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Knowlton film fest scores big

By Stacey Vilandré

The Theatre Lac Brome's first film festival turned out to be a great success.

"We are more than pleased with public response to our first edition," said festival organizer and former Montreal Gazette film critic John Griffin following the closing of the festival.

According to Griffin, the opening night gala and screenings sold out completely, much to the delight of fellow organizing committee members Nicolas Pynes, the general manager of the Theatre Lac Brome, and Michèle Bazin. Although not all films ended up drawing in as many spectators, a good flow of moviegoers made their way to the events throughout the festival.

"We deliberately kept our expectations modest, and they were exceeded on every level," Griffin confided, adding that the festival, "attracted an audience as eclectic as the 12 features in the lineup."

Since the feedback from the public and the sponsors were so positive and gratifying, the Theatre Lac Brome has decided to have a second film festival from August 22 to 25 of next year. Griffin said he and all that were involved with the festival thank everyone for their support in making the first edition such a success.

Barbra Plouffe returns to Parkview Elementary



LOUISE SMITH

Roxane Bilodeau, the secretary of Parkview Elementary School in Granby, is one of the staff members that former student Barbra Plouffe will be relying on as she begins the year as the school's new principal.

By Louise Smith

As a student, Barbra Plouffe walked down the halls of Parkview Elementary School in Granby and was always proud to wear the maroon colours of the school. It was in those halls that she gained a love of learning with the help and support of her teachers and the staff and it was there that her desire to pursue a career in education first began. She returned to

Parkview later as a student teacher and then as a teacher and has also taught at Heroes' Memorial and most recently at Knowlton Academy where she was also the staff assistant. While teaching, she went to Bishop's University to obtain her Master's in Educational Leadership.

This year, Barbra is starting the new school year as Parkview's principal.

This is the first time that the experienced teacher has applied for an admin-

istrative post and she is delighted to have been selected for the position. She is happy to start this part of her career and she believes in a co-operative and collaborative approach to management and to learning. She wants to spend a lot of this first year observing and making subtle changes in the school, always with the goal of making learning a positive experience in a safe environment.

CONT'D ON PAGE 3

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Brome County Community Bulletin Board

August 29

Sutton Legion Bingo every Wednesday at the Sutton Legion 2 Curley St. Sutton. Jackpot of \$200 or more. Start at 6:30 p.m. Bring your friends and lucky charms. Info: 450 538-2864

September 1

The Mental Health & Well-Being Support Group. Please phone Linda: 450-243-0928 or pleasantvalley001@gmail.com for the location of the meeting. Join us for an opportunity to share experiences in a safe environment and receive support, information, encouragement & acceptance. Having support makes all the difference!

September 2

All you can eat brunch will be hosted at the Sutton Legion. Eggs your way (omelettes are our specialty) Donation of \$10. For adults, children 6 to 12 yrs \$4, little ones are always free. 9:30 a.m. to 12:30 p.m., everyone welcome. 2 Curly St Sutton Qc. Information: 450 538-2210.

September 5

Legion 99 Cowansville 120, Blvd. Davignon. Cribbage season begins. Wednesday, September 5. Registration at 6:30 p.m. (450) 263-3543 Everyone welcome!

September 5

Wednesday September 5 "Avante's Open House" Stop by the Centre any time between 1 and 8 p.m. to renew your membership, pick up your newsletter, meet the staff and have a cuppa. Avante Women's centre, 15 rue du Pont, Bedford, 450-248-0530 avante-gayl@bellnet.ca

September 8

2nd annual "Fall into Autumn" Country Music Appreciation Jam at the Burroughs's Falls Reception Hall, Ayer's Cliff on Saturday, September 8 starting at 1 p.m. Hours of continuous fun, live country music, door prizes, corn roast and cold buffet, all for just \$15. Our mission is to support LIVE country music and to encourage professional musicians to keep their music alive! Along with the new house band Bobbi Dee and The Honky Tonk Rebels will be the featured band (all the way from Montreal) Lost Highway, plus other favorite local

musicians may stop by to Jam. This is one Fall Event you really won't want to miss! To reserve a spot, call Burroughs's Falls Hall at 819-838-4912.

September 8

Creek Annual Ham Supper Saturday September 8 from 4:30 - 6:30 p.m. Donation 2/\$ 25, Single \$ 13, Children 10 & Under \$ 3. Contact: May Banks 450 243 0280, Steve Lace 450 242 1816

September 8

Saturday September 8 "The Honeysuckle Sisters" 7 p.m. Live in Concert at the Baker Barn, 85 Ross Road, Stanbridge East, Tickets \$20 in advance, \$25 at the door. Fundraiser for Avante Women's Centre, 450-248-0530.

September 14

Legion 99 Cowansville 120, Blvd. Davignon. Hamburgers and Hotdogs. Fridays, beginning September 14, from 6 to 7 p.m. (450) 263-3543 Everyone welcome!

September 15

Legion 99 Cowansville 120, Blvd. Davignon. Fred Aston Car Rally. September 15, at 10 a.m. \$20 per person. (450) 263-3543 Everyone welcome!

CHURCH BULLETINS

ALL SAINTS ANGLICAN CHURCH - DUNHAM

Sunday services at 10 a.m. - all welcome! The Reverend Sinpoh Han. Information: 450-295-2045.

ANGLICAN PARISH OF BROME

Services are at 9 a.m. First Sunday of the month - Holy Trinity, Iron Hill, second Sunday of the month - St. John the Evangelist, Brome, third Sunday of the month - Church of the Ascension, West Brome, fourth Sunday of the month - St. Aidan, Sutton Junction. Canon Tim Smart, rector. Information: 450-538-8108

BEDFORD PASTORAL CHARGE OF THE UNITED CHURCH OF CANADA

You are warmly welcomed to join us each Sunday for an uplifting spiritual experience. We welcome you and your ideas as we provide a safe place where individually we seek out a greater purpose for our lives. Every Sunday at 10 a.m. join our community in either

Bedford, Stanbridge East or Mystic. Services in Bedford and Stanbridge East are followed by coffee and snacks. The address for each church can be found on our website bedfordpastoral.org For more information please contact Wendy Near at the church office on Thursday and Friday from 9 - 11 a.m. by phone 450-248-3044 or call 450-248-2739, or by email at Bedford.pastoral@yahoo.ca

CALVARY UNITED CHURCH SUTTON

A warm welcome awaits you at our Sunday worship service in Sutton at Grace Anglican Church at 9 a.m. followed by a coffee hour at 10 a.m. in the church hall. Information: 450-538-0530.

COWANSVILLE COMMUNITY BAPTIST CHURCH

Cowansville Community Baptist Church meets Sundays at 10 a.m., 137 rue John, Cowansville. Everyone is welcome.

CREEK/WATERLOO PASTORAL CHARGE

Brome Fair Sunday, September 2 - worship and music. Creek United, 278 Brill Rd., West Bolton, service and Sunday school at 9 a.m.; St. Paul's United, 4929 Foster, Waterloo, service at 10:30 a.m. Reverend Dave Lambie, minister. For information or to leave a message call: 450-539-2129

EMMANUEL UNITED CHURCH

Come together for a thoughtful and spiritual experience and give yourself a good start to the week. Sunday worship is at 205 rue Principale, Cowansville, at 10:30 a.m. Please note that there will not be a worship service on Sunday, September 2nd. We serve the United Church communities of Brigham, East Farnham, Farnham and Cowansville... but really anyone can find a home here. Give it a try and sample a Sunday. Wheelchair accessible. Church Office: 450-263-0204 web site: emmanuelcowansville.ca

ÉGLISE CATHOLIQUE ST. ÉDOUARD CATHOLIC CHURCH

366 Knowlton Road, Knowlton. You are invited to participate in a bilingual Mass Sundays at 10:30 a.m.

GRACE ANGLICAN CHURCH

52 Principale sud, Sutton, welcomes

everyone for Sunday services at 10:30 a.m. All welcome. Canon Tim Smart, rector. Information: 450-538-8108 or visit our website at www.gracechurch-sutton.org.

GRANBY UNITED CHURCH

Where God Unites all Children. Be a part of the family. 101 rue Principale, Granby. Please call 450-372-1417 for information and to confirm time of our services guc-eug@bellnet.ca.

KNOWLTON-MOUNTAIN VALLEY PASTORAL CHARGE

Serving the regions of Knowlton, Bolton Centre, Mansonville and Vale Perkin. Worship service at 11 a.m. at Knowlton United Church, 234 Knowlton Road (450-243-6078). A warm welcome is extended to all. Handicapped access available. Should you require the services of the minister, please contact the Rev. Steve Lawson at 450-242-1993.

LIVING HOPE CENTER

Living Hope Center, a full Gospel church, meets on Sundays at 9:30 a.m. at 127 Principal behind the Princess Theatre in Cowansville. For more information call pastor Tony Farrugia at 450-295-3573. Come and worship the Lord Jesus Christ with us.

ST. GEORGE'S ANGLICAN CHURCH

130 Principale, Granby, welcomes everyone for Sunday service at 11 a.m. All welcome. Bienvenue a tous. Reverend Richard Gauthier, rector. Information: 450-372-2197.

ST. PAUL'S ANGLICAN CHURCH

24 St. Paul's Road, Knowlton. St. Paul's - a dynamic, diverse community pursuing and serving Jesus in the Eastern Townships 8 a.m. and 10 a.m. Sunday services (traditional, contemporary and modern music and format) Please check out our new website: www.stpaulsknowlton.ca. Everyone welcome! Telephone: 450-242-2885.

TRINITY ANGLICAN CHURCH

409 South Street, Cowansville. All Sunday services are at 10:30 a.m. Come and join us as we endeavor to learn and practice God's loving will. We'd love to welcome you. Reverend George Campbell. Information: 450-955-3325 (leave message).



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Brome Bird Care has something to chirp about

Bird feeders chosen #1 by Popular Science magazine

BCN Staff

Brome Lake has a new feathered friend making waves around the globe.

Brome Bird Care, a 20-year-old Knowlton business, developed by Paul Cote, and managed by Denis Malaket, has been awarded top honours by Popular Science magazine for providing fulsome feed for feathered friends while keeping greedy squirrels at bay. It's not the first time the company has earned laurels for its innovative bird feeder. With three previous, "Best New Product" awards under its belt, the first place Popular Science award is further validation the company is onto something.

To date, four million of the specially-designed bird feeders, known as the Brome Squirrel Buster, have been sold on Amazon.com and big box stores like Wal-Mart and Lowes for \$99 and come with a lifetime guarantee, free parts and service.

So how did a second-generation shoemaker make the leap to creating the ultimate bird feeder?

Cote said government changes to import regulations for shoemakers forced him to contemplate a new career path. Trained in Germany in footwear engineering, Cote noted, "I didn't leaving shoemaking, the shoe business left me."

"I always enjoyed feeding birds, but the experience was ruined by squirrels getting into the feeders," Cote noted, which prompted him to begin thinking of the science behind birdfeeders. Before long, the shoemaker was exploring ways to keep unwanted guests away from the buffet table.

The Brome bird feeder is based on the concept that squirrels are heavier than birds, so the feeder was designed with a safeguard. Anything weighing more than six ounces will trigger an adjustable, spring-controlled plastic sleeve which covers and protects the feed holes for the rightful diners. Bird lovers who buy the feeder have been rewarded with visits from a wide range of species including songbirds, rose-breasted grosbeak, indigo bunting, goldfinches, chickadees,

purple finches and northern cardinal. The feeder has a, "cardinal ring" designed to accommodate short-necked cardinals who like to face their food supply and still allows nuthatches to access their food upside down.

That trigger has generated sales of \$14-million for the company that now employs 12 in Knowlton and distributes from warehouses in Cowansville, North Carolina and the UK.

The Brome Squirrel Buster can be found in 1700 Lowes stores and 500 Wal-Marts, a marketing decision that did not come easily to Cote and Malaket. "They came to us based on the thousands of positive reviews our feeders got on Amazon.com and at first we said no because they have a reputation for killing small business. Eventually we agreed, but we set our terms," Cote said.

"We are determined to keep this company here in Knowlton," he added. We are connected to the community and we want to remain here."

Cote and Malaket say their business model of investing heavily in R&D to produce an excellent product followed up by a guarantee of customer satisfaction has demonstrated to them that they can be successful in developing other products.

Cote said the Brome Bird Care began with the premise the future of the planet is at stake and we have to stop making disposable products. We need to create things to last a lifetime and that's why our bird feeders come with a lifetime guarantee. "Our phone number is stamped on our product so if our customers need a replacement part, we will send it free of charge."

The two are now expanding their growth into the lawn and garden sector with a new product for vertical gardening. Using a pole system that will eliminate the need for kneeling and weeding, the poles will require no tools to assemble, and will be used for fencing, bird feeders or space-saving vertical planting.

Malaket says aside from the business success the small company is enjoying, it is gratifying to be able to offer customers a product that enhances their quality



of life by allowing them to reconnect with nature whether it is bird-watching or gardening.

Barbra Plouffe

CONT'D FROM PAGE 1

Drawing on her experiences to date, which include teaching in both English and French from Kindergarten to the Secondary One (grade seven) level, the new principal said that she feels home and school partnerships are key to making educational experiences successful. Barbra wants to always encourage and foster self-reflection and perseverance to enable everyone in the educational milieu of Parkview to make the best choices for the future. In the office she will have Roxane Bilodeau as a full time secretary and Maryse Menard as a part-time office assistant. Luca Marcone will be her staff assistant.

Parkview Elementary School is the largest elementary school in the western side of the Eastern Townships School Board. There are over 340 students this year, including four Kindergarten classes and 35 participants in the Passe Partout program. School opens on Wednesday and the school's first outing will be a trip to the big Brome Fair the first Friday of school. It is a great way to start the year. Parkview Elementary School is growing in population annually. This is a positive reflection on the perception of the level of success of the school in the local community.

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Knowlton Literary Festival coming up October 11 to 14

BCN Staff

The 9th annual Knowlton Literary Festival will take place this year from October 11 to 14, with a line-up of workshops and activities meant to pique the interests of the community. As in past years, the 2018 event will include events led by a wealth of authors both local and from out of town, aimed at appealing to young and old alike.

On the lineup this year are names like Mark Abley, Anne Fortier, Giles Blunt, Wayne Johnson, and Helen Antoniou along with familiar local faces.

“Our attendance is high, with a lot of repeat visitors and new folks coming each year,” said festival Vice-Chair Judith Duncanson, pointing out that the Knowlton community center is normally packed for all the various activities. The opening night meet and greet with the authors, she said, is often particularly popular.

Following the opening night, workshops and activities on various literary themes will take place on a daily basis

The events of the Knowlton Literary Festival will mostly be held at the community center, although some may be at Le Relais/Auberge Knowlton and one at Knowlton Academy. All of the presentations will be made in English. For more information, including the full schedule of events and information about tickets, or to look into volunteering please visit: www.knowltonliteraryfestival.ca or contact 450-242-2242

The Knowlton Literary Association is a non-profit organization that relies on donations from the public and sponsorships in order to provide the best events possible. The association is always looking to welcome volunteers as well as donations.

Pet of the Week — Luis



Hi! I am a sweet gentleman, about 8 years old and am good with cats, dogs and children! My fur is short - black, tan and white. I am clean in the house, love the car and am very polite on the leash. I am Affectionate and loving - people are great and I love being with them - so much so that when I get left behind I often 'howl' - kind of typical of my kind of dog! I was the 'perfect dog' but my master had to return to work, I was left alone too much and my way of expressing myself was not appreciated by everyone! That's why I am here. Please come and visit us here at the SPCA Montérégie, 178, ch. du Vide, Ste-Angèle-de-Monnoir (exit 37 on autoroute 10). Lots and lots of us dogs and cats, big and small, old and young, all colours and personalities. Adoption hours are 2 - 4 pm on Thursdays & Saturdays.

P.S. There are also many 'small dogs' here at the moment!

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Brome County NEWS



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BCN RATES & DEADLINES COMMUNITY CALENDAR

Brome County News Community Calendar is reserved for non-profit organizations only. **Deadline is noon on Fridays.** Must be pre-paid. Up to 40 words: \$8, 41-70 words: \$12, 71-100 words: \$15, all prices include taxes. **Special rates:** \$2 off for 2 insertions, 1 BCN and 1 in the Friday Record "What's On" section. Please forward notices to 5-b Victoria St., Knowlton, QC JOE 1V0, email: bcnnews@qc.aibn.com, or fax: (450) 243-5155. Visa and Mastercard accepted.

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Words of hope

Award winning banjo player Tyler Comeau to play at Brome Fair

By Louise Smith

Tyler Comeau of Cowansville may still be in high school, but that isn't stopping him from making quite a name for himself with his music. This summer, at the 83rd annual Galax Old Fiddlers' Convention in Galax, Virginia, Tyler came in first place for solo youth banjo playing and also in first place for youth band.

Entering the solo category of youth banjo player, Tyler faced stiff competition from a multitude of players from all over the United States, Canada, the British Isles, and even Japan. It was a great experience and it was made even greater when Tyler came in first place, being named Youth Banjo Player of the Year.

On the same day, Tyler had to perform in his youth band, a group whose members had met at previous festivals and kept in touch, practicing together using the internet. It was a demanding, high-energy contest and the band only had a little time to practice in person at the festival before performing on stage. Joining Tyler were Kyser George from North Carolina on the big bass, Presley Barker, also from North Carolina, on rhythm guitar, and Carson Peters from Tennessee on fiddle. The boys all had to be 15 years old or younger in order to compete. They performed two songs and had to wait until the evening to get the judges' results. First place!

What made the competition results for Tyler extra special was that it was his first time entering a competition. Those titles are impressive enough on their own, but the young musician's skills stand out even more when you find out that he has been playing the banjo for only about a year.

A gifted musician who plays by ear, Tyler learned to play on his own with help from his great uncle, Larry Comeau, and a little extra advice from his grandfather, Ronnie Comeau, both of



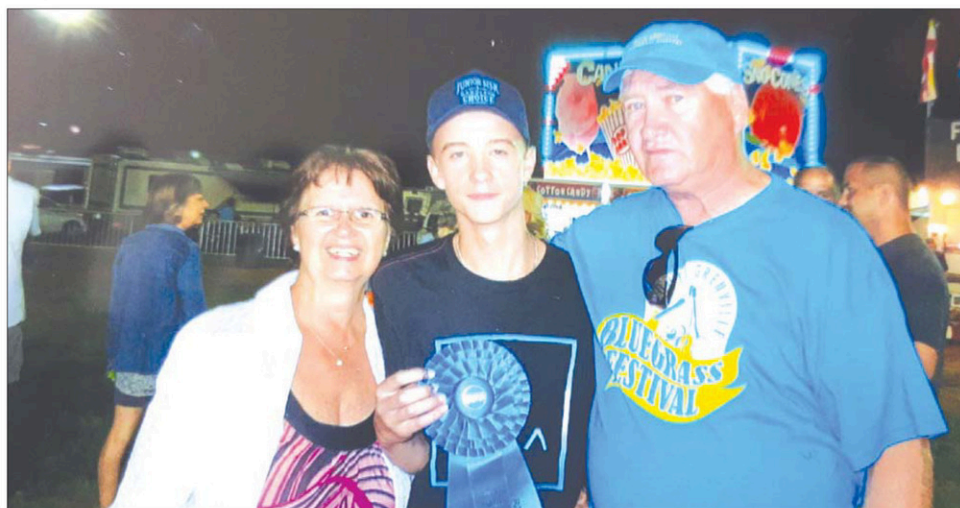
MARJORIE COMEAU

Tyler's youth band included (from left to right), Kyser George, on bass, from North Carolina, Presley Barker, on rhythm guitar, from North Carolina, Carson Peters, on fiddle, from Tennessee, and Tyler Comeau himself, on banjo, from Cowansville.

whom used to be in a blue grass band called, "The Southeast Mountain Boys". In 2017 Tyler performed with the band. Tyler not only plays the banjo, but the guitar and the mandolin.

Now Tyler has his own band, "Tyler Comeau and Highway 10." They got together this past spring. The other band members are Jean-Marc Lajoie, Ronnie Comeau, Joey Digman, and Peter Goulet. They have played at a festival in the 1000 Islands in Ontario and other venues. They will be performing at Brome Fair on Saturday morning on the small stage at 10 a.m.

As for the world of competition, Tyler says he wants to return next year to compete in the adult division. It will be a challenge, but one that he wants to pursue in the years to come.



MARJORIE COMEAU

Proud grandparents, Marjorie and Ronnie Comeau, stand beside Tyler on his winning day at the Galax Music Festival

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Avante women's centre gearing up for a wide array of fall programming and activities

Submitted by
The Avante Women's Centre

It's been a quiet summer here at the centre, but we are gearing up for the fall season and we've got lots of great activities coming that we hope you'll join us for.

We always start the regular fall programming after our Open House, which this year falls on Wednesday, September 5th. Drop in any time between 1 and 8pm for a chat and a "cuppa" as we'll be watching for you. Renew your membership and pick up our fall schedule, hot of the presses. Our annual membership fee is \$5, which puts you on our list for mailings, regular updates and reminders, and personal invitations to special events. We are reinstating our "Bring a Friend" contest this year, so if a member brings along a friend who becomes a new member, both names are put into a drawing held at our AGM in June to win a terrific prize. This would be a perfect opportunity to show us off.

We are continuing with the regular activities, like Coffee Breaks, DIY workshops, weekly Open Til 8, sewing classes,

Soup Café and Health Matters, but we also have some new, exciting programs to tell you about.

Our first special event is an Avante fundraiser on Saturday September 8th. "Theatre In The Barn" will present the Honeysuckle Sisters performing at 7pm. A terrific trio of Laura, Sarah and Almut will entertain with tunes from the swing era of the 30's and 40's, in the charming, rustic locale of the Baker Barn. Gracious hosts are Dianne and Johnny Rhicard, 85 Ross Road in Stanbridge East. Tickets are on sale at Avante for \$20, or at the door for \$25. Keep in mind there is limited seating, so you might want to reserve your spot. Refreshments will be available for sale on site.

On Saturday, September 22nd, join us for a Meet & Greet BBQ at Butler School. Christine, our Outreach Worker, invites you and your family for hotdogs and outdoor games at Butler School Playground from 11:30 to 1:00, in an effort to find out what services and workshops she can offer here to meet the needs of our young English speaking community members. Rain or shine! Sponsored by Jamie Bockus/Scentsy, Butler and Avante.

In collaboration with Townshippers' Association and funding from Townshippers' Foundation, Avante will be organizing a bus trip to Townshippers Festival (formerly Townshippers' Day) in Richmond on Saturday, September 29th. Transport to Richmond and back will be a reasonable \$10! Starting at our centre in Bedford at 8:30, there will be pick ups at the Dunham library, Super C in Cowansville and the IGA in Knowlton, so anyone can hop on board. Promising free fun and entertainment for all ages, you can't miss. Call Avante quickly for more information and to reserve your seat on the bus.

Doubt and self-judgement can happen at any age or stage in your life. It can manifest itself in a lack of enthusiasm or interest in doing things. It can feel like anger and bitterness. It can also feel like depression. Telling yourself that you can't because you're too tired, too old... you're not good enough, smart enough and your decisions are ruled by "shoulds" ...By discovering what controls you and what's holding you back, you can change your dialogue so that you stop judging yourself and start liking

yourself. BUILDING SELF CONFIDENCE is a four week program that Barb and Nancy will be giving on Wednesday evenings, starting Nov.14th. This course will address these issues and more. We will explore how to reconnect with your creativity, find your passion, and discover how to live a happier and more peaceful life. It's about self-care, self-love, compassion, speaking your truth and treating yourself with kindness. This will be a closed group. Registration is required, as a minimal number is needed to actually start. Please call us to let us know if you're interested.

Avante Women's Centre was established in 1997, and strives to provide services to English speaking women in Brome Missisquoi. We offer workshops, courses and information sessions in English as well as information on resources and referrals to other social services in our area. Our centre is located at 15 rue du Pont in Bedford, and we can be reached at (450)248-0530 weekdays from 9:30-4pm. We can also be contacted through our website, www.avantewomenscentre.org and Facebook page.

Town of Frelighsburg preparing to celebrate the Art of Living for the first time this weekend

BCN Staff

The first edition of Frelighsburg's Art de Vivre festival will take place on the first two days of September, showcasing local talent in various fields such as agri-food, crafts and culture. The gathering will also highlight the uniqueness and exceptional beauty of the village which is a jewel of the Association des plus beautiful villages de Quebec.

Craftspeople, artisans, and artists will be on hand to welcome visitors to the villages historic Anglican Church, while winemakers, apple growers, market gardeners, and other food producers will set up their kiosks in the heart of the village.

The event features interesting activities taking place simultaneously over

this weekend. These include the holding of the first Frelighsburg Exceptional Wood Festival, the inauguration of an outdoor permanent exhibition of works created by artist Louis Lefebvre from archival photos of Frelighsburg, organized by the Société d'histoire et de patrimoine de Frelighsburg, and the presentation of the Pike River exhibit currently underway at the Missisquoi Museum.

About Vitalité Frelighsburg

The Art de Vivre Committee is attached to Vitalité Frelighsburg, a group of citizens whose mission is to contribute to the vitality of Frelighsburg and its socio-economic development by carrying out projects that meet needs expressed by the community. The group's achievements are possible due to

the voluntary involvement of citizens in work teams that address the issues of the municipality in terms of specific themes such as recreation and community spirit, agriculture and forestry, the

environment and the quality of the living environment, the aging of the population, and sustainable economic development.



The Million Dollar Walk!

Let's raise the first million in time for the 10th edition of La Marche/La Course to be held on May 5, 2019. We invite the communities of Brome-Missisquoi and Haute-Yamaska to get involved by organizing a fundraising event of their choice or by participating in those organized by their neighbours, colleagues, friends or family. There are a million ways to raise a million: garage sales, bingos, baseball tournaments, bowl-onthons, dances, concerts, etc. *Find one that interests you!*

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340 Garage Sales

In Memoriam



Yamaha C-1 Silent grand piano, 2010, with damp chaser. Seldom played. Value: \$32,150. On sale for \$20,000. Please call (450) 405-6688.

PROVINCE OF QUEBEC
 MUNICIPALITY OF BOLTON-OUEST

PUBLIC NOTICE

COMING INTO FORCE

**BY-LAW NUMBER 344-2018
 MODIFYING CONSTRUCTION
 BY-LAW NUMBER 266-2008 TO
 AUTHORIZE CONSTRUCTIONS
 ON PILES OR STILTS**

Public notice is hereby given as follows:

1. At a meeting held on June 4, 2018, the Council of the Municipality of Bolton-Ouest adopted by-law number 344-2018 amending building by-law number 266-2008 to authorize constructions on piles or stilts.
2. The purpose of the by-law is to amend building by-law number 266-2008 in order to allow construction on piles or stilts under certain conditions. It provides for the replacement of the text of article 2.2.1, section 2, Chapter 2 concerning foundations.
3. This by-law came into effect on June 19, 2018, the date of issue of the Brome-Missisquoi MRC certificate of conformity.
4. The by-law is available for consultation at the Town Hall located at 9 Town Hall Road, Bolton-Ouest, between 8:30 am and noon and between 1:00 pm and 4:30 pm from Monday to Thursday, and between 8:30 am and noon on Friday.

GIVEN in Bolton Ouest,
 August 25, 2018.

Jean-François Grandmont, OMA
 Director general and
 Secretary-Treasurer

DUNHAM
 September 1, 9 a.m., a "Grannies Attic" yard sale at 190 Bruce Street, Dunham. Fundraiser for the Dunham Women's Institute.

FULFORD
 Saturday, September 1, 8 a.m. to 3 p.m., 213 Papineau Road, Fulford. Tools, household goods, sporting equipment, used clothing in very good condition, etc.

KNOWLTON
 544 Knowlton Road, corner Victoria. Brocante Closing Sale, September 1-2, from 8 a.m. to 4 p.m., inside and outside. Huge Sale! Tools, housewares, frames, lamps, hardware, etc.

KNOWLTON
 Garage Sale on Saturday, September 1 at 28 Hastings, Knowlton from 8:30 a.m. to 1 p.m. Toys, books, picture frames, furniture, clothes, dishes, etc.

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Beverly BOOTH-ROYER
 Passed June 28, 2014.

*They say there is a reason,
 They say that time will heal,
 But neither time nor reason
 Will change the way we feel.
 For no one knows the heart ache
 That lies behind our smiles,
 No one knows how many times
 We have broken down and cried.
 We want to tell you something
 So there won't be any doubt,
 You're so wonderful to think of
 But so hard to be without.*

From your loving husband
RUSSELL ROYER
 sister **TRUDY, MAXINE, MARILYN**
 and brother **MICHAEL**

15 Minutes of Fun
 Take 15 minutes a day to learn with your family.

Knock-Knock

#4 Tell knock-knock jokes together while doing the dishes.

Learning can happen at any time.
 For more great ways to share 15 Minutes of Fun with your family, visit FamilyLiteracyDay.ca

Family Literacy Day Life Literacy Canada

Brome County NEWS

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QCNA Blanket Classified Ads

For Sale
 QCNA (Quebec Community Newspapers Association) can place your classified ad into 20 weekly papers throughout Quebec - papers just like the one you are reading right now! One phone call does it all! Call us at QCNA 514-697-6330. Visit: www.qcna.org.

For Sale
 SAWMILLS from only \$4,397. - MAKE MONEY & SAVE MONEY with your own bandmill - Cut lumber any dimension. In stock ready to ship. FREE info & DVD: www.NorwoodSawmills.com/4000T. 1-800-567-0404 Ext: 4000T.

Shingles in Quebec – a personal and public plight

(NC) Shingles is caused by varicella zoster virus (VZV), the same virus that causes chickenpox. More than 90 per cent of Canadians over 50 have had chickenpox and are therefore at potential risk for shingles.

An estimated 130,000 Canadians are affected annually, and in Quebec alone, there were more than 27,000 medical visits related to shingles in 2015.

Shingles typically presents as a rash with painful blisters across the chest, abdomen or face. The pain is often described as aching, burning, stabbing or shock-like. Following the rash, a person can also experience post-herpetic neuralgia (PHN), pain that can last for months or years.

Older adults and those with conditions that compromise the immune system are at greater potential risk of developing shingles.

According to a recent report from Quebec's Committee on Immunization, the average cost of shingles for the Quebec health system is approximately \$25 million annually and about 600

hospitalizations and 10 deaths are caused by the disease each year. Additionally, people who have had shingles reported losing, on average, 9.1 days of work due to the condition.

In a recent survey conducted by Léger for GSK to examine Quebec residents' awareness of shingles and its impact, a few statistics emerged:

- Over half of the respondents (52 per cent) had contracted shingles or know someone who did.
- Seventy-eight per cent of those who experienced shingles reported a serious impact on their lifestyles.

- Eighty-five per cent of respondents were aware that vaccines exist to help prevent shingles.

- Sixty per cent of Quebecers recognize the importance of immunization against shingles, but 30 per cent don't believe they are at risk of contracting the disease.

Your doctor is the best resource for more information on shingles and what vaccines are recommended for you.



Creek Church hosts community corn roast

Submitted by Don Seaman

Led by its tireless chief cook, Steve Lace, Creek United Church invited the entire surrounding community to come out and enjoy delicious corn on the cob and hotdogs on the afternoon of Sunday, August 19. About seventy-five people from West Bolton, Foster, Knowlton, West Brome and other neighboring

communities came out, socialized and enjoyed the fruits of the work of Steve and Jane Lace, Christine Lace, Minnie Lace, Norm Norris, Irene Norris, Don Seaman, Tom Kent, and many others.

The children and grandchildren of the Lace clan and the Bath family as well as the many members of the church and its myriad friends turned out in support of the free outing. As usual, there was an

opportunity to visit, gossip and tell stories on each other.

Steve Lace is always there when it comes to feeding the hungry and he will also be the chief cook when it comes to the upcoming Ham Supper on September 8.

The outreach opportunity is one of many that this church commits itself to each year.

This little white clapboard church on Brill Road, surrounded by fields and in the middle of nowhere is the social centre of West Bolton. Its minister, David Lambie, is a wonderful inspiration to this congregation in always trying to do something very valuable for others. If you want to witness this wonder come out on Sunday morning at 9 a.m. and see for yourself.



PHOTOS BY NANCY SEAMAN

About 75 people from West Bolton, Foster, Knowlton, West Brome and other neighboring communities came out to the little country church to enjoy good food and good company

The members of the Shufelt-Lace family are one of the driving forces behind the Creek United Church corn roast

Cook our flavorful



DUCK

roast

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in September 2018



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Sunday to Thursday 10 am to 5 pm
Friday 10 am to 6 pm
Saturday 9 am to 6 pm