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Gatherings banned, curfew returns

By Matthew McCully
Local Journalism Initiative

As of Friday, Dec. 31, private gatherings in homes will be banned in Quebec with the exception of people living alone and visits from caregivers, and the province will be under curfew from 10 p.m. until 5 a.m.

Restaurants will also close except for delivery and takeout.

Premier Francois Legault announced the new restrictions Thursday evening, along with the grim news that increasing hospitalizations due to COVID-19 run the very serious risk of surpassing the capacity of hospitals across Quebec in the coming weeks.

"We need to react quickly," Legault said Thursday.

The situation is the worst it has been in the 22 months of the pandemic, Legault said, adding that the province was on track to top 16,000 new cases Thursday.

Indoor sports are suspended, and places of worship must close except for funerals, which will be limited to 25 people.

Legault said labour shortages,

CONT'D ON PAGE 3

Happy New Year



MATTHEW MCCULLY

While it doesn't feel much like a time to party, we Townshippers are a resilient, hardworking and hopeful bunch.

That's something we should be proud of and celebrate.

The year behind us has been challenging, and the one before us is daunting, but the strength demonstrated by our community so far has proven that we can maintain a positive attitude and get through this pandemic.

The Record would like to wish all our readers a happy, healthy New Year, with renewed energy and determination moving forward.

Be safe, take care.
The Record



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Weather



TODAY:
MAINLY CLOUDY

HIGH OF 2
LOW OF 1



SATURDAY:
CLOUDY WITH SHOWERS

HIGH OF 5
LOW OF -2



SUNDAY:
LIGHT SNOW

HIGH OF -2
LOW OF -15



MONDAY:
A MIX OF SUN AND CLOUDS

HIGH OF -13
LOW OF -16



TUESDAY:
CLOUDY WITH SUNNY BREAKS

HIGH OF -6
LOW OF -11

Binge Bingo!



Good Reads
Lennoxville Library

Reviewed by Vince Cuddihy

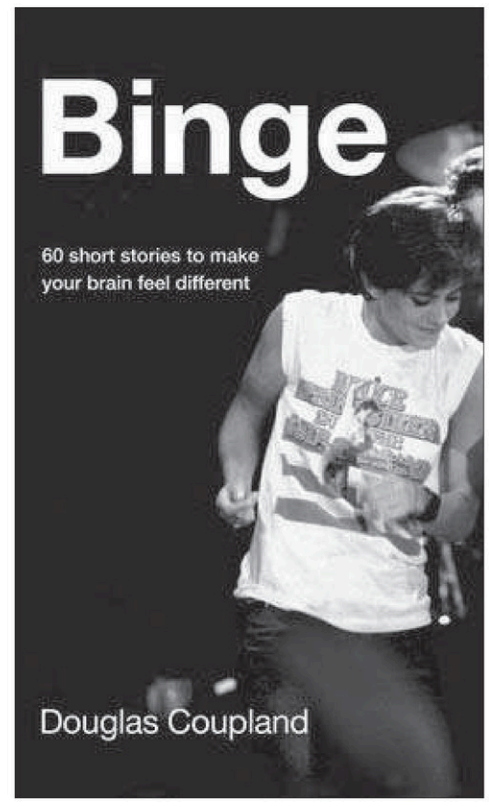
Recently, I have been doing a lot of *Binge* (2021) reading. Douglas Coupland is one of my favourite writers—one of the few contemporary writers about whom I can say that I have read most of his books. Binge is Coupland's first major work of fiction in about ten years. Not that he has been idle by any means. He has devoted a lot of his time to visual arts: painting, sculpture, and film. He is also a regular columnist for The Financial Times of London, as well as writing frequently for The New York Times.

Binge is a change of pace for Coupland in that it is not a novel; it is "60 short stories to make your brain feel different". That claim is certainly true. The stories are very short: on average, a little over four pages. Some are shorter, and none is more than six pages. This creates a bit of a dilemma for the reader. How best to approach this collection in order to derive the most enjoyment from it? One could literally binge it and read all 60 tales in one or two sessions. Or one could read them one at a time and take a full two months to digest them. I settled for three per day, mostly because of deadline considerations. But I think two per day would have been better. This means that you probably want to have another book on the go at the same time in order to stifle the inclination to binge *Binge*.

Some of the stories are linked; the same characters show up every few stories. There is, for instance, a drag queen who labels herself "Trashe Blanche". She first appears in story 03, Splenda, and finishes the book off in number 60, Norovirus. In the meantime, Blanche is presented from the perspective of her next door neighbour, her kid brother, passengers flying on a plane with her and a few others. There is no plot continuity: just episodes in Blanche's life as seen from her perspective and those of people she interacts with.

As you may have noticed, Coupland titles all of these stories. He sometimes uses the titles to play with his readers by tempting them to take an inaccurate or inappropriate perspective on the characters in the story. You find yourself on page 3 realizing that the old lady you thought you were reading about is actually a teenager. Because Coupland is always dealing with characters who are in some sense marginalized in our society—physically handicapped, mentally ill, living in poverty, racially different, intellectually gifted, non-binary oriented, addicted in some form—he can take advantage of readers' conventional beliefs and prejudices to trap them into making false assumptions about what they are seeing. This means that you will find yourself backtracking to determine where and how you got so far off the rails. And because the same characters reappear every few stories, you also find yourself going back to re-examine what you thought you learned about this person on an earlier occasion.

Some of these stories are sad; some are very funny. One theme that Coupland keeps coming back to is Dad Dancing. At first, it seems like a one-off: a middle-aged father tries to embarrass his teenage daughters by dancing in front of their friends at a party. But Coupland eventually milks this idea into major changes in the lives of all the



family.

Readers should be warned that some of the images that Coupland presents are a bit hard to stomach. One character who has been stricken by Covid-19 talks about having half her lungs turned into pink cat food. And Coupland's speculation on the production of Hawaiian pizza may lead you to order something else for the next several years.

Another reason to limit one's reading to one or two stories at a time is that there is some repetitiveness in these stories. I find I can't see a Thule cargo box on the roof of a passing car without starting to wonder if there is a dead body squashed inside it. This is a stark enough image to stick in your mind when it is first presented. But Coupland does not seem to realize that once is enough.

On the whole I enjoyed this book. It certainly does make you stop and rethink the way you view the various types of people that you have heard about, but have never met. But I don't think that it is a book that lends itself well to binge reading.

Ben by Daniel Shelton



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WestJet to cancel 15% of flights due to COVID 19 related staff shortages

By Amanda Stephenson
The Canadian Press

WestJet Airlines Ltd. is dealing with so many employees out sick with the Omicron variant that it is being forced to cut 15 per cent of its scheduled flights through to the end of January.

WestJet spokeswoman Morgan Bell confirmed via email that the airline has seen a 35 per cent rise in active COVID-19 cases among staff in recent days, with 181 employees currently testing positive for virus.

In a statement Thursday, WestJet's interim chief executive Harry Taylor said the airline has seen a significant increase in delays and cancellations impacting its business over the past 72 hours.

"We could not have anticipated the rapid and unpredictable impact of the Omicron variant on our people and operations, coupled with prolonged frigid temperatures across Western Canada and global staffing shortages," Taylor said.

"Despite all contingency planning, in addition to hiring back thousands of WestJetters to safely support peak operations, we find ourselves no longer able to predictably resource our planned schedule due to Omicron impact."

As a result of the staff shortages, WestJet will remove about 15 per cent of flights from its schedule through Jan. 31. Prior to the cuts, which will be implemented over the next few days, the airline has been operating 450 flights per day.

The move is a "last resort," Taylor said, but reflects the reality of the service level WestJet can now "realistically deliver."

"It is the best option to ensure the availability of our frontline staff and third-party service providers, while minimizing the impact on our guests," he said.

WestJet said it will notify all customers with affected flights. For any WestJet-initiated cancellation or schedule change, where the schedule change was greater than 90 minutes or one or more stops were added, guests are eligible for a refund.

The announcement comes as more than 850 flights were cancelled in the U.S. on Wednesday, according to data from the flight-tracking website FlightAware. There were nearly 1,300 cancellations for flights entering, leaving or inside the U.S. Tuesday, and about 1,500 on Monday.

Both Delta Air Lines and United Airlines said the nationwide spike in cases this week has affected flight crews and left carriers short-staffed.

In Canada as of mid-afternoon Thursday, WestJet had cancelled 74 of its 466 scheduled flights for the day, according to data provided by Cirium, an airline data company.

Air Canada had cancelled 76 of its 905 scheduled Thursday flights, according to Cirium, while Porter Airlines had cancelled none and Flair Airlines had cancelled four.

Air Canada spokeswoman Angela Mah said in an email that the carrier is experiencing "limited disruptions," most of which are due to adverse weather across the country.

"While overall we have the crews to operate our flights, some of aviation's third-party service and support providers have experienced operational constraints, which together with the difficult winter conditions, have affected the current schedule," Mah said.

She added that Air Canada continues to evaluate and adjust its route network for 2022 in response to the trajectory of the pandemic, government-imposed travel restrictions and quarantines, regulatory requirements and overall demand.

A spokesman for Flair Airlines said the Edmonton-based low-cost-carrier currently has a small number of crew with confirmed cases of COVID-19, though he said this hasn't affected the airline's ability to staff and operate flights.

"Our recent cancellations have been largely weather-related and not related to staffing shortages due to the Omicron variant," said Matthew Kunz, Flair's vice-president of business transformation and operations.

Porter Airlines spokesman Brad Cicero said that airline's flights have operated "generally well" over the last week. He said the limited cancellations that have occurred are due largely to weather and aircraft maintenance, though a small number have been related to "staffing."

Air Transat said earlier in the week it had not cancelled any flights due to Omicron.

The federal government requires both Canadian airline employees and passengers departing from Canadian airports to be fully vaccinated against COVID-19.

On Thursday, WestJet said additional measures from federal and provincial governments are "urgently needed" to minimize further disruption to the aviation sector.

The airline is calling for Canada to follow the guidance from the U.S. Centers for Disease Control which recommended on Monday that Americans with COVID-19 should isolate for five days rather than 10 if they're not showing symptoms. Several provinces have already relaxed their isolation rules this week, but WestJet wants a uniform standard across the country.

WestJet also wants to see a removal of the self-isolation requirement for asymptomatic close contacts.

Covid

CONT'D FROM PAGE 1

compounded by absences due to COVID-19 have put a strain on all sectors, not just essential services.

To alleviate the pressure, Legault announced that business across the province will be closed for the next three Sundays.

Legault said schools, including cegeps and universities, will remain closed until Monday, Jan. 17.

Noting that on previous occasions during the pandemic deadlines have not been respected, Legault said, "We will do everything we can to reopen schools," adding they are a priority and will be the first institutions to reopen.

In the meantime, daycares will remain open, and daycares in schools will be also be available for those in need, prioritizing the children of essential workers.

Legault explained that in the span of one week the number of hospitalizations due to Covid across the province doubled, and the number of absences in the healthcare network more than doubled, justifying the decision to invite certain employees who tested positive for the virus back to work before completing quarantine. This will only be done where absolutely necessary, the premier explained, saying if a choice needs to be made between being treated by a worker with Covid wearing an N-95 mask, or not being treated at all, the answer is simple.

"We are in a storm, and it is at its worst right now," Legault said, considering it unfathomable for Quebecers who are sick to not be able to receive the care they need.

For those unaware of the efficacy of vaccines, Legault reminded the population that non-vaccinated adults make up only 10 per cent of the population, but account for 50 per cent of hospitalizations.

Among the vaccinated, those with two doses, efficacy is 30 per cent with three doses, it is roughly 75 per cent. According to Legault, unvaccinated people are ten times more likely to face severe symptoms and end up in hospital.

The Last time the province imposed a curfew was in Jan. 9, 2021, and it remained in effect until May 28. Those caught in public after 10 p.m. without a valid reason face a fine ranging from $1,000 to $6,000.

On Thursday, Quebec reported 14,188 new COVID-19 cases in the previous 24-hour period, bringing the total number of confirmed active cases in the province to 86,866.

To date, 586,607 people are known to have contracted the virus in the province since the start of the pandemic.

The positivity rate of tests continued to climb in the province, reaching 28 per cent on Dec. 28, or 7 out of every 25 tests.

The net increase in hospitalizations continued to climb, with total hospitalizations growing by 135 to 939. Hospitalizations stood at 473 on Dec. 22, so that number very nearly doubled in one week, growing by 98.5 per cent. Total hospitalizations have not surpassed 900 since Feb. 9, 2021.

The number of people in intensive care increased by 16 to 138. There were also 9 new deaths rec-orded, pushing the total to 11,711.

In the Eastern Townships, there are currently 3,988 confirmed active cases with 74 in hospital, 12 of whom were in intensive care.

The CIUSSS de l'Estrie-CHUS sent out a statement Thursday saying hospital beds are 100 per cent occupied, including those dedicated to Covid patients, and over 800 employees are absent from local institutions due to the virus.

"As of today (Thursday), 826 people have been withdrawn from work after testing positive for COVID-19. These absences, combined with the epidemiological situation and the marked increase in hospitalizations related to COVID-19, leave the management team with no other choice than to continue using the means at our disposal, namely the continuation of the offloading of activities in various sectors and the application of the directive on the lifting of isolation to seven days for



COURTESY FACEBOOK

asymptomatic employees infected with COVID19," explained Yann Belzile, Director of Human Resources, Communications and Legal Affairs.

Dr. Stéphane Tremblay, President and CEO of the CIUSSS de l'Estrie - CHUS, called for solidarity with the population, employees and physicians. "The situation is more serious than ever, and we must once again pull together to get through it," said Tremblay, praising the commitment and resilience of the health network community, which has been asked to do so much over the past two years.

"We are doing everything in our power to maintain quality and safe services in our care and housing environments. Our COVID-19 testing and vaccination activities are running at full capacity. The population will therefore have to accept that some delays will be longer. Patience, tolerance and civility are required in this demanding context for everyone," Tremblay urged.


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Snow stories

By Mead Baldwin

There are people who wake up and see snow, start worrying, and feel sad. I am not one of those people. I see snow and say hooray It's snowing. The joy that comes from making snowmen, snow forts, throwing snowballs, eating sugar on snow, and basically enjoying what life offers, comes from years of childhood and adult experiences. I remember a few years ago, making a snowman in front of the church with my soon-to-be wife. She couldn't remember making a snowman, certainly not since she was a little girl. I wonder how many others are the same. I thought I would share my snow stories with the readers here at The Record, and bring some smiles.

Of course, we didn't just build snowmen. We also built snow forts, and had snowball fights. We build snow tunnels as well, and would crawl through them to the other side. We had a hill just behind our house on the farm. One winter the heavy snow left huge drifts that extended over the hill. We thought it would be fun to make a downhill tunnel through the ledge of snow, and slide through. It was great, until it got a bit milder and a neighbour got stuck when the snow collapsed a bit. She had to wait a while till we got some shovels and dug her out, and yes, she did get cold, and was teased later about being the only one who couldn't get through. It was all fun though.

My dad loved skiing, cross country of course, but also downhill. He loved the speed of racing down a slope. When we got a snowmobile, he found some rope, (probably bailer twine), and we would get on the skidoo and pull him behind us on his skis. I have to confess that a few times we pulled him behind a car on the dirt roads too. With a role model like him, we had adventures too. It is fun to snowski behind a fast snowmobile. I also enjoy downhill skiiing. One winter I took my younger brother to the States to teach him as well, to Smuggler's Notch at the Balsams. We were two country guys in old clothes, surrounded by fashion models. I couldn't believe how expensive their snowsuits looked. I had an old winter coat and my brother wore a heavy woolen sweater. We went up the lift and I mistakenly took him, not to the beginner's slope, but to an expert trail. We made it down, covered in snow and looking pretty scruffy. The guy at the lift said sarcastically, in that particular New England accent, "Run into a snowstorm up on top, boys?"

Even snow problems became great stories. Once my aunt's car slipped off her driveway into heavy snow. She called my dad, of course, and he brought us kids to help. It was a bit of a dilemma, and when we arrived, she told him she needed to call a tow truck. Then she used the magic phrase. "Elvyn, you'll never get that car out by yourselves. It's impossible." The minute she said that a glint arrived in his eyes. Give us half an hour first, before you call. With lots of shoveling, a few pieces of wood under the tires, and some pushing we got the car out and up the driveway. He loved helping neighbours and strangers who got stuck in the snow. He'd get out the tractor with a big smile and help. He was not the only farmer who enjoyed this. I was a teenage driver with an old Toyota, and I slid off the back road straight into a snowbank. Almost immediately a car pulled up and four men got out. They were farmers, but looked different. You see, they were dressed in ill-fitting suits on their way to a funeral. The four of them jumped right into the snow to their waists, and picked the car up and put it back on the road. I had a sense they would rather be doing that than attending the funeral. In no time I was on my way, but driving more carefully this time.

One of the joys of snow, of course, to a maple sugaring family, was the annual sugaring off party. All my cousins would arrive and we would boil the syrup and play in the snow till mom would tell us it was ready. The taste of sugar on snow is amazing. Mom loved doing this for us, and then she got an idea. We had just bought a deep freezer, and she secretly filled pans of snow and froze them. On summer day in early July we arrived home from swimming to a summer sugar on snow party. Snow can be so much fun.

When I moved to Montreal to go to university I found that snow in the city was also enjoyed. Sliding down Mount Royal on the toboggan trail was great fun, if you owned a toboggan. Most of us students didn't have them with us in the city, but we discovered that cafeteria trays worked almost as well. We would secretly borrow them, climb the slope, and then jump on them face first to go down the slope. We had no control over where we were going, but we certainly didn't care about that.

One winter I remember a giant snow drift that reached from the ground to the roof of our woodshed. What an opportunity. We took the toboggan onto the roof and slid from the top of the roof to the ground below. What fun, especially when we stood on the toboggan instead of sitting. Speaking of toboggans, they were so much fun to slide down hills on. Even more fun though, was standing up on them, holding the rope, and going downhill that way. Of course, we fell sometimes, but that was part of the fun.

I want to finish off with an unusual snow story that begins in a hospital. I was a young minister in New Brunswick and had an older couple in my area in their 70s, who were lots of fun. He was United Church, and his wife was Presbyterian. They each attended regularly, but not together. I had heard that she was in hospital and went to visit her. She had fallen and hurt her leg. After talking for a while, I asked her what had happened. She beckoned me to get closer and whispered, "I will tell you, but you must promise not to tell anyone else." I nodded in agreement and listened to her story. She had a woodpile down the hill behind her house, and she would take her toboggan, go down the hill, put wood on it, and bring it up to be used. She did this throughout the winter. The part she kept secret was that she would stand on her toboggan and then enjoy the ride as she slid down. This one time she had fallen and was too embarrassed to tell anyone how it had happened. I laughed with her, told her I would keep her secret, and that I loved her joyful, playful attitude towards life. She knew how to enjoy snow, even in her 70s.

So there you have it, some of my snow stories. I have more of course, and that is why I celebrate when I hear snow is coming.



COURTESY

It's not just people who get excited when it starts snowing. Watson and Sherlock are big fans!

GLIMPSES OF THE PAST



Collection de la Société d'histoire de Sherbrooke
Musée d'histoire de Sherbrooke

Here is what New Year's Day looked like in early nineteenth-century Quebec: waving from the balcony to guests, returning to their homes after a New Year's Eve celebration. Everyone is bundled up against the morning chill. Very little has changed apart from our modes of transportation: it is rare to see guests leaving in horse-drawn sleighs or on snowshoes, these days! This image is a reproduction of an oil painting by Polish artist Krieghoff, who lived in Quebec from 1850 to 1872 and married a French-Canadian woman. This work was painted around 1870, and later reproduced for a calendar.

WANT TO LEARN MORE?

Visit the bilingual exhibit, *Christmas Stories* in the American-Biltrite room of the Sherbrooke History Museum (Mhist).

275 Dufferin, Sherbrooke
Information: 819-821-5406
Mhist.org

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Andrew MacDonald appointed to the Order of Canada

By Geoff Agombar
Local Journalism Initiative

Among the 135 new appointments to the Order of Canada announced Wednesday, one local name stands out:

Andrew Paul MacDonald, C.M.

Sherbrooke, Quebec

For his contributions to contemporary Canadian classical, jazz and electronic music, as an educator, composer and performer.

Since the announcement, MacDonald has been awash in calls and messages from all across the country, "I've got a lot of nice messages. It's really heartwarming." Colleagues, students, friends, and even a few he had not heard from since high school, "Yes, there have been a few of those," MacDonald says.

"I knew that I had been nominated, but it's definitely a surprise to be appointed. It's very, very exciting because, boy, I don't know too many other composers who have," he says. "It's great for me, but it's also great for Bishop's and for Sherbrooke in general."

Honours aside, MacDonald immediately shifts to his excitement about new works that will result from having his name in the news. After winning a Juno in the mid-nineties, he remembers a decade of increased commissions and inspiring collaborations. "I just know a couple things will happen over the next couple of years now because of this."

"It goes in waves, eh?" MacDonald laughs. "You see that with pop musicians, but in the classical world too, where you're the flavour of the month for a while and you do your thing and everyone's excited by that, then someone else comes along and you step into the background a little bit. Other people are taking over for a while and that's fine."

"I'm not finished saying what I've got to say yet. I've got a lot more music to write."

The Order of Canada appointment comes just as MacDonald draws a 34-year stint in Bishop's University's music department to a close.

He grew up in Guelph enjoying all the amazing things bands like Yes, Jethro Tull, Genesis, Emerson, Lake & Palmer and King Crimson were doing to his head, before moving on to a fascination with classical composers.

"When I was younger, I think I analyzed every piece I could get my hands on by Stravinsky and Ravel, and Bartok as well. What interested me was the colour. There's a melody there, but it's a different approach to melody because of the asymmetrical phrase shapes and phrase lengths. And, I was always really turned on by Ravel's approach to orchestration."

After completing a bachelor's at the University of Western Ontario in 1981, MacDonald was faced with a difficult choice. Accept an invitation to study classical guitar at the Paris Conservancy or go to the University of Michigan to study composition.

But Michigan offered a scholarship, "So I jumped on that, because I didn't have enough money to go to France. And my whole life just unfolded from there."

After living and teaching in Ann Arbour, Brandon, and Waterloo, MacDonald found his way to Bishop's University. Initially, he came to cover another professor's sabbatical. As that finished, Bishop's created an artist in residency program, which MacDonald was the first to fill.

"That provided me with a bit of income for my small family and I thought, you know, if Bishop's can do that for me, this is an OK place."

A tenure track position soon opened, and MacDonald has been here since.

"I've had so many wonderful students here over the years. They've inspired me and so many have gone on to have great careers in music," MacDonald says. He hesitates to list names, but mentions Alain Mayrand as an example. He remembers Mayrand as a heavy metal guitarist from Ascot Corner who progressed quickly through the composition and orchestration programs in the nineties and has gone on to a career in Hollywood, most recently writing and orchestrating the music for Disney's animated feature Mosley.



COURTESY BISHOP'S UNIVERSITY



MATTHEW MCCULLY

Andrew MacDonald (furthest left) jams out on the electric guitar at the Street Festival 2019.

"My approach as a teacher was to always take things from a composer's point of view," MacDonald explains. "Here I am a living composer, teaching them about theory or analysis or whatever, and I can give them a bit of insight into how that all works, and I think that meant a lot to them as well."

"Just the nuts and bolts of it. These students are being taught how to understand notated music on a very deep level, so why this choice over that choice, so I can give them pretty good answers about that sort of stuff."

"There's meaning on a technical level which is beyond words, but I can show that to them," he adds. "I listen to their voices as well, because sometimes they have fantastic ideas about musical composition and I was always very, very inspired by them. Yeah, the whole Bishop's experience was quite wonderful."

MacDonald speaks of the thrill of first arriving in the Townships in the mid-eighties, and the effect of this place on his body of work.

"The bulk of my career has happened while I lived here in the Townships. And the many, many pieces I've written here, including Violon Concerto that won that Juno, have been very much inspired by the climate, the landscape, and the people of the Eastern Townships."

"Sometimes when I hear a person talk, that rhythm finds its way into my melodies. Or it's the curve of a trail when I'm walking in the forest that has a shape for a melodic line. I know these things could happen anywhere, but I just happen to be here so these things are happening to me here."

Sometimes it keeps me up at night. That's just the kind of person I am. I've got it going on 24/7, it's always steaming away up there. Sometimes I have to write it down to turn it off for a little while so I can get some sleep. I'll get up in the middle of the night sometimes and write it down and say 'Ok, Is that enough?'"

But inspiration is only one part of the equation. Looking back, MacDonald wonders, "How did I possibly write all that music?"

"I stayed up late at night!" he answers his own question, laughing.

"I had two little kids too, and it was a real balancing act. I was fortunate in that I could write really quickly so I'm not stalled in that regard but I remember a lot of all-nighters trying to get a piece ready for deadline. But, wow, it was pretty tiring at times. But I never let a piece go to the orchestra or to the performers without my seal of approval that it was exactly what I wanted, so I'm pretty happy with how it all turned out."

"I'm always thoroughly immersed in the piece I'm working on at the moment, so that's my love and I'm trying to make it the greatest piece ever without repeating myself from before," he explains.

"But sometimes I'll come across a piece that I wrote 20 years ago and I say, wow did I write that? I don't remember certain details about composing it. It's kind of like something passes through you, some spirit spoke to you, you wrote it down, and then the spirit left and this piece remains."

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Editorial

Racism and inequality can lead to health disparities, and they also have consequences for the natural environment.

Four New Year's resolutions for a healthier environment in 2022

By Viniece Jennings
Assistant Professor of Public Health, Agnes Scott College

When many people think of New Year's resolutions, they brainstorm ways to improve themselves for the year ahead. What if we expanded those aspirations to include resolutions that benefit our communities, society and the planet, too?

It might not be a typical approach, but it can broaden your horizons to show ways you can also be of service to others.

Here are four popular New Year's resolutions with a twist for improving your relationship with nature in 2022 and beyond.

Exercise more consideration for how your actions impact the environment

We each have an environmental ethic reflecting how we value, manage and ultimately relate to nature. Balancing the scales of reciprocity between us and nature – how much we give and take – can improve this relationship in many ways. Whether it's our addiction to one-use plastics that pile up in landfills or fossil fuels that warm the planet, a mishandled relationship with nature is not doing us or the Earth any favors.

In 2022, we can all take more responsibility for how our actions exacerbate environmental problems. We can also encourage governments and businesses to make it easier for people from diverse socioeconomic backgrounds to protect the environment. This includes making recycled goods affordable and reliable public transportation widely accessible.

Check out the U.S. Environmental Protection Agency's resources describing some very simple ways to reduce waste at home, work, in our communities and during the holidays. Tips from the website include turning off or unplugging lights during the day, reusing packaging materials and using online billing services instead of paper mail.

Lose the weight of social injustice – it harms nature, too

The perils of social injustice stress multiple aspects of society. Racism and inequality can lead to health disparities, and they also have consequences for the natural environment.

A recent study described how practices such as redlining and residential segregation led to unequal access to nature, excess pollution and biodiversity loss. These practices brought in highways and industries that harm environmental quality in marginalized communities. They also left neighborhoods with fewer parks and trees that provide cooling in summer and benefit the planet.

Perpetuating social ills like systemic racism and inequitable resource allocation is detrimental to the environment, marginalized people and society as a whole.

To help turn this around, you can speak out in your community. Join groups that are trying to promote environmental protection and social justice and are bringing nature back to communities. Call your city, state and Congressional leaders to urge them to take action. Also, refer to the Green 2.0 report's section on making diversity initiatives successful for concrete ways that you can actualize this in your place of work.

Learn something new about nature and how to reduce harm to the environment and yourself

Clean air, water and soil are fundamental for our survival, but research shows many people lack basic environmental and health literacy to know how to protect themselves.

In 2022, get to know your own impact on the environment. Read more and start exploring ways to preserve the integrity of your area's natural resources. For example, find out where you can stay abreast of local land-use decisions that impact the environment and your overall community.

You can also support local educators and encourage them to bring the environment into lessons. Environmental issues overlap many other subjects, from history to health. This website includes a framework and materials for educators to help students expand their environmental literacy.

Staying plugged in with media that discuss the latest research can enhance awareness. You can also try tying environmental facts and knowledge into your game night and team-building activities.

Spend more time with family and friends in nature

Studies show that spending time in nature, including urban green spaces, can improve your relationship with nature and with others.

Time in nature can increase social cohesion. Throughout the pandemic, many people discovered the outdoors as a place to decompress and reduce stress. Spending more time outdoors can encourage social interactions that benefit health, buffer emotional distress and encourage use of these spaces, which can help protect them for the future.

Here are some tools that outline best practices to enhance parks and recreation near you. Also, here are ways to make outdoor environments more inclusive for families in diverse communities.

Collectively, thinking about our relationship with nature and finding ways to protect the environment can help us be better stewards of the planet.



THE RECORD

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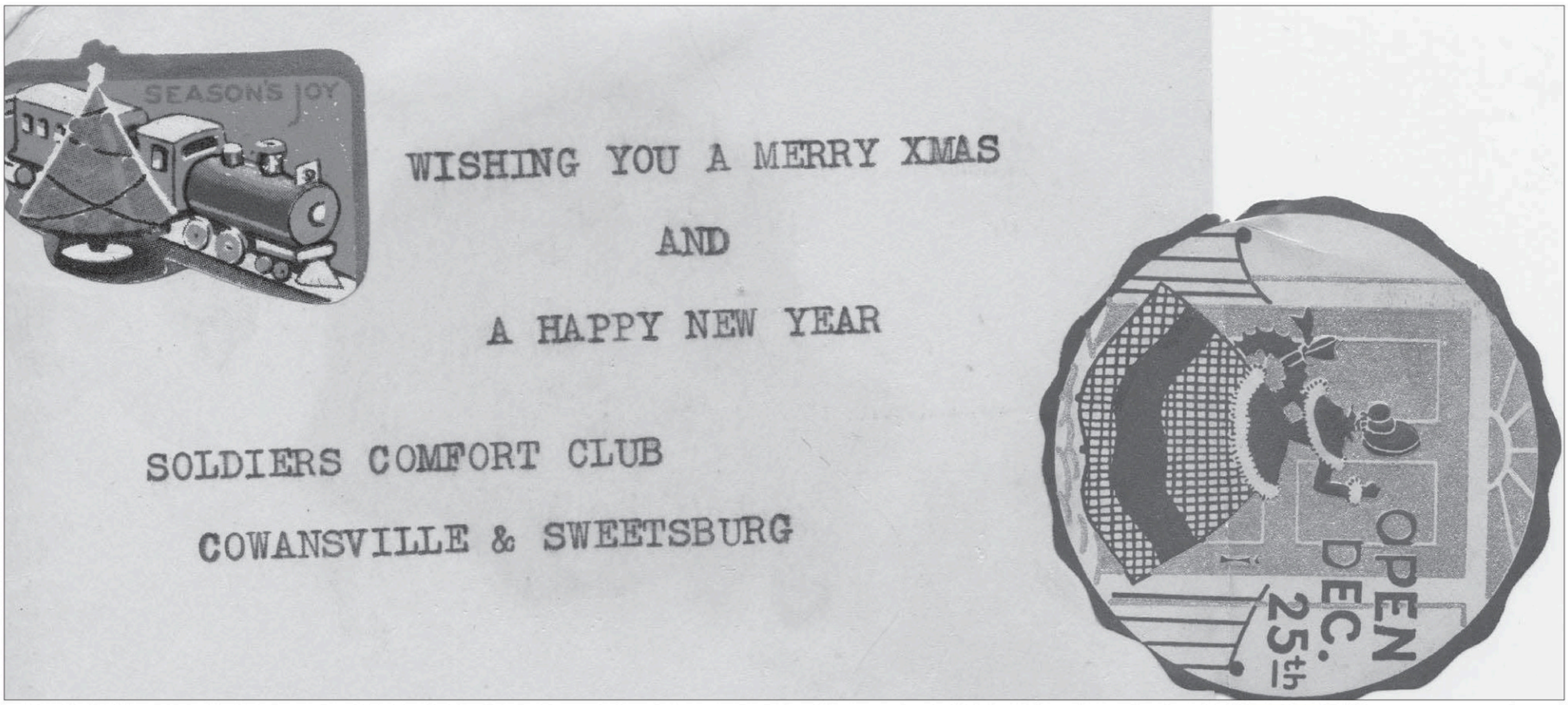
TALK

YOUR WEEKLY GUIDE TO TOWNSHIPS CULTURE

DECEMBER 31, 2021 - JANUARY 6, 2022

EASTERN TOWNSHIPS RESOURCE CENTRE

Comfort from home for the holidays



COURTESY P058 HERBERT DERICK COLLECTION

Comfort package tag, received from George S. Heatherington from the Cowansville Soldiers Comfort Club, ca. 1941

For many, the holiday season can bring mixed emotions to the surface. For some, they might be feelings of excitement and joy, for others, they might be feelings of sadness or longing, or they might be some mix of them all. As we go through another 'Covid Christmas', these feelings may be heightened as some are able to visit family in nearly two years, while others are kept apart yet again. The echos of voices we find scattered through the archives remind us that this season has long been one of taking stock of the present and of reflection on the meaning of home.

In the 1860s, Lyman May and Amanda Melvina May, children of Sylvester May, set out from Baldwin's Mills to the industrial town of Lynn, Massachusetts, in search of a better future. Both Lyman and Melvina would live out the rest of their lives in Massachusetts and corresponded regularly with friends and family back in Baldwin's Mills, some of which are now preserved in the archives. Peppered throughout the correspondence, particularly in the early years following their move, Lyman and Melvina express feelings of contentment with their surroundings while also yearning for family and friends as one year turned into another. In 1867, Lyman writes home about their celebration of American Thanksgiving: "this day brought many recollections of the past and we talked much of friends and relatives far away; and wished that some of them were with us that we might greet each other, and enjoy a social chat; but all of no avail, it could not be."

While the holiday season brought a longing for old acquaintances, the Mays' correspondence often showed the most longing to be "home" during maple sugaring season. In March 1864, Lyman wrote home to his brother Darius to say that he "ought to come up to old Canada, where the snow is five or six feet deep & plough in it a while, break roads in the sugar bush place, draw manure a while, & chop wood at the door a while with you." Excluding sugaring season, however, Lyman

CONT'D ON PAGE 8

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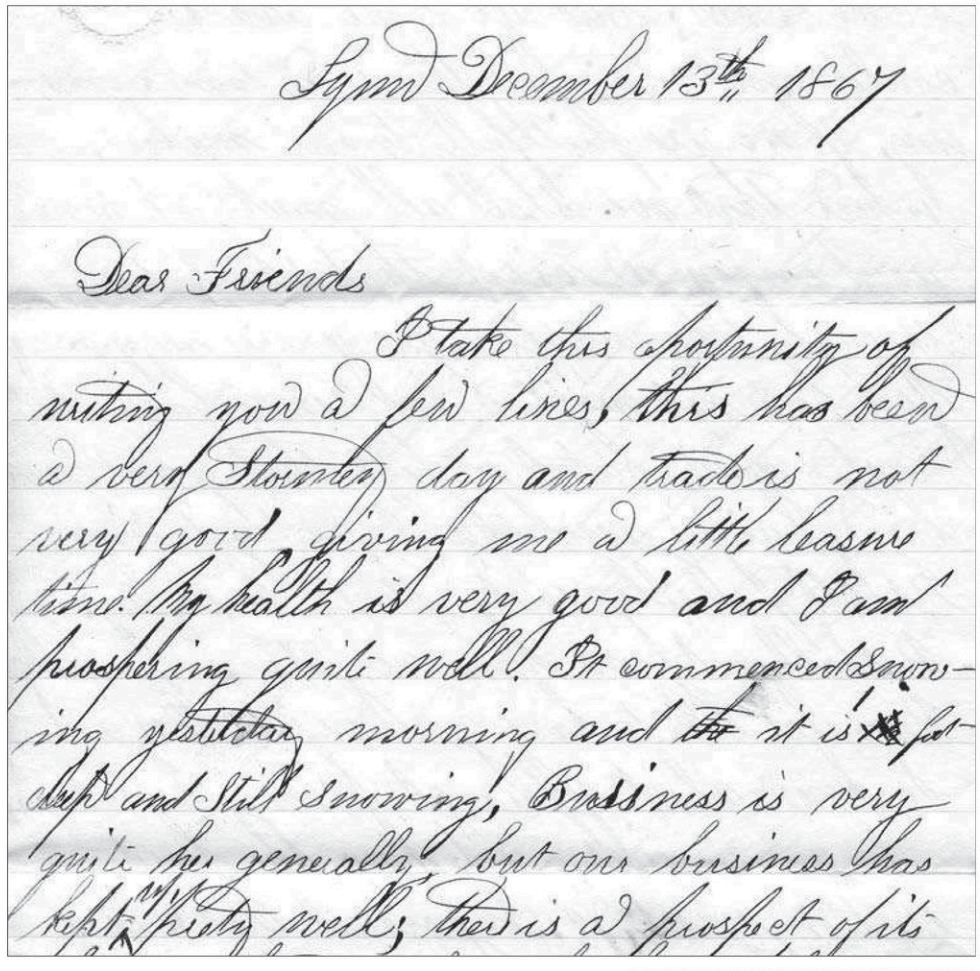
Comfort from home

Cont'd from page 7

seemed quite content to leave Canadian winters behind in favour of the more mild winters of Massachusetts!

Forty years later, we find Minnie Bowen spending Christmas on Pilley's Island in Newfoundland. Born and raised in Sherbrooke, Minnie spent fifteen months on Pilley's Island while her husband, Cecil, worked as the General Manager of the mines. The couple was on the Island for Christmas in 1891, during which time Minnie reflects on the traditions she is missing back home as she writes "I wonder what you and Merrie are doing this Xmastide which – must all pass so far from home! I suppose Carrie is deep in the Xmas Club – but I hope she is writing to me too for I will get letters sometime – I have been thinking of you all so much – and wishing to see you." Despite these sentiments, Minnie makes the most of Christmas on Pilley's Island for the families of the miners as she set up a Christmas tree and organized a party for the children (all 200 of them!), gifting them with sweets and other small items.

A half century later, the world found itself amidst yet another World War, with thousands of soldiers experiencing the daily horrors of the warfront. During this time of danger, fear, and stress with few reprieves, small comforts from home were made all the more meaningful. For one bombardier from Cowansville, Geroge S. Heatherington, care packages from the Soldiers Comfort Club meant enough that he kept the tags from each one he received. One Christmas comfort package received by Heatherington included a cake, shoe strings, peanuts, life savers, paper and envelopes, chocolate drink powder, pudding, 50 cigarettes, chocolate bars, and cheese. Another package similar items as well as tea, razor blades and shaving cream, and gum. Like many other benevolent organizations during the Wars, the Cowansville Soldiers Comfort Club was organized in 1940 to fund raise and collect goods to send to soldiers. By 1945, the Cowansville Club was mailing 150 packages each month to the men fighting overseas, including at least one prisoner of war. For soldiers and airmen like Heatherington, beyond their practicality, these care packages brought with them reminders of home and the community that was supporting them.


Lynn December 13th 1867

Dear Friends

I take this opportunity of writing you a few lines, this has been a very Stormy day and trade is not very good, giving me a little leasure time. My health is very good and I am prospering quite well. It commenced Snowing yesterday morning and it is fast and still Snowing, Bussiness is very quite here generally, but our business has kept pretty well; there is a prospect of it

P173 ELVYN M. BALDWIN FAMILY FONDS

Excerpt of a letter from Lyman May, December 1867

Your week on TV

WEEKDAY MORNING

	Bell	Star		6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
WCAX 3	-	-		Channel 3 News Morning		CBS Mornings				Rachael Ray		The Doctors		The Price Is Right	
WPTZ 5	-	-		NBC5 News Today		Today				Live with Kelly and Ryan		Today 3rd Hour		Today With Hoda & Jenna	
CBMT 6	206	301		Daybreak	Var. Programs	Dot	Dino Ranch	Kingdom	Paddington	Remy & Boo	(:20) Glowbies	Rusty Rivets	True Rainbow	Heartland	
CHLT 7	107	718	F	(:15) ⋆ **"Les Schtroumpfs 2"** (2013) Neil Patrick Harris.				**(:15) "Alad'2"** (2018, Comédie) Kev Adams. Premiere. (SC)				**(:15) ⋆⋆⋆ "Kung Fu Panda 2"** (2011) Voices of Jack Black.			
			M	**Salut bonjour** (N) (SC)								**(9:59) Rencontres au sommet**		Le tricheur	(:29) Les gags
			T									**99 envies d'évasion**			
			W									**(9:59) Derniers géants** (SC)			
			Th									**(9:59) Direction la mer** (N)			Projet innoc
WMTW 8	-	-		WMTW News 8 at 6am		Good Morning America				Live with Kelly and Ryan		Tamron Hall		The View	
CKSH 9	108	-		Ranger Rob	Alix et	100 loup	Paf le chien	Chasseurs de	Les sapiens	RDI matin	On va se le dire			Ricardo	5 chefs dans
CKMI 11	-	-		Global News Morning						The Morning Show		Property Brothers		Rachael Ray	
CFCF 12	205	312		CTV Your Morning		Your Morning	Your Morning	Your Morning	Your Morning	Live with Kelly and Ryan		The Marilyn Denis Show		The View	
WVNY 22	-	-		Local 22 News This Morning		Good Morning America				The Drew Barrymore Show		Paid Program	Paid Program	The View	
WUTV 30	-	-		Paid Program	Var. Programs	The National Desk		The National Desk		The 700 Club		Judge Mathis		Judge Jerry	Judge Jerry
CFKS 31	106	726	F	Noovo Le Fil	Noovo Le Fil	Noovo Le Fil	Sports 30 (N)	Guerre-clans	Guerre-clans	Ça c'est drôle!	Ça c'est drôle!	**"Un coup de foudre malgré eux"** (2019) Bethany Joy Lenz.			
			M	Noovo Le Fil (SC)		Sports 30 (N)						**"Un simple baiser"** (2017) Courtney Ford. (SC)			
			T	Noovo Le Fil	Noovo Le Fil	Noovo Le Fil						**"Mon meilleur ennemi"** (2015) Scott Wolf, Courtney Ford. (SC)			
			W									⋆⋆ **"Au-delà de l'espoir"** (2011) Emily VanCamp. (SC)			
			Th									**"L'école de tous les talents"** (2007) Emma Watson. (SC)			
WUHF	-	363		Good Day Rochester		Good Day Rochester		Good Day Rochester		Judge Mathis		The Wendy Williams Show		Judge Jerry	Judge Jerry
WETK	-	-		Classical	World News	Molly of Denali	Wild Kratts	Elementary	Alma's Way	Curious	Daniel Tiger	Donkey Hodie	Elinor	Sesame Street	Pinkalicious
WCFE	-	-		Nature Cat	Odd Squad	Xavier Riddle	Arthur	Molly of Denali	Wild Kratts	Elementary	Alma's Way	Curious	Daniel Tiger	Donkey Hodie	Elinor
A&E	615	520		Jeremiah	Joyce Meyer	Varied Programs									
CNN	500	500		New Day With John Berman		New Day With John Berman		New Day With John Berman		CNN Newsroom With Poppy		CNN Newsroom With Poppy		At This Hour-Kate	
DISC	520	505	F	Lone Star Law "Rattled"		Lone Star Law CC (DVS)		Lone Star Law CC (DVS)		Lone Star Law CC (DVS)		Lone Star Law CC (DVS)		Lone Star Law "Lying Dogs"	
			M	Mayday "Disaster at Tenerife"		Highway Thru Hell		Highway Thru Hell		Bones "The Future in the Past" Brennan is accused of murder.				CSI: New York CC	
			T							Bones CC		Bones "The Tiger in the Tale"			
			W												
			Th												
DRAMA	620	523	F	Bones "The Cold in the Case"		Bones "The Nail in the Coffin"		Bones CC (DVS)		Bones CC (DVS)		Bones CC (DVS)		Bones CC (DVS)	
			M												
			T	**"I Was Lorena Bobbitt"** (2020) Dani Montalvo. CC (DVS)				Flashpoint CC (DVS)		**"I Was Lorena Bobbitt"** (2020) Dani Montalvo. CC (DVS)				Flashpoint CC (DVS)	
			W	**"Amber Alert"** (2015) Alaina Huffman. CC (DVS)						**"Amber Alert"** (2015) Alaina Huffman. CC (DVS)					
			Th	**"Brace for Impact"** (2016) Kerry Condon. CC (DVS)						**"Brace for Impact"** (2016) Kerry Condon. CC (DVS)					
HIST	522	506		Backroad Truckers		Shatner's Weird or What?		Yukon Gold		Timber Kings		Rust Valley Restorers		Border	Border
PARMT	628	584		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue	
RDI	126	730		RDI matin		RDI matin		RDI matin		RDI matin		L'info	L'info	L'info	L'info
SHOW	616	521		Outer Limits	Var. Programs	Private Eyes		Movie		Varied Programs		Ransom		Lost Girl	
SLICE	601	562		ET Canada	Say Yes-Dress	Love It or List It		Varied Programs				Love It or List It		Varied Programs	
TLC	521	560		Varied Programs											
TSN	400	400	F	SportsCentre CC		SportsCentre CC		SportsCentre CC		SportsCentre CC		SportsCentre CC		SportsCentre CC	
			M	SportsCentre	SportsCentre CC		SportsCentre CC		SportsCentre CC		SportsCentre CC		SportsCentre CC		SportsCentre
			T												
			W												
			Th												
YOUTH	551	542		Sidekick	Numb Chucks	Squirrel	Cloudy, Meat	SpongeBob	Loud House	Ollie's Pack	Squirrel	Nerds	(:45) Sidekick	Go Away Uni	Cloudy, Meat

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Your week on TV

WEEKDAY AFTERNOON

	Bell	Star	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
WCAX 3	-	-	Channel 3	The Young and the Restless		Bold/Beautiful	The Talk		Let's Make a Deal		Channel 3 News at Four		Channel 3	News at 5:30p
WPTZ 5	-	-	NBC5 News	Daily Blast	Days of our Lives		Tamron Hall		Dr. Phil		The Ellen DeGeneres Show		NBC5 News	NBC5 News
CBMT 6	206	301	CBC News	Varied Programs			Family Feud	Convenience	Murdoch Mysteries		Downton Abbey		Jamie's Meals	Jamie's Meals
CHLT 7	107	718	TVA nouvelles	Var. Programs	Movie			Var. Programs	TVA nouvelles	(:45) Les feux de l'amour		Top modèles	(4:58) TVA nouvelles	
WMTW 8	-	-	WMTW News 8 at Noon		GMA3-Need to Know		General Hospital		The Ellen DeGeneres Show		WMTW News 8 at 4pm		WMTW News 8 at 5PM	
CKSH 9	108	-	F Téléjournal	Silence	★★★ **"L'école du rock"** (2003) Jack Black, Joan Cusack. (SC)				★★ **"Le diamant du Nil"** (1985) Michael Douglas. (SC)				Gars, fille	Silence
			M		Savourer		Au gré du vent (SC)		Les enquêtes de Murdoch (N)		On va se le dire (N) (SC)			
			T		Doc humanité "Renaître" (N)									
			W		La table de Kim (DVS) (SC)									
			Th		L'épicerie	La facture								
CKMI 11	-	-	Global News	ET Canada	Days of our Lives		The Talk		The Drew Barrymore Show		Carnival Eats	The Young and the Restless		Global News
CFCF 12	205	312	CTV News	Var. Programs	The Social		Dr. Phil		The Dr. Oz Show		The Ellen DeGeneres Show		CTV News	Var. Programs
WVNY 22	-	-	Hot Bench	Hot Bench	GMA3-Need to Know		General Hospital		The People's Court		Judge Judy	Judge Judy	Judge Judy	Judge Judy
WUTV 30	-	-	The Steve Wilkos Show		Maury		Judge Mathis		The People's Court		Family Feud	Family Feud	Bet Your Life	Bet Your Life
CFKS 31	106	726	Les juristes		Marvel: les agents		Movie				Les Simpson	Les Simpson	Ça c'est drôle!	Noovo Le Fil
WUHF	-	363	The Steve Wilkos Show		Maury		Paid Program	Divorce Court	Hot Bench	Hot Bench	Judge Judy	Judge Judy	The People's Court	
WETK	-	-	Dinosaur Train	Clifford-Dog	Sesame Street	Donkey Hodie	Daniel Tiger	Let's Go Luna!	Odd Squad	Varied Programs				World News
WCFE	-	-	F Sesame Street	Pinkalicious	Soundscapes	Articulate-Jim	Streets of Wynwood		Earth Emergency		NOVA		Climate Change -- The Facts	
			M		In Their Own Words		NOVA		Antiques Roadshow		Towns That Changed		Soundscapes	Mountain Lake
			T		American Experience		American Experience		Land Girls "Childhood's End"		Land Girls "Secrets"		Land Girls "Codes of Honor"	
			W		Earth Emergency		Climate Change -- The Facts		Finding Your Roots		Finding Your Roots		The Democracy Rebellion	
			Th		Muhammad: Legacy of a Prophet Seventh-century Muslim.				Death in Paradise		Land Girls "Ditchers"		Land Girls "Destinies"	
A&E	615	520	Varied Programs				The First 48	Var. Programs	The First 48	Var. Programs	The First 48	Var. Programs	The First 48	Var. Programs
CNN	500	500	Inside Politics With John King		CNN Newsroom-Ana Cabrera		CNN Newsroom With Alisyn		CNN Newsroom With Alisyn		The Lead With Jake Tapper		The Lead With Jake Tapper	
DISC	520	505	F Lone Star Law (DVS)		Lone Star Law (DVS)		Lone Star Law (DVS)		Lone Star Law (DVS)		Lone Star Law "Wild Call"		Lone Star Law (DVS)	
			M CSI: New York "Yahrzeit"		Bones		Bones		CSI: New York		CSI: New York "Yahrzeit"		Highway Thru Hell	
			T											
			W											
			Th											
DRAMA	620	523	Movie		Varied Programs		Flashpoint		Varied Programs					
HIST	522	506	F Forged in Fire "Deadly Duo"		Forged in Fire		Forged in Fire		Forged in Fire		Forged in Fire		Forged in Fire	
			M Pawn Stars "Jurassic Pawn"		Pawn Stars "Weird & Wacky"		Pawn Stars (DVS)		Pawn Stars (DVS)		Pawn Stars "Atomic Pawn"		Pawn Stars (DVS)	
			T Forged in Fire (DVS)								American Pickers		American Pickers	
			W		Forged in Fire "Forge of Fear"		Forged in Fire		Forged in Fire		Forged in Fire "Khanda"		Forged in Fire	
			Th		The Lost Corvette		Counting Cars (DVS)		American Pickers		American Pickers		American Pickers	
PARMT	628	584	Bar Rescue		Bar Rescue		Varied Programs							
RDI	126	730	Téléjournal	La période de questions		L'info	L'info	L'info	L'info	L'info	L'info	L'info	Le téléjournal	Rêve
SHOW	616	521	F ★★ **"Fast Five"** (2011) Vin Diesel. Dom Toretto and company ramp up the action in Brazil.						★★ **"Fast & Furious 6"** (2013, Action) Vin Diesel, Paul Walker. (DVS)					
			M Private Eyes (DVS)		NCIS "You Better Watch Out"		NCIS Ziva's father visits.		NCIS "Shiva" (DVS)		FBI "Appearances"		NCIS "You Better Watch Out"	
			T											
			W											
			Th											
SLICE	601	562	Varied Programs		Love It or List It		King	King	Varied Programs					
TLC	521	560	Varied Programs											
TSN	400	400	SportsCentre	SportsCentre	Varied Programs		This Just In		NBA Today		NFL Live	Var. Programs	Around/Horn	Interruption
YOUTH	551	542	SpongeBob	Loud House	Squirrel	Ollie's Pack	Nerds	Numb Chucks	Cloudy, Meat	SpongeBob	SpongeBob	Loud House	Casagrandes	Danger Force

FRIDAY EVENING — DECEMBER 31, 2021

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	Channel 3 News at Six (N)		CBS Evening News	Entertainment Tonight (N)	New Year's Eve Live: Nashville's Big Bash Celebrating the new year. (N) (Live)						Channel 3 News	New Year's Eve Live: Nashville's Big Bash (N)	
WPTZ 5	-	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N)	Wheel of Fortune (N)	2021: It's Toast! A star-studded New Year's Eve special. (N)				(9:59) NBC5 News at 11	Miley's New Year's Eve Party Hosted by Miley Cyrus and Pete Davidson Celebrating live from Miami, Fla. (N)			
CBMT 6	206	301	CBC Montreal News (N)	Rick Mercer Report	Coronation Street (N)	Coronation Street Icons	Les Misérables Marius joins his friends in the fight.		Les Misérables Valjean makes a painful decision.		The National (N)		Canada's New Year's Eve: Countdown to 2022 (N)		(12:05) Coronation Street
CHLT 7	107	718	(5:58) TVA nouvelles (N)	(:29) Le tricheur (SC)	(6:59) ★★ **"Jason Bourne"** (2016, Action) Matt Damon, Tommy Lee Jones, Alicia Vikander. Jason Bourne combat un réseau sinistre. (DVS) (SC)					La série One mini show (N)	TVA nouvelles (N)	★★★ **"Le jour de la marmotte"** (1993) Bill Murray. Un météorologue arrogant revit sans cesse la même journée.			
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N)	Jeopardy! (N)	Dick Clark's Primetime New Year's Rockin' Eve With Ryan Seacrest 2022 New Year's Eve festivities. (N)				Dick Clark's Primetime New Year's Rockin' Eve-2022		WMTW News 8 at 11 (N)	Dick Clark's New Year's Rockin' Eve-2022	
CKSH 9	108	-	(5:59) Le téléjournal Estrie	La petite vie (SC)	En direct de l'univers L'univers musical d'invités-surprises. (N) (SC)			À l'année prochaine 2021 (N)		Le téléjournal (N) (SC)	Infoman Les moments marquants de l'année 2021. (N)		Bye bye 2021 La 53e édition de cette revue. (N)		
CKMI 11	-	-	Global National (N)	(:29) Global News at 6:30	ET Canada (DVS)	ET Canada (DVS)	"A Perfect Match" (2021) Emily Alatalo. Premiere. A new dating app matches a woman with her complete opposite.				Family Law "Legacy" Malpractice at a fertility clinic.		Global News at 11 (N)	(:35) Kenny Rogers: All in for the Gambler (DVS)	
CFCF 12	205	312	Corner Gas (DVS)	Corner Gas (DVS)	etalk	The Big Bang Theory	Friends: The Reunion The cast reunites for a celebration. (N) (DVS)				The Big Bang Theory		Lisa LaFlamme	The 3rd Annual Howie Mandel Stand-Up Gala	
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N)	Dick Clark's Primetime New Year's Rockin' Eve With Ryan Seacrest 2022 New Year's Eve festivities. (N)				Dick Clark's Primetime New Year's Rockin' Eve-2022		Local 22 News (N)	Dick Clark's New Year's Rockin' Eve-2022	
WUTV 30	-	-	The Big Bang Theory	Judge Judy	Judge Judy	Family Feud	Beat Shazam Cousins; DJs; a father-daughter duo.		Gordon Ramsay's Road Trip "Christmas Vacation"		Fox 29 News at 10 (N)		Seinfeld "The Contest"	I Can See Your Voice (DVS)	
CFKS 31	106	726	Souper parfait	Souper parfait	★ **"Alerte à Malibu"** (2017, Comédie) Dwayne Johnson, Zac Efron. Deux sauveteurs opposés tentent de déjouer un complot. (DVS) (SC)					Ça c'est drôle!	Noovo Le Fil 22 (N) (SC)	★ **"Partis en 60 secondes"** (2000) Nicolas Cage. Un voleur à la retraite a 24 heures pour voler 50 voitures. (DVS) (SC)			
WUHF	-	363	Modern Family	Young Sheldon	The Big Bang Theory	The Big Bang Theory	Beat Shazam Cousins; DJs; a father-daughter duo.		Gordon Ramsay's Road Trip "Christmas Vacation"		13WHAM News at 10 on Fox Rochester (N) (Live)		DailyMailTV	I Can See Your Voice (DVS)	
WETK	-	-	PBS NewsHour (N)		Profile "Luis Guzman"	Vermont This Week (N)	Washington Week (N)	The Big Band Years (My Music) Big Band hits.				United in Song: Celebrating the American Dream			BBC World News
WCFE	-	-	World News America	BBC World News Today	PBS NewsHour (N)		Mountain Lake Journal	New York Now	United in Song: Celebrating the American Dream (N)			Great Performances at the Met "New Year's Eve Gala" A New Year celebration.			Amanpour and Company
A&E	615	520	The First 48 Fatal stabbing at a Texas strip mall.		The First 48 Slayings in Cleveland and Miami.		The First 48 Body found in a creek bed. (N)		The First 48 A killer prowls the streets of Atlanta.		(:01) The First 48 Murder in a motel parking lot.		(:04) The First 48 "Deadly Favor; Just Kids"		(12:03) The First 48
CNN	500	500	Situation Room With Wolf		CNN Special Report		New Year's Eve Live With Anderson Cooper and Andy Cohen Anderson Cooper and Andy Cohen co-host. (N) (Live)								
DISC	520	505	Lone Star Law The wardens handle an unruly captain.		Lone Star Law It's the start of hunting season. (N)		Street Outlaws: No Prep Kings "And the Fire Raged On" Some racers still have grudges. (N)				Street Outlaws: No Prep Kings: Team Attacks "Defend This House" Dean's List goes for two wins in a row. (N)				Street Outlaws
DRAMA	620	523	Bones Brennan works with Aubrey. (DVS)		Bones In the 1950s, Brennan is a detective. (DVS)		Bones The team investigates a psychic's death.		Bones Investigating a body found in a swamp.		Bones Human remains are found in a park.		Bones A man is found dead in a well. (DVS)		Bones (DVS)
HIST	522	506	Forged in Fire The smiths build the Bastard Sword.		Forged in Fire "Casino Challenge"		Forged in Fire "Deadly Duo"		Forged in Fire Four bladesmiths face a tough decision.		Forged in Fire Four bladesmiths get cooking.		Forged in Fire Forging blades from a burned car.		Forged in Fire
PARMT	628	584	Yellowstone Tensions escalate between the families.		Yellowstone John and Rip seek revenge.		(:03) Yellowstone The Duttons gear up for a final fight.		Yellowstone The feud with the Becks comes to a head.		It Was Him: The Many Murders of Ed Edwards		It Was Him: The Many Murders of Ed Edwards		It Was Him: The Many
RDI	126	730	Le téléjournal avec	MAJ (SC)	Le national (N) (SC)	(:31) Le national (SC)	(:01) Les grands reportages Serge Bouchard. (SC)		Le téléjournal avec Céline	Le téléjournal (N) (SC)	Le téléjournal (SC)	Le national (N) (SC)	Le national (N) (SC)	Le national (N) (SC)	Le national (SC)
SHOW	616	521	★★★ **"Furious 7"** (2015, Action) Vin Diesel, Paul Walker, Dwayne Johnson. A dead man's brother seeks revenge on the Toretto gang. (DVS)						★★ **"The Fate of the Furious"** (2017, Action) Vin Diesel, Dwayne Johnson, Charlize Theron. A mysterious woman forces Dom to betray the crew. (DVS)						★★ **"Fast & Furious 6"**
SLICE	601	562	(4:30) ★★ **"Bruce Almighty"** (2003) Jim Carrey.		★★ **"Yes Man"** (2008, Comedy) Jim Carrey. A man tries to change his life by saying yes to everything. (DVS)				★ **"Fifty Shades Freed"** (2018) Dakota Johnson, Jamie Dornan. Dark events surround Christian Grey and new wife Anastasia. (DVS)				★★ **"Bruce Almighty"** (2003) Jim Carrey. (DVS)		
TLC	521	560	90 Day Fiancé: Before the 90 Days		90 Day Fiancé: Before the 90 Days		90 Day Fiancé: Before the 90 Days With bonus scenes; Memphis arrives. (N)				90 Day Fiancé	The Family Chantel Tom and Emma are watching along.		90 Day Fiancé	90 Day Fiancé
TSN	400	400	2022 IIHF World Junior Championship		2022 IIHF World Junior Championship Canada vs Finland. From Rogers Place in Edmonton, Alberta. (N) (Live)					2022 IIHF World Junior Championship United States vs Russia. From Peavey Mart Centrium in Red Deer, Alberta. (N) (Live)					SportsCentre (N)
YOUTH	551	542	★★ **"Despicable Me 3"** (2017) Voices of Steve Carell.				★★ **"Penguins of Madagascar"** (2014) (DVS)				Carnival Eats	Carnival Eats	Degrassi	Degrassi	iCarly

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Your week on TV

SATURDAY DAYTIME — JANUARY 1, 2022

	Bell	Star	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30
WCAX 3	-	-	**CBS Saturday Morning** (N)				**Lucky Dog** "Cookie"	**Innovation Nation**	**Mission Unstop**	**Hope in the Wild**	**College Basketball** Memphis at Wichita State. From Charles Koch Arena in Wichita, Kan. (N)				**College Basketball** Villanova at Seton Hall. From Prudential Center in Newark, N.J. (N)			
WPTZ 5	-	-	**Teen Kids News**	**Ocean Mysteries**	**Vets Saving Pets**	**One Team**	**Earth Odyssey**	**Wild Child** (EI)	**Roots Less**	**133rd Rose Parade** The annual parade features rose floats. (N)			**Soledad O'Brien**	**Home-owner**	**Sports Gone Wild**		**The Best of the Greatest Sports Legends**	
CBMT 6	206	301	**True Rainbow**	**(:25) Kingdom Force**	**The Wonder Gang**	**(:34) Dino Ranch** (N)	**(:11) Big Blue** (N)	**Super Agent**	**Bravest Knight**	**(:25) Molly of Denali**	**Our Montreal** (N)		**To Be Announced**				**To Be Announced**	
CHLT 7	107	718	**(7:59) "La petite sorcière"** (2018) Karoline Herfurth, Suzanne von Borsody. (DVS) (SC)				**(:04) ★★ "Richie Rich"** (1994, Enfants) Macaulay Culkin, John Larroquette. (SC)				**TVA nouvelles** (N)	**180** (N) (SC)	**Infopublicité** (SC)	**Les looney tunes**	**★★ "Palace pour chiens"** (2009, Enfants) Emma Roberts, Jake T. Austin. (SC)			
WMTW 8	-	-	**Good Morning America** (N)		**Good Morning America** (N)		**Wildlife Nation**	**oh baby!**	**133rd Rose Parade** Live coverage of the 133rd Rose Parade. (N) (Live)				**College Football** Vrbo Citrus Bowl -- Iowa vs Kentucky. (N) (Live)					
CKSH 9	108	-	**Les aventures**	**14 mille millions**	**Kung Fu Panda**	**Défense d'entrer!**	**Un conte**	**Un conte**	**Ricardo** (N) (SC)	**5 chefs dans ma**	**Téléjournal**	**Enquête: bilan 2021**	**★ "C'est la guerre"** (2012, Action) Reese Witherspoon, Chris Pine, Tom Hardy. Premiere. (SC)				**★★ "Cocktail"** (1988) Tom Cruise. Premiere.	
CKMI 11	-	-	**Fish'n Canada**	**Instill the Catch**	**Paid Program**	**Fishful Thinking**	**Fish TV** (N)	**Paid Program**	**Paid Program**	**Paid Program**	**Save My Reno**	**Entertainment Tonight** (N)		**Matchmaker Mysteries** "A Fatal Romance" A romance writer is murdered. (DVS)				**Food-Bucket**
CFCF 12	205	312	**CTV Your Morning Weekend** (N)		**Corner Gas**	**Corner Gas**	**Paid Program**	**Paid Program**	**Written Canada**	**Moneytalk**	**Mad About You**	**Mad About You**	**★★ "Pokémon Detective Pikachu"** (2019, Children's) Voice of Ryan Reynolds, Justice Smith. Premiere.					**Seinfeld**
WVNY 22	-	-	**Good Morning America** (N)		**Good Morning America** (N)		**Emeril**	**Arthritis & Neck Pain**	**133rd Rose Parade** Live coverage of the 133rd Rose Parade. (N) (Live)				**College Football** Vrbo Citrus Bowl -- Iowa vs Kentucky. (N) (Live)					
WUTV 30	-	-	**Airfryer Oven**		**NEW Easiest & Fastest Way to do Makeup**		**5 Makeup Tips 4 You**	**Paid Program**	**Paid Program**	**Paid Program**	**Winter Preview**	**Big Bang Theory**	**Big Bang Theory**	**Two and a Half Men**	**Two and a Half Men**	**Hoops Tip-Off**	**College Basketball** Teams TBA. (N)	
CFKS 31	106	726	**Rénos au bord**	**Ma villa au soleil**	**Noovo Le Fil week-end** (N) (SC)		**RPM** "Hyundai Élantra Hybrid Ultimate 2021"		**RPM plus** William Clavey. (SC)		**Infopublicité** (SC)	**Infopublicité** (SC)	**★★★ "Madagascar 2 : la grande évasion"** (2008) Chris Rock (SC)			**(:40) ★★★ "Zoolander"** (2001, Comédie) Ben Stiller. (DVS) (SC)		
WUHF	-	363	**Xploration Space**	**Awesome Planet**	**Second Chance**	**Xploration DIY Sci**	**5 Makeup Tips 4 You**	**Paid Program**	**Paid Program**	**Paid Program**	**Winter Preview**	**Ring of Honor Wrestling** (N)		**Go Nitro**	**Go Nitro**	**Hoops Tip-Off**	**College Basketball** Teams TBA. (N)	
WETK	-	-	**(7:00) Memory Rescue With Daniel Amen, MD**		**Outdoor Journal**	**MotorWeek**	**Field Trip With**	**Greener World**	**Kimball's Milk Street**	**Mexican Table**	**Test Kitchen**	**Cook's Country**	**Woodsmith**	**This Old House**	**Ask This Old House**	**Antiques Roadshow** "Junk in the Trunk 5"		**Suze Orman's**
WCFE	-	-	**London's New Year's Day Parade 2022** Annual New Year's parade in London. (N)				**Weekend-Yank**	**Greener World**	**This Old House**	**Ask This Old House**	**Kimball's Milk Street**	**Sara's Weeknight**	**How She Rolls**	**Lidia's Kitchen**	**Kevin Belton's Cook**	**Cook's Country**	**Test Kitchen**	**Roadfood**
A&E	615	520	**Flipping Vegas** "Amie's House"		**Zombie House Flipping**		**Zombie House Flipping**		**Zombie House Flipping** "The Speed Flip"		**Zombie House Flipping**		**★★★ "Edge of Tomorrow"** (2014) Tom Cruise. A soldier in an alien war gets caught in a time loop.					**★★ "Colombiana"**
CNN	500	500	**New Day We**		**CNN Newsroom** (N)		**CNN Newsroom**		**CNN Newsroom**		**CNN Newsroom**		**CNN Newsroom**		**CNN Newsroom**		**CNN Newsroom**	
DISC	520	505	**Lone Star Law** "Tempers Are Rising" (N)		**Lone Star Law** "Chasing a Dead Man" (N)		**Lone Star Law** "Suspicious Encounters" (N)		**Lone Star Law** Warden Richards reminisces.		**Lone Star Law** "Boundary Wars" (N)		**Lone Star Law** "Wake of Destruction" (N)		**Lone Star Law** "Marshland Massacre"		**Lone Star Law** "Garage Gator" (N)	
DRAMA	620	523	**Bones** The death of a mini-golf superstar.		**Bones** A high-stakes gambler is found dead.		**Bones** A celebrity chef is found dead.		**Bones** The death of a high school student.		**Bones** Proving Alex Rockwell's innocence.		**Bones** Arastoo is kidnapped. (DVS)		**Bones** "The Woman in the Whirlpool"		**Bones** Investigating a yoga instructor's death.	
HIST	522	506	**Paid Program**	**Paid Program**	**Forged in Fire**		**Forged in Fire** Recreating the billhook knife.		**Forged in Fire**		**Forged in Fire** Bone Daddy Fantasy Seax.		**Forged in Fire: Beat the Judges**		**Forged in Fire: Beat the Judges**		**Forged in Fire: Beat the Judges**	
PARMT	628	584	**Auction Hunters**	**Auction Hunters**	**Auction Hunters**	**Auction Hunters**	**Auction Hunters**	**Auction Hunters**	**Auction Hunters**	**Auction Hunters**	**Yellowstone** "You're the Indian Now"		**(12:58) Yellowstone**		**(:02) Yellowstone** "An Acceptable Surrender"		**Yellowstone** "Going Back to Cali"	
RDI	126	730	**RDI matin weekend** (N) (SC)		**RDI matin weekend** (N) (SC)		**L'info** (N) (SC)	**L'info** (SC)	**L'info** (N) (SC)	**L'info** (SC)	**Téléjournal**	**Téléjournal**	**MAJ** (SC)	**L'info** (N) (SC)	**L'info** (N) (SC)	**L'info** (SC)	**L'info** (N) (SC)	**L'info** (SC)
SHOW	616	521	**(7:00) "Ann Rule's A House on Fire"** (2021)		**★★ "Man of Steel"** (2013) Henry Cavill, Amy Adams. Young Clark Kent must protect those he loves from a dire threat. (DVS)						**★★ "Batman v Superman: Dawn of Justice"** (2016, Action) Ben Affleck, Henry Cavill. Batman embarks on a personal vendetta against Superman. (DVS)							**"Suicide Squad"**
SLICE	601	562	**Late Nite Eats**	**Paid Program**	**Paid Program**	**Paid Program**	**★★ "Yes Man"** (2008) Jim Carrey. A man tries to change his life by saying yes to everything.				**★★★ "Pitch Perfect"** (2012) Anna Kendrick. College students enter an a cappella competition. (DVS)					**★★ "Pitch Perfect 2"** (2015) Anna Kendrick. (DVS)		
TLC	521	560	**Too Large** Jasmin needs surgery.		**1000-Lb. Sisters** "Welcome to Rehab"		**1000-Lb. Sisters** "Goodbye Freedom"		**1000-Lb. Sisters** "Tammy's New Squeeze"		**1000-Lb. Sisters** "Heavy Hoarders"		**1000-Lb. Sisters** "Pushed Too Far"		**1000-Lb. Sisters** Chris faces the scale.		**1000-Lb. Sisters** "Moment of Truth"	
TSN	400	400	**SportsCentre**		**SportsCentre**		**College GameDay** (N) (Live)						**PlayStation Fiesta Bowl** Oklahoma State vs Notre Dame. (N) (Live)					
YOUTH	551	542	**Sponge.**	**Loud**	**Croods**	**Middlem**	**★★★ "Trolls"** (2016) Voices of Anna Kendrick.				**★★★ "Sing"** (2016) Voices of Matthew McConaughey.					**Sponge.**	**Sponge.**	**★★★ Sing**

SATURDAY EVENING — JANUARY 1, 2022

	Bell	Star	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	**College Basketball** San Diego State at UNLV. (N) (Live)				**Channel 3 News**	**Weekend News**	**Entertainment Tonight** (N)		**S.W.A.T.** "Whistleblower"		**FBI** A man is killed by an explosive package.		**48 Hours** (N)		**Channel 3 News**	**Patriots All Access**	
WPTZ 5	-	-	**Alpine Skiing**		**Triathlon** Clash Daytona. (Taped)		**NBC5 News at 6**	**Nightly News**	**Jeopardy!**	**Wheel of Fortune**	**The Wall** "Tammy and Doug"		**Dateline NBC**		**Saturday Night Live** (N)		**NBC5 News**	**(:29) Saturday Night Live**	
CBMT 6	206	301	**To Be Announced**				**CBC Montreal**	**Hockey Night**	**NHL Hockey**						**NHL Hockey**				
CHLT 7	107	718	**★★★ "Histoire de dauphin 2"** (2014) Harry Connick Jr., Ashley Judd. (DVS) (SC)				**TVA nouvelles** (N)	**★★★ "Le diable s'habille en Prada"** (2006) Meryl Streep, Anne Hathaway. (DVS) (SC)				**(:37) ★★ "Le stagiaire"** (2015) Robert De Niro. Ben, un veuf de 70 ans, accepte un poste de stagiaire.				**(:07) TVA Nouvelles**	**(:37) "Bienvenue à bord"** (2011) (SC)	
WMTW 8	-	-	**College Football**	**Cars.TV**	**Ella Fitzgerald**	**Homes & Estates**	**WMTW News 8 at**	**World News**	**Wheel of Fortune**	**Jeopardy!**	**America's Funniest Home Videos**		**When Nature Calls With Helen Mirren** (N)		**When Nature Calls With Helen Mirren**		**WMTW News 8**	**Castle** "Murder Most Fowl"	
CKSH 9	108	-	**(3:00) ★★ "Cocktail"** (1988) Tom Cruise.		**La semaine verte** (N) (Part 2 of 2) (SC)		**Le télé-journal**	**En direct de l'univers** L'univers musical d'invités-surprises. (SC)			**Infoman** (SC)		**Bye bye 2021** La 53e édition de cette revue.		**Le télé-journal**		**"Ça sent la coupe"** (2017) Louis-José Houde, Émilie Bibeau. (SC)	
CKMI 11	-	-	**Food-Bucket**	**Backyard Builds**	**Backyard Builds**	**Our Stories**	**Global News at 6**	**Global National**	**Border Security**	**ET Canada** (N)	**Weekend**	**Border Security**	**"Sweet Carolina"** (2021, Romance) Lacey Chabert, Tyler Hynes. Premiere. (DVS)				**Global News**	**(:29) Saturday Night Live**	
CFCF 12	205	312	**Seinfeld**	**Seinfeld**	**Big Bang Theory**	**Big Bang Theory**	**SC Top Funniest**	**Moments-Year**	**W5** "The Craving; The Next Pandemic"		**"Rule of 3"** (2019, Suspense) Kelly Rutherford, Erin Karpluk. Premiere. (DVS)				**JFL: The Masters** "Russell Peters" (N)		**News-Rinaldo**	**etalk**	**Big Bang Theory**
WVNY 22	-	-	**College Football**	**Richard Pryor**	**Monkees**	**Monkees**	**World News**	**Local 22 News** (N)	**Extra** (N)		**America's Funniest Home Videos**		**When Nature Calls With Helen Mirren** (N)		**When Nature Calls With Helen Mirren**		**Local 22 News** (N)	**Weather Gone Viral**	
WUTV 30	-	-	**(3:00) College Basketball** Teams TBA.		**Boxing** PBC Fight Night: Ortiz vs. Martin - Undercard. (N) (Live)				**Ring of Honor Wrestling** (N)		**I Can See Your Voice** (DVS)		**9-1-1: Lone Star** "Dust to Dust"		**News**	**Big Bang Theory**	**I Can See Your Voice** (DVS)		**Monkees**
CFKS 31	106	726	**"Zoolander"**	**(:20) ★★★ "Gremlins 2: la nouvelle génération"** (1990, Fantastique) Zach Galligan. (SC)				**★★★ "Harry Potter et les reliques de la mort: 1ère partie"** (2010) Daniel Radcliffe. La chasse aux horcruxes pour vaincre Voldemort.						**(:35) ★★ "L'enlèvement 2"** (2012) Liam Neeson, Maggie Grace. Premiere. (DVS) (SC)				**(:40) ★★★ "L'arme fatale 2"** (1989)	
WUHF	-	363	**(3:00) College Basketball** Teams TBA.		**Boxing** PBC Fight Night: Ortiz vs. Martin - Undercard. (N) (Live)				**Ring of Honor Wrestling** (N)		**I Can See Your Voice** (DVS)		**9-1-1: Lone Star** "Dust to Dust"		**News at 10**	**Game Time**	**I Can See Your Voice** (DVS)		**ROH Wrestling**
WETK	-	-	**(3:30) Suze Orman's Ultimate Retirement Guide**			**NewsHour Wk**	**As Time Goes By**	**Keep-Appear**	**Still Open All Hours**	**My Hero**	**Great Performances** Ringing in the New Year in Vienna. (N)			**Family of Us**	**Shakespeare and Hathaway -- Private**		**Austin City Limits**		**Front Row Boston**
WCFE	-	-	**Antiques Roadshow** "Junk in the Trunk 5"		**Connect NY**		**Soundscapes**	**NewsHour Wk**	**Mountain Lake**	**New York Now**	**Great Performances** Ringing in the New Year in Vienna. (N)		**★★★ "Downton Abbey"** (2019, Drama) Hugh Bonneville, Jim Carter.					**(:36) Austin City Limits**	
A&E	615	520	**(3:30) ★★ "Colombiana"** (2011, Action) Zoe Saldana.			**★★ "Transporter 3"** (2008) Jason Statham. Frank Martin becomes involved with a Ukrainian woman.					**★★ "Olympus Has Fallen"** (2013, Action) Gerard Butler. A disgraced agent must rescue the president.					**(:32) ★★ "Den of Thieves"** (2018) Gerard Butler, Pablo Schreiber.			
CNN	500	500	**CNN Special Report**		**The Seventies**		**The 2000s**		**The Nineties**		**The Eighties**		**Jimmy Carter: Rock and Roll President** (N)				**The Sixties**		**The Six**
DISC	520	505	**Lone Star Law** "Deadly Spill" (N)		**Lone Star Law** "Sunk in Seconds" (N)		**Lone Star Law** "Lake Showdown" (N)		**Lone Star Law** "Sparking Disaster"		**Street Outlaws: No Prep Kings** Racers are in the home stretch. (N)				**Street Outlaws: No Prep Kings: Team Attacks** Kye Kelley aims to dominate the race.				**Street Outlaws**
DRAMA	620	523	**Bones** "The Next in the Last"		**Bones** Booth goes missing.		**Bones** Arastoo makes a significant decision.		**Bones** Remains are found at a fish farm.		**Bones** The death of a real estate agent.		**Bones** "The Teacher in the Books"		**Bones** The team investigates a bakery.		**Bones** The death of a mini-golf superstar.		**Bones**
HIST	522	506	**Forged in Fire: Beat the Judges**		**Forged in Fire: Beat the Judges**		**Forged in Fire: Beat the Judges**		**Forged in Fire**		**Forged in Fire**		**Forged in Fire**		**Forged in Fire** Bone Daddy Fantasy Seax.		**Forged in Fire: Beat the Judges**		**Forged in Fire: Beat**
PARMT	628	584	**(:04) Yellowstone**		**(:04) Yellowstone** "All for Nothing"		**(5:58) Yellowstone** "The Beating"		**Yellowstone** "I Killed a Man Today"		**Yellowstone** Jamie confronts his past.		**Yellowstone** "The World Is Purple"		**Auction Hunters**	**Auction Hunters**	**Auction Hunters**	**Auction Hunters**	**Auction Hunters**
RDI	126	730	**L'info** (N) (SC)	**Rad** (N) (SC)	**Le télé-journal**	**L'épicerie** (SC)	**Le télé-journal**	**Découverte** (N) (Part 4 of 5) (SC)		**(:31) Le national**	**(:01) Les grands reportages** (SC)		**Le télé-journal**	**La facture** (SC)	**Le télé-journal**	**Le national** (N)	**Le national** (N)	**Journal France 2**	**Le télé-journal**
SHOW	616	521	**(3:30) ★★ "Suicide Squad"** (2016, Action) Will Smith. Armed supervillains unite to battle a powerful entity.					**★★ "Justice League"** (2017) Ben Affleck. Batman, Wonder Woman and other heroes unite to battle evil.					**★★★ "Wonder Woman"** (2017) Gal Gadot, Chris Pine. Wonder Woman discovers her full powers and true destiny. (DVS)						**★★ "Man of Steel"**
SLICE	601	562	**(2:30) ★★ "Pitch Perfect 2"** (2015)		**★★ "Pitch Perfect 3"** (2017) Anna Kendrick, Hailee Steinfeld, Rebel Wilson. (DVS)				**★★★ "The Wedding Singer"** (1998) Adam Sandler, Drew Barrymore. (DVS)				**★★★ "Pitch Perfect"** (2012) Anna Kendrick. College students enter an a cappella competition. (DVS)				**★★ "Pitch Perfect 2"** (2015)	
TLC	521	560	**My 600-Lb. Life: Where Are They Now?** Cillas must face his childhood.				**My 600-Lb. Life** "Angel's Story"		**My 600-Lb. Life** "Joe's Story"		**1000-Lb. Sisters** (N)		**1000-Lb. Sisters** (N)		**1000-Lb. Sisters** (N)		**1000-Lb. Sisters** (N)		**1000-Lb. Sisters**
TSN	400	400	**Fiesta Bowl**	**Rose Bowl** Utah vs Ohio State. (N) (Live)							**Football Pregame**	**Allstate Sugar Bowl** Baylor vs Ole Miss. (N) (Live)							**SC Top Funniest**
YOUTH	551	542	**(3:30) ★★★ "Sing"** (2016) (DVS)				**★★★ "Trolls"** (2016) (DVS)				**Dylan**	**Dylan**	**★★★ "Trolls"** (2016) (DVS)				**Degrassi**	**Degrassi**	**Dylan**

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Bruck Museum combines heritage and culture

By Taylor McClure
Special to The Record

The Bruck Museum (Musée Bruck) is a significant cultural and heritage landmark in Brome-Missisquoi. The building dates back to 1874, once an Eastern Townships Bank, and it serves as a reminder of an important textile industry that once dominated the town of Cowansville. It also houses a permanent exhibition of the Bruck-Lee collection, made up of Canadian artwork dating from 1891 to 1980, and the Lee-Vermeille collection, a sponsored project that dresses the museum walls in contemporary art and its gardens with sculptures. Built in the Second Empire style, the building served various roles over the years, and became important to the community with the establishment of the Bruck Mills factory in 1922.

Bruck Mills was started by Isaac Bruck and his business partner Leopold Lee who arrived in Cowansville in 1921.

They wanted to open a silk refining mill in the town because it possessed the workforce needed and it was close to both Montreal and the United States. The businessmen eventually took over an old munitions factory in order to open Bruck Mills in 1922.

When the factory first opened its doors, it had a workforce of about 30 people, but that number quickly grew. By 1945, the factory employed over 1,000 people.

Its investment in the arts came around when Lee married Eugenie Smart in 1923. She wanted Bruck Mills to invest in the culture of the town. She was convincing enough that the company bought the building where we find the Bruck Museum today.

According to Record archives, the building was the home of the Vilas family and it came up for sale in 1941. After purchasing the building, the Bruck Social Club was formed.

The building was used to house managers who came to town for training and in 1956 the Cowansville Art Center was established. The Bruck Club provided the arts centre with office and gallery space, it paid for publicity and insurance on a large permanent collection, and it supplied wine and cheese for gallery openings.

When Bruck started to lose money in the 70s, Bruck Mills was sold to Consolidated Textiles and it shut down the Bruck Social Club to cut costs and the arts centre collapsed. The permanent collection, known as the Bruck-Lee collection, was donated to town hall and kept in seclusion. It was described as a tragic loss for the town.

In 1979, Peter Taran, then president of the Consolidated Textiles, turned the building over to the town and it ceded the land after approval from the Foreign Investment Review Board. Mayor Rosaire Raymond said at the time that it was "the trademark of the good corporate citizens who selected Cowansville as the ideal place for their industrial location because of the quality of life, social peace, complete line of sports, culture and recreational facilities, and geographical location..."

At the beginning of the 1980s, the building served as the Seniors Centre, a tourism office, and it once again started to provide gallery space for art exhibits in 1984.

In 2005, the Conseil des monuments et sites du Québec awarded the Certificate of Honour to the Bruck House as a result of the installation of the tourist reception office and the art exhibitions in the heritage building.

The Bruck Museum was inaugurated a few years later on June 16, 2009. It became the home of the Cowansville Historical Society and continued to serve as a gallery space with the Bruck-Lee Collection and the Lee-Vermeille collection on permanent display.

The Bruck-Lee Collection consists of Canadian artwork dating from 1891 to 1980, including a piece from Alexander Young Jackson, the founder of the famous Group of Seven, a male dominated group of artists in Montreal. The collection also includes works from and the Royal Canadian Academy, as well as members of the Beaver Hall Group, a collection of Montreal artists that shared a studio and provided female artists with a space to create and share their work,.

The Lee-Vermeille collection, which coincided with the museum's inauguration, was a sponsored project and the collection consists of garden sculptures and contemporary paintings. Each year, a new work is added to the collection.

Bruck Museum serves as the first stop on the Chemin des Cantons heritage tour and it is located at 225 Rue Principale, Cowansville. It is free for visitors and is an opportunity to explore Cowansville's cultural and industrial heritage.



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Your week on TV

SUNDAY DAYTIME — JANUARY 2, 2022

	Bell	Star	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30
WCAX 3	-	-	**Channel 3 News Sunday Morning** (N)		**CBS News Sunday Morning** (N)		**Face the Nation** (N)			**All In With Laila Ali**	**The NFL Today** (N) (Live)		**NFL Football** Jacksonville Jaguars at New England Patriots. (N) (Live)					
WPTZ 5	-	-	**Sunday Today With Willie Geist** (N)		**Meet the Press** (N)		**NBC 5 In Depth**	**Soledad O'Brien**	**Chicago Fire** Boden's job is on the line.		**Major Crimes** "Special Master Part Two"		**Sports Gone Wild**		**All-American Dream**		**Monster Jam**	
CBMT 6	206	301	**Coronation Street**	**Coronation Street**	**Coronation Street**	**Coronation Street**	**Coronation Street**	**Coronation Street**	**Still Standing**	**Still Standing**	**Our Montreal**		**To Be Announced**				**Still Standing**	**Still Standing**
CHLT 7	107	718	**(7:57) ★★ "Un homme dévoué"** (2016, Drame) Eddie Murphy, Britt Robertson. (SC)				**(:01) ★ "Une seconde chance"** (2014) Michelle Monaghan. L'enterrement d'un ami réunit deux anciens amoureux. (SC)					**La victoire de l'amour**	**Infopublicité** (SC)	**Les looney tunes**	**★★ "Shrek le troisième"** (2007) Voices of Mike Myers. (SC)			**"L'espace"**
WMTW 8	-	-	**Good Morning America** (N)		**This Week W/ George Stephanopoulos**		**Soledad O'Brien**	**TOTAL MAINE**	**Outback Adv**	**Hearts of Heroes** (EI)	**Teen Kids News**	**Made in Hollywood**	**The Chef's Kitchen**	**Retire Now TV**	**AKC National Championship** (N)			
CKSH 9	108	-	**Les aventures**	**14 mille millions**	**Organisation**	**(:45) Sonic Boom**	**(9:59) Le jour du Seigneur** (N) (SC)		**Découverte** (N) (SC)		**Téléjournal**	**La semaine verte** (Part 2 of 2) (SC)		**On s'aime en chien**	**Être humain** (N) (SC)		**Langevin, tours de ville** (DVS) (SC)	
CKMI 11	-	-	**Fire Masters** "Hearts on Fire" (DVS)		**Paid Program**	**Paid Program**	**Joel Osteen** (N)	**Paid Program**	**The West Block** (N)	**Beyond the Po**	**Masters of Flip** "Shaky Ground" (DVS)		**ET Canada Weekend**		**Matchmaker Mysteries** "A Killer Engagement" A fiancé becomes a murder suspect.			
CFCF 12	205	312	**etalk**	**The Social**	**Cash Cab**	**Paid Program**	**Jade Fever**	**Church of the Rock**	**Question Period** (N)		**The Guild Garage**	**The Guild Garage**	**NFL Football** Teams TBA. (N) (Live)					
WVNY 22	-	-	**Good Morning America** (N)		**This Week W/ George Stephanopoulos**		**To Be Announced**	**The Key of David**	**AAA Benefits**	**Paid Program**	**Paid Program**	**Paid Program**	**NOTHING Grows Hair Better Than THIS**		**AKC National Championship** (N)			
WUTV 30	-	-	**The Ernest Angley Hour**		**FOX News Sunday** (N)		**Sharyl Attkisson**	**The Key of David**	**FOX NFL Kickoff** (N) (Live)		**FOX NFL Sunday** (N) (Live)		**NFL Football** Atlanta Falcons at Buffalo Bills. (N) (Live)					
CFKS 31	106	726	**Défi biscuits des Fêtes** "Noël artisanal"		**Noovo Le Fil week-end** (N) (SC)		**RPM** Le Nissan Rogue SL Platinum 2021.		**RPM plus** Le carburant synthétique. (SC)		**Infopublicité** (SC)	**Infopublicité** (SC)	**★★ "L'ère de glace: les lois de l'univers"** (2016, Enfants) (SC)			**(:45) ★★ "Le parc des merveilles"** (2019) Voices of Jennifer Garner.		
WUHF	-	363	**Science Now** (N)	**Under Eye Bags?**	**FOX News Sunday** (N)		**Sharyl Attkisson**	**Buffalo Plus** (N)	**FOX NFL Kickoff** (N) (Live)		**FOX NFL Sunday** (N) (Live)		**NFL Football** Atlanta Falcons at Buffalo Bills. (N) (Live)					
WETK	-	-	**Hero Elementary**	**Alma's Way**	**Curious George**	**Daniel Tiger**	**Donkey Hodie**	**Elinor Wonders**	**Weekend-Yank**	**Vermont This Week**	**Made Here** Distillery industry in Vermont.		**United in Song: Celebrating the American Dream**			**Family of Us**	**Feel Better With Pressure Point Therapy**	
WCFE	-	-	**Arthur** (EI)	**Wild Kratts**	**Washington Week**	**Scully: World**	**Mountain Lake**	**New York Now**	**Seeing Canada**	**Articulate-Jim**	**Land Girls** Life-and-death situation.		**Land Girls** "Secrets"		**Land Girls** Joyce hides her AWOL husband.		**Tell Me More**	**Downton Abbey**
A&E	615	520	**Court Cam**	**Court Cam**	**Court Cam**	**Court Cam**	**Court Cam**	**Court Cam**	**Court Cam** "Top 10 Moments of 2021"		**★★★ "John Wick: Chapter 2"** (2017, Action) Keanu Reeves, Common. Legendary hit man John Wick takes on deadly killers in Rome.						**★★★ "John Wick"** (2014) Keanu Reeves.	
CNN	500	500	**Inside Politics**		**State of Union**		**Fareed Zakaria GPS**		**Reliable Sources Brian**		**State of Union**		**CNN Newsroom**		**CNN Newsroom**		**CNN Newsroom**	
DISC	520	505	**Lone Star Law** "Guns and Meth" (N)		**Lone Star Law** "Wild Riders" (N)		**Lone Star Law** "No License to Kill" (N)		**Lone Star Law** "Hunter Games" (N)		**Lone Star Law** "Blood Evidence" (N)		**Louisiana Law** "Monster Crabber" (N)		**Louisiana Law** "Road Killer" (N)		**Louisiana Law** "Mr. Bad Guy" (N)	
DRAMA	620	523	**Bones** An escape artist's corpse is found.		**Bones** A political journalist is murdered.		**Bones** "The Cowboy in the Contest"		**Bones** A police officer is murdered.		**Bones** A public defender is murdered.		**Bones** "The Murder of the Meninist"		**Bones** A killer interacts with victims' bodies.		**Bones** A murder suspect has ties to Booth.	
HIST	522	506	**Border Security**	**Paid Program**	**Forged in Fire** (Part 1 of 2)		**Forged in Fire** (Part 2 of 2)		**Forged in Fire**		**Forged in Fire** Smiths re-create the Nimcha.		**Forged in Fire** "Memory Game"		**Great Escapes With Morgan Freeman**		**Great Escapes With Morgan Freeman**	
PARMT	628	584	**Yellowstone** Jamie confronts his past.		**Yellowstone** "The World Is Purple"		**(:08) Yellowstone** The attack on the Duttons continues.			**(:22) Yellowstone** "Phantom Pain"		**(:26) Yellowstone** "All I See Is You"		**(:28) Yellowstone** "Winning or Learning"		**(:32) Yellowstone** "Under a Blanket of Red"		**(:32) Yellowstone**
RDI	126	730	**RDI matin weekend** (N) (SC)		**RDI matin weekend** (N) (SC)		**L'info** (N) (SC)	**L'info** (SC)	**L'info** (N) (SC)	**L'info** (SC)	**Téléjournal**	**Téléjournal**	**Ça commence**	**L'info** (N) (SC)	**L'info** (N) (SC)	**L'info** (SC)	**L'info** (N) (SC)	**L'info** (SC)
SHOW	616	521	**(7:00) "Ann Rule's Circle of Deception"**		**★★ "Suicide Squad"** (2016, Action) Will Smith, Jared Leto. Armed supervillains unite to battle a powerful entity. (DVS)						**★★ "Justice League"** (2017) Ben Affleck. Batman, Wonder Woman and other heroes unite to battle evil. (DVS)					**★★★ "Wonder Woman"** (2017, Action) Gal Gadot. (DVS)		
SLICE	601	562	**Paid Program**	**Paid Program**	**Paid Program**	**ET Canada Weekend**		**★★★ "Pitch Perfect"** (2012) Anna Kendrick. College students enter an a cappella competition. (DVS)					**★★★ "The Wedding Singer"** (1998) Adam Sandler, Drew Barrymore. (DVS)				**★ "Blended"** (2014) Adam Sandler.	
TLC	521	560	**Sister Wives** "Not Social but Very Distant"		**Sister Wives** "Cistern Wives"		**Sister Wives**		**Sister Wives** "No Head Wife"		**90 Day Fiancé: Before the 90 Days**		**90 Day Fiancé: Before the 90 Days**		**90 Day Fiancé: Before the 90 Days**		**90 Day Fiancé: Before the 90 Days**	
TSN	400	400	**(7:50) Spanish Primera División Soccer** Getafe vs Real Madrid. (N) (Live)				**SportsCentre**		**SportsCentre**		**2022 IIHF World Junior Championship** Relegation Game: Teams TBA. (N) (Live)					**2022 IIHF World Junior Championship** First Quarterfinal: Teams TBA.		
YOUTH	551	542	**Sponge.**	**Loud**	**Koral**	**Patrick**	**Sponge.**	**Loud**	**Dragons**	**Casagran**	**★★ "Turbo"** (2013) Voices of Ryan Reynolds.				**Barbie**	**Casagran**	**Loud**	**Sponge.**

SUNDAY EVENING — JANUARY 2, 2022

	Bell	Star	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	**NFL Today Postgame** (N) (Live)		**Lucas Oil Pro Pulling League**		**Channel 3 News**	**Weekend News**	**60 Minutes** (N)		**The Equalizer** "Separated" (N)		**NCIS: Los Angeles** "Lost Soldier Down"		**S.W.A.T.** Deacon and Chris are attacked.		**Channel 3 News**	**Greta Van Susteren**	**Game Time**
WPTZ 5	-	-	**Monster Energy Supercross Preview**		**DRL Drone Racing** (Taped)		**NBC5 News at 6**	**Nightly News**	**Football Night in America** (N) (Live)		**(:20) NFL Football** Minnesota Vikings at Green Bay Packers. (N) (Live)						**NBC5 News**		**Soledad O'Brien**
CBMT 6	206	301	**Still Standing**	**Still Standing**	**Still Standing**	**Still Standing**	**Still Standing**	**Still Standing**	**Heartland** (DVS)		**The Great Canadian Baking Show** (N)		**A Suitable Boy**		**The National** (N)		**CBC Montreal**	**Exhibitionists**	**CBC Docs POV**
CHLT 7	107	718	**(3:45) ★★ "L'espace qui nous sépare"** (2017, Aventures) Gary Oldman. (DVS) (SC)				**TVA nouvelles** (N)	**Vlog** Les vidéos marquantes de l'année.		**Ça commence bien l'année** Les émissions de l'hiver à TVA. (N)		**(:07) "Le trip à trois"** (2017) Mélissa Désormeaux-Poulin, Martin Matte. (DVS) (SC)					**(:01) TVA Nouvelles**	**(:31) ★★ "Cinquante nuances de Grey"**	
WMTW 8	-	-	**(2:00) AKC National Championship** (N)		**MyDestination.TV**	**Stitch**	**WMTW News 8 at**	**World News**	**America's Funniest Home Videos** (N)		**Celebrity Wheel of Fortune** (N)		**Supermarket Sweep** (N) (DVS)		**The Rookie** "Heart Beat" (N)		**WMTW News 8**	**Soledad O'Brien**	**Major Crimes**
CKSH 9	108	-	**Casse-Noisette** À la Place des Arts de Montréal. (SC)				**Téléjournal Estrie**	**Découverte** (N) (Part 5 of 5) (SC)		**Bébéatrice**	**À l'année prochaine 2021**		**Les coulisses du Bye bye 2021**		**Le téléjournal**	**★★★ "Appelle-moi par ton nom"** (2017) Armie Hammer, Timothée Chalamet. (DVS) (SC)			
CKMI 11	-	-	**Island of Bryan** "Welcome to Bryland"		**48 Hours**		**Global News at 6**	**Global National**	**60 Minutes** (N)		**The Equalizer** "Separated" (N)		**NCIS: Los Angeles** "Lost Soldier Down"		**S.W.A.T.** Deacon and Chris are attacked.		**Global News**	**The West Block**	**Global National**
CFCF 12	205	312	**NFL Football**	**(:25) NFL Football** Teams TBA. (N) (Live)						**NFL on CTV Live**	**Next Level Chef** (Series Premiere) (N)		**Celebrity Wheel of Fortune** (N)		**The Rookie** "Heart Beat" (N)		**News-Rinaldo**	**etalk**	**Big Bang Theory**
WVNY 22	-	-	**(2:00) AKC National Championship** (N)		**Monkees**	**Monkees**	**World News**	**Local 22 News** (N)	**America's Funniest Home Videos** (N)		**Celebrity Wheel of Fortune** (N)		**Supermarket Sweep** (N) (DVS)		**The Rookie** "Heart Beat" (N)		**Local 22 News** (N)	**Graham Bensinger**	**Graham Bensinger**
WUTV 30	-	-	**NFL Football**	**(:25) NFL Football** Los Angeles Rams at Baltimore Ravens. (N) (Live)						**The OT** (N)	**Next Level Chef** (Series Premiere) (N)		**The Simpsons** (N)	**The Great North** (N)	**News**	**Sharyl Attkisson**	**Ring of Honor Wrestling** (N)		**Big Bang Theory**
CFKS 31	106	726	**"Le parc des"**	**(:20) ★★ "Johnny English renaît"** (2011) Rowan Atkinson, Gillian Anderson. (SC)				**★★ "Hors de moi"** (2011, Suspense) Liam Neeson. Une victime d'un accident reprend connaissance. (DVS) (SC)				**★ "Sur la corde raide"** (2015, Suspense) John Travolta, Kate Bosworth. (DVS) (SC)					**★★ "Le jeu du défi"** (1987) Arnold Schwarzenegger. Premiere.		
WUHF	-	363	**NFL Football**	**(:25) NFL Football** Los Angeles Rams at Baltimore Ravens. (N) (Live)						**The OT** (N)	**Next Level Chef** (Series Premiere) (N)		**The Simpsons** (N)	**The Great North** (N)	**News at 10**	**Sharyl Attkisson**	**Big Bang Theory**	**Big Bang Theory**	**Austin**
WETK	-	-	**Il Volo -- Tribute to Ennio Morricone**			**NewsHour Wk**	**The Queen's Castle** "The Banquet"		**Lucy Worsley's Royal Myths & Secrets**		**Around the World in 80 Days**		**★★★ "Downton Abbey"** (2019, Drama) Hugh Bonneville, Jim Carter.				**(:06) Call the Midwife**		**Around the World**
WCFE	-	-	**Downton Abbey**	**(:40) Downton Abbey on Masterpiece** (DVS)			**(5:53) ★★★ "Downton Abbey"** (2019, Drama) Hugh Bonneville, Jim Carter.				**Around the World in 80 Days**		**All Creatures Great and Small on Masterpiece**		**All Creatures Great and Small: Between the Pages**				**Secrets-London**
A&E	615	520	**(3:00) ★★★ "John Wick"** (2014)		**★★★ "John Wick: Chapter 2"** (2017, Action) Keanu Reeves. Legendary hit man John Wick takes on deadly killers in Rome.						**★★★ "John Wick: Chapter 3 -- Parabellum"** (2019) Keanu Reeves. Hit man John Wick battles the world's top assassins.						**(:04) ★★★ "John Wick"** (2014, Action) Keanu Reeves.		
CNN	500	500	**CNN Newsroom**		**CNN Newsroom**		**CNN Newsroom**		**CNN Newsroom**		**CNN Newsroom**		**Carole King and James Taylor**				**The Seventies**		**Carole**
DISC	520	505	**Louisiana Law** "Spy in the Sky" (N)		**Louisiana Law** "Blind Rage" (N)		**Louisiana Law** "Deer in the Headlights" (N)		**Louisiana Law**		**Aussie Gold Hunters** (N) (DVS)		**Outback Opal Hunters** (N) (DVS)		**Bering Sea Gold** (N) (DVS)		**Lone Star Law** "Bracing for Impact"		**Lone Star Law**
DRAMA	620	523	**Bones** "The Fight in the Fixer"		**Bones** An a cappella singer is murdered.		**Bones** "The Secret in the Service"		**Bones** "The Movie in the Making"		**Bones** "The Head in the Abutment"		**Bones** Investigating a headless corpse.		**Bones** (DVS)		**Bones** An escape artist's corpse is found.		**Bones**
HIST	522	506	**Great Escapes With Morgan Freeman**		**Great Escapes With Morgan Freeman**		**Great Escapes With Morgan Freeman**		**Great Escapes With Morgan Freeman**		**Great Escapes With Morgan Freeman**		**Great Escapes With Morgan Freeman**		**The Curse of Oak Island: Drilling Down**		**Great Escapes With Morgan Freeman**		**Great Escapes**
PARMT	628	584	**(3:32) Yellowstone**	**(:36) Yellowstone** John is put in an awkward position.			**(5:48) Yellowstone**		**(6:50) Yellowstone**		**Yellowstone** Jamie's fateful choice under blackmail.		**(:36) 1883** "River" James butts heads with Shea and Thomas. (N)						**Yellowstone**
RDI	126	730	**L'info** (N) (SC)	**Zone économie**	**Le téléjournal**	**La facture** (SC)	**Le téléjournal**	**Être humain** (SC)		**(:31) Le national**	**(:01) La semaine verte** (SC)		**Le téléjournal**	**L'épicerie** (SC)	**Le téléjournal**	**Le national** (N)	**Le national** (N)	**Journal France 2**	**Le téléjournal**
SHOW	616	521	**(2:30) ★★★ "Wonder Woman"** (2017) Gal Gadot. (DVS)		**★★★ "The Dark Knight Rises"** (2012, Action) Christian Bale, Anne Hathaway, Tom Hardy. Batman faces a masked villain named Bane. (DVS)								**★★ "X-Men: Apocalypse"** (2016, Action) James McAvoy. Professor X and Raven battle the immortal mutant Apocalypse. (DVS)						**"Dark Knight"**
SLICE	601	562	**(3:00) ★ "Blended"** (2014) Adam Sandler. (DVS)		**★★ "Snow White & the Huntsman"** (2012, Fantasy) Kristen Stewart, Charlize Theron. (DVS)						**The Real Housewives of Atlanta** (N)		**The Real Housewives of Salt Lake City** (N)				**★ "Blended"** (2014) Adam Sandler. Two single-parent families are stuck together at a resort. (DVS)		
TLC	521	560	**90 Day Fiancé: Before the 90 Days**		**90 Day Fiancé: Before the 90 Days**		**90 Day Fiancé: Before the 90 Days** Ella longs to meet her prince, Johnny.				**90 Day Fiancé: Before the 90 Days** "Ghosts From the Past" Kim suspects sabotage. (N)				**(:01) Sister Wives** (N)		**(:02) 90 Day Fiancé: Before the 90 Days**		**90 Day Fiancé**
TSN	400	400	**2022 IIHF World Junior Championship**		**2022 IIHF World Junior Championship** Second Quarterfinal: Teams TBA. (N) (Live)				**2022 IIHF World Junior Championship** Third Quarterfinal: Teams TBA. (N) (Live)						**2022 IIHF World Junior Championship** Fourth Quarterfinal: Teams TBA. (N) (Live)				
YOUTH	551	542	**Loud**	**Casagran**	**Sponge.**	**Sponge.**	**★★ "Turbo"** (2013) (DVS)				**Danger**	**Danger**	**The Hardy Boys**		**Carn Eats**	**Carn Eats**	**Degrassi**	**Degrassi**	**iCarly**

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Your week on TV

MONDAY EVENING — JANUARY 3, 2022

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	**Channel 3 News at Six** (N)		**CBS Evening News**	**Entertainment Tonight** (N)	**The Neighborhood** (N)	**Bob Hearts Abishola** (N)	**NCIS** Classified Navy software is stolen. (N)		**NCIS: Hawai'i** "Lost" Contraband weapons are found.		**Channel 3 News**	**(:35) The Late Show With Stephen Colbert** (N)	
WPTZ 5	-	-	**NBC5 News at 6** (N)	**NBC Nightly News - Holt**	**Jeopardy!** (N)	**Wheel of Fortune** (N)	**Kenan** "Dating App"	**Kenan** Kenan offends Tami.	**That's My Jam** Celebrities play music games.		**Ordinary Joe** Cop Joe and Amy confront hard truths. (N)		**NBC5 News at 11** (N)	**(:34) The Tonight Show Starring Jimmy Fallon**	
CBMT 6	206	301	**CBC Montreal News** (N)	**Rick Mercer Report**	**Coronation Street** (N)	**Family Feud Canada** (N)	**Murdoch Mysteries** (N) (DVS)		**Victoria** (N) (DVS)		**The National** (N)		**CBC Montreal News** (N)	**Maamuitaau**	**Coronation Street**
CHLT 7	107	718	**(5:58) TVA nouvelles** (N)	**(:29) Le tricheur** (SC)	**(6:59) La tour** (N) (SC)	**Bloopers TVA** "43" (SC)	**L'échappée** Fabien refuse de parler à la police. (N) (SC)		**Alertes** "L'eau qui dort" Pelletier confronte Marc-André.		**TVA nouvelles** (N)	**(:35) La tour** (SC)	**(:05) ★★★ "King Kong"** (2005, Aventures) Naomi Watts, Jack Black. (DVS) (SC)		
WMTW 8	-	-	**WMTW News 8 at 6PM** (N)	**ABC World News**	**Wheel of Fortune** (N)	**Jeopardy!** (N)	**The Bachelor** (Season Premiere) Clayton's journey to find love begins. (N) (DVS)				**(:01) Abbott Elementary**	**(:31) black-ish** (DVS)	**WMTW News 8 at 11** (N)	**(:35) Jimmy Kimmel Live!**	
CKSH 9	108	-	**(5:59) Le téléjournal Estrie**	**Le grand rire de...**	**District 31** (N) (DVS) (SC)	**L'oeil du cyclone**	**Une autre histoire** Bianka se réfugie chez Simon. (N)		**Doute raisonnable** "Un doute raisonnable"		**Le téléjournal** (N) (SC)	**Le téléjournal Estrie** (SC)	**(10:58) On va se le dire**		
CKMI 11	-	-	**Global National** (N)	**(:29) Global News at 6:30**	**ET Canada** (DVS)	**Entertainment Tonight** (N)	**The Neighborhood** (N)	**Abbott Elementary**	**NCIS** Classified Navy software is stolen. (N)		**NCIS: Hawai'i** "Lost" Contraband weapons are found.		**Global News at 11** (N)	**(:35) The Late Show With Stephen Colbert** (N)	
CFCF 12	205	312	**CTV News Montreal** (N)		**etalk** (N)	**Bob Hearts Abishola** (N)	**9-1-1: Lone Star** An ice storm results in emergencies.		**(:01) The Cleaning Lady** Thony begins a double life.		**Transplant** Bash meets a woman from his past.		**Lisa LaFlamme**	**CTV News Montreal** (N)	**The Daily Show**
WVNY 22	-	-	**Local 22 News** (N)	**ABC World News**	**Local 22 News** (N)	**Inside Edition** (N)	**The Bachelor** (Season Premiere) Clayton's journey to find love begins. (N) (DVS)				**(:01) Abbott Elementary**	**(:31) black-ish** (DVS)	**Local 22 News** (N)	**(:35) Jimmy Kimmel Live!**	
WUTV 30	-	-	**The Big Bang Theory**	**Judge Judy**	**Judge Judy**	**Family Feud**	**9-1-1: Lone Star** An ice storm results in emergencies.		**(:01) The Cleaning Lady** Thony begins a double life.		**Fox 29 News at 10** (N)		**Seinfeld** "The Movie"	**Two and a Half Men**	**Two and a Half Men**
CFKS 31	106	726	**Souper parfait**	**Souper parfait**	**"Le vrai du faux"** (2014, Comédie) Stéphane Rousseau, Julie LeBreton. Premiere. Marco Valois s'intéresse à l'histoire d'un soldat. (DVS) (SC)					**(:20) Ça c'est drôle!**	**Noovo Le Fil 22** (N) (SC)	**★★★ "RoboCop"** (1987) Peter Weller. Un policier assassiné est transformé en justicier androïde. (DVS) (SC)			
WUHF	-	363	**Modern Family**	**Young Sheldon**	**The Big Bang Theory**	**The Big Bang Theory**	**9-1-1: Lone Star** An ice storm results in emergencies.		**(:01) The Cleaning Lady** Thony begins a double life.		**13WHAM News at 10 on Fox Rochester** (N) (Live)		**DailyMailTV** (N)	**The Simpsons**	**Paid Program**
WETK	-	-	**PBS NewsHour** (N)		**BBC World News Outside**	**This Old House**	**Antiques Roadshow** Verdura for Chanel cuff bracelet.		**Antiques Roadshow** The season's biggest appraisal.		**Independent Lens** Livestreaming entertainment in China. (DVS)			**Amanpour and Company** (N)	
WCFE	-	-	**World News America**	**BBC World News Outside**	**PBS NewsHour** (N)		**Antiques Roadshow** Verdura for Chanel cuff bracelet.		**Antiques Roadshow** The season's biggest appraisal.		**Secrets of the Manor House** (DVS)		**BBC World News**	**Amanpour and Company** (N)	
A&E	615	520	**The First 48** In Oklahoma, a woman is found dumped.		**The First 48** A murder tests two brothers.		**The First 48** A murder victim's friends hide a secret.		**The First 48** A woman is beaten and stabbed to death.		**(:01) The First 48** A stranger guns down a new father.		**(:04) The First 48** A man is found executed in the street.		**(12:03) The First 48**
CNN	500	500	**Situation Room With Wolf**		**Erin Burnett OutFront** (N)		**Anderson Cooper 360** (N)		**Anderson Cooper 360** (N)		**Don Lemon Tonight** (N) (Live)		**Don Lemon Tonight** (N) (Live)		**Cooper 360**
DISC	520	505	**Highway Thru Hell** "War Zone" (DVS)		**Heavy Rescue: 401** "All Around Us" (DVS)		**This Came Out of Me** (N) (DVS)		**Dirty Jobs** Mike works his hardest construction job. (N)		**Highway Thru Hell** Greg goes on his biggest recovery.		**Heavy Rescue: 401** "All Around Us" (DVS)		**This Came Out of Me**
DRAMA	620	523	**Bones** An aspiring director is killed. (DVS)		**Bones** Brennan testifies for Zach. (DVS)		**Bones** The team continues to hunt for Kovac.		**Bones** The murder of a billionaire explorer.		**Bones** A diamond is found in a corpse. (DVS)		**Bones** The team looks for The Puppeteer.		**Bones** (DVS)
HIST	522	506	**Pawn Stars** A chandelier made out of KFC buckets.		**Pawn Stars** An antique game shuffles into the shop.		**Pawn Stars** Unique piece of Kurt Cobain memorabilia.		**American Pickers** "Skateboards and Gutter Balls" (N)		**American Pickers** Mike and Frank have a blast. (N)		**Pawn Stars** Three unique items show up.		**Pawn Stars** (DVS)
PARMT	628	584	**Gone: The Forgotten Women of Ohio** "Port of No Return"		**Gone: The Forgotten Women of Ohio** "Can't Rat on a Rat"		**Yellowstone** The attack on the Duttons continues.		**Yellowstone** The Yellowstone begins planning revenge.		**Gone: The Forgotten Women of Ohio**		**Gone: The Forgotten Women of Ohio**		**Gone: The Forgotten**
RDI	126	730	**Le téléjournal avec**	**Rad** (SC)	**Le national** (N) (SC)	**(:31) Le national** (SC)	**(:01) Les grands reportages** (N) (Part 2 of 4) (SC)		**Le téléjournal avec Céline**	**Le rêve olympique** (N)	**Le téléjournal** (N) (SC)	**Le national** (N) (SC)	**Le national** (N) (SC)	**Le journal de France 2** (N)	**Le téléjournal** (SC)
SHOW	616	521	**NCIS** "Shabbat Shalom" Ziva's father visits.		**NCIS** "Shiva" The team unites to find answers.		**FBI** "Appearances" A decorated FBI agent is murdered.		**FBI** Isobel must make a difficult decision. (DVS)		**FBI: Most Wanted** "Rampage" Jess' father returns.		**NCIS** Tony's father visits for Christmas. (DVS)		**NCIS** Ziva's father visits.
SLICE	601	562	**(4:00) ★★ "The Boss"**	**★★ "The Dilemma"** (2011, Comedy) Vince Vaughn, Kevin James. A man sees his best friend's wife out with another guy. (DVS)					**Below Deck** Rayna battles her crew's transgressions.		**(:15) ★★ "Evan Almighty"** (2007) Steve Carell. God commands a newly elected congressman to build an ark.				**(12:15) Below Deck**
TLC	521	560	**Darcey & Stacey** Stacey reveals a secret talent. (N)		**Darcey & Stacey** A behind-the-scenes look. (N)		**Darcey & Stacey** Tim and Veronica are watching along.		**90 Day Fiancé** Aryanna gets some unexpected news. (N)		**(:01) 1000-Lb. Sisters** "A Very Slaton Vacation" (N)		**(:03) Darcey & Stacey**		**Darcey & Stacey**
TSN	400	400	**NFL Monday Night Countdown** (N) (Live)				**(:15) NFL Football** Cleveland Browns at Pittsburgh Steelers. (N) (Live)							**SC With Jay Onrait** (N) (Live)	
YOUTH	551	542	**Danger Force**	**Side Hustle**	**★★ "Evan Almighty"** (2007) Steve Carell. Premiere.				**Siwas Dance Pop Revolution**		**Made Up**	**Carnival Eats**	**Degrassi**	**Degrassi**	**iCarly** "iPilot"

TUESDAY EVENING — JANUARY 4, 2022

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	**Channel 3 News at Six** (N)		**CBS Evening News**	**Entertainment Tonight** (N)	**FBI** "Fostered" A string of jewelry store robberies. (N)		**FBI: International** Raines must prove his field skills. (N)		**FBI: Most Wanted** A man is using napalm-style bombs.		**Channel 3 News**	**(:35) The Late Show With Stephen Colbert** (N)	
WPTZ 5	-	-	**NBC5 News at 6** (N)	**NBC Nightly News - Holt**	**Jeopardy!** (N)	**Wheel of Fortune** (N)	**American Auto**	**Grand Crew** "Wine & Fire"	**This Is Us** The Big Three celebrate their birthday.		**(:03) New Amsterdam** "Talkin' Bout a Revolution"		**NBC5 News at 11** (N)	**(:34) The Tonight Show Starring Jimmy Fallon**	
CBMT 6	206	301	**CBC Montreal News** (N)	**Rick Mercer Report**	**Coronation Street** (N)	**Family Feud Canada** (N)	**22 Minutes** (N)	**Strays** (N) (DVS)	**Moonshine** (N) (DVS)		**The National** (N)		**CBC Montreal News** (N)	**TallBoyz** (DVS)	**Coronation Street**
CHLT 7	107	718	**(5:58) TVA nouvelles** (N)	**(:29) Le tricheur** (N)	**(6:59) La tour** (N) (SC)	**Bloopers TVA** (SC)	**Les bracelets rouges** Justin est admis à l'hôpital. (SC)		**Hôpital New Amsterdam** "14 ans, 2 mois, 8 jours"		**TVA nouvelles** (N)	**(:35) La tour** (SC)	**(:05) ★ "Un cordonnier bien chaussé"** (2014) Adam Sandler. (DVS) (SC)		
WMTW 8	-	-	**WMTW News 8 at 6PM** (N)	**ABC World News**	**Wheel of Fortune** (N)	**Jeopardy!** (N)	**Judge Steve Harvey** A fence is damaged.		**Abbott Elementary** (N)	**black-ish** (DVS)	**Queens** "Bars" Lauren deals with an overzealous fan. (N)		**WMTW News 8 at 11** (N)	**(:35) Jimmy Kimmel Live!**	
CKSH 9	108	-	**(5:59) Le téléjournal Estrie**	**Le grand rire de...**	**District 31** (N) (DVS) (SC)	**La facture** (N) (SC)	**Toute la vie** Des policiers découvrent Judeline. (N)		**5e rang** Ça ne chôme pas à la SQ. (DVS) (SC)		**Le téléjournal** (N) (SC)	**Le téléjournal Estrie** (SC)	**(10:58) On va se le dire**		
CKMI 11	-	-	**Global National** (N)	**(:29) Global News at 6:30**	**FBI: Most Wanted** A man is using napalm-style bombs.		**FBI** "Fostered" A string of jewelry store robberies. (N)		**FBI: International** Raines must prove his field skills. (N)		**(:03) New Amsterdam** "Talkin' Bout a Revolution"		**Global News at 11** (N)	**(:35) The Late Show With Stephen Colbert** (N)	
CFCF 12	205	312	**(5:59) CTV News Montreal** (N)		**etalk** (N)	**The Big Bang Theory**	**Judge Steve Harvey** A fence is damaged.		**This Is Us** The Big Three celebrate their birthday.		**(:01) Queens** Lauren deals with an overzealous fan. (N)		**Lisa LaFlamme**	**CTV News Montreal** (N)	**The Daily Show**
WVNY 22	-	-	**Local 22 News** (N)	**ABC World News**	**Local 22 News** (N)	**Inside Edition** (N)	**Judge Steve Harvey** A fence is damaged.		**Abbott Elementary** (N)	**black-ish** (DVS)	**Queens** "Bars" Lauren deals with an overzealous fan. (N)		**Local 22 News** (N)	**(:35) Jimmy Kimmel Live!**	
WUTV 30	-	-	**The Big Bang Theory**	**Judge Judy**	**Judge Judy**	**Family Feud**	**Gordon Ramsay's Road Trip** "Greek Vacation" Chef Ramsay's adventures through Greece. (N)				**Fox 29 News at 10** (N)		**Seinfeld** "The Outing"	**Two and a Half Men**	**Two and a Half Men**
CFKS 31	106	726	**Souper parfait**	**Souper parfait**	**"Les maîtres du suspense"** (2014) Michel Côté, Robin Aubert. Premiere. Un auteur à succès utilise les services d'un auteur obscur. (DVS) (SC)					**(:20) Ça c'est drôle!**	**Noovo Le Fil 22** (N) (SC)	**★★ "RoboCop 2"** (1990) Peter Weller. Robocop affronte un puissant cyborg programmé pour tuer. (DVS) (SC)			
WUHF	-	363	**Modern Family**	**Young Sheldon**	**The Big Bang Theory**	**The Big Bang Theory**	**Gordon Ramsay's Road Trip** "Greek Vacation" Chef Ramsay's adventures through Greece. (N)				**13WHAM News at 10 on Fox Rochester** (N) (Live)		**DailyMailTV** (N)	**The Simpsons**	**Paid Program**
WETK	-	-	**PBS NewsHour** (N)		**BBC World News Outside**	**Ask This Old House**	**Finding Your Roots With Henry Louis Gates, Jr.**		**Finding Your Roots With Henry Louis Gates, Jr.** (N)		**Frontline** "American Insurrection" Violence in America.			**Amanpour and Company** (N)	
WCFE	-	-	**World News America**	**BBC World News Outside**	**PBS NewsHour** (N)		**Finding Your Roots With Henry Louis Gates, Jr.**		**Finding Your Roots With Henry Louis Gates, Jr.** (N)		**Frontline** "American Insurrection" Violence in America.			**Amanpour and Company** (N)	
A&E	615	520	**Storage Wars**	**Storage Wars**	**Storage Wars**	**Storage Wars**	**Storage Wars**	**Storage Wars**	**Storage Wars** (N)	**Storage Wars** (N)	**(:01) Shipping Wars** (N)	**(:32) Shipping Wars** (N)	**(:04) Storage Wars**	**(:34) Storage Wars**	**(12:03) Storage Wars**
CNN	500	500	**Situation Room With Wolf**		**Erin Burnett OutFront** (N)		**Anderson Cooper 360** (N)		**Anderson Cooper 360** (N)		**Don Lemon Tonight** (N) (Live)		**Don Lemon Tonight** (N) (Live)		**Cooper 360**
DISC	520	505	**Highway Thru Hell** "Wreck. Recover. Repeat."		**Heavy Rescue: 401** "Anything Can Happen"		**Gold Rush: The Dirt** (N) (DVS)		**Gold Rush** Rick pivots to gold-rich paydirt. (N)		**Gold Rush: The Dirt** (N) (DVS)		**Heavy Rescue: 401** "Anything Can Happen"		**Gold Rush: The Dirt**
DRAMA	620	523	**Chicago Med** Dr. Charles learns a troubling fact.		**Chicago Med** A patient refuses to take an HIV test.		**Chicago Med** Ethan tends to a man without symptoms.		**Chicago Med** A baby is born with an addiction.		**Chicago Med** Justice is sought tor Dr. Charles.		**Chicago Med** Manning tries to help a pregnant woman.		**Chicago Med** (DVS)
HIST	522	506	**Pawn Stars** "Rap Kings; Rock Legends"		**American Pickers** Mike and Frank have a blast.		**American Pickers** "Skateboards and Gutter Balls"		**Pawn Stars** Ship-wrecked coins; blinged-out shades. (N)		**The Engineering That Built the World** (N)		**Pawn Stars** Vintage Yellow Cab hat; gumball machine.		**Pawn Stars** "Gold Rush"
PARMT	628	584	**Ink Master: Angels** Tattooing former homeless canvases.		**Ink Master: Angels** "Golden Gate Angels"		**Yellowstone** Beth gives Carter his options.		**Yellowstone** Jamie receives some surprising news.		**Ink Master: Angels** The Angels bring the heat in Miami.		**Ink Master: Angels** Hunting for Atlanta's best artist.		**Ink Master: Angels**
RDI	126	730	**Le téléjournal avec**	**Carbone** (SC)	**Le national** (N) (SC)	**(:31) Le national** (SC)	**(:01) Les grands reportages** (N) (SC)		**Le téléjournal avec Céline**	**Le rêve olympique** (N)	**Le téléjournal** (N) (SC)	**Le national** (N) (SC)	**Le national** (N) (SC)	**Le journal de France 2** (N)	**Le téléjournal** (SC)
SHOW	616	521	**NCIS** The NCIS team finds an infamous hacker.		**NCIS** "Hereafter" Vance uncovers surprising information.		**FBI** "Closure" Dana puts her career in jeopardy.		**NCIS** The team investigates a Marine's murder.		**NCIS** "Musical Chairs" A Navy musician is murdered.		**NCIS** The team investigates a car accident. (DVS)		**NCIS** "Canary"
SLICE	601	562	**The King of Queens**	**The King of Queens**	**Below Deck** Rayna battles her crew's transgressions.		**Vanderpump Rules** "Give Them Lala"		**Vanderpump Rules** "Unprogress Party" (N)		**The Real Housewives of Miami** (N)		**The King of Queens**	**The King of Queens**	**Vanderpump Rules**
TLC	521	560	**7 Little Johnstons** The Johnstons hit the beach.		**7 Little Johnstons** Trent begins searching for a new job.		**7 Little Johnstons** Trent starts his new career. (N)		**I Am Jazz** Jazz opens up to her parents. (N)		**I Am Jazz** Bonus scenes; Jazz's leave of absence. (N)		**Sister Wives** Janelle walks out on Kody.		**7 Little Johnstons**
TSN	400	400	**SportsCentre** (N) (Live)		**That's Hockey** (N)	**NBA Basketball**					**SportsCentre** (N) (Live)		**SportsCentre** (N) (Live)		**SC With Jay Onrait** (N)
YOUTH	551	542	**Dragons Nine**	**Croods**	**★★ "Escape From Planet Earth"** (2013) (DVS)				**Siwas Dance Pop Revolution**		**Made Up**	**Carnival Eats**	**Degrassi**	**Degrassi**	**iCarly**

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Your week on TV

WEDNESDAY EVENING — JANUARY 5, 2022

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	Channel 3 News at Six (N)		CBS Evening News	Entertainment Tonight (N)	The Amazing Race "We're Back!; It Can't Be That Easy" (Season Premiere) Eleven teams begin their journey. (N)				Good Sam "Pilot" Dr. Rob Griffith falls into a coma.		Channel 3 News	(:35) The Late Show With Stephen Colbert (N)	
WPTZ 5	-	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N)	Wheel of Fortune (N)	Chicago Med Med gets a new compliance officer. (N)		Chicago Fire Stella Kidd returns to Firehouse 51. (N)		Chicago P.D. The team searches for a missing child.		NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon	
CBMT 6	206	301	CBC Montreal News (N)	Rick Mercer Report	Coronation Street (N)	Family Feud Canada (N)	War of the Worlds (N) (DVS)		Diggstown (N) (DVS)		The National (N)		CBC Montreal News (N)	First Play Live	Coronation Street
CHLT 7	107	718	(5:58) TVA nouvelles (N)	(:29) Le tricheur (N)	(6:59) La tour (N) (SC)	Bloopers TVA (SC)	Les moments parfaits "Biscuit chinois" (N) (SC)		Léo "Chanson d'amour"	Le bonheur "La fuite"	TVA nouvelles (N)	(:35) La tour (SC)	(:05) ★★★ "La théorie de l'univers" (2014) Eddie Redmayne, Felicity Jones. (DVS) (SC)		
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N)	Jeopardy! (N)	The Goldbergs (N)	The Wonder Years (N)	The Conners (N)	(:31) Home Economics	The Chase James Holzhauer returns as the chaser. (N)		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live!	
CKSH 9	108	-	(5:59) Le téléjournal Estrie	Le grand rire de...	District 31 (N) (DVS) (SC)	L'épicerie (N) (SC)	Les enfants de la télé On présente des extraits inédits.		Sans rendez-vous	Les mecs (N) (DVS) (SC)	Le téléjournal (N) (SC)	Le téléjournal Estrie (SC)	(10:58) On va se le dire		
CKMI 11	-	-	Global National (N)	(:29) Global News at 6:30	ET Canada (N)	Entertainment Tonight (N)	I Can See Your Voice (Season Premiere) (N)		Abbott Elementary (N)	Ghosts "Viking Funeral"	Good Sam "Pilot" Dr. Rob Griffith falls into a coma.		Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N)	
CFCF 12	205	312	(5:59) CTV News Montreal (N)		Home Economics (N)	The Conners (N)	The Amazing Race "We're Back!; It Can't Be That Easy" (Season Premiere) Eleven teams begin their journey. (N)				Next Level Chef Teams create the ultimate steak dinner.		Lisa LaFlamme	CTV News Montreal (N)	The Daily Show
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N)	The Goldbergs (N)	The Wonder Years (N)	The Conners (N)	(:31) Home Economics	The Chase James Holzhauer returns as the chaser. (N)		Local 22 News (N)	(:35) Jimmy Kimmel Live!	
WUTV 30	-	-	The Big Bang Theory	Judge Judy "Renter Hell!"	Judge Judy	Family Feud	I Can See Your Voice (Season Premiere) (N)		Next Level Chef Teams create the ultimate steak dinner.		Fox 29 News at 10 (N)		Seinfeld "The Shoes"	Two and a Half Men	Two and a Half Men
CFKS 31	106	726	Souper parfait	Souper parfait	"Lance et compte" (2010, Drame) Denis Bouchard, Raymond Bouchard, Pat Kiely. Premiere. Un entraîneur reconstruit son équipe frappée par une tragédie. (DVS) (SC)						Noovo Le Fil 22 (N) (SC)	⋆ "RoboCop 3" (1993) Robert John Burke. Des résidents luttent contre des promoteurs immobiliers. (DVS) (SC)			
WUHF	-	363	Modern Family	Young Sheldon	The Big Bang Theory	The Big Bang Theory	I Can See Your Voice (Season Premiere) (N)		Next Level Chef Teams create the ultimate steak dinner.		13WHAM News at 10 on Fox Rochester (N) (Live)		DailyMailTV (N)	The Simpsons	Under Eye Bags?
WETK	-	-	PBS NewsHour (N)		BBC World News Outside	Samantha Brown Place	Nature "Living Volcanoes" Active volcanoes.		NOVA The risks of sky-high buildings. (N) (DVS)		Europe's New Wild (Part 2 of 6)		Amanpour and Company (N)		BBC World News
WCFE	-	-	World News America	BBC World News Outside	PBS NewsHour (N)		Nature "Living Volcanoes" Active volcanoes.		NOVA The risks of sky-high buildings. (N) (DVS)		"Tuning the Brain With Music" (2019, Documentary)		BBC World News	Amanpour and Company (N)	
A&E	615	520	The First 48 A tenant's eviction does not go well.		The First 48 "Taken" A man and his fiancée are executed.		The First 48 A man is shot to death on a city street.		The First 48: Playing With Fire (N)		(:01) The First 48 "Family First"		(:04) The First 48 A teenager is gunned down.		(12:03) The First 48
CNN	500	500	Situation Room With Wolf		Erin Burnett OutFront (N)		Anderson Cooper 360 (N)		Anderson Cooper 360 (N)		Don Lemon Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Cooper 360
DISC	520	505	Highway Thru Hell Al and Gord work to rescue a semi.		Heavy Rescue: 401 "A Load of Problems" (DVS)		Moonshiners Mark and Digger make a new dessert. (N)		Moonshiners: Master Distiller (N)		Moonshiners		Heavy Rescue: 401 "A Load of Problems" (DVS)		Moonshiners (DVS)
DRAMA	620	523	CSI: Crime Scene Investigation "Spellbound"		CSI: Crime Scene Investigation "Poppin' Tags"		CSI: Crime Scene Investigation "Rashomama"		CSI: Crime Scene Investigation "Time of Your Death"		CSI: Crime Scene Investigation "Up in Smoke"		CSI: Crime Scene Investigation "I Like to Watch"		CSI: Crime Scene
HIST	522	506	Forged in Fire Smiths forge a Japanese tanto dagger.		Forged in Fire Crafting knives out of torture devices.		Forged in Fire Bone Daddy Fantasy Sexa.		Forged in Fire Three smiths go head-to-head-to-head. (N)		Forged in Fire Eight armed forces members redeploy.		Forged in Fire Crafting knives out of torture devices.		Forged in Fire
PARMT	628	584	Deadliest Warrior "Aztec Jaguar vs. Zande Warrior"		Deadliest Warrior Two battlefield daredevils.		Yellowstone Lloyd is in the doghouse with Rip.		Yellowstone Beth confronts her father's houseguest.		Deadliest Warrior Attila the Hun vs. Alexander the Great.		Deadliest Warrior Hitler's troops battle the Viet Cong.		Deadliest Warrior
RDI	126	730	Le téléjournal avec	Carbone (SC)	Le national (N) (SC)	(:31) Le national (SC)	(:01) Les grands reportages "Prisons: juteux business"		Le téléjournal avec Céline	Le rêve olympique (N)	Le téléjournal (N) (SC)	Le national (N) (SC)	Le national (N) (SC)	Le journal de France 2 (N)	Le téléjournal (SC)
SHOW	616	521	NCIS Gibbs' barber comes to him for help. (DVS)		NCIS A Marine skilled in bomb detection dies.		FBI "Little Egypt" A bomb detonates at a restaurant.		NCIS "IRL" A murder is livestreamed on an app.		NCIS "The North Pole" The team helps Ziva with a task.		NCIS "Detour" Jimmy and Ducky go missing.		NCIS "Prime Suspect"
SLICE	601	562	The King of Queens	The King of Queens	Vanderpump Rules "Unprogress Party"		The Real Housewives of Miami		The Real Housewives of Orange County "A Tele-Noella"		Million Dollar Listing Los Angeles		The King of Queens	The King of Queens	Housewives/ OC
TLC	521	560	Secretly Pregnant Richanne is diagnosed with a tumor.		Secretly Pregnant Kelly's history of miscarriages.		My 600-Lb. Life (N)				Too Large Jessica is battling illnesses. (N)		Save My Skin A skin condition triggered by light. (N)		My 600-Lb. Life
TSN	400	400	SportsCentre (N) (Live)		That's Hockey (N)	NBA Basketball					SportsCentre (N) (Live)		SportsCentre (N) (Live)		SC With Jay Onrait (N)
YOUTH	551	542	Young Dylan	Danger Force	★★★ "Spy Kids" (2001) Antonio Banderas. (DVS)				Siwas Dance Pop Revolution		Made Up	Carnival Eats	Degrassi	Degrassi	iCarly

THURSDAY EVENING — JANUARY 6, 2022

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	Channel 3 News at Six (N)		CBS Evening News	Entertainment Tonight (N)	Young Sheldon (N)	(:31) United States of Al	(:01) Ghosts "Sam's Mom"	B Positive (N)	Bull "False Positive" Bull helps a grieving mother. (N)		Channel 3 News	(:35) The Late Show With Stephen Colbert (N)	
WPTZ 5	-	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N)	Wheel of Fortune (N)	The Blacklist Ressler recalls the time after Liz died. (N)		Law & Order: Special Victims Unit (N) (DVS)		Law & Order: Organized Crime "Nemesis" (N)		NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon	
CBMT 6	206	301	CBC Montreal News (N)	Rick Mercer Report	Coronation Street (N)	Family Feud Canada (N)	Dragons' Den (N) (DVS)		The Fifth Estate (N)		The National (N)		CBC Montreal News (N)	Canadian Reflections (N)	Coronation Street
CHLT 7	107	718	(5:58) TVA nouvelles (N)	(:29) Le tricheur (N)	(6:59) La tour (N) (SC)	Bloopers TVA (SC)	Le bon docteur Le Dr Glassman lance un défi. (N)		Portrait-robot Une adolescente a été enlevée. (SC)		TVA nouvelles (N)	(:35) La tour (SC)	(:05) ★★ "Indiana Jones et le royaume du crâne de cristal" (2008) Harrison Ford.		
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N)	Jeopardy! (N)	Women of the Movement "Mother and Son; Only Skin" A mother faces her worst nightmare.				(:01) Let the World See Mamie Till-Mobley's early life.		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live!	
CKSH 9	108	-	(5:59) Le téléjournal Estrie	Le grand rire de...	District 31 (N) (DVS) (SC)	Infoman (N) (SC)	1res fois Charles Lafortune et Christine Morency.		Enquête (N) (SC)		Le téléjournal (N) (SC)	Le téléjournal Estrie (SC)	(10:58) On va se le dire		
CKMI 11	-	-	Global National (N)	(:29) Global News at 6:30	ET Canada (N)	Ghosts "Sam's Mom"	Women of the Movement "Mother and Son; Only Skin" A mother faces her worst nightmare. (DVS)				Bull "False Positive" Bull helps a grieving mother. (N)		Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N)	
CFCF 12	205	312	(5:59) CTV News Montreal (N)		B Positive (N)	Young Sheldon (N)	Joe Millionaire: For Richer or Poorer "2 Joes Are Better Than 1" (Series Premiere) (N)				Transplant Bash meets a woman from his past.		Lisa LaFlamme	CTV News Montreal (N)	The Daily Show
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N)	Women of the Movement "Mother and Son; Only Skin" A mother faces her worst nightmare.				(:01) Let the World See Mamie Till-Mobley's early life.		Local 22 News (N)	(:35) Jimmy Kimmel Live!	
WUTV 30	-	-	The Big Bang Theory	Judge Judy	Judge Judy	Family Feud	Joe Millionaire: For Richer or Poorer "2 Joes Are Better Than 1" (Series Premiere) (N)				Fox 29 News at 10 (N)		Seinfeld "The Old Man"	Two and a Half Men	Two and a Half Men
CFKS 31	106	726	Souper parfait	Souper parfait	"Omertà" (2012, Policier) Michel Côté, Rachelle Lefevre. Premiere. Pierre engage Sophie pour infiltrer le monde criminel de Montréal. (DVS) (SC)					(:25) Ça c'est drôle!	Noovo Le Fil 22 (N) (SC)	★★ "Le jeu du défi" (1987) Arnold Schwarzenegger. Un homme essaie de survivre à une exécution publique.			
WUHF	-	363	Modern Family	Young Sheldon	The Big Bang Theory	The Big Bang Theory	Joe Millionaire: For Richer or Poorer "2 Joes Are Better Than 1" (Series Premiere) (N)				13WHAM News at 10 on Fox Rochester (N) (Live)		DailyMailTV (N)	The Simpsons	Forgetful? Try THIS trick!
WETK	-	-	PBS NewsHour (N)		BBC World News Outside	Rick Steves' Europe	Made Here "Voice of America"		Preserving Democracy: Pursuing a More Perfect Union Pursuit of democracy in the U.S. (N)				Amanpour and Company (N)		BBC World News
WCFE	-	-	World News America	BBC World News Outside	PBS NewsHour (N)		New Tricks The death of a teenage tennis star.		Preserving Democracy: Pursuing a More Perfect Union Pursuit of democracy in the U.S. (N)				BBC World News	Amanpour and Company (N)	
A&E	615	520	The First 48 Couple face decision when friend dies.		The First 48 Detectives chase down a car.		The First 48 "Along Came a Killer"		The First 48 Three people are executed in their home.		(:02) The First 48 Rogers has deep roots in his city. (N)		(:05) The First 48 A homeless man is beaten to death.		(12:03) The First 48
CNN	500	500	Situation Room With Wolf		Erin Burnett OutFront (N)		CNN Special Program				Don Lemon Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		CNN Special
DISC	520	505	Highway Thru Hell "A Moment's Notice" (DVS)		Heavy Rescue: 401 "Honour Guard" (DVS)		To Be Announced		BattleBots "Slash and Burn!"				Heavy Rescue: 401 "Honour Guard" (DVS)		BattleBots
DRAMA	620	523	Chicago P.D. An operation leaves a bystander shot.		Chicago P.D. A van explodes during a street festival.		Walker (N)		Project Runway "The Housewives" Designers are paired with a housewife.	Love Life (N) (DVS)			(:04) Chicago P.D. A vigilante murders pedophiles.		(12:02) Chicago P.D.
HIST	522	506	The Lost Corvette Car expert builds the lost Corvette.		Forged in Fire Three smiths go head-to-head-to-head.		Counting Cars: Under	Counting Cars: Under	Battle of the 80s Supercars With David Hasselhoff Revolutionizing the car industry. (DVS)				Rust Valley Restorers "In Rust We Trust"		Counting Cars
PARMT	628	584	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters	Yellowstone John is put in an awkward position.		Yellowstone Jimmy and Emily get closer.		Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters
RDI	126	730	Le téléjournal avec	Carbone (SC)	Le national (N) (SC)	(:31) Le national (SC)	(:01) Les grands reportages "Policier autochtone" (N)		Le téléjournal avec Céline	Le rêve olympique (N)	Le téléjournal (N) (SC)	Le national (N) (SC)	Le national (N) (SC)	Le journal de France 2 (N)	Le téléjournal (SC)
SHOW	616	521	NCIS A Navy reservist's husband goes missing.		NCIS "Berlin" Investigating a Mossad officer's murder.		FBI A prominent blogger's son is kidnapped.		NCIS Gibbs faces the reality of his actions. (DVS)		FBI: Most Wanted A man is using napalm-style bombs.		NCIS "Squall" A murder on a U.S. Navy ship.		NCIS "Chasing Ghosts"
SLICE	601	562	The King of Queens	The King of Queens	The Real Housewives of Orange County "A Tele-Noella"		Million Dollar Listing Los Angeles		Million Dollar Listing Los Angeles (N)		Below Deck Rayna battles her crew's transgressions.		The King of Queens	The King of Queens	Million Dollar LA
TLC	521	560	Extreme Cheapskates	Extreme Cheapskates	Extreme Cheapskates "Vacations"		My 600-Lb. Life "Supersized: Lucas' Journey" (N)				1000-Lb. Sisters (N)		Hoarding: Buried Alive Kathy risks losing her son forever.		My 600-Lb. Life
TSN	400	400	SportsCentre (N) (Live)		That's Hockey (N)	To Be Announced					SportsCentre (N) (Live)		SportsCentre (N) (Live)		SC With Jay Onrait (N)
YOUTH	551	542	Kamp Koral	Patrick Star	★★ "Snowtime!" (2015) Voices of Angela Gallupo.				Siwas Dance Pop Revolution		Made Up	Carnival Eats	Degrassi	Degrassi	iCarly

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Church Services

Presbyterian

LENNOXVILLE

St. Andrew's Presbyterian Church, Lennoxville. We welcome you to our worship services each Sunday morning at 10:30 a.m. with Rev. Nigel Parker.
The Word of Grace broadcast can be heard each Sunday morning on the community station CJMQ – 88.9 FM at 8:30AM. It can accessed anytime at www.cjmq.fm

United

AYER'S CLIFF-MAGOG-GEORGEVILLE

Ayer's Cliff Magog Georgeville Pastoral Charge. Sunday, January 2, both Beulah United Church in Ayer's Cliff and St. Paul's United Church in Magog will be closed for the holidays. On Sunday, January 9 we will resume our worship service with Rev. Lee Ann Hogle at 10:45 a.m. via zoom. If you would like the zoom link please call Mel Bryant at St. Paul's in Magog 819-843-3778 or Sue Young for Beulah United Church in Ayer's Cliff 819-838-5815. https://amgunited.wixsite.com/amgunited.

SHERBROOKE

The Plymouth-Trinty United Church community of faith, at 819-346-6373 and www.plymouthtrinitychurch.org in Sherbrooke, celebrates Epiphany on Sunday, January 2, at a 10:45 a.m. worship service via Zoom (access by telephone and internet). All are welcome, whether from across the street or across the world! Call or check our website for connection details. Nous célébrons l'Epiphanie avec un culte à 10 h 45 le dimanche, 2 janvier. Ce culte sera uniquement accessible par Zoom, par Internet et par téléphone. Téléphonez-nous ou consultez notre site web pour les détails. Cordiale bienvenue à tout le monde. Minister: Samuel V. Dansokho.



Your Birthday

FRIDAY, DECEMBER 31, 2021

Take the necessary steps to bring about positive change. It's up to you to make things happen, so stop waiting for someone to do the legwork for you. Use your ingenuity to find a unique way to use your skills to get ahead. Control your emotions, stick to the truth and spend only what's necessary to achieve your goal.

CAPRICORN (Dec. 22-Jan. 19) – Start supporting yourself instead of someone else, and you'll figure out the best way to move forward. Spend time with someone who can help you recognize what you have to offer.

AQUARIUS (Jan. 20-Feb. 19) – Make up your mind. Refuse to let what others do stop you from following through with your plans. Be passionate about life and the things you love to do. Set doable goals.

PISCES (Feb. 20-March 20) – Keep life simple. Don't exaggerate or let indulgence get the best of you. Pace yourself and close this year on a high note. Surround yourself with people who share your goals and beliefs.

ARIES (March 21-April 19) – Revamp your resume or rethink how best to use your skills. Plan to get involved in groups or organizations that interest you, and you'll discover a way to use your talents, knowledge and skills.

TAURUS (April 20-May 20) – Investigate possibilities that have the potential to raise your enthusiasm. If you do the legwork, you'll discover a way to turn something you enjoy doing into a lucrative pastime.

GEMINI (May 21-June 20) – Handle partnerships with caution. Leave nothing to chance, and don't give others access to your personal and financial matters. Head into the new year with a plan, but don't share it prematurely.

CANCER (June 21-July 22) – Discuss lifestyle changes, and put a plan together that encourages you to spend time with loved ones. You'll discover that you have more support than you realize. Creative input will help you immensely.

LEO (July 23-Aug. 22) – Limit indulgence and start the year off right. You'll find it rewarding to spend time with someone unique, making plans for the upcoming year and reminiscing about the days gone by.

VIRGO (Aug. 23-Sept. 22) – Put a plan in place. Get out with friends who offer a different perspective. Don't let anyone cause emotional mayhem. Embrace the shift from one year to the next with optimism and courage.

LIBRA (Sept. 23-Oct. 23) – You can't please everyone. Focus on mapping out a plan that will help you achieve your goal. It's not the time to be lazy or to let others make decisions for you. Be responsible.

SCORPIO (Oct. 24-Nov. 22) – Close one door and open another. It's time to let go of the past and walk toward the sunshine. Life is what you make it, and taking charge and following your heart will lead to new beginnings.

SAGITTARIUS (Nov. 23-Dec. 21) – You'll get upset if you overindulge or spend time with people who don't see things your way. Restrictions will help you avoid making a mistake. Don't make promises you cannot keep.

SUDOKU

DIFFICULTY RATING: ★★★★☆

		9				7		
				1		8		
			3	8	7		6	2
	8				4			
9		4		6		1		8
			8				7	
4	6		2	7	9			
		8		4				
		3				6		

12/31

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HOW TO PLAY:
Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

PREVIOUS SOLUTION

3	4	1	6	9	7	5	8	2
6	7	8	4	5	2	3	9	1
2	9	5	1	3	8	6	7	4
8	2	9	3	7	1	4	6	5
1	3	6	9	4	5	8	2	7
4	5	7	2	8	6	1	3	9
7	1	2	5	6	3	9	4	8
9	8	3	7	1	4	2	5	6
5	6	4	8	2	9	7	1	3

HOW TO PLAY:
Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

PREVIOUS SOLUTION

8	3	9	4	2	6	7	1	5
6	2	7	9	1	5	8	4	3
5	4	1	3	8	7	9	6	2
1	8	6	7	3	4	2	5	9
9	7	4	5	6	2	1	3	8
3	5	2	8	9	1	4	7	6
4	2	6	8	5	1	3	9	7
7	9	5	3	4	6	8	1	2
2	8	3	9	7	2	5	6	4

DIFFICULTY RATING: ★★★★★

SUDOKU

		1		5		2	8	
		9		8		7		
		6		2		3		
9			1		6			4
6		2				5		7
		5		3		4		
	7		6		4		8	
		3		9		1		
		4		1		9		

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1/1

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Obituaries

Death

Irene May BOOMHOUR LATHE

February 7, 1931 - December 12, 2021

Passed away peacefully in Cowansville, Quebec in her 91st year.
She leaves to mourn her sister Ruth Coburn (Dale), brother Lawrence, sisters-in-law Eleanor (late Robert) Alberta Lathe and Norma Nicolai (Aldo). Irene was predeceased by her husband Ross, siblings Alice Heap (late Don), Margaret Boomhour, Muriel Holmes (late Errol), Robert and Charles Boomhour and niece Margaret Heap (Serge). She leaves nieces Eleanor and Susan Heap, Shirley Holmes, Patricia Coburn, Dawn, Alison and Heidi Boomhour and Cynthia Nicolai; nephews Harold, Danny, Andrew and David Heap, Michael Holmes, Barry and Brian Coburn, Rob and Kevin Boomhour and Martin Nicolai; and numerous great-nephews and nieces, who were all recipients of much love and attention from Irene.
Irene loved playing the piano and the organ, including in many churches in rural Quebec as a teenager. As a young woman, she earned her living teaching and playing music in towns all over the Eastern Townships. After qualifying at MacDonald College as a teacher in her late twenties, Irene taught school in Montreal's east end, England for a year, and then back to her beloved Quebec (Baie Comeau, Franklin Centre, Kahnawake, Pointe Claire). She was a committed and a charismatic educator who saw, and nurtured, the promise in every child. Irene shared her love of music with Ross for 47 years, often accompanying his lovely tenor singing; they were also both avid Montreal sports fans. She traveled far and wide with Ross, and on her own, and their great hospitality and musical talent brought joy to many. For Irene, the mutual love and support of family and friends was the sweet core of life!
A memorial service will be held at St. Paul d'Abbotsford United Church (Quebec) later in the spring.
Condolences can be sent to Excelsoins Residence, 286-339 rue Principale, Cowansville, QC, J2K 1J4.

Death

In Memoriam

MACIVER - In memory of my dear friend, Jean MacIver, who left us one year ago.
Remembering her is easy,
I do it every day.
ALICE PRICE
Huntingville, QC

PERRON, Florence Liza Blouin (March 24, 1929 - January 1, 2018).
Dearest Mother,
Four years have passed
And your presence is dearly missed.
Were still fighting Covid-19
And its variants, like Omicron.
With vaccines and booster shots,
Masks, hand sanitizers and all.
Will it ever end?
Two new additions to our family this year.
A great-granddaughter and a great-grandson.
One great lost for us all, Dad is now with you.
We are now, without parents. Orphans.
Indeed, a lot has changed.
But you are not forgotten.
Years may pass, but our love
And bond is still strong.
We think of you every day.
We will always love you.
THE PERRON FAMILY

Speak right from the heart.
A donation in memory of a loved one is a gift of hope.
1 888 473-4636
HEART AND STROKE FOUNDATION OF QUÉBEC

Obituaries

December 27-December 31, 2021

Rémi BAILLARGEON - 1957 – 2021

Irene May BOOMHOUR LATHE - December 12, 2021

LIGNE POUMON-9
1 888 POUMON-9
Quebec Lung Association
To help you quit smoking

Date Book

Today is the 365th day of 2021 and the 11th day of winter.

TODAY'S HISTORY: In 1862, Abraham Lincoln signed a bill admitting West Virginia into the United States.

In 1879, Thomas Edison staged the first public demonstration of the electric lightbulb.

In 1999, the United States handed over complete control of the Panama Canal to Panama.

In 2020, the Word Health Organization validated the COVID-19 vaccine for emergency use.

TODAY'S BIRTHDAYS: Henri Matisse (1869-1954), artist; Elizabeth Arden (1878-1966), businesswoman; George C. Marshall (1880-1959), U.S. military commander/diplomat; Anthony Hopkins (1937-), actor; John Denver (1943-1997), singer-songwriter; Ben Kingsley (1943-), actor; Diane von Furstenberg (1946-), fashion designer; Donna Summer (1948-2012), singer; Bebe Neuwirth (1958-), actress; Val Kilmer (1959-), actor; Lance Reddick (1962-), actor; Nicholas Sparks (1965-), writer; Gabby Douglas (1995-), gymnast.

TODAY'S FACT: West Virginia, a new state created from Virginia counties that chose not to secede from the Union, was originally named Kanawha, after the Kanawha River.

TODAY'S SPORTS: In 1967, Vince Lombardi's Green Bay Packers defeated Tom Landry's Dallas Cowboys in the NFL Championship Game, 21-17, in subzero weather. The game became known as the "Ice Bowl." Green Bay went on to defeat the Oakland Raiders in Super Bowl II.

TODAY'S QUOTE: "If conversation was the lyrics, laughter was the music, making time spent together a melody that could be replayed over and over without getting stale." – Nicholas Sparks, "The Choice"

TODAY'S NUMBER: 3,987 – length in miles of the border between Canada and the lower 48 states.

TODAY'S MOON: Between last quarter moon (Dec. 26) and new moon (Jan. 2).


Fondation de Soins VILLAGE GRACE
GRACE VILLAGE Care Foundation
The mission of the Grace Village Care Foundation is to support the compassionate care of the elderly through the provision of charitable funds to Massawippi Retirement Communities (Grace Village).
To donate or for information:
Emma Muise
Foundation Coordinator
Tel: (819) 569-0546 x5033
Grace Village Care Foundation
1515 Pleasant View St.
Sherbrooke, QC, J1M 0C6
gvfoundation@masscom.ca

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Your Birthday

SATURDAY, JANUARY 1, 2022

Give yourself a once-over to see what improvements you want to make. Personal and home adjustments will give you the boost you need to start the year off with a positive frame of mind. Refrain from letting outsiders interfere or lead you astray. Do what's best for you.

CAPRICORN (Dec. 22-Jan. 19) – Rethink your financial plan and living arrangements, and figure out how to shore up your financial situation. It's up to you to take responsibility for your actions.

AQUARIUS (Jan. 20-Feb. 19) – Get moving and muster up the energy to make your dreams come true. Take responsibility, and charge into the new year aiming to make a difference. Live, love, laugh and enjoy.

PISCES (Feb. 20-March 20) – Leap forward with optimism as well as apprehension. Make sure everything is in its place before you proceed if you want to reach your target. Give your all, and good things will happen.

ARIES (March 21-April 19) – Leave nothing to chance. Go over details carefully. Ask questions and do your due diligence. Preparation is critical if you want to make your way forward. Verify all information that comes your way.

TAURUS (April 20-May 20) – Give more thought to contracts, agreements, money matters and your health before you decide to sign up for something. Don't give in to someone who doesn't have your best interest at heart.

GEMINI (May 21-June 20) – You'll feel uncertain about the future. Too much input from persuasive people will hold you back from doing what's best for you. Be honest about what you want, and don't fear doing your own thing.

CANCER (June 21-July 22) – Put love first. Share your thoughts and feelings, and make plans. Make changes that bring you closer to your dreams and improve your quality of life. It's time to venture down an exciting path.

LEO (July 23-Aug. 22) – Choose to spend quality time with someone who matters to you. Keep your spending down and your attitude mellow. Arguments will set you back emotionally and can lead to regrettable mistakes.

VIRGO (Aug. 23-Sept. 22) – Refuse to let someone disrupt your plans or your life. Look into options that will help you move toward things that raise your enthusiasm. Take control instead of being controlled.

LIBRA (Sept. 23-Oct. 23) – Don't put up with things that no longer work for you. Set your sights on making your life less stressful and more enjoyable. Surround yourself with like-minded people for optimum results.

SCORPIO (Oct. 24-Nov. 22) – Don't overspend. Touch base with uplifting people who can offer insight into the changes you want to make this year. Consider what you need to finish in order to head in a direction you want to pursue. Traveling and learning are favored.

SAGITTARIUS (Nov. 23-Dec. 21) – Don't make resolutions or promises you can't keep. Listen more and say less. Don't let a last-minute change of plans disrupt your day. Spend your time making personal improvements.

SUNDAY, JANUARY 2, 2022

Look around you and initiate change. It's up to you to surround yourself with helpful people and fun, inspiring activities. Less anger and frustration and more time spent working toward reaching your goals will lead to comfort and joy. Work hard and have fun!

CAPRICORN (Dec. 22-Jan. 19) – Step outside your comfort zone if doing so can contribute to your happiness. Looking into a new endeavor and following a dream look promising. Hard work will pay off.

AQUARIUS (Jan. 20-Feb. 19) – Focus on your responsibilities and move on to something you enjoy doing. A creative outlet will spark your imagination. Don't let changes made by others disrupt your plans.

PISCES (Feb. 20-March 20) – Be reasonable, but don't accommodate others at your expense. What you bring to the table is valuable, and if someone wants something for free, take a pass. Follow your heart and do your own thing.

ARIES (March 21-April 19) – Stay on track. Refuse to let anyone talk you into something questionable. Dig deep and find out exactly what's expected of you before you accept an offer. Take better care of your health.

TAURUS (April 20-May 20) – You'll have difficulty making up your mind. When in doubt, take a pass. Spend more time researching and studying the facts. The information you gather will encourage you to make a lifestyle change.

GEMINI (May 21-June 20) – You'll have some exciting ideas, but don't move too quickly. Do the legwork required to ensure success. Someone will mislead you if you are gullible. Leave nothing to chance.

CANCER (June 21-July 22) – Make plans with someone you love or enjoy working alongside. Certain options will encourage you to use your skills in a unique and timely fashion. Where there's a will, there's a way.

LEO (July 23-Aug. 22) – Do something refreshing, and it will help alleviate frustration. Don't let the changes going on around you stand in your way. Stability will come from doing what's right and best for you. Stop worrying!

VIRGO (Aug. 23-Sept. 22) – You've got the right idea, but uncertainty will be your downfall if you let it. Sign up for something that will broaden your horizons and bring you in touch with like-minded people.

LIBRA (Sept. 23-Oct. 23) – Stop hesitating and start doing. It's up to you to make a difference. If you expect someone to make decisions or do your work for you, nothing will change. It's time to explore the possibilities.

SCORPIO (Oct. 24-Nov. 22) – Stop worrying about what others say or do. Focus on improving your lifestyle, surroundings and emotional wellness. Positive change will help alleviate situations that bring you down.

SAGITTARIUS (Nov. 23-Dec. 21) – Put your energy to good use. Spend more time on self-improvement and less on trying to change others. Discipline, hard work and common sense will help you make better decisions. Don't get angry.

Monday horoscope on page 20

Uplifting advice heading into the New Year

Dear Annie

FRIDAY, DECEMBER 31, 2021

Dear Annie: You get a lot of letters about people whose partners fell in love with someone else, causing a rift in their partnership. I find a lot of these partners lacked communication, so I thought I'd share my story of what can happen when you just talk.

My husband and I celebrated nine years of marriage this year. During COVID-19, he worked from home and developed a lot of online friendships with people of all genders. One in particular, "Ellen," became especially close with him, and they consider each other best friends.

I noticed, though, that he seemed quite smitten with her.

So, I talked with him about it. Calmly. No judgment. No accusations. Just a simple question: "Do you have feelings for Ellen?"

He admitted he did, and we had a long discussion about what that meant. I never raised my voice. In fact, I was sympathetic, listening as he explained his worries, his guilt, his hatred of himself for falling for another woman. And I just listened. He needed a sympathetic ear, not an angry, jealous wife. I was still open about the fact that it hurt, but we talked about it calmly, like adults.

Since that initial conversation, we've continued talking about it. My husband and Ellen are very dear to each other, and I don't want to rip that from him, so I've made it clear that if he's trying to work through feelings for her, he can and should talk with me about it rather than hide it. I've also befriended Ellen since then (she knows nothing about his feelings for her) and made it clear that she can talk to me about anything, too.

It's made a massive difference while he works through this, and in the long run, it's actually made us closer. He talks to me about it when necessary, no judgment, and I can tell it takes a weight off his shoulders to do so, because of those guilty feelings. While we've never used counseling, we've both said we're open to the idea if it becomes necessary.

I realize this isn't an option for everyone, but I thought you'd appreciate what communication can do in difficult situations. – Sympathetic, Not Jealous

Dear Sympathetic: You are a candidate for sainthood, and you are being rewarded with an unusually close relationship with your husband. Thank you for sharing your experience about what honest, compassionate communication can do in a relationship – especially when you hit a rough patch.

Dear Annie: I went to buy fish recently at our local supermarket. The nicest young man waited on me. As I walked out of the store, I thought about how lucky we are to have nice help. I thought to myself, "I should have told the young man, 'Thank you for working.'"

Everyone is looking for workers. We should not only thank our workers but also tell them how much we appreciate them for coming into work every day. – Happy Shopper

Dear Happy Shopper: What a timely reminder as 2021 draws to a close. Workers such as the gentleman who helped you at the supermarket have kept food on our tables, even when many of our stores were closed for COVID-19.

There is another message buried in your letter that I want to emphasize: One friendly face has the power to make someone's day. Don't underestimate it. Pay it forward.

"Ask Me Anything: A Year of Advice From Dear Annie" is out now! Annie Lane's debut book – featuring favorite columns on love, friendship, family and etiquette – is available as a paperback and e-book. Visit http://www.creatorspublishing.com for more information

Send your questions for Annie Lane to dearannie@creators.com.

When thirty people each give $25 per month, a national campaign is organized in El Salvador to protect and collectively manage water resources. Thank you for giving.
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CELEBRITY CIPHER
by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"BY VZX GFBSO GFKG DV GFHLKGLSBSC PL VZX NKS CLG PL GZ AZ RFKG VZX RKSG ... RLII, GFKG'T RFLHL VZX'HL HBCFG." — JKI OBIPLH

Previous Solution: "Every record I've done has been done with the same amount of care, anguish, pain, suffering and joy." — Patti Smith

TODAY'S CLUE: C equals N

CELEBRITY CIPHER
by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"PGVWDG OV VOS TYO DV LYTE YOH RYES Y LMYOH-OSX ZPYMP, YONVOS TYO ZPYMP IMVR OVX YOH RYES Y LMYOH-OSX SOHFOD." — TYMA LYMH

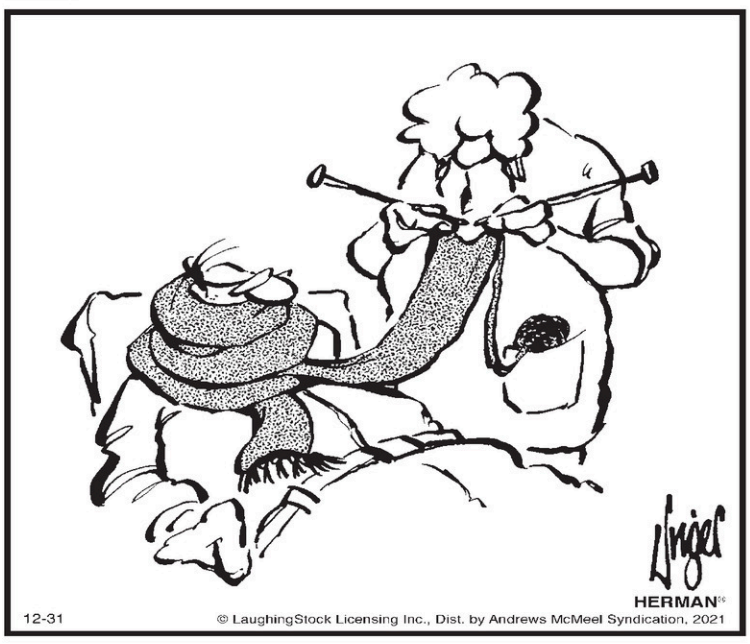
Previous Solution: "If you think that by threatening me you can get me to do what you want ... well, that's where you're right." — Val Kilmer

TODAY'S CLUE: W equals U

REALITY CHECK

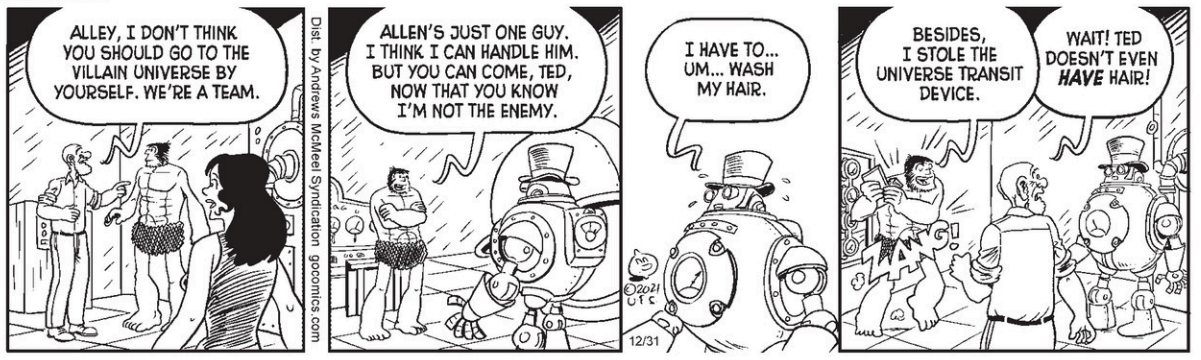


HERMAN



"Say when."

ALLEY OOP



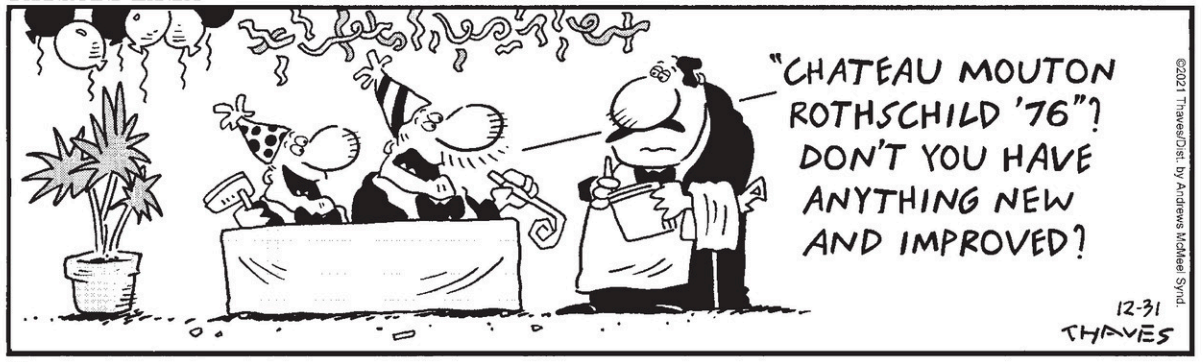
ARLO & JANIS



THE BORN LOSER



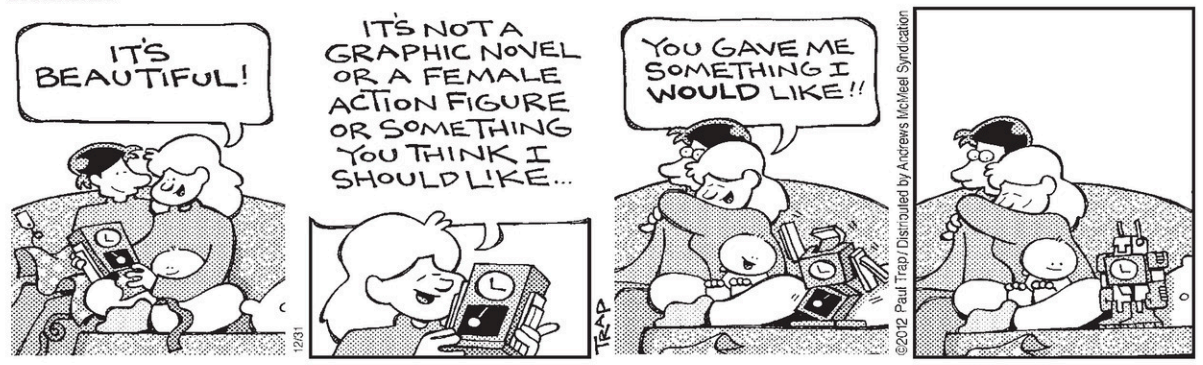
FRANK AND ERNEST



GRIZZWELLS



THATABABY





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100 Job Opportunities

AIDE COMMUNAUTAIRE DE LENNOXVILLE ET DES ENVIRONS
LENNOXVILLE AND DISTRICT COMMUNITY AID

Educator position

CONTEXT
For more than 40 years, Lennoxville & District Community Aid has offered services to seniors aged 65 and over - living in the Borough of Lennoxville in Sherbrooke, in Waterville, North Hatley and in the Canton of Hatley. Our goal is to allow seniors to preserve their autonomy and improve their quality of life.

NATURE AND SUMMARY OF THE POSITION
The work of the educator consists mainly of interaction activities, initiation into the use of technologies, support, and follow-up. In order to promote the active living of seniors in the community and to maintain their autonomy, the worker identifies the needs to be met so that they can develop their ability to call on resources that can meet their desires. The worker applies, in collaboration with the elderly, strategies aimed at promoting community life, prevention of physical and social deconditioning, recovery, and ensuring the maintenance of these individuals in their community in complete safety.

MAIN TASKS
- Plan, organize and offer services to promote the integration and social participation of seniors
- Support, lead and supervise structured activities aimed at creating self-help groups
- Promote an active lifestyle that benefits their health.
- Work in a sub-committee made up of seniors.
- Perform, as part of his duties, all other related tasks related to the nature of the position

PROFILE AND SKILLS
- Great interest in seniors and the improvement of their living conditions.
- Excellent listening skills, positive and patient attitude.
- Ability to identify problems and make decisions.
- Good organizational skills, interest in teamwork
- Ability to introduce the use of new technologies to seniors
- Discretion, integrity, flexibility, autonomy, dynamism, and professionalism.

REQUIREMENTS
- College education in a relevant field: Special Care Counselling or related field
- Experience in helping relationships, particularly with the elderly
- Knowledge of the community environment
- Bilingual (French and English – spoken and written)
- Good command of the Office suite
- "Experience in community intervention will be considered an asset"

CONDITIONS
- Full time, Monday to Friday, 32 hours per week
- Salary: $ 22.00 / hour

Interested candidates must send their curriculum vitae accompanied by a cover letter before January 12, 2022, to **SELECTION COMMITTEE**, at the following address: **direction@communityaid.ca**

CLASSIFIEDS WORK!
(819) 569-9525
THE RECORD Classifieds

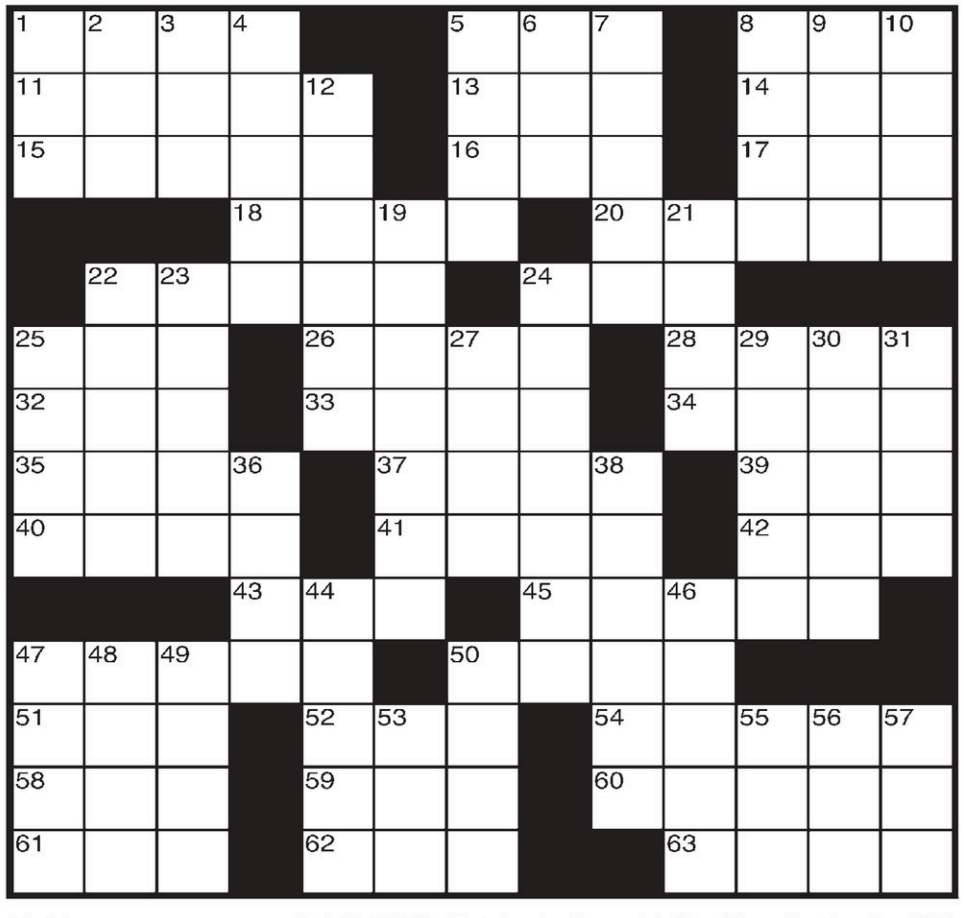
NEA Crossword Puzzle

ACROSS
1 Shed
5 Antenna type
8 Cut off, as branches
11 Funny bone
13 Society column word
14 Fifi's boyfriend
15 Physicist Nikola —
16 A Gershwin
17 Business abbr.
18 Wildcat
20 Lebanon neighbor
22 Usher's beat
24 Heat unit
25 Same old grind
26 Pulpit
28 Stray dogs
32 Poem by Keats
33 "Of course!"
34 Shoelace annoyance
35 Purposes
37 Former New York stadium
39 Unduly
40 Prescribed amount
41 Belief systems
42 Brat
43 Vinyl records
45 Where Bologna is
47 Stone monument
50 Naked
51 Fashion accessory
52 Historian's word
54 Ready to fight
58 Potato st.
59 — liver oil
60 Bond return
61 Kind of student
62 Alfalfa
63 Freeway ramp

DOWN
1 NY baseballer
2 Bullfight yell
3 Flour sack abbr.
4 Knells
5 PC operating system
6 Any ship
7 Luau
8 Animal's home
9 Former Atlanta stadium
10 Typewriter type
12 Ambush
19 Unconquerable foe
21 "Oh, gross!"
22 Sound
23 Inventory list
24 Arty locale
25 Highway
27 Derisive snorts
29 Up to
30 Wide
31 Quit
36 Deal in
38 In error
44 Fuzzy fruit
46 Hawk's hangout
47 Stay afloat
48 Ocean motion
49 "I say!"
50 Physique
53 Himalayan gazelle
55 Tex- — cuisine
56 O.T. judge
57 Banned bug spray

Answer to Previous Puzzle

P	I	N	G		A	F	T		M	A	I	D
A	R	E	A		K	E	Y		I	N	C	A
L	O	R	D		A	L	P		S	T	E	M
	N	O	G	O		T	O	R	R	I	D	
			E	R	E		S	U	E			
	A	S	T	E	R	N		B	A	N	D	Y
M	G	M		O	G	E	E		D	A	Y	O
T	H	O	R		O	I	N	K		M	E	M
S	A	G	A	N		L	I	N	K	E	D	
			L	O	X		D	E	E			
	M	I	L	D	E	R		E	N	V	Y	
R	A	N	I		N	A	B		N	O	E	L
A	N	N	E		O	R	O		E	T	T	A
T	E	S	S		N	E	B		L	E	I	S



12-31

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NEA Crossword Puzzle

ACROSS

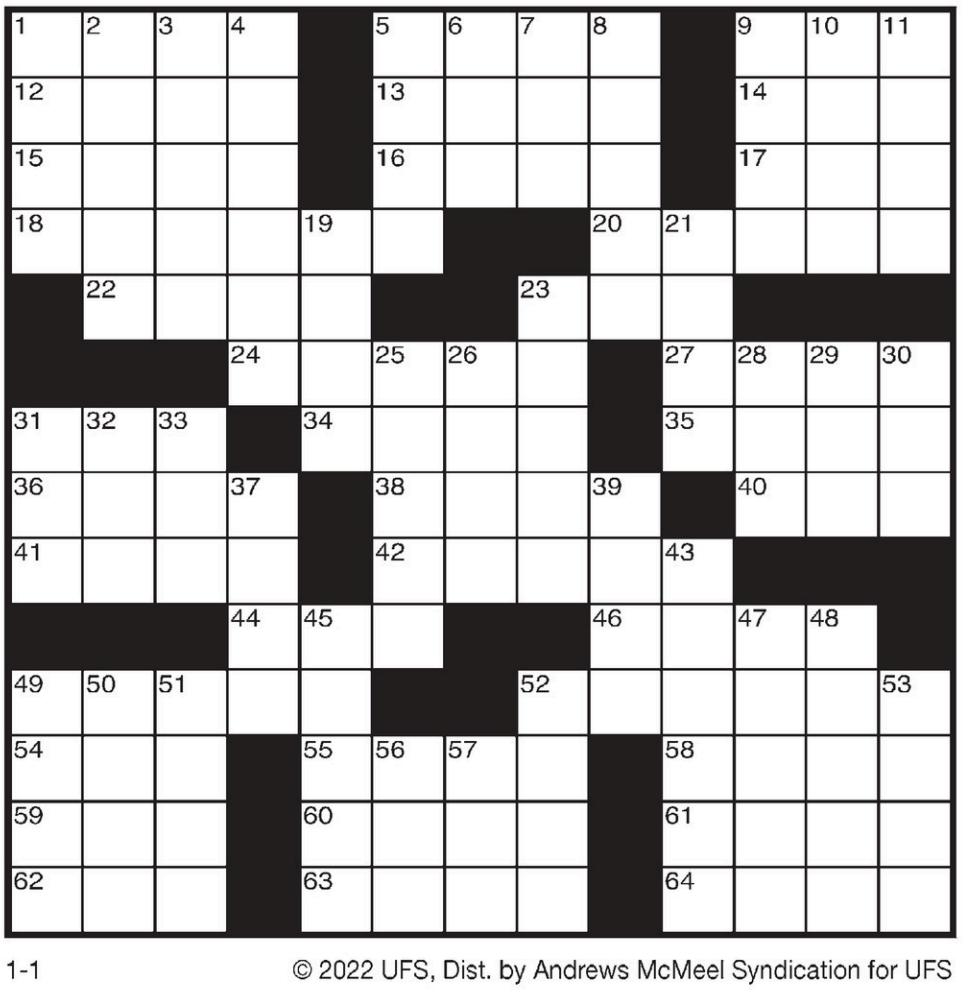
1 Was a passenger
5 Disturb
9 Runway sight
12 Stravinsky or Sikorsky
13 Slimy vegetable
14 Thurman of "Gattaca"
15 Make hazy
16 Attention-getter
17 Playful bite
18 Tahini base
20 Wax theatrical
22 Magritte's name
23 Halter
24 — -turvy
27 Heath
31 Less than one
34 Cashmere
35 Liniment target
36 Gadget
38 Range in Asia
40 Recipe qty.
41 Gargantuan
42 Monks' hoods
44 "Ooh" companion
46 Light brown
49 Salts away
52 Onto the land
54 Paddle cousin
55 Computer graphic
58 Diminishes
59 Caviar, actually
60 Pub throw
61 Stew ingredient
62 Lease
63 Verge
64 — St. Vincent Millay

DOWN

1 Umbrella parts
2 Leering sort
3 Put out a fire
4 Kind of knight
5 Thick cord
6 Signs off on
7 1040 collectors
8 After a while
9 Roman goddess
10 Give off, as rays
11 Record
19 Feeding time cry
21 Toddler's cry
23 Rule
25 Hunt illegally
26 By oneself
28 Autumn mo.
29 Sounds of surprise
30 Standing, slangily
31 Highest degree
32 Item in a poker pot
33 Written record
37 Hop
39 Dots in "la mer"
43 Nefarious plan
45 Words to the audience
47 Wearing vestments
48 Municipal
49 — -Aid
50 Icicle site
51 Q.E.D. part
52 Penny —
53 Is, in Avila
56 Rotter
57 Assn.

Answer to Previous Puzzle

M	O	L	T	■	■	U	H	F	■	L	O	P
E	L	B	O	W	■	N	E	E	■	A	M	I
T	E	S	L	A	■	I	R	A	■	I	N	C
■	■	■	L	Y	N	X	■	S	Y	R	I	A
■	A	I	S	L	E	■	B	T	U	■	■	■
R	U	T	■	A	M	B	O	■	C	U	R	S
O	D	E	■	Y	E	A	H	■	K	N	O	T
A	I	M	S	■	S	H	E	A	■	T	O	O
D	O	S	E	■	I	S	M	S	■	I	M	P
■	■	■	L	P	S	■	I	T	A	L	Y	■
S	T	E	L	E	■	B	A	R	E	■	■	■
W	I	G	■	A	G	O	■	A	R	M	E	D
I	D	A	■	C	O	D	■	Y	I	E	L	D
M	E	D	■	H	A	Y	■	■	E	X	I	T



1-1

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Your Birthday

MONDAY, JANUARY 3, 2022

Take hold of situations and boldly move forward. A change that lightens emotional or financial stress will give you a new lease on life and encourage an overhaul that will contribute to a healthier future. Envision what you want and turn it into a reality. Don't let anyone push you in a direction that doesn't suit your needs.

CAPRICORN (Dec. 22-Jan. 19) – A practical outlook will keep people from trying to manipulate you. Sticking to what feels comfortable will encourage better results and eliminate unnecessary stress. Know your limitations.

AQUARIUS (Jan. 20-Feb. 19) – Don't be shy. Look at what's possible and dig in and do your best. Observing what others do will be a learning experience. Do your research and initiate your plans with confidence.

PISCES (Feb. 20-March 20) – Dig in and make a difference. Encourage others to support your efforts. Steer clear of anyone who tries to mislead you. Maintaining a healthy attitude and doing your research will pay off.

ARIES (March 21-April 19) – You'll have to be sharp if you want to avoid trouble. Leave nothing to chance. Stay focused on what you want to achieve, and don't stop until you are satisfied with the results.

TAURUS (April 20-May 20) – Confusion will set in if you let someone manipulate a situation. Be vocal and deliver the goods. It's up to you to set the standard. Self-improvement is encouraged.

GEMINI (May 21-June 20) – Trust and believe in what you know and do best. Refuse to let anyone railroad you into something you don't want to pursue. You can push your way forward with a positive attitude.

CANCER (June 21-July 22) – A positive change will develop if you use your ingenuity and branch out in a creative and trendy direction. Take a step forward, and you'll gain respect and the support you require.

LEO (July 23-Aug. 22) – Put more effort into getting along with the people you need in your corner to accomplish your goals. Diplomacy will fetch better results than force. Speak from the heart and be ready to compromise.

VIRGO (Aug. 23-Sept. 22) – Get out, network and gain experience. See the world through someone else's eyes, and you will gain perspective regarding what's possible. Refuse to let domestic situations get out of control.

LIBRA (Sept. 23-Oct. 23) – A passionate approach will be required if you want to overcome the trials and tribulations involved with certain joint ventures. You will need to be flexible, honest and direct.

SCORPIO (Oct. 24-Nov. 22) – Keep moving in a direction that offers satisfaction and makes you proud. Your efforts can make a difference and will eventually be recognized by your peers. Live life your way.

SAGITTARIUS (Nov. 23-Dec. 21) – Put your energy where it brings the highest returns. Hard work will pay off and help you recognize and reject unreliable outside influences. Do the work and reap the rewards.

FRIDAY, DECEMBER 31, 2021

Do you hope for this or that?

By Phillip Alder

Victor Borge, who gave his first piano recital at the age of 8 and became so popular with his mix of humor and music, said, "I only know two pieces; one is 'Clair de Lune,' and the other one isn't."

In this seven-heart grand slam, South has two chances. One works, and the other one doesn't. But how can South stay in tune with the deal after West leads the diamond king?

South's strong jump shift promised 13-16 high-card points and either a long, strong heart suit or a heart-diamond two-suiter. When North showed values in spades, South used Blackwood twice.

There are 12 top tricks: three spades, seven hearts, one diamond and one club. The 13th might come from a 3-3 spade break or the club finesse. As the latter is the better chance (50% versus 35.53%), there is a temptation immediately to discard the spade three on dummy's diamond ace. However, that is wrong because it is possible to try both chances. Ruff at trick one, play off all of your trumps (perhaps an opponent will discard a spade from four) and cash dummy's three spade winners.

Is your spade seven now high? If so, discard the club queen on the diamond ace and claim. If not, discard the last spade on the diamond ace. Then, when you lead a club from the board, if West has the last spade, take the club finesse. But if East began with four spades, he will be forced down to one club. Capture his king with your ace or put up the ace and hope!

12-31-21

North
♠ A K Q
♥ 6 4
♦ A 8 7 3
♣ 9 6 5 2

West
♠ 9 8 5
♥ 5 2
♦ K Q J 10
♣ K 8 7 4

East
♠ J 10 2
♥ 7 3
♦ 9 6 5 4 2
♣ J 10 3

South
♠ 7 6 4 3
♥ A K Q J 10 9 8
♦ —
♣ A Q

Dealer: North
Vulnerable: Both

South	West	North	East
		1♦	Pass
2♥	Pass	2NT	Pass
3♥	Pass	3♠	Pass
4NT	Pass	5♥	Pass
5NT	Pass	6♦	Pass
7♥	Pass	Pass	Pass

Opening lead: ♦ K

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