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THURSDAY, MARCH 31, 2016

Little bands looking to go far

By Gordon Lambie

There seems to be no shortage of people in the world who can pluck a few notes on the guitar or who might be known to get up and sing at the local church variety show now and again, but what happens when one of those people wants to make the jump from making music for fun, to making music professionally?

Two Lennoxville-based groups are thinking hard about that question right now. Both formed out of connections made in college or University, The Mexican Candies and Little Forks are two different bands with two very different sounds who are each trying to find their own way to serious musical success.

"In the Eastern Townships it's pretty hard because everyone is so distant. I live out in the country and I was going to Galt, so it was really hard for me to connect with other musicians," said 18 year old Julien Gregoire Peloquin, the drummer of The Mexican Candies, explaining that until he got to Champlain College he never had any success at getting a group together to play with. "Champlain's incredible because it's people from all over Quebec."

Though actually finding musicians to play with seemed like his first real struggle, Peloquin said that the leg work involved in building a reputation and gathering more attention as musicians has proven to be even more complicated.

"When you don't have a name it's really hard for people to believe you or trust you," the drummer said. "When people pay to go see a band, they want to know that it's good."

Peloquin said that the band members searched for months without success, spending a few hours out of every day going to bars looking for openings. When, after half a year of working to try to build their reputation,

CONT'D ON PAGE 3

Cancer support organization launches fundraising campaign



MATTHEW MCCULLY

Left to right: Madeleine L'Italien, a beneficiary of the foundation's services, Myriam Beaulé, the foundation's regional director, Marie-Claude Riou, this year's ambassador for the fundraising campaign and Vincent Cloutier, Director General of COGECO, a long-time supporter of the Quebec Cancer Foundation.

By Matthew McCully

On Wednesday morning La Fondation québécoise du cancer, an organization offering services and support to people battling cancer, launched a fundraising campaign, aiming to raise \$21,000 to help sustain local initiatives.

For the last 35 years, the foundation has been offering assistance to people

with cancer as well as those close to them.

Services include accommodations for patients and loved ones travelling long distances for treatment, counselling, massage and physical wellness programs, and information from specialists attuned to the specific needs of people with cancer.

During the Launch, Madeleine L'Italien, a beneficiary of the Quebec Cancer

Foundation's services, shared her experience, pointing out that she had no idea such a vast network of support was available.

The Sherbrooke branch of the foundation is located on the CHUS-Fleurimont site.

For more information, visit the website www.cancerquebec.com or call the information line, Info-cancer: 1-800-363-0063.

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Weather



TODAY:
RAIN

HIGH OF 15
LOW OF 13



FRIDAY:
RAIN

HIGH OF 14
LOW OF 1



SATURDAY:
RAIN

HIGH OF 8
LOW OF -8



SUNDAY:
SNOW

HIGH OF -6
LOW OF -17



MONDAY:
CLOUDY

HIGH OF -4
LOW OF -11

The Sleep Contract



ROSS MURRAY

Whereas the parties referred to herein have shared a bed on a nocturnal basis for considerable time in accordance to accepted socio-marital norms and sleeping patterns, notwithstanding that as time passes, said sleeping patterns are becoming increasingly weird; and whereas the parties wish to maintain peaceful relations pursuant to the good governance of a decent night's sleep; the parties do willingly and without prejudice agree to the following terms and conditions:

1. THE PARTIES.

This agreement is made between SPOUSE A (hereinafter referred to as "Spouse A") and SPOUSE B (hereinafter referred to as "Spouse McAwesomeSauce").

a. Notwithstanding the above, Spouse A reserves the right to refer to SPOUSE B as "a bit of an ass."

b. Spouse McAwesomeSauce agrees to 1.a because Spouse McAwesomeSauce thought of coming up with a cool contract name, so whatever...

2. DIVISION OF TERRITORY.

a. The territory of the sleeping area shall be divided evenly in half.

b. Each party agrees to use reasonable restraint in order that encroachment onto the other party's half be limited to extremities (hands, arms, feet, legs, etc.) unless said extremities are: icy cold; all jaggedy; inexplicably reekin' of cheese.

c. Body-to-body contact ("snuggling") is permitted based on: verbal agreement;

kind of a vibe; the God-given right to steal another party's body heat.

i. Any activities beyond acceptable standards of snuggling are pursuant to a separate agreement and are not covered within the scope of this contract.

d. In the event that one party vacates the bed, the remaining party is entitled to fully encroach the vacated territory ("sprawl"). The vacating party renounces all hold on the territory unless said party was just in the bathroom for two minutes, for crying out loud. A sprawl does not grant unlimited rights and privileges to the vacating party's territory, and definitely no drooling.

3. BREATHING.

a. The parties hereby agree to breathe to the best of their abilities in a respectful and non-invasive manner, inasmuch as they are asleep and really can't be held accountable.

b. Should Party One turn over in a conscious or semi-conscious state to face Party Two and discover that Party Two is already facing Party One, Party One must turn his or her face away and not breathe into Party Two's face, even if Party Two is dead asleep, because, let's face it, Party One isn't going to want Party Two's death breath in his or her own face either.

i. Party One agrees not to sigh noisily or flounce dramatically so as to awaken Party Two, thereby forcing the potentiality of Party Two becoming the turner-over-er.

ii. Both parties agree not to pretend to be asleep in order to wait it out.

c. Should one party commence snoring, clicking, wheezing, etc., the other party reserves the right to nudge, poke and/or bludgeon with a pillow, as required, without reprisal.

d. Notwithstanding 3.c, the non-snoring party may opt not to nudge, etc. but instead inform the snoring party the following morning that he or she was snoring. The answer to "Why didn't you just wake me?" then becomes "Because 3.d,"

which is just as logical.

4. PETS.

Given the limited nature of the sleeping territory, the parties agree that the accommodation of pets must be achieved as respectfully and hairlessly as possible.

a. Spouse A agrees, inasmuch as possible, to confine the pet(s) to her allotted territory. (See 2.a) The addition of pet(s) does not entitle Spouse A to more territory, no matter how much she doesn't want to disturb them because look how cozy they are.

b. Should pet(s) encroach Spouse McAwesomeSauce's territory, he reserves the right to relocate them in a gentle, non-kicking manner.

c. Spouse McAwesomeSauce further agrees to let pet(s) sleep on Spouse A's head, even though that is clearly non-conducive to a good night's sleep and also bat crazy.

d. Should head-perched pet(s) commence snoring, clicking and/or wheezing, Spouse McAwesomeSauce reserves the right to poke, nudge or, if necessary, relocate pet(s);

e. Pursuant to the above, Spouse McAwesomeSauce cannot be held responsible for scratches inflicted to Spouse A's head during relocation.

f. Specific to the dog, the party who hears said dog scratching to go out at 5:00 a.m. must let said dog out.

g. As if the other party didn't hear said dog scratching.

h. How can the other party hear said scratching if the other party is asleep?

i. Maybe if the other party had said hearing checked...

5. MISCELLANEOUS

a. The parties hereby agree:
i. To remember years ago when they were perfectly happy sleeping together in a tiny, single bed.

ii. To maybe not eat so much chocolate so close to bedtime.

iii. To trim those toenails.

Fatal crash follows theft in Sainte-Anne-de-la-Rochelle

Record Staff
Sherbrooke

A 24-year old Waterloo man was killed late Tuesday night after crashing his ATV into a Hydro pole in Sainte-Anne-de-la-Rochelle Police were

notified of the accident at the intersection of the 6th Range road and Ch. Ste-Anne.

The victim apparently lost control during a turn and struck the pole suffering the serious injuries that led to his

death.

Police say an investigation into the event suggests that the victim was involved in a break and enter that took place shortly before the accident during which the ATV was stolen.

Ben by Daniel Shelton



LOCAL NEWS

"Build the society, our society," is a motto of Provencher's, adding that small steps equal small gains which lead to big success.

First ETSB meeting for new DG

By Matthew McCully

Tuesday evening's Eastern Townships School Board (ETSB) council of commissioners meeting began with the board confirming the appointment of Christian Provencher as the new Director General.

Provencher, formerly the DG of the French Board Des Sommets, entitled his first report to the board "My First Words."

Not dancing around the fact that he needs to improve his English, Provencher went on to tell the board about his leadership philosophy, what he intends to accomplish between now and the end of the school year, what his expectations are.

Using buzzwords like perseverance, teamwork, relationship building and courage, Provencher said he is excited by the challenges that will come with his position.

He intends to visit all the ETSB schools, centres and services before the end of the year to introduce himself to staff and learn first-hand about the ETSB.

Provencher said he expects the board and ETSB staff to maintain positive attitudes and work together to create an environment that fosters success among ETSB students.

"Build the society, our society," is a motto of Provencher's, adding that small steps equal small gains which lead to big success.

Appalachian Teachers' Association

President Megan Seline used the opening question period of the meeting to welcome Provencher to the ETSB.

Chairman Mike Murray's report revolved around education reform bill 86.

Murray said a memorandum prepared in collaboration with French boards from Sherbrooke, des Sommets and Hauts-Cantons was well received last Thursday when presented to a commission collecting feedback regarding the bill.

"We genuinely addressed the fundamentals of education," Murray said, adding that collaborating with local French boards proved a successful endeavour.

According to Murray, the commission seemed open to the ideas put forth in the memorandum, which discussed how, without legislation, the education system in Quebec could be improved.

While there was concern when Bill 86 was first tabled, appearing to have an aggressive timeline, Murray said the timeline seems at this point to have receded into the indefinite future.

The school year calendar for the youth sector of the ETSB was adopted.

Human Resources Director Jeff Pauw pointed out that for the first time, the board managed to agree upon a single unified calendar with the Val des Cerfs school board, with whom the ETSB shares the Massey Vanier and Sutton Elementary school campuses.

Audit committee approved funding allocations for new windows and bathroom renovations at Lennoxville Ele-

mentary School.

Paul Laberge, reporting on the recent central parents' committee meeting, said there was confusion regarding the organization of the volunteer recognition event, held annually.

"Is it a board event, or is it a parents' committee event?" Laberge asked. While initially involved in organizing the event, the Laberge told the board the parents committee had aborted all plans and removed themselves from the planning, unclear about whose responsibility the event should be.

Secretary General Éric Campbell clarified that it had always been a board event. Chairman Murray added there was likely a communication breakdown at some point, but that a collaboration between the board and the parents' committee could only improve the event since they are most familiar with the parent volunteers being honoured.

On another topic, Laberge, on behalf of the parents' committee, asked the board to form an ethics review board to evaluate the Tell Them From Me Survey.

A discussion on the topic continued for close to 30 minutes, with Laberge saying that ultimately parents are troubled by the lack of transparency surrounding the survey, and uncomfortable knowing the data collected belongs to a source outside the ETSB.

Operating under the notion the ETSB was blindly administering a survey to the benefit of The Learning Bar, Kandy Mackey, Director of Pedagogical Services assured Laberge and other parents' com-

mittee members that she had read and approved of the survey.

"We would never be able to build something like that," Mackey went on, pointing out how valuable the information gathered from the survey has been in helping develop services for students.

It was also pointed out during the discussion that the Tell Them From Me survey had been vetted and approved by the ETSB as well as research professionals, and it was given to over a million students across the country.

Having brought up the topic at the Student Advisory Committee, commissioner Joy Humenuik said the biggest complaint from students was that the survey was too long. Commissioner Gary Holliday, also on the Student Advisory Committee, added that the students said they did not feel disturbed by the questions, or feel pressured to answer.

Surprised that parents would worry that questions on a survey of high pedagogical value could have questions of too vulgar or personal a nature, Chairman Murray pointed out the students in question were walking around with smart phones and computers, with ready access to the internet.

Murray wondered if media literacy might be a better topic to address with parents.

As the meeting came to a close, Murray put an end to the rumour circulating in Farnham that the board intends to close the school.

"That is not true," he said.

Little bands

CONT'D FROM PAG 1

The Mexican Candies finally did get a show, it was in a hole-in-the-wall spot in a small community outside Montreal whose manager contacted them seemingly out of the blue.

"I think the crowd was basically our parents, but that's how it started," the Drummer said.

One year in, after a range of other strange shows in unusual locales, The Mexican Candies are working on trying to build a following and attention by uploading songs to YouTube and building connections online.

"There's a lot of internet stuff these days," Peloquin said "we just have one microphone in my basement. It sounds pretty bad but it is enough to get our sound out there."

For Lily Kobelt and Jono Townsend of Little Forks, on the other hand, "internet stuff" is almost where the story began. Kobelt is in her second year of studying marketing and entrepreneurship at Bishop's University, but the two first connected by taking music classes together.

"We spent a lot of our time just playing together," Kobelt said. "Then at one point we thought, why not make our own music and see where things go

from there?"

Though both Townsend and Kobelt talked about the fun of making music together, both framed their interest in performance as a business venture and said that as soon as their public performances drew any interest they decided to start thinking about their public image.

"One night we decided to make a Facebook page as a place to post our photos," Townsend said, "and we said that if we got 500 likes then we'd post a cover."

The next morning they had surpassed 600, and had people asking for that video.

"We were really surprised because we weren't expecting much," Townsend said. "It's fun."

The two quickly threw together a cover, and saw it quickly take in more than 7000 views.

Responding to that kind of public response, Kobelt said that the band is now focused on trying to make the kinds of connections that The Mexican Candies started out focused on. Building towards what she called "patio season" the musician said that Little Forks is talking to small restaurants and cafes in Sherbrooke and Montreal with an idea to book shows in the kinds of venues that

don't necessarily look for a rock vibe.

Underscoring what they've already done, the band is also working on a live EP of four songs as a sampler for potential venues to know what they sound like and are in talks with a producer who has worked with local bands Orange O'Clock and EdwarVII to produce a more polished single that could eventually be a part of a complete album.

"Right now we don't have enough material. We're just working on stuff frantically now to get shows," Townsend said. "Even though it's fun making music, we really want this to be a business opportunity."

Though the band members seemed flustered by suddenly seeing more interest in their work than they have material to respond with, Kobelt said that she'd rather have the brand awareness and a shortage of work than the other way around.

"I think that a lot of the problem with a lot of musicians we have met who are really good is that they

don't know how to market themselves," the business student said. "Even though we don't know exactly who we are yet, we're still working on it and we know exactly where we want to go."

Peloquin said that amid the shows his group has coming up, they have signed up for a number of contests.

"A lot of the prizes are hours in studio," the drummer said. "We have no budget at all, so we have to try to see what we can win. One way or the other we're going to get some recording out there really soon, though."

The Mexican Candies will be playing a show at The Lion Pub this coming Friday night. More information about Little Forks is available on the band's Facebook page.



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School Page

North Hatley Elementary

Extra! Extra! North Hatley Elementary School Pulls Off an Amazing Pink Shirt Day

Article written by cycle 2 students from North Hatley Elementary School (and edited by their teacher, Sophie Bass)

Title written by Victoria Houston and Emma Andrews

Introduction

By Emma Andrews & Victoria Houston

On Wednesday, February 24th, 2016, all (or most) of the children and teachers at North Hatley Elementary School celebrated Pink Shirt Day in favour of anti-bullying. It was a very fun, cool, awesome and successful day! Please read on below for more details.

History of Pink Shirt Day

By Chaimber Condo & Haley Morse

On Wednesday, November 27th, two boys by the names of Travis Price and David Shepherd from Nova Scotia, Canada, started Pink Shirt Day in response to seeing a new kid in grade 9 being bullied for wearing a pink shirt. After witnessing the bullying, they decided to get a bunch of pink shirts, mes-

saged a bunch of people (especially boys), brought these shirts to school the next day and over 60 people wore the pink shirts! The victim felt really supported and the bullies never bullied again, as this action caught them by surprise. What a good idea and what a success! After hearing this inspiring story, many schools decided to hold their own Pink Shirt Days. This is a tradition that has lasted in many schools across Canada over the years and North Hatley Elementary School was proud to take part.

Pink Shirt Day at N.H.E.S.

By Vanessa Phaneuf & Devin Ride

On Wednesday February 24th, North Hatley Elementary School had an assembly for Pink Shirt Day in the gym. During the assembly, the cycle 2 students (us), went on stage to give an informative presentation to the rest of the school about the day and its history. After this, we watched a bullying video called "The Bully Dance" by the National Film Board (NFB) and we discussed, as a school, certain issues seen in the video and what we could learn from it. All of the students and teachers wore pink shirts to school on Pink Shirt Day. North

Hatley Elementary School students will take a stand against bullying forever!

What We Learned

By Emma Picard and Janelle McIntyre

"I learned that no matter who you are, you can stop bullies from bullying because anyone can make a difference. By the way, sometimes you just need to help bullies. Also, I learned that you should not be mean to a bully because two wrongs don't make a right. Bullying is wrong and we should all work towards

stopping it!" expresses grade 3 student Emma Picard.

"I think that anyone can wear what they want no matter if they are boys or girls. If you are a boy, you can wear pink, purple and turquoise too. If you are a girl, you are allowed to wear blue, black, brown and any colour you choose! Also, if a bully bullies you, do not do it back. Instead, just pretend the bully made a joke and do a fake laugh to confuse him," says grade 3 student Janelle McIntyre.



PHOTOS COURTESY OF NORTH HATLEY ELEMENTARY

Best Bed Head Buddy Reading Extravaganza!

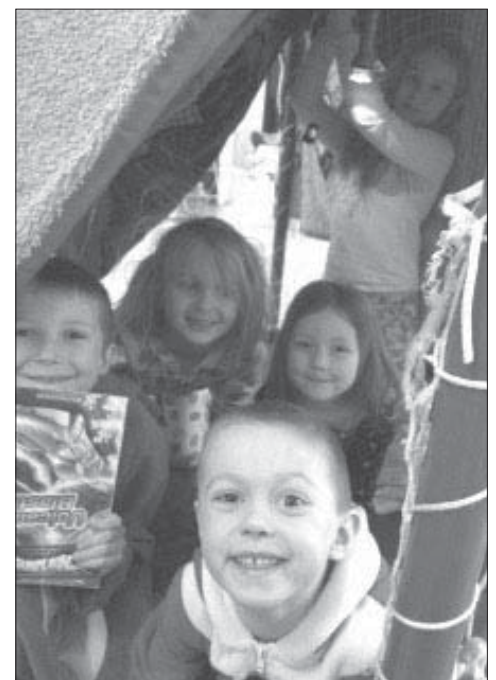
Submitted by North Hatley Elementary

On Wednesday, March 23rd, the students of North Hatley Elementary School were encouraged to come to school in their pajamas sporting their best bed head hair. They went all out; stunning and surprising their friends with some of the wackiest, messiest and most colorful creations one could imagine.

The afternoon was a huge success! In multi-grade teams, the students made forts in the gym using their blankets, gym mats, beanbag chairs and other assorted materials. Then all students snuggled in, flashlights in hand, and buddy read with someone from another class. The cozy reading atmosphere positively reinforced the joy of reading. The event was capped off with a Best Bed Head Hair competition. Certificates were

awarded to: The Funniest, The Messiest, The Tallest, The Most Dangerous and The Most Original Bed Head styles. It was an

event the students truly enjoyed. We look forward to doing this again in the future.



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Motrec International:

Moving forward without moving away

By Gordon Lambie

From the outside, the headquarters and manufacturing facility of Motrec International in Sherbrooke's Brompton borough looks much like any other nondescript industrial park building. Inside the factory, however, is a leader in the local business community with a focus on keeping opportunities open for the people of the region.

Started in 1988 in an East-Angus Garage, Motrec International has been producing electric vehicles for the manufacturing industry since well before the current environment-driven interest in electrical engines grabbed hold of the market and now claims the technology as being in their "DNA." The business has been operating since 2011 under the leadership of noted Eastern Townships businessman Blair McIntosh.

"There's a lot going on here," McIntosh told The Record on Wednesday morning. "We're in a tremendous growth mode and the potential is enormous," McIntosh

According to the company's website, the Brompton facility was built at the end of the 1990's "with room to grow," but the President and CEO said that a four-fold increase in business over the last five years now has the factory bursting at the seams. McIntosh pointed out that the relatively small operation has

major contracts with companies all over the world like FedEx Ground, Tesla, GM, Ford, Walmart, Air Canada, Goodyear, and RioTinto Alcan. Ninety per cent of that business is with companies outside of Canada, and fully half of it is for the auto manufacturing industry.

"We're not really pushing our marketing and sales efforts too much," the CEO said, explaining that without more room to work he doesn't want to see the company overloaded and unable to meet existing orders.

Asked about expansion, McIntosh said that the company has drawn a number of extremely attractive offers from nearby communities but said that despite a challenging local economic climate he wants to see the business stay in Sherbrooke.

"The economic situation in Sherbrooke has not been very good over the last ten years, with more business leaving than coming in," the CEO said, "but our preference is to stay here. My heart is here in the Eastern Townships. I grew up in Windsor not too far from here, I live in North Hatley; I've been here pretty much all my life."

McIntosh underlined the importance he sees in supporting local entrepreneurship projects and innovation. He shared that he has been working closely with both the recently opened business incubator Espace Inc. and the students of the Dobson-Lagacé Entrepreneurship

Centre at Bishop's University to help people find their niche within the local community rather than seeking opportunity elsewhere.

Within his own company, The CEO explained that Motrec has been nominated for or awarded three significant commerce and industry awards in the last year and a half. Most recently the company was named as a finalist in two different categories of the Mercuriades, the awards of the federation of Chambers of Commerce of Quebec. The FCCQ has recognized Motrec for its new mobile-enabled website as well as for recent strides in innovation.

In terms of innovation, McIntosh praised three ongoing projects to help keep Motrec's fleet of custom-ordered vehicles on the cutting edge of the market. Working through an innovation firm in St. Jerome, the company has been developing a new lithium battery pack that will greatly increase battery life both between charges and overall, a new hybrid-electric vehicle that offers a longer range vehicle than pure electric, and in the longer term, driverless vehicles.

"These could be really big game changers for us," McIntosh said, expressing the expectation that the new battery technology in particular is likely to draw attention from companies like FedEx and Tesla.

Asked about what prompts the turn to an outside firm for innovation, McIn-

tosh said that working with the St. Jerome firm opens up time and resources that would not otherwise be available.

"The ideas originate here, but we are limited in our resources." The CEO said. "These guys have the human resources but also the equipment and the know-how to bring those ideas to life."



GORDON LAMBIE
Blair McIntosh, President and CEO of Motrec International

MARCH IS MAPLE MONTH

By Burton McConnell

I enjoyed the articles about sugaring this month. There were several mentions of a sugaring-off, with photos of sugar on snow. My favourite way of eating the liquid sugar is with paddles-the big one dipped in the boiling liquid, the little one to transfer it from paddle to mouth as you can see in the picture below.



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EDITORIAL

The only thing holding many of us back from yelling “yippee!” each snowless day was a fear of the environmental inquisition which equates creature comfort with human failing.

Global Warming



TIM BELFORD

Well spring is here, at least officially. It was a pretty good winter all in all, unless you owned a ski hill or operate a snow-removal business. Of course the unusually mild weather, particularly in November and December, has every climatologist worth her thermometer shaking her head. Well sorry, if this is global warming I'm all for it.

I know, I know, but hear me out. I'm not denying global warming nor am I denying that mankind is playing a major role in how things are developing. What I am saying is let's not ignore the upside.

Come on, how many of you are secretly delighted you didn't have to spend forty hours a week shoveling snow? What about the heating bill? Why don't you admit it? Paying your oil company half of what they got last year must have brought a smile to your face and to those who heat with electricity I needn't mention the delight of sticking it to Hydro Quebec.

Instead of spending a full half hour swaddling yourself in sweaters, parkas, mittens, hats, hoods and mukluks just to go to work wasn't it nice to just throw on a coat, some light gloves and a pair of low-cut boots and head out the door? The only thing holding many of us back from yelling “yippee!” each snowless day was a fear of the environmental inquisition which equates creature comfort with human failing.

But what about the poor ski hills and all those winter sports enthusiasts you

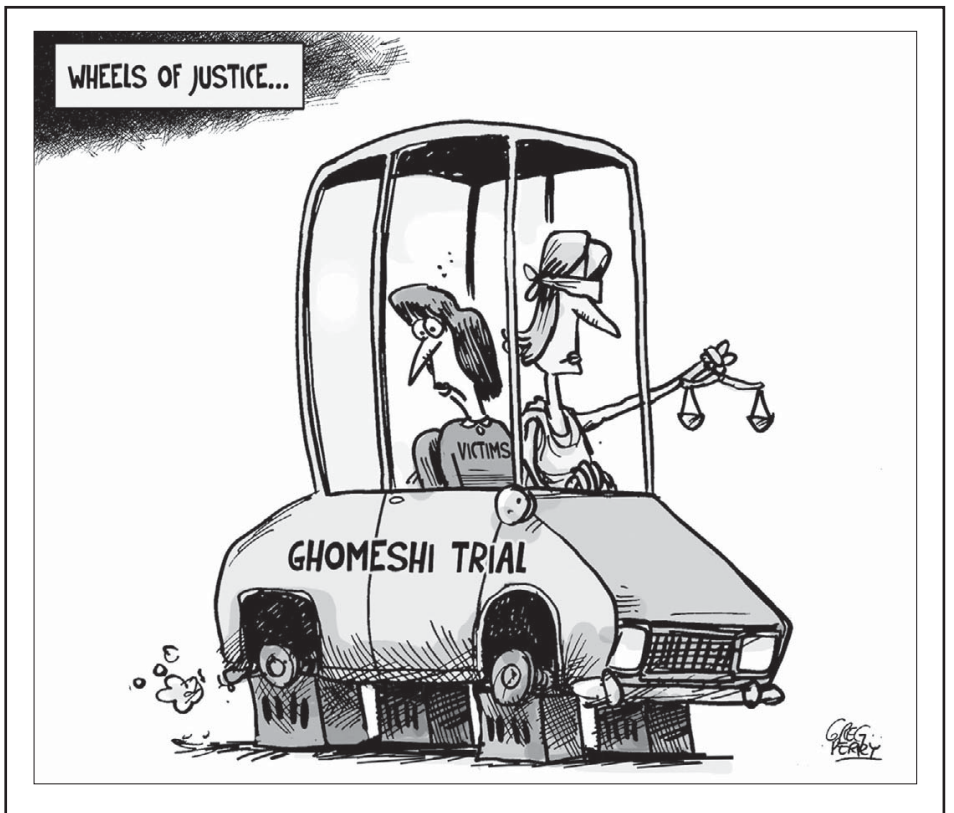
ask. Sure the ski season was a bust and snowmobilers were forced to keep their machines in the garage for most of the winter but so what? Think of all those cars not driving two hours to a ski hill and all those quiet sno-cats. The drop in exhaust fumes alone must have given the air quality a boost. Besides, I don't recall any skiers saying how sorry they were a couple of years back when the rest of us were up to our snow-panted tushes while we dug out the driveway for the third time in two days.

We've been warm before. Fossils show that parts of the Arctic were once tropical swamps. Where polar bears now roam pre-historic crocodiles once frolicked. The only reason nobody bemoaned the disappearance of the crows when things turned icy was that the World Wildlife Federation wasn't around.

Admittedly, much of my willingness to accept global warming whole heartedly is that I'm old. I've never been much on going south in the winter particularly now that the Canadian dollar won't by you a Q-tip let alone a cold beer. So the thought of our climate moderating isn't nearly as frightening as it is for some out there. I also live at the top of a fairly high hill so flooding is not an imminent threat.

Maybe it's also because I have a lot of faith in mankind in general – not the ones, by the way, who blow up others indiscriminately. We've come a long way since we hit the beach if not running at least moving forward. We've dealt with extreme heat and searing cold. We've survived volcanic eruptions and tidal waves. Earthquakes have left us undaunted and hurricanes unconquered. Mankind has suffered plagues and famine and if you believe the bible locusts and angels of death. In short, we've seen it all and I believe we'll figure it out.

Meanwhile, I've got a few years left and it sure would be nice if they were warm ones.



Letters

Homeland Security

DEAR EDITOR

History teaches us about dealing with refugees. Cyrus helped displaced Judeans return to their homeland. Under Darius, they continued to re-establish themselves. Nehemiah came from Susa to govern the newly re-established republic. With Persian then Greek help, Judeans reclaimed not only Judea, but Samaria and parts of Syria. Naturally, these migrations caused dissention; there is always dissention in the aftermath of war.

Today, like many other nations, we have thousands of Syrian refugees. They have become another 'nation within a nation', changing demographics and attitudes wherever they arrive.

There are thousands of refugees camped along Syria's borders and in transit. They have nowhere to go; and after host nations have hosted as many as they can, thousands still remain in limbo.

The looming human catastrophe is epic; Biblical. Why is it that after a holocaust, we haggle over dry bones? Lets add flesh to flesh, bone to bone and help these people stand again. They are the flesh and blood of Syria; they must be the ones to stand up and testify, so that war crimes are exposed and prosecuted.

"I would not remain to see their ruin..."

Have we done all that we can?

There are great cruise ships gallivanting all over the world, showing off our affluence. Why can't we use them as a temporary 'homeland' for some of these displaced Syrians? In this new setting, they could prepare for the repatriation of their homeland. We could teach them, train them, and send them back, ready to reclaim what was stolen from them. We could unleash and assist other exiled refugees who want to help strike a blow against Isis and against despotism.

'Carpet bombing' and other such simplistic ideas will not re-establish anything. It is the type of 'solution that destroys existing governance and leaves a 'power vacuum', where parasites like Isis are soon entrenched and mingled among other citizens. You cannot restore hope with bullets, or repair a corrupted faith with a bomb. These elements must be rebuilt within the citizens themselves. These refugees give us an opportunity to accomplish that; they are righteous defenders of that afflicted nation.

With our help, they can re-establish the Syria that once helped Palestine and Israel; the Syria that was undermined by modern-day Philistines and glory-seeking wannabees. This concerns everyone; we all need to be free from these threats. Refugees have been long enough in the desert; now the time has come to be the change that we want to see. Let's remind the world that the exodus is nearer to the beginning than the end of the story...

Eric Lancaster
Sherbrooke

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THE RECORD

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Greece

By Jackie Heim

It is with a heavy heart that I leave Greece with everything that is going on there. Things changed in an extreme and drastic way last weekend, just after I left Athens, with the turning of the hotspots on the islands into detention camps and the forcible removal of refugees off the islands and attempts to put them into more militarized camps on the mainland. My sense is that nothing is clear, so few people – most importantly the refugees – really know what is going on, what their rights are, where they are to go and the big unknown, where they will end up. I know a person who said to me he wishes he never left Syria and that he was still there to die. That pretty much sums it up. The few lucky ones have found some reprieve however momentarily, in the occupations in Exarhia for example, the anarchist part of Athens where people live together in abandoned buildings. But for the most part it seems people are in limbo, spending their days either waiting and waiting on the streets and port of Athens or in camps that are becoming increasingly militarized and more like prison camps, and at the border with Macedonia. There are almost 50,000 refugees stranded in Greece right now, over 5,000 in tents and empty buildings at Piraeus alone.

I am humbled and truly moved by all the people I met this time around in Greece, a country I grow to love more deeply with each day I spend there. The dignity, willingness to talk and connect, and above all the resilience of the refugees I will always remember. Each person from the far reaches of the world whose path crossed with mine, who came to do something or to find safety, brought a gift with them of kindness to me, acknowledgement, compassion, gratitude. We go to Greece as people of solidarity and what happens is this beautiful exchange - I love them and feel loved back by everybody. From the brief but immediately heart level meetings – crying with a perfect stranger – expressing our deepest feelings with words or tears, listening to the endless stories, those accumulate somewhere in me and become a well of grief, a source where my memories lie of each person, their smile and laughter, their worried concern, their sadness and joy. I feel all of it; they are part of me now along with my own personal loss of late. And though it saddens me deeply to think I will never see many of these courageous people again or know what happened to them, I won't forget them.

I have relatives in Holland who are ashamed right now to be European, I've heard this from many of the solidarity workers I met. Europe is missing out big time. Missing out on the magic that is created when you open your doors rather than staying closed in fear. Like Harris, one of the Greek people I met working at Moria said, "I wish there were more refugees coming. We can create something new together." When we place people before money and work in solidarity, something happens. We become stronger, energized, hopeful, loved. It's already happening but I see such potential for more of this in Greece. Another refugee friend who is living in a squat told me he's very impressed and

"jealous" of the people who work there and I celebrated this with him – to me he is just noticing something he may never have experienced in his life yet – what happens when we work together in solidarity. I say to him he is part of this, he can get more involved where he stays. I see how Better Days instilled a great respect between people because trust was built – we see how it can be when we are there for each other.

So I want to honour all the people in Greece right now, the refugees, the local Greeks, and the solidarity workers. I want all refugees to know they matter enormously to much of the world despite what the message looks like sometimes or what we hear in the mainstream media, that so many of us care profoundly about them. I'm aware that they have been through hell to get to Greece and for many that hell is continuing. I lost count of the number of people who told me they were shot at by Iranian police crossing from Afghanistan to Iran on foot over snow covered mountains, the huge numbers we never hear about that never made it because they were killed. Or countless stories of what it was like to be drifting in the middle of the sea with water seeping in a boat too packed to move, crying and imagining that this was the end. Or the many women and children and men who were thrown in prisons along their route through Iran and Turkey for no reason at all, to end up sleeping on the cold ground throughout Greece with no money and no future, stuck. The more we can work together for justice the stronger we will be – I encourage anyone who's thinking of going to Greece to help out, go. Go to be part of starting

something new, go to be in solidarity and to listen, find solutions, just be with the people and do ordinary things together. Start projects, be there for moral

support. And above all show love. Let's continue to be an example to the world.



PHOTOS BY JACKIE HEIM

Jackie Heim with Fatima from Afghanistan. Heim met her in Lesvos and by surprise saw her again at Notara. She came with her two children and husband. If she knew how dangerous it was to cross over in a rubber dingy, she said, she would never have done it.



Better Days for Moria, the informal camp bordering the police-run transit camp of Moria on the island of Lesvos. Sadly, all refugees arriving now on Lesvos get taken directly to inside the former prison gates of Moria and are not allowed freedom of movement.



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\$60,433 for an ENT ultrasound machine that produces images to guide doctors during cervical and thyroid biopsies and helps them diagnose cancers. Patients don't have to wait for a radiology appointment, as biopsies are done on the same day as the initial consultation.



\$40,000 for research on pulmonary fibrosis, a chronic disease with over 140 highly varied causes. Dr. André Cantin is spearheading this research project.

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The Border Report

"Stanstead is known as a community that can come together when needed," she said.

Borderfest is a bust

By Matthew McCully

has been cancelled. "In the last three years, there has been little or no profit," Trépanier said. "Volunteers worked hours and hours to organize it, it was sad that no one was showing up to enjoy it," she added. While the 5 kilometer race usually as-

sociated with Borderfest will still take place, the parade and fireworks will not happen this year. "Nobody complained," Trépanier said, when the town first made the announcement. Trépanier said other community

events like winter fun day, which had a good turnout this year despite the cold weather and Halloween activities, popular every year, will continue as planned. The town is also discussing the possibility a family day celebration as an alternative to Borderfest.

Water park project close to funding goal

By Matthew McCully

the full amount for the project is in the bank. Because the project is an initiative of the recreation association and not the town, Trépanier explained that there is no borrowing power. "We only have what we raise." "This year we decided to be more aggressive," Trépanier said, wanting local kids to have a place to play and cool off in the summer.

The funding breakdown includes \$25,000 from the MRC, which was matched by the town of Stanstead. Trépanier said the recreation association already had over \$20,000 collected from various fundraisers since 2009. Last week, the association needed \$16,000 to reach the fundraising goal. "We just got more news," Trépanier said, explaining that local company Derusha Supply recently donated \$2,000

to the campaign, dropping the total required to \$14,000. Trépanier added that community members are planning a bowling tournament to contribute to the water park project. "Stanstead is known as a community that can come together when needed," she said.

Seven years in the making, the water park project planned for Beebe Memorial park is now just \$14,000 away from its \$100,000 fundraising goal, according to Recreation director Marise Trépanier.

"We want it built before summer camp starts," Trépanier said, pointing out that construction can't begin until

FRONTIER ANIMAL SOCIETY

Featured pet: Jester

Jester is a great little dog who was purchased as a puppy by a family who had no clue about his breed. They thought he was cute and no doubt he was, but behind that incredibly cute little face is a dog who is also incredibly smart, incredibly active and incredibly motivated. Without adequate mental and physical activity, a Jack Russell will quickly become incredibly frustrated. With no breed experience and little understanding of his needs, Jester's family would eventually find themselves with a dog they simply could not handle.

food. It was clear Jester would need an experienced handler. Aware it might take some time to find him the right home, we reached out to our trainer in hopes Jester would finally get the attention and training he needed.

he needs to continue to thrive, we'd love to hear from you.

tieranimalsociety@gmail.com or better yet give our adoption coordinator Brenda a call any day of the week between 8 a.m and 8 p.m at 819.876.7747.

Unfortunately, the decision was made to place him in a boarding facility where he would spend almost six months before being abandoned completely.

We are very glad to share that Jester has spent the last few months in "rehab" and is doing extremely well. He'll still need a dog savvy adopter who is willing and able to continue working with him, but he now understands boundaries and has the solid foundation every dog needs to live a happy and balanced life.

For more information about adopting Jester, please send an email to front-

So Jester came to us. And he was certainly a handful; cute, but a handful! He was also very friendly and affectionate so needless to say, he quickly won us over.

Jester now spends a lot of time playing with other dogs and is thoroughly enjoying his fun, new social circle. He is ok with cats as long as they don't challenge him in any way; if the cat ignores him, he'll ignore the cat. What he loves most though is horses, he has spent many exciting days at a horse farm where he seems to be most content.



FRONTIER ANIMAL SOCIETY

Jester a Jack Russell looking for a new home



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EDUCATION ANALYSIS

Take the shame out of report cards

One-size-fits-all student evaluations can have far-reaching consequences

By Scott Stevenson

“Loaded with shame,” a family member said to me in describing her high school evaluation experience—not inconsistent with problems that remain today, as Alexander Galt High School Principal Peggy McCourt pointed out in this space two weeks ago.

“Loaded with shame,” my cousin repeated, now faced with a professional accreditation process that much resembled her high school examinations of over 30 years ago.

It’s that same process we all know from high school and beyond: learn what’s in the textbook, by reading it and listening to teachers’ lectures on it, then get tested on it through a variety of types of exam questions, from the multiple choice to essay answers.

As Ms. McCourt described in my interview with her earlier this month, it’s a one-size-fits-all approach—and students are not all the same size. Some learn better visually, some by ear, others in movement and action.

Classrooms are especially not suited for the latter category—the so-called kinesthetic learners—who are often diagnosed today with attention deficit and hyperactivity. My cousin assumes she would be categorized as such if she were a young student today.

Other students find the traditional classroom lecture-and-reading approach

very easy. High-school-teacher-turned-entrepreneur Shawn Young, featured in this space a month ago, said he was bored in high school. He was an avid reader—and was bullied for his difference.

A classroom trying to serve a wide range of learning styles will not fit many students. Their exam results, behaviour feedback from teachers, and report cards are full of the shame my cousin describes.

“Disruptive”, “inattentive”, “inconsistent”, “neglects homework and study” are oft-repeated statements on the report card of a student from three years ago: four- to six-word comments with no accompanying positive remarks. A report card can have five and more such remarks, sometimes repeated verbatim from one teacher to another. Like the unsuitable classroom environment for some students, such feedback leaves a child with a poor view of him- or herself—not the right ingredient for learning.

The one-room rural schools and small village schools of yesteryear had no choice but to impose a one-size-fits-all approach. They served a limited geographic area, and the teacher and her or his textbook were practically the only source of information and knowledge being passed on.

Now, we bus thousands of kids to cen-

tral schools and teach them material they can find in an instant on the Internet. We have the numbers and the tools to adapt to different learning styles—both in the teaching process and in evaluations. Teaching and classroom methods are adapting in Quebec and elsewhere to different degrees, depending on the teacher you have and the school you attend. The evaluation process is adapting less, with the key aspects of it being imposed by a central education bureaucracy.

Clear communications

The Education milieu in general is a poor communicator, as well, based on my experience in a 20-year translation career serving a wide variety of fields. Most professional fields adopt their own jargon, for a variety of reasons but one of which makes the field exclusive to those who already know the jargon. Education is a leader in that regard, with its “pedagogy”, “competencies”, and “summative evaluations”—when it should be the first to use accessible plain language for the benefit of all learners and people being served directly and indirectly by Education services.

According to its Web site, “The Ministère [de l’Éducation]... contributes to the harmonization of educational ori-

entations and activities with general government policy and with economic, social and cultural needs.” Simplifying the language doesn’t mean less knowledge or intelligence; it is harder to write clearly and concisely than to use big words and big sentences. Education leaders should be able to do the former.

The Eastern Townships School Board gets caught up in this too. The second of four pillars described in its Strategic Plan and published on a poster in the public waiting area of its offices is an “attachment-based developmental approach”—an important and valuable principle very much in line with my arguments above, but which in those words doesn’t mean much to many readers.

An easy way to accommodate different learners in the school system is to simplify the language.

Adapting teaching and evaluation methods is not as easy, but at least as important. It can start with the basics: teachers and educators who are sensitive to the needs of each of their individual students; the time and space for those teachers to adapt their approaches to those individual needs; and constructive feedback to students and their parents. A little praise can go a long way.

Guardian angels deliver smoke detectors



OLIVIA RANGER-ENNS

Sutton Elementary School was one of the many schools in the Brome-Missisquoi MRC to receive a visit from firefighters and representatives of the Guardian Angels Program, offering free smoke detectors to students in Kindergarten up to Grade 3.

The goal of the program is to ensure that households in the region with primary school children are equipped with a functional and reliable smoke detector, the first line of defense in the event of a fire.

Coordinated by Ralph Gilman, chief of the Bedford Fire Department, the initiative was funded by Economical Insurance Company (formerly Missisquoi Insurance Company), partnered with three local brokerage firms, as well as contributions from local municipalities.

In total, 2,000 smoke detectors were handed out in different schools on March 29 and 30.



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Local Sports

"Life lessons are shared and the whole thing feels like much more than just a sports camp, it's an experience," Faucher said

110% Sports Camp returns to SES this summer

Special to the Record
By Mike Hickey

The 110% Sports Camp is returning for its fourth summer of providing elementary school boys and girls a variety of activities within the friendly confines of Sherbrooke Elementary School.

This summer the camp organizers Glen Faucher and Ken Raban will be joined by fellow SES teacher Marc Ghilarducci.

"We are very lucky to have Marc join our team, he has an excellent rapport with young kids, is a great teacher," Faucher said. "He brings tremendous ex-

perience to our team. I can't wait to get back into the greatest elementary school gym in Canada to spend quality time with our energetic and enthusiastic campers and staff."

Faucher, a long-time teacher at SES is on a year's sabbatical from the Eastern Townships School Board and is spending the year at Nova Scotia's King's Edgehill School.

The camp, with a limit of 40 campers per week, offers a family team-orientated atmosphere where sportsmanship is a top priority.

"Life lessons are shared and the whole thing feels like much more than just a sports camp, it's an experience," Faucher

said.

Campers' ages range from 9 to 12 years of age and teams are organized by ability.

We play lots of basketball games and drills every day. We also play floor hockey, indoor soccer, dodgeball, badminton, "the Greatest Game" (a soccer-baseball hybrid game), tchoukball, team handball, skipping, hula-hooping and volleyball.

Faucher added that the entire emphasis is on physical activity.

"We really love the camp and feel like we have a great thing going," he said. "In my opinion the 110 is Sherbrooke's best-kept summer camp secret. We have af-

fordable prices, over five hours of physical activity per day, lots of laughs and fun for all. As always, the 110 will be a technology free zone: no time on iPhones or iPads or computers...just physical activity and social interaction. The 110% Sports Camp is primarily conducted in English but we definitely offer a bilingual experience. All of our staff members are bilingual and most of the campers are, too. We have had a number of unilingual French speakers attend in the past and they've all loved it. It is an excellent opportunity to come and learn English while having fun playing sports!"

BOOK REVIEW

Hockey Towns Untold Stories From the Heart of Canada

Ron MacLean with Kirstie McLellan Day

By Gilles Renaud

Ron MacLean needs no introduction to hockey fans. Indeed, he and his co-writer, Ms McLellan Day, have already collaborated on one excellent book, *Cornered Hijinks, Highlights, Late Nights and Insights*, HarperCollins, Toronto, 2011, and she has made her own contributions to hockey literature with books such as *Playing Together*, written with Theo Fleury, HarperCollins Publishers Ltd., Toronto, 2009, and *Tough Guy My Life on the Edge*, a biography of Bob Probert, HarperCollins Publishers Ltd., Toronto, 2010. Accordingly, it is not surprising in the least that they have produced another memorable hockey title, full of inspiring stories, humorous anecdotes and emotional accounts of the game's best and, at times, lesser known players. Of interest, the players they profile are discussed by means of a simple but effective thematic scheme: their home cities are the focus of attention and serve as a fulcrum with which to move the tales forward and back. A related title, though focusing on different subjects, is the well acclaimed book penned by Bill Boyd: *Hockey Towns Stories of Small Town Hockey in Canada*, Doubleday Canada Limited, Toronto, 1998.

I begin by noting that the Prologue is quite effective in gaining the attention of the reader, as it quotes Phil Esposito in Vancouver after Game 4 of the 1972 Summit series, Wayne Gretzky during the drive for Olympic Gold in Salt Lake City in 2002 and Hayley Wickenheiser, after the Canadian Women's Team had won our country's first Olympic Gold Medal in hockey, who all speak of our

country's passion for the game. The reader is then made to travel coast to coast as a number of the more interesting players, coaches and characters are profiled, beginning with current Maple Leaf coach Mike Babcock and concluding with Charlie Bourgeois, with various other accounts touching upon the Great One in the Soo, Eric Lindros in London, and many others.

The first chapter of the book, on Mike Babcock's successful work behind the bench of the Lethbridge University Pronghorns, is quite well written, introducing the quality of the chapters that follow. Not only do we learn the importance, in achieving success, of having a plan, one reached after careful study and preparation, but we are made to understand that greatness is often the result of making difficult decisions, notwithstanding the optics or the popularity of the decision. This chapter also introduces the ability of the authors to include anecdotes in order to sustain the interest of the reader. In this case, we read of a practice after a particularly good party the night before. Coach Babcock had his players skate back and forth and invited his charges to stop at certain times, depending on how much alcohol they had consumed. After the 6 beer mark, only a few players were still skating, based on their confession of consumption, and the rest were watching. At that point, Babcock had the honest ones leave and had all of the "liars" skate until they dropped. The next great story involves a phone call between overtime periods which was answered by a trainer who informed the team that "God had called and wanted the team to win".

Chapter 2 recounts the life of Gerry

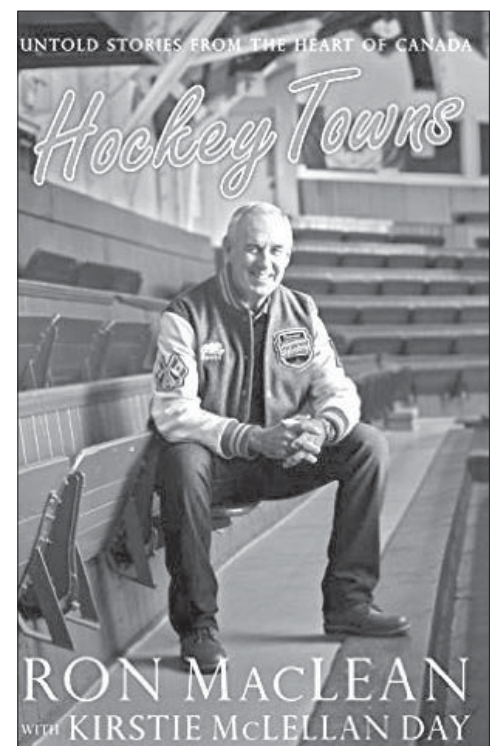
James, a successful junior coach, one of only two athletes who played in both the Stanley Cup finals and the Grey Cup, and who won the Memorial Cup as well. The best line of the book addresses his experience in junior with the Marlies: he was being billeted with a rich family who lived in a mansion and he described the "Downton Abbey" style of dressing for the evening meal, quite an experience for a teenager.

Limitations of space preclude a summary of the other excellent chapters in this fashion, and it will thus suffice to highlight a number of the more interesting elements of *Hockey Towns*. For example, we read how Gerry Cheevers was encouraged to place bets on the Kentucky Derby for his clerical coach in junior, how Father David Bauer objected publicly to tough hockey whilst encouraging his charges to beat the hell out of the opposition", and how Zenon Konopka played as a 4 year old in a league for much older children without touching the puck once in an entire season, leaving aside so many other interesting accounts of the growth of the game.

In addition, the book contains great photos and the province of Québec is not neglected, especially by reason of the recitation of Michel Cloutier's career, starting in Peribonka. There are also accounts of tragedies, involving Brad McCrimon and the doomed flight of his KHL team, of Doug Wickenheiser and his battle with cancer, the tragedy of the road accident involving the Swift Current Broncos who lost four players, and of other players who battled adversity with courage, not to mention broader mention of issues of lasting interest such as

the evolution of coaching and fighting in hockey.

In a future edition, I would love to read more about scout and coach Lorne Frey who was described as having one of the best hockey eyes ever, as he was the person who recognized the immense talent of Duncan Keith, Shea Weber and Josh Gorges after all were passed over in the WHL draft. And, especially, a chapter on the importance of the Sherbrooke area to the development of the game would be most welcome. In summary, *Hockey Towns Untold Stories From the Heart of Canada* is a great read, strongly recommended.



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Death

**Lambertus Vander Wal
(1943-2016)**

Sadly passed away at home in Richmond, Quebec, on Saturday, March 26th, 2016. Son of the late Gooitske and Wiebe Vander Wal.

Lambertus leaves to mourn his sisters and brother Betty (Donald), Alle, and Johnny (Karin); his nieces and nephews Robin (Chuck), Connie, Jeffrey (Marie-Josée), John (France), Sonya (Garry) and Erica; his sixteen great nieces and nephews, his one great great niece, and many good friends.

A graveside service and burial will be announced at a later date.

Donations to the charity of your choice would be appreciated.

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Death



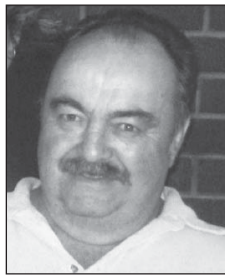
**Hilda Mary SHUFELT
(Arnett)
April 13, 1917 -
March 26, 2016**

Hilda Shufelt (Arnett) passed away peacefully in her sleep in Calgary, on Saturday, March 26, 2016 at the age of 98. Hilda was a loving, caring person who was always willing to give a helping hand. She was predeceased by her two husbands, Charles Arnett and Frank Shufelt, and her daughter in law, Christine. She is survived by her 3 sons, Robert (Shirley), Richard (Wanda), and Michael. As well as her grandchildren, David, Melinda, Noranda, Travis, Tessa, her great-granddaughter, Emily, and her six stepchildren.

Interment will be held at a later date, in the town of Iron Hill, Quebec.



Death



Brian LOWE

Relatives, friends and acquaintances from near and far were shocked and saddened to hear of the accidental

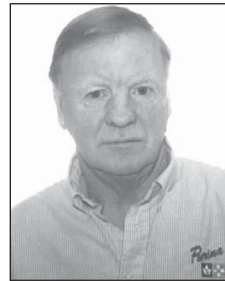
death of Brian Thomas Andreas Lowe, on March 25, 2016 in his 72nd year. Beloved husband of Brenda Sylvester. Son of the late Thomas Lowe and the late Florence Jorgenson. Loving father of Cathy (Mike Goddard) and Kelly (Dominique Lafond). Cherished grandfather of Cody and Carrie Powers, Caleb and Caitlin Goddard, Aedhan and Peyton Lafond. He leaves to mourn his sister Linda Sylvester (the late Bill), along with many other relatives and dear friends.

Resting at the St. Paul's Anglican Church, 588 Principale, Bury, Que., on Friday, April 1, 2016 from 2 p.m. to 4 p.m. and 7 p.m. to 9 p.m., and on Saturday, April 2, 2016 from 9 a.m. to 11 a.m., followed by the funeral service at 11 a.m. Lynn Dillabough officiating. Interment in the St. John's Cemetery, Brookbury, Que.

In lieu of flowers, donations to the Pope Memorial School Library or the St. John's Church Cemetery, Brookbury, Que. would be appreciated by the family.

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Death



Curtis LLOYD Jr.

At the CHUS Fleurimont on Tuesday, March 22, 2016, at the age of 66. Beloved son of

the late Curtis Lloyd and the late Iris Wood.

Curtis is survived by his children Michael, Marsha and John; his seven grandchildren; his one great-grandchild; and his brothers and sisters: Audrey (Wendell), Sheila (Robert), Doris, Larry (Susan), Roland (Doreen), Charles (Carolyn), Roxanne (Michael), and Craig (Patricia). Predeceased by Lisa, Raymond, Norman, Phillis, and Ronald. He will also be sadly missed by many nieces, nephews, aunts, uncles and friends.

Resting at the Cass Funeral Home, 50 Craig S., Cookshire, Que., on Saturday, April 2, 2016 from 1:30 p.m. to 3:30 p.m., followed by the funeral service at 3:30 p.m. Interment in the Island Brook Protestant Cemetery.

Donations to the Heart and Stroke Foundation, 2630 King O, Suite 100, Sherbrooke, QC J1H 2H1, would be appreciated by the family.

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Datebook

THURSDAY, MARCH 31, 2016

Today is the 91st day of 2016 and the 12th day of spring.

TODAY'S HISTORY: In 1889, the Eiffel Tower was dedicated in a ceremony in Paris.

In 1930, the Motion Pictures Production Code was adopted to regulate mature content in movies.

In 1968, President Lyndon Johnson announced a halt to bombing missions over North Vietnam and closed the televised speech with the announcement that he would not run for re-election.

In 1995, singer-songwriter Selena was murdered by the former president of her fan club.

TODAY'S BIRTHDAYS: Rene Descartes (1596-1650), philosopher/mathemati-

cian; Joseph Haydn (1732-1809), composer; Jack Johnson (1878-1946), boxer; Cesar Chavez (1927-1993), labor leader; Gordie Howe (1928-), hockey player; Liz Claiborne (1929-2007), fashion designer; Herb Alpert (1935-), musician; Christopher Walken (1943-), actor; Al Gore (1948-), former U.S. vice president/senator; Rhea Perlman (1948-), actress; Angus Young (1955-), guitarist/songwriter; Ewan McGregor (1971-), actor; Jessica Szohr (1985-), actress.

TODAY'S FACT: Gustave Eiffel designed the interior structure of New York's Statue of Liberty.

TODAY'S SPORTS: In 1975, Hall of Fame coach John Wooden announced his retirement during the postgame press conference after leading his UCLA

Bruins to a 92-85 win over the Kentucky Wildcats and earning his NCAA-record 10th national title.

TODAY'S QUOTE: "So blind is the curiosity by which mortals are possessed, that they often conduct their minds along unexplored routes, having no reason to hope for success, but merely being willing to risk the experiment of finding whether the truth they seek lies there." — Rene Descartes

TODAY'S NUMBER: 2,212 — Broadway performances in the 15-year run of "Oklahoma!" The Rodgers and Hammerstein hit debuted on this day in 1943.

TODAY'S MOON: Last quarter moon (March 31).

In Memoriam



HUDSON, Herbert Joseph – In loving memory of Herbert Joseph Hudson who died March 31, 2011.

**Dearly loved and always remembered,
NELLIE & FAMILY**

RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMS, BRIEFLETS:
Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)
Discounts: 2 insertions or more: 15% off
With photo: additional \$18.50. **DEADLINE:** 11 a.m., day before publication.
BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:
Text only: \$16.00 (includes taxes)
With photo: \$26.00 (\$29.90 taxes included) **DEADLINE:** 3 days before publication.
WEDDING WRITE-UPS:
\$26.00 (\$29.90 taxes included) WITH PHOTO: \$36.00 (\$41.40 taxes included)

Please Note: All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: clas-sad@sherbrookerecord.com - They will not be taken by phone.
DEADLINES FOR DEATH NOTICES:
For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.
For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) or e-mail: production@sherbrookerecord.com between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called. Rates: Please call for costs.

TOWNSHIPS' CRIER

TOWNSHIPS

If you want to drink, that's your business. If you want to stop, we can help. Call Alcoholics Anonymous 1-888-424-2975, www.aa.org

SOUTH DURHAM

Brunch at South Durham United Church on Sunday, April 10 from 10 a.m. to 1 p.m. Menu includes ham, sausage, scrambled eggs, pancakes, maple syrup, toast, etc. Everyone welcome!

LENNOXVILLE

The Lennoxville and District Community Aid will be holding a Blood Pressure clinic on Tuesdays, April 12 and May 10, at 164 Queen Street, Suite #104, from 1:30 p.m. to 2:30 p.m.

WATERVILLE

The Lennoxville and District Community Aid will be holding a Blood Pressure clinic on Tuesdays, April 12 and May 10, at the Town Hall from 10 a.m. to 11 a.m.

NORTH HATLEY

The Lennoxville and District Community Aid will be holding a Pressure clinic on Fridays, April 1 and May 6, at the Library, 165 Main St. North, from 10:00 a.m. to 11:30 a.m.

AUSTIN

500 card party on Saturday, April 9, 1:30 p.m., at Austin Community Centre, 21 Millington Road. Proceeds to benefit the East Bolton Cemetery Association. Prizes and door prizes. Refreshments will be served. Everyone welcome. Admission charged.

AYER'S CLIFF

Murder Mystery Dinner Fundraiser to be held Saturday, April 2 at 6 p.m. sharp at A.C.E.S, 952 Sanborn Street, Ayer's Cliff. To benefit and sponsor a refugee family, organized by the Massawippi Valley Refugee Support Group - Ayer's Cliff. Can you solve the crime? Come celebrate Queen Elizabeth's 90th birthday, written and directed by Mead Baldwin with special participation of Wade Lynch. Join us

for a fun, interactive dinner show. It will be an evening you'll never forget! For information and to purchase tickets, please call 819-838-4797 or 818-838-5595. Price includes admission, Mechoui dinner, desert and show. Come and join us!

NORTH HATLEY

Last of three presentations on Karen Armstrong's Charter for Compassion: "Compassionate Communities - A Global Movement." How her movement has started compassionate communities throughout the world, and how we might join in. Hosted by UUEstrie, led by Rev. Carole Martignacco. Wednesday, April 6, at 7 to 9:30 p.m., at UUEstrie, 201 Main St., North Hatley. All are welcome. Info: 819-842-4146, www.uuestrie.ca, Facebook UUEstrie.

LENNOXVILLE

Uplands Art Exhibit. Uplands Cultural and Heritage Centre once again hosts sisters Danielle and Christiane Dion for a spring exhibition. Their works will be on display at the Uplands gallery from April 3 to May 29, 2016. Danielle Dion, embroiderer, creates colourful tableaux, utilizing threads, silk appliqués and small treasures. Ceramist Christiane Dion offers an all-new collection of unique individuals brought to life from her vivid imagination. The public is invited to come and meet the artists at the vernissage which will take place Sunday, April 3, between 2 and 4 p.m., at 9 Speid Street in the Lennoxville borough of Sherbrooke. Opening hours: Wednesday to Sunday, 1 p.m. to 4:30 p.m. Free admission.

LENNOXVILLE

HCC Senior luncheon will be held at noon on March 31 at Hope Community Church, 102 Queen St., Lennoxville. Entrance from parking lot, wheelchair accessible, elevator available. Everyone welcome. Next luncheon will be April 28.

RICHMOND

Rummage Sale: St. Anne's Anglican Church - 171 Main St South. April 16, 8 a.m. to noon. 8 a.m. clothing and linen bag sale, 10 a.m. box sale. Tables rented (food, handicrafts, collectables) VHS tapes special. Set up April 15, 9 a.m. to noon.

LENNOXVILLE

The 1st Lennoxville Scouts Lawn & Garden Sale, in conjunction with Clarke

& Sons of Lennoxville. We are taking orders until April 13, 2016. Pick-up/Delivery on April 16, 2016, 9 a.m. to noon only, at Clarke & Sons, 2881 College St., Lennoxville. Order forms available directly at Clarke & Sons in Lennoxville or from any Scouter from 1st Lennoxville group or by phone Melissa (819) 562-4969 (please leave a message) Help support our local youth with your purchase of Bird Seed, Soils, Fertilizers, Mulch and Grass Seed!

NEWPORT, VT

Osher Lifelong Learning Spring Lecture Series. Wednesdays from 1 p.m. to 2 p.m., Hebard State Office Bldg, Newport - 2nd Floor (Conference Room). Small admission charge (US), includes coffee/tea/snacks after each lecture. April 6 - Cyndi Bittinger presents "The Hidden History of Vermont." More info: 802-673-9499 or www.learn.uvm.edu/osher.

BULWER

At Last! It's time to welcome spring at our annual Spring Brunch on Sunday, April 17 at the Bulwer Community Centre from 11 a.m. to 2 p.m. Bring the family and enjoy a delicious homemade buffet of pancakes and maple syrup, eggs,

sausage, potatoes, beans and sweets. Music by Jan Graham. All proceeds go to the Eaton Corner Museum. For more info contact Serena Wintle at 819-875-5210.

FITCH BAY

Spaghetti Supper on Saturday, April 9 starting at 5 p.m. at the Catholic Church in Fitch Bay. Benefit for Relay For Life. Information: 819-876-2608 or 819-704-0809.

LENNOXVILLE

Military Whist will be played at "The Hut," A.N.A.F Unit #318, 300 St. Francis Street, Lennoxville on Wednesday, April 6 at 1:30 p.m. To reserve a place for yourself or a table of 4, please contact Cheryl Bradley at 819-569-2067.

• • •

This column accepts items announcing events organized by churches, service clubs and recognized charitable institutions for a \$7.00 fee, \$10.00 for 2 insertions of same notice, \$13.00 for 3 publications. Maximum 35 words. If you have more than 35 words the charge will be \$10.00 per insertion. Requests should be mailed, well in advance, to The Record, 1195 Galt St. East, Sherbrooke, Quebec, J1G 1Y7, be signed and include a telephone number and payment. Telephone requests will not be accepted. Admission charges and trade names will be deleted. No dances.

60th Wedding Anniversary



Congratulations to Ed and Mary Down

of Ayer's Cliff who are celebrating their
60th Wedding Anniversary today,
March 31, 2016.

Mom recently took on a full-time job and can no longer babysit

THURSDAY, MARCH 31, 2016

Annie's Mailbox

Dear Annie: I come from a large family. We haven't had any truly rough times, but our sister-in-law is proving to be a problem for me.

"Jennifer" has never liked me. At her wedding, my other siblings were attendants, but not me. She often invites my siblings for dinner, but never me.

I could live with that, but I am bothered by the way she treats my mother.

My brother has five children. For years, my mother has babysat for free. She attends all their events to show her support. She invites the kids to fun activities. Mom recently took on a full-time job and can no longer babysit. Jennifer always seemed a little jealous of how close Mom is to the kids, and now she's found a way to exclude her. Jennifer has stopped communicating with either of my parents. She declines invitations to family events at my parents' house, and won't invite them anywhere. She won't tell them when the kids' events are. Last week, Mom saw Jennifer at the grocery, and she wouldn't look at her or say hello.

Jennifer's attitude is having an effect on my brother.

He's starting to behave the same way. This is awful for my mother and an injustice to the kids. Mom is too nice to say anything, and if I speak up, it will only make things worse.

My older sister has told me that I will soon be excluded from any family event involving Jennifer if I don't "change my ways." I don't understand what I have done wrong or how to fix it. Could you please give me some suggestions? — Frustrated

Dear Frustrated: We don't know what you have "done wrong," other than to respond to Jennifer in the same negative way she responds to you. But we can tell you that improving the relationship will require major effort from you, since Jennifer is unlikely to bother. Please talk to your older sister and ask her to explain what might help you get along better with Jennifer. Don't criticize her. Be sincere. Do this for your mother's sake, and see if anything works to get this sister-in-law to behave with more compassion. (And shame on your brother for permitting his wife to treat Mom this way.)

Dear Annie I read the letter from "Mother-In-Law,"

who regrets the way she treated her husband's mother now that she is the recipient of her son's wife's disdain. I was happy to see you point out that many women have wonderful relationships with their mothers-in-law.

I could not have asked for a better woman to fill this role in my life. My mother-in-law did an outstanding job raising her son and accepted me into her family with grace and love. Sadly, she developed Alzheimer's and we had to watch a beautiful, active and engaging woman fall victim to the ravages of this insidious disease. It was heartbreaking to see this decline, but she was always happy to see us when we visited. She knew we belonged to her in some way.

I learned a lot from her, and can only pray that I have the same type of relationship with my son's wife when that day comes. — Grateful Daughter-in-Law

Annie's Mailbox is written by Kathy Mitchell and Marcy Sugar, longtime editors of the Ann Landers column. Please email your questions to anniesmailbox@creators.com, or write to: Annie's Mailbox, c/o Creators Syndicate, 737 3rd Street, Hermosa Beach, CA 90254. You can also find Annie on Facebook at Facebook.com/AskAnnie.

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"MOZC CARJFOZB ZCW XW OD
 UFWXYDOZB JFT VYNW. UXWUYXB
 HWKE UJNW AD ZCWDW JZZXOSAZWD
 OF LAVV RWJDAXW." — SXYKE
 HWZWXD

Previous Solution: "You never really understand a person until you consider things from his point of view." — Atticus Finch (Gregory Peck)
 TODAY'S CLUE: *M equals N*

REALITY CHECK

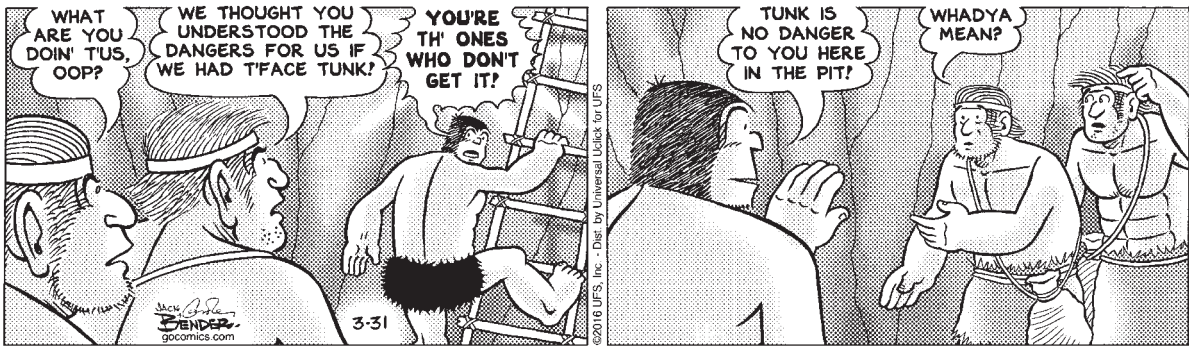


HERMAN

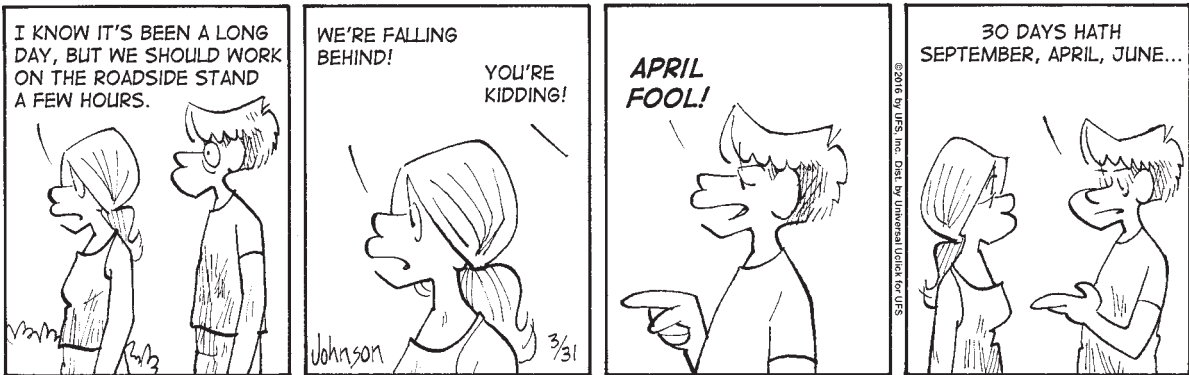


"Gold's gone up to 87 cents an ounce!"

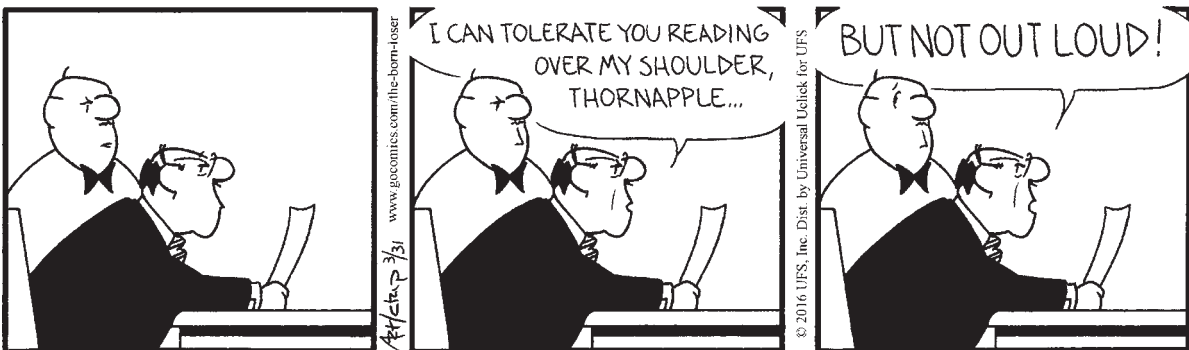
ALLEY OOP



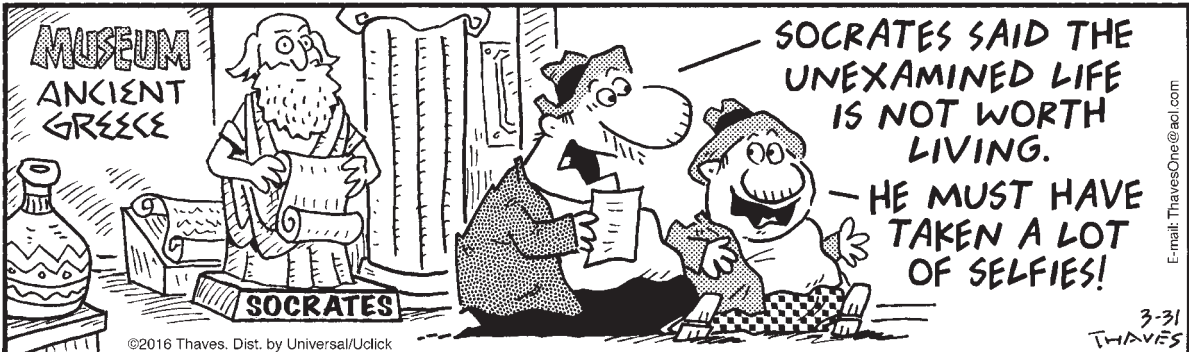
ARLO & JANIS



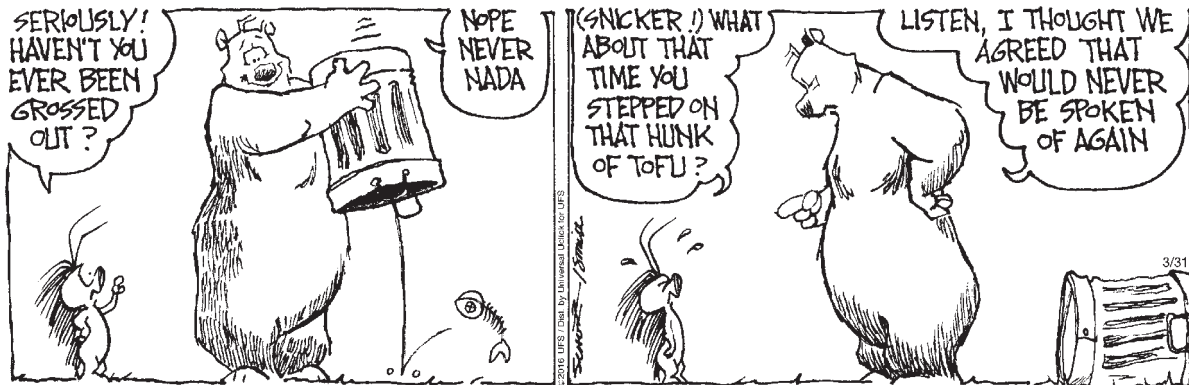
THE BORN LOSER



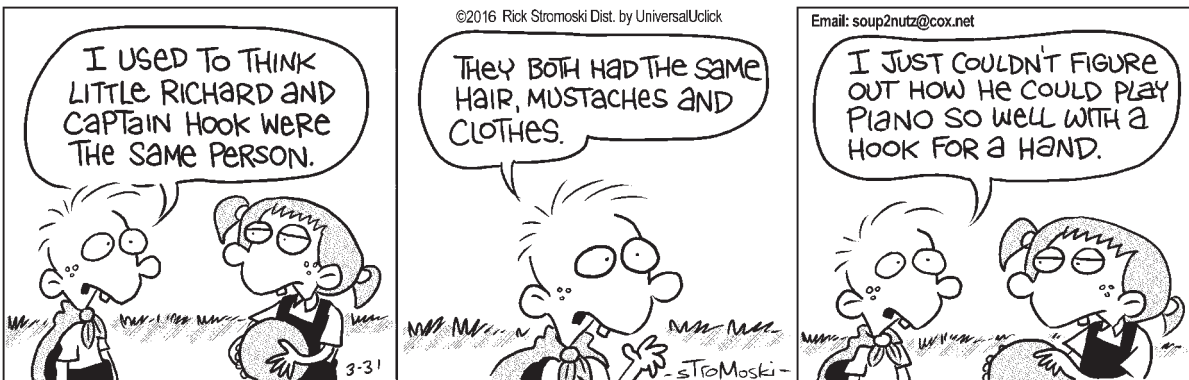
FRANK AND ERNEST



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DEADLINE: 12:30 P.M. ONE DAY PRIOR TO PUBLICATION
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Activities with Richmond 50+ Club for March

President Matty Banfill welcomed twenty-two people to an afternoon of '500' on Monday, March 7, in the Richmond Melbourne United Church. In order to play at six tables, two dummies were invited to participate. At the conclusion of the games, top score of 4620 was earned by Ron Jones, followed by Hugh Lancaster with 4280. Blanche Mastine was honoured with low score. A delicious lunch was served, followed by birthday cupcakes for the birthday girls - Sylvia Morin in February and Shirley Beasley in March. February birthday greetings are sent to Vera Hughes, who was not present.

Announcements were the first order of business on the 14th, which included a reminder about our sugar camp trip next Monday. We have thirty-four signed up to go. A volunteer of the year was chosen to represent our Club at the April 14 annual Volunteer Appreciation evening, namely John Sharman. Congratulations, John. The twenty-four people present then got down to games of Military Whist. The winners were, with 32 flags, Captain Hughie Lancaster with Jeannine Lancaster, Ron and Bev Jones. Low score was achieved by the table of

Captain Joyce Mastine, Sylvia & Norma Morin and Klea Mastine. A tempting lunch was displayed and enjoyed.

On the 21st, thirty-four people, sharing the Au Bec Sucre Sugar Camp near Valcourt with the Wales Home, enjoyed a maple flavoured dinner. After stuffing ourselves, we further feasted on "sugar on snow" before heading back home.

The final Monday of another month found President Matty Banfill welcoming twenty-two people to enjoy an afternoon of Military Whist, along with Mr. & Mrs. Dummy - we don't know who invites them! Six tables played and top score of 28 flags went to Hugh & Jeannine Lancaster, Ron & Bev Jones. Low score was earned by Helen Knowles, Heather Anthony, Klea Mastine and Freda Coote. A delicious lunch followed.

The month of April will find us right back at it again, so please join a fun group each Monday afternoon at 1:30 at the Richmond Melbourne United Church. For information, please call Matty at 819-826-3982.

Submitted by Elizabeth Mastine and Jean Storry

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Please look over your ad the first day it appears making sure it reads as you requested, as The Record cannot be responsible for more than one insertion.

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Difficulty: 4 (of 5)

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	9			4	8	6		
	1						3	

3-31-16

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PREVIOUS SOLUTION

8	4	5	2	1	7	6	9	3
7	1	3	6	9	8	5	2	4
9	2	6	5	4	3	8	7	1
3	8	1	4	7	2	9	5	6
6	5	2	1	3	9	7	4	8
4	9	7	8	6	5	3	1	2
2	6	9	7	8	1	4	3	5
1	3	4	9	5	6	2	8	7
5	7	8	3	2	4	1	6	9

HOW TO PLAY: Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

Your Birthday

THURSDAY, MARCH 31, 2016

Don't take chances or leave room for someone to interfere in your affairs. Face any challenge with enthusiasm and the will to win. Change is inevitable and preparation essential. Know your limitations and strengths, and forge ahead. It's up to you to pursue your goals.

ARIES (March 21-April 19) — Don't push unless you want to be pushed back. You are best off working at your own speed on projects you can do alone. Physical activity will help you blow off steam.

TAURUS (April 20-May 20) — Share your opinions and offer original suggestions. You'll attract interest in what you are trying to accomplish. Face-to-face conversations will bring good results. A romantic gesture will improve your personal life.

GEMINI (May 21-June 20) — Focus on financial matters and look for ways to tie up your cash so you aren't tempted to spend it on unnecessary items. A personal situation will be riddled with disillusionment.

CANCER (June 21-July 22) — Express your feelings and share your ideas. You may not like change, but what transpires now will have beneficial results. A partnership will offer more than you expect.

LEO (July 23-Aug. 22) — Travel plans will lead to professionally valuable information. A good opportunity will result from an important decision. When opportunity knocks, be ready to jump.

VIRGO (Aug. 23-Sept. 22) — Don't let personal issues hold you back. Stay

focused on detail and doing the best job possible. Walk away from anyone playing mind games with you.

LIBRA (Sept. 23-Oct. 23) — You should listen to someone else's plan, but don't feel obliged to follow it, and if control or bullying is applied, walk away. Protect your position and your right to choose.

SCORPIO (Oct. 24-Nov. 22) — Reconnect with people you have worked or played with in the past. What transpires will lead to an interesting outcome with personal or professional options galore. Romance is featured.

SAGITTARIUS (Nov. 23-Dec. 21) — Sign up for affordable activities and ward off tempting offers made by associates who are not looking out for your best interests. Bring about the changes that will benefit you.

CAPRICORN (Dec. 22-Jan. 19) — Problems will surface if you cannot come to an agreement with someone you live with or work alongside. Look for opportunities that allow you to do your own thing in order to avoid interference.

AQUARIUS (Jan. 20-Feb. 19) — Market what you have to offer. Your determination and enthusiasm will help you get the support you need to address a lingering concern. If change is required, make it happen.

PISCES (Feb. 20-March 20) — A partnership can help you advance. Divvy up the workload. Using your skills to the fullest will result in recognition and opportunities. Romance is encouraged.

THURSDAY, MARCH 31, 2016

Control slam bidding by showing controls

By Phillip Alder

Samantha Stosur, an Australian tennis player who won the US Open women's singles in 2011, said, "It was a lifelong dream to win a Grand Slam, so when I was able to do that, it felt so good and I wanted to do it again. It's not that hard to stay motivated."

Inexperienced bridge players who bid a slam quiver like Bertie Wooster when faced by his Aunt Dahlia in the wonderful books by P.G. Wodehouse. One fear is that if you go down in a slam, a game bonus has just gone out of the window. But as we gain experience, we reach a slam and feel as excited as a young child who has just learned to ride a bicycle. Also, the play is not normally difficult.

When thinking about bidding a slam, you need to consider three important factors: combined high-card power, trump fit and controls (aces, kings, voids, singletons). In today's deal, North-South have only 28 points, but with an 11-card fit and the necessary controls, six spades has play.

Over three spades, South control-bids four clubs, showing the club ace (or a void). When North rebids four

		North 03-31-16	
		♠ Q 7 6 4 3	
		♥ 10 5 2	
		♦ A 9	
		♣ K J 8	
West		East	
♠ 8		♠ A	
♥ 9 8 4 3		♥ J 7 6	
♦ Q J 10 6		♦ K 8 5 3 2	
♣ Q 7 5 4		♣ 10 9 6 2	
		South	
		♠ K J 10 9 5 2	
		♥ A K Q	
		♦ 7 4	
		♣ A 3	
		Dealer: South	
		Vulnerable: Both	
South	West	North	East
1♠	Pass	3♣	Pass
4♣	Pass	4♦	Pass
4NT	Pass	5♦	Pass
6♠	Pass	Pass	Pass
Opening lead: ♦ Q			

diamonds, indicating the diamond ace and slam interest, South uses Blackwood, then signs off in six spades.

How should South play after West leads the diamond queen?

South must try to eliminate his diamond loser immediately. He cashes his club ace, plays a club to dummy's jack, and discards his last diamond on the club king. Then he drives out the spade ace and claims.

CROSSWORD

Across

- 1 Library recess
- 7 Brief amt. of time
- 11 Karaoke need, briefly
- 14 Slanted
- 15 With 34-Across, concert band instrument
- 16 Big fuss
- 17 Parody involving molten rock?
- 19 Sneaky job
- 20 APA member?: Abbr.
- 21 Med. test
- 22 Eight-time co-star of Joan Crawford
- 24 Teeth: Pref.
- 27 Note
- 28 Wind god's whaling weapon?
- 33 Crybaby
- 34 See 15-Across
- 35 Arctic flier
- 36 Stalling-for-time syllables
- 37 Honor earned by 27 Super Bowl QBs

- 39 Light lead-in
- 41 Scoreboard fig.
- 42 Director Premier
- 44 It borders It.
- 46 Sparkling wit
- 48 Blubbering Belgian?
- 51 8th-century Japanese capital
- 52 Runs while standing
- 53 Try a new color on
- 55 June portrayer in "Henry & June"
- 56 Repeat, but more softly each time
- 60 First name in shipping
- 61 Hollywood harlequin?
- 65 Java
- 66 Eclectic quarterly digest
- 67 Hard to read, maybe
- 68 Animal in some fables
- 69 He says to Cordelia, "Thy truth, then, be thy dower"
- 70 Cerebral ___

- on "M*A*S*H"
- 28 Vital supply line
- 29 Where to find Java
- 30 Magic show prop
- 31 ___ the cold
- 32 Democratic donkey drawer
- 33 Litter cry
- 38 Wrinkly little dog
- 40 ___ Royale, Michigan
- 43 Skin care brand
- 45 Pool party?
- 47 Be the subject of, as a painting
- 49 Furious

- 50 Not much at all
- 53 Indian noble
- 54 Love deity
- 55 Forearm bone
- 57 Egyptian Christian
- 58 "The thing with feathers / That perches in the soul": Dickinson
- 59 Cameo stone
- 62 Suburban trailer?
- 63 The Trojans of the Pac-12
- 64 "Alice" spinoff

Down

- 1 ___ breve
- 2 Pastures
- 3 Home team at Cleveland's "The Q"
- 4 Uninterrupted
- 5 Mph
- 6 Former PBS host LeShan
- 7 Place setting items
- 8 Tough march
- 9 1940s stage for Ike
- 10 ___ eel
- 11 Apple with a Force Touch trackpad
- 12 Fan club focus
- 13 Lane-closing sight
- 18 Physical leader?
- 23 Gear on stage
- 25 Kind of tchr.
- 26 Buddhist state
- 27 Klinger's first name

P	A	T		I	O	T	A	S		C	O	P	S	E	
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