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Femessor seeks to network

Page 3

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RECORD
THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897

Lac Megantic: 'We want tracks out'

Page 4

WEEKEND EDITION
95 CENTS + TAXES PM#0040007682 FRIDAY, FEBRUARY 28, 2014

Barricaded man shuts down city centre for 12 hours

SHERBROOKE

A man claiming to be Jesus barricaded himself inside his downtown apartment Wednesday and kept police at bay for 12 hours.

The incident began when city inspectors arrived at the apartment above Le Rock 'head shop' on King near the intersection with Wellington to investigate a complaint about unsanitary conditions. The man reacted by resisting the inspectors and uttering threats. When police were called, he barricaded himself inside. Police surrounded the building while trying to negotiate, causing major traffic difficulties in the downtown area.

"This man was completely confused. He told the police he was going to do himself in and that if he did not come out alive, he would not be alone. It was not easy to maintain communication with him," says Sherbrooke Police Chief Gaétan Labbé.

After about 12 hours, around 8:15 p.m. police noticed smoke coming from the apartment and put an end to the drama by storming the apartment. The man had sprayed his apartment with

CONT'D ON PAGE 3

Rodeo coming to Ayer's Cliff

GORDON LAMBIE

Louis Charland and Katrine Lafaille of the Ayer's Cliff Rodeo, with Joey Tardif, President of the Quebec Rodeo Team, and Mandy Roy President of the Canadian Rodeo Troupe of the Amiante Region. Organizers say this event could attract 10,000 people. Turn to page 3 in today's Record for the story by Gordon Lambie.

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Tillotson Fund Coaticook

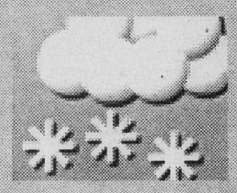
COATICOOK

There are only a few days left to submit grant applications to the Tillotson Fund.

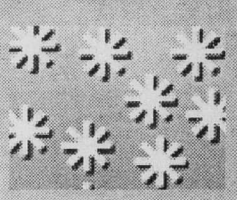
The Neil and Louise Tillotson Fund was established with the philosophy of Neil Tillotson in mind: Be humble, be creative and be kind. Fund goals include: strengthening existing institutions, addressing gaps in services to meet basic needs, supporting new and emerging leaders, shaping public policy, preserving natural, cultural and social assets, and leveraging public and private funding.

The deadline is March 5, 2014. Visit the Web site of the Coaticook MRC (www.mrcdecoaticook.qc.ca) to obtain the form.

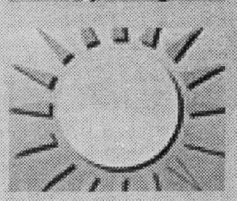
Weather



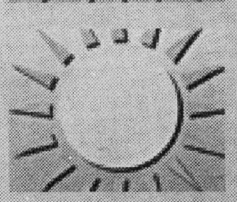
TODAY: FLURRIES, WINDY
HIGH OF -13
LOW OF -17



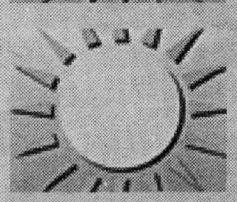
SATURDAY: PERIODS OF SNOW
HIGH OF -4
LOW OF -21



SUNDAY: SUNNY
HIGH OF -7
LOW OF -10



MONDAY: SUNNY
HIGH OF -12
LOW OF -22



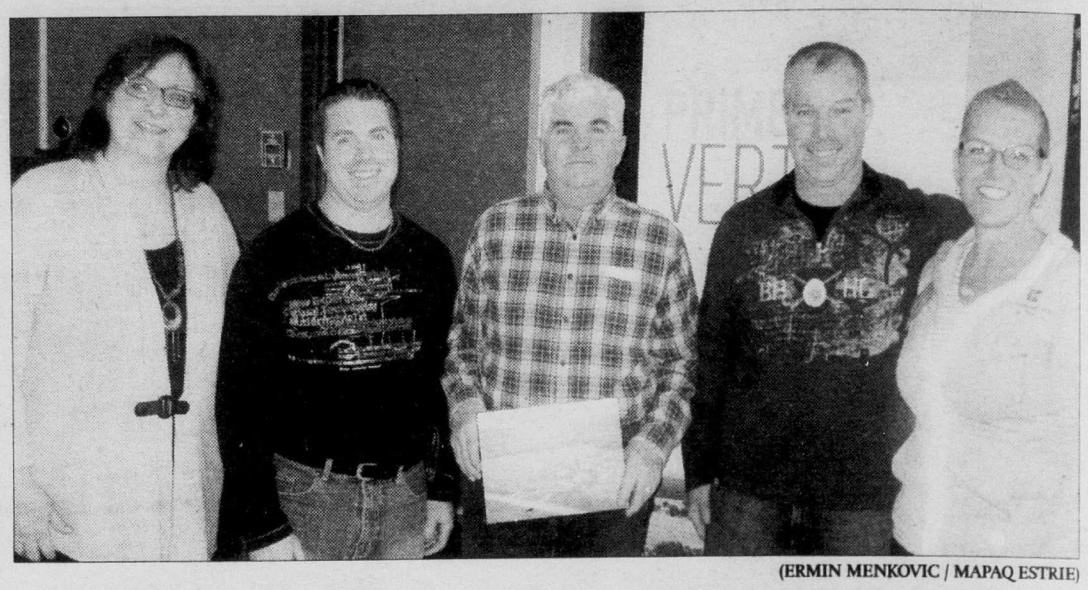
TUESDAY: SUNNY
HIGH OF -10
LOW OF -23

Cookshire-Eaton Farm wins environment award

Record Staff
SHERBROOKE

As part of its Journée grandes cultures et conservation des ressources en Estrie on Feb. 6, the Club agro-environnemental de l'Estrie awarded its Environmental Recognition Prize to Ferme Réferjean in Cookshire for its environmentally friendly practices.

The honour was awarded to owners Réjean, Guillaume, and Jérémy St-Pierre, particularly to highlight their hydro-agricultural development work to improve their system of surface drainage and their introduction of 'green' manures, practices that demonstrate that it is possible to adopt good environmental practices while reducing costs.



(ERMIN MENKOVIC / MAPAQ ESTRIE)

MAPAQ agronomist Huguette Martel (l to r), with farmers Jérémy, Réjean, and Guillaume St-Pierre, and Club agronomist and consultant Julie Duquette.

In addition to highlighting the achievements of farmers, the day also allowed six renowned agro-environment and field crop experts to share their knowledge with the more than 94 participants.

Artist Carole Batrie in Coaticook

COATICOOK

The Beaulne Museum of Coaticook is pleased to present the exhibition "Peuple de lumière" (People in light) by artist Carole Batrie from March 9 to April 20. The grand opening will be held on Sunday, March 9 at 2 p.m.

From acrylic to oil, Carole Batrie's pictorial creations reveal a quest for identity in its relations with the other, with nature and culture. While remaining esthetic, fascination with portraits and flowers is highlighted by the use of plaster, various papers and materials derived from natural objects.

Inspired by imagination and reality, anthropological research leads us to the study of masks and of parietal art. Today, it is on the trail of Native Indians, always in relation with the origins of mankind living in harmony with nature, that research is accomplished.

Appended with a knife, a brush or with the help of a plant's imprint, the textures interact with stimulating colours within the free expression of the subjects.

Carole Batrie lives and practices her work as geographer in the town of Coaticook. Self-taught artist, the land surveyor-designer trades in her pen in order to explore different mediums.

Batrie has participated in many solo and collective exhibits in the region as well as in the United States. She is a member of the group Coatic'Art since 2007.

COURTESY

Artist Carole Batrie will be at the Beaulne Museum.

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In the event of discrepancy between this list and the official winning list of Loto-Québec, the latter shall prevail.

loto-quebec.com/loteries

Ben by Daniel Shelton

Rodeo coming to Ayer's Cliff in June

Gordon Lambie

The rodeo is coming to Ayer's Cliff. Promising a weekend of action and emotion, organizers will be bringing more than 200 cowboys and cowgirls to the Ayer's Cliff fairgrounds from the 13th to the 15th of June for a range of competitive events sanctioned and supported by the Cowboy Association of Eastern Canada. The event marks the return of rodeo events to the region after the ending of the Weedon rodeo in 2012.

"Last year I was looking through my calendar and thinking, why is there no rodeo in the Eastern Townships?" reflected Joey Tardif, President of the Quebec Rodeo Team. "I told myself that we need to find dynamic people in the region to put together a rodeo."

Tardif said that he found those people in Louis Charland and Katrin[illegible] Lafaille, two individuals who have, with a volunteer team, put together a full-scale weekend event to take place between 3 p.m. Friday and 2 p.m. on the Sunday of the second weekend in June.

Charland called the fairgrounds an ideal site, and explaining that the goal is to create a "happening," that will grow and repeat year after year.

The rodeo's mission statement highlights that notion, expressing that the goal of the rodeo is to create an event which brings together amateur and professional horsemen, country music, local products, and rodeo aficionados to create a positive economic return for the region, boost local tourism in the middle of a little municipality, and generally entertain the local population.

According to Charland, the rodeo will be the only event of its kind within a 100 km radius, and the organizing team is expecting as many as 10,000 visitors.

Lafaille outlined the programming for the event briefly. Aside from two professional rodeo presentations, the weekend will include two gourmet meals, a spaghetti supper and a méchoui, as well as horse pulls and skills competitions, dance lessons, family activities, artisan's tables, lawn tractor races, and musical performances by both local favourites, Slightly Haggard, and Canadian Country Music Award winner Aaron Pritchett.

"It will be an event not to be missed in the region," Tardif said.

Ayer's Cliff Mayor Alec van Zuiden said that the event was an, "absolutely phenomenal" contribution to the community.

"It ensures that we remain on the map," van Zuiden said, "we're going on 170 years with the Stanstead County Agricultural society, the fair, and that's great for that weekend, but what about the rest of the time?"

Van Zuiden praised the way that the rodeo caters to a different audience, and the ways that its organizers have invested in the community as a whole. "It speaks to us on a visceral level," the mayor said, "and I think it is absolutely phenomenal."

Tickets and weekend passes are now available for presale on the rodeo's website: http://www.rodeoayerscliff.com/

A percentage of the money from ticket sales is being donated to the two local elementary schools in Ayer's Cliff.

Femessor seeks to network local business women

Gordon Lambie

Femessor Estrie, the local chapter of an economic development organization dedicated to women's entrepreneurship, will be holding its third annual seminar entitled, "Le Plaisir d'Entreprendre au Féminin" this coming spring. Set to take place on April 8 at the Delta Hotel in Sherbrooke, the event will host presentations by notable female leaders in local business

Natalie Ashby, president of Femessor Estrie's Administrative Council, extended an open invitation to all women and entrepreneurs in the Eastern Townships to come discover "models of success" in the company of close to 275 business women who will be participating in the event.

Organized under the theme, "dare create, prosper" the conference will grant participants access to practical, concrete tools adapted to their needs as entrepreneurs. Lise Compagna, President of Bois Ouvrés Waterville, has been named the event's honorary president.

GORDON LAMBIE

Local Entrepreneurs Lyne Duchesne, Lise Compagna, Marie-Helene Gagne, Noemi Garneau, Guylaine Simard, Pascale Leblond, and Elisabeth Nadeau will all be participating in Femessor Estrie's third annual conference.

Stephanie Lemay, director general of Femessor Estrie, announced that Caroline Néron, president and designer of her own jewellery company, will give a conference entitled, "Making a mark" in which she will share the highs and lows of her experiences of starting up. She will also underline the key moments in her business that allowed her to develop her business sense.

"All of our participants last year confirmed that they would come back to such an event again. There is a necessity for this kind of activity for local business women," said Ashby, highlighting the fact that this year's conference will also feature talks by novice entrepreneurs who, despite their recent starts, are employing strategies that may lead to greater success in the future.

"This conference represents an excellent chance to develop and sharpen our tool kits," said Compagna, "It is an excellent investment in yourself."

The conference will also feature presentations by Anne Marcotte and Frank Nicolas in themes ranging from making a difference to prospering as an entrepreneur. The complete programming is available on the Femessor Estrie website, www.estrie.femessor.com

Niedner set for major Coaticook expansion

Record Staff
COATICOOK

The Niedner company has chosen its Coaticook facility for a $12 million expansion project that will see the floor space at the company's Merrill St. location grow by 50,000 sq. ft. The expansion will go to solving the company's storage and production issues. The project will almost double the company's available floor space.

According to company manager Daniel Boisvert, the investment is worth it. "For the moment, we are dealing with a rather limited manufacturing space and storage area. The new surface will allow us to arrange our equipment to get a better flow. We want our pipe to begin the process at one end and have it come out the other. Currently, we have to go through several work stations before culminating in the final product."

Often associated with hoses used by firefighters, the company also produces more specialized equipment. Recently, Niedner introduced a pipe, 12 inches in diameter, mainly used by oil companies in Western Canada. This giant item takes a lot of space. "Often, it is necessary to store things outdoors. We even created a temporary assembly line in a large tempo shelter. It costs us $1.5 million in heating every year," Boisvert says.

Support from the Town of Coaticook weighed heavily when it came time to make a decision about expansion. "We seriously looked at several options, including the southern United States, a place that can be more strategic because of its proximity to our customers. However, the Municipality has been behind us 200 per cent. It was decided to invest in our centre of excellence here. We will continue our research and the development of new products in Coaticook," he added.

Sod for the project will be turned in June. Company executives believe the expansion will add thirty new jobs to the current 127 over the next three years.

Boisvert says that 80 per cent of its workforce comes from the Coaticook Valley. "We would now like to attract professionals from here. I think we have the tools necessary to achieve that goal."

The new addition is expected to be operational in December.

Magog worker injured in fall

Record Staff

A young man was taken to hospital after a nasty fall Wednesday in the Magog industrial park.

According to Memphremagog police spokesperson Paul Tear, a 22-year old man fell from a ladder from a height of about two metres and injured his head and legs. Although the severity of the injuries could not be determined, the victim is not in danger of his life.

The man was transported to the Memphremagog Centre for Health and Social Services by paramedics from Ambulance de l'Estrie

Lac Megantic mayor to potential railway owner: we want tracks out of our town

The Canadian Press

A community still recovering from a fiery train disaster says it has made it clear to the railroad's potential new owner that it wants the tracks out of town.

A Lac-Megantic town official says Mayor Colette Roy-Laroche delivered the message this week during her first meeting with a representative for Fortress Investment Group, the winning bidder for the insolvent Montreal, Maine & Atlantic Railway.

The MMA is the railroad at the centre of last July's derailment that saw tank cars carrying volatile crude oil explode in downtown Lac-Megantic, killing 47 people.

The Lac-Megantic official says the mayor also made it clear during her "positive" exchange with Fortress consultant John Giles on Monday that locals no longer want crude oil transported through the middle of the community.

The official, who did not want to be named, says Giles informed Roy-Laroche he was in an information-gathering phase because Fortress was still unsure it wanted to go through with the MMA purchase.

Train service in railroad-dependent Lac-Megantic restarted in December and the MMA agreed not to transport dangerous goods through the town.

At the time, Roy-Laroche said she had participated in discussions to see whether the tracks could eventually be re-routed outside of downtown Lac-Megantic.

The Lac-Megantic official also said Giles told the mayor a considerable amount of investment would be needed to improve the MMA's worn railroad network.

The Maine-based Bangor Daily News reported that Giles called his meeting with Roy-Laroche "very productive." Giles did not respond Wednesday to an interview request sent by The Canadian Press.

The newspaper has also reported that Fortress plans to change the MMA's name to the Central Maine and Quebec Railway once the sale is finalized.

Last month, Fortress subsidiary Railroad Acquisition Holdings LLC secured a winning bid for the bankrupt MMA, which operates about 770 kilometres of track in Maine, Vermont and Quebec.

Sherbrooke lawyer found guilty of tax fraud

Sherbrooke

Sherbrooke lawyer Marco Pierre Caza has been convicted of making false or misleading tax returns claiming ineligible expenses from 2006 to 2008 allowing him to avoid paying $17,322 in taxes.

Caza claimed and deducted expenses for an income property located on Quebec St. for renovations that were carried out rather at Caza's personal residence on London.

In the decision rendered Tuesday in Sherbrooke, Judge Erick Vanchestein of the Court of Québec said that after analyzing Caza's testimony and the rest of the evidence presented, he found, "that the testimony of the accused is not credible and the evidence shows beyond a reasonable doubt that he intentionally submitted false statements for the years 2006, 2007 and 2008 with the intent to deceive the tax collector and to evade payment of taxes."

Caza filed a claim for $122,522 for real estate company Caza Gagnon Immeubles (CGI) as expenses that permitted Caza to evade a total of $17,322 in taxes. "That the accused is a lawyer must be considered as an aggravating factor," said prosecutor Josée Pratte, who added that she has yet to decide what penalty she will ask to be imposed at Caza's sentencing, scheduled for April 8.

The minimum penalty may range from 50 to 200 per cent of the tax evaded and the maximum sentence is up to two years imprisonment, but Pratte added that as a first offence, Caza's would not merit the maximum.

Caza specializes in civil and immigration law. He is involved in various companies and sits on several boards of directors.

At the time of the offences, Caza admitted at trial that all contractors who did the work billed CGI although they hadn't done any work for the company. "The Court considers that the Caza's used a classic ploy to charge personal expenses to the company and to try to hide it from the tax authorities," Vanchestein wrote, adding that in his testimony, the accused was, "still trying to shirk responsibility by attributing blame on one person or another."

Vanchestein found Caza guilty of four counts relating to the Canada Income Tax Act committed between June 14, 2007 and June 16, 2009.

Caza us being represented by Benoit Massicotte is defending the accused in this case.

Queen St. roadwork next week

Sherbrooke

Queen St. in Lennoxville will be partially closed for four or five days beginning Monday for work on the fibre-optics network.

The work will be carried out between Academy and Speid streets, requiring the closure of the south bound lane of Queen in this sector. Slowdowns in circulation are expected with traffic being alternated.

Scientists raise alarm over plastic additives

Sherbrooke

Chemicals in everyday household items pose a serious risk to pregnant women and their fetuses, according to a study released by the Faculty of Medicine and Health Sciences at the Université de Sherbrooke.

The study focuses on polybrominated diphenyl ethers (PBDEs) a plastic additive found in computers, tablets, electric wires, polyesters, and car interiors. PBDEs are associated with a decrease in thyroid hormones, which is in turn linked to numerous health problems, notably attention deficit disorder, anxiety, and some learning disabilities.

The study found that these chemicals are released into the air when heated and bind to dust in the air.

Alarmed by the toxic effects of these substances on pregnant animals, pediatric researcher Larissa Takser initiated, in 2007, an ambitious study on 800 pregnant women in the Eastern Townships examining the effect of PDBEs in thyroid activity. PBDEs are endocrine disruptors, says Professor Takser, and are capable of interacting with the hormone naturally produced by the body.

In the study, Takser and her team looked at the effects of PBDEs on thyroid hormones. Blood samples collected suggest that PBDEs produce an impact on thyroid gland hormone production, resulting in a decline of hormones in both mother and baby that can have unfortunate effects on the developing fetus.

The hormones secreted by the thyroid gland have a stimulatory effect on all body functions and are essential to the growth and maturation of the skeleton and nervous system, particularly brain development.

Unlike other contaminants, whose impacts on the body increase with dosage, endocrine disruptors are active at very small doses. PBDEs are similar in molecular structure to thyroid hormones and PCBs. The latter were banned in the 70s because of their high toxicity. PBDEs, like PCBs, are persistent contaminants when introduced into the body. They accumulate and remain there for several years.

In the United States, concentrations of PBDEs found in the blood plasma of pregnant women are 20 to 100 times higher than those found in mothers in Sweden. Of all pregnant women in the world, Americans and Canadians are the most exposed to PBDEs as is demonstrated by the increase in PBDE levels found in the breast milk of Canadian and American women over the past few decades, that double every five years.

Career

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Barricaded man

Cont'd from page 1

gasoline and had a sword.

Responding to questions about the length of the drama, Labbé explained that time is not a factor in such interventions, even if police had to block off Sherbrooke's main artery for twelve hours and that thousands of dollars were spent time during the operation.

"Time often favours police in these kinds of situations," Labbé said. "Since we were in contact with him, there was no need to use violence. We have three priorities - to preserve the life of the individual, to intervene in the safest way possible, and to protect the surrounding area. This individual resisted to the end. He had Molotov cocktails in his possession and the police used pepper spray. We had to use a taser to subdue him.

The 41-year old man, previously unknown to police, had also installed metal bars across his doorway so that nobody could 'get at him,' and this made breaking down the door extremely problematic for police," says the Chief.

"We try to do the best job possible in this context. For a number of years we have been calling for support in mental health. These concerns have been expressed on numerous occasions within the Association of Chiefs of Police. This has been a significant problem in Quebec since we began talking about deinstitutionalization," the Chief says.

Wednesday's siege is just one example of situations that have escalated with people struggling with mental health problems and Labbé emphasized that collaboration between his men and Sherbrooke firefighters avoided the worst.

Once evaluated by doctors, the man will be brought to Sherbrooke courthouse where he will potentially face numerous criminal charges, including arson, uttering death threats to police, damage to property, and public endangerment, among others.

Columnist

Loss of respect and loss of influence does not absolve the Church of responsibility to speak the truth.

Has the Catholic Church become a tamed tiger?

STEVEN BLACK

The woeful condition of the Roman Catholic Church in Quebec is evidenced by its inability to influence the behaviour of Quebecers or the legislation of the government and its unwillingness to try. To be sure there are relics of the Church's powerful past everywhere but many of the churches and seminaries and the like are largely empty. Hospitals and schools which once sought to uphold health and education in the name of God now are instruments of the State. This State is successfully squeezing what remains of respect for the church and its values out of the public's consciousness.

In fact, much that remains of public consciousness for the Catholic Church is disdain. A lot of this can be attributed to the Church's woeful legacy of its abuse of people and power, of course. While these failures have come to light there has also been a dramatic shift in the underpinnings of morality from religious conviction to the assumption that values and behaviours are entirely a matter of individual preference.

Self has become the final authority, we believe. Authority of any kind from institutions like the Church is undermined even in schools where values education promotes a kind of tolerance that means anything goes except disapproval. Ironically we can safely champion disapproval of disapproval should anyone or anything stand in the way of personal choice.

These things put the Catholic Church in a bind. Already struggling to maintain the loyalty of an aging and shrinking base, when it seeks to promote its own doctrines or insist that the faithful Catholic should follow its principles it risks alienating people even more.

Recently Cardinal Gerald Cyprien Lacroix spoke out against the Charter of Values. I'm happy to see this too. I've been wondering when the Church would finally say something – but the results are disappointing. At one time this kind of public statement would have had massive influence on Quebecers. This time there seems to be hardly any effect at all. I haven't even seen or heard push back against the statement of the kind where voices would indignantly insist that the Church should mind its own business and stay out of the State's bedroom. That such a statement from a Cardinal results in nary a ripple gives proof that the Church has become a toothless tiger.

Of course this has been the case for many years. See the way many traditional Catholics ignore the Church's position on sexuality, marriage and divorce. Moreover, the broad acceptance of abortion and now the relative ease with which Euthanasia will soon become one of the health services our State will provide demonstrates the Church's impotency.

To add insult to fatal injury, the PQ and other non-practicing Catholics will still use symbols of faith such as crosses and crucifixes as valued historical leftovers to promote its own anti-Catholic agenda. That the cross should be used to champion secularity is such a strange twist on reality that we ought all to be troubled. That few are troubled just proves the marginalization of the Church.

More baffling to me is that the Church seems to have remained pretty quiet over this cynical abuse of its own sacred symbols. It doesn't even appear to want to fight at all. Rather, it appears that it believes that if it remains silent through the growth of secularization and the loss of fundamental freedoms maybe there will still be a few people to support it on the other side of this dark period.

Have we so quickly forgotten the terrible legacy of the Church's simpering silence with the rise of other unjust States? Is this what the Church has become? Is it now a toothless old tiger being led about compliantly by its secular handlers?

Loss of respect and loss of influence does not absolve the Church of responsibility to speak the truth clearly and unapologetically when error and evil emerge. It is hard to respect a tamed tiger when it acts like a domestic house cat.

Challah Baking at Chabad of Sherbrooke

COURTESY PHOTO

Challah is the traditional Jewish bread eaten on the Sabbath and Jewish Holidays.

On Monday, Feb. 24, the Chabad Jewish Community Centre of Sherbrooke and the Eastern Townships held a Challah baking workshop.

In attendance were members of the Bishops University Jewish Club, who came to experience hands on, the art of baking Challah. They shaped their dough using various braiding techniques.

Challah is the traditional Jewish bread eaten on the Sabbath and Jewish Holidays. The Jewish Sabbath is on Saturday. It commemorates what is written in Genesis, that God created the world in six days and rested on the Seventh.

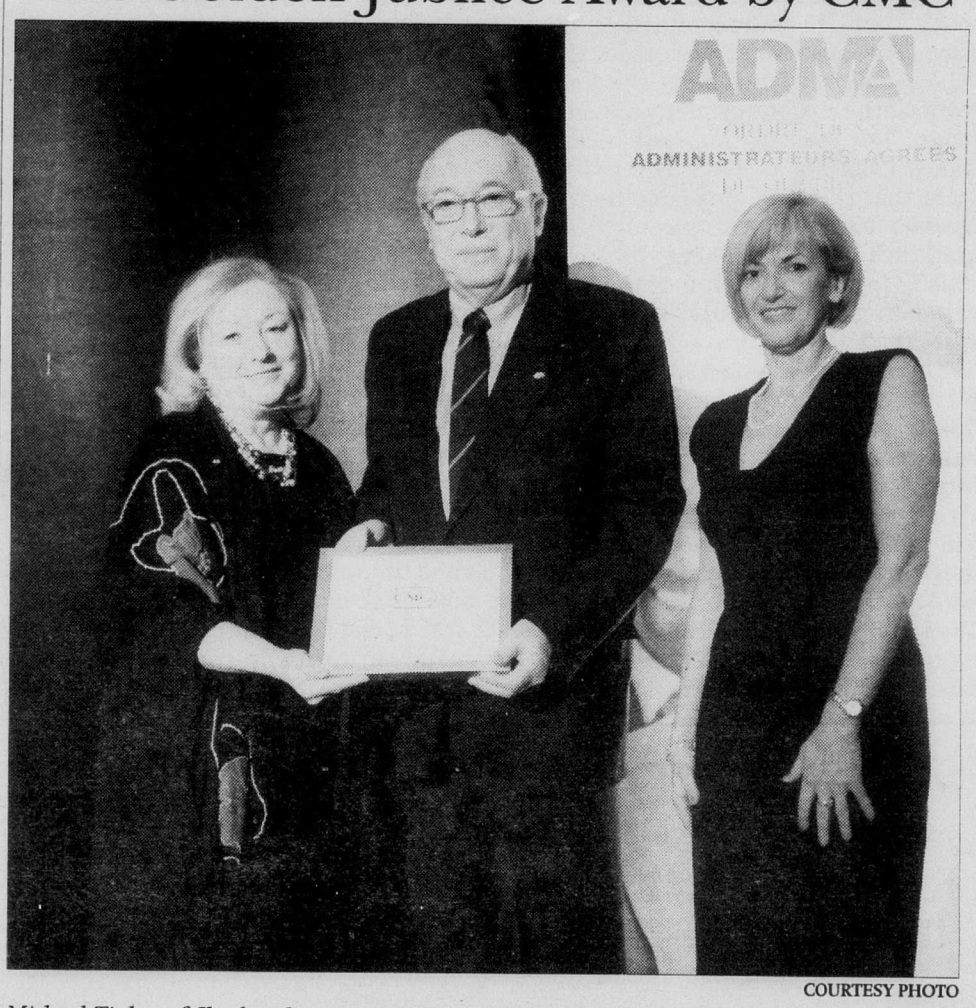
After having shaped and braided their own Challahs, the group was treated to a kosher buffet of soup, salads and bagels.

While everyone was enjoying the delicious food and the aroma emanating from the oven, Mrs. Miriam Notik, Co-Director of the Chabad Jewish Centre, expounded how women were entrusted with the important role in preserving the fabric of the Jewish home.

Everyone went home with a gift bag, and several loaves of warm, handmade Challahs.

Submitted by Rabbi Moishe and Miriam Notik, Chabad Sherbrooke.

Michael Tinker awarded the Golden Jubilee Award by CMC



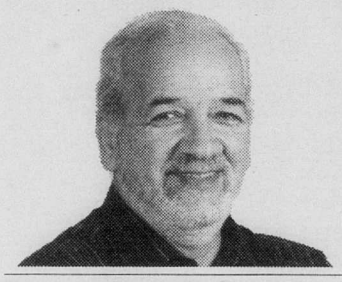
COURTESY PHOTO

Michael Tinker of Sherbrooke was awarded the Golden Jubilee Award as part of the 50th anniversary celebrations of CMC –Canada. The award was presented in Montreal on Jan. 29 by Lynn Bennett, outgoing President of CMC-Canada and by Chantal Dalpé representing CMC –Québec. Michael Tinker is one of some fifty professionals from across Canada and one of four professionals from the Province of Québec to receive this distinction given to certified management consultants who have distinguished themselves in the advancement of the profession within the Province, across Canada and throughout the world. Mr. Tinker who became a certified management consultant in 1978, was President of CMC Québec, served on the national body and became fellow and life member of the Institute in 1987. Source: M Tinker.

Editorial

All direct and indirect spending on energy amount to over $65 billion. God knows how much of that is wasted in an inefficient manner.

Energy for Quebec: follow the money



François Tanguay

A very important and provocative report came out this week. Even though it had been a government mandate at the outset, it took a leak to Le Devoir for 'Maitriser Notre Avenir Énergétique,' (Mastering Our Future Energy) to be made public. That's two strikes on the PQ administration in one short week, since just last week, the final report on the Strategic Environmental Assessment on shale gas was hastily made public after a leaked copy had also reached Le Devoir. It seems obvious that the Marois government did not want these two important reports be made public for now. Both are dated from January!

Why all this holding back on critical evaluations of our energy future? Well, maybe because the numbers are too eloquent. In both reports there are hard facts that, for some reason, the PQ people prefer not be at the forefront of the upcoming electoral campaign. Too late. In the most recent report, written by a highly credible team that includes long time Hydro-Quebec expert Roger Lanoue, the grand scheme of our energy future is shaken from the pedestal of the ever expanding dogma: build it and we will justify it!

The report draws a very different picture of our energy pie and what is does to our fragile economy. The total collective energy bill for Quebec is huge. Each year, we buy $12 billion in electricity, $2 billon in natural gas, $18 billion in oil and another $2 billion in various petrolium products. In all $34 billion just to buy energy! Then, as an obvious consequence, every year we also buy $12 billion in cars. The government spends $18 billion, on top of the dedicated taxes from gas sales, on roads and infrastructures. Some money goes to public transit too. We also renovate our buildings and houses. In the end all direct and indirect spending on energy amount to over $65 billion. God knows how much of that is wasted in an inefficient manner.

Somehow we are short on money for schools, hospitals and care for the elders. Funds for public transport are mere 'peanuts' compared to this energy related spending spree. What fascinates me is that just about all of the goods we consume are undertaxed and the main culprit, as far as I'm concerned, is cheap energy. As a consequence waste remains a way of life that has little or no cost, so it seems. Everything we consume is taxed the same 14,5 per cent, regardless of its usefulness. Meanwhile our wages can be sucked out by as much as 45 per cent for income tax purposes. Maybe we are taxing the wrong items. Maybe we are looking at our taxation system from the wrong end of the binoculars!

Why not leave most of the money we earn in our pockets and then use varying levels of taxes, depending on if what we purchase is a necessity or a luxury, to balance our budget? No taxes on food and a 35 per cent fee on cars and perfume, for example. Electric cars less taxed than Hummers! This is the way most of Europe functions, by the way. On top of that, all sources of energy should be more expensive, backed by support for the poor, in the case of electricity for heating for example.

We should contemplate a serious tax reform that would make a difference between 'nice to have' and 'need to have.' Basics versus luxuries. Our economy is in a jam, and the management of our energy needs should be at the core of a major change of vision.

Business as usual is not an option. The coming election campaign would be a good time as any to think outside the box, as it is often said, and for once free ourselves from the economical cul de sac we are in.

Time to get creative.

THE RECORD

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			GST	PST	TOTAL
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	3 months	32.00	1.60	3.19	$36.79

ON-LINE SUBSCRIPTIONS

Quebec:	1 year	55.00	2.75	5.49	$63.24
	1 month	4.99	0.25	0.50	$5.74

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Member
ABC, CARD, CNA, QCNA

Letters

Dear Editor

I note once again with interest the discussions at Lennoxville council re. the Huntingville dam. Most recently David Price correctly pointed out that Boralex is free from any efforts by Lennoxville /Sherbrooke to intervene; but did not point out that the dam is not in Sherbrooke. The north end of the dam only touches on Sherbrooke just as the south end only touches on Waterville.

I was part of the Ascot rural residents group which sought to negotiate new homes for our rural area in the early nineties. Then Mayor Price with the support and encouragement of the Quebec government sought and obtained the edge of the river as a boundary; similarly Waterville acquired the territory up to the south bank.

This puts the dam just like the bridge between the two solely under control of Quebec.

For nearly 30 years I have been active in historic and heritage matters, locally, provincially and nationally and have gained a good awareness of what is deemed of value and what is not. Unfortunately the present dam dates only from the mid 40's having been rebuilt following the flood of '43 which wiped out the old log dam and the covered bridge, events I remember well.

So as far as Quebec is concerned the dam has no historic or heritage value, only the general site itself. That's not enough to get them involved

As far as environmental and flood control matters are concerned, after the 40's floods the government dredged downstream and built heightened stone embankments to protect the farm properties from downcoming ice or trees but not from the backup of the Massawippi, as operators of the Beaulieu farm well know.

There is a further liability against efforts to protect the dam, that being an increasingly powerful movement across the USA to have as many as possible of these local dams destroyed to reestablish the free flow of the rivers and reopen the migratory pathways of anadromous fish including salmon and shad. Until all the dam building took place in the 1800's our river was a good salmon river and was so named. It could be again as efforts on similar rivers in the USA have demonstrated as well as cleaning out the silt buildup which came with these dams

Downriver builders of the papermill dams on the St Francis promised to build fishways around the barriers, promises which were never fulfilled nor enforced.

Like many I hold strong identity with the dam and its picturesque effect on my lifelong favourite village. I am one of the few left who can recall sitting in the Huntingville school on warm spring and fall days and hearing the water and the sawmill it empowered. I would be sorry to see it lost.

As a founding member of Patrimoine Heritage Huntingville I have regularly felt disappointment at the lack of community support for our historic church, a true historic gem, rated by the Quebec Ministry of culture as the most historically significant church structure in the entire Estrie region. Built in 1845 and opened in January 1846 it predates the dam by a hundred years and reflects the identities of the people of the early community.

It too, is picturesque, probably appearing on fewer touristy web shots but eloquent in what it says to the world.

I commend the locals who wish to save something picturesque but to do so would require finding new arguments.

Richard Evans
PHHI Waterville

Dear Editor

Advisory committees appointed by the Quebec government believe that institutions should move towards palliative care and the maintenance of quality of life. According to what one can read in newspapers these days, increasingly heavy client burdens are leading CHSLDs to consider becoming end of life residences. The focus is set on clients who have only a few months left to live.

As a result, we should ask this question: What will happen to people with severe physical disabilities in Sherbrooke and the region? Not so long ago, after an influx of patients, CLSCs began sending many people with severe physical disabilities back into institutions, due to a lack of resources.

In several other cities in Quebec, a formula has been adopted and developed to accommodate those with severe physical disabilities. These are people whose needs for homecare exceed the number of hours granted by the CLSC. Through projects called "residential islands," a dozen or so tenants are housed together in an apartment block.

Inside the living areas, two special rooms are reserved, one for employees and the other for a mini cafeteria. Since living only in a bedroom is not a good way of life, each resident has a 3 1/2- room, fully accessible apartment. Once there, residents can count on a staff ready to meet their personal needs.

This service is described as 'light,' as opposed to 'intense' and is available 24/7, provided by three qualified employees during the day and a security guard at night. Along with the regular array of health care, an appropriate level of service, independence, and privacy are assured at a low cost.

For the physically disabled person, an apartment in a normal environment is preferred. The "residential island" formula provides an alternative to those suffering from severe physical impairment, particularly those seeking autonomy over their daily lives. In some places the experience goes even further and users themselves manage the building and staff. This type of residence should be built here in Sherbrooke.

Maurice Richard
Sherbrooke

THE RECORD

TALK

YOUR WEEKLY GUIDE TO TOWNSHIPS CULTURE

FEBRUARY 28 - MARCH 6, 2014

Newcomer Cole Swindell makes a name for himself

COUNTRY CONNECTION

JESSIE AULIS

Cole Swindell has taken the world of country music by storm with his smash debut single "Chillin' It." His self-titled debut album was released last week and it is currently sitting at No. 1 on the iTunes Top Albums chart.

With always the four or five male artists currently dominating the scene as well as the charts, it's hard to think that someone could crash the party to make a name for himself. Newcomer Cole Swindell has done just that.

He started by touring with fellow Georgia Southern Luke Bryan, he was originally selling Bryan's merchandise before signing his own publishing deal and opening for the country singer.

Swindell ranks there with the Luke Bryan, Jason Aldean and Florida Georgia Line and others who all offer the same style of music. It is a mix of pop musicality with a dab of country.

Swindell's first single released, "Chillin' It," was produced by Jody Stevens, who is the son of songwriter and producer Jeff Stevens. Stevens also performed all the instruments on that track. Luke Bryan's guitarist Michael Carter produced the rest of the album.

Indeed, Swindell has already earned a spot among country's top artists. Upon first listen, audiences are sure to notice how similar his sound is to the mainstream artists mentioned above.

Swindell often collaborates and tours with the artists, writing some of country's current hits with them. "Chillin' It," "Brought To You By Beer" and "Get Up" are reminders of Luke Bryan's many Spring Break albums with fun and easy-going vibes.

You also may recognize Swindell's name because he penned some songs that are different for other artists like Craig Campbell, Thomas Rhett, and Scotty McCreery. Cole Swindell has pure talent, whether it is with his songwriting, or his vocals. Providing he drops the pop/country style, he has what it takes to stay around for the long haul.

On this new album, there are lots of songs about drinking and partying out in the country. Swindell claims co-writer credits on all but one of the album's songs. There isn't much variety between the album's twelve tracks.

Every song is either about drinking, partying, or working hard at a job. Each song is great by itself but as a whole, it is kind of repetitive.

"Swayin'" is about going to a concert, where you get stuck in the back because the tickets are so expensive, but who cares because you just want to hear the music? This will become a great number for his live concert. Fans will relate.

But the singer/songwriter also proves that he's got more depth than the country pop he's been labelled under. With "Ain't Worth The Whiskey," Swindell gives listeners the perfect song as he lists all the things worth drinking to. But his ex-lover girl ain't one of them.

Another number, "I Just Want You," showcases his more romantic side. I know that the ladies will just love it. Swindell also pays tribute to all the good ole boys with songs like "Down Home Boys" and "The Back Roads and The Back Row," with a nod to his own Georgia roots.

Then comes the sad but sweet "Dozen Roses and a Six Pack." As he croons over

a love that might be lost, Swindell shows that he can, if he wants it become a Country Music star.

He is good at writing sweet and powerful country ballads, and great to deliver them. "I got a dozen roses if she comes back home / And a six-pack if she don't," he sings in a very traditional chorus.

In the same style, there's the heartfelt plea, of "I Just Want You." This is the hidden side of Swindell that has written hits like Craig Campbell's "Outta My Head" and Thomas Rhett's "Get Me Some of That." That's the proof that he could leave the pop/country to others.

Cole Swindell grew up in Bronwood, Georgia and also graduated from Georgia Southern University in 2007. Fresh out of college, Swindell started selling merchandise on the road for fellow Georgia native Luke Bryan.

In 2010 Cole signed a publishing deal with Sony/ATV Music Publishing, and in 2013 released "Chillin' It," which climbed the Country Music charts. Cole Swindell currently is opening up for Luke Bryan on his That's My Kinda Night 2014 Tour.

Spring Cleaning is just around the corner and our fourth annual bottle drive to benefit the Pet Connection will take place in the spring instead of the fall. If you are doing some cleaning and wish to donate your empty cans and bottles, please contact Cathy at 819-437-5072. It would truly be nice to get a head start! Thank you for your generosity and please pass the word!

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The inspector pleaded with the doctor to take on the patient

'One Sherlock H., a resident of B____ Street in London'

Good Reads

ELEANOR BROWN

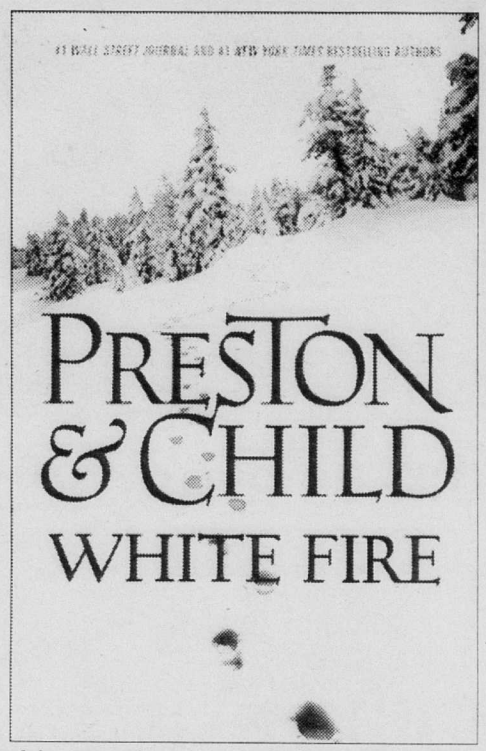
8 June 1881

A new patient today, a troubling case. One Sherlock H., a resident of B____ Street in London. Referred to me by G. Lestrade, with more than a few dark and vague warnings. "A troubled fellow," he told me, gripping me by the wrist. "Very troubled. Sad story, his."

All stories are sad if you let them go on long enough, I told him, but I took the case just the same. He had applied and been rejected from the Force more than a dozen times between 1878 and 1880.

"And now he hangs around the corridors sniffing loudly and declaring himself the greatest detective in the world," Lestrade said.

That excerpt is from a series of diary entries written by a Dr. Watson about an addled cocaine addict, published earlier this month at a website called The-Toast.net.



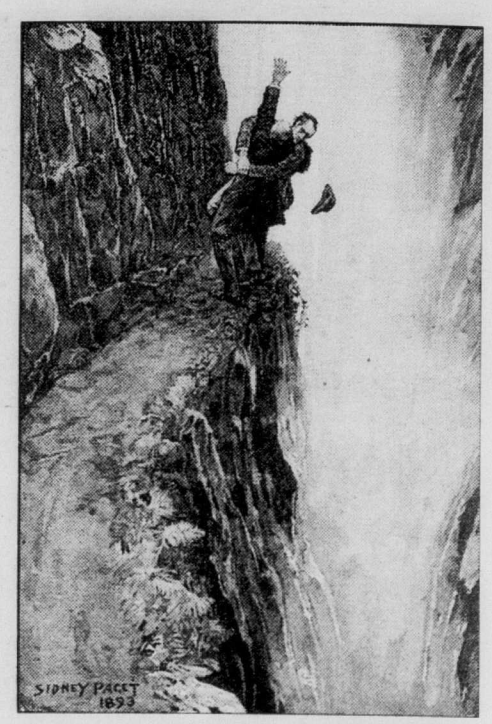
Book publishers have long been distrustful of fan fiction. It features characters owned by others, yet their inventions are so beloved that regular folk spend hours creating stories in homage (and some of them are even quite good).

Many authors and corporations consider fan fiction to be theft; in turn, those who indulge point out that it's a non-profit endeavour, a gift, that drives people to buy into more and more of the official product, leading to more money and notoriety for the owners.

That argument aside — and it's a controversial one — modern copyright law, it should be noted, is riddled with oddness. It is perfectly legal to write tales which feature Holmes creator Sir Arthur Conan Doyle himself, who died in 1930. Until three months ago, however, following a complex court case, it was essentially impossible in the United States to write a story which mentioned the fictional Sherlock Holmes (unless permission was formally granted and lots of cash changed hands).

There's a time limit on copyright, of course, but the ever-litigious Doyle estate argued that the character of Holmes was created by the entirety of its author's output, so that no modern story could be published commercially without a licence until copyright had expired on the very last Holmes tale, rather than on the first.

It takes money and lawyers to argue against such obstinacy. But in December, a judge finally ruled that position to be ridiculous, and that the early Holmes works are in the public domain in the United States. About 10 stories are still under copyright, and so whichever Holmesian eccentricities were introduced in those tales are still verboten for fans to mention in commercial works.



Sherlock Holmes battles a master criminal.

Best-selling American crime writers Douglas Preston and Lincoln Child

CONT'D ON PAGE 14

Your week on TV

WEEKDAY MORNING

	Bell	Star		6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
WCAX 3	-	-		Channel 3 News Morning		CBS This Morning				Rachael Ray		Dr. Phil		The Price Is Right	
WPTZ 5	-	-		Newschannel 5 Today at 6AM		Today				Live! With Kelly and Michael		Today		Today	
CBMT 6	206	301		CBC News Now		Daniel Tiger	Arthur	Bo on the Go!	Busytown	Super Why!	Napkin Man	Bookaboo	Doodlebops	Heartland	
			F	Salut, bonjour! (N) (SC)							Denis Lévesque (SC)		Stefano Faita	Le tricheur	Mario Dumont
CHLT 7	107	718	M								Deux filles le matin (N) (SC)		(:29) Signé M		
			T												
			W												
			Th								Ça finit bien la semaine (SC)				
WMTW 8	-	-		WMTW News 8 at 6am		Good Morning America				Live! With Kelly and Michael		Bethenny		The View	
CKSH 9	108	-		Petit cochon	Robin le robot	Garfield et cie	Toc toc toc	Annie Brocoli	Meilleurs-docteurs		Alors on jase!			Ricardo	Telejournal
CKMI 11	-	-		Morning News						Morning Show	Huntley Street	The Doctors		Anna Olson	Chuck-Day Off
CFCF 12	205	312		Canada AM						Live! With Kelly and Michael		Dr. Phil		The View	
WVNY 22	-	-		ABC 22 This Morning		Good Morning America				The Dr. Oz Show		The Doctors		The View	
WUTV 30	-	-		Paid Program	Paid Program	Var. Programs	Real Estate	Var. Programs	Friends	The 700 Club		The People's Court		Maury	
			F	Ça commence bien! (N)		Ça commence bien! (N)				Duo (SC)	Guerre-clans	Rire et délire		Fringe "Au détail près" (SC)	
CFKS 31	106	726	M												
			T												
			W												
			Th												
WUHF	-	363		Paid Program	Always Sunny	Good Day Rochester				Paternity Court	Paternity Court	Jerry Springer		Judge Mathis	
WETK	-	-		World News	Body Electric	Arthur	Wild Kratts	Curious	Cat in the Hat	Peg Plus Cat	Dinosaur Train	Sesame Street		Daniel Tiger	Super Why!
WCFE	-	-		Var. Programs	France News	Kazakh-News	Hello Vietnam	ETV English	Price Watch	Newsline	NHK Program	Arirang News	RT News	JN1 Headline	Inside Taiwan
A&E	615	520		Paid Program	Paid Program	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Criminal Minds		Criminal Minds		CSI: Miami	
			F	La Femme Nikita		Cold Squad "The Box"		Flashpoint (DVS)		Missing "Delusional"		La Femme Nikita		Cold Squad "The Box"	
BRAVO	620	523	M							The Listener (DVS)					
			T												
			W												
			Th												
CNN	500	500		New Day						CNN Newsroom				This Hour w/ Berman	
			F	Mayday "Crash Course"		Daily Planet (DVS)		Cash Cab	Cash Cab	Canada's Greatest Know-It-All		Mighty Ships		Flying Wild Alaska	
			M							Dangerous Flights		Cash Cab	How It's Made	Dangerous Flights	
DISC	520	505	T							Junk Raiders		Mighty Ships "USS New York"		Bering Sea Gold	
			W											Dangerous Flights	
			Th											MythBusters	
HIST	522	506		Museum Secrets		Canadian Pickers		Varied Programs				Museum Secrets		Canadian Pickers	
RDI	126	730		(5:00) RDI matin				Téléjournal	RDI matin	Sous la loupe	RDI en direct				Telejournal
SHOW	616	521		Bomb Girls		Lost Girl		Rookie Blue		Movie				Lost Girl	
SLICE	601	562		ET Canada	Princess	Till Debt/Part	Till Debt/Part	Property Virgin	Property Virgin	For Rent	Princess	Security	Security	Property Virgin	Property Virgin
SPIKE	628	584		Paid Program	Paid Program	Var. Programs	Paid Program	Paid Program	Paid Program	Bar Rescue		Bar Rescue		Varied Programs	
TLC	521	560		Varied Programs		Rm-Multiples	A Baby Story	A Baby Story	Quints	19 Kids-Count	19 Kids-Count	Hoarding: Buried Alive		Extreme Chea.	Extreme Chea.
			F	SportsCentre		SportsCentre		SportsCentre		SportsCentre		SportsCentre		SportsCentre	
			M												
TSN	400	400	T	SportsCentre	SportsCentre		SportsCentre		SportsCentre		SportsCentre		SportsCentre		Curling
			W	SportsCentre		SportsCentre		NHL on TSN - TradeCentre (N) (Live)							
			Th	SportsCentre	SportsCentre		SportsCentre		SportsCentre		SportsCentre		SportsCentre		Curling
YOUTH	551	542		Kid vs. Kat	Rescue Hero	League/Evil	Sidekick	Pokémon: Blck	Beyblade-Fury	Monster-Club	Squirrel	Clang Invasion	Almost Naked	Flamingo	Squirrel

Your week on TV

WEEKDAY AFTERNOON

	Bell	Star	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
WCAX 3	-	-	Across-Fence	The Young and the Restless		Bold/Beautiful	The Talk		Let's Make a Deal		The Ellen DeGeneres Show		Channel 3	The: 30
WPTZ 5	-	-	Bethenny		Days of our Lives		Katie		Steve Harvey		Judge Judy	Judge Judy	First at Five	5:30 Now!
CBMT 6	206	301	CBC News Now		Republic of Doyle		Steven and Chris		Best Recipes	In the Kitchen	Canada Reads-One Novel		CBC News	CBC News
CHLT 7	107	718	TVA régional	TVA nouvelles	Movie			Var. Programs	Estrie	Les feux de l'amour		Top modèles	(4:55) TVA nouvelles	
WMTW 8	-	-	Steve Harvey		The Chew		General Hospital		Dr. Phil		The Ellen DeGeneres Show		WMTW News 8 at 5PM	
CKSH 9	108	- F M T W Th	Telejournal	Pour le plaisir (N) (SC)			Karma / Quelle histoire! (N) (SC)	Karma	Karma / Terre humaine	Karma / Terre humaine	Entrée principale (N)		Mange-souper	Union-force
CKMI 11	-	-	Sarah's House	ET Canada	Days of our Lives		The Talk		The Queen Latifah Show		Till Debt/Part	The Young and the Restless		Property Virgin
CFCF 12	205	312	CTV News		The Social		The Marilyn Denis Show		Bethenny		The Ellen DeGeneres Show		The Dr. Oz Show	
WVNY 22	-	-	Varied Programs		The Chew		General Hospital		The People's Court		Family Feud	Family Feud	The Dr. Oz Show	
WUTV 30	-	-	The Steve Wilkos Show		Judge Alex	Judge Alex	Judge Mathis		Jerry Springer		Maury		Family Feud	Family Feud
CFKS 31	106	726	Ça commence	Infopublicité	CSI: Miami		Movie				Les Simpson	Les Simpson	Atomes croch	Guerre-clans
WUHF	-	363	The Steve Wilkos Show		The Test		The Trisha Goddard Show		Maury		Judge Judy	Judge Judy	The People's Court	
WETK	-	-	Sid Science	Thomas & Fr.	Daniel Tiger	Charlie Rose		Dinosaur Train	Peg Plus Cat	Cat in the Hat	Curious	Arthur	WordGirl	World News
WCFE	-	- F M T W Th	China Beat (N)	Euromaxx	Midday (N)		Late Lunch Live (N)		Tonight With Vincent Browne / The Hub of	Our Genera	Korea Today (N) / NHK Programming (N) CC / Korea Today		RT News (N)	Journal (N) (EI)
A&E	615	520	CSI: Miami		Criminal Minds		Criminal Minds		The First 48		The First 48		The First 48	
BRAVO	620	523	Flashpoint		Blue Bloods		La Femme Nikita		Cold Squad		Criminal Minds		Criminal Minds	
CNN	500	500	Legal View With Ashleigh		Wolf		CNN Newsroom				The Lead With Jake Tapper		The Situation Room	
DISC	520	505	Salvage Hunters CC		Auction Kings	Auction Kings	How It's Made / Airplane Repo CC / How It's Made / Gold Rush - The Dirt	How It's Made	Alaska: The Last Frontier / Dude, You're Screwed CC / MythBusters / Gold Rush "Parker Special 1"		Moonshiners: Outlaw Cuts / Deadliest Catch / Bering Sea Gold CC / Cold Water Cowboys / Salvage Hunters CC		Moonshiners One final run. / How It's Made / Highway Thru Hell / Dangerous Flights CC / MythBusters	How It's Made
HIST	522	506	M*A*S*H	M*A*S*H	Vikings "Brother's War" CC / Bomb Hunters "Out of Exile" / Canadian Pickers / Yukon Gold / Outlaw Bikers		Museum Secrets / Vikings "Brother's War" CC / Treasures Decoded / Outlaw Bikers / Yukon Gold		Perfect Storms CC (DVS) / Museum Secrets / America Unearthed / Cryptid: The Swamp Beast / Swamp People		American Pickers / Counting Cars / Pawn Stars / Restoration	Counting Cars / Pawn Stars / Restoration	M*A*S*H	M*A*S*H
RDI	126	730	Telejournal	Club-ex	Var. Programs	RDI en direct							Le Téléjournal RDI	
SHOW	616	521	Sea Patrol "Soft Target" CC		★★ "Goblin" (2010, Horror) Camille Sullivan. CC (DVS) / "Pegasus vs. Chimera" (2012) Nazneen Contractor. / ★★ "The Perfect Assistant" (2008) Rachel Hunter. CC / "He Loves Me" (2011) Heather Locklear, Max Martini. CC / "Journey to the Center of the Earth" (2008) Rick Schroder.				"Odysseus and the Isle of the Mists" (2008) Arnold Vosloo. / "Aladdin and the Death Lamp" (2012) Kandyse McClure. / ★ "Catwoman" (2004) Halle Berry, Benjamin Bratt. CC / Kink/Hair ★★ "Deep Blue Sea" (1999) Thomas Jane, Saffron Burrows. CC / ★ "Dragon Wars" (2007, Action) Jason Behr. CC				Sea Patrol "Soft Target" CC / Sea Patrol "The Third Man"
SLICE	601	562	Property Virgin	Property Virgin	Security	Security	48 Hours Mystery		World's Dumbest...		Varied Programs			
SPIKE	628	584	Cops	Varied Programs										
TLC	521	560	What Not to Wear		19 Kids-Count	19 Kids-Count	Little Couple	Varied Programs						
TSN	400	400	Varied Programs						SportsNation		That's Hcky	Curling	Varied Programs	
YOUTH	551	542	Kid vs. Kat	Sidekick	Rated A for	Monster-Club	Kid vs. Kat	League/Evil	Sidekick	Squirrel	SpongeBob	Var. Programs	Odd Parents	SpongeBob

FRIDAY EVENING — FEBRUARY 28, 2014

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	Channel 3 News at Six (N)		CBS Evening News/Pelley	Entertainment Tonight (N)	Undercover Boss "Utah Jazz" (N) CC		Hawaii Five-0 "Pale 'Ia" Danny's mother visits. (N) CC		Blue Bloods Danny and Baez investigate a kidnapping. (N)		Channel 3 News	(:35) Late Show With David Letterman (N) CC	
WPTZ 5	-	-	Newschannel 5 at 6PM (N)	NBC Nightly News (N)	Jeopardy! (N) CC	Wheel of Fortune (N)	Dateline NBC The murder trial of Oscar Pistorius. (N)		Grimm "Revelation" Juliette helps Nick with a case. (N)		(:01) Hannibal Will continues to assert his innocence.		Newschannel 5 Nightcast	(:34) The Tonight Show Starring Jimmy Fallon (N) CC	
CBMT 6	206	301	CBC News: Montreal (N)	Rick Mercer Report CC	Stroumboulopoulos	Coronation Street (N)	Marketplace (N) CC	Rick Mercer Report CC	the fifth estate The Jewish community of Lev Tahor. (N)		The National (N) CC		CBC News: Montreal	Stroumboulopoulos	Backstage Pass
CHLT 7	107	718	(5:58) TVA nouvelles (N)	Le tricheur (N) (SC)	J.E. (N) (SC)		Du talent à revendre (SC)		Ça finit bien la semaine (N) (SC)		TVA nouvelles (N)	(:35) Denis Lévesque (N) (SC)		(:35) ★★ "Le Code Da Vinci" (2006) Tom Hanks.	
WMTW 8	-	-	WMTW News 8 at 6PM	ABC World News	Wheel of Fortune (N) CC	Jeopardy! (N) CC	Last Man Standing (N)	(:31) The Neighbors (N)	Shark Tank A unique dating service. (N) CC		(:01) 20/20 CC		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live CC	
CKSH 9	108	-	Le Téléjournal/Estrie	Plan de match	Paquet voleur (N) (SC)		C'est ma toune (N) (SC)		Broadchurch L'assassinat d'un jeune garçon de 11 ans.		Le Téléjournal (N) (SC)	Nouvelles-sport	(:05) Entrée principale Genevième Guérard.		(12:04) "Le prix à payer"
CKMI 11	-	-	(5:59) Evening News (N)	Global National (N)	ET Canada	Entertainment Tonight (N)	Bones Brennan serves on a jury. (PA) CC (DVS)		Hawaii Five-0 "Pale 'Ia" Danny's mother visits. (N) CC		Parenthood Julia's siblings offer support. (N) CC		News Final (N) CC	ET Canada	The Test CC
CFCF 12	205	312	CTV News (N) CC		etalk (N) CC	The Big Bang Theory CC	Mike & Molly CC	(:31) The Neighbors (N)	Grimm "Revelation" Juliette helps Nick with a case. (N)		Blue Bloods Danny and Baez investigate a kidnapping. (N)		News-Lisa	CTV News (N) CC	The Big Bang Theory
WVNY 22	-	-	ABC 22 News (N)	ABC World News	ABC 22 News (N)	Inside Edition (N) CC	Last Man Standing (N)	(:31) The Neighbors (N)	Shark Tank A unique dating service. (N) CC		(:01) 20/20 CC		ABC 22 News (N)	(:35) Jimmy Kimmel Live CC	
WUTV 30	-	-	The Big Bang Theory CC	Judge Judy CC	Judge Judy (N) CC	Two and a Half Men	Bones Brennan serves on a jury. (PA) CC (DVS)		Enlisted Pete is confronted.	Raising Hope (N)	2 on Your Side at 10	Two and a Half Men	The Simpsons CC	How I Met Your Mother	The Middle CC
CFKS 31	106	726	Tic tac show (N)	Souper parfait	L'arbitre (N)		Révolution "Le traître" Nora est torturée. (N)		Le Mentaliste Le corps d'un homme est retrouvé. (SC)		Le journal techno (N)	Martin Horik : Octane (N)	Californication (N)	L'instant gagnant	
WUHF	-	363	Modern Family "Hawaii"	Modern Family CC	The Big Bang Theory CC	The Big Bang Theory CC	Bones Brennan serves on a jury. (PA) CC (DVS)		Enlisted Pete is confronted.	Raising Hope (N)	13WHAM News at 10 on Fox Rochester (N) CC		The Arsenio Hall Show Jada Pinkett Smith; Isaac Lufkin.		Seinfeld "The Understudy"
WETK	-	-	PBS NewsHour (N) CC		BBC Newsnight	Vermont This Week (N)	Washington Week	Charlie Rose – The Week	Masterpiece Classic "Downton Abbey Season 4" Lady Rose meets the Prince of Wales. CC (DVS)				Nightly Business Report	Charlie Rose (N) CC	
WCFE	-	-	RTE News: Six One (N)	South Asia Newsline (N)	France 24 News (N) (EI)		RT News (N) CC	(:40) NHK Programming (N)	The Spider (N) (Part 3 of 3)		Crime Stories A farmer's son comes under suspicion. (N)		Biz Asia America (N) CC		The Spider (Part 3 of 3)
A&E	615	520	The First 48 A man is shot outside his home. CC		The First 48 Cincinnati detectives search for a shooter.		The First 48 Migrant worker beaten; car wash killing.		The First 48 "Heartless" Brutal murders in New Orleans.		Beyond Scared Straight "Western Tidewater, Va."		(:01) Beyond Scared Straight "Dougherty County, Ga."		(12:01) The First 48 CC
BRAVO	620	523	Missing "Delusional" Jess has paranoid delusions.		Flashpoint "The Perfect Family" A baby is kidnapped.		Dallas "The Return" Sue Ellen plans a wedding. CC		Criminal Minds "Gabby" A 4-year-old girl goes missing.		19-2 "Home" Nick and J.M. are assigned together.		Cold Justice Siegler and McClary search for clues.		Criminal Minds CC
CNN	500	500	Situation Rm	Crossfire (N)	Erin Burnett OutFront (N)		Anderson Cooper 360 (N)		Piers Morgan Live (N) (Live)		Spotlight	Unguarded	Anthony Bourdain Parts		Cooper 360
DISC	520	505	How It's Made CC	How It's Made CC	Daily Planet Daily science show. (N) CC (DVS)		Salvage Hunters Drew and Tee head to Ireland. (N)		Dangerous Flights "Throttle Forward" (N) CC (DVS)		Mayday "Fight to the Death" (N) CC		Mayday "Fire in the Hold" CC		Dangerous Flights
HIST	522	506	Vikings "Brother's War" The battle begins between. CC		American Pickers A rare Lambretta scooter. CC		Museum Secrets "Bardo Museum (Tunisia)"		Pawn Stars CC	Pawn Stars CC	Pawn Stars CC	Pawn Stars CC	Vikings "Brother's War" The battle begins between. CC		Pawn Stars CC
RDI	126	730	Le National (SC)	RDI économie (SC)	24/60 (SC)		Grands reportages (SC)		Le Téléjournal (SC)		Charbonneau	Le National	Le National	RDI économie (SC)	24/60 (SC)
SHOW	616	521	★★ "Goblin" (2010) Camille Sullivan, Donnelly Rhodes. A malevolent sprite steals a family's baby. CC (DVS)				★ "Swarmed" (2005, Suspense) Michael Shanks, Carol Alt, Ellen Dubin. Deadly wasps threaten a small town. CC				Helix "Level X" Alan undertakes a dangerous mission.		★★★ "The Hangover" (2009, Comedy) Bradley Cooper, Ed Helms. CC		
SLICE	601	562	Border Security CC	Border Security CC	Surviving Evil A family is kidnapped by thugs.		A Stranger in My Home CC		Brainwashed Church of Scientology member's ordeal.		Border Security CC	Border Security CC	A Stranger in My Home CC		Friends CC
SPIKE	628	584	Cops CC	Cops "Coast to Coast"	Cops "Street Arrests"	Cops "Evading Arrests"	Cops CC	Cops "Street Patrol" CC	Bellator MMA Live Quinton Rampage Jackson vs. Christian M'Pumbu; King Mo faces Mikhail Zayats. (N) (Live)				(:15) Cops CC	Cops "Coast to Coast"	Cops A driver has heroin.
TLC	521	560	Say Yes: ATL	Say Yes: ATL	Borrowed, New	Borrowed, New	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress (N)	Say Yes to the Dress (N)	Borrowed, New	Borrowed, New	Say Yes to the Dress	Say Yes to the Dress	Borrowed, New
TSN	400	400	SportsCentre (N) (Live) CC		That's Hockey! (N)	FullTiltPoker.net Aussie Millions (N)		FullTiltPoker.net Aussie Millions (N)	NLL Lacrosse Toronto Rock at Edmonton Rush. (N) (Live)				SportsCentre (N) (Live) CC		
YOUTH	551	542	"Flick vs. Flick" Viewers' choice. CC				Assembly	Japanizi	Laughs: Gags	Laughs: Gags	Splatalot	Zoink'd!	Mr. Young	Boys	Flick vs. Flick

Your week on TV

SATURDAY DAYTIME — MARCH 1, 2014

	Bell	Star	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30
WCAX 3	-	-	Channel 3 News Saturday Morning (N)		CBS This Morning: Saturday (N)				All In With Laila Ali	Game Changers	Paid Program	Riches!	NCAA Men of March	NCAA Men of March	College Basketball Louisville at Memphis. (N) (Live)			
WPTZ 5	-	-	(7:00) Today (N)		Teen Kids News (N)	Hanna Into the Wild	The Chica Show (El)	Noodle/ Doodle	Justin Time (El)	Tree Fu Tom (El)	LazyTown	Make Way for Noddy	Gymnastics AT&T American Cup. From Greensboro, N.C. (N) (Live)				PGA Tour Golf Honda Classic, Third Round.	
CBMT 6	206	301	Animal Mechanic	Super Why!	(:05) Artzooka	Cross Country	Arthur	My Goldfish Is Evil!	It's Edible Incredible!	Cat in the Hat	Absolutely Canadian "VanHorne & Waverly"		Doc Zone Will the future bring.		the fifth estate		FIFA World Cp	FIFA World Cp
CHLT 7	107	718	(6:00) Salut, bonjour! Week-end (N) (SC)				Deux filles le matin (SC)		Stefano Faita	Signé M "Le pain"	TVA nouvelles (N)	Qu'est-ce qu	Viens voir ici (SC)	Infopublicité (SC)	★★ "Les Prisonniers du temps" (2003) Paul Walker, Frances O'Connor. (DVS) (SC)			
WMTW 8	-	-	Good Morning America (N)		Jack Hanna	Ocean Mysteries	Born to Explore	Sea Rescue (El)	The Wildlife Docs	Expedition Wild	Awesome Adventure	The Nutrition	Paid Program	Gospel Superfest Salute to Black History 14 Salute to urban gospel music.				NASCAR Racing
CKSH 9	108	-	Chas'rs de monstres	Motel Monstre	Brigade animo (N)	Magi-nation	Les 1001 nuits	Aventures de Tintin	Ricardo (SC)	L'épicerie (SC)	Telejournal	La facture (SC)	Enquête (SC)		Sport weekend Gala de patinage artistique des Jeux Olympiques de Sotchi. (Enregistré) (SC)			
CKMI 11	-	-	Fish'n Canada	Real Fishing	Advent. North	Fishful Thinking	William Shatner's Weird or What?		Powerboat Television	Driving Television	House "Dead & Buried"		Massive Moves	The Simpsons	The Simpsons	The Simpsons	PGA Tour Golf Honda Classic, Third Round.	
CFCF 12	205	312	Canada AM Weekend		The Marilyn Denis Show		SickKids Foundation		It Is Written	Better Living	SportsCentre		The Social		MasterChef Canada (DVS)		Cash Cab	Celebrity Style Story
WVNY 22	-	-	Good Morning America (N)		Jack Hanna	Ocean Mysteries	Born to Explore	Sea Rescue (El)	The Wildlife Docs	Expedition Wild	Riches!	Paid Program	I Hate My Hair!	Paid Program	Paid Program	Riches!	Paid Program	NASCAR Racing
WUTV 30	-	-	Real Estate	Stop Aging Now	Paid Program		Cold Plasma	Shaun T's Focus T25	Paid Program	Free NutriBullet	Raw Travel (N)	Raceline	★★★ "Untamed Heart" (1993, Romance) Christian Slater, Marisa Tomei.				★★ "Lions for Lambs" (2007)	
CFKS 31	106	726	Aubaines & cie (N)		Trucs & cie (N)		RPM		Puissance 3		Martin Horik	"Chatterbox" (2009, Comédie) Brianna Joy Chomer, Allison Bailey, Grace Tyson. (SC)			★★★ "Histoire de dauphin" (2011) Harry Connick Jr.			
WUHF	-	363	Career Day	Think Big	Great Big World	The Young Icons	Cold Plasma	Shaun T's Focus T25	Paid Program	Free NutriBullet	★★ "The Matrix Revolutions" (2003) Keanu Reeves. Neo, Morpheus and Trinity battle vicious machines.				College Basketball North Carolina at Virginia Tech. (N) (Live)			
WETK	-	-	(7:30) Healing ADD With Dr. Daniel Amen, MD & Tana Amen, RN		Deepak Chopra MD: What Are You Hungry For?		BrainChange With David Perlmutter, MD				Drop 7 Foods, Feel Better Fast With JJ Virgin		Suze Orman's Financial Solutions For You Finding financial solutions.					
WCFE	-	-	Euromaxx Highlights	Tomorrow Today	Global 3000	Drive It	European Journal	After 10	World Affairs Today		My India (N)	Newsweek South Asia	NHK Programming (N)		Hablemos de Salud		Detective Montalbano "The Artist's Touch"	
A&E	615	520	Criminal Minds "The Gathering"		Criminal Minds "Restoration" (DVS)		Flip This House "Brian the Bargain Hunter"		Flipping Boston "War Next Door"		Flipping Boston "Desi's Debut"		Crazy Hearts: Nashville (N)		Andrew Mayne	Shipping Wars	Shipping Wars	Shipping Wars
BRAVO	620	523	Cold Squad "A Good Death"		Twice in a Lifetime		Missing "M.I.A."		Criminal Minds "Gabby" (DVS)		Cold Justice "Gone (Altus, OK)"		Suits Jessica's new partnership is tested.		Suits Harvey and Jessica work together.		Suits Katrina tries to win over Louis.	
CNN	500	500	(6:00) New Day Saturday (N)			Your Mney	CNN Newsroom (N)								Your Mney	Newsroom	CNN Newsroom (N)	
DISC	520	505	Salvage Hunters		Dangerous Flights "Throttle Forward"		How the Earth Works		Mayday "Fight to the Death"		Airplane Repo		Mayday "Fire in the Hold"		Mayday "Fight to the Death"		Yukon Men "Feast or Famine"	
HIST	522	506	Paid Program	Cold Plasma	Paid Program	Paid Program	Pawn Stars	Pawn Stars	Canadian Pickers "Yukon Bound"		Vikings The battle begins between.		Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars
RDI	126	730	(5:30) RDI matin						RDI en direct (SC)	RDI économie	Le Téléjournal Midi (SC)		Le National	RDI en direct (SC)	RDI en direct (SC)	La facture (SC)	RDI en direct (SC)	
SHOW	616	521	Paid Program	Paid Program	Paid Program	Paid Program	Da Kink in My Hair	★★ "Behemoth" (2011, Science Fiction) Ed Quinn, Pascale Hutton. (DVS)			★★ "Yes Man" (2008) Jim Carrey. A man tries to change his life by saying yes to everything.					★★ "The Dukes of Hazzard" (2005) Johnny Knoxville.		
SLICE	601	562	Paid Program	Paid Program	Lost and Sold	Lost and Sold	Surviving Evil "Wolves at the Door"		Surviving Evil A family is kidnapped by thugs.		48 Hours Mystery		48 Hours Mystery "The Whole Truth"		The Real Housewives of Beverly Hills		Vanderpump Rules Stassi forms a plan .	
SPIKE	628	584	Paid Program	Shaun T's Focus T25	Auction Hunters	Auction Hunters	Auction Hunters	Repo Games	Auction Hunters	Repo Games	Auction Hunters	Auction Hunters	Cops	Cops	(1:53) ★★★★ "Star Wars IV: A New Hope" (1977) Mark Hamill, Harrison Ford.			
TLC	521	560	Shaun T's Focus T25	Say No to Botox!	Lottery Changed My Life		Lottery Changed My Life		Lottery Changed My Life		Lottery Changed My Life II		Cellblock 6: Female Lock Up		Cellblock 6: Female Lock Up		Cellblock 6: Female Lock Up	
TSN	400	400	SportsCentre	SportsCentre		Soccer Pre.	English Premier League Soccer Stoke City FC vs Arsenal FC. (N) (Live)				Motoring 2014	30 for 30			24 CH	Boxing Friday Night Fights: Boxcino Tournament. (Taped)		
YOUTH	551	542	Chucks	Rabbids	Sponge.	Monsters	Sanjay	Alien	Turtles	BeyWar.	Pokemon	Power	Yu-Gi-Oh!	B-Daman	Baby	Baby	Baby	Baby

SATURDAY EVENING — MARCH 1, 2014

	Bell	Star	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	College Basketball LSU at Florida. (N) (Live)				Channel 3 News	Evening News	Entertainment Tonight (N)		Two and Half Men	The Crazy Ones	Person of Interest Reese is captured.		48 Hours		Channel 3 News	CSI: Miami "Just Murdered"	
WPTZ 5	-	-	(3:00) PGA Tour Golf Honda Classic, Third Round. From Palm Beach Gardens, Fla. (N)				News	Nightly News	Jeopardy!	Wheel of Fortune	NHL Hockey Pittsburgh Penguins at Chicago Blackhawks. From Soldier Field in Chicago. (N) (Live)						Newschannel 5	(:29) Saturday Night Live (N)	
CBMT 6	206	301	FIS Alpine Skiing		FIS Alpine Skiing		CBC News at 6	Hockey Tonight	NHL Hockey Toronto Maple Leafs at Montreal Canadiens. From the Bell Centre in Montreal. (N) (Live)						NHL Hockey Calgary Flames at Edmonton Oilers. From Rexall Place in Edmonton, Alberta. (N) (Live)				
CHLT 7	107	718	★★ "Drillbit Taylor: garde du corps" (2008) Owen Wilson, Troy Gentile. (DVS) (SC)				TVA nouvelles (N)	★★ "Rapides et dangereux 5" (2011) Vin Diesel. À cause de Dom et compagnie, il y a de l'action au Brésil.					(:02) ★★★ "À fond de train" (2010, Action) Denzel Washington, Chris Pine. (DVS) (SC)				TVA nouvelles (N)	★★ "XXX: L'État de l'Union" (2005)	
WMTW 8	-	-	(3:45) NASCAR Racing Nationwide Series: Blue Jeans Go Green 200. (N) (Live)				WMTW News 8	World News	Dr. Perricone MD	Jeopardy!	★★★ "The Social Network" (2010, Drama) Jesse Eisenberg, Andrew Garfield, Justin Timberlake. Premiere.				The Goldbergs		WMTW News 8	Red Carpet	CSI: Miami
CKSH 9	108	-	Rhéal Cormier: toujours plus haut (N)		La semaine verte (N) (SC)		Le Télé-journal (N)	La petite vie (SC)	En direct de l'univers Christian Bégin. (N)		Downton Abbey "Mariage à Downton" (SC)		Dre Grey, leçons d'anatomie (SC)		Le Télé-journal (N)	(:10) Infoman	(:40) "Oscar et la Dame Rose" (2009)	
CKMI 11	-	-	(3:00) PGA Tour Golf Honda Classic, Third Round. From Palm Beach Gardens, Fla. (N)				Evening News (N)	Global National	16x9 "Extreme Workout"		Haven Investigation of a drowning.		Remedy "Bad Blood"		Vikings The battle begins between.		News Final	(:29) Saturday Night Live	
CFCF 12	205	312	Celebrity	24 CH	etalk	At the Oscars	CTV News (N)		etalk's Ultimate Oscar Guide (N)		Big Bang Theory	Anger	Mike & Molly	Hot in Cleveland	Saving Hope "Broken Hearts"		News-Rinaldo	CTV News (N)	"A Time to Kill"
WVNY 22	-	-	(3:45) NASCAR Racing Nationwide Series: Blue Jeans Go Green 200. (N) (Live)				World News	Local News	Extra (N)		★★★ "The Social Network" (2010, Drama) Jesse Eisenberg, Andrew Garfield, Justin Timberlake. Premiere.				The Goldbergs		Local News	Burn Notice "Dead to Rights"	
WUTV 30	-	-	(3:00) ★★ "Lions for Lambs" (2007)		The Kitchen	Real Estate	Two and Half Men	Two and Half Men	Big Bang Theory	Big Bang Theory	Almost Human "Unbound" (DVS)		The Following "Fly Away" (DVS)		2 on Your Side at 10	Big Bang Theory	Animation Domination High-Def (N)		Cheaters (N)
CFKS 31	106	726	(2:30) ★★★ "Histoire de dauphin" (2011)		★★ "Le Petit Nicky" (2000, Comédie) Adam Sandler, Patricia Arquette, Harvey Keitel.				District V	En mode Salvail		En mode Salvail	(:06) En mode Salvail		En mode Salvail		(:12) Rire et délire	L'instant gagnant	
WUHF	-	363	College Basketball	Judge Judy	Men's Health	Two and Half Men	Modern Family	Modern Family	Big Bang Theory	Big Bang Theory	Almost Human "Unbound" (DVS)		The Following "Fly Away" (DVS)		WHAM News	30 Rock	Animation Domination High-Def (N)		Ring of Honor Wr.
WETK	-	-	Easy Yoga: The Secret to Strength		Celtic Woman: Emerald Emerald Isles' musical heritage.				As Time Goes By	(:40) The Vicar of Dibley "Celebrity Vicar"		Waiting for God	Joe Bonamassa: Tour de Force - Live in London		Suze Orman's Financial Solutions For You Finding financial solutions.			
WCFE	-	-	(3:00) Detective Montalbano (N)		RT News (N) (El)	Journal (N)	My India	NHK Programming	France 24 News (N) (El)		Close up	Asia This Week	Marie's Mind For Murder "The Last Ride" Marie and Simmel investigate a death. (N)				European Journal	Newsroom	Marie's Mind For
A&E	615	520	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Wahlburgers	Wahlburgers	Wahlburgers	Wahlburgers	Flipping Vegas "Party House"		Flipping Vegas "Frat House"		Flipping Vegas "Skate House"		(:01) Flipping Vegas "Cat House"		Flipping Vegas
BRAVO	620	523	Suits "Conflict of Interest"		Suits Harvey and Stephen work together.		Cold Squad "A Good Death"		Missing "M.I.A."		Castle Evidence contradicts a confession.		The Mentalist "The Great Red Dragon"		Homeland "Q&A"		(:15) Boss "Ablution" Kane becomes infatuated with Mona.	
CNN	500	500	Newsr'm	Gupta	CNN Newsroom (N)		CNN Newsroom (N)		CNN Special		CNN Special		Anthony Bourdain Parts Unknown				CNN Special		Anthony
DISC	520	505	Salvage Hunters		Dangerous Flights "Throttle Forward"		How It's Made	How It's Made	Cash Cab (N)	How It's Made	Gold Rush Todd's claim owner arrives.		Bering Sea Gold "Off the Deep End"		Cold Water Cowboys "Go Hard, Go Fast"		MythBusters "Do Try This at Home"		Bering Sea Gold
HIST	522	506	American Pickers "NASCAR Challenge"		Pawn Stars	Pawn Stars	Vikings Ragnar travels to Gotaland.		Vikings The battle begins between.		Canadian Pickers "Yukon Bound"		Star Trek: Secrets of the Universe Living in the Star Trek universe.				Pawn Stars	Pawn Stars	Pawn Stars
RDI	126	730	(3:00) RDI en direct	Journal Fr. 2	Le Télé-journal	L'épicerie (SC)	La semaine verte (SC)		RDI en direct (SC)	Monde-parlait	Découverte (SC)		Le Télé-journal	Regard sur la Russie	La facture (SC)		Le Télé-journal	Monde-parlait	Le Télé-journal
SHOW	616	521	"Dukes-Hazzard"	★★ "Get Smart" (2008) Steve Carell. Agent Maxwell Smart battles the KAOS crime syndicate.					Continuum "Second Guess" (DVS)		★★ "Behemoth" (2011, Science Fiction) Ed Quinn, Pascale Hutton. (DVS)				★★ "The Hangover Part II" (2011, Comedy) Bradley Cooper, Ed Helms.				"Hangover II"
SLICE	601	562	The Millionaire Matchmaker		King of the Nerds "Trek Wars"		Surviving Evil "Wolves at the Door"		Surviving Evil "Home Invasion"		Obsessions "Living Dolls" (DVS)		★★★ "Crazy, Stupid, Love." (2011, Romance-Comedy) Steve Carell, Ryan Gosling, Julianne Moore.				★★★ "Crazy, Stupid, Love." (2011)	
SPIKE	628	584	(1:53) "Star Wars IV: A New Hope" (1977)		(4:55) ★★★★ "Star Wars V: The Empire Strikes Back" (1980, Science Fiction) Mark Hamill, Harrison Ford, Carrie Fisher.				Cellblock 6: Female Lock Up		Cops (N)	Cops	Auction Hunters	Repo Games	Cops	Cops	Cops	Cops	Auction Hunters
TLC	521	560	Cellblock 6: Female Lock Up		Cellblock 6: Female Lock Up		Cellblock 6: Female Lock Up		Cellblock 6: Female Lock Up		Untold Stories of the E.R.		Secret Sex Lives "Unusual Sex" (N)		My Strange Addiction "I'm a Living Doll"		Untold Stories of the E.R.		Secret Sex Lives
TSN	400	400	Boxing	Curling Tim Horton's Brier, Draw 1. From Interior Savings Centre, Kamloops, B.C. (N) (Live)						SportsCentre	Sportscentre	FullTiltPoker.net Aussie Millions (N)	Curling Tim Horton's Brier, Draw 2. From Interior Savings Centre, Kamloops, B.C. (N) (Live)						
YOUTH	551	542	Japanizi	Japanizi	Japanizi	Japanizi	"Dear Dumb Diary" (2013) Emily Alyn Lind.				Assembly	Mr. Young	Japanizi	Japanizi	Mr. Young	Boys	Mr. Young	Boys	Dear Dia

Your week on TV

SUNDAY DAYTIME — MARCH 2, 2014

	Bell	Star	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30
WCAX 3	-	-	Channel 3 News Sunday Morning (N)		CBS News Sunday Morning (N)			Face the Nation (N)	You Can Quote Me	This Old House	Supercross: Behind the Dream (N)		Bull Riding PBR Iron Cowboy V. (Taped)		College Basketball Marquette at Villanova. (N) (Live)			
WPTZ 5	-	-	Today (N)		Meet the Press (N)		On the Money (N)	Homeowner	Cindy's Secrets	Paid Program	NHL Hockey Philadelphia Flyers at Washington Capitals. From Verizon Center in Washington, D.C. (N) (Live)						PGA Tour Golf Honda Classic, Final Round.	
CBMT 6	206	301	Coronation Street	Coronation Street	Coronation Street	Coronation Street	Coronation Street	Marketplace	Our Montreal Host Sonali Karnick.		Maamuitaau	Mansbridge	Q With Jian Ghomeshi (N)		Recipe to Riches Creating the best dessert.		Hockey Night in Canada: Hockey Tonight	
CHLT 7	107	718	(6:00) Salut, bonjour! Week-end (N) (SC)				(9:56) ★★★ "Le Terminal" (2004) Tom Hanks. Un Européen se lie d'amitié avec une hôtesse de l'air. (SC)				La victoire de l'amour		Qu'est-ce qu	Infopublicité (SC)	(:15) ★★ "Des extraterrestres dans le grenier" (2009) Carter Jenkins, Austin Butler. (SC)			
WMTW 8	-	-	Good Morning America (N)		This Week W/ George Stephanopoulos		This Old House	Teen Kids News (N)	Made in Hollywood	Paid Program	Paid Program	NBA	NBA Basketball New York Knicks at Chicago Bulls. From the United Center in Chicago. (N) (Live)				Homes & Estates	
CKSH 9	108	-	Gawayn	Motel Monstre	Walter & Tandoori	Oniva "À l'envers"	Le Jour du Seigneur (N) (SC)		Les Coulisses du pouvoir (N) (SC)		Telejournal	La semaine verte (SC)		Second Regard (N)	Zone doc "Le dernier des fantassins" (SC)		"Noémie: Le Secret" (2009) Camille Felton.	
CKMI 11	-	-	Fishful Thinking	Hospital for Sick Kids		Lorna Dueck	Joel Osteen	Paid Program	The West Block	Focus Montreal	16x9		Ice Pilots Power failure exposes Rankin Inlet.		The Simpsons	The Simpsons	PGA Tour Golf Honda Classic, Final Round.	
CFCF 12	205	312	App Central	etalk	World Vision		Biker TV	Church of the Rock	Question Period (N)		Kevin Newman Live		★★★★ "The Wizard of Oz" (1939) Judy Garland. A tornado whisks a Kansas farm girl to a magic land.				Movie Night	
WVNY 22	-	-	Good Morning America (N)		This Week W/ George Stephanopoulos		Key of David	Riches!	Paid Program	Paid Program	Paid Program	NBA	NBA Basketball New York Knicks at Chicago Bulls. From the United Center in Chicago. (N) (Live)				Paid Program	
WUTV 30	-	-	Earnest Angley		FOX News Sunday With Chris Wallace (N)		Key of David	Real Estate	Johnny Carson	Crowd Funder	★★★ "My Mom's New Boyfriend" (2008) Antonio Banderas, Meg Ryan, Colin Hanks.				Shaun T's Focus T25		NASCAR Racing Sprint Cup: The Profit on CNBC 500. (N)	
CFKS 31	106	726	Aubaines & cie (N)		Trucs & cie (N)		RPM (N)		Puissance 3 (N)		Par-dessus le	Bonne nouvelle	Merlin Arthur et Merlin retrouvent Morgane.		★★★ "Miss Pettigrew et le jour de sa vie" (2008) Frances McDormand, Amy Adams.			
WUHF	-	363	Workout	Key of David	FOX News Sunday With Chris Wallace (N)		Paid Program	Paid Program	Sleep Better!	Cleaning Secrets	★★★ "Unfaithful" (2002) Richard Gere, Diane Lane. A housewife has an affair with a charming stranger.						NASCAR Racing Sprint Cup: The Profit on CNBC 500. (N)	
WETK	-	-	Easy Yoga: The Secret to Strength		Suze Orman's Financial Solutions For You Finding financial solutions.				McLaughlin Group	Vermont This Week	Rick Steves' Italy: Cities of Dreams Touring Rome, Venice and Florence.				Moments to Remember: My Music 1950s and '60s hits.			
WCFE	-	-	The Week in France	CrossTalk (N)	World Affairs Today		Global Ethics	After 10	Taiwan Outlook (N)		The Heat (N)	In the Newsroom	European Journal	drive it!	Hablemos de Salud		Don Matteo "Stolen Love"	
A&E	615	520	Criminal Minds "The Wheels on the Bus ..."		Bates Motel "First You Dream, Then You Die"		Bates Motel Dylan begins causing trouble.		Bates Motel Dylan begins his new job.		Bates Motel "Trust Me"		Bates Motel "Ocean View"		Bates Motel "The Truth"		Bates Motel "The Man in Number 9"	
BRAVO	620	523	Cold Squad "Common Knowledge"		Twice in a Lifetime "Mama Mia"		Missing Brooke tries to stop an execution.		Castle Evidence contradicts a confession.		The Mentalist "The Great Red Dragon"		Suits "The Other Time"		Suits Harvey and Stephen clash.		Suits Harvey, Mike and Jessica fight betrayal.	
CNN	500	500	New Day	Politics	State of the Union		Fareed Zakaria GPS		Reliable Sources (N)		State of the Union		Fareed Zakaria GPS		CNN Newsroom (N)		CNN Newsroom (N)	
DISC	520	505	Cash Cab	How It's Made	Pyros Doing pyro Mexican style.		MythBusters		MythBusters Testing an exploding still.		Highway Thru Hell "Suck It Up Princess"		Dangerous Flights "Cockpit Crisis"		Gold Rush Todd's claim owner arrives.		Yukon Men Reserves are dwindling.	
HIST	522	506	Paid Program	Paid Program	Cindy's Secrets	Paid Program	Pawn Stars	Pawn Stars	Yukon Gold "Behind the Eight Ball"		Swamp People "Gator Jacked"		Pawn Stars UK "Marco In Wonderland"		Pawn Stars UK "Pawn Shop Poet"		Pawn Stars UK "Wicked Harley"	
RDI	126	730	(5:30) RDI matin						RDI en direct (SC)	L'épicerie (SC)	Telejournal	Les Coulisses du pouvoir (SC)		RDI en direct (SC)	RDI en direct (SC)	RDI en direct (SC)	Regard sur la Russie	
SHOW	616	521	Paid Program	Paid Program	Paid Program	Paid Program	"Kiss at Pine Lake" (2012, Romance) Barry Watson, Mia Kirshner, Bill Engvall.				★★★ "Indiana Jones and the Temple of Doom" (1984, Adventure) Harrison Ford, Kate Capshaw.					★★★ "Indiana Jones and the Last Crusade" (1989)		
SLICE	601	562	Cold Plasma	Paid Program	Extreme Collectors	Extreme Collectors	Intervention Canada "Katie"		Too Fat to Live (N)		★★ "Evan Almighty" (2007, Comedy) Steve Carell, Morgan Freeman.				★★ "Dinner for Schmucks" (2010, Comedy) Steve Carell, Paul Rudd.			
SPIKE	628	584	Sexiest Bodies of 2014!		Off Road	Engine Power	Detroit Muscle	Truck Tech	Bar Rescue "Rock 'N Roaches"		Cops	★★★★ "Star Wars IV: A New Hope" (1977) Mark Hamill, Harrison Ford. Young Luke Skywalker battles evil Darth Vader.						"Star Wars V"	
TLC	521	560	Dr. Fred Price	Jillian Michaels	Say Yes: Bride	Say Yes: Bride	Say Yes: Bride	Say Yes: Bride	Say Yes: Bride	Say Yes: Bride	Say Yes: Bride	Say Yes: Bride	The Little Couple	The Little Couple	The Little Couple	The Little Couple	The Little Couple	The Little Couple
TSN	400	400	SportsCentre		SportsCentre		The Reporters	SportsCentre		Curling Tim Horton's Brier, Draw 3. From Interior Savings Centre, Kamloops, B.C. (N) (Live)						E:60 (N)	'51 Dons (N)	
YOUTH	551	542	Pet Shop	Sidekick	Sponge.	Sponge.	Parents	Monsters	Sam & Cat	Hathaways	Thunder	Assembly	Japanizi	★★★ "Free Willy" (1993) Lori Petty			Free Willy	

SUNDAY EVENING — MARCH 2, 2014

	Bell	Star	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	College Basketball Ohio State at Indiana. (N) (Live)				Channel 3 News	Evening News	60 Minutes (N)		The Amazing Race "Baby Bear's Soup"		The Mentalist Patrick meets Red John.		The Good Wife "The Decision Tree"		Channel 3 News	CSI: Miami "Burned"	
WPTZ 5	-	-	(3:00) PGA Tour Golf Honda Classic, Final Round. From Palm Beach Gardens, Fla. (N)				News	Nightly News	Dateline NBC Survivors of the Westgate Mall attack.				(:04) The Voice "The Blind Auditions Premiere" Vocalists compete in blind auditions.				Newschannel 5	(:35) The Closer "The Butler Did It"	
CBMT 6	206	301	NHL Hockey Heritage Classic -- Ottawa Senators at Vancouver Canucks. From BC Place Stadium in Vancouver, B.C. (N) (Live)						Heartland "Living the Moment"		Four Rooms		Dragons' Den		The National (N)		CBC News	Looming	the fifth estate
CHLT 7	107	718	(3:56) "Le Journal d'Aurélie Laflamme" (2010, Comédie) Marianne Verville. (SC)				TVA nouvelles (N)	Vlog (N) (SC)	LOL :-) (N) (SC)	La voix (N) (SC)				Accès illimité (N) (SC)		TVA nouvelles (N)	★★★ "Cuirassé en péril" (1992, Action) Steven Seagal. (SC)		
WMTW 8	-	-	We Have a Dream Inspirational black Americans.				WMTW News 8	World News	Oscars Red Carpet Live! Guests arrive for the awards ceremony.		The Oscars Honors for achievements in film. (N) (Live)						WMTW News 8	Jimmy Kimmel	
CKSH 9	108	-	(3:00) "Noémie: Le Secret" (2009)		Le choc des générations (N) (SC)		Le Télé-journal (N)	Découverte "Ramer l'Atlantique" (N) (SC)		Dieu-Laflaque	Tout le monde en parle (N) (SC)					Le Télé-journal (N)	Pour soir seulement	(:28) "En terrains connus" (2011) (SC)	
CKMI 11	-	-	(3:00) PGA Tour Golf Honda Classic, Final Round. From Palm Beach Gardens, Fla. (N)				Evening News (N)	Global National	Border Security	American Dad	The Simpsons	Bob's Burgers	Family Guy	American Dad	The Good Wife "The Decision Tree"		News Final	The West Block	Focus Montreal
CFCF 12	205	312	etalk's Ultimate Oscar Guide		CTV News (N)		The Amazing Race "Baby Bear's Soup"		Oscars Red Carpet Live! Guests arrive for the awards ceremony.		The Oscars Honors for achievements in film. (N) (Live)						News-Rinaldo	CTV News (N)	
WVNY 22	-	-	Riches!	I Hate My Wrinkles!	Paid Program	Riches!	World News	ABC 22 News (N)	Oscars Red Carpet Live! Guests arrive for the awards ceremony.		The Oscars Honors for achievements in film. (N) (Live)						Local News	Jimmy Kimmel	
WUTV 30	-	-	(2:30) NASCAR Racing Sprint Cup: The Profit on CNBC 500. (N) (Live)				Paid Program	Real Estate	Bob's Burgers	American Dad	The Simpsons	Bob's Burgers	Family Guy	American Dad	2 on Your Side at 10	Big Bang Theory	Ring of Honor Wrestling		Seinfeld
CFKS 31	106	726	★★ "Trouve ta voix" (2004, Drame) Hilary Duff, Oliver James, David Keith. (SC)				L'amour est dans le pré		L'amour est dans le pré		★★ "2012" (2009, Action) John Cusack, Chiwetel Ejiofor, Amanda Peet. Des gens s'efforcent de survivre à la suite d'un cataclysme.						L'instant gagnant		
WUHF	-	363	(2:30) NASCAR Racing Sprint Cup: The Profit on CNBC 500. (N) (Live)				Guthy Renker	Big Bang Theory	Bob's Burgers	American Dad	The Simpsons	Bob's Burgers	Family Guy	American Dad	WHAM News	30 Rock	Paid Program	Workout	Arsenio Hall
WETK	-	-	Moments-Music	Daniel O'Donnell: Stand Beside Me			Masterpiece Classic Lady Rose meets the Prince of Wales. (DVS)				Trains Around North America America's railroad history.						The Blood Sugar Solution 10-Day Detox Diet		
WCFE	-	-	Don Matteo "The Heart's Somersaults"		RT News (N) (El)	Journal (N)	Newsweek-Asia	Afghan Report	France 24 News (N) (El)		RT News (N)	Newsline (N)	Crimes of Passion "Roses Kisses and Death" Gabriella's grandfather poisoned. (N)				Euromaxx Highlights	European Journal	Crimes of Passion
A&E	615	520	Bates Motel "A Boy and His Dog"		Bates Motel "Underwater"		Bates Motel "Midnight"		Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty	(:01) Duck Dynasty	(:31) Duck Dynasty	Duck Dynasty
BRAVO	620	523	Suits Harvey and Scottie battle again.		Suits "Stay" An old nemesis returns.		Cold Squad "Common Knowledge"		Missing Brooke tries to stop an execution.		Person of Interest "Last Call" (N)		★★★ "Brokeback Mountain" (2005) Heath Ledger. Two cowboys maintain a secret romance over many years.				(:45) ★★★ "Beginners" (2010)		
CNN	500	500	CNN Newsroom (N)		CNN Newsroom (N)		Hollywood's Biggest Night			P Walker	Anthony Bourd.		CNN Special (N)				CNN Special (N)		
DISC	520	505	Yukon Men The village wreckage.		Yukon Men "Wolf Invasion"		Yukon Men A cold snap grips Tanana.		Yukon Men Goose hunting season.		Yukon Men "River Rising"		Yukon Men Driftwood flows.		Yukon Men "Season of Change"		Bering Sea Gold: Under the Ice		Bering Sea G.
HIST	522	506	Counting Cars	Counting Cars	Pawn Stars	Pawn Stars	Restoration	Restoration	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Yukon Gold "Behind the Eight Ball"		Swamp People "Gator Jacked"		Pawn Stars
RDI	126	730	RDI en direct (SC)	Journal France 2	Le Télé-journal	La facture (SC)	Enquête (SC)		RDI en direct (SC)	RDI en direct (SC)	Les persévérants (SC)		Le Télé-journal	Les Coulisses du pouvoir (SC)		Second Regard	Le Télé-journal	L'épicerie (SC)	Le Télé-journal
SHOW	616	521	"Indiana Jones and the Last Crusade"		Helix Alan undertakes a dangerous mission.		"Kiss at Pine Lake" (2012, Romance) Barry Watson, Mia Kirshner, Bill Engvall.				Beauty and the Beast (N)		Continuum "Second Last" (DVS)		NCIS "Child's Play"		Beauty and the Beast		NCIS
SLICE	601	562	"Dinner-Schm"	★★★ "Crazy, Stupid, Love." (2011, Romance-Comedy) Steve Carell, Ryan Gosling, Julianne Moore.					Obsessions "Living Dolls" (DVS)		Intervention Canada "Katie"		Too Fat to Live		Eat St.	Eat St.	Too Fat to Live		"Dinner-Schm"
SPIKE	628	584	(3:35) ★★★★ "Star Wars V: The Empire Strikes Back" (1980, Science Fiction) Mark Hamill, Harrison Ford.				(:45) ★★★ "Star Wars VI: Return of the Jedi" (1983) Mark Hamill, Harrison Ford. Luke and his allies have a confrontation with Darth Vader.								Bar Rescue "Meat Sauna"		Bar Rescue "Tears for Beers"		Bar Rescue
TLC	521	560	The Little Couple	The Little Couple	The Little Couple	The Little Couple	The Little Couple "Countdown to India"		My 600-Lb. Life "James' Story"		My 600-Lb. Life "Paula's Story"		My 600-Lb. Life "Chuck's Story"		My 600-Lb. Life "Chuck's Story"		My 600-Lb. Life "Chuck's Story"		My 600-Lb. Life
TSN	400	400	(3:30) '51 Dons (N)	Curling Tim Horton's Brier, Draw 4. From Interior Savings Centre, Kamloops, B.C. (N) (Live)						SportsCentre	Feb. Plays	FullTiltPoker.net Aussie Millions (N)		Curling Tim Horton's Brier, Draw 5. From Interior Savings Centre, Kamloops, B.C. (N) (Live)					
YOUTH	551	542	★ "Free Willy: Escape From Pirate's Cove"				★★★ "Dolphin Tale" (2011) Harry Connick Jr.				Super Evil	Japanizi	Japanizi		Mr. Young	Boys	Mr. Young	Boys	Dolphin

Your week on TV

MONDAY EVENING — MARCH 3, 2014

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	Channel 3 News at Six (N)		CBS Evening News/Pelley	Entertainment Tonight (N)	How I Met Your Mother	2 Broke Girls (N)	Mike & Molly (N)	Mom (N)	Intelligence "Athens" A virus wipes out Gabriel's memory.		Channel 3 News	(:35) Late Show With David Letterman (N)	
WPTZ 5	-	-	Newschannel 5 at 6PM (N)	NBC Nightly News (N)	Jeopardy! (N)	Wheel of Fortune (N)	The Voice "The Blind Auditions Continue" Vocalists take part in blind auditions. (N)		(:01) The Blacklist "The Judge" (N)		Newschannel 5 Nightcast		(:34) The Tonight Show Starring Jimmy Fallon (N)		
CBMT 6	206	301	CBC News: Montreal (N)	Rick Mercer Report	Stroumboulopoulos	Coronation Street (N)	Murdoch Mysteries Julia and Emily go to a party. (N)		Mr. D "Old School" (N)	The Ron James Show	The National (N)		CBC News: Montreal	Stroumboulopoulos	22 Minutes
CHLT 7	107	718	(5:58) TVA nouvelles (N)	Le tricheur (N) (SC)	Faites-moi confiance (N)	La voix (N) (SC)	Yamaska (N) (SC)		Les jeunes loups Virginie Mercier garde le silence. (N)		TVA nouvelles (N)	(:35) Denis Lévesque (N) (SC)		(:35) Signé M (SC)	"Folies de graduation"
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N)	Jeopardy! (N)	The Bachelor "The Women Tell All" (N)			(:32) Mixology	(:01) Castle An undercover operation goes awry. (N)		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live (N)	
CKSH 9	108	-	Le Téléjournal/Estrie	TJ-Grand Mtl	30 vies (N) (SC)	Les Parent "Le voyage"	L'Auberge du chien noir "Deux enterrements" (N)		Série noire (N) (DVS) (SC)		Le Téléjournal (N) (SC)	Nouvelles-sport	(:05) Entrée principale (SC)		L'union fait la force (SC)
CKMI 11	-	-	Evening News (N)	Global National (N)	ET Canada	Entertainment Tonight (N)	Almost Human "Straw Man" A copycat serial killer.		Remedy Behind the doors of Bethune Hospital.		(:01) The Blacklist "The Judge" (N)		News Final (N)	ET Canada	The Test
CFCF 12	205	312	CTV News (N)		etalk (N)	The Big Bang Theory	MasterChef Canada A Mystery Box Challenge. (N)		The Following Max is faced with a new threat. (N)		Intelligence "Athens" A virus wipes out Gabriel's memory.		News-Lisa	CTV News (N)	Daily Show/ Jon Stewart
WVNY 22	-	-	ABC 22 News (N)	ABC World News	ABC 22 News (N)	Inside Edition (N)	The Bachelor "The Women Tell All" (N)			(:32) Mixology	(:01) Castle An undercover operation goes awry. (N)		ABC 22 News (N)	(:35) Jimmy Kimmel Live (N)	
WUTV 30	-	-	The Big Bang Theory	Judge Judy	Judge Judy	Two and a Half Men	Almost Human "Straw Man" A copycat serial killer.		The Following Max is faced with a new threat. (N)		2 on Your Side at 10	Two and a Half Men	The Simpsons	How I Met Your Mother	The Middle "The Name"
CFKS 31	106	726	Tic tac show (N)	Souper parfait	Les jokers (N)	Les champions du web	Ces gars-là (N)	Brassard en direct	Le mentaliste Le propriétaire d'un site touristique. (N)		En mode Salvail (N)		Opération séduction (SC)	L'instant gagnant	
WUHF	-	363	Modern Family	Modern Family	The Big Bang Theory	The Big Bang Theory	Almost Human "Straw Man" A copycat serial killer.		The Following Max is faced with a new threat. (N)		13WHAM News at 10 on Fox Rochester (N)		The Arsenio Hall Show		Seinfeld
WETK	-	-	PBS NewsHour (N)		Moments to Remember: My Music 1950s and '60s hits.					Dr. Wayne Dyer: I Can See Clearly Now Determining one's life purpose.					
WCFE	-	-	RTE News: Six One (N)	South Asia Newsline (N)	The Debate (N) (EI)		RT News (N) (EI)	Newsline (N) (EI)	Don Matteo A radio DJ is killed during a broadcast. (N)		Don Matteo Capt. Anceschi becomes a murder suspect.		Biz Asia America (N)		Don Matteo "Live Murder"
A&E	615	520	Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty	Bates Motel Norman fixates on Miss Watson's death.		(:01) Those Who Kill "Pilot" (Series Premiere) (N)		Bates Motel: After Hours	Those Who Kill Homicide detective tracks serial killer.	
BRAVO	620	523	The Listener "Poisoned Minds" (DVS)		Flashpoint Bank employee tries to ransom his wife.		Blue Bloods "Friendly Fire" Danny shoots a cop.		Dallas "Trust Me" Sue Ellen's alliance is threatened.		Cold Justice Siegler and McClary travel to Alabama.		The Listener "Poisoned Minds" (DVS)		Criminal Minds
CNN	500	500	Situation Rm	(:28) Crossfire	Erin Burnett OutFront (N)		Anderson Cooper 360 (N)		Piers Morgan Live (N) (Live)		Anderson Cooper 360		Erin Burnett OutFront		Piers Morgan
DISC	520	505	How It's Made	How It's Made	Daily Planet Daily science show. (N) (DVS)		How It's Made (N)	How It's Made	MythBusters Herding cats; catching a greased pig. (N)		Bering Sea Gold The Pomrenkes ask Hank for help. (N)		How It's Made	How It's Made	MythBusters
HIST	522	506	Bomb Hunters A legendary bomb hunter returns.		Canadian Pickers "Pinball Wizard"		Treasures Decoded Analyzing the Shroud of Turin.		America Unearthed "Giants in Minnesota"		Counting Cars (N)	Counting Cars (N)	Canadian Pickers "Pinball Wizard"		Pawn Stars
RDI	126	730	Le National (SC)	RDI économie (SC)	24/60 (SC)		Les persévérants "La gestion du stress" (SC)		Le Téléjournal (SC)		RDI en direct (SC)	Le National	Le National	RDI économie (SC)	24/60 (SC)
SHOW	616	521	NCIS "The Namesake" A petty officer is shot.		Lost Girl "Scream a Little Dream"		★★ "Collision Earth" (2012) Kirk Acevedo. The planet Mercury is on a trajectory to crash into Earth.				Sherlock With London under threat of a terrorist attack, Sherlock Holmes is about to rise from the grave.				Elementary "Pilot"
SLICE	601	562	Eat St.	Eat St. "Hawaii-Thai-Oh"	Border Security	Border Security	Ex-Wives of Rock	Ex-Wives of Rock	The Real Housewives of Atlanta "Dropping the Ball" (N)		The Real Housewives of Atlanta (N)		Ex-Wives of Rock	Ex-Wives of Rock	Housewives/ Atl.
SPIKE	628	584	Repo Games	★★★ "Star Wars VI: Return of the Jedi" (1983, Science Fiction) Mark Hamill, Harrison Ford, Carrie Fisher. Luke and his allies have a confrontation with Darth Vader.						★★★ "Star Wars VI: Return of the Jedi" (1983, Science Fiction) Mark Hamill, Harrison Ford, Carrie Fisher. Luke and his allies have a confrontation with Darth Vader.					
TLC	521	560	Extreme Couponing	Extreme Couponing	Extreme Couponing	Extreme Couponing	Extreme Couponing	Extreme Couponing	Outrageous 911 A woman locked inside her vehicle.		Outrageous 911 A mother's fast food made wrong.		Outrageous 911 A woman locked inside her vehicle.		Outrageous 911
TSN	400	400	(4:30) Curling Tim Hortons Brier, Draw 6. (N) (Live)			SportsCentre (N) (Live)		That's Hockey! (N)	To Be Announced	Curling Tim Hortons Brier, Draw 7. From Interior Savings Centre, Kamloops, B.C. (N) (Live)					
YOUTH	551	542	Sam & Cat	Assembly	Hathaways	Thundermans	Japanizi	Babysitting	Laughs: Gags	Laughs: Gags	Babysitting	Splatalot	Mr. Young	Boys	Laughs: Gags

TUESDAY EVENING — MARCH 4, 2014

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	Channel 3 News at Six (N)		CBS Evening News/Pelley	Entertainment Tonight (N)	NCIS "Dressed to Kill" DiNozzo's father has a secret.		NCIS: Los Angeles An explosion at a fish market. (N)		(:01) Person of Interest "RAM" (N)		Channel 3 News	(:35) Late Show With David Letterman (N)	
WPTZ 5	-	-	Newschannel 5 at 6PM (N)	NBC Nightly News (N)	Jeopardy! (N)	Wheel of Fortune (N)	The Voice Vocalists tackle blind auditions. (N)		(:01) About a Boy (N)	(:31) Growing Up Fisher (N)	Chicago Fire Severide is frustrated with the police. (N)		Newschannel 5 Nightcast	(:34) The Tonight Show Starring Jimmy Fallon (N)	
CBMT 6	206	301	CBC News: Montreal (N)	Rick Mercer Report	Stroumboulopoulos	Coronation Street (N)	Rick Mercer Report (N)	22 Minutes (N)	Arctic Air Caitlin's first solo flight goes wrong. (N)		The National (N)		CBC News: Montreal	Stroumboulopoulos	22 Minutes
CHLT 7	107	718	(5:58) TVA nouvelles (N)	Le tricheur (N) (SC)	Faites-moi confiance (N)	Tranches de vie (SC)	Destinées Bernard renonce à aller travailler aux États-Unis.		O' Le clan O'Hara est plus déchiré que jamais. (N) (SC)		TVA nouvelles (N)	(:35) Denis Lévesque (N) (SC)		(:35) Signé M (SC)	"Folies de graduation"
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N)	Jeopardy! (N)	Marvel's Agents of S.H.I.E.L.D. "T.A.H.I.T.I." (N)		(:01) The Goldbergs (N)	(:31) Trophy Wife (N)	Mind Games Ross wants to declare a truce. (N)		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live (N)	
CKSH 9	108	-	Le Téléjournal/Estrie	TJ-Grand Mtl	30 vies (N) (SC)	La facture (N) (SC)	Unité 9 (N) (DVS) (SC)		Mémoires vives (N) (DVS) (SC)		Le Téléjournal (N) (SC)	Nouvelles-sport	(:05) Entrée principale (SC)		L'union fait la force (SC)
CKMI 11	-	-	(5:59) Evening News (N)	Global National (N)	ET Canada	Entertainment Tonight (N)	NCIS "Dressed to Kill" DiNozzo's father has a secret.		NCIS: Los Angeles An explosion at a fish market. (N)		Chicago Fire Severide is frustrated with the police. (N)		News Final	ET Canada	The Test
CFCF 12	205	312	CTV News (N)		etalk (N)	The Big Bang Theory	Marvel's Agents of S.H.I.E.L.D. "T.A.H.I.T.I." (N)		(:01) The Goldbergs (N)	(:31) Trophy Wife (N)	(:01) Person of Interest "RAM" (N)		News-Lisa	CTV News (N)	Daily Show/ Jon Stewart
WVNY 22	-	-	ABC 22 News (N)	ABC World News	ABC 22 News (N)	Inside Edition (N)	Marvel's Agents of S.H.I.E.L.D. "T.A.H.I.T.I." (N)		(:01) The Goldbergs (N)	(:31) Trophy Wife (N)	Mind Games Ross wants to declare a truce. (N)		ABC 22 News (N)	(:35) Jimmy Kimmel Live (N)	
WUTV 30	-	-	The Big Bang Theory	Judge Judy	Judge Judy	Two and a Half Men	Glee "Trio" A lock-in at the school. (N) (DVS)		New Girl "Sister III" (N)	Brooklyn Nine-Nine (N)	2 on Your Side at 10	Two and a Half Men	The Simpsons	How I Met Your Mother	The Middle
CFKS 31	106	726	Tic tac show (N)	Souper parfait	Taxi payant (N)	Rire et délire	CSI: Miami (N)		NCIS: Los Angeles (N) (Partie 2 de 2) (DVS)		En mode Salvail (N)		Opération séduction (SC)	L'instant gagnant	
WUHF	-	363	Modern Family	Modern Family	The Big Bang Theory	The Big Bang Theory	Glee "Trio" A lock-in at the school. (N) (DVS)		New Girl "Sister III" (N)	Brooklyn Nine-Nine (N)	13WHAM News at 10 on Fox Rochester (N)		The Arsenio Hall Show		Seinfeld
WETK	-	-	PBS NewsHour (N)		Ed Sullivan's Rock and Roll Classics -- The 60s (My Music) Some of the biggest hits of the 1960s.				Heartbeat of Home Dancers move to the rhythms of Africa.				Suze Orman's Financial Solutions For You Finding financial solutions.		
WCFE	-	-	RTE News: Six One (N)	South Asia Newsline (N)	The Debate (N) (EI)		RT News (N) (EI)	Newsline (N) (EI)	Donna Detective "Human Error" Lisa investigates the death of a nun. (N)				Biz Asia America (N)		Donna Detective
A&E	615	520	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	(:01) Storage Wars	(:31) Storage Wars	(12:01) Storage Wars
BRAVO	620	523	The Listener An escaped criminal must be caught.		Flashpoint A student brings a gun to school.		Blue Bloods Jamie starts working with a new partner.		Motive "Framed" A nerdy gun collector. (DVS)		Perception Lewicki's brother shows up unannounced. (N)		The Listener An escaped criminal must be caught.		Criminal Minds Cults.
CNN	500	500	Situation Rm	(:28) Crossfire	Erin Burnett OutFront (N)		Anderson Cooper 360 (N)		Piers Morgan Live (N) (Live)		Anderson Cooper 360		Erin Burnett OutFront		Piers Morgan
DISC	520	505	How It's Made	How It's Made	Daily Planet Daily science show. (N) (DVS)		Gold Rush - The Dirt "Judgment Day" (N)		Gold Rush "Parker Special 1" (N)		Cold Water Cowboys "Outwit, Outsmart, Outplay" (N)		Dangerous Flights "Throttle Forward" (DVS)		Gold Rush
HIST	522	506	Treasures Decoded Analyzing the Shroud of Turin.		America Unearthed "Giants in Minnesota"		Counting Cars	Counting Cars	Pawn Stars "The Enigma"	Pawn Stars (N)	Cryptid: The Swamp Beast "The Awakening"		Yukon Gold An employee keeps breaking equipment.		Pawn Stars "Security"
RDI	126	730	Le National (SC)	RDI économie (SC)	24/60 (SC)		Grands reportages (SC)		Le Téléjournal (SC)		RDI en direct (SC)	Le National	Le National	RDI économie (SC)	24/60 (SC)
SHOW	616	521	NCIS "Shell Shock, Part I" A Navy lieutenant is murdered.		Lost Girl "Mirror, Mirror"		"The Killing Game" (2011) Laura Prepon. A forensic sculptor receives clues from her daughter's murderer.				Devious Maids Genevieve lies about her age.		Continuum Travis gets a second CPS suit. (DVS)		Rizzoli & Isles
SLICE	601	562	Princess "Sarah D."	Princess "Rachel"	Border Security	Border Security	Money Moron	Money Moron	Vanderpump Rules A dinner party at SUR. (N)		The Real Housewives of Beverly Hills (N)		Money Moron	Money Moron	Vanderpump Rules
SPIKE	628	584	Ink Master The artists paint Dave's own guitars.		Ink Master The artists are pitted against Oliver.		Ink Master Athletes choose their artists.		Ink Master The judges reveal the next Ink Master.		Ink Master Poisonous scorpions; one artist snaps. (N)		Tattoo Nightmares (N)	Tattoo Nightmares	Tattoo Nightmares
TLC	521	560	The Little Couple	The Little Couple	The Little Couple	The Little Couple	The Little Couple	The Little Couple	The Little Couple: Big Updates "Countdown to India"		The Little Couple Leaving for India to pick up Zoey.		(:02) The Little Couple: Big Updates		(12:01) The Little Couple
TSN	400	400	(4:30) Curling Tim Hortons Brier, Draw 9. (N) (Live)			SportsCentre (N) (Live)		NHL on TSN: Countdown to TradeCentre (N) (Live)		Curling Tim Hortons Brier, Draw 10. From Interior Savings Centre, Kamloops, B.C. (N) (Live)					
YOUTH	551	542	Japanizi	iCarly "iPilot"	Sam & Cat	Mr. Young	Mr. Young	Boys	Laughs: Gags	Laughs: Gags	Babysitting	Splatalot	Mr. Young	Boys	Laughs: Gags

Your week on TV

WEDNESDAY EVENING — MARCH 5, 2014

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	Channel 3 News at Six (N)		CBS Evening News/Pelley	Entertainment Tonight (N)	Survivor (N)		Criminal Minds "Persuasion" (N) (DVS)		CSI: Crime Scene Investigation "Killer Moves" (N)		Channel 3 News	(:35) Late Show With David Letterman (N)	
WPTZ 5	-	-	Newschannel 5 at 6PM (N)	NBC Nightly News (N)	Jeopardy! (N)	Wheel of Fortune (N)	Revolution Aaron wakes to a world that has power. (N)		Law & Order: Special Victims Unit "Gridiron Soldier"		(:01) Chicago PD Ruzek helps Burgess get retribution.		Newschannel 5 Nightcast	(:34) The Tonight Show Starring Jimmy Fallon (N)	
CBMT 6	206	301	CBC News: Montreal (N)	Rick Mercer Report	Stroumboulopoulos	Coronation Street (N)	Dragons' Den On the edge of their seats. (N)		Recipe to Riches "Entrees" A military man, a designer.		The National (N)		CBC News: Montreal	Stroumboulopoulos	22 Minutes
CHLT 7	107	718	(5:58) TVA nouvelles (N)	Le tricheur (N) (SC)	La poule aux oeufs d'or (N)	La voix (N) (SC)	Fort Boyard On fait place aux éliminatoires. (N) (SC)		Les beaux malaises (N)	Un sur 2 (N) (SC)	TVA nouvelles (N)	(:35) Denis Lévesque (N) (SC)		(:35) Signé M (SC)	"Océan noir 2: La Dérive"
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N)	Jeopardy! (N)	The Middle (N)	Suburgatory (N)	Modern Family (N)	(:31) Mixology "Liv & Ron"	Nashville Money trouble plagues Rayna's label. (N)		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live (N)	
CKSH 9	108	-	Le Téléjournal/Estrie	TJ-Grand Mtl	30 vies (N) (SC)	L'épicerie (N) (SC)	Les enfants de la télé (N) (SC)		Trauma "Attirance et indifférence" (N) (DVS) (SC)		Le Téléjournal (N) (SC)	Nouvelles-sport	(:05) Entrée principale (SC)		L'union fait la force (SC)
CKMI 11	-	-	(5:59) Evening News (N)	Global National (N)	ET Canada	Entertainment Tonight (N)	Survivor (N)		Big Brother Canada		(:01) Chicago PD Ruzek helps Burgess get retribution.		News Final (N)	ET Canada	The Test
CFCF 12	205	312	CTV News (N)		The Big Bang Theory	Mixology "Liv & Ron" (N)	Arrow Oliver learns Slade is in Starling City. (N)		Criminal Minds "Persuasion" (N) (DVS)		CSI: Crime Scene Investigation "Killer Moves" (N)		News-Lisa	CTV News (N)	Daily Show/ Jon Stewart
WVNY 22	-	-	ABC 22 News (N)	ABC World News	ABC 22 News (N)	Inside Edition (N)	The Middle (N)	Suburgatory (N)	Modern Family (N)	(:31) Mixology "Liv & Ron"	Nashville Money trouble plagues Rayna's label. (N)		ABC 22 News (N)	(:35) Jimmy Kimmel Live (N)	
WUTV 30	-	-	The Big Bang Theory	Judge Judy	Judge Judy	Two and a Half Men	American Idol "12 Finalists Perform" The dozen remaining finalists perform. (N) (Live)				2 on Your Side at 10	Two and a Half Men	The Simpsons	How I Met Your Mother	The Middle "Dollar Days"
CFKS 31	106	726	Tic tac show (N)	Souper parfait	Merlin Morgane élabore un plan machiavélique. (N)		Personne d'intérêt "Pour quelques milliards" (N)		Les disciples Olivia Warren aide Joe Carroll. (N)		En mode Salvail (N)		Opération séduction (SC)	L'instant gagnant	
WUHF	-	363	Modern Family "The Kiss"	Modern Family	The Big Bang Theory	The Big Bang Theory	American Idol "12 Finalists Perform" The dozen remaining finalists perform. (N) (Live)				13WHAM News at 10 on Fox Rochester (N)		The Arsenio Hall Show		Seinfeld "The Trip"
WETK	-	-	PBS NewsHour (N)		Celtic Woman: Emerald Emerald Isles' musical heritage.				60s Pop, Rock & Soul (My Music) Artists and groups from the 1960s.				3 Steps to Incredible Health! With Joel Fuhrman, M.D. Joel Fuhrman's health plan.		
WCFE	-	-	RTE News: Six One (N)	South Asia Newsline (N)	The Debate (N) (El)		RT News (N) (El)	Newsline (N) (El)	Spiral Police watch Niko's prostitution ring. (N)		Spiral Police tighten their surveillance operation. (N)		Biz Asia America (N)		Spiral
A&E	615	520	Wahlburgers Discussing plans for the restaurant.		Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty (N)	(:31) Wahlburgers (N)	(:01) Bates Motel "Gone but Not Forgotten"		(12:01) Duck Dynasty
BRAVO	620	523	The Listener "Crossed" Toby doubts his abilities.		Flashpoint A dying woman goes on a crime spree.		Blue Bloods Erin reopens a case Frank worked on.		19-2 "Turf" Nick and Ben are haunted by a cover-up.		Homeland Dana is surprised at the hospital. (N)		(:15) The Listener "Crossed" Toby doubts his abilities.		(12:15) Criminal Minds
CNN	500	500	Situation Rm	(:28) Crossfire	Erin Burnett OutFront (N)		Anderson Cooper 360 (N)		Piers Morgan Live (N) (Live)		Anderson Cooper 360		Erin Burnett OutFront		Piers Morgan
DISC	520	505	How It's Made	How It's Made	Daily Planet Daily science show. (N) (DVS)		Bear Grylls: Escape From Hell "Jungle" (N)		Salvage Hunters Drew and Tee head to Ireland.		MythBusters Herding cats; catching a greased pig.		How It's Made	How It's Made	Bear Grylls: Escape From
HIST	522	506	Yukon Gold An employee keeps breaking equipment.		Pawn Stars "The Enigma"	Pawn Stars	American Restoration	American Restoration	Swamp People (N)		Yukon Gold A crew member's dismissal. (N)		Outlaw Bikers "Angels Descending" "Mom" Boucher.		Pawn Stars
RDI	126	730	Le National (SC)	RDI économie (SC)	24/60 (SC)		Grands reportages (SC)		Le Téléjournal (SC)		RDI en direct (SC)	Le National	Le National	RDI économie (SC)	24/60 (SC)
SHOW	616	521	NCIS Capt. Wescott helps track a terrorist.		Lost Girl "BrotherFae of the Wolves"		"Kiss at Pine Lake" (2012) Barry Watson. A man rekindles an old romance while trying to save a camp.				NCIS The team investigates a plane crash. (DVS)		NCIS Searching for a missing Marine. (DVS)		NCIS "Sins of the Father"
SLICE	601	562	Property Virgins	Property Virgins	Border Security	Border Security	Lost and Sold	Lost and Sold	Big Brother Canada (Season Premiere) (N)		Save Our Business "Under the Sea"		Lost and Sold	Lost and Sold	Big Brother Canada
SPIKE	628	584	(4:30) ★★★ "Coming to America" (1988)		★★ "Couples Retreat" (2009, Comedy) Vince Vaughn, Jason Bateman, Jon Favreau. Premiere. Four couples endure therapy sessions at a tropical resort.						★★ "Couples Retreat" (2009, Comedy) Vince Vaughn, Jason Bateman, Jon Favreau. Four couples endure therapy sessions at a tropical resort.				
TLC	521	560	Long Island Medium	Long Island Medium	The Little Couple Leaving for India to pick up Zoey.		My 600-Lb. Life Zsaylnn urgently needs to lose weight.		Hoarding: Buried Alive (N)		40-Year-Old Child: A New Case		Hoarding: Buried Alive		40-Year-Old Child
TSN	400	400	SportsCentre (N) (Live)		NHL Hockey Toronto Maple Leafs at New York Rangers. From Madison Square Garden in New York. (N) (Live)					Curling Tim Hortons Brier, Draw 13. From Interior Savings Centre, Kamloops, B.C. (N) (Live)					
YOUTH	551	542	Hathaways	Thundermans	Sam & Cat	Assembly	Mr. Young	Boys	Laughs: Gags	Laughs: Gags	Babysitting	Splatalot	Mr. Young	Boys	Laughs: Gags

THURSDAY EVENING — MARCH 6, 2014

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	Channel 3 News at Six (N)		CBS Evening News/Pelley	Entertainment Tonight (N)	The Big Bang Theory (N)	(:31) The Millers (N)	(:01) Two and a Half Men	(:31) The Crazy Ones	(:01) Elementary A man suspected of murdering his wife.		Channel 3 News	(:35) Late Show With David Letterman (N)	
WPTZ 5	-	-	Newschannel 5 at 6PM (N)	NBC Nightly News (N)	Jeopardy! (N)	Wheel of Fortune (N)	Community (N)	Parks and Recreation	(:01) Hollywood Game Night "Battle of the Champions"		Parenthood Kristina starts a new adventure. (N)		Newschannel 5 Nightcast	(:34) The Tonight Show Starring Jimmy Fallon (N)	
CBMT 6	206	301	CBC News: Montreal (N)	Coronation Street (N)	NHL Hockey Los Angeles Kings at Winnipeg Jets. From MTS Centre in Winnipeg, Manitoba. (N) (Live)						NHL Revealed: A Season Like No Other (N)		The National (N)		CBC News: Late Night (N)
CHLT 7	107	718	(5:58) TVA nouvelles (N)	Le tricheur (N) (SC)	Une minute pour gagner (SC)		On connaît la chanson Inv.: Jonas; Steve Hill. (N) (SC)		Juste pour rire: les obsessions des Québécois (N)		TVA nouvelles (N)	(:35) Denis Lévesque (N) (SC)		(:35) Signé M (SC)	"La Légende de Beowulf"
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N)	Jeopardy! (N)	Once Upon a Time in Wonderland "Nothing to Fear"		Grey's Anatomy The hospital announces a new policy. (N)		Scandal Fitz faces a harsh reality. (N)		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live (N)	
CKSH 9	108	-	Le Téléjournal/Estrie	Sortir	30 vies (N) (SC)	Infoman (N) (SC)	Prière de ne pas envoyer de fleurs Élise Guilbault. (N)		Enquête (N) (SC)		Le Téléjournal (N) (SC)	Nouvelles-sport	(:05) Entrée principale (SC)		L'union fait la force (SC)
CKMI 11	-	-	(5:59) Evening News (N)	Global National (N)	ET Canada	Entertainment Tonight (N)	About a Boy	(:31) The Millers (N)	Rake Keegan tries to help an old friend. (N) (DVS)		(:01) Elementary A man suspected of murdering his wife.		News Final (N)	ET Canada	The Test
CFCF 12	205	312	CTV News (N)		etalk (N)	Two and a Half Men (N)	The Big Bang Theory (N)	(:31) Spun Out	Grey's Anatomy The hospital announces a new policy. (N)		Motive "Raw Deal" A suspicious suicide. (DVS)		News-Lisa	CTV News (N)	Daily Show/ Jon Stewart
WVNY 22	-	-	ABC 22 News (N)	ABC World News	ABC 22 News (N)	Inside Edition (N)	Once Upon a Time in Wonderland "Nothing to Fear"		Grey's Anatomy The hospital announces a new policy. (N)		Scandal Fitz faces a harsh reality. (N)		ABC 22 News (N)	(:35) Jimmy Kimmel Live (N)	
WUTV 30	-	-	The Big Bang Theory	Judge Judy	Judge Judy	Two and a Half Men	American Idol The contestants face elimination. (N)		Rake Keegan tries to help an old friend. (N) (DVS)		2 on Your Side at 10	Two and a Half Men	The Simpsons	How I Met Your Mother	The Middle
CFKS 31	106	726	Tic tac show (N)	Souper parfait	District V (N)	Rire et délire (SC)	Nashville "Nashville, au coeur de la musique" (N)		L'amour est dans le pré (N)		En mode Salvail (N)		Opération séduction (SC)	L'instant gagnant	
WUHF	-	363	Modern Family	Modern Family	The Big Bang Theory	The Big Bang Theory	American Idol The contestants face elimination. (N)		Rake Keegan tries to help an old friend. (N) (DVS)		13WHAM News at 10 on Fox Rochester (N)		The Arsenio Hall Show		Seinfeld "The Trip"
WETK	-	-	PBS NewsHour (N)		Festive Europe	Daniel O'Donnell: Stand Beside Me Daniel O'Donnell performs in Detroit.			Great Performances "Bob Dylan: The 30th Anniversary Concert Celebration" Concert tribute to Bob Dylan.				Healing ADD With Dr. Daniel Amen, MD & Tana Amen, RN		
WCFE	-	-	RTE News: Six One (N)	South Asia Newsline (N)	The Debate (N) (El)		RT News (N) (El)	Newsline (N) (El)	Unni Lindell "The Night Sister" Isaksen continues his investigation. (N) (Part 2 of 2)				Biz Asia America (N)		Unni Lindell (Part 2 of 2)
A&E	615	520	The First 48 Corner-store shooting; strangled man.		Duck Dynasty	Duck Dynasty "Jerky Boys"	Duck Dynasty	Duck Dynasty "Frog in One"	Duck Dynasty	Duck Dynasty	Wahlburgers	Wahlburgers	(:01) Bad Ink	(:31) Bad Ink	(12:01) Duck Dynasty
BRAVO	620	523	The Listener The source of a virus must be found.		Flashpoint "Exit Wounds" Standoff at a hospital.		Blue Bloods "A Night on the Town"		Suits "Buried Secrets" (N)		Missing Jess must reconsider her future.		The Listener The source of a virus must be found.		Criminal Minds
CNN	500	500	Situation Rm	Crossfire (N)	Erin Burnett OutFront (N)		Anderson Cooper 360 (N)		Piers Morgan Live (N) (Live)		Chicagoland		Anderson Cooper 360		Piers Morgan
DISC	520	505	How It's Made	How It's Made	Daily Planet Daily science show. (N) (DVS)		Cold Water Cowboys "Outwit, Outsmart, Outplay"		Moonshiners: Outlaw Cuts "Aftershock" (N)		Moonshiners Jeff and Mark reach a roadblock. (N)		How It's Made	How It's Made	Cold Water Cowboys
HIST	522	506	Outlaw Bikers The Spartans and Los Bravos.		Yukon Gold A crew member's dismissal.		Swamp People		American Pickers Frank gambles on vintage wheels.		Vikings "Invasion" An unlikely alliance forms. (N)		Ice Pilots NWT "Shoot-Out"		Pawn Stars
RDI	126	730	Le National (SC)	RDI économie (SC)	24/60 (SC)		Grands reportages (SC)		Le Téléjournal (SC)		RDI en direct (SC)	Le National	Le National	RDI économie (SC)	24/60 (SC)
SHOW	616	521	NCIS The team searches for an abducted girl.		Lost Girl "It's Better to Burn Out Than Fae Away"		Riverworld A couple awake in a strange world where the soul is reborn. (Part 1 of 2) (DVS)				NCIS Investigating a Navy captain's death.		NCIS Investigating a Navy commander's murder.		NCIS "A Desperate Man"
SLICE	601	562	Lost and Sold	Lost and Sold	Border Security	Border Security	Big Brother Canada		Big Brother Canada A houseguest is evicted. (N)		Big Brother–Side Show	The Millionaire Matchmaker Patti plans a Valentine's Ball.		Extreme Collectors	Big Brother Canada
SPIKE	628	584	Cops "Coast to Coast"	Cops	Cops "Taken Into Custody"	Cops	Cops	Cops	iMPACT Wrestling (N)				Countdown to Glory 14: Za	Ink Master Poisonous scorpions; one artist snaps.	
TLC	521	560	The Little Couple Leaving for India to pick up Zoey.		Welcome to Myrtle Manor "Star Spangled Manor"		Here Comes Honey	Here Comes Honey	Here Comes Honey	Here Comes Honey	Welcome to Myrtle Manor "The Dark Night Rises" (N)		Here Comes Honey	Here Comes Honey	Welcome to Myrtle Manor
TSN	400	400	(4:30) Curling Tim Hortons Brier, Draw 15. (N) (Live)		SportsCentre (N) (Live)		That's Hockey! (N) (Live)		Curling Tim Hortons Brier, Draw 16. From Interior Savings Centre, Kamloops, B.C. (N) (Live)						
YOUTH	551	542	Thundermans	Hathaways	Sam & Cat	Japanizi	Mr. Young	Boys	Laughs: Gags	Laughs: Gags	Babysitting	Splatalot	Mr. Young	Boys	Laughs: Gags

Aaron Paul wants in for 'Breaking Bad' spinoff 'Better Call Saul'

But Dean Norris is out

THE ASSOCIATED PRESS

If Aaron Paul gets his way, "Breaking Bad" fans can expect to see Jesse Pinkman calling on Saul Goodman — and perhaps calling him some names — in the spinoff series centred on a sleazy lawyer.

Paul says he'd had "serious talks" with "Better Call Saul" co-creator Vince Gilligan about returning to his character, a low-level drug dealer before he linked up with Bryan Cranston's Walter White to produce methamphetamine.

"Anything Vince is involved with, I'm there," Paul said in an interview while promoting the upcoming "Need For Speed" movie. "I owe him my entire career. And the idea of jumping into the skin of Jesse Pinkman again in his lighter days — because it's all a prequel — it would be fun."

The Emmy-winning "Breaking Bad" ended last year after five seasons. Gilligan told reporters last month that he'd be asking its actors to make cameos in "Better Call Saul," which will star Bob Odenkirk and is set to premiere in November on AMC.

It's unclear if Cranston will make an appearance. One actor who definitely won't be involved is Dean Norris, who played White's DEA agent brother-in-law Hank Schrader. Norris is starring in the series "Under the Dome," set to premiere its second season on CBS this summer.

"I don't think they'll let me do a little cable show," he said in an interview this week while promoting the film "Small Time."

"I think that experience was that experience. I'm not a big fan of kind of revisiting something that has already been done. But I think it's going to be awesome. So I can't wait to see it."

First host of 'The Dating Game' dies

THE ASSOCIATED PRESS

Jim Lange, the first host of the popular game show "The Dating Game," has died at his home in Mill Valley, Calif. He was 81.

He died Tuesday morning after suffering a heart attack, his wife Nancy told The Associated Press Wednesday.

Though Lange had a successful career in radio, he is best known for his television role on ABC's "The Dating Game," which debuted in 1965 and on which he appeared for more than a decade, charming audiences with his mellifluous voice and wide, easygoing grin.

He also played host to many celebrity guests. Michael Jackson, Steve Martin and Arnold Schwarzenegger, among others, appeared as contestants.

Lange was born on Aug. 15, 1932, in St. Paul, Minn., where at 15 he discovered a passion for local radio after winning an audition at a local station.

Good Reads

CONT'D FROM PAGE 8

avoided all this legal messiness by paying up; their 2013 novel White Fire (filed in the Lennoxville Library's adult fiction section) notes that it has been licensed by the Doyle estate. The book is, quite simply, professional fan fiction.

It's one in a very successful series of 13 suspense novels featuring the eccentric genius, FBI Special Agent A.X.L. Pendergast, who weaves in and out of this story as his protegé, the energetic and impetuous forensics student, Corrie Swan, gets herself into trouble.

Swan takes up temporary residence in a swanky Colorado ski town, where a lift ticket is the equivalent of a year's rent. An 1860s-era cemetery dig meets a nutjob of a modern-day arsonist to make for a murderous mix of mayhem.

And sprinkled throughout, the ghost of Sherlock Homes, with a dash of Oscar Wilde tossed in and a teaspoon of iconic mystery anthologist Ellery Queen. (The authors apologize for the liberties taken with Queen in an afterword.)

Need some background? You can find Sir Arthur Conan Doyle's collected Sherlock Holmes on the fiction shelves (and some of it, online), plus in the Easy Reads section (for those who want to find out who did it more quickly). Try The Hound Of The Baskervilles.

There's also a series featuring a 13-year-old Holmes, which begins with Eye of The Crow, by Shane Peacock. And author Michael Coren's Conan Doyle is filed in the biography section.

Over to you, Dr. Watson.

Book Ends

The artwork of painter Roland Lepine is on display at the Lennoxville Library until April 12.

The PreSchool Reading Program is Friday, Feb. 28 (dinosaurs), and March 14 (magic), from 10:30 to 11:30 a.m. Our Saturday Children's Activity is March 22, from 10:30 a.m. to 12:30 p.m. (music).

The next Books and Brown Bags is Wednesday, March 5 and 19, noon to 1 p.m. Bring your lunch and a book to talk about.

If you're housebound, we can bring books to you through Books on Wheels. We also have large-print books and audio books, plus an Easy Reads section. We also have sections for Young Adult novels and graphic novels.

The Lennoxville Library is at 101 Queen Street, corner of College. E-mail bibliolen@gmail.com or phone 819-562-4949. The website is at www.bibliolennoxvillelibrary.ca.

Older book reviews and reading suggestions are on our blog at bibliolennlibrary.wordpress.com.

What's On

MUSIC

February 28

BOB DREW and the Rocky River Band will be playing at the **Golden Lion Pub, Lennoxville** during their Winter edition of the **Cowboy Cookout.** Supper starts at 5 p.m. and music from 7 p.m. to midnight. **HIGHWAY OVERDRIVE** takes the stage at midnight. This will be their last show before they leave for their Texas Tour.

March 1

Dance with David, Dave, Brian, Dale and Dareth at the Bulwer Community Center on Saturday, March 1 from 8 p.m. to midnight. Light lunch available. Admission: $8.00. Everyone welcome.

March 1

Big Country Dance. Enjoy a great night of old time country music and dance with **The Country Folks Band** on Saturday, March 1 from 8 p.m. to midnight at **Mansonville Town Hall,** Mansonville. Come and bring your friends for lots of fun and laughs. No alcoholic beverages. Door prizes, half and half drawing. Refreshments available. Donation at the door: $7.

March 2

MS Branch 2000 Dance on Sunday, March 2,1:30 p.m. to 6 p.m., at the **Municipal Hall on Millington Road, Austin** with **Jimmy Edwards & The Country Folks.** Good old Country toe tapping music and laughter. Slight charge on soft drinks and chips to help cover costs. Coffee and tea is Free. Light snacks served at 4 p.m. Everyone is encouraged to bring a few sandwiches or a dessert to keep our costs down. See you there Folks!

EVENTS

Wed., Friday, Saturday & Sunday

The Royal Canadian Legion, Branch #10, 971 Galt St. East, Sherbrooke hold the following events every week. **Wednesday:** Bean Bag Toss fun afternoon at 1:30 p.m. **Friday:** Suppers at 5 p.m., Fun Darts at 7 p.m. **Saturday:** Dances at 8:30 p.m. **Sunday:** Dances at 1:30 p.m. **Come out and support the Legion.** Info: 819-563-4944.

February 28

It's time again for some winter fun at the **Variety Show Cafe 2014** at **Richmond Melbourne United Church,** 247 Principale S., Richmond on Friday, February 28 starting at 7:30 p.m. $8.00 adults and $3.00 students. Lots of entertainment! Refreshments available.

March 1

ROTARY BOOK SALE on Saturday, March 1 from 9 a.m. until noon at the **bookstore of the Rotary Club of the Boundary in Beebe.** Note our new schedule: **two sales each month!** We have books in English and in French. Need more info? Call 819-842-1940.

March 1

Upcoming events at the Richmond Legion, Branch #15. Saturday, March 1 beginning at 1:30 p.m. **Legion Green Sale,** admission charged. Friday, March 7 at 3 p.m. **St. Paddy's Sing-a-long** and "whatever", free admittance. Sunday, March 16, 9 a.m. to noon. **Parade Brunch,** admission charged. Sunday, March 16, **music** at the Legion following St. Pat's Parade, free admittance.

March 3

Canadian Club of the Yamaska Valley meets Monday, March 3 at 2 p.m. in

Auberge West Brome on Route 139. **Speaker: Laurent Busseau, historian and journalist.** Topic: History of the Abenakis around Lake Memphremagog. Refreshments and social following. Meeting only $10. Lunch reservations: 450-266-7552. Information: guycote@yahoo.fr

March 4

Pancake Supper from 4 p.m. to 7 p.m. Homemade pancakes and beans with sausages and real maple syrup will be held at **Holy Trinity Church Hall, 218 Iron Hill Road.** Adults: $7, 6 to 12 yrs.: $4. Under 5 yrs.: free. Come and bring a friend and enjoy a break from old man winter. Information: 450-263-2579.

March 4

Pancake Supper at the new **Oddfellows' Hall** (480 Knowlton Road) from 5 to 7 p.m. on Tuesday, March 4. Lots to eat. Everyone welcome. Donation: $7.

March 8

Turkey Supper with all the trimmings on Saturday, March 8 at **St. Paul's United Church, Magog** starting at 5 p.m. Admission charged. **Benefit of the Frontier Animal Society.** Reservations a must! Limited number of tickets. Reserve early! Call Mary at 819-838-1421.

March 9

Farewell Appreciation for Agnes Heath from 1 to 5 p.m. on Sunday, March 9 at **Reilly House,** 302 Principale, Mansonville. Everyone welcome.

March 15

Celebrate **St. Patrick's Day at the Royal Canadian Legion, Branch #10, 971 Galt St. East, Sherbrooke** on Saturday, March 15 starting at 11 a.m. **There will be Irish coffee, Irish stew and music.** For more information call 819-563-4944.

March 16

St. Patrick's Day Brunch at **Beulah United Church, 967 Main Street, Ayer's Cliff** on Sunday, March 16 from 11 a.m. to 1 p.m. Come and enjoy a meal of ham, sausage, bacon, scrambled eggs, homemade baked beans, pancakes with real maple syrup, toast, fruit salad coffee tea and juice. All are welcome.

EXHIBITS

March 13

Uplands Cultural & Heritage Centre, in association with **CRDITED Estrie and Dixville Home Foundation,** is very proud to bring you its **9th annual exhibit** unveiling works of art produced by artists living with an intellectual handicap. This cultural event held during the Quebec Week for Intellectual Handicap will begin with a **Vernissage from 5 to 7 p.m. on Wednesday, March 13** at Uplands, 9 Speid, Borough **of Lennoxville, 819-564-0409.** Uplands is open from Wed. to Sun. 1 p.m. to 4:30 p.m. The Exhibit will continue until March 23.

Local Sports

Asselin's style of play should fit in with Clarkson head coach Casey Jones's coaching philosophy.

Asselin headed to Clarkson on hockey scholarship

By Mike Hickey
Special to the Record
SHERBROOKE

Janick Asselin's gamble has paid off. The captain of the Champlain College men's hockey team returned to the Cougars for his final year of junior hockey this fall in hopes of obtaining a scholarship to an American school. His wish was fulfilled this week when he was awarded a scholarship to Clarkson University.

Asselin is enjoying his finest season in the Quebec Junior AAA Hockey League and one of the main reasons the Cougars are battling once again for first place overall in the Perron-Burrows Division.

In the club's last game a 9-1 victory over La Tuque, Janick had three assists and is now among the league's top scorers with 39 goals and 45 helpers for 91 points and is a plus-28. Champlain is tied with the Granby Inouks for first place in their division and the two clubs met last night in Granby.

Asselin's style of play should fit in with Clarkson head coach Casey Jones's coaching philosophy. Jones, a native of Temsicaming, Quebec, employs an up tempo puck possession style game that promotes creativity, puck pressure and emphasizes team discipline and unity. Since becoming Clarkson's head coach three years ago he has developed and fostered an environment that is very demanding and embraces the academic and athletic values and mission of the University.

Janick Asselin will be joining a university with excellent academic and athletic credentials. The Clarkson Golden Knights are one of the more storied NCAA programmes with a rich 91-year history. They were the fastest Division I college hockey team to compile 1,000 victories and have compiled a highly successful 1,342-783-137 record for an all-time winning percentage of .623, among the best in the country.

The college produced its first All-American in 1928, Fred Dion, a defenseman, and many more have followed in his footsteps, 36 to be exact, including 13 who have won the prestigious honour twice.

The Knights have participated in 20 NCAA Tournaments, including three championship games, won 10 ECAC Hockey Regular Season titles, skated away with five ECAC Tournament championship trophies and have showcased some of the greatest student-athletes to ever play the college game.

Familiar foe in first round of RSEQ Final Four for Gaiters men's basketball team

SHERBROOKE

For the first time ever the RSEQ University men's basketball champion will be determined by a Final Four tournament. It will be held at the brand new PEPS Gym in Quebec City on the Laval University campus on March 1-2. The Bishop's Gaiters enter as the second seed and will face Concordia in the opening round on Saturday, Mar. 1 at 1 p.m.

It is a semi-final rematch of a year ago where the Gaiters won on their home court, only to be devastated days later, falling 77-74 to McGill in Montreal in the RSEQ Final. This year the Gaiters are looking for one more win to propel them to the CIS Championship for the first time since 1999.

The state-of-the-art 3,400-seat PEPS gym will host the inaugural Final Four that will also see the women also competing on Feb. 28 and Mar. 1. The Bishop's men (9-7) enter having beaten Concordia (8-8) each of the four times they met in 2013-14, however hold a 0-2 record in the new facility in Quebec City. Concordia conversely did taste success in the gym, topping Laval in mid-February.

Of the four contests between the Stingers and the Gaiters, two of them were decided by a single possession. Before the Christmas break, the Gaiters won 70-55 in Montreal as the Stingers got off to a slow start. Concordia built momentum after Christmas but could not solve the Gaiters.

Bishop's won 73-64 in early February, the first time the foes met in Mitchell Gym. The next day Bishop's snuck out a tight 64-61 victory in an afternoon tilt at Concordia. Finally, Bishop's locked up second place in the RSEQ with a 78-76 victory in Lennoxville on the last Friday of the regular season.

In the four contests this season four different players led the purple and silver in scoring. Mike Andrews (Oakville, Ont.) netted 16 in the first meeting, Jona Bermillo (Montreal) set a career high with 26 points in the second game, Majid Naji (Lunel, France) scored 14 in game three and fifth-year senior Onnex Blackwood (Scarborough, Ont.) had 19 in his final home game, the fourth meeting of the two squads.

For Concordia Mukiya Post (Victoria) led the way in two of the four games, including scoring 31 on Friday, Feb. 21, a week after being named CIS Athlete of the Week. Post, a former Gaiter also had 20 in game two of the season series. Adam Chmielewski (Montreal) scored 17 and Jean-Andrew Moussignac (Montreal) had 19 in the Stingers game one and three losses respectively.

"It's exciting to play a game that counts," said Gaiters head coach Rod Gilpin. "The last three weeks we've had a good idea of how the season was going to play out and it did. It all comes down to two games in Quebec City. Concordia is a balanced team, and I think their big guys are under-rated. They also have guards that can score. The Final Four has its pros and cons. We will have to let it run its course and evaluate it. One year is probably not enough to evaluate if this is good for our game and good for our league long-term," he said.

"They have a wonderful facility up there and despite losing on Saturday (the Gaiters lost 73-71 to Laval in the last game of the season) it was a positive experience for us. Our complimentary players are really coming on and I have faith in our returning guys to carry us," added Gilpin.

The winner of Saturday afternoon's tilt will face the winner the McGill Redmen (14-2) and Laval Rouge et Or (6-10) semi-final that is set to take place immediately following the Gaiters-Stingers game. The RSEQ Final is slated for Sunday, Mar. 2 at 3 p.m. in Quebec City.

Source: Marty Rourke

Phoenix snap 11-game losing streak

Desrosier's 36 saves lead Phoenix to 3-2 win

By John Edwards
Special to The Record

Behind an outstanding performance by Francis Desrosiers, the Sherbrooke Phoenix tasted victory for the first time in 11 games on Wednesday night, as they defeated the Victoriaville Tigres 3-2 at the Sports Palace.

The Phoenix's overage goaltender turned aside 36 Tigres shots, including 13 saves in a third period that saw the visitors throw everything but the kitchen sink at the Sherbrooke net.

"I'm feeling good," said the St. Eustache native. "I think everybody played a good game tonight. We played one of our best games of the year."

With the win, Sherbrooke (16-37-7) improved to 39 points, one back of both the Shawinigan Cataractes and Saint John Sea Dogs, who are tied for the 16th and final QMJHL playoff spot.

"He was really good, really patient. He did a really good job," said a relieved Judes Vallée. "It's good for us and it's good for him, he's playing with confidence, he's playing with maturity."

The Phoenix played a disciplined game, in both senses of the word. They were strong defensively and also stayed out of the penalty box. Vallée stressed the importance of discipline, particularly after last Sunday's game, where they gave up six power play goals to Rimouski .

COURTESY

"I gave them [a very stern talking-to] about discipline, and today I was really impressed."

Jérémy Roy, Matej Beran and Simon Desbiens scored for Sherbrooke, who went 2-for-2 on the power play and led 1-0 after the first period and 2-1 after two. On Beran's marker, Daniel Audette picked up an assist, his 100th career point, in only 114 games.

Victoriaville's goals came from Cameron Yarwood and Philippe Hudon. Hudon's goal came with only 3:19 left, and set up a mad scramble as Victoriaville tried to send the game into overtime, firing shots at Desrosiers right up until the final whistle.

Victoriaville outshot Sherbrooke 38-31, with François Tremblay taking the loss for the Tigres.

With the monkey off their backs, the Phoenix can now turn their focus to their two games this weekend. On Friday, they visit Baie Comeau, where Desrosiers spent the second half of last season. Sunday sees the Phoenix head to Shawinigan, for the first of two games with the Cataractes that will likely determine the final playoff spot.

"For sure, Friday is going to be a tough game," said Vallée. "But it's possible. If we play like today, it's possible. The game Sunday is really an important game for us. We'll keep our focus, play in the system together and I think it's possible."

The veteran goalie, who is expected get the start on Friday, reflected the newfound optimism in the Phoenix camp.

"[Today] was very positive for the weekend," said Desrosiers. "But if we play this way, we have a good chance to win in Baie Comeau and then on Sunday we [can] have a good game against Shawinigan.

"We can't lose this game."

Local Sports

"The lymph massage helps by increasing circulation and helps by reducing edema (fluid retention) and swelling."

The Lymphatic Detoxification Massage can benefit all levels of runners

A Runner's Mind

Christine Blanchette

Some runners participating in big events like marathons will want – or more likely need - a post race massage. Having a massage afterwards feels good and can alleviate aches and pains and lactic acid buildup. Some runners include massage therapy as part of their training regime to help shorten recovery time between workouts, while sprinters use massage therapy to help with their muscle flexibility.

Indeed, having sports massage treatment can help a runner's recovery, while reducing the risk of injury. Now you can add another type of massage that may be helpful to runners: the lymphatic detoxification massage.

It's a treatment which removes toxins from the body and breaks down congestion. It improves the immune system and circulation. Not enough? It contributes to a youthful glow, relieves stress, increases energy and stamina, is great for weight loss; decreases cellulite, reduces fluid retention (edema) and swelling and improves digestion and elimination. It had me at 'youthful glow.'

Donna Sam, certified in lymphatic drainage (detoxification) massage, explained how lymph massage benefits runners: "It can help runners recover from a sports injury when they are not able to get deep tissue massage. The lymph massage helps by increasing circulation and helps by reducing edema (fluid retention) and swelling."

Sam continued, "I helped someone with a sports injury on his knee and he said he noticed a huge improvement the next day in that the swelling went down significantly. The other benefit would be the increased energy. Most people, especially healthy people, notice a significant increase in energy the next day from getting the toxins out of their body." The Lymph massage is a gentle to medium pressure rhythmic and flowing massage blended with oil and thumb rolling movements to get the lymph moving.

COURTESY

Donna Sam.

I had the opportunity to experience this massage and felt relaxed and more energized. Before my session, Sam had me fill out the form about any health concerns or injuries that I may have.

After my session, Sam advised to drink plenty of water to get rid of the toxins and to avoid sugar and alcohol, Sam emailing a reminder to that affect. "It will also help to alleviate any detox symptoms such as headaches and fatigue. You may observe a sensation of feeling lighter, increased thirst, increased urination (body is excreting toxins - this is positive), notice a reduction in cravings over next few days and a desire to eat healthier, some even feel some pain relief, e.g. in their arms as toxins are linked to inflammation. Others comment on feeling less bloated."

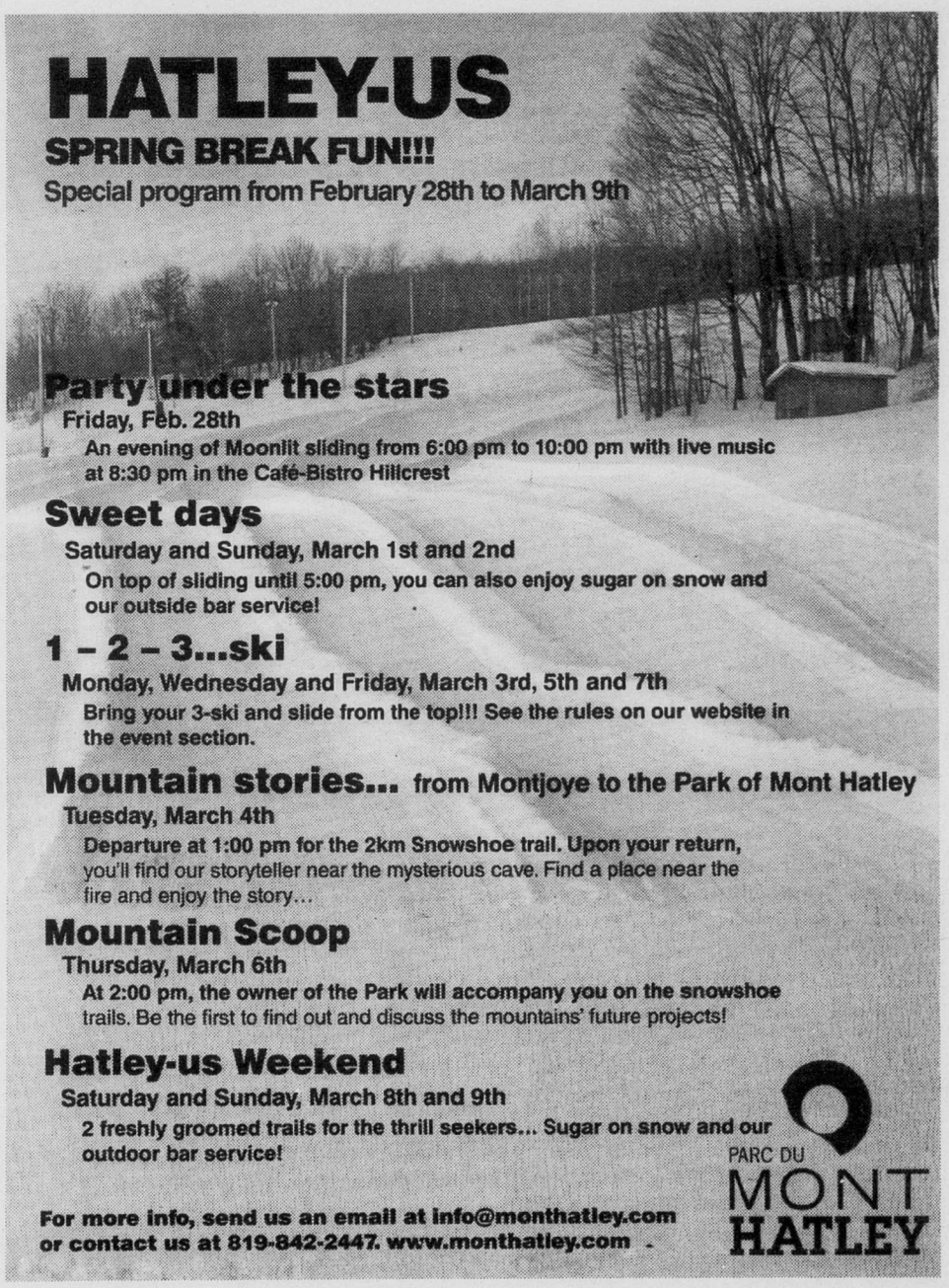
Sam is passionate about her work, saying, "I get enormous satisfaction from seeing the results in regular clients that I see every week. They all practically notice an increase in energy, their abs get toned after a few sessions - some without even having to exercise - (not that I encourage that) and I see them gradually losing weight if that is their goal. It's rewarding to see them noticing their own improvements in their health issues.

"Many notice a reduction in bloating / gas," Sam continued, adding, "Some notice reduction in cravings and start eating differently without it being part of the plan (e.g. quite a number of them have switched to a gluten free diet and are telling me their great ideas!). Some notice pain disappears. I had one woman who after one session was about to get orthotics for her foot pain that was not going away. (However) her pain disappeared and she was in high heel boots very shortly thereafter when I saw her a week later."

Sam said, "If you Google lymphatic drainage massage (the proper name) you will see a lot of information on its benefits, particularly with regard to the Vodder method for lymphedema, e.g. cancer patients who have breast cancer and had their armpit nodes removed, have to do lymphatic drainage massage to deal with the swelling (edema) on their arms (to drain the lymph)."

Website: www.vandonnasam.wordpress.com

www.runwithit.ca
Twitter: christineruns
You Tube – runwithitcb1



CRE runs for Raphaël

Sherbrooke

The Foundation for the Centre de réadaptation Estrie (CRE) is proud to announce the launch of the Adapt your race Challenge, a new fundraising activity to help Raphaël Royer, 23, a young CRE client with multiple sclerosis, to obtain a lift-stander to facilitate his daily life.

Sensitive to the reality of the clientele of CRE, the Foundation has established a new type of race, which can include beginners and experienced runners, walkers with or without a walking aid, people with limited mobility, and even people in wheelchairs. There is even a course for kids.

To ensure the success of the first edition of this new event, Patrick Mahony, Director General of Courir en Estrie and SherWeb has joined the CRE Foundation to help make the event a success.

Interested individuals and company teams can register now at CourirEnEstrie.com. For more information or to make a donation, contact the CRE Foundation at 819-346-8411 ext 43115.

The Adapt your race Challenge was created by Guylaine Mercier and Marianne Labbé, two CRE case workers, who were looking for a way to help Raphaël. The idea was greeted with enthusiasm by rehabilitation professionals.

Deaths

Susan Agnes FLAHERTY (NEE MAYHEW)

Flaherty, Susan Agnes (nee Mayhew)... Born in Dixville, Quebec in 1946 and died in Belleville, Ontario on 2014 after a battle with cancer bravely fought. Survived by her husband Wayne, sister Cynthia and brothers David & Phillip. Predeceased by her parents Merriman & Frances Parker Mayhew.

A Private funeral will be held.

Arrangements in care of Weaver Family Funeral Home - East Chapel, 29 Bay Street, Trenton.

Donations to the charity of your choice would be appreciated. Online guest book & condolences at www.weaverfuneralhomes.com.

Phone Numbers:
West Chapel (613) 392-3579
East Chapel (613) 394-2433
Campbellford Chapel (705)653-1179
Warkworth Chapel (705)924-2312

WEAVER FUNERAL HOMES
29 Bay Street
Trenton, ON, K8V 1H2
PHONE: 613-394-2433
www.weaverfuneralhomes.com

MS lives here.
Multiple sclerosis never hits just one person. It affects the entire family.
MS Multiple Sclerosis Society of Canada
1·800·268·7582 www.mssociety.ca

Card of Thanks

JENKIN - The family of the late Mary Alfreda Jenkin (nee McCormick) would like to express their sincere thanks to all those who sent cards of condolences, food, flowers and donations in her memory as well as to those who attended the service. A special thank you to Pastor Michel Houle and to the staff of Cass Funeral Home for their exceptional assistance and also to Annie Dubois and Tina Matthews of the CLSC in Cookshire.

Till we meet again...
ROBERT, GARY,
TERRY, LAURIE ANN
AND BRADLEY

Brieflet

RICHMOND
Pancake Supper for Youth Forum, Tuesday, March 4, 4:30 p.m. to 6:30 p.m., Richmond-Melbourne United Church, 247 Principale South, Richmond. $8. per person, $4. for children under 12. Menu: Several different pancakes to be served (banana, chocolate chip, buck wheat, blueberry, plain), real maple syrup, sausages (vegetarian sausages available on request), homemade apple sauce, coffee, tea, juice and milk. Proceeds to support Quebec Sherbrooke Presbytery Youth Work.

Your donation could make all the difference!

Who is included in the statistics...
This year, 21 700 Canadians will develop lung cancer and only 2 800 will survive!
THE LUNG ASSOCIATION Quebec 1-800-295-8111 www.pq.lung.ca

In Memoriams

BENOIT, Lottie - In loving memory of a dear mother and grandmother who left us March 2, 2004.
They say time heals everything
But we know it isn't so,
Because it hurts as much today
As it did ten years ago.
Always in our thoughts and prayers,
THE BENOIT FAMILY

McKELVEY, Elaine (Philbrick) - In loving memory of a dear sister, aunt and great-aunt who passed way February 28, 2010.
Those we love don't go away
They walk beside us every day,
Unseen, unheard, but always near,
Still loved, still missed and very dear.
BRENDA
DAVID, KELLY & KEVIN
KEITH (MELANIE),
ASHLEY & KARLEIGH

PATTERSON, Gordon - In loving memory of our wonderful Gordon Patterson who passed away March 1, 2004.
"The 10 years without you have been filled with special memories of the marvelous 50 years we shared."
JUNE
CHILDREN and
GRANDCHILDREN

PATTERSON - In loving memory of our brother Gordon Patterson who passed away March 1, 2004.
Fond memories linger every day,
Remembrance keeps him near.
You are missed!
BOB AND GRICKS

PATTERSON, Gordon - We fondly remember a dear brother-in-law and uncle who left us on March 1, 2004.
"Every memory becomes a treasure."
Sadly missed by
THE FRASERS

In Memoriams

SYLVESTER - In loving memory of Robert Sylvester.
We think of you each day that goes by
And cherish the memories we keep inside.
We have comfort in knowing you suffer no more
But the heartache of our loss will always endure.
Forever in our hearts,
SUSAN & FAMILY

SYLVESTER - Robert Bruce, February 10, 1963 - February 28, 2000; Jessica Mary Lyn, February 24, 1991 - March 1, 1991.
Dearest Robert,
I often wonder what you and Dad are up to, and which one is getting to hold little Jess at any given moment.
One thing I know for sure, you will all be there to welcome the rest of us home when the times comes.
Until then, love always,
MOM

SYLVESTER - In loving memory of a dear brother, brother-in-law, uncle and great-uncle, Robert Bruce Sylvester, who went Home to Heaven February 28, 2000.
As our hearts ache
it's hard for the words to fall into place,
But close our eyes,
We can see your kind and loving face.
So often we take a stroll
Down life's memory lane,
So full of Love
Before the heartache and the pain.
As we look to the Heavens
In the deep blue sky,
We relive all the love
In the years gone by.
We've been blessed with a beautiful,
Loving family it's true,
But not a day goes by
That we don't miss and think of you.
Greatly missed and lovingly remembered by
YOUR FAMILY

Datebook

Today is the 59th day of 2014 and the 70th day of winter.

TODAY'S HISTORY: In 1954, Cambridge University scientists James Watson and Francis Crick announced that they had identified the double-helix structure of DNA.

In 1993, federal agents raided the Branch Davidian cult compound in Waco, Texas.

In 1997, two heavily armed and armored bank robbers were killed in a shootout with police on the streets of North Hollywood.

In 2013, Pope Benedict XVI became the first Catholic pope to resign since 1415.

TODAY'S BIRTHDAYS: Vincente Minnelli (1903-1986), film director; Milton Caniff (1907-1988), cartoonist; Frank Gehry (1929-), architect; Mario Andretti (1940-), racecar driver; Bernadette Peters (1948-), actress; Paul Krugman (1953-), columnist/Nobel laureate; John Turturro (1957-), actor; Robert Sean Leonard (1969-), actor; Pat Monahan (1969-), singer-songwriter; Lemony Snicket (1970-), author; Eric Lindros (1973-), hockey player; Jason Aldean (1977-), singer-songwriter.

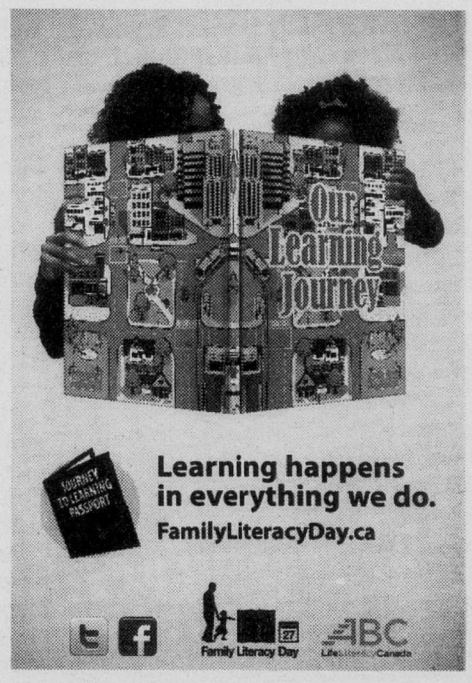
TODAY'S FACT: The 2 1/2-hour series finale of "M*A*S*H," which was watched by 60.2 percent of U.S. TV-owning households, remains the highest-rated single TV show in history, with a 77 percent share of the Nielsen ratings during its original airing on this day in 1983.

TODAY'S SPORTS: In 1967, Wilt Chamberlain of the Philadelphia 76ers missed a shot for the first time in four games, ending his NBA-record streak of consecutive field goals at 35.

TODAY'S QUOTE: "Everyone should be able to do one card trick, tell two jokes and recite three poems, in case they are ever trapped in an elevator." — Lemony Snicket, "Horseradish: Bitter Truths You Can't Avoid"

TODAY'S NUMBER: 51 — days that the 1993 Branch Davidian standoff in Waco, Texas, lasted.

TODAY'S MOON: Between last quarter moon (Feb. 22) and new moon (March 1).



RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMS, BRIEFLETS:
Text only: 40¢ per word. Minimum charge $10.00 ($11.50 taxes included)
Discounts: 2 insertions or more: 15% off
With photo: additional $18.50. DEADLINE: 11 a.m., day before publication.
BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:
Text only: $16.00 (includes taxes)
With photo: $26.00 ($29.90 taxes included) DEADLINE: 3 days before publication.
WEDDING WRITE-UPS:
$26.00 ($29.90 taxes included) WITH PHOTO: $36.00 ($41.40 taxes included)

Please Note: All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: classad@sherbrookerecord.com - They will not be taken by phone.
DEADLINES FOR DEATH NOTICES:
For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.
For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) or e-mail: production@sherbrookerecord.com between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called. Rates: Please call for costs.

Church Services

Anglican

LENNOXVILLE

Saint George's Anglican Church, Lennoxville, at 84 Queen St., celebrates Holy Communion every 1st, 3rd, and 5th Sunday at 10:00 a.m. and every 2nd and 4th Sunday at 8:00 a.m. Morning Prayer is held every 2nd and 4th Sunday at 10:00 a.m. Sunday School at 10:00 a.m. every Sunday. 819-346-5564.

NORTH HATLEY

St. Barnabas Anglican Church, 640 Sherbrooke Road in North Hatley, celebrates Holy Communion every Sunday at 10:00 a.m. Sunday School is also at 10:00 a.m. 819-842-2686.

SHERBROOKE

The Church of the Advent, 473 Bowen St. South, Sherbrooke welcomes you Sunday, March 2 at 11:00 a.m. to a service of Holy Communion. The Venerable Dean E. Ross officiating.

Presbyterian

LENNOXVILLE

St. Andrew's Presbyterian Church, 256 Queen St., Lennoxville, 819-569-3100. Minister: Rev. John Barry Forsyth. Organist: Anthony Davidson. Sundays: 10:30 a.m. Worship and Sunday School. The Word of Grace Radio Broadcast, P.O. Box 404, Sherbrooke, QC, J1M 1Z6, Station CJMQ 88.9 FM or www.cjmq.fm, Sundays 8:30 a.m.

United

LENNOXVILLE

Lennoxville United Church, corner of Queen and Church Street: Worship on March 2 at 10:00 a.m. Rev. James Potter, 819-565-8449; website - lennoxvilleunitedchurch.com

RICHMOND

Worship Service led by Doreen Reglin at Richmond Melbourne United Church on Sunday, March 2 at 10:00 am. All welcome.

SHERBROOKE

Plymouth-Trinity United Church, corner of Dufferin and Terrill, 819-346-6373, the Rev. Robin Osborne, minister; Leslie Young, organist. Sunday, March 2: Sunday worship is at 10:30 a.m. Shirley Knutson will be leading worship. There are activities for children during worship. Everyone welcome.

WATERVILLE/HATLEY

Sunday, March 2: 9:30 a.m. services at the Hatley United, and 11:00 a.m. at the Waterville/North Hatley Churches with Sunday School. Rev. Mead Baldwin 819-837-1112.

Unitarian Universalist

NORTH HATLEY

Unitarian Universalists in the Estrie (UUEstrie) 201 Main St., North Hatley, Sunday, March 2, at 10:30 a.m. World Café: Quebec's Charter of Values. Rev. Carole Martignacco. All are welcome. www.uuestrie.ca, 819-842-4146.

Your Birthday

FRIDAY, FEBRUARY 28, 2014

Your industrious and hard-working nature will allow you to achieve amazing results this year. The ongoing pursuit of knowledge and information will be extremely rewarding for you. Dedication, loyalty and honesty will continue to bring you fulfilling friendships, romantic relationships and influential contacts.

PISCES (Feb. 20-March 20) — Be sensitive, open and honest in your dealings with loved ones. If they feel you are holding back, it may cause irreparable damage to your most intimate relationships.

ARIES (March 21-April 19) — Don't try so hard. It isn't necessary to go to extreme lengths to gain the approval of your colleagues. Your kindness, generosity and compassion will create a favorable impression.

TAURUS (April 20-May 20) — Recreation and entertainment are the order of the day. Romance, travel, or interesting pastimes will generate excitement. Put mundane activities on hold for the time being.

GEMINI (May 21-June 20) — There are many places where your talents can be put to good use. Make others aware of your capabilities by confidently presenting what you have to offer.

CANCER (June 21-July 22) — Even if you are happy with life, new and rewarding experiences are worth checking out. Take advantage of opportunities that promise to broaden your horizons and indulge your curiosity.

LEO (July 23-Aug. 22) — Take steps to cultivate beneficial partnerships, deal with unsatisfying financial matters and initiate new strategies for moving forward. You need a concrete agenda and decisive action to get what you want.

VIRGO (Aug. 23-Sept. 22) — Use a confident and direct approach in all your affairs today. Be assertive when asking for what you want. Sitting back quietly and hoping for results will accomplish nothing.

LIBRA (Sept. 23-Oct. 23) — It's a good day to reassess your love life and family relationships. If you are not satisfied, now is the time to make a positive change. Consider the needs of others as well as your own.

SCORPIO (Oct. 24-Nov. 22) — You'll become irritated and upset over minor issues. Rather than allowing yourself to become distraught over small details, bite your tongue and save your energies for more important matters.

SAGITTARIUS (Nov. 23-Dec. 21) — Put your worries on the back burner. Disagreements, work and problems with meddlers will lead to bitterness. Get outside to remind yourself of the beauty of nature.

CAPRICORN (Dec. 22-Jan. 19) — You have good ideas and should plan to move forward. The encouragement you receive will help you reach your destination. Strive for success and share your victory with loved ones.

AQUARIUS (Jan. 20-Feb. 19) — You may have been neglecting your self-improvement goals. Engage in some pleasurable physical activity, and you will be rewarded with better health, renewed energy and a sense of fulfillment.

SATURDAY, MARCH 1, 2014

In order to gain the most from new experiences, it's imperative to release yourself from past disappointments or negative circumstances. Positivity, dedication and intensity are necessary to perform at your optimum level. With the right attitude, nothing can hold you back.

PISCES (Feb. 20-March 20) — Your diligence will help you be an effective advocate for your favorite cause. Proceed methodically, and set realistic goals. Offer others the opportunity to assist you, and you will succeed.

ARIES (March 21-April 19) — Discretion must be used when dealing with others. Insisting that your colleagues agree with your opinions will cause friction. It's advisable to let some of your thoughts remain unspoken.

TAURUS (April 20-May 20) — Luck is with you. If you follow your hunches, you will encounter a pleasant surprise. Don't allow negative remarks to discourage you. A romantic adventure is in your future.

GEMINI (May 21-June 20) — Make your intentions clear. Pursue your challenges vigorously to achieve amazing results. Don't let distractions interfere. Aim high and proceed with confidence and courage.

CANCER (June 21-July 22) — You have the power to adjust circumstances that you find disagreeable. Follow the advice of a trusted friend regarding your professional life. Refrain from involving yourself in emotional scenes.

LEO (July 23-Aug. 22) — Don't allow petty jealousies and unfounded fears to get in the way of your romantic life. Express your feelings truthfully and emphasize your intentions. A commitment can be made.

VIRGO (Aug. 23-Sept. 22) — Spend time with someone special. Lighthearted fun will be the perfect thing to perk you up. Your carefree attitude will be contagious and will attract positive attention.

LIBRA (Sept. 23-Oct. 23) — Something or someone is making your life miserable. It's not the responsibility of others to satisfy your needs. Don't be reluctant to distance yourself from an unpleasant or disagreeable situation.

SCORPIO (Oct. 24-Nov. 22) — Creativity will be required in order to fulfill all of your obligations. Family matters and outside interests are both competing for your time. Ingenuity and adaptability will solve your problem.

SAGITTARIUS (Nov. 23-Dec. 21) — Someone may try to make you appear untrustworthy. Don't make promises that you can't keep, and think carefully before committing to any organization or activity. Your integrity could suffer as a result.

CAPRICORN (Dec. 22-Jan. 19) — Open your mind to new possibilities. Opportunities for love and romance are on the horizon. In addition, you may be given the chance to share in a profitable financial enterprise.

AQUARIUS (Jan. 20-Feb. 19) — Circumstances in your personal life have you feeling confused and unsatisfied. Take a close look to discover what is troubling you. You can then take steps to correct the issue.

SUNDAY, MARCH 2, 2014

Gear up and get ready to make some positive alterations to your life this year. Make a move, enroll in courses or participate in any form of education that will give you experience, added skills or a chance to use your talents diversely.

SAGITTARIUS (Nov. 23-Dec. 21) — Stick to facts and figures. Believe only what you hear personally and can verify. Confusion is likely to strike if you are gullible or embellish. Know your limits and your overhead.

CAPRICORN (Dec. 22-Jan. 19) — Don't give in to someone who asks for a donation but does not supply you with sufficient details. Charity begins at home, and you must protect your family and assets.

AQUARIUS (Jan. 20-Feb. 19) — Put a push on to make more money. Sign contracts or make changes that can up your standard of living. Positive change is heading your way. Send out resumes.

PISCES (Feb. 20-March 20) — Pick and choose what you do. Too much action can lead to injury. A secret may be divulged if you have been too trusting and have shared personal information.

ARIES (March 21-April 19) — You can make a difference by altering your lifestyle. Cut corners and lower your overhead. The changes you make will ease your stress. A chance to raise your income is apparent.

TAURUS (April 20-May 20) — Stay focused on what needs to be done. Discipline and hard work will help you get your place in order and your year-end deadlines out of the way. Leave time for family fun.

GEMINI (May 21-June 20) — Don't share personal information. A problem will arise that can affect your reputation, leaving you in an awkward position. Keep busy working on self-improvement and important relationships.

CANCER (June 21-July 22) — Don't let your temper ruin your day. Stand back and take a long, hard look at a situation before you decide to engage in battle. Make love, not war.

LEO (July 23-Aug. 22) — You'll have plenty of exciting ideas that should be shared with friends and launched as soon as you can get details and work out arrangements. Fun and games should be your goal.

VIRGO (Aug. 23-Sept. 22) — You'll have to make some adjustments at home if you want to avoid chaos and complaints. Be sure to get approval before you take measures that will affect others.

LIBRA (Sept. 23-Oct. 23) — Look for a bargain, but don't buy what you cannot afford. Discussions will give you a better idea of how to handle a changing situation you face with a friend, colleague or lover.

SCORPIO (Oct. 24-Nov. 22) — Create a warm, inviting atmosphere at home and enjoy. Improve your love life by taking an opportunity to indulge in talks that will bring you closer to someone special.

E-mail your social notes to classsad@sherbrookerecord.com

I feel like we are on top of each other all the time and that he is becoming more of a hermit

FRIDAY, FEBRUARY 28, 2014

Annie's Mailbox

Dear Annie: My husband and I are arguing about his desire to work from home. He has an office job that he can accomplish remotely, and by working at home, it saves him a 30-minute commute each way.

Those are all great arguments. However, I don't want him working from home. I have to admit that the big reason is simply because I want him to get out of the house more. He rarely leaves unless it's with the kids and me. Does that make me a terrible wife?

I work a part-time job, also with a 30-minute commute, that allows me to be home in time for the kids' school bus. In addition, I take the occasional phone meeting from home, but of course, now I have to take those calls in the bedroom, as my husband is occupying the home office.

I've tried to compromise and suggested he work from home two days a week, but he wants at least four. I feel like we are on top of each other all the time and that he is becoming more of a hermit. This has turned into a major argument. — Please Help

Dear Please: It's true that for some people, working from home is detrimental. You never get out of your pajamas, and so you avoid other people and rarely leave the house. But that argument may not fly with your husband, who can respond that it's his personal choice. The better argument is that you are on top of each other, which leads to annoyance and then resentment and can damage your relationship.

Your husband is not going to give up the opportunity to work from home, and so it's best if you both reach some accommodation. How about three days a week? Would he vacate the home office when you need it for business phone calls? Is there another space in the house that could be set aside as your personal office? Would you work longer hours if he met the school bus and took care of the kids? Ask your husband to cooperate with you to find a solution you both can live with.

Dear Annie: Can you tell me what is the proper etiquette for graduation announcements? A relative is graduating from a military academy and wants to put a note in her announcement as to where she is registered for gifts. Is this appropriate? — Aunt

Dear Aunt: No. The only time registry information should appear is with baby and wedding shower invitations, where gifts are expected. Otherwise, it is wrong to send out notices inferring that the recipient is obligated for a gift. It would be better if the graduate lets a close friend and/or family member know her preferences and they can transmit that information to anyone who inquires.

Annie's Mailbox is written by Kathy Mitchell and Marcy Sugar, longtime editors of the Ann Landers column.

HAPPY BIRTHDAY

Lordy, Lordy look who's 40!

Happy Birthday Mercedes

Love, Jonah, Allysha and Scott

Surprise Party
at 269 Queen, Lennoxville
on Saturday, March 1 at 7 p.m.

Best wishes only. BYOB.

Jack and Jill Dance
for Amanda Hamel & Peter Kingsley
on Friday, March 7 starting at 9 p.m.
at Hotel Sawyerville

Admission: $8.00,
midnight lunch included.

Everyone welcome!

Oh no, say it isn't so. Not the big 50!

Happy Birthday Shelly-Ann Sharman!

(March 1, 2014)

Have a great day.

Love your family.

50th Anniversary

Please join our family on this joyous occasion when our parents **Roy and Shirley Billing** celebrate 50 years of marriage with a reception in their honor on May 17, 2014 at Centre Communautaire Richard-Gingras (4503, ch Saint-Roch N, Sherbrooke, QC J1R 0K7) between the hours of 1 p.m. to 4 p.m.

Roy and Shirley look forward to meeting with friends and family to share stories and smiles from their 50 years of marriage. Refreshments will be served.

Please no gifts.

See your gift grow

Development and Peace

1 888 234-8533

www.devp.org

Congratulations to Tina Corriveau for 25 years of service at Jerry's Pizzeria

Thanks for a quarter of a century of your smiles and good work!

CELEBRITY CIPHER
by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"H M G F H F D L F D W R L S I F G F A A W Y Z A K W." — "L S I Z A F G T F E G Z K F S G F D P Y Z A S R D M B F K W Z W Z A S." — W.E. B Y A A D

Previous Solution: "Sure, I have my dark moments, but I'm the girl you'll see driving down the highway singing to Blondie." — Naomi Watts

TODAY'S CLUE: P equals D

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CELEBRITY CIPHER
by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

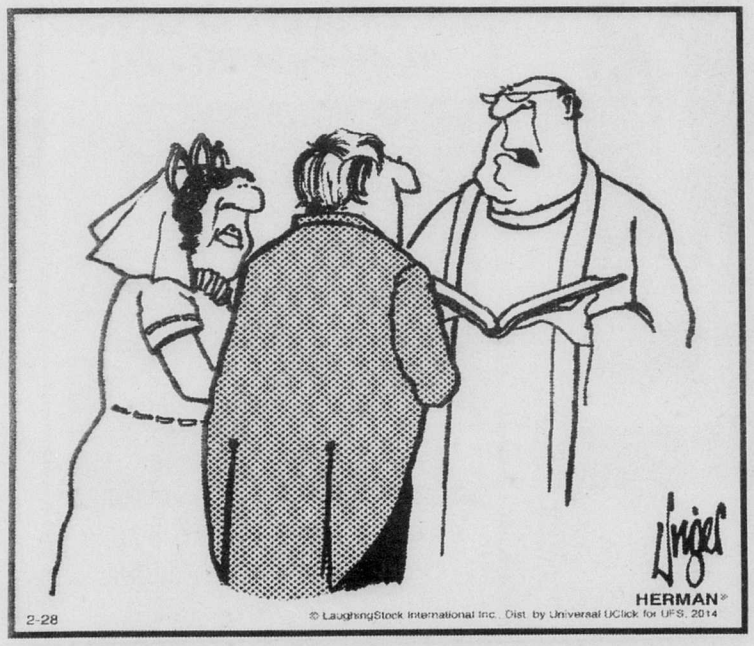
"F ' Y V X Z I P S P R F P C P Z F O L V Z Y V . A W I B P X U M V X A W I B F C P , U M P X M P Z F X ' N S V E W Z B W W E." — N V O E Z V S I R R W G L

TODAY'S CLUE: A equals Y

Previous Solution: "Cynicism is humor in ill health." — "Moral indignation is jealousy with a halo." — H.G. Wells

KIT N' CARLYLE

HERMAN



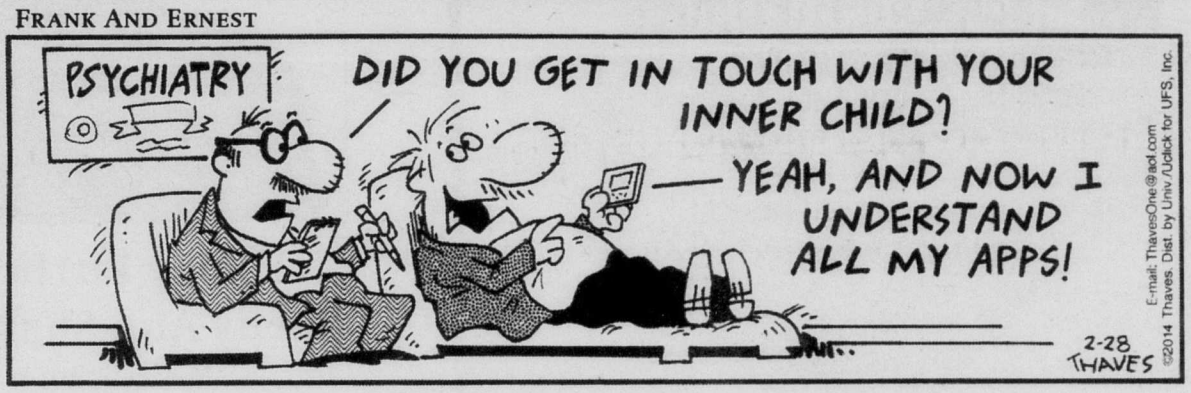
"You're supposed to say 'I do,' not 'I'll try.'"

ALLEY OOP

ARLO & JANIS

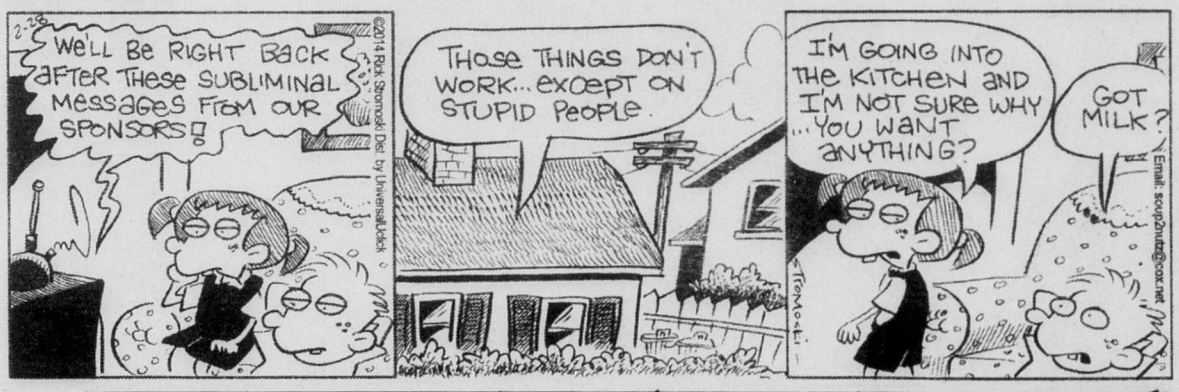
THE BORN LOSER

FRANK AND ERNEST



GRIZWELLS

SOUP TO NUTS



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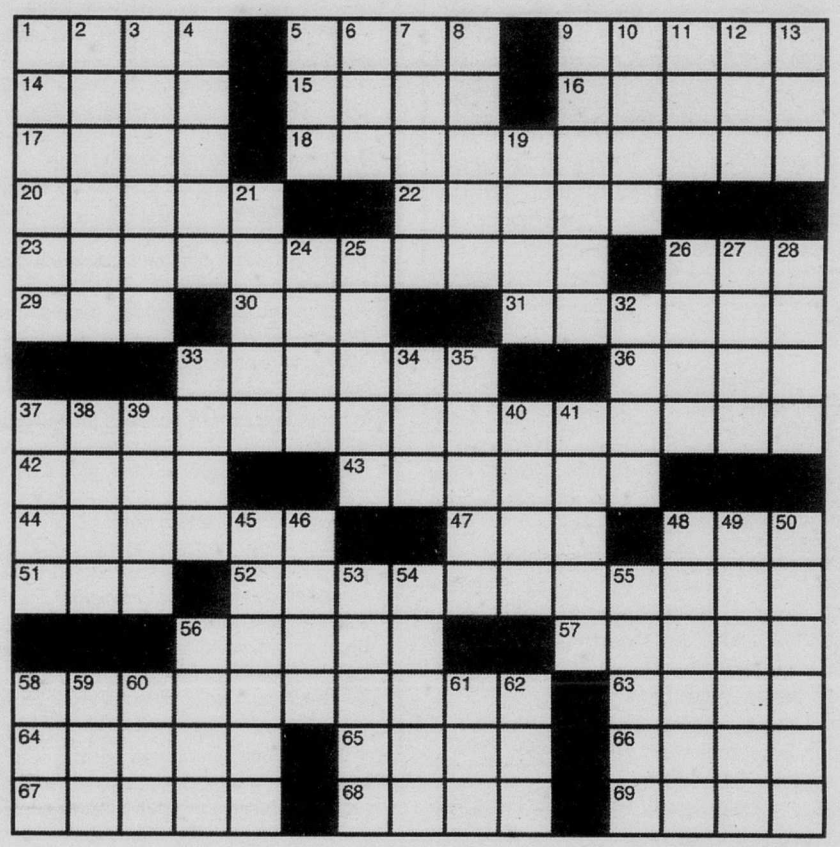
CROSSWORDS

Across
1 "Poetic" or "Prose" mythological work
5 Movie rating org.
9 R&B singer known for popularizing Auto-Tune
14 Device for Marner
15 Orderer's reference
16 "In what way?"
17 Not to mention
18 Non-magical "Harry Potter" animal?
20 Shill
22 Serengeti predators
23 Camembert left out in the sun too long?
26 Whammy
29 Cockney location word
30 Bean opening?
31 Constant flow
33 Annoy
36 Inventing middle name
37 Woman's enticing movements?
42 Gulf of __
43 Stands
44 The Aztecs' Tonatiuh, for one
47 Bert Bobbsey's twin
48 Old sports org. with a red, white and blue ball
51 Germaphobia may be a symptom of it, for short
52 Miracle in the mire?
56 British bishop's headdress
57 Target
58 Periodical dedicated to stylish boots?
63 Best Picture of 1958, and a hint to this puzzle's theme
64 Japanese comics
65 Kitchenware brand
66 First name in case fiction
67 Rebuff
68 Lunkhead
69 One may make you uncomfortable

B	O	C	A	■	B	O	L	■	A	D	A	P	T	S
E	A	R	L	■	R	C	A	■	M	I	D	O	R	I
T	H	A	I	B	A	T	H	■	C	A	I	M	A	N
H	U	M	I	L	I	A	T	E	■	S	E	E	■	■
■	■	■	■	I	N	D	I	A	N	P	U	R	E	E
■	C	H	O	P	S	■	■	T	O	O	■	A	P	E
■	R	A	M	■	■	P	R	I	O	R	■	N	H	L
■	A	L	G	E	R	I	A	N	N	A	D	I	R	■
P	D	F	■	J	O	N	G	G	■	■	Y	A	O	■
A	L	E	■	E	M	O	■	■	U	T	E	N	N	■
M	E	X	I	C	A	N	P	O	S	E	■	■	■	■
■	■	P	O	T	■	S	U	P	E	R	H	E	R	O
P	O	E	T	I	C	■	M	A	D	M	O	N	E	Y
A	R	C	A	N	E	■	P	R	O	■	M	I	N	E
L	E	T	S	G	O	■	S	T	N	■	O	D	O	R

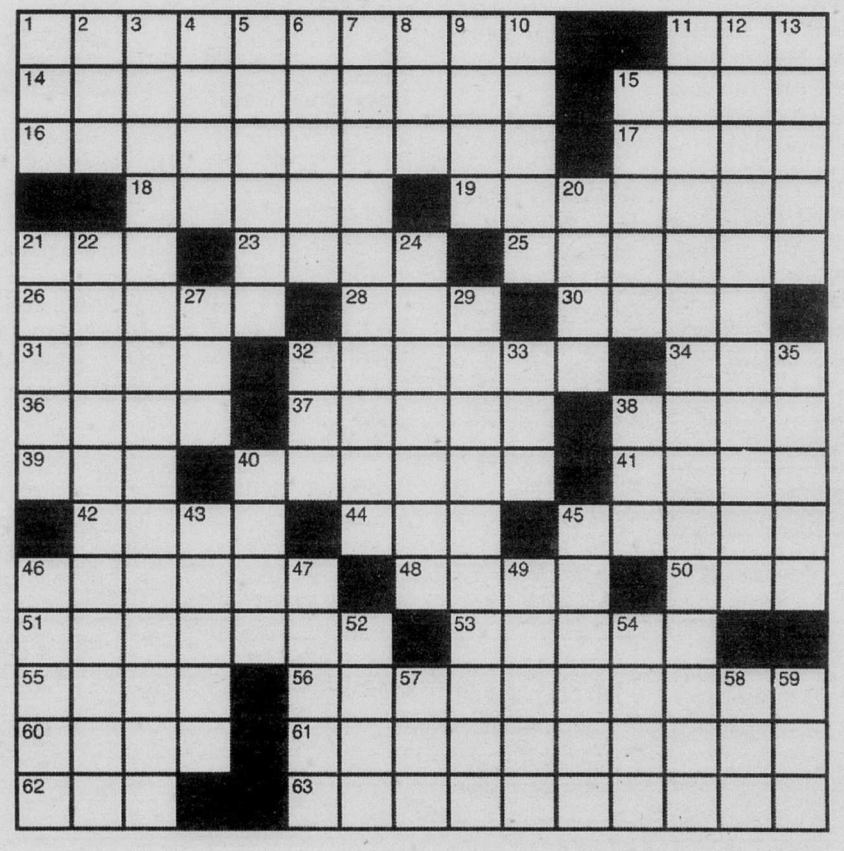
Down
1 Go by
2 Almighty __
3 How much to take
4 First __ equals
5 "Dee-lish!"
6 Little, in Lille
7 Position, as a pool cue
8 Bellow title hero March
9 Place to browse
10 Sci-fi vehicles
11 Reverence
12 Expert finish?
13 Here-there link
19 Fan's disappointment
21 1980s-'90s heavyweight champ
24 E. follower
25 Serengeti scavenger
26 Word after raise or catch
27 Place for a nest, perhaps
28 Short holiday?
32 Joplin works
33 Artistic dynasty
34 Sun. message
35 Strong like string
37 Burkina __
38 Cabinet dept.
39 Heal
40 Part of Caesar's boast
41 Italy's largest port
45 Sci-fi character nicknamed Ben
46 Heap affection (on)
48 Regard highly
49 Hunting dog
50 More pretentious
53 "__ is good"
54 "Wall Street" antagonist who said 53-Down
55 Spinal Tap guitarist Tufnel
56 Roman Cath. title
58 Verbal stumbles
59 Disparity
60 Serengeti prey
61 PC screen type
62 "__-hoo!"
62 Place to retire



Across
1 Title puppet dragon of '60s-'70s kids' TV
11 Trading place
14 Supercilious
15 Angular
16 Ristorante offering
17 Words after take or gain
18 Experience slightly
19 Senseless
21 Bee: Pref.
23 One-eighties
25 Back porch luxury
26 Lady's love
28 Bandleader Beneke
30 Ravel's "Gaspard de la __"
31 Tiny parasites
32 Alarms
34 Oshkosh hrs.
36 Alternative to satellite
37 Name of eight popes
38 Lionized actor?
39 30% of venti
40 Characteristic of some jacks
41 Zeno's home
42 Hunter's setting
44 "Slumdog Millionaire" star __ Patel
45 Comeback
46 Frank
48 In __: unmoved
50 2002 British Open champion
51 Words spoken while stretching, perhaps
53 Old Toyota model
55 Tara of "American Pie"
56 Great Plains dweller
60 Raison d'__
61 Historical transition point
62 Movie format
63 Highly rated individuals?

R	E	E	L	■	O	D	O	D	■	N	R	U	P	S
E	L	R	E	■	O	C	K	E	■	A	G	N	A	M
I	G	I	G	■	Y	L	K	E	E	W	S	G	G	U
T	A	M	I	A	■	■	E	R	T	I	M	■	■	■
R	E	D	N	O	W	Y	G	G	O	B	■	D	C	O
A	B	A	■	N	A	N	■	■	D	O	G	N	U	S
■	■	■	S	E	S	I	R	A	■	■	N	E	D	A
S	E	L	G	I	G	W	E	N	I	N	I	M	E	F
A	V	L	A	■	■	T	S	E	L	O	M	■	■	■
M	A	E	R	T	S	■	■	Y	O	S	■	E	R	E
X	E	H	■	E	S	E	E	H	C	Y	G	G	A	S
■	■	■	S	N	O	I	L	■	■	T	N	A	L	P
R	E	E	D	E	L	G	G	U	M	■	O	S	L	A
O	S	W	O	H	■	U	N	E	M	■	M	O	O	L
N	I	A	P	T	■	A	A	P	M	■	A	D	D	E

Down
1 Omelet ingredient
2 Diamond stat
3 Chevrolet Camaro cousin
4 Iris holder
5 Spill the beans
6 Tucci's "Road to Perdition" role
7 Rep in the city
8 Eastern path
9 Prismatic bone
10 Bygone Crayola shade
11 Party person
12 To summarize
13 Laid-back
15 Xhosa's language group
20 Accelerator particles
21 Country album?
22 It precedes the late news
24 "Can Do!" group
27 Part of an org.
29 Fictional threat to secret-keeping
32 Overhead light?
33 From Okla. City to Tulsa
35 Airline conveniences
38 Pastoral place
40 Letters under TUV, perhaps
43 Battery post
45 Indonesian currency
46 Condé Nast technology magazine
47 Sicken
49 Bailiwicks
52 Popular 1958 spy novel
54 "General Hospital" Emmy winner Sofer
57 Nabokov novel
58 Where "Shazbot!" is a curse
59 Natural __



CALL SHERBROOKE: (819) 569-9525 BETWEEN 8:30 A.M. AND 4:30 P.M.
E-MAIL: classad@sherbrookerecord.com
OR KNOWLTON: (450) 242-1188 BETWEEN 9:00 A.M. AND 4:00 P.M.

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001 Property For Sale

OPEN HOUSE
Sunday, March 2, 2014
2 - 4 pm
76 Atto, Lennoxville

Charming 4 BR, 2 bath bungalow on very private lot. Fireplace, garage and many renos. **DuProprio # 436159.** Everyone welcome.

001 Property for Sale

Make your classified stand out, add a photo for **$10.** per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. **819-569-9525. classad@sherbrookerecord.com**

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050 Rest Homes

WARBURTON RESIDENCE has **2 private rooms in a family home near Lennoxville,** personalized care, home cooking, doctor on call. References available. **Now certified.** For a visit call 819-563-1388.

100 Job Opportunities

GARDNER, no experience necessary, 35 hours per week. Salary to be determined. Call (450) 292-4198.

HELP WANTED! $28/hour. Undercover shoppers needed to judge retail and dining establishments. Genuine opportunity. PT/FT. Experience not required. If you can shop - you are qualified! www.MyShopperJobs.com

125 Work Wanted

HONEST, RELIABLE PERSON will do house work in private home. $12. per hour. Call 819-565-2414.

145 Miscellaneous Services

LENNOXVILLE PLUMBING. Domestic repairs and water refiners. Call Norman Walker at 819-563-1491.

Looking for a job or qualified personnel? Consult our Classified ads!

100 Job Opportunities

PROPERTY MANAGER
Austin, Quebec

A Property Manager is required to handle the maintenance of a 225-acre (200 acres wooded) property in Austin, Quebec. The property has a primary and secondary residence, two barns and a maple sugar house. It is also home to a small herd of alpacas and has about 1500 trees for maple syrup production.

The candidate responsibilities include:

- Weekly lawn care, snow removal, winter protection of plantings, the cutting and storage of wood
- General home maintenance including fireplace cleaning and stocking, garbage removal
- Assisting gardener with heavier tasks
- Supervision of outside contractors working on the property
- Securing of property daily
- Ploughing and cutting of fields, fence maintenance
- Feeding and care of alpacas, general maintenance of paddocks
- Maple syrup production (experience an asset but willing to train)

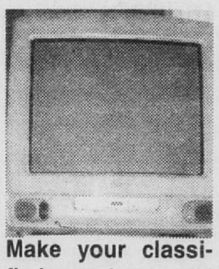
The candidate should possess the following qualities:

- Be a self-starter, able to work without supervision
- Be responsible and trustworthy
- Be at ease with farm equipment; have a basic grasp of motor mechanics, plumbing and electrical issues, and general woodwork
- Have a basic knowledge of English, be a good communicator and possess some computer skills such as familiarity with Excel
- Be able to maintain confidentiality concerning the property and owners at all times

This is a full-time, year-round position with an above average salary. The employer is also willing to pay for any job related courses such as forestry management and maple syrup production techniques.

Please forward your curriculum vitae to HYPERLINK "mailto:clubdegolfmemphremagog@bellnet.ca" clubdegolfmemphremagog@bellnet.ca

150 Computers



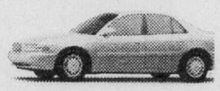
Make your classified stand out, add a photo for **$10.** per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. **819-569-9525. classad@sherbrookerecord.com**

155 Travel

WARM & SUNNY ARIZONA! Free info on Arizona Real Estate. Free Phoenix City guide. Toll free 1-855-889-4675. www.WarmAndSunnyAZ.com

190 Cars For Sale

CLASSIFIEDS ONLINE! www.sherbrookerecord.com



Make your classified stand out, add a photo for **$10.** per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. **819-569-9525. classad@sherbrookerecord.com**

215 Boats

ALUMACRAFT FISHING BOAT, 2010, 16 ft., with steering, 25 h.p. Yamaha, with trailer. $8,800. Call 819-822-8815.

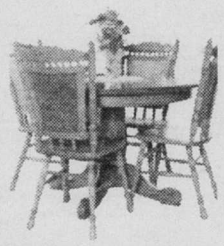
275 Antiques

SPECIAL FAMOUS PAINTINGS & ANTIQUES AUCTION
WWW.ENCANGELINEAU.COM
Sunday, March 2, 2014 at 10 a.m.
7900 boul. Laframboise, St. Hyacinthe, QC (exit 130-N, autoroute 20)
Note: from 10:00 a.m. until noon, only paintings will be sold. Antiques will be sold starting at 12:30 p.m.
TO BE SOLD: Beautiful paintings: M.A. Fortin, Riopelle, Hudon, Lecor, Le Sauteur, Tanobé, Little, Vaillancourt, Hammond, Villeneuve, Richard, etc. Also nice furniture of all styles, marble, jewellery, etc., coming from an estate.
VISIT: Saturday from 1 p.m. to 5 p.m.
Next Auction on Wed. March 5 at 1 p.m.
ENCANS GÉLINEAU & FILS INC.
(450) 796-2886

275 Antiques

WE BUY from the past for the future, one item or a household, attic or basement, shed or garage. We like it all, give us a call. 819-837-2680.

290 Articles For Sale



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STEEL BUILDINGS / Metal Buildings. Up to 60% off! 30x40, 40x60, 50x80, 60x100, 80x100, sell for balance owed. Call 1-800-457-2206. www.crownsteelbuildings.ca

294 Events

CLASSIFIEDS ONLINE! www.sherbrookerecord.com

295 Articles Wanted

COLLECTOR looking for **old guns** and related items, military memorabilia. **819-571-4679.**

295 Articles Wanted

BUYING ALL KINDS of vintage rods, reels, lures, flies, tackle, art, carvings, etc. Call 819-571-4679.

BUYING OLD WAREHOUSE and store stock, jewellery store or general store, motorcycle or anything in new/old condition. Magazines, catalogues, etc. Call David: 1-800-789-2868.

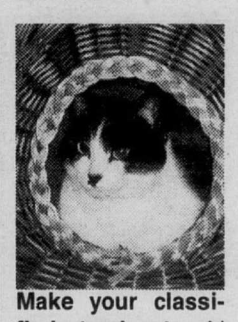
320 Livestock

YOUNG FLOCK - 2 to 5 years of age. 3 rams and 50 ewes with lambs at side (1 to 5 weeks old). Call 819-826-5860.

330 Pets

DOG BOARDING at Blue Seal. Weekends, holidays and day care. **Cageless.** Personalized care for your pet. **Blue Seal,** the Animal Nutrition Centre, 1730 Wellington South, Lennoxville, **819-348-1888.**

330 Pets



Make your classified stand out, add a photo for **$10.** per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. **819-569-9525. classad@sherbrookerecord.com**

Where are the best looking in town? At the Eastern Townships SPA! Come and visit our adoption rooms! Many cats and dogs aged between 2 months and older are waiting to find new homes. They have all been spayed/neutered, vaccinated, dewormed and microchiped. If you have wisely chosen to adopt a pet, come and meet them Monday through Saturday between 9 a.m. and 4 p.m. Adoption fees are very reasonable. **1139 Queen Blvd. North, Sherbrooke.** For additional information: **(819) 821-4727.**

345 Flea Markets

SUTTON
Sutton Market at the Legion on Saturday, March 1 from 9 a.m. to 3 p.m. Beautiful Swiss music box late 1800's, duck engravings, toys and much more.

330 Pets

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Tuesday to Saturday 10 a.m. to 4 p.m.
2887 College St.
(behind Clark & Sons)
Lennoxville
DOG GROOMING of all sizes and breeds, in a calm and friendly atmosphere
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Nail Clipping $5.00 Find us on Facebook
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430 Personal

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440 Miscellaneous

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Classified ads must be prepaid.

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Please look over your ad the first day it appears making sure it reads as you requested, as The Record cannot be responsible for more than one insertion.

ADVANCE NOTICE OF AUCTION

ANNUAL CONSIGNMENT SALE OF FARM MACHINERY

at Encan Coaticook
7726 Route Louis S. St-Laurent
(between Coaticook & Compton)

SATURDAY, APRIL 5, 2014 AT 9:30 A.M.

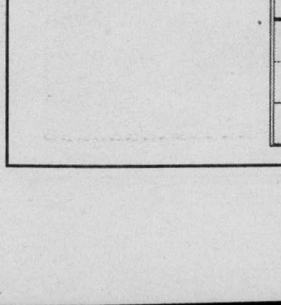
Should you want to place machinery on consignment, you have until Monday, March 17 to give us the details of your machinery. After then, you will no longer be listed in the ads but we will still be pleased to take your machinery on consignment until Friday, April 4.

pour la région / For the townships

Coopérative des Producteurs de Bovins des Cantons de l'Est

ENCAN SAWYERVILLE inc. AUCTION

For information, contact
Tel. 819-849-3606
Email: aruel.lafaille@videotron.ca



Don't get mad!

Put a classified ad and get results!

Stanbridge East Women's Institute

Stanbridge East W.I. started 2014 with a meeting on February 6 at Avante Women's Centre in Bedford, with President Jean Cogswell presiding. Jean welcomed everyone and opened with the Collect and Salute to the Flag.

Motto: If you find yourself in a hole, the first thing to do is stop digging.

Roll Call: Payment of dues. A Valentine card for Veterans Hospital.

Minutes of the November 2013 meeting were read. There was a short report of the Christmas party. The secretary, Betty Perry, gave an oral annual report. There was no Treasurer's report.

The President gave a very good annual report. The only position open for 2014 was Education, which Betty Perry agreed to fill. February 19 is Founders Day, and to honour this Mary Boomhower moved we send a donation to 'Willie the Worm' (F.W.I.C.). Seconded by Pearle Yates and carried.

Correspondence: Thank You's from Barbara Harvey, June Lamey and Lucy Taff. Lots of material from Q.W.I. president Norma Sherrer. Stanbridge East W.I. needs a fundraiser, and after much discussion, they decided on a 'Stay at Home Tea.' Jean and Pearle to look into this.

New business: Whether to have a sales table at Miss. County annual meeting. Tabled until March meeting on March 6 at Avante.

The travel bag was won by Jean Cogswell.

Submitted by
Pearle Ingalls Yates

All Saints' Guild

February 10 - Six members of the Guild met in our Church Hall to set up for our soup luncheon. It was wonderful to have extra pairs of hands to help us with this. Thank you!

We gathered for a welcome coffee break and our meeting. All good thoughts go out to our president, Erma Ten Eyck from each of our Guild members. Erma has been under the weather lately and could not attend today's meeting.

Fran Shaw, our vice-president, led the meeting. The minutes were read and accepted. The treasurer gave her report of a healthy balance in our account.

Plans were reviewed for our Valentine soup and dessert luncheon. All seemed to be under control. This is to be held on February 13.

The next item of business was to plan a birthday celebration for March 8. We will be providing the luncheon for this event.

Thank you, Fran, for leading our meeting in Erma's place. Thank you as well to Cynthia and Janet for a delicious meal at noon.

Valentine Soup Luncheon.

Guests were welcomed into our hall that was decorated in a theme for Valentine's. Red and white printed cloths covered the tables. The bake table was covered with all sorts of homemade goodies. This opened at 11:30 so that one could shop before lunch.

A variety of homemade soups were served at 12 o'clock. Then came the desserts - so many choices!

Door prizes were drawn during the meal. Judy Jones won a door prize of maple syrup and Martha Dudley a gift basket.

We were very happy to have Erma Ten Eyck join us for lunch.

Cards were played following the meal. Prizes were won by Anne Foster, H. Riti, Josee Streule, Harold Whitman, Doug Talbot and Audrey Dean.

Thank you to all who came and supported us.

Respectfully submitted by
Mary LeChasseur

SUDOKU

Difficulty: 5 (of 5)

			3					1
	8		7			9		
2				6	8			5
3	9				2			
		4				8		
					6			4
	3	2		7			6	
1	7		4				2	

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HOW TO PLAY:
Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

PREVIOUS SOLUTION

3	1	7	5	2	8	9	6	4
4	2	5	3	6	9	1	8	7
9	6	8	7	4	1	3	2	5
5	7	3	4	8	6	2	1	9
8	9	2	1	7	5	4	3	6
1	4	6	9	3	2	7	5	8
6	3	9	2	5	4	8	7	1
2	8	4	6	1	7	5	9	3
7	5	1	8	9	3	6	4	2

SUDOKU

Difficulty: 4 (of 5)

	7		1				2	
	4	5				1		
				8		3		
	9		8		5			
		7					6	
4	2	3	9					
	8		5			9		
				7				6
6		4			3	8		

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HOW TO PLAY:
Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

PREVIOUS SOLUTION

7	2	5	3	8	9	6	4	1
9	4	3	6	5	1	2	8	7
6	8	1	7	2	4	9	5	3
2	1	7	9	6	8	4	3	5
3	9	8	5	4	2	7	1	6
5	6	4	1	3	7	8	9	2
8	5	9	2	1	6	3	7	4
4	3	2	8	7	5	1	6	9
1	7	6	4	9	3	5	2	8

Worldly Ponder

As we export Canadian snow to the USA
And look at them dealing with it every which way
I sit back listening to a CD of good, old Irish songs
Wondering if God is punishing humankind for its wrongs

Possibly it is because His world has become so small
With technology that enables us to Earth in its all
We see the USA keep ex-prez Bush's war alive in foreign lands
And President Obama struggling with home problems of various brands.

Well, I oft' despair, while keeping God as a guide within my heart
That I retain my sanity among what the next news will impart
No wonder younger generations immerse, ears plugged into music
In a world of their own, what more can be so aloofly majestic!

Tis probably the simple solution, my friend
If one cares not on how it will all end!

G.L. Brown
February 2014

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SiriusXM

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UP TO $5,700€ IN TOTAL DISCOUNTS,
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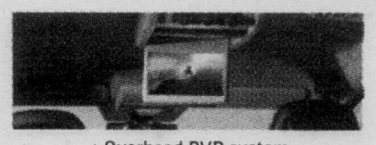
+ 8.4-inch touch-screen and rear back-up camera



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"Less Fuel. More Power. Great Value." Is a comparison between the 2014 and the 2013 Chrysler Canada product lineups. 40 MPG or better claim (7.0 L/100 km) based on 2014 *EnerGuide* highway fuel consumption ratings. Government of Canada test methods used. Your actual fuel consumption will vary based on driving habits and other factors – for comparison purposes only. See dealer for additional *EnerGuide* details. Wise customers read the fine print: †, *, ‡, **, °, €. The offers of this ad apply to retail deliveries of select new models purchased from participating retailers between February 1 and February 28, 2014. Offers are subject to change and may be extended without notice. Prices include freight ($1,695) and air conditioning tax (when applicable). No fees will be added to the all-inclusive prices of the advertised models. Prices exclude license, insurance, duties on new tires ($15) and applicable taxes, and will be required on purchase. A down payment may be required. Retailer order or trade may be necessary (when applicable). Retailer may sell for less. See participating retailer for complete details and conditions. ‡ Purchase Price applies to 2014 Dodge Journey SE (JCDH49 + 22F); $19,995. Prices include, when applicable, a Consumer Cash Discount. * Consumer Cash Discounts (2014 Dodge Journey SE: $2,000) are offered on select new 2014 vehicles and are deducted from the negotiated price before taxes. ± 4.29% purchase financing rate for up to 96 months available on the 2014 Dodge Journey SE (JCDH49 + 22F) with a Purchase Price of $19,995 financed at a 4.29% rate for 96 months with $0 down payment equals 208 Bi-weekly payments of $113.63, a cost of borrowing of $3,640.04 and a total obligation of $23,635.04. ** 2014 Dodge Journey SXT Blacktop (JCDP49 + 22K + ADX) shown. Price including $2,000 Consumer Cash Discount and $1,500 Bonus Cash is available to eligible customers on the retail purchase/financing of select 2014 Chrysler, Jeep, Dodge (excluding 2014 Dodge Journey SE and SE Plus models), Ram or Fiat models at participating dealers from February 1, 2014 to February 28, 2014 inclusively. Finance Pull-Ahead Bonus Cash will be deducted from the negotiated price after taxes. Eligible customers include all original and current owners of select Chrysler, Jeep, Dodge, Ram or FIAT with an eligible standard/subvented finance contract maturing between January 1, 2014 and December 31, 2016. Trade-in not required. See dealer for complete details and exclusions. * MAX Package discounts are comprised of a $2,500 Bonus Cash (deducted from negotiated price before tax) and apply to retail purchases of select new 2014 Dodge Journey R/T AWD models with MAX Package made at participating retailers between February 1 and February 28, 2014 and consist of $2,000 Consumer Cash Discount and up to $3,700 Package of $1,200, for total discounts of $3,700. Valid on in-stock units only. Dealer order may be necessary, a delivery period of 8-12 weeks is to be expected. Some conditions apply. See your participating MAX Package dealer for details. € Up to $5,700 in total discounts are applicable to retail purchases of select new 2014 Dodge Journey R/T AWD models equipped with MAX Package chosen. Example: 2014 Dodge Journey R/T AWD (JCES49 + 28X + AGV + AV1 + AS4 + 3GG) is eligible for a $2,500 Bonus Cash and an additional discount on the advertised MAX In MAX Package Savings. See your retailer for complete details. Δ Based on 2014 Dodge Journey SE with 2.4L 4-cylinder engine and 4-speed automatic transmission: 7.7 L/100 km highway and 11.2 L/100 km city rating. Government of Canada test methods used. Your actual fuel consumption will vary based on powertrain, driving habits and other factors – for comparison purposes only. See retailer for additional information about the *EnerGuide* program. * Based on R. L. Polk Canada, Inc. May 2008 to September 2013 Canadian Total. NVR data for Chrysler Crossover Segments. ™ SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc. ® Bluetooth is a registered trademark of Bluetooth SIG, Inc. ® Uconnect is a registered trademark of Chrysler Group LLC. ® Jeep is a registered trademark of Chrysler Group LLC, used under license. Chrysler • Jeep® • Dodge • • RAM Dealer Advertising Association