

More oil to ship through Lac Megantic?

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THE RECORD

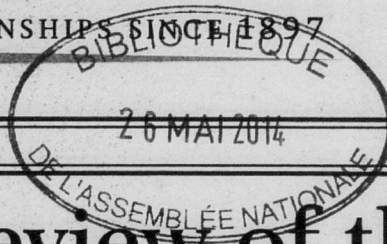
THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897

Quebec's anglophones are getting old

Gordon Lambie - Page 6

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TUESDAY, MAY 20, 2014

Road work season on city roads

SHERBROOKE

Summer is coming and so, of course, is major road work in the City of Sherbrooke where some 42 projects in all boroughs have been scheduled for this year. Work includes pavement repair, road reconstruction, and sidewalk and underground infrastructure upgrading.

Among the projects most likely to cause traffic issues in the coming months, the redevelopment and improvement of traffic lights at the intersection of King Street East, Galt East, and Duplessis, which have already begun. Repaving Bourque Blvd between Jules-Richard and Ch. Saint-Roch, work on Université Blvd near Ch. Sainte-Catherine, and the rebuilding of Bowen South between Conseil and Chalifoux could also hold things up.

In Lennoxville, work will be done reconstructing Beattie St. between St. Francis and Willowdale, rebuilding a sidewalk on the north side of College between Queen and Conley. D'Arcy-Bennett Park will be rearranged and a children's play area set up in Optimist Park.

Later in the summer and in the fall, major repairs and redesign, along with the installation of a bike path, will be carried out on Galt East between Lavigerie and Longpré.

In the fall, the bike path between Comtois and Burlington streets, in the Borough of Jacques-Cartier will be paved over a distance of 2.2 km and Jacques-Cartier North between Portland and Prospect Street will be repaired.

For further information regarding these projects, the public is invited to consult the website sherbrooke.ca/travauxroutiers regularly, where a map of all the sites is available.

The city is reminding motorists to exercise caution and patience when approaching work areas so as not to endanger the lives of municipal employees, signalmen and other construction workers.

Annual Review of the BCS No. 2 Cadet Corps



COURTESY BCS

Students from Bishop's College School were on parade Friday for the 152nd Annual Review of the BCS No. 2 Cadet Corps. Teachers, staff, alumni, family and friends came together for a day of festivities. In the image above, students in the Flag Party display the colours of all 22 nations represented at the school this year. The Cadet Program's primary emphasis is leadership development, with training in first aid, survival skills, and citizenship. The BCS Corps traces its roots to 1861 when, in response to the American Civil War's menace to British North America, a Volunteer Rifle Corps was created in the Junior Department of Bishop's College. It is now Canada's oldest continuous serving cadet corps, and since 1936, has been affiliated with the Black Watch (Royal Highland Regiment) of Canada. Starting in March everyone is involved in the build-up to the Annual Review and everything comes together in May with the student body on parade. More news in Wednesday's Record.

Oil spill in the St. Francis River

By Matthew McCully
Special to The Record

On Friday evening, the Sherbrooke Fire Department was at the Riverbank near Conley Street in Lennoxville, with the help of a hazardous materials crew, to deal with oil spilling from a drainage pipe into the St. Francis River.

The origin of the spill, thought to be heating oil, is unknown.

Robert Goulet, from Environment Quebec was on the scene Monday to evaluate the damage to the area around the spill.

"As far as I can see, it wasn't a large quantity," Goulet said, adding "It was most likely heating oil, because it was a reddish colour. Diesel has a yellowish

tint."

Goulet said he heard that residents reported smelling oil on Thursday, but nothing was seen. It was in the evening on Friday when crews arrived to address the spill.

"It probably came from a house that heats with oil," Goulet said, adding that it was most likely a one-time thing that

CONT'D ON PAGE 3

THE RECORD

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Weather

 TODAY: MIX OF SUN AND CLOUDS
HIGH OF 19
LOW OF 7

 WEDNESDAY: CLOUDY
HIGH OF 19
LOW OF 7

 THURSDAY: CLOUDY, SHOWERS
HIGH OF 17
LOW OF 10

 FRIDAY: CLOUDY
HIGH OF 17
LOW OF 6

 SATURDAY: CLOUDY PERIODS
HIGH OF 17
LOW OF 8

ALEXANDER GALT REGIONAL HIGH SCHOOL NEWS

Boston trip and more

By, Marissa, level 1 student

From April 30 to May 2, 45 secondary two students went to Boston for their class trip, as part of their French Geography/History class. Taking a bus for seven and a half hours was totally worth it.

First, students went to Fenway Park. After the students went to Boston Common. A little later they went shopping. After the shopping trip, they went to the Prudential Tower. After this long day, they went to rest in their hotel.

The next day, they went on a duck boat tour, to the science museum and then to the Quincy Market. The last day

students went to the Plymouth Plantation and to Harvard University. They were very happy with their trip.

Galt Drama Production
By Junia, level 1 student

On April 10, 11 and 12, Alexander Galt held their annual Drama production. This year they did a play about the classic Sherlock Holmes. This play was rehearsed for five months, beginning in December.

There was a cast of around 30 students from levels 1 through 5. This play was written by Tim Kelly and directed by Olivia Grenier, a drama teacher at Galt.

Many people in the production would agree that it

was an amazing experience, and everyone involved with the production felt like part of a family. The play was enjoyed by the students as well by the audience.

Toronto, here we come!
By Hannah, level 1 student

From May 1 to the fourth, fifty of the level one students from Alexander Galt went to Toronto. They had a blast; going to see the CN Tower, Niagara Falls and many other fun attractions! They also went to Clifton Hill, which was a street full of games that kept the students busy for hours!

Not only was this a great trip to go on, but it was also a

fun way to learn some things. So this trip was amusing and educational.

This was a trip where the students made memories with their friends. Future students are excited to go next year!

Exam time

This will be our final instalment of Galt News for this school year, as the students are presently headed into exam time, and they are anxiously awaiting a well-deserved summer break.

Thank you to our great reporting team from level 1: Ella, Marissa, Junia, Hannah and Laurie. We loved hearing about their first year of experiences at Galt.

The Regional fight against homophobia

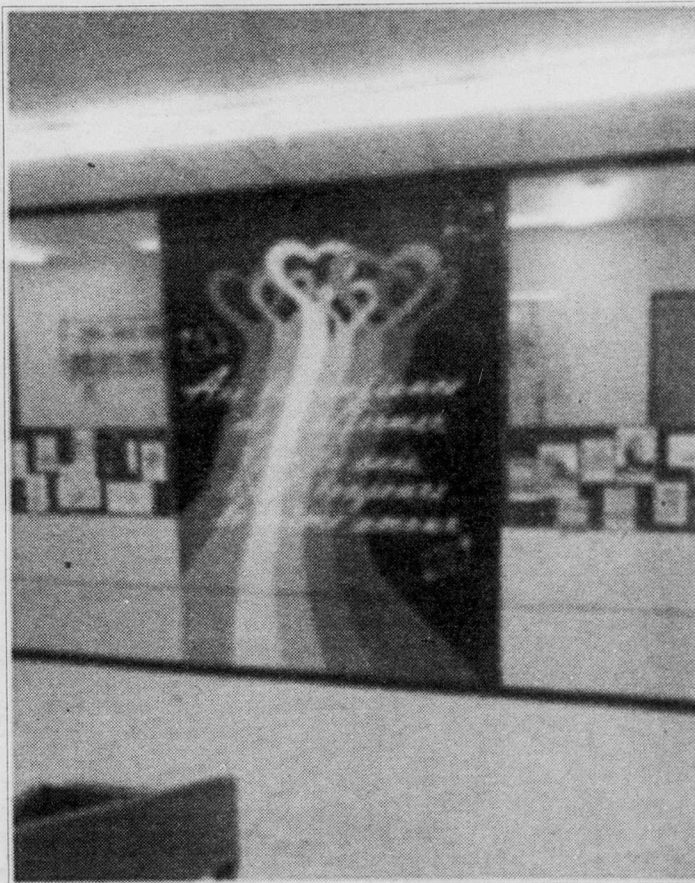
SHERBROOKE

The Eastern Townships Sexual Diversity Coalition (REDS) has unveiled its regional initiatives in the fight against homophobia and transphobia. The event was held in conjunction with the International Day for the fight against homophobia.

A number of stakeholders in schools and in the community were present to present the initiatives undertaken during the last years in terms of openness to and education about sexual diversity.

The event helped to highlight the work of raising awareness and the demystification that has gone on throughout the Eastern Townships both with students and through community organizations and workplaces.

Several initiatives have been carried out between the walls of the establishment, from a support group for young people in search of their sexual orientation,



COURTESY

A mural by visual arts students Audrey Plante and Noemie Roussel sends the message that love is love, after all.

awareness animation for teachers, and the rainbow flag raised in protest against the discriminatory policies of Russian President Vladimir Putin," said Christine Cragg, Assistant Director at Polyvalente Louis-Saint-Laurent in East Angus.

As part of their visual arts elective, Audrey Plante and Noemie Roussel, two students in Secondary 3 at Polyvalente Louis-Saint-Laurent, have chosen to create and paint a large mural on the theme of love and sexual diversity.

The idea came to them after reading the book 'Recrue' by Samuel Champagne, which promotes the demystification of sexual diversity. "A representation of the rainbow flag ending in hearts intertwined accompanies a powerful message: "Have the confidence to assert yourself. Because you know, it's still the same love," said Marie-Josée Lippé, Secondary 3 art teacher and project manager. The mural is located in one of the staircases of the school.

Ben by Daniel Shelton



Safety for road workers targeted



COURTESY

Record Staff
SHERBROOKE

regarding compliance with the 'safety corridor,' regulations now in effect on Quebec toads.

While SAAQ controllers intervened with heavy vehicles, police monitored the behaviour of motorists and ensured that they slowed down and changed lanes, as required, when approaching

a work site.

Within only a few hours, the highway police issued a dozen statements of offence, including six for failing to respect safety corridor regulations.

The offence carries a total \$283 fine and four demerit points.

Officers from the Sûreté du Québec Estrie Highway Patrol conducted a joint operation on Highway 10 near the Saint-Elie-d'Orford exit Monday morning, with SAAQ controllers

Grande-Fourches bike network improving

SHERBROOKE

Mild weather in recent days has improved the situation of the Grande-Fourches cycling network but access to certain areas is difficult or simply forbidden. Destination Sherbrooke is asking users to exercise caution to avoid accidents and the premature deterioration of trails.

Paved paths are ready for cyclists. Sediments have been removed and spring clearing is almost finished. On the other hand, work that will cause temporary closures will be carried out beginning this week between May 22 and 29 on the Saint-François axis. This work will begin in Jeffrey-Gingras park (near the access to the 610 and end at Mena'sen park near Levesque St.

Several unpaved runways are now open, but some areas remain inaccessible. This is the case for most of the Massawippi axis between the Massawippi St. bike-stop and the village of North Hatley; the western part of the Magog axis between Rue des Villas to The Montagnard network in Magog, the northern part of the Saint-François axis, from Kruger Park in the district of Brompton to Windsor along Highway 55;

Also still closed is a portion of the des Sommets axis between the André Nadeau recreational area and Ch. Sainte-Catherine, which will remain closed until repairs are completed at the end of June.

Closed paths will be open based on the quality of surface and the situation is evaluated daily.

Oil spill in the St. Francis River

CONT'D FROM PAGE 1



MATTHEW MCCULLY

Robert Goulet, from Environment Quebec was on the scene Monday to evaluate the damage to the area around the spill.

will not happen again. He also mentioned that small spills of this type are not uncommon in the springtime.

The fire department poured coloured samples into drains to discover where the oil could have originated. When they narrowed down the area thought to be the source, Goulet said the department went door to door asking if any residents had had an accident or problem with their oil furnace, but the department has yet to find where the oil came from.

Damage was minimal, according to Goulet, who re-

marked that no dead fish were found in the area, and only a very thin layer of oil remains in a few places along the riverbank. Long white super-absorbent hoses are in place near the drainage spout to clean up any remaining residue. On Saturday, Goulet checked further down the river and didn't see any traces of oil. He was surveying the area on Monday afternoon to see if any new oil had spilled, or if there was any damage to wildlife or foliage along the riverbank.

The Sherbrooke Fire Department was unavailable for comment.



COURTESY MATTHEW BARLOW

A hazardous material truck was at the scene Friday.

BARBECUE TIME

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Fordyce Women's Institute news

By Norma Sherrer
President,
Fordyce Women's Institute

The members of Fordyce Women's Institute met at Emmanuel United Church hall in Cowansville on Wednesday, May 7. President Norma Sherrer welcomed the members and read the following: "Gardening with Gramma." "A teenage granddaughter was visiting her grandmother. She came downstairs for her date with a see-through blouse on and no bra. Her grandmother pitched a fit, telling her not to dare go out like that! The teen tells her, 'loosen up Grams, these are modern times. You gotta let your rosebuds show!' And out she goes. The next day the teen comes downstairs, and Gramma is sitting there with no top on. The teen wants to die. She explains to her grandmother that she has friends coming over and it just isn't appropriate....Gramma says, 'loosen up, sweetie, if you can show off your rosebuds, then I can display my hanging baskets!!' Happy Gardening!!!!!"

All repeated the Mary Stewart Collect, Salute to the Flag and O Canada. Happy birthday was sung to Marilyn Mahannah, the only birthday girl for May.

The motto was "Speak well of your enemies, remember you made them!" The Roll Call: How do you contribute to the Community? All members present did a lot of volunteering in the community, from driving people to appointments etc, to Pet Therapy at a local Residence.

The minutes of the April meeting were approved. A report was given on "Women Walk The World" for ACWW on April 29. Only five members were able to walk, and we walked around

and around the parking lot of the Domaine du Parc Shopping Mall in Cowansville. A donation will be made to this project.

A letter of thanks was received from the late Gert Barrand's family for donation to the Memorial Fund. Norma Sherrer verbally thanked the members for sympathy cards received at the time of her brother-in-laws death. Cards were signed for several of our members who are ill at home or in hospital.

It was moved and seconded that we would give the usual academic awards to the two schools; Heroes' Memorial and St. Leon. These are given at the grade three level—to a girl and boy for improvement in French at Heroes' and for improvement in English at St. Leon. Due to the cost of books, it was decided that our donation would be increased.

Once more we discussed replacing the brass plaque at our picnic table that was stolen last summer. Mary Jones has a wooden plaque and will donate it. We would have to get it engraved. Discussion was also whether we would have the large rock engraved (No one could steal that!!!!)

Donations to the Memorial Fund are to be made in memory of the late Alta Forster and the late Margaret Holland.

For our June Meeting we will have an outing. All members agreed we will go to see the RCMP Musical Ride, on our meeting day, June 4, at the Brome Fair Grounds. Members are reminded to be at the Emmanuel Church for 10 a.m. Members of Dunham and Stanbridge East will be invited to join us. We will treat ourselves to lunch out that day.

Our program was in charge of our Health & Community Living Chair, Ed-

wina Bougie. She gave a very important talk on Shingles, and why it is very important to have the vaccination if you are over 55. Even children can have shingles. If you suspect you might have them, it is very important to go to your doctor to receive medication. If you wait too long, the pain can become unbearable, and in older people it could last for weeks, months and even years. In order to develop shingles, you have to have had chicken-pox. And you can have shingles more than once, although it is rare.

Edwina also gave the top 10 Foot Care Tips: Inspect your feet, every day if you are diabetic; Make sure your shoes fit; Wash your feet every day and inspect between your toes; nail care, always cut nails straight across; moisturize your feet daily; change socks daily cotton socks are best; see a foot care specialist for foot ailments; beware of frostbite or burns; avoid walking barefoot; Exercise your ankles and feet weekly.

Edwina also talked about organ and tissue donation. You are never too old to donate an organ or tissue. But you must inform your family that you have decided to donate, so that your family and loved ones will respect your consent. A single donor can provide organs for eight people and tissues for 15 more.

Coins for Friendship and Social donations were collected. Several members contributed to the "Health International" Bank and "Willy the Worm." During the Social time, members had time to buy from the "White Elephant Table." Money from this sale will be divided between "Willy the Worm" and "Health International." Following Grace all enjoyed goodies from the well laden table of snacks, and a nice hot cup of tea or coffee.

BRIEFS

Memphremagog Police Weekend Roundup

Record Staff

On Thursday, May 15, around 4 p.m., following the intervention of a supervisor at Polyvalente La Ruche in Magog, Memphremagog police intervened with two 13 year olds who had caused a small fire with a cigarette in the woods behind the school. Fortunately the fire didn't spread and response was quick.

On Saturday, also in Magog, at around 11 p.m. police arrested a 32-year-old for driving while impaired by alcohol with a blood alcohol level more than twice the legal limit. He was released pending procedures.

At around the same time, a 27-year old was arrested for driving without a licence. He refused to provide a breath sample correctly and was subsequently hauled off to jail to await a court appearance. While there, he tore his cell mattress apart, further endearing himself to authorities.

On Sunday at around 7:30 p.m. in Orford, another man in his thirties was arrested for driving while impaired by drugs or other substances. He failed coordination tests as well as tests by the evaluating office. He was released by way of summons.

Still on Sunday, a motorcyclist was stopped for speeding excessively at 133 km/h in a 70 km/h zone. He was fined \$1,040 and received 14 demerit points. His licence was suspended completely for seven days.

Over the weekend of May 16-18, Memphremagog Police arrested two people for possession of cannabis and responded to six calls regarding accidents without injury. There was a complaint of vehicle vandalism at the Provigo parking lot and damage was inflicted on the toilets at the Merry Point snack bar. There are no suspects for the vandalism and the investigations are continuing.

In addition, two people were arrested on outstanding warrants and four were brought in for breach of conditions.

Summer hours at city EcoCentres

SHERBROOKE

The City of Sherbrooke is advising the public that its three eco-centres are now open seven days a week, from 7:30 a.m. To 5 p.m. until Aug. 9.

The centres will be closed, however, on Tuesday June 24, on La Fête Nationale.

The City of Sherbrooke is also taking the opportunity to remind citizens that televisions, computers, and other electronic devices brought to eco-centres must be in good condition and have brand and serial number still visible. If they meet these criteria, the old electronics can be fully recycled.

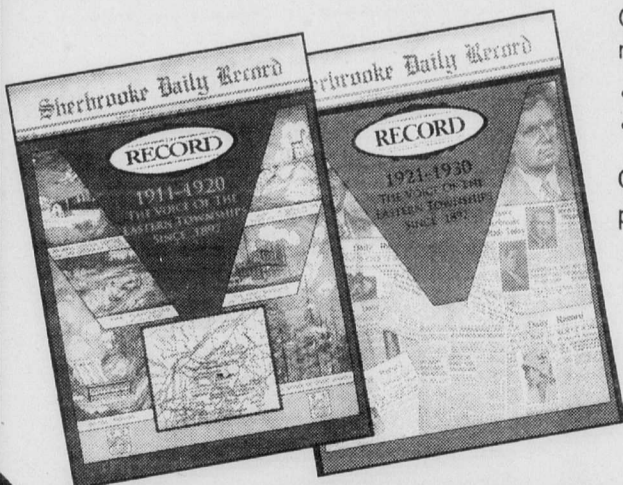
The City of Sherbrooke thanks its eco-centre users for their cooperation and encourages them to continue to focus on waste reduction at source.

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Owner of railroad in Lac Megantic crash plans to ship oil after track fixes

By David Sharp
The Canadian Press

The company purchasing the assets of a railroad responsible for the fiery oil train derailment that claimed 47 lives in Lac-Megantic plans to resume oil shipments after track safety improvements are made.

John Giles, president and CEO of Central Maine and Quebec Railway, said he hopes to have an agreement with Lac-Megantic officials within 10 days that would allow the railroad to ship nonhazardous goods, restoring the vital link between the railroad's operations to the east and west of the community.

The company plans to spend \$10 million on rail improvements in Canada over the next two years with a goal of resuming oil shipments in 18 months, he said.

"In the interest of safety, and I think being sensitive toward a social contract with Lac-Megantic, we have chosen not to handle crude oil and dangerous goods through the city until we've got the railroad infrastructure improved, and made more reliable," he told The Associated Press.

The oil industry is relying heavily on trains to transport oil in part because of oil booms in North Dakota's Bakken region and Alberta's oilsands.

In July, a train transporting oil from the Bakken region was left unattended while parked in Nantes. The train came loose and sped downhill into the town, where more than 60 tank cars derailed and several exploded. The accident killed 47 people and destroyed much of the town.

The news that Central Maine and Quebec Railway is already talking about resuming operations upset Yannick Gagne, owner of the cafe-bar that was at ground zero of the tragedy.

"People are still in distress, in pain, facing financial problems and we're talking about the train company starting up," the owner of the Musi-Cafe told The Canadian Press on Friday.

"We're still in survival mode, we have no revenue."

Gagne said he and others in the devastated section of the town, which still smells of tanker oil, continue to struggle to survive.

"I find it deplorable that we're surviving with the help of the Red Cross, with small amounts every week," he said.

"I get a small sum every two weeks that I have a right to for my family — there are six of us at home. Lucky I have that because I have nothing else."

Gagne said he doesn't even know if he'll be able to rebuild his restaurant-bar because he still needs several hundreds of thousands of dollars.

Gagne also said residents will be very angry when they find out the new railway is already talking about moving tankers through the town again.

"The regular transport of goods, yes that's acceptable if they pay attention," he said. "But already to talk of oil and nothing has been done here, people will be very, very mad."

In a later statement, Giles stressed it is the railway's "desire and intent not to handle any dangerous goods — including crude oil — until improvements have been made to its infrastructure."

He also said it isn't even certain there will again be a demand for that type of goods on CMQ railroads.

"In fact, clients with such needs in the past either found new sources of supply, or other ways to fulfil their dangerous goods transportation needs since then," Giles said in the statement.

Three men now face 47 charges of criminal negligence causing death in connection with the accident. Thomas Harding, Jean Demaitre and Richard Labrie each had to post \$15,000 bail this week and were freed on various conditions pending their next court appearance on Sept. 11.

Mayor Colette Roy Laroche previously told the new operator she wanted the railroad re-

routed around the downtown.

But Giles said the company can transport that crude safely — and he intends to convince the people of Lac-Megantic.

"I want to get the railroad in position that by January 2016 that I can at least begin to compete for potential crude business moving east-west," Giles said in The Associated Press interview.

In an email, a spokesman for the Prime Minister's Office said, "Any plan the company has should take into account the tragedy the people of Lac-Megantic have gone through and should be done in collaboration with the administration of the town."

A spokesman for Lac-Megantic said Roy Laroche would have no comment.

New York-based Fortress Investment Group was the winning bidder for the assets of Hermon, Maine-based Montreal, Maine and Atlantic Railway, which declared bankruptcy after the disaster. The new railroad, Central Maine and Quebec Railway, closed on the sale of U.S. assets Thursday and is expected to close on the Canadian assets in a couple of weeks.

Giles made his comments in a telephone interview from Bangor, where his company had called former Montreal, Maine and Atlantic workers for a two-day meeting to talk about safety

and operations.

He said the rail is in tough shape, with speeds reduced to about 15 km-h in many sections in Canada. He said the goal is to improve the track to safely increase train speeds to 40 km-h. He also said he has no plans to operate trains with a single crew member.

He said he intends to move slowly, working with Lac-Megantic leaders, because he understands the community's concerns.

Giles hopes to convince the people of Lac-Megantic that the rail is safe enough for shipments of so-called "dangerous goods" by this fall. He said he wouldn't press for crude oil shipments until later.

"The railway is important to the community, people, jobs and commerce. We believe and we've proven ... that we can handle every type of commodity safely and efficiently," he said.

Federal Transport Minister Lisa Raitt pointed out that her department was not involved in the agreement between Montreal Maine and Atlantic Railway and Lac-Megantic which saw rail operations resume in late 2013.

"I continue to follow this matter very closely," she wrote in an email. "As this is a matter between a private company and the municipality, it would be inappropriate to comment further."

Big garbage week in Brompton, Rock-Forest-Saint-Élie-Deauville

SHERBROOKE

The City of Sherbrooke is reminding the population that the 'big garbage' and wood pickup will be held beginning this week in the districts of Brompton and Rock Forest-Saint-Élie-Deauville.

After the regular collection of waste wood, a special truck will pick up the pieces and large branches left on the ground after the ice storm. In addition, all wood waste is accepted at ecocentres.

The city asks residents that, for this pickup, they should separate waste into three distinct clusters - bulky residues; wood waste accepted at the regular collection; and large branches and pieces of trees not meeting the standards of the regular collection of waste wood. Bundles should be placed at the curb no later than 8 a.m.

on the regular garbage collection day. No item should be larger than 1 sq. m. or about the size of the average trailer.

The specifications for wood residue other than large branches and pieces of trees:

Accepted: painted, treated or wood from pallets, unusable wooden or melamine furniture, and branches tied in bundles with a maximum diameter of 30 cm (12 in.), with a maximum length of 1.2 m (4 ft.).

Examples of bulky waste allowed, include tires, left-over paint and thinner, as well as any household hazardous waste. Also accepted are electronic devices such as computers and televisions. All of these materials are accepted at Sherbrooke's ecocentres. To access the complete list of accepted and rejected bulky waste, see sherbrooke.ca/encombrants.

Former Magog D-G faces engineers' revolt

RECORD STAFF
MAGOG

Former Magog Town Manager André Rainville is at the centre of a controversy in his current job as Director-General of the Quebec Order of Engineers.

On May 6, some 2,000 members of the Order gathered at the Montreal Congress Centre and 65 per cent of those gathered voted to fire the executive and

the General Manager Rainville.

According to Le Devoir and Radio-Canada, discontent was palpable at the meeting, but the assembly had no decision-making power. The final decision has to be taken by the board, which apparently doesn't share the opinion of its members as the Executive and Rainville remain in place.

The engineers want to change the culture of its leadership, which they believe has not done

enough to burnish the image of a profession somewhat tarnished and sullied by the Charbonneau Commission on corruption in the construction industry.

Rainville has been the director of the Order for seven years. He assumed the vice presidency of operations at Groupe Teknika before becoming D-G of the Town of Magog in 1990, a position he held until 1995, after some heated debate in council at the time.

JIVI working harder in fight against suicide

SHERBROOKE

The JIVI suicide prevention organization has recorded a further increase in calls related to the prevention of suicide, according to its provisional 2013-2014 figures.

According to executive assistant Clement Vallières, JIVI expects to receive around 10,000 calls, this year.

This expected increase contin-

ues a recent trend that saw a 53 per cent increase in calls for the year 2012-2013. For this year, the increase is expected to be around 40 per cent.

The agency sees the increase as good news as it doesn't represent an increase of suicides or attempts, but rather of the willingness to talk about what has been a taboo subject.

More calls, however, also represent a greater need for re-

sources as JIVI offers its services for free, serving all age groups throughout the Eastern Townships. Financial demands are increasingly important for the body.

Each year, JIVI offers a lottery for citizens of the region in order to finance its services. The lottery drawing will take place on June 11 and tickets are on sale for \$150 each and packages for group purchases are planned.

EDITORIAL

There are people who have gotten past their teenaged frustrations with the places they grew up and have come home to try to fix what they feel is broken.

Quebec's anglophones are getting old

Gordon Lambie

They're not alone in that, the aging of baby boomers is transforming statistical averages the world over, but the matter sometimes seems more evident here in "La Belle Province." In a world where the birth rates in so-called "developed" nations are in sometimes steep decline, the relatively small population of anglophones in Quebec has a front-row seat to what kinds of changes that are in order for communities both large and small, appearing most often in the question of youth retention.

The issue of getting the young people who grew up in a given area to put down roots in their own hometowns is a common concern in communities all across this country. It is likely not a day goes by in the Eastern Townships without someone wondering where all the young people are going, and it's a valid question, but it dwells on the wrong detail. It doesn't really matter where kids are going, the question people should be asking is why they are going.

While the aging of a population is certainly hard on those people who find themselves waking up looking more grey in the mirror than they think themselves in their minds, it also generates a draining hopelessness in the area's youth. It's hard to be the face of youth in a place where all examples of leadership are increasingly older generations.

There are exceptions to every rule, but many youth relate to their hometowns in much the same way they do their parents. Deep down, and in the long term, the kids who grow up in a given town feel a strong love and connection with their roots, but in terms of day-to-day life they might be anywhere from bored with where they are to actively angry with their own inability to engage with their community in any kind of meaningful way.

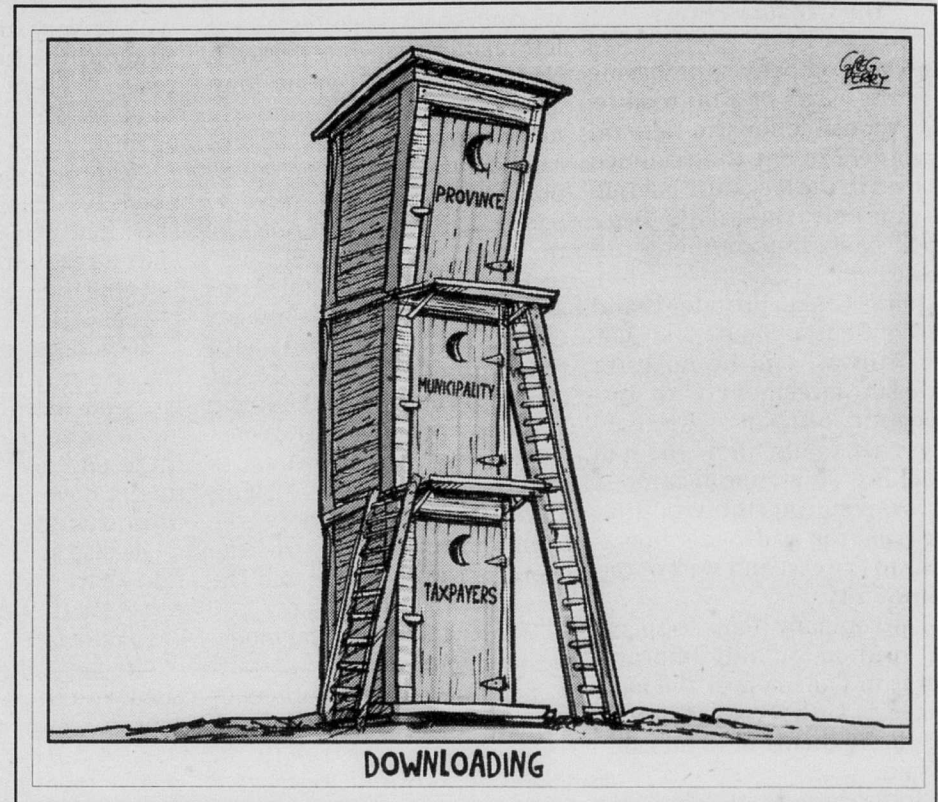
Ask a high school student what he or she would change about his or her hometown, given the opportunity, and you'll quickly get a laundry list of complaints in varying sizes and severities, but ask for a solution, and you'll likely get less certainty.

There are a lot of voices these days speaking up in criticism of millennials, the generation of young people born between the early 1980s and the early 2000s. Depending on who you ask, this grouping of young people, who range in age from their early teens to their mid thirties, are anything from the portrait of laziness to a blight upon society. Regardless of the critique, however, the overall view seems to be that these individuals form a generation that is quick to judge and slow to act. Millennials, we are told, are selfish and naive, neither knowing nor caring about the ways of the world.

Ignoring the fact that general statements about large and varied groups of people are almost always deeply flawed, those criticisms seem deeply lacking in constructive results. Complaints are rarely encouraging, and many millennials feel like they're up against a series of roadblocks whenever they try to get anything of significance done.

Not all the young people are leaving, and not all young people who leave never come back. There are people who have gotten past their teenaged frustrations with the places they grew up and have come home to try to fix what they feel is broken. Rather than bemoan the loss of the young people who left to chase opportunities they didn't see at home, communities need to work to celebrate those individuals, young and old, who are working to make their communities better. Not only is it encouraging to the people working hard to try to care for their homes, but it shows the people growing up in the area that those who take constructive thoughts and action are valued. Communities that take the time to celebrate the builders, the movers, and the shakers, reap the rewards in the form of more people interested in giving back.

Communities are built and maintained by people who care about them, and people care about the communities that care about them. Youth retention and attraction is not a matter with a simple quick-fix solution, but inviting young people into conversations about the future and showing them that their voices and missions matter is a good



first step.

The model that most young people grow up with through school these days is one of finishing high school and going through either a Cegep and university path or a technical program. At the end of those two paths, though, the passions that have been ignited through study and practice are pointed towards

opportunities that lead further away from home. If our youth are raised with the notion of fostering community in their hearts and a value of their homes in mind, then that will be at the core of their actions wherever they go and hopefully, for some, the road will eventually lead back to where they started out.

A night of classics in Piopolis

PIOPOLIS

For the third time in sixteen years, renowned pianist Alain Lefèvre will return to the Saint-Zénon Festival in Piopolis on May 31. Lefèvre, the winner of five Félix Awards from ADISQ and a Classical Internet Award, was confirmed as a Chevalier de l'ordre de la Pléiade, in 2007.

Described alternatively as a "hero," a "spectacular pianist," a "thundering virtuoso," and "a great talent," the pianist-composer has pursued a successful career begun at a very young age. He gave his first concert at the Grand Théâtre de Québec at six years of age and was seventeen when he was admitted to the Conservatoire National Supérieur de Musique de Paris. He was invited as a soloist to play with some of the greatest orchestras, having appeared in more than thirty countries.

When not on stage, Lefèvre is dedicated to composition and finds himself in the studio where he hosts a program devoted to classical music on the Espace Music network.

The concert takes place on Saturday, May 31 at 8 p.m. at the Church of Saint-Zénon in Piopolis. Tickets are



COURTESY

Pianist Alain Lefèvre takes the stage at Saint-Zénon Church in Piopolis May 31.

available at a cost of \$30 at the following places:

- Piopolis General Store
 - Pharmacie Jean-Coutu Lac-Mégantic
 - Le Marché du Store, at the Carrefour Lac-Mégantic
 - Magasin Tissus au Carré, Lac-Mégantic
 - or by email at billetterie@festival-piopolis.ca
- Children 12 and under accompanied by an adult are admitted for free.

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RACHEL WRITES

The Missisquoi Museum is a community museum with a mission to protect and preserve the material history and heritage of Missisquoi County.

50 Objects for 50 Years New exhibit celebrates Missisquoi Museum



RACHEL GARBER

Hot on the heels of the International Museum Day, the Missisquoi Museum in Stanbridge East opens a very special exhibition season on Sunday, May 25. Curator Heather Darch has mounted an exhibit of 50 elite objects from its collection of 20,000 artifacts, called "50 Objects for 50 Years." This year marks the 50th anniversary of the founding of the Missisquoi Museum.

The exhibit shows some of the most treasured objects in the collection, and highlights the history behind each one.

The Missisquoi Museum is a community museum with a mission to protect and preserve the material history and heritage of Missisquoi County. For example, it highlights the history of the United Empire Loyalists. It gives a taste of community life in the 19th century. It shows off an impressive collection of agricultural objects housed at the 12-sided Walbridge Barn. And Hodge's General Store features "Mr. Hodge" and his dry goods from the 1940s.

A heritage tour of the picturesque village of Stanbridge East is also available in booklet form. It's called "Stanbridge East: Walking Tour in 19 Stops."

The Missisquoi Museum is located at 2 River Street in Stanbridge East, just off Route 202 between Dunham and Bedford, on the western edge of the Eastern Townships. It is open every afternoon from May 25 to October 12. For more in-



Missisquoi Museum,
Stanbridge East, Quebec.
Courtesy Missisquoi Museum

COURTESY MISSISQUOI MUSEUM
The Missisquoi Museum.

formation, visit www.MissisquoiMuseum.ca. For admission prices and group reservations, contact 450-248-3153 or info@missisquويمuseum.ca.

Ra.writes@gmail.com

One of 100 Ten Eyck's Scarlet Loyalist Coat

By Rachel Garber

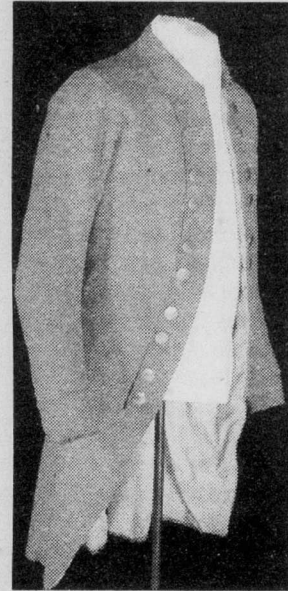
"I am the coat that was worn by Andres Ten Eyck, a United Empire Loyalist in the 1700s. I was fashioned with care and sewn with attention to detail. I am not worn and thread-bare like others my age. I am stylish and clean, with gleaming brass buttons. I make an entrance wherever I go and an impression on all who see me."

Thus the fabulous red coat in the Missisquoi Museum introduces itself on the 100 Objects website - 100objects.qahn.org. The site is a project of the Quebec Anglophone Heritage Network, and it shows off - count them - 100 diverse objects. Together they tell the story of the English-speaking communities all around Quebec.

Heather Darch is the curator of the Missisquoi Museum, and she also played a key role in the creation of this online collection. And Andres Ten Eyck's Loyalist Coat is one of the most striking artifacts in the Stanbridge East museum as well as in the 100 Objects website collection.

The red woolen coat was made in about 1770 in New Jersey, in what is now the United States. In the following decades, some 10,000 persons wishing to remain loyal to the British Crown immigrated into Canada. Nearly 1,000 of them chose to settle near Missisquoi Bay, rather than relocate to the refugee camps established by the government to control the sudden surge in new settlers.

Many of these settlers were Dutch. Most of them had been refugees from religious persecution in Europe. The British King had granted them asylum in the North American colonies. Many of them had a strong sense of community loyalty, and were attached to the Dutch Reformed Church and the use of the Dutch language. Dutch settlers were found on both sides of the American War of Independence - the Revolution-



RA GARBER

Andres Ten Eyck's amazing scarlet Loyalist Coat, on display this summer in the Missisquoi Museum.

ary War. But those that had kept their Dutch culture and had not been anglicized were more inclined to stay loyal to the British King who had originally granted them asylum in the Colonies.

One Andres Ten Eyck was one of these Dutch Loyalists. He served King George III in the American War of Independence. He

came to Missisquoi Bay in the early 1790s and received land for his service to the Crown. He settled in Dunham. Among the objects his family brought into Lower Canada was a scarlet wool coat. Ten Eyck had likely worn it during the 1770s and 1780s.

In subsequent centuries, the coat was lovingly preserved by generations of his family. They donated it to the Missisquoi Museum in 1972. Now it resides there in high style.

For more information, see Object No. 5 and an accompanying article by Heather Darch at 100objects.qahn.org. To see the coat live, visit the Missisquoi Museum at 2 River Road, Stanbridge East, any afternoon between May 25 and October 12. For information, contact 450-248-3153 or info@missisquويمuseum.ca.

Ra.writes@gmail.com

One of 100 Odelltown Drum of the 1837-1838 Loyal Volunteers

By Rachel Garber

"I am the drum that marched the Odelltown Loyal Volunteers into battle in 1838. With my vellum stretched tight, I sent the sound of defeat into the ears of the Patriotes and stirred the hearts of my men as they faced their adversaries. Over and over, I sounded my voice across the field of battle and gave my men courage as they entered the fray."

Thus spoke the large bass drum, on the Quebec Anglophone Heritage Network's website, 100objects.qahn.org.

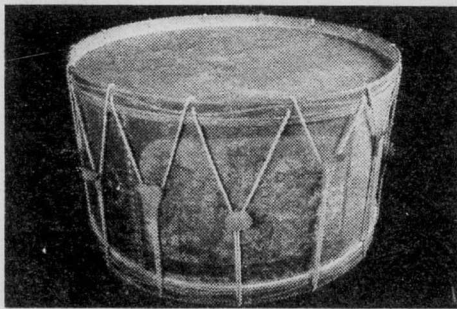
The drum was made in about 1837, in Lacolle. Who made it we don't know. But who handpainted it was H. Miller, and what he painted on it was "Dieu et mon Droit/Honi soit mal y pense" (translated, that is "God and my right/Let he who

thinks ill there be shamed").

It's a large drum made of wood and vellum, measuring more than 80 cms across, and 48 cms high. Its vellum is fragile now, and its voice silent, as it sits proudly in the Missisquoi Museum in Stanbridge East.

One Traver Van Vliet carried the bass drum in the Battle of Odelltown. That was the last conflict of the Rebellion of 1838. Van Vliet would have been about 38 years old. He was an ensign with the "Odelltown Loyal Volunteers." On November 9, 1838, Ensign Van Vliet sounded the drum to march the volunteers into battle and ultimately to victory.

Van Vliet and his drum played a small role in a turning point in Quebec's history - the Patriots movement in the 1830s. "In Lower Canada the seeds of in-



RA GARBER

The drum that marched the Odelltown Loyal Volunteers into battle in 1838.

urrection were hastened by a period of economic disenfranchisement of the French-speaking majority and working class English-speaking minority, the British government's refusal to alter the structure of colonial government and the complex issue of language and cul-

ture between the English and French," wrote Heather Darch and Mary Anne Ducharme.

Their article about the drum and a flag - another artifact of the rebellions - accompanies photos and descriptions of Object No. 14 on the website 100objects.qahn.org. It's full of stories and photos of 100 objects from across Quebec. Together they profile the complex identity of the English-speaking communities in Quebec.

For more information, see 100objects.qahn.org. To see the drum live, visit the Missisquoi Museum at 2 River Road, Stanbridge East, any afternoon between May 25 and October 12. For information, contact 450-248-3153 or info@missisquويمuseum.ca.

Ra.writes@gmail.com

RACHEL WRITES

Now the new garden has been plowed and will soon be ready for planting.

Horses at work in Sawyerville Community Garden

By Rachel Garber

Moving swiftly from map to territory, from paper to earth, is the Sawyerville Community Garden. It started last week with collecting stones. Two teams of volunteers were at work, a small team of people and a huge team of horses.

That would be Rainer Lowry's team of draft horses, Bill and Bud. It was about an hour's worth of work one evening. Six stone gatherers, tall and small, threw rocks into the wagon that Bill and Bud pulled around the garden. Then they unloaded them at the edge of the garden.

Chantal Bolduc drove the horses, and maybe the best part was petting the horses' noses at the end of the job.

Now the new garden has been plowed and will soon be ready for planting. Anyone who would like to become an active member or supporter of the Sawyerville Community Garden should register by email at jc-sawyerville@hotmail.com, or call 819-889-3196. The cost of membership is just \$5.



RA GARBER

The Sawyerville Community Garden stone gathering event. From left to right are Genevieve Braun, Michael Coleman, Jennifer Coleman, Lexis Coleman, Frederick Patry, Madryk Coleman, Chantal Bolduc, Bill and Bud - or is it Bud and Bill?

enhancing minds all across town.

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Beaulne to inaugurate Pioneers' Gardens

SHERBROOKE

The Town of Coaticook will feature a 'Pioneers Garden' this summer as part of its 150th Anniversary celebrations and as a new addition to the Chemin des Pionniers.

Built in collaboration with the Beaulne Museum and the Coaticook MRC cultural board, picturesque landscaping at the Beaulne is another must stop in the famous Way of pioneers, a circuit to go to the discovery of 'personages' who have marked the history of the region.

The Board and the Museum join in inviting the public to the official inauguration of this new open air attraction on May 25, the Journée Festive, in a festive atmosphere where the main actors in this project, including Mayor Bertrand Lamoureux, will speak before inviting guests to discover a part of their pioneer history in the heart of the town of Coaticook.

The inauguration will take place at the Beaulne Museum at 2:30 p.m., following a performance by the Harmonie de Coaticook. A number of activities for the entire family are also scheduled including face painting, crafts, and antiques, among others.

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Local Sports

"I really liked the performance of William on the mound as a pitcher, and I also liked the work of Gilles Côté in holding on to the lead."

ProGym declaws Tigres in home opener

SHERBROOKE

Sherbrooke's ProGym Junior AA baseball team played its first home game this season Sunday afternoon at Stade Amédée-Roy with a 12-5 victory against the Lac St-Louis Tigres.

Scoring began early with a first-inning error allowing the Tigres to take a 1-0 lead.

Sherbrooke replied quickly, scoring three runs on three hits, including a two-run double by Alexis Cotnoir along the third base line and an RBI single by Tristan Côté.

Sherbrooke exploded in the second sending nine men to the plate and scoring five runs. Maxime Ruel set the tone for the inning with a single that brought in Maxime Meunier. Then, with the bases loaded, Alexis Cotnoir slammed a triple good for three runs. Two batters later, Mathieu Fontaine doubled to bring the Sherbrooke lead to 8-1.

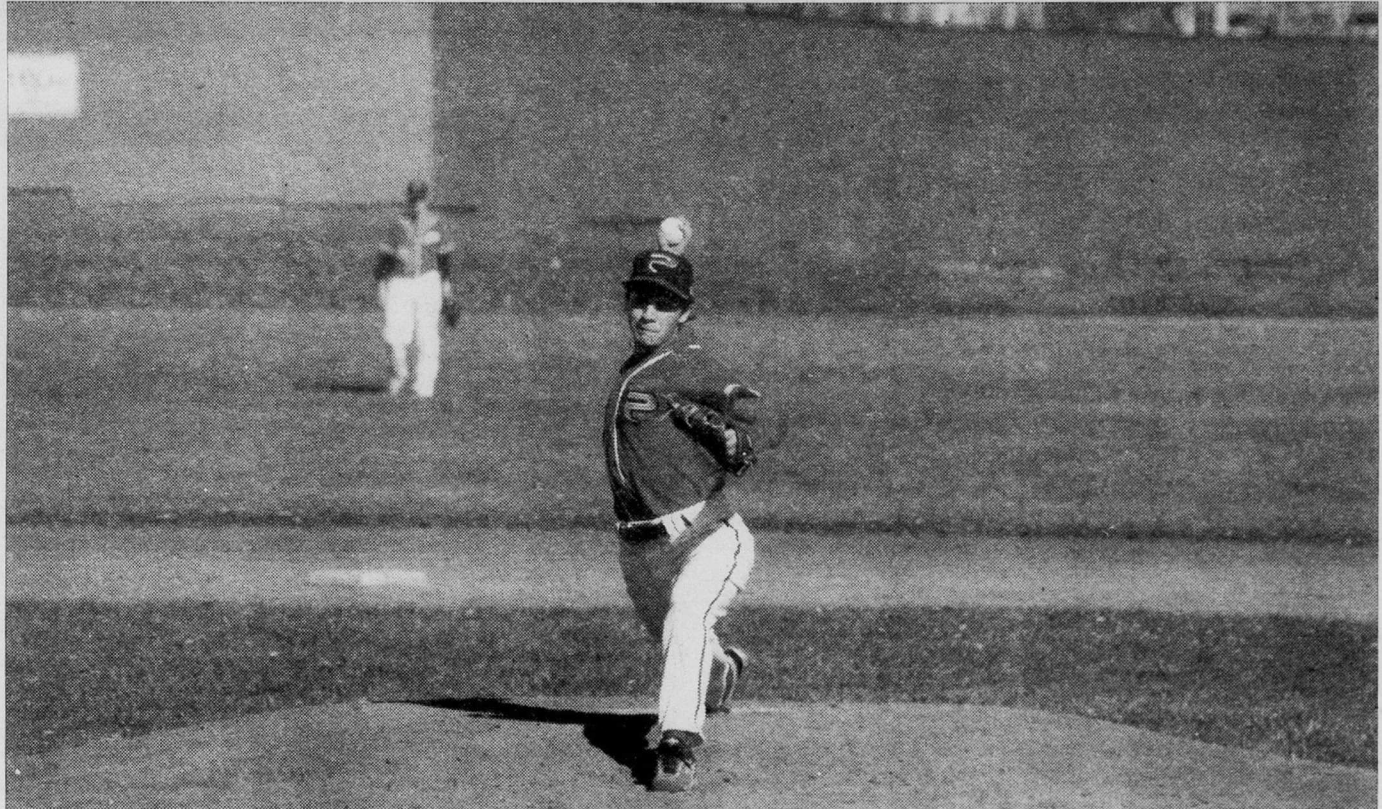
The ProGym kept a comfortable lead until the end of the game. William Roy (1-0) got his first win of the season with a solid performance. The ProGym hurler threw for four complete innings, allowing two earned runs on four hits and striking out three. Eric Prevost (0-1) took the loss, allowing 10 earned runs on nine hits in just two innings of work.

Sherbrooke's best offensive performance came from catcher Maxime Ruel, who went 2-4 with 2 RBIs, and right fielder Alexis Cotnoir, who hit a double and a triple for five RBIs. Moreover, head coach Charles Pelletier said he was very pleased with the performance of his right fielder: "I am very pleased with the performance of veterans in the game, but especially Alexis. I put my faith in him, placing him forth in the line-up and he certainly showed me that he has a place at the heart of the team."

The coach also appreciated the performance of its pitcher: "I really liked the performance of William on the mound as a pitcher, and I also liked the work of Gilles Côté in holding on to the lead. Of course, there are a few things to work on defensively since we made some errors late in the game, but in general our guys delivered a solid performance."

The ProGym now has a 1-1 record this season and will play its next match tonight in Pointes-aux-Trembles.

The team returns home Wednesday to face the Granby Guerriers at Stade Amédée-Roy at 7:30 p.m.



COURTESY PHOTOS

Pro-Gym pitcher William Roy earned his first win of the season against the Lac-Saint-Louis Tigres in a 12-5 romp Sunday.



Olivier Brien at the plate.



Sherbrooke Minor league baseball players were presented before the game.

In Memoriams

DEZAN, Leila - In loving memory of my mother, Leila Dezan, who passed away May 20, 2013.

*Your life was a blessing
Your memory a treasure,
You are loved beyond words
And missed beyond measure.*

**Lovingly remembered and sadly missed by her daughter
MARSHA
grandchildren
RAMZI, JAIME & PIERRE
great-grandchildren
EMMA & PHILIPPE**

GUY - In loving memory of our parents. Dad who passed away May 21, 1978 and Mom on January 21, 1998.

*Dearer to us than words can tell,
Were a Mom and Dad we loved so well.
We will never forget them, nor never intend
We think of them daily, and will to the end.*

AUDREY, PHYLLIS, LINDA

SHEA, Lori Ann (1961-1974). In loving memory of our dear daughter and sister.

*Just as you were
You will always be
Loved and remembered
In every way.*

**Loved always, never forgotten.
Miss you so.
MOM & DAD
JIM & FRANKIE
Brothers STEVEN & JIMMY**

WILLIAMS, Thelma - Thelma left us on May 20, 2008. Loving wife, mother and grandmother. Always loved and greatly missed by

**GERALD
Daughter LINDA
FRED FROST
and ALL THEIR FAMILIES
Grandson JASON WILLIAMS**

Eggs: Cracking the code

FROM CONSUMER REPORTS®

by the editors of Consumer Reports

When it's time to buy eggs, are you chicken? There are so many choices — cage-free, organic, omega-3, vegetarian-fed, Grade AA or A, brown or white — that you might be tempted just to grab a familiar type or brand.

But think twice, says Consumer Reports. The different varieties its experts recently tried tasted pretty much the same, some cost twice as much as others and certain carton claims might not mean eggs-actly what you think.

Taste. Consumer Reports' testers scrambled eggs from one carton of each type and served them in a randomized order. In each case, the cooked eggs were a typical yellow, with some slightly brighter than others, and all were firm. The main difference was in the balance of yolky flavor and sulfur flavor (from the white), and whether the sulfur flavor was clean or had a haylike or spinachy characteristic that comes from an older egg. America's Choice regular supermarket eggs had a slightly better flavor balance than most others; Nature's Yoke Omega-3 and Davidson's Safest Choice Pasteurized had inconsistent quality between tastings. Freshness mattered. Though testers tasted all eggs by their sell-by date, taste can diminish as an egg's age reaches that deadline.

Nutrition. Large whole eggs have 70 calories, 4 to 5 grams of fat, 6 grams of protein and about 185 milligrams of cholesterol. Vitamin and omega-3 content can vary with the hens' diet. Of the eggs tested, those from hens fed vegetarian diets tended to have more of certain vitamins and omega-3s than those from hens fed a conventional diet.

Bottom line: Consumer Reports' small sample showed little difference in taste, but see below for definitions of terms that might matter when you shop. Whatever eggs you choose, look for those with a carton date far away from the purchase date.

CARTON CLAIMS

— **Cage-free, free-range.** Hens are uncaged and inside warehouses. They

can walk around, nest and spread their wings, but generally don't have access to the outdoors. As for free-range, there are no standards for eggs.

— **Grade.** Department of Agriculture grading is voluntary, and companies pay for it. Grades are AA, A and B. Grade depends on the quality of yolk and white and the shell's condition. Within any grade, size can differ. All USDA-graded eggs must be washed and sanitized.

— **Label date.** Eggs with a USDA grade shield must bear the date the eggs were placed in the carton, though the code might be incomprehensible to consumers. Federal law doesn't require an expiration or sell-by date, but many cartons have them. Buy eggs before a listed date, and you can use them within three to five weeks from the day you refrigerate them, even if the date has passed. Keep eggs in their protective carton and on an inside shelf in the fridge, not in the door.

— **Omega-3.** Hens were given feed that included flax, marine algae, fish oils and other ingredients to boost the level of omega-3 fatty acid in their eggs.

— **Organic.** Eggs with a USDA organic seal come from a facility checked by accredited certifiers and from hens raised on feed grown without synthetic pesticides, fungicides, herbicides or fertilizers. The hens are supposed to have outdoor access, but there's some question as to whether that claim is adequately enforced. Most organic eggs cost more than conventional ones partly because of the price of feed, smaller flock size and certification costs.

— **Pasteurized.** To kill pathogens, eggs are heated until just below the temperature at which they coagulate. They can be used in recipes calling for raw eggs.

— **Pasture-raised.** No official standards exist; egg sellers should reveal their own.

— **Vegetarian.** The hens have eaten all-grain feed with no animal byproducts.

— **White versus brown eggs.** Different breeds of hens just lay different-colored eggs. Quality, flavor and nutrition aren't affected.

— **Hormone-free, antibiotic-free.** Empty claims: No hormones or antibiotics are used in producing eggs for human consumption.

Datebook

Today is the 140th day of 2014 and the 62nd day of spring.

TODAY'S HISTORY: In 1862, President Abraham Lincoln signed the Homestead Act, which provided Western settlers free land for farms.

In 1873, Levi Strauss and Jacob Davies received the U.S. patent for blue jeans.

In 1902, Cuba declared independence from the United States.

In 1961, a mob of 300 white segregationists attacked a busload of "Freedom Riders" in Montgomery, Alabama, requiring federal intervention.

In 2006, Nouri al-Maliki took office as prime minister of Iraq.

TODAY'S BIRTHDAYS: Honore de Balzac (1799-1850), author; John Stuart Mill (1806-1873), philosopher; William Fargo (1818-1881), Wells Fargo co-founder; Jimmy Stewart (1908-1997), actor; Joe Cocker (1944-), singer-songwriter; Cher (1946-), singer-songwriter/actress; Ted Allen (1965-), TV personality; Timothy Olyphant (1968-), actor; Tony Stewart (1971-), race car driver; Busta Rhymes (1972-), rapper; Matt Czuchry (1977-), actor.

TODAY'S FACT: In 1916, the Saturday Evening Post published its first issue featuring a Norman Rockwell painting ("Boy with Baby Carriage") on the cover.

TODAY'S SPORTS: In 1989, Sunday Silence beat Easy Goer by a nose in the 114th Preakness Stakes, the horse race's closest margin.

TODAY'S QUOTE: "One person with a belief is a social power equal to 99 who have only interests." — John Stuart Mill

TODAY'S NUMBER: 270 million — acres of U.S. land given away through the Homestead Act.

TODAY'S MOON: Between full moon (May 14) and last quarter moon (May 21).

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DEADLINES FOR DEATH NOTICES:

For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.

For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) or e-mail: production@sherbrookerecord.com between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called. Rates: Please call for costs.

TOWNSHIPS' CRIER

TOWNSHIPS

If you want to drink, that's your business. If you want to stop, we can help. Call Alcoholics Anonymous 1-888-424-2975, www.aa.org

BURY

The Bury United Cultural Center will be holding their annual 500 card parties on Monday afternoons, May 26, June 2 and June 9, at 2 p.m. The bursary card party will be a Military Whist held on June 16. Contact people for the Military Whist are June Morrison (872-3736) and Grayce Betts (832-1083).

LENNOXVILLE

Lennoxville and District Community Aid will hold Blood Pressure clinics on Tuesday, June 10 and July 8 from 1:30 p.m. to 3 p.m. Please note the new address for the clinic: 164 Queen St., Suite 104, Lennoxville.

WATERVILLE

Lennoxville and District Community Aid Blood Pressure clinics: clients are invited

to come to the Blood Pressure clinics in Lennoxville.

NORTH HATLEY

There will be blood pressure clinics on Friday, June 6 and July 4 at the library, 165 Main St. N. from 10 to 11:30 a.m.

LENNOXVILLE

500 Cards will be played each Wednesday at 1:30 p.m. at the A.N.A.F. Unit 318 (The Hut), 300 St. Francis, Lennoxville. The last Wednesday, May 28, will be a military whist in the Memorial of Emily Smerdon Scholarship Fund. To play for yourself or for a table of 4 players, reserve with Betty Rice at 819-562-5625.

AYER'S CLIFF

20th Anniversary of MusicFest, to benefit the Children's Wish Foundation, all weekend long, May 31 and June 1, at the Ayer's Cliff Fairgrounds. Fun for the whole family! Lots of children's activities, silent auction, canteen, raffle. Music by many bands. Admission charged. Cheques made out to the Wish Foundation please. Info: www.themusifest.org, or call: 819-823-2009.

NORTH HATLEY

The Estrie Angels will be hosting a mechoui at the Royal Canadian Legion, North Hatley on Sat., May 31 starting at 6 p.m. Meal consists of chicken or pork, baked potato, coleslaw, macaroni salad,

pickles, rolls, cake and coffee. Admission charged. Tickets can be purchased at the Legion or by calling to reserve at 819-842-2933. Maximum of 100 tickets to be sold. All proceeds will go towards the Magog 2014 Relay for Life walk.

AYER'S CLIFF

Sunday, May 25, Sunday Brunch at Beulah United Church, 967 Main St., Ayer's Cliff from 11 a.m. to 1 p.m. Come and enjoy a meal of ham, sausage, bacon, scrambled eggs, homemade baked beans, pancakes with real maple syrup, toast, fruit salad coffee tea and juice. All are welcome.

LENNOXVILLE

Cribbage tournament to be held at A.N.A.F. Unit #318 "The Hut", 300 St. Francis, Lennoxville on Saturday, May 24. Registration at 1 p.m. Profits to go to the A.N.A.F. Water and Sewage Fund. Everyone welcome, bring your partner.

LENNOXVILLE

HCC Seniors lunch, Thursday, May 29 at noon. 102 Queen St., Lennoxville. Everyone welcome. This will be the last one until September. For information, please call Elaine at 819-563-8700 or 819-570-8521.

RICHMOND

Cleveland Women's Institute is holding their Jumble Sale on May 24 from 8:30

a.m. to 12 p.m., United Church, 247 Principale St. S., Richmond. Hope to see you there.

WATERVILLE

The Estrie Angels will be holding their annual multi-family garage sale on Saturday, May 24 from 8 a.m. to 1 p.m. at 1525 and 1535 Principale S., Waterville. Antique cabinet record player with radio, many LP records by various singers and musicians, household articles, clothing, large hammock, 4 large home theatre speakers, and much more. Money raised will go towards the Magog Relay for Life cancer walk.

This column accepts items announcing events organized by churches, service clubs and recognized charitable institutions for a \$7.00 fee, \$10.00 for 2 insertions of same notice, \$13.00 for 3 publications. Maximum 35 words. If you have more than 35 words the charge will be \$10.00 per insertion. Requests should be mailed, well in advance, to The Record, 1195 Galt St. East, Sherbrooke, Quebec, J1G 1Y7, be signed and include a telephone number and payment. Telephone requests will not be accepted. Admission charges and trade names will be deleted. No dances.

Lenny has a bad temper and little patience, he flies off the handle and gets upset easily

TUESDAY, MAY 20, 2014

Annie's Mailbox

Dear Annie: Six years ago, I gave up my job to take care of my mother, while my siblings went off and had fun. After Mom passed, I still had the house to clean and laundry to do. I never asked for a dime. But as my own health has declined, everyone continues to treat me like a servant.

My father and brother both say demeaning things to me. My sister-in-law is a know-it-all and makes it clear that she thinks I'm an idiot. My son-in-law makes me the butt of his jokes. They all behave as if I am nothing.

I am 60 years old and tired of this. All I can think of is getting away from every single one of them. Should I? — J.

Dear J.: Is there a reason you must continue living in your mother's house? Your relatives treat you like a servant because you permit it. It's OK to say no to them. If you can find any kind of job that pays a salary, even part time, we highly recommend you start putting money aside and make a life for yourself that you can enjoy. You don't have to cut off contact with your family. You simply need them to see that you no longer will tolerate such poor treatment.

Dear Annie: I read the letter from "Omaha, Neb.," whose wife is grossly overweight. He says he wants to grow old with her. You said, "What woman could resist that?" My wife of 28 years, that's who. My wife says she doesn't want to outlive me because she would be too devastated by the loss (unless the stress of watching her eat and drink herself to death gives me a heart attack). She has stated that she doesn't really care about her weight, lack of exercise or eating habits, so if she dies, it's all for the better.

She eats voraciously, binge-drinks until she nearly passes out, and doesn't exercise beyond getting out of bed to sit in her recliner. She is out of breath after climbing five steps. It can take her several minutes to get into the car. She also smokes. She has no strength or stamina, plus she has back, hip, leg and foot problems, and sleep apnea. She's on multiple medications and lies to her doctor about what she eats and how little she moves around. She won't see a counselor. And our sex life? Fuhgeddaboutit.

If I say, "Let's take a walk," she says, "I'm too tired." If I say, "You're killing yourself," her answer is, "I don't care." We own a treadmill and a stationary bike, both nice clothes hangers. I love my wife, but she's difficult to be with. I hope she reads this. She sure isn't paying attention to me. — Given Up Hope Out East

Dear Just: We aren't buying your wife's reasoning. We think she has given up on living a healthy life because the amount of work required is overwhelming and depressing. But she also is putting tremendous strain on you. You cannot fix this. She must want to do it for herself. So make sure she has a legal will and that her funeral wishes are written down for you. Then let her do what she wants. You need to live the best life you can while she lets hers slowly fade away.

Dear Annie: "Sleepless" seems very concerned about absolving his co-worker of the wrongdoing of having accepted his money for sex several years ago. But his actions were equally as immoral and embarrassing. For some reason, this long-ago encounter was memorable for him, but I doubt it meant much to her. She probably doesn't remember him. She certainly isn't carrying around a letter to him. This woman has moved on. I don't believe he intends to make her feel better. I think he wants to humiliate her to soothe his own guilt. — Ohio

Dear Annie: I am in my second marriage. My two adult children were pre-teens when I married "Lenny" 15 years ago.

The problem is, . It makes life difficult. He doesn't frighten me, and I can easily tell him to stop when these episodes begin, but they upset the whole family.

Now that my kids are grown, they have told me that they always resented my "putting them in this position" by marrying Lenny. They are respectful to him, but have no interest in sitting down and having a conversation with him. When the kids are in the house, I often run around trying to keep everyone calm. It makes me nervous. Lenny tried counseling, but not for very long. He said it wasn't helping.

How do I keep a relationship with my kids? I don't

want to be divorced a second time. While I am sure that Lenny would never harm me, I'm not certain how he would react if I asked him to leave. He does have some good qualities, but it's hard to remember them when he has these outbursts. Please help me keep my kids in my life. What can I do? — Helpless

Dear Helpless: You can call the Domestic Violence Hotline (theline.org) at 1-800-799-SAFE and ask about protected ways to leave your environment. You also can ask for help in discussing ways to get Lenny to return for counseling in anger management. If you decide to stay with Lenny, you can arrange to see your children outside of your home, having a relationship that doesn't include Lenny. Do not push them to be with him.

Dear Annie: "Nude Bodies Are OK" says nude art is not porn, but you cannot always control what happens when viewing nudity. I have counseled people who were addicted to pornography, and it robs men of their confidence and self-respect. Some people become addicted after a single viewing. I have seen couples divorce and children separated from parents because one of them couldn't stop using porn.

Suggesting that porn is OK for any length of time and in any form encourages people to try doing what their own good sense warns them is dangerous. Women should not be encouraged to think that a husband who uses porn is "safe" from affairs and that it will somehow strengthen the marriage in the bedroom. This is ludicrous. If he is looking at pornography, he is bonding with the pornography. Brain chemistry is potent, and it is both difficult and unlikely that people will overcome the addiction permanently once it grabs them. — Be a Man

Dear Man: There is a difference between nudity and pornography. No normal person would become addicted to porn after viewing Michelangelo's David. But anything that debases women, airbrushes body flaws, shows sex acts, etc., is indeed porn and can be surprisingly addictive. Even a little can destroy marriages and lives.

Annie's Mailbox is written by Kathy Mitchell and Marcy Sugar, longtime editors of the Ann Landers column.

CELEBRITY CIPHER
by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"V RTP'L YWPL EVIX GXAGTRKJXR
KA LFXGX TP LFX NJGXXP. V YWPL
EVIX JGXWLR!" — RVGXJLTG NVRPXM
EKOXL

Previous Solution: "Why is it a surprise to find that people other than ourselves are able to tell lies?" — Canadian writer Alice Munro

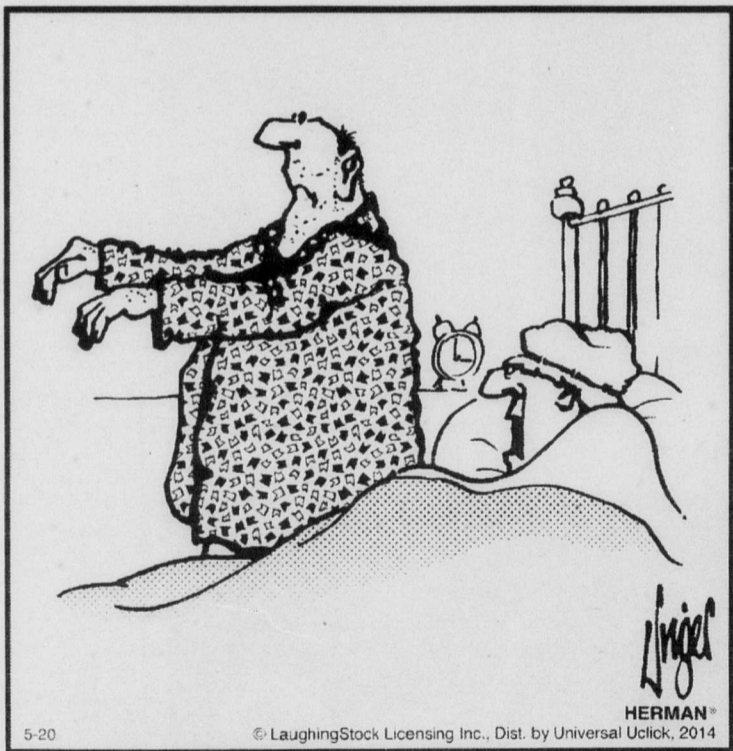
TODAY'S CLUE: *1 eubal f*

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KIT N' CARLYLE



HERMAN



"If you're sleepwalking toward the fridge, leave the ham alone!"

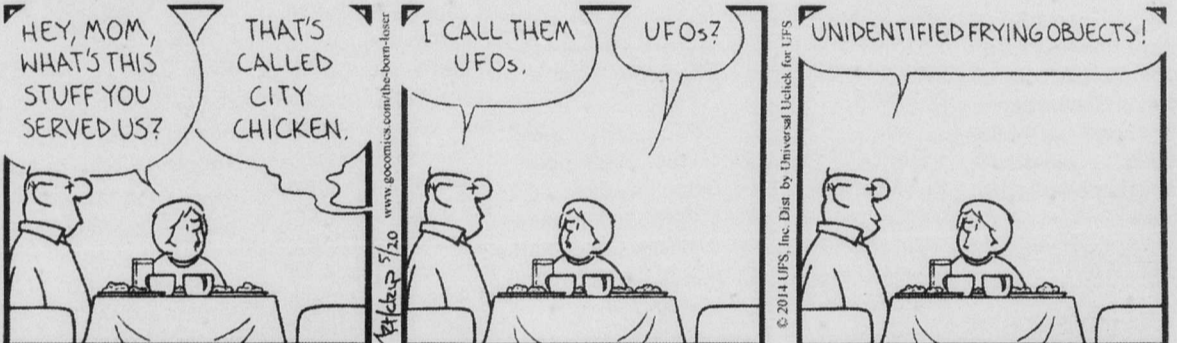
ALLEY OOP



ARLO & JANIS



THE BORN LOSER



FRANK AND ERNEST



GRIZWELLS



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294 Events

CLASSIFIEDS ONLINE!
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295 Articles Wanted

Organizers of Music Fest 2014 (May 31 & June 1, Ayer's Cliff Fairgrounds), to benefit the Children's Wish Foundation, are looking for help with the event, donations of items for the silent auction, financial contributions, volunteers for children's games, Dollar Store items for children's game prizes (various ages), kids toys for the game room, bake table, etc. If you would like to help, please call (819) 823-2009. Website: www.themusicfest.org.

430 Personal

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440 Miscellaneous

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Rebekah Assembly President Joyce Copping's official visit to Olive Branch #9



Head Table, l-r: Doreen Findlay, Noble Grand of Olive Branch #9, and a Past-President, from Richmond; Susan Lawrence, V.P., also a Past-President, of Colfax #29, from West Brome; Ed Copping, Grand Master x3 of Princess #4 from Sherbrooke; Joyce Copping, President x3, of Princess #4 from Sherbrooke; Ernestine Whipple, Assembly Warden, and also a P.P., of Fidelity #33, from Stanstead-East; and Arnold MacKeage, Grand Marshal and a Past-Grand Patriarch of Fidelity #33, from Stanstead-East.

Following an excellent banquet, Doreen conducted a very nice meeting, welcoming everyone and recognizing all who wished to speak. Grand Master Ed extended Greetings from Grand Lodge, and Joyce extended Greetings from the

Rebekah Assembly. Many thanks from all to Richmond for the wonderful meal and all courtesies.

Submitted by Ernestine Whipple.

SUDOKU

Difficulty: 3 (of 5)

9	6							5
				6	2	3		
		8		7	6			
7		1		2		9	3	
			5					
	1		4	8				2
	2	3			4	5		7
1				7				
4					9			8

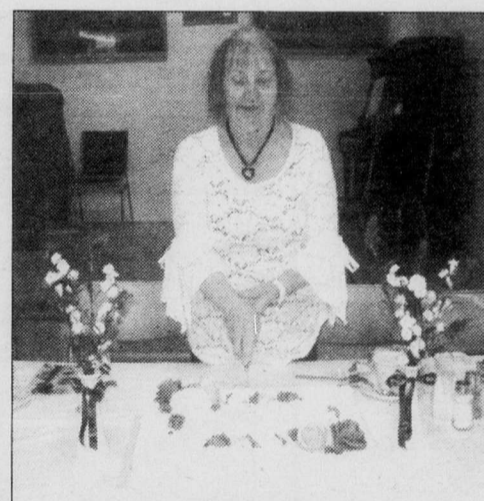
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PREVIOUS SOLUTION

9	6	3	8	7	2	1	5	4
7	5	8	4	6	1	3	9	2
2	1	4	5	9	3	6	7	8
4	3	5	6	1	8	9	2	7
6	7	9	2	5	4	8	1	3
8	2	1	9	3	7	5	4	6
1	4	6	7	8	5	2	3	9
3	9	7	1	2	6	4	8	5
5	8	2	3	4	9	7	6	1

HOW TO PLAY: Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.



Joyce getting ready to share that cake.



Ruth Blanchette, Warden of Olive Branch, longtime devoted member, from Richmond.



Ron Talbot, PGM, of Victoria #19 from Warden; Alan Talbot, of Victoria #19, from Warden; Frances Fowler, Vice Grand of Olive Branch #9, from Richmond; and Mildred Holiday, Treasurer (the youngest of the gang), of Olive Branch, from Richmond.

Your Birthday

TUESDAY, MAY 20, 2014

Stubbornness will be your downfall. Keep an open mind and an optimistic outlook as you face the year ahead. Enthusiastically and graciously accept any help that is offered. Being open to new methods and ideas will help you to move forward.

TAURUS (April 20-May 20) — Don't let personal problems override your professional responsibilities. You have to carry your share of the work. Relationship complications will have to be dealt with after hours.

GEMINI (May 21-June 20) — You will face financial woes if you take a risk. Don't be shy about your desire to advance professionally. You are likely to improve your job prospects by networking with peers.

CANCER (June 21-July 22) — There may be a lot of items on your most-wanted list, but you must be sensible. You can avoid a major argument with a loved one by curbing your spending.

LEO (July 23-Aug. 22) — If your current relationship is unsatisfying, you should make a clean break and move on. It's not fair to either party if there is no commitment on your part.

VIRGO (Aug. 23-Sept. 22) — Try your best to get along with your co-workers. You may be dismayed to learn that someone you like doesn't feel the same way. Don't take it to heart, and move on with an untroubled mind.

LIBRA (Sept. 23-Oct. 23) — Don't spend

money on others just to win approval. Focus on self-improvement projects that boost your esteem, and the people you are trying to impress will respond to your relaxed and self-confident attitude.

SCORPIO (Oct. 24-Nov. 22) — Anger is self-destructive, so use up negative energy by doing some work around the house. The busier you are, the less likely you are to squabble.

SAGITTARIUS (Nov. 23-Dec. 21) — Look before you leap into a new job or partnership. You may have been sold something that doesn't really exist. Don't burn bridges, and don't be gullible. Ask questions and clarify issues of concern.

CAPRICORN (Dec. 22-Jan. 19) — You are caring and helpful, but please resist the urge to do too much for others. They will come to expect it, and you will burn yourself out.

AQUARIUS (Jan. 20-Feb. 19) — Give your friends and family some breathing room. Make a point of getting out and meeting new people. Exploring new interests will bring good results.

PISCES (Feb. 20-March 20) — If you do your job to the best of your ability, you will be able to dispel any negative rumors in the workplace. It's possible that someone may be talking behind your back.

ARIES (March 21-April 19) — In your race to beat the opposition, you may be letting your personal responsibilities slide. Before you start on a new challenge, take care of what's expected of you at home.

Listen closely to the bidding

by Phillip Alder

Brigham Young said, "Silence may be golden, but can you think of a better way to entertain someone than to listen to him?"

Sometimes at the bridge table, silence is golden. If your side is going to be outbid, you often do best to pass through-out, because every call gives information to the opposing declarer. But, of course, sometimes you will not know that you are going to be outbid. And aggressive competition might push your opponents into the wrong contract.

In this deal, West had a perfectly normal opening bid, but it helped South with the play in four hearts. West began with three rounds of clubs. What did declarer do after he had ruffed East's queen?

South's takeout double, followed by the one-heart rebid, promised a good 17 to 19 high-card points. North took a shot at game, knowing that his partner would be able to place the cards accurately.

Someone who paid no attention to the auction would cross to dummy with a trump and run the diamond queen. But West would win and return anything but a club. Eventually declarer would lose a spade trick to go down one.

North 05-20-14			
♠ 6 4 3			
♥ Q J 10			
♦ Q J 5 2			
♣ J 10 7			
West			East
♠ Q J 5			♠ 10 9 8
♥ 7 2			♥ 6 5 3
♦ K 10 9			♦ 8 7 6 4
♣ A K 9 6 4			♣ Q 8 3
South			
♠ A K 7 2			
♥ A K 9 8 4			
♦ A 3			
♣ 5 2			
Dealer: West			
Vulnerable: Neither			
South	West	North	East
	1 ♣	Pass	Pass
Dbl.	Pass	1 ♦	Pass
1 ♥	Pass	4 ♥	All pass
Opening lead: ♣ A			

West is almost certain to have the diamond king for his opening bid. So declarer, who needs hearts 3-2, draws a couple of rounds of trumps. Then he should cash the diamond ace and play another diamond.

If West ducks, South can afford a spade loser. And if West wins the trick, declarer takes two spades, five hearts and three diamonds.

CROSSWORD

Across

- 1 Gallery exhibitors
- 8 NFL great "Boomer"
- 15 Dada pioneer
- 16 Heavenly
- 17 "Hamlet" woman at whose grave Gertrude says "Sweets to the sweet"
- 18 Flowing locks
- 19 Rain-___ Pops: gum-filled candy
- 20 "Twinkle, twinkle, little star"
- 22 LAPD rank
- 23 Polite country assent
- 25 Language suffix
- 26 "Divine Secrets of the ___ Sisterhood"
- 28 "How I wonder what you are"
- 31 First of 12 popes
- 33 Mark or markka replacements
- 36 "Up above the ..."
- 37 Rock bottom
- 41 "... world so high"

- 43 Carrier with a hub at DEN
- 44 "Like a diamond in the sky"
- 46 Brewed drink
- 47 Very little, in recipes
- 49 Put the kibosh on
- 50 Agenda listings
- 52 "Divine Comedy" poet
- 53 Cagey
- 54 "Gay" capital of song
- 55 Forest foragers
- 57 Finger of smoke
- 58 Ditty sharing a melody with "Twinkle, Twinkle, Little Star"
- 65 New Year's Eve popper
- 66 Gumption
- 67 Fencing sword
- 68 Untidy situation
- 69 Throw money around
- 70 Atty.-to-be's exam

- 27 Busy mo. for a CPA
- 29 Hex
- 30 Many a Pi Day celebrant
- 31 Big name in high fashion
- 32 1980s four-peat Stanley Cup champs
- 34 Frozen fruit-juice treats
- 35 "I was wrong. So what?"
- 36 Campus hangout
- 38 Yeses at sea
- 39 Pioneer Boone, folksily
- 40 200-lap race, briefly
- 42 Place for posies
- 44 Ferris ___
- 45 "Shh!"

- 48 Chophouse fare
- 51 Loafer adornment
- 56 Tach measures: Abbr.
- 57 Invasive plant
- 58 Channel for old films
- 59 57-Down killer
- 60 Short flight
- 61 Lumberjack's tool
- 62 Composting receptacle
- 63 PBS supporter
- 64 Understand

Down

- 1 "This looks like ___ for Superman!"
- 2 Email option
- 3 California/Nevada resort lake
- 4 Suffix with elephant or serpent
- 5 Deli display
- 6 Chicago paper, familiarly
- 7 See 12-Down
- 8 Hold in high regard
- 9 Poke around the Web
- 10 Pleading remark
- 11 Racing Unsers
- 12 With 7-Down, "Coal Miner's Daughter" star
- 13 Horseshoe-shaped letter
- 14 Place for a jay
- 21 ISP option
- 24 Moo ___ pork

A	L	P	H	A		P	O	O	H		A	L	S	O			
M	O	R	A	L		A	A	U	T	O		L	O	A	N		
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						H	A	I	R	O	F	T	H	E	D	O	G
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36						37	38	39	40				41	42	
43						44				45			46		
47			48			49				50	51				
52						53				54					
				55			56			57					
58	59						60	61	62					63	64
65							66						67		
68							69						70		

