

City seeks artists for graffiti project

Record Staff SHERBROOKE

The City of Sherbrooke Tags and Graffiti Committee is inviting urban artists to submit their candidature, no later than August 27, for a new mural project to adorn the concrete walls surrounding the bicycle path and the railway under the Belvédère South bridge, between the Marché de la Gare and the Cigarerie parking lot.

This project is aimed at graffiti artists who have their principal residence or are working or studying in Sherbrooke. Selected artists can join with artists from other regions of Quebec, but the majority must be from Sherbrooke. The proposed works should refer to the development of the site, which was closely linked to railway history.

A jury of representatives from the City of Sherbrooke, external experts, and representatives from Destination Sherbrooke, which initiated the project and financially supports it, will study the files received and make its recommendation to the Visual Arts Commission. The latter will then endorse the decision to the Executive Committee. Artists or groups of selected artists will be notified in early fall. The works will be produced towards the end of spring 2018.

Interested artists can visit sherbrooke.ca/graffitis for selection criteria, technical requirements and additional information.

Wilson Street bids farewell to Jeff Cheal



GORDON LAMBIE

Wilson Street Softball League Commissioner Jeff Cheal passed the torch to coach and parent Dana Lassenba, who will assume the role as of next year.

By Gordon Lambie

The Wilson Street Softball League turned a page on Saturday as the members of its eight teams celebrated the end of Jeff Cheal's last season as league commissioner. By his own estimation, this is Cheal's ninth year in the role and 12th as coach with the ball league for locals seven to twelve years

old for boys or thirteen for girls.

"It's been a blast," Cheal told The Record as the last game of the season got started in Huntingville Saturday morning, "it's been a big part of my Saturday mornings for sure."

The outgoing commissioner explained that although the job involved everything from coordinating team schedules and volunteers to keeping on

top of equipment and umpire availability, the positive impact it has had on local children over the years has made the experience more than worth it.

"It's a little bit of work, but when you enjoy it, it doesn't seem like it," Cheal said, adding, "I love seeing the little kids happy."

CONT'D ON PAGE 3

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LOW OF 16



THURSDAY:
SHOWERS

HIGH OF 25
LOW OF 15



FRIDAY:
60% CHANCE
OF SHOWERS

HIGH OF 24
LOW OF 10

Mansonville Public Market



THE SCOOP

MABLE HASTINGS

If you have not yet had the chance to stop by the Saturday Mansonville Public Market (farmer's market and organic produce) yet, you might want to add it to your list of things to do in Pottton. Located in front of the historic round barn, the market offers locally grown fresh vegetables and a variety of other delicacies including: honey, syrup, jam, herbs, plants etc...

For the Ken Jones Centre (KJC), the market provides the perfect spot to display a variety of their "Stone Seed" products including their Stone Seed Bread, made locally by the Owl's Bread Bakery, is on sale in the KJC kiosk at the market. With a variety of ingenious products and a great story to tell about their creation, you may be greeted by summer student, Alex Fidler Jr, aka Fred "Bedrock" Flintstone or famous engineer volunteer, Michel Trudel (pictured here).

Local craftspeople, live music most Saturdays and a fun experience visiting with friends and neighbours await you at the market giving you the perfect opportunity to buy top quality food and more at a very reasonable price. You will also walk away with a sense of pride in supporting local farmers, craftspeople and groups.

The market is open Saturdays from 9am to 1pm. Visit their facebook page at Mansonville Public Market to get the schedule of activities and latest updates. For information call: 450-292-0732

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Natasha Charby, Alexandre Fidler Jr. and Perry Hicks (KJC Chairperson) pose in the Ken Jones Centre kiosk at the local Saturday Public Market in Mansonville.



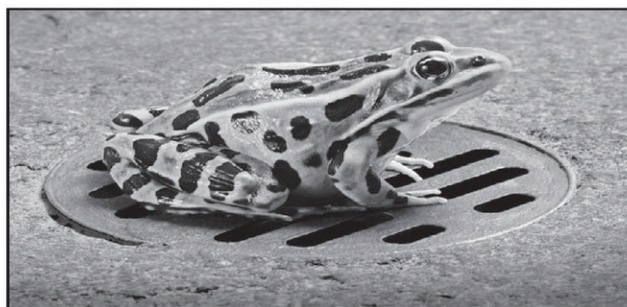
PHOTOS COURTESY

Alexandre(aka Fred Flintstone), Perry Hicks and Michel Trudel (volunteer) display their goodies at the Ken Jones Kiosk at the Mansonville Public Market

Across the road from the market you may find a treasure at the Saturday Flea Market managed by the Retired Club for seniors. Located in the basement of the St.Cajetan Catholic Church (324 Rue Principale), the flea market is open from

9am to 3pm. If you would like to donate items, in good condition, contact 450-292-3250.

There is always something to discover in Pottton where Saturdays are always busy and friends are always welcome.



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Ben by Daniel Shelton



LOCAL NEWS

In recognition of the significant role he has played, Cheal was presented with a special "Wilson Street Retiree" t-shirt donated by Bene Creations in Lennoxville as a part of the end of season barbeque.

Wilson Street

CONT'D FROM PAGE 1

"Jeff takes care of everything," said Coach Dana Lassenba, praising the man's dedication to the junior softball league "We've been so lucky to have him."

Lassenba and her husband Steve will be taking over the commissioner role next year after having started coaching teams two years ago.

"I played in the league as a little kid," the incoming commissioner said, explaining that more than just being an opportunity to play sports, Wilson Street Softball is a caring community and a kind of local culture that has been passed from hand to hand over the years.

In the same vein, Cheal described himself as just another link in the chain of people who have helped to coordinate the Wilson Street League since its original founding by Jim and Wendy Wark.

"I have been involved with ball pretty much my whole life and enjoyed it thoroughly, this was pretty much the next step," the outgoing commissioner said. Reflecting on his decision to leave, Cheal said that the passing of the torch was as simple as could be. "People just step in. I didn't really even ask, I just said I was thinking of getting out of it because my kids are growing up and right away these guys said, no problem."

Although stepping back from the Wilson Street league, Cheal said that he will likely just be moving his involvement to the Wark teen league that was founded in recent years to help bridge the gap between Wilson Street and the Waterville adult league

"My kids are still playing ball in the teenage league," he noted, "so that's probably my next step."

In recognition of the significant role he has played, Cheal was presented with a special "Wilson Street Retiree" t-shirt donated by Bene Creations in Lennoxville as a part of the end of season barbeque.

While praising the commissioner for the work he has done, Lassenba also highlighted the fact that all of the work of the league is supported by donations and volunteer work. Using the example of the barbeque itself, she pointed out that the celebration would not have been possible without contributions from Lennoxville's Jean-Coutu, Subway, and Provigo, as well as a very significant donation from the Luce family. These donations and others like them, she said, help maintain the league's focus on keeping enjoyment at the heart of the organization.

"It's all about learning and having fun," the incoming commissioner said.

Lennoxville sign is returned



MATTHEW MCCULLY

The wooden sign that disappeared during recent work on the veterans park next to Lennoxville's Borough Office is back on its posts. No one from the Borough was available over the weekend to clarify the circumstances of the sign's mysterious reappearance, although it was clarified that the sign is the original and not a replacement. The original disappearance prompted concern in the community because of the fact that the City of Sherbrooke has no investment in the sign, which dates back to Lennoxville's time as a separate municipality.



COURTESY



GORDON LAMBIE



GORDON LAMBIE

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Accused of indecent acts, Pruneau enters therapy

Record staff
SHERBROOKE

A man who allegedly gestured that he was masturbating in a park in east Sherbrooke last week has been placed in the care of a therapy center.

Daniel Pruneau was released on Thursday by Judge Claire Desgens of the Court of Québec under severe conditions. Pruneau must spend 24 hours, seven days a week at the therapy home to try to solve drug use problems.

The 42-year-old is accused of committing an indecent act in a public place and of criminal harassment of a minor. Pruneau allegedly committed these acts through a fence as he watched children playing at Edouard-Boudreau Park on 10th Avenue South on the evening of July 4.

Adults who witnessed the scene in-

tervened to put a stop to the apparent gestures.

Under his conditions of release, Pruneau will not be able to contact these people and is forbidden to consume alcohol or drugs. Before being released, Pruneau was declared fit to face legal proceedings after a forensic psychiatry assessment and will continue his follow-up with a psychiatrist.

As part of his conditions, Pruneau is prohibited from visiting parks, playgrounds or swimming pools where people under the age of 16 could be found and is also prohibited from volunteering or accepting employment in which he could come into contact with minors under the age of 16.

Pruneau is well-known to police in other matters and also faces accusations of breaking probation conditions.

36th edition of la Fête du Lac des Nations

By Ocean Francoeur
Special to The Record

The Fête du Lac des Nations in Sherbrooke will be starting on July 18 until July 23. Fans of the Tea Party, Hedley and David Usher, among many others, will be able to jam out to some purely Canadian sound. Kids and adults

alike will also be able to enjoy a huge assortment of carnival rides, a skate park and, of course, watch the only pyro-musical contest in North America: Les Grands Feu Bell, a grandiose firework show starting at 10 p.m. The Fête is sure to make for some great summer memories for all.

Potton students host rare flying visitor

Record Staff
SHERBROOKE

Students at a school in Potton Township got an unexpected surprise recently when an extremely rare bird chose to establish its nest in the chimney of their school.

The chimney swift is a species that is threatened by the destruction of its habitat. As the Appalachian Corridor reports,

the bird originally nested in large hollow trees but, due to forestry practices, it has been forced to turn to stone or brick chimneys like the one found at Mansonville Elementary School.

The chimneys are a perfect substitute for their natural choice, with their porous surfaces ideal for a small half-moon nest in.. Unfortunately, these are often replaced by metal chimneys that too smooth for the next to cling to. In ad-

Gov't grant to help restore historic Church

Record staff
SHERBROOKE

Saint-François MNA Guy Hardy, has announced government financial support of \$67,407 for the restoration of the wooden exterior cladding and the windows of Sherbrooke's Church of the Advent on Bowen St. South.

This grant from the 2017-2018 religious heritage restoration program recently announced by Sherbrooke MNA and minister responsible for the Estrie region and Minister of Culture and Communications, and Minister responsible for the Protection and Promotion of the French Language, Luc Fortin. This budget, which amounts to

\$12 million for Québec as a whole, has been increased by 20 per cent over the previous four years and can cover up to 85 per cent of the costs of restoration projects.

"The Church of the Advent has exceptional heritage value and is a strong identity benchmark. This investment, which will be used for its restoration, will ensure the permanence of this place of worship testifying to the cultural richness of the region," Hardy said. "I would like to highlight the mobilization of those involved in the field who, through their motivation and creativity, also ensure the preservation of an important part of the history of our region and of Quebec."



(MIKE MCDEVITT)

dition, grids are often installed to prevent birds from entering."

As a result, an agreement has been signed with the Eastern Townships School Board to ensure that certain practices are respected at the school. For example, the chimney should not be swept as long as the bird is there - until the end of August. Students were also interviewed to explain to them the characteristics of the rare bird that they can

hear and observe. Swifts are almost always in the air and have very short legs that prevent them from landing on electrical wires or branches of trees. As a result, they fly all day and, only use their nests to sleep at night.

Over the last few years, the Appalachian Corridor has worked to raise awareness of the chimney swift.

Five things to watch for in the Canadian business world in the coming week

The Canadian Press

Five things to watch for in the Canadian business world in the coming week:

Premiers meeting: Canada's premiers will get together beginning Monday in Edmonton for their annual meeting, where there is no shortage of topics to discuss. NAFTA renegotiations, the softwood lumber dispute and pipelines are just a few of the issues on the minds of

the provincial and territorial leaders and they can make for some difficult conversations.

Speaking of premiers: John Horgan and his cabinet will be sworn in on Tuesday in Victoria. British Columbia's premier-designate has so far not laid out specifically how he would stop Kinder Morgan's Trans Mountain expansion, one of many issues the business community will be watching for.

What the Sears? The national retailer

rolled that slogan out late last year, but now that could serve as a rallying call for laid off workers angry that they lost severance payments as the company undergoes restructuring. Sears Canada returns to court Tuesday in Toronto, where it's expected to argue its case to begin liquidation sales by Friday.

Inflated importance: Statistics Canada releases the latest inflation figures Friday. The data will be scrutinized, particularly after the Bank of Canada, in

justifying its decision to raise the interest rate, said last week it believes the softness in inflation is temporary. The central bank's inflation target is two per cent, and in May it was 1.3 per cent.

The bottom line: There are a few corporate notables on the earnings front this, including Rogers (TSX:RCI.B), Canadian Pacific Railway (TSX:CP), Encana (TSX:ECA) and Husky Energy (TSX:HSE).

EDITORIAL

One of Trump's major election topics was the existence of 'trade deficits' with America's partners, a situation that he simplistically believes indicates that America is getting a bad deal.

The art of the Deal



MIKE McDEVITT

In exactly thirty days' time, representatives from Canada, the United States, and Mexico will begin formal talks aimed at addressing issues of contention under the North American Free Trade Agreement (NAFTA). The negotiations represent a sort of fulfillment of one of President Donald Trump's major campaign promises - to secure a 'better deal' for the United States from its partners.

Trump originally pledged to scrap the 1994 agreement, which he claimed was grossly unfair to American interests, but after speaking with people who actually know about trade, has rolled that commitment back considerably. Nonetheless some Canadian producers are extremely concerned that the erratic president - and the buffoons that form his government - could still do considerable damage to a longstanding relationship that most economists agree has benefited all three signatories. Nevertheless, as in all these agreements, there are winners and losers on both sides of the border and, naturally, Trump has chosen to focus on those areas in which he sees American interests being threatened.

Part of Trump's attitude towards trade agreements - he doesn't like them unless they're one-on-one - stems from his immature view of how these things are supposed to work. In the Donald's world, all deals are win-lose situations in which winning is not complete unless someone is losing and the mere existence of situations in which American producers are disadvantaged is interpreted as a 'losing' one, feeling, as usual, that America has been 'treated very badly' by its most important trading partners and claiming that he could get a better deals by negotiating more advantageous case-by-case arrangements. As panicked state Governors and con-

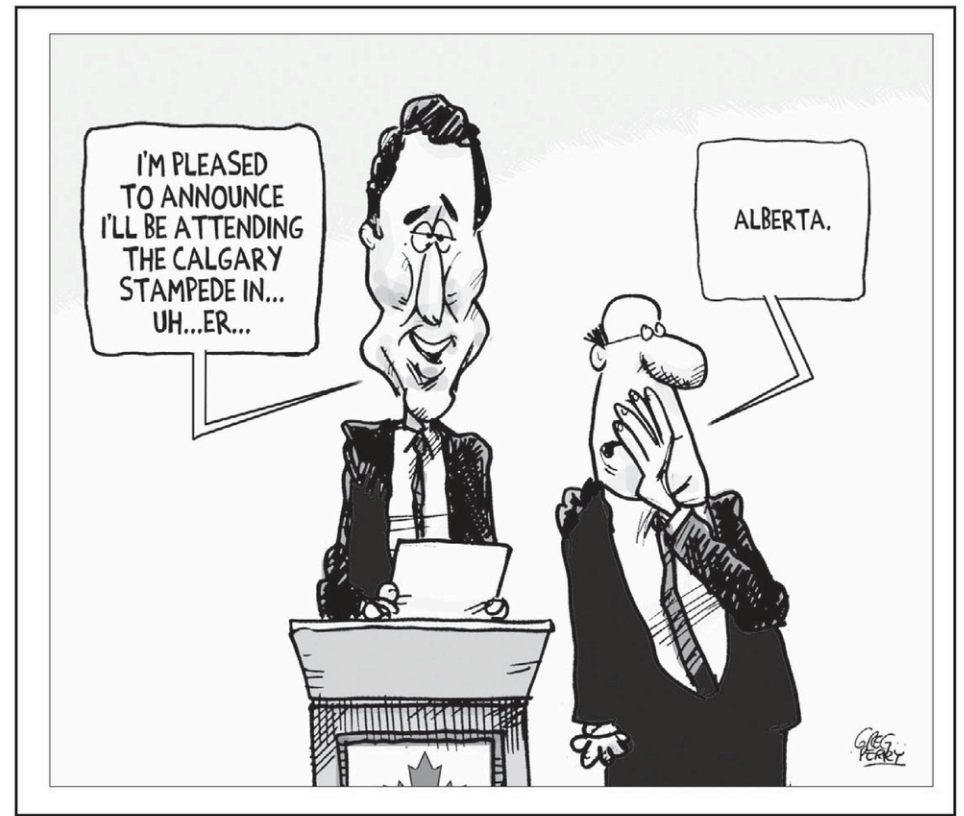
gressional representatives have tried to educate him on the fundamental interconnectedness of the three economies and the importance of the tripartite agreement, Trump is now demanding 'tweaks' to address some specific issues - and there are a few.

Today, American Trade Representative Robert Lighthizer will reveal his government's negotiating objectives, as required by law and we will all have a better idea of what, exactly, the US government hopes to gain from the talks. Although the details have yet to be revealed, it is possible to make some educated guesses as to how the US hopes to alter the deal.

One of Trump's major election topics was the existence of 'trade deficits' with America's partners, a situation that he simplistically believes indicates that America is getting a bad deal. Experts, however, question the validity of using industry-specific deficits and have warned that taking that approach could scuttle the entire framework.

One specific bone of contention lies with the automotive sector, an industry that is complex and which requires parts that are manufactured in a number of countries and whose rules for 'American content' are convoluted and complex - a sure sign the President is incapable of understanding them - and even American negotiators are wary of opening up what they see as a dangerous can of worms. Free trade with Mexico in this area has contributed considerably to the downward pressure on American auto workers' wages and benefits. but addressing this issue in a meaningful and positive way would likely be extremely difficult and most analysts believe that restrictions on the international nature of auto production is likely to be futile as manufacturers would probably opt to pay additional tariffs rather trying to avoid them. For an industry already struggling, a significant increase in the cost of doing business is not likely to be welcomed.

Another bone of contention concerns Canada's supply-side management system for agricultural products such as dairy, poultry, and eggs, which Americans believe amounts to an unfair subsidy and discrimination against American farmers. Calls for the system's



end have diminished recently, however, with the focus now aimed at what US producers feel is the 'dumping' of excess products on the global market. If this trend holds true, Canadian producers can breathe a little more easily as 'tweaking' this arrangement is certainly not the same as abandoning it, which would require a great deal of time and negotiation to complete and which could not occur without Canada getting something substantial in return.

Another area of concern concerns the free movement of specialized workers between borders. An awful lot has changed in the workforce since 1994 and the US is anxious to update the list of professions with cross-border mobility rights to include digital technology workers and to come to terms with regard to electronic commerce and intellectual property. These issues were addressed in talks leading up to the now defunct Trans-Pacific Partnership and it shouldn't be too difficult to incorporate language already agreed upon into new wording under NAFTA. There should be little opposition to this plan.

Another area of contention that has come into the fore once again is the issue of softwood lumber, imports of which the Donald has already addressed by his imposition of additional tariffs, an act that will once again settled by arbitration. The US has already lost in arguing this issue and it isn't very likely that they'll prevail this time either. More importantly, the tariffs are causing considerably more problems for American

consumers than to Canadian producers, who are actively both fighting the decision and seeking out additional markets.

So as Canadians and Mexicans anxiously await the publication of Lighthizer's objectives in the face of the Donald's bombast, the actual negotiations are likely to proceed much more calmly than the 'tough talk' would indicate/. Essentially, the agreement has been beneficial to all three economies and undoing it would cause considerably more harm than good and American negotiators are very well aware of that fact.

NAFTA is almost a quarter of a century old and, in that time, both the nature and content of international trade have undergone dramatic change and the time is probably ripe for bringing it up to date. Assuming American negotiators are more interested in improving the arrangement - and not just helping Trump keep an ill-thought out promise - negotiations should proceed within a calm and purposeful manner without unnecessary drama and conflict. We are talking about the Donald, however, and his eagerness to offer ill-informed opinions is not likely to disappear soon, particularly as economic conditions in the US stagnate and workers are looking for someone to blame for their waning fortunes. Saner heads will prevail, however as the Donald has to deal with other trading - that of information exchanged between his gang of thugs and those of the Russian president. He probably won't like how that turns out either.

Letters

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Local Sports

Simoneau scored 89.2331 points in the solo prelim, performing her routine to the music of *The Red Violin Soundtrack*, for a fifth-place finish.

Canada's Simoneau advances to two synchro swimming finals at world championships

The Canadian Press

Canadian Jacqueline Simoneau advanced to the finals in two separate synchronized swimming events after strong preliminary-round performances on Friday at the FINA World Championships.

The 20-year old from Montreal first

qualified for Saturday's solo technical final, then advanced to Sunday's final in the duet technical event with partner Claudia Holzner of Calgary.

Simoneau scored 89.2331 points in the solo prelim, performing her routine to the music of *The Red Violin Soundtrack*, for a fifth-place finish. The top 12 athletes from the field of 32 competitors

advance.

Russia's Svetlana Kolesnichenko was first, Ona Carbonell of Spain was second and Yukiko Inui of Japan was third.

Later in the day, Simoneau joined the 23-year-old Holzner and swam to a strong seventh-place finish in the duet prelims to book their spot in Sunday's final.

Russian pair Svetlana Kolesnichenko and Alexandra Patskevich were first while Chinese twins Jiang Tingting and Jiang Wenwen were second. Ukrainian duo Anna Voloshyna and Yelyzaveta Yakhno were third.

Olympic gold medallist MacLennan finishes first in qualifying at nationals

The Canadian Press

Rosie MacLennan, the defending Olympic trampoline champion, made her return to competition Friday at the Canadian championships and didn't disappoint, finishing in first after the qualification rounds.

"I was really excited to come to nationals, especially with a strong field and a lot of up-and-coming girls," MacLennan said. "I was excited to see what they were going to pull out and perform."

"It felt really nice to be back in the competitive field and it's another step-

ping stone in my path of preparation for international competitions."

MacLennan, a King City, Ont., native, finished the day with a total of 106.015 points, more than four ahead of Samantha Smith of B.C., in second with 102.020. Sophiane Methot of Quebec was third with 101.270.

The visiting Australian team dominated the senior men's trampoline qualifiers finishing 1, 2, and 3. But as visitors, they can't force Canadians out of the standings, leaving Ontario's Jacob Cranham tied for first with 102.330. B.C.'s Andrew Martin was second with Alberta's Kyle Soehn third.

Nats get Madson, Doolittle from A's for Treinen, prospects

The Associated Press

Looking to fortify a bullpen that has blown more than a third of its save chances, the Washington Nationals acquired relievers Ryan Madson and Sean Doolittle from the Oakland Athletics for right-hander Blake Treinen and a pair of prospects.

Left-hander Jesus Luzardo and infielder Sheldon Neuse were sent to Oakland as part of Sunday's deal.

A 36-year-old right-hander, Madson has a 2.06 ERA and is seventh among relievers in hits plus walks per inning at 0.79. He has not allowed any of the seven inherited runners to score in his past 13 appearances and has held opponents to a .188 batting average.

Doolittle is a 30-year-old left-hander who has held left-handed batters hitless in 23 at-bats this year with 12 strikeouts and no walks. He is 1-0 with three saves, a 3.38 ERA and 31 strikeouts in 21 1/3 innings.

NL East-leading Washington has a strong rotation led by Max Scherzer (11-5), Stephen Strasburg (9-3) and Gio Gonzalez (8-4) but has converted just 22 of 36 save chances. Bullpen issues helped lead to the Nationals' elimination in the NL Division Series in 2012, 2014 and 2016. The Montreal Expos/Nationals franchise has never reached the World Series.

Nationals closer Koda Glover converted eight of 10 save chances but has not pitched since June 10 because of severe inflammation of the rotator cuff. Treinen, 29, started the season as Washington's closer and is 0-2 with a 5.73 ERA in 37 relief appearances, allowing opponents a .320 batting average.

Washington assumes the rest of Madson's \$7.5 million salary this season and his \$7.5 million salary in 2018. The Nationals also pay the remainder of Doolittle's \$2.6 million salary this year and his \$4.35 million pay in 2018. Washington acquires options for Doolittle at \$6 million for 2019 and \$6.5 million in 2020, with a \$500,000 buyout if either is declined.

In addition, the Nationals must pay \$250,000 assignment bonuses to both pitchers.

Neuse, a 22-year-old who plays shortstop and third, was a second-round draft pick in 2016 and is hitting .291 with nine homers and 51 RBIs at Class A Hagerstown in the South Atlantic League.

Luzardo, 19, was a third-round draft pick in 2016 and is 1-0 with a 1.32 ERA at the Gulf Coast Rookie League Nationals in his return from Tommy John

surgery on March 22 last year.

Washington right-hander Joe Ross, who is to have Tommy John surgery on Wednesday, was transferred to the 60-day disabled list. Oakland selected the contract of right-hander Simon Castro from Triple-A Nashville.



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Death



Raymond BÉDARD
(1939 – 2017)

Passed away at the CSSS Memphremagog on July 12, 2017 at the age of 78. Husband to Rhéa Boisvert and son of the late Florence Hamel and the late Wilfrid Bédard.

He leaves to mourn his children: Alain (Francesca Rossy), Lisa (André Fisette) and Lyne (late Normand Lapenna); his grandchildren: Constance, André-Jean, Amélie, Cody and Léa, as well as his sister Denise. He also leaves his brothers-in-law, sisters-in-law, nephews, nieces, other relatives and friends.

The family wishes to sincerely thank: Martha, Marie-Ève, Michel, Dr. Guay, Father Gérard Ringette as well as the care givers at Grace Village, the CHSLD and the CLSC Memphremagog for the excellent care provided to Raymond.

Visitation will take place at the Cass funeral Home, 545, Dufferin in Stanstead, on Tuesday, July 18, 2017 from 9 a.m. to 11:45 a.m. Funeral services will follow at 12 p.m. at the Sacré-Coeur church in Stanstead. Interment at the Mont-Sainte-Marie cemetery.

As a tribute to his memory, donations to the Baluchon Alzheimer Foundation, 10138, rue Lajeunesse, Bureau 200, Montréal, QC, H3L 2E2, would be appreciated by the family.

CASS FUNERAL HOMES
Stanstead & Ayer's Cliff
545 Dufferin St., Stanstead QC
www.casshomes.ca

PHONE: 819-876-5213
FAX: 819-876-5213
info@salonfunerairecoaticook.com

Death



Germaine MACAULAY Lapointe
(1932-2017)

Passed away at Aube-Lumière on June 29, 2017 at the age of 84. Wife of the late John MacAulay from Scotstown and loving daughter of the late Yvonne Frank and the late Roméo Lapointe. She leaves to mourn her children: Patricia (Réal Bruneau), Michael (Roxanne Lloyd), Iain (Linda Irving) and Donald; her grandchildren : Amélie, Louis-Philippe-Marc-Antoine, Jean-Sébastien, the late David, Jonathan, Kevin, as well as her sisters: Marleen (the late Peter), Louise (Steve) and the late Réjean (Fern Thompson), along with many nieces and nephews.

The family would like to thank the staff at the Hotel-Dieu palliative care unit as well as the staff and volunteers at Aube-Lumière.

The family will receive condolences at the St-Paul's Catholic Church, Ditton St. Scotstown, on Saturday, July 15, 2017 from 9:30 a.m. to 11:00 a.m., followed by the funeral service at 11:00 a.m. Interment will follow at the Riverview cemetery in Scotstown.

In lieu of flowers, donations to Aube-Lumière- <http://aubelumiere.com/don/> or the Riverview cemetery would be appreciated. Donation forms will be available.

CASS FUNERAL HOMES
3006 College St., Sherbrooke QC
www.casshomes.ca

PHONE: 819-564-1750
FAX: 819-564-4423

Cemetery Meeting

CHERRY RIVER CEMETERY ASSOCIATION

The Cherry River Cemetery Association will hold its annual meeting on August 7, 2017 at 6 p.m. sharp at 1476 chemin Alfred-Desrochers, Orford.

Do just one thing



By Danny Seo

Plastic binders can be very difficult to recycle because most curbside recycling programs don't accept this unusual grade of plastic. Instead of tossing your heavy-duty binders in the trash, take them to Office Depot or OfficeMax for free recycling. The stores have partnered with TerraCycle to separate all the materials in the binders for recycling. And when you take in your old binder for recycling — regardless of where you bought it — the stores will give you \$2 off the purchase of a new one.

MONDAY, JULY 17, 2017

Today is the 198th day of 2017 and the 28th day of summer.

TODAY'S HISTORY: In 1918, abdicated czar Nicholas II and his family were executed by Bolsheviks at Yekaterinburg, Russia.

In 1945, President Harry S. Truman, Soviet Premier Josef Stalin and British Prime Minister Winston Churchill met at the Potsdam Conference in Germany.

In 1955, Disneyland opened in Anaheim, California.

In 1975, a U.S. Apollo spacecraft docked with a Soviet Soyuz spacecraft, and astronauts from both countries held the first international meeting in space.

TODAY'S BIRTHDAYS: Erle Stanley Gardner (1889-1970), author/lawyer;

Datebook

James Cagney (1899-1986), actor; Art Linkletter (1912-2010), TV personality; Phyllis Diller (1917-2012), comedian/actress; John Cooper (1923-2000), automobile designer; Vince Guaraldi (1928-1976), composer; Diahann Carroll (1935-), actress; Donald Sutherland (1935-), actor; David Hasselhoff (1952-), actor; Mark Burnett (1960-), television producer; Dawn Upshaw (1960-), opera singer; Luke Bryan (1976-), singer-songwriter.

TODAY'S FACT: Disneyland's opening day, intended as an exclusive event with limited invitations, was a disaster. Counterfeit passes and thousands of uninited guests led to overcrowding, power outages, malfunctioning rides and depleted concessions.

TODAY'S SPORTS: In 2005, Tiger Woods won the British Open, becoming

only the second golfer (after Jack Nicklaus) to win each major championship more than once.

TODAY'S QUOTE: "The best fighters don't worry about what the other man may do. And if they keep things moving fast enough, the other man is too busy to do much thinking." — Erle Stanley Gardner, "The Case of the Baited Hook"

TODAY'S NUMBER: 20 — U.S. Air Force B-2 Spirit stealth bombers in service. The first flight of the aircraft was completed at Edwards Air Force Base in California on this day in 1989.

TODAY'S MOON: Between last quarter moon (July 16) and new moon (July 23).

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Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)
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For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.
For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) or e-mail: production@sherbrookerecord.com between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called. Rates: Please call for costs.

Your Birthday

MONDAY, JULY 17, 2017

Overcome any discord you face in a peaceful manner. Intelligence and integrity will help you remain neutral and out of the line of fire. Don't be tempted to indulge in excessive behavior or emotional mood swings. A steady pace and clear vision are all that's required.

CANCER (June 21-July 22) — You'll be tempted to act out if you don't like what someone is doing. Don't criticize or judge others, or you will get the same in return.

LEO (July 23-Aug. 22) — An unexpected change of plans will make you feel uneasy or uncertain. Ask direct questions to gain a better understanding of the situation and how you should respond.

VIRGO (Aug. 23-Sept. 22) — Engage in discussions that will help you understand how to master a technique or job that can help you get ahead. Don't let love interfere with your professional responsibilities.

LIBRA (Sept. 23-Oct. 23) — You may feel like jumping into something that someone else has labeled a good deal, but a reserved attitude will spare you from the stress that such risk-taking could cause.

SCORPIO (Oct. 24-Nov. 22) — Learn as you go. Keep your thoughts to yourself and consider different ways to use your skills to help bring about a positive lifestyle change. Avoid unnecessary expenditures.

SAGITTARIUS (Nov. 23-Dec. 21) — Change can be good, but don't let impulse take the reins. Do your homework and

find out exactly what you need to know to be successful. Take control, enforce discipline and forge ahead.

CAPRICORN (Dec. 22-Jan. 19) — Take some time to nurture important relationships or to make noteworthy alterations to the way you live. Making home improvements and spending time with family will be rewarding.

AQUARIUS (Jan. 20-Feb. 19) — Miscommunication is apparent. Be careful how you express your thoughts. Focus on what you can do to improve your appearance or capabilities.

PISCES (Feb. 20-March 20) — Lend a helping hand, but don't let anyone take advantage of you. Emotional manipulation will affect the way you feel about someone. Don't give in when you should be saying no.

ARIES (March 21-April 19) — Your emotions will be difficult to control. An argument will lead to regrets. Turn your attention to doing something constructive. Engage in activity with a friend who shares your interests.

TAURUS (April 20-May 20) — Keep busy. Don't let anyone throw you off your schedule by using criticism or negativity. Keep a positive attitude and concentrate on what you are trying to accomplish.

GEMINI (May 21-June 20) — Suggestions will be made if you socialize or share information with your peers. Take whatever you hear at face value, but be prepared to follow through on your own.

MONDAY, JULY 17, 2017

Do not rush; take your time

By Phillip Alder

Tony Benn, who was a cabinet minister in the British Labour government in the 1960s and 70s, said, "It's the same each time with progress. First they ignore you, then they say you're mad, then dangerous, then there's a pause and then you can't find anyone who disagrees with you."

A well-timed pause at the bridge table pays dividends when it permits you to work out the right play. In today's deal, West played far too quickly. South was in three hearts after East had opened with a weak two-bid in spades. West led the diamond king, and declarer discarded his club four on dummy's ace. Then came a club to the king and ace. What should West have done next?

South's three-heart overcall was debatable with so many spades. If South had passed, so would West, because misfits are miserable. Two spades would have gone down at least one.

What could South do with all of his spade losers? Not a lot, but he did know that West was void of the suit.

At trick three, West immediately returned a club, hoping his partner would ruff it and shift to spades. However, declarer trumped in his hand, played a heart to the queen, ruffed another club

North 07-17-17			
♠ 4 2			
♥ Q 5			
♦ A J 10 8			
♣ Q 9 7 6 2			
West			East
♠ —			♠ A K 10 9 7 6
♥ A 10 9			♥ 4 2
♦ K Q 7 6 4 2			♦ 9 5 3
♣ A 10 5 3			♣ J 8
South			
♠ Q J 8 5 3			
♥ K J 8 7 6 3			
♦ —			
♣ K 4			
Dealer: East			
Vulnerable: East-West			
South	West	North	East
3♥	Pass	Pass	Pass
Opening lead: ♦ K			

and led the heart king. West won and returned his last heart, but declarer knew what was happening — he played low! Then when West led the diamond queen, declarer threw a spade from his hand. West had to lead a club or a diamond, and South shed his remaining spades on the diamond jack-10 and club queen-nine.

Nicely played, but at trick three West should have shifted to a trump.

CROSSWORD

Across

- 1 Gumbo pod
- 5 Built with, as straw, sticks or bricks
- 11 Sculler's need
- 14 Indian bread
- 15 On the train
- 16 Sport-__: versatile vehicle
- 17 '70s Wonder Woman portrayer
- 19 Dreidel, essentially
- 20 Thus far
- 21 Bulletin board fastener
- 22 Not at all serious, as threats
- 23 Wonderland creator
- 27 Bridge support
- 29 Rime
- 30 Source, as of knowledge
- 31 Plane arrivals
- 35 Plane measure
- 36 Borden cow ... and a phonetic hint to

- this puzzle's four longest answers
- 38 Joint malady
- 39 Said again
- 41 Longtime P&G soap "for women"
- 42 "Who __ blame?"
- 43 Purvey provisions for a party
- 44 Her fashion company made the Fortune 500 in 1986
- 49 Gabor and Perón
- 50 Hubbubs
- 51 Treat like a dog?
- 54 Luau serving
- 55 "Who's on First?" funny guy
- 59 Drop the ball
- 60 Accumulate on a surface
- 61 Like a busybody
- 62 Ham on __
- 63 Itty-bitty
- 64 Henna and others

- 25 Top-rated
- 26 "Cool!"
- 27 Ripped up
- 28 Bitterly regrets
- 30 Partner of wide
- 31 '60s hallucinogen
- 32 Alaskan city on the Seward Peninsula
- 33 __ gum: thickening agent
- 34 Pigs' digs
- 36 Soulful James
- 37 First of 13 popes
- 40 Comm. system with hand motions
- 41 Art able to
- 43 Singer with Stills, Nash and Young

- 44 Sufferer healed by Jesus
- 45 Old piano key material
- 46 Former name of the Congo
- 47 Breakfast strips
- 48 Smells
- 51 Clever tactic
- 52 "If all __ fails ..."
- 53 Santa's sackful
- 55 Back muscle, for short
- 56 Keats creation
- 57 Waste not
- 58 Tackle's neighbor on the line

Down

- 1 "For Your Eyes __": Bond film
- 2 Multi-talented Danny
- 3 Go ballistic
- 4 "Furthermore ..."
- 5 Colorful parrots
- 6 Old calculators
- 7 Nerds
- 8 Break bread
- 9 Metal-bearing rock
- 10 New Deal pres.
- 11 One-up
- 12 Wake Island or Bikini
- 13 Fend off
- 18 '50s nuclear experiment
- 22 Provide water to artificially
- 23 Maniacs
- 24 Indian spiced tea

L	A	M	B	S		C	H	A	T		L	I	M	E	
A	H	E	A	P		H	I	Y	A		E	G	A	L	
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62									63					64	

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

“ FEHLNARKG RO NANXGKYRHL .
PN YIAN EJKFIOKNB DEOK EV KYN
MNEMFN KYIK JONB KE YRXN JO .”
— PYEEMR LEFBSNXL

Previous Solution: “If De Niro wants to spend the twilight of his career as the McDonald’s of master thespians, we can’t stop him.” — Robert De Niro

TODAY’S CLUE: W sjenbæ d

REALITY CHECK

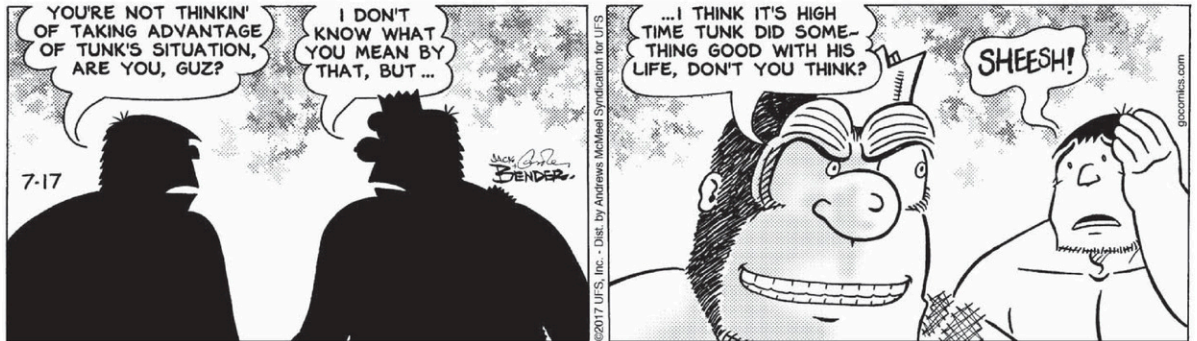


HERMAN



“What do you do in your spare time?”

ALLEY OOP



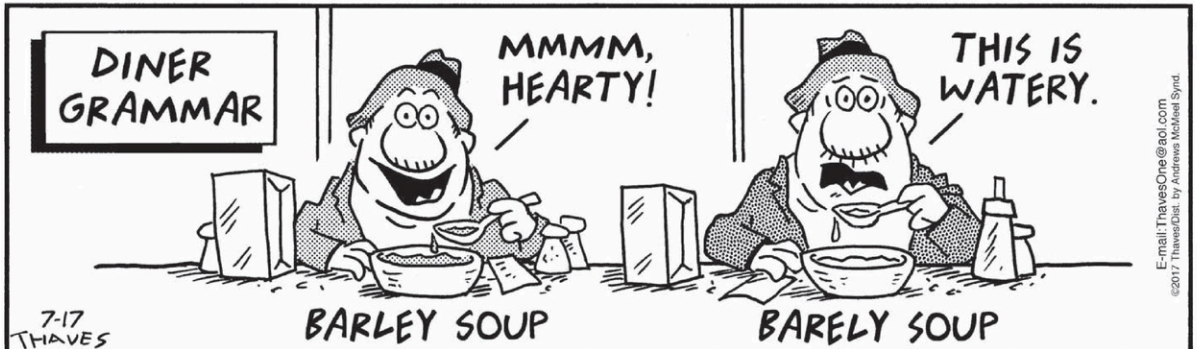
ARLO & JANIS



THE BORN LOSER



FRANK AND ERNEST



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CLASSIFIED

Divulging mental illness in a new relationship

MONDAY, JULY 17, 2017

Dear Annie

Dear Annie: It's no secret that there is a stigma when it comes to mental health in today's society. I've struggled with anxiety and depression for several years now, and I'm fortunate to have it "under control," so to speak, thanks to therapy and medication. I like to think that I am in charge of my illness rather than the other way around, and I don't want to be shy about it, because it is part of who I am. However, I'm now not sure when it's appropriate to share this information with someone.

I am in a happy, healthy new relationship, and I care about my boyfriend very much. I feel that this is something he needs to know about me, but I'm scared to bring it up, because I don't want to scare him off. I'm sure that he will be very understanding once he knows, and I really do want him to know, but I don't know how realistic it is for me to wait for this subject to come up naturally. It is a hard thing to say out loud. The thought of telling him overwhelms me, but I am even more overwhelmed knowing that he doesn't know this huge thing about me. Should I just go ahead and bring it up to him out of the blue and get it over with, or should I wait? — Smitten and Scared

Dear Smitten and Scared: There is no set timeline for divulging mental

health issues to a new partner. The right time is whenever it feels right for you. That means when you trust him, when you're sure the relationship is serious and when the fact that you haven't told him is really bugging you. If you're at that point, then you're ready to have the conversation. Decide ahead of time just how much you want to divulge. A short, simple explanation like the one you gave me would be perfectly acceptable, and you can reveal more as your relationship progresses. He will not break up with you over this, and if he does, you're better off without him.

Dear Annie: In my local newspaper this past weekend, there was a wonderful column in which you provided infor-

mation about Al-Anon (the support group for friends and family members troubled by someone else's drinking). I just wanted to thank you for putting the word out there. Many people don't know about Al-Anon. They say that for every alcoholic in a family, at least 10 others are affected by his/her behavior and are unaware of it. I know that Al-Anon has helped many people learn to live and even love their alcoholic family members. Thank you. — Lori H.

Dear Lori: Alcoholism truly is a family disease, and I believe it's as important for loved ones to seek help as it is for the problem drinkers to do so. For more information and to find a meeting near you, visit <http://al-anon.org> or call 888-425-2666.

Send your questions for Annie Lane to dearannie@creators.com.

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SUDOKU

DIFFICULTY RATING: ★☆☆☆☆

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			9				8	
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PREVIOUS SOLUTION

1	8	3	5	2	9	4	6	7
9	2	4	3	7	6	8	1	5
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8	1	5	9	4	3	2	7	6
6	9	7	1	5	2	3	8	4
4	3	2	7	6	8	1	5	9

HOW TO PLAY:
 Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

