

PARC NATIONAL DU BIC



A LANDSCAPE DRAWN BY THE SEA

Parc national du Bic was created to protect and showcase a site that is representative of the natural coastline on the south shore of the St. Lawrence Estuary. The park's exceptional nature derives from its sharply carved coastline, its mountains rising above those in the surrounding areas, and its rare and fragile flora.

The park covers a total area 33.2 square kilometres, nearly half of which is in the marine zone. Discover plants and wildlife well-adapted to their coastal home, and watch the park's emblematic animal, the harbour seals, from the shore. The park is open year round, with every season bringing new discoveries.

NEW

PARK PATH EXPLORER

Personalize your visit to the park while learning more about the wildlife and wonders of this protected area with this fun system. The interactive kiosks are filled with information to help plan and enhance your visit. Make sure to get the mobile app as well before heading out to explore all the points of interest and secret spots along the park's beautiful trails.



EEL RESEARCH PROJECT

Since 1999, the park's conservation team has been taking part in a project monitoring the age structure of the populations of juvenile American eel that migrate up the Rivière du Sud-Ouest. Interested in learning more about it? Join us for our new introductory research activity: the Eel Project.



SHINING LIGHT ON THE STARS

Come celebrate the International Year of Light by taking part in our star-studded astronomy activities, rain or shine! Fall under the spell of the starry skies and beauty of the night. Join our weekly presentations and don't miss the Perseid meteor shower from August 8 to 15.





PLAY IT SAFE

YOUR SAFETY: YOUR RESPONSIBILITY

Outdoor activities may entail certain risks. You must always make sure that you have the ability and special skills required for your chosen activity. It is very important to know your physical ability and limits.

For several years now, Sépaq has ensured the greatest possible access to Québec's most beautiful natural treasures. An essential part of this mission is our concern for visitor safety.

Sépaq hopes that your outdoor experience will be memorable and urges you to *Play it Safe!*

All visitors remain responsible for their own safety, with risk management being an integral part of the outdoor experience. Preparing yourself adequately is the first step in the safe and enjoyable practice of your favourite activities.

We invite you to consult our safety guides for Sépaq activities on our Web site sepaq.com/security.

The costs and expenses incurred in conducting search and rescue operations are the responsibility of the beneficiary. You can obtain protection against these risks from an insurer.

sepaq.com/security

REMINDER

Sépaq would like to remind you that some of the activities offered in the network require that you be physically fit and have specific skills as well as specialized equipment. There are a number of organizations that can help you plan your activities safely. Do not hesitate to contact them.

AirMédic
airmedic.net | 1-877-999-3322

Aventure Écotourisme Québec
aventure-ecotourisme.qc.ca | 1-866-278-5923

Bureau de la sécurité nautique
tc.gc.ca | 1-800-267-6687

Camping Québec
campingquebec.com | 1-800-363-0457

Fédération québécoise des chasseurs et pêcheurs
fedecp.qc.ca | 1-888-523-2863

Fédération québécoise de la marche
fqmarche.qc.ca | 1-866-252-2065

Fédération québécoise de la montagne et de l'escalade
fqme.qc.ca | 1-866-204-3763

Fédération québécoise du canot et du kayak
canot-kayak.qc.ca | 514-252-3001

Ski de fond Québec
skidefondquebec.ca | 450-744-0858

Sopfeu
sopfeu.qc.ca | 1-800-463-3389

Vélo Québec
velo.qc.ca | 1-800-567-8356

IN CASE OF EMERGENCY 911

SÛRETÉ DU QUÉBEC
310-4141 (general number) / *4141 (for cell phones)
Where cell phone networks are available.

A FEW REMINDERS FOR A BETTER OUTDOOR EXPERIENCE

BEFORE YOU LEAVE HOME

- Plan on going with at least one other person.
- Check the weather report.
- Pack water and food, even if the activity is only for a few hours.
- See that you have appropriate footwear.
- Pack extra clothing (raincoat, warmer clothes, etc.).
- Make sure that the equipment you will be using during the activity is in good condition.
- Bring a whistle, a flashlight, a first-aid kit, etc.
- Let somebody know the exact location of your destination and the date you plan to return home, with instructions to contact emergency services (911) if you do not return.
- Inform the persons accompanying you of the inherent risks of the chosen activity.

ONCE YOU ARE ON SITE

- Do not count on your cell phone: in most areas, you will be unable to get a signal.
- Obtain a map of the area.
- Check how much time it will take to complete your activity.
- Follow the instructions that apply to each activity.
- Obey signs and notices, including bans on open fires.
- Never leave children unsupervised.
- Boil or treat (filter, chlorine or iodine) water from rivers and streams before drinking.
- When camping, pack your food in airtight containers and keep it out of reach of animals.
- Should you find that a piece of equipment or an accessory is missing or defective, stop using it and inform the staff on site of the situation as soon as possible.

WHEN YOU GET BACK

- Once you have completed your activity, make sure that you report to our staff anything wrong or any damage or problems you encountered.

MUST-DOS

PIC CHAMPLAIN

Pic Champlain is the highest peak in Parc national du Bic and provides an almost aerial view of the park and the estuary. You can hike up or take the shuttle, and once you're there, you'll be treated to breathtaking vistas and sunsets of uncontested beauty.

DISCOVERY AND VISITORS

CENTRE – FERME RIOUX

Located in the heart of the park, this country-style building is the perfect place to plan and organize your visit. Visitor services, the Boutique Nature gift shop, a convenience store – you'll find them all here. Make sure to spend a few minutes at the Park Path Explorer interactive kiosks and audiovisual presentations to get the most out of your visit.

CHEMIN DU NORD AND THE TEAROOM

A wonderful trail for a relaxing walk along the coves and small beaches, and ideal for quiet contemplation of nature. Stop in at the tearoom, La Rose des Thés, before continuing your hike to Cap à l'Original or taking one of the trails on Montagne à Michaud.

A LEGENDARY PARK

Parc national du Bic is steeped in history. Soak up this storied atmosphere by taking in the exhibit of old photographs, Looking Back, or by attending one of our evening activities: Abaktooe – The Tale of Île au Massacre; Folktales and Legends; or Bootlegging.

THE PARK IN WINTER

With so much to offer, the winter season in the park remains a well kept secret. Come enjoy the quiet peace and special beauty of a landscape covered by a pristine blanket of snow and ice. Explore the trails on foot, skis or snowshoes or – for an unforgettable experience – spend the night in a yurt or a cabin!



REGULATIONS



To contribute to improving the quality of the national park experience, an entry fee was established by the government. You must always carry your receipt or your annual card during your visit.



To preserve the natural riches for future generations, it is prohibited to remove natural elements (animals, plants, dead wood, rocks, etc.).

Also, the flora is sensitive to being trampled. It is therefore mandatory to stay on the hiking trails.



Nature exhibits exemplary equilibrium, and for this reason the feeding of wildlife is prohibited. In this respect, it is also prohibited to leave food or garbage unsupervised. Keep them in your car.



Domestic animals are prohibited in Québec's national parks. But guide dogs and service dogs accompanied by their foster families are admitted. However, these dogs must be easily identifiable, wearing the Mira scarf or harness. Those in charge of the animal must carry the foundation's letter of accreditation.



It's great to enjoy an authentic natural environment that is clean and healthy! Carry out your garbage, leave it in the containers provided, and take home any harmful substances, such as soap, oil, combustibles or pesticides.

For more information about the winter season, pick up a copy of our brochure!



WILDLIFE WATCHING

SEALS: WHAT YOU NEED TO KNOW

Seal watching is without a doubt one of the park's major attractions. As you explore the Parc national du Bic, you'll probably get a chance to see **the harbour seal, the park's emblematic animal and a permanent resident of the estuary.**

During the summer and even in September, the park and the surrounding reefs are home to a population of about 150 harbour seals and some 50 grey seals that love to lounge on the boulders in the coves and bays of the park.

WHERE CAN I WATCH THE SEALS?

The seals choose their favourite resting places depending on the stage of the tide, as the water must be high enough for the seals to reach the rocks.

FROM HALF TIDE TO HIGH TIDE:
Pointe-aux-Épinettes Sector

AT LOW TIDE:
Cap-Caribou Sector –
Anse-aux-Bouleaux Ouest

TO FREELY OBSERVE THE SEALS

It is extremely important that everyone respect the limits of the seal observation area. If you get too close to them, the seals feel threatened and will leave their resting area and move away.

By staying on the beach, you will not only avoid disturbing the resting seals, but you also let them go about their vital activities and life stages, such as nursing their young and moulting. Keeping a respectful distance also helps ensure that other visitors – present and future – can enjoy the privilege of observing these fascinating and playful animals.

Limite de la zone d'observation des phoques

« Aidez-nous à protéger cet habitat »



HARBOUR (OR COMMON) SEAL

- Dog-like head, short nose
- Nostrils close together, almost joining in a V-shape
- Life Expectancy : Average 20 years
Maximum 29 years

Male	Average weight: 90 kg Average total length: 154 cm
Female	Average weight: 70 kg Average total length: 143 cm
Newborn	Average weight: 10 kg Average total length: 76 cm



GREY SEAL

- Horse-like head, long nose
- Nostrils separated, shaped almost like a W
- Life Expectancy : Average 30 years
Maximum 40 years

Male	Average weight: 180 à 370 kg Average total length: 225 cm
Female	Average weight: 100 à 210 kg Average total length: 200 cm
Newborn	Average weight: 17 kg Average total length: 90 cm



THE RAOUL-ROY LOOKOUT

AN EXCEPTIONNAL OBSERVATION POINT FOR WATCHING BIRDS OF PREY

In the spring, most raptors leave their winter home in the southern Appalachians and migrate northward. On their way toward their breeding grounds, they have to overcome one very substantial obstacle: the Gulf of the Saint Lawrence. They use a flyway along the shores of the estuary, seeking a place where it is narrow enough to cross so they can reach their summer quarters.

During this annual migration, thousands of birds of prey pass over the lookout, making it one of the favourite gathering places for park visitors and birdwatching enthusiasts. Sixteen species are regularly spotted between late March and early June each year.

BEST OBSERVATION TIMES BETWEEN 10 AM AND 2 PM

Northern goshawk	April 1 st to May 8
Bald eagle	April 1 st to May 20
Golden eagle	April 5 to May 20
American kestrel	April 15 to May 10
Rough-legged hawk	April 15 to May 10
Red-tailed hawk	April 15 to May 10
Sharp-shinned hawk	April 20 to May 25
Osprey	May 1 st to May 5
Broad-winged hawk	May 1 st to May 20

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THIS WAY TO DISCOVERY!



Information and reservation : 418 736-5035

Prices listed doesn't include entry fees. You can sign up for any activity at either:

Visitors Centre – Rivière-du-Sud-Ouest or
Discovery and Visitors Centre – Ferme Rioux

Activity	Meet point	Duration	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
WILDLIFE WATCHING									
SPRING	Birds of Prey (April 25 to May 24)	Raoul-Roy Lookout	Self-Paced						10 am to 2 pm
	Feathers and Down (May 16 to June 19)	Pointe-aux-Eiders	Self-Paced						10 am to 11:30 am 1:30 pm to 3 pm
NARRATED SLIDESHOW									
	From Nest to Quilt (May 16 to June 19)	DVC–Ferme-Rioux	40 min						3:30 pm

Activity	Meet point	Duration	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
WILDLIFE WATCHING									
SUMMER (June 20 to september 7)	Feathers and Down (June 20 to June 27)	Pointe-aux-Eiders	Self-Paced	Every day, 10 am to 11:30 am and 1:30 pm to 4 pm					
	Seals (starting June 28)	Varies with the tide	Self-Paced	Every day, 10 am to 11:30 am and 1:30 pm to 4 pm					
AT YOUR OWN PACE									
	Mountains Born of the Sea	Pic-Champlain Lookout	Self-Paced		1:30 pm to 3 pm		1:30 pm to 3 pm		1:30 pm to 3 pm
	At the Crossroads of History	Chalet Feindel	Self-Paced	1:30 pm to 3 pm				1:30 pm to 3 pm	
	Photo Exhibit: Looking Back	Chalet Feindel	Self-Paced	Every day, 10 am to 4 pm					
THEATRICAL ACTIVITIES									
	A Not-so-common Seal	Outdoor Amphitheatre DVC–Ferme-Rioux	30 min.	11:15 am				11:15 am	
	History is Child's Play		30 min.				11:15 am		11:15 am
FAMILY ACTIVITIES									
	Spotlight on the Shoreline	Chalet Desjardins	Self-Paced			Varies with the tide			Varies with the tide
	Arché-O-Match	Chalet Desjardins	40 min.				2 pm and 2:45 pm		
DISCOVERY EXPEDITIONS									
	Guided minibus tour	Visitors Centre Rivière-du-Sud-Ouest	2 h					3:30 pm	
	Eel Research Project	Visitors Centre Rivière-du-Sud-Ouest	2 h					July 12, 21 and 28; August 5, 9 and 18	
EVENING ACTIVITIES									
	Shining Light on the Stars	DVC–Ferme-Rioux	1 h	June-July 9 pm Aug.-Sept 8:30 pm					
	Bootlegging	Secret meeting place	2 h		At dusk*				
	Art Activity – Projet Rioux	DVC–Ferme-Rioux	Varies			7:30 pm			
	Abaktooe, The Tale of île au Massacre	DVC–Ferme-Rioux	1 h				7:30 pm		
	Seals	DVC–Ferme-Rioux	1 h				7:30 pm		
	Suprise Activity	DVC–Ferme-Rioux	Varies					7:30 pm	
	Tales and legends	DVC–Ferme-Rioux	1 h						7:30 pm
	Moonlight and Marshmallows Hike	DVC–Ferme-Rioux	1 h 30	On Saturdays : July 4, 8:30 pm; August 1st 8 pm; August 29, 7:30 pm					

ACTIVITY WITH SHUTTLE TO PIC CHAMPLAIN (SEPTEMBER 8 TO 20)									
FALL	Mountains born of the sea	Pic-Champlain parking area	1 h					13 pm	13 pm
WILDLIFE WATCHING (8 SEPT AU 12 OCTOBRE)									
	Seals	Varies with the tide	Self-Paced	Every day, 10 am to 11:30 am and 1 pm to 2:30 pm					

* June 20 to August 11, 8 pm and August 18 to September 7, 7:30 DVC : Discovery and Visitors Centre Upon reservation only Fee-based activity

THIS WAY TO DISCOVERY!



EIDERS

WILDLIFE WATCHING

FEATHERS AND DOWN

Observe and identify the eiders and other seabirds with the help of a park warden-naturalist equipped with binoculars, spotting scopes and plenty of fascinating information.

SPRING MIGRATION OF BIRDS OF PREY

NEW

Thousands of raptors are spotted from the Raoul-Roy lookout every spring during their northward migration. A park warden will be at the lookout to collect data, provide binoculars and spotting scopes to visitors and share information with the many enthusiastic birdwatchers.

SEALS

Come join a park warden-naturalist to view the seals up close using spotting scopes and binoculars. Learn to recognize harbour seals and grey seals as you observe the natural behaviour of the park's star species.

LOCATION: Varies depending on the tides.



PIC CHAMPLAIN

DISCOVERY EXPEDITIONS

NEW

AMERICAN EEL RESEARCH ACTIVITY

🕒 Upon reservation only

Accompany a park warden-naturalist to take part in a field study on the American eel. A unique opportunity to help the wildlife technician handle and collect data on the eels. This activity takes you by minibus to explore a beautiful area of the park that is not open to visitors otherwise.

COST: Adult: \$22.50 | Children* (accompanied by an adult): Free | 13 to 17 years old**: \$16.50

GUIDED MINIBUS TOUR

🕒 Upon reservation only

Fall under the spell of the history and legends of the park with a park warden-naturalist as your guide. Discover the most beautiful areas of the park, including Pic Champlain.

COST: Adult: \$19.25 | Children* (accompanied by an adult): Free | 13 to 17 years old**: \$14.50

AT YOUR OWN PACE

AT THE CROSSROADS OF HISTORY

Stop in at the Feindel cottage and relive history in the company of a park warden-naturalist. It's an invitation to explore the close ties between this exceptional site and the people who have lived here, from the first Native Americans to the present.



PHOTO EXHIBIT: LOOKING BACK

MOUNTAINS BORN OF THE SEA

Join us on the park's highest peak to learn about the geological events that shaped this landscape we have "inherited from the sea."



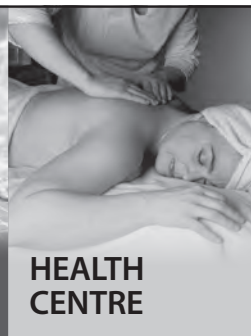
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THEATRICAL ACTIVITIES

A NOT-SO-COMMON SEAL – HISTORY IS CHILD’S PLAY

The park warden-naturalists invite everyone to our daytime theatre activities. Come meet Bicquette, a not-so-common harbour seal, or head out on a quest for history with our entertaining characters as guides.

EVENING ACTIVITIES

SHINING LIGHT ON THE STARS

NEW

The starry night sky is one of nature’s grandest spectacles. Today, fewer people have access to this wondrous show due to light pollution. During the International Year of Light, celebrate the starry night sky with us and take part in a star-studded astronomy activity, rain or shine!

BOOTLEGGING: “THE PARTY’S ON FOR TONIGHT!”

📞 Upon reservation only

It’s 1931 and Quebec is one of the only places in North America, north of Mexico, not affected by Prohibition. Our host, nicknamed L’Frid, has put together a little network of bootleggers and tonight he’s hoping to recruit a few new accomplices.

COST : Adult: \$12.18 | Children* (accompanied by an adult): Free | 13 to 17 years old**: \$5.66

SURPRISE ACTIVITIES

During these evening events, special guests and our own park warden-naturalists invite you to captivating presentations focusing on the park’s wildlife, plants and geology, or on the various research projects underway here at the park.



ABAKTOOE – THE TALE OF ÎLE AU MASSACRE

The year is 1533. Abaktooe, a young Mi’gmaq hunter, has just lost his father in a massacre on an island in the harbour of Le Bic. Leaving his people for awhile, he sets out alone in his canoe on the “Great River” seeking answers to the concerns troubling his clan.

MOONLIGHT AND MARSHMALLOWS HIKE

In the company of our park warden-naturalists, settle into nature’s rhythms and sharpen your senses...

Listen to the sounds, take in the scents and keep your eyes wide open, because when night falls, wildlife behaviour changes.

TALES AND LEGENDS

Enjoy a special evening in a cozy ambience and meet a thoroughly endearing character.

Through thrilling storytelling, you’ll enter into the history, real and imagined, that shaped the local people.

COST: Adult: \$6.31 | Children* (accompanied by an adult): Free | 13 to 17 years old**: \$3.05

*Children: 0 to 17 years old

**Cost when not in a family setting



FAMILY ACTIVITIES

SPOTLIGHT ON THE SHORELINE

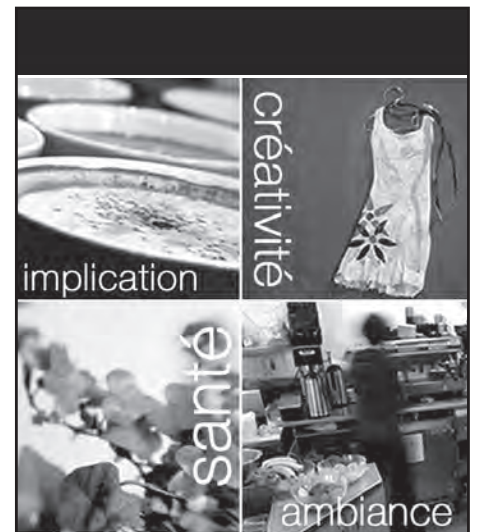
NEW

The whole family is invited to the beach in the Wilson cove to explore the shoreline and the intriguing organisms that can spend half their lives under water and half exposed to the open air. A park warden-naturalist will meet you there so you can become a novice researcher of the sea! With the naturalist’s help, you’ll make some impressive discoveries: Who are these fascinating creatures? How do they live?

ARCHÉ-O-MATCH

NEW

At the northern end of the Desjardins cottage’s picnic area, you and your family are invited to explore the fascinating world of archeology. Everyone will have fun playing this educational game, using real archeological techniques to search for artefacts that tell the story of the first peoples who lived in the region of Le Bic.

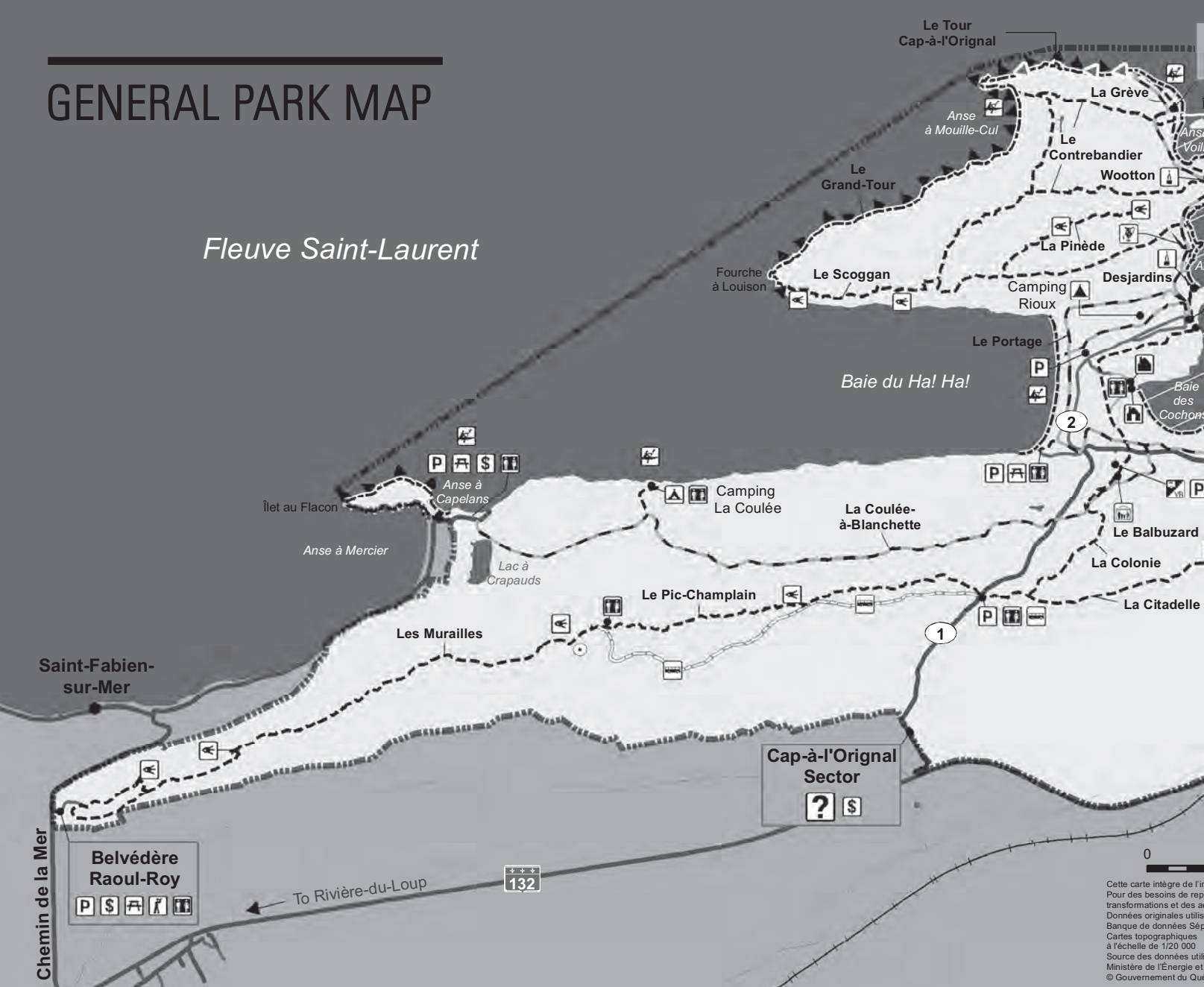


Le
Crêpe Chignon
Café Crêperie

140, av. de la Cathédrale, Rimouski (Québec) G5L 5H8
Tél. : 418 724-0400

GENERAL PARK MAP

Fleuve Saint-Laurent



Discovery Trail

Discovery Trail	Trail	Distance	Duration
	LE CHEMIN-DU-NORD - Discover evidence of past human occupation as you follow this trail along the coast.	4 km	1½ h
	LE CONTREBANDIER - Return to the Prohibition era, when bootleggers used this trail to retrieve valuable cargo.	5.3 km	1¾ h
	LA PINÈDE - Explore this impressive stand of century-old jack pines and stop by two lookouts to take in the magnificent views.	5.8 km	2 h
	LE SCOGGAN - Enjoy the vistas of the majestic cliffs and the Baie du Ha! Ha! from several great lookout points.	7.0 km	2½ h
	LE GRAND-TOUR * - This rugged and varied trail leads hikers by turns along the foot of a cliff, over beaches and through the forest.	8.7 km	3 h
	LE TOUR CAP-À-L'ORIGINAL * - Follow this rugged trail along the foot of a stunning coastal cliff and soak up the quiet ambiance of the estuary.	5.5 km	2 h
	LES MURAILLES - Walk beneath the varied forest canopy, enjoying occasional glimpses of breathtaking panoramic views.	15 km	5 h
	LE PIC-CHAMPLAIN - This trail climbs the mountain slowly, offering great views of this Appalachian landscape and part of the estuary.	6 km	2 h
	LA CITADELLE - A scenic overlook offers a splendid view of the marsh at La Pointe aux Épinettes.	9.4 km	3 h
	LES ANSES - Hike along the coast and the gravel bar connecting Cap Caribou to Cap Enragé.	3.4 km	1¼ h
	L'ÎLE-AUX-AMOURS * - Stroll out on the sandbar at low tide to enjoy this peaceful, isolated little island.	1.3 km	30 min.
	LA GRÈVE - This bike trail follows the lacework of coves and bays, leading out to the furthest point on the Cap à l'Original peninsula.	3.7 km	30 min.
	LE PORTAGE - This bike path leads through enchanting landscapes.	13.2 km	1¾ h
	LA COULÉE-À-BLANCHETTE - Ride out this trail to the Îlet-au-Flacon beach facing the St. Lawrence estuary.	10 km	1½ h



Mobile App



Biking



Hiking

E - Easy

I - Intermediate

D - Difficult

* Unimproved trail accessible only at low tide

Cette carte intègre de l'information géographique. Pour des besoins de reproduction, des transformations et des adaptations, des données originales ont été utilisées. Banque de données SÉP. Cartes topographiques à l'échelle de 1/20 000. Source des données utilisées: Ministère de l'Énergie et du Développement durable. © Gouvernement du Québec.



Registration centre / Information	Vending machine / Convenience store	Observation site	Land shuttle
Picnic area	RV area	Parking lot	Main road
Accessible for persons with disabilities	Rustic accommodation	Telephone	Secondary road
Amphitheatre	Boat launch	Pit toilet / toilet	Railway track
Authorized kayak stop in the sector	Shuttle	Antenna	National park boundary
Historical building	Seal watching	One-way	Navigation prohibited
Self registration post	Pavilion	Walking area	Extreme conservation zone
Boutique Nature shop	Lookout	Walking area accessible at low tide	
Semi-serviced camping	Wharf	Bike path	
Rustic camping	Food services	Trail	
Cabin	Archeological site		

Information géographique de source gouvernementale. Présentation, certaines données ont subi des adaptations qui ont pu modifier la donnée originale. 1986-2000

Out-and-back		
X	E	Discovery and Visitors Centre – Ferme-Rioux
X	E	Discovery and Visitors Centre – Ferme-Rioux
X	E	Discovery and Visitors Centre – Ferme-Rioux
X	E	Discovery and Visitors Centre – Ferme-Rioux
X	D	Discovery and Visitors Centre – Ferme-Rioux
X	D	Discovery and Visitors Centre – Ferme-Rioux
X	I	Pic Champlain parking area
X	I	Pic Champlain parking area
X	E	Pic Champlain parking area
X	I	Île-aux-Amours parking area
X	E	Île-aux-Amours parking area
X	E	Discovery and Visitors Centre – Ferme-Rioux
X	E	Discovery and Visitors Centre – Ferme-Rioux
X	I	Junction with Le Portage trail

ZONING

COMBINING RECREATION AND CONSERVATION

MAXIMUM PRESERVATION ZONE

The Cap Enragé area of the park is completely protected land. Because it is a very fragile environment, no development and no access is allowed in order to protect it.

NO BOATING ZONE

Boats and watercraft of any kind are prohibited in part of the Anse à l'Original to ensure that the seals, seabirds and other wildlife remain undisturbed.

PARK PATH EXPLORER

iPod lenté for free at the Discovery and Visitors Centre – Ferme-Rioux



ACTIVITIES OUTDOORS AND ON THE WATER

BICYCLE RENTALS

Take advantage of 15 kilometres of bike trails to explore the park. Bikes can be rented at two locations: Rivière-du-Sud-Ouest Visitors Centre and the Discovery and Visitors Centre at Ferme-Rioux.

LOCATION	1 hour	4 hours	Full Day
Adult bicycle	\$13.50	\$27.00	\$38.50
Children bicycle	\$6.75	\$13.25	\$19.00



SEA KAYAK EXCURSIONS

Paddle in the majestic harbour, Havre du Bic, and you might be surprised by a visit from a curious young seal!

Aventures Archipel offers guided one-day or half-day outings that include all the equipment needed to ensure your comfort and safety.

SCHEDULE

May 31 to September 30
(times vary depending on the tide)
PUT-IN: Havre du Bic

RESERVATIONS SUGGESTED

TYPE OF EXCURSION

HARBOUR OR SUNSET EXCURSION

Adults (16 years and over): \$56.53
Children 6 to 15 years: \$39.14

A DAY ON THE ST. LAWRENCE

Fee: \$108.72
Recommended age: 16 years and over

SHUTTLE TO PIC CHAMPLAIN

The minibus shuttle service takes visitors up to the lookout on Pic Champlain. With an elevation of 346 metres, this peak offers some of the most beautiful vistas in the Bas-Saint-Laurent region.

SCHEDULE : every half-hours, 12 pm to 2:30 pm
June 20 to August 16: every days.

August 22 to September 6: on week-ends.

DEPARTURE POINT : Pic Champlain parking area

	Adult	13 to 17*	Children*
Shuttle: Round trip	\$7.61	\$5.87	Free
Shuttle: One-way	\$4.57	\$3.48	Free

*Children 0 to 17 years old

**Cost when not in a family setting

GEOCACHING

This fun outdoor activity combines exploration of the park with the challenge of finding hidden micro-caches, each containing a guestbook for you to sign.

To find all the caches in this series, you will cover an approximately 10-kilometre loop.

The GPS coordinates are available at www.geocaching.com

AVENTURE ÉCOTOURISME QUÉBEC AT PARC NATIONAL DU BIC



Photo : Mathieu Dupuis

Aventure Écotourisme Québec certified outfitters, in collaboration with the Sépaq, offer you several stays and guided activities specially designed for the discovery of exceptional natural spaces. Boost your sense of adventure in Québec!

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A PARK WITH A DIFFERENCE



PROJET RIOUX ARTE TRACTO

The theme for this third edition of Arte Tracto's Projet Rioux is "Imagine the Land." Various artists will be in residence at the park this summer, creating a special setting for visitors to encounter art and nature, reaching out to the self and to each other.

projetrioux.com

OPEN: Tuesday to Sunday, from June 23 to September 6;
1 to 5 pm at the Maison Rioux.

PRESENTATION OF THE ARTIST IN RESIDENCE:
Each Wednesday at 7:30 pm at the
Discovery and Visitors Centre – Ferme Rioux

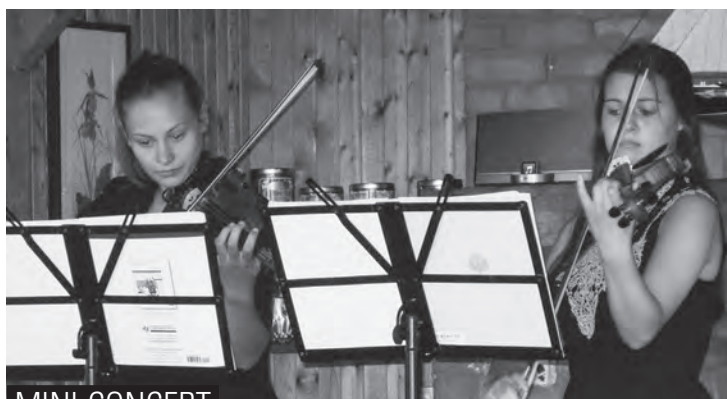
OPENING OR PERFORMANCE
Each Sunday at 4 pm at the Maison Rioux



LA ROSE DES THÉS TEAROOM

As you hike the Chemin-du-nord trail, stop in to enjoy a cup of tea in this Colonial Revival cottage built by Walter Lyman in the early 1920s. The enchanting setting and gorgeous surrounding landscape of Cap-à-l'Original is sure to charm.

SCHEDULE: Every days, 10:30 am to 4:30, from June 20 to September 7
Open on week-ends: September 13 and 14



MINI-CONCERT

Come enjoy these short concerts performed by duets of students from the Conservatoire de Rimouski. This series of musical concerts is presented in collaboration with Concerts aux Îles du Bic.

SCHEDULE: Every day, 2 pm to 3 pm, from June 28 to August 9,
LOCATION: La Rose des Thés Tearoom

Chamber Music Festival

Musical Picnic at Ferme Rioux
Sunday August 16 at 12:00PM



CONCERTS aux ÎLES du BIC
festival de musique de chambre
8 to 16 August 2015

418-736-0036
bicmusique.com

A TEN-YEAR ASSESSMENT OUR NATIONAL PARKS ARE IN GOOD HEALTH!

The daily challenge for the managers who run a national park is to get the balance right between public access and conservation. To accomplish this, Parcs Québec developed a forward-thinking program in 2003 to implement ongoing health check-ups for its national parks – the ecological integrity monitoring program (EIMP). The results of the 370 monitorings carried out over the last 10 years are encouraging: the overall level of ecological integrity of the national parks has been maintained or improved throughout the network, despite an increasing public access.

Full details at parcsquebec.com/ecologicalintegrity

A few facts about the Parc national du Bic:

- **The rate of destruction of the natural shoreline and the index of non-native plant spread are declining** - This improvement is attributable to better signage and trail management techniques in the park, as well as the collaboration of our visitors in staying on designated trails.
- **The depredation index**, a measure of the harmful interactions between humans and animals, **is increasing** - Remember: healthy wildlife means free and self-reliant animals. We're all responsible for keeping them that way!

PARCS QUÉBEC CONSERVATION BLOG - IN FRENCH ONLY

Did you know that Parcs Québec posts a weekly article on its blog about Québec national park conservation initiatives and issues? To stay in the loop, sign up for our monthly newsletter.

Full details at parcsquebec.com/blogue

PARCS QUÉBEC FUND

GIVE... AND NATURE WILL GIVE BACK

The Parcs Québec Fund is dedicated exclusively to supporting conservation projects in national parks. Aerial census of white-tailed deer, shoreline restoration, archeological studies, and bald eagle population monitoring are just a few examples of projects that help safeguard our heritage and were made possible thanks to public donations.

Full details at fondsparcsquebec.com



CONSERVATION IS EVERYONE'S BUSINESS

FREE AND SELF-SUFFICIENT...

Although it's not always easy, wild animals have adapted to survive in nature. But they need keen senses, heightened skills and good physical condition to live and remain self-sufficient in their natural environment.

Wild animals need all their energy for eating, resting, keeping warm or cool, avoiding natural dangers and reproducing.



Five good reasons not to feed the animals:

- Wild animals can find the food they need in their natural environment.
- Feeding wild animals makes them dependent and more vulnerable to predators.
- Food makes wild animals less wary of humans and this can cause trouble and put them in danger.
- The food offered might not be appropriate for their digestive system, which could affect their health and even lead to death.
- Each time we disrupt their natural activities, this changes their behaviour and can put their lives at risk.



FAMILY TIME!

The Sépaq network has many must-see nature destinations you can explore as a family, so why not...

- Take a well-earned break from the daily grind.
- Create lifelong memories together.
- See the world through a child's eyes once again – it's so much fun!
- Soak up the wonder... and reconnect with what really matters.

For accommodations, activities and services, go to sepaq.com/family to see what our family destinations have in store for you.

Once you're there, just relax and let nature work its magic...

Here are some examples of the family-friendly features available in Parc national du Bic:

- In the mood for a family outing? The Chemin-du-Nord trail is perfect for a stroller-friendly hike. Young and old alike will be fascinated by the many coves and beaches along the way.
- It's time for a break with whole family at the Rose des Thés. Our tea room has been newly equipped to help little explorers feel welcome. Come try a tasty pastry with a steaming cup of tea or a refreshing glass of juice while enjoying the scent of roses on the sea breeze.
- Our bike trails will delight both the young and young-at-heart. Didn't bring your bike? No problem! The park has a bike rental service. Watch for our family specials!

sepaq.com/family



Photo : Mathieu Dupuis

NATIONAL PARK ENTRY FEE

100% REINVESTED IN QUÉBEC'S NATURAL HERITAGE

It's a real privilege to visit or stay in a national park and experience remarkable landscapes that are protected and their value enhanced by passionate people who ask only that you come discover their best-kept secrets.

The entry fee you're required to pay is your contribution to the upkeep and conservation of a national park. With its affordable fee and array of exclusive benefits, the Annual Parcs Québec Network Card is another appealing option!

	Adult
Day Pass	\$ 8.50
Annual Park Card	\$ 42.50
Annual Network Card	\$ 76.50

Rates valid until March 31, 2016, taxes included
See complete fee schedule at parcsquebec.com/card

ANNUAL NETWORK CARD

EXCLUSIVE ADVANTAGES

As well as allowing entry to all national parks in the Parcs Québec network for 12 months, the Annual Network Card comes with many advantages:

- One free night of camping in the Parcs Québec network (rustic or semi-serviced, on weekdays only)
- Free entry for a one-day visit for a friend
- 15% off in Boutique Nature shops
- 15% off a day ticket at Sépaq's 7 cross-country ski centres
- 15% off daily admission at the Aquarium du Québec
- 15% off admission to the ASTROLab in Parc national du Mont-Mégantic
- 15% off admission to the Natural History Museum in Parc national de Miguasha



Details at parcsquebec.com/card

CONTEST

DESTINATION PARCS NUNAVIK

Between April 1 and September 1, 2015, when you purchase or renew your Annual Network Card, you could win a stay for 2 in a national park of Nunavik.

A \$10,000 VALUE!

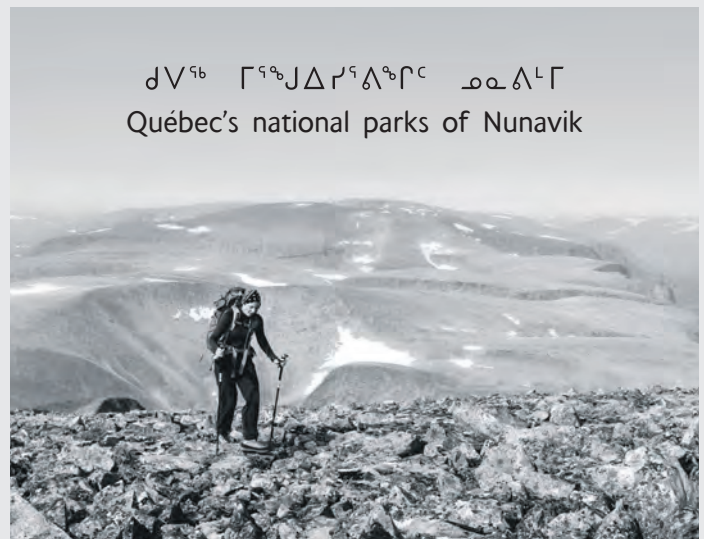
A choice among 3 destinations to explore at parcsnunavik.ca

- Parc national des Pingualuit
- Parc national Tursujuq
- Parc national Kuururjuaq

Details and contest rules at parcsquebec.com/contest



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Québec's national parks of Nunavik



Brian Friedrich

ACCOMMODATIONS



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- Furnished and equipped
- Available year around

Starting at
\$108/night

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- Furnished and equipped
- Available year around

Starting at
\$127/night



Looking for a souvenir to take home?
Make your way to our **BOUTIQUE NATURE** shops!

- Souvenirs for kids and grown-ups
- Personalized clothing made in Canada
- All profits reinvested in national parks



Protect. Discover. Share.

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Any use of the masculine gender is not intended to be discriminatory

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QUÉBÉCOISES
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years later...**

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**Parc national
de Miguasha**
Protect and Discover.



*...we're
still talking
about it*

*at the Musée d'histoire
naturelle de Miguasha*

Pointe-au-Père
Site historique maritime

**Empress of Ireland Museum
Onondaga Submarine
Lighthouse Station**

June 6 to Oct. 4 from 9 a.m. to 6 p.m.
1000 rue du Phare, Rimouski
Highway 20, Exit 621
418 724-6214

In collaboration with

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