

HURRY! ENDS FEBRUARY 28<sup>TH</sup>.

**FIRST 3 MONTHS PAYMENT ON US**  
UP TO \$1,500 ON MOST NEW 2017/2018 F-150 MODELS

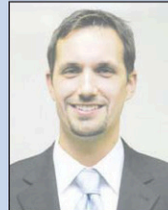
ELIGIBLE COSTCO MEMBERS RECEIVE AN ADDITIONAL **\$1,000** ON SELECT NEW 2017/2018 MODELS



**Valestrie** LINCOLN  
SHERBROOKE

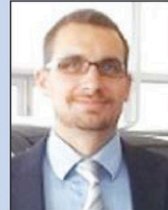
819-563-4466 office

Visit our website [www.valestrie.com](http://www.valestrie.com) - Very nice selection of pre-owned vehicles



819-822-8055 cell  
[mike.page@valestrie.com](mailto:mike.page@valestrie.com)

A family team here to listen to you and serve you with care



819-578-1965 cell  
[johnpage@valestrie.com](mailto:johnpage@valestrie.com)

## Running prep and recovery

Sports — Page 17

# THE RECORD

THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897



# WEEKEND EDITION

95 CENTS + TAXES

PM#0040007682

FRIDAY, FEBRUARY 9, 2018

## City offers tips for responsible winter citizenship

Record Staff  
SHERBROOKE

As Sherbrooke is once again hit with substantial snowfall, the city is giving citizens a few tips to encourage responsible civil behaviour and help improve the quality of municipal services in winter. In many cases, taking small actions greatly facilitates winter operations, it says.

### Winter advice

Don't put waste bins on the street the day before pickup.

The public is encouraged to put bins on the street before 8 a.m., the morning of collection, and to remove them as soon as pickup is completed or as soon as possible afterwards on the same day. Snow removal staff can clear the streets more quickly and more evenly if they are not full of waste bins, especially during night operations.

### Never put snow on the street or on the sidewalk

This habit has a serious impact on the

CONT'D ON PAGE 3

## Ayer's Cliff Elementary School loves its volunteers



COURTESY PHOTOS

By Gordon Lambie

One of the realities of going to a school in a rural community is that often the buses come really early in the morning. That, according to Ayer's Cliff Elementary School com-

munity member Jennifer Mackinnon, can be a hard way for young students to start the day.

"Many children, especially from the Coaticook area, are on the buses before 7 and many simply don't have time to eat before school or are hungry by the

time they get here," the volunteer said. Enter the breakfast program.

"The ACES breakfast program is run by 15 very dedicated volunteers," Mackinnon explained, estimating that the

CONT'D ON PAGE 5



IN THE MIDDLE OF TOWN -THAT'S CONVENIENT!-

**L' RENAISSANCE**  
Manoir St-François  
RETIREMENT RESIDENCES

RESERVE NOW!

819-562-0875  
[lerenaissance.ca](http://lerenaissance.ca)

# The Record e-edition

There for you  
24-hours-a-day  
7-days-a-week.  
Wherever you are.

Access the full edition of the *Sherbrooke Record* as well as special editions and 30 days of archives.

Renew or order a new 12-month print subscription and get a 12-month online subscription for an additional \$5 or purchase the online edition only for \$82.21.

### Record subscription rates (includes Quebec taxes)

- 1 year print: \$155.91
- 6 month print: \$81.85
- 3 month print: \$41.57
- 12 month web only: \$82.21
- 1 month web only: \$7.46

Web subscribers have access to the daily *Record* as well as archives and special editions.

Subscribing is as easy as 1,2,3:

1. Visit the *Record* website: [www.sherbrookerecord.com](http://www.sherbrookerecord.com)
2. Click e-edition.
3. Complete the form and wait for an email activating your online subscription.

## Weather



**TODAY:**  
A FEW  
FLURRIES

HIGH -7  
LOW -10



**SATURDAY:**  
SCATTERED  
FLURRIES

HIGH 1  
LOW -4



**SUNDAY:**  
MIXED  
PRECIP

HIGH 3  
LOW -6



**MONDAY:**  
MAINLY  
SUNNY

HIGH -5  
LOW -18



**TUESDAY:**  
MAINLY  
SUNNY

HIGH -2  
LOW -3

# Meet Christopher John Francis Boone



## GOOD READS

### LENNOXVILLE LIBRARY

"It was 7 minutes after midnight. The dog was lying on the grass in the middle of the lawn in front of Mrs. Shears's house. Its eyes were closed. It looked as if it was running on its side, the way dogs run they think they are chasing a cat in a dream. But the dog was not running or asleep. The dog was dead. There was a garden fork sticking out of the dog."

Thus begins Chapter 2 of Mark Haddon's 2003 Whitbread Book of the Year: "The Curious Incident of the Dog in the Night-Time." The putative author of this work is 15-year old Swindon, Wiltshire resident Christopher Boone. Christopher has a form of autism and the book is an assignment at the school for special needs students that he attends. Not all the students are autistic: most of them have other types of handicaps. This means few of the students understand the problems that the others have to struggle with.

The book is an attempt to get the reader inside Christopher's head, to try to visualize the world the way Christopher has to see it. Christopher is a literalist. Nuance and subtlety are foreign to him. That's why he likes numbers. You can trust numbers. 3 always means 3 and nothing else. He is particularly fond of prime numbers, because they can't be recombined. 20 might be 4x5 or 2x10 or 2x2x5. But 19 is always and only 19. That is why he has numbered the chapters using prime numbers, in sequence but not consecutive. This explains why a 221-page book ends at Chapter 233.

Words, on the other hand, are slippery and treacherous. Not only (there's a dangerous customer) does the same word mean different things in different contexts, but words are sometimes pronounced differently and act as different parts of speech, e.g. blessed, desert, frequent. Figures of speech are a major minefield. Christopher can cope with

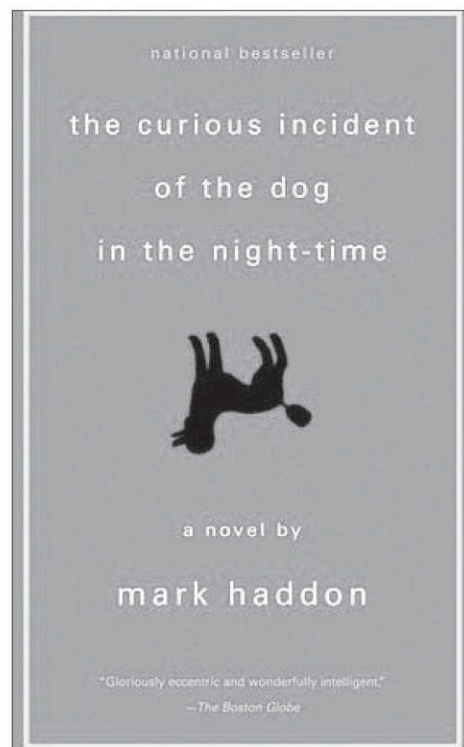
similes, because words generally mean the same thing as when they are not in similes. "Red" still means a colour and "beet" still means a root vegetable. But metaphors are completely baffling. If you describe someone as a "pistol," does that mean he is dangerous and possibly lethal, or does he just like to make a lot of noise without doing any real harm?

Christopher is highly vulnerable to information overload. He not only sees and hears everything around him: he also remembers it. He does not have the internal screens that block out most of the details of our sensory environment, enabling most of us to concentrate on the things we are most interested in. Christopher takes in all these details and assigns them to their proper place in his memory bank. But if there are many things in view, some of which are moving, accompanied at the same time by many sounds, Christopher becomes overwhelmed and can't think straight. One of the most interesting parts of the book is the different mechanisms that he uses to cope (or not cope) with these crises. For instance, he does not like to be touched because that adds more sensations that he has to keep track of. He usually responds to being grabbed or hugged by punching the person who makes that mistake.

Christopher has decided to make the death of Wellington, the unfortunate poodle referred to above, a murder mystery that he will solve using the techniques of science and math employed by his hero, Sherlock Holmes. The book he is writing details how this investigation is being carried out and the results that it is producing. Christopher has to employ stealth to do this because his father has forbidden him to bother the neighbours with his inquiries. His detective techniques lead him down a blind alley. But he still finds out who killed Wellington when the culprit confesses.

In the meantime, Christopher's explorations have led him to learn things about his own family that he had never suspected. These frighten him so much that he feels compelled to run away to London to seek shelter with other family members. The only problem with this plan is that he has never been to London, never travelled on a train, and he is completely unprepared for the nightmare of riding the Tube.

One of the fun things about the book is that one of Christopher's coping mechanisms is to try to solve math problems in his head as a means of blocking out the outside world. He is very good at



Math and is planning to write his A level (university entrance) exams, which no one from his school has ever attempted. These problems are sketched out and solved in the text, which adds an interesting element to the story.

I really enjoyed this tale about a different kind of hero battling against problems the rest of us don't really have. There are times when it appears we are getting more Haddon than Christopher: he seems to have some awfully complex views about astronomy for a fifteen-year-old, even a mathematically gifted fifteen-year-old.

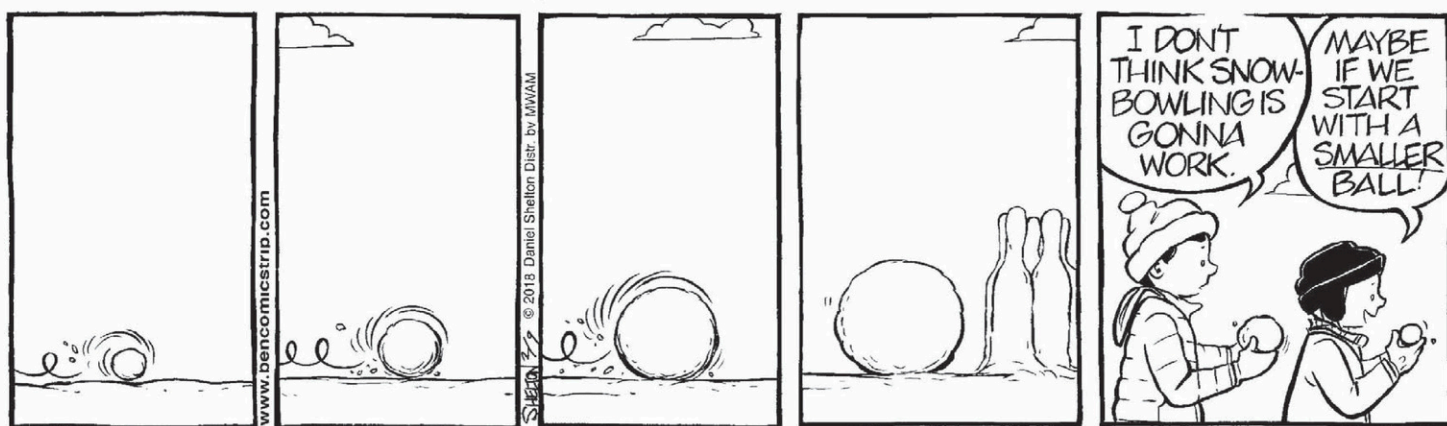
"The Curious Incident of the Dog in the Night-Time" is available at the Lennoxville Library as both a regular book and an audio book.

The Lennoxville Library is looking for new board members to fill some vacancies that have developed over the past year. Interested members of the library should contact Donna Berwick 819-565-3449 before February 20 to make inquiries and/or to offer their services.

**Learn More. Achieve More.**  
To improve reading, writing or math skills, look under **LEARN** in the Yellow Pages™ or visit [www.LookUnderLearn.ca](http://www.LookUnderLearn.ca)

ABC  
Life Literacy Canada

## Ben by Daniel Shelton



## LOCAL NEWS

Cloutier said she had never seen a dog in such poor condition.

## Lac-Mégantic resident charged in case of extreme animal neglect

Record Staff  
SHERBROOKE

The SPA de l'Estrie has criminally charged a Lac-Mégantic resident for having purposefully abandoned two dogs and a cat in distress as well as willfully failing to provide the animals with food, water, shelter, and basic care.

On Jan. 31, inspectors from the SPA de l'Estrie had to intervene urgently in response to a complaint filed about the residence where the animals in question were housed. On arrival, they found two dogs and a very weak cat. "They were just skin and bones, downright skeletal," says Geneviève Cloutier, spokesperson for the SPA de l'Estrie. "Given their critical condition, the animals were immediately seized by our inspectors and brought urgently to the shelter so that they could receive the necessary veterinary care."

### A simply inconceivable situation

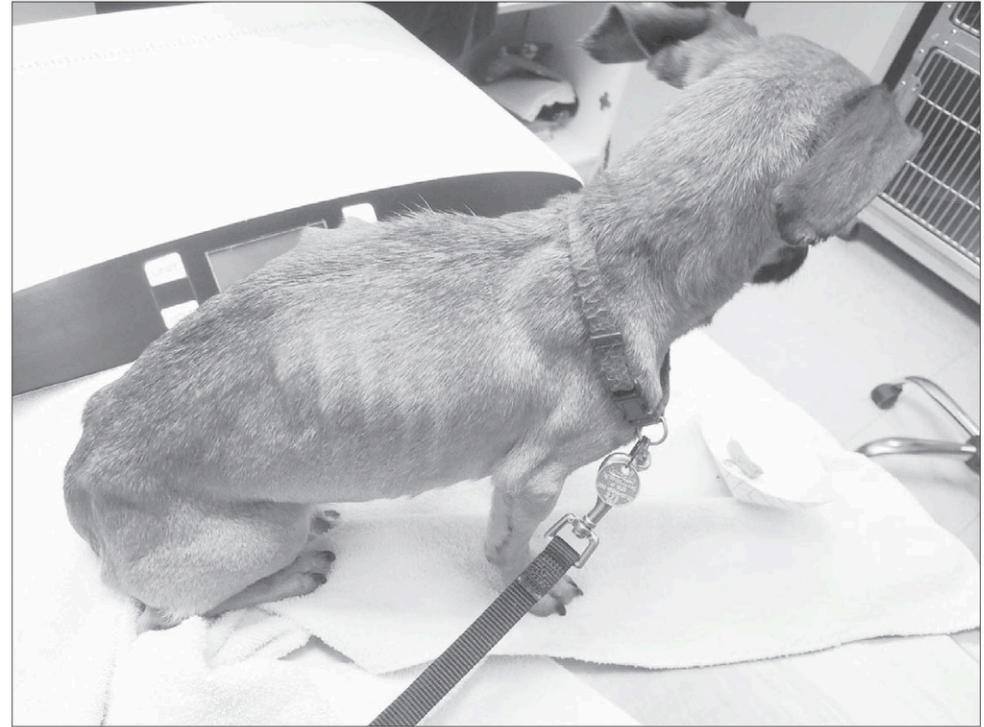
Veterinarians performed several tests on the animals and, unfortunately, had to immediately euthanize one of the dogs, a boxer mix, because of severe de-

hydration and malnutrition. Cloutier said she had never seen a dog in such poor condition.

The other dog and the cat also suffered from severe malnutrition and advanced dehydration. The dog, an almost 4-year-old dachshund breed, weighed less than half its normal weight, while the cat, about 1 year old, was in better shape and the veterinary team was able to save both of them.

They are currently in the shelter where they are still receiving care, but their condition is stable.

The Estrie SPA is reminding the public once again of the importance of reporting abuse or neglect of animals. "It can't be said enough; it is essential to report if you witness a situation of negligence or even if you're suspicious, don't hesitate to contact us without delay," Cloutier commented, adding that thanks to confidential reports, the organization has helped hundreds of animals. The SPA de l'Estrie is mandated to apply federal and provincial laws as well as municipal regulations regarding animal protection.



COURTESY OF THE SPA DE L'ESTRIE

The dachshund, nicknamed Becky, is slowly recovering. The other dog was in such an extreme state of malnutrition and dehydration that he needed to be euthanized immediately.

## Old Sherbrooke 'Y' building could become shops, condos

Record Staff  
SHERBROOKE

The old YM-YWCA building on Montreal St. which currently houses the French-language private primary school Plein Soleil, could be converted to commercial and residential use if a conditional purchase offer is accepted for the building, Sherbrooke's La Tribune is reporting.

The paper says the school preferred not to identify any potential buyers, since the transaction has not yet been

formally concluded. The transformation project could contain commercial spaces as well as apartments or condos on the upper floors. The schoolyard would be converted back into a parking lot.

The school announced last summer that it would be moving to the new Le Plateau neighborhood on Chardonnay St., which runs parallel to Lionel-Groulx Blvd.

Installed in its current location since the early 1990s, the school has become overcrowded.

## Responsible winter citizenship

CONT'D FROM PAGE 1

quality of snow removal. The city suggests never shoveling snow from driveways onto the street or into a ditch. In rural areas, this common practice is likely to block culverts located under driveways. During heavy rains or sudden snowmelt, the compacted snow prevents water from circulating freely in the culverts, which can cause significant and expensive damage.

### Never put snow over fire hydrants, and remove it if possible

It is imperative that fire hydrants are never buried under the snow. To ensure rapid response by firefighters in the event of a fire, the city removes snow from around some 4,100 fire hydrants in its territory. Citizens who want to assist can clear hydrants near their property themselves. This improves the security of their neighborhood and helps the city in

its work.

### Respect nighttime parking restrictions

The ban on parking vehicles on the street at night is in effect from midnight to 7 a.m. until March 14, inclusive. This prohibition could be removed on some nights between March 15 and March 31, but should be considered to be in effect until further notice.

These simple gestures, as well as many other tips, are included in a new section of the Ville de Sherbrooke website entitled "What to do in winter" (Quoi faire en hiver) at sherbrooke.ca/quoifaire.

The snow removal process begun by the city Thursday night is expected to last about a week, although no work will be done on the weekend.

## Mother takes to Facebook for crosswalk safety

Record Staff

"I feel powerless, I don't know what to do anymore," said Marie-France Bolduc in a Facebook video post.

Following repeated attempts for help from her children's school board and the city, the Sherbrooke mother made an appeal on social media to call for more security at an intersection on Bowen St. South in Sherbrooke where her children have to cross to get to school.

"Even when the children are at the corner near the sign drivers don't stop," Marie-France Bolduc said in her post.

Bolduc said she has asked for a crossing guard, a stop sign, or even just a speed bump to slow traffic in the area. All of her requests were refused, she said.

Bolduc said she also contacted Taxi Sherbrooke to try and arrange a contract to have her two girls picked up and dropped off from school rather than have them negotiate the crosswalk. According to Bolduc, the taxi company couldn't guarantee being on time every day, and she wasn't comfortable having her 6- and 4-year-old daughters standing around waiting.

Until now, Bolduc explained that her older son was able to help her 6-year-old daughter cross the street. He will be off to Cegep next year, she said, adding that her other 4-year-old daughter will start crossing the street next year as well.

"Do I have to wait until there is an accident?" she said, pointing out that the only safety measure in place at the Bowen crosswalk for her two daughters

is a sign threatening a fine that most drivers ignore.

Exasperated by the many administrative procedures she has gone through to no avail, Bolduc produced two videos that she posted on Facebook Wednesday.

In one, she explains her frustrations about the situation, which she feels puts her daughters in danger. In the second video, Bolduc has her daughter waiting at the corner in front of the pedestrian crossing while cars continue to pass by unconcerned.

So far, Bolduc's Facebook posts have hundreds of shares and well over 100,000 views combined.

Bolduc explained that she can't walk her children to this intersection herself, because she works at 7 a.m. every morning.

"I am not the only one," the post continues. "There are many parents whose children attend Marie-Reine school who are nervous in the morning. We are worried and we wonder if our children have safely arrived at school."

Bolduc said she began her efforts to improve the situation two years ago and has had no luck. "I asked the school board for expanded bus transportation. I am willing to pay for my children to be safe," she said. "I asked the city to put in a stop sign or a speed bump to ensure that signs are respected and that motorists stop so that children can cross safely. Every request has been refused."

There are more than 200 pedestrian crossings in Sherbrooke. A motorist who does not stop at a crosswalk is liable to a fine of \$169.

# Sherbrooke investing in living art

By Gordon Lambie

Sherbrooke will have a new circuit of living mosaics this coming summer. Expanding on its existing offering of “mosaiculture”: artworks that blend living plants and sculpture, the city plans to integrate the new circuit into its “open air gallery” of public art to increase the city’s appeal to visitors and residents alike.

“The symposium of mosaics that took place in Gatineau drew in more than 1 million people with 27 artworks,” said Guylaine Boutin, director of the city’s public works department, in describing the project earlier this week. “There are people who really like to see this kind of exhibition.”



To be installed between May and July throughout the downtown, the new circuit will start at the tourist information bureau next to Lac des Nations. The living artworks will be installed around the lake, at the Domaine Howard Park, near the Jacques-Cartier Bridge and in front of the city hall.

“I think it is important to recognize that there will be 14 mosaicultures altogether, but some will be on existing sites whereas others will be completely new,” Boutin said.

Valériane Noël, landscape architect with the city’s parks division, explained that the new circuit takes a non-traditional approach to mosaiculture that combines urban art and the mosaics in order to capitalize on the link between the living artworks and those already established as one of the city’s most attractive features to visitors. The artworks, she said, will take on a variety of forms, ranging from two-dimensional images to interactive sculptures.

“The circuit will be a series of installations based on their surroundings,” Noël said. “We are working off of characteristics like historical context and natural environment.”

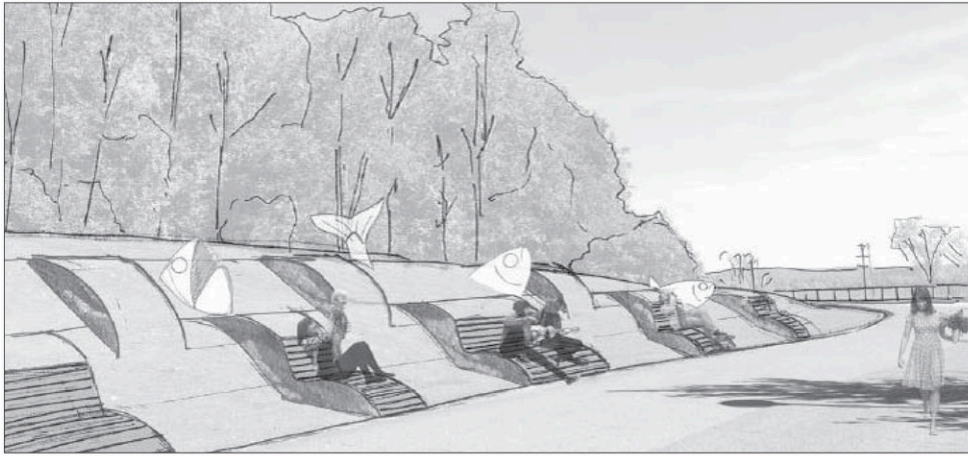
Boutin and Noël said that one of the longer-term ideas of building the circuit is to eventually try to attract a festival of land art and mosaiculture to the city.

Claude Charron, president of the Borough of Lennoxville, shared an interest in seeing the mosaics expand into the surrounding areas of the city if they prove to be successful. The planning team expressed openness to this idea, but said their focus is on first establishing the initial circuit.

In the summer of 2019, the planning team hopes to add to four more works on the Magog River gorge trail, the Place de la Cité square, and the tourist information bureau itself.

Overall, the budget for the creation of the new circuit is relatively small. Boutin said that the sum total needed is estimated at \$200,000, and that including the cost of a new greenhouse workshop that was already built last year.

“This is a made-in-Sherbrooke project,” Boutin said, noting that the labour, plants, and artistic design were all developed on the local level. “We are very proud.”



COURTESY PHOTOS

Artists’ renditions of some of the artworks planned around Lac des Nations as a part of the new mosaiculture circuit planned for this summer.

## Government Advertising

in Canadian Community Newspapers

The Government of Canada has a duty to inform all Canadians about its programs, services, policies and decisions. Communication is central to the Government of Canada’s work and contributes directly to the Canadian public’s trust in their government.

The government must tailor messages to specific audiences to reach Canadians regardless of where they reside and ensure that new communications approaches are balanced with traditional methods.

**In 2015/16 the government’s total media spend was \$30.2 million.<sup>1</sup>**

Every week in Canada, over 1,000 community newspapers circulate almost 19 million copies in key metropolitan areas, rural and remote regions, and all areas in between.<sup>2</sup>

83% of Canadians are local community newspaper readers.<sup>3</sup>

72% of Canadians want to see advertising for government programs and services in newspapers.<sup>4</sup>

Canadians trust advertising content in newspapers more than any other media.<sup>5</sup>

**Less than 2% of the government’s total media spend was in community newspapers.<sup>1</sup>**

34% of the government’s total media spend was online.<sup>1</sup>

24% of Canadians don’t use social media.<sup>4</sup>

Less than one in five look at any advertising on social media.<sup>4</sup>

Display ad click through rates in Canada are 0.09%.<sup>6</sup>

Of the \$5.5 billion spent on internet advertising in Canada in 2016, an estimated 72% went to Google and Facebook.<sup>7</sup>

If there is a genuine will to reach ALL Canadians then there must be an investment in meaningful communication with citizens through community newspapers.

Sources:

1. GOVERNMENT OF CANADA PUBLIC SERVICES AND PROCUREMENT  
2. NEWS MEDIA CANADA SNAPSHOT REPORT 2017  
3. VIVIDATA 2016 Q2 READERSHIP DATABASE  
4. TOTUM RESEARCH 2016

5. COMMUNITY NEWSPAPERS DRIVE RESULTS 2017  
6. DOUBLE CLICK FOR ADVERTISERS  
7. CANADIAN MEDIA CONCENTRATION RESEARCH PROJECT

**49% of Quebecers**  
have serious difficulty reading

**Help us help them!**

Online giving:  
www.fqa.qc.ca/en/  
or 1-800-361-9142

Literacy  
Foundation  
Words of Hope

# Ayer's Cliff Elementary School

CONT'D FROM PAGE 1

COURTESY PHOTOS

program has been going on for close to six years now. "They are mostly grandmothers who come into the school five days a week to serve a hot breakfast to 40 of our students."

The community member explained that all of the volunteers in the program are from the Ayer's Cliff area and take turns coming in to the school to cook for the students. The menu always includes fresh fruit, vegetables, cheese, hard boiled eggs, yogurt, and usually home-made apple sauce, but grows some days to include things like pancakes, wraps, scrambled eggs, bagels, or home made muffins.

"Many studies have been done on the importance of well fed children and the

benefits to learning. For that reason the breakfast program only feeds healthy meals," Mackinnon said. "The staff at ACES are always very supportive of this program and the students are very lucky to have so many willing volunteers."

All students are required to have parental permission to participate in the program and they are encouraged (but not required) to give 50 cents a day to help offset the costs of the program. The work of the volunteers is supported by outside fundraising both from the immediate community and beyond.

"All of our volunteers are well loved by all of our students," Mackinnon said. "Often they come on more than one day a week to cover if others are away."



## OPEN HOUSE

2017-2018



Leave your mark



Saturday, February 10, 2018  
10:00 a.m. - 2:00 p.m.

Meet members  
of faculty & staff  
Tour the campus



www.crc-lennox.qc.ca  
2580, rue College, Sherbrooke (Québec)  
819 564-3666



## Online fundraising initiative

St. Francis Elementary School looking for community support

By Gordon Lambie  
RICHMOND

St. Francis Elementary School in Richmond has found a fun way to let local book lovers help stock the shelves of its library. Teaming up with national book and gift chain Indigo, the school is holding what's known as a "FUNdraiser" where a percentage of the value of participants' purchases is given back to the school as credit for the purchase of new books.

"We started this before Christmas with the idea that, since Indigo sells more than just books, this could help serve all of people's gift giving needs," said Carie Nixon, the PPO committee member responsible for the school library, who is heading up the FUNdraiser alongside teacher Helena Bates.

Nixon explained that the partnership works on two levels. People who buy online gift cards will see 20 per cent of their purchase value (\$5 from a \$25 card, \$10 from \$50, or \$20 from \$100) donated to the school's efforts. Participants who just want to make a purchase without getting the gift card will see only 3 per cent given.

"For us to get the best results, we're encouraging people to get gift cards," Nixon said, adding, "although 3 per cent

is better than nothing."

The campaign website also offers visitors the opportunity to donate directly to the cause, should someone feel generous without necessarily wanting to make any purchases themselves.

So far the school has raised \$239 through the program.

St. Francis Principal Louise Retchless lauded Nixon and Bates for their initiative in trying to develop the library at the school and highlighted the fact that the fundraiser is ongoing. She emphasized the fact, however, that the school only gets money through online transactions with Indigo.

"This is online, exclusively." The principal said, noting that although there has been enthusiastic response to the idea, the money raised so far has been from the involvement of only seven people.

To access the St. Francis fundraiser, shoppers need to visit <https://indigo.flip-give.com/teams> and type St. Francis into the search bar. The website will then provide instructions on how to make your purchases count.

"Please remember that Indigo has more than books. You can purchase toys, games, electronics, home and gift items too!" Nixon added, expressing gratitude for the support so far.

# EDITORIAL

Although few people in Canada have integrated insects into their regular diet, nearly half of us have tasted an insect, according to a survey conducted in Quebec.

## SCIENCE MATTERS

# Save the planet; eat an insect

By David Suzuki

People sometimes get bugged by insects, but we need them. They play essential roles in pollination, combatting unwanted agricultural pests, recycling organic matter, feeding fish, birds and bats, and much more. They're the most numerous and diverse animals on Earth and form the base of many terrestrial and aquatic ecosystems.

Our admiration for these critters goes beyond their ability to adapt, their fantastically diverse colours and shapes, and their accomplishments that create dramatic impacts on our world's functioning.

Could the same six-legged creatures that form the backbone of ecosystem services also help minimize humanity's environmental footprint? Could insects revolutionize the way we eat and produce food?

We will be 9 billion people on Earth in 2050. To feed that many, we should double food production, according to the UN Food and Agriculture Organization. But the way we currently produce food weighs heavily on the environment.

If food were a country, it would rank third behind China and the US as one of the largest greenhouse gas emitters. We eat too much meat, and its production is disastrous from an environmental standpoint. In Canada, we're struggling to curb water pollution related to corn and soybean production for livestock feed, and aquaculture relies on wild-caught fish to produce meal and oil feedstock.

Although vegetarian diets would suffice to feed humans and drastically reduce our environmental footprint, meat consumption remains a firmly established tradition. But if we bartered beef, pork, or chicken for a handful of insects, the environmental impact of our animal-protein intake would drop dramatically. According to the FAO, 18 per cent of all greenhouse gas emissions are linked to animal husbandry. Emissions from insect production are negligible in relation to the amount of protein produced. Insects are especially effective at converting their food because they're cold-blooded and therefore waste less energy to keep warm.

Although few people in Canada have

integrated insects into their regular diet, nearly half of us have tasted an insect, according to a survey conducted in Quebec. According to the study, males are significantly more likely than females to bite into an insect like a fly larva!

To reduce our environmental footprint, not everyone needs to incorporate these crisp, delicious arthropods into their diet. Changing the diet of farmed animals could also help. People who may not want to ingest insects themselves would likely have little problem feeding their pets insect-containing kibble, or eating farmed animals like chickens raised on insect-based feeds. The Canadian Food Inspection Agency has already licensed fly larvae to feed farmed salmon and chickens. (Full disclosure: My suggestion to use insects to feed carnivores like salmon inspired a company in which I have invested that harvests insects grown on food waste.)

Emerging entotechnologies (from the Greek root entomo, for "insects") bring together applications that focus on what insects do best. For example, organic residues can be fed to fly larvae, which can then be used as livestock feed. Black soldier fly larvae have voracious appetites for fruit and vegetable residues and could help improve the way we handle this high-quality organic waste. It's a way to give a second life to stale food, rather than sending it to compost bins or biogas plants. Considering nearly 45 per cent of fruit and vegetables produced worldwide is wasted, this is not a fringe idea.

After feeding the hungry with the highest quality unsold portions of our food, we could feed our breeding animals with insects raised on organic residues from grocery stores and restaurant kitchens.

With clean organic residues from urban agriculture, we could also feed humans! In Montreal, the Blanc de Gris farm grows grey oyster mushrooms on recovered coffee and brewery residues. But we can take it even further. Several tonnes of mycelium (akin to the "roots" of fungi mixed with growth substrate) are discarded from the company's mushroom production each year. A research project by the David Suzuki Foundation, Montreal Biodome, Concordia Univer-

CONT'D ON PAGE 7



sity, Université du Québec à Montréal and Université Laval is finding out if mealworms could grow on this mycelium. The first results are promising. In fact, entotechnology and entomophagy (eating insects) research is

blooming in Canada.

You can join the research on edible insects by participating in a survey by Concordia University PhD student Didier Marquis.

Learn more at [www.davidsuzuki.org](http://www.davidsuzuki.org).

## Letter

### Bill 166: School boards should get out of the tax-collecting business

DEAR EDITOR:

The "special consultations and public hearings on Bill 166 to reform Quebec's school tax system, are over. Recall the backward system which allowed property owners without children attending school to choose a school board with a lower tax rate to pay their taxes.

For example, Le Devoir reported on Feb. 7, that over the past two years in the Outaouais region, 18,400 taxpayers left the four French school boards to pay their tax bill to the English school board, which resulted in losses of income that had to be offset by tax rate increases. The opposite was reported in the Laval region.

That said, there were 11 briefs submitted to the Committee on Culture and Education studying the bill. Understandably, French and English school boards and their associations make up the bulk accompanied by three other groups and one citizen.

It seems no one is really happy with the present system.

Consider the Montreal Island School Tax Committee, who is known by its French acronym: CGTSIM. They watch over the taxes of Montreal's five school boards (three French; two English). This committee is manned by ten school commissioners (two for each board) and two government employees. They attend about seven meetings a year, which average about 45 minutes each.

They want to suspend the adoption of Bill 166, to create another committee comprised of government and Montreal school tax committee members, combined with other school board people to further study the idea. Imagine.

However, the submission by the Quebec English School Boards Association is predictable. They make the usual claim that they are fighting for the "minority education system" and wish to control the finances because: "Our recommendations are proposed...to protect our rights by virtue of the Constitution." Ahh... the constitution.

Regardless, here are two better ideas. I am the citizen who submitted a brief. I am calling for the government to get school boards completely out of the tax-collecting business and follow up on a system in which municipalities take over. Why have two bodies collecting taxes for one property?

On the broader political front, I believe the Coalition Avenir Québec has a much fairer system to collect the province's school taxes. After all, its leader, François Legault, is a businessman (CEO and co-founder of Air Transat); the QESBA is still searching for a purpose and an executive director.

The Bill 166 briefs, including mine, are on the National Assembly's site: [www.assnat.qc.ca](http://www.assnat.qc.ca).

CHRIS EUSTACE  
Montreal

## THE RECORD

6 Mallory, Sherbrooke, Quebec J1M 2E2  
Fax: 819-821-3179

E-MAIL: [newsroom@sherbrookerecord.com](mailto:newsroom@sherbrookerecord.com)  
WEBSITE: [www.sherbrookerecord.com](http://www.sherbrookerecord.com)

SHARON McCULLY PUBLISHER ..... (819) 569-9511  
MATTHEW McCULLY ASSOCIATE EDITOR (819) 569-6345  
GORDON LAMBIE ASSOCIATE EDITOR ... (819) 569-6345  
STEPHEN BLAKE CORRESP. EDITOR ... (819) 569-6345  
SERGE GAGNON CHIEF PRESSMAN ..... (819) 569-9931

DEPARTMENTS  
ACCOUNTING ..... (819) 569-9511  
ADVERTISING ..... (819) 569-9525  
CIRCULATION ..... (819) 569-9528  
NEWSROOM ..... (819) 569-6345

KNOWLTON OFFICE  
5B VICTORIA STREET, KNOWLTON, QUEBEC, J0E 1V0  
TEL: (450) 242-1188 FAX: (450) 243-5155

### PRINT SUBSCRIPTIONS

QUEBEC:	1 YEAR	135.60	GST 6.78	PST 13.53	TOTAL \$155.91
	6 MONTHS	71.19	3.56	7.10	\$81.85
	3 MONTHS	36.16	1.81	3.60	\$41.57

### ON-LINE SUBSCRIPTIONS

QUEBEC:	1 YEAR	71.50	3.58	7.13	\$82.21
	1 MONTH	6.49	0.32	0.65	\$7.46

Rates for out of Quebec and for other services available on request.

The Record is published daily Monday to Friday. Back copies of The Record are available.

The Record was founded on February 9, 1897, and acquired the Sherbrooke Examiner (est. 1879) in 1905 and the Sherbrooke Gazette (est. 1837) in 1908. The Record is published by Alta Newspaper Group Limited Partnership.

PM#0040007682

Return undeliverable Canadian addresses to The Record, 6 Mallory Street, Sherbrooke, QC J1M 2E2

Member  
ABC, CARD, CNA, QCNA

## C COLUMNIST

Perhaps we could each take some time to name the virtues we cherish, then work to make them a part of our daily life.

ONE COLUMN, FOUR VOICES

## Open to the Spirit

Today's Word: Virtue

By Revs Mead Baldwin,  
W. Lynn Dillabough,  
Lee Ann Hogle, and  
Carole Martignacco

1 ) Sometimes we sit around the table and randomly pick a word that we rarely use in conversation. Virtue is such a word. I can't remember the last time I talked about virtue. I seem to recall that, just as there was a list of the seven deadly sins, there was also a list of seven noble virtues. Dante used them vividly in his book about Hell, "The Inferno" For some reason the sins are often used but we rarely hear about the virtues. I certainly don't know what they are, but if I was the list maker here are mine: Compassion, Generosity, Acceptance, Openness, Forgiveness, Servanthood, and Empathy.

When I was a teenager I was fortunate to have two parents who set a good example. They were always willing to help others and open to people who were different. Their values had nothing to do with social status, money, or possessions. They were also quick to praise us when we did a selfless act. I recently noticed a teenager from our youth weekend in Ottawa pausing to put some change in an empty coffee cup held by a homeless person on the street. That's virtue, and I smiled and followed her example.

Back to Dante, I think too many people spend time looking for sin in other people and too little time praising their virtues. As a society we often highlight the dark side. Instead let's appreciate the light. Perhaps we could each take some time to name the virtues we cherish, then work to make them a part of our daily life.

2 ) Body, mind, and soul: the cultivation of virtue involves all of these. When we ask the questions "How do I live my life?" and "Why do I live this

way?" we are led to examine not only our spiritual life but also what we do with our bodies and how we focus our minds. Virtue is not about a simple list of do's and don'ts. When we think about virtue we reflect on the impact of our choices and we seek to direct our desires toward the good.

The classic list of virtues is: temperance, prudence, justice, fortitude, faith, hope, and charity. We begin with temperance because this is the virtue that makes the others possible. Temperance is the virtue that directs our desires toward the good and helps us to avoid extremes. It is unfortunate that temperance became associated with the idea of abstaining from alcohol. This virtue is not about abstinence but moderation and well-directed desire. Temperance is not about prohibition but about making sure that we are doing pleasurable activities for good reasons.

The simple example of eating can illustrate this virtue. We eat for enjoyment and also to nourish our bodies. We cross the line into intemperance when the pleasure of eating becomes an end in itself. We also cross the line into intemperance when we use extreme measures to limit or control what we eat. An obsession with "eating clean" can be just as intemperate as gorging ourselves on junk food.

When it comes to virtue, there are no simple rules. Instead, we examine our desires and we ask questions about the best ways to live our lives, both for our own good and for the greater good of all.

3 ) When my youngest child was in grade 6, the school gym teacher introduced a most unusual program into the weekly gym class. Each child came home with a drawing of an apple tree to place on the kitchen fridge. Associated with each apple was a word describing a certain virtue.

There was honesty, trustworthiness,

courage and wisdom, cooperation, collaboration, fairness, and perseverance. Each week, the children learnt the value of one of these virtues and what that looked like in gym class was demonstrated. Trustworthiness meant trying your best in a relay race because others were counting on you. Courage meant ignoring taunts if you were not the fastest racer. Camaraderie meant refraining from taunts and encouraging those with less skill.

That year the gym class became a mini-laboratory for life lessons. Much more important than learning a specific sport, the children learned the value of virtues that would be life-long companions and guides to fulfilling, satisfying lives.

As the winter Olympics draws near let us consider all the values that are played out during sporting events, many of which are overshadowed by feats that earn gold medals. I, for one, will be eternally grateful for that grade 6 gym teacher. The apple tree sits on my fridge door to this day.

4 ) I grew up with the saints. Not my siblings or classmates, but the ones I read about in the heavy Lives of the Saints, one of few entertaining volumes in our home library of shelves filled with geology, philosophy, history, and no less than two full sets of encyclopedias. Out of boredom in my mid-teens I picked it up, and something like a switch flipped on inside. Did it coincide with youthful idealism or a need for heroic examples? My fascination grew with each incredible tale.

Quirky details linger in memory, bizarre events, eccentric behaviours of those celebrated paragons of virtue who even then seemed to border — dare I say it now — on the manic, obsessive or compulsive. Miracles more magical than magic. Was it fair, my rational self once asked, that one lifetime of selfless devo-

tion and sacrifice be rewarded with martyrdom, while another drifted quietly into heavenly bliss, and still another be glorified eternally as the patron saint of ships or spoons! "Virtue is it's own reward" was the only explanation.

We were named for them, expected to emulate them, in the hope that we'd live up to the names we'd been given. Since it was my middle name that counted for religious purposes, I'd be reminded to muster the courage of Joan of Arc, though nothing in my life remotely resembled leading Medieval armies to victory. I was encouraged to integrate her courage into my own ordinary story, to find in myself, in response to the everyday challenges of a teen in the mid-20th century Midwest, some spark of holiness and even heroic virtue. The lives of the saints taught me that goodness, even greatness, is possible in any life and the only glory worth seeking is grounded in goodness.

The old catechism gave us a list of virtues, to which I'd now add many more. The ones I see on display every day. The hymn "For All the Saints" reminds us that we are all "saints in the making" — capable and called to holiness, and I am continually amazed at the greatness of the everyday saints I live among.

**One word, four voices — and now your turn to reflect: What virtues do you find essential for living the good life?**

Rev. Mead Baldwin pastors the Waterville & North Hatley pastoral charge; Rev. Lynn Dillabough is now Rector of St. Paul's in Brockville ON. She continues to write for this column as a dedicated colleague with the Eastern Townships clergy writing team; Rev. Lee Ann Hogle ministers to the Ayer's Cliff, Magog & Georgeville United Churches; Rev. Carole Martignacco is Consulting Minister to UU Estrie-Unitarian Universalists in North Hatley.

## Grab a cuppa joe for the PPO

By Matthew McCully

The vitality of a school is directly related to support from the community. Parent Participation Organizations (PPO) spend a lot of time each year hard at work volunteering and thinking of ways to help support school programs and resources that fall outside the scope of the board.

This week, Knowlton Academy (KA) kicked off a coffee fundraiser, now in its fifth year, which accounts for a substantial portion of money raised by the PPO annually.

The funds collected help to reduce the costs of KA programs

like the ski program, now in its 48th year. Funds also go towards the library, in-class equipment like noise reduction headphones, school yard improvements and class outings, to name a few.

According to PPO member Jennifer Ruggins Muir, the coffee is not a tough sell. It is provided by the Virgin Hill Coffee company, a family-owned business in the Town of Brome Lake.

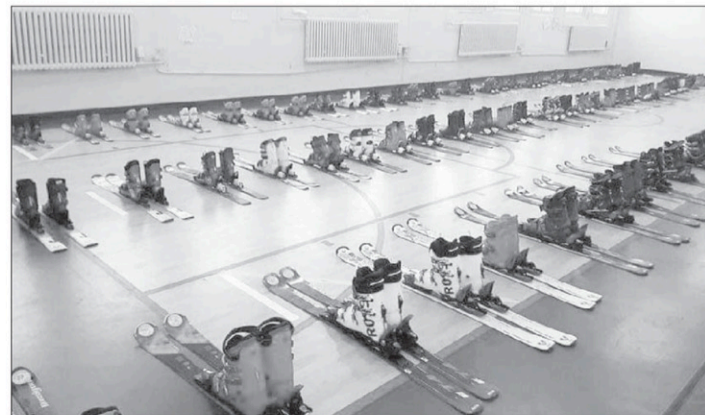
"It is one of our most important fundraisers of the entire year," Ruggins Muir said, thanks in large part to Virgin Hill owners Matthew Greer and Tara Moar.

"Everybody drinks coffee," Ruggins Muir said, also high-

lighting the fact that the fundraiser is an opportunity for those who have yet to try Virgin Hill coffee to get a taste for the local brew.

Anyone interested in supporting the Knowlton Academy fundraiser likely knows someone who knows someone who can take an order. Each student was sent home with an order form. There are 227g bags of smooth, coarse, or decaf available for \$6 and kcups of Columbian Brown for \$12 (\$25 for the larger size). Knowlton Smooth or Dark costs \$7 (\$14 for the larger size).

The deadline to order is Feb. 19, Ruggins Muir said.



The Knowlton Academy ski program, now in its 48th year, is one of the programs the PPO helps support with its annual fundraisers. "I don't know how to ski," said PPO member Jennifer Ruggins Muir, "I'm learning." Thanks to the program, kids get to learn to ski even if they don't get the opportunity with their parents, she explained.

NASHVILLE NEWS

## Bellamy Brothers to release autobiography in April



COUNTRY CONNECTION

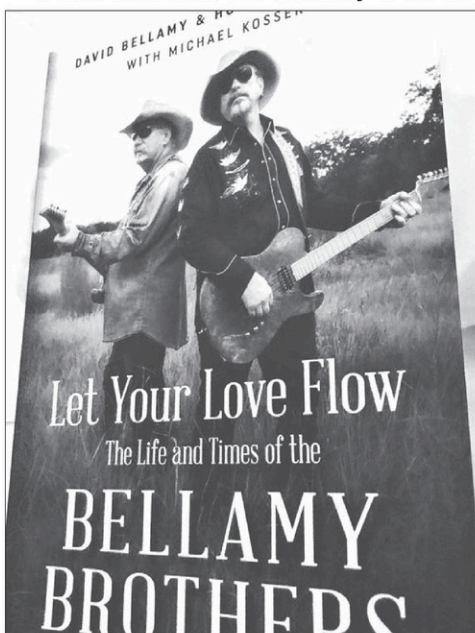
JESSIE PELLETIER AULIS

There are nice projects in the air for our country music artists while others are being honoured for their achievement. Here is some Nashville news to keep you informed.

The Bellamy Brothers, who were recently inducted into the Florida Artists Hall of Fame, have a new book coming out and after so many years, they continue touring. The country music performers announced their new autobiography, 'Let Your Love Flow: Life and Times of the Bellamy Brothers.' The official release date is set for April 17.

David Milton Bellamy and Homer Howard Bellamy are natives of Florida and found success in a country music career, charting 20 No. 1 singles and more than 50 hits overall on the country charts. To date, they have released more than 50 albums.

David and Howard Bellamy were in-



TWITTER

The Bellamy Brothers will release their autobiography in April.

spired by many musical sources from an early age. Their father played country music around the house, and was also a member of a local western swing band.

Despite having never had formal music training, both brothers learned how to play guitar, mandolin, and banjo. In addition, David learned accordion, fiddle, organ, and piano.

The duo signed to Curb Records in 1975.

They released 'Let Your Love Flow' in 1976 it became a No. 1 single on the United States pop and country charts. Then in 1979, they scored big time with 'If I Said You Had a Beautiful Body Would You Hold It Against Me.'

After that hit, the brothers continued with a run of country hits, including tunes such as 'Redneck Girl,' 'Santa Fe,' 'Old Hottie' and 'Kids of the Baby Boom.' The brothers are still touring as well as taking care of their ranch. They have a lot of exciting projects.

In order to buy their new book, you will find it in pre-sale on their website, [www.bellamybrothers.com](http://www.bellamybrothers.com)

**New album for Brothers Osborne**

Brothers Osborne have announced the release of their second studio album, the follow-up to their Pawn Shop debut, now certified gold in the US. The album is titled Port Saint Joe and will feature 10 new tracks, including the current lead single, 'Shoot Me Straight.'

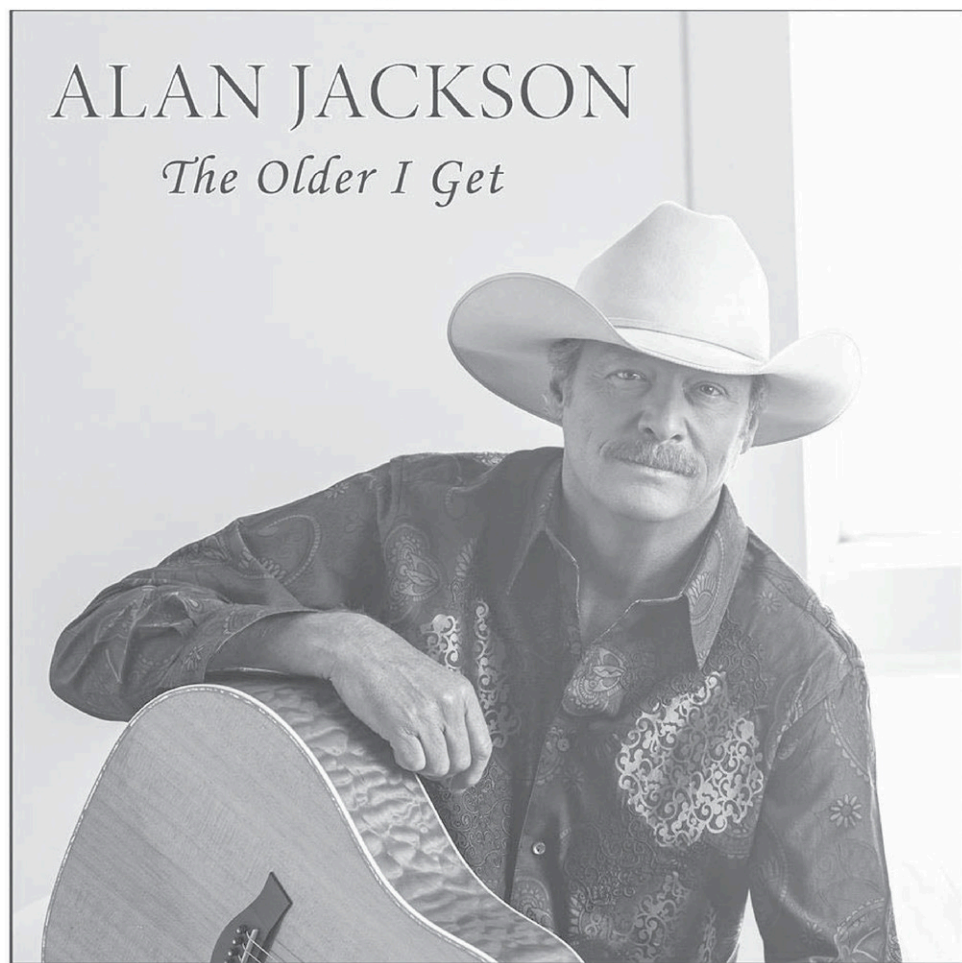
This release from the brothers was recorded in a Florida beach house in the town of Port Saint Joe, a beach house stacked with great equipment.

With producer Jay Joyce (Eric Church, Little Big Town) once again in charge, the result is a solid album and stellar musicianship.

"Port Saint Joe is a sonic representation of who we've become, not only as a band but as people," said guitarist John Osborne in a press release. "Every show we've ever played together is on this record. Every song we've ever written and every mile we've ever ridden has led to the making of this record. Imperfections and all."

Vocalist / guitarist TJ added, "We shacked up for two weeks to make an unabashed record that would reflect who we are in every way, and in the process we had the most enjoyable and memorable recording experience of our lives."

Port Saint Joe will be released on April 20 in support of which Brothers Osborne



FACEBOOK

Alan Jackson is among the 2018 inductees to the Songwriters Hall of Fame.

will return to the UK and Ireland for their first headline tour in May 2018.

The Brothers' signature sound is a great blend of country tradition and modern touches. In addition to two Grammy nominations, as well as an emotional live performance at the 2018 Grammys (with Eric Church and Maren Morris, a tribute to the victims of the Route 91 massacre), they can now consider that they've achieved success.

They also recently won two CMA Awards for Vocal Duo of the Year and Music Video of the Year ('It Ain't My Fault', a track from the Pawn Shop album).

**Alan Jackson to be inducted to the songwriters Hall of Fame**

Country singer Alan Jackson is among the 2018 inductees to the Songwriters Hall of Fame. He will become a member during this year's induction and awards gala June 14 in New York City.

The Songwriters Hall of Fame is dedicated to recognizing the work and lives

of composers and lyricists who create music. To qualify for induction, a songwriter must be a published writer for a minimum of 20 years, with a good catalogue of hit songs. Jackson will become one of just over 400 songwriters so honoured.

It was just a few months ago that Jackson was inducted as a member of the Country Music Hall of Fame.

"I started writing because somebody told me I needed some original material. I'd never even thought about writing or studied songwriting," Jackson said in a press release. "There are different aspects of your career, and they all bring different rewards and feelings...but the songwriting is very fulfilling," he said. "Songwriting is definitely the most creative part."

Jackson is one of the most successful singer-songwriters in music with the elite company of Paul McCartney and John Lennon among songwriters who've written more than 20 songs that they've

CONT'D ON PAGE 16

# Arcade Fire, Jessie Reyez lead Juno nominees with four apiece

By David Friend  
THE CANADIAN PRESS

Arcade Fire and Jessie Reyez are the leading nominees for this year's Juno Awards in Vancouver.

Arcade Fire is in the running for best group, single, album and alternative album.

Toronto-born Reyez is nominated for best R&B/soul recording, best music video, breakthrough artist of the year and the Juno Fan Choice award.

The late Tragically Hip frontman Gord Downie, the Arkells, Ruth B, and Hedley have three nominations apiece.

The Juno Awards will be hosted by pop crooner Michael Buble and airs March 25 on CBC-TV.

Performers are set to include Reyez, Daniel Caesar, and Hedley, while a tribute to Downie is also planned.

During Tuesday's announcement, Junos president Allan Reid acknowledged criticisms that the Canadian music industry suffers from a lack of female representation.

Last year's nominations spawned the Twitter hashtag #JunosSoMale while the show's host Russell Peters came under fire for calling Heritage Minister Melanie Joly "hot" and making jokes that critics said sexualized women. Junos organizers later apologized and said they did not "in any way support, nor did we sanction, the off-script remarks."

"There are very important conversations happening in our world right now around gender equality and sexual harassment," said Reid, who is also president of the Canadian Academy of Recording Arts and Sciences.

"It is critical that we work collectively as an industry to support a larger representation of women in music and encourage a culture that nurtures their participation and success."

He said CARAS is working to open up technical career paths for women in the industry and better support artist development.

Notably absent from the nominations is chart-topping rapper Drake — organizers said he did not submit for consideration.

Reyez's four nominations are linked to her debut "Kiddo," which was released last April and also led to best new Canadian artist and fan fave video nominations at the iHeartRadio Much Music Video Awards. She closed the year with a performance on the CBC's New Year's Eve broadcast.

Last month she was featured by her label Universal Music Group at a pre-Grammys showcase in New York with other artists including Luis Fonsi, Logic, Migos, Julia Michaels, and Kacey Musgraves.

Here's a look at the nominees in some of the top categories:



YOUTUBE.COM

The late Gord Downie has been nominated for the Junos Artist of the Year.

### Single Of The Year

- "How Far I'll Go" by Alessia Cara
- "Everything Now" by Arcade Fire
- "Knocking at the Door" by the Arkells
- "There's Nothing Holdin' Me Back" by Shawn Mendes
- "I Feel It Coming" by the Weeknd

### Album Of The Year

- "Everything Now" by Arcade Fire
- "Nobody But Me" by Michael Buble
- "Revival" by Johnny Reid
- "Safe Haven" by Ruth B
- "Now" by Shania Twain

### Artist Of The Year

- Daniel Caesar
- Gord Downie
- Lights
- Ruth B
- Shania Twain

### Group Of The Year

- Always
- Arcade Fire
- Broken Social Scene
- Hedley
- A Tribe Called Red

— With files from The Associated Press

## Your week on TV

WEEKDAY MORNING															
Bell	Star	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30		
WCAX 3	-	-	Channel 3 News Morning	CBS This Morning			Rachael Ray		The Doctors		The Price Is Right				
WPTZ 5	-	-	NBC5 News Today	Today			Live with Kelly and Ryan		Megyn Kelly Today		Today-Kathie Lee & Hoda				
CBMT 6	206	301	2018 Olympic Winter Games			Varied Programs									
CHLT 7	107	718	F	Salut bonjour (N) (SC)							Révois mais	(:29) Bien	Le tricheur	Mario Dumont	
			M								(9:59) Deux filles le matin (N)				
			T								(9:59) Ça finit bien la semaine				
			W												
WMTW 8	-	-	WMTW News 8 at 6am	Good Morning America			Live with Kelly and Ryan		Steve		The View				
CKSH 9	108	-	(5:30) Jeux olympiques d'hiver 2018	Varied Programs			PyeongChang 2018 - L'extra		Varied Programs						
CKMI 11	-	-	Global News Morning			Morning Show		Huntley Str't		Property Virgin		Leave-Bryan		Holmes Makes It Right	
CFCF 12	205	312	Your Morning			Live with Kelly and Ryan		The Marilyn Denis Show		The View					
WVNY 22	-	-	Local 22 News This Morning	Good Morning America			The Dr. Oz Show		Paid Program		Paid Program				
WUTV 60	-	-	Paid Program	Paid Program	2 on Your Side Daybreak		Var. Programs	Forensic Files	The 700 Club		Couples Court	Couples Court	Maury		
CFKS 31	106	726	F	Infopublicité	NVL	Loi-nombres	NVL en bref	Marvel	NVL en bref	Personne de	NVL en bref	Histoire	Guerre-clans	CSI: Miami "Les disparus" Ⓢ	
			M		NVL week-end										
			T		NVL										
			W												
WUHF	-	363	Paid Program	Good Day R	Good Day Rochester		Good Day Rochester		Judge Mathis		The Wendy Williams Show		Jerry Springer		
WETK	-	-	Classical Strt	World News	Ready Jet Go!	Cat in the Hat	Nature Cat	Curious	Curious	Daniel Tiger	Daniel Tiger	Splash	Sesame Street	Super Why!	
WCFE	-	-	Wild Kratts	Odd Squad	Curious	Curious	Daniel Tiger	Daniel Tiger	Cat in the Hat	Dinosaur Train	Super Why!	Sesame Street	Splash	Arthur	
A&E	615	520	Paid Program	Paid Program	Parking Wars	Parking Wars	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Varied Programs				
BRAVO	620	523	F	Relic Hunter "Love Letter" Ⓢ	*** "The Last Trimester" (2006) Chandra West. Ⓢ			Relic Hunter "Love Letter" Ⓢ		*** "The Last Trimester" (2006) Chandra West. Ⓢ					
			M		"The Man on the Train" (2011) Donald Sutherland. Ⓢ					"The Man on the Train" (2011) Donald Sutherland. Ⓢ					
			T		"Nightwaves" (2003) Sherilyn Fenn, David Nerman. Ⓢ					"Nightwaves" (2003) Sherilyn Fenn, David Nerman. Ⓢ					
			W		"The Rendering" (2002, Suspense) Shannen Doherty. Ⓢ					"The Rendering" (2002, Suspense) Shannen Doherty. Ⓢ					
			Th		"Wall of Secrets" (2003, Suspense) Nicole Eggert. Ⓢ					"Wall of Secrets" (2003, Suspense) Nicole Eggert. Ⓢ					
CNN	500	500	Chris and Alisyn	Chris and Alisyn	Chris and Alisyn	Chris and Alisyn	CNN Newsroom With John	CNN Newsroom With John	CNN Newsroom With John	CNN Newsroom With John	At This Hour With	At This Hour With			
DISC	520	505	F	Mayday "Frozen in Flight"	Railroad Alaska Ⓢ	Mayday Ⓢ	Mayday Ⓢ	How It's Made	How It's Made	Garage Rehab Ⓢ	Mighty Ships "North Star"	Mighty Ships "North Star"			
			M						Alaskan Bush People Ⓢ						
			T						Ice Lake Rebels Ⓢ						
			W						Deadliest Catch Ⓢ						
HIST	522	506	Tank Overhaul	Ice Road Truckers	Yukon Gold	Yukon Gold	Canadian Pickers	Canadian Pickers	Ice Road Truckers	Yukon Gold	Yukon Gold				
PARMT	628	584	Paid Program	Varied Programs	Paid Program	Paid Program	Paid Program	Cops	Cops	Cops	Cops	Cops			
RDI	126	730	(5:00) RDI matin			Cops		L'info		Isabelle Richer					
SHOW	616	521	Haven	Continuum	Movie		Movie								
SLICE	601	562	ET Canada	Say Yes-Dress	Varied Programs										
TLC	521	560	What Not to Wear	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Varied Programs				NY ER	NY ER		
TSN	400	400	F	2018 Olympic Winter Games Opening Ceremony. From PyeongChang Olympic Stadium. (N)			SportsCentre Ⓢ		SportsCentre Ⓢ		SportsCentre Ⓢ				
			M	(5:55) 2018 Olympic Winter Games Curling, Women's Speed Skating. (N) (Live) Ⓢ			(:15) SC With Jay and Dan		SC With Jay and Dan Ⓢ		SC With Jay and Dan Ⓢ				
			T	2018 Olympic Winter Games			(:15) SC With Jay and Dan		SC With Jay and Dan Ⓢ		SC With Jay and Dan Ⓢ				
			W	SC With Jay and Dan Ⓢ	(6:55) 2018 Olympic Winter Games U.S. vs Slovenia. (N) (Live) Ⓢ	SC With Jay and Dan Ⓢ		SC With Jay and Dan Ⓢ		SC With Jay and Dan Ⓢ		Top NFL Plays			
Th	(5:55) 2018 Olympic Winter Games Canada vs Sweden. (N) (Live) Ⓢ			SC With Jay and Dan Ⓢ		SC With Jay and Dan Ⓢ		SC With Jay and Dan Ⓢ		SC With Jay and Dan Ⓢ					
YOUTH	551	542	Loud House	Loud House	Loud House	SpongeBob	SpongeBob	Mysticons	Cloudy, Meat	Cloudy, Meat	The ZhuZhus	The ZhuZhus	Chuck's	Chuck's	

# Your week on TV

## WEEKDAY AFTERNOON

	Bell	Star	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
WCAX 3	-	-	Across/ Fence	The Young and the Restless	Bold/Beautiful	The Talk	Let's Make a Deal	Family Feud	Family Feud	Channel 3	3 News			
WPTZ 5	-	-	NBC5 News	Day Jeopardy	Days of our Lives	The Ellen DeGeneres Show	2018 Winter Olympics	Varied Programs	NBC5 News	NBC5 News				
CBMT 6	206	301	Olympic Games Hockey	Murdoch Mysteries	The Goods	2018 Olympic Winter Games	Varied Programs	Olympic Games Hockey						
CHLT 7	107	718	(:02) Le TVA régional	Movie		TVA nouvelles	Les feux de l'amour	Top modèles	(4:58) TVA nouvelles					
WMTW 8	-	-	News	Access	The Chew	General Hospital	The Ellen DeGeneres Show	WMTW News 8 at 4pm	WMTW News 8 at 5PM					
CKSH 9	108	-	F Telejournal	Regard	Rizzoli & Isles (SC)	Virginie (SC)	Virginie (SC)	Terre humaine	Terre humaine	Entrée principale (N) (SC)				Silence
			M Antiques Roadshow											
			T Globe Trekker											
			W We'll Meet Again (N)											
			Th NOVA (DVS)											
CKMI 11	-	-	Global News	ET Canada	Days of our Lives	The Talk	Rachael Ray	Millionaire	The Young and the Restless	Global News				
CFCF 12	205	312	CTV News Montreal	The Social	Dr. Phil	The Dr. Oz Show	The Ellen DeGeneres Show	CTV News Montreal at 5	Judge Judy	Judge Judy				
WVNY 22	-	-	Hot Bench	Hot Bench	The Chew	General Hospital	The People's Court	Judge Judy	Judge Judy					
WUTV 30	-	-	The Steve Wilkos Show	Maury	Judge Mathis	Jerry Springer	Steve	Family Feud	Family Feud					
CFKS 31	106	726	Danser pour g	Movie	Movie			Les Simpson	Les Simpson	Coup				
WUHF	-	363	The Steve Wilkos Show	Maury	Var. Programs	Paid Program	Hot Bench	Hot Bench	Judge Judy	Judge Judy	The People's Court			
WETK	-	-	Dinosaur Train	Peg Plus Cat	Sesame Street	Splash	Curious	Nature Cat	Wild Kratts	Wild Kratts	Odd Squad	Odd Squad	World News	
			F Animals With Cameras	Underground	Ready Jet Go!	Wild Kratts	Wild Kratts	Odd Squad	Odd Squad	Nature Cat	Nature Cat	Daniel Tiger	Curious	
			M Antiques Roadshow	Love Quilting										
			T Globe Trekker	Rick Steves										
			W We'll Meet Again (N)	Cooking										
			Th NOVA (DVS)	Mountain Lake										
A&E	615	520	Varied Programs											
BRAVO	620	523	Relic Hunter	Movie										
CNN	500	500	Inside Politics	Wolf	CNN Newsroom	CNN Newsroom	The Lead With Jake Tapper	Situation Room With Wolf						
			F Canada's Worst Driver	Bering Sea Gold	FantomWorks "Buyer Beware"	Graveyard Carz	Bitchin' Rides	Fast N' Loud: Demolition						
			M Canada's Worst Driver Ever	Bering Sea Gold: Under	Edge of Alaska	Bushcraft Build-Off	Alaska: The Last Frontier	Mighty Ships (DVS)						
			T		MythBusters "Wild Wild West"	Gold Rush: White Water	Homestead Rescue	Street Science	Street Science					
			W		Gold Rush: Pay Dirt "Broken"	Gold Rush	Heavy Rescue: 401	Gold Rush: White Water						
			Th		Killing Fields	Moonshiners: Outlaw Cuts	Moonshiners	Heavy Rescue: 401						
			F M*A*S*H	M*A*S*H	Ice Road Truckers	Pawn Stars	Pawn Stars	American Pickers	American Pickers	American Pickers				
			M			American Pickers	American Pickers	Counting Cars	Buried: Knights Templar	Buried: Knights Templar	Digging			
			T					Treasures Decoded	Treasures Decoded	"Indiana Jones & the Temple"				
			W					Hitler's Stealth Fighter	Hunting Hitler	"Indiana Jones-Last Crusade"				
			Th					Pawn Stars	Ancient Aliens	"Indiana Jones and Crystal Skull"				
PARMT	628	584	Movie	Varied Programs										
RDI	126	730	Telejournal	Les ex	L'info									En direct avec Patrice Roy
			F Continuum "Second Wave"	NCIS A survivalist is wanted.	*** "Noah" (2014, Historical Drama) Russell Crowe, Jennifer Connelly.	Superior Dnts	*** "The Conjuring" (2013, Horror) Vera Farmiga, Patrick Wilson.	*** "Déjà Vu" (2006, Suspense) Denzel Washington, Val Kilmer.	*** "Ender's Game" (2013) Harrison Ford, Asa Butterfield.	*** "G.I. Joe: Retaliation" (2013) Dwayne Johnson, Bruce Willis.				NCIS A survivalist is wanted.
			M											
			T											
			W											
			Th											
SLICE	601	562	Varied Programs	Sex & the City	Sex & the City	Varied Programs								
TLC	521	560	Varied Programs											
TSN	400	400	Hockey	Varied Programs									SportsCentre	Interruption
YOUTH	551	542	Chuck's	Mysticons	The ZhuZhus	The ZhuZhus	Cloudy, Meat	Cloudy, Meat	Mysticons	SpongeBob	SpongeBob	Loud House	Loud House	Nicky, Ricky

## FRIDAY EVENING

FEBRUARY 9, 2018

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	Channel 3 News at Six (N)		CBS Evening News	Entertainment Tonight (N)	Big Brother: Celebrity Edition (N) (Live)				Bull "Name Game" Bull helps sue a corrupt a bank.	Channel 3 News	(:35) The Late Show With Stephen Colbert (N)		
WPTZ 5	-	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N)	Wheel of Fortune (N)	2018 Winter Olympics Opening Ceremony. Mike Tirico and Katie Couric host coverage of the Opening Ceremony from PyeongChang Olympic Stadium. (N Same-day Tape)					NBC5 News at 11 (N)	(:35) The Tonight Show Starring Jimmy Fallon (N)		
CBMT 6	206	301	CBC Montreal News (N)	On the Money	2018 Olympic Winter Games	Canada vs Switzerland. Canada face Switzerland in round-robin action. (N) (Live)									
CHLT 7	107	718	(5:58) TVA nouvelles (N)	Le tricheur (N) (SC)	(6:59) Ça finit bien la semaine (N) (SC)	Du talent à revendre (N) (SC)	La liste noire "Dembe Zuma" (N) (SC)	TVA nouvelles (:35) Denis Lévesque (N) (SC)	(:35) ** "Crinqué" (2006) Jason Statham. (DVS) (SC)						
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N)	Jeopardy! (N)	Be My Valentine; A Charlie Brown Valentine	Child Support Two Californians vie for the prize.	(:01) 20/20 (N)			WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live (N)		
CKSH 9	108	-	Le Téléjournal Estrie (N)	Jeux olympiques d'hiver 2018 la cérémonie d'ouverture en compagnie de Patrice Roy.	Cérémonie d'ouverture. Marie-José Turcotte suit	Jeux olympiques d'hiver 2018 Snowboard masculin. Snowboard masculin (slopestyle) avec la participation de Mark McMorris et Sébastien Toutant. (N) (Live)									
CKMI 11	-	-	(5:30) Global News at 5:30	Global National (N)	ET Canada	Entertainment Tonight (N)	Big Brother: Celebrity Edition (N) (Live)	Private Eyes A hockey player has a heart attack.	Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N)					
CFCF 12	205	312	(5:59) CTV News Montreal (N)	etalk (N)	The Big Bang Theory (N)	*** "Cool Runnings" (1993) Leon. Based on the true story of Jamaica's 1988 bobsled team. (N) (DVS)	Criminal Minds (DVS)	News-Lisa	CTV News Montreal (N)	The Big Bang Theory (N)					
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Valentine's Day Special	Be My Valentine; A Charlie Brown Valentine	Child Support Two Californians vie for the prize.	(:01) 20/20 (N)			Local 22 News (N)	(:35) Jimmy Kimmel Live (N)		
WUTV 30	-	-	The Big Bang Theory (N)	Judge Judy (N)	Judge Judy (N)	Family Feud (N)	Who Shot Biggie & Tupac? The murders of the hip-hop leg-	2 on Your Side	Seinfeld "The Stand-In"	Two and a Half Men (N)	Two and a Half Men (N)	Last Man Standing (N)			
CFKS 31	106	726	Souper parfait	Les détestables	L'arbitre	SQ "Chicanaes de voisines"	911	** "S.W.A.T." (2003, Action) Samuel L. Jackson, Colin Farrell, Michelle Rodriguez. Une équipe S.W.A.T. doit protéger un caïd de la drogue.	NVL (N)	Zone Séduction					
WUHF	-	363	Modern Family (N)	Modern Family (N)	The Big Bang Theory (N)	The Big Bang Theory (N)	Who Shot Biggie & Tupac? The murders of the hip-hop leg-	13WHAM News at 10 on Fox Rochester (N) (Live)	DailyMailTV (N)	The Simpsons (N)	Paid Program (N)				
WETK	-	-	PBS NewsHour (N)	BBC News-night	Vermont This Week (N)	Washington Week (N)	MeToo, Now What? (N)	"The American Epic Sessions" (2016, Documentary) Taj Mahal, Alan and Doug head to Thailand for Stu's wedding.	Jack White, Elton John. Artists	Amanpour on PBS (N)					
WCFE	-	-	World News America	Nightly Business Report	PBS NewsHour (N)	Mountain Lake Journal	New York Now (N)	Smokey Robinson: The Library of Congress Gershwin Prize for Popular Song (N)	We Knew What We Had: The Greatest Jazz	Amanpour on PBS (N)	Mountain Lake Journal				
A&E	615	520	(5:00) Live PD "Live PD -- 02.03.18" Riding along with law enforcement.		Live PD: Rewind "Live PD: Rewind No. 84" (N)	Live PD: Rewind "Live PD: Rewind No. 84" (N)	Live PD "Live PD -- 12.02.17" Riding along with law enforcement.								
BRAVO	620	523	Bones Team investigates hedge fund company.	Bones The death of a crossword master.	Bones Brennan works with Aubrey.	Bones In the 1950s, Brennan is a detective.	Bones The team investigates a psychic's death.	Bones Brennan speaks at a convention.							
CNN	500	500	Situation Room With Wolf	Erin Burnett OutFront (N)	Anderson Cooper 360 (N)	Anderson Cooper 360 (N)	CNN Special Report	CNN Special	Spec'l Report						
DISC	520	505	The X-Files "Lazarus" Agent acts like thief he killed.	Daily Planet "Invent This! Week" (N) (DVS)	Homestead Rescue "Methane Meltdown"	Heavy Rescue: 401 (DVS)	Finding Escobar's Millions "The X" (N)	Mayday "The Lost Plane" (N)	Heavy Rescue: 401						
HIST	522	506	Swamp People "Ten Most Legendary Monsters" (N)	Swamp People Holden struggles to shed bad habits.	American Pickers "Bucking Bronco" (N) (DVS)	American Pickers A collector has an underground stash.	Pawn Stars (N)	Pawn Stars "Mini Rick"	American Pickers (N)						
PARMT	628	584	Ink Master A challenge brings the artists to tears.	Ink Master The artists face a sculptural challenge.	Ink Master The final veteran shop returns.	Ink Master A massive twist shakes the artists.	Ink Master The artists have a painful elimination.	Ink Master							
RDI	126	730	Le National (N) (SC)	RDI économie (N) (SC)	24/60 (N) (SC)	Les grands reportages Le comédien Gilles Renaud. (N)	Le Téléjournal avec Pascale Nadeau (N) (SC)	Le Téléjournal avec Pascale Nadeau (N) (SC)	Le National (N) (SC)	24/60 (SC)					
SHOW	616	521	NCIS Grooming a Marine to be a supersoldier.	NCIS "Tribes" Muslim Marine found dead.	*** "The Hobbit: The Desolation of Smaug: Extended Version" (2013, Fantasy) Ian McKellen, Richard Armitage. Bilbo and company encounter the fearsome dragon Smaug.	Martin Free-	*** "Noah" (2014) Russell Crowe.								
SLICE	601	562	Summer House The gang is back for another summer.	Summer House Preparing for a big July Fourth bash.	Summer House Tensions boil over at a beach bonfire.	** "The Hangover Part II" (2011) Bradley Cooper, Phil, Stu, Alan and Doug head to Thailand for Stu's wedding.	** "The Break-Up" (2006) Vince Vaughn, Jennifer Aniston.								
TLC	521	560	Say Yes to the Dress (N)	Say Yes to the Dress (N)	Untold Stories of the E.R. "Never Say Die" (N)	Untold Stories of the E.R. A pianist loses a finger.	Untold Stories of the E.R. "Heeled!" (N)	Untold Stories of the E.R.: Extra Dose "Dr. Robot" (N)	Untold Stories of the E.R.	Untold Stories of the E.R.: Extra Dose "Dr. Robot" (N)	Untold Stories of the E.R.				
TSN	400	400	SportsCentre (N) (Live)	That's Hockey (N) (Live)	(7:55) 2018 Olympic Winter Games Men's Snowboarding. (N) (Live)	SportsCentre (N) (Live)	(10:55) 2018 Olympic Winter Games Men's Snowboarding. (N) (Live)								
YOUTH	551	542	Nicky, Ricky	Thundermans	School	Henry Danger	*** "The School of Rock" (2003) Jack Black, Joan Cusack.	"Nicky Deuce" (2013) Noah Munch.							

# Your week on TV

## SATURDAY DAYTIME FEBRUARY 10, 2018

Bell	Star	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30		
WCAX	3	-	-	CBS This Morning: Saturday (N) (Live) (CC)				Lucky Dog "Kenny"	Dr. Chris: Pet Vet (N)	Innovation Nation	The Inspectors	College Basketball Florida at South Carolina. From Colonial Life Arena in Columbia, S.C. (N)			College Basketball Kansas at Baylor. From the Ferrell Center in Waco, Texas. (N) (Live) (CC)				
WPTZ	5	-	-	Teen Kids News (N)	Hanna Into the Wild	Give (DVS)	Champ Within	The Voyager	Wilderness Vet	Journey-Dreyer	Naturally, Danny Seo	Premier League	Premier League Soccer Manchester City FC vs Leicester City FC. (N) (Live) (CC)			Prem Goal Zone	2018 Olympics		
CBMT	6	206	301	(6:00) 2018 Olympic Winter Games Short Track, Men's Ski Jumping. Short track; ski jumping (men's normal hill). (N) (Live) (CC)				Olympic Games Hockey				2018 Olympic Winter Games Mixed Doubles Curling, Luge. A recap of mixed doubles curling and luge competition. (N) (Live) (CC)							
CHLT	7	107	718	(6:00) Salut bonjour week-end (N) (SC)				Bien (N) (SC)	Deux filles le matin Lise Dion. (SC)		Propulsion (N) (SC)	TVA nouvelles (N)	Chacun sa route (N)	Infopublicité (SC)	** "Eragon" (2006, Enfants) Ed Speleers. Un jeune paysan découvre un oeuf de dragon. (SC)			"Indiana Jo"	
WMTW	8	-	-	Good Morning America (N) (CC)	Jack Hanna	Ocean Treks	Sea Rescue (N)	The Wildlife Docs	Rock the Park (N)	Vacation Creation	Try Yoga!	AAA Benefits	Power Air Fryer Oven	Regrow Hair	Cars.TV	MyDestination.TV	World of X Games (N) (Part 2 of 2)		
CKSH	9	108	-	(5:00) Jeux olympiques d'hiver 2018 Patinage de vitesse, hockey, luge. (N) (Live)				PyeongChang 2018 - L'extra (Series Premiere) (N)				Telejournal PyeongChang 2018 - En rappel (Series Premiere) Ski de fond féminin; patinage de vitesse courte piste; patinage de vitesse; biathlon; saut à ski. (N)							
CKMI	11	-	-	Fish'n Canada	Real Fishing	Adventure North	Fishful Thinking	Money Moron	Paid Program	Powerboat Television	Driving Television	Curse of the Frozen Gold "On the Brink"	Chuck & Danny's Road Trip	Holmes Inspection "Holding It In" (CC)			*** "Crazy, Stupid, Love." (2011) (CC)		
CFCF	12	205	312	Your Morning Weekend (N) (CC)		It Is Written (N)	Children's Villages	Operation Smile (N) (CC)	It Is Written (N)	Cash Cab (N)	SportsCentre (N) (CC)	**** "Rocky" (1976) Sylvester Stallone. Premiere. A heavy-weight champ gives a club fighter a title shot. (N) (CC)			Moneytalk (N) (CC)				
WVNY	22	-	-	Good Morning America (N) (CC)	Jack Hanna	Ocean Treks	Sea Rescue (N)	The Wildlife Docs	Rock the Park (N)	Vacation Creation	Sexy Hair Care	Yoga Retreat!	Paid Program	Paid Program	Prostate Health	Foot Pain	World of X Games (N) (Part 2 of 2)		
WUTV	30	-	-	Try Yoga	PiYo Workout!	Regrow Hair	Try Yoga	PiYo Workout!	PiYo Workout!	Airbrushed Beauty	Hoops Tip-Off	College Basketball Butler at Villanova. From Wells Fargo Center in Philadelphia. (N) (Live)			College Hoops	College Basketball Xavier at Creighton. (N) (Live)			
CFKS	31	106	726	** "Wimbledon" (2004, Com. Sentimentale) Kirsten Dunst, Paul Bettany, Sam Neill.				RPM Le Salon de l'auto de Detroit.				RPM Plus	Infopublicité	Danser pour gagner Les 10 meilleures troupes sont réunies.			* "Duo à trois" (2011, Com. Sentimentale) Ginnifer Goodwin, Kate Hudson.		
WUHF	-	-	363	Xploration Space	Awesome Planet	Weird but True	Xploration DIY Sci	PiYo Workout!	PiYo Workout!	Airbrushed Beauty	Hoops Tip-Off	College Basketball Butler at Villanova. From Wells Fargo Center in Philadelphia. (N) (CC)			College Hoops	College Basketball Xavier at Creighton. (N) (Live) (CC)			
WETK	-	-	-	Daniel Tiger	Splash-Bubbles	Outdoor Journal	MotorWeek (N)	Lidia's Kitchen (N)	Kimball's Milk Street	Cooking School	Martha Bakes (N)	Test Kitchen	Cook's Country	Woodwright	This Old House (N)	Ask This Old House	Antiques Roadshow "New Orleans" (CC)	Antiques Roadshow	
WCFE	-	-	-	Wild Kratts	Wild Kratts	Odd Squad	Odd Squad	Greener World	Garden Home	This Old House (N)	This Old House (N)	My Greek Table	Cooking School	Martha Bakes (N)	Lidia's Kitchen (N)	Mexican Table	Cook's Country	Test Kitchen	Ellie's Real
A&E	615	520	-	Flipping Vegas "Skate House" (N) (CC)	Zombie House Flipping (N) (CC)		Zombie House Flipping "Termite Trouble"	Vacation Rental	Vacation Rental	Streets of Compton "Special Edition" A history of the Los Angeles suburb. (N) (CC)	Biggie: The Life of Notorious B.I.G. Life story of the influential rapper. (N) (CC)								
BRAVO	620	523	-	Blue Bloods "Whistleblowers" (N) (CC)	Blue Bloods "Guilt by Association" (N) (CC)	Blue Bloods "Personal Business" (N) (CC)	Blue Bloods "Confessions" (DVS)	Bones "The Psychic in the Soup" (N) (CC)	Blue Bloods "Whistleblowers" (N) (CC)	Blue Bloods "Guilt by Association" (N) (CC)	Blue Bloods "Personal Business" (N) (CC)	Newsroom Vital Sign		CNN Newsroom					
CNN	500	500	-	New Day Saturday (N)	Smerconish (N) (CC)	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	
DISC	520	505	-	Homestead Rescue "Methane Meltdown"	Heavy Rescue: 401 (DVS)	Highway Thru Hell "It's Stormy Everywhere"	Mysteries of the Missing (DVS)	Alaska: The Last Frontier (N) (CC)	Mayday "The Lost Plane" (DVS)	Finding Escobar's Millions "The X" (CC)	Secrets of the Underground (CC)								
HIST	522	506	-	Paid Program (N)	Paid Program (N)	Ice Road Truckers "Rushin' Roulette" (N)	American Pickers "My Sweet Ford" (N)	Pawn Stars (N)	Pawn Stars (N)	** "42" (2013, Biography) Chadwick Boseman, Harrison Ford, Nicole Beharie. Jackie Robinson breaks baseball's color barrier. (N) (CC)			Pawn Stars (N)	Pawn Stars (N)					
PARMT	628	584	-	Paid Program (N)	Paid Program (N)	Bar Rescue A historical landmark bar. (N)	Bar Rescue "Bar Over Troubled Water"	Bar Rescue "Antisocial Media"	Bar Rescue "Thugs with Mugs"	Bar Rescue "Punk as a Drunk"	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue				
RDI	126	730	-	(5:30) RDI matin weekend (N) (SC)				L'info (N) (SC)	Isabelle Richer	Telejournal	Telejournal	Le National	L'info (N) (SC)	L'info (N) (SC)	L'info (SC)	L'info (N) (SC)	L'info (SC)		
SHOW	616	521	-	"My Stepdaughter" (2015, Suspense) Emmanuelle Vaugier, Niki Koss, Matt Socia. (N) (CC)				** "Olympus Has Fallen" (2013, Action) Gerard Butler. A disgraced agent must rescue the president. (N) (CC)				** "Jack Ryan: Shadow Recruit" (2014) Chris Pine. Ryan uncovers a Russian plot to collapse the U.S. economy. (N) (CC)				** "Olympus Has Fallen" (2013) (N) (CC)			
SLICE	601	562	-	Paid Program (N)	Paid Program (N)	Paid Program (N)	Paid Program (N)	The Real Housewives of New Jersey (CC)	The Real Housewives of New Jersey (CC)	The Real Housewives of New Jersey (CC)	The Real Housewives of New Jersey (CC)	The Real Housewives of New Jersey (CC)	The Real Housewives of New Jersey (CC)	The Real Housewives of New Jersey (CC)	The Real Housewives of New Jersey (CC)	Chrisley Knows	Chrisley Knows		
TLC	521	560	-	Extreme Couponing	Extreme Couponing	Extreme Couponing	Extreme Couponing	Extreme Couponing	Extreme Couponing	Hoarding: Buried Alive (N) (CC)	Hoarding: Buried Alive (N) (CC)	Hoarding: Buried Alive (N) (CC)	Hoarding: Buried Alive (N) (CC)	Hoarding: Buried Alive (N) (CC)	Hoarding: Buried Alive (N) (CC)	Hoarding: Buried Alive (N) (CC)	Hoarding: Buried Alive (N) (CC)		
TSN	400	400	-	Olympic Winter Games		Pregame	Premier League Soccer Watford FC. (N) (Live) (CC)	West Ham United FC vs Watford FC. (N) (Live) (CC)	Olympic Hockey Recap Show (N) (CC)	January Plays	Motoring TV (N)	SC (N) (CC)	Motorcycle Race	Top 10 Coaches	Americas Rug.				
YOUTH	551	542	-	Sponge.	Loud	Loud	Loud	Mysticons	Mysticons	Turtles	Turtles	*** "Antz" (1998) Voices of Woody Allen. (N) (CC)			Sponge.	Sponge.	Sponge.	Loud	

## SATURDAY EVENING FEBRUARY 10, 2018

Bell	Star	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX	3	-	-	PGA Tour Golf AT&T Pebble Beach Pro-Am, Third Round. (N) (Live) (CC)				Channel 3 News	Outdoor America	MacGyver "Ruler" (N) (CC)	Hawaii Five-0 (N) (CC)	48 Hours (N) (CC)			Channel 3 News	Person of Interest "Lethal" (N) (CC)			
WPTZ	5	-	-	(3:00) 2018 Winter Olympics Snowboarding, Short Track, Ski Jumping, Luge. (N) (Live) (CC)				NBC5 News at 6	Nightly News	Jeopardy! (N) (CC)	The Olympic Zone	2018 Winter Olympics Figure Skating, Men's Alpine Skiing. (N) (Live) (CC)			NBC5 News	2018 Winter Olympics Figure Skating. (N)			
CBMT	6	206	301	Olympic Winter Games		Olympic Games Hockey (N) (CC)	CBC News 2018 Olympic Winter Games Snowboarding, Alpine Skiing, Figure Skating, Cross-Country Skiing. Snowboarding (slopestyle); alpine skiing; figure skating team event; cross-country skiing. (N) (Live) (CC)												
CHLT	7	107	718	(3:30) ** "Indiana Jones et le royaume du crâne de cristal" (2008) Harrison Ford. (SC)				TVA nouvelles (N)	** "Sans issue" (2015, Suspense) Owen Wilson, Lake Bell, Pierce Brosnan. (SC)			** "Escobar" (2014, Drame) Benicio Del Toro, Josh Hutcherson, Claudia Trisac. (SC)			(:45) TVA nouvelles	(:15) ** "Sans limites" (2011, Suspense) Bradley Cooper. (SC)			
WMTW	8	-	-	(3:00) World of X Games (N)		Sports Gone Wild	WMTW News 8 at 8	World News	Wheel of Fortune	Sports Hoops 8	NBA	NBA Basketball San Antonio Spurs at Golden State Warriors. From Oracle Arena in Oakland, Calif. (N) (CC)			WMTW News 8	Rizzoli & Isles "Love Taps" (N) (CC)			
CKSH	9	108	-	(12:30) PyeongChang 2018 - En rappel (N) (SC)				Telejournal	Jeux olympiques d'hiver 2018 Patinage artistique par équipes, snowboard. Patinage artistique par équipes; snowboard féminin (slopestyle). (N) (Live)										
CKMI	11	-	-	(3:00) *** "Crazy, Stupid, Love." (2011) Steve Carell. (CC)		Focus Montreal	Global News at 6	Global National	Border Security	Border Security	"A Fighting Man" (2014, Drama) Famke Janssen, Dominic Purcell, James Caan. (CC)			Mary Kills People "Fatal Flaw"	Global News	(:29) * "Identity Thief" (2013) (CC)			
CFCF	12	205	312	Seinfeld (N)	Big Bang Theory (DVS)	"Codes" (N) (CC)	CTV News Montreal (N) (CC)	W5 Investigating the fentanyl epidemic. (N)	"Valentine Ever After" (2016) Autumn Reeser, Eric Johnson. Premiere. (N) (CC)			Cardinal John and Lise race to find Ray.	News-Rinaldo	CTV News Montreal	(12:05) Pop Life				
WVNY	22	-	-	(3:00) World of X Games (N)		Paid Program	Paid Program	World News	Local 22 News (N)	Extra (N) (CC)	NBA	NBA Basketball San Antonio Spurs at Golden State Warriors. From Oracle Arena in Oakland, Calif. (N) (CC)			Local 22 News (N)	Scandal Cyrus is shut out of the inner circle.			
WUTV	30	-	-	College Basketball	Inside the Big East	PiYo Workout!	Big Bang Theory	Big Bang Theory	Two and Half Men	Two and Half Men	Lethal Weapon "Bird-watching" (N) (CC)	The Resident "Comrades in Arms" (N) (CC)	2 on Your Side at 10	Big Bang Theory	Hell's Kitchen "Final Three" (DVS)	Gotham Steel Grill!			
CFKS	31	106	726	** "Duo à trois" (2011, Com. Sentimentale) Richard Gere, Diane Lane.		** "Le temps d'un ouragan" (2008, Drame sentimental) Richard Gere, Diane Lane.		** "Mon fantôme d'amour" (1990, Fantastique) Patrick Swayze, Demi Moore, Whoopi Goldberg.			(15) ** "La Saint-Valentin" (2010) Jessica Alba, Kathy Bates, Jessica Biel. Des individus vivent diverses péripéties amoureuses.			Zone Séduction					
WUHF	-	-	363	College Basketball	Inside the Big East	Paid Program	Paid Program	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Lethal Weapon "Bird-watching" (N) (CC)	The Resident "Comrades in Arms" (N) (CC)	WHAM News	Engagement	Hell's Kitchen "Final Three" (DVS)	ROH Wrestling		
WETK	-	-	-	Antiques Roadshow	Weekend-Yank	MeToo, Now	NewsHour Wk	Father Brown "The Sins of the Father"	As Time Goes By	Keep-Appeal	Fresh Fields	Coupling	Poldark on Masterpiece (N) (CC)	Death in Paradise (N) (CC)	Austin City Limits (N) (CC)	Underground			
WCFE	-	-	-	Lake Placid and the Winter Games	Globe Trekker (N) (CC)	Samantha Br	NewsHour Wk	Mountain Lake	New York Now	The Coroner "Perfectly Formed" (CC)	Death in Paradise (N) (CC)	The Tunnel: Sabotage (N) (CC)	Underground	Austin City Limits (N) (CC)					
A&E	615	520	-	Biggie: The Life of Notorious B.I.G. (N) (CC)				Live PD "Live PD -- 02.02.18" Riding along with law enforcement. (N) (CC)				Live PD: Rewind (N) (CC)	Live PD "Live PD -- 11.24.17" Riding along with law enforcement. (N) (CC)						
BRAVO	620	523	-	Blue Bloods "Confessions" (DVS)		Major Crimes "Do Not Disturb" (CC)	Major Crimes "Jane Doe Number 38" (N) (CC)	Major Crimes A killer prowls Los Angeles.	Criminal Minds (DVS)	Law & Order: Special Victims Unit (N) (CC)	Lucifer (DVS)	The Good Doctor (N) (CC)	Major Crimes (N) (CC)						
CNN	500	500	-	CNN Newsroom	CNN Newsroom	Smerconish (CC)	The Van Jones Show	CNN Newsroom	The Seventies (CC)	The Seventies (CC)	The Seventies (CC)	The Seventies (CC)	The 70's						
DISC	520	505	-	Homestead Rescue "Methane Meltdown"	Heavy Rescue: 401 (DVS)	Cash Cab (N) (CC)	How It's Made	Moonshiners The first run of hillbilly grappa.	Gold Rush "Broken"	Graveyard Carz (CC)	Bitchin' Rides "A Lincoln Legend" (CC)	Heavy Rescue: 401 (DVS)	Graveyard Carz						
HIST	522	506	-	Pawn Stars (N)	Pawn Stars (N)	Pawn Stars (N)	Pawn Stars (N)	Knightfall "Do You See the Blue?" (N) (CC)	American Pickers "My Sweet Ford" (N) (CC)	Pawn Stars (N)	Pawn Stars (N)	Pawn Stars Rick heads to Los Angeles.	Pawn Stars (N)	Pawn Stars (N)	Forged in Fire "The Naginata" (N) (CC)	Pawn Stars (N)			
PARMT	628	584	-	(3:30) Bar Rescue	Bar Rescue "Listen Y'all It's Sabotage"	Bar Rescue	** "Shooter" (2007, Suspense) Mark Wahlberg. A wounded sniper plots revenge against those who betrayed him. (N) (CC)			Bar Rescue	Bar Rescue "How to Train Your Goldfish"	Bar Rescue	Bar Rescue						
RDI	126	730	-	L'info (N) (SC)	Journal France 2	Le Télé-journal	L'épicerie (N) (SC)	La semaine verte (N) (SC)	Le National (N)	Le National (N)	Découverte (SC)	Le Télé-journal	La facture (SC)	Le Télé-journal	Le National	Les grands reportages (SC)	Le Télé-journal		
SHOW	616	521	-	(3:00) ** "Olympus Has Fallen" (2013) Gerard Butler. (N) (CC)				** "Jack Ryan: Shadow Recruit" (2014, Action) Chris Pine, Kevin Costner, Kenneth Branagh. (N) (CC)				** "The Hobbit: The Battle of the Five Armies" (2014) Ian McKellen. Men, Dwarves and Elves must unite or be destroyed. (N) (CC)				** "Olympus Has Fallen" (2013) Gerard Butler. (N) (CC)			
SLICE	601	562	-	** "The Break-Up" (2006) Vince Vaughn. A couple end their relationship, but neither is willing to move. (N) (CC)				** "What to Expect When You're Expecting" (2012, Comedy) Cameron Diaz, Jennifer Lopez. (N) (CC)				** "Vacation" (2015, Comedy) Ed Helms, Christina Applegate. Premiere. (N) (CC)				** "What to Expect When You're Expecting" (2012) (N) (CC)			
TLC	521	560	-	Hoarding: Buried Alive "It's My Junk"	Say Yes, Dress	Say Yes, Dress	Say Yes to the Dress (N) (CC)	Say Yes to the Dress (N) (CC)	Say Yes to the Dress (N) (CC)	Say Yes to the Dress (N) (CC)	Say Yes to the Dress (N) (CC)	Say Yes to the Dress (N) (CC)	Say Yes to the Dress (N) (CC)	Say Yes to the Dress (N) (CC)	Say Yes to the Dress (N) (CC)	Say Yes, Dress			
TSN	400	400	-	(3:30) Americas Rugby Championship Argentina XV at Chile. (N)		SC (CC)	Americas Rugby Championship vs Canada. (N) (Live) (CC)	United States vs Canada. (N) (Live) (CC)	2018 Olympic Winter Games Figure Skating. Figure skating team event (ice dance short dance). (N) (Live) (CC)										
YOUTH	551	542	-	Loud	Loud	Mysticons	Mysticons	*** "The Book of Life" (2014) (N) (CC)			*** "Rango" (2011) Voices of Johnny Depp. (N) (CC)			Stanley	Just Kid	Just Kid	Book Life		

# Your week on TV

SUNDAY DAYTIME			FEBRUARY 11, 2018																
Bell	Star	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30		
WCAX	3	-	-	Channel 3 News Sunday Morning (N)	CBS News Sunday Morning (N)	Face the Nation (N)	The Open Road	Hole in One	NCAA Bracket	College Basketball Michigan at Wisconsin. From Kohl Center in Madison, Wis. (N)	PGA Golf								
WPTZ	5	-	-	Sunday Today With Willie Geist (N)	Meet the Press (N)	Soledad O'Brien	On the Money (N)	Rizzoli & Isles "Sister Sister" (N)	NHL Hockey Pittsburgh Penguins at St. Louis Blues. From Scottrade Center in	2018 Olympics									
CBMT	6	206	301	(6:00) 2018 Olympic Winter Games Women's Hockey, Men's Speed Skating. Women's hockey (Canada vs. OAR); speed skating (men's). (N)	(Live)	"Cloelo" (2012, Biographie) Jérémie Renier, Benoît Magimel. La vie du chanteur de variétés Claude François, mort à 39 ans à Paris. (SC)			Olympic Games Hockey (N)	2018 Olympic Winter Games Figure Skating, Women's Hockey. A recap of the figure skating team event and women's hockey. (N)									
CHLT	7	107	718	(6:00) Salut bonjour week-end (N) (SC)	"Cloelo" (2012, Biographie) Jérémie Renier, Benoît Magimel. La vie du chanteur de variétés Claude François, mort à 39 ans à Paris. (SC)			La victoire de l'amour	Les gags full ado	** "Alaska" (1996, Enfants) Thora Birch, Vincent Kartheiser, Dirk Benedict. (SC)									
WMTW	8	-	-	Good Morning America (N)	This Week W/ George Stephanopoulos	Soledad O'Brien	Teen Kids News (N)	Made in Hollywood	Wild About Animals	Try Yoga!	PiYo Workout!	Tummy Tuck	Tai Cheng	World's Funniest Moments: Valentine's Day	NBA	NBA Basketball			
CKSH	9	108	-	(5:00) Jeux olympiques d'hiver 2018 Biathlon, ski acrobatique. (N) (Live)	PyeongChang 2018 - L'extra (N)			Telegjournal	PyeongChang 2018 - En rappel	Ski de fond masculin; ski alpin masculin; hockey féminin; snowboard masculin; ski acrobatique. (N)									
CKMI	11	-	-	Fishful Thinking	Princess Affected by her fiscal problems. (N)	Lorna Dueck	Joel Osteen	Paid Program	The West Block (N)	Focus Montreal	Entertainment Tonight (N)	Rookie Blue "Skeletons" (DVS)	Donut Showdown	Donut Showdown	Decked Out	Income Property			
CFCF	12	205	312	Children's Villages	The Social (N)	Operation Smile (N)	Paid Program	Church of the Rock	Question Period (N)	SportsCentre (N)	** "Rocky Balboa" (2006) Sylvester Stallone. Rocky, now retired, fights the world heavyweight champion. (N)	etalk (N)							
WVNY	22	-	-	Good Morning America (N)	This Week W/ George Stephanopoulos	What Matters	The Key of David	Try Yoga	Paid Program	AAA Benefits	Paid Program	Paid Program	Paid Program	AAA Benefits	Prostate Health	NBA	NBA Basketball		
WUTV	30	-	-	The Ernest Angley Hour	FOX News Sunday With Chris Wallace (N)	Sharyl Attkisson	The Key of David	PiYo Workout!	Try Yoga	NASCAR Racing Monster Energy Cup Series: Daytona 500, Qualifying. (N) (Live)	The Masters Agility Championship at Westminster (N)								
CFKS	31	106	726	** "Mannequin" (1987, Com. Sentimentale) Andrew McCarthy, Kim Cattrall, Estelle Getty.	RPM La BMW 540i xDrive 2018. (N)	RPM Plus	Zone VL	La guerre des clans	CSI: Miami "Six ans trop tôt" (SC)	SQ	** "Chasse au trésor" (2008) Matthew McConaughey, Kate Hudson.								
WUHF	-	-	363	Wild America	Transform	FOX News Sunday With Chris Wallace (N)	Sharyl Attkisson	Rochester Press Box	Power Air Fryer Oven	Try Yoga	NASCAR Racing Monster Energy Cup Series: Daytona 500, Qualifying. (N) (Live)	The Masters Agility Championship at Westminster (N)							
WETK	-	-	-	Daniel Tiger	Splash-Bubbles	Curious George	Nature Cat	Ready Jet Go! (EI)	Wild Kratts "Fireflies"	MeToo, Now	Vermont This Week	The Roosevelts: An Intimate History Theodore Roosevelt as president. (DVS)	"Forgotten Farms" (2016, Documentary)	River of Milk	Amer. Experience				
WCFE	-	-	-	Wild Kratts	Wild Kratts	Washing-ton Week	Scully: World	Mountain Lake	New York Now	MeToo, Now	R. Steves' Europe	Lake Placid and the Winter Games	Beyond the Fields: Slavery at Middleton	In Their Own Words "Muhammad Ali" (N)	Miss Marple "Murder at the Vicarage" (N)				
A&E	615	520	-	(7:00) *** "King Kong" (2005, Adventure) Naomi Watts, Jack Black, Adrien Brody. A beauty tames a savage beast. (N)	*** "Shanghai Noon" (2000) Jackie Chan. A Chinese guard arrives in 1881 Nevada to rescue a princess. (N)			*** "Pirates of the Caribbean: Dead Man's Chest" (2006) Johnny Depp, Orlando Bloom. Premiere. (N)											
BRAVO	620	523	-	The Good Doctor (N)	** "Snitch" (2013) Dwayne Johnson, Jon Bernthal. A man infiltrates a drug cartel to save his son from prison. (N)	A man infiltrates a drug cartel to save his son from prison. (N)			*** "U.S. Marshals" (1998) Tommy Lee Jones. Sam Gerard gets caught up in another fugitive case. (N)			** "Murder at 1600" (1997, Suspense) Wesley Snipes, Diane Lane, Daniel Benzali. (N)							
CNN	500	500	-	Inside Politics (N)	State/Union	Fareed Zakaria GPS	Reliable Sources (N)	State/Union	Fareed Zakaria GPS	CNN Newsroom	CNN Newsroom								
DISC	520	505	-	Too Cute! A pit bull puppy learns to walk.	Tanked "Prince Fielder's Big Hit" (N)	North Woods Law "The Big Bad Woods"	Edge of Alaska A bulldozer breakdown.	Deadliest Catch "Uncharted Territory" The fleet struggles as crabs vanish. (N)	Gold Rush "Broken Men" (N)	Graveyard Carz (N)									
HIST	522	506	-	Paid Program	Paid Program	Forged in Fire "Knights Templar" (N)	American Pickers "The Mother Load" (N)	Pawn Stars	Pawn Stars	Pawn Stars Rick heads to Los Angeles. (N)	The Curse of Oak Island (N)	Forged in Fire "Knights Templar" (N)	Forged in Fire "The Naginata" (N)						
PARMT	628	584	-	Paid Program	Try Total Gym	Engine Power (N)	Xtreme Off Road (N)	Truck Tech (N)	Detroit Muscle (N)	Bar Rescue (N)	(:37) Bar Rescue "Casually Tapped Out" (N)	(:41) Bar Rescue Corraling an out-of-control staff.	Bar Rescue "Mother Doesn't Know Best"	Bar Rescue "Struck Out at the Dugout"					
RDI	126	730	-	(5:30) RDI matin weekend (N) (SC)	L'info (N) (SC)			L'épicerie (N) (SC)	Telegjournal	Telegjournal	La facture (SC)	L'info (N) (SC)	L'info (N) (SC)	L'info (N) (SC)	L'info (N) (SC)	L'info (N) (SC)	L'info (N) (SC)		
SHOW	616	521	-	Paid Program	Paid Program	Paid Program	Superior Donuts (N)	NCIS "M.I.A." (N) (DVS)	** "I, Robot" (2004, Science Fiction) Will Smith. A homicide detective tracks a dangerous robot in 2035. (N)			*** "Independence Day" (1996) Will Smith, Bill Pullman. Earthlings vs. evil aliens in 15-mile-wide ships. (N)							
SLICE	601	562	-	Paid Program	Paid Program	Paid Program	PiYo Workout! (N)	** "The Nanny Diaries" (2007) Scarlett Johansson. A college coed baby-sits a snobbish family's bratty child. (N)	** "What to Expect When You're Expecting" (2012, Comedy) Cameron Diaz, Jennifer Lopez. (N)			*** "Definitely, Maybe" (2008) (N)							
TLC	521	560	-	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Seeking Sister Wife (N)		
TSN	400	400	-	(6:55) 2018 Olympic Winter Games Freestyle Skiing, Women's Hockey.	SportsCentre	SportsCentre	SportsCentre	SportsCentre	Olympic Hockey Recap Show (N)	Europa League Magazine (N)	UEFA C	SC	PGA Golf						
YOUTH	551	542	-	Sponge.	Loud	Loud	Loud	Mysticons	Mysticons	Turtles	Turtles	*** "The Book of Life" (2014) (N) (DVS)	Sponge.	Sponge.	Sponge.	Loud			

SUNDAY EVENING			FEBRUARY 11, 2018																		
Bell	Star	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM			
WCAX	3	-	-	(3:00) PGA Tour Golf AT&T Pebble Beach Pro-Am, Final Round. (N) (Live)	Weekend News	60 Minutes (N)	Big Brother: Celebrity Edition (N)	SEAL Team "Tip of the Spear" (N)	NCIS: Los Angeles "Assets" (N)	Channel 3 News	CSI: Miami "Inside Out" (N)										
WPTZ	5	-	-	(3:00) 2018 Winter Olympics Speed Skating, Biathlon, Cross-Country Skiing. (N)	NBC5 News at 6	Nightly News	2018 Winter Olympics Figure Skating, Alpine Skiing, Snowboarding, Luge. Figure skating team event; alpine skiing; freestyle skiing; snowboarding; luge. (N)	NBC5 News	2018 Olympics												
CBMT	6	206	301	Olympic Winter Games Hockey (N)	2018 Olympic Winter Games Hockey (N)	2018 Olympic Winter Games Figure Skating, Snowboarding, Alpine Skiing. Figure skating team event (men's and ladies' free skate); snowboarding; alpine skiing.															
CHLT	7	107	718	(:15) "Marshall, le miracle de la vie" (2014) Matthew Settle, Shannon Elizabeth. (SC)	TVA nouvelles (N)	Vlog (N) (SC)	La voix "Auditions à l'aveugle" (Season Premiere) Les quatre coaches. (N) (SC)	(:15) La vraie nature (N) (SC)	Obèse: changer (N) (SC)	(:45) TVA nouvelles (N) (SC)	(:15) *** "Amis modernes" (2011) Justin Timberlake. (SC)										
WMTW	8	-	-	(3:30) NBA Basketball Cleveland Cavaliers at Boston Celtics. From TD Garden in Boston.	WMTW News 8	World News	America's Funniest Home Videos (N)	Celebrity Family Feud (DVS)	Celebrity Family Feud (N)	Shark Tank Eyewear to eliminate eyestrain.	WMTW News 8	Soledad O'Brien	Person of Interest								
CKSH	9	108	-	(12:30) PyeongChang 2018 - En rappel (N)	Esprit critique (SC)	Telegjournal	Jeux olympiques d'hiver 2018 Patinage artistique par équipes, ski alpin. Patinage artistique par équipes (danse, programme long); ski alpin féminin														
CKMI	11	-	-	"Flower Shop Mystery: Dearly Depotted" (2016, Mystery) Brooke Shields. (DVS)	Global News at 6 (N)	Global National	Border Security	Border Security	Big Brother: Celebrity Edition (N)	9-1-1 "Let Go" Abby reaches out to Buck. (N)	NCIS: Los Angeles (DVS)	Global News	The West Block	Focus Montreal							
CFCF	12	205	312	Hot in Cleveland	Mike & Molly (N)	Question Period (N)	CTV News Montreal (N)	Big Bang Theory	Big Bang Theory	Match Game (N)	The Amazing Race (Season Premiere) (N)	Shark Tank Eyewear to eliminate eyestrain.	News-Rinaldo	CTV News Montreal	The Beaverton (N)						
WVNY	22	-	-	(3:30) NBA Basketball Cleveland Cavaliers at Boston Celtics. From TD Garden in Boston.	World News	Local 22 News (N)	America's Funniest Home Videos (N)	Celebrity Family Feud (DVS)	Celebrity Family Feud (N)	Shark Tank Eyewear to eliminate eyestrain.	Local 22 News (N)	Graham Bensing	Judge Judy (N)								
WUTV	30	-	-	Masters Agility	Raw Travel (N)	Raceline	Winter Content	Ring of Honor Wrestling (N)	Brooklyn Nine-Nine	Bob's Burgers	The Simpsons (N)	Ghosted (N)	Family Guy	LA to Vegas (N)	2 on Your Side at 10	Sharyl Attkisson	Ring of Honor Wrestling (N)	Seinfeld (N)			
CFKS	31	106	726	(2:30) * "Chasse au trésor" (2008, Action)	** "Loin des yeux" (2010, Com. Sentimentale) Drew Barrymore, Justin Long.	(:15) ** "P.S. Je t'aime" (2007, Drame sentimental) Hilary Swank, Gerard Butler. Une veuve reçoit des messages laissés par son mari.	** "On a kidnappé mon mari" (2016, Drame) Daphne Zuniga, Aaron Pearl, Nicole Muñoz.	Zone Séduction													
WUHF	-	-	363	Masters Agility	Paid Program	Paid Program	Paid Program	Ring of Honor Wrestling (N)	Brooklyn Nine-Nine	Bob's Burgers	The Simpsons (N)	Ghosted (N)	Family Guy	LA to Vegas (N)	WHAM News	Sharyl Attkisson	Engagement	Paid Program	2 Broke Girls (N)		
WETK	-	-	-	(3:30) American Experience Disparities among U.S. population.	NewsHour Wk	The Great British Baking Show (N)	A Place to Call Home "L'Chaim, to Life" (N)	Victoria on Masterpiece (N)	Victoria on Masterpiece (N)	Victoria on Masterpiece (N)	Queen Elizabeth's Secret Agents (N)	Call the Midwife Tom asks Trixie out. (N)	Victoria-Master								
WCFE	-	-	-	(3:00) Miss Marple	Miss Marple "Sleeping Murder" (N)	Miss Marple "Sleeping Murder" (N)	Call the Midwife (N)	Victoria on Masterpiece (N)	Victoria on Masterpiece (N)	Queen Elizabeth's Secret Agents (N)	Independent Lens South African activist Winnie Mandela. (N)										
A&E	615	520	-	"Pirates-Dead" Storage Wars (N)	Storage Wars (N)	Storage Wars (N)	Storage Wars (N)	Storage Wars (N)	Storage Wars (N)	Storage Wars: Biggest Fights "Biggest Fights No. 2" Ivy and Rene team up against Darrell. (N)	Storage Wars										
BRAVO	620	523	-	(:15) ** "Man on a Ledge" (2012) Sam Worthington. A disgraced ex-cop steps onto the ledge of a high-rise. (N)	** "Snitch" (2013) Dwayne Johnson. A man infiltrates a drug cartel to save his son from prison. (N)	*** "Spotlight" (2015) Mark Ruffalo. Journalists investigate sexual abuse in the Catholic Church. (N)			(:40) "The Whistleblower" (2010) (N)												
CNN	500	500	-	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	The Radical Story	The Radical Story	The Radical Story	The Seventies (N)	Radical								
DISC	520	505	-	Bitchin' Rides "A Lincoln Legend" (N)	Canada's Worst Driver "No Parking"	Mighty Ships "Oasis of the Seas"	Mighty Ships MSC's biggest cruise ship.	Alaska: The Last Frontier (N)	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Bushcraft Build-Off "Fire Fight" (N)	Last Frontier							
HIST	522	506	-	American Pickers "On the Road Again"	Pawn Stars (N)	Pawn Stars (N)	American Pickers "The Mother Load"	Buried: Knights Templar	Buried: Knights Templar	The Curse of Oak Island: Digging Deeper	The Curse of Oak Island (N)	Hunting Hitler (N)	Digging Deeper								
PARMT	628	584	-	** "Shooter" (2007, Suspense) Mark Wahlberg. A wounded sniper plots revenge against those who betrayed him. (N)	Bar Rescue "Storming the Castle"	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	*** "Jurassic Park" (1993, Adventure) Sam Neill, Laura Dern. Cloned dinosaurs run amok at an island-jungle theme park. (N)											
RDI	126	730	-	L'info (N) (SC)	Journal France 2	Le Télé-journal	La facture (SC)	Enquête (N) (SC)	Le National (N)	Le National (N)	Les grands reportages (SC)	Le Télé-journal	L'épicerie (N) (SC)	Le Télé-journal	Isabelle Richer	Semaine verte	Le Télé-journal	Le Télé-journal			
SHOW	616	521	-	"Independend"	*** "I Am Legend" (2007, Science Fiction) Will Smith, Alice Braga, Dash Mihok. (N)	** "I, Robot" (2004) Will Smith. A homicide detective tracks a dangerous robot in 2035. (N)															
SLICE	601	562	-	(3:00) *** "Definitely, Maybe" (2008) Ryan Reynolds. (N)	** "The Nanny Diaries" (2007) Scarlett Johansson. A college coed baby-sits a snobbish family's bratty child.	The Real Housewives of Atlanta (N)	To Rome for Love (N)	Vanderpump Rules "Call Me Jason" (N)	The Real Housewives of Atlanta (N)	To Rome for Love (N)											
TLC	521	560	-	Seeking Sister Wife "Risky Business" (N)	Seeking Sister Wife (N)	Sister Wives With bonus scenes. (N)	(:01) Sister Wives With bonus scenes.	Sister Wives "PolygaMexicanist Wedding" Mykelti's family marries Tony's family. (N)	(:03) Seeking Sister Wife "13 is Enough!"	(:06) Sister Wives Mykelti's family marries Tony's family. (N)											
TSN	400	400	-	(3:00) PGA Tour Golf AT&T Pebble Beach Pro-Am, Final Round. (N) (Live)	SportsCentre	(6:55) 2018 Olympic Winter Games Curling, Figure Skating, Snowboarding. Mixed doubles curling (semifinal); figure skating team event (free skates); snowboarding. (N) (Live)															
YOUTH	551	542	-	Loud	Loud	Mysticons	Mysticons	** "Rise of the Guardians" (2012) (N)	Sponge.	Assembly	Assembly	Assembly	Driving	Driving	Just Kid	Just Kid	Rise Grd				



**OWL'S HEAD**  
QUÉBEC

**SKI, EAT, SLEEP... SAVE!**

*Promotion*  
**SKI +  
DINNER +  
1 NIGHT +  
BREAKFAST**

STARTING FROM  
**99,00\$** TAXES NOT INCL.

INCLUDED:

- 1 night stay at the Auberge (Mon, Tue or Wed)
- 1 daily ticket (Tue or Wed)
- Breakfast
- 3 services dinner (table d'hôte)

Double occ. rates, taxes not incl. — 2 nights max.  
>> For reservation: 1 800 363-3342

Only 25 minutes from Magog [owlshead.com](http://owlshead.com)

NEXT GAME  
AT PALAIS DES SPORTS



**V.S.**

**FEBRUARY 11**  
PRESENTED BY  
**AT 3 P.M.**




THE **RECORD** WILL BE  
**121 YEARS OLD**  
ON **FEBRUARY 9!**



**ON 1 DAY ONLY**  
**FEBRUARY 9**  
Get a **ONE YEAR**  
**SUBSCRIPTION** for  
**ONLY \$121**  
plus taxes  
(\$139.12 in Quebec)

**BONUS:**

With the purchase of your 12-month print subscription, receive a one-year online subscription of The Record for only \$5 more!

**THIS OFFER IS VALID FOR ONE DAY ONLY, FEBRUARY 9, 2018**

**Sherbrooke Daily Record.**

CALL OR EMAIL US!

**819-569-9528**

[billing@sherbrookerecord.com](mailto:billing@sherbrookerecord.com)

# Your week on TV

MONDAY EVENING													FEBRUARY 12, 2018		
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX	3	-	-	Channel 3 News at Six (N)	CBS Evening News	Entertainment Tonight (N)	Big Brother: Celebrity Edition (N) (LIVE)	Superior Donuts (LIVE)	9JKL (LIVE)	Scorpion A job to find sunken treasure goes awry. (LIVE)	Channel 3 News	(:35) The Late Show With Stephen Colbert (LIVE)	(:35) The Late Show With Stephen Colbert (LIVE)	2018 Olympics	
WPTZ	5	-	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N) (LIVE)	The Olympic Zone (N)	2018 Winter Olympics Alpine Skiing, Snowboarding, Speed Skating. Alpine skiing (men's combined); snowboarding (halfpipe); speed skating (women's 1500m final). (N) (LIVE)				NBC5 News at 11 (N)	2018 Olympics		
CBMT	6	206	301	CBC Montreal News (N)	Coronation Street (N) (LIVE)	2018 Olympic Winter Games Combined. (N) (LIVE)									
CHLT	7	107	718	(5:58) TVA nouvelles (N)	Le tricheur (N) (SC)	(6:59) La voix (N) (SC)	En tout cas (N) (SC)	L'échappée David retrouve quelques souvenirs. (N)	Fugueuse Fanny passe un week-end en famille. (N)	TVA nouvelles (N)	(:35) Denis Lévesque (N) (SC)	(:35) Deux filles le matin Patrice Bélanger. (SC)	(:35) Deux filles le matin Patrice Bélanger. (SC)		
WMTW	8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N) (LIVE)	Jeopardy! (N) (LIVE)	The Bachelor The group travels to Tuscany, Italy. (N) (LIVE)		(:01) The Good Doctor "Not Fake" (LIVE)	WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live (LIVE)	(:35) Jimmy Kimmel Live (LIVE)		
CKSH	9	108	-	Le Téléjournal Estrie (N)	District 31 (N)	Jeux olympiques d'hiver 2018		Snowboard, ski alpin. Snowboard féminin (demi-lune); ski alpin masculin (combiné). (N) (LIVE)							
CKMI	11	-	-	(5:30) Global News at 5:30	Global National (N) (LIVE)	ET Canada	Entertainment Tonight (N)	Big Brother: Celebrity Edition (N) (LIVE)	NCIS: New Orleans A petty officer is found murdered. (LIVE)	Private Eyes "Mise En Place" A high-profile murder. (LIVE)	Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (LIVE)	(:35) The Late Show With Stephen Colbert (LIVE)		
CFCF	12	205	312	(5:59) CTV News Montreal (N) (LIVE)		etalk (N) (LIVE)	The Big Bang Theory (LIVE)	Lucifer A man seeks revenge against Lucifer. (LIVE)	The Amazing Race Teams compete head-to-head. (N)	(:01) The Good Doctor "Not Fake" (LIVE)	News-Lisa	CTV News Montreal (N)	The Daily Show		
WVNY	22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) (LIVE)	The Bachelor The group travels to Tuscany, Italy. (N) (LIVE)		(:01) The Good Doctor "Not Fake" (LIVE)	Local 22 News (N)	(:35) Jimmy Kimmel Live (LIVE)	(:35) Jimmy Kimmel Live (LIVE)		
WUTV	30	-	-	The Big Bang Theory (LIVE)	Judge Judy (N) (LIVE)	Judge Judy (N) (LIVE)	Family Feud (N) (LIVE)	Lucifer A man seeks revenge against Lucifer. (LIVE)	The Resident Dr. Devon Pravesh starts as an intern. (LIVE)	2 on Your Side at 10 (N)	Seinfeld "The Wife" (LIVE)	Two and a Half Men (LIVE)	Two and a Half Men (LIVE)	Last Man Standing (LIVE)	
CFKS	31	106	726	Souper parfait	Danser pour gagner (N)	Rire et délire (N)		Mets-y le paquet (N)	Ça décolle	Scorpion Des hallucinations terrifiantes. (N)	Danser pour gagner	Atomes crochus	La guerre des clans	Zone Séduction	
WUHF	-	363	-	Modern Family (LIVE)	Modern Family (LIVE)	The Big Bang Theory (LIVE)	The Big Bang Theory (LIVE)	Lucifer A man seeks revenge against Lucifer. (LIVE)	The Resident Dr. Devon Pravesh starts as an intern. (LIVE)	13WHAM News at 10 on Fox Rochester (N) (LIVE)	DailyMailTV (N) (LIVE)	The Simpsons (LIVE)	Paid Program (LIVE)		
WETK	-	-	-	PBS NewsHour (N) (LIVE)		The This Old House Hour (N) (LIVE)		Antiques Roadshow "New Orleans" (N) (LIVE)	Antiques Roadshow "Jacksonville" (LIVE)	POV "Do Not Resist" Rapid militarization of the police. (N) (LIVE)		Amanpour on PBS (N) (LIVE)	Beyond 100 Days (N)		
WCFE	-	-	-	World News America	Nightly Business Report	PBS NewsHour (N) (LIVE)		Antiques Roadshow "New Orleans" (N) (LIVE)	Antiques Roadshow "Jacksonville" (LIVE)	POV "Do Not Resist" Rapid militarization of the police. (N) (LIVE)		Amanpour on PBS (N) (LIVE)	Beyond 100 Days (N)		
A&E	615	520	-	Intervention "Bryceton" A singer is addicted to alcohol. (LIVE)		60 Days In Jaclin begins to alienate the officers. (LIVE)		60 Days In The participants try to stay focused. (LIVE)	60 Days In "Jail Crush" Stephanie uses drugs. (LIVE)	(:01) 60 Days In A missing football kitty causes a fight. (LIVE)	(:03) 60 Days In Emmanuel tries to break up a fight. (LIVE)	(12:03) 60 Days In (LIVE)	(12:03) 60 Days In (LIVE)		
BRAVO	620	523	-	Major Crimes Suspicion falls on a serial killer. (LIVE)		Major Crimes The squad probes Stroh's distant past. (LIVE)		Major Crimes Rusty unearths an important clue. (LIVE)	Major Crimes Stuck in a room with a potential bomb. (LIVE)	Chance Taking down a suspected serial killer. (LIVE)	Major Crimes The division uncovers sexual assaults. (LIVE)	Major Crimes (LIVE)	Major Crimes (LIVE)		
CNN	500	500	-	Situation Room With Wolf		Erin Burnett OutFront (N)		Anderson Cooper 360 (N)	Anderson Cooper 360 (N)	CNN Tonight w/ Don Lemon	CNN Tonight w/ Don Lemon	Cooper 360	Cooper 360		
DISC	520	505	-	The X-Files Mulder is haunted by a murderer. (LIVE)		Daily Planet (N) (DVS)		MythBusters Dynamite-firing crossbow. (N) (LIVE)	Gold Rush: White Water "Dredge Down" (N) (LIVE)	Homestead Rescue "Ozark Mountain Misery" (N) (LIVE)	Street Science (LIVE)	Street Science (LIVE)	Gold Rush: White Water (LIVE)		
HIST	522	506	-	Digging Deeper	The Curse of Oak Island "Unhinged" (LIVE)	**** "Indiana Jones and the Raiders of the Lost Ark" (1981) Harrison Ford. An archaeologist races Nazis to find a powerful relic. (LIVE)			American Pickers Mike flips for a coin-operated elephant. (LIVE)	**** "Indiana Jones and the Raiders of the Lost Ark" (1981) Harrison Ford. (LIVE)					
PARMT	628	584	-	Life or Debt A meatball maker is close to ruin. (LIVE)		Life or Debt A postal worker needs financial help. (LIVE)		Life or Debt Former pop star Aaron Carter needs help. (LIVE)	Cops "Coast to Coast" (LIVE)	Cops "Coast to Coast" (LIVE)	Cops (N) (LIVE)	Cops "Jacksonville" (LIVE)	Cops "Mardi Gras 2003" (LIVE)		
RDI	126	730	-	Le National (N) (SC)	RDI économie (N) (SC)	24/60 (N) (SC)		Les grands reportages (Part 7 of 8) (SC)	Le Téléjournal (LIVE)	RDI économie (SC)	Le Téléjournal (N) (SC)	Le National (N) (SC)	24/60 (SC)		
SHOW	616	521	-	NCIS "Dog Tags" Abby risks her career to save a dog. (LIVE)		NCIS The murder of arms dealer La Grenouille. (LIVE)		** "Dracula Untold" (2014) Luke Evans. Vlad III of Wallachia trades his humanity for a dark power. (LIVE)		NCIS Faulty bulletproof vests are discovered. (LIVE)		NCIS Ducky keeps a secret from the team. (LIVE)	NCIS "Dog Tags" (LIVE)		
SLICE	601	562	-	Vanderpump Rules Scheana spirals out of control. (LIVE)		Vanderpump Rules "Best Mates" (LIVE)		Vanderpump Rules "Call Me Jason" (LIVE)	Vanderpump Rules "Screams and Queens" (N)	Summer House Lindsay gets in touch with her ex. (N)	Sex and the City (LIVE)	Sex and the City (LIVE)	Vanderpump Rules (LIVE)		
TLC	521	560	-	Hoarding: Buried Alive "One Is Good. Two Is Better" (LIVE)		Hoarding: Buried Alive "Running Out of Time" (LIVE)		Hoarding: Buried Alive "You're Gonna Die in Here" (LIVE)	Hoarding: Buried Alive (LIVE)	Hoarding: Buried Alive (LIVE)	Hoarding: Buried Alive "Running Out of Time" (LIVE)	Hoarding: Buried Alive (LIVE)	Hoarding: Buried Alive (LIVE)		
TSN	400	400	-	SportsCentre (N) (LIVE)		(6:55) 2018 Olympic Winter Games Curling, Alpine Skiing, Snowboarding. Mixed doubles curling (bronze medal game); alpine skiing (men's combined, downhill); snowboarding. (N) (LIVE)									
YOUTH	551	542	-	Nicky, Ricky	Game	"Anne of Green Gables" (2016, Drama) Ella Ballentine. (LIVE)		"Anne of Green Gables" (2016, Drama) Ella Ballentine. (LIVE)			Assembly	Assembly	*** Robots		

TUESDAY EVENING													FEBRUARY 13, 2018		
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX	3	-	-	Channel 3 News at Six (N)	CBS Evening News	Entertainment Tonight (N)	NCIS: New Orleans The team investigates a sailor's kidnapping. (LIVE)	Bull "The Illusion of Control" A celebrity sues Bull. (LIVE)		NCIS: New Orleans The team must secretly work a case. (LIVE)	Channel 3 News	(:35) The Late Show With Stephen Colbert (LIVE)	(:35) The Late Show With Stephen Colbert (LIVE)	2018 Olympics	
WPTZ	5	-	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N) (LIVE)	The Olympic Zone (N)	2018 Winter Olympics Figure Skating, Alpine Skiing, Snowboarding. Figure skating (pairs' short); alpine skiing (women's slalom); snowboarding (men's halfpipe). (N) (LIVE)				NBC5 News at 11 (N)	2018 Olympics		
CBMT	6	206	301	CBC Montreal News (N)	Coronation Street (N) (LIVE)	2018 Olympic Winter Games Combined. (N) (LIVE)									
CHLT	7	107	718	(5:58) TVA nouvelles (N)	Le tricheur (N) (SC)	World of Dance: la compétition (N) (SC)		O' "Vice caché" Marie-Ève démasque son agresseur. (N)	L'heure bleue Hubert relance Anne-Sophie. (N) (SC)	TVA nouvelles (N)	(:35) Denis Lévesque (N) (SC)	(:35) Deux filles le matin Patrice Bélanger. (SC)	(:35) Deux filles le matin Patrice Bélanger. (SC)		
WMTW	8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N) (LIVE)	Jeopardy! (N) (LIVE)	The Bachelor Winter Games move into the villa. (N) (LIVE)		Lights, Camera, Romance! (N) (LIVE)	WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live (LIVE)	(:35) Jimmy Kimmel Live (LIVE)		
CKSH	9	108	-	Le Téléjournal Estrie (N)	District 31 (N) (SC)	Jeux olympiques d'hiver 2018		Patinage artistique, ski alpin, snowboard. Patinage artistique (couples, programme court); ski alpin féminin (slalom); snowboard masculin. (N) (LIVE)							
CKMI	11	-	-	(5:30) Global News at 5:30	Global National (N) (LIVE)	ET Canada	Entertainment Tonight (LIVE)	The Wall "Delvar and Bonnie" (N) (LIVE)	NCIS The team investigates a hit-and-run. (LIVE) (DVS)	Private Eyes Shade and Angie search for a racehorse. (LIVE)	Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (LIVE)	(:35) The Late Show With Stephen Colbert (LIVE)		
CFCF	12	205	312	(5:59) CTV News Montreal (N) (LIVE)		etalk (N) (LIVE)	The Big Bang Theory (LIVE)	Match Game (LIVE)	The Amazing Race (LIVE)	Criminal Minds (LIVE) (DVS)	News-Lisa	CTV News Montreal (N)	The Daily Show		
WVNY	22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) (LIVE)	The Bachelor Winter Games (Series Premiere) The singles move into the villa. (N) (LIVE)		Lights, Camera, Romance! (N) (LIVE)	Local 22 News (N)	(:35) Jimmy Kimmel Live (LIVE)	(:35) Jimmy Kimmel Live (LIVE)		
WUTV	30	-	-	The Big Bang Theory (LIVE)	Judge Judy (N) (LIVE)	Judge Judy (N) (LIVE)	Family Feud (N) (LIVE)	Lethal Weapon "Fork-Getta-Bout It" (LIVE) (DVS)	LA to Vegas "The Affair" (DVS)	The Mick (LIVE) (DVS)	2 on Your Side at 10 (N)	Seinfeld "The Fire" (LIVE)	Two and a Half Men (LIVE)	Two and a Half Men (LIVE)	Last Man Standing (LIVE)
CFKS	31	106	726	Souper parfait	Danser pour gagner (N)	Taxi payant	Taxi payant (N)	Éternel Joe fait la rencontre d'un entrepreneur. (N) (SC)	The dernier navire La mission de Chandler devient délicate. (LIVE)	Danser pour gagner	Atomes crochus	La guerre des clans	Zone Séduction		
WUHF	-	363	-	Modern Family (LIVE)	Modern Family (LIVE)	The Big Bang Theory (LIVE)	The Big Bang Theory (LIVE)	Lethal Weapon "Fork-Getta-Bout It" (LIVE) (DVS)	LA to Vegas "The Affair" (DVS)	The Mick (LIVE) (DVS)	13WHAM News at 10 on Fox Rochester (N) (LIVE)	DailyMailTV (N) (LIVE)	The Simpsons (LIVE)	Paid Program (LIVE)	
WETK	-	-	-	PBS NewsHour (N) (LIVE)		Points North Classics	Outdoor Journal (LIVE)	We'll Meet Again Lives intersect on Sept. 11. (N) (LIVE)	American Experience "The Bombing of Wall Street" (N)	Frontline Killings linked to the MS-13 gang. (N) (LIVE)	Nightly Business Report	Amanpour on PBS (N) (LIVE)	Beyond 100 Days (N)		
WCFE	-	-	-	World News America	Nightly Business Report	PBS NewsHour (N) (LIVE)		We'll Meet Again Lives intersect on Sept. 11. (N) (LIVE)	American Experience "The Bombing of Wall Street" (N)	Frontline Killings linked to the MS-13 gang. (N) (LIVE)	BBC World News (LIVE)	Amanpour on PBS (N) (LIVE)	Beyond 100 Days (N)		
A&E	615	520	-	The First 48 A man is gunned down in his car. (LIVE)		Intervention Preparing for Toni's intervention. (LIVE)		Intervention Angela quits heroin cold turkey. (LIVE)	Intervention Angela struggles to stay clean. (N) (LIVE)	Undercover High "Pregnancy Tests" (N) (LIVE)	(:03) Intervention Preparing for Toni's intervention. (LIVE)	(12:03) Intervention (LIVE)	(12:03) Intervention (LIVE)		
BRAVO	620	523	-	CSI: Miami A woman is murdered at a club. (LIVE)		CSI: Miami A blind man hears a girl's abduction. (LIVE)		CSI: Miami "Manhunt" Horatio's wife's killer escapes. (LIVE)	CSI: Miami Man claims to have dreamed of a murder. (LIVE)	CSI: Miami "Reality Kills" A reality TV star is murdered. (LIVE)	CSI: Miami "All Fall Down" A serial killer taunts the team. (LIVE)	CSI: Miami "Fallen" (LIVE)	CSI: Miami "Fallen" (LIVE)		
CNN	500	500	-	Situation Room With Wolf		Erin Burnett OutFront (N)		Anderson Cooper 360 (N)	Anderson Cooper 360 (N)	CNN Tonight w/ Don Lemon	CNN Tonight w/ Don Lemon	Cooper 360	Cooper 360		
DISC	520	505	-	The X-Files "E.B.E." Government shot down a UFO. (LIVE)		Daily Planet (N) (DVS)		Gold Rush: Pay Dirt Parker takes on a wash-plant move. (LIVE)	Gold Rush Parker threatens a shutdown. (N) (LIVE)	Heavy Rescue: 401 "Feels Like A Win" (N)	Gold Rush: White Water "Dredge Down" (LIVE)	Gold Rush (LIVE)	Gold Rush (LIVE)		
HIST	522	506	-	(5:00) *** "Indiana Jones and the Temple of Doom" (1984) Harrison Ford. (LIVE)		*** "Indiana Jones and the Last Crusade" (1989) Harrison Ford, Sean Connery. Indy's hunt for his missing father leads to the Holy Grail. (LIVE)			Hunting Hitler A key Nazi support point in Uruguay. (N)	*** "Indiana Jones and the Last Crusade" (1989) Harrison Ford. (LIVE)					
PARMT	628	584	-	Ink Master The teams try the first flash challenge. (LIVE)		Ink Master The Masters face off to save their team. (LIVE)		Ink Master The coaches help in the flash challenge. (LIVE)	Ink Master The artists must use hole punches. (LIVE)	Ink Master Artists are tested with undead tattoos. (N) (LIVE)	*** "Beetlejuice" (1988, Comedy) Michael Keaton, Alec Baldwin. (LIVE)				
RDI	126	730	-	Le National (N) (SC)	RDI économie (N) (SC)	24/60 (N) (SC)		Les grands reportages (Part 1 of 2) (SC)	Le Téléjournal (LIVE)	RDI économie (SC)	Le Téléjournal (N) (SC)	Le National (N) (SC)	24/60 (SC)		
SHOW	616	521	-	NCIS "Recoil" Ziva's cover may be blown. (LIVE)		NCIS "About Face" Jimmy Palmer is targeted by a killer. (LIVE)		Superior Donuts (LIVE)	*** "Déjà Vu" (2006, Suspense) Denzel Washington, Val Kilmer. A time-folding federal agent falls in love with a future murder victim. (LIVE)		NCIS "In the Zone" A mortar attack in Baghdad. (LIVE)	NCIS "Recoil" (LIVE)	NCIS "Recoil" (LIVE)		
SLICE	601	562	-	Vanderpump Rules "Screams and Queens" (LIVE)		Summer House Lindsay gets in touch with her ex. (LIVE)		The Real Housewives of Beverly Hills "Petty Mess" (LIVE)	The Real Housewives of Beverly Hills (N) (LIVE)	Bethenny & Fredrik (N) (LIVE)	Sex and the City (LIVE)	Sex and the City (LIVE)	Real Housewives/Beverly Hills (LIVE)		
TLC	521	560	-	Say Yes to the Dress "I'm Having a Moment" (LIVE)		My Big Fat Fabulous Life (N) (LIVE)		My Big Fat Fabulous Life "A Sobering Reality" (N) (LIVE)	(:03) I Am Jazz Jazz gets past life regression hypnosis. (LIVE)	(:06) Seeking Sister Wife (LIVE)	(:06) My Big Fat Fabulous Life "A Sobering Reality" (LIVE)	(12:06) I Am Jazz (LIVE)	(12:06) I Am Jazz (LIVE)		
TSN	400	400	-	SportsCentre (N) (LIVE)		That's Hockey	January Plays of the Month	(7:55) 2018 Olympic Winter Games Figure Skating. Figure skating (pairs short program). (N) (LIVE)					Olympic Winter Games		
YOUTH	551	542	-	Nicky, Ricky	Game	"Anne of Green Gables: The Good Stars" (2017) (LIVE)		"Anne of Green Gables: The Good Stars" (2017) (LIVE)			Assembly	Assembly	Adv of Tintin		

# Your week on TV

WEDNESDAY EVENING													FEBRUARY 14, 2018		
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX	3	-	-	Channel 3 News at Six (N)	CBS Evening News	Entertainment Tonight (N)	Big Brother: Celebrity Edition (N) (LIVE)	The Amazing Race (N) (LIVE)				Channel 3 News	(:35) The Late Show With Stephen Colbert (N) (LIVE)		
WPTZ	5	-	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N) (LIVE)	The Olympic Zone (N)	2018 Winter Olympics Figure Skating, Alpine Skiing, Skeleton, Speed Skating. Figure skating (pairs); alpine skiing (men's Super-G); skeleton; women's speed skating. (N) (LIVE)					NBC5 News at 11 (N)	2018 Olympics 11 (N)	
CBMT	6	206	301	CBC Montreal News (N)	Coronation Street (N) (LIVE)	2018 Olympic Winter Games Skeleton, Alpine Skiing, Hockey, Curling. Skeleton; alpine skiing (men's Super-G); women's hockey (U.S. vs. Canada); curling. (N) (LIVE)									
CHLT	7	107	718	(5:58) TVA nouvelles (N)	Le tricheur (N) (SC)	Refuge animal (N) (SC)	La poule aux oeufs d'or (N)	Au secours de Béatrice "Le feu qui couve" (N) (SC)	Prémonitions Félicia comprend enfin le secret. (SC)	TVA nouvelles (N)	(:35) Denis Lévesque (N) (SC)		(:35) Deux filles le matin Patrice Bélanger. (SC)		
WMTW	8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N) (LIVE)	Jeopardy! (N) (LIVE)	The Goldbergs (DVS)	Speechless (DVS)	Modern Family (LIVE)	American Housewife (LIVE)	Match Game Colin Quinn; Judy Greer; Caroline Rhea.	WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live (LIVE)	
CKSH	9	108	-	Le Téléjournal Estrie (N)	District 31 (N) (SC)	Jeux olympiques d'hiver 2018 Patinage artistique, snowboard, cross skeleton. Patinage artistique (couples); snowboard cross (hommes); skeleton. (N) (LIVE)									
CKMI	11	-	-	(5:30) Global News at 5:30 (N)	Global National (N) (LIVE)	ET Canada	Entertainment Tonight (N)	Big Brother: Celebrity Edition (N) (LIVE)	9-1-1 Bobby helps survivors of a plane crash. (LIVE)	Private Eyes Shade and Angie search for an arsonist.		Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N) (LIVE)		
CFCF	12	205	312	(5:59) CTV News Montreal (N) (LIVE)	etalk (N) (LIVE)	The Big Bang Theory (LIVE)	The Big Bang Theory (LIVE)	The Big Bang Theory (LIVE)	The Launch "Giants" New emerging artists audition. (N)	Match Game Colin Quinn; Judy Greer; Caroline Rhea.		News-Lisa	CTV News Montreal (N)	The Daily Show	
WVNY	22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) (LIVE)	The Goldbergs (DVS)	Speechless (DVS)	Modern Family (LIVE)	American Housewife (LIVE)	Match Game Colin Quinn; Judy Greer; Caroline Rhea.	Local 22 News (N)	(:35) Jimmy Kimmel Live (LIVE)	
WUTV	60	-	-	The Big Bang Theory (LIVE)	Judge Judy (N) (LIVE)	Judge Judy (N) (LIVE)	Family Feud (N) (LIVE)	The X-Files Mulder and Scully search for their son.	9-1-1 Bobby helps survivors of a plane crash. (LIVE)	2 on Your Side at 10 (N)	Seinfeld "The Raincoats"	Two and a Half Men (LIVE)	Two and a Half Men (LIVE)	Last Man Standing (LIVE)	
CFKS	61	106	726	Souper parfait	Rire et délire	Danser pour gagner (N)	Danser pour gagner (N)	Danser pour gagner: le direct! L'élimination d'une troupe. (N)	Chicago Justice "Code d'honneur" (N) (SC)	Danser pour gagner	Atomes crochus	La guerre des clans	NVL (N)	Zone Séduction	
WUHF	-	363	-	Modern Family (LIVE)	Modern Family (LIVE)	The Big Bang Theory (LIVE)	The Big Bang Theory (LIVE)	The X-Files Mulder and Scully search for their son.	9-1-1 Bobby helps survivors of a plane crash. (LIVE)	13WHAM News at 10 on Fox Rochester (N) (LIVE)		DailyMailTV (N) (LIVE)	The Simpsons (LIVE)	Paid Program (LIVE)	
WETK	-	-	-	PBS NewsHour (N) (LIVE)	Globe Trekker A trip down the Nile River. (DVS)	Animals With Cameras, A Nature Miniseries (LIVE)		NOVA Ships and planes lost in France. (N) (DVS)	Impossible Builds A man creates a holiday destination.	Nightly Business Report	Amanpour on PBS (N) (LIVE)	Beyond 100 Days (N)			
WCFE	-	-	-	World News America	Nightly Business Report	Animals With Cameras, A Nature Miniseries (LIVE)		NOVA Ships and planes lost in France. (N) (DVS)	Impossible Builds A man creates a holiday destination.	BBC World News (LIVE)	Amanpour on PBS (N) (LIVE)	Beyond 100 Days (N)			
A&E	615	520	-	Storage Wars (LIVE)	Storage Wars (LIVE)	Storage Wars (LIVE)	Storage Wars (LIVE)	Storage Wars (LIVE)	Storage Wars (LIVE)	(:01) Rooster & Butch Ghost-detecting device. (N) (LIVE)	(:03) Storage Wars (LIVE)	(:33) Storage Wars (LIVE)	(12:03) Storage Wars (LIVE)		
BRAVO	620	523	-	CSI: Miami "Blood Sugar" A sugar refinery explodes. (LIVE)	CSI: Miami Investigating a millionaire's death. (LIVE)	CSI: Miami Re-creating a bizarre double murder. (LIVE)	CSI: Miami A murder at a roller derby match. (LIVE)	CSI: Miami A murder at a roller derby match. (LIVE)	CSI: Miami The murderer Fiero returns to Miami. (LIVE)	CSI: Miami A fisherman narrowly escapes death. (LIVE)	CSI: Miami (LIVE)				
CNN	500	500	-	Situation Room With Wolf	Erin Burnett OutFront (N)	Anderson Cooper 360 (N)	Anderson Cooper 360 (N)	Anderson Cooper 360 (N)	CNN Tonight w/ Don Lemon	CNN Tonight w/ Don Lemon	Cooper 360				
DISC	520	505	-	The X-Files Faith healer uses powers for evil. (LIVE)	Daily Planet (N) (DVS)	Killing Fields A sneak peek at the new season. (N) (LIVE)	Moonshiners: Outlaw Cuts "Blowing Your Cover" (N)	Moonshiners Josh takes on a cross-country delivery. (N)	Heavy Rescue: 401 "Feels Like A Win" (DVS)	Killing Fields (LIVE)					
HIST	522	506	-	(5:00) ** "Indiana Jones and the Last Crusade" (1989) Harrison Ford. (LIVE)	** "Indiana Jones and the Kingdom of the Crystal Skull" (2008) Harrison Ford. Indy and a deadly Soviet agent vie for a powerful artifact. (LIVE)		The Curse of Oak Island "Unhinged" (LIVE)		** "Indiana Jones and the Kingdom of the Crystal Skull" (2008) Harrison Ford. (LIVE)						
PARMT	628	584	-	(5:30) Bar Rescue	Bar Rescue Taffer visits a bar in a roller rink.	Bar Rescue A Michigan bar has a confusing theme.	Bar Rescue An owner has an interfering family.	Bar Rescue Repairing a turbulent relationship.	Bar Rescue	(:02) Cops (LIVE)	Cops "Arizona" (LIVE)	Cops (LIVE)			
RDI	126	730	-	Le National (N) (SC)	RDI économie (N) (SC)	24/60 (N) (SC)	Les grands reportages (Part 2 of 2) (SC)	Le Téléjournal (SC)	RDI économie (SC)	Le Téléjournal (N) (SC)	Le National (N) (SC)	Le National (N) (SC)	24/60 (SC)		
SHOW	616	521	-	NCIS "Judgment Day" The team hunts for a killer. (LIVE)	NCIS "Last Man Standing" Murder of a naval officer. (LIVE)	Supergirl Lena is blamed for children's sickness. (LIVE)	The Magicians Quentin faces his most formidable foe. (N)	NCIS "Dressed to Kill" Di-Nozzo's father has a secret.	NCIS "Judgment Day" The team hunts a killer. (LIVE)	The Magicians (LIVE)					
SLICE	601	562	-	The Real Housewives of Beverly Hills (LIVE)	Bethenny & Fredrik (LIVE)	Bethenny & Fredrik (LIVE)	Vanderpump Rules "Screams and Queens" (LIVE)	Summer House Lindsay gets in touch with her ex. (LIVE)	Relative Success With Tabatha "Spinning out of Control"	Sex and the City (LIVE)	Sex and the City (LIVE)	Summer House (LIVE)			
TLC	521	560	-	My 600-Lb. Life Karina can't stand up for very long.	(:05) My 600-Lb. Life Karina can't stand up for very long.	My 600-Lb. Life "James B.'s Story" (Season Finale) James realizes he needs to make changes. (N) (LIVE)	(:05) Family by the Ton Chitoka's surgery day is here.	(:08) My 600-Lb. Life "James B.'s Story" James realizes he needs to make changes.							
TSN	400	400	-	SportsCentre (N) (LIVE)	(6:55) 2018 Olympic Winter Games Women's Curling, Figure Skating. Women's curling (Canada vs. South Korea); figure skating. (N) (LIVE)								(:45) SportsCentre (N)	Olympic Winter Games	
YOUTH	551	542	-	School	Henry Danger	**** "Beauty and the Beast" (1991, Children's) (LIVE)		**** "Beauty and the Beast" (1991, Children's) (LIVE)		Assembly	Assembly	Beauty			

THURSDAY EVENING													FEBRUARY 15, 2018		
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX	3	-	-	Channel 3 News at Six (N)	CBS Evening News	Entertainment Tonight (N)	The Big Bang Theory (LIVE)	(:31) Young Sheldon (LIVE)	(:01) Mom (LIVE)	Life in Pieces (LIVE)	S.W.A.T. "K-Town" A search for a drug ring's leader. (LIVE)	Channel 3 News	(:35) The Late Show With Stephen Colbert (LIVE)		
WPTZ	5	-	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N) (LIVE)	The Olympic Zone (N)	2018 Winter Olympics Figure Skating, Snowboarding, Skeleton, Freestyle Skiing, Cross-Country Skiing. Figure skating (men's short); snowboarding; skeleton; freestyle skiing; cross-country skiing. (N) (LIVE)							
CBMT	6	206	301	CBC Montreal News (N)	Coronation Street (N) (LIVE)	2018 Olympic Winter Games Skeleton, Snowboarding, Figure Skating, Curling. Skeleton (men's and women's heats); snowboarding (women's snowboard cross); figure skating;									
CHLT	7	107	718	(5:58) TVA nouvelles (N)	Le tricheur (N) (SC)	J.E. (N) (SC)	(:29) Face au mur "Cathy et Mélanie" Cathy et Mélanie. (N) (SC)	Survivant désigné Une mesure législative. (N) (SC)	TVA nouvelles (N)	(:35) Denis Lévesque (N) (SC)		(:35) ** "Honnêtes citoyens" (2014) James Franco.			
WMTW	8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N) (LIVE)	Jeopardy! (N) (LIVE)	The Bachelor Winter Games The participants try speed skating.	20/20 "Roseanne: The Return" (N) (LIVE)	WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live (LIVE)				
CKSH	9	108	-	Le Téléjournal Estrie (N)	District 31 (N)	Jeux olympiques d'hiver 2018 Skeleton, patinage artistique, snowboard cross. Skeleton (hommes); patinage artistique (hommes, programme court); snowboard cross. (N) (LIVE)									
CKMI	11	-	-	(5:30) Global News at 5:30 (N)	Global National (N) (LIVE)	ET Canada	Entertainment Tonight (N)	** "Insurgent" (2015, Science Fiction) Shailene Woodley, Theo James. Fugitives Tris and Four search for allies and answers. (DVS)	Border Security	Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (LIVE)				
CFCF	12	205	312	(5:59) CTV News Montreal (N) (LIVE)	etalk (N) (LIVE)	The Big Bang Theory (LIVE)	The Big Bang Theory (LIVE)	(:31) Young Sheldon (LIVE)	(:01) The Amazing Race (LIVE)	Criminal Minds (LIVE) (DVS)	News-Lisa	CTV News Montreal (N)	The Daily Show		
WVNY	22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) (LIVE)	The Bachelor Winter Games The participants try speed skating.	20/20 "Roseanne: The Return" (N) (LIVE)	Local 22 News (N)	(:35) Jimmy Kimmel Live (LIVE)				
WUTV	60	-	-	The Big Bang Theory (LIVE)	Judge Judy (N) (LIVE)	Judge Judy (N) (LIVE)	Family Feud (N) (LIVE)	Gotham Gordon tries to broker a deal. (LIVE) (DVS)	9-1-1 An emergency at an Indian wedding. (LIVE) (DVS)	2 on Your Side at 10 (N)	Seinfeld "The Raincoats"	Two and a Half Men (LIVE)	Two and a Half Men (LIVE)	Last Man Standing (LIVE)	
CFKS	61	106	726	Souper parfait	Danser pour gagner (N)	APB : alerte d'urgence Un homme veut venger sa fille.	NCIS: Los Angeles Le site du Département du Trésor.	L'amour est dans le pré L'insécurité des prétendantes.	Atomes crochus	Atomes crochus	La guerre des clans	NVL (N)	Zone Séduction		
WUHF	-	363	-	Modern Family (LIVE)	Modern Family (LIVE)	The Big Bang Theory (LIVE)	The Big Bang Theory (LIVE)	Gotham Gordon tries to broker a deal. (LIVE) (DVS)	9-1-1 An emergency at an Indian wedding. (LIVE) (DVS)	13WHAM News at 10 on Fox Rochester (N) (LIVE)	DailyMailTV (N) (LIVE)	The Simpsons (LIVE)	Paid Program (LIVE)		
WETK	-	-	-	PBS NewsHour (N) (LIVE)	"World Circus" (2013, Documentary)	(:05) Namuli (LIVE)	Guided	Doctor Blake Mysteries Murder investigation. (LIVE)	Prime Suspect: Tension on Masterpiece Jane faces harsh realities in her life. (LIVE)	Amanpour on PBS (N) (LIVE)	Beyond 100 Days (N)				
WCFE	-	-	-	World News America	Nightly Business Report	Masterpiece Classic "Downton Abbey Season 3" Wedding guests arrive. (LIVE) (DVS)		Masterpiece Classic The fate of Downton Abbey. (LIVE)	BBC World News (LIVE)	Amanpour on PBS (N) (LIVE)	Beyond 100 Days (N)				
A&E	615	520	-	The First 48 A young mother is beaten to death. (LIVE)	The First 48 Deadly home invasion in Atlanta. (LIVE)	The First 48 A homeless man is gunned down. (LIVE)	60 Days In: Watch Along "Sexual Preference" (N) (LIVE)	60 Days In Participants struggle with a decision. (N)	(:03) The First 48 Woman on the run; Army veteran killed.	(12:03) The First 48 (LIVE)					
BRAVO	620	523	-	Criminal Minds A series of murders in Kansas City. (LIVE)	Criminal Minds Garcia delves into her hacker past. (LIVE)	Criminal Minds A vigilante killer in Cleveland. (LIVE)	Project Runway All Stars RuPaul; Jesse Tyler Ferguson.	America's Next Top Model "Beauty Is Pride" (LIVE)	Criminal Minds Skeletons are discovered in a backyard. (LIVE)	Criminal Minds (LIVE)					
CNN	500	500	-	Situation Room With Wolf	Erin Burnett OutFront (N)	Anderson Cooper 360 (N)	Anderson Cooper 360 (N)	CNN Tonight w/ Don Lemon	CNN Tonight w/ Don Lemon	Cooper 360					
DISC	520	505	-	The X-Files "Shapes" Beast causes mysterious deaths.	Daily Planet (N) (DVS)	Graveyard Carz Big reveal for the Top Banana. (LIVE)	Bitchin' Rides "On the Road Again" (N) (LIVE)	Fast N' Loud: Demolition Theater "Chucky's Revenge"	Street Outlaws Chuck takes over as racemaster. (N)	Graveyard Carz (LIVE)					
HIST	522	506	-	"Indiana Jones and Crystal Skull"	Swamp People Holden struggles to shed bad habits. (LIVE)	Swamp People Chase and Jacob struggle for command.	Swamp People (N) (LIVE)	Forged in Fire A legendary spiked shield. (LIVE)	American Pickers The ultimate coin-op man cave. (LIVE)	Swamp People (LIVE)					
PARMT	628	584	-	Lip Sync Battle	Lip Sync Battle	Lip Sync Battle	Lip Sync Battle Showcasing Jackson's greatest hits.	Lip Sync Battle (N) (LIVE)	Lip Sync Battle (N) (LIVE)	(:32) ** "Concussion" (2015, Drama) Will Smith. Dr. Bennet Omalu discovers football-related brain trauma. (LIVE)					
RDI	126	730	-	RDI économie "Spéciale Bitcoin" (N) (SC)	24/60 (N) (SC)	Les grands reportages "Mars, destin ou délire?" (N)	Le Téléjournal (SC)	RDI économie (SC)	Le Téléjournal (N) (SC)	Le National (N) (SC)	Le National (N) (SC)	24/60 (SC)			
SHOW	616	521	-	NCIS "Capitol Offense" Senator asks Gibbs for help. (LIVE)	NCIS Secrets about Gibbs' past are revealed. (LIVE)	NCIS "Agent Afloat" DiNozzo investigates a suicide.	**** "Alien" (1979, Science Fiction) Tom Skerritt, Sigourney Weaver. A mercenary horror stalks the crew of a deep-space freighter. (LIVE)	**** "Aliens" (1986) Sigourney Weaver. (LIVE)							
SLICE	601	562	-	Million Dollar Listing Los Angeles "Turn & Burn" (LIVE)	Million Dollar Listing Los Angeles "Surf vs Turf" (LIVE)	Million Dollar Listing Los Angeles "Co-List From Hell"	Million Dollar Listing New York (LIVE)	Bethenny & Fredrik (LIVE)	Bethenny & Fredrik (LIVE)	Sex and the City (LIVE)	Sex and the City (LIVE)	Million Dollar Listing			
TLC	521	560	-	My Big Fat American Gypsy Wedding (LIVE)	My 600-Lb. Life June eats to cope with her son's death.	My 600-Lb. Life "Supersized: James B.'s Story" James struggles with obesity. (N) (LIVE)	Family by the Ton "Supersized: The Big Reveal" (N)	(:01) My 600-Lb. Life "Supersized: James B.'s Story" James struggles with obesity. (LIVE)							
TSN	400	400	-	SportsCentre (N) (LIVE)	NASCAR Cup Pre-Race	NASCAR Racing Monster Energy Cup Series: Can-Am Duel 1. From Daytona International Speedway in Daytona Beach, Fla. (N) (LIVE)									
YOUTH	551	542	-	Nicky, Ricky	Game	"Treasure Buddies" (2012) Richard Riehle. Premiere. (LIVE)		"Treasure Buddies" (2012) Richard Riehle. (LIVE)	Assembly	Assembly	Treasure				

# Disney to launch streaming services

By Mae Anderson  
THE ASSOCIATED PRESS

**W**ill Disney's upcoming streaming services be the mouse that roared ... or squeaked?

Disney already owns enviable entertainment properties including Pixar, Marvel and Star Wars. Now, it's looking to add Fox's TV and movie studios as it prepares to launch two streaming services.

In announcing first-quarter earnings Tuesday, CEO Bob Iger said he was "excited about what lies ahead" including the ESPN streaming service. Adjusted income of \$1.89 per share beat analyst expectations, as did revenue of \$15.35 billion, a 4 per cent increase.

Streaming is Disney's bet on what the next generation of entertainment will look like. But some investors are concerned that Disney isn't going "all in" on streaming.

## Country

CONT'D FROM PAGE 8

recorded and taken to the top of the charts.

From his first hit, 'Here in the Real World,' Jackson wrote some of country music's best songs of the past 30 years. We remember 'Chattahoochee,' the poignant 'Midnight in Montgomery,' the moving 'Remember When,' 'Livin' On Love,' 'Drive,' and 'Chasin' That Neon Rainbow' and the brilliant 'Where Were You (When the World Stopped Turning),' just to name a few.

The native from Newnan, Ga. has sold nearly 60 million albums worldwide and ranks as one of the 10 best-selling male vocalists of all time in all genres. Jackson has released more than 60 singles, including 35 No. 1s.

He has earned more than 150 music industry awards, including 18 Academy of Country Music Awards, 16 Country Music Association Awards and two Grammys.

Being inducted in the Songwriters Hall of Fame will be quite a career-defining moment for Alan Jackson.

Jackson recently released new music for his fans — 'The Older I Get' — which gives us a preview of what he will offer on his next album, his first new studio recording since 2015.

## MUSIC

February 10

**Valentine's Dance on Saturday night** at the Beebe Town Hall, 72 Main St., Stanstead (Beebe), from 7 p.m. to 11 p.m. Music by Brent Sheldon and the Plainsmen. Buffet. Door prizes. Info: Gail 819-876-2021. **Advance notice: Valentine Dance as well on February 17** with Gerry Goodsell and the Big River Band. All welcome.

February 9 & 10

**Harmonie des Saisons: Baroque music concert in Waterloo**, Saturday, February 10 at 2 p.m., St. Luke's Church, 420 rue de la Cour. Meslanges: Baroque music for ensemble of violas da gamba and harpsichord, coproduced with the viol consort, Les Voix Humaines. Concert will also be given on Friday evening at Église St-Eugène, 97 Laval in Granby (7:30). **Pre-sale tickets (\$30)**, are on sale at Fruiterie Aux Belles Recoltes in Waterloo and at Brome Lake Books. Also available by calling 450-539-1309. **At the door: \$35 adults, students \$12 and free for children under 12.**

February 10

**Come to the Valentine Country Dance with variety at Trinity Anglican Church**, 409 South St. Cowansville. Saturday, February 10, from 7- 11 p.m. Music by Jimmy Edwards Country Folks band. Door prizes, 50-50 drawing. **Support the church and food bank. Donation \$8.** Canteen on premises.

February 11

**Richmond Legion, Branch #15.** Sunday, February 11, 2 p.m. to 6 p.m., come and enjoy an **afternoon of music and dancing with GARY DARLING.** Admission \$6. Door prizes and snacks. It's time to circle the calendar for our 'GREEN SALE' coming up on Saturday, March 3. Get that Piggy Bank replenished! **Donations of articles for the auction would be greatly appreciated.** If you have items to donate, please call the Legion at 819-826-3444.

February 17 & 18

**The Estria Quintet's concert season** continues with presentations on Saturday, February 17 (at St. Elizabeth's Church in North Hatley) and Sunday, February 18 (at the Uplands Cultural and Heritage Centre in Sherbrooke) at 3 p.m., with a program for violin, clarinet and piano. **This production will feature the talented pianist Tristan Longval-Gagné, who will join the outstanding musicians Julie Garriss (violin) and Pauline Farrugia (clarinet) for a program of virtuosic works by composers Lutoslawski, Stravinsky, Prokofiev and Bartok.** Tickets are \$10 for the concert, or \$20 for the concert plus afternoon tea (tea available only at Uplands and reservations are mandatory). Contact 819-842-1072 or estria@cgocable.ca to reserve or for more

# What's On

information. Estria thanks Le Conseil des Arts et des Lettres du Québec for their generous support.

April 3

**The Newport Area Community Orchestra** has openings for oboe, trumpet, trombone, French horn, and cello. If you have always wanted to play in a symphony orchestra, now is the time! We are a well-established orchestra that performs two concerts each year in the Newport area. The orchestra also sponsors several chamber music concerts each year. Rehearsals for our spring concert will begin on Tuesday, April 3 at 6:30 p.m. at the First Universalist Parish in Derby Line. For more information, please go to [www.newportareacommunityorchestra.org](http://www.newportareacommunityorchestra.org).

## EVENTS

February 11

**St. Valentine's Day Brunch** on Sunday, February 11 at **Beulah United Church**, 967 Main Street, Ayer's Cliff, from 11 a.m. to 1 p.m. Bring that "EGGS"tra special someone and enjoy a home cooked meal of ham, sausage, bacon, scrambled eggs, baked beans, pancakes with real maple syrup, toast, fruit salad, coffee, tea and orange juice. All are welcome. It's the event you have BEAN waiting for!! **Adults \$10., children 5-12 years \$5., under 5 are free.**

February 13

**PANCAKE SUPPER**, Tuesday, February 13 from 5:30 p.m. to 7 p.m., **Grace Anglican Church, 52 Principal South, Sutton.** Pancakes, maple syrup, baked beans, sausages and dessert. Donation: \$8 for adults, \$5 for children.

February 13

**Pancake supper at Holy Trinity Church**, Iron Hill on Tuesday, February 13 from 4 p.m. to 7 p.m. Pancakes, real maple syrup, sausages and homemade bean. **Adults \$8 and children under 10 are \$5.** Take a break from winter and bring a friend. Information: 450-263-2579.

February 13

**Pancake Supper** Tuesday, February 13 from 5 p.m. to 7 p.m. **Odd Fellows Hall 480 Knowlton Road, Lac Brome.** Pancakes, eggs, sausage, bacon, beans, maple syrup. Information: 450-243-5742 or 450-243-6778. **Admission: Adult \$8 & under 10 is \$5.**

February 13

**12 Steps to a Compassionate Life**, six discussion sessions led by Rev. Carole Martignacco, based on the book and TED project, 12 Steps to a Compassionate Life, by leading scholar of religion Karen Armstrong. How to experience and express compassion, step by step. Tuesdays, February 13 to March 20, at 7:30 p.m., at the Unitarian Universalist Community (UUEstrie), 201 Main, North Hat-

★ TONIGHT: 5:00 → 9:00 PM ★

# REUBEN SANDWICH \$12

PLUS TWO SIDES

starting at 10:00

## LION KARAOKE

LION PUB AND BREWERY, LENNOXVILLE

ley. All are welcome. **Book: \$20. Suggested donation: \$5/session. Registration strongly encouraged.** Please contact 819-842-1387. Information: [info@uuestrie.ca](mailto:info@uuestrie.ca), [www.uuestrie.ca](http://www.uuestrie.ca), Facebook UU Estrie.

February 19

**Lennoxville-Ascot Historical and Museum Society** invites everyone to a Gathering at 7 p.m. on Monday, February 19 at Uplands, 9 Speid Street, Sherbrooke (Borough of Lennoxville). The programme is **Show and Tell** so bring along an antique object or photo and share its story with us. Always an enjoyable and informative activity! Information: 819-564-0409.

February 25

**The Dorey Bridge Club (Cowansville) STAC Tournament** (silver points), Wednesday, February 21 and Sunday, February 25 starting at 1 p.m. **Cost \$10 per session.** For information email [karinmary@videotron.ca](mailto:karinmary@videotron.ca) or 450-260-5535.

## EXHIBITS

February 11

**The Uplands Cultural and Heritage Centre** opens its new exhibition season with **Marcel Carey**, photographer and piano tuner. You are all invited to meet the artist during the vernissage which will take place on Sunday, February 11 from 2 p.m. to 4 p.m. at 9 Speid Street in Sherbrooke (Borough of Lennoxville). The "Des pianos et des homes" photography exhibit will continue until April 29, 2018.

**It takes 11 muscles to read this ad.**

Don't take your muscles for granted. Over 50,000 Canadians with muscular dystrophy take them very seriously.

Learn more at [muscle.ca](http://muscle.ca)

**Muscular Dystrophy Canada**  
let's make muscles move



**HOTLINE FOR BREAKING NEWS**  
819-570-2094

Contact David Teasdale 819-570-2094 to advertise

*The Broadcast Voice of the Eastern Townships*

184 Queen Street, Sherbrooke (downtown Lennoxville) • 819-822-1838 • [www.cjmq.fm](http://www.cjmq.fm) • e-mail: [cjmqnews@yahoo.ca](mailto:cjmqnews@yahoo.ca)

# Local Sports

*Other than being properly trained, preparation is the key.*

## Preparation and recovery tips for a successful run experience

Part three of a three-part series on Christine's 'Tool Box' for Runners



### A RUNNER'S MIND

#### CHRISTINE BLANCHETTE

If you missed the first two columns, I initially discussed goal setting and how to stay motivated to run. Last week's column was on outfitting yourself with good running gear for enhanced comfort and performance.

This final installment of our three-part series is on preparation and recovery tips.

Other than being properly trained, preparation is the key. This includes wearing good shoes and gear, following good nutrition, drinking plenty of water, and getting proper sleep.

As you approach your running event and you evaluate everything you've done for the best chance of success, here are my top 10 preparation and recovery tips to get you to the finish line in good enough shape to take on another event

before long.

1. Equipment – the night before an event, prepare what you will be wearing. Don't wear anything new. Pin your bib on your shirt ahead of time. Don't worry about getting to sleep early, as long as you get enough sleep two nights before.

2. Bring an extra change of clothes to change into after your event. Bring a runner's cap for protection from the elements in all conditions.

3. Know the route, as this helps you to pace through each kilometre. With one kilometre to go, you can push your pain to the finish line and you will know you gave your best effort.

4. Ease into a run event by deliberately running slower for the first two kilometres before picking up to race pace. Guaranteed, you will make up the "lost" time later in the race.

5. Make sure your shoe laces are double tied to avoid having them come undone in mid race and perhaps tripping over them.

6. For warm-up, do a five-minute jog, followed by five 100-meter strides at half speed to get your muscles loose and relaxed.

7. Try to eat breakfast or have some fuel at least one hour-and-a-half before the event, especially if you are running a half marathon or a full marathon.



COURTESY OF SKECHERS

8. Stretch after your event run and do a cool down run for two kilometres at slow pace within 15 minutes of crossing the finish line.

9. Arrive early at the race and listen for any last minute announcements.

10. Most important, run your own race and remember why you are doing this and that your time matters only to you.

These tips will hopefully prepare you for a memorable experience and help you achieve what would not have been possible before you set your mind to investing in your physical well-being.

www.runwithit.ca

Twitter: @christineruns

Instagram:

– runwithit\_christineblanchette

YouTube – runwithit

### PYEONGCHANG WINTER OLYMPICS

#### Canadian Olympic Roundup

## Morris and Lawes open with mixed results in doubles curling

The Canadian Press

The Pyeongchang Winter Olympics don't officially open until Friday but a couple of Canadians were already in competition mode Thursday.

Doubles curlers John Morris and Kaitlyn Lawes opened the Games with a disappointing 9-6 loss to Norway's Kristin Skaslien and Magnus Nedregotten before rebounding with a 6-4 win over Americans Becca and Matt Hamilton.

The event is making its debut in Pyeongchang, and despite Canada's curling dominance, the country isn't considered the gold medal favourite.

Both Ottawa's Morris and Winnipeg's Lawes are Olympic gold medallists in curling but they had little experience playing mixed doubles together prior to winning January's trials.

Wednesday's games came down to tight finishes. The Norwegians stole two in the eighth end to seal the victory in the opener, while Morris needed to place a perfect draw to the button in the final end in the win over the United States.

"Obviously wanted to start off with a win, but it's a long week thankfully," said Lawes. "We'll come back stronger."

Lawes said she and Morris had "a couple key misses here and there."

"If we can turn those full misses into at least half shots then we'll have a little bit more success," she added.

Morris said he and Lawes are still figuring out the

ice.

"The ice was nice and consistent, but I have to make sure I throw to my tolerance a bit more so that if I do miss, it's not a killer miss," he said.

Morris, 39, won Olympic gold in 2010 playing third for Kevin Martin. Lawes, 29, won gold in 2014 as vice for Jennifer Jones.

"To be able to slide over the Olympic rings and to feel as though we're part of something historic is really powerful and special," said Lawes. "It's something I'll never forget. I'm really proud and honoured to be a part of this."

Also on Thursday, former NHL veteran Chris Kelly was named captain of Canada's men's hockey team.

Kelly, who helped the Boston Bruins win a Stanley Cup in 2011 and most recently played with the Ottawa Senators, will be tasked with leading Canada in its quest for a third straight Olympic men's hockey title.

"Such a great honour," Kelly said. "And very humbling. There's so many great people in that locker room who could ultimately be wearing it. It's a thrill."

Meanwhile, Canada's Manuel Osborne-Paradis posted the fastest time in the first Olympic downhill training session.

Osborne-Paradis, from Invermere, B.C., finished in one minute 40.45 seconds in breezy, sunny conditions at the Jeongseon Alpine Centre. He's making his fourth appearance at the Winter Olympics.

Norway's Kjetil Jansrud was second in 1:40.76

and Switzerland's Mauro Caviezel was third in 1:40.90.

Additional training sessions were scheduled for Friday and Saturday ahead of Sunday's race.

In ski jumping, Calgary's Mackenzie Boyd-Clowes advanced to the competition phase of the men's normal hill competition, placing 23rd in qualifying with a score of 114.6. Germany's Andreas Wellinger led all jumpers at 133.5 points.

Outside competition, the norovirus outbreak at Olympic venues continued to threaten the Games. The number of confirmed cases grew to 128 by Thursday evening, with 42 new instances.

None of the cases are athletes, and the COC said no Canadian staff members have been affected.

"(Athletes have) trained eight to 12 years for this one moment in time when they can prove and perform, and of course it's a tragedy if they get derailed by injury or illness," Canadian Olympic Committee medical director Dr. Bob McCormack said.

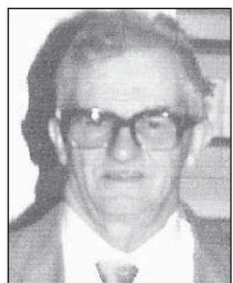


*Brome County*  
**NEWS** 

**Jesse Bryant**  
Sales Manager

Let our readers know about your products & services  
Tel.: 450-242-1188  
Fax: 450-243-5155  
email: jbryant@sherbrookerecord.com

**Death**



**Russell  
Wallace  
COATES  
(1927-2018)**

Died peacefully at Hôtel-Dieu Hospital on January 29, 2018.

Son of the late Carlos Coates and the late Martha Forbes. He was the youngest boy in a family of 7. He is survived by 3 younger sisters, Lila Coates Girouard, Inez Coates Dutton, Thelma Coates Turnbull and 1 sister-in-law Leona Smith Coates and many nieces, nephews and cousins.

He was predeceased by his older sister Agnes Coates Lister (Norman Lister) and his brothers Edgar Coates (Thelma Walker Coates) and Howard Coates.

He was never married and farmed in Lawrence nearly all his life and helped to take care of his parents until they passed away. In later years when he could not live alone anymore he moved to the Morrison Home where he was treated like royalty. "Thanks to all of you."

He was a kind and gentle man and was loved by all, especially his nieces and nephews as they have fond memories of lots of fun there.

A graveside service will be held in the spring.

**CASS FUNERAL HOMES**  
3006 College St., Sherbrooke QC  
PHONE: 819-564-1750  
FAX: 819-564-4423  
www.casshomes.ca

**Death**



**Douglas  
Arthur  
JUDGE  
(Apr. 26, 1933 -  
Feb. 2, 2018)**

Passed away peacefully surrounded by his family at the CHUS Fleurimont, on February 2, 2018 in his 85th year. Beloved husband of Lydia Statton and dear father of Larry (Suzanne Wright) and Diane (Bill Hunting). Cherished grandfather of Melissa (John Trace), Matthew Judge, Mitchell Wright, Daniel Hunting (Krista Garand) and Tony Hunting (Kaitlyn Wickett) and great-grandfather of Morgan and Chelsea Trace. He leaves to mourn many relatives and dear friends.

A graveside service will be held in the spring.

Donations to the charity of your choice would be greatly appreciated.

**CASS FUNERAL HOMES**  
15 de la Station St., Sawyerville QC  
PHONE: 819-564-1750  
FAX: 819-564-4423  
www.casshomes.ca

**Death**

**Jean Thelma MASTINE**

Passed away on February 6, 2018, Jean was the dear wife of the late Harold Keough. She is survived by her siblings-in-law Blanche Mastine, Klea Mastine, Bob and Dianne Keough and several nieces and nephews.

A graveside service will be held in the spring. Thanks are extended to the Wales Home staff for their excellent and compassionate care.

In lieu of flowers, donations to the Wales Home Foundation (506 Rte. 243 N., Cleveland, QC JOB 2H0) or to Maplewood Cemetery (c/o Joanne Besmargian, 62 Rte. 243, Saint-Félix-de-Kingsey, QC JOB 2T0) would be appreciated.

**CASS FUNERAL HOMES**  
295 Principale S., Richmond QC  
PHONE: 819-826-2502  
FAX: 819-564-4423  
www.casshomes.ca

**In Memoriam**

**BURNHAM, Percy Daniel** - In loving memory of my dear husband who passed away February 10, 2010.

*Somewhere beyond the sunset  
Where happiness never dies,  
You dwell in God's beautiful garden  
Amidst the blue of the sky.  
And to me who will always love you  
Your passing brought me much pain,  
I will cherish your memory forever,  
Until we meet again.*

**Always remembered and loved  
by your wife  
LAURA**



**DO JUST ONE THING**  
By Danny Seo

When it comes to kitchen countertops, laminate used to be the least-desirable choice. But it is a very eco-friendly option, and new designs mimic the look of pricey granite, stone and marble options. Laminate deserves a second look; new technologies use a special stamping process that gives laminate a soft, cool touch that mimics the feel of marble, and a white core means there's no dark-brown edge, so it also looks just like marble. Unlike stone, marble and granite, which are mined deep out of the Earth, laminate is made with paper (often recycled).

Have you thought of including a gift to charity in your will?

Un héritage à partager  
LEAVE A LEGACY™  
Québec  
www.legacy-quebec.org  
1 888 304-8834

# Erosive osteoarthritis typically affects the joints of the hands

**ASK THE DOCTORS**  
By Robert Ashley, M.D.

**Dear Doctor:** I was just diagnosed with erosive osteoarthritis. What can you tell me about it? I have it mainly in my hands and feet.

**Dear Reader:** First, let's explain the most common form of arthritis, known simply as osteoarthritis, which develops slowly over time due to complex changes in cartilage, bone and joint linings. Formerly known as "wear and tear" arthritis, osteoarthritis has no inflammatory component and typically occurs in multiple joints throughout the body. Erosive osteoarthritis, on the other hand, is an inflammatory form of the disease that occurs primarily in the hands and, sometimes, in the feet.

In the hands, erosive osteoarthritis develops earlier in life than does typical osteoarthritis, usually between the ages of 40 and 50. It's most commonly diag-

nosed in women (rarely men) at the time of menopause, suggesting that loss of estrogen is a factor.

Unlike typical osteoarthritis, erosive osteoarthritis has a sudden and aggressive onset. The hand joints become warm, red, swollen and tender, making it difficult to move the fingers. With this degree of inflammation, the disease can look much like rheumatoid arthritis, but unlike rheumatoid arthritis, erosive osteoarthritis involves the joints at the end of the fingers. Bony swellings develop upon these joints, creating what appears to be nodules. The joints lose their structure so much that the finger bones move laterally in opposite directions, making the fingers look wavy instead of straight.

The inflammation can cause cartilage and bone in the joint to erode, giving the disease its name. In severe cases, the joints fuse, making movement almost impossible. The inflammatory course of the disease can last for months or come

and go for up to five years. However, even when the inflammation subsides, the damage leads to long-term deformities and loss of function of the involved joints.

There are no specific lab tests to diagnose erosive osteoarthritis. Your doctor may have done blood tests to rule out diseases such as rheumatoid arthritis, but the symptoms in your hands and feet were his or her greatest clue. Patients may have some elevated inflammatory markers, but the disease is primarily diagnosed by a person's symptoms. X-rays of the hands can show specific erosions in the bones that are unique to the disease.

Decreasing inflammation is the first place to start. This can be done with topical anti-inflammatories such as diclofenac or oral anti-inflammatories such as ibuprofen, naproxen, meloxicam or celecoxib. Drugs used for rheumatoid arthritis can also ease the inflammation and erosion of erosive osteoarthritis.

These include hydroxychloroquine, methotrexate and the injectable drug Humira. For severe cases, injecting steroids directly into the finger joints can decrease deformities. Also, though the data are limited, one study showed a decrease in erosions and improvement of symptoms among people taking 800 milligrams of the supplement chondroitin in addition to Naprosyn (naproxen).

Physical therapy can also improve finger mobility and reduce the likelihood that the fingers will become excessively crooked.

My advice is to treat the disease early. Although the inflammatory portion of erosive osteoarthritis is relatively short, controlling the inflammation with medication and getting hand therapy will reduce the likelihood of the deformities that can happen with the disease.

Robert Ashley, M.D., is an internist and assistant professor of medicine at the University of California, Los Angeles.

## RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

**BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMs, BRIEFLETS:**  
Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)  
Discounts: 2 insertions or more: 15% off  
With photo: additional \$18.50. **DEADLINE:** 11 a.m., day before publication.  
**BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:**  
Text only: \$16.00 (includes taxes)  
With photo: \$26.00 (\$29.90 taxes included) **DEADLINE:** 3 days before publication.  
**WEDDING WRITE-UPS:**  
\$26.00 (\$29.90 taxes included) WITH PHOTO: \$36.00 (\$41.40 taxes included)

**Please Note:** All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: clas-sad@sherbrookerecord.com - They will not be taken by phone.  
**DEADLINES FOR DEATH NOTICES:**  
For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.  
For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) or e-mail: production@sherbrookerecord.com between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called. Rates: Please call for costs.

# Datebook

FRIDAY, FEBRUARY 9, 2018

Today is the 40th day of 2018 and the 51st day of winter.

**TODAY'S HISTORY:** In 1825, the U.S. House of Representatives elected John Quincy Adams as president, a decision that became necessary after no candidate took the majority of the electoral votes in the election of 1824.

In 1861, Jefferson Davis was elected president of the Confederate States of America.

In 1950, during a speech in West Virginia, Sen. Joseph McCarthy of Wisconsin claimed to have a list of more than 200 "known communists" serving in the State Department.

In 1964, the Beatles made their first appearance on "The Ed Sullivan Show."

**TODAY'S BIRTHDAYS:** William Henry Harrison (1773-1841), ninth U.S. president; Ronald Colman (1891-1958), actor; Carmen Miranda (1909-1955), dancer/singer/actress; Brendan Behan (1923-1964), playwright; Roger Mudd (1928- ), TV journalist; Carole King (1942- ), singer-songwriter; Joe Pesci (1943- ), actor; Alice Walker (1944- ), author; Mia Farrow (1945- ), actress; Charlie Day (1976- ), actor; Tom Hiddleston (1981- ), actor; Michael B. Jordan (1987- ), actor.

**TODAY'S FACT:** The game of volleyball (then called Mintonette) was created in Holyoke, Massachusetts, on this day in 1895.

**TODAY'S SPORTS:** In 1971, pitcher Leroy "Satchel" Paige became the first Negro League veteran to be nominated for the Baseball Hall of Fame.

**TODAY'S QUOTE:** "There is no part of the means placed in the hands of the Executive which might be used with greater effect for unhallowed purposes than the control of the public press." — William Henry Harrison

**TODAY'S NUMBER:** 73 million — viewers estimated to have tuned in to see the Beatles' first appearance on "The Ed Sullivan Show." At 45.3 percent of all U.S. television-owning households, it became the highest-rated TV telecast and is still the 26th highest rated of all time.

**TODAY'S MOON:** Between last quarter moon (Feb. 7) and new moon (Feb. 15).

# Church Services

## Anglican

### GEORGEVILLE

Saint George's Anglican Church, Georgeville will be holding their annual vestry meeting at Murray Hall on Sunday, February 11 at 9 a.m. Preceded by service of Holy Communion.

### LENNOXVILLE

Saint George's Anglican Church, Lennoxville, at 84 Queen St., celebrates Holy Eucharist every 1st, 2nd & 3rd Sunday at 11 a.m. Morning Prayer is held every 4th Sunday at 11 a.m. Sunday School every 1st & 3rd Sunday at 11 a.m. 819-346-5564.

### SHERBROOKE

Sunday, February 11, Church of the Advent, 473 Bowen St. South, Sherbrooke at 11 a.m., there will be a service of Morning Prayer.

## Evangelist

### SCOTSTOWN

Evangelist assembly for Yaha-osu-wah, 141 Victoria St., Scotstown. 666 through Jewish eyes. 819-657-1003.

## Presbyterian

### LENNOXVILLE

St. Andrew's Presbyterian Church, 256 Queen St., Lennoxville, 819-569-3100, Sundays: 10:30 a.m. Worship and Sunday School.

## United

### AYER'S CLIFF - MAGOG

Ayer's Cliff - Magog - Georgeville Pastoral Charge welcomes everyone for Sunday service at Beulah United Church in Ayer's Cliff - Worship service and Sunday School 9:15 a.m. and St. Paul's United Church, Magog - Worship Service and Sunday School 11:15 a.m. with lunch provided each Sunday following the service in Magog. Minister: Rev. Lee Ann Hogle 819-571-7233.

### HATLEY

Worship Service with Communion at Hatley United Church on February 11 at 2 p.m. Rev. Linda Buchanan. Congregational meeting to follow.

### LENNOXVILLE

Lennoxville United Church, corner of Queen and Church Street, welcomes you to worship with Rev. Linda Buchanan on Sunday, February 11 at 10:00 a.m. Children are always welcome. 819-565-8449; website - lennoxvilleunitedchurch.com.

## United

### SHERBROOKE

Plymouth-Trinity United Church, corner of Dufferin and Terrill, 819 346-6373, www.plymouthtrinitychurch.org, welcomes all of you to our worship service, Sunday, February 11. We will celebrate Transfiguration Sunday at our 10:30 service. This week is a special joint service avec notre culte en français. The service is followed by our annual congregational meeting. Tout le monde est cordialement le bienvenu! Minister: Rev. Samuel V. Dansokho.

### WATERVILLE/NORTH HATLEY

Waterville/North Hatley United Church, Sunday, February 11, 11 a.m. service with Rev. Mead Baldwin. Annual meeting. Sunday School. 819-837-1112.

**Learn More. Achieve More.**  
To improve reading, writing or math skills, look under **LEARN** in the Yellow Pages™ or visit [www.LookUnderLearn.ca](http://www.LookUnderLearn.ca)

ABC  
Life Literacy Canada

## In Memoriam

Your generous contribution will help finance research into lung disease such as asthma, emphysema, chronic bronchitis and lung cancer.

Over 700,000 Quebecers who suffer from respiratory disease thank you.

Quebec Lung Association  
Toll free: 1 800 295-8111  
Montreal: (514) 287-7400

# SUDOKU

DIFFICULTY RATING: ★★★★★

			8				4	
3		5		1				
	8				7			6
	6	3	4	8			5	
				2				
		2		6	5	9	8	
5			2					9
				7		1		2
	2				6			

2/9 © 2018 Dist. by Andrews McMeel Syndication for UFS

### PREVIOUS SOLUTION

2	9	3	5	1	6	7	4	8
6	5	4	2	7	8	3	1	9
8	1	7	9	3	4	6	5	2
4	7	1	8	2	3	5	9	6
5	6	9	7	4	1	2	8	3
3	2	8	6	9	5	1	7	4
1	8	5	3	6	9	4	2	7
7	4	6	1	8	2	9	3	5
9	3	2	4	5	7	8	6	1

**HOW TO PLAY:** Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

5	3	4	9	6	1	8	2	7
2	9	1	8	7	5	6	3	4
8	6	7	3	4	2	9	1	5
4	8	9	5	6	3	2	7	1
	8	5	4	7	2	9	6	1
7		2	1	9	4	7	3	5
3	4	5	6	1	2	8	7	9
6	9	7	8	5	3	2	4	1

PREVIOUS SOLUTION

© 2018 Dist. by Andrews McMeel Syndication for UFS

			6	2	9			1
			9	4				6
								6
3		8	1					
		7		8			6	
					7		3	2
	8							
		4		9	8			
1			6	3	4	8	7	

DIFFICULTY RATING: ★★★★★

# SUDOKU

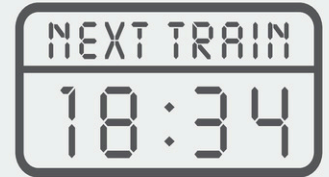


Fig.16

› If this feels like a math test, visit [mathliteracy.ca](http://mathliteracy.ca) or call 1-800-303-1004.



# Taking time to appreciate veterans

## Dear Annie

FRIDAY, FEBRUARY 9, 2018

**Dear Annie:** In the past year, the Department of Veterans Affairs has tackled many issues for our veterans, and we are proud to participate in the largest transformation of VA in recent history.

Our volunteers and community partners form a large part of this effort, allowing us to bring programs and services to our veterans that otherwise would be unavailable. At VA, every day is Veterans Day, but we take special notice in February to celebrate the National Salute to Veteran Patients. This year's salute is Feb. 12-16, and we encourage communities across the country to take part in this effort to honor our hospitalized veterans and to seek out opportunities to volunteer at their local VA facility.

Last year, 413,253 valentines were received at VA medical centers, arriving from schools, community groups and youth organizations nationwide. These notes of recognition were distributed to our veteran patients at facilities across the country. Additionally, more than 11,000 volunteers and 1,500 community organizations contributed to events and activities recognizing our hospitalized veterans. VA appreciates your strong support of this important program, and I encourage your thoughtful readers to take time once again this February to honor our veterans.

I have a very special favor to ask. If your readers know a veteran in crisis, please be sure to direct them to the Veterans Crisis Line immediately. The veteran can call 800-273-8255 and press 1. Finally, if anyone would like to join us in our mission to honor the sacrifice and service of America's veterans during the National Salute to Veteran Patients or at

any time throughout the year, please visit your nearest VA facility or contact us online at:

<https://www.volunteer.va.gov>. — David J. Shulkin, Secretary of Veterans Affairs

**Dear Dr. Shulkin:** I appreciate your letter and your dedication to our veterans. We all owe veterans our deepest thanks, and the National Salute to Veteran Patients is a wonderful opportunity for expressing that gratitude. I encourage readers to participate.

**Dear Annie:** I just read the letter from "Sick of Them," who is tired of mistreatment from her sister and mom. Her life sounds just like how mine used to be. The only difference is that it was my father and sister.

Through counseling, I learned that I did not have to answer the phone or the door. That gave me more control. I also learned that I didn't have to sit and listen, either. My father once started yelling at me in a public place. I just got up and left. I also did this at his home. He learned that I would not take it anymore. The behavior slowly stopped, and I am happy to say that our relationship slowly grew to a point that I enjoyed his company.

My sister was harder. She did not yell at me, but she would give me the silent treatment for days or do something else that would make my life difficult. I believe she is very passive-aggressive. I often had no idea what I had done. When I saw her manipulating my children, I cut ties with her. It was hard, and I miss her daily. But I am happier and more relaxed, and my children are not learning her behaviors.

Good luck, "Sick of Them." Remember that you are the only one who can change your life. — Been There, Done That

**Dear Been There, Done That:** Beautifully said. And this is yet another testament to how life-changing counseling can be. Thanks for writing.

**Dear Annie:** I'm suffering from what I call vigilance fatigue. The state of our government's affairs may never have been worse, and I'm trying to stay on top of it all, but it's exhausting.

I do want to stay informed, but I find that every moment I'm not working or spending time with my kids, I'm reading a magazine or an online news story or watching cable news. Every night around "Russia o'clock," as some call it, it's so easy to collapse on the couch and turn on the TV.

I'm not sleeping enough, and I'm getting stressed out by it all. What do you suggest? — News Junkie

**Dear News Junkie:** Unplug and let yourself recharge. Take a news sabbatical one day a week. No cable news, no newspapers or magazines and minimal internet, as it's impossible to browse the web without coming across a troubling headline just screaming for your click. Shutting out the current-events tornado once a week won't make you apathetic or less informed. In fact, it will do the opposite. Rested and refreshed, you'll be better equipped to process and engage with news stories the rest of the week. For additional tips on managing your news consumption, I highly recommend reading an article titled "How to establish a media diet: Keeping up by slowing down," by Jihii Jolly, available on the Columbia Journalism Review's website.

**Dear Annie:** I am a former victim of constant bullying and ridicule from classmates. I was bullied for many years, and it affected me in a lot of different ways. As a victim, you lose all sense of who you really are. You spend entire

days of your life wanting time to go by as quickly as possible. For example, in class, you can't concentrate on anything you're supposed to be learning, because you're too busy thinking about how you're going to handle the barrage of attacks from peers who seem bent on making your life miserable.

We as a society must not allow these bullies to get away with their charades. Almost daily, we hear stories of despair — often ending in the death of teens who had their whole lives ahead of them.

Please, Annie, sound the alarm bells. Our young children are the future of our society, and they're dying for no reason. After hearing one of these stories, I always think, "What goes through the minds of these bullies and educators after a young life is taken?" It just breaks my heart to hear this. This could be your child or my grandchildren. I am 58 years old and want more people getting involved and standing up against this onslaught of hate vulnerable members of our younger generation face. It should be a part of their curricula to learn to respect other students and people in general — because obviously, some kids aren't being taught this at home. — Sad Grandpa

**Dear Sad Grandpa:** Your letter touched my heart. I encourage you and anyone else who would like to stand up in the fight against bullying to visit <https://www.stopbullying.gov>. There you'll find dozens of resources, including a planning tool kit for hosting anti-bullying events in your community.

Send your questions for Annie Lane to: [dearannie@creators.com](mailto:dearannie@creators.com).

## Ayer's Cliff Fidelity Rebekah Lodge #33

Ayer's Cliff Fidelity Rebekah Lodge #33 of Ayer's Cliff had their annual Christmas draw of turkeys and other gifts, December 4, 2017. We thank all who prepared for this, all who sold tickets, and especially all those who made it such a success by buying tickets. We made about \$500 to support our usual donations and other special requests that were made known to us.

First winner of the 20 lb. bird was Linda Tryon, of Fitch Bay. Second winner for the 10 lb. bird was Lorraine Smith, of Lennoxville.

The ornament was a cookie jar won by Oz Beattie, of Inverness way but he redonated it and Alice Boomhower of Ways Mills got it. A lovely painting that was donated was won by Lorna Lundeborg of Lennoxville. We hope all enjoyed their prize!

Cards were exchanged by members and Christmas calendars and cheer were sent out to those who do not attend and to former members. On this list is: Thelma Picken, a Past President; Gertrude Ketcham, a Past District Deputy; Madelyn Curtis, a Past President and former member; and Linda Sayers, a former member of Princess #4. These ladies are residents of Manoir Stanstead. We also have former member Marion Cox, a P.D.D.P., of Stanstead who tends to getting the calendars; a Past President Dorothy Smith of Fitch Bay; Linda Tryon, a PDDP, of Fitch Bay, and Pat Robinson of Huntingville. We miss seeing them all and wish them well!

Usual donations are to Ayer's Cliff Schools; Sunnyside;Lennoxville; and pre-school of Ayer's Cliff. Other usual ones are Christmas Community Basket, Beulah Church, Arthritis Society, Cancer Walks; and student expenses for



A student and her grandmother Evie

furthering their education to members' grandchildren. There were 2 girls for student education this year.

We also give to those we know have had hard times such as a fire or illness.

Meetings are not held in January and February.

Submitted by Ernestine Whipple



Because you  
love your life.

MedicAlert®. The bracelet  
with an emergency  
hotline linked to your  
medical record.

Call 1-866-734-9422  
or visit [www.medicalert.ca](http://www.medicalert.ca).

 MedicAlert

Lets You Live Life.

### CELEBRITY CIPHER by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

“WO’A XCC UHGANFXC. LNG SH, WL  
NFH RNSXF WA KHFWHK THG GWVTOA,  
RH’GH XCC IHWFV KHFWHK NBG  
GWVTOA.” — VCNGWX XCCGHK

Previous Solution: “If a woman does the same job as a man, she should be paid the same amount of money. She just should.” — Viola Davis

TODAY’S CLUE: n sjenbø g

### CELEBRITY CIPHER by Luis Campos

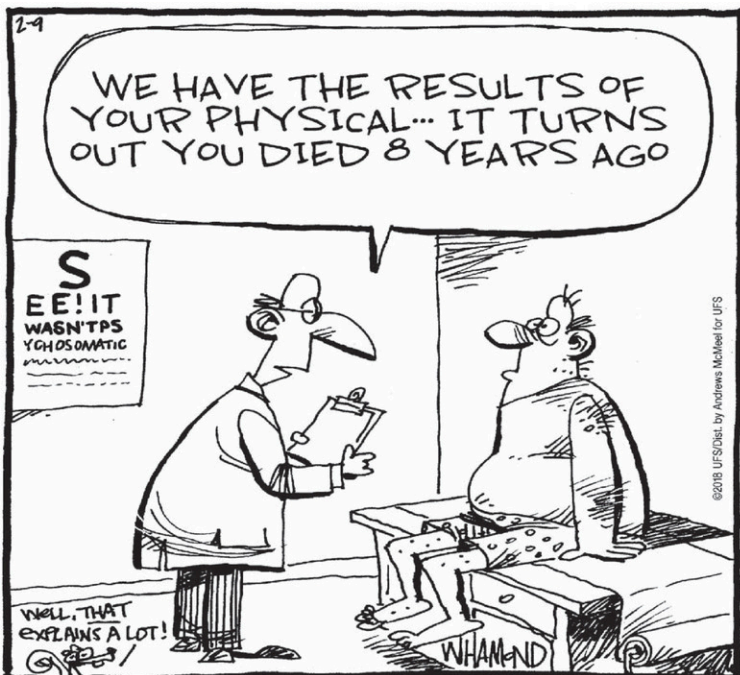
Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

“CTBTF WKXVZ ZAHZ H ILHGG  
JFKXN KM ZAKXJAZMXG RKLLOZZTW  
ROZOPTCI RHC RAHCJT ZAT EKFGW.”  
— LHFJHFTZ LTHW

TODAY’S CLUE: B equals V

Previous Solution: “It’s all personal. For me, if one woman is denied her rights, we’re all being denied our rights.” — Gloria Allred

### REALITY CHECK

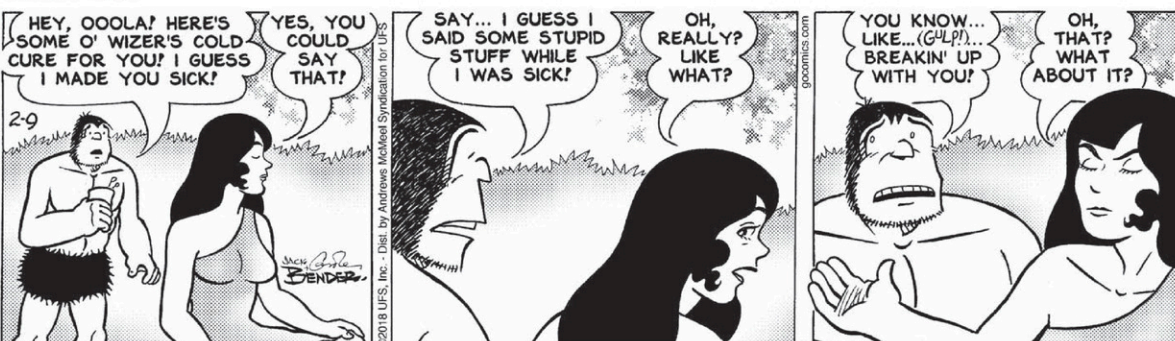


### HERMAN



“Good luck.”

### ALLEY OOP



### ARLO & JANIS



### THE BORN LOSER



### FRANK AND ERNEST



### GRIZWELLS



### SOUP TO NUTS



**Diabetes The New EPIDEMIC**



CALL SHERBROOKE: (819) 569-9525 BETWEEN 8:30 A.M. AND 4:30 P.M.  
E-MAIL: classad@sherbrookerecord.com  
OR KNOWLTON: (450) 242-1188 BETWEEN 9:00 A.M. AND NOON

DEADLINE: 12:30 P.M. ONE DAY PRIOR TO PUBLICATION  
OR MAIL YOUR PREPAID CLASSIFIED ADS TO  
THE RECORD, 6 MALLORY, SHERBROOKE, QUEBEC J1M 2E2

# CLASSIFIED

001 Property for Sale



**Make your classified stand out**, add a photo for \$10. per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. **819-569-9525. classad@sherbrookerecord.com**

030 Property Wanted

**LOOKING FOR WOOD LAND**, 10 to 150 acres, right to build. Around 10 minutes from Sherbrooke. Call 819-237-5839.

035 For Rent

**CLASSIFIEDS ONLINE!**  
[www.sherbrookerecord.com](http://www.sherbrookerecord.com)

**LARGE 4 1/2 in Sherbrooke's old North**, duplex with basement and shared back yard, one parking spot, washer and dryer hookup. Beautiful neighbourhood, short walk to downtown Sherbrooke as well as local parks. Close to French and English elementary schools. Grocery store across the street. \$650 per month, hydro not included. No pets. Available immediately. Call 819-791-1974 for more information.

**OXFORD CRES-CENT.** Big and spacious 3 1/2, 4 1/2 and 5 1/2 room apartments. Quiet building, door always locked. Available July 1. Call 819-943-2809 or 819-620-5560.

**RECORD**

OUR CLASSIFIEDS GET RESULTS!  
Call today today to place your classified ad!  
**819-569-9525**  
**450-242-1188**

100 Job Opportunities

## URGENT

THE RECORD

is looking for a carrier in **Lennoxville** for the following route:

Oxford Crescent, Archie Mitchell, College streets (41 customers)  
**TO START IMMEDIATELY**

If interested, please call

THE RECORD

**819-569-9528**

between 8:30 a.m. to 4:30 p.m. or leave a message after hours, or e-mail:  
**billing@sherbrookerecord.com**

100 Job Opportunities

100 Job Opportunities



**Linde is currently seeking Drivers (USA Team Operations) to join the Hydrogen Distribution at Magog (Qc). Permanent position, minimum of 2 trips per week. Potential salary 70 K and more.**

**For information, please contact Andrew. choquette - Manager at 819-847-4202 Ext 52741 or by Email Andrew.choquette@linde.com**

**Want your ad to stand out? For .50 a word - bold it.**

145 Miscellaneous Services

**LENNOXVILLE PLUMBING.** Domestic repairs and water refiners. Call Norman Walker at 819-563-1491.

275 Antiques

WE BUY from the past for the future, one item or a household, attic or basement, shed or garage. We like it all, give us a call. 819-837-2680.

290 Articles For Sale

**ERABLIERE LANDRY**, 830 Pope, Cookshire. Reservations by phone only. All you can eat buffet. Reserve soon! 819-875-3851 or 819-574-2473.

**Make your classified stand out**, add a photo for \$10. per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. **819-569-9525. classad@sherbrookerecord.com**

294 Events

**ASTROLOGY READINGS** with Michael O'Connor, [www.sunstarastrology.com](http://www.sunstarastrology.com), by phone, internet or in person on Saturdays, 10 a.m. to 1 p.m., at Les 3 Fees, 139 Queen St., Lennoxville, 819-933-4949.

300 Machinery

**WANTED:** 28x48 Di-on thrashing machine; John Deere and International grain binders. Call 905-983-9331.

345 Flea Markets

**SUTTON** Sutton indoor flea market, 35 Principale Street, Saturday, February 10 (9 a.m. to 4 p.m.) and Sunday, February 11 (10 a.m. to 3 p.m.). Coca-Cola clocks, pottery, folk art, canes, mortar and pestles, and a lot more.

NOTICE

Notice is hereby given that, following the death of the late **Carl PRÉZEAU**, during his lifetime residing and domiciled at 2-2675, *Vaudreuil, Sherbrooke, Quebec, J1J 2M6*, which occurred on June 14, 2017, an inventory of the deceased's property was made by the liquidator of the succession, on January 18, 2018, in accordance with the law.

This inventory may be consulted by all the interested parties, at the office of **Mtre Timothy LEONARD, Notary, at 520 Bowen South, Sherbrooke, Quebec J1G 2E1, 819 563-0500.**

This 1st day of February 2018.

**Timothy LEONARD, Notary and Attorney for the Liquidator**



**PUBLIC NOTICE**

The Société de transport de Sherbrooke publishes, for information purposes, by virtue of Article 90 of the Loi sur les sociétés de transport en commun, (R.L.R.Q., c. S-30.01), its resolution no. 005-18 decreeing a modification to the rate structure.

**RESOLUTION NO. 005-18**

**IT IS UNANIMOUSLY ADOPTED :**

That the following fee scale be and is approved and effective **July 1, 2018.**

Exact Payment	\$3.30
Monthly Pass	
Family and transferable	\$88.90
Regular	\$77.65
Reduced	\$58.80
1 day pass (family and individual)	\$10.35
ÉtéBUS (July and August)	\$58.80
Token	\$3.30
11 years old and less	Free

That from the enforcement date all past resolutions with respect to rates be and are repealed.

Certified true copy in Sherbrooke, February 5, 2018.

Dany Bélanger  
Secretary

**Call or email us before 12:30 p.m. to make sure your ad appears the next day.**

**ENCAN SAWYERVILLE INC. will hold an auction sale on**

**Friday, February 16 at 12:30**

**A herd of 154 beef animals**

**GEOFF & CAROLE BIRRELL of Man-sonville:** An excellent beef herd of 150 cows and 4 bulls (75% Ch. And Ch. crossed, 25% Black Angus)

26 are at their 2nd calf and are bred Black Angus and all the others are bred Ch.:

26 are at their 3rd and 4th calf  
30 are at their 5th calf  
15 are at their 6th calf  
12 are at their 7th calf  
41 are at their 8th calf or more

• 4 excellent bulls with good conformation: 2 Charolais and 2 Angus, registered purebreds, come from test stations and are from 3 to 6 years old.

Herd from a very good producer, the animals are docile and calm, they are used to going in the corrals for treatments. The herd is vaccinated twice a year with Triangle 10 and Ivomex in December every year. The average weight at the last sale in Sawyererville for his feeder calves was 775 lbs.

Reason for sale: The calving barn burned down, it was empty at the time, the animals are kept outside. Due to the loss of the calving barn, the 150 cows that will be sold, out of a total of 300, will be all those that are due to calve in March and April.

The herd is of very good quality and in very good condition, the cows are ready to calve and calve with ease.

**Photos available at [www.encansawyerville.com](http://www.encansawyerville.com)**

**Note: A very good opportunity to obtain some excellent animals!**

**THE BEST AUCTION TO SELL OR BUY ANIMALS IN QUEBEC!**



ENCAN SAWYERVILLE inc. AUCTION

**The sale will be held at 420 Route 253 South Cookshire-Eaton, QC Call us at 819-849-3606**

**YOU'VE GOT IT.**



**Somebody else wants it!**

Got something you no longer use?

Sell it in the Classifieds!

It may just be the perfect item to fill somebody else's need.

THE RECORD

**819-569-9525 • 450-242-1188**  
**classad@sherbrookerecord.com**

# Your Birthday

FRIDAY, FEBRUARY 9, 2018

Where there is a will, there is a way. An energetic approach to whatever you pursue will help you bring about positive change. Use your intelligence and your innovative ideas to pave the way to a brighter future. Love comes from within, not from your wallet.

**AQUARIUS** (Jan. 20-Feb. 19) — Consider how you are using your skills to bring in cash, and look for new and diverse ways to put your talents to good use. A change will do you good.

**PISCES** (Feb. 20-March 20) — You'll end up in a compromising position if you choose to go to battle. Make sure you have your facts straight and that you are willing to lose if you end up in a no-win situation.

**ARIES** (March 21-April 19) — Helping others will lead to rewards. You cannot be faulted if you do your best and are honest about your feelings. Walk away from petty arguments.

**TAURUS** (April 20-May 20) — Don't donate money to a cause if you don't have the funds. Offer your time, but don't let anyone take you for granted. It's admirable to want to help, but make it clear what you can do.

**GEMINI** (May 21-June 20) — Partnerships will make a difference to your future. Whether a personal or professional connection, the discussions you have and the promises you make will help you excel.

**CANCER** (June 21-July 22) —

Emotional deception will throw you off guard. Don't let a disagreement lead to an argument. Instead, state facts, listen to the other side's viewpoint and find common ground.

**LEO** (July 23-Aug. 22) — Love, romance and personal improvements are highlighted. Make arrangements with someone special that will give you the opportunity to discuss plans. Invest more time and money in your future.

**VIRGO** (Aug. 23-Sept. 22) — Don't get angry when you should be looking for solutions. Question what's transpired and be willing to admit to anything you may have misunderstood. Keep the peace.

**LIBRA** (Sept. 23-Oct. 23) — A short trip with someone you love will bring you closer together. Personal changes will make you feel good about the way you look and what you have to offer.

**SCORPIO** (Oct. 24-Nov. 22) — What you want to do will not sit well with someone you live with or love. Find a compromise or offer an incentive that will allow you to explore your pursuits.

**SAGITTARIUS** (Nov. 23-Dec. 21) — Emotions will fester if you don't channel your energy into something physical. Don't take risks, but do take on a challenge that will tire you out.

**CAPRICORN** (Dec. 22-Jan. 19) — Someone will take advantage of you if you are too forgiving or helpful. Ask questions and determine if you are dealing with someone who is merely lazy or actually in dire need of assistance.

FRIDAY, FEBRUARY 9, 2018

# Mirror distribution causes trouble

By Phillip Alder

There is a German proverb that goes: "If you have a good friend, you don't need a mirror."

If you have a good bridge partner, you don't need a mirror, because from his bids and plays, you will learn what he has in his hand — assuming you are watching and interpreting, of course.

When you are the declarer, though, occasionally it would help to have a mirror to see the defenders' cards. In this deal, how should South play in four hearts after West leads the club queen?

The auction was a simple Stayman sequence.

When the dummy appeared, declarer noted the mirror distribution, both hands being 4=4=2=3. This usually causes problems because there are no ruffs or discards. But here things looked okay. South anticipated taking three spades, four hearts, one diamond and two clubs. The only worry was a bad split in one of the majors. (If both were 4-1 or worse, the contract was probably hopeless.)

Declarer took the first trick with his club ace and drew trumps ending on the board. Then he played a spade to the nine, king and ace. Back came the club 10 to South's king.

		North	02-09-18
		♠ Q 7 3 2	
		♥ J 8 5 4	
		♦ A 6	
		♣ 7 5 2	
West		East	
♠ A 10 8 6		♠ 9	
♥ 9 2		♥ 10 6 3	
♦ K 10 7		♦ Q 9 8 5 4 2	
♣ Q J 10 4		♣ 9 8 3	
		South	
		♠ K J 5 4	
		♥ A K Q 7	
		♦ J 3	
		♣ A K 6	
Dealer: South Vulnerable: Both			
South	West	North	East
2NT	Pass	3♣	Pass
3♥	Pass	4♥	All Pass
Opening lead: ♣ Q			

Now there was a temptation to play another spade. Yes, that would have been fine if declarer had finessed dummy's seven, but that would have risked going down with spades 3-2. Instead, South carefully played the ace and another diamond. West won that trick and cashed his club 10. Now, though, to avoid conceding a ruff-and-sluff, West led his spade six. Declarer covered with dummy's seven to win the trick and make his contract.

# CROSSWORD

- Across**
- 1 #1
  - 7 #2
  - 14 Crone
  - 15 Sarajevo citizen
  - 16 Gets to
  - 17 Settled down
  - 18 Merry, in Metz
  - 19 Prog. formally reinstated at Harvard in 2011
  - 21 Hotel experience
  - 22 Sturdy trees
  - 24 #3
  - 26 #4
  - 29 Future D.A.'s hurdles
  - 31 Future salmon
  - 32 Troubles
  - 33 Belg. locale
  - 35 Travel guide listing
  - 37 #5
  - 38 It's a bit more than it sounds, and

- hints at this puzzle's theme
- 41 #6
  - 43 MS-\_\_
  - 44 Party bowlful
  - 45 Goddess usually depicted holding an ankh
  - 46 "M\*A\*S\*H" rank: Abbr.
  - 48 Some archaeological sites
  - 52 #7
  - 53 #8
  - 55 Pique-nique setting
  - 56 Karate training site
  - 59 Lose steam
  - 61 \_\_ Speedwagon
  - 62 Becomes more complex
  - 65 High-tech med. procedure
  - 67 Police actions
  - 68 Speak well in public
  - 69 #9
  - 70 #10

- 25 Have an inclination
- 27 Variety
- 28 Language suffix
- 30 Czech composer Josef, son-in-law of Dvorák
- 32 Frozen treat
- 34 Like half of Poland's flag
- 36 Silent assent
- 38 Horse racing accessories
- 39 Ex-quarterback Tony
- 40 Clearasil target
- 41 Cookout morsel
- 42 Brutus Buckeye is its mascot: Abbr.
- 47 Really pumped

- 49 \_\_ Aurelius, second-century Roman emperor
- 50 What a sprinter might run out of
- 51 #13
- 53 "\_\_ know you?"
- 54 Musical nonsense syllables
- 57 Intl. energy group
- 58 Bach's "\_\_ , Joy of Man's Desiring"
- 60 Hugh Laurie's alma mater
- 62 Unit of hot mustard, for most
- 63 NW Penn. airport
- 64 Aircraft in the Smithsonian Inst. collection
- 66 Chem., for one

D	Y	E	S		S	O	F	A	R		M	A	M	A
J	E	L	L		K	R	O	N	E		E	V	E	S
S	A	F	E	T	Y	N	E	T	S		D	I	A	S
			A	R	E	A			T	R	I	A	G	E
A	G	A	Z	E		T	W	O	S	E	A	T	E	R
M	A	L	I		R	E	E	K		I	N	E	R	T
F	L	E	E	C	E		L	I	O	N				
	S	C	R	A	M	B	L	E	D	E	G	G	S	
				R	Y	E	S		E	R	R	A	T	A
S	T	R	I	A		H	E	E	D		E	G	A	D
W	O	O	D	F	I	R	E	D		S	W	A	G	S
A	M	B	I	E	N			A	G	R	I			
T	A	R	O		C	R	I	M	E	A	N	W	A	R
A	T	O	M		A	I	R	E	R		T	I	N	E
T	O	Y	S		S	P	A	S	M		O	N	Y	X

- Down**
- 1 Most of the periodic table
  - 2 \_\_ Thule: distant place in medieval geography
  - 3 HHS agency
  - 4 Sunny
  - 5 "You are!" retort
  - 6 Argonaut known for wise counsel
  - 7 Cookout fare, briefly
  - 8 Awaken
  - 9 "Ya think?"
  - 10 Fit-for-service designation
  - 11 Urban design
  - 12 "Some \_\_ meat and canna eat": start of the Selkirk Grace
  - 13 Conclusion
  - 14 #11
  - 20 #12
  - 23 Lifts

	1	2	3	4	5	6		7	8	9	10	11	12	13		
14									15							
16									17							
18				19			20		21							
22			23		24			25				26	27	28		
29				30		31					32					
				33		34		35		36		37				
					38			39			40					
41	42					43				44						
45							46		47		48		49	50	51	
52							53			54		55				
								56	57	58			59		60	61
62	63							64			65		66			
67											68					
69											70					

# Your Birthday

SATURDAY, FEBRUARY 10, 2018

Good fortune is heading your way. It's time to make positive personal and professional changes. Look at your options and consider the best way to move forward. Mental and physical alterations and updates will enhance your resume and help you promote your assets.

**AQUARIUS** (Jan. 20-Feb. 19) — Make changes based on reality. Do your due diligence and know exactly what you are capable of handling. Get promises in writing to ensure that you are going to get what you ask for.

**PISCES** (Feb. 20-March 20) — Charm shouldn't be the deciding factor when someone tries to push you into doing something questionable. Make a counteroffer, stick to high standards and be prepared to walk away, if necessary.

**ARIES** (March 21-April 19) — A trip, reunion or personal change will do you good. Attending a retreat or searching for inner truth and verification of your beliefs will encourage you to make positive revisions.

**TAURUS** (April 20-May 20) — A financial gain or gift is heading your way. An improvement you wanted to make to your life, domestic environment or community will lead to a new opportunity.

**GEMINI** (May 21-June 20) — Personal gains should be your focus. Spend time updating your look, nurturing an important relationship or setting time aside to rejuvenate. Romance is encouraged.

**CANCER** (June 21-July 22) — Being

tempted by change will not be in your best interest. Think matters through and consider the motive behind your desire for something new. You'll find comfort in familiarity.

**LEO** (July 23-Aug. 22) — Personal improvements will make you feel good about your appearance. A little charm will entice someone special to get involved in something you enjoy doing. A short trip looks inviting.

**VIRGO** (Aug. 23-Sept. 22) — Make positive changes at home. Work alongside those you live with to ensure that no one feels left out or becomes disgruntled by the decisions you make. Be open to suggestions and compromises.

**LIBRA** (Sept. 23-Oct. 23) — Don't be daunted by what someone else says or does. Follow your heart and use your intelligence to help you find your way. Accept the inevitable and forge ahead.

**SCORPIO** (Oct. 24-Nov. 22) — Find a way to incorporate the old with the new if you want to come up with something that will appease your opponents and excite your supporters.

**SAGITTARIUS** (Nov. 23-Dec. 21) — Your charm and persuasive ability will lead to greater popularity. Love and romance are featured, and a change in your status or direction looks promising.

**CAPRICORN** (Dec. 22-Jan. 19) — Keep your distance from individuals who appear to be unstable or unpredictable. Refuse to let anyone use emotional manipulation to coax you into doing something you are best off avoiding.

## THE RECORD

Follow The Sherbrooke Record on Facebook and Twitter!



### GARAGE PROMOTION



# GET \$75 BACK OR \$50 BACK



Purchase two (2) qualifying Monroe® Quick-Strut® Replacement Assemblies and get a **\$75 Mastercard® Prepaid Card\*** by mail;

OR: Purchase two (2) qualifying Monroe® OESpectrum® or Monroe® Reflex® Struts and get a **\$50 Mastercard® Prepaid Card\*** by mail.

OFFER VALID: **until March 31, 2018**  
WWW.MONROE.COM **LIMITED COUPONS AVAILABLE**

The Monroe® Preferred Consumer Coupon is a mail-in offer. Restrictions apply. Offer may not be combined with any other Tenneco discount, offer or rebate.  
**Free wheel alignment**



# BUY 4 FOR THE PRICE OF 3



Purchase a combination of four (4) qualifying Monroe® or Rancho® products and get a **Mastercard® Prepaid Card\*** by mail equal to the lowest priced unit, up to the current suggested list price.

OFFER VALID: **until March 31, 2018**  
WWW.MONROE.COM **LIMITED COUPONS AVAILABLE**

The Monroe® Preferred Consumer Coupon is a mail-in offer. Restrictions apply. Offer may not be combined with any other Tenneco discount, offer or rebate.  
**Free wheel alignment**

**Garage Mécanique Fletcher**  
3040 Capelton Road, North Hatley  
Tel. 819-842-2914  
www.garagemecaniquefletcher.com

## Over 100 years of Townships's history at your fingertips!

# www.sherbrookerecord.com



THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897

- HOME NEWS SPORTS CLASSIFIEDS OBITUARIES PHOTOS VIDEOS **ARCHIVES** E-EDITION

### The Record archives are online!

## Go to our website and click on the Archives menu and search The Record as far back as **1911**.