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# The Westmount Examiner

Serving the City of Westmount, Garden Suburb of Canada's Metropolis

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VOL. XIV, No. 17

WESTMOUNT, THURSDAY, APRIL 22, 1943

PRICE—TWO CENTS

## FOURTH VICTORY LOAN READY TO ROLL

### Salesmen Receive Last Minute Tips On Stating Case

Greene Avenue Headquarters Of Unit Is Hive of Industry

On Tuesday evening, a meeting of Victory Loan salesmen was held at the local campaign headquarters, 1383, Greene avenue, when Arthur S. Torrey, joint-vice-chairman, Island of Montreal Region of the National War Finance Committee, gave an informative and inspiring address which was enthusiastically received.

A question-and-answer period followed, when many points were discussed and satisfactory solutions to questions offered by the speaker.

The full quota of salesmen were present at the meeting which was held under the chairmanship of Archibald Bentley, joint-organizer of the local unit.

The official Four Freedoms theme of the coming Fourth Victory Loan campaign will be dramatized in a wide variety of ways during the entire period beginning April 26, according to W. B. Tingle and Arthur Fontaine, joint chairmen of the province of Quebec Public Relations Section of the National War Finance Committee.

The big highlight will of course be the May 2 Four Freedoms Parade, the biggest in size and the most impressive in equipment and floats ever to be held in Montreal. The parade will be replete with surprises. Not only will there be ram tanks, anti-aircraft guns, armored cars, mortars and universal carriers, together with a series of symbolic floats representing the Four Freedoms, but also a number of items hitherto unknown to the public, and even to many experts, including some of the more deadly weapons used in Canada's fighting effort.

Building up to this, and at the same time giving the campaign a colorful and inspiring inauguration, will be the Forum Show, "Present Arms!" on April 26, when Canada's active forces will

### Appeal To Our Citizens

"In this campaign we feel sure you will want Westmount to make the best showing possible, so we urge you to await the call of your Victory Loan representative as it will be impossible for him to contact all subscribers during the first few days of the campaign."

"This investment for Victory needs your utmost support."  
 "Back the Attack."  
 —C. E. McKenna,  
 Unit Organizer.

combine and present a spectacular Navy, Army and Air Force display. It will be one of the most impressive shows of its type staged in Montreal since the start of the war. A feature will be four tableaux representing the Four Freedoms.

At the same time there will be exhibited in halls and in many public and business buildings throughout the city large-size reproductions in colors of Norman Rockwell's memorabilia oil paintings depicting the Four Freedoms. The pictures show a workman speaking in public (freedom

(Continued on Page 9)

### Stamp Club Show Opens Tonight At Victoria Hall

War Displays and Other Interesting Exhibits Will Be Seen

President L. Flood of the Westmount Stamp Club has announced that all preparations have been completed for the club's eighth annual exhibition which will open to-night at Victoria Hall for a three-day stand.

A large crowd of club members and stamp enthusiasts are expected to be on hand when Mayor Walter Merrill officially opens the show to-night at eight o'clock. The exhibit will also be open to the public to-morrow afternoon and evening April 23rd and Saturday afternoon and evening April 24th. The opening time for to-morrow and Saturday afternoons has been set for two o'clock.

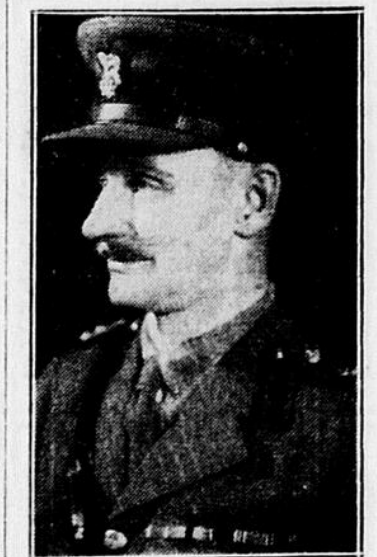
Over two hundred frames will be on exhibit, a larger number than was shown at last year's successful show. The trend of the times will be demonstrated by the various "war" displays. There will be sets of special war printings from the British Colonies, who have printed new stamps in different colours during the present conflict. Many "Censored Covers" will also be shown.

There are many collections of Canadian, American, South American and French stamps on display while Air Mail stamps from all over the world will be shown. Two complete collections of the British Colony mint and a number of 1935 Silver Jubilee varieties may be seen. Many collections of "Postage Dues" will also be shown.

### Local Officer Gets Promotion And New Post

Lt.-Colonel H. Wyatt Johnston Leaves Montreal for Camp Borden

Lt.-Colonel Henry Wyatt Johnston E. D., general staff officer, grade 2, at M. D. No. 4 headquarters has been appointed G. S. O. grade I, at Camp Borden. Colonel Johnston, who lives at 4048, Gage Road, is a veteran



LT.-COL. H. W. JOHNSTON

of the First Great War and began his military training as a member of the college Cadet Corps at Lower Canada.

When he was at McGill University in 1913 he was a member of the C.O.T.C. He served overseas from 1917 to 1919 and returned to college in Canada.

He specialized in chemistry and obtained the degrees of B.Sc., M.Sc. and Ph.D.  
 He was later commissioned in

(Continued on Page 4)

### Lt.-Col. D. Forbes Receives O.B.E.

Lt.-Colonel D. Stuart Forbes, M.C., 44 Summit Circle, has received the Order of the British Empire, Officer's Rank (Military) at the recent investiture at Ottawa when the Earl of Athlone decorated 69 Canadian men and women who had won recognition for good service and gallant deeds.

Colonel Forbes, who is now stationed at Ottawa, was formerly at A17, Advance Machine Gun Training Centre, Three Rivers, Quebec.

### Christian Science Churches Combine For Aid To Britain

Sherbrooke Street Store Window Displays Practical Relief Measures

The attractive window display at 5663 Sherbrooke Street West, of clothing and comforts for women and children in Britain, has given rise to interested inquiries concerning the work of the group who use this workroom.

The Christian Science Wartime Committee, Province of Quebec represents a union of the Christian Science Churches of the Province for the handling of camp welfare activities and the above workroom is the headquarters of the Westmount and Sherbrooke, Que., churches for the carrying on of practical relief measures for those victimized by war in the Mother Country.

Workers are welcomed at the room which is open Tuesday, Thursday and Friday from 10.30 a.m. to 5 p.m. and Thursday evenings from 8 to 10 p.m.

Regular shipments overseas are made monthly. They go to the Christian Science Wartime Committee of The Mother Church in the United Kingdom and are distributed through established centres in England, Scotland and Wales. This clothing is given out, without delay or red tape, wherever the need is urgent, regardless of the recipient's religious affiliation.

Emphasizing the continuous need among civilians in the British war zone, despite the diminution of bombings, a recent estimate of London Social Agencies states that 5,000,000 persons, 60 per cent of them children, are urgently in need of clothing in Britain.

The committee in charge of the workroom is very grateful to their friends among the passers-by who have made so many practical donations of new and used clothing, and numberless odds and ends for the making of comforters.

Shipping regulations do not permit the sending overseas of used garments that have not been either washed or dry cleaned since being worn. For a nominal sum the committee will undertake to get contributed garments cleaned.

Men workers help in the packing and roping and in general repairs, etc. One man has contributed a clever display rack for finished garments, another, half a dozen "T" stands for window displays.

Through this committee upwards of 5,000 cribbage boards, the work of a busy man who spends his evenings at a basement lathe, have been supplied to the men of the Merchant Navy.

Contributors will be glad to know that all shipments have safely reached their destination.

### Youth To Hold Easter Sunrise Service

The annual Easter sunrise service sponsored by the Young People's Unions of the United Church will be held on Mt. Royal at the Chalet at 7.30 a.m., Easter Sunday.

A Leonard Griffith, B.A., student assistant of St. Andrew's United Church, Westmount, will be the speaker.

In case of inclement weather the service will be held in Calvary United Church, corner of Greene avenue and Dorchester street.

### NEWS FROM HOME



Better than a best-seller in any barracks is the weekly newspaper from home, crammed with the story of friends and neighbors.

### Sacrifice, Not Emotionalism, Will Win War, Says Dr. Mulligan

Preacher Stresses Need of Practical Christian Effort in Sermon Last Sunday

At the morning service last Sunday in Melville Presbyterian Church, the minister, the Rev. Dr. Orr Mulligan, preached on the text, "Who then is willing to consecrate his service this day unto the Lord?" Dr. Mulligan referred to Queen Elizabeth's address to the women of Britain on the previous Sunday wherein Her Majesty reminded her listeners of the power and help of religion to meet the great stresses of war with its anxieties, fears and varied needs.

"This reminder is being constantly used by speakers and constitutes a call to greater devotion and sacrifice on the part of the membership of the Christian church," said Dr. Mulligan.

"The circumstances from which my text is taken show the power of active and practical help in making a religious need and ideal a reality. A temple in which the Israelite could worship God with reverence and dignity had been planned. It was also to be a building in keeping with the honour and dignity and majesty of the Lord. Nothing but the best in material and workmanship were to enter into its construction and the king and rulers set the example by giving of their wealth, treasures and

skills generously and willingly." Dr. Mulligan stated there was a great and widespread need for a similar spirit in the churches to-day, to overcome the emotionalism which churchgoers too frequently made a substitute for practical efforts in Christian living. "Competent critics have warned us by pen and voice that we seem content to win the war with the oratory of Mr. Churchill and Mr. Roosevelt of the newspaper headlines," he stated. "We cannot win any war that way. Neither can the church. Consecrated hard work and sacrifice on the part of all are necessary."

"The call for this consecrated service to God requires generous disinterested help and gifts from all classes. In the building of the temple, lumbermen, axemen, ratismen, teamsters, navigators, miners, carpenters, builders, rich and poor, high and low did their part. To youth, in the person of the king's son, the coming generation was to be given the final honour of finishing the noble work. Today in all lands, in those of the allies and in Axis-occupied countries, men and women are being asked, or are being compelled to give

(Continued on Page 4)

### World Sodalties Celebrate May 9

On May the 9th Sodalties all over the world will celebrate World Sodality Day.

The Sodality of Mary is a world wide organization covering every corner of the earth, there are some 8,000,000 members.

The celebration, here in Montreal, is being arranged by the Missa (Montreal Inter-student Sodality Association) and the Union of Parish Sodalties. The celebration will be held in St. Patrick's Church at 3.30 P.M.

Sodalists from the Ascension Parish will participate.

### Ration Board Says Citizens' Enquiries Mainly Relevant

Much Information Given At Victoria Hall To All Residents

After what might be considered a simple test, the officials and volunteer workers in the Westmount Local Ration Board office in Victoria Hall have only praise for the "I.Q." of residents of Westmount, Montreal West, Hampstead and Cote St. Luc.

The unheralded and unofficial test has been under way for several weeks now while the volunteers giving their services to the Wartime Prices and Trade Board have been answering hundreds of questions concerning rationing.

The Westmount Local Ration Board is only one of the 560 such places opened across Canada by the Ration Administration for the convenience of the public. This Local Board in Victoria Hall on Sherbrooke street west is for the use of residents of Westmount, Montreal West, Hampstead and Cote St. Luc.

"We have had numerous questions concerning the various phases of rationing, and we can say that, in general, the intelligence of the people coming in here is very good," said one of the women volunteer workers. "They have been asking, as a rule, relevant, reasonable questions, and it is easy to explain to them how to go about making applications for new ration books, for replacements for lost or stolen books, for temporary ration cards for soldiers on leave for five days or more and for visitors to Canada, and things like that."

During the past few weeks the information sought by visitors to the Local Ration Board office has been, of course, mainly about rationing sugar, how to enter applications for this, how to figure out how much sugar necessary for preserving certain quantities of perishable fruits and jams and jellies. Upwards of 5,000 applications for rationing sugar were received. In the majority of cases the applicants demanded reasonable amounts.

The Westmount Local Ration Board, of which Mayor Walter Merrill is chairman and P. E. Jarman, city manager, is deputy chairman, also handles the following services:

Supplying temporary ration cards for one month while applications for replacements for lost or stolen books are being investigated; receiving returned ration books of deceased persons; accepting applications for books for new babies; accepting applications from persons, who, formerly, had no ration books; supplying all necessary information and assistance possible to residents of Westmount, Montreal West, Hampstead and Cote St. Luc.

### Red Cross Closes For Next Six Days

The Westmount branch of the Red Cross will be closed for Easter from this evening at 5 p.m. to Wednesday, April 28, at 10 a.m.

ARRIVED IN ENGLAND  
 Mrs. D. J. McLellan, 2066 Claremont avenue, has received word from her husband, Flt. Sgt. D. J. McLellan, R.C.A.F., of his safe arrival in England.

### Douglas Abbott To Open Hi-Y Show At YMCA April 27

Many Interesting Exhibits Will Be Seen At Seventh Annual Show

The Seventh Annual Westmount Boys' and Girls' Hobby Show promoted by the Hi-Y Clubs in co-operation with the Y.M.C.A., will be opened by Douglas Abbott, K.C., M.P., at 8 o'clock on Wednesday evening, April 28th, in the Y.M.C.A. building.

Saturday next is "dead-line" for entries, and exhibits—that is all except "pets", or in other words, living exhibits, will have to be delivered to the Show on April 27th.

Judging of exhibits for the main show will take place at 4 p.m. on Wednesday, the show will be open at 7 p.m. and the official opening is an hour later.

Various athletic events and entertainments will be held both in the "Y" and in the Intermediate School.

The "Y" will also have a boxing and indoor athletic show in the gymnasium at 8 p.m.

On Friday the chess and checkers finals will be held at 4 p.m. and the last day, Saturday, May 1st, the pet show will be held at 2 p.m. and the official closing and presentation of prizes at 8 p.m.

There are three sections, Junior, Intermediate and Senior for competitors. The first is open to boys and girls of 11 and under; the second is for 12 to 15 year olds and the third for 16 to 19 year olds.

In classes where no Junior section is listed, the Intermediate section is open for all exhibitors of 15 and under.

Arts and Crafts  
 Of great use to the young competitors will be the arrangement for having reports written by the judges for the literature, music and postage stamp classes, and the competitors may obtain these reports free of charge from the director of each class at the close of the competitions.

The "Department of Arts and Crafts" covers a wide field and gives opportunities for great variety of work. In the "Art" it will be possible for competitors to exhibit still life, drawing a painting from life, landscape commercial work, line and wood cuts and many other subjects. Modelling in clay, soap and wax will be found in the "Crafts" and in this class a special section is arranged for model airplanes, radio and electrical designs and metal and wooden objects are included in this class, as also leather work, basketry and book binding and mending.

The "Department of Collections" will include postage stamps, coins and paper money, scientific collections—such as

(Continued on Page 4)

### P-O N. D. Johnston 'Commando Raids' Will Be Held By First Company

Former W.H.S. Boy Gets Promotion

P/O N. Douglas Johnston, son of Mr. and Mrs. Norman D. Johnston, 754 Upper Lansdowne Avenue, after recently receiving his wing as sergeant-navigator was immediately promoted to his present rank at St. John's, Quebec.

P/O Johnston graduated from Westmount High School, in June, 1940 and then joined the firm of P. S. Ross, chartered accountant, working at McGill University at night for two years on his accountancy course.



P/O N. DOUGLAS JOHNSTON

He enlisted on March 1st, 1942, had two months leave in which to take his intermediate accountancy examination and on May 1st was posted to the Lachine Manning Pool. Later he went to St. Hubert, then to the I. T. S. Toronto and was among the first ten who were made navigators last year.

P/O Johnston was a member of the Hi-Y Club when at school and was very keen on tennis and skiing.

An older brother, the Rev. (Continued on Page 4)

### Boys' Brigade Arrange Original Easter Outings

The First Westmount Company has a very active programme lined up for the Easter holidays, beginning on Saturday with an outing to be known as "commando raids," prepared by the N.C.O.s and to be held at Cote St. Luc woods. A very thrilling day is anticipated as the 1st and 2nd squads will challenge the 3rd and 4th in these raids.

Sunday afternoon, the Company Bible Class will feature an open session, with special Easter music as well as an illustrated address on the life of Christ. This will be in conjunction with the regular Sunday School meeting at three o'clock in Melville Church.

During the balance of the holidays, the Company has planned trips of interest for the boys and if the weather improves considerably, cycle trips will be organized. An over-night trip had been planned by Sgt. Goring for the holidays but may have to be postponed until warmer weather prevails.

The following boys have won their swimming badges: Lance-Cpl. Robert Eastwood, Pte. Donald Duncan and Pte. James Dugan. These tests, which are very severe, include the quarter-mile swim. However, all three boys made the required distance in record time as well as completing the additional requirements of diving and under water swimming. These badges will be awarded at the May Display.

LOCAL AIRMAN IS MISSING  
 P/O A. W. Jarvis Piers, R.A.F., son of Mr. and Mrs. A. E. Piers, 10 Weredale Park, is listed as missing after air operations overseas.



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 and Beauty Culture  
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### THE PLAN IN A NUTSHELL:

Each week there will appear in the advertisements on this page the names and addresses of people residing in Westmount.

Simply locate your name in one of the advertisements, clip out the ad, and present it at the place of business in whose ad your name appears and receive

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 (Near the Forum)  
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**ANTIQUE WANTED**  
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 4129 St. Catherine W.  
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 5505 Monkland Ave. - EL. 3775  
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**COAL & COKE**  
 Let the Home Front Keep Fighting!  
 Order Your Fuel Now from  
**HAND & PARKER**  
 LIMITED  
 Coal - Fuel Oil - Coke  
 Backed by 25 years of service.  
 4857 Sherbrooke St. W.  
 DE. 1131  
 Mrs. W. H. Murray, 36 Church Hill  
 Buy War Savings Stamps

**DRUGGISTS**  
**MACY'S**  
 Reliable  
**DRUG STORES**

Sherbrooke at Victoria Ave.  
 DEXter 3525  
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**DRY CLEANERS**  
 For Better Cleaning  
 CALL FI. 2000  
**PRESSMAN'S**  
 Dry Cleaning  
 & Valet Service  
 Tailoring of Every Description  
 1251 Greene Ave.  
 Buy War Savings Stamps

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 DE. 1179  
 CUT FLOWERS AND POTTED PLANTS  
 FLORAL DESIGNS  
 Wedding and Party Decorations  
 Greenhouses at Rosemere  
 Buy War Savings Stamps

**MEN'S WEAR**  
 Lend for Victory!  
**WM. CURRIE**  
 INC.  
 4883 Sherbrooke W.  
 MEN'S & BOYS' CLOTHIERS  
 Special Uniforms  
 Made to Measure Garments  
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**PLUMBERS**  
 Phone DE. 1998  
 DAY AND NIGHT  
**Geo. R. Woodburn & Co.**  
 Plumbing & Heating  
 244 Victoria Ave.  
 Buy War Savings Stamps

**AUTO REPAIRS**  
 HELP WIN THIS WAR!  
**The Westmount Auto Body & Repair Shop**  
 Will tell you how to get extra miles out of your car.  
 4230 St. Catherine West  
 WE. 1201  
 Mrs. E. Gallen, 4111 Dorchester W.

**Mary Helen Beauty Shoppe**  
 Invites your patronage.  
 Beauty Culture  
 Hair Stylists  
 Permanent Specialists  
 4525 St. Catherine W.  
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 CALL  
**BUILDING RENOVATORS LTD.**  
 Have Your Home Modernized  
 Estimates cheerfully given on alterations and repairs. No job too large or too small.  
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 Evenings AT. 1377  
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**SHEINART DRY GOODS**  
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 Ladies', Men's & Children's Wear  
 3001 St. Antoine St.  
 (Cor. Atwater)  
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**A. PICHET**  
 Designer and Expert  
 FURRIER  
 Fur Coats Made to Measure  
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**DU BOIS**  
 DELICIOUS  
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**WEE SCOTCH SHOP**  
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 Delicious Home Baking  
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 317 Victoria Ave.  
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 VISIT  
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 Expert Permanent Waving  
 Beauty Culture in all its branches.  
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 For A Pleasant Evening  
 VISIT  
**EL MOROCCO**  
 Always A Good Show  
 DeLuxe Dinner 1.50  
 NO COVER CHARGE.  
 For reservations, phone  
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**Miss Brown's Cleaning Service**  
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 One plant only. Located at  
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 Established, controlled and operated since 1928 by Miss Brown.  
 Save gas and time - bring your things to Miss Brown's for faster service.  
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 Fresh Cut Flowers Daily  
 Distinctive Funeral Designs  
 4897 Sherbrooke W.  
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 PHONE FOR SERVICE  
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 Mrs. D. D. Bogue, 42 Belvedere Rd.

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 Opposite Westmount Station  
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 Good Food  
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 For Good Food  
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 Delicious Lunches  
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 Complete line of  
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 Prescriptions carefully attended to  
 Courteous Service.  
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 Dry Cleaning  
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 WE. 2672  
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# BUY WAR SAVINGS STAMPS

# Deficit Reduced By Homoeopathic Governors Learn

## Subscriptions From Members of Board of Management Lead To Substantial Cut

Great progress was made during 1942 towards the solution of the financial problems of the Homoeopathic Hospital, Douglas Bremner, president, stated in his report to the Board of Governors at the annual meeting of the institution last night. Mr. Bremner added "It would be unwise at this date to predict the form in which the final plan will be presented".

Despite an increase from \$4.83 in 1941 to \$5.15 in 1942 in the average per diem cost after deducting taxes and interest the gross operating deficit, was decreased from \$33,522.21 in 1941 to \$32,789.45 in 1942, which is indicative of the rigid economy practiced by the hospital staff. The net deficit was \$12,086.92, as compared to \$18,325.98. This reduction resulted largely from most generous subscriptions from several members of the Board of Management.

Mr. Bremner continued: "The past year proved a very trying one for the administration, due chiefly to the lack of accommodation and shortage of nurses and staff. The Board of Management is deeply appreciative of the untiring efforts of Miss D. W. Miller, Miss V. L. Graham and other departmental heads in dealing with these problems so efficiently. Another growing concern is the difficulty in obtaining candidates for the Training School of Nurses. It is hoped, however, that despite the attractions in the commercial field to-day, young ladies with the prerequisite qualifications will seriously consider the present need for nurses, which today is greater than ever before."

**New Department**  
A new Department under the supervision of a specially trained nurse has been established in the Hospital during the year, namely, "Central Supply", and while it has only been in operation for a comparatively short time, it has already proven its worth.

"Recognition is here accorded the 'Voluntary Aides' for their most kindly assistance so generously furnished to relieve the nursing staff of many details, in order that greater attention might be devoted to the more serious nursing problems. "The work of the various committees, and particularly that of the House Committee under the chairmanship of Mr. F. Atkinson, is most sincerely appreciated by the Board of Management. By the exercise of most effective control, the supervision of internal administration and co-operation received from the staff, most efficient conditions have prevailed and the efforts of these committees are clearly reflected in the Operating Statement."

The Outpatient Department has again rendered valuable service

to the community. 1,320 new patients were registered during the year, with total visits amounting to 11,864.

"With deep regret we record the death during 1942 of the following governors and friends of the hospital: Mr. Otto Zepf, Sr., Mr. Hugh Mackay, K.C., Lady Drummond, Mr. L. E. Moulton, Mrs. A. R. Grafton.

"In the passing of Sir Edward Beatty, G.B.E., K.C., LL.D., this hospital has lost a very warm friend, as evidenced by his active participation in our Financial Campaign in the autumn of 1938, and more particularly in discussions with your President on matters affecting the hospitals in Montreal, in general, and the Homoeopathic Hospital in particular. Commissioner B. Orames, of the Salvation Army, expressed the sorrow of the multitude in the passing of Sir Edward when he said "Industry has lost a great executive, Canada an outstanding son, many charitable, welfare, religious and educational bodies a true, consistent friend and the Empire a noble citizen."

"It becomes increasingly evident that your hospital must extend its facilities if it hopes to cope with the increasing demand upon its services in all departments. Many years ago additional land was acquired to enable the hospital to double its bed capacity, and in the more recent construction of the Nurses Home provision was made for three additional storeys. Despite the fact that no epidemics or catastrophes have occurred during recent years, our greatest problem has been to accommodate the patients seeking admission to our doors and it becomes imperative that we formulate plans, immediately, to enlarge the hospital at the earliest possible time. In fact, no project is more worthy of serious consideration as a post-war measure than the extension of this hospital."

"I take this opportunity of expressing my personal thanks and appreciation to my associates on the Board of Management, and to the professional and non-professional staff of the hospital for their sincere devotion to their duties during another trying year, and I trust you will permit me to add my personal thanks to the members of the Board of Management and to the public who have subscribed so generously during the past year, and who request that no public acknowledgment be made of their generosity and kindness."

Officers for the present year were elected as follows:  
President: Douglas Bremner, Esq.; vice-presidents: H. W. Smith, Esq., and C. T. Medlar, Esq.; hon. secretary: J. G. Quackenbush, M.D.; hon. treasurer: S. B. Hammond, Esq.

Board of Management: J. J. Aird, F. Atkinson, C. R. Bondson, R. A. Brook, W. R. Bullock, Wm. Carwell, G. E. Dalziel, J. A. Donnelly, J. J. Griffith, M.D., A. R. Grafton, Miss Marjorie Caverhill, W. R. Henry, K.C., Newbold C. Jones, M.D., A. P. Kennedy, W. P. Kennedy, E. M. Morgan, M.D., V. R. deBoussiere, M.D., C. M. Knowles, C.A., H. E. McCormick, C. D. Taylor, E. E. Wallace.

Hon. solicitor: Leslie H. Boyd, K.C.; Auditors: Creak, Cushing & Hodgson.

### Dominion Douglas Church Notes

There will be special Easter music at both services in Dominion Douglas Church next Sunday. In the morning, Dr. Lloyd Smith will take as his theme: "The Empty Tomb", and in the evening: "Intimations of Immortality".

The Church School will meet in open session at 3.00 p.m. to see a beautiful Easter pageant presented by the senior scholars under the direction of Miss Winifred Parker.

The annual meeting of the Frances Willard W.C.T.U. will be held in the church hall, on Wednesday, at 3 p.m. Speaker, Mrs. William Usher, provincial secretary.

Next meeting of the Red Cross will be on April 28th.

## Where Westmount Air Raid Warnings Will Originate



The picture to the right shows a scene in the main room of the new provincial A.R.P. control centre in Montreal which will receive advice on the approach of enemy aircraft to western Quebec. The top picture is of a part of the telephone department, from which signals will be sent to all divisional control centres in the city and the province generally.

### CALVARY CHURCH NOTES

On Good Friday night, in Calvary United Church, at 8 p.m., the combined choirs of Emmanuel United Church and Calvary will render the Passiontide Cantata, "Christ the Sacrifice" by Arthur Miller. D. M. Herbert of Emmanuel Church will conduct the choirs and Henry Colcomb of Calvary will officiate at the organ.

On Easter Sunday, in Calvary United Church, the services will be conducted by the pastor, the Rev. T. W. Jones, M.A., D.D., who will deliver Easter messages at both morning and evening services.

The Church School will hold an open session at 10 a.m. with a beautifully illustrated service based on the hymn "Tell me the stories of Jesus".

At 11 a.m. Dr. Jones will preach on the theme "Go—Tell!", the challenge of the Risen Lord, while at the evening service at 7.30 p.m. the theme of the sermon to be delivered will be "The Angel in the Tomb."

The Communion of the Lord's Supper will be shared at both morning and evening services and new members will be received into the fellowship of the church at both Communion services.

The Young People's Union will meet next Monday, at 8.15 p.m. in the Macaulay Hall, at which time a musical program will be given by the senior girls choir of St. Lambert United Church.

On Tuesday the Red Cross Branch will meet at 10 a.m. and the evening group at 7.30 p.m.

Under the auspices of the Women's Association a demonstration will be given in the parlours of the church on Thursday afternoon at 2.30 by Miss Muriel Whitlock, on the uses and care of rayon. Afternoon tea will be served. There will also be a home-cooking table.

The Annual Mother and Daughter Banquet, under the auspices of the Arrow Club, will be held on Monday, May 3rd at 6.30 p.m. The guest speaker will be Dr. D. J. Ross. A most interesting and inspiring time is assured to all who can attend.

### ST. ANDREW'S CHURCH NOTES

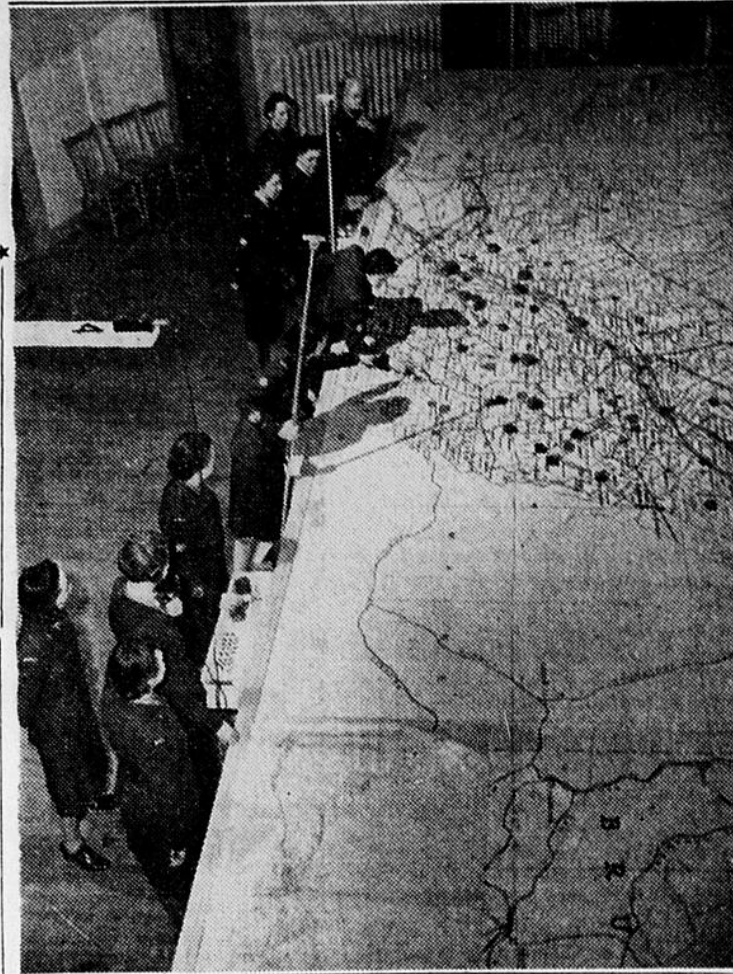
St. Andrew's Church Easter Day choral music will be, "I Know that my Redeemer Liveth", "Let all the angels of God" and "Hallelujah Chorus", all by Handel. "Blessings and Honour," Palestrina, "Easter Hymn", Mascagni.

Soloists taking part will be Miss Jean Miller, Mlle Madeleine LeFebvre, Mrs. W. H. Lewis, H. Hewitson, and John Grant. Music will be directed by F. Whiteley, organist and choirmaster.

### ST. MATTHIAS CHURCH NOTES

In accordance with the usual custom, the three hours devotion will be held in St. Matthias' Church on Good Friday from 12-3 p.m., conducted by the Rev. Canon Gilbert Oliver.

In addition to the usual Easter services, there will be a special children's service at 3 p.m. on Sunday afternoon, which will be followed by a short Easter pageant arranged by the staff of the Sunday school. Parents are very cordially invited to the service and the pageant. The Lenten Mite Boxes will be presented at this time.



Pictures by courtesy of Gazette Printing Co. Ltd., owners of copyright

## System is Perfected For Air Raid Warnings

### C.P.C. Organization in Westmount Linked to A.R.P. Service Covering Entire Province — Watch Kept for Planes

The Civilian Protection Committee has lately taken an important step forward toward completion of the framework of the system which is to ensure citizens of adequate and timely warning in the event of an air raid. The C.P.C. organization in Westmount is directly tied-up with this system.

The provincial A. R. P. service has now established signal systems covering the whole province. Their focal point for the western half of Quebec is located in a control centre at St. Catherine street west and Chomedey street. There is another centre in Quebec City but the Montreal station is equipped to take care of the entire province if necessary. Advice on the approach of enemy aircraft will be supplied to the Montreal centre by the R.C.A.F. Eastern Command at Dorval.

The provincial centre is correlated in Montreal with all city divisional and district control centres. For instance, warnings of the approach of enemy planes would be communicated to the control of the western division on Vinet street. From there the signals would go to the control of Westmount district. They would then be relayed to zone headquarters and other centres and so on down the line until the individual post with its coterie of wardens was brought into the picture.

As each region is notified markers are used to show which communities have been made aware of the danger.

**RAID SYMBOLS**  
Following a raid symbols will be utilized to mark spots which have been attacked. Disruption to communications will also be noted on the map as a useful guide in moving fire fighting and other equipment to bombed sectors.

Two smaller maps have been installed on the walls. One indicates where raids have occurred and the other what distribution has been made of C.P.C. equipment. Warning lights are placed above the maps and operate as follows: yellow for an "alert" or preliminary warning, red for "action", green for "all clear" and white for "cancel".

Telephones through which all sections of Montreal and the province can be immediately reached are located in a gallery overlooking the master map.

What is it that you part with but you never give away? — A comb, because you part your hair with it.

## The Week At Victoria Hall

April 22nd: Westmount Stamp Club Exhibition; Manchester Unity I.O.O.F. meeting; Mirpah Lodge I.O.F. meeting

April 23rd: Westmount Stamp Club Exhibition.

April 24th: Johnny Holmes and his Orchestra; Westmount Stamp Club Exhibition.

April 26th: Westmount Women's Club Red Cross meeting.

April 27th: Dickens Fellowship meeting; St. John Ambulance First Aid meeting; Westmount Lodge S.O.E.

April 28th: Victorian Order of Nurses meeting; Rotary Club of Westmount Luncheon; Westmount Chapter O.E.S. meeting.

April 29th: Westmount Stamp Club meeting.

## Alfred E. Okill Will Address Dickens Society

### Talk, Dramatic Sketch and Music Will Close Club's Season

The Dickens Fellowship brings another successful season to a close in Victoria Hall, Westmount, on Tuesday evening, when the members will be entertained by an address from Alfred E. Okill. Mr. Okill, who was associated with the Dickens Fellowship in London in the early days, has chosen as his title, "A London Dickensian," and will deal with Dickens scenes and characters.

A musical programme will be given by Iris Sauerbaum, soprano, and Arthur Davison, violinist, with Phyllis Rowell at the piano. A dramatic sketch, adapted from "Martin Chuzzlewit" and entitled "Sally Gamp entertains Betsey Prig to Tea," will be presented by Mr. and Mrs. Whitfield Aston.

The annual meeting will be held that evening, reports of the Fellowship's activities will be presented, and officers for the coming year elected.

## Rotarians Hear Information Quiz

Westmount Rotary Club's meeting last week took the form of an information quiz program conducted by the entertainment committee through its chairman, P. J. McAndrews, assisted by C. T. Medlar and S. B. Cuthbert.

Most of the questions based on knowledge were answered satisfactorily. Trick questions caused most casualties.

For the quiz program, F. C. Whitaker vacated the chair to make way for Mr. McAndrews. Chester W. McBride welcomed visiting Rotarians, P. G. Delgado introduced two visiting high school boys.

### AIDS VICTORY GARDENING

Officials of the Community Garden League state that a great response has been received to their appeal for property owners to offer their land for Victory victory gardening.

Westmount is named among districts which have co-operated in providing the necessary land.

### ADJUTANT DEFINED

The adjutant of the unit one Canadian recruit goes to may be in for some surprises.

A university graduate, the recruit was before the Army examination board and was asked "What is an Adjutant?"

Without the blink of an eye came the answer: "An Adjutant is a large bird of uncouth appearance. It has an almost bald head, a tremendous capacity for eating, and acts as a public scavenger. It can swallow a cat with ease."

Adjutants interested may consult the National and Everyman's encyclopaedia. The recruit had given an almost perfect answer — according to the encyclopaedia.

### Explained

The teacher had asked her class to write a short composition on the subject "Water".

One scholar seemed to be having difficulty, but finally he turned in his paper, and here is what he wrote:

"Water is a light-colored wet liquid which turns dark when you wash in it!"

## Beaver Club Head Reports on Activities

### W. H. Spearman Sends Interesting Details Of Work With Canadian Forces

Interesting details of the Y.M.C.A. activities overseas have been received from the office of W. H. Spearman, formerly executive secretary of the Y.M.C.A. Westmount, now manager of the "Beaver Club."

One of the most interesting bits of news received from the club's headquarters was from the British Y.M.C.A. serving Canadians in the eighth Army centres of operations.

Following is the text of the report:

"A report has been received from a Y.M.C.A. worker in charge



W. H. SPEARMAN

of a tea car serving with the 8th Army. Much has happened since this report was written, but it illustrates the kind of difficulties encountered.

Dodging enemy shell fire means that often we have to spend as much time sheltering under the car as serving in it.

At one point where our forward troops were held up, we drove into a wadi in their immediate rear and 'opened shop' there.

We backed the tea car between great boulders of rock and put up the camouflage net. It was well we did so; two heavy bombs fell near us and the rock buttresses saved us and our stock.

The last information from the Middle East is that five Y.M.C.A. tea cars are with the forward troops in Tripoli and that still more are following up. Work on the opening of permanent Y.M.C.A. centres in this area has also begun. These with the centres already in Benghazi, Tobruk, Mersa, etc., will form a long line of N. African Y.M.C.A. communications' right back to Egypt and beyond".

The Senior Y.M.C.A. Supervisor of the Canadian Army overseas also states that both the Army and the Air Force have been "exceedingly active in completing their schedules of boxing, cross-country running and hockey."

"Basketball, volleyball, badminton and squash ranked second

in interest during the winter months," he stated, "with badminton and squash taking major position." Equipment both badminton and squash was difficult to procure, but if more was available, the facilities on the stations are such that the number of participants in these sports could be increased considerably.

On several stations, competitions have been organized with considerable success, and he announced, "There is a strong possibility of placing these sports on the inter-squadron competitive list." Basketball was being encouraged and played on several of the stations, and was only deterred by the lack of proper space and facilities. In spite of these difficulties, there were ninety-eight games played, with 1,260 participants.

Boxing, soccer, touch rugby, special P. T. exercises, etc., all added to the general sports programme.

At the time the report was sent out by the senior office it was stated that the 'Y' had a total of twenty-five libraries which were used by 22,034 "personnel of all ranks". These libraries are "spotted" in officers' and sergeants' messes, airman's reading rooms and in dispersal points on fighter and bomber stations.

A recent successful meeting was held between the RCAF "padders" and "Y" supervisors to review books and to discuss ways of developing discussion groups on the stations. At one station this idea has met with great success at a Sunday night quiz and discussion period.

Various statistics are given about entertainments, and games and the senior officer included the statement that "The Beaver Club is known to practically all Canadian service men in the United Kingdom and continues to be their mecca while on leave in London. During January, 249,605 men used the Club; 36,157 men participated in 111 organized programme events. A total of 236,720 miscellaneous services were rendered.

Rev. Father Stephen of the Order of St. Francis, Mount Sinai, Long Island, who has been preaching each evening this week at the Church of the Advent, will conduct the 3 hours vigil at that Church beginning at 12 noon tomorrow, Good Friday, and will deliver his final address at Even-song at 8 P.M.

### CHURCH OF THE ADVENT NOTES

On Easter day there will be celebrations of the Holy Communion at 6, 7, 8 and 9.30 A.M., Solemn Eucharist and Procession at 11 A.M., children's Vespers at 3 P.M. and Solemn Evensong and Procession at 7 P.M.

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**Easter FLOWERS**  
Let flowers brighten up your home for Easter or express your remembrance of a friend or relative. Their fragrance and beauty equip them wonderfully to accomplish either mission gracefully.  
Choose your flowers from our large selection of freshly cut flowers and lovely blooming plants.  
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Formerly John Eddy & Sons Reg'd  
4841 SHERBROOKE WEST VICTORIA  
Dexter 9898 OPEN RESIDENCE  
GOOD FRIDAY DE. 6515

**WANTED! GLYCERINE FOR HIGH EXPLOSIVES**  
Save all waste **Eats and Bones** CANADA URGENTLY NEEDS THEM  
**HERE'S WHAT TO DO:**  
1 You can take your fat drippings, scrap fat and bones to your meat dealer. He will pay you the established price for the dripping and the scrap fat. If you wish, you can turn this money over to your local Voluntary Salvage Committee or Registered Local War Charity, or—  
2 You can donate your fat dripping, scrap fat and bones to your local Voluntary Salvage Committee if they collect them in your community, or—  
3 You can continue to place out your Fats and Bones for collection by your Street Cleaning Department where such a system is in effect.  
DEPARTMENT OF NATIONAL WAR SERVICES

Hollywood Gossip

NEWS OF THE THEATRE WORLD

Theatrical Attractions

AT WESTMOUNT THEATRE

Out of the laughter and romance of life, 20th Century-Fox has created a motion picture with a story as pulsating as life itself, played with beguiling skill by a superb cast.

Starring Monty Woolley and Ida Lupino, "Life Begins at Eight-Thirty," which opened yesterday at the Westmount United Theatre, is rich in humor, though at times tender with tears.

Woolley is an abiding delight as an ex-stage great, who regains a measure of his former success in time to rescue his daughter, Ida Lupino, from a life of bitter loneliness to which he had unwittingly committed her.

Too, ladies please note, Cornel Wilde, handsome former Olympian stardom, is romantically pie athlete now being groomed teamed with Miss Lupino in his first major role.

Outstanding, too, are Sara Allgood, the unforgettable mother of "How Green Was My Valley"; Melville Cooper, recently seen in "This Above All"; J. Edward Bromberg and William Demarest.

Starring Monty Woolley and Ida Lupino, "Life Begins at Eight-Thirty," which opened yesterday at the Westmount United Theatre, is rich in humor, though at times tender with tears.

arious comedy on the one hand, Woolley's, and tender drama on the other, Lupino's. Here, indeed, is a picture that will have you laughing through tears.

At York Theatre

America's admirable love for children is dramatized with powerful beauty in "Journey for Margaret," Metro-Goldwyn-Mayer's screen adaptation of War Correspondent W. L. White's best-seller.

Appearing with this remarkable child is another year her junior, Billy Severn, also playing the part of a war orphan in bomb-torn London.

Young, as the war correspondent, brings to the screen what is perhaps the most dramatic characterization of his career.

The two children, Margaret O'Brien and Billy Severn, are as appealing as any Hollywood youngsters introduced in several years.

Suspense

A large flustered woman, dragging a small boy, saluted through the station barrier and approached her waiting husband.

"Hullo," said the man. "You're late." "Oh don't talk about it, Al," replied his wife. "I never 'ad such a time! What with young Bill 'anging on me 'and, me 'anging on to the luggage-rack, the train 'ung up in a tunnel and you 'anging about in the station for me, I was in a regular state of suspense."

AT THE WESTMOUNT SUNDAY!



Laraine Day, co-starred with Robert Young, is here shown with little starlet, Margaret O'Brien, in a scene from "Journey for Margaret," which opens at the Westmount United Theatre on Sunday playing until Tuesday night.

Douglas Abbott . . .

(Continued from Page 1) birds, feathers and eggs, stones and fossils, leaves and flowers and also drawing and photographs of animals, birds, etc. Pennants, cups, buttons and programs will figure in the section of "Miscellaneous collections".

Household Science All sorts of pies, cookies, cakes and preserved goods will be shown in the department of Household Science and in that department will be on view knitting of various kinds, household linen, clothes and a section will be devoted to weaving and hooked or braided rugs.

The swift-paced direction of W. S. Van Dyke II never allows interest to slacken for a moment.

Following are the names of directors and managers: Arts and Crafts: directors Gertrude Wark, 105 Irvine avenue; Peter Burgess, 539 Lansdowne avenue.

Directors of the "Department of Collections" are Sheila Jamieson, 483 Strathcona avenue, and Robert Munro, 779 Upper Belmont avenue. Manager for Class 4 is Andrew Patterson, 18 Windsor avenue; Class 5, Harvie Ward, 60 Arlington avenue; Class 6, Alec Anderson, 19 Thornhill avenue and Class 7, Barbara Clements, 383 Claremont Avenue.

Directors of the "Department of Music and Entertainment" is Madge Lewis, 232 Metcalfe avenue and managers are Marjorie Everard and June Sutherland. Penmanship and Literature will be directed by Helen Driver, 61 Windsor avenue, and manager of literature (Class 10) will be Pram Arbo, 465 Argyle avenue and in penmanship (Class 11), the manager will be Joy McKay, 181 Dufferin road.

In the department of Photography, Jack Pierce, 2090 Claremont avenue, will be director and Pet Stock director will be Noelle Carter, 477 Lansdowne avenue. The department of Sports and Games will have Helen Scarlett, 432 Prince Albert avenue, and Robert Mahon, 475 Strathcona avenue, as directors, and the following are managers: Class 14.

"HOLIDAY FUN"

In aid of Victoria Rifles Chapter I.O.D.E.

A VARIETY PROGRAMME FOR CHILDREN

TUDOR HALL Tuesday, April 27th & Thurs., April 29th at 2.30

TICKETS 50c On Sale at Tudor Hall

AT THE YORK UNITED SATURDAY!



Randolph Scott, Marlene Dietrich and John Wayne in a scene from the film "Once Upon a Honeymoon," which opens at the York United Theatre on Saturday playing until Tuesday night.

AT THE MONKLAND SUNDAY!



Ginger Rogers and players in a scene from the film "Once Upon a Honeymoon," which opens at the Monkland United Theatre on Sunday playing until Tuesday night.

Musical Sharps Flats and Naturals by Frances Goltman

Every year at Easter one hears beautiful music. It is again time for the Hallelujah chorus, that majestic masterpiece by Handel from his Oratorio, "The Messiah".

Oratorio began in the middle ages and the origin of its name may be traced to the "Oratory" of the Roman Catholic Church but the Feast of Easter has been observed since the second century.

Local Officer . . . (Continued from Page 1) the 17th Duke of York's Royal Canadian Hussars and became lieutenant-colonel within ten years and commanded the unit. From 1926 to 1928 he served as a brigade major of the Cavalry Brigade and then rejoined his unit as second-in-command.

P/O N. D. Johnston . . . (Continued from Page 1) Charles J. Johnston was a gold medalist of McGill and a younger brother, Gordon, is now a student at Westmount Intermediate school.

Sacrifice . . . (Continued from Page 1) their services and their means in the interests of their countries and the carrying on of the war.

love that pays the price. The love that makes, untaunted, the final sacrifice." Dr. Mulligan concluded his sermon with the following words: "The cause of Christian faith and service in these tragic and sublime days should occasion an appeal of the statesman and as sublime a dedication of the believer to the service of his church and all that she represents, as the devout dedication of the diplomat to the service of his country."

CARRYING ON! When it comes to publishing a newspaper under difficulties, the Valetta Times of Valetta, on the British-owned island of Malta in the Mediterranean, deserves first place. So far it has not missed a single day's publication in spite of 3,241 air-raid alarms so far in this war.

I.O.D.E. Chapter Arranges Program

A variety program for children will take place at Tudor Hall on Tuesday, April 27th, and Thursday, April 29th, at 2.30 p.m.

Phoebe Erskine MacKellar is in charge of the program, which consists of the following items: A mime play "Gypsy Scene" by Rene Almond and Hilda Mulvany Gray and pupils of M.R.T. A solo dance by Rosemary Pallin. Comic and dramatic monologues by Whitfield Aston, which will include some of his famous Dickens character sketches.

One of the features of the afternoon will be "Uncle Troy," the kiddies' answer man, who appears through the courtesy of Troy Laundry. He will run a thirty minute "quiz" with prizes. This time it is the "kiddies" who will have to do the answering.

Mother: "Johnnie, dear, I was hoping you would be unselfish enough to give your little sister the largest piece of candy. Why, even the old hen will give all the nicest dainties to her little chicks and take only a tiny one once in a while for herself."

Johnnie (after watching the old hen a while): "Well, mom, I'd do the same thing if it was worms."

At The Monkland

The romance of a famous athlete and a typical American girl is the real-life basis of "The Pride of the Yankees," Samuel Goldwyn's newest production for RKO Radio release with Gary Cooper starring.

Cooper portrays the noted New York Yankee ballplayer, Lou Gehrig, whose untimely death from paralysis ended one of the most inspiring careers in modern sports annals. Millions of Americans knew of Gehrig's amazing exploits on the diamond but very few knew the man himself, or of his courageous struggle upward from poverty—and it is the human "behind the scenes" story of the former janitor's son and the Chicago girl he married that Goldwyn has brought to the screen.

Opening with Gehrig as an eager eleven-year-old playing baseball on the vacant lots along Ameterdam Avenue in New York, the picture reaches a dramatic conclusion on the memorable "Lou Gehrig Day" at the Yankee Stadium in 1939 when an army of fans gathered for their hero's farewell to the game he loved.

It is better not to live than not to know how to live.—Sallust.

Revival Friday after 11 o'clock

"Shadow of the Thin Man"

with Myrna LOY and William POWELL

Today until Saturday

FOR THE TIME OF YOUR LIFE!

You loved "The Pied Piper"! Here is a picture from the same star, director, producer . . . a laughter-sweet emotional treat!

THE ROMANCE AND DRAMA

Behind the public life of a national hero . . . a warm, human and tender story!

ACTION-PACKED Drama and Romance with the Reckless Eagles from the Earth's Four Corners! Ready to Fly, to Fight, to Win!

THUNDER BIRDS

Starring GENE TIERNEY and PRESTON FOSTER

I LIVE ON DANGER

Starring ROBERT YOUNG in "JOURNEY FOR MARGARET" with Laraine Day, Nigel Bruce and Margaret O'Brien

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LEARN RADIO ENGINEERING In Six Months Daytime or One Year Evenings Practical and Theoretical.

YORK Starts SATURDAY until TUESDAY MEN OF STEEL! WOMEN OF FIRE!

PITTSBURGH A Charles K. Feldman Production starring MARLENE DIETRICH RANDOLPH SCOTT JOHN WAYNE

ALAN LADD Now a STAR in "LUCKY JORDAN" with HELEN WALKER



# THE EASTER PARADE



★ STAR-STUDED ★ JOY-JAMMED ★ MUSIC-MAGIC! ★

★ *Music Sweet and Low* ★ *Music Hot and Hep* ★



**FREDDY MARTIN**  
and his  
Orchestra

**THE WIZARD OF THE SAX**—  
Recording artist de luxe. He  
can play it sweet and soft or  
be a solid sander. Introduced  
Tschalkowsky and Grieg to the  
hep-cats!

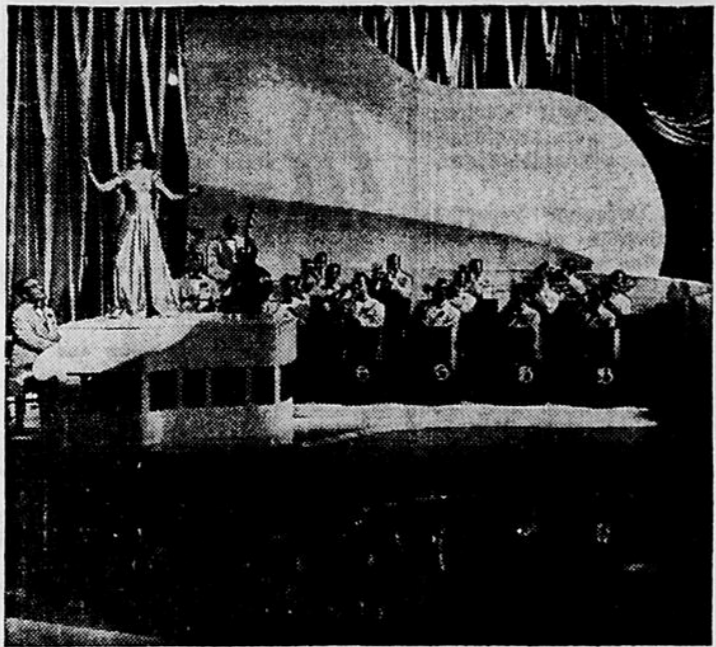
★ ★ ★



**COUNT BASIE**  
and his  
Orchestra

**MASTER OF THE BOOGIE-  
WOOGIE** — Exponent of the  
blues as it. He has been  
a master of the piano since  
the age of five. Appeared at  
Carnegie Hall on the Sym-  
phony To Swing program!

★ ★ ★



**RAY McKINLEY,**  
and his Orchestra



★

★

YOU'LL BE SINGING, HUMMING AND WHISTLING THE SONG HITS ★ FROM THIS GREAT MUSICAL FOR MANY MONTHS TO COME

**SPECTACLE! ROMANCE! SONGS! GIRLS! MUSIC! LAUGHTER!**

## HIT PARADE OF 1943

CO-STARRING

**SUSAN HAYWARD ★ JOHN CARROLL**

**FREDDY MARTIN** and his Orchestra!

**COUNT BASIE** and his Orchestra!

**RAY McKINLEY** and his Orchestra!

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and the Cream of the Stage, Radio and Night-Club World  
in their own Sensational Specialties!

★ CHINITA AND HER AFRO-CUBAN TAHM GIRLS ★ JACK WILLIAMS ★  
★ DOROTHY DANBRIDGE ★ POPS & LOUIE ★ THE MUSIC MAIDS ★  
★ GOLDEN GATE QUARTETTE ★ THREE CHEERS ★



**5 NEW SONG HITS!**

Thrill to the new romantic team of Hayward & Carroll  
singing the new hit tunes on Everybody's Hit Parade!

"DO THESE OLD EYES DECEIVE ME?"  
"WHO TOOK ME HOME LAST NIGHT?"  
"TAHM BOOM BAH" "HARLEM SANDMAN"

And the Hit Parade Tune you'll be singing in June!  
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# SOCIETY

News and Events of Interest to Women

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PAGE SIX

THE WESTMOUNT EXAMINER, THURSDAY, APRIL 22, 1943

"Westmount's Home Newspaper"

## Social and Personals

Mrs. H. M. S. Lewin, of Breslay road, has as her guest, Mrs. Charles Harvey, of St. John's, Newfoundland.

Mrs. James McLaughlin entertained at luncheon recently in honor of Miss Helene Casgrain.

Miss Suzanne David was hostess at a handkerchief shower recently, in honor of Miss Helene Casgrain, whose marriage to Captain Bernard Panel-Raymond, R.C.A., takes place on May 1. Those pouring tea were: Mrs. Guy Panel-Raymond, Mrs. Theo.

Mrs. Frank Morley, who is visiting her mother, Mrs. J. E. Harris, in St. Catharines, Ont., recently entertained for Miss Jeanette McLachlan, whose marriage took place last Saturday.

Mrs. Herbert Walker, who has been visiting her sister and brother-in-law, Mr. and Mrs. Gordon MacGillivray since her return from Warm Springs, Georgia, where she spent the winter, is now occupying her residence at 3553 Cedar avenue.

### ENGAGEMENTS

Mr. and Mrs. F. I. Spielman announce the engagement of their only daughter, Mariota Louise, to Mr. Frank Henry Saniter of the British Raw Materials Mission, Washington, D.C., son of the late Ernest Henry Saniter and of Mrs. Saniter, of Rotherham, England. Miss Spielman is attached to the British Embassy in Washington, D.C. The marriage has been arranged to take place towards the latter part of May in Montreal.

Mr. Douglas King Hazen, M.P., and Mrs. Hazen, of Saint John, N.B., announce the engagement of their elder daughter, Mary Priscilla, to Lieutenant James Edward McConnell, son of Mr. and Mrs. James Edward McConnell, of London, Ontario. The wedding will take place on Saturday, April 24, in Montreal and the reception will be held at the home of the Misses Creaghan, 597 Argyle avenue, aunts of the bride-elect. Miss Hazen is a granddaughter of the late Sir Douglas Hazen and of Lady Hazen, of Saint John, N.B.

Mr. and Mrs. John Orr, announce the engagement of their daughter, Miss Jean Elizabeth, to Sergeant-Pilot S. Hawthorne Smilie, R.C.A.F., son of Mr. and

## Charlotte Gowns

### Easter Dresses!

Suit-Dresses for double duty - Double delight through Spring - See the smartest here - Choose yours from print and plain charms.

All Delightfully Versatile

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Gloves  
Surgical  
Supports  
Hosiery  
Accessories  
Scarves

Sara Drew Foundation Garments

FOR THE LARGER FIGURE

### Easter Suggestions

GLOVES from 79c pair - FLOWERS from 59c  
SCARVES from 1.00 - Kayser ASCARFS 2.29

## THE CUSTOM OF EGGS AND CARDS AT EASTER IS VERY, VERY OLD

Easter brings us hard-boiled eggs, rabbits, flowers, hot-cross buns and Easter cards. Strangely enough, most of these present-day objects and customs had their birth so far back in antiquity that digging into records for origins and birthplaces is like trying to dig a well in quick-sand.

The name Easter itself comes from the name of the old pagan Saxon goddess of spring Ostara, or Eostre. In their spring-time celebrations each year, the early Saxons defied the lowly rabbit which, because of its conjugal habits, was considered to be the symbol of fecundity. Thus the little chocolate rabbits one sees in the candy-store windows at Easter.

The egg goes much further back in the annals of human history. Ancient Egyptians first started the custom of painting eggs at Easter. In China, the egg has always been the symbol of life eternal. Even today, the Chinese venerate the egg, and the older the egg the more they venerate it—which might be considered as carrying ancestor-worship a little too far.

Easter lilies were originally Egyptian and had a major part in all springtime religious celebrations. It is known that in the excavations at Herculaneum in Rome two fossilised hot-cross buns were found complete and intact in a buried oven. Their remarkable state of preservation is not very flattering to the skill of the Roman housewife who baked them.

Even the Easter greeting card, which might justly have been called an English invention, is found to have its origin in the multi-coloured eggs which the Russian peasants passed around at Easter. Each egg had painted on it a few words of greeting and good wishes.

Truly, there is nothing new under the sun. Perhaps even the astounding hats worn by the modern miss at Easter had their counterpart in Ancient Rome or far Cathay!

## GAY SPREADS AND DRAPES AND COLOR

This is the time to brighten up your home! Down with all the heavy hangings and up with the crisp curtains—on with the colorful spreads! It's the little things that will make the big difference in your home—and because you'll be spending more time around the house for the duration—why not try the simple decorating tricks that will make your home just a little bit sweeter!

For window dress-up there's nothing like fresh white curtains—and you have your choice of ruffled organdies—dotted pricillas—sheer marquisettes—full cut to fit all windows. They're easy to care for—wash like a hankie, and will give you long, satisfactory wear.

Chintz drapes are gay as can be with their bright flower prints splashed on a contrasting background. The ruffled edges—their back styles are smart—and many of these drapes come with matching bedspreads. There are also softly falling cotton drapes in pretty colors—you'll find these with companion bedspreads, too.

Nothing adds as much spice to a bedroom as a festive bedspread. You'll see a large collection of fabrics—patterns and colors to choose from. In the true spring spirit are the flower bedecked chintzes—the gay cotton prints and weaves. You'll love the candlewick spreads—the tufted designs, too—because they lend so much charm to your bedroom.

A rug placed in just the right spot gives a cheerful air to any room. And this year there is a larger selection than ever of good-looking scatter rugs that cost very little. For the most part these rugs are made of cotton—are soft to feel and will give you lots of long, hard wear. What's more, they're washable! They come in the gayest colors—the cleverest designs—and, of course, there are smartly woven solids. Place them in those tiny bare spots in your house—the foyer—right by your bed—in the playroom.

### Rummage Sale

A rummage sale will be held by the Earl of Bessborough Chapter of the I.O.D.E. next Thursday, April 29, at two o'clock in Wesley Church Hall of N.D.G.

## Glorify Yourself . . . . .

Master the One-Two-Three Technique In Makeup to Insure Charming Face

By ALICIA HART  
Stepping out from home daily, for the first time in quite a while, are you wondering about your looks? Most women are, as they take up new wartime jobs. They should, and should also master the One-Two-Three of current makeup techniques for the professional limelight ladies.

The One-Two-Three is simple. It means: Haircomb, mouth-do, eyes-fix. A becoming arrangement of these three features brings out the charm of a face.



Made up carelessly, this young woman's face looks heavy, hard, and plain. Correct arrangement of her hair, her eye and mouth makeup, transforms her into a glamor girl.

Modern methods account for a good deal of the shine in movie stars' faces, dramatizing the effectiveness of make-up savvy by making workaday girls look like their more glamorous sisters.

You can learn the basic principles involved by studying the accompanying photos. The model uncombed and made up carelessly, for it is not to be all eyebrows and mouth. We won't speak of the hair. Consider, rather, how blatantly the haircomb shouts the lady's liabilities, her low and irregular forehead, stand-out ears, sharp and elongated chin.

Now all those features are rearranged. Lipstick is removed. (Eddie advises you to use liquid soap to "find" your true lip lines if you've rouged lips carelessly for long.) Then the face is studied and remodeled. Lips, naturally too full and pouting and

short horizontally, are filled in at corners to give the effect of a wider mouth. This foreshortens the chin, too. Eyebrows are thinned at outer ends and make-up is removed. This lifts the eyes in relation to the nose and makes the face seem light and soft. Ears and that forehead get the coverup with a new hairstyle.

The hair is set in two rows of curls all around the head—reverse curls in front, regular pin curls in back. Tresses are fluffed with comb and then brushed up in back and at sides, turned under



Made up carefully, this young woman's face looks heavy, hard, and plain. Correct arrangement of her hair, her eye and mouth makeup, transforms her into a glamor girl.

Does the lady remind you, here, of Rosalind Russell?

This kind of a job might be too big an order for every day, but knowing it can be done for special occasions should perk up any former stay-at-home's self-assurance, and she could use a simpler application of the same principles daily. It is wise to consult a professional expert about the One-Two-Three—rich your individual features require. But you can accomplish a good deal for yourself by slicking back your hair, studying the proportions of your face and head, and figuring out arrangements to enhance your features.

## NEW OFFICERS NAMED BY CATHOLIC WOMEN AT ANNUAL MEETING

At the annual meeting of the Westmount subdivision of the Catholic Women's League, held Friday in St. Leo's School Hall, reports showing an active year in various branches of work were presented.

Mrs. A. I. Peterson, the treasurer, reported total receipts in the general account amounted to \$835.82 and disbursements \$624.41.

Donations were made to the following: Federation of Catholic Charities, \$25; Sisters of Service, \$68; Catholic Girls' Association \$10; St. Leo's Boys' School \$10; St. Paul's Academy, \$10; Girl Guides, \$5; Sisters of the poor \$10.

The War Service convener, Mrs. E. Foster, Mrs. A. I. Peterson, Mrs. C. W. Hemming, Mrs. Maurice Shea, Mrs. J. W. Shea, Miss E. Flanagan reported the sum of \$638.97 was raised by the club for their War Service Fund and donations from this were made as follows: Red Cross Campaign \$100; Overseas Chaplain, \$30; cigarettes for overseas \$96; Catholic Sailors' Club \$10; Westmount Hobby Show \$4; Wool for Red Cross group, \$45; and H.M. C.S. Westmount, \$14.

Miss E. Flanagan, convener of Red Cross, reported thirty-one ditty bags valued at \$135 were given to the Merchant Marine; 28,800 cigarettes were sent overseas; 300 articles completed during the year.

Mrs. G. A. Meagher reported a total membership of 224 of which forty-nine were new members.

Other reports were read. Mrs. J. T. Rogers was re-elected president. Other officers are: 1st vice president, Miss E. Flanagan; rec. secretary, Mrs. E.

## Living Posters Presented At Re-Style Fashion Show

A large and appreciative audience greeted the Re-Style Fashion Show presented Friday evening by the Catholic Mothers' Club of Westmount in St. Leo's School Hall.

Living posters, representing the Armed Services, as well as a Red Cross V.A.D. were featured. The tableaux were posed in a gigantic frame on the flag-decked stage. The Navy was represented by Ord. Seaman R. P. MacFarlane and Wren M. E. Robertson, the Army by Corporals J. Brennan and R. Farr, the Air Force by Corp. P. Houle and Leading Airwoman B. Brophy; with Trumpeter W. P. Puttick and Mrs. P. S. Stevenson, as a Red Cross V.A.D., completing the picture.

The fashion show opened with a presentation of a girl of the '90's, portrayed by Miss Joan

Palmer; 2nd vice president, Mrs. G. Meagher; cor. secretary, Miss L. Cox; 3rd vice president, Mrs. E. Foster; treasurer, Mrs. O. I. Peterson; Councilors: Mrs. J. Colford, Mrs. E. O. Ryan, Mrs. L. Reynolds, Mrs. Maurice Shea, Mrs. W. Boyd, Mrs. C. Rowlands, D.C.O.-wer sthar hrd shrm mhh

Walsh, wearing a voluminous gown, ostrich feather hat and parasol. The material in her gown would be ample to clothe three women of today. She was accompanied by Mr. Leonard Walsh, representing her beau, a Victorian dandy, wearing a shepherd plaid suit, bowler hat, mustache and sideburns.

The commentator was Mrs. Eve Trill, and Mrs. J. Leslie Hodges of the Consumers Branch, Wartime Prices and Trade Board, was guest speaker. Many attractive ensembles were presented by the models, made from garments long-discarded and outdated.

An amusing comedy act was furnished by Miss Roehra Beauty, who modelled outfits she had re-styled herself.

Staged by Mrs. Edgar Reynolds, the revue was under the convener'ship of Mrs. G. Macklin Marshall, with Mrs. D. K. Donnelly assisting in the arrangements.

Mrs. Dale Bourcier trained the mannequins and "behind the scenes" were Mesdames P. J. Melvin, Edward Kennedy and A. Laplante.

The winners of the door prizes were: Miss Margaret Whitty, Miss Charlotte McGillis, Mrs. J. Grant, Mrs. C. Foy, Mrs. J. C. O'Connell, Miss Hilda Connors.

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# Easter SAVINGS

- AT -

## MELVILLE'S

Luscious Southern Strawberries — Hothouse Cucumbers — Tomatoes — Newton Pippins — Celery Hearts — Radishes — Water Cress — Mint — Pineapples — Peppers — Shallots — Endive.

Golden Ripe BANANAS

Lb. 14¢

LARGE CURLY LETTUCE 2 for 35¢

LARGE GREEN CURLY TEXAS SPINACH 2 lbs. 25¢

NEW BEETS 3 bunches 29¢

WASHED BEETS & CARROTS lb. 5¢

FINEST QUEBEC TURNIPS lb. 5¢

WASHED PARSNIPS 2 lbs. 25¢

LEEKES bunch. 10¢

BELGIAN ENDIVES lb. 23¢

EXTRA SPECIAL! CALIFORNIA ASPARAGUS 23¢ lb.

LARGE CUBA PINES .. 49¢

CHOICE FIRM TOMATOES lb. 25¢

SEEDLESS LEMONS DOZ. 29¢ 3 doz. 85¢

LARGE DELICIOUS APPLES 5 for 29¢

LARGE ICEBERG LETTUCE Ea. 29¢

FLORIDA'S FINEST ORANGES

35¢ doz 39¢ doz 45¢ doz

3 doz. 1.00 — 2 doz. 75¢ 2 doz. 85¢

For Juice! Practically Seedless

SEEDLESS FLORIDA GRAPEFRUIT

EAT IT! DRINK IT! Every Day!

5 for 29¢ 4 for 29¢ 3 for 29¢ 2 for 29¢

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FREE COURTEOUS DELIVERY



# The WOMAN'S Page



## Penny Thoughts

By MARGARET SEATON CORRY



### Help Wanted—Male!

In a charming old book written back in the nineteenth century, we find much interesting but quaint advice given to the women of the times. There are a few whispered words to the young woman about always being gracious and polite to the man of her choice—about the importance of speaking in a softly modulated voice because, it states, men are susceptible to harsh notes in their women companions. Advice is tendered to the newly-engaged miss about the impropriety of visiting at "his" home without his mother's invitation and to the young girl about the rudeness of eating on the street. It tells of elaborate ways to arrange house decorations for the wedding feast, how to make soldiers' hats out of dinner napkins and how to keep servants, as well as husbands, under control.

Times have changed so much that we find great amusement in the quaintness of that embellished society of yesterday—there is only a faint tracery of it in our minds, which influences our characters. However, with a little same reflection, it is not hard to realize that the genteel woman of

the harpsichord age really had something and in these tense times, it is worthwhile to know the little tricks that help to soften the steely glint in the eye of our hard-working male, who has had a trying day with dynamo and turbines, or sergeants and colonels, or vice-presidents and officious secretaries.

Women no longer sit at home and wait with dog-like devotion the return of the happy hunter. Instead, women have had to do the hunting clothes and do a little for themselves. Therefore, for this reason—this equality of sex—we should gather up the loose straws of femininity and bind them with "strength and beauty", in spite of the hunting togs—the coveralls or the broad-shouldered tweeds.

The woman of yesterday would show as much interest in "his" new hair-cut as we expect him to show in our new hat. She would serve him a cup of warm broth instead of a wall about the "cat-tiness" of the girl down our assembly line at the plant or the trials of the traffic in our taxi work for the Red Cross. Through all her frivolous moods she would display a little sincerity and never once bring his attention to the bald spot slowly increasing on top of his head.

Men carry around a mental image of his ideal woman against which we are critically weighed. They love to improve us—it's the Pygmalion in them—and we should learn to take their well-meant criticism with good humor and grace. Perhaps, we don't stay as tidily upholstered as our mirrors show us to be when we start out the day—our fixings do flop around. Perhaps, we do dress in wisps of the purest insanity for a party then come home to comfortable old bedroom slippers and a faded wrapper. But, do let us try to keep our pretty painted mouths closed when we suddenly discover his tie askew and an old beard near at hand or when he reaches for his old sweater instead of that braided-trimmed house jacket we gave him on our wedding anniversary.

Men like to relax and they'll go where they can relax—be it at

## TRAINED ATTENDANTS RECEIVE BADGES ON GRADUATION

Ten fully qualified applicants received badges signifying the completion of the three months course at the 20th graduation exercises of the Parker School of Trained Attendants held Monday afternoon in the Herbert Symonds Parish House.

In the absence of Professor H. E. Reilly of the Physics Department of McGill University, Mrs. Douglas Ross read his address, which said that in his opinion there are cases of illness in which a well-trained attendant can carry on to a satisfactory conclusion. In such instances, continued the address, it is a waste of woman-power to occupy the time of a Registered Nurse when a Trained Attendant might do just as well.

Miss M. L. Parker, who presided, addressed the graduates with a few words and said that the course could be put to good advantage in the women's services, which many of the graduates had joined.

Miss Kathleen Shackleton who presented the badges and diplomas, made a few informal remarks. "As an artist I find the color scheme of your uniform most satisfying and restful to any patient. The folded kerchief effect in the front is truly Canadian, as it is so reminiscent of Evangeline," said Miss Shackleton. Miss Shackleton went on to stress the need after the war for nursing services in the North-West territories, particularly in the isolated Arctic, and she felt that Trained Attendants would find their niche there.

The room in the Church house looked charming with Spring flowers on the platform and the front row, with uniformed graduates in their blue dresses, soft white caps and aprons, added color. Miss Parker especially chose this uniform so it would be distinctive of that school and not be confused with that of Registered Nurses. Doctors have said that this soft blue has a good psychological effect on certain cases.

Among those receiving badges signifying the completion of the three months course were: Miss Ada M. Wallace of N.D.G., Mrs. Margaret F. Rielly, Montreal West; Miss Hazel M. Ibbotson of Westmount and Mrs. Cornelia Powis of Westmount, who knows the Peace River country well and intends to return this summer, taking her uniform with her for emergency purposes.

Among those receiving diplomas, which signify completion of six months of practical work after graduation were: Mrs. E. M. Cowan, of Westmount and Mrs. Hilda Blaise of N.D.G.

## VITAMINS OVERCOME SPRING TIREDNESS

Some call it "Spring Fever," others hold the weather responsible for the tiredness, lack of appetite and general irritability which is apt to overtake them at this time of year.

Grandmother would probably have prescribed large doses of sulphur and molasses—her favorite spring tonic for these end-of-winter woes.

Dr. Pett, director of Nutrition Services, prescribes a spring tonic for Canadians who are winter-weary but it isn't sulphur and molasses. His tonic is much more pleasant to take than Grandmother's was. Says Dr. Pett, "More careful attention to the choosing of meals that contain a plentiful supply of the B vitamins is often all that is necessary to dispel that springtime lack of appetite, general weariness and irritability."

It isn't difficult to get this spring tonic from food. Use wheat germ on cereals, in muffins and soups. Use liver or kidney at least once a week. Don't forget the whole grains cereals and breads. Drink milk, eat eggs and green vegetables. This is medicine that's easy to take. Dr. Pett adds to his prescription, "eight hours sleep every night and some outdoor exercise every day even if it's only walking to work instead of taking the street car."

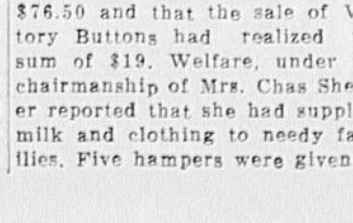
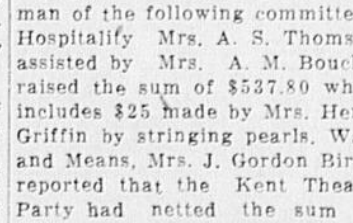
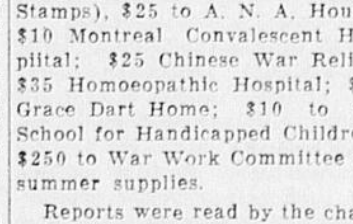
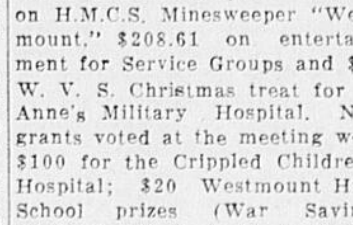
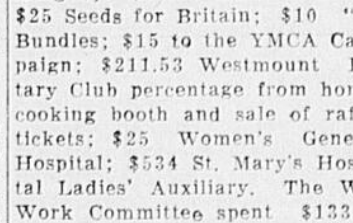
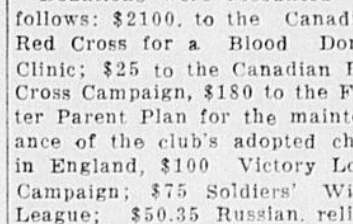
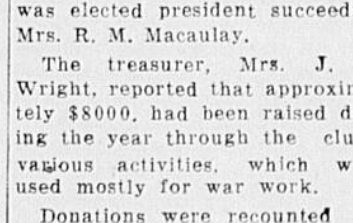
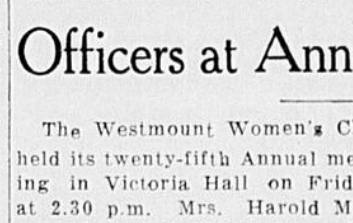
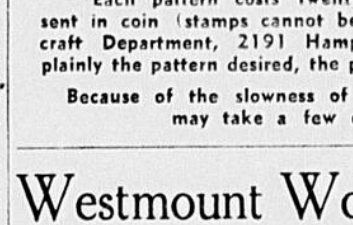
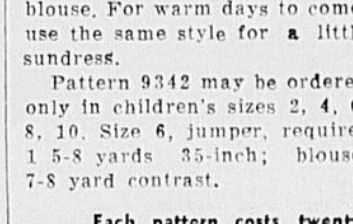
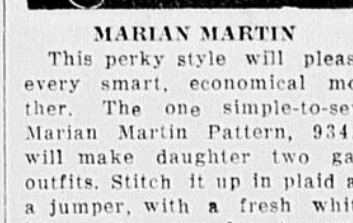
Manchester—More than 250 women have been trained in Britain to take charge of railway signal boxes.

the "nineteenth" hole at the golf club, beside a trout stream or in the "blind" during the duck shooting season. They can't relax if we prattle on about Mrs. Granby's giant geraniums or how poor pa went penniless.

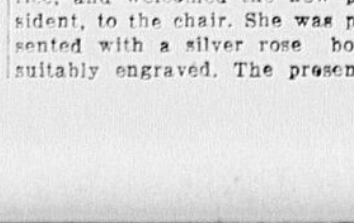
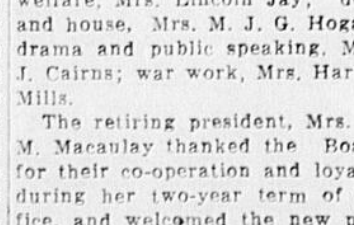
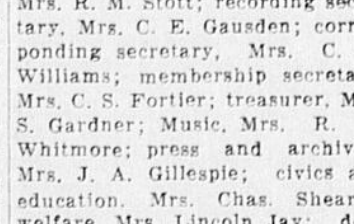
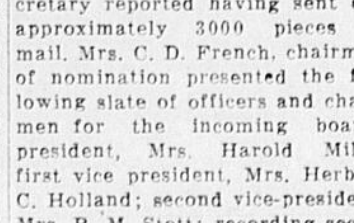
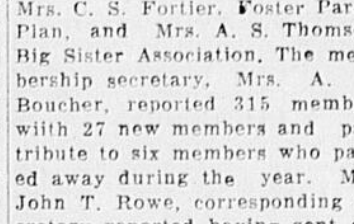
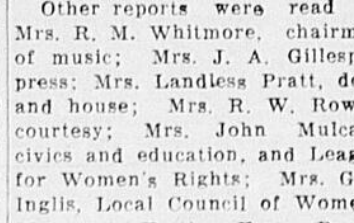
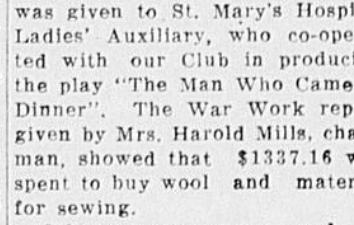
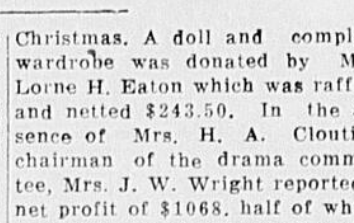
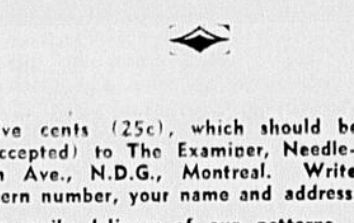
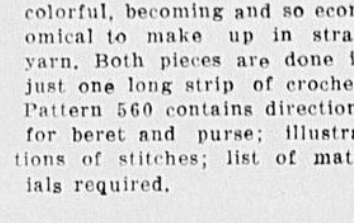
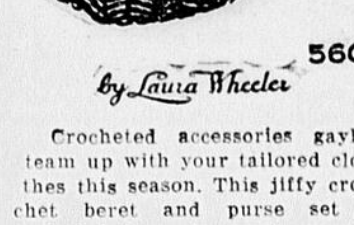
Let's not den a bit of fluff and try to show them that we are still feminine—let's really be that way and sparkle as we should!

## HOME ECONOMICS

### Double-Duty Style



### Beret and Bag Set



## COSTUME JEWELRY USED TO FEMINIZE OUR 1943 CLOTHES

You'll turn to costume jewelry more than ever this year—to feminize your tailored suits, to individualize and dramatize your basic frocks, to provide eye appeal and to give a lift to your spirits. Most of the new jewelry is made of silver, wood, leather and plastics. But there's no priority on the artistic ingenuity of jewelry designers.

Coro, noted jewelry stylist, has introduced an exciting new group of necklaces, bracelets, pins, clips and earrings designed to complement the new fashions and bolster morale. Many of these pieces are extremely feminine like the old-fashioned bouquet pins and lace-patterned necklaces in wonderfully effective plastic.

Others are definitely intended for the "suit girl"—hand-carved wooden initial pins in a graceful script, amusing animal and novelty character pins in ceramics, plastic and wood leather. And there are still other pieces which can double on tailored and dressy ensembles, such as the gay butterfly pins and earrings delicately enameled on sterling silver, the multi-colored beads called Night Life in beautifully blended pastels, and Radiance and Rapture, Coro's two new pearlized plastics, which are feather light, can be shaped into intricate designs and come in all the colors of the rainbow. Shell jewelry is just right for your new spring cottons, and so are the sets made from, of all things, burrs.

NEW MODES  
Coro offers these predictions of new modes in jewelry:

Necklaces are very important because of the collarless and low V-necklines. The younger woman may select a 60-inch rope to add color and dash to a simple dress, but the matron may prefer one of the dressmaker types especially designed by Andree of Coro to fit the base of the throat and conceal ugly hollows. With suits, the choker necklaces—one, two or three strands, in pearls, lustre, plastic or shells—are almost indispensable.

Earrings are almost an essential part of every woman's costume. By careful selection, she can make certain that each piece of jewelry she owns can be paired with a set of her earrings.

And every woman whose heart is with the armed forces will want at least one pin, bracelet or set of earrings with the military insignia of her "heart interest."

Easter Party Planned By Catholic Mothers

An Easter party sponsored by the Catholic Mothers Club of Westmount, will be held on Easter Monday evening, in St. Leo's School hall.

The student committee, under the joint chairmanship of Mavis Reynolds, Burton avenue, and Jack Shannan, Clarke avenue, is very busy with arrangements. An excellent orchestra has been secured.

The guests will be received by Mrs. A. A. Paré, president of the club.

"Easter 1943" Subject Of Address To W.M.S.

Easter thank-offering meeting of Stanley Presbyterian Church W.M.S. Auxiliary will be held Tuesday afternoon 3 p.m., in the church hall.

"Easter 1943" is the subject of an address to be given by the Rev. F. S. Morley, B.D., Ph.D.

Devotional period will be taken by Mrs. G. W. Grier.

Easter music and solos, Miss Muriel Munn and Miss Peggy Muir.

Black Watch Group Meets

The Black Watch (R.H.R.) of Canada, Women's Division, will hold a meeting on Tuesday evening, April 27, at 8 o'clock, in Kildonan Hall, for relatives of men of the 2nd Battalion. There will be a program of entertainment and refreshments served. Wool will be given out and finished work taken in.

Export permits are now required for all shipments of maple syrup and maple sugar to any destination, with the exception of small casual shipments of one gallon or less of maple syrup or two pounds or less of maple sugar.

The new president, Mrs. Harold Mills, announced that the War Work Committee would function as usual during the summer.

The retiring president, Mrs. R. M. Macaulay thanked the Board for their co-operation and loyalty during her two-year term of office, and welcomed the new president, to the chair. She was presented with a silver rose bowl, suitably engraved. The presenta-

tion was made by Mrs. R. W. Rowat.

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## New President



Mrs. Harold Mills, newly elected president of the Westmount Women's Club.

## HADASSAH WOMEN TO HOLD AUCTION AT SHAAR HASHOMAYIM

Permits have been issued by the British Government, to some 35,000 persons, mostly children, allowing them to leave various occupied countries for lands of safety. With this in mind, women of the Shaar Hashomayim Chapter of Hadassah have undertaken to collect money for this worthy cause through a Bring-and-Buy Sale and Auction of On-feta d'Arts, to be held on Tuesday afternoon, May 17, at the Shaar Hashomayim Synagogue, Kensington avenue, Westmount.

Members and friends of Hadassah are being asked to contribute miscellaneous articles of interest and value, such as china, glass, pictures, bric-a-brac, trinkets, costume jewellery, handkerchiefs, etc. The women, under the convener-ship of Meadame B. Lefort, and L. K. Freedman, are working very hard to make the event a success, and are anxious for a large attendance.

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## Westmount Girl Guides Exhibit Their Work

The Girl Guides of Westmount District are having a display on Wednesday evening, in the auditorium of the Shaar Hashomayim, 450 Kensington avenue. The purpose of this display is to show as many parts of the Guide program as possible, to parents of the Guides and others interested in their work. To accomplish this there will be exhibits from 7-8, and a program from 8-9:30.

In the exhibits many types of handwork done by the Brownies will be shown. There will be posters of Guide work. One company has made a diminutive camp site, another is setting up a model patrol corner. There will also be many exhibits of badge work. The program will consist of short skits from every company and pack, showing the type of work done at their meetings.

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# The Westmount Examiner

Published Every Thursday  
Serving the City of Westmount  
Garden Suburb of Canada's Metropolis.  
THE EXAMINER PUBLISHING COMPANY  
Head Office: 2191 Hampton Ave.  
Walnut 2773

"The Examiner" aims to be an independent, clean newspaper for the home, devoted to public service.  
WESTMOUNT, THURSDAY, APRIL 22, 1943

## ALTER AND ERLICH

**FRANK TALK ABOUT RUSSIA** is needed, both in defense and in criticism. Generalities get nowhere with Russians, and little farther with Latins. Millions of workers in the Americas, sympathetic with the Soviets but not in large numbers Communists, are eager to know whether big business is going to swing diplomatic power to throttle Russia's influence for new economic ideas. Equally, many of them want to know if, without counter-pressure, the Stalin regime is going to get away with its assassination, in March belatedly admitted, of the two well-known Polish-Jewish anti-fascists, Alter and Erlich. They know these men were killed because they refused to join a group of Poles and Jews set up in Moscow to sell Polish workers on the Russian border claims in advance of the general peace-table settlement.

hopes for safety in that direction. We labored to get them freed with the aid of a universally-respected European Foreign Minister who found at the end of his diplomatic efforts nothing but cold evasion. How such deeds ramify is shown by the fact that in Mexico City when the slain men's followers held a Polish memorial meeting, starting with Chopin's Funeral March, Comintern agents immediately broke up the gathering, held in a center of Polish and Jewish activity.

## UNION ON STRIKE

**THE FOLLOWING NEWS** note came from Detroit a few days ago:  
"Twenty-seven women stenographers at offices of Local 600 of the United Automobile Workers (C.I.O.) struck for higher wages today. They are members of the C.I.O. Office Workers' Union."  
Now, in the newspaper business it is said that when a man bites a dog that is news. We don't know what they call it in union circles but it would seem to us that when a union group goes on strike against a union—that's sumpin!

## Westmount Baptist Church Notes

The Easter services in Westmount Baptist Church will be of unusual interest. The choir will present an inspiring program of music at each service. The theme of the morning sermon will be "The Most Amazing Thing About Christ's Resurrection." Easter carol, "This Glad Easter Day," Dickinson. Solo, "I Know that My Redeemer Liveth," Handel. "Festival Te Deum," Dudley.

## MELVILLE CHURCH NOTES

Special music and sermons appropriate to Easter will be given at Melville Church next Sunday. In the morning, Dr. Mulligan will preach upon the wonderful inspiration of the Christian hope which is the characteristic of the season. In the evening he will deal in his sermon with the opposite side of this great Christian doctrine, "Is Belief in a hereafter an Absolute Essential of the Christian Faith?"

## The Examiner's Hidden Titles Contest


The Westmount Examiner's Hidden Titles Contest is run with the kind co-operation of Mr. Godel, manager of the Westmount Theatre. Each week twelve passes are given to the six lucky winners who comply with the following requirements:  
Simply find the two "ads" in the current issue of The Westmount Examiner in which the names of the two feature pictures being shown at the Westmount Theatre during the first half of next week are hidden. Submit all answers to The Contest Editor, The Westmount Examiner, 2191 Hampton Avenue, using the special coupon provided in each issue for the purpose.  
Contestants must be over 16 years of age.  
Residents of Westmount, only, are eligible.  
All answers must be in this office not later than Wednesday, and the names of the winners will be published in Thursday's paper.  
The winners are drawn from among those who submit the correct answers, as, unfortunately, it would be impossible to give passes to every one submitting the right answers.  
The winners of last week's contest are as follows and their passes will be received in Monday's mail:  
Mrs. C. Parsons, 6 Park Place, Apt. 5; Miss Mary Heeren, 4560 St. Catherine West, Apt. 38; Pte. R. Black, 175 Selby St.; Mrs. Doris Lightfoot, 116 Blenheim Place; Marion Fryer, 364 Elm Ave.; Mrs. J. L. Rankin, 635 Belmont Ave.

### THE FORUM

Conducted by HOWARD S. ROSS, K.C., D.C.L.

#### In Which Subjects of General Interest Are Discussed

The opinions expressed in this Forum are not necessarily those of this newspaper, and it does not accept responsibility for them.



A sharp controversy has been aroused by the action of the war office in withdrawing from circulation in the army the publication, Current Affairs, which contained a summary of the Beveridge report. The summary, prepared by Sir William Beveridge himself for this army publication, had been intended for the use of junior officers in leading the discussions in their platoons. Soldiers, bishops and statesmen have condemned the action of the war office as "an error in judgment" and "a deplorable blunder." The defense offered by Lord Cranborne is that the government and Parliament have not themselves carefully examined the report and should not take action which would imply that they had accepted it. But the critics are unsatisfied. They declare that the war office is not sufficiently awake to the change that has come about in the army. They still think of "Tommy Atkins," and the soldier of today is not at all like the First World War soldier in his outlook.—Dr. E. Shillito.

Plans for the postwar world at this stage should be based on the hope of providing new adjustments in our social and economic framework "to meet the conditions of a changed and mechanized world to the end that we may continue free." James Bryant Conant, president of Harvard University, declared last Friday in an address made at the 32nd annual meeting of the New York Academy of Public Education. Dr. Conant recommended a five-point master plan for postwar planning, as follows: (1) Provide an educational system that offers real equality of opportunity. (2) Find the exceptional men among those receiving this opportunity while they are still in training. (3) Give these men every advantage and facility in the way of machines and helping hands. (4) Be certain that there are many rival and independent groups competing for scientific and technical achievement, and that no group can long perpetuate itself. (5) Develop a system of checks on "co-ordinating agencies" which will curb their dictatorial powers.

John Burns, the champion of the poor dockers when they fought their battle for union recognition nearly 60 years ago, has died. He was the first representative of labor to serve in a British cabinet. He resigned from the government in 1914 because he could not bring himself to serve in a war cabinet. This trade union secretary, known to his men as "Honest John," was the target for all sorts of abuse, but he never discussed with him. Lord Morley was the other minister who walked out with him. Burns began life as an engineer. After his retirement he lived in Clapham, where he had as fine a library of books upon London as can be found. He will not be forgotten when the history of labor in England is written.—Dr. Shillito.

The governor of Oklahoma, Robert S. Keer, is a Sunday school teacher in First Baptist Church, Oklahoma City. The governor of Georgia, Ellis Arnall, is a member of Central Baptist Church, Newman, Ga. The governor of Minnesota, Harold Stassen, also a Baptist, is president of the International Council of Religious Education.

The British Council of Churches through its executive committee, recently endorsed the Beveridge report recommending a plan of social security for the whole nation "as being in accord with Christian principles... expressing a new sense of community and should be supported by all who believe that we are members one of another."

The Northern Baptist Convention of the U.S.A. announced that cash receipts for its \$600,000 World Emergency Fund are now \$15,000 over the total amount, two months in advance of the April 30 deadline. A \$700,000 fund will be inaugurated for the next fiscal year, beginning May 1, as well as a post-war rehabilitation fund of \$1,000,000.

The discussion of post-war planning becomes every week more animated. The battle is going against those who urge postponement until the war is over. Public opinion is well expressed by Sir William Beveridge when he writes: "For the leaders of a democracy at war to concern themselves with the purpose of victory as well as with the means to victory is not a diversion of effort from more important to less important tasks. It is a part of their task—the means to success." That belief has sunk into the mind of this people. They expect Parliament to busy itself with social security, city and rural planning, agriculture and education and they will not be satisfied to wait. They remember 1919. "The government would never be forgiven if like the foolish virgins it were discovered with lamps untrimmed on

port is correct and the cost of securing power by this method is much less than the present cost it will be an advantage to all of us except the miners who will be thrown out of work. Let us hope that by the time the new method is used in other countries and in our country it will be easy to transfer coal miners to other occupations without any period of unemployment.

## Westmount Park Church

(Cor. Lansdowne & Western Aves.)  
Minister: Rev. George W. Gosh, B.A., B.D.  
SUNDAY, APRIL 25th  
EASTER SERVICES  
11:00 a.m. "If Christ Be Not Risen."  
7:30 p.m. "The Power of His Resurrection."  
Both services will emphasize the significance of the living Christ.  
Mr. J. C. Scott, L.R.S.M., Choir Director  
Mrs. S. C. Burgess, Organist.

## St. Stephen's Church

Cor. Dorchester St. and Atwater Ave.  
GOOD FRIDAY  
Three Hour Service 12-3 p.m. conducted by Rev. Harold S. Laws, Rector  
Lantern Service 8 p.m.  
Preacher: Rev. W. Talbot-Hindley.  
EASTER DAY  
Holy Communion at 6 and 8 a.m.  
Choral Communion & Sermon 11 a.m.  
Preacher: Rev. Harold S. Laws  
Children's Service 3 p.m.  
Evening Service 7:30.  
Preacher: Rev. W. Talbot-Hindley.  
Rev. Harold S. Laws, M.A., Rector  
Rev. G. N. Standish, B.A., Assistant

## Melville Presbyterian Church

Melville Avenue, Westmount  
Minister: Rev. Wm. Orr Mulligan, M.A., LL.B., D.D.  
EASTER SERVICES  
11:00 a.m. "The Easter Message."  
11:45 a.m. Primary Classes.  
3:00 p.m. Special Sunday School Service with exhibition of Oberammergau series of Beautiful slides illustrative of the life of Christ.  
7:30 p.m. "Can One be a Christian and not Believe in Immortality?"  
Easter Music at all services.  
The Rev. Dr. Mulligan will preach.  
VISITORS WELCOME

## CHURCH OF THE ADVENT

"The Little Church on Wood & Western"  
WESTMOUNT  
Rev. Sydenham B. Lindsay, Rector  
Rev. Howard Rhys, Assistant Priest  
GOOD FRIDAY  
7:30 a.m. Mattins and Litany.  
9:30 a.m. Table Prayers and Sermon.  
12 noon "Three Hours' Vigil." Conducted by Rev. Father Stephen, O.S.F.  
4:00 p.m. Children's Service.  
8:00 p.m. Evensong.  
Preacher: Rev. Father Stephen, O.S.F.  
EASTER DAY  
6 a.m., 7 a.m., 8 a.m. and 9 a.m. Holy Communion.  
10:15 a.m. Mattins.  
11:00 a.m. Solemn Eucharist and Procession.  
3:00 p.m. Children's Vespers.  
7:00 p.m. Solemn Evensong and Procession.

## St. Matthias' Church

WESTMOUNT  
Corner Church Hill and Cote St. Antoine Road  
GOOD FRIDAY  
9:30 a.m. Scholars' Service.  
10:30 a.m. Mattins and Ante-Communion Service with Address. Preacher: Rev. W. J. White.  
12:00-3:00 p.m. Three Hours Devotion conducted by Rev. Canon Gilbert Oliver.  
EASTER SUNDAY  
7:00 a.m., 8:30 a.m., 9:30 a.m. Holy Communion.  
11:00 a.m. Holy Communion (Choral). Celebrant: Rt. Rev. Lennox Williams, D.D., Preacher: Rev. Canon Gilbert Oliver.  
3:00 p.m. Scholars' Service and Easter Pageant.  
7:30 p.m. Evensong and Sermon. Preacher: Rev. W. J. White.  
EASTER WEEK  
Monday, 10:00 a.m. Holy Communion.  
Wednesday, 10:00 a.m. Holy Communion.

## STANLEY PRESBYTERIAN CHURCH

Westmount & Victoria Aves.  
Good Friday, April 23rd, 1943, at 8:00 p.m.  
**HANDEL'S MESSIAH**  
will be rendered by  
**The Church Choir (Augmented) 100 voices**  
With Orchestral Accompaniment  
ASSISTED BY THE FOLLOWING ARTISTS:  
Mrs. Mary Henderson, Soprano; Mrs. Dorothy Gillespie, Contralto; Ft. Lt. Harold Gillingham, Tenor; J. C. Scott, L.R.S.M., Bass.  
Mr. William Stevens, Lic. Music (McGill) at the piano.  
Mr. George Brewer, F.A.G.O. at the Organ.  
Director: Mr. Walter S. Clapperton, Hon. A.R.C.M.  
Admission: 55 cents — At Shaw's Piano Co., or at the Church door

## HOWARD S. ROSS, K.C.

Barister and Solicitor  
57 St. James St. West  
Telephone HA. 9238

## Christian Science Services

"Probation after death" is the subject of the Lesson-Sermon to be read in Churches of Christ, Scientist, on Sunday, April 25th.  
The Golden Text is from Psalms 49:15, "God will redeem my soul from the power of the grave; for he shall receive me."  
Among the citations which comprise the Lesson-Sermon will be the following from the Bible: "Yea, though I walk through the Valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me." (Psalms 23:4).  
The Lesson-Sermon also includes the following passage from the Christian Science text-book "Science and Health with Key to the Scriptures" by Mary Baker Eddy: "We know that all will be changed in the twinkling of an eye, when the last trump shall sound; but this last call of wisdom cannot come till mortals

have already yielded to each lesser call in the growth of Christian character. Mortals need not fancy that belief in the experience of death will awaken them to glorified being. Universal salvation rests on progression and probation, and is unattainable without them." (Page 291.)

## WESTMOUNT PARK CHURCH NOTES

A Good Friday service will be held in Westmount Park Church at 11:00 a.m. Mr. Gosh will speak on "The Door of the Cross."  
The vital significance of Easter will be faced by the minister of Westmount Park Church, on Sunday, Easter is one of the most important dates in the church year and Mr. Gosh, at both services, will emphasize the significance of the resurrection of Christ for our own time. Christian people must always be asking themselves questions if their faith is to remain a living thing.

How much does the resurrection mean to us? What if Christ be not risen from the dead: Is there any power for us in the resurrection? The meaning of Easter may take on a new significance if we deal with these questions honestly and in the light of our present day knowledge.  
To these and all the services in Westmount Park Church all are invited.

## Every Cent Counts

No amount you can lend your country is too small. Steel helmets cost \$2.39 but are not complete without a small threaded washer costing one cent. Two cents will pay for a case for anti-gas eyeshields; three cents for a large C.W.A.C. button; four cents for a comb. And so it goes, right up to 97 cents for a belt; 98 cents for a two-quart coffee pot; 99 cents for three pairs of anti-gas overmitts; and \$1 for a Wren's shirt!

# The Westmount Examiner

Walnut 2773

## 20 words for 35¢

### CLASSIFIED ADS

**LOST**  
SMALL purse with plaid lining, containing prayer beads and medal, small change, etc. Vicinity Elm Ave. to Peel St. FL 7644. M-24

**ACCOUNTING & ESTATE ADMINISTRATION**  
INCOME TAX assistance or complete preparation of returns—limited clientele—moderate fee. For appointment write Box 427, c/o 2191 Hampton Avenue. M-22

**BUSINESS OPPORTUNITIES**  
FOR rent or sale, Summer hotel at Mont Tremblant. Modern, well equipped, good clientele, full house all last season. Would consider operating partnership with good cook, willing to operate kitchen, dining room. Particulars, FL 9188. M-12

**PROPERTY FOR SALE**  
OXENBOW AVENUE, immediately above Prince Arthur, duplex, upper flat, revenue \$43.00. Lower flat, 7 rooms, owner occupied. Possession can be given by arrangement at any time. Bargain for immediate sale. GROSVENOR AVE.—Midway between Sherbrooke St. and Cote St. Antoine Road. Very desirable 2 storey brick and stone residence, 9 rooms, 1 car garage in rear, lot approximately 50 ft. by 111 ft. Apply The Eastern Trust Company, 334 St. James St. W. BELAIR 1745. M-26

**AUTOMOBILES WANTED**  
EX-ARMY officer wants good used Buick, Mercury or Dodge by private purchase for cash. Write Box 424, c/o 2191 Hampton Avenue. M-13

**DOMESTIC HELP WANTED**  
GOOD plain cook and general worker, \$25.00 monthly, Upper Roslyn, 2208. M-24

**ROOMS TO LET**  
VICTORIA Avenue, Sherbrooke—Comfortable single room with privileges. EL 9858. M-17

**FURNISHED APTS. WANTED**  
BUSINESS girl desires one room apt. Call after 6 p.m., AT 8623. M-10

**FOR SALE**  
BOOKCASE, dropleaf table, chairs, secretary. Never used. Few lovely rugs, settee mats. Beautiful modern bedroom. Handsome new velour Chesterfield suite, bargain, \$95. Walnut breakfast suite, lamps, tables. Everything absolutely perfect. FL 1200. Colson, 1323 Greene, Westmount. M-20

**FOR SALE**  
BOY'S blue winter coat. Four piece blue suit, double breasted, excellent condition, sizes 15. EL 9706. M-13

**FOR SALE**  
WALNUT dining room suite, W.A. 4804.  
LAWN roller, WL 8288. M-23

**FOR SALE**  
GAS STOVE, four burner, two ovens, plate warmer. Apply superintendent, 408 Kensington Avenue, Westmount. M-18

**FOR SALE**  
CHESTERFIELD, 3 pieces, two colors, new, \$75.00. New beautiful rug, 3-4 x 9 bargains, \$32.50, 5826 Sherbrooke W. EL 3614. M-2

**WANTED TO PURCHASE**  
WE are interested in buying old Silver Plate, Bric-a-brac, Jewellery, China, etc. Our reputation during 43 years is the highest. Cash prices for honest, confidential transactions. Phone WE 4045, Ohman's, 1216 Greene Avenue. M-9

**WANTED**  
MEN'S and boy's used winter and fall coats, suits, double breasted, tuxedos, etc. Good prices. HA 3790, Eye-Blings, CH 1828. M-1

**CASH FOR ANTIQUES**  
LYONS, one of Canada's largest and oldest established antique dealers, guarantees highest cash prices for antique, sterling and plated ware, china, crystal, bric-a-brac, paintings, ornaments, other antiques bought. Representative calls, Lyons 1430 St. Catherine, WI 5700. M-2

**CARTAGE & STORAGE**  
NOTRE DAME DE GRACE Transfer. Local and long distance movers. Also storage. DE 3110. M-4

**DRESSMAKING**  
COATS, suits and dresses, reasonable prices. Miss Mathews, Tailress, dressmaker, 4316 St. Catherine St. FL 6084. M-19

**LADIES' and children's coats, suits and dresses.** Smocking, embroidery. Also alterations, remodelling. Moderate prices. Mrs. Humber, FL 6070. M-5

**EDUCATIONAL**  
FRENCH, Spanish, Private lessons, Professor Keller-Wolff, 2094 Lincoln Avenue, FL 9573. M-21

**MASSAGE**  
NURSING, SWEDISH MASSAGE  
SWEDISH MASSAGE (ladies), \$1.25, service of registered nurse for any medical treatment as prescribed by your doctor. For appointment call 9-3 WE 3358. M-7

**RUGS**  
BROADLOOM TWEED Reversible rugs made from any old carpets, materials, any size, or color. Anglo-French Co., Drummond Bldg., PL 5345. M-3

## Crossword Puzzle

1	2	3	4	5	6	7	8	9	10	11		
12			13					14				
15			16					17				
18	19							20				
21	22	23						24	25	26	27	
28	29		30					31				
32			33					34	35			
36								37	38	39		
40									41	42	43	
44									45	46		
47	48	49							50	51	52	53
54									55		56	
57									58		59	

**HORIZONTAL**  
1—Dance step  
2—A time-keeper  
9—Light blow  
12—Sea eagle  
13—Eaglestone  
14—Beverage  
15—Meadow  
16—Girl's name  
17—Atlantic bird  
18—Aircraft (coll.)  
20—Exclamation  
21—Symbol for calcium  
23—A unit  
24—Stage whispers  
28—Harvest goddess  
30—To become known  
32—Batters against  
34—Finnish sapele  
35—Withered  
36—Outstanding  
39—Turf  
40—Wiseest  
41—Pronoun  
43—Railway (abbr.)  
44—Printer's measure

**VERTICAL**  
1—Sweetman's dunnystage  
2—Part of "to be"  
3—To break suddenly  
4—Occupant of building  
5—Wandering  
6—Belonging to me  
7—Greek letter  
8—Prefix, again  
9—To dress skins  
10—Wing  
11—Writing implement  
12—Watercraft (pl.)  
13—Behold!

**ACROSS**  
20—Bent of burden  
21—A body of military men  
22—Three-handed armadillo  
24—Of unknown name  
25—Expires  
26—Mistake  
27—Shabby  
29—Fog made darker by smoke  
31—Nickname of 16th President  
33—Pintal ducks  
37—Doctrine  
38—Drinks to the health of  
42—You and me  
43—A large knife  
46—Dugout  
47—Encountered  
48—Reverential fear  
49—Liable seed  
50—Cloth measure  
52—Armed conflict  
53—To urge on  
55—Hebrew month

(Solution will be found elsewhere in this issue)

## "BACK THE ATTACK" BUY VICTORY BONDS

# NINE TEAMS IN SOFTBALL LOOP; AIRMEN MAY ENTER TENTH

Softball fans in Westmount Park will have their fill this summer when the schedule of the Westmount Municipal Senior Softball League gets underway.

The sports committee of the local military authorities held a meeting last week at which it was decided to abandon the Services softball league inasmuch as the majority of the teams were playing in the municipal loop. It was recommended that at least two of the remaining clubs apply for franchises in the municipal loop as well.

Lt. Belanger, sports officer in the Navy, has made an application for a franchise in the league which has been accepted along with that of the entry from the Longue Pointe Ordnance team. This makes a definite entry list of nine teams and it is expected the R.C.A.F. No. 5 Manning Pool from Lachine will be the tenth team in the loop.

The ten-team group will mean a lengthy schedule with each team playing eighteen games, two a week, during the ten-week season. One solution may be the playing of some of the games at the Westmount Barracks grounds. The Provost Corps team applied for permission to play their home games over there at the last league meeting, but it was tabled till the next get-together. With this new set-up

it is quite possible that their request will be granted in order that the schedule may be completed in time to run off the play-offs.

The acquisition of the Navy team will mean that all the services will be represented in the league. The Navy team won the championship in the Service league last year and they are expected to field a strong club.

Lt. Batho of the R.C.O.C. in Longue Pointe hopes to have a team equal in calibre to the squad his unit fielded last year when they were one of the strongest independent teams on the island. The R.C.O.C. team played entertaining ball and upset many of the highly touted teams.

Artie Mann is gathering together a strong team to represent Westmount in the loop but as the teams ruled at the last meeting that he could only use three men in the Armed Forces, his choice is somewhat restricted. In all probability Allan Dykes will do part of the hurrying for the Westmounters while Mann may get Emmett Jones to turn out as well. Jones was Montreal's leading hurler a few years back but has been out of action for a year or so.

Municipal Senior Softball League now has majority of Services' teams—military authorities decide to abandon their league.

## ST. LEO'S SPORTS by "JITZ"

Coach Abby McGillis has started special nights on which to give the boxers he has picked for the coming show, special instruction and also to pick the top-notchers of each class. He has succeeded in matching a few of the boys of various weights but as yet he has not completed his card.

When next Autumn rolls around a familiar voice barking out signals for St. Leo's football team will be missing as the owner of that voice, Terry Rogers, popular young athlete and brilliant student will graduate this closing term.

Terry is one of the best all-round athletes that the Academy has ever had, he starred in football, hockey and boxing, but his favorite sport is football and in this role he will be best remembered as the brainy quarterback of the Academy squad romping around in the crisp autumn and on the frozen grid-iron of Westmount park inspiring his teammates with the old battle cry typical of the spirit of Canadian youth. "Come on, gang, let's get in there and fight."

His loyalty and devotion to all Academy activities gained for him the respect and admiration of both staff and student body alike and when in a few weeks he passes through the portals for the last time it can be truly said, "There goes a gentleman, scholar and athlete."

## CHAMPION HIGH SCHOOL WATER POLO RAIDERS



Westmount High School's senior Protestant School water polo titlists are shown above after clinching the season's honors in local high school circles. Back row, left to right, are Jimmy Rose, coach; David Townsend, Tom Hope, Edward Levinson, Harold Corrigan, John Dawson, Dick Tremaine, manager, and John Anderson, W.H.S. Front row, from the left, are Ian Fraser, Peter Cameron, Rob Jilden captain; Bob Mahon and Bob Worden.

## Physical Fitness Through Exercise And Diet

This is another in a series of health articles by F. M. McFarlane, Physical Director at the Westmount Y.M.C.A.

Due to the ever-present controversy that seems always to be raging among devotees of physical education, as to whether weight-lifting is harmful or beneficial, I am going to present a statement on this subject as prepared by Dr. Peter V. Karpovich, one of the foremost research workers in the field of health and physical education.

According to Dr. Karpovich, weight-lifting is the best type of exercise for developing big muscles. As to the effect upon the other organs, it depends on the load lifted and the frequency of exercise.

Lifting light weights will hardly interfere with any type of athletics. But lifting heavy barbells will produce bulky muscles, and will increase muscle tonicity to such an extent that the man may become "muscle bound". It will decrease flexibility of the joints and consequently will handicap many types of activities such as

wrestling, gymnastics, tumbling, tennis, swimming, etc.

Weight lifting does not make a man physically fit in general. Although a heavy weight lifter may have a much larger heart than athletes engaged in other sports, yet he may be a poor runner, becoming breathless after a comparatively mild race. His large heart is suited for momentary work necessary to overcome resistance in the chest during exertion but is not suited for a prolonged activity.

Incidentally, excessive weight-lifting leads to high blood pressure which hardly can be considered a desirable feature. Weight-lifters usually have large chests, but it does not necessarily mean large lungs. As a matter of fact many of them have very rigid chests and low lung capacity. This is not surprising at all. In lifting a heavy weight the chest is fixed, pressure in the lungs increases so that the lungs instead of being organs of respiration become organs of support.

There are cases on record when weight-lifting caused a permanent injury to the heart and the lungs.

So weight-lifting judiciously used has its place in a system of physical education. Well developed muscles are strong obedient servants. Over-developed muscles are expensive parasites which demand additional nutrition and care and are seldom usefully employed.

## Protection Of Fish and Game Seen As A Vital Necessity

### Protective Association Urges Changes in Laws To Save Certain Species From Complete Extinction

That certain species of game have become seriously depleted during the last 25 years, south of the St. Lawrence and west of the line Lake Memphremagog, Magog River and St. Francis River, and that steps should be taken to extend protection to certain kinds of wild life, are the gist of proposals that are to be submitted to the Minister of Game and Fisheries, Hon. Valmore Bienvenue, by the Province of Quebec Association for the Protection of Fish and Game, and have been fully endorsed by the Province of Quebec Advisory Board on Fish and Game.

The association is appealing for the support of other organizations with like interests, to boards of trade, municipal councils and particularly the press.

Since there are many residents of Westmount who indulge in fishing and hunting during the proper

seasons, the Association's appeal, and the resolutions adopted by it, are brought to their special attention, and the Association will be pleased to receive any additional suggestions for amendments to the Fish and Game laws that may be submitted to it.

It is claimed that the recent changes in the duck season and the establishment of the duck sanctuary on the Richelieu River, which the Association brought about have done much good, and that deer, partridge and rabbits can also be restored by appropriate action on the part of the Government.

In the Battle of Britain—the first decisive setback to the Nazis—the victorious R.A.F. destroyed 2,375 German aircraft in less than three months—more than three times the number of British planes lost.

## President Gives Up Coffee At Breakfast

President Roosevelt now drinks a glass milk instead of coffee for breakfast, Mrs. Roosevelt told her press conference.

"The President has given up drinking coffee," she said, adding that he feels much better and is very proud of himself because of this change. He might occasionally take an after-dinner cup, she acknowledged.

A third of the British troops who fought in Greece were from the United Kingdom; i.e. England, Scotland, Wales and Northern Ireland. In Crete, the proportion was nearly one-half. In Lybia and Eritrea it was over a half.

## Canadian Pacific Employee Quota Set At \$5,300,000

### President Calls for 100 Per Cent Response In Fourth Victory Loan

With their objective tentatively set at \$5,300,000 and with a healthy determination to see their subscription total go over the top Canadian Pacific employees; cross the entire system are going "all out" to back up Canada's fourth Victory Loan Drive and to maintain the high standard that marked their participation in the Dominion's first three campaigns.

In response to an appeal by D. C. Coleman, President of the company, calling for the utmost co-operation on the part of Canadian Pacific personnel for what he termed the "noblest cause in history", employees from Halifax to Vancouver have begun revising their budgets and preparing to make the necessary sacrifices to help the Dominion reach its \$1,100,000,000 goal and to support their 16,000 colleagues now serving with the active armed forces.

It was the fourth time Canadian Pacific employees were exhorted as a body by their senior official to support the Government in its drive for Victory Bonds. The ultimate objective of \$5,300,000 to which employees have hitched their hopes, represents an increase of nearly \$1,000,000 over their objective in the last Victory Loan campaign. During the first and second campaigns, employees pledged \$2,094,050 and \$3,634,160 respectively.

Directed by a general committee under the chairmanship of W. M. Neal, vice-president of the company, and supported by sub-committees in every city, town and village on the company's lines across Canada, the drive will carry its message to the company's 73,000 employees from coast to coast.

H. J. Humphrey, vice-president, eastern lines, and W. A. Mather, vice-president of the company's lines west of Fort William, have been appointed campaign chairmen for their respective territories. General committee members are F. Bramley, secretary, Montreal; A. Lyle, assistant to the vice-president, Montreal; J. B. Ward, general chairman, Brotherhood of Locomotive Engineers, Montreal; C. E. Stockhill, assistant

## Salesmen Receive . . .

(Continued from Page 1) of speech); a group of persons praying (freedom of religion); a man and wife tucking their two children into bed for the night (freedom from fear); and a happy family dinner gathering, with a large turkey being served (freedom from want).

Besides all this the Four Freedoms will be illustrated in picture and other symbolism at noontime gatherings in Montreal public squares and in classroom plays staged by the children as part of a Youth Campaign in connection with the Victory Loan.

Compactly representing all this will be the very lapel tag worn by persons who buy bonds. This will consist of a small shield, blue-rimmed, bearing in the centre the Roman figure IV—meaning at once the Four Freedoms and the Fourth Victory Loan Campaign. The I will be a Morse V, three dots and a dash. Thus the symbol will at the same time represent V for Victory, written twice over for emphasis. The V sign is the brief, easily written mark that undaunted citizens of Europe's downtrodden nations scrawl on walls and windows to show the Nazi occupation forces that their triumph is but a short-lived thing, due to be reversed by the ultimate victory of the United Nations.

The Four Freedoms were first spoken of by President Roosevelt as the essential bedrock of the democratic way of living. Our own leaders quickly recognized that these freedoms also underlie our own civilization, and their adoption as the watchword of the Fourth Victory Loan campaign followed.

## Parish Social

The Annual Ascension Parish Easter Social will be held in the St. Leo Academy Hall on the evening of April 26th Easter Monday. This Social is under the auspices of the Mothers' Club and the Boys' and Girls' Committee.

All uniformed parishioners are welcome.

## Y's Chats

A special Easter holiday programme is being arranged for Easter week at the "Y", a copy of which will be sent to all members at the end of the week.

## Baseball

Last Friday afternoon the juniors picked up two teams and played their first good game of baseball of the year. Preparing for league games all the boys really played hard. The two teams, one captained by Ron George and the other by Dave Binmore, played a hard game to the finish, but Dave's team ended up on top with a score of 18-8.

The following are the members of the teams:

Dave Binmore, George Thomas, Ed. Moore, Don Wadsworth, Bruce Thomson, Geoff. Williams, Michael Troit and Peter Kenwood.

Ron George, Jack O'Connor, Bill Fee, Lawrence Goode, Doug Baker, Harry Langston, Don Yorke, Owen Kennedy.

## Kamp Kanawana

According to the calendar, summer is not very far away, and summer time means camping time. This summer Kanawana opens on the 26th of June for a full eight week period. The staff has been lined up and K. Oxley will be the resident director. Ross Seaman will be again on the staff as Bantam section director. Any information regarding the camp can be received from the Westmount Y.M.C.A. This summer will be the 50th anniversary of Kanawana and also the fiftieth year that the Y.M.C.A. has been arranging boys' camps in the Laurentians. New cabins are being constructed and many other improvements are being made this year.

## Vacation Club

Bob Beal of McGill University will again direct the Vacation Club at the local "Y" this year. Already plans are being made for a fine programme for the boys who "stay at home" this summer. Mr. Beal comes to the "Y" on the tenth of May.

tant to vice-president, Winnipeg; S. M. Gossage, assistant to the vice-president, Toronto.

As in the case of the previous three campaigns arrangements have been made so that every employe will be personally solicited by a competent member of the staff. Payments may be affected through periodic payroll deductions as in the past campaigns.

## ANSWER TO CROSSWORD PUZZLE

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TEA	BLESS	TRQ

**WHITTET'S CAMP LACLOUWHI**  
In the Laurentians  
BOYS AGE 6 to 16

Riding, Life Saving, Canoe Trips, Handicrafts, Tennis, Boating, Overnight Bikes, First Aid, Sailing, Movies

**CAMP SEASON**  
June 29 to August 24  
SPECIAL SEPARATE SECTION For Boys 6 to 8 is supervised by Experienced Lady Personnel  
Phone for booklet WA. 5500

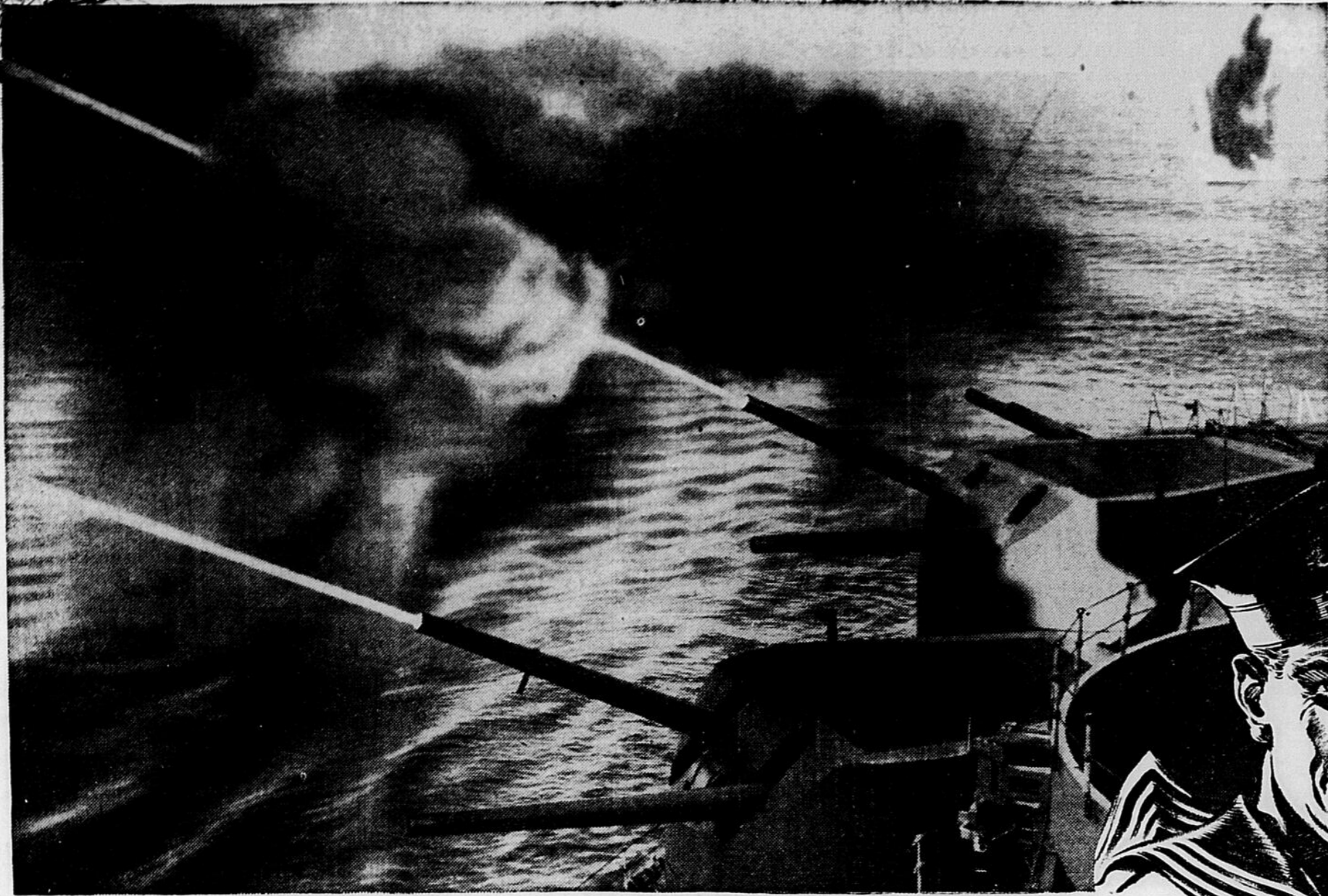
**NOW IS THE TIME TO GET READY FOR Your Summer Vacation LEARN TO SWIM**

Special Classes for Boys and Girls 7 to 10 years of age Commencing Monday, May 3rd. Classes for Beginners & Advanced.

12 Lessons \$5. Expert Instruction

Boys: Monday and Thursday — Girls: Tuesday and Friday

**WESTMOUNT Y.M.C.A.**  
Telephone for particulars WI. 2159



# "If I'm to do my job — YOU MUST DO YOURS..."



*The convoy's in... three ships went down... and tomorrow we set out again — to watch more ships, to search for subs.*

“ Maybe you're tired... feel like taking things easier—to work a bit less, to spend a bit more. Maybe, back home, I'd feel the same.

But out here on convoy you can't feel that way. No matter how tired you get, you've just got to go on.

We know what those supply-ships mean—they're what you might call our life-line to Victory...

whatever the cost, they've got to get through.

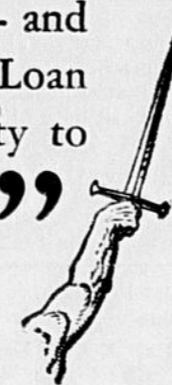
Day and night — through fog and storm and cold that eats into your marrow — we know we can't stop watching... and when the Hun shows up we've got to shoot straight and shoot fast.

We don't think we're heroes... we're just doing a job — a tough job and an important one.

But, if we're to do our job, you must do yours.

You have the power to give us the tools — more and more of them — to do the job.

This is *your* job — and this new Victory Loan is *your* opportunity to get into the fight.”



*There's still a tough fight ahead... fight for all you're worth by lending all you can... Buy Victory Bonds.*

*This Message is sponsored by*

- Murray's Lunch Ltd.**  
5011 Sherbrooke West DE. 3262
- Thrift-Stop & Shop Stores**  
4850 Sherbrooke West DE. 1195  
4175 St. Catherine West FI. 2475
- M. Philbin Hardware Co.**  
4850 Sherbrooke West DE. 1145  
4169 St. Catherine West FI. 2461
- Nash Lafayette Automobile Ltd.**  
4102 St. Catherine West WE. 1122

- Westmount Transfer & Storage LTD.**  
205 Olivier Ave. WE. 1113
- Crown Laundry Co.**  
4220 St. Catherine West WE. 6771
- American Drug Store**  
1385 Greene Ave. WI. 2136

- Chemicals Limited**  
INDUSTRIAL CHEMICALS  
384 ST. PAUL WEST PL. 5851
- C. A. Dunham Company Ltd.**  
HEATING SYSTEMS  
1010 ST. CATHERINE WEST LA. 3535
- Robson Printers Ltd.**  
4206 ST. CATHERINE WEST WE. 5227
- J. B. Williams Company**  
(CANADA) LTD.  
Manufacturers of Williams' Shaving Cream,  
Glider Brushless Cream and Aqua Velva.  
VILLE LASALLE, QUE.

*Lend for Victory... Plan for Peace*

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