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The Rotary Club of Westmount helped collect 38 second-hand bikes, for reuse in underdeveloped countries, at Saturday's bicycle drive next to Victoria Hall. Seen here are Rotarian Ted Sancton (second from right) with David Arto Laleyan, Claude Beausejour and Geraldo Frankenberger of Cyclo Nord Sud, which ran the collection. See story on page 8.

## Westmount welcomes its new top cop

Jessica Murphy

Station 12 has a new police commander. Stéphane Plourde has taken over from Michel Wilson, who transferred to Station 3 to serve residents of L'Île-Bizard, Pierrefonds-Roxboro and Sainte-Geneviève.

Westmount's former commander made the leap after almost a year-and-a-half in the city so he could spend more time with his three young children.

It's Commander Plourde's first time at the helm of a station. He comes to Westmount with four years under his belt with the major events unit at headquarters downtown.

Prior to that he was with the canine and cavalry unit for two years. In 1997, he spent six months as a United Nations observer in Haiti, which he calls a tremendous learning experience.

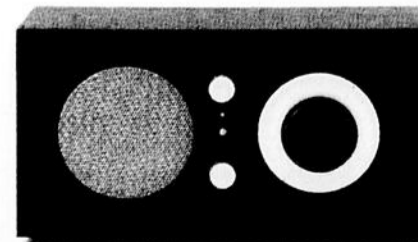
"We have the chance to do a lot of things as police," he said.

Continued on page 2

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# Lulham hopes to regulate wasteful phone book distribution



City councillor Cynthia Lulham

Photo: Martin C. Barry

Martin C. Barry

**A**n overabundance of phone books like the Yellow Pages delivered door-to-door in Westmount has prompted city councillor Cynthia Lulham to complain about what she calls an "enormous waste" of paper.

"I received a Yellow Pages book yesterday on my front balcony, and it's the third one I've gotten in as many months," she said. "There are many different companies putting them out, and the apartment building next to me got 12. Here we are trying to be a sustainable city

and they're able to distribute these without any permit. They sit outside the apartment buildings and then end up in people's blue boxes. What an enormous waste."

Lulham, who has attended many Federation of Canadian Municipalities meetings over the years as Westmount city council's delegate, said she made a motion to the FCM. "Back when these were part of Bell Canada, they received the ability to distribute them door to door, both the phone book and the Yellow Pages," she said.

Lulham contacted the Yellow Pages and was told they now have a list of where res-

idents can ask to not have Bell phone books delivered to their homes, although this doesn't affect directories delivered by other companies.

"If you don't want the Bell Yellow Pages, you can go on their web site and you can ask not to have it delivered," Lulham said. "You have to do it each year however, which I find a bit ridiculous. So we are hoping the Federation of Canadian Municipalities will step in. But it's such a waste of a resource and many people, including myself, use a computer. I think those who want it should be able to get it, but if you don't want it you should be able not to get it."

# Police warn of pickpocket with new tricks

Jessica Murphy

An unwary Westmounter got a nasty surprise on Nov. 2 as he walked out of a local bank following a late morning errand.

As he left the building on Sherbrooke Street and began walking south along Victoria Avenue, a liquid with a nauseating

odor was splashed onto his head and jacket.

At that moment, a seeming Good Samaritan appeared, offering him help cleaning his coat. The man pulled off the coat, brushed away the sickening substance, handed the coat back and walked away.

But when the victim later checked his pockets, his wallet was gone.

"This is a pretty common way of operating all over the world," said Sergeant-Detective Yvonne Opdam.

She pointed out that crooks will use easy diversions like spilled drinks or condiments to distract a mark while snatching his or her money, wallet, purse or luggage.

Opdam and Station 12 police are asking for residents to report any similar incidents and to refuse help from strangers if they find themselves splashed with a similar liquid. They should walk into a nearby store, if possible, to clean up.

They also recommend being careful and aware of surroundings when withdrawing money at the bank.

Opdam says the pickpockets will keep using the same tactic if they're successful.

Police are looking for a white man in his 40s who was wearing dark-coloured clothing at the time of the Victoria Avenue incident, but Opdam says anyone could be involved.

"It's not just one person," she said. "It's an organized way of doing things."



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Canada

# Westmount welcomes its new top cop

Continued from page 1

Plourde joined the force in 1989 and proudly sports his brand new 20-year pin.

So far, the biggest event of his career was one that touched many Westmounters: the 2006 Dawson College shooting.

"I wasn't the first to arrive, but I got there as a wave of people fled the building," Plourde recalled.

The new commander says road safety will be one of his top priorities.

With delivery vans, cars, pedestrians and cyclist jockeying for space, the intersection at Sherbrooke Street and Victoria Avenue is especially problematic, he noted.

"Speeding is also something we're concerned about," he said.

Plourde said he's pleased to be inheriting a strong working relationship with Westmount Public Security and that Station 12 will assist them on curbing graffiti in the neighbourhood.

He's also impressed by the work ethic at the station.

"I've been told this is a safe neighbourhood," he said. "People work together here and are getting results."



New Station 12 commander Stéphane Plourde.

## Council considers gun control resolution

Martin C. Barry

**M**ayor Peter Trent is not ruling out the possibility that city council may pass a resolution expressing support for the federal government to further tighten gun control legislation.

Last Monday evening during council's first public meeting since the municipal elections, Trent was asked during question period by Roger Jochym of Lewis Avenue whether Westmount would follow the

example of Montreal city council, which plans to pass such a resolution.

Jochym said Westmount should "urge the federal government to further tighten the regulations so that the possibility of guns being used to kill, wound and maim innocent people continues to constantly be reduced, as it has this past 10 years.

"I would suggest this be done to commemorate the life of Anastasia De Sousa," he added, referring to the 18-year-old De Sousa, who was shot and killed during a shooting rampage at Dawson

College three years ago, in which 19 others were injured, some seriously.

Trent said that after the Polytechnique murders in 1989, he became involved with the gun control movement. One of its strongest proponents was Heidi Rathjen, who had been a student at the University of Montreal's École polytechnique, where 14 women were shot to death.

"I made a number of speeches, wrote a lot of articles and supported her in any way, shape or form," Trent said. "So I'm very much in favour of gun control. As for this



Mayor Peter Trent: Strong support for gun control. Photo: Martin C. Barry

particular issue, certainly council has to take a look at it. We are nine people, I'm just one. But my past record has been one of being very strongly in favour of gun control."

## Bike path could stay open through winter

Martin C. Barry

The City of Westmount may follow through on a suggestion that its bicycle path along de Maisonneuve Boulevard be kept open throughout the year, like bike paths in the City of Montreal, rather than being closed during the winter.

"Certainly in principle and at first blush the idea of having a four-season bike path makes sense," Mayor Peter Trent said when

asked during last Monday's city council meeting.

"I was always curious as to why in Montreal it was four-seasons and in Westmount it was three. But — and here's the but — the devil's in the details, and a prior council must have had their reasons to close it for the winter.

"I gather from an article in a paper which shall not be mentioned that rather than closing it on the 15th of November,

we're now going to only close it when there's a large snowfall, which could even bring us into January.

"We're five out of nine on this council that are either brand new or retreads, and so it's going to take us a little while to look at it and find out what the reasons were as to why we closed it down, and I'm sure there are a lot reasons with regard to snow removal operations and things of that kind. So I'm not promising anything, but we will look into it."

Offering a counterpoint, city councillor Cynthia Lulham said she had heard complaints from residents on de Maisonneuve Boulevard who say they cannot get in or out of their driveways for the bike traffic. The cyclists aren't respecting the stop signs, and they tend to speed, she said of the complaints.

Despite these conditions, Lulham said she would be in favour of Westmount's bike path being open all year.



**Westmount**




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Professeur de géographie urbaine, UQAM  
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Cette causerie aura lieu à la Bibliothèque de Westmount (4574, rue Sherbrooke O.).

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David Hanna  
Professor of Urban Geography, UQAM  
When was your house built? Who built it? How to find out the history of your house, including a look into Westmount's archives.

This seminar will take place at Westmount Library (4574 Sherbrooke Street W.).

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City of Westmount



**EMPLOIS D'ÉTÉ 2010**

Soyez avisés que les formulaires pour les emplois d'été 2010 seront disponibles sur le site Web de la Ville ainsi qu'à la réception de l'Hôtel de ville de Westmount à compter du mardi 1<sup>er</sup> décembre 2009, du lundi au vendredi de 8 h 30 à 16 h 30.

Veuillez compléter et retourner la demande d'emploi avec toute documentation requise au :

Service des ressources humaines  
Ville de Westmount  
4333, rue Sherbrooke Ouest  
Westmount (Québec) H3Z 1E2

**Veuillez noter que la date limite pour soumettre votre candidature est le vendredi 30 janvier 2010.**

*Les postes seront octroyés selon les qualifications et l'expérience de travail et seules les personnes retenues seront rencontrées pour une entrevue.*

**SUMMER EMPLOYMENT 2010**

Please note that the 2010 Summer Employment forms will be available on the City's Web site, as well as at the reception desk of Westmount City Hall starting Tuesday, December 1, 2009, from 8:30 a.m. to 4:30 p.m., Monday to Friday.

Kindly complete and return the application form, along with any required documentation, to:

Human Resources Department  
City of Westmount  
4333 Sherbrooke Street West  
Westmount, Quebec H3Z 1E2

**Please note that the deadline to submit your application is Friday, January 30, 2010.**

*The positions will be awarded to candidates with the appropriate qualifications and experience and only those selected will be interviewed.*

**WWW.WESTMOUNT.ORG**

# OPINION

## New council weighs old technology



WAYNE LARSEN  
**Commentary**  
 larsenw@transcontinental.ca

About halfway through 'All the President's Men', a 33-year-old classic that remains one of the best investigative journalism stories of all time, there is a scene where one of the intrepid reporters must find out where a potential source — a mere name on a piece of paper — is living. It could be anywhere in the United States, so he drags himself to a room in the Washington Post office where phone directories for every city in the country are stored, and begins the long, tedious task of thumbing through each of them.

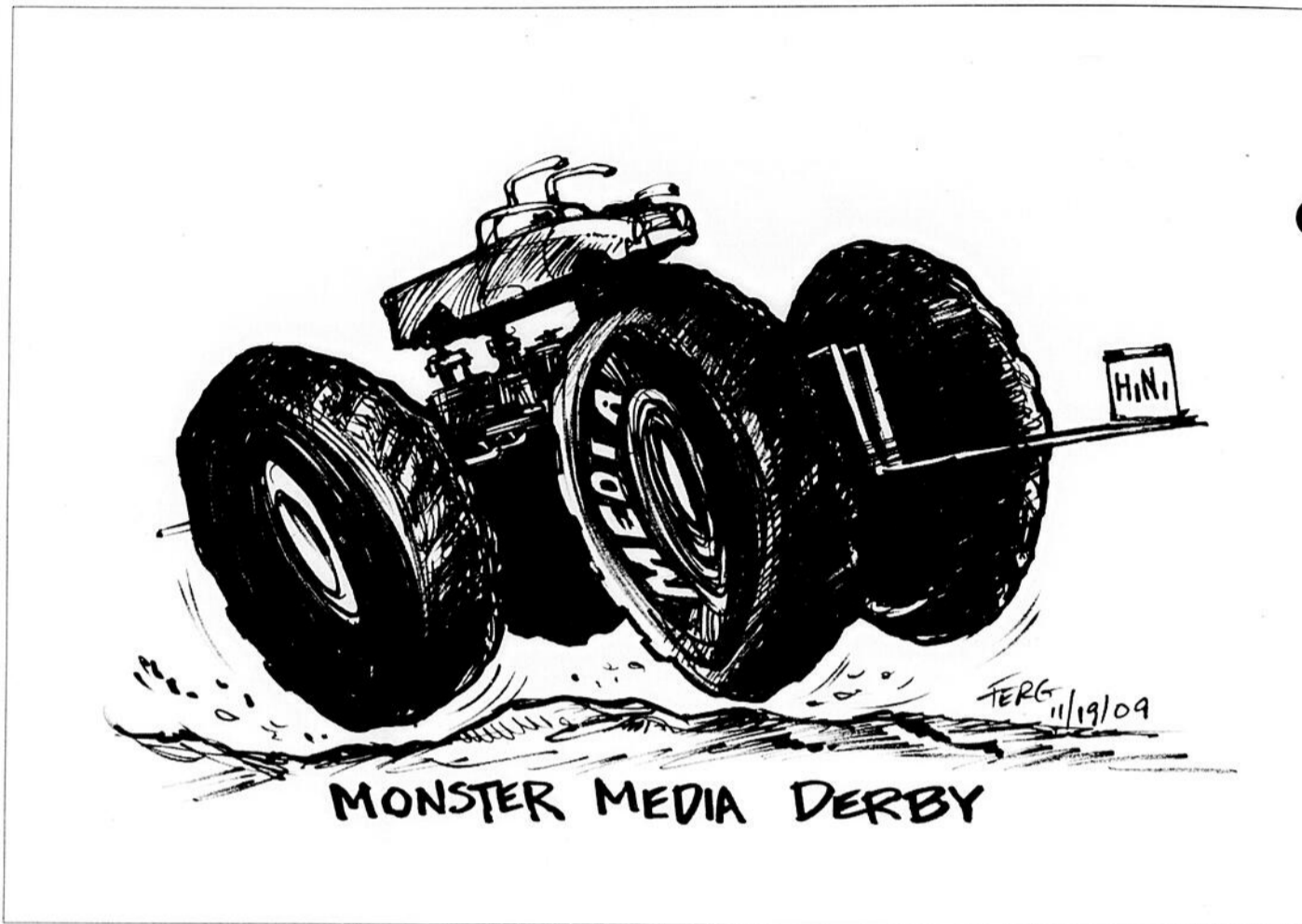
A few years ago, during a screening of the film for Concordia journalism students, a wave of laughter swept through the classroom during that scene. "Duh! Just look it up on the Internet!" the class's token wiseass called out. "Google the guy!"

It was funny, but of course to him and his classmates the very idea of a phonebook is so outdated that its very existence is almost absurd. They know there was a time, not too long ago, when if you needed to find an acquaintance's phone number, a store or a local service, you automatically went for the phonebook, usually kept within easy reach from the phone. Now many people simply go to their computer, or even their cell phone, to find in a few seconds what it used to take a few minutes to look up in the big, cumbersome phonebook.

But despite the recent leaps and bounds in technology, the Yellow Pages and other publications have kept appearing on our doorsteps as usual. Of course these are fine, reputable businesses that have every right to continue doing what they do, but with fewer people needing them, many phonebooks get tossed into the recycling bin immediately upon delivery — a blatant waste of material and labour.

Earlier this week, city councillor Cynthia Lulham pointed out that unsolicited delivery of so many phonebooks has become a problem — certainly in Westmount, but no doubt everywhere else. She is absolutely right, and her call for some regulation in the matter is both timely and wise.

If this issue is followed up, we may soon have legislation allowing people the choice of how to "let their fingers do the walking," and help the environment at the same time.



MONSTER MEDIA DERBY

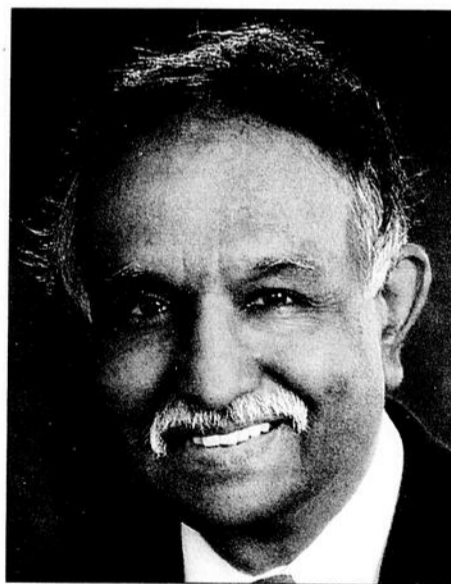
## Community mourns Dr. Lal

Marilynn Vanderstaay

Westmount recently lost another great and noble man who, in addition to being an acclaimed psychiatrist and researcher, personified humility and kindness. Dr. Samarthji Lal died on Sunday, Nov. 1, after a lengthy battle with cancer.

A resident of The Boulevard, Dr. Lal was well known in the community, often seen on the arm of his wife, Dr. Maureen Kiely. But as he was a modest man, even many of his neighbours may not have been aware of his accomplishments and the legacy he has left in Montreal and beyond as a pioneer in biological psychiatric research.

After completing his residency at Queen Mary Veterans Hospital and his McGill Diploma in Psychiatry, in 1967 Dr. Lal was awarded a four-year Medical Research Council of Canada Fellowship to study at



Dr. Samarthji Lal

the Allen Memorial Institute with the internationally recognized neurochemist Dr. Theodore Sourkes.

A decade later, filled with a series of clinical studies, Dr. Lal co-founded the Douglas Mental Health University Research Centre with Dr. N.P.V. Nair. The following year, Dr. Lal established Canada's first and only (still in existence) brain bank at the Douglas Hospital.

In 1991, after playing a pivotal role in acquiring funding from the EJLB Foundation, he set up the McGill Centre for Research in Schizophrenia, which led six years later to the establishment of the Boeckh Family Foundation of the Grahame Boeckh Chair in Schizophrenia at McGill.

As a research specialist, Dr. Lal authored more than 200 publications in peer reviewed journals and books.

Continued on page 9

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# COMMUNITY LIFE

**Old NEWS** from the archives  
1935-2009

## West End showcases Jewish artists

**Ten Years Ago**  
November 11, 1999

**PARADE SAVED:** "Although its future was recently in doubt, Westmount's Santa Claus Parade is back on track thanks to a group of volunteers who rallied upon hearing the annual event might not take place this year. According to Maria Koutroumanis, one of the volunteer coordinators, the parade will proceed through Westmount as originally scheduled on Sunday, Dec. 5 at approximately 1 p.m. This year's theme will be simply 'Christmas.'"

**Fifteen Years Ago**  
November 10, 1994

**TRENT ON BOURQUE:** "Montreal's new mayor should work to create a climate of regional cooperation among municipalities, Westmount Mayor Peter Trent said this week in the wake of Pierre Bourque's sweeping victory at the polls. It is not clear where the Vision Montreal leaders stand on regional issues, the mayor said, noting most of Bourque's pronouncements to date have dealt with the city of Montreal. 'He's a bit of an unknown factor,' Trent said."

**Twenty Years Ago**  
November 9, 1989

**CULTURE CONSULTATION:** "Westmount residents are invited to help shape the future of the city by participating in Monday's town meeting on leisure, culture and rebuilding projects. The special consultation evening starts at 7:30 p.m. in Victoria Hall, the building at the centre of a proposed multi-million dollar facelift. The meeting is being held by the city to find out from citizens what kind of facilities and leisure programs they want and need for Westmount in the long term."

**Twenty-Five Years Ago**  
November 8, 1984

**ROYAL RIP-OFF:** "A purse belonging to Princess Marie-Christine of Belgium was stolen from her as she shopped Oct. 31 on Greene Avenue, police said. Total amount of the theft was \$400. The theft took place when the 33-year-old princess, who is staying in Dorval, was inside a fabrics shop."



### Marilynn Vanderstaay Around Westmount

In recognition of the release of Esther Trepanier's revised book, *The Jewish Painters of Montreal*, first published in 1987, and the upcoming retrospective at the McCord Museum in February 2010, Florence and Michael Millman, owners of the West End Gallery, 1358 Greene Avenue, hosted a vernissage last weekend to launch their exhibition *Selected Works 1935 to 1980*.

The work features the works of Montreal Jewish artists Sylvia Ary, Jack Beder, Alexander Bercovitch, Sam Borenstein, Rita Briansky, Ghitta Caiserman-Roth, Eric Goldberg, Harry Mayerovitch, Jan Menses, Louis Muhlstock, Ernst Neumann, Jack Nichols, Moe Reinblatt, Regina Seiden, Fanny Wiselberg, and Rose Wiselberg.

"The only painters to reflect on the social reality of their day, they are recognized for their contribution to modern art in Canada. The West End Gallery is very proud of its association representing members of this group since 1948," said Michael.

Author Trepanier is professor with the Department of Art History at the Université du Québec à Montréal and an exhibition curator.

'Selected Works 1935-1980' continues at the West End Gallery until Nov. 25. For more information phone 514-573-5133 or go to [www.westendgallery.com](http://www.westendgallery.com)

#### Helping Pops' kids

The Kensington Knitters, that spirited group of senior knitters who are committed to keeping homeless street youth warm one blanket at a time, hosted their ninth annual presentation of blankets, hats and mittens and even dog coats to Father Emmet "Pops" Johns, founder and president of Dans la Rue.

Twenty years ago, Johns founded the organization that takes care of Montreal's street youth. Nine years ago former social worker Miriam Berger founded the Kensington Knitters in an effort to both help the kids in a practical way and get the knitters in the senior residence to interact once a week over tea and knitting. The

result was an annual tea where Johns and his organization are celebrated with the gifting of knitted items presented during a fashion show of the blankets and more. This year the 30 women knit 19 blankets.

Donations of real yarn and knitting needles are always appreciated. For more information phone or email Doreen at 514-935-1212 or [recreationpk@hotmail.com](mailto:recreationpk@hotmail.com)

#### A dash of Shakespeare



Repercussion Theatre gave a surprise performance of *Shakespeare Unplugged* for residents of Place Kensington last week. Known to Montrealers for its Shakespeare in the Parks summer series, Repercussion Theatre, a non-for-profit organization, is one of the few theatre companies in the world that tours professional classically-based productions to different communities.

The cost is always free but donations are gladly received. For more information phone 514-931-2644 or go to [www.repercussiontheatre.com](http://www.repercussiontheatre.com)

#### A legacy of philanthropy

On Thursday, Nov. 26 at 12:30 p.m., the Atwater Library Lunchtime Series will celebrate St. Andrews Day with a talk by author Richard Feltoe on the life of Montreal business leader and philanthropist John Redpath. The 19th century Scots-Montrealer was a major builder of the Atwater Library of the Mechanics' Institute of Montreal.

Feltoe is Redpath's biographer and curator of the Redpath Sugar Museum in Toronto. His book, *A Gentleman of Substance: The Life and Legacy of John Redpath, 1796-1869*, will be on sale. Coffee

and Scottish shortbread will be served.

#### Merchant Marine shares experiences with Rotarians

As part of its Remembrance Day meeting, the Rotary Club of Westmount invited veteran Merchant Marine and Manoir resident John Byers to recount some of the experiences and sacrifices of the Merchant Marines.

Byers began his presentation by first explaining who the Merchant Marines until 2000 the orphan force of the Canadian Military, not recognized by Canada's Veteran Affairs.

Byers joined the Merchant Marine in 1941 at the age of 17 and served on Norwegian vessels, surviving many German bomber attacks in waters infested with U-Boats and mines. Canada's merchant navy was vital to the Allied cause during the Second World War. Its ships transported desperately needed equipment, fuel, goods and personnel to Europe and around the world. By the end of the war thousands of Canadian and Newfoundland men and



women had served in the merchant navy, including those serving on allied ships.

More than 25,000 merchant ship voyages from North America to Britain were made. From 1939 through 1945 convoys of 30 to 75 ships assembled in Halifax and Sydney for the trans-Atlantic voyage. The Merchant Marine had a higher percentage of casualties than other Armed Forces and the crew members could be as young as 14 or 15. Today, Byers is president of the Montreal chapter of Merchant Marines. The veteran will celebrate his 86th birthday on Nov. 22.

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# Rotarians collect 38 bikes for El Salvador

**T**he Rotary Club of Westmount's recent call for old, outgrown and unused bicycles was answered by bike owners last weekend, and by the end of Saturday's collection at Victoria Hall, 38 secondhand bicycles had been picked up or delivered for shipment to El Salvador by Cyclo Nord Sud.

Rotarians Joan Samuels and Marilynn Vanderstaay sat sheltered from the cold wet day in the adjoining art gallery, handing out receipts to donors, while fellow Rotarian Ted Sancton spent a large part of the day picking up bicycles from as far away as Hampstead and Cote St. Luc.

And donors from Westmount, NDG and even La Salle drove in the pelting rain to deliver bicycles they knew would make life easier for the recipients.

At the site, three volunteers from Cyclo Nord Sud received the bicycles, evaluated them for tax receipts and then stripped them for shipping. When rain broke out, the doors of the Conservatory were generously opened to them for shelter.

On Monday, the collected bicycles were added to the 375 already in a ship container at the Port of Montreal, bound for El Salvador, where students will learn how to refurbish them. Then they will be distributed to families in areas where going for water or firewood can mean a walk of several kilometers.

For the Rotarians, the collection was so successful that they decided on the



Rotarians Marilynn Vanderstaay (left) and Joan Samuels kept up the administrative end of last Saturday's bike drive at Victoria Hall.

spot to host another one in the spring when Westmounters are starting to think about cycling and replacing their bikes.

For the volunteers at Cyclo Nord Sud,

although it was the last official collection of the season, after a short winter break, their work continues. From April to November the warehouse at 7235 St. Urbain St. (at Jean Talon) is open to

receive used bicycles. Go to [www.cyclonordsud.org](http://www.cyclonordsud.org) or phone 514-843-0077 or email [info@cyclonordsud.org](mailto:info@cyclonordsud.org) for more information. And like the Rotary Club, they also do pickups.



## City raises Olympic Torch Relay flag

Mayor Peter Trent was on hand to raise the Olympic Torch Relay flag outside city hall on Wednesday, in anticipation of the Olympic Torch's arrival in Westmount on Dec. 10 on its way to the Vancouver Winter Olympics. He was helped by several City officials and dignitaries, including Sports & Recreation administrator David Lapointe (left) and local Scout leader Andrew MacDougall (right).



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# FEATURE

## Confessions of a history detective

Archive documents recount human drama

Robert N. Wilkins

A recent visit to an antiquarian book show led to an intriguing find. Stashed in among a collection of vintage post cards were three black and white photos taken after a long-ago winter fire. I stared at them intently, wondering where and when the massive conflagration took place.

All three images depict the near-total ruins of several buildings encased heavily in ice. Several people can be seen standing about, seemingly satisfying their curiosity through their presence.



The Goulden and Casey pharmacy at the time of the 1922 fire...

One photo, and only one photo, provides some clues as to the possible location of the blaze. On it, amidst the abundant verglas, can be seen several words — "Goulden and Casey, Sherbrooke W., Melrose 930." With this limited information, I decided to play my own version of history detective and conduct a search into the precise whereabouts of this fire. The starting point for me was obvious.

### Tracking it all down

Lovell's Street Directories of the City of Montreal and surrounding suburbs are now available online. They usually can provide a wealth of information in any local history investigation. These records start in 1842 and continue virtually uninterrupted into contemporary times. Judging from the winter dress of the handful of people seen standing around in the photos, I decided to start my search at 1915 and quickly learned

of the existence of a Goulden & Casey Pharmacy at several different sites within the confines of Montreal.

Bell Canada's telephone directories are available in microfilm form at the Quebec Archives on Viger Square. They helped me pin down the exact location of the buildings in question. The January 1922 edition held an entry for Goulden and Casey at 5628 Sherbrooke West (the old civic address). The reported telephone number was Melrose 930. The same listing was no longer found in the July 1922 publication (there being two annual editions of Bell Canada's directories in those days). Clearly, the fire took place sometime during the first three months of 1922.

Somewhat excited at my relatively rapid progress in learning more about the blaze, I decided to begin a day-by-day search through the microfilmed copies of the old and now-defunct Montreal Star. A conflagration of such magnitude would surely have been a significant news story, I reasoned.

My quest did not require too much effort before coming to a dramatic dénouement. Totally unexpectedly, it also proved to be quite tragic.

### Facts emerge

The Monday, Jan. 23, 1922 edition of the Montreal Star (and all local newspapers, for that matter) reported about a blaze that completely engulfed the Harvard and Vimy Apartment blocks in the very heart of Notre Dame de Grace. Newspaper reports put the damage at between \$250,000 and \$400,000 in money of the day. Much more important, two firemen were killed in fighting the blaze when a wall fell upon them. Another four were injured, illustrating once again the dangers of the profession.

Dead were Lieutenant Napoleon Desloges, 33, and Fireman Louis Paul Presseau, 28, both of Station 34. They were



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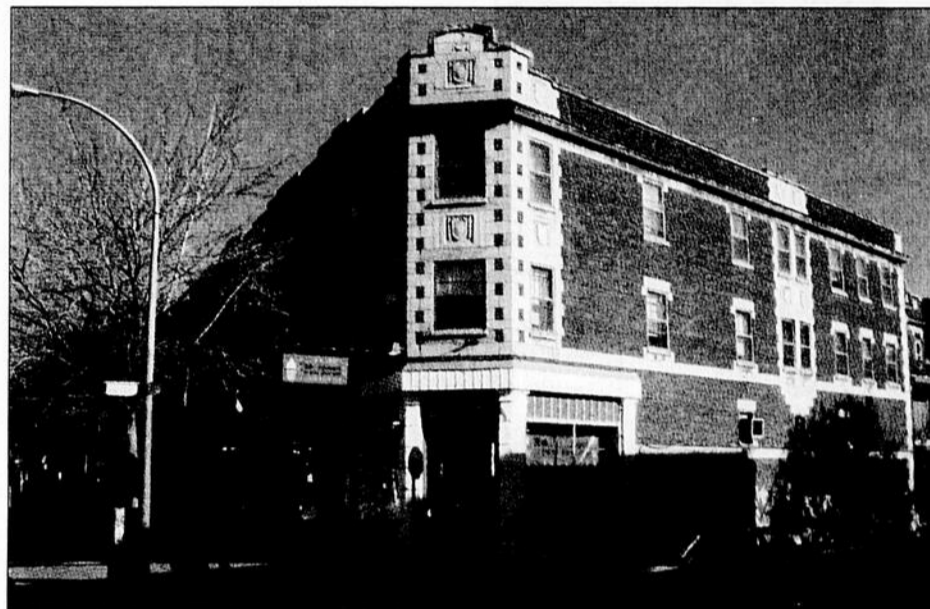
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... and the building as it appears today.

accorded a grand civic funeral a few days later. A Requiem Mass was sung at St. James Basilica on Dorchester Street (today Mary Queen of the World) in the city centre and a funeral procession snaked through the streets of a grieving metropolis. Yet a bigger surprise came a while later.

The three photos reflected a fire of great destruction. In fact, only the shells of the buildings destroyed remained standing. Demolition would have seemed inevitable.

However, when a few days ago this par-

ticular history detective decided to check out the intersection in question (Harvard and Sherbrooke), I was astonished to observe that the surviving facades were completely re-integrated into the structures fashioned to restore those ruined by the blaze which took place all those years ago!

• Robert N. Wilkins is a researcher and writer with the Quebec Family History Society, an anglophone genealogical association based in Pointe Claire. He can be reached at montreal\_1900@hotmail.com

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## TALK OF THE TOWN

### Giving Hope Today

The Salvation Army will be holding a breakfast at the Queen Elizabeth Hotel Dec. 1 at 7:30 a.m. for the launch of its Christmas Kettle Campaign, the biggest annual fundraising event of this charitable organization. Larry Smith, President and CEO of the Alouettes will speak on the benefits of investing in the community, something that your Examiner strongly believes in. [www.armeedusalut.ca](http://www.armeedusalut.ca)



### Fish pedicure is creating a splash!

Anh is seen enjoying the new trend at Spa Dahlia beauty salon located in Promenades Cathedrale; a fish pedicure treatment done by placing her feet into a tank filled with small garra rufa fish, more commonly known as Dr. Fish. Spa Dahlia is the only place in Canada offering this revolutionary treatment. 625 Ste-Catherine W. 514 843-3288 [www.spadahlia.com](http://www.spadahlia.com)

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### Meeting on Greene

Westmount Examiner publisher Denis Therrien takes a break for the photographer as he is discussing and supervising distribution on Greene Avenue with Samuel Brisson, distribution agent and Michel Lafranchise, distribution supervisor. Your Examiner is distributed in one day, each Thursday. Should you not get your copy, please let us know by calling Michelle David at 514-685-4690 ext. 221

### New place, same high quality



RE/MAX Westmount recently moved its Greene Avenue office a few steps away. In this photo, co-owners Joyce Faughnan and Andre Campeau are proudly standing outside their new location at 1314 Greene Avenue. 514-933-6781.

8 Thursday, November 19, 2009 [www.westmountexaminer.com](http://www.westmountexaminer.com)

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## ECS get two thumbs up

Miss Edgar's and Miss Cramp's School (ECS) recently learned that it has received accreditation from the Canadian Education Standards Institute (CESI), an accrediting body for independent schools that applies a rigorous process based on international best practices.

The CESI accreditation process at ECS got underway more than a year ago when, as Head of School Katherine Nikidis explains, "We decided that in recognition of the benchmarking that our centennial would bring, and in anticipation of building a new strategic plan, we should undergo a CESI review in order to know ourselves better and to plan for the future."

This process itself is an intensive one, as the CESI review takes in the entire school, including physical plant, human resources, academic programme, community relations, admissions, governance and school leadership. At ECS, the internal review began in the fall of 2008 and continued until the school submitted a report consisting of submissions from each of the 11 Standards committees in March 2009.

It was truly a school-wide community endeavour, as parents, board members, alumnae, as well as staff members were consulted and represented on the various Standards teams.

After reviewing the report, a team of educators and administrators from across

the country visited ECS over the course of three days in April, met with community members, interviewed staff, and attended a variety of events. The Head of School and Board Chair received the external team's report early this fall, with news of the accreditation approval following in October.

The final report included numerous commendations and recommendations, which will be invaluable to both strategic and operational planning in the months and years to come. The long list of commendations included praise for "ECS's very involved parent volunteers... the number and range of co-curricular activities... the work ECS has accomplished in the communications area," and the school's "creative use of space."

Recommendations ranged over a variety of areas, and will be reviewed and responded to by the appropriate school staff and leadership groups, including the new School Improvement Committee.

As ECS's in-house CESI Coordinator (and librarian) Rennie MacLeod commented, the process was a positive and valuable one. "This was an opportune time for all of us to reflect as a school community, to highlight the great things we are doing, and to look at the ways we can improve upon and build on that greatness as we begin our next century at Miss Edgar's and Miss Cramp's School," she said.

## Brown to deliver Shaar's Adilman lecture

Congregation Shaar Hashomayim has announced that this year's Mona Elaine Adilman Lecture on the Environment's keynote speaker will be Prof. Peter G. Brown, who will speak on the topic 'Environmental Moral Challenges in a Growth-Driven Economy'.

The free public lecture takes place next Monday, Nov. 23 at 8 p.m. at Congregation Shaar Hashomayim, 425 Metcalfe Ave.

Prof. Brown is director of the McGill School of Environment and the author of the books *Restoring the Public Trust: A Fresh Vision for Progressive Government in America* and *The Commonwealth of Life: Economics for a Flourished Earth*. He is also the co-author of *Right Relationship: Building a Whole Earth Economy*.

For more information, contact Shaar Hashomayim at 514-937-9471.

## Community mourns Dr. Lal

Continued from page 4

But above all that Lal was first and foremost a full time clinician whose personal credo was "first do no harm." Even after the diagnosis Lal continued to work five or six days a week from 8 a.m. to 6 p.m. or later treating and helping patients. He reluctantly let his last patient go just the Thursday before he passed away the following Sunday with his wife Maureen, son Alex and daughter-in-law Victoria Marin at his bedside.

Dr. Lal was cremated and two-thirds of

his ashes will be spread in two special places along the Ganges River in India. The other third will be buried in the Kiely family plot.

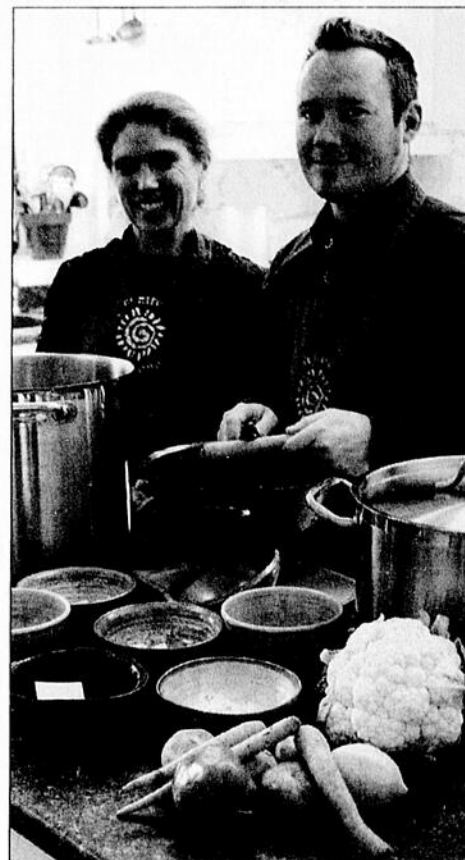
A celebration of Dr. Lal's life will be held on Friday, Nov. 20 at 1:30 p.m. at Mount Royal Commemorative Services, 1297 Chemin de la Foret in Outremont. In lieu of flowers, donations to Schizophrenia and Neurodevelopmental Disorders Research at the Douglas Mental Health University Institute, 6875 LaSalle Boulevard, Verdun, QC H4H 1R3 would be most gratefully appreciated.

## Centre Greene helps fill the bowls

As Centre Greene celebrates its 20th anniversary, the local community centre is finding ways of helping others — and one initiative is to support the Empty Bowls project. Thanks to a generous donation, staff and volunteers at Centre Greene will be featuring the Empty Bowls project as part of their annual Treats & Treasures holiday bazaar this Saturday, Nov. 21.

For those who are not familiar with the program, here is how it works. For a \$20 donation, homemade soup is served in a hand-made bowl donated by a Quebec potter, and the bowl is yours to keep. All funds raised through this effort are used for children's food programs at Centre Greene.

The Treats & Treasures bazaar, which takes place from 10 a.m. to 3 p.m. at Centre Greene, 1090 Greene Ave., has more than 20 tables and offers crafts, a bake sale, children's activities, gifts, and a light lunch for a modest price. Admission is free, and all proceeds go to support community programs at Centre Greene. For more information, call 514-931-6202 or visit [www.centregreene.org](http://www.centregreene.org)



Centre Greene's Anna Johansson and Wesley McCoy prepare for the Empty Bowls fundraiser as part of this Saturday's Treats & Treasures bazaar.

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# LET'S EAT

## :: Villa Taormina ::

### Classic Italian cooking in a thoroughly modern setting

- Toulou Foscolos -

The stretch of St-Joseph Blvd. in Lachine that faces the waterfront is a beautiful place. It's no wonder then, that, over the years, a number of restaurants have chosen to open up shop along this strip, catering to the throngs of visitors who long for some idyllic dining surroundings during our oh-so-brief summers.

Among them stands Villa Taormina, by no means a newcomer to the scene. In fact, the restaurant has been there close to a quarter century, and owners Paolo and Elena Mercuri, are doing everything it takes to ensure it keeps going strong.

I quickly chose the Pasta Duo (manicotti stuffed with ricotta and spinach and spaghetti in a tomato sauce) for \$14.95, while my friend opted for a classic Italian dish, Spaghetti Bolognese. Our main dishes came with a choice of appetizers: three kinds of soup (mine-

stone, chicken pastine, cream of mushroom) or Italian mixed salad. The extensive lunch menu also included such specialties as Pollo de Casa (chicken) for \$16.95 and Pesce Fresco del Giorno (fish of the day) for \$17.95, as well as a Midi-Express for \$9.95 (soup or salad and a choice of four kinds of pasta with a choice of 15 homemade sauces). Their menu also features such Italian classics as Osso Bucco, Lobster tail and milk-fed veal.

My chicken pastine soup was as homemade as it gets without having your very own grandmother make it, while my friend proclaimed his minestrone soup to be "the best he's ever had." We shared an order of bruschetta, overflowing with chunks of freshly cut tomatoes, sprinkled with basil and deliciously drenched with olive oil. The bread at Villa Taormina is made on the premises and served piping hot.

The elegantly designed dining room, with its muted cappuccino walls and soft music playing in the background allowed for the patrons (many of which appeared to be long-time clients) to quietly enjoy their meal in a relaxed environment.

My two cannelloni were generously stuffed with ricotta and spinach, with a simple tomato sauce poured over them. I sampled my friend's spaghetti Bolognese and was impressed. It's a dish I rarely order because I usually find it heavy on the meat and light on taste.

Taormina's version is the exact opposite, allowing the meat to flavour the sauce and not overpower it. Fresh cheese and freshly ground pepper were provided for every entree and main course.

Owner Paolo Mercuri - who runs Taormina with wife Elena - comes from a long line of restaurateurs (many of them with long-established restaurants in our city) and believes cooking is in his blood.

"I picked up recipes from my family and I've always had a natural knack for it," he explained. "It's great when people acknowledge what you do and enjoy your food."

The great thing about Villa Taormina is that it's been serving up great Italian fare for 22 years and it's not showing its age at all. The upstairs Taormina Lounge, designed in bright browns and splashes of red, has taken the Supper Club concept and brought it to Lachine's waterfront. With space for 90 people sitting down, 130 standing, a DJ booth, and a bar, the space

has everything one would need for a fun gathering and is always booked solid for private parties throughout the year.

So, how do two owners who proudly share the fact that they're from Calabria, Italy, end up naming their restaurant after Taormina, a beautiful village in Sicily?

"When we purchased the business 25 years

ago, we promised the former owner that we would try and keep the name going," Elena Mercuri told us. "He was retiring and his children didn't want to continue the business."

Twenty five years later and Taormina is still going strong. The Mercuris sure know how to keep a promise...



OWNERS  
PAOLO & ELENA  
MERCURI

"It's great when people acknowledge what you do and enjoy your food."

Paolo Mercuri

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# Pain lecture augments library collection

Matthew Surridge

The Westmount Public Library's new collection of items on pain management will be supplemented with a live presentation next Thursday, Nov. 26, when Dr. Jeffrey Mogil will speak on 'Genes, Gender, and Friends: The emerging science of pain control'

Dr. Mogil is the E.P. Taylor Professor of Pain Studies at McGill University.

The library's new collection of material about pain and pain management comes in part thanks to a grant from the Louise and Alan Edwards Foundation. The Library was given \$4,000 over three years to establish their collection.

"So far we have 48 items ... dealing with various aspects of pain management," said reference librarian Mai Jay. "They're split between chronic pain books and special areas ... specific parts of the body."

The creation of the collection involved a collaboration between many different parts of the library. "One of our library board members is a psychiatric nurse, Jean Williams, and she's been a big advocate of building a consumer health collection," said Jay.

Williams and former Library Director Ann Moffat suggested titles, which were finally selected by Jay, reference librarian Benoit Morin, and outreach librarian Donna Lach.

"All the professional librarians have worked together to try and get this up and running," said Jay.

The Library has put together a pamphlet listing some of the titles in the pain management collection, and Jay noted that "We have a special icon ... on the website that will give you a list of the whole collection." The icon may be accessed directly at <http://westlibcat.org/westmountvw/vubis.csp>, or by going to the library's home page and clicking the Catalogue link.

Dr. Mogil's talk will take place in the library Nov. 26 at 7 p.m. The event is free to all, but people are asked to register at the circulation desk ahead of time. For more information, call 514-989-5299.



## Artisans start the holiday countdown



Victoria Hall as the place to be last weekend as the 11th annual Westmount Artisan Festival attracted crowds of browsers from the community and well beyond. From birdhouses to jewellery, from simple knick-knacks to elaborate textiles, visitors had the chance to purchase a wide variety of handmade items, all in time for the coming holiday season. Seen here, Flora-Lee Wagner (who once again co-organized the event with Ilyse Segal) shows off her contribution to the festival, which also serves as a fundraiser for the traditional Public Security holiday food drive.

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## Siblin strikes a chord with two QWF awards

Matthew Surridge

**I**n a week marked by major Canadian literary prizes, Westmount author Eric Siblin's name has been front and centre lately.

Siblin was heavily nominated for his non-fiction book *The Cello Suites*. Although the best-selling work did not win a Governor General's Prize on Tuesday, it did score twice at the Quebec Writers' Federation Awards on the same night. Siblin took home the Mavis Gallant Prize for Non-Fiction, as well as the McAuslan First Book Prize, each of which carry a cash prize of \$2,000.

He is also nominated for a Writer's Trust

Non-Fiction Prize, which will be announced next week.

"I won't say it's immaterial whether I win or lose, but it certainly feels terrific having landed these nominations," Siblin said last week. "In truth, while I was writing the book, I think a lot of my friends and colleagues thought it was very idiosyncratic and uncommercial. So I've been pleasantly surprised to see how the book has done."

Moving elegantly between three narrative strands, the book tells the life story of Johann Sebastian Bach, the story of 20th-century cellist Pablo Casals and his fascination with Bach's cello suites, and the growth of Siblin's own interest in Bach's music. The structure is derived from the

suites themselves, tying together music, politics, war, and love.

"My goal from the beginning, in terms of writing the book, was can I extract a story from a piece of music?" Siblin reflected. "The book tries to do a lot of things, but one of the hidden agendas of the book is to turn people on to classical music the way that I experienced it. Because before I started on this project I was really a classical neophyte."

Siblin noted that response from cellists has been "overwhelmingly positive," with some musicians giving him "the supreme compliment" of saying his book influenced the way they play the music.

The *Cello Suites* is only Siblin's first



'The Cello Suites' author Eric Siblin

Photo: Marcie Richstone

book. "I'm writing fiction now," he said of his future plans. "That feels every bit as daunting as writing about a piece of music."



Dawson students Sammy Panetta and Stephanie von Roretz in *Her Infinite Variety*. Photo: Diane Moon

## Dawson celebrates Shakespeare's women

From Juliet to Ophelia, so many memorable female characters emerged from the writings of William Shakespeare, and now the Professional Theatre Program of Dawson College is putting them in the spotlight.

In *Her Infinite Variety*, the immortal women of such classics as *The Merchant of Venice*, *Macbeth*, *Othello*, *Twelfth Night*,

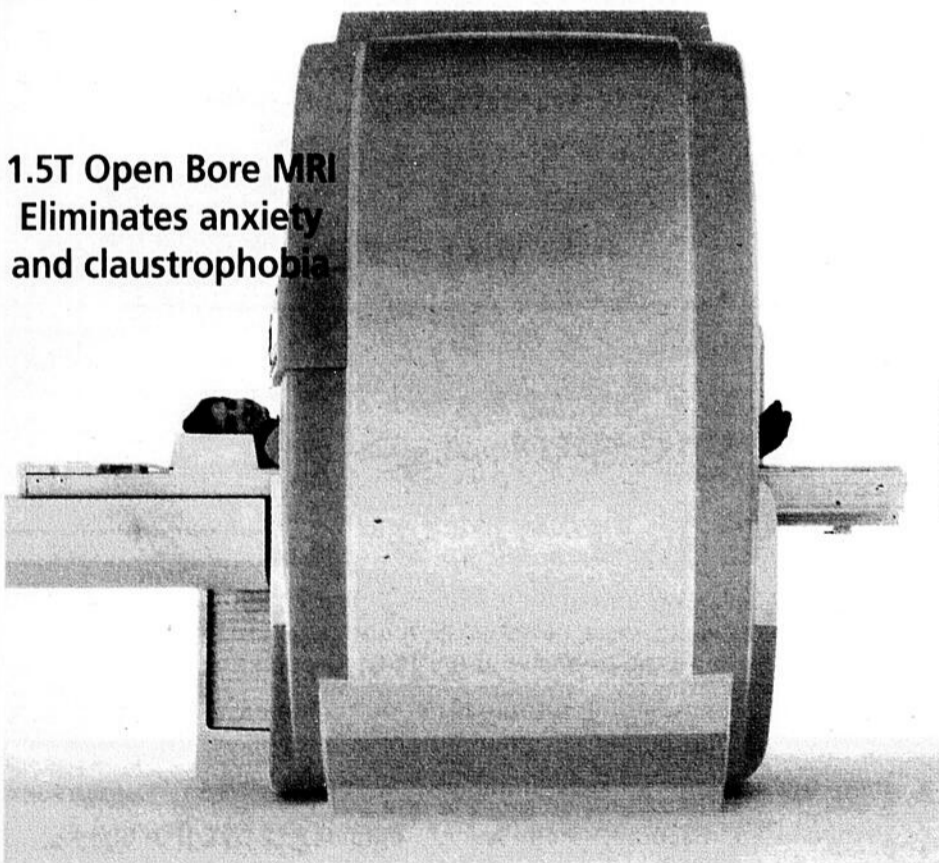
and *As You Like It* are featured in a collection of scenes adapted by Victor Knight and Frederick Ward.

Directed by Knight, *Her Infinite Variety* is currently being performed at Dawson's new theatre, 2000 Atwater Ave. For ticket info and show times, call the box office at 514-931-5000 between 6 and 8 p.m. on weekdays and on Saturdays from 1 to 5 p.m.

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# Uplifting all traces of that dark November feeling

Marilyn Smith Carsley

**T**here is no season I adore more than the yearly unveiling of the autumn months. The vibrant color palette of leaves marvellously depicts October's crowning glory with its array of hues.

When the weather turns, masking the heated memories of summer, I truly never experience any seasonal despair. Elation as to what lies ahead is my personal realization that I can vigorously stroll the area in layers of sweaters and scarves under the dazzling sunlight, surrounded by the glorious picturesque foliage. Even the November bleakness and sparse effects of nature never affect me adversely as I have learned that every season possesses pleasurable entertainment activities, but occasionally they must be sought after, and appreciated.

To me and many others, late fall has always signified that initiation of hibernation time and there is that tendency to crave the indoors, especially when winter rolls out its snowy blanket covering. People may complain about the cooler temperatures, and dream of going south, but there is absolutely no need to believe that there is nothing to do when the weather becomes frostier. I am not diminishing the impact of winter's occasional fury that forces us to remain inside as those times can be spent pleasantly with an absorbing book and if work is absolutely necessary, computers hook us up with ease. But in order to elaborate further on other modes of fall and winter entertainment, I shall try to direct all Westmounters as to what the area offers in terms of activities to make those impending cool temperatures feel much warmer.

### Sports & Recreation

My first recommendation to all families is to pore carefully through the Westmount Recreation book. There are such a variety of clubs to keep everyone with various tastes occupied without even leaving the area and what they offer is not solely for children. For those young individuals and for a minimal cost, you can enrol your child in skiing, dance, skating, hockey, karate,



playgroup, scrap booking and the list goes on. There is also the Parent/Child Workshops offering self-defence, street proofing, and even a unique and necessary course in how children can learn to handle those bullying situations. The adult programs are so diverse as well and they include dancing, badminton, pilates, yoga, bridge, basketball and much more. There is an abundance to choose from and there really is something to suit everyone.

### The Westmount Library

The Westmount Public Library has an absorbing array of book reading events and sometimes simply relaxing and reading in the library itself is sufficient. By visiting frequently, you may discover novels you may have never heard about that are so worthwhile.

The children's library hosts a diverse selection of book clubs, an author lecture series, films and literary competitions. The atmosphere is also ideally private for homework and research. It is imperative for parents to encourage the use of the library, as it is the most advisable destination for research and studying. Many students do not take advantage of this facility and realistically, distractibility lessens drastically in this environment. In addition, it is beneficial for young individuals to learn to focus and research before the CEGEP years so that the transition and skills to do so are in place before high school is completed. Many students do claim that these tools

were drastically lacking when they entered those years of higher education.

### The Westmount Y


The Westmount Y has always been renown for fitness and its varied exercise classes. There is nothing healthier or better than getting into shape especially in the winter when there is that tendency to slow down due to that natural and more lethargic feeling resulting with our shorter and darker afternoons. The programs offered really do have something for all ages. Once Christmas and Hannukah enter the scene, do not forget about the outdoor

skating rinks and if you would rather, the indoor rink at the Westmount Recreation building lists a schedule specifying hockey and free skating hours as well.


### City activities

Yearly, the City of Westmount features many upcoming community events such as the Fall Flower Show, which begins on Nov. 19, the Harmonia Westmount Christmas Concert on Nov. 27, the Christmas tree lighting and party on Dec. 16, and the Hanukkah party on Dec. 16. Frequenting one or all of these occasions reinforces that sense of community as we connect with new and old acquaintances at the same time in a sharing atmosphere.

As I reside at home on this cool November day, I am also contemplating an afternoon visit to one of my weekly Westmount destinations; the library. Each and every time, I visit, the aura and serenity of reading or searching for something is continually a delight, and there are always some informative notices posted about something I may have forgotten or been unaware about. But most of all it also gives me the opportunity to stroll in the connecting Westmount Park and remind myself how fortunate I am, that even after 26 years, I still love exactly where I live.



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- Théâtre du quartier – 3990 Notre-Dame Street West

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- Palais des congrès – 1001 Jean-Paul-Riopelle Street

#### CSSS LUCILLE-TEASDALE

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# Sudoku

PUZZLE NO. 219

	6		3			7		8
5	4		8					
7				6				5
	2	6				3		9
8		9				6	2	
	8			4				6
					2		9	1
1		2			9		8	

ANSWER TO PUZZLE NO. 219

2	8	4	6	3	9	7	5	1
1	6	5	2	8	7	4	3	9
9	3	2	1	4	5	7	8	6
5	2	9	3	7	6	1	8	
4	1	8	9	2	6	5	7	3
6	7	3	8	5	1	9	2	4
3	5	1	4	9	2	8	6	7
2	9	6	7	1	8	3	5	4
8	4	7	5	6	3	1	9	2

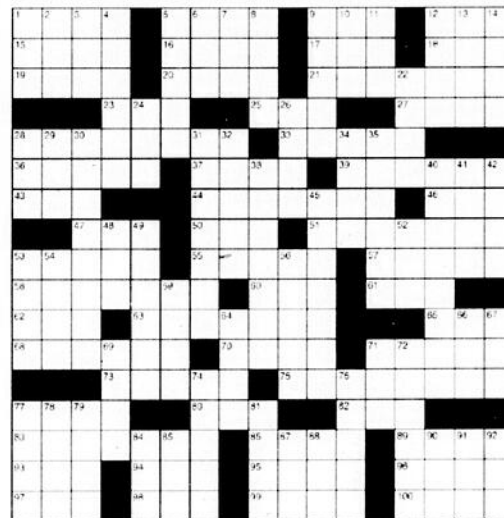
### HOW TO PLAY:

Fill-in the grid so that every row, every column and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: **you must not repeat the numbers 1 through 9 in the same line, column or 3x3 box.**

## X CROSSWORD

PUZZLE NO. 483



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### ACROSS

- Fall on \_\_\_\_\_ ears
- Mine car
- Gear tooth
- Feminine pronoun
- Seed covering
- Disrespectful
- Fearful admiration
- Embrace
- Reminding note
- Before long
- Dissolving
- Green
- Utilize
- Black
- Bombarded
- Flourless cake
- Discourage
- Fisherman's aid
- More creepy
- Baltic or Bering
- Volatile solvent
- Blended whiskey
- Came together
- Dads
- Spoke
- One who stares
- Leg extension
- Arab bigwigs
- Conduct
- 1,440 minutes
- Boring routine
- Physique, for short
- Masked ball attire
- Fore's partner
- Form a thought
- Angler's tool
- In motion
- Offspring
- Icy
- Name of a person, place, or thing
- Fishing boat item
- Aloft, to Keats
- Connect for service
- Enchanted
- "Do \_\_\_\_\_ others ..."
- Average mark
- Hawaiian food
- Expanse
- Henhouse
- Be in the wrong
- Tyke
- Some evergreens
- Brim

### DOWN

- Block up
- Formerly
- Direct at a target
- Plants, as a whole
- Drag a seine
- Gallop
- Hubbub
- Diner card
- Star's small role
- Be obliged to pay

- Hairstyling product
- Front of the calf
- Lump
- Like an omelet
- Bleacher feature
- Demeanor
- Editor's word
- Radio spots
- Notice
- Rampage
- Passes
- European gold coin, once
- Apartment payment
- Wobble
- Remains
- Aggravate
- Ogler
- 1981 Warren Beatty film
- Shout louder than
- Always, in poems
- Expanses of land
- Queensland bird
- Asian desert
- Footless creature
- Gold fabrics
- Little piggies
- Birch or willow
- Particular evergreen
- Attempt
- Misbehavin'™
- Monkey's relative
- Certain pine
- Not illuminated
- Very small quantities
- Agreeable
- Rare person
- Employer
- Waiter's need
- Fitting
- Chapel seat
- Affirmative gesture
- Coat
- Ajar, to a bard

ANSWER TO PUZZLE NO. 483



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# BULLETIN BOARD

## Thursday, Nov. 19

The Atwater Poetry Project, led by poet Katia Grubisic, presents readings by poets Susan Musgrave and Ken Babstock, at 7 p.m. in the Atwater Library, 1200 Atwater Ave. Everyone is welcome. Free admission.

The Westmount Historical Association's fall lecture series continues with the topic 'William Notman: Photographer' featuring guest speaker Nora Hague, photographic archivist of the Notman Archives in the McCord Museum, at 7 p.m. in the Westmount Room of the Westmount Public Library, 4574 Sherbrooke St. W. Admission is free for WHA members, \$5 for non-members at the door.

## Saturday, Nov. 21.

Bake Sale and Bazaar with lunch at St. Trinity Serbian Orthodox Church, 349 Melville Ave., from 10 a.m. to 4 p.m. We serve fresh and homemade bread, pasta, pies, cakes, cookies, etc. Info: 514-931-6664.

Centre Greene, 1090 Greene Ave., holds its annual Treats and Treasures bazaar from 10 a.m. to 3 p.m. The bazaar has over 20 tables and offers crafts, bake sale, children's activities, gifts, and a light lunch at a modest price. Admission is free, and all proceeds go to support our community programs. Info: 514-931-6202 or [www.centre-greene.org](http://www.centre-greene.org)

## Sunday, Nov. 22

Bake Sale and Bazaar with lunch at St. Trinity Serbian Orthodox Church, 349 Melville Ave., from 10 a.m. to 4 p.m. We serve fresh and homemade bread, pasta, pies, cakes, cookies, etc. Info: 514-931-6664.

## Tuesday, Nov. 24

The Westmount Y Centre presents a lecture on skin care by Dr. Manish Khanna, director of Dermatologic Surgery at the Jewish General Hospital and at the McGill University Health Centre, at 7 p.m. at the Westmount Y Centre, 4585 Sherbrooke St. W. This event is open to the general public and free of charge, however, donations are welcome (donations of \$10 or more will receive tax receipts). Info: Tracy Kamel at 514-931-6770 ext.248.

## Wednesday, Nov. 25

The Handicrafts Group of Manoir Westmount, 4646 Sherbrooke St. W., invites you to their annual Bazaar to benefit Montreal charities, from noon to 2 p.m. For sale are Christmas crafts, knitted goods, 'nearly new' items, jewelry, baked goods, and much more. Info: 514-937-3943.

## Thursday, Nov. 26

The Atwater Library's Lunchtime Series marks St. Andrew's Day with guest speaker Richard Feltoe, who will give a talk at 12:30 p.m. on John Redpath, the 19th century Scots-Montrealer business leader and philanthropist who was a major builder of the Atwater Library of the Mechanics' Institute

of Montreal. Everyone is welcome and coffee and Scottish shortbread served. Free admission; donations invited.

## Sunday, Nov. 29

Temple Emanu-El-Beth Sholom holds its Big Bazaar and Gold Sale from 9 a.m. to 5 p.m. Clothing, accessories, kitchenware, furnishings, and so much more! On-site gold appraiser will pay cash for gold. 4100 Sherbrooke St. W. Info: 514-937-3575.

Bagel Breakfast at Temple Emanu-El Beth Sholom, 395 Elm Ave., with guest speaker Stephen Eze, who will discuss 'Biafra: Before, After and Now,' at 9:30 p.m. Admission is \$10 at the door. Info: 514-937-3575.

## Thursday, Dec. 3

St. Léon de Westmount Church, 4311 de Maisonneuve W., presents 'Chante Noel' with Marie Michèle Desrosiers at 7:30 p.m. Tickets are \$45 and are available at the church. Info: 514-935-4950.

## Saturday, Dec. 5

A Christmas-Hannukah Concert will be held in the Westmount Baptist Church, Sherbrooke Street at Roslyn Ave., at 4 p.m. The McGill Suzuki Group, with children age 3 and up, will perform traditional holiday music under the direction of Dr. Alfred Garson, accompanied by Yoko Sayeki. Free admission, refreshments served.

## Sunday, Dec. 6

The Orpheus Singers, directed by John Guzik, will sing masterpieces of English Renaissance a cappella choral music for the Christmas season at 8 p.m. at St. Matthias' Church, 131 Côte St. Antoine Rd., (corner Metcalfe). Tickets are \$18 for adults (\$20 at the door) and \$10 for students and seniors (\$12 at the door). Information / reservations: 514-846-8464.

## Ongoing

The Manoir Westmount seniors' residence is looking for a volunteer for its Handicrafts Group. If interested, please contact the Leisure Dept. at 514-937-3943.

The McClure Gallery of the Visual Arts Centre, 350 Victoria Ave., presents Action Paintings by Eliza Griffiths, Nov. 6 through 28. Vernissage is Nov. 5 at 6 p.m. Info: 514-488-9558.

The Gallery at Victoria Hall, 4626 Sherbrooke St. W., presents paintings by Anna Gedalof, Teresa Magliette and Paola Ridolfi from Nov. 20 to Dec. 12. Gallery hours are 10 a.m. to 9 p.m. on weekdays and 10 a.m. to 5 p.m. on weekends. Info: 514-989-5226.

Friends of the Westmount Library ask that you think of them if you have any books you wish to donate for their book

sales. They accept quality hard covers and paperbacks in reasonable condition, on all subjects. Please drop off your books at the library circulation desk, 4574 Sherbrooke W.

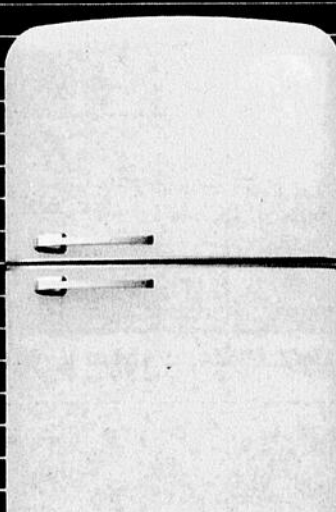
Westmount Toastmasters: Take the fear out of public speaking every Tuesday at 7 p.m. in Victoria Hall, 4626 Sherbrooke W. For more information, go online to [www.westmount-toastmasters.org](http://www.westmount-toastmasters.org).

Mary's Recovery: Weekly meetings in English and French at the Westmount YMCA. Non-profit organization. Self-help

groups for people seeking help in dealing with fear, stress, depression, anxiety, panic attacks, phobias, insomnia and gambling addiction. Info: 514-485-2194 between 10 a.m.

The Montreal Camera Club meets each Monday at 7:30 p.m. at Westmount Park Church, 4695 de Maisonneuve, entrance at rear. Slide shows, competitions and workshops. Visitors welcome. For more information please call Barbara Deans, president, at 514-739-9255, or log on at [www.montrealcameraclub.com](http://www.montrealcameraclub.com)

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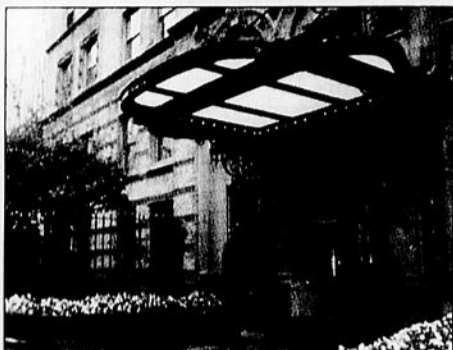
Initiated by Hydro-Québec, the Recyc Frigo program is managed by Consortium MRE ENVIRONNEMENT Hydro-Québec will send a \$60 cheque to the owner after the appliance has been collected. Up to a maximum of 2 appliances per household accepted. Commercial appliances do not qualify for the program. Hydro-Québec reserves the right to terminate the program without notice. Some conditions apply.



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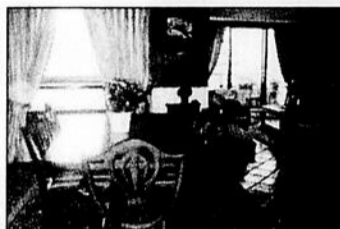
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