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# THE RECORD

THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897

## Alberta's renewable energy boom hits government roadblock

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PM#0040007682

WEDNESDAY, AUGUST 30, 2023

## Feds say prime minister's residence at 24 Sussex may be replaced rather than restored

The Canadian Press

The prime minister's problem-plagued official residence could be replaced instead of restored, though the government says its plans are not complete.

A spokesperson for Procurement Minister Jean-Yves Duclos said building a new residence is among the options being considered as the department comes up with a plan for the future of 24 Sussex, but any conversations about that are at very early stages.

CONT'D ON PAGE 5

## UBER-Gaiter tackles invaders

Breakthrough in combatting Eurasian watermilfoil, artificial intelligence-powered robot supports waterfront residents



WILLIAM CROOKS

Dr. Elisabeth Levac, Full Professor and Co-Chair of BU's Environment, Agriculture and Geography Department; Michèle Lafond, APELO President; Jean-Francois Martel, General Director of RAPPEL; BU master's student and project leader Steven Poulin; BU Professor and project supervisor Dr. Bruno Courtemanche; and Dr. Matthew Peros, BU Dean of Social Sciences were part of a team that worked together to make the UBER-Gaiter project happen

By William Crooks  
Local Journalism Initiative

A breakthrough has been reached in the fight against Eurasian watermilfoil, an invasive plant

species plaguing local bodies of water. Bishop's University (BU), in partnership with RAPPEL (Regroupement des associations pour la protection de l'environnement des lacs et des bassins versants), has put forth the world's

first application of an aquatic drone, powered by artificial intelligence (AI), to improve the efficiency of efforts to control against invasive aquatic plants. The Record attended a press conference

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## Weather



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LOW 7



THURSDAY:  
SUNNY

HIGH 18  
LOW 6



FRIDAY:  
SUNNY

HIGH 23  
LOW 7



SATURDAY:  
SUNNY

HIGH 24  
LOW 11



SUNDAY:  
A MIX OF SUN  
AND CLOUD

HIGH 27  
LOW 15

### HAND IN HAND

# Feisty Females Hell-Bent on Helping the Community

## The Yamaska Valley Optimist Club



“We’re walking again!” is the excited buzz among the Yamaska Valley Optimist Club (YVOC) members who organize and volunteer to make the BMP Hospital Foundation’s Cancer Walk happen. Over the past 23 years, the annual event has raised more than \$1.25 million to purchase equipment to diagnose and treat women’s cancer.

For the past three Covid years the fundraiser was virtual. However, at 9:30 am on Sunday October 1 at the Lac Brome Community Centre we are thrilled to once again don pink shirts and hit the pavement to stride 5 or 10 kilometres on the Walk To Fight All Cancers! Just register when you arrive and contribute a minimum of \$25.

Offered this year as an alternative for participants who can’t or don’t want to walk is an adaptive yoga class held on site by teacher Yogra Hernandez. And if you can’t make it on the 1st at all, you have the whole month to contribute and clock your steps. *Want to volunteer? Call Louise Gelinas at (450) 521-9478.*

The Yamaska Valley Optimist Club is a group of 30 dedicated and feisty females who gather regularly for lively brainstorming and planning sessions at varied locations (with great cuisine)

throughout the Brome Missisquoi region that we serve. Started by three women in 2000, we are part of the respected Optimist International founded in the US in 1919 and now operating in 29 countries.

While we help BMP with the Cancer Walk and share proceeds from our June Garage Sale, our main mission is helping young people in the Lac Brome, Cowansville, Sutton area. Fundraising projects like our springtime Fashion Show and International Women’s Day or Mother’s Day flower sales provide school supplies for our late summer Operation Backpack, nourish hungry kids at both elementary and high schools and provide scholarships for youth leaving high school to pursue academic or professional dreams.

We also support young people in protective group homes, making their daily lives more enjoyable and offering these new adults help when they graduate and move on to independence. For example, our

springtime Cinderella Project supplies prom dresses and shoes for grad and we help stock up those moving into their own lodgings for the first time with linens, dishes, supplies and cash.

We’re especially proud of our Christmas Angel program, an annual charity event that provides hundreds of gifts for children in the area, in schools, and group homes.

We even run a youth wing of the club called the Junior Optimist International (JOI) to help inspire and educate young people to volunteer in their own communities.

There are so many underprivileged children in the area who benefit from our dedication and hard work. However, all these events and incentives require funds. If you would like to contribute money or supplies for our projects or to volunteer, we would love to hear from you at....

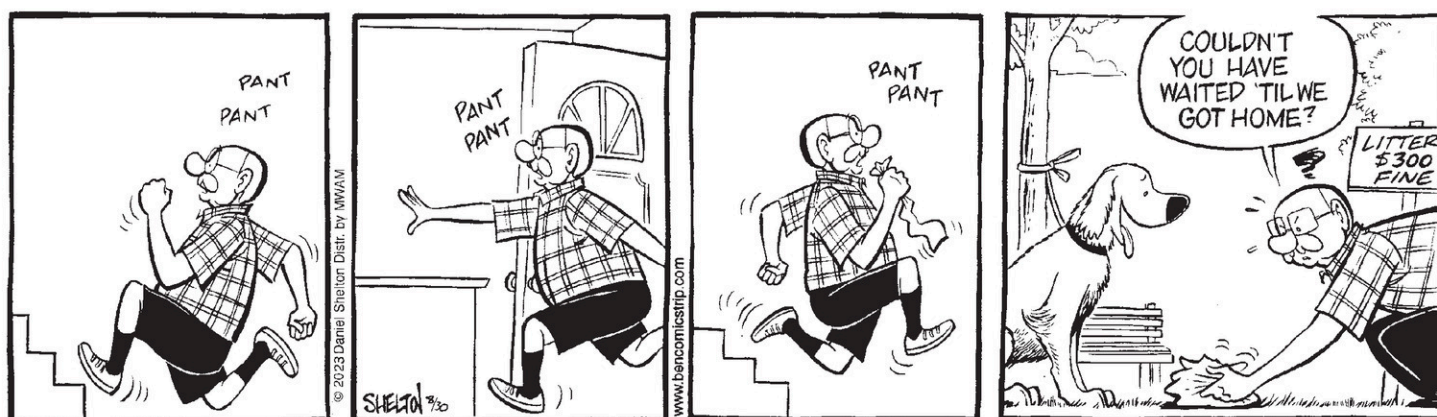
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## Ben by Daniel Shelton



# Local News

This scientific advance is significant because it will reduce the cost of controlling invasive exotic aquatic plants.

## UBER-Gaiter

CONT'D FROM PAGE 1

in Austin on Aug. 29 for more information.

### The project

The project, led by the Undergraduate Bishop's Earth Research Group (UBERG), specifically Steven Poulin, a master's student in Computer Sciences at BU, involved an aquatic drone (UBER-Gaiter) criss-crossing lakes in the Estrie and Outaouais regions over the past year. Its goal was to build a bank of images for its deep-learning AI system. Over 60,000 images of aquatic plants have been integrated within the drone, which can now autonomously recognize twelve aquatic plant species with over 95 per cent efficiency, surpassing human performance in this area.

RAPPEL, a group of strategy experts in the control of Eurasian watermilfoil, proceeded, in recent weeks, to the concrete application of the drone for its own operations. In collaboration with the Association pour la protection de l'environnement du lac O'Malley (APELO), RAPPEL used the aquatic drone in Austin at O'Malley Lake. The drone first surveyed the waters to collect data. RAPPEL then used the data, the mapping and identification of Eurasian watermilfoil, for its own work. This resulted in operations for the manual removal of the plants based on precision "geofencing": a world's first.

This scientific advance is significant because it will reduce the cost of controlling invasive exotic aquatic plants. The mapping produced using the drone provides an accuracy of 10 to 15 cm, reducing the positioning time of the divers who carry out the uprooting of the plants underwater. The future applications of such technology to improve knowledge of an aquatic

environment and to carry out floristic inventories are also very promising.

The research team now hopes to obtain the necessary funds to produce other drones of the same type and benefit a greater proportion of water protection stakeholders.

### UBERG

UBERG is a Bishop's University organization that aims to provide undergraduate students with in-depth and meaningful research experiences in applied geospatial topics. Its mission is to conduct environmental research projects that benefit the surrounding community while providing undergraduate students with educational opportunities to develop applied research skills. The UBER-Gaiter aquatic drone project has mobilized many people from the student community in recent years. Designed in 2018 and assembled in 2019, the drone's acquisition module was deployed in 2020 before being put on hold during the pandemic. It was in the winter of 2022 that Steven Poulin, co-supervised by researchers and lecturers Bruno Courtemanche and Russel Butler, reinitiated the aquatic drone project and allowed it to be used for the first time in an operational context.

### RAPPEL

RAPPEL was created in 1997 by lake associations who wanted to come together to better protect their respective bodies of water. Now in the legal form of a non-profit solidarity cooperative democratically managed by its members, RAPPEL is carried by 350 members, including more than 160 associations and about forty municipalities, distributed in 11 administrative regions of Quebec.



PHOTOS WILLIAM CROOKS

At the heart of the cooperative is a multidisciplinary professional team made up of specialists in biology, engineering, geomorphology, geography, and ecology. The expertise of the staff aims to support the daily work of the volunteers of the associations and other actors in the protection of water. Recognized for its expertise in the fight against Eurasian watermilfoil, RAPPEL has been involved for several years in the aquatic drone project, whether through data sharing, contact with lake associations, sharing research equipment or human resources.

### APELO

APELO has been in operation since 1979 to preserve the health of O'Malley Lake. Its purpose is to bring together all residents and all owners with access to the lake around the same cause, namely, the protection of the lake and its environment. Lake O'Malley is the second lake in Quebec that has taken steps toward experimenting with burlap tarping as a method of combating the invasion of Eurasian watermilfoil. The lake has witnessed many tests, carried out by RAPPEL, to develop an optimal control strategy. The operations, which have proven to be very effective, made it possible to significantly reduce the Eurasian watermilfoil in the lake. The association, which has accepted that the professional team use the drone at the research and development stage, is the first to benefit from the operationalization of the instrument.

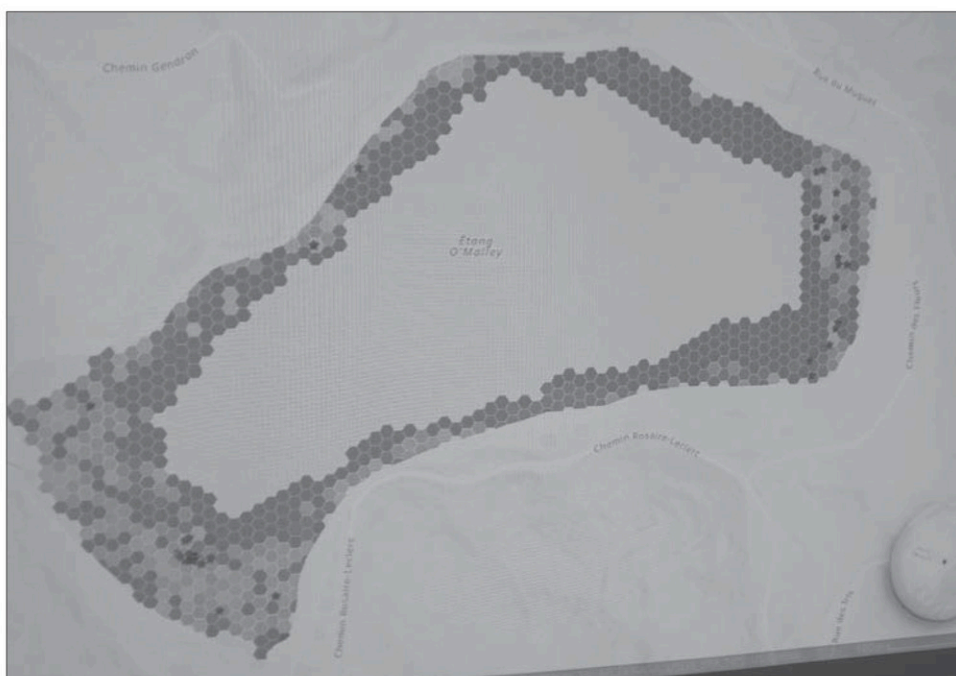
### Further details

BU Dean of Social Sciences, Dr. Matthew Peros, commented on the student involvement in the project.

"[Student involvement] is a big part of what we do at Bishop's," he said, and it is part of BU's strategy to give students an opportunity to learn experientially with "hands on" activities. A lot of BU undergraduates go through diver's training programs and, he said, as we speak, four divers that were trained at BU were inspecting the bottom of O'Malley Lake.

Courtemanche, contract faculty at BU and supervisor of the project, helped with "a little bit of everything". "I try to let the students do most of it," he admitted, but he is there to help if there are questions or the need for oversight. The students need to be allowed to make mistakes and learn from them, he added. Courtemanche emphasized that two "world firsts" were accomplished with this project. The first was the automatic mapping of a lake with an aquatic drone to this level of precision. Previously, projects with aerial and underwater drones using sonar have been used, but each had its own limitations. The second was the precise identification of individual plants.

Poulin, master's student at BU and leader of the project, was given this task as a thesis. He personally reassembled the UBER-Gaiter, learned how to use it, and got it running again. He developed the picture-taking program the robot uses and its navigation unit. The picture-recognition capabilities of the robot were trained on a supercomputer. The robot is powered by recycled car batteries and can operate autonomously for at least a full night. The UBER-Gaiter runs during the night using two large spotlights and navigates using the internet and GPS coordinates.



UBER-Gaiter, the project's new AI-powered water drone, out on Lake O'Malley in Austin

# What are we -- chopped liver?



DIAN COHEN

I was struck recently by how many news outlets led their reports with the announcement that Kleenex, so iconic a brand that it's the word we use when we want a tissue, is leaving Canada. It made me think of all the other brands that have given up the ghost in this country in the last few years: Delissio Pizza. Stouffer's Frozen Foods. Lean Cuisine. Swiss Rolls. Bite-size Mini Brownies. Little Debbie. Bagel Bites. Bugle Corn Chips. And these retail chains: Sears. Target. Nordstrom. Lowe's. And the fact that Canadian news is no longer available on Facebook and soon won't be on Google.

What's going on? There's a simple

answer and a complicated one. The simple answer is that we are much too short-term and narrow thinkers. That these brands or retail outlets are gone doesn't mean that nothing will replace them or that we are in grave danger of becoming an undeveloped country. Nor does it mean we have nothing to offer. Think of what Canadians have accomplished: in sport: hockey, the fiberglass goalie mask, basketball, instant replay. In healthcare: insulin, the prosthetic hand, the electron microscope, electric wheelchair, cardiac pacemaker, the transplantation of stem cells. In communications: telephone, AM radio, the pager, Walkie-Talkie, sonar, computerized Braille, first internet search engine, Java programming language, the Blackberry. In nutrition: canola, peanut butter, Pabulum, ginger ale, Bloody Caesar, Yukon Gold potato. In entertainment: Superman, IMAX, Trivial Pursuit. Not to mention the hard cap jockstrap, the egg carton, the CanadArm, Wonderbra, poutine, the caulking gun, plastic garbage bags, plexiglass.

The more complicated answer involves a lot of different missteps by a lot of different entities. With

regard to various foods and snacks – Canada is just collateral damage. If a company has any difficulty – supply shortages, shrinking profit margins, and no production facilities in Canada, you can bet on the decision to leave Canada.

With respect to retail chains: Sears self-destructed – leaving Canada was not unique. In general, success in the Canadian market probably requires a higher level of profitability due to the need for two languages and the fact that the market here is smaller than the state of California. If you have to close stores, Canada's going to be at the top of the list.

Target should have succeeded here but sub-par operations and PR missteps contributed to their failure. Taking over empty Zellers locations was not the answer. The stores were too big – they should have tried small stores first. Nordstrom's homework got a D- – it assumed that Canadian consumers were just like Americans. Canadians are, by and large, more modest – they rarely wear luxury garments as status symbols. Marketing stats reveal that Canada ranks as one of the lowest developed world spenders when it comes to luxury sales. Basically,

Nordstrom had a poor grasp of the basics of any retail business; if you have high overheads, which they have, they have to generate high profits or go bust.

Outlets like Walmart, Costco, Home Depot have been successful in Canada because they have scale, operational discipline, appeal directly to their target consumers, have price points to drive volume. They also have accountable Canadian head offices that allow local teams to implement local initiatives.

As for Canadian news disappearing from Facebook and Google, that's our own misstep – Canada passed legislation to make the tech firms pay for news without negotiating with either company, both of which say the legislation is unworkable. Now we must go back and negotiate with the parent companies Meta and Alphabet, as Australia did successfully, before the Canadian legislation comes into force at the end of the year. Canada is not chopped liver by a long shot. But we need to own up to our own mistakes and try not to shoot ourselves in the foot.

Dian Cohen, C.M., O.M., economist  
cohendian560@gmail.com

## Protester arrested after paint splashed on Tom Thomson piece in National Gallery

The Canadian Press

An artwork by renowned Canadian artist Tom Thomson at the National Gallery in Ottawa was splattered with paint on Tuesday as part of a protest against the federal government's response to wildfires.

Ottawa police said they arrested Kaleb Suedfeld and charged him with criminal mischief, adding they are still investigating.

The National Gallery of Canada said the artwork was not damaged as it was secured by a protective panel.

"We expect it to be rehung shortly," it said in a statement Tuesday.

On2Ottawa, a Canadian climate change advocacy group, had issued a news release shortly before the arrest to say that paint would be thrown at Thomson's "Northern River," created in 1914-15.

An Instagram video posted by the group on Tuesday shows a man smearing the glass that protects the painting with pink paint.

"Fossil fuel industries are destroying the work of art that is our planet and the government is firmly in their grip doing nothing to stop

their crimes," the man can be heard saying in the video.

"This must stop or we will not stop disrupting."

He continued by urging the government to establish a federally funded force of 50,000 firefighters.

The group said it has organized several traffic disruption demonstrations this month to draw attention to wildfires issue and is promising further actions in Ottawa next month.

It said it has received more than \$8,800 in donations through its website, which the group said goes toward "mobilization and action efforts."

Police said 11 protesters have been charged with 34 offences in connection to the traffic demonstrations.

"The gallery is collaborating with the police," the National Gallery of Canada said in its statement.

"The safety and security of our staff and visitors and of our collection remain our highest priority," it said, adding it had no further comment due to the ongoing police investigation.

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# 24 Sussex

CONT'D FROM PAGE 1

The minister's office said it is working with the National Capital Commission to develop a plan that it aims to release soon.

The historic house overlooking the Ottawa River is in dire need of repairs for everything from electrical work to windows, doors and the roof.

A 2021 report estimated it would cost at least \$36.6 million just to complete the deferred maintenance on the main residence, which was built in 1868. Bringing it up to code would likely cost millions more.

A report last summer found the walls, attic and basement of the 34-

room mansion were full of rodent carcasses and feces, which caused air quality issues that were partly responsible for the shutdown of the residence last fall.

The report also found water damage, flaking walls, rusting pipes and electrical issues that make the property a fire hazard.

Construction work began this spring to fix those critical issues, work the National Capital Commission says must be done regardless of the government's plans. It's expected this will take about a year.

In September, crews will start work to remove mechanical and

electrical systems and clean up substances such as asbestos.

Prime Minister Justin Trudeau and his family never moved into the building, opting instead to live at nearby Rideau Cottage when he was first elected in 2015.

Conservative Leader Pierre Poilievre told reporters Tuesday that refurbishing or replacing the official residence would not be important to him if he was in government.

"Of my list of priorities, this will probably be the last," he said at a press conference in Oshawa, Ont.

Poilievre, who lives at Stornoway,

the official residence of the Opposition leader, said the prime minister's residence should be "a very basic, secure place" to live.

"I think they should be reasonable and practical, to provide for the ability to receive dignitaries ... and most important of all, have security," he said.

The building at 24 Sussex includes a state area where foreign dignitaries are received and a separate, private living area.

The NCC is legislated to oversee the grounds. A dozen prime ministers lived there between 1951 to 2015, including Pierre Elliott Trudeau.

## Canada's first case of new COVID variant is detected in B.C.

The Canadian Press

The BC Centre for Disease Control has detected Canada's first known case of a new COVID-19 variant that has emerged in several other countries and is being monitored by the World Health Organization.

The centre says the BA.2.86 variant of the Omicron strain was identified in a person from the Fraser Health region who hadn't recently been outside the province.

Provincial Health Officer Dr. Bonnie Henry and Minister of Health Adrian Dix say in a joint statement that there doesn't seem to be

increased severity with the strain and the infected individual is not in hospital.

The statement says BA.2.86 has been detected in the United States and elsewhere, after first being detected in Denmark last month.

Henry and Dix say it wasn't unexpected for the strain to show

up in B.C. and Canada, and the risk to people in B.C. "has not changed."

The U.S. Centers for Disease Control says the new strain may be more capable of infecting people who have previously had COVID-19 or have received COVID-19 vaccines, compared to previous strains.

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## EDITORIAL

Politicians, including Alberta's environment minister, have joined industry in touting the "benefits" of continued gas power.

## SCIENCE MATTERS

# Alberta's renewable energy boom hits government roadblock

By David Suzuki

Alberta has been leading a renewable energy boom in Canada, with investments in the tens of billions and close to \$3 billion in projects underway – providing good employment and clean power. It's no wonder. The province has abundant sun and wind and room for solar and wind installations, as well as a skilled workforce and people who care about the spectacular nature around them.

Alberta also has an "open market" electricity system that allows producers to sell to private power providers.

Despite the increasing benefits of renewable energy for Alberta and beyond, the provincial government recently put a seven-month hold on large solar and wind projects – with little notice or consultation. Although the province's lax regulatory environment could use tightening up for all large energy projects – including gas, oil and coal – that doesn't require a moratorium on one sector. And, given the Alberta government's overzealous support for the fossil fuel industry, shaky justifications for this move and antipathy to climate policy, it's easy to question its motive.

The government says it wants time to study impacts on the grid and rules around decommissioning. Again, that doesn't require shutting down the industry. "We've conducted regulatory reviews for both coal bed methane production and the oil sands industry for years – all without pausing development," Jordan Dye, acting director of Business Renewables Centre-Canada, told the Guardian.

As for reclamation rules, Alberta has hundreds of thousands of oil and gas wells that companies are

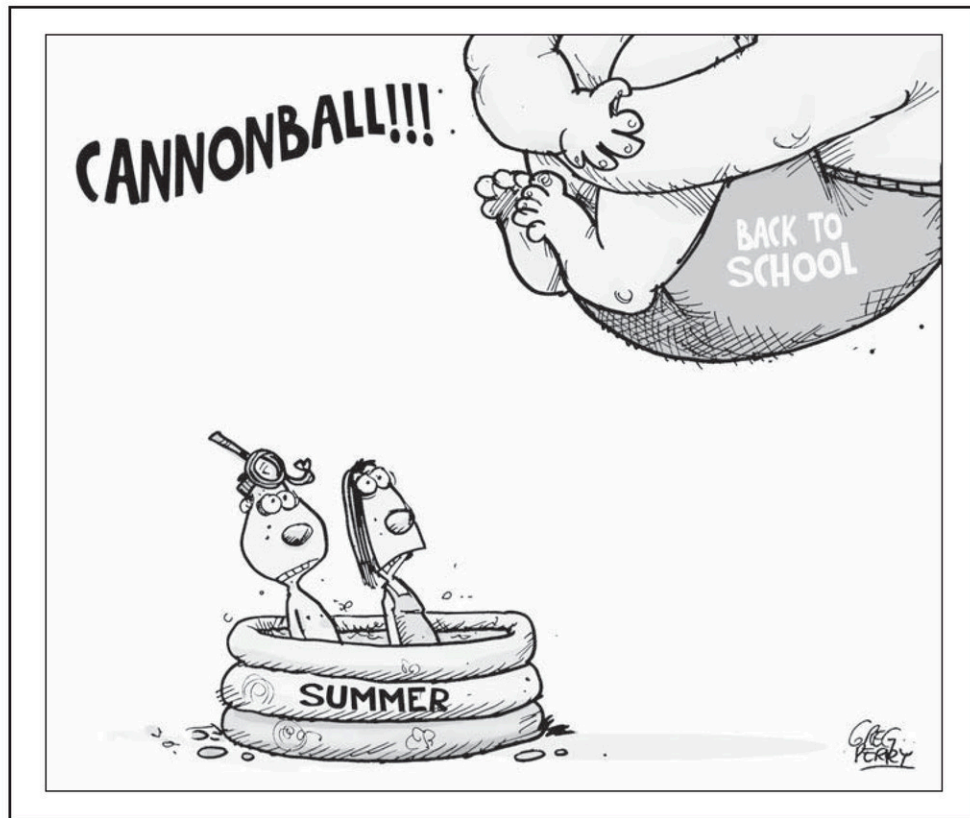
legally required to decommission when they're finished – one for every 1.4 square kilometres of land! But a growing number, now in the tens of thousands, have become inactive, with companies often declaring bankruptcy and walking away from cleanup responsibilities. The federal government has already put \$1 billion into cleanup, and the province wants to kick in at least \$100 million in tax credits to convince companies to fulfil their legal obligations.

Consider also the premier's response to the federal government's necessary and sensible draft clean electricity regulations, which aim to achieve net-zero carbon emissions from power generation by 2035. "We will never allow these regulations to be implemented here, full stop," she said.

Why would the Alberta government put billions of dollars of investment, good jobs, opportunities in rural areas and cleaner air and environment in jeopardy to prop up a dying industry? It appears to be part of the fossil fuel industry's newest effort to stay alive by selling "natural" gas as a climate solution rather than the polluting fuel it is.

Politicians, including Alberta's environment minister, have joined industry in touting the "benefits" of continued gas power.

As heat pump and renewable energy adoption accelerate worldwide, industry's hyping (mostly fracked) methane gas as a climate solution and downplaying better alternatives are misleading at best. Gas supplier FortisBC recently had information showing the benefits of heat pumps and electrification removed from a joint government-industry report



about the role of gas in the clean energy transition. When Enbridge applied to expand its gas network in Ontario, the company used a flawed study that inflated by billions of dollars the cost of switching buildings from gas to electric heat.

The truth is, it now costs less to generate electricity with wind and solar than gas, even with storage, and costs for renewables are dropping while gas and other fossil fuel prices are climbing in volatile markets.

It's not a lack of available solutions holding us up; it's a lack of political will. David Suzuki Foundation research shows Canada could achieve not just net-zero emissions, but emissions-free electricity by 2035, without relying on new nuclear, new large hydro or carbon capture and storage.

It's bad enough that political leaders who seemingly understand the climate crisis aren't doing enough. It's worse

that some are openly hostile to the very idea of protecting the world – our children and grandchildren and those yet to be born – from the rapidly increasing consequences of wastefully burning coal, oil and gas.

Everyone will benefit from the clean energy transition – from cleaner air, a stable climate, good jobs, economic opportunities, better energy security, affordable power and more. Some politicians may think progress is impossible, but people in Alberta and all of Canada know better.

We need politicians to represent our interests, not those of a dying, polluting industry.

David Suzuki is a scientist, broadcaster, author and co-founder of the David Suzuki Foundation. Written with David Suzuki Foundation Senior Writer and Editor Ian Hanington.

Learn more at [david Suzuki.org](http://david Suzuki.org).

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The Record was founded on February 9, 1897, and acquired the Sherbrooke Examiner (est. 1879) in 1905 and the Sherbrooke Gazette (est. 1837) in 1908. The Record is published by Alta Newspaper Group Limited Partnership.

PM#0040007682

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# Local Sports

On Monday, the Jacksonville Jaguars waived quarterback Nathan Rourke, of Victoria. Rourke was the CFL's top Canadian last season with the B.C. Lions.

## Canadian wide receiver Jared Wayne waived by NFL's Houston Texans

The Canadian Press

The wait continues for the Toronto Argonauts.

Canadian receiver Jared Wayne was reportedly waived Tuesday by the Houston Texans as NFL teams finalized their 53-man rosters ahead of the regular season. Wayne had a 19-yard reception during the preseason.

Wayne signed as an undrafted free agent with the Texans before being selected in the second round, No. 16 overall, by the Argos in the 2023 CFL draft. Toronto made the selection

knowing it would have to wait for the six-foot-three, 210-pound Wayne, a native of Peterborough, Ont.

If a team selects Wayne, it would have to move him on to its 53-man roster. Should Wayne clear waivers, then he'd be an NFL free agent and able to join any team's practice roster.

On Monday, the Jacksonville Jaguars waived quarterback Nathan Rourke, of Victoria. Rourke was the CFL's top Canadian last season with the B.C. Lions.

And on Saturday the Detroit Lions released veteran Canadian defensive lineman Christin Covington, 29,

of Vancouver. The six-foot-two, 305-pound Covington—the son of Canadian Football Hall of Fame defensive end Grover Covington—is an eight-year NFL veteran, having appeared in 102 games with the Houston Texans, Dallas Cowboys, Cincinnati Bengals and Los Angeles Chargers.

The B.C. Lions own Covington's CFL rights.

Wayne had 146 catches for 2,308 yards and 13 touchdowns in 41 games at the University of Pittsburgh. The Canadian had 60 receptions for 1,063 yards and five TD last season as the school's top receiver.

Other Canadians or former CFL players released include:

-Cornerback Tevaughn Campbell, of Toronto, by Jacksonville. Campbell, 30, has played in the NFL with the New York Jets (2019), Los Angeles Chargers (2020-2022), Las Vegas Raiders (2022) and Jaguars (2022). Prior to that he was in the CFL with Calgary (2015), Saskatchewan (2016-2017) and Montreal (2017-18).

-Tight end Nikola Kalinic by the Los Angeles Rams. The six-foot-four, 253-pound Toronto native began his pro career with the CFL's Hamilton Tiger-Cats (2019, 2021) before joining the Indianapolis Colts last year. He was waived May 4 before signing with the Rams on July 14.

-Former CFL rush end Shane Ray was released after reaching an injury settlement with the Buffalo Bills. Ray, a '15 first-round pick by the Broncos, spent last season with the Grey Cup-champion Toronto Argonauts before signing with Buffalo in the off-season.

Ray suffered a hamstring injury in a pre-season contest against the Pittsburgh Steelers on Aug. 19.

-Kicker Brett Maher, who spent time in the CFL with Ottawa and Hamilton, was let go by the Denver Broncos. Maher played for the Dallas Cowboys last year but missed four straight converts in the NFC wildcard game versus Tampa Bay, becoming the first player in league history to miss that many.

## In form CF Montreal looks to continue playoff push, but has had trouble with NYCFC

By Elias Grigoriadis  
The Canadian Press

CF Montreal looks for a fourth-straight Major League Soccer win and more momentum in its playoff push when it visits New York City FC on Wednesday.

After a three-week break due to its elimination from the mid-season Leagues Cup tournament, Montreal (11-12-2) has begun the final push for the post-season with two wins, including just their second on the road this season.

Montreal also entered the break on a winning note with a 2-0 win over Charlotte.

On the other hand, New York (5-10-11) has struggled this season, winning just one of its last 17 regular season games.

However, that win was 1-0 victory over Montreal at Stade Saputo. NYCFC has had Montreal's number joining MLS in 2015, losing just two of their 18 matchups in all competitions.

"It would be beautiful to keep this momentum and to keep winning games. The one thing you want to do (when you play a team below you in the standings) is to make sure they don't get hope and feel you can catch up," said Montreal head coach Hernan Losada. "They got seven new players during this window, so that's a lot of reinforcements to make sure they are ready for the final push."

Montreal will be looking over its shoulder as the race for the final playoff spots begin to heat up. The six of the team's final nine games

are against clubs that are close in the standings.

Montreal controls its destiny and needs only to maintain its positive results to ensure a post-season berth. However, dropping points against chasing teams would narrow the gap Montreal has built during its win streak.

"We naturally look at the table to kind of see where we're at, but it's also important to focus on ourselves and our games," said midfielder Mathieu Choiniere. "As long as we can get into the playoffs and finish as high as possible, that's our only objective."

One of the peculiarities of playing against New York City FC on the road is Yankee Stadium. Montreal is used to the Stade Saputo pitch—the largest in MLS at 7,700 square metres—but will now have to adapt to the baseball diamond-turned-soccer pitch that only clocks in at 6,464 square metres, the league's smallest.

Even without having to adjust to a significantly smaller pitch, Montreal's performances away from home have been inconsistent, taking away only eight points from 13 games this season.

"It's a very different challenge and we're going to have to think on our feet a lot quicker. They're used to playing in these tight spaces with a lot of technical quality, so we have a short time to train that and get more comfortable," Losada said. "We know (playing away) is a point to improve and we've been working hard on that for the past three or four weeks. I think you're going to see a better version."





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# Do just one thing

# Date Book

WEDNESDAY, AUGUST 30, 2023

Today is the 242nd day of 2023 and the 71st day of summer.

**TODAY'S HISTORY:** In 1945, British forces ended Japan's occupation of Hong Kong.

In 1963, a United States-Soviet Union diplomatic teletype "hotline," intended to prevent accidental war, was installed.

In 1967, the U.S. Senate confirmed the appointment of Thurgood Marshall as the first Black Supreme Court justice.

**TODAY'S BIRTHDAYS:** Mary Wollstonecraft Shelley (1797-1851), author; Huey Long (1893-1935), politician; Shirley Booth (1898-1992), actress; Roy Wilkins (1901-1981), civil rights activist; Fred MacMurray (1908-1991), actor; Ted Williams (1918-2002), baseball player; Warren Buffett (1930-), businessman/philanthropist; Robert Crumb (1943-), writer/illustrator; Peggy Lipton (1946-2019), actress; Lewis Black (1948-), comedian; Robert Parish (1953-), basketball player; Cameron Diaz (1972-), actress; Andy Roddick (1982-), tennis player; Bebe Rexha (1989-), singer-songwriter.

**TODAY'S FACT:** The average U.S. adult spent 7 hours and 50 minutes each day viewing digital content in 2020; it was the first year in which that number surpassed the amount of time the average U.S. adult spends sleeping each night, which is about 7 hours and 36 minutes.

**TODAY'S SPORTS:** In 1905, Ty Cobb made his major-league debut for the Detroit Tigers.

**TODAY'S QUOTE:** "The world to me was a secret, which I desired to discover; to her it was a vacancy, which she sought to people with imaginations of her own." - Mary Wollstonecraft Shelley, "Frankenstein"

**TODAY'S NUMBER:** 32 - cases Thurgood Marshall had argued before the Supreme Court before he became a justice. He won 29 of them.

**TODAY'S MOON:** Full moon (Aug. 30).



by Danny Seo

It takes a lot of fuel to ship heavy pallets of vino to your local wine store from faraway places like France, South America and Australia. Wine shouldn't have more frequent flier miles than you do, so think locally made wines the next time you partake. The free app Winery Passport has over 4,500 wineries you can search through. Just type in your geographic details (like ZIP code) and they'll pinpoint the winemakers closest to you. It also includes the addresses, types of vintages they sell and make, and even reviews of the wines from other connoisseurs.

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# Swimmer's ear triggered by moisture in the auditory canal



## ASK THE DOCTORS

by Eve Glazier, M.D., and Elizabeth Ko, M.D.

**Dear Doctors:** Our 12-year-old son loves swimming. He's in the pool all year, without any problems. This summer, he started taking surfing lessons, and he got a pretty bad earache. His pediatrician diagnosed swimmer's ear. Did switching from the pool to the ocean have anything to do with it?

**Dear Reader:** Swimmer's ear is a term that describes inflammation or infection in the external auditory canal. That's the portion of the ear between the eardrum and the outer ear. The medical term is otitis externa, and it is sometimes shortened to OE.

Swimmer's ear often arises due to moisture that gets trapped in the curves and crannies of the ear canal. This creates the ideal environment for a bacterial infection, which is the most common cause of swimmer's ear. It's less common, but swimmer's ear can be caused by a fungus, as well. The name of the condition refers to swimming, which for much of the U.S. suggests a pool. However, the trigger is any type of moisture that lingers in the ear. It can come from any source. This includes a pool, the ocean, a lake, a shower, a bath, perspiration or even persistent humidity.

Symptoms of swimmer's ear include redness, pain, swelling or itchiness in the external ear canal. Some people experience a feeling of

fullness in the ear. The condition can lead to muffled or reduced hearing and can cause a humming or buzzing sound. More severe infection can result in a swollen gland in the neck, fever and the presence of pus in the ear canal. Diagnosis is made with a visual inspection of the outside and inside of the ear. A lighted instrument known as an otoscope may be used to look deeper inside the ear. Sometimes, the eardrum may appear inflamed or swollen. When pus is present, the doctor may collect a sample for analysis.

Treatment focuses on clearing up the infection and managing any discomfort. This typically includes the use of antibacterial ear drops. If the infection is fungal in origin, antifungal ear drops, such as fluconazole and clotrimazole, may be prescribed. Corticosteroid drops may also be used to manage swelling and itching. If discomfort is severe, over-the-counter pain medications can be helpful. With prompt treatment, the condition usually clears up in a week to 10 days. However, it's important to adhere to the schedule of medication, and to keep the ear canal clean and dry.

The use of ear plugs when swimming or taking part in other types of water activities can help prevent swimmer's ear. This can be particularly useful for your son as he pursues his interest in surfing. The infection of swimmer's ear sometimes arises due to scratches or cuts that are present in the outer ear canal, so take great care when cleaning the area. After immersing his head in water, he should tilt the head and allow any excess water to exit the ear. Specially formulated ear drops that dry the ear canal are also available. You can check with your son's pediatrician as to whether these might be helpful for him.

(Eve Glazier, M.D., MBA, is an internist and associate professor of medicine at UCLA Health. Elizabeth Ko, M.D., is an internist and assistant professor of medicine at UCLA Health.)

## RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

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# Finances make moving on difficult

## Dear Annie

WEDNESDAY, AUGUST 30, 2023

Dear Annie: My husband and I will celebrate our 25th wedding anniversary this year. Here's the problem: I caught him sleeping with a friend of ours three years ago at our home while I was at work. I became suspicious and set up a nanny cam, and it was all on video.

I kicked him out of the house, and he set himself up a tiny house out behind our garage. He tries to act like nothing happened. He got to where he would use his key and let himself into my house like he still lives here. I have now changed the locks.

It's hard to move on when he's in the back of our garage. I don't want him back; I do know that. I've always said if you can't trust a person, there is no

point in being with him. My problem is if I try to make him move, I have to sell the house if he won't take my offer, and I would have to split my pension with him. How do I move on without going broke at 68 years old? Thanks for your input. – Coping with a Cheating Husband

Dear Coping: You have to consult an attorney. Not sure if you are divorced yet, but the house would be dealt with – one way or another – in the divorce settlement.

Dear Annie: I have been driving for 68 years. I think I could teach you young whippersnappers a thing or two about driving. I don't need driving lessons for \$30. I could write the book!

True, my reflexes are not what they used to be. I use a walking stick to

navigate to my car. But I realize that and have made adjustments. I have slowed down and become much more defensive. No need to revoke my driving privilege. When I can no longer drive, I will be aware of that fact and will make further adjustments. When I can't drive, I won't.

I watched a handicapped man recently and was so impressed. He would roll up to his car, struggle to get his legs in, pull in his wheelchair and then just drive away. He had a hand-operated brake. Should he have been denied his driver's license?

I don't appreciate being stereotyped. Each one of us is an individual. I prefer to make my own decisions, which I am still competent to do. Just because I have been careening down the highway

of life for 79 years does not disqualify me from driving. – Driving at 79

Dear Driving at 79: Good for you – as long as your state's DMV says you are qualified to continue driving. I especially like the fact that you go slower than in the past and that you have become a more defensive driver.

"How Can I Forgive My Cheating Partner?" is out now! Annie Lane's second anthology – featuring favorite columns on marriage, infidelity, communication and reconciliation – is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information.

Send your questions for Annie Lane to [dearannie@creators.com](mailto:dearannie@creators.com).

# Try this mouth-watering noodle recipe

(NC) This flavourful and fragrant dish is an easy-to-make side to serve along with your favourite veggies or protein.

## Ginger Scallion Noodles

Preparation time: 20 minutes

Cooking time: 10 minutes

Serves: 4

### Ingredients:

2 cups (500 ml) scallions (green onions), roots trimmed, thinly sliced (about 2 bunches)  
1/2 cup (125 ml) fresh ginger, peeled and minced  
1 tbsp (15 ml) vegetable oil  
1 tbsp (15 ml) lower-sodium soy sauce  
1 tsp (5 ml) rice vinegar  
1 package (2 cups/454 g) uncooked brown rice noodles

### Directions:

In a large bowl, combine scallions, ginger, oil, soy sauce and vinegar. Let bowl rest at room temperature for 20 minutes, stirring occasionally.

While sauce rests, cook noodles in boiling water according to package directions, or until tender. Drain noodles and place in a large bowl.

Pour half the sauce over noodles and toss gently to coat well.

Serve noodles and top with remaining sauce as desired.

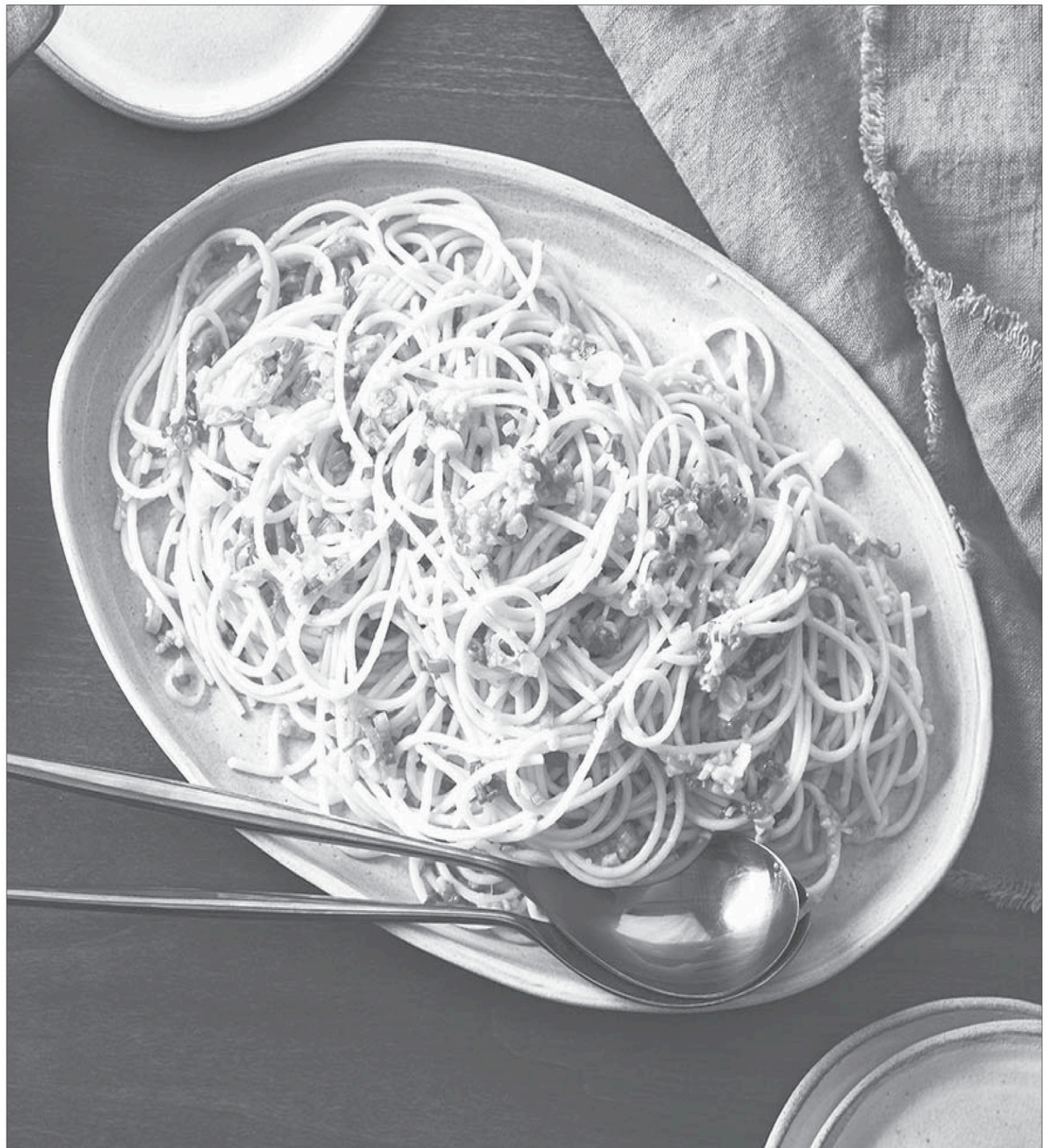
### Tips:

Invite your kids into the kitchen to get involved in planning the meal. Ask them to pick a protein and a vegetable to serve with this dish.

If don't have brown rice noodles, try using brown rice. Simply spoon the ginger scallion sauce from step 1 over the rice.

Remember, a little salt goes a long way. Taste the food before adding any.

Find more recipes on Canada's food guide kitchen: [food-guide.canada.ca](http://food-guide.canada.ca).



### CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"FRDHD IHD FEW FRZCNM Z SCWE  
IOWKF XZAD. ... WCXP FRD NWWB BZD  
PWKCN OKF FRD HDIX VDHSM EZXX  
XZYD AWHDYDH." — XDEZM OXITS

Previous Solution: "My take on celebrity is simply that some of us have to make a bigger fool of ourselves than others." — Elliott Gould

TODAY'S CLUE: r sjanbe A

### REALITY CHECK



HERMAN

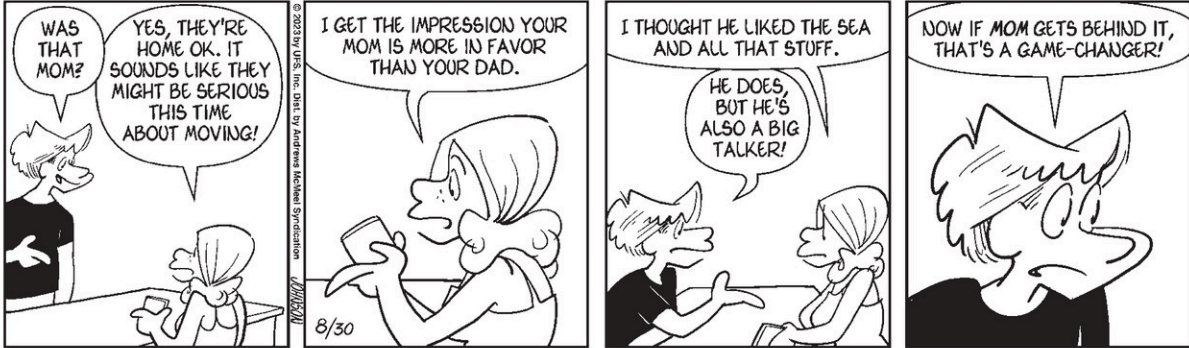


"They said you were wearing this when you fell off the roof."

### ALLEY OOP



ARLO & JANIS



THE BORN LOSER



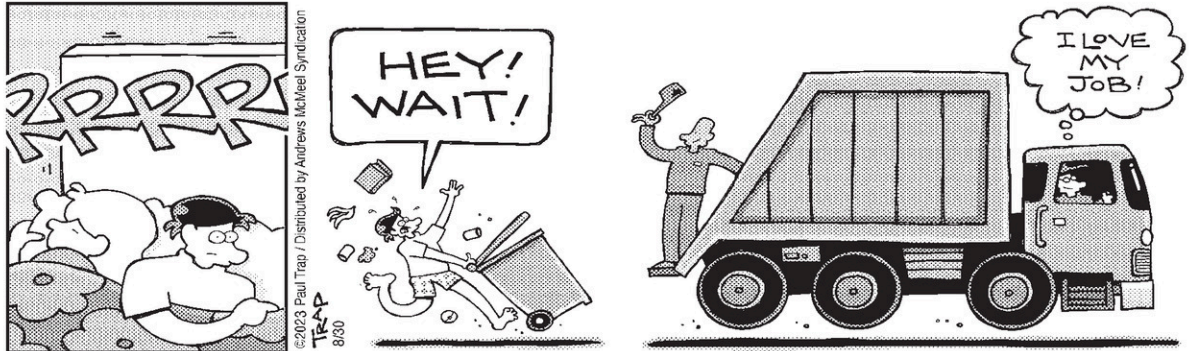
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	2	9	3	7		4	1	

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## PREVIOUS SOLUTION

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8	6	5	3	1	7	4	2	9
7	1	6	2	5	3	9	8	4
5	2	3	8	4	9	1	6	7
9	8	4	7	6	1	2	5	3
6	7	1	4	3	8	5	9	2
3	9	8	5	7	2	6	4	1
4	5	2	1	9	6	3	7	8

### HOW TO PLAY:

Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

THE RECORD

Brome County NEWS 

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# NEA Crossword Puzzle

# Your Birthday

WEDNESDAY, AUGUST 30, 2023

attention to how you present yourself to others. Don't feel obligated to give in to an overbearing person. Be precise regarding what you want. You have more power than you realize.

**PISCES** (Feb. 20-March 20) - Stop stressing out and start talking. A heart-to-heart discussion will resolve troubling issues. An honest assessment regarding shared expenses will help redistribute responsibilities.

**ARIES** (March 21-April 19) - Dig deep, and don't move until you have exhausted all the possibilities. Follow the rules, handle your responsibilities and stand behind your word. A straightforward approach will pay off.

**TAURUS** (April 20-May 20) - Network, get out with friends or sign up for something rejuvenating. Self-care and mixing business with pleasure will pay off. An unexpected change at home will cause trepidation.

**GEMINI** (May 21-June 20) - Move forward with caution. Be wary of manipulative individuals trying to take advantage of you. A physical outlet will ease stress and help you make better decisions.

**CANCER** (June 21-July 22) - Let your mind wander, and you'll come up with a great idea. Share your thoughts with someone who can help you. Working in conjunction with others will be entertaining and helpful.

**LEO** (July 23-Aug. 22) - Take nothing for granted. Do what others expect you to do and get what you want in writing. Offer only what's possible and be clear regarding alternatives you may want to implement.

A passionate but disciplined attitude will lead to success this year. Stand tall and march forward with confidence and the will to grow mentally, spiritually and financially. Use your ingenuity to devise ways to use your skills and experience innovatively, and you'll find a valuable niche. Seize the moment and make this a year to remember.

**VIRGO** (Aug. 23-Sept. 22) - Refuse to let emotions stand between you and what you want to achieve. Take pride in what you do, and don't stop until you are satisfied with the results. Consistency will be crucial.

**LIBRA** (Sept. 23-Oct. 23) - Adjustments that make your life easier will pay off. Fine-tune your schedule to accommodate the activities, people and things that bring you joy. Take control of your life.

**SCORPIO** (Oct. 24-Nov. 22) - Participate and make a difference. Going above and beyond the call of duty at home or work will result in recognition. Fine-tune your life. Don't just sit back and observe; do something!

**SAGITTARIUS** (Nov. 23-Dec. 21) - At the first sign of confusion or danger, back away and rethink your strategy. Protect your reputation. Pay attention to how you present yourself and what you hope to accomplish.

**CAPRICORN** (Dec. 22-Jan. 19) - Set your sights on what's meaningful to you, and you'll discover a unique way to make a difference. Pay attention to investments, cost increases and money management.

**AQUARIUS** (Jan. 20-Feb. 19) - Pay

### Answer to Previous Puzzle

M	E	S	H		S	S	W		L	A	R	A	
A	N	T	I		H	I	E		I	S	A	R	
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			E	L	L		B	A	R				
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G	O	S	H		T	H	E		M	I	R	E	

- ACROSS**
- 1 Butter serving
  - 4 Bible hero
  - 8 Dollar amounts
  - 12 Actress — McClanahan
  - 13 Great sky bear
  - 14 Dye plant
  - 15 "To — is human ..."
  - 16 Diamond or Armstrong
  - 17 Diminutive monkey
  - 18 Unmixed
  - 20 Attached
  - 22 Grocery store
  - 24 Trash receptacle
  - 25 '70s band — Speedwagon
  - 26 Yak
  - 27 Short-lived sensation
  - 30 "The Greatest"
  - 32 Soft mineral
  - 34 Tropical bird
  - 35 Coin used in old France
  - 36 Libertine
- DOWN**
- 1 Make ready
  - 2 Old word for gold
  - 3 Ecosystem in miniature
  - 38 Thesaurus entry (abbr.)
  - 39 Run smoothly
  - 40 Engine part
  - 41 Cul-de- —
  - 43 Legendary bird
  - 44 Throw in the towel
  - 46 Private eyes
  - 50 Pommel
  - 52 "Sorry, my mistake!"
  - 53 Old ointment
  - 56 — — snail's pace
  - 57 U.K. citizen
  - 58 Prince in opera
  - 59 Sailor
  - 60 Office worker (abbr.)
  - 61 Withhold
  - 62 Days of yore

- 4 Mother superior
- 5 Mineral
- 6 — Minor
- 7 Gridiron player
- 8 Evening gown material
- 9 Computer OS
- 10 Tiny bit
- 11 Skidded
- 19 Before
- 21 White lie
- 23 Youngster
- 26 Kind of flamboyant rock
- 27 Spellbind
- 28 Every
- 29 Cacophony
- 30 Silent butler contents
- 31 Reed or Gehrig
- 33 Spider or scorpion, e.g.
- 37 Lawyer's letters
- 40 Simple bed
- 42 Diving bird
- 43 Like a junkyard car
- 45 "— Recall"
- 46 Blubbers
- 47 Traditional wisdom
- 48 Blockbuster movie
- 49 Flavoring plant
- 51 Poet
- 54 Director Howard
- 55 Parched

1	2	3		4	5	6	7		8	9	10	11
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60					61					62		

WEDNESDAY, AUGUST 30, 2023

## A bizarre lead gives a good problem

By Phillip Alder

As regular readers and players at Bridge Base Online tables that include robots will know, the robots in particular make some opening leads that look weird to our eyes. However, occasionally one produces an interesting declarer-play or defense problem.

In today's deal, South is in three no-trump. How should he plan the play after West leads the spade 10? What would have happened if West had instead led the heart seven or heart jack or club six? How would four spades have fared?

West's two-no-trump intervention showed at least 5-5 in hearts and clubs, the unbid suits. After that, North-South struggled into three no-trump.

A careless declarer won with the spade jack and played four rounds of diamonds. An accurate heart shift by East left South unable to cash his third spade winner.

When West discards at trick two, South should unblock the spade ace and duck a diamond, giving East his winner early (usually the right play). Now declarer can win the heart shift

		North	08-30-23
		♠ A 3	
		♥ 4	
		♦ K Q 7 6 5 2	
		♣ Q 10 9 2	
West		East	
♠ 10 2		♠ Q 9 7 6	
♥ K J 10 7 6 2		♥ Q 9	
♦ —		♦ J 10 9 4	
♣ A K 7 6 4		♣ J 8 5	
		South	
		♠ K J 8 5 4	
		♥ A 8 5 3	
		♦ A 8 3	
		♣ 3	
Dealer: North			
Vulnerable: Neither			
South	West	North	East
		1♦	Pass
1♠	2NT	Pass	3♣
3♦	Pass	3♥	Pass
3NT	Pass	Pass	Pass
Opening lead: ♠ 10!			

with his ace, cash the spade king and run the rest of the diamonds. He retains communication between his two hands.

Note that the heart seven opening lead results in down two. The heart jack blocks the suit and allows South to escape for down one. The club six leads to down one if declarer guesses the clubs correctly at trick one.

Finally, the toughest question: Four spades can be made unless West leads \* a trump!