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First Sherbrooke bus with protective partition
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THE RECORD
THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897

Church closures in Johnville and Coaticook
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WEEKEND EDITION

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Sports on the horizon for Quebecers

Record Staff

The Quebec government took another major step towards reintegrating sports in the province after it announced that all outdoor activities will be permitted starting June 8.

Participants are still required to follow physical distancing measures and any other guidelines issued by the local health authorities. Individual and group activities must be supervised at all times.

Soccer, yoga, and guided outdoor hiking trails are just some of the activities permissible under the two-metre distance rule. Sports teams have also received the green light to resume training, but it must be outdoors.

Individual sports competitions, or those involving pairs, can also resume, as long as they follow the two-metre rule. Team sports able to respect the physical distancing guidelines could resume by the end of June, but the situation is fluid.

Outdoor public spaces have also been

CONT'D ON PAGE 5

Touring on two wheels

TOURISM EASTERN TOWNSHIPS

Record Staff

They don't say "It's just like riding a bike" for nothing. Once you learn, you never forget.

Given the limited options for outings these days, some Townshippers are dusting off their bikes and remembering the joys of cycling.

With trails in the area suited to beginners as well as uphill experts, cycling is a preferred option for many to get some exercise and fresh air without the concern of being in a confined space.

A detailed list of trails is available on the Tourism Eastern Townships website at https://www.easterntownships.org.

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Weather

TODAY:
MIX OF SUN AND CLOUDS

HIGH OF 28
LOW OF 15

SATURDAY:
PERIODS OF RAIN

HIGH OF 20
LOW OF 7

SUNDAY:
SUNNY

HIGH OF 20
LOW OF 7

MONDAY:
MIX OF SUN AND CLOUDS

HIGH OF 20
LOW OF 8

TUESDAY:
CLOUDY PERIODS

HIGH OF 24
LOW OF 13

Hanging Out at McDonald's?

Good Reads

Lennoxville Library

Reviewed by Vince Cuddihy

Ben H. Winters' The Last Policeman (2012) is the first part of a trilogy that includes Countdown City (2013) and World of Trouble (2014). Winters blends elements of science fiction with detective fiction to create a new twist in crime novels.

The story begins with the news that Asteroid 2011GV, a chunk of rock about the size of the one that wiped out the dinosaurs, is on a collision course with Earth. There was hope that its trajectory would take it past this planet, and it got lost to Earth observers when it aligned with the sun, but now that it has re-emerged there is no question that it will impact in six months time.

People are reacting strangely to this impending catastrophe. Many are committing suicide. Others are cashing out their savings, quitting their jobs and setting off to pursue their bucket list. It is a combination of these two phenomena that introduce us to Hank Palace, a newly promoted detective in the Concord New Hampshire police department. Even though Hank is only a rookie cop, he has been promoted to detective because his predecessor has decided to chuck his badge and set off to fulfill his dreams in the little time he has left. Hank finds himself investigating the putative suicide of Peter Anthony Zell, who has been found with a belt around his neck and hanging from a horizontal rail in a stall in the men's room of a McDonald's restaurant.

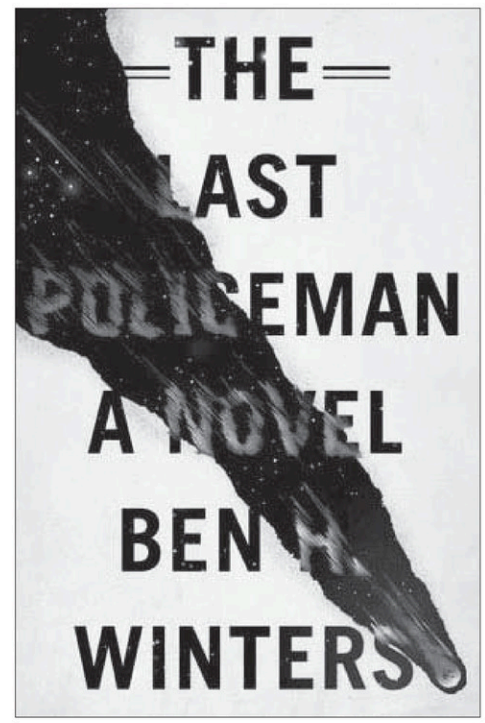
Hank has his doubts about the circumstances. He is not sure that the deceased has died in this place. For one thing, he is too tall to be strangled at so low a height; so Hank thinks he died somewhere else and has been brought to this location. The belt raises suspicions too. The dead man is still wearing the belt that holds his pants up; the belt around his neck is a very fancy and very new, and sold only in the most exclusive shops in the area. Who goes out and buys an expensive belt when he knows he will be dead in a couple of days?

Further enquiries provide a set of conflicting pictures about the victim, who was an actuary with a local insurance company. The man was a mathematical wizard. His family—his sister and her husband—say he was badly depressed and they are not surprised that he took his own life. Zell's boss—who is using alcohol to ease the transition towards the demolition of the planet—and his co-workers report that the victim was fascinated by the impending peril and has been keeping detailed scrap books about the asteroid's approach to Earth.

Palace's fellow cops feel he is wasting his time looking for a possible murderer. Even if he can actually catch someone, there is no chance that the accused will ever stand trial, let alone get convicted. Palace sees it the other way around; if he can make an arrest, the killer is guaranteed to spend the rest of his life in prison, even if that is only a few months.

One thing Palace does learn is that Zell had been a drug user, and may have been dealing drugs to help pay for his habit. He had managed to get off cocaine, but the impending doom had got him back into drugs. So now Palace may be chasing a drug trafficker as well as a murderer. To which his fellow cops make the same rejoinder: Who cares? If people want to spend their remaining time in a narcotic haze, what difference does it make to a society that won't exist in another one hundred days?

Palace is beginning to think that his fellow officers may be smarter than he is. Then a close friend of Zell's dies in a fire. This may also be an accident, but the fire looks suspicious. When one of



Zell's co-workers is also killed, there is no question about murder; she has been shot at close range. Palace is motivated to step up his efforts. He also realizes that he is dealing with someone who is pretty ruthless, and that Palace himself may be the next target. His challenge is to motivate the other detectives to help him out, even though they think he has brought his problems on himself.

This is an intriguing book. Not only is it a good mystery story, but it also raises important questions about how people will react in the face of near certain doom. Is Palace right to keep on trying? Are the other cops right to just go through the motions? Are the ones who quit work entirely making the correct response? Or are the people who quit life entirely the wise ones?

Winters, who lives in Los Angeles, is quite a prolific writer. He has ten novels to his credit, including both satirical and children's novels. He has also published three books of poetry and several plays. He has been nominated for several literary awards. He won the Philip K. Dick Award for Countdown City and an Edgar Award for The Last Policeman. The Last Policeman is now available at the Lennoxville Library.

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Ben by Daniel Shelton

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Local News | *So far, Quinn said, a dozen different students have joined the program, with room for more until the end of the week.*

Champlain sorting out how to welcome new students without meeting in person

By Gordon Lambie

According to Nancy Beattie, Campus Director at Champlain College in Lennoxville, trying to plan for the fall semester this year is turning out to be an enormous puzzle. After a winter semester that was pushed out of the classroom and onto the internet at just about the halfway point, the work of trying to figure out how to meet government-mandated learning objectives is proving to be very complex.

"It's already a huge transition from high school to college, but given that there was this massive disruption of all educational institutions in the middle of March and then this optional return (for high school students), we're recognizing that the academic gap has the potential to be a lot more significant and the challenges to that transition may be more significant as well," Beattie said, sharing that at this point it is hard to say what form classes in the fall will even take. "We know that there's a good chance that we may be allowed on (to campus) and then be sent off partway through he fall semester as well."

Even in a situation where school is allowed to start up in person in August, the campus director pointed out that the college simply doesn't have the space or resources available to convert its existing teaching model to a complete, in person, physical distancing approach.

"We don't physically have enough space, nor do we have enough teachers to be able to subdivide and deliver all that content, nor do we have the resources to hire more teachers even if we had the classroom space," Beattie said. "It's a very big puzzle, but we're working to find a constructive solution."

Not knowing exactly what the future holds, the campus director told The Record that the college is working on a plan that would allow almost all activity to take place outside the walls of the physical building, including its summer orientation.

"We want to engage our new students, make them feel welcome and connected, and let them know what's available to them in terms of resources," she said, noting that there are automatically new challenges when trying to move what would normally be face-to face interactions into an online setting. "We're trying to be realistic and make sure that no matter what happens we're still able to provide our students with the with the support and the resources and the encouragement they might need whether they're going to end up being here physically part time or whether it's going to be remote."

Part of the effort on that front is being led by Sheila Quinn, who has stepped back onto the Student Services team in a role similar to but also very different from one that she occupied from 2013 to 2015.

"I am so happy to be back," Quinn said, explaining that while her job as Recreational Activities Technician is still all about helping youth develop leadership skills, build community, and create a network of ongoing support throughout the school year, that looks very different in the context of COVID-19.

Both Quinn and Beattie described the main goal at the moment as being recruitment and training for the Cougar Ambassador program, through which older students are recruited and trained as peer mentors and leaders.

"I know that she has that ability to engage students whether in person or through an electronic format," The campus director said, sharing that she was very enthusiastic when approached by Quinn about the possibility. "She was just phenomenal at that job and has a lovely rapport with college age students."

Asked about how one trains students to lead their peers when everyone is stuck at home, Quinn said that she is introducing the idea that the students are an archipelago: a cluster or collection of islands.

"The Cougar Ambassador team this year will begin as a cluster of islands - each one of us lives on one, me included," she said, pointing to the job of the future ambassadors as working to try to keep each other afloat while in relative isolation.

So far, Quinn said, a dozen different students have joined the program, with room for more until the end of the week. In terms of concrete planning, the incoming cohort will be subdivided into teams led by an ambassador whose job it will be to check in regularly and make sure things are doing alright. Much of that checking in and training is likely to take place online, although there are a lot of uncertainties still at this point.

"Because we don't know if we can be in person or not, it seems really wise to develop the program from a remote platform," Beattie said, underlining the fact that the ambassadors offer, "a friendly guiding hand," in a stressful and uncertain time, whether they are present in person or not. "Anything that we can do in person we will just view as a tremendous bonus."

"What we are doing is building community, and that can happen in any conditions," Quinn added. "Just because life throws a giant curve ball doesn't mean we can't thrive - plants grow in cracks in the sidewalk, after all."

COURTESY

Sheila Quinn has stepped back onto the Student Services team in a role similar to but also very different from one that she occupied from 2013 to 2015.

Reflecting on the processes underway, Beattie acknowledged that everyone, from the students, to the teachers, to the student services team, would much prefer to be able to all be present in person in the fall. She emphasized, however, that there are a large number of challenges and new realities that have to be faced governing everything from the way that course content can be taught at a distance to the conditions under which people are allowed to live in residences.

Champlain Lennoxville will be hosting its virtual orientation for incoming first years at the end of the month of June, and the Campus Director said that by that point there should be a clearer sense of what the fall semester will look like.

"It's pretty darn complex," Beattie said, expressing great appreciation for the patience and determination of all those working to try to find solutions behind the scenes.

First Sherbrooke bus with protective partition

Gradual return to front door boarding

Record Staff

Société de transport de Sherbrooke (STS) users can once again board city busses through the front door. The STS has installed a transparent protective partition inside the first bus in its fleet to protect the driver's space. Users will once again have access to the usual fare collection tools in order to validate their fare.

The safety measure will gradually allow boarding through the front door and fare collection as partitions are installed on buses.

"We are asking our customers to be attentive, over the next few weeks, as they approach the bus. Vehicles already equipped with a partition will open their front doors,"explained Marc Denault, President of the STS. Those not equipped will continue boarding via the rear door. "The situation can vary from one bus to another on the same line," emphasized Denault.

In order to avoid people passing close to each other as much as possible, it will continue to be mandatory to get off through the rear door.

Withdrawal of paper transfer

As of June 15, the STS will no longer provide paper transfers when paying with tokens and cash. In addition, if the customer plans to make a payment, he or she must obtain vouchers that allow transfers electronically for up to 90 minutes. The STS proposes to purchase:

- the La vermeilleuse smart card
- the occasional reloadable smart card Pratico

Both are issued free of charge at the STS administrative centre as well as at the Limocar service centre located downtown.

No change to Paratransit

The new cards are not available for paratransit. The usual methods of payment are unchanged for customers using this service.

Over the next few weeks, the STS will launch an awareness campaign to encourage customers to use preventative measures related to COVID-19 when travelling on its buses.

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One column, four voices

Open to the Spirit

Today's word: Stamina

By Revs Mead Baldwin, Rabbi Boris Dolin Lee Ann Hogle, and Rev. Carole Martignacco

1) How long do we have to hold on to a world that is so broken?

This pandemic has already tested our strength and our stamina, asking us to wake up each day to new challenges and problems, when all we want is for things to be back to some semblance of normalcy. And now with the events of the past few weeks, we have a world filled with protests and tough realizations about racism and violence that are shocking us to the core.

It is hard to keep going, when as many have said, our world is simply not ok.

But we have to hold on. We have to not only live each day with intention and hope, but now we also have to continue to fight for more. We should not be allowed to be comfortable when we encounter so much pain in front of us. As we are told in the Talmud:

"When the community is immersed in suffering, a person may not say: I will go to my home and I will eat and drink, and peace be upon you, my soul." (Talmud Taanit 11a)

Here's what we know. Unlike even a few months ago, when the protests of the past few days quiet down, we will not be back to normal. We will still be in a pandemic, and we will still be in a very broken world. And we know we still have a lot of work to do.

2) The word 'stamina' immediately reminded me of a story about Jesus. He was going through a difficult personal struggle and he didn't want to be alone. (I think we can all relate to that experience.) So he decided to go to a private place one night to reflect and pray. He asked his closest followers to stay up with him. Their stamina was in short supply and they soon fell asleep. After a time of prayer Jesus went to see them and woke them. Once more he invited them to remain awake with him. Of course, they fell asleep again, more than once. When I read that story I identify with the disciples. I too have a relatively short attention span. I'm not sure I would have any more stamina than they did.

We live in difficult days I fear, and stamina is in short supply. People are in a rush to get back to normal life, even though the threat of COVID 19 is still rising. It has only been a few months and people break the rules and defend their individual rights. Some churches south of the border have broken the law, even at the cost of human life as parishioners get sick. Contrast this with the stamina of Canadians in the two major wars of the past century. They survived years of rations and harsh conditions. People bonded, shared resources, survived, and created a better world.

I believe the enemy of stamina is selfishness. So many people care more for their own freedom and desires, than for the greater good. Many privileged people feel they have earned the right to break the rules, that restrictions don't apply to them. We as a society have been asked to have the stamina to wait patiently for a while. Perhaps if we thought it was Jesus making the request, asking us to wait alertly just a bit longer, it might make all the difference.

3) When I think about her I realize my mother had a lot of stamina. What I mean is that she could always be counted upon even when times got tough. She persevered. She exhibited the proverbial stiff upper lip.

She lived through the Depression and World War II. For financial reasons she became a full-time working mother when the mothers of most of my friends stayed home. She accepted my father's bouts of depression with stoicism and still found ways to laugh and enjoy life. In all my growing up years she was my rock and continued to be so as I passed through the dark valleys of my own adult life. She faced the problems of the day, but did not seem to fret too much about the "what if "s and the "if only "s. Perhaps it was the secret of her enduring strength.

Jesus seems to have had the same philosophy. He said, "Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own." (Mt 6:34)

4) "How are you holding up?" We ask each other. "Is it over yet?" "Enough already, it's getting old!" "Take care. Hang in there!" Having no end in sight takes its toll. Our courage, patience and stamina are challenged in so many directions. Weeks ago my thoughts centered on staying the coronavirus course. Maintaining the energy required for daily sacrifices and the commitment to not give up too soon on stay-at-home protocols designed to protect self and others, however inconvenient they are personally, however we long for a return to "business as usual."

Then May 25 happened and everything shifted gears with that brutal 9-minute video viewed all over the world - testing our stamina for witnessing unspeakably blatant cruelty and hate. Protests spread from my hometown Minneapolis to major cities across the US and Canada to around the world and they continue still. Thank goodness - imagine a world that could stand by and watch without outrage. Yet keeping up with the rapidly unfolding news requires a stamina I thought I'd already nearly exhausted with the ever-changing health crisis and the racial inequalities it has exposed.

What we need now is a kind of spiritual fitness training, because the work ahead requires us to stay the course. Overturning injustices, addressing - or even understanding - the long, sad, cruel history of race relations and white privilege similar to the truth and reconciliation ongoing here in Canada with the indigenous peoples. We need stamina to get through the shared shock, grief and generational pain. We need stamina to keep listening to each other with open hearts and minds. We need stamina as we confront white privilege, how we any of us, regardless of best intentions, are implicated in the suffering of those who are disenfranchised in our societies. Understanding that for those who are exploited and oppressed for generations - this is long past getting old!

Neither the Covid virus nor the old pandemic of hate pandemics will be over soon. We need all the spiritual stamina we can muster now. None of us is a bystander; it will take all of us together to bend that arc of the universe toward justice. Take care and hang in there ~ clearly we're in this for the long haul!

One word, four voices - as usual now we turn it over to you: What are you doing to stay fit, soul-wise, how do you maintain your stamina in these times of great challenges?

Rev. Mead Baldwin pastors the Waterville & North Hatley pastoral charge; Rabbi Boris Dolin leads the Dorshei-Emet community in Montreal; Rev. Lee Ann Hogle ministers to the Ayer's Cliff, Magog & Georgeville United Churches; Rev. Carole Martignacco, Unitarian Universalist is retired from ministry with UUEstrie and now resides in St. Andrews by-the-Sea NB, but keeps one foot in the Townships by continuing with this column.

GLIMPSES OF THE PAST

Fonds Paul-Émile Bourque et Thérèse Lupien. Musée d'histoire de Sherbrooke

During the First World War (1914-1918), the Sherbrooke Fusiliers, also known as the Carabiniers de Sherbrooke at the time, were sent to France to support the British army. This Sherbrooke Regiment landed in Britain in 1916 and joined their Canadian compatriots on the French front in 1917. They received honours for their contribution to the Battle of Amiens (August 8 to 11, 1918), where French, British, American, Australian and Canadian troops were victorious over the German Army. This battle marked the first in a series of victories in 1918 that led to the signing of an armistice on November 11.

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My Take: By Gordon Lambie

Here's a crazy idea:

When hundreds of thousands of people stand up and say that there is a problem - believe them.

There are many situations where healthy skepticism is an important tool for examining the world, but millions of people of colour across the world are not having a mass delusion about the existence of racism or the terrible impact it has on their lives. Pretending that systemic discrimination doesn't exist will only make things worse, as will holding on to the idea that it is somebody else's problem.

I'm not going to sit here and claim that there is an uncomplicated solution, but I can say without a shadow of a doubt that gaslighting protestors or making jokes about running them over with your truck is not going to make anything better.

Pushing this down further is only going to make it explode.

My Take: By Matthew McCully

Yesterday's Record included an article about the upcoming anti-racism march scheduled for Sunday morning in Sherbrooke.

The comments on the paper's Facebook page took a turn the likes of which I've never seen before.

Playing host to that broad a range of opinions and emotions proved a heavy burden.

When the march begins, I imagine that full range will again fill the hearts and minds of the participants and those watching.

Before your next step, remember this:

Even in a storm every drop of rain is accounted for. Each one lands somewhere and serves a purpose. It could be absorbed into the ground to nourish a seed, or that one drop could bear the weight that finally breaks through a limestone wall.

The same goes for voices in a crowd.

So let's be conscious of where those voices could travel and what they could do.

My Take: By Michael Boriero

No one should fear the people we consider our protectors. After watching the video of George Floyd's murder, and witnessing the painful aftermath, I realized that we all have a role to play in healing the wounds of systemic racism.

I want to be perfectly clear: I'm a white, 20-something-year-old male living in Canada. I have not experienced the injustice or oppression felt by our black communities.

I don't need to worry about what might happen to me when I walk outside. I am not being unlawfully targeted by police because of the colour of my skin.

While too many have come before him, the senseless murder of George Floyd has sparked an urgent cry for change. Our society needs to be better. We must listen to the voices that have been suppressed for far too long. If not now, then when?

Church closures in Johnville and Coaticook

Record Staff

The Roman Catholic Archdiocese of Sherbrooke announced on Thursday that it will be permanently closing the Notre-Dame-de-la-Paix church in Johnville. This follows the news last week that the Saint-Jean-l'Évangéliste church in Coaticook would also close its doors.

In both cases the reasons provided were financial. According to the statement issued by the archdiocese, the Johnville church had an annual operating cost of approximately $25,000, but less than $10,000 left to spend. In Coaticook, although the $32,000 left in the bank would just cover the costs of the coming year, a decreased capacity to draw new funds and fill important roles on church committees led to the decision to close.

Both also said that the decision was sped up by the coming of the COVID-19 pandemic, which limited the ability of church communities to gather and work together.

"Although the health crisis precipitated the closure of the church, the financial situation has been precarious for several years already, said Sonia Turgeon, parish animator in the Coaticook area. "In addition, without a committed succession ready to get involved, it becomes difficult for us to maintain activities. The decision is emotional, but we must be realistic."

In Johnville, Deacon Gérard Leblanc said that the sale of the church building will not mean the end of the worship community.

"It is a very dynamic community, known for its welcome," he said, explaining that worship services will be held in other parts of the municipality.

The personnel of the Archdiocese of Sherbrooke is accompanying both of these communities through this period of change and transition.

Sports

CONT'D FROM PAGE 1

reopened throughout all of the regions in Quebec. This includes outdoor public or private pools, outdoor public exercise equipment, and play structures in public parks.

The province has 52,143 confirmed cases of COVID-19, according to the latest numbers reported by the Quebec Public Health Institute. There are 26 new deaths attributed to COVID-19 in the last 24 hours, bringing the total to 4,885.

The institute also noted that 146 Quebecers remain in intensive care, while 17,336 people have recovered from the deadly virus. The Eastern Townships account for 937 COVID-19 cases. There have been a total of 25 deaths, with no new deaths since April 24 in the region.

The CBC also reported that since May 11, the day elementary schools reopened outside of the Montreal area, 44 students and 34 staff members across multiple schools tested positive for the novel coronavirus.

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Hope Community Church

Sunday June 7th Steeple Concert

This Sunday, instead of our usual 1pm "Steeple Concert", we will take the **10 minutes to kneel, sit, or stand in silence,** joining in solidarity with our brothers and sisters for global racial justice. We will start with the ringing of the bells and end our time with the song Bridge Over Troubled Water by Chris Mann
If you are in the area during that time, while following all social-distancing rules, please feel free to join us*

Respectfully Yours,
Hudson Taylor Wells, Pastor
Hope Community Church, Lennoxville

*Please avoid blocking any walkways and feel free to use grassy areas or our parking lot during this time.

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Editorial

Collaboration during adversity will bring us closer together as we fight a common enemy.

Fences make good neighbours

By Dr. Harry Rakowski

Canada and the United States share the world's longest undefended border. In the War of 1812 we fought the US with the United Kingdom, in a conflict about trade and territory. The subsequent ratification in 1815, of the Treaty of Ghent, allowed Canada to patriotically maintain its borders and the US to be rid of English interference.

In the ensuing 200 years the US has become our biggest ally and largest trading partner. We share military and defence alliances in NATO and NORAD. We have fought side by side in war and in keeping the peace. We are greatly influenced by American culture and affected by its politics. We sometimes feel inferior in power and superior in ethics. Every day about 2 billion dollars worth of goods and 400,000 people cross the border.

So why if we don't need a defended border, "do fences make good neighbours"?

Mending Wall, is a poem by former US Poet Laureate, Robert Frost. He describes a stone wall between 2 farmers who are friendly neighbours, where each must do their share to keep the wall in good repair. They both know that fences make good neighbours by defining their respective space and keeping differences from creating conflict, even among friends.

During COVID-19 our differences and our need for common purpose, have come into sharp focus. There are political, trade, social, and health care issues where we intersect and often, but not always, take the same road. How do we build on our relationship, but maintain and mend our fences?

So why if we don't need a defended border, "do fences make good neighbours"?

We share a similar vision of democracy with the US, although one is currently the right and the other the left side of a centre fence. We have differing philosophies about immigration, the environment and social policy.

Canada is a critical supplier of 13 of the 35 minerals that the US has identified as critical to economic and national security. We have key integrated supply chains for the car industry, energy, food and aerospace. We are a key source of battery technology for electric cars.

Our health care systems are different in scope and payers, but similar in medical strategy. COVID-19 has, in many ways brought us together, but also magnified our differences. We share the same strain of virus. We will learn from each other as we sometimes take diverging paths for containment and its effects on a second wave.

Our research into effective treatments are collaborative. There are a large number of multicentre, bilateral research projects underway and we proudly lead a number of them. Our federal government is spending $1.1 billion for a national medical and research strategy to address COVID-19. The US has committed huge amounts to be used to understand, treat and find a cure. These are both good decisions that should transcend politics.

Collaboration during adversity will bring us closer together as we fight a common enemy. We need to strengthen the bonds that unite us in that common purpose. How can we do it wisely?

1. Develop integrated PPE and ventilator supply chains, independent of China.

2. Return manufacturing to North America with cross border integration as with the car industry as a model.

3. FDA and Health Canada collaboration to share information and speed up regulatory approval.

4. Joint Biomedical research and clinical trials about therapeutic interventions.

5. Vaccine development and sharing of production.

6. Enhanced security to limit foreign government hacking of key biomedical discovery. China and Russia are the main culprits.

7. Joint manufacturing of key drugs now in short supply and stockpiling for future use.

8. Common, safe, 5G platforms that advance technology, such as sharing of enhanced virtual health care platforms.

9. Common stance on WHO investigation as to current and future guidance.

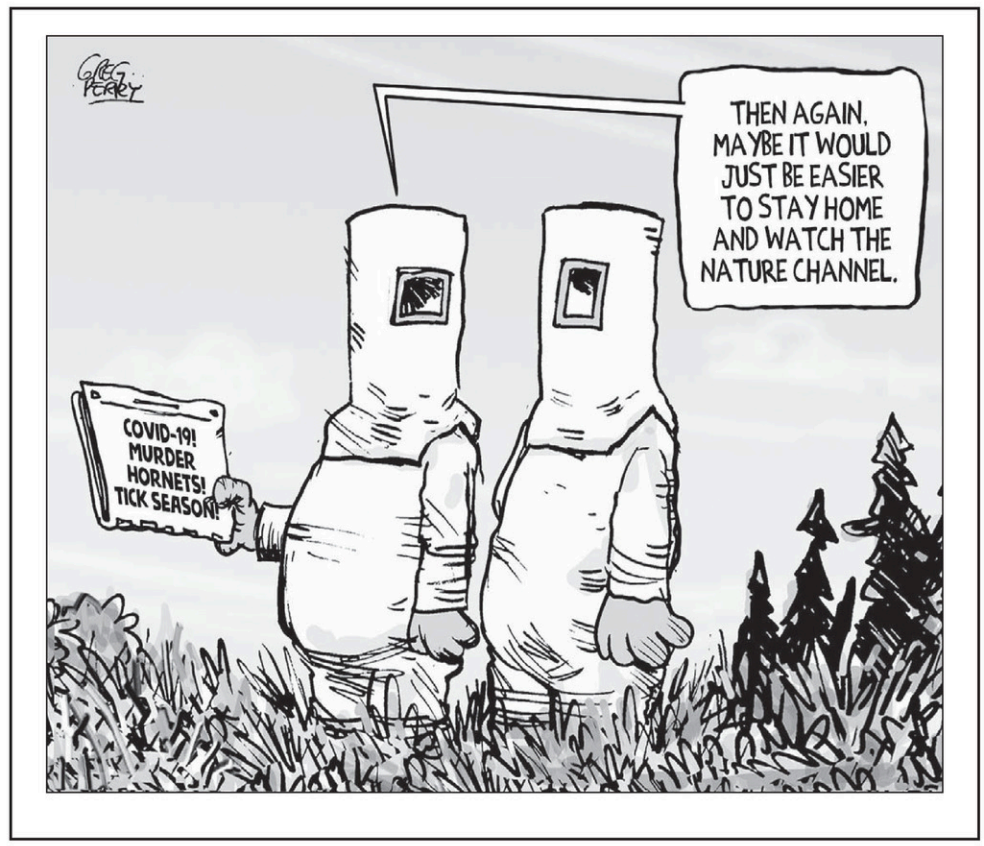
10. Joint decisions on open borders and travel precautions.

During COVID-19 our differences and our need for common purpose, have come into sharp focus.

We can disagree but still collaborate and maintain our nationalistic, political and social identity, regardless of who the US president is this year and next. We sometimes have a love, hate relationship with our big brother to the south. There is much to admire and sadly much to rue. What is certain is that we need each other more than ever.

Fences make good neighbours. We need to mend the wall together. Don't throw the stones in the wall that may divide us, use them to build bridges of trust, collaboration and invention. Some Canadian values might just rub off. Eh!!!

Harry Rakowski is a cardiologist at the University Health Network, Toronto



A dire plea to the Quebec government to save our private seniors' residences

THE RECORD

6 Mallory, Sherbrooke, Quebec J1M 2E2
Fax: 819-821-3179
e-mail: newsroom@sherbrookerecord.com
Website: www.sherbrookerecord.com

Sharon McCully Publisher	(819) 569-9511
Matthew McCully Managing Editor	(819) 569-6345
Gordon Lambie Associate Editor	(819) 569-6345
Serge Gagnon Chief Pressman	(819) 569-4856
Jesse Bryant Advertising manager	(450) 242-1188

DEPARTMENTS

Accounting	(819) 569-9511
Advertising	(819) 569-9525
Circulation	(819) 569-9528
Newsroom	(819) 569-6345

Knowlton office
5B Victoria Street, Knowlton, Quebec, J0E 1V0
Tel: (450) 242-1188 Fax: (450) 243-5155

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Member
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Dear Mr. Legault and your Government Team,

Please understand that this letter is in no way politically motivated or critical of you or your government. In fact, as I recorded and carefully watched your daily 1 p.m. press conferences on LCN, I became deeply impressed with your leadership, knowledge of multiple facets of the impact of the COVID-19 crisis, your genuine compassion for those affected, your forward thinking towards solutions to mitigate future disasters, and your calm manner as you patiently responded to questions that were sometimes critical of your government. Equally impressive to me was our Ministers Mme. Genevieve Guilbault, Mme Marguerite Blais, Mme Danielle McCann, Mr.Pierre Fitzgibbon and of course our Public Health Director Dr. Horatio Arruda. As a bilingual member of Quebec's English-speaking minority, I am profoundly appreciative that you and all of your team took care to address English-speaking viewers in their own language. During a time of unprecedented crisis, this effort on your behalf, provided critical information and perhaps some measure of reassurance to those who would have had difficulty understanding your message in French; particularly many of our

Cont'd on page 7

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A dire plea

CONT'D FROM PAGE 6

English-speaking seniors who of course are among the demographic that tragically has been devastated by the virus.

A review of your Health Ministry files regarding Sherbrooke's Grace Village will reveal a history of exemplary, professional, compassionate and loving care to the thousands of residents cared for by this organization. Faced with impending deadlines to meet much needed changes to the Quebec Fire Safety Regulations and Building Code, our community rallied together, French-speaking and English-speaking friends and neighbours alike, to explore and eventually implement the solution; a state of the art, modern, Grace Village Care Pavilion that Mme Marguerite Blais described publicly as her dream. I volunteered to lead the community effort made up of many volunteers of various professions and life experiences and in the spring of 2015 I left my long cherished career as a Non Commissioned Officer of the Royal Canadian Mounted Police to take on a completely new and foreign role as Executive Director of Grace Village ; a private, charitable not-for-profit senior care organization that has been serving primarily, but not exclusively, the Eastern Townships English-speaking minority community for 62 years. It was easy for me and many more over the decades to commit ourselves to a cause so worthy; the care of our precious elderly who themselves have made so many sacrifices for the generations that followed.

It was easy for me and many more over the decades to commit ourselves to a cause so worthy; the care of our precious elderly who themselves have made so many sacrifices for the generations that followed.

As part of our efforts to research the ideal design for the new Grace Village Care Pavilion, I travelled to Woodstock, New Brunswick along with our long-standing Director of Care, Mrs. Sandra Klinck who is also a teacher at our Local CEGEP and Vocational Training Centre for learning and certification programs for Certified Care Givers, Licensed Practical Nurses, and Registered Nurses. Also part of that delegation was Mr. John Klinck, Honorary President of the Grace Village Care Foundation, husband of Sandra and son of Grace Village's founder, the widely respected and much loved, Dr. W.J. Klinck. Leading our expedition was a volunteer that I recruited to oversee our building design and construction, Mr. Paul McLean, a native of Woodstock and now a highly respected Sherbrooke area businessperson and community leader.

The Carleton Manor in Woodstock became the basis for the Grace Village design. The Executive Director at that time, Ms. Kay Simonds not only willingly gave Mr. McLean their architectural plans but she also informed us of deficiencies and design features that they had regretted not incorporating in the original build. Equipped with this information, Mr. McLean further consulted Mrs. Klinck who had researched senior care facilities at the national and international level and is an expert in infection control and from my own experience as a novice, a stern enforcer of best practice infection prevention rules that have been part of the Grace Village legacy from the beginning. Mr. McLean also took care to incorporate the input from frontline staff and even implemented changes to the first draft of the building design after receiving constructive criticism. We even took food services staff to another much more modern home in order to encourage them to choose what they thought would be the best equipment for the new Grace Village Care Foundation's modern kitchen. Energy efficient and environmentally friendly systems were implemented and the final one storey Grace Village Care Pavilion was realized and included 120 private rooms with fully equipped private bathrooms, divided into four isolated 30-room autonomous neighbourhoods, many attractive amenities including two exterior, secure garden courtyards. The new Pavilion was in compliance with our own imposed criteria that exceed government requirements: Optimal Fire Safety and Evacuation, Optimal Infection Control, an inviting homey environment, and an attractive facility to encourage community groups to meet in Grace Village's Richard Faith Hall. Without government help, no willing financial institution to lend us the requisite funds, and a project underway without all the needed charitable donations collected; Mr. Richard Faith, a former Eastern Townshipper, loaned us the money without constraints or encumbrances so that we could continue and complete construction. Mr. Mclean's reputation for bringing in projects on or under budget all the while maintaining high quality standards of construction came to fruition. To most of us, $15 million seems like a huge sum but when compared with our model home Carleton Manor's recent 30-room extension that cost in the vicinity of $8 million, rest assured, our donor community got the maximum impact and value for their generous donations ranging from $20 to millions of dollars charitably given by Grace Village Staff, volunteers, local citizens, businesses and donors and foundations from abroad.

Grace Village and other private homes have done everything possible to keep up with competing government front line care staff wages.

Mr. Legault, I am explaining all this to you because I am hoping, that if not already briefed about Grace Village and other similar community based private and often non for profit organizations around Quebec, you will come to understand, appreciate and respect the monumental community involvement that founded these organizations many years ago, provided essential care to thousands of seniors and when government imposed changes without much needed government funds to support those changes, we, the people of your beloved Quebec and more closely to my home, the Eastern Townships, rose to meet the challenge and raised the needed charitable funds, met government regulations and saved our senior homes and long standing best practice care models. In so doing we deserve your personal attention to the crisis which with the best of intentions you may have inadvertently caused and that will bring Grace Village and other private seniors residences to our knees, closing our doors for good, and launching our residents into what is understandably currently a terrifying destination; government operated CHSLDs.

Grace Village and other private homes have done everything possible to keep up with competing government front line care staff wages. Grace Village's last increase which resulted in newly employed Certified Care Givers who have paid for their own training, receiving a starting wage of $17 per hour. That raise along with other raises for frontline staff caused Grace Village to suffer an approximate $500,000 deficit in fiscal year 2019. This deficit was paid for by a volunteer and generous donor. Your announcement earlier this week of $21 per hour for accepted applicants to undertake the required three-month training program for Certified Care Givers and a subsequent starting wage of $26 per hour will not be able to be matched by Grace Village or any other private seniors' care residence. Last year the Grace Village Care Foundation, in respect of and in keeping with Dr. Klinck's long standing legacy of providing charitable care for those who were impoverished; raised nearly $250, 000 through charitable donations to support Grace Village residents who cannot afford the cost of their care. The gap between $17 per hour and your soon to be implemented $26 dollar an hour wage cannot be addressed through charitable donations. Grace Village and others like us will therefore soon collapse due to an imposed impossible and insurmountable obstacle.

I respectfully request that you or members of your team reach out to our designated team to quickly discuss how we can avert what will be another new crisis that you and your team will have to respond to.

Last evening, at just after 5 p.m. I was interviewed by Allison Brunette of the CBC Radio's Breakaway Show where I shared much of what I have described to you above. When Ms. Brunette asked me for my opinion with respect to what the best solution would be, I responded by stating that Mr. Legault needs to look to our neighbour to the east. New Brunswick has an excellent best practice model of government/private senior care partnerships that although not perfect, would be the ideal solution for our current and soon to be disastrous predicament in Quebec. As an example, the non-profit, community supported Carleton Manor, our model home in Woodstock New Brunswick, benefits from a partnership with the NB government in the following ways. Annually they receive a government allocated budget that covers the entire salary base for all employees according to government regulated staff ratios; their allocation includes funds for budgeted repairs and maintenance for that fiscal year as well as a contingency contribution to an accumulating account for anticipated long term maintenance and repair; their annual budget also includes the requisite funds to pay their monthly, government guaranteed mortgage payment to an obviously more than willing financial lending institution; and the cherry on the Sunday as they say is that the government will provide emergency funding for unanticipated emergency repairs or equipment breakdowns. The budget covers every expense beyond the funds generated through the maximum monthly resident care rate of $2,450.

Mr. Legault as a business man who I believe is sincerely and truly compassionate and fair in your approach; please understand that Grace Village residents who are now disabled and or chronically ill and who require the highest level of nursing care to the end of life, are required to pay $4,800 per month of which approximately $726 is credited back to them by Revenue Quebec's tax credit system for seniors in care over 70 years old. The estimated cost for the same level of care in Quebec Government taxpayer funded CHSLDs is over $9,000 per month. New Brunswick, with a much lower tax base, recognized years ago that it is cost effective to partner with community based private senior care organizations. In that Mr. Legault lies your solution to what now has become an unintended crisis to your recent wage increases for Certified Caregivers. We all understand and support the need to raise the wages of our much deserving front line care staff. Simply put, we in the private sector cannot achieve the same result without your help.

I respectfully request that you or members of your team reach out to our designated team to quickly discuss how we can avert what will be another new crisis that you and your team will have to respond to. Our volunteers who are not only advocating for Grace Village but by extension all private seniors' homes across Quebec, are waiting for your call: they are the Honorable David Price, the Honorable Sam Elkas, Mr. Jim Crook and Mr. Patrick Slama. Thank you for your consideration of my letter. Please do not let us down.

RESPECTFULLY YOURS
GREG BISHOP

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Former marathoner, Dr. Jack Taunton shares COVID-19 recovery tips

A Runner's Mind

Christine Blanchette

Vancouver's Dr. Jack Taunton is known unofficially as the "Father of Running" in British Columbia. Besides being a renowned sports medicine doctor, he has been an elite marathoner, having run 30 marathons in under two hours, 30 minutes. He was Chief Medical Officer at the Vancouver 2010 Olympic and Paralympic Winter Games. He is co-founder of the world's third-largest 10km, the Vancouver Sun Run. He founded the Vancouver Marathon in 1972...it was organized by the Lions Gate Road Runners Run Club, which he also co-founded. Dr. Taunton obviously has a unique perspective on runners' health and fitness issues and he has some advice for runners who may be recovering from the novel corona virus and contemplating an early return: "Don't rush back into running."

Getting proper exercise is essential to improving our immune system and our mental well being. While working out can be addictive in a good way, it can present a challenge to use your common sense and stop running when dealing with illness or injury.

If you have recovered from COVID-19, getting back into a regular exercise program should be done cautiously and incrementally under a doctor's care.

In a recent interview, Dr. Taunton shares his expertise on how to return to running safely following recovery from the novel corona virus.

"The big concerns for returning to exercise are central motor neurons, so much like concussion or individuals with Parkinson's," he said. Other concerns include, "Memory changes, poor balance, changes in gait, and coordination, so exercises addressing these areas are important."

Dr. Taunton adds, "Also, pulmonary changes like asthma or pneumonia (can result), so must start walking at 20-30 minutes slowly then faster walking and increase to 40 minutes, and if not shortness of breath or wheezing, then add a walk/run for 30 minutes. Fast walk for four minutes, jog for one minute, and repeat six times for 30 minutes. Then fast walk for three minutes and jog for two minutes for the 30 minutes and progress to jog 30 minutes and slowly increase to 40 minutes, then add intervals."

The other concern he addresses is your heart, which he says, "...could have developed an inflammation called, Myocarditis (inflammation of the heart muscle) with arrthymias (problem with the rhythm of the heartbeat). Dr. Taunton adds, "If you had this, you need to see a cardiologist for an exercise stress test and echo cardiogram... this will determine your safe cardiac limits."

Dr. Taunton advises to walk first then walk/run, as in most recoveries. He believes in starting slowly, on alternate days. Moving your body is the step in the right direction to feeling a sense of accomplishment.

According to a recent New York Times article, Returning to Exercise after Recovery from corona virus, Dr. Jonathan Kim, a sports cardiologist at Emory University in Atlanta, says, "For most athletes who have spent weeks at home recovering from the virus, the first few workouts could feel lousy, he says, since any lingering viral effects may combine with general physical de-conditioning. So, expect some discomfort. But if you experience considerable or increasing chest tightness or new heart palpitations, stop exercising, contact your doctor and discuss whether you should complete cardiac testing."

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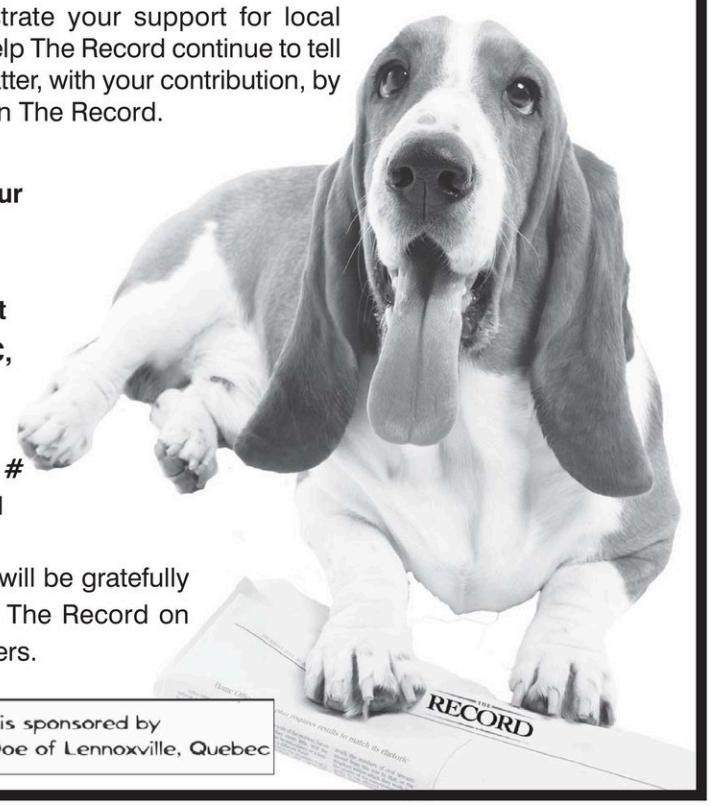

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THE RECORD TALK

YOUR WEEKLY GUIDE TO TOWNSHIPS CULTURE

JUNE 5 - JUNE 11, 2020

Richard Martel on keeping a steady beat

COUNTRY CONNECTION

JESSIE PELLETIER

If you were a regular at the Country Music Appreciation Jam, you certainly got to hear and meet local drummer Richard Martel. Most of his friends call him Meg but the reason for that nickname is still unclear to me.

Martel was born in Richmond, Quebec. He has six siblings; two brothers and four sisters and nobody in his family plays any instrument. He said that he heard of an uncle who played the organ but never really knew him.

Like most little boys Martel was very engaged in sports (mainly hockey), but slowly music would find its way into his heart even if being a musician was not at always part of his plan.

"The music of The Beatles is what drew my attention to music, melodies and sounds. My older brother was a Beatles fan and bought all their records. With that music playing in the house all the time it finally got me interested," he said in an interview.

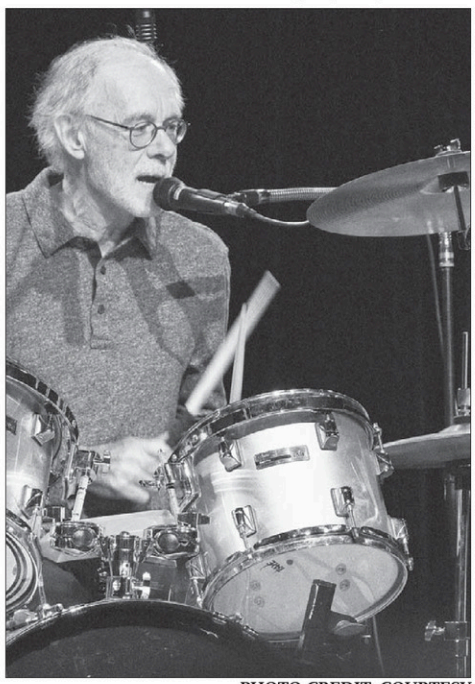

PHOTO CREDIT: COURTESY

As a teenager, Martel was particularly drawn to the beat and slowly found himself following different rhythms.

"I remember using my mother's knitting needles to hit the bottom of a tin can of Fiesta chips (the best chips at that time) and I found an old bongo to add to it and I started learning different beats from the Beatles music. It all came to me very easily as if I had no effort to make to follow," Martel said of his first experience with keeping the beat and following a song.

He bought his first set of drums from the drummer of a very popular Richmond group in the sixties, The Thunderbirds. The group was dismantled in 1967 and the young man's mind was set on becoming a drummer and one day having his own band.

For a while, he worked very hard at honing his skills and at the end of 1968 he decided it was time to move forward and make things happen.

"I started my first group around 1968 with guys who, like me, loved the rock music of the era. We were young and it was the music we liked. But with the evolution of music, we wanted to play something more complicated, heavier sounding so we found new musicians who were able to play the music of Cream, Hendrix, CCR, Led Zeppelin," he recalled.

The new group was very successful. Their music was up-to-date, they were all well-known local musicians and with their friends and families, they drew huge crowds everywhere they played. This lasted for a few years but like many other bands, everyone ended-up going in a different direction.

"After that, I played with another band. We did weddings, parties, bars with a very commercial and pop repertoire. It didn't last very long and I was a while without playing at all," he said.

But if you know a drummer personally, you have surely noticed that to them, everything can be used as a drum whether it is a table, a counter top, a bottle, their thighs. They have to keep the beat.They have a visceral need to be in rhythm with their environments. So they technically never stop playing.

"In 1981 I decided to join a popular local band. Again we did bars, parties, weddings and special dances. The name of the band was Les Paralèles (a strange name) and after the guitar player left we had to find a new one. This is when Marc Gosselin joined the band as lead guitar and singer. Gosselin was a good-looking, tall and lanky cowboy and was a crowd pleaser," Martel explained.

"I remember the girls standing up and screaming the minute he set foot on the stage. This brought some very comical and special moments in our weekend gigs. Gosselin was a real star and people thought he was American. These were wonderful years of good music and fun," Martel said.

One day, he decided he had enough of playing every weekend after working hard all week. He was tired and decided to quit the band and moved to Ste-Claude right in the country, to be able to have his own garden, raise some horses, get closer to nature and finally start his family.

He lived there and raised his two kids, a boy and a girl, until they were gone from the house to pursue their studies in 2005. That is when he decided to come back to Sherbrooke. After years on the farm the couple wanted to be closer to everything. Both of them love sports such as skiing, cycling and he loves golfing, so it was more practical to live in town.

"We moved to Sherbrooke and right away I had a phone call from a musician who wanted me to play with a bunch of friends. I had always kept my drums, but I was wondering if I would still be in shape to perform," explained Martel.

"I decided to give it a try and found out that my physical condition was still very good, so I started rehearsing with them. I was able to get all the flexibility and dexterity in my wrists back. Music has evolved, beats are a little different but I managed to adapt very well. Steadiness is important for a drummer so it means many hours of practice to get back to that precision," he said, of his return to drumming.

Even during the phases when he was not playing music, Martel never stopped being an avid music lover and a fervent consumer of albums, always trying to discover new sounds and new artists.

Sharing his findings with friends and comparing points of view was always important to him. His enthusiasm for music has always been infectious and his taste very eclectic. He keeps an open mind no matter what he is listening to. And he found a way to compare drumming to sports.

"A drummer in a band is a little bit like a goalie in hockey. The musicians (guitar, keyboard, bass, singer) create the core and melody of the music together while the drummer is apart providing the rhythm, punctuating the changes in the beat and the solos, supporting the other musicians while always making sure to keep control of the ensemble," stressed Martel.

Now part of the group Labandalou, which specializes in retro music, Martel also plays once in a while with a group based in Coaticook. According to him, musicians today play a lot more for the pleasure than for the money which barely covers their fees. For quite a few years now, the drummer has added country music by choice to his repertoire.

"Since the very beginning, I have followed the evolution of music, mainly the British Invasion, until one day a dear friend of mine insisted that I listen to the Pancho and Lefty album featuring Willie Nelson and Merle Haggard. I was amazed to hear the arrangements. Country music is constantly evolving and I can now say that Merle Haggard remains my favorite country artist for the way he can tell a story."

What's On

EVENTS

June 6

The Boundary Rotary Book Store at 4 Principal in Stanstead will be open from 9 a.m. to 12 p.m. on Saturday, June 6. We have a large variety of books in both French and English. Fill a large bag for $20. or a small bag for $10. Come support The Rotary Club of the Boundary.

June 17

Townshippers' Association presents Video Conference: Arthritis. June 17, 10 a.m. to 11:30 am. Online through zoom; phone-in option available. To register, contact: Lisa Payne (lpayne@townshippers.org) or Marie-Lisa Jolin (mlj@townshippers.org).

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Townships on the menu

Personally, I find that using the parchment paper keeps the pizza stone cleaner than when dripping sauce and melted cheese infiltrating the pores of the stone.

Pizza on the barbecue

Brad Laurie

A reader recently asked about how to barbecue pizza. This is something that you must absolutely try this summer. In my opinion, pizza baked on the barbecue is amazing and excels over traditional oven baked pizza. When done properly, the crust is crispier than when baked in an oven and the overall quality of the crust is ethereal.

Not many people have a wood-fire brick pizza oven, however many more people own a charcoal or propane barbecue. Over the past few summers I have been experimenting using my propane barbecue to make pizza and honestly, I have had both great experiences and a few near disasters. There are numerous ways to achieve the goal and I will share with you a few as well as some of the mistakes I've made.

For starters, why would you ever want to make pizza on the barbecue? Conventional ovens only heat up to 450° or 500°, whereas a barbecue can reach 700° or more and that is desirable for cooking your pizza. One advantage of getting the heat that high, is that you can cook your pizza in less time. At 700° you can bake your pizza in four or five minutes whereas in a traditional oven it will take eight to ten minutes at 500° and the lower the heat is, the longer it takes.

For all of the methods below, preheat your barbecue on high heat for thirty to forty-five minutes. Make sure that you position your pizza in the centre of the grill. When using a pizza stone, you'll want to let the heat penetrate through and through.

First Method: You can put the dough directly onto the grill! Roll out your dough to 3/8" to 1/2" thickness, brush the grill with oil (garlic steeped oil is a good option). When the bottom of the crust is lightly browned, turn it over. Brush the top with oil, add tomato sauce, toppings and cheese. Close the barbecue lid and continue to cook until the cheese is melted. I personally don't like this method as some of the ingredients tend to fall through the grill and gets a bit messy.

For the next two methods, you will prepare the pizza in advance and transfer it to a hot pizza stone. I suggest rolling and dressing your pizza on parchment paper prior to transferring it to the pizza stone. I am a big fan of parchment paper, so I always cook my pizza with a piece between the dough and the stone. You may wish to leave your pan under the pizza or remove it, cooking directly on the stone or on the parchment paper.

Personally, I find that using the parchment paper keeps the pizza stone cleaner than when dripping sauce and melted cheese infiltrating the pores of the stone. Be sure to trim the paper smaller than the stone so that the edges don't catch on fire.

Second Method: Pizza stone directly on the grill. The danger here is that the pizza stone my break due to the direct heat. I like to put a piece of aluminium foil as a heat deflector.

Third Method: Elevate the pizza stones. I like this method best as it has several advantages. Use two or three clay bricks, with the holes, to distance the pizza stone from the grill. This favours good air flow and positions the pizza stone closer to the middle of the barbecues cover. Since heat rises, it is hotter there than directly on the grill itself.

Keep a eye on the time and make sure that your under-crust does not burn and you will agree that this is one of the best ways to bake pizza.

Don't make the same mistakes I've made. First Mistake: Never, ever wash your pizza stone with soap or submerge it in water. The pores will absorb the soap and impart an undesirable taste to your next pizza. Those same pores will absorb the water like a sponge and may cause your pizza stone to "explode" or shatter as the water heats up inside the stone.

Second Mistake: I thought it would be a good idea to put two pizza stones on my grill, however, my barbecue would not accommodate two 15" stones so I decided to trim them so that the 2 would fit side by side. I used my water tile cutter... refer to my first mistake. The first pizzas I made, the bottoms burned to a crisp within two minutes and I had to quickly turn on the oven to finish that meal. I don't know about you, but I don't really enjoy the taste of charred crust. Also, with two stones, there was no longer sufficient air circulation which also contributed to burning the bottom of the crust. Whichever method you use, enjoy your pizza!

I would love to hear your feedback and answer any pizza related questions.

If you would like to try Brad's Gourmet pizza dough mix, visit www.bradsgourmet.com

Your week on TV

WEEKDAY MORNING

	Bell	Star		6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
WCAX 3	-	-		Channel 3 News Morning		CBS This Morning				Rachael Ray		The Doctors		The Price Is Right	
WPTZ 5	-	-		NBC5 News Today		Today				Live with Kelly and Ryan		Today 3rd Hour		Today With Hoda & Jenna	
CBMT 6	206	301		Daybreak		(:11) Addison	True Rainbow	(:08) PJ Masks	(:20) PJ Masks	True Rainbow	(:35) Arthur	(9:48) Arthur	Daniel Tiger	True Rainbow	Stella & Sam
CHLT 7	107	718	F	(5:30) Le Québec matin (N)		Salut bonjour (N) (SC)								Le tricheur	Mario Dumont
			M												
			T												
			W												
			Th												
WMTW 8	-	-		WMTW News 8 at 6am		Good Morning America				Live with Kelly and Ryan		Tamron Hall		The View	
CKSH 9	108	-		Ollie et Moon	Sous les mers	Garfield et cie	Belle	Transform	Geronimo	Doc humanité		Varied Programs		COVID-19: le point	
CKMI 11	-	-		Global News Morning						The Morning Show		Property Brothers		Tamron Hall	
CFCF 12	205	312		Your Morning		Your Morning	Your Morning	Your Morning	Your Morning	Live with Kelly and Ryan		The Marilyn Denis Show		The View	
WVNY 22	-	-		Local 22 News This Morning		Good Morning America				The Mel Robbins Show		Paid Program	Paid Program	The View	
WUTV 30	-	-		Chess Set	Var. Programs	2 on Your Side Daybreak		Var. Programs	Couples Court	The 700 Club		Judge Mathis		Judge Jerry	Judge Jerry
CFKS 31	106	726	F	NVL (SC)	Moment V	Moment V (SC)		Moment V	NVL en bref	Moment V	NVL en bref	Infopublicité	Infopublicité	Supergirl "Soleil lointain"	
			M												
			T												
			W												
			Th												
WUHF	-	363		Good Day Rochester		Good Day Rochester		Good Day Rochester		Judge Mathis		The Wendy Williams Show		Judge Jerry	Judge Jerry
WETK	-	-		Classical Strt	World News	Xavier Riddle	Peg & Cat	Elementary	Molly of Denali	NOVA		History Detectives		Nature	
WCFE	-	-		Nature Cat	Odd Squad	Molly of Denali	Curious	Xavier Riddle	Daniel Tiger	Daniel Tiger	Wild Kratts	Elementary	Sesame Street	Mountain Lake	Var. Programs
A&E	615	520		Var. Programs	Joyce Meyer	Varied Programs		The First 48		The First 48		The First 48		The First 48	Var. Programs
CNN	500	500		New Day With Alisyn		New Day With Alisyn		New Day With Alisyn		CNN Newsroom With Poppy		CNN Newsroom With Poppy		CNN Newsroom	
DISC	520	505	F	Mayday "The Final Blow"		Mayday CC (DVS)		Mayday "Fatal Delivery"		Highway Thru Hell		North Woods Law CC		Lone Star Law CC	
			M												
			T												
			W												
			Th												
DRAMA	620	523	F	"Forget and Forgive" (2014) Elisabeth Röhm. CC				Flashpoint "Blue on Blue"		"Forget and Forgive" (2014) Elisabeth Röhm. CC				Flashpoint "Blue on Blue"	
			M	"Trigger Point" (2015) Jordan Hinson, Yani Gellman. CC						"Trigger Point" (2015) Jordan Hinson, Yani Gellman.					
			T	"The Black Widow Killer" (2018, Suspense) Erin Karpluk.						"The Black Widow Killer" (2018, Suspense) Erin Karpluk.					
			W	"Dangerous Intuition" (2013) Tricia Helfer, Estella Warren.						"Dangerous Intuition" (2013) Tricia Helfer, Estella Warren.					
			Th	"Eyewitness" (2016, Suspense) Lindy Booth, Jon McLaren.						"Eyewitness" (2016, Suspense) Lindy Booth, Jon McLaren.					
HIST	522	506		Canadian Pickers		Ice Road Truckers		Ice Road Truckers		Salvage Kings		Security	Security	Security	Security
PARMT	628	584		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue	
RDI	126	730		RDI matin		Varied Programs					L'info			Varied Programs	
SHOW	616	521		Lost Girl		Movie				Movie				Movie	
SLICE	601	562		ET Canada	Say Yes-Dress	Love It or List It		Varied Programs							
TLC	521	560		Sweet Home Sextuplets		Outdaughtered		Outdaughtered		Varied Programs					
TSN	400	400	F	SportsCentre	SportsCentre	SportsCentre	SportsCentre	SportsCentre	SportsCentre	SportsCentre	SportsCentre	SportsCentre	SportsCentre	CFL Football CC	
			M											Curling CC	
			T											Chicago Bulls Classic CC	
			W									CFL Football From Nov. 29, 2009. CC			
			Th									MLB Baseball From Sept. 8, 1998. CC			
YOUTH	551	542		Go Away Uni	Cloudy, Meat	Wayside	Chuck's	Looped	Loud House	Cloudy, Meat	Cloudy, Meat	Go Away Uni	(:40) Looped	Chuck's	Max & Shred

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Your week on TV

WEEKDAY AFTERNOON

	Bell	Star	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
WCAX 3	-	-	Across/ Fence	The Young and the Restless		Bold/Beautiful	The Talk		Let's Make a Deal		Family Feud	Family Feud	Channel 3	3 News
WPTZ 5	-	-	NBC5 News	Daily Blast	Days of our Lives		Tamron Hall		Dr. Phil		The Ellen DeGeneres Show		NBC5 News	NBC5 News
CBMT 6	206	301	CBC News Network		Murdoch Mysteries		Heartland		Escape	Var. Programs	The Dog House		Jamie's-Meals	Jamie's-Meals
CHLT 7	107	718	(:13) Le TVA régional		Movie	Varied Programs			TVA nouvelles	Feux d'amour	Var. Programs	Top modèles	(4:58) TVA nouvelles	
WMTW 8	-	-	WMTW News 8 at Noon		Pandemic-Need to Know		General Hospital		The Ellen DeGeneres Show		WMTW News 8 at 4pm		WMTW News 8 at 5PM	
CKSH 9	108	- F	(11:00) COVID-19: le point (N)		COVID-19: le point (N) (SC)		"La petite reine" (2014, Drame) Laurence Leboeuf. (DVS) (SC)				Bonsoir bonsoir! (SC)		En direct avec Patrice Roy (N)	
		M					★★★★ "La fille dans le parc" (2007) Sigourney Weaver. (SC)				Lumière sur... "Pauline Martin"			
		T					Brokenwood Une partie de chasse qui a mal tourné.				Bonsoir bonsoir! (SC)			
		W					"Suzanne" (2013, Drame) Lola Dueñas, Sara Forestier. (SC)							
		Th					Inspecteur Barnaby "Sculptures et sépultures" (DVS) (SC)							
CKMI 11	-	-	Global News	ET Canada	Days of our Lives		The Talk		Rachael Ray		Save My Reno	The Young and the Restless		Global News
CFCF 12	205	312	CTV News Montreal		The Social		Dr. Phil		The Dr. Oz Show		The Ellen DeGeneres Show		CTV News Montreal at 5	
WVNY 22	-	-	Hot Bench	Hot Bench	Pandemic-Need to Know		General Hospital		The People's Court		Judge Judy	Judge Judy	Judge Judy	Judge Judy
WUTV 30	-	-	The Steve Wilkos Show		Maury		Judge Mathis		Injury Court	Injury Court	25 Words	America Says	Family Feud	Family Feud
CFKS 31	106	726	Souper parfait	Movie				Movie				Les Simpson	Les Simpson	Guerre-clans
WUHF	-	363	The Steve Wilkos Show		Maury		Medicare	Divorce Court	Hot Bench	Hot Bench	Judge Judy	Judge Judy	The People's Court	
WETK	-	-	Molecule That Made Us		NOVA		History Detectives		Odd Squad	Varied Programs				World News
WCFE	-	- F	Monstrum	Origins-Every.	The Rockies: Kingdoms		Magical Land of Oz "Human"		American Experience Americans go to the moon and back.				Daniel Tiger	Curious
		M	(11:00) Mountain Lake PBS Pledge											
		T												
		W												
		Th												
A&E	615	520	The First 48	Var. Programs	The First 48	Var. Programs	The First 48	Var. Programs	The First 48	Var. Programs	The First 48	Var. Programs	The First 48	
CNN	500	500	CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		The Lead With Jake Tapper		Situation Room With Wolf	
DISC	520	505 F	CSI: Crime Scene Investigat'n		CSI: New York 🎧 CC		Homicide Hunter: Kenda		Homicide Hunter: Kenda		CSI: Crime Scene Investigat'n		CSI: New York 🎧 CC	
		M	CSI: New York 🎧 CC								CSI: New York 🎧 CC			
		T												
		W												
		Th												
DRAMA	620	523	Movie				Flashpoint		Varied Programs					
HIST	522	506 F	Timber Kings "Coming Home"		History Erased "Sweden" 🎧		Ancient Aliens CC (DVS)		Unidentified: America's UFO		Unidentified: America's UFO		Unidentified: America's UFO	
		M			Salvage Kings "Mall Rats" 🎧		Forged in Fire "Khanda" 🎧		Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars
		T							Pawn Stars 🎧 CC (DVS)		Pawn Stars 🎧	Pawn Stars 🎧	Pawn Stars 🎧	Pawn Stars 🎧
		W							Forged in Fire 🎧 CC		Forged in Fire 🎧 CC		Forged in Fire 🎧 CC	
		Th							American Pickers 🎧		American Pickers 🎧 CC		American Pickers 🎧	
PARMT	628	584	Bar Rescue		Bar Rescue		Varied Programs							
RDI	126	730	(1:00) Le téléjournal midi		Var. Programs	L'info	Varied Programs						En direct avec Patrice Roy	
SHOW	616	521 F	(11:00) "Pretty Little Addict"		"Dying to Be Loved" (2016) Lindsay Hartley. 🎧 CC (DVS)				NCIS "Viral" 🎧 CC (DVS)		NCIS "16 Years" 🎧		NCIS "Saviors" CC (DVS)	
		M	(11:00) ★★ "Foolproof" (2003)		"Abducted: The Mary Stauffer Story" (2019) Corina Akeson.									
		T	"Yesterday, Today"		"V.C. Andrews' Web of Dreams" (2019) Jennifer Laporte. 🎧									
		W	"Death of a Cheerleader" 🎧		"V.C. Andrews' Dark Angel" (2019, Drama) Annalise Basso. 🎧									
		Th	(11:00) "Breakout" (2013) 🎧		"V.C. Andrews' Fallen Hearts" (2019) Jason Priestley. 🎧									
SLICE	601	562	Love It-List It	Var. Programs	Love It or List It		Say Yes-Dress	Say Yes-Dress	Varied Programs		Blind Date	Movie	Varied Programs	
TLC	521	560	Varied Programs											
TSN	400	400	Varied Programs										SportsCenter	
YOUTH	551	542	Henry Danger	SpongeBob	(:10) Wayside	Chuck's	Movie			SpongeBob	SpongeBob	Loud House	Loud House	Henry Danger

FRIDAY EVENING — JUNE 5, 2020

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	(:01) Channel 3 News at Six	Class of 2020 Graduation	CBS Evening News	Entertainment Tonight (N)	MacGyver MacGyver tackles a locked-door mystery. CC		Magnum P.I. Mercenaries storm the estate. 🎧 CC		Blue Bloods Erin receives an unsolved robbery case. 🎧		Channel 3 News	(:35) The Late Show With Stephen Colbert 🎧 CC	
WPTZ 5	-	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N) 🎧 CC	Wheel of Fortune CC	World of Dance The competition is turned on its head. 🎧		The Wall Bill and Meghan take on the Wall. 🎧 CC		Dateline NBC (N) 🎧 CC		NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (N) CC	
CBMT 6	206	301	CBC Montreal News (N)	Power & Politics (N) CC	Still Standing "Bamfield"	Still Standing "Coleman"	Junior Baking Show Two exciting baking challenges. (N)		The Great Canadian Baking Show 🎧 CC (DVS)		The National (N) 🎧 CC		CBC Montreal News (N)	CBC Arts: Exhibitionists	Schitt's Creek 🎧
CHLT 7	107	718	(5:58) TVA nouvelles (N)	(:29) Le tricheur (SC)	(6:59) Du talent à revendre (N) 🎧 (DVS) (SC)		★★★ "Lucy" (2014, Action) Scarlett Johansson, Morgan Freeman. (SC)		(:45) Vlog 15 "Famille"		TVA nouvelles (N)	(:35) ★ "Sale grand-père" (2016, Comédie) Robert De Niro. Un grand-père se lance dans un voyage avec son petit-fils.			
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune CC	Jeopardy! (N) 🎧 CC	Shark Tank A humane pest control solution. 🎧		(:01) 20/20 "The Sins of the Father" A man nearly gets away with murder. (N) 🎧 CC				WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live!	(12:06) Nightline (N) CC
CKSH 9	108	-	(5:59) Le téléjournal Estrie	Le TJ Extra ICI Estrie (N)	100 génies "Dans vos écrans" Avec Jacobus. (SC)		"Hochelaga, terre des âmes" (2017) Naiade Aoun. Baptiste Assigny trouve des traces de ses ancêtres Iroquois.				Le téléjournal (N) (SC)		(:05) "Anna" (2015, Policier) Anna Mouglalis, Pascale Bussières. (SC)		
CKMI 11	-	-	Global National (N) 🎧	(:29) Global News at 6:30	ET Canada	Entertainment Tonight (N)	MacGyver MacGyver tackles a locked-door mystery. CC		Nurses Grace to is forced to confront her past.		Border Security: America	Border Security: America	Global News at 11 (N)	(:35) The Late Show With Stephen Colbert 🎧 CC	
CFCF 12	205	312	(5:59) CTV News Montreal (N) 🎧 CC		etalk (N) 🎧 CC	The Big Bang Theory 🎧	Shark Tank A humane pest control solution. 🎧		(:01) Carter A new star rides along with Harley. (N) 🎧		Blue Bloods Erin receives an unsolved robbery case. 🎧		News-Lisa	CTV News Montreal (N)	The Big Bang Theory 🎧
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) 🎧 CC	Shark Tank A humane pest control solution. 🎧		(:01) 20/20 "The Sins of the Father" A man nearly gets away with murder. (N) 🎧 CC				Local 22 News (N)	(:35) Jimmy Kimmel Live!	(12:06) Nightline (N) CC
WUTV 30	-	-	The Big Bang Theory CC	Judge Judy 🎧 CC	Judge Judy 🎧 CC	Family Feud 🎧 CC	WWE Friday Night SmackDown (N) 🎧 (Live)				2 on Your Side at 10 (N)	Seinfeld 🎧 CC	Two and a Half Men 🎧	Two and a Half Men 🎧	Last Man Standing 🎧
CFKS 31	106	726	Souper parfait	Souper parfait	Ambulances animales	Ambulances animales	★★ "Wilson" (2017) Woody Harrelson, Laura Dern. Premiere. Un misanthrope part à la recherche de sa fille. (SC)				Bellevue La disparition de Jesse. 🎧 (DVS) (SC)		Souper parfait	NVL (N) (SC)	Moment V (SC)
WUHF	-	363	Modern Family "Chirp" 🎧	Modern Family 🎧 CC	The Big Bang Theory CC	The Big Bang Theory CC	WWE Friday Night SmackDown (N) 🎧 (Live) CC				13WHAM News at 10 on Fox Rochester (N) (Live) CC		DailyMailTV (N) 🎧 CC	The Simpsons CC	Patsy Cline
WETK	-	-	PBS NewsHour (N) 🎧 CC		Outdoor Journal	Vermont This Week (N)	Washington Week (N) 🎧	Leonard Cohen -- Tower of Song A celebration of Leonard Cohen. 🎧 CC			Aging Backwards 3: Fast Track With Miranda		Amanpour and Company (N) 🎧 CC		BBC World News 🎧
WCFE	-	-	World News America	BBC World News Today	PBS NewsHour (N) 🎧 CC		Mountain Lake Journal	New York Now CC	Memory Rescue With Daniel Amen, MD Ways to strengthen one's memory. 🎧 CC				BBC World News CC	Amanpour and Company (N) 🎧 CC	
A&E	615	520	(5:00) Live PD "Live PD -- 05.23.20" 🎧 CC				Live PD: Rewind "Live PD: Rewind 333" (N) 🎧 CC		Live PD "Live PD -- 06.05.20" (N) 🎧 (Live) CC						Live PD 🎧 CC
CNN	500	500	Situation Room With Wolf		Erin Burnett OutFront (N)		Cuomo Prime Time (N) CC		Cuomo Prime Time (N) CC		CNN Tonight w/ Don Lemon		CNN Tonight w/ Don Lemon		Prime Time
DISC	520	505	Highway Thru Hell Colin and Kelly meet a tight deadline.		Heavy Rescue: 401 CC (DVS)		Lone Star Law "Trespassers Beware" CC		Body Cam "Officer Down" CC		Aussie Gold Hunters (N) CC (DVS)		Jade Fever "Bad Brakes"	Jade Fever CC (DVS)	Body Cam CC
DRAMA	620	523	Bones Investigating a tutor's death. 🎧 CC (DVS)		Bones A golfer-turned-lumberjack is murdered. 🎧		Bones Corpses turn up around D.C. 🎧 CC		Bones An old flame from Brennan's past visits. CC		Bones A man dies in a hay baler accident. CC (DVS)		Bones A man's body is found in an acid dump. CC		Bones 🎧 CC
HIST	522	506	Unidentified: Inside America's UFO Investigation 🎧		Unidentified: Inside America's UFO Investigation 🎧		Unidentified: Inside America's UFO Investigation 🎧		Ancient Aliens The key to immortality. 🎧 CC (DVS)		Ancient Aliens Possible remnants of a spacecraft. 🎧		Ancient Aliens Sustenance for extraterrestrials. 🎧		Ancient Aliens 🎧
PARMT	628	584	Catch a Contractor "Worse Than a Warzone" CC		Catch a Contractor A contractor takes off to Mexico.		★★ "Addams Family Values" (1993) Anjelica Huston. A greedy nanny plots to marry and murder Uncle Fester. CC				Catch a Contractor A dream backyard turned nightmare.		Catch a Contractor A handicapped woman's swim spa.		"Addams Family"
RDI	126	730	Le téléjournal avec	(:31) RDI économie (N)	(:01) 24/60 "Édition spéciale COVID-19" (N) (SC)		Les grands reportages (SC)		Le téléjournal avec Pascale Nadeau (N) (SC)		Le téléjournal (N) (SC)		Le national (N) (SC)	(:31) Le national (N)	(12:01) 24/60 (SC)
SHOW	616	521	NCIS "Viral" A murder matches a serial killer's MO.		NCIS A secret society that solves cold cases. 🎧		FBI: Most Wanted A man's daughter goes missing. 🎧		★★ "Battleship" (2012, Science Fiction) Taylor Kitsch, Alexander Skarsgard, Rihanna. Earth comes under attack from a superior alien force. 🎧 CC (DVS)						★★★ "Edge of Tomorrow"
SLICE	601	562	(4:30) ★★ "Me Before You" (2016) Emilia Clarke. 🎧		Blind Date 🎧 CC (DVS)	Blind Date 🎧 CC (DVS)	Blind Date 🎧 CC (DVS)	Blind Date 🎧 CC (DVS)	Married at First Sight "First Comes Marriage, Then Comes Love" Couples have two weeks to plan. 🎧 CC (DVS)				★★ "Me Before You" (2016, Romance) Emilia Clarke, Sam Claflin. 🎧 CC (DVS)		
TLC	521	560	sMothered Cher's new natural birth plan. 🎧		90 Day Fiancé: Self-Quarantined 🎧		90 Day Fiancé: Before the 90 Days "More to Love: The Never-Ending Story" Stephanie reveals a secret. (N) 🎧				90 Day Fiancé: Before the 90 Days 🎧		90 Day Fiancé: What Now? 🎧		90 Day Fiancé
TSN	400	400	SportsCenter (N) (Live) CC		SportsCentre (N) CC	Walking With Giants: Empowered by Sport (N) CC			Giants of Africa (N) CC			SportsCentre CC	CFL Football CC		
YOUTH	551	542	Henry Danger	Henry Danger	Group Chat	Group Chat	"Tarzan" (2013) Voices of Kellan Lutz. 🎧			Go Away Uni	Just Kidding	Just Kidding	Star Falls 🎧	ReBoot-Code	iCarly CC

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Better Newspapers Contest winners announced

Record writers place in four categories

Every year the Quebec Community Newspapers Association (QCNA) holds the Better Newspapers Contest, inviting submissions from journalists across the province in a variety of categories.

Winners are normally announced and presented during the Annual Gala, but due to the COVID-19 pandemic, it is impossible. QCNA canceled the event this year, keeping in mind everyone's safety.

Record Associate Editor Gordon Lambie had two first place wins this year for articles in the best column or feature and best community health categories as well as runner up for best sports story.

Columnist Ross Murray was awarded second runner up in the column writing category.

In a statement announcing the winners QCNA said the organization was thrilled to see the number of responses and the passion reflected in the work of every participant organization and individual in this profession. "Congratulations to all the finalists. These past months have been difficult and we hope the situation gets better soon," said Lily Ryan, President QCNA. "Long live local newspapers!"

The Record would like to congratulate all of this year's winners and thank them for their important contributions to local journalism.

Winners for each category are listed below in order of Winner, First Runner up, and Second Runner up:

Best Overall Newspaper Awards

A1 Best Overall Newspaper

1.Low Down to Hull & Back News
2.The Eastern Door
3.Nunatsiaq News

A2 Best Front Page

1.Nunatsiaq News - GN touts its long-awaited, revised Corrections Act
2.The Suburban Laval - Laval Police speak on sexual abuse of minors
3.The Suburban City - Mondokarnaval lights up Limoilou with world culture

A3 Best Editorial Page

1.The Equity
2.The Suburban City
3.The Suburban Laval

A4 Best Feature Page

1.Low Down to Hull & Back News-Climate Change
2.Quebec Chronicle-Telegraph - Quebecers commemorate victims of 2017 mosque shooting
3.The Equity-"It's a nightmare"

A5 Best Sports Page(s)

1.Quebec Chronicle-Telegraph - Jeux du Québec alpine ski races
2.Laval News
3.The Suburban West Island

A6 Best Special Section

1.The Suburban West - Creative Kids
2.The Suburban City - Back to School
3.Pontiac Journal - Remembrance Day

A7 Best Community Newspaper Promotion

1.The Eastern Door - The Secret Door
2.The Suburban Laval - Hat Trick Ball Hockey tournament
3.Low Down to Hull & Back News-Cheeky subscription drive

A8 Best Ad1. The Suburban West Island - Moda_Elle_Oliver Sutton
2.The Suburban City - Happy Holidays, Bailey Blu_Oliver Sutton
3.The Eastern Door - Casting cal

A9 Best Website

1.Nation News
2.The Suburban City
3.Laval News - lavalnews.ca

WRITERS' AWARDS

B1 Best News Story

1.Iorì: wase - Greg Horn: Armed standoff ends in tragedy
2.The Equity- JD Potié: Waters rising
3.The Suburban City - Joel Goldenberg¬: Decarie' ready for more traffic?

B2 Best Feature Story

1.Nunatsiaq News - Lisa Gregoire: Another shot: homeless Ottawa Inuit find comfort in a managed alcohol program
2.Nunatsiaq News - Elaine Anselmi: A hybrid cruise ship and a call for a ban on HFO
3.Nation - Amy German: Home Delivery

B3 Best Feature Series

1. Quebec Chronicle-Telegraph - Charles André Nadeau: 75th anniversary of the Normandy landings: Debating D-Day; Planning D-Day, Invasion begins
2. Quebec Chronicle-Telegraph- Lise Lafond: A year-long adventure to help save our planet begins; Is your computer really off ... or is it wasting energy?; The anatomy of a landfill.
3. The Suburban City- Joel Goldenberg : Hampstead and demolition of CSL Road apartment buildings

B4 Best Business Story

1.Quebec Farmers' Advocate - Brenda O'Farrell: Technology can 'catapult Canadian farming back to the forefront of global food innovation'
2.Iorì:wase - Jordan Standup: Old Malone Pharmacy spreading its roots in Kahnawake
3.Nation - John Thompson: Nunavut mining reps discuss Inuit employment challenges

B5 Best Investigative Reporting

1.Nunatsiaq News - Sarah Rogers: Nunavut moves towards online health inspection reports, but legislation lags
2.Nation - Patrick Quinn: Quebec's Long Gun Registry
3.Nunatsiaq News - Emma Tranter: Some Kivalliq beneficiaries ineligible to vote in upcoming KIA election

B6 Best Sports Story

1.Nation - Julie McIntosh: Softball Strikeout
2.Record – Gordon Lambie: Strange sports in the Townships: Woodsmen competitions
3.Nation - Patrick Quinn: Husky Competition

B7 Best Arts & Entertainment Story

1.Nation - Martin Siberok | Artwork by Kent Monkman: The Art of Survival
2.The Suburban City- Kristine Berey : World Press PhotoExhibition showcases excellence in visual storytelling
3.Nation - André Simoneau: Boycott

B8 Best Column Writing

1.The Suburban City - Anthony Bonaparte: City
2.Pontiac Journal-Fred Ryan: An election for the history books: No disaster
3.Record- Ross Murray: Oil spill

B9 Best Business Column or Feature

1.Record - Gordon Lambie: Keeping things local in the old northward
2.Nation- Ben Powles: Banking on Whapmagoostui
3.Nation-Patrick Quinn: Diamonds are Forever

B10 Best Editorial (local affairs)

1.Laval News - Renata IsopoIs: Quebec on the right track
2.Low Down to Hull & Back News-Nikki Mantell: Rural Anglos need more health support
3.The Equity- Chris Lowrey: We talked about this ...

B11 Bob Phillips Award for Best Editorial (general)

1.Nation - Will Nicholls: Still Waiting for a Lifeline
2.Nunatsiaq News- Jim Bell: Nunavut repudiates the Liberals
3.Low Down to Hull & Back New-Nikki Mantell: Just say no to Bill 21

B12 Best Headline Writing

1.The Suburban City - Mark Lidbetter
2. The Suburban Laval- Mark Lidbetter
3.Nation-Lyle Stewart, Martin Siberok, Will Nicholls, Dan Isaac

B15 Best Education Story

1.The Eastern Door - Daniel J. Rowe: Third grader gifted with language
2.Nunatsiaq News-Dayna Bruce: Nunavut's student funding isn't enough to live on, out-of-territory students say
3.The Suburban City - Mark Lidbetter: Making a pitch on the pitch to further their education

B16 Best Agricultural Story

1.Quebec Farmers' Advocate - Brenda O'Farrell: How stressed are Canadian farmers?
2.Quebec Farmers' Advocate - Andrew McClelland: Where's the beef?
3.Nation- Andre Simoneau: Winter Harvest

B17 Best Environmental Story

1.The Equity- JD Potié, Caleb Nickerson, Chris Lowrey: Water still a-risin'
2.The Eastern Door- Lindsay Richardson: Pipeline project prompts protests
3.Low Down to Hull & Back News-Hollie Davies: Elizabeth the butterfly gets new wings

Cont'd on page 13

PLAN nature

IS PRESERVING SHERBROOKE'S NATURAL ENVIRONMENTS SOMETHING YOU TRULY CARE ABOUT? →

PUBLIC INFORMATION SESSION
(In French only)

To participate in this session, at 7:30 p.m. on **Wednesday, June 17**.

GO TO: Sherbrooke.ca/plannature

Attend the virtual information evening explaining the collaborative process required to develop the **Plan nature**, a planning tool for the region mandated by the provincial government.

The Plan nature must focus on natural environment conservation with the goal of achieving:

- A more sustainable use of natural environments.
- An increased attraction to the region.
- A policy to prevent environmental issues.
- An improvement in the living environment.

FOR ANY RELATED QUESTIONS: sherbrooke.ca/plannature
plan.nature@sherbrooke.ca

Ville de Sherbrooke

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Contest winners

CONT'D FROM PAGE 13

B18 Best Municipal / Civic Affairs Story

1.The Equity- Caleb Nickerson: Health care workers speak out about short staffing

2.The Equity- JD Potié: A RECORD more than 20 power outages in a month for Allumettes

3.Nunatsiaq News- Sarah Rogers: Only Nunavik-based legal aid lawyer now based outside the region

B19 Best Community Health Story

1.Record- Gordon Lambie_My People Need Help

2.Nunatsiaq News - Sarah Rogers: Nunavut health centre offers minimum services

3.Low Down to Hull & Back News- Jake Munro: Chronic Fatigue

PHOTOGRAPHY AWARDS

B20 Best News Photo

1.Low Down to Hull & Back News- Hunter Cresswell: Brush fire in Edelweiss

2.Iorì: wase - Greg Horn: Kanehsatake battles floodwaters

3.The Eastern Door- Daniel J. Rowe: Devastating fire destroys barn

B21 Best Feature Photo

1.The Equity- Caleb Nickerson: A community in mourning

2.Quebec Chronicle Telegraph-Cassandra Kerwin: Historical Days on the Plains of Abraham: city under siege

3.Quebec Chronicle-Telegraph-Peter Black: Le Vaisseau fantôme conquers the Grand Théâtre

B22 Best Sports Photo

1.The Suburban West Island - Rob Amyot : Experience and discipline key in Zulus win over Gryphons

2.Quebec Chronicle-Telegraph - Cassandra Kerwin: Alex Harvey reigns on the Plains of Abraham

3.The Suburban West Island - Rob Taussig: Lions battling the Goliath that is the Levis Chevaliers in round three of the playoffs

B23 Best Photo Essay

1.Quebec Chronicle-Telegraph - Cassandra Kerwin, Cheryl Stabinski-Spring comes marching in with the Défilé de la Saint-Patrick

2.The Suburban City - Beryl Wajsman, Karen Cross, Anthony Bonaparte: A celebration of Nos Amours 50th anniversary: Rob Amyot

3.The Eastern Door - Natalia Fedosieieva: Kanesatake flooding

B24 Best Editorial Cartoon

1.The Suburban City - Anthony Bonaparte: The Secularism Law

2.Low Down to Hull & Back News - John Miedema¬: In the absence of rental accommodation

3.The Suburban West Island-Anthony Bonaparte: Campaigning Federal Leaders

B25 Best Advertising Creation Large Format (1/2 page or larger)

1.The Suburban West Island - Stephen Balena¬: Dog Training Montreal

2.Low Down to Hull & Back News - Aleks Gniazdowska: National Kids camp

3.The Suburban Laval - Oliver Sutton: I love this ad and the captivating art. Very clean and attractive

B26 Best Advertising Creation Small Format (smaller than 1/2 page)

1.Low Down to Hull & Back News - Aleks Gniazdowska: Physio des Collines

2.The Suburban West Island - The Suburban West Island: M. Smiline

3.The Suburban West Island - Stephen Balena: ABC Compression

FREE

CONGRATS
CLASS OF
2020

We know ceremonies have been postponed - and we want to honour the High School Graduates of 2020

The Record is inviting proud parents, grandparents, aunts, uncles, friends and neighbours to send a message of congratulations to a 2020 high school graduate - at no cost.

And graduates - at no cost, send us a photo of you in your prom attire before June 5 and **we will publish it in a keepsake special section, set to publish June 16.**

Email your submissions to classad@sherbrookerecord.com by June 5, 2020

We need the **best from you**

Make the move to become a **CHSLD orderly**

New Skills Training Certificate leading to a rewarding job

- **3-month** classroom and workplace training
- $760 weekly training **bursary**
- Direct access to a **job** in a CHSLD
- Annual salary of **$49,000**

Thank you for your solidarity

Register → Québec.ca/orderly

Registration ends: June 5 at 5 p.m.

Votre gouvernement

Québec

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Your week on TV

SATURDAY DAYTIME — JUNE 6, 2020

	Bell	Star	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30
WCAX 3	-	-	CBS This Morning: Saturday (N)				Lucky Dog (El)	Innovation Nation	Mission Unstop	Pet Vet-Team	Paid Program	Paid Program	Summer Movie	60 Minutes Sports: Timeless Stories (N)		Course Record	PGA Tour Golf (N)	
WPTZ 5	-	-	(7:00) Today (N)	Hanna Into the Wild	Teen Kids News (N)	Hanna Into the Wild	Earth Odyssey	Earth Odyssey	Consumer 101 (N)	Vets Saving Pets	Roots Less	Champ Within	French Open Classics Men's final. From June 11, 2006.					
CBMT 6	206	301	(:11) Beat Bugs	(:47) PJ Masks	Kingdom Force	True Rainbow	Molly of Denali (N)	Detention Adventure	Rusty Rivets	(:41) Arthur	Terra Mia Italian-Canadians in Quebec.		Warrior Fathers		Olympic Games Replay (N)			
CHLT 7	107	718	(6:00) Salut bonjour week-end (N) (SC)				★★★ "Heure limite" (1998, Action) Jackie Chan, Chris Tucker, Tom Wilkinson. (DVS) (SC)				TVA nouvelles (N)	Hors Québec (N)	"Les extraterrestres ont mangé mon devoir" (2018) Voice of William Shatner. Premiere. (SC)				(2:49) "Le Hobbit: La désolation de Smaug"	
WMTW 8	-	-	Good Morning America (N)		Jack Hanna	Ocean Treks	Hearts of Heroes (El)	Rock the Park	oh baby!	oh baby!	AAA Benefits	Retire Now TV	Paid Program	Foot Pain	UFC Live: Nunes vs. Spencer Pre-Show (N)		E:60	
CKSH 9	108	-	Arthur et les	Transylvanie	Sept nains et moi	14 mille millions	Vite pas vite (SC)	L'effet secondaire	Estrie	L'épicerie (SC)	Téléjournal	Sauvetage ultime (N)	Doc humanité "Djihadistes de père en fils"		Faire oeuvre utile (DVS) (SC)		Maigret "Maigret au Picratt's" (DVS) (SC)	
CKMI 11	-	-	Fish'n Canada	Real Fishing	Paid Program	Fishful Thinking	Powerboat Television	Paid Program	Anna Olson	Carnival Eats	Entertainment Tonight (N)		Carnival Eats	Carnival Eats	Fire Masters "No Charred Feelings"		Rust Valley Restorers "Rustang to Mustang"	
CFCF 12	205	312	Your Morning Weekend (N)		Operation Smile		Cash Cab	Cash Cab	Written Canada	Moneytalk (N)	This Is Us Rebecca hosts a dinner party.		★ "Armed and Dangerous" (1986, Comedy) John Candy, Eugene Levy. Premiere.				Seinfeld	Seinfeld
WVNY 22	-	-	Good Morning America (N)		Good Morning America (N)		Jack Hanna	Ocean Treks	Hearts of Heroes (El)	oh baby!	Paid Program	AAA Benefits	More Hair	Paid Program	UFC Live: Nunes vs. Spencer Pre-Show (N)		E:60	
WUTV 30	-	-	Cooking with Emeril!		Skin Care	L King Report	Emeril	Easy Indoor	Paid Program	Skin Care	Raw Travel	Skin Care	Two and a Half Men	Two and a Half Men	Big Bang Theory	Big Bang Theory	Raw Travel	Larry King Special
CFKS 31	106	726	Infopublicité (SC)	Moment V (SC)	Infopublicité (SC)	NVL weekend (N)	RPM Le Jeep Gladiator Overland 2020. (SC)		RPM plus (SC)		Infopublicité (SC)	Infopublicité (SC)	Chicago Police "Où est Sarah Murphy?"		★★ "Romy et Michèle, les reines de la soirée" (1997) Mira Sorvino, Lisa Kudrow. (SC)			
WUHF	-	363	Xploration Space	Awesome Planet	Weird but True	Xploration DIY Sci	Emeril	Easy Indoor	Paid Program	Skin Care	Ring of Honor Wrestling (N)		★★★ "Barefoot in the Park" (1967, Comedy) Robert Redford, Jane Fonda.				Big Bang Theory	Big Bang Theory
WETK	-	-	(7:00) 5 Day Rapid Reset With Dr. Kellyann		Outdoor Journal	MotorWeek (N)	Field Trip With	Ultimate Veg	Moveable Feast	Martha Bakes	Test Kitchen	Cook's Country	Woodsmith	This Old House	Ask This Old House	Antiques Roadshow "Charleston"		Ken Burns-Park
WCFE	-	-	Wild Kratts	Wild Kratts	Odd Squad	Odd Squad	Mountain Lake PBS Pledge								Mountain Lake PBS Pledge			
A&E	615	520	Flipping Vegas "Old Folks Home"		Zombie House Flipping		Zombie House Flipping "The Speed Flip"		Sell This House!	Sell This House!	Live PD "Live PD -- 04.24.20"				Live PD "Live PD -- 06.15.18" Riding along with law enforcement.			
CNN	500	500	New Day Weekend		Smerconish (N)		Covid-19		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom	
DISC	520	505	Lone Star Law "Trespassers Beware"		North Woods Law "Fighting the Flood"		North Woods Law "High Jinks"		North Woods Law "Ice Out"		Lone Star Law "Crash Course"		Mighty Cruise Ships "Paul Gauguin"		Heavy Rescue: 401 (DVS)		Mayday "Controversial Crashes"	
DRAMA	620	523	Bones Aubrey faces a moral dilemma.		Bones Investigating a tutor's death.		Bones (DVS)		Bones Corpses turn up around D.C.		Bones		Bones A man dies in a hay baler accident.		House "Carrot or Stick" (DVS)		House "Family Practice" (DVS)	
HIST	522	506	Black Watch Snipers Sniper unit members share their stories.			D-Day in 14 Stories Personal accounts of June 6th, 1944.			Pawn Stars A trophy is awarded to Dr. J.		Pawn Stars	Pawn Stars	Forged in Fire "Ultimate Team Challenge"		Forged in Fire: Cutting Deeper		Pawn Stars A trophy is awarded to Dr. J.	
PARMT	628	584	★★ "Beverly Hills Cop II" (1987, Comedy) Eddie Murphy, Judge Reinhold.				(:15) ★★★ "Beverly Hills Cop" (1984) Eddie Murphy. A Detroit cop goes west to avenge his friend's death.					★★★ "Coming to America" (1988, Comedy) Eddie Murphy, Arsenio Hall, John Amos.				(:45) ★★★ "Trading Places" (1983, Comedy) Dan Aykroyd.	
RDI	126	730	RDI matin "Édition spéciale COVID-19" (N)		RDI matin "Édition spéciale COVID-19" (N)		L'info (N) (SC)	L'info (SC)	COVID-19: le point (N) (SC)		Téléjournal	Le national	(12:59) L'info (N)	L'info (SC)	L'info (N) (SC)	L'info (SC)	L'info (N) (SC)	L'info (SC)
SHOW	616	521	"Baby Monitor Murders" (2020, Suspense) Natalie Sharp, Jon Cor. (DVS)				Border Security	★★ "Independence Day: Resurgence" (2016, Science Fiction) Liam Hemsworth, Jeff Goldblum. (DVS)					★★★ "Terminator 3: Rise of the Machines" (2003) Arnold Schwarzenegger, Nick Stahl, Claire Danes. (DVS)					★★ "Battleship"
SLICE	601	562	Paid Program	Paid Program	Paid Program	★★ "Me Before You" (2016) Emilia Clarke. A paralyzed man develops a bond with his caregiver. (DVS)					★ "What Happens in Vegas" (2008) Cameron Diaz, Ashton Kutcher. (DVS)		★ "Something Borrowed" (2011) Ginnifer Goodwin, Kate Hudson. (DVS)					
TLC	521	560	Extreme Couponing	Extreme Couponing	Extreme Couponing	Extreme Couponing	Extreme Couponing	Extreme Couponing	Extreme Couponing	Extreme Couponing	Extreme Couponing	Extreme Couponing	Extreme Couponing	Extreme Couponing	Hoarding: Buried Alive		Hoarding: Buried Alive	
TSN	400	400	SportsCentre	SportsCentre	SportsCentre	SportsCentre	SportsCentre	SportsCentre	SportsCentre	NASCAR Xfinity Racing Series Cheddar's 300. From Bristol Motor Speedway in Bristol, Tenn.						Red Bull Homestretch (N)		Motoring TV
YOUTH	551	542	44 Cats	It's Pony	Sponge.	Sponge.	Loud	Casagran	Loud	LEGO City	"Tarzan" (2013) (DVS)			Go Away	Power	Cloudy	Sponge.	Sponge.

SATURDAY EVENING — JUNE 6, 2020

	Bell	Star	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	(3:00) PGA Tour Golf From Muirfield Village Golf Club in Dublin, Ohio. (N)				Channel 3 News	Weekend News	Entertainment Tonight (N)		Bull Bull must defend a clinical sociopath.		NCIS: Los Angeles "Hail Mary"		48 Hours (N)		Channel 3 News	Friends	The Grand Ole
WPTZ 5	-	-	Finally the One: American Pharoah's Run to the Triple Crown				NBC5 News at 6	Nightly News	Jeopardy!	Wheel of Fortune	IndyCar Racing Genesys 300. From Fort Worth, Texas. (N) (Live)				Saturday Night Live (N)		NBC5 News	(:29) Saturday Night Live	
CBMT 6	206	301	(2:00) Olympic Games Replay (N)				(5:59) CBC News Live	Just for Laughs	"Kayak to Klemtu" (2018) Evan Adams. A 14-year-old girl readies for a kayak trip.				"Mouthpiece" (2018, Drama) Amy Nostbakken, Norah Sadava. (DVS)				Olympic Games Replay	
CHLT 7	107	718	(2:49) ★★★ "Le Hobbit: La désolation de Smaug" (2013) Ian McKellen. (SC)				TVA nouvelles (N)	★★ "Mise à l'épreuve" (2014) Ice Cube. Un homme fait équipe avec son futur beau-frère.			(:27) ★★ "Des agents très spéciaux: Code U.N.C.L.E." (2015, Action) Henry Cavill, Armie Hammer. (DVS) (SC)						TVA nouvelles (N)	(:16) ★★ "La tour sombre" (2017)	
WMTW 8	-	-	E:60		Homes & Estates	Foot Pain	WMTW News 8 at	World News	Wheel of Fortune	Jeopardy!	The Last Dance		The Last Dance		The Last Dance		WMTW News 8	Castle "Wrapped Up in Death"	
CKSH 9	108	-	(3:00) Maigret "Maigret au Picratt's"		La semaine verte (N) (SC)		Téléjournal Estrie	Souvenirs	Les enfants de la télé (SC)		Anne avec un E (N) (DVS) (SC)		Ici on chante (SC)		Le téléjournal	Doc humanité "Chats et star" (N) (SC)		La vérité sur l'affaire Harry Quebert	
CKMI 11	-	-	Border Security	Border Security	Border Security	Global National	Global News at 6	Global National	Crime Beat (N) (Part 2 of 2) (DVS)		Border Security	Border Security	Private Eyes "The Grape Deception"		Ransom "Stay of Execution"		Global News	(:29) Saturday Night Live	
CFCF 12	205	312	Seinfeld	Seinfeld	Big Bang Theory	Big Bang Theory	CTV News Montreal (N)		W5 Sharks at Canada's Atlantic coast.		WE Celebrate: Class of 2020 (N)		Movie				News-Rinaldo	CTV News Montreal	(12:05) Pop Life
WVNY 22	-	-	E:60		Burnett	Burnett	World News	Local 22 News (N)	Extra (N)		The Last Dance		The Last Dance		The Last Dance		Local 22 News (N)	Extra	
WUTV 30	-	-	Chess Set	NASCAR Xfinity Racing Series EchoPark 250. From Atlanta Motor Speedway in Hampton, Ga. (N)			PBA Bowling Strike Derby. (N) (Live)						LEGO Masters "Space Smash"		2 on Your Side at 10	Big Bang Theory	Ultimate Tag "Real Men Do Cry"		Earth-WindFire
CFKS 31	106	726	★★ "Comment perdre son mec en 10 jours" (2003) Kate Hudson, Matthew McConaughey. (SC)					★★★ "X-Men: jours d'un avenir passé" (2014, Action) Hugh Jackman, James McAvoy. (SC)					(:15) ★★★ "Transe" (2013) James McAvoy. Des gens cherchent pour un chef-d'oeuvre de Goya. (SC)					NVL weekend	Moment V (SC)
WUHF	-	363	America This	NASCAR Xfinity Racing Series EchoPark 250. From Atlanta Motor Speedway in Hampton, Ga. (N)					PBA Bowling Strike Derby. (N) (Live)				LEGO Masters "Space Smash"		WHAM News	America This	Ultimate Tag "Real Men Do Cry"		ROH Wrestling
WETK	-	-	(3:30) Ken Burns: The National Parks			NewsHour Wk	As Time Goes By	Keep-Appear	Foot in the Grave	My Hero	Miss Fisher's Murder Mysteries		Death in Paradise		Shakespeare and Hathaway -- Private		Austin City Limits "H.E.R."		Underground
WCFE	-	-	(2:00) Mountain Lake PBS Pledge				Mountain Lake PBS Pledge				Last Tango in Halifax		Mountain Lake PBS Pledge						
A&E	615	520	(2:00) Live PD "Live PD -- 06.15.18"		Live PD "Live PD -- 05.22.20"						Live PD: Rewind (N)		Live PD "Live PD -- 06.06.20" (N) (Live)						Live PD
CNN	500	500	CNN Newsroom		CNN Newsroom		CNN Newsroom		Situation Room		Situation Room		Situation Room		CNN Special Program		CNN Special Program		News
DISC	520	505	Lone Star Law "Trespassers Beware"		North Woods Law "Uncuffed"		North Woods Law		North Woods Law "Invisible Evidence"		North Woods Law		North Woods Law "A Test of Strength"		North Woods Law "Hit and Run"		North Woods Law "Triple Threat"		North Woods
DRAMA	620	523	House "You Must Remember This"		The Closer "Repeat Offender"		The Closer "To Serve With Love"		The Closer "Under Control"		The Closer "Forgive Us Our Trespasses"		The Closer "Home Improvement"		The Closer "A Family Affair" (DVS)		The Closer "Death Warrant"		The Closer
HIST	522	506	American Pickers "Van-Tastic"		American Pickers "Corvette King"		War Junk "Juno Beach" (DVS)		D-Day: The Untold Stories The 75th anniversary of D-Day.				D-Day in 14 Stories Personal accounts of June 6th, 1944.		Black Watch Snipers Sniper unit members share their stories.				American Pickers
PARMT	628	584	(2:45) ★★★ "Trading Places" (1983)		★★★ "Beverly Hills Cop" (1984, Comedy) Eddie Murphy, Judge Reinhold.				(:15) ★★★ "Coming to America" (1988, Comedy) Eddie Murphy, Arsenio Hall, John Amos.					★★★ "Trading Places" (1983) Dan Aykroyd. Two men's lives are altered by a bet made between tycoons.						"Beverly Hills II"
RDI	126	730	L'info (N) (SC)	Les décrypteurs	Le téléjournal	L'épicerie (N) (SC)	Le téléjournal	Le national (N)	Découverte La surface de la Terre.		Le national (N)	(:31) Le national	Le téléjournal	Souvenirs	Le téléjournal	Le national (N)	Le téléjournal	Journal France 2	Le téléjournal
SHOW	616	521	(3:30) ★★ "Battleship" (2012) Taylor Kitsch, Rihanna. Earth comes under attack from a superior alien force.					★★★ "Edge of Tomorrow" (2014) Tom Cruise. A soldier in an alien war gets caught in a time loop.					★★ "Independence Day: Resurgence" (2016, Science Fiction) Liam Hemsworth, Jeff Goldblum. (DVS)					"Terminator 3: Rise of the Machines"	
SLICE	601	562	"Something Bo"	★ "What Happens in Vegas" (2008) Cameron Diaz, Ashton Kutcher. (DVS)				★ "Something Borrowed" (2011, Romance-Comedy) Ginnifer Goodwin, Kate Hudson. (DVS)					★★ "Sex and the City" (2008) Sarah Jessica Parker. Carrie Bradshaw and her gal pals continue their adventures in New York.						"Sex and the City"
TLC	521	560	Hoarding: Buried Alive Kathleen; Jamie.		Hoarding: Buried Alive		Hoarding: Buried Alive		Hoarding: Buried Alive Brad; Mary.		Dragnificent! "Mermaid Fantasy"		Dragnificent! Corinne is a tough wrestler.		Dragnificent! "Fly Butterfly, Fly"		Dragnificent! "Pretty in Pink"		Dragnificent!
TSN	400	400	NASCAR Prerace	NASCAR Xfinity Racing Series EchoPark 250. From Atlanta Motor Speedway in Hampton, Ga. (N) (Live)					UFC 250: Nunes vs. Spencer - Prelims Alex Caceres vs. Chase Hooper, featherweights. From UFC APEX facility in Las Vegas. (N)						SportsCentre	Boxing From Sept. 13, 2003. (N)		Boxing From April 20, 2002. (N)	
YOUTH	551	542	Go Away	CitizenKid	Group	All That	★★ "Monsters vs. Aliens" (2009)				Assembly	Assembly	"The Good Witch's Wonder" (2014)				Just Kid	Just Kid	iCarly

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Your week on TV

SUNDAY DAYTIME — JUNE 7, 2020

	Bell	Star	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30
WCAX 3	-	-	**Channel 3 News Sunday Morning** (N)		**CBS News Sunday Morning** (N)		**Face the Nation** (N)		**Best Friends**		**AAA Benefits**		**PBR Bull Riding**		**60 Minutes Sports: Timeless Stories** (N)		**PGA Tour Golf** From Muirfield Village Golf Club in Dublin, Ohio.	
WPTZ 5	-	-	**Sunday Today With Willie Geist** (N)		**Meet the Press** (N)		**Soledad O'Brien**	**Open House**	**Carbonaro Eff.**	**Carbonaro Eff.**	**Major Crimes** A graduate student is shot.		**French Open Classics** Women's final. From June 8, 2013.				**Super Bowl Classics**	
CBMT 6	206	301	**Daniel Tiger**	**(:26) The Moblees**	**True Rainbow**	**Coronation Street**	**Coronation Street**	**Coronation Street**	**Weekly-Wendy**	**Maamuitaau**	**Napagunnaqullusi: So That You Can Stand**		**The Nature of Things** (DVS)		**q** Kirk Hammett shares a personal passion.		**First Play Live**	**Exhibitionists**
CHLT 7	107	718	**(6:00) Salut bonjour week-end** (N) (SC)				★★ **"Retour au jeu"** (2012) Clint Eastwood. Un recruteur et sa fille vont en voyage à Atlanta.				**TVA nouvelles** (N)		**Téléthon Opération Enfant Soleil 2020** (N) (SC)		**"Cooper un amour de chien"** (2011) Jon Michael Davis. (SC)		**"Chemin"**	
WMTW 8	-	-	**Good Morning America** (N)		**This Week W/ George Stephanopoulos**		**Soledad O'Brien**	**Teen Kids News** (N)	**Made in Hollywood**	**Wild About Animals**	**AAA Benefits**	**Emeril**	**Feel the Beat**		**The Last Dance**		**The Last Dance**	
CKSH 9	108	-	**Axel**	**(:41) Boulet Bill 3D**	**Geronimo Stilton**	**Tom Sawyer** (N)	**(9:59) Le jour du Seigneur** (N) (SC)		**Découverte** La surface de la Terre. (SC)		**Téléjournal**	**La semaine verte** (SC)		**Souvenirs**	**100 pour 100 local** (SC)		**"Le Petit Nicolas"** (2009) Maxime Godart.	
CKMI 11	-	-	**Fishful Thinking**	**You Gotta Eat Here!**		**Paid Program**	**Joel Osteen**	**Paid Program**	**The West Block** (N)	**The West Block** (N)	**Worst to First** "Amanda & Darren"		**Carnival Eats**	**Carnival Eats**	**Bryan Inc.** "Lining Up"		★★ **"King Arthur: Legend of the Sword"**	
CFCF 12	205	312	**Children's Villages**	**The Social**	**Operation Smile**		**Context: Beyond**	**Church of the Rock**	**Question Period** (N)		**Cash Cab**	**Cash Cab**	★★★ **"Men in Black"** (1997, Action) Tommy Lee Jones, Will Smith.				**The Goldbergs**	**The Goldbergs**
WVNY 22	-	-	**Good Morning America** (N)		**This Week W/ George Stephanopoulos**		**What Matters**	**The Key of David**	**Paid Program**	**TALCUM**	**Paid Program**	**More Hair**	**Paid Program**	**TALCUM**	**The Last Dance**		**The Last Dance**	
WUTV 30	-	-	**The Ernest Angley Hour**		**FOX News Sunday With Chris Wallace** (N)		**Sharyl Attkisson**	**The Key of David**	**Cooking with Trust**	**Skin Care**	★★★ **"Urban Cowboy"** (1980, Drama) John Travolta. A Texas oil worker looks for love at a popular honky-tonk.					**NASCAR Race Hub**	**NASCAR Cup Series**	
CFKS 31	106	726	**Infopublicité** (SC)	**Moment V** (SC)	**Infopublicité** (SC)	**NVL weekend** (N)	**RPM** La Volkswagen Jetta GLI 2019. (SC)		**RPM plus** Les journalistes. (N) (SC)		**Infopublicité** (SC)	**Infopublicité** (SC)	**Marvel: les agents du S.H.I.E.L.D** (SC)		★★ **"Big Trouble"** (2002) Tim Allen, Rene Russo. (SC)			**(:45) "Miss Populaire"**
WUHF	-	363	**Wild America**	**Best Knife Ever!**	**FOX News Sunday With Chris Wallace** (N)		**Sharyl Attkisson**	**Rochester Press Box**	**Paid Program**	**Paid Program**	**Judge Judy**	★★★ **"Spy Kids"** (2001, Children's) Antonio Banderas, Carla Gugino, Alexa Vega.				**NASCAR Race Hub**	**NASCAR Cup Series**	
WETK	-	-	**Pinkalicious**	**Molly of Denali**	**Xavier Riddle**	**Let's Go Luna!**	**Nature Cat**	**Wild Kratts**	**Weekend-Yank**	**Vermont This Week**	**Made Here**		**Made Here**		**Made Here** Celia Thaxter's life and garden.		**Leonard Cohen -- Tower of Song**	
WCFE	-	-	**Wild Kratts**	**Wild Kratts**	**Washington Week**	**Scully: World**	**Mountain Lake**	**New York Now**	**Mountain Lake PBS Pledge**								**Mountain Lake PBS Pledge**	
A&E	615	520	**Hoarders** "Joanne; Kristy"		**Hoarders** "Shanna & Lynda"		**Hoarders** "Fuzzie & Fredd; Nancy"		**Hoarders** "Judy"		**Hoarders** "Sandi & Vivian"		**Hoarders** "Phyllis; Janet"		**Hoarders** "Ron; Carol"		**Hoarders** "Roxann & Barbara"	
CNN	500	500	**Inside Politics** (N)		**State of the Union**		**Fareed Zakaria GPS**		**Reliable Source**		**State of the Union**		**Fareed Zakaria GPS**		**CNN Newsroom**		**CNN Newsroom**	
DISC	520	505	**Insane Pools: Off the Deep End**		**Tanked** "Fermenting Donuts"		**North Woods Law** "Wild Kingdom"		**North Woods Law: On the Hunt**		**North Woods Law**		**Mighty Trains** "The Ghan" (DVS)		**Mighty Ships** "Akamalik"		**BattleBots** Desperado tournament.	
DRAMA	620	523	**House** "You Must Remember This"		**The Closer** "Repeat Offender"		**The Closer** "To Serve With Love"		**The Closer** "Under Control" (DVS)		**The Closer** The squad investigates a death.		**The Closer** "Home Improvement"		**The Closer** Capt. Raydor focuses her efforts.		**The Closer** "Death Warrant"	
HIST	522	506	**Border Security**	**Border Security**	**Canadian Pickers** "When Pigs Fly"		**Ultimate Auctions** (DVS)		**Pawn Stars** A signed Tom Petty sketch.		**Pawn Stars**	**Pawn Stars**	**Forged in Fire** "The Messer Sword"		**Forged in Fire** "The Jian Sword"		**Pawn Stars** A signed Tom Petty sketch.	
PARMT	628	584	**Bar Rescue** Las Vegas' first gay nightclub.		**Bar Rescue** "Father Knows Best"		**Bar Rescue** Brothers can't see eye to eye.		**Bar Rescue** "Still Bill"		**Bar Rescue** "Saving Post 6216"		**Bar Rescue** "Scary Mary's"		**Bar Rescue** "Loose Lips Loose Tips"		**Bar Rescue** Jon helps a country bar in Texas.	
RDI	126	730	**RDI matin** "Édition spéciale COVID-19" (N)		**RDI matin** "Édition spéciale COVID-19" (N)		**L'info** (N) (SC)	**L'info** (SC)	**COVID-19: le point** (N) (SC)		**Téléjournal**	**Les décrypteurs**	**(12:59) L'info** (N)	**L'info** (SC)	**L'info** (N) (SC)	**L'info** (N) (SC)	**L'info** (N) (SC)	**L'info** (SC)
SHOW	616	521	**(7:00) "A Killer in My Home"** (2020)		**Schitt's Creek**	**Schitt's Creek**	**Schitt's Creek**	**Schitt's Creek**	★★ **"G.I. Joe: Retaliation"** (2013, Action) Dwayne Johnson, Bruce Willis, Channing Tatum. (DVS)				★★ **"San Andreas"** (2015) Dwayne Johnson. A rescue pilot must save his family after an earthquake. (DVS)					
SLICE	601	562	**Paid Program**	**Paid Program**	**Paid Program**	**Blind Date**	★★ **"Mamma Mia!"** (2008) Meryl Streep. A single hotelier prepares for her daughter's wedding. (DVS)						★ **"Something Borrowed"** (2011) Ginnifer Goodwin. A tipsy attorney lands in bed with the fiance of her best friend.				★★ **"Mamma Mia!"** (2008) Meryl Streep.	
TLC	521	560	**90 Day Fiancé: The Other Way**		**90 Day Fiancé: The Other Way**		**90 Day Fiancé: The Other Way**		**90 Day Fiancé: The Other Way**		**90 Day Fiancé: The Other Way**		**90 Day Fiancé: The Other Way**		**90 Day Fiancé: The Other Way**		**90 Day Fiancé: The Other Way**	
TSN	400	400	**Formula 1 Racing**				**SportsCentre**		**NASCAR Cup Series** Supermarket Heroes 500. The NASCAR Cup Series rolls into Thunder Valley for the Food City 500 at Bristol Motor Speedway.						**Motoring TV**	**NASCAR Cup**	**NASCAR Cup Series**	
YOUTH	551	542	**44 Cats**	**Sponge.**	**Sponge.**	**Sponge.**	**Loud**	**Casagran**	**Loud**	**LEGO City**	★★ **"Monsters vs. Aliens"** (2009)				**Barbie**	**Cloudy**	**Sponge.**	**Sponge.**

SUNDAY EVENING — JUNE 7, 2020

	Bell	Star	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	**(2:30) PGA Tour Golf** From Muirfield Village Golf Club in Dublin, Ohio.				**Channel 3 News**	**Weekend News**	**60 Minutes** (N)		**60 Minutes** (N)	★★★ **"Grease Sing-Along"** (1978, Musical) John Travolta, Olivia Newton-John. Premiere.					**Channel 3 News**	**Greta Van Susteren**	**NCIS: N.O.**
WPTZ 5	-	-	**(3:00) Super Bowl Classics**				**NBC5 News at 6**	**Nightly News**	**Hollywood Game Night** "Chris Is Us"		**The Titan Games** (DVS)		**America's Got Talent** "Auditions 2" Variety acts audition.				**NBC5 News**	**Soledad O'Brien**	**Castle**
CBMT 6	206	301	★★ **"Walking With Dinosaurs 3D"** (2013) Voices of John Alberto Leguizamo.				**When Calls the Heart** (N) (DVS)		**Heartland** "Fight or Flight" (DVS)		**What're You At? With Tom Power** (N)		**Still Standing**	**Still Standing**	**The National** (N)		**The National** (N)		**What're You At?**
CHLT 7	107	718	**(3:45) "Le chemin du retour"** (2008, Drame) Peter Coyote, Jason London. (SC)				**TVA nouvelles** (N)		**Téléthon Opération Enfant Soleil 2020** Présentée sur Facebook et Instagram. (N) (SC)						**Où es-tu?** David Fortin, 14 ans, disparait.		**TVA nouvelles** (N)		★★ **"Sanctum"** (2011) (DVS) (SC)
WMTW 8	-	-	**The Last Dance**		**Johnny Cash**	**Transform**	**WMTW News 8 at**	**World News**	**America's Funniest Home Videos** (N)		**Celebrity Family Feud** (N)		**Press Your Luck** "The Lucky Hand" (N)		**Match Game** (N) (DVS)		**WMTW News 8**	**Soledad O'Brien**	**Major Crimes**
CKSH 9	108	-	**(3:00) "Le Petit Nicolas"** (2009) (SC)		**Les chefs!** Trois agriculteurs biologiques.		**Téléjournal Estrie**	**Découverte** La Terre est un kaléidoscope.		**Les poilus** (N) (SC)	**Tout le monde en parle** (N) (SC)		**Les Denis Drolet: En attendant**		**Le télé-journal**	**(:35) Infoman**	**(:05) "Le démantèlement"** (2013, Drame) Gabriel Arcand. (SC)		
CKMI 11	-	-	**(3:00)** ★★ **"King Arthur: Legend of the Sword"** (2017) Charlie Hunnam. (DVS)				**Global News at 6**	**Global National**	**Coronavirus: The New Reality** (N)		**Private Eyes** "The Frame Job"		**NCIS: Los Angeles** "Smokescreen"		**NCIS: New Orleans** (DVS)		**Global News**	**The West Block**	**The West Block**
CFCF 12	205	312	**The Goldbergs**	**The Goldbergs**	**Big Bang Theory**	**Pop Life**	**CTV News Montreal** (N)		★★★ **"Avengers: Age of Ultron"** (2015) Robert Downey Jr. The Avengers reassemble to battle a technological villain. (DVS)						**Match Game** (N) (DVS)		**News-Rinaldo**	**CTV News Montreal**	**South Park**
WVNY 22	-	-	**The Last Dance**		**Burnett**	**Burnett**	**World News**	**Local 22 News** (N)	**America's Funniest Home Videos** (N)		**Celebrity Family Feud** (N)		**Press Your Luck** "The Lucky Hand" (N)		**Match Game** (N) (DVS)		**Local 22 News** (N)	**Graham Bensinger**	**Judge Judy**
WUTV 30	-	-	**(3:00) NASCAR Cup Series** Folds of Honor QuikTrip 500. (N) (Live)						**Last Man Standing**	**Duncanville**	**The Simpsons**	**Bless the Harts**	**Bob's Burgers**	**Family Guy**	**2 on Your Side at 10**	**America This Week** (N)		**Ring of Honor Wrestling** (N)	
CFKS 31	106	726	**(3:45)** ★ **"Miss Populaire"** (2002, Comédie) Rob Schneider, Anna Faris. (SC)				★★ **"La marieuse"** (2001) Jennifer Lopez, Matthew McConaughey. (SC)				★ **"Les dents de la mer 4"** (1987) Lorraine Gary, Lance Guest. Premiere. (SC)				**"Le secret de ma mère"** (2006, Com. dramatique) Ginette Reno, Céline Bonnier. (SC)				**Moment V** (SC)
WUHF	-	363	**(3:00) NASCAR Cup Series** Folds of Honor QuikTrip 500. (N) (Live)						**Last Man Standing**	**Duncanville**	**The Simpsons**	**Bless the Harts**	**Bob's Burgers**	**Family Guy**	**WHAM News**	**Sharyl Attkisson**	**America This Week** (N)		**CMA Awards**
WETK	-	-	**Leonard Cohen**	**Feel Better With Pressure**		**NewsHour Wk**	**The Great British Baking Show**		**Pacific With Sam Neill**		**Victoria & Albert: The Wedding**		**Victoria & Albert: The Wedding**		**Tales from the Royal Bedchamber**		**Call the Midwife**		**The Tunnel**
WCFE	-	-	**(3:00) Mountain Lake PBS Pledge**						**Mountain Lake PBS Pledge**								**Mountain Lake PBS Pledge**		
A&E	615	520	★★ **"Baby Mama"** (2008, Comedy) Tina Fey, Amy Poehler, Greg Kinnear.				★★★ **"The 40-Year-Old Virgin"** (2005) Steve Carell, Catherine Keener, Paul Rudd.				**Cocaine Godmother: The Griselda Blanco Story Sneak Peek** A preview of the upcoming film. (DVS)					**(:32) Court Cam**	**(:04) Court Cam**	**(:34) Court Cam**	**Cocaine God**
CNN	500	500	**CNN Newsroom**		**CNN Newsroom**		**CNN Newsroom**		**CNN Newsroom**		**Situation Room**		**Situation Room**		**State of the Union**		**CNN Special Report**		**News**
DISC	520	505	**(3:00) BattleBots** Desperado tournament.		**North Woods Law** "On the Run"		**North Woods Law** "Weed It and Reap"		**BattleBots** "The Desperado Tournament II" Desperado tournament.				**Naked and Afraid** "21 Miles, 21 Days" A biker chick and a taxidermist. (N)				**Homestead Rescue** "Burned Out"		**Lone Star Law**
DRAMA	620	523	**House** "Two Stories" (DVS)		**House** A patient develops a severe rash.		**House** "Bombshells" (DVS)		**House** "Out of the Chute" (DVS)		**House** "Fall From Grace" (DVS)		**House** "The Dig" (DVS)		**House** Masters faces a decision.		**House** "Two Stories" (DVS)		**House**
HIST	522	506	**American Pickers** "Real Knuckleheads"		**American Pickers** "Freaky Florida"		**American Pickers** "California Picking"		**Forged in Fire** "The Messer Sword"		**Forged in Fire** "The Jian Sword"		**Manson Speaks: Inside the Mind of a Madman** New recordings of Charles Manson.				**Forged in Fire: Cutting Deeper**		**Forged in Fire**
PARMT	628	584	**Bar Rescue** "Critters and Quitters"		**Bar Rescue** Two pals face losing their bar.		**Bar Rescue**		**Bar Rescue**		**Bar Rescue** A Cape Canaveral area bar.		**Bar Rescue** "Saving GI Jodi"		**Bar Rescue** (N)		**Bar Rescue** Numerous problems at Bottoms Up.		
RDI	126	730	**L'info** (N) (SC)	**L'info** (SC)	**Le télé-journal**	**Le télé-journal**	**Le télé-journal**	**Le national** (N)	**La semaine verte** (N) (SC)		**Le national** (N)	**(:31) Le national**	**Le télé-journal**	**Le télé-journal**	**Le national** (N)	**Le national**	**Le télé-journal**	**Journal France 2**	**Le télé-journal**
SHOW	616	521	★ **"G.I. Joe: The Rise of Cobra"** (2009, Action) Channing Tatum, Dennis Quaid.					★★ **"G.I. Joe: Retaliation"** (2013, Action) Dwayne Johnson, Bruce Willis, Channing Tatum. (DVS)					★★ **"San Andreas"** (2015, Action) Dwayne Johnson. A rescue pilot must save his family after an earthquake.					★ **"G.I. Joe: The Rise of Cobra"** (2009)	
SLICE	601	562	**(3:00)** ★★ **"Mamma Mia!"** (2008) Meryl Streep. (DVS)			★★★ **"The Five-Year Engagement"** (2012, Romance-Comedy) Jason Segel, Emily Blunt. (DVS)					**Top Chef** "Lucca" (N)		★★ **"Mamma Mia!"** (2008) Meryl Streep. A single hotelier prepares for her daughter's wedding. (DVS)					★★★ **"The Five-Year Engagement"** (2012)	
TLC	521	560	**90 Day Fiancé: What Now?**		**90 Day Fiancé: Before the 90 Days** Stephanie reveals a secret.				**90 Day Fiancé: Before the 90 Days**		**90 Day Fiancé: Before the 90 Days** "Tell All Part 1" Personal moments from the cast. (N)				**(:02) sMothered** (N)		**(:02) 90 Day Fiancé: Before the 90 Days**		**90 Day Fiancé**
TSN	400	400	**(3:00) NASCAR Cup Series** Folds of Honor QuikTrip 500. (N) (Live)						**SportsCentre**	**SC Plays of the Decade**		**Best Fan Moments**	**Formula 1 Racing**				**SportsCentre**	**Formula 1 Racing**	
YOUTH	551	542	★★ **"Monsters vs. Aliens"** (2009)				★★★ **"Kung Fu Panda 3"** (2016)				**Go Away**		**"Bark Ranger"** (2015)		**Go Away**	**Just Kid**	**Just Kid**	**Just Kid**	**iCarly**

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Your week on TV

MONDAY EVENING — JUNE 8, 2020

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	(:01) Channel 3 News at Six	Class of 2020 Graduation	CBS Evening News	Entertainment Tonight (N)	The Neighbor-hood	Bob Hearts Abishola	All Rise "Fool for Liv" A celeb-rity's murder trial.		Bull		Channel 3 News	(:35) The Late Show With Stephen Colbert	
WPTZ 5	-	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N)	Wheel of Fortune	The Titan Games (N) (DVS)		The Wall Michael and Jahmar take on the wall. (N)		Songland "Ben Platt" Songwrit-ers pitch to Ben Platt. (N)		NBC5 News at 11 (N)	(:34) The Tonight Show Star-ring Jimmy Fallon (N)	
CBMT 6	206	301	CBC Montreal News (N)	Power & Poli-tics (N)	Coronation Street (N)	Still Standing (DVS)	Murdoch Mysteries Murdoch investigates a murder.		Frankie Drake Mysteries "Radio Daze"		The National (N)		CBC Montreal News (N)	Maamuitaau	Coronation Street
CHLT 7	107	718	(5:58) TVA nouvelles (N)	(:29) Sucré salé (SC)	(6:59) Bloop-ers TVA	Si on s'aimait (N) (SC)	Chicago Fire: caserne 51 "À toi de choisir" (N)		Combien vaut cette maison? (N) (SC)		TVA nouvelles (N)	(:35) Sucré salé (SC)	(:05) ★★★★ "À l'ombre de Shawshank" (1994) Tim Robbins, Morgan Freeman. (SC)		
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune	Jeopardy! (N)	The Bachelor: The Greatest Seasons -- Ever! "Sean Lowe" (Series Premiere) Reliving moments of Sean Lowe's season. (N)						WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live!	(12:06) Night-line (N)
CKSH 9	108	-	(5:59) Le télé-journal Estrie	(:31) RDI économie (N)	Silence, on joue! (SC)	Lâcher prise "Furie"	Les chefs! "Grande finale" Trois chefs réputés. (SC)		Bonsoir bonsoir! (N) (SC)		Le téléjournal (N) (SC)		Sports express (N) (SC)		Liar: la nuit du mensonge
CKMI 11	-	-	Global Na-tional (N)	(:29) Global News at 6:30	ET Canada	Entertainment Tonight (N)	The Titan Games (N) (DVS)		The Wall Michael and Jahmar take on the wall. (N)		Bull (DVS)		Global News at 11 (N)	(:35) The Late Show With Stephen Colbert	
CFCF 12	205	312	(5:59) CTV News Montreal (N)		etalk (N)	The Big Bang Theory	The Big Bang Theory	Bob Hearts Abishola	Jann (DVS)	The Goldbergs	Criminal Minds The team members enjoy a day off.		News-Lisa	CTV News Montreal (N)	The Daily Show
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N)	The Bachelor: The Greatest Seasons -- Ever! "Sean Lowe" (Series Premiere) Reliving moments of Sean Lowe's season. (N)						Local 22 News (N)	(:35) Jimmy Kimmel Live!	(12:06) Night-line (N)
WUTV 30	-	-	The Big Bang Theory	Judge Judy	Judge Judy	Family Feud	9-1-1 "The Searchers" A mas-sive tsunami hits.		9-1-1: Lone Star "Studs" A brawl at a male strip club.		2 on Your Side at 10 (N)	Seinfeld "The Letter"	Two and a Half Men	Two and a Half Men	Last Man Standing
CFKS 31	106	726	Souper parfait	Souper parfait	À table avec mon ex (SC)	Rire et délire (SC)	★★ "Le monde selon Wayne" (1992) Mike Myers. Deux jeunes diffusent une émission à partir d'une cave. (SC)				CSI: Miami, les experts "Coupé en deux" (SC)		Souper parfait	NVL (N) (SC)	Moment V (SC)
WUHF	-	363	Modern Family	Modern Family	The Big Bang Theory	The Big Bang Theory	9-1-1 "The Searchers" A mas-sive tsunami hits.		9-1-1: Lone Star "Studs" A brawl at a male strip club.		13WHAM News at 10 on Fox Rochester (N) (Live)		DailyMailTV (N)	The Simpsons	Paid Program
WETK	-	-	PBS NewsHour (N)		The This Old House Hour		Antiques Roadshow Little Women" books from 1869.		Antiques Roadshow Navajo Ute First Phase blanket.		Independent Lens Community organizing group ACORN. (DVS)		Amanpour and Company (N)		
WCFE	-	-	World News America	BBC World News Outside	PBS NewsHour (N)		Mountain Lake PBS Pledge						BBC World News	Amanpour and Company (N)	
A&E	615	520	Accused: Guilty or Innocent?		Accused: Guilty or Innocent?		Accused: Guilty or Innocent?		Accused: Guilty or Innocent? (Part 1 of 2)		Accused: Guilty or Innocent? (Part 2 of 2)		Accused: Guilty or Innocent?		Accused: Guilty
CNN	500	500	Situation Room With Wolf		Erin Burnett OutFront (N)		Anderson Cooper 360 (N)		Cuomo Prime Time (N)		CNN Tonight w/ Don Lemon		CNN Tonight w/ Don Lemon		Cooper 360
DISC	520	505	Highway Thru Hell "Reading The Road" (DVS)		Heavy Rescue: 401 "Holy Mackerel, What A Mess"		Gold Rush: The Dirt "Where Are They Now?" (N)		Alaskan Bush People The family transports a windmill.		Homestead Rescue: Surviving the Wild (N)		Homestead Rescue A couple has a toxic salt water well.		Alaskan Bush People
DRAMA	620	523	CSI: Crime Scene Investiga-tion "Fallen Idols"		CSI: Crime Scene Investiga-tion "Empty Eyes"		CSI: Crime Scene Investiga-tion "Big Shots"		CSI: Crime Scene Investiga-tion "Lab Rats"		CSI: Crime Scene Investiga-tion "Meet Market"		CSI: Crime Scene Investiga-tion "Law of Gravity"		CSI: Crime Scene
HIST	522	506	Alone: The Beast Three men try to endure in the Arctic.		Alone: The Beast Making fire; preserving meat.		Alone: The Beast The cold and snow roll in.		Manson Speaks: Inside the Mind of a Madman New recordings of Charles Manson. (DVS)				Alone: The Beast "Tainted Water" (DVS)		Counting Cars
PARMT	628	584	Cops "If the Shoe Fits"	Cops "Wel-come Home"	Cops "Lost and Found"	Cops "Mixed Emotions"	Cops "Tracks of My Tears"	Cops "Run and Gun"	Cops "Wake Up Call"	Cops "Cheek to Cheek"	Cops (N)	Cops "Hug It Out"	Cops	Cops	Cops
RDI	126	730	Le téléjournal avec	(:31) RDI économie (N)	(:01) 24/60 (N) (SC)		Les grands reportages Eliza-beth Fritzl a été séquestrée.		Le téléjournal avec Céline Galipeau (N) (SC)		Le téléjournal (N) (SC)		Le national (N) (SC)	(:31) Le na-tional (N)	(12:01) 24/60 (SC)
SHOW	616	521	NCIS "Day in Court" A petty officer says he is innocent.		NCIS A sailor needs a bone marrow transplant.		FBI "Family Man" A senator's daughter is kidnapped.		Roswell, New Mexico "Crash Into Me" (N)		Schitt's Creek	Schitt's Creek	Schitt's Creek	Schitt's Creek	NCIS "Day in Court"
SLICE	601	562	(5:00) ★★ "Someone Like You" (2001) Ashley Judd.		Below Deck Mediterranean Colin faces a tough decision.		Below Deck Mediterranean		Below Deck Mediterranean (N)		Camp Getaway Nile and Glen pull off one last prank.		Blind Date (DVS)	Blind Date (DVS)	Below Deck
TLC	521	560	90 Day Fiancé: Before the 90 Days "Tell All Part 1" Personal moments from the cast.				90 Day Fiancé: Before the 90 Days "Tell All Part 2"		90 Day Fiancé: The Other Way "Home Is Where the Heart Is" Brittany reveals she's moving to Jordan.				(:02) 90 Day Fiancé: The Other Way (N)		90 Day Fiancé
TSN	400	400	SportsCenter (N) (Live)		NFL Football From Jan. 14, 2018.						SportsCentre (N)	NFL Football From Jan. 8, 2011.			
YOUTH	551	542	Henry Danger	Henry Danger	SpongeBob	SpongeBob	★★★ "Robots" (2005) Voices of Ewan McGregor.				Make It Pop	Make It Pop	Star Falls	ReBoot-Code	iCarly

TUESDAY EVENING — JUNE 9, 2020

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	(:01) Channel 3 News at Six	Class of 2020 Graduation	CBS Evening News	Entertainment Tonight (N)	NCIS "Wide Awake" Gibbs befriends his new neighbors.		FBI A college student's body is found.		FBI: Most Wanted "Ride or Die"		Channel 3 News	(:35) The Late Show With Stephen Colbert	
WPTZ 5	-	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N)	Wheel of Fortune	America's Got Talent "Auditions 3" Variety acts audition. (N)				(:01) World of Dance "The Qualifiers 3" (N)		NBC5 News at 11 (N)	(:34) The Tonight Show Star-ring Jimmy Fallon	
CBMT 6	206	301	CBC Montreal News (N)	Power & Poli-tics (N)	Coronation Street (N)	Still Standing (DVS)	Kim's Conve-nience	Schitt's Creek	Workin' Moms	Baroness von Sketch Show	The National (N)		CBC Montreal News (N)	Interrupt This Program	Coronation Street
CHLT 7	107	718	(5:58) TVA nouvelles (N)	(:29) Sucré salé (N) (SC)	(6:59) Boomer-ang (SC)	Si on s'aimait (N) (SC)	Ninja Warrior: le parcours ultime (DVS) (SC)				TVA nouvelles (N)	(:35) Sucré salé (SC)	(:05) ★★ "Un hologramme pour le roi" (2016) Tom Hanks. (DVS) (SC)		
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune	Jeopardy! (N)	The Conners (DVS)	The Conners (DVS)	Modern Family "Paris"	Modern Family "Legacy"	The Genetic Detective "Who Killed Angie Dodge?" (N)		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live!	(12:06) Night-line (N)
CKSH 9	108	-	(5:59) Le télé-journal Estrie	(:31) RDI économie (N)	Silence, on joue! (SC)	Vies de chiens (N)	Beautés meurtrières Des secrets sont révélés. (N)		Bonsoir bonsoir! (N) (SC)		Le téléjournal (N) (SC)		Sports express (N) (SC)		(12:11) 24/60 (SC)
CKMI 11	-	-	Global Na-tional (N)	(:29) Global News at 6:30	ET Canada	Entertainment Tonight (N)	NCIS "Wide Awake" Gibbs befriends his new neighbors.		FBI A college student's body is found.		FBI: Most Wanted "Ride or Die"		Global News at 11 (N)	(:35) The Late Show With Stephen Colbert	
CFCF 12	205	312	(5:59) CTV News Montreal (N)		etalk (N)	The Big Bang Theory	Unforgettable A hotel maid is accused of murder.		Match Game Ellie Kemper; David Alan Grier.		(:01) World of Dance "The Qualifiers 3" (N)		News-Lisa	CTV News Montreal (N)	The Daily Show
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N)	The Conners (DVS)	The Conners (DVS)	Modern Family "Paris"	Modern Family "Legacy"	The Genetic Detective "Who Killed Angie Dodge?" (N)		Local 22 News (N)	(:35) Jimmy Kimmel Live!	(12:06) Night-line (N)
WUTV 30	-	-	The Big Bang Theory	Judge Judy	Judge Judy	Family Feud	Hell's Kitchen Teams must make a shellfish tower.		Gordon Ramsay's 24 Hours to Hell and Back		2 on Your Side at 10 (N)	Seinfeld	Two and a Half Men	Two and a Half Men	Last Man Standing
CFKS 31	106	726	Souper parfait	Souper parfait	À table avec mon ex (SC)	Rire et délire (SC)	Tout s'embellit avec Julie	Tout s'embellit avec Julie	The amazing race: défis aut-our du monde (SC)		NCIS: Los Angeles "Piégés" La taupe. (DVS) (SC)		Souper parfait	NVL (N) (SC)	Moment V (SC)
WUHF	-	363	Modern Family	Modern Family	The Big Bang Theory	The Big Bang Theory	Hell's Kitchen Teams must make a shellfish tower.		Gordon Ramsay's 24 Hours to Hell and Back		13WHAM News at 10 on Fox Rochester (N) (Live)		Regrow Hair Today!	DailyMailTV (N)	Paid Program
WETK	-	-	PBS NewsHour (N)		Guest of the House	Bardo: A Night	Secrets of the Dead The leg-end of King Arthur.		American Experience "Stonewall Uprising" Police raid the Stonewall Inn. (DVS)			Antiques Roadshow	Amanpour and Company (N)		BBC World News
WCFE	-	-	World News America	BBC World News Outside	PBS NewsHour (N)		Mountain Lake PBS Pledge						BBC World News	Amanpour and Company (N)	
A&E	615	520	The First 48 Deadly attack in a barbershop.		The First 48 A homeless man is beaten to death.		The First 48 Grandmother strangled; man shot in car.		The First 48: Catching a Killer "Deadly Morning" (N)		The First 48 A young father is abducted and murdered.		The First 48 "M.I.A." A welder goes missing.		The First 48
CNN	500	500	Situation Room With Wolf		Erin Burnett OutFront (N)		Anderson Cooper 360 (N)		Cuomo Prime Time (N)		CNN Tonight w/ Don Lemon		CNN Tonight w/ Don Lemon		Cooper 360
DISC	520	505	Highway Thru Hell "Snow-bound" (DVS)		Heavy Rescue: 401 "That Highway Is The Lifeline"		Deadliest Catch: On Deck "The Russian Front" (N)		Deadliest Catch: Bloodline "Cowboys and Pirates" (N)		Deadliest Catch "Siberian Winter" An opilio biomass.		Homestead Rescue "Quake on the Forty"		Deadliest Catch
DRAMA	620	523	CSI: Crime Scene Investiga-tion "Leapin' Lizards"		CSI: Crime Scene Investiga-tion (DVS)		CSI: Crime Scene Investiga-tion "Living Doll"		CSI: Crime Scene Investiga-tion "Dead Doll"		CSI: Crime Scene Investiga-tion "A la Cart"		CSI: Crime Scene Investiga-tion "Ending Happy"		CSI: Crime Scene
HIST	522	506	Pawn Stars (DVS)	Pawn Stars (DVS)	Pawn Stars The termination of a deal. (DVS)		Pawn Stars Rick wants to prove that he struck oil.		American Pickers Danielle finds a burlesque collection.		American Pickers "Hollywood Honey Hole"		Salvage Kings Ted's salvage job is a bowling alley.		Pawn Stars (DVS)
PARMT	628	584	Tattoo Night-mares	Tattoo Night-mares	Tattoo Night-mares	Tattoo Night-mares	★★★ "Ghostbusters" (1984, Comedy) Bill Murray, Dan Aykroyd, Harold Ramis. Four paranormal investigators battle mischievous ghouls.				★★ "Ghostbusters II" (1989, Comedy) Bill Murray. A long-dead Carpathian warlock attempts to return to Earth.				
RDI	126	730	Le téléjournal avec	(:31) RDI économie (N)	(:01) 24/60 (N) (SC)		Les grands reportages (N) (SC)		Le téléjournal avec Céline Galipeau (N) (SC)		Le téléjournal (N) (SC)		Le national (N) (SC)	(:31) Le na-tional (N)	(12:01) 24/60 (SC)
SHOW	616	521	NCIS Abby's brother falls under suspicion. (DVS)		NCIS "Deja Vu" A storm causes power outages.		FBI "Green Birds" Eight people are poisoned at a deli.		★ "Jonah Hex" (2010) Josh Brolin, John Malkovich. A supernatu-ral gunslinger faces an old enemy. (DVS)				NCIS Abby's brother falls under suspicion. (DVS)		NCIS "Deja Vu"
SLICE	601	562	(4:30) ★★★ "Drumline" (2002) Nick Cannon.		Below Deck Mediterranean		Vanderpump Rules Andy and the cast connect from home.		Vanderpump Rules "Reunion Part 2" (N)		The Real Housewives of Beverly Hills		Blind Date (DVS)	Blind Date (DVS)	Vanderpump Rules
TLC	521	560	My Teen Is Pregnant and So Am I "The New Normal"		7 Little Johnstons Anna is ready to leave for college.		Outdaughtered Adam is torn over Valentine's Day.		Outdaughtered The Quints head to Wyoming for a trip.		Counting On Jinger and Jer-emy hold a yard sale.		Counting On Jessa goes into labor early.		Outdaugh-tered
TSN	400	400	SportsCenter (N) (Live)		30 for 30		To Be Announced				SportsCentre (N)	30 for 30 A look at the complex journey that led to Bruce Lee's ultimate emergence as a singular icon.			
YOUTH	551	542	Henry Danger	Henry Danger	SpongeBob	SpongeBob	"Anne of Green Gables" (2016, Drama) Ella Ballentine.				Undercover	Undercover	Star Falls	ReBoot-Code	iCarly

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Your week on TV

WEDNESDAY EVENING — JUNE 10, 2020

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	(:01) Channel 3 News at Six	Class of 2020 Graduation	CBS Evening News	Entertainment Tonight (N)	Game On! (N)		SEAL Team The team tracks bombers in Serbia.		S.W.A.T. The SWAT team must protect a warlord.		Channel 3 News	(:35) The Late Show With Stephen Colbert	
WPTZ 5	-	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N)	Wheel of Fortune	Chicago Med Dr. Choi and Dr. Charles help a patient.		Chicago Fire Casey and Boden clash over a recruit.		Chicago P.D. "Assets" Atwater goes undercover.		NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon	
CBMT 6	206	301	CBC Montreal News (N)	Power & Politics (N)	Coronation Street (N)	Still Standing (DVS)	Coroner "Borders" A body in the middle of a country road.		White House Farm (N)		The National (N)		CBC Montreal News (N)	Skindigenous	Coronation Street
CHLT 7	107	718	(5:58) TVA nouvelles (N)	(:29) Sucré salé (N) (SC)	(6:59) LOL :-) (SC)	Si on s'aimait (N) (SC)	La recrue Nolan et Bishop seront accompagnés.		Blue Moon "Épisode 10" Les faux passeports sont prêts.		TVA nouvelles (N)	(:35) Sucré salé (SC)	(:05) ★★ "Spécialité: crises" (2015, Comédie) Sandra Bullock, Billy Bob Thornton. (SC)		
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune	Jeopardy! (N)	★★★ "Big Hero 6" (2014) Voices of Ryan Potter. Animated. A robotics prodigy uncovers a dangerous plot.				Marvel's Agents of S.H.I.E.L.D. (N) (DVS)		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live!	(12:06) Nightline (N)
CKSH 9	108	-	(5:59) Le téléjournal Estrie	(:31) RDI économie (N)	Silence, on joue! (SC)	L'épicerie (N) (SC)	Dans l'oeil du dragon (Season Finale) (N) (SC)		Bonsoir bonsoir! (N) (SC)		Le téléjournal (N) (SC)		Sports express (N) (SC)		
CKMI 11	-	-	Global National (N)	(:29) Global News at 6:30	ET Canada	Entertainment Tonight	Game On! (N)		SEAL Team The team tracks bombers in Serbia.		S.W.A.T. The SWAT team must protect a warlord.		Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N)	
CFCF 12	205	312	(5:59) CTV News Montreal (N)		etalk (N)	The Big Bang Theory	The Indian Detective "Episode 2" (DVS)		Ultimate Tag "Every Second Counts" (N) (DVS)		Marvel's Agents of S.H.I.E.L.D. (N) (DVS)		News-Lisa	CTV News Montreal (N)	The Daily Show
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N)	★★★ "Big Hero 6" (2014) Voices of Ryan Potter. Animated. A robotics prodigy uncovers a dangerous plot.				Marvel's Agents of S.H.I.E.L.D. (N) (DVS)		Local 22 News (N)	(:35) Jimmy Kimmel Live!	(12:06) Nightline (N)
WUTV 30	-	-	The Big Bang Theory	Judge Judy	Judge Judy	Family Feud	MasterChef Chefs compete in a culinary boot camp.		Ultimate Tag "Every Second Counts" (N) (DVS)		2 on Your Side at 10 (N)	Seinfeld "The Keys"	Two and a Half Men	Two and a Half Men	Last Man Standing
CFKS 31	106	726	Souper parfait	Souper parfait	À table avec mon ex (SC)	Rire et délire (SC)	★★ "L'agent Cody Banks" (2003) Frankie Muniz. Un adolescent doit être l'ami de la fille d'un scientifique. (SC)				Le dernier navire Chandler doit regagner son équipe.		Souper parfait	NVL (N) (SC)	Moment V (SC)
WUHF	-	363	Modern Family	Modern Family	The Big Bang Theory	The Big Bang Theory	MasterChef Chefs compete in a culinary boot camp.		Ultimate Tag "Every Second Counts" (N) (DVS)		13WHAM News at 10 on Fox Rochester (N) (Live)		DailyMailTV (N)	The Simpsons	Paid Program
WETK	-	-	PBS NewsHour (N)		Venturing	Rural Free Delivery	Operation Maneater Bears venture into Canadian towns.		NOVA Clues about who built Stonehenge. (DVS)		WWII Megaweapons "Battleship Yamato"		Amanpour and Company (N)		BBC World News
WCFE	-	-	World News America	BBC World News Outside	PBS NewsHour (N)		Mountain Lake PBS Pledge						BBC World News	Amanpour and Company (N)	
A&E	615	520	The First 48 A deadly crime involves guns and meth.		The First 48 Shootings in an Atlanta rap studio.		The First 48 Woman on the run; Army veteran killed.		The First 48 A hip-hop promoter is gunned down.		The First 48 An innocent bystander is gunned down.		The First 48 "Chopper" An Atlanta man is gunned down.		The First 48
CNN	500	500	Situation Room With Wolf		Erin Burnett OutFront (N)		Anderson Cooper 360 (N)		Cuomo Prime Time (N)		CNN Tonight w/ Don Lemon		CNN Tonight w/ Don Lemon		Cooper 360
DISC	520	505	Highway Thru Hell "Junior's Job" (DVS)		Heavy Rescue: 401 Mitch works with his older brother.		Expedition Unknown The Dyatlov Pass incident.		Expedition Unknown Shawn Johnson East; Robert Edsel.		Curse of the Bermuda Triangle "Aliens in the Triangle"		Disasters at Sea A crack tears the MSC Napoli apart.		Expedition Unknown
DRAMA	620	523	Criminal Minds Morgan returns to to help Penelope.		Criminal Minds The BAU must find missing women.		Criminal Minds Investigating a workplace shooting.		★★ "Kingsman: The Golden Circle" (2017, Action) Colin Firth, Julianne Moore, Taron Egerton. British spies join forces with their American counterparts. (DVS)						"Kingsman-Gold"
HIST	522	506	Forged in Fire Re-creation of a deadly Japanese sword.		Forged in Fire The smiths create war hammers.		Forged in Fire A recreation of the sword of Perseus.		Forged in Fire Smiths forge a canister Damascus blade.		Forged in Fire Smiths use the hada technique.		Kings of Pain They have the two worst bites to date.		Forged in Fire
PARMT	628	584	Marriage Rescue A wife suspects her husband is lying.		Marriage Rescue Married partners fight over business.		Caraoke Showdown	Caraoke Showdown	Caraoke Showdown	Caraoke Showdown	Caraoke Showdown	Caraoke Showdown	Caraoke Showdown	Caraoke Showdown	Caraoke Showdown
RDI	126	730	Le téléjournal avec	(:31) RDI économie (N)	(:01) 24/60 (N) (SC)		Les grands reportages "Pour un scoop de plus" (N)		Le téléjournal avec Céline Galipeau (N) (SC)		Le téléjournal (N) (SC)		Le national (N) (SC)	(:31) Le national (N)	(12:01) 24/60 (SC)
SHOW	616	521	NCIS "React" Navy secretary's daughter is abducted.		NCIS "Loose Cannons" Dr. Cyril Taft finds key evidence.		NCIS The team finds a secret bank account. (DVS)		★★ "Prometheus" (2012) Noomi Rapace, Michael Fassbender. Explorers wage a terrifying battle to save mankind's future. (DVS)					NCIS "React" Navy secretary's daughter is abducted.	
SLICE	601	562	(4:30) ★★ "A Walk to Remember" (2002) Shane West.		Vanderpump Rules "Reunion Part 2"		The Real Housewives of Beverly Hills (DVS)		★★ "A Walk to Remember" (2002, Romance) Shane West, Mandy Moore. A high-school delinquent courts a minister's daughter. (DVS)					Blind Date (DVS)	Real Housewives/Beverly
TLC	521	560	My 600-Lb. Life "Janine's Story" An obese woman is nearly immobile.				My 600-Lb. Life "Angie J's Story" Angie hopes to get weight loss surgery.				1000-Lb. Sisters Larger-than-life sisters.		1000-Lb. Sisters "1,000 Pounds to Freedom"		My 600-Lb. Life
TSN	400	400	SportsCenter (N)	NASCAR Cup	NASCAR Cup Series Blue-Emu Maximum Pain Relief 500. From Martinsville Speedway in Martinsville, Va. (N) (Live)						SportsCentre (N)	To Be Announced	SportsCenter (N)		SC With Jay and Dan (N)
YOUTH	551	542	Henry Danger	Henry Danger	SpongeBob	SpongeBob	Junior Chef Showdown		"Snow Buddies" (2008) Dominic Scott Kay. (DVS)				Star Falls	ReBoot-Code	iCarly

THURSDAY EVENING — JUNE 11, 2020

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	(:01) Channel 3 News at Six	Class of 2020 Graduation	CBS Evening News	Entertainment Tonight (N)	Young Sheldon	(:31) Man With a Plan	(:01) Mom	Broke "Cinco de Mayo" (N)	To Be Announced		Channel 3 News	(:35) The Late Show With Stephen Colbert	
WPTZ 5	-	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N)	Wheel of Fortune	Council of Dads "The Best-Laid Plans" (N)		Blindspot The team must save Jane and Weller. (N)		Law & Order: Special Victims Unit (DVS)		NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon	
CBMT 6	206	301	CBC Montreal News (N)	Power & Politics (N)	Still Standing "Souris"	Still Standing (DVS)	"The Accountant of Auschwitz" (2018) Premiere. Oskar Gröning goes on trial for war crimes. (DVS)				The National (N)		CBC Montreal News (N)	Skindigenous (N)	Canadian Reflections
CHLT 7	107	718	(5:58) TVA nouvelles (N)	(:29) Sucré salé (N) (SC)	(6:59) Les gags (SC)	Arrive en campagne	"Un homme de famille" (2016, Drame) Gerard Butler. Le fils de 10 ans d'un chasseur de têtes tombe malade. (SC)				TVA nouvelles (N)	(:35) Sucré salé (SC)	(:05) ★★★ "Le jeu de Molly" (2017) Jessica Chastain, Idris Elba. Premiere. (SC)		
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune	Jeopardy! (N)	Holey Moley A bartender and government official. (N)		Don't Contestants from Brooklyn, N.Y.		To Tell the Truth Mark Duplass; Patti LaBelle. (N)		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live!	(12:06) Nightline (N)
CKSH 9	108	-	(5:59) Le téléjournal Estrie	(:31) RDI économie (N)	Silence, on joue! (SC)	Infoman (N) (SC)	Prière de ne pas envoyer de fleurs "Pénélope Mcquade"		Bonsoir bonsoir! (N) (SC)		Le téléjournal (N) (SC)		Sports express (N) (SC)		Pique-nique à Hanging Rock
CKMI 11	-	-	Global National (N)	(:29) Global News at 6:30	ET Canada	Entertainment Tonight	The Neighborhood	(:31) Man With a Plan	(:01) Single Parents	Broke "Cinco de Mayo" (N)	New Amsterdam Max struggles with being a single dad.		Global News at 11 (N)	(:35) The Late Show With Stephen Colbert	
CFCF 12	205	312	(5:59) CTV News Montreal (N)		etalk (N)	The Big Bang Theory	Young Sheldon	(:31) The Big Bang Theory	Blindspot The team must save Jane and Weller. (N)		Law & Order: Special Victims Unit (DVS)		News-Lisa	CTV News Montreal (N)	The Daily Show
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N)	Holey Moley A bartender and government official. (N)		Don't Contestants from Brooklyn, N.Y.		To Tell the Truth Mark Duplass; Patti LaBelle. (N)		Local 22 News (N)	(:35) Jimmy Kimmel Live!	(12:06) Nightline (N)
WUTV 30	-	-	The Big Bang Theory	Judge Judy	Judge Judy	Family Feud	Celebrity Watch Party "Episode 6" (N) (DVS)		Labor of Love Kristy and the men have a game night. (N)		2 on Your Side at 10 (N)	Seinfeld "The Engagement"	Two and a Half Men	Two and a Half Men	Last Man Standing
CFKS 31	106	726	Souper parfait	Souper parfait	À table avec mon ex (SC)	Rire et délire (SC)	★★ "L'agent Cody Banks 2: destination Londres" (2004, Enfants) Frankie Muniz, Anthony Anderson. (SC)				Chicago Police La découverte du corps d'une fille.		Souper parfait	NVL (N) (SC)	Moment V (SC)
WUHF	-	363	Modern Family	Modern Family	The Big Bang Theory	The Big Bang Theory	Celebrity Watch Party "Episode 6" (N) (DVS)		Labor of Love Kristy and the men have a game night. (N)		13WHAM News at 10 on Fox Rochester (N) (Live)		DailyMailTV (N)	The Simpsons	Paid Program
WETK	-	-	PBS NewsHour (N)		Made Here Painter Harold Garde; insight into life.		Made Here James Groleau paints a large mosaic.		Made Here	Made Here	Made Here Two potters, from Vermont and Japan.		Amanpour and Company (N)		BBC World News
WCFE	-	-	World News America	BBC World News Outside	PBS NewsHour (N)		Mountain Lake PBS Pledge						BBC World News	Amanpour and Company (N)	
A&E	615	520	The First 48 Shootings in Cleveland and New Orleans.		The First 48 A woman is shot dead in her hotel room.		The First 48 A man is found executed in the street.		The First 48 Shooting deaths in Dallas and Cleveland.		The First 48: The Case That Haunts Me "Lester Street"		The First 48 A man is found dead in his hotel room.		The First 48 "Last Rap"
CNN	500	500	Situation Room With Wolf		Erin Burnett OutFront (N)		Coronavirus: Facts		Cuomo Prime Time (N)		CNN Tonight w/ Don Lemon		CNN Tonight w/ Don Lemon		Coronavirus
DISC	520	505	Highway Thru Hell Jamie takes The Python off road.		Heavy Rescue: 401 "I've Seen My Share"		Street Outlaws: Memphis MSO scrambles to fix Heifer.		Diesel Brothers Epic builds and celebrity guests. (N)		Fast N' Loud Former Gas Monkey Tom Smith. (N)		Goblin Works Garage Building a Japanese street racer.		Street-Memphis
DRAMA	620	523	Bones "Pilot" Skeletal remains found in a lake.		Bones Dr. Brennan and Booth track a terrorist.		Bones A corpse is found hanging from a tree.		In the Dark Murphy gets a surprise visit. (N)		Bones An aspiring director is killed.		Bones Brennan testifies for Zach.		Bones
HIST	522	506	American Pickers Civil War revolvers. (DVS)		American Pickers The guys go hog wild in Florida.		American Pickers Danielle's 10th anniversary.		Mountain Men The tracking of the caribou migration.		Alone "Million Dollar Mistake" (Season Premiere) Participants must last 100 days. (N)			Mountain Men The tracking of the caribou migration.	
PARMT	628	584	Bar Rescue An owner relies on attractive daughters.		Bar Rescue Marshawn Lynch calls for help.		★★★ "Coming to America" (1988, Comedy) Eddie Murphy, Arsenio Hall, John Amos. An African prince and his royal sidekick come to Queens.				★★★ "Trading Places" (1983) Dan Aykroyd. Two men's lives are altered by a bet made between tycoons.				
RDI	126	730	Le téléjournal avec	(:31) RDI économie (N)	(:01) 24/60 (N) (SC)		Les grands reportages "Les derniers jours de Franco" (N)		Le téléjournal avec Céline Galipeau (N) (SC)		Le téléjournal (N) (SC)		Le national (N) (SC)	(:31) Le national (N)	(12:01) 24/60 (SC)
SHOW	616	521	NCIS "Scope" An American couple is attacked in Iraq.		NCIS A Navy public affairs officer is killed. (DVS)		FBI: Most Wanted A couple goes on killing spree.		★★ "The Chronicles of Riddick" (2004, Science Fiction) Vin Diesel, Colm Feore. A fugitive fights an invading ruler and his army. (DVS)					NCIS "Scope" An American couple is attacked in Iraq.	
SLICE	601	562	(4:30) ★★ "Last Holiday" (2006) Queen Latifah.		The Real Housewives of New York City		The Real Housewives of New York City		The Real Housewives of New York City (N)		Below Deck Mediterranean		Blind Date (DVS)	Blind Date (DVS)	Housewives/NYC
TLC	521	560	Dr. Pimple Popper "Runaway Bump, Never Coming Back?"		Hoarding: Buried Alive "Just Tear It Down"		Hoarding: Buried Alive "Holding Mom Hostage"		Hoarding: Buried Alive Filled floor to ceiling.		Hoarding: Buried Alive Forced out of an apartment.		Hoarding: Buried Alive		Hoarding: Buried Alive
TSN	400	400	SportsCenter (N) (Live)		SportsCentre (N)	Hockey Round Robin. From Dec. 28, 2003.					SportsCentre (N)	Hockey Round Robin. From Dec. 31, 2003.			
YOUTH	551	542	Henry Danger	Henry Danger	SpongeBob	SpongeBob	"Beverly Hills Chihuahua 2" (2011) (DVS)				Max & Shred	Max & Shred	Star Falls	ReBoot-Code	iCarly

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Death

Karole Blanche Conway
August 23, 1949 - May 28, 2020

Karole was the second daughter born to Gordon Conway and Gilberte Beaudoin. Raised in the Eastern Townships in a bilingual home, she left Sherbrooke to study at Loyola College (Concordia University). She volunteered for a full year at L'Arche in France with Jean Vanier before returning to complete a Master's degree in Clinical Psychology at McGill University. Upon completion of her Master's she moved to BC beginning a career with the BC Government. From Policy Analyst to Program Manager and Director, Karole proved her love of teaching, leading the way in instilling innovative practices. Leaving Vancouver Island for Kamloops she worked as a Director at KRCC and throughout her career, she promoted change inspiring many to think outside of the box and not fear change.

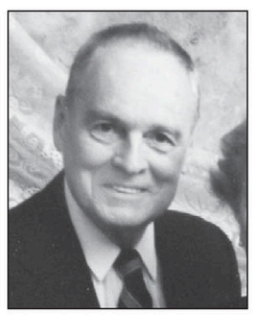
Retired, she gave of her time visiting the elderly with her faithful companion Patches. Karole loved the mountains and became a seasoned hiker lately accompanied by her new dog, Oscar. She loved her 'little house' with its sumptuous garden always ready to entertain her wide circle of friends. She remained very attached to her sister Sandra (Daniel LeBlanc) back in Quebec and to their two daughters Kelly Le Blanc (Jerome Dupras) and Ariane (David Quirion). Over the years, her nieces gave her six grand nephews and nieces to love and dote on: Louis, Theodore and Claire Dupras and Renaud, Jules and Maxime Quirion.

Karole's Conway-LeBlanc family wishes to express their heartfelt gratitude for all the love and attention lavished on her by her many dear friends during the past 17 months dealing with a severe cancer. A special thank you to dear Kelly, Terry and Diana. Also, sincere appreciation and thanks to Dr. Proctor an exceptional oncologist and heartfelt thanks to Dr. du Preez, Karole's family physician who cared for Karole way beyond the line of duty. Accompanying her in this last journey, Dr. Proctor and Dr. du Preez were instrumental in making her journey less of a struggle and more of a challenge allowing Karole to get the most out of her remaining time. The family also wishes to thank the staff at the Marjorie Willoughby Snowden Hospice for the caring and comfort services given to Karole in her last few days spent with them.

Peacefully with friends by her side she waved Au revoir. Her spirit continues to reach out to all whom she loved. Her desire was to return to her roots, Quebec, but part of her spirit will always remain in her adoptive lieu, British Columbia. Karole created a wonderful world around her and for this she will forever remain alive in our hearts.

In lieu of flowers, Karole requested that donations be offered to the Marjorie Willoughby Snowden Hospice of Kamloops or any cause which you hold to heart.

Death



Maurice Galvin
1929-2020

In Sherbrooke, on May 28th, 2020, at the age of 91, passed away Mr. Maurice Galvin, husband of the late Monica Veilleux and son of the late James Galvin and Helen O'keefe.

Mr. Maurice Galvin was the father of Robert (Melanie), Patrick (Maria), and Ann-Marie (François). He was the grandfather of Amy and Emilie, and the brother-in-law of William (deceased), Brendan (deceased), Henry (deceased), Michael (deceased), Mary (deceased), Eileen (deceased), Angella (deceased) and Stella.

Cremation will be performed at the: STEVE ELKAS FUNERAL HOME, 4230, BERTRAND-FABI, SHERBROOKE.

The funeral mass will be held at a later date at St-Patrick church.

STEVE L. ELKAS FUNERAL HOME
4230 Bertrand-Fabi, Sherbrooke QC
PHONE: 819-565-1155
FAX: 819-820-8872
info@steveelkas.com
www.steveelkas.com

Death

CAROL POTTER (née Witty)
May 1, 1931 - May 24, 2020

Died peacefully at Brome Missisquoi Perkins Hospital, aged 89. She grew up in the Eastern Townships, attended Bishop's University, University of Western Ontario, and McGill. Career highlights include the Sherbrooke Record, Bell Canada, John Abbott College and Dawson College.

Predeceased by her husband Alex Potter. Sadly missed by children Kathryn (Gord), Shelly, Derek (Gail), Alex (Maria), Megan (Phil); grandchildren Sean (Margie), Bryan, Angus (Victoria), Katherine, George, Henry, Chloe and Jude; great grandchild Maddie; her companion, Dan Sherry and his family; and many friends. Instead of flowers, consider a donation to the Brome Missisquoi Perkins Hospital or the Heart and Stroke Foundation. The family is grateful to the hospital staff and to Doctors Andriuk, Chabot, and Rivest. A celebration of life will be held June 8.

CASS FUNERAL HOMES
3006 College St., Sherbrooke QC
PHONE: 819-564-1750
FAX: 819-564-4423
www.casshomes.ca

Datebook

FRIDAY, JUNE 5, 2020

Today is the 157th day of 2020 and the 79th day of spring.

TODAY'S HISTORY: In 1947, Secretary of State George Marshall proposed the Marshall Plan for economic aid to war-torn Europe.

In 1956, Elvis Presley gave his famous hip-shaking performance of "Hound Dog" on "The Milton Berle Show."

In 1968, U.S. presidential candidate Robert F. Kennedy was fatally shot by Sirhan Sirhan at the Ambassador Hotel in Los Angeles.

In 2004, former President Ronald Reagan died of pneumonia complicated by Alzheimer's disease at age 93.

TODAY'S BIRTHDAYS: Adam Smith (1723-1790), economist/philosopher; John Maynard Keynes (1883-1946), economist; Richard Scarry (1919-1994), children's author; Bill Moyers (1934-), TV journalist/author; Spalding Gray (1941-2004), actor/writer; Ken Follett (1949-), author; Suze Orman (1951-), financial adviser/author; Kathleen Kennedy (1953-), film producer; Kenny G (1956-), musician; Jeff Garlin (1962-), actor/comedian; Rick Riordan (1964-), author; Brian McKnight (1969-), singer-songwriter; Mark Wahlberg (1971-), actor; Pete Wentz (1979-), singer-songwriter/musician.

TODAY'S FACT: The Alzheimer's Association estimates that 5.8 million Americans (5.6 million of whom are age 65 or older) are living with Alzheimer's dementia.

TODAY'S SPORTS: In 1993, Julie Krone rode Colonial Affair to victory in the Belmont Stakes, becoming the first female jockey ever to win a Triple Crown race.

TODAY'S QUOTE: "A man hates the person he has wronged, paradoxically. I think it's because the victim is a perpetual reminder that he behaved shamefully." – Ken Follett, "Edge of Eternity"

TODAY'S NUMBER: 21 – approximate percentage of the Israeli population that is Arab.

TODAY'S MOON: Full moon (June 5).

In Memoriam

LODGE - In loving memory of our dear parents: Beverly Neeley Lodge who passed on February 5, 2017 and David Lodge who passed on June 30, 2018.

Sadly missed along life's way,
Quietly remembered every day,
No longer in our lives to share,
But in our hearts, you're always there.

Fondly remembered and forever loved by
ROBERT, TIMOTHY,
DONNA AND KAYLA

Fondation de Soins VILLAGE GRACE
GRACE VILLAGE Care Foundation

The mission of the Grace Village Care Foundation is to support the compassionate care of the elderly through the provision of charitable funds to Massawippi Retirement Communities (Grace Village).

To donate or for information:
Emma Muise
Foundation Coordinator
Tel: (819) 569-0546 x5033
Grace Village Care Foundation
1515 Pleasant View St.
Sherbrooke, QC, J1M 0C6
info@masscom.ca

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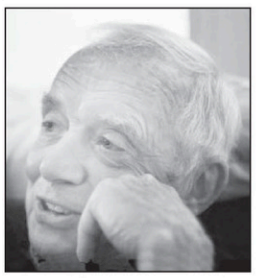
Death | Death | Death | Death



CAVANAGH, Thomas "Tom" Kenneth

With profound sadness we announce the passing of Tom K. Cavanagh, peacefully at his residence in Brockville, Ontario. He was in his 88th year.

Born in Kingston, Ontario in 1933, he lived a full and adventurous life. He was a devoted husband to Rosemary; loving father to James, Thomas (Maureen), Catherine (Brian), Jennifer (David), and Laura (Bernard); caring grandfather to Deborah (Chloe), Luke, Alice, Tommy, James, Katie, Chloé, Jacob, and Amaya; and beloved brother to Joan Sherwood. He is preceded in death by his parents, Alice and Thomas, his dear brother John, and his granddaughter Emma.

Tom embraced life fully. A born adventurer, he travelled the world and lived in many far-flung and exotic places, including England, Ghana, Malawi, Bolivia, Sri Lanka, Colombia, and the Ukraine. He worked in international development and education, with most of his professional career spent as a professor and Academic Dean at Champlain College in Lennoxville, Quebec. Colleagues and students recall him fondly as passionate about his work and generous with his time and spirit.

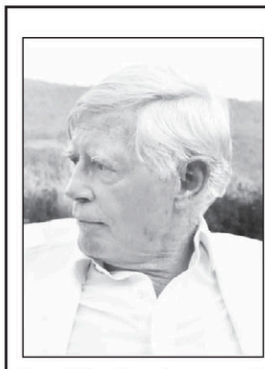
A joyful soul, Tom loved music and the arts. He was a true seeker and lifelong learner; up until the very end of his life he continued to work on playing his guitar and improving his French. He cared deeply about social justice and world news, and his written reflections on current events, his life, and his wide variety of interests were published for years in his local paper, the Sherbrooke Record.

Most of all, Tom cared about his family. The values he instilled in his children have served them well and the love he showed his wife of 59 years will forever be an inspiration. He will be remembered with love by all who knew him, and forever missed by his family.

In compliance with current Health and Public Safety Directives, a public Celebration of Tom's Life will be held at a later date. In memory of Tom, donations to the Alzheimer's Society of Ontario or to the student services fund at Champlain Regional College of Lennoxville would be gratefully appreciated by her family. Arrangements entrusted to Barclay Funeral Home, 137 Pearl Street East Brockville. Messages of condolences may be made online at www.barclayfuneralhome.com.

Barclay Funeral Home Ltd.

613-342-2792



Philip Reed SCOWEN
June 13, 1931 – May 28, 2020

Dad died peacefully in his sleep in Toronto, aged 88. He was born in Sherbrooke, Quebec, and was raised in the Eastern Townships. He attended Trinity College School in Port Hope, Ontario, and did his undergraduate studies in Lennoxville, Quebec, at Bishop's University, where he made life-long friends. In 1956 he completed an MBA at Harvard University and went into business, turning a small paper-converting company in Laval, Quebec, into a healthy business with a European arm. He sold the company in 1972 and took us all across the ocean to England for a year, where he studied at the London School of Economics and was mentored by Michael Oakeshott.

On our return to Canada, he became a senior policy advisor to Quebec's minister of industry and commerce for a year. After that he served as director-general of Pierre Trudeau's infamous anti-inflation board, and then as executive director of the equally newsworthy Task Force on Canadian Unity. In 1978, he went into elected politics, serving as the member of Quebec's National Assembly for the riding of Notre-Dame-de-Grace from 1978-1987. He and a small group of Liberal MPs from Montreal ridings became close friends and allies as they defended the rights of English-speaking Quebeckers. He resigned his seat in 1987 to become Quebec's delegate-general to London, and then served in the same role in New York City.

Dad wrote two noteworthy books on Quebec politics: "A Different Vision: The English in Quebec in the 1990s," and "Time to Say Goodbye: Building a Better Canada without Quebec." He was deeply involved with Montreal's English-speaking community, serving as chairman of Alliance Quebec and chairman and president of the Tyndale St-Georges Foundation. But he always kept a foot in Quebec's majority culture. He was perfectly bilingual and did his best to ensure we were, too. Growing up, we listened to French music and watched French television at his insistence, and he served as chairman of La Compagnie de Danse Marie Chouinard in the 1990s.

Dad is remembered by those who loved him as an elegant and witty man, an adventurer and a maverick, and an exemplar of the modern bicultural Montrealer. He struggled bravely in his final years with advanced Parkinson's disease, and never complained as it slowly closed its grip on him.

Reed Scowen was the oldest son of Philip and Eulah Scowen. He is survived by his children, Amy, Peter, Sarah and Kate, and their mother, Mary Anne; and by his loving partner, Cynthia Ryan; his sister, Lee (Campione) and brother, Phil. He was a generous grandfather, and a beloved uncle and godfather.

His children cannot adequately express their gratitude to the nurses and doctors of Mount Sinai Hospital, who looked after dad in his final days and served with compassion as our proxies, as we were not allowed to visit him because of the pandemic. We will also be forever grateful to his primary caregiver, Jenny Bautista, who got him elegantly dressed for business every day, and to Hazelton Place for the excellent care it provided.

There will be no funeral at this time; a graveside ceremony at Reedsville Cemetery in North Hatley will be organized when appropriate. In lieu of flowers, please consider making a donation to the Tyndale St-Georges Foundation in Reed's name. Condolences may be forwarded through www.humphreymiles.com.

Arrangements under the direction of the Humphrey Funeral Home A.W. Miles – Newbigging Chapel, Toronto (1-800-616-3311).

George, June (Nee Robinson) 1923-2020

On May 31st, 2020, June George (nee Robinson): peacefully passed away, born Aug 2, 1923 widow of Bernard Downman. Survived by her husband Graham George, her sister Bobby Cochrane, and June's children Susan Armitage nee Downman & Allan, Sandi MacKenzie nee Downman, Robert Downman & Patti, and Ted Downman & Roberta. Also survived by her 10 grandchildren and 10 great-grandchildren.

Special thanks to the staff of Excelsoins Knowlton for taking such good care of Mum. "She will be in our hearts forever and lives on and on through all of us."

Arrangements entrusted to:

DÉSOURDY FUNERAL HOMES
101 Jean-Besré, Cowansville QC
PHONE: 450-263-1212
FAX: 450-263-9557
info@desourdy.ca
www.desourdy.ca

Dolorès Mailhot MAYETTE 1937-2020

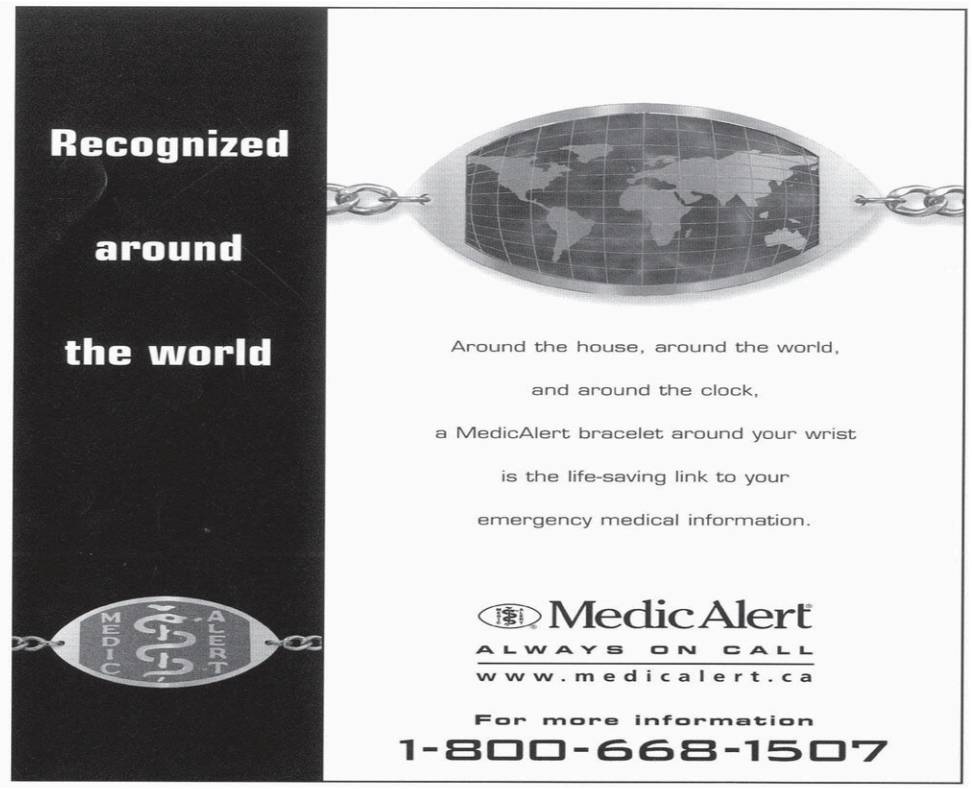
At La Maison Aube-Lumière in Sherbrooke, April 27, 2020 passed away Mrs. Dolorès Mailhot at the age of 82. She was the spouse of the late Maurice Mayette, and resided in Richmond. She was the daughter of Edmond Mailhot and Irène Lampron.

Mrs. Mailhot is resting at the Centre Funéraire Yves Houle, 198 rue Adam, Richmond. Visitation hours on Friday, June 5 from 10 a.m. to 2 p.m. Funeral service to be held on June 5 at 2 p.m. at the funeral home. Interment at the Sainte-Bibiane cemetery, Richmond.

Mrs. Mailhot leaves to mourn her children: Rémi-Mario, Françoise (François Duplessis), Christine (Normand Fréchette), Martin, Marthe (Stéphan Coderre) and Marjolaine; her sisters Hélène and Liliane and her late brother Michel. She also leaves to mourn her grandchildren: Samuel and Sébastien Duplessis, Andréanne, Éloïse, Alexandrine, Mireille, Jacquelin and Emmanuel Rajotte, Nickolas and Marianne Coderre, Olivier and Émilie Robidas as well as two great-grandchildren: Louèvan and Joaquim Faille.

She leaves to mourn many other family members and friends, as well as the members of the choir and the marguillers of the Ste-Bibiane Parish of Richmond.

CENTRE FUNÉRAIRE YVES HOULE
198 rue Adam, Richmond QC
PHONE: 819-826-3747
FAX: 819-477-4289
www.yveshoule.com



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Death

Frances Eileen (Baker) Pharo
(July 3, 1918–May 25, 2020)

Our dear Mum passed away on May 25th after a brief illness, just short of her 102nd birthday. She was the daughter of Alfred ("Brownie") and Lillian Baker; the loving and devoted wife of Merritt Collin Pharo (d. 1997); sister to Douglas (d. 1945); most amazing mother to Nancy Henrico, Sandra Henrico (Peter), Judy (Bob), and Andy (Norah); cherished grandmother ("Nine") to Joanne, Christine (David) Michael, Kurt (Carina), Lee Anne (Mike), Adrienne (Cam), and Connor; and great-grandmother to Emma Grace, Brielle, Brooke, Bradley, Matthew, Noa, and River.

Mum was born in Sherbrooke, grew up in Lennoxville, graduated from Bishop's University (BA '39, B.Ed. '40), married my Dad and set up home in Thetford Mines and became part of the close-knit Pharo family. She was a homemaker, an educator, and an artist – family and friends all have her paintings on their walls. Her happiest times were at the cottage where there were always lots of family, friends, visitors, kids, and dogs. There was always room for one more around her table.

The family would like to thank the Manoir Beaconsfield particularly Sabrina, Donna, Brenda, Melissa, Caitlyn, Lance, and Shirley for their amazing support of our Mum, particularly during the 9 weeks of isolation. Also, thanks to Dr. Iqbal and Dr. Dollois who managed Mum's health with great care.

Donations in memory of Mum may be made to Ormstown Elementary School, 7 Georges Street, Ormstown, Québec, J0S 1K0 (https://oes.nfsb.qc.ca) to support student programs and services.

A Memorial Service will take place in Sherbrooke at a later date.

Death

In Memoriam

Your generous contribution will help finance research into lung disease such as asthma, emphysema, chronic bronchitis and lung cancer.

Over 700,000 Quebecers who suffer from respiratory disease thank you.

Quebec Lung Association

Toll free: 1 800 295-8111
Montreal: (514) 287-7400

Church Services

Presbyterian

LENNOXVILLE

St. Andrew's Presbyterian Church, Lennoxville. Due to the Covid-19 virus, our church is currently closed for Sunday services. We welcome you to view Rev. Susan Smith's weekly message on our facebook page, Saint Andrew's Presbyterian Church/community/my services.
The Word of Grace broadcast can be heard each Sunday morning on the community station CJMQ – 88.9 FM at 8:30AM. It can accessed anytime at www.cjmq.fm

United

AYER'S CLIFF, MAGOG, GEORGEVILLE

Ayer's Cliff – Magog - Georgeville Pastoral Charge. Beulah United Church in Ayer's Cliff and St. Paul's United Church in Magog will be closed until further notice. You can read updates on the Ayer's Cliff-Magog-Georgeville Pastoral Charge facebook page. You may also join Rev. Lee Ann on our Youtube channel at the following link https://www.youtube.com/channel/UCP1JwN7aDpr5GgkKk6JR_sw/videos or on our Pastoral Charge website https://amgunited.wixsite.com/amgunited. Rev. Lee Ann Hogle 819-571-7233.

LENNOXVILLE

Lennoxville United Church. Facebook Live: Prayer and Reflection with Rev. Linda. Every Sunday @ 10 a.m. & Wednesday @ 10 a.m. Available Live through Linda Buchanan's Facebook Page or Lennoxville United Church Facebook Page. Video available afterwards through Linda Buchanan's Facebook Page or Lennoxville United Church Facebook Page or Lennoxville United's Website http://lennoxvilleunitedchurch.com/

SHERBROOKE

Plymouth-Trinity United Church, 819-346-6373, www.plymouthtrinitychurch.org, in Sherbrooke, invites you to celebrate Trinity Sunday at our worship service on June 7, at our regular time of 10:30 a.m. Connect via the Internet, or by telephone (long distance charges will apply): Check our website or call the church office for details (our building is closed). Joignez-vous à nous pour notre culte du 7 juin, à 10h30, diffusé par Internet ou par téléphone (avec frais interurbains). Voir les détails sur notre site web ou téléphonez-nous (notre bâtiment est fermé). Cordiale bienvenue à tout le monde. Minister: Samuel V. Dansokho.

SUDOKU

DIFFICULTY RATING: ★★★★☆

				3	7			8
5	8			1				7
				5	8			
	1	3		8		4		
	9			7			2	
		2		9		7	6	
			8	4				
3				2			9	4
1			3	6				

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HOW TO PLAY:
Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

PREVIOUS SOLUTION

2	7	5	6	3	4	1	8	9
8	3	6	5	9	1	7	2	4
4	9	1	7	8	2	5	3	6
3	1	4	8	2	6	9	7	5
9	6	7	3	1	5	2	4	8
5	2	8	4	7	9	3	6	1
7	5	2	9	6	8	4	1	3
6	4	3	1	5	7	8	9	2
1	8	9	2	4	3	6	5	7

HOW TO PLAY:
Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

PREVIOUS SOLUTION

9	2	1	6	3	7	5	4	8
5	8	6	4	1	2	9	3	7
4	3	7	9	5	8	6	1	2
7	1	3	2	8	6	4	5	9
6	9	5	1	7	4	8	2	3
8	4	2	5	9	3	7	6	1
2	5	9	8	4	1	3	7	6
3	6	8	7	2	5	1	9	4
1	7	4	3	6	9	2	8	5

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DIFFICULTY RATING: ★★★★

SUDOKU

	9	8	6	5		1		
				9		7		
				1	4		6	2
1		5			9			
				3				
			1			6		7
6	7		9	2				
		9		4				
		1		7	8	2	9	

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CELEBRITY CIPHER
by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"R'ZK EKZKH XKKE T ADDE RE NPK XVS NPTN, RW RN GRGE'N NTVK AS UHKTNP TBTS, TN CKTXN ARXMCTOKG RN WDH T ADAKEN."

— ODCRE WTHHKCC

Previous Solution: "A creative man is motivated by the desire to achieve, not by the desire to beat others." — Ayn Rand

TODAY'S CLUE: W equals B

CELEBRITY CIPHER
by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"YKL YXCL KWN YZPHLC! YKL SPLL JLH TS YKL MTPOC WPL JWPRKXHV YTVLYKLP YT AXRYTPF!" — VLH.

CMXVKY C. LXNLHKTMLP, C-CWF, 1944

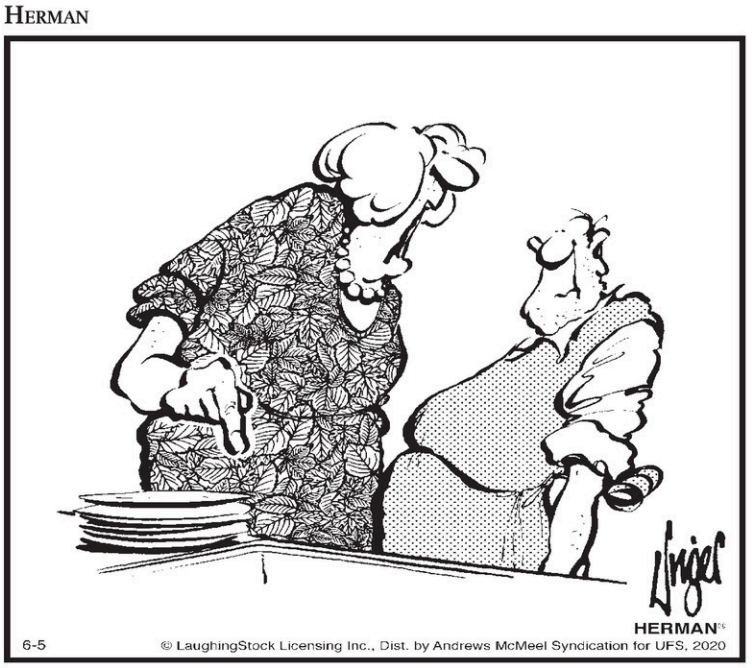
Previous Solution: "I've never seen a moon in the sky that, if it didn't take my breath away, at least misplaced it for a moment." — Colin Farrell

TODAY'S CLUE: T equals O

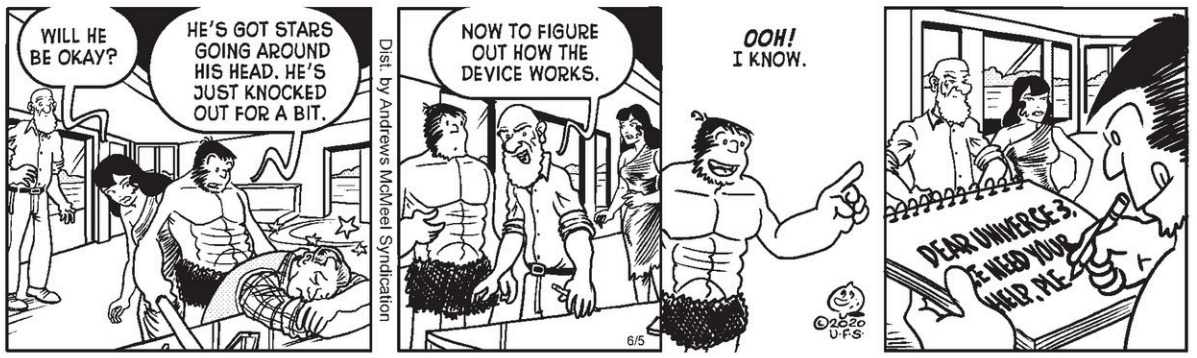
Previous Solution: "I've never seen a moon in the sky that, if it didn't take my breath away, at least misplaced it for a moment." — Colin Farrell

REALITY CHECK

HERMAN



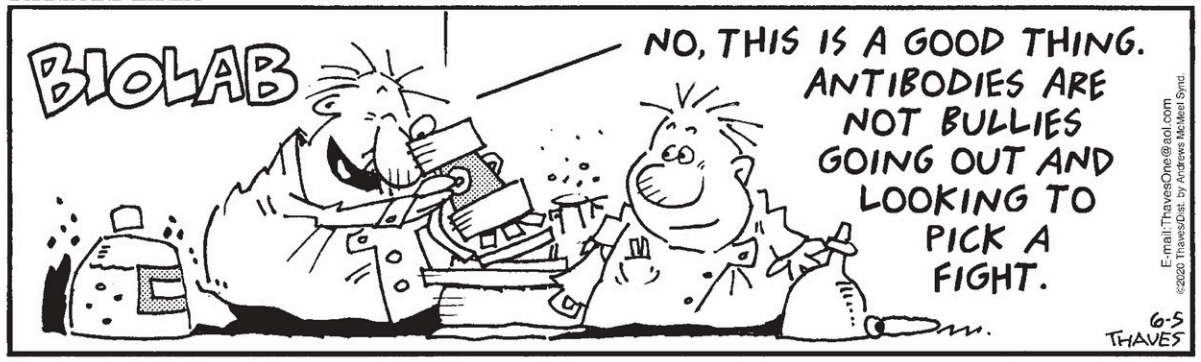
"Marriage is give and take. I eat your cooking so *you* do the dishes."



ARLO & JANIS

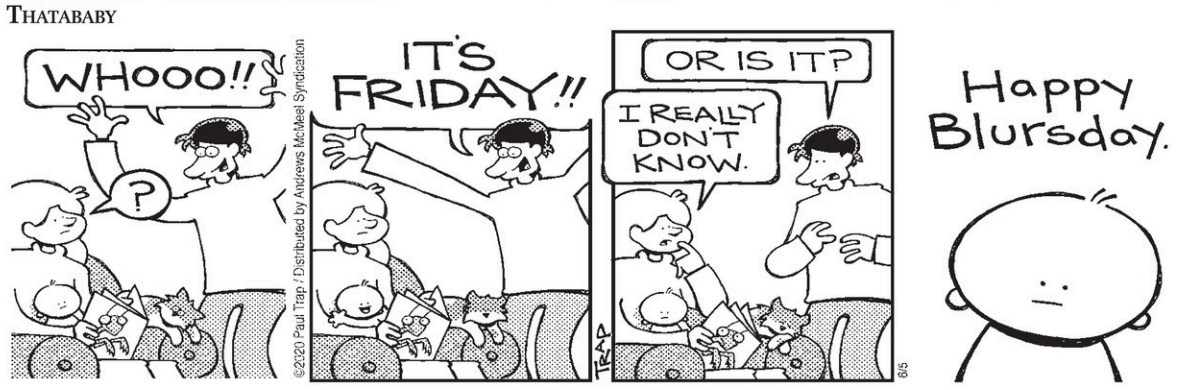
THE BORN LOSER

FRANK AND ERNEST



GRIZZWELLS

THATABABY



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CLASSIFIED

Call Sherbrooke: (819) 569-9525 between 8:30 a.m. and 4:30 p.m.
E-mail: classad@sherbrookerecord.com
or Knowlton: (450) 242-1188 between 9:00 a.m. and noon

Deadline: 12:30 p.m. one day prior to publication
Or mail your prepaid classified ads to The Record, 6 Mallory, Sherbrooke, Quebec J1M 2E2

NOTICE

Following the death of the late ***Malcolm FRASER,*** during his lifetime residing at *200 Fraser Road, Cookshire-Eaton, Quebec, J0B 1M0,* which occurred on March 16, 2020, an inventory was made by the liquidators of the succession in accordance with the law.

This inventory may be consulted by all the interested parties, at the office of **Mtre Timothy LEONARD, Notary, at 520 Bowen South, Sherbrooke, Quebec, J1G 2E1, 819 563-0500.**

This May 27, 2020.

Timothy LEONARD,
Notary and Attorney for the Liquidator

030 Property Wanted

LOOKING TO BUY **WOODED** LAND, for hunting, 50 to 200 acres. Contact 819-237-5839 or nature1269@gmail.com

100 Job Opportunities

SEEKING LIVE-IN CAREGIVER, assist senior woman in Bromont, Quebec in private household. Keep records of daily activities, provide personal care, accompany to medical appointments, plan, prepare and serve meals, housekeeping and maintain. Room and board, vacation 1 day/month, 1st year 4% / wages. English speaking. Completion of secondary school, first aid and CPR training. Min. two years of experience as full time care giving home support, and related occupation. Temp employment contract of 2 years, 40 hrs/week, $14.50/hr. Please send cv to sdpri12@gmail.com.

140 Professional Services

RENOVATIONS Quality renovations by certified building inspector. Call 819-849-0415 or 819-238-8865.

145 Miscellaneous Services

LENNOXVILLE PLUMBING. Domestic repairs and water refiners. Call Norman Walker at 819-563-1491.

160 Music Playing

LOOKING FOR ADVANCED or professional pianist, violinist, and cellist to meet to play great repertoire with the flute. Possible concerts. Email with subject 'Music' to douglasnadler62@gmail.com

275 Antiques

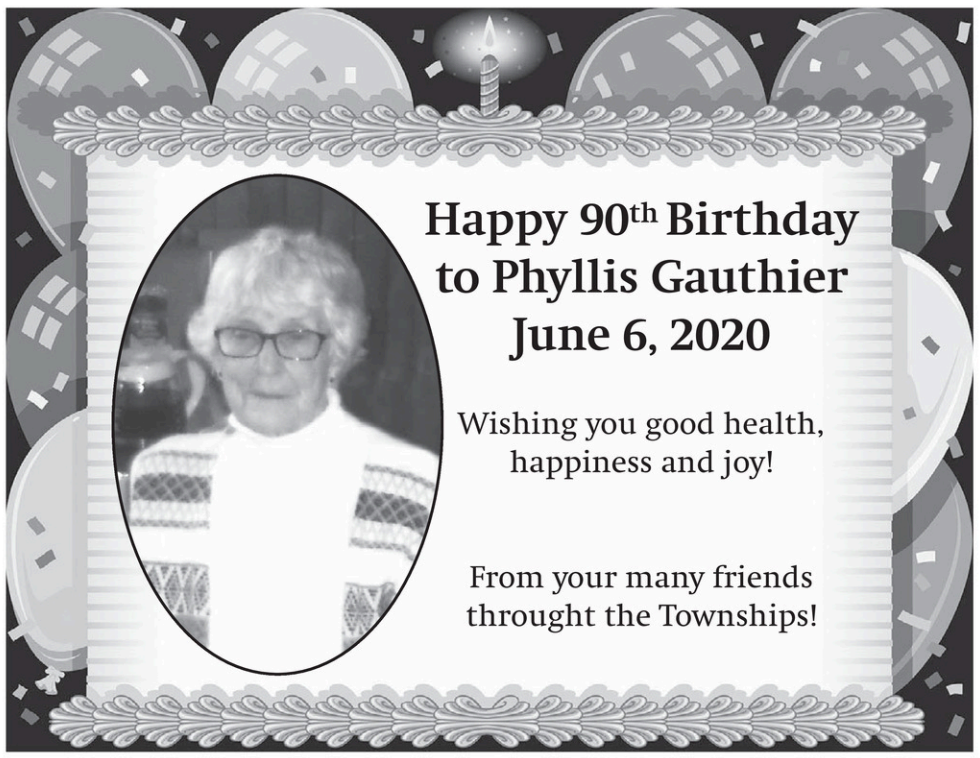
WE BUY from the past for the future, one item or a household, attic or basement, shed or garage. We like it all, give us a call. 819-837-2680.

395 Home Improvement

TAPIS STEVE – Final week sale. Come on in/make an offer. Everything must go. 11 Queen, Lennoxville. 819-566-7974. Every Friday until further notice.

Email your classified ad to:
classad@sherbrookerecord.com

Follow The Sherbrooke Record on Facebook and Twitter!
sherbrookerecord @recordnewspaper



60th Wedding Anniversary

It is with love, congratulations and so much pride, that we wish our parents

Evelyn & Allan Suitor

a happy 60th Wedding Anniversary on June 18, 2020.

They have built so many memories with friends and family. On their Diamond Wedding Anniversary we wish them all the best!

Due to the Covid 19 we are unable to have a gathering to help celebrate this lovely occasion. The family would ask that you send them your best wishes to their address:

Mr. & Mrs. Allan Suitor
5585 Suitor Road
Waterville, Quebec, J0B 3H0

Congratulations Dr. Sonja Knutson

The Knutson family want to congratulate Sonja on completing her doctoral studies and graduating with distinction.

MAP IT

Imagine your family is anywhere in the world! Pick a spot on the map and learn about that country together online.

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NEA Crossword Puzzle

ACROSS

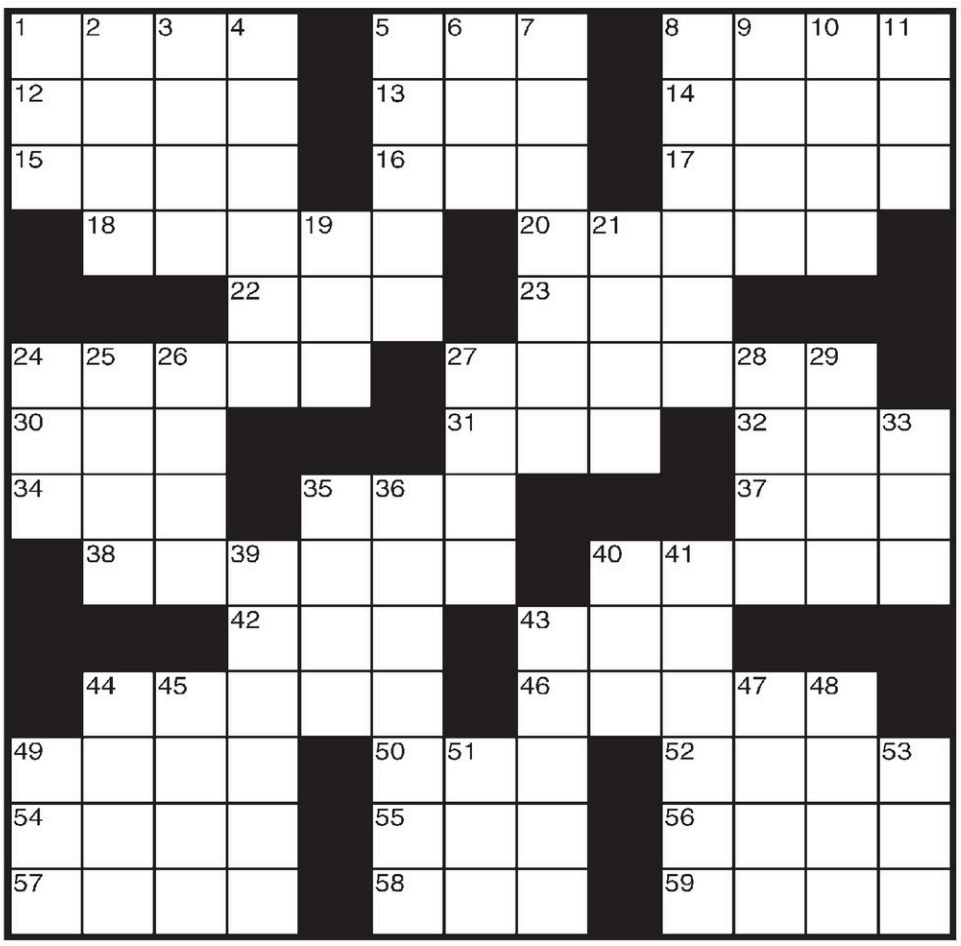
1 Crocus "bulb"
5 PC bailout key
8 Vex
12 Marie's pal
13 — de mer
14 Thought
15 Baja snack
16 Nonflying bird
17 Highway
18 Less cooked
20 Put up
22 Ben & Jerry rival
23 Blitzer's channel
24 Bends
27 Pester
30 Kimono sash
31 El Dorado loot
32 Hit heavy seas
34 "Annabel Lee" poet
35 Charged particle
37 Sorority letter
38 Alps locale
40 Not those
42 Unconscious
43 Deposit
44 7-Up rival
46 Exclamation of dismay
49 Tubular pasta
50 Sully
52 Tee-hee kin (hyph.)
54 Like — — of bricks
55 Imitate
56 Roulette bet
57 Posse's quarry
58 Part of UCLA
59 Not cluttered

DOWN

1 Nine-lived pet
2 Bradley or Sharif
3 Costa —
4 Made catcalls?
5 Nail groomer
6 Pianist at Rick's
7 Place to relax on a train (2 wds.)
8 Bogging down
9 Graven image
10 Stunt
11 Current rage
19 Mag. staffers
21 Reverse
24 Fussy dresser
25 Reed instrument
26 Stead
27 Off-white
28 Bronte governess
29 Super Bowl cheers
33 Heartache
35 Chits
36 Best
39 Rodeo event
40 Mai —
41 Dash's kin
43 Ancient harps
44 Gyro shell
45 Famed prep school
47 Icicle site
48 One-time Mets' stadium
49 Zig's opposite
51 GI address
53 Picnic pest

Answer to Previous Puzzle

■	Z	E	S	T	■	■	Y	O	K	E	D	
R	E	G	L	U	E	■	R	E	L	I	V	E
A	R	O	U	N	D	■	S	W	E	D	E	N
T	O	S	S	■	G	O	V	■	■	S	R	S
■	■	■	H	A	I	R	P	I	N	■	■	■
Y	E	T	■	W	E	B	■	R	I	G	S	■
O	R	A	T	E	S	■	B	O	N	I	T	O
M	A	D	E	I	T	■	A	N	O	R	A	K
■	S	A	N	G	■	P	I	E	■	D	R	S
■	■	■	S	H	I	E	L	D	S	■	■	■
S	R	O	■	■	S	R	I	■	C	A	K	E
K	E	R	N	E	L	■	F	L	O	R	A	L
E	N	C	O	R	E	■	F	I	N	E	R	Y
W	E	A	V	E	■	■	Z	E	A	L	■	



6-5

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Your Birthday

FRIDAY, JUNE 5, 2020

You'll be appealing to a wide variety of people this year. Consider who is showing interest, but before you make a life choice, consider what it is you are trying to achieve. Having fun and doing something worthwhile with your life will conflict this year. Choose smart over foolish.

GEMINI (May 21-June 20) – An inevitable change may not be welcome, but in the end, you will be happy things turned out the way they did. Trust in your ability to survive and do well.

CANCER (June 21-July 22) – You may welcome change, but the creative surge you have as a result will guide you down an exciting path. Free your soul and prepare to grow emotionally and spiritually.

LEO (July 23-Aug. 22) – Physical movement will be good for your spirit, ease stress and motivate you to put the past behind you while embracing the future. Don't let changes that others make limit you.

VIRGO (Aug. 23-Sept. 22) – If change is required, make it happen. Look over your options, consider what works best for you and then proceed. Refuse to let what others do interfere with your plans.

LIBRA (Sept. 23-Oct. 23) – Activity that gets you up and moving will make you feel better. Look for something you can share with someone you love. A kind gesture will help solve a sensitive issue.

SCORPIO (Oct. 24-Nov. 22) – How you talk to and care for others will be representative of the way others treat you or return a favor. A unique offer may sound incredible, but the cost involved may not be worth it.

SAGITTARIUS (Nov. 23-Dec. 21) – Take action, be upfront and leave nothing undone. Don't take on the impossible or give in to someone touting something that isn't realistic. Don't take a risk.

CAPRICORN (Dec. 22-Jan. 19) – Discuss a change you want to make and lay out your strategy. The input you receive will be unique and offer the support and help you require to excel.

AQUARIUS (Jan. 20-Feb. 19) – Clear time and space to engage in something you want to pursue. Physical activity will inspire you to set high goals and expectations. **Romance is in the stars.**

PISCES (Feb. 20-March 20) – Be cautious when dealing with peers and relatives. A wrong move or sharing something you shouldn't is likely to leave you in a precarious position. Don't make a move without a plan and approval.

ARIES (March 21-April 19) – Handle your finances with care. An offer will not be as good as it sounds. Don't pay for someone else's mistake. A joint venture will disappoint you. Do your own thing.

TAURUS (April 20-May 20) – Relationship experience will come in handy when sizing up how someone is treating you. Don't waste time on anyone who pressures you. Protect against being taken for granted.

FRIDAY, JUNE 5, 2020

Can you make him misread?

By Phillip Alder

As I was writing this set of columns, it was announced that the Summer North American Bridge Championships, scheduled for July in Montreal, have been canceled.

The World Bridge Championships were held in that Canadian city in 2002. One of the best opening leads ever was found by Paul Soloway. He held the West hand. What did he lead against six clubs?

Over Soloway's modern-style weak two-bid, North made a highly debatable two-spade overcall. With minimum or subminimum values, you ought to be short in the opener's suit, not long. Bob Hamman (East) raised hearts to consume bidding space. South first advanced with four diamonds, then jumped to six clubs, reaching a reasonable slam.

As you can see, success depended upon declarer's handling of his trump suit. What is the recommended line?

In isolation, South would cash his club ace, then lead toward dummy's queen. So, South seemed destined for success. However, Soloway led the heart king! Understandably, declarer placed the heart king and ace with him. If so, he was unlikely to have the club king, because then he might have opened one heart. So, after ruffing, declarer played a diamond to dummy's queen and ran the club queen.

	North	06-05-20
	♠ K 10 9 8 3	
	♥ Q J 5 2	
	♦ Q	
	♣ Q 8 6	
West		East
♠ Q 7 6		♠ J 5 4 2
♥ K 10 9 7 4 3		♥ A 8 6
♦ J 8		♦ 6 4 3 2
♣ K J		♣ 9 5
	South	
	♠ A	
	♥ —	
	♦ A K 10 9 7 5	
	♣ A 10 7 4 3 2	

Dealer: West
Vulnerable: Neither

South	West	North	East
	2♥	2♠	3♥
4♦	Pass	4♠	Pass
6♣	Pass	Pass	Pass

Opening lead: ??

West won with his king and led back the diamond jack.

Now South was sure that West could not have the club jack, because with 12 high-card points (heart ace-king, diamond jack and club king-jack) he certainly would have opened one heart, not two. Declarer ruffed on the board and played a club to his 10. Disaster – down one.

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