

## Phoenix star returns to Sherbrooke clad in gold

By Michael Boriero

Joshua Roy may not have been included in Canada's roster for the World Junior Hockey Championship back in January, but when he was added to the squad this summer for the postponed tournament, he took the opportunity and ran with it.

Roy, who amassed 119 points for the Sherbrooke Phoenix to lead the Quebec Major Junior Hockey League (QMJHL) in scoring last season, made the most of his ice time. He posted eight points, three goals and five assists, in seven games, and walked away with a gold medal.

"I'm very happy with how I played. I did very well. I had another role in this tournament. I was used more on the shut down line and I think I did pretty well during the whole tournament in that role, so yeah, I'm pretty happy," Roy told The Record in a phone interview Monday.

Although he was being deployed in a different capacity in comparison to Sherbrooke where he's looked to constantly when the team is in need of an offensive spark, Roy embraced the challenge presented to him by Canada's coaching staff. And he was rewarded for his efforts.

Canada defeated Finland 3-2 in overtime on Saturday, and Roy was right in the thick of it, playing alongside team captain Mason McTavish and William Dufour, another offensive juggernaut in the QMJHL. Roy and Dufour scored in the final game. McTavish had two assists.

Finland didn't make it easy for Canada, though. Facing a 2-0 deficit in the third period, the Finns clawed back

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## Ayer's Cliff couple celebrate 70 years together



COURTESY PATRICIA VANASSE

Réal Vanasse and Aliette Grenier Vanasse of Ayer's cliff at the party celebrating their 70th wedding anniversary

By Gordon Lambie

Réal Vanasse and Aliette Grenier Vanasse of Ayer's Cliff marked a rare and special occasion on Tuesday, reaching the 70th anniversary of the day they were married.

"Honestly, the time went by so

quickly that we can hardly believe that it's been 70 years," Aliette said, "it's like a dream."

Asked if they had anything special planned for the day, she said that they try to do a little something special every day, but didn't have anything big lined up.

Réal shared that family and friends

held a party for the couple on Aug. 6. "It was a very nice day," he recalled.

According to the couple's daughter, Patricia Vanasse, there were close to 100 people at the celebration including many of the pair's six children, 18 grandchildren and 19 great-grandchildren.

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## Weather



TODAY:  
CHANCE OF SHOWERS

HIGH 25  
LOW 15



THURSDAY:  
CLOUDY

HIGH 21  
LOW 12



FRIDAY:  
MIX OF SUN AND CLOUD

HIGH 22  
LOW 8



SATURDAY:  
SUNNY

HIGH 23  
LOW 8



SUNDAY:  
MIX OF SUN AND CLOUD

HIGH 27  
LOW 13

## HAND IN HAND

# Grace Village to host The Grand Parade for a 2nd year



Grace Village is Sherbrooke's largest senior living residence primarily focused on providing services to the English-speaking community. As a nonprofit, they receive funding from the aptly-named Grace Village Care Foundation, which helps support building & equipment projects, as well as seniors who can't afford the full cost of care.

September 17 will be the 2nd year they will be participating in "The Grand Parade", a 5K walkathon which happens across Canada raising money for local organizations that support seniors. Last year, over 60 participants walked (and rolled in wheelchairs!) on a route around Lennoxville's Huntingville neighbourhood and raised over \$25,000!

Emma Muise, the Foundation's Coordinator, and Kristy Pyle, from Grace's Recreation & Leisure Team, are excited to be putting together this fundraiser again.

"Our seniors are very close to my heart," says Kristy. "All seniors should get to choose where they spend the last years of their lives, regardless of barriers like cost." Kristy's two-year-old son Elliott is captaining his own Team, "Elliott's Happy Feet". Elliott's team is one of several where Grace Village employees will be walking in the event with their children, all of whom share the sentiment that they are happy to teach the next generation the importance of supporting our aging community.

This year, the event coordinators hope to have 100 participants raising funds for the seniors of Grace Village. Walkers of all ages are encouraged to join! There will be a bouncy castle for the kids, routes of 5K, 2.5K, and 0.6K for different abilities, and a delicious healthy lunch from Freshii will be provided free for all walkers!

David Price, President of the Foundation, said, "We are looking forward to this happy, healthy fundraiser!" David is captaining the "Connaught & North Hatley" team with Joan Drinkwater.

Other teams include new Grace Village Executive Director Brigitte Lambert's "Les Villageois", Sandy Klinck's "Grace Racers", as well as the

"Groovy Gang", the "Walkosaurs", and "The Young and the Breathless"!

Grace is also looking for local businesses to sponsor the event. So far sponsors include Member for Saint-François Geneviève Hébert, Le Connaught apartment building in North Hatley, and Freshii.

The Canadian organization that helps coordinate The Grand Parade, Blue Sea Foundation, partners with local charities to host these events. Between all the organizations participating, there is a \$1 million fundraising goal this year!

"We really want to see more beautiful Townships faces walking the neighbourhood with us this year. It's so encouraging for our seniors to come outside and watch how many people from their community are out there to support them!" says Emma.

Participants & Donors can check out [www.thegrandparade.org/sherbrooke](http://www.thegrandparade.org/sherbrooke) for more information.



Volunteers & Team Leaders show off this year's t-shirts!

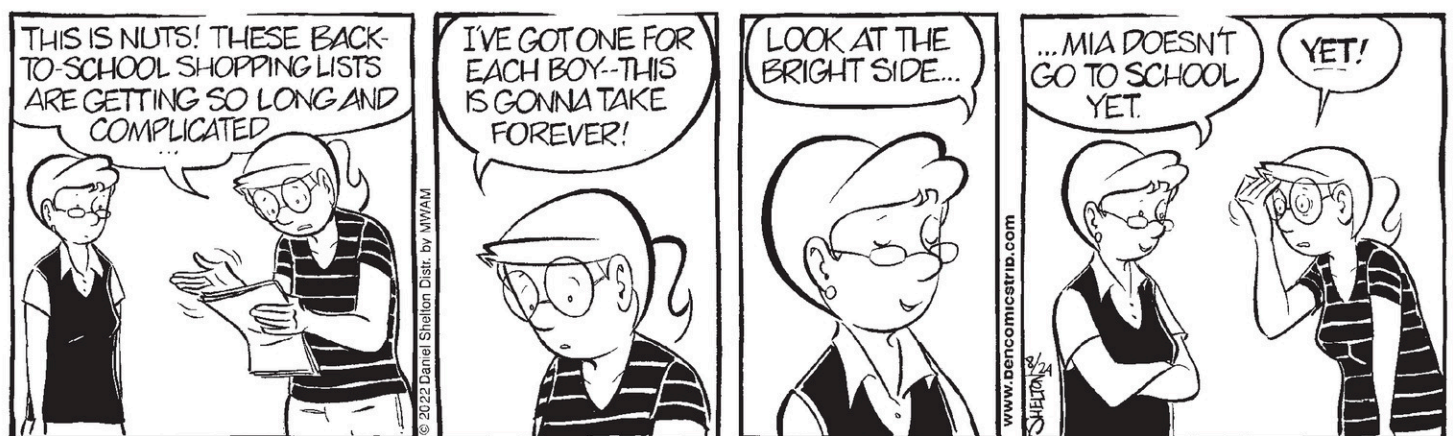
COURTESY



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## Ben by Daniel Shelton



# Local News

Following the unusual behavior of the individual, the SPA promptly informed the police and officers proceeded with his arrest.

## Memphremagog police arrest man for threatening SPA employee

Record Staff

Around Midday on Tuesday, investigators from the Memphremagog Police arrested a 72-year-old man as he left his home in Orford Township.

The individual in question had, a few days earlier, threatened an employee of the Eastern Townships SPA who had come to his home to conduct a census of dogs and cats on the territory of the municipality. The man then refused any collaboration with the SPA employee and showed him what

appeared to be a handgun, mentioning to him that he was very capable of "solving his problems himself".

Following the unusual behavior of the individual, the SPA promptly informed the police and officers proceeded with his arrest.

Armed with a warrant to search the residence, investigators discovered the supposed handgun there, which turned out to be an imitation .357 magnum "pellet gun". Another pellet gun was also seized, as well as a starter pistol (for races).

During the search for the weapons,

officers also discovered 30,000 contraband cigarettes inside the residence.

The individual has no prior no criminal record but will now have to face the justice system for the actions

taken against the SPA employee as well as for the possession of contraband tobacco. Charges of harassment, uttering threats and possession of contraband tobacco will be submitted to the DPCP for further proceedings.



PHOTOS COURTESY

## Late-night speeder clocked at 181 km/h on Highway 10

Record Staff

Sûreté du Québec officers intercepted a driver travelling at 181 km/h on Highway 10 in the early hours of the morning on Saturday. According to information provided by the SQ, the 40-year-old

man was caught around 3 a.m. near Magog. As a result of his actions, the Ville St-Laurent resident received a whopping \$1,546 fine and 18 demerit points. His driver's licence was also suspended for seven days, and his vehicle impounded.

## 70 years together

CONT'D FROM PAGE 1

"(Réal) said it at the 60th wedding anniversary," she recalled. "He said I want you to come back at the 70th so we were going to have it whether they were there or not, but we were lucky enough to have them here."

"Almost everyone was there," Réal said noting that some had other obligations while others were kept away by COVID.

Looking back to the start of their relationship, 91 year-old Réal joked

that it had been too long to remember how he and Aliette met, but his 90 year-old wife just laughed and shared that their first night out was a Saturday dance at Pariseau hall in Coaticook. Her future husband was driving the car and she was riding with his brother and her brothers, but along the way he stopped the car and told his brother to switch places with her.

Thinking on what has changed or what they've learned over their years of marriage, Réal pointed to the weather.

"On the afternoon of the wedding, it was snowing a little bit, but on the day we celebrated our 70th, it was very hot," he said.

Both said that they have learned a number of lessons in their life together, although they had no particular advice to give."

"We are still learning after 70 years," Aliette shared, recognizing that it is very rare for a couple to be able to celebrate 70 years of marriage together, and to do so while still living at home.



COURTESY PATRICIA VANASSE

The couple on their wedding day in 1952



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# Elections Quebec spells out the rules on posting signs for the 2022 provincial election

Record Staff

Location

Posting period

to show respect for those who run for office.

Election expenses

As the election period approaches, Elections Quebec would like to remind citizens that the rules of the Election Act concerning signs apply only during the election period. Before this period, the Election Act does not prohibit the posting of signs. However, municipal by-laws apply, where applicable, as well as the Highway Safety Code.

All election signs must be placed in a manner that does not compromise traffic or pedestrian safety. In addition, signs may not be placed on heritage buildings or sites, trees, bridges or bus shelters, unless there is a space provided for advertising.

After the election, political parties and candidates have 15 days to remove their signs. After that time, upon five days notice, the owner of the premises or the municipality may charge them for the costs of removal.

If signs are installed before the election period begins, a portion of their cost will not be eligible for reimbursement of election expenses. The total cost of the signs will be divided by the number of days of use and the reimbursement will be prorated based on the number of days in the election period. To be reimbursed for 50 per cent of election expenses, a political party must receive at least 1 per cent of the vote and a candidate must receive at least 15 per cent or be elected.

The Elections Act provides a framework for the materials and placement of election signs, but does not provide rules for their content. However, the Act specifies that signs must bear the name of the printer or manufacturer and the name and title of the official agent.

On voting days, no signs or partisan advertising is allowed at the polling place to ensure that voters are not pressured or influenced when they go to the polls. No signs may be visible from the entrance to the building where the polling station is located, for example, or on the grounds of the building or in the immediate vicinity.

Stolen or vandalized signs

Theft and mischief to property are offences under the Criminal Code and should be reported to the police.

Mischief to election signs is contrary to the democratic values of our society. For candidates and their teams, this mischief not only results in a loss of money, but also in a loss of time and energy to replace the affected signs. Elections Quebec invites the public

The cost of replacing stolen or vandalized signs does not affect the election expense limit.

## MP says Ottawa underestimated Canadians' desire to travel again

By Bill Graveland  
The Canadian Press

A member of Parliament says Ottawa may have underestimated Canadians' desire to travel when planning for a return to normal following the end of most pandemic restrictions.

Airlines and airports have been grappling with a surge in customers this summer, compounded by staffing shortages affecting both carriers and federal agencies. As a result, travellers have experienced widespread flight cancellations, baggage delays and lengthy lineups, particularly at Toronto's Pearson International Airport.

Last month, due to a glitch, the ArriveCan app instructed about 10,200 travellers to quarantine for 10 days when they didn't have to.

Annie Koutrakis, the parliamentary secretary to the minister of transport, told reporters in Calgary on Tuesday that planning for a return to normal fell a bit short.

"We did anticipate. Yes, the planning did start. What we underestimated unfortunately was the desire to which everyone wanted to travel and everyone wanted to travel at the same time," Koutrakis said.

"The data shows us that we were not anticipating everybody to start travelling to the degree that they did. It's not like we were waiting and not planning behind the scenes to be ready for it. It's just more could have been done."

Koutrakis said this is the first time the government has gone through a pandemic like COVID-19 and there are lessons to be learned.

Transport Minister Omar Alghabra was grilled about the delays at a House of Commons

committee last week.

Conservative MP Melissa Lantsman asked him if the federal government bears any responsibility and Alghabra replied: "I blame it on COVID." He pointed to labour shortages as the primary contributor to the delays.

Koutrakis said data indicates that abandoning the ArriveCan app would increase delays and bottlenecks and removing the mask mandate would not reduce wait times.

Koutrakis announced nearly \$2 million to help the Calgary International Airport improve current and future flight scheduling and connection times between flights, as well as establish dedicated corridors to enable physical distancing.

There were no representatives from any of the airlines at the announcement. But Bob Sartor, the president and CEO of the Calgary Airport Authority, said the carriers are suffering through the same problems in hiring enough staff.

"The reality is, they are facing to a greater extent issues that we face at YYC and that is the need for additional staffing. They did what we did as an airport and they reduced significantly their staffing during the pandemic," Sartor said.

Sartor said recertifying pilots and getting staff security clearances can take months to complete.

"Sometimes it can be two or three months. There are some things that have to happen, and one of the things is we need to get pilots certified. We need to get more staff like the air carriers do," Sartor said.

"If we ever have one of these Black Swan events, and I pray we do not, we need a consolidated aviation sector restart plan."

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# Fière la Fête begins week-long celebration, activities

By Michael Boriero

The 10th edition of Fièvre la Fête, hosted by Fierté Sherbrooke Pride, kicked off on Tuesday with a plethora of free and accessible activities planned between Aug. 23 and 27, including a family brunch, a literary evening, community day, and capped off by a Diversity March.

According to Pierre McCann, co-president for this year's event alongside actress, speaker, comedian, writer and poet, Gabrielle Boulianne-Tremblay, organizing the event has proven to be a challenge, testing the organization's resources. However, he added, everything is ready.

"Every year is a challenge. It's a challenge at the financing level. It's a challenge at the mobilization of the community level, which isn't as big in the Eastern Townships," McCann told The Record in a phone interview Monday, adding he expects hundreds to partake in the event.

And, he noted, the Diversity March scheduled for 4 p.m. on Saturday is not going to fall victim to a last-minute cancellation like the Montreal Pride Parade two weeks ago. Thousands of Quebecers were left disappointed when it was cancelled due to a lack of security staff.

The parade in Montreal is an important event for 2SLGBTQIA+ communities, McCann explained, calling it a shame that it never got to happen. However, he hopes to see more Quebecers, and folks from out of province, make their way to

Sherbrooke's modest march.

Whether it's Montreal's Pride Parade, Sherbrooke's Diversity March, or some other event focused on inclusivity and lifting the voices of minority 2SLGBTQIA+ communities, these events act as a catalyst, breaking isolation, for many people struggling in silence, he said.

But while Fièvre la Fête is supported by dedicated volunteers and backed by Fierté Sherbrooke Pride, the reality is that a lack of funding continues to plague local 2SLGBTQIA+ organizations in Quebec. McCann has plenty of experience scrounging for government grants and subsidies.

"It's a problem that persists today. LGBTQ+ organizations across Quebec are under-financed, and in a larger sense, it's worse. For me, the principal reason I don't work anymore for GRIS [Estrie] is because you're constantly looking for funding, on top of your base work," he said.

McCann co-founded GRIS Estrie, an organization that promotes "better knowledge of sexual and gender diversity" and facilitates "the integration of LGBTQ+ people into society," in 2014. However, he recently decided to step away to spend time with his partner and adopted child.

"These aren't challenges we talk about often in the media, in the public. And sometimes people in general think that LGBTQ+ communities are just in Montreal that it's happening, but it's really not the case. There are many organizations talking about community and importance," he said.

And these organizations, crucial to fostering a welcoming environment for 2SLGBTQIA+ communities, are floundering with a lack of volunteers, as well as overworked and underpaid staff. TransEstrie nearly shut down in March due to a lack of provincial government support.

However, on a positive note, McCann told The Record that he has noticed more people, especially the younger population, are living openly with their sexual orientation. The youth are more aware, and there are role models in media now, but, he added, many still need help.

"The youth of today are seen as being much more independent and comfortable with the reality of the LGBTQ+ community, but there are still many children who are living through challenges or in problematic situations," McCann said, adding resources like GRIS Estrie are important.

LGBT+ Family Coalition, which "aims for the social and legal recognition of families from sexual diversity and gender plurality," will also be on hand during the week-long event. Coalition Coordinator Lani Trilene said the organization is running a brunch at Coco Frutti on Aug. 27.

Like McCann, she was surprised by the last-minute cancellation in Montreal. It hurt her, as an LGBT person and parent, to lose out on an opportunity to show her support to all members of 2SLGBTQIA+ communities. However, she didn't let it stop her from celebrating Montréal Pride.

"We had a drum group with us. They went to play at Mont Royal and they said if family wanted to come they're welcome to join us and some people walked the entire route to the village. I was not upset, I will say, because part of the march was still there, not a big parade," she said. While she doesn't fault Montréal Pride, telling The Record that mistakes happen, Trilene wants to see better communication and understanding from within the government. The chronic underfunding issues and lack of resources needs to end, and all it takes is a conversation.

"We know what we need and what is best for us. We are willing to work with the government but they have to be willing to work with us, too. Not necessarily with all of our terms, but come, ask us questions, listen to us because what we want are basic rights and needs," she said.

With Fièvre la Fête under way, McCann also took time to underscore the government's paltry monkeypox vaccination campaign. It has impacted 2SLGBTQIA+ communities, and yet, he explained, there is little outreach being done outside of Montreal, at least to his knowledge.

"We don't see a lot of awareness or a prevention campaign in the Eastern Townships, at least I haven't seen it. It's as if monkeypox is only happening in Montreal when that is not the case. This has really taken up my time this summer, to see more awareness and prevention," he said.



Pride 2017



2018



2018



2021

PHOTOS: RECORD ARCHIVES/GORDON LAMBIE

# EDITORIAL

It was apparent from the beginning that Bill 21 was primarily aimed at Muslim women wearing religious head coverings (like the niqab, exposing the wearer's eyes and the hijab, exposing the wearer's face).

## How Québec's Bill 21 could be vanquished by a rarely used Charter provision

By Kerri Anne Froc  
Associate Law Professor,  
University of New Brunswick

This November, the Québec Court of Appeal will hear an appeal of *Hak v. Attorney General of Québec* on the constitutionality of Bill 21, which prohibits public service workers from wearing religious symbols.

The trial decision upheld the law in most respects, except for its impact on the management of the province's minority-language school boards.

Despite the harsh effects of the law — primarily on Muslim women like Grade 3 teacher Fatemeh Anvari, who was removed from a Québec classroom for wearing a hijab — you might think the appeal is bound to fail.

That's because the Québec National Assembly attempted to shield Bill 21 from Canada's Charter of Rights and Freedoms by invoking Sec. 33 of the Charter, known as the "notwithstanding clause."

Sec. 33 allows laws to operate "notwithstanding" certain rights and freedoms contained in the Charter, like the general equality right of Sec. 15 and the freedom of religion right of Sec. 2

### Women's Charter advocacy

But what the Québec government appears to have overlooked is the existence of Sec. 28 of the Charter, which states:

"Notwithstanding anything in this Charter, the rights and freedoms referred to in it are guaranteed equally to male and female persons."

The provision is unique in that it was drafted by women advocates — not government lawyers — and was

included in the Charter virtually unchanged from what they initially proposed. Its purpose was to guarantee that other provisions of the Charter worked to advance, not detract from, the genuine equality of all women in Canada.

When Sec. 33 came on the scene in November 1981, these same women advocates fought an epic battle to ensure Sec. 28 was not subject to it, and that the notwithstanding clause could never be used by legislatures to erode women's rights.

It was apparent from the beginning that Bill 21 was primarily aimed at Muslim women wearing religious head coverings (like the niqab, exposing the wearer's eyes and the hijab, exposing the wearer's face).

And in fact, the trial judge in *Hak v. Attorney General of Québec* found that most — if not all — of those affected by Bill 21 are Muslim women who wear the hijab, a group that is particularly vulnerable. He also found that it was "indisputable" that Bill 21 violated a number of provisions in the Charter.

The most obvious is freedom of religion. Bill 21's invocation of the notwithstanding clause, therefore, negatively impacts the enjoyment of freedom of religion by this particular group of women and violates Sec. 28.

Furthermore, because Bill 21's gendered, disproportionate effects disadvantage Muslim women in a variety of ways, it results in diminished access to sexual equality, an additional violation of Sec. 28.

### Québec Muslim women feel less safe

While Bill 21's preamble states that "the Québec nation attaches



importance to the equality of women and men," the reality is much different.

A recent report by the Association for Canadian Studies and Léger Marketing indicates that an overwhelming majority of Muslim women have felt less safe since the law's adoption and report they've been subjected to hate crimes.

In one harrowing account, a Muslim woman reported that a man in a pickup truck attempted to run her and her three-year-old daughter down as they walked home from daycare. Two-thirds of Muslim women say they've experienced a decline in their quality of life and mental health.

As I've argued in a recent paper, Sec. 28 essentially blocks the notwithstanding clause when it would permit a law to operate, despite disproportionately affecting the rights of women.

Bill 21's religious symbol ban denies Muslim women the right to religious freedom and sexual equality, contrary to Sec. 28.

Therefore, notwithstanding the notwithstanding clause, a court could justifiably rule that Bill 21 violates the Charter and that the provisions of the law resulting in inequality for women are unconstitutional.

### 'Unknown quantity'

Sec. 28 is nearly an unknown quantity in law. There are many reasons for this.

One is because the entrenchment of the Charter was met initially with an onslaught of claims from men seeking

to roll back some of the modest protections women had under the law. Some of these claims succeeded via judicial misinterpretation of Sec. 28. As a result, other judges thought it best to ignore or marginalize the provision.

For instance, in *Shewchuck v Ricard* in 1986, the British Columbia Court of Appeal rebuffed a Sec. 28 challenge to legislation that provided legal assistance for single mothers seeking child support and compelled deadbeat dads to come to court.

The court expressed concern that Sec. 28 would undermine the judges' ability to "critically examine" sex-based distinctions for discrimination.

But that time has passed. Bad precedents from almost 40 years ago should not be an impediment to the Québec Court of Appeal's principled use of Sec. 28 today.

Bill 21 has had a poisonous impact on Québec citizens, Canadians' willingness to embrace diversity and women's equality. Thankfully, women advocates of 1981 foresaw the need for the antidote of Sec. 28 to overcome negative uses of the Charter, including Sec. 33.

Let's hope that the Québec Court of Appeal has the acumen to use it as prescribed.

Kerri Anne Froc receives funding from Social Sciences and Humanities Research Council. She is affiliated with the National Association of Women and the Law.

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# Phoenix star

CONT'D FROM PAGE 1

to push the game into overtime. And they looked like the better team heading into the extra frame. Roy was nervous, but he knew nothing would be handed to them.

"We knew that it was going to be a big match. In a gold medal game, every player, every team, as a hockey player you play for those moments, so when you're just about to go on the ice for sure you're going to give everything, so we knew they were going to come hard," he said.

When asked about his favourite memories of the tournament, Roy couldn't help but reminisce about the overtime. Finland came out with all of the momentum, putting Canada on their heels right off the bat. But things quickly changed when McTavish made a miraculous goal line save.

The captain batted down a loose puck floating into the net, keeping it from crossing the line. A minute later, on a two-on-one, Kent Johnson buried his own rebound off a feed from Logan Stankoven to capture the

championship title and bring gold back to Canada once again.

"Well the gold medal was the best moment but one of the best moments was when McTavish stopped a goal. I just thought it was the end and I saw the ref call no goal and I was like 'that's unbelievable,' and the crowd was just so loud. It was just a great moment," Roy said.

But the victory and McTavish's overtime heroics weren't the only things Roy took away from the tournament. He also noted the demeanour of his team captain. His professionalism and work ethic, something Roy has always personally worked on over the years, stuck with him.

"He's just a pro on the ice and off the ice, everything he does, he acts like a pro, and so he's an example for a lot of people and even for us on the team. He was a great leader and for sure I took some tips from him," he said, adding he'll be bringing those tips with him to Sherbrooke.



VINCENT LEVESQUE ROUSSEAU

## NDP MP Peter Julian seeks answers from Hockey Canada CEO Scott Smith in letter

By Abdulhamid Ibrahim  
The Canadian Press

NDP MP Peter Julian is seeking further accountability and transparency from Hockey Canada by way of a letter issued to the organization's president and CEO, Scott Smith.

The letter, provided to The Canadian Press, comes following new information Julian had been informed of by a former board member, who opted to remain anonymous, regarding perks and luxurious accommodations provided to board members.

"Thousands of dollars that are being spent on board meetings, on luxury suites, on the rings that come with championship teams that are given to board members," he said. "And I have asked these questions in the hearings that we've had so far and have been stonewalled by Hockey Canada.

"The accountability is fundamental here. And I expect Hockey Canada to provide answers to Canadians. There have been a lot of expenditures that I don't think pass the nod test when it comes to hockey parents that are registering their daughter or their son in hockey programs. And they're not seeing the accountability for those funds that Hockey Canada should be exercising."

In the letter, Julian follows up on Smith's testimony from a parliamentary hearing on July 27 where he said, "the board of directors and our members from time to time have received a version of championship rings and there are some staff members who do have bonuses that relate to medal performance."

Presenting information of dinners

costing north of \$5,000 for the board of directors, as well as accommodations of over \$3,000 per night "such as the presidential suite at the (Westin) Harbour Castle in Downtown Toronto," Julian questions how many times such payments have been made.

Julian also notes allegations of the championship rings received by board members reportedly worth more than \$3,000 apiece and seeks confirmation of their cost.

In a statement provided to The Canadian Press, Hockey Canada says the expenses for the board members are "regularly reviewed to ensure they are appropriate."

"Given the volunteer nature of their role, Hockey Canada covers a range of expenses related to the board's duties, including meetings, food, and travel costs. Our board of director's travel and expense policy strictly dictates which expenses are appropriate, including a requirement that directors book the most economical travel available.

"Allowable expenses include airfare, accommodation, meals, and ground travel. Hockey Canada does not cover hotel stays longer than required for board business, incidental costs, or airfare to locations other than the meeting location and home."

With parliament set to resume Sept. 19, Julian continues to voice his desire to have Hockey Canada back in front of the Standing Committee on Canadian Heritage.

"It's up to a majority of the committee (to decide on future hearings)," said Julian. "I've expressed a few weeks ago that I thought that we need to continue these important hearings and broaden them to include other national sports organizations, because we've become aware of other

sports organizations where there has been a similar lack of accountability.

"Sport Canada, and the minister of sport, needs to be accountable for the decisions that have been made over the last two years. And so, I hope, and I feel, that members of the committee understand the importance of it. I certainly hope that we will be continuing these hearings, and that will be a decision that I believe the committee will be making (in) its next meetings."

With the whistleblower now in the fold, Julian is hopeful that, if possible, they would be willing to testify. However, the MP is aware of a need for protecting said person.

"I certainly believe that it's important for whistleblowers to be protected. And so that is something that we need to ensure as well," said Julian. "Whether or not that board member testifies in camera or testifies in public hearing, I think will be up to that board member, but I would certainly like to see that board member testify before the committee."

Hockey Canada has been under immense pressure to be publicly transparent with its finances and handling of sexual assault allegations since TSN first reported an undisclosed settlement with a woman who alleged she was sexually assaulted by eight players, including members of the 2018 world junior team.

The complainant was seeking \$3.55 million dollars.

Since then, the organization has admitted to using its National Equity Fund to pay out \$7.6 million across nine settlements related to sexual assault or abuse since 1989. The fund drew on minor hockey membership fees to pay for uninsured liabilities,

including such claims.

Hockey Canada also revealed an alleged sexual assault investigation involving members of the 2003 world junior team on July 22.

Amid the revelations, sport minister Pascale St. Onge has frozen funding to the sporting body, in addition to Scotiabank, TELUS, Imperial Oil, Canadian Tire and Tim Hortons pulling sponsorship money.

Former Hockey Canada CEO Tom Renney retired at the end of June, leaving Smith to be his successor while continuing to be president of the organization. Michael Brind'Amour, the former chair of board of directors, resigned from his post Aug. 6 with Andrea Skinner taking over as the interim chair on Aug. 9.

Despite the moving parts, and an action plan that includes, among other measures, the implementation of a centralized tracking and reporting system for abuse complaints by the end of September, Julian believes a change of the current leadership is still required within the organization.

"As I mentioned last month in the hearing, I have lost confidence in the current leadership," he said. "There needs to be a change in leadership at Hockey Canada, I think, to restore that public trust."

"The fact that these questions are now being asked in terms of these quite staggering expenses, for the board of directors is something that, I think indicates that there are folks within Hockey Canada, that are concerned about the lack of accountability around sexual violence and sexual harassment, and concerned about where Hockey Canada's current leadership (and) where their priorities seem to be."

# Datebook

WEDNESDAY, AUGUST 24, 2022

Today is the 236th day of 2022 and the 65th day of summer.

**TODAY'S HISTORY:** In 1814, British forces invaded Washington, D.C., and set fire to the White House.

In 1949, President Harry Truman formally announced that the North Atlantic Treaty was in effect.

In 1981, Mark David Chapman was sentenced in New York for the murder of John Lennon.

In 2006, the International

Astronomical Union announced a new definition for "planet," which reclassified Pluto as a "dwarf planet."

**TODAY'S BIRTHDAYS:** Jorge Luis Borges (1899-1986), author; Vince McMahon (1945- ), wrestling promoter; Paulo Coelho (1947- ), author; Mike Shanahan (1952- ), football coach; Mike Huckabee (1955- ), politician/TV personality; Stephen Fry (1957- ), actor/comedian; Cal Ripken Jr. (1960- ), baseball player; Jared Harris (1961- ), actor; Marlee Matlin (1965- ), actress; Reggie Miller (1965- ), basketball player; Ava

DuVernay (1972- ), filmmaker; Dave Chappelle (1973- ), actor/comedian; Rupert Grint (1988- ), actor.

**TODAY'S FACT:** In 1891, Thomas Edison filed a patent for his Kinetograph motion picture camera and the Kinetoscope viewer.

**TODAY'S SPORTS:** In 1989, baseball commissioner A. Bartlett Giamatti banned Pete Rose from the sport for gambling on Major League Baseball games.

**TODAY'S QUOTE:** "When we're talking about diversity, it's not a box to check. It is a reality that should be deeply felt and held and valued by all of us." - Ana DuVernay

**TODAY'S NUMBER:** 5 - dwarf planets in our solar system currently recognized by the International Astronomical Union: Pluto, Ceres, Eris, Haumea and Makemake.

**TODAY'S MOON:** Between last quarter moon (Aug. 18) and new moon (Aug. 27).

## Wales Home News July 2022

It feels like the month of July just started, yet here I am at the beginning of August writing about what happened. Here are a few of the highlights from The Wales Home. Usual monthly activities like bingos, exercise classes, yoga, Zumba, weekly movies, and TV Tour programming also took place. There were also opportunities to enjoy the petting zoo, ducks at the pond and flower gardens and outdoor sitting areas this month.

Residents throughout the Home enjoyed a special Canada Day barbecue on July 1st. We enjoyed a Canada Day dance in the main dining room after lunch. Jim Allan played the keyboard while Courtney Drew worked her magic for us on the fiddle. It was a toe tapping good time and we loved seeing the residents dancing again after so many months of not being able to hold this sort of activity.

CN Chaussures held a shoe sale

in the main living room on the 4th. We enjoyed an incredible game of balloon hockey in the main living room on the afternoon of the 8th. On the afternoon of the 14th Marjorie Dunlavy gave an informative talk about her profession of testing employees in various work environments who are suspected of drug or alcohol abuse in the workplace as well as 'post incident/accident' events.

A strawberry social was held in the main living room on the afternoon of the 15th. A pub afternoon for the gents was held in the living room solarium on the afternoon of the 19th. Residents were able to make musical requests during the Youtube afternoon on the 21st. Catherine and Suzanne held a cello recital on the afternoon of the 30th in the main living room.

This month's birthday party was hosted by Fran's Friends. Happy birthday to everyone who celebrated.

Lisa and Lydia visited the CHSLD units with their adorable rabbits on the morning of the 29th. Other activities that took place in the CHSLD this month included piano music, manicures, bocce ball, the fishing game, and bean bag toss.

Activities on Central this month included smoothie breaks, violin music and a variety of other group and one on one activities.

Since our last update we would like to welcome Elsie Dunn, Suzanne Surprenant, Richard Caron and Gilles Bordeleau.

Our sympathies are extended to the family and friends of Kathleen (Kay) Hurd, Thelma Picken, Gilbert Verhoef and June Kelly.

### Comings and goings

The Wales Home's murder mystery dinner which was postponed in 2020 due to the pandemic has been rescheduled for November 5th, 2022. If you are unable to attend or wish

to have additional information, please communicate with Carol Ann McElrea to let her know if you would like a refund or for other information.

Visit our website at [www.waleshome.ca](http://www.waleshome.ca) and Facebook page at <https://www.facebook.com/ResidenceCHSLDWales> for photos and information so that you can stay up to date on what is happening around the Home. You can also find a live video feed of our construction project on our website. You'll also find our latest letters and updates to family members, residents, and visitors. If you have any questions at any time, do not hesitate to reach out to the Home through social media, e-mail, or phone to learn more.

We hope that everyone is enjoying their summer. Thank you to all the volunteers who assisted us in any way in July. We'll have more news for you next month.

Submitted by Rebecca Taylor



Zootherapy



Balloon hockey



Strawberry Social



Walking club

## RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMS, BRIEFLETS:

Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)

Discounts: 2 insertions or more: 15% off

With photo: additional \$18.50. **DEADLINE:** 11 a.m., day before publication.

BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:

Text only: \$16.00 (includes taxes)

With photo: \$26.00 (\$29.90 taxes included) **DEADLINE:** 3 days before publication.

WEDDING WRITE-UPS:

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**Please Note:** All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: [classad@sherbrookerecord.com](mailto:classad@sherbrookerecord.com) - They will not be taken by phone.

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# NEA Crossword Puzzle

# Your Birthday

WEDNESDAY, AUGUST 24, 2022

**AQUARIUS** (Jan. 20-Feb. 19) - Don't let anger take charge when action is required. State your case openly, play fair and give everyone a chance to help. Work alongside others to reach a joint decision.

**PISCES** (Feb. 20-March 20) - You can have fun without going overboard. Surround yourself with people who contribute to your plans without putting you in a compromising position. Don't judge what others do.

**ARIES** (March 21-April 19) - Relax; a balanced lifestyle will encourage success. You'll gain respect and friendship if you mix business with pleasure. Romance is encouraged, as is time spent with a special someone.

**TAURUS** (April 20-May 20) - Take a wait-and-see approach, but make sure you are fully prepared to act when the time is right. Refuse to let emotions or your love for someone push you to do something rash.

**GEMINI** (May 21-June 20) - Getting anxious won't solve problems, but pursuing what makes you feel comfortable will point you in the right direction. Maintain a disciplined attitude and strong work ethic. Let your creativity shine.

**CANCER** (June 21-July 22) - Share your true feelings and adjust whatever situation doesn't fit your lifestyle. Think outside the box, and you'll devise a plan to help you get ahead without taking a risk. Don't go overboard.

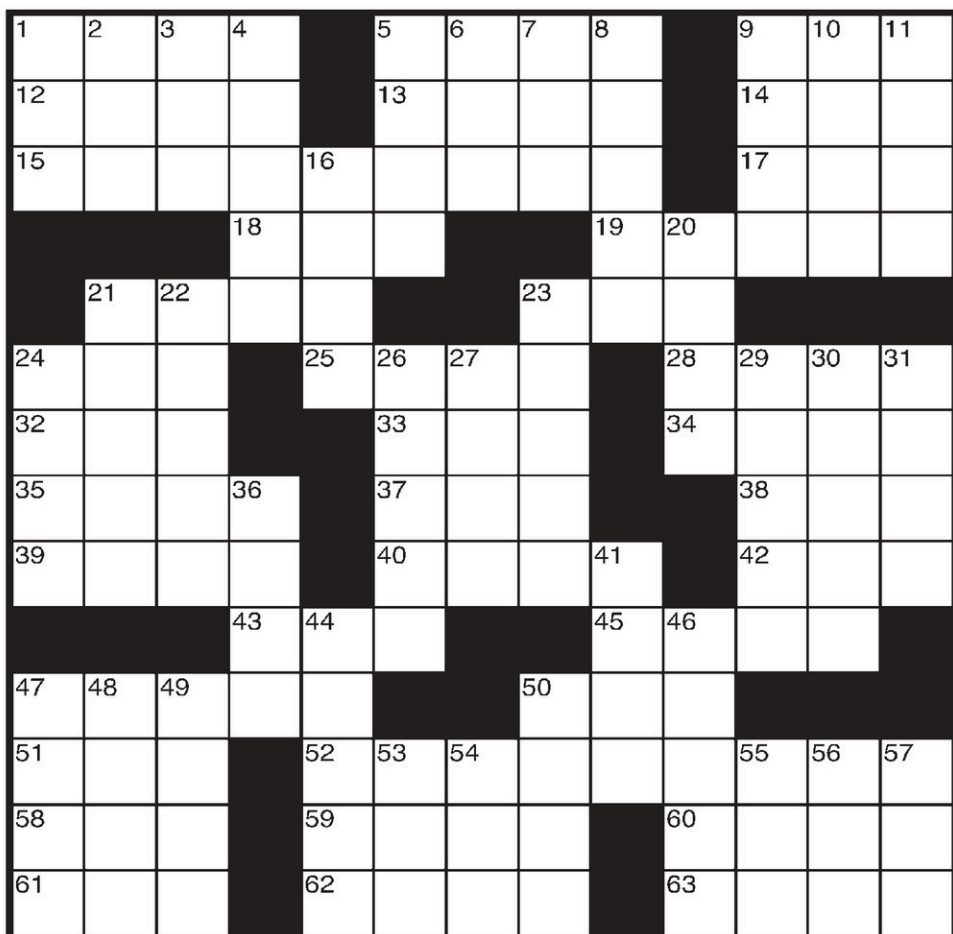
**LEO** (July 23-Aug. 22) - Consider everything a blessing, and look for the good in everyone before making plans. Knowing what you are up against will help you look out for what can go wrong. Speak up!

## Answer to Previous Puzzle



- ACROSS**
- 1 Gym event
  - 5 Thin strip
  - 9 ICU units
  - 12 Verdi opera
  - 13 Wrist-to-elbow bone
  - 14 Pub pint
  - 15 Marshal Dillon's turf (2 wds.)
  - 17 Incite Fido
  - 18 Dorm coverer
  - 19 Social mores
  - 21 Kind of pudding
  - 23 Poem by Keats
  - 24 German name part
  - 25 Scrape aftermath
  - 28 Bakery purchase
  - 32 Baseball's Mel -
  - 33 In time past
  - 34 Tibetan monk
  - 35 Geologic sample
  - 37 Owed right now
  - 38 Opener
- DOWN**
- 1 Note taker's need
  - 2 John Wayne's " - Lobo"
  - 3 Unmatched
  - 4 Sorcery
  - 5 Ms. Lawless of "Xena"
  - 6 Boxing legend

- 7 Cable network
- 8 Mowed and cured alfalfa
- 9 Billfold contents
- 10 Ad award
- 11 Brief times
- 16 Holiday times
- 20 Recount
- 21 Helicopter part
- 22 Survey course
- 23 Clarinet cousins
- 24 Sotto -
- 26 Military student
- 27 Water, in Tijuana
- 29 Like some chests
- 30 Improve upon
- 31 Dunaway of films
- 36 "30 for 30" ainer
- 41 Malicious
- 44 City near Syracuse
- 46 Diplomat
- 47 Helicon
- 48 Parroted
- 49 Sealed a deal
- 50 Jedi tutor
- 53 Eur. nation
- 54 Realize
- 55 Hot time in Paris
- 56 None at all
- 57 Salt meas.



Stay on track, regardless of what's happening around you. Take your time, plan your actions and execute your intentions with intelligence and strength. Address the past and bring into focus what you want to achieve moving forward. Embrace what's best for you instead of following in someone's footsteps. Offer sound ideas and help.

**VIRGO** (Aug. 23-Sept. 22) - You'll get angry quickly if you let the little things get to you. Take a moment to collect your thoughts and feelings before making a move. Protect against health risks, injuries and problems with authority figures.

**LIBRA** (Sept. 23-Oct. 23) - Be open about how you feel and what you want, and you'll gain the confidence and respect of people who share your interests. Build a strong foundation, and you will make a difference.

**SCORPIO** (Oct. 24-Nov. 22) - Digest what's happening around you and decide what to do next. Learn through observation and explore your options before you make a move. An unexpected decision will leave you confused.

**SAGITTARIUS** (Nov. 23-Dec. 21) - Be the one to make the first move. Set yourself up for success and refuse to let anyone speak for you. Put your ideas out there and work to make your dreams come true.

**CAPRICORN** (Dec. 22-Jan. 19) - Consider what's possible and make it happen. Invest time and money into something meaningful you can share with a loved one. Don't ignore the signals someone is sending you.

WEDNESDAY, AUGUST 24, 2022

## A coup that worked and lost

By Phillip Alder

On top of the Old Bailey, the famous criminal court in London, stands Justice. She holds a sword in her right hand and scales in her left. Across her eyes is a blindfold.

Bridge players sometimes feel like her. We weigh the evidence, but because some cards are hidden, contracts make that can be defeated, and vice versa.

Burrell Ives Humphreys, a former Superior Court judge from New Jersey, brought off a brilliant coup in today's deal from a duplicate game - because West couldn't see Humphreys' cards.

Against three no-trump, West led the diamond three: seven, queen, king. Humphreys knew that if he conceded a club trick, the defenders could run four or five diamond tricks. To try to deflect the course of justice, Humphreys made an incredible play: At trick two, he led the diamond jack!

Thinking South was strong in diamonds, West - an expert with many titles to his name - ducked his ace. Immediately, Humphreys cashed four spades, two hearts and one club for his contract.

At the end of the evening, though, Humphreys found that he had scored 0 matchpoints! Every other South had won 10 or 11 tricks. Maybe some Wests

North 08-24-22			
♠ Q J 7 2			
♥ 10 8 4 3			
♦ 7			
♣ J 10 9 2			
West			East
♠ 10 8 4			♠ 6 5 3
♥ J 6 2			♥ Q 9 7
♦ A 8 6 3			♦ Q 10 9 5 4 2
♣ K 7 6			♣ Q
South			
♠ A K 9			
♥ A K 5			
♦ K J			
♣ A 8 5 4 3			
Dealer: South			
Vulnerable: Both			
South	West	North	East
2♣	Pass	2♦	Pass
2NT	Pass	3♣	Pass
3♦	Pass	3NT	All Pass
Opening lead: ♦ 3			

didn't lead a diamond. However, it seems more likely that the declarers played the ace and another club, either immediately or after crossing to dummy with a spade. When West won with the club king, he couldn't envisage the diamond distribution. Instead, he switched to a major, refusing to give South a trick with the diamond jack.

As Humphreys might have said, justice definitely wasn't done - or seen to be done.

### CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

" P U D Z L L M O R D Z M G X G D X V ,  
 U P L C I V T D Z R , B C M N L P Z H ,  
 ' D T L P M Z ! ' D Z X ' T N L ! ' "  
 — X P W R T L M W D J D X N J R W Z D V

Previous Solution: "For me, when I get knocked down, I really try to get back up and go at it again. I don't like to give up." — Jeremy Lin

TODAY'S CLUE: S sjanbe g

### REALITY CHECK

**STOP PROCRASTINATING NOW!**

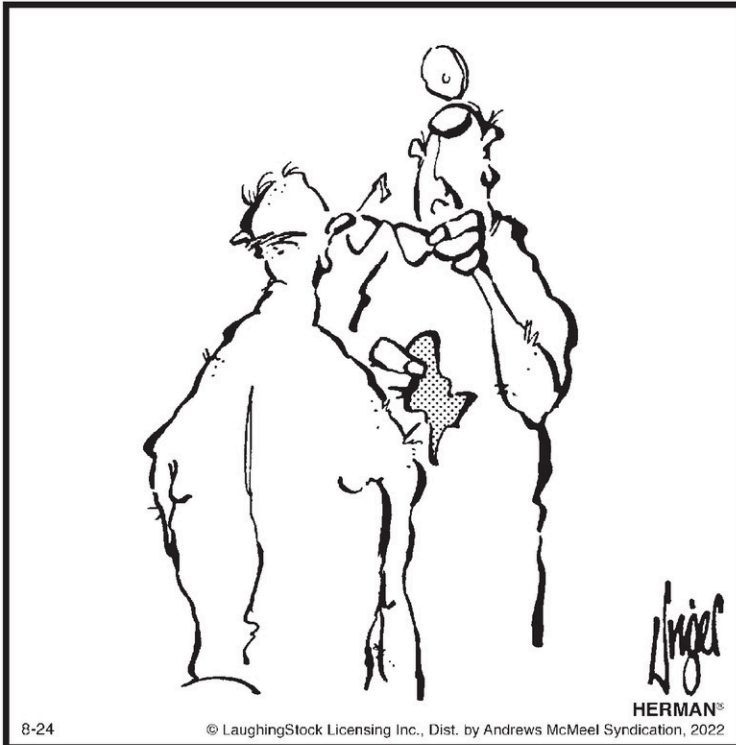
...OR LATER...  
...WHATEVER...

I USED TO JUST BE A CRASTINATOR BUT NOW I'M A PRO

**PEOPLE WHO BOUGHT THIS BOOK ALSO:**

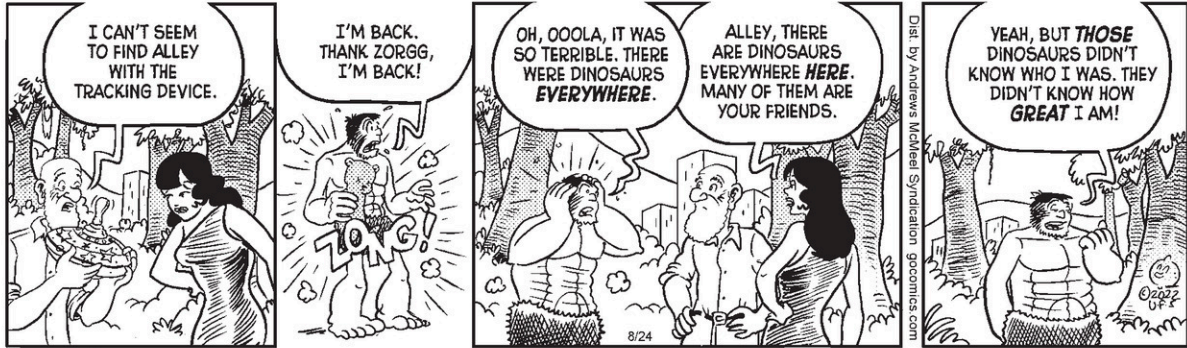
- \* SORTED THEIR SOCK DRAWER BEFORE READING IT
- \* ORGANIZED THEIR KITCHEN DRAWER BEFORE SORTING THEIR SOCK DRAWER
- \* PROMISED TO POST MORE ABOUT THIS TOMORROW!

### HERMAN

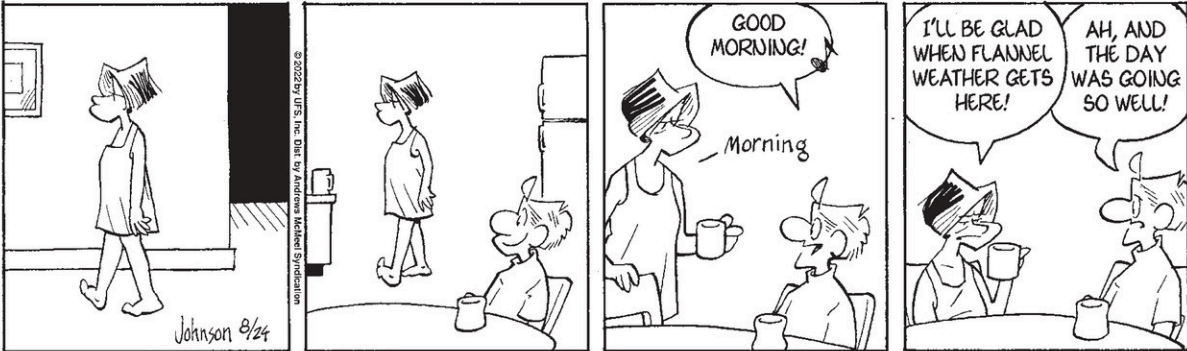


"Stick your tongue out. I want to clean my glasses."

### ALLEY OOP



### ARLO & JANIS



### THE BORN LOSER



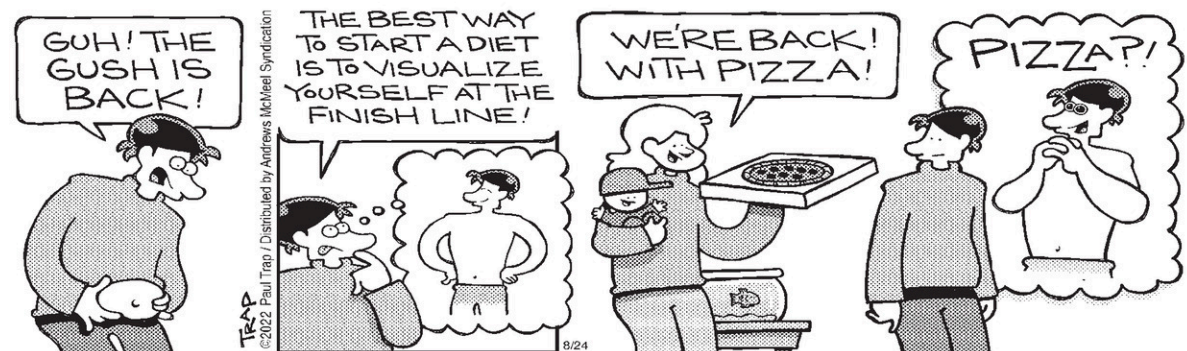
### FRANK AND ERNEST



### GRIZZWELLS



### THATABABY



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# Tip of the hat, wag of the tail

Dear Annie

WEDNESDAY, AUGUST 24, 2022

**Dear Annie:** I live out in the country and have found a consistently wonderful kennel for my dog. The people who work there are the owner and two helpers; all are kind, efficient and obviously dog lovers. The kennel costs \$40 per night. My question is, how much of a tip to leave? Sometimes, one of the helpers is working when I pick up my dog, and sometimes it's the owner. Should I tip differently for the helpers versus owner? Please advise. I want to do right by them! - Asking for a Tip on Tips

**Dear Asking for a Tip:** Thank you for your kind words. You sound like a thoughtful and considerate person. Typically, tipping can be between 15 to 20% of the services rendered. Tipping the owner is not technically considered proper etiquette, as the tip should go to the employees. But since you frequent this business often and love the services they provide for your dog, it is a kind gesture to tip generously.

**Dear Annie:** In response to "Sick of Being Treated This Way," I am 73 and have spent much of my life being complimented on looking and acting younger than my age. Of course, I enjoy those compliments. After all, doesn't our culture glorify youthfulness?

But I have had naturally white hair for a few decades, and I guess my wrinkles, though few, are starting to show more. So, yes, sometimes people do offer me a seat or ask if I'd like help carrying a heavy item from a store even though I regularly carry heavy loads while maintaining my garden.

But you know what? I've learned to take much of this as a way to show respect for their elders, something done far better in other cultures where youth has not been put on the pedestal

we seem to have given it. In fact, when I think back to the times when this has bothered me, it's because it is my ego kicking in, wanting to somehow pretend that I am part of that great American worship of all that is young.

At the same time, is it not a sign of kindness (or maybe even guilt) when a young and healthy person sees someone who might be a little frailer and decides to offer them their seat? If you don't want to take their offer, why not just say, "No, thanks anyway," and be happy they cared enough to ask? When I am asked if I need help carrying my groceries, I can appreciate that they noticed that I might be struggling and then smile and say thank you - and maybe even let them take on the load, even if it's not necessary.

Why is it we so often have to take offense when others are trying to reach out? Is it because our pride won't let us look a little vulnerable or needy? Being "treated differently just because you have lived longer" is perhaps a good thing, a sign that respect and concern hasn't gone the way of the dark ages! - Happy With Living Longer

**Dear Happy With Living Longer:** You offer a great perspective on aging. Our culture does seem to glorify youthfulness. Yet growing older is a privilege and something to be celebrated. Thank you for sharing your thoughts.

"How Can I Forgive My Cheating Partner?" is out now! Annie Lane's second anthology - featuring favorite columns on marriage, infidelity, communication and reconciliation - is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information.

Send your questions for Annie Lane to [dearannie@creators.com](mailto:dearannie@creators.com).

# SUDOKU

DIFFICULTY RATING: ☆☆☆☆☆

6				9	5			
5	4				2	1		
9				8			4	5
	9			5	3			2
		2		4		7		
7			8	2			3	
3	8			1				9
		5	9				1	3
			5	3				8

8/24

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## PREVIOUS SOLUTION

3	6	2	1	8	5	9	4	7
7	5	4	3	6	9	1	2	8
9	1	8	2	4	7	5	3	6
1	9	5	4	2	8	7	6	3
8	4	6	7	5	3	2	9	1
2	7	3	6	9	1	4	8	5
5	3	9	8	7	2	6	1	4
6	8	7	9	1	4	3	5	2
4	2	1	5	3	6	8	7	9

**HOW TO PLAY:**  
 Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

101

Math solves problems

● You have 9 teenage boys and a few seconds to divide a pizza equally. Too late.

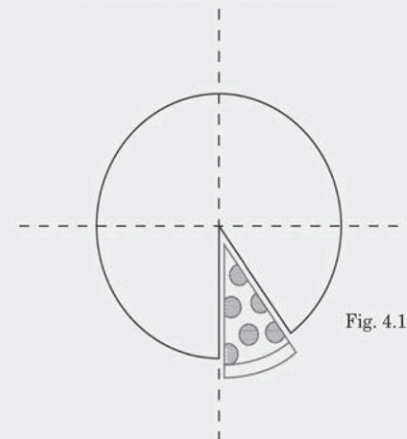


Fig. 4.1



> For millions of Canadians, easy as 1-2-3 isn't. If you need help with everyday math, visit [mathliteracy.ca](http://mathliteracy.ca) or call 1-800-303-1004.



# How much should a backpack weigh?



(MC) Backpacks are handy tools that carry an array of gear. Students rely on them to hold books, while hikers and campers utilize backpacks to carry items such as food and beverages that keep them safe on trails. Even office workers may turn to backpacks to carry laptops or other tools of the trade.

Backpacks are handy resources, but overstuffed backpacks may cause injury. Backpacks should only carry weight that people can handle, and there are guidelines that can help people safely utilize backpacks.

The weight of a backpack depends on the age of the person using it. Generally speaking, adults should not exceed 20 percent of total body mass when loading backpacks. That means a healthy person weighing 200 pounds should not carry more than 40 pounds in his or her backpack.

In regard to children, researchers indicate that a child's backpack should weigh no more than 10 percent of what the student weighs. Those findings are based on a Spanish study involving 49 primary school-aged children. Therefore, if a child weighs 70 pounds, he or she should only carry up to 7 pounds in the backpack.

Individuals also should follow a few other backpack recommendations to alleviate injuries. It's not a good idea to wear a backpack hanging from only one shoulder. A backpack should be worn on both shoulders, and ideally with a lumbar strap. This will help to prevent muscular pains by providing well-rounded support.

A backpack with wide,

padded straps can minimize pressure on the shoulders, back and collarbone. Backpacks made of lightweight material will not add much additional weight to what's being carried. Another tip is for children and adults to pack the heaviest item carried in the backpack closest to the center of the back to minimize strain.

Failure to follow guidelines may result in pain and injuries and have negative effects on balance, which may increase the risk of falls or other injuries.

Whenever possible, individuals may want to use trolley backpacks, which are on wheels. They can be dragged, alleviating the need to carry heavy loads.



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