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**RECORD**

THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897

*Inverness installing a new central drainage system. . . See Page 3*

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PM#0040007682

MONDAY, JULY 4, 2005

### The Flag



JEN YOUNG/CORRESPONDENT

These little ones sure enjoyed the Hatley Canada Day festivities. See Pages 8 & 12 for more photos of celebrations from across the region.

## Social contract opens farms to SQ, not pot growers

By Maurice Crossfield

**T**he Sûreté du Québec will be watching a pilot project in Nicolet-Yamaska that may help bite into the efforts of pot growers using farmers fields.

The SQ in the region near Trois-Rivières has teamed up with the local Comité de la lutte contre la culture du cannabis au Centre du Québec, a group of citizens frustrated at having their legitimate farm crops replaced with marijuana. Together they developed a social contract for farmers which gives police access to their properties at any time without a warrant.

The contract basically makes it easier for police to seek out marijuana plantations, the vast majority of which are not planted by the landowners themselves. Between May 1 and Nov. 15, they can venture freely on the farmers' lands in search of the outlaw gardens.

In return for the easy access, the SQ agrees to keep the names of those who signed contracts secret, and to protect the farmers' legitimate crops. To date, 600 of the 1,100 farmers in Nicolet-Yamaska have signed up. That represents about 400 square kilometres, or roughly half of the region.

Marijuana production has become a subject of

increasing concern in Nicolet-Yamaska, a region in which 26 per cent of all pot seized in Quebec last year was grown.

The local citizens committee has even gone so far as to hold public consultations on the issue. This fall it will be hosting an information workshop for teachers aimed at helping them identify problems among students related to drug use.

Here in the Townships, the SQ will be watching the social contract project to gauge its success.

"It may happen here in the coming years," said the SQ's spokesman for the Estrie region, Const. Louis-Philippe Ruel. "We don't have that yet, but for us in this region we have fewer farmers."

The Nicolet-Yamaska region is heavily farmed, so pot growers have more of a tendency to use farm fields. Ruel said the Townships are less intensely farmed, so pot growers are more likely to use open spots in the woods or other areas where people rarely tread.

The SQ is also advising the general public that the outdoor marijuana growing season is now in full swing. The SQ is urging anyone who sees suspicious activities or the unusual comings and goings of people and vehicles in rural areas to call the Info Crime line at 1-800-711-1800.

## New research chairs at U of S

**T**he University of Sherbrooke has two new Canada research chairs. Nadine Lanctot, a professor in the psycho-education department of the faculty of education, will be studying female delinquency, particularly in adolescents. Jeannie Haggerty, a community health science professor in the faculty of medicine and health sci-

ences, will be studying patient perceptions of front line health care services.

Lanctot's research will focus on rehabilitation of adolescents served by social and judicial services, within the context of psychological and social factors. To this point, most research has

SEE SCIENCE, PAGE 2



La Grande Virée  
Artistique

Keep an  
eye open!

To make your itinerary and help you locate the workshops, a map of participating artists is available in touristic information centers at the Rock Forest Cultural Center and in many hotels.

From July 2 to 10, 2005, from 10 a.m. to 5 p.m. Tuesday 7 and Wednesday 8 from 10 a.m. to 9 p.m. Come and tour the greater Sherbrooke area during "La Grande Virée Artistique" 4<sup>th</sup> edition. Visual artists, painters, sculptors and artisans are opening their workshop to you.

Your starting point during the event:  
**The Rock Forest Cultural Center (968 Haut-Bois St.)**

Information: 864-4729 [www.lagrandevireeartistique.qc.ca](http://www.lagrandevireeartistique.qc.ca)

BRIEFS

**Pèlerin to be temporarily closed**

Pèlerin Street in Sherbrooke's Fleurimont borough will be temporarily closed while road crews finishing paving. The street will be closed from July 6-7 from 6 a.m. to 6 p.m. between Lajeunesse and Beauvoir East streets. The road might also be closed July 11.

**Blood donor clinics**

**Monday, July 4**  
 • Where: Farnham's The Daughters of Isabella - 421 De l'Hôtel-de-Ville Street;  
 • When: 2 to 7:30 p.m.;  
 • Objective: 100 donors.

**Tuesday, July 5**  
 • Where: Magog's Les Galeries Orford basement - 1700 Sherbrooke Street.  
 • When: 10 a.m. to 6:30 p.m.;  
 • Objective: 100 donors.

**Wednesday, July 6**  
 • Where: Stanstead's Sunnyside Elementary School - 441 Dufferin Street;  
 • When: 2 to 7 p.m.;  
 • Objective: 100 donors.

**Thursday, July 7**

• Where: Terrasses Rock Forest - 4857 Bourque Blvd;  
 • When: 3:30 to 8:30 p.m.;  
 • Objective: 100 donors.

**Friday, July 8**  
 • Where: Terrasses Rock Forest - 4857 Bourque Blvd;  
 • When: 9:30 a.m. to 2:30 p.m.;  
 • Objective: 100 donors.

**Correction**

Due to an editing error, Julie Edwards was said to be principal at Drummondville and Asbestos-Shipton-Danville Elementary schools in a story on June 30. Edwards was hired as vice-principal at Massey-Vanier High School for the 2005-2006 school year.

**Work on mosaics closes traffic lanes**

Upkeep around Sherbrooke's Mosaics will be closing traffic lanes on King West downtown. Lanes will be closed between Wellington and Gordon streets. Lanes are being closed to provide ample space for workers. Work around the mosaics will take place between July 4 and 5 from 5:45 a.m. to 1:45 p.m.

**Woodard Street to be closed**

A section of Woodard Street in Lennoxville will be closed July 5 for road construction. The section between Rigoles and Moulton Hill Streets will be closed from 6 a.m. to 6 p.m. while road crews pave the stretch of road.

<b>LOTO QUÉBEC Results</b> TVA, the network of draws	
<b>LOTTO 649</b>	Draw 2005-06-29
19 42 43 44 46 47	Bonus: 26
WINNERS	PRIZES
6/6 2	\$4,123,782.00
5/6+ 3	\$107,996.70
5/6 255	\$1,049.60
4/6 6,678	\$75.90
3/6 114,316	\$10.00
2/6+ 85,863	\$5.00
Total sales:	\$15,334,224
Next grand prize (approx.):	\$4,000,000
ALWAYS BE NICE TO PEOPLE WHO PLAY THE <b>LOTTO 649</b>	
<b>Quebec 49</b>	Draw 2005-06-29
04 08 15 28 30 32	Bonus: 05
WINNERS	PRIZES
6/6 0	\$1,000,000.00
5/6+ 1	\$50,000.00
5/6 23	\$500.00
4/6 1,085	\$50.00
3/6 18,574	\$5.00
Total sales:	\$463,414.00
<b>Extra</b>	Draw 2005-06-29
NUMBER 145562	PRIZE \$100,000
Claims: See back of tickets. In the event of discrepancy between this list and the official winning list of L-Q, the latter shall prevail.	

<b>LOTO QUÉBEC Results</b> TVA, the network of draws	
<b>SUPER 7</b>	Draw 2005-07-01
20 21 23 25 29 34 39	Bonus: 33
WINNERS	PRIZES
7/7 0	\$2,500,000.00
6/7+ 5	\$46,614.50
6/7 77	\$2,648.50
5/7 4,677	\$155.70
4/7 99,039	\$10.00
3/7+ 90,780	\$10.00
3/7 835,069	Free play
Total sales:	\$12,362,576
Next grand prize:	\$5,000,000
<b>LOTTO 649</b>	Draw 2005-07-02
02 18 22 38 39 44	Bonus: 10
WINNERS	PRIZES
6/6 0	\$4,104,012.00
5/6+ 2	\$146,571.80
5/6 113	\$2,143.00
4/6 5,798	\$79.10
3/6 108,080	\$10.00
2/6+ 83,852	\$5.00
Total sales:	\$14,038,746
Next grand prize (approx.):	\$6,000,000
<b>LOTTO 649 BIGGER JACKPOTS MORE OFTEN</b>	
<b>Quebec 49</b>	Draw 2005-07-02
19 28 35 40 43 47	Bonus: 42
WINNERS	PRIZES
6/6 0	\$1,000,000.00
5/6+ 1	\$50,000.00
5/6 8	\$500.00
4/6 694	\$50.00
3/6 13,570	\$5.00
Total sales:	\$474,925.50
<b>Extra</b>	Draw 2005-07-01
NUMBER 201100	PRIZE \$100,000
<b>Extra</b>	Draw 2005-07-02
NUMBER 448199	PRIZE \$100,000
Claims: See back of tickets. In the event of discrepancy between this list and the official winning list of L-Q, the latter shall prevail.	

**SCIENCE:**

CONT'D FROM PAGE 1

focused on teenage males, with statistics on females coming solely from the judicial services. While male delinquency has been steady, female delinquency is on the rise. Her research will directly impact interventions in Montreal and the Eastern Townships.

Haggerty's research will focus on patient experiences during the period services were received, then determine how patients evaluated services. Haggerty's research will look at improvements to health care, and how they affect patients' perceptions of the care they receive.

The University of Sherbrooke now has 45 Canada research chairs, as well as 38 research teams and three research institutes, in pharmacology, intelligent materials and systems, and aging.

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**Weather**

**Today:** Sunny. Wind becoming south 20 km/h late in the morning. High 29.

**Tuesday:** Cloudy with 60 per cent chance of showers. Low 17. High 28.

**Wednesday:** Cloudy with 70 per cent chance of showers. Low 15. High 25.

**Thursday:** A mix of sun and cloud. Low 15. High 25.

**Ben by Daniel Shelton**

# Inverness installing central drainage system

By Stephen McDougall  
SPECIAL TO THE RECORD  
INVERNESS

Car and truck traffic in and around Inverness will be a little slow and difficult this summer because the municipality has embarked on a \$2.7 million central drain system that is being installed underneath the town's streets.

According to town clerk Paule Dizier, it is the first time the town has opted to build a central drain system.

"Up until now, most drainage was taken care of by the property owner through septic systems or ditches," she said. "The only way to create a new system that is efficient is to build one under our present streets. But that means we have to use dynamite sometimes because a lot of the streets were built over rock formations."

She said the project was started last month and is scheduled to finish in August. In the meantime, residents will have to put up with closed lanes and

the occasional sound of dynamite blasts.

Adding to the delay and cost of the project is a directive by the Quebec government that does not allow the present gravel being dug up to be reused when the streets are rebuilt.

"The government regulations for road building indicates the gravel being dug up is an old style that does not meet present standards," said Dizier. "For the road to be firm, new gravel with larger, firmer rocks has to be used.

This has all been budgeted for."

Presently, the work means the closing of one lane of the town's Dublin Street and the closure of the cross street Gosford from the main intersection to the street's south sector. Other streets that will be worked on include Des Erables, Des Loisirs and Lila.

Dizier said the provincial government will pay close to \$1.5 million of the project's cost and about 100 of the town's 855 residents will benefit from it.

# Tarzan meets eco-tourism at Sutton's Tree Link

By Joshua Bleser

If you thought swinging from trees was just for monkeys, think again. Last September D'Arbre en Arbre (known as Tree Link in English) opened in Sutton. With one season under its belt, this major tourist attraction is now open daily until Sept. 1, when the autumn schedule begins.

Tree Link is like an obstacle course 40 feet in the air, offering its adventurous clients an adrenaline-filled full-contact communion with Mont Sutton's unique and rich vegetation. The four increasingly challenging circuits are made up of a series of platforms, cables, and games of skill such as swinging steps, nets, ropes, flying bridges, and zip lines.

Already popular in Europe, the concept is quickly capturing the imagination of Quebecers. Two years ago, Chicoutimi was home to the only such attraction in the province; since the opening of Tree Link, two others have sprung up, one in the Saguenay region and one near Quebec City. Another one is slated to open soon in Laval.

Despite its Fear Factor image, Tree Link's director of operations, Michel

Dallaire, assures potential customers that it is perfectly safe.

"Regardless of the individual's level of ability, it is possible to progress through the adventure course in complete safety with the help of a climbing harness, safety cables, and other safety measures. It is extremely well designed," explained Dallaire.

Tree Link staff have been busy improving the site to make it more user-friendly. The course now boasts zip lines at strategic points within each circuit, so that people can proceed at their own rhythm and stop before the end of a circuit.

Dallaire and president Steve Breton have also added several picnic areas and a full network of hiking trails alongside the circuit so that those who don't wish to tiptoe in the treetops can nevertheless enjoy the fresh air and follow their group throughout the course.

With these improvements, Tree Link is better able to fulfill its mission "to create an original and innovative adventure site to encourage people to discover the beauty of the forest and bring them closer to nature."



COURTESY JERRY BLESER

Tree Link offers hands-on adventure for people of all ages and skill levels.

Tickets are \$31 for adults and \$27.55 for juniors (under 18) and for members of a group of 15 or more. For more information, call 450-538-6464.



COURTESY FRANCINE MAURICE

A Tree Link adventurer performs a balancing act high in the treetops.

*I'm gonna be a Fireman someday.*

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## Retired But Not Forgotten



COURTESY MEMPHREMAGOG HEALTH AND SOCIAL SERVICES CENTRE

The Memphremagog health and social services centre honoured retirees and employees with more than 25, 30 and 35 years of service in 2005. Pictured are retirees Pauline Morin, Michelle Lepitre, Gladys Lassonde, Jocelyne Nelligan, Mariette Dodier, Carole Patient and Gilles Lambert; 30 years of service, Louise Noël, Lise Patient, Suzanne Bourdeau and Carole Ducharme; 25 years of service, Claire Leblanc, Sylvie Roy, Solange Laplante, France-Hélène Caillé, Francine Beaugard, Sylvie Campagne, Madeleine Carrière, Serge Gaudreau, Benoit Cliche. Also pictured are Monique Corbeil, executive director, Jean Paquin, director of human resources, Murray MacDonald, director of financial, technical and information services, and Carolle Marcoux, Sylvie Moreault, Lyne Grenier, Esther Paquette and Manon Rancourt. Not pictured are retirees Denise Lambert, Josette Scott, Ghislaine Trahan and Richard Scott; Carole Hamel, 35 years of service, and Lisette Veilleux, Chantal Bergeron, Denise Roy and Gilles Lacrois, 25 years of service.

## Report slams human research ethics

By Margaret Munro

Better safeguards are in place for lab rats than for hundreds of thousands of Canadians who participate in research to test new drugs and medical treatments, says a report by leading ethicists and lawyers.

"The governance of research involving animals in Canada is not only more stringent but better," says the report, which stresses that Canadians who volunteer for medical research deserve better.

The special report, published by the Health Law Institute at the University of Alberta, calls on Health Canada, the provinces and research community to institute a transparent, accountable system of oversight for human research.

It also calls for action on "profound" ethical challenges and serious conflicts of interest associated with research on everything from genetics to drugs.

It is estimated that close to one million Canadians, often elderly and chronically ill, are recruited into studies to test new drugs and therapies each year.

The report says ethics reviews of human research in Canada remain in many respects a free-for-all. There are

no national standards or accreditation processes to ensure consistent and accountable ethics reviews of projects.

"If you and I wanted to set up a research ethics board, we could go into business tomorrow," says Michael McDonald, director of the Centre for Applied Ethics at the University of B.C., who edited the report.

McDonald, who is also chairman of the Standing Committee on Ethics at the Canadian Institutes of Health Research, stresses that universities, industry, the medical community and regulators all need to take action.

The report lays out "modest but easy" steps Health Canada could take improve ethics reviews and assessments of clinical trials — steps that "seem crucial to give the review system more teeth," writes lawyer Trudo Lemmens of the University of Toronto.

McDonald lays out several initiatives he would like the research community, government regulators and funders to take to create a more proactive, accountable and transparent system to oversee human research.

—CanWest News Service

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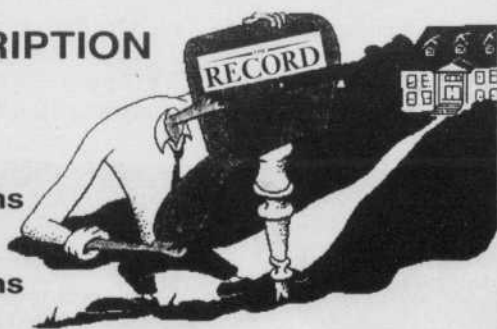
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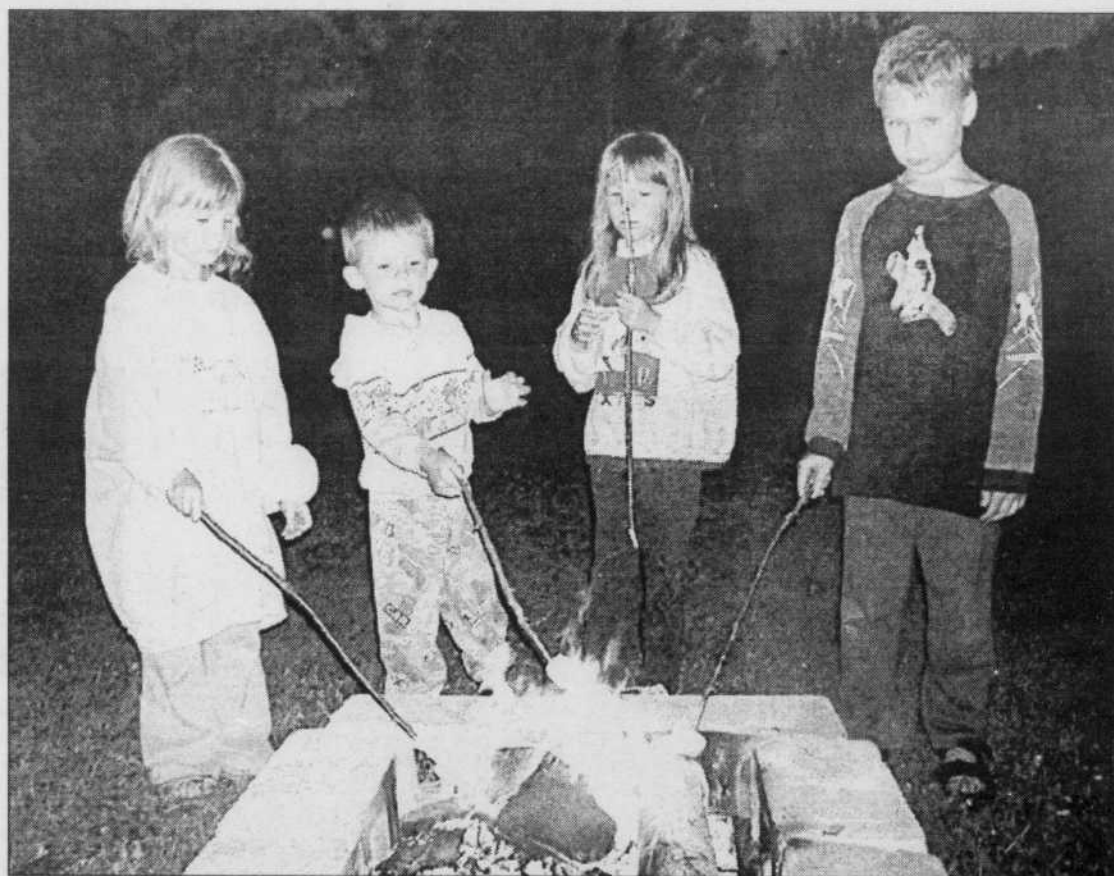
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## A Roasting Good Time



Who needs fireworks? Celebrating Canada's birthday, by roasting marshmallows are, left to right, Taylor Sparkes, Anthony Naylor, Sabrina Naylor and Aaron Sparkes, children of Ted and Julie Sparkes of Dollard-des-Ormeaux and Michael Naylor and Sonya Desnoyers, of Moe's River.

BRUCE PATTON/SPECIAL

# Auberge West Brome gets facelift

By Joshua Bleser

Auberge West-Brome has cemented its place among the major players in the Eastern Townships tourist industry. After a six-week closure for renovations, the Auberge has re-opened as the Auberge & SPA West-Brome, boasting revamped décor, state-of-the-art spa facilities, a modernized conference room, and improvements to its 25 rooms.

Nestled among 200 acres of rolling pasture in Brome Valley, the Auberge has three banquet rooms accommodating 30 to 500 people, high-speed satellite Internet throughout the main building, and Provençale cuisine to meet the needs and tastes of business-people and pleasure-seekers alike.

The Auberge & SPA West-Brome also collaborates with other tourist attractions in the area to offer its guests activity packages including golfing, vineyard tours, horseback riding, an adventure at Sutton's "Arbre en Arbre",

and canoeing.

The new spa offers several kinds of massages, facials, waxing, and make-up, and with each treatment is included fruit, tea, some downtime in the sauna, and a shower.

The price tag for the Auberge's rejuvenation is more than \$1.5-million. Including Carole Daigneault, the new spa director, three masseuses, and Stéphane Charpentier, the new chef formerly of La Mère Michel de Montréal, the Auberge & SPA West-Brome now has over 40 part-time and full-time employees.

Brome-Missisquoi MP Denis Paradis, who was unable to make it to the grand re-opening due to a potential confidence vote in Ottawa, congratulated the Auberge in a letter and wrote that "a resort of the caliber of the Auberge & SPA West-Brome is a considerable asset for a region like ours."

Throughout this summer, and year-round, everyone is invited to taste, feel, and see for themselves.



JOSHUA BLESER

The renovation of the Auberge and the construction of the new spa, one of whose treatment rooms is pictured here, cost the Auberge more than \$1.5-million.

## Missing Magog man found

Staff  
SHERBROOKE

A man is back home in Magog after he went missing two weeks ago.

Jean-François Forand, 32, was staying in a shelter in Rivière-du-Loup while police, his family and friends were trying to find him.

When he found out people were looking for him he called his partner and she drove out there to pick him up.

Forand was last seen leaving his home in Magog June 18 to visit friends in Saint-Élie-d'Orford but

he didn't make it to their place.

When they hadn't heard from him, his family feared the worst.

Forand is a manic depressive and hypoglycemic and easily gets lost when he's nervous.

Shortly after he disappeared, Police found his abandoned vehicle on Bélanger Street in Montreal and a driver said he had picked Forand up at the exit of the Louis-Hypolite-Lafontaine tunnel.

Police still have no idea how he ended up in Montreal but they will meet with him and his partner to find out why he stayed out of touch and how he ended up so far from Magog.

## Relay For Life Magog Organizers Pleased



PERRY BEATON/SPECIAL

Results of the 35th Relay for Life for the province are finally in. The Magog organization of the Relay for Life was in first when it raised \$160,000. The group was also tops in the sale of luminaries (5,167) and for the number of participating survivors (250).

As if dying in your 30's isn't hard enough to swallow... What if you needed a fistful of pills just to digest your food?

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The Q.C.F.A. is a provincial association of the Canadian Cystic Fibrosis Foundation.

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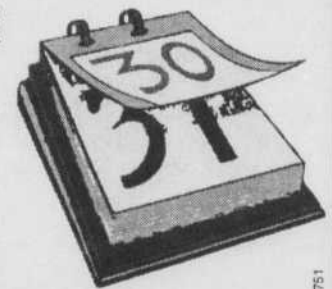
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THE RECORD



# Community Forum



## EDITORIAL

# Time to say sorry

There is no statute of limitations on the suffering endured by families who lose a child. There are only occasional moments of relief.

Perhaps that's why last week's confirmation by Quebec's Minister of Justice, Victims of Crime Division, that Theresa Allore was indeed a victim of crime, was viewed as one of the few positive events in the 27 years since the teenager disappeared.

Certainly it wasn't the \$600 compensation the family was offered for being a victim of crime.

Twenty-seven years ago, Theresa Allore, a vibrant teenager with the promise of a rich and full life ahead, headed off to Champlain College in Lennoxville.

Two months later, she went missing from the Kings Hall residence in Compton which was housing students from the college while new residences were being built in Lennoxville.

Her disappearance — when it was finally noted two days later — was downplayed by police and college officials. Allore's frantic parents, who rushed to Lennoxville, were treated like hysterical, overprotective adults who had failed to come to grips with the realities of the youth culture of the '70s.

"Go home and wait, she'll turn up," they were told.

Five months later, the body of their precious daughter did turn up — less than a kilometre from the Kings Hall residence where it had been left on a cold November night — face down, clad in underwear.

An immediate search following her disappearance might have spared her parents months of anguish, and 27 years of knowing their child had been left lying half naked in a field, through five freezing months of winter.

At the time, college officials and police apparently didn't deem a massive search necessary. They had other theories — she was a runaway, a party girl who may have experimented with drugs, an unhappy student who would show up when she 'found herself.'

Besides, Lennoxville was a small, safe community and college administrators were very busy planning the expansion of the college.

The Allore family, and in particular Theresa's two brothers, have spent the last 27 years doing what authori-

ties failed to do: investigate their sister's death.

Then last week, a glimmer.

"The bureau de la revision administrative cannot accept the drug overdose theory held by the police to explain Theresa Allore's death," the decision stated.

"In our view, a theory of accident, or accidental death, is not consistent with the discovery of a body face down, in an arm of a river, far from the road, clothed only in underwear.

"Considering that the victim disappeared in November and the body was found in April, the clothing is inconsistent with death without incident.

"The discovery of her scarf and her purse far from her body also militates in favour of unnatural circumstances of death. Given these facts, the bureau finds that Theresa Allore did not die a natural death and the circumstances of her death were criminal in nature."

While there has been some expression of remorse and acknowledgment by police they may have dropped the ball, officials at Champlain College have steadfastly stuck to the line that the college did everything possible, and will continue to cooperate with police in any investigation.

Sorry. That's lame.

When parents send their minor children to college, they want more than lawyered lip service. They want to know that measures are in place to ensure the safety of their kids.

If they go missing, they want those in charge to act as they would if their own teenager didn't show up in the morning. And if they're still not back after a few days, they want every last one of you out combing the woods.

And if by tragic circumstance, the body of a student is found, face down in a field dressed only in underwear, parents want you to weep and wail and share their pain, and spare no effort in finding the person who did this horrible thing to their child.

And they want you to say you are so very sorry it happened on your watch.

Twenty-seven years later is not too late. Theresa Allore's family is still hurting, and they're still waiting.

SHARON McCULLY

## LETTERS TO THE EDITOR

### Bricks and roses

Compliments are in the order for the Sherbrooke Record for their demonstration of our true national identity. Let this be a reminder to the Premier as his wishes for the St-Jean Baptiste statutory holiday were associated to the wrong aspirations.

To our knowledge this province has not yet and is not about to ascend to nationhood and it is indeed this very issue that tears us apart in contradiction to his official statement.

In fact, there is not one province in our great nation where its population

is more at a clash with one and other than in this province and sadly this is the only place where demonstrating our true identity is an ongoing battle.

It is time for our provincial politicians, regardless of colour, begin disclosing the true advantages of belonging to a country as great and forgiving as ours. After all, which other country would tolerate so much abusive treatment. Canada deserves better!

Thank you *The Sherbrooke Record* for your genuine support.

PHIL MEUNIER  
Proud Canadian

## THE RECORD

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The Record is published daily Monday to Friday. Back copies of The Record are available.

The Record was founded on February 7, 1897, and acquired the Sherbrooke Examiner (est. 1879) in 1905 and the Sherbrooke Gazette (est. 1837) in 1908. The Record is published by Hollinger Canadian Newspapers L.P.

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## Perspectives

# Boisclair spoils Marois' party

The stars seemed to be aligning for Pauline Marois. For a while there it looked like she would realize her 20-year quest to be leader of the Parti Québécois without breaking a sweat.

First, contrary to all expectations, Bernard Landry in perhaps the most untimely and regretted petulant outburst in a career rife with unguarded moments, opted to proffer the middle digit to the PQ when it denied him an 80 per cent leadership endorsement.

Marois, who had declared a public truce with Landry going into the PQ convention at the beginning of June, had not expected the top job to become vacant quite so soon.

Then, in another surprise and puzzling move, Marois' main PQ rival, François Legault, cancelled a candidacy that had been in the making ever since former premier Lucien Bouchard recruited the millionaire airline executive in 1998.

Legault claimed to have suddenly discovered that his family needed him more than the PQ — at least for now. But the National Assembly scuttlebutt is that Legault didn't feel like losing to the obvious frontrunner, Bloc Québécois leader Gilles Duceppe.

Duceppe, of course, pulled off the greatest stunt of reversing expectations. As Prime Minister Paul Martin wittily put it, Duceppe chose Canada — and rejected what might have been an easy ride to a very tough job.

That makes three more or less stunning turns of events that might have prompted Marois to order new nameplates for the Opposition Leader's door.

But the surprises were not over.

The only other potential candidate standing in Marois' path seemed to be safely engaged in other worthy and non-political activities. Former PQ environment and municipal affairs minister André Boisclair had quit politics just last year and was just wrapping up a stint at the John F. Kennedy School of Government at Harvard University and preparing for a job this fall with a prestigious Toronto management consultant firm.

But Boisclair, too, looked to the stars and saw something promising shaping up. Simply put, he saw that he didn't have to wait another elec-

tion or two before pursuing his sovereignist destiny. Marois, the only other high-profile candidate, was ripe for the picking.

### QUEBEC AFFAIRS



PETER BLACK

A recent poll bears out Boisclair's astronomical savvy. That CROP-La Presse survey asking Quebecers who best could lead the PQ to victory showed the 39-year-old, proudly gay politician way ahead of Marois. He appears to have picked up nearly all the support that would have gone to Duceppe had he had the nerve to leave the federal capital.

The same poll, oddly enough, found that a majority of Quebecers think Landry should run to succeed himself. Yet, even if he were to run, the poll shows he would be trailing Boisclair.

As a summer of campaigning begins before the PQ leadership telethon in November, Marois, briefly the shoo-in to win the contest, now finds herself needing to flip a lot of burgers on the party barbecue circuit.

She also finds herself on the wrong side of 50. According to CROP poll cruncher Claude Gauthier it seems Quebecers want youth and change.

Marois, who has spent about 20 of her 56 years as a PQ warrior, clearly represents another era, the comet tail of René Lévesque's ascendancy.

Boisclair, however, though not yet 40, was first elected when he was 23, which hardly makes him a political novice with no baggage.

(Boisclair and Marois share political precociousness with Premier Jean Charest who was first elected to the House of Commons at age 26.)

Polls are one thing, organization and political support are another. Marois has a well-established network and the backing of a string of influential fellow MNAs. Boisclair, though, has momentum, and thanks to a universal voting system which allows any Quebecer who joins the party to vote, he may profit from a groundswell.

Pauline Marois no doubt knows that what seems too good to be true probably is. She's been prepared for a slug-out for the leadership ever since 1985, when, at age 36 and very pregnant, she came a respectable second to Pierre-Marc Johnson.

Having waited this long, Marois clearly is not going to let André Boisclair or anyone else take the leadership away without a fight.

## New Canadians Celebrated In Magog



COURTESY ANNE SHARPE/THE OUTLET

New Canadians were all smiles this weekend as they participated in a citizenship swearing in ceremony at Magog City Hall. Left: Senator John Lynch-Stanton, Joan Courey (accepting the Great Canadian Honorship Award for Raymond Courey) and General Gilles Turcot. Right: Mountie Barbara Seal was the presiding judge at the Magog Citizenship Day ceremonies



PHOTOS JEN YOUNG/CORRESPONDENT

# Hatley celebration a traditional affair

By Jen Young  
RECORD CORRESPONDENT

The weather follows a specific pattern every year on July 1 in Hatley, which involves heat and some rain, that spectators come to expect when heading out to the small village for a parade, crafts, and fireworks, and this year was no different.

Organizer Kylie Cote was happy to see the sun when she was preparing for the festivities Friday morning, but she was thankful for the breeze that seemed to help spectators keep cool.

"It's an amazing day," said Cote, manning an inflatable children's attraction. "We couldn't have asked for better and

everyone seems to be having a great time."

Following tradition, most spectators grabbed a coffee and doughnut and perused the crafts and silent auction table before installing their chairs, preferably under a tree, to watch the parade filled with floats. The parade didn't seem to be as long this year, but the clever maneuvering of organizers gave people a reason to sit for half an hour, enjoying the entertainment.

Following the singing of the national anthem in both languages, the cool spot to be was the dunking booth, new this year.

Wade Morse, who was there in part for the Hatley fire department and the

committee, said that people were volunteering to be dunked as often as people were attempting to dunk them.

"It was a good crowd," said Morse, who helped younger throwers aim all day. "The afternoon slowed down a bit but people were still volunteering to be dunked."

The booth, which cost \$1 for three attempts to see someone plunge into the cold water, brought in over \$200 that will be divided between the fire department and the Children's Wish Foundation.

As some jumped in their cars right after the parade, again following tradition, some stayed and pulled out their picnics or took advantage of the convenience

of a canteen, while watching attraction designed specifically to entertain during the afternoon hours.

Unlike any other year, spectators kept an eye on the skies in anticipation of rain, and they were right to do so because supertime brought in the heavier wind and the inevitable rain clouds. The rain put a damper on the entertainment in the gazebo but it cleared off just enough to allow the fireworks to proceed on time.

Morse said that though the moisture may have inhibited some from returning for the show, some still took the chance and ended their Canada Day Hatley style party with a bang.



Go to Page 12 for more  
Canada Day photos

# Townships

## INSIDE

**Anny May Kinney keeps it cool**  
... see Page 10

# Life

## Foster home provides respite for troubled kids

*This is the second in a series about families providing English services to the community through the Centre de réadaptation Estrie, the Centre Jeunesse of the Direction de la protection de la jeunesse and the Centre Notre-Dame-de-l'Enfant/Dixville. The final installment will appear in next Monday's Record.*

By Leah Fitzgerald

In a pink house near the fork in a dirt road in Compton, Lin Harris has raised her own children, a step-daughter, and now two foster children. Harris has been a foster mom for Youth Protection for eight years this past Valentine's Day.

Harris was working in a factory after her first husband died, and the environment was having a negative effect on her health.

"I saw so much waste in that particular company, going out into the environment," she said. "I thought there were better things I could be doing."

Harris, whose own children are now adults, had considered becoming a foster parent before. She put in her name, with her second husband, and started the interview process.

"It happened quite quick," she said. "It's not usually like that. It was a rare coincidence."

The coincidence was that two boys needed a foster home, and Harris's application crossed the intake persons desk at the right time. The boys lived near Harris, attended a school near Harris, and were taking a bus that crossed paths with one Harris's daughter took.

"My daughter had seen him [one of the brothers] before, and thought he was cute," she said. "When the bus went by, she waved and he stuck his tongue out at her."

"She couldn't believe it when it turned out to be him."

Eight years ago this past Valentine's Day, the two boys were brought to her home.

Harris has had one of them live with her this entire time, and she has a second teenage boy now who has lived with her for the past year.

Harris has also provided respite care, once taking in three more teenagers in her home, and having up

to five boys at a time.

"Some were just weekenders, here for respite," she said. "I've had six total on short stays. A number of children have come from other foster families. They come for a short break."

"You do what you can to help." Since foster parenting is a 24-7 job, Harris said that the support network is a necessity for moments when you just can't take the foster children with you. Harris said she took in another couple's foster children because someone was sick, or because they were off to a family event for the weekend.

She's sent her own foster children for respite care, including one of her two original foster kids, which is why he no longer lives with her.

"He went for respite nearby and fell in love with the place."

The farm where her former foster son lives isn't far, and Harris still sees the boy once a week.

"It sounds terrible, but I know that he would have traded me for a pack of gum if the gum looked really good that day," she said. "These kids, because of the circumstances, they don't form attachments the way other children do."

"They have this big hole in their life and they keep trying to fill it."

Harris said material possessions can be more important than the people around the fostered children, probably because they're more a stable presence.

"I wasn't hurt. And I know now that we probably shouldn't have traded him off as easily as we did, but I know he's happy."

Farm machinery was the big attraction there – not that he didn't have some big toys at Harris's place – she has four wheelers that she lets the boys ride after school when their homework is done. Harris said it's an advantage of being out in the country – lots of space for the boys to run around.

"They can have total freedom if they want," she said. "They have bikes, the four-wheelers."

Harris also takes her boys with her almost everywhere – vacations, visits to her grown children, and on a year when she lived in Ontario.

SEE 'FOSTER MOM' PAGE 11

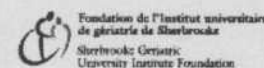
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NATURE'S WAY

# Summer the perfect time to make a cold room

Not so many years ago, a garden's yearly worth was a few hundred dollars in savings for a family of four — not really enough to make building a cold room worthwhile. Now with almost daily increases in gas prices, we are seeing the price of food skyrocket.

It's easy to understand why this is happening, when one figures out that the cost of crude oil is tied into every facet of food production and processing.

From the gas used to plow the farmer's fields to the plastic containers, string, bags and such that hold the produce to

the cross-country transportation of our perishables, all are dependent on oil. Today, a family of four can actually save a few thousand dollars off their food bill each year if they know how to process and store their backyard produce at home.

With harvest time over two months

away, you might be thinking this is the wrong time to be talking about how to keep vegetables over the winter, but the fact is if you don't get started now you just won't be ready when it's time to harvest. And what better time to build or insulate a cold room than when there are hours of daylight and comfortable temperatures in the evenings.



ANNA MAY KINNEY

THE DIFFERENCE

You may not believe that there is a big difference between storing vegetables at the right or wrong temperatures, but listen to what happened to me this winter and you decide. My tomatoes were picked in August 2004, and kept in a large box in a cool part of my kitchen. We not only had them with our Christmas dinner, the last ones were made into a salad on my birthday in February 2005, that was a full six months after they were harvested.

They were not individually wrapped up in newspaper, like some people have suggested. They were not let on the vines and hung from nails in the ceiling as others suggested. No, they just sat there on the floor in a large box and I checked them twice a week, placing them into a bowl when they turned orange, and getting rid of anything that might be going bad. They did this well because they liked the temperature.

Then yesterday, July 1, I took out my very last Hubbard squash, cut it in half, removed the seeds and baked it. This ten-pound squash had survived ten months in storage and was still fresh and tasty.

The one critical mistake most people make is keeping vegetables colder than they like being kept. Vegetables like tomatoes and summer squash should never be refrigerated. I find that they do best at a room temperature — between 10 and 15°C (50 to 60°F). At this temperature, even zucchini can be stored for a couple of months, while refrigerating it will make it go bad within ten days.

DIFFERENT STROKES FOR DIFFERENT FOLKS

First you need to decide what you would like to store. Will it be only root crops like carrots, beets, turnips and potatoes? Or will you be using your store-room for home canned goods, staples like flour, sugar as well as winter squash?

Seeing that most basements are heated these days, or wind up being too cold and damp, I decided to create my storage room on the first floor of my home. By keeping it between 45 and 50 degrees most of the year, it works out to be an ideal place for both vegetable and dry good storage.

SEE 'KINNEY' PAGE 11

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## FEATURE STORY

## FOSTER MOM:

CONT'D FROM PAGE 9

"It's hard for kids to go into foster care," Harris said. "It's harder because they know it's going to be their new home for an unknown amount of time."

All placements are for a thirty-day trial period, to give the children a chance to adjust to their new family. After that, social workers are in constant contact with the family, and re-evaluations of the situation take place periodically, usually after a year, but sometimes after six months.

The foster family will have to appear in court, and visitation may be given to the children's biological families. Adoptions are unlikely, even if the foster child stays with the same foster family until they're 18.

Harris said the group she works with at the Centre Jeunesse is very supportive.

"We see each other frequently," she said. "There's an intervention at least once a month."

The social worker, and the other members of the support staff at the Centre Jeunesse will discuss different plans

for the child in care, from education to behaviour modification to the possibility of longer parental visits.

"We work together as a team. When we're all on the same page, it can go very well.

"I have a lot of learning still to do. I thought I was well-prepared eight years ago."

While her children are in school, Harris spends much of her time reading. She reads about child psychology, on the latest theories behind attachment, behaviour and anything else that might help her and her foster children.

"Foster parents need a lot of support," Harris said. "The schools are an important part, because when something happens, even something small, it can be dealt with if it happens the right way.

"We're lacking resources badly. Education for the foster parent is very limited. There are rarely courses in English for foster parents."

Harris is quick to point out that the courses that are held often have poor turnout.

"We're not doing ourselves any favours there.

"When it comes to the government,

it's a system. The more education you have, the better you can understand how the system works, you have a better chance of getting to the right channels.

"I've tried all the wrong routes over the years, from tantrums to... Well, you learn."

Harris said that the decision to become a foster parent isn't one you take on for money, or because you think the family whose children you're caring for is going to be grateful.

"If you think anyone is going to say thank you, you're wrong.

"The family is going through its problems, so the kids are getting their time apart, but the parents are still the parents. The kids are still going to need their parents.

"All families have problems. These kids are just here for a break; it gives them time out of a situation full of conflict so the conflict can be resolved."

Harris said she wouldn't trade in her eight years as a foster parent, despite all the difficulties.

"I am constantly thinking about what I can improve, what I can change. I relive what I've said, try to think of what I can do better.

"These kids are bright. They have so

much potential. I want to help them."

Margot St-Pierre, who's working with the Centre Jeunesse as well as the Centre de réadaptation Estrie and Centre Notre-Dame-de-l'Enfant/Dixville, said that foster homes, both long-term and for emergency placements, are direly needed in the Estrie region for English children.

"It's so important for the children to have consistency in their environment," she explained. "An English home will have English visitors and connections to the anglophone community."

St-Pierre stressed that committing to becoming a foster home isn't easy, and that it takes a particular type of person. The process to apply to be a foster parent (and St-Pierre said the Centre Jeunesse isn't just looking for couples) is lengthy and involves many interviews and psychological testing for the protection of both the children to be placed, and for the people who might want to take on the challenge.

St-Pierre said there's no ideal candidate, but a giving spirit is a must.

For more information on becoming a foster parent, call 1-800-463-5769 or 819-822-2727, extension 317.

lfitzgerald@sherbrookerecord.com

## HEALTH

## Making the most of memory

By Jim Gibson

The baby boomers' battle against the infirmities of old age has a potential weapon in a Vancouver geriatric psychiatrist's copyrighted Healthy Brain Program.

What Stephen Kiraly offers is a program to protect and improve brain health rather than a quick neurological fountain of youth.

"Basically it's preventive or maintenance," Kiraly says about the program he developed over the past five years and, until this month, was available just to health-care professionals through seminars or medical journals.

In conjunction with Victoria psychiatrist James Sacamano, Kiraly continues the launch of his national program with day-long symposiums for the public Saturday in Victoria and Sunday in Sidney.

"Brain degeneration associated with aging is not inevitable," says Kiraly. It can be lessened, he continues, by such documented factors as good nutrition, head-injury prevention, stress management, adequate sleep, plus physical and mental exercise, which are all part of his program.

Among the symposium's topics are: what is best food for the brain; how to wake refreshed; how good and bad hormones affect the brain; and direct and indirect benefits from active living.

"Old is old, sick is sick — they're not

the same thing," continues Kiraly.

Brain disease — stroke, Alzheimer's disease, Parkinson's disease and depression — is projected to become the No. 1 cause of death by 2040, ahead of cancer and heart disease, says Kiraly.

In part, its rise to the top can be explained by increasing longevity coupled with the boomer demographic bulge. Simply, more people will live longer.

"There is no such thing as senile dementia," says Kiraly. "When the brain fails, it's because of disease, not merely aging. Healthy aging avoids disease."

As a geriatric psychiatrist, Kiraly says the diseases he deals with are "deadly," but there is little he can do other than "tweaking four neurotransmitters." While effective to a degree, it's nothing compared to the arsenal available to the cardiologist, who can even do heart transplants.

Kiraly took the successful Healthy Heart Program as his model. What the heart program has shown, he says, is that its participants have a lower risk of heart disease, have less severe forms of it, and speedier recoveries.

Kiraly sees his program as having a wider appeal than just baby boomers and the 60-plus crowd. Others benefiting from it, he says, are those already touched by brain disease or have suffered head injuries, and parents keen to safeguard their children's potential.

As well, he expects it will interest members of Mensa, the organization catering to the world's brainiest individuals.

## KINNEY:

CONT'D FROM PAGE 10

When choosing a room to convert into a storage room, select one on the north/west corner of the house, if possible. By placing a piece of foam insulation on the inside of the window, and another on the outside, covered with wood. You will be keeping excess cold and heat out, and the room's temperature more constant. Also by blocking out any light, you are creating the perfect place for both vegetables and home canned products. Remember that potatoes sprout as a result of exposure to both warm temperatures and light.

By making the room on the first floor you will be eliminating the possibility of it becoming too damp, but you will still have to watch out that the door to the storage room is left open for air circulation and to prevent temperatures from dropping to far during the dead of winter. Having a thermometer in this room is vital to learning what works and what does not work.

When storing potatoes and onions, keep them as far away from each other as possible as each produces a gas that

can damage the other. I keep my onions at one end of the storage room and the potatoes at the other.

—CanWest News Service

## HOW TO SAVE MORE

You can really make your storage room pay off by buying items in bulk and on sale. Many times you can save as much as 20 per cent, not to mention the gas saved having to return in a week for another can of this or that. With coupons you can often add another 10 per cent savings. Now that surely beats the return offered by banks on savings accounts.

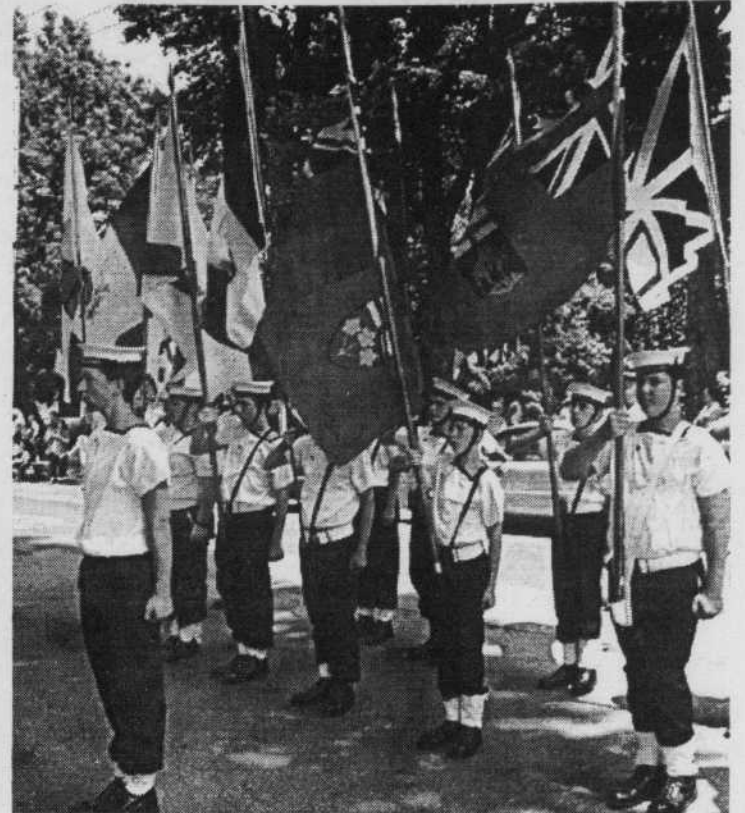
Things like rice will keep almost indefinitely, canned goods have a three year shelf life, but flour and other dry goods should not be kept for more than a year, if kept longer they need to be frozen for 48 hours every six months to extend shelf life. Yes, you can freeze things like pasta, and flour. If you question whether a certain item is good after it is frozen, try a tiny bit, then test it.

By planning your storage room now, you can begin to take advantage of sales during your summer trips. Remember to write the date on each and every item and always rotate items using the oldest first. Once you get the knack of doing this you won't believe how much you'll save.

# Canada Day in Bury and Waterloo



PHOTOS DAVID ANDERSON/SPECIAL  
 Canada Day celebrations in Waterloo were organized by Local Legion Branch #77, with a breakfast under a large tent to music performed by Velma and Norman Lloyd. On the site was an exhibition of military items, activities for children and a small antique auto show. At noon a parade by cadets and vets was held with a march to the town hall for a flag raising ceremony. Speakers included local dignitaries and Federal Transport minister Jean Lapierre.



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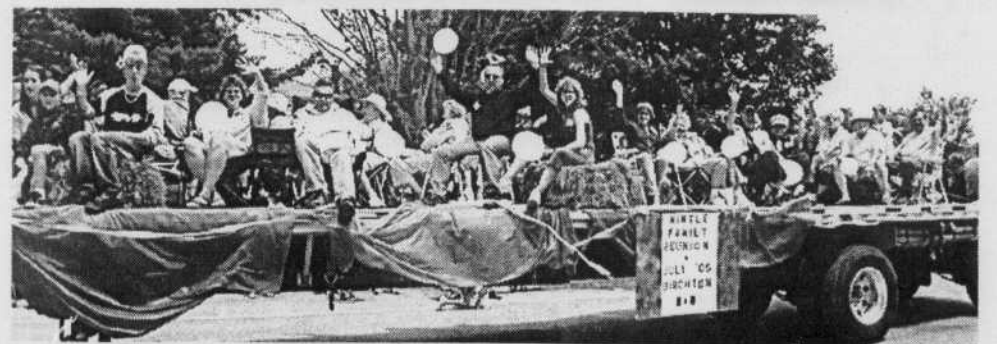
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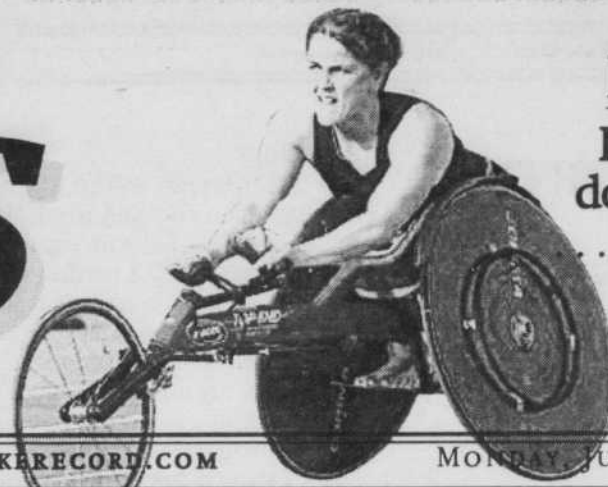
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PHOTOS PERRY BEATON/SPECIAL  
 Canada Day in Bury was once again a hit with the public. Not only were the older spectators and participants pampered, so too were the younger crowd as major sponsors made it possible to double the number of children's activities and trophies available following the popular children's Olympic games.

# THE RECORD Sports

**INSIDE**  
Diane Roy  
does it again  
... see Page 14



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MONDAY, JULY 4, 2005 PAGE 13

## Athlétiques' losing ways continue

By Mike Hickey  
SPECIAL TO THE RECORD

The Quebec Junior Elite Baseball League held its annual all-star games this weekend and the break in the league schedule afforded the Sherbrooke Athlétiques BRP an eight-day layoff.

The break couldn't have happened at a better time for manager Steeve Ager's faltering ball club.

Sherbrooke suffered another loss Thursday night when it was defeated by the Trois-Rivières Eagles 7-4 in a contest that saw three Athlétiques BRP errors lead to three unearned runs, the difference in the game.

On a positive note, six members of the team were chosen to play in the two all-stars games played in Longueuil.

Benjamin Laroche and Manuel Lefebvre were selected among the 21-22 aged all-stars that were scheduled to play the Quebec Senior League all-stars. Laroche leads the team with a .418 batting average and has slammed three home runs with 15 RBIs.

Pitcher Lefebvre has a 2-3 won-lost record and a 5.61 earned-run-average.

Alain Lachance was the lone Sherbrooke Expos player selected to the Senior all-star team.



PERRY BEATON/SPECIAL

One too many missed opportunities has left the A's struggling at the bottom of the league.

Mark Warnholtz, Jean-Sébastien Gauthier, Shawn Burneau and manager Ager was named to the 19-20 year old team that lost 3-2 in nine innings to the

Quebec Team that will represent the province in the upcoming Canada Games.

SEE ATHLÉTIQUES PAGE 14

## Ethier's hopes dashed by judge's scorecard

By Mike Hickey  
SPECIAL TO THE RECORD

There are many uncontrollable aspects that often affect the outcome of a sporting event. The so-called home team advantage, complete with rabid and sometimes disruptive fans, can sometimes prove to be an insurmountable obstacle to the success of an athlete.

Athletes are often called upon to compete when injured or sick and there are athletes who have refused to play on certain dates because of religious beliefs. A recent physiological publication noted a strong correlation between winning and the colour of a team's uniforms.

The study suggested that teams in red uniforms had a higher level of success than their opponents.

Of course the biggest unknown variable in competitions is officiating where referees and judges can turn the tide of a game.

There are numerous stories about corrupt officials in the Olympics and World Championships and last week Lennoxville's Allison Ethier found out the hard way that the subjectivity of judges can spoil an outstanding performance.

Ethier was competing in the Fitness Universe Championships in Miami last week and finished third in the overall competition despite an unbelievably biased score from two judges.

"I placed first in the fitness routine despite an uncalled for 10th placement in physique," Ethier said late last week. "There was one judge who did not like my body and gave me a six out of ten on physique, which hurt my overall score. I could not have performed any better, and with all that I have to accept third in a judged sport."

"On any other day it could have been different, but unfortunately no matter how perfect I performed this past week, third was the best that I could do."

SEE SILLY SPORTS PAGE 14

SEE ETHIER PAGE 14

## The lighter side of sports

### Some records just can't be beaten

By Cam Hutchinson

The five sports records least likely to be broken, according to askmen.com:

5. Wilt Chamberlain's 100-point game. 4. John Wooden's 88 straight victories between 1971 and 1974 as coach of the UCLA men's basketball team. 3. Cy Young's 511 major league pitching victories. 2. Jerry Rice's 22,895 receiving yards (and counting). 1. Cal Ripken's 2,632 consecutive games played. By the way, Wayne Gretzky's 215-point season was No. 6 on the list.

Then, there are more notorious marks: 5. Pitcher Steve Howe being handed seven drug-related suspensions during his major-league career. 4. Shawn Kemp fathering at least 12 chil-

dren out of wedlock during his time in the NBA. 3. Dave Stieb scratching and/or re-adjusting himself many thousands of times while with the Toronto Blue Jays. 2. Dennis Rodman for his body of work - tattoos and piercings. 1. Wilt Chamberlain for his incredible scoring exploits - off the court.

#### THE DUMB, THE BAD AND THE SILLY

• Los Angeles Dodgers announcer Rick Monday, as quoted by the L.A. Times, on rising gas prices: "I stopped at a service station on the way to the stadium just to get an estimate."

• "Hello, my name is Jeremy Roenick and I am an idiot." Jim Armstrong of the Denver Post and AOL Sports wonders if Roenick ranted the other day because he had one too many pops at a celebrity golf tournament: "The next day, Roenick became the first athlete

ever to claim his comments were taken out of cognac."

• Speaking of pops, a New Jersey man has been charged with drunken driving after recklessly driving his Zamboni during a public skating session. John Peragallo, who had a blood-alcohol reading of .12, must have been bewildered when police arrived and said, "Freeze!"

• "When it comes to the ultimate twosome in a celebrity best-ball golf tournament," writes Dwight Perry of the Seattle Times, "who better than actress Minnie Driver and Mariners pitcher J.J. Putz?"

• Mike Bianchi of the Orlando Sentinel, after Tampa Bay Buccaneers coach Jon Gruden closed mini-camp to the media: "Do you think we can talk him into closing the games, too?"

SEE SILLY SPORTS PAGE 14

## SILLY SPORTS:

CONT'D FROM PAGE 13

• From Pat Doyle of CanWest News Service: "In his single season on the Calgary Stampeders' sidelines, Matt Dunigan didn't have a clue as a head coach/general manager, yet now he's being passed off as a football expert on TSN's Canadian Football League game coverage. As an analyst, Dunigan has about as much credibility as Saddam Hussein giving a speech on democracy."

• Can you believe Colleen Jones and her teammates were fined \$300 for signing too many autographs at the Scott Tournament of Hearts? What will the heavy-handed Canadian Curling Association do next? Put games on television?

• Frank Francisco, the Texas Rangers pitcher who was accused of throwing a chair at a fan during a game in Oakland last season, pleaded no contest to assault this week and was sentenced to 30 days in jail that can be served in a work program. Or, he can pitch for the Tampa Bay Devil Rays.

• True words from Gregg Drinnan of the Kamloops Daily News: "The St. Louis Blues are for sale and somewhere in hockey heaven Bill Hunter is trying to arrange

financing."

• Scott Ostler of the San Francisco Chronicle, on the NBA final: "It was like football without the forward pass, baseball without BALCO, curling without the brooms. Ballet it wasn't. But it's hard to execute a pirouette when you're wearing a tutu named Ben Wallace."

• Hello, my name is Kenny Rogers and I am an idiot.

• Comedy writer Alex Kaseberg, after Rogers shoved two cameramen before a game in Texas this week: "Just who does this guy think he is, Russell Crowe?"

• Greg Cote of the Miami Herald, on the NBA averting a lockout: "Owners and players compromised and agreed to a tattoo cap of 15 square inches, in excess of which a tax will be applicable."

• Perry, after the Winnipeg Goldeyes of the Northern baseball league gave away toothbrushes, toothpaste and spitting cups at a recent game: "The Goldeyes lost 8-6 to fall nine games under .500, but at least they're one up in the floss column."

• From David Letterman: "In Washington the White House lawn tee-ball season got under way. In tee ball there is no pitching — just like the New York Yankees."

• A prediction on next year's Indianapolis 500 from Mike Downey of the

Chicago Tribune: "Danica Patrick will lead until the last lap, whereupon she will be caught and passed by a Volkswagen driven by Lindsay Lohan."

• How do you spell relief? For Seattle Mariners relief pitcher Matt Thornton it was at a public restroom at San Diego's Petco Park. Thornton had to go during an interleague game with the Padres last weekend and rather than walk back to the clubhouse, he climbed into the stands and joined fans at a urinal. Thornton told the Seattle Times he enjoyed the experience. "I met a guy named Stan who invented a baseball cap with a handle so you can take it off fast to catch foul balls."

• More Bianchi: "MasterCard says a security breach exposed 40 million customers to fraud. That's nothing. Major League Baseball has exposed 100 million customers to fraud (see Barry Bonds' home run record)."

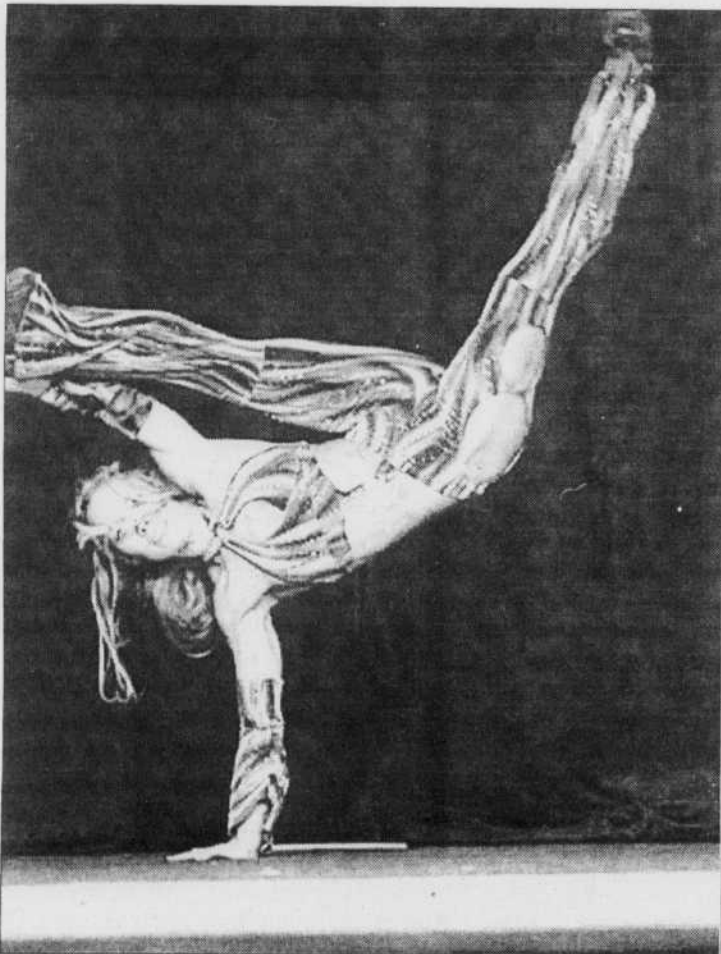
• Fifteen-year-old American skateboarding champion and teenie-bopper heart throb Ryan Sheckler, to the Los Angeles Times, when asked if he is recognized at the grocery store: "Why would I go to the grocery store?"

• Florida Marlins manager Jack McKeon, 74, answering the age-old question about Atlanta first baseman Julio Franco's age: "I used to watch him play when I was a little kid."

## ETHIER:

CONT'D FROM PAGE 13

After a similar third place finish in Toronto two weeks ago, Ethier was looking for a higher finish but took



COURTESY WWW.ALLISONETHIER.COM

Despite giving high-calibre performances, Ethier placed third at recent competitions in Toronto and Miami.

the judges' scoring in stride.

"I really thought that I would do much better this time around, I would not change anything with my performance," the high school teacher maintained. "In this sport you can do your best and still not be in the number-one spot. There are always more fitness competitions around the corner."

While Ethier heads into summer vacation and plans for her upcoming wedding, she continues to gain fame in the fitness world.

"I enjoy meeting the new women who enter the sport, and those that continue to push their bodies to the limit," Ethier explained. "I like being the centre of attention, if only for a moment. Teaching can be very scheduled, predictable, and planned. Fitness is just the opposite; unpredictable, fantasy, and way I can let

lose my creative

side in a constructive manner."

Ethier believes strongly that her daily commitment to training is due to her discipline and time management skills.

"Being disciplined allows me to achieve goals," Ethier said. "I find that when the fitness/health aspects of my life are taken care of everything else that I have to do in a day actually gets accomplished. I feel proud to have accomplished so much (personal and professionally) at such a young age."

"I teach from 8 a.m. to 4 p.m., what else am I to do with the rest of my day. Fitness fits perfectly into a lifestyle which is teaching. Other professions may not be so accommodating. I don't have children yet, so that also makes competing while holding a full-time job a bit easier."

"I really don't know how the moms can organize it all. They are really super-women."

Ethier has often mentioned the support she has received from the administration at Alexander Galt High School.

"My administration at Galt support me in my fitness endeavors and are open to new ideas," Ethier said. "Fitness is not that easy to accept when you come from a small town, but luckily the novelty of competing in fitness wore off and now everyone knows that this is what I do. Seeing it is not so shocking anymore."

Nor will it be surprising when the New Brunswick native chalks up a few more championships in the years to come.

## ATHLÉTIQUES:

CONT'D FROM PAGE 13

Warnholtz pitched a scoreless inning of relief for the LBEQ all-stars.

## TOO MANY ERRORS

Fielding mishaps proved costly for the Athlétiques BRP in their latest defeat in Trois-Rivières. Sherbrooke opened the game with two runs but the Eagles tied the game with single runs off Warnholtz in the second and third innings and then broke open the game with three runs in the fourth, two of them unearned. After Sherbrooke cut the lead to 5-3 with a run in the sixth, the home team put the game out of reach with a pair of insurance runs in their half of the sixth.

Guillaume Corriveau, Philippe Lachapelle and Fleurimont's Christophe Jutras had two hits apiece while Corriveau, Laroche and Jean-Sébastien Belisle each drove in a run.

Warnholtz worked five innings and was touched for seven runs, although only three were earned. Sébastien Roy entered the game in the sixth after Warnholtz had given up the final two Eagles runs and retired the last three batters.

Sherbrooke is back in action this Saturday when they host the St-Eustache Bisons in a doubleheader at Amédée Roy Stadium

## SPORTS BRIEFS

## Petitclerc wins five medals, Roy takes home two golds

Montreal's Chantal Petitclerc won three golds and two silvers, while Diane Roy of the Townships won two golds to conclude the Meet in the Heat wheelchair racing track event.

Petitclerc earned victories in the 100-, 200- and 400-metre races and was second in the 800 and 1,500. In the 400 she clocked 53.26 seconds, less than two seconds off her world mark of 51.91 set last year at the Paralympic Games in Athens where she won five golds.

Roy clocked the second fastest time ever in the 800 for the victory in 1:48.07. Petitclerc, who broke the world record in the distance in Friday's semifinal at 1:47.50, was second in 1:48.40.

Daniel Normandin of Montreal added a victory in the 100-metre race and Dean Bergeron of Quebec City earned a second gold by winning the 200 for quadriplegics just ahead of Andre Beaudoin of Montreal, who took the silver.

Jeff Adams of Toronto also had solid day with bronze-medal performances in the 200 and 400.

Death



**BUCKLAND, John Sr.** - peacefully at his home in Bury, Que., surrounded by his family, on July 1st 2005 in his 64th year. John Buckland; loving father of John Jr. (Carol), Denise (Robert Larson), Jennifer and Jean-Pierre Bolduc (Monia); cherished grandfather of Melissa, John Charles, Emily, Andrew, Kayla and Tyson; John is survived by his twin brother William (Grace) and his nieces and nephews; Kim and Bruce and will be sadly missed by his companion Rejeanne Turcotte and also his many friends. In respect of John's wishes, there is no visitation, cremation was held at the Cass/Windsor crematorium, 310 St-Georges St., Windsor, Que. A graveside service will be held on Wednesday, July 6th 2005 at 11 a.m. in the Island Brook Cemetery with the Rev. Sister Mary Florence Liew officiating. As memorial tributes, donations to the St-Paul's Rest Home, Bury, Que. or to the CLSC Haut St-François or to the Bury Canadian Legion Br.#48, will be greatly appreciated by the family. John's family would like to give a special thank you to Dr. André Mattheau and also his many friends for all the support and kindness extended to him during his illness. Arrangement entrusted to the Cass Funeral Home inc., 554 Main St., Bury, Que. Tel.: 564-1750 / www.casshomes.ca

Deaths



**Madeleine CHANDLER YATES** - died tragically on June 28th 2005, at the age of 59. Madeleine is survived by her loving husband Brian, daughter Debbie Lynne, sisters Christine (Maurice), Sheila (James), Diane (Danny) and brothers Lionel and Donald. Pre-deceased by son Jeffery and a sister Linda. She leaves behind many in-laws, nieces, nephews and friends. Funeral service to be held at the Dion Funeral Home, 215 River St., Bedford, on Wednesday, July 6th at 2:00 p.m. The family will receive condolences one hour prior to service. In lieu of flowers, donations in her memory to the B.M.P. Hospital Foundation would be appreciated.

**CHEAL, Richard H.** - Suddenly at the Ottawa General Hospital, on Tuesday, June 28th, 2005, in his 66th year. Richard H. Cheal was the youngest son of the late Ralph Cheal and the late Ella Warcup. Brother of Arthur (Margaret), the late George (Margaret), Mary (Ed Proulx) and Keith (Johanna). Richard was a friend of Margaret Piper and is survived by numerous nephews and nieces. Resting at the Cass Funeral Homes inc., 6 Belvidere St., Lennoxville, Qc, tel.: 564-1750 / www.casshomes.ca where friends may visit on Tuesday, July 5th, 2005, from 1 to 2:30 p.m. followed by the funeral service at 2:30 p.m. with the Rev. James Potter officiating. Interment in the Reedsville Cemetery, North Hatley. As memorial tributes, donations to the North Hatley "Reedsville" Cemetery Fund, c/o Arthur Cheal, #45, Rte #143, Canton de Hatley, Qc, JOB 2C0, would be greatly appreciated by the family.

Deaths

**PATTERSON, Betty (Fuller)** - On June 29, 2005, at La Providence Hospital, Magog, Que. Beloved mother of Patricia, Nancy, Robert and Rodney. Visitation will be held on Saturday, July 2, 2005, from 7-9 p.m. at Ledoux Funeral Home, 150 Sherbrooke St., Magog, Que. Funeral service will be held at St. Paul's United Church, 211 Pine St., Magog, Que., on Monday, July 4, 2005, at 10 a.m. Rev. Dr. Deane Moffat officiating. Please, no flowers. Donations to Fondation de l'Hôpital La Providence Foyer, 50 St. Patrick St., Magog, Que., J1X 3X3 would be greatly appreciated by the family.

**ROYEA, Leitha Everett Rolland 1909-2005** - Leitha Viola Royea, in her 97th year, died at Knowlton House in Lac Brome, Que., on June 27th, 2005. Predeceased by her first husband James Everett and her second husband Earl Rolland, also by her twin brother Leith (Beatrice Hoyt), her eldest brother Lyndon (Kathleen Vincent) and her sister Geneva (Warren Sornberger). Leitha is survived by her companion Gordon Cooke, her godson Kelvin Goodhue, her niece Lynn Royea, her nephews Terry Russell, Merlyn and Vincent Royea, numerous other relatives and dear friends. A graveside service will be held on July 12th, 2005 at St. James Anglican Church Cemetery in Stanbridge East at 2 p.m. The family wishes to thank all the devoted staff at Knowlton House for the loving care given Leitha. Donations in her memory may be made to Maison Knowlton House (Memorial Fund), 401 Knowlton Rd., Lac Brome, Que., JOE 1V0. Arrangements entrusted to the Desourdy Wilson Funeral Home, 104 Buzzell St., Cowansville, Que., J2K 2N5. Tel.: (450) 263-1212, fax: (450) 263-9557, email info@desourdywilson.com Dignity Memorial.

Death



**TREMBLAY, Barbara Schneider 1939-2005** - Peacefully at the CHUS in Fleurimont, Saturday July 2nd 2005, in her 66th years. Devoted Wife of Germain Tremblay, loving mother of Diane (John White) and Linda (Robert Elston). She also leaves to mourn her three grandchildren Matthew, Andrew and Kayla, her sister Lena, her nieces and nephews, numerous other relatives and friends. Predeceased by her sister Annie, her brothers Adam and Joseph. Family and friends will be welcome to the Desourdy Wilson Funeral Home, 318, Knowlton Rd., Knowlton, Que. JOE 1V0, Tel.: (450) 263-9557, dwilson@endirect.qc.ca DIGNITY MEMORIAL on Monday July 4th 2005, from 2 p.m. to 5 p.m. and 7 p.m. to 9 p.m. Funeral service will be held from Holy Trinity Anglican Church in Iron Hill on Tuesday July 5th at 11 a.m., followed by the interment of the parish Cemetery in Iron Hill. The Rev. Wilmur Davidson officiating. PLEASE NOTE: Tuesday, day of the service, the funeral home will be open from 9 a.m. Donations on her memory to any charity of your choice, would be appreciated by the family.

In Memoriams

**BEATTIE, Norman** - In loving memory of a dear husband, father and grandfather who passed away July 1, 2000.  
As time goes by without you  
And days turn into years,  
They hold a million memories  
And a thousand silent tears  
Lovingly remembered by your wife  
FLO  
IRVIN, ORIN, LINDA  
AND GRANDCHILDREN

**MIDGLEY, Gordon** - July 3, 1993.  
Many years gone,  
Many years remembered.  
Always in my thoughts,  
SHIRLEY (wife)



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**Please Note:** All of the aforementioned (except death notices) must be submitted type-written or neatly printed, and must include the signature and daytime telephone number of the contact person. They will not be taken by phone.

DEADLINES FOR DEATH NOTICES:

For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.

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## Happy Fourth of July!

**Dear Readers:** Happy Fourth of July! Here's a little information on the Liberty Bell that we gleaned from the U.S. Department of State website:

In 1752, the new bell arrived safely from England, but at the first blow from a hammer to test it, it cracked. Philadelphia bell founders recast the bell twice before it was finally ready to use.

On July 8, 1776, the bell rang to mark the adoption of the Declaration of Independence. On April 16, 1783, it announced the proclamation of peace after the Revolutionary War. At every event of national importance, the Liberty Bell rang: in 1789, the election of George Washington; in 1797, the election of John Adams; in 1799, the death of Washington; and in 1801, the election of Thomas Jefferson.

On July 4, 1826, the bell was nearly three quarters of a century old, and the nation was 50. Then, on July 8, 1835, while tolling for the funeral procession of John Marshall, chief justice of the

Supreme Court and one of the signers of the Declaration of Independence, the bell cracked.

Fearing that the crack would eventually destroy the historic bell, officials ordered it taken down from the tower. It was after this that the Liberty Bell received its name. Since then, the bell has been on display but has never rung. The crack that appeared on that occasion is prevented from widening by a mechanical device, called a spider, installed inside the bell.

A few years ago, the bell foundry in London that originally cast the great bell made a friendly proposal — to ship the bell back to England, melt it and recast it at no cost to the United States. The keepers of the bell considered the offer very seriously before they decided that the cracked Liberty Bell is a cherished symbol of America's struggle for freedom. Therefore, on behalf of the American people, the officials thanked

### Annie's Mailbox

the London foundry for its generous offer but refused, adding:

"We like the bell as it is, crack and all. It is an important part of our heritage."

**Dear Annie:** I know that you have talked about this subject in your column before, but I think it is time for an update about military members returning home.

My husband has been deployed to the Middle East for a year and will soon be home. The problem is that family members on both sides want to visit us shortly after his return. This is causing a lot of stress.

Please tell parents and siblings of returning military members not to be offended that we are not ready for a visit. After a year apart, we are going to have to put our family back together, and it takes more than a couple of weeks.

We love our families, but my husband and I need to get reacquainted, too. Thank you for letting me vent. —

### Burned-Out Wife

**Dear Burned Out:** Letting our readers vent is part of what we do. We hope parents and other family members will respect your needs and give you time to readjust. Frequent phone calls will help. Try to understand, though, how difficult it is for parents and siblings to keep their distance. They want to be considerate of your time together, but they are on pins and needles waiting for an invitation to see their loved one, who has been away from home, in a dangerous place, for a year. Don't forget to make a little time for the rest of the family to say "welcome home."

Annie's Snippet for Independence Day (credit Russell B. Long): "Democracy is like a raft: It won't sink, but you will always have your feet wet."

Annie's Mailbox is written by Kathy Mitchell and Marcy Sugar, longtime editors of the Ann Landers column.

## Fordyce Branch Women's Institute

June 1, 2005 saw the members of Fordyce Branch W.I. gather in Emmanuel United Church Hall at 1:00 p.m. for the regular monthly meeting.

President Norma Sherrer welcomed all with a special welcome for members Eunice Stowe and Hope Jenne, who had missed a few meetings due to illness and Doris Nelson's friend, Jennie Wolvers, visiting her for a few days.

After repeating the Mary Stewart Collect, Salute to the Flag and Motto "The best exercise for strengthening the heart, is reaching down and lifting people up." The members sang "Happy Birthday" to June Lamey (1st), June Royea (6th) and Marion Harvey (12th).

President Norma Sherrer told the members that all had to answer the Roll Call with other than present as everyone, she was sure, had something to relate to tell of a kindness that brightened your day." Answers varied from friends, who are always there to help; being remembered by children, who they haven't seen for some time and/or when ill with cards, phone calls and visits; days brightened by animals or the return of birds and neighbours doing kind acts. Norma then read a poem, "The Magic of a Laugh" - A laugh is just the sunshine - It freshens all the day - It tips the peak of life with life - And drives the clouds away. The wind grows glad that hears it - And feels its courage strong - A laugh is just like sunshine - For cheering folks along. A laugh is just like music - It lingers in the heart - And where its melody is heard - The ills of life depart. And happy thoughts come crowding - Its joyful notes to greet - A laugh is just like music - For making living sweet.

Donna Luce, replacing Secretary, Verna Patterson, read the minutes of the previous meeting, which were accepted as read. Correspondance, also read, was received from the principal of heroes' Elementary School, for the many kindnesses that the school had received, throughout the year, from the branch; Nancy Gunson, on behalf of the Jewish Gener-

al, for the hats received, Kay Dunn for remembering her, while ill and a student asking to be considered for a bursary.

Treasurer Gert Barrand gave a favourable report, remarking that a good response had been received, to date, re our "Make - Believe Tea". June Lamey turned in more money from the sale of cards. All bills were moved to be paid.

Re Convention - three members plan to attend on June 7th, three articles will be presented to the sale table and pins, ordered by new members, will be picked up on that day. Resolutions from Chateaugay / Huntingdon County were read and voted upon.

Norma visited Heroes' and St. Leon and was well received by both principals and staff. They are pleased to present the prizes for English / St Leon's and French / Heroes'. Heroes' date is June 23rd beginning at 10:00 a.m. Members were encouraged to attend.

Donations were made to the Memorial Fund in memory of Kay Paquette's sister, Thelma Roach, and Verna Patterson's sister-in-law, Shirley Mahannah.

June Lamey continued with the Collect - "May we put away all pretense" People, who are well adjusted don't have to pretend. "Oh that we could be born old and grow younger and cleaner and ever simpler until, at last, with the white souls of little children, we may lay down to eternal sleep. "The next time you see a phony, be kind, for they are frightened you won't be impressed, frightened you'll get so close, you'll see right through their veneer. You "draw a circle that takes her in" Give her a hug.

A picnic was planned for the July meeting at our Municipal Beach, which we have enjoyed very much in the past. The meal will be catered with orders from Kentucky Fried Chicken. members were asked to bring their own drinks and chairs. Fruit will be the dessert. Margaret Bell and Jean Scott are willing to plan some fun activities, which can be enjoyed by all.

After much discussion, it was decided that, as there were enough students in our province

seeking help, we would not give a bursary to someone outside the province.

Kay Paquette, Health and Community Living Chairperson read a thought provoking paper on The Mammography Myth but ended with a paper, that had the members in stitches. Mammogram Exercises, which will help to alleviate the fear of facing a the first mammogram 1 - 0 Open fridge door, insert breast between door and main box. Have strong friend slam door as hard as possible and lean on door. Hold for five minutes. Repeat if first time wasn't effective. 2 - Visit garage at 3 a.m. when temperature on cement floor is just perfect. take off all clothes, lie down on floor sideways with one breast wedged under rear tire, ask friend to slowly back car up to where breast is sufficiently flattened and chilled. Do same with other breast. 3 - Freeze two metal bookends overnight. Strip to waist. Have friend press bookends against either side of breast and smash bookends together as hard as possible. You are now properly prepared. And just a thought for all you women out there. MENTal illness, MENstrual cramps, MENTal breakdown, MENopause. Ever notice how all of women't problems start with MEN? And when we have real problems, it's HISTERectomy and don forget GUYnecologist.

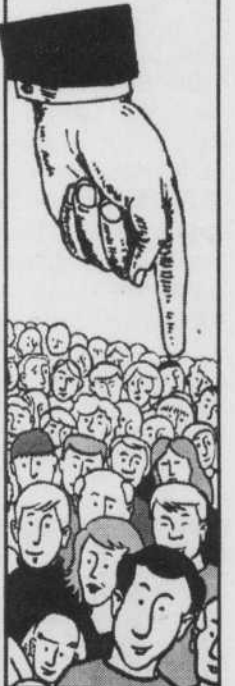
President Norma thanked Kay for the good laugh, which we all needed, and the Hostesses for the meeting - Hilda McEwing, Margaret Raymond, Rose Monteith, Jean Scott and Wilma Goodhue, who asked Isabel Sutherland and Doris Nelson to replace them working at the meeting as they had left on a short trip that morning.

Tea Money and Pennies for Freindship were collected. The Travelling Bag, supplied by Kay Paquette was won by Hope Jenne.

"Grace" was said by all thus allowing the members to gather around the tables to enjoy delicious refreshments, hot tea and enjoyable conversation.

Evelyn Beban Lewis

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CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

Today's clue: L equals P

"CTX'S TXW TU OTM UAGW
'SAK OTM EWW SRW BRASWE
TU SRWAG WOVE." - VTKTXWK
BAKKAYI LGWEVTSS, DWUTGW
SRW DYSSKW TU DMXZWG RAKK

PREVIOUS SOLUTION - "Well, if I called the wrong number, why did you answer the phone?" - Cartoon caption by James Thurber (c) 2005 by NEA, Inc. 7-4

KIT N' CARLYLE



HERMAN



"Don't try to sneak by, sir."

ALLEY OOP



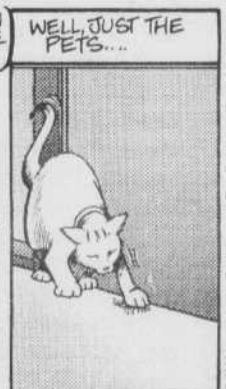
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NATIONAL ACCOUNT EXECUTIVE. Ideal candidate must have well-developed sales skills and be well versed in all aspects of print development. Also they must be creative, highly adaptable and enjoy a challenge. This candidate must be willing to travel as this position will cover a large sales territory. This position is based in Vancouver. Qualifications: \*Post secondary education required. Preferably in marketing or advertising. \*A minimum of 3-5 years of sales experience (National newspaper sales a definite asset) \*Solid customer service skills \*Knowledge of Word, Excel, PowerPoint. \*Excellent communication skills (written & verbal). \*Time management, planning & superior organizational skills \*Self-motivated, self-reliant & have a strong work ethic \*Polished and well-dressed with a professional demeanor \*Reliable vehicle required. Salary will include a base plus commission. Send your resume by July 31, 2005 to: Fax: (604) 732-5564, E-mail: adnews@sbcglobal.net. Only those selected for interview will be contacted.

## 100 Job Opportunities

NATIONAL INTERNET ACCOUNT EXECUTIVE - Ideal candidate must have well-developed sales skills and be well versed in all aspects of website development. Also they must be creative, highly adaptable and enjoy a challenge. This candidate must be willing to travel as this position will cover a large sales territory. This position is based in Vancouver. Qualifications: \*Post secondary education required. Preferably in marketing or advertising. \*A minimum of 3-5 years of internet sales experience. \*Must be proficient in computers and have a proven track record with internet sales. \*Aggressive sales experience within the internet arena. \*Ability to understand and convey complex information in an easy to understand language. \*Excellent communication skills (written & verbal). \*Time management, planning & superior organizational skills. \*Self-motivated, self-reliant & have a strong work ethic. \*Polished and well-dressed with a professional demeanor. \*Reliable vehicle required. Salary will include a base plus commission. Send your resume by July 31, 2005 to: Fax: (604) 732-5564, E-mail: adnews@sbcglobal.net. Only those selected for interviews will be contacted.

## 145 Miscellaneous Services

LENNOXVILLE PLUMBING. Domestic repairs and water refiners. Call Norman Walker at (819) 563-1491.

## 100 Job Opportunities

### Centre des Jeunes Lennoxville Youth Centre COORDINATOR

2 year contract (possible renewal), 35 hrs/wk, \$15.00/hr. must be available week days, nights, and weekends, start August 15, 2005.

## Objective:

To coordinate the LYC — a space dedicated to supporting the development of local youth, ages 12-17, into thoughtful, responsible and active members of their community.

## Responsibilities:

- Bring vision and leadership
- Empower youth and animators
- Activities, animation, intervention
- Staff hiring, training, scheduling
- Implement policies and decisions of the board of directors
- Represent the LYC in the community and in associations
- Manage long-term and daily finances
- Research and apply for project and core funding opportunities
- Maintain and repair the Centre
- Planning reports, evaluations

## Qualifications:

- Youthful attitude and energy
- Interest in youth and youth issues
- Spoken and written English and French
- Administrative experience
- Financial management experience
- CEGEP or University degree
- Dynamism, autonomy, patience, calm under pressure, resourcefulness
- Computer skills
- Driver's license

## Assets:

- Training and experience with animation and crisis intervention
- Local knowledge
- Experience with Simply Accounting
- Car

Please drop off, mail or fax your CV and cover letter so that it is received by **Wednesday, July 27, 2005.**

168-B Queen St.,  
Lennoxville, Quebec J1M 1J9  
Fax: (819) 821-2439

Only candidates to be interviewed contacted.

25441

## 100 Job Opportunities

## 190 Cars For Sale

1992 VW CABRIOLET, black, 230,000 km., 5 speed standard, mags. Good condition. \$3,900. Call (819) 345-8977.

1994 TOYOTA CAMRY WAGON, automatic, a/c, over 200,000 km., fully equipped, good condition. \$5,500. Sherbrooke (819) 846-3087.

## 190 Cars For Sale

1995 PONTIAC GRAND PRIX, Sporty 2 door, bright blue, mags, equipped, 206,000 km., clean, maintained, good running order. \$2,200. negotiable, as is. Call (819) 562-4407 Tuesdays to Thursdays.

1999 TOYOTA SIENNA LE, 102,000 km., mags and 8 tires. A-1 condition. 1 tax only. \$14,500. Call (819) 820-5701.

## 275 Antiques

WE BUY from the past for the future, one item or a household, attic or basement, shed or garage. We like it all, give us a call. (819) 837-2680.

## 290 Articles For Sale

BMX BIKE, perfect condition, used 10 times maximum. Price paid \$400. Let's negotiate. Call (819) 845-7452.

HARDWOOD FLOORING CLEARANCE. 700 sq.ft. Rustic Maple, \$2.25/ft. Cherry, Maple, Oak, Birch, 2 1/4, 3 1/4, 4 1/4, starting at \$2.25 per sq.ft. Con-tact Monbert Flooring (819) 580-2227.

OAK STAIRCASE RAILING, with tinted glass sides, 8 ft. x 4 ft., 3 pieces. \$300. Call (819) 829-1881.

PHONE DISCONNECTED? Connect for just \$44.95 a month! Transfer from your current reseller for free! We have long distance too! Call Tele-Reconnect 1-866-392-5066 www.telereconnect.com

## 320 Livestock

1 SHEEP WANTED A.S.A.P. Please call (450) 521-2108.

## 330 Pets

WANTED TO BUY: Female Boston Terrier, up to 6 months old. Home breeder preferred. Call (819) 569-6952.

**Not satisfied?**  
Look for better service through the classifieds!



## 395 Home Improvement

F. DAVIDSON PAINTING. Pressure wash and roof painting. Call (819) 868-1413.

## 415 Mortgages

LARGE FUND. Borrowers wanted. Start saving hundreds of dollars today! We can easily approve you by phone. 1st, 2nd or 3rd mortgage money is available right now. Rates start at Prime. Equity counts. We don't rely on credit, age or income. Call anytime 1-800-814-2578 or 905-361-1153. Apply online at www.capitaldirect.ca

## 425 Bus. Opportunities

A REAL ALTERNATIVE to the corporate grind. \$100K. to \$200K yearly income potential. 1-800-263-2563 ext. 3100. Absolutely real sustainable income opportunity! www.millionairessinc.com "Serious Only".

ARE YOU LOOKING for \$2,500+ per week income? Coke / M&M Vending. 30 locations available. 1-800-367-8409 (24 hours), ext. 15.

AUTHENTIC \$150K - \$200K 1st year potential. 24/7 message 1-800-783-7182 or www.freedomroad.biz. "Only Serious need call".

EARN UP TO \$500. weekly assembling our Angel Pins in comfort of your own home. No experience required. Call 1-877-239-9111 or visit: www.angelpin.net

HUGE PROFITS NOW! Learn how you can earn \$250K/year. Training provided. Not MLM. 1-800-947-4258. www.BelieveItAndProsper.com.

SALES PROFESSIONALS: Earn what you're worth. \$150K+ for first year potential. Flexible schedule, no travel. For interview: 1-800-382-0859 ext. 2826.

## 425 Bus. Opportunities

WORK AT HOME online! 23 people needed immediately. Earn \$7,800. plus per month. Apply free online and get started! www.wahcanada.com.

## 430 Personal

ACT NOW! TALK LIVE! All kinds of Psychics Love? Money? Life? 1-900-677-5872 or 1-877-478-4410 Visa / MC / Amex.. \*24/7. \*18+ \*\$2.99/min. www.mysticalconnections.ca

**Classifieds**  
(819) 569-9525  
(450) 242-1188

## 440 Miscellaneous

CREATIVE MEMORIES open house/workshop, Tuesday, July 5, 1-9 p.m., St. George's Anglican Church, 84 Queen, Lennoxville. All welcome to stop in, to see our exclusive tools, albums, supplies available to purchase. RSVP for scrapbooking workshop, limited seating, (\$20 fee includes use of tools, workshop space, supper and more). Call Suzanne Bowker, Independent Creative Memories Consultant, (519) 842-6060 or cmsuzanne@porchlight.ca.

CRIMINAL RECORD? Why risk employment, travel or deportation? Seal your criminal record with a pardon. Enter the U.S. with a waiver. Call 1-8-now-pardon (1-866-972-7366). www.pardon.servicescanada.com

## 450 Prayers

ST. JUDE NOVENA - May the Sacred Heart of Jesus be praised, adored and glorified throughout the world now and forever. Sacred Heart of Jesus, pray for us. St. Jude worker of miracles, pray for us. St. Jude patron of hopeless causes, pray for us. E.P.

**Cars or trucks, you might just find  
what you are looking for!**

### Your Birthday

**CANCER** (June 21-July 22) — Get the difficult assignments out of the way as early as possible today, so you will be able to enjoy some time with friends or family. There should be plenty of time left for a good time.

**LEO** (July 23-Aug. 22) — Should you run into someone today at a social gathering who has a tendency to treat you in a rude manner, don't respond in kind. Your class and tolerance will win you the admiration of all.

**VIRGO** (Aug. 23-Sept. 22) — In competitive situations today that are important to you, don't underestimate your adversaries. There's a strong chance that they could have greater firepower than you've prepare yourself for.

**LIBRA** (Sept. 23-Oct. 23) — Today you might find yourself in a situation similar to one you handled rather poorly in the past. Stop and think about it so that you can profit from your mistake rather than repeating it again.

**SCORPIO** (Oct. 24-Nov. 22) — You must be extremely cautious today in a joint endeavor where all parties are expected to put up their fair share of funds. Don't let anyone off the hook or you'll end up the sole contributor.

**SAGITTARIUS** (Nov. 23-Dec. 21) — When in a one-on-one confrontation with another today, you could erroneously think it is the other person who is being unreasonable. In fact, it's possi-

ble that you'll be at fault as well.

**CAPRICORN** (Dec. 22-Jan. 19) — If you have an important task at hand today, don't schedule it around receiving the help of an unreliable assistant. Be prepared to fend for yourself should this individual fail to show up.

**AQUARIUS** (Jan. 20-Feb. 19) — Do not ignore your intuition today should it warn you to steer clear of a particular individual. In these types of matters the probability will be that your hunches are right on the mark.

**PISCES** (Feb. 20-March 20) — Domestic pressures may be a bit overbearing if you place more on yourself than you can handle. It might be wiser to plan something outside of the home where you can relax instead.

**ARIES** (March 21-April 19) — Do not let disgruntled friends or foes draw you into their problems today. Chances are their own attitude created the unpleasantness but could have a ripple effect on your own affairs.

**TAURUS** (April 20-May 20) — A choice may be required today to respond to either your more materialistic desires or your highly idealistic standards. When it gets down to it, choose behavior that enhances your honor.

**GEMINI** (May 21-June 20) — For reasons beyond a friend's control, your pal may have to renege on a promise or social engagement he or she made with you. Be supportive of this person's problems, not angry over them.

North 07-04-05			
♠ 7 5			
♥ 7 5			
♦ A 9 8 6 5 4 2			
♣ 8 3			
West		East	
♠ 6 4 3 2		♠ J 10 9 8	
♥ 6 4 3		♥ 2	
♦ 10 7		♦ K Q J	
♣ 9 5 4 2		♣ K Q J 10 7	
South			
♠ A K Q			
♥ A K Q J 10 9 8			
♦ 3			
♣ A 6			
Dealer: East			
Vulnerable: Neither			
South Adams	West Jefferson	North Hancock	East Franklin
Dbl.	Pass	3 ♦	Pass
4 NT	Pass	5 ♦	Pass
7 ♥	Pass	Pass	Pass
Opening lead: ♥ 3			

to present-day bridge. The first rubber, for nine points, went to John Adams and Thomas Jefferson. The second rubber, worth 21 points, was won by John Hancock and Jefferson. This was the exciting first deal of the third rubber.

Note South's takeout double. Normally, he would have a hand short in the opener's suit and long in the other three suits. But with a very strong hand, he could have any distribution. After the responder passes, the doubler's partner (the advancer), unless bidding no-trump, makes a simple bid in a suit with 0-8 points, jumps in a suit with 9-11 points, or cue-bids the opener's suit with 12-plus points. But what about North's three-diamond double jump?

This shows a hand with a six- or seven-card suit and some 4-7 points. South's leap to seven hearts was optimistic, but he was trying to recoup some of his losses.

West found the best lead, a trump (not that anything works here).

Declarer could see one club loser. But then he noticed that he had three spades and dummy only two. So South won the first trick in his hand and played off his three spade winners, discarding a club from the board. Then he took the club ace, ruffed his low club, cashed the diamond ace and put his remaining six high trumps face up onto the table.

"And 150 honors, partner," said Adams with a broad smile.

Monday, July 4, 2005

### A signer makes a grand slam

By Phillip Alder

Regular readers will know that on July 4, 1776, after a certain signing ceremony, four of the signatories repaired to a quiet room to play a game remarkably similar

## CROSSWORD

#### ACROSS

- 1 Prior to
- 7 Hoodwinked
- 10 Silent-screen siren
- 14 Egglike
- 15 Corrida cheer
- 16 First victim
- 17 Jumping infantry
- 19 Adorable
- 20 The Chairman of the Board
- 22 Cleopatra biter
- 25 Aardvark snack
- 26 Gusset in a blouse
- 27 Action recipient
- 32 Join forces
- 33 World-class
- 34 Queue after Q
- 37 "Rama \_\_ Ding Dong"

- 38 Flops
- 40 Diamond name
- 41 Draw
- 42 Onion, for one
- 43 DNA structure
- 44 Funt's show
- 47 Paradigm
- 50 Silver of "Timecop"
- 51 Crosses (out)
- 52 Untrue love?
- 57 Cheerful tune
- 58 Speak glowingly
- 62 Put one's two cents in?
- 63 Boyz II \_\_
- 64 Underground passage
- 65 Type of admiral
- 66 Tibetan ox
- 67 Provided capital for

- 24 First in degree
- 28 Hellenic vowel
- 29 Thumper's playmate
- 30 Piece of work
- 31 Minnesota's twins?
- 34 Upscale watch
- 35 Steeple top
- 36 Baylor University state
- 38 Burger holder
- 39 Part of GOP
- 40 Stitched border
- 42 Healing ointment
- 43 Stamping ground

- 44 Midpoint
- 45 Stalactite producer
- 46 Freewheels
- 47 Back tooth
- 48 Speak one's mind
- 49 River mouth
- 53 Kind of brat
- 54 Ostrichlike bird
- 55 Relative position
- 56 Author Ferber
- 59 Squid squirt
- 60 NY's Tappan \_\_ Bridge
- 61 Antiquity, in antiquity

#### Saturday's Puzzle Solved

I	B	I	S	E	S		S	T	A	M	P	A	C	T	
M	U	S	I	A	L		T	E	R	R	I	B	L	E	
P	L	A	T	T	E		E	N	M	I	T	I	E	S	
A	I	D				W	A	R	D			S	L	A	T
S	M	O	T	E		L	E	E	R	S		E	V	E	
T	I	R	E	D		M	O	R	A	L		N	O	R	
O	C	A	R	I	N	A		S	T	A	M	E	N	S	
			S	T	Y					E	Y	E			
O	S	C	E	O	L	A		P	R	E	T	E	S	T	
P	T	A		R	O	C	K	Y		R	A	T	E	S	
T	A	R		S	N	E	E	R		S	L	A	V	E	
I	N	C	A		T	E	E	N		G	E	T			
C	L	A	N	S	M	A	N		E	M	B	E	R	S	
A	E	S	T	H	E	T	E		S	O	I	R	E	E	
L	E	S	S	E	N	E	D		T	O	T	E	R	S	

#### DOWN

- 1 Tatum's jazz
- 2 One Gabor
- 3 Mammalian coat
- 4 Norwegian saint
- 5 Exhausting routine
- 6 Straying
- 7 Catchy refrain
- 8 Jungfrau locale
- 9 Lucy's partner
- 10 Unoccupied
- 11 Touches up against
- 12 French measure
- 13 Dress fold
- 18 Aware of
- 21 Riviera resort
- 22 Kind of supervision
- 23 Six Day War battle-ground

1	2	3	4	5	6		7	8	9		10	11	12	13
14							15				16			
17						18					19			
			20							21				
22	23	24		25						26				
27			28				29	30	31					
32							33				34	35	36	
37						38	39				40			
41				42							43			
				44					45	46				
47	48	49						50				51		
52						53	54	55			56			
57						58						59	60	61
62						63				64				
65						66				67				

## Ayer's Cliff

The Ayer's Cliff Women's Institute met at the home of Lois Copper in March.

Vice President Muriel Mosher welcomed the members and thanked Lois for hosting the meeting.

The meeting opened by all repeating the collect and salute to the flag.

Motto - Minds are like parachutes, they only work when they are open.

Roll call was answered by Connie Smith, Doreen Kennedy, Irene Shelden, Lois Copper, Muriel Mosher, and Debbie Smith.

Each one brought in items for the silent auction.

The minutes were read and approved.

The treas. report was given showing a good report. We did very well on the card parties, thanks to Bernard Laberee for the use of his home once again.

Two thank-you's were received from the Drew Residence's and Linda Phaneuf for the trays of cookies.

Committee Reports were given -

Health and Community living (Muriel)

- Reported on Raffle Rules
- The laundry mat.

Education and Personal Development (Debbie)

- Students from Galt and local schools are trying to raise funds for end of year trips.

Publicity and Awareness (Connie)

- Meetings sent to local papers and news letters.

Safety (Irene)

- Watch out for Ice.
- Sunshine (Connie)

- Sent out a couple get well cards to residents of the townships

Debbie read a letter from FWIC about the need of assisting children and women in Northern Canada. Hopedale and Shedshatshui in Labrador are the first communities selected.

They can use funds for breakfast programs, food and water. Supplies for women's shelters. Books for children. Educational resources and baby items also needed.

There being no further business Connie Smith and Doreen Kennedy adjourned the meeting.

Lois served a beautiful lunch to terminate a great afternoon.

A silent auction was held.

C.E.Smith

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Silverado: Best in class 1500 series V8 fuel economy.

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Special edition extended cab

285-HP Vortec 4800 SFI V8 engine • 4-speed automatic transmission • 4-wheel ABS brakes • Dual-zone air conditioning • CD player • Locking differential • 17" aluminum wheels • Chrome-finish running boards • Cruise control • Autotrac transfer case including automatic 4WD • Remote keyless entry, power windows and heated mirrors • HD trailering equipment

**\$289/month\***  
With \$4,349 cash down  
\$0 security deposit

Monthly payment	Cash down	Security deposit	OR	0% PURCHASE FINANCING
\$349	\$2,278	\$0	OR	0% PURCHASE FINANCING
\$415	\$0	\$0		

36-month lease term.  
Freight of \$1,100 and preparation included.

### CHEVROLET SILVERADO 1500 4X4

The Silverado 1500 crew has more standard HP, torque and payload than Ford or Dodge models.\*

Special edition crew cab

295-HP Vortec 5300 SFI V8 engine • 4-speed automatic transmission • 4-wheel ABS brakes • Dual-zone air conditioning • CD player • Locking differential • Off-road suspension with on/off-road tires • Cruise control • 17" aluminum wheels • Chrome-finish running boards • Autotrac transfer case including automatic 4WD • Remote keyless entry, power windows and heated mirrors • HD trailering equipment



**\$299/month\***  
With \$4,488 cash down  
\$0 security deposit

Monthly payment	Cash down	Security deposit	OR	0% PURCHASE FINANCING
\$369	\$2,071	\$0	OR	0% PURCHASE FINANCING
\$429	\$0	\$0		

36-month lease term.  
Freight of \$1,100 and preparation included.

### CHEVROLET COLORADO



2005 Gold Key Award winner in the best compact truck category\*

Extended cab

175-HP Vortec 2800 SFI I4 engine • 4-wheel ABS brakes • Locking differential • 15" wheels • PassLock security system • AM/FM radio with 4 speakers • Tachometer • Chromed front and rear bumpers with rear step pad

**\$239/month\***  
With \$2,313 cash down  
\$0 security deposit

Monthly payment	Cash down	Security deposit	OR	0% PURCHASE FINANCING
\$269	\$926	\$0	OR	0% PURCHASE FINANCING
\$289	\$0	\$0		

48-month lease term.  
Freight of \$95 and preparation included.



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\*Comparison based on Ford and Dodge base vehicles of the same category as Silverado. Chevrolet Dealers' Association of Quebec recommends consumers read the following information. Limited time retail offers apply to the following new 2005 models: Silverado LS extended cab (CK15753/R7B), Silverado Z71 crew cab (CK15543/R7A) and Colorado extended cab (CS15653/R7B). Models shown may include optional equipment available at extra cost. Subject to GMAC credit approval. Registration fees associated with publication at the movable property registry and duties are extra and payable on delivery. \*With purchase or lease of virtually all new or demonstrator in-stock models delivered between May 25 and August 2, 2005, inclusively and with payment of an additional \$0.01, customers receive a preferred price card. The \$0.20 discount includes applicable taxes. Cards valid as of 72 hours after delivery and until August 31, 2007. Cards are valid only at Petro Canada locations and other approved locations, and are not redeemable for cash. All 2005 vehicles are eligible except the following models: Cavalier/Sunfire, Blazer/Jimmy, Medium Duty Trucks (including GMT560 Family 2.8 & 3.5 and W-Series), HUMMER, Cadillac, Saab. \*With lease, monthly payments based on a 36-month term (Colorado: 48-month) with initial down payment or equivalent trade-in, as indicated. Freight and preparation included with lease. License, insurance and taxes are not included. Fee of 12¢ per kilometre after 60,000 km (Colorado: 80,000 km). First monthly payment required upon delivery. \*0% purchase financing available on 48-month term on approved GMAC credit only. \*Based on "L'annuel de l'automobile 2005." These exclusive offers cannot be combined with any other purchase/lease incentive offer except GM Card, GM Honour Roll Student and GM Mobility programs. Dealers may lease for less. Dealer trade may be required. For the latest information, drop by your local dealer, call 1 800 GM-DRIVE or visit gmcanada.com.