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Vallières to meet with pro-asbestos group... See Page 5

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FRIDAY, NOVEMBER 21, 2003

Bromonters get second look at condo project

By Maurice Crossfield

The Bromont council chambers had standing room only Wednesday night as residents learned more about a construction project the size of which has rarely been seen in the Townships.

Medican, based out of Medicine Hat, Alberta, already has seven luxury condominium projects under its belt.

These "Adult Living" condo projects bring a high level of luxury, with residents having access to such amenities as exercise facilities, movie theatres, bowling alleys and guest quarters. Some projects even have car wash bays.

In Bromont, Medican wants to build 500 residential units on 22 hectares of residential land on the northwestern flank of Mount Brome. Along with the

luxury facilities, residents would have access to a chair lift to bring them to the top of the mountain, where they could use the Ski Bromont trails.

If the project goes ahead it would be built over three phases, with the first phase seeing the construction of 120 condos. The units would be in a total of eight buildings with two to four storeys each. Medican's total investment in the

project would be \$94 million.

Due to its timing, the Medican project has come forward just as Bromont has embarked on a major revision of its land management practices. Those at the meeting were given a taste of the coming changes, and how it will affect the project.

PLEASE SEE PROJECT PAGE 4

Flooding closes bridge

Cookshire homes evacuated

By Tom Peacock

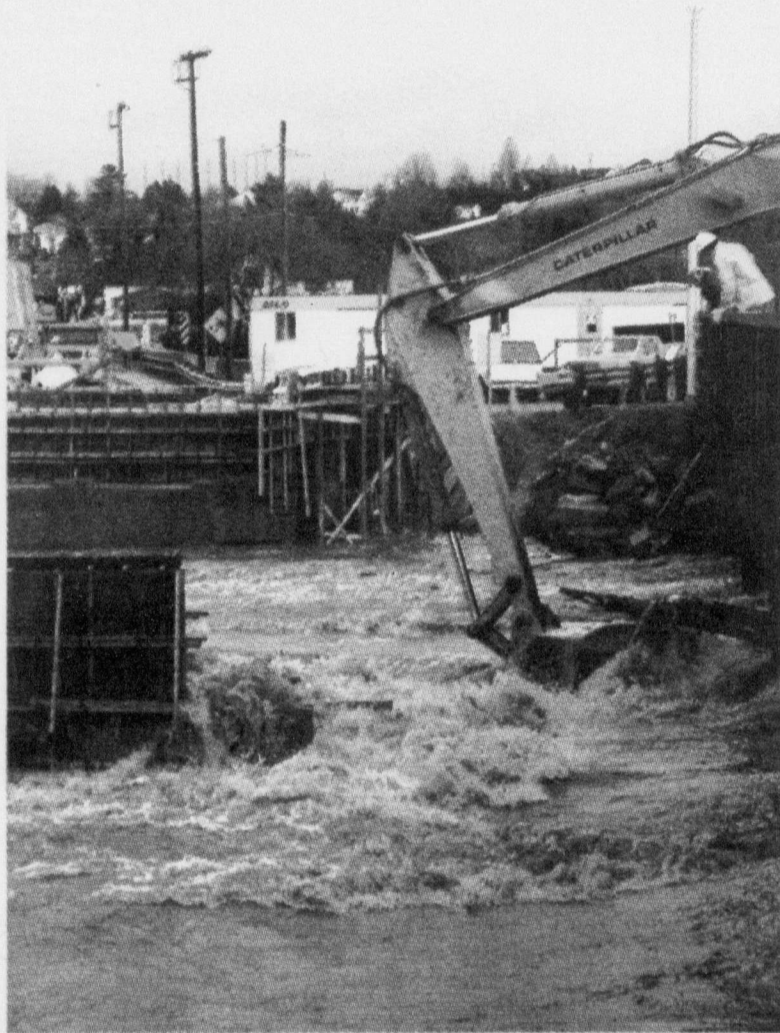
Thursday night's massive rainfall combined with rapid snow melt turned the local rivers into a churning torrent by yesterday morning.

High levels on the Eaton River in Cookshire forced local officials to close the temporary bridge on Route 108 over the river, and evacuate a nearby trailer park. The bridge was reopened by the evening.

"I have been monitoring the river since 1982, and I think this is the second time I've seen it this bad in November," said Benoît Busque, the head of Cookshire/Eaton's emergency response team.

The main problem facing the emergency team yesterday was ensuring that the temporary bridge wasn't compromised. Floating debris was washing up against the bridge, and the crew had to use a back-hoe to remove it before the pressure of the water became too much for the bridge to bear.

PLEASE SEE FLOOD PAGE 2



Delivering Cheer



PERRY BEATON/SPECIAL

Bonhomme Carnaval brought a bit of cheer to hospitalized children in Sherbrooke yesterday during a visit to the city. Later in the day, the much-loved mascot for the Quebec Carnival dropped by city hall for a chat with Mayor Jean Perrault.

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Frontier Animal Society auction a great success

An enthusiastic crowd at the Haskell Library helped raise a record \$2,224 last Sunday at the sixth annual arts and craft auction to benefit the FAS shelter in Ogden.

Among the items being sold were numerous paintings and other works of art, wreaths, woodcraft items, coffee table books, collectible dishes, and a variety of tasty goodies: something

for every interest and every budget!

To the surprise and delight of the organizers, many patrons arrived with donations of paintings in hand, including one by a young artist who shows a promising talent.

The organizers wish to express their sincere gratitude to the artistic contributors, both professional and amateur. Their beautiful selections

encouraged lively and generous bidding. They also wish to thank the patrons for their liberal support of the event.

Emcee-cum-auctioneer Phil Desormeaux did a wonderful job of keeping folks smiling as he separated them from their money

He and his wife, Kim Prangley who secured the venue for the auction, are

key players in the success of this fundraiser.

For those who missed it and would like to help, contributions can be sent to The Frontier Animal Society at PO Box 2505, Beebe Station, Stanstead, Que, J0B 1E0. For a FAS membership, call 819-838-1421.

- Submitted by Mary Rolland

LOTO QUÉBEC Results
TVA, the network of draws

Draw 2003-11-19
649

09 10 13 23 28 29
BONUS: (33)

WINNERS	PRIZES
6/6 0	\$5,000,000.00
5/6+ 4	\$133,543.50
5/6 314	\$1,360.90
4/6 15,085	\$54.30
3/6 263,770	\$10.00

Total sales: \$13,775,249
Next grand prize (approx.): \$10,000,000

Quebec 49 Draw 2003-11-19

21 30 35 37 40 47
BONUS: (45)

WINNERS	PRIZES
6/6 0	\$1,000,000.00
5/6+ 0	\$50,000.00
5/6 9	\$500.00
4/6 805	\$50.00
3/6 15,242	\$5.00

Total sales: \$586,497.50

Extra Draw 2003-11-19

NUMBER	PRIZE
201289	\$100,000

Claims: See back of tickets, in the event of discrepancy between this list and the official winning list of L-Q, the latter shall prevail.

If you have a gambling problem... MISE SUR TOI 1 866 505-JEUX

ETSB buses vandalized

Staff
Two buses belonging to the Eastern Townships School Board were vandalized earlier this week. The buses were parked at Richmond Regional High School. The windshield on one of the buses and several side windows were broken. "We expect to have the buses repaired during the day today," said ETSB Transportation supervisor Austin Bailey over the phone yesterday. "The police have been notified," he added.

LIST YOUR CHRISTMAS EVENT

The Record is in the process of compiling a list of Christmas concerts and seasonal events in the Eastern Townships. If you or your group are planning an event that is open to the public, please fax or e-mail the information to The Record before Dec. 5 to be included in our special Christmas supplement. The Record's fax number is 819-569-3945 or 450-243-5155 in Knowlton. Our e-mail address is newsroom@sherbrookerecord.com. Please specify the listing is for the Christmas supplement and provide a telephone number. Businesses wishing to advertise in the special supplement can call our sales representatives in Knowlton at 450-242-1188 or in Sherbrooke 569-9525. Join The Record in extending a special ET welcome to visitors to spend Christmas in the Townships.

FLOOD:

CONT'D FROM PAGE 1

By mid-afternoon yesterday, the river level had started to drop, but Busque said he wasn't sure the evacuated residents would be allowed to return to their homes until tomorrow. Luckily, the swollen river did not reach any of the 30 or so evacuated homes, though it did severely undercut the parking lot at a garage next to the bridge.

Eric Houde, regional spokesperson for Sécurité Civile, said no other roads in the region were closed due to flooding, but there may have been flooding on some secondary roads. The bottom end of Frontenac Street in Sherbrooke was under a foot of water yesterday morning, while in Lennoxville the St. Francis River had drowned several farmer's fields near the experimental farm.

"The river level in Sherbrooke was close to 18 feet," Houde said. "We start warning businesses near the river when it passes 15 feet, but major flooding only occurs after it reaches 20 feet, so we had about two feet to play with."

Houde said water levels in the region likely won't get much higher since the snow has mostly melted away already.

New subscribers!

Win a pair of Montreal Canadiens tickets

RECORD has a pair of tickets to a Montreal Canadiens-Pittsburgh Penguins game at the Bell Centre in Montreal Monday, Dec. 22. The contest is open to all new subscribers or purchasers of a Record gift subscription between Nov. 10 and Dec. 17. Subscriptions must be paid to qualify. Winners will be drawn Dec. 18. Clip the coupon and send it to: The Record, Box 1200, Sherbrooke, QC J1H 5L6 (Canadiens-Penguins Contest) before December 17.

Weather

Today: Sunny with cloudy periods High 8.
Saturday: Sunny. Low minus 3. High plus 3.
Sunday: Cloudy. 40 per cent chance of flurries or rain showers. Low minus 4. High plus 1.
Monday: Periods of rain. Low zero. High 6.
Normals for the period: Low minus 6. High plus 2.

Ben by Daniel Shelton

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Sherbrooke set for invasion of army troops

By Rita Legault
SHERBROOKE

Starting Monday, parts of Sherbrooke will begin to look like a war zone as the first of some 2,500 soldiers and more than 2000 military vehicles from the 5th Canadian Mechanized Brigade Group arrive in Sherbrooke to take part in exercise Lion Royal to prepare for deployment to a peacekeeping mission in Afghanistan in January 2004.

At the beginning of the week, troops in charge of the ground work for exercise Lion Royal will move in from Valcartier, near Quebec City, and Fort Drum, located in Northern New York State. The main body of the troops, currently in a period of intensive training at Fort Drum, will be arriving in Sherbrooke by the end of the week.

Exercise Lion Royal, which will take place in Sherbrooke and its outlying areas beginning late Saturday, aims to prepare Canadian soldiers taking part in Operation Athena before their deployment to the United Nations multinational peacekeeping mission Afghanistan. The military exercise, which will be completed on Dec. 5, will provide soldiers with an opportunity to complete the intensive training they received at Fort Drum in an urban setting.

Sherbrooke was selected as the ideal site for training because its geography is similar to the Afghan city of Kabul. The troops will be setting up their tents at Sylvie Daigle Park and the Centre Julien Ducharme in camps that will simulate military encampments in Kabul.

While the Canadian soldiers will be on a peacekeeping mission in the war-torn country of Afghanistan, they have to be prepared for any eventuality, and will prepare with warlike exercises.

Exercises in and around Sherbrooke will prepare the soldiers for foot vehicle patrols, protecting vital positions, as well as community and humanitarian activities. There will also be simulation of minefields, rocket attacks, attacks on camp positions as well as blocked convoys, poisoned rations and water supplies, and environmental accidents.

War exercises, which will take place day and night, will include evacuation of an embassy building, the evacuation of wounded soldiers via Griffon CH-146 helicopters, as well as the sweep of a



Sherbrooke au coeur de la préparation de vos soldats en vue de leur déploiement en Afghanistan

English brochures to be delivered to Lennoxville

cave which will take place at the Capelton mine.

Although the army has pledged to keep interruptions of daily life in Sherbrooke to a minimum, the exercises are bound to draw attention. The army has asked citizens not to disrupt exercises.

The army's presence in Sherbrooke is expected to create economic spinoffs of some \$600,000, but there will likely be less positive spinoffs as the presence of the army perturbs children and seniors as well as immigrants and refugees who have fled war-torn countries and found refuge here.

Last night, the Association des Troubles Anxieux du Québec and the Centre de recherche et d'intervention en pshycho-trauma de Sherbrooke sponsored an information meeting at the Collège de Sherbrooke for individuals, community groups, health and education professionals as well as social workers.

National Defence also sent out a French-language brochure explaining the Lion Royal Exercise and its objectives. Somewhere hidden in the small print is a message that an English language version of the brochure is available at borough offices.

National Defence spokesman Capt. Mario Couture said an English brochure will be distributed in Lennoxville. It should have been delivered with the others this week, but because of logistical problems due to the storm last Friday, the boxes were left in Quebec City.

"We wanted to ensure that everyone got the information," Couture said, adding that outside Lennoxville, the English-language brochures are now available at borough offices.

A temporary phone line has also been set up for general inquiries. You can reach it by calling 578-0490.

The movement of troops towards Sherbrooke begins Monday with a dozen vehicles and two dozen soldiers from Valcartier followed by another 15 vehicles with 30 men on Tuesday.

On Wednesday, some 400 more soldiers will arrive, including 200 from Valcartier and 208 from Fort Drum and on Thursday 120 more will arrive.

The largest deployment will arrive on



FILE PHOTO

The army has pledged to keep interruptions of daily life in Sherbrooke to a minimum. Still, the exercises are bound to draw attention.


Friday when a convoy of 1200 soldiers and 240 army trucks arrive from Fort Drum. The final group of 400 soldiers arrive on Saturday.

From Valcartier, soldiers will travel west on Highway 20 to turn off on Highway 55, heading south, and then on to Highway 10 to Sherbrooke.

From Fort Drum, the convoy will travel north on Interstate 81, to the Thousand Islands Bridge, crossing into Ontario, driving on Highway 401 to

Quebec and then on Highway 20. Near Valleyfield, they will travel south on highways 201 and 30, then onto Pie-XII boulevard, the Rang du Quarante rural road, then on to highways 138, 132, 30 and 10 to Sherbrooke.

Troops will begin pulling out of Sherbrooke on Thursday, Dec. 4 and the city will return to peace time.


Dennis Glezos
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MSE HP COLOUR INK/MSE LEXMARK COLOUR INK (10031673/10031655). The prices advertised on these two items in our November 21st flyer were inadvertently reversed. The \$26.99 price actually applies to the Lexmark Colour Ink (10031655) and the \$39.99 price applies to the HP Colour Ink (10031673).

We sincerely apologize for any inconvenience this may have caused our valued customers.

FUTURESHOP^{®LTD.}

E3 WORKS DVD+R (10035160). This item was advertised in error in our November 21st flyer. The correct item for the \$19.99 sale price is the E3 Works DVD-R format (10035161). We do not currently have the DVD+R format in stock.

We sincerely apologize for any inconvenience this may have caused our valued customers.

Race heats up for final ETSB board seat

Three candidates share concerns and motivations

By Tom Peacock

At first, nobody put their name in for the Ward 8 seat on the Eastern Townships School Board's board of commissioners. But the importance of having a commissioner to represent the ward was not lost on the three local citizens who stepped in to run for the open seat.

"I'm a great believer in democracy," said candidate Robert Gale, who recently moved to Foster from Montreal. "Since I'm going to be living here, I thought I should get to know the people more and make a contribution."

Gale, who works as a fundraiser at the University of Sherbrooke, wasn't initially planning to run for the empty

seat, but when he called the elections office to find out what could be done to find a representative for the ward, they told him to either find a candidate or run himself.

"By the time I got to my next door neighbour, the rumour had spread that I was running," Gale said. "Then, all of a sudden there are two other people."

Gale comes to the job with experience as a volunteer at various schools and universities in Montreal. He said he is aware of the issues the board is currently dealing with, and has ideas about how to resolve some of them.

"My hope is to bring in solutions that I've seen work in other areas," Gale said. "I know there is a shortage of cash, and I hope I can work on that."

Gale also said he is a great believer in pushing ahead with innovative programs such as the ETSB's recent laptop initiative.

Like Gale, candidate Alice McCrory is

also a strong believer in the importance of bringing computers into the classroom.

"It's the way of the future, whether we like it or not," she said. McCrory moved to the Townships after retiring from her job as manager of computer operations for the Steinberg's grocery store chain in Montreal. She ran in the school board elections five years ago, but lost to Tom Enright. This time around, when she heard the seat had remained vacant, McCrory submitted her candidacy.

"I'm very eager to get the position," she said. "I'm very committed, and when I make a commitment to do something I go all out."

True to her word, McCrory was out all day yesterday, going door-to-door, selling her platform of a more hands-on, more approachable commissioner.

"My main concerns are the high dropout rate, increasing vocational pro-

grams to develop more skilled workers, and improving programs for children with special needs," she said.

"I also want to reduce class sizes, and ensure adequate supplies of resource materials. Our books and libraries are in a deplorable state."

The third candidate in the elections for Ward 8, scheduled for Nov. 30, is Mansonville resident Diane Jones. Jones told The Record she joined the race after commissioner friend Gregg Thomson told her about the need for a candidate to represent the ward. Like Gale and McCrory, Jones said she is also motivated by a desire to contribute to the well-being of the education system.

"I'm just a concerned citizen who likes to volunteer in the community," she said. Jones, who is in charge of organizing the annual Tour de Lac Brome, has children who attend schools in the ETSB.

PROJECT:

CONT'D FROM PAGE 1

If it goes ahead the Medican project will be subject to an Architectural Integration Plan. This is a specific set of rules for a given zone. In the case of Medican a number of requirements must be met, including maintaining at least 30 per cent forest cover in the development. The outer boundary of the project must also have a 20 metre band of trees, and there must be a five metre band of trees maintained along each side of all walking paths.

"Even if it meets all the regulations, the council can still refuse it," explained urban planner Marc Perreault. "The council makes the ultimate decision."

CONCERNS

In a first public consultation on Nov. 8, residents raised concerns over traffic, the environmental impact, noise and town infrastructures. This second consultation was handled by municipal officials, and aimed to answer those questions.

To look at the traffic issue Bromont



MAURICE CROSSFIELD

About 80 people turned out for a second look at a major development project, and the zoning regulations that surround it.

hired a private firm to do a preliminary traffic study. It determined that because the potential condo owners would be a combination of part time and full time, the project would have little effect on the amount of traffic.

"There is no connection between this and the existing problem at the Autoroute," said Nicholas Rousseau, director of territorial

management for Bromont.

During question period one resident noted that Gaspé Street is already in poor shape. He said the passage of hundreds of construction vehicles could only make the condition of the road worse.

On the infrastructure front, Rousseau said the Medican project will not cause problems for the town's water supply. He said the existing water plant is only operating at 25 per cent of its capacity, while the sewage system will need more piping and pumps, but is otherwise adequate.

Additional costs should be covered by tax revenue from the project: The 500 units should be worth about \$200,000 each, bringing Bromont about \$1.34 million in tax revenue.

Phase one alone will bring in about \$321,000 to town coffers.

Rousseau said the cost of the infrastructure upgrades has not been calculated yet.

GOING FURTHER

During the question period one resident suggested going further than the proposed regulations. He suggested a buffer zone of more than 20 metres be put between the four storey buildings and neighboring properties. Another resident pointed out that contrary to what was said, the buildings (15 metres high) would in fact be much higher than the surrounding trees. Others expressed concern for the hiking trails and natural environment of the area.

"I don't think people realize how massive this project is," said one resident. "It could open the door to other projects."

"I believe some development is good," he continued. "But this is horrible. It will open the way to always bigger and bigger."

Bromont's land use management revision, which effectively opens the door for Medican by changing the conditions required to build in that zone, is expected to be adopted by the municipal council in December. Once it goes through the registry process and is adopted by the Haute-Yamaska MRC, it will become law, probably in February.

Because the zoning changes for the land Medican wants to use are part of the overall urban planning revision, the registry process would require the signatures of more than half of Bromont's residents. That makes blocking the project unlikely.

Once the new zoning regulations become law, Medican is expected to officially present its project to Bromont's urban planning committee.

BRIEF

Home invasion in Lambton

Staff

A resident of Lambton fell victim to a home invasion at 10 p.m. Wednesday night. After one man gained entry to the residence on the Second Rang in Lambton under false pretexts, two other men followed him in. The three criminals tied up their victim and searched the house from top to bottom for valuables. The men left the house around 3 a.m. with several thousand dollars in cash. The police will attempt to provide a composite description of the attackers and their vehicle by early next week.

Pro-Asbestos group seeks support from Vallières

By Stephen McDougall
SPECIAL TO THE RECORD
THETFORD MINES

Two leaders of the Pro-Asbestos lobby group will be meeting next week with Quebec cabinet minister Yvon Vallières to press for policies that promote, rather than denigrate, the fireproof fiber.

"We still believe the Quebec government supports our industry," said René Paré, head of the group's Thetford Mines office.

"But some of our enemies exist in the health and safety boards and it is obvious they are going after chrysotile asbestos in the hopes of banning it."

Paré, along with his Asbestos, Que. counterpart Serge Boislard, hope to press Vallières and other members of the cabinet and the legislature to act in defence of the industry.

Their concern follows a study issued earlier this week that claims the fiber is responsible for a number of lung cancer deaths in the province and that construction and factory workers are still being exposed to asbestos particles in the air.

Paré and Boislard argue the study is biased against asbestos because it fails to separate chrysotile asbestos (also known as white asbestos) from amphibolic asbestos types (brown and blue asbestos) which have been linked to mesothelioma, a rare form of lung cancer.

"Any type of airborne asbestos particle is dangerous for workers," said Paré. "But if we control the amount of particles for chrysotile asbestos, we believe the workplace can be made safe."

"Asbestos particles are not the only ones that are dangerous for workers."

Amphibolic asbestos fibers, which are not mined in Canada, were banned from use in this country in the late 1970s. Some mines went even further and banned smoking on the job, arguing the tobacco smoke weakened the lungs and facilitated more asbestos-related diseases.

Paré believes this week's study, issued by the Quebec Health Board by authors Louise DeGuire, Pierre Lajoie and Simone

Faucher, is biased because it lumps all types of asbestos together and considers them equally dangerous to human health.

"This is the first time a Quebec government study has neglected to make a distinction between chrysotile and amphibole fibers," he said.

"It is obvious they reject any idea that chrysotile could be safer than other types. They want to see asbestos fibers of any sort banned altogether."

Paré argued that two studies of brake mechanics in a controlled workplace environment indicated they were not in danger when they worked on brake pads that had chrysotile asbestos in them.

"The physical structure of chrysotile is different from amphibolic types because it changes when the temperature of the brakes reaches 650 degrees centigrade," he said.

"The fibers in the dust become inert and are no longer toxic when the brake pads are worked on."

He also wonders how objective study author DeGuire can be, given her attendance at an anti-asbestos conference last September in Ottawa which advocated a total ban on all asbestos mining and use in Canada.

"Her study is full of holes, it lacks information about the people who died of mesothelioma," he said.

"Many of them were exposed to various types of asbestos 20 to 40 years ago when amphibolic fibers were still being used and many safety measures did not exist."

"How old were they when they died? Did they smoke, were they exposed only to chrysotile asbestos for all their working lives, did they take precautions to protect their nose and mouth from the dust. They study says nothing about that."

Boislard said that when he and Paré meet with Vallières, they will ask that specific issues be addressed, including:

-That the provincial worker health and safety board (CSST) relax stringent regulations concerning the use of

chrysotile asbestos on the job. Vallières and Pro-Asbestos have long argued the regulations are more strict in Quebec than they are in the United States, which has banned the use of loose, airborne asbestos products for over 20 years.

-That a promised study on the health effects of fibrous materials used as asbestos substitutes be launched soon in order to make sure workers are not being exposed to even greater health risks.

-That the Health Board study authored by DeGuire, Lajoie and Faucher be considered incomplete and rejected by the health minister.

Boislard believes the Quebec government is still supportive of the asbestos industry despite the study. But he also believes more is needed by Québec to protect the industry from the fiber's enemies.

"I would like to know who asked for this study and why they chose DeGuire to be part of it," he said.

"There are a lot of people out there who would like to see our mines closed and the asbestos workers unemployed. All because their fear of Chrysotile as-



FILE PHOTO

A pro-asbestos lobby group has asked for a meeting with Liberal Party Whip and local elected representative Yvon Vallières to outline specific issues.

bestos is fed by inaccuracies and falsehoods."

The industry presently employs about 1,000 workers in three Eastern Townships mines, two in Thetford and one in Asbestos.

Repeated phone calls to the study's authors for comment have still not been answered.

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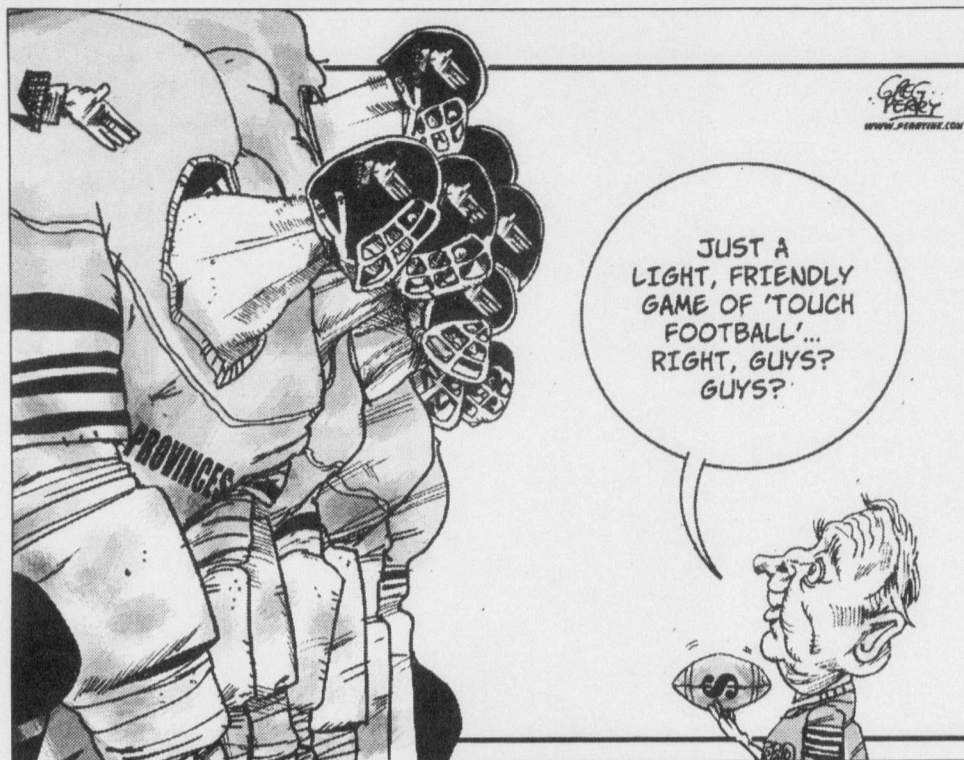
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Community Forum



Martin's abundant Quebec cabinet material

Joe Clark had a relatively easy time of it picking cabinet ministers from Quebec in 1979. That's because the newly elected Tory prime minister had a talent pool of exactly two invincible war-horses from which to choose (Roch LaSalle and Howard Graffety, for those who need to know.) Even at that, Clark had to raid the Senate for Quebec bodies, plus appoint another unelected individual (the late Robert de Cotret).

Paul Martin has the opposite problem; he already has an embarrassment of candidates for seats around the table. If, as expected, he cleans up in Quebec in an election next spring, he'll have even more hungry egos to feed.

With the date for the swearing-in now fixed for less than a month hence, at least two dozen MPs in the Quebec Liberal caucus will make damned sure their cell phone batteries are charged waiting for a call from The Paul. Many, though, would prefer not to take a certain call knowing their days as a favoured centurion under the slain Caesar have come to an end.

At the moment, the federal cabinet includes five full-fledged Quebec ministers and two secretaries of state. That's not including Jean Chrétien whom Martin would replace anyway as top-ranking Quebec MP. Of those, two would have to be considered expendable with little political pain: Immigration Minister Denis Coderre because of his closeness to Chrétien, and Treasury Board President Lucienne Robillard because she is not particularly ambitious or high profile and might be ready for a change of scene.

It gets trickier after that. Intergovernmental Affairs Minister Stéphane Dion says he's still interested in sticking around Ottawa and as a hero in the Liberal caucus for his work on the Clarity Act he may be immune.

International Trade Minister Pierre Pettigrew, despite being foiled so far on trade issues with the U.S. such as softwood, probably rates a second look from Martin. One report on cabinet rumours says Pettigrew is already on the Martin protected list.

Justice Minister Martin Cauchon - the political minister for Quebec - may be spared the ax, regardless of his support for one-time leadership candidate Finance Minister John Manley. Cauchon's performance in a hot portfolio has earned him praise and he may have earned the green light to continue his work of pot law reform and same-sex marriage.

QUEBEC AFFAIRS



PETER BLACK

Assuming there are two or three empty Quebec chairs in the cabinet room, the line-up of possible replacements begins somewhere on Sparks Street.

One MP who seems to be a sure bet is former Bourassa minister and TV talk show host Liza Frulla. Though Chrétien engineered her move to Ottawa in a contrived Montreal byelection in May, 2002, the trilingual Frulla is an unabashed Martinite and even got into hot water by suggesting open-

ly it was time for Chrétien to quit for the good of the party. She proved to be more prophetic than traitorous - Chrétien announced his retirement three weeks after Frulla's musings.

Frulla's partner, André Morrow, a longtime Liberal communications advisor, is a member of Martin's Quebec campaign team.

Another strong possibility would be Georges Farrah, the MP representing Gaspé and the Magdalen Islands - also a former Quebec minister, albeit briefly, under premier Daniel Johnson Jr. Farrah would provide Martin with an experienced MP from a region notorious for wavering political loyalties. Farrah currently is parliamentary secretary to Fisheries and Oceans Minister Robert Thibault, so that portfolio might be a logical promotion for him.

Beyond those two, the list of possible Quebec ministers includes a number of eclectic candidates. Martin may have to address the 10-year absence of a minister from Quebec City. That would be good news for Hélène Scherrer, an outspoken Martin supporter. However, Scherrer may have a lot on her plate at the moment, since Martin has named her one of the co-chairs of the Liberal's national campaign.

Then there's former party president, Tunisian-born Jacques Saada, human rights advocate Irwin Cotler (a choice likely to get Bono's thumbs-up) or Marlene Jennings, although a Chrétien loyalist, is also a black woman in English Montreal, a demographic triple-whammy. Dr. Gilbert Normand, whom Chrétien dumped as junior science minister reportedly because of his Martin sympathies, holds a riding east of Quebec City, and is therefore another possibility.

Whomever Martin names to his cabinet from Quebec on Dec. 12 may be subject to revision in a matter of months. Depending on what star candidates he recruits for the next election, Martin may be faced with the same Quebec dilemma. But then he may have up to 60 Quebec MPs waiting for a call, not the 37 currently in the caucus.

Joe Clark had it easy.

LETTERS TO THE EDITOR

He really is an incredible musician

DEAR EDITOR,

Hello, I would like to respond to a letter in today's paper, if I may...

Yes, Incredible!

In Wednesday's paper, Lionel Albert chastises me for my use of "incredible." According to my copy of The Canadian Oxford Dictionary (1998), incredible is defined as: adj. 1. that cannot be believed. 2. (informal) amazing, extraordinary (we had an incredible time in San Francisco). Therefore, it should be perfectly acceptable to say that Jesse Winchester is an incredible musician.

Yes, I probably could have found a more formal adjective, but I consider letters to the editor to be place for public dialogue, not literary posturing. My letter was written quickly using simple, common language so that it would be accessible to all who

cared to read it.

English is a fluid language, Mr. Albert. It changes with the times, and that is part of its strength and its beauty.

BRENDA HARTWELL
Lennoxville

Doggone shame

DEAR EDITOR,

The heartless person who abandoned six newborn puppies obviously has no compassion for life.

Punishment for such an insane act: Drop this person off in a densely wooded area with a bag over his/her head. Then release a half dozen hungry pit bulls at his/her heels. A run for life. Let this human experience the similar circumstance that these young helpless pups did. A life or death situation!

N. BRYANT
Magog

THE RECORD

P.O. Box 1200 Sherbrooke J1H 5L6 or 1195 Galt E., Sherbrooke J1G 1Y7
FAX: 819-569-3945 E-MAIL:
newsroom@sherbrookerecord.com
WEBSITE: www.sherbrookerecord.com

RANDY KINNEAR PUBLISHER (819) 569-9511
SHARON MCCULLY EDITOR (819) 569-6345
JAMIE ZACHARY CORRESP. EDITOR (819) 569-6345
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Perspectives

Health, mortality and Aunt Annie

*"Cause when you're crying / It brings
on the rain*

So stop that sighing / Be happy again.

*Keep on smiling / Cause when you're
smiling*

The whole world smiles with you."

Maybe not. Maybe all that smiling will only get you written off as the village idiot. Nonetheless that old song offers sound advice. Living your life with an optimistic outlook is well-advised. Book stores are loaded down with self-help books and those who write them repeatedly stress the importance and benefits of a positive and cheerful life style. You can be happier, more successful, have more friends, and live a fuller life by rejecting negative thoughts. It is impressive how often the guru writers of these books counsel us to think positively about ourselves and our lives.

The Power of Positive Thinking is the classic and probably most famous book of the genre, but there are thousands more like it.

I do not believe self-help books lead the way to public or private salvation. (If I can really help myself what am I doing in the self-help section?) I admit reading a few of them, and none were great. But I enjoyed some, and in general I believe that, like religion, they probably do no harm. Probably.

A recent research study out of Rutgers university supports the importance of a positive outlook for the maintenance of good health. The support is somewhat indirect, but it is there. The study was led by Dr. Leventhal and is found in the most recent issue of Health Psychology.

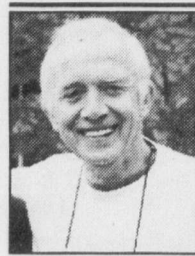
The investigation involved a series of interviews administered to over 851

older adults living in a retirement community. The interviews were conducted by trained university students and addressed such topics as the retirees' physical health, life events, moods (optimism), physical symptoms, health behaviours, etc. The interviewers then rated the health of the interviewees on a scale of 1 to 5, where one indicates 'appears sick', and five indicates 'appears very healthy'. The retirees also did a self-evaluation of their own health using the same 1 to 5 rating scale.

The student interviewers' rankings were used to predict subsequent mortality over the period 1991-2001. Participants who were rated by interviewers as sicker and less healthy were found to be at three times greater risk of dying during the ten year period. And the predictive values of the interviewers' rankings were found to be more accurate than those retirees gave themselves.

This is interesting in that the retirees possessed far more detailed information about their actual health than any student interviewer could ever attain.

Researchers expected that interviewers' ratings would most strongly relate to the severity of retirees' actual health conditions and history. They did not expect the retirees' positive emotional states and optimism to have a significant impact. However, the researchers did hypothesize that the interviewers' ratings would go beyond the information gained about retirees during the interview. This



TOM
CAVANAGH

turned out to be the case, although with qualifications.

Interviewers did capture information beyond what came from answers to

specific questions. Thus, they were influenced by "cues" such as physical

appearance, attentiveness, concentration, voice clarity and strength, when judging health

and sickness.

Interestingly the retirees' self-ratings generally discounted the severity of their health problems. They showed less concern and attributed less importance to severe incidents in their personal health history than did interviewers. "So I had three quadruple by-pass operations? So what? No big deal." This may not be surprising I suppose, but I still find it remarkable. And endearing.

Most of us believe that a positive outlook is beneficial in maintaining good health. It may not cure you, but it is a safer bet than gloom and doom. And there is surely a link between depression and health. Confirmation of the benefits of an optimistic outlook was not a reason for the project. Nor is it a conclusion. The research does not negate the observation, and Dr. Leventhal encourages the practice of complimenting friends and relations on their health and appearance even, — indeed especially — if they seem unwell. Agreed. You can never go wrong with the greeting: "You're looking just great."

This was a difficult topic to investigate and at times I almost gave up on it. The report itself is only seven pages long but I must have read it a dozen times trying to

ferret out meaning and conclusions. No easy task. I found it confusing and nigh incomprehensible in places and had to resist the impulse to mail it back to Dr Leventhal with comments in the margins in red ink. "What is it you are trying to say?"

My suspicions about the article were confirmed by my intelligent wife, a friend with a background in statistics who I hoped could help me, and

finally by two psychologists who also had tons of trouble with it. One of them laughingly suggested I change my subject entirely and write about some psychologists' difficulties in expressing themselves with clarity.

CONCLUSION

When growing up I was surrounded by an unusual number of aunts most of whom I loved dearly. However, Aunt Annie was the exception. She always greeted us with a frown and such comments as: "What's wrong with you?" "What in the world is ailing you?" "Are you sick?" I'm not making this up. Even her compliments were twisted. "Well, you're not looking so bad. This time."

I recall my sister saying that if you weren't sick before you met her, you felt you were after. God rest her soul. Inadvertently she taught us not to be like her. And what we learned from Aunt Annie is not far removed from what we draw from Dr. Leventhal's study. Choose your words wisely and use them to help and encourage those around you.

And keep on smiling. It's good for your health and longevity. It's good for friends and relations. And it's good for your face too.

Citizenship is care of the world

With elected representatives and ordinary citizens across the country mulling over the pros and cons of the possible location of a Wal-Mart in a community, it is well to spread as much solid information as possible, hoping that good information leads to good decisions.

Three is one of our favorite numbers: "three strikes and out", "three outs and you are no longer at bat". Even Marlin Perkins, pursuing strange creatures for Mutual of Omaha's "Wild Kingdom" always got what he wanted on try #3. Here are three groups of three that might shed some light on the Wal-Mart question: (1) Bangladesh, Thailand and 'T', standing for many other exploited Third World countries; (2) Wal-Mart, Nike and 'M', standing for many other exploiting megacorporations, and (3) Drummondville, Thetford Mines, and 'N', standing for other possible locations in the neighbourhood. Now to connect the three sets.

A PBS documentary (www.pbs.org, now 5 Sept. 03) showed the exploitation of Thai youngsters manufacturing shoes for Nike, paid a pittance for their work, all contrary to observing the very low minimum standards of the country, many working 70-hours-a-week far from home. On pain of expulsion, workers are coached to give false answers to the questions of Nike "inspectors." The government is so anxious to have the foreign exchange that it refrains from enforcing its own weak labour laws. Wal-Mart engages in the same sort of practices in Bangladesh. A video shows rows of young children each with a machine sewing clothes for Wal-Mart, the children paid 5 cents an hour and working long hours. Other megacorporations exploit other Third World countries in the same fashion. Someone has characterized globalization as "roaming the world looking for the best deals." It has been estimated that one in four young Thai women is engaged in making export goods, often

under conditions we would consider intolerable.

Without doubt Wal-Mart, its financial strength beyond that of many individual countries, its purchasing power unlimited, can offer goods attractive to the prudent shopper. Is there a counterbalancing social cost? Someone has said that "citizenship is care of the world." Should we think of the unfair foreign labor relations that enable the Wal-Mart prices? Should we be influenced by the current class action suit of employees against Wal-Mart charging the company has engineered overtime work without overtime pay? Should we note that in town after town, local businesses that contribute to community spirit, have been forced to close? Should we consider that there are 700 Wal-Mart sites vacant in the USA, Wal-Mart having moved to more distant and larger establishments? Should we be like those is power in Thailand and elsewhere who overlook social injustice because they know that megacorpora-

tion will shift to other Third World countries where they are allowed to be repressive?

The argument is that if Wal-Mart doesn't come to the primary target community (as in Bangladesh) it will go elsewhere so its better to have it here and draw business from surrounding communities. (Never mind if that hurts their local business) This is just like Bangladesh and Thailand tolerating the intolerable as they don't want to lose the business, the poor business, and they know it could be taken elsewhere. Would it be better to seek co-operation to keep Wal-Mart out of the entire area, giving a collective "No" to organization that has one objective only, to siphon off profits to HQ in U.S.A.? How long will it be before civilized society concerns itself not only with the terrible deeds against Arar in Syria and Sampson in Saudi Arabia, but with the oppressed of the world, regardless of race, religion or ethnicity?

ARTHUR N. LANGFORD

Louis-Joseph Papineau: A divided soul

By James H. Marsh

On Oct. 23, 1837, some 5,000 people gathered at Saint Charles, Lower Canada. They came to hear their inspiring leader Louis-Joseph Papineau. It was a new phenomenon in the young democracy, an angry crowd demanding political change. Papineau's eloquence and passion made him a symbol of patriotism, especially among the country folk who considered him a "Messiah."

Papineau was alarmed by the storm he had aroused. He hated the English merchants and politicians in the colony and used the French majority in the Assembly to block their ambitions. It was a policy that generated increasing bitterness. Now, the tribune tried to caution against violence. It was no longer what the crowd wanted to hear. The more radical Wolfred Nelson grabbed the stage and cried out that it was time "to melt our spoons into bullets!" The meeting adopted a set of resolutions that were, for all practical purposes, a declaration of independence.

Papineau was neither the first nor the last leader to lose control of what he had set in motion. He was a brilliant, complex man whose own divided nature played a part in the confusion of the times.

The eldest of eight children, Louis-

Joseph Papineau was born in Montreal in 1786. His father Joseph represented Montreal in the Assembly of Lower Canada, where he took part in its first debate, demanding recognition of the official use of the French language. An impressionable and sensitive child, Louis-Joseph was the favourite of his puritanical mother. She hoped that he would become a priest, but he rebelled and took refuge in books.

Louis-Joseph was called to the bar in 1809, but he got little satisfaction from practising law. In 1809, he was elected to the Assembly, where he became the natural leader of a group of professionals who called themselves the parti canadien.

Papineau's strategy was one of systematic and implacable obstruction of Anglo ambitions. It resulted in an atmosphere of contempt and intolerance in the Assembly, but it also contributed to a new national feeling among the people, who for the first time began to call themselves "French-Canadians." Papineau was determined to speak for this new national destiny. He reorganized the parti canadien as the parti patriote and openly called for a republic.

While Papineau was the most articulate and powerful spokesman for his party and his people, his message was a

tangled skein of conflicting ideas. He proclaimed progressive ideas such as responsible government, but his ideal society remained rooted in the feudal seigneurial system. Although an unbeliever, he defended the influence of the Catholic Church.

When the British Parliament rebuked the demands of the patriotes, there seemed no turning back, but Papineau himself was torn. He could no longer extricate himself from the movement that he had created, but he was quickly losing control to extremists.

After the meeting at Saint Charles, the government arrested several patriote leaders. Once the fighting started, Papineau briefly joined the rebels and then fled to the United States.

How is such inglorious conduct to be explained? In exile, Papineau convinced himself that he was a martyr but many of his own followers called him a coward. He was granted an amnesty and returned to Canada in 1845 and to politics in 1847. With the more conciliatory leadership of Louis Lafontaine, he was increasingly isolated. He spent his last years devoted to his books and to his seigneurie.

Papineau exerted a unique influence on the French-Canadians and awakened them to new ideas of nationalism and

liberty. But his inner contradictions brought fear and hesitation when his followers needed him most.

(JAMES H. MARSH IS EDITOR-IN-CHIEF OF THE CANADIAN ENCYCLOPEDIA. TO LEARN MORE ABOUT PAPINEAU AND THE REBELIONS OF 1837, CONSULT THE CANADIAN ENCYCLOPEDIA PUBLISHED ONLINE BY HISTORICA AT WWW.HISTORICA.CA).

Christmas party prevails

By Deirdre McMurdy

An awful lot may have changed in the corporate world over recent years - but not when it comes to the annual staff Christmas party.

Guy Thibault of festivex says that most of his corporate clients are spending more modestly because of the current economic climate. A limited budget means averaging \$10,000 to \$15,000 for an event rather than the more typical \$25,000 to \$40,000 range common during the stock market boom three years ago. Buffets have replaced sit-down dinners and an open bar is no longer standard.

The one sectoral exception is high technology. Even firms that have taken a financial drubbing continue to celebrate in style, often spending as much as \$50,000 on theme parties.

Michelle Gibson of Par-T-Perfect in Vancouver has noticed several other trends as well.

"There's such a sense of uncertainty everywhere, that companies tend to leave things much more to the last minute. It's very much a wait-and-see approach these days, right down to the wire," she observes.

Gibson says that there has also been a heightened emphasis on including children and family in corporate events, especially since the terrorist attacks of Sept. 11, 2001.

But whether companies are sticking with such Christmas traditions or adapting their seasonal celebrations to changing times, this annual gathering has more social pitfalls than ever.

"People often assume, 'hey, it's a party, we can let loose.' But that's never the case. You're being watched even more carefully at these events. The power structure and relationships don't change just because you've got on a party dress," says Karen Mallett, a partner in Winnipeg-based In Good Company, a corporate etiquette consultancy.

Speaking of dress, she says one perennial faux pas - aside from drinking to excess - is to dress inappropriately at a company function. It's something that can be tough to live down for the rest of the year.

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C.S. Brooks /

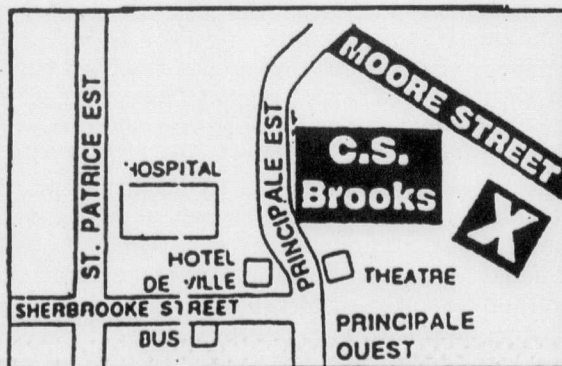
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THE RECORD

One of last WWI vets dead

Rev. Cyril Martin, 103, one of only 10 remaining Canadian veterans of the First World War, died Tuesday in Edmonton.

Martin, one of 625,000 Canadians who served in the First World War, lied about his age when he joined the Canadian Army at 15.

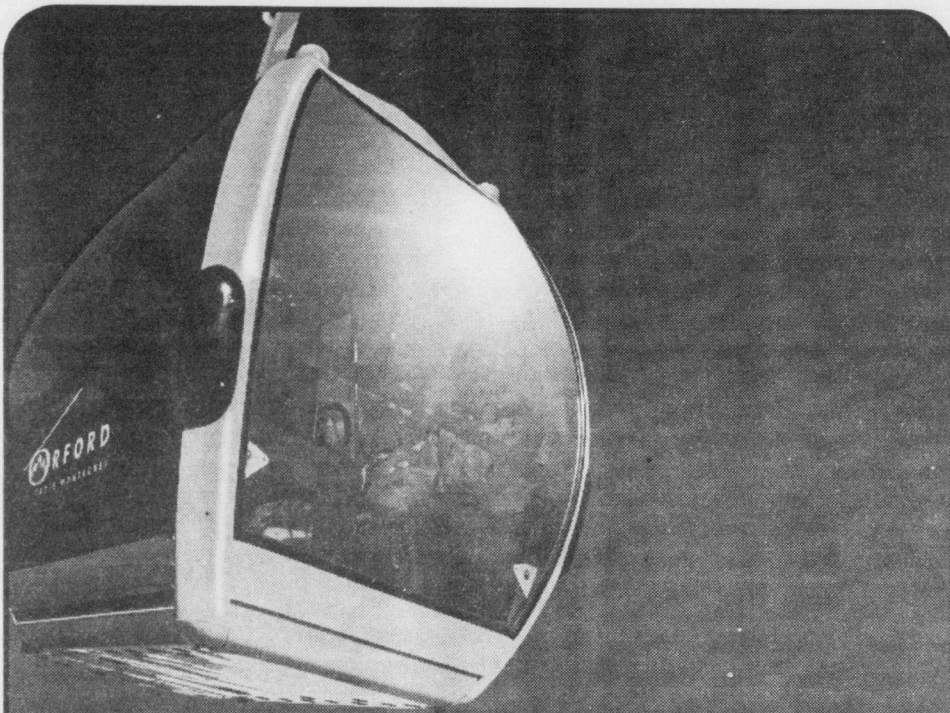
A year later, as a member of the 7th Canadian Railway Troop, he was in France and Belgium, helping move supplies to the front line. His job was to slog through mud, hauling 27-kilogram loads of shells and food to the men in the trenches from army supply trains.

Several months later, he was involved

in the battle at Passchendaele, where 16,000 men died or were wounded by bullets, shells or poison gas. Lacking gas masks, his unit could only cover their faces with rags.

"The only thing we could do was get some wet clothing and put it over our mouths and if there was no water around, we would urinate in our clothing and use that," he told an Edmonton Journal reporter in a 1997 interview.

Deeply disturbed by the suffering in the war, he took religious studies on his return and became a United Church minister, working in Saskatchewan towns.



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Mustang Mach I	6944		X	X	X	X	X	X	X		300 HP	39,070	34,963	527
Mustang, convertible GT	7020	X		X	X	X	X	X	X			39,545	33,725	509
Taurus SEL SW	6024	X		X	X	X	X	X	X		demo	30,550	23,609	356
Taurus 100th Anniversary	6573	X		X	X	X	X	X	X		leather	35,075	27,662	417
Taurus SEL	6574	X		X	X	X	X	X	X		demo	29,140	21,350	322
Taurus 100th Anniversary	6610	X		X	X	X	X	X	X		leather	35,075	27,622	417
Taurus 100th Anniversary	6631	X		X	X	X	X	X	X		demo	35,075	27,622	399
Taurus SEL	6949	X		X	X	X	X	X	X		leather	32,958	25,762	389
Taurus SEL	6954	X		X	X	X	X	X	X			29,695	22,848	345
Taurus SEL	7019	X		X	X	X	X	X	X			32,958	25,762	389
Marauder	5949	X		X	X	X	X	X	X		300 HP	48,095	42,011	634
Windstar LTD	5996	X		X	X	X	X	X	X	X	demo/leather	42,995	33,156	499
Windstar Sport	6281	X		X	X	X	X	X	X	X	demo	35,095	26,124	394
Windstar Sport	6746	X		X	X	X	X	X	X	X		34,920	26,977	407
Windstar Sport	6789	X		X	X	X	X	X	X	X	bk-up warner	35,315	27,325	412
Windstar Sport	6790	X		X	X	X	X	X	X	X	bk-up warner	35,315	27,325	412
Windstar Sport	6902	X		X	X	X	X	X	X	X		34,920	26,977	407
Windstar Sport	6903	X		X	X	X	X	X	X	X	bk-up warner	35,315	27,325	412
Windstar Sport	6904	X		X	X	X	X	X	X	X	bk-up warner	35,315	27,325	412
Windstar Sport	6905	X		X	X	X	X	X	X	X	bk-up warner	35,315	27,325	412
Windstar Sport	6906	X		X	X	X	X	X	X	X		34,920	26,977	407
Windstar Sport	6907	X		X	X	X	X	X	X	X	bk-up warner	35,315	27,325	412
Windstar Sport	6914	X		X	X	X	X	X	X	X		36,315	28,204	425
Windstar LX	6942	X		X	X	X	X	X	X	X		29,920	22,814	344
Explorer Sport	6164	X		X	X	X	X	X	X		4x4	37,740	29,659	447
Explorer Sport	6370	X		X	X	X	X	X	X		4x4	37,425	29,368	443
Explorer Eddy Bauer	6232	X		X	X	X	X	X	X		4x4, leather	50,125	41,847	629
Explorer XLT	6436	X		X	X	X	X	X	X		V6	45,315	37,552	566
Explorer XLT	6473	X		X	X	X	X	X	X		V6	43,680	36,104	545
Ranger XLT	6205	X									V6, air	23,450	20,156	304
Ranger XLT	6206	X									V6, air	23,450	20,156	304
F150XLT	6401	X		X	X	X					Supercab, 4x2	36,655	29,166	440
F150XLT	6193	X		X	X	X					Supercab, 4x2	37,800	30,290	457
F350	6717	X		X							Diesel	36,305	32,250	486
Focus SW	6799	X		X							Sunroof	21,310	16,846	254
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Focus Sport	6754	X		X	X	X						22,790	18,179	274
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Focus Berlina	6998	X		X								20,260	15,901	240
Focus Berlina	6999	X		X								20,260	15,901	240
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Focus Sport	7083	X		X	X	X						22,790	18,179	274
Focus Sport	7084	X		X	X	X						22,790	18,179	274
Focus Sport	7985	X		X	X	X						22,790	18,179	274
Focus ZTS	7089	X		X	X	X						22,285	17,747	268

* Purchase 84 months, taxes extra. Transport and preparation included. Subject to credit approval.
** Eligible for contest "We give a vehicle away per day" by Ford. Details and regulations available at your Val Estrie dealer. The \$500.00 guaranteed to the contest is already included in the public notice.

PUBLIC NOTICE PUBLIC NOTICE

LUCKY WINNERS

The lucky winners of two Symphony Orchestra tickets for this Saturday evening's performance, Nov. 22, were : Eileen Meilleur of Sherbrooke and C.Jones of Lennoxville. Congratulations to our winners and watch for future opportunities to win tickets to symphony performances.

Santa Claus is coming to town

The Santa Claus will take place in Sherbrooke Saturday, Nov. 22 beginning at 1 p.m. from Jacques Cartier park. The parade route will wind along Esplanade to the top of Queen, King, Alexandre, Aberdeen, Wellington, Frontenac, Dufferin, Terril and end at the Palais des sports. Last year, 5,000 people watched the parade and even more spectators are expected this year.

CAREER



Centre
Notre-Dame de l'Enfant
(Sherbrooke) Inc.



Centre d'accueil Dixville inc.
Dixville Home Inc.

**LE REGROUPEMENT CNDE-DIXVILLE
SOLLICITE DES CANDIDATURES POUR COMBLER LE
POSTE SUIVANT:**

Le regroupement CNDE-Dixville est composé de deux établissements ayant pour mission d'offrir des services d'adaptation, de réadaptation et d'intégration sociale auprès de personnes présentant une déficience intellectuelle et/ou un trouble envahissant du développement ainsi que des services de soutien et d'accompagnement à l'entourage de ces personnes. Le regroupement gère un budget d'environ 17 millions de dollars.

**DIRECTEUR DES
SERVICES ADMINISTRATIFS**

Relevant de la directrice générale, le ou la titulaire de ce poste administre les activités relatives aux ressources financières, matérielles et informatiques pour les deux établissements du regroupement.

Exigences

- Être détenteur d'un diplôme universitaire de premier cycle en sciences comptables.
- Posséder au moins huit années d'expérience pertinente à la fonction dont une expérience à titre de cadre.
- Posséder une très bonne connaissance des processus financiers du réseau de la santé et des services sociaux.
- Faire preuve de vision, de leadership, d'un bon sens de l'organisation, d'un solide jugement et d'une bonne capacité de communication tant verbale qu'écrite.
- Être membre d'un ordre professionnel (CA-CGA-CMA) ainsi que la maîtrise de la langue anglaise constituent un atout.

Rémunération

Conforme aux normes du M.S.S.S. pour les cadres supérieurs, classe 16.

Candidatures

Toute personne intéressée est invitée à faire parvenir un curriculum vitae accompagné d'une lettre mettant en évidence les principaux intérêts de sa candidature **au plus tard le mercredi 3 décembre 2003 à 16 heures** à l'adresse suivante:

**Regroupement CNDE-Dixville
Service des ressources humaines
Poste de Directeur des services administratifs
1621, rue Prospect
Sherbrooke (Québec) J1J 1K4
Télécopieur: 819-569-4584
Courriel: bdubreuil.cndedixville@ssss.gouv.qc.ca**

15220

A Tangled Web



PERRY BEATON/SPECIAL

The 14th edition of the Salon des métiers d'art de l'Estrie will continue until Nov. 23 at the Sherbrooke exhibition centre (formerly known as CERAS). The works of more than 60 artists will be featured including the creations of some 20 arts students from Collège de Sherbrooke. The exhibition has been a longstanding tradition in the Townships and eagerly awaited by supporters of the arts. Opening hours for the exhibition are noon to 10 p.m. Friday; 10 a.m. to 10 p.m. Saturday and 10 a.m. to 5 p.m. Sunday. There is a \$2 entry fee for those over 16 and parking is free. A fashion show will be held Saturday evening featuring the creations of designer Stessy Chenail. As well the Sherbrooke Symphony Youth orchestra will perform Friday evening.

CAREER



The Municipality of the Village of Ayer's Cliff, located in the Memphremagog MRC, is seeking applications for the position of

BUILDING AND ENVIRONMENT INSPECTOR

DESCRIPTION

Reporting to the Municipal Council and working with the current team, the selected candidate will take on responsibilities related to the application of the Urbanism by-laws, notably the issuing of permits and other certificates, the inspections and visits of properties, the information to the Land Use Advisory Committee.

REQUIREMENTS

- Bilingual
- A Collegial degree in town and country planning, Civil Engineering or equivalent,
- Relevant experience, and a good knowledge of the municipal sector will be an asset;
- Good planning and organisational skills, she/he will be capable to project co-ordination and to manage communications efficiently;
- Knowledge of the usual software and ideally the software to emit permits and licences
- Must own a car for the job.
- Availability: 20 hours per week, excluding the meetings.

REMUNERATION

The remuneration is relative to the skill profile and the municipal policy. If you are interested by the position, please send your application, at the latest the December 8th, 2003 to:

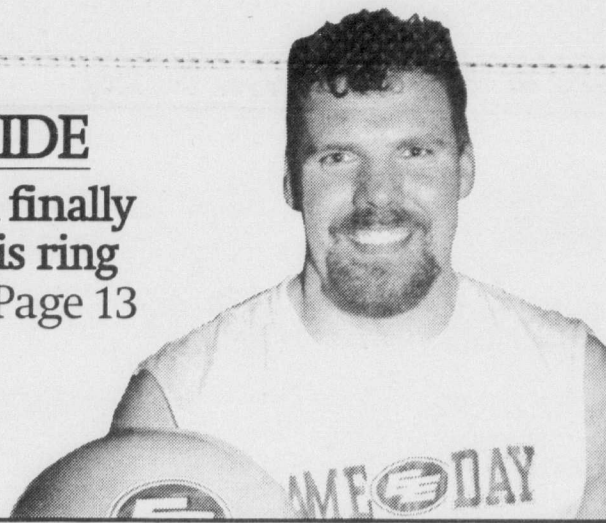
**Municipality of the Village of Ayer's Cliff
Position of Building and Environment Inspector
958 Main Street, Ayer's Cliff QC J0B 1C0
Fax : (819) 838-4411**

13544

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and your
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hat for a
pair of
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Canadiens
tickets.
Order
today by
calling
569-9528.*

THE RECORD Sports

INSIDE
Beaton finally
gets his ring
... see Page 13



JAMIE ZACHARY, CORRESPONDENTS' EDITOR

NEWSROOM@SHERBROOKERECORD.COM

FRIDAY, NOVEMBER 21, 2003 PAGE 11

Colon named to CIS All-Canadian team

*BU wide receiver's
selection highlight
of losing season*

By Mike Hickey
SPECIAL TO THE RECORD

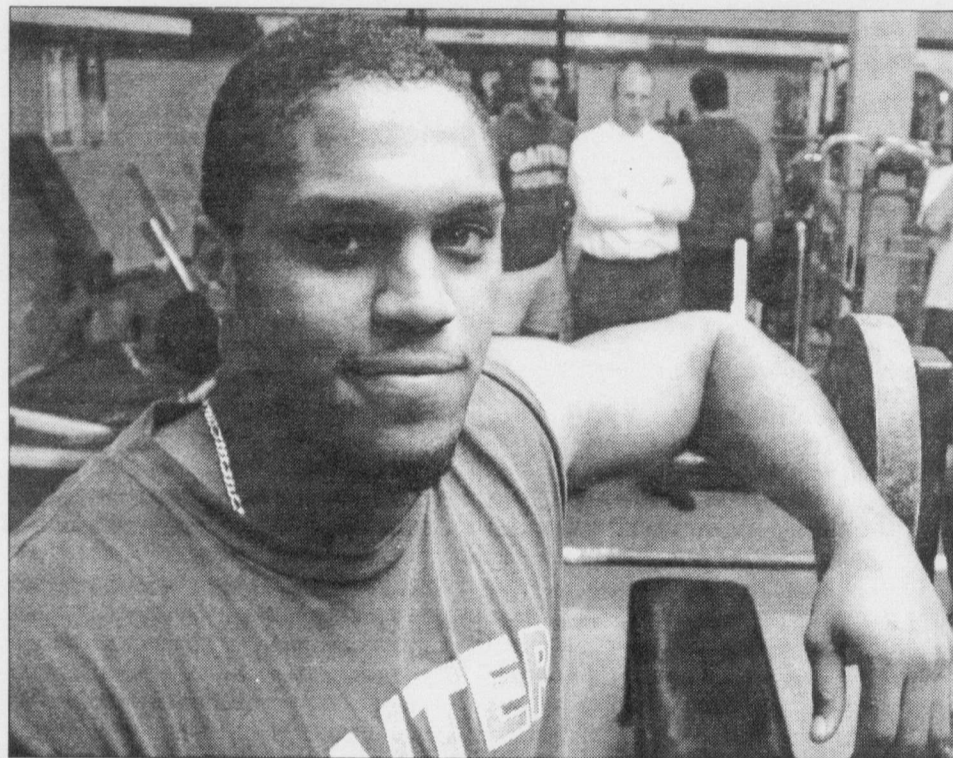
Bishop's receiver Gilles Colon was named to the Canadian Interuniversity Sport (CIS) All-Canadian football team at a dinner in Toronto Thursday night.

"I am excited," Colon said in a telephone interview as he motored down Highway 401 en route to the awards ceremony. "It was a lot of hard work that has paid off and it takes little of the sting from a tough year."

The selection of Colon was the lone bright spot in a disappointing season that saw the Gaiters post a 2-6 record and fail to reach their goal of making the playoffs.

It may seem strange for a player from a non-playoff team to be named an All-Canadian, but Colon demonstrated over the past two years that he is one of the top pass catchers in Canada.

For defensive co-ordinator Marc Lor-



PERRY BEATON/SPECIAL

Bishop's Gaiters wide receiver Gilles Colon caught 32 passes for 587 yards this season en route to last night's All-Canadian nod at a dinner in Toronto.

anger, Colon's selection was a remarkable journey for a student-athlete who first played organized football four years ago.

"Gilles was a walk-on who had never played football when we arrived here," Loranger said Thursday. "It is great achievement and demonstrates how hard he has worked to make himself and outstanding player."

This season, Colon caught 32 passes for 587 yards for an 18.3 average, and he also scored three touchdowns.

He also ran back punts, gaining 322 yards on 35 returns including a 55-yard touchdown.

"The league's coaches said that he was the league's best inside receiver. He proved that against the best teams in the country, including Concordia, Laval and St. Mary's," Loranger noted.

The native of Virginia is hoping that his new All-Canadian status will help him in his quest to play in the Canadian Football League next season.

"Being an All-Canadian certainly should draw a lot of attention from CFL clubs," Colon stated. "My goal is to play professional next year."

SEE COLON, PAGE 12

Bishop's cagers search for complete game

By Nelson Afonso
LENNOXVILLE

A 40-minute effort. That's what the Bishop's Gaiters men's basketball team has to put together

if it hopes to come away with a pair of wins this weekend in Quebec conference action.

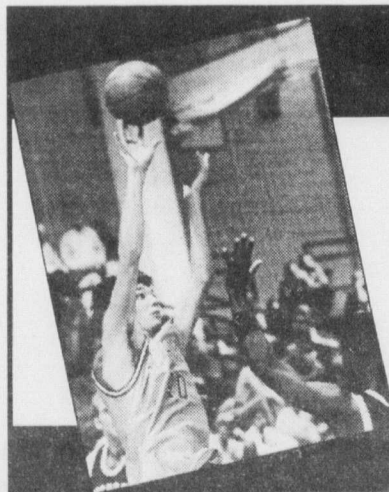
"We've got to come out strong and play the entire 40 minutes, and we have

to execute on offence," said rookie shooting guard and former Champlain Cougar J.D. Robitaille.

The Gaiters (1-1) will host the Concordia Stingers (1-1) Friday at Mitchell Gym-

nasium in Lennoxville (8 p.m.). The team then travels to Montreal on Saturday to face the expansion UQAM Citadins (0-3) for the second time this season.

SEE GAITERS, PAGE 12



BASKETBALL AT BISHOP'S

**Bishop's
VS
Concordia**

GO!



GO!

\$6 Adults; \$2 children under 12

Friday, November 21st, 2003 • 6 p.m. & 8 p.m.



13167

UNIVERSITY BASKETBALL

Bishop's women look for weekend sweep

By Mike Hickey

SPECIAL TO THE RECORD

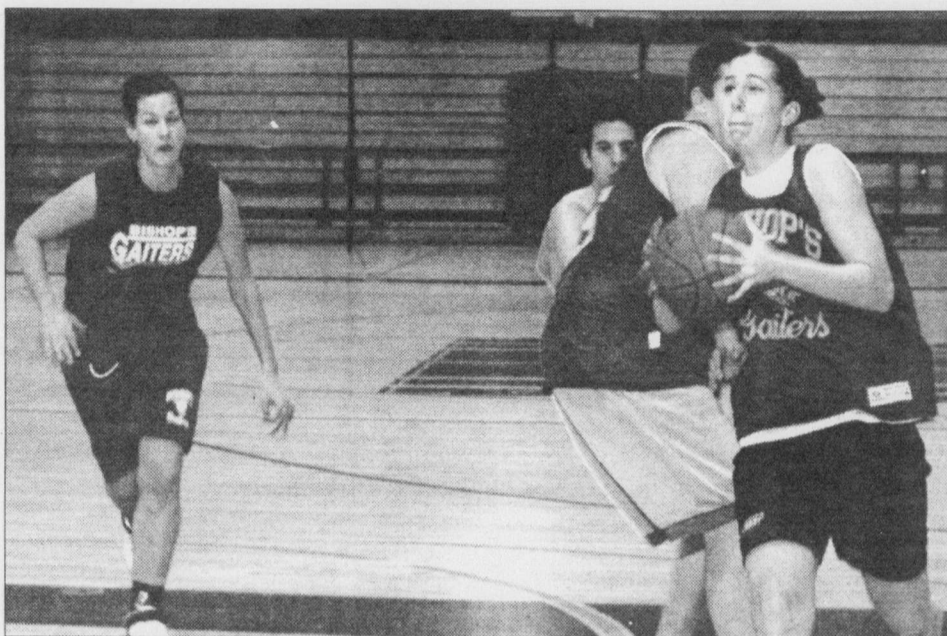
The Bishop's University women's basketball team will put its national ranking on the line this weekend when they host the Concordia Stingers Friday and then travel to Montreal Saturday to play the UQAM Citadins.

The Lady Gaiters are coming off a bye week and the time off was put to good use.

"We used the bye week to get healthy and work on some areas that needed fine tuning," head coach Rod Gilpin said this week. "We have been bothered by nagging injuries the last few weeks and the time off has helped heal them. We have had a lot of intensity in practice the last few weeks and we should be ready to play."

According to Gilpin, the game plan for the Gaiters is pretty simple — create an upbeat tempo and force the Stingers and Citadins to play an unfamiliar up-tempo speed.

"Concordia has very good one-on-one players and they like to set their offence up," Gilpin said Thursday. "We want to push the ball up and put pressure on de-



PERRY BEATON/SPECIAL

Anouk Boulanger (right) goes up for a layup with Josianne Lafrenière trailing (left) in practice this week. The Gaiters are coming off a bye week going into Friday's meeting against Concordia.

fence, while they prefer a half court game."

The Lady Gaiters will face a more physical team Friday night, but Gilpin believes their speed and outside scoring

will offset the Stingers' inside play.

The Stingers are 1-1 in league play. Their loss was a close one against the first-place Laval Rouge et Or in Ste-Foy.

"Concordia is a very good team and

we have to be ready for them," Gilpin explained. "I think that the Quebec conference is very balanced this year. Laval is the best team, but the championship is up for grabs."

Gilpin has one of the better benches in the league and is not afraid to use it throughout the game. He also feels his players are more adept than most at playing a fast-break, full court pressure style of basketball.

"We have good quickness at both ends of the court and we like to run," Gilpin explained. "I think our team is as good as any in the country in playing a full court style of play."

The Gaiters will face a different style of play Saturday when they battle the Citadins. Bishop' recorded a relatively easy victory over UQAM in their opening league game earlier this month, but Gilpin was not happy about a second half letdown after an impressive first half.

"We would like to maintain intensity for 40 minutes in both games," Gilpin said.

The Gaiters wrap up the first half of the season a week from today with a road game against McGill.

GAITERS:

CONT'D FROM PAGE 11

According to Robitaille and fifth-year point guard Shaun Brade, the inexperienced Gaiters have not put together a solid 40-minute game yet this year.

"We go out strong but then have spurts where we don't do anything right. We lower our heads and don't bring them back up for a while," said Robitaille.

Added Brade: "We suffer a let down whenever we feel a little too comfortable

out there. We have to shift into another gear and go out there and grab a lead."

The Gaiters, who this weekend will dress nine players in their first or second year with the club, opened the 2003-2004 season on Nov. 7 with a 66-54 win over the Citadins before falling the next evening to the Laval Rouge et Or 84-62.

"We're still a work in progress. This will sound cliché, but the key is to get better everyday," said head coach Eddie Pomykala, adding he has been doing more teaching on the court and in the classroom this year than ever before.

"We're competing harder in practice and working on our two key concerns, shooting and defence. At the same time, it's frustrating because I see a lot of promise, but realistically, I know it won't come out right now."

Friday's opponents, the Concordia Stingers, are coming off an easy 96-73 win last weekend against the McGill Redmen. They are led by the dangerous trio of offensive weapons that include Patrick Perrotte, Philippe Langlois and Chris Blackwood.

Blackwood, in his first year with the

Stingers, is a former Champlain College star who had initially declared he would be attending Brandon University in Manitoba before settling on Concordia.

On Friday, he'll face two former teammates, Robitaille and fellow rookie shooting guard Pierre-Alain St-Laurent.

"He's like any other opponent. We'll do our best to stop him," said Robitaille, adding that his confidence has increased a lot since the first game of the season.

Robitaille, who did not score in his first university game against UQAM, had 12 points off the bench against Laval.

FOOTBALL

COLON:

CONT'D FROM PAGE 12

Colon was undrafted by a CFL team last year but was selected to the first-ever CIS East-West All-star game last spring and has shown improvement in each of his four years at Bishop's.

Despite his American upbringing, Colon is considered a Canadian by CFL standards because he didn't play high school football. That should make him an attractive commodity.

Colon has one year of eligibility remaining in university football but says it is unlikely he will return for a fifth year with the Gaiters.

"I graduate this year and if I continue to play football I would like it to be at the professional level," he concluded. "It is possible I could come back, but not likely."

CEGEP ATHLETICS

Cougars hockey team on the road

By Mike Hickey

SPECIAL TO THE RECORD

The Champlain Cougars hockey team will be looking to build on Tuesday's impressive win over the league's top team when they hit the road Saturday for an afternoon contest against Collège Français in Longueuil.

The Cougars atoned a 10-4 loss the previous week with a solid 4-2 win over the St-Eustache Gladiateurs at the Palais des Sports. The defeat marked the Gladiateurs' first loss in 10 games.

Champlain, playing its best game of the year, rallied for three third period goals to improve their season record to 14-7-3-2.

The visitors had taken a 1-0 first period lead on a goal by Alexandre Parent, but

the Cougars tied the game in the second period on Alexandre Gagné's shorthanded goal. It was his 18th of the campaign.

St-Eustache regained the lead late in the period on a goal by Maxime Boisvert, setting up Champlain's third period heroics. Robin Beauchemin scored the first of his two goals to knot the contest at 2-2 and then Martin Bellavance's first goal of the season gave the home team a 3-2 lead.

Beauchemin iced the victory with an empty netter with just 21 seconds remaining in the game.

Champlain's win moves them to within two points of St-Eustache atop the league standings with 33 points, but the Gladiateurs hold three games in hand over the Cougars.

COUGARS CAGERS FACE DAWSON

The Cougars men's basketball team faces its stiffest challenge of the 2003-04 season when they host the Dawson College Blues Saturday afternoon at Mitchell Gymnasium. Game time is 3 p.m.

The Cougars are 3-1 on the season, and Dawson is one of the teams that they will battle for a playoff berth.

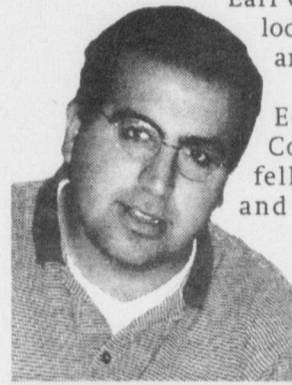
The women's basketball team will be in St-Hyacinthe Sunday looking to reverse their fortunes. The veteran-laden team has not played up to its potential to date.

Sunday's game will feature the head coaching debut of Melanie Hogan who will be replacing Stu Gear who is unable to attend.

SPORTS COMMENT

Grey Cup to remember for Esks, to forget for Als

And so it ended on a frigid night on the prairies, with Leo Groenewegen, after 17 years of chasing the cherished prize he had dreamed of hoisting high above his head, Lord



ARASH MADANI
ON THE CFL

Earl Grey's silver cup in the locker room of Taylor Field and crying like a baby.

"God bless him," said Edmonton guard Dan Comiskey, who, like his fellow offensive linemen and entire locker room wanted to "win it for Leo."

It concluded with Bruce Beaton, once a journey-man during his first six years in the CFL before settling in Edmonton for the last half-dozen seasons,

staring at the trophy that eluded him a lifetime and made him postpone retirement for 24 months.

"You wait your entire professional life for this and after all the heartbreak, it finally happens," said Beaton moments after the Eskimos were officially crowned CFL champions last Sunday with a 34-22 Grey Cup win over the Montreal Alouettes.

And so it was over, with redemption for Mike Pringle. Written off by the franchise he built with the Hall of Fame legs that churned the Alouettes from forgotten to formidable to flamboyant and fabulous. The tailback who could become the greatest running back the CFL has ever seen next year burst out of the tunnel with more vengeance than a Mike Tyson bite and three hours later a champion.

"Couldn't have written a better script. Just icing on the cake," grinned Pringle, shipped to

Alberta weeks after the Als won the 2002 Cup over the same Esks. "Sweet revenge."

For a player, and a franchise.

And so it ended on the fast track turf of Regina — no snow, no ice, no rain, no problem for that lack of running game and the masterful Als quarterback Anthony Calvillo, right? Oh, but wait. That's Calvillo, he of the offence that generated one second-half point in the most pivotal game of the year. The one that could have had people talking about an Alouettes dynasty — and not Grey Cup debacle.

"It's not that I'm devastated, I'm just angry," said Montreal receiver Jeremaine Copeland, a while after showering and exiting the dressing room. "We could have, and should have won. It's just... It's just, nothing worked and now it's hard to know where this team goes from here."

It ended with Pat Woodcock, last year's hero and most outstanding Canadian, looking around at his teammates one last time and slipping into the dark night with the realization that he, like other free agents, would most likely not be back.

Proceedings concluded with two rookie cornerbacks being shouldered with the blame, while in reality, D.J. Johnson and Brandon Williams were just doing their jobs as 23-year-old kids and should not have been placed in that situation under the circumstances.

Grey Cup 2003 ended like most championships do. One locker room staring into a silver trophy, dreams having come to life. The other, defiant and dejected closing the door on what could have been.

One last lunge for glory ended last Sunday. Based on who was crying, you'd never know who won.

— ARASH MADANI IS THE HOST OF ALOUETTES THIS WEEK ON TEAM 990, A SPORTS RADIO STATION IN MONTREAL. HE COVERS THE ALOUETTES AND THE CFL FOR THE TEAM AS WELL AS THE RECORD.

SPORTS NOTEBOOK

Men's volleyball team falls to 1-3

Canada's men's volleyball team lost to Serbia-Montenegro Thursday in four sets at the 2003 World Cup held in Japan.

Canada was outplayed 25-14, 23-25, 25-20 and 26-24 by the second-ranked team in the world, and falls 1-3 in the tournament. They also lost earlier this week to the U.S. and the host Japanese. Their lone win was against Egypt.

"At the end, we made a few mistakes on easy balls. We panicked against a more experienced team and weren't able to manage stressful situations," said Sébastien Ruelle, a former University of Sherbrooke star. "As soon as it became close, we would miss our serve or we would get a shot blocked."

Oilers' home re-named Rexall Place

The Edmonton Oilers and Edmonton-based Katz Group Inc., Thursday announced a 10-year sponsorship agreement under which Katz Group will own the naming rights to the Oilers' home arena.

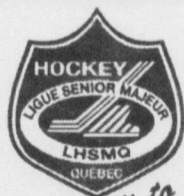
The centrepiece of this agreement is Rexall Place, formerly known as Skyreach Centre.

Around Town

To submit your sporting event, fax it to (819) 569-3945, email newsroom@sherbrookerecord.com or contact Jamie Zachary, Correspondents' Editor, or Mike Hickey at (819) 569-6345.

UPCOMING

- **MIDGET AAA HOCKEY: Friday**, C.C. Lemoyne at Magog Cantoniers, Magog, 7:30 p.m.
- **SENIOR HOCKEY (LHSP): Friday**, Coaticook at Asbestos, 8:30 p.m., Coleraine at Lac Mégantic, 9 p.m.; Valcourt at Windsor, 8:30 p.m., **Saturday**, Windsor at Coleraine, 8:30 p.m.; Asbestos at Disraeli, 8 p.m.; Valcourt at East Angus, 7 p.m.; Lac Mégantic at Magog, 9 p.m.
- **SENIOR HOCKEY (LHSMQ): Friday**, St-Jean at Sherbrooke St-François, 8 p.m., Léopold Drolet Palais des Sports, Sherbrooke. Granby Prédateurs at Thetford Mines ProLab, 8:30 p.m., Centre Mario Gosselin, Thetford Mines.



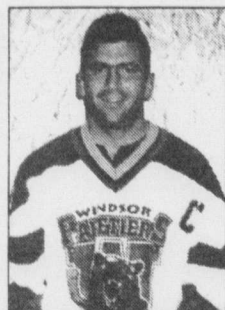
A team to support
... the Saint-François



Student special:
\$5.00



Participate to the Thibault
Pontiac Buick GMC contest:
\$1,000 to win tonight



Fabien Perras #9 with the Windsor
Papetiers from 1996 to 2001



Luc Bélanger #35
LHSMQ player of the week



Fabien Perras #9 2001-2003 with the Windsor Lacroix



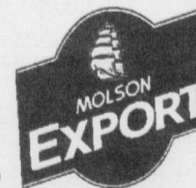
Visit the Saint-François Souvenir Boutique
during the game.

A special Friday... this November 21st The St-Jean Mission is coming to Sherbrooke

with

**Aaron Both • Dean Mayrand • Rony Valenti •
Rob Murphy • Greg Davis • Daniel Guérard •
Ian McIntyre • David Alexandre Beauregard**

Reservation
for tickets and
packages:
(819) 821-5850



Appreciation night to the Ex-Captain Fabien Perras #9 at 8 p.m.

* Catch the Quebec Senior Hockey Fever this Friday at 8 p.m.! *

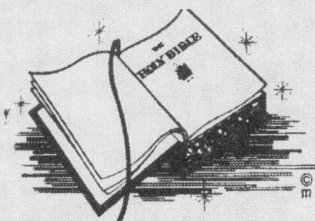
Church Directory

Anglican Church of Canada

ST. PETER'S CHURCH
355 Dufferin Street, Sherbrooke
(819) 564-0279
Sunday
10:00 a.m. Holy Eucharist

Anglican Church of Canada

**ST. GEORGE'S CHURCH
LENNOXVILLE**
84 Queen St., 819-346-5564
Rector: Rev. Keith Dickerson
Sunday, November 23
8:00 a.m. Holy Communion
9:30 a.m. All In The Family
Guest Speaker: Robert Langlois



**Attend the church
of your choice**

Presbyterian Church in Canada

ST. ANDREW'S CHURCH
(418) 334-0587
Interim Moderator:
Rev. Ross Davidson
Organist: Anthony Davidson



Sunday
11:30 a.m. Worship with
Rev. John Barry Forsyth
A cordial welcome to all!

**THE WORD OF GRACE
RADIO BROADCAST**
P.O. Box 404 Lennoxville Qc J1M 1Z6
Station CKTS/CJAD Dial 90
Sunday 8:30 a.m.

United Church of Canada



Plymouth-Trinity
Dufferin at
Montreal,
in Sherbrooke
346-6373



Organist:
Pamela Gill Eby

Sunday
10:30 a.m. Worship
Guest speaker: Catherine Smith
Sunday School & Nursery

Fordyce Women's Institute meets

COWANSVILLE

The Fordyce W.I. met on Nov. 5, 2003 at Emmanuel United Church, Cowansville with the 2nd Vice-President Mary Enright conducting the meeting. Mary welcomed the 17 members present and read a poem "Christmas is coming." The Collect, Salute to Flag was repeated and the Birthday Song was sung to Margaret Bell (17), Irene Williams (18), Margaret Crawford (29).

The Motto "Knowledge of the Nations promote Understanding."

The Roll Call was "What Clause of the Mary Stewart Collect do you find hardest to keep". Most members answered "Let us be done with fault finding and never be hasty in judgement."

The treasurer report was given by Gert Barrand and found favorable. There were 3 bills handed in. These were moved to be paid by Margaret Bell and seconded by Doris Nelson. Carried. It was moved by June Lamey and seconded by June Royea that \$100.00 be sent to the Adelaide hoodless Home in memory of deceased members since 1999. Carried. June Lamey reported she had handed in \$223.00 to the Treasurer since January for sale of recycled cards. All the members do is hand in the tops of cards received and June makes new ones. Very pretty and a nice verse inside ready to be sold again. A teacher is very often good it crafts. Thanks June! Perhaps Fordyce W.I. or Missisquoi County could start up a business. Competition to Regal Greeting Cards!

The Memorial Fund report given by Verna patterson showed a good balance to. She needs new Memorial Cards. She will contact C.A.P.C. Secretary Norma Sherrer to see if she can order them through church of fice.

Correspondence: A thank you card was received from Pearl Brown Jewett after her accident. Seems she was in a Canadian Tire store when some produce on atop shelf decided to fall hitting Pearl on the head and knocking her to the floor which caused some excitement for a few minutes. She was rushed to the hospital by ambulance - no severe damage as she was later released. Must have had a few sore spots! A letter from Joyce Martin, Pres. of Dunham W.I. reminding our members of the Wreath Laying Ceremony on Nov. 11, 2003 at 11 a.m. at the W.I. Cairn in Dunham, at this time it was moved by Evelyn Lewis and seconded by June Lamey we purchase time it was moved by Evelyn Lewis and seconded by June Lamey we purchase a wreath through the Canadian legion Branch 99, Cowansville. Our president, Jean Scott will have the "honor" laying it for our deceased Veterans. A letter was received from C.A.P.C. Board that our Insurance for our paraphernalia and liability will not be covered by the United Church as of January 1, 2003. The insurance has bone up dramatically. Each group that uses the hall will have to have their own. It was suggested Gert Barrand would inquire about a policy that we can afford, seconded by Gladys Dustin. Carried.

A thank you letter was received from Bryce Dougall thanking us for nonperishable items for Trinity Anglican Church Food Bank, a thank-you from Andrea Burnham for Bursary.

As it was near lunch time the W.I. Grace was repeated. All enjoyed Finger Foods brought in by members. After lunch, the chairman of the nominating Committee Donna Luce read the new slate of officers for 2004. The executive remains the same. The new committee chairs Agriculture - June Lamey; Health & Community Living - Sher-rer, Education & Personal Development - Kathleen Paquette; Publicity & Awareness - Evelyn Lewis.

These new officers will be installed at the January meeting 2004. Barbara Nadeau will be contacted to see if she is still interested in making our new program books. There will be a meeting at Donna Luce's on Nov. 25, 2003 at 1 p.m., to assemble the new books.

A letter was received from C.A.P.C. Board Chairman Janet Snider inviting the members of the Fordyce Women's Institute to attend the Coveiting Service for the new minister Rev. Wendy MacLean Rennie of Emmanuel United Church to be held on Nov. 23, 2003 at 3 p.m.

Gladys Dustin, Social Convenor had contact Connie Sharman to see if she would cater to our Christmas Dinner. Names were taken down from members present and other members will be called.

Tea Money and Pennies for Friendship were collected. \$183.00 will be turned over to County Treasurer - Diane Tast to be forwarded to Provincial Treasurer Doris Stevens for 2003 from Fordyce Branch.

Gifts for Christmas was discussed. Shut-ins will be remembered. Articles such as soap etc. left from the semi-annual Craft table will be donated to the B.M.P. Hospital but members felt we should share goodies with another group. It was moved by June Lamey and seconded by Norma Sherrer we bring in gifts for the Knights of Columbus Food Baskets, Mitts, socks, toques, scarfs, toys and non-perishable canned items. Carried.

Our 57th Anniversary of Fordyce W.I. will be celebrated on Nov. 27, 2003 actual date at Emmanuel United Church. Members to bring a reading or tell a joke. June Lamey has a "skit" to present to us. Gladys Dustin, our social convenor has the lunch all prepared. Doris Nelson expressed thanks on our behalf to Gladys for all she does in the social line. She sometime wonders if its appreciated. As she says, when she calls for food for funerals, etc., its not for her, its for Fordyce W.I.

As Alta Forster had resigned as International Affairs Convenor, our Pres. Jean asked June Lamey to fill in. She and her sister attended the International Mosaic Culture Activity in Montreal in Sept. 2003. There were 62 countries took part and all the things that were made in greenery and flowers. Just beautiful to see and they highly recommended it. June also read a poem about the Irish which was humorous. She was thanked by Mary Enright. Evelyn Lewis filled out a paper with our do concerning Town-shipper Day in Cowansville. Suggesting where improvements could be made another things that were satisfactory.

This brought a lengthy meeting closed by our second Vice President, Mary Enright who looked very tired.

June Royea, publicity

Danville Nostalgia

PART 4

This is a story, about a One Room School House told to me by Dave Gifford from the Wales Home, formerly a Danville Native.

The closing for Christmas in the one Room schoolhouse is the same as today. In about the year 1925 our teacher put on a little Christmas play. I can remember us kids, lined up singing carols and being in a play with a little girl. She was the mother, and yours truly was a young fellow out to seek a wife. The little girl

was sitting in a rocking chair by the big stove clad with an apron and a ball of wool knitting on a facecloth.

I came in the door from the north end of the schoolhouse and she asked, "Where have you been Billy Boy, Billy Boy, oh charming Willie?" "I have been to seek a wife. She's the joy of my life but she's a young thing that can't leave her mummy."

"Can she make a feather bed? Billy Boy, Billy Boy."

"Yes! She can, she can put the feather pillows at the head." "But she's a young thing who can't leave her mummy."

"Can she make a cherry pie, Billy Boy Billy Boy?"

"Yes, she can make a cherry pie good enough for any boy, but she's a young thing who can't leave her mummy."

The audience consisted of approximately six mothers from the district.

To be
continued....
Marlene Brown

ECKANKAR



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Sherbrooke (Quebec)
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www.eckankar.org

An ECK Worship Service is offered to individuals of any creed, culture or denomination.

On Sunday November 23rd, from 11 to 12 a.m., an ECK Worship Service will be held in English and will have as theme "Finding God in Everything."

Please join other people who are looking for a higher degree of understanding and unconditional love in their lives.

Welcome to all interested persons.



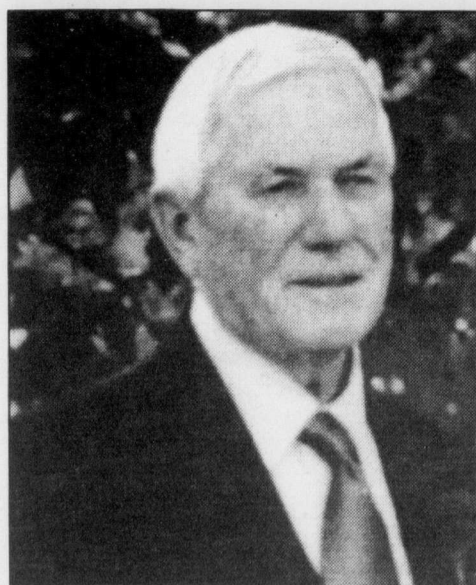
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Death

Death

Death

Death



JANECEK, Emile 1930 - 2003 - Surrounded by his loved ones, at the Brome-Missisquoi Perkins Hospital in Cowansville, on Sunday, November 16th, 2003, in his 74th year, Emile Janecek, loving husband of Anne Psenak. Other than his wife, he leaves to mourn his cherished children: Ann (Robert Dunn), Michel (Sylvie Chaput), Diane (Marc Gingras) and Pierre (Maud Soudrais), his grandchildren: Louise, Philippe, Christian, Charles, Pascale, Bianca, Marie-Pier, Sarah and his great-grandson, Maxime. Also left to mourn are his brothers-in-law and sisters-in-law: Olga (Eugène Pauchon), Benjamin (Lise Collin) and Antoine (Denis Guité), his nephews and nieces, other relatives and many dear friends. Mr. Janecek is resting at the Desourdy Wilson Funeral Home, 109 William, Cowansville, Que., J2K 1K9, tel.: (450) 263-1212, fax: (450) 263-9557, info@desourdywilson.com, Dignity Memorial, where family and friends may visit on Friday, November 21st, 2003 from 2 - 4 p.m., and 7 - 10 p.m., and Saturday, November 22nd from 9:00 - 10:30 a.m., followed by the funeral service at 11 a.m., from St-Croix Catholic Church in Dunham. Interment will be at the Parish Cemetery. In memoriam, tributes to the Oncology Department of the Brome-Missisquoi Perkins Hospital Foundation, 950 Principale, Cowansville, Que., J2K 1K3, would be appreciated. (Forms available at the funeral home). The family wishes to thank the personnel of units 2 and 3 of the BMP Hospital, also all of the doctors for the care given to Mr. Janecek.



MURRAY, Kathleen (nee Campbell) - At the Estriade, St-Joseph Centre, Sherbrooke, on November 17, 2003. Kathleen Campbell Murray, in her 103rd year. Beloved wife of the late Bernard Weekes Murray of Sherbrooke. Loving mother of the late William B. Murray (the late Connie Heslop), Dr. John C. Murray (Monica Deacon), Peter W. Murray (Lucille Bélanger), Bernard J. Murray (Francine Fafard), Michael J. Murray s.j. Cherished grandmother of James, David, Charles, Elisabeth, Shauna, Steven, Anick, Kathy and Bryan Murray. Loving great-grandmother of nine great-grandchildren. Dear aunt of Antoine Sirois, Louis Sirois (Joanna Gaffney), Guy Bachand (Faby Lainé), Pauline Lafond (the late Dr. Réal Lafond) and Mireille Beaudry (Paul Beaudry). Also left to mourn are many other friends and relatives. Resting at the Steve L. Elkas Funeral Home, 601 Conseil St., Sherbrooke, Que., J1G 1K4, tel.: 565-1155, fax: 820-8872, where family and friends will be welcomed on Friday, November 21, 2003 from 2 - 4 p.m., and from 7 - 9 p.m., and on the day of the funeral from 9:00 - 10:10 a.m. Funeral service will be held at St-Patrick's Church (Sherbrooke) on Saturday, November 22, 2003 at 10:30 a.m., followed by interment at the St-Michael's Cemetery (Sherbrooke). The family would like to thank the personnel of the Estriade St-Joseph Centre for all the kind and professional care given to Mrs. Murray. As a memorial tribute, donations to the CHSLD Estriade St-Joseph, 611 Queen Boul., North, Sherbrooke, Que., J1H 3R6, would be appreciated.

KINNEAR, Kenneth - Peacefully at the CHUS Hotel Dieu Hospital, Sherbrooke, Que., on Thursday, November 20, 2003, Kenneth Kinnear in his 76th year, beloved husband of Alice Dearden. Dear father of Randy (Shannon), Shelley (Marty) Maire, Sandra (Mario) Bailargeon and loving grandfather of Stephanie, Brianna and Karl. He is survived by his sister, Alita (Barton) Carr, as well as many nieces, nephews, other relatives and friends. Resting at Cass Funeral Home, 6 Belvidere St., Lennoxville, Que., where family and friends may call on Friday, from 7 - 9 p.m., and Saturday, November 22, 2003 from 10 - 11 a.m., followed by the funeral service at 11 a.m. Rev. Barbara Willard officiating. Interment in Malvern Cemetery. As memorial tributes, donations to the charity of your choice would be appreciated by the family.

FOSTER, Katherine Ann 1959-2003 - Our special gift from God, passed away peacefully on November 19th, 2003, after a courageous battle with cancer. Beloved daughter of Thomas (Buster) Foster and Dorothy (Brown), loving sister of Jennifer (Mark), her brothers; Harold (Joyce), Linden (Christine), Tom (Eva), Jeff (Heather), Sam (Lyne), her nieces and nephews, cousins and many friends. Kathy was a resident of the Dixville Home in Ayer's Cliff. Kathy is resting at the Désourdy Wilson Funeral Home, 318 Knowlton Rd., Knowlton, Que., tel.: (450) 263-1212, fax: (450) 263-9557, e-mail: info@desourdywilson.com, Dignity Memorial, where family and friends may visit on Saturday, November 22nd, 2003 from 2 - 4 p.m., and 7 - 9 p.m. Funeral services from St-John's Anglican Church in Brome, on Sunday, November 23rd at 2:30 p.m., followed by interment at Duboyce Cemetery in West Bolton. Please note: Sunday, day of the service, the funeral home will be open from 12:30 p.m. to 2 p.m. In lieu of flowers, donations can be made to the Dixville Home Foundation, 301 St-Alexandre St., P.O. Box 90, Dixville, Que., J0B 1P0 or La Maison Aube-Lumière, 220 Kennedy St., North, Sherbrooke, Que., J1E 2E7, would be appreciated by the family. The family wishes to thank the staff at Dixville, Ayer's Cliff, especially Carolyne, Michel and Anne-Marie. We will always be grateful for the wonderful care and compassion from the staff and volunteers at La Maison Aube-Lumière. Je t'aime.

In Memoriam

NUTBROWN, Albert and Ruth - In loving memory of Dad who passed away November 21, 1995 and Mom on September 10, 1997.

The days are gone
When we could talk, share a knowing look,
A laugh, or a walk
But the light you gave
To our lives each day
Is the light that still
Guides our way.
Always in our hearts
RICHARD, ISABEL
BEN and TOM
JACK, HEATHER
NATHALIE and
RYAN

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RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

BIRTH & DEATH NOTICES, CARDS OF THANKS, IN MEMORIAMs, BRIEFLETS:
Text only: 32¢ per word. Minimum charge \$8.00 (\$9.20 taxes included)
Discounts: 2 insertions - 15% off, 3 insertions - 30% off
With photo: additional \$18.50. **DEADLINE:** 11 a.m., day before publication.
BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:
Text only: \$7.00 (includes taxes)
With photo: \$20.00 (\$23.01 taxes included) **DEADLINE:** 3 days before publication.
WEDDING WRITE-UPS, OBITUARIES:
\$19.50 (\$22.43 taxes included) **WITH PHOTO:** \$29.50 (\$33.94 taxes included)

Please Note: All of the aforementioned (except death notices) must be submitted type-written or neatly printed, and must include the signature and daytime telephone number of the contact person. They will not be taken by phone.
DEADLINES FOR DEATH NOTICES:
For Monday's paper, call **819-569-4856** between 1 p.m. and 5 p.m. Sunday.
For Tuesday, Wednesday, Thursday or Friday's edition, call **819-569-4856** or fax **819-569-1187** (please call to confirm transmission) between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called.

1st Wedding Anniversary



Congratulations Jim and Jane Lengacher
on November 23, 2003

50th Wedding Anniversary

Friends and family are invited to celebrate the 50th Anniversary of Marion and Dufferin Annesley at the Lennoxville Rifle Club on Sunday, November 30th from 2-4 p.m. Best Wishes Only.

80th Birthday

An Open House will be held in honour of Edna Smith's 80th birthday on Saturday, November 22, 2:30 p.m. to 4 p.m., at the Richmond Hill Valleyview Hall. Those who would like to stop in and give their best wishes are most welcome.

Happy Birthday

Happy birthday to Mom (Sharon), born on November 21, we'll omit the year.

Here's a poem:

Violets are blue
Roses are red,
Honey is sweet
But not as sweet at you.
I love you Mom.

Love,
Jessica

Inverness Maxine McCrea

Douglas Price and Thomas McCannimon from Sharon, Ont., were luncheon guests of Margaret Dempsey one day recently. Other callers at the same home included the Leiths from Alberta and Eva Leith, Lennoxville, Mr. and Mrs. Eric Adams, Mr. and Mrs. Bruce Gillam, Margaret Cruikshank and Eric Robinson. Ron Jamieson was a supper guest of his aunt Margaret.

Linda and Jean-Claude Bertrand of Aylmer spent a weekend with Maxine and family when we celebrated Linda's birthday.

Stanstead Chapter IODE



The late Thelma Dustin, Ex Regent Stanstead Chapter IODE much valued member for over fifty years.

"IODE suffers loss of valued member of over fifty years" the late Thelma Dustin.

President Carol Emslie opens the meeting with the IODE prayer. A silence follows in memory of the late Thelma Dustin.

Maude Curtis secretary read minutes of the last meeting.

In absence of social secretary Pauline McGourty it was noted that she spent out thirty-six letters in thanks for Tea and Bazaar supporters.

Gertrude Ketcham read a letter of thanks for one of the bursary winners, Jennifer Goodsell.

Weir park memorial meeting sends message from Steve Simpson to say IODE may appoint a member to attend their meetings.

Treasurer's report given by Gertrude Ketcham. A healthy bank account and then the Allocation report for the year was read.

Aurelie Farfan, education chair received a letter of thanks for articles sent

to Laborador. IODE calendars were distributed to schools, civic offices, libraries.

Rheta Taylor services chair spoke of parcel sent to Rediker Center. A well stocked parcel went to Lennoxville "Fresh Start" and a parcel to Montreal Escalade.

Communications Elizabeth Ostiguy reports continued support by the Record and the Stanstead Journal. Our thanks.

New business, a nominating committee headed by Marilyn Jones members Monica lester, Elizabeth ostiguy.

Remembrance Day wreaths will be laced. Theresa Wallace will place wreath at Hackett Park, Rheta Taylor will place wreath at Beebe cenotaph.

President Emslie thanks tea hostesses Maude Curtis, Hermine Daghofer, meeting adjourned, next meeting will be Dec. 1, 2003.

Elizabeth Ostiguy,
Communications

It's time to consider professional help

Dear Annie: My husband, "Andy," likes to take photographs of other women. I

don't mean in a studio. I mean in restaurants, malls, parking lots, wherever he happens to be. He brings his camera everywhere, and when he spots a young, good-looking woman, he snaps her picture.

We have been married for three years, and I think he loves women a little too much. I'm pretty sure he hasn't cheated on me, but who knows what could happen? I talked to Andy about his "hobby," and he promised he would quit. News flash. He hasn't. That camera is still attached to his hand.

I am in my late 40s and think I'm rather good-looking. Andy tells me I am beautiful, but apparently it isn't enough. I am not comfortable with the picture-taking. What do you think of this behavior? — Drifting Away

Dear Drifting: Andy sounds like a case of arrested development, and if he doesn't watch out, one of those women is going to call the police.

We're not sure what Andy is doing with the pictures, but this behavior doesn't sound entirely normal. The fact that it bothers you should be reason enough for him to stop, and since he is unable or unwilling to do that, it's time to consider professional help. Please ask your doctor to refer you to a marriage counselor before Andy's hobby gets out of hand and lands him in hot water.

Dear Annie: I'd like to respond to the letter from the 17-year-old who wants to stay home alone while her parents go out of town. I have this same argument every few months with my daughter. It isn't about leaving my "baby" at home. It's that I don't think she is old enough to make correct decisions in a crunch.

I left my older daughter home once, and a lot of kids at school heard I was out of town and showed up with beer and drugs for a party. My daughter wanted to call the police, but the kids talked her out of it.

Annie's Mailbox

We were lucky that time, but if something had happened, I would have been liable for any damages, whether to my property or to one of the kids. That is a risk I will not take. — Mother of Five in Greensboro, N.C.

Dear Mother of Five: You are absolutely right. There have been a few stories in the news recently about homes that were destroyed when parents went out of town and left the kids at home. Explain to your daughter that even the most trustworthy, responsible teen can lose control of a situation, and the repercussions can be expensive as well as dangerous.

Dear Annie: Last year, I was the treasurer for a non-profit organization. Each year, this organization raises money for children's activities. Fundraising season is here, and I want to warn your readers.

Our organization "temporarily" lost over \$3,000 because the person who collected the funds deposited the checks but kept all the cash donations for herself. The police were notified, the woman paid the money back, and she escaped further punishment. However, I happen to know she is once again involved with other non-profit, fundraising activities.

Please tell your readers to write a check when buying items for fundraising. For some people, the cash is simply too tempting. — Almost Taken in New Mexico

Dear New Mexico: Thank you for bringing up an excellent point. Most fundraisers are ethical and honest people. However, large amounts of cash can be seductive, even to an otherwise reliable person. It also makes sense to write a check for tax purposes and record-keeping. Our readers will appreciate the warning.

Annie's Mailbox is written by Kathy Mitchell and Marcy Sugar, longtime editors of the Ann Landers column.

CELEBRITY CIPHER by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another. Today's clue: B equals C

"RGHEGAEGA NRVN ZU OXNH HPAUN HE LRWU NELUHZAGT JURXHAKXY JUBRXNU HPXHZ AN JURXHAKXY RGM JURXHV AN HPXHZ." - ORBW GABZEYNEG

PREVIOUS SOLUTION - "Drawing and sculpture are the same thing ... one an illusion of the other." - Sculptor Henry Moore (c) 2003 by NEA, Inc. 11-21

CELEBRITY CIPHER by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another. Today's clue: Z equals Y

"LRV RWJBY JSYC SK NWP XWYCBJVYLT PVKNWPDV. ... B DRSTC JSKVCWDBLVC SK B DRSTC TNKL." - FNRY X. HVYYVCZ

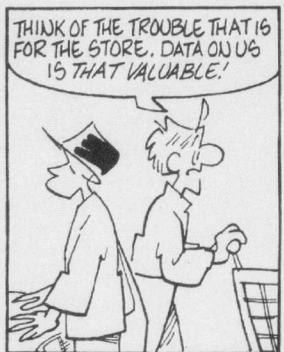
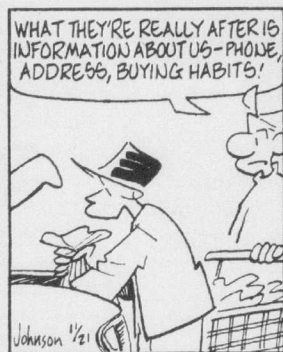
PREVIOUS SOLUTION - "Antonioni says he just tries to make something beautiful because truth is beautiful and beauty is truth." - Jack Nicholson (c) 2003 by NEA, Inc. 11-22

KIT N' CARLYLE

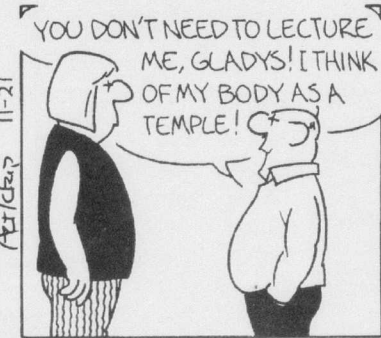
ALLEY OOP



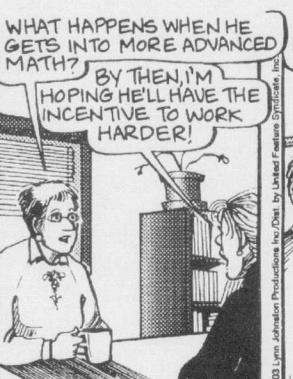
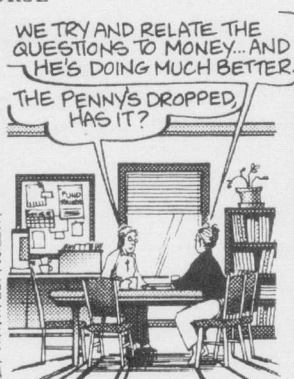
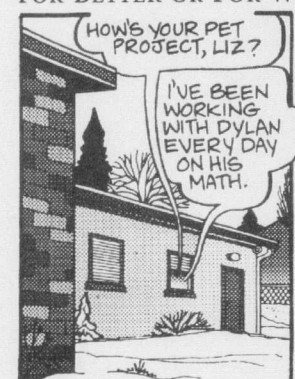
ARLO & JANIS



THE BORN LOSER



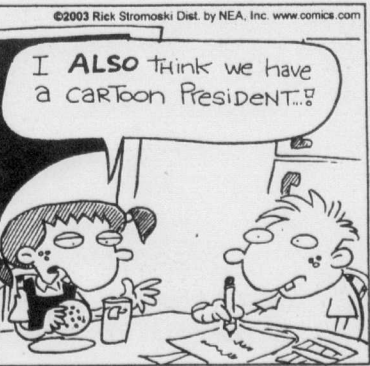
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Advertisement for Cystic Fibrosis Association. Text: 'As if dying in your 30's isn't hard enough to swallow... What if you needed a fistful of pills just to digest your food? Now that you know more about cystic fibrosis, won't you please help?' Includes logo and contact info: 1-800-363-7711 www.aqfk.qc.ca

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OR MAIL YOUR PREPAID CLASSIFIED ADS TO
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FLEURIMONT - Bungalow, 4 bedrooms, 2 bathrooms, central heating, dual energy, complete with heat pump, separate heated garage, heated above ground pool. Superior quality construction. Call (819) 820-1356, pagette 822-8178.



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SHERBROOKE - Good location. 4 x 4 1/2, 1 store + coin laundry. Interesting revenue. Only \$198,000. **Cookshire** - Bungalow, 3 bedrooms, large kitchen, \$75,000. Must be sold. All reasonable offers will be considered. **Bury** - 75 acres, approx. 3/4 wooded, house needs renovating. Seller motivated. **Valerie Signe**, Les Immeubles Royal Enr., (819) 564-1329.

035 For Rent

3 1/2 WANTED IMMEDIATELY, Lennoxville or Mont Bellevue area. Preference: no basement or carpets. Mature individual. Call (819) 822-2900.

4 1/2 IN LENNOXVILLE, \$385. per month. Call (819) 562-6525.

ASCOT - HOUSE for rent, \$800. per month. Can move in now. For more information, call Donald Breton (819) 563-3000, La Capitale.

LENNOXVILLE - Renovated apartments, 3 1/2, 4 1/2, 5 1/2. Pool. Close to town and buses. Includes hot water. (819) 823-5336.

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KNOWLTON - Spectacular view, 4 bedrooms, 3 bathrooms, wood stove, fireplace. Long-term lease. Mid-December. \$1,000. monthly. (450) 242-2820.

KNOWLTON - Spectacular view, 4 bedrooms, 3 bathrooms, wood stove, fireplace, long-term lease. Mid-December. \$1,000 monthly. Call (450)242-2820.

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Nursing Care
Help available with everyday routine
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HOMEWORKERS WANTED. \$529.27 weekly. Process mail or assemble products at home. (416) 703-5655, 24 hour message. www.TheHomeJob.ca or write: Consumer 599B Yonge St. #259-430, Toronto, ON. M4Y 1Z4.

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050 Rest Homes

100 Job Opportunities

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www.ubishops.ca
Bishop's University is seeking a qualified person for the position of **HEAD FOOTBALL COACH**. This is a regular position. The selected candidate should start as soon as possible.
For the details on this position and how to apply, please refer to the University's web site at www.ubishops.ca/footb
Applications must be received by Friday, November 28th.

135 Child Care

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140 Professional Services

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147 Health

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150 Computers

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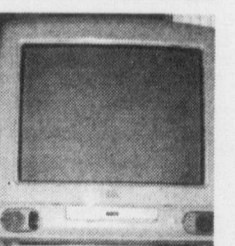
140 Professional Services

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 - 01 TOYOTA ECHO, auto., a/c, 60,000 km., \$12,550.
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 - 00 FORD TAURUS SE, v6, fully loaded, a/c, mags, electric seats, 50,000 km., \$12,950.
 - 99 AUDI A4, 1.8T, Quattro, auto, fully loaded, a/c, mags, moonroof, leather, mint condition, 78,000 km., \$21,950.
 - 98 CHRYSLER INTREPID, v6, 2.7 L, fully loaded, a/c, 122,000 km., \$8,850.
 - 98 ACURA 1.6 EL, auto, fully loaded, a/c, cd, mags, 85,000 km., \$12,950.
 - 97 TOYOTA CAMRY LE, 4 cyl., fully loaded, air, 131,000 km.
 - 93 HONDA ACCORD EX, 4 cyl., auto, fully loaded, a/c, 176,000 km., x-clean, \$5,750.
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 - 00 PONTIAC MONTANA, 3400 cc, a/c, cd, 7 passenger, 56,000 km., \$14,750.
 - 00 CHEVROLET 1500 LS, 5.3L, 4x4, King Cab, shortbox, fully loaded, a/c, cd, mags, 44,000 km.
 - 98 FORD EXPEDITION XLT, 5.4L, auto, fully loaded, 2 a/c, elect. seats, cd charger (6), mags, 8 pass., 97,000 km., \$19,450.
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 - FOCUS SE, sport, fully loaded, grey, 9,000 km.
- 2002
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 - FOCUS SW, manual, fully equipped, gold, 44,000 km.
 - FOCUS SE, auto, green, 52,000 km.
 - FOCUS SW SPORT, auto, fully loaded, blue, 39,000 km.
 - FOCUS ZX3, standard, mags, Zetec, green, 17,000 km.
- 2001
- SUNFIRE SLX, 2 door, 4 cyl., standard, grey, 51,000 km.
 - FOCUS SE SW, Zetec, auto., gold, 40,000 km.
 - FOCUS SE, manual, air, grey, 22,000 km.
 - CIVIC DX, 4d, manual, grey, extended warranty, 70,000 km.
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 - FOCUS SE, standard, air, grey, 44,000 km.
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- 2000
- TAURUS SE, v6, auto., full, grey, 35,000 km.
 - FOCUS SE, auto, red, 62,000 km.
 - FOCUS SE, auto, gold, 42,000 km.
 - TAURUS SW SE, 8 passenger, fully equipped, green, 67,000 km.
 - FOCUS LX, black, 45,000 km.

- 1999
- ESCORT SW, auto., air, grey, 100,000 km.
- 1998
- TAURUS SE, fully equipped, 6 passenger, silver, 102,000 km.
 - ESCORT LX, auto, air, red, 122,000 km.
 - TOYOTA TERCEL, 2d, 4 speed, black, 117,000 km.
 - TAURUS SE, auto, fully equipped, white, 97,000 km.

- 1997
- PONTIAC GRAND AM GT, 3.4L, auto, 4 door, air, black, 104,000 km.

TRUCKS

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 - RANGER RC XLT, air, V6, auto, white, 19,000 km.
 - WINDSTAR SPORT, full, tour pack, 15,000 km., grey
 - EXPLORER SPORT TRACK, 4x4, v6, auto., full, blue, 9,000 km.
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- 2002
- RANGER EDGE SC, 4x4, manual, 4L, air, blue, 32,000 km.

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 - F150 SC, 4x4, XLS, 5.4L, short box, green, 97,000 km.

- 2000
- WINDSTAR LX, full, blue, 46,000 km.

- 1999
- F150 XL RC, 4x2, V6, auto, air, red, 85,000 km.
 - F150XL, 4x4, V6, standard, air, red, 115,000 km.
 - WINDSTAR LX, full, 2 airbags, 4 captains seats, mags, red, 162,000 km.
 - E250, extended box, 5.4L, auto, blue, 52,000 km.

- 1998
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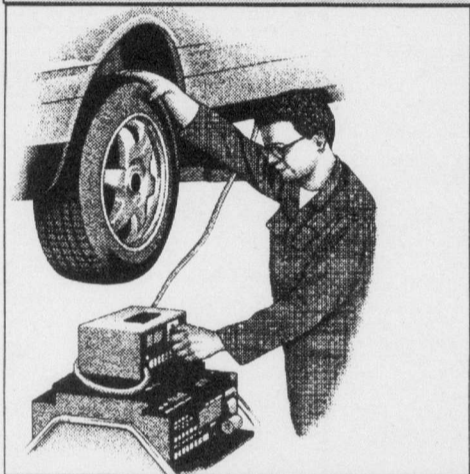
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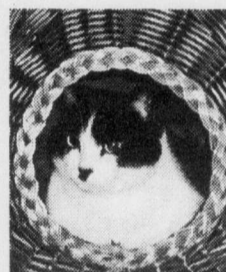
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Lennoxville Ascot Historical and Museum Society

Our October meeting was held on the twentieth, starting with the usual minutes and announcements. Of special interest will be the Victorian Tea, on December 6 this year. Before that the volunteers will have decorated Uplands upstairs and down for Christmas.

Reporting for Uplands Cultural and Heritage Centre, Lillian Rider said there would be coming free workshops for elementary children, twelve at a time, for which it would be necessary to register ahead. A new art show, the twelfth of its kind would open on November 9. Then the thirteenth of the month would feature the launch of a web site of traditional arts and crafts in the Townships. More workshops are also foreseen.

Wales Home News (October)

October is now "the past". We enjoyed the lively colours of the maples and birches. Now the trees are bare. We can see our neighbours across the river and watch the trains at Pierce's Crossing. Only the last feathery fronds of the tamaracks are left to enhance the autumn landscape. Residents are lining up for flue shots. Winter is on its way!

On the first of October we celebrated "International Senior's Day." All residents, (including Apartment Dwellers) were invited to a special dinner. There was tomato juice, and wine. Roast beef, baked potatoes, squash and rolls. Dessert was ice cream with a dribble of creme de menthe and shortbread. After dinner Kate Morrison was in the living room to entertain us with a number of ballads ending with Amazing Grace.

Next day, Bruce Patton and his wife came to lead a sing-a-long beginning with a Senior's version of "Are You Lonesome Tonight?" On the 9th, Ted Robb returned to spend an afternoon with us. On the 30th Ron Haynes and his friends were here to play and sing for a dance in the dining room on Shaw. A lot of fun was created by Hazel Fleck. Hazel was all dressed up. No one knew her and she hopped about teasing her friends, and coaxing them to dance. Also during the month Norma Knowles was here to play for church services. A hymn sing after church and at other times during the month to play for patients in the infirmaries. A hearty thank you to all. We appreciate your visits and your generosity.

The Covenant Players are a world-wide group of young people who enjoy contact with their audience. There are a hundred and twenty teams travelling about bringing moral messages and a laugh, wrapped up in skits to schools, churches, prisons hospitals and homes. They use the imagination of the audience instead of props. On the 18th they came to the Home. Players were Allan and Beverley Noel and Naomi Metz. They transported us to the opening of an office on Monday morning, through the inter-action of a father and his teenage daughter, showed us the things one will do to advance in life and ended the afternoon with a scene from the cafeteria in an retirement home. On the 22nd we met a new

group of entertainers. "The Storytellers are friends of Elise Dekker. They come from the Sherbrooke/Lennoxville area. Anne Rockfield began the entertainment with a song. Mina Trover told the story of Jack-in-the-Beanstalk (for adults). Dorothy Hewson told "The Journey to the Bottom of the Sea." Norma Reiss told of the Mother in the Mirror. Anne Rockford ended the afternoon with the Tale of Old Frost and Young Frost. Both groups sparked the imagination of their listeners. Thank You all! You have a way of making time pass quickly.

We all signed a card of fellowship to member Audrey Frost who has returned to hospital.

The president Ruth Evans drew attention again to the variety of brochures available, and Marion Greelay, treasurer reported grand money available for another project. Of general interest was a request for coloured footage of World War 2 sought by the CBC for a program on D. Day as for family diaries written from the front.

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As you can imagine; with all this entertainment there wasn't much time for trips, but on the 3rd around thirty residents headed out to The Steak House in Waterloo for lunch. (It was delicious as usual) and on the 8th, Mr. Georges Demers from Danville donated his time and the use of his Tour Bus to take the residents on a leaf tour. It was a beautiful bus, complete with toilet, music and a TV. Forty-five residents took advantage of his kindness. he drove them over Melbourne Ridge to Waterloo, around Brome Lake, past Mount Orford to Sherbrooke and home on Route 55. The colour here was just beginning, but Mount Orford was in its full glory. The residents thoroughly enjoyed the scenery, the comfort of the bus and the friendly service of the driver, and a video of the Wales Home. Many of them are thinking longingly of the lucky folk, now enjoying the Demers Tour bus on its annual trip to the Royal Winter Fair.

The Financial Campaign is pressing onward toward its goal of \$200,000.

The leaders of the Knitters Club Mavis Frost, May Dubuc and Nellie Davidson had a very successful raffle and sale of goods on the 23rd, with proceeds in the vicinity of \$400.00. The first prize raffled, an afghan, was won by Beverley Findley of Danville, the 2nd, a stocking monkey by Grace Johnston (our Matron), and the third prize, a set of covered coat hangers, by Hazel Perkins of Danville. Two boxes of knitted articles were delivered to the Salvation Army. Boxes are presently being filled for the school and l'Escale. Plans are afoot to erect the mitten tree during November. May and Mavis are happy to have Nellie working with them on a permanent basis and all three ladies wish to thank Dona Dubois, for her help at the sale table, Seimy Coles for

Our guest speaker for the evening was Mary Jean Bean of North Hatley, a retired teacher who has been researching the life of Julia Grace Wales after having her interest piqued by more than one reference to this woman heretofore unknown to her, as to her audience. And yet she was born and brought up in nearby Bury, Quebec, and the Wales name is certainly well known. One of Mary Jean's references had been Glimpses of the Past by Townships' author, Bertha Weston Price, and she had with her books by and about Julia Grace Wales and her plan for peace envisioned nearly a century ago.

Julia Grace Wales was born in 1881, graduated from McGill University, then went to teach at the University of Wisconsin.

donations of wool, the knitters and all who helped in any way to make the afternoon go so well.

Chic Chez You was here on the 29th with its fall collection of senior friendly fashions. During October, there were Three Anglican Sunday services, one United and one Presbyterian. The Birthday Tea was put on by Group 92. For entertainment, they had the celebrants create a jack-o-lantern from a gourd. Winners were, Alleda Nixon, Ray McMorine, and Marilyn Buck. Friday teas were brought to us by Doreen Waterhouse and Audrey Husk, Ladies from Ulverton/Kirkdale and ladies from the Presbyterian Church in Upper Melbourne. Thank you to the clergy and all the ladies who ministered to our souls and bodies.

Brendalee managed to fit all these extra-curricular activities in among the regular events that mark our lives, i.e. exercises, bowling, card parties, happy hour, brunch, bingo an occasional movie, and shopping.

Bonnie Laxton from Shaw and Manning 3 has been persuaded to join the Residents Committee. The committee bids you welcome and awaits your input.

During October, we welcomed Maurice and Elizabeth Biron, Doreen Mapes, Charles McLaughlin and Jean Beatty to the Home. We hope your stay with us is long and happy!

Sincere sympathy is extended to the relatives of Viola Taylor, Mable Potter and Lucien Picard for the loss of their family member.

The month ended with a "Spooky Tea" served by the Venturers on the 29th. The Halloween Dance, with Ron Haynes on the 30th and The Trick or Treaters on the 31st. There must have been around fifty residents lined up around the walls of the Living room waiting for the fun by 6:30 p.m. Soon they came, bunnies, puppies, witches, angels, Snow White, a devil with his tail pinned to the seat of his pants, so he wouldn't trip on it and a Lone Ranger of two. They bravely held out their bags for candy and their UNICEF boxes, thanked us nicely and went on their way. It was fun to see them all.

Until next time.

Alleda Nixon

sin. Our speaker received not only information but misinformation she said, from that source. However our former archivist Geraldine Lane, knowing of a great niece, Elizabeth Wales, led our researcher to her and subsequently to the J.G. Wales collection featuring the family letters that had survived.

In 1914 when World War I got underway Julia Grace Wales was ill and greatly disturbed by the war and as she pondered the situation the world was in devoted her time to drawing up a plan to keep the world always at peace. rather than fighting to the death she envisioned "Continuous Mediation without Armistice" putting the onus of mediation on the neutral countries of the world.

Mary Jean Bean referred then to suffragists and pacifists, writers, politicians and many parties and places important at the time. Kellogg saw that the plan went to the Wisconsin legislature which adopted it. It was later received by American president Woodrow Wilson who included some of it in his "fourteen point plan" which was contributed to the League of Nations and though U.S.A. would not join that, the philosophy in turn is still reflected in the United Nations.

An important fact in the whole story is the women's movement of the time. There was a Women's Peace Society formed in June of 1915 which though asked to she did not address knowing the drawback presented then in her not being a man and of being Canadian. They adopted her plan all the same. It was likewise adopted by the Congress of 2000 women in the Hague but ironically not put into action since no neutral country would take the first step, and they waited for Woodrow Wilson who postponed action as he waited for an election for second term. Then he kept America out of the war.

There were many fascinating details of the story as Julia Grace Wales accompanied other pacifists to Europe on the famed "Peace Ship." Journalists of the time ridiculed Henry Ford's participation, a high handed female organizer made things difficult and on their arrival the two thousand strong delegates and students who had made the dangerous wartime trip across the Atlantic faced humiliation, record cold weather and difficult travel. Even so thousands of pamphlets were printed, and in many languages, and the Women's International League for Peace and Freedom was formed in 1919.

Our speaker concluded her research and story with other details of Wales' life. She continued to teach at the University of Wisconsin, wrote among other things that "Democracy Needs Education" and died in 1957. After coming home in her retirement to Saint Andrews East, Quebec.

It was very gratifying to hear these highlights and so much more about the life and contributions of Julia Grace Wales, fellow Townshipper, as researched by another, Mary Jean Bean. We can only join her in hoping to see it in print and available to all in the future.

Thelma Pitman

North 11-21-03			
♠ K J 9 8 6			
♥ A Q 8 4			
♦ K J 3			
♣ 3			
West		East	
♠ 7 5 4 3 2		♠ A Q	
♥ 10 7		♥ 9 6 5 3	
♦ 10 9 8 6		♦ 7 5 4 2	
♣ J 5		♣ 10 6 2	
South			
♠ 10			
♥ K J 2			
♦ A Q			
♣ A K Q 9 8 7 4			
Dealer: North			
Vulnerable: Both			
South	West	North	East
2 ♣	Pass	1 ♠	Pass
4 NT	Pass	2 ♥	Pass
6 NT	Pass	5 ♦	Pass
Pass	Pass	Pass	Dbl.
Opening lead: ??			

Friday, Nov. 21, 2003

Two tools that are filtering down

By Phillip Alder

Some players compete in duplicate tournaments, others only socially. In this country, the bidding methods of these two groups are further apart than anywhere else. Normally, social players use a simple subset of the more scientific methods employed in competitions. Not here. Only very slowly have bids like limit raises, weak two-bids and negative doubles filtered into the social game.

Two books that address a couple of popular tournament methods are "25 Steps to Learning 2/1" by Paul Thurston (Master Point Press, 2002) and "Double!" by Mike Lawrence (C&T Bridge Supplies, 2003). Each is recommended if the topic interests you, but make sure your partner reads it (them) too.

Thurston does a thorough job of explaining two-over-one bidding, which rules the duplicate world in this country.

Lawrence does his usual workman-like job, discussing the various doubles, giving pluses and minuses, and making his own preferences clear.

Look only at the West hand. What would you lead against six no-trump doubled?

As Theodore Lightner recommended many years ago, a double of a freely bid slam is lead-directing and usually asks for dummy's first-bid suit. Here, West must select a spade, otherwise South has 14(!) winners. But with a spade lead, East takes the first two tricks. Then South will regret not bidding six clubs. If East doubles that, South (on the basis of his singleton spade) would redouble and make it. Not even Lightner Doubles work all the time.

To order either book, call C&T Bridge Supplies at (800) 525-4718.

Your Birthday

Friday, Nov. 21, 2003

Knowledge you've gained from past experiences can be put to very effective uses in the year ahead and advancement in your career is likely. Happily, you could end up possessing more know-how than your competitors.

SCORPIO (Oct. 24-Nov. 22) — So long as there are no unexpected disruptions, everything should run rather smoothly on the home front today. However, should any breaks in routine occur, deal with them promptly.

SAGITTARIUS (Nov. 23-Dec. 21) — You'll have no trouble seeing the nobler qualities in people who are in complete agreement with you today. Those who oppose you, however, may be seen in an entirely different light.

CAPRICORN (Dec. 22-Jan. 19) — The ways and means to add to your resources or other assets will be prevalent today. Unfortunately, however, you could also experience urges to be unduly extravagant.

AQUARIUS (Jan. 20-Feb. 19) — Don't introduce changes into matters that are presently running smoothly — especially when it comes to your career or work-related issues. Stick to your original game plan.

PISCES (Feb. 20-March 20) — When it comes to your affairs today there are two possible reasons why things could go awry: You might not see things for what they are or you could fail to exploit them properly.

ARIES (March 21-April 19) — Friends will be miffed at you if you agree to do something with them today and then back out just when things are getting started. Make an extra effort to try to honor your commitment.

TAURUS (April 20-May 20) — Chances are you're going to want things done a certain way today and in your own time. Others can't read your mind, so you'd be wise to keep them out of the picture and go it alone.

GEMINI (May 21-June 20) — Try to put the same verve and enthusiasm into your work today that you would expend in social areas of your life. Find fun in the task at hand and you'll have a good time performing them.

CANCER (June 21-July 22) — Don't be hesitant today about standing up for what you believe to be correct. Just because the other guy has a bigger mouth doesn't mean she or he has greater knowledge about the issues at hand.

LEO (July 23-Aug. 22) — If you don't have your wits about you today, you could end up showing more consideration to outsiders than you do toward your kith and kin. Play it safe and treat everybody equally.

VIRGO (Aug. 23-Sept. 22) — Should you be tempted to lay down your tools today before the job is completed, keep in mind that extra effort will pay off with extra dividends. Stay on top of what needs to be done.

LIBRA (Sept. 23-Oct. 23) — You may be quite good today in sorting out the financial affairs of others, yet when it comes to dealing with your own resources you

could be less diligent and make a mess of things.

Saturday, Nov. 22, 2003

The year ahead could prove to be interesting as well as fruitful. A number of opportunities to better your circumstances could surprisingly spring out of areas that were previously unproductive and negative.

SCORPIO (Oct. 24-Nov. 22) — Those friends and associates you treat in a kind and thoughtful manner will reward you in return with special considerations that are denied others. It pays to be nice to everybody.

SAGITTARIUS (Nov. 23-Dec. 21) — Constructive forces may be stirring behind the scenes today that could help further your ambitions, hopes and desires. What transpires may surprise and delight you.

CAPRICORN (Dec. 22-Jan. 19) — An optimistic attitude always works to inspire people with whom you're involved to react in positive ways as well. Collectively, it will make everyone a lot easier to deal with.

AQUARIUS (Jan. 20-Feb. 19) — Several major achievements are possible to accomplish today, so be sure to establish meaningful goals and ignore the frivolous. Aim for targets that force you to do your best.

PISCES (Feb. 20-March 20) — Have faith in your judgments today, especially in situations where you have arrived at a decision by carefully weighing and balancing all of your alternatives. They will prove to be correct.

ARIES (March 21-April 19) — Something for which you've been working quite hard should start to pay off as of today. In fact, you may now be able to relax a bit and bask in your achievement.

TAURUS (April 20-May 20) — This might be a better than average day to try to solidify a relationship with someone who is very important to you at this time. Don't wait for the person to make the first move. Do it yourself.

GEMINI (May 21-June 20) — Get those small, distasteful tasks that you've been neglecting lately out of the way once and for all today. When you get into them, they won't be as hard as you've led yourself to believe.

CANCER (June 21-July 22) — Today you might be delegated to manage a situation that has turned out to be a bit too complex for your peers to handle. You'll know exactly what needs to be done and how to do it.

LEO (July 23-Aug. 22) — It will pay to be money-conscious today, because there are several opportunities around you from which you could derive additional income if your thinking is in the vein to recognize them.

VIRGO (Aug. 23-Sept. 22) — Be not afraid to think big today. Chances are you will be luckier with projects or ventures that are grand in scope than you would be with bush-league types of endeavors.

LIBRA (Sept. 23-Oct. 23) — Be mindful of your needs today because you'll then be able to recognize an opportunity to buy something that would fit your requirements at the price you are prepared to

Sunday, Nov. 23, 2003

Opportunities for substantial strides could develop for you in several areas of your life in the year ahead. However, you must not get impatient if things start out slowly, because you'll need a clear head to develop them.

SAGITTARIUS (Nov. 23-Dec. 21) — Having your own way may be of utmost importance to you today, but it might not go over too big with those who have to deal with you, especially your family. You won't exactly be popular.

CAPRICORN (Dec. 22-Jan. 19) — Chances are you're going to have to be quite adept and ingenious today in getting yourself out of tight scrapes, so be wise and don't get yourself into them in the first place.

AQUARIUS (Jan. 20-Feb. 19) — Try not to become involved today with friends financially or business-wise. It could be one of those days when money issues will bring out base traits in even the best relationships.

PISCES (Feb. 20-March 20) — Intimidation is one way to force others to comply with your aims today. However, if applied, the price you will pay won't be worth the results you can expect to receive.

ARIES (March 21-April 19) — A goal can be reached today, but not necessarily on the first try. It may take a bit of learning the first time around to know how to regroup your forces and find the right route.

TAURUS (April 20-May 20) — Life is full of give-and-take. However, sometimes we need to give without taking and take without giving, but accounts are balanced out in the long run. Today the former may be asked of you.

GEMINI (May 21-June 20) — You may be a bit too touchy and irritable today to take on a new project, so it might be wise to wait until another time to challenge yourself. Relax and watch the football games or a good movie.

CANCER (June 21-July 22) — There will be no help out there from Lady Luck today, so you'll have to rely solely on yourself for just about everything. Be self-sufficient and bank on your intellect and abilities to guide you.

LEO (July 23-Aug. 22) — Regardless of how good your ideas are today, they will count for nothing if they are put into action through hollering or bullying. Don't lose your cool when things don't go as you'd like.

VIRGO (Aug. 23-Sept. 22) — Unless you are capable of compromising and meeting others halfway, your relationships with your spouse or loved ones could leave a lot to be desired today. Don't be obstinate.

LIBRA (Sept. 23-Oct. 23) — Too many interruptions can get you sidetracked onto irrelevant projects or issues today. If you have an important job that needs to get done, lay out a game plan and stick to it.

SCORPIO (Oct. 24-Nov. 22) — This is not a good day for financial transactions or solving money issues, so if something expensive comes up or becomes an issue, don't allow yourself to get swallowed up in it.

CROSSWORDS

ACROSS

- 1 Old-time club
- 5 Fabler of yore
- 10 Hey, you!
- 14 Successor to Cinerama
- 15 Treasure hunter's find
- 16 Sicilian volcano
- 17 Family secrets
- 19 Raise
- 20 Houston pro
- 21 Sort
- 22 Alternative to 9
- 23 Sheep farmer's tools
- 25 Attack
- 27 Corporate bigwigs
- 29 Cries out loud
- 32 Tip
- 35 Intense competition

- 39 Lubricate
- 40 Pindar piece
- 41 Broad-based
- 42 Colombian gold
- 43 Actor Ayres
- 44 Make a minister
- 45 Spill the beans
- 46 Important
- 48 Rate of progress
- 50 Come into view
- 54 Instrumental composition
- 58 Hall and Oates hit, "___ Smile"
- 60 Yemeni or Saudi
- 62 Danger
- 63 Pipe down!
- 64 Nearly imperceptible
- 66 Surface measure
- 67 '50s candidate Stevenson
- 68 Hooked on
- 69 Legendary Giant
- 70 Auditions
- 71 Soviet news agcy.

- 18 Yesteryear
- 24 Sedate
- 26 First sibling
- 28 Beach composition
- 30 Old Italian bread?
- 31 Untidy diner
- 32 Actress Celeste
- 33 R&D product
- 34 Garden State
- 36 "___ and Sympathy"
- 37 Stumble
- 38 Turner and Cantrell
- 41 Al or Tipper

- 45 Fund-raiser
- 47 Poncas' relatives
- 49 Facsimile
- 51 Moroccan capital
- 52 Test score
- 53 Viscounts' superiors
- 55 Athlete's job site
- 56 Leans
- 57 Countertenors
- 58 Phony
- 59 Distinctive air
- 61 Kerouac's generation
- 65 Fleur-de-___

Thursday's Puzzle Solved

G	O	B	I	S	H	E	B	A	T	O	A	D		
I	D	O	L	H	E	M	A	N	A	L	G	A		
B	O	O	K	D	E	S	I	G	N	A	T	I	O	N
E	R	R	R	E	S	T	L	U	N	G	E			
L	U	N	E	C	H	U	M							
B	O	D	E	G	A	B	L	U	M	A	D	S		
A	M	E	N	A	L	I	G	N	M	O	N			
C	A	P	A	C	I	T	Y	M	E	A	S	U	R	E
O	H	O	A	R	E	T	E	U	S	I	A			
N	A	T	S	A	S	H	K	O	P	E	C	K		
P	E	N	T	L	I	V	E							
A	D	L	A	I	L	I	M	E	E	L	F			
L	O	U	D	N	E	S	S	C	O	N	T	R	O	L
U	S	S	R	S	E	T	I	N	I	O	T	A		
M	E	T	E	P	E	S	T	O	P	S	S	T		

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DOWN

- 1 King with a golden touch
- 2 Mennonite sect
- 3 ___ blanche
- 4 Draw out
- 5 City in GA
- 6 Composer Satie
- 7 Actress Braga
- 8 Parts of ranges
- 9 Remains unresolved
- 10 Iran, formerly
- 11 Cleaning aid
- 12 Cinch
- 13 Sourish

1	2	3	4	5	6	7	8	9	10	11	12	13
14				15					16			
17				18					19			
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58	59			60			61		62			
63				64				65				
66				67						68		
69				70						71		

By Norma Steinberg

11/21/03

ACROSS

- 1 Type of lily
- 6 Ranch worker
- 10 Greek letters
- 14 Exotic
- 15 Great Plains tribe
- 16 Egg part
- 17 Executive skill
- 19 Russian-born Art Deco designer
- 20 Druthers
- 21 Ship's personnel
- 22 Bandleader Brown
- 23 Repeaters
- 25 Takes away (from)
- 30 Ala. neighbor
- 31 Henri's girlfriend

- 32 Print composer
- 36 Ineffectual persons
- 38 Lenient
- 39 Seven times a week
- 40 Elite soldier
- 43 Racer Yarborough
- 44 Turn sharply
- 45 Sends to the bottom
- 47 Combination
- 50 Verse starter?
- 51 Humorist Barry
- 52 Letterman bit
- 58 Julia's Oscar-winning role
- 59 Flights
- 60 Ale order
- 61 Emcee Griffin

- 18 Upright
- 24 Take note
- 25 Cartoon deputy
- 26 Middle Eastern leader
- 27 Expeditious
- 28 Fabric treatments
- 29 Trains for a bout
- 33 Part of CEO
- 34 Fashion magazine
- 35 Deli loaves
- 37 Close-fitting
- 41 I haven't a clue

- 42 Piano technician
- 46 Kevin Costner film
- 47 Proficient person
- 48 Nintendo character
- 49 Travelers' stopover
- 53 What separates birdies from boges
- 54 "Le roi d'Ys" composer Edouard
- 55 Suffix for followers
- 56 Exceedingly dry
- 57 Russian autocrat

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S	A	S	T	E	S	T	S	M	A	V	S											
O	N	I	N	A	D	V	A	A	R	E	A											
T	I	N	F	E	L	B	A	R	E	L	H	U	S	H								
L	P	E	R	I	L	A	R	A	B	A	R	A	S	A	R	A						
A	N	O	S	E	R	G	E	E	M	E	R	A	T	A								
M	A	J	O	R	P	A	C	E														
B	L	A	B	L	A	B	L	A	B	L	A	B	L	A	B	L	A	B				
O	R	O	R	O	R	O	R	O	R	O	R	O	R	O	R	O	R	O	R			
L	O	I	L	O	I	L	O	I	L	O	I	L	O	I	L	O	I	L	O	I	L	
S	L	S	W	A	L	S	O	S	C	E	O	S	B	A	W	L	S					
S	H	E	A	R	S	A	S	S	A	I	L											
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R	E	A	R	N	E	N	I	L	I	N	E	R	A	R								
A	E	T	N	A	X	I	M	A	X	T	R	O	V	E	T	R	O	V	E	T	N	A
M	A	C	E	S	O	P	P	S	S	T												

Friday's Puzzle Solved

DOWN

- 1 Bivouac
- 2 Winglike
- 3 Phone connection
- 4 Table extender
- 5 Bassett or Lansbury
- 6 Prepared like mom's?
- 7 Ancient sun god
- 8 Time being
- 9 Sniffs out
- 10 Flirtatious signal
- 11 Coming down in buckets
- 12 Refashion
- 13 Distorts

1	2	3	4	5	6	7	8	9	10	11	12	13	
14					15				16				
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47	48						49		50				
51					52		53			54	55	56	57
58					59								
60					61					62			
63					64					65			

By Arlan & Linda Bushman

11/22/03



Sherbrooke Geriatric University Institute

2002-2003 Annual Report for public presentation. The SGUI is all this and more...



At the Sherbrooke Geriatric University Institute (SGUI), 2002-2003 was a very productive year. Because in addition to being a large residential and long term care centre, the Institute is a hospital whose mission is to help the elderly improve, regain or maintain their autonomy.

A hospital that provides general and specialized care

The hospital offers all the diagnostic and therapeutic services required to provide general and specialized medical and nursing care, physiotherapy and occupational therapy, in addition to a pharmacy, nutrition expertise, laboratories, radiology, etc. Every day, about 30 physicians, 170



nurses, 60 health professionals and 700 support staff put their expertise and their heart into helping the elderly.

"In rehabilitation, for example, we do everything we can to help patients regain their capacities. Most of the people we care for have had a stroke, an amputation or a fracture, and they all hope to return home. Which is what our team of specialists works hard to achieve during their stay, which lasts 45 days on average. The physicians and nursing staff must also monitor other medical conditions on a daily basis because many rehabilitation patients also have problems with diabetes, heart failure, respiratory illnesses, etc. As a result of all this care, 80% of our clients can return home. Our main challenge is to shorten the waiting period so we can help people as soon as possible", says Dr. Suzanne Gosselin, Program Director, Rehabilitation.

"What's more, in addition to providing a safe and respectful environment for more than 400 patients, the Institute also offers them full medical, professional and nursing care", adds Dr. Marcel Arcand, Program Director, Long

Term Care. "For some people in long term care, we need to stimulate their autonomy, for others we need to preserve their remaining capacities, and for some we need to make the end of life comfortable. This is why the physicians and health professionals are there for



our clients every day. Being a hospital also means that we can treat pneumonia, asthma attacks, emphysema and other illnesses which our residents may suffer from, in the comfort and privacy of their own room. This also reduces pressure on emergency rooms."

Other types of care adapted for all needs

The Short Term Geriatric Unit cares for people with complex health problems that require specialized care. In fact, the unit is somewhat like an intensive care department for the elderly. Hospitalization lasts 27 days on average and 74% of the patients can then return to their former living environment. The unit has 40 beds and treated 313 clients from all over the Eastern Townships in 2002-2003.



The Day Hospital looks after people who need specialized medical and professional care without being hospitalized. One example is people who have had a hip operation. The focus is on physical and psychosocial rehabilitation. On average, clients come three times a week for about 15 weeks. This year the day hospital treated 267 elderly clients.

The Geriatric Psychiatric Clinic provides specialized medical and nursing care for people with psychiatric problems (depression, anxiety, adjustment disorders, etc.) or dementia (such as Alzheimer's). Focusing on autonomy, this outpatient clinic provides family physicians and patients' families with much-needed support.

In 2002-2003, there were 270 consultations at the clinic.

The Specialized Outpatient Consultations are ambulatory clinics that provide family physicians with tools to help them treat their patients. They cover different specialities: geriatrics, memory, incontinence, dermatology, ophthalmology, psychiatrics, etc. This year, nearly 2,740 people from all across the Eastern Townships visited the clinics.



From research to dissemination of knowledge and teaching

The SGUI is also a Research Centre on Aging. The researchers, all of international calibre, are making important breakthroughs in the areas of biological and social phenomena related to geriatrics. It is also a Centre of Expertise, which develops and disseminates new knowledge on aging across Quebec and the rest of Canada and internationally. Everyone contributes to the training of future researchers, physicians, psychologists, nurses and other professionals specializing in this area.

The Institute operates out of two pavilions

D'Youville Pavilion

- Long term care (286 beds)
- Respite care
- Temporary care
- Rehabilitation Unit (24 beds)
- Day Hospital (28 places)



Argyll Pavilion

- Long term care (114 beds)
- Respite care
- Temporary care
- Short Term Geriatric Care Unit (40 beds)
- Specialized Outpatient Clinics
- Geriatric Psychiatric Clinic



2002-2003 Highlights

- Thanks to everyone working together, including patients and their families, the Institute finally got the go-ahead to expand the Argyll Pavilion and renovate the D'Youville Pavilion.
- Thanks to the generosity of its Foundation, the Argyll Pavilion was able to purchase 3 new therapeutic baths as well as make other significant acquisitions.
- The Day Hospital celebrated 20 years of service to the greater Sherbrooke community.
- During Volunteer Week, the SGUI was named Institute of the year. Thanks to our 300 volunteers!
- Dr. Marcel Arcand and photographer Claude Croisette published a book entitled *Living and working in a long term care centre*; this is a landmark book on care for the elderly.

In 2003-2004: A single large institution for the frail elderly

The Estriade Long Term Care Centre and the Institute decided to combine their strengths, skills and resources to build a single institution dedicated to caring for and serving the frail elderly. This remarkable initiative is being implemented this year, 2003-2004. In addition, active cooperation with the Local Community Services Centre (CLSC) and the Sherbrooke University Hospital (CHUS) will really improve the accessibility and the continuity of care, and optimize how the local network of services for the elderly operates. This reorganization will provide a better system of care for elders and adults experiencing a severe loss of autonomy.



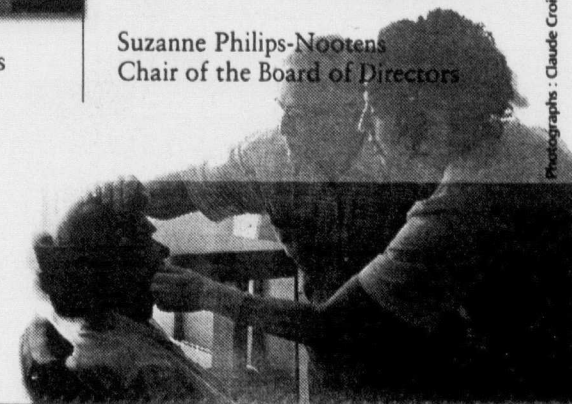
Together, we are building the future.

Suzanne Philips-Nootens
Chair of the Board of Directors



Institut universitaire de gériatrie de Sherbrooke
Sherbrooke Geriatric University Institute

Argyll Pavilion, 375 Argyll St., Sherbrooke (Quebec) J1J 3 H5
D'Youville Pavilion, 1036, Belvédère St. S., Sherbrooke (Quebec) J1H 4C4
Tel.: (819) 821-1150 / Web site: www.iugs.ca



Photographs: Claude Croisette