

Sherbrooke Daily Record

THE PAPER OF THE EASTERN TOWNSHIPS

SHERBROOKE, QUEBEC, SATURDAY, JANUARY 10, 1948.

For Health, Enjoyment, Good Company and Good Times....

SKI



Yvette Schiller, pretty young daughter of skimeister Eric Schiller, of the Hillcrest Ski Lodge turns to smile at the cameraman—and the readers of the Record—at the end of her final turn at the bottom of the Standard Run, Hill 21, at Hillcrest Lodge, near North Hatley, less than 10 miles from Sherbrooke. This young lady is typical of the young Canadian skier, who may be seen throughout the Province on any hill on a clear winter day—keen, expert and attractive with the glow of health that only skiing brings.

Three Creeks Trail At Orford Is Rated By Experts As The Toughest Downhill Test In Eastern Canada

Miss Jacqueline Tracey, pretty Quebec stylist, shussed her way down the wind-swept "Three Creeks" trail in 2 minutes 23 seconds to establish a new course record, winning the Mt. Orford Invitation downhill classic which attracted a top galaxy of hickory artists last year. The speedster

smashed the record held previously by Pierre Jalbert, crack downhill star from Quebec city who is on Canada's Olympic Team this year. Gordon Harmer representing the Hillcrest Ski Club and Walter Tilden, skiing under McGill out-club colors, tied for first place

in the men's division of the meet also smashing the old record. The two teen-age skiers blasted the run in 2 minutes 26.3 seconds. Mt. Orford, the highest peak on a national reserve near Magog, pokes its summit 2800 feet into the sky. The Three Creeks trail—on which the downhill classic is

usually run—is the hardest, longest and fastest run in the whole range that the reserve takes in. For 7,000 feet Three Creeks cuts its narrow swath down the mountain side. It has been widened and banked but some of the turns are still very treacherous. The run is still marked for "experts only."

It's the top mile that is the test of ability on slats. Some of the schusses are so near to perpendicular that racers have been reprimanded for low flying on Three Creeks.

One turn in particular is famed from Mt. Tremblant to Mt. Washington for the number of would-be record breakers it has thrown for a loss. It's known as the Twin Rocks turn and is about half a mile from the mountain top.

Approximately 15 clubs were represented in the meet which was under the direction of Dr. M. E. Adams, the skiing mayor of Magog assisted by Georges Sylvestre, Eastern Townships Ski Zone president and J. Osmond Matte, past president of the Hillcrest Ski Club and officials of the Magog-Mt. Orford Ski Club.

The Three Creeks trail was in excellent condition and Jacqueline Tracey thrilled the some 1,000 spectators as the black garbed champion blasted the run in perfect style and with the coolness of an expert.

Officials of the Mt. Orford club urge all skiers to be careful. Few accidents have occurred at Orford.

The Orford ranges are far from restrictive to all except seasoned skiers. Mt. Giroux, sister mountain to Mt. Orford has trails to suit all skiers. A rope tow on the practice slope of the mountain enables visitors to get their fill of downhill skiing in an afternoon.

In 1945 the annual classic was held on Giroux, and its 5,000 feet of twisting, steep trail proved a match for skiers from all over the province. That year the trophy

MODERN LODGE IS CLOSE TO FAMOUS TRAILS

In the heart of the Laurentians, opposite Mount Baldy, just a mile from the Alpine Inn, is the St. Marguerite Lodge, situated at the hub of the best ski trails, and within easy skiing distance of some of the best tows in the mountains.

The Lodge comfortably furnished and celebrated for its French cuisine, is near such famous trails as the Maple Leaf, Johansen, McGill Outing Club, Maribou and Gascon. Last winter the Lodge was headquarters for the first inter-collegiate ski race since 1939. Groups of from twelve to twenty-four may be accommodated in other quarters, and get their meals at the Lodge.

was won by Marian Zajac, A Polish ski champion then in the R.A.F. Ferry Command and stationed in Canada. Marian Zajac was killed in the war.

The Wurtele twins Rhoda and Rhona, Jack "Porky" Griffin, Hector Sutherland and many other top Canadian skiers have participated in the Mt. Orford classic and they all agree that it is one of the toughest downhill runs in Eastern Canada.

Laurentian zone officials who have attended the meet all praised Orford as a potential Mont Tremblant. Yes, the "Three Creeks Trail" is strictly for experts.

Among Top Local Skiers



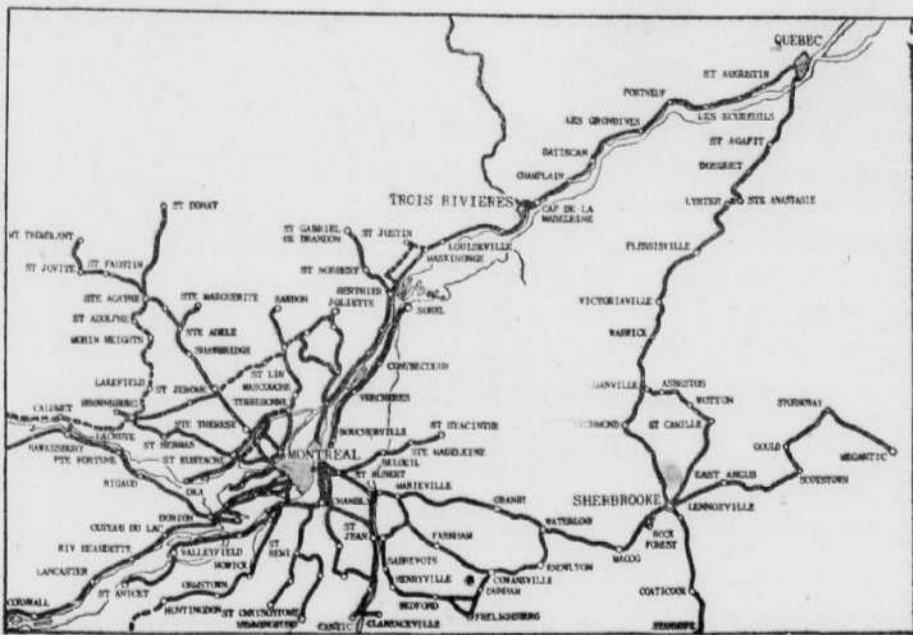
Left to right: Eric Schiller, technical adviser, at Hillcrest Lodge, Fernand Robert, Hillcrest instructor, and J. A. Lusignan, president of Hillcrest Ski Club. These three men have done much to develop skiing in the district.

WINTER WONDERLAND AT THE ALPINE INN

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Townships Have Finest Ski Terrain But Laurentians Have Development

By COLIN A. GRAVENOR
"Cardy Hotels"

Stand at the corner of Broadway and 42nd Street in New York or on Ottawa's Sparks Street, or anywhere along Philadelphia's Main Line, or on Toronto's Yonge Street and ask the question: "Name the most glorious ski and summer resort in Eastern Canada."

And the answer, if you get one, will surely be "The Laurentians."

But is this true?

Foot for foot, lake for lake, mountain for mountain, and snowbank for snowbank, the Eastern Townships can trim the Laurentians in a dozen different ways, and anyone who knows and can compare the two regions on an unbiased basis is likely to agree without any argument.

Yet for every person who vacations in the Eastern Townships ten or a dozen or perhaps a hundred go to the Laurentians. For every thousand dollars spent in the Eastern Townships by visitors a hundred thousand or more is tossed at the Laurentian habitans.

The reason does not lie in the blessings of nature, the geographical strata, the fall of snow, the amount of sunshine or much else. The reason why the Laurentians is getting the business, and is likely to continue to do so for a long time to come, is this:

It is traditional that "outsiders" will always come in and see possibilities quicker than the people who have lived so close to the forest they can see it for trees.

Let's see what happened to the Laurentians.

The Wheeler family came in from Vermont on lumbering expeditions, and when the trees were gone they remained to live, to "take in boarders" and then commence Gray Rocks Inn. This was the start. Then came the fame. "Emperor" Joe Ryan. Everyone thought he was cracked but he proved he wasn't, and proved to be the biggest boost the Lauren-

tians ever had by putting in a couple of million dollars in ski tows, trails and hotel development.

This gave encouragement to the smaller old settlers to do something and so such modest Seigneur's as Lucien Pinoteau, Emil Cochand, and others began to expand a little.

But this growth was as nothing compared to the "city folks" who began to flock in. The Laurentide Inn was moved lock, stock and barrel down the street to its lake front location. Tom Potter came in and proved that his gamble on what was the "White House" could be parlayed into a million dollar real estate development. Ste. Adele Lodge, now owned and being promoted by George "Mickey" Wilson, and the famed Alpine Inn.

The Alpine, situated in a most glorious setting on the banks of the North River, on a 1,050 acre estate just 46 miles from Montreal, is now one of the many properties owned by Vernon G. Cardy. Prosperity is sure to follow this hotel, perhaps more than any other resort in the mountains because of the tremendous well spring of business promotion available. However to the country around it will be as a fountain of income. Gasoline, the stores in nearby Ste. Adele, the CPR railway, the bus services to mention a few of the beneficiaries, will reap a golden harvest from this Cardy-perated venture.

But back of this is rigorous press agency. Stories on the Alpine Inn, and on the district of Ste. Marguerite's recently ran through 700 American newspapers with a total circulation of 54,000,000. This year there will be coast to coast broadcasts in both the U.S. and Canada from ski meets at Ste. Marguerite's while the photographers and reporters from Vogue, Harper's Bazaar, Mademoiselle, New York Times and Herald-Tribune to mention a few of the publications, will definitely sojourn at the Alpine, taking pic-

tures, and preparing series for next year.

"We enjoy Canadian patronage and yet our reservations run over 75 per cent from the largest centres of the Eastern United States," commented Stanley Ferguson, recently appointed manager of the Alpine. "We find that many Americans prefer the Alpine because of its accessibility as well as the fact that the ski hills are not too tough, and the service is of the Cardy standard."

The annual "take" from tourists by the larger resorts in the Laurentians—and that covers an area from Shawbridge to Mont Tremblant roughly 45 miles by 10, 450 square miles, this year will run to something like \$6,000,000. The two largest resorts, including ski tows, concessions and all revenues combined will border the half million dollar mark.

And there is a reason for this prosperity. It does not lie in geography. It lies in the confidence of the people who put good hard money into development. It lies in the people who worked hard to run the "show," and it lies in people who put good romantic thoughts into words, and plans to publicize the area. This combination is the secret of the tourist prosperity of the Laurentians.

Perhaps some day there may come a Vernon G. Cardy, or a Ryan, or a Wheeler family to develop the ski terrain, the tourist charm of the Eastern Townships. It might be well to bring the person from outside—to go looking for him—and even if you gave him a good hilltop, or a lovely lake, or a stretch of stony meadowland, it would be a very paying proposition for prosperity follows—not the fall of snow, not the sky blue water, not the rolling ski terrain—but the investment, development, management and press agent-promotion of the area turned tourist paradise.

Woodland Ski Trail



Skating through a trail at Hillcrest the young lady above pauses to enjoy the sun and view from the top of the mountain before choosing a run down one of the cuts through the woods.

C. P. R. Photo.

Mt. Norquay To Be Scene Of Dominion Ski Classic

By C.P.R. Press Bureau
Banff, Alta., Jan. 10.—Scene of this year's Canadian Ski Championships, the Banff-Lake Louise area near the crest of the Canadian Rockies is one of North America's finest ski resorts.

Situated in the Banff National Park on the immediate eastern rim of the Continental Divide, these ski fields boast alpine cross-country ski territory on the wide open slopes above timber line, and a hard-to-equal variety of runs, from gentle practice slopes to breath-taking downhill and tricky slaloms.

Here the snow lies deep and pow-

dry from November until May and the area is a favorite with Canadian and American skiers alike for late spring skiing. The well-known ski lodges of the area—Mount Norquay, a short bus ride from the town of Banff; Sunshine Valley Lodge, 14 miles south and west; Mount Assiniboine, a long day's ski trip south of Sunshine; Mount Temple Lodge, a short bus trip from Lake Louise station; and Skoki Lodge, an eight-mile ski trip from Temple over Deception Pass—provide excellent meals and accom-

Continued on Page 14

SKI-NORTH HATLEY

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In addition to the existing downhill, slalom, and cross country trails, twenty new wide, protected down-hill trails designed to insure both early and late skiing have been completed. Several practice slopes are maintained, with qualified ski instructors available who teach the Alberg and Parallel technique. In short, there are trails which will satisfy both the expert and novice skier.

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Wide Variety Of Ski Attractions Cater To Both Novice And Expert

By C.N.R. PRESS BUREAU
 Canadians are a fortunate people.

And that good luck is not limited entirely to economic matters. For instance, Canadian skiers are the most fortunate in the world. Every type of skiing, from the Alpine runs in the Canadian Rockies to the tricky courses and cross-country runs of the famed Laurentians and Eastern Townships in Quebec, are available without leaving the boundaries of the country.

Out west, mountain skiing has made Jasper National Park in the Canadian Rockies a popular winter holiday region. Each year sees increasing numbers of skiers from across Canada and from the United States visit this 4,200 square mile park where, under the direction of qualified ski guides, the high country offers safe but thrilling skiing.

The skiing area on The Whistlers Mountain, about a mile from Jasper townsite and on the Canadian National Railways trans-continental line, provides a wide variety of slopes within easy reach of local skiers and those who come to the mountain resort for a weekend outing. The downhill course meets the requirements of the International Federation of Skiers, and drops 4,600 feet in three miles. The upper half of the course is over smooth alplands above timberline and the lower portion is through a series of meadows and along a trail averaging one hundred feet in width. In addition, a practice hill and slalom course are available on the slopes of The Whistlers. Within a five mile radius are many open hills with easy runs for beginners as well as difficult course and trails for more accomplished skiers.

While the west has the Rocky Mountains, eastern Canada has the famed Laurentians where skiing is the most highly developed in the Dominion, and the beautiful Eastern Townships. These areas are also served by Canadian National Railways from Montreal.

The Laurentian Mountains do not have the prolonged downhill runs that are found in the Rockies. But the twisting trails and steep slopes require just as much, if not more skill to negotiate.

Just outside the village of St. Sauveur is famed Hill 70, a steep, open-faced hill that always remains a challenge to skiers no matter how expert they are. A run down the Red Birds' ski trail

brings the skier over the crest of Hill 70 for a running start on the famed downhill run. Several ski tows are in operation at this point.

One stop north is Christieville where one of the most modern ski jumps in eastern Canada has just been completed. The surrounding country also offers many thrilling downhill runs.

Other noted Quebec ski areas include Lac Beauport and Valcartier, both near Quebec City. Valcartier is a newly-developed area on a bowl-shaped 1,800 foot high mountain. Three electric ski tows are in operation and a 150 foot ski jump has been completed. It is here that the Canadian Olympic ski team trained.

In the Eastern Townships North Hatley is the most highly developed ski area, but Sutton, Magog and Cowansville all offer good facilities.

Ontario has its skiing centres also. Devotees from Ottawa have the best terrain available to Ontario centres. An hour's drive from the capital across the river to Quebec's Gatineau hills brings them to another well-developed ski area, with excellent downhill runs.

Torontonians do their skiing chiefly in the Lake of Bays district, 150 miles from the Ontario capital. This rolling, wooded district is a favorite summer and winter resort, with the chief point of entrance at Huntsville, on the main line of the Canadian National Railways.

Despite the fact their province is flat, Winnipeg ski enthusiasts are able to get plenty of use from their hickories at Snow Valley, not far from the Manitoba capital. A comparatively new development, the site boasts 25 ski runs and has four tows in operation.

HINTS FOR BEGINNERS

Do not always hang around the beaten track, new enjoyment is in store for those who strike out into new fresh snow fields.

Unbreakable goggles will protect your eyes from bright sunshine and snow glare.

Speed is the thrill but also the danger of skiing. Consequently it is necessary to build up powers of endurance and a thorough knowledge of the fundamentals before full enjoyment of the sport can be experienced.

EMILE COCHAND SKI EXPERT IN LAURENTIANS

Emile Cochand can well be called a pioneer of skiing in Canada. Mr. Cochand brought Switzerland to Canada and has done more for the future of skiing in the Laurentians than possibly any other man.

Born in Switzerland in 1890 in the Jura, where the village of Ste. Croix is known as one of the best centres of winter sports activities, he started skiing at the early age of five. He grew up under the skillful guidance of Norwegian instructors and guides, taking part in all skiing activities that were booming at that time. Ski champion at the age of 18, becoming professional, and giving exhibitions all over Switzerland, also acting as ski instructor for the Swiss officers' ski corps.



EMILE COCHAND

He was engaged to come to Canada in the winter of 1911 to develop winter sports at Ste. Agathe. The skiing sensation was very much disappointed in the Laurentian Mountains after the Swiss

For E.T. Skiing



From the Rockies to the Laurentians and the Townships, Canadians are ready for skiing. Lou Ritchie designed this shortie coat with its storm cuffs and full length zipper. Similar smart ski clothes are a "must" on E. T. hills.

Alps—as all the hills were covered up with forest and open country was scarce. Emile Cochand started building the first bogsleigh slide in Canada and organized the first ski competitions in the Laurentians. He gave an exhibition for the Montreal Ski Club at Cote des Neiges the same winter. Mr. Thomas Drummond was president of the club at that time.

The great war curtailed Emile's activities for two years, which he spent in Montreal. He then returned to the Laurentians in 1916 and started a hotel of his own at Ste.

Marguerite and built up the Chalet Cochand. The country around was thickly wooded and had to be cleared. With a few other enthusiastic skiers, Emile Cochand founded the Laurentian Cross Country Ski Club which has a membership of 150 and today there are 65 miles of the best kept ski trails in the Laurentians.

Today the chalet with its new air strip, improved ski tows, R.S. I. Ski School, lighted slopes, comfortable accommodation and the best of Swiss cuisine still keeps the chalet abreast of the times.

Best and Loveliest of E.T. Women Skiers



Left to right: Mrs. Jean Ferguson, E. T. ladies' champion, Aurette Duchesne, Claire Duchesne, Mrs. Gerry Croteau, Yvette Schiller, Cecile Beaudry and Margaret Murchie, are shown on the crest of one of the runs at Hillcrest. These ladies instruct and help young Sherbrooke skiers, as well as themselves adorning the slopes in the most expert way.

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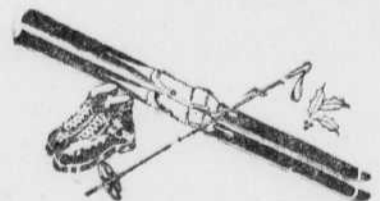
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Skiing In Eastern Townships Has Attracted New Followers Annually

By GORDON HARMER
 Amoret Arkley, whose father was a millwright and who therefore had access to both the wood and the tools, made and used skis prior to the winter of 1887-88 in this city it has been learned from J. R. Sangster, a school mate of Mr. Arkley. Mr. Sangster never saw Mr. Arkley ski on the hills but frequently he saw him skiing along the roads in approximately the same manner as the skiers of today. The first skier in Sherbrooke, known of, moved away from this city at an early age and died many years ago.

Skiing in the Eastern Townships has come along way from that date. The leather bindings, long rough finished skis, soft boots and bamboo poles have practically disappeared.

Thousands of youngsters and oldtimers are won over to the sport annually and skiing in the Eastern Townships has truly become what all ski faithfuls claim it always has been—"a way of life, not merely a pastime."

Until 1920 skiing was not very popular but from then on its popularity began to grow rapidly. Townships citizens were realizing that their picturesque hills and mountains offer far more than scenery. Around this time the Sherbrooke Ski Club was organized and it helped to knit the local skiers into an organized group.

Such former active skiers as Norman Welsh, John Blue, Maitland Soles, Evans Joslin, Punch Hawkins, Len O'Donnell, Larry McGannon and Cuthbert Summers are still around.

In the twenties there was a wooden tower erected at Brault's Hill—site of the present Hillcrest Club's widely-known Ski School.

The boys jumped up to fifty feet from the tower. Later on a higher take-off was put up on the other side of the St. Francis river

where the Mt. Pleasant Club now has its headquarters. A professional jumper visited the Eastern Townships and by the time he left the jumpers were doing 85 feet. All championship ski meets at this time—in the mid-twenties—were two event affairs; cross-country and jumping were the only competitive sport skiers were then interested in.

In 1929 the old Sherbrooke Ski Club died of neglect. Skiing in other parts of the Eastern Townships was still flourishing, however. Ski minded people around Sutton and Cowansville had long been enjoying their favorite sport in quiet and without enquiring too much about what other skiers were doing. Then came the organization of clubs and immediately afterwards the founding of the E.T. ski zone.

SUTTON

The oldest original member of the zone is the Sutton Ski Club. Past-President P. J. Sheperd recalls that he got his first pair of skis more than thirty years ago. The Sutton Ski Club has developed greatly considering its location and the fact the town of Sutton is quite small. Fifteen years ago there were just a couple of cross-country trails and dare-devil youngsters would ski down the sand-pit for a thrill. Today Sutton has a superb three mile trail from near the top of Round-Top Mountain directly into town. The club has built a chalet on Round-Top and several downhill and slalom trails have been developed there.

In 1944 and again in 1946 the E.T. Ladies Championship meet was held at Sutton. The trails on Round-Top Mountain are as tough as they come. Maggie Murchie and Mrs. Jean Ferguson can vouch for that, and they ought to know. Maggie was the 1944 ladies champion and Jean took the laurels in 1945.

With its membership bolstered by the return of many veterans the Sutton Ski Club is preparing for bigger and better seasons to come.

MAGOG

About sixteen years ago when Sutton laid claim to having the highest Canadian peak east of the Rockies Magog skiers immediately voiced loud protestations, holding that Mt. Orford towered over every other mountain in the east. The feud has been going on ever since and not even government survey men have been able to settle the question. Whichever the case no one can argue that both Round-Top and Mt. Orford don't provide splendid skiing facilities. The Magog—Mt. Orford Club has been operating for some years now, largely due to the efforts of Magog's skiing mayor, Dr. M. E. Adams, and the mountain has become a favorite with expert skiers from all over the province.

Dr. Adams reports that the club is steadily growing and looks forward to another successful season at Mt. Orford.

The site of the recently organized "Orford Lake Ski Club" is Manoir Orford on the shores of

Lake Orford. The Hotel situated at the foot of the mountain is owned by "Red" Charest and "Swiss" Renaud is the skiing instructor.

Skiing facilities are excellent. Two tows, one situated near the Hotel door are on the premises.

Roads are kept open all winter and the Sherbrooke to Montreal, Provincial Transport bus stops at the front door while the C.P.R. station is only a short trip from the Hotel.

Skiing is possible at night as many lights have been installed. Moonlight skiing on the trails surrounded by evergreens is also rated tops. Their are ten trails at the disposal of the skier, suiting both beginner and expert.

From the top of slope the entire lake (Orford) is visible and makes a beautiful picture. The picturesque mountains nearby are also visible.

The Hotel has accommodations second to none in the district and 25 rooms are available. In the modern grill dancing can be enjoyed until the wee hours of the morning. In addition to the grill which boasts a modern bar there is a game room and an up-to-date lining room.

Yes, ski at Manoir Orford, eat, sleep and enjoy a vacation at reasonable rates with prompt and courteous service.

NORTH HATLEY

After the Sherbrooke Ski Club became extinct in 1929 there was no really active group until Jack Newton, Norm Welsh, Larry McGannon and John Blue got together in 1935 and organized the Connaught Ski Club with headquarters at North Hatley. Jimmy Lowe, Maitland Soles, John Bassett and others joined the group later but the membership of the club never exceeded 24. The Connaught Club was the first to foster competitive skiing in the Townships on a large scale. Since 1936 Connaught Club members have staged three-event school-boys meets at North Hatley with numerous trophies and prizes provided for the winners.

During the war with 22 of its 24 members in the armed forces it was practically impossible for the Connaught Club to carry on alone. The Chalet Ski Club of North Hatley took over much of the work in connection with the schoolboys' meets and two years ago the Connaught Ski Club was dissolved.

SCHOOLBOYS ACTIVE

No history of skiing in the Eastern Townships would be complete without a passing mention of the

CONSTRUCTION OF NEW SLIDE AT STE. ADELE

The construction of a major toboggan slide project with a 300-yard run and a 50-foot drop down Hill 80, started at Ste. Adele.

Depending on the speed with which construction progresses, it is hoped to have between four and

various ski clubs that have been operating in this district for many years. Sherbrooke High School, Bishop's College School, St. Charles Seminary and Stanstead College all have ski clubs and enter teams in school competitions. It is from the ranks of these youngsters that the zone clubs draw their most active members.

8th SEASON FOR COWANSVILLE CLUB

Eight years ago the old Skico Club of Cowansville was reorganized as the Cowansville Ski Club and with the help of various industries in Cowansville this club has grown into one of the largest in the townships. It has more than 350 members now.

Last year Cowansville sent Tommy Sanstad down to Hillcrest Lodge in Eustis to take the Canadian Ski School course of instructors on technique and methods of teaching skiing so it is expected that Cowansville won't be long in producing contenders for the zone championships meets. Young Smith and Sanstad have copped several cross-country laurels in the E.T.

HILLCREST

Shortly after the Connaught Club was started in 1936 the St. Francois Ski Club was organized. The club members used Mt. Pleasant trails for a while but in 1940 a small group broke away from the parent body and formed the Hillcrest Ski Club Inc.

The formation of the Hillcrest Club marks a milestone in the history of skiing in this district. In their seven years of operation Hillcrest club members have brought a popularity to skiing that it never before enjoyed in the Eastern Townships. To tell about the success of the club it would take a book and every skier knows about Hillcrest. The ski school started at Brault's Farm, now called Pabi's, has done more for skiing in the district than anything. The Hillcrest club is to be congratulated.

Skiing has advanced a great deal and is becoming more popular each day but more and better facilities, new methods and competitive skiing on a much larger scale is in sight.

SCHOOL MEET TO BE HELD AT NORTH HATLEY

A banner season is planned by the North Hatley Ski Club and special attention will be given to the youngsters this year. President of the club this year is F. W. McCrea, Henry Taylor is vice-president and Burton Hershey is secretary-treasurer.

Actually the club has been in existence for several years but this is the second year for the club under the present name. The first name of the club was the Connaught Ski Club, then the name was changed to the Chalet Ski Club and then to its present name.

All original members of the club have been given life membership into the club.

On February 7, the annual Inter-scholastic Ski Meet will be held at Hatley under the auspices of the North Hatley Ski Club. This meet attracts contestants from all the schools in the district and the competition is keen. Winners of this meet usually go on to be future senior champions of the district.

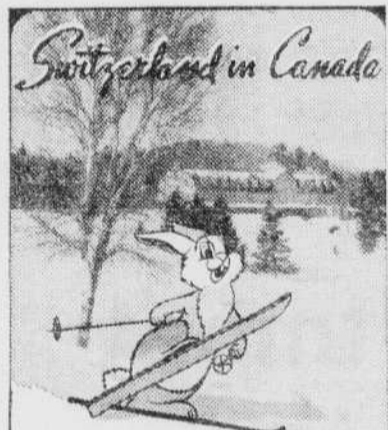
ten chutes in operation by late winter. Bush clearing has been underway for sometime now.

The modern toboggans have been ordered as well as Diesel motor equipment which will eliminate the tiresome business of climbing the slide after each run lugging a toboggan. The new project will pull toboggan and passengers back up Hill 80.

The chutes will be laid out in such a way as not to interfere seriously with those who prefer Hill 80 as a ski run. None of the construction will affect Hill 40—a more moderate and popular ski hill immediately next to Hill 80. General Manager of the Ste. Adele Lodge, Frank Bloodworth, recently returned from Bear Mountain, N.Y., after a lengthy study of the world famous slides there.

France's Olympic ski team is being trained under the direction of the Federation's training council composed of four of France's top-notch skiers: James Couttel, Jeacquenod, Chantillon and Mara. Robert, Gimbre, former French champion, is training the skiers.

Heading the women downhill and slalom candidates is Georgette Thiollierre Harrison. The lassies are being trained in downhill and slalom by Auguste Mason.



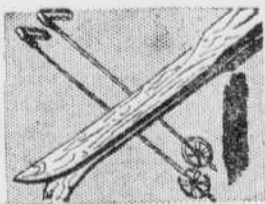
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C. N. R. Photo

Ski Competition Dates For Quebec City Area

January 11

Downhill senior and junior for the St. Lawrence Ski Zone championship at Mount Ste. Anne. Open only to skiers of the St. Lawrence Ski Zone and organized by the Zone.

January 18

Cross Country senior and junior for the St. Lawrence Ski Zone Championship. Will be held at Lac Beauport. Open to members of Zone only and organized by the St. Lawrence Ski Zone.

January 25

Giant Slalom at Valcartier. Laurentide Automobile trophy. Open to Class A and B Skiers and organized by La Voirie Ski Club.

February 1

Jumping competition for the St. Lawrence Ski Zone championships at Valcartier. Open to members of Zone only and organized by the St. Lawrence Ski Zone.

February 8

Down hill at Mount Ste. Anne. Sydney Dawes trophy. Open to senior and junior, ladies and men. Organized by the St. Lawrence Ski Zone.

February 15

Slalom at Valcartier for St. Lawrence Ski Zone championship. Open to members of Zone only and organized by St. Lawrence Ski Zone.

February 22

Jumping competition at Mount St. Castin. Open to amateurs and organized by the St. Lawrence Ski Zone.

February 29

Combined slalom and downhill for senior and junior ladies at Lac Beauport. Open to amateurs and organized by the St. Castin School Club.

March 7

City and district combined downhill-slalom championships. Open to ladies senior and junior and organized by the Employes Civils Ski Club. Members of the

Canada's Olympic Ski Team



LAURENT BERNIER



RHODA WURTELE



RHONA WURTELE



LOUIS COCHAND



BERT IRWIN



TOM MOBRAATEN



BILL IRWIN



HARVEY CLIFFORD



LUC LAFERTE



PIERRE JALBERT



HECTOR SUTHERLAND



TOM DENNIE



EMILE ALLAIS



THORNEY PICKERING

Canadian Ski Team Members Work Out On Alpine Slopes

Montreal, Jan. 10.—(P)—On precipitous Alpine slopes at St. Moritz, Switzerland, the Canadian Olympic ski team, climaxing several weeks of extensive training, are polishing up rough edges for the forthcoming winter games.

The 11 team members—Rhoda and Rhona Wurtele, Tom Mobraaten, Hee Sutherland, Bill and Bert Irwin, Harvey Clifford, Laurent Bernier, Luc Laferte, Pierre Jalbert and Tom Dennie—are also undoubtedly eyeing the opposition to determine the calibre of skiers they'll have to face.

Montreal's fearless skiing twins, 25-year-old Wurteles, who comprise the feminine part of the Canadian team, have already won their spurs in international competition. Rhoda is Dominion slalom champion and United States downhill-combined champion while Rhona is Dominion downhill combined champion.

Before leaving Canada the twins said they looked forward to downhill runs of possibly 70 miles an hour in the Swiss Alps.

"If there are wide open runs over a fairly good distance, maximum speeds attainable might range between 50 and 70 miles an hour," Rhoda said in an interview. She added that she thought that they travelled at least 50 miles an hour in trials prior to the United States tourneys at Sun Valley last year.

The twins are conceded a fair

chance against the French and Swiss. Coach Emile Allais, former world champion, who knows the stiff competition French and Swiss women can offer, is high on the twins' chances. His only regret: that Canada hasn't two more girls such as the Wurteles on the squad.

Should Canadian jumpers rank high in the Olympic jumping competition—and it could happen—then look for 34-year-old Tom Mobraaten of Vancouver. The little fellow whose blue eyes and freckles stand out prominently against his bronze wind-tan has taught all the tricks in the book to stablemates Laurent Bernier of Quebec and Luc Laferte of Three Rivers, Que.

It was these tricks acquired in many years of added experience—particularly control—in space that spelled victory for Mobraaten over 25-year-old Bernier at the Dominion championships last year. Bernier out distanced the Vancouver fisherman but lost on style.

"Mobraaten has shown wonderful team spirit, and has spent more time on the other boys than he has on himself," W. T. Pickering, a team official said. Another encouraging feature of the jumping troups is that Mobraaten, Bernier and Laferte have become as inseparable as the three musketeers. They talk "shop" in off hours.

Mobraaten, who came to Canada from Norway in 1930, started

to ski at the age of six and won his first skiing award in a school competition at Kongsberg. His longest jump was 276 feet.

After the Olympic games, he plans to visit his people in Norway but doesn't like the idea of being separated so long from his wife and two children in Vancouver.

Tall, dark and slender, Bernier last year won the eastern United States jumping championship and won the Laurentian trophy three years in a row, 1940-41-42. He is a powerful swimmer.

Luc Laferte, 27, nicknamed "The Flying Cowboy" by newspapermen, is of medium height,

Continued on Page 10

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St. Lawrence Ski Zone only. To be held at Lac Beauport.

March 14
Combined downhill-slalom for junior and senior ladies, at Lac Beauport. Open to amateurs and organized by the Union Commerciale Ski Club.

March 21
Jumping competition, senior and junior, at Lake Beauport. Closing of the season. Open to amateurs and organized by the St. Lawrence Ski Zone.

March 28
Double slalom at Lac Beauport. Laurentide Ski-Tows Trophy. Organized by La Voirie Ski Club.

April 4
Competition for officials and organized by the competitors.

Canada's Olympic Skiing Twins



Rhona and Rhoda Wurtele, now training with the Canadian Olympic ski team in Switzerland, are shown above taking the crest of a fast slope in the Canadian Rockies. These sisters are the finest women skiers in North America.

C. P. R. Photo.

SKI PATROL

The Ski Patrol had its origin in Switzerland. The effective service it rendered in that country were soon recognized by the Americans who in turn organized The American Ski Patrol System, operating over the entire United States. With the increasing popularity of skiing in Canada the necessity of having a Patrol System was soon realized. It was first adopted in Ontario, principally in the Toronto area.

The Laurentian Zone has also adopted the same system, to complete and supplement the work done until then by the St. John Ambulance. The Ski Patrol is now regarded everywhere as more effective and more service-

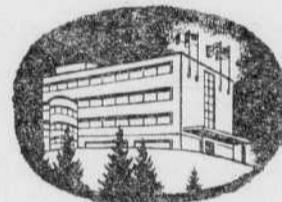
Continued on Page 9

THE HEART OF THE LAURENTIANS

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Good Skiing Starts With Mastery Of The Christiania Technique

By EDDIE HUBER, R.S.I.

The large number of skiers of today can be classified into two groups; those who have advanced to the Stemm-technique and stay with it, and the others who are striving to perfect the effortless strength-saving Christiania—the Parellechristiania—sometimes referred to as Tempoturn.

I am inclined to say that good skiing starts with the mastery of the Christiania technique. Let it be said that the latter requires a thorough knowledge of the Traverse, sideslipping and finally pure swinging. These three phases of the Christiania show a remarkable similarity, insofar as they all require leaning away from the slope and weight on the lower ski (turn-outer ski). This "break in the hips" is characteristic in all Christiania. Once side-slipping is thoroughly mastered, the skier should practice a turn from a traverse into the hill. First at-

tempts in practicing the actual swing should be done around a mound. Due to decreased turning resistance over convex hill contour, the swinging of both skis out of their original direction is considerably facilitated. Concave hill contours must be avoided to practice christianias. A fair amount of speed is essential to assure a smooth and rhythmical swinging. First the straight running school, then school of swings.

In the approach of the turn the skier assumes a normal traversing position with forward pressed knee and erect body. With a slight swing of the hips to the outside, rotation is now transmitted to the skis and they will start to skid (side-slip). At this time the body assumes a slight crouch position thus lowering the centre of gravity with the result of better stability and balance through the last phases of the turn. A good forward lean will bring momentum

and centrifugal force into play which will extensively replace the muscular effort of the bodyswing. The latter is only required to initiate the swing.

The most common faults which occur in practicing the Christiania are falls to the inside. This is due to faulty weight distribution. The awkward crossing of the ski ends, called "tail spins" indicates that the turn-inner ski was not advanced during the turn. Over-swinging is another bad habit that causes falls. It can be avoided by increasing edging at the moment of approaching the horizontal line.

When progress in practicing has reached the degree of satisfaction it is recommended to start the turn from a steeper angle until finally a swing from the straight line of decent can be attempted.

In linking these parallel Christianias, that is to say connecting two Traverses, one must first get both skis pointing straight downhill into the fall line. One approaches the turn in a slight crouch, followed by a forward and upward movement of the body. This will unweight both ski ends and point the weighted shovels straight downhill. It will also enable the skier to transfer his weight to the outer ski at the proper time. Brisk and overdone movements must be avoided since the skier does not wish to come to a stop, instead the movements must be fluid, rhythmical and elegant. Long and arduous practicing is in store for those who wish to reach that highest degree of perfection in Christiania technique. There is no short cut to success.

Quebec City, the Ancient Capital of New France, has always been a tourist mecca second to none in North America, and these days more and more winter sports enthusiasts are hearing of the unexcelled conditions available overnight.

Help preserve the shape of your ski boots and use shoe trees. Allow your boots to dry at normal room temperature—not near a fire. Improper care will ruin the best of ski boots.



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TRIP TO STOWE LAST YEAR WAS HUGE SUCCESS

Last year when most all skiers had put their skis and equipment away in mothballs a group of enthusiasts from the Hillcrest Ski Club decided that they would take a trip to Stowe, Vermont.

One bright, sunny, Sunday morning, in March a bus was boarded and the group was bound for Stowe. Upon arriving, the majority of the skiers looked at the surroundings but then a certain group saw the two-mile long chairlift and the "No Dive Trail." Away they went up the picturesque mountain and started their decent down the fast tricky run. It was a thrill of a lifetime.

At the top of the mountain there is a shelter called an Octogan where light course meals and beverages are served. There are trails for all types of skiers, young or old, beginners or experienced skiers at Stowe and actually the trip is worth while.

The excursion was a new venture for Hillcrest and the idea thought of by "O" Matte was a brilliant one. It is hoped that more trips of this nature will be made this season. Making such dealings adds to the thrill in the sport of skiing as far away pastures always looked greener.

Ski Patrol

Continued from Page 8

able as it has the great advantage of mobility and can extend its operations over the entire ski area, including out of way trails and paths. The St. John Ambulance brigades could only bestow and furnish first aid to the skiers that could be conveyed and carried to the first aid posts scattered in privileged ski areas.

The Ski Patrol has become an absolute necessity, in curbing the mounting number of accidents due largely to the increasing number of skiers and the lack of proper knowledge.

A Patrol Man should be looked upon by every skier as some sort of Guardian Angel. He is a qualified first aider, of necessity a good skier, has knowledge of trail blazing and capable of rendering assistance and first aid anywhere even at great distance from the first aid posts. His duties are mainly to prevent accidents in every way and to see that all possible source of danger is removed. He must caution any skier he sees out of control for that skier's benefit as well as that of all his fellow skiers on the same hill, for he is a source of danger.

The Patrol Man is fully accredited by the Canadian Amateur Ski Association and has authority to work in the entire Dominion. His services are given free for the benefit of all skiers. Let us remember that and treat him with the consideration he deserves. Every skier should make a point of honor to wear the Patrol Button to help the very organization he may be indebted to tomorrow.

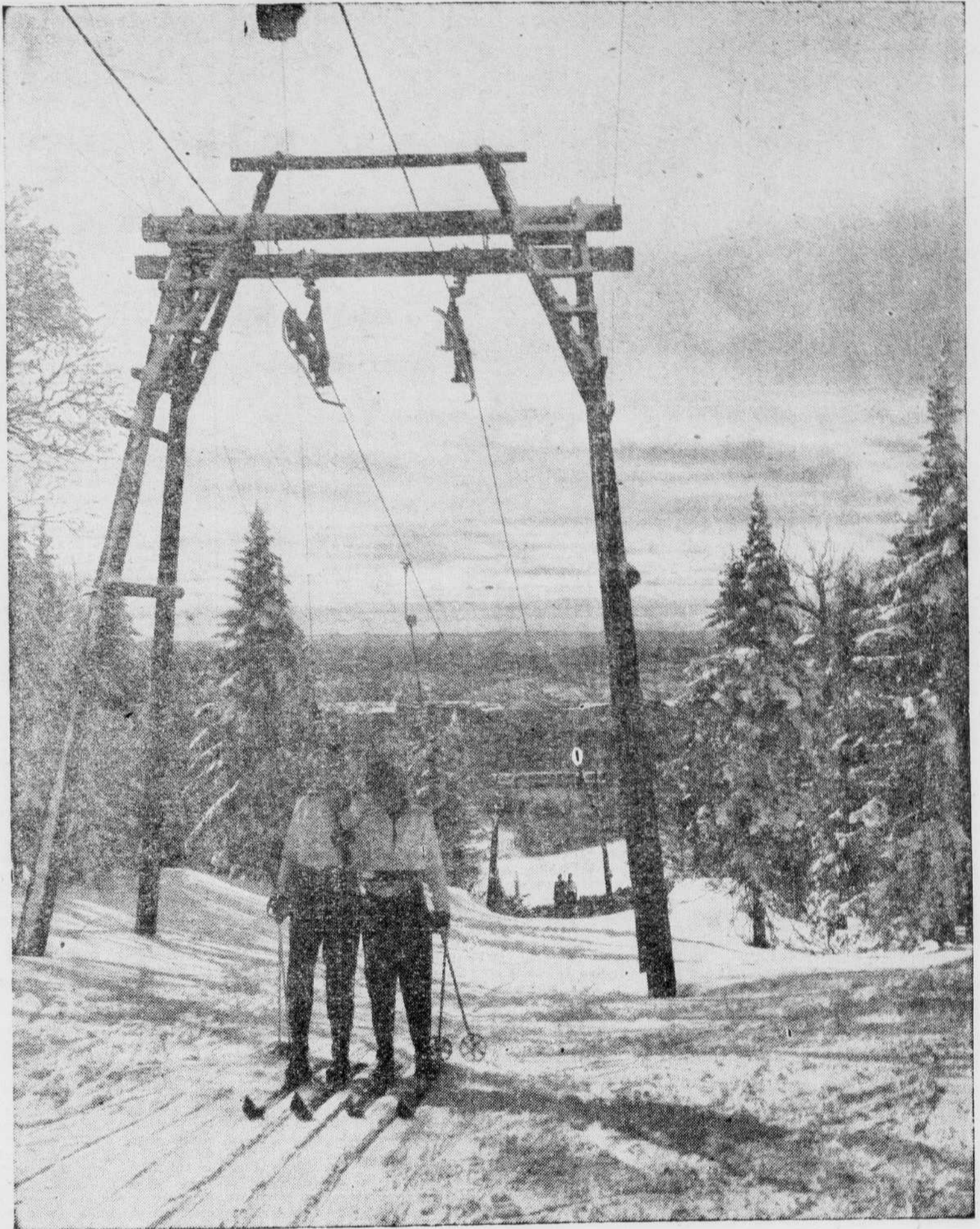
The Canadian Ski Patrol System was formed by the C.A.S.A. in 1941, to act as a national co-operative movement to be run by skiers for the benefit of all skiers. This organization works to decrease the incidence of ski accidents, at the same time encouraging the formation of local patrols to care for such accidents that do occur on the ski slopes. The Patrol System office acts as a clearing house for information to enable clubs to benefit by the experiences of other clubs, particularly with

respect to first aid equipment, safe trail construction, buttons, badges and etc. that are used in the training and financing, etc. of the patrol.

The Canadian Amateur Ski Association is our national organization in charge of the sport of skiing. It has divided Canada into Eastern, Central and Western Districts, with five zones in each, and has a total of 150 member clubs, whose memberships vary from 6,000 to less than 25 each.

The chief officer of the C.A.S.A. is the President and under him there is a Chairman of the Technical Board, an Honorary Secretary-Treasurer, and three Vice-Presidents from each District, as well as a Vice-Chairman of the Technical Board from each District. This, together with a Past President, constitutes the Executive Committee.

Ski Tow At Mont Tremblant



Four Of A Kind



These are the first four women members selected for the U. S. Olympic skiing team. Left to right are: Gretchen Frazer of Vancouver, Andrea Mead of Rutland, Vt., Paula Kann of North Conway, N.H., and Brynhills Grasmoen of Merced, Calif.

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Away Like A Flash



Slalom racing at Morin Heights is only one of the skiing thrills to be found in the Laurentians. The skier above is just getting ready to go into his turn, as he throws up a cloud of powder snow. C. N. R. Photo.

Canadian Ski

Continued from Page 7

freckled and stocky. He looks more like a boxer than a skier. He once held the eastern United States championship and made his longest leap of 234 feet at Lake Placid in 1944.

An 11th hour addition to the cross-country Olympic aspirants of the Canadian team was 24-year-old Tom Dennie of Quebec who brought to six the number of representatives from this province. Dennie fought hard to gain a berth with the team, defeating such cross-country stalwarts as Bill Johnson of Sudbury, Ont., Alex Alain of Quebec, and Gault Gillette of Ste. Agathe, Que., in two trial cross-country races at Lake Beauport, Que.

For Dennie, making the team meant the realization of a long cherished ambition. Illness kept him out of the Dominion cross-country meet last year won by Lauri Huuki who was also a tough contender in the trials at Beauport last month.

Dennie, known as "The Deer of Lac Beauport," covered the clover-leaf-shaped 10-mile trial run in one hour 16 minutes and 25 seconds in the second race and approximately a minute faster in the first.

The other Canadian cross-country representative is Bill Irwin, 27-year-old native of Winnipeg who won the Pacific northwest cross country and jumping title at Portland, Ore., in 1942. He was the winner of the western "Fiske Classic" downhill event three years running.

Proving himself a genuine four-way man, the fair-haired carpenter who is married and has a son, walked off with the combined downhill and slalom championship of western Canada at Wells, B.C. Brother Bert, also a carpenter, is one of the teams downhill and slalom representatives. The 30-year-old four way man, married and like Bill the father of one son, is a former Pacific Northwest slalom champion. He also scored a win the western Canadian championships in 1946.

Also taking over slalom and downhill duties are Harvey Clifford, 22, of Ottawa and Hec Sutherland, the 20-year-old baby of the team from Montreal. The tall rangy Clifford, who was born in New Brunswick, has dominated slalom and downhill competitions

top men in the Laurentians will not be available as some have previous commitments but all are doing their best to join the schools or aid in any way that they can. These first Canadian Travelling Ski Schools are the forerunner of professional and amateur schools that will in time stretch into every skiing area in Canada between the Atlantic and Pacific.

Perfect Score



Barbara Ann Scott, a heavy favorite to win the European Olympic and world's figure skating titles this winter, has settled down to a vigorous training schedule at Davos, Switzerland. The 19-year-old Canadian Skating star will compete for the European title at Prague on January 13-15; the winter olympics title at St. Moritz on February 2-6; and the world championships at Davos Platz on February 11-15. She has an extremely large audience of villagers to whom she is affectionately known as "Baerbet," the Swiss-German diminutive of Barbara.

in the Ottawa valley and won several Laurentian competitions during the last few years. Sutherland, dark, happy-go-lucky four-way man, won the Dominion downhill championship last year and several other Laurentian zone meets.

Pierre Jalbert 22-year-old native of Quebec, won 27 cross country races from 1940-43 in competitions in the Quebec district before being layed up for several months because he over exerted himself in ski competitions. Slender and weighing only 137 pounds, he specializes in downhill for which he wears a helmet.

Jalbert's most notable feat came last year when he took top honors in the combined downhill and slalom at the Dominion championships at Mont Ste. Anne, near Quebec City.

First Canadian Travelling Ski School Offers Free Instruction

By CLINT MELVILLE

Since the inauguration of the Canadian Ski School in 1938 those skiers who have been doing the organization and operational work have looked forward to the day when the school would spread from the Laurentian zone to the rest of Canada. That day has arrived. This year the first Canadian Travelling Ski School will move out and operate at North Bay and Fort William in Ontario. This is being made possible by the Department of Travel and Publicity of the Ontario Government.

Colonel the Honorable Arthur Welsh, Minister, stated that the Department will pay the salaries of the professionals who are to do the teaching. This has been done because he and his deputy, Tom McCall, realize that furthering the spread of safe controlled skiing will be a great help to the Winter tourist business in the province. Ontario has many potential skiing areas that are only partly developed or at present untouched. Better skiers mean more skiers, more skiers mean that more facilities can be profitably provided and more facilities mean more tourists.

The success of the schools is assured by the full co-operation of the Canadian Amateur Ski Association and the Canadian Ski Instructors Alliance. This co-operation is available in every respect. Sidney Dawes and Louis Cochand,

the respective presidents, have done much of the preparatory organization work. Walter Klus, the perennial secretary of the Alliance, has been doing a lot of spade work even though this is the time of year when he is up to his neck arranging the professional school.

You don't have to guess, this year the Travelling school is for amateurs. The North Bay school starts January 12 and runs for six days. All the clubs in the Gatineau, and Southern and Northern Ontario Zones have been invited to send representatives. The Fort William school, January 19th to 24th, will cater to the Lake Superior and Manitoba Ski Zones. Both schools will include a few skiing cousins from the United States. The potential ski instructors will return to their clubs after the course and organize ski schools with themselves as directors. In this way free instruction in the Canadian Ski Technique will be available to all. It is not expected that these amateur instructors who will only be working weekends will be able to do the job that the professionals can but they will definitely improve the skiing ability of anyone who comes to them and any such person will be able to look forward to a winter vacation assured of a great deal of pleasure. Much of the instruction will be aimed in days to come at the Juniors and school boys and

girls that will prove to be our champion racers of tomorrow. This is an expansion in most areas of former work of the Zones.


The curriculum at each school will be practically the same as that at the professional school and will be just as tough. Approximately six hours of skiing every one of the six days with one hour of lectures on various aspects of skiing following the lunch period each day. In the evening there will be two hour sessions on first aid for all who have not previously passed a St. John Ambulance course. In conjunction with this Doug Firth, the chairman of the Canadian Ski Patrol, intends to reach each school for at least one day to speak on the latest wrinkles of patrol activity.

The matter of technique and the selection of the instructors is in the hands of the Chief Instructor and the Directorate of the Alliance and the organization work falls on the shoulders of the C.A.S.A. and their appointed manager. All the

T-r-a-c-k



Ross Greer is shown above coming off the take-off of the well known ski jump in Montreal on the Cote Des Neiges Road.



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Brault's Farm Now Called Fabi's Is Top Skiing Spot; Hillcrest Ski School There

By GORDON HARMER

Fabi's Farm is the new name of the former Brault's farm on Brompton Road. The farm is the scene annually of the Hillcrest Ski School which attracts hundreds of pupils each year interested in learning the art of skiing.

Today Fabi's Farm is a most highly developed and successfully operated ski project. Two strong rope tows make skiing more enjoyable for thousands of enthusiastic skiers. A 12,500 watt lighting system has been installed on the hills enabling those who are busy during the day to enjoy their favorite sport at night. Seven downhill trails and been cleared and there are two well-marked cross-country trails from the edge of city directly to a shelter at the foot of the slope.

The project started five years ago by the Hillcrest Ski Club, includes a ski school that now has a competent staff of fifteen instructors. All who are interested are invited to take instruction which is provided free to club members.

The Fabi's Farm development has done more to further interest in skiing in this district than any other undertaking in local skiing history. Credit for its success goes to the hard-working members of Hillcrest Ski club who devoted their time and energy in making Fabi's a skiers paradise. At the outset, the club's treasury bore all the expense of installing tows, lighting and shelter. The enterprise soon found supporters among the city fathers and eventually even provincial officials became interested in the development of a winter playground in at Sherbrooke. In 1945 the Provincial government granted, outright, the sum of one thousand dollars to Hillcrest. During the Christmas holidays of that year it was estimated that the facilities at Brault's were used by no less than 2,500 Sherbrooke children.

The large shelter is a haven for chilled skiers, who come in to warm themselves when the weather is particularly cold. It is possible

to buy warm drinks and sandwiches at the Shelter and the cabin has become almost as popular a meeting place as the slope. There is a large parking place near the cabin.

Since Fabi's is only a ten minute drive from the heart of Sherbrooke many skiers drive out for a few hours of skiing whenever they have a free afternoon during the week. When skiing is good the Shelter is kept open every afternoon and the tows are in operation providing there are enough customers.

A battery of 25 flood-lights turns night into day, allowing skiers to enjoy favorable weather conditions twice as long as would ordinarily be possible. The lighting system, installed in co-operation with the city of Sherbrooke, has proved so successful that other Canadian ski centres have emulated the Fabi's Farm night-skiing undertaking.

With so many people taking advantage of the many facilities offered at Fabi's it was necessary to plan a first-aid system. All instructors and assistant instructors of the Ski School have either qualified for their St. John Ambulance First Aid certificates or have received basic training in the administration of first aid. There is first aid equipment in the Shelter, but Ski School officials report that it has come in for hardly any use. Accidents on the hill have been kept to an absolute minimum. The reason for this is that the school does not merely foster the learning of safe skiing. The instructors are all experts at skiing control and the hundreds of youngsters who swarm the slopes during the winter are all taught that control is essential to safety in skiing.

A popular event at Fabi's annually is the Sherbrooke school-boys' and girls' ski meet. Also staged is a St. Charles Seminary meet. Thousands participate.

The name of the farm may have been changed but the old spirit is still there and Fabi's Farm will still be the place for young and old.

You Can Always Learn



Cutting into the powdery snow at St. Sauveur, in the Laurentians, the group above are not only enjoying the sun and snow, but are also learning to ski. C. N. R. Photo

Alpine Inn Bought By Vernon Cardy Prepares For Many Sporting Events

Special to the Record

Ste. Marguerite's Station, Que., Jan. 10.—On this winter day, with the vari-colored lights sending out their brilliance from the gently swaying evergreens before the door of the Alpine Inn of Ste. Marguerite's Country Club, a spirit of good living and fun, seldom prevailing away from hotel, exists in this famed resort.

Within the log walls of the Inn there is music and laughter, dancing, singing and heart happy people who are enjoying the life in the Laurentian winter wonderland to the fullest. And the staff

is happy too, for they see busy fruitful years ahead.

The Alpine Inn, actually the longest established resort of its kind in the mountains, founded nearly 30 years ago, but changed through the years, and completely rebuilt in its sprinkled and safe construction just 8 years ago was acquired by Vernon G. Cardy in early November.

The layout from a viewpoint of comfort was unequalled. From an aspect of sports it was also outstanding. But immediately the new management took over a program was commenced to further enhance the charm. Not one whit of the rustic beauty or the natural charm of the area was lost. Nothing was sacrificed for efficiency or for revenue in the way of the gifts of nature, the beauty of setting, the charm of the giant log structure and its cottage colony.

Yet there was a tremendous "invisible" change in facilities, and a great change in tasteful decoration, establishment of exceptional public rooms, dining rooms for transients and other features.

Outside 20 men went to work on the ski trails and under the direction of Andre Badeaux, ski professional, three new hills were cut. They are designed to delight the heart, and not to scare the life out of the businessman skier. They are not "daredevil dives," and they are not "schuss" affairs, but rather slopes that are very fast if run straight but wide enough for gentle traversing. Of

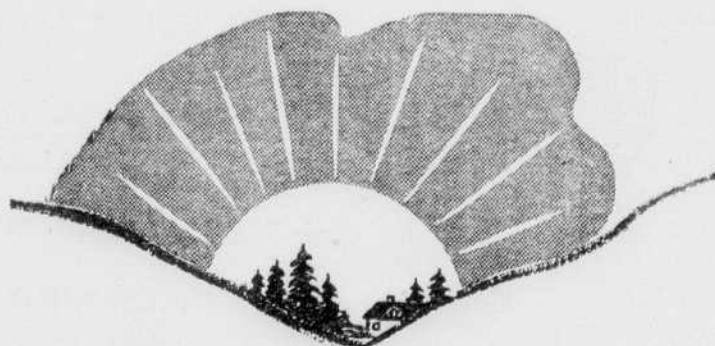
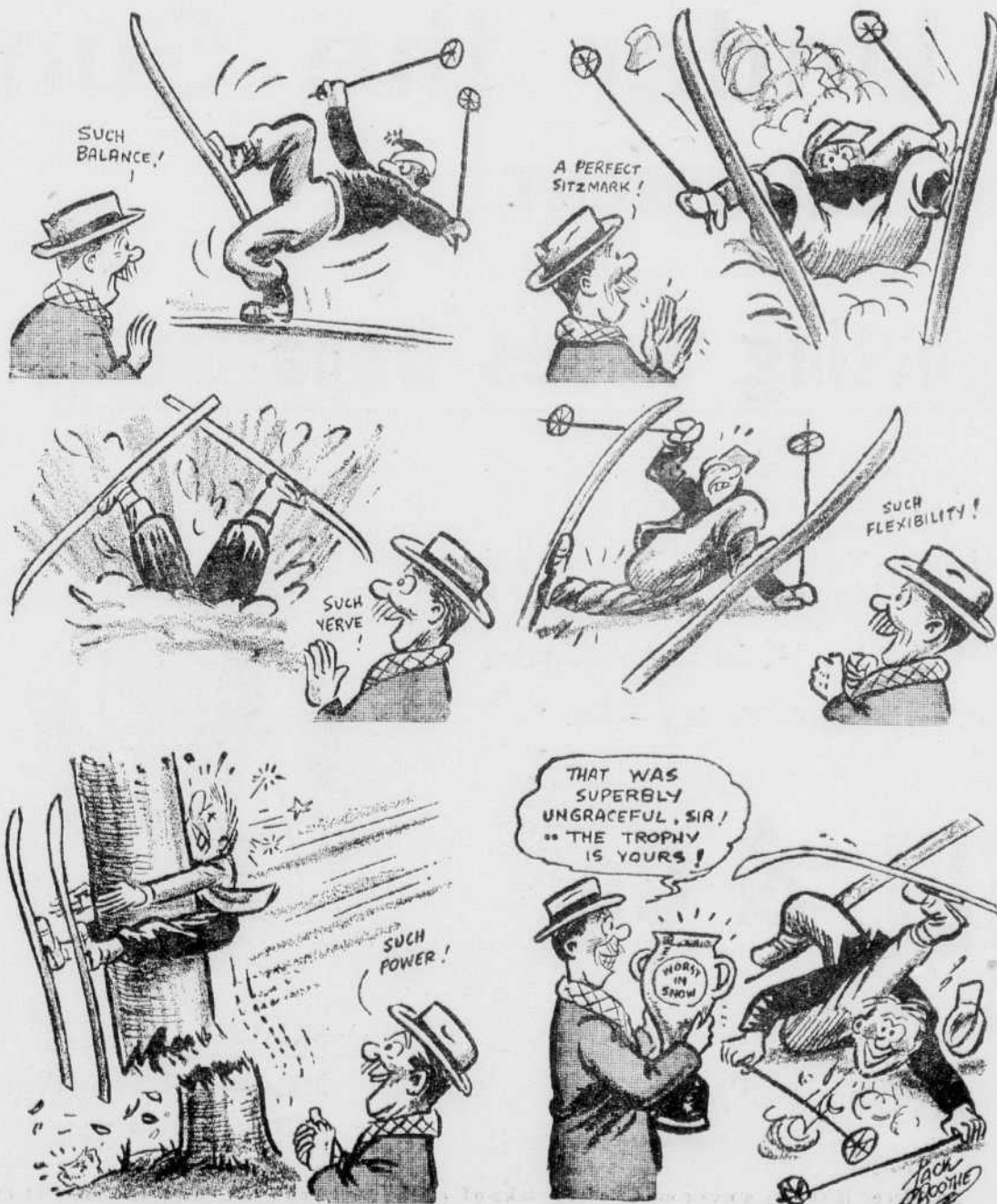
course Mont Baldy is nearby and is the deadliest dive in the Laurentians, but that's not what the Alpine guests want.

"We have designed our ski hills for the great majority of skiers, those who are not super ski experts, are not in the tip top athletic condition, and who consider first the possible risks of an inexperienced skier going down a steep run" commented Vernon G. Cardy. "Someone has called them the 'Business Men's Hills' and actually that's not far from being the truth. I've tried them all myself and they are good, fast if you want them, but not too tiring or too dangerous."

The McGill Winter Carnival, the annual Totem Club event, a number of special downhill dashes on Mont Baldy and several other fixtures are on the calendar of the ski Alpine for the winter. At the present moment the Alpine Ski Club and the St. Marguerite's Ski Club are discussing the holding of medal award events based on standard time going down two of the hills in downhill style and the Bar Room Kandahar in slalom form.

Situated just 2 miles from the Ste. Adele crossroads on Number 11 highway in the Valley of the Saints, the Alpine Inn has some great years ahead, and it is not likely to stop progressing as long as it is owned by Vernon G. Cardy. It will surely become one of the world's really great resort hotels.

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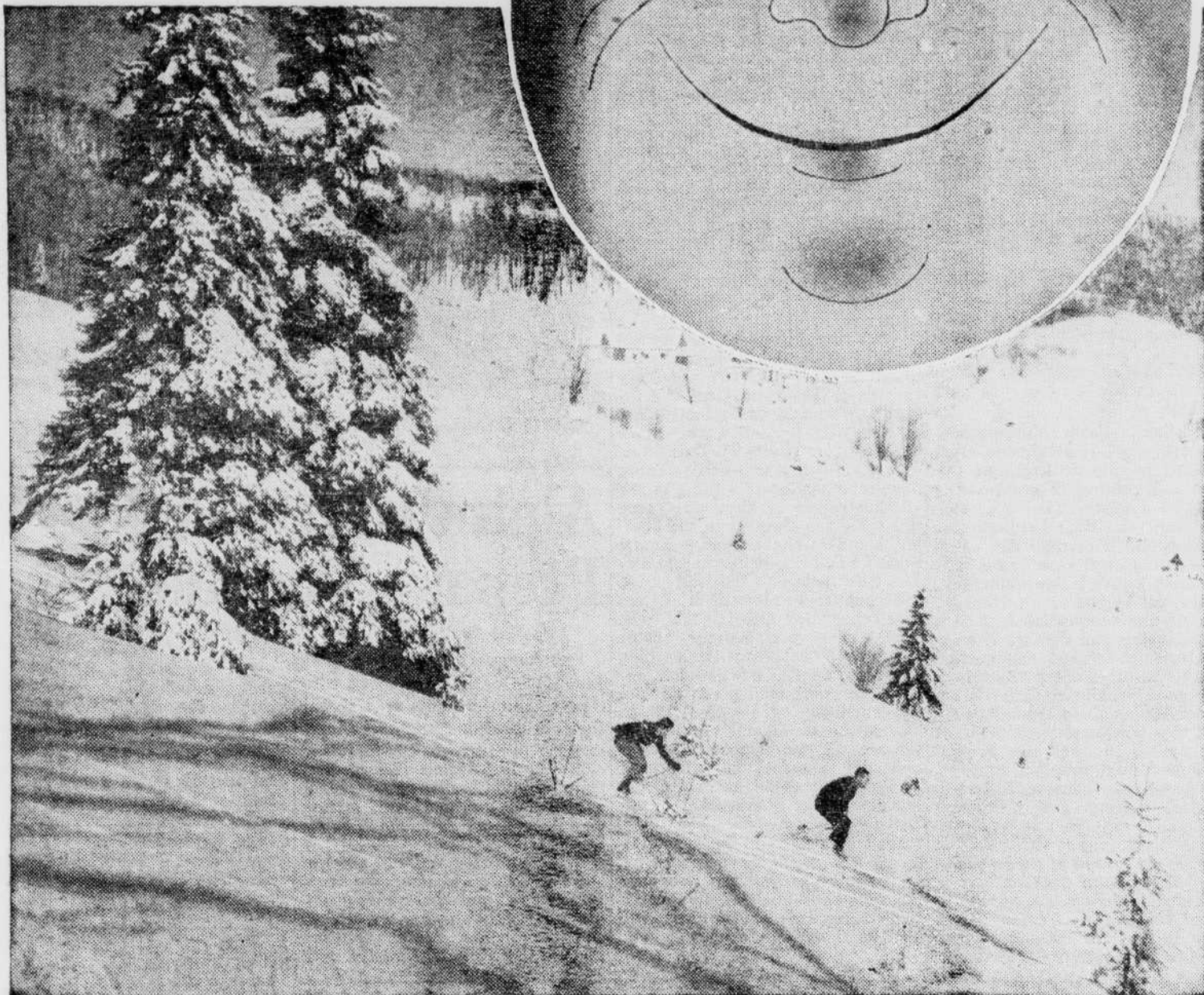
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Rating far above the customary skiing costume in eye appeal, Kristine Miller's outfit bares shapely legs, leaves the rest of the body free from cumbersome padding as she appears on the sun-warmed slopes of Sun Valley, Ida. The one-piece garment is wrapped about the hips diaper fashion.

SKI FOR HEALTH

Skiing is a strenuous sport, but for the expert, and the novice, is a great health builder. If you are learning to ski don't overdo your exercise the first few days. Work up to it gradually, and in this way you will get the full benefit of healthful exercises, good fresh air and sun.

Skiers Flock Annually To Picturesque Laurentians

By C.P.R. Press Bureau
 Montreal, Jan. 10.—The rolling Laurentian Mountain country north of Montreal is rightly called the cradle of skiing in North America, but the "harebrained" enthusiasts who first introduced the sport half a century ago would be hard put to recognize their favorite slopes today. Where as recently as 15 years ago skiers could be numbered in tens, now they may be seen in hundreds.

Through this winter wonderland from Shawbridge to Mont Tremblant in the heart of French Canada, where the sleigh bells of its picturesque "habitants" mingle with shouts of skiers on the trail, the snow can nearly always be depended upon to be the way the skier likes it best—deep and powdery. Of all the ski terrain in Eastern Canada and the Northern United States, the Laurentian area is least subject to the adverse weather conditions which cause sleet and crust.

Added to that, the ski runs are easy and inexpensive to reach. The best centres are from an hour to less than three hours and a half from Montreal (Park Avenue Station), itself just overnight from New York, Philadelphia or Boston, and the Canadian Pacific Railway operates frequent snow trains through the area, providing especially low week-end and one-day excursion fares.

The continuing popularity of the Laurentian ski country is indicated by C.P.R. expectations of carrying 10,000 skiers northward each week-end from Montreal. Last year on special ski trains operated over the line from Montreal, 126,000 were carried by the railway to their favorite hills, a far cry indeed from the 11,903 carried in 1926-27 when the C.P.R. pioneered ski trains.

These ski specials are an experience in themselves. Specially equipped to carry winter sports gear, the coaches are each week-end filled with brightly-clad skiers whose famous north-country songs in both England and French have already spread far and wide across the continent. Parlor car service too is provided each way daily on the Laurentian line between Christmas-time and the Easter holidays, connecting in Montreal with overnight trains to and from other Canadian and United States cities.

Shawbridge, at the start of the ski country, can be reached by

C.P.R. in an hour from Montreal. To Mont Tremblant, at the far end, the travelling time is three hours and 20 minutes. Between these points lies the best skiing country and the scene of the season's competitive events running from December through March.

Among the more important competitions scheduled for this year The Taschereau Downhill, February 1; the Eastern Canadian Championships, February 14, and the Quebec Kandahar Downhill and Slalom meet, March 6-7, all at Mont Tremblant, and the annual International Ladies Meet at Mont Gabriel, near Piedmont, March 13-14.

Facilities in the 14 ski centres served by the Canadian Pacific have kept pace with the increased popularity of the area. There are more than 10 hotels and boarding houses, ranging from first-class resorts to small "pensions" that cater especially to skiers. Practically every Laurentian village has its ski-tows, there being more than 80 through the mountains, including rope-tows, bar-tows and elaborate chair-tows on the slopes of Mont Tremblant.

New improvements costing close to \$3,000,000 are either completed or in the final stages this year. A new chair lift, 5,200 feet long has been built on the northern slope of Mont Tremblant, which will permit skiing until late May each spring and bring the total length of uphill transportation there to over three miles. A new year-round resort housing 20 guests will be open this winter at Ste. Marguerite, and new tows have been installed at Piedmont, Ste. Adele, Ste. Marguerite and other centres.

Ski instruction is available at all centres throughout the Laurentians. Top-ranking teachers include Luzzi Foeger, former Hannes Schneider top assistant, at St. Jovite; Hans Falkner at Mont Gabriel, Johnny Frupp at Mont Tremblant, Mario Gabriel at Shawbridge, Emile Cochand, Jr., at Ste. Marguerite, Roland Belhumeur at Ste. Agathe, Roger Trottier at St. Sauveur and Andre Badeaux at Ste. Marguerite.

ERIC SCHILLER IS STILL TOP TEACHER HERE

Eric Schiller an Alpine-trained ski instructor, Alberg technique stylist and a former international gymnastic champion is ski master at the Hillcrest Ski Lodge. Mr. Schiller is an accomplished horseman and a real athlete and one of the two men behind the big ski development at Hillcrest Lodge.

Skiing was a minor sport in this district when Eric came to this city in the early 1930's. Within ten years it had taken major proportions and is now one of the most popular winter sports in the district.

Eric started skiing at the early age of ten. When he was eighteen and living in Basle, Switzerland, young Eric had become so proficient on the slats that he was enrolled in a Swiss instructional ski course at Listag in the Jura ranges. The Jura mountains, or Lower Alps, vary in altitude from 3,000 to 9,000 feet. The Bernese and Pontine Alps are above the 9,000 foot level. Skiing in the deep snow and varied terrain of Switzerland requires the maximum of skill and strength and when we remember that Eric Schiller's early training ground was this area then we can see why he is an expert in the art of controlled skiing.

A firm believer in safe skiing the Alberg way, Eric was a good friend of the late Herman Gardner who was one of the greatest skiers ever to ski in Canada. The influence Gardner had on skiing in the Laurentians is paralleled by that which Schiller had and is having on skiing in the Eastern Townships.

He considers anything connected with skiing as a labor of love not a duty. Eric has the appreciation of the E.T. Ski Zone for all he has done in making their ski meets successful. Some of the finest racers in the district learned their stems and turns from the ski-meister.

High In The Rockies



Here a pretty skier takes time out to rest and smile for the photographer at Jasper National Park. She is climbing the Athabaska Glacier, one of the most thrilling ski runs in the Rockies.

List of Ski Events

The following events are scheduled in the Eastern Townships and Laurentian Ski Zones for the 1948 season:

E. T. Zone

Feb. 7—Junior Meet at North Hatley.

Feb. 15—Ladies' Meet at St. Johns.

Feb. 28—Men's Championship Meet at Bishop's University, Cross-country.

Feb. 29—Men's Championship Meet at Hillcrest, Downhill and Slalom.

Mar. 7—Mount Orford Inter-zone Classic.

Laurentian Zone

Jan. 4—Downhill, St. Sauveur S. Club, on the St. Sauveur course and open to A and B Men, Ladies and Juniors. Downhill, Ptarmigan Club, on Red Bird Run and open to C Men, Ladies and Juniors.

Jan. 11—Downhill, Mont Gabriel Club, on Tamarac Trail and open to C Men, Ladies and Juniors. Interfaculty and Intersectional Competitions, sponsored by McGill University and held at St. Sauveur.

Jan. 18—Downhill, St. Agathe Club, on David Run and open to C Men, Ladies and Juniors. Slalom, St. Agathe Club on Hill 65 and open to C Men, Ladies and Juniors. Slalom, St. Donat Club on Jasper Hill and open to A and B Men, Ladies and Juniors.

Jan. 25—Slalom, Val David, on Val David course and open to A and B. Men, Ladies and Juniors.

Jan. 25—Downhill, Morin Heights on Kicking Horse Run and open to C Men, Ladies and Juniors. Cross-country, Morin Heights, open to all classes.

Feb. 1—Downhill, St. Jovite on the Taschereau Run and open to B and C Men, Ladies and Juniors.

Feb. 8—Slalom, Skigulls Club on Hill 71 and open to C Men, Ladies and Juniors. Downhill, Totem Club on Mt. Baldy for Zone Champion-

ship for A and B classes. Jumping, Sky Riders at Cote des Neiges, open, for City of Montreal Championship.

Feb. 15—Downhill, Laurentian Zone Committee, at Mount Tremblant, for Eastern District Championships and open to A, B Class Men, Ladies and Juniors. Slalom, Laurentian Zone Committee, at Mount Tremblant, for Eastern District Championships and open to A, B Class Men, Ladies and Juniors. Jumping, Laurentian Zone Committee, at Christeville for the Eastern District Championship and open to A and B Class Men, Ladies and Juniors.

Feb. 14—C. Country, Laurentian Zone Committee, at Christeville, for the Eastern District Championship and open to A and B Class Men, Ladies and Juniors.

Feb. 20—Downhill, McGill University Winter Carnival at Mt. Baldy. Slalom, McGill University Winter Carnival at Mt. Baldy.

Feb. 21—C. Country, McGill University Winter Carnival at Mount Royal. Jumping, McGill University Winter Carnival, Cote des Neiges.

Feb. 22—Slalom, J. B. Ski Club at Shawbridge for Zone Championships and open to A and B. Men, Ladies and Juniors. C. Country, Laurentian Zone at Shawbridge, Zone Championships, open class. Jumping, Sky Riders S. C. at Cote des Neiges, for the George Washington Trophy, open class.

Feb. 27, 28, 29, Dominion Championships at Banff.

March 6-7—Downhill, Red Birds on the Kandahar and open to A, B, Men. Slalom, Red Birds on the Kandahar and open to A, B Men.

Mar. 13—Downhill, Mount Gabriel on the Tamarac Trail for Canadian and American Ladies' Teams.

Mar. 14—Slalom, Mont Gabriel on the Scott's Slip for Canadian and American Ladies' Teams. Downhill, St. Agathe S.C. on the St. Agathe Downhill and open to A and B. Men.

Skiing Fashions



Ski-time is right around the first snowfall! Fairway downhill slacks and a pale blue tuck-in jacket collared in navy blue to match the slacks, feature latest style ski clothes, now available in Sherbrooke.

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 Modern log chalet in the picturesque Laurentians, north of Montreal . . . numerous ski tows close by . . . finest snow conditions . . . ski at famous St. Sauveur winter wonderland. Friendly atmosphere . . . wholesome meals . . . every modern comfort and convenience. Rates from \$4.50 to \$7.00 per day. Information and reservations: St. Sauveur des Monts, P.Q.

Quebec, A Tourist Mecca Second To None In North America, Attracts Skiers

By C.P.R. Press Bureau
Quebec City, Jan. 10.—Quebec City, the ancient capital of New France, has always been a tourist mecca second to none in North America and these days more and more winter sports enthusiasts are hearing of the unexcelled conditions available overnight for 50 million Canadians and Americans.

On Lac Beauport's open slopes and at nearby Valcartier ski bowl only a few miles from the centre of Quebec, but at the same time in the heart of the French Canadian countryside, the expert or the novice can find hills and trails to suit his skill. And within walking distance of the Chateau Frontenac, scene of two Roosevelt-Churchill conferences, are practice ski slopes, open-air skating rinks and the famed mile-a-minute toboggan slide. Snow conditions are the best.

With the construction of new lifts and tows, now accommodation and a new ski jump at Valcartier, the old walled city is getting ready for its gayest and busiest winter in history with a full schedule of competitions.

At the Chateau Frontenac's Ski Hawk School the skier can gain skill under the tutelage of Fritz Loosli, Canadian exponent of the parallel ski technique.

This year, the Canadian Olympic team started its training at Valcartier early in December, and Lac Beauport saw a school for training all Laurentian ski zone instructors before they took up their regular posts. The Valcartier-Beauport-Mont Ste. Anne area was the scene of last year's Dominion ski championships.

At Lac Beauport an Alpine lift and five electric rope tows are in operation, while at Valcartier there are three electric tows and an Alpine lift. Both centres have lodges with dining room, bar and skis shop.

Every morning buses leave the

Chateau to take skiers to Lac Beauport or Valcartier. At the Ski Room skis and poles are available and classes at the school are arranged on a daily or weekly basis.

At the end of the afternoon buses bring back the tired skiers to the Chateau Frontenac, where they can relax and talk of the day's achievements in the Ski Hawk Club, before or after a dinner such as only the chefs to the combined Who's Who—Burke's Peerage registry of the two conferences—can provide.

At night there's ping-pong and "horse racing" in the Chateau's games room, dancing in the Jacques Cartier room, billiards and music. On Dufferin Terrace, just outside the hotel and overlooking Lower Town Quebec and the St. Lawrence River beyond, there's a floodlit skating rink where music provides lively accompaniment to the flashing blades. The illuminated toboggan slide, starting up under the guns of King's Bastion on the Citadel, extends the full length of the Terrace.

Senior league hockey games can be seen at the home rink of the Quebec Aces, always strong contender for the Dominion championship. Or the visitor may chance on a torchlight parade of the "raquetteurs"—members of French Canadian Snowshoe clubs—tramping the snow-covered streets in their tuques and colorful blanket coats.

Open horse-drawn sleighs may be hired, the habitant driver wrapping his passengers in heaps of buffalo or bearskin robes for a moonlight drive through the city's narrow streets. The imprint of history is everywhere; the very cliffs of the city are where the American General Montgomery vainly tried to take Quebec on a winter's night during the Revolutionary War, and on what is now

Lesson At Beauport



Jack Holland, of the Fritz Loosli Ski Hawk School, with headquarters at the Chateau Frontenac, Quebec City, is shown on the slopes at Lac Beauport conducting a class. Fourth from the left is Joan Price, daughter of Brigadier J. E. L. Price, M.C., member of corporation of University of Bishop's College, and third from right is Jean Ross, daughter of Gordon Ross, member of the Board of Directors of Bishop's College School, Lennoxville. C. P. R. Photo.

Battlefields Park General Wolfe in 1759 won the victory of the Plains of Abraham, spelling the end of French rule in North America.

A drive through old Quebec will readily show that the city, with its 95 per cent French-speaking population, is one of the world's centres of Catholicism. Churches are everywhere, among them Notre Dame des Victoires (Our

Mt. Norquay

Continued from Page 3

modation. All are served by the Canadian Pacific's main line with connections with all parts of the continent. A feature of the winter season here is the colorful Banff Winter Carnival being held this year February 12 to 15.

Mount Norquay, actual scene of the Dominion championships Feb. 25 to 29 and of the Pacific Northwest Intercollegiate meet Jan. 31 and Feb. 1, is capable of handling 1,000 skiers. There are two rope tows and a chair lift is being installed to carry people 1,500 vertical feet up the side of a mountain.

Mount Norquay Lodge, high above the town of Banff, has an hourly bus service with the town on week-ends. The lodge has a comfortable lounge, coffee shop, restaurant, rest rooms and a ski repair shop, while qualified instructors are available. Sleeping accommodation is available in the town at the King Edward and Mount Royal hotels.

Runs on Mount Norquay include the Lone Pine slope where many a novice has gained confidence after graduating from the nearby nursery slopes. The downhill course, recognized as one of the best on the continent, now has a slope beneath it, known as "the Well," brushed out in preparation for the competitions. It starts high above timber line and has a vertical drop over 2,000 feet, leading through "the Funnel" around the "Cliff" down a wide steep schuss, terminating at the bottom of the "gully". Skiers use practically every type of turn combined with skill and split-second timing to negotiate this run. The Gully run has been cleared out and skiers can now run right down to the town of Banff at the end of their day's skiing if they wish.

The jump at Norquay is for experts only. This summer the jump has been bolstered and the take-off extended. It was built on the design of the Olympic jump at Lake Placid requiring top skiing ability.

One of the biggest thrills for the skier at Mount Norquay is moonlight skiing. Floodlights illuminate the front of the lodge but on clear moonlight nights the moun-

tain side is lit up by reflection from sky and snow.

Sunshine Lodge closest of the ski lodges to Banff, has daily bus service and is open from December to early May. There is a 1,500-foot rope ski two and qualified ski instructors are available.

Of the many trails at Sunshine, Brewster Rock is perhaps the most popular. Almost 5 miles long, it commences at the top of one of the surrounding peaks and lead back to the door of the lodge. High above Sunshine, the alplands of Simpson Summit afford almost limitless miles of cross country skiing.

Famous for April skiing is Mount Assiniboine Lodge, 38 miles southwest of Banff. The lodge is a two-day journey from Banff by skis with a stop either at Sunshine Lodge or a half-way house on the way in. The lodge is only open in the late spring and as yet it has not been decided that it will be open to skiers this year.

Thirty-eight miles west of Banff on the main line of the Canadian Pacific Railway, skiers detrain for the Mount Temple-Skoki ski region. A five-mile run by snowmobile or ski from the station leads to Mount Temple Lodge. The lodge accommodates 20 or more skiers and here most of the skiing is done on the alplands above timberline. There are many gentle slopes and practise runs close to the lodge. At Richardson Bowl, about a mile away one can climb to almost any height for a run back to the lodge door. Purple Peak affords a 2½-mile run with a drop of some 2,000 feet, and Eagle and Silvertip are much the same.

The season at both Temple Lodge and Skoki extends from Christmas time until late spring and early summer. In the Skoki area, eight miles from Temple Lodge by ski trail over Packers' and Deception Passes, the snow lies late in the spring and some excellent skiing is to be had on Drummond and Douglas glaciers nearby. This is ski touring country and some of the better runs are a mile or so from the lodge. On Drummond Glacier there is a drop of 5,000 feet over a course several miles in length. Douglas Glacier has a run of 1¼ miles which drops 3,000 feet. There are practice slopes on Deception Pass and a fine slalom course on Fossil Mountain. Pika Peak and Ptarmigan Glacier are favorites for late spring skiing. Guides are available for ski touring.

HINTS FOR BEGINNERS
Speed should be sacrificed for caution when you ski over a strange territory.

An injured skier should be kept as warm and comfortable as possible. No liquor should be given. It will cause sudden chills afterwards.

Lady of Victory), the oldest church in Quebec.

The palace of His Excellency Mgr. Maurice Roy, archbishop of Quebec, is a stone's throw from Rue de Remparts, which, as its name implies, was once part of the fortifications of this Gibraltar of the North.

Quebec is easy to get to. There are five good trains daily each way between Quebec and Montreal, and two from Sherbrooke. Here is the heart of Canada's winter wonderland.

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Georges Sylvestre President Of E.T. Ski Zone Which Is Affiliated With C.A.S.A.

"The Canadian Amateur Ski Association is our National organization in charge of the sport of skiing and it has divided Canada into Eastern, Central and West-

ern Districts, with five zones in each" states Georges Sylvestre President of the E.T. Zone. "The C.A.S.A. has a total of 150 member clubs, whose membership vary from 6000 to less than 25 each," stated Mr. Sylvestre who takes a keen interest in the sport.

The Eastern Townships Ski Zone is playing an important part in the promotion of the sport in this section of the province and comprises such clubs as Hillcrest, Magog-Mount Orford, Bishop's University, Circo, Bishop's College School, Cowansville, St. John's, Sutton and others.

A former president of the Hillcrest Ski Club and one of the two men behind the big ski development at Hillcrest Lodge near North Hatley he has done a great deal to encourage the sport in the Sherbrooke area. Georges can talk to you about skiing for three seasons of the year and follow you over the trails with great zest as soon as the snow begins to fly.

The Eastern Townships Ski Zone offers distinct advantages to the clubs forming part, as no skier can participate in any contest by the zone, or sanctioned by it, unless he belongs to a club which is affiliated to the amateur Ski Association which issues the amateur

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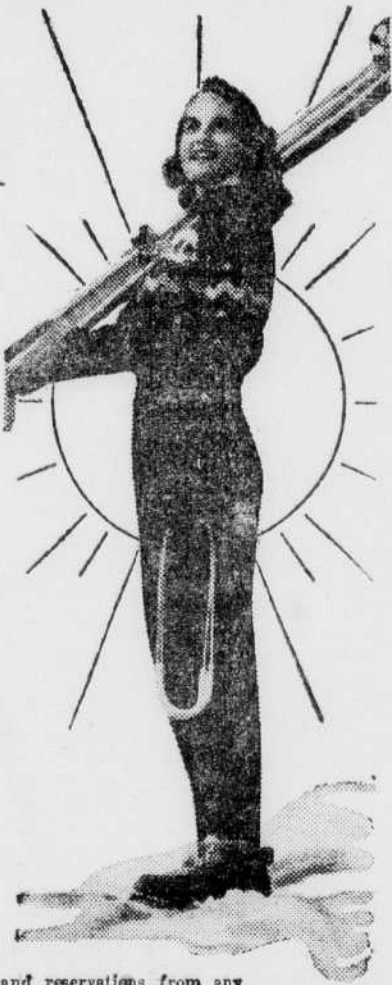


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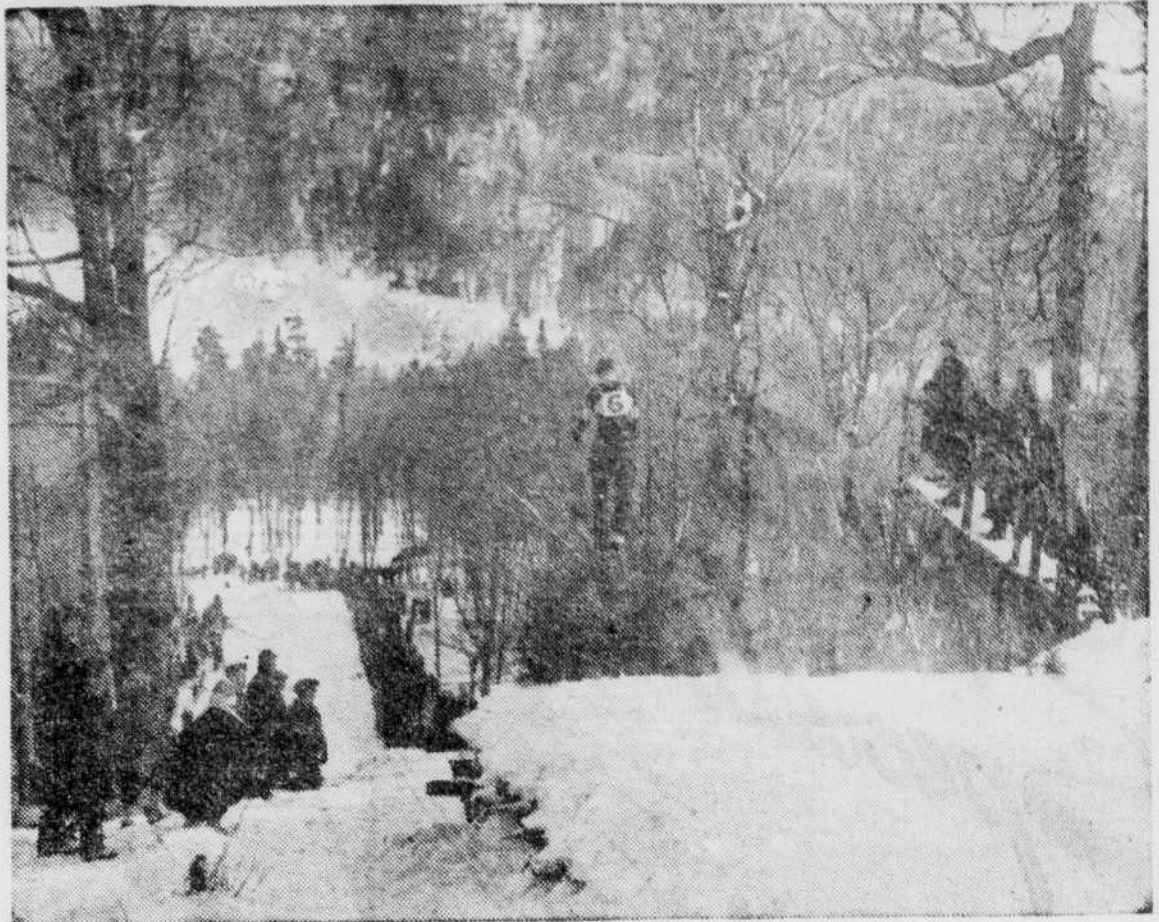
Information and reservations from any Canadian Pacific agent or write Hotel Manager.

Chateau Frontenac

IN OLD QUÉBEC

A CANADIAN PACIFIC HOTEL

He Sails Through The Air



Shown above is a jumper taking part in the annual winter carnival at Howland, Ontario. Each year in this Ontario town winter sports are the order of the day at the carnival—a snow beauty queen is also crowned.

C. N. R. Photo



GEORGES SYLVESTRE

cards establishing the eligibility of contestants.

Classification of skiers is also made by the Zone and the C.A.S.A.

The definition of an amateur as drawn up by the respective International Federations of Sport is recognized for the admission of skiers taking part in the Olympic games.

The National Association, which in each country governs each particular sport, must certify on the special form that each competitor is an amateur in accordance with the rules of the International Federation governing that sport.

This declaration must also be countersigned by the National Olympic Committee of that country. This committee must also declare that it considers the competitor an amateur according to the definition of the International Federation in question.

The first president of the E.T. zone, who occupied this post for many years, was Larry McGannon, of the original members of the Connaught Ski Club which has its headquarters at North Hatley. He was replaced in 1941 by Roger Audet, of the Mount Shefford Ski Club, and Mr. Audet remained in zone or with the Canadian Amateur office for three years until

HINTS FOR BEGINNERS

Don't be a passenger on runaway skis—Learn To Ski Under Control.

When a fall is inevitable, the skier should lower his body backward and sidewise. The shock of the impact will thus be lessened.

All beginners learning downhill should select a hill with a very gradual slope, entirely free from trees and other obstructions.

The bad habit of shouting "Track" unless absolutely necessary, should be omitted.

his transfer to Three Rivers, when Dr. M. E. Adams, the skiing mayor of Magog, was elected president. Dr. Adams guided the destinies of the zone in a very efficient manner during the 1944-45 and 1945-46 seasons.

The officials of the zone in addition to Mr. Sylvestre are: Dr. M. E. Adams, honorary president; How-

ard Drennan, 1st vice-president, member of the Cowansville Ski Club; Frank McCrea, 2nd vice-president, North Hatley Ski Club; Prof. L. Evans, secretary-treasurer, Bishop's College School; R. E. Graham, chairman of trails and competitions, Bishop's University; C. Styan, chairman of Ski Patrols, Magog-Mt. Orford Ski Club; How-

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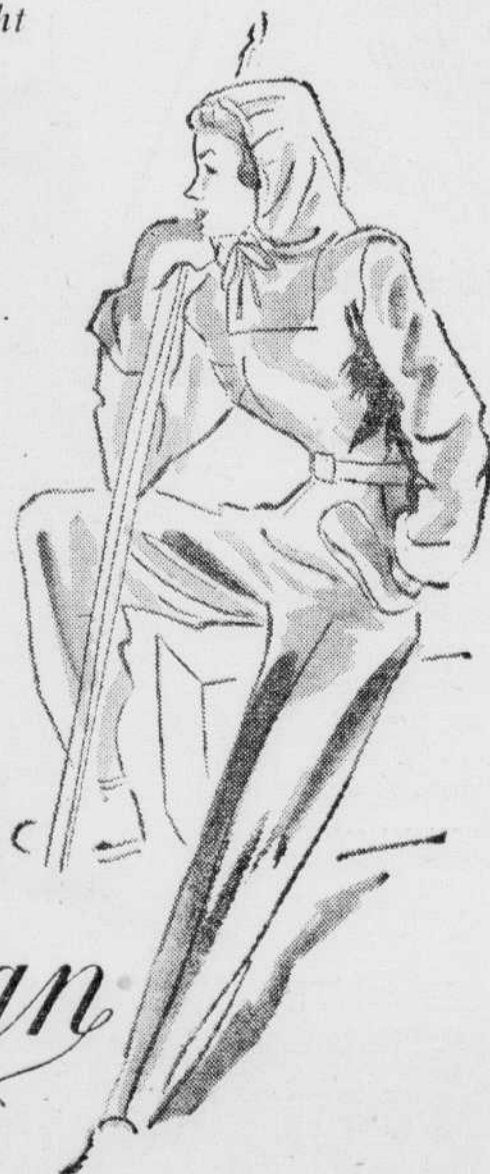
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