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THURSDAY, AUGUST 4, 2011

Lucien-Blanchard Beach quality continues to be fickle

Lucien-Blanchard Beach in Sherbrooke has been opened and closed on many different occasions this summer due to fluctuating levels in its water quality, arguably being at its most unpredictable yesterday.

In a span of 24 hours the beach went from a "B" rating to a "D" rating, being announced as open in the morning before eventually being closed mid-afternoon.

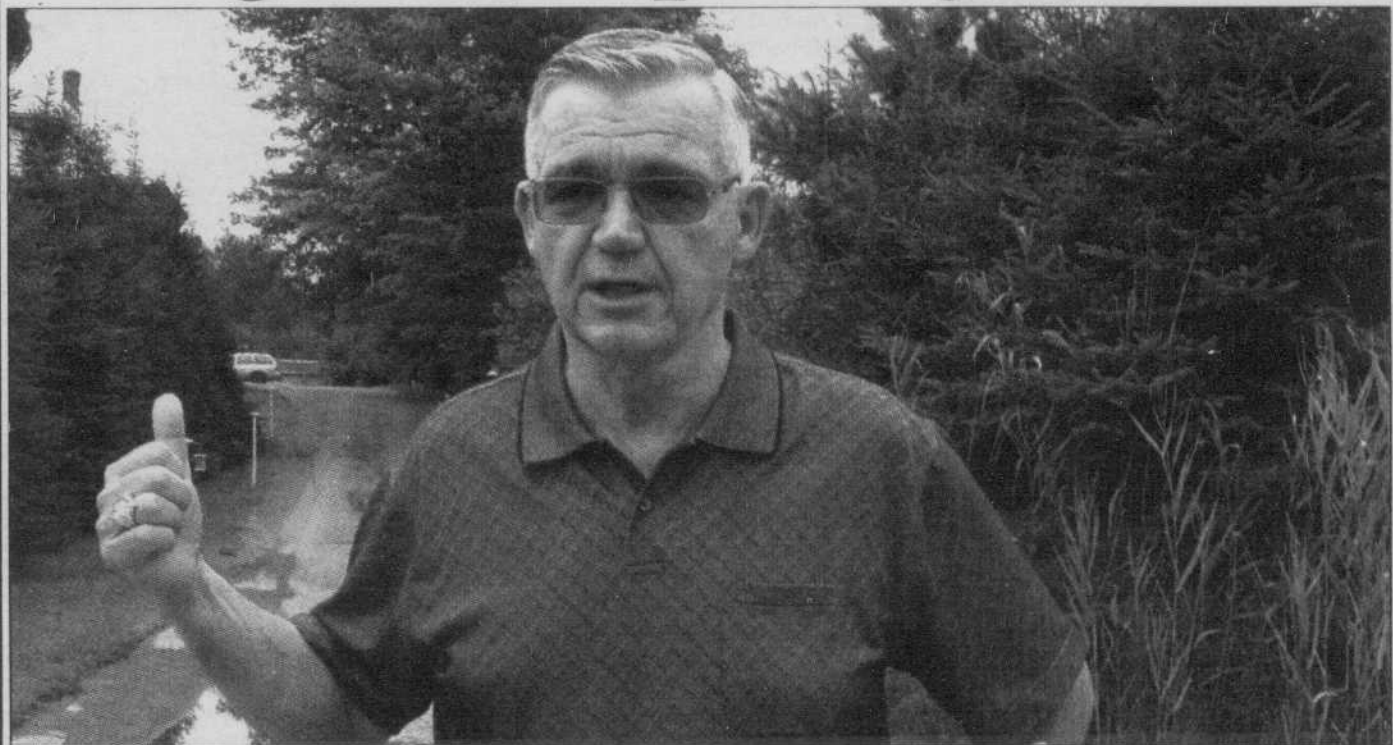
Sampling conducted Tuesday gave a score of 915 units of fecal coliform (CFU) per 100 ml of water. This is one of the highest rates of the summer given to any beach of the Sherbrooke area.

The results of the sampling taken on Monday gave the beach a "B" rating with only 60 CFU found.

The quick change in water quality is probably due to the heavy rain falls the Sherbrooke area received on Tuesday.

All of this is happening while Sherbrooke's other main beach, Deauville Beach, remains closed due to the blue collar strike which is currently going on throughout the city.

Drinking water supply gets temporary fix



CORRINNA POLE

As Lennoxville's temporary connection to Sherbrooke was put in place Wednesday, Borough President David Price explained what residents can expect for their water delivery. See the story by Corrinna Pole on page 3.

Serious accident in Bromptonville injures 59, including many children

A serious accident near Giroux road in Bromptonville left many children injured yesterday, some of them severely. A tractor pulled trailer was transporting some fifty children and camp counselors from a local day

camp at around 1:45 in the afternoon when it flipped on its side heading down a hill.

Many ambulances were called to the scene, eventually bringing 25 injured over to both of the CHUS locations

(Fleurimont and Hotel-Dieu) for treatment.

Those with less severe injuries, 34 in all, were brought to the hospital on a

CONT'D ON PAGE 3

Townships Film festival

Page 5

Conflict of interest in TBL?

Frank Nixon, page 5

Uplands Annie Abdalla & Lucy Doheny

August 28
to October 30



Uplands Cultural and Heritage Center is pleased to exhibit Annie Abdalla & Lucy Doheny. The public is invited to meet the artists at a vernissage on Sunday, August 28th, from 2 to 4 p.m. at Uplands, 9 Speid Street in the borough of Lennoxville (Sherbrooke).

Weather



TODAY:
MIX OF SUN
AND CLOUD
HIGH OF 25
LOW OF 13



FRIDAY:
MIX OF SUN
AND CLOUD
HIGH OF 27
LOW OF 12



SATURDAY:
CLOUDY
HIGH OF 28
LOW OF 13



SUNDAY:
SHOWERS
HIGH OF 23
LOW OF 16



MONDAY:
CLOUDY
HIGH OF 24
LOW OF 15

Dates announced for 2011 Sea Buckthorn Harvest Festival

LAC-BROME

Mont Echo Naturels, a family-owned and operated Sea Buckthorn company located in the Eastern Townships, will be hosting its second annual Sea Buckthorn Harvest Festival to celebrate the harvesting of the Sea Buckthorn fruit at their affiliated orchards in Sutton. The festival will take place on expanded dates this year from August 13 - 28 and will feature a number of special events and activities in both Sutton, the home of several of Mont Echo's Sea Buckthorn supplier farms, and nearby Brome Lake (Knowlton), where Mont Echo's flagship Boutique, Sea Buckthorn Interpretive Centre, and offices are located. The first Harvest Festival was an incredible success, drawing visitors from across the province of Que-

bec and as far away as California.

In Sutton, Mont Echo will be organizing bilingual tours of a small Sea Buckthorn orchard to enable the public to view mature, fruiting trees and, on select tours, to pick fruit to take home. At Mont Echo's Sea Buckthorn Interpretive Centre and Boutique at 70 Lakeside in Knowlton, Mont Echo will be offering skincare consultations and spa treatments featuring Sea Buckthorn-based skin care products. Tastings of the new gourmet product line will be available, as will a variety of daily gourmet specials. Harvest Festival skin care and gourmet gift sets will also be available at the Boutique. Tours and spa treatments must be pre-booked. Reservations may be made online at www.festivalmontecho.com or in-store.

In recognition of the Globe & Mail's

listing of Sea Buckthorn as a 2011 Top Ten Trend in gourmet foods, Mont Echo will also be partnering with several local restaurants and cafes in the area, including Le Relais, Star Café, Café Floral, Knowlton Marina, L'Echo des Saveurs, Brie et Cie, and La Venise Vert. Participating restaurants will develop and serve a special menu item featuring Mont Echo's locally-grown Sea Buckthorn during the week of Harvest Festival.

Finally, popular local Knowlton inns L'Auberge du Relais and La Venise Vert will be offering a special Sea Buckthorn Discovery package including accommodations, Sea Buckthorn-themed meals, and a choice of Sea Buckthorn-themed activities with Mont Echo. Please visit www.festivalmontecho.com for details.

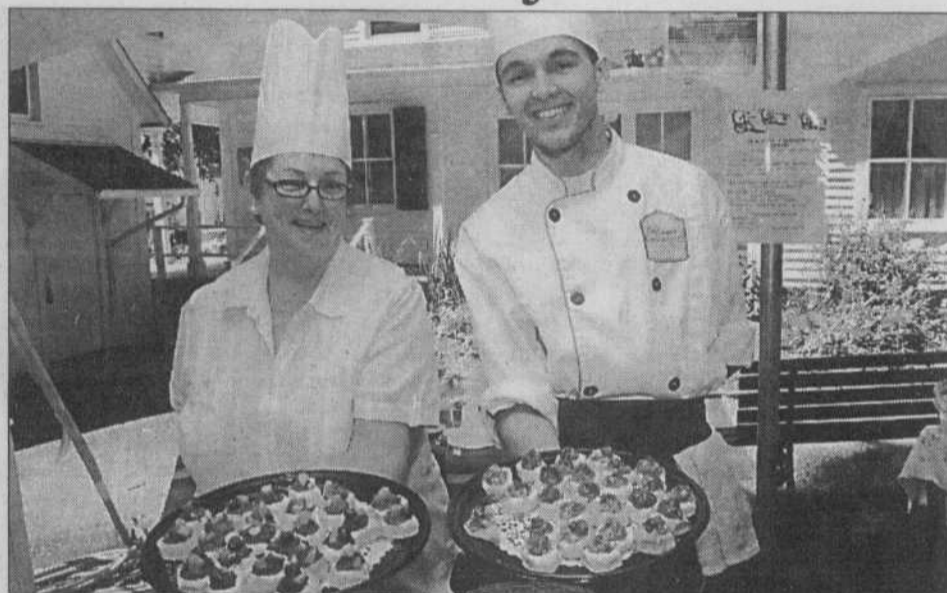
At Louis S. St. Laurent National Historic Site

Tenth anniversary of Weekend with a Country Flavor

On August 6 and 7, Louis S. St. Laurent National Historic Site and its co-operating association, in collaboration with the municipality of Compton, present the tenth edition of Weekend with a Country Flavor. This gastronomic heritage experience takes place on Saturday and Sunday between 11 a.m. and 5 p.m., under two separate tents in the St. Laurent family's garden.

Everyone is invited to sample delicious snacks concocted by producers and chefs from the region. Here are a few examples to get the mouth watering: aperitif wine made of blackcurrants or wild blackberries, lavender white beer, Greek pepper stuffed with grilled feta, vegetarian samossa with tzatziki, cocktail boar wiener and La Station cheese fondue. For dessert, a cup of chocolate with raspberry mousse, Gros Pierre apple pie, baklava with wildflower honey and several other little treats will also be offered.

Visitors will be able to sit at a table under the tents or in the garden and complement their meal with a glass of wine or a beer from a regional producer. Mario Bruneau, hailed as the accordion poet, will be on hand with his Parisian musette-style accordion to delight diners with a repertoire of popular French songs. Palate-pleasing products will also



COURTESY

A gastronomic heritage experience takes place on Saturday and Sunday under two separate tents in the St. Laurent family's garden.

be on sale at the new Weekend with a Country Flavor shop, specially set up in the summer kitchen of the St. Laurent house. Shelves will be brimming with more than 70 products from the producers attending. Don't forget your cooler!

The Louis S. St. Laurent National His-

toric Site's Companions is a co-operating association and non-profit organization that participates in the regional heritage presentation of Louis S. St. Laurent National Historic Site.

The Historic Site is open to the public daily from 10 a.m. to 5 p.m.

Ben by Daniel Shelton



LOCAL NEWS

The hook-up will ensure the borough will have a 1,000 gallon increase which is enough water to handle the upcoming peak period.

Lennoxville

Work begins for water connection

By Corrinna Pole
SHERBROOKE

Work on Lennoxville's temporary water connection to the City of Sherbrooke began in full force Wednesday on St. Francis Street in hopes of easing strain on the borough's water supply.

At an afternoon press conference, Borough President David Price and Denis Gelinas, director of Sherbrooke's urban infrastructure and environment, explained that the hook-up was expedited after one of the boroughs three underground wells was operating at 40 per cent capacity.

Gelinas said a faulty piston and an inefficient filtration system were contributing to the ineffective delivery of water from well number three, located close to the Ascot and Massawippi Rivers.

Workers began installing two six inch pipes along St. Francis Street, between the railway viaduc and the fire hydrant at the island Marie that will connect the borough to the City's J.-M.-Jeanson facility.

The hook-up will ensure the borough will have a 1,000 gallon increase which is enough water to handle the upcoming peak period.

"Champlain College and Bishop's University students come back on the 17th for school and that's when our water usage spikes," said Price. "This will give us the ability to meet the de-



CORRINNA POLE

Frustrated commuters woke up Wednesday to find the normally busy St. Francis Street blocked off to traffic while the City of Sherbrooke installed a temporary water connection for Lennoxville. Detours are expected to continue in the area over the next week as Sherbrooke replaces a water main.

mand."

Residents being connected to Sherbrooke's system may notice a slight change in their water at first but Price assures the colour change will be tem-

porary.

"Because the city uses chlorine in their water it will discolour when it comes in contact with the iron in Lennoxville's water. The city will be

adding phosphate, the same used in milk, as a corrosion inhibitor to make the water clear."

Price said the system is expected to be operational progressively starting next week and will serve residents living in the St. Francis area up to the university.

Residents in other areas of Lennoxville will continue to be served by the borough's two operational wells.

Since water is considered an essential service, Price said the work will not be affected by the City's striking blue-collar workers

The temporary connection to the city is expected to continue supplying the borough until a permanent one can be constructed this fall.

Over the next week, City workers are expected to begin work on Bowen Street South, between Lavigerie and St. Francis streets, to replace a water main in preparation for the permanent connection this fall.

Price told the Record, that residents on St. Francis had expressed an interest in ditching their septic systems in favour of the City's sewage system in an effort to increase the vault and future development in the area.

Once the temporary link and water main replacement is complete, the City has said it will shut down the eleven-year-old number three well due to its "low capacity and its high content of minerals."

UdeS student awarded prestigious scholarship totalling \$150 000

A student from the University of Sherbrooke has recently been awarded one of the most prestigious scholarships in the country.

Pierre-Luc Chagnon, a doctoral student in biology from the university, was awarded the Vanier Canada graduate student scholarship, the most prestigious bursary program for doctorate students in Canada. Chagnon, who studied in the school's faculty of science, will receive the bursary of \$50,000 per year for the next three years.

He is currently working under the guidance of Professor Robert Bradley of

the Department of Biology, on a study evaluating the role of fungi in the maintenance of an ecosystem's stability.

His research interests include the structure communities of arbuscular mycorrhizae fungi, the soil microorganisms actively colonizing the roots of the vast majority of terrestrial plants.

The vast majority of terrestrial plants live in symbiosis with the soil fungi that provide nutrients in exchange for sugars. In addition, researchers have shown that this symbiosis is an important regulator of diversity and ecosystem productivity. However, little is known about

its importance in the maintaining the stability of ecosystems, which is one of the major aspects of Chagnon's research.

"The goal of my project is to characterize the structure of a mycorrhizal community using tools from the theory of topological networks, and then try to predict the consequences of such a structure on the stability of ecosystems and the dynamics of the underground carbon presence" said Pierre-Luc Chagnon.

The PhD student will determine how the interactions between partners are distributed in order to assess potential influence of this symbiosis on the stability of ecosystems. "As the

majority of plants are simultaneously involved in a multitude of ecological interactions, modeling studies will be conducted to try to assess the impact of the structure and the overall stability of ecosystems," he said in a statement.

Chagnon was chosen because of his academic excellence, his leadership qualities and because of the exceptional nature of the research he has already completed as part of his graduate studies.

The scholarship was confirmed yesterday morning by the Prime Minister of Canada, Stephen Harper, during a national announcement.

accident in Bromptonville

CONT'D FROM PAGE 1

city bus to be treated for their injuries, many of them suffering from shock.

As of press time, 3 people, including children, were said to have severe injuries and one of the children was brought into intensive care.

Around 12 ambulances were immediately called to the scene, including one from Magog and

one from Windsor, as well as six fire trucks.

About 40 children from a religious day camp were present at the site. The kids were all apart of Hebron Camp, a camp affiliated with the Green Ridge Baptist Church in Lennoxville.

The CHUS had to call in four emergency doctors, including two who were on vacation as well

as many nurses and caretakers.

Those injured in the accident are all between 6 and 40 years of age.

A police investigation was opened to determine the circumstances surrounding the event. The Sherbrooke Police Service requested the assistance of their colleagues at the Sûreté du Québec.



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COLUMNIST

"This is a serious problem because, with no proper supervision, people are failing to wait half an hour after a meal before swimming, and they're peeing in the pool with impunity. Where they're getting their hands on the impunity is anyone's guess."

Summer 2011: I wanna know what glub is



ROSS MURRAY

How would you describe your summer so far? Has it been "I've been swimming in my pool a few times" okay? Or "I've been skinny-dipping in my pool a few times" excellent? Or maybe even "I've been skinny-dipping in my neighbour's pool a few times when they're not home" downright awesome?

But really, how would you describe this summer? Can it, in fact, be summarized? Or should that be "summer-ized"?

Either way, it's rare to be able to capture the essence of an entire season in, say, a single word. The most famous example, of course, is the Summer of Love back in 1967. I was a year-and-a-half old at the time, so I don't remember the Summer of Love. For me, 1967 was the Summer of Being Adorable.

But enough about me and my enduring allure. Let's get back to iconic seasons. There are actually very few of

them. Besides your Summer of Love, you have your Winter of Discontent, your Spring of Hope, and, of course, your Fall of the House of Usher.

Worth mentioning as well is the Prague Spring of 1968, which ended with the crushing of liberal reforms under the heels of the Soviets. This is not to be confused with the Frog Spring of 1999, which ended with the crushing of several small amphibians under the wheels of my Ford Tempo.

But what about this season? Will it stand out in history as an iconic period? If so, whatever shall we call it?

In keeping with my opening query, how about the Summer of Glub? That's the sound people make as they jump into strangers' backyard pools, which, according to The Globe & Mail, is happening across heat-stricken North America. (The paper neglects to report on whether they are suited or unsuited.)

People are going so far as to break into municipal pools after hours. This is a serious problem because, with no proper supervision, people are failing to wait half an hour after a meal before swimming, and they're peeing in the pool with impunity. Where they're getting their hands on the impunity is anyone's guess.

Perhaps the Summer of Huh? is an apt epithet. Certainly the Summer of Huh? would capture the head-scratching nature of events this summer:

- death by mud-wrap;
- the debt squealing crisis;
- the emergence of the word "haboob" to describe dust storms, because simply calling them "dust storms" clearly isn't smutty enough;
- my children's inability to follow the simple directive whereby if you take a cold Pepsi from the fridge, you replace it;

- Montreal's entire infrastructure disappearing into a vast sinkhole.

Oops, wait, that last one doesn't happen until later this summer.

How about this: the Summer of Tubs, as in "tubs of ice cream." Rarely has more ice cream been eaten than in the summer of 2011. Ice cream consumption is sky-rocketing, and not limited to any particular flavour: Cookies 'n Cream, Mint Chocolate Chip, Heavenly Hash - all of it being voraciously devoured, an unfettered frenzy of frozen foodstuff, a milk-fat meltdown, a lactose luxuriance, a... oh, wait, that's just me.

Maybe the ice cream is just the anxiety talking - or binging, as the case may be. In that respect, perhaps we should call 2011 the Summer of Ugh. After all, who hasn't grunted in consternation this summer while being pummeled by news of famine, killing sprees, the insidious way the Conservative government has made Canadians look askance at their immigrant neighbours as potential war criminals, the Tea Party, on-

going chaos in the Middle East, the Tea Party, famine, the Tea Party.

Ugh! Maybe what we need as a society is to spend the rest of the summer focused on luxuriant, non-mud-wrap pampering, something involving lotions, hand care and beauty bars with one-quarter moisturizing cream.

Yes, the Summer of Dove. Now, if you'll excuse me, my neighbours have foolishly left their pool unguarded.

Big giveaways for teacher Appreciation days

With a little less than three weeks left of summer vacation, office supply chain Bureau en Gros is giving educators a break on their classroom budget with a Teacher Appreciation Event.

Held August 11, 18, 25 and September 1, the supply store is offering savings of 15 per cent off in-store purchases, 10 per cent in savings through the free easyRewards program, and a free gift while quantities last.

Teachers will also have a chance to win a 2012 Toyota Prius 'v', one of four Caribbean vacations, a laptop computer bundle, and other prizes through an online contest that was launched Wednesday exclusively for educators.

Teachers who are easyRewards Savings for Education members will receive an additional entry for the draw with each purchase made on any Teacher Appreciation day.

To learn more or join the easyRewards Savings for Education program in-store or online at www.staples.ca/ersavings

Thanks to your donations



High-resolution automated microscope

The Cœur en tête benefit, initiated by Nathalie Buisson—the former star ballerina of the Grands Ballets Canadiens and Dr. David Fortin's patient enabled the CHUS to acquire a fully motorized microscope.

In addition to being very user-friendly, the system captures florescent images of cancer cells, which can be used, among other things, to determine cell-cycle phases. Moreover, the system combines a microscope and incubator, making it possible to reproduce cell culture conditions on a small scale (controlled CO2, temperature, and humidity).



Jean-François Jacques, Dr. Fortin's research assistant, using the microscope's monitor to view incubating cells.

Of course, the research carried out by neurosurgeon and neuro-oncologist Dr. David Fortin deals mainly with glioblastoma multiforme, one of the most aggressive forms of cancerous brain tumors.

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TBL Mayor Decelles accused of conflict of interest

Former Mayor Richard Wisdom heckled at council meeting

By Frank Nixon

At the Brome Lake monthly council meeting held on Aug. 1, in West Brome, former TBL mayor Richard Wisdom alleged that incumbent mayor, Gilles Decelles, was involved in two council decisions which placed the mayor in a "conflict of interest" As a result, Wisdom called for Decelles' resignation. "The mayor should resign," said Wisdom.

The first conflict of interest allegation involves a \$250 contribution made to Decelles' campaign by resident, Mike Stone, during the 2009 election campaign. Wisdom argued that Stone Haven received \$10,000 in an out of court settlement, as a result of the political contribution. Wisdom added that "this was unnecessary because the town was very close to winning the case"

However, Wisdom's account differs from the official record. According to the town minutes, when the out of court settlement came up for a vote at the regular public council meeting on Feb. 1, 2010, all councillors voted in favour except councillor Donald Gagné.

At the same meeting, Decelles offered this blunt assessment. "If we go to court we would lose," Decelles said. The mayor added that the zoning bylaw, as written, was cumbersome, confusing and difficult to enforce. "What is needed is to develop a bylaw that we can enforce," he

said.

Stone filed a lawsuit against the town, after town hall sent a registered letter on Aug. 4, 2008, demanding that he move some 500 pallets of rock displayed at the front of his property, to the back, or face a \$1,000 fine.

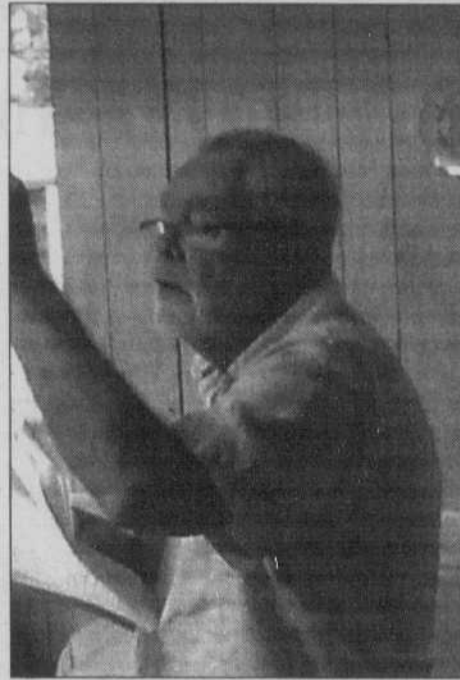
"We don't like to take the town to court because it means we're taking the taxpayers of Brome Lake to court but we can't accept this," Stone said, in an Outlet report on Aug. 13, 2008.

Stone said in the same report that a possible motive behind the town's action was, in part, to exact punishment because he lodged a complaint about a competitor not being required to meet the same requirements.

At the time of filing his suit, Stone argued that the rock pallets on his property were in exactly the same location when his property plans were approved by the town in 2006. He was also given a permit by town inspector Marc Beland, confirming that he was in conformity with all bylaws.

The settlement required the town pay Stone Haven \$10,000. In return, Stone Haven was to move the rock pallets, in the front of the property, back 2.3 metres. The firm was also to plant trees to landscape the property along the road.

The other conflict of interest claim made by Wisdom relates to the garbage and recycling bin contract awarded by council earlier this year.



FRANK NIXON

Knowlton mayor, Gilles Decelles has been accused of conflict-of-interest by his predecessor with regard to two separate council decisions. Decelles denies the allegations

According to the April 2011 council minutes, council received a number of bids on the recommendation of the town's assistant municipal inspector. Council chose Nova Envirocom Inc. in the amount of \$195,281.69 (garbage)

and \$4,748.34 (recycling), as this was the lowest conforming bidder. Prior to the vote, the mayor asked whether the bins were made in Quebec. The town clerk suggested that the resolution could contain a clause with respect to this matter.

The mayor then proposed an amendment to the original proposal requiring that the bins be manufactured in Quebec. However, the amendment was rejected, with the mayor and Councillor Ouvrard voting in favour and Councillors Gomes, Call, McGovern and Lecours voting against.

Wisdom argued that Decelles was trying to promote another bidder, IPL, whose proposal was \$42.72 higher than Nova Envirocom proposal. The Mayor sits on the board of IPL. The mayor denied that there was any conflict of interest saying that he disclosed to the town clerk that he was a member of the board of IPL shortly after he became mayor.

Wisdom's allegations against Decelles were not well received by the majority of the 70 in attendance. Wisdom left shortly after his speech during the first question period, after he was booed and heckled by some in the audience.

Members from the local French media were also on hand at last Monday's council meeting, after being informed by Wisdom prior to the meeting that he had "breaking news" to disclose regarding a "big scandal" against Decelles.

First film fest ready to roll reel

By Corrinna Pole
LAC BROME

The clock is counting down for the artistically diverse townships to add another notch to its cultural achievements with the premiere of the Eastern Townships Film Festival.

In two weeks the townships will become a fledgling and fanatical film buffs fantasy as a number of local and international movies, from full length to short films, are screened along with a unique viewing experience or a special guest.

Tuesday, organizers gathered in Lac-Brome to share a taste of the programs line up which will include films by local filmmakers Pepita Ferrari and Albert Nuremberg, the festivals artistic directors.

The Festival's ceremonial official opening takes place at 7:30 p.m. Thursday, August 18 at the landmark Knowlton United Church with the screening of the hilarious comedy 'Le Missionnaire'.

"Fresh from its Canadian launch at the Just for Laughter festival, this popular farce [about] Missionaries from France, is directed by Roger Delattre and stars Jean-Marie Bigard," said Nuremberg.

The audience will view the

comedy partially set in a church while seated in the United Church's pews.

Laugh master and director Nerenberg will feature his film 'Rire Extreme' (Extreme Laughter), which made its Canadian debut at the Just for Laughs festival in July, in the Festivals Doc Salon.

The film will include "rigolovision", a live comedy warm-up session to tap into limitless laughter potential, and a "short laughter contest where we will attempt to discover the best laugh in the Eastern Townships," explained the director.

The Doc Salon will also host a screening of "a documentary about people who make documentaries," with the National Film Board of Canada's 'Capturing Reality: the Art of Documentary.'

Director, Pepita Ferrari, who will be on hand for a post-screening discussion, interviewed almost 40 internationally renowned directors and included clips from more than 60 films to offer viewers an absorbing overview of documentary film at the turn of the 21st century.

Free beach viewings

Two free community screenings offering a look at planet earth from an amazing vantage point will also take place on the shores of Brome Lake at Douglas Beach at 8:30 p.m. on Fri-

day, August 19 and Saturday, August 20.

Friday will feature the English version of 'Océans', directed by Jacques Perrin and Jacques Cluzaud, which was "shot over the course of four years in the five oceans of our

planet, illustrating the incredible biodiversity of the marine world."

The following night the French version of director Yann Arthus-Bertrand's 'Home' will

CONT'D ON PAGE 13



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EDITORIAL

The more money Hydro makes, the less we pay in income tax, because a very important share of the profits it makes go directly to our collective bank account!

Hydro-Quebec: higher rates? We all gain!



FRANCOIS TANGUAY

It is that time of the year again, Hydro-Quebec puts forward its rate demands to the Régie de l'Énergie, our energy regulation board. Why in the middle of summer? Because it takes months for the Board to study the case, hold the public hearings then work out a decision. Hydro-Quebec does not raise its rates, it submits a demand that is approved in part or in whole by an independent body. In fact there are dozens of small decisions in a rate case. The end figure is what we will see on our bills, but the final tariff depends on a host of factors. Here are the main considerations the Board faces.

Hydro-Quebec is a three pronged entity. Production of electricity is not regulated because we are in an open market where, for example, HQ Production can sell at a good price extra energy to New-York in the middle of summer, or buy cheaper overnight surpluses from either Ontario or any of the new England states or New York. Why? Because they mainly operate gas, coal or oil based production units that have to run non-stop, even when their demand is low. So they reduce their losses by selling surpluses at lower prices. We, on the other hand, can keep the water behind the dams and use it whenever we wish too. Nearly 80% of Hydro-Quebec's profits come from these back and forth markets, hundreds of millions of greenbacks every year!

Then you have to transport the electricity from the dams to the south where most Quebecers live. These high power transmission lines are like major highways, they move energy in bulk through a dozen or so lines that are the most visible signs in the landscape of our home grown production. That entity, Trans-Én-

ergie (TE), is regulated because it's what we call a natural monopoly. Because of the mere scale of the investments and also because there are no other reasonable options, it is the only player on the field. Thus the regulator acts as a countermeasure to replace competition. So TE comes before the board to have its share of your electricity bill approved. It's done again in an open debate and TE even pays the bills of the people and organizations the Régie accepts as parties to the case. They can hire experts, lawyers and consultants to back their position and in the end whatever expenses are deemed reasonable are covered and included in the expenses that will be part of the total transport bill.

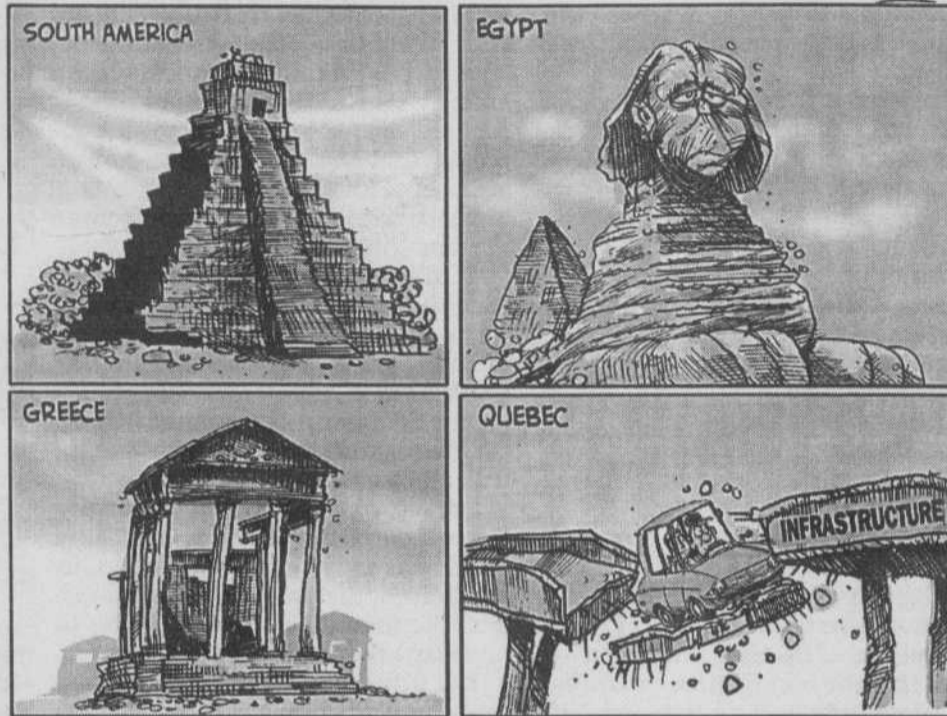
Still with me so far? Production plus transport. Now distribution. The law says that most of the electricity Hydro-Québec Production provides has to be put aside for us, the Quebec consumers. There is even a very low fixed price for this electricity that is based on the part of production that comes from the older dams that were much cheaper to build. Since 2005 whatever Hydro Quebec Distribution (HQD) acquires that is beyond this Patrimonial share, has to come from competitive bidding.

HQD has the responsibility to provide a secure and constant source of electricity to all. The rates are what is called in the energy lingo, Postage stamp rates. We all pay the same, no matter where we live. It costs a lot more to feed electricity to a home in Gaspé than it does in Montréal or Sherbrooke. It costs a whole lot more to transport it, too, but we have given ourselves a social deal: we all pay the same.

Finally, when you hear about the rate demands keep in mind that what you are getting is the end product of a long series of services. HQD comes to the board for the final rate case that will include the cost of producing and transporting the electricity. HQD just adds to its own distribution costs, and without taking a cut on the way.

So the debate from now on will be

ANCIENT RUINS



only on the distribution part of your rates. All expenses, network maintenance, salaries, costs of loans and so on are debated in public and HQD has to make good the 1.7% raise hike it seeks. Not all of this demand is under HQD's control. The hearing will come in December and the final decision will be out in mid-winter so the new rates can apply in spring. In the end we still have some of the lowest rates on the planet! So low that efficiency measures are a hard sell.

Believe me it's a complex issue! I know, I spent ten years at the Board and my last decision as an administrative judge was on the rates for 2007. Months of hard work for dozens of people at Hydro, from the parties that intervene and for the board staff. A rate case can

have a couple of thousand pages of documents of all sorts. It's no picnic!

So when the rates come out, remember two things. The more money Hydro makes, the less we pay in income tax, because a very important share of the profits it makes go directly to our collective bank account! Remember also that any rate hike can easily be eliminated by simple measures like just a bit less air conditioning, a degree or two lower heating overnight in winter, efficient lighting, better insulation and so on. Electricity rates are not income tax! You can actually reduce your bill while the rates go up...

So next time you feel like moaning over electricity rates keep in mind that at the end of the month what you get is a bill, not a rate!

THE RECORD

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Summer concert series

Four concerts will be presented on the second Sunday of each month at St. Paul's Anglican Church this summer. The third concert will be held in St. Paul's Anglican Church, Knowlton, on Sunday August 14th 2011 at 4:00 P.M. The admission fee is a suggested donation of \$10.00.

This concert will feature Mr. Pierre Cabana, titular organist of St. Paul's Anglican Church, and Mrs. Evelyn Johnston-Main, clarinetist. The repertoire will include works by great German masters of the Baroque period.

All funds raised during these concerts will be used to purchase an Hauptwerk system to increase and improve the stop list of our Casavant pipe organ

The last concert of the series will be presented Sunday, September 11, 2011 at 16:00.

The Border Report

"We're trying to deter people who shouldn't be there - like the people who go there to drink beer or walk their dogs."

New truck approved

Matthew Farfan

Perhaps the most interesting expenditure approved at this week's monthly Stanstead town council meeting was Council's decision to buy a new truck for its roads department. After going through the mandatory tender process last month, Council has decided to purchase a new 10-wheel Freightliner truck that will serve the road crew during both the summer and winter seasons.

The truck will come equipped with a snowplough and will be able to carry sand and salt in the winter, and sand, gravel, or asphalt in the summer.

According to town general manager Guillaume Labbé, the \$187,000 (plus tax) price tag for the new vehicle (the lowest of the three submissions received) will be paid for as follows: \$60,000 will come out of the town's working capital; \$40,000 will come from the surplus; and the balance (about \$113,000) will be financed (at a 3.5% variable rate) through the Caisse Desjardins.

New show at Blacksmith Gallery

Matthew Farfan

This weekend Ye Olde Blacksmith Art Gallery in Stanstead opens its latest show, featuring works by two well-known Townships artists, John Miller and Antonia Mitchell. A vernissage is planned for this coming Saturday, August 6, from 5 to 7 p.m.

John Miller, a native of England who has lived in Canada since the early 1950s, is an accomplished painter. He has taught painting, drawing and design, and was head of the art department at Concordia University until his retirement a few years ago. Miller's style has evolved over the years. Currently, his paintings are mainly abstract and are composed of vibrantly coloured geometric shapes.

Antonia Mitchell attended both Bishop's and McGill Universities. She also studied fine art and design for a number of years at the Art Students League in New York City. Her art has taken many forms, ranging from sculpture to portraits. Like Miller she lives in Stanstead.

Ye Olde Blacksmith Art Gallery (240-A Dufferin, Stanstead) is a converted blacksmith's shop dating to the 1800s. It is open Thursdays through Sundays, from 11:00 a.m. to 6:00 p.m. For more information call (819) 876-2282.

Stanstead Council To Post Office: "Don't Cut Our Service"

Matthew Farfan

This month's regular Council meeting in Stanstead on Monday night was a largely routine affair, with most of the usual spectators clearly off doing something more enjoyable on the warm summer evening than listening to Council deliberate on such things as paint colours and sign permits. There were, however, a number of interesting points that did come up.

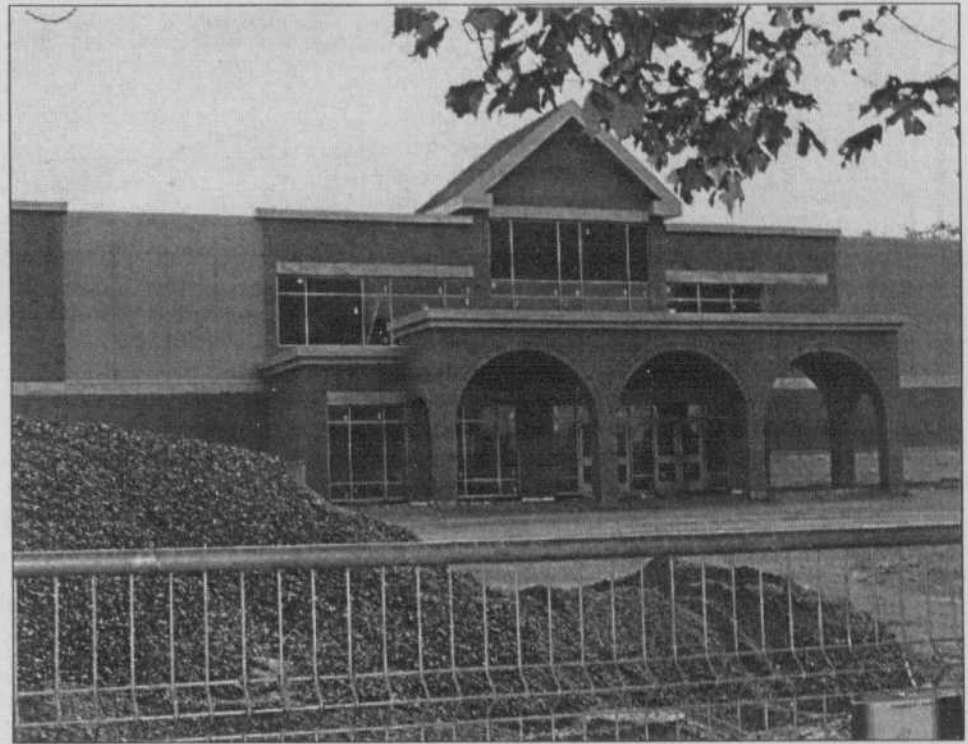
For one thing, it seems that Canada Post is trying once again to cut back the already dwindling service it provides to Canadians. Last year, of course, the postal outlet in Rock Island was closed (and never reopened) when the Sears closed its doors. This year, taxpayers across the country had to suffer through an annoying, disruptive postal lockout, and now, Stanstead Mayor Philippe Dutil reports, the post office would like to eliminate all Saturday service at both the Beebe and Stanstead post offices. Naturally, Council has voted to oppose any reduction in service, reminding Stanstead postmaster Jocelyne Drouin, who requested the elimination of the Saturday service that many local residents are unable to get their mail during the week when they are at work, and have to do so on Saturday.

In other news, Council has authorized a retroactive payment to Bell Canada for work done back in 2009 in connection to the construction of Place Henry Seth Taylor in downtown Stanstead and work conducted by the utility at the corner of Willow Lane and Dufferin Street. Resolutions to pay Bell \$8,500 and \$1,800, respectively, were passed.

A change to the town's zoning map has been approved. Two new zones (I-11 and C-3) will be created out of residential zone R13. These new zones will be situated on Railroad Street in the vicinity of Béliveau and Comeau.

The town has named a new representative - Councillor Christopher Goodsell - to sit on the board of Stanstead Ambulance, an appointment that will last two years. Council has also created a committee to look into hiring a new fire chief to replace the former chief James Runciman. Sitting on that committee will be Councillor Paul Stuart, General manager Guillaume Labbé, and either Treasurer Véronique Blouin or Town clerk Edwin John Sullivan. A member from the MRC Memphremagog may also be called upon to sit on this committee.

Council has authorized the fire department to make two small purchases - a heater for \$850 and a pair of gas detectors for \$1,300. And in public works, the eighth instalment has been authorized on the construction of the Pat Burns Arena. The amount, including tax, totals \$245,000. A payment has also been approved - instalment number 4, totalling \$172,000 - for work carried out



MATTHEW FARFAN

The Pat Burns Arena is nearing completion. The ice is already in use, although much remains to be done

last year on Willow Lane and Mountain View Street.

Council has upped the annual mayor's bursary for kids who finish high school. The bursary, which has been raised to \$200, is awarded each year to one local student through a draw.

Sunnyside Elementary School has received a donation of \$500 to help it purchase a new sound system. This amount will top up the one thousand or so dollars raised a few weeks ago at a talent show held at the school. The new equipment will enable Sunnyside to hold dances, concerts and other activities that require a proper sound system.

A donation will also be made to Townshippers' Association, which will receive \$3,000 from the town to help it finance the upcoming Townshippers' Day, scheduled for September 17. Stanstead will be designated a T-Day "partner."

Four local not-for-profit organizations have had their tax-exempt status confirmed by the town: the Beebe Golden

Age Club, the Stanstead Historical Society, the Stanstead Masonic Association, and the Haskell Free Library Inc.

Council has authorized a number of permits to local property owners. These include a permit to Mécanique des Frontières to expand its self-storage facility; minor derogations to homeowners on Dufferin and Principale streets; permits to install signs on a restaurant (Chez Papa) and a grocery store (Les Saveurs du Coin); and a permit to a homeowner to paint his home "country red."

The Beebe Cemetery Association also has the go-ahead to install signs of its own. Five signs, according to association president Ted Wadleigh, will warn people that they are entering the premises of the graveyard at their own risk. "We're trying to deter people who shouldn't be there - like the people who go there to drink beer or walk their dogs," Wadleigh said.

CONT'D ON PAGE 8

Memphremagog MRC doles out money

Matthew Farfan

The names of organizations receiving funding through the MRC Memphremagog's Pacte rurale program were announced recently. In all, the MRC will be funding the activities of nine groups, doling out just over \$107,000 (out of a total budget of \$287,911) from its Pacte rurale coffers. Pacte rurale is a Quebec program designed established several years ago to foster economic development in rural

communities and to assist organizations working to improve the quality of life in outlying areas. Taking home the largest cheque this year will be Les Amis du Marais de la Rivière-aux-Cerises (LAMRAC), in Magog, which has been promised \$25,000 to help with its educational programming. The second largest grant will go to a group called Le Train des mots, which will receive \$16,000 to help it with its literacy program for people 16 years of age and older.

CONT'D ON PAGE 8

2011 Lexus IS 350 AWD; sporting sedan gains traction



2011 Lexus IS 350 AWD

By Brian Harper

Postmedia News

It's a case of better late than never, but Toyota deserves some credit for finally correcting a marketing deficiency by fitting its Lexus-brand IS 350 sport sedan with all-wheel drive.

Granted, this might not seem like an Earth-shattering development, but it does strengthen the IS's case in the compact sport-luxury sedan segment. You see, during the past decade, this über-competitive segment has seen the number of AWD models swell the existing product mix. For example, take the big three: The Mercedes C-Class has three 4Matic versions (C250, C300 and C350), BMW's 3 Series has the 328i xDrive and 335i xDrive and Audi only recently added a front-wheel-drive model to its A4 quattro line. Plus, Infiniti has expanded its G sedan series with the G25 to go with the G37 - both with available AWD.

Up until the 2011 model year, however, the Lexus IS line had only the entry-level 250 with available all-wheel drive. Now, the IS 250 AWD is a decent start for those wading into the sport-luxury segment for the first time, but its small engine size (2.5-litre DOHC V6) and horsepower (204) leave it somewhat outgunned as a truly sporty all-weather sedan. Throw in another litre of displacement and an additional 102 horses - as is the IS 350's specification - and you now have espresso instead of cappuccino.

In AWD form, the IS 350 is an exceedingly agreeable ride. Some arm-chair quarterbacks think of it as an alternative to the aforementioned BMW 335i xDrive and, indeed, there are enough similarities in size, power, fuel economy and performance to make the case. But, there is also a genteel side to the Lexus that makes it more of a boulevardier, albeit one with a 3.5L V6 packing 306 hp worth of muscle. Don't get me wrong; genteel does not mean wimpy. The IS 350 AWD has legitimate sporting bona fides. Put your foot into it and the drivetrain hooks up immediately,

launching the 1,656-kilogram four-door to 100 kilometres an hour in six seconds. But, as is Lexus's wont, it's also equally smooth and quiet - more so than in a Bimmer - which makes it deceptive. On a couple of occasions while on the highway at what I thought was a normal cruising speed, I checked the speedometer and found the car going 20 km/h faster.

Being an enthusiast, I'm disappointed that only the rear-wheel-drive IS 250 is available with a six-speed manual transmission. However, as a pragmatist who spends a lot of in-car time dealing with traffic congestion, the IS 350's six-speed automatic - with paddle shifters - is an acceptable compromise. Personally, I prefer manually shifting using the console-mounted lever, but Lexus has the IS configured so that upshifts require the lever to be pushed forward, while a tug backward brings downshifts - counter-intuitive to my way of thinking. So, to avoid any possibility of executing a downshift when I wanted a higher gear - definitely embarrassing and possibly disastrous, depending on the situation - I used the paddles. The resultant quick, precise shifts proved more than satisfactory.

More than satisfactory also applies to the IS 350 AWD's handling and road-holding. The sport sedan demonstrates prodigious grip when weather conditions leave the roads greasy. The car's Vehicle Dynamics Integrated Management system - which electronically links the vehicle stability and traction control systems as well as the well-weighted electric power steering - is properly sorted out, stepping in to prevent wheel slippage before it results in a slide or skid.

A "mature" car, the second-generation IS has been around since the 2006 model year. Fortunately, due to its passing resemblance to the BMW 3 Series, notably in profile, it has aged well. This year, the line gets updated fog lamps and a new grille design, revised rear backup lights and turn signals as well as a new exhaust pipe

tip. Inside, the cabin is a little more dated, lacking the latest gee-whiz graphics and super-high-tech controls. Frankly, I enjoy the simplicity. Besides, the instrument gauges are sharp and bright, the buttons are large enough and properly marked and most everything naturally falls to hand.

My biggest beef with the car remains its lack of rear-seat legroom - at 6-foot-2, I can't get even attempt to squeeze into the back seat if the front seats are back in their tracks. Yes, it is a compact sedan - emphasis on compact - but this limitation stretches the car's notion of being a usable four-seater. A lesser but costly annoyance is that the V6 requires premium unleaded, which is outrageously overpriced in relation to regular.

My week with the tester resulted in a fuel economy readout of 13.1 litres per 100 kilometres, not terrible considering I gave those 306 ponies a decent workout whenever I could. By comparison, I averaged 12.4 L/100 km when I tested the IS 250 AWD a while back.

At \$44,950 (base price), the IS 350 AWD enjoys a significant price advantage over the \$52,100 BMW 335i xDrive; not at all against the far roomier \$43,450 Infiniti G37x sedan - and the G remains one of my favourite AWD sport sedans.

So, what's the final tally? Well, AWD makes a lot of sense in our four-season country, and the IS's system doesn't detract from the car's inherent rear-drive handling demeanour. The engine is certainly powerful enough and is smooth as glass. Its ride quality is good and the front-seat accommodations are comfortable.

As a four-seater, the IS 350 makes a great 2+2. It's been on the market for six years and, although it's been refreshed a couple of times in the interim, most of its rivals are newer. Is it still a viable alternative to a 3 Series? Yes, although it's not as much fun to drive. Would I choose it instead of a G37x? No.

Postmedia News
bharper@nationalpost.com

MRC doles out money



MATTHEW FARFAN

The Marais de la Rivière-aux-Cerises, a popular excursion spot for people of all ages, will receive funding for its educational activities.

CONT'D FROM PAGE 7

\$15,000 has been allocated to the Missisquoi Valley Cycling Club to help that group develop its network of upper-level mountain bike trails.

Stanstead's Cultural and Recreational Centre, located in the old Rock Island Post Office, will receive \$12,500 to help with general operations. Also in Stanstead, a grant of \$12,000 has been approved to help create an economic development corporation for that border town.

The Carrefour jeunesse-emploi de Memphrémagog will get \$10,000 to help with its program of balancing work and school. In Potton, on the west side of the MRC, a grant of \$7,500 will help finance a plan related to the conservation of nature within the local portion of the Green Mountain massif. Receiving a similar amount will be the municipality of Stukely-Sud, which will get \$7,500 to finance a strategic plan for the former St. Matthew's Anglican Church, built in 1854 and now owned by the municipality.

And finally, the Centre des femmes de Memphrémagog will get \$2,000 to help that organization hold a series of breakfast get-togethers. Only two projects submitted to the MRC for Pacte rurale funding were rejected.

Council

CONT'D FROM PAGE 7

Finally, during question period, Councillor Guy Ouellet told the public (all four of us) that although there are now hockey games taking place in the Pat Burns Arena, the arena interior is far from finished. "People are saying that the inside isn't finished yet because we ran out of money. Well, we still need to raise money. But that's not why the inside isn't finished yet. Work will proceed soon."

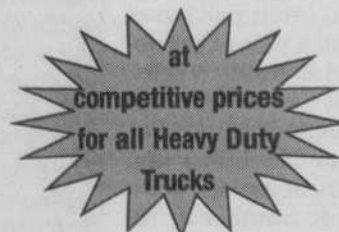
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Celebrating milk - and the cows it comes from

By Claudia Villemaire
COATICOOK

No, there's no four-lane highway close by. But anyone with a spirit of adventure and the slightest hint of a desire to learn a bit about the Eastern Townships, would be sadly remiss, bypassing the Coaticook Valley. There's simply no easy way to get there. Oh yes, roads are paved and sometimes, steep hills have a fast lane for a kilometre or two, but travelers considering a visit to the Coaticook Valley fair will pass through some of the greatest panoramas this corner of Quebec offers. There's the added bonus of finding the birthplace of one of Canada's greatest prime ministers, Louis St Laurent in Compton or perhaps, if legs and hearts are up to the challenge, taking a nine-kilometre hike, crossing the longest suspension bridge in Canada and experiencing the sound and fury of the Coaticook Gorge where tons of water tumble through a 300-metre chasm, over a dam, past an ancient power house to burst into the quiet pool that flows past one of the most beautiful campgrounds around. Planning a weekend visit, with the fair a focal point, could prove to be one of the best of the summer.

The Coaticook exposition, located on the plateau that rises from the centre of town, is ready once again, this year with a bigger and better program of fun and informative activities that are designed to give fairgoers a glimpse of local producers' best efforts, with red and white and black and white Holsteins in the competition ring, the 'Jeunes Ruraux'

going through their paces in showmanship and conformation classes, workshops describing and explaining the various ways butter and cheese is fabricated and topping the animal section off, a dairy-goat exhibition on Sunday with judging and all the trimmings that kind of activity demands.

Of course, no county fair would be complete without a full complement of midway rides. This year, Amusement Spectaculaire will bring at least ten thrilling rides to the Valley Fair with half specially designed for young 'fry'. Inflatables toys and games are also on the program for the youngsters and at this event, where dairy producers from the region are in the spotlight, free chocolate milk is always being delivered around the midway by horse and cart.

Beekeeping and honey production are also on the program this year, and, with a revamped and revitalized mini-farm and petting zoo, where all kinds of farm animals will be in reach for a hands-on approach for visitors, organizers are hoping to realize a goal that inspired organizers during the first years of this Festival, underlining the importance of local dairy production and introducing the public to the various aspects of producing the food everyone enjoys.

When a group of concerned local producers and community-minded folk gathered in 1978, the local economy was at an all time low. In spite of excellent farms where locally bred and raised dairy cows were making their mark in national record books, hardly anyone knew of these achievements or the importance of dairy production to the local

economy. The idea of a Milk Festival, spotlighting the excellence of local breeders and their outstanding herds took shape and the Milk Festival was born. To the great surprise of those daring organizers, the event proved more popular than their wildest dreams. Thousands came, some from across the world, to taste, watch and enjoy a program that included a fashion parade for cows, an animal-sounds competition and a parade through town complete with floats, bands and a grand display of farm machinery, antique and the very latest models.

Moving the event up to Ferme du Plateau, a landmark well known on postcards and local artists' works, seemed to dampen enthusiasm for a while. Organizers struggled to prepare a program that would attract the crowds they needed to stay financial viable. Always, the goal of one day earning the classification as an agriculture fair, was the stimulus that kept the board of directors going. And, finally, 30 years after that first event, the Provincial Association of Agriculture Exhibitions granted their wish. The Milk Festival would now be called Exposition de la Vallée de la Coaticook. Each year, more dairy type animals would be invited to take part, and the program would be bolstered with such events as Tractor Pulls, Super Modified Tractor pulls, and the ever-popular Demolition Derby. The effort to keep traditional customs and traditions would continue, especially the Rigolaiterie, and, perhaps, a talent contest inviting competitors to present their rendition of animal calls and sounds.

This year, there will be bands and musical groups for all ages, a special children's day on Friday when admission is less than half price, specially prepared seminars and workshops for the young folk and a fundraising drawing that will give a few lucky winners a nice pocketful of cash.

Admission to the grounds is \$12. Friday for children accompanied by an adult, admission is \$4. Parking is always free and the admission price includes rides and most shows except the annual brunch and banquet. For info, call 819 849 6010 - Fax: 819 849 3682 or e-mail: expocoaticook@videotron.ca.



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**AUGUST
4 to 7 2011**



THURSDAY, AUGUST 4th

8:00 a.m.	Arrival of animals
4:00 p.m.	Opening of site
6:00 p.m.	Opening of rides & inflatable games
6:30 p.m.	Opening night supper
8:00 p.m.	Young Farmers "Expertise"
9:00 p.m.	Closing of inflatable games
11:00 p.m.	Closing of rides
Midnight	Closing of site

FRIDAY, AUGUST 5th

Youth Day, \$4 per child
accompanied by an adult & OTJ

9:00 a.m.	Opening of site
9:00 a.m.	Young Farmers judging
Noon	Opening of rides & inflatable games
Noon	Opening of exhibits
1:00 p.m.	Opening of Art/Craft Show
1:00 p.m.	Visits of projects "Dairy Water Treatment" & "Incubator Garden"
2:00 p.m.	Dairy cattle judging
4:00 p.m.	Pick-up and Truck Pull registration
7:30 p.m.	Pick-up and Truck Pull
8:00 p.m.	Show by the local group
9:00 p.m.	Show by the group "Akasha"
9:00 p.m.	Closing of inflatable games
11:00 p.m.	Closing of rides
1:00 a.m.	Closing of site



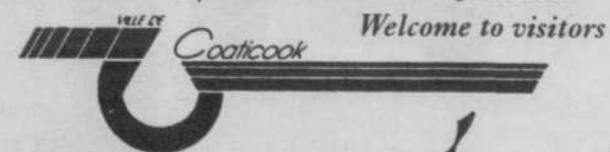
SATURDAY, AUGUST 6th

9:00 a.m.	Opening of site
9:30 a.m.	Red & Black Holstein Heifer judging
10:00 a.m.	Farm & Mini-farm visits
10:00 a.m.	Opening of exhibits
10:00 a.m.	Opening of Art/Craft Show
10:00 a.m.	Visits of projects "Dairy Water Treatment" & "Incubator Garden"
1:00 p.m.	Opening of rides & inflatable games
1:00 p.m.	Red & Black Holstein Cows judging
2:00 p.m.	Opening of the Farmer's Market
3:00 p.m.	"Bête de scène" contest
5:00 p.m.	Tractor Pull registration
7:00 p.m.	Closing of the Farmer's Market
7:30 p.m.	Tractor Pull (Open, Super-Farm & Pro-Stock)
9:00 p.m.	Show by Cassandra Markey and Marc-Antoine Quirion (2010 Bête de scène winners)
9:30 p.m.	Closing of inflatable games
11:00 p.m.	Tribute to Metallica by Damage inc.
1:00 a.m.	Closing of rides
1:00 a.m.	Closing of site

SUNDAY, AUGUST 7th

9:00 a.m.	Opening of site
9:00 a.m.	Mass at Saint Jean L'Évangéliste Church (66 Court St., Coaticook)
10:00 a.m.	Opening of exhibits
10:30 a.m.	Opening of Art/Craft Show
11:00 a.m.	Brunch
11:00 a.m.	Opening of rides & inflatable games
11:00 a.m.	Opening of the Farmer's Market
Noon	Demolition Derby
1:00 p.m.	Rigolaiteries
1:00 p.m.	Sheep Judging
4:00 p.m.	Lottery
4:00 p.m.	Closing of Farmer's Market
5:00 p.m.	Closing of rides & inflatable games
6:00 p.m.	Closing of site

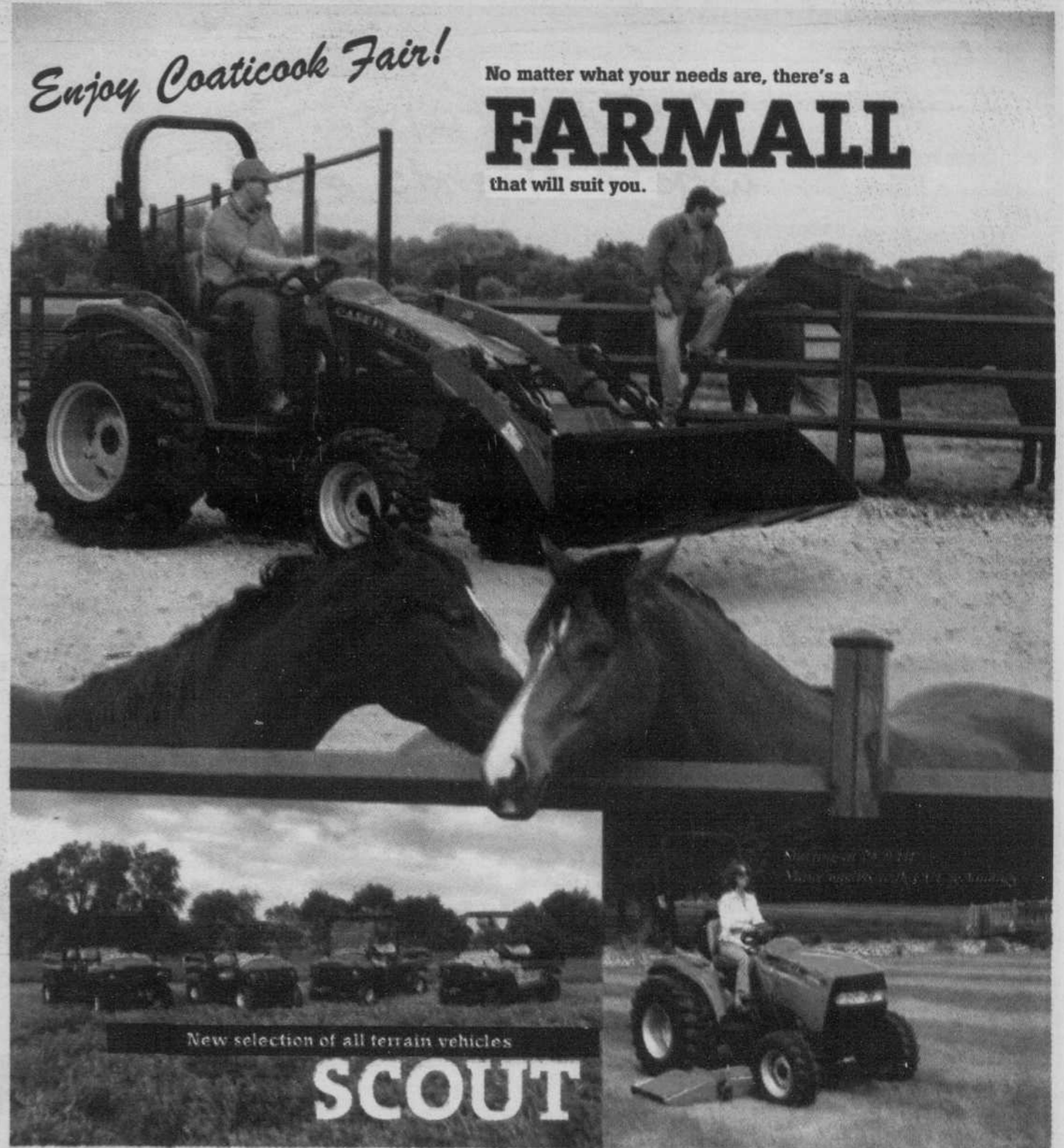
Best wishes to Exposition Vallée de la Coaticook!



Welcome to visitors
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All is ready for Coaticook Fair

By Claudia Villemaire
COATICOOK

There's a corner office at the end of a long hallway in the CRIFA, (Centre Regionale d'Initiative en Agriculture) building just a hop, skip and jump away from the historic Ferme du Plateau barn with its picturesque ventilators and barn floor doors, built a century ago when barns of this size were unheard of.

In that office, are stacks of papers, posters, placards and shelves labeled and

overflowing with the paraphernalia that is a requisite when one is organizing the many aspects of a weekend agricultural exhibition.

But Emilie Drouin, energy and enthusiasm personified, seems to have everything in order. "I simply love what I'm doing," this dynamic young woman emphasizes. "With my course in Event Organizing, I realized the years I spent studying journalism didn't really give me the satisfaction or motivation I expected."

Drouin admits city living and working was really not for her. "We moved back to Coaticook when I was 15," she recalls. My family's roots were here and they also longed for small-town, country living. So I finished secondary school here and, as so many young people do, went off to college and university to study journalism."

It didn't take long for Drouin to realize journalism was not her 'cup of tea'. "Luckily I discovered a course in event organizing, something that had always in-

trigued me and that was the beginning of the road that would lead me back to Coaticook and this position which, I hope, will be a long term career for me," she said.

Working as the coordinator for the Coaticook Valley Exposition board of directors has proved challenging for Drouin. "But this group is really dedicated to planning an event that is not only successful financially but puts local agriculture in the spotlight. This year, we have a record number of dairy cattle scheduled to compete in various classes all weekend. There are 185 head in all including red and white, black and white Holsteins, Jerseys and a special contingent of Canadian cattle."

As an added bonus, dairy goats will prance in front of a judge on Sunday and hopefully, he or she will give a running commentary on what they're looking for such as conformation, handling ease and the showmanship of the exhibitor.

Drouin talks about events she hopes will attract as many as 12,000-15,000 over the three-day weekend. "We have tractor pulls and a demolition derby scheduled, a two-day farmers' market with produce from this region only. That's only on Saturday and Sunday. There'll be Kiwi, the clown circulating all weekend and of course, the famous Rigolaiterie."

Financing this event has been an ongoing problem over the years. Admission prices were kept at a minimum but admission was charged for events such as the 'pulls' and evening entertainment. With the addition of a midway and inflatables for the young and young at heart, organizers adopted the method used at other exhibitions with a one-price admission ticket giving access to midway and events. Parking is still free and fairgoers can still hitch a ride to the midway on a tractor-pulled wagon.

Drouin is still shuffling papers, answering questions, greeting visitors non-stop and putting up with a journalist sitting in the midst of her busy day. "We are ready," she says. "Support from various enterprises and the community at large is improving and, with some fine weather over the weekend, I think we're looking forward to the best exhibition so far."

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THE RECORD



First film fest ready to roll reel

CONT'D FROM PAGE 5

be featured.
 "The film, which gives a stunning overhead view of our planet, was shot in 120 locations in 54 countries around the world," said Nuremberg. "We believe it is currently the best film on climate change as it is neither preachy, nor overly scientific and is visually stunning."

Guests are asked to bring their own beach blankets and lawn chairs for the outdoor screenings.

Closing Night

The festival will come to a close with the family feature 'The Year Dolly Parton Was my Mom.' Fresh from a cross-Canada tour, the film and its Montreal director, Tara Johns and producer Barbara Shrier will be presented at 4 p.m. Sunday, August 21, at the Lac-Brome Theatre.

Filmed on location in Montreal and rural Manitoba, the movie co-stars Québec's Macha Gregnon and 11 year-old newcomer Julia Stone and features Québec artists Coral Eagan and Martha Wainwright in the soundtrack.



Organizers of the Eastern Townships Film Festival have unveiled their diverse program and plans for the regions first bilingual movie celebration which opens August 18. Organizers of the Eastern Townships Film Festival have unveiled their diverse program and plans for the regions first bilingual movie celebration which opens August 18.

Organizers are also challenging local youth to flex their filmmaking muscles by shooting their own short documentary, fiction or experimental movie. Finalists will have their two minutes or under films projected during the festival

on the promotional sites, and the winning entries will be shown and awarded during the closing projection of the festival. The contest closes at midnight August 12. For details visit www.shortandsweetff.com.

Additional screenings include 'Farmageddon' and 'Dirt' highlighting rural and agricultural issues; 'Buster Keaton Rides Again' and 'The Railroader' featuring and presented by local filmmaker Gerry Potterton.

Pre-premier Party

Before the Festival kicks off, a 'happy hour' fundraising cocktail has been planned at the Knowlton Lakeview. Along with wine and hors d'œuvres, a fortune teller will be on hand and concert pianist and composer Roman Zavada, will set the score for a screening of silent movies.

A limited number of tickets, \$50 per person, for the event on Thursday, August 11, can be reserved by contacting the Eastern Townships Film Festival at 450 243 5348 or the Auberge Lakeview, 50 rue Victoria, Knowlton, 450 243 6183. For more information about the Festival and show times visit www.eastertownshipfilmfestival.com.

Blue-green algae surfacing once more in Lake Memphremagog

After reports surfaced of blue-green algae problems in Lake Massawippi, Lake Memphremagog is now experiencing problems of its own.

On July 28, patrollers of the Memphremagog Conservation Organization identified a blue-green algae outbreak near Merry Marina right near the entrance to Magog River.

"The water sampled from the area was analyzed right away and preliminary results show that there aren't any

toxins present in the water which means there is less danger for those who have been swimming in the lake" said Erich Smith-Peter, coordinator for the organization, in a statement earlier this week.

A large amount of algae has been identified all across the lake but luckily none have yet been seen in the lake's many swimming areas and beaches.

According to the conservation organization, they have received more warnings from citizens this year than any

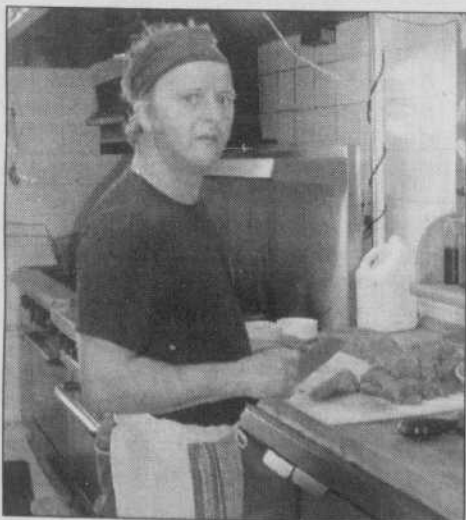
other year regarding blue-green algae appearances, but Smith-Peter claims to have not yet seen an outburst of the bacteria as important as the ones seen in 2010.

Smith-Peter believes the appearance and rapid disappearance of the algae is due to the fact that the flower feeds at the bottom of the lake before coming to the surface for the sun rays, and eventually returns back below, where it is no longer visible.

The Memphremagog Conservation Organization is a non-profit committee dedicated to environmental conservation and preserving the natural beauty of Lake Memphremagog and its water since 1967.

The presence of cyanobacteria has been an important issue for the conservation organization for a few years now, with last year being arguably the worst year for the problem in recent history.

Sutton announces the 'Great Ceasar salad competition'



By Manfred H. Starhemberg

Chef Christian Beaulieu shown above, is one of the eight renowned chefs in Sutton to take part in a unique competition: Who can create the best, the most memorable, the award winning Ceasar salad. This might not sound a big deal to anyone but the whole town is already abuzz about it because

the event includes eight local artists as well. Eight chefs are competing for a prize of being the creator of the best salad, eight artists are painting paintings of this storied salad and their paintings will be displayed in the eight participating restaurants, along with the other works of the participating artists.

The eight Sutton restaurants will feature the salads every day until labor day, and the artists have been given ample space to show off their stuff. There are some serious contenders here, Lionel Dimontis, who has owned one of the most beautiful houses in Quebec, the lovingly restored Royalist mansion, which he calls "La Fontaine", and who is the longest existing establishment under one family in Sutton, will compete against storied chef Lise Desjardins whose "L'International" won its share of praise on the internet.

Relative newcomers John Kostuik of the Auberge des Appalaches and Luc Beaujean of the very fine bistro "Targinizza" are the dark horses in this derby.

The locals are already betting and one

of their favorites is the long time owner of "Targinizza" and now chef at the golf club, Michel Carré. This man has made his mark on Sutton through his beautiful Italian dishes, his delightful and whimsical use of herbs and spices, cheeses and vinaigrettes. But there are also Michele Besré, former owner of the renowned "La Rumeur Affamée", which she sold two years ago, now presides over the kitchen of one of the premier hotels in town, "Le Pleasant".

"Le Cafetier", possibly one of the greatest success stories in Sutton's gastronomic history, will be represented by the vivacious Marie-André Brunelle. Eight artists have been asked to make paintings of Ceasar salads and their works, as well as their other art will be displayed in the participating restaurants until Labor Day weekend, when a great public taste testing and a juried competition will take place in the center of town.

The public is invited on September 4 to taste the different salads and cast a vote. The official jury will be presided over by Phillippe Mollé, food writer for

"Le Devoir" and columnist of culinary matters for Radio Canada.

Come and judge for yourself however. There is a lot going on in Sutton throughout August and September.

NOTICE OF CLOSURE OF INVENTORY

(Newspaper notice: C.C.Q., art. 795)

Notice is hereby given that Laura FLETCHER (the "Deceased"), domiciled at 37, Parkdale Street, Sherbrooke, province of Quebec, J1M 1H6 in her lifetime, died at Sherbrooke, province of Quebec, on April 14th, 2011. An inventory of the Deceased's property has been made in accordance with the law and can be consulted by interested parties at Robert Downey, notary, having his place of business at 85, Queen Street, Sherbrooke, province of Quebec, J1M 1J3.

Given on this 26th day of July 2011.

Jonathan BUZZELL

Local Sports

With a new head coach and a host of new players, the Eskimos possess the only undefeated record in the league.

CFL picks: Als still favoured in spite of record

By Peter James
Postmedia News

In the topsy-turvy world of Canadian football, it's not unheard of to author a worst-to-first comeback from one season to the next.

Rarely, does it happen twice in one season, but that's exactly what the Winnipeg Blue Bombers and Edmonton Eskimos are in the process of doing.

A year ago they combined for 11 wins and were both spectators come playoff time. Through the first five weeks of the 2011 campaign they've already totalled nine wins and it's hardly a stretch to say Friday night's game at Canad Inns Stadium could be billed as a Grey Cup preview.

With a new head coach and a host of new players, the Eskimos possess the only undefeated record in the league.

They come into Winnipeg as a slight road favourite against a Blue Bomber

squad that has lost only once - and that was by a single point.

Despite their impressive records, both teams still have doubters. The winner on Friday night could change a few opinions.

Here's a look at this week's games.

THURSDAY

Montreal (-4.5) at Toronto, 7:30 p.m. ET

The Alouettes (3-2) are losers of two straight, yet are still road favourites this week. Perhaps it's because the Argonauts (1-4) have lost four in a row and blew a big first-half lead in Edmonton last week.

Montreal's defence played its worst game of the season in a loss to Hamilton last week, but should have no problem containing Toronto's bumbling attack. The Alouettes' quick-strike offence lit up Toronto for 40 points earlier this year, if

they can come close to replicating that production on Thursday they'll win again.

Pick: Give the points, take the Alouettes.

FRIDAY

Edmonton (-1) at Winnipeg, 7:30 p.m. ET

Edmonton quarterback Ricky Ray and receiver Fred Stamps are working their magic every week. Ray is averaging nearly 300 yards passing a game and Stamps hauling in more than 100 yards worth of passes each week. They have connected on five touchdowns for the Eskimos (5-0).

The Bombers (4-1) have the best pass defence in the league and with sack master Odell Willis lining up at defensive end, Ray should see more pressure than he has all year.

Bombers quarterback Buck Pierce is expected to play which should give the Bombers' offence a lift.

Pick: Take the point and Winnipeg.

Saskatchewan at B.C. (-3), 10:30 p.m. ET

The pressure is mounting on the Lions (0-5) going into Friday night's game. Five straight losses is bad enough, but with games against Winnipeg and

Edmonton coming, there's the potential for the Lions to be winless come Labour Day.

This week they get a Roughriders team (1-4) that has been unable to string together solid performances all season. After another disappointing outing at home to Calgary last week, they go into Friday's game as road underdogs to the winless Lions.

The Roughriders' inept offence could be the Lions saviour this week.

Pick: Give the points, take the Lions to get off the schneid at home.

SATURDAY

Hamilton at Calgary (-4), 9:30 p.m. ET

The Tiger-Cats (3-2) have won three in a row, scoring more than 30 points each outing and capped their streak with an impressive win over Montreal last week. Yet they still come into Saturday's game as moderate underdog against the Stampeders (3-2).

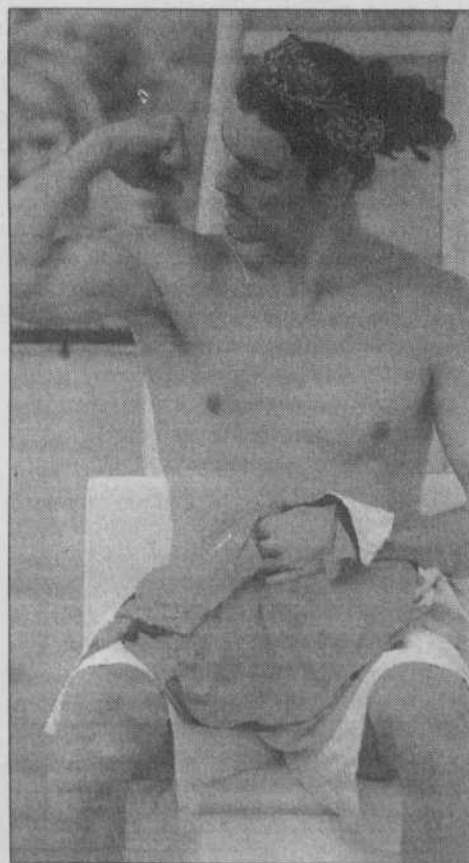
Calgary is winless in its two home starts this year and while there's a good chance that will change this week, the Ticats should do enough to keep the game close.

Pick: Take the points and the Tiger-Cats.

Last week: 3-1.

Season: 11-9.

Canadians take wild-card route to Rogers Cup



JOHN DONEGAN / CP

Niagara Falls native Frank Dancevic was overlooked as the wild cards were handed out for this year's Rogers Cup.

By Stephanie Myles
Postmedia News
MONTREAL

The wild cards for next week's Rogers Cup tennis tournaments were announced Tuesday.

And the only real surprise was the decision not to award one to Canadian Frank Dancevic.

On the women's side, all three passes straight into the main draw in Toronto went to Quebecers.

Blainville's Aleksandra Wozniak, Laval's Stephanie Dubois and Montreal teenager Eugenie Bouchard were the lucky recipients.

The spot for Bouchard became available when Romania's Alexandra Dulgheru pulled out of the tournament. Vancouver's Rebecca Marino was next in line to get into the main draw on the merits of her WTA Tour ranking, and so she didn't need the wild card.

On the men's side, Montreal's Erik Chvojka received his first Rogers Cup wild card, and will play in front of family and friends in his hometown. Chvojka, who returned to pro tennis after an injury layoff, is ranked No. 315 on the ATP Tour - a career high.

The other two Canadians on the list are Vernon, B.C.'s Vasek Pospisil and Vancouver's Philip Bester.

The fourth men's wild card was awarded to Australian Bernard Tomic, 18, who began the season ranked outside the top 200, but has risen to No. 71 on the strength of his run at Wimbledon, where he qualified and went all the way to the quarter-finals.

Dancevic reached the quarters here in 2007 - upsetting Juan Martin del Potro of Argentina and Fernando Verdasco of Spain before thrilling the Uniprix Stadium crowd during a three-set loss to Rafael Nadal.

The 26-year-old from Niagara Falls, Ont., did receive a wild card into the qualifying event, which begins on Saturday. The reason given to him for the snub was his decision not to make himself available for Canada's Davis Cup tie against Ecuador last month.

It turned out to be a moot point; Dancevic hasn't played since Wimbledon because of his back, which had been sore since before the French Open in May.

Montreal Gazette
smyles(at)montrealgazette.com

SPORTS BRIEFS

Canadian divers win two gold at diving competition

Postmedia News

ROME - Melissa Citrini-Beaulieu of St-Constant, Que., and Teya Syskakis of Edmonton highlighted a six-medal Canadian performance with victories on Tuesday to open the Trofeo Niccolo Campo international junior diving competition.

On the women's one-metre in the 16-18 age group, Citrini-Beaulieu and Jo-Annie Dubois of Gatineau, Que., placed 1-2.

In the girls 14-15 three-metre, Syskakis and Becky Deacon of Edmonton also posted a 1-2 finish.

Bronze medals were earned by Olivier Morneau-Ricard of Quebec City on men's 16-18 three-metre and Jack Cherniawsky of Edmonton on boys 14-15 one-metre.

The eight member Canadian team was determined after last month's junior nationals in Pointe-Claire, Que.

Other team members are Tyler Henschel of Edmonton and Bryan Starick of Dollard-des-Ormeaux, Que.

Competition continues through to Thursday.

Ted Nolan hired to coach Latvian national team

Postmedia News

RIGA, Latvia - Former National Hockey League coach Ted Nolan is taking his game overseas.

Nolan was introduced as the new

head coach for Latvia's national team on Wednesday.

According to a report on the IIHF website, Nolan beat out another former NHL coach in Mike Keenan.

The 53-year-old Nolan will succeed Olegs Znaroks, whose contract was not renewed after five years following Latvia's 13th-place finish at the 2011 IIHF world championship.

"We were looking for a neutral, authoritative coach with lots of experience and good hockey knowledge," Latvian Hockey Federation president Kirovs Lipmans said to the IIHF website. "This is exactly what we found with Ted Nolan."

Nolan is the first North American coach of the Latvian national team since fellow Canadian Larry Marsh in 1939.

Nolan came to prominence as head coach of the Buffalo Sabres, where won the Jack Adams Award as NHL coach of the year after the 1996-97 season.

He next surfaced in the NHL as head coach of the New York Islanders from 2006 to 2008.

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DR. GOTT



An inability to taste is perplexing

By Peter H. Gott, M.D.

DEAR DR. GOTT: I lost my taste buds approximately one week ago. Nothing I eat has any taste or flavor to it. I started taking NitroFur 100 mg, a generic prescription, for a urinary tract infection. The pills didn't work, and that's when I lost my taste buds. I don't know if it was just a coincidence or if the medication caused it, but I am no longer taking the medication.

I spoke to my pharmacist, who did some research and said this is not one of the side effects from the medication. Do you know if there is anything I can do or take to restore my sense of taste? I do not want to have to go through the rest of my life not wanting to eat!

DEAR READER: Nitrofurantoin is an antibiotic used to treat urinary tract infections. It is marketed in the United States under the names Macrobid, Macrodantin and Furdantin. Dosing is between 50 mg and 100 mg four times a day for a period of seven days, with variations depending upon the brand prescribed.

Common side effects can include fever, loss of appetite, anorexia, mild diarrhea, gas, rash, vomiting and fever. Many gastrointestinal side effects can be reduced or eliminated if the drug is

taken with food. A person's urine will be dark orange to brown, which is completely normal. While appetite suppression is reported, I am unaware of any correlation between the medication and a loss of taste. Each person can react to a drug in different ways, and you may be one of those people.

Other than this possible link, there are a number of different reasons for this to occur. While you don't indicate how old you are, a number of people over the age of 60 have reported that they lost their taste buds. Unfortunately, this can be a normal part of the aging process. Specific medications such as ACE inhibitors and beta blockers, poor dental hygiene, allergies, sinusitis, having a diagnosis of Alzheimer's or Parkinson's, being a smoker or suffering from depression might be to blame.

If your sense of taste has not returned at this stage, make an appointment with your physician to go over possible causes. You may have a treatable condition that will allow you once again to enjoy your sense of taste. Be sure to advise him or her of any over-the-counter drugs or herbs you might be taking, since almost anything could be to blame.

DEAR DR. GOTT: I have checked Kroger, Wal-Mart and Meijer for bran to make your colon cocktail. All they had was oat bran or rice bran. Are these acceptable for the cocktail of prune juice and applesauce?

DEAR READER: There are several forms of bran, including oat, rice, wheat, corn, barley and millet. I suggest you look in the cereal aisle of your local grocery to find All-Bran or other labels that list bran as the initial ingredient.

Readers who would like related information can order my Health Report "Compelling Home Remedies" by sending a self-addressed, stamped No. 10 envelope and a \$2 U.S. check or money order made payable to Dr. Peter Gott, P.O. Box 433, Lakeville, CT 06039-0433. Be sure to mention the title when writing, or print out an order form from my website's direct link: www.AskDrGottMD.

Death



Mrs. Olga TAMBLING (NEE HUMENICK) (1925 - 2011)

Passed away at the BMP hospital in Cowansville, August 1, 2011 at the age of 85. Loving wife to the late Fred Tambling. She leaves her dear children Ron (Claudette), Linda (Derick Adams), Cynthia (Claude Galipeau) and Don, her brother (late Robert (Bob) his wife Micheline, and Joseph (Wilda), her grandchildren: David, Jonathan, Jeffrey, Jennifer, Alex, Jessica, great-grandchildren, Charles, Frederick, Antoine, other relatives and friends.

A funeral service will take place at the St-Georges Anglican Church in Clarenceville, Saturday, August 6, 2011 at 11 a.m. Please note that family members shall be present at the church to receive condolences at 10 a.m. Burial of her ashes will follow at the Clarenceville Protestant Cemetery.

Arrangements entrusted to the:

Brome-Missisquoi Funeral Complex
215 Iver Street
Bedford, QC
450.248.2911
Condolences may also be sent via our web site at: www.complexebm.com

BROME-MISSISQUOI FUNERAL COMPLEX 215 Iver St., Bedford QC
PHONE: 450-248-2911

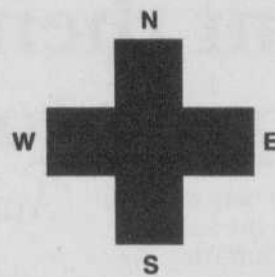
In Memoriam

BARLOW - Sheila. Dearly beloved daughter, Aug., 2010
- Murrury. Dear husband, July, 1999.
- Patrick Lanteigne, grandson, January, 1988.
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BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:

Text only: \$15.00 (includes taxes)

With photo: \$25.00 (\$28.48 taxes included) **DEADLINE:** 3 days before publication.

WEDDING WRITE-UPS, OBITUARIES:

\$25.00 (\$28.48 taxes included) **WITH PHOTO:** \$35.00 (\$39.87 taxes included)

Please Note: All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: classad@sherbrookerecord.com - They will not be taken by phone.

DEADLINES FOR DEATH NOTICES:

For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.

For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) or e-mail: production@sherbrookerecord.com between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called.

TOWNSHIPS' CRIER

NORTH HATLEY

SOLD OUT The Frontier Animal Society Benefit Night at the Piggery Theater in North Hatley on Friday, August 5 at 8 p.m. is SOLD OUT. Thank you for your support!

NORTH HATLEY

The Harmony Concerts series continues this summer in Dreamland Park, North Hatley. Sunday, August 7, 3 p.m. to 5 p.m., Jean-Denis Dubuc Band - Jazz. Free, all welcome! Presented by the North Hatley Recreation Society.

LENNOXVILLE

Lennoxville and District Community Aid will hold a Blood Pressure clinic on Tuesday, August 9 at the Masonic Hall, 3002 College St., from 1:30 p.m. to 3 p.m.

WATERVILLE

Lennoxville and District Community Aid will hold a Blood Pressure clinic on Tuesday, August 23 at the Town Hall, 170 Principale South, from 10 a.m. to 11 a.m.

NORTH HATLEY

Lennoxville and District Community Aid will hold a Blood Pressure clinic on

Friday, August 5 at the Library, 165 Main St. North, from 10 a.m. to 11:30 a.m.

MELBOURNE

Melbourne County Public Market, an enchanting site where you can fill your basket with healthy local products. Each Saturday, from 9 a.m. to 3 p.m., 1257 Route 243, behind the Melbourne County Town Hall. 819-826-1944, www.marchechampetre.ca

RICHMOND

Richmond Fair annual Beef BBQ on Saturday, August 13 from 6:30 p.m. to 8:30 p.m. Admission charged. Tickets can be purchased from Fair Directors. Entertainment to follow starting at 9 p.m. All welcome.

RICHMOND

Social afternoon, Valleyview Hall, Healy Road. 1:30 p.m., Thursday, August 11. Help fill the grocery box, proceeds to Meals on Wheels. Bring friends, have fun, guessing game too. Yes, Tim's coming. Support Richmond Hill W.I.

AUSTIN

MS Dinner. "Jimmy Edwards & the Country Folks", Sunday, August 7 from 2:30 to 7:00 p.m. at the Municipal Hall, Millington Road, Austin. Entry with or without supper - \$ 12. Half & Half, raffle and door prizes. A great group of musicians making it possible to help local people with MS. If you would like to participate in the door prizes, please

bring an article of food or dry goods valued no more than \$3 ea. This is very interesting as the more that is brought in, the more prizes there are to win. For info, call Lee at (819)823-7167. Something to plan for: Oct. 2nd, our MS Hillbilly Dance-a-thon! Prizes for the best costume. Have fun while raising funds.

HATLEY

The Old North Church Cemetery Association's summer potluck gathering will take place on Sunday, August 7, beginning at noon at the United Church in the village of Hatley. This year, we are celebrating the 200th anniversary of the two oldest existing stones in the cemetery. Everyone is welcome, so please join us for this special event.

RICHMOND

Richmond St. Pat's, beef and pork mechoui, August 20 at 6 p.m. Limited tickets. Followed by a Legion sponsored dance. Royal Canadian Legion, College St., Richmond. Info: Mark or Julie at (819) 826-2535 or Jerome at (819) 848-2359.

BISHOPTON

On Sunday, August 21 at 1:30 p.m. we will be gathering for the last time at the Church of the Good Shepherd in Bishopton, Eaton-Dudwell-Victoria Parish, for the Deconsecration Service. Execute Archdeacon Garth Bulmer will preside at the service, assisted by the Reverend Wanda Dillabough. This will be an opportunity to share memories

and honour the many ways that the community of The Good Shepherd has been a blessing to those around them. It is hoped that past members, present members, their families and friends will be able to join with us.

BROOKBURY

The annual St. John's Cemetery Brookbury Flower service is at 2 p.m. on Sunday, August 7. People are invited to bring a flower or flowers to lay at the graves of departed loved ones. The offertory will be used to help maintain the cemetery. Please bring your lawn chair. There will be a time of fellowship and refreshments after the service. All are welcome.

...

This column accepts items announcing events organized by churches, service clubs and recognized charitable institutions for a \$7.00 fee, \$10.00 for 2 insertions of same notice, \$13.00 for 3 publications. Maximum 35 words. If you have more than 35 words the charge will be \$10.00 per insertion. Requests should be mailed, well in advance, to The Record, P.O. Box 1200, Sherbrooke, Quebec, J1H 5L6, be signed and include a telephone number and payment. Telephone requests will not be accepted. Admission charges and trade names will be deleted. No dances.

I don't want them to think I'm crazy or trying to get attention.

Dear Annie: I am in my early 50s and have been married for 34 years. My husband is the only man I have ever been with. For years, I put up with his cheating because I was concerned about my children and our financial future. Now the kids are grown and can take care of themselves.

My husband has been with his current lover for almost three years. Initially, I let it go, but then he started treating me even worse than before. He would get angry if I went anywhere, but would never join me, so I stopped going out. Then he cut me off from any access to our money. I now have to ask him for whatever I need, and he gets to decide if I can have it or not. He also told me I can no longer open the mail.

I started to check up on him and keep track of his phone calls. It took a while, but I was finally able to get undeniable proof of his affair. This is the part I can't deal with: His lover is his first cousin. I'm so tired of living like this. I think I know what to do, but would like an objective opinion. I have no friends to ask,

so please help me. — Suffering in the South

Dear Suffering: Aside from the history of marital infidelity, your husband is also guilty of abuse. Isolating you and controlling all the household money are key indicators. Your children are grown. It's time to get out of this mess of a marriage. Start by documenting his treatment of you. Call the National Domestic Violence Hotline (thehotline.org) at 1-800-799-SAFE (1-800-799-7233), and then talk to a lawyer.

Dear Annie: I am a 17-year-old girl, and I think there might be something wrong with me. My moods change frequently, sometimes at the drop of a hat. I feel lonely a lot, and little things can drop me into a depression.

Recently, I've felt depressed again and was wondering what I'm supposed to do. I've never told my parents about this. I once attempted to tell my friends, but they brushed off my pain and focused on their own problems.

I don't know if I should tell my parents. I don't want them to think I'm

Annie's Mailbox

crazy or trying to get attention. What do I do? — Detroit, Mich.

Dear Detroit: A certain amount of moodiness in teenagers can be attributed to hormonal changes, which are common and no cause for alarm. However, when mood swings lead to severe depression, it can be a problem. Please talk to your parents. Ask them to make an appointment for you to see your doctor and discuss your concerns and rule out any serious issues. You also can talk to your school counselor or nurse when classes start up again.

Dear Annie: I disagree with your response to "Numb in Nevada," whose son and daughter-in-law cut off contact with the grandchild. "Numb" sounds like a woman with a sense of entitlement.

Without the slightest knowledge of what the writer's wrongdoings were or of the conditions placed on reconciliation, you sided with the letter writer. Maybe the son finally has developed some "spine" and is standing up to a

mother who clearly feels her economic clout entitles her to dominate the daughter-in-law. The whole incident was started because "Numb" ignored a clearly expressed wish that she not show up at the hospital. She sounds like the mother-in-law from hell. — F.G.

Dear F.G.: She may be, but she still doesn't deserve to be cut off from her son and grandchild. The son was the one who invited Mom to see the baby. Mom did not, in fact, see the girlfriend at all or interfere with the bonding process (the original requirement), so there was no reason for such an extreme reaction. Grandparents sometimes overstep and need to accept boundaries. But the boundaries should be fair and should not deprive the grandchild of a family member's love.

Annie's Mailbox is written by Kathy Mitchell and Marcy Sugar, longtime editors of the Ann Landers column.



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THE RECORD

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

TODAY'S CLUE: V equals C

" OFWOTF RFFJ GWSEXBSEWR SW JW
BRDSAERP. E JWR'S SAERH AIGBR
KFERPY TFLR BRDSAERP NESAWIS
JFYOFLBSEWR." - ZEG VBLLFD

Previous solution: "I do benefits... there's so many people out there that needs help that I can't say I won't help them." - John Lee Hooker

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ALLEY OOP



ARLO & JANIS



THE BORN LOSER



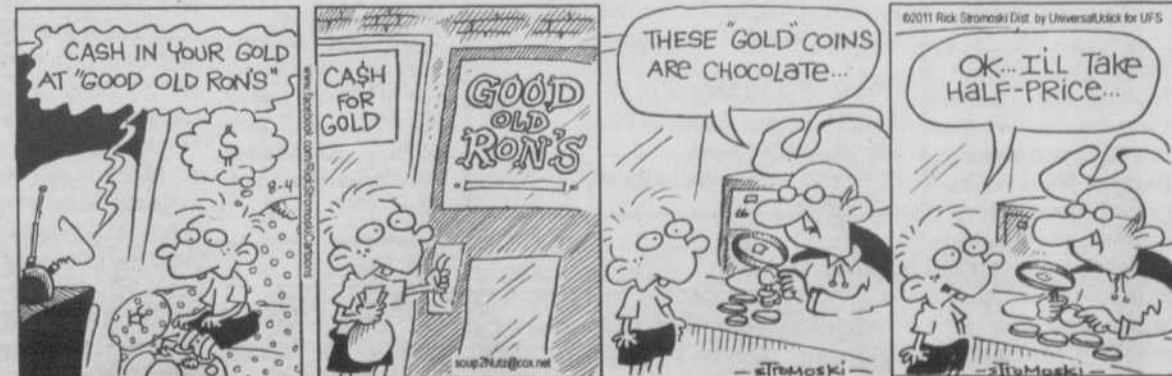
FRANK AND ERNEST



GRIZWELLS



SOUP TO NUTS



KIT N' CARLYLE



HERMAN



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To schedule an interview, please send your resume to the following e-mail address: blair@motrec.ca

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Your Birthday

Thursday, Aug. 4, 2011

The recognition, financially, socially and career-wise, that all your hard work deserves is likely to be forthcoming in the next year. However, it might not be awarded you in the manner you are anticipating.

LEO (July 23-Aug. 22) — Constructive results are possible with whatever it is you're doing, but only as long as you perform in accordance with your highest standards. Don't let a lazy associate convince you otherwise.

VIRGO (Aug. 23-Sept. 22) — Several significant objectives can be accomplished, provided you're not saddled with a co-worker who has little interest in doing a bit of work. Be prepared to do all of the heavy lifting yourself.

LIBRA (Sept. 23-Oct. 23) — Even though, upon reflection, you can see how you could do things better than what you promised, stick to the terms of your initial commitment. It would be far worse to get in over your head at the last second.

SCORPIO (Oct. 24-Nov. 22) — You'll get much more than a paycheck if you render your best effort toward your job. Your self-esteem and self-worth will be greatly enhanced in ways hard to come by.

SAGITTARIUS (Nov. 23-Dec. 21) — Bring into play all of your instincts, your memory and your logic if you find yourself involved in a difficult endeavor. Collectively, they can help you accom-

plish the impossible.
CAPRICORN (Dec. 22-Jan. 19) — It might take all of the gumption you've got to accomplish a critical assignment, but what you will get out of it personally will be worth it — and that isn't likely to mean money.

AQUARIUS (Jan. 20-Feb. 19) — Don't complain from the sidelines about something you're involved with that is being mishandled. Roll up your sleeves and shape things up yourself, from top to bottom if need be.

PISCES (Feb. 20-March 20) — If you've accumulated a bit of a surplus lately, don't blow it all on having a good time. At least use some of it on loved ones who would not only appreciate but also deserve a little special treatment.

ARIES (March 21-April 19) — Not everybody is as perceptive as you tend to be, so if you believe you can better the ideas of what others have to offer, speak up and let your thoughts be known.

TAURUS (April 20-May 20) — Instead of always expecting more from others, make it your turn to devise some ways to repay them for all they've done for you in the past. They'll be happy, and you'll feel good about yourself.

GEMINI (May 21-June 20) — When attempting to complete a complicated task, don't pretend to know things you really don't. Seek out the information you need.

CANCER (June 21-July 22) — Although your intuitive insights might be a bit more accurate than usual, it will still be up to you to find a way to execute them as cleverly as you envision them.

Thursday, Aug. 4, 2011

The bidding gives the game away

By Phillip Adler

Publilius Syrus was a Syrian who was brought to Italy as a slave in the first century B.C. But his intelligence was recognized by his master, who freed him. In his maxims, he wrote, "Let a fool hold his tongue and he will pass for a sage."

A sage at the bridge table does not necessarily pass, but he takes note of passes made by the other players. Sometimes one will provide a key piece of data — as in this deal.

South is in four spades. West leads the heart nine. East wins with his jack (lowest of touching honors when playing third hand high), cashes the heart ace and heart king (West discarding the club two), and continues with the heart queen. What should South do?

When North made a game-invitational three-spade limit raise, South's four-club rebid was a control-bid (cue-bid) showing the club ace and asking North if he liked his hand for a slam. (This was a tad optimistic by South, but North might have had, say, a singleton heart.) North control-bid his diamond ace. Then, when South settled for four spades, it was clear that he lacked a heart control.

South has to find the spade queen.

North 08-04-11			
♠ K 9 8 3			
♥ 10 7 5 4			
♦ A 10			
♣ Q J 6			
West		East	
♠ Q 7 2		♠ 4	
♥ 9 2		♥ A K Q J	
♦ 9 6 5 3		♦ 8 7 4 2	
♣ 8 7 4 2		♣ 10 9 5 3	
South			
♠ A J 10 6 5			
♥ 8 6 3			
♦ K Q J			
♣ A K			
Dealer: East			
Vulnerable: Neither			
South	West	North	East
1 ♠	Pass	3 ♠	Pass
4 ♠	Pass	4 ♦	Pass
4 ♠	Pass	Pass	Pass
Opening lead: ♥ 9			

And he must decide at trick four. Should he ruff high or low?

Remember East's initial pass. He has already produced 10 high-card points in hearts. If he has the spade queen as well, he probably would have opened the bidding. South should ruff with his spade ace, then run the spade jack through West.

What a sage play!

CROSSWORD

- Across**
- 1 Chatted via AOL
 - 5 "Legend of the Guardians" birds
 - 9 Product prefix with -matic
 - 14 Strike zone?
 - 15 State with a five-sided flag
 - 16 Staircase post
 - 17 "Informal survey
 - 19 Lose no games
 - 20 São Miguel's islands
 - 21 Get dolled (up)
 - 23 Kings and queens
 - 24 Legendary Henie
 - 25 Discharge
 - 27 Great Lakes prov.
 - 29 "Young starlet's driver
 - 33 Six-sided state
 - 36 Tends the lawn
 - 38 Key for Debussy?
 - 39 + or -, e.g.
 - 40 It's not chilly in Chile

- 41 Buttonhole, e.g.
- 42 Rocket tail?
- 43 Russian leader, 1682-1725
- 44 WBA stats
- 45 "Jeweled fashion accessory
- 47 Mauna _
- 49 Prefix with -morphic
- 50 Albee offering
- 54 "Out of the question!"
- 56 Bud
- 59 Haul in
- 60 Slangy denials
- 62 Repeated words in a drill sergeant's marching order, and a hint to how the first and second word, in turn, of each starred answer would be touch-typed
- 64 Ad
- 65 Brace
- 66 Pastures
- 67 New York's _ Island
- 68 German auto
- 69 Every 12 mos.

- rock genre
- 29 17th-century Dutch painter
- 30 Okla., once
- 31 Medley
- 32 Citi Field team
- 33 Pre-owned
- 34 Theater section
- 35 "Be of one mind about
- 37 Naysayer
- 41 "Astral wildflower
- 43 LAX setting
- 46 Work on a plot
- 48 Renuzit target

- 51 Rags-to-riches author
- 52 Taj _
- 53 Pretentious
- 54 Like sexist jokes, for short
- 55 Scope starter
- 57 Best friend's meal?
- 58 Ballet move
- 59 Key used in combinations
- 61 Tempeh base
- 63 "For shame!"

V	A	L		N	E	H	I	S		T	E	N	A	M	
O	R	O		E	V	O	K	E		E	N	A	M	I	
W	I	N	D	D	O	W	N	W	I	N	D	U	P	S	
S	A	G	E		T	O	O	N	S		R	U	T		
		G	E	T	D	O	W	N	G	E	T	U	P	S	
V	E	R	M	I	N			A	S	A					
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				N	E	A				R	E	A	G	A	N
P	U	T	U	P	P	U	T	D	O	W	N	S			
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T	A	K	E	U	P	T	A	K	E	D	O	W	N	S	
A	R	Y	A	N		I	R	E	N	E		A	C	T	
S	M	O	R	E		L	A	Y	O	N		Y	E	S	

- Down**
- 1 Lund of "Casablanca" and others
 - 2 Seder staple
 - 3 "The Smartest Guys in the Room" company
 - 4 "Ominous salutation
 - 5 "My bad!"
 - 6 Question from 5-Across?
 - 7 Jaunty tune
 - 8 New pilot's milestone
 - 9 Connections
 - 10 Online novice
 - 11 "Fresh dairy product
 - 12 Ready to drive
 - 13 Salzburg vista
 - 18 Withdraw by degrees
 - 22 "Garage lubricant
 - 26 U.K. sports cars
 - 28 "Retro '80s British indie

1	2	3	4		5	6	7	8		9	10	11	12	13	
14					15					16					
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64								65						66	
67								68						69	

EAT IN AND SAVE

When dinner-time is teatime

By Marialisa Calta

Americans and tea have had an on-again, off-again affair. Introduced by Dutch settlers in the 1650s, tea drinking gained popularity among the wealthy by the mid-1700s. Then came heavy British taxes on tea and in 1773, the Tea Act, which essentially gave the British East India Company a monopoly on selling the stuff. Angry colonists, as every American schoolchild knows, hosted the first political "tea party" that same year, dumping tea into the Boston Harbor from British ships anchored there. Tea drinking became unpatriotic. After the Revolution, Americans again took up tea, but by the 1860s the focus had turned to iced tea rather than the hot beverage. According to "The Oxford Companion to American Food," 80 percent of tea consumed in the United States is served as iced tea.

Whether or not you are a tea drinker, you can still be a tea user. A new book, "Culinary Tea," by Cynthia Gold and Lise Stern (Running Press, 2010), offers recipes from around the world, all (pun intended) "steeped" in tradition. This book will teach you to think of tea as an ingredient as well as a beverage: as the basis of a spice rub, as a braising and

brining liquid, and as a smoking agent (as in Tea-Smoked Duck, a classic Chinese preparation). Perhaps you have never thought to deglaze a pan with brewed tea (instead of stock or water), or to use tea when making rice or cous-cous; after reading this book, you will.

This elegant volume also tells you everything you need to know about sourcing, buying, storing and making tea. But it is the culinary uses that intrigue. The affair, it seems, is "on" again.

ORANGE-SPICE-TEA-ROASTED PORK TENDERLOIN WITH MANGO-PEACH SALSA

For the pork:
2 (1-pound) pork tenderloins, trimmed of excess fat and silver skin
1/4 cup Eleven-Spice Tea Rub (see recipe below)
2 cups orange juice, plus more if needed

For the salsa:
1 fairly firm medium mango
1 fairly firm large peach
1 small red onion
1 medium red bell pepper
1/2 to 1 small habanero pepper (stemmed, seeded and minced), or 1 teaspoon red-pepper flakes
juice from 2 limes
zest and juice from 1/2 orange
1 tablespoon rice vinegar, or more to taste
1/2 teaspoon Eleven-Spice Tea Rub (see recipe below)
2 tablespoons packed light brown sugar,

or more to taste
1 tablespoon chopped fresh cilantro, basil or parsley
fine sea salt to taste
freshly ground black pepper to taste

Prepare the pork: Rub the meat with the tea rub. Cover well, and refrigerate overnight, or up to three days.

Before cooking the pork, make the salsa: Peel the mango, peach and onion. Stem and seed the bell pepper. Chop all into 1/4-inch dice, and place in a bowl. Add the remaining salsa ingredients except the salt and pepper. Mix well. Taste, then season with salt and pepper. Cover and chill until ready to serve.

Preheat the oven to 375 F. Remove the pork from the refrigerator, and place in a small roasting pan. Pour the orange juice in the pan one-quarter to one-third of the way up the sides of the tenderloins. Add more orange juice if needed.

Roast the pork uncovered, basting frequently with the orange juice until an instant-read thermometer inserted into the center of each tenderloin reads at least 155 F. Cover and let rest for eight to 10 minutes (internal temperature will rise to 160 F), then slice on the diagonal. Serve salsa on the side.

Yield: 4 servings
Recipe from "Culinary Tea" by Cynthia Gold and Lise Stern (Running Press, 2010)

ELEVEN-SPICE TEA RUB

5 tablespoons finely ground full-bodied black-tea leaves (see Cook's note)
1/4 cup packed light brown sugar
2 teaspoons ground cinnamon
1 teaspoon curry powder
1 teaspoon ground cumin
1 teaspoon ground red-pepper flakes or ground Szechuan peppercorns
1/2 teaspoon cayenne pepper
1 teaspoon freshly ground black pepper
1/2 teaspoon ground star anise or anise seed
1/2 teaspoon ground cloves
1/2 teaspoon ground fennel seed
1/2 teaspoon ground ginger
1/2 teaspoon ground mace

Cook's note: Chinese congou, low-grown Ceylon and Nilgiri teas work especially well. Purchase at specialty stores or order them online at sources like www.teasource.com or www.teatrekker.com.

Use a spice grinder, tea grinder or (clean) coffee grinder to separately grind the tea and whole spices.

Mix all the ingredients in jar. Seal tightly, and shake well to mix. Store at room temperature for up to two months.

Try this on chicken, pork, beef and game, for grilling or roasting, added to braising liquids, soups, chutneys or even ketchup for an easy burger sauce.

Yield: 3/4 cups
Recipe from "Culinary Tea" by Cynthia Gold and Lise Stern (Running Press, 2010)

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KNOWLTON/LAC BROME

Dépanneur Rouge - 483 Knowlton
Barnes' magasin général - 39 Victoria
Uniprix - 310 Ch. Knowlton

LENNOXVILLE

P.M.L. - 182 Queen
Bishop's Book Store - Campus - 2600 College
Pharmacie Valérie Courchesne - 147 Queen
Famili Prix - 156 Queen
Provigo Lennoxville - 169 Queen
Acc. Place Oxford - 3085 College
Couche-Tard - 89 Queen

MAGOG

Marché Gaudreau - 836 Sheldon Rd. (Fitch Bay)
Épicerie Lussier Inc. - 92 Hatley
Dépanneur Cabana - 5 St. Patrice E.
Tabagie Lebel Inc. - 423 Principale W.
Supermarché Plouffe - 460 St. Patrice W.
Café Claire - 1700 Sherbrooke
Pharmacie Jean Coutu - 448 St. Patrice W.
Chez Ben - 130 Southière
IGA - 231 Sherbrooke

MANSONVILLE

Marché Richelieu - 340 Principale
Dépanneur Des 13 - 6A Vale Perkins

NORTH HATLEY

Acc. Massawippi - 45 Main
J.L. LeBaron (North Hatley Itée) - 105 Main

RICHMOND

Dépanneur Craig - 45 Craig E.
Garage J.-G. Viger - 491 Craig
Pharmacie Proxim - 260 Principale N.

ROCK FOREST

Dépanneur Mi-Vallon - 4470 Bourque Boul.
Dépanneur Gama - 699 du Curé

SAWYERVILLE

Dépanneur Sawyerville - 19 Cookshire
Dépanneur CPL Lachance - 2 Cookshire

SCOTSTOWN

Dépanneur Victoria - 30 Victoria W.

SHERBROOKE

Épicerie Boisvert - 1246 King W.
Tabagie Dubois - 304 King W.
Dépanneur Carrefour Portland - 2880 Portland (Shell)
Boutique du Carrefour (CHUS) - 3001 - 12th Ave. N.
Dépanneur Bowen - 1008 Bowen S.
Tabagie Wellington 2000 - 154 Wellington N.
Tabamag - 3050 Portland Blvd.
Marché Prospect - 1124 Prospect
Hotel Dieu Hosp. Gift Shop - 580 Bowen S.
Sherbrooke Hospital Hospitality Shop - 375 Argyll
Tabagie King (1985) Enr. - 2239 King W.
Acc. Woodward - 903 Woodward
Dépanneur Conseil/Boni Soir - 485 Conseil
Dépanneur Chez Michel - 2208 Galt. W.
De Chem SUM - 1594 Durham
Dépanneur André - 1981 André
Tabagie de l'Est - 789 King. E.

SOUTH STUKELY

Dépanneur Gaumond & Fils - 2166 Route 112

STANBRIDGE EAST

Marché Stanbridge East - 1 Dépôt

STANSTEAD

IGA - 14 Fairfax
Marché P.S. Pellerin Inc. - 650 Dufferin
Couche-Tard - 3 Fairfax
Dépanneur J.A.N. - 45 Principale

SUTTON

Dépanneur Galipault - 7 Principale
IGA Després- 44 Principale N.

WATERLOO

Dépanneur Dixie - 5413 Foster
Dépanneur Dufresne & Russell - 17 Lewis E.

WATERVILLE

Dépanneur Waterville - 130 Principale

WEST BROME

F.G. Edwards Co. Ltd. - 12 McCurdy
Marché Vallée Bleu Inc. - 1165 Knowlton Rd.

WINDSOR

Super Dépanneur Windsor - 126 Principale N.