

THE WESTMOUNT Examiner

Making all of Westmount your home

Vol. LX, No. 29

Westmount PQ, H3Z 2Y8, Thursday, July 14, 1988

35c



BEATING THE HEAT: Oily debris finally had to be dumped from a container onto the street at Lansdowne avenue and St Catherine street Tuesday after an hour-long effort to extinguish the fire left it still smouldering. Story is on page 23.

Resident tied up, forced to strip by armed robber

A resident of Irvine avenue was forced at gunpoint to strip naked before being robbed of jewelry and cash in his own home Wednesday last week, police report.

The man, whose hands, feet and mouth had been taped by the robber, managed to free himself and call police. He was not reported to have been assaulted.

The incident occurred about 10:20 pm when the man, returning home from a quick meal at a restaurant, surprised the robber. Police said he had left the back door open for his dogs during the absence.

The robber was described as a black English-speaking man aged about 27. He wore suede shoes, jeans and a white T-shirt inscribed in blue

with the name Pantorama.

The victim, who had returned from holidays that night, was identified as a 37-year-old man.

The man came face-to-face with the robber in the basement of the home.

He was grabbed by the neck and forced to sit on the floor and undress. He was asked to put his jewelry and money in an envelope and was bound with tape around the feet, hands and mouth.

Police said the robber probably entered the house during the 20-minute period the man was at the restaurant.

Items stolen were two rings and two gold chains totalling \$2,000 as well as \$600 in cash.

Heritage payments on the way

The first payments by the City of Westmount from its heritage/preservation fund were to be mailed out yesterday to 244 property owners in the amount of \$156,000, city officials report.

To date, a total of 2,500 applications have been received since forms were sent out to all taxpayers a month ago.

Anyone who has not yet filed for the payments, which range between \$400 and \$800, is reminded that the deadline is Aug 2.

Smoker's dottle ignites waste

Hot ashes from a smoker's pipe started a fire in a wastepaper basket in the office building at 1310 Greene avenue Tuesday last week, fire officials said.

Firefighters were called to the scene at 12:18 pm. The smouldering basket was found in a washroom on the fifth floor and the burning contents were extinguished.

Fire officers cautioned the person responsible not to discard smoker's material in waste containers.

An automatic call to mutual aid firemen from Côte St Luc and Outremont was cancelled five minutes later once the source of the problem had been determined.



"You need never worry about being replaced by automation, Frisby. They haven't yet invented a machine that does absolutely nothing."

It's official: David Berger seeks Liberal nomination

By CHARLES MAPPIN

David Berger has made it official. The veteran member of Parliament for Laurier riding came by THE EXAMINER offices Tuesday to announce his intention to go after the Liberal nomination for St Henri-Westmount.

Just a week after Donald Johnston's declaration he would not seek re-election, Mr Berger says he's confident he can get the necessary support from local Liberal riding association members to win the nomination, and from local voters to win the seat.

Mr Berger is the first person to formally announce his bid for the nomination.

"I told Donald Johnston several months ago I'd be interested if he stepped down," he says, "but I refrained from approaching the association executive because it would have been inappropriate until Mr Johnston made his final decision."

Mr Berger says he has spent the past week consulting members of the local association's board and executive about the possibility of his running "to make sure I'm not walking on quicksand."

dint of circumstance, a riding opened up which overlaps my riding."

The 38-year-old politician estimates about 3,000 Laurier voters are in the realigned St Henri-Westmount riding, which includes most of downtown Montreal with St Laurent boulevard at its eastern border. The new map came into effect yesterday; if an election had been called before then, the old riding map would still have been in use.

Mr Berger said he expects a nomination meeting will be held early in the fall, though one would be held sooner if an election is called before then.

While he is opposed to the Meech Lake accord, Mr Berger says he has



David Berger

been able "to walk the tightrope" and work with the Liberal caucus.

He says he has strong concerns about the free trade deal and wonders if Canada hasn't given up too much. He says Canadians need to be better informed on the issue.

Mr Berger notes the wide variety of economic and social backgrounds of the population of St Henri-Westmount riding, saying he believes it

Continued on page 23

Local support

He already has the firm support of Nicole Loiselle, Mr Johnston's riding assistant and a member of the association board. "I think he would make a very good MP for this riding," Ms Loiselle says.

She has been involved with politics since the age of 10 when she campaigned door-to-door for her father, Gérard, who was the MP for St Henri for 22 years until the riding became part of Westmount in 1979. Ms Loiselle accompanied Mr Berger around St Henri earlier this week and says he was well received in the community.

MP for the adjacent riding of Laurier for nine years, Mr Berger has been forced to find a new riding because redistribution eliminates Laurier from the electoral map. He says the availability of this riding is timely.

"I'm not sure I would have been prepared to go out to somewhere like Laval to run," he explains. "But by

One year after: the day it rained

By LAUREEN SWEENEY

A year ago today, the rains came down.

They fell with such fury that within minutes the hills of Westmount became torrents of rushing white water.

Sherbrooke street disappeared in a giant lake.

And Noah missed a great marketing opportunity.

The torrential rainstorm of July 14 was the worst in memory, leaving many Westmounters to bail out their basements like boats.

Water had leaked in through every nook and cranny. It shot up from toilets and drains where sewers could not handle what soon was being called "an act of God." Local firefighters logged 150 calls for help.

Damage in Westmount alone was estimated by city officials at \$3 million, judging from 260 notices of claim filed with city hall within 15 days.

Although numerous local residents were faced with replacing ruined carpets and throwing out

water-soaked keepsakes, Westmounters as a whole fared better than many others in the MUC.

When it came to claiming flood damage from Quebec's disaster fund, however, few Westmount residents were able to qualify since the value of their homes made minimum deductions worth more than the damage suffered.

Six months after the storm, 18 individual suits had been filed against the City of Westmount, which had immediately denied liability.

Now, on the first anniversary of the storm, the lawsuits remain stalled pending outcome of a class action petition against Westmount and 10 other municipalities (see story last week).

Most flood victims have gone ahead and bought their new carpets.

And many, last week, were even hoping for more rain as, this year, it was a heatwave that broke the weather records.

Whatever the weather, enjoy fine dining at

RESTAURANT

La Transition

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We are on vacation from Sat., July 16 to Wed., Aug. 3. See you then. Best wishes to everyone!

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CONCERTS IN WESTMOUNT PARK

The Westmount Y.M.C.A., in conjunction with the City of Westmount, is proud to present a series of six Sunday concerts in Westmount Park during the summer of 1988, featuring various groups of local musicians. All concerts will be held from 3:00 to 5:00 p.m. at the lagoon in the park. The schedule of these concerts is as follows:

DATE	GROUP
10th July	L'Ensemble du Carré St Louis
17th July	Orealis
24th July	Trio Ambiance
31st July	Swing à la Carte Quintet
7th August	L'Ensemble du Carré St Louis
14th August	Mount Royal Saxophone Quartet

Admission is free of charge, and all citizens are cordially invited to attend these performances.

In case of rain, the concerts will be held in the concert hall of Victoria Hall.

For further information, please contact the Westmount Y.M.C.A. at 931-8046.

CONCERTS AU PARC WESTMOUNT

Le Y.M.C.A. de Westmount, en collaboration avec la Ville de Westmount, est fier de présenter, durant l'été 1988, une série de six concerts de dimanche au Parc Westmount, mettant en vedette divers groupes de musiciens locaux. Tous les concerts seront donnés entre 15h00 et 17h00 au bassin du parc. Le programme de ces concerts est comme suit:

DATE	GROUP
10 juillet	L'Ensemble du Carré St-Louis
17 juillet	Orealis
24 juillet	Trio Ambiance
31 juillet	Swing à la Carte Quintet
7 août	L'Ensemble du Carré St-Louis
14 août	Mount Royal Saxophone Quartet

L'entrée est gratuite et tous les citoyens sont cordialement invités à assister à ces représentations.

En cas de pluie, les concerts se tiendront dans la Salle des concerts du Victoria Hall.

Pour de plus amples renseignements, prière de communiquer avec le Y.M.C.A. de Westmount au 931-8046.

Next Scheduled City Council Meeting
Tuesday, August 2, 8 pm

Date de la prochaine séance du conseil municipal
Le mardi 2 août, 20h00

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Local 351 or 352

Nights, weekends and holidays
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Municipal Yard, 14 Bethune St. 935-8037
Light Department, Glen Road 935-8218
Library 935-8444
Public Security Unit 935-1777

Westmount to protest levy by Conference of Mayors

Westmount city council has approved an expenditure of more than \$14,000 as its 1988 share of costs to the Conference of Montreal Suburban Mayors.

But council plans to protest the amount of its assessment.

Council members question why Westmount should pay \$14,293 and the Town of Mount Royal \$13,075, for instance, when the city of Outremont pays only \$10,873.

Although the formula for payment is based 50 percent on a suburb's valuation roll and 50 percent on population, a maximum-minimum capping application creates anomalies "that don't quite seem to jive," explains Peter Patenaude, city director general.

The total amount of Westmount's apportionment "seems strange," he says.

City council's concern over Westmount's share was voiced by Councillor Phillip Aspinall, finance commissioner, during the vote for approval at the July council meeting Monday night last week.

Despite the concern, however, the formula used by the suburban mayors conference remains more equitable than that used by the MUC, Mr Aspinall said. That assessment is based solely on evaluations, with population not considered.

A report on Westmount's concern is to be prepared for Mayor May Cutler to present at a subsequent meeting of suburban mayors, accord-

By LAUREEN SWEENEY

ing to Mr Patenaude.

A survey of rates charged to the 27 member municipalities as supplied by the city shows that capping of the 50-50 formula benefits some larger municipalities at the expense of the smaller ones.

Without the capping application, for instance, Westmount would have paid \$12,214 this year compared to

the \$14,293. Senneville, on the other hand, would have paid only \$666 as opposed to \$1,900, the minimum amount.

At the high end of the scale, apportionments are capped at a maximum amount of \$17,300 charged to St Laurent, St Leonard, LaSalle, Montreal North and Verdun.

Without the capping, these cities would have paid amounts ranging from \$16,603 to \$28,050.

Dawson art collection to hang at city hall

By LAUREEN SWEENEY

The Dawson College art collection has been lent to the City of Westmount for display in city hall until the CEGEP reopens in September at its new Atwater site, Mayor May Cutler announced last week.

The collection of 26 pieces is expected to arrive at city hall today or tomorrow and is to be hung in the council chamber.

The works of 18 contemporary professional Quebec artists, several of whom live in Westmount, are represented.

The collection was offered to the mayor on behalf of the college by Westmount painter and etcher Eudice Garmaise. She amassed the collection during her 16 years as a teacher in Dawson's humanities department.

Mrs Garmaise, a resident of Burton avenue, retired last year. Two of her works are included in the collection, which has hung in the Viger campus library. The collection was going to be stored over the summer move into the former Mother House building.

Not in a vault

"My feeling was that it was pity to put great works of art in a vault," Mrs Garmaise said. That prompted her to call Mayor Cutler and offer the works to the city for display.

Although it hasn't been established yet where the collection will hang in the CEGEP's new quarters, Mrs Garmaise said she hoped the works will be displayed in the corridors.

The college has generally bought one painting every year since 1971 from the annual spring exhibition of paintings organized by Mrs Garmaise and the humanities students.

At the end of the exhibition, everyone at Dawson (students and staff) was given an opportunity to vote for the work which the college would buy for a maximum price of \$300.

"The nice thing about this was the involvement of my students who became really enthusiastic," Mrs Garmaise said.

The last piece purchased by Dawson was in 1987 from a special exhibit of work by Mrs Garmaise in honor of her retirement.

Several works have been donated,

including another by Mrs Garmaise and four drawings by Sarah Jackson.

The collection

Artists and their work represented in the collection are:

- Pierre Ayot, *Possez-pas*, silk screen;
- Iris Ballon, *The Insect Fable*, gouache;
- Tib Beament, *Two blue prints*, etching;
- Francine Beauvais, *De l'ombre à lumière*, wood cut;
- Louis Belzile, *Serenade*, oil on canvas;
- Rita Briansky, *Of Time and Place*, etching; *Gypsy*, pastel and charcoal;
- Joseph Fainaru, *Fossile*, wax and mixed media;
- Eudice Garmaise, *Thai Orchid*, pastel; *Sleeping Giant*, lithograph;
- Sarah Valérie Gersovitz, *Silk Wood*, etching;
- Sarah Jackson, four drawings including *Astronaut Surprised*, *Family Group*, plus two untitled;
- Harry Mayerovitch, *Westmount Park Winter*, watercolor;
- Ann McCall, *Mountains One Two Three*, silk screen;
- Clifford Papke, *Hommage*, acrylic on paper;
- Joseph Prezament, *The Source*, etching;
- Moe Reinblatt, *Paysage, Québec*, oil on canvas; *Rider*, drawing; *In the woods*, pastel;
- Ghitta Caiserman Roth, *Sunflower*, etching; *Love on a trapeze*, etching;
- Philip Surrey, *Crepuscule d'été*, hand-colored etching;
- Jacques Albert Wallot, *Que les riches payent*, silk screen.

Arrested man kicks up fuss and car damage

Local MUC police car 23-101 sustained more than \$500 damage Saturday when a suspect went on a kicking rampage after being put into the cruiser at Sherbrooke street and Elm avenue, police report.

The suspect has been charged with two counts of damage as well as resisting arrest in connection with the incident.

The 36-year-old Montreal man had been arrested about 1:28 pm for allegedly letting air out of a truck tire at the corner. He was sent downtown to police headquarters to undergo psychiatric examination.

Police said the cruiser's back door frame was bent by the kicking so that it did not close properly. The damaged truck was a white 1987 Hino belonging to a Montreal man.

Cut loose

Someone stole a bicycle locked to a stop sign pole Friday at the southeast corner of Elm avenue and Sherbrooke street, police said. The green and white 1987 Sears bike was valued at \$170. It belonged to a student living at 4800 de Maisonneuve boulevard. The chain was found cut at 1 pm.

Lundi à vendredi, 8h30 à 16h30	
Incendie (bureau d'affaires) 19, rue Stanton	935-2456
Police (bureau d'affaires) 21, rue Stanton	280-2223
Cour municipale, 21, rue Stanton	935-8531
	Local 351 ou 352
Nuits, weekends et jours de fête	
Hall Victoria, 4626, rue Sherbrooke ouest	935-2066
Voirie, 14, rue Bethune	935-8037
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Thursday, July 14, 1988 - 3

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The following calls were answered by the Westmount Fire Brigade during the past week:

July 5

1:51 am: 29 Ramezay, smoke detector activated;
12:18 pm: 1310 Greene, 5th floor washroom, code 3 automatic mutual aid from Côte St Luc and Outremont cancelled at 12:23 pm, fire in waste basket (see story);
5:08 pm: 621 Clarke, false alarm, fire alarm accidentally set off;

July 6

7:27 am: 681 Grosvenor, leak from small crack in oil tank;
10:30 am: 4505 St Catherine, Belvedere Residence, first responder unit;
11:34 am: Front of 4000 de Maisonneuve, first responder unit (see story);
1:39 pm: 109 Sunnyside, service call (see gas story);
1:54 pm: 744 Upper Lansdowne, service call (see above);
6:35 pm: 201 Metcalfe, apt 703, first responder unit;
8:19 pm: 5900 Cavendish, code 3 automatic mutual aid to Côte St Luc cancelled at 8:30 pm;
9:54 pm: 621 Clarke, smoke detector activated by paint fumes in basement;

July 7

1:50 am: 3 Westmount Square, code 3 automatic mutual aid from Côte St Luc and Outremont cancelled at 2:00 am, overheated sauna (see story);
1:26 pm: 25 Edgemoor, fire alarm ringing;

July 8

6:56 am: Laneway next to Hollowell, first responder unit (see story);
8:40 am: Front of 599 Lansdowne, small water leak in lawn;
11:05 am: 5025 Sherbrooke, code 3 auto-

matic mutual aid from Côte St Luc and Outremont cancelled at 11:09 am, sprinkler alarm accidentally activated;
1:05 pm: 5760 Parkhaven, code 3 automatic mutual aid to Côte St Luc cancelled at 1:12 pm;
1:42 pm: 5760 Parkhaven, code 3 automatic mutual aid to Côte St Luc cancelled at 1:54 pm;
9:08 pm: 4278 Sherbrooke, problem with fire alarm panel;
10:08 pm: Area of 435 Grosvenor, smoke scare;

July 9

12:36 am: Opposite 20 Holton, first responder unit;
12:26 pm: Front of 4870 Sherbrooke, first responder unit for bicycle accident (see story);
1:30 pm: Sherbrooke and Elm, first responder unit, cancelled;
3:45 pm: 3262 Cedar, burglar alarm;
5:19 pm: 4574 Sherbrooke, Westmount Public Library, code 3 automatic mutual aid from Côte St Luc and Outremont cancelled at 5:32 pm, burglar alarm, door locked in improper sequence;
6:01 pm: 454 Elm, burglar alarm;
10:55 pm: 10 Bethune, Corporation Yard, code 3 automatic mutual aid from Côte St Luc and Outremont cancelled at 11:24 pm, sprinkler alarm activated by air leak in system;

July 10

12:40 am: 5 Park Place, defective smoke detector;
1:28 am: 5790 Parkhaven, code 3 automatic mutual aid to Côte St Luc cancelled at 1:46 am;
11:15 am: 458 Claremont, first responder unit;
12:00 noon: 10 Bethune, Corporation Yard, defective fire alarm;
3:21 pm: 319 Grosvenor, apt 5, warm plug for air conditioner, improperly installed wire;
5:51 pm: 4129 de Maisonneuve, first responder unit;
8:46 pm: 6 Werendale Park, code 3 automatic mutual aid from Outremont and St Laurent cancelled at 8:53 pm, alarm ringing;

July 11

9:03 am: 56 Sunnyside, defective alarm;
3:28 pm: 9 Severn, smoke detector set off when accidentally hit.

July 12

7:24 am: 482 Strathcona, burnt fuses in electrical box;
1:16 pm: Front of 200 Lansdowne, fire in garbage container at construction site (see picture);
6:06 pm: Academy and de Maisonneuve, first responder unit.



Building vendor was incorrect

In last week's story on the sale of Anthony's variety store, it was stated incorrectly that the building housing the store was sold by Virgile Fabi and his partner, Margaret Newsam.

In fact, the business only was sold by Mr Fabi and Ms Newsam; the building was sold by the estate of Frank Fabi, managed by Virgile Fabi.

THE EXAMINER regrets the error.

Bike found

A blue 10-speed Raleigh bicycle was reported to have been taken to local MUC police station 23 Friday after being found near 25 Stayner street by public safety officers.

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We Say

What's in a name?

MOST of us, on whatever side if any we stand on the Quebec language thing, have been finding enough heat in the weather not to get worked up about much else.

The Supreme Court would do well to bring down its long anticipated decision on Bill 101's strictures on signs about now; a minimum of us should be inclined toward instant reaction.

Having said that, there is something on this subject to ponder in the current (July) issue of *Saturday Night*. Therein is a piece by one Ms Jan Morris, a resident of north-west Wales, who is purported to be an authority on cities, and she takes on our complex metropolis under the title "The Battle for Montreal."

Ms Morris presents some interesting insights on our island home, many of them the sort of thing which only an outsider might pick up. The rest of us perhaps are too close to our trees to see the forest as it really is, in a world context.

The sub-title sums it up: "Montreal's inner conflicts - French against English, Church against business, antiquated versus new - torment but also fuse together the one Canadian city that doesn't go according to plan."

We commend this article.

Having said that, we would share with our readers something which we unexpectedly have drawn from it. It is a sense of irritation that an observant foreigner with apparent ease has put her finger on a number of facets of our problems which probably have escaped most of us who live here.

Most important of these, we believe, are some thoughts derived from the lady's style, presumably with the active collaboration of the editors in Toronto. We do not wish to be too subtle, but these relate to the use of language in writing about the language issue.

One must keep firmly in mind that *Saturday Night* is an English-language magazine, also that it has considerable influence across the country among persons who take a serious interest in Canadian affairs - in which Quebec of necessity looms large.

Thus, perhaps the greatest irritant of this article is a slavish insistence upon using French names for places, streets, institutions, titles almost throughout.

One wonders if the writer had been taken under the wing of her expatriate fellow Welshperson, Mr David Payne, the maverick transplanted anglophone who in the Lévesque days somehow got himself elected to the National Assembly under

the separatist Parti Québécois banner. One doesn't hear much of him any more, which is a relief to most other anglophones.

Then we thought that perhaps this was Ms Morris' way of introducing additional "flavor" to her piece. If Montreal is predominantly French, use as many French words as decently possible, she might have reasoned.

Or it could have been the thinking of some copy-basher at *Saturday Night*. After all, this is the same magazine which turned cutesy a few years ago and decided to spell Montreal "Montréal" and Quebec "Québec" wherever the two place names cropped up on its pages. Mercifully, they dropped the silly practice when someone must have pointed out their inconsistency in not using "Bruxelles" for Brussels or "Roma" for Rome.

We are not so concerned as to why the magazine and its writer have sought to Frenchify an English text, making the reading strange and stilted. Rather, it worries us that *Saturday Night* has such little grasp of the sensibilities of its English-language readers in Quebec, let alone the rest of Canada.

We are prepared to admit this may be a generational thing. Undoubtedly there are Quebec anglophones who miss no opportunity to use the French names for whatever their elders and forebears have known almost exclusively by English handles.

But unless *Saturday Night* has made it its declared mission to promote total francization to Quebec usage Canada-wide, we see no point in it. Besides, the language "purists" of this province do not need a push from Toronto. English terminology is having a tough enough time as it is without outside subversion.

From the time of our first memories, Montreal's streets were numbered east and west from "the Main," or more formally St Lawrence boulevard. Now when we hear anglophones refer to it as St Laurent the image leaps to mind of a municipality to the northwest of Westmount properly called "Ville St Laurent" - quite a different part of our urban community.

It can be left to sometime Westmounter Mr Mordecai Richler, who has immortalized the old Jewish sections of Montreal, to comment on how easily St Urbain street has been abandoned by this great national magazine and become rue St-Urbain. The flavor and atmosphere of place names are important to those who have known them one way and there is something

You Say

Visitor seeks signs for city's parking limit

Sir: I was ticketed for "parking over five hours" on Kensington avenue recently. As a visitor to your area, I was upset with this ticket. According to the posted signs, I was in a designated parking area.

I now find that Westmount has a four-hour limit on parking. Where are the posted four-hour limit signs on Kensington avenue?

Perhaps the police and the city should rectify the poor marking of this regulation for non-residents.

Helen P. Osbahr

Trout Lake Club
DIAMOND POINT NY 12824

Departure of Johnston leaves only politicians

Sir: Don Johnston sure hits the nail on the head when he says he has "fundamental policy differences" with John Turner.

Mr Johnston has fundamental honor, well thought out stands on policy and, of course, that is different from the Liberal leader. Can't there be room in our House of Commons for one just and honorable man?

Now there are only politicians left in the Liberal caucus, a very sad thing for our country.

Well, I exaggerate slightly. One has to be fond of Sheila Copps and Sheila Finestone did vote against Meech Lake. But, still, too many politicians, the chief one being John Turner.

Tim Locke

5900 Monkland avenue
MONTREAL PQ H4A 1G1

needlessly offensive in having the Quebec French Language Charter implemented extraterritorially from Ontario, to say nothing of Wales.

Let it be known that when many of us west-end Montrealers choose to seek out a good restaurant in the area in which the big city was born, we generally go down to Old Montreal. Only in speaking or writing in our best bilingual French would we call it Vieux Montréal.

And when we want to have a good Sunday afternoon walk or wish to ski in town in winter, we frequently do it on Mount Royal, in Mount Royal Park. Our francophone friends go up to Mont-Royal. Or, to see and be seen, Sherbrooke street is an old favorite. One also can be seen on rue Sherbrooke, but is not the terminology which first springs to the minds of those whose mother tongue was some variant of English.

Need we go on? Hardly. Our point is made, except to point out that with any outcropping of English in La Belle Province there is increasingly suppression, prosecution, graffiti, scorn and worse heaped on its users.

However, there is hope. *Saturday Night* and its writer almost forgot themselves with Dawson College for Collège Dawson and let some franglais creep in with St-Louis Square and St-Joseph's Oratory (instead of carré and l'oratoire).

And our greatest delight was to find that whereas the name of McGill University has not been tampered with, the penultimate paragraph makes a bold and confident reference to the tall companile of "Montreal University!"

And all along we thought the Université de Montréal was the one with the companile, where so many of French Canada's language reformers received their education. Yet, it is an unkind cut to have the few cherished words which the language police have left to us obliterated and substituted by the great *Samedi soir*, published at 36, rue Törontö, Törontö.

MPs like Don Johnston will be needed in future

Sir: I was extremely disappointed with Mr Johnston's reasons for submitting his resignation. In my opinion, he is placing a mistaken loyalty to a political party ahead of his responsibility to his country.

The Liberal Party is in disarray over the poor policy choices of its current leadership. It is torn by heated "ethno-centric" nomination battles in the Toronto area and its failure to relate to the socio-economic reality in the Western provinces. So this is no time for people like Don Johnston to jump ship.

His policies are supported by the majority of Canadians in all public opinion polls taken to date. As a national political figure, he represents the majority of Canadians with his outright opposition to the Meech Lake accord and his support of the concept of free trade although he has serious reservations about the present free trade legislation before the House of Commons.

Canada faces a storm cloud over its future fiscal viability, with a Parliament that has taken \$25 billion a year out of the private sector economy in increased taxation while managing to increase the federal deficit by over \$100 billion. Canada is now the world's second-largest debtor nation (after the U.S.).

If we have a major liquidity crisis that in turn triggers financial panic, Canada would be far better served by a Don Johnston in Parliament than some inexperienced lightweight suitable only to the current party leadership.

Mr Johnston, in my opinion, was a major disappointment as the senior anglo-ethnic representative for Quebec in the previous Parliament (1980-84). But he has certainly tried to make amends for it in the last Parliament (1984-88) and his behavior is in sharp contrast to the conduct of that pathetic collection from southwestern Quebec that claims to represent this large community in Ottawa and Quebec City.

Surely the electorate here and across Canada, who are now deprived of the only reasonable voice speaking for our community on national affairs, deserve better treatment. With a minority government now a definite prospect, strong individual MPs may be the only salvation of parliamentary democracy itself. A major financial downturn could test the viability of the present federal system as regions scramble to protect the solvency of their own specific interests.

In my opinion, Mr Johnston should reconsider his resignation and put the benefit of his experience and the value that it would represent in the next Parliament ahead of his disappointment over the treatment meted out to him by the present leadership of the Liberal Party.

W.A. Sullivan

4444 Sherbrooke street west
WESTMOUNT PQ H3Z 1E4

Individuals can help fight greenhouse effect

Sir: The greenhouse effect, which has been talked about for the past decades, has suddenly become more of a present danger with the droughts, the high pollution count and the unseasonably hot weather we have all endured during the past days.

The CBC *Fresh Air* program carried an interview with Dr Russell, an environmental scientist, which gave some positive things that the individual can do to turn around the destructive effects of greenhouse gases in the atmosphere. Here they are:

1. Plant three trees. Trees purify the air and contribute oxygen to the air.
2. Avoid frivolous use of the automobile. Exhaust fumes are high on the list of lethal contaminants.
3. Buy a new refrigerator. Great progress has been made in developing refrigerators that are less harmful to the ecology. Consider this if you have a pre-1980 refrigerator.
4. Never use styrofoam and do everything

Continued on next page

I Say!

GREAT literature is simply language charged with meaning to the utmost degree.

-Ezra Pound



Forty-five Years Ago
July 15, 1943

"More than two hundred members of the senior Chambre de Commerce de Montréal, headed by Paul Beique, president, enjoyed a preview of the new Canadian National Central Station two weeks ago. This delegation included the directors of the Federation of the Chambre de Commerce for the Province of Quebec and a group from the Chambre de Commerce de Marieville. Mr Beique said that the railway's engineering and architectural departments are to be congratulated on such a fine realization as the new terminal and it will be interesting to note the ultimate development of this great Montreal centre."

Thirty-five Years Ago
July 17, 1953

From an editorial: "When CBC entered the broadcasting scene twenty years ago, its objectives were limited. Primarily, its purpose was to fill in the gaps in national radio coverage — the areas where private enterprise could not operate profitably. Today, this agency of the government has acquired so much power that it calmly informs private enterprise that the filling of gaps in television coverage is the responsibility of private capital. All the major cities, the only sections of the country where private television stations could possibly operate, have been pre-empted by the CBC as its exclusive territory."

Twenty-five Years Ago
July 19, 1963

"Renovations to the former Westmount Junior High, soon to become Westmount Park School, replacing King's and Queen's, are now complete, it was revealed this week by T. Craig, newly appointed principal. Mr Craig is former principal of Queen's School. Both King's and Queen's Schools are now up for sale by the School Commissioners of Westmount and pupils who would normally report to them will take up classes in the rehabilitated building on Academy road. All sections of the school have been renovated and many new features added. Throughout the winter, workers were busy knocking down walls to build larger classrooms and new kindergartens. All desks and blackboards were replaced."

Fifteen Years Ago
July 19, 1973

"The City of Westmount took the one remaining formal step, short of actual ground-breaking ceremonies, toward construction of the Hillside public housing project Monday night, when Mayor Paul Ouimet signed deeds purchasing the site and contracts for construction of the 64 housing units. Very little was made of the actual act of signing away over \$1.5 million for the land and construction. Mayor Ouimet sat in his city hall office surrounded by officials from the city, the Quebec Housing Corporation, Brandon Construction Company, and the two railroad companies who owned the property, to sign the deeds and to initial the several errors or omissions found at the last minute."

Five Years Ago
July 21, 1983

"One-third of Westmount's population over the age of 14 years did not work in 1980, according to a recent release by Statistics Canada of information collected from one in five households during the 1981 census. Nearly 60 percent of the 11,380 Westmounters over 14 who did work were employed for all of 1981. Another 15.9 percent reported having worked 40 to 48 weeks and 4.8 percent worked 27 to 39 weeks. Those who worked 14 to 26 weeks numbered 990 or 8.7 percent of the over-14 working popula-



You Say

Continued from previous page

you can to discourage its use. This is a top poisoner of the atmosphere when it is burned as garbage. Do encourage the use of glass, which is also reusable, thus cutting down on the waste of our natural resources. Westmounters have shown a real concern about preserving our environment. Sometimes we just don't know what we can personally do. That's why I found these tips so

helpful — every individual can make a difference.

Dr Florence Davis

84 Chesterfield avenue
WESTMOUNT PQ H3Y 2M7

Anglo-Montrealers hurt French outside Quebec

Sir: As francophones outside Quebec, in practice our rights started at next to zero, while the rights and privileges of anglophones within that province have been almost 100 percent since Day One. And every time that we criticize the minuteness of the gains afforded to us by our provincial governments, from our starting position of zero, we are inevitably reminded of the harshness that anglophones in Quebec are being subjected to by the reduction of their 100 percent through Bill 101.

It is totally unfair.

We are actually being held for ransom here largely because of the intransigence of many anglo-Montrealers. The insistence by some that Montreal is not a French-speaking metropolis and never was historically, is certainly not consistent with the general conception of that city elsewhere.

The usual argument in defence, that we are a bilingual country, falls down completely and in fact flies right back in the face of anglo-Montrealers when that centre is compared to the rest of Canada. The latter is far more unilingually English than Montreal is unilingually French.

Despite its now all-French signs etc, greater Montreal is in practice the only really bilingual place in all of Canada. When I go back a few times a year, on the occasion of visiting close relatives in Verdun, although I now definitely hear more French than I used to, I still find myself hearing and speaking English almost as much as I did 30 years ago.

R.D. Benoit

8608 Connors road
EDMONTON AB T6C 4B4

Seniors should be active in political process

Sir: One might say that the hour is extremely late for the senior citizens of Quebec to wake up to the reality of our times.

Instead of the perpetually docile mutual admiration society atmosphere which keeps on alluding to our sunset years, let us can that mythical morbidity and tell the truth — that elderly people never had it so good, and should start acting accordingly.

The security and freedom which come in the form of monthly pension cheques and from the humaneness of this country's political process (which must remain protected by our constant vigilance) can, if given an even break, make of retirement a paradise



OUR M.N.A.
Hon. Richard D. French
says...

Thank you, Don

THERE have been many Don Johnstons: the promising new politician, author of *Fiscalamity*; the president of the Treasury Board, where many of us hoped he would be able to put his ideas on public spending into practice; the minister of state for economic development (ditto, for economic policy); the candidate for the leadership of the Liberal Party of Canada; the author of *Up the Hill*; and finally, the crusader against the Meech Lake accord. In all of these incarnations, he has represented us with dignity, intelligence and loyalty.

There are many talented people in Westmount, but it is hard to imagine whom we might find who could offer the experience and conviction of a Donald Johnston in representing this constituency. One never got the impression that Don was infected by the narcissism and vainglory that capture so many of the people in our common profession. It is the Donald Johnstons that convince some of us that there is honor and integrity and rectitude as well as calculation and avarice and compromise in public life.

If we were lucky to have Donald Johnston, he was lucky in his constituents and in his political friendships, notably his understanding with Mr Trudeau. Westmount fitted Donald like a glove, and he shares with Mr Trudeau a very specific vision of Canada as a certain kind of sum of its constituent parts. It's a (very expensive) shame that Mr Trudeau didn't share Don Johnston's view of the Canadian economy and the role of the public sector therein.

At any rate, Don, you've earned a rest. We're sorry to see you go. Thank you for representing us. You did a great job.

tion, and 1,290 — 11.3 percent — worked only one to 13 weeks. . . From the data, it appears a greater proportion of men than women begin to work at an earlier age and continue to work past retirement age — 65 years."



OUR M.P.
Hon. Donald J. Johnston
says...

Better approaches

IN THE political process, one is constantly casting an eye on what happens elsewhere to find improvements for one's own system. I recently commented in this column on the advantages of the president's term in France.

Our system has the added uncertainty of no fixed date for general elections. Is this good for long-term or even medium-term planning? Does it make sense to keep the country in a state of election readiness or electoral uncertainty month after month?

Government has the advantage in controlling the timing within a five-year term. Election goodies such as tax decreases can be co-ordinated to influence popularity. And sophisticated polling tells the nation's "leaders" whether they are winning the hearts and minds of grateful taxpayers. The polls, not the Constitution, tell political leaders when to try their luck. Does this make sense?

Responsible government in a parliamentary system dictates some uncertainty, but surely there is a better approach than the one we are now subjected to.

on earth. For this treasure, and it is a treasure, we owe to Canada one hell of a lot more attention, responsibility and loyalty than merely enjoying those benefits (pension cheques, socialized medicine etc) to which we have claim.

Annually, I write between 150 and 200 articles, letters or memos to elected representatives, community leadership, and the media. I belong to federal and provincial political parties. I participate and attend and speak out at meetings and conventions of those organizations. For the sake of a cause, because of my beliefs and my conscience, I put myself where my mouth is. I have picketed for such causes in Ottawa, Quebec City, Montreal and even in Washington, D.C.

Efforts that are meaningful require no more than \$5 for a political party membership or even just a phone call to your elected representative MP or MNA. A written note to these people, or a visit to their offices, will prove to them that someone out there is watching. The essential point is that we see to it that they represent us, to whom they legally owe such an effort. Instead, their rules of the game dictate that, because of a scourge labelled "party solidarity," their loyalties to the political party's leadership lie well ahead of their constituents and their country. In essence, such actions amount to the crime of violating the rights of those who elected them. MPs and MNAs owe us representation and are in those legislatures

Continued on page 23

Study to examine municipal facilities and future needs

A sum of \$10,000 has been allocated by city council for a study of existing municipal facilities and future needs. Mayor May Cutler made the announcement following the general committee meeting of council Monday last week.

The study will focus on the area of the public library, Victoria Hall, greenhouses and other park facilities, she said.

"It's extraordinary what's going on around us," Mayor Cutler said. "People here don't have a clue how

far Westmount is behind everybody else. It's appalling."

Westmounters, she added, seem to "assume that the services provided here are up-to-date because they are reasonable and because the city has very nice trees."

The Westmount study is to be compiled through the city's director general, Peter Patenaude, and submitted to the Westmount Advisory Committee on Culture (WACC) by year's end so that recommendations can be forwarded to council.

By LAUREEN SWEENEY

Users of various city facilities are to be surveyed as part of the study and comparisons made with other municipalities.

Plans a video

Mayor Cutler, who has pressed for such a program, told THE EXAMINER she plans to have a video made of assorted community buildings and libraries in the MUC in the hopes it

might lead to updating of municipal services and facilities in Westmount.

Such a video, she hoped, would be available for showing during the Arts Westmount festival.

Mayor Cutler said she had recently attended a meeting in a 12-year-old community centre in St Léonard "when someone remarked snottily that it didn't even have an art gallery."

The city of Lachine, she said, "is blossoming. It may very well have

the most serious cultural community in the MUC."

The newly formed WACC is examining, as its initial mandate, the entire area comprising the Westmount Public Library, Victoria Hall, conservatory, greenhouses and park facilities, Mayor Cutler said.

The committee's creation was spearheaded by the mayor following her election last November.

Discussion concerning the future of the public library and its possible expansion to include the conservatory has been brought up from time to time.

Details and timetable for the study have been prepared by Mr Patenaude and presented to both WACC and the general committee of council.

He recommends the work be carried out by city staff, the architectural and planning commission and consultants. Some basics already have been completed by WACC, he explained.

City to lease land to condo for entry ramp

Westmount Park Towers has leased a small piece of land from the city to allow it to widen the entrance ramp to its indoor parking facilities and to build a retaining wall beside the ramp.

The 161-square-foot chunk of property is located at the east side of the condominium building on Bethune street, south of St Catherine. Westmount Park Towers' owner, Sofati Ltd, will pay the city \$500 per year under the terms of the three-year lease.

Councillor Phillip Aspinall, commissioner of finance, explained that such leases need the approval of the provincial minister of municipal affairs if they are for a period of more than three years. To avoid the red tape involved in seeking such approval, the short-term lease was drawn up.

Upon its expiry June 30, 1991, the lease may be renewed at terms which are mutually agreeable to both Westmount and Sofati. If either side decides not to renew, the lease indicates Sofati "will remove the retaining wall at its sole expense."

City council approved the deal at its public meeting Monday of last week. Councillor Sally Aitken asked if the ramp and wall would leave enough room for city trucks to get through the Bethune underpass and into the Corporation Yard.

Mr Aspinall assured Mrs Aitken and the other councillors that the roadway would be neither obstructed nor narrowed.

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United lots allow extension

The city approved a routine cadastral operation at last week's council meeting allowing an extension to be built on the house at 4610 St Catherine street.

Westmount's zoning by-law 978 only permits an extension to a building situated on a single lot. If a building occupies two or more lots or sections of lots, the owner must have them amalgamated before proceeding with the work.

This step, which requires council's formal approval, is intended to "clean up" Westmount's cadastral map, city officials say, with the goal of one building per lot and one lot per building.

In this instance, parts of lots 1434- and 1434-3 are replaced with the new lot number 1434-213. The extension to this residence will be a single storey with a roof deck on top.

Westmount brief attacks flawed valuation roll

By LAUREEN SWEENEY

The City of Westmount Tuesday questioned the professional competence of the MUC valuation department in allowing its flawed 1988 property assessment roll to be deposited.

The city also called on the Quebec Municipal Commission to delve into the technical areas which may have been given insufficient attention by members of the MUC department, city officials said.

The effect which this year's valuation fiasco had on Westmount homeowners was outlined before the Quebec Municipal Commission inquiry into the MUC evaluation service.

The hearings, held in the old Place Dupuis at 800 de Maisonneuve boulevard east, were set up by former

Quebec municipal affairs minister André Bourbeau to look into the administration and functioning of the MUC evaluation service.

Westmount's brief was "very well received," said Peter Patenaude, the city's director general, in reporting to THE EXAMINER on the session.

Compiled by former city assessor Gerhard Reise in consultation with city council, the brief was presented by Councillor Peter Duffield as pro-mayor.

"Mr Duffield was able to tell them about some of the valuation experiences of people in his ward," Mr Patenaude said.

He told them that MUC assessors "don't have an appreciation of the

differences between streets in Westmount" and how the sale of one home in a neighborhood does not necessarily affect the market value of others.

Members of the five-man panel questioned the city on the overall services it received from the MUC and were told not many, Mr Patenaude said.

They also wanted to know about re-evaluations and what happens when a taxpayer keeps having to return to the board of revision year after year.

The hearing also was told about the discrepancies between homes and large buildings that the present valuation system had caused, he explained.

The city's brief explained that downward revisions made by the MUC to 361 Westmount properties at the city's request demonstrated very clearly this year's "unacceptable, intra-valuation roll discrepancies and variations."

These adjustments totalled \$73 million, the brief pointed out. This represented a tax adjustment of \$1.25 million to Westmount and a non-recoverable apportionment of MUC costs of some \$500,000.

"These 'apparent errors' are such that it is deemed unjustifiable to leave the burden of contestation and proof to the individual taxpayers," the brief says.

Brief author Mr Reise served as the city's assessor from 1966 to 1972

Flower vandal may be woodchuck

Ten flowers were reported to have been torn out of the garden at the home of Mayor May Cutler, 4545 Sherbrooke street, last Thursday, public safety officers said. The item was classified as vandalism.

At the city council meeting Monday night last week, Christiane van Renesse, who tends the garden, told THE EXAMINER she suspected that a groundhog was making his home in the garden since certain plants appeared to have been cut off.

and worked until 1980 for the MUC valuation department before going into private practice.

He attended the hearings with Mr Duffield and Mr Patenaude.

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New stop signs, parking rules approved by council

No parking either side of Belmont crescent

Motorists accustomed to parking on the north and south sides of Belmont crescent will have to find other locations once new restrictions come into force.

The ban on north and south side parking was approved by city council Monday last week because of the narrow width of the street.

Angle-parking for several cars will be allowed at the east end of the street, the cul-de-sac, which ends at King George Park.

A request by resident Ulrich Gauthier to curb speeding on Belmont avenue leading onto the crescent has yet to be considered. The speeding matter is under study by city officials.

Mr Gauthier was thanked by Councillor Paul Fortin for preparing "an excellent brief" which outlined the need to eliminate parking on both sides of the crescent. An initial

recommendation by city's administrative parking committee called for limiting parking on the south side only.

Arguments and photographs submitted by the resident supported his concern that it became almost impossible to enter or exit the crescent area when cars were parked on both sides.

Concern was raised not only for the inconvenience to residents but also for access by emergency vehicles.

Residents of Belmont crescent and avenue have been surveyed by both city workers and Mr Gauthier on the traffic situation.

Everyone knows someone who's been helped by a blood donation. You might be next. Do your part to keep the supply available. Be a Red Cross blood donor.

De Maisonneuve traffic to stop at Redfern

By LAUREEN SWEENEY

A stop sign is to be installed on de Maisonneuve boulevard at Redfern avenue, on a trial basis, city council decided at its July meeting Monday night last week.

The new stop is intended to slow traffic and resulted from the recent decision not to replace traffic lights at de Maisonneuve and Metcalfe with stop signs (see story June 30).

The speed reduction is consistent with a decision to downgrade the

status of de Maisonneuve between Clarke and Melville to a more residential route, Councillor Paul Fortin told the meeting.

Installation of the new sign facing westbound traffic at Redfern will break the long stretch between Clarke and Metcalfe, he explained. Its effect is to be assessed.

Some 285 residents of the Met-

calfe-de Maisonneuve area were polled recently on possible replacement of the traffic lights. Of 111 responses, 70 favored the idea, 39 opposed it and one voted for neither.

Those opposed were considered to have put forward valid enough reasons for not proceeding with the change at this time.

The matter is to be reviewed in 1992 when de Maisonneuve is to be reconstructed.

Hudson at Clarke to get stop sign

City council members agreed Monday last week a stop sign should be installed for eastbound traffic on Hudson avenue at Clarke.

Although, by law, traffic leaving Hudson must yield to the flow on Clarke which is the through street, the stop sign would clearly designate the right-of-way and promote a greater degree of safety, Councillor Paul Fortin said.

It was considered warranted due to the steep incline of the hill and the volume of traffic.

The request was made to the city by Councillor Stuart Robertson on behalf of residents on Hudson.

Stop in place at Mountain-Anwoth

Cars heading up Mountain avenue will now have to stop at Anwoth road.

The decision was made by city council at its meeting Monday last week in response to a complaint filed with the city by a resident of Mountain.

"Since we already have put in a stop sign at Clarke and Anwoth, we are now doing the same for Mountain," explained Councillor Paul Fortin, commissioner of public safety.

Without the stop sign, traffic is able to drive northbound from Sherbrooke to Montrose unimpeded, he said. This is considered a long stretch for a residential street.

A stop sign is already in place at Anwoth facing southbound traffic.

St Catherine at Abbott:

No-parking zones become no-stopping

Two new no-stopping zones on the south side of St Catherine street, both east and west of Abbott avenue, are expected to help improve the vision of motorists and the safety of school children.

The move was approved by city council members at their July meeting Monday last week.

Although the two corners have been designated as no-parking areas, delivery trucks stopped at the corners have created a recurring problem for motorists trying to turn from Abbott onto St Catherine, Councillor Paul Fortin explained.

Complaints also have been made that vehicles stopping on the southeast corner obstruct the crosswalk monitored by a crossing guard for Westmount Park School.

Shops are situated on each corner: Clifford's grocery store at the south-

east and Anthony's variety store at the southwest. There has been a loading zone for Clifford's on the east side of Abbott for some time.

Designation of the corners as no-stopping zones means that MUC police and public safety officers can ticket immediately, Mr Fortin explained. Vehicles must be given three minutes in a no-parking zone before being ticketed.

The no-stopping restrictions will apply east of Abbott for a distance of 70 feet and west of Abbott for 40 feet.

Traffic exiting Abbott onto St Catherine has increased over the past several years since the move of St Andrew's School onto Hillside avenue. Since that street is one-way street westbound the only way to St Catherine from the school is via Abbott.

Le 300 Lansdowne Westmount

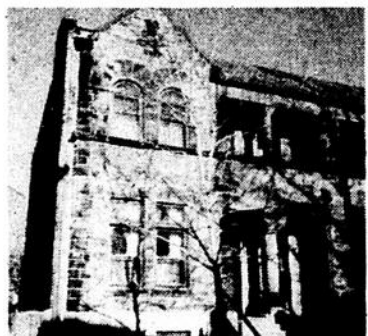
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Never combine car, sign & vine

A red Audi sustained over \$500 damage Saturday when it was driven into a no-parking sign and vines on property at the southeast corner of Mount Pleasant and Holton avenues, police report.

The driver was a 22-year-old woman living on Elm avenue using a learner's permit. The mishap occurred about 2:45 pm after the car had driven north and was rounding the corner onto Holton.

Jacket found

A man's suit jacket was found Monday last week at Sherbrooke street and Victoria avenue, police report. It was taken to local MUC police station 23 where it can be claimed.



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Animal control cadets patrol to inform local dog owners

By KATHLEEN HUGESSEN

Westmount dog owners are the target of a new awareness program launched by the city's Public Security Unit and the Westmount Dog Owners' Association.

Penny-Jane Baylis and Mark Hasse, both Westmount residents, have been hired as animal control cadets. For the rest of July they will provide information on municipal animal control by-laws to people walking dogs in Westmount.

Their "uniform" is a white t-shirt showing a red happy-face with the slogan "It's in the bag" and "Répondez à la pelle" printed above and below. The cadets carry a knapsack stocked with literature, pins and placards to hand out to dog-walkers. They also have been supplied with a raincoat for inclement weather.

Ms Baylis works the morning shift, from 6 am until 2 pm. Mr Hasse is on patrol from 2 to 10 pm.

Ms Baylis, 21, will be entering her second year of studies in physiotherapy at McGill this fall. She worked weekends at the Westmount greenhouse during the school year but was looking for summer work when the position of animal control cadet was created. She applied and was accepted.

The job involves touring the various dog runs, parks and main arter-



Animal control cadet Penny-Jane Baylis discusses doggy issues with Paul Lennen and "Andy" at Melville Pond.

ies of Westmount and approaching and providing information to dog owners. The cadets have no fixed route but have been told which areas need the most attention. They are not responsible for patrolling the summit.

Both cadets were briefed by Beryl Parker of the WDOA and by Director McEnroe of the PSU before taking to the highways, by-ways and dog runs of Westmount.

On Melville pond

"How do you do?" says Ms Baylis, 21, approaching a dog owner by Melville pond in Westmount Park. "My name is Penny Baylis and I'm an animal control cadet."

A pleasant exchange ensues during which Ms Baylis explains what she is doing and offers the man, Paul Lennen, a copy of the *Westmount Dog Owner's Guide*. He has a few questions which she answers. The dog, Andy, seems to feel left out. He demands attention from both master and cadet — and gets it.

Mr Lennen accepts the *Guide* and a WDOA button. He indicates that he approves of the concept of animal control cadets and feels that the job is a necessary one. He, like many other dog owners Ms Baylis has approached, feels that a few, possibly uninformed, people are giving all dog owners a bad name. He thanks her and waves as she leaves.

"That's a pretty typical encoun-

ter," says Ms Baylis. "Very positive."

Peak hours

"The busiest times are 6 to 9 am, because that's dog run time," says Ms Baylis, "and it picks up again after people get home from work."

She says she feels that the job is an important one but needn't be full time. She says it should be repeated periodically so new residents are informed of regulations. July is probably not the ideal time for the program, as many people are away on vacation. She says patrolling in spring, around April, and in the fall might be more effective.

Has she had any run-ins with people who are not taken with the animal control by-laws she is representing?

"Not really," she says. "I don't do any enforcing. I just let them know that these laws exist and that they should be obeying them."

As a result, she does not approach people whom she knows are aware of the regulations but choose to ignore them. Such people are reported by her to the animal control officer.

As part of her duties, Ms Baylis makes note of any comments, suggestions or complaints from dog owners and passes them along to the animal control officer. She says she tries to encourage people to call in to voice their concerns and to ask questions.

Three detained in WHS break-in

Three youths were arrested by public safety officers Sunday at the rear of Westmount High after a break-in at the school, police said. Two knives and a wallet were reported stolen.

The boys were released unconditionally after consultation with youth protection officials.

They were identified as two residents of Ville St Pierre, aged 13 and 16, and a 15-year-old Verdun boy.

Public safety officers had been called to the school by a tennis court attendant at the Westmount Athletic

Grounds who spotted three persons entering a back door of the school about 12:45 pm.

PSOs arrived in time to stop three youths unlocking a bicycle at the rear of the school. They were reported to have admitted being inside the building and were searched at the scene.

Two sheathed knives having six-inch and 10-inch curved blades were recovered from one. A wallet containing three bus passes was taken from another.

MUC police were called and took the trio in.

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Real Estate

By Reg Morden

BUYING A LOT

Buying land involves risks. Contrary to popular belief, land is not a fail-safe investment. The Florida land boom of the mid-'20s was not the only time people lost money speculating in land. It happens every day. Here are some guidelines which may help in reducing the risk factor.

Generally speaking, the more you pay for a lot, the surer you are of getting your money's worth. If you pay x-amount of dollars for a developed lot with utility lines already in, you may be better off than buying the same lot for one-half the amount before the roads and utilities are built out to it. Development costs vary, but almost anywhere they are rising every year.

If you are not a land expert, the most preferred method of buying a lot is to have a real estate professional do your negotiating. His most valuable asset is his knowledge of property values. You are far better off with him on your side.

School is now officially out for the summer and the holidays are upon us. The halfway point of 1988 seems an appropriate time for reflection. Things have gone extremely well for us at RE/MAX during the first 6 months of '88 both locally and nationally. First, *Financial Post* and *Canadian Business* published the 1987 real estate sales results. RE/MAX was confirmed by both publications as the number one real estate broker in Canada. Just recently, at the local level, on the basis of customer satisfaction, RE/MAX has been chosen by the consumer to rank in a tie for first place in the real estate category. Of both accomplishments, we are very proud, particularly since the success has been achieved in less than 10 years. If you are planning to buy or sell after the holidays, I would be pleased to hear from you.

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Purchases totalling \$445,000 approved by city council

The city council meeting of July 4 may have been short on business, but it was long on spending approvals in the public works, light and power, and cleanliness departments.

Council approved total purchases of just over \$445,000. Slightly more

than half that sum is slated for the reconstruction of part of Belvedere road later this summer. The rest will be spent on York lane, truck dumps and plows for next winter's snow removal, electrical conduit and cable and tissue.

A detailed summary of the expenditures follows:

- \$233,000 for the reconstruction of Belvedere road, between Sunnyside avenue and Summit road, composed of a \$208,172 tender by Lafarge Canada Inc, Division Francon, for the sidewalks, roadway and asphalt surfacing, \$5,000 for contingencies, and a further \$20,000 from the light and power department for new street lighting;
- \$31,000 for the reconstruction of York lane and other asphalt resurfacing in the city, composed of a \$14,330 tender for the former and a \$13,461 tender for the latter by B.S.B. Construction Inc, plus \$2,779 for contingencies;
- \$19,331 for one 1988 diesel compressor (180 cubic-feet-per-minute capacity), for powering jackhammers, composed of a \$16,900 tender by Les Equipments Chalin Ltée, less a

\$1,000 trade-in of vehicle V194, plus \$1,431 sales tax and \$2,000 for miscellaneous special attachments;

- \$11,891.75 for one 1988 13-foot dump box for city truck number 205, composed of a \$9,075 tender by Michel Gothier Ltée, \$816.75 sales tax and \$2,000 for miscellaneous special attachments;
- \$20,345.50 for one 15-foot dump box for city truck number 269, composed of a \$9,950 tender by Michel Gauthier Ltée, \$895.50 sales tax, \$5,000 for installation and \$4,500 for painting and motor repairs;
- \$30,520 for 14 tracks with rubber links for seven Bombardier snow plows, composed of a \$28,000 tender by Universal Go-Tract Ltée and \$2,520 sales tax;
- \$13,442.82 for two underbody plows, composed of a \$10,498 tender by Action Machineries Inc, \$944.82 sales tax and \$2,000 for miscellaneous installations;
- \$27,662.40 for two salt spreaders to be mounted on city trucks, composed of a \$22,740 tender by Pièces de Machinerie Lourdes Denis Roger Ltée, \$1,922.40 sales tax and \$3,000 for miscellaneous installations;
- \$38,900 for the installation of underground electrical conduit runs in

various locations, composed of a \$33,836.70 tender by Chagnon (1975) Ltée and \$5,063.30 for contingencies;

- \$11,530.26 for the supply of 610 metres of 5,000 volt stranded cable by Guillevin International Inc; and
- \$7,681.43 for 100 cases of toilet paper rolls and 200 cases of paper towel by Wyant and Company Limited (see story last week).

For five items, the compressor, the dump boxes, the plows and the salt spreaders, the city received only one tender. In each case, the tender was accepted.

Public works director Fred Caluori said the city will accept a sole tender "if we feel it's a fair price and it's within range of what we had budgeted for that item."

For some specialized equipment there is such a small market that few dealers exist. The city expects the prices won't be inflated since the tenderer never knows how many other companies will tender, Mr Caluori explained.

In the case of the reconstruction of Belvedere road, the city received five tenders, ranging from the \$208,172 one accepted up to a \$495,690 tender by Les Entreprises Véral Inc.

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Feisty senior woman hangs on against odds

A 79-YEAR-OLD Westmount woman who refused to let two youths steal her purse Sunday sustained head injuries in the incident, police said.

The victim had fallen to the ground outside 4129 de Maisonneuve boulevard as she was pushed, holding steadfastly to the purse. The youths fled empty-handed.

The victim, a resident of the street, was transported to Montreal General Hospital by Urgences Santé suffering a small cut to the head. She had been walking west on the north side when approached by the young robbers. They were described as white youths aged about 13 and 16.

Clarke-top residents swelter as transformer blows

Westmounters baked in record-setting hot weather last weekend and the demand for electricity for air conditioning units blew a transformer at the top of Clarke avenue Saturday, city officials said.

The problem left residents in the block north of The Boulevard without any power between 1 pm and about 5 pm, explained Bruce St Louis, director of light and power.

"The transformer was completely shot and we had to make temporary repairs," he said.

Makeshift power supplies were provided from another transformer and crews are working this week to make permanent repairs.

The burnt-out transformer is in a difficult location to service, up in bush behind large homes on Clarke circle, he said.

The Clarke incident was the only power outage in Westmount during the heat wave, Mr St Louis said.

Although the summer demand for electricity, even during excessive heat, remains well below winter loads, he said, in some cases individual transformers can become overloaded if too many air conditioners start up at the same time.

He attributes Saturday's incident to this.

"Air conditioners really suck up the power when they start up," he said. "The odds are, they won't all come on at the same time, that's why the system is designed as it is."

In some areas of the city where homes are heated by gas and oil furnaces as opposed to electricity, he explained, transformers can be underloaded in winter and overloaded in summer.

In other blocks, transformers may be overloaded during the winter, but underloaded in summer.

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The following building permits were issued at Westmount city hall recently:

- July 4**
- 4018 St Catherine: for Montreal Children's Hospital by Construction Des Ormeaux Ltée, alterations, \$250,000;
 - 350 Victoria: for Visual Arts Centre by self, to repair cornices, \$6,000;
 - 475 Côte St Antoine: for John H. [unclear] by self, alterations, \$35,000;
 - 635 Belmont: for Alistair and Mary Sinclair by self, balcony repairs, \$4,000;
 - 1120 Greene: for Mr Delisle by self, balconies, \$10,000;

- July 5**
- 1355 Greene: for Mr Mink by Stewart Diamond, renovations, \$15,000;
 - 435 Stratheona: for G. Whiteman by self, front balcony, \$1,700;
 - 47 Arlington: for Mr Colman by R.H. Interiors, bathroom renovations, \$6,000;
 - 3682 The Boulevard: for Morris Shore by self, balcony repairs, \$5,000;
 - 4898 Westmount: for F. Villefrance by self, driveway, \$1,000;

- July 6**
- 42 Devon: for Mr and Mrs Carsley by Faya Construction Ltd, landscaping and steps, \$2,000;
 - 250 Clarke, unit 901: for Danielle Goyer by self, bathroom renovations, \$15,000;
 - 814 Upper Lansdowne: for Maxine Lithwick by self, deck and landscaping, \$23,000;

- July 7**
- 81 Holton: for Maurizio Favrette by self, sun deck, \$1,200;
 - 337 Elm: for Louise Scott et al by self, balcony and sundeck alterations, \$2,000;
 - 4394 de Maisonneuve: for Donato Taddeo by self, to pave driveway, \$2,400;
 - 71 Hallowell: for Ann Barkman by self, fence, \$600;
 - 452 Claremont: for Mr Kennedy by self, parking apron, \$1,000;
 - 4918 Sherbrooke: for Decor Marie Paule by Ballon Industries, awning, \$700;
 - 1347 Greene: for Salon Olivier by self, alterations, \$6,000;
 - 4333 St Catherine: for Gestion 4333 St Catherine Holding Inc by self, office alterations, \$90,000;
 - 349 Clarke: for Fred Francis by self, interior alterations, \$10,000;

- July 8**
- 36 Forde crescent: for Mr Baby by Plomberie Centrale Ltée, gas conversion, \$3,100;
 - 41 Stayner: for Denis Roy by self, underpinning, \$500.

Homes entered for gas check

Eight unattended houses on Upper Lansdowne avenue were entered by police and gas crews after assistance was obtained from a locksmith Tuesday evening last week, according to police reports. A check of gas valves was made following repair work on the street, police report.

Two other homes, one on Upper Lansdowne, the other on Sunnyside, were entered the following afternoon with the assistance of firefighters, fire officials confirmed. In the latter cases, ladders were raised to second-storey windows and screens cut.

Painful fall

A resident of 4000 de Maisonneuve boulevard was taken to hospital Wednesday last week after falling on the sidewalk outside the building for no apparent reason, fire officials report. The man suffered facial lacerations and was transported to the Montreal General Hospital by Urgences Santé. The mishap occurred about 11:34 am.

No solution yet to parking problem:

Cones on street removed from Steinberg parking lot line

By LAUREEN SWEENEY

MUC police have been asked to move along any cars which obstruct traffic as they wait to enter the Steinberg parking lot on Victoria avenue, city officials said Monday.

The request follows the city's removal earlier that day of orange cones used to designate a tolerated waiting line on the street beside the curb.

The latest move in a long-standing problem of traffic congestion leaves grocery chain officials to either accept the status quo or modify the lot to accommodate waiting cars, said city official Bruce St Louis.

"I don't know what will happen on Thursday and Friday when there is a long lineup," said Bernard Marques, the store's assistant manager. "I'm still waiting to hear from head office."

Removal of the cones follows complaints of abuse of waiting privileges on the street.

Merchants and office workers south of the lot have been unable to exit driveways and parking areas when cars line up beyond the designated cones, Mr St Louis told THE EXAMINER.

The store's parking attendant has been "most co-operative," he said. Some motorists who wait in the line, however, are not.

A plan to help Steinberg's rearrange the lot to accommodate 12 waiting cars as well as the same number of parked cars was designed by Mr St Louis several weeks ago.

"I spoke to the head office and the plan is under review," he said.

The plan would require moving one lamp standard and repainting parking-spot lines.

The city's decision to remove the cones was made several weeks ago



The waiting line for Steinberg's parking lot on Victoria avenue is subject to police ticketing if traffic is obstructed now that cones have been removed.

and relayed to store manager Graham Fletcher.

The plan to rearrange the lot is reported to have been held up at head office during labor problems (see story June 2).

The city had agreed last November, on an experimental basis, to erect cones to allow about five cars to wait beside the curb. This resulted from MUC police ticketing cars which blocked the street by double parking.

More than the quota often joined the queue, however, blocking pas-

sage for other cars. As a result, the experiment has been terminated and the situation has reverted to last fall's status, Mr St Louis said.

Three residents arrest suspect in robbery

A 53-year-old woman was robbed Monday while making a night

deposit at the Bank of Montreal branch on Greene avenue, police report. She received a cut on the head during the robbery.

An 18-year-old Montreal man has been charged in connection with the incident.

Police credited three citizens with arresting a suspect at the scene. They heard the woman screaming, saw a man pushing her and jumped on him to detain him.

Two of the citizens were identified as a man and woman, aged 21 and 22, living in Westmount. The third was a 37-year-old man living on Victoria avenue just north of the Westmount city limits.

The holdup occurred about 6:30 pm as the victim, an accountant, attempted to make a night deposit. She started to put the bag through the bank slot when she was pushed. Her head banged against the wall.

As the robber grabbed the bag and started to run away, he was stopped by the three witnesses.

Police were called, the suspect arrested and the victim taken to the Montreal General Hospital. She was reported to be a Montreal resident. The deposit was made up of cheques and contained no cash, police said.

The arrested man was described as having no previous police record.

Health food store held up

A lone man robbed a health food storekeeper on Greene avenue of \$200 Monday afternoon, police report.

The man entered the shop about 3:25 pm, showed a knife and asked for money. He was described as a white man aged about 40, wearing a brown shirt and black pants.

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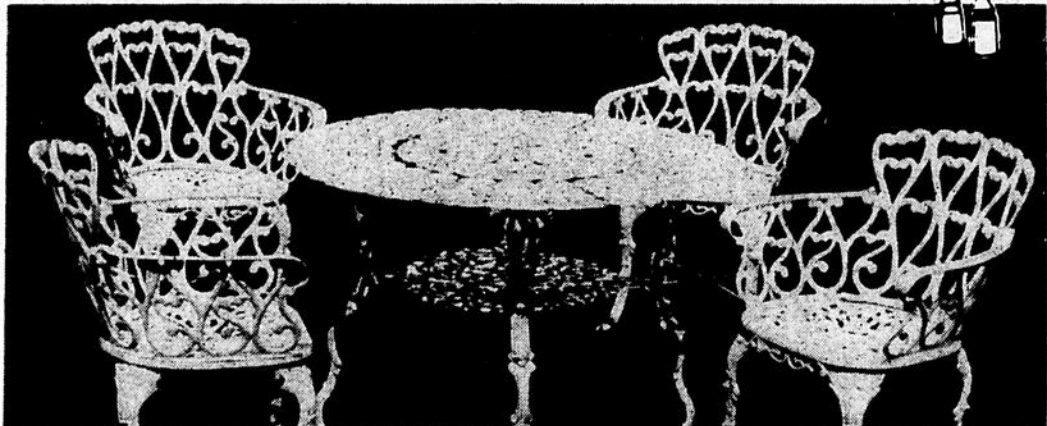
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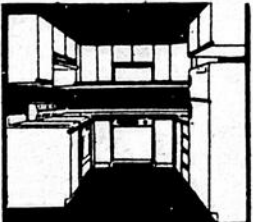
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Brief submitted at public consultations:

Arts Westmount advises Arts Council to decentralize cultural control

The MUC Arts Council should suggest to each cultural-political region (town or towns) that a local arts committee be established. There are strong arguments in support of decentralizing control of artistic and cultural activities as evidenced by the proliferation and success of local arts festivals.

This was one of the points made in a brief presented by Henry Finkel, president of Arts Westmount, to the MUC Arts Council during public consultations into the role and future of the council.

In his brief, Mr Finkel emphasizes the importance of the council as a disinterested patron of the arts.

By KATHLEEN HUGESSEN

"An arts council... is bound by democratic rules and is more likely to help in areas that might be very doubtful for a commercial sponsor. The cultural enhancement is the important factor."

In determining how best to spend the funds available to the council, Mr Finkel suggests that information is "an ideal primary support." He proposes that a central group, under the control of the council, provide some basic facilities, equipment and technical expertise to artists.

"Much effort and time, meaning money, can be wasted in re-inventing the wheel."

In general, Mr Finkel advocates an open policy on most levels. Artists do not come from any one location or milieu which can be supported. Audience tastes in art and performance are subject to change. As he says in the brief, "any fixed attitude would negate the end result."

Mr Finkel says anything that extends the cultural boundaries of an area is desirable. It is for this reason that he advocates supporting local arts committees.

"There are all kinds of Mozarts, Beethovens and Bachs," he says, "that die in the boonocks for want of opportunity."

Local arts committees composed of councillors, professionals in the arts and concerned citizens might permit such undiscovered talent the opportunity it deserves. In addition, they could educate their citizens by "fostering educative exhibitions, theatre and concerts... the classic repertoire, as well as evolving styles."

As to whether the Arts Council should put its resources into professional or amateur efforts, Mr Finkel says, "Anyone who has a presentable performance and an interesting idea should be supported." He says Dramatis Personae, Westmount's amateur theatre group, is a case in point — all but one are amateurs yet, he says, they produce exciting and presentable work.

Provide technology

In his brief, Mr Finkel speaks of supporting authors and playwrights with professional criticism, subsidization of manuscript publishing and access to and information about new technology. For writers, the appropriate technology is word processors. Mr Finkel points out that computer art and computer music are innovative areas for which the Arts Council could make the hardware available.

Mr Finkel says, "The council's influence can only be salutary. Art and artists are supported; citizens are made happy and appreciative; money... spreads its good values and life is enhanced."

About 45 cultural and artistic organizations submitted briefs during the hearings Monday, Tuesday and Wednesday last week. A committee is now studying the submissions and will formulate precise recommendations as to priorities for the MUC Arts Council.

Westmount Mayor May Cutler, as a member of the MUC Arts Council, attended the hearings to listen to the briefs.



RAPT AND WRAPPED: The Visual Arts Centre day camp held a special art activity in Westmount Park on Tuesday. The theme was packaging. The youngest group (six and seven years) wove leaves and stems with yarns and string and "hung" the leaves on the tree. The eight- and nine-year-old group built wooden frames from designs they had prepared on computers. The frames were painted and covered with plastic for later embroidery. The group of 10- to 12-year-olds shown above wrapped the trees roots with paper and then did crayon rubbings to see the grain of the bark and even drew some roots where none grew. The camp runs weekly until Aug 19 and costs \$105 per week. There is art in the morning, lunch in the park (weather permitting) and a variety of activities and outings in the afternoons. For more information, call the Visual Arts Centre at 488-9559.

Westmount pool safe says recreation boss

Westmount doesn't need to change any policies or procedures at its swimming pool, recreation director Bob Aiken told THE EXAMINER in reaction to Sunday's drowning of a five-year-old boy at a public pool in Verdun.

"Our schedule and safety precautions would preclude something like that from happening here, touch wood," Mr Aiken said.

"At the Westmount pool, a five-year-old is limited to the shallow crib area," he explained. "And the lifeguards here are familiar with the regular users. They know who can swim where."

Mr Aiken said he posted newspaper accounts of the tragedy in the lifeguards' changing area to make sure they are aware of what happened.

Five-year-old Richard Thériault drowned Sunday morning in Verdun's Pierre Therrien pool. The lifeguards are reported to have been out of their observation chairs at the time. Richard was apparently submerged for several minutes before somebody noticed him. He died Tuesday after being taken off a life-support system.

Baked sauna

A sauna overheated at 3 Westmount Square early last Thursday causing cedar boards to become discolored, fire officials report. The sauna had been turned to the hottest setting. The incident was discovered on the penthouse level and firefighters were called at 1:50 am, public safety officers said.

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BAPTISM BY FIRE: Westmount's main pumper truck, number 234, arrived back from refurbishing just in time to help out at several small fire incidents over the past week, including Tuesday's container blaze outside 200 Lansdowne (see other photo, page one). The truck's new paint job gives it a white-topped cab, distinguishing it from other local fire vehicles.

Old firebox poles may become city's historical markers

The ban against selling off Westmount's nearly-antique red fire-alarm boxes may be lifted.

It's actually the firebox poles that are to be given special heritage status, according to a policy approved by city council members Monday last week.

The cast iron poles, council decided, would be used to identify houses and properties of exceptional heritage value or to define civic buildings and places.

The idea would be to fill the space

Noise, container cause complaints

Reconstruction of a house at 488 Wood avenue resulted in two complaints Wednesday last week, public safety officers report.

One was logged Wednesday at 1:03 am when officers found workers in the process of sweeping up. A load of wood had been dropped outside causing the disturbance. Workers were permitted to finish cleaning up before departing.

Another complaint was received later in the day at 10:45 pm when a garbage container beside the house was reported to have been overlapping a public lane without caution lights.

Dawn dip discouraged

Four young adults were ejected from the municipal pool Saturday at 4:53 am where they were found swimming, public safety officers said. The action followed a noise complaint from a nearby resident.

Officers had been summoned to the pool the previous morning at 8:30 when an employee had been listening to a radio and neighbors complained of the noise.

Found in lane

A 61-year-old man was taken to the Reddy Memorial Hospital early Friday morning after he was found lying in a laneway next to Hollowell street, fire officials report. The fire department's first responder unit was dispatched to the scene by Urgences Santé at 6:56 am.

left by the red firebox with a small plaque providing historical information about the landmark.

The decision to adopt a policy concerning the fireboxes, which were removed from streets a year ago, was announced by Mayor May Cutler following the *in camera* meeting of city council in general committee.

The recommendation to preserve the fire alarm poles intact (not truncated) came from the city's architectural and planning commission.

Some of the red fireboxes are expected to be saved. Others probably will be disposed of, says Bruce St Louis, the city's light and power director.

Any of the boxes that might be used, he says, would be adapted in such a way as not to be confused with fire alarm boxes.

Ten of some 80 fireboxes were sold off at public auction prior to the municipal election last November. One was bought by Mayor Cutler's son, Adam. This resulted in the ban on further sale of the boxes, which Mrs Cutler felt had historic value to

Lad loses wheel, lands face-first

A 16-year-old Montreal youth was taken to hospital after the front wheel of his bicycle fell off as he rode east in front of 4880 Sherbrooke street Saturday, police said.

The victim, who fell face-first at 12:36 pm, was transported to Montreal General Hospital suffering injuries to the face, neck and arms.

His bicycle was taken to Public Security Unit headquarters where it is being kept for the boy, a resident of Dr Penfield avenue.

Suitcase taken from unlocked car

Contents of a suitcase were found strewn around a property on Ingle-side avenue early Saturday, public safety officers report.

The case had come from an unlocked car parked in front of 224 Metcalfe avenue. Its owner was traced from the overnight parking sticker to an apartment at 201 Metcalfe. The man was cautioned to lock the doors of the car.

By LAUREEN SWEENEY
The firebox poles are seen by the architectural and planning commis-

sion as contributing "to the distinct character of Westmount and should be kept as an interesting local feature."
In addition to heritage properties,

some of the municipal locations suggested for identification by the poles are the area around the cenotaph on Sherbrooke street and the area around city hall.

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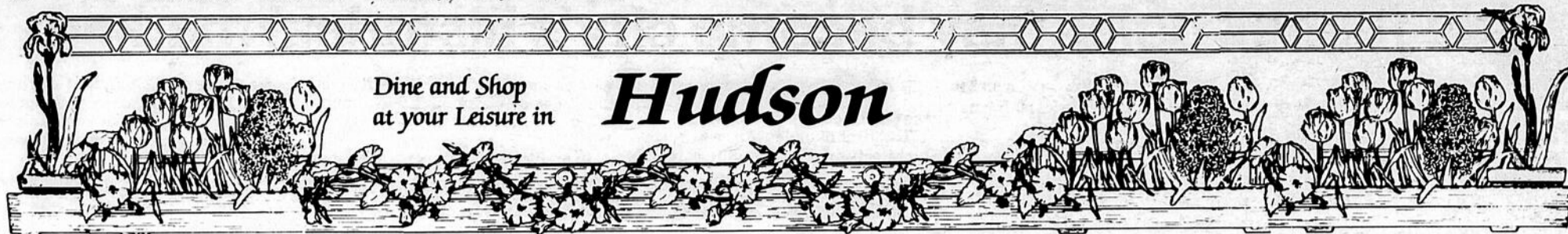
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er this special little town just a short, pleasant drive west of Montreal on Highway 40.

Though a longtime settlement on the banks of the Lake of Two Mountains (the Ottawa river), the present

municipality of Hudson was formed only in 1969 with the merger of the villages of Como, Hudson and Hudson Heights.

The municipality's area of 21.63 square kilometres runs along 14.4 kilometres of shoreline, so it's easy to see how the waterfront plays an important role in the community.

The major artery is Main Road, running parallel to the river and providing a home for most of the town's stores, restaurants, clubs and other enterprises. The small-town atmosphere has not had to be preserved artificially as in other places; it's for real.

Part of the reason for that is that Hudson is, in fact, a small town. Its population in the 1986 federal census was 4,426, up a mere dozen from the census five years earlier. That gives the town a population density of just 204.6 persons per square kilometre, compared to densities of at least 20 times that in such Montreal Island suburbs as Côte St Luc, Hampstead, Town of Mount Royal and Westmount. So much for the image Montrealers might have of Hudson being just another suburb plunked further away from the city centre. It's country.

According to the census, of 1,660 homes in Hudson, a whopping 1,480

are single, detached houses and all but 315 residences are owned as opposed to rented.

The population in 1986 by mother tongue was 72 percent English, 23 percent French and five percent oth-

er languages.

It also is a place for families, with a total of 1,440 children living at home. That works out, on average, to almost one child for every household.

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Horse shows, yachting activities during busy month

Summer is in full swing, and in Hudson summer activities revolve

around two main sports: yachting and horseback riding.

The Hudson area is a hotbed of equestrian activity in the Montreal area. Horse shows are a dominant summer activity and offer visitors interesting entertainment. A trip to a horse show also is a good excuse to take the short, pleasant drive to Hudson from Montreal via Highway 40 west, combining the outing with visits to many of Hudson's unique and interesting stores and some fine dining in the number of first-class restaurants that make the town a special place to visit.

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This month a number of events are scheduled in both sports to take advantage of the height of the summer season.

At the Hudson Yacht Club, a beach pool party is scheduled for this Saturday, July 16. To end the month, a Mother Hen Cruise is scheduled for July 30 and 31.

The Harwood Horse Trials, a highlight of the equestrian season, may be over for another year but a number of horse shows and polo events remain on the calendar for the balance of July, including two this weekend.

The S.T. Dupont Polo Tournament will be held July 16-18 while the C.C. Horsemanship Club in St Lazare will hold its horse show July 16-17. For further information on the latter, call P. Dillingham, 457-5708.

Another major equestrian event is the Pepinière Benefit Horse Show to be held in St Lazare July 19-24.

The C.D. Horsemanship Club will hold its show on July 24. For information call D. Kaiser, 458-2430.

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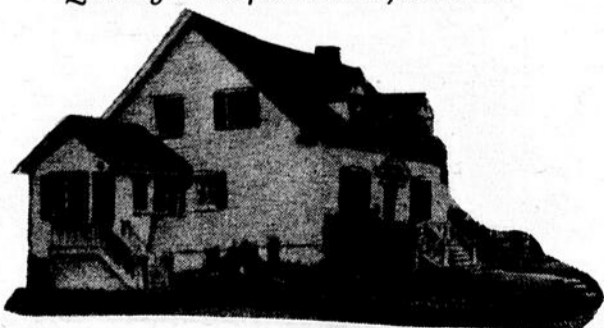
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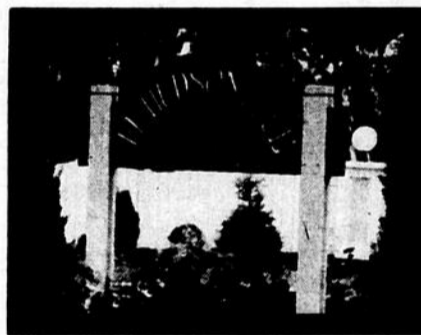
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Beyond A random sampler
of things to see or do
Westmount's
in the bigger city
surrounding us
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By **KARL JAROSIEWICZ**

Birthday party
This Sunday, the African National Congress (Canada) Mandela Celebration Committee will be giving a large birthday party in honor of Nelson Mandela, the jailed leader of the ANC in South Africa. Festivities begin at noon and end at around 6 pm. The celebration includes a picnic lunch, followed by live music, songs and dance, speeches from members of the ANC as well as representatives from the federal, provincial and municipal governments. Signed cards from this event will be sent to Nelson Mandela in Polsmor Prison, South Africa. Mandela is currently serving his 25th year of a life sentence in that prison for his opposition to apartheid. This event is just one of many organized across North America and Europe, all designed to draw attention to Mandela and other political prisoners held by the South African regime. This party will take place at the newly named Mandela Park, corner of Barclay and Victoria avenues in Côte des Neiges. All are invited.

Brador concerts
Montrealers will be able to enjoy an evening of music in Maisonneuve Park, this Friday at 8 pm, with American conductor Newton Wayland directing the Montreal Symphony Orchestra. Wayland began his career with the Boston Symphony Orchestra, and also spent some time conducting the Boston Pops. Friday's program will include two pieces by Leroy Anderson, a Lennon and McCartney composition, an overture by Suppé and extracts from works by Kabalevski. Many of these pieces will be played according to arrangements by Wayland.

World dance
A series of performances showcasing international dances will be given by the Quebec folk-dance troupe Les Sortilèges. Tonight through Saturday at 8:30 pm, and also on Sunday at 2:30 pm, Les Sortilèges will perform dances from Israel, Yugoslavia, England, Romania and, of course, from Quebec. All shows will be given in the Théâtre de Verdure in Lafontaine Park. All performances are presented free of charge by the Montreal recreation and community development service. In case of rain, the shows may be cancelled.

Whale of a time
The Montreal Zoological Society is sponsoring a series of weekend whale watching safaris on July 29, Aug 12 and Aug 26. This society has been conducting tours on the Gulf of St Lawrence and the mouth of the Saguenay river for 19 years. The tours offer rare opportunities to see many species of whales, including the great blue whale, the minke, the fin and the beluga, as well as sea birds, seals and dolphins. Each tour will be accompanied by a marine biologist to answer questions and help identify the animals. Tours cost \$325 for members of the society, and \$25 more for non-members. This includes a charter bus from Montreal and back, accommodations and meals, and a six-hour cruise into the St Lawrence. The profits from these tours are used in the fight for conservation of these beautiful, intelligent animals. Since space on each tour is limited, write now to the Zoological Society of Montreal, 2055 Peel street, Montreal, H3A 1V4, or phone 845-8317, between 10 am and 12 pm, weekdays.

Dorchester squaredancing
If you happen to be walking by Dorchester (formerly Dominion) Square on a Wednesday night this summer, and you notice lively crinolines swirling and geometrical patterns of squaredancers moving to the sound of fiddles and footstomping, you haven't stepped into the Twilight Zone! What you're witnessing is some of Montreal's 1,000-plus squaredancers kicking up a storm for what is a regular Wednesday night activity until Aug 17. Nine of the top squaredance callers from across the country will be directing the excitement. All of this is leading up to the Montreal Area Squaredancing Association's annual convention in August which will attract more than 1,800 dancers from across the continent. The fun starts at 8 pm.

Wheels to roll
For its second play of the summer season, The Piggery in North Hatley presents John Gray's *18 Wheels*, a high-speed musical about life on the road. The stories in this play are about "the men, the women, the trucks," all played to the rhythm of a country and western band. John Gray is well known for his other musicals, *Billy Bishop Goes to War*, *Rock'n'Roll* and *Don Messer's Jubilee*. *18 Wheels* made its first appearance over 10 years ago and has played in most major theatres across Canada. Guest director for the Piggery production is Jennifer Emery, and Canadian recording artist Ian Tamblyn serves as musical director. Starting tonight, this show runs through Aug 6. For tickets and for

more information on the Piggery's special events this summer, call their box office at (819) 842-2191.

Antique show
The North Hatley Antique Show '88 will be held Friday and Saturday in the North Hatley Primary School. From 10 am to 10 pm on Friday, and from 10 am to 5 pm on Saturday, more than a dozen antique dealers will be displaying their wares. Admission is \$5. Bed and breakfast accommodations are available for anyone wishing to attend both days. For more information, call (819) 842-4380.

The deep south
For those who love the hot weather, this summer is beginning to seem like a godsend. But for those who are starting to say "enough is enough," this item may be what you're dreaming of. Lindblad Tours is offering cruises to Antarctica aboard the recently renovated *M.S. Antonina Nezhdanova*. The first departure date is Dec 8 with other cruises leaving on Dec 28, Jan 17 and Feb 6. All are for 16 days. A longer 18-day itinerary is planned for Dec 17, Jan 6 and 26. These cruises start at \$3,950. For more information, call Lindblad at 875-5300.

Christ Church concert
The King's Choir of Coral Ridge Presbyterian Church in Fort Lauderdale, Florida, will be giving a noon-hour recital in Christ Church Cathedral on Monday at 12:30 pm. Shinik Ham will direct the choirboys in a program of sacred music from Bach, Mozart and Brahms and a selection of secular pieces from Copland, Guthrie and others. The cathedral's entrance is on St Catherine street, between Eaton and the Bay. For more information, call 843-6577.

Vermont festival
The Vermont Mozart Festival begins this Sunday and continues to Aug 6. Set among Vermont's green and blue mountains, this festival is an excellent opportunity to enjoy both fine music and the splendid




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Still Available Theatre at Players':

Look Back in Anger and some petulance

outdoor setting. Festival participants include pianist Menahem Pressler, violinists Eugene Drucker, Helen Kwalwasser, Hamao Fujiwara and Angèle Dubeau, as well as many others. Twelve of the 16 concerts will be held outdoors; visitors are invited to bring a picnic. On Sunday, the grand opening concert will feature the Vermont Festival Orchestra with guest conductor Efrain Guigui, Menahem Pressler on piano, and Hamao Fujiwara on violin. The program includes works by Mozart and Beethoven. The concert will be played at 6:30 pm on the east lawn of Shelburne Farms. On Tuesday, a program of Mozart pieces for woodwinds titled *Onshore Winds* will be played on the Basin Harbor, Vergennes at 8 pm. And on Wednesday, a *Clarinet Cruise* will be played aboard the Champlain ferry at 8 pm. If you wish to purchase tickets by phone, you may call (802) 862-7352; Visa and MasterCard are accepted. Tickets can also be bought in person at the festival office, 27 Pine street in Burlington. Bring blankets or low-backed chairs to all outdoor concerts.

Just for laughs

The Just for Laughs comedy festival begins this week with three shows. The Second City comedy troupe will be coming to Montreal for the first time, with six shows at Club Soda, 5240 Park avenue, tonight through Sunday at 9:45 pm, and on Monday at 7 pm and 9:45 pm. Tickets are \$16.50. Jango, described as a cross between "the Ringling Brothers and *A Clockwork Orange*" will play at the Spectrum, 318 St Catherine street west, tonight through Saturday, and from July 20 and 21, at 8:30 pm. Tickets are \$17.50. Also the Centaur Theatre presents The Reduced Shakespeare Company in *The Complete Works of William Shakespeare (abridged)*, from Monday to next Friday, at 8:30 pm nightly. Tickets are \$12.50.

There are enough similarities between the '50s and the '80s for Angry Young Man John Osborne's earliest successful play to have appeal today.

The character study of Jimmy, the clever young rebel who is disgusted by money- and success-oriented society is a familiar one, both to those of us who remember the boring '50s and to those who are young today. The '50s were a time when most youngsters knew in high school what they wanted to study later, and exactly what it would pay them. They felt somewhat stifled, as the generation before them had done it all — the Second World War fought for a cause they could believe in, the splitting of the atom, the development of television, the promise that technology would leave everyone with the problem of what to do with leisure time.

Today's colorless youth are similarly devoted to success and money, and they look back on the '60s as a kind of golden era when youth had a voice, when they stopped the unjust war in Vietnam, reformed the universities, instituted civil rights and the idea of equality for women. There's nothing much left for them but to become yuppies.

In *Look Back in Anger* Osborne wrote of a charming, dangerous, angry young man. But we find Wayne West portraying Jimmy as a petulant whiner, making everyone miserable and having them put up with it for no reason at all. When we should see simmering anger boil over in an admittedly impotent rage, Mr West gives us a four-year-old's temper tantrum.

However, this production does have things to recommend it.

Foremost among these is the sensi-



Sam LeMarquand

tive portrayal by Fabienne LePanse, a founding member of Still Available Theatre, of Alison, Jimmy's beleaguered wife. She ranges from good to, in a few magical places, electrifying. When she walks in on Jimmy and her former best friend Helena (Amy Barratt) following a miscarriage, it is not just makeup that has her looking exhausted, hollow-cheeked and ill. It is acting. When she trembles with anger or frustration, when she suffers from

paralysis of will, we agonize with her.

She does almost as well with positive emotions, when she laughs with and at her husband, or when she fondly embraces Cliff, the couple's best friend.

Cliff is played by John More, with a wonderful interpretation in the first act. He does tend to fade into the woodwork in the second, only to re-emerge as we start to miss him, in act three, where he has invented some nice bits of business.

The set was designed and painted by Jo-Anne Vezina and she has captured the mood that's needed in the simple visuals of the set. However, the set construction, shared by Ms Vezina with Danny McManus and former Westmounter Kim McKenzie, scrimped rather on solidity. The room shakes as though there were an earthquake if one of the actors brushes against a wall. But one assumes that problem has been solved after opening night and audiences can enjoy the total appearance of the show. One assumes also, once opening night jitters have disappeared, lighting cues and set-dressing problems have been solved.

Tom Jones plays the sympathetic father who wants his daughter's happiness, but fears it is too late for both of them to rectify the mistakes they have made concerning her marriage.

We believe his low-key performance. Ms Barratt is quite lovely as Helena, Alison's bitchy best friend and Jimmy's inamorata.

Mr West, by losing control of his character, changes the play's focus. This leaves Ms LePanse to play the starring role, which is not what the playwright had in mind. Mr West does, however, come close to redeeming himself in the final scene, where he is perceptive and sensitive in dealing with his wife's great grief and despair and offers hope for the future.

The production has been directed with restraint and taste by Westmounter Sam LeMarquand. While he must take some of the blame for the production's faults, he deserves more praise for its virtues.

I suspect that this production will improve through its run.

Westmounters and Still Available Theatre members Barbara Gélinais and Jennifer McKenzie are working front of house on this show.

Look Back in Anger, a Players' Theatre production in association with the Dramatic Publishing Company and the Still Available Theatre Company, is at Players' Theatre, 3480 McTavish street, Monday through Friday until July 22, at 8 pm. Tickets are \$8 and \$4, box office: 398-6813.

—Janet Coutts



ORIENTALIA: An exhibition of Chinese-style paintings by Sharon Sutherland will be presented at the Westmount Public Library from July 18 until July 29. Hours are Monday to Thursday, 10 am to 9:30 pm, and Fridays, 10 am to 6 pm. The library is closed on weekends during the summer. For more information about the exhibit, please call 489-5029.

Museum offers study of golden square mile

The Montreal Museum of Fine Arts is situated in the heart of a neighborhood that has played a major role in the city's cultural history.

In fact, the museum's links with this area are of such long standing that its name has been given to the

street bounding its building on the east side — avenue du Musée.

At the end of the 19th century, the neighborhood, known as "the golden square mile," consisted mainly of villas and private residences. As the new century advanced, townhouses and luxurious apartment buildings

also began to appear.

The area was inhabited by some of Montreal's wealthiest citizens, hence the "golden" of its name. It was also the home of many of the well-known families of collectors and art-lovers who, in the late 19th century, founded the Art Association of Montreal, later to become the Montreal Museum of Fine Arts.

As part of its architectural heritage program, the museum's education service is offering an interpretation activity designed to reveal the golden square mile in all its splendor.

A slide-lecture given by the museum's volunteer guides, many of whom are Westmount residents, will be presented in the gallery where the exhibition "Expanding our horizons" is on display. Visitors are then invited to continue their exploration of the neighborhood by following tour routes available in the gallery.

The program will take place every Wednesday from July 6 to Sept 26; in French at 10 am, noon and 2 pm; in English at 11 am, 1 and 3 pm. Groups will meet in the museum's main reception area, 1379 Sherbrooke street west.

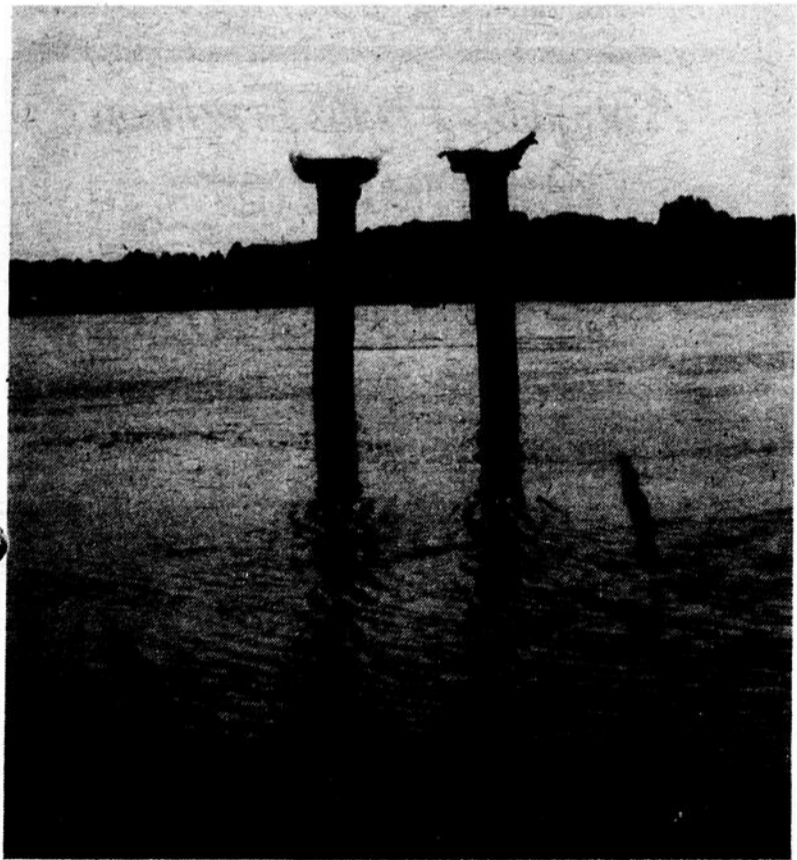
Admission is free and no reservations are necessary.

For further information, please contact the museum's education service at 285-1600, local 136.

Pushy passerby picked pocket

A 60-year-old Westmount woman told police Wednesday last week she had fallen victim to a pickpocket the previous day in front of 4860 Sherbrooke street. The victim believed the thief to have been a woman who pushed past her on the street about 4 pm.

Taken from the victim's purse was a beige wallet containing \$260 as well as a wallet containing personal papers. She was identified as a resident of Olivier avenue.



AQUATIC ART: This sculpture, *Un temps pour homme, un temps pour oiseau*, by Westmount artist Hannah Franklin, is one of six works by Quebec artists making up a rather unusual exhibit. "L'Art et l'eau," subsidized by the provincial ministry of cultural affairs, is a display of sculptures on the waters of Lake Boivin at Daniel Johnson Park in Granby. A group of artists, Haut 3e Imperial, spent the summer of 1987 exploring the possibilities of sculpture and floating art in a lake environment. Three of the works in "L'Art et l'eau" are by Haut 3e Imperial artists. Ms Franklin's contribution she describes as "the evolution of time, the impact of civilization on nature and the continuous renewal of nature..." The exhibition of works by Ms Franklin, Yves Gendreau, Pierre Tardif, Robert Chicoine and Jacques Desprès runs till Aug 21.

Announcement



is closing for summer vacation, starting Saturday, July 16, 1988. We will re-open Wednesday, August 3, 1988 at 11 a.m.

On behalf of the staff and management of La Transition, Maria & John would like to wish everyone a healthy & happy summer.

See you soon!

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Examiner

18 - Thursday, July 14, 1988

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Montreal Women's Centre elects new officers

The Women's Centre of Montreal held its annual general meeting on Wednesday, June 29, in the Women's Centre auditorium on St Urbain street.

During the meeting, new officers were elected, including one Westmount resident, Philippa Wrobel, a member of the board. Denise Areand was elected president; Carole Fallu, secretary; Manon Rivest, personnel representative; and Theresea Benedek and Diane Togneri, board members.

The meeting began with opening messages from outgoing president Justine Sentenne and director Mona Forrest. The annual report was presented and a summary of the year's

activities was given by the co-ordinators of each service.

Now in its 15th year, the Women's Centre of Montreal is a non-profit organization providing information and referral in all matters concerning women, crisis intervention, educational courses, discussion groups, publications, orientation and adaptation services for immigrant women and their families, vocational counselling, plus a clothing counter for women and children. The services are staffed by a dynamic team of caring personnel and dedicated volunteers.

The Women's Centre of Montreal also participated in events such as International Women's Day and the Salon de la Femme.



Two Quebec residents chosen to head United Way/Centraide

For the first time in its history, United Way/Centraide Canada is headed by two Quebecers.

Reginald K. Groome, OC, of Montreal, chairman and president of Hilton Canada, has been elected chairman of the United Way/Centraide board of directors. Yves Beaudin, former director-general of the Outaouais-Hull School Board, has been appointed president of the Ottawa-based organization. Mr Beaudin is the first francophone to be named chief executive officer of the organization.

A national body created and supported by 119 member United Way and Centraide organizations, United Way/Centraide Canada provides national support services to its member bodies. In 1987, \$168 million was raised on behalf of 3,294 agencies across Canada.

Mr Groome, whose long-standing commitment to the voluntary sector has earned him many honors, including appointment as an Officer of the Order of Canada, is a past chairman of the Centraide campaign in Montreal. He is a former chairman both of Centraide's board of directors in Montreal and of the United Way/

Centraide Canada executive committee. Chairman of the Montreal General Hospital's current \$30 million capital campaign, he is also chairman of the World Scout Foundation of Canada, honorary president of the Boy Scouts of Canada and vice-chairman of the board of governors of Concordia University.

Mr Beaudin, in addition to extensive experience in educational administration, has been active nationally and locally as a volunteer with the United Way/Centraide movement as well as with Multiple Sclerosis, the Centre hospitalier régional

ROTARY DONATION: The Rotary Club of Westmount recently donated \$5,000 to the Queen Elizabeth Hospital for the purchase of six specially-equipped chairs for use by long-term geriatric care patients. Presentation of the cheque was made at the service club's weekly meeting last Wednesday in Victoria Hall. From left to right: Queen Elizabeth president and board chairman Phillip Aspinall, Rotary welfare committee member Murray Marmor, Rotary welfare committee chairman Owen Gilsenan, and Queen Elizabeth director general Albert Nixon.

de l'Outaouais and the Salon du Livre de l'Outaouais.

Mr Groome succeeds David Lewis of Toronto, vice-chairman of Lloyds Bank of Canada, while Mr Beaudin replaces Robert J. Myers of Ottawa.

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Food bank holds Super-Auction

The Garde-Manger food bank is holding a Super-Auction in conjunction with the annual Little Burgundy festival.

The auction will take place on Aug 10, 3 to 9 pm, at Parc Vinet, 2515 Delisle (near Métro Lionel-Groulx).

The Garde-Manger is presently accepting all sorts of donations which could be put on the auction block. In return for old or new items, a tax receipt can be provided for their present value.

The auction is an important event for the Garde-Manger which collects and redistributes food to community organisations in Montreal's poorest communities.

All the proceeds from this auction will be used to improve the quality and quantity of food available to poor people in Montreal.

For more information, please call Brigitte Hebert or Mireille Gauthier at 931-8830.

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with
DOROTHY SIROTA



Do you ever think about how you prepare for sleep? I believe we do these things so automatically that if someone were to ask, we'd say "I don't do anything."

But everything is grist for the research mill, and Julie E. Johnson of the University of Wyoming recently published her findings from her study of bedtime routines and how they influence the sleep patterns of elderly women (*Journal of Applied Gerontology*, March, 1988).

The author recognizes the importance of sleep as one of the basic physiological needs human beings experience. When we sleep well, our sense of well-being is enhanced. When we don't, we feel irritable, less alert, apathetic and even more sensitive to pain. This is true for everyone, but particularly for elderly people who may already be experiencing problems from other causes.

Most people do have some simple routines which they perform without giving them much thought. But very little research has been done up to now to identify these routines, and to determine their relationship to sleep patterns. And what happens if an elderly person leaves her home, moves in with relatives, or into a long-term facility? Do the routines continue, and does it matter?

Ms Johnson's study sought to find the answers. She put the questions to 87 women over age 65, all ambulatory, some in nursing homes (45), some living in their own homes (19) and others living with an adult child (23). The average age of the women institutionalized was 84.4, and the average age of the others was 80.8 years. Of the 87, 55 said that they followed a bedtime routine, the others said they did not. None suffered from Alzheimer's or other organic brain disease, Parkinson's, alcoholism or depression. And none was being treated with antihistamines, anti-

pressants or sedative hypnotics, as these medications alter sleep patterns.

The author points out that sleep patterns tend to change with age, with nocturnal awakenings increasing (from age 60 on), and with the amount of time it takes to fall asleep increasing from about eight minutes in a person's 30s to about 18 minutes in the late 70s. By age 90, she says, one's total sleep time has decreased from eight hours to six hours a night.

Change disrupts sleep

The study indicates that changes in bedtime routines may further disrupt sleep patterns. This was particularly noted by the women who were interviewed in institutions. For one thing, they often felt that they had lost some control over their lives and their activities. They needed to conform to the institutions' policies. So, for several reasons, bedtime routines were abandoned or modified. Sometimes the facilities weren't available for certain rituals, or there wasn't sufficient staff to help with pre-sleep activities.

These bedtime routines were identified as follows: brush teeth, 27; take medication, 22; bathe, 21; pray, 20; wash face, 19; watch TV, 18; snack, 15; read, 10; listen to music, 9; fix hair, 3; do relaxation exercises, 2; have a backrub, 1.

The study revealed that the more pre-sleep activities were changed, the more women reported less sound sleep, more difficulty falling asleep and less satisfaction. Those with routines, even in institutions, reported that they wake less often, sleep more soundly and take less time to fall asleep. They also tend to sleep longer, wake up feeling refreshed and are more satisfied with their sleep.

The women who live in their own

homes or with an adult child sleep longer, wake up less often and experience more satisfaction with sleep than institutionalized women.

It seems that it's much more difficult for women in institutions to maintain their bedtime rituals with any consistency. They listen to less music, bathe less often, snack less, watch less TV, read less than women in their own homes.

Finally, the findings indicate that these routines do not have to be elaborate. Simply brushing her teeth, washing her face, or praying may satisfy the need to prepare for sleep. Helping women who are in institutions to perform these simple tasks and suggesting to women at home that they not totally abandon these little rituals may help many sleep problems reported by older women.

Do you want to learn to swim? Enjoy aerobics in the pool? Improve your stroke? The Westmount recreation department will be giving seniors such an opportunity starting Monday, July 18. For one week, from 11 to 11:30 am, till Friday morning, the Westmount pool will be offering this special program. They tell me that if it's popular, they could extend it for another week. Sounds good to me. How about joining me there?

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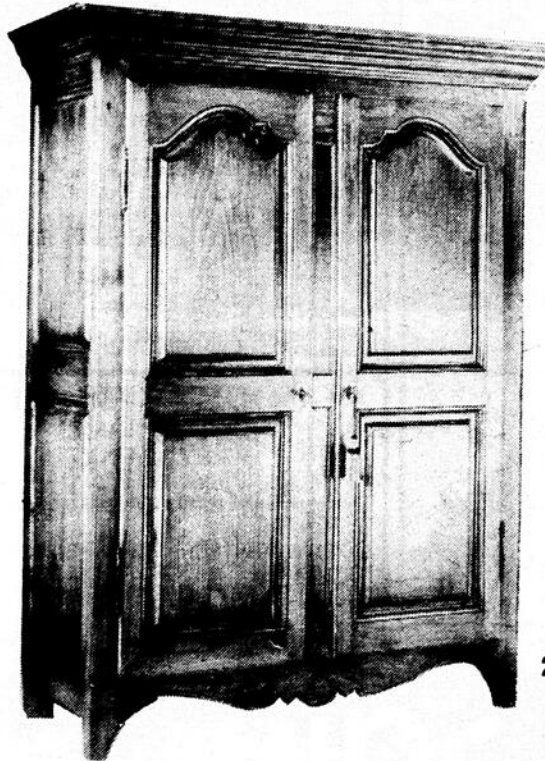
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Marion Zimmer, calligrapher, puts her pen where her mouth is



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Westmounter Marion Zimmer has always loved the process of writing although it was just 15 years ago that she formally began doing calligraphy.

Ms Zimmer can remember that as a student she would spend a lot of time and effort on her notes. One friend, she says, refused to borrow them because Ms Zimmer would leave out important information so as not to spoil the look of the page.

At the time Ms Zimmer started doing calligraphy there was very little in the way of teachers or of organized instruction. She finally found a teacher in an elderly gentleman named Bernard Kopland who was well-schooled in several calligraphic alphabets. (Mr Kopland's wife, Anne, was for many years a classified ad salesperson for THE EXAMINER, known to her customers as "Miss Hunter.")

"While my infant son John napped," she says, "I would practise the letterforms I had learned."

During the next few years, Ms Zimmer travelled to New York and Burlington to further her studies.

She met another enthusiast, Trudy Novack, and together they founded an organization for calligraphers, La société des calligraphes, which is now celebrating its tenth year.



Marion Zimmer Photo by VALERIE TETLEY

Teaching and working

Ms Zimmer's background is in teaching and she soon began giving calligraphy courses. She taught at the Saidye Bronfman Centre where she headed the calligraphy department, and she also gave lessons to grades 7, 8 and 9. At the same time she was doing traditional calligraphy — menus, envelopes, inscriptions etc.

"My favorite aspect," Ms Zimmer says, "has always been creating pieces for specific occasions, whether for

myself or a client. It has always been a delight to find the right poem, quote or literary passage to capture the essence of an emotion. It is the perfect blending for me of my love of English literature and poetry and my artistic skills."

Among her favorite quotes: C.S. Lewis on friendship — "Friendship is born at the moment when one person says to another 'What! You too! I thought that no one but myself...'; Soren Kierkegaard on life — "Life can only be understood backwards, but it must be lived forwards"; D.D. Fisher on mothers — "A mother is not a person to lean on but a person to make leaning unnecessary."

Ms Zimmer says that when she is commissioned to do a piece of calligraphy, the client may become involved in the various creative decisions to be made. These can include the size of the paper, the words in the message, the color of the inks.

"Whether it is a love poem from a husband to a wife, a recipe to adorn a friend's kitchen or even a welcome to a new baby," she says, "the piece is truly personal and unique."

Non-verbal art

Calligraphy has recently begun to function as an art form of its own. There is a new school of calligraphers which feels that the purest and most demanding calligraphy uses the alphabet as a design element only — not as a means of conveying a

message. Ms Zimmer says she subscribes to this way of thinking, especially since completing half the courses required for her fine arts degree from Concordia University.

"To me there is great excitement on the paper when there are several media involved in creating a piece of art," she says.

This style of calligraphy is called non-verbal art and it is the style of the pieces which Ms Zimmer displayed last year at Arts Westmount.

Computers are able to produce perfectly-formed letters and are able to create wonderful graphic designs. So the question arises, why do calligraphy when a computer can do it "better"?

Ms Zimmer replies, "With computers, the one element left off the page is the joy and frustration inherent in making letters — that striving to make the perfect letter, the struggle to create a harmonious rhythm. The process of putting pen to paper is what calligraphy is all about."

Ms Zimmer teaches at the Visual Arts Centre on Victoria avenue, gives private lessons and is working on the committee for Arts Westmount. For further information, she can be contacted at 487-2653.

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FROM PAKISTAN TO ECHO VALLEY: Two Westmount Pathfinders left Tuesday night to attend an international Girl Guide camp at Echo Valley, Saskatchewan. They were accompanied by Guiding sisters from Pakistan and the Gaspé who stayed the Westmount girls en route. From left are: **Tamsin Lyle**, 12, Westmount; **Farhana Sayani**, 19, an assistant Guide leader from Ismailia Open District in Karachi, Pakistan; **Nathalie Fournier**, 14, Murdochville; **Jennifer Lewis**, 13, Westmount; and **Catherine MacDonald**, 13, New Carlisle. The 10-day camp has attracted 3,500 Guides from Canada and around the world. It continues until July 22. Miss Sayani, whose picture was taken during a brief rain shower, told THE EXAMINER there had been no rain for four years in Karachi.

Children's hospital occupies former Ville Marie space

The Montreal Children's Hospital has taken over the recently vacated head office premises of the Ville Marie Social Services Centre at 4016 St Catherine street.

The hospital is renovating the space and will be moving some of its clinical activities there in September, according to the hospital's direc-

Red Cross holds clinics

A Red Cross blood donor clinic is being held today, 10:30 am to 8:30 pm, in Place Alexis Nihon on the ground floor at the St Catherine street entrance.

Another clinic is scheduled for Monday in the Ross Lounge of the Montreal Children's Hospital, 2300 Tupper street. This clinic will run from 10 am to 4 pm.

The Red Cross permanent centre at 3131 Sherbrooke street east is open weekdays from 10 am to 6 pm, 8 pm on Tuesdays and Thursdays.

Residents are urged to take the time to give "the gift of life," particularly in this season when supplies are low.

tor of planning and development, Donna Riley.

Westmount issued the hospital a \$250,000 building permit last week to conduct the necessary alterations.

"It will be used primarily for psychiatry and psychology clinics," Ms Riley said. She explained the move is needed because the hospital is "tight for space."

The hospital is embarking on a \$40 million capital campaign and is planning to expand on its main site over the next few years. It will be using the St Catherine premises for some activities until then, Ms Riley said.

Mover owns up to car damage

A blue 1978 Pontiac sustained over \$500 damage Tuesday last week after being struck by a vehicle in front of 4444 Sherbrooke street at Metcalfe avenue, police said. The accident was reported to police at 5:15 pm.

A note left behind provided the name and phone number of the person responsible. He was identified as the driver of a moving van.

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Youth Horizons worker earns Yeshiva MSW

Cari Fershing, a Napierville resident, is slated to be among 61 students from throughout the U.S., Canada and Israel to receive a master of social work (MSW) degree at commencement exercises for the block plan of Yeshiva University's Wurzeiler school of social work.

Ms Fershing is doing her field work at the Montreal-based Ville Marie Social Service Centre's Youth Horizons branch in Westmount.

The block plan allows students to complete degree requirements for the MSW in three summers of study in New York City while working for social service agencies around the world during the traditional academic year. Those already employed in appropriate agencies may use

supervised work to satisfy their field instruction requirement.

Eligible students with bachelor degrees in social work from a program accredited by the Council on Social Work Education, or with advanced academic or social service experience, can earn the MSW in a 14-month accelerated plan.

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Evenings:
Sun-Thurs, July 17-21, 8:00 pm

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Sunday, July 17

Eighth after Pentecost

8:00 am Holy Eucharist, Said
10:30 am Holy Eucharist, Sung
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During the week, Holy Eucharist will be celebrated on:

Wednesday, July 20 at 11:15 am
Friday, July 22 at 12:10 pm
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Eighth after Pentecost

11:00 am

Sermon: The Fruit of the Spirit IV. Patience

Rev. J.E. Munson preaching

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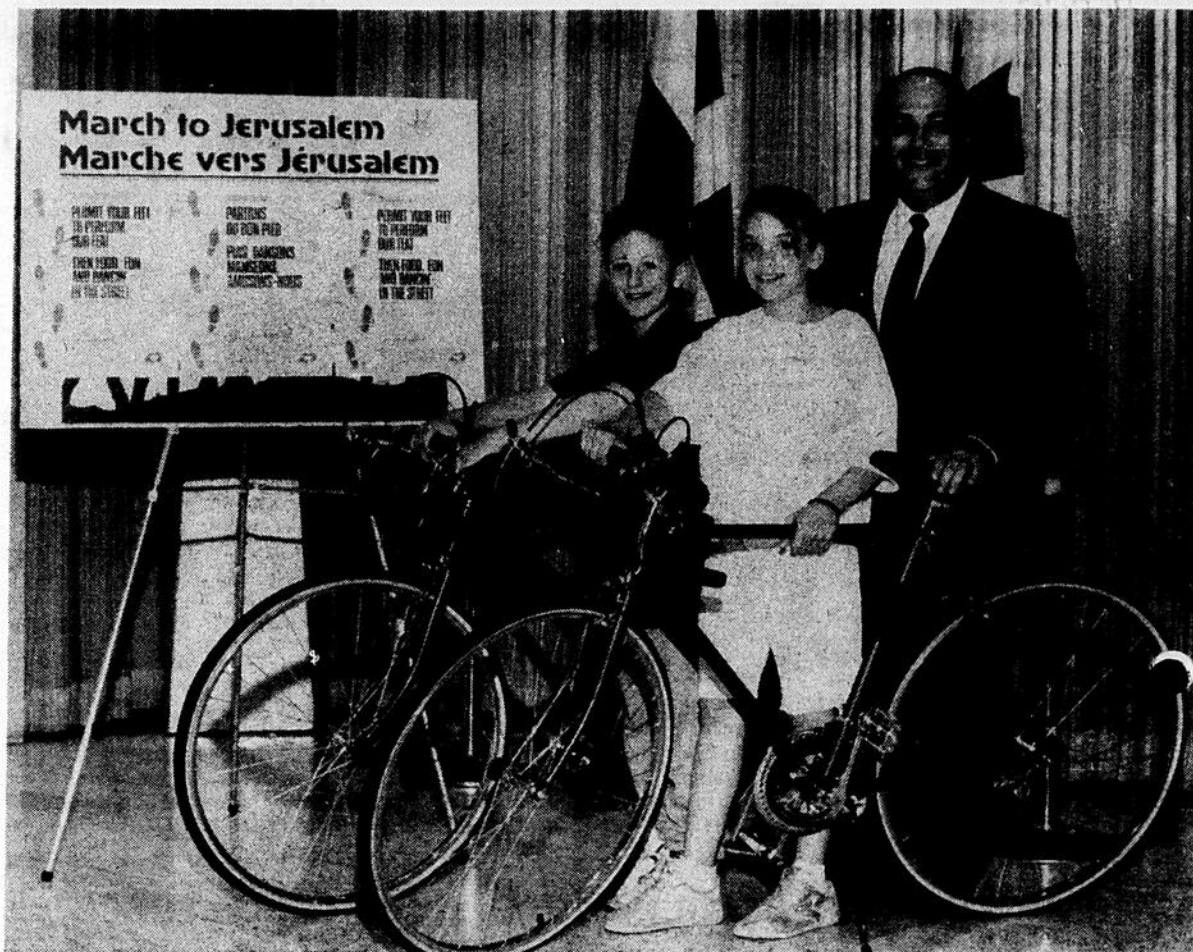
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Curate: The Rev. Alex Angioli

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House of Israel in St Agathe holds bazaar

This is the time of year when most people begin to relax and take it easy for the summer. There is, however, plenty of activity at the House of Israel Congregation in St Agathe des Monts.

Preparations move ahead for the annual giant bazaar to be held Thursday, July 21, to Monday, July 25, at the Ecole secondaire, opposite the Metro supermarket in St Agathe.

The money raised will go to finance and maintain the synagogue, as well as the many activities provided for its members, be they full-time residents, weekend-home owners or visitors. The congregation also supports the Israel NIV School for the Deaf.

House of Israel is the only synagogue in the Laurentians that holds services year-round. Without the support of the larger community, it would be unable to carry on sabbath and holy day services, special events, Hebrew school for children and all the other activities that go into making and keeping a strong healthy Jewish community alive in the Laurentians.

The giant bazaar needs donations of new items: wearing apparel, household goods, toys, appliances, hardware, furniture etc. Articles will be picked up by Sculnick Transport. For pick-ups please contact Bob Bassel at 871-9414.

Monetary donations will be gratefully accepted and can be mailed to the House of Israel Congregation, corner Albert and St Henri streets, St Agathe des Monts, J8C 3A3.

Continental at Evangel Church

The Continentals, an internationally recognized Christian music group, will present a concert of inspirational and traditional Christian music on Wednesday, July 20, 7:30 pm at Evangel Pentecostal Church, 1235 Lambert Closse street.

Featuring 24 vocalists and a 10-piece instrumental ensemble, the Continentals will blend together themes of devotion and worship integrating a variety of favorite Christian songs, hymn medleys and gospel music arrangements. It's a concert that will uplift, encourage and renew the heart.

MARCHERS GET A RIDE: A drawing from the names of "early bird" participants — those who brought in their sponsor money before July 20 — in the March to Jerusalem saw Michele Franke and Joel Kucer win grand prizes of these bicycles. With them is Westmount resident Gordon Schwartz, chairman of the March, as he presents them with the bicycles. Next year's March to Jerusalem has been scheduled for Sunday, May 14.

Toronto hospital looks for its babies

Toronto East General and Orthopaedic Hospital is looking for its babies.

"We would like people who have a real attachment to the hospital to get in touch with us," says Joyce Beaton, director of public relations. To this end, the hospital has started the TEGH baby alumni association.

East General babies, no matter where they may be living now, are invited to establish a relationship with the hospital of their birth. Members will be advised of new developments and special events scheduled for 1989 and beyond.

1989 is a significant year in the hospital's development. The staff and residents of east Toronto will be celebrating the 60th anniversary of

the hospital's opening in 1929, and other notable events that coincide with this milestone.

The staff of Toronto East General Hospital invite those who have a special place in the hospital's past and a stake in its future to come back and "join the General." The baby alumni association mascot, The General, will be appearing in ads across Canada in the coming months to invite East General babies to come home.

If you are an East General baby, send your name, address, date of birth and physician's name to Toronto East General and Orthopaedic Hospital Inc, 825 Coxwell avenue, Toronto ON M4C 3E7.



ZOOLOGICAL NUPTIALS: Liane Meland, a former Westmount resident, and Donald Harding were recently married at the Metro Zoo in Miami, Florida. The new Mrs Harding is hospital manager at the zoo. Mr Harding is a survival instructor with the U.S. Air Force. The Hardings, with their family of one dog, two cats, two parrots, two parakeets and nine finches (at time of printing) reside in Homestead, Florida.

Continued from page one

has the highest population of bilingual voters in the country. "The riding is perhaps a microcosm of Canada."

"I'm more concerned about the NDP in this riding than the Tories," he says, adding that he has already begun a little campaigning on NDP turf. "I'm planning as much as possible to run an issue-oriented campaign."

The NDP chose its candidate, economist Ruth Rose, at a nomination meeting several weeks ago. The local Conservatives have yet to pick their hopeful.

First elected in '79

Mr Berger was first elected to the House of Commons in the May 1979 general election. He was re-elected in February 1980 after the fall of the Clark Conservative government, and again in the Tory landslide of September 1984.

In the Trudeau government of 1980 to 1984, Mr Berger served as parliamentary secretary to the minister of state for small business and tourism, and then as parliamentary secretary to the minister for consumer and corporate affairs.

Since October 1984, he has been the official opposition critic for science and technology.

He recently submitted a comprehensive policy paper to the Liberal Party outlining his view of the critical role of science and technology in shaping the future for Canadians.

"I would hope much of the material I worked on will be reflected in the party's priorities in the next campaign," he says.

Earlier this year, he was named a director of the Canadian Centre for Arms Control and Disarmament.

Before politics

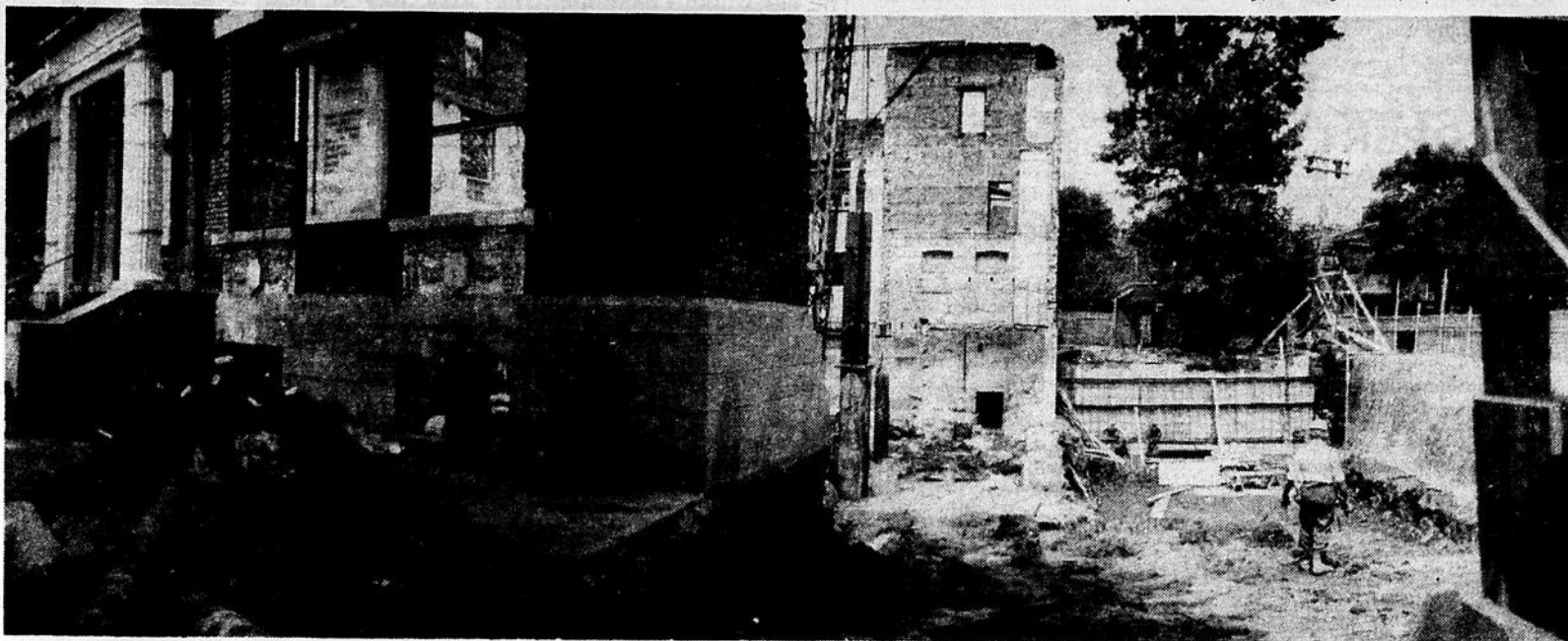
Before getting into politics, Mr Berger was vice-president of the Montreal Alouettes Football Club, president of the Canadian Football League eastern conference, and then president of the CFL. His father, Sam, was owner of the Alouettes for many years and is still active in business.

He received his bachelor of arts degree from the University of Toronto in 1971 and his bachelor of civil law from McGill in 1975.

Mr Berger is married with one daughter. He lives in his present riding, just east of St Laurent boulevard and the new border of St Henri-Westmount.

Theft at condo

Construction equipment valued at \$4,000 was missing from the condominium project at 1 Wood avenue July 1, police said. The theft was not reported until Wednesday last week, five days later. A \$2,500 level and a \$1,400 radio were among the missing items.



SWIMMING HOLES: The YMCA building is "between pools" just now, as is shown in these two photographs. Above, the façade and front door of the building can be seen and, beside it in what was the parking lot, the excavation for the new swimming pool. The photograph to the right, taken looking toward Sherbrooke street, shows the deep end of the old swimming pool. Photo by VALERIE TETLEY

Spontaneous container fire proves difficult to snuff

By LAUREEN SWEENEY

A stubborn garbage fire in a construction site container took firefighters more than an hour to put out Tuesday afternoon outside the 200 Lansdowne project.

The blaze, which fire officials said started by spontaneous combustion, shot flames 20 feet into the air. It was fuelled by oily rags, oil drums and other debris piled high in the container.

Although firemen poured two streams of water onto the burning contents for an hour after their arrival about 1:16 pm, the fire continued to smoulder at the bottom of the container.

"It just wouldn't go out," said Fire Captain James Adams. He finally had a container truck tip up the large receptacle to dump the remaining debris on the street. Firefighters finally were able to reach the fire's source.

The container had been parked on the northwest corner of Lansdowne avenue and St Catherine street for about a week in the extreme heat, workers told fire officials.

This was believed to have resulted in the spontaneous combustion.

Damage, estimated at \$500, was confined to the paint on the blue container.

Man bitten in doggy dust-up

A 39-year-old N.D.G. man was bitten by a dog in King George Park last Thursday as he tried to break up a dog fight, police report.

The victim had taken his own dog to the park about 1:30 am when it became involved in a fight with an Airedale that bit the man on the knee as he tried to separate the dogs. The man went to the Queen Elizabeth Hospital.

Police said the incident report did not specify whether the dogs had been on leashes at the time or if the fight had occurred on the dog run.

Keys found

Keys to a General Motors vehicle were taken to local MUC police station 23 early Friday after being found in Prince Albert Park, according to public safety officers.



Photo by VALERIE TETLEY

Separated mother and child presumed re-united on Lansdowne

AMIDST a number of raccoon complaints received regularly by the Public Safety Unit came this unusual call for help Friday morning.

This time the resident did not want to be rid of raccoons, but rather to re-unite a raccoon family.

Residents of 494 Lansdowne avenue, it seems, discovered a small raccoon separated from its mother and other babies which lived in a tree nearby.

The caller claimed the raccoon did not bother her and that she was concerned for its safety.

The woman was assured the mother should return, but if not, to call officers again. Since no other calls were received it was assumed the story had a happy ending.

Parting ladder seen by owner

Two men were spotted stealing a ladder off a pickup truck Tuesday last week in front of 4054 Dorchester boulevard, police report. The thieves loaded it into a blue Chevy van and drove off.

The incident occurred about 11:15

am just as the ladder's owner returned in time to witness the theft.

The thieves were described as white men in their early twenties wearing jeans. One had a shirt of many colors, the other a white T-shirt. The ladder was valued at \$250.

Sprinkler makes heat

A continuing dispute between neighbors on Victoria avenue near Windsor avenue resulted in a cooling complaint Saturday in the midst of the heat wave.

This time, the complainant was reported to have told public safety officers that watering from next door was hitting her cedar hedge as well as a picnic table.

You Say

Continued from page five

to act for us, not for some political bosses.

Let us seniors remember to remind legislatures that it is we who have had a mighty share in helping to build this marvelous country. It is we who have raised families here, and it is we who must be listened to before our country, in which we have such an enormous stake, is put through the unnecessary life-threatening surgery that is the Meech Lake accord.

Senior citizens were prepared to demonstrate on Parliament Hill for reasons that were mercenary, the present authoritarian, expedient and arbitrary ripping up of our country's constitution by power-hungry politicians provides far better reason and call of duty upon us to go to Ottawa and, in no uncertain manner, tell those so-called elected representatives to start representing their constituents before they genuflect for their caucus chiefs.

My friends of the grey-haired regiments, please, please, do participate in our beautiful country's political process. Try it, be-

lieve me, you will like it. You and I, we own all of this treasure of a country; the time has arrived for us to speak out, loudly and clearly, so that we shall be not only heard, but listened to.

Reuven Carin

PO Box 664
PIEDMONT PQ J0R 1K0

Reader finds fault with report, letter

Sir: THE EXAMINER reported last week that at last week's council meeting I had "asked for a council response to my letter to Mayor Cutler requesting that additional information be added to work permits" and that "her worship had replied she did not know of the letter or the issue" and that "Councillor Paul Fortin said he thought council should discuss it and then reply." The report followed that I had "then tabled another letter dealing with pollution outside Westmount's borders (see You Say column)."

Mayor Cutler did not say then, "She did not know of the letter or the issue." If she had I would have followed it with a question as to where my letter — personally delivered to the mayor's office and THE EXAMINER on June 14th and printed in THE EXAMINER the following week — had gone. The mayor asked me then "to elaborate" on the contents of my letter for members of the council who may not know of it. I did and Councillor Fortin had responded as noted above.

A propos the letter I tabled at the council meeting last week, it did not deal only with "pollution outside Westmount borders" and my request for the PSU to witness pollution incidents. In fact, my letter dealt with pollution incidents both inside and outside Westmount and my request to Westmount's services department to act as such witnesses "more than once, only to be told that it was not the city's job but the MUC's," thus correcting the erroneous record of my question in the unofficial minutes of the March 7 council meeting.

Curiously enough, the copy of my letter as

printed in last week's EXAMINER had a major section following its opening sentence left out to render the remainder conforming to Mrs Sweeney's EXAMINER report. As editor, working within many constraints, you have the final say as to what appears in your newspaper. In this case, however, some important sections had been left out, and a couple of dots after the opening sentence would have clearly indicated the omissions in the printed version of my letter.

This would have been an effortless, but I believe necessary, addition in conformance with the standards of excellence in reporting the truth and service to the community for which THE EXAMINER has in the past and continues to receive well-deserved awards.

R.H. Ferahian

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Editor's Note: We stand by our story of last week. The excised section of the letter was an extract from council minutes removed because of its length.

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Young Westmouter among those growing with Créations Etc

It's not often that your average teenager gets to stand on stage at the Forum with legends of the pop and rock world like Crosby, Stills and Nash, Bruce Cockburn, Michel Rivard, not to mention the Russian group Aquarium.

Vanessa Walser, a 14-year-old Westmount resident, recently enjoyed just that experience thanks to her association with an organization called Créations Etc.

Ms Walser was one of about 75 Montreal-area youths, members of Créations Etc, to join the celebrities on stage during the June 3 Concert for Peace sponsored by International Physicians for the Prevention of Nuclear War (IPPNW). The young people had been invited by concert organizer Tom Campbell to participate with all the performers in the show's final number, the old Crosby, Stills, Nash and Young hit, *Teach Your Children Well*.

For Ms Walser, the experience was "like being on top of the world!... It felt really good making people feel good."

After leaving the Forum, the Créations Etc group spontaneously formed a circle in the street where they remained, singing and swaying, until they were dispersed about 15 minutes later.

Closing ceremonies

The star-studded concert took place during the IPPNW's conference held in Montreal in early June. The Créations Etc troupe was also involved in the conference's closing ceremonies. They put on a musical play, *When I Was Young/Quand*

j'étais jeune, on the theme of human aggression in wartime and in everyday life.

Ms Walser, who worked on the music and singing for the production, says, "Some of the times we rehearsed and it was just awful, but then the show came and it turned out! It was just wonderful!"

Ms Walser has been a member of Créations Etc since May of this year. "It really changed me," she says.

"People are saying to me, 'What's happening to you? You're changing.' It's true. You have your own circle of friends, especially when you live in Westmount, and it's always the same people... but when you join something like that, everybody's from all over the place... you find out about different people and it's just really fun!"

Although she is not sure that she will remain with Créations Etc until she is 21, the upper age-limit for members, she does hope to continue "for a while."

Her joining the organization came about as a result of her mother's meeting Clare Schapiro, a fellow Westmount resident and founder and artistic director of Créations Etc.

Started in 1979

Ms Schapiro launched the group in 1979 in response to her concern for children's rights and to her belief that young people are not used to recognizing and achieving their full potential.

Experienced in writing and directing and with a background in education and law, Ms Schapiro established Créations Etc for five-

21-year-olds. Its mandate, according to public relations manager Valerie Tannage, is to provide a forum for young people to express their concerns about social and global issues in terms of theatre, dance and music. The young people are responsible for the whole process, from conception, research and writing to performance, technical production and public relations.

Créations Etc is now largely government-subsidized and is administered by a small staff of qualified adults. It is part of an international network which will be holding its fourth international festival of theatre, music and dance, Aug 4 to 13, at Montreal's Old Port. Contributors have been invited from Australia, Austria, France, Israel and the U.S. as well as from across Canada to take part in the bilingual festival, *Réalité Jeunesse '88*.

There will be a total of nine shows during the festival, four in English, four in French and one play for which music, dance and direction are all handled by the members of the troupe. The material will be showcased five times during the 10-day festival.

Anniversary ahead

Planning for Créations Etc's 10th anniversary next May is also under way. Members will be collaborating with other Montreal theatre groups for that celebration. Already in the works is a chocolate festival to be held on St Valentine's day as a fund-raising event.

Créations Etc members have toured locally, nationally and inter-



YOUNG SCIENTIST: Westmount resident Sima Newell, left, receives the Suncor Energy Award from Zebulun Munro, a renowned aeronaut who holds 28 international aviation records. Sima and 81 other student-scientists from across Canada participated in a national symposium where they worked with inventors from across North America. Creating inventions which fulfill real needs, as well as thought-provoking discussions on the invention process from drawing board to marketing were part of the experience. Sima earned an all-expenses-paid trip to the Toronto symposium by winning the Suncor Energy Award at the Montreal Regional Science Fair held earlier this year. The award and the symposium are sponsored by Suncor, one of Canada's major integrated oil companies.

nationally as well as contributing material for television and radio programs. Topics have run from child abuse, hunger and pornography to extortion in schools and suicide. They performed *Hunger: the Fairytale* for a 1984 international conference on world famine co-chaired by Pierre Trudeau and Willy Brandt. They participated in the International Youth for Peace tour in 1985 and, in 1986, took part in International Peace Year activities in

Europe and in Child Find Quebec's Missing Children's Day.

Créations Etc is always looking for more young people to participate in its work and in its preparations for *Réalité Jeunesse '88*. Tax-deductible donations are welcome. Supplies for, or work on, the festival site at Hangar 9 in the Old Port would also be appreciated.

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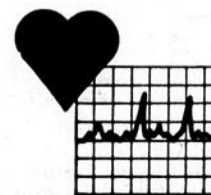
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THE WESTMOUNT Examiner

Thursday, July 14, 1988 - 27

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Adult tennis courts to get new surface; users may pay fee

The City of Westmount plans to resurface its adult tennis courts before the start of the 1989 playing season, and it will be surveying the players on what type of surface they prefer.

The city is also considering charging residents a fee for using the tennis courts and for participating in many of Westmount's other recreation activities, currently open to all free of charge.

The four clay courts, located in Westmount Park near the library, suffer from a drainage problem and require extensive maintenance on a regular basis, Councillor Joan Rothman, the commissioner of leisure and culture, told last week's public council meeting.

"We have to improve the drainage. It's just a question of what we put on top," Mrs Rothman explained. The present courts, which were built over 20 years ago, have such poor drainage that players commonly must wait three or four hours after a heavy downpour before using them.

Three surface types

A brief presented to council by public works engineer Marianne Zalzal examines three surface types for the city to consider. The options outlined are to resurface the courts with new clay, or to change to a synthetic sod or an asphalt surface.

"I'm not making a recommendation," says Ms Zalzal. "I'm just presenting council with the facts and

By CHARLES MAPPIN

letting them choose, because they're more aware of what the residents want."

Mrs Rothman ruled out asphalt, saying it wears down shoes, balls and feet more quickly than the other two surfaces. Ten of Westmount's 16 tennis courts are made of a red-and-green asphalt material. The only clay courts are the adult ones and the two in Stayner Park.

Synthetic sod consists of green polypropylene fibres with a rubber carpet backing, just under an inch thick in total. It looks similar to a fake-grass doormat, although it is much softer and stronger. A mixture of silica sand and rubber particles serves as a top-dressing filtered between the fibres. The resulting court makes for a faster game than clay, but a significantly slower one than asphalt.

Calling the clay courts a "hallowed institution" for many players, Mrs Rothman said the city was leaning towards using clay again, but wants to consult the users.

"Council didn't vote on the issue, but several councillors voiced a strong preference for clay," Mrs Rothman said.

Players to be polled

Players at the courts during the remainder of the summer will have an opportunity to give their opinions. A fact sheet based on the brief

will be posted, along with samples of synthetic sod for players to examine. A survey will also be taken, Mrs Rothman said.

In the brief, Ms Zalzal outlines the installation and maintenance costs, playing characteristics, and downtime due to rain associated with the three surfaces. She also presents the results of her research of tennis clubs using synthetic sod courts.

Ms Zalzal found that while the synthetic sod courts are more expensive to build than clay courts, they require far less maintenance and dry out considerably faster after a rainfall. Over a period of years, therefore, synthetic sod is more economical and provides for more playing time.

The existing clay courts require four hours of maintenance per day, as well as rolling after rain and periodic replacement of the surface material. The only maintenance synthetic sod requires is rolling at the start of the season, followed by weekly brushing.

Sod quicker-drying

After a rainfall, players on a synthetic sod court can usually get back to their games within an hour or so. Ottawa's Rideau Tennis Club installed four outdoor synthetic sod courts two summers ago and claims the courts are ready for action within 10 minutes of rain because of the drainage system it installed.

Using a clay surface, construction costs for the four courts would be \$57,500. A synthetic sod surface would cost \$83,000. Over the following five years, however, the clay courts would cost \$56,000 to maintain; the synthetic sod, only \$3,200.

The brief shows that synthetic sod courts also provide more playing time because less time is used for maintenance and for drying after rain. Based on a season of 3,360 possible playing hours, the clay courts could be used for some 2,030 hours while the synthetic sod would allow for 3,200 hours of playing.

Using these numbers, Ms Zalzal calculated the clay courts would cost \$2.80 per court per playing hour over the first five years. Synthetic sod would be less than half the cost, at \$1.35 per court per hour.

Five-year guarantee

Synthetic sod is used on some outdoor courts such as the Rideau Tennis Club and on St Lambert's public courts, but is a relatively new surface which comes with only a five-year guarantee. Mrs Rothman said the city has some reservations about using it because "we have no idea how long it will last." If it endures the climate and lasts longer than the five years, it becomes increasingly more economical than clay.

While a new surface is in the cards, the question of a fee remains undecided. Mayor May Cutler said the city would look into how other municipalities charge for recreation activities and is considering fees at the courts "because our costs of redoing them will be over \$100,000."

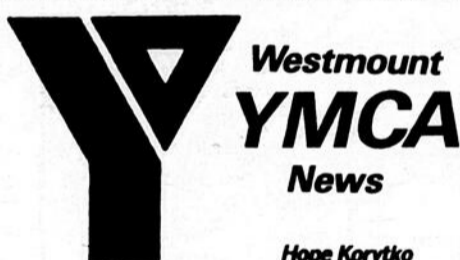
On the subject of fees, Mrs Cutler noted as an example that Hampstead charges \$53 per week for youngsters in its day camp, while the Westmount day camp is free.

Mrs Rothman said the tennis fees



HIGH FLYER: Westmount's indoor skateboard ramp is back in business again this summer as 16-year-old Somerville avenue resident **Mer Van Roost** demonstrates with his gravity-defying skills Tuesday afternoon. The ramp is supervised at all times by Paul Provost, the Clarke avenue resident who pushed the city to install it last summer. Knee pads, elbow pads and a helmet are required, and Mr Provost suggests wrist guards and gloves also be worn. The ramp is open Monday through Friday from 3 pm to 9 pm, and Saturdays from noon to 5 pm.

could either be in the form of a season pass or on a per-hour basis. The issue will be on the agenda of the Sept 7 meeting of the Westmount recreation advisory committee, she said.



**Westmount
YMCA
News**

**Hope Korytko
Executive director**



Summer is finally here to stay, and each day I am witness to the many Westmounters who have taken up running as a means of keeping in shape. Whether you are a novice, and a slow run around Westmount Park is your speed, or a veteran training for any one of the numerous road races this summer, there are certain things you should always keep in mind.

By following these practical guidelines, you will help prevent injury and enjoy your run a great deal more.

First, warm-up and stretching exercises *must* be done prior to your run. Most muscle tears, knee and ankle injuries are due to an insufficient or non-existent warm-up period. Likewise, at the end of your workout, always remember a cool-down and relaxation period. This will lessen the risk of pulled muscles and soreness the following day.

One important point is to never overdo your running. I have seen numerous diehards who absolutely cannot survive a day without a hard workout; or, even worse, runners who train while they are injured. The old adage, "no pain, no gain," is absolutely untrue. If it hurts, your body is telling you to stop. Switch to another sport like swimming until

the injury has healed.

Increase your distance gradually and run on various types of surfaces to maximize your training effect. Constant pounding on the concrete streets has been associated with such injuries as shin splints. With all of the hills in our community, you also have a perfect opportunity for an increased workout, but do not attempt running up Clarke street until you have been running for a while, and are in shape.

What you wear is also important both on a personal comfort and on a safety level. Purchase shoes that have been designed for running. Although a good pair may cost around \$100, the potential for injury is much lower than with a poorly designed pair of shoes. If you plan to run our streets at night, be sure to wear light-colored clothing with fluorescent tape to warn motorists as you pass by.

Last, but not least — if you do pull a muscle, twist a knee or feel pain in your legs after running, apply ice immediately. Should the pain persist, consult your doctor or physiotherapist. Do not continue to run.

Happy running, and if you need any further information, consult one of our instructors after class, or give me a call at the Y at 931-8046.

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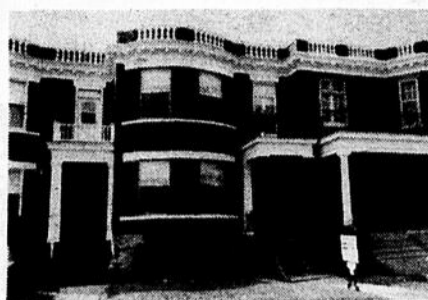
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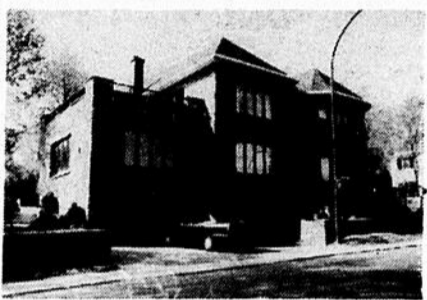
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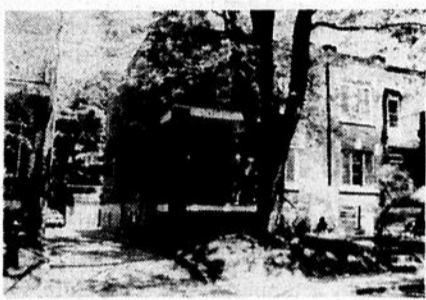
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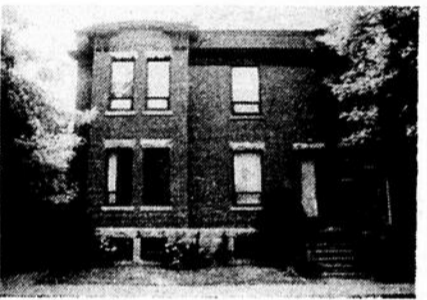
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