




**Centre for Research and Expertise
in Social Gerontology**

ANNUAL REPORT ON RESEARCH ACTIVITIES 2019
2020



Centre intégré
universitaire de santé
et de services sociaux
du Centre-Ouest-
de-l'Île-de-Montréal

Québec 

Centre for Research and Expertise in Social Gerontology (CREGÉS)
Academic Affairs Directorate (AAD)
Integrated Health and Social Services University Network (CIUSSS) for West-Central
Montreal

SCIENTIFIC DIRECTORS

Patrik Marier, Scientific Director, CREGÉS, and Professor and Research Chair in Aging and Public Policy, Department of Political Science, Concordia University

Isabelle Van Pevenage, Institutional Researcher (Interim Scientific Director 2018–2019), CREGÉS, and Affiliate Professor, Département de sociologie, Université de Montréal

Shannon Hebblethwaite, Associate Scientific Director, CREGÉS, and Associate Professor, Department of Applied Human Sciences, Concordia University

MANAGEMENT TEAM

Christiane Montpetit, Senior Coordinator, Academic Affairs Directorate

Maya Cerda, Chief of Program Administration, Academic Affairs Directorate

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Annual Report on the 2019–2020 Research Activities of the Centre for Research and Expertise in Social Gerontology (CREGÉS)

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This report may be downloaded from the CREGÉS website: <https://www.creges.ca/>

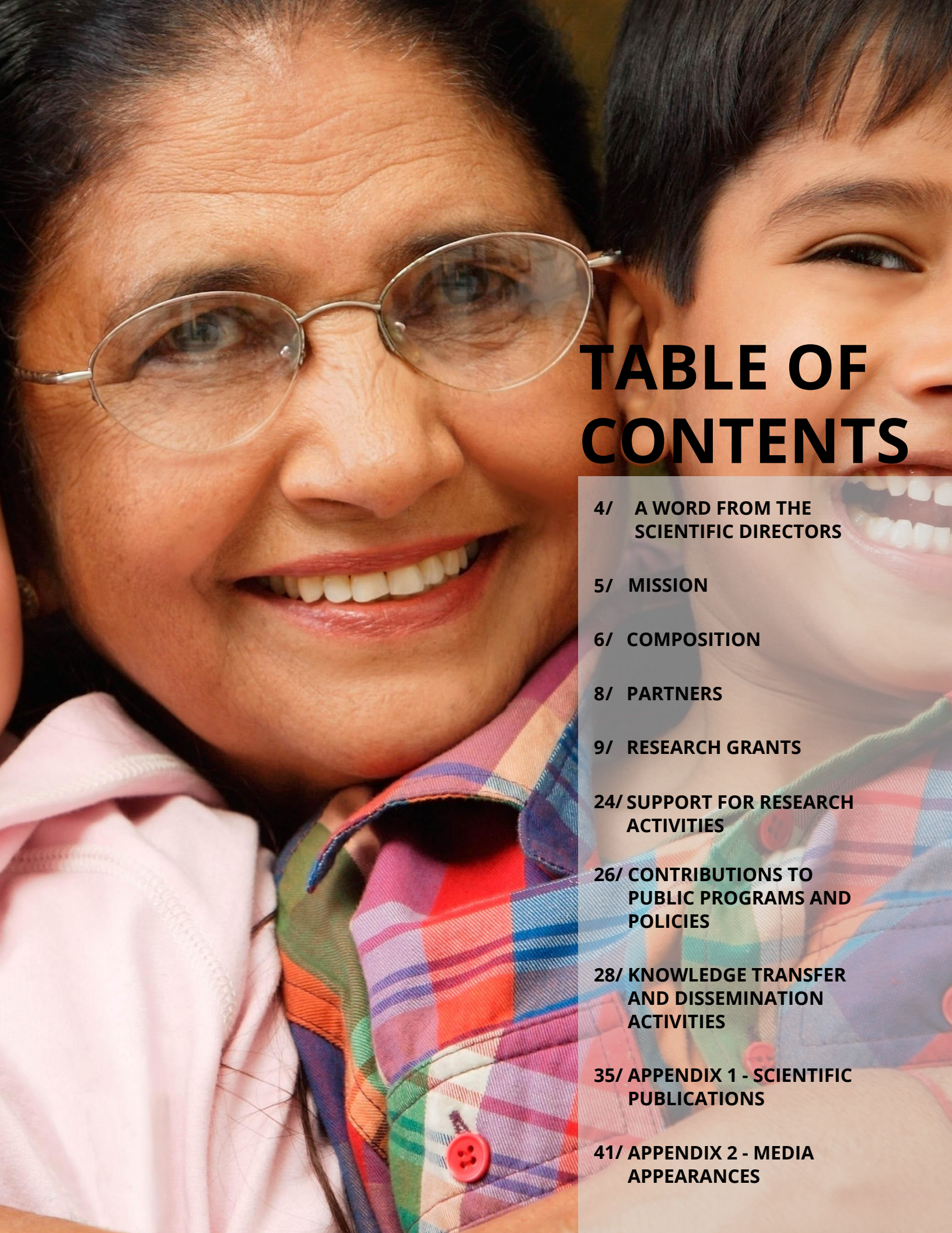


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A WORD FROM THE SCIENTIFIC DIRECTORS

It is with pleasure and pride that we present the 2019–2020 report on the research activities from April 1st, 2019 to March 31, 2020, of the Centre for Research and Expertise in Social Gerontology (CREGÉS). We had another very productive year, as shown in this report outlining the main achievements of our members, which included **70** research projects, **53** scientific publications and **230** knowledge transfer and dissemination activities.

We are proud to have organized the **CREGÉS annual conference** in Québec City, a first for the CREGÉS. This event, on the topic of Deaf older adults and those with disabilities, was co-organized with the PSVI (Participation sociale et villes inclusives) research partnership team and the ACT project (Ageing + Communication + Technologies).

In addition, various CREGÉS members were involved in a number of Quebec's Health and Social Service **Ministry Mandates** in 2019–2020, highlighting our team's leadership and expertise.

At the end of the year, CREGÉS welcomed three new university researchers:

- **Julie Beauchamp**, Ph. D. in sexology, was the Area of Expertise Coordinator in Inclusive Aging, Diversity, Health and Well-Being at CREGÉS until December 2019, is now Assistant Professor at Université Laval's Département de psychiatrie et de neurosciences. Her research interests focus on sexual diversity, aging and sexuality, inclusive practices and social participation.
- **Daniel Béland**, Ph.D. in political sociology and a specialist in federalism and social welfare, is a James McGill Professor at McGill University's Department of Political Science and Director of the McGill Institute for the Study of Canada.
- **Marie-Michèle Lord**, Ph. D. in biomedical sciences, is an Associate Professeure at the occupational therapy department of the Université du Québec à Trois-Rivières. Her research interests include the social participation and inclusion of older adults and older workers.

Finally, we wish to congratulate and thank all our members, collaborators and partners for such a successful year!



Patrik Marier, Ph. D.



Isabelle Van Pevenage, Ph. D.



Shannon Hebblethwaite, Ph. D.



MISSION

Through the Centre for Research and Expertise in Social Gerontology (CREGÉS), the Integrated Health and Social Services University Network (CIUSSS) for West-Central Montreal was designated as a University-Affiliated Centre (UAC) in social gerontology. CREGÉS is funded by the Ministère de la Santé et des Services sociaux (MSSS) and the Fonds de recherche du Québec – Société et Culture (FRQSC) under the infrastructure support program for university research centres and institutes.

CREGÉS is a research infrastructure that facilitates the sharing of knowledge and expertise between academic and practice settings. Its purpose is to stimulate, develop and disseminate research in social gerontology, and to support the development of leading-edge, innovative practices.

To fulfill this mission, CREGÉS counts on the participation and support of university and institutional researchers, research-practitioners, students, as well as collaborators from practice settings and partner organizations. They are supported by a team of professionals who coordinate CREGÉS's activities, carry out evaluative research and studies, and conduct a knowledge transfer and mobilization program.

RESEARCH AXES

Axis 1 | Seniors as Social Actors

Axis 2 | Heterogeneity of Aging: Bodies, Identity and Society

Axis 3 | Service Delivery to Seniors and Their Loved Ones

Axis 4 | Living Environments

Transversal Axis | Public Policy

AREAS OF EXPERTISE

1. Countering Mistreatment

2. Inclusive Aging, Diversity, Health and Well-Being

3. Caregiving

4. Palliative Care

COMPOSITION

1	SCIENTIFIC DIRECTOR	8	COLLABORATORS FROM PRACTICE SETTINGS
1	ASSOCIATE SCIENTIFIC DIRECTOR	21	UNIVERSITY RESEARCHERS REGULAR MEMBERS
2	INSTITUTIONAL RESEARCHERS	22	UNIVERSITY RESEARCHERS AFFILIATED MEMBERS
4	RESEARCH-PRACTITIONERS	74	STUDENTS*

*Students of CREGÉS regular researchers working on a research internship, a master's or doctoral thesis, or a post-doctorate whose topic is related to social gerontology. The student breakdown is as follows: **2** certificate in gerontology, **4** undergraduate, **30** masters, **34** doctoral and **4** post-doctoral.

RESEARCH-PRACTITIONERS



JULIE BEAUCHAMP

Coordinator, Area of Expertise in Inclusive Aging, Diversity, Health and Well-Being (until December 2019)



PATRICK DURIVAGE

Coordinator, Area of Expertise in Palliative Care



ZELDA FREITAS

Coordinator, Area of Expertise in Caregiving



SARITA ISRAEL

Coordinator, Area of Expertise to Counter Mistreatment

LEGEND

Regular members

Affiliated members

Students*

*Research-practitioners /
Coordinators, Areas of
expertise*

REGULAR RESEARCHERS

GINETTE AUBIN

Département d'ergothérapie
Université du Québec à Trois-Rivières

JULIE BEAUCHAMP

Département de psychiatrie et de
neurosciences - Faculté de Médecine,
Université Laval

DANIEL BÉLAND,

Department of Political Science
McGill University

VALÉRIE BOURGEOIS-GUÉRIN

Département de psychologie,
Université du Québec à Montréal

MAUDE BENOIT

Département de science politique,
Université du Québec à Montréal

SHARI BROTMAN,

School of Social Work
McGill University

HÉLÈNE CARBONNEAU

Département d'études en loisir, culture
et tourisme, Université du Québec à
Trois-Rivières

YVES CARRIÈRE

Département de démographie,
Université de Montréal

MÉLANIE COUTURE

Institutional Researcher, CREGÉS;
Département de psychologie
Université de Sherbrooke

SOPHIE ÉTHIER

École de travail social et de
criminologie, Université Laval

DARLA FORTUNE

Department of Applied Human Sciences
Concordia University

LINE GRENIER

Département de communication,
Université de Montréal

SHANNON HEBBLETHWAITE

Department of Applied Human Sciences
Concordia University

ANNETTE LEIBING

Faculté des sciences infirmières,
Université de Montréal

MARIE-MICHÈLE LORD,

Département d'ergothérapie, Université
du Québec à Trois-Rivières

PATRIK MARIER

Department of Political Science
Concordia University

KIRSTIE MCALLUM

Département de communication, Université
de Montréal

ÉMILIE RAYMOND,

École de travail social et de criminologie,
Université Laval

KIM SAWCHUK

Department of Communication Studies
Concordia University

ANNE-MARIE SÉGUIN

Centre Urbanisation Culture Société,
Institut national de la Recherche Scientifique

TAMARA SUSSMAN

School of Social Work
McGill University

PIERRE-YVES THERRIAULT

Département d'ergothérapie, Université du
Québec à Trois-Rivières

ISABELLE WALLACH

Département de sexologie,
Université du Québec à Montréal

ISABELLE VAN PEVENAGE

Institutional Researcher, CREGÉS;
Département de sociologie
Université de Montréal

LAUREL YOUNG

Department of Creative Arts Therapies
Concordia University

PARTNERS

The CIUSSS, by virtue of its designation as an Affiliated University Centre in Social Gerontology driven by CREGÉS, is affiliated with McGill University, Université de Montréal and Université du Québec à Montréal. An affiliation agreement with Concordia University is also underway. In addition, CREGÉS collaborates with a vast network of partners and research infrastructures, including the VIES (Vieillissements, exclusions sociales et solidarités) partnership research team and the ACT (Ageing + Communication + Technologies) project.

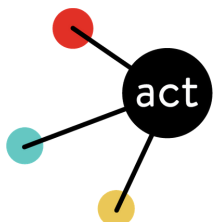
UNIVERSITY AFFILIATIONS

- McGill University
- Université de Montréal
- Université du Québec à Montréal
- Concordia University (underway)

FRQSC PARTNERSHIPS

- Centre de recherche Individus, Épreuves Sociétés (CeRIES – France)
- NDG Senior Citizens' Council
- Institute for Research on Public Policy (IRPP)
- Réseau FADOQ
- Table de concertation des aînés de l'Île de Montréal (TCAÎM)

RESEARCH PARTNER TEAMS



ageing + communication + technologies

ACT (Ageing + Communication + Technologies): An international partnership project that aims to create bridges between generations, discover how new media can better meet the needs of older adults, and fight against digital ageism. The ACT project is funded by the Social Sciences and Humanities Research Council (SSHRC).



VIES (Vieillissements, exclusions sociales et solidarités): A research partner team in critical social gerontology that examines social issues related to aging and notions of social inclusion and exclusion. The VIES team is funded by the Fonds de recherche du Québec – Société et culture (FRQSC).

RESEARCH GRANTS

RESEARCH GRANTS IN 2019–2020*

	Principal investigator	Co-investigator	Total
New grants	15	18	33
Ongoing grants	26	0	36
Completed grants	0	1	1
Total	41	29	70

*Does not include Research Chairs and CREGÉS internal funds.

The relevance of the work done by our members was also confirmed by the **numerous grants** they received during the year. In fact, CREGÉS members are involved in:

- Close to half (5/11) of the projects of the Platform of Funding Programs for Intersectoral Research on Aging (Fonds de recherche du Québec);
- Half (1/2) the projects in the Recherche-action sur le vieillissement actif program (FRQSC and Secrétariat aux aînés).

GRANTS BY RESEARCH AXIS

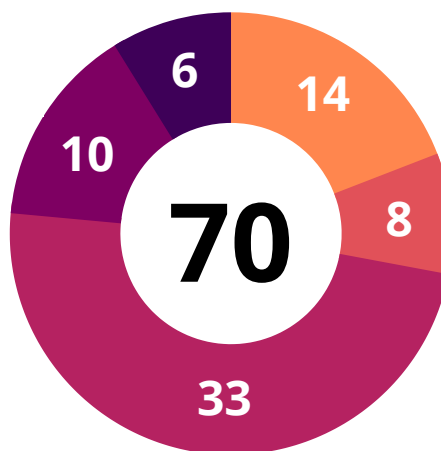
Axis 1 | Seniors as Social Actors

Axe 2 | Heterogeneity of Aging: Bodies, Identity and Society

Axis 3 | Service Delivery to Seniors and Their Loved Ones

Axis 4 | Living Environments

Transversal Axis | Public Policy



AXIS 1 | SENIORS AS SOCIAL ACTORS

This research axis aims to build the capacity of older adults in order to foster their resilience and well-being. Seniors are not seen as a clientele to be served, but rather as active participants in the aging process.

4 new grants
10 ongoing grants

NEW GRANTS

B/OLD: Aging in Our City.

Principal investigator: **Hebblethwaite, S.** Co-investigators: **Young, L.** Collaborator: **Sawchuk, K.**
Funding: SSHRC - Connection Grants. 2019-2020.

Viellissement, diversité et participation sociale au Chili : Exploration de trajectoires, métissées.

Principal investigator: **Raymond, E.**
Funding: SSHRC - Partnership Development Grants. 2019-2020.

Vejez e interculturalidad: distancias y encuentros en un Chile diverso/Old age and interculturality : distances and encounters in a diverse (free translation).

Principal investigator: **Raymond, E.**
Funding: Fondecyt Regular 2020-2023.

"Meet Me at the Mall": Transforming Storefronts into Older Adult Community Spaces.

Principal investigator: Timm-Bottos, J. Co-investigators: **Hebblethwaite, S., Young, L.,** Dyer, L., Joy, M., Mahani, N.-K., Li, K. Z.-H.
Funding : FRQ - Platform of funding programs for intersectoral research on aging - Living Lab component. 2019-2022.

ONGOING GRANTS

Social and Creative Participation of Aging Adults with Developmental Disabilities in a Community University Art Hive Context.

Principal investigator : **Young, L.** Co-investigators : **Hebblethwaite, S., Raymond, E.,** Timms-Bottos, J., Joy, M., Dickson, D. Collaborator : **Beauchamp, J.**
Funding : University Affiliated Centre-CREGÉS/Fondation Luc Maurice - special fund Inclusive Aging, Diversity, Health and Well-Being. 2019-2021.

Count me in! Leisure education and social participation for seniors.

Principal investigator: **Hebblethwaite, S.** Co-investigators: **Aubin, G., Fortune, D.,** Wilkinson, S.
Funding: Webster Foundation Healthy Living Program for Seniors. 2018-2020.

Enhancing AGENCY: Understanding the Potential for Older Adults' Use of Digital Health Technology.

Principal investigator: **Hebblethwaite, S.** Co-investigators: **Sawchuk, K.**, Phillips, N., Karen, L., Johnson, A.

Funding: Telus Health Research. 2019-2022.

Ville inclusive et participation sociale des aînés ayant des incapacités : une cartographie des facilitateurs et des obstacles à la mobilité.

Principal investigator: **Raymond, E.** Co-investigators: **Carbonneau, H., Séguin, A.-M.**

Funding: SSHRC - Insight Development. 2018-2020.

Ageing, Communication, Technologies: Experiencing a digital world in later life.

Principal investigator: **Sawchuk, K.** Co-investigators: **Grenier, L., Hebblethwaite, S.** and 15 others. Collaborators: **Marier, P.** and 13 others.

Funding: SSHRC – Partnership Grants (Insight). 2014-2021.

Étude exploratoire du rôle d'un programme d'éducation au loisir dans le soutien à l'adaptation de retraités.

Principal investigator: **Carbonneau, H.** Co-investigators: Fortier, J., Marcoux, L., Grenier, S., Freire, T., Provencher, V.

Funding: Quebec research network on aging - Start-up funds 2018-2020.

Portrait en loisir des personnes de 50 ans et plus au Québec.

Principal investigator: **Carbonneau, H.** Co-investigator: Roul, R.

Funding: Ministère de l'Éducation, du Loisir et du Sport - Projet de recherche. 2018-2021.

Pour l'accès à des villes inclusives : partenariats et innovations en soutien à la participation sociale des personnes ayant des incapacités.

Principal investigator: **Raymond, E.** Co-investigators: **Carbonneau, H.** and 13 others.

Funding: FRQSC - Research Team Support Program. 2018-2022.

La participation sociale des aînés ayant des incapacités.

Principal investigator: **Raymond, E.**

Funding: Centre de recherche sur les soins et les services de première ligne de l'Université Laval (CRSSPL-UL) - Fonds internes. 2017-2020.

Ageing Gracefully across Environments using Technology to Support Wellness, Engagement and Long Life - AGE-WELL.

Principal investigators: Mihailidis, A., Sixsmith, A. Co-investigators: **Leibing, A.**, and others.

Funding: AGE-WELL Network of Centres of Excellence. 2014-2020.

AXIS 2 | HETEROGENEITY OF AGING: BODIES, IDENTITY AND SOCIETY

This research axis aims to put aging stereotypes into perspective, to examine the multiple ways in which people experience and perceive aging, and to explore the many ties between age and living environments.

4 new grants
4 ongoing grants

NEW GRANTS

La musique au bout des doigts | Musique et vieillissement au sein des communautés sourdes signeures à Montréal.

Principal investigator: **Grenier, L.**

Funding: Université de Montréal - Programme de mobilisation des connaissances. 2018-2020.

Addressing the knowledge gaps in meeting the housing needs of older LGBT Canadians: From research to policy to practice.

Principal investigator: Cahagan, J. C. Co-investigators: **Brotman, S., Sussman, T.**, Abramovich, A., Gambold, L., Hajizadeh, M., Harmon, S., Manning, E., Orji, R., Parker, R., Sim, S., Terashima, M., Thomas, R., Flowers, P., Kottrop, A., Oliver, B., & Humble.

Funding: SSHRC/Canada Mortgage and Housing Corporation - Partnership Development Grant, Collaborative Housing Research Network Initiative. 2019-2020.

NuAge : une cohorte unique pour l'étude des trajectoires de vieillissement selon une perspective globale et multidimensionnelle.

Principal investigator: Presse, N. Co-investigators: **Carbonneau, H.**, Cohen, A., Cossette, B., Kroger, E., Ferland, G., Dionne, I., Morais, J. A., Guay, M., Kergoat, M.-J., Levasseur, M., Mayo, N., Bier, N., Gaudreau, P., Chevalier, S., Belleville, S.

Funding: FRQ - Platform of funding programs for intersectoral research on aging - Cohort component. 2019-2023.

L'importance et la reconnaissance de la sexualité des personnes âgées en soins palliatifs : une étude qualitative exploratoire.

Principal investigator: **Wallach, I.** Co-investigators: **Sussman, T.** Collaborators: **Durivage, P., Beauchamp, J.**, Malta, S., Bauer, M.

Funding : SSHRC – Insight Development. 2019-2020.

ONGOING GRANT

La souffrance psychologique des hommes âgés atteints d'un cancer incurable.

Principal investigator: **Bourgeois-Guérin, V.** Co-investigators: **Sussman, T., Van Pevenage, I., Wallach, I.,** MacKinnon, C. , Côté, A. Collaborator: **Durivage, P.**

Funding: SSHRC – Insight Development. 2018-2021.

engAGE- Concordia Centre for Research on Aging.

Principal investigator: **Hebblethwaite, S.** Co-investigators: **Fortune, D., Sawchuk, K., Young, L.** and others.

Funding: Concordia University - Competitive internal funds, research network. 2017-2021.

Understanding inclusion and exclusion of LGBTQ People (UNIE-LGBTQ)

Principal investigator: Chamberland, L. Co-investigators: **Brotman, S., Wallach, I.** and 20 others.

Funding: SSHRC - Partnership Grants. 2016-2023.

Learning from the lived experiences of aging immigrants.

Principal investigator : **Brotman, S.** Co-investigators : Orzeck, P., **Raymond, E.,** Ferrer, I., Koehn, S. D.

Funding : SSHRC - Connection Grants. 2018-2019.

AXIS 3 | SERVICE DELIVERY TO SENIORS AND THEIR LOVED ONES

This research axis helps to develop innovative modes of service delivery aimed at supporting and evaluating current practices. Areas of focus include mistreatment, mental health issues, chronic diseases, cognitive aging and palliative care. Services should be aimed not only at clinical recovery, but also at adaptation, integration and the increased participation of older adults.

16 new grants
16 ongoing grants
1 completed grant

NEW GRANTS

Favoriser la participation sociale d'aînés en HLM : Évaluation des besoins et adaptation du programme Participe-Présent.

Principal investigator: **Aubin, G.** Co-investigators: **Couture, M.**, Marcoux, L., Larivière, N.
Collaborator: **Beauchamp, J.**

Funding: Quebec research network on aging - Projets Pilotes Axe Interaction et soutien social. 2019-2020.

Favoriser la participation sociale et l'inclusion d'aînés vivant avec une problématique de santé mentale en partenariat avec les centres communautaires de loisir (CCL) - Appropriation du programme Participe - Présent par les CCL.

Principal investigator: **Aubin, G.** Co-investigators: **Carbonneau, H., Therriault, P.-Y.**, Lacroix, C., Fortier, J., Marcoux, L., Lord, M.-M., Plouffe, M.-J., Poulin, V.

Funding: FRQSC - Concerted Actions program. 2020-2023.

Démarche de mise en valeur des pratiques de bienveillance « ordinaire » en milieu d'hébergement au Québec : un travail de mobilisation de tous les acteurs concernés.

Principal investigator: **Ethier, S.** Co-investigators: **Couture, M.**, Gagnon, E., Aubry, F.

Funding: FRQSC - Concerted Actions program. 2019-2021.

Évaluation pilote de l'approche de la Maison Gilles-Carles dans le maintien à domicile des aînés en perte d'autonomie.

Principal investigator: **Therriault, P.-Y.** Co-investigators: **Aubin, G., Carbonneau, H.**

Funding: Quebec research network on aging - Start-up funds. 2019-2020.

Soutenir la participation sociale des aînés ayant des incapacités dans les organisations : Une formation en soutien à un guide pratique.

Principal investigator: **Raymond, E.**

Funding: Ministère de la famille - Québec ami des aînés. 2020-2021.

Une formation pour soutenir l'inclusion des aînés ayant des incapacités dans les milieux communautaires, associatifs et de loisir.

Principal investigator: **Raymond, E.**

Funding: Ministère de l'Éducation (Québec) (Regroupant MEQ - MESS) - Fonds de services aux collectivités. 2019-2021.

Mobiliser les acteurs du milieu afin de co-construire une solution permettant de mieux répondre aux besoins de répit atypique exprimés par les proches aidants.

Principal investigator: Provencher, V. Co-investigators: **Couture, M., Ethier, S.**, Giroux, D., Dubé, V.

Collaborator: **Freitas, Z.**

Funding: SSHRC - Partnership Engage Grants program. 2020-2021.

Portrait québécois des besoins d'accompagnement des personnes handicapées.

Principal investigator: Lamontagne, M.-E. Co-investigators: **Carbonneau, H., Raymond, E.**, Desmarais, C., Vincent, C., Milot, E., Lynn Best, K., Grandisson, M., Boucher, N., Fouygerollas, P.

Funding: Office des personnes handicapées du Québec - Appel à projet sur l'accompagnement des personnes handicapées. 2019-2021.

Co-création et implantation d'une trousse d'outils pour soutenir les organismes communautaires dans leurs actions intergénérationnelles.

Principal investigator: Filiatrault, J. Co-investigators: **Hebblethwaite, S., Raymond, E.** Fatima Ladjadj, F., Ansaldo, A.-I., Bier, N., Grenier, S., Lamontagne, M.-E., Levasseur, M., Viscogliosi, C.

Funding: FRQSC - Programme d'actions concertées sur le vieillissement actif. 2020-2023.

Développement d'un guide d'implantation des technologies pour le maintien à domicile des personnes âgées.

Principal investigator: Bier, N. Co-investigators: **Couture, M.**, Belchior, P., Bottari, C., Gaboury, S., Bouchard, K., Pigot, H., Giroux, S., Paré, G.

Funding: Centre de recherche de l'IUGM - Programme d'appui à la mobilisation des connaissances. 2019-2020.

Développement d'une trousse de sensibilisation aux technologies de maintien à domicile visant les professionnels de la santé et des services sociaux.

Principal investigators: Belchior, P., Bier, N. Co-investigators: **Couture, M.**, Bottari, C., Gaboury, S., Bouchard, K., Pigot, H., Giroux, S., Paré, G.

Funding: Centre de recherche de l'IUGM - Programme d'appui à la mobilisation des connaissances. 2019-2020.

Partage d'informations et respect de la confidentialité : enjeux pour l'établissement de pratiques collaboratives entre des proches aidants, des professionnels et des personnes utilisatrices de services en santé mentale.

Principal investigator: Morin, M.-H. Co-investigators: **Ethier, S.**, Roy M.-A.

Funding: SSHRC - Insight Development. 2019-2021.

Le lit berceur – une solution audacieuse aux troubles du sommeil chez les aînés.

Principal investigator: Dang-Vu, T.T. Co-investigators: **Hebblethwaite, S.**, Bier, N., Sedaghati, R., Baillet, S., Belleville, S., Bayer, L., Perrault, A.

Funding: FRQ - Platform of funding programs for intersectoral research on aging - Audace component. 2019-2021.

Understanding organizational culture to improve admission-discharge processes: A systems approach to healthcare performance, evaluation and education.

Principal investigator: Nugus, P. Co-investigators: **Sussman, T.**, Denis, J-L., Grad, R., Lang, E., Lavoie-Tremblay, M., McLane, P., Reay., G., Rodriguez, C.

Funding: CIHR - Project Grant Program. 2019-2021.

Transforming the field education landscape: Intersections of research and practice in Canadian social work field education.

Principal investigator: Drolet, J. Co-investigators: **Sussman, T.** and 60 others.

Funding: SSHRC - Partnership Grants for research training. 2019-2024.

Conception et validation d'un outil d'évaluation des comportements de prévention des travailleurs ayant subi une atteinte à la santé nécessitant des services de réadaptation.

Principal investigator: Lecours, A. Co-investigators: **Therriault, P.-Y.**, Poulin, N.V., St-Hilaire, F.

Funding: Provincial Rehabilitation Research Network. 2019-2020.

ONGOING GRANTS

Démarche de mise en valeur des pratiques de bienveillance « ordinaire » en milieu d'hébergement au Québec : un travail de mobilisation de tous les acteurs concernés.

Principal investigator: **Ethier, S.** Co-investigators: **Couture, M.**, Gagnon, E., Aubry, F.
Collaborator: **Israel, S.**

Funding: FRQSC - Concerted Actions program. 2019-2021.

Improving advance care planning for frail elderly Canadians in long-term care.

Principal investigators: **Sussman, T.**, Kaasalainen, S. Co-investigators: **Bourgeois-Guérin, V.**, Hunter, P., McClary, L., Thompson, G. Collaborator: **Durivage, P.**

Funding: Canadian Frailty Network (Federal Networks of Centres of Excellence) - Transformative Grant. 2017-2021.

Implementing, Evaluating, and Scaling Up the Strengthening a Palliative Approach in Long-Term Care (SPA-LTC) Program.

Principal investigators: **Sussman, T.**, Hunter, P., Kaasalainen, S., McCleary, L., Thompson, G., Venturato, L., Wickson-Griffiths, A. Co-investigators: **Bourgeois-Guérin, V.**, Fisher, K., Hadjistavropoulos, T., MacDonald, M., McClement, S., Penner, J., Ploeg, J., Sinclair, S.

Funding: CIHR – Project Grant. 2019-2024.

Assistive Technology for Cognition to Increase Safety at Home.

Principal investigator: **Couture, M.** Co-investigators: Bottari, C., Lussier, M., Bier, N., Belchior, P., Giroux, S.

Funding: Alzheimer's Association USA - Research Program Grant. 2018-2020.

Maintien à domicile des personnes âgées vulnérables : Co-conception et déploiement de solutions technologiques dans le cadre d'un laboratoire vivant.

Principal investigators: **Couture, M.**, Bier, N. Giroux, S. Co-investigators: Belchior, P., Bottari, C., Bouchard, K., Gaboury, S., Lussier, M., Paré, G., Pigot, H.

Funding: CIHR/Natural Sciences and Engineering Research Council of Canada-Collaborative Health Research Projects program (partnership with NSERC). 2017-2020.

Development of smart homes for aging in place; at Résidences Le 1615 & Le 1625.

Principal investigators : **Couture, M.**, Bier, N. Giroux, S. Co-investigators : Bottari, C., C. Paré, G., Pigot, H., Bouchard, K., Beauchet, O., Gaboury, S.

Funding : MEDTECH – Impact Program. 2019-2021.

La maltraitance envers les aînés proches aidants et les proches aidants d'aînés : Reconnaître, sensibiliser et prévenir.

Principal investigator: **Ethier, S.**, Co-investigators : Beaulieu, M., Audet, J.

Funding: Ministère de la Famille - Programme Québec Ami des Aînés. 2018-2021.

Situated Prevention: A transcultural study on the 'new dementia'

Principal investigator: **Leibing, A.** Co-investigators: Foth, T. Collaborators: Schickltanz, S., Raz, A., Giacomini, K., Antelius, E.

Funding: SSHRC - Insight. 2018-2023.

Advance care planning for persons with dementia: Challenges, opportunities and solutions.

Principal investigator: **Sussman, T.** Co-investigators: Kaasalainen, S., McClearly, L., Wickson-Griffiths, A., Hunter, P., Thompson, G., Venturarto, L.

Funding: Alzheimer Society of Canada - Regular Grant Program - Quality of life. 2017-2020.

Scaling up the Family Carer Decision Support Intervention : A Transnational Effectiveness-Implementation Evaluation.

Principal investigators: **Sussman, T.**, Kaasalainen, S. Co-investigators: Akhtar-Danesh, N., Hunter, P., McClearly, L., Thompson, G., Venturato, L., Wickson-Griffiths, A.

Funding: CIHR - Operating Grant: Joint Programme on Neurodegenerative Disease Research. 2019-2022.

Maltraitance psychologique et financière envers les personnes âgées ayant des incapacités au Québec.

Principal investigator: Beaulieu, M. Co-investigators: **Carbonneau, H.**, Audet, M., Morin, P.

Funding: Office des personnes handicapées du Québec - Subvention de recherche. 2018-2020.

Assessing the effectiveness of an approach based on the meanings of vocal behaviours in older people living with Alzheimer's disease in long-term care facilities: DECIBELS.

Principal investigator: Bourbonnais, A., Co-investigators: Lachance, L., Landreville, P., Borgès Da Silva, R., Cossette, S., **Carbonneau, H.**

Funding: CIHR - Project Grant. 2018-2021.

What's stigma got to do with it? An exploratory study of the adoption of technology (or not) in the narratives of carers of persons with dementia.

Principal investigators: Belchior, P., Park, M., Bier, N. Co-investigators: **Couture, M.**, Gagné, J-P., Southall, K, Joubert, S.

Funding: Quebec research network on aging - start-up funds. 2018-2020.

Moving with a tuning in : a participatory mixed methods study to foster social inclusion of individuals with dementia and carers.

Principal investigators: Blain-Moraes, S., Mailloux, A. E. , Sénéchal, C., Park, M., Racine, E.

Co-investigators: **Leibing, A.**, Bender, A., Bresba, P., Astell, A. J., Lewis, B.

Funding: CIHR - Operating Grant. 2017-2020.

Réseau québécois de recherche en soins palliatifs et de fin de vie .

Principal investigators: Gagnon, P., Savard, J., Gauthier, L., Dumont, S., Cohen, R. Co-investigators: **Young, L.**, and others.

Funding: FRQS - FRQS Thematic Networks - Strategic clusters. 2017-2021.

Santé mentale et arts : Innovations et controverses.

Principal investigator: Poissant, H. Co-investigators: **Leibing, A.**, Mendrek, A.

Funding: Université UQAM-Health and Society Institute. 2019-2020.

COMPLETED GRANTS

Walking and rhythm : The impact of rhythmic ability on mobility in older adults.

Principal investigator: Li, K. Co-investigators: **Young, L.**, and others.

Funding: Concordia University - Team Seed Grant. 2018-2019.

AXIS 4 | LIVING ENVIRONMENTS

This research axis takes a critical view of the idealized “home environment” in light of the interpersonal dynamics and rules and regulations that exist in different living environments. The goal is to understand how experiences of aging depend not only on the physical structures in which older adults live, but also on interpersonal exchanges and personal care.

8 new grants
2 ongoing grants

NEW GRANTS

L'approche par le plaisir en milieu communautaire : créer des environnements accueillants pour les personnes avec des atteintes cognitives.

Principal investigators: **Carbonneau, H.**, Foisy, S. Co-investigators: **Aubin, G., Therriault, P.-Y.**, Fortier, J., Weeks, L., Marcoux, L., Beaulieu, M., Harrisson, S., Hutchinson, S.

Funding: Public Health Agency of Canada - Dementia Community Investment. 2019-2023.

Développement d'une grille d'auto-évaluation de l'accessibilité d'un parc urbain.

Principal investigator: **Carbonneau, H.** Co-investigators: Lamontagne, M-E.

Funding: Center for Interdisciplinary Research in Rehabilitation and Social Integration - Appel à projet Participation sociale et ville inclusive. 2019-2020.

Development of smart homes for aging in place; at Résidences Le 1615 & Le 1625.

Principal investigators: **Couture, M.**, Bier, N., Giroux, S., Co-investigators: Pigot, H., Bottari, C., Gaboury, S., Bouchard, K., Gouin-Vallerand, C., Paré, G., Beauchet, O.

Funding: AGE-WELL Network of Centres of Excellence - Core Research Program (CRP). 2020-2023.

Accès à la ville et situations de handicap : Vers des communautés plus inclusives pour les personnes âgées ayant des incapacités.

Principal investigator: **Raymond, E.**

Funding: FRQSC/Participation sociale et villes inclusives - Programme de soutien au démarrage de projet et à la mobilisation des connaissances. 2019-2020.

Aging in the Right Place: Building capacity to improve supportive housing for older adults experiencing homelessness in Montreal, Vancouver, and Calgary.

Principal investigator : Burns, V. Co-investigators: **Bourgeois-Guérin, V., Sussman, T.**, Canham, S. Walsh, C., Nixon, Colgan, S., Mahmood, A., Chaudhury, H.

Funding : SSHRC/Canada Mortgage and Housing Corporation - Partnership Development Grant; Collaborative Housing Research Network Initiative. 2019-2020.

Briser l'isolement social des aînés de Côte-des-Neiges : un quartier innovant en mode Living Lab.

Principal investigator: Bier, N. Co-investigators: **Couture, M., Hebblethwaite, S.**, Belleville, S., Belchoir, P., Bengaied, N., Ansaldo, A.I., Fillatrault, J., Rousseau, J., Lacerda, A., Van de Velde, C., Fonseca, R.

Funding: FRQ - Plateform of funding programs for intersectoral research on aging- Living Lab component. 2019-2022.

Syndrome de négligence de soi : l'habitat intelligent et l'intelligence artificielle comme outil de maintien à domicile (Robot Nao).

Principal investigator: Gaboury, S. Co-investigators: **Couture, M.**, Bier, N., Bottari, C., Bouchard, K., Giroux, S.

Funding: FRQ - Plateform of funding programs for intersectoral research on aging - Audace component. 2019-2021.

Impact des efforts physiques en milieu de travail sur le développement de la fatigue musculaire, les propriétés tissulaires et la proprioception des travailleurs plus âgés : une étude de faisabilité.

Principal investigator: Descarreaux, M. Co-investigators: **Therriault, P.-Y.**, Cantin, V., Sobczak, S.

Funding: Institut de recherche Robert-Sauvé en santé et en sécurité du travail. 2020-2022.

ONGOING GRANTS

Les héros des services de soins ou les zéros du milieu de travail? Les négociations interactionnelles du rôle des aides-soignantes à domicile payées qui participent aux équipes de soins de santé.

Principal investigator: **McAllum, K.**

Funding: FRQSC - professorale Research support for new academics program. 2016-2020.

Programme de promotion du « bien vivre ensemble » et de lutte contre la maltraitance entre résidents : Améliorer la vie collective en résidence privée pour aînés.

Principal investigator: Beaulieu, M. Co-investigators: **Carbonneau, H.**, Levasseur, M.

Funding: SSHRC - Partnership Development Grants. 2019-2022.

TRANSVERSAL AXIS | PUBLIC POLICY

This research axis looks at public policy development and knowledge dissemination in order to contribute to public debates in social gerontology. Projects examine the scope, application, independence and sustainability of social gerontology policies, which are often subject to political and socioeconomic factors such as the power of groups representing older adults, differences between social classes, governments' fiscal capacity and policies' long-term structural impacts.

1 new grant
5 ongoing grants

NEW GRANTS

Le surendettement parmi les ménages québécois.

Principal investigator: Pugliese, M. Co-investigators: **Marier, P.**, Belleau, H., Brunelle, C., Côté-Lussier, C., Longo, M. E., Quintal-Marineau, M. Collaborator: **Israel, S.**

Funding: FRQSC - Action concertée - Programme de recherche sur la pauvreté et l'exclusion sociale - Phase 4. 2020-2023.

ONGOING GRANTS

Personnes Âgées et Solidarités Locales (PASOLO).

Principal investigators: **Marier, P.**, Trabut, L. Co-investigators: **Séguin, A.-M.**, Bonvalet, C., Lelièvre, E., **Van Pevenage, I.**, Gaymu, J., Kempeneers, M., **Benoit, M.**, Gallou, R., **Carrière, Y.**

Funding: FRQSC/ANR - Appel à projets franco-québécois en sciences humaines et sociales. 2016-2020.

The Politics of Social Gerontology.

Principal investigator: **Marier, P.** Co-investigators: Apparicio, P., **Leibing, A.**, **Séguin, A.-M.**

Funding: SSHRC - Insight. 2014-2021

Équipe de recherche Vieillissements, exclusions sociales et solidarités : L'inclusion sociale des personnes âgées : enjeux spatiaux-temporels.

Principal investigator: **Marier, P.** Co-investigators: Dallaire, B., Negron-Poblete, P., **Séguin, A.-M.**, **Sussman, T.**, **Van Pevenage, I.**, **Wallach, I.**

Funding: FRQSC - Programme soutien aux équipes de recherche. 2018-2022.

L'État en action, L'État en restructuration. Les mutations de la mise en œuvre des politiques agroenvironnementales et de la vieillesse, France/Québec.

Principal investigator : **Benoit, M.**

Funding: FRQSC - Research support for new academics program. 2018-2021.

Precarity and aging: Unequal experiences in contemporary late life.

Principal investigator: Grenier, A. Co-investigators: Kobayashi, K., Phillipson, C., Rudman, D., **Marier, P.**

Funding: SSHRC - Insight. 2016-2021.

SUPPORT FOR RESEARCH ACTIVITIES

SCHOLARSHIP GRANTS

To encourage social gerontology research, CREGÉS offers scholarships to students supervised by its regular members. A total of \$16,000 was awarded during the year.

2 \$5,000 DOCTORAL AWARDS

Roch-André Blondin* (supervised by **Valérie Bourgeois-Guérin**) - *Mieux comprendre le suicide chez les personnes de 65 ans et plus : trajectoires de vie de personnes ayant fait une tentative de suicide au grand âge.*

Willy Adrien Yakam Yemtchoua* (supervised by **Yves Carrière**) - *Arrangements résidentiels et stratégies de soutien du réseau familial: quelles conséquences sur la santé des personnes âgées.*

3 \$2,000 MASTER'S AWARDS

Camille Joannisse* (supervised by **Hélène Carboneau**) - *Élaboration d'un plan de retraite significatif: implications d'un programme d'éducation au loisir pour personnes retraitées.*

Laurence Côté-Delage* (supervised by **Émilie Raymond**) - *La participation sociale des personnes âgées ayant des incapacités physiques.*

Dong Qi Zheng* (supervised by **Hélène Carboneau**) - *Implantation et évaluation d'un programme innovant favorisant la pratique d'activités physiques auprès de personnes âgées trifluviennes.*

SEED GRANTS FOR COLLABORATIVE RESEARCH PROJECTS

CREGÉS provides funds for new collaborative projects between its members. A grant of \$5,000 was awarded to the following project:

Mélanie Couture, Anne-Marie Séguin, Sarita Israel, Julien Simard* - *Résolution de situations préjudiciables de personnes aînées en lien avec la gestion de la résidence privée où elles habitent : Une recherche-action*

KNOWLEDGE TRANSFER AND DISSEMINATION GRANTS

CREGÉS offers its regular members and their students financial assistance for the dissemination and sharing of research results.

CANADIAN ASSOCIATION ON GERONTOLOGY 2019 Moncton October 24-26

Ginette Aubin, Manon Parisien, Norma Gilbert, Bernadette Dallaire, Véronique Billette and **Julie Beauchamp** - *The Count Me In! Program for the promotion of social participation of elderly with psychosocial issues: Is it adaptable?*

Mélanie Couture, Milaine Alarie and **Sarita Israel** - *Staff-to-resident mistreatment in long-term care facilities: managers' and staff's perceptions of psychosocial interventions.*

Pierre-Yves Therriault, Sophie Guimont and Galaad Lefay* - *Des espaces habilitants pour donner le pouvoir aux personnes âgées.*

Isabelle Van Pevenage, Chloé Dauphinais*, Didier Dupont and **Valérie Bourgeois-Guérin** - *Lorsque fragilité et maladie s'immiscent dans la conjugalité aux âges avancés : motivations et postures.*

Isabelle Wallach, Julie Lavigne and **Julie Beauchamp** - *L'expression sexuelle des femmes âgées hétérosexuelles et lesbiennes : quand le vieillissement rime avec l'affirmation de soi.*

Laurel Young and Adrienne Pringle - *Lived experiences of singing in a community hospice bereavement support music therapy group.*

Camille Joannisse*, **Hélène Carbonneau**, Teresa Freire and Lyson Marcoux - *Sailing away towards a fulfilling retirement through leisure education: Pilot studies on the REAL Program.*

Julien Simard* - *Housing precarity among low-income ageing tenants in gentrifying neighborhoods in Montreal.*

87TH CONGRÈS DE L'ACFAS 2019 Montreal May 27-31

Julie Beauchamp, Line Chamberland and **Hélène Carbonneau** - *Aîné.e.s LGBT et proche aidance.*

Mélanie Couture, Pam Orzeck and Apostolia Petropoulos - *Isolement social et vieillissement : perspectives des proches aidants sur leurs besoins non comblés.*

Sophie Éthier, Mélanie Perroux, Mireille Fortier and Marie Beaulieu - *La maltraitance envers les proches aidants : un risque occulté de la proche aidance.*

Zelda Freitas - *Ateliers pour les proches de personnes en soins palliatifs.*

Isabelle Van Pevenage, Margaux Reiss, Sandra Smele, Sébastien Barbat-Artigas, Margaux Blamoutier and **Zelda Freitas** - *Services aux proches aidants au Québec : portrait des services rendus, perçus et reçus.*

CONTRIBUTIONS TO PUBLIC PROGRAMS AND POLICIES



HEALTH AND SOCIAL SERVICE MINISTRY (MSSS) MANDATES

CREGÉS continued its involvement in the realization of MSSS mandates granted to the CIUSSS:



Mélanie Couture and **Sarita Israel** (Project Co-managers):

- Policy framework to counter the mistreatment of older adults and other persons of full age in vulnerable situations;
- Training on older adult mistreatment for health and social services practitioners and the community sector;
- Training on older adult mistreatment for the financial sector.

Isabelle Van Pevenage (Scientific Direction), **Zelda Freitas**, **Mélanie Couture** and **Patrik Marier**:

- Profile of the services and support measures in place for caregivers in Quebec.

A new ministerial agreement was also added in 2019–2020:

Julie Beauchamp (Until December 2019) and Maude Lecompte (Since January 2020) (project manager):

- Training on the realities and needs faced by LGBT older adults.



NATIONAL POLICY FOR CAREGIVERS

In April 2019, **Isabelle Van Pevenage** and **Zelda Freitas** presented a profile of inspiring practices for supporting caregivers at the *Journée d'échange CISSS-CIUSSS et Appuis régionaux*.

In May 2019, **Sophie Éthier** and **Isabelle Van Pevenage** organized a symposium on caregiving at ACFAS. The two researchers were then invited, along with **Mélanie Couture** and **Hélène Carbonneau**, to a day of consultation with MSSS experts held on October 1, 2019, as part of the drafting of the first provincial policy for caregivers. It should be noted that **Sophie Éthier** helped create the caregiver component of the CvP Continuum aînés (a virtual community of practice), developed following the government plan *“Un Québec pour tous les âges.”*

LONG-TERM CARE POLICY

Since 2018, **Mélanie Couture** and **Hélène Carbonneau** have participated in consultations with the MSSS on different initiatives related to long-term care, including the development of policy.

MEDICAL ASSISTANCE IN DYING AND END-OF-LIFE CARE

In August 2019, **Patrick Durivage** was involved as an advisor in consultations on the Institut national de santé publique du Québec's (INSPQ) preliminary results on palliative and end-of-life care indicators. He also continued his work as a member of Quebec's Commission on End-of-Life Care. In this role, he took part in a day-long forum of talks and workshops organized by the MSSS on January 27, 2020, to shed light on the different points of view regarding capacity to consent and eligibility to medical assistance in dying. Finally, Mr. Durivage also led numerous MSSS training sessions on the *Act respecting end-of-life care*.

POPULATION CHANGES

In April 2019, **Yves Carrière** joined the MSSS subcommittee on the impact of population changes on health services.



DROITS ET LIBERTÉS JOURNAL: SPECIAL ISSUE

Titled *"Droits et citoyenneté des aîné-e-s"*, the latest issue of the *Droits et libertés* journal was dedicated to the rights and demands of older adults.

Four of the articles in the issue were written by CREGÉS members on the topics of the social status of aging (Ignace Olazabal and Julien Simard*), LGBT older adults (**Julie Beauchamp**), right to housing (Julien Simard*) and the isolation of immigrant older adults (**Shari Brotman**).

KNOWLEDGE TRANSFER AND DISSEMINATION ACTIVITIES

CREGÉS is committed to bridging the gap between research and practice through strategies that make knowledge readily available to different target groups, such as practitioners and managers within the health and social services network (RSSS), community partners, or students in social gerontology. The ultimate goal of these strategies—which include **publishing research results** and organizing specific **knowledge transfer and dissemination activities**—is to improve practices.

53 PUBLICATIONS*

- 39 Scientific articles in peer-reviewed journals
- 1 Book chapters
- 2 Conference proceedings
- 7 Scientific articles in non peer-reviewed journals
- 2 Books
- 2 Research reports

See list in Appendix 1

77

Activities directed at the scientific community

4 Scientific conferences

73 Scientific communications

4 SCIENTIFIC CONFERENCES

87th ACFAS congress at the Université du Québec en Outaouais

In May 2019, during the symposium titled *Mise en lumière d'enjeux émergents dans le champ de la proche aidance, de la naissance à la fin de vie*, several CREGÉS members presented on the lesser-known issues related to caregiving, including:



- the post-caregiving period
- suicide risk
- mistreatment
- online support services
- the realities faced by LGBTQ caregivers or parents of autistic children

(Chairs: **Sophie Éthier** and **Isabelle Van Pevenage**)

48th Scientific and Educational Meeting of the Canadian Association on Gerontology in Moncton

In October 2019, several CREGÉS members presented their work at three symposia:



- ***Elders' sexuality and conjugality: relational, social and identity challenges*** (Chair: **Isabelle Wallach**)
- ***How can service delivery take into account the psychosocial needs of older adults?*** (Chair: **Mélanie Couture**)
- ***Challenging normative assumptions on aging*** (Chair: **Shannon Hebblethwaite**)

CREGÉS also held an information booth at the kiosk exhibition.

153 Activities aimed at practice settings

- 1 CREGÉS symposium
- 2 Issues of *Pluralages* magazine
- 11 CREGÉS Conferences
- 49 Other specific activities aimed at the RSSS
- 90 Other specific activities aimed at community settings

CREGÉS SYMPOSIUM



Titled *Experiences, abilities and potentialities: Improving our practices towards Deaf adults and those with disabilities*, this year’s annual CREGÉS symposium examined the recognized and lesser-known realities faced by this group of older adults.

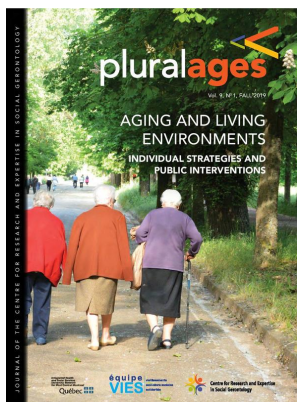
Co-organized with the **PSVI** research partnership team (Équipe de recherche en partenariat Participation sociale et villes inclusives) and the **ACT project**, the symposium, which took place in Québec (a first for the CREGÉS) was held on May 23, 2019, at Université Laval. It drew over 140 participants, 50 of whom attended remotely through the webinar option.

In addition, thanks to the presence of Quebec sign language (LSQ) interpreters, Deaf older adults were able to take part in the day’s events, leading to rich exchanges between Deaf and non-Deaf participants. A special symposium issue of *Pluralages* magazine and webinar recordings (with LSQ interpreters) were also produced and made available on our website.

[Visit the post-conference page](#)

PLURALAGES MAGAZINE

This year, CREGÉS produced **two** bilingual issues of *Pluralages* magazine, each a post-event publication intended to provide free access to the knowledge shared during the event.

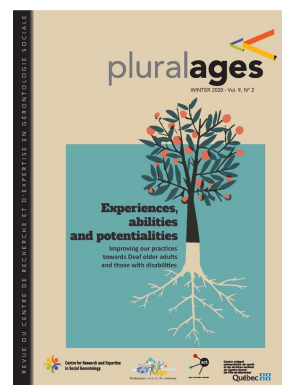


On October 1, 2019, to mark the International Day of Older Persons, CREGÉS launched the *Pluralages* issue **Ageing and living environments: Individual strategies and public interventions**, which was produced following a public workshop organized by the **VIES research partner team**. The issue contains summaries of the workshop presentations, including the results of three of the six research projects funded by the FRQSC on the theme of Quebec’s aging population and related socioeconomic and health challenges.

[Download the magazine](#)

On February 25, 2020, CREGÉS launched an issue dedicated to its annual symposium, **Experiences, abilities and potentialities: Improving our practices towards Deaf adults and those with disabilities**, which was co-organized with the **PSVI team** and the **ACT project**. The issue consists of short articles written by student members of CREGÉS, PSVI and ACT, providing an overview of the content presented at the symposium.

[Download the magazine](#)



CREGÉS CONFERENCES

11  Conférence CREGÉS

2 PARTNERS



609 PARTICIPANTS

477 WEBINAR 
132 IN PERSON 

769  YOUTUBE VIEWS

CREGÉS Conferences aim to present the latest research in social gerontology. Depending on the theme, they are offered either at one of the CIUSSS facilities (e.g., CLSCs, long-term care centres) or in a university setting. Thanks to our new partnership with the **CVP Continuum Aînés du CIUSSS Estrie-CHUS**, we were able to reach a much larger audience of RSSS managers and practitioners.

OTHER SPECIFIC ACTIVITIES WITHIN THE RSSS

- 2 Book club sessions on the topic of palliative care for CIUSSS practitioners involved in the SAPA program (Support Program for the Autonomy of Seniors);
- 9 Psychosocial workshops in social gerontology for SAPA practitioners. These 2-3 hour workshops offer a space for learning and discussion along with professional support and expert advice;
- 33 Interdisciplinary clinical consultation meetings (case studies) for SAPA practitioners;
- 6 Meetings of the CIUSSS provincial multi-sector consultation team to prevent the mistreatment of older adults;
- 2 Webinars for CIUSSS practitioners and managers on the Policy to Counter Older Adult Mistreatment;
- 6 Seminars for CIUSSS interns and volunteers;
- 32 Lectures and workshops in various RSSS facilities;

OTHER SPECIFIC ACTIVITIES IN COMMUNITY SETTINGS

- 46 Lectures, workshops and training sessions;
- 1 Screening of the film *The Caregiver's Club*, followed by a discussion group;
- 1 Information session on the implementation of the *Count Me In!* program;
- 1 Escape room on the topic of older adult mistreatment.

CREGÉS members took part in several public events.



In May 2019, a number of CREGÉS members were involved in ***B/OLD: Aging in our city*** (organized by the **ACT** project and engAGE: Concordia's Centre for Research on Aging), an event that used a multi-sector, multidisciplinary and intergenerational approach to explore experiences of growing old in Montreal.

In October 2019, several CREGÉS members took part in ***Projection: A Week of Dialogue***, which aimed to instigate discussion, break taboos and help participants use the power of their creativity to gain a deeper experience of life and more comfort with the prospect of death.



71 DISSEMINATION ACTIVITIES

37

Media appearances*

2

Awards received by CREGÉS members

5

CREGÉS newsletters

27

Videos posted online

* See list in Appendix 2

AWARDS



Congratulations to **Tamara Sussman**, who received the 2019 Northeastern Association of Graduate Schools (NAGS) Graduate Faculty Teaching Award (Master's Level), in recognition of her outstanding teaching and supervision of graduate students. And congratulations to **Kim Sawchuk**, who won Concordia University's Award for Graduate Mentoring, for her exceptional ability to connect with and support her students.

CREGÉS NEWSLETTERS

5 Newsletters

1943 Subscribers

These **bilingual**, bimonthly bulletins present news on the activities and achievements of CREGÉS and its members. They also include mentions of selected publications and events by CREGÉS partners.

SOCIAL MEDIA

Our social media platforms were very active in 2019–2020, helping us promote CREGÉS activities and achievements. We also noticed a marked increase in our partners' sharing of our posts.



YOUTUBE

We uploaded **27** new videos—mainly recordings of our lectures or conference talks—which generated over **3,500** views.



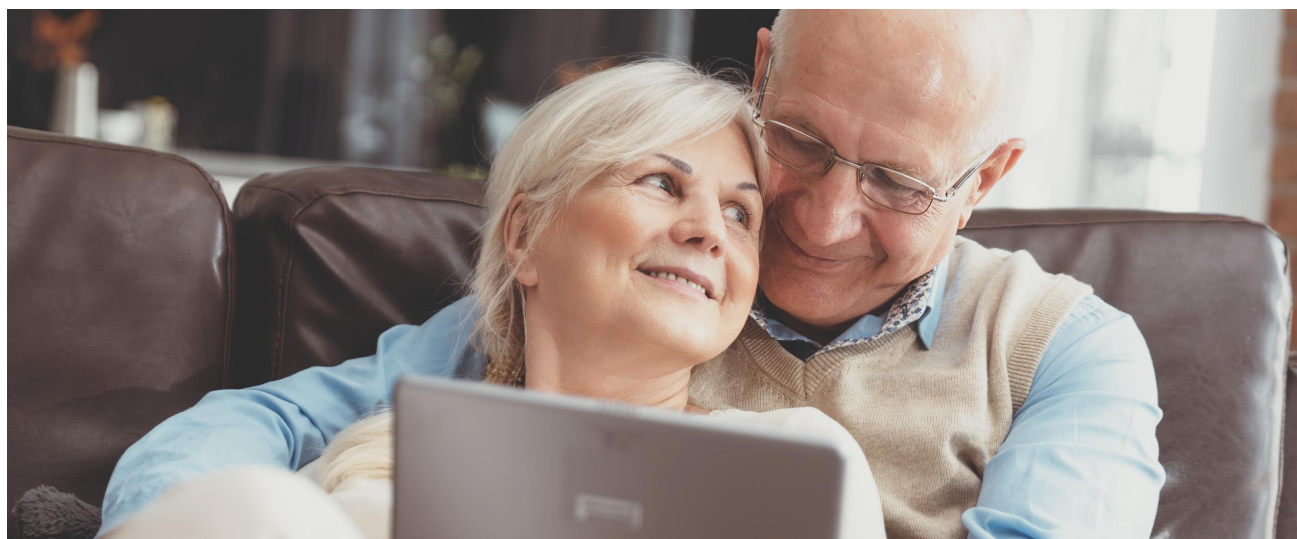
FACEBOOK

With more than **193** publications highlighting the activities and achievements of CREGÉS and its members and partners, our Facebook page had its most popular year to date, acquiring **175** new followers.



TWITTER

A more constant presence on Twitter allowed us to foster better collaboration with CREGÉS members and partners to promote our activities and achievements.



APPENDICES

APPENDIX 1 LIST OF SCIENTIFIC PUBLICATIONS

LEGEND

Regular members

Affiliated members

Students*

Research-practitioners /
Coordinators, Areas of
expertise

ARTICLES IN PEER-REVIEWED JOURNALS

Andrianova, A., & **Raymond, É.** (2020). La participation sociale dans les résidences privées pour aînés. *Canadian Journal on Aging / La Revue canadienne du vieillissement*, 1-11. Advance online publication. <https://doi.org/10.1017/S0714980819000874>

Aubin, G., Parisien, M., Gilbert, N., Dallaire, B., Billette, V., & **Beauchamp, J.** (2019). The Count Me In! program: An innovative approach to supporting community participation for seniors living with psychosocial difficulties. *Canadian Journal of Community Mental Health*, 38(1), 61-65. <https://doi.org/10.7870/cjcmh-2018-025>

Brotman, S., Ferrer, I., & Koehn, S. (2019). Situating the life story narratives of aging immigrants within a structural context: The intersectional life course perspective as research praxis. *Qualitative Research*. Advance online publication. <https://doi.org/10.1177/1468794119880746>

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APPENDICES

APPENDIX 2 LIST OF MEDIA APPEARANCES

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