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## Glossary

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<i>Centre de la petite enfance</i>	Child-care centre
<i>Commission d'accès à l'information du Québec - CAI</i>	Québec Access to Information Commission
<i>Conseil québécois de la recherche sociale (CQRS)</i>	Social Research Council of Québec
<i>Direction de la méthodologie et des enquêtes spéciales, ISQ</i>	Methodology and Special Surveys Division, ISQ
<i>Direction de la santé publique de la Régie régionale de la santé et des services sociaux de Montréal-Centre</i>	Public Health Department, Montréal-Centre Regional Health Board
<i>Direction de la technologie et des opérations statistiques, ISQ</i>	Technology and Statistical Operations Division, ISQ
<i>Direction des normes et de l'information, ISQ</i>	Standards and Information Division, ISQ
<i>Direction Santé Québec, ISQ</i>	Health Québec Division
<i>Étude des jumeaux nouveaux-nés au Québec - ÉJNQ</i>	Québec Study of Newborn Twins
<i>Fichier maître des naissances</i>	Master Birth Register
<i>Fonds de la recherche en santé du Québec (FRSQ)</i>	Health Research Fund of Québec
<i>Fonds pour la formation de chercheurs et l'aide à la recherche (FCAR)</i>	Researcher Education and Research Assistance Fund
<i>Groupe de recherche sur l'inadaptation psychosociale chez l'enfant - GRIP</i>	Research Unit on Children's Psychosocial Maladjustment
<i>Institut de la statistique du Québec, ISQ</i>	Québec Institute of Statistics
<i>La Politique Familiale</i>	Policy on Families
<i>Le Rapport Bouchard (1991) « Un Québec fou de ses enfants »</i>	The Bouchard Report, 1991: A Québec in Love with its Children
<i>Les Priorités nationales de santé publique</i>	Priorities for Public Health
<i>ministère de l'Éducation</i>	Ministry of Education
<i>ministère de la Famille et de l'Enfance</i>	Ministry of Family and Child Welfare
<i>ministère de la Justice</i>	Ministry of Justice
<i>ministère de la Recherche, Science et Technologie</i>	Ministry of Research, Science and Technology
<i>ministère de la Santé et des Services sociaux du Québec (MSSS)</i>	Ministry of Health and Social Services of Québec
<i>ministère de la Sécurité publique</i>	Ministry of Public Security
<i>ministère de la Solidarité sociale</i>	Ministry of Social Solidarity - formerly Income Security (Welfare)
<i>Politique de la santé et du bien-être</i>	Policy on Health and Well-Being
<i>Service de la recherche</i>	Research services
<i>Service de support aux opérations de la Régie de l'assurance-maladie du Québec - RAMQ</i>	Operations Support Section of the Québec Health Insurance Board



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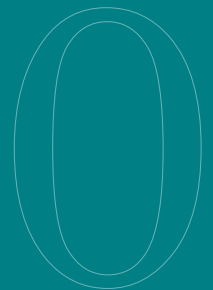
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Sleep disorders in children are a major concern for parents and one of the most common problems seen in clinical pediatrics. Poor sleep has many consequences and can affect all aspects of child development. In addition to the maturation of the nervous system, parental behaviours regarding sleep, the physical sleep environment, characteristics proper to the infant, standard of living and other family characteristics can all influence sleep habits. This paper presents a portrait of the sleep-wake rhythm of Québec infants approximately 5 months of age, and indicates the factors that may impede the consolidation of nocturnal sleep. Future years of the Longitudinal Study of Child Development in Québec (ÉLDEQ 1998-2002) will help verify whether sleep problems identified at 5 months will have persisted. Associations between poor sleep and the physical, cognitive and social development of the child can therefore also be studied.



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