

Parc national du Mont-Saint-Bruno

Protected area. Enriching nature experiences.

The *Parc national du Mont-Saint-Bruno* is a veritable biodiversity islet in the heart of an urban and agricultural area. A highly representative element of the natural region comprising the Monteregian Hills, the park stands out through the extensive diversity of its flora and fauna as well as the heritage of its human history.



Our Team's Favorites



Watercraft rental at the *Lac des Bouleaux*

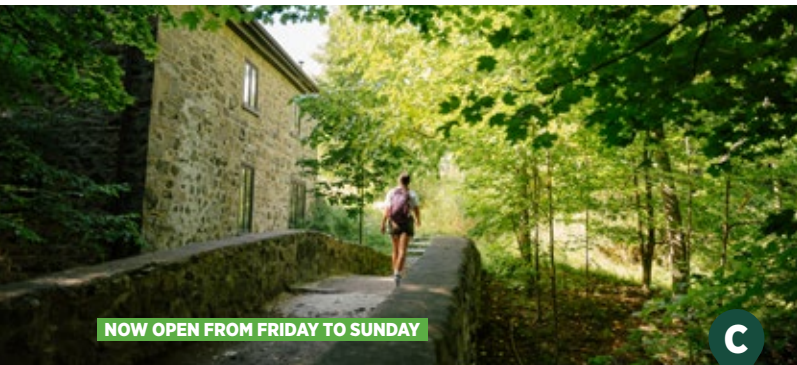
A one-of-a-kind opportunity to get acquainted with canoeing or riding a stand-up paddle board (SUP) in a delightful, captivating panorama while discovering this lake's innumerable secrets.



B

Orchard

Starting in late August, the park's orchard offers several varieties of crunchy, succulent apples you can pick yourself! A unique opportunity to enjoy hiking on our trails surrounded by Mother Nature's fall colours.



NOW OPEN FROM FRIDAY TO SUNDAY

C

The Tea Room at *Le Vieux-Moulin*

Located in the heart of the park and proud of its more than 300 years of history, the Old Mill Tea Room offers a selection of teas, speciality coffees, Viennese bakery products, and smoothies, in a highly congenial atmosphere. Also to be seen, temporary exhibitions of Quebec artists' works.



D

Discovery Activities

A whole range of discovery activities, hosted throughout the seasons by passionate naturalist park wardens, will appeal to young and old alike!



E

Cross-Country Skiing for Everyone!

A cross-country skiing network comprising 35 km of mechanically groomed trails (27 km for alternating step and 8 km for skating step) welcomes you to get away from it all for hours at a time. For children, the "On the Power Cube Trail" run offers a fun, leisure format for practicing cross-country skiing.



F

Fatbike Trails







This large-tire bicycles provide traction ideal for snow-covered surfaces. Come over and try them out on our dedicated trails (13.5 km)! Available on rental at the Discovery and Visitors Centre during winter.






Printed on Sustana Enviro. This paper which contains 100% sustainable recycled fiber is processed chlorine free. It is designated Ancient Forest Friendly™ and FSC® certified.

Cover: Béatrice Trudeau-Duquette Photos: Béatrice Trudeau-Duquette, La Halte Studio, Guillaume Poulin, Charles Boutin, Sépaq, Shutterstock (Anko70 et Holger Ehlers).

Discover our Trails

		LENGTH AND DURATION*		LEVEL	DEPARTURE
	Le Saint-Gabriel This trail is where the Brothers of <i>Saint-Gabriel</i> left a deep, durable mark. As you hike along, let the orchard, arboretum and grotto win you over.	1.8 km Loop	45 min	E	Discovery and Visitors Centre
	Le Seigneurial Take advantage of this trail running alongside the lac Seigneurial to learn more about the Montarville seignior's history and vacationing at <i>Mont-Saint-Bruno</i> .	7 km Loop	1 h 30	E	
	Les Lacs As its name suggests, this pedestrian parkway lets you discover the park's aquatic and wetland ecosystems, all extremely rich and colorful environments.	8.8 km Round trip	2 h	I	
	Le Montérégien Located in the middle of the forest, this trail is perfect for savouring the moment and bathing in this unique atmosphere that only the forest can offer: fragrances rich in underbrush, a sound environment that is cozy and calm, but also churning with life.	8.8 km Loop	2 h	I	
	Le Petit-Duc Along this trail, hikers pass between two ponds and can make eye-opening observations despite the area's visitor traffic. It is commonplace to surprise a muskrat, a great heron on watch, or a green frog giving a concert.	1.5 km Loop	20 min	E	
	Le Grand-Duc This pedestrian beltway goes through several different environments, such as shrubby wildland, a sugar maple-hickory stand, a fledgling woodland of hardwoods intolerant of shade (birches and poplars), and a field.	3.5 km Round trip	1 h	E	

*Durations and difficulty levels are mentioned as guides, and apply to the summer season.

-  Hiking
  Biking
  Brochure/Panels
  Family experience
  Dogs allowed - sepaq.com/animaux
E: Easy **I:** Intermediate **D:** Difficult

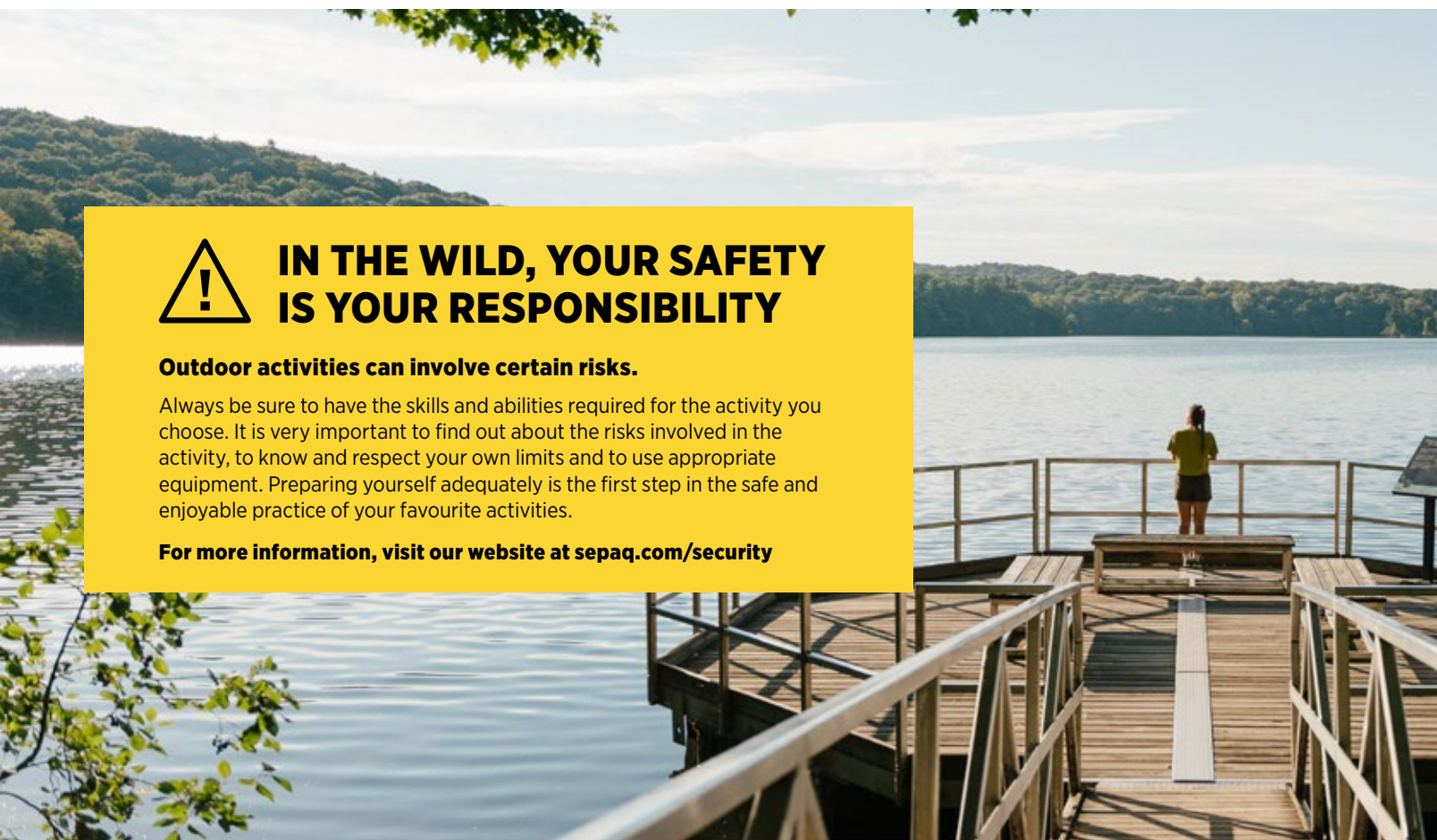


IN THE WILD, YOUR SAFETY IS YOUR RESPONSIBILITY

Outdoor activities can involve certain risks.

Always be sure to have the skills and abilities required for the activity you choose. It is very important to find out about the risks involved in the activity, to know and respect your own limits and to use appropriate equipment. Preparing yourself adequately is the first step in the safe and enjoyable practice of your favourite activities.

For more information, visit our website at sepaq.com/security





Accessible on foot,
with a bike or in a small craft
(kayak, canoe), guaranteed
relaxation at the campsite of
**Parc national des
Îles-de-Boucherville**
just a few kilometres away.



Download via
Avenza Maps

L'information fournie sur cette carte peut changer sans préavis.
En cas de disparité, l'information sur le terrain doit prévaloir en tout temps.

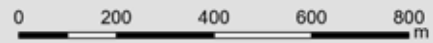
Cette carte intègre de l'information géographique de source gouvernementale.
Pour des besoins de représentation, certaines données ont subi des
transformations et des adaptations qui ont pu modifier la donnée originale.
Données originales utilisées Années 2025
Banque de données Sépaq
Cartes topographiques à l'échelle de 1/20 000 1996 à 2005
Source des données utilisées
Ministère des Ressources naturelles et des Forêts
© Gouvernement du Québec

To Saint-Bruno-
de-Montarville

Entrée du centre
de ski alpin

To Sainte-Julie

Lac des
Outardes



Beware of Ticks
A single bite can harm
your health!

- ✓ Stay on marked trails
- ✓ Use insect repellent
- ✓ Wear long clothing

For more information: Quebec.ca/piques

	Discovery and Visitors Centre		Stand	Trails		Les Lacs
	Reduced mobility access		Boat rental		Le Montérégien	
	Playground		Picnic		Le Petit-Duc / Grand-Duc	
	Observation site / Observation deck		Jean-Guy Gaudette rest stops		Le Saint-Gabriel	
	Washroom facility		Le Vieux-Moulin tea room		Le Seigneurial	
	Gatehouse		Telephone		Other trail	
	Shop		Orchard		Service road (Authorized bike)	
	Automated external defibrillator		Dog allowed with leash		National park boundary	
	Cemetery		Road network		Parking lot	
						Private property

Discovery Time



Perseids Night

Come and gaze up at the starry sky in an enchanting atmosphere, alongside the *Société d'astronomie de la Montérégie (SAMO)*. Telescopes, astronomical telescopes and chats led by a naturalist park warden will send you on a voyage throughout the universe.

Make yourself comfortable and let the Perseids' magic cast its spell on you!

Where: Discovery and Visitors Centre area

When: Wednesday August 12 from 8:30 P.M. to 1:00 A.M. In case of rain, the activity is postponed to Thursday August 13.

Paid access (free of charge for Saint-Bruno residents with proof of residency)

In collaboration with Ville de Saint-Bruno and the Société d'astronomie de la Montérégie

Le terrier Stand

For 2026 season, *Le terrier*, a **permanent discovery stand**, will once again be the lighthouse for all those explorers at heart bubbling with questions about the park's fauna and flora!

Over the seasons, come by and meet a naturalist and park warden who will share his/her passion for and knowledge of the park's natural and cultural heritage!

When: Find out more information at sepaq.com/montsaintbruno



Stars for an Evening!

These guided evening treks introduce you to the fascinating world of fireflies and allow you to experience the park in a new light... **that of the night!**

Do you hear the frog's call? Or perceive the skunk's odour? Bats, raccoons, flying squirrels... What surprises does the night hold in store for us?

Follow your guide to find out.

When: July 2, 4, 9 and 11 from 9 P.M. to 10:30 P.M.

Priced activity
Reservations compulsory



Raptors Ahead!

We can more or less guess which raptors we are looking at from their outlines profiled on the horizon. One flies straight ahead, another glides while turning around... but what are these birds of prey? Where do they go? A passionate naturalist and park warden makes it a date with you in the "Old Orchard" to unveil the secrets behind the great fall migrations.

When: 10 A.M. to 3:00 P.M.
September 19, 20, 28 and 29, from

DISCOVERY AND SCHOOL ACTIVITIES

Consult the program to enrich your visit. (in French only)

You will find entertaining activities to explore the park from every angle.



Come and live a simplified family experience!

Family Experience Yippee, it's absolutely free!

For kids 17 years of age and under, access, accommodations, and certain equipment loans are free of charge.

The offer varies from one establishment to another.



Conserve for Tomorrow



When Response and Action Equate Protection

Since 2005, the park has been confronted by a Virginia deer overpopulation problem. A second deer herd shrinkage operation took place in the fall of 2024. It enabled us to draw **191 out of a herd of at least 278 deer** in the *parc national du Mont-Saint-Bruno*. The control measures intend to limit pressure exerted on the vegetation by these cervids' grazing, in order to promote the ecosystems' natural restoration and ensure survival of many rare plant species. This action, coupled with a similar initiative carried out at the *parc national des Îles-de-Boucherville*, allowed us to re-distribute the meat to food banks through the auspices of the *Chasseurs généreux* program, and thus provide almost **60,000 meat portions!**

Starlit Sky Oasis

Gazing at the stars from a dedicated "Starlight Square" in the park?

Why not? The park's conservation team aims to obtain an urban-environment starlit sky oasis certification within the next two years; a bit of good news: the changes necessary for such obtainment are already in progress. We have reviewed the park's entire lighting arrangement and system in order to reduce our lighting footprint.

The fauna is already benefitting from this initiative, and shortly, visitors will be taking advantage. Thus we will be fitting up our "Starlight Square" dedicated to night sky observation this year. Furthermore, we will carry on with our light pollution awareness activities, through our Perseids evening to be held August 12th or August 13th, depending on the weather as well as set-up and operation of a new stand focusing on this major, but reversible, issue.

Conservation Is Everybody's Business!

The *parc national du Mont-Saint-Bruno* is currently contending with a touchy problem: the fauna's development of unusual behaviours toward humans.

Keeping one's distance and refraining from feeding wild animals make for a step in the right direction.

By the way, why not to feed them?

- Animals find in their natural surroundings the food adapted to their needs.
- Not only can our food not be suited to them, but also, and worse, it can lead to health problems, discomfort and ailments, and even cause death.
- Feeding wild animals imparts a dependency that can make them vulnerable to predators.
- Our food's appeal increases their recklessness toward humans.
- Every time we disturb and/or disrupt their natural activities, we modify their behaviours at the risk of their own lives.



Conserve for tomorrow



European Buckthorn

A highly effective native tree plantation: combating buckthorn and excessive deer browsing

Pulling a Fast One on the Alder Buckthorn!

The presence of an invasive exotic plant species, the alder buckthorn, is threatening the biological integrity of the lac du Moulin's riparian buffer strip.

The fight that the parc national du Mont-Saint-Bruno's conservation team has been waging against this shrub has recently passed a new stage thanks to a grant awarded us by the Fondation de la faune du Québec (FFQ). From 2021 to 2024, various operations (pulling out, tarping, organic herbicide) allowed us to **eliminate 475 alder buckthorn stems** on this site. In 2025, **we treated a 2,255 m² area**, which practically matches the project's total targeted area. Concurrently, an indigenous tree planting, with individual protections against Virginia deer's inordinate grazing, enabled us to close off the sentier de la Chouette, which crosses the lac du Moulin's riparian buffer strip. This fit-up will limit the alder buckthorn's propagation into other park areas, which is brought about by visitors' pedestrian traffic. Near by, we erected a 180 m-perimeter enclosure, in which we have planted 170 trees and shrubs. But the fight is not over yet! There remain almost 120 meters of banks we have to free from the alder buckthorn's stronghold during the 2026 season.



Before



During

After

5 ground rules to follow in nature

Our national parks

get millions of visits each year. Harmful behaviors can cause permanent damage to the environment and hinder other visitors' experience. Let's do our part to protect nature so we can all enjoy it for years to come.



Stay on trails and in designated visitor areas

Don't step off the trails or walk in the undergrowth to avoid trampling plants and compacting the soil.



Do not gather dead wood

Help preserve the undergrowth by leaving dead wood in place. It serves as shelter for wildlife and enriches the soil after decomposing.



Do not feed wildlife

Allow animals to feed themselves so they can follow their natural instincts. Keep all foods out of their reach.



Keep your distance when observing animals

Repeated disturbances can alter their behavior and affect their ability to find food, mate, and communicate with each other.



Be mindful of the peace and quiet and adhere to curfews

Noise frightens wildlife, and people visit national parks to enjoy nature. Please follow curfews and refrain from making noise at all times.

