games, Dollar Store items for children's game prizes (various ages), kids toys for the game room, bake table, etc. **If you would like to help, please call (819) 823-2009.** Website: [www.themusicfest.org](http://www.themusicfest.org).

**425** Bus. Opportunities

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**440** Miscellaneous

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# It's the combination of food and...

TUESDAY, MAY 26, 2015

## Annie's Mailbox

**Dear Annie:** My husband and I meet up with a group of family and close friends every week for lunch.

One couple in this group (a close family member and her spouse) constantly blow their noses during our get-togethers. They use cloth handkerchiefs, which are then reused multiple times, and her husband picks his nose, as well. It is nauseating to all of us, not to mention to other diners nearby. A few of the couples have told us they will not attend any more lunches unless absolutely necessary.

We do not want a family feud, but I think we need to do something before our social gatherings fall apart. The one with the most appalling manners is a college graduate with an excellent job. You would think he would know better, but it's difficult to tell him anything. How do we fix this without alienating them altogether? — Sickened and Frustrated

**Dear Sickened:** People who believe they are entitled to nauseate others because they have sinus issues are not likely to listen to anyone. Some friends and family tolerate these unpleasant encounters because they value the person enough to put up with the constant

nose blowing, no matter how unappetizing. Yet these

tolerated friends do not seem to give the same value to their companions' sensitivities. (There is no excuse for picking one's nose.)

While we understand and sympathize with folks who have terrible allergies and need to dab at their noses frequently, that is not the same as major nose and throat clearing where mucus exits the system. For those moments, a trip to the restroom is called for, even if that means absenting yourself from the table more often than you'd like. The other alternative, of course, is to meet at a place where you will not be eating. It's the combination of food and snot that makes this so unpleasant.

**Dear Annie:** This is for "Hopeless," who likes a boy who asked for her phone number, and now she is waiting for him to call, which he hasn't.

I could have written that letter. I, too, liked a guy, and after six months, he asked a mutual friend for my phone number. But he never called. Another six months went by while I waited. Finally, I asked him out.

It turns out, he was so shy he couldn't make the call. Even after we began dating, it took him three years to ask me to marry him because he was so

afraid I'd turn him down — even though we were only seeing each other and I loved him.

So, I'd like to tell her to hang in there. Her guy may be terribly shy and inexperienced, so be patient and take it slow. If he's anything like my guy, he'll be worth the wait. We've been married for 30 years now and are still going strong. — Been There

**Dear Been:** A lot of young women don't realize that guys can be shy, no matter how sure of themselves they may seem on the surface. It takes courage to ask a girl out, and rejection can be hard to take. Women have lived with this for centuries, but we don't always consider that guys may have the same insecurities.

# SUDOKU

Difficulty: 3 (of 5)

		6		7	8			
5		7				2		6
	4				6			1
4	2			3			8	
9	5		1		7			
			5					2
7		4					1	
	3	5			1	9		
			8				3	

5-26-15

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## PREVIOUS SOLUTION

3	6	8	4	5	1	9	2	7
2	7	1	3	8	9	6	4	5
5	4	9	7	2	6	8	1	3
7	9	2	5	3	4	1	8	6
8	3	4	6	1	7	5	9	2
6	1	5	8	9	2	7	3	4
4	5	3	9	6	8	2	7	1
9	2	6	1	7	3	4	5	8
1	8	7	2	4	5	3	6	9

### HOW TO PLAY:

Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

