



restaurant
L'Ancrage
Bar • Bistro • Restaurant • Terrasse
In a Mediterranean decor,
facing Lake Memphremagog.
Come savour a locally flavoured menu!

Spa
Etoile sur le lac
Our treatments allow you
to choose the ways to enjoy
the rest and relaxation that you need.



1150, Principal St. West, MAGOG • 819 843-6521 • www.etollesurlelac.ca

Aesthetics & Body Treatments

AYER'S CLIFF FAIR

Admission: \$10 adults;
12 yrs. & under \$6
SAVE - 4 day pass \$25

FAMILY FUN!

• Big exciting rides • Talent Show • Music

Émilie Lévesque - Fri., Aug. 27 - 8:30 pm
Gord Bamford - Sat., Aug. 28 - 8:30 pm
Heavy & Light Truck Pull - Sun., Aug. 29

AUGUST 26 - 27 - 28 - 29
Free parking on the grounds

THE
RECORD

THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897

Big Deals,
Big Savings!

See Page 9

**LES ÉQUIPEMENTS
VEILEUX INC.**

9 QUEEN STREET (LENNOXVILLE)
SHERBROOKE QC
819-564-8850

WEEKEND EDITION

95 CENTS + TAXES

PM#0040007682

FRIDAY, AUGUST 13, 2010

**Asbestos
museum
may be
history**

By Corrinna Pole

After 36 years it appears the Asbestos Mineral Museum that the museum documents the city's mining tradition and exhibits rocks and minerals found in the local Jeffrey Mine, may be shutting down.

For museum president John Millen, the closure isn't the worst part however. Millen told *The Record* he had received information that Quebec's Minister of Tourism would visit the museum on August 17, just days before they shut down permanently.

In tongue and cheek style, he dubbed the visit as the museum's "Swan song."

"I appreciate the irony that the tourism minister is coming to the biggest tourism spot here and we're closing," said Millen Thursday morning.

CONT'D ON PAGE 8

Census vital to 'create
a sense of who we are'
Page 3

Bond, James Bond

Music from movies



COURTESY

More than 100 singers and musicians will belt out some of the best music made for movies ever written this month, as the Sherbrooke film score orchestra takes to the stage. James Bond is one of the featured classics. See Talk for all the details.



**KEEP YOUR MONEY WORKING
EVEN ONCE YOU'VE STOPPED**

Chorus Retirement Portfolios¹

- Income flexibility
- Tax benefits²
- Unrestricted access to your money at all times
- Investment solutions with Desjardins Funds

¹Minimal investment of \$100,000. Desjardins Funds are offered by Group Savings Plan Representatives of Desjardins Financial Services Firm Inc., a Desjardins Group company. The Funds are not guaranteed, their value fluctuates frequently and their past performance is not indicative of their future returns. Investing in a group investment firm and in an asset allocation service may incur brokerage fees, trailing commissions, management fees and other expenses. Please read the Desjardins Funds' simplified prospectus carefully before investing.
²For any investment made into a non-registered account.
³The financial planner and mutual fund representative act on behalf of Desjardins Financial Services Firm Inc.

Your Desjardins financial planner³ can help you plan your retirement income. Call today!

RETIREMENT
desjardins.com/retirement

Investment solutions
**Desjardins
FUNDS**

Desjardins
Money working for people

Reels in Compton



The Cats in the Kitchen play traditional Scottish, Irish, Canadian and English music, and you'll be able to hear them on Sunday.

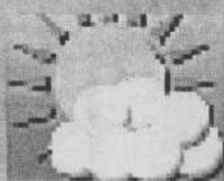
They play Compton's Louis S. St. Laurent National Historic Site. Show time is 2 p.m. and again at 3:30 p.m.

The Cats in the Kitchen are Marie-Hélène Dion on violin, Richard Morgan on flutes and mandolin, Peter Senn on guitar and foot percussion, and Julie Després on bodhrán (Irish Celtic drum). They're Montreal-based with a repertoire ranging from the familiar to the lesser known – slow airs, bouncy strathspeys or reels.

There is an admission fee: \$7.80 for adults, 6.80 for seniors, kids 6 to 16 are \$3.90 and families are \$19.50. The cost also allows you to visit the historic buildings (including the birthplace of the former prime minister who served from 1948 to 1957).

You can picnic on site, too. More info at www.parkscanada.gc.ca.

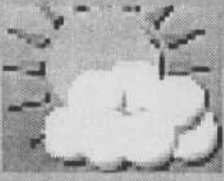
Weather



TODAY:
CLOUDY PERIODS
HIGH 26
LOW OF 13



SATURDAY:
CLOUDY PERIODS
HIGH 26
LOW OF 15



SUNDAY:
VARIABLE CLOUDINESS
HIGH 25
LOW OF 16



MONDAY:
LIGHT RAIN
HIGH 25
LOW OF 17



TUESDAY:
ISOLATED SHOWERS
HIGH 25
LOW OF 18

Centennial's selling

If you haven't yet contacted the Centennial Theatre box office for the 2010-11 season, you're too late to get the best ticket prices – that offer's long gone.

But the theatre is still selling subscriptions. There are seven series with four or five shows in each package, and series prices now range from \$105 to \$130. The performances range from classical and jazz to world music and dance.

You'll find the 2010-2011 program at www.centennialtheatre.ca (or pick up a paper copy at the box office, located on the Bishop's University campus in Lennoxville).

CHANGES

As with any music series, there are some changes since the programme was first printed.

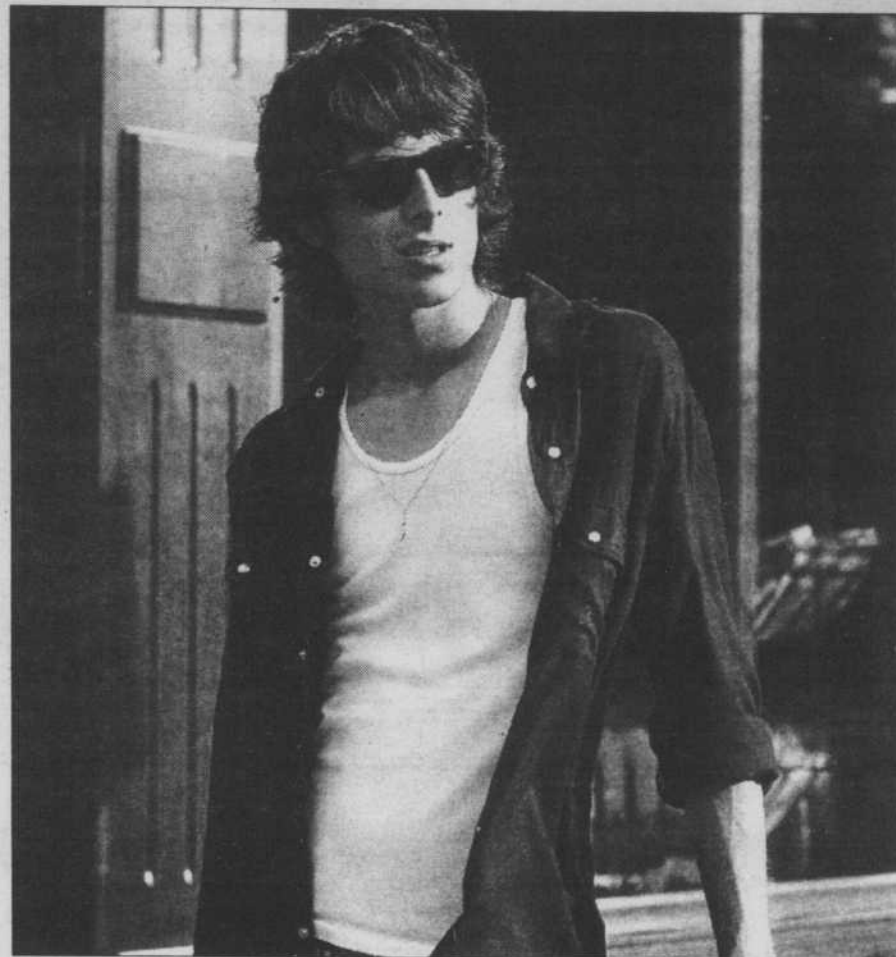
Joel Plaskett no longer opens the season on Sept. 17; he will perform on March 16.

The Tanya Tagaq Trio gig has been put off by one day, Feb. 13 instead of the 12th.

And two new shows were announced: Tragically Hip lead man Gord Downie will perform Oct. 21. And singer Emma-Lee is scheduled for Jan. 22, 2011.

If you're looking to buy a ticket for a handful of shows, outside of a subscription series, blocks of tix will be released for single sales on Aug. 23.

September music



COURTESY

Sherbrooke's Granada Theatre has released its 2010-11 season line-up, which includes Bobby Bazini. More at www.theatregranada.com/.

Threatened historical architecture

This week the Heritage Canada Foundation released lists of the top endangered and lost architectural and heritage sites across the country, in hopes of bringing attention to the fight for preservation.

• Canada's Lighthouses - Department

of Fisheries and Oceans decision to declare virtually all its lighthouses surplus emasculates the new Heritage Lighthouse Protection Act

• Kitsilano Senior Secondary and Vancouver schools, Vancouver - Provincial seismic upgrade funding is being used

to replace rather than upgrade historic schools-a seismic shakedown

• Calgary Brewing and Malting Co. - Four of the site's oldest buildings

threatened with demolition with no redevelopment plan in place

• Warehouse District, Winnipeg -

Unrivalled turn-of-the-century concentration of buildings succumbing to parking lots and megaprojects

• Views of Ontario Legislative Assembly Building, Queen's Park, Toronto - A massive precedent-setting condo tower project will erase iconic silhouette

• Lansdowne Park, Ottawa - Massive redevelopment project incompatible with heritage of 142-year-old park

• Porter/McKinley Block, Ridgetown, Ont. - A designated heritage landmark

• Redpath Mansion, Montreal - Last vestige of city's famed Square Mile is hovering on the brink of collapse

• "Company Houses" of Industrial Cape Breton, N.S. - The once prolific workers cottages are suffering from neglect, abandonment, and vandalism

• St. Philip's Anglican Church, Portugal Cove, St. Phillip's, NL - The 115-year-old "Church By The Sea" in need of salvation.

Postmedia News

LOTTO QUEBEC		Draw results: 2010-08-11	
649	03 10 12 47 20 26 27 Bonus	Quebec	04 14 25 15 30 32 33 Bonus
WINNERS	PRIZES	WINNERS	PRIZES
6/6	1 \$2,948,187.00	6/6	0 \$2,000,000.00
5/6+B	3 \$70,194.90	5/6+B	0 \$75,000.00
5/6	185 \$940.30	5/6	9 \$750.00
4/6	7,909 \$41.70	4/6	652 \$75.00
3/6	123,287 \$10.00	3/6	11,759 \$10.00
2/6+B	67,597 \$5.00	2/6+B	8,384 \$5.00
Total sales:	\$11,134,466	Total sales:	\$661,403.00
Next grand prize (approx.):	\$4,000,000	Extra	0039027
TONIGHT, \$50 MILLION + 38* PRIZES OF \$1 MILLION <small>(Approx.)</small>		<small>In the event of discrepancy between this list and the official winning list of Loto-Québec, the latter shall prevail.</small>	

Ben by Daniel Shelton



LOCAL NEWS

"The Eastern Townships has seen a steady decline in its anglophone population from census to census... but that in itself has helped shaped regional policy."

Townshippers say census data is vital to 'create a sense of who we are'

By Sarah Rogers

The president of Townshippers' Association says replacing the mandatory census with a voluntary survey could jeopardize programs that benefit English-speakers in the region.

Census data pertaining to language helps define minority language group status, minority funding and access to programs, said Gerald Cutting, adding that information is articulated much better in the mandatory long-form census that Canadians fill out every five years.

"Public policy is formulated around hard, statistical evidence and the long-form census is one way of gathering that

evidence," Cutting said. "Without adequate information, we could find ourselves in some difficult situations."

The Eastern Townships has seen a steady decline in its anglophone population from census to census, Cutting says, but that in itself has helped shaped regional policy.

To help discourage the migration of English-speakers from the region, Townshippers' has had access to funding for support programs, much of which is directed at seniors and young families, Cutting said.

"How do we create a sense of who we are and what we need as a community?" Cutting asked. "We want the bureau-

cracy that deals with these funding requests to have access to that information."

Earlier this summer, the Conservative government quietly announced the end of the mandatory census.

As of 2011, Canadians will continue to receive the mandatory eight-question short census but will no longer be required to complete the long-form, which 20 per cent of the population normally had to fill out.

Instead one-third of Canadians will receive the voluntary household survey.

Questions on the new survey related to language are almost entirely identical to those on the long-form census, but

critics of the change - including the Fédération des communautés francophones et acadienne - say there is little guarantee of gathering adequate data with an optional survey.

The FCFA, who represents francophone communities outside of Quebec, has

sought an injunction to protect the data gathered in the long-form census.

Wednesday morning, federal court agreed to a request to accelerate the hearings to September 27 and 28. That was after the FCFA argued the court's decision must be settled by mid-October to ensure there is time to save the long-form questionnaires for 2011.

By late Wednesday, Industry minister Tony Clement announced the transfer of two language questions from the now defunct long-form census to the still-mandatory short-form census, thereby removing any doubt that the government's decision violated language laws.

Canadians will now be asked in the census if they can speak English or French well enough to conduct a conversation; what language is spoken most often at home; and if any languages other than that one are also spoken at home.

But the government hasn't commented on how the changes might affect the FCFA court challenge.

Support for the case remains high among English-speaking Quebecers; the Quebec Community Groups Network (QCGN) has publicly backed the FCFA's case.

CONT'D ON PAGE 4

Remembering



ELEANOR BROWN

It was a year ago this month that La Patrie's Eric Coates died in a car accident on the bridge on College Street in Lennoxville. You can still see the flowers and notes and posters left on the site of the fatal crash. City employees - in what is clearly a show of respect - have not moved the shrine.

COMPTON EXHIBITIONS 2010

Saturday and Sunday
August 21st & 22nd

Stationary Engines
Tools • Tractors
Machinery • Models
Toys • Activities
Flea Market • Auction



Exhibitors welcome

Information: 819-837-2261 • 819-835-5387

Sunday
August 22nd

Antique Cars Exhibition
Cars 18 years and over

Car exhibitors welcome
For fun, dress to match
the year of your car!

Exposition
DE VOITURES ANCIENNES
COMPTON, EASTERN TOWNSHIPS

Families Welcome!

819-575-7054 • 819-835-9199

9 a.m. to 4 p.m.

Admission (12 or over): \$4

Route 147 (Louis S. St Laurent Route) Compton

Next week, look for the Fall **INFOSHERBROOKOIS** distributed by Publi-Sac.

In this edition, you will find among others,

all the details regarding the 56th Floral Exhibition, and the Listing of the Sports and Recreative activities.

Have a good Fall and enjoy this nice season!

Keep preciously this edition until end of November, you will then be replacing by the Winter publication.



Some trivia and some serious BMP history

Staff

What was the approximate population of the village of Sweetsburg in 1910? That was the question posted on the BMP Hospital's FaceBook page online around 6:30 a.m. on Thursday by an early riser.

"I am an early bird. The question should be, do I sleep?" laughs Josée Darche, president of the Brome-Missisquoi Perkins Hospital's Centennial Committee. She and dozens of other volunteers have planned and continue to plan a year-long collection of events during the hospital's 100th anniversary.

"I do it as volunteer work," says Darche. "I enjoy it."

There's a regularly appearing collection of questions, many taken from the new book of the history of the Brome-Missisquoi Perkins Hospital, and the tome and the questions are designed to help celebrate the Cowansville hospital's 100th anniversary.

The Internet page is also filled with photographs, old and new, and is generally bilingual. "I really like what's going on with that FaceBook page," adds Darche. "People really do get into it. Ex employees who are now far away put photos on and speak to each other.

"With social media, it's the quality of the communication, it's a way of communication that's two-way. There are employees, doctors, people from the community, family, volunteers. It's great."

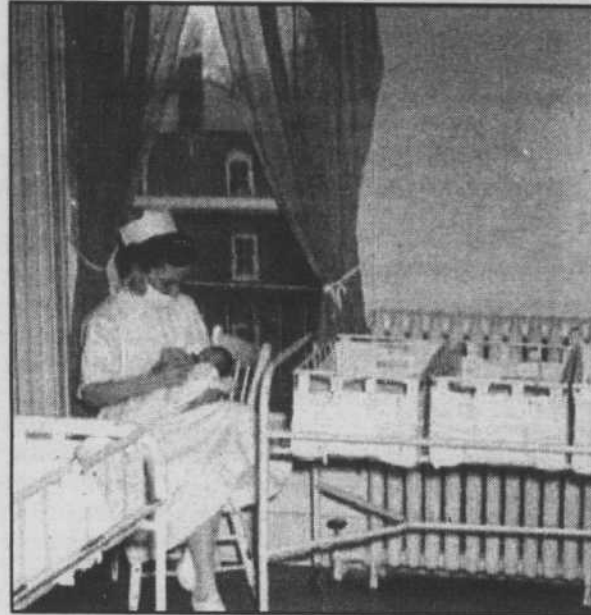
Of course that kind of democracy also means there might be negative comments; no person is perfect, and neither is any hospital. But Darche says no one has posted anything negative so far, but if it happens, she'll accept that person's verdict.

Darche decided to create the page one Friday night while she was on the computer, just to see how things would go.

It is, in part, helping sell a new book on the BMP's history (also created by volunteers). "It's marketing with no marketing," Darche says. That is, it's not pushing the product, it's truly sharing information.

Some questions are fun, like what kinds of formula were fed to babies in the nursery in 1964, some far more serious (like when the first epidemic of small pox broke out in Cowansville, which was 1879).

As for the population of Sweetsburg in 1910, the answer hadn't been confirmed by the Record's press time. Try FaceBook.com this morning, and do a search for "Centenaire BMP 2010." More than 370 people are already "fans" of the page. Darche says she has a goal of a certain number of fans, but "it's a secret. I think we will make it, though."



FaceBook photos, clockwise from below left: The founder of the hospital was Dr. Follin Horace Pickel (1866-1949); a (modern) visit from DR. Clown; The nursery in 1952, when as many as 22 babies were taken care of, at one time, in this small, one-windowed nursery; an older hospital building and, below, a photograph posted by Sheila Perry Shufelt: "Here's a grad picture of a lady who will always be fondly remembered by all those who worked with her and the thousands of babies she looked after! Marjorie Testu, better known as 'Marge' and sometimes just 'Testu,' graduated from The Catherine Booth Hospital in 1944 and worked at the BMP until about a year before her death.... She was very devoted and hard working, and I still have a pair of knitted booties that she hand knit for my firstborn, Susy (Marge was her Godmother). She knit booties for all the babies. What a precious souvenir, and what a special lady!"

Farm-Fresh Vegetables

- String Beans
- Cucumbers
- Carrots
- Beets
- Peppers
- Leeks
- Spanish Onions
- Zucchini
- "Cukes"
- Squash
- Tomatoes
- Eggplants

U-Pick at

Ferme Wera Enr.

3900 Route 143, Lennoxville

819-562-5938 • 819-564-8641

Open every day weather permitting 10 a.m.-6 p.m. Call first!

Volume discount on tomatoes & beets

Same place that you come for strawberries
Suggestion: Please bring your own containers

CENSUS:

CONT'D FROM PAGE 3

"We're sending out the same message," said QCGN president Linda Leith. "We're in the same legal position vis-a-vis the official languages act. We plan to continue to put pressure."

Last month, the QCGN filed a complaint to the Canada's commissioner of official languages to investigate the proposed change.

In her letter to the commissioner, Leith points out that the first official language spoken data is different than

the data on mother-tongue collected on the short form census, noting that many Canadians do not speak one of Canada's official languages as their mother tongue.

For example, nearly 670,000 Quebecers have English as their mother tongue, yet close to one million count English as their first official language spoken.

"The census provides information that is essential to the English-speaking community of Quebec (and) it's essential to the work we do in sporting the vitality of (that community)," Leith said.

-with files from Postmedia

Former Bishop's employee dies

A day after celebrating his 65th wedding anniversary, a former Townshipsman has died at the hands of an arsonist.

An autopsy revealed Second World War veteran Patrick Gallagher died from smoke inhalation on August 6 during an early morning blaze at his home in the Manitoba cottage community of Winnipeg Beach.

Gallagher's 82-year-old wife Shirley Ann was able to escape the building but the man, who celebrated his 90th birthday last month with a family reunion, was trapped in the home.

The RCMP is treating the death of the grandfather of 16 as a homicide.

Although investigators have learned the fire was intentionally set, no further details of the ongoing investigation would be released.

Raised on a Manitoba farm, Gallagher worked in a mine in Pickle Lake and then enlisted in the navy. He went on to become an electrical engineer in the armed forces then worked in the receiving department at Bishop's University before retiring and returning Manitoba.

The chatty Irishman, who was a member of the Royal Canadian Legion Winnipeg Beach branch, has been remembered as proud, sociable and an avid gardener.

Medical error leads to weapons charge

A painful call of nature has caused a Saint-Denis-de-Brompton senior amputee suffering that finally came to an end this summer.

Following prostate surgery last year, a 62-year-

old experienced nine months of agonizing bathroom trips. When the burning sensation made it impossible for the man to urinate, he contacted the provincial health hotline. Upon suggesting he might do himself harm to ease the pain, the answering nurse called 911.

Paramedics transported the man to a hospital where doctors found and removed a forgotten staple that had become embedded in his urethra, which empties the bladder.

Officers back at the man's home located two unregistered guns, including a .22 calibre rifle.

The man pleaded guilty to possession of a restricted firearm and was fined \$200.

Quebec, Vermont sign hydro deal

Quebec and Vermont signed a new hydro sales agreement Thursday under which Vermont will purchase 225 megawatts of Quebec power starting in November 2012 and ending in 2038.

The contract renews a deal between Quebec and Vermont that was to have run out in 2016.

It is also a boost to the Quebec government's campaign to portray the province's power as green and renewable in the lucrative US market.

"Our strong relationship with our friends in Quebec is vital to the economic well-being of Vermont," Vermont Gov. Jim Douglas said.

"This agreement will help ensure a clean competitively priced energy future for Vermonters."

Montreal Gazette

BRIEFS

Granby FaceBook attacks

The city of Granby, its politicians and police officers have been attacked on the Internet site FaceBook.

One group styles itself as motorcyclists calling for a Granby boycott, with some people saying bikers "can't fart without getting a ticket" from overzealous police.

There are also more personal attacks on Mayor Richard Goulet.

That group has close to 1,500 members and is titled Motocyclistes pour le boycott de la ville de Granby. Members list cities and towns where cyclists are "welcomed", which include St-Armand, Venise-en-Québec, and Frelighsburgh, among others.

Another FaceBook group says the city is bad for young people (called Sa suffit l'harcelement de la police a Granby envers les Jeunes). It has close to 1,200 members with many saying, again, that police are overzealous in law enforcement and focus too much on youths.

Lawyer loses

Lawyer Jordi Quintin-Vezina, disbarred from practicing for 12 years and convicted in connection to a marijuana grow-op, is now one step closer to jail. His attempted appeal of a three-year prison term was rejected this week by Quebec Court of Appeal.

Sherbrooke police raided a 2,846-plant grow-op in November 2005 on Bourque Boulevard and Quintin-Vezina was arrested soon after.

Scotstown mayor quits

Scotstown mayor Barbara Szots has quit her job, but there's still more political upheaval to come.

Councillor Marc Charron has a criminal past, and the Scotstown council voted this week to ask the provincial municipal affairs ministry to look into the dossier. Charron was found guilty of possession of stolen property in 2009. He also picked up the thieves by car after the robbery but has said he was unaware of the thievery. Szots reportedly quit over the council's refusal to deal with the matter to her satisfaction.

IT'S HARVEST TIME!



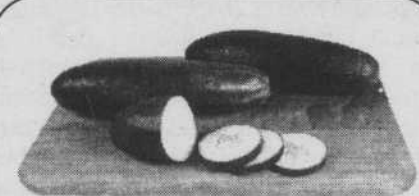
Potatoes
\$2.49
/each 10 lb bag



Red Tomatoes
\$1.49
/lb. Compton



Sweet Bicolour Corn
12/\$2.99
Fresh Quebec



English Cucumber
\$1.29
/each Medium

Effective August 13 to August 18, 2010

TO SERVE YOU BETTER
NOW OPEN 7 DAYS A WEEK FROM 7 A.M. TO 11 P.M.

EVERY MONDAY
10% REBATE FOR STUDENTS
with minimum \$50 purchase

EVERY WEDNESDAY
10% REBATE FOR SENIORS
with minimum \$50 purchase



LENNOXVILLE

Robert Lafond, owner

169 Queen St., Lennoxville
819-823-0448

EDITORIAL

"Some see accepting death as noble; others see it as mental illness that calls out for psychological help..."

Eleanor Brown

Take a pill

It is difficult to be angry with those who engage in medical tourism. That's when people shop around for physicians and treatments - but they're not going from the mall in the east end to the shops in the downtown, they're hopping cars and planes and zooming to different countries.

Of course the obvious has happened. These "health tourists" have brought a new superbug to Britain from India, researchers announced this week, and it's likely to spread everywhere soon enough.

Doctors have almost nothing left in their little black bags that can treat this - the gene is called New Delhi metallo-beta-lactamase, or NDM-1, which makes bacteria resistant to nearly all antibiotics in existence.

A Brit named Dr. Timothy Walsh put it all very nicely: "Because of medical tourism and international travel in general, resistance to these types of bacteria has the potential to spread around the world very, very quickly. And there is nothing in the (drug development) pipeline to tackle it."

But what can we do? Ban people from travelling to another country and getting cheap cosmetic surgery? Much of the media coverage on the issue makes a point of mentioning the global trade in cosmetic surgery.

Should we ban cosmetic surgery entirely? Of course not; for those with serious disfigurements, cosmetic surgery is often a medical necessity. Cable television watchers have seen enough real-life surgery shows and read enough newspaper stories about people whose bodies have betrayed them to know this.

But what's also true is that much cosmetic surgery is not a medical necessity. From radical surgery on genitalia, to nose jobs and skin tightening, moralists the world over are shocked at the modern need to remake one's appearance. Yet body modification has a long history, it is an important way for we humans to mark ourselves as members of a particular tribe (from Zulu to Goth, and simple pierced ears for many more).

As much as some may wish there was no such thing as the "perfect" nose and all that implies, there is clearly a psychological need for some to have one.

In any case, cosmetic surgery is just a small part of the medical tourism problem. When people are in real, physical pain, there's no stopping the shopping. What is there to say to someone with Multiple Sclerosis who believes an artery deblocking procedure somewhere outside of Canada may cure them? Multiple Sclerosis eventually kills you; how can anyone order another to accept their own death? Some see accepting death as noble; others see it as mental illness that calls out for psychological help.

Depending on the situation, it can be either. And so who will become the arbiter? Who will decide what separates the depressed from the noble, those allowed to travel for surgery and those who are not?

Imagine government putting into place a system for determining who's allowed to travel for surgery, and who isn't. The only thing that comes from this is yet another layer of expensive bureaucracy, a cash sinkhole paid for by taxpayer dollars, another collection of lives destroyed in a different way when they fail the grade.

To see our way out of this, we need to understand how we got into it. The first antibiotic was produced in the 1940s and bacteria immediately started to develop resistance. Even just one or two with an immunity would survive and within days there would again be thousands of them, happy as clams despite the penicillin.

Researchers went to work and created more and different antibiotics; but this strategy only works in the short term. We're on our way to

CONT'D ON PAGE 8



Letters

TO THE EDITOR

It was with astonishment and sorrow that I read the series of articles written by Eleanor Brown, supposedly concerning broadcasting in the Townships, as appeared in the Talk section of The Record, Friday August 6 2010.

She assumes that since she saw vinyl records in the basement of CJMQ, those records must belong to students. The fact is that CJMQ bought the inventory of vinyl records of Jukebox when they closed, approximately 15,000 records. CJMQ received several thousand additional records as donations from our listeners. Notably, one listener alone donated over three thousand. It seems that the reasoning for even mentioning these records is that they might have been paid for by students and were therefore not the property of CJMQ. This demonstrates a lack of understanding of how radio stations operate. Radio stations do not pay to obtain music. Music is given to radio stations in trust by artists, producers, labels, and promoters, in the hope that the songs will make it to our play list. After all, the artists are hoping to sell it. A radio station cannot sell or leave behind music that has been entrusted to it.

CJMQ equipment was also mentioned. Broadcast equipment has a short life span, no piece of equipment remains viable past five years. It is illegal and irresponsible to put some of that equipment in the hands of people who do not have a license as required by law to handle it. For example, transmitters: CJMQ has a valid license to own transmitters. We replaced the old CJMQ transmitter a few years back when it broke. To have left it behind when we moved would have been negligent and could have resulted in injury.

Miss Brown hints that CJMQ was not a Community radio station. CJMQ was indeed a Community radio station long before I arrived. There are several categories of radio broadcasters licensed in Canada, three of which are Student Radio, Campus Based Community Radio and Community Radio; there are others as well. When I arrived nine years ago, CJMQ was a Campus Based Community Radio Station as licensed by the CRTC, it was not a student radio station. It was a community radio station with offices on campus. These facts can be verified on the CRTC website.

Miss Brown assumes that because she heard the station on the intercom system of the university decades ago, that it was a student station devoid of community connections. Radio stations commonly broadcast simultaneously over the airwaves as well as in-house systems. As far back as the seventies, the station could be heard over the air. Staff at the station remember listening to CJMQ as their parents drove them to school.

The fact that CJMQ moved off campus and became a Community Radio station is reflected in our change of designation from Campus Based Community Radio Station to that of Community Radio Station. As a Campus Based Community Radio station, CJMQ should have received sufficient funding from the campus to be able to function adequately. In reality, CJMQ received approximately \$18,000 a year from something called a student levy which represented \$5 per student per semester based on two semesters a year. This amount was primarily and historically the pay for a full time Station Manager, a job that I have been doing for the past eight years, but I was never paid! I realized, as other station managers before me did, that you can't keep a broadcaster alive on

CONT'D ON PAGE 9

THE RECORD

P.O. Box 1200 Sherbrooke J1H 5L6 or 1195 Galt E. Sherbrooke J1G 1Y7
 FAX FOR NEWSROOM ONLY: 819-569-3945
 E-MAIL: newsroom@sherbrookerecord.com
 WEBSITE: www.sherbrookerecord.com

SHARON McCULLY PUBLISHER (819) 569-6345
 SHARON McCULLY MANAGING EDITOR (819) 569-6345
 MICHAEL McDEVITT ASSISTANT EDITOR (819) 569-6345
 STEPHEN BLAKE CORRESP. EDITOR (819) 569-6345
 SERGE GAGNON CHIEF PRESSMAN (819) 569-9931

DEPARTMENTS
 ACCOUNTING (819) 569-9511
 ADVERTISING (819) 569-9525
 CIRCULATION (819) 569-9528
 NEWSROOM (819) 569-6345

KNOWLTON OFFICE
 5B VICTORIA STREET, KNOWLTON, QUEBEC, J0E 1V0
 TEL: (450) 242-1188 FAX: (450) 243-5155

MAIL SUBSCRIPTIONS

		GST	PST	TOTAL	
CANADA:	1 YEAR	120.00	6.00	9.45	\$135.45
	6 MONTHS	63.00	3.15	4.96	\$71.11
	3 MONTHS	32.00	1.60	2.52	\$36.12

Out of Quebec residents do not include PST. Rates for other services available on request.

The Record is published daily Monday to Friday. Back copies of The Record are available.

The Record was founded on February 7, 1897, and acquired the Sherbrooke Examiner (est. 1879) in 1905 and the Sherbrooke Gazette (est. 1837) in 1908. The Record is published by Alta Newspaper Group Limited Partnership.

PM#0040007682

Return undeliverable Canadian addresses to The Record, 1195 Galt East, Sherbrooke, QC J1G 1Y7

Member
 ABC, CARD, CNA, QCNA

COLUMNIST

"When riding such a piece of nonconformist duo-circular engineering, there are certain rules that must be followed..."

My bike is better

Today, at age seventeen, I found out that I'm probably going to need braces, and I was nearly hit head on by a truck. No, seriously I was! Thank goodness for gravel-gliding off the road and then back to safety... and that I wasn't driving! If it weren't for the sheer humongousness of the unpaved portion of roadside, we might have actually gone off-road into the ravine, and I really don't think that my mom's Civic would appreciate that.

What caused this near major mishap? Was the person driving drunk? Were they talking on their cellphone? Was our Civic such an incredibly sexy looking car that the truck was just drawn to us? Maybe if we'd washed it that morning, but we hadn't; although the truck was on the wrong side of the road, it wasn't really out of line. The incident



JONATHAN LAHUE

was caused by mountain bikes, or rather, a complete lack thereof; a cyclist was in the middle of the road in the other lane, whereas MY bike could easily have just gone onto the side!

As far as two wheeled vehicles go, my

bike is amazing! It has many speeds, ranging from 1 (speed at which leisurely pedalling is obtained), to 2 (speed at which you are making excellent time and things to your side are a blur), to 3 (speed at which you get scared for your life and start wondering how to slow down), to the never-before reached 21 (speed at which light travels and bicycle may spontaneously combust), and this gigantic spring in the middle that makes moguls feel like a light slope.

Quite appropriately, the word "Ravine" is inscribed on the side of it, and just to add a little cherry on top, the font is clearly dripping with trail-blazing adrenaline! Believe it or not, those are just the finishing touches. The crown jewel of my bike is its wheels, and with its tires rebelliously an inch or two wider than standard road bikes, bigger really is better.

When riding such a piece of nonconformist duo-circular engineering, there are certain rules that must be followed. First off, it is strictly prohibited to wear the wrong kind of helmet. It's common knowledge that any and all bicycle helmets exude potentially radioactive doses of uncoolness, which can interfere with both the inner workings of mountain bikes and the wearer's self esteem. Skateboard helmets, on the other hand, carry out the same general function,

but don't look quite so much like hedgehogs and thus have very few side effects.

Before dressing to ride one's bicycle, it's also important to ask oneself a few questions. Would I walk into public in the equivalent of my underwear? Do I have fame/fortune/good looks to actually pull it off? Am I a trendsetter, or just another follower? When in doubt, stick to regular clothes, not only are you less exposed, but the added wind resistance may actually burn an extra .03 calorie per kilometer! But that's not all!

The average mountain bike can also travel on an apparently never before heard of variety of surfaces! Asphalt, cement, even gravel, and that's just the tip of the iceberg! Mud, moss, rock, sand, roots, shoots, and even ravines are all no match for the mountain bike. So buy one today! They're often cheaper than the regular bikes, more stable, and if you so choose to ride it on the road, you can maybe save a life one day by being able to pull over onto the side. Or you can make things easier and drive on the gravel the whole time; trust me, with one of these babies, you won't feel a difference!

Keeping students in school

ETSB

offers some advice

On August 31, close to 5,500 students will fill the corridors and classrooms of the Eastern Townships School Board's (ETSB) schools.

After a well deserved eight week holiday, some students will unfortunately choose another path. Recent statistics over the last two years show that almost half of the students that left the ETSB without a diploma or qualification, did so over the summer. That is why we need everyone in the community to encourage our youth to go back to school this fall.

Here are a few things you can do to help in encouraging more students to make the right choice and stay in school.

Are you a parent? Here are a few things you can do to help your child stay in school and return to class:

Accompany your child on orientation day;

Express, now and at all times, the importance of an education and getting a diploma or qualification;

Contact your child's school administration if you have any questions and especially if you have any concerns;

Talk to your child about how their first few days of school are going. For many young people this is a particularly stressful time;

Are you an employer? Over the last two years, the most frequent reason given by students of the ETSB for dropping out of school without a diploma is due to work and making money. As an employer committed to school perseverance and the success of our local youth, here are a few things you can do to encourage more students to stay in school and return to class:

Encourage your student-employees to

go back to school;

Decrease the number of scheduled work hours for your student-employees so as to support their educational success and return to school;

Organize an activity in your business to signal the end of summer and the return to class.

School perseverance is a community affair. Be it parents or employers, all adults involved with youth have a role to play in educational success.

Encourage the youth in your community to finish their studies, by being informed about the return to class and back to school.

Staying in school is everyone's business, everyday! Have a great back to school!

Cheaper passports to help tourism?

A conference of US and Canadian legislators unanimously agreed Wednesday to lobby the White House and Canadian Prime Minister Stephen Harper to cut passport fees to bolster tourism.

The Midwestern Legislators Conference, which represents legislators from 11 US states and Saskatchewan, Manitoba and Ontario, pushed through a resolution urging Harper and US President Barack Obama to make passports cheaper, including possibly a two-for-one passport renewal or new-application fee to make it easier for families to travel.

Some provinces and states also have an enhanced driver's licence, which can be used at land crossings.

Winnipeg Free Press



WELCOME

NEW KIDS IN THE HALL

Make your child's first day of school special by sending their photo to be published in The Record on August 31, 2010.

They could be starting pre-k, kindergarten, grade 1, their first day of high school or even starting a new school.
If it's special to you, then it's special to us.

Send in your child's photo, name and school, along with \$15. (taxes included), to

The Record
1195 Galt St. East, Sherbrooke, QC J1G 1Y7
or
5 Victoria St., Knowlton, QC J0E 1V0

You can also use visa or mastercard for payment and e-mail the information and photo to classad@sherbrookerecord.com

Deadline for submissions is August 24, 2010
Please include your name, address & daytime phone number

Just add motorcycles

By Claudia Villemaire
Melbourne Township - Claude Dubois and Gaston Larivière, members of the organizing crew for the Antique Auto Festival scheduled for this weekend in Richmond were quite elated Wednesday evening as they gathered to chatter about the news of a first-ever antique motorcycle display added to the program.

"Yes, this will be first time the Eastern Townships Antique Motorcycle Club comes out anywhere and we're very happy to welcome them to what

promises to be a great weekend," Dubois was eager to announce. "Last year counting the participants who turned out for the Saturday show and the hundreds who lined Main Street last year, we should have an outstanding event this year, perhaps topping 300 or more exhibitors. The streets are closed as soon as the stores close and with the 'classic' band featuring all the golden oldies of the '50s, '60s and '70s tuning up in the municipal park, it won't take long to 'spark up' a great evening. And there's no admission."



CLAUDIA VILLEMAIRE

Claude Dubois talks up this weekend's antique car show.

ASBESTOS:

CONT'D FROM PAGE 1

By the afternoon however, Millen received a call stating the visit would actually involve representatives for the Ministry of Transport and Tourism. According to Guy Simard, spokesperson for Quebec's ministry of tourism, the private work visit pertains to tourism signage policy.

Next week, as the museum's summer season comes to a close, work will begin to pack up the permanent and temporary exhibitions and then figure out what will be done with much of the collection.

"We're going to store most of it where we can which will be difficult," said Millen. "It's been noticed, not for the first time, that the town is worried where the items will go because of its patrimony."

The bulk of the museum's collections are privately owned but theoretically, according to Millen, the items belong to the corporation of the museum, which is leading to a bit of a dilemma when it comes to the fate of the collection.

"In years gone by, the mine used to host educational institutions on a regular basis...there have been suggestions of giving some of the items to universities but the town doesn't want to let them go out of the area," Millen explained. "It's funny though, years ago miners used to smuggle bits of rock out in their lunchboxes and they would be sold, so some of the patrimony is in places like Mexico."

The museum has to vacate their current location in the town's former St. Aimee church to make room for the town council hall that will be relocated for the demolition of the 44 old Asbestos City Hall.

"The town hall is to be demolished and

the council will be moved into the old church, everything will be moved out," said Millen. "The city hall hosts other organizations as well and they have been trying to get people moved."

Moving is not new for Millen. He says the museum has had to relocate several times to properties owned by the town, such as the post office but this time they see no other options for building space. While they have been offered exhibition space at the municipal library, it is not an ideal solution.

"It's been put to us that we'd be relocated to a portion of the library, one wall, this would make our exhibit static and we'd have no place for our archives," he explained.

A former geologist for the mine, Millen has witnessed first-hand a decline in interest in the museum over the years.

"Sometimes one can get discouraged by the drop in attendance. At one time we

used to get a fair amount of school visits but then that dropped off," he recalled. "We've been going since 1974 and we directors are getting longer in the tooth. We don't want to move a fourth time and it's been difficult finding and training people to take all this on."

Millen adds that staffing the museum has also been tricky in the past however this year they were caught off guard when they received six job applications.

Townshippers will only have another two weeks to visit the museum at its current location, 341 St-Luc boulevard, Asbestos. The museum will also have a display September 17-18 during Townshippers' Day 2010 in Danville.

PILLS:

CONT'D FROM PAGE 6

multiple superbugs - C. difficile and methicillin-resistant Staphylococcus aureus (MRSA) are well on the way, as well.

Resistance would have happened anyway. But it's happened much faster simply because doctors are over-using antibiotics.

A patient's duty is to demand good treatment, to fight for everything we can get to make ourselves and our family and friends better. Sometimes those demands can be unreasonable - sometimes patients can push for treatments that won't help, sometimes demands are based on incorrect information.

Yet physicians are our specialists; we expect them to listen and learn about possible new treatments, but we also expect them to explain that penicillin for a child's common ear infection won't help fix the problem (it's a common parental demand, and multiple studies have noted the run-of-the-mill kiddie ear infection can't be aided with antibiotics).

Faced with demanding patients, doctors who are lazy, uncommunicative or incompetent will prescribe antibiotics to people without a second thought. The blame for the creation of superbugs must be laid at their feet.

We're going to need new antibiotics, which will cost a small fortune to discover and test and make by the pound. Pharmaceutical companies should send the bill to the physicians of the world.

Mike McDevitt is on vacation.

ORLEANS COUNTY FAIR

A Blue Ribbon Agricultural Fair

278 Roaring Brook Road • Barton, VT • 802-525-3555
www.orleanscountyfair.net

AUGUST 18-22, 2010

GATES OPEN AT 8AM • MIDWAY AT NOON

Pay One Price! \$10 Includes Admission & All Rides FREE!

FREE CHANCE TO WIN TVs & IPODS, CAMERAS & MORE!
 Sit in the Grandstand Thursday • Noon-2pm & Friday 1-3 pm - Get a Ticket Enjoy the Races YOU Can Win!

FREE SHOW!

NYTPA
 (New York Tractor Pullers Association)
SUPERSTOCK & MODIFIED TRACTOR PULLING 2WD TRUCKS
Saturday, August 21
 (\$5 Grandstand seating charge will apply.)

Exciting New Displays in Floral Hall
 Come See our New Arts & Crafts Center!

- HORSE PULLING • PONY PULLING
- OX PULLING • CATTLE & 4-H SHOWS
- ARTS & CRAFTS • HORSE SHOWS
- ALPACA EXHIBITS • MILKING PARLOR
- MAPLE SUGAR HOUSE • BAKING CONTEST
- ANIMAL BARNYARD • BINGO

EVENTS SCHEDULE

DAILY SHOWS:
 Horses • Horses • Horses
 Sponsored by Community National Bank
 Race • Racing Pigs
 Matt Goner Nuts

BEER & ENTERTAINMENT TENT:
 in the field Thursday-Sunday
 DJ • Live Bands • Hops & Grains
 Volleyball Tournament • Horse Shows
 Mechanical bull & free obstacle courses for all ages!
 Pigs Band

Right on Time • Starts at 9pm
 Saturday Show
 Red House • Starts at 8pm

EXPANDED INDUSTRIAL BOULEVARD:
 Our in-field is filled with machinery and commercial exhibits.
 Portable sawmill demonstrations daily.
 EXCITING NEW DISPLAYS IN FLORAL HALL

CAMPING!
 By the Day or Week!
 Weekdays \$20/night*
 New Hookups \$15/night
 *Plus Admission

Wednesday, August 18th:
CHILDREN'S BIRTHDAY NIGHT!
 Featuring: Cops Scrambles, Bessie Cakes, One-Pull • Pig Races • Beef Show

Evening Night Sponsored by:
 Member Energy Drinks
 Free Drinks • Giveaways
 DJ Howard for Sound • 9-10pm
Bestest Competition!
 Sponsored by Summer Tire with HSCC Prizes!

Thursday, August 19th:
 Pony Pulling Classes
 Saddle Tree Competition
 US Cavalier International Test
 World Champion Drivers Horse Fillies, Jason Bertelli and more to race at Noon. Hops Grandstand Giveaways
 Must be Present to WIN!
 Horse Race • Youth Cattle Show
 Farm Sleek Tractor Pull

Friday, August 20th:
SENIORS DAY!
 \$7 Admission for Seniors
 Youth Horse Show • Open Dairy Show
 Pony Pulling • Saddle Tree • Harness Racing • Old-Fet Senior Driving Show • Horse Pulling
 Sportsman • J. Harsten Club & Youth Auction
 4x4 Truck Pull with the Beef Girls

Saturday, August 21st:
 Open Horse Show
 Silver & Green Show
 Horse Pulling
 Sheep Show
 Grand Parade
 1000 Horses Show
 NYTPA Tractor & Truck Pulling

Sunday, August 22nd:
 Seniors Derby
 Sponsored by Matten Cars & J.P. Steward, Inc.
 Horse Qualifying • 1pm
 Finals • 4pm
 Grand Circuit Horse Show
 Ag Olympics

COME ENJOY OUR "DAIRY GOOD FAIR"

DEMO DERBY

Sunday, August 22
1pm Qualifying
6pm Finals

HARNESS RACING

Horses from all over the Northeast!
 Races that will thrill ALL!

Don't miss the inaugural presentation of
Barton's International Pace and Trot
 Among the drivers scheduled to compete are the winningest driver in harness racing history, Herve Filion, seven-time Yonkers Raceway driving champ Stephane Bouchard, current Yonkers Kingpin Jason Bartlett, 2009 Rising Star Award winner Jordan Stratton and reigning Amateur Driver of the Year Tomasz Wroblewski. Check our website for additional driver updates.

HUGE GIVEAWAYS
 IN THE GRANDSTAND THURSDAY & FRIDAY
 TVs • Digital Cameras • IPODS
 NASCAR Tickets • Electronics & Dozens of Smaller Prizes including
 1-3 Shirts, Hats, & More!

RACING PURSES TOTAL OVER \$29,000

LETTERS:

CONT'D FROM PAGE 6

on \$5,000 a year, that figure represents the balance of the \$18,000 minus the \$12,500 historically allocated to the salary of the Station Manager. I had no choice but to work without pay while the money that would have gone to paying me went to equipment to keep the station on air, how Miss Brown can take that as a negative thing is beyond me.

The student levy was clearly not sufficient to keep CJMQ alive and in fact as soon as we could we turned back the student levy in an atmosphere which Miss Brown describes as "Bad blood". Nothing could be further from the truth.

The fact is that the SRC, the organization that Miss Brown is referring to, gave CJMQ an award for Exceptional Contribution to the Quality of Student Life. In fact, literally hundreds of students have participated in CJMQ and continue to do so. Miss Brown seems to say that the student levy was withdrawn from CJMQ when in fact our Board of Directors voted to turn it back to the Campus without any prompting. The proof is that in order to stop the levy from being allocated to CJMQ would have required a referendum.

No such referendum was ever held, the only other way for the automatic payments to be stopped is if CJMQ were to voluntarily withdraw from it, a quick call to the finance department of the University could have confirmed this.

Miss Brown, seems to suggest that when CJMQ left the campus we cleaned out the area taking everything, even the shelves. Again a quick question or even a call to Buildings and Grounds could have revealed that we were told that the entire area was to be gutted and that everything was to be thrown in a dumpster. Even more revealing of the lack of salient research is the fact that CJMQ paid several hundred dollars for those shelves so why wouldn't we take them.

I have touched on several points but not all, just enough to demonstrate concretely the lack of depth and accuracy of these articles. Everyone at the Record knows my dedication and commitment to our community and my unwavering support of the Record. I know you all well enough to know that the unflattering portrayal of myself and CJMQ as expressed in these articles is not representative.

DAVID TEASDALE
Station Manager CJMQ 88.9 FM
Sherbrooke

TO THE EDITOR

I must say that, like most in the scientific community, I tend to stay away from letters such as that submitted to The Record by Mr. George Kammerer. However, because he asked a specific question, I feel compelled to provide an answer.

Mr. Kammerer asked, "If we are indeed descended from apes, how is it that there are still these creatures in great numbers upon Earth and humans at the same time? Why hasn't evolution done its task completely by this late date?"

This is a common misconception of evolution deniers. Modern humans did not evolve from the modern apes.

Modern apes and modern humans have both co-evolved separately from a common shared ancestor that roamed the planet hundreds of thousands of years ago. This ancestor likely inhabited a forested terrain.

"One" of its two descendents remained in the trees and gave rise to the modern apes, while the "other" ventured onto the African savannah, giving rise to the lineage that would ultimately lead to the modern human. And for evolution to be "complete," does this imply that there will be only a single species on the planet? Absolutely not!

Look at the diversity of plants and birds and insects and all life. Evolution is not about selecting a single dominant species, humans, but about selecting a diversity of species, each exploiting a distinct ecological niche on this planet.

Evolution will never be complete as long as there are living cells competing for limited habitats on a planet that is continually changing.

I'm always amused that evolution deniers continually fall back onto the Book of Genesis as if it is the ultimate source of truth. Yet, how many of these individuals have actually read the original text, written in a mix of Hebrew and Aramaic? And which book of Genesis? Torah scholars propose multiple authors, perhaps six

or even more, each writing distinct and different versions of an oral legend.

Me, I'll stick to the "truth" of scientific method... every observation, to be a fact, must stand up to continual testing, and if at any time is proven wrong, must be replaced by another observation that best fits the existing observations and hypotheses.

DR. GINNY STROEHER
Department of Biological Sciences
Bishop's University

TO THE EDITOR

I enjoy listening to our local community radio: CIDI 99.1 FM Brome Lake (A short community radio history, Aug. 6 Talk). Finally we have our own programs and info that other English-language radio stations either ignore or are not aware of.

After some 57 years in this area of the Townships, I'm a confirmed "country boy" inside and out!

Sincerely,

GEORGE KAMMERER

AG TRACTORS WITH ÉQPTS[†]

5M Series_563 Ldr_SB1184



JOHN DEERE



SNOW DAY ON AUGUST 28 COME SEE OUR SNOW EQUIPMENTS



Compact with snow eqpts[†]

SB1164 Snowblower w/3720 Tract.

Fast, efficient snow implement



all kind of snowblowers[†]

1332PE Professional Snowthrower

16.5 GTP, 32", dual stage, electric start.

8:00 - 12:00 AM, 9 QUEEN STREET, LENNOXVILLE

www.JohnDeere.com



LES EQUIPEMENTS VEILLEUX INC

9 QUEEN STREET
SHERBROOKE, QC J1M 1H8
(819) 564-8850

When thirty people each give \$25 per month, a national campaign is organized in El Salvador to protect and collectively manage water resources. Thank you for giving.

Justice Solidarity Dignity

I BELIEVE. I GIVE.

EUROPEAN CATHOLIC ORGANIZATION FOR
Development
and Peace

1 888 234-8533 www.dev.org

... John Deere's green and yellow color scheme, the leaping deer symbol, and JOHN DEERE are trademarks of Deere & Company. The engine horsepower information is provided by the engine manufacturer to be used for comparison purposes only. Actual operating horsepower will be less.

D238CA6-00126373

SAFETY. Use with it.

Local Sports

"Both teams worked hard to impress their coaches, not giving an inch to the opponent."

The Cantonniers drop their first preseason game 4-2 against Lévis

By Michael Innes

The Cantonniers training camp continued this week and will go on this weekend. Wednesday night the Cantonniers played their first pre-season game against Lévis led by Cantonniers ex-assistant coach Christian Bouliane. Unfortunately for the Cantonniers, Lévis had their number and took the game 4-2.

Lévis took the lead in the first period when Jean-Michel Busque dropped the puck behind Annie Bélanger mid way in

the period.

Jason Jolicoeur tied the game for the Cantonniers early in the second with help from Jean-Philippe Simoneau and Philippe St-Jean, but Lévis came back with two goals. Francis Béliveau-Côté gave Lévis the lead before Samuel Morissette scored on a power play when Cantonnier Antoine Chabot was serving a penalty for charging.

Veteran Charles David Beaudoin was sent to the dressing room midway in the second period for checking from behind.

Alec-Jon Banville give the Cantonniers some hope at the five minute mark of the third period when he scored his first of the pre season games, but it was too little too late. Lévis came back with a two-goal lead before the end of the period when Félix Antoine Chabot scored to make it 4-2.

Annie Bélanger gave up three goals on seventeen shots in 29 minutes 31 seconds of work before seeing Shawn Ouellet take her place between the pipes. Ouellet gave up one goal on fifteen shots

for the Cantonniers. Bernard's players shot 32 times on Charles Brosseau and Jonathan Duval of Lévis.

The Cantonniers will be on the road this weekend for two more pre-season games. Saturday they will face the Phénix d'Esther Blondin in Terrebonne at 7:30 before traveling to the Québec City area to face off for a second time against Lévis à 6:30 p.m.

The Phénix win dragon boat bronze cup in Vermont

By Michael Innes

The Burlington dragon boat festival held in Burlington over the past weekend with more than 70 teams on Lake Champlain saw a team

from Sherbrooke win a bronze cup. Among the participants, five teams made up of women who beat cancer showed their knowhow and courage in the rough waters of Lake Champlain.



WIKIMEDIA

Cantonese dragon boat

The Phénix de la Rose des Vents, from Sherbrooke, were taking part in the festival for a second year. After two races in rough conditions (heavy winds and waves) on a 200-meter course, the team finished third among the five teams of cancer survivors, most beat breast cancer.

"The 17 members of the Phénix that took part in this always interesting festival came away real happy," said team captain, Claudette Métivier. "Right now we are getting ready for the 20km challenge that will take place on the Lachine canal on the 28th of August," added Métivier.

The Phénix de la Rose des vents is one of the four Dragon boat teams that train on a regular basis at the Sherbrooke Nautical club. The members of the team are made up of women who have beat cancer and decided to improve their physical condition. From all ages and from all physical conditions, they deploy strength and determination to recover their good health.

Synchronized swimming in Lennoxville



SHARON MCCULLY

Fourteen swimmers in Lennoxville's Synchronized Swim program entertained an audience of family and friends Thursday evening with underwater dances and gymnastics. The two levels of swimmers were trained by sisters Chelsea and Paula Laberee. Fall registration for synchronized swimming courses for beginners and adults at Bishop's University pool will take place Saturday September 11 from 9-11:30 at the CAP pool, 475 Cégep Street, Sherbrooke or online at www.bishops.ca/recreation, or call 819 822-9600 ext 2669.

Gaiter hoops teams host Maine next week

Bishop's Gaiters basketball will get an early start to the season next week, as they host the University of Maine, an NCAA Division I school, in non-conference action. The women's game is set for Friday, August 20, while the men will play on Tuesday, August 24. Both games are at 7 p.m. in the Mitchell Gym.

The Gaiter women return nine players, including three starters, from last year's team; among them Katy Germain and Mélanie Ouellet-Godcharles. Germain - fifth in the Quebec University Basketball League last season with an average of 12.1 points per game and a First Team All-Star for the second straight year.

This matchup against Maine opens up a 28-game schedule for Bishop's that will see the Gaiters travel to tournaments at Lakehead, Carleton and UQAM.

On the men's side, the Gaiters return 11 players, including three starters, from the 2009-10 team

that advanced to the playoffs for the first time in four years.

The Maine game will be the first of a 32-game schedule for the Gaiters. Men's Basketball's non-conference schedule includes a visit to Carleton, road trips to Nova Scotia and the Greater Toronto Area, as well as a pair of home games against Waterloo. These matches will kick off Maine's five-game Canadian tour, as they will continue on to play McGill, UQAM, Carleton and Laval.

Admission to both games against Maine is free.



Brunch & Tournament at great prices

Great fairway & green conditions

JUNIOR PROMOTION

FREE when playing with an adult on Sundays, starting at 1:00 p.m.

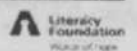
At the boutique up to 30% off on clothing in stock!

600 Compton St. East, Waterville (819) 837-2966

49% of Quebecers have serious difficulty reading

Help us help them!

Online giving www.fqa.qc.ca/en/ or 1-800-361-5142



Scenes from the Canadian Ultimate Frisbee Championships



CORY BELLAM



CORY BELLAM



CORY BELLAM



CORY BELLAM



Because you love their lives.

MedicAlert™ The bracelet with an emergency hotline linked to your child's medical record.

Call 1-866-734-9425 or visit www.medicalert.ca

 **MedicAlert**
Lets You Live Life.



SUNDAY AUGUST 15th
8 P.M.

at **GALAXY**
CINEMAS 

Winners of WWE contest are:

- Gary Greenwood
- Diane Hunting
- Ray Prevost
- Tyler Chute
- Bruno Vallieres
- Steve Bellam
- Pauline Chartier
- Cindy Mills
- Ronald Garfat
- Allen Christie

Congratulations!

Church Services

Anglican

FITCH BAY

St. Matthias Church Services and Sunday School every Sunday at 11 a.m. This Sunday, August 15, our guest speaker will be Dan Goddard. Pot-luck lunch following service. All welcome.

LENNOXVILLE

St. George's Anglican Church, 84 Queen Street., the Ven. Dean Ross. 8 a.m. Traditional Holy Communion each Sunday, 10 a.m. - 1st, 3rd and 5th Sundays Holy Communion; 2nd and 4th Sundays Family Service. All welcome. Information: 819-346-5564.

Presbyterian

LENNOXVILLE

St. Andrew's Presbyterian Church, 256 Queen St., Lennoxville, 819-569-3100. Minister: Rev. John Barry Forsyth. Organist: Anthony Davidson. Sundays: 10:30 a.m. Worship and Sunday School. The Word of Grace Radio Broadcast, P.O. Box 404, Sherbrooke, QC, J1M 1Z6, Station CJMQ 88.9 FM or www.cjmq.fm, Sundays 8:30 a.m. Culte en français dimanche 17h, Pasteur Rev. G. Fantechi 819-566-5962.

United

LENNOXVILLE

Lennoxville United Church, corner of Queen and Church Street: Worship on August 15 at 10:00 a.m. We welcome our friends from Plymouth-Trinity United Church.

SHERBROOKE

Plymouth-Trinity United Church, corner of Dufferin and Montreal, 819-346-6373. During the month of August we will be worshipping at Lennoxville United Church where worship begins at 10 a.m. <http://plymouthtrinitychurch.org>

TRENHOLM

Tenholt United Church. Come and join us in worship and fellowship on Sunday, August 22 at 1 p.m. The service will be followed by our annual Steward's BBQ! Hot dogs, corn on the cob, pot-luck salads and desserts as well as refreshments will be provided. Just bring your lawn chair!

UNITED EATON VALLEY

Summer Services for United Eaton Valley Pastoral Charge are held at 10:30 a.m. at Scotstown. Minister: Rev. Wendy Evans. Info: 819-889-2838.

WATERVILLE-NORTH HATLEY, HATLEY
August 15: Waterville-North Hatley Church Service at 10:00 a.m., no church service in Hatley. Rev. Mead Baldwin 819-837-1112.

DR. GOTT

Could vitamin D deficiency cause cold symptoms?

By Peter H. Gott, M.D.

DEAR DR. GOTT: I have been sick with cold and flu symptoms (on average) about 12 to 14 days each month for the past year. My family doctor referred me to a rheumatologist because she thought it might be autoimmune. The rheumatologist believes that a low vitamin D level and allergies are causing my symptoms. She has put me on 50,000 IU of vitamin D for the next eight weeks and daily Claritin.

Can you tell me what could be causing my low vitamin D level? Do you believe that this is the issue, or are the low levels caused by something else?

DEAR READER: Vitamin D is a fat-soluble vitamin that is essential for promoting calcium absorption, maintaining adequate serum calcium and phosphate levels, bone growth and remodeling, reduction of inflammation, and neuromuscular and immune function.

If your levels are low, you are at risk of developing weak, brittle and/or deformed bones. This could also affect your immune system, making you more susceptible to infection, allergens and more. Your low vitamin D level may indeed be the cause of your allergies, which are causing your cold and flu-like symptoms; however, this does not explain why you have a low D level to begin with.

In healthy people, vitamin D deficiency can typically be avoided by adequate sun exposure and a well-balanced diet. Because there are very few foods that naturally contain D, fortified cereals and dairy products are the best way to achieve sufficient di-

etary amounts.

Older adults, breastfed infants and those with limited sun exposure, dark skin or fat malabsorption are at increased risk of developing deficiency. Obese individuals may have difficulty absorbing vitamin D from sun exposure because the subcutaneous fat essentially blocks part of the D from entering the bloodstream. Those who have undergone gastric bypass may also have difficulty because most forms of this surgery bypass the upper small intestine where D is absorbed.

Symptoms of vitamin D deficiency typically go unnoticed. The most common consequence is weakened bones, also known as rickets in children, osteomalacia in pre-menopausal women and men, and osteoporosis in post-menopausal women. There may be an increased risk of developing cancer, especially that of the digestive tract. There is also research suggesting deficiency may play a role in the prevention and treatment of diabetes types 1 and 2, hypertension, glucose intolerance, multiple sclerosis and more. However, because these studies have not been randomized clinical trials, the implications will continue to be debated until definitive proof is found.

According to the Food and Nutrition Board (FNB) at the Institute of Medicine of the National Academies, adequate intakes (AIs) for healthy people between birth and age 50 should be 200 IU of vitamin D daily. Those aged 51 and over should double that. Recently, the American Academy of Pediatrics issued its own recommended intakes that exceed those of the FNB. This led to an expert committee formation by the FNB, which decided that recommended intakes be re-evaluated. To the best of my knowledge, the decision of this committee should be made public later in 2010. Tolerable upper-intake levels (ULs) for those between birth and 12 months is 1,000 IUs; age 1 and older is 2,000 IUs daily. This, too,

was challenged and is currently under review.

I suggest that you speak to your physician to request that the underlying cause be found. It may be as simple as not getting enough sun exposure and may be helped by exposure without sunblock for 15 or 20 minutes each day. Longer unprotected exposure is not recommended because of the increased risk of developing skin cancer.

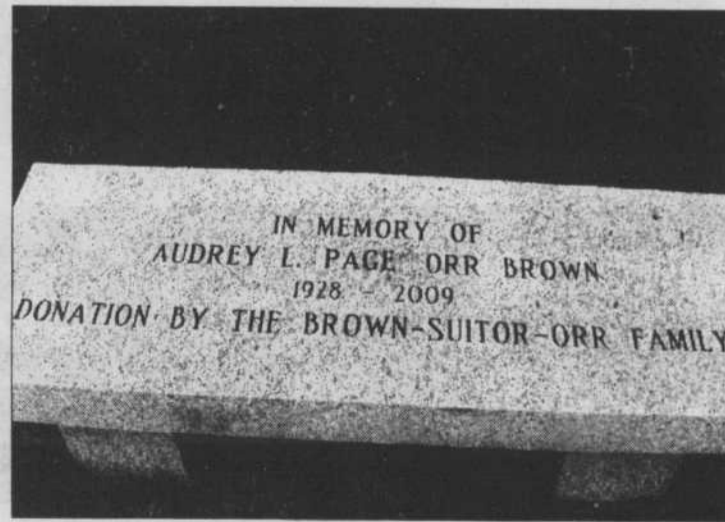
If the cause cannot be found, follow your physician's advice regarding supplementation and including more vitamin D-enriched foods into your diet.

You should also be watchful for signs of excess intake. Most commonly, these symptoms are nonspecific and include nausea, weakness, constipation, weight loss, vomiting and poor appetite. If healthy people continually take levels above the UL, it may result in elevated blood levels of calcium, which may cause confusion and other mental-status changes, as well as heart-rhythm abnormalities. There is also an increased risk of developing kidney stones, especially when used in conjunction with calcium; however, because you are deficient and under the care of a physician, these are not likely to result.

To provide related information, I am sending you a copy of my Health Report "Vitamins and Minerals." Other readers who would like a copy should send a self-addressed stamped No. 10 envelope and a \$2 check or money order to Newsletter, P.O. Box 167, Wickliffe, OH 44092. Be sure to mention the title. Order forms are also available for printing on my Web site at www.AskDrGottMD.com.

Dr. Peter Gott is a retired physician and the author of the book "Dr. Gott's No Flour, No Sugar Diet," available at most chain and independent bookstores, and the recently published "Dr. Gott's No Flour, No Sugar Cookbook."

Milby Cemetery annual clean-up day



Picture of Donors
Left to Right: Stan Brown, Jennifer Suitor, Robin Orr, Kenneth Suitor

Volunteers at this spring's annual clean-up day at the Milby Cemetery were pleasantly surprised to find a newly installed granite bench in memory of Audrey Page.

Located at the south end of the ceme-

tery this welcome addition provides a timeless memorial to one of the cemetery's lifelong volunteers and financial supporters. Donated by the Brown-Orr-Suitor family the Bench provides visitors to our little cemetery with a much

needed place to sit.

This thoughtful gesture by her family is gratefully acknowledged by the cemetery committee.

Submitted by Murray Powell



Fig. 16

> If this feels like a math test, visit mathliteracy.ca or call 1-800-303-1004.

Math solves problems



Death

**Julia
(nee McPherson)
CALLAWAY**

Passed away at the C.S.S.S. Memphremagog on Wednesday, August 11, 2010, in her 86th year. Beloved wife of the late John Callaway and dear mother of Hector (Gloria), Ken (Connie) and Lawrence. Loved grandmother of Tammy (Danny), Karen (Dan), John (Louise), Jody, Brenda (Renald), Alex, Angel, Melanie (Marcus). Dear great-grandmother of: Chad, Zachary, Mackenzie, Gregory, Alexandra, Gabrielle, Raphael, Mathieu, Olivier, Samuel, Steven, Michael, Sebastien, Nick, Emily, Shana, Tosha and Diana. Much loved sister of Ed (Barb), William (Madeline), Roy, Ralph (Denise), Johnny, Margaret (Albert), Priscilla (Joe) and a sister-in-law Gladys. She was predeceased by her son Glen and her cherished daughter Diane who was taken suddenly in a car accident in 1994. She will also be sadly missed by her son-in-law Richard, along with many nieces, nephews, other relatives and friends.

There will be visitation in the presence of her ashes at the Cass Funeral Home, 545 Dufferin, Stanstead 819-876-5213/www.casshomes.ca on Tuesday, August 17, 2010, from 7:00 to 9:00 p.m..

The service will be held in the chapel on Wednesday, August 18th at 2:00 p.m. with Reverend Barbara Wintle officiating.

As a tribute to her memory, donations made to the Heart and Stroke Foundation, 2630 King West, Bureau 100, Sherbrooke, Qc. J1J 2H1 would be greatly appreciated by the family.

CASS FUNERAL HOMES
545 Dufferin St., Stanstead QC
stanstead@casshomes.ca

PHONE: 819-876-5213
FAX: 819-876-5213
www.casshomes.ca

Death

**The Hon. Mrs Elizabeth Hamilton
LOLLEY (nee Keith)**

Born in Edinburgh Scotland May 26, 1916. Died peacefully on August 8, 2010 at the Connaught Home, North Hatley, Quebec.

Wife of the late Raymond Alan Lolley. Survived by her loving children, Jennifer (Michael Sudlow), Helena (James Brodie) James (Brenda Barry), Polly, Andrew (Jenny) and her treasured grandchildren Paul, Andrew, David, John, Heather, Sarah, Christine, Peter, Simon, Charles, Amanda, Aaron and Tamsin.

The family wishes to thank the staff at the Connaught Home and the Residence of Mariette Dunn for providing such exceptional care. They enabled her to live in comfort and with dignity.

In lieu of flowers, donations in her memory may be made to a charity of your choice or to the W.J. Klinck Foundation, Connaught Home, 77 Main St., North Hatley, QC, J0B 2C0. A tribute to her life will be held at a later date.

Arrangement entrusted to Cass Funeral Home, 819-564-1750 www.casshomes.ca

CASS FUNERAL HOMES
3006 College St., Sherbrooke QC
PHONE: 819-564-1750
FAX: 819-564-4423
cass@casshomes.ca
www.casshomes.ca

In Memoriams

HILL - In loving memory of my dear husband, Alvah M. Hill, who passed away August 14, 1993.

Loved and remembered every day,
MARY (wife)

KIRBY, Merlin Derby - In loving memory of a dear wife, mother and grandmother who left us thirteen long years ago on August 15, 1997.

Your presence is ever near us,
Your love remains with us yet;
You were the kind of wife and mother
Your loved ones will never forget.
Missed and remembered,
THE KIRBY FAMILY

MARSHALL, Pearl (White) - In loving memory of our beloved mother who passed away August 15, 2008.

Our hearts still ache in sadness,
Our silent tears still flow,
For what it meant to lose you Mom
No one will ever know.

Forever loved and missed by
YOUR FAMILY

Card of Thanks

RICHMOND 4-H CLUB - On behalf of the Richmond 4-H Club, I would like to thank all our local sponsors, volunteers and our parents who had a hand in making the 35th Annual 4-H Provincial Rally a big success here in Richmond.

LEEANN NELSON
(Rally chair)

Trinity welcomes Diana Gorham

Because we share our priest, Reverend Allan Gault, with the Parish of Brome, we now hold services at 9 a.m. on the first and third Sundays and 11 a.m. on the third and forth.

As Diana Gorham, Joan Lee's granddaughter, besides being a very talented artist, is also a Lifeguard in Cowansville, the 9 a.m. service on August 1 allowed her to play the oboe before leaving for her other duties.

Music seriously came into Diana's life when she was in Grade 4 at St. Leon's School with the Cadette Davignon and continued until she graduated and entered Massey-Vanier. There she entered the Academic de Musique and was part of it throughout her school years. It was in this program that she began playing the oboe. Throughout these years, she played the oboe with the concert band and the piano with the jazz band. This, with the school, allowed her to enter many competitions. In Vanier College, she majored in music and has played with many concert bands and orchestras outside of school also. Her next step is entering McGill this September where she will be in the music education program. Her present ambition is to become a music teacher in a high school.

Following the announcements, Reverend Gault introduced her. Diana then played many pieces accompanied by a CD. Throughout the service, she played

many times and at one point, played Amazing Grace without any accompaniment, which sent "the shivers up one's back." She played following the service in the church.

As Rev. Allan Gault had to leave for Brome, he thanked her and presented her with a gift. Her grandmother had prepared a reception in the hall following the service, so the members went there where Diana continued to play while the refreshments were being served and until it was time to leave for her other commitment.

The silence during her playing and the clapping afterwards attested to how much we appreciated having this very talented artist take part in the service and wish her the very best in her career.

We were also privileged to have Linda Spear preach the Sermon. Her subject was Julian of Norwich.

A service long to be remembered and the hope that she may find the time to return again to our church in the not too distant future.

Evelyn Beban Lewis
Cowansville

**Take
matters
into your
own hands**

1 877 369-7845
(514) 369-7845
www.osteoporose.qc.ca



**When you have
muscular dystrophy,
your muscles say stop,
but your mind says go.**

We provide hope and support to people with neuromuscular disorders

Donate today at
www.muscle.ca



CA⁺
A. Jackson Noble, ca
Personal and Corporate Income Tax
Estate Settlement
Execution of Mandates
2085 Lake Road, North Hatley QC J0B 2C0
Tel.: (819) 842-1035 Fax: (819) 842-1407

RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMs, BRIEFLETS:

Text only: 34¢ per word. Minimum charge \$8.50 (\$9.69 taxes included)

Discounts: 2 insertions or more: 15% off

With photo: additional \$18.50. DEADLINE: 11 a.m., day before publication.

BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:

Text only: \$7.00 (includes taxes)

With photo: \$20.00 (\$22.79 taxes included) DEADLINE: 3 days before publication.

WEDDING WRITE-UPS, OBITUARIES:

\$10.50 (\$22.22 taxes included) WITH PHOTO: \$29.50 (\$33.62 taxes included)

Please Note: All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: classad@sherbrookerecord.com - They will not be taken by phone.

DEADLINES FOR DEATH NOTICES:

For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.

For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or

fax 819-569-1187 (please call to confirm transmission) or e-mail: production@sherbrookerecord.com

between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee

publication if another Record number is called.

I have two problems, both centered around my love life

Dear Annie: I am going to be in college soon, and I have two problems, both centered around my love life.

While acting as a service volunteer in a foreign country, I met "Anna" and became close to her and her family. Anna has kept in contact, writing me every day. But twice she has gotten upset when she thought I had a girlfriend. (I did not then and don't now.) I am not trying to lead her on. I never made any promises. I do have feelings for her, but I don't know that I can do anything about bringing her to the States.

Then there is "Mia," a close friend from high school. After I returned from my volunteer service, we met up again. I care for her a lot, but she seems stuck in a rut with school and with a previous boyfriend who keeps her dangling and makes her unhappy. Mia knows how I feel and is OK dating and spending time with me, but there's no commitment. I want to help her find herself. If she chooses to be with me, great. If not, at least she'll be happier than she is now.

So what can I do to help without

hurting either of these two girls or causing their lives to be needlessly complicated? They deserve the best. — Concerned Admirer

Dear Prince Charming: You seem to think it is your responsibility to protect these women from themselves. It is not. Instead of being their hero, they treat you as a convenient way to get what they need. Tell Anna you cherish your friendship with her, but the distance makes any closer relationship impossible. Then wish Mia the best, and let her know you'll be available if she ever gets over her old boyfriend. Please stop being the consolation prize. You can do better.

Dear Annie: Our home is five feet away from our neighbor's fence. They have two dogs that use the cement pavement as their bathroom. There is a strong smell of urine coming from their property.

Is there a tactful way of asking them to hose off the cement walkway so that we do not have to smell these unpleasant odors? — Bothered in California

Annie's Mailbox

Dear California:

First try talking to your neighbors. Say

nicely, "I'm sure you don't realize that the pungent odor from your dogs penetrates my entire home. Would it be possible for you to hose down the walkway after they use it?" If they are considerate neighbors, they will be happy to do this. You also could check to see whether your county or state has a community mediation or dispute resolution center that handles such disagreements between neighbors.

Dear Annie: I was quite amused by the letter from "Dirty Dishes Not Dirty Hands," who objected to a friend washing up in his kitchen sink after playing golf.

I am curious: Before this family prepares food, do they go to the bathroom to wash their hands? After they prepare the hamburger patties for grilling, do they go back to the bathroom to clean up? And after they rinse off the raw chicken, do they go back to the bathroom to wash their hands? After they


clean the counter to prepare the salad, do they go into the bathroom to rinse the cleanser off their fingers?

Do you see where I'm going with this? Raw chicken residue and the miniscule bits of food left around the kitchen drain harbor as many if not more bacteria than grubby golf hands. And don't even get me started on the germs one might find in a garbage disposal.

If one is really worried about a clean preparation area, I suggest using an antibacterial cleanser or some good old-fashioned bleach. — Clean Hands

Dear Clean: How you choose to wash up in your own house is your business. But one needs to be cautious about germs, particularly those tracked in from outdoors, in areas where food is prepared. Enough said.

Annie's Mailbox is written by Kathy Mitchell and Marcy Sugar, longtime editors of the Ann Landers column.



Happy "59th" Anniversary
to
William & Marjorie Suitor
of Milby, Quebec
on Sunday, August 15

With our warmest wishes and our love,
from your children, grandchildren,
great-grandchildren and Grammie C.



50th Wedding Anniversary

Tom and Rosemary Cavanagh
August 13, 1960

Happy anniversary Mom and Dad.

Love,
James, Thomas, Catherine,
Jennifer and Laura



104th birthday celebrated

Kathleen Davidson celebrated her 104th Birthday on August 3.

Her family, those who love her and her friends at the Wales Home send her many best wishes.

Stanbridge East Women's Institute summer outing

Seven members of the Stanbridge East Women's Institute and three guests met at Les Sucreries de l'Érable in Freligsburg on Thursday, August 5, to enjoy luncheon and to have a social time together.

After the luncheon, members were encouraged to visit either or both the Missisquoi Museum in Stanbridge East and the Walbridge twelve-sided barn in Mystic, which has been renovated and converted into an agricultural museum telling the story of agriculture in the Missisquoi area since the time of the early settlers. This new addition to the Missisquoi museum complex now houses a large collection of agricultural machinery and implements which are part of the museum's collection. The interior of the building has been professionally designed and tells an easy to read story of the lives of the early settlers. With one ticket, one can visit both complexes.

Members will meet again on September 2 at the home of Dianne Tait, West Brome.

Mrs. Jean Cogswell
Publicity and Awareness Chair

CELEBRITY CIPHER
by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.
Today's clue: G equals Y

' J X ' B X E E A H I J ' P C E X H B
U E C I W V M N Z H Y W V B E C H B Y W E Y Z W
B H G J H P . . . X D W U E V Z I R E N Z I N B W
H M W U Y W E Y Z W Z J T W X D H X . " -
H Z H C H Z I H

PREVIOUS SOLUTION: "Loss and possession, death and life are one. There falls no shadow where there shines no sun." - Hilaire Belloc

(c) 2010 by NEA, Inc. 8-13

CELEBRITY CIPHER
by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.
Today's clue: W equals U

" C D Z N N H N I X A B N N C F N K R A L V Z N F
Y R N L D F Y V Z N A T P N Y Y D B P A C J N I , D
M N P D B N V S R J V X K D Y R S A T T N N V B J
A M D Y W V I D N F . " - M D C C S A F M X

(c) 2010 by NEA, Inc. 8-14

PREVIOUS SOLUTION: "It's too bad I'm not as wonderful a person as people say I am... the world could use a few people like that." - Alan Alda

KIT N' CARLYLE



HERMAN



"Personally, I think it helps his divorce action if we leave them stuck in there."

ALLEY OOP



ARLO & JANIS



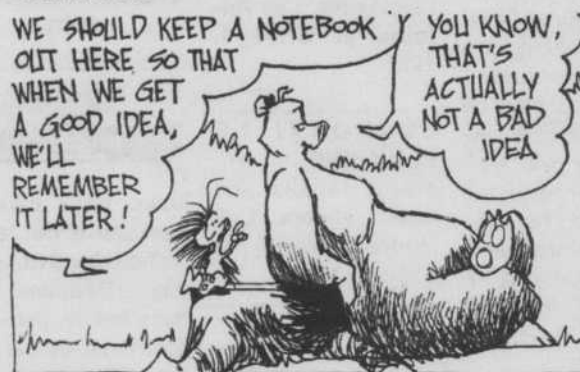
THE BORN LOSER



FRANK AND ERNEST



GRIZWELLS



SOUP TO NUTS



Diabetes The New EPIDEMIC

Diabetes Québec

Information and donations:
(514) 259.3422 or 1.800.361.3504
www.diabete.qc.ca

REACT NOW!

CALL SHERBROOKE: (819) 569-9525 BETWEEN 8:30 A.M. AND 4:30 P.M.
E-MAIL: classad@sherbrookerecord.com
OR KNOWLTON: (450) 242-1188 BETWEEN 9:00 A.M. AND 4:00 P.M.

CLASSIFIED

DEADLINE: 12:30 P.M. ONE DAY PRIOR TO PUBLICATION
OR MAIL YOUR PREPAID CLASSIFIED ADS TO
THE RECORD, P.O. BOX 1200, SHERBROOKE, QUEBEC J1H 5L6

001 Property for Sale



Make your classified stand out, add a photo for \$10. per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. 819-569-9525. classad@sherbrookerecord.com

035 For Rent

3 1/2 VERY Spacious, first floor duplex, quiet, 2 entrances. Hardwood floors, deco fireplace, bay window, large bright kitchen with fridge and stove, hook ups for washer/dryer, large bedroom, treed yard, patio, parking. Non smoking, available immediately. 819-823-7897, 819-570-3262.

AYER'S CLIFF - Beautiful 4 1/2 room apartment in coach house, fully furnished, new appliances, parking, cable. Suitable for 1-2 persons. Absolutely no smoking. September 1 to end of June 2011. \$500. plus Hydro. Call 819-838-1700.

CLASSIFIEDS ONLINE!
www.sherbrookerecord.com

STANBRIDGE STATION Newly renovated m house. Non smokers, clean people, no pets. References required. Available immediately. \$800. per month. Call (450) 248-3221.

035 For Rent

LENNOXVILLE OXFORD RESIDENCE
Pool
Private park
Secure
Near all services
Ideal location for seniors
103 Oxford St.
819-578-8588

100 Job Opportunities

THE RECORD
is gathering names for replacement carriers during vacation periods. If interested please call

THE RECORD
819-569-9528
between 8:30 a.m. to 4:30 p.m. or leave a message after hours or e-mail: accounting@videotron.ca

100 Job Opportunities

LE DIABLE FOU is undergoing a transformation. We're looking for an experienced cook, days/evenings. Apply by email: dannydiablofou@hotmail.com

PRESENTLY SEEKING GOOD looking man and women ages 18 to 40 and kids 3 to 12 years old for a photo shoot for Bride and Groom Canada magazine (Quebec edition) No experience necessary, auditions in Sherbrooke August 13 and 14. For appointment call 418-717-9091.

RECEPTIONIST: The Ripplecove Inn in Ayer's Cliff has a permanent employment opportunity for a front desk receptionist. Must work flexible hours including evenings and weekends, knowledge of the area, excellent phone skills and ability to sell in french and in english are essentials. Competitive wages, incentives and benefits. To apply e-mail Valerie at innkeeper@ripplecove.com

SHERBROOKE PLANT IS seeking an ambitious person to work in an assembly environment. Bilingualism an asset. Please send CV before August 18, 2010 to: usinesherbrooke@hotmail.com

100 Job Opportunities

WE ARE LOOKING for two candidates who are available from 3 pm to 5 pm, Monday through Friday (4 to 10 hours/week), to greet our 6 and 9 year old children when they come back from school and assist them with their homework. This position is ideal for retired teachers or students in the Education field. Candidates must have pedagogical skills in Math, English and French and be available 2 to 5 days a week, every week of the 2010-2011 school year (except on holidays). Must be English speaking. French an asset. Job starts on September 1, 2010 and ends in June 2011. We are looking for a long-term partnership so job may be renewed the following school year. References required. Salary to be discussed. If interested, call Nathalie 819-822-4307. In Sherbrooke-Fleurimont area.

100 Job Opportunities

135 Child Care

2 PLACES AVAILABLE IMMEDIATELY at \$7./day for child 18 months+. University-educated teacher, very large playroom in new home. 25 years experience. Call 450-243-0273.

135 Child Care

2 PLACES AVAILABLE IMMEDIATELY at \$7./day for child 18 months+. University-educated teacher, very large playroom in new home. 25 years experience. Call 450-243-0273.

135 Child Care

2 PLACES AVAILABLE IMMEDIATELY at \$7./day for child 18 months+. University-educated teacher, very large playroom in new home. 25 years experience. Call 450-243-0273.

135 Child Care

ARE YOU LOOKING for someone to watch your children before and after school? Reasonable rates. In Lennoxville. Contact Robin at 819-563-0764.

140 Professional Services

ASPHALT REPAIRS
Frederick Williams Asphalt Repairs and Seal Coating. Removal of oil and grease stains, repairs of fissures and cracks and seal coating. Add years of life to your driveway! Free estimate, it's cheaper than you think! 819-578-6949.

ROOFING
New Roofs, Reroof and Repairs. Also gutter repairs, cleaning & rerouting down pipes. Call Ian Perkins at 819-578-1910.

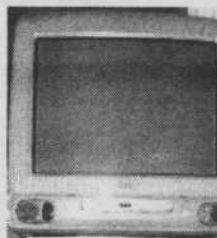
It pays to advertise in the classifieds

145 Miscellaneous Services

CAR WASH, wax, shampoo, polish, interior. Work done by hand. Also residential carpet cleaning. Lennoxville. Call Antoine at 819-571-1265.

LENNOXVILLE PLUMBING. Domestic repairs and water refiners. Call Norman Walker at 819-563-1491.

150 Computers



Make your classified stand out, add a photo for \$10. per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. 819-569-9525. classad@sherbrookerecord.com

155 Travel




THE ROYAL DE-CAMERON, Puerto Vallarta, Mexico. January 24, 2011 for 1 or 2 weeks, all inclusive, accompanied by Sue and Don Spaulding. Limited space. For info sspaulding49@hotmail.com, 819-679-7920, 819-562-6125. Voyages Plein Sud, Quebec permit holder.

170 Auctions

2 DAY AUCTION, August 27, 10 a.m. Construction equipment, excavators, dozers, loaders, trucks, skidsteers, tractors. August 28, 10 a.m. Boats, boat trailers, RV's, ATV's, PWC's, utility trailers. www.aeroauction.ca. Consignments welcome. 705-487-6249, Barrie, ON.

190 Cars For Sale

CLASSIFIEDS ONLINE!
www.sherbrookerecord.com



Make your classified stand out, add a photo for \$10. per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. 819-569-9525. classad@sherbrookerecord.com

197 Parts For Sale

JEEP OWNERS - Parts and accessories for Jeeps, 1942 to 2010. Huge stock, lower prices, fast shipping. Gemini Sales, Burnaby, BC, (604) 294-2623, (604) 532-9528, Shop online www.gemini-sales.com

240 Fruits & Vegetables



FRESH FRUIT & VEGETABLES
HEATH ORCHARD
OPEN - 9:00 - 6:30
U-Pick and Pre-Picked
Varieties: Yellow Transparent - Vista Bella - Crab Apples
Melba - Jersey Mac - Sunrise - Paula Red
Veggies: Cukes - Zukes - Green Beans - Beets - Shallots
AND MORE
ALSO AVAILABLE: Honey, Maple Products, Jams, Frozen Cider
4950 Chemin Heath, Route 143
Stanstead QC J0B 3E0
819-876-2817
info@vergerheathorchard.com

205 Campers-trailers

24 FT. FIFTH WHEEL Starcraft camper, 1992, sleeps 6, no leaks. Everything works: a.c., heater, fridge, hot water. Very clean. \$4,000. Bob (450) 243-1999.

275 Antiques

WE BUY from the past for the future, one item or a household, attic or basement, shed or garage. We like it all, give us a call. 819-837-2680.

290 Articles For Sale

MATTRESSES
Whatever the size or the price you want, we've got it! And you won't find better elsewhere.
FUTONS
At the mattress specialist
DISTRIBUTION R. FORTIER
1028 Wellington St. S.,
Sherbrooke
562-7174

290 Articles For Sale

2 WASHERS & 2 DRYERS, Hotpoint; hot & cold water cooler; dishwasher. \$50. each. All good working order. Call 819-562-9797.

290 Articles For Sale

FIBERGLASS CAP for pick up truck, long box, 8'x5', good condition, \$200. Call 819-820-8494 or 819-346-6422.

HOT TUB (SPA) covers. Best price, best quality. All shapes & colors available. Call 1-866-652-6837 www.the-coverguy.ca

240 Fruits & Vegetables



DOG BOARDING at Blue Seal. Weekends, holidays and day care. Cageless. Personalized care for your pet. Blue Seal, the Animal Nutrition Centre, 1730 Wellington South, Lennoxville, 819-348-1888.

290 Articles For Sale

Make your classified stand out, add a photo for \$10. per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. 819-569-9525. classad@sherbrookerecord.com

To sell or buy, consult our Classified ads.

294 Events

CLASSIFIEDS ONLINE!
www.sherbrookerecord.com

330 Pets



Make your classified stand out, add a photo for \$10. per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. 819-569-9525. classad@sherbrookerecord.com

330 Pets

Make your classified stand out, add a photo for \$10. per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. 819-569-9525. classad@sherbrookerecord.com

330 Pets

DOG BOARDING at Blue Seal. Weekends, holidays and day care. Cageless. Personalized care for your pet. Blue Seal, the Animal Nutrition Centre, 1730 Wellington South, Lennoxville, 819-348-1888.

340 Garage Sales

COOKSHIRE
210 Eastview, Saturday, August 14, 8 a.m. Household items, vintage furniture, dishes, sap buckets and covers, etc., small utility trailer, sleigh, tools and much more.

KNOWLTON
8 Benoit, Saturday, August 14, 8 a.m. to 3 p.m. Large choice of everything! Great values!

KNOWLTON
Brome County Historical Society Antique and Craft Market, August 15, 9 a.m. to 4 p.m., 130 Lakeside (Museum grounds). Antique woodworking tools, primitives, furniture, trunks, collectibles, glass, porcelain, jewellery, books, local crafts. Spaces available. Call (450) 243-6782.

LENNOXVILLE
All sorts of household articles and tools. 3044 College St., Lennoxville on Saturday, August 14 from 8 a.m. to 4 p.m.

LENNOXVILLE
Garage Sale, Saturday, August 14, rain or shine, at 63 Robert Peel St., Lennoxville at 8 a.m.

LENNOXVILLE
"Moving On" Sale, Saturday, August 14, 8 a.m. to 1 p.m., at 21 McMurray, Lennoxville. Furniture, household goods, +++.

SHERBROOKE
August 14 & 15, 2740 ch. Goddard. Furniture, perennials, decorations, etc. Rain or shine.

Looking for a job or qualified personnel?
Consult our Classified ads!

CLASSIFIED

340 Garage Sales

WATERVILLE
Garage sale. Antiques, baby items (crib, stroller, etc), sporting goods. 65 King St., Waterville, Saturday, August 14, 7:30 a.m. to 5 p.m.

WEST BOLTON
132 Glen Road (next to Mountain), Saturday, August 14. Big Garage Sale! Fridge, stove, washer, dryer, 1960's Coke machine, etc. All kinds of interesting things.

440 Miscellaneous

#1 IN PARDONS. Remove your criminal record. Express Pardons offers the fastest pardons, lowest prices, and it's guaranteed. BBB accredited. Free consultation. Toll-free 1-866-416-6772. www.ExpressPardons.com

Classifieds
(819) 569-9525
(450) 242-1188

365 Landscaping

- CONTAINER RENTALS
- TOPSOIL/CRUSHED ROCK
- HARDWOOD BUTTINGS

(819) 562-0212



395 Home Improvement

TAPIS STEVE for all your floor covering needs. Store hours: Thursday & Friday 9 a.m. to 5 p.m. and Saturday 10 a.m. to 2 p.m. 11 Queen St., Lennoxville, 819-566-7974.

440 Miscellaneous

REMOVE YOUR RECORD: A Criminal Record can follow you for life. Only Pardon Services Canada has 20 years experience guaranteeing record removal. Call: 1-866-972-7366. www.pardonservicescanada.com.

400 Lost

BLACK & WHITE KITTEN (Molly), long hair, crooked tail, near Academy St. in Lennoxville. Please call 819-566-1103.

430 Personal

LOVE! MONEY! LIFE! #1 Psychics! 1-877-478-4410, credit cards / Deposit. \$3.19 / min., 18+. 1-900-783-3800. www.mysticalconnections.ca

SAVE UP TO \$400 on your car insurance. Clean driving Record? Call Grey Power today at 1-866-424-0675 for a no-obligation quote. Additional discounts available. Open weekends.

Selling, buying, exchanging, offering services?
Put it in our Classifieds for results!

Looking for a companion? Place an ad in the classifieds. (819) 569-9525 (450) 242-1188

AUCTION

for FERME ADRIEN CHABERT INC.
Owned by Nicolas and Philippe Chabert
1540 Chemin Baldwin, Coaticook J1A 2S4
Tel: 819-849-3260
FRIDAY, AUGUST 20, 2010 AT 10 A.M.

Complete sale of "Essarts" purebred herd
125 head of quality animals including 71 Holstein and 54 Brown Swiss, purebred.
Holstein herd average 8871 kg, 3.63%, 3.05%
MCR 192-188-184
Holstein CCS average 122,000
Brown Swiss herd average 7784 kg, 3.66%, 3.10%
MCR 196-187-183
Brown Swiss CCS average 152,000
Classed for type
Holstein 4 TB - 20 BP - 10 B,
Brown Swiss 3 TB - 21 BP - 5 B.
Preventive medicine.
Herd kept tied and stabled.
Note: this is an excellent herd.

The herd includes: 71 head of quality, purebred Holstein animals with 34 cows to calve throughout the year, 14 gestating or bred heifers, 18 open heifers and 5 breeding heifers; 54 head of quality, purebred Brown Swiss animals with 31 to calve throughout the year, 14 gestating or bred heifers, 5 open heifers and 4 breeding heifers. All the animals are from or have been inseminated by the best bulls of the breed. **Equipment, including:** 3 tractors: 2 Case Inter - a 5250, 4X4, full cab, A/C, power shift reverse, 3 pt hitch on front, 3 oil outlets, 460/85R38 tires - a 5220, 4X4, full cab, A/C, power shift reverse, 2 oil outlets, with Case Inter 520 loader, 18.4X34 tires, - a MF 255, 8 speed, one oil outlet, 16.9X30 tires; 2002 Chevrolet truck, 4X4, 2500 HD, automatic, gas; a 2004 Manitou 634 LSV turbo, 4X4, full cab, A/C, 4 speed, fully hydraulic, 2000 hours with snow bucket; palette fork; grapple bucket; Unigrip (Alo) round bale clam; Case 1838 uniloader with round bale clam and grapple bucket; Kuhn FC353GC rotating mower, with "giron-dine" central pivot hammer head; Class Variant 360 round bale baler, mesh and cord, 4X5; Kuhn tedder, 24 ft, 8 shapers, fully hydraulic, 3 pt hitch; Kuhn 7301 rake, semi mounted, 24 ft; Kverneland 7510 wrapper, on wheel, auto load, with 30 in. back wrapping panel, turn counter; Pronovost round bale loader, 12 bale capacity, 16.5L16 tires; Kuhn reversible plough, adjustable, 4 blades, 375E model, 3 pt hitch; Inter 5100 grain seeder, 18 double disks, millet box; Desjardins 3-section dirt roller; Aero Kuhn fertilizer spreader, 3 pt hitch; Tecnoma sprayer, 210 gallons, 40 ft ramp; New Holland mower; Pronovost snow blower, 92 in. hydraulic chute, 2 gimlets; RTM Supreme 600 mobile mixer with electronic scale, 600 cu. ft capacity; Drummond 80,000 watt generator; Normand dumping trailer, tandem; homemade animal trailer, tandem, 6X10; Cub Cadet 1720 lawn tractor, hydro, 42 in. cut; RTM motorized wagon with dumping box (transformed dyna bale); Kverneland round bale clam; gravel bucket; 12.5 hp vertical air compressor; set of Inter weights; set double wheels, 18.4X38 T-Rail; Airablo pressure cleaner; Valac vertical wood splitter; Fransgard 4000 lb wood winch; rectangular calf cages (Méga hutte) and many other items too long to list.

Also sold for Serge Boutin, Coaticook (819-212-4890): 2007 John Deere 7930 tractor, 4X4, 50 km/hr, 1400 hours, i.v.t. front suspension, deluxe cab, 3 oil outlets, front reverse PTO, 3 function joystick, power Boost, 7.00R/42 tires, with extended warranty; 1977 Renault model 6514 tractor, 4X4, cab, 8 speed; RPM Tech industrial snow plough, 91 in. with telescopic chute, rotating drum; 12 ft snow plough with 11 ft side wing.
Terms: cash, cheque or bank loan
Canteen on the premises
Photos on our website
Catalogue of complete herd available on the website around August 12 or at the sale.
For information, contact the owners: Philippe 819-578-2537, Nicolas 819-578-7263, Farm 819-849-3260, or the auctioneer.
LES ENCHÈRES RENÉ HOUE INC.
7655 St-Francois, Sherbrooke J1C 0V4
Tel: 819-846-6267 Cell: 819-820-4013
Cell: 418-226-8371 Fax: 819-846-4918
Website: www.encanshoude.com



MUNICIPALITÉ DE MELBOURNE

MUNICIPALITÉ DU CANTON DE MELBOURNE
1257, RTE 243
MELBOURNE, QC J0B 2B0
TÉL 819 826 3555

CALL FOR TENDERS

NOTICE is hereby given by the undersigned assistant director general/secretary-treasurer that the Municipality of the Township of Melbourn invites tenders for the 2010-2011, 2011-2012, and 2012-2013 (3 years) maintenance of two sectors of winter roads.

Copies of the specifications and the tender form may be obtained starting Friday, August 13, 2010, during regular business hours at the office of the director general/secretary treasurer situated at 1257, Route 243, Melbourn. A non-refundable deposit of seventy-five dollars (75\$) payable in the form of a certified cheque made out to the Municipalité du Canton de Melbourn, or cash is required to obtain the documents. Tenders must be sealed and bear the name "Chemins d'hiver" and be presented on forms provided by the municipal corporation.

Tenders will be received at the office of the director general until 3:00 pm, September 3, 2010, and will be opened in public after 7:00 pm September 7, 2010.

The municipality does not commit itself to accept the lowest bid nor any of the bids received.

Given in Melbourn
This 9th day of August 2010

Cindy Jones
Assistant director general/secretary-treasurer
Municipalité du Canton de Melbourn



I'm a gold medalist.

I'm an environmentalist.

I'm an undergraduate.

I'm deaf.

But I'm definitely not dumb.

THE CANADIAN HEARING SOCIETY
We'd like to hear from you.

Friday, Aug. 13, 2010

On an unlucky day, was South unlucky?

North 08-13-10			
♠ K 10 8 5 2			
♥ 6 3			
♦ A Q 2			
♣ Q 9 4			
West		East	
♠ Q 7 6		♠ —	
♥ Q J 10 5 4		♥ 9 8 7 2	
♦ 10 7 4		♦ K J 9 8 6	
♣ 8 3		♣ 10 6 5 2	
South			
♠ A J 9 4 3			
♥ A K			
♦ 5 3			
♣ A K J 7			
Dealer: South Vulnerable: Both			
South	West	North	East
1 ♠	Pass	3 ♠	Pass
6 ♠	Pass	Pass	Pass
Opening lead: ♥ Q			

By Phillip Alder

Today is the only Friday the 13th this year. So, as you will be moving more carefully than usual, here is a deal that requires precise play.

You are in six spades. West leads the heart queen to your ace. How would you continue?

Your hand is a tad strong for a one-spade opening, a tad weak for a two-no-trump opening (and has undesirable distribution for that bid), and three tads weak for a two-club opening. This is why some pairs like to use a strong-club system.

The North hand is a tad strong for a game-invitational raise and a tad weak for a game-forcing raise.

If you were scientific, you would have continued with a four-club control-bid (cue-bid). Then, though, when North control-bid four diamonds, East would have thrown in a lead-directing double. And after a diamond opening lead, you would have had to play the trump suit correctly to get home.

You seem to have 12 top tricks: five spades, two hearts, one diamond and four clubs. What could possibly go wrong?

The danger is twofold: the diamond finesse failing and a 3-0 trump split with a misguess by you. However, it is not a guess. In this layout, if you immediately play a spade to dummy's king, you will go down. Instead, start with your spade ace. Here, everything is fine. But if West discards, you can lead a spade to dummy's king, cash your second heart winner, and play on clubs. If East never ruffs, throw him in with his spade queen, forcing him to lead a diamond into dummy's ace-queen or to concede a ruff-and-sluff.

Friday, Aug. 13, 2010

If you've laid a few foundations for advancing your financial possibilities and have stuck with them, the year ahead will reward you with added income. One endeavor in particular may now develop into being something large and impressive.

LEO (July 23-Aug. 22) - Once you establish a definite objective, you won't have any trouble coming up with a profusion of ideas as to how to achieve it. Your mental faculties will be sharper than usual.

VIRGO (Aug. 23-Sept. 22) - Not only are you likely to have the ability to generate larger or extra earnings, you'll have the wisdom to handle these funds wisely. Do your stuff and grow as much as you can.

LIBRA (Sept. 23-Oct. 23) - Don't negate your own success by delegating to others assignments you're far more capable of handling yourself. There are certain things that should not be left up to others.

SCORPIO (Oct. 24-Nov. 22) - If your ears are tingling, it is likely because of all the nice things others are saying about you. When people with whom you're closely involved tell you about it, act surprised.

SAGITTARIUS (Nov. 23-Dec. 21) - Just because certain associates feel your present desires are a bit outlandish, don't lower your expectations or discard your dreams. What they are capable of is far different from what you can do.

CAPRICORN (Dec. 22-Jan. 19) - Take enjoyment in all that you do and you will find that everything will go more smoothly for you, even those tasks that are of a serious nature. It's good advice to whistle while you work.

AQUARIUS (Jan. 20-Feb. 19) - You have a natural knack for understanding the complicated ideas of others and determining their worth. Put to work the suggestions you find worthy.

PISCES (Feb. 20-March 20) - Dame Fortune is likely to put you in the right spot to benefit from something you had no hand in originating, but whether or not you'll take advantage of it will be up to how well you read the situation.

ARIES (March 21-April 19) - Your cooperative spirit is the secret to your success, and by taking the trouble to set a good example, everyone you encounter will respond in kind and even try to outdo you.

TAURUS (April 20-May 20) - Take some time to express your creative and artistic urges, and all that you do will not only please you, but also impress everyone else who witnesses your work.

GEMINI (May 21-June 20) - Enjoy what each of your friends has to offer, untainted by financial strings. If you want to simply have a pleasant experience with some of your pals, stay away from anything commercial.

CANCER (June 21-July 22) - Once you overcome your fears and beard the lion in his den, several matters that have been difficult to finalize will work out quite smoothly. It's amazing what a little faith will do.

Your Birthday

Saturday, Aug. 14, 2010

Something to which you've devoted considerable time and effort is likely to begin to yield some rewards in the year ahead. It'll be just the beginning of what's to come as long as you continue to stay on top of it.

LEO (July 23-Aug. 22) - The best way to make certain a joint endeavor will be successful is to make sure the workload is equally distributed. Once done, each contributor must focus solely on doing his/her part.

VIRGO (Aug. 23-Sept. 22) - Your mental faculties are extra sharp right now, so you shouldn't have any trouble handling whatever assignments are thrown at you. Concentrate on using your logic and keen imagination.

LIBRA (Sept. 23-Oct. 23) - Pals know you understand how to gather the right people together to have a good time. Whether you want to or not, you've been chosen to arrange the social activities.

SCORPIO (Oct. 24-Nov. 22) - Even if you have to put aside your social plans for the moment, finalize the serious matter that's hanging fire so that it doesn't become critical and cause all kinds of problems.

SAGITTARIUS (Nov. 23-Dec. 21) - Make an effort to get in touch with the friend who has been on your mind lately. Something could be up with the person of your thoughts, and they could use some help.

CAPRICORN (Dec. 22-Jan. 19) - Pay heed to your instincts, especially if you are engaged in something important, such as negotiating a delicate matter. Primal insight can give you a definite edge.

AQUARIUS (Jan. 20-Feb. 19) - A personal interest can be advanced, but only if you are able to operate independently, free from all outside interference. You need plenty of time and space in order to do your own thing.

PISCES (Feb. 20-March 20) - Something in which you're interested has a greater array of ancillary benefits than you ever thought possible. You might begin to see things in a new light that'll help you see them.

ARIES (March 21-April 19) - The impression you make encourages others to look at you in a new light and appreciate some of your wonderful qualities that previously went unnoticed.

TAURUS (April 20-May 20) - You'll get a lot further if you find a way to pursue your objectives as unobtrusively as possible. When you screen your work and intentions from others, you're free to be more effective.

GEMINI (May 21-June 20) - The probabilities for success would be enhanced if you test your ideas out as rapidly as you conceive them. The fact is, sitting on them is likely to dilute your belief and interests in them.

CANCER (June 21-July 22) - Logic, not forcefulness, is what can make your achievements come easier for you. When trying to make something happen, use your head, not your muscles or your mouth.

Sunday, Aug. 15, 2010

If you haven't learned anything else, you've figured out that it's smart to build upon a firm foundation. This will serve you well when you want to start a new endeavor in the year ahead. You'll make sure your footing is solid before you take a step.

LEO (July 23-Aug. 22) - To your surprise, you'll have a reservoir of strengths upon which to draw that could help you successfully perform a tedious task or participate in a tough competition. Give it your best.

VIRGO (Aug. 23-Sept. 22) - When dealing with someone new on a personal level, let your manner put this person at ease. Once s/he senses your sincerity, this individual will feel impelled to treat you similarly.

LIBRA (Sept. 23-Oct. 23) - Stabilizing influences will prevail, with recent disruptions dissipating and falling by the wayside. This could be especially prevalent in regards to your financial affairs.

SCORPIO (Oct. 24-Nov. 22) - If an important matter comes up that needs your personal attention, disengage yourself from your social involvements with others. They'll understand and even give you their blessings.

SAGITTARIUS (Nov. 23-Dec. 21) - Performing at your best might require a great deal of solitude. Don't hesitate to walk alone when it serves your purpose to do so.

CAPRICORN (Dec. 22-Jan. 19) - You might not feel as comfortable in social involvements with new acquaintances as you do engaging in activities with familiar old friends. Don't be rude, but stick to tried and true pals.

AQUARIUS (Jan. 20-Feb. 19) - Someone with whom you usually are at odds might find much to admire in you at last. This could be the benchmark for establishing a new relationship.

PISCES (Feb. 20-March 20) - Try to comprehend the big picture instead of just reviewing a few brushstrokes. You could get yourself so overwhelmed by the details that you fail to see what is right in front of you.

ARIES (March 21-April 19) - Should someone be trying to interest you in something that might require financial involvement, get him/her to lay out the entire plan. Unless you get all the details it should be a no-go.

TAURUS (April 20-May 20) - If it's not important who leads, and your mate opts for that role, relegate yourself to being supportive. It's likely to produce many benefits that you never thought existed.

GEMINI (May 21-June 20) - Do yourself a favor by pushing yourself out of the easy chair, getting away from the television set, and engaging in something physically active. Participating in a stimulating activity outdoors would be perfect.

CANCER (June 21-July 22) - Being with friends whose exuberance is infectious is a good prescription for having a fun and healthy day. Make every effort possible to avoid being around dullards and dunderheads.

MS lives here.

Multiple sclerosis never hits just one person. It affects the entire family.

MS Multiple Sclerosis Society of Canada

1-800-268-7582 www.mssociety.ca

POLE POSITION



RAM EVENT



2010 RAM 1500 SXT 4X4

STARTING AT

\$24,995[†]

INCLUDES \$8,250^o CONSUMER CASH DISCOUNT

PLUS \$1,400 FREIGHT CHARGES

PLUS \$100 TAXES ON AIR CONDITIONING (WHEN APPLICABLE)

ALL-INCLUSIVE PRICE

\$26,495[†]

TAXES AND TIRE LEVY ARE EXCLUDED.

PLUS GET

0%^{APR¹}

PURCHASE FINANCING FOR 36 MONTHS

OR CHOOSE

\$81^{WEEKLY}

TAXES AND TIRE LEVY ARE EXCLUDED.
@ VARIABLE PRIME RATE OF
2,75%^{FOR 84 MONTHS}



★★★★★
NHTSA 5 STAR CRASH SAFETY RATING FOR FRONT AND SIDE IMPACT.

2010 RAM HEAVY DUTY

2010 MOTOR TREND TRUCK OF THE YEAR

PLUS GET

0%^{APR}

PURCHASE FINANCING FOR 36 MONTHS

OR CHOOSE A VARIABLE PRIME RATE OF

2,75%^{UP TO 84 MONTHS}



OFFICIAL TRUCK OF THE NAPA PIÈCES D'AUTO 200 PRESENTED BY DODGE

JUST LIKE ANDREW AND MARYEVE, YOU TOO COULD DRIVE A DODGE!
WIN A DODGE 2010 CHALLENGER SRT8*

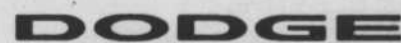
4.25 HP HEMI® V8 ENGINE, FIVE-SPEED AUTOMATIC TRANSMISSION WITH AUTOSTICK™, 20-INCH FORGED ALUMINUM WHEELS AND MUCH MORE. SUGGESTED RETAIL PRICE: \$57,673***

TO ENTER, VISIT **RDS.ca**

ANDREW RANGER, DODGE DRIVER #27 - MARYEVE DUFAULT, DODGE DRIVER #10



WHY CANADA DRIVES RAM.



Visit your neighbourhood Chrysler | Jeep. | Dodge | RAM Retailer

www.ramtruck.ca

www.dodge.ca/offers

When customers read the fine print. *†, ‡, §, ¶ The "Ram Pole Position event" offers apply to retail deliveries of selected new and unused models purchased between August 4 and August 31, 2010 from participating retailers. Price includes freight (\$1,400) and taxes on air conditioning (when applicable). No fees will be added to the all-inclusive prices of the advertised models. Price excludes license, insurance, duties on new tires (\$15) and applicable taxes, and will be required on purchase. Retailer order/trade may be necessary. Retailer may sell for less. Offers are subject to change without notice. See participating retailer for complete details and conditions. † Purchase Price applies to 2010 Ram 1500 SXT 4X4 (D56L41 + 24A + AGR + XPH): \$26,495. Purchase Price includes, when applicable, Consumer Cash Discount and Bonus Cash Offer. ‡ Consumer Cash Discounts (2010 Ram 1500 SXT 4X4: \$8,250; 2010 Ram HD with gasoline engine: \$6,000; 2010 Ram HD with diesel engine: \$4,500) are offered on most new 2010 vehicles and are deducted from the negotiated price before taxes. † 0% purchase financing for 36 months available to qualified customers on approved credit through Royal Bank of Canada, Scotiabank, TD Canada Trust and GMAC on most 2010 Chrysler, Jeep, Dodge and Ram models, except Challenger, Caliber Canada Value Package and SE Plus, Grand Caravan Cargo Van and Ram Chassis Cab. Examples: 2010 Ram 1500 SXT 4X4 (D56L41 + 24A + AGR + XPH)/2010 Ram 2500 Regular Cab 4X2 (D1ZL62 + 26A) with a Purchase Price of \$26,495/\$29,495, financed at 0% for 36 months equals 156 weekly payments of \$169.84/\$189.07, a cost of borrowing of \$0 and a total obligation of \$26,495/\$29,495. ** 2.75% Variable Prime Rate for 84 months is offered on most new 2010 vehicles available to qualified customers on approved credit through TD Canada Trust on most 2010 Chrysler, Jeep, Dodge and Ram models, except Caliber Canada Value Package and SE Plus, Grand Caravan Cargo Van and Ram Chassis Cab. Examples: 2010 Ram 1500 SXT 4X4 (D56L41 + 24A + AGR + XPH)/2010 Ram 2500 Regular Cab 4X2 (D1ZL62 + 26A) with a Purchase Price of \$26,495/\$29,495, financed at a 2.75% Variable Prime Rate for 84 months equals 364 weekly payments of \$80.04/\$89.10, credit fees of \$2,639/\$2,938 and a total obligation of \$29,134/\$32,433. Variable Prime Rate up to 84 months is offered on most new 2010 vehicles on approved credit to qualified retail customers through TD Canada Trust. Variable rate is TD Prime Rate and fluctuates accordingly. Payments and financing term may increase or decrease with rate fluctuations. Offer not valid for residents of New Brunswick, Newfoundland and Labrador, Yukon, Nunavut and NWT. ** 2010 Ram 1500 Crew Cab SLT (D51H98 + 26G) shown. Price including applicable Consumer Cash Discount (\$7,250) and Bonus Cash Discount for Hemi engine (\$1,001): \$29,589. 2010 Ram 3500 Crew Cab 4x4 (D28P92 + 2E4) shown. Price including applicable Consumer Cash Discount (\$4,500): \$59,795. *** The grand prize is a black 2010 Dodge Challenger SRT8 (LCOX22 + 22X + RER + AY2) with an approximate retail value of \$57,673. The contest runs from 5 p.m., Eastern Daylight-Saving Time (EDT), July 26, 2010, to 11:59 a.m., EDT, August 30, 2010. The contest is only open to Canadian residents 18 years or older with a valid driver's license. Enter at rds.ca and get full contest details. *** The grand prize value of \$57,673 is based on the suggested retail price of a Dodge Challenger SRT8 (LCOX22 + 22X + RER + AY2) including transportation (\$1,400) and all taxes but excluding new tire duties. * Based on U.S. National Highway Traffic Safety Administration (NHTSA) scoring system for 2010 Ram 1500. The Best Buy Seal is a registered trademark of Consumers Digest Communications LLC, used under license. ® SIRIUS and the dog logo are registered trademarks of SIRIUS Satellite Radio Inc. ® Jeep is a registered trademark of Chrysler Group LLC, used under license. Chrysler • Jeep • Dodge • RAM Dealer Advertising Association

