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PM#0040007682

MONDAY, OCTOBER 29, 2018

City adopts \$119 million capital expenditures budget

Record Staff

The City of Sherbrooke has adopted a capital expenditures budget of roughly \$119 million in 2019, an almost \$20 million increase from 2018.

The budget earmarks \$105 million for City projects, while more than \$13 million will be dedicated to Hydro-Sherbrooke projects.

City Council met in extraordinary session Friday and adopted the budget related only to fixed assets for the next three years. The operational budget will be adopted in December.

"This is a first," said Mayor Steve Lussier. "This way of presenting the capital budget first will not only allow us to anticipate the major investments we have to make in our infrastructure for the coming years, but will also allow us to apply for grants earlier with the provincial and federal governments."

Of the approved \$118 738 600 expenditures, \$9.6 million will be drawn from the City's working capital, \$3.1 million will be paid in cash, \$70.6 million will come from a borrowing by-law, and \$935,000 was drawn from other financial resources. The City's financial share is therefore \$84,254,920, while \$34,483,680 comes from third parties, mostly in the form of grants.

Most of the approved budget is devoted to major economic development projects. Around \$30.5 million is earmarked for the construction of the new Grandes-Fourches Bridge. Sherbrooke will receive a contribution of \$26M from Quebec for the project. A call for tenders should go out in 2019 for construction that will end no later than 2020.

CONT'D ON PAGE 3

Sawyerville Elementary getting some fresh air



Terry Fox Run



Cross Country Run



Take Me Outside Day.

Since the beginning of the year, students have had fun participating in many different physical activities such as: Health and Fitness Day, Soccer Tournament, Terry Fox Run, Walk-A-Thon, Cross Country Run, and Take Me Outside Day. Providing our students with as many opportunities as possible to be active is a priority for Sawyerville Elementary.

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Weather



TODAY: SHOWERS

HIGH OF 6 LOW OF -2



TUESDAY: SUNNY

HIGH OF 2 LOW OF -5



WEDNESDAY: SNOW OR RAIN

HIGH OF 6 LOW OF 4



THURSDAY: CLOUDY, SHOWERS

HIGH OF 7 LOW OF 4



FRIDAY: RAIN

HIGH OF 9 LOW OF 3

Senior's Day celebration in Potton



THE SCOOP MABLE HASTINGS

On Wednesday, October 24, the Misquisqui North Volunteer Centre (CABMN) Senior Service Coordinators, Monique Gilbert and Angelle Laplume assisted by Trish Wood, in collaboration with the Municipalities of Potton and Bolton-Est celebrated, Senior's Day highlighting the importance seniors play in every community. The event gave the opportunity to share quality time together while learning, exchanging and partaking in a variety of activities.

The event took place in the Council Room at the Mansonville Town Hall and included a free meal (cold buffet) prepared by Epicerie Jacques Ducharme. Seniors were invited to take part in the following activities throughout the day: 9:30 to 10:15am-Wake up activity with an introduction to Tai Chi/QiGong courtesy of Lolita Dalpe, certified instructor, 10:30am to noon a Digital workshop to help seniors to improve their computer skills, smart phone, tablet and other technological components was offered by Robert Gagnon.

Before the free lunch, speeches were made by Potton Mayor, Jacques Marcoux, Bolton-Est Pro Mayor, Pierre Piché and Mable Hastings, CABMN Executive Director. The three were quick to praise the hard work and contribution made to every community by the seniors who give so generously of their time. The Municipal Representatives expressed their pride in collaborating in this wonderful event. Trish Wood, Community Organizer for Potton Township also shared information about upcoming exercise programming in the community.

After the free lunch, the sessions continued from 12:45 to 1:30pm with a demonstration and free trial of an electric bike at the Park Manson animated by "La Bouffée d'air," (Lucie Blanchard). From 1:30 to 2:15 was a workshop on balance and the risk of falls offered by Gisele Lessard (Physical Therapist assistant) from the CIUSSSE Memphremagog.

The day ended with a wrap-up coffee hour from 2:30 to 3:30pm where all who participated were able to discuss their experiences, review and share information about the day. Officer Steeve Cote from the Quebec Provincial Police (QPP) joined those at the coffee hour for discussion and to answer questions in regards to a variety of subjects as raised by participants.

Targeted for seniors 65 and over, many of those present for the event were in their 80's. The group was active, inspiring and enthusiastic. I had the privilege of joining those who took part in the electric bike demonstration with "La Bouffée d'air." The terrific job done by Lucie Blanchard, a retired Phys. Ed. Teacher and co-owner of the electric bike rental company located on Rue Principale in Mansonville, and her ability to put the participants at ease and to as-

sure them of her support made many feel comfortable in trying a bike.

"I never thought I'd be doing this," shared Sheila Kerr who participated in the session. "I am so happy that I did it!"

There were many who gave the electric bikes a try and all who did were quite impressed by the experience. The expression on the faces as many effortlessly came up a hill and made the corner in full speed was priceless!

For Monique Gilbert and Angelle Laplume, organizers, the day was a great success.

"After a long and full day of activities, I am sure that all of those who participated had a good night's sleep," said Gilbert. "As organizers, we appreciate their participation, that of those who animated the sessions as well as the support of our partners."



Sheila Kerr who also tried out the electric bike and loved it



Marie Jeanne Fidler trying out the electric bikes



PHOTOS: MABLE HASTINGS

Potton Mayor Jacques Marcoux and Bolton-Est Pro Mayor, Pierre Piché proudly welcomed the seniors who attended the Senior's Day celebration.

Ben by Daniel Shelton



LOCAL NEWS

"It can be really anything that the community group wants it to be," Stirbys said

Fitch Bay home to a new National Healing Forest

By Gordon Lambie

Earlier this month, Terry Loucks of Fitch Bay became one of a growing number of people across Canada to commit his land to the National Healing Forest Initiative, a grassroots movement focused on dedicating green space throughout the country to healing and reconciliation with indigenous peoples. Loucks, 70, said that the decision came after long reflection over how best to see his property serve the world after he dies.

"I have no children and I have been looking for many years into how to leave this legacy," the Fitch Bay resident said, explaining that he had already begun a process with groups like the Appalachian corridor or Memphremagog Conservation when he heard about the National Healing Forest project. "Going through these big organizations is very complicated and lengthy," he added, "but in this case the only requirement, really, is to have a sign with their website and logo and a blurb about residential schools."

The National Healing Forest Initiative is the creation of geologist Peter Croal and Indigenous lawyer Patricia Stirbys, and was born out of the events surrounding the release of the report from the Truth and Reconciliation Commission (TRC) of Canada in 2015, which offered the country a deeper look at the past and ongoing impacts of the Indian residential school system.

Croal, whose work has led him to work closely with indigenous communities across Canada and in different parts of the world for the last 35 years, said that the idea came to him while on a healing walk in Ottawa with thousands of others prior to the report's release.

"During that walk I was thinking, what can I do, as a citizen, about recon-

ciliation?" The geologist said, explaining that the idea of a healing forest network just popped into his head as he walked. He said that he then turned and shared the sudden inspiration with the woman walking next to him at that moment.

"She said, 'I would like to help.' I didn't even know her name at that point," Croal said, pointing out that the woman, Stirbys, would go on to be a great partner in inspiring communities and individuals across the country to think about dedicating spaces to the work of reconciliation and healing. "It was very cool," Croal added, reflecting on the serendipity of the moment.

In talking with The Record about their project, both Croal and Stirbys were very clear that although the project encourages groups to dedicate forests, gardens, or green spaces as places for healing, learning, sharing, and reflection about Canada's history and the legacy of Indian residential schools, every group is free to take that mission on in its own way.

"Patricia and I have no authority, it is a community-driven, grassroots thing," Croal said, noting that although the team has paired up with a graphic artist to design a kind of logo and specific signage, even that isn't specifically required. "The only thing that we ask is that it is focused on healing, focused on respect, and focused on reconciliation."

"It can be really anything that the community group wants it to be," Stirbys said, offering the example that a community could build a playground in memory of the children lost in residential schools. "It doesn't have to be a forest, even, although preferably there would be at least one tree because it is meant to join, tree to tree to tree, across Canada."

So far, just through word of mouth, the initiative has inspired the dedication



COURTESY TERRY LOUCKS

From the dedication ceremony at the Fitch Bay National Healing Forest: from left to right: Michelle Dubois, Liz O'Bomsawin, Patricia Stirbys, Paul Carignan, and Terry Loucks

of four forests, with one in Edmonton, one in Winnipeg, one in Perth, Ontario, and the one that Loucks has set up in Fitch Bay. Although each has its own take on the model, the Fitch Bay forest is distinctive in that it represents the first dedication of privately owned land.

"I am a very private person, but I am doing this for the public," Loucks said, sharing that Croal and Stirbys' mission spoke to him. "It's small gesture, but for me it was a big one," he said, adding that he hopes the action will help inspire others to similarly take action on the recommendations of the TRC report.

"The healing process goes on forever, really" the Fitch Bay resident said, explaining that even if the dedication was simpler from a bureaucratic point of view, there is a heavy history that comes with learning about Canada's treatment of its indigenous peoples over the years. "It certainly was a learning experience," he said, noting that he worked with several different individuals from different

indigenous communities to plan the local dedication.

Croal said that this kind of consultation is recommended, although not enforced.

"That's to avoid white people just saying this is a good thing for First Nations, which is a horrible model," the geologist said, noting that every group so far has followed that recommendation.

Just as there are no rules about what makes a healing forest, there are no strict directions for how the space is to be used. Looking ahead, however, Loucks said that he is already planning to develop a clear entrance and signage, and a Facebook page where people interested in coming to the forest can reach out.

For more information on the Fitch Bay National Healing Forest call (819) 437-5493 or search for the page of the same name on Facebook. For more on the work of the National Healing Forests Initiative, check out <https://www.nationalhealingforests.com>

Capital expenditures budget

CONT'D FROM PAGE 1

Investments in roads and underground infrastructure will reach some \$30 million in 2019. The hydroelectric system requires investments of \$13.2 million, including \$2.1 million for a network development project.

Other major economic development projects planned for 2019 include the extension of René-Lévesque Blvd and \$2.2 million was granted to the Well South project, for temporary parking, a rail crossing and professional fees. Over a three-year period, the City expects to spend about \$40 million on the Well South revitalization project.

An amount of \$ 857,000 has been set aside in the 2019 budget for Sherbrooke Airport. This amount is intended for the improvement of the taxiway, the repair of cracks and the maintenance of sumps.

In the envelope related to active transportation

infrastructure, \$1.8 million will be earmarked for the establishment of a multifunctional link along 12th Avenue and \$600,000 will be used to build a bridge over the Saint-François River, next to the Joffre Bridge. An amount of \$750,000 will be allocated for the development of the pedestrian network and \$250,000 for the development of the bicycle network.

Council chose not to allocate any amount to Destination Sherbrooke for the year 2019. The organization will have to settle for its remaining budget of \$830,000. There will be no new mural in the months to come and other recreational tourism projects of the paramunicipal organization (for example the renovation of the Winter Jail or the Parcours project) will have to be put on the hold.

Capital expenditures are expected to increase to \$140.6 million in 2020 but decrease to \$114 million by 2021.

INVITATION

Public information meeting* of the Centre intégré universitaire de santé et de services sociaux de l'Estrie - Centre hospitalier universitaire de Sherbrooke Monday, November 8, 2018, from 5 : 00 p. m. to 7 : 00 p. m.

Free parking

Presentation of the results and public question period in the presence of a senior officer in each city

Sherbrooke	Hôtel-Dieu de Sherbrooke 580, rue Bowen Sud, auditorium (room 3554)
Cowansville	Unité de médecine familiale La Pommeraie 1599, rue du Sud, rooms 1 and 2
Magog	Centre de santé et de services sociaux de Memphrémagog 53, rue Saint-Patrice Est, rooms 8001 and 8002
Lac-Mégantic	Centre de santé et de services sociaux du Granit - Point de service de Lac-Mégantic 3675, rue du Foyer, Maria-Thibault room

*The presence in the territories is alternating from one year to the next

Together, let's talk about health and social services!

Centre intégré universitaire de santé et de services sociaux de l'Estrie - Centre hospitalier universitaire de Sherbrooke

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Familiprix 2462 in Mansonville offers conference on eczema



THE SCOOP
MABLE HASTINGS

On November 14 at 6:00pm, Pharmacist, Cathy Riendeau from the Familiprix 2462 in Mansonville will be offering a free conference on the topic of Eczema. WebMD defines Eczema as: "It's sometimes called "the itch that rashes," because the itching usually comes first. This group of skin rashes may first appear in babies and toddlers, becoming drier and flaky in older children. Adults may see scaly, leathery patches or stubborn hand eczema. Atopic dermatitis is a common, often-inherited form, but there are other types and many treat-

ments." Riendeau will offer a bilingual session, free of charge and participants will receive a gift bag of sample products. Feedback from other sessions offered by the Pharmacist in the past have indicated that Riendeau is very thorough, knowledgeable and helpful in finding the best products to take care of the patients specific needs. The session is sure to be informative and may shed some light on a topic that affects many people including children. "Serving the public and answering health questions is a big part of our job," explained Riendeau who, alongside David Rousseau are the two pharmacists at the Mansonville location. "I want to share knowledge of topics that I feel will benefit our clientele and we all know that knowledge is power. Getting a treatment that works and properly dealing with Eczema is important." If you would like more information or to sign up for this conference, contact Cathy Riendeau at 316 Rue Principale, Mansonville, (579)441-8181 (closes at 7pm).



PHOTO BY MABLE HASTINGS

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Fourth edition of Foire Diversité Emploi hosted in Sherbrooke

By Emilie Hackett
Special to the Record

Actions interculturelles will be hosting its fourth annual edition of the Foire Diversité Emploi (FDE) in Sherbrooke on Friday, Nov. 2 and Saturday, Nov. 3. Held at the Centre de foires de Sherbrooke, near the Walmart Super-centre, more than 60 exhibitors will gather at the FDE, including Cabico and the Canadian Armed Forces. The event is free of charge, and will be happening from 1 p.m. to 6 p.m. on Friday and from

10 a.m. to 3 p.m. on Saturday. The FDE brings together 80 companies and organizations, 5,500 job offers on site and online, 15 interactive workshops, a multilingual zone for networking, free services to facilitate job searches, and entrepreneurial opportunities. Although the workshops are only offered in French this year, the FDE said there will be bilingual staff on site to help participants navigate the multilingual zone and help them write their resume. Mohamed Soulami, president of Actions interculturelles, explained that

“we all have a role to play to promote economic growth in the Eastern Townships and in Quebec. It is together, from organizations to businesses to politicians, that we can overcome Quebec’s labour shortage.” The event promotes access to employment for immigrants, youth under the age of 25, and experienced employees over the age of 55. However, potential English-speaking employees will also find catered activities and workshops. For example, there will be a multilingual zone in the Fair which will offer po-

tential employees who speak both English and French to test their language proficiency. They will then be able to send these results to employers on site who are asking for proficient English and French speakers for vacant jobs. There will be a variety of exhibitors and job offers, including employers seeking proficient English-speaking employees, which can be consulted at <http://www.aide.org/chercheurs>.

CHUS Foundation’s Au Cœur de la Vie’

Record Staff

The Fondation du CHUS and Radio-Canada is inviting the public to watch the 7th edition of its Au Cœur De La Vie event, this year hosted by Jean-François Breau, on Friday, Nov. 16 from 7 p.m. to 9 p.m. on Ici Radio-Canada Télé.

The traditional formula is back this year, with the show broadcast in its entirety from the Carrefour de l’Estrie.

Jean-François Breau will host, along with Valérie Sirois and Émilie Richard, to help track donations and learn about patients and medical teams. Musical performances by Caracol, Arthur l’aventurier, Auguste, Melrose King, Pascal Allard, and Breau will serve as entertainment.

The show will also feature personal stories of young patients struggling with serious health issues.

The show will also be broadcast live

on the ICI Estrie Facebook page (facebook.com/iciestrie) and on the website Radio-Canada.ca/aucoeurdelavie. CHUS Foundation donations make it possible to fund various projects to improve patient care and services, mainly through the acquisition of specialized equipment and the support of research. This year’s goal has been set at \$5.5 million. To donate online (safely): jedonneenligne.org/fondationchus

Donations can also be made by telephone at 819 820-6450 and at 819 820-6433 on Friday, Nov. 16 between 7 and 9 p.m. during the show. Au Cœur De La Vie is the annual media evening benefiting the Fondation du CHUS. Since 2012, it has shed light on health professionals and techniques that make a difference for patients and offers moving and inspiring stories.

Saint-Vincent closes parking area

Revord Staff

As of Oct. 25, for a period of four weeks, the parking area for users, visitors and volunteers located near the boiler room at the CHSLD Saint-Vincent accommodation center will be inaccessible.

The closure of this section of the parking lot will allow for excavation work at the facility. Fences and temporary signage have been installed and anyone going to the institution is encouraged to pay particular attention to the signage in place.

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Send photos before November 1 to classad@sherbrookerecord.com

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EDITORIAL

The last surviving Canadian First World War veteran who saw combat, Charles Laking, of Toronto, died 13 years ago, at age 106.

Remembrance dims for Great War on centennial of 1918 armistice



PETER BLACK

Remembrance Day is upon us and this year marks a notable milestone in a commemoration noted for its milestones.

Nov. 11, 2018, will be the centennial of the Armistice, the pact that ended the First World War. (In reality and retrospect, the cessation of fighting in 1918 was simply a 20-year truce before a second, even more widespread, bloody and catastrophic conflict was engaged.)

One hundred years after the War to End All Wars (a now-sardonic label attributed to science fiction genius H.G. Wells), what does the four-year nightmare actually mean to Canadians? Is it now time to move on and leave it to historians to continue to try to make sense of it all?

Indeed, one of Canada's most esteemed popular historians dares to venture into such fraught territory. Christopher Moore, a regular columnist in magazine (formerly), posits the following in a piece titled "The last end of the Great War": "Can the First World War finally cease to be a living, traumatic presence? Perhaps it is ready to join the Napoleonic Wars or the War of 1812, which are still important and fascinating landmarks but are no longer felt so viscerally."

Moore lauds Canadian historians for rigorously exploring the events and personalities of the war, and, in fact, so does the latest issue of magazine with its cover page headline: "The War Ends." Stories include a look at the last Cana-

dian killed in the war, a colourization project for vintage photographs, and a thoughtful analysis by historian and First World War specialist Tim Cook on how the war shaped Canada.

Cook is also the curator of the permanent First World War exhibit at the Canadian War Museum in Ottawa. Last week the museum launched a new exhibit entitled Victory 1918 - the Last Hundred Days, devoted to the string of battles that led to the end of the war on Nov. 11, most of which cost of the lives of scores of Canadians

That exhibit, the museum says, concludes its commemoration of the First World War Centenary. (It should be noted La Citadelle in Quebec City has a fine standing exhibit in the Royal 22nd Regiment museum, as well as a new one: Armistice 1918, Memories of Wartime.)

There always has been an almost willful myth-making attached to the impact of the Great War on Canada, to somehow justify and glorify the wanton sacrifice of 66,349 Canadians, three-quarters of whom were less than 32 years old, and 172,000 wounded, bodily and mentally, most damaged for life.

For example, it's almost a canon of Canadian historical interpretation that the slaughter at Vimy Ridge in April, 1917, constituted the forging of Canada as a nation, cutting the apron strings with Britain. The majestic, moving monument on the site is a testament to the enormity of the price paid on that hill in France.

On the other hand, the Conscription Crisis, brought about by the need to supply Canadian cannon fodder in France, resulted in days of bloody rioting and four deaths in the streets of Quebec City, in April, 1918. English-speaking troops were brought in by train to suppress the uprising by French-Canadians opposed to being forced to fight the British Empire's imperialistic spat with Germany.

The Conscription Crisis had an enduring impact on English-French relations in Canada, and stands as one of French



Canada's most bitter grievances. The scar of the crisis would be torn open, though not as violently, in the Second World War.

The last surviving Canadian First World War veteran who saw combat, Charles Laking, of Toronto, died 13 years ago, at age 106. The living link with the horrors of the past was thereby severed.

We hear of veterans who never would

talk about what they did in the war, out of fear of stirring the trauma, or just because it was all too senseless for words. Maybe there's something to that. The First World War happened, and there will always be cause to mourn the incalculable loss to a young nation, but is it time, a century on, to lay the national grief to rest?

Letters

DEAR EDITOR:

A bunch of friends and I took Betty out on the town for dinner and a movie. Sounds pretty simple, but when you're in a wheelchair, you first have to think things through and sometimes, you don't even bother because there are so many environmental barriers, why get our hopes up. This time we took the time to inform ourselves and we were very pleased we did.

By contacting La Maison Du Cinema 24 hours before the movie you want to see, they will move the film to one of their accessible theatres. WOW! People need to know that. And, the person accompanying the friend in the wheelchair gets free admission to the movie. There is a free disabled parking spot directly in front of the cinema and there is no barrier to enter through the front door. Inside the theatre room is an open space at the front for a wheelchair to park.

For dinner, we went to Caffucino, right at the corner of Wellington and King. Again, when you ask, you discover there is an accessible door from the side, off the terrace.

What a difference accessibility makes!

We want to acknowledge both the Caffucino and La Maison du Cinema for allowing us the opportunity to have a fantastic girls night out with our beloved Betty!

KIM BAILEY
AYER'S CLIFF



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Local Sports

To conclude the weekend, the Bishop's women's hockey team travelled to the University of New Hampshire and grabbed a 6-1 win on Saturday night.

Triple win for the Gaiters on a quiet weekend

By Emilie Hackett
Special to the Record

Several Gaiters got to rest as only the men's lacrosse, women's hockey, and men's basketball teams played over the weekend. The Gaiters who did play worked hard and brought home three wins.

The men's basketball team travelled to Quebec City for their penultimate exhibition weekend before the RSEQ season begins. Facing the Memorial Seahawks, the Gaiters defeated the Newfoundland and Labrador team 88-72 on Friday, Oct. 26. They will wrap up their preseason next weekend with two exhibition games in New Hampshire and Massachusetts, taking on Bentley University on Thursday, Nov. 1, and Saint Anselm College on Friday, Nov. 2.

Playing the final regular season game for any fall team at Bishop's this weekend, the men's lacrosse team defeated the Carleton Ravens 19-5 on Saturday, Oct. 27. Despite a sluggish start, the

Gaiters scored 14 goals in the second half, with hat tricks from Sam Firth and Gabriel Chamberlain, four goals by Joel Wright, and a surprise goal by senior midfielder Samuel Marceau, the first of his career. The decisive win secured the Gaiters a fifth place in the CUFLA East standings, which will force them to travel to the second-place team next Saturday, either the McGill Redmen or Trent Excalibur. McGill and Trent battled on Sunday afternoon in Peterborough, Ontario, to determine which team would place first in the standings.

To conclude the weekend, the Bishop's women's hockey team travelled to the University of New Hampshire and grabbed a 6-1 win on Saturday night. The Gaiters will face Bentley University next, on Nov. 10 at 4 p.m. in Waltham, MA. Bishop's is currently second in the ACHA Division II East Region standings. Ultimately, the top six teams from each region will receive invitations to the 2019 ACHA National Championships, set to

take place in Frisco, Texas in March 2019.

The men's rugby team will most likely be travelling to Montreal to face either Concordia or McGill in the RSEQ semi fi-

nals. The Gaiters' fate rests in the hands of the McGill vs. Sherbrooke game, happening at 3 p.m. on Sunday, Oct. 28.



CREDIT: CLARE WEBB

Lacrosse captain Joel Wright (#73) scored four goals against Carleton on Saturday.

For the love of Curling

Submitted by Tamera Hadlock

For many people when November comes around, the dread of waking up to a street full of white stuff, is close to mind, however; for me, as the cooler days, the falling leaves, and the frosted over car windows drift in (pun intended) this time of year, my thoughts turn to my favorite winter sport, Curling.

Although when I speak to people about this sport, there is a large majority that will say that they need to be woken up from a deep sleep when they watch a game. But I always tell them to at least try the sport once before they voice their judgement. I can almost guarantee that once someone has played a game and put in 100 %, they will change their tune on whether or not curling is a physical sport.

The next day, you will feel muscles that you didn't realize you had, and perhaps you may just want to learn a little bit more about the sport.

My first experience with Curling was when I was just a pre-teen. My parents both curled and it just seemed natural that my brother and I join them at one point. I played for many years, and had many enjoyable moments on the ice. Of course back then, the equipment wasn't as advanced as now, and I remember sweeping with a husk broom.

Later on, as with everything the broom did advance, as the problem with losing some of the particles on the ice became an issue. Although I did enjoy using this broom, there are advantages with the newer broom.

They are also so much lighter in weight now, it makes it easier to make a difference when sweeping.

When you begin to curl, you would normally start in the lead or second position, and with this, having a good broom makes the game much more enjoyable, as most of the game you will be sweeping.

I also recall making some good friends while curling as it is very much a team sport and unlike many other sports, there is a great deal of sportsmanship with Curling. And when going out on Bonspiels you have the opportunity to meet others outside of your community and exchanging club pins makes for an even closer bond. Each year, you look forward to seeing these people and challenging each other to yet another intense bonspiel.

Not only can curling be a physical activity, it also challenges your brain. There are many strategies with this game and learning to read the ice can take a new player some time to conquer. Even knowing when to sweep and for what reason that you do this, takes some understanding. Perhaps one of the most challenging aspects, is discovering what weight to throw the stone. Sweepers can help a stone, but the knowledge of having the perfect weight is a game changer.

Lots will chuckle when watching a game as the skips yell at the top of their lungs to the sweepers. You can't be shy as a skip, that is for sure, however; the game does depend on the stone going to the right spot. An experienced skip knows what shot he or she will need to do several shots ahead. And with a team

that are well in sync with one another, they are very hard to beat.

My memories of curling are all happy ones, and after a break of a few years, the adult league is just as enjoyable as the junior league.

So the next time you think of taking a

snooze during a curling game on the television, perhaps you should go to your local club and learn to throw a few stones, you may just be surprised.

Until then, Hurry hard, and keep your feet on the ice.

CALLING ALL ARTISTS AND ARTISANS

The Record will publish a special section on November 9 listing all the Christmas Craft Bazaars and Shows in the area.

Artists, artisans, churches, schools, individuals, send your listing to The Record by **November 6** to classad@sherbrookerecord.com to promote your event.

THE RECORD

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For information, call 819-569-9525

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\$10
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In Memoriam

MORIN, Steven Frederick - In loving memory of my dear son who was called home 34 years ago.

*Those we love never leave us
For their beautiful memories
Are imprinted on our hearts forever.*

**Always in my prayers.
MOM**

In Memoriam

STURTEVANT, Merlyn (nee Dougall) - In loving memory of our mother, grandmother and sister who passed away 12 years ago on October 24, 2006.

*The world may change from year to year
And friends from day to day,
But never will the mother, grandmother, and sister we loved*

*From memory pass away.
Sunshine passes, shadows fall,
Love's remembrance outlasts all;
And though the years be many or few,
They are filled with remembrance of you.*

**Fondly remembered by
MICHELINE and WESLEY
JÉRÉMIE and ELLIOTT
JUNE**

In Memoriam

Your generous contribution will help finance research into lung disease such as asthma, emphysema, chronic bronchitis and lung cancer.

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MONDAY, OCTOBER 29, 2018

Today is the 302nd day of 2018 and the 38th day of autumn.

TODAY'S HISTORY: In 1929, the New York Stock Exchange crashed in what came to be called "Black Tuesday," marking the beginning of the Great Depression.

In 1966, the newly formed National Organization for Women held its first national conference.

In 1969, the first connection on ARPANET (the precursor to the internet) was made between computers at UCLA and Stanford Research Institute.

In 2004, European leaders signed the first constitution of the European Union.

In 2015, China announced the end of

Datebook

its one-child policy after 35 years.

TODAY'S BIRTHDAYS: Fanny Brice (1891-1951), singer/comedian; Bill Mauldin (1921-2003), cartoonist; Ellen Johnson Sirleaf (1938-), Liberian president; Bob Ross (1942-1995), painter/instructor; Richard Dreyfuss (1947-), actor; Lee Child (1954-), author; Dan Castellaneta (1957-), actor; David Remnick (1958-), journalist/editor; Joely Fisher (1967-), actress; Winona Ryder (1971-), actress; Gabrielle Union (1972-), actress; Ben Foster (1980-), actor; India Eisley (1993-), actress.

TODAY'S FACT: Liberian President Ellen Johnson Sirleaf is Africa's first female elected head of state.

TODAY'S SPORTS: In 1960, Cassius Clay (later known as Muhammad Ali) made his professional boxing debut, winning a six-round decision over Tunney Hunsaker.

TODAY'S QUOTE: "Humor is really laughing off a hurt, grinning at misery." — Bill Mauldin

TODAY'S NUMBER: 77 — age of astronaut John Glenn when the space shuttle Discovery launched on this day in 1998, making Glenn the oldest person ever to travel in space.

TODAY'S MOON: Between full moon (Oct. 24) and last quarter moon (Oct. 31).

Installation of some local lodges



DDGM #5 James MacKay at Eaton Valley # 60, Sawyerville

On October 2, 2018 District Deputy Grand Master #5 James MacKay installed officers of Victoria #16 at their hall in Coaticook. Lunch was served prior to meeting.

DDGM#5 Lloyd Smith presented Officers for Installation to our DDGM James MacKay.

They were given the "Obligation" then seated. Noble Grand-Elect Arnold MacKeage was presented to James, instructed by James, given his collar and then seated. Acting DDG Marshal Dorothy then presented Vice Grand-Elect Lloyd to DDG Warden, Ernestine. He was instructed then he was back to Marshal. Secretary-Elect Ernestine was presented to DDG Secretary Dorothy for instruction. She received her regalia from Lloyd.

Acting DDG Treasurer Ernestine then instructed Treasurer Dorothy and she was given her regalia, then seated.

DDG Marshal Lloyd then escorted Appointed Officers to the floor where DDGM James gave them their instructions. They were then given their regalia and seated.

Lloyd, after the Prayer, declared all present to be installed. Congratulations were exchanged.

Then DDGM James gave NG the Password to give to members. James also brought "Greetings" from Grand Lodge, those Officers and his own personal greetings. He said he hopes we have a good year and thanked the lodge for all courtesies.

No further business, NG Arnold

closed lodge "in form".

Alexandra Odd Fellows # 59, of Ayer's Cliff, went through the same ceremony on October 9, 2018 at the home of Evelyn Keeble. DDGM #5, James MacKay was on hand.

Noble Grand-Elect was Evelyn Keeble. Vice-Grand-Elect was Lloyd Smith; Secretary-Elect Ernestine Whipple; and Treasurer-Elect Arnold MacKeage.

Appointed Officers were Warden-Barbara Smith; RSNG; Dorothy Babbins; Chaplain, Lorinda Hadley and LSVG Jonathon Smith.

Submitted by Ernestine Whipple

RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMs, BRIEFLETS:
Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)
Discounts: 2 insertions or more: 15% off

With photo: additional \$18.50. **DEADLINE:** 11 a.m., day before publication.
BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:

Text only: \$16.00 (includes taxes)
With photo: \$26.00 (\$29.90 taxes included) **DEADLINE:** 3 days before publication.

WEDDING WRITE-UPS:
\$26.00 (\$29.90 taxes included) WITH PHOTO: \$36.00 (\$41.40 taxes included)

Please Note: All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: clas-sad@sherbrookerecord.com - They will not be taken by phone.

DEADLINES FOR DEATH NOTICES:
For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.
For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) or e-mail: production@sherbrookerecord.com between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called. Rates: Please call for costs.

Fluent in just one language

Dear Annie

MONDAY, OCTOBER 29, 2018

Dear Annie: I've always been great at gift-giving. I enjoy giving others things that they will thoroughly enjoy. But others are rarely as good at getting gifts for me. I don't think I should feel bad for being a little materialistic; I think everyone likes getting thoughtful presents. I recently read "The 5 Love Languages," which showed me that "receiving gifts" is a very valid desire. I know I can't control other people's actions, but is there some way I can make peace with always being the more thoughtful person in my relationships? — Gift-Giving Guru

Dear Gift-Giving Guru: It's not only about asking others to speak your love language; it's about learning to understand theirs. Just because you enjoy giving thoughtful gifts doesn't mean your partner isn't equally thoughtful in other ways, such as the other four languages mentioned in Gary Chapman's book — words of affirmation, quality time, acts of service and physical touch. Encourage your partner to read the book, too, so you can share a better appreciation of each other's communication style.

Dear Readers: I recently printed a letter from "Put on the Back Burner," who had been dating a man for three months when he told her he needed to focus on

helping his 17-year-old son, who was having legal troubles. I said that she shouldn't wait for him and that she deserves better treatment, but many people felt I was too harsh on the man. Read on.

TOO HARSH: Though I agree "Put on the Back Burner" shouldn't wait for the man she was dating, I feel you judged him way too harshly.

They only dated for three months; then, obviously, something really bad happened with his son. He needed to put all his energy into dealing with that situation and apparently felt it was too much to put on her so early in their relationship. When bad things happen, sometimes good people have to make hard choices.

Though he did not break up with her in the best way, at least he was honest with her. He didn't ask her to wait. No telling how long he'll have to focus on whatever happened. But he isn't a villain at all. He seems like a good man, overwhelmed by bad circumstances — and a good father for focusing on his son when his son needs him. Thanks for listening.

LOYAL READER: I read your column every day and enjoy it very much. I almost always agree with you. I've learned a lot from you. Today you replied to "Put on the Back Burner" that her boyfriend was showing his "true colors" after an issue with his teenage son. I feel

that you judged him too harshly without knowing the full situation. First of all, they had been dating for only three months. His son got into some kind of legal trouble and trouble at school. No clue what the issue was. Dad decided he must make the child his priority for the time being. Kudos to him! And he was honest with his lady friend. He did not simply "ghost" her. Stinks for her, for them, for the relationship, but I'm guessing the situation was pretty serious, needing all his time, attention and emotional energy.

She probably shouldn't wait for him. But at least he didn't lead her on or even give her much hope. Better to find out in three months than in three years.

Dear Loyal Reader: I received a dozen or so other letters echoing your sentiments. I concede that I may have been too harsh on that man. At least he was direct about his priorities. Thank you all for writing.

"Ask Me Anything: A Year of Advice From Dear Annie" is out now! Annie Lane's debut book — featuring favorite columns on love, friendship, family and etiquette — is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information.

Send your questions for Annie Lane to dearannie@creators.com.

Soup Supper enjoyed in Richmond

Even though the crowd was a little smaller this year, those that attended the annual Soup Supper at St. Anne's Church, Richmond on Friday evening, October 19, were amazed at the large choice of soups they could sample. This was followed by twelve different kinds of pies to taste. No one went away hungry. There were tables of Attic Treasures to look over where bargains were available and articles for a Silent Auction were also there and bids will be accepted until the Christmas Tea and Bazaar scheduled for Saturday, November 24.

No fundraiser is put together without a lot of planning and then the variety of foods must be canvassed, donated and served to the guests. Friday night's event was no exception. The donated food arrived, thanks to the folks that volunteered it. Workers came out to prepare the tables and serve up the food. We are fortunate to have a group of very capable young folk to help out. And then the people of the community came out to enjoy it despite several other events that were also planned for that particular weekend.

Sincere thanks go out to all those who helped out in any way to make this event a success.

Submitted by Elizabeth Mastine and Jean Storry

Lennoxville Golden Agers

The seniors gathered at the Gertrude Scott Hall on October 23 for an afternoon of cards and a meal. Six tables of 500 were played: men's high Isobel Nelson (playing as a man), men's low: Keith Vintinner, women's high Monika Mosberger, women's low Doris Coates. A skunk prize was won by Robert Davis.

The Club received a donation from the Tillotson Foundation to help pay the rental of the hall for our meetings. Thank you Pat for arranging this donation.

Pat gave the blessing. A delicious meal of spaghetti, caesar salad and garlic toast with date squares for dessert was on the menu. Thank you Gloria, Tina and David.

Four Bishop's students helped serve and do clean up. Their help was much appreciated.

The Christmas party will be held on December 4. Prizes were won by Lise Provencher, Renaud Provencher, Elvera Patterson, Kay Hartwell and Greta Nish.

The next meeting is November 6.

Submitted by Glenda Huff

THE RECORD

Brome County NEWS



ON NOVEMBER 20th

The Record and Brome County News will publish a special supplement

in partnership with

Blue Seal Animal Nutrition Center, SPA des Cantons, SPCA Montérégie and Frontier Animal Society.

This edition will be filled with wonderful pets up for adoption, success stories and adoption tips. If you would like to help a pet find a home by sponsoring a pet please call **819-569-9525** or email classad@sherbrookerecord.com

Cost \$15

Deadline November 13th

*A portion of proceeds of this special edition will be donated to:

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This is Buddy. He is a 3 year old beagle. He is good with other dogs and small children and is looking for a good home.

Buddy is Sponsored by **Patty Curtis**
North Hatley

Send your social notes to: classad@sherbrookerecord.com

CELEBRITY CIPHER

by Luis Campos

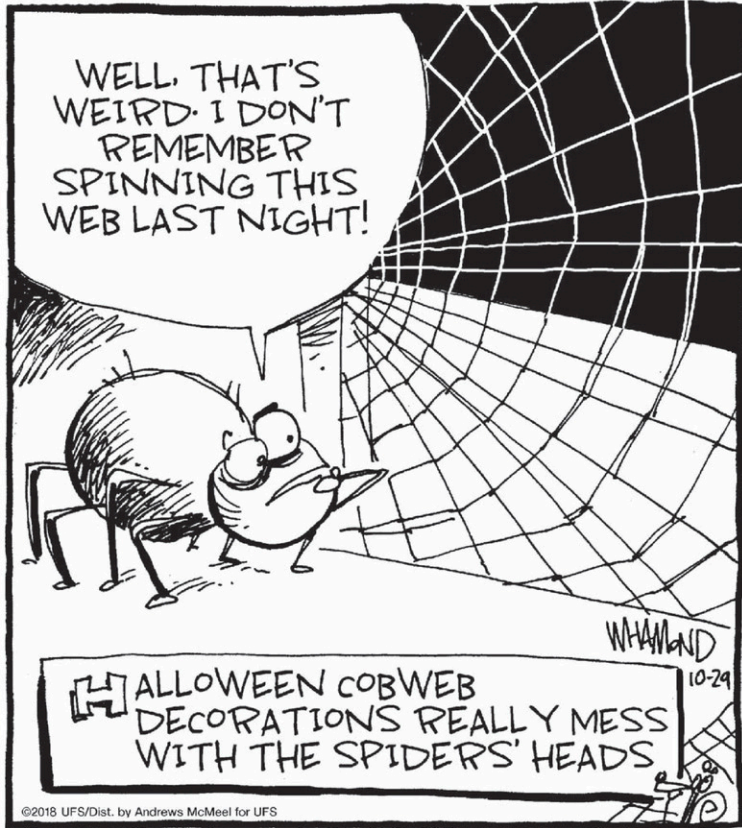
Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

" U HPWOON CWIL LM XOWN XHUITPVV
OPUW. VLUTY VMGP DUA XWVLHUPV
MI GN FPWS. IMC LFWL CMEOS DP
UILPHVLUIA." — PCWI GTAHPAMH

Previous Solution: "I remember, when 9/11 went down, my reaction was, 'Well, I've had it with humanity.' But I was wrong." — Patton Oswalt

TODAY'S CLUE: *g sraeb d*

REALITY CHECK

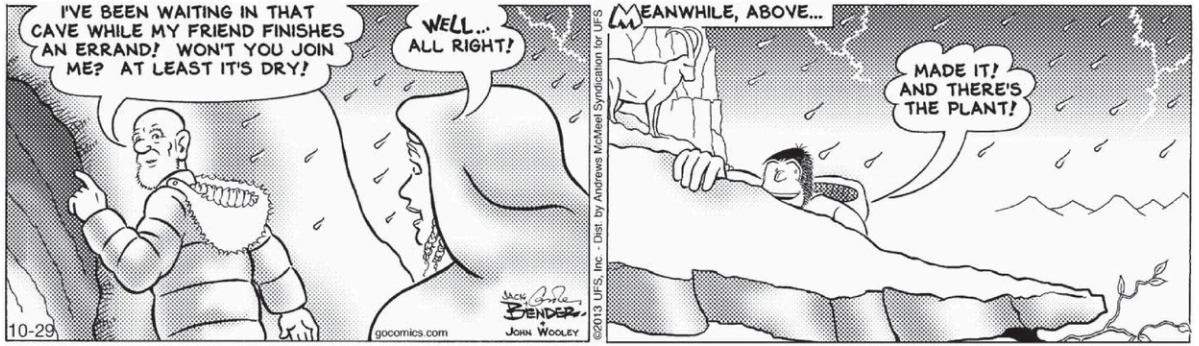


HERMAN



"I'll be out of here in 30 seconds, sweetheart."

ALLEY OOP



ARLO & JANIS



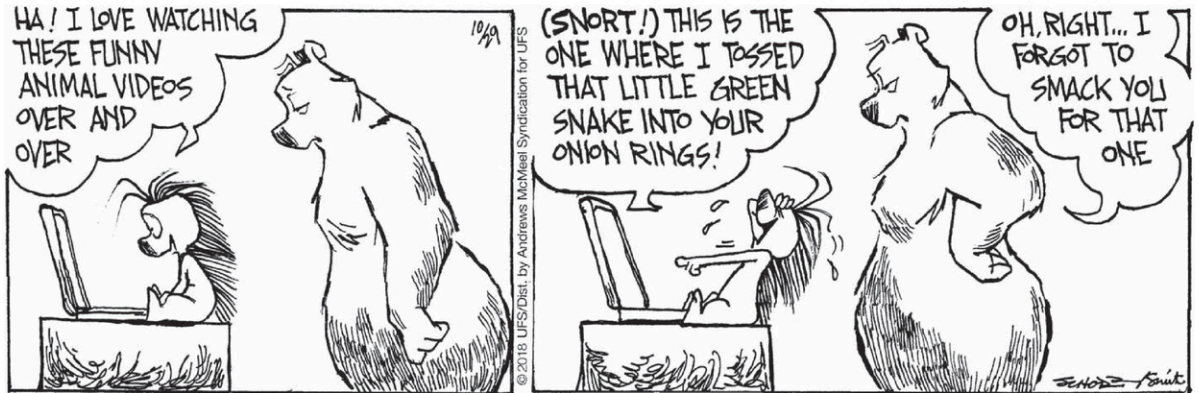
THE BORN LOSER



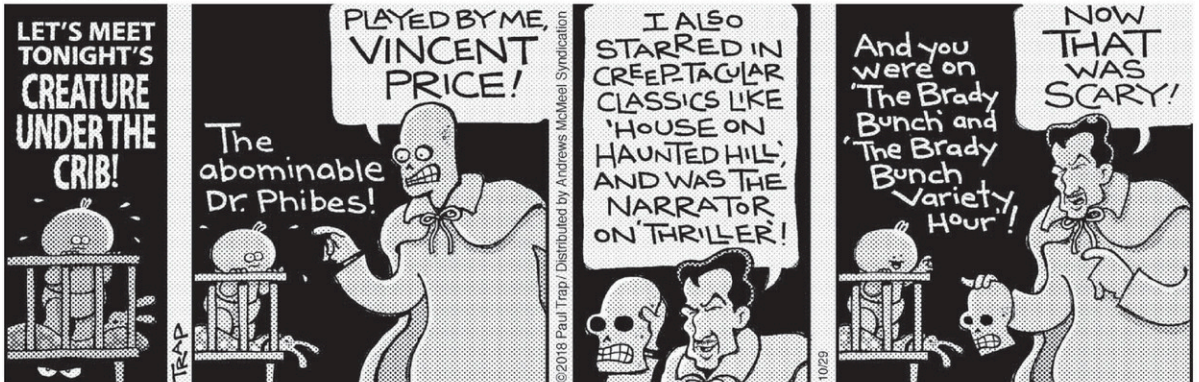
FRANK AND ERNEST



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The secret ingredient for creating a great chili

By America'S Test Kitchen

Ground beef chili is way more convenient than chili made with whole chunks of meat, but a truly great version requires a few tricks. To keep the meat moist and tender, we treated it with salt and baking soda.

Both ingredients helped the meat hold on to moisture, so it stayed juicy and didn't shed liquid during cooking, which would water down the chili. We also simmered the meat for 90 minutes to fully tenderize it.

We made a simple but deeply flavoured homemade chili powder, bolstered that with canned chipotles, and cooked both in the fat rendered by the beef to bloom the flavours of the fat-soluble spices throughout the dish. This chili is intensely flavoured and should be served with tortilla chips and/or white rice and your favourite chili garnishes, such as lime wedges, chopped cilantro, and minced onion. Diced avocado, sour cream, and shredded Monterey Jack or cheddar cheese are also good options for garnishing.

BEST GROUND BEEF CHILI

Servings: 8-10

Start to finish: 2 hours, 45 minutes

- 2 pounds of 85 per cent lean ground beef
- 2 tablespoons plus 2 cups water
- Salt and pepper
- 3/4 teaspoon baking soda
- 6 dried ancho chilies, stemmed, seeded, and torn into 1 inch pieces

- 1 ounce tortilla chips, crushed (1/4 cup)
- 2 tablespoons ground cumin
- 1 tablespoon paprika
- 1 tablespoon garlic powder
- 1 tablespoon ground coriander
- 2 teaspoons dried oregano
- 1/2 teaspoon dried thyme
- 1 (14.5 ounce) can whole peeled tomatoes
- 1 tablespoon vegetable oil
- 1 onion, chopped fine
- 3 garlic cloves, minced
- 1-2 teaspoons minced canned chipotle chili in adobo sauce
- 1 (15 ounce) can pinto beans
- 2 teaspoons sugar
- 2 tablespoons cider vinegar

Adjust oven rack to lower-middle position and heat oven to 275 F. Toss beef with 2 tablespoons water, 1 1/2 teaspoons salt, and baking soda in bowl until thoroughly combined. Set aside for 20 minutes.

Meanwhile, toast anchos in Dutch oven over medium-high heat, stirring frequently, until fragrant, 4 to 6 minutes, reducing heat if anchos begin to smoke. Transfer to food processor and let cool.

Add tortilla chips, cumin, paprika, garlic powder, coriander, oregano, thyme, and 2 teaspoons pepper to food processor with anchos and process until finely ground, about 2 minutes. Transfer mixture to bowl. Process tomatoes and their juice in now-empty work bowl until smooth, about 30 seconds.

Heat oil in now-empty pot over medium-high heat until shimmering. Add onion and cook, stirring occasionally, until softened, 4 to 6 minutes. Add garlic and cook until fragrant, about 1 minute. Add beef and cook, stirring to break meat up into 1/4 inch pieces, until beef is browned and fond begins to form on pot bottom, 12 to 14 minutes. Add ancho mixture and chipotle; cook, stirring frequently, until fragrant, 1 to 2 minutes.

Add tomato puree, remaining 2 cups water, beans and their liquid, and sugar. Bring to boil, scraping bottom of pot to loosen any browned bits. Cover, transfer to oven, and cook until meat is tender and chili is slightly thickened, 1 1/2 to 2 hours, stirring occasionally to prevent sticking.

Remove chili from oven and let stand, uncovered, for 10 minutes. Stir in any fat that has risen to top of chili, then add vinegar and season with salt to taste. Serve. (Chili can be refrigerated for up to 3 days; add water as needed when reheating to adjust consistency.)

Nutrition information per serving: 387 calories; 189 calories from fat; 21 g fat (7 g saturated; 1 g trans fats); 77 mg cholesterol; 502 mg sodium; 23 g carbohydrate; 7 g fiber; 3 g sugar; 27 g protein.

For more recipes, cooking tips and ingredient and product reviews, visit <https://www.americastestkitchen.com>. Find more recipes like Ground Beef Chili in "New Essentials."

(The Associated Press)

SUDOKU

DIFFICULTY RATING: ★☆☆☆☆

		8		3		5		
		7	8	2	6			3
6	4	3			5			2
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7		6	2		9	4		8
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	1		9			6	4	3
	6		5	1	8	2		
		2		6		1		

10/29

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PREVIOUS SOLUTION

6	9	8	2	1	5	7	3	4
1	4	3	7	9	6	5	2	8
2	5	7	3	4	8	9	6	1
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7	2	4	6	5	9	1	8	3
3	1	5	4	8	2	6	9	7
5	8	1	9	2	4	3	7	6
4	3	2	5	6	7	8	1	9
9	7	6	8	3	1	4	5	2

HOW TO PLAY:
Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.



ON NOVEMBER 20TH

Brome County NEWS

THE RECORD

will publish a special supplement in partnership with Blue Seal Animal Nutrition Center, SPA des Cantons, SPCA Montérégie and Frontier Animal Society.

This edition will be filled with wonderful pets up for adoption, success stories and adoption tips.

If you have already adopted a pet and would like to submit a photo of your pet along with a small text about your success story please send before November 13th.

to classad@sherbrookerecord.com

NEA Crossword Puzzle

- ACROSS**
- 1 Incline
 - 5 Overwhelm
 - 8 Facts
 - 12 Diva's tune
 - 13 Slipshod
 - 14 Incite
 - 15 Tough situations
 - 16 Hole
 - 17 Verne's captain
 - 18 Helps a crook
 - 20 Camper
 - 22 North Woods roamer
 - 24 Kitchen pest
 - 25 Ahead
 - 29 Pine
 - 33 Internet service
 - 34 Wire thicknesses
 - 36 Young lady of Sp.
 - 37 Nudge, perhaps
 - 39 Freight units
 - 41 Finger count
 - 42 Long-answer exam
 - 44 Painter Pablo —
- DOWN**
- 1 Hindu prince
 - 2 Swift horse
 - 3 Silent performer
 - 4 Glued down
 - 5 Zurich peak
 - 6 Bide time
 - 7 Surplus
 - 8 Catches fire
 - 9 Playwright — Coward

Answer to Previous Puzzle

R	A	J	A			I	R	S		P	B	S
U	R	A	L	S		D	O	N		I	R	E
T	I	B	E	T		L	E	A		E	A	R
			R	A	T	E		R	I	D	G	E
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I	S	A	K		U	N	I	X		E	R	E
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O	R	O		E	A	U		T	H	A	W	S
L	E	O		A	M	T		S	E	P	I	A
Y	A	K		D	I	S			D	O	G	S

- 10 Starlet's aspiration
- 11 Aroma
- 19 Lissome
- 21 "— Given Sunday"
- 23 Grow together
- 25 Big pond
- 26 Time beyond measure
- 27 Porter and stout
- 28 Mashed potato serving
- 30 Techniques
- 31 Hwys.
- 32 Metric prefix
- 35 Salon sound
- 38 Young birds of prey
- 40 Wind-driven mist
- 43 Oater answer
- 45 Not digital features
- 47 Giraffe
- 49 Fall mo.
- 50 Hi or bye
- 51 Actress — Heche
- 52 Entrance
- 54 Floor model
- 55 Gauge
- 56 House's lot
- 59 Court figures, briefly

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
15					16				17			
18				19		20		21				
			22		23		24					
25	26	27				28		29		30	31	32
33				34			35		36			
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Your Birthday

MONDAY, OCTOBER 29, 2018

Speak up and make a difference. Make this a time to remember. Take mental and physical journeys to places that will allow your imagination to flourish and your plans to come to fruition. Put your differences aside and be kind, loving and helpful, regardless of how others act.

SCORPIO (Oct. 24-Nov. 22) — Stay focused on what's important. Refuse to let anyone bait you into an argument. Expand your knowledge to gain insight into what's important. Romance is favored.

SAGITTARIUS (Nov. 23-Dec. 21) — Consider what others say, but don't act on what you hear. Go to the source to validate information you receive. Protect yourself against being misinterpreted and don't be a conduit for false information.

CAPRICORN (Dec. 22-Jan. 19) — Share your feelings and thoughts with the people who will be affected by the decisions you make. Being open to change will help you clear up misconceptions.

AQUARIUS (Jan. 20-Feb. 19) — Do your own thing, instead of giving in to someone else's pressure. Put your energy into constructive projects that are geared toward self-improvement.

PISCES (Feb. 20-March 20) — Participate in events that will allow you to show off your skills, knowledge and experience. You'll make a good impression that will lead to an offer you cannot refuse. Romance is highlighted.

ARIES (March 21-April 19) — Getting

upset will not help a situation you face at home or work. Take care of your responsibilities and move on to something you enjoy doing. Physical activity will relieve stress.

TAURUS (April 20-May 20) — A change will do you good. Schedule a business trip or meeting, or sign up for a course that will add to your qualifications. A positive change will lead to solid relationships.

GEMINI (May 21-June 20) — Don't let others get you down. Put on a happy face and do something you enjoy. A good workout will help clear your head so that you can move forward with confidence.

CANCER (June 21-July 22) — Share your feelings with a loved one. Make arrangements that will push you to get out more and participate in events that will help you advance.

LEO (July 23-Aug. 22) — Watch your step. If you make a snap decision, you will end up regretting it. Don't take on too much or make promises you cannot keep. Don't disregard someone's complaints.

VIRGO (Aug. 23-Sept. 22) — If you say what's on your mind, positive change will result. Take control of whatever situation you face so that you can make a difference. Love and romance are encouraged.

LIBRA (Sept. 23-Oct. 23) — Personal improvement should be your focus. Taking better care of your health through proper diet and exercise will bring positive results in every aspect of life.

MONDAY, OCTOBER 29, 2018

The lead can make such a difference

By Phillip Alder

Oscar Wilde wrote, "The advantage of the emotions is that they lead us astray, and the advantage of science is that it is not emotional."

Archimedes, while on his "Eureka!" run, apparently got quite emotional, but we know what Wilde meant.

When you are on lead at the bridge table, unemotionally analyze the auction. Then, most of the time, you will find the best opening salvo — but not always. Look at today's West hand. What would you lead against three no-trump?

North's move over one no-trump is debatable. Usually, when your maximum combined count is 25, do not look for game with balanced hands. In this instance, yes, if a 4-4 spade fit exists, game might be makable. But surely at least one of North's jacks will be worthless. Of course, to make me seem to be leading you astray, both jacks were useless, but when West led the club queen, South immediately claimed one club, four diamonds and four spades.

This deal was played in three no-trump by South 10 times at Bridge Base Online. Three declarers were favored by the club-queen lead, but seven faced a

North				10-29-18
♠ A Q 8 5				
♥ J 7 4				
♦ J 7 5 4				
♣ 8 3				
West		East		
♠ 6		♠ 10 9 7 4 3		
♥ 10 5 3 2		♥ A K Q		
♦ 9 8 2		♦ 10 6 3		
♣ A Q J 9 2		♣ 7 5		
South				
♠ K J 2				
♥ 9 8 6				
♦ A K Q				
♣ K 10 6 4				
Dealer: South				
Vulnerable: Neither				
South	West	North	East	
1NT	Pass	2♣	Pass	
2♦	Pass	2NT	Pass	
3NT	Pass	Pass	Pass	

Opening lead: ??
heart start. What happened then?
East took the first three tricks with his heart honors, West following suit with the two, three and five. Since West had always played his lowest heart, East read them as suit-preference signals for clubs. So, at trick four, he shifted to the club seven. Now South, in desperation, put up his king. West won with his ace and cashed his other two club honors and the heart 10 to defeat the contract by three tricks.