

SÉPAQ

PARC NATIONAL D'OKA

Protected territory. The grandeur of Mother Nature.

At the foot of ancestral hills, 11km of shoreline and 7km of fine sand, a mere stone's throw from the metropolis of Montréal

THE MUST-SEES



A

The South is closer than you think

Did you know that the Parc national d'Oka shoreline is 11 km long? One of the most beautiful hikes in the park is the 7km of beach that is open all year long.



B

Winter wonderland

From one season to the next, the park changes its decor to take you on an ongoing journey. Discover our Iceland-like winter landscapes while practicing the sport of your choice.



C

Introduction to the great outdoors

Parc national d'Oka encompasses a very small territory compared to certain other national parks and wildlife reserves, but it remains one of the most accessible of the lot. A wide range of devices and gear, from pedal boats to skis, as well as equipment for the disabled, is available for rent throughout the year, so that everyone can enjoy or discover the pleasures of the great outdoors. Come and see us at the Littoral!



D

Surprise encounters

At the turn of a trail, at your campsite, or from the Grande-Baie observation tower...all sorts of beautiful encounters await you. The park is the ideal place to admire wildlife in its own protected habitat.



Looking far and wide!












No time to visit our US neighbours for a hike in the Adirondacks? No problem! Just head up to the Chapelles du Calvaire for a breathtaking view. On a clear day, you'll be able to see the Adirondacks while enjoying a tasty snack.







A team of passionate people

Everywhere on our territory, a dedicated and passionate team works to make your visit truly exceptional. Don't hesitate to ask them questions about the activities or our hidden treasures; they'll help you discover the park in an entirely different way.

DISCOVER OUR TRAILS

	TRAILS		DISTANCE ROUND TRIP	DIFFICULTY	DEPARTURE POINT
	L'Érablière trail		1.3 km	E	La Grande Baie Registration Centre
	La Grande Baie trail		4 km	E	La Grande Baie Registration Centre
	Calvaire d'Oka trail		4.4 km	E	Calvaire d'Oka Parking
	Sauvagine trail		6 km	E	Le Littoral Visitors Centre
	Sommet trail		6.7 km	H	Calvaire d'Oka Parking Shared trail (mountain bike)
	Park bicycle path		3 km	E	Le Littoral Visitors Centre
	La Route verte		7.8 km	I	La Grande Baie Registration Centre

 Hiking
  Mountain bike
  Family experience
  Dogs allowed when on a leash
sepaq.com/animaux

E : easy **I** : intermediate **H** : hard

*The times and degrees of difficulty mentioned are approximate and refer to the summer season only.



WWW.AQUAZILLA.COM | 514-948-6721

\$15*
CAMPER DISCOUNT



To Oka
and Oka-Hudson
ferry

Community Place

**Le Littoral
Visitors Centre**

**Download via
Avenza Maps**

L'information fournie sur cette carte peut changer sans préavis.
En cas de disparité, l'information sur le terrain doit prévaloir en tout temps.

Cette carte intègre de l'information géographique de source gouvernementale.
Pour des besoins de représentation, certaines données ont subi des transformations et des adaptations qui ont pu modifier la donnée originale.
Données originales utilisées : Années 2021
Banque de données Sépaq
Cartes topographiques à l'échelle de 1/20 000 : 2005
Source des données utilisées : Ministère de l'Énergie et des Ressources naturelles
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- Registration centre / Information
- Reduced mobility access
- Swimming area
- Playground
- Picnic area
- Historical building
- Self registration post
- Shop
- Laundromat
- Semi-serviced camping

- Camping with moderate conversation allowed after curfew
- Cabin
- Interpretation
- Equipment rental
- Watercraft equipment rental
- General store
- Lookout
- First aid
- Boat launch ramp

- Food services
- Community hall
- Group meeting room
- Observation site
- Sail sport
- Washroom
- Observation tower
- Automated external defibrillator
- Km
- Length of trail sections

- Bike path
- Trail
- Road network
- Camping loop
- Walking path
- Service road
- Dogs allowed location
- National park boundary
- Parking lot



1 000 1 500 m

RENDEZ-VOUS WITH DISCOVERY!



Twilight kayaking *Fee-based activity

Set out in a kayak on the waters of Lac des Deux-Montagnes and return at nightfall. Along a 2 km route, you'll discover the immensity of the Ottawa River, the importance of the lake's wildlife, and many of the habits and customs of our predecessors. A memorable guided hike in the company of enthusiastic park wardens. Booking at 450-479-8365.

The treasure of Athanas

The first warden of Parc national d'Oka to leave his fortune hidden in the park... come and discover the clues he left behind. Perhaps you'll be able to decipher them and find his hidden treasure.

Park warden around the campfire

Relax with your family at the campground and enjoy a visit from a park warden and naturalist right at your campsite. You can talk about the topics that interest you or let the subject of the moment carry the conversation.



Family experience Yippee, it's absolutely free!

For young people 17 years of age and under, access, accommodations, and equipment loans are absolutely free of charge.

The offer varies from one establishment to another.



Congregate at the very place where the Calvaire d'Oka pilgrims once docked... You can see the park from the lake.

Oka St-Hilaire bicycle and walking trail

Recently restored on the section crossing the park from east to west, this trail offers you many kilometers of exploration in natural and urban environments and links the three national parks in the Montréal area.



CONSERVE FOR TOMORROW



Get to know the turtle populations to better protect them.

Located in large part within the floodplains of Lac des Deux-Montagnes, Parc national d'Oka is an important site for amphibians and reptiles in the region. Over the past 15 years, the presence of 7 species of anurans, 6 species of salamanders, 5 species of garter snakes, and 4 species of turtles have been confirmed in the park. Some of these species are particularly interesting, such as the milk snake, the water snake, the northern map turtle, and the wood turtle.

This year, during the turtle nesting season, a park warden and naturalist will be tasked with preventing turtle collisions with road vehicles; documenting road mortality and the use of nesting sites; recording observations at predetermined exhibition sites; releasing turtle hatchlings into waterways; and, of course, receiving visitors.

In May and June, ride your bike through the park in search of the mobile kiosk, Par ici les découvertes, rencontrer le garde-parc/naturaliste (discoveries right this way: meet a park warden and naturalist). Above all, be sure to keep a one-car-length distance between you and these prehistoric-looking reptiles.



IN THE WILD, YOUR SAFETY IS YOUR RESPONSIBILITY

Outdoor activities can involve certain risks.

Always be sure to have the skills and abilities required for the activity you choose. It is very important to find out about the risks involved in the activity, to know and respect your own limits and to use appropriate equipment. Preparing yourself adequately is the first step in the safe and enjoyable practice of your favourite activities.

For more information, visit our website at sepaq.com/security

DISCOVERY ACTIVITIES

Consult the program to enrich your visit. (in French only)

You will find entertaining activities to explore the park from every angle.



CONSERVE FOR TOMORROW



Ongoing protection of the park's unique ecosystems

Parc national d'Oka is part of Québec's network of protected areas, so the greatest threats to its physical integrity are kept at a distance, including urban sprawl, deforestation, and mining. However, the maintenance of the quality of these ecosystems is not guaranteed and other threats can adversely affect this protected area. Among these perils, Parc national d'Oka is concerned about habitat connectivity, the presence of invasive exotic species, and the poor water quality of certain watercourses, including Ruisseau Rousse.

In addition, urbanization near the park's boundaries increases the impacts of the edge effect on the park's natural massifs. In this context, the transition zone between the forest massifs and the residential area must be situated completely within the

park's boundaries, and species adapted to natural ecosystems and less adapted to the transition zone are therefore pushed further inside the park.

Parc national d'Oka is involved with various regional partners who are working on strategies to reduce these pitfalls. We would like to thank the Deux-Montagnes RCM; the Kanasatake Band Council; the municipalities of Oka, Saint-Joseph-du-Lac, and Pointe-Calumet; the Milles-îles watershed council (COBAMIL); the Fondation de la Faune; and Éco-corridors Laurentiens, who have all been in contact with park managers for projects seeking to reduce the pressure of the peripheral zone on park ecosystems.



OUR NATIONAL PARKS

Protected territories offering
a connection to nature, for us
and for future generations.

5 good practices to adopt

- Refrain from feeding the animals
- Keep your distance when animal watching
- Stay on the trails
- Don't collect natural elements (plants, dead wood...)
- Keep your right of access on hand at all times

Did you know?

Your access fee is **100% reinvested in the national parks**. By paying your fees, you are helping to protect this magnificent natural environment and the flora and fauna found there. **Thank you for your support!**

Discover what's happening behind the scenes

Stars in your eyes, birds songs in your ears... Dive into the fascinating world of initiatives to protect our natural treasures. (in French only)

sepaq.com/lenversdudecor



100%

PCF



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Parc national
d'Oka

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