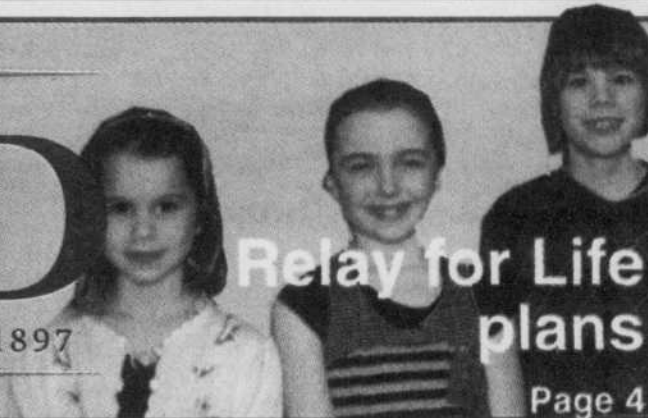


Roof collapses in Lennoxville

Page 5

THE RECORD

THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897



Relay for Life
plans

Page 4

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WEDNESDAY, MARCH 9, 2011

Raid leads to two arrests

By Doug McCooye

A Sureté du Québec (SQ) raid of a Stanstead residence has led to the arrest of two people connected to a marijuana production and trafficking operation.

It was a lengthy investigation conducted by the MRC Memphrémagog division of the SQ that led officers to an undisclosed residence on Gendron Road in Stanstead on Friday. "We had information that there was marijuana inside the residence, so we raided the place," explained SQ spokesperson Louis-Philippe Ruel in an interview with The Record on Tuesday.

Inside, police found a full-on drug production facility. Officers seized over 100 cannabis plants at various stages of growth and another five half-pound bags of street-ready marijuana. "It was a production site," confirmed Ruel. An undisclosed amount of cash and the production equipment was also seized in the raid.

Ruel said that the operation was independent, meaning it was not connected to a bigger drug-ring.

The home's two residents, a 46-year-old man and a 43-year-old woman, were arrested as part of the police operation. They are facing a series of charges related to the production, possession, and distribution of marijuana.

Record snowfall strikes the Townships A storm of epic proportions



NADINE FAFARD

With no plowed sidewalks, a group of people with snowshoes braved the wind aided whipping wet snow on College St. in Lennoxville during Monday's snowstorm. The 71 cm left the Eastern Townships paralyzed. The amount of snow broke the previous record set on Valentine's Day 2007. See Doug McCooye, page 3.

Fatal accidents

Page 5

Farewell from a community

Page 8

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Centennial Theatre Junkyard / Paradis with Mayday Danse

Mélanie Demers has been praised for her "courageous questioning of the artist's role and the human within for its emotional charge and the coherence of a dance work in images and atmospheres."

An inventive and thoroughly engaged artist, she now presents her latest work, the core of which addresses consumption and environmental destruction. Junkyard / Paradis premiered in France at the Rencontres Seine-St-Denis, a prestigious launching pad for a young choreographer.

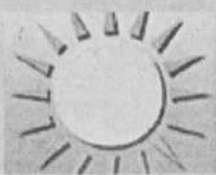


This show is presented on Tuesday, March 15, 8 p.m. Pre-show chat at 7:15 p.m. in the lobby.

Tickets - Adults \$26 / Senior (60+) \$15 and Student (with ID) \$15 (service charge not included)

Buy your tickets 819-822-9692 or subscribe to www.ubishops.ca/centennial/subscriptions. See the official website www.maydaydanse.ca

Weather



TODAY:
SUNNY

HIGH OF 0
LOW OF -16



THURSDAY:
FLURRIES

HIGH OF 1
LOW OF -5



FRIDAY:
SHOWERS

HIGH OF 11
LOW OF -1



SATURDAY:
SHOWERS

HIGH OF 13
LOW OF 8



SUNDAY:
RAIN

HIGH OF 4
LOW OF 1



Townshippers

Celebrate St. Patrick's Day with Townshippers! On Thursday, March 17, we will be hosting our annual Open House in the Townshippers' Association Montérégie office. We hope you will stop by and celebrate St. Patrick's Day with us! The event will begin at 11:30 a.m. and continue until 2 p.m. Staff members of the Association will be present to greet our partners, our members and other Townshippers who wish to stop by and learn more about the Association and what we do. Light refreshments will be served.

If you want to learn more about the Association or the Eastern Townships English-speaking community, or if you'd like to meet some of our Association's dedicated staff members, be sure to drop by our Montérégie office, located at 357 Knowlton Road in the same building as the Lac-Brome Tennis Courts, on the 17th... and don't forget to wear something green!

During the Open House, we will be offering guests a special membership deal! New or renewing members of the Association will be able to purchase a two-year membership for the price of a one-year membership, or a four-year membership for the price of a three-year membership.

If you are unfamiliar with the Association, or you haven't been a member for a little while, you may be wondering what a Townshippers' Association membership would give you... well, here are the details. All members of Townshippers' Association receive mailed copies of our bi-annual publication, Townshippers, as well as a weekly e-bulletin which lists news from the Association and its partners. Members are also eligible for 10% discounts on tickets and entrance fees at cultural events and activities organized by our 10 cultural partners (to see the complete list of our partners, visit the Community and Culture section of our website: www.townshippers.qc.ca). Last but not least, members of the Association are eligible to receive special benefits or discounts, provided by local businesses (members of Townshippers' new Busi-

Keeping in Touch

ness Support Network) which offer English-language services. This is a great deal... you won't want to miss it!

Be sure to stop by our Montérégie office on the 17th to learn more about the advantages of becoming a member of the Association, or to get your membership. For further information, contact

& Referral Coordinator to set up an appointment to bring your taxes in. She will ask you a few simple questions and make sure you have all the necessary documents. You will leave your income taxes with her and a volunteer will complete them. Once they have been completed, you will receive a call letting you



COURTESY OF TOWNSHIPERS' ASSOCIATION

Do you want to learn more about Townshippers' Association and what it has to offer you? Stop by our Montérégie office on St. Patrick's Day, between 11:30 a.m. and 2 p.m., to learn about our projects, meet our staff and find out about the benefits that membership in our Association could give you. Don't forget to wear something green!

Evelina Smith, Townshippers' Association's Information and Referral Coordinator, at 819 566-2182 (toll free: 1-877-566-2182) or info@townshippers.qc.ca.

Income Tax Service

Are you terrified, overwhelmed or mystified when it comes to income taxes? Do you receive social assistance or Old Age Security? Are you a student? If so, you can have your income taxes done for free!

Each year a number of community organizations, in collaboration with Revenue Canada and Revenue Quebec, offer a free income tax service to individuals and families. To be eligible for this service, your annual income in 2010 must have been a maximum of \$20 000 for an individual and \$26 000 for a couple. You can add \$2000 per child. Our income tax services cannot do the income taxes of someone who is deceased.

Townshippers' Association offers an income tax service in its Sherbrooke (Lennoxville) office. The procedure for having your income taxes done is simple. All you have to do is contact our Information

know that they are ready and you can set up a time to pick them up. All of your documents will be returned to you at this time. We can even show you where you need to sign!

This year, we are also offering the option of electronically filing your income taxes. All you need for this service are the access codes, which have been sent to you by Revenue Canada and Revenue Quebec.

For more information about the income tax service, contact Evelina Smith, Information & Referral Coordinator, at 819 566-2182 or info@townshippers.qc.ca. All enquiries are confidential.

There are also a number of other places in the Estrie and Montérégie regions that offer income tax services. To learn about the service closest to you, contact our Information & Referral Service or call Service Canada at 1 800 O-Canada (1-800-622-6232).

No Record Tuesday

The Monday snowstorm that brought the Eastern Townships to a standstill forced The Sherbrooke Record to suspend its Tuesday edition.

We are back this morning with the Brome County News inserted into our pages and plenty of articles and photos about Monday's record setting weather.

Thank you for your understanding,
Daniel Coulombe
Editor.

Ben by Daniel Shelton



LOCAL NEWS

Most people, young and old, stayed home on Monday to wait the storm out. City snow removal teams worked through the night to clear Sherbrooke's main streets.

Record snowfall strikes the Townships



AL BARBER

By Doug McCooney

At the conclusion of an email exchange with The Record on Sunday, City of Sherbrooke spokesperson Louis Gosselin was clairvoyant in his assessment of what would be Monday's hot topic.

"Snow will be the subject tomorrow morning," he wrote.

And was it ever.

Townshippers awoke Monday morning to find that high levels of snow had fallen throughout the territory, crippling the ability of many citizens to get to their cars and, in some extreme cases, even leave their homes.

In an interview with The Record on Tuesday, Environment Canada meteorologist André Cantin estimated that about 70 centimetres of snow had fallen by the time it stopped late Monday night, however he had yet to receive the official numbers. "It could have been much more than that," he said, confirming that the snowfall was a 24-hour record-high for March 7 in the region.

"It's the highest since February 14, 2007, when the area got over 60 centimetres."

Environment Canada officials had a difficult time getting an accurate reading from their measuring equipment at the Sherbrooke Airport on Monday because it was completely buried under the snow.

Area elementary and high schools were closed on Monday, as were school board run daycares. Both Champlain College and the Cégep de Sherbrooke also cancelled their classes for the day, as did the Université de Sherbrooke and Bishop's University.

Many municipality-run services, including city hall, were shutdown in Sherbrooke on Monday. Similar closures were reported in most other Eastern Townships municipalities. The public sittings of the Sherbrooke and Magog city council, scheduled for Monday night, were postponed.

As of 4 p.m. on Monday afternoon, only four minor vehicle accidents had been reported. Sherbrooke police (SPS) spokesperson Martin Carrier said that the service was on emergency alert for most of the day.

"Our 911 service received a lot of calls about blocked driveways due to the

snow. Some called complaining they couldn't even open their front doors. Most of the calls we got were not emergencies," he explained in an interview with The Record on Tuesday.

The SPS is equipped with four snowmobiles, and all were put to good use on Monday. Many ambulances were dispatched to help people who were suffering from heart attacks while trying to shovel the snow. However, the poor road conditions made it difficult for some of the response teams to reach the victims, thus the need for the snowmobiles. In the afternoon, Bombardier provided four more snowmobiles for law enforcement to use.

"We also had about a dozen four-by-fours to get around with, but it was harder with those because of all the snow," noted Carrier.

Despite the deplorable road conditions, there were no major accidents reported in either Sherbrooke or the surrounding area, much to the relief of



AL BARBER

area law enforcement. "It was pretty quiet," said Sureté du Québec spokesperson Louis-Philippe Ruel, in an interview with The Record. "We didn't have anyone who was seriously injured. A lot of people had minor accidents, running into snow banks and things like that (...). It was a bad day that ended up being a good day."

Tuesday: activities resume

Most people, young and old, stayed home on Monday to wait the storm out. By the evening, the snowfall had subsided and city snow removal teams worked through the night to clear Sherbrooke's main streets. By Tuesday morning citizens were seen digging out their vehicles as they returned to work.

Nevertheless, the school boards were taking no chances with the potentially perilous road conditions. The French-language school boards were closed again on Tuesday, while the Eastern Townships School Board

(ETSB) made Tuesday a pedagogical day. Bishop's University resumed classes as of 11:30 a.m. on Tuesday, while Champlain remained closed.

All educational institutions are expected to resume classes today.

Sherbrooke officials have said it will cost over \$1 million to remove all of the snow in the city, a process that will take about ten days.

SPS spokesperson Martin Carrier is impressed with how citizens handled the crisis. On Monday night the station did not receive any calls related to the snowfall.

"It was a chaotic day. But it seems that we all came out of it okay."

For more photos from Record readers please turn to pages 11 and 12.



NADINE EAFARD



AL BARBER

WALES

FONDATION - FOUNDATION

Everyone knows an older home costs more and more each year to maintain. The "Wales Home", built in stages starting in 1921 with additions later around 1955 and 1975, needs to not only maintain itself, but actually must upgrade many aspects of its facilities and operations to meet government standards and the community's needs.

At this point in time, the "Wales Home" has taken out a mortgage to help finance a major program of much needed upgrades. The flow of funds into The Foundation through donations from the community it serves is a crucial element of sustaining the level of excellence the Wales Home aspires to.

Despite having moved to Calgary 35 years ago, I personally have contributed large sums of money and, more importantly, a huge chunk of my heart as annual Campaign Chair over the past four years. As I pass the baton to another community member for future campaigns, I ask this final time that Townships' reach into their wallets prior to March 17th (St. Patrick's Day) to boost this campaign's total to the \$500,000 mark!! (It currently sits at about \$410,000).

Please drop into the Wales Home anytime to witness first-hand what your donations are creating, and welcome to the campaign closing wine and cheese reception at 7PM on March 18th at the "Home".

Thank you very much for your support and "Long Live the Spirit of Horace Pettes Wales!"

Sincerely,
Nils Bodtger

Coaticook thaws for cancer Relay



Cancer survivor and honorary president of the 2011 Relay for Life Anny Favreau (second to last on the right) and her family joined Organizing Committee Chair, Jacinthe Desbiens (right) Monday evening in Coaticook for the launch of this year's cancer cure fundraiser.

By Corrinna Pole
COATICOOK

While most of the Townships remain locked in a frozen wonderland Monday, in Coaticook things were heating up with the launch of the ninth Relay for Life to support the Canadian Cancer Society.

During a 5-à-7 at the Élie-Carrier Centre, Pierre Langevin director of the Verts-Sommets Caisse Desjardins introduced the Coaticook Relay organizing committee president Jacinthe Desbiens who announced the group's goal of raising \$104,000 to fight cancer.

The bank branch also unveiled its \$5,000 sponsorship of the event and was awarded a certificate of recognition for its seven years of contributions to the Relay.

Desbiens presented team captains,

volunteers, sponsors and this year's honorary president Anny Favreau who delivered a rousing testimony about her battle with cancer and shared her motivation for participating.

"Relay for Life is much more than a fundraising activity," said Favreau. "This event is both enjoyable and rewarding where we can show our support in concrete terms to those we love. This is an exceptional moment, one night to share with family, friends and colleagues."

The annual Relay is a 12-hour overnight walk where one member of a ten-person team must be walking at all times with the goal of raising money to eradicate cancer but it's also a time to celebrate those who have survived and remember those who have been lost.

Organizers hope to recruit 34 teams for the Coaticook relay that will be held in Laurence Park on Saturday, June 11.

Those who have conquered the disease are the first to walk the circuit during the Survivors Lap, to celebrate their victory and give hope to others. Last year

10,400 cancer survivors took the proud walk. The Coaticook Relay hopes to have 120 survivors participate this year.

The Relay honours those affected by cancer with a Luminary Ceremony that provides light and inspiration to participants all evening long. The luminaries are lit during a twilight observance and bear the names of cancer survivors or someone who has been lost to cancer.

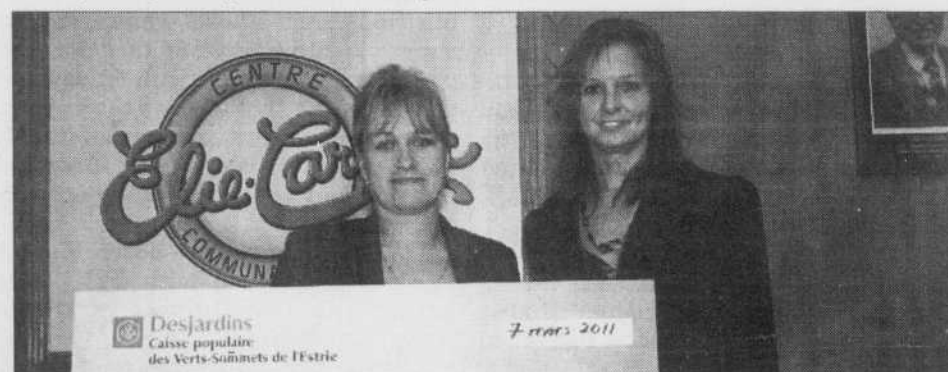
Coaticook organizers hope to sell 1,600 luminaries to help them meet the goal.

Across the province 81 Relay events, four more than last year, are being planned with the combined goal to shatter previous fundraising goals by generating \$13,956 million U.S.

In 2010, 47,500 participants took part in the event which raised \$12.8 million to help find a cure to cancer. According to the Canadian Cancer Society, 7,400 volunteers supported Relay's for life across the province and 65,300 Quebecers were involved in the event in one way or another.

During the Luminary Ceremony 224,800 candles were lit.

To learn more about the Canadian Cancer Society Relay For Life visit the website www.cancer.ca.



Nancy Breault, representing the Caisse populaire des Verts-Sommets de l'Estrie presented Coaticook Relay for Life organizing committee president Jacinthe Desbiens with a check for \$5,000.00 towards the annual cancer cure walk.

After twenty years of local presence: BPR is growing its team to meet New challenges in the greater Estrie region

Kathia Brien

Established in Estrie for the past 20 years, BPR is acquiring a multidisciplinary engineering team, which will provide the full breadth of company expertise, from its building, energy, water, infrastructure and industry units. This expanded workforce will allow its specialists to work with a highly diversified client group: health, education, water management, transportation, municipal infrastructure and renewable energy. New employees have already joined the team of engineers and technicians to

respond to the needs of its area clients, as well as being involved in projects on the international stage.

Dedicated to the regional market

With a larger team and a greater breadth of expertise in Sherbrooke, BPR provides the full range of engineering services to its area clientele. The many projects carried out in the region - such as redevelopment of the paediatric hemato-oncology unit of the CHUS, rebuilding of the main street in Sutton, redevelopment of Highway 112 at Ascot Corner and evaluation of the safety and then rehabilitation of twenty or so

dams, - already bear witness to the very real influence of the regional talents of the company.

"L'Estrie embodies BPR's values and our desire to offer our employees an exceptional quality of life at the same time as working on stimulating projects. We can depend on our Sherbrooke graduates, remarkable professionals whose training, education and real project experience are completely consistent with BPR today. What we want to do is continue to be involved locally, but also to use our talents on international projects," says Pierre Lavallée, Chairman

and CEO of BPR.

BPR's enlarged team is already settled into its new offices located at 2100, King St. West, Suite 110.

For 50 years, BPR has been one of Canada's most significant engineering firms, offering a full range of engineering and project management services to industrial and commercial businesses, large institutions and municipalities. The company's activities are divided among five major specialties: building, municipal infrastructure and transportation, energy, industrial and water management.

Seniors group reponds to Premier's promise

The \$150 million announced by Premier Jean Charest in his inaugural speech that has been allotted for Quebec's aging population is being hailed as a step forward by seniors advocate group Eastern Townships FADOQ,

(Federation des Aînés de Québec). In a statement, FADOQ second vice president Réjean Audet stated the group was pleased to see a concrete gesture of support from the provincial government that would use the funds this year to

support home care and other services for the elderly.

The amount, that will increase to \$200 million annually starting next year, is being called an "essential investment" that is a step in the right direction by

FADOQ who cautiously noted that while critical gaps would be filled, the promised improvements would not be felt for "some years".

Fatal road accidents over the weekend

Slippery road conditions appear to be behind two separate road accidents that took place in the Eastern Townships over the weekend.

La Patrie

Late Saturday night at around 10:30 p.m., 30-year-old Olivier Poulin was behind the wheel of his Nissan Titan when he lost control on a slippery patch of ice on Route 212. The car rolled over multiple times, ejecting Poulin in the process. He was pronounced dead by authorities at the scene.

A woman was also riding in the vehi-

cle at the time of accident. She was taken to a nearby hospital to be treated for a series of minor injuries as well as shock.

According to the Sûreté du Québec, Poulin had not been wearing his seat-belt.

The case is still under investigation. Icy road conditions and/or excessive speeds are thought to be potential causes of the accident.

Saint-Alphonse-de-Granby

Éric Roy was driving his pickup truck with three other passengers aboard on

Highway 10 near Saint-Alphonse-de-Granby when he suddenly lost control of the vehicle, crashing it violently into a roadside ditch.

According to police accounts, the ditch was filled with water and the three passengers managed to exit the vehicle through the passenger window with the help of witnesses and first responders. The truck had landed on its roof, however, and the people were unable to get the 38-year-old Roy out. He remained trapped in the water for a number of minutes. Finally a tow truck managed to

pull the vehicle out of the ditch, but it was too late.

Arriving ambulance workers tried to revive Roy at the scene, but were unsuccessful. He was transported to a nearby hospital where he was pronounced dead.

The three other passengers were taken to hospital to be treated for minor injuries.

Potential causes of the accident include poor road conditions and excessive speeds. According to the SQ, the pickup truck's worn-down winter tires may have also played a factor.

SPS await Nathan Garneau's autopsy report

By Doug McCooney

Sherbrooke police (SPS) investigators are still waiting for the report from the province's coroners office in Montreal regarding the autopsy on the body of three-year-old Nathan Garneau, found dead in his home on February 20.

It has been nearly two-and-a-half weeks since the boy and his 36-year-old mother were discovered in their Léo-Laliberté residence. While Nathan was de-

ceased by the time police arrived, the mother was still breathing after having attempted to commit suicide.

"She is still in hospital in critical condition," noted Martin Carrier, spokesperson for the SPS, in an interview with The Record. "I spoke with the investigators and they are still waiting for the (autopsy) report. There's nothing new."

Discovered next to the toddler on the night in question, investigators consider the mother to be the principal witness

to the incident, but have been unable to interrogate her, as she has remained unconscious in the hospital's intensive care unit since the incident.

On Tuesday, Carrier would not divulge the injuries that the mother was suffering from. Authorities have described her status as critical since she was brought to the hospital on February 20. "I don't want to impede the investigators by divulging that information," said Carrier.

Investigators are awaiting the autopsy report and/or the mother's statement to determine whether she killed the infant before trying to take her own life, or whether she discovered the dead body, leading her to the suicide attempt.

The funeral of Nathan Garneau was held last week at the Saint-Charles-Garnier Church in Sherbrooke.

CSST stresses rooftop snow clearing safety

In the wake of the massive snowstorm that dumped over 71 centimetres on the townships, Quebec's occupational health and safety commission is reminding the public to use caution when clearing the accumulated snow or underlying ice off of rooftops.

Clearing roofs may be necessary but it is an extremely dangerous task that can result in injuries from falling or being buried under falling snow. Cold weather and exertion can also pose health risks.

Before clearing snow, the CSST recommends employers, workers, building

owners and managers evaluate the risks of the work, the amount of accumulated snow and the area that needs to be cleared, such as the location, dimension and slope of the roof, in order to identify any hazards and take appropriate safety measures.

If possible workers should clear the snow from the ground with the use of a long handled roof rake.

If workers must be level to the roof, a lifting device such as a cherry picker or a platform should be used to limit the risk of falls.

Guardrails or personal protective

equipment such as a safety harness that is firmly anchored must be used when a worker is elevated three meters or more from the ground.

A drop zone should be designated for the snow to be pushed from the roof and the zone should be blocked off with signs and barricades to reduce the risk of someone being struck by falling snow or ice.

Temporary shelters, such as winter car shelters, must be cleared with a rake. Pushing the snow off from the inside of the shelter could cause it to collapse.

Those clearing snow should remem-

ber to pace themselves to the weather and their physical fitness levels. Just as with any physical activity, the CSST also suggests warming up before removing snow.

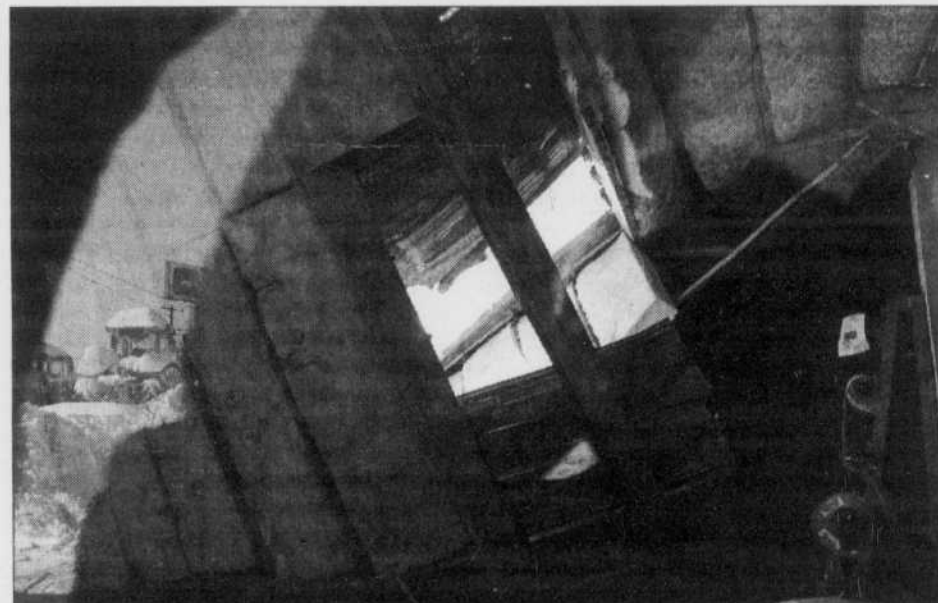
The CSST, which has prioritized reducing falls in the workplace, has inspectors that can offer recommendations on work practices and the use of appropriate protective equipment.

For more information visit the CSST website at www.csst.qc.ca.

Heavy snow causes roof cave-in in Lennoxville



PHOTOS BY AL BARBER



In the wake of a large snowstorm like the one that plagued the Eastern Townships on Monday, much is always talked about the negative effect that the snow has on driveways and roadways in the region. Another common casualty, however, are roofs, as evidenced by the damage observed at Steve Carpets (above), located at 11 Queen Street in Lennoxville.

Ombudsman posts results online

The Quebec Ombudsman is taking a step towards transparency by posting the results of select investigation against public administration and

the health and social services online.

Under the heading 'Investigation Results' at the www.protecteurducitoyen.qc.ca website,

citizens can find a summary of the reasons behind a complaint, the Ombudsman's recommendations and the final results on "real-life" cases. Some infor-

mation may be removed from summaries in order to comply with confidentiality requirements.

EDITORIAL

Some doctors were offended at the idea that they should wash their hands, feeling that their social status as gentlemen was inconsistent with the idea that their hands could be unclean.

The more things change, the more they stay the same

By Ivy Weir

The so-called Semmelweis reflex is known in the medical world as a metaphor for a certain type of human behaviour, characterized by reflex-like rejection by contemporaries when opinions contradict entrenched norms.

It is deservedly named. Dr. Ignaz Philipp Semmelweis (1818-1865) was an Hungarian physician who became known as the saviour of mothers. His extensive work led him to conclude that childbed (puerperal) fever, common in the mid-19th century hospitals with a mortality rate of 10-35%, could be avoided by simply requiring physicians to wash their hands.

In the Vienna General Hospital's first obstetrical clinic, doctor's wards had three times the mortality rate of other wards administered by midwives. Semmelweis had made a connection between the unwashed hands of medical students as they made the rounds between cadaver studies in the morgue and the care of mothers during childbirth. Midwives had no contact with the morgue.

He published "Etiology, Concept and Prophylaxis of Childbed Fever" and soon established a policy of strict hand washing, followed by a marked drop of 90% in mortalities. By 1847, a rate of 18.3% mortality had been reduced to 2.2%. After two months of observance, death rate was zero. His hypothesis had been proven that there was only one cause of child bed mortality and that was the doctor's contaminated hands.

That should have been the end of a happy story all about how thousands of lives were saved. Not so! Instead, Semmelweis was ignored, rejected and ridiculed. He was dismissed from the hospital for political reasons and harassed by the medical community in Vienna. Isolated, he was forced to seek work elsewhere. Outraged, he wrote to other European obstetricians denouncing their practises. His views became more accepted in England than on the continent. Some doctors were offended at the idea that they should wash their hands, feeling that their social status as gentlemen was inconsistent with the

idea that their hands could be unclean.

The medical establishment posited that Semmelweis was 'naive, flawed and lacked a scientific basis for opposing entrenched viewpoints'. Unfavourable reviews of his book followed with a rejection of his doctrine. He became an irritating presence and an embarrassment to his profession as well as to his birth place.

Semmelweis widened his scope by including all instruments in contact with patients, and used mortality rates to document his success. Instead of his indisputable results being accepted that would save lives, he was hounded from one hospital to another. In the meanwhile, mortality rates in childbirth at the Vienna General Hospital crept back up. Finally he was committed against his will, by a fellow doctor's signature, to an asylum, where he died at the age of forty-seven.

Despite the fact that his theory was sound, it was only accepted decades after his death when Louis Pasteur confirmed the Semmelweis germ theory. Today, his birth place bears an historical museum and library in his name.

Today, Dr. Andrew Wakefield, who has dared to suggest that further study should be pursued on MMR (measles, mumps, rubella) vaccines, to assure their safety, has lost his license to practise in England. He has been denounced as unscientific and called a fraud and a fake, discredited by reports and medical journals. It begs to be asked if we are in the throes of Semmelweis reflex manoeuvres. It surely sounds as though the big knives have once again been unsheathed. Wakefield is not claiming a link between MMR vaccines and disease. He is only recommending further study to establish their safety or risk as the case may be. Their claim, ad infinitum, that countless studies have not proven the vaccines to be harmful, ignores an equally sound argument that neither have they been proven safe.

Must we wait decades before unbiased studies can be conducted to determine the facts, whatever they might turn out to be? Parents know, a priori, that the absence of proof is not proof of absence.

Letter

Over the years, many wives learned about the new rules after being hauled out of line at customs and warned about their Canadian status.

Time for women's groups to stand up for "Lost Canadian" war bride children

By Melynda Jarratt

It's the 100th anniversary of International Women's Day and all across the country people are celebrating women who have made a significant impact on Canadian history.

If there is one group of women that Canadians love to talk about it's war brides. Their immigrant story of love, courage and adaptation to a new life in Canada is an indelible part of our national and cultural identity.

But when it comes to war brides, immigration is one thing, citizenship is another. It's high time politicians bow their heads in shame at the dark side of the Canadian war bride story that everyone, especially the Minister of Citizenship and Immigration, Jason Kenney, would like us to forget.

Canadians should know the real story of how war brides and their children were lied to about their citizenship status when they came to Canada in 1946 and how that lie has come back to haunt them more than 65 years since the end of the war.

The fact is that when war brides were brought to Canada they were told that they and their children became citizens by virtue of marriage to a Canadian servicemen.

The war brides had no reason to question their status. Didn't Prime Minister MacKenzie King himself call them "a splendid addition" to Canada's citizenship?

They didn't know that with the introduction of Canada's first Citizenship Act on January 1, 1947, the rules changed. After that date, war brides and children had to apply for citizenship: problem was, nobody told them.

Over the years, many wives learned about the new rules after being hauled out of line at customs and warned about their Canadian status. But not every war bride travelled back home to Britain or Europe and whether through ignorance or procrastination, not every one applied for her Canadian citizenship.

From time to time, we'll hear about women like 87 year old Priscilla Corrie of British Columbia who found out in 2008 that she was not a citizen. Once her story hit the national media in 2010, the Department moved quickly to solve her problem but it was only because her story went public.

Those who are most affected by the citizenship issue are war bride children who were born overseas during the war. They too, never knew about the change in rules but unlike their mothers, the Department doesn't seem to mind picking a fight with the younger generation.

They are the "Lost Canadian" war bride children, stripped of their citizenship because they didn't fill out a piece of paper so many years ago.

Now aged sixty five and older, these children are discovering they are not Canadian citizens. What ensues is a bureaucratic nightmare that can take years and thousands of dollars to fix. Imagine the anxiety when federal entitlements such as Old Age Pension, Medicare and passports are denied until the paperwork is in order.

And it gets worse. If the war bride child was born out of wedlock, they are denied citizenship status because of a discriminatory section of the 1947 Act. They can get a special grant of citizenship, but it only recognizes their status from the date of the grant forward. Jackie Scott is fighting to be recognized as Canadian citizen, but her birth status is being used against her by the government.

Which brings me back to International Women's Day. No politician or feminist would dare defend such a bumbling bureaucracy that targets war brides and their children nor the anachronistic and discriminatory legislation that bans born out wedlock children from citizenship. But Minister Jason Kenney does it all the time.

As an historian and women's rights activist I find it hard to believe that women's organizations have not taken up the cause of war brides and their children who are being treated so badly by the Department of Citizenship and Immigration.

After 65 years, I don't think I'm asking too much for women's groups across Canada to make a principled stand on behalf of those children whose only crime was to be born out of wedlock during World War Two.

Melynda Jarratt is an historian of Canadian war brides and an advocate of the Lost Canadians.

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C COLUMNIST

In the relationship realm, it would seem that while many guys are certainly attracted to a tomboy, I think that ultimately, the girly girls get the guy.

Girl....You'll be a Woman...Soon



DISHPAN HANDS

SHEILA QUINN

"Am I there yet?" I look at my watch, my calendar, my biological clock, my size eight-and-a-half, my agenda, my Facebook profile.

The 100th International Women's Day came in like a lion, settling a thousand pounds of snow over our world. Her arrival, approaching my 37th-and-a-half birthday, marked a time in my life when I'll admit to still being uncertain of how exactly to "be a girl."

According to many of the women-centric life coaches out there, like Christian Carter and Rori Raye, I'm supposed to cultivate my "siren" self, speak from my hips and spend a lot of time luxuriating in my radiant (and oh so powerful) splen-

dour.

I'm comfortable with my womanly self, we get along pretty well, it's just that she usually rears her curly head when urged to, by a pair of resplendent Louboutins in all their red soled glory, or the Choco-La chocolate shop (located at 64 Wellington North in Sherbrooke, I'll have you know), when "Nobody puts Baby in a corner" (the end scene of Dirty Dancing), when Wolverine is on the big screen, or perhaps when the calendar glows with a great warning signal...pointing to three key letters, standing for either: Psychotic Mood Shift, Pass My Sweatpants (or Shotgun), or Pack My Stuff (thanks for the acronyms, Google). During those times I forgo my membership to the Boys' Club, don my tiara and really have no option other than to go with the flow, so to speak.

The rest of the time, I live in this weird limbo. The predominantly boy-centric neighbourhood I grew up in (and certainly with two brothers) meant that I didn't just learn to enjoy boy stuff, I actually genuinely did love it. Roughhousing, dirty everything, adventures and physical play, boy humour, boy TV, boy movies, boy music, had a lot to do with my existence.

I learned to spar with them, joke with them, throw a spiral with them, and un-

derstood that Alpha thing at work within the "pack". Ack. Aye. There be the conflict. See, I'm not really sure how to make the two co-exist. A little like my zodiac conundrum (born on the cusp of Libra and Scorpio), there is more of a sense of feeling torn, rather than the well-balanced hybrid I could be.

I haven't given up on me yet, although I do recognize where Sheila and Heila (Ha! Clever) create challenges for me. In the relationship realm, it would seem that while many guys are certainly attracted to a tomboy, I think that ultimately, the girly girls get the guy. Does that mean that I should throw my proverbial booby to the wolves, hunker down in the pink and wholeheartedly embrace the Yin?

Not without my Yang!

Being raised in probably the most progressive era, and more than likely where not just gender equality, but also the celebration of "being yourself" is queen, I know that being a girl isn't just about those situations I listed above: shoe fetish/chocolate craving/swooning/hormonally-oriented. No matter what mainstream media tells us. Particularly come spring, my fingernails are more likely to be dirty than manicured, I'm as excited as my guy friends to see The Hangover 2, but I'm seldom

seen without my MAC Plush Black mascara. The Yin/Yang becomes shades of grey that lean towards the black or white, depending on the day, the situation, the circumstances.

We've got to work out our own balance, it's the "big reveal" of our personalities and identities that we have to go through that's probably the most challenging dynamic. To stop the confounded madness of whom we're told to be, and really take a look at who we bloody well are. Granted, this is a whole new line of madness, but at least it's OUR madness.

I'm grateful to all who have paved the way for this great exploration of self, for the possibility of reinvention, for giving me the patent to develop my own brand, no matter how confusing it can be. It's nice to know, there's a dimension of our identities that can't be stolen.

TONIGHT! DON'T MISS DH RADIO on CJMQ 88.9 fm, when Sheila Q. interviews Dr. Patrick Owen, co-founder of PKX - an extreme Parkour work-out program in Montreal, as well as Johanna Chaytor, Toronto artist and creator of characters Charlotte and Stewart! Be at the right place at the right time - DH Radio from 9:00 - 11:00 on CJMQ.

Lessons learned



GORDON LAMBIE

When I was in the fifth grade, my teacher had us keep a journal. We wrote quite a number of journal entries on topics ranging from the Nagano Olympics to the ice storm. I remember being quite fond of the journal and it ended up being one of the driving forces behind journaling and writing later in my life.

In grade five my life was getting complicated; friendships were shifting, schoolwork was getting harder, the man

whom I had grown accustomed to being school principal was off for medical reasons, and I had a new teacher who had the audacity to say that I was disorganized. The fifth grade was a time of turmoil.

I was never a student who challenged authority; I had a deep seated love of authority. In my young eyes, teachers were incapable of being wrong. This attitude, in light of being told that I was messy and disorganized, was frustrating, because I didn't really feel that my organization levels had anything to do with the value of my work.

It should be clear that, aside from the messiness squabble, I held nothing against Ms. Karvounis. In my mind, as would be the case with any teacher, she struck me as inherently good ninety-nine percent of the time.

My friends felt differently. From them I heard a near constant stream of complaints; we fifth-graders knew what

we liked, and what we liked was apparently not Ms. Karvounis. Because I was surrounded by this negativity, and because I was slowly losing touch with people who, up until grade five, had been my closest friends, I started to pick up on some of these negative vibes.

Building off of that, in my final journal entry I told Ms. Karvounis that I pitied the students she would have the following year. The journal was such a comfortable medium for me that I felt I could express anything that I wanted. In the moment I felt exceptionally proud and excited at my rebellious declaration. Never before had I ever so boldly insulted a teacher. I believe I prefaced the comment with that ever confusing statement, "no offence," an act which I feel should clearly indicate just how little I knew about what it was that I was actually doing. I handed in my journal proudly and let the comment slip from my mind completely.

When the bell rang to end that last day of grade five, I found Ms. Karvounis waiting for me by the door of the school. She took me aside and, referring to the journal entry I had completely forgotten about, asked me what she could possibly have done to me to make me write something like that. It was not a long conversation, mainly because I didn't really understand what it was I had done. I simply broadcast the feelings of the friends I was afraid of losing, without ever realizing the reason why. I left the school in tears, partly from the shock of being ambushed, but also due to my own

feelings of betrayal. I felt so awful about my pride earlier that day; I thought of myself as a nice person, and I did not recognize that person in what I had done.

I thought about Ms. Karvounis almost the whole time I was on vacation. Riding the school bus the morning of the first day of grade six I dreaded arriving at school because it meant facing what I had done; I had half a plan to go and apologize, but when the bus arrived, she was not at school. I have heard nothing of her since, and never got a chance to properly apologize and explain myself.

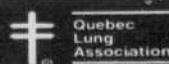
When I tell this story to my classmates from grade five, they all think it's hilarious and give me a pat on the back; I cannot understand, even now.

This is my first year working as a teacher, and I have to say I spend a lot of time thinking about this experience. I can most certainly name off the teachers I've had the most fun with over the years, but the starting point in my journey to teaching, the real reason I am where I am right now is Ms. Karvounis, and the way that her pain and confusion showed me that teachers were just as human as I was. I had never taken any of my teachers down off of their pedestals, and once I saw what I had done with but a few simple words, my perspective on life changed forever.

Ms. Karvounis changed my life for the better, and given the opportunity, I'd thank her for that one hundred times over.



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To help you quit smoking

How a community says... good-bye

Introduction by: Mable Hastings
Message from The family
of Jaydn Drolet

*"Oh very young what will you leave us
this time"*

*You're only dancing on this earth for
a short while..." Cat Stevens*

Loss can be such a personal thing yet life itself is so public. Our children come to us, small, vulnerable miracles on loan it seems until destiny sweeps them into her fickle arms and carries them away.

Recently, a family lost their son, brother, nephew... The students at Massey Vanier High School lost a classmate and friend. The teachers lost a student. The Community as a whole suffered a loss as did the caregivers who cared for and supported him.

The strength found in the insurmountable grief that plagues a family while experiencing this profound sense of loss, often runs deep, especially in losing someone so young. It is as if the memory of our loved one embeds itself in our souls and in the faces of the people who love and support us. Our community reminds us in so many little and big ways that, our loved one was truly special. Letting us know that the spirit and joy brought in life by this individual has spread beyond the walls of family and is extended out into the greater world.

How does a family, having gone through such a loss, respond to its community following such a tragedy? How does a family say all that they feel given the love and kindness they received? The following is a message from the family of Jaydn Drolet. Written from their heart to yours...

"How a community says... good-bye..."

What is a community and how does it say love? A community is people coming together to love and to share that love to those around. How does a community say good-bye? Much in the same way it said 'love.' The same love that was shown to Jaydn during the summer of 2010, was shown on January 18th, 2011 when many came to pay their respects to him at his funeral.

The 'community' grew from 'Waterloo' to surrounding areas. Friends of the family, Teddy and Linda Hoare, who upheld Jay and I during the whole ordeal with daily visits and/or calls in the hospital came to share our grief. Staff from Massey-Vanier, and Waterloo Elementary not only showed up on that day, but visited him in Ste. Justine's hospital during his last days, as well. Friends and family came to visit. These visits were a breath of fresh air and signs of love. I thank you all from the bottom of my heart.

Jay's 'community' included family, friends, teachers, doctors, and nurses, from far and wide. Jaydn was blessed with many people who loved him and brought happiness into his life, and whose lives he also touched. Jay was fortunate to have his parents and his sisters and brothers who loved him deeply, as well as his two surrogate, and much-loved fathers, Martial and his 'Daddy Normand.' He was also loved by Sharon, his step-mom. Grandmothers, aunts, and uncles also were part of Jay's constant world of love. Jaydn also enjoyed sharing his secrets, joys, and frustrations with his tutor, Doug Baillie, to whom I am forever grateful.

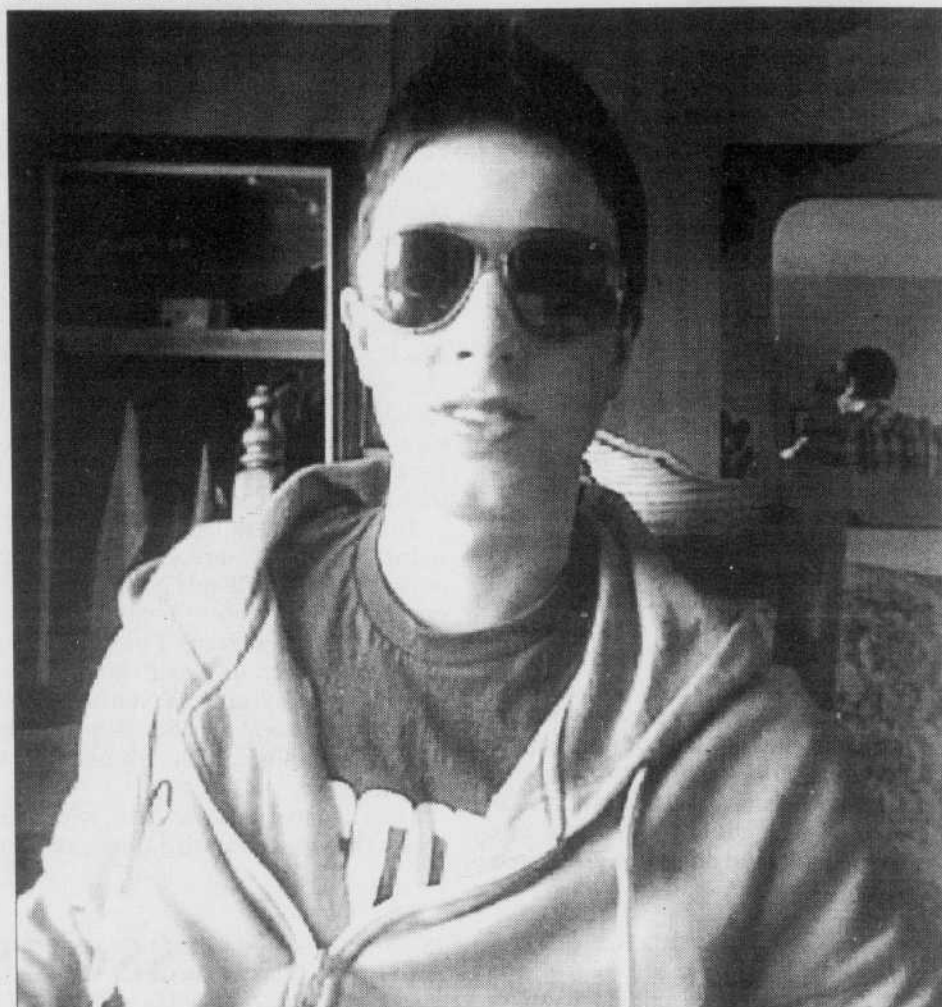
How does a community say good-bye? By doing just as it did... coming to pay their respects to Jaydn, and showing us,

his family, how much he was loved. Hour after hour, the crowds kept coming, even waiting outside in the cold to show their love. Your presence was appreciated and your love felt by all his family. I pray that the love you showed Jay will live on in all your hearts. Please know that we will never forget it. Good-byes are never easy, but somehow your

presence and love helped cushion the blow in the many arms of love. Thank-you!

In memory of Jaydn....from all his family!!!"

*"Oh very young what will you leave us
this time?"*



This photo of Jaydn Drolet was provided by his family.

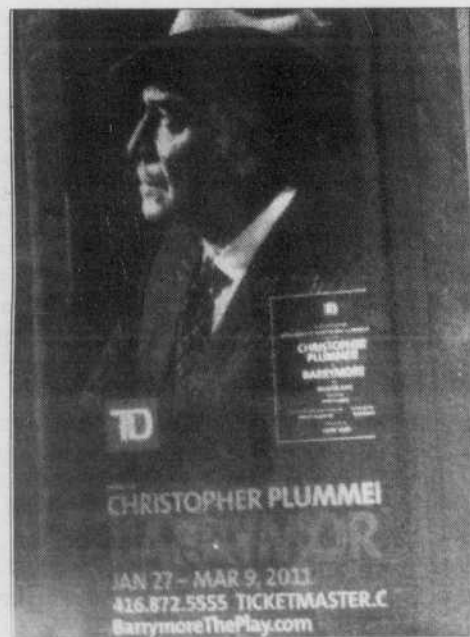
Brae Manor influence reaches far

Doug Hooper

"One of my greatest regrets will always be that I couldn't sit in an audience and watch me perform."

- John Barrymore.

Anyone who spends any time in Lac Brome will soon learn that there is an active and resilient theatre



DOUG HOOPER

"Barrymore" is finishing a 30-performance run at Toronto's Elgin Theatre.

community there. "Love For Sale," the most recent dinner theatre offering by local actor and writer, Laura Teasdale, is in the middle of a sold-out run with waiting lists for each show running to thirty people. The Knowlton Players donate thousands every year to local charities from funds raised through theatrical presentations, and Sunshine Theatre Productions, has a 12-year history of plays, musicals, and tours of original as well as established plays. As well, there are a number of independent productions that pop up from time to time - there's even a short summer theatre season at Theatre Lac Brome.

All of this activity seems to flourish despite impediments that might seem difficult to overcome: performances are in English; it's a significant drive from a major city, and even local audiences have to travel sometimes many miles at night to attend performances. Nevertheless, theatre goes on and the instigators of this lively community are certainly optimistic for the future.

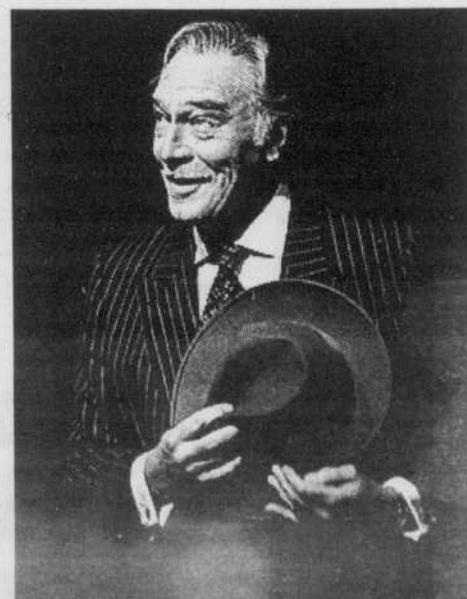
It might be something in the water, or it could be the beautiful surroundings of rolling hills and gentle streams and rivers. Maybe it's nothing more mysterious than a happy coincidence of like-minded artists finding themselves in proximity to one another. And maybe it's all part of a tradition.

In 1935, Filmore and Marjorie Sadler founded a summer theatre school called

Brae Manor, in a large, white clapboard house in Knowlton. They enrolled four students, whom they called the Brae Manor Players. The Sadlers taught acting, movement, voice, dance and music. In 1940 the Sadlers constructed their own theatre space, the Brae Manor Playhouse, with the help of local and summing businessmen. As weekly audiences at Brae Manor Playhouse grew, a stage house was built and the stage moved back to make more room for seats, which eventually numbered 200. Audiences were drawn from the surrounding communities as well as Montreal.

Among the students who attended and performed at Brae Manor were several Canadians who have gone on to achieve fame in theatre and other artistic fields. Novelist Robertson Davies directed and starred in productions at Brae Manor, including his own play, "At My Heart's Core," with his wife Brenda as Susanna Moodie; Herbert Whittaker directed and designed sets for many productions before becoming the legendary drama critic for The Globe & Mail; Quebec actor and playwright Gratien Gélinas starred in "The Merry Wives of Windsor" opposite Madge Sadler; John Colicos continued his acting career at the Stratford Festival in Ontario, in England and the US; and Christopher Plummer acted in "The Royal Family," a comedy about the lives of the Barrymore show business

family. The influence of Brae Manor on the artistic life of Canada cannot be denied, and Plummer has become a household name not only in Canada, but also throughout the world. His current one-man show, "Barrymore" is just winding up a 30-day run at Toronto's historic Elgin Theatre. Reviews are glowing, and one can't help but wonder if his inspiration for his portrayal of the famous John Barrymore came from that production all those years ago in Knowlton.



ENTERTAINMENT LIMITED

Christopher Plummer as John Barrymore.

Spring is almost here... isn't it?



KATEY HART

My friend always says "I love the 4 seasons" and then laughs at the disgusted look on my face.

For as long as I can remember I have disliked winter. Now don't get all shocked, let's face it, winter is a hard season. Whatever made our ancestors stay in the northern part of the world after they experienced the first winter, I will never know. Personally, I would have walked as far south as I could!

For people who like winter sports it's easier; it's their time to play. But even for many of them, the difficulty of getting around, getting to work, and not looking like a drowned rat when you arrive, is challenging and wears us all out. My

husband always says he loves winter; when he doesn't have to clean and warm the car, try to negotiate the snow filled streets and then struggle to find parking that is not on top of a snow bank!

November is not bad, because even when we get lots of snow, the knowledge that Christmas is around the corner, with extra days off and celebrations with friends and family gets us through and keeps us cheery.

December just speeds by, yes we may struggle with snow and cold, but still, it's Christmas!

January is always difficult. Every one of the 31 days seems to be long and dark. January days do contain less daylight than spring days, but we also experience the let down from the Christmas season, the bills coming in, and the quiet that seems to descend on our lives.

February comes with a sigh of relief, it is a shorter month, and the days start to get noticeably brighter.

But March; March is special, it contains hope, the hope that a warm cheery spring is right around the corner.

And even I have to admit that spring is my favourite season. Everything is defrosting, the air is getting warmer and things are starting to grow again; it is the season that gives life. We all get outside, we walk more and we breathe deep, glad another winter is behind us. A fury of cleaning up after winter, and planting bright colourful things ensues, getting us moving, and brightening our days even more.

When I am battling a particularly difficult winter day I try to think of a specific spring or summer day that I have enjoyed, something I can look forward to that is just around the corner.

For me it's my balcony. I am a very big reader, and nothing makes me happier than being able to sit on the balcony and immerse myself in a book for hours. It's very hard to do in the winter!

Have you noticed that people are much like the seasons? Down and quiet in January, a little brighter in February and smiling with anticipation in March.

Over the next couple of weeks, as we watch more snow falling, or we clean the

salt stains from our boots again, let's remember that we are all in it together. Let's help each other through, share a laugh, and plan for the warmer days that are coming.

What are your favourite spring and summer activities? What gets you through the winter? Officially spring arrives in just under 2 weeks, so we are almost through. What are you most looking forward to? Hold onto that, it'll put a smile on your face, and a lift in your boot laden step.

Write in; email, or snail mail, let us all know what helps you, you never know, it just might help someone else too.

Of course we will still have many messy days, still cold nights, but the days will be brighter and longer, and spring will sneak its way in.

So as you look around at the snow that is everywhere, and you feel that chill, remember; spring is almost here...really!

Please comment, share, argue.
katey.hart@yahoo.com

19th Annual Owl Hoot Maple Party

Mark your calendars now to attend the 19th Annual Owl Hoot Maple Party, to be held on Saturday, April 9, 2011.

It's a perfect family outing, with maple taffy on snow, wagon rides, blacksmithing demonstrations, log hewing,

listen or dance to the music of Canadian fiddlers.

Items for sale include maple products, home baking, fresh-made doughnuts and a light lunch at the snack bar.

It's all held at the home of John and Dianne Rhicard, 85 Ross Road, Stan-

bridge East. The event is from 1 p.m. until 4 p.m.

Admission is \$8.00 per adult, \$5.00 per child aged 4 to 10 years old.

All proceeds go to the Brome-Missisquoi Perkins Hospital Foundation for the purchase of medical equipment.

Last year's event (2010) saw a crowd of 560 people and a total of \$3,813 was donated to the BMP Foundation.

Visit the BMP web site at: www.bmpfoundation.ca

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Product safety is in everyone's best interest. With the new **Canada Consumer Product Safety Act (CCPSA)**, industry and government are partnering together to improve the safety of products made available to Canadians.

Effective **June 20, 2011**, the **CCPSA** will introduce new requirements for industry that will help protect Canadians from unsafe consumer products.

The **CCPSA** will cover a wide variety of consumer products including children's toys and equipment; children's jewellery; textiles; household products; and sporting goods. Items such as natural health products, food, cosmetics and drugs will not be covered under this new Act.

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Several measures that are clearly defined in the Act will impact both large and small businesses across Canada. **New key obligations** include:

I. MANDATORY REPORTING

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II. RECORD RETENTION

- Retailers will be required to keep records that provide enough details to know which suppliers they purchased products from and also where and when (but not to whom) products were sold.
- Other suppliers who manufacturer, import, advertise, sell or test consumer products will be required to keep records to indicate from whom they obtained the product and the businesses to whom they sold it.

These records would be kept by businesses as part of any regular bookkeeping practices and will help to trace products throughout the supply chain should the need arise.

To sign up for **CCPSA** updates and learn more about the new requirements of the Act, visit www.HealthCanada.gc.ca/ProductSafety



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Scenes from the March blizzard



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JOSEPH FORD

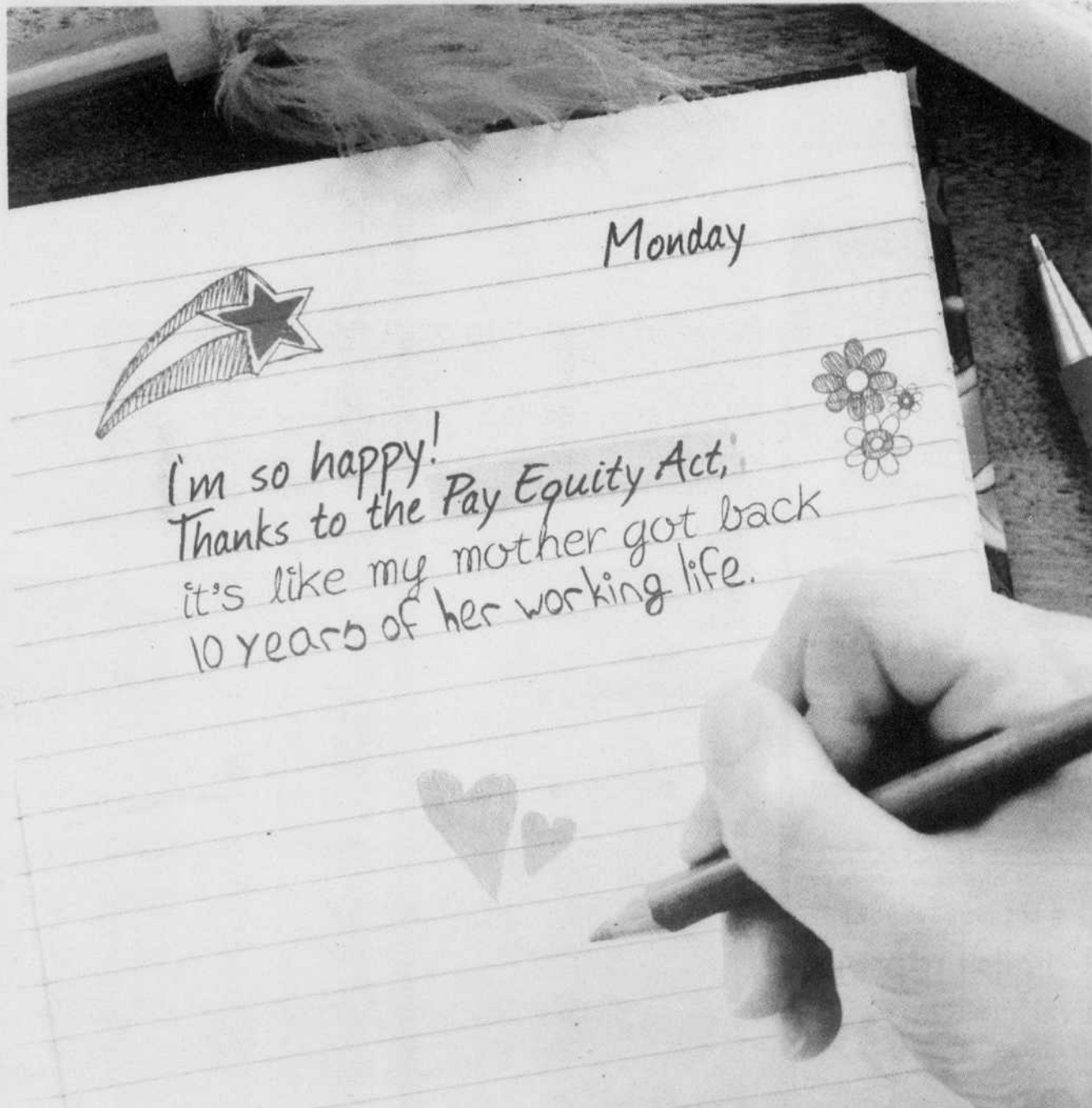


JOANNE HOVEY



SERGE GAGNON

FOR MORE STORM PHOTOS, PLEASE TURN TO PAGE 12.



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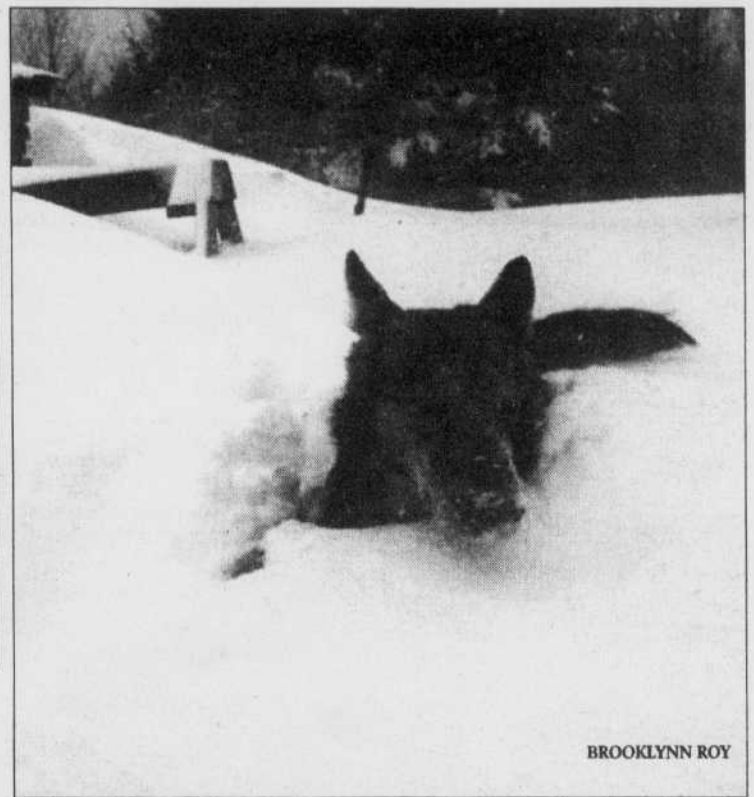
www.ces.gouv.qc.ca

Commission
de l'équité salariale
Québec

More scenes from the March blizzard



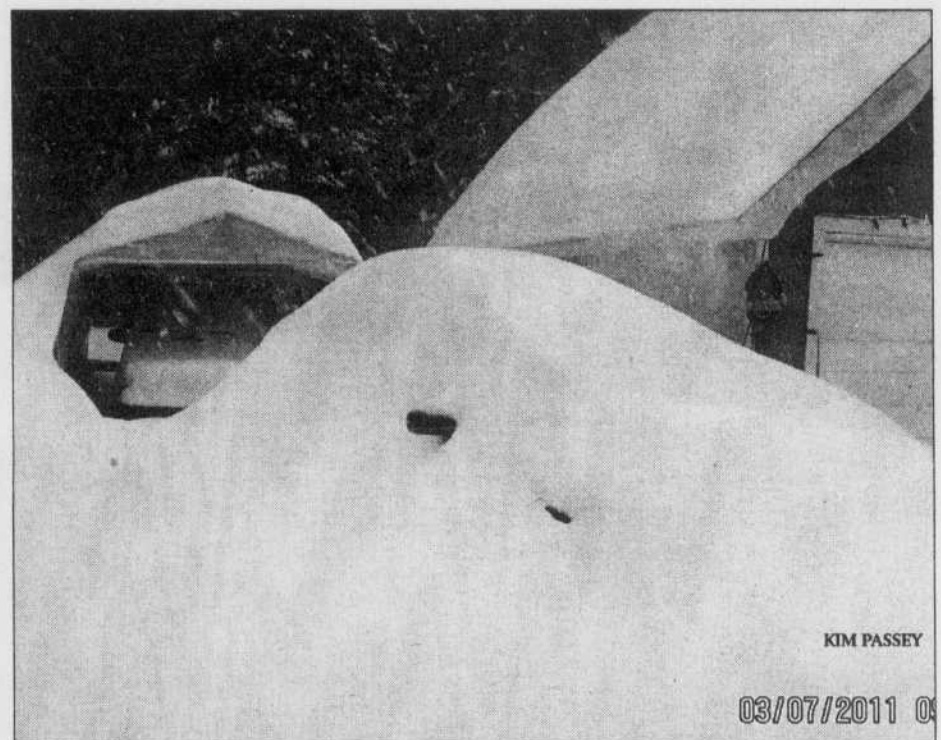
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The Pet 'Connection'

Ask first, pat later



JEN YOUNG

Welcome to The Record's Pet "Connection" Page sponsored by Blue Seal - The Animal Nutrition Centre.

The materials to which this page is comprised are provided by Blue Seal. Why? Because Blue Seal knows how important your pets are to you and how much enjoyment they bring you, and others. Each week, this new segment will bring you tips on caring for your pets, photos of animals in need of a new home and photos of Townshippers' cherished pets.

Being an animal lover doesn't mean that you have numerous animals, it means you are willing to come to the aid and support those working in animal's best interests. You may not know you are one yet.

We're all guilty of it; a dog walks up to us and the first thing we do is reach our hand out to pat it or we'll even walk over to greet the animal. In most cases, this is not an issue, but it could be. Not all dogs are friendly to strangers or some dogs are in training. When an owner is training its dog, the last thing appreciated is a stranger adding excitement to the process. Worst-case scenario, the dog is shy or scared and snaps to say, "hey, don't touch me. I don't know you." Children are usually the first, for lack of fear, to run up and hug a strange dog, but this practice is a dangerous one. Common practice should be to ask the animal's owner, "Can I pat him?" Do everyone a favour, ask first and pat later.

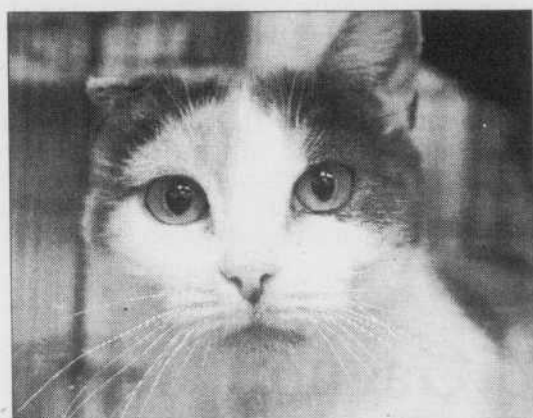
Pets in pictures

While most people were complaining about the recent dumping of snow, Kenny wasn't. Kenny is 11 years old and he was snug as a bug in a rug as his owners were out shovelling the driveway.



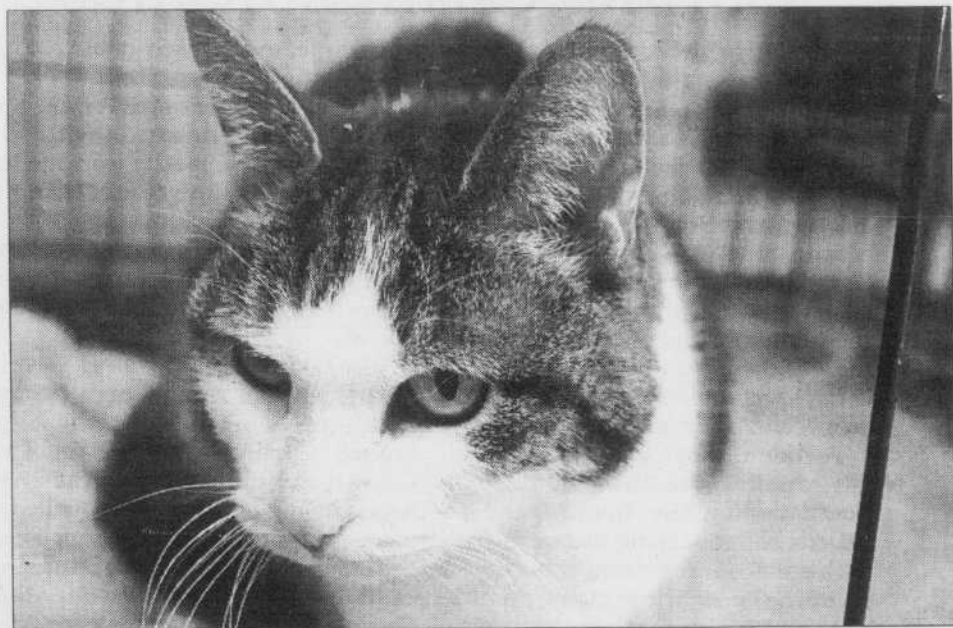
Would you like to share your photos of your pets? Send them to "Pet Connection Page", Blue Seal, 1730 Wellington South, Sherbrooke, J1M 1K9 or email them to j.young3@sympatico.ca.

In need of a new home



This is a Calico female cat, sterilized that needs a new home. She has had a rough go of it. She was a stray, now fixed, that was abandoned and left to fend for herself. She suffered severe frostbite on her ear and on one of her toes, which resulted in the loss of most of her ear. She is very friendly and she deserves a nice home where she will be loved regardless of her appearance. If you can give Calico a good home, contact The Pet Connection at 819-348-1888 or email j.young3@sympatico.ca.

In need of a new home



This is Vixie and she needs a new home. She is declawed in the front and is fixed. She is 12 years old and very friendly. She is a cat that needs to have her meals controlled or she will eat and eat until she is sick, so she will need a responsible owner to take the best care of her. She is short haired and likes to talk. If you can give Vixie a good home, call The Pet Connection at 819-348-1888 or email j.young3@sympatico.ca.

Did you know

At the end of the Beatles' song "A Day in the Life", an ultrasonic whistle, audible only to dogs, was recorded by Paul McCartney for his Shetland sheepdog.

Pets in pictures



Pets come in all shapes and sizes and for Barbara Lloyd, her cherished pets are her Pigmy Goats. Like dogs, her rescued goats follow her through the woods on walks and where Barbara is, so are they. "I just love them to death," Lloyd says about her pets.

The Pet People Awards

Do you know an animal that has done something incredible; helped their owner through tough times, assists its owner daily or saved a life? Do you know someone who deserves a thank you for something selfless they have done for animals? Nominate them for the first-ever upcoming Pet People Awards by emailing j.young3@sympatico.ca or by mail to Pet People Awards, Blue Seal, 1730 Wellington South, Sherbrooke, J1M 1K9.



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819-348-1888 blueseal@agrianalyse.com

Local Sports

Nicolas Dube's third period goal at the 5:55 gave the Cougars a 4-2 lead and proved to be the game-winning goal.

Champlain takes 1-0 lead in quarterfinal series

By Mike Hickey
Special to the Record

The Champlain College men's hockey team has continued its winning ways in the post season as they edged the Sainte-Agathe Montagnards 4-3 Sunday evening to take a 1-0 lead in their best of seven Quebec Junior AAA Hockey League quarterfinal playoff series. The Cougars finished the regular season with the league's best record and entered the playoffs riding a seven-game winning streak. Even a first round bye could not derail the Cougar express.

The Cougars jumped out to a 2-0 first period lead and had the better of the play throughout the contest outshooting the visitors 53-24. However the game was in doubt until the final siren as Sainte-Agathe pulled goaltender Frederick Roy in the final 31 second of regulation time for an extra skater in a desperate at-

tempt to tie the game and force overtime. The strategy did not pay off as the Cougars notched their eighth consecutive win.

Marc-Etienne Drapeau opened the scoring with a power play tally at the 12:10 mark, assisted by Nicholas Poulin and Dario Pandurevic. Janick Asselin made it 2-0 when he scored in the final minute of the opening period with assists going to Benjamin Martin and Pascal Lariviere.

The visitors cut the deficit in half early in the second period on a goal by Jeremie Labelle but it took less than two minutes for former Stanstead College standout Alex Sckoropad-Gagnon to restore the Cougars' two-goal lead with a power play goal.

The Montagnards refused to quit and made it a one-goal game once more when David Brosseau scored midway through the period and the Cougars

took a 3-2 lead into the locker room after forty minutes of play.

Nicolas Dube's third period goal at the 5:55 gave the Cougars a 4-2 lead and proved to be the game-winning goal. Champlain continued to apply offensive pressure looking for another insurance goal as they fired 25 shots in the final period alone, but it was Sainte-Agathe who scored the next goal as Joakim Arsenault's first goal of the playoffs made the score 4-3, and that's how it ended.

The series resumed Tuesday night in Sainte-Agathe, and returns to the Eugene Lalonde Arena Thursday evening at 7:30 p.m. with game four slated for Friday in Sainte-Agathe. If a game five is needed it will be played Sunday afternoon at Eugene Lalonde (4:30 p.m.) while games six and seven will take place next Tuesday (Sainte-Agathe) and Thursday (Sherbrooke).

In other playoff action Sunday Col-

ège Français of Longueuil scored two unanswered goals in the first period en route to a 6-1 victory over the Princeville Titan to take a 2-0 lead in their quarterfinal series. Maxime Charrette sparked College Francois with a pair of goals while Longueuil goaltender Marc-André Corbeil made 26 saves in recording his second consecutive playoff victory. Samuel Lachance's goal at the 7:21 mark of the third overtime period boosted the Valleyfield Braves to a 3-2 marathon win over the Saint-Jérôme Panthers to tie the series at one game apiece.

Finally in Joliette, Éric Bouchard scored three goals to lead the Traffic to a 5-0 victory over the Terrebonne Cobras and a 2-0 lead in their series. Joliette goaltender Jean-Philippe Gagnon stopped 17 shots to record the shutout and notch his third playoff win.

Team Canada prepares for World Championship

Sherbrooke's Vaillancourt leads veteran team

By Mike Hickey
Special to the Record

Sherbrooke native Sarah Vaillancourt headlines a list of 37 players who will vie for 21 roster positions for the 2011 Canadian National Women's Team that will compete in the 2011 IIHF World Women's Hockey Championship, which will be held April 16 to 25 in Zurich and Winterthur, Switzerland.

Vaillancourt, a nine-year veteran of the Senior National Team program, is one of 17 players at the camp who played in the 2010 Olympic Team that captured the gold medal at the Vancouver Games. While no one is guaranteed a spot on the final roster, Vaillancourt is expected to not only make the team but also provide some much-needed offensive firepower.

She began her illustrious career playing against boys in the Sherbrooke minor hockey organization and left home at the age of 14 to attend Pomfret Prep School in Connecticut, where she excelled in soccer and hockey.

She helped lead Pomfret to the 2003 United States National Championship and that season she was named a New England US Prep School All-Star. Two years later she was Harvard University, studying psychology and making an impact on one of the top women's university programs in North America. In her first season she was named the Eastern College Athletic Conference's Rookie of the Year and once her college season was over she helped Team Canada capture the gold medal at the 2004 Four Nations Cup. Her international career included another three gold medals at Four Nations Cups, a gold medal at the 2007 World Championships and second place finishes at the 2005, 2008 and 2009 World Championships, and of course gold medals at the 2006 and 2010 Olympics.

After taking time off school to prepare for the 2006 Olympics, Vaillancourt returned to Harvard and won the 2008 Patty Kazmaier Award, given annually to the best female ice hockey player at the collegiate level in the United States. When not with Team Canada, Vaillancourt lives in Montreal where she plays senior hockey in the Canadian Women's Hockey League.

Hockey Canada announced earlier this week the try-out roster for the National Team's selection camp, which will take place April 2 to 5 at the MasterCard Centre in Toronto. The try-out camp will mark the first time that Canada's National Women's Team has held a selection camp prior to the IIHF World Women's Championship since the 1997-98 season.

At the conclusion of the selection camp, 21 players will be chosen to represent Canada at the Worlds. Once the final roster is chosen, Canada's National Women's Team will hold a camp from April 6 to 9 in Ann Arbor, Michigan where they will play two exhibition games against the United States before both teams depart for Europe.

"It's going to be an exciting camp, with Canada's top women's talent on the ice in Toronto," Hockey Canada's head scout of national women's team programs Melody Davidson said in a prepared statement. "We are confident that players we've selected for camp will represent Canada proudly at the world championship, regardless of which 21 players are chosen."

"With the depth we currently have in women's hockey in Canada, we feel it is necessary to hold a selection camp to ensure we select the best players possible for the world championship," said Kalli Quinn, Hockey Canada's director of female national teams. "It should be a very competitive four days in Toronto."

Fortier and Gagnon claim 2011 Provincial Masters Curling Championships

The 2011 Quebec women's provincial masters championship came to a close on Sunday, March 6 at the Lennoxville Curling Club. Louise Fortier and her Jacques-Cartier Curling Club team claimed the gold medal and earned the right to represent Quebec at the 2011 Canadian Masters Championships in Winnipeg. They defeated Lois Baines and her team from the Glenmore and Pointe-Claire curling clubs. Team Prevost from Laval/Boucherville was awarded the bronze medal on Saturday night.

Fortier and her squad of Lise Maltais, Pauline Bouffard and Lucille Dombrowski rallied from 3-0 and 4-2 deficits before scoring two in the seventh end to tie the game, then stole a point in the eighth to claim the title by a score 5-4. Fortier threw a guard on her last rock that her sweepers willed over the hog line, forcing Baines to switch to the in-turn draw for her final shot. Despite sweeping out of her hand Bain's rock finished just inches short, bringing the game to a close with the team from the provincial capital on top.

"It's our fifth time playing in this event and our first win!" said an excited Fortier (translated). "We got off to a slow start but we had confidence to come back, we believed in ourselves, we'd come back before. The ice this week was great, it was real fast. We're going to enjoy the moment then start thinking about the nationals."

The event that kicked off on Tuesday night saw 10 teams from across the province competing, including two from the region. Josee Rourke represented the host club, while Celine Funk from the Sherbrooke Curling Club donned the Estrie colours. There were two pools of five teams with the

top two teams in each pool making the playoffs.

In pool 'B' both France Prevost and Cecile St-Jean finished with 3-1 records. Prevost topped St-Jean and her Lacolle Curling Club team 7-2 in the round robin. Team Funk, Sherbrooke and Team Wilding, Ormstown both went 2-2 while the Riverbend team skipped by Maude Martel posted a 0-4 record.

Also taking place this week was the 2011 Quebec provincial men's championships being held at the Sherbrooke Curling Club. Team Paul Gagnon and his team from the Riverbend Curling Club in Alma, Quebec repeated their performance from a year ago claiming the gold medal. The final came down to the final shot when Gagnon quietly picked opponent Carol Bellemare's stone off the four-foot to claim the championship.

The Estrie team skipped by Yvan Verville made their home Sherbrooke club proud, qualifying for the playoffs before falling to Gagnon in the 2-2 playoff game. Mike Carson and his Glenmore/St. Lambert curling club team rounded out the playoff picture when they finished atop their pool but were unable to keep the momentum going, falling to Bellemare and Gagnon in the playoffs.

Both team Fortier and team Gagnon will proudly wear the Quebec colours at the 2011 Canadian Masters Championships in Winnipeg from March 30 to April 5. Complete results from both the men's and women's provincial events can be found at <http://www.curling-quebec.com/maitres>.

From Martin Rourke
Lennoxville Curling Club

Richmond Young Women's Institute

The January 2011 meeting of Richmond Young Women's Institute was held Monday, January 10 at Marge Lancaster's. Norma Knowles sent her regrets, and dessert. Ten members recited collect and answered roll call. The minutes of the December 2010 meeting were read, and approved with addition.

Business arising:

1. Cookies for shut-ins: Joyce made up the plates and delivered the cookies.

2. Perfect attendance: Janet, Pat, Rhoda, Marge, Elizabeth, Joyce and Norma Morin received their gifts for attending all meetings last year. As usual, Marge made a great choice. Janet, Rhoda, Elizabeth, Joyce and Norma received initial pendants with earrings, and Marge and Pat got brooches.

3. Thank you for Christine for auditing books. Mona will pick up a Tim Horton's gift card.

4. Marge read out the programs for 2011.

Mona read her annual report, books were audited and balanced.

Correspondence: Thank you from RRHS for donation to their Christmas Basket Fund; thank you from St. Francis for Christmas basket donation; and a verbal thank you from Pat for her Sunshine gift.

Convenor reports:

Norma mentioned the Johnson & Johnson recall on Roloids.

Marge sent out cards for Sunshine.

New business:

1. Election of officers:

Marge took the chair for elections, and declared all offices open. Nominations were as follows:

President: Janet Banfill; President-elect: Pat Henderson; 1st Vice President: Rhoda Blake; Secretary: Rhoda Blake; Treasurer: Mona McGee.

Convenors: Agriculture: Debbie Knowles; Education and Personal Development: Marge Lancaster; Health and Community Living: Norma Morin; Publicity and Awareness: Rhoda Blake; Sunshine and Buying: Marge Lancaster.

Everyone accepted the positions as nominated, and Marge declared all nominations closed, and offices filled.

2. Secret Pals: Everyone tried to guess their secret pal for 2010, then drew names for this year.

With no further business, meeting was then adjourned.

Next meeting will be on February 7 at Daisy McGee's. Mona won the floating prize. Joyce had a true or false quiz, and since there were multiple winners, the prize, a box of chocolates, was opened and shared. Thanks Joyce.

We then enjoyed Norma's cake with tea and coffee. Thanks Norma and Marge.

The February 2011 meeting of Richmond Young Women's Institute was held

Death

Helen Beattie FOWLIS

(February 28th, 1915 - March 5th, 2011)

Passed away peacefully at the Wales Home, March 5th 2011 in her 97th year. Born in Robertsonville Qc and baptised in Kinnears' Mills, she was the daughter of George Beattie and Margaret Dunn; Helen was the loving wife of the late Harry Fowlis (1915-1991) the sister of the late Jean (late Paul Cordeau) and the late Keith (late Enid Creed) the sister in law of the late James Fowlis (late Aurette Duchesne).

She is survived by her sons David (Ann Hayes) and Craig (Christine McMahon) and her grandchildren Andrew, Michael and Sydney. She also leaves her nieces Margaret Cordeau (Doug Kennedy), Anne Cordeau (Bruce Charron), Jane Cordeau (Steve Davies) and her nephew George Fowlis (Sylvie Gilbert); their children: Meghan, Sarah, Caitlin Kennedy; Lindsay, Stephanie, Kirsten Charron; Ashley, Jessica Davies; Christopher, Matthew Fowlis. Under the direction of Steve L Elkas Funeral home, the family will receive condolences at Plymouth-Trinity United Church 380 Dufferin Sherbrooke, Saturday March 19th, 2011 from 1-2 pm. Funeral at 2pm, the reverend Robin Osborne officiating. The burial of ashes at the Malvern Cemetery will take place at a later date.

In lieu of flowers, donations to the Plymouth-Trinity United Church - Funds for the Future, 380 Dufferin Sherbrooke Qc J1H 4M7 or the Wales Home Foundation 506 Route 143 N. Cleveland, Qc J0B 2H0 would be appreciated.

Thanks to the support of the CLSC staff and to Phyllis Cameron, her housekeeper and caregiver for many years, Helen was able to enjoy living in her own home until the end of December. The family would like to thank the personnel of the Wales Home for their professionalism, kindness and consideration over the past two months. We would also like to express heartfelt gratitude to Dr Marie Hayes for the attention and the care she provided over many years enabling Helen to remain functional and independent in her home as long as she did.

STEVE L. ELKAS FUNERAL HOME
601 Conseil St., Sherbrooke QC
info@steveelkas.com

PHONE: 819-565-1155
FAX: 819-820-8872
www.steveelkas.com

February 7 at Daisy McGee's. Nine members recited the Mary Stewart Collect; roll call was answered by bringing a "mystery gift". Minutes of the January 2011 meeting were read and approved.

Business arising:

1. Mona will pick up a Tim Horton's gift card as a thank you to Christine for auditing our books.

Correspondence: We received a thank you from Ken Knowles for the cookies.

Convenor reports:

Marge read an article about wearing red in February, to promote Women's Heart Health. The cost of getting a plastic bag at store, in the Northern communities, will be going up to \$.25.

Norma mentioned the tainted alcohol swabs. She also brought in a chain with a rabbit she got in China, representing the "Year of the Rabbit".

Publicity: Rhoda sent the write up to the Record.

Sunshine: Marge sent a card to the Crack family.

New business:

1. The annual County meeting will be March 19 at 9:30 at the Richmond United Church.

With no further business meeting was then adjourned. Everyone gave a \$1.00 to Pennies for Friendship, and we played Pirate Bingo for the mystery gifts we had brought.

Debbie won the floating prize.

We then enjoyed a delicious luncheon, thanks to Daisy and her daughter Debbie.

Respectfully submitted,
Rhoda Hudson, Secretary

Death

Maurice JEWETT

(1921-2011)

It is with great sadness we announce Maurice passed away peacefully at home on his farm on March 6, 2011 in his 90th year. He will be deeply missed by his loving wife of 58 years Mary Sims. Loving father of the late Janet, Brenda (Tom Frey), Tom (Colleen Doucet) and Peter (Marilyn de Wit). He will also be missed by his grandchildren Alexander and Benjamin Frey, Joshua Jewett, Noah and Sarah Jewett. Dear brother of Leona (Paul), Howard (Elaine), Olive (Keith) and Clara (Roland). Predeceased by his brothers George (late Orma), Leverett (Pearl), Charles (late Therese), James, Frank, and by his sisters Annie (late Arthur) and Hilda (late Don). Friends and family may visit at the

Désourdy Funeral Home
4, Vale Perkins
Mansonville

Phone 450-263-1212 Fax 450-263-9557
info@desourdy.ca

on Friday March 11 from 2 to 4 pm and 7 to 9 pm, and on Saturday March 12 from 12 noon followed by the funeral service at 2 pm at the Mansonville Anglican Church.

In lieu of flowers, donations to a charity of your choice would be appreciated.

DÉSOURDY FUNERAL HOME
4 Vale Perkins St., Mansonville QC
PHONE: 450-263-1212
FAX: 450-263-9557
info@desourdy.ca

In Memoriam



LEMELIN, Carol Fortin - 5th Anniversary, March 8, 2006.

*Do not stand at my grave and weep
I am not there; I do not sleep.
I am a thousand winds that blow,
I am the diamond glints on snow,
I am the sun on ripened grain,
I am the gentle autumn rain.
When you awaken in the morning's hush
I am the swift uplifting rush
Of quiet birds in circling flight.
I am the soft starlight at night.
Do not stand at my grave and cry,
I am not there; I did not die.*

An anniversary mass will be held Saturday, March 19 at 4:30 p.m. at St. Patrick's Church, 20 Gordon Street, Sherbrooke.

Card of Thanks

DAVIDSON - The family of the late Don Davidson would like to express our sincere appreciation to all our family and friends for the love and support shown to us at this most difficult time. We would like to say a special thank you to Betty and Burton for being there every step of the way. A special thank you to Jim Patton, the Cass Funeral Home, Burton and David Price, Kylie and Peter, and to Maryse and the choir. Please accept this as our personal thank you. God bless you all.

DONNIE'S FAMILY

For many children and seniors...



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RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMs, BRIEFLETS:

Text only: 34¢ per word. Minimum charge \$8.50 (\$9.69 taxes included)

Discounts: 2 insertions or more: 15% off

With photo: additional \$18.50. **DEADLINE:** 11 a.m., day before publication.

BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:

Text only: \$14.00 (includes taxes)

With photo: \$20.00 (\$22.79 taxes included) **DEADLINE:** 3 days before publication.

WEDDING WRITE-UPS, OBITUARIES:

\$19.50 (\$22.22 taxes included) **WITH PHOTO:** \$29.50 (\$33.62 taxes included)

Please Note: All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: classad@sherbrookerecord.com - They will not be taken by phone.

DEADLINES FOR DEATH NOTICES:

For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.

For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) or e-mail: production@sherbrookerecord.com between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called.

TOWNSHIPS' CRIER

LENNOXVILLE

The Uplands Cultural and Heritage Centre, in association with the Regroupement CNDE-Dixville, presents an exhibit that displays the works of artists living with an intellectual handicap. This cultural event held during the Quebec Week for Intellectual Handicap will begin with a Vernissage, Wednesday, March 16, from 5 to 7 p.m. at Uplands (9 Speid St., Borough of Lennoxville). The exhibit will continue through March 27. For more information, please call (819) 564-0409.

LENNOXVILLE

Freshly Green with Ivy! Sherbrooke Women's Connection, a part of Stonecroft Ministries Canada, Thursday, March 10 at 9:30 a.m., A.N.A.F. (Army Navy Air Force) "Hut", 300 St. Francis St., Sherbrooke. Fresh Craft Idea - China Painting, Bev Sharman of North Hatley will show and tell about this craft. Fresh Winds of Music - soloist & guitarist Marcia Ewald. March Winds a Blowing! Through the Storm, speaker: Marcia Ewald is a mom and stepmom from Brownsville, Vermont. RSVP/ Cancellations: Shirley Bedard 819-843-7289, sherbrookewc@yahoo.ca.

WATERVILLE

Lennoxville and District Community Aid will hold a Blood Pressure clinic on Tuesday, March 22 at the Town Hall, 170 Prin-

cipale South, from 10 a.m. to 11 a.m.

RICHMOND

St. Patrick's Society of Richmond will hold the following St. Patrick's festivities in March. Banquet - The banquet will take place at the Community Center, 820 Gouin St. (beside the arena), on Saturday, March 12 at 6:30 p.m. Music will be provided by Slightly Haggard. Reserve your tickets by March 9 by calling 819-826-2760. Parade - Our famous St. Patrick's Parade will take place on Sunday, March 20 beginning at 2 p.m. from 7th Ave. marching along the green-lined route. There will be bands, horsemen, floats, groups and individuals making a fun-filled day. Closing Brunch - The Irish festivities wrap up with a brunch at the Legion on Sunday, March 27 from 9 a.m. to noon. Prizes and trophies for parade participation will be presented. All are welcome!

SHERBROOKE

Irish Day at the Royal Canadian Legion, Branch #10, 971 Galt St. East, Sherbrooke on March 12 starting at noon. Music with Guy. Supper will be available for a minimal cost. Door prizes given out all day and night. Info: 819-563-4944.

LENNOXVILLE

St. Patrick's Day Celebration at the A.N.A.F. Unit 318 Hut, 300 St. Francis, Lennoxville on Saturday, March 12 starting with Irish Coffee from 11 a.m. to 2 p.m., followed by live entertainment until closing. Canteen will be open. Everyone welcome (18+).

MAGOG

Registration for Memphremagog Community School spring session (14 courses); Wednesday, March 16, 6:30 to 8 p.m.,

Princess Elizabeth School, corner Bellevue & Bullard, in Magog. Classes begin Wednesday, March 23, 6:30. More info at 819-238-1285 or www.magogcl.ca. Remember your mug!

LENNOXVILLE

Bring your dimes, it's time for the 1st Lennoxville Girl Guides annual St. Patrick's Day Coffee Party! This year, it will be held at Lennoxville United Church, on Saturday, March 12 from 9:30 a.m. to 3 p.m. Activities include a Chinese Auction and a Silent Auction. Included with this activity are unlimited coffee, tea, sandwiches and baked goods. Join in the fun with the Lennoxville Girl Guides. Admission charged.

LENNOXVILLE

Principal Michael Goldbloom will be the guest speaker at the Canadian Federation of University Women (CFUW) Sherbrooke & District Club meeting at 8 p.m. (following the business meeting at 7 p.m.) on Tuesday, March 15 in the Cleghorn Room (BU Faculty Lounge). His talk will focus on the economic and journalistic challenges faced by traditional media, particularly newspapers, and the impact that the electronic media is having on journalism and democracy. For further information about this important free presentation, contact 819-838-4312. Visitors are welcome.

AYER'S CLIFF

St. Patrick's Day Brunch at Beulah United Church in Ayer's Cliff, on Sunday, March 13 from 11 a.m. to 1 p.m. Don't forget to wear green and bring your lucky charm to enjoy a hearty meal of ham, bacon, sausage, scrambled eggs,

homemade baked beans, pancakes, maple syrup, fruit salad, toast, jam, coffee tea, and orange juice. All are welcome!

LENNOXVILLE

ANAF Unit 318 Men's general meeting will be held on Monday, March 14 at 7:30 p.m. sharp. All members welcome.

LENNOXVILLE

Brunch at the A.N.A.F. Unit 318, 300 St. Francis, Lennoxville on Sunday, March 13 from 10:30 a.m. to 12:30 p.m. Come enjoy eggs, pancakes, bacon, sausages, ham and much more. All welcome. Info: 819-346-9122.

SHERBROOKE

Plymouth-Trinity United Church Women's annual Shamrock Salad Buffet and Sale at 380 Dufferin St., Saturday, March 12, 3:30 p.m.-6:30 p.m. Includes sales tables of home-baking, novelties, etc. Everyone welcome!

...

This column accepts items announcing events organized by churches, service clubs and recognized charitable institutions for a \$7.00 fee, \$10.00 for 2 insertions of same notice, \$13.00 for 3 publications. Maximum 35 words. If you have more than 35 words the charge will be \$10.00 per insertion. Requests should be mailed, well in advance, to The Record, P.O. Box 1200, Sherbrooke, Quebec, J1H 5L6, be signed and include a telephone number and payment. Telephone requests will not be accepted. Admission charges and trade names will be deleted. No dances.

What can I do to prove that I am trustworthy and would be a good employee?

Dear Annie: More than 10 years ago, I was convicted of prostitution and shoplifting and went to jail. At that time, I was homeless, an alcoholic and had an undiagnosed mental illness. With the help of several community agencies and my family (who never gave up on me), I was able to get sober, receive treatment and obtain housing. I have been working for several years at volunteer jobs in my church and for a local organization that helps the mentally ill.

I would like to find a paying job, but no one will hire me because of my criminal record. I asked for a pardon from the mayor, but was turned down, even though I presented him with many letters of recommendation from people who know me from church and other community organizations.

Annie, I am not the same person I was 10 years ago. I have a lot to offer. I want to continue to contribute to the community, but I need an income. Right now, I depend on Social Security, odd jobs and my family. I am not involved in any behavior that would lead me back to the streets. What can I do to prove that I am trustworthy and would be a good employee? — Midwest

Dear Midwest: Unfortunately, many companies don't look beyond the criminal record when hiring. Would one of the places where you do volunteer work hire you in a paid position, even part time? Don't be afraid to ask, and explain why you need the job.

Many states offer programs to help ex-offenders get back into the job market, and you can check online, at City Hall or through the governor's office. Other places are the Safer Foundation (saferfoundation.org) at 571 W. Jackson, Chicago, IL 60661; the National Hire Network (hirenetwork.org); the U.S. Dept. of Labor

(www.doleta.gov/usworkforce/onestop/onestopmap.cfm) at 1-877-US2-JOBS (1-877-872-5627) or servicelocator.org. Goodwill Industries has been known to help with job training and placement. Good luck to you.

Dear Annie: I'm a 15-year-old sophomore in high school. I do volunteer work for a local organization and must frequently be in contact with my supervisor via e-mail. I have always addressed her as "Mrs. Brown," which I feel is appropriate and respectful. Yet she always signs her e-mails "Mary."

Since she never uses her last name, I'm beginning to feel awkward and overly formal by continuing to address her as Mrs. Brown. What should I do? — Trying to be Respectful in Vermont

Dear Vermont: Normally, we would say it is more polite to wait until Mrs. Brown specifically tells you, "Please call me Mary." However, by signing her e-mails to you with her first name, she is giving you tacit permission to address her this way. If you are comfortable doing so, go right ahead.

Dear Annie: I have to take issue with your advice to "Twin Problems," whose sister is a bully. I cannot believe you are letting the parents off the hook. Where is their responsibility in this issue, which you called extreme sibling rivalry? The bully should be being coached at home, and instead you are telling the innocent young lady to talk to her school counselor. In my view, her parents are doing a terrible job of parenting. Why don't you tell them to do better? — G.T.

Dear G.T.: They didn't write to us. Readers often expect us to give advice to a third party who isn't looking for help.

Annie's Mailbox

"Twin Problems" has already talked to her parents. They did not need an advocate, and her school counselor is the most logical choice. We hope she follows through.

Dear Annie: Are there any signs to look for to determine whether someone is a sexual predator? I have always heard that when it comes to young children being sexually abused, it is usually a close relative or friend.

I have a 6-month-old daughter who has five uncles. I am scared to leave her with any man other than her father, so I refuse to allow any male to baby-sit her. Is this irrational? I feel bad, but whenever guys are around her, I am always watching with a close eye. I'd rather be safe than sorry.

How do I explain this politely to my brothers and brothers-in-law when they ask about baby-sitting her? — Protective Mom

Dear Mom: We understand your fears, but most men are perfectly responsible with children. There is no specific profile of a pedophile. In fact, many of the same qualities that would make a man an excellent father also describe pedophiles — those who are terrific with children and engage them in fun activities.

Pedophiles are usually friendly and charming. They tend to gravitate toward areas that put them in close contact with children (family, school, church, sports, etc.). Children of single mothers are particularly vulnerable because pedophiles often cozy up to Mom in order to get close to children who need a father figure.

You can get out of baby-sitting offers by saying, "That's sweet of you, but it's too soon. Maybe when she's a little older." The best way to protect your children is to keep a close eye on them, and when they

are old enough, help them protect themselves. Teach them that they can talk to you about anything, to come to you when something doesn't seem right, and that no adult with good intentions would ask them to keep secrets from their parents.

Dear Annie: My wife and I were married last summer. Because her family lives in Eastern Europe, we chose to have the ceremony there. Only my immediate family attended.

Despite the fact that her family has next to nothing, all of her relatives gave us generous cash gifts, for which we are grateful. My extended family is relatively well off. Although none of them was able to attend the wedding, they were all aware of the ceremony.

By Christmas, we had only received one gift from any of them. We thought they may have forgotten, so our Christmas cards included several photographs of the wedding along with our regrets that they could not attend. But we have received nothing else.

Annie, I have attended several of my cousins' weddings and know this is not typical. Not only would wedding gifts be extremely helpful to us, but their absence has convinced my wife that my family is full of selfish misers who dislike her. I know this is not the case. Is there anything I can do to avoid a permanent chasm between my wife and my extended family? — Tom in Trenton

Dear Tom: Were these relatives sent invitations to the wedding? If not, they may feel no obligation to give a gift, and it is poor manners to demand one. If you think something else is going on, ask one of your parents to contact the relatives and find out.

Annie's Mailbox is written by Kathy Mitchell and Marcy Sugar, longtime editors of the Ann Landers column.

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

Today's clue: P equals J

"AYGK FD K WY KFLY CSI KIFLLFGE
K WY DSRA ZGT DHIZOOFGE K WY
DARTEY SCC Z AFCY KRIGYT
DAFODWST." - DFDKYI PSZG
H WFKKFDKYI

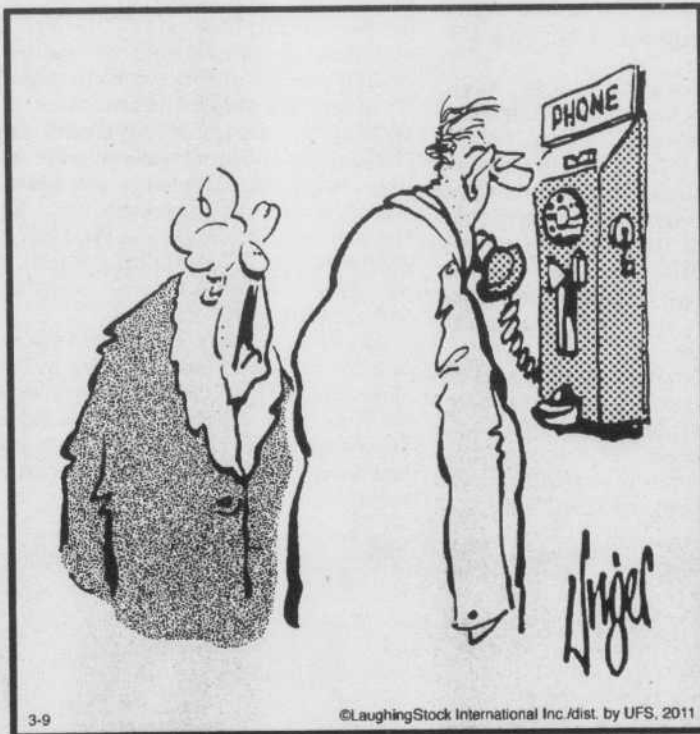
PREVIOUS SOLUTION: "If the point is sharp, and the arrow is swift, it can pierce through the dust no matter how thick." - Bob Dylan

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KIT N' CARLYLE



HERMAN



"I heard you say, 'There's some old bat waiting!'"

ALLEY OOP



ARLO & JANIS



THE BORN LOSER



FRANK AND ERNEST



GRIZWELLS



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DR. GOTT

Are Pap tests necessary after a hysterectomy?

By Peter H. Gott, M.D.

DEAR DR. GOTT: I had ovarian cancer and had a complete hysterectomy two years ago. My cancer was in the first stage, and, thankfully, I did not need chemo or radiation.

My surgeon continues to schedule me for Pap smears/internal exams yearly and says I will need to have this done for the rest of my life, but I don't understand why. When I ask him, he gets short with me and says to "look it up on the Internet." This does not make sense to me. Even my family doctor was surprised that I must continue to have Pap smears after having a complete hysterectomy.

Can you shed some light on this? Thank you.

DEAR READER: First things first. Find another surgeon/gynecologist. A huffy attitude and saying "Look it up on the Internet" is never an appropriate response to a concerned patient's question, especially one who has a diagnosis of cancer. All patients deserve respect and simple politeness. Physicians dealing with cancer patients should realize this above all others because of the justified high emotions often associated with the diagnosis.

Now, onto your question. There are two types of hysterectomy: total and partial (also known as supracervical). A partial hysterectomy removes the uterus and leaves the cervix intact. A total hysterectomy removes both the uterus and the cervix. In each procedure, the ovaries and fallopian tubes may be removed as well, depending on the reason for the hysterectomy.

I assume your "complete" hysterectomy is a total one. Also, because of your ovarian cancer, it is a given that your ovaries and fallopian tubes would have been removed as well, since they were the source of the cancer and the reason for undergoing the procedure.

Treatment for ovarian cancer often begins with surgery to remove the ovaries, fallopian tubes, uterus, nearby lymph nodes and a fold of fatty abdominal tissue. Tissue and abdominal fluid samples are also taken to determine the stage of cancer and if additional treatments may be required. Depending on the results, chemotherapy and/or radiation are typically ordered. This is especially true for more advanced cases.

Unless you had a partial hysterectomy, a Pap smear, which tests for cervical cancer, doesn't make any sense because you don't have a cervix. However, because I am neither a gynecologist nor a surgeon, I must defer a final answer to the specialists.

Find a gynecologist with whom you feel comfortable. You can even make a "get acquainted" visit to determine whether he or she is someone you truly wish to see. Once you have found the specialist of your choice, provide him or her with your medical records. Then sit down to discuss what type of hysterectomy you had, the type of testing you should undergo to monitor your ovarian cancer until you enter remission, and whether Pap smears are necessary in your case.

Also, remember to eat well, exercise, get plenty of rest, and keep stress to a minimum to increase and/or maintain your quality of life. This may also help with any symptoms of menopause, such as hot flashes, mood swings, weight gain, and more, that you may be experiencing following your hysterectomy.

To provide related information, I am sending you copies of my Health Reports "Menopause" and "An Informed Approach to Surgery." Other readers who would like copies should send a self-addressed stamped No. 10 envelope and a \$2 check or money order for each copy to Newsletter, P.O. Box 167, Wickliffe, OH 44092-0167. Be sure to mention the title(s) or print an order form off my website at www.AskDrGottMD.com.

DEAR DR. GOTT: My sister suffered from headaches for several years. When my brother visited her, he checked around her home and found mold underneath the house. She moved, and the cluster headaches have disappeared. I just thought you would like to let your readers know about this as it may help others who suffer from these awful headaches.

DEAR READER: Mold growth in homes can cause a plethora of symptoms, depending on the type of mold. Most often it is associated with cold-like or allergy-like respiratory symptoms, but headaches are definitely possible.

I don't know that your sister should have moved. There are several ways that mold can be removed from a home. If she was renting, the landlord also has a responsibility to clean up the mold. If she owned her home, she would have had to disclose this information to the purchaser because of the potential health risks.

Thank you for writing to remind me and my readers of this common problem.

To provide related information, I am sending you a copy of my Health Report "Headaches." Other readers who would like a copy should send a self-addressed stamped No. 10 envelope and \$2 to Newsletter, P.O. Box 167, Wickliffe, OH 44092. Be sure to mention the title or print an order form off my website at www.AskDrGottMD.com.

Dr. Peter H. Gott is a retired physician and the author of several books, including "Live Longer, Live Better," "Dr. Gott's No Flour, No Sugar Diet" and "Dr. Gott's No Flour, No Sugar Cookbook," which are available at most bookstores or online. His website is www.AskDrGottMD.com.

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90th Birthday wishes

Edwin K. Bruhmuller
March 10, 2011
Congratulations on your 90th Birthday Dad!
From your family & friends



Your Birthday

Wednesday, March 9, 2011

In the next year, there is a good chance you could find yourself involved in a novel endeavor. Although it might be different from anything you've done in the past, it could be both fun and profitable.

PISCES (Feb. 20-March 20) - Rather than focusing on the ambitions of another, which you only half-heartedly support, put your mind to developing your own hopes and desires. Do your own thing if you can.

ARIES (March 21-April 19) - Things will work out far better for you if you don't advertise your intentions to anybody. It behooves you to keep a low profile and walk softly through the crowds.

TAURUS (April 20-May 20) - It's to your advantage to look ahead so that you can effectively begin to blend your present interests with what you hope to accomplish sometime down the line.

GEMINI (May 21-June 20) - Be sure that what you say and do leaves a favorable impression on your companions, because there are indications that these impressions will dictate the kind of relationship you'll have with others.

CANCER (June 21-July 22) - Because your mental processes are likely to be operating at full speed, you could be bombarded with a profusion of constructive thought. Write things down so you'll remember them for posterity.

LEO (July 23-Aug. 22) - Finding solu-

tions could be rather easy for you, because you'll have a special aptitude for ferreting out the root causes of vexing problems. Do what your brain dictates.

VIRGO (Aug. 23-Sept. 22) - Keep an open mind when talking to your mate or special someone. Chances are s/he will have suggestions to offer that will be extremely advantageous for you to consider.

LIBRA (Sept. 23-Oct. 23) - A frustrating problem concerning your work or career that has been plaguing you lately could suddenly make a major shift for the better. All you'll have to do is hop on board.

SCORPIO (Oct. 24-Nov. 22) - If you hang out with certain people who act and think in progressive terms, it will have a marvelous affect on your outlook and behavior. Let your hair down a bit and have fun.

SAGITTARIUS (Nov. 23-Dec. 21) - There is no reason why you need to settle for the status quo. If you have a different way of doing something that you believe would be better, don't hesitate to give it a try.

CAPRICORN (Dec. 22-Jan. 19) - Rely as much on your mental abilities as you do your physical ones, if you find yourself involved in some kind of competitive activity. Using your head gives you an edge.

AQUARIUS (Jan. 20-Feb. 19) - Although most things in general should turn out favorably for you, you're likely to be luckiest in activities that involve your material affairs. Make hay while the sun shines.

Wednesday, March 9, 2011

To take 13 tricks, find 13 winners

By Phillip Alder

Whenever you reach a grand slam, there is no point counting losers — you can't afford any. Instead, find 13 winners. Well, which 13 catch your eye in this seven-spade contract?

I like North's two-no-trump response because it describes a balanced hand with at least eight high-card points. I know this is out of favor because if the final contract is in no-trump, the wrong hand might be playing it. However, suppose the bidding starts two clubs — two diamonds — three clubs. What would happen after that? A lot of confusion, it seems to me. Remember, if North now bids three hearts, that shows a five-card suit.

You start with 12 top tricks: four spades, one heart, two diamonds and five clubs. You could try the diamond finesse, but there is a much better option: a heart ruff in your hand. Win with dummy's heart ace and trump a heart with your spade three. Then, cash your top trumps, play a club to dummy's 10, draw East's last spade, discarding your diamond jack, and claim the last six tricks with your diamonds and clubs.

Phillip Alder is teaching during the American Contract Bridge League's Sectional at Sea from July 19 to 26 aboard Cunard's Queen Elizabeth. The cruise starts and ends in Southampton, Eng-

		North		03-09-11
		♠	A 5 4 2	
		♥	A 7 6 3	
		♦	8 5 2	
		♣	10 3	
West		East		
♠	10	♠	9 8 7 6	
♥	K Q 10 9	♥	J 8 5 2	
♦	Q 7 6 4	♦	10 9 3	
♣	8 6 5 2	♣	9 4	
		South		
		♠	K Q J 3	
		♥	4	
		♦	A K J	
		♣	A K Q J 7	
Dealer: South				
Vulnerable: North-South				
South	West	North	East	
2 ♣	Pass	2 NT	Pass	
3 ♣	Pass	3 ♥	Pass	
3 ♠	Pass	4 ♠	Pass	
4 NT	Pass	5 ♥	Pass	
7 ♠	Pass	Pass	Pass	
Opening lead: ♥ K				

land, and goes to the Norwegian fjords and the North Cape. Details are at www.phillipalderbridge.com.

CROSSWORD

Across

- 1 Pert
- 6 Top grade, in slang
- 9 Trees along tropical beaches
- 14 Aptly named cooler brand
- 15 Small island
- 16 Perpendicular to the keel
- 17 Not-so-humorous humerus spot
- 19 Tri- plus bi-
- 20 Drink from leaves
- 21 Hockey legend Bobby et al.
- 22 Sea north of Poland
- 23 Exam taker's dread
- 25 Grubs and maggots
- 29 Manhattan sch.
- 30 "Garfield" pooch
- 31 Fan mag
- 34 Annual parade celeb
- 39 Daydreams
- 42 Joe Cocker's "You ___ Beautiful"
- 43 Formal coiffure

Down

- 44 Alan of "The Aviator"
- 45 Slangy "No reason"
- 47 "Amen to that!"
- 49 Devoid of niceties, as some politics
- 55 Disinclined
- 56 Works a tough row?
- 57 "The Amazing Race" airer
- 60 Prove apt for
- 61 Racer's edge, or the ends of 17-, 23-, 39- and 49-Across, unflatteringly
- 63 Mountain ridge
- 64 www address
- 65 Otherworldly
- 66 IHOP condiment
- 67 1/30 of abril
- 68 Seed anew

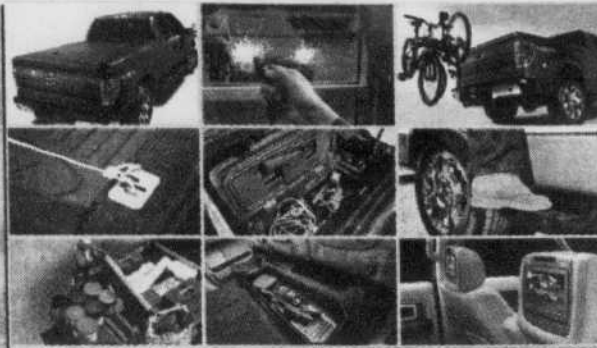
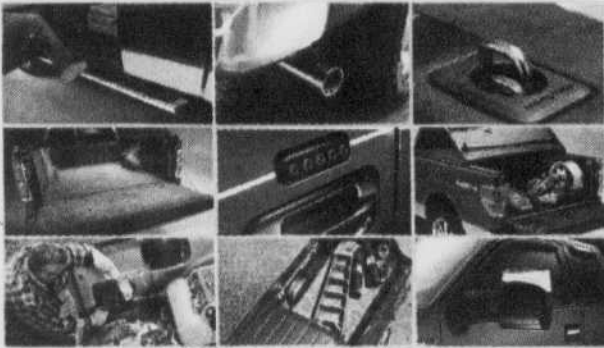
Down

- 1 Sort through, as for clues
- 2 Fit of fever
- 3 It's near the 17-Across
- 4 Put one over on
- 5 Cellist with 16 Grammys
- 6 Item in a fall stash
- 7 Art able to
- 8 Tropical cyclone center
- 9 41st president, affectionately
- 10 Clear as ___
- 11 Slowly, in music
- 12 "It slices! It dices!" gadget Veg-O-___
- 13 Wallop
- 18 Zephyr
- 22 Journalist Nellie
- 24 What all good things come to
- 25 Crazy, in a Ricky Martin song
- 26 Month after Shevat
- 27 Increase
- 28 November honorees
- 32 Liar Joe in old TV car ads

- 53 Strasbourg sweetheart
- 54 Eucalyptus muncher
- 57 Jaguar and Impala
- 58 Verve
- 59 Hearty entrée
- 61 1963 Paul Newman film
- 62 Casual top

S	P	C	A		T	O	G	O		C	H	E	C	K
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R	I	N	K	Y	D	I	N	K		A	C	H	A	T
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D	O	E		K	I	N		E	A	S	Y	O	N	
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66								67				68		



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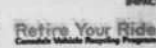
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WISE BUYERS READ THE SMALL PRINT. Vehicles may be shown with optional equipment. Dealer may sell or lease for less. These offers are in effect from February 1 to March 31, 2011 and may be cancelled at any time without notice. Licence, fuel fill charge, RDPRM, any environmental charges or fees, and all applicable taxes are extra. Taxes are payable on the full amount of the purchase after deduction of rebates and incentives (if applicable). Freight and air tax (when applicable) included. Offers are only available to qualified retail customers, on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest interest rate. Down payment may be required based on approved credit. See your Ford Dealer for complete details concerning the offers mentioned in this ad or call the Ford Customer Relationship Centre at 1-800-565-3673. *Purchase one of the following new vehicles: [2011 Ranger Sport Supercab or 2011 F-150 XLT 4x4 SuperCab], starting from after manufacturer rebate of (\$150 / \$550) for (\$15,299 / \$32,299) or, if eligible to the Ford "Recycle Your Ride" and "Retire Your Ride" incentives. All offers include freight (\$1,450 / \$1,400) [N/A / \$1,400]. **Eligible total rebates of \$10,300 apply to the Super Duty F-250 - F-450 (excluding Chassis Cab) and represent a combination of \$8,000 in manufacturer's rebate and the \$2,300 Ford "Recycle Your Ride" incentive (if applicable). Offer valid from February 1 to April 30, 2011 (the "Program Period"). Receive \$10,000 towards select Ford custom truck accessories, excluding factory-installed accessories/options ("Accessories"), with the purchase or lease of a new 2010/2011 Ford F-150 (excluding Raptor), 2011 Ranger and 2011 Super Duty delivered or factory ordered during the Program Period (the "Offer"). Offer is subject to vehicle and accessory availability. Offer is not redeemable for cash and can only be applied towards eligible Accessories. Any unused portions of the Offer are forfeited. Total Accessories may exceed \$10,000. Only one (1) Offer may be applied toward the purchase or lease of an eligible vehicle. This Offer can be used in conjunction with most retail consumer offers made available by Ford at either the time of factory order or delivery, but not both. This Offer is not combinable with CPA, GPC, Daily Rental Allowances and the Commercial Connection Program (CCP). Incentive Program (CIP). Limited time offer. See dealer for details or call Ford Customer Relationship Centre at 1-800-565-3673. © 2011 Ford Motor Company of Canada, Limited. "Best-in-class" torque when equipped with 6.2L V8. *Class is Full-Size Pickups under 8,500 lbs. (3,855 kg). GVWR non-hybrid. Ratings based on Transport Canada approved test methods with 3.7L V6 4x2, 8.8L/100 km city (22 mpg). Actual consumption may vary. See specifications for details. "Best-in-class" towing when properly equipped. Class is Full-Size Pickups under 8,500 lbs. (3,855 kg). GVWR non-hybrid.