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WEDNESDAY, SEPTEMBER 18, 2019

Environment groups protest Coventry Dump open house

By Matthew McCully

Three environmental groups held a peaceful protest during the open house organized by Casella at the Coventry, Vermont landfill on Saturday. The purpose of the demonstration was to demand the protection of the environment and Lake Memphremagog and against the leachate discharge into the lake.

Three groups present were DUMP (Don't Undermine Memphremagog's Purity)(Vermont), Save Forest Lake (New Hampshire) and MCI (Memphremagog Conservation Inc.) (Quebec, Canada).

In the middle of July, the State of Vermont's Environmental Commission ruled that the leachate generated from the Coventry dumpsite could no longer be treated in Newport, VT, which, once treated, enters Lake Memphremagog.

"That decision is very fragile," explained MCI President Robert Benoit.

According to Benoit, at the moment, around 15,000 gallons of leachate are still being processed daily in Newport. The commission gave Newport 90 days to cease accepting Coventry dump's leachate, which would put a deadline around Oct.21.

Benoit pointed out that there is a clause in the environmental commission's ruling that leaves the door open to allow leachate to continue to be treated in Newport. If the company can demonstrate that new more advanced equipment is being used, or a more extensive filtering process is put in place to treat the leachate before it reaches the lake, then Newport can continue accepting the leachate at its treatment facility.

Benoit, having been involved with MCI and Coventry dump for years,

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Domino's Pizza: dishing out generosity for the last 15 years



GORDON LAMBIE

Amanda Boersen, Adelard Masabo, and Corey Morin of Domino's Pizza in Sherbrooke were hard at work on Tuesday preparing and handing out 1,000 free pizzas in honour of the 15th anniversary of the business. Masabo, who has been the manager at the original Belvedere South location since January, has been working for the local franchise for 11 of those 15 years.

By Gordon Lambie

The kitchen crew Domino's Pizza's 1105 Belvedere South location in Sherbrooke was hard at work on Tuesday preparing small pizzas to give away for free to the first 1,000 people who showed up asking for one. Although generosity has a history of being

on the menu at the local franchise, this giveaway was inspired by the fact that the business has been in operation for the last 15 years.

"I don't even know how many pizzas we've made," said Corey Morin, franchisee for the Sherbrooke Domino's restaurants, explaining that at this point the business sells between 5,000

and 6,000 pizzas per week, which works out to more than 260,000 pizzas per year. "That's excluding today," he added with a chuckle.

Under Morin's direction, the local pizza place has become synonymous with charitable causes. Seated alongside his niece and the business'

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Weather



TODAY:
SUNNY

HIGH OF 17
LOW OF 0



THURSDAY:
SUNNY

HIGH OF 21
LOW OF 6



FRIDAY:
SUNNY

HIGH OF 23
LOW OF 12



SATURDAY:
SUNNY

HIGH OF 21
LOW OF 10



SUNDAY:
CLOUDY PERIODS

HIGH OF 27
LOW OF 14

HAND-IN-HAND

ArtEd projects for 300 English-Language Schools in Quebec

The English Language Arts Network (ELAN) is best known in the Townships for working with local producers to present the Arts Alive! Québec festival, which presented dozens of artists to local audiences from 2015-18. ELAN also connects artists, educators and students, and launched its new ArtistsInspire Grants in partnership with LEARN last May. ArtistsInspire Grants is a micro-grant program that will fund artistic and cultural activities in 300 official-language minority schools throughout the province of Quebec. Eligible public elementary and secondary schools are encouraged to apply for this funding, with \$1500 available per school for each of the next four years, starting in 2019/2020.

The first creative experience funded by an ArtistsInspire Grant took place earlier this month at Sunnyside Elementary in Stanstead. Artist cj fleury worked with grade 6 students and their teacher to beautify their school yard by painting the shipping container that is used to store bikes for students.

In her very enthusiastic reflections on the project, cj fleury said "Students dove into large color-blends, edge variations, and visual tricks through tiny and giant gestures. They painted politely, under and over each other, as they shared paint pots; and NEVER dripped a dot as they stretched high and crunched down; balancing brush-techniques and color-mixing with drying-times in humid, dry, cool and hotter, calm and windy conditions." She also spoke about how math skills were integrated in the artistic experience as students worked with scal-

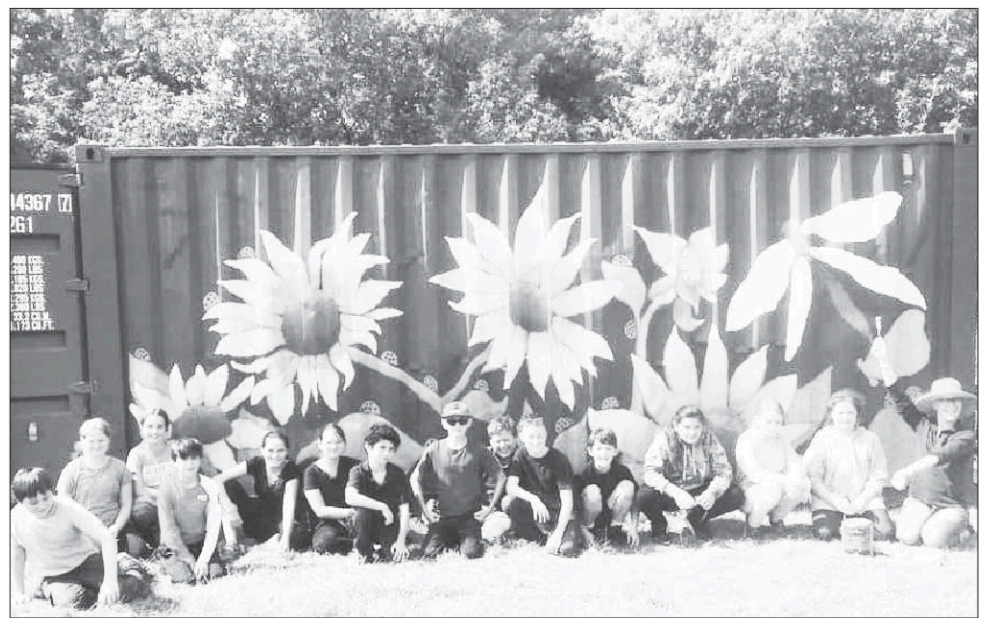
ing from a small print-out to the image size needed on this very large surface. cj reflected that the scale and location of this outdoor studio gave participants and all the playground-users an instant experience of "looking" from up-close and far-away perspectives, enabling them to see how the perception of color, texture, and reality can change over different proximities.

Arts and Education are natural partners. The benefits for students in developing identity, creativity, and self-expression are well documented. Arts-based projects positively impact self-

esteem, community and school pride and participants' connections with each other, across generations and cultures—outcomes that are vital to individual and community well-being.

Schools and artists can contact ELAN for information about ArtistsInspire Grants by email at artistsinspire-grants@quebec-elan.org. ELAN's ArtistsInspire Grants website is ready for schools to apply for funds to connect with artists to provide students with hands-on creative experiences in the 2019-20 school year!

www.artistsinspire.ca



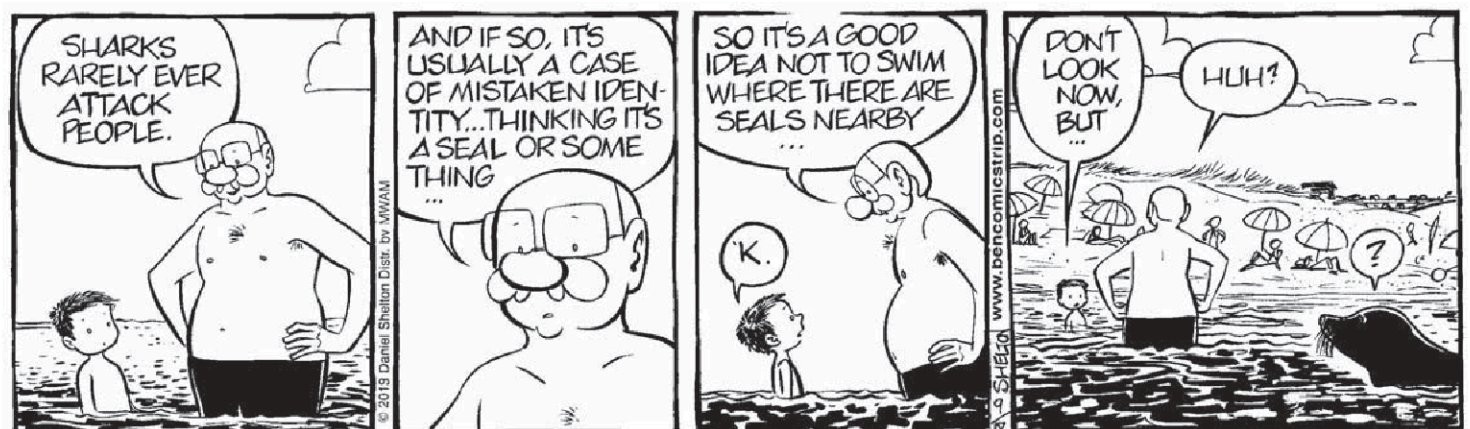
Artist cj fleury (in hat) with grade 6 students at Sunnyside Elementary in Stanstead. (Photo credit: Tammy Mosher)



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Ben by Daniel Shelton



LOCAL NEWS

Upon investigation in the first sexual assault allegation, more charges of sexual assault and harassment were laid on Friday, September 13, against Pratt, once he was back in court during his appeal to be released.

Magog man arrested for sexual assault receives second charge from a different woman

Record Staff

Following the arrest of Stéphane Édouard Pratt for sexual assault on Sept. 6, another woman has come forward last week to accuse the Magog man of sexual assault and harassment. Both assaults occurred in the middle of August.

According to the first victim, a Magog hairdresser, Pratt engaged in extremely sexually explicit conversations and then committed indecent acts of sexual nature on August 14 at the victim's hair salon. As he left, he grabbed one of her business cards that he kept with him. The Régie de police de Memphrémagog (RPM) received her complaint a day later, on August 15. He was identified following the circulation of a composite drawing, since the man was unknown to the victim.

The acts of which he is accused by the second victim happened in Magog at Parc-de-la-Baie on the afternoon of August 11. According to RPM Lieutenant Sylvain Guay, Pratt accosted a woman walking alone and struck up a sexually explicit conversation. He then made indecent sexual gestures towards the woman and took photos of her. Once Pratt's phone was seized, police found photos of the victim, corroborating her story. She came forward after reading the story about the Magog hairdresser, published a few weeks earlier.

Upon investigation in the first sexual assault allegation, more charges of sexual assault and harassment were laid on Friday, September 13, against Pratt, once he was back in court during his appeal to be released.

Pratt was first arrested on Sept. 6 by patrollers and investigators of the RPM

at the Hôtel Union in Magog. Upon searching his room, they found clothes and business cards that belonged to hairdressers in Magog, the South Shore, and the Montreal area. In total, nearly a dozen cards were seized. The 48-year-old man, who came to Magog six months ago, was to be held until Sept. 13 for the rest of the criminal proceedings.

The man chose to change lawyers on Friday and was formally accused of this second sexual assault. During the arraignment, the judge ordered his detention for psychiatric examination to determine his fitness to appear in court.

Any witness or person with extra information regarding this kind of behaviour is asked to please communicate with the primary investigator in the case, Detective Sergeant Sébastien Pelletier at 819-843-3334.



COURTESY

Domino's Pizza

CONT'D FROM PAGE 1

Supervisor/Trainer, Amanda Boersen, Morin reflected on years of giving back to the community in various ways.

"The fundraiser we did after the earthquake in Haiti; after that point I started to realize our brand was very strong in Sherbrooke," the franchisee said when asked what experiences stand out to him from his years of work. "The sales that we did that day still stand as our best Monday ever, and it's nearly ten years ago."

That fundraiser netted over \$10,000, and inspired similar actions for causes ranging from typhoon relief in the Philippines to the Lac-Mégantic rail disaster or the Fort MacMurray wildfires. On top of these crisis-specific fundraisers, Domino's also provides ongoing to support (in the form of pizza) to the Eastern Townships School Board through fundraisers at schools ranging from Danville to Stanstead for various projects.

Boersen also said that they provide the pizza for almost all of the blood drives in Sherbrooke

"It's almost 800 pizzas per year that we donate for Hema-Quebec," Morin

said.

Business has been good for Domino's in Sherbrooke, so much so that the franchise has opened two new locations within the last five and a half years; one on Richard Street near André-Viger Park, and the other on King Street East near the intersection with Duplessis.

That's not to say, however, that there have not been bad days.

In February of 2010, almost a month to the day after that record-setting fundraiser for Haiti, the business and another pizza restaurant in Sherbrooke were attacked by an arsonist.

"We were closed for four and a half days," Morin said, recalling the time after the firebombing as quite stressful. "I didn't get much sleep in there, but we were open the Friday afternoon for supper."

These days the restaurant is bigger than ever. Having expanded earlier this year into the neighbouring space, what began as a pick-up counter can now offer an eat-in experience.

"The experience here is much different than at home," he said. "It's homey, it's warm, and it's fun to see."

In addition to being set up in such a way that people can watch their pizza

being made while sitting in the dining room, the new space is also meant to highlight the history of the building, which used to be a fire station.

"We're trying to really keep the history of the building alive," Morin said, pointing out photos on the walls that show the building in its heyday.

Looking to the future Morin said that

he can see retirement on the horizon, but he shared a hope that Boersen might decide to take on the family business.

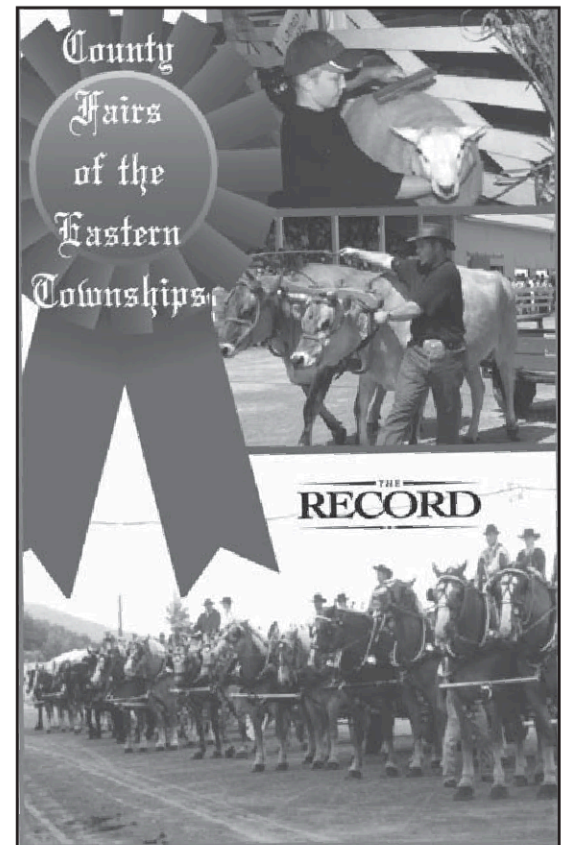
"We'll see where life takes us," Boersen said, saying regardless of what happens next, she has always valued the lasting relationships that come out of the Domino's kitchens. "For me what stands out is seeing the staff grow."

County Fairs of the Eastern Townships Commemorative Book

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The Old Craig's Road

By Taylor McClure
Special to The Record

Up until the beginning of the 19th century, there was very little settlement in the area south of Quebec City and the St-Lawrence River, the future site of the Eastern Townships. Development of this part of the province was slow and steady.

It wasn't until 1791 that the Eastern Townships were formed as a result of the Constitutional Act. Land was distributed and managed under the seigneurial system along the St-Lawrence River and people slowly started to settle in the area.

By the end of the 18th century, over 200,000 people were settled on the seigneuries along the St-Lawrence River and in the cities of Quebec, Montreal, and Trois Rivières. However, the Eastern Townships continued to remain widely under populated.

With the arrival of James Henry Craig in 1807, Governor General of Lower and Upper Canada and Lieutenant Governor of Lower Canada, he began to shake things up in Lower Canada.

He believed that it was important to develop the area south of the St-

Lawrence to attract British settlers. The English population was overwhelmed by the French majority and Craig wanted the situation to change.

He wanted to build a road throughout the area that would allow English settlers to make their way from the British Isles and the United States to settle in the Townships.

In 1806, he started opening up the road from Quebec City to the Eastern Townships, but rather than promoting settlement to the area, the road more or less promoted trade amongst the colonists. However, the road still opened up the area of the Townships and provided access to Quebec City.

In 1810, he brought his idea to the Lower House, which was mostly made up of French representatives who were already nervous about Craig's intentions, and proposed that a road be built that would link Quebec City to Boston. The government refused but Craig went ahead with his plan anyway.

In 1810, the road continued to be constructed with the help of British soldiers and the Army Corps of Engineers. The design for the road was based off a previous design that was proposed by Joseph Kilborn in the 1800s but was

never brought to life. The road was completed in just a few months in January of 1811.

The road started in St-Nicholas, continued on to St. Gilles, and passed through the townships of Uxbridge, Leeds, Shipton, Danville, and Richmond.

There was already a road that travelled from Richmond through Sherbrooke to Boston and with the newly constructed "Craig's Road", the connection from Quebec City to Boston was complete.

There was much excitement surrounding its establishment and people couldn't wait to travel the six-day route.

By 1811 however, the spring thaw and flooding impacted the state of the road and made it very difficult to travel. To make matters worse, there was no infrastructure, such as stagecoach inns, built along the Craig's Road at that point in time to accommodate travellers and if there were they were in dire shape. The Governor himself was accused of neglecting the road in 1814.

Despite the inconvenience of the Craig's Road with its hills and rivers (it was virtually impossible to travel during certain times of the year), settlement to the Townships quickly picked up speed

with the fall of Napoleon.

Settlers, mostly Irish and Scottish, were making their way from the British Isles due to a downfall in their economy. The immigration officer at the time A.C. Buchanan encouraged these individuals to travel along the Craig's Road and make their way to the Townships to establish a new life for themselves.

As a result of the population influx, another road was built to help travellers avoid most of the major inconveniences of the Craig's Road and to make travelling safer. It was known as Gosford Road and together, the two roads contributed significantly to the settlement and development of trade and commerce in the Eastern Townships.

Today, most of the Craig's Road has been paved over and reconfigured but it is certain that you will come across a Townships resident who will continue to refer to the Craig's Road. You may even get lucky and stumble upon a piece of the old Craig's Road that has yet to be touched.

Despite the difficult conditions of the Craig's Road, its role in developing the Eastern Townships region and bringing settlement to the area is important to take into consideration.

Paramedics pedal from Sherbrooke to Ottawa

Record Staff

Around 170 paramedics set off from Sherbrooke on Friday on a bike ride of approximately 450km to remember Canadian colleagues who lost their lives in the line of duty. The goal of the event was also to raise awareness about post-traumatic stress and support paramedics who suffer in silence.

The cyclists were accompanied by an impressive array of emergency vehicles to ensure their safety. The Tour Paramédic Québec is also raising funds to erect a national memorial for paramedics who have lost their lives in the service of the population.

On Friday, Sept. 13, the cyclists of this 4th edition gathered at the Armoury in Sherbrooke (64 Rue Belvédère Sud, Sherbrooke, Québec J1H 4B4) around 8:30 a.m. for an opening ceremony.

The tour ended on Monday afternoon at the Canadian War Museum along with the Ontario edition of the cycling event, taking place simultaneously.

"Exceptionally this year, our ceremonies and national theme are in honour of our military paramedic colleagues who have lost their lives in the line of duty. Among the 51 Canadian professionals who died, we include Quebecers, including 2 civilian paramedics, 1 helicopter transport paramedic and 3 military paramedics," commented Francis Brisebois, spokesperson for the Tour Paramédic Québec, in a recent press release.



COURTESY

Both military and civilian professionals frequently put their lives and health at risk when responding to a situation.

"We are people who are passionate about our work, but we are sometimes affected by our dedication to helping people, especially by suffering from post-traumatic stress. This annual trek is a unifying event in the pre-hospital field

in Quebec because it allows us to share with our colleagues from across the country on various topics, including recognition of the profession, depression and suicide prevention," added Mr. Brisebois.

The Tour paramédic Québec made a number of stops along the route including Magog, Granby, La Prairie, Montreal,

Vaudreuil-Dorion, Hawkesbury, Montebello and Gatineau.

Donations are still accepted in support of the cause on the national website of the Paramedic Tour:

<http://www.paramedicmemorial.org>

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CAQ chimes in on federal election campaign

Quebec government Office to reopen in Ottawa

Record Staff

Premier François Legault sent out a press release earlier this week to reiterate the Québec government's priorities in anticipation of the federal election on October 21.

The announcement also added that the Quebec Government Office in Ottawa, closed under the previous Couillard government, will be reopened to defend and promote Quebec's interests, especially in the economic sphere, in the federal capital.

The Premier announced from the outset that the government has communicated its key demands to federal party leaders. Premier Legault, however, has decided to focus at greater length on four demands operating under the notion that Québec forms a distinct nation

that is free to make its own choices in all areas related to its existence:

1. that Quebec obtains broader powers in the realm of immigration so that it alone decides the number of immigrants in each category, determines the requisite conditions before granting permanent residence, including an assessment of the level of French and an evaluation of knowledge of Québec values, and fully manages the temporary foreign workers program;

2. respect for the Act respecting the laicity of the State and a commitment not to participate in any legal challenge;

3. subjecting businesses under federal jurisdiction to the Charter of the French language;

4. implementation of a single income tax managed by the Quebec gov-

ernment.

Reopening of the Quebec Government Office in Ottawa

The CAQ also announced the reopening of the Quebec Government Office in Ottawa, with a stronger economic mandate.

The Quebec Government Office in Ottawa will fulfill a liaison mandate with the federal government, the federal political parties and the Canadian Francophonie. It will also have a mandate to inform the Quebec government about federal government policies. Moreover, it will ensure liaison with Canadian newspapers in order to fully inform the media of the Quebec government's policies and decisions. The office will also have a mandate to forge links with foreign embassies in Ottawa. Lastly, it will

assume a significant economic and commercial mandate to publicize Quebec firms and Quebec's strengths as the world's foremost destination for investment.

In the recent statement, Legault commented, "Quebec forms a distinct nation that is free to make its own choices in all of the fields that affect its existence. I am thinking of immigration, the laicity of the State, culture and language. I am asking the leaders of the federal political parties to undertake to respect Québec's choices in these areas. I would also like to emphasize Québec's and Quebecers' desire to be full partners in the federation. Mutual respect is the foundation of any partnership."

Environment group pushing for sustainable mobility

Record Staff

The Conseil régional de l'environnement de l'Estrie (CREE) is launching a campaign to promote sustainable mobility in the Memphrémagog MRC and Sherbrooke. Starting the week of Sept. 16 to 22, video clips, promotional posters and pamphlets will be distributed to demystify the use of sustainable transportation modes among

workers and students. Several events on mobility are on the calendar.

In an era when environmental issues are in the forefront, it is important to remind residents of the Estrie region that they can take action to reduce the carbon footprint of their travel.

The Embarque Estrie! campaign aims to encourage changes in habits by presenting the positive aspects of alternatives to solo driving. The Centre de

mobilité durable de Sherbrooke and the MRC de Memphrémagog are the two partners of the CREE motivated to make the services offered on their territory better known.

"Few residents are aware that 19 incentive parking lots are available for carpoolers in the Memphremagog MRC. Public transit in Sherbrooke has improved significantly in 10 years. The possibilities are there. We must now act on

several fronts so that citizens are aware of this and try to achieve sustainable mobility," explained Jacinthe Caron, Director of the CREE.

Last May, the CREE launched Embarque Estrie, a web tool that lists carpooling offers, incentive parking, bicycle networks, shared cars, public transport routes and electric charging stations. Simply visit EmbarqueEstrie.ca to choose a mode that suits your needs.

New president at Aube-Lumière

Record Staff

The management of La Maison Aube-Lumière presented its annual report yesterday at general meeting of the corporation's members, highlighting that the organization again succeeded in accumulating the \$1 million needed to maintain its free services.

The meeting was also an opportunity to draw attention to the board's new president, Patrick Ferland, replacing Élisabeth Brière, who is running as a candidate for the Liberal party in the upcoming federal election.

Highlights of the annual report for the palliative care facility are as follows:

Occupancy rate of 88.5% for 3,876 days of attendance.

Average length of stay: 19.8 days.

441 applications for admission for every 147 admissions made;

46 employees (full-time and part-time) and 390 volunteers in operations and fundraising activities;

32,141 hours of volunteer work done during operations and 5,317 hours of volunteer work in funding;

The grant from the Ministère de la Santé et des Services sociaux represents

approximately 40% of revenues, the "self-financing" portion represents 56% of revenues and the amortization of deferred contributions related to capital assets represents 4% of revenues.

"We are very proud to have achieved our goal again this year and we are working hard to build on this momentum," said Marie Bécotte, Executive Director of the palliative care home. "Despite the recent departure of our President for the sake of transparency following the announcement of her entry into the political sphere, we are confident that the current year will also be financially

healthy. Our new president, Mr. Patrick Ferland, has already been on our board of directors for several years."

Since 1997, La Maison Aube-Lumière has provided free care to more than 3,300 people with advanced cancer. In addition to providing them with shelter, La Maison provided them with high-quality palliative care and accompanied them and their families in a warm atmosphere that respected their choices and values. To achieve its mission, La Maison must raise \$1 million annually in the community.

Coventry Dump

CONT'D FROM PAGE 1

referred to a similar situation in 2005. The dump applied for and was granted a permit to expand, but a moratorium of five years was put on Leachate going into Lake Memphremagog. Benoit said in 2009, without any notice, the leachate processing resumed. "It took years before anyone discovered it was happening," Benoit said. "This time around, we don't want the same thing to happen."

Benoit said both the Municipality of Newport and Casella are motivated to continue processing the leachate in Newport. The processing represents a \$200,000 a year contract for the town. Casella's alternative is to send the leachate via truck to Burlington, VT for processing, a two-hour, costly trip each way.

"We do not want leachate now, or later, in the lake," insisted Benoit.

When asked if there were some new equipment or process available to treat the leachate so that it could safely enter the lake, Benoit said with the current technology it is very expensive, and very complicate to properly treat leachate.

PFAS, a family of highly carcinogenic chemicals detected in leachate from the dump, are a big concern, Benoit explained. "In Vermont, PFAS is a big problem, but it's not talked about much in Quebec right now."

Benoit said that even if the PFAS chemicals could be removed from the wastewater, destroying them safely is another matter. They need to be heated to around 2,000 degrees Fahrenheit in order to disintegrate.

"Right now, the water in the lake is

good," Benoit said, not wanting to panic the some 170,000 Sherbrooke and surrounding residents for whom Lake Memphremagog is their drinking water source.

Benoit's concern is bioaccumulation.

"The lake only turns around every two years," Benoit said, adding that pollutants can accumulate slowly over time, but by the time they are detected, reversing the effects is no easy task.



COURTESY

EDITORIAL

As daunting as both crises are, we can't look away. We must face them and change course.

SCIENCE MATTERS

Connecting the dots between the climate and biodiversity crises

By David Suzuki

The polar bear has become the poster child for climate change impacts in the Arctic. Sea ice, which the bears depend on for hunting, is melting at an ever-expanding rate.

For other species, climate impacts are not as direct. The 2019 State of Canada's Birds report found aerial insectivores like swifts, swallows and nightjars have declined by 59 per cent since 1970. The report cites climate change as one of several threats, as severe weather limits insect availability.

Similarly, according to Lauren Meads, director of the Burrowing Owl Conservation Society of B.C., extreme weather events linked to climate change have affected habitat where captive rehabilitated burrowing owls are released, affecting their ability to return to breeding grounds the following year.

For those working to help species recover, addressing the primary cause of decline is key. Although climate disruption is exacerbating the plight of many species, the polar bear and its Arctic neighbours stand (or swim or fly) alone to some extent. The primary cause of decline for most at-risk species in Canada is habitat loss and degradation.

Some industries are trying to use the ever-evolving climate crisis to stall habitat protection and recovery. When the forestry industry called for a delay in much-needed recovery measures, citing the need to explore climate change impacts on caribou populations, some leading caribou scientists wrote, "There is little evidence to suggest that climate change brought caribou populations to their current threatened condition, nor does climate change explain the rapid rates of decline and range recession that are continuing today in many locations."

Although they intersect, the ecological emergency driving species imperil-

ment and the climate crisis can't be entirely conflated. The extinction crisis is caused by a lack of sufficient limits to development, agricultural and resource-extraction activities. The climate crisis is caused by a lack of sufficient limits to greenhouse gases we release into the atmosphere.

That isn't to say that there isn't significant overlap, in causes and solutions.

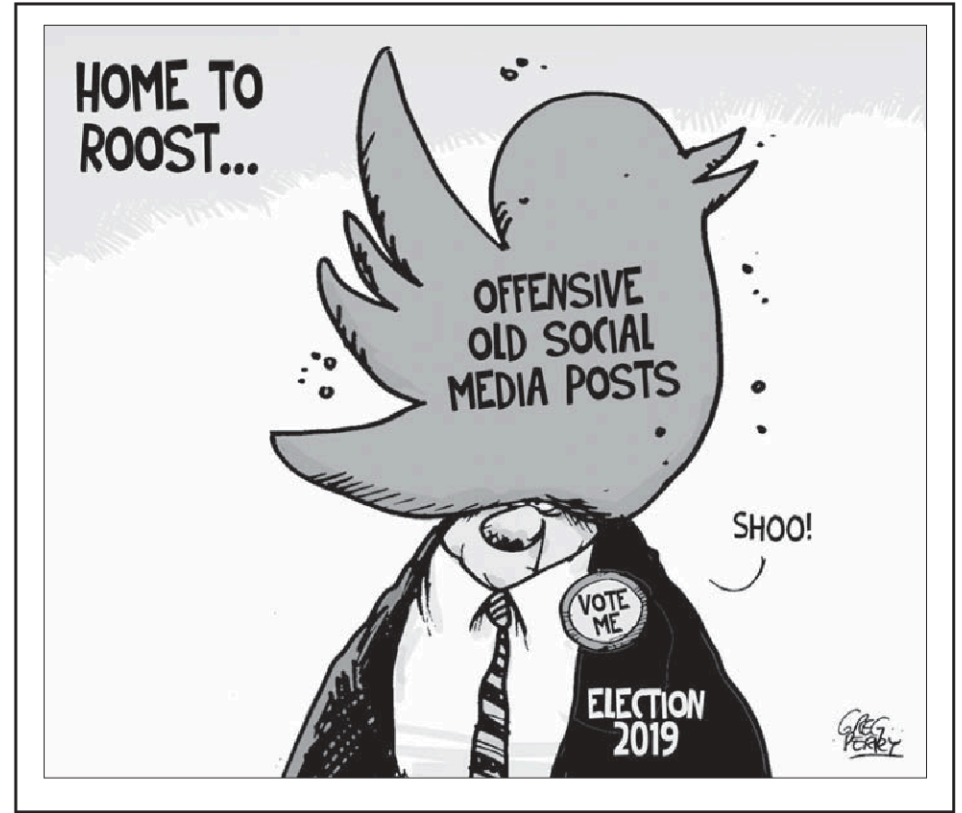
A Canadian Parks and Wilderness Society report says, "Human activity, including industrial farming, logging, mining, hydro-electric development, and oil and gas exploration, have caused these twin ecological crises, which are closely interrelated." Finding Common Ground finds, "Reducing human-driven land use change in Canada's ecosystems, especially wetlands, offers a potential treasure trove of emission reductions with significant biodiversity benefits."

This is especially true in Alberta and northeastern B.C., where oil and gas development have devastated caribou habitat and imperilled wildlife and the Indigenous communities that depend on it. Industrial activity has disturbed 96 per cent of the Little Smoky caribou range and 70 to 80 per cent of the Chinchaga, West Side Athabasca River, East Side Athabasca River, Cold Lake, Nipisi and Slave Lake boreal caribou ranges.

These high disturbance levels reduce caribou populations' chances of persistence to less than 20 per cent. To increase their chances, significant changes are needed to contain the logging and oil and gas footprint and initiate aggressive restoration.

Protecting habitat such as the boreal forest, rich with peatlands, would also serve as a means of sequestering carbon.

Wildlife decline isn't just an ecological issue. In B.C.'s Peace River Valley, more than three-quarters of Blueberry River First Nations traditional territory is within a few minutes' walk of industrial disturbance. In May 2019, Blueberry



took the province to court, arguing that the cumulative impacts of industrial activities – primarily oil and gas – have significantly affected the lands and wildlife within their traditional territory and, accordingly, their treaty rights to hunt and fish.

Although there are different ways to mend and mitigate the two crises, the root causes – avoiding our duties to repair what we have fractured, neglecting to set limits to human activities, stalling direly needed actions – are the same, as are the broad solutions: recognizing our impacts on the planet, taking responsibility for them and coming together to take immediate, meaningful action. As the CPAWS report says, protecting and restoring forests, peatlands, grasslands

and wetlands can advance biodiversity and climate goals.

As daunting as both crises are, we can't look away. We must face them and change course.

All living things depend on a stable climate and functioning ecosystems. Our planet is the only one with badgers and dragonflies – and chocolate! It's worth fighting for.

David Suzuki is a scientist, broadcaster, author and co-founder of the David Suzuki Foundation. Written with contributions from David Suzuki Foundation Boreal Project Manager Rachel Plotkin.

Learn more at www.davidsuzuki.org.

Letters

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Local Sports

Montreal went up 2-0 through Thompson's rebound goal following a bad angle shot from Nick Cousins at 8:14.

Evans scores winner late to lift Canadiens over Devils in pre season tilt

By Kelsey Patterson
THE CANADIAN PRESS

Take Evans scored late in the third period to lead the Montreal Canadiens to a 4-2 victory over the New Jersey Devils on Monday night in the first NHL pre-season game for both teams.

Artturi Lehkonen and Nate Thompson scored for the Canadiens in the first period and Nick Cousins added an empty-netter in the third.

Carey Price and Cayden Primeau shared goaltending duties. Price conceded one goal on nine shots while Primeau stopped 16-of-17 pucks.

Will Butcher and Michael McLeod scored for the split-squad Devils, who also hosted the Boston Bruins in another exhibition game at Prudential Center.

Mackenzie Blackwood started between the pipes for Jersey, stopping 11-of-13 shots through two periods. Evan Cormier made 11 saves in relief in the third.

Evans scored the short-handed winner with 2:28 remaining in the game when he stole the puck from a Devils player at his own blue-line and beat

Cormier top shelf on a breakaway.

Cousins sealed it with an empty-net goal in the final minute of play.

There was a handful of regular NHL players for both teams, which is not always the case in early exhibition matches.

Max Domi, Shea Weber and Jonathan Drouin dressed for the Canadiens. Top prospect Ryan Poehling did not play.

Nico Hischier and Kyle Palmieri were on the ice for the Devils while P.K. Subban and Jack Hughes remained in New Jersey to face the Bruins.

The Canadiens scored twice on four shots in the game's opening eight minutes.

Lehkonen got the first at 2:29 when he redirected Weber's slap shot from the point past Blackwood.

Montreal went up 2-0 through Thompson's rebound goal following a bad angle shot from Nick Cousins at 8:14.

Butcher cut the deficit for the Devils at 18:25 of the first with a precise top-corner shot on Price's stick side.

After a scoreless second, a wicked bounce off the side boards gave McLeod

Impact players are relishing a shot to knock off Toronto.

"It would mean a lot," Impact midfielder Samuel Piette. "We're not having a lot of success lately, so to go win a title especially against a rival that are on a good run right now. Just starting by Wednesday, getting a good result will give us confidence for the game after that in LA. And give us an extra push for the games left in MLS."

The Impact last won the Voyageurs Cup as Canadian champs in 2014, which led to a run to the CONCACAF Champions League final in 2015. The Vancouver Whitecaps took the title in 2015 before Toronto emerged victorious the past three years.

"It's a breath of fresh air," Impact goalkeeper Evan Bush said. "It's an opportunity to turn the page from the last weekend and the last couple weeks and really focus in on something that's important to us. It's important to the club, it's important to the fans."

The Impact are reeling following a 1-0 loss to last-place FC Cincinnati at home on Saturday. The loss dealt a major blow to their playoff hopes as they are three points back of the final playoff spot — held by the New England Revolution,

Murphy named RSEQ Athlete of the Week

Bishop's Gaiters rugby player Tyler Murphy (Bromont, Que./Massey Vanier H.S.) was named RSEQ University Athlete of the Week on Tuesday.

Murphy, a fourth-year Sports Studies student at Bishop's tallied 20 points in the Gaiters 45-12 win over ETS on Sunday on Coulter Field. He scored

two tries and booted through five conversions to help the Gaiters improve to 2-0 in the RSEQ.

Next up, Bishop's hosts Ottawa on Friday, Sept. 27.

Stay up-to-date with everything Bishop's Gaiters at www.gaiters.ca or on social media by using @BishopsGaiters.



CLARE WEBB/BISHOP'S UNIVERSITY

a wide open net at 1:55 of the third while Primeau waited for the puck behind the net.

Besides that unlucky bounce, Primeau looked solid in net for the Canadiens. The New Jersey native robbed Blake Coleman with the glove on a 2-on-

1 in the second period and stoned Palmieri in the third.

It was the first of seven pre-season games for the Canadiens, who travel to Bathurst, N.B., to play the Florida Panthers in exhibition play on Wednesday.

Montreal Impact hope to snap Toronto FC's Canadian Championship run

By Julian McKenzie
THE CANADIAN PRESS

The Montreal Impact's Major League Soccer playoff hopes are fading, but they still have a championship to play for this month.

"I don't know if it saves the season but still, it's a trophy," Impact defender Jukka Raitala said on the eve of the first leg of the Canadian Championship final against surging Toronto FC.

The slumping Impact will host the three-time defending Canadian champions on Wednesday night. The return leg is Sept. 25 at BMO Field in Toronto.

Montreal, three points out of a playoff spot in MLS's Eastern Conference, enters the final as the underdog. Toronto is fourth in the East and in good position to return to the post-season after a one-year absence.

"That's fine, we respect that," Impact head coach Wilmer Cabrera said when asked about being the underdog.

"For us, if we are the underdog, that's totally fine. (There are) no underdogs in a final. Because when you make the final, it's for something. They made the final, the players, and they know they have a chance."

who also have a game in hand — with three games to play.

The loss also led to Impact owner Joey Saputo speaking to players in the locker room afterward.

"I think that MLS is still not over," Raitala said. "We have three games to go. It's still possible to reach the playoffs. From now, we're focusing on tomorrow and then we go game by game."

Cabrera wouldn't divulge his starting goalkeeper until an hour before the game. Goalkeepers James Pantemis and Clement Diop have both seen time in the tournament, but Bush is a possibility.

"I'll leave that up to Wilmer if he wants to address it," Bush said.

As it has done in the past, Toronto is likely to rotate its roster for the cup competition. Head coach Greg Vanney sees Wednesday's contest "as the first half of a bigger game."

"We don't have to win the tournament (Wednesday)," he said. "We need to make sure that they get nothing going and we try to snatch a goal away and stay solid defensively."

Vanney has entrusted cup goalkeeping duties to backup Alex Bono, who was unbeaten in TFC's 5-0 aggregate win over Ottawa in the semifinal. Jozy Altidore,

Alejandro Pozuelo and Chris Mavinga were among the starters that left practice early Tuesday, leaving others to prepare for the game.

Captain Michael Bradley, who has lifted the Voyageurs Cup the last three years, is looking forward to Wednesday's encounter.

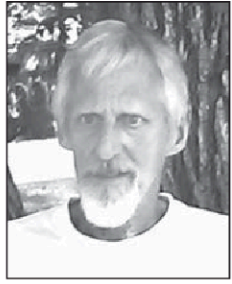
"These are fun games, for sure," he said after training Tuesday. "I've said it a lot over the last few years, these Toronto-Montreal games are special. There's something in the air when these two teams walk out onto the field. It's not made up, it's not commercialized. There's no need to play (the rivalry) up because it's reality, it's there."

"We've always enjoyed these games. We've had some incredible games, incredible series with them. The contrast in the cities, the clubs, the colours, the philosophies in some way. Yeah, it makes for interesting, entertaining games. We have big respect for them. I like to think they have big respect for us, but when we step on the field these are big games."

Toronto, unbeaten in its last nine games (5-0-4) in all competitions, will leave Montreal for Los Angeles for Saturday's match with LAFC.

Death

Larry Steven BURNHAM
1953 - 2019



Larry passed away at home on September 16 with his wife Daphne by his side. He is survived by his mother Thelma, his brothers Bruce (Brenda), Maris (Norah) and Kevin (Laura). He was predeceased by his father Lawrence. Larry was the proud father of Shane and Dina (Mathieu) and "Bubba" to his much-loved grandsons Max, Luca and Sacha. He also leaves behind his companion, Sammy the cat. Larry is also survived by nieces Lisa, Nuala, Cortney and Kelsey and nephews Robert and Seamus. At his request, there will be no service or visitation.

Death

Edson Lyman WARNER
(1930-2019)



Following a brief illness, Edson Lyman Warner (March 6, 1930-August 20, 2019). Queen's Diamond Jubilee Medal, CD, QM5, BComm (McGill), BA (Bishop's) Lennoxville. Predeceased by his parents Chester (1899-1977) and Bernice (1903-1991); and Edith (1933-2006); he is survived by his partner Janice Fraser, his brother Charlie (Penney) and sister Ann (Jim); his children Pat (Naomi), Rob, Terry (Paulette), Sue (Graham); and his grandchildren Alex, Olivia (Tyler), Emily and Joshua. He lives in the memories of the Brazels, Campbells, Findlays, Fowlers, Howes', Paiges, Rumps, Thompsons, Treats, Warners, Wingets, Woodwards and others.

He was a "King Scout"; officer of the Sherbrooke Regiment, 7th/11th Hussars in Bury and Asbestos, and Sherbrooke Hussars; volunteer with B.C.S. Cadet Corps No. 2; Olympian in 1952 and 1960; a life member of the DCRA; member of the PQRA, Sand Hill, Mansonville and Lennoxville shooting clubs; Member of three Sports Shooting Hall of Fame; five Queen's Medals for Champion Shot, a member of Canadian teams at the World Shooting Championships, Bisley and the Commonwealth Games, among other sporting achievements. He was once a candidate for Ascot municipal council; a Freemason; and a habitual reader. There is even a page on Wikipedia about him.

A farewell ceremony will be held at 1:00 p.m. on September 21 at the Unitarian Universalist Church, 201 Main Street, North Hatley. Reception to follow. All guests will receive a book from his shelves.

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Datebook

WEDNESDAY, SEPTEMBER 18, 2019

Today is the 261st day of 2019 and the 90th day of summer.

TODAY'S HISTORY: In 1793, President George Washington laid the cornerstone for the U.S. Capitol building in Washington, D.C.

In 1850, Congress passed the Fugitive Slave Act, which allowed slave owners to reclaim slaves who had escaped to free states.

In 1947, the National Security Act took effect, establishing the Central Intelligence Agency and making the Air Force an independent branch of the U.S. military.

In 2014, the majority in Scotland voted against independence from the United Kingdom.

TODAY'S BIRTHDAYS: Samuel Johnson (1709-1784), author/lexicographer; Greta Garbo (1905-1990), actress; Agnes de Mille (1905-1993), dancer/choreographer; Joe Kubert (1926-2012), writer/illustrator; Scotty Bowman (1933-), hockey coach; Fred Willard (1939-), actor/comedian; Frankie Avalon (1940-), singer; Rick Pitino (1952-), basketball coach; James Gandolfini (1961-2013), actor; Aisha Tyler (1970-), actress; Lance Armstrong (1971-), cyclist; Jada Pinkett Smith (1971-), actress; Jason Sudeikis (1975-), actor/comedian.

TODAY'S FACT: In 2009, the final episode of the soap opera "Guiding Light" aired, ending its 72-year broadcast run on radio and TV.

TODAY'S SPORTS: In 1999, Sammy Sosa became the first Major League Baseball player to hit more than 60 home runs in two seasons.

TODAY'S QUOTE: "What is written without effort is in general read without pleasure." — Samuel Johnson

TODAY'S NUMBER: \$1 billion — donation pledged "to United Nations causes" by media mogul Ted Turner on this day in 1997. Turner's United Nations Foundation donated its billionth dollar in 2006, \$600 million of which came from Turner himself.

TODAY'S MOON: Between full moon (Sept. 13) and last quarter moon (Sept. 21).

Close to 200 cases of new lung disease linked to vaping

ASK THE DOCTORS
By Eve Glazier, M.D., and Elizabeth Ko, M.D.

Dear Doctor: What's going on with that outbreak of lung disease that's hitting people who vape? Our 20-year-old son and a lot of his friends vape sometimes, and we're getting worried.

Dear Reader: You're not alone in your concerns. Federal health officials have said that close to 200 cases of a serious lung disease that appears to be associated with vaping have been reported. There now also appears to have been at least one death caused by this illness, an adult male in Illinois, according to officials in the state.

The Centers for Disease Control and Prevention is investigating reports from 22 states to date. Most cases involve males ranging in age from 17 to 38. The U.S. Food and Drug Administration is continuing to investigate a potential link between the use of e-cigarettes and serious neurological symptoms, including seizures, fainting and tremors.

Symptoms of the respiratory illness

include pressure or tightness in the chest, shortness of breath and difficulty breathing that becomes progressively worse. Some patients also have experienced fever, weight loss, nausea, fatigue and diarrhea. Imaging tests of the patients' lungs have all revealed abnormalities, including areas of increased density, known as opacities.

In some cases, patients have required mechanical ventilation to aid in breathing and have improved after treatment with corticosteroids. An 18-year-old man in Florida who vaped went to a hospital emergency room and learned he had a hole in his right lung, which had caused it to collapse. Tests for infectious agents have been largely negative, which has added to the mystery of what is causing the disease. One behavior all patients have had in common is recent vaping.

The challenge is that the similarities end there. The patients had inhaled a variety of products, including cannabis-based products, nicotine and homemade substances. They had used a number of different vaping devices. They had purchased the products in a variety of stores and via several different online retailers.

This has led investigators to turn their attention to the delivery system of vaping devices.

E-cigarettes work by using a coil to super-heat a liquid and turn it into an aerosol, which is then inhaled. These super-fine particles can then be drawn deep into the lungs. Vaping liquids contain numerous volatile organic chemicals and other substances, not all of which are identified on the packaging. Some of them are known to be potentially harmful. The flavorings used in vaping liquids also contain numerous compounds whose long-term health effects are unknown.

As federal and state health officials continue to investigate, medical professionals and the public have been asked to report any vaping-related symptoms or illnesses, along with specifics about the products that were used, to state health authorities.

Eve Glazier, M.D., MBA, is an internist and associate professor of medicine at UCLA Health. Elizabeth Ko, M.D., is an internist and assistant professor of medicine at UCLA Health.

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Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)

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The best has yet to come

Dear Annie

WEDNESDAY, SEPTEMBER 18, 2019

Dear Annie: I am a very lucky 67-year-old. I have a job I enjoy every day, a happy marriage, wonderful children and grandchildren, and my health is excellent. I also know that, life being what it is, I am likely to be dead or at least confined to an assisted living center in a decade. I've had a great life and am ready for death, if that is what comes next.

Residing in an assisted living center is what scares me. Being confined to a small space with other old people, watching television or playing cards all day while hoping for a visitor who sees it as a chore to visit me and waiting for the next meal that is the same as last week's meal — it all seem so dreary. How do people prepare themselves for this? Sure, I can stay focused on what I do and enjoy today. But things won't be the same 10 years from now. How do I prepare for that?

Already, I am seen differently because of my age, and that has caused me to start thinking differently. I've always been interested in politics and public policy. I've always been active in our community. I've served on a number of local nonprofit boards. I've helped with some big projects that will benefit people

for a long time.

Now, however, when I go to a community meeting, even though I am careful not to talk too much, I can tell that I am regarded as that old guy who is fading away. And in truth, I understand. I was once one of those young fired-up community leaders who was always thinking about what could be done to make things better for the next generation. Now that I won't be around long enough to see that new park built or that new library opened or what will happen if that the zoning is changed or a new road is built, I can't blame the younger people who see me as not so relevant. And that, in turn, has caused me to think less and to care less about what things will be like 25 years from now.

I expect this is all just natural and inevitable, but it makes me sad. How do people best prepare and handle this phase of life? — *Fearing the Future As an Old Man*

Dear Old Man: You are as young as you feel. Don't let your worries of the future cause you to think that somehow as you age you are not as useful. The young fired-up community members offer some great things at the meetings, I'm sure. But you, with your wisdom and experience, can offer a whole new perspective —

one that you could not have offered when you were young. Try to look at this phase as the best phase of your life. You made it: healthy marriage, wonderful children and grandchildren and excellent health. Now is your time to sit back, enjoy all of your accomplishments and offer others your wisdom so that they, too, might have such a fulfilling life. Congratulations!

You know that life is always changing. Even the young are growing older each day. The key is to enjoy each moment that we have and find gratitude and joy in every phase of life. Don't rule out seeing a therapist to discuss your future. It could be much brighter than the bleak scenario you have painted for yourself in 10 years.

"Ask Me Anything: A Year of Advice From Dear Annie" is out now! Annie Lane's debut book — featuring favorite columns on love, friendship, family and etiquette — is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information.

Send your questions for Annie Lane to dearannie@creators.com.

Fluffy strawberry shortcake

By America'S Test Kitchen

The heart of any great strawberry shortcake is the topping of lightly sugared, juicy, ruby-red strawberries.

Our Strawberry Topping was perfect here; it had clean, pronounced berry flavour and a thick, chunky texture that didn't slip off our tender biscuits. For fluffy, not dense, biscuits, we called on our food processor for streamlined, foolproof mixing.

While eggs are not traditional in biscuits, we added a single egg to give our biscuits a lighter, more tender texture. A bit of half-and-half contributed richness, while a modest amount of sugar yielded slightly sweet, dessert-friendly biscuits. A cloud of whipped cream, nestled between the berries and the biscuit, provided the classic finishing touch.

For the best results, chill the mixer bowl and the whisk in the freezer for 20 minutes before whipping the cream. You will need a 2 3/4-inch biscuit cutter for this recipe.

STRAWBERRY SHORTCAKES

Servings: 8

Start to finish: 1 1/2 hours

Shortcakes:

- 2 cups (10 ounces) all-purpose flour
- 5 tablespoons (2 1/4 ounces) sugar
- 1 tablespoon baking powder
- 1/2 teaspoon salt
- 8 tablespoons unsalted butter, cut into 1/2-inch pieces and chilled
- 2/3 cup half-and-half
- 1 large egg plus 1 large white

Whipped Cream:

- 1 cup heavy cream, chilled
- 1 tablespoon sugar
- 1 teaspoon vanilla extract
- Pinch salt

Strawberry Topping:

- Makes about 4 1/2 cups
- 2 1/2 pounds strawberries, hulled (8 cups)
- 6 tablespoons sugar

For the shortcakes: Adjust oven rack to lower-middle position and heat oven to 425 F. Pulse flour, 3 tablespoons sugar, baking powder, and salt in food processor until combined, about 5 pulses. Scatter butter pieces over top and pulse until mix-

ture resembles coarse cornmeal, about 15 pulses; transfer to large bowl.

In separate bowl, whisk half-and-half and whole egg together. Add half-and-half mixture to flour mixture and stir with rubber spatula until large clumps form. Turn mixture onto lightly floured counter and knead lightly until dough comes together.

Using your fingertips, pat dough into 9 by 6-inch rectangle about 1 inch thick. Cut out 6 biscuits using floured 2 3/4-inch biscuit cutter. Pat remaining dough into 1-inch-thick pieces and cut out 2 more biscuits. Place biscuits on parchment paper-lined baking sheet, spaced 1 inch apart. (Raw biscuits can be refrigerated for up to 2 hours before baking.)

Brush top of biscuits with lightly beaten egg white and sprinkle with remaining 2 tablespoons sugar. Bake biscuits until golden brown, 12 to 14 minutes, rotating sheet halfway through baking. Let biscuits cool on sheet for at least 10 minutes. (Baked biscuits can be stored at room temperature for up to 1 day.)

For strawberry topping: Crush 3 cups strawberries with potato masher in bowl. Slice remaining strawberries and, along with sugar, stir into crushed strawberries. Let sit at room temperature until sugar has dissolved and strawberries are juicy, at least 30 minutes or up to 2 hours. Serve immediately.

For the whipped cream: Using stand mixer fitted with whisk, whip all ingredients on medium-low speed until foamy, about 1 minute. Increase speed to high and whip until soft peaks form, 1 to 3 minutes.

Split each biscuit in half and place bottoms on individual serving plates. Spoon portion of topping over each bottom, then top with dollop of whipped cream. Cap with biscuit tops and serve immediately.

Nutrition information per serving: 448 calories; 232 calories from fat; 26 g fat (16 g saturated; 1 g trans fats); 106 mg cholesterol; 402 mg sodium; 49 g carbohydrate; 2 g fiber; 23 g sugar; 6 g protein.

For more recipes, cooking tips and ingredient and product reviews, visit <https://www.americastestkitchen.com>. Find more recipes like Strawberry Shortcakes in "Just Add Sauce."

(The Associated Press)

THE RECORD

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SUDOKU

DIFFICULTY RATING: ★★☆☆☆

		2	8	5				6
	6	4		1	3			5
	5		6				1	
2					1	9		
			2	7	5			
		6	4					3
	8				4		3	
3			7	9		4	6	
4				3	6	5		

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PREVIOUS SOLUTION

8	7	5	9	6	1	4	3	2
9	2	1	7	3	4	5	6	8
3	6	4	2	8	5	9	7	1
7	1	9	3	4	8	6	2	5
5	3	8	1	2	6	7	4	9
6	4	2	5	7	9	1	8	3
1	8	7	6	5	3	2	9	4
2	5	3	4	9	7	8	1	6
4	9	6	8	1	2	3	5	7

HOW TO PLAY: Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

CELEBRITY CIPHER

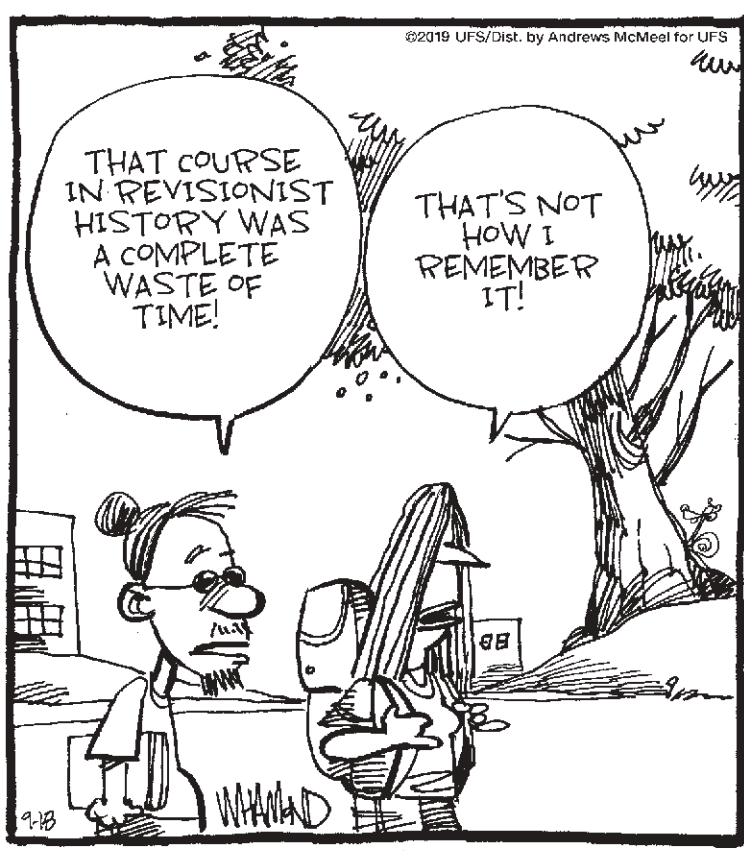
by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"GM BSW PCTJXIP RUXR RUP RUGKNF
RUXR BSW IXK VS XJP HGCGRHPFF
... BSW IXK IUXKNP RUP ZSJHV."
— RGC ISSL

Previous Solution: "It's an act of courage to make a film. ... It is very hard and very destructive. But we do it because we love it." — John Carpenter
TODAY'S CLUE: M sjenba Z

REALITY CHECK

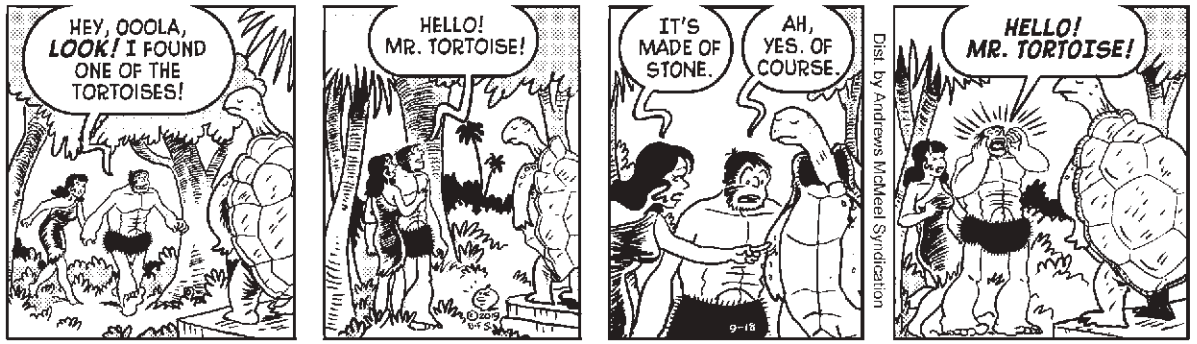


HERMAN

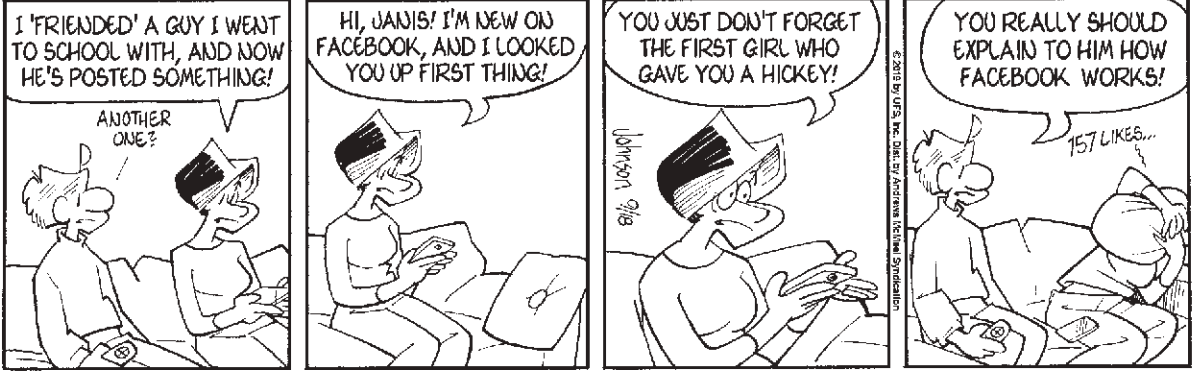


"I hate bothering you, but my wife wants to know if she passed her driver's test."

ALLEY OOP



ARLO & JANIS



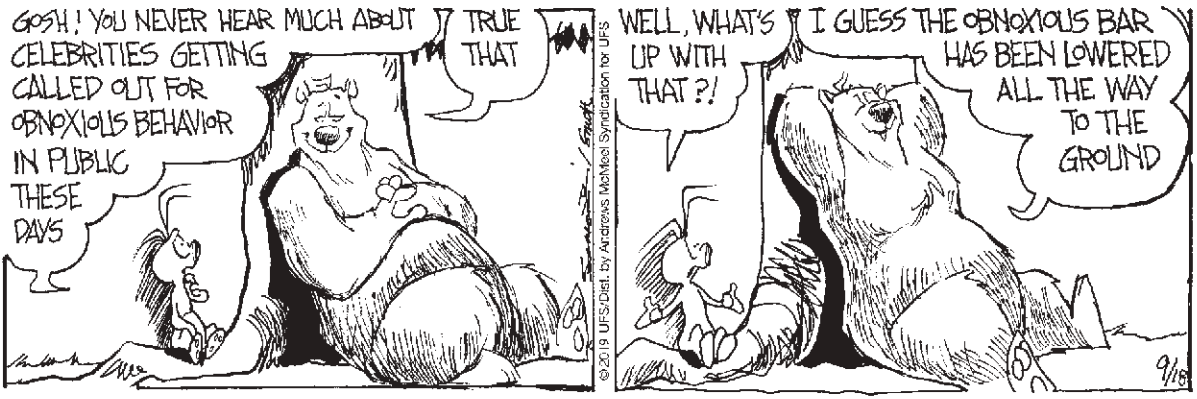
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Today in History for Sept. 18:
 In 52, Marcus Trajan, emperor of Rome from 98-117, was born. He was the third Roman emperor to rule, after Nero (54-68) and Domitian (81-96), who persecuted the early Church. During Trajan's reign, the apostolic Father Ignatius of Antioch was martyred, in 117.

In 1759, the French formally surrendered Quebec to the British following the Battle of the Plains of Abraham.

In 1762, the French garrison at St. John's, Nfld., surrendered to the British in the last battle between the French and English in Canada.

In 1810, Chile declared independence from Spain.

In 1839, Nova Scotia politician Joseph Howe published his famous letters to Lord John Russell on the subject of responsible government.

In 1841, an act was passed to establish and maintain public schools in Canada.

In 1851, the New York Times was published for the first time.

In 1875, the Supreme Court of Canada was organized under Chief Justice William Buell Richards. The court held its first session the following year, but did not become Canada's final court of appeal until 1949.

In 1885, compulsory vaccination caused riots in Montreal.

In 1888, the writer-conservationist known as Grey Owl was born Archibald Stansfield Belaney in Hastings, England. After an unhappy childhood during which he dreamed of becoming a North American native, Belaney moved to Canada at age 17 and claimed to be the son of a Scot and an Apache. Using the name Grey Owl, Belaney became a popular author and lecturer on the need for wilderness conservation. His true identity was not discovered until after his death in Prince Albert, Sask., on April 13, 1938. Grey Owl was the subject of a 1999 movie starring Pierce Brosnan.

In 1893, Stanley Thompson, considered Canada's finest golf course architect, was born. His world-renowned designs include Jasper Park Lodge and Banff Springs in Alberta, Capilano in Vancouver, and St. George's in Toronto. He died in 1953.

In 1895, John Diefenbaker, Tory prime minister from 1957-63, was born in Neustadt, Ont. He died Aug. 16, 1979.

In 1899, built at a cost of \$2.5 million, the original Toronto City Hall was formally opened by Mayor John Shaw.

In 1928, the "Graf Zeppelin," considered the finest airship ever built, had its first flight. It flew more miles than any airship had done to that time or would in the future.

In 1931, the Japanese army invaded Manchuria in northern China.

In 1934, the Soviet Union was admitted to the League of Nations.

In 1949, actor Frank Morgan died at the age of 59. He's probably best known for playing the wizard in "The Wizard of Oz."

In 1959, Soviet Premier Nikita Khrushchev proposed at the United Nations that all nations disarm within four years.

In 1961, UN Secretary General Dag Hammarskjöld and 12 others died in a plane crash near the border between Congo and Rhodesia. He was 56.

In 1975, American newspaper heiress Patricia Hearst was captured by the FBI in San Francisco, 19 months after she was kidnapped by the Symbionese Liberation Army.

In 1984, Team Canada defeated Sweden 6-5 in Edmonton to sweep the Canada Cup hockey tournament final in two games. Canada had knocked off the Soviet Union in a thrilling semifinal on an overtime goal by Mike Bossy.

In 1984, thousands of aboriginal Canadians

were disappointed when heavy fog prevented Pope John Paul from visiting them at Fort Simpson, N.W.T. The Pope kept a promise to visit them when he held mass in Fort Simpson on Sept. 20, 1987.

In 1987, the United States and the Soviet Union agreed to eliminate intermediate-range nuclear weapons from their arsenals.

In 1989, Ontario NDP Premier Bob Rae was among 15 people arrested during an anti-logging protest near a stand of old-growth pines at Temagami in northern Ontario.

In 1992, nine miners were killed in a violent explosion inside the strike-torn Giant gold mine in Yellowknife, N.W.T. RCMP believed the explosion was deliberately set. A miner, Roger Warren, was later convicted of first-degree murder.

In 1997, voters in Wales voted 50.3 per cent in favour of setting up their own parliament, after four centuries of direct rule from London.

In 2000, former Manitoba premier Gary Filmon resigned his seat in the legislature, formally ending a 25-year political career.

In 2001, Ernie Coombs, CBC television's beloved "Mr. Dressup" who retired in 1996 after 31 years on the air, died at age 73.

In 2004, John Tory was elected leader of the Ontario Progressive Conservative party, succeeding Ernie Eves at the party's convention in Toronto.

In 2005, parliamentary elections were held in Afghanistan for the first time in four decades amid reports of violence.

In 2006, a suicide bomber on a bicycle killed four Canadian soldiers and injured dozens of civilians while the soldiers were on foot patrol in the Panjwaii district in Afghanistan. Pte. David Byers, Cpl. Shane Keating and Cpl. Keith Morley were based in Shilo, Man., and Cpl. Glen Arnold was based in Petawawa, Ont.

In 2006, a public inquiry exonerated Syrian-born Canadian engineer Maher Arar, who was deported from the U.S. to Syria in 2002, where he was tortured as a terrorist suspect. Justice Dennis O'Connor said inexperienced RCMP investigators wrongly provided Americans with inaccurate evidence about Arar. It said there was no evidence Arar had committed any offence or was a threat to Canadian security.

In 2006, Bernard Lord's two-term Conservative government was ousted by the Liberals in the New Brunswick election. Shawn Graham led the Liberals to 29 seats. The Conservatives won 26.

In 2007, a storm in Minnesota knocked Saskatchewan's power system off-line, leaving more than 60 per cent of the province in the dark.

In 2008, Ron Lancaster, a CFL Hall of Famer known during his playing days as "The Little General," died at age 69. His illustrious CFL career began in 1960 in Ottawa where he won a Grey Cup in his rookie year. After the 1962 season, the Rough Riders dealt him to Saskatchewan where he spent 16 years, leading the Roughriders to their first-ever Grey Cup title in 1966. He finished his 19-year playing career with 3,384 passes for 50,535 yards and 333 touchdowns.

In 2008, O.J. Simpson was charged with seven felonies, including kidnapping, in the alleged armed robbery of sports memorabilia collectors in a Las Vegas casino-hotel room. He was convicted in October and was later sentenced to 33 years in prison with eligibility for parole after nine years. (He was granted parole effective October 2017).

In 2009, CBS aired the final episode of the soap opera "Guiding Light" after a 72-year run that predated television. The Guinness Book of World Records had cited it as the longest-running television drama. It began as a 15-minute serial on NBC Radio on Jan. 25, 1937, and

debuted on CBS TV on June 30, 1952, focusing on the fictional town of Springfield and the Spaulding, Lewis and Cooper families.

In 2010, Inderjit Singh Reyat, the only man convicted in the bombings of Air India Flight 182 and at Japan's Narita Airport in 1985, was found guilty of perjury during the trial of two other men acquitted of mass murder and conspiracy charges. (He was handed a nine-year sentence, and lost his appeal in 2013. In 2017, the Parole Board of Canada allowed him to leave a halfway house where he was required to stay following his release from prison in 2016.)

In 2011, thousands of homeless villagers in the Himalayas spent a miserable night outdoors in heavy rains after a 6.9-magnitude earthquake flattened houses and rescuers struggled to reach victims in the mountains of India, Nepal and Tibet. The quake killed 104 people and damaged more than 100,000 homes.

In 2013, a double-decker Ottawa city bus rolled through a flashing level crossing and plowed into the side of a passing Via rail train. The collision sheared off the front of the bus and knocked the locomotive and the first of four passenger cars off the tracks. Six people on the bus died, including the driver, while 30 others were injured.

In 2013, Boxing Hall-of-Famer Ken Norton, forever linked to Muhammad Ali for their trio of fights, died at age 70.

In 2014, in a historic referendum that saw an unprecedented turnout, Scottish voters rejected independence 55 to 45 per cent, preventing the rupture of a 307-year union with England. Britain promised Scotland new powers on taxes, spending and welfare.

In 2016, the Paralympics wrapped up in Rio de Janeiro and Canada finished with 29 medals (eight golds, 10 silvers and 11 bronzes), good for 14th overall. China led all nations with 239 medals.

In 2017, Hurricane Maria swept over the small Caribbean island of Dominica with catastrophic Category 5 winds, causing widespread devastation and leaving it virtually incommunicado. Two days later, Maria, now a Category 4, ravaged the island of Puerto Rico, knocking out power across the entire U.S. territory and triggering landslides and floods.

In 2018, Nova Scotia introduced legislation to make the funeral home industry more accountable after a woman's remains were mistakenly cremated when a home in the Annapolis Valley mixed up the bodies of two women who died a day apart.

In 2018, A judge ruled a Quebec trucker's prolonged inattentiveness triggered a horrific crash on an Ontario highway that left four people dead and several others injured. Mohinder Saini was convicted of four counts of dangerous driving causing death after his transport truck plowed into 20 vehicles that were slowed and stopped in a construction zone on Oct. 2, 2015.

In 2018, The U.S.-China trade war escalated with China announcing retaliatory tax increases on \$60 billion worth of U.S. imports, including coffee, honey and industrial chemicals.

In 2018, A Russian reconnaissance aircraft was shot down by Syrian forces responding to an Israeli airstrike, killing all 15 people aboard. The incident threatened previously close security ties between Russia and Israel, further destabilizing the region.

In 2018, Japanese billionaire Yusaku Maezawa announced he planned to blast off on the first-ever private commercial trip around the moon and would invite six to eight artists, architects, designers and other creative people to join him. The SpaceX Big Falcon Rocket was scheduled to make the trip in 2023.

(The Canadian Press)

NEA Crossword Puzzle

Your Birthday

- ACROSS**
- 1 Green shade
 - 4 — Sound-system
 - 7 Arm bone
 - 11 Nocturnal bird
 - 12 A Great Lake
 - 14 Unskilled worker
 - 15 Rainbow band
 - 16 Hawk
 - 17 Type of squad
 - 18 Wiped out a floppy
 - 20 Reacts to a pun
 - 22 Opposite of "paleo"
 - 23 Want ad abbr.
 - 24 Heroes' tales
 - 27 Go unsteadily
 - 30 Part of an orange
 - 31 Grimace
 - 32 Small bark
 - 34 "Much — About Nothing"
 - 35 To the — (fully)
- DOWN**
- 1 Sponge opening
 - 2 Still life subject
 - 3 Emmy winner Alan
 - 4 Quays

Answer to Previous Puzzle

C	H	A	T	T	A	G	S	B	E	T
L	A	T	H	O	M	N	I	O	D	E
A	L	E	E	M	O	U	N	T	A	I
M	O	N	S	T	E	R	E	R	R	E
	E	H	S	E	W	E				
B	A	L	S	A	T	A	S	S	E	L
U	S	E	T	W	I	T	S	P	A	M
N	I	N	A	E	L	S	A	E	S	E
	F	A	C	A	D	E	G	R	E	T
	I	R	S	L	A	O				
A	G	E	N	T	M	I	R	A	C	L
B	R	I	G	H	T	E	N	D	A	I
B	A	R	U	R	G	E	I	N	S	T
A	Y	E	R	Y	A	N	E	T	T	A

- 5 Tenet
- 6 Racket
- 7 Remove weeds
- 8 Han Solo's love
- 9 Lunch hour
- 10 Pismires
- 13 Barely win (2 wds.)
- 19 Fastener
- 21 Nerve network
- 24 Health club
- 25 Autobahn vehicle
- 26 Latch onto
- 27 Painted tinware
- 28 Fictional governess
- 29 Paddy crop
- 31 Small fish
- 33 Golfer's benchmark
- 35 Injured
- 36 Deep black
- 38 Granola kin
- 39 Lathered
- 41 Put on airs
- 42 Tijuana abode
- 43 Flamenco shouts
- 44 Ale ingredient
- 46 Sacred bird of Egypt
- 47 Pianist Peter —
- 48 Make like a beaver
- 51 "The Greatest"

WEDNESDAY, SEPTEMBER 18, 2019

Trust your intuition. Follow through with your plans. The changes you want to make can be put in place. A physical approach to whatever you do will bring you satisfaction and comfort. It's out with the old and in with the new this year.

VIRGO (Aug. 23-Sept. 22) — Make changes based on experience. Look for something new and exciting to incorporate into your everyday routine. A close friend or relative will offer valuable information.

LIBRA (Sept. 23-Oct. 23) — Refuse to fit into a slot that doesn't suit you. Make your voice heard and your priorities clear. If you don't speak up, others will make decisions for you.

SCORPIO (Oct. 24-Nov. 22) — If something excites you, take a chance on it. Your enthusiasm will help you coax a loved one or co-worker into joining your pursuit.

SAGITTARIUS (Nov. 23-Dec. 21) — Look at every angle before you get involved in something that has been hyped by someone who is a good talker. Protect yourself against those trying to take advantage of you.

CAPRICORN (Dec. 22-Jan. 19) — Take an interest in your home, possessions and plans to make your life better. Projects that will add to your assets and ease your stress are favored.

AQUARIUS (Jan. 20-Feb. 19) — Don't let

anyone limit what you can do. Take care of details personally and avoid setbacks. If you abide by the rules, you'll reach your goal. A commitment can be made.

PISCES (Feb. 20-March 20) — A change may tempt you, but you should take a test drive before making a move. The grass may look greener on the other side of the fence, but don't be fooled by appearances.

ARIES (March 21-April 19) — You'll appear to be more transparent if you remove yourself from a situation before making a decision. Time spent with a loved one will give you a different perspective regarding long-term plans.

TAURUS (April 20-May 20) — Get moving. Your actions will affect how your day unfolds. An aggressive attitude will help you reach your objective and encourage positive change.

GEMINI (May 21-June 20) — Spend more time nurturing a relationship with a loved one. Whether it's a youngster, friend or romantic interest, what you share will bring you closer together. Personal improvements are favored.

CANCER (June 21-July 22) — If you don't do the work, you can't expect to be rewarded. If you set your priorities and a budget, you'll live up to your expectations. It's OK to be different.

LEO (July 23-Aug. 22) — Be open to suggestions, but when it comes down to making a decision, do what feels right. If you act prematurely, it will end up costing you emotionally or financially.

WEDNESDAY, SEPTEMBER 18, 2019

Keep your eyes on your side's target

By Phillip Alder

Nido Qubein, the president of High Point University in North Carolina, said, "Nothing can add more power to your life than concentrating all your energies on a limited set of targets."

On each deal, there are usually only two clear-cut targets: declarer's and the defenders'. (If the deal is being played in a matchpoint duplicate, the target is often unclear because overtricks are so important.)

In today's deal, South is in four hearts. His target is 10 tricks, East-West's four. West leads the diamond king; seven, nine, two. Who gets home first?

After North opened with a weak two-bid, South's three-heart response was natural and forcing. (A good aide-memoire is six and 16 — a six-card suit and at least 16 points. So, South's bid was a fractional stretch.) North happily raised with three-card support.

Since East was unlikely to have two major-suit winners, West surely should have shifted to the club jack at trick two. Here, that would have given the defenders four tricks: one spade, two diamonds and one club.

Alternatively, given that East's diamond nine was showing the ace, West could have continued with the di-

		North	09-18-19
		♠	K J 10 9 7 6
		♥	Q 10 5
		♦	10 7
		♣	Q 3
West		East	
♠	8 5 4 3	♠	A 2
♥	7	♥	8 4 3
♦	K Q 8 5	♦	A 9 6 4 3
♣	J 10 6 2	♣	K 7 5
		South	
		♠	Q
		♥	A K J 9 6 2
		♦	J 2
		♣	A 9 8 4
		Dealer: North	
		Vulnerable: Neither	
South	West	North	East
		2♠	Pass
3♥	Pass	4♥	All Pass
Opening lead: ♦ K			

among queen. Then East would have signaled with his three, the lowest card being a suit-preference signal for clubs.

Instead, West led the diamond five. Yes, East won with his ace, but he was endplayed. When he shifted to a trump, South won in his hand and led the spade queen. East took that, but declarer won the next trick, drew trumps ending on the board and discarded all of his losers on the spades.