



**Seventy is
the new 60,
Quebec says**

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**Compass
seeking to
support local
agriculture**

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THURSDAY, MAY 7, 2020

**ETSB
elementary
schools to
reopen May
13**

By Matthew McCully

During a special meeting on Tuesday, May 5, the Eastern Townships School Board (ETSB) Council of Commissioners unanimously adopted a resolution to reopen elementary schools and daycares on May 13, two days later than the minister of education's timeline of May 11.

The resolution also included the green light for adult education and vocational training centres.

The meeting, held by videoconferencing, was attended by a number of ETSB teachers and administrators, several of whom expressed concerns about the plan to reopen.

A survey was sent to ETSB parents last week to find out how many would opt to send their children to school. According to the board, 86 per cent answered the survey and those who didn't were called directly.

The results were as follows:

34.5 per cent intend to return to school;

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Spring has sprung



COURTESY

Despite this week's cool temperatures, spring is in the air and colourful blossoms are appearing everywhere. Lennoxville resident Sheila MacLean has been preparing her flower and vegetable gardens with a careful eye on the weather.

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Weather



TODAY:
SUNNY

HIGH 13
LOW -2



FRIDAY:
MIX OF SUN
AND CLOUDS

HIGH 7
LOW -1



SATURDAY:
PERIODS OF
SNOW

HIGH 2
LOW -2



SUNDAY:
CLOUDY

HIGH 7
LOW -1



MONDAY:
60 PER CENT
CHANCE OF
FLURRIES
HIGH 8
LOW -2

Checking in on Covid cats



ROSS MURRAY

As everyone knows, this is the Year of the Cat, and, trust me, the cats are not the least bit pleased about having the spotlight taken away from them by this Covarona nonsense. Do you think the cats care about the humans getting sick and dying in astronomical numbers? Do you think the cats care period? They do not, sir, they do not!

But that's what we love about them, yes? No? Again, it doesn't matter to them. But for better or worse, they too have been affected by this shut-down as they've had to adjust to spending their days with people who Just. Won't. Leave. So I thought I'd bring you up to speed on how our housecats are hangin'. (I'm sorry, the cats made me write that.)

Lincoln

It's hard to tell what goes through Lincoln's head. Mostly light breezes. Lincoln has a large body and a disproportionately small skull, like a child's drawing of a cat. He often seems to be lost in thought, but if you look deep in his eyes, you can see a teeny-tiny "For Rent" sign. In other words, the lockdown has not affected Lincoln in any significant way. I'm not quite sure he knows coronavirus exists. Or it could

be that he simply denies it exists. Sometimes I'll come home and find the TV turned to "Fox & Friends" with no one around, not even a white male, and Lincoln will be just sitting there, staring vacantly—I mean, more vacantly than normal—smelling vaguely of bleach. Sometimes he stretches out in the sun, like he's trying to get the light inside his body—probably through his vacant skull, so he might just succeed! The other day, I leaned in close, and I swear I heard him whisper, "5G..." Or possibly "More cheese..."

Chandler

Chandler is the most skittish of all the cats and in this way is probably the most typical of how most of us are spending our time during the pandemic: over-eating, spending too much time on Twitter and hiding under the bed.

Polly

Polly certainly has the largest personality among the cats, and by that I mean she is the largest. With that big, can-claw attitude, she's been spending the time during lockdown reaching out to the other cats in the neighbourhood, making sure they're well stocked in litter. She's been participating in all the video challenges—the Push-up Challenge, the Handstand Challenge, the Hairball Challenge—making little cat-sized face masks to distribute and finally getting around to destroying that chair she's been putting off destroying (because she's been so busy, you see, with her full-time job destroying all the other chairs). When life gives Polly lemons, Polly makes lemons fall right off the table with a flick of her paw. Yes, of all the Covid cats, she is definitely the most insufferable. So don't worry about Polly during the pandemic, be-

cause she's no shrinking violet and is definitely not shrinking. Follow her on Instagram! @pollypawprincessfuntime-meow. #tuna

Ollie

Ollie is Polly's sister and always in her shadow—again, because Polly is massive. Consequently, Ollie tends to be more contemplative and has been spending the lockdown in more artistic pursuits, like pooping in the litter box. Anyone can poop in a litter box, you say. My five-year-old could poop in the litter box. Yes, but it's how she poops in the litter box! There, there and, in counterpoint, there! It's exquisite. Very textural. Very Francis Bacon. Very Fancy Feast. Ollie has also been working on her poetry, mostly love sonnets to me:

Shall I compare thee to a half-chewed mouse?

Thou art heads above all others by compare—

For the mouse head is hidden in the house,

The gut parts plopped by the wicker chair.

Six feet I cannot stay away from thee,
Nor metres two if metric be your pleasure.

About your face I rub the face of me,
And pray thy beard host crumbs—my treasure.

I shed for thee and shed some more,
Upon thy pillow with drool still drying,

Thou lets me in by opening thy door
And out again upon my mewlish crying.

Thou feedst me food, and this I've ne'er forgot.

Still, I can visit anyone; you, hombre, cannot.

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Association for children with cancer

Ben by Daniel Shelton



Local News

"We have to open sometime. I can't imagine it being easier at any future date," Murray said

Anti-Fraud centre warns against pandemic scams

By Gordon Lambie

COVID-19 pandemic is no exception.

According to The Canadian Anti-Fraud Centre (CAFC) there were 766 reports of COVID-19 related fraud in the period between March 6 and May 1 of this year, with 188 victims having

lost some \$1.2 million in the process.

On its website, the CAFC warns of fraudsters posing as loan and financial service companies offering loans, debt consolidation and other financial assistance services; Cleaning

or heating companies offering duct cleaning services or air filters to protect from COVID-19; Local and provincial hydro/electrical power companies threatening to disconnect your power for non-payment; Centers for Disease

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ETSB schools opening May 13

CONT'D FROM PAGE 1

Eight per cent require daycare service; 53 per cent of those returning asked for transportation.

The distribution of students across the territory ranges between 13 and 56 per cent attendance depending on the school.

Regarding transportation, up to 80 per cent of bus drivers will return to the job for the board's eastern sector. Some will have a different route than they normally cover. The ETSB will provide full protective equipment for the drivers as well as hand sanitizer for the students as they board.

As for the western sector, which has shared transportation and drivers are contracted separately, no agreement has yet been reached for bussing to schools in that area.

Lennoxville, Granby and Sherbrooke were three of the areas identified where transportation will be a challenge to coordinate.

Regarding staffing, the board received 116 requests for exemptions from work for medical reasons.

In elementary schools, an average of 79 per cent of employees will be returning to work. That ranges between 57 per cent to 100 per cent presence of staff among the 20 schools.

While most schools have sufficient space to meet social distancing requirements, Drummondville Elementary, where a high percentage of students will be returning, was identified as a school where space will be an issue.

While the plan is to move ahead, Interim Director General Michel Soucy pointed out that four criteria must be met before schools can reopen:

- Sufficient staff in a school according to grouping;
- Sufficient space to safely welcome students;
- Transportation department must have time to create new bus routes;

Staff must have access to required protective gear and cleaning products.

If any one of the four criteria are not met, the board reserves the right to delay an opening, or if a school has already opened, to close until the conditions are met.

Regarding protective gear and supplies, the board is on pace with acquisitions, Soucy said. They currently have close to half of the equipment required which includes visors, procedure masks, coveralls, gowns, different types of cleaners and sanitizers, washable masks, latex gloves, N95 masks, thermometers, microfiber cloths, and plexiglass dividers and sheets.

There is a protocol in place in the event a student should present with COVID-19 symptoms. They will be isolated in a designated area of a school and a kit with full protective equipment will be made available to a staff member accompanying the student. Parents will then be called, and the public health department will be contacted to report the situation. Health officials will then continue the follow up and investigation.

According to Soucy, resources will be made available to train ETSB staff how to properly use personal protective equipment. He added that there are tutorials available online for masks, gloves, gowns and visors.

Students are not required to wear masks, but any parents who wish to provide one for their child is welcome to do so.

Before going to a vote about the plan to reopen schools, ETSB Chairman Michael Murray restated some of the key aspects of the plan.

"It must happen sometime, it won't get any easier," Murray said, adding that re-opening schools in September with fully loaded busses and classes wouldn't be a great way to start.

Murray said the board acknowledges the risk, pointing out that the premier's assertion that hospitals have beds available is a clear signal the government anticipates a surge in hospitalizations. He added the plan to reopen schools includes few to no educational activities.

The chairman described the plan as a process to evaluate needs. "We'll learn what measures work," he said, adding, "reality will override guidelines. We'll manage the situation best way possible."

Murray added schools may choose to restore breakfast and lunch programs where possible.

During question period, Appalachian Teachers' Association President Megan Seline asked the board how the CNESST's safety checklist for schools would be applied. Interim Assistant Director General and Human Resources Director Jeff Pauw said the board received the instructions and guide, and it will be forwarded to all school administrators to make sure safety protocols are followed. An English translation is in the works, Pauw added.

Seline also asked if a student who does not respect social distancing would be removed from school. The board replied if necessary, then yes, but the first step would be to make efforts to educate and support the student.

One parent in attendance supported the board's decision to reopen schools.

A handful of teachers and principals in the meeting were less enthusiastic.

"I'm not sure commissioners are aware that school administrators are emotional and nervous, and continue to have a lot of concerns," one principal said. Referring to a planning meeting, "There were people holding back and breaking down in tears," she said, adding that a survey among administrators demonstrated 91.7 per cent did not feel ready to reopen schools and 67 per cent indicated a lack of support from the board.

"Can admins count on more concrete support?" she asked, saying they are frightened for the safety of students and staff.

"It's not the picture of preparedness people are getting."

"We are all in same state of stress and concern," Murray replied, acknowledging administrators are being tasked with considerable burdens.

"We have to open sometime. I can't imagine it being easier at any future date," Murray said, hoping the two additional days of preparation and the criteria for opening will help alleviate some of the stress.

"It may be creating more problems than it's solving, but we have a strong team, we'll be ready no matter what," another principal commented, regarding the two-day delay.

When asked if the board's unanimous vote was cast with the knowledge 91.7 per cent of administrators didn't feel ready, Murray said

the board had been extensively briefed. "I'll refer you back to our original statement. It's not going to get any easier. We're going ahead now because this is as good as it's going to get. The alternative is not to do it at all," Murray said.

"The bottom line is, for teachers in the elementary sector, they have now become the foot soldiers of public, they will be the first to go down. Despite all the safeguards, there is a fear for their own lives, and a fear for the lives of their family members," one teacher said, asking how the board would recognize that courage.

Murray, applauding the work done by teachers on a daily basis, said it was too soon to consider a formal recognition as of yet.

During the exchanges with teachers and administrators, Murray admitted that for some elementary-aged students the protocols in place were unrealistic and suggested a flexibility based on the judgment of school staff.

"We rely on our professionals to do the right thing rather than the literal thing," Murray said.

One principal in the meeting was not comfortable with that responsibility.

"This has been hardest thing I have ever done in my career," the principal said. "I applaud everyone. This level of anxiety is something I've never experienced before. It's quite frightening to see that," she said. "Today, what I'm seeing is an incredibly wonderful team that is going to make it work because we have no other choice," she commented.

"Unless I understood wrong, we were given rules by public health. Six-foot guidelines, the students have to stay in classrooms, no hot meals, no cafeteria, I'm bringing in muffins," she said, adding lunches will be brought in for students in need. "I'm not about to tell teachers now that they can relax rules," the principal said, adding that if something were to happen, "I would never forgive myself."

She also made the board aware that teachers, in addition to the stress of COVID-19, face a heavy workload and many will be on double duty, teaching at school and online. "That has to be known."



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2020 Subaru Crosstrek



A crossover that's half wagon, half rugged SUV

PHOTO: V. Aubé



By Vincent Aubé

Japanese manufacturer Subaru has made it one of its trademarks: match the shell of a wagon with the “go anywhere” capability of an SUV. This concept, borrowed from the AMC brand that marketed some of its models under the acronym Eagle in the early 1980s, first appeared in 1993 (for the 1994 model-year) with the Subaru Legacy Outback. The idea has come a long way since then, to the point where the elevated wagon has even driven the Legacy wagon that was its first incarnation out of the lineup. The Impreza Sport, renamed the Impreza Outback in the early 2000s, was finally sidelined as well in 2013 when Subaru placed its new XV Crosstrek in the pocket crossover segment. Since then, the model now known as the Crosstrek has been an unmitigated success story for the Japanese automaker – and nowhere more so than in Canada.

I was recently able to test out a Limited trim of the 2020 Subaru Crosstrek. Here's what I took away from a week with the most expensive Crosstrek in the lineup, if you discount the new PHEV version that sells for more.

The look, or the \$2,200 question

Since the Subaru Crosstrek is based on a five-door Impreza architecture, a comparison with the compact car is inevitable. A quick look at the Subaru catalogue reveals that the Impreza Sport-tech with EyeSight (the most fully equipped version) costs \$31,695. In comparison, the most expensive Crosstrek requires an additional \$2,200 or \$33,895. For some reason, preparation fees are more expensive for the crossover than for the Impreza. Go figure...

Regardless of the price differential, the Crosstrek benefits from a more versatile ground clearance to get over snowbanks and such. It gives drivers 90 mm more room to play with than the Impreza, which is no small feat. Add to that the exclusive wheels (18-inch in this case) wrapped with more

aggressive tires, black plastic rocker panels and a roof rack that's likely to be dressed up with a basket, cargo box or even a bike, kayak or snowboard.

And though this is a matter of personal taste, I must admit that I'm one of those who like this raised car approach. Given the sales figures for the Crosstrek in Canada the past few years, I'm not alone. Plus, hats off to the designers for offering a slightly sprightlier colour palette here than some of the models the Crosstrek competes with.

The same engine as the Impreza, but... No change here, as for 2020 buyers get the same 2.0L flat 4-cylinder engine powering the SUV. With 152 hp and 145 lb-ft of torque at its disposal, this unit doesn't exactly make of the Crosstrek a roadrunner, far from it. On the Limited edition with EyeSight, the continuously variable transmission is standard (the suite of safety features is not available in tandem with the manual transmission). That CVT frankly turns accelerations into a festival of decibels. As for the all-wheel drive system, it's probably not even worth explaining the brand's approach to that feature (which is, include it all the time in every model and every trim).

For now, Subaru Canada has yet to follow the decision by its American counterpart to add another mechanical option to the model's catalogue for 2021. U.S. consumers will be able to opt for the 182-hp 2.5L 182-hp engine currently in use in the Legacy, among other places. At present, only the new plug-in hybrid option is offered as an alternative to the outdated 2.0L naturally-aspirated model, but that is a much more expensive choice.

An improved drive?

While the Crosstrek is no muscle car, this small wagon perched 90 mm higher on its wheels does deliver a positive driving experience. Behind the wheel, you can feel the rigidity of the chassis, which makes for a reassuring ride. The extra-wide steering wheel is pleasant to hold and provides the driver with an acceptable amount of feedback. As is the case with many other Subaru models, the steering is quite heavy. While its precision isn't as surgical as the WRX STI's, the crossover's mission isn't to deliver performance, so it's an apples-and-oranges comparison. The suspension

is fairly firm as well, though not so much that it makes the vehicle uncomfortable.

Really, what's still missing from this wagon-SUV mix is just a little more pep under the hood. Acceleration is a pain, especially if the driver jams the right pedal to the floor in one fell swoop. To add a little more muscle to the sprint, it does help to select the S mode of the Si-Drive system, which is accessed via button on the steering wheel. The S mode is more direct and almost gives the impression of inflating the mechanics' statistics.

As for the all-wheel drive system, it once again proved its efficiency during this late-winter test run in La Belle Province. Less aggressive than in the WRX STI, it still stands out from other systems by the simple fact that the all-wheel drive is always in use.

The last word

It's no fluke that little crossovers like this are popular these days. First of all, they are more versatile than compact cars, mainly because of the improved ground clearance, but also because of the all-wheel-drive configuration. You could fault the Subaru Crosstrek for the laziness of its design, but its very simplicity - and familiarity - explains in large part why so many of the brand's fans stay so loyal to it.

As for the quality of workmanship, it's very much in line with what Subaru has been delivering for several years: the materials are generally well-made and you can feel that the vehicle will stand the test of time, both inside and out. No doubt a few horses are missing between the two front wheels, but most people who opt for this vehicle don't care. This smaller-scale Subaru Outback holds its own versus its bigger sibling, except for the reduced cargo volume. In my opinion, it's one of the best in its class. If you're in the market for a pocket-sized SUV, it's worth at least a test drive - when it becomes possible to do those again!

We like

The raised-car look
The efficiency of the four-wheel drive system
General quality

We like less

The limited power of the mechanics
The heavy steering
Soundproofing not yet on point

Anti-Fraud centre

CONT'D FROM PAGE 3

threatening to disconnect your power for non-payment; Centers for Disease Control and Prevention or the World Health Organization offering fake lists for sale of COVID-19 infected people in your neighbourhood; the Public Health Agency of Canada giving false results saying you have been tested positive for COVID-19 or tricking you into confirming your health card and credit card numbers for a prescription; the Red Cross and other known charities offering free medical products (e.g. masks) for a donation; Government departments sending out coronavirus-themed phishing emails, tricking you into opening malicious attachments, or tricking you to reveal sensitive personal and financial details; Financial advisors pressuring people to invest in “hot” new stocks related to the disease or offering financial aid and/or loans to help you get through the shut downs; Door-to-door sales people selling household decontamination services; Private companies offering fast COVID-19 tests for sale when only health care providers can perform the tests and no other tests are genuine or guaranteed to provide accurate results, or selling fraudulent products that claim to treat or prevent the disease such as unapproved drugs that threaten public health and violate federal laws.

The organization warns, in particular, about legitimate-seeming organizations or government entities asking for personal information, reminding the public that no legitimate agency will ask for sensitive information over the phone or in an email.

The CAFC's recommended course of action for anyone who has or suspects they have been a victim of fraud includes contacting the local police. The centre also has an online reporting system, but is operating with reduced resources at the moment.

Neither the Sherbrooke Police nor the Eastern Townships division of the Sûreté du Québec were able to give The Record precise figures on pandemic-related scams in the region, but both said that cybercrime has been on the rise in general in recent years. Samuel Ducharme of the Sherbrooke Police called it “the crime of the decade” when it comes to incidence and said that cases increase almost year after year.

Although he said that it is not related directly to the pandemic, Ducharme took the opportunity to flag a scam that is proving particularly problematic for adolescents and parents in the Sherbrooke area. Called “fraude de la guich” in French, the scam involves victims being approached online, often through Snapchat, with a kind of get-rich-quick scheme. The fraudsters ask for the banking information of the victim on the basis of making false deposits which can then be withdrawn before the bank checks, reassuring their victims with the assurance that they can just claim a stolen bank card and get their money back, and that they are doing nothing illegal.

Once the information is obtained, the fraudsters multiply the transactions and increase the agreed upon amounts significantly. They deny access to the victim's account, and when the victim wants to withdraw or report, they threaten them with physical violence and claim they will be arrested for willingly taking part in the crime. The suspects will then use the information to open new accounts, apply for credit cards, or other identity theft fraud.

Adding insult to injury, banking institutions refuse to reimburse the victim upon discovery of the scam because of their active involvement in the fraudulent transactions, resulting in sometimes massive debts.

According to Ducharme, the scam mainly preys upon teens, but can often implicate parents or guardians because of the debt burden generated. The officer also said that very little progress has been made in cracking down on the scam locally because people are concerned about criminal accusations being leveled against them.

“We consider these youth to be victims,” he said, stressing the fact that victims of ‘fraude de la guich’ will not be prosecuted if they come forward. “We have to work together to stop this fraud.”

More information on the work of the CAFC, including a list of scams currently active in Canada and tips on what to do if you or someone you know has been a victim, is available at <https://www.antifraudcentre-centreantifraude.ca/>



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The Border Report

With some summer jobs unavailable this year, students are having a difficult time finding summer employment.

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PHELPS HELPS**

By Phelps Helps

The Compass Program is always seeking ways to provide valuable opportunities for youth 14-30 in

FRONTIER ANIMAL SOCIETY

Featured pet: Jodie

Today we are featuring a lovely young cat named Jodie who was recently rescued from a local barn along with two other cats and four kittens. Sadly the barn is a dumping ground for unwanted cats and over the past several months, with the support of the Pope Memorial Frontier Animal Society just across the border in Vermont, we have rescued and rehomed approximately 60 cats and kittens. Some were feral, some were sick, some were injured, but fortunately, most were friendly and social. The owner of the barn has done an amazing job caring for these unwanted cats but overwhelmed, she reached out to us for help. We will continue to work with her as the need arises.

Although we are featuring Jodie, there's a catch, she is very, very pregnant so she is not available for adoption just yet. Once she has her kittens, which will be any day now, we would love to place this little family into a lov-

ing foster home. Jodie is as sweet and friendly as they come and she can be quite chatty when seeking attention. She is engaged and affectionate and she loves to be pet. Jodie is young, probably not much more than a year, but we know she'll be great mom.

To foster, you will need to live within reasonable distance of the shelter and have a quiet room where mom and kittens will feel safe and secure and where they will not be exposed to other cats.

For more information about fostering, please send an email to frontieranimalsociety@gmail.com or better yet give our cat adoption coordinator Linda a call at 819.868.2684 and she will be happy to tell you more about what is involved.

We'd like to end by sharing the good news that our senior cat Mini, who was featured just last week, was adopted into a wonderful home where she is sure to get all the love and attention she deserves.

riCarrières and the Union des Producteurs Agricoles (UPA) could help youth find valuable work this season while answering the labour needs in Quebec's agricultural sector. The project is titled J'y Vais Sur-le-Champ and aims to help people who are out of work because of COVID-19, find employment in agriculture. As a rural community, this project has the potential to help youth who are without jobs and also local farms looking to hire in and around the Stanstead area.

The proposed incentive for workers is \$100/week for a minimum of 25 hours per week during the measure period. To qualify, the farm worker must work during the period of application of the measure on a farm producing food for the purpose of ensuring the food security of the population; must be paid the minimum wage (\$13.10 as of May 1); and be registered with the Agricultural Employment Centre in your area.

The tasks are varied and depend on the geographical location of the candidates, physical conditions, and the needs of producers. There are also

different positions to be filled. For instance, positions could include field workers, greenhouses workers, machinery operators, etc.

This program is for people who find themselves unemployed due to the closure of several businesses as well as all agricultural workers who work at the minimum wage. It is not mandatory to have experience in agriculture and a free online training is available to gain a better knowledge of agricultural work and apply safe and effective working techniques on the farm.

For questions about the program or how to register; contact Compass Coordinator, Elizabeth Courchesne at ecourchesne@phelpshelps.ca or on Facebook.

Phelps Aide Phelps Helps was founded in 2012 and has grown organically from a single high school tutoring program to six unique programs, providing the Stanstead area with free educational and career support. For more information or to volunteer, please email us at info@phelpshelps.ca, visit our website at www.phelpshelps.ca.

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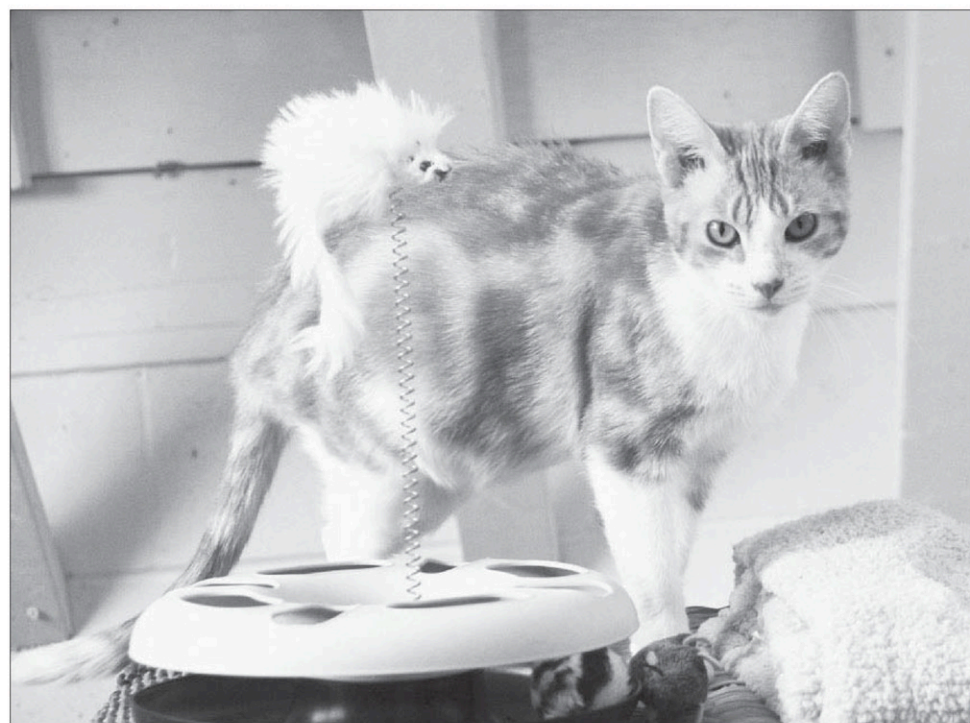
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Thank you for your understanding.



EDITORIAL

When the plague finally passes every little thing will get a second look.

The future starts now... or maybe tomorrow



TIM BELFORD

One of the interesting things that has resulted from the arrival of COVID-19 has been the increase in the use of the term "futurist." All of a sudden there has been a parallel pandemic of intellectuals lining up to tell us what will likely happen to the economy, social interaction, the climate, education and our political structure when the virus finally runs its course.

These specialists in "futurology" – yes it even has a nifty sounding scientific name - are not to be confused with seers or gypsy fortune tellers or astrologists who merely gaze into your eyes, scan your palm and tell you there's a tall, dark man in your future. No, they actually spend a large amount of time analyzing statistics and searching history for clues as to what kinds of things happen following any disaster.

The most famous look into the future came from the French astronomer and physician Michel de Nostredame, better known by the Latin version of his name, Nostradamus. He was what was generally regarded as a scientist during the early 1500s. Nostradamus couldn't stick with the facts however, and wrote Les Prophéties, a collection of poetic predictions that is still being consulted by the intellectually challenged right around the world. According to the true believers, Nostradamus accurately predicted everything from the First World War to the rise of Donald Trump. Fat lot of good it did us.

Anyway, we can all probably agree

that there will be no going back to what we fondly remember as normal. Just paying off a national debt the size of which we haven't seen since the aftermath of WWII will take not only time but creative thinking. It also leads to the question, do we want to return to an economy that was increasingly benefiting a very wealthy one percent at the expense of practically everyone else?

Our public health system, although functioning better than those of many other countries, will also have to be rethought. It will be interesting to see if those previously calling for a mixed public/private system similar to the much-vaunted one to our south will have second thoughts. Our treatment of seniors and an examination of what they should expect from the institutions that house them will come under scrutiny; this following the actions of a minority of homes that adopted a modern-day version of putting the elderly onto an ice berg and shoving them off.

With any luck, the irony of having a cleaner atmosphere than we have had in many years, particularly in large cities, and being unable to get out and enjoy it, will not be lost on those opposing action on climate change. Having to wear a mask just to go to the local grocery store or for a stroll in the park should be looked on as not only an irritating inconvenience but a potential sign of the future.

When the plague finally passes every little thing will get a second look. Will the handshake ever return? Will elbow patches on jackets make a comeback because of the wear and tear from all those greeting bumps? Are you likely to help yourself to the peanut bowl on the bar? Will the young have second thoughts about being wedged into the crowd at a concert? Can Bishops' University do its annual homecoming via Zoom? Will casual sex involve a hazmat suit and a great deal of imagination? Like most futurists, I don't know. I just don't know.

Seventy is the new 60, Quebec says

By Matthew McCully

While last week people 60 years and over were exempt from returning to work because of the health risks associated with COVID-19, yesterday the Quebec government gave a nuanced directive for employees under 70 without underlying health issues to get back to the job.

According to Deputy Premier Geneviève Guilbault, who delivered the news during yesterday's COVID-19 briefing, employers are required to ensure the safety of workers and implement social distancing. The directive was made under the recommendation of the public health department.

The department also recommended that because of COVID-19 outbreaks in penitentiaries, certain prisoners incarcerated in the province with health

issues who have 30 days or less remaining in their sentence could be released early.

Deputy Premier Guilbault stressed that no prisoners serving time for a violent crime would be eligible for the early release.

During the briefing, Guilbault announced a \$31 million action plan for mental health to address the impact of confinement and the stress related to the COVID-19 pandemic.

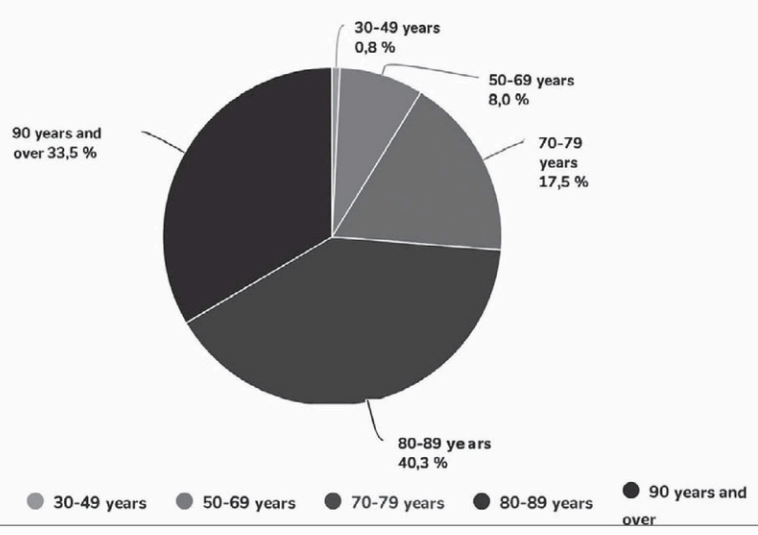
There were 112 new deaths in the past day in Quebec, bringing the total to 2,510.

The province now has 34,327 confirmed cases, up 910 from the day before. Of the confirmed cases in Quebec, 872 are in the Estrie region.

There are 1,840 patients in hospital due to COVID-19, up 19, and 213 of those are in intensive care.

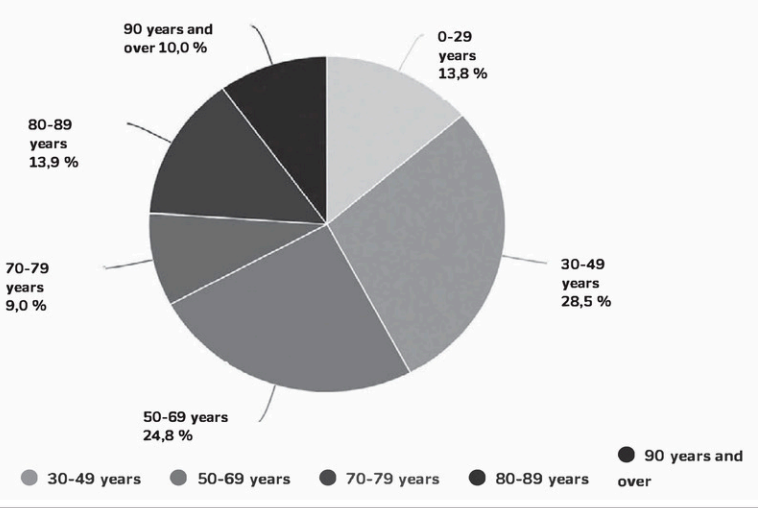
8 - Distribution of deaths

According to age group, where age was known



7 - Distribution of confirmed cases

According to age group, where the age was known



PHOTOCREDIT: QUEBEC PUBLIC HEALTH INSTITUTE WEBSITE (WWW.INSPO.QC.CA/COVID-19/DONNEES)

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Bishop's Women in Sport Event up for Award

By: Marty Rourke, Bishop's Sports Information

of TSN delivered a keynote speech to a packed Dever Gymnasium.

"We are thrilled to be nominated for this award," said Clare Webb, Event Coordinator. "We were so happy with the event and how we were able to connect current varsity student-athletes with former ones. The weekend had a great vibe and is something we hope to expand on in the future. Not only did our student-athletes benefit from hearing from experts in the field, but everyone in attendance walked away with memories."

The Women in Sport event is in nomination with Soccer Quebec's Programme de Bourses pour Educatrices and Club AGWATA for their Creation d'un club d'ultimate Feminin.

About Egale Action

More information about Egale Action and the 2020 Gala Femmes d'influence is available here: <https://www.egaleaction.com/programmation-gala-virtuel2020/>

Stay up-to-date anytime with the Bishop's Gaiters at www.gaiters.ca or on social media by using @BishopsGaiters.

About the Women in Sport Event

The event took place on Sept. 20-21, 2019 and celebrated current and former Bishop's Gaiters female student-athletes as well as other local female athletes. The Gaiters women's teams competed at Bishop's over the weekend to showcase their talents. Saturday morning featured a symposium with prominent guest speakers discussing a wide range of topics that affect female athletes. That was followed by the induction of three former Bishop's female student-athletes into the Wall of Distinction. Finally, Kate Beirness

The Women in Sport event hosted by the Bishop's Gaiters last September caught the eyes of many including Egale Action. It is now one of three finalists for the category of 'Initiative de L'Annee' at the Gala Femmes d'influence hosted by that organization. It is set to take place virtually on Wednesday, May 6 at 5 p.m.

Watch the Gala Live Here: <https://www.youtube.com/channel/UCCaYkIO-j0TxL6Aid4kIu9Pw>



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Death

Death

Datebook

Madeleine Rivest McLellan



It is with profound sadness, that we announce the passing of our beloved mother on April 3rd, 2020 in Ottawa, Ontario at the age of 90 years. She was married to the late William Ashley McLellan for almost 54 years. She was the 5th daughter of the late Arthur Rivest and the late Antonia Jolin.

She is survived by her daughters Kathy (Sherief Massoud) and Caroline (Michel Lamarche); her grandchildren, Lisa (Pouya), Andrea (Michal), Eric (Angela), Patrick, and Stephanie (Sahil); her sisters, Marielle (late Michel) and Rita (late Louis) and her sister-in-law Alice McLellan as well as many nieces, nephews and numerous friends.

She is predeceased by her sisters Aurore (late Sylvio), Thérèse (late Bill), her brother Camil (late Jacqueline Legault; Jacqueline Sorenson), her sister-in-law Patricia (late Gilles Pelletier; Stephen Dickie) and her brother-in-law Douglas McLellan (Alice).

Madeleine was born on Sept. 10th, 1929 in Amos and was raised in Malartic. She graduated in 1956 from the nursing program at Hôtel Dieu of Sherbrooke. She practiced nursing over a period of 30 years in various clinical areas, including genetic research at the CHUS.

She changed career paths in her early 50's and became a real estate agent for Century 21. After retirement, Madeleine and Ashley opened an antique shop (Victoria Antiques) in Lennoxville. They enjoyed attending auctions finding new pieces to refinish. Madeleine also enjoyed entertaining and was known for her pies and cinnamon buns. After 40 years of living in the Eastern Townships, Ashley and Madeleine moved to Ottawa in 2009.

Madeleine always kept her love of life and her winning smile even with the struggles of living with Alzheimer's.

Because of present events, there is no funeral service at this time. If you wish, a donation to the Alzheimer's Society or to the Autism Society is appreciated.

THURSDAY, MAY 7, 2020

Today is the 128th day of 2020 and the 50th day of spring.

TODAY'S HISTORY: In 1847, the American Medical Association was founded in Philadelphia.

In 1915, a German U-boat sank the RMS Lusitania, killing 1,198 off the coast of Ireland.

In 1945, Germany unconditionally surrendered and withdrew from World War II.

In 1998, Mercedes-Benz announced its \$36 billion merger with the Chrysler Corporation.

In 2000, Vladimir Putin assumed the presidency in Russia's first democratic change of office.

TODAY'S BIRTHDAYS: Robert Browning (1812-1889), poet/playwright; Johannes Brahms (1833-1897), composer; Pyotr Ilyich Tchaikovsky (1840-1893), composer; Gary Cooper (1901-1961), actor; Eva Peron (1919-1952), Argentine first lady/actress; Johnny Unitas (1933-2002), football player; Tim Russert (1950-2008), journalist; Breckin Meyer (1974-), actor; Aidy Bryant (1987-), actress/comedian; Earl Thomas (1989-

), football player; Alexander Ludwig (1992-), actor.

TODAY'S FACT: In 1977, Seattle Slew won the Kentucky Derby. The horse went on to win the Preakness Stakes and the Belmont Stakes, becoming the 10th horse to win the Triple Crown and the first to do so while undefeated.

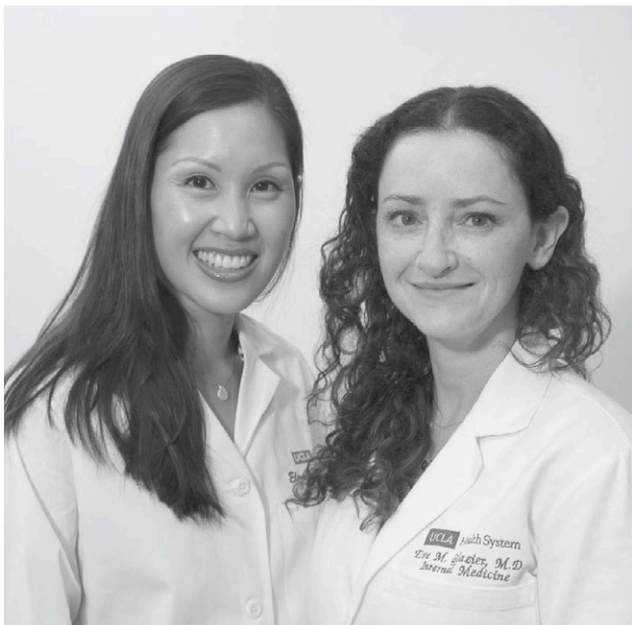
TODAY'S SPORTS: In 1982, a jury ruled in favor of Raiders owner Al Davis in an antitrust lawsuit against the NFL, allowing Davis to move the team from Oakland, California, to Los Angeles.

TODAY'S QUOTE: "Who hears music feels his solitude / Peopled at once." – Robert Browning, "Balaustion's Adventure"

TODAY'S NUMBER: 16,024 – height (in feet) of the Carstensz Pyramid, the highest summit of Puncak Jaya in Indonesia. Canadian Patrick Morrow became the first person to scale the "Seven Summits" – the highest peak on each of the seven continents – when he reached the top of the Carstensz Pyramid on this day in 1986.

TODAY'S MOON: Full moon (May 7).

Coronavirus antibodies used in two new ways



ASK THE DOCTORS

By Eve Glazier, M.D., and Elizabeth Ko, M.D.

Dear Doctor: I heard on the news about a coronavirus medicine made with blood from people who were sick and got better. But my husband says it's actually a blood test to see if someone ever had the virus. Who's right?

Dear Reader: You and your husband are both correct. In the United States, two different uses for antibodies have recently been greenlit by the U.S. Food and Drug Administration.

You're referring to an experimental treatment that was approved on March 24 for very limited use. Your husband is talking about a quick and simple blood test approved by the FDA on April 2. The test, which is already in use in other parts of the world, reveals whether or not someone has been infected with the novel coronavirus. The treatment and the test each rely on antibodies, which are blood proteins that the immune system produces during and after its fight against a foreign invader, such as a virus or bacterium.

Let's start with the therapy you're asking about. It's based on the idea that, when introduced to antibodies used to fight a specific pathogen, a sick person's immune system will produce those very antibodies. This type of treatment has been in use since the 1890s for diseases such as polio, SARS, Ebola and the H1N1 flu. The idea of using it to treat COVID-19 arises from a very small pilot study – just six men and four women – recently conducted in three hospitals in China.

Each of the patients, who were gravely ill with COVID-19, received a single dose of antibodies gathered from the blood of patients who had recovered from the illness. According to the published research, the treatment resulted in improved oxygen levels and a shorter duration of symptoms in all 10 patients. Most improved within one to three days after receiving the

antibodies. The patients also cleared the virus from their bodies more quickly than those who did not receive the treatment. This sounds promising, but it's important to note that the FDA approval limits treatment to patients who are so ill that they have no other options, and to clinical trials.

The antibody test that your husband is referring to is much closer to a wide release. It uses a pinprick of blood and delivers results in about 15 minutes. Unlike the diagnostic test for COVID-19, which identifies genetic material from the virus itself, this test looks for the antibodies that will be present only if the body has already encountered and fought off the virus. This is valuable information on two fronts. First, widespread use of the antibody test will give scientists a clearer picture of the spread and reach of coronavirus infection in the U.S. Just as important, the test hints at a potential path forward after the height of the epidemic has passed. People who have been exposed to the virus may have some degree of immunity, which would allow them to safely rejoin normal daily life. The challenge here is that, at this time, how much immunity is granted by prior infection, and how long that immunity may last, is not yet known.

Eve Glazier, M.D., MBA, is an internist and associate professor of medicine at UCLA Health. Elizabeth Ko, M.D., is an internist and assistant professor of medicine at UCLA Health.

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The Daffodils

I wandered lonely as a cloud
That floats on high o'er vales and hills,
When all at once I saw a crowd,
A host, of golden daffodils;
Beside the lake, beneath the trees,
Fluttering and dancing in the breeze.

Continuous as the stars that shine
And twinkle on the Milky Way,
They stretched in never-ending line
Along the margin of a bay:
Ten thousand saw I at a glance,
Tossing their heads in sprightly dance.

The waves beside them danced,
but they
Out-did the sparkling waves in glee:
A Poet could not but be gay,
In such a jocund company:
I gazed—and gazed—but little thought
What wealth the show to me had brought:

For oft, when on my couch I lie
In vacant or in pensive mood,
They flash upon that inward eye
Which is the bliss of solitude;
And then my heart with pleasure fills,
And dances with the daffodils.

By William Wordsworth,
1770 - 1850

Today in History

Today in History for May 7:
On this date:

In 1274, during the Council of Lyons in France, the Eastern and Western churches were briefly reconciled.

In 1355, 1,200 Jews in Toledo, Spain, were killed by Count Henry of Trastamara.

In 1574, Pope Innocent X was born Giambattista Pamfili in Rome. He would advise the Russian czar to emancipate the serfs and would disapprove of the Treaty of Westphalia because a large number of cities would pass under Protestant control.

In 1727, Jews were expelled from Ukraine by Empress Catherine I of Russia.

In 1789, the first inaugural ball was held in New York in honour of U.S. President George Washington and his wife, Martha.

In 1812, poet Robert Browning was born in London.

In 1893, longtime NHL executive Frank J. Selke was born in Kitchener, Ont. After helping build the Toronto Maple Leaf hockey team in the 1930s and '40s, Selke managed six Stanley Cup-winning Montreal Canadiens teams between 1953-60. He was inducted into the Hockey Hall of Fame in 1960, and in 1978, the NHL inaugurated the Frank J. Selke Trophy. It is awarded annually to the best defensive forward in the league. He died on July 3, 1985.

In 1907, the Vancouver Stock Exchange was incorporated.

In 1915, during the First World War, the Cunard steamship "Lusitania" was sunk by a German submarine off the coast of Ireland with the loss of nearly 1,200 lives.

In 1920, the first exhibition of the Group of Seven went on display at the Art Gallery of Ontario in Toronto. The seven artists were Franklin Carmichael, Lawren Harris, A.Y. Jackson, Franz Johnston, Arthur Lismer, J.E.H. MacDonald and Frederick Varley. Initial reviews were favourable, but only three of the 100-plus works were purchased.

In 1934, the 6.3-kilogram "Pearl of Allah" was found in the Philippines. It was valued at \$3.5 million.

In 1939, Nazi Germany and Fascist Italy announced an open political and military alliance.

In 1945, Germany surrendered unconditionally to western Allies and Russians at 2:41 p.m. French time at Gen. Dwight Eisenhower's headquarters in a schoolhouse in Reims, France. In Canada, celebratory rioters smashed and looted downtown Halifax; two navy personnel were killed and 17 injured.

In 1954, the U.S. - supporting France and Britain - rejected Russia's request to join NATO under special conditions.

In 1960, Leonid Brezhnev replaced Marshal Kliment Voroshilov as

president of the Soviet parliament.

In 1975, Canada's third communication satellite, "Anik 3" was launched from Cape Canaveral, Fla.

In 1975, U.S. President Gerald Ford formally declared an end to the Vietnam Era. In Saigon, renamed Ho Chi Minh City, the North Vietnamese military staged a rally to celebrate their takeover.

In 1980, Paul Geidel was released from a New York prison after serving a record term of nearly 69 years. He'd been convicted of second-degree murder in 1911.

In 1983, Canadian "Sunny's Halo" became the second Canadian horse to win the Kentucky Derby.

In 1984, a US\$180 million out-of-court settlement was announced in the "Agent Orange" class-action suit brought by Vietnam veterans who charged they'd suffered injury from exposure to the defoliant.

In 1992, former senior Quebec cabinet minister Claude Morin admitted he was a paid RCMP informant from 1974-77.

In 1995, Jacques Chirac was elected president of France.

In 1998, Chrysler announced it was merging with Germany's Daimler Benz in a \$40 billion stock deal to become DaimlerChrysler AG. (Daimler eventually sold the money-losing Chrysler unit to Cerberus Capital Management LP. In 2009, Chrysler formally filed for Chapter 11 bankruptcy protection after announcing a new partnership with Fiat. Under restructuring, the U.S. government would take an eight per cent stake of the automaker and Ottawa and Ontario would jointly hold a two per cent stake. In 2011, the governments sold their remaining shares to Fiat.)

In 2001, one of Britain's 1963 Great Train Robbers returned home from Brazil after 35 years as an escaped fugitive. The ailing 71-year-old Ronald Biggs had been in Brazil since 1970. A London judge sent him back to prison. (He was released from prison in August 2009 on compassionate grounds. He died on Dec. 18, 2013.)

In 2009, Manny Ramirez of the Los Angeles Dodgers was suspended for 50 games for violating Major League Baseball's drug policy, and became by far the highest-profile player ensnared in the sport's anti-drug program. He forfeited \$7 million of his \$25 million salary. (He retired from the sport in April 2011 rather than face a 100-game suspension for a second positive test. He returned in 2012 but had to sit out the first 50 games.)

In 2010, the Supreme Court of Canada ruled that journalists have no blanket right to shield confidential sources. The court ruled 8-1 against the National Post and former Post reporter Andrew McIntosh, who sought to quash

a search warrant issued almost a decade ago as part of what became known as the Shawinigate affair.

In 2012, Vladimir Putin took the oath of office in a brief but regal Kremlin ceremony, while on the streets outside thousands of helmeted riot police prevented hundreds of demonstrators from protesting his return to the presidency.

In 2012, British Columbia formally apologized to the Japanese-Canadian community for the internment of thousands of people during the Second World War. Over 22,000 Japanese-Canadians placed in internment camps in B.C. and across Western Canada.

In 2015, British voters returned David Cameron's Conservative Party to power for a second term, but with an unexpected majority - albeit a slim one. The Labour Party was routed in Scotland by Nicola Sturgeon's pro-independence Scottish National Party, which took almost all of the 59 seats.

In 2016, Canadian-owned Nyquist won the Kentucky Derby by 1 1/4 lengths, the fourth consecutive favourite to win the first jewel of thoroughbred horse racing's Triple Crown.

In 2017, French voters elected 39-year-old independent centrist Emmanuel Macron as the country's youngest president, delivering a resounding victory to the pro-European former investment banker and dashing the populist dream of far-right rival Marine Le Pen.

In 2018, Nestle announced it paid US\$7.15 billion to handle global retail sales of Starbucks's coffee and tea outside of its coffee shops.

In 2019, Jean Vanier - credited around the world for giving a voice to people with developmental disabilities - died in Paris at the age of 90 after suffering from thyroid cancer. The Canadian founded L'Arche, which has communities in Canada and in 37 other countries that are home to thousands of people both with and without disabilities. There are 29 L'Arche communities spread across Canada from B-C's Comox Valley to Cape Breton, Nova Scotia.

In 2019, The Edmonton Oilers officially named Ken Holland as their new general manager and president of hockey operations. The Oilers introduced Holland at a press conference at Rogers Place, confirming earlier media reports that Holland was set to take over the struggling team from interim GM Keith Gretzky. Edmonton had made the playoffs just once since advancing to the Stanley Cup final in 2006. Holland led the Detroit Red Wings to 25 straight playoff appearances and four Stanley Cup titles.

(The Canadian Press)



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CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

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VYBW HRY PRDI, TYG TH WRU VYBW
HRY MNI PRDIZ TH RGWINK."
— JNMXE VRNAMX (P. JNMXE TMYV)

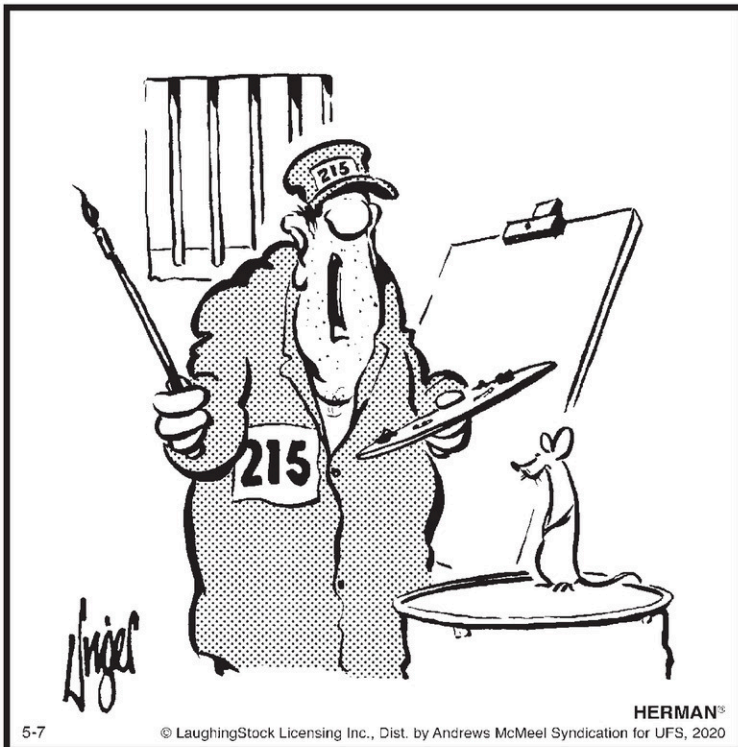
Previous Solution: "I have often wished for just a few words of love from one man, rather than the applause of thousands of people." — Judy Garland

TODAY'S CLUE: E equals K

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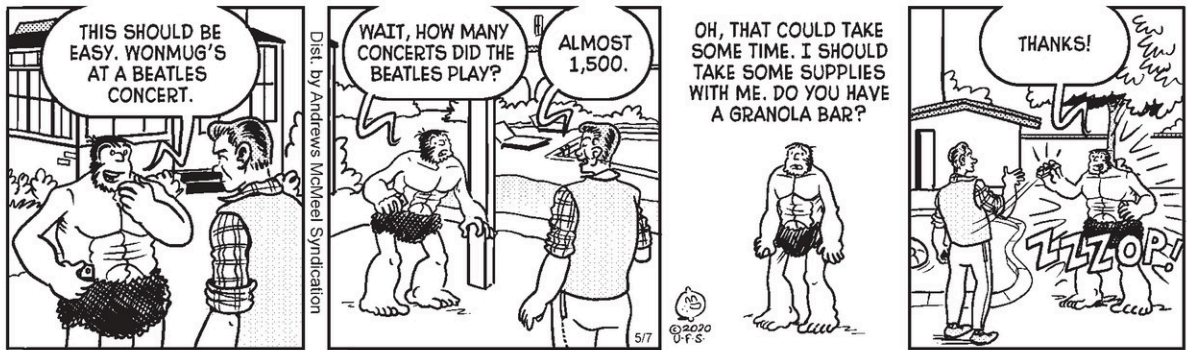


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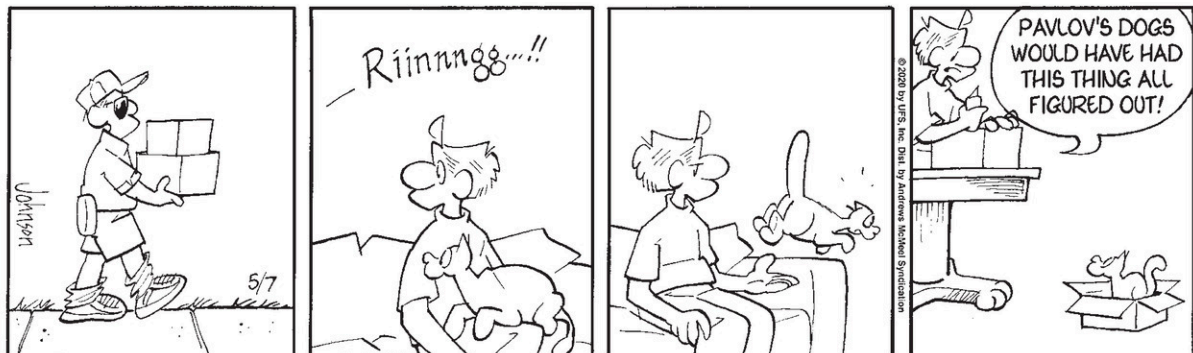


"Will you keep your head still?!"

ALLEY OOP



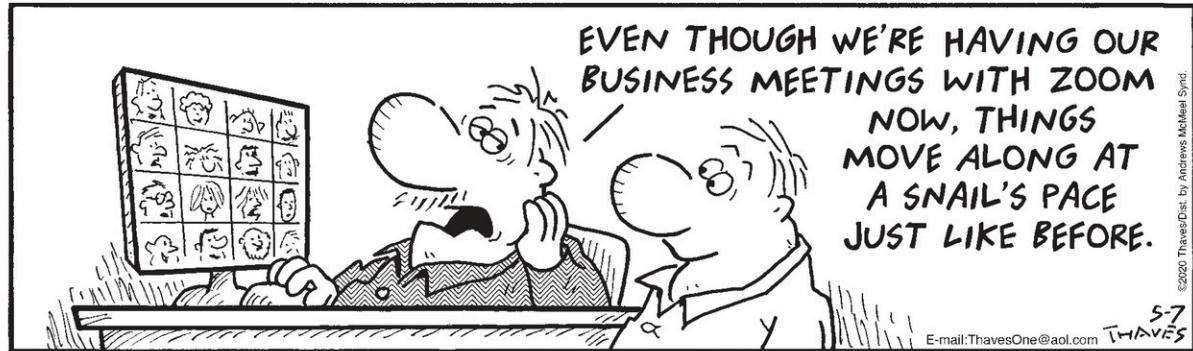
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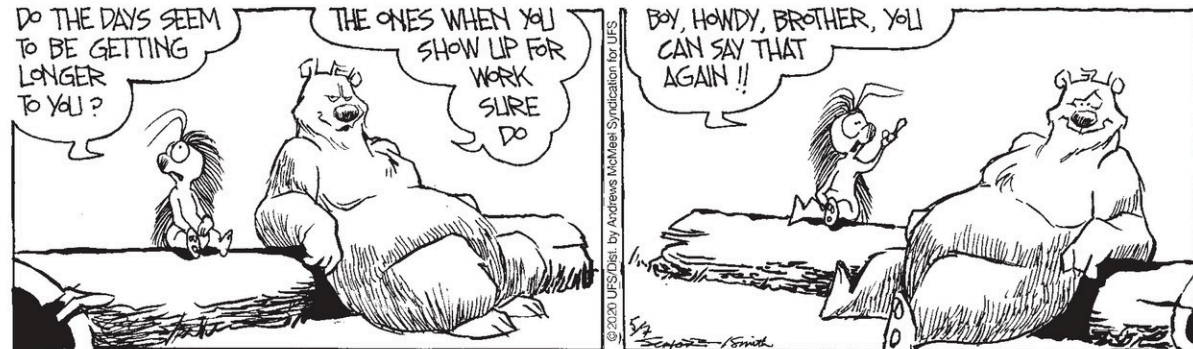
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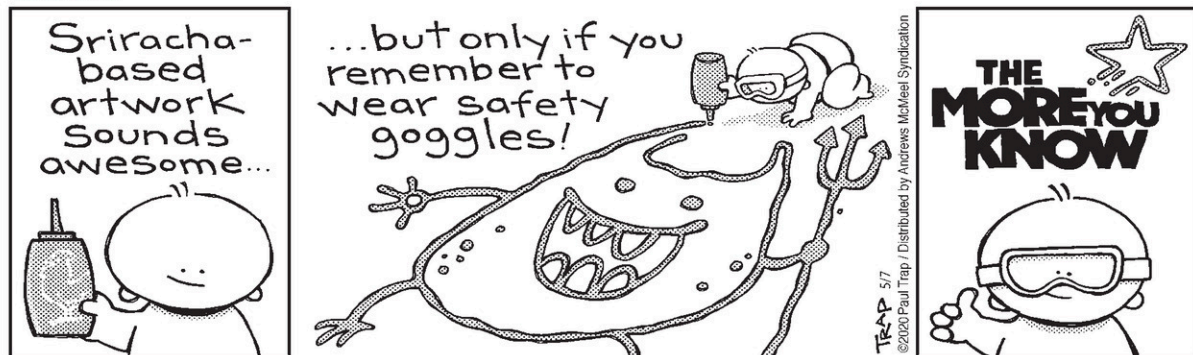
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7	9	1	4	5	6	2	3	8
2	6	3	9	7	8	1	5	4
9	4	7	5	3	1	6	8	2
8	1	6	2	9	4	5	7	3
3	2	5	6	8	7	4	9	1
6	3	2	8	4	9	7	1	5
5	7	9	1	2	3	8	4	6
1	8	4	7	6	5	3	2	9

HOW TO PLAY:
 Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

Taking time to grieve

Dear Annie

THURSDAY, MAY 7, 2020

Dear Annie: I have been good friends with Wanda for over 20 years. Though our friendship has lasted a long time, it's not been without its trials. This is mostly because Wanda has a tendency to make everything about her.

Recently, my beloved mother passed away after a long illness. When that happened, Wanda called me – to tell me that it reminded her of her own mother's passing several years ago. She said this was very difficult for her, and she asked if I would be there for her during this time. Since then, she has called me twice to reminisce about her mother. She has not asked about me or my mother even once.

I am not unsympathetic to Wanda's feelings. I know she misses her own mom very much. Despite that, I feel like it's incredibly selfish of her to make my mom's passing about her grief. Though she's been selfish before, this seems like the worst thing she has done. It was my mom who just died, not hers! Am I being unreasonable here? I know there is no timeline for grief, so I'm not expecting Wanda to be "over it." I just might like a little acknowledgment of my own loss. Should I say anything to her? – My Mom's Death Is Causing My Friend Grief

Dear MMDICMFG: Where to begin. I am so incredibly sorry for your loss. And I'm sorry that you have to deal with your friend's behavior on top of

that.

Psychologist and grief specialist Megan Devine writes about the tendency for people to make others' losses about them, in a post titled "But What About MY Grief" on her website Refuge in Grief:

"As a culture, we don't make space for loss. ... That means that nearly every person is carrying a backlog of unexpressed, unacknowledged pain. Like a dammed up river, unexpressed pain seeks expression. Wherever it can. It's what happens when we hear someone else in pain, and we rush to say, 'Me, too! I lost (insert person's name) when I was young, so I know just how you feel.' Grief becomes a competition for the scarce resource of love and support."

While that might help explain Wanda's actions, it doesn't mean that you need to offer her that kind of support – quite the opposite. To avoid carrying your own "backlog" of pain, you must make your own feelings a priority now. Give yourself whatever you need during this time of grieving, including space from Wanda.

You are not obligated to say anything to her to explain your being distant; but if you'd like to, go ahead. What you told me really says it all: You feel for her, but you've just lost your own mom, and you need to focus on that. You've clearly got compassion in spades, so I have no doubt you'll handle it in a caring way.

Dear Annie: What is the link to the sleep body scan

meditation that was mentioned in one of your recent columns? I have looked all over. – Scanning

Dear Scanning: You can find that recording, and many others from the UCLA Mindful Awareness Research Center, including Spanish versions, at the following URL: <https://www.uclahealth.org/marc/mindful-meditations>.

"Ask Me Anything: A Year of Advice From Dear Annie" is out now! Annie Lane's debut book – featuring favorite columns on love, friendship, family and etiquette – is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information.

Send your questions for Annie Lane to dearannie@creators.com.



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NEA Crossword Puzzle

Your Birthday

ACROSS

46 Comic

- 1 Male duck
- 6 Necessary task
- 11 Scat! (2 wds.)
- 12 Spurred on
- 13 Abate
- 14 Blurred
- 15 Revise
- 16 Oater showdown
- 17 All, in combos
- 19 Hockey's — Mikita
- 23 Mineral spring
- 26 Loan figure
- 28 Coloration
- 29 Eddies
- 31 Stops up
- 33 And so
- 34 Hangmen's loops
- 35 Type of poem
- 36 News, briefly
- 39 Part of mpg
- 40 Nuisance
- 42 Bireme movers
- 44 Norse god of warfare

- strip queen
- 51 Makes up for
- 54 "— Twist"
- 55 Absorbedly
- 56 Feel bitter
- 57 Glorify
- 58 Retail giant

DOWN

- 1 Believe
- 2 Rev the engine
- 3 Egyptian solar deity
- 4 Pal, slangily
- 5 Summer in Quebec
- 6 Approach
- 7 Drives a semi
- 8 Strange
- 9 Gas pump abbr.
- 10 Ben & Jerry rival
- 11 Lingerie buy
- 12 NASA outfit (hyph.)
- 16 Chromo-some material

Answer to Previous Puzzle

N	E	S	T			C	U	R	S	E				
B	E	L	I	E	F		U	P	R	O	A	R		
A	R	M	A	D	A		S	A	D	D	L	E		
R	O	O	M		Y	O	U		U	S	E			
					G	E	A	R	S					
F	R	I	T	O		S	P	A	C	E	S			
B	I	D	E	S					W	O	R	L	D	
I	T	E	M	S					I	N	N	E	R	
A	S	P	I	C	S				N	E	E	D	Y	
					P	R	O	N	G					
S	E	T		O	B	I		T	O	R	T			
S	A	T	U	R	N				P	L	O	V	E	R
A	S	T	R	A	Y				S	A	F	E	L	Y
C	H	A	F	E					P	U	N	Y		

- 18 Fem. title
- 20 Chooser's word
- 21 Tool for boring holes
- 22 Monster hunter's loch
- 23 Nobel or Garbo
- 24 Conifers
- 25 Circle portion
- 27 Nature (pref.)
- 29 Hit the mall
- 30 Luau souvenir
- 32 Hack off
- 34 Mail motto word
- 37 Deafening
- 38 Ceiling fixture
- 41 Scout's rider
- 43 Oregon capital
- 45 Texas computer giant
- 47 "Mona —"
- 48 Constantly
- 49 Camping gear
- 50 Matisse piece
- 51 What — you doing?
- 52 Push to the limit
- 53 Make a choice
- 54 Mork's planet

THURSDAY, MAY 7, 2020

Open and honest discussions will alleviate stress and anxiety. Holding things back will be detrimental. Being forthcoming will help you reach your life goals. Act in your own best interest to achieve the freedom you desire. Your happiness is your responsibility.

TAURUS (April 20-May 20) – Strive for success and you will find it. If you are compassionate but realistic, everyone will listen to what you have to say.

GEMINI (May 21-June 20) – Set up an interview, answer online job postings that appeal to you and put your plans in motion. Offer your skills and services, and don't be afraid to brag about your accomplishments.

CANCER (June 21-July 22) – A cherished relationship will strengthen if you have a discussion that promotes positive change. A contribution you make will boost your reputation. Take a unique approach to an old problem.

LEO (July 23-Aug. 22) – Don't put up with pressure tactics. Walk away from discord and people looking for a fight. Put your time and energy into personal gains, investments and better health.

VIRGO (Aug. 23-Sept. 22) – Learn all you can. Take an online course, listen to experts and make adjustments that will improve your lifestyle. An unusual partnership will encourage personal growth. A commitment looks promising.

LIBRA (Sept. 23-Oct. 23) – Look at every angle, take precautions when

dealing with others and change only what's necessary. Put greater emphasis on your appearance, fitness and health. Romance is in the stars.

SCORPIO (Oct. 24-Nov. 22) – Plan to do something unfamiliar, exciting and entertaining. A change you make will encourage someone close to you to join in and explore the possibilities. A different lifestyle will intrigue you.

SAGITTARIUS (Nov. 23-Dec. 21) – Address your current economic situation and make a change. Cut your overhead, sell things you don't need or arrange to share your expenses with someone in a similar position.

CAPRICORN (Dec. 22-Jan. 19) – Suggest positive changes, alternatives and ideas for future contributions. Taking a unique path will offer a different perspective regarding lifestyle and relationships.

AQUARIUS (Jan. 20-Feb. 19) – Know when to say no. Don't get involved in someone else's venture. Put more time and thought into what you want and whom you want to work alongside. Romance is in the stars.

PISCES (Feb. 20-March 20) – Use your skills to make a difference. Reaching out to an old friend will be enlightening and will encourage you to make a personal change that will result in added stability.

ARIES (March 21-April 19) – Patience will be required if you plan to get things done correctly. How you handle your money will affect your quality of life. A long-term investment is favored.

THURSDAY, MAY 7, 2020

The knave may make a rakish play

By Phillip Alder

In "Hamlet," William Shakespeare wrote, "How absolute the knave is! we must speak by the card, or equivocation will undo us."

Back when England ruled the waves, a jack in a pack was known as a knave. When playing bridge, beware of the knaves. If declarer leads an unsupported knave from the board or his hand, it probably will not be in your best interest to cover with the queen, even if you have the 10 as well.

Suppose declarer opened one spade and his partner raised to four spades. In spades, the dummy holds J-9-7-6-4, while you, sitting over the dummy, have Q-10-3. Declarer leads dummy's spade knave. It is a good play, but don't fall for it. Play low smoothly. Declarer must have A-K-8-5-2. He is trying to persuade you to cover, in which case he will pick up the suit for no losers, later finessing you out of your 10. If you play low, he is bound to put up his king, expecting a 2-1 break.

However, I once saw a player with numerous world team titles make that mistake.

Now you will have no trouble

		North	05-07-20
		♠ J 2	
		♥ 8 7 4	
		♦ A K 3	
		♣ K J 8 4 2	
West		East	
♠ K		♠ Q 10 6	
♥ K Q 10 9 5		♥ A J 6 2	
♦ Q 8 7 6 2		♦ J 9 5	
♣ 10 5		♣ Q 9 7	
		South	
		♠ A 9 8 7 5 4 3	
		♥ 3	
		♦ 10 4	
		♣ A 6 3	
Dealer: North			
Vulnerable: East-West			
South	West	North	East
		1♣	Pass
1♠	2♥	Pass	3♥
4♠	Pass	Pass	Pass
Opening lead: ♥ K			

defeating the four-spade contract in today's deal.

West leads the king and another heart. Declarer ruffs, plays a diamond to the king and calls for the spade knave. Don't even think about playing your queen! If you do, it's goodbye plus score, hello egg on your face when partner's king drops under declarer's ace. You will have compressed your side's two trump tricks into one.

	1	2	3	4	5		6	7	8	9	10			
11							12							
13							14							
15							16							
				17	18				19	20	21	22		
		23	24	25		26		27		28				
29					30			31	32					
33							34							
35					36	37	38			39				
40				41		42			43					
				44	45				46	47	48	49	50	
51	52	53						54						
55								56						
57								58						