



# **GUIDE TO FAMILY SUPPORT NEEDS**

**PART TWO**

## **PRACTICAL INFORMATION**

**MAURICIE REGION**

**DECEMBER 2006**





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### Legend



Telephone



E-mail



Web site



## Family support subsidies

In your region, the maximum annual subsidy,<sup>1</sup> which covers caregiving, respite care and assistance with daily tasks, is \$1 000. This is the maximum amount; actual subsidies may vary depending on the CSSS.

To apply for a subsidy or obtain more information on the program, please contact your local **CSSS (CLSC)**.



## Situation: critical

The presence of a disabled child or adult within a family makes for additional responsibilities, which can cause considerable stress and even lead to burnout.

Perhaps you, too, feel powerless given the lack of services in your area. You may wonder what the future holds and even, sometimes, feel like giving up.

If you are in such a situation and you don't know who to turn to, you should contact your **CSSS (CLSC)**. If the disabled person you are caring for receives services from a **rehabilitation centre**, people there may be able to help you as well.

In the event of an emergency, call the **Info-Santé** service of the CSSS (CLSC) or dial **911**.

A number of associations for parents of disabled persons also offer a help line and support services. For more on these services, please see the section entitled "Associations".

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<sup>1</sup> The subsidy may be higher if there is more than one disabled child in the same family.



## Support for parents

Parents who have just learned that their child has a disability can receive support and information from a number of associations. These parental support associations allow them to meet other parents who have gone through a similar situation and to share their experiences.

For more information on this service, contact the following associations:

### **Association de parents d'enfants handicapés inc.**

☎ 819 691-0342

✉ apeh@sympatico.ca

### **Association du Québec pour enfants avec problèmes auditifs**

☎ 819 370-3558

✉ aqepa.mbf@qc.aira.com

### **Association pour la déficience intellectuelle Centre-Mauricie**

☎ 819 539-0082

✉ adi.centre-mauricie@sh.cgocable.ca

### **Autisme Mauricie**

☎ 819 535-3250

✉ autisme.mauricie@sympatico.ca

### **Epilepsie Mauricie–Centre-du-Québec**

☎ 819 373-3211 or 819 373-1658

☎ toll free, 1 866 374-5377

✉ epilepsie\_emcq@sympatico.ca

### **La Source, Association de personnes handicapées du Haut Saint-Maurice**

☎ 819 523-2914

✉ lasource@lino.sympatico.ca

🌐 www.la-source.ca

### **Parents partenaires inc.**

☎ 819 374-6291

✉ parents.partenaires@tr.cgocable.ca

### **Regroupement pour la trisomie 21 Mauricie/Centre-du-Québec**

☎ 819 373-0609



## Caregiving services

A number of associations have a list of caregivers or offer caregiving services.

**Association de paralysie cérébrale région Mauricie/Centre-du-Québec -  
Cap-de-la-Madeleine**

☎ 819 374-7616 or, toll free, 1 800 567-2986  
✉ [apcmcq@tr.cgocable.ca](mailto:apcmcq@tr.cgocable.ca)

**L'Évasion – Cap-de-la-Madeleine**

☎ 819 691-2471

**La Source, Association de personnes handicapées du Haut Saint-Maurice –  
La Tuque**

☎ 819 523-2914  
✉ [lasource@lino.sympatico.ca](mailto:lasource@lino.sympatico.ca)

**Autisme Mauricie – Saint-Boniface**

☎ 819 535-3250  
✉ [autisme.mauricie@sympatico.ca](mailto:autisme.mauricie@sympatico.ca)

**Association pour la déficience intellectuelle –  
Centre-Mauricie - Shawinigan**

☎ 819 539-0082  
✉ [adi.centre-mauricie@sh.cgocable.ca](mailto:adi.centre-mauricie@sh.cgocable.ca)

**Association de parents d'enfants handicapés inc.  
Trois-Rivières**

☎ 819 691-0342  
✉ [apec@sympatico.ca](mailto:apec@sympatico.ca)

**Parents partenaires inc. – Trois-Rivières**

☎ 819 374-6291  
✉ [parents.partenaires@tr.cgocable.ca](mailto:parents.partenaires@tr.cgocable.ca)




## Childcare services

### Choosing childcare services


To enrol your child, contact the childcare centre, day care centre or home childcare provider of your choice. Many childcare centres accept children with disabilities. To consult the list of childcare services (including home childcare coordinating offices), visit the Web site of the **Ministère de la Famille, des Aînés et de la Condition féminine** at:

 [www.mfacf.gouv.qc.ca](http://www.mfacf.gouv.qc.ca)

For more information, contact the **Regroupement des centres de la petite enfance des régions de la Mauricie et Centre-du-Québec** at:

 819 379-4674

The **Office des personnes handicapées du Québec** can also help you find childcare services. Contact us at:

 Toll free 1 800 567-1465

Teletype 1 800 567-1477

 [dpil@ophq.gouv.qc.ca](mailto:dpil@ophq.gouv.qc.ca)

### Subsidies

Childcare services are also eligible for subsidies to facilitate the inclusion of disabled children.

Two types of subsidies are available:

- The **allowance for childcare establishments receiving children with a disability** can be obtained once the child's impairment has been confirmed;
- the **exceptional integration assistance measure** is designed to facilitate or maintain the integration of disabled children with significant needs into childcare services.

It is the responsibility of the childcare services, with the consent of the parents, to apply to the Ministère de la Famille, des Aînés et de la Condition féminine for these subsidies.



## Childcare services

### Support for integration

Most rehabilitation centres offer services to help disabled children integrate into day care centres. They can also help these centres make their activities more inclusive.

### **Childcare services in schools**

Many schools offer childcare services; ask about them when enrolling your child. If the **school** is unable to offer them, it can refer you to another day care service that will better meet your child's special needs.

### Subsidies

Childcare services receive a subsidy when they accept children with disabilities (who are enrolled and present in the school on September 30 of the year in question). It is up to the school to apply for the subsidy to the Ministère de l'Éducation, du Loisir et du Sport through the school board.

### Support for integration

As part of the individualized education plan, childcare services can specify their needs in order to obtain assistance from other resource people in the community.

The project **Intégration sociale des enfants handicapés en milieu scolaire** offers services in various regions of Québec in order to facilitate the integration of disabled children into day care services. The request must be made by the day care service or the school, but you as a parent can also obtain information by telephone or e-mail.

 450 646-2714  
 [info@isehms.qc.ca](mailto:info@isehms.qc.ca)  
 [www.isehms.qc.ca](http://www.isehms.qc.ca)



## Stimulation centres

### Service régional pour personnes présentant un trouble envahissant du développement

Trois-Rivières

☎ 819 3756-8266 extension 191



## Respite care facilities and services

### Association pour la déficience intellectuelle Centre-Mauricie - Shawinigan

☎ 819 539-0082

✉ adi.centre-mauricie@sh.cgocable.ca

### L'Évasion - Cap-de-la-Madeleine

☎ 819 691-2471

### Centre de loisirs adaptés Maison Grandi-Ose

Trois-Rivières

(age 0-21 and family members)

☎ 819 373-7440

✉ grandi\_ose@hotmail.com

🌐 www.maisongrandiose.com

## Rehabilitation centres

Intellectual impairment and physical impairment rehabilitation centres can offer specialized respite care, mainly through family-type resources (**foster families**). To obtain these services, please contact your **CSSS (CLSC)**.

## Respite care in vacation camps

A number of vacation camps offer respite weekends year-round. Some of them are listed on the following pages with (+ respite) after their names.



## Specialized vacation camps

### **Camp Minogami**

Mauricie

Intellectual impairment

☎ 819 539-4544 or, toll free, 1 888 699-9091

🌐 [www.camps-odyssee.com](http://www.camps-odyssee.com)

### **Plein-air Ville Joie**

Mauricie – Saint-Dominique

☎ 819 377-3987

### **Cité Joie (+ respite)**

Capitale-Nationale - Lac-Beauport

Intellectual or physical impairment

☎ 418 849-7183

🌐 [www.citejoie.com](http://www.citejoie.com)

### **Centre de loisirs adaptés Maison Grandi-Ose (+ respite)**

Trois-Rivières

(age 0-21 and family members)

☎ 819 373-7440

📧 [grandi\\_ose@hotmail.com](mailto:grandi_ose@hotmail.com)

🌐 [www.maisongrandiose.com](http://www.maisongrandiose.com)

### **Camp Notre-Dame-de-la-Joie**

Centre-du-Québec

Intellectual impairment (age 6 and up)

☎ 819 293-5170

🌐 [www.cndj.ca](http://www.cndj.ca)



## Specialized vacation camps

### **Centre Normand-Léveillé**

Centre-du-Québec

Physical or intellectual impairment

☎ 819 478-1201

🌐 [www.centre-normand-leveille.ca](http://www.centre-normand-leveille.ca)

### **Centre de plein air Grand village (+ respite)**

Chaudière-Appalaches - Saint-Nicolas

Intellectual or physical impairment and multiple disabilities

☎ 418 831-1677

🌐 [www.grand-village.com](http://www.grand-village.com)

### **Camp Massawippi**

Estrie

Physical or hearing impairment

☎ 514 482-0500, extension 259

☎ summer, toll free, 1 888 838-4707

🌐 [www.mackaycenter.org](http://www.mackaycenter.org)

### **Camp d'été de l'Association québécoise du syndrome Gilles de la Tourette – Accès Plein-Air**

Lanaudière

(Children, adolescents)

☎ 514 328-3910

🌐 [www.aqst.com](http://www.aqst.com)

### **Camp Papillon**

Lanaudière

Physical impairment and multiple disabilities

☎ 514 937-6171

🌐 [www.enfantshandicapes.com](http://www.enfantshandicapes.com)



## Specialized vacation camps

### **Camp Perce-Neige** (+ respite)

Laurentides

Intellectual or physical impairment, multiple disabilities

☎ 450 226-3336

🌐 [www.perceneige.ca](http://www.perceneige.ca)

### **Camp Garagona**

Montérégie

Intellectual impairment

☎ 450 298-5159

🌐 [www.campgaragona.qc.ca](http://www.campgaragona.qc.ca)

### **Centre Notre-Dame-de-Fatima** (+ respite)

Montérégie

Hearing impairment with or without associated impairments

☎ 514 453-7600

🌐 [www.centrendfatima.com](http://www.centrendfatima.com)

### **Colonie Les bosquets**

Montérégie

Intellectual impairment and multiple disabilities

☎ 450 467-3918

### **Services de répit Emergo** (+ respite)

Montérégie, Lanaudière, Laurentides

Autism and other PDDs

☎ 514 931-2882

🌐 [www.servicesderepitemergo.com](http://www.servicesderepitemergo.com)



## Specialized vacation camps

### **Camp Gatineau (+ respite)**

Outaouais

Intellectual impairment and multiple disabilities

☎ 819 777-6164

🌐 [www.campgatineau.com](http://www.campgatineau.com)

### **Fondation des aveugles du Québec**

Visual impairment (age 6-18)

☎ 514 259-9470

🌐 [www.aveugles.org](http://www.aveugles.org)

For more information on regular vacation camps or recreational services that accept disabled children or adults, please contact the **Association régionale pour le loisir des personnes handicapées de la Mauricie** at:

☎ 819 379-9999

📧 [arlphm@crd-mauricie.qc.ca](mailto:arlphm@crd-mauricie.qc.ca)

🌐 [www.arlphm.qc.ca](http://www.arlphm.qc.ca)



## Other programs and subsidies

### Income

#### Child assistance measure

Families with dependent children under 18 may be eligible for the child assistance payment, the amount of which varies depending on the family's income and circumstances. Contact the **Régie des rentes du Québec**.

☎ toll free 1 800 667-9625

🌐 [www.rrq.gouv.qc.ca](http://www.rrq.gouv.qc.ca)

#### Allowance for handicapped children

Regardless of their income, families with a disabled child can apply for the allowance for handicapped children. All families receive the same amount.

Contact the **Régie des rentes du Québec**.

☎ toll free 1 800 667-9625

🌐 [www.rrq.gouv.qc.ca](http://www.rrq.gouv.qc.ca)

#### Child Disability Benefit (CDB)

The Child Disability Benefit (CDB) is a tax-free benefit, paid by the government of Canada, to low- or middle-income families who care for a child under age 18 with a severe and prolonged impairment in mental or physical functions.

The CDB is added to the monthly Canada Child Tax Benefit payment. For more information, please contact the **Canada Revenue Agency** at:

☎ toll free 1 800 387-1194

🌐 [www.cra-arc.gc.ca/benefits/cctb/menu-e.html](http://www.cra-arc.gc.ca/benefits/cctb/menu-e.html)



## Other programs and subsidies

### Employment-Assistance Program (social aid)

Once your child turns 18, you are no longer entitled to the family allowance. However, he or she may be eligible for benefits under the Employment-Assistance Program. Contact your **local employment centre** (CLE) for more information.


 [www.mess.gouv.qc.ca](http://www.mess.gouv.qc.ca)


### Tax deductions

You may be entitled to provincial and/or federal tax deductions for disabled children or dependants. Forms and information brochures can be obtained by contacting:

#### **Revenu Québec**


*Taxation and Persons with Disabilities (IN-133-V)*


 toll free 1 800 267-6299

 [www.revenu.gouv.qc.ca](http://www.revenu.gouv.qc.ca)

#### **Canada Revenue Agency**

*Information Concerning People with Disabilities (RC4064)*

 toll free 1 800 959-3376

 [www.cra-arc.gc.ca/tax/individuals/segments/disabilities/menu-e.html](http://www.cra-arc.gc.ca/tax/individuals/segments/disabilities/menu-e.html)



## Other programs and subsidies

### Physical health

#### Equipment and supplies (cont.)

You may be entitled to a subsidy for special equipment and medical supplies (to cover, for example, the cost of diapers for children over three years of age). You must apply for this subsidy to your **CSSS (CLSC)** or to your **local employment centre** if you or your child receive benefits under the Employment-Assistance Program.

#### Transportation expenses

You may claim expenses for transportation, parking and accommodation if your child requires medical treatment (for example, dialysis) or rehabilitation, **frequently and on a regular basis**, in a hospital or rehabilitation centre. Contact your local **CSSS (CLSC)**.

In addition, if you or your child receive benefits under the Employment-Assistance Program, you may be entitled to a refund of a portion of the travel expenses you incur for medical reasons. Contact your **local employment centre**.

### Living environment



#### Home support program

You may obtain home support services or a home support subsidy if your child requires physical assistance (for example, bathing a child who has become too heavy to lift up). Contact your local **CSSS (CLSC)**.

#### Residential Adaptation Assistance Program

You may be entitled to a subsidy to adapt your home (house or apartment) in order to make it barrier-free for your child. You may require a wheelchair ramp, wider doors, or an adapted bathroom. For more information on this program and the forms to fill out, contact your **municipality** or your **CSSS (CLSC)**.

You can also obtain information from the **Société d'habitation du Québec** at:

 toll free 1 800 463-4315  
 [www.habitation.gouv.qc.ca](http://www.habitation.gouv.qc.ca)



## Other programs and subsidies

### Transportation

#### Paratransit services

If your child does not use the regular public transit system, he or she may have access to paratransit services.

#### **Autono-Bus**

La Tuque

☎ 819 523-6004

#### **Corporation du transport adapté de Fran-Che-Mont**

Champlain

☎ 418 362-3233

#### **Corporation du transport adapté de Mékinac**

Sainte-Thècle

☎ 418 289-3723

#### **Société de transport de Trois-Rivières**

Trois-Rivières

☎ 819 373-1778

#### **Régie du transport en commun de Shawinigan**

Shawinigan

☎ 819 536-7200

#### **Transport adapté du comté de Maskinongé inc.**

Louiseville

☎ 819 228-9661



## Other programs and subsidies

### Attendant card

The attendant card for **inter-city bus transport** is offered to all disabled persons age eight and over who require the services of a personal attendant when travelling between cities. This card allows the attendant, who must be at least 14 years of age, to travel free of charge.

For more information or to fill out an application form, please contact the **Association des propriétaires d'autobus du Québec** at:

☎ 418 522-7131

🌐 [www.apaq.qc.ca](http://www.apaq.qc.ca)

### Parking permits

If your child has trouble moving around, a special parking permit allows you to park in spaces reserved for persons with disabilities. To obtain this permit, please contact the **Société de l'assurance automobile du Québec** at:

☎ toll free 1 800 361-7620

🌐 [www.saaq.gouv.qc.ca](http://www.saaq.gouv.qc.ca)

### Vehicle adaptation program

You may be entitled to financial assistance to help you adapt your family vehicle so that your child can get in and out safely and easily. Please contact the **Société de l'assurance automobile du Québec** at:

☎ toll free 1 800 525-7719

🌐 [www.saaq.gouv.qc.ca](http://www.saaq.gouv.qc.ca)



## Other programs and subsidies

### Recreation

#### The personal attendant program for recreational activities

To help your child participate in recreational activities, the organization he or she attends may be entitled to a subsidy to pay for the costs of a personal attendant. For more information on this program, contact the following organizations:

#### **Association régionale de loisirs des personnes handicapées de la Mauricie**

☎ 819 379-9999

✉ arlphm@crd-mauricie.qc.ca

🌐 www.arlphm.qc.ca

#### **Unité régionale de loisir et de sport**

☎ 819 691-3075

#### Tourist and leisure companion sticker

Personal attendants who accompany disabled children (age 12 and up) can obtain a pass allowing them free admission to tourist attractions or recreational activities. To obtain this sticker, contact one of the following organizations (depending on your child's impairment):

#### **Centre de réadaptation InterVal**

Visual, hearing, motor, speech and language disorders

☎ 819 378-4083

🌐 www.centreinterval.qc.ca



## Other programs and subsidies

### **Centre de services en déficience intellectuelle de la Mauricie et du Centre-du-Québec**

Intellectual impairment and pervasive developmental disorders

☎ 819 378-6111

### **Solidarité régionale d'aide et d'accompagnement pour la défense des droits en santé mentale Mauricie–Centre-du-Québec**

Mental health problems

☎ 819 693-2212 or, toll free, 1 800 563-2212

🌐 [www.sraadd.com](http://www.sraadd.com)

For more information on the tourist and leisure companion sticker, visit the Web site at:

🌐 [www.vatl-tlcs.org/](http://www.vatl-tlcs.org/)



## Service programs

Preparing a service program allows your child's needs to be properly evaluated **in different areas of activity** (childcare services, school, work, recreation, transportation, etc.). It can also help determine your family support needs. The same evaluation can subsequently be used to organize the services required with the cooperation of the resource people involved. Here is how to obtain a service program.

### **For children with intellectual impairments or pervasive developmental disorders:**

- if your child receives services from a **rehabilitation centre**, you must apply there;
- if he or she does not receive services from a rehabilitation centre, you must contact your local **CSSS (CLSC)**.

**For children with other types of impairments**, you must contact the appropriate rehabilitation centre.

The **Office des personnes handicapées du Québec** can also help you take steps to have a service program prepared, regardless of your child's impairment. You can also obtain, free of charge, a copy of the guide entitled "Je commence son plan de services" to help you identify your child's needs. To obtain these services or the guide, call the **Office** at:

- ☎ toll free 1 800 567-1465
- ☎ teletype 1 800 567-1477
- ✉ dpil@ophq.gouv.qc.ca
- 🌐 www.ophq.gouv.qc.ca



## Your right to object

If you are not satisfied with the services offered or received, or you do not agree with a decision made concerning your family, you must use the review and complaints procedure provided by the organizations concerned.

You must submit any complaints in writing, clearly explaining the reasons for your dissatisfaction and specifying the names of the people you contacted. Keep a copy of the letters and documents that you send.

In the case of a health and social services establishment, the **Centre d'assistance et d'accompagnement aux plaintes – Mauricie et Centre-du-Québec** can help you express your complaint and provide other assistance.

☎ 819 537-3911

✉ info@caap-mcq.qc.ca

🌐 www.caap-mcq.qc.ca

In all cases, you can also contact the **Office des personnes handicapées du Québec**, which offers support, advice and guidance to disabled persons and their families.

☎ toll free 1 800 567 1465

teletype 1 800 567-1477

✉ dpil@ophq.gouv.qc.ca



## Associations

Associations offering support services for families:

### **Association de paralysie cérébrale région Mauricie/Centre-du-Québec**

39, rue Bellerive

Trois-Rivières G8T 6J4

☎ 819 374-7616 or, toll free, 1 800 567-2986

✉ apcmcq@tr.cgocable.ca

### **Association de parents d'enfants handicapés inc.**

1900, rue Royale

Trois-Rivières G9A 4K9

☎ 819 691-0342

✉ apeh@sympatico.ca

### **Association des personnes handicapées du comté de Maskinongé**

121, rang de la Petite-Rivière, bureau 11

Louiseville J5V 2H3

☎ 819 228-9228

✉ aphcm@videotron.ca

🌐 [www.membres.lycos.fr/aphcm](http://www.membres.lycos.fr/aphcm)

### **Association des personnes malentendantes de la Mauricie**

109, rue Brunelle

Trois-Rivières G8T 6A3

☎ 819 370-3771 Voice/TDD/Fax

✉ apmm@videotron.ca



## Associations

### **Association des sourds de la Mauricie**

162, rue Saint-Laurent, bureau 210

Trois-Rivières G8T 6J4

☎ 819 819 694-0292

📧 apmm@videotron.ca

### **Association des traumatisés cranio-cérébraux Mauricie-Centre-du-Québec**

39, rue Bellerive

Cap-de-la-Madeleine G8T 6J4

☎ 819 372-4993

📧 atcc@tr.cgocable.ca

### **Association du Québec pour enfants avec problèmes auditifs**

3550, rue Cherbourg, bureau 212

Trois-Rivières G8Y 6S6

☎ 819 370-3558 or, toll free, 1 877 842-4006

📧 aqepa.mbf@qc.aira.com

🌐 www.surdite.org/aqepa

### **Association éducative et récréative des aveugles**

C. P. 1482

Trois-Rivières G9A 5L6

☎ 819 693-3630

### **Association pour la déficience intellectuelle Centre-Mauricie**

2153, rue Gignac

Shawinigan G9N 3X3

☎ 819 539-0082

📧 adi.centre-mauricie@sh.cgocable.ca



## Associations

### **Association québécoise des personnes de petite taille, section Mauricie**

129, rue Gouin

Trois-Rivières G8T 5K2

☎ 819 376-1870

✉ aqptt\_mauricie@hotmail.com

### **Autisme Mauricie**

70, chemin Bernier

Saint-Boniface-de-Shawinigan G0X 2L0

☎ 819 535-3250

✉ autisme.mauricie@sympatico.ca

🌐 www.autisme.qc.ca

### **Epilepsie Mauricie–Centre-du-Québec**

2555, rue Royale

Trois-Rivières G9A 4L7

☎ 819 373-3211 or 819 373-1658

☎ toll free 1 866 374-5377

✉ epilepsie\_emcq@sympatico.ca

🌐 www3.sympatico.ca/epilepsie\_emcq

### **La Source, Association de personnes handicapées du Haut Saint-Maurice**

290, rue Saint-Joseph, bureau 107, case postale 211

La Tuque G9X 3P2

☎ 819 523-2914

✉ lasource@lino.sympatico.ca

🌐 www.la-source.ca



## Associations

### **Parents partenaires inc.**

1573, boul. des Forges  
Trois-Rivières (Québec) G8Z 1T7

☎ 819 374-6291

✉ parents.partenaires@tr.cgocable.ca

🌐 www.parentspartenaire.com

### **Regroupement pour la trisomie 21**

#### **Mauricie/Centre-du-Québec**

5365, rue Cherbourg  
Trois-Rivières G8Y 6R3

☎ 819 373-0609

### **Solidarité régionale d'aide et d'accompagnement pour la défense des droits en santé mentale**

#### **Mauricie – Centre-du-Québec**

43, rue Fusey  
Trois-Rivières G8T 2T6

☎ 819 693-2212 or, toll free, 1 800 563-2212

✉ sraadd@tr.cgocable.ca

🌐 www.sraadd.com

### Provincial organizations

#### **Association de spina-bifida et d'hydrocéphalie du Québec**

☎ toll free 1 800 567-1788

✉ info@spina.qc.ca

🌐 www.spina.qc.ca



## Associations

### Provincial organizations (cont.)

#### **Association québécoise des parents d'enfants handicapés visuels**

☎ 450 465-7225 or, toll free, 1 888 849-8729

✉ info@aqpehv.qc.ca

🌐 www.aqpehv.qc.ca

#### **Association québécoise du syndrome de Rett**

☎ 514 486-1311

✉ info@rettsyndromeqc.org

🌐 www.rettsyndromeqc.org

#### **Association québécoise du syndrome Gilles de la Tourette**

☎ 514 328-3910

✉ info@aqst.com

🌐 www.aqst.com

#### **Muscular Dystrophy Canada**

☎ toll free 1 800 567-2236, extension 231

✉ infoquebec@muscle.ca

🌐 www.muscle.ca




## Contact information for the Office

### Office des personnes handicapées du Québec


309, rue Brock

Drummondville (Québec) J2B 1C5


 toll free 1 800 567-1465

teletype 1 800 567-1477

 [dpqi@ophq.gouv.qc.ca](mailto:dpqi@ophq.gouv.qc.ca)

 [www.ophq.gouv.qc.ca](http://www.ophq.gouv.qc.ca)

You may consult the Office's **Documentation Centre**, which boasts a collection of some 20 000 documents on different topics concerning persons with disabilities. A lending service and assistance in seeking documentation is also available.

 toll free 1 888 264-2362

 [documentation@ophq.gouv.qc.ca](mailto:documentation@ophq.gouv.qc.ca)

You can also consult the **catalogue** listing all the documents available in the Documentation Centre directly on the Office Web site at:

 [www.ophq.gouv.qc.ca](http://www.ophq.gouv.qc.ca)



Office des personnes  
handicapées

Québec 