

Canada Day 2006



THE
RECORD
Supplement
June 2006

Bedford Canada Day a cooperative effort between Legion, community

By Maurice Crossfield

Going into its fifth year, the Bedford Canada Day festivities are promising to be bigger and better than ever.

"It has just taken off unbelievably," said Robert Martin, president of both the Canada Day Committee and the Philipsburg branch of the Royal Canadian Legion. "Especially this year. I've had sponsors coming out of the woods to sponsor Canada Day."

Five years ago Martin was sitting on

the Bedford municipal council and noticed that while the town celebrated St-Jean Baptiste, it did nothing for Canada Day. He joined forces with the Philipsburg Legion, and the Canada Day committee was born.

While no longer on council, Martin is now president of both the Legion branch and the Canada Day committee. The crowds get a little larger each year, as does the budget. This year the committee has more money than ever to work with, including \$2,500 from the municipality and another \$4,000 from Heritage Canada.

Sponsors like Timken, Exeltor, local insurance companies and numerous small businesses have all gotten on board. Typically the event attracts 2,000 to 2,500 people.

"We've got a pile of fireworks to go off this year," Martin said. "More than we've ever had."

Things get underway Saturday afternoon at 4 p.m. at the Bedford Fairgrounds with a chicken barbecue, as well as hot-dogs and French fries for the kids.

Nine dollars gets you a half chicken and all the trimmings, prepared by the Legion softball team.

Providing music for the festivities will be Larry Como's Good Old Boys, followed by Silverado at 7 p.m. The fireworks are set to begin at 10 p.m., with the festivities winding down around midnight.

Martin said half of the profits from the day go to help the Philipsburg Legion. The other half is kept as seed money to get things going again next year.

"I start in November looking for sponsorships," Martin said. "It takes a lot of effort and a lot of time."

The Canada Day organizer said he keeps talking about not doing it anymore, but always finds himself back in the thick of things.

"I don't see where I'm going to stop," he said. "I enjoy doing it and I enjoy doing it with the Legion members because they are such a big help."



Bury celebrations will cater to the whole family

'We have attractions for parents, and youngsters, now we want to focus on teens,' says organizer

By Jen Young

RECORD CORRESPONDENT

'Mom, I'm bored,' and 'can we go home,' are statements that Bury July 1 organizers have successfully avoided over the past several years, and this year they say they want the teens to have just as good a time as any.

"When the event started it fo-

cused mostly on the adults with the horse shows and dances," said committee member Richard Grey. "Then three years ago we really concentrated on the young children with the addition of new games and races, now we need to focus on the adolescents. We received comments last year that the teens felt a little neglected so we're going to address that. We want the event to be a total family package."

With the help of fellow member Melanie Blouin, the organizing committee arranged to rent a 30-foot climbing wall, similar to the facilities at Alexander Galt, for the teens to enjoy.

The committee believes that putting moms and dads at ease will encourage more families to take the opportunity to get out and spend some quality time together. They say that now parents can enjoy the horse shows or socialize knowing that their little fella is having a good time on the inflatable toys, and their teen is having fun with his or her friends.

Grey says that the event has taken great strides over the years to accommodate everyone and offer the whole family an enjoyable outing. He also specified that none of it would have been possible without the generosity of local corporate sponsors.

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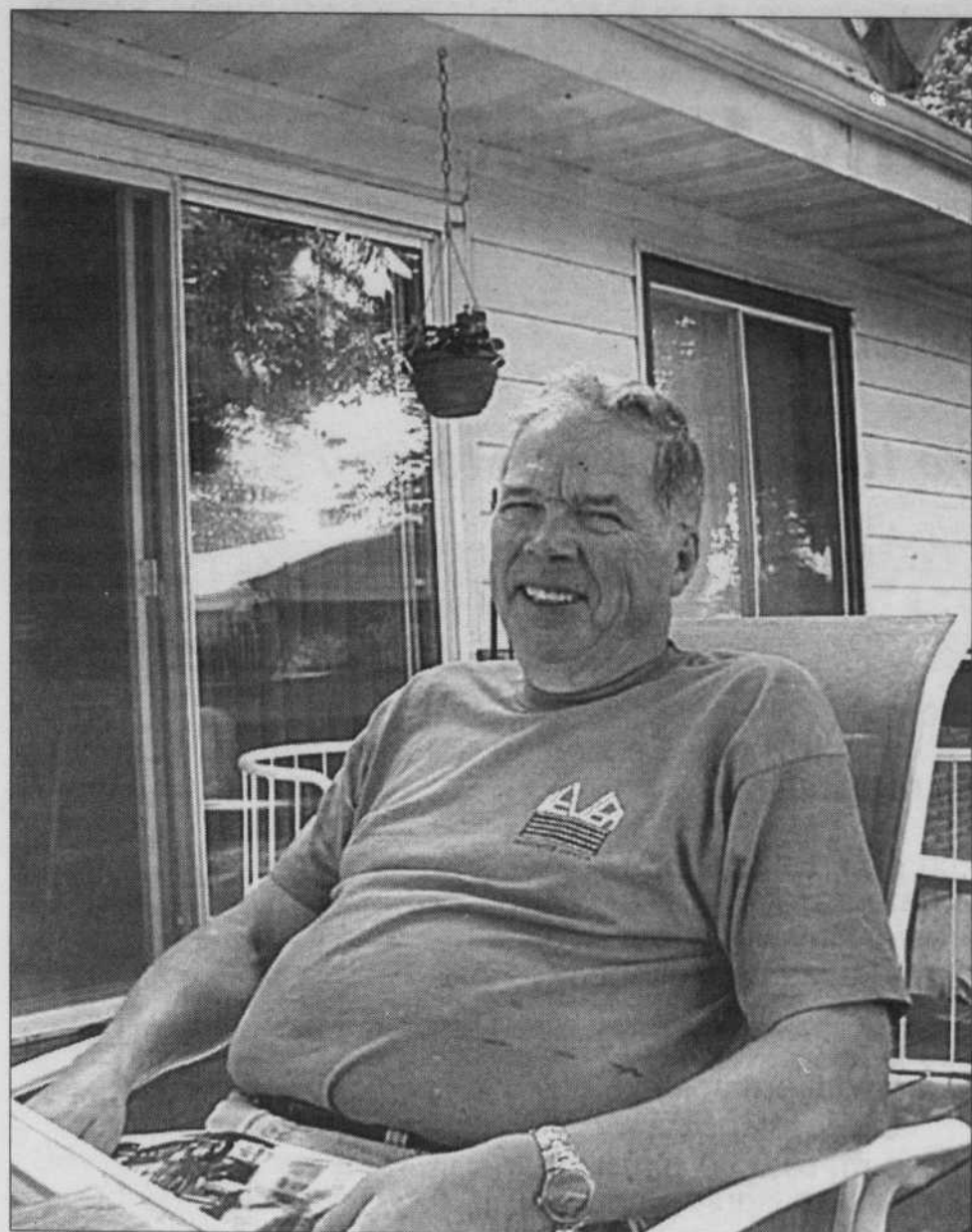
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Canada Day parade returns after two-year hiatus



CLAUDIA VILLEMAIRE/CORRESPONDENT

John Hill, chairperson of the parade committee, said that interest in the parade was dwindling. He hopes this year's effort will prove that the parade "is really a sight to see and enjoy."

By Claudia Villemaire
RECORD CORRESPONDENT
RICHMOND

The Canada Day parade is coming back! After a two-year absence, the Royal Canadian Legion is bringing this popular event back to Richmond streets with a gala party and dance at the Legion hall to follow.

"We found that interest was dwindling a few years ago. When we started organizing the parade twenty years ago, there were no celebrations close by," said John Hill, chairperson of the parade committee. "The public turned out by the hundreds. But with an increasing variety of events to choose from, and some years when rain took over parade enthusiasm, we decided to try something new."

For the past two years, a street dance complete with plenty of hot dogs and country music didn't prove as successful as hoped when the party spirit was dampened by heavy rain.

"And, a lot of people were disappointed there was no parade," Hill added.

Legion members Elsie Kerr and Cecil Lancaster, along with a bevy of volunteers, got the first parades going twenty years ago. But, as everyone knows, the years began to take their toll on an already aging membership and the lack of public interest made the decision to try something new seem appropriate.

"But even though we had a great party, our outdoor events had to be moved indoors. The tarps developed pockets of rainwater, together with the danger of ruining sound systems, and, with lightning and thunder snapping and rumbling overhead, we decided that a parade together with an indoor party, upstairs and down, could be a much better approach to celebrating Canada Day."

Parade day is Saturday, July 1. The pa-

rade will begin at Le Tremplin schoolyard at 2 p.m. and will travel along 6th Avenue to Craig, down to Main street. A right turn on Fair street, a short stint on Gouin and the parade will return to its origin.

"There'll be hot dogs aplenty at the Legion after the parade and old time country music including a bit of 'fid-dlin'," Hill added.

"We'll have a twelve-horse hitch in the parade. I know the Legion and the Historical Society are working on their floats. Antique tractors will be joining the parade along with saddle horses and ponies."

Everyone is encouraged to join in - kiddies with their decorated bikes and trikes, organizations and clubs are all welcome.

"Let's prove that a parade in Richmond is really a sight to see and enjoy," Hill concluded.

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5:30 p.m.
Judging of House Decorating Contest (see list of contacts for registration).



6:00 p.m. to 9:00 p.m.
Amateur Hour
Music: Guy Fontaine
Grand prize by Guitabec Guitars



9:00 p.m.
Opening Ceremony

7:00 p.m. to 9:00 p.m.
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9:00 p.m. to 1:00 a.m.
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Celebration in Bury

Saturday

7:00 a.m. to 11:00 a.m.
Fishing Derby - Children



8:00 a.m.
Pancake breakfast & Flea Market at the St. Paul's Rest Home

9:00 a.m.
Arts & Crafts Show at the Town Hall. Children's activities & Face Painting at the Baptist Church

10:00 a.m.
Strawberry Shortcake, Main Street

11:00 a.m.
Dinner - Salad Plates at the United Cultural Center

Noon
79th Edition - Grand Parade
Grand prize by BMR East Angus

***Entries will be judged in the yard at the old Prod. Champlain at 11:00 a.m.
*** MacIver Street.

Important:
Children's Parade meet at the Baptist Church at 11:30 a.m.

1:00 to 9:00 p.m.
Music and Dance in the tent with: Steve Aulis and Bob Lasenba.

1:30 p.m.
Children's Olympics (ages 2 - 12 yrs.)

1:30 to 6:00 p.m.
Gymkhana Horse Show

5:00 p.m.
Rainbow Country Cloggers in the park

1:00 p.m. to 7:00 p.m.
Inflatable Slides x 2 & Face Painting
Wall climbing for teenagers

6:00 p.m.
Woodsmen Competition

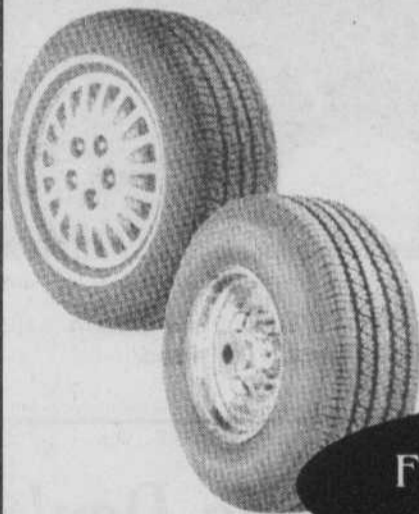


9:00 p.m. to 1:00 a.m.
Music in the tent with Bob Lasenba - The Nashville Cat

10:00 p.m.
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For information and registration:
House Decorating - Kay Olson 872-3662
Gymkhana - Penny Thompson 872-3698
Amateur Hour - Nathalie Loiselle 872-3423
Parade - Linda McMahon 872-1123

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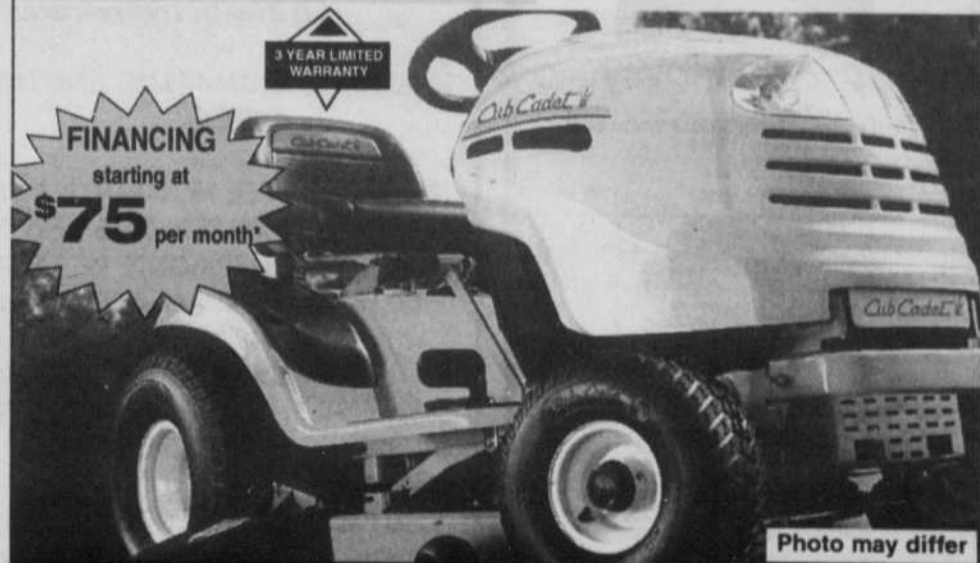
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Hatley parade a Whitcomb tradition

'It's an honour for us,' says horsewoman

By Jen Young

RECORD CORRESPONDENT

Hatley's Nancy Whitcomb looks forward to carrying the Canadian flag and riding her painted horse in the annual July 1st parade in Hatley, just as her father has done for 60 years, and his father before him.

"It's quite a feeling to be leading the parade. I almost can't describe it," said Whitcomb, who has also incorporated her 8-year-old son Jamie into the tradition. "It's an honor to be asked to come back every year and Dad just loves it."

The long-standing custom began a century ago with William Whitcomb. At the time there were few horsemen in the area and Whitcomb volunteered to use his horses to commence the - at that

time - new event.

"My grandfather started it when it was new," she says. "Then when my dad was 4 years old he rode with him. Then, when my dad got older, he started leading the parade himself."

To date, Stanley has been leading the parade for 60 years, and he does so habitually with his own children and grandchildren by his side. The event has actually turned into a real family affair as all four of Whitcomb's daughters have participated, as well as nieces and nephews.

This year, Stanley, now 89 years old, will again be carrying the Union Jack flag while riding in his buggy pulled by his miniature horse, Duke. Accompanied by his grandson, he will ride alongside Nancy and his other daughter Amy, who will be riding an Appaloosa and

carrying the Quebec flag.

Although Stanley's pony-raising and dairy cattle farming days have relaxed, he still shines up his bridals and brushes down his horses for the annual parade, and organizer Kylie Cote says she feels honored by that.

"When you think of the parade, you think of the Whitcomb's and their horses," says Cote, who is organizing the parade for the third time. "It's an honor to have them leading the parade."

Nancy says she sees the Whitcomb involvement carrying on for many generations.

"I see us leading the parade for as long as they ask us to," she concluded. "It means a lot to Dad, and all of us, that they ask us and trust us to lead their event."



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JEN YOUNG/CORRESPONDENT

Nancy (left), and her father Stanley Whitcomb look forward to once again leading the annual Hatley Canada Day parade.

Happy Canada Day!



Author brings little-known Canadian surgeon back to life

Lucille Teasdale: Doctor of Courage is one in a multi-title collection dedicated to the lives of Canadians

By Janice Kennedy

The expression "summer reading" is ripe with a whole bouquet of blossoming possibilities.

Some people like to settle back with literary junk food, the kind of easy reading that suits a lazy backyard or beach but somehow induces guilt the rest of the year. Some people see summer as the time to catch up on all those non-fiction must-reads - the sombre environmental explorations, the searing political indictments - they missed out on during the working months. Others figure vacation time will give them the chance, finally, to tackle War and Peace or Ulysses.

But there's another attractive possibility. Summer can also provide the literary opportunity for inspiration, and not in the simpering, saccharine conventional meaning of that word. Summer can be when you look in unfamiliar places and find books about inspirational people who have done inspiring things.

That's where authors like Ottawa's Deborah Cowley come in.

Cowley has written the first definitive biography of a remarkable Canadian doctor who is not nearly as well known as she should be. *Lucille Teasdale: Doctor of Courage* (XYZ Publishing, \$15.95) is one in a multi-title collection dedicated to the lives of Canadians - George Grant, Nellie McClung, Marshall McLuhan - who were outstanding at what they did.

And on the scale of what constitutes outstanding, Teasdale, a surgeon, hovers right up at the top.

"I knew immediately when I met her that she was a wonderful character," says Cowley.

The late doctor, born and educated in Montreal, spent her professional lifetime in Uganda. With her Italian husband, Dr. Piero Corti, she established St. Mary's Hospital Lacor near Gulu, in Uganda's dangerous northern territory. For a while, even though the doctors and the hospital came under terrifying attack during the horrific regime of Idi Amin, it was the only functioning medical facility in the region.

Although Teasdale and Corti have both since died, Lacor Hospital (as it's popularly known) is thriving, and, expanded and operated by a foundation established in their names, plays a major salutary role in the lives of impoverished Ugandans. With a staff that now

numbers 560, it treats 280,000 outpatients and inpatients a year, more than half of them children under six.

It has been, in short, a legacy to the people of that African nation - and a beacon for humanitarian idealists everywhere.

Teasdale died 10 years ago, her death at 67 the result of AIDS. She had contracted its virus 10 years earlier treating infected soldiers, likely when bone fragments punctured her surgical gloves as she operated on them. Told she might survive for two years after her diagnosis, she continued to work - 12-hour days, often - for almost another decade before succumbing. By all accounts, she maintained her kindness and intelligent sense of humour to the end.

In the mid-1980s, Cowley, a longtime journalist and broadcaster, was in Africa preparing a story on Jane Goodall when she heard about Teasdale and her work. For some time, Teasdale discouraged Cowley's request to visit, because Uganda was still in turmoil. But in 1989, she gave her OK, as

long as Cowley agreed to meet Teasdale and her husband in Kampala and drive back with them in the relative safety of a Red Cross vehicle.

"She was lovely and warm, and she told me her life story on the nine-hour trip north."

DEBORAH COWLEY

TEASDALE

Lucille

DOCTOR OF COURAGE



Cowley then spent 10 days with her at her hospital and in her home, her interviews and observations forming the basis of a 1990 Reader's Digest article, Uganda's Hospital of Hope.

Recalls Cowley: "Every night, she would sit down after dinner and pour her heart out. But she never mentioned her AIDS. Then, on the last morning I was there, I was scrubbing down with her before an operation. She turned to me and said, 'There's one

thing I haven't told you, and that's that I have AIDS.' Then she went inside and performed her operation. She was functioning so well I thought I'd misheard."

That was Teasdale all over, suggests Cowley. AIDS would end her life, but it wasn't going to dominate what she had left of it. Cowley's Reader's Digest article was, in effect, Teasdale's debut on to the stage of public attention in Canada, where she was still virtually unknown.

"She was deeply saddened that she'd been forgotten in Canada," says Cowley. It was her home, and she returned regularly for family visits.

In her final years, the recognition came, both

here and abroad. She was honoured by the United Nations, inducted into the Order of Canada, awarded an honorary doctorate from the Universite de Montreal, SEE COWLEY, PAGE 8

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Ten revealing Canadian film classics

By Jay Stone

Most of what we know, at least in this corner, comes from the movies. For Canada Day weekend, here are 10 classics with their lessons about our country.

Atanarjuat: The Fast Runner: Zacharias Kunuk's breathtaking Inuit epic, based on an Arctic legend, was named best first film at the Cannes festival. It's a gloriously Shakespearean tale about two men feuding over a woman and includes the memorable chase of a stark naked man across the vast and unforgiving tundra. The lesson: This sure is a big country.

The Barbarian Invasions: Denys Arcand's sequel to *The Decline of the American Empire* looks at a group of

Quebec intellectuals 17 years later, all of them having fallen into quintessential roles (for example, marriage to a much-younger Mitsou.) The central tale involves Remy, an ailing roue, who makes peace with his grown son between trips to a hospital in the U.S. to get quicker treatment. The lesson: We love the universal health-care system, but it doesn't hurt to live near the border.

Bollywood/Hollywood: Deepa Mehta's 2002 musical presents a twist on Bollywood song-and-dance films with an infectious musical story about love and marriage. The lesson: Canadian culture can be more exotic than you might expect.

C.R.A.Z.Y.: Jean-Marc Vallée's movie about a gay man's coming of age in

Montreal in the 1960s and '70s comes complete with a beautifully evocative soundtrack. In a working-class home, a fierce dad wants his children to grow up to become tough men and a caring mom prepares what was apparently a quintessential French-Canadian snack of the era, ironed toast. The lesson: The distinctive touches, the ironed toast, have a charm to unite us rather than keep us apart.

Go Down The Road: The 1970 classic from Don Shebib tells a quintessentially Canadian story about two Cape Bretoners who leave for the bright lights and big money of Toronto, only to be disappointed by the heartless city. Notable for its gritty realism, lack of artifice, and many scenes of men smoking

cigarettes and drinking beer from stubby brown bottles. The lesson: Not all our dreams are meant to come true on Yonge Street.

The Grey Fox: Richard Farnsworth gives a winning performance in Philip Borsos's 1982 film about a courtly stagecoach robber named Bill Miner who, at the turn of the 19th century, found himself pursuing a dying trade. He moves on to train robbery, a doomed occupation that nonetheless never upsets the gentle flow of his tale. The lesson: Our history may centre on quiet moments, but it's compelling.

Kissed: In Lynn Stopkewich's 1996 dark comedy, Molly Parker plays a necrophiliac who gets a job in a funeral

SEE CLASSICS, PAGE 10

COWLEY:

CONT'D FROM PAGE 7

from which she had received her medical degree nearly 50 years earlier. But she remained much less fa-

miliar, for instance, than Dr. Norman Bethune, who also ministered with unflinching selflessness to people far from the land of his birth.

Cowley would like to turn that lack of recognition around. Her new book follows Teasdale from her humble beginnings in east-end Montreal to her 1996 death - and her burial on the grounds of the Ugandan hospital that was her life's passion. Her husband, who died in 2003, is buried there next to her.

"Her resilience was incredible," says her biographer admiringly.

Cowley has filled her life with inspirational people. Her late husband, George Cowley, had become a friend of the Vanier family after working for former governor general Georges Vanier while still a young man. The bond endured, and she herself has remained friendly with Therese Vanier, daughter of Georges and Pauline, and with their son Jean Vanier, founder of L'Arche, the residential movement for handicapped adults.

When George Cowley died last February, Jean Vanier was in Ottawa for a public appearance. Staying at the Cowleys' home, he was able to be with her during a difficult time. Recently, she has just returned from 10 days of helping out at L'Arche's original residence just outside Paris.

Cowley has also portrayed her various inspirations in print. With her husband, she wrote a biography of Pauline Vanier and, most recently, edited a collection of the late governor general's First World War correspondence.

Widely travelled, thanks in part to the vari-



CANWEST NEWS

Author Deborah Cowley says she only writes about subjects that have great personal meaning for her.

ous External Affairs postings of her late husband, Cowley has profiled Jane Goodall, described the flying eye doctors of ORBIS and is researching a possible book on a small Canadian miracle called the Osu Children's Library Fund, which is creating ever-widening circles of literacy in Ghana.

She only writes about things that have meaning for her, she says.

"If I didn't care about the subject, I wouldn't invest the energy or time." The Teasdale biography was a perfect fit for both.

- CanWest News Service

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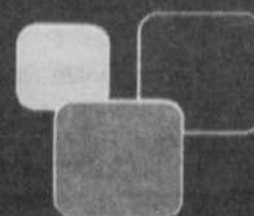
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CLASSICS:

CONT'D FROM PAGE 8

parlour and soon begins enjoying the favours of the dead clientele. The lesson: They say we're dull, but we have some surprises up our sleeves.

Last Night: Don McKellar directed and starred in this 1998 movie about a group of Torontonians greeting the last

day of the world in various ways. The big climax is a massive party at city hall. The lesson: Even at the apocalypse, we enjoy the comfort of officially sanctioned events.

Nobody Waved Goodbye: Don Owen's 1964 movie starred Peter Kastner as a teenager who leaves home to escape his parents and finds the rest of the world is just about as bad. The movie was to be the vanguard of a new English-language


cinema, a trend that lasted until the famous tax shelter laws of 1974 to 1981, when Telefilm Canada allowed investors to deduct all the money they put into movies. The result was terrible Canadian films that were made for financial, rather than artistic, reasons. The lesson: Just about every story about Canadian movies has something to do with federal fiscal policy.

Winter Kept Us Warm: Another landmark, this one from 1965. Shot by David Secter at the University of Toronto (and winner of a special jury prize at Cannes) it's about a university student who falls under the spell of the big man on campus until, in a shocking switch, the ma-

ture student falls in love with the younger boy. Perhaps the first gay movie in Canada, its co-stars included Joy Tepperman, who grew up to become Joy Fielding, the best-selling novelist. A few years earlier, Tepperman had been one of the stars of a U of T student production of the musical Little Me. It was directed by John Kastner, now a documentary filmmaker, who is the brother of Peter Kastner, the star of *Nobody Waved Goodbye*. The lesson: This sure is a small country.

- CanWest News Service

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Spectacular entertainment in the heart of the capital

Beverly J. Oda, Minister of Canadian Heritage and Status of Women, along with Marcel Beaudry, Chair of the National Capital Commission (NCC), announced the celebrations planned for Canada Day 2006 and the Canadian artists who will perform in the National Capital Region in honour of the country's 139th birthday.

Oda and Beaudry unveiled the line-up of performers that will be on-stage for the noon and evening shows on Parliament Hill. They also called upon all Canadians to make Canada's Capital their destination on July 1 to celebrate our nation's birthday.

"The Canada Day noon show will be a fun and lively street party acknowledging the contributions of young people to society in the fields of sports, culture, and the arts in Canada and around the world," said Oda. "The show will also highlight the achievements of young leaders in their fields, who are a source of inspiration for all Canadians."

Special guests, sponsors, partners, and collaborators were given a glimpse of this year's Canada Day celebrations with performances by tap dancer Travis Knights and two artistic gymnasts, as well as a testimonial from a young Canadian humanitarian achiever, Ryan Hreljac.

Throughout the day, thousands of Canadians will gather on Parliament Hill to celebrate our nation's birthday along with the following artists:

- Colin James (British Columbia)
- Ariane Moffatt (Quebec)
- Jesse Cook and Samba Squad (Ontario)
- Tanya Tagaq Gillis (Nunavut)
- Michel Pagliaro (Quebec)
- African Guitar Summit (Ontario and British Columbia)
- Stephen Fearing (Ontario)
- Wil (Alberta)
- Annie Villeneuve (Quebec)
- Jean-François Breau (New Brunswick)
- Aselin Debison (Nova Scotia)
- Kyle Riabko (Saskatchewan)
- Unisong (All provinces)
- Travis Knights (Quebec)
- Stars (Quebec)

They are sure to entertain the crowds with their music, dance, and singing performances. The Canada Day evening show is presented in collaboration with Indian and Northern Affairs Canada and is sponsored by Chicken Farmers of Canada, VIA Rail Canada, and Hbc.

Every year, more than 300,000 visitors head to the three official Canada Day sites - Parliament Hill; Major's Hill Park, in Ottawa; and Jacques-Cartier Park, in Gatineau - to participate in interactive games, watch amazing performances, and experience the breathtaking Canada Day fireworks display that tops off the day.

The festivities will kick off early on July 1 with the Hbc Run for Canada, sponsored by Hbc. Three different races will attract thousands of participants to compete on both sides of the Ottawa River.

New to the Canada Day program this year is the commemorative ceremony in honour of the 90th anniversary of the Battle of the Somme and the Battle of Beaumont-Hamel during the First World War. The event will be held at the National War Memorial and will pay special tribute to Canadian Veterans. The traditional flag-raising will be part of this ceremony.

The focal point for many Canadians on July 1 is Parliament Hill with its pomp and pageantry, including the Changing of the Guard; the RCMP Musical Ride; the Canada on the March musical salute, featuring the Air Command Pipes and Drums Band; the aerial manoeuvres of the Sky-Hawks over Parliament Hill before landing in Jacques-Cartier Park; and the flypast of the Snowbirds.

Major's Hill Park will host a variety of family activities highlighting Canadian arts and popular traditions. From 6 p.m. to 10 p.m., Blackie and the Rodeo Kings, Buck 65, La Volée d'Castors, K'naan, Kinzie Starr, and Joel Fafard will take the stage as part of the evening show. Visitors to the park can try a delicious chicken sandwich and get some tips on cooking on the barbecue at the 14th Annual Great Canadian Chicken BBQ, presented by Canada Day's national sponsor, Chicken Farmers of Canada. Families can also stop by the VIA Rail tent for all kinds of activities for kids, including rides on a miniature VIA train.

Throughout the day, Jacques-Cartier Park will offer special dance demonstrations, arts and crafts workshops, as well as games for children, artefact exhibits, and demonstrations of traditional Aboriginal games. From 7 p.m. to 10 p.m., Ariane Moffatt, Plaster, Bia, Afro-Dizz and Bob la Cuillère will perform.

- Courtesy N.C.C.

FOR MORE INFORMATION ON CANADA DAY CELEBRATIONS IN CANADA'S CAPITAL REGION, CONTACT THE NATIONAL CAPITAL COMMISSION AT 1 800-465-1867 OR AT (613) 239-5000 OR VISIT THE CANADA DAY WEBSITE AT WWW.CANADASCAPITAL.GC.CA/CANADADAY

OTHER ACTIVITIES ON OFFICIAL SITES AND IN THE CAPITAL REGION

"The 4 Seasons in Canada" celebrated in Hatley on Canada Day

The Common in Hatley village will be buzzing all day for the annual Canada Day Celebration on Saturday, July 1st, 2006. As you enter the village, the infamous Hatley Wooden Nickels will once again be available. Starting by 9 a.m. at the latest, the sales tables will be open for business, as well as the annual used book sale sponsored by the Hatley Municipal Library and the Hatley United Church Silent Auction fundraiser. Whether you are looking for bargain books or rare treasures, the various vendors will surely be able to accommodate you.

At 11:00 a.m. it will be time for the parade to get underway. As has been the tradition for many years, members of the Whitcomb family will lead the parade, followed once again this year by members of the Black Watch Regiment from Montreal, and the Shriners in their crazy cars! The theme for this year's parade is "The 4 Seasons in Canada", and it's not too late to get a float together or to decorate your bike. Kids and adults alike are welcome, and over \$2,500 in prize money will be given away. After the parade at 12:00 noon, we will have the singing of the National Anthem.

A number of options are available for lunch on-site, including the Anglican Church Women's sit-down luncheon in the church hall, the United Church Women's baked beans & hot dogs, or a meal at one of the cantines.

New this year, at about 1:00 p.m., the members of the Black Watch Regiment will perform a traditional Sword Dance, followed by some Irish dancing performed by the Moran Academy Richmond Irish Dancers.



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Schedule at a Glance			
11:00	Parade	1:00	Sword Dance
12:00	Singing of the National Anthem	1:30	Irish Dancing
	Words of Welcome	2:00	Children's Games
	Results of the parade judging	4:00	Musical Program
		9:00	Fireworks

There is even more for the kids to enjoy in 2006! As always, children's games will be held at 2:00 p.m. Throughout the day, there will also be a petting zoo set up on the grounds and an inflatable children's game. All activities are free of charge.

Later in the afternoon and running until the fireworks start, Bill Hartwell has organized a musical program that is sure to please all types of listeners.

Then at dusk at approximately 9:00 p.m., the fireworks display will end the day with a bang!

What an array of fun and entertainment; plan to spend the entire day, rain or shine, so you won't miss a minute of it!

(Please note that all are welcome; however, people wishing to include animals or pets in the celebration must have proper liability insurance.)

For information about the Canada Day Celebration in Hatley, please contact the following people:

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'O Canada' a work in progress?

THE HISTORY OF THE NATIONAL ANTHEM

"O Canada" was proclaimed Canada's national anthem on July 1, 1980, 100 years after it was first sung on June 24, 1880. The music was composed by Calixa Lavallée, a well-known composer; French lyrics to accompany the music were written by Sir Adolphe-Basile Routhier. The song gained steadily in popularity.

Many English versions have appeared over the years. The version on which the official English lyrics are based was written in 1908 by Mr. Justice Robert Stanley Weir. The official English version includes changes recommended in 1968 by a Special Joint Committee of the Senate and House of Commons. The French lyrics remain unaltered.

Many people think of Calixa Lavallée as an obscure music teacher who dashed off a patriotic song in a moment of inspiration. The truth is quite different. Lavallée was, in fact, known as "Canada's national musician" and it was on this account that he was asked to compose the music for a poem written by Judge Adolphe-Basile Routhier.

The occasion was the "Congrès national des Canadiens-Français" in 1880, which was being held at the same time as the St. Jean-Baptiste Day celebrations.

There had been some thought of holding a competition for a national hymn to have its first performance on St. Jean-Baptiste Day, June 24, but by January the committee in charge decided there was not enough time, so the Lieutenant Governor of Quebec, the Honourable Théodore Robitaille, commissioned Judge Routhier to write a hymn and Lavallée to compose the tune. Lavallée made a number of drafts before the tune we know was greeted with enthusiasm by his musical friends. It is said that in the excitement of success, Lavallée rushed to show his music to the Lieutenant Governor without even stopping to sign the manuscript.

The first performance took place on June 24, 1880, at a banquet in the "Pavillon des Patineurs" in Quebec City as the climax of a "Mosaïque sur des airs populaires canadiens" arranged by Joseph Vézina, a prominent composer and bandmaster.

Although this first performance of "O Canada" with Routhier's French words was well received on the evening, it does not seem to have made a lasting impression at that time. Arthur Lavigne, a Quebec musician and music dealer, published it without copyright but there was no rush to reprint. Lavallée's obituary in 1891 doesn't mention it among his accomplishments, nor does a biography of Judge Routhier published in 1898. French Canada is represented in the 1887 edition of the University of Toronto song book by "Vive la canadienne," "A la claire fontaine" and "Un canadien errant."

English Canada in general probably first heard "O Canada" when school children sang it when the Duke and Duchess of Cornwall (later King George V and Queen Mary) toured Canada in 1901. Five years later, Whaley and Royce in Toronto published the music with the French text and a translation into English made by Dr. Thomas Bedford Richardson, a Toronto doctor. The Mendelssohn Choir used the Richardson lyrics in one of their performances about this time and Judge Routhier and the French press complimented the author.

Richardson version:

O Canada! Our fathers' land of old
Thy brow is crown'd with leaves of red and gold.
Beneath the shade of the Holy Cross
Thy children own their birth
No stains thy glorious annals gloss

Since valour shield thy hearth.

Almighty God! On thee we call
Defend our rights, forfend this nation's thrall,
Defend our rights, forfend this nation's thrall.

In 1908 Collier's Weekly inaugurated its Canadian edition with a competition for an English text to Lavallée's music. It was won by Mercy E. Powell McCulloch, but her version did not take.

McCulloch version :

O Canada! in praise of thee we sing;
From echoing hills our anthems proudly ring.
With fertile plains and mountains grand
With lakes and rivers clear,
Eternal beauty, thos dost stand
Throughout the changing year.
Lord God of Hosts! We now implore
Bless our dear land this day and evermore,
Bless our dear land this day and evermore.

Since then many English versions have been written for "O Canada." Poet Wilfred Campbell wrote one. So did Augustus Bridle, Toronto critic. Some were written for the 1908 tercentenary of Quebec City. One version became popular in British Columbia...

Buchan version:

O Canada, our heritage, our love
Thy worth we praise all other lands above.
From sea to sea throughout their length
From Pole to borderland,
At Britain's side, whate'er betide
Unflinchingly we'll stand
With hearts we sing, "God save the King",
Guide then one Empire wide, do we implore,
And prosper Canada from shore to shore.

However, the version that gained the widest currency was made in 1908 by Robert Stanley Weir, a lawyer and, at the time, Recorder of the City of Montréal. A slightly modified version of the 1908 poem was published in an official form for the Diamond Jubilee of Confederation in 1927, and has since been generally accepted in English speaking Canada. Following further minor amendments, the first verse of Weir's poem was proclaimed as Canada's national anthem in 1980. The version adopted pursuant to the National Anthem Act in 1980 reads as follows:

O Canada! Our home and native land!
True patriot love in all thy sons command.
With glowing hearts we see thee rise,
The True North, strong and free!
From far and wide, O Canada,
We stand on guard for thee.
God keep our land glorious and free!
O Canada, we stand on guard for thee.
O Canada, we stand on guard for thee.

Many musicians have made arrangements of "O Canada" but there appears to be a scarcity of recordings suitable for various purposes.


- Courtesy N.C.C.

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Birthday bash: a red and white menu to celebrate

By Robin Summerfield

On Saturday, Canada celebrates its 139th birthday. Celebrate in patriotic style, yes, but remember this: throwing a great birthday bash for our home and native land shouldn't age you 139 years.

Instead of fussy, think convenience, think simple, think fresh and, above all, think red and white.

So with that in mind, here are six shortcuts to hosting a no-hassle Canada Day party.

- Wear your chef whites another day. July 1st is not the day to try that fancy new recipe or test your culinary skills. Instead, do the tried and true. Rely on simple, easy-to-make recipes that have delighted guests in the past;

- Cheat. Make a trip to the supermarket, entree-to-go or specialty store and purchase some other great foodie's creation. Buy pre-made entrees, appetizers and desserts, and then jazz them up with a little of this, that or the other. Remember and live by these words: heat and serve, grill and serve, or chill and serve;

- Turn off the oven and fire up the grill. Marinate some chicken or shrimp in the fridge for the afternoon. There will be no baking, basting, broiling or anything else that involves preheating the oven today;

- Time out. This is the day for chilling with family and friends, flying a kite, floating down stream and watching the fireworks. Meal prep should take less than an hour, while eating, drinking and making merry should last through the afternoon and well into the evening;

- Enlist help from friends, family and children for the feast. Get the kids plucking strawberry tops, shucking corn, peeling potatoes, picking basil leaves or making hamburger patties;

- Be a patriot in the kitchen. We've put together a fast, fun and decidedly O Canada feast to mark the occasion.

STRAWBERRY MARTINIS (WHAT COULD BE PRETTIER OR MORE SUMMERY?)

Serves 1
3 crushed strawberries
2 ounces (60 mL) of vodka
splash of Creme de Cassis



CANWEST NEWS

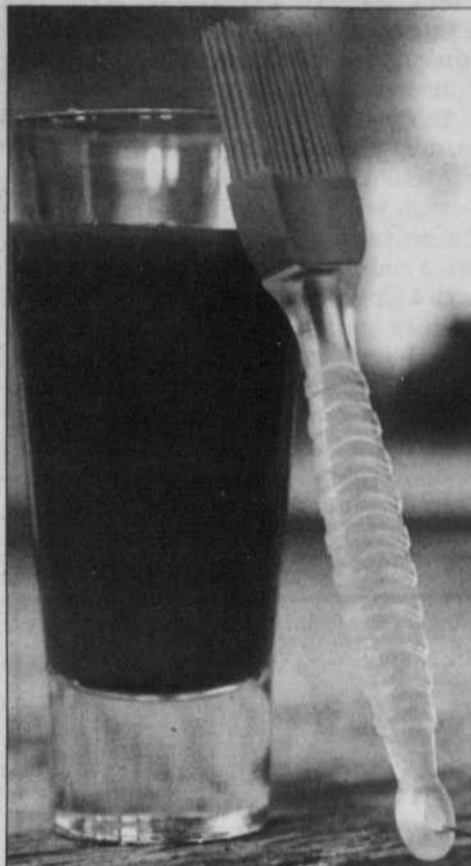
Celebrate our nation's birthday with Canada Day cupcakes.

1 teaspoon (5 mL) of sugar
squirt of lime juice
In a cocktail shaker, add ingredients to plenty of ice. Shake and pour into a martini glass.

Otherwise known as Insalata Caprese, this is a great summer salad or appetizer that's simple to make:

BOCCONCINI AND PLUM TOMATOES WITH BASIL AND BALSAMIC FRESH BASIL LEAVES, TORN OR CUT INTO RIBBONS

extra-virgin olive oil to taste
balsamic vinegar to taste
salt and freshly ground pepper to taste
a pack of plum or grape tomatoes
bocconcini (fresh mozzarella), cut in bite-size rounds.
Place the cheese, tomatoes and basil leaves randomly on a plate (or dec-



CANWEST NEWS

Celebrate right by keeping your menu red and white.

oratively if you wish). Drizzle with olive oil and then the balsamic vinegar. Season with salt and pepper to taste.

This flavourful salad comes from Eating Outdoors, Cooking and Entertaining in the Open Air by Lindy Wildsmith, Ryland, Peters & Small, 2006:


GRILLED RED PEPPERS WITH BALSAMIC/CILANTRO DRESSING AND FETA

Serves 4
4 red peppers, halved length ways, seeds removed
1/4 cup (50 mL) extra virgin olive oil
2 tablespoons (25 mL) balsamic vinegar
1 teaspoon (5 mL) coriander seeds, crushed sea salt and freshly ground pepper
a few sprigs of cilantro or parsley, finely chopped
2 1/2 ounces (71 g) feta cheese, crumbled

Put the pepper halves in a bowl; add olive oil, vinegar, coriander seeds, salt and pepper and mix well. Cover until required. Put the pepper halves, cut side up, on a hot grill, reserving the excess dressing. Cook the pepper until the skin starts to blister and brown and the flesh is tender. (Alternatively, cook the pepper halves skin side up under a preheated broiler.) Scrape away the charred skin and discard. Transfer the pepper halves to a serving plate and spoon the reserved dressing over them. Sprinkle with cilantro and crumbled feta cheese.

-CanWest New Service


Happy 139th Birthday, Canada!



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The birth of the Canadian flag

The search for a new Canadian flag started in earnest in 1925 when a committee of the Privy Council began to research possible designs for a national flag. However, the work of the committee was never completed.

Later, in 1946, a select parliamentary committee was appointed with a similar mandate, called for submissions and received more than 2,600 designs. Still, the Parliament of Canada was never called upon to formally vote on a design.

Early in 1964, Prime Minister Lester B. Pearson informed the House of Commons that the government wished to adopt a distinctive national flag. The 1967 centennial celebration of Confederation was, after all, approaching. As a

result, a Senate and House of Commons committee was formed and submissions were called for once again.

In October 1964, after eliminating various proposals, the committee was left with three possible designs - a Red Ensign with the fleur-de-lis and the Union Jack, a design incorporating three red maple leaves, and a red flag with a single, stylized red maple leaf on a white square. (Pearson himself preferred a design with three red maple leaves between two blue borders.)

Two heraldry experts, who both favoured a three-leaf design, played a decisive role in the choice of our flag: Alan Beddoe, a retired naval captain and heraldic adviser to the Royal Canadian Navy, and Colonel Fortescue

Duguid, a heraldist and historian.

The names of Mr. John Matheson and Dr. George Stanley are well known in the story of the evolution of a new Canadian flag. Mr. Matheson, a Member of Parliament from Ontario, was perhaps one of the strongest supporters of a new flag and played a key advisory role. Dr. Stanley was Dean of Arts at the Royal Military College in Kingston, and brought to the attention of the committee the fact that the Commandant's flag at the College - an emblem, i.e. a mailed fist, on a red and white ground - was impressive.

Dr. Stanley's design is based on a strong sense of Canadian history. The combination of red, white and red first appeared in the General Service Medal issued by Queen Victoria. Red and white were subsequently proclaimed Canada's national colours by King George V in 1921. Three years earlier, Major General (later the Honourable) Sir Eugene Fiset had recommended that Canada's emblem be the single red maple leaf on a white field - the device worn by all Canadian Olympic athletes since 1904.

The committee eventually decided to recommend the single-leaf design, which was approved by resolution of the House of Commons on December 15, 1964, followed by the Senate on December 17, 1964, and proclaimed by Her Majesty Queen Elizabeth II, Queen of Canada, to take effect on February 15, 1965.

In due course the final design of the stylized maple leaf was established by Mr. Jacques St-Cyr, the precise dimensions of red and white were suggested by Mr. George Best, and the technical description of precise shade of red defined by Dr. Gunter Wyszchi.

The national flag of Canada, then, came into being, credit to those eminent Canadians: the Right Honourable




FILE PHOTO

Former prime minister Lester B. Pearson wanted a distinctive national flag to promote national unity.

Lester B. Pearson, who wanted a distinctive national flag as a vehicle to promote national unity; John Matheson, who established the conceptual framework for a suitable flag, then sought out and combined the appropriate components to create it; and Dr. George Stanley, who provided the seminal concept - the central concepts of red-white-red stripes with a central maple leaf - in this process.

-Courtesy N.C.C.



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Cowansville offers activities for all ages, interests

Cowansville's Canada Day Committee has finalised its plans for the celebration of Canada Day on Saturday, July 1, the venue being again the Centre de la Nature at Davignon Lake.

The huge inflatable games which have proven so popular in recent years will once again be on site from 3 p.m. to 7 p.m. For the younger children there is The Mousetsp, and the Incredibles for the older children.

From 3 p.m. to 7 p.m., Frigoline will be on hand to display her face painting talents.

The magician, Mario Fortin, will be on site once again this year from 4 p.m. to 8 p.m. to astound visitors with his skills as a magician and balloon sculptor.

The Cellule jeunesse will again be assisting with the children's games and distributing programmes at the entrance to the Centre de la Nature.

As usual, tennis, lawn bowling and mini-putt, etc., will be available for those wishing to enjoy outdoor sports.

At 4 p.m., with the Canadian Legion and the Air Cadets providing the Hon-

our Guard, there will be the customary flag raising ceremony and once again, Frank Graham, his daughter Karen, grandson Patrick and granddaughter Eliza will be singing "O Canada."

During the afternoon and evening, from 4:15 p.m. to 10 p.m., music will be provided by Alain Lacasse and his Disco Mobile.

From 4:15 p.m. until immediately before dusk, tickets for the purchase of Beer (\$3) will be on sale near the beer tent, with soft drinks being available from the pavilion at the beach.

At 5:30 p.m. an evening meal of BBQ steak, salad and roasted potatoes will be

served.

Tickets for the meal itself may be obtained from any committee member at a cost of \$11 until June 30, or, alternatively, by calling 263-4050 (Ralph Maddocks) or 263-1231 (Dale Strange).

On Canada Day itself, meal tickets will be available on site at a cost of \$13 each.

From 8 p.m. to 10 p.m., Dragon Z will display his talents as a fire eater.

After the flag lowering ceremony is concluded at 10 p.m. there will be the usual sensational display of fireworks.

Did you know?

Homegrown trivia to impress this Canada Day!

The National Flag of Canada was approved by Parliament in 1964 and proclaimed by Her Majesty Queen Elizabeth II to take effect on February 15, 1965. It is a red flag, twice as long as it is wide, containing in its centre a white square bearing a red maple leaf. Red and white are Canada's official colours and, with the maple leaf, are the symbolic elements found in the Canadian flag. Red and white were designated Canada's colours by King George V on November 1921, in the proclamation of the Royal Arms of Canada - Canada's coat of arms.

Prior to that, the St. George's Cross - an English flag of the 15th century - was carried by John Cabot when he

reached the east coast of Canada in 1497, sailing under English colours.

The fleur-de-lis was a symbol of French sovereignty in Canada from 1534, when Jacques Cartier landed and claimed the new world for France, until the early 1760s, when Canada was ceded to the United Kingdom.

First flown over Canada in 1621, the Royal Union Flag (the Union Jack) was used across British North America and in Canada even after Confederation in 1867.

From about 1870, various forms of the Canadian Red Ensign were used on land and sea as Canada's unofficial flag as well as the Union Jack. In 1945, the Canadian government authorized the use of the Red Ensign on federal buildings within Canada until such time as a new national flag was adopted.

- Courtesy N.C.C.



May you all enjoy Canada Day!

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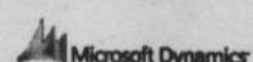
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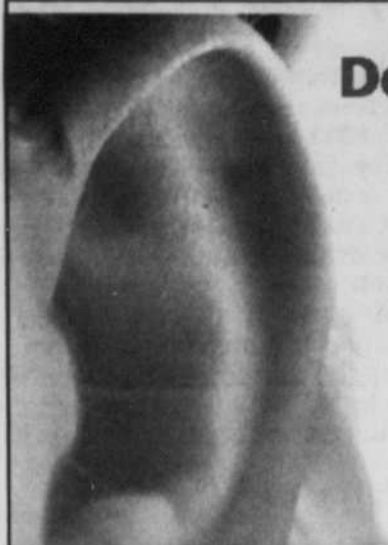


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