665 CON

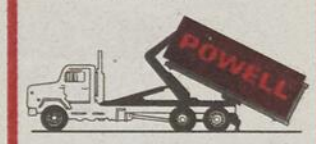
Townshippers united to help Lac-Megantic

Page 3

THE RECORD

THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897

POWELL TRANSPORT
• Container rentals
• Top soil, crushed rock
• Gravel, sand



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WEEKEND EDITION

95 CENTS + TAXES PM#0040007682 FRIDAY, JULY 26, 2013

Former Cougars defenceman killed in Lac-Megantic

Pelletier opened hockey school for the Megantic region

Mylène Vachon
Champlain College

The Champlain College Cougars organization has regretfully learned of the premature death of Mathieu Pelletier. The 29-year-old lost his life on July 6 after the train derailment in Lac-Mégantic and ensuing explosions, which killed upwards of 40 people and left numerous families homeless. The coroner recently confirmed that Pelletier's body was discovered in the ruins.

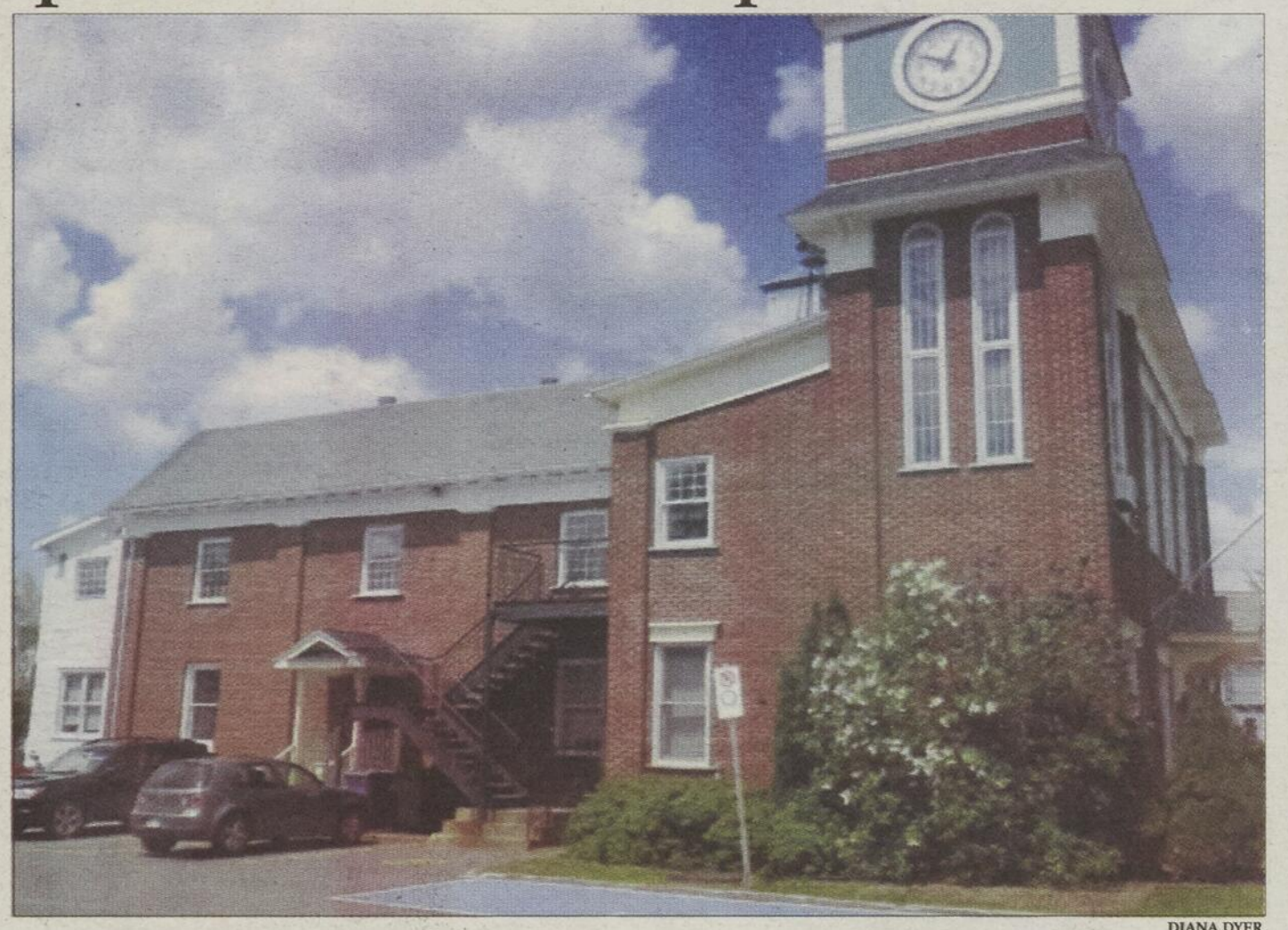
This news marks a sad end for this young mathematics teacher at the Polyvalente Montignac in Lac-Mégantic. Pelletier played three seasons with the Cougars from 2000 to 2003 as a defenceman. He was a part of the championship team for the Collegial Hockey Major League in 2001-2002 and the following year he became a key player for the Cougars. In effect, in 2002-2003, under the leadership of Stéphan Lebeau, the Cougars won the President's Cup with a record of 41-5-4. They then went on to win the championship of the elimination series and brought the Fred Page Cup, the championship emblem for Junior A in Eastern Canada, home to Sherbrooke from Cornwall, Ontario.

With his many years as hockey player and trainer, Pelletier decided to give back to the community of Lac-Mégantic. In 2012, he created the Desjardins

CONT'D ON PAGE 19

Sutton

Residents seek to keep public land out of private hands



DIANA DYER,

Land to be possibly sold by the Town of Sutton has been raising eyebrows in the community due to the process by which the business has been conducted.

Gordon Lambie
Special to The Record

A petition is being circulated in Sutton in the name of maintaining the municipal ownership of a lot of land originally acquired for the purposes of creating a municipal campground. The land in question, referred to as lot 634, is the subject of debate not just because of the call for tenders, but due to the process by which the business is being conducted, which has been raising eyebrows in the community owing to its never having been addressed at a public town-council meeting.

The lot in question sits just to the south of the village, 105 acres acquired for $32,000 in 1985, according to Winston Bresee, who was mayor of Sutton

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Weather

TODAY:
CLOUDY, SHOWERS
HIGH OF 22
LOW OF 10

SATURDAY:
PERIODS OF RAIN
HIGH OF 26
LOW OF 15

SUNDAY:
CLOUDY
HIGH OF 27
LOW OF 16

MONDAY:
SHOWERS
HIGH OF 22
LOW OF 15

TUESDAY:
MIX OF SUN AND CLOUD
HIGH OF 24
LOW OF 12

COURTESY

The Skatalites are just one of the musical groups performing at the festival at Owl's Head this weekend.

Fourth annual Sennheiser Owl's Head Music and Arts Festival

THE SCOOP

MABLE HASTINGS

The people of Potton and surrounding areas will be treated, again this year to an event that the community should be proud to have brought to its door. When culture and music mix, the results are nothing less than a blissful journey that leaves the soul feeling nourished and positive.

On Saturday, July 27 starting at noon, Sennheiser will hold its fourth annual music festival at Owl's Head Mountain in Potton. This is a quality event for the whole family with a plethora of musical talent that also offers activities for children and youth including Casey McDonald skateboard demos and instruction.

International music is the focus and the schedule unfolds with variety and culture like a celebration not to be missed. The event is being held at 40 Chemin Owl's Head and you can access information on each performer by visiting the website at www.owlsheadfestival.com

Sennheiser Canada is, for a fourth consecutive year, bringing this jam packed, talent filled and memorable event to the beautiful Owl's Head Mountain location hoping that, as each year has indicated, the numbers attending will grow and grow.

The balcony stage has a line-up as follows for the day:

12:00-12:30pm Carlos Soria, 12:45 to 1:30 p.m. Strumbellas, 1:45 to 2:30 p.m. David Garza, 2:45 to 3:30 p.m. Chris Murray, 3:45 to 4:30 p.m. Maia, 4:45 to 5:30 p.m. The Slackers, 5:45 to 6:30 p.m. Jeremy Fisher, 6:45 to 7:45 p.m. Skatalites and from 8 to 9 p.m. Pawa Up First.

The summit stage line-up includes: 1 -1:45 p.m. Bilal Butt, 2 - 2:45 p.m. Johnny Black / Positive Vibes, 3 to 3:45 p.m. Helado Negro, 4 to 4:45 p.m. DJ Disco Phantom, 5 to 5:45 p.m. Pat the Brat (C'est Extra) and from 6 - 6:45 p.m. Sonida Nordico.

Whether your musical preference is Jamaican, Indie-rock, Rock-n-Roll, Country, Folk, Bluegrass or Gospel...this festival offers something for everyone. Performers include Juno Award nominees and artists who will come to Potton to share their talents for this annual event. Mark this event on your calendar folks; it is one you surely do not want to miss! The event is free and the support of the community is vital.

LOTO QUÉBEC — Draw results: 2013-07-24

Lotto 6/49: 02 05 12 22 44 48 — Bonus 10

Québec 49: 05 10 15 21 32 41 — Bonus 11

Next grand prize (approx.) $3,500,000

Extra 4512131

Lotto MAX — TONIGHT, $22 MILLION (approximately)

In the event of discrepancy between this list and the official winning list of Loto-Québec, the latter shall prevail.

loto quebec.com/loteries

Ben by Daniel Shelton

Lac-Megantic disaster

Domino's Pizza raises $15,200

By Olivia Ranger-Enns
Record Correspondent

COREY MORIN

Corey Morin (Third from right) and his team at Domino's Pizza in Lennoxville.

Corey Morin from Domino's Pizza at 1105, Belvedere Street in Sherbrooke is a happy man.

Along with his team at Domino's Pizza, Morin raised $15,200 in one day which was then given to the community of Lac-Megantic, who suffered a terrible train tragedy.

Domino's International has also promised to match the amount penny for penny and transfer the money to the members of the Megantic community.

"We were so surprised with the amount raised, and we are so grateful for the support," said an enthusiastic Morin over the phone. "People flocked to the store to buy the one pizza we were selling that day, a large pepperoni pizza for $15, taxes included. At the last minute, we set up drop-off areas in Richmond, where we got a lot of encouragement. I was amazed at the Richmond community. Even though it is a small railroad town, Richmond was behind us all the way." Domino's Pizza sold 160 pizzas in Richmond.

Morin was also pleased with the general vibe during the day. "People kept saying what a good initiative this was. I saw so many people I regularly do business with, coming into the shop to buy a pizza, such as my barber. It was a great thing," added Morin. "Mostly, I would say that people were happy to be local people helping local people. It was also a great opportunity for families to get together to eat pizza and help out for a good cause."

Morin got his employees to stand outside the store on Belvedere street, holding up cardboard signs and waving to attract attention.

Morin acknowledges that it was a full day. "When my head hit the pillow on Monday evening, let's say it wasn't long before I was fast asleep," said Morin.

The very next day, Morin drove out to Lac-Megantic to hand over the cheque. "I left Sherbrooke at 10 a.m. I really wanted to give the people the cheque in person," confides Morin.

The sight of Megantic stunned Morin. "Nothing, no matter how many pictures you see, prepare you for what happened at Lac-Megantic. I was surprised at how close the train tracks are to businesses and homes. I went into the church, where a display of the victims was set up, a kind of hommage to the people the community lost. All I could think of was... thank God we can support, whatever we can do. I could at least feel a bit less helpless having done something," said Morin.

The entire initiative to raise money for Lake Megantic cropped up when Morin's niece Amanda suggested the family do something. "My niece is a wonderful person," sums up Morin.

Morin nodded to his team. "I couldn't have done anything without my employees."

Morin's family has been deeply implicated in the project. Morin's wife, who is a nurse by trade, helped out, Morin's aunt and uncle delivered pizzas, and Morin's mother took pizza orders from Richmond. "It wasn't my typical day at work, but boy did it feel good to be doing this as a family," says Morin.

Morin would like to thank Domino's Pizza of Canada, Domino's Pizza International, Domino's Pizza Distribution, the Canadian Domino's franchise, Paul Boersen from C.S. Brock Transport, David Stevens from Dysons and Armstrong, Richmond 4-H, Morin's aunt Mona and uncle Jerry for lunch and pizza making skills, Coleen, Joanne and Debbie, Morin's wife Mary, Morin's mother, father Doyon at Saint Patrick's church, N.R.J., CJMQ, CBC and The Record.

Firemen unite for Megantic

COURTESY PHOTO

By Josh Quirion
Record Correspondent

Help is coming from everywhere to assist the disaster-stricken community of Lac-Megantic. On July 20 the Ayer's Cliff and Hatley fire departments joined forces in an organized car-wash fundraiser. Local firemen Yves Legault and Marc Charron spontaneously organized the event in a humble effort to contribute.

Over a span of six hours, the brave men waxed on, waxed off, scrubbed and rubbed their way to a successful day, amassing over $6,000 to inject into the Lac-Megantic relief fund.

"The rain didn't dampen anyone's spirits," says Dany Brus, Ayer's Cliff fire department chief, "people gave generously, and the event contributed in boosting the community morale. We have friends in Lac-Megantic, and it was important for us to give something, anything, but this truly exceeded our expectations," adds Brus.

Firemen Marc Charron's son Evan and his plastic vehicle made an appearance, and offered a generous $2. contribution to get his Rubbermaid wheels shined.

Lennoxville Day Camp in full swing

By Olivia Ranger-Enns
Record Correspondent

The Lennoxville Day Camp is really, really busy. With 185 kids attending camp this year (at full capacity), the Lennoxville camp is pumping with energy and activities.

"We are having an intense week," said camp Coordinator Angela Tracy at her office at Lennoxville town hall. "We have been doing a whole lot of stuff, mainly workshops on recycling which is happening tomorrow, and a workshop on the importance of sunscreen today."

The Lennoxville camp is geared towards teaching many valuable lessons to the kids, aged six to 12 years old, who are divided into three age categories (5-6, 7-8 and 9-12).

What's new this year? Tracy was proud to announce that the Youth Centre has partnered up with the 9-12 year olds to give the eldest group an incentive and a place to go when camp is over.

"The 9-12s need a place to go and things to do after camp, which is normal," explains Tracy. "We were glad that the Youth Centre contacted us and established this new relationship. The Youth Centre and the 9-12s are currently having a race up at the park."

Tracy has a load full of activities set for the kids this summer. "We went to go see Despicable Me 2, we have been to Fraser beach, we are going to the Granby Zoo, and we are planning on attending the soccer events at the Games on Monday, Tuesday and Thursday of the first week of the Games," lists Tracy as she checks her calendar.

With five new staff members, the camp is loaded with counsellors and camp kids ready to learn about life. "This week, we have had the police and ambulance people come to see us. It is a great way for the kids, especially the younger ones, to trust officials and learn about how to talk to policemen and women and ambulance staff," says Tracy. Ambulance Estrie and the Sherbrooke Police contacted the camp and gave free workshops on their work.

"We love the fact that these people are contacting us and telling our camp kids about these topics, since we don't have the knowledge or expertise and they do. Anyways, even if we had wanted to tell the camp kids about policing or sunscreen effects, we would have had to do hours or research, and frankly we don't have time for that," says Tracy.

The camp kids were given a 30-minute workshop on the importance of sunscreen by the Canadian Cancer Society. Janie Bédard was all smiles as kids streamed into the Lennoxville community centre, answering her questions as they learned about the effects of too much sun.

"What happens if you stay in the sun too long?" asks Bédard to the sitting gang of children, who responded with enthusiastic cries of "you go red."

Bédard spoke to The Record about the importance of sharing information with kids at an early age. "We don't want to scare them with the effects, but at the same time we feel it is vital to promote wearing sunscreen and protection. We ask the kids what they already know about sunscreen and skin scarring, which is usually quite a lot, and then we fill in the gaps." At the end of the workshop, the kids received a keychain attached with a yellow rubber sun.

In addition to life-learning workshops, the camp kids are, of course, allowed to have fun. In the past few days, the camp has hosted a Hallowe'en Day, a Superhero Day, a Pyjama Day and will soon launch an Animal Day (in preparation for the visit to the Granby Zoo) and an Egg Drop (where you have to let an egg drop from various heights, enwrapped in some kind of casing so that the egg does not break... quite the challenge).

Tracy explained the mission of the camp, "We want to raise awareness about important things for the future, such as responsible recycling, but we also want the kids to remember their summer as just plain fun."

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Research: It's not the fluoride

Nick Fonda
Record Correspondent
SHERBROOKE

For three quarters of a century, a combination of big business and government bureaucracies have actively promoted fluoride as the miracle drug which will put an end to tooth decay. Yet children (and adults) get cavities even in places where the water is fluoridated, both naturally and artificially.

"In fact," says Mireille Guay, "excess fluoride is deposited in the bones and teeth, but fluoride is not the active ingredient that can bring about a slight reduction in cavities."

Born in the south of France, Mireille Guay studied chemistry in Montpellier, where she earned a Master's degree, before moving to the Townships where she went on to earn a PhD in organic chemistry from the Université de Sherbrooke.

Guay worked for more than a decade as a research assistant within the Faculty of Medicine at the UdeS, before taking a post at the Cégep de Sherbrooke where she teaches chemistry and biochemistry. She has published a number of articles in academic journals and has written two text books.

In 1988 she submitted a brief to the public hearings considering water fluoridation for Montreal, and more recently another brief to the commission on fluoridation held this spring at the National Assembly.

It was concern for her own children (she has three, now all grown) that led her to look more closely at fluoride.

"I had always thought that fluoride was good for the teeth," Mireille Guay says, "and we brought our children to the dentist for fluoride treatments. I started re-examining fluoride when one of the children came home with a permission slip. Public health had started a program which would have all the children use a fluoridated mouthwash, a number of times per week, under the supervision of the classroom teacher."

"Of course, I didn't sign," she continues. "I believed fluoride was good for the teeth, but I also knew that fluoride is a poison for the human body. I couldn't conceive of such an exercise. How can one teacher supervise 30 pupils? Children experiment; they don't always listen. It was too easy to imagine some of the more adventurous ones swallowing instead of spitting, and others copying them."

"That incident—public health promoting fluoridated mouthwash—made me start examining the toxicity of fluoride, and that led me to discover a number of things that make it very clear that the merits of fluoridation are a myth," she says.

The effects of fluoridated water on teeth was first described in medical literature in 1916 by an American dentist, F.S. McKay. He noticed that many of his patients had mottled enamel: brown, yellow or white stains on their teeth, a permanent condition now known as dental fluorosis. He postulated that something in the water was causing this high incidence of dental disfiguration. McKay also noted a side effect: the incidence of dental cavities was a little lower than average. Whatever was in the water, McKay reasoned, was causing one problem but also slightly alleviating a different problem.

In 1931, the U.S. Public Health Services identified fluoride as the mysterious agent that McKay had theorized must exist. Fluoride is an ion, a fluorine atom with an extra negative charge. As water filters through soil and rocks, it collects miniscule amounts of the inorganic matter it passes through. Depending on the geology of the area, the drinking water carries, to a greater or lesser extent, trace amounts of a wide range of elements, from boron to zinc.

"For a time, it was assumed that the fluoride was responsible for both fluorosis and fewer cavities. But a lot of science has been done since then," she says. "We've known for at least 30 years that McKay was right about what caused fluorosis but wrong about what prevented cavities."

NICK FONDA

Mireille Guay

"In 1983," she explains, "a comparative, ten-year study was published of three towns in rural Ohio, two of which had naturally fluoridated water and one which had artificial water fluoridation. The water supplies were tested not only for fluoride, but for 15 other trace elements as well. The study found no correlation between higher fluoride readings and the number of cavities; however, there was a correlation with another element: when the level of strontium was high, the incidence of cavities was noticeably lower."

"At about the same time that I saw this study," she says, "I brought one of the children to the dentist for a fluoride treatment. I got a glimpse of the ingredients on the fluoridation product he was using; the active ingredient was strontium fluoride! The other thing I discovered at that time was that it is possible to buy toothpaste which contains strontium."

Clearly, what the Sherbrooke chemistry professor had discovered was not a discovery at all. Strontium wasn't being broadcast or promoted, but it was definitely already being used to prevent tooth decay.

"In my reading," she continues, "I came across a second proof that fluoridating water does not reduce tooth decay. This was a statistical study done by an Austrian researcher. The results, when plotted on a graph, are quite dramatic. When the rate of fluoride and the incidence of fluorosis are compared, the line on the graph clearly shows that the greater the concentration of fluoride, the more numerous the cases of fluorosis. However, there is no similar correlation when fluoride concentration is compared to the incidence of dental decay."

It's worth pointing out that the Austrian study included this remark: "Originally the fluoridation theory was based upon the survey of 21 cities by Dean carried out prior to 1941. In 1955 and 1960 Dean acknowledged that the statistics derived from this survey are invalid." (H. Trendly Dean was an American dentist and researcher who created Dean's Dental Index, a rating system to classify the degree of severity of dental fluorosis.)

Not that there isn't a clear link between teeth and fluoride. A Russian study measured the accumulation of fluoride in different body tissues. (The study was carried out on cadavers from the city of Kiev where the water contains fluoride, and the subjects fell into three age groups: 5-10; 40-50; 70-90.) While the abdominal organs normally filter and excrete 50 per cent of the fluoride that the digestive system takes in, the remaining 50 per cent seeks a place to be stored.

The study demonstrated that only very small quantities of fluoride will be deposited in the glands, vital organs, and muscle tissue; most of the fluoride will enter bones, teeth, fingernails and hair. The blood stream maintains a very low concentration of fluoride, even when there is a high concentration of fluoride in the water being absorbed by the body. In this respect, the body treats fluoride just as it treats other toxic heavy metals like mercury, chrome, or lead that can be found in trace amounts in water supplies: it tries to immobilize the poison by storing it, in the case of fluoride primarily in the bones and teeth.

"The human body works to preserve its own health," Mireille Guay points out. "For example, the large intestine absorbs nutrients, but once the body has a sufficient store of a given nutrient, the intestine will diminish its absorption rate and excrete more of the nutrient."

"Let me mention one more study," says the chemistry professor. "In 1990 two scientists from Dalhousie and Laval published a comparative study of Sherbrooke, which does not fluoridate its water, and Trois-Rivières, which did fluoridate. They looked at two age groups, 11-14 and 15-17. They took sample populations from private schools (in theory more affluent) and from public schools (in theory more disadvantaged)."

"If fluoridating the water supply were an effective tool in decreasing dental decay the students in Three Rivers should have had noticeably fewer cavities, and among both social groups, and among both age groups," she says. "In fact the differences were negligible and inconclusive; the younger group had fewer cavities in Sherbrooke and the older group had fewer cavities in Three Rivers."

Much more disturbing to Mireille Guay—and to many others—is the fact that public health officials who are promoting fluoridation quote this study, but only in part.

The question of water fluoridation has been highly polarized almost since its inception in the 1940s. At that time industry created a niche market that it seems determined to maintain and expand.

For their part, public health officials seem stubbornly stuck with antiquated policies based on old and flawed studies. And the PQ government, after campaigning against fluoridation in the last election is now espousing it.

Science and common sense both scream out against fluoridation, which explains why Mireille Guay, and many others like her, are fighting hard to keep our drinking water pure and free of fluoride.

Wish an athlete good luck during the Canada Games in August

The Record would like to help you send along good wishes to YOUR athlete at the Canada Summer Games from August 2-17. Your wishes will be placed on a "Good Wish Board" daily in The Record throughout the games.
Just send: Name of athlete, week athlete will be participating, message you want to send, your contact info, logo of your school, business or town, and credit card information.
The cost is only $25. plus taxes.

Send your requests by July 31, 2013 to:
aderrah@sherbrookerecord.com

Historic Danville house listed on Sotheby's website

By Stephen McDougall
Special to The Record
DANVILLE

An historic, century-old house on Grove st. that once faced the wrecking ball and was saved by a contingency fund of $1,000 over 25 years ago is now up for sale and listed in the prestigious Sotheby's of London website.

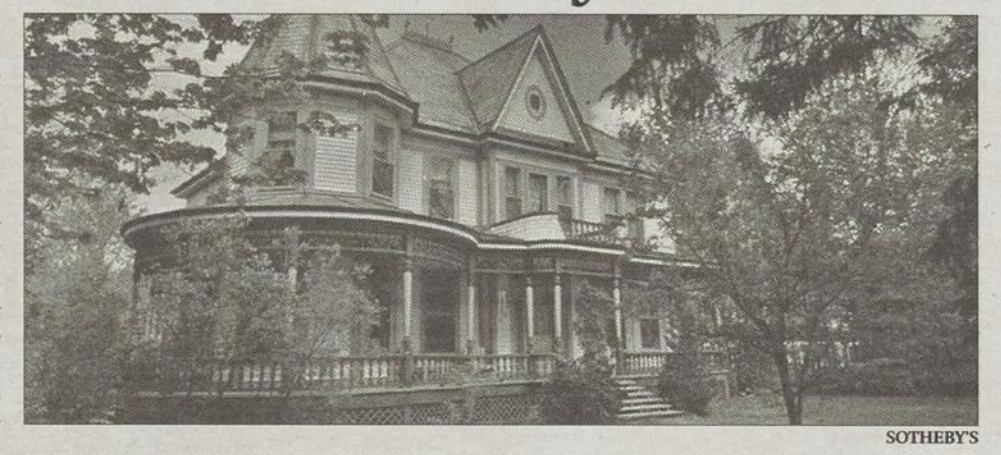
The Edgewood house, a Queen-Anne style home once owned by the Cleveland family, is again up for sale. On the Sotheby's website, the asking price is $695,000.

"It is a very historic home and an architectural gem," said Sotheby's' real estate agent Esther Mercier, who lives in nearby St. Felix de Kingsey.

"Over the years, a lot of renovations have been made on the house to bring up its value, including a very modern, enlarged kitchen and a geo-thermal heating system."

It was once known as the Halloween house because of its black and orange exterior paint during the 1970s when it was used as a boarding house. In 1986, it was bought for $20,000 by a local promoter who wanted the land for a condominium project. It faced demolition like another historic Cleveland home that had been torn down the same year by another local promoter. But Edgewood was

CONT'D ON PAGE 8



SOTHEBY'S

This elegant ancestral home of the Queen-Ann style, known as « Edgewood House », was built around 1890, and restored to its original beauty and architectural refinement.

Residents seek to keep public land

CONT'D FROM PAGE 1

Township at the time of the initial purchase and who has a long time involvement and interest in local politics.

"We were looking for a place we could have extensive recreation activities" Bresee said, "and possibly a small lake"

The former mayor turned-concerned citizen related the story of development intentions that went as far as the drawing up of an official plan for a municipal campground and lake, but then got set-aside to make way for "higher priority projects." Some roads and paths were cut, and the local scouting movement put the land to use as a camping site, but otherwise the land has remained undeveloped and underappreciated.

"Now the town has suddenly decided that they want to sell it and grab the money out of it," Bresee said, "I personally feel it's a real disaster, because it's a really beautiful spot for recreation activities."

Bresee spoke of concerns that, with such an open bidding process, private investors who have no interest in the good of Sutton as a community might buy it up, and the public would lose a valuable potential resource.

"Today the asset is probably worth between $200,000 to $300,000, and it's one of those things where if you sell it, you'll never find another one," he said, "It's a case of a few rich people trying to stop the average person in Sutton from having access to recreation facilities, which I find very, very sad."

John Hawley, who co-wrote the petition with Bresee, spoke to that concern over private investors, stating that in any transaction there is a, "natural buyer," a person one would expect to take up the bid, and in this case the natural buyer is likely to be an adjacent landowner.

"On July 10 there was a call for tenders," Hawley said, "we learned, after the fact, that about ten days before that, letters were mailed out to the adjacent property owners asking them if they would be interested in bidding on it. Technically it became public ten days before it hit the newspaper."

Diana Dyer, a Sutton resident who has been vocal in her opposition to the call for sale of the land as well as of the town management in general pointed to this as behaviour indicating preferential treatment and suggested that the call for bids was being catered to a specific buyer.

"it's very upsetting," Dyer said, "it's a town asset; we should all have something to do with it... the means are incorrect for how they're doing this."

Bresee, Hawley and Dyer all pointed to the fact that this is the second time in ten years that the citizens have had to stand up to defend the ownership of this piece of land, with another petition having been put together around four years ago.

"When they (tried to sell the land) four years ago, they did it by resolution at the town council level, this time that was not done," Hawley said, "We know that there were discussions at a caucus meeting, but not at the town council level."

Pierre Pelland, Sutton's Mayor, was unavailable for comment, as he is currently vacationing in Europe, but Pierre Ménard, the Town Manager, told The Record Wednesday that the town had not discussed the offer in council because the decision to sell had not yet been made.

"It's not necessary for it to appear in the minutes," Ménard said, referring to the call for tenders as a testing of the waters on the part of the town, to gauge whether or not there is any interest. At the same time, though, he did confirm that the municipality no longer has any intention of having the land developed for any specific purpose.

Hawley pointed to a main concern as being where the sudden influx of money from the as-yet hypothetical sale would go. While not as directly pointed in his criticism of the council, Hawley made reference to there having been situations where the town management has made administrative mistakes in the past.

"This town council, we believe, has acted irresponsibly over the last four years. They've increased the budget from 7.7 million to over 11 million and taxes have gone up each and every year," he added, "it's normal that they would make a mistake, what's not normal is that they won't admit it."

Coming back to the issue of the land itself, Hawley and Bresee both spoke to the fact that while the land has not been vastly developed in the 28 years since it was purchased it is, from their perspective, hardly a burden upon the town.

"It was bought for a very small amount of money and it's paid for. It doesn't cost the town anything to carry it," Hawley said, pointing out that due to zoning laws the town has a right to build a five to seven acre lake on the property. Such a lake would give the residents of Sutton, who otherwise have no access to such a resource nearby, an opportunity for outdoor recreation and swimming facilities.

It is out of this concern that Bresee and Hawley composed the petition that they are now circulating physically within the community, and that will soon be available on Facebook.

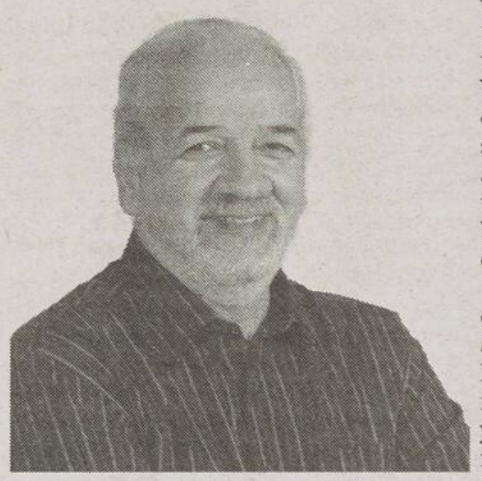
"It's going to be very difficult to get people to sign," Hawley said, pointing out that during the summer people are often less tuned-in to local issues, "(the council) has done this at a time when a lot of people are away on holidays."

Signatories to the petition hope to present at least 200 names to the council at their next town meeting on Aug. 5 in just over two weeks time.

EDITORIAL

No matter the amount of kicking and screaming we will conjure up against the 'fly by nights' like MMA, the oil will continue to flow somehow.

A drop in the ocean



By Francois Tanguay

It has been finally determined that at least 5,2 million litres of oil from the now infamous Lac-Megantic train wreck have been spilled. This makes it the worst ever oil landspill on record for the continent. Only nine of the seventy three cars remained totally intact. It is most likely by now that almost all of the oil was burned in the huge fire that raged for two days. It has also been established that the decontamination process will take a long long time. There will not be a new Lac-Megantic for a while yet. Aquifers have been polluted, most likely that all of the underground water and sewer network will have to be done over. The site will be a major undertaking for some time yet. What is now temporary, will be so for months, not weeks and probably in some cases for years. No one has all the answers yet.

Yes, it is a major spill. The final cost will likely reach the billion dollar mark. All of this at the heart of a small town lost in the woods and unknown to much of the world until recently. But how much oil is involved beyond the numbers we have?

Let's do a bit of math. Each day we consume 660,000 barrels of oil in Quebec, that's 10,5 million litres. Twice the spill in Megantic, every day! The American continent consumes 25 million barrels a day or if you prefer, 4 billion litres. All of this oil travels by pipeline, boat if imported, by road and of course by train. In other words what was spilled is a drop (hardly more than 1/10th of one per cent) in an ocean that keeps swelling and getting larger. We are not getting out of oil dependency anytime soon, no matter what some daydreamers have been saying about it. Of course the best way out is to get serious about our energy needs, by starting to be efficient with all of our energy uses.

We could easily build more efficient housing, but our bureaucrats and the industrial steel and concrete lobbies are working hard at not changing the status-quo too fast. It took years and a ton of political arm twisting just to add a little more wood to commercial housing. Our cars waste two thirds of the energy we pour into them, the rest goes up in smoke and becomes dirty air.

We keep buying 'junk' from Asia we don't need and that won't last. We jam pack the shopping mall parkings every weekend. Unless we consider getting real about consequent energy use, more and more oil will flow, period.

Our oil by the way comes from all sorts of places and most of it travels via the St-Lawrence river. We get almost 40 per cent from Algeria, 14 per cent from Angola, 20 per cent from the UK and about 10 per cent from Norway. The rest comes in small quantities from Saudi Arabia, Nigeria, Venezuela and about 8 per cent from the Maritimes. Not one drop from Alberta. Almost all of our oil floats up the St-Lawrence to the refineries in St-Romuald and at Montreal's East end. We haven't had a serious boat wreck so far, but imagine just one... The irony of course is that the July 6 wreck involved American shale oil heading to the East Coast. But in the end it's the same oil, in moral terms.

Those are facts, hard verified public facts. So no matter the amount of kicking and screaming we will conjure up against the 'fly by nights' like MMA, the oil will continue to flow, somehow. Pipelines will be built, trucks will roll and boats will ease into our ports. Add to this the insane amount of deregulation at the federal level, the oil lobby, and rising car sales. Those are the ingredients for more of the same until it really, really hurts.

THE RECORD

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The foundation of a world-view

By Kevin Richard

In an effort to understand our linear existence we study history, or what we know about history to be precise. We justly question the validity of our sources. The further we go back in time the more controversy there is about what actually occurred, especially when we find ourselves at the very beginning. What a person does with this event has a tremendous impact on their value system and on the way they view the world.

There are many ways to compartmentalize this event in our minds. For some, it is simply too much to deal with. They ignore it and live their lives on a day to day basis. For the most part, they've made it their mission to seek pleasure in the moment. They usually care as little about the future as they do about the past. That is, of course, until they hear death knocking on their door.

For those who choose to analyse the event there are usually two separate routes that can branch off into a variety of directions. One popular route is the Darwinian/atheistic view. Those who deal with the beginning in this manner view it as an accident. In a nutshell, they claim that dense mass suddenly exploded and expanded, thus creating the universe. They add that by virtue of probability, complex cellular life was formed. Continuing down the path of probability, cellular life developed into a variety of sophisticated life-forms. Complex genetic instructions appeared over time as a matter of environmental adaptation, and in the process the human species was born.

Many find this explanation unsatisfying as it is steeped in randomness. They see contradiction in the notion of random-complexity, as randomness is the opposite of order. They see the intelligence that goes into creating some of the things we use on a daily basis, such as watches, automobiles, and computers, and they conclude that intelligence must have been a factor in creating a world that is exponentially more complex than any of these things. To explain this intelligence, some refer to ancient literary sources such as the Genesis account; some use a patchwork of ancient legends; and others point to the possible existence of extra-terrestrials.

Those who hold the atheistic view are more likely to believe that there are no universal moral absolutes. The definition of right and wrong is a matter of personal choice. Laws and values are merely a function of what is generally accepted at any given time. There is thus no firm moral ground. There is no hope of life after death. There is no meaning to our existence.

They are likely to believe that as a product of randomness, life is not sacred. We are governed by the law of the survival of the fittest. It is therefore suitable to be governed by superior men and women. Being superior, our rulers can and should dictate to us how to live. Liberty is a privilege that can be granted or revoked at any time. People can arbitrarily be detained, tortured, and killed, if, according to our rulers, it serves the greater good." Pushed to its limits, genocide can be justified as an act of cleansing and of assisting the evolutionary process.

Being that this process is seen as continuous, there is a desire to build a perfectly planned society, a kingdom where fully evolved men will rule. It is appropriate then for everything to be micromanaged by government, including the distribution of wealth and power. Government will look after everyone's well-being. Whatever flaws men may have will eventually be eliminated through evolutionary processes, medicine, or through the genetic engineering of ourselves. In this they put their hope.

For those who explain the beginning through intelligence, a very different view of the world is formed. They are likely to recognize that life is indeed sacred as it is a gift from the creator. They hold that man was intentionally created with free will. Liberty is thus a natural and essential part of the full human experience. We choose whether to do good or evil. We chose to live in either truth or deception. We are ultimately responsible for our choices, and in this way liberty gives meaning to our lives. Our rulers, then, cannot grant nor revoke liberty. Their primary function is to protect it from those who wish to make these choices for us.

Those who hold this view are likely to understand death as a result of mankind's corruption. Their hope is usually a profound and lasting one that is open to people of all nations and generations. They claim that there are indeed moral absolutes, such as the golden rule (do unto others as you would have them do unto you), and by these absolutes we are to govern ourselves.

They are likely to claim that power corrupts and that the concentration of power is dangerous. It is believed that this will assuredly result in corruption, oppression, and possibly even death. And though those who hold this power can manipulate religious emotions to mobilize support for intolerance or war, the ultimate problem is understood to be their personal corruption, deceitfulness, and unchallenged authority.

Those who hold this view are then more likely to believe that government's authority should be strictly limited. They are not likely to be obsessed with planned society, but rather with individual freedom. They tend to believe that this is the best option, while recognizing that it is not a perfect one. Believing that man is corrupted, perfect society is not an option. In fact, we should fear and resist those who promise to engineer a perfect society, for oppression is sure to linger close behind.

What a person does with the beginning is their business. It seems to me, however, that the latter position is not only more rational, but it is also more satisfying as it explains much of what we observe now and throughout history. If you have yet to take the time to investigate the basis of your world view, please do. A rich, sound, and robust world-view awaits you.

Columnist

It would be a repeated tragedy should we fail to learn from the accident and do all that is necessary to assure it never happens again.

Rebuilding takes more than bricks

STEVEN BLACK

The recovery and cleanup efforts taking place in Lac-Megantic are showing the wonderful ways that a community can come together in caring for one another. These monumental tasks are being undertaken by a wide range of groups including government, fire services, churches, professional workers and volunteers.

There are young people volunteering their hard work by serving strangers. How would you tally the generosity of all such people remembering it is not only dollars they are spending but time and emotional energy as well?

Quebecers continue generously to donate to the Red Cross among many other charitable organizations for relief. The Salvation Army has reportedly expended all of its relief budget and more in operating their Emergency Canteen over these many and long days. From hospitality to body recovery and identification it would be difficult to list all the ways people are coming together in response to the horrible tragedy of July 5 and 6 and its aftermath.

The rebuilding of the town is going to require long term commitment well past the time many of the volunteers at hand will be able to continue their worthy efforts. This won't mean merely cleaning the debris and rebuilding businesses and homes. The contamination from the oil that was spilled will require specialized clean up. No doubt there will be ongoing legal battles for several years as lawyers ply their expensive skills while the people of Lac-Megantic wait for justice or recompense.

There are also other kinds of rebuilding that will be needed. Buildings are easy compared with human lives. Rebuilding a sense of safety and security for those affected will take years. Some have said they might find it easier to move away than to face the pain of unrelenting memories. There are also the feelings of anger and blame towards those who are perceived to be responsible. Let's not forget ordinary individuals themselves who have been the focus of some of the blame and their families. Even though the community has rallied around them, it will be wretchedly difficult for them to recover. Of course those who were killed are lost forever to families, friends and the community. This is the kind of community rebuilding that takes the greatest of all care – consistent, persistent love over a very long period of time measured in decades.

Sometime in the years ahead Lac-Megantic will be rebuilt and will no longer show signs of devastation. Tourists will enjoy a beautiful waterfront. Shoppers will wander the main street while friends enjoy lunch on a café terrace. The trains that roll through the town will be much safer and will follow higher standards of operation. Hazardous materials will be transported more securely here and elsewhere and fewer people will worry every time a train horn sounds at a nearby crossing. Carefree children will ride their bicycles in the street with no experience or memory of the accident or of its terror and grief. A community will be even closer having shared together in a life changing event. There will be memorials to the 47 or so who died. Annual vigils will be held and friends will gather to remember. For the declining number of those who will have personal memories there will never be total freedom from their tender scars.

Memories of July 2013 will fade, especially for those not involved. This is normal. But it would be a repeated tragedy should we fail to learn from the accident and do all that is necessary to assure it never happens again.

We need to examine ourselves about our addiction to fossil fuels and our assumption that the highest good is the least costly one for business. That government and business can seize this time to recommit to strict safety standards for all oil or hazardous material transport will serve to honour the people of Lac-Megantic. It will also serve to create some kind of meaning for an event so needless.

MMA mayors meet with Lisa Raitt as MMA offices raided

Record Staff
SHERBROOKE

The mayors of the municipalities crossed by trains operated by the Montreal Maine & Atlantic (MMA) railroad landed a meeting with newly appointed Transport Minister, Lisa Raitt Thursday afternoon in Dorval.

Mayors Bernard Sevigny of Sherbrooke, Arthur Fauteux from Cowansville, Joseph Husler of Farnham, Magog's Vicky May Hamm, Maurice Bernier, Prefect of the MRC du Granit, and Jacques Demers, President of the CRE in the Eastern Townships, met with the minister to discuss their shared concerns.

On July 16, the mayors of ten municipalities in the Montérégie and Estrie urged Transport Canada to proceed "immediately" to a "full" inspection of equipment and rail networks to confirm their safety and reliability.

The mayors gathered in Cowansville to take stock of the tragedy in Lac-Mégantic and its repercussions for their communities. MMA trains were at the heart of the disaster that killed nearly fifty citizens and pass through each of the municipalities represented.

Elected officials had agreed to join forces to pressure the federal government to ensure that such tragedies can't happen again.

In addition to the inspection of all networks, the mayors had asked for a meeting with the minister before the end of the month to discuss security issues related to the transport of goods by rail.

Meanwhile, Sûreté du Québec investigators reportedly raided MMA'S Canadian headquarters in Farnham. Police have released no information regarding this raid, although it is believed to be part of the ongoing investigation into the Lac-Megantic accident.

Sévigny reiterates Megantic support during visit

Record Staff
SHERBROOKE

"When our neighbours are screaming for help, we must help them!"

Sherbrooke Mayor Bernard Sévigny interrupted his vacation Wednesday to visit devastated Lac-Megantic and to assure the town's officials that Sherbrooke is there to help.

Sevigny was in contact with Megantic mayor Colette Roy-Laroche immediately following the July 6 derailment and explosion and committed resources and expertise in the aftermath. His visit yesterday was to confirm his and the City of Sherbrooke's commitment to the town's recovery.

Sherbrooke has an important and indispensable role to play in the rebuilding of Lac-Megantic, Sévigny believes, because of its role as the regional capital. The City of Sherbrooke also has expertise that could be useful for Lac-Megantic and Sévigny's visit was primarily to determine how the regional centre can best assist.

"The municipal government of Megantic does not have 1,800 people on hand like we do in Sherbrooke," Sevigny says. "The mayor and I discussed what loans of personnel we could offer. In short, we wanted to talk about what happens next. We have the finest expertise and we want to inform Méganticois that Sherbrooke will be there for them, even in six months."

The mayor suggested that Sherbrooke could be invaluable in the areas of urban planning, water supply, sewers, and even garbage collection, saying the city has both the experience and the personnel to assist in re-establishing the town's infrastructure and functioning.

As far as who is going to pay for it all, Sévigny indicates that this is of secondary importance, saying the priority at the moment is to support the community. "When your neighbour calls out for help, he needs help immediately. As far as the bill is concerned, that's a secondary concern at the moment."

Sevigny reiterated the concerns of the municipal world with regard to the safety of rail transport through town centres, and says these concerns will be loudly expressed at a planned meeting with new Federal Transport Minister Lisa Raitt.

Coroner can't release remains yet

Record Staff
SHERBROOKE

The Coroner's Office is "absolutely unable to this time" to give even an approximate date for when the bodies of the Lac-Mégantic victims will be returned to their families, making it impossible for relatives to plan funerals or private memorial services.

"We are well aware of the situation. We feel the disappointment for people with loved ones in this tragedy," says Coroner's Office spokesperson Genevieve Guilbault.

"But when we explain the situation very well to members of the families involved, they mostly understand."

Guilbault says the requirements of the investigation into the tragedy must take precedence and that procedures must be thorough and complete now in order to avoid possible exhumations later.

Journalists discover the region and prepare for the Games

By Olivia Ranger-Enns
Record Correspondent

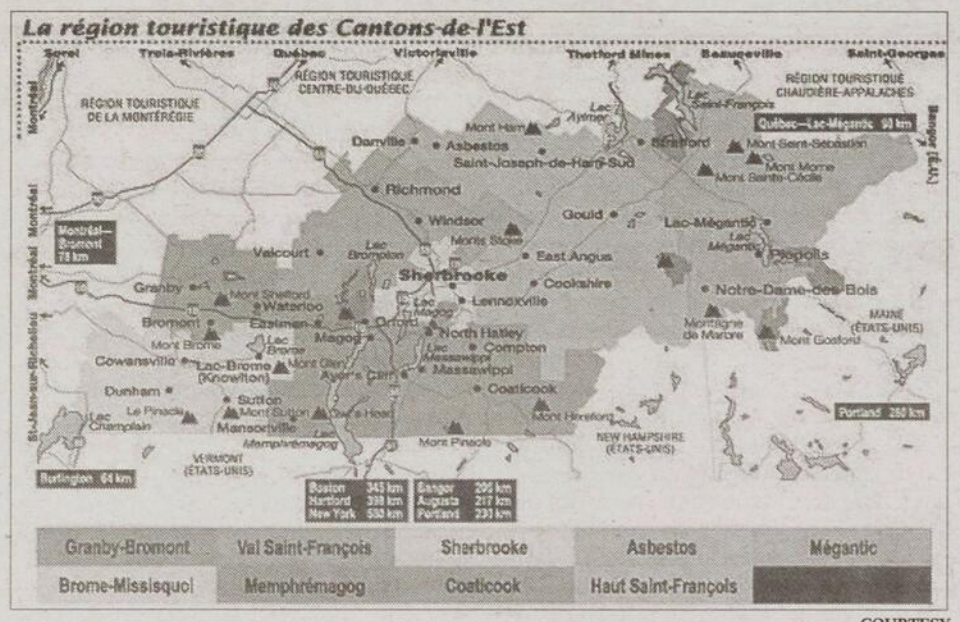
The Sherbrooke Games committee is taking journalists from all over the region and other parts of Canada in preparation for covering the Sherbrooke Games.

In cooperation with Tourism Eastern Townships, Destination Sherbrooke, Tourisme Coaticook and Tourisme Memphrémagog, the Sherbrooke Games committee will guide journalists on August 10.

At 9 a.m., journalists will be taken through Sherbrooke as told by Francis, a character from the past. Francis will explain the city's many murals and introduce journalists to the marché de la Gare. At 11 a.m., the bus will head to Coaticook.

At 11:40 a.m., journalists will see the Gorge of Coaticook, eat a picnic and see the longest suspended footbridge in the world. Dessert will consist of Coaticook ice cream, savoured at 1 p.m. At 2:30 p.m., journalists will board the Grand Cru cruise ship, where journalists will raise their glasses with representatives from the Memphremagog MRC.

Finally, there will be small stops to see the Marais de-la-Rivière-aux-cerises interpretation centre, the Mont-Orford ski and golf centre, the entrance to the Parc national du Mont Orford, the Orford Arts Centre and Main street.



COURTESY

A map of the area journalists will discover on Aug. 10.

Coaticook gears for busy weekend

Record Staff
COATICOOK

The Coaticook region should be humming in the coming week as it prepares to accept visitors to three key events, the baseball part of the Canada Games, the Coaticook Valley Expo, and the Weekend des saveurs. Together, these events are expected to attract thousands of visitors to Coaticook and Compton.

Crowds are expected to flock to Julien Morin stadium to watch the competition among of the best baseball players in the country. While it is difficult to estimate numbers, organizers are confident that visitors will remain in the area to see attractions and discover new delicacies.

"There are significant economic benefits for the region," said assistant site manager Roger Garceau.

In order to properly receive the anticipated hordes, merchants were able to enroll in a workshop on the art of welcoming tourists, a few weeks ago.

As for the Coaticook Valley Expo, organizers are expecting a good turnout, with attendance potentially surpassing 10,000.

Sunday, Aug. 4, is expected to be the weekend's busiest with the presentation of the ever-popular demolition derby.

The Weekend des saveurs is expecting hundreds of hungry foodies to gather in the shadow of the Louis S. St-Laurent Historic Site in Compton to sample the region's diverse agricultural produce. Last year, the event drew over 1,250 people.

The Town of Coaticook says it welcomes these events on its territory. No special measures have been put forward for the closure of streets, but the Sûreté du Québec, has ensured an increased presence to avoid problems.

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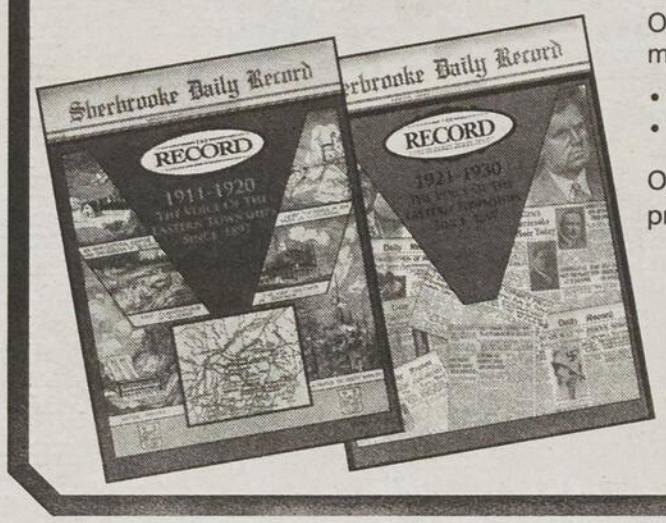
Read about the efforts and sacrifices of two World Wars, the Depression, fires, floods, crime and punishment. More than that, the pages are a testament to the builders and leaders whose names grace our street signs and institutions.

The Record was a driving force behind the formation of boards of trade, a watchdog over town councils, a lead advocate for the extension of the railway to local communities and a vigilant protector of the region's natural resources.



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Danville house

CONT'D FROM PAGE 1

saved at the last minute by a small group of preservationists and the Townshippers' Association, who convinced the promoter to stop the wrecking ball in exchange for a $1,000 contingency fund they raised from local donors.

The house was sold later that same year to a Montreal promoter for a reported $30,000. That promoter spent even more money fixing it up for sale to a Quebec city couple a few years later.

According to Mercier, the house was sold several years ago for $300,000 to a Montreal couple.

"That couple is now near retirement and decided they could no longer handle a second home out here," she said.

"They put about $100,000 in renovations to the house and they believe it is worth the price they ask. But everything is negotiable."

Mercier believes the house rates a listing on Sotheby's because of its architectural beauty and its location in the town of Danville.

She argues the town has made an effort in the past two decades to preserve many of its original homes that date back to the 19th century.

"It is new that Danville is listed on our website, but the town has built up a reputation for preserving its heritage. That is something Sotheby's is interested in."

Mercier said her company's interest in Danville is part of its expansion into real estate located in central Quebec, especially the Eastern Townships.

"We have many old houses listed from other municipalities such as Magog and Victoriaville and Drumondville," she said.

Another Danville house listed on the Sotheby's website is the former Advent church, also on Grove st., which was converted into a residence five years ago.

Sotheby's opened its doors in London in 1804 and concentrated on the auctioning of fine art and other domestic valuables. According to Mercier, its real estate arm was started in 1976 and now has some 400 offices around the world selling "high-end, luxury" estates.

Chiropractic burglar nabbed

SHERBROOKE

A 48-year old man has been arrested following a break-in at the Place Chiropractique de Sherbrooke, early Thursday morning.

Police responded to an alarm at 1871 Galt St. West at around 12:30 a.m. to discover that someone had gained entry to the clinic by smashing a window and had stolen items located close at hand. He took a stethoscope, a blood pressure meter, and a bottle of perfume before fleeing.

Police were able to locate a suspect, well known to them, in the neighbourhood quickly.

THE RECORD TALK

YOUR WEEKLY GUIDE TO TOWNSHIPS CULTURE

JULY 26 - AUGUST 1, 2013

The Burning Bush

MAURICE SINGFIELD

Ralf Bushenbaum, a.k.a. Bushy, has been part of the Townships business community since 1976. His living quarters and accounting firm (R.B. Financial Services), occupy an old farm house in the rolling hills of Mansonville looking out at Jay Peak, Sutton Mountain and the surrounding "round tops" of Brome Missisquoi.

I have known Bushy for almost 35 years, since the early '80s when I started my own business and was looking for an accountant. Bushy's name kept coming up as the person to call. In 1970 he graduated with a b.com in accounting from Concordia University in Montreal.

Bookkeeping, payroll services, financial planning, corporate and personal income taxes, financial statements and sales tax preparation; Bushy did it all and still does, but then again that's not everything.

Upon getting to know him better I discovered that inside the "numbers cruncher" lived an avid popular-music lover. "My favourite music is from the 1965 to '73 era," explains Bushy, "which I consider the renaissance period of popular music."

I was in his home once and saw what I consider to be one of the largest collections of CDs ever; floor-to-ceiling shelves filled with recordings of blues, rock, pop, rock 'n' roll, country and jazz artists. I almost took off my shoes. In this room spreadsheets are non-existent, only the burning desire to commune, with the "vibe" of a time gone by, in the here and now.

Like the "burning bush," this music can fill a space transmitting a powerful miraculous energy of purity, love and clarity to those who understand it. Best compared to a sacred hall of fame, Bushy's collection shines, reinforcing lasting impressions of the '60s and '70s.

What better way to preserve the culture of a time than in its music?

"I studied mass communications at Wayne State University in Detroit," says Bushy, "from 1962 to '64 and worked as a radio personality at WUBG AM 620." That's where he got his taste for radio.

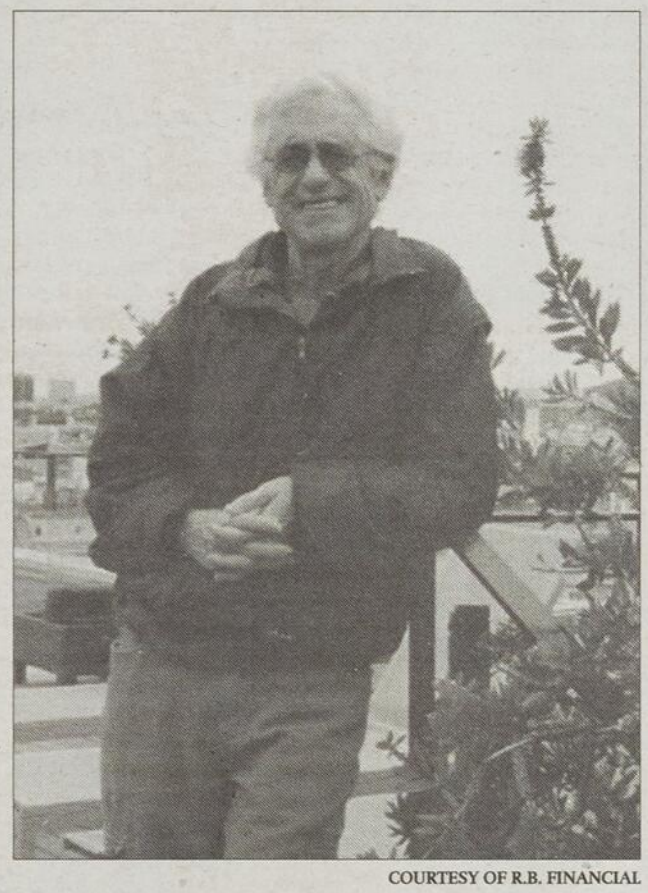
Imbued with the cultural shift that began taking place in North America during these early years, and his deejay radio experience, Bushy was ready to jump into the fire; his own radio show, Burning Bush from the Hall of Fame on community radio station CIDI. When I asked him to join the station a few years back, he was looking forward to experiencing the feel of his Detroit-radio days all over again. A while later he became its treasurer and now he is STOP! TV's accountant.

"I definitely believe in local community radio...we are (CIDI) the listening voice of the people," Bushy points out, "and Stop! TV is a great venue for aspiring musicians in the Townships...I love to combine my experience in accounting and community media to give something back to the people."

He has been living with his partner of 20 years, Lise Felber, and has two sons and a daughter; Jethro, Alex, and Jamie.

There's still more: he loves to play old-timers hockey, golf and travel. Whew! There must be something special in Mansonville's air.

STOP! TV appreciates the goodwill, team spirit, generosity and exuberance Bushy brings to our project. For the latest STOP! show go to youtube.com/mauricesify or check your local TV listings for MAtv, channel 9 on the Videotron cable network in the Shefford and Brome Missisquoi regions. And don't forget CIDI 99.1 FM at cidifm.com for Burning Bush from the Hall of Fame and other great shows.



COURTESY OF R.B. FINANCIAL

Ralf Bushenbaum, a.k.a. Bushy.

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Best in show

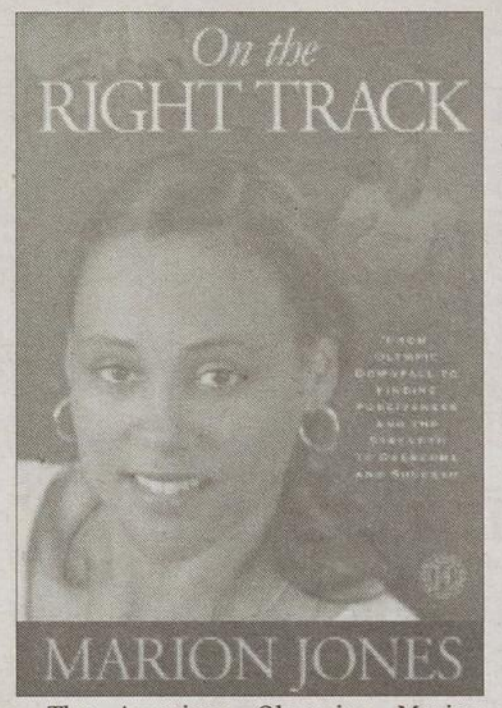
Torch relay ends with the beginning of the games

Good Reads

ELEANOR BROWN

Volunteers are jogging, walking or wheeling a flaming torch for more than 400 kilometres in this two-week run-up to the Canada Games, with the light arriving in Sherbrooke in time for the Friday, August 2 opening ceremonies.

The country's best athletes will be gathered here, competing in Canada's most important amateur sports meet, with some 20 sports represented. Canoeing, soccer, softball, fencing. Wrestling, mountain biking, golf. Beach volleyball, baseball, high jump, shot put, running, and wheelchair heats, too. It's nirvana for sports fans, but also for those who love spectacle, who are drawn to the poetry of the body, who are awed by the skill and determination of the obsessed athlete. Because that's what it takes to succeed. Some of these young people will end up representing Canada at the next Olympics.



The American Olympian Marion Jones, a track athlete who won an astonishing five medals for her country at the 2000 Games in Australia, is one such dedicated woman. So dedicated, in fact, that when her coach handed her a strange liquid, told her it was flaxseed oil, and drink up, she did. And she kept taking it, even after she realized it was an illegal muscle-building steroid, THG.

If Jones had admitted to cheating, she would have been banned from her sport. Instead, she lied to federal investigators, got caught, and was sent to jail for perjury. Plus, she returned the medals and watched the history books purged of the records she'd set.

Jones' memoir, On The Right Track: From Olympic Downfall To Finding Forgiveness And The Strength To Overcome And Succeed (2010), is the story of an athlete who trusted too much, allowing another to dupe her. But unlike so many, Jones does not assign blame to others; she accepts responsibility. There's no wallowing here.

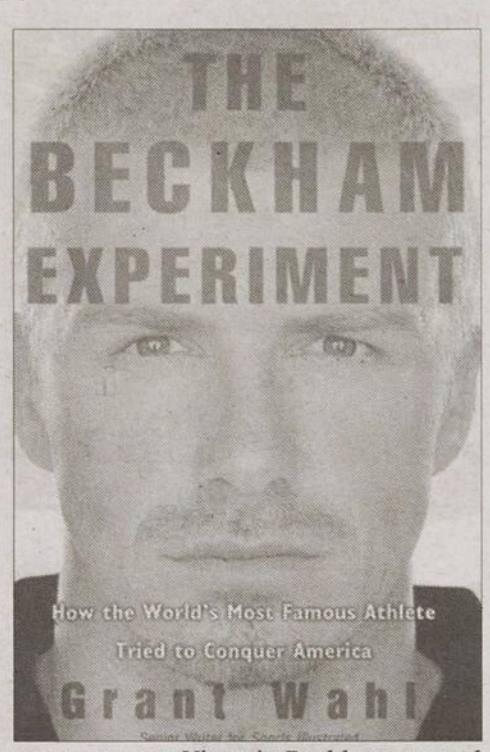
Jones pleaded guilty to the criminal charges against her, accepted God as her personal saviour and, once released from prison, began second careers in women's basketball (signed by the Tulsa WNBA squad, she was waived in 2011) and as an inspirational speaker to high school kids.

"Track and field has the most stringent drug testing policy of any sport," notes Jones, "and it is a tough, laborious and stressful protocol." Urine is tested at every meet, and you can't leave until an official has watched you pee into a cup. Random testing can also occur anywhere, at any time, meaning that athletes must inform the US overseers about their whereabouts at all times. Jones once had to urinate on demand in an airport washroom, a few minutes before her flight left. The stall was a bit tight, as — yes! — an official was required to watch her. The agency can't allow clean pee to be surreptitiously subbed for the real thing...

The memoir is a mix of Christian conviction, a look at what's wrong with the US prison system, a love letter to her three children and husband, and memoirs of her beloved sport.

David Beckham is another athlete of renown — a soccer player for Manchester United, Real Madrid and... the Los Angeles Galaxy. In The Beckham Experiment: How The World's Most Famous Athlete Tried To Conquer America (2009), Sports Illustrated writer Grant Wahl shows what happens when a star with a $6.5 million salary gets parked onto a team where his peers make $12,900 a year. It's barely enough to eat on, and some of these players live with their parents to make ends meet, just like the amateurs.

Beckham and spouse, Spice Girl and



entrepreneur Victoria Beckham, spend their free time with Tom Cruise, not team mates. Wahl's book considers what it means to be famous for its own sake, with sidelines on talent, dedication, and what makes a good coach and a good leader, whether on the pitch or off. Plus there's lots here for lovers of soccer.

(Tim Leiweke, who features in this book, was then president of the company that owned the Galaxy. He's now moved to Canada, appointed in April as president and CEO of Maple Leaf Sports & Entertainment, which owns the Toronto Maple Leafs, the Raptors basketball club, soccer's Toronto FC, and more.)

In the end, Beckham did very little for the nascent Major League Soccer league, though he sold a lot of jerseys for the Galaxy. Overwhelmed by an endless losing streak, the introverted and competitive Beckham jumped ship, zooming back to Europe and its far superior teams and play.

It seems like Beckham is someone who can't stand to lose.

That's not what amateur sport is about. Check out Canadian Olympian

CONT'D ON PAGE 17

GLIMPSES OF THE PAST

John S. Bourque Fonds. Sherbrooke Historical Society.

Baseball is an American sport that soon became popular in Quebec, beginning in the 1860s. The first leagues were organized at the end of the 19th century. The clergy disapproved of the arrival of this sport in Quebec society, considering it too commercial for traditional values. A baseball stadium was built on Parc Street in Sherbrooke in the 1940s.

WANT TO KNOW MORE?

Visit the bilingual exhibit, *Sports —To Your Heart's Content,* presented in the American Biltrite room of the Sherbrooke Historical Society.

275 Dufferin, Sherbrooke
(Québec) J1H 4M5
Informations : 819-821-5406

LA SOCIÉTÉ D'HISTOIRE DE SHERBROOKE
www.histoiresherbrooke.com

This week, the Lennoxville Day Camp taught us about myths. Join the summer TD Reading Program by coming by the library to sign up.

Louise Penny, an Eastern Townships author

Reviews rave about her latest novel

By Olivia Ranger-Enns
Record Correspondent

Who doesn't like a juicy Agatha Christie mystery novel, or a titillating Elizabeth George murder mystery?

It's hard to dislike award-winning author Louise Penny when she writes sentences such as the following: "Myrna could spend happy hours browsing bookcases. She felt if she could just get a good look at a person's bookcase and their grocery cart, she'd pretty much know who they were." (Still Life).

GOOGLE IMAGES

Author Louise Penny will talk about her latest book at the Brome Lake Community Center on August 24 at 2 p.m.

"How the Light Gets In," the ninth book in the famous detective Armand Gamache series, will be published on August 27.

Come get the latest Louise Penny book "How the Light Gets In" (2013) on August 27 and hear what author Penny has to say on August 24 at 2 p.m. at Brome Lake Community Centre at 270, Victoria Street in Knowlton.

Some advance readers had the following to rave about the new book. "...luminous insights into trust and friendship that will hook readers and keep them hooked," wrote the Kirkus Starred Review. The Publisher's Weekly penned: "Complex characterizations...subtle plotting...masterful...unfolds with subtlety and intelligence. Once again, Penny impressively balances personal courage and faith with heartbreaking choices and monstrous evil." Finally, the Library Journal shared: "Penny's mysteries are real character studies. There is police procedure being followed, but the forensics take second place to Gamache's absolutely fascinating probe into the characters of every single person involved in the investigation: the police, the witnesses, and especially the subjects. He [Gamache] cares passionately about each person and makes the reader care. Highly recommended."

One of Penny's books, "The Beautiful Mystery," has won the Agatha Christie award for Best Mystery in the United States.

For reservations, call Brome Lake Books at 450-242-2242.

For more information on Louise Penny, visit the website http://www.louisepenny.com/.

Popular local musician to play benefit for Border Minor Hockey

Dany Flanders from La Voix will perform at the Pat Burns Arena in Stanstead to benefit Border Minor Hockey on Sept. 14. The show starts at 8 p.m.

Tickets are $5, and the restaurant will offer dinner specials.

Call 819-876-2371 (#2) for tickets, or the restaurant at 819-704-0888 for reservations.

Your week on TV

WEEKDAY MORNING

	Bell	Star		6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
WCAX 3	-	-		News		CBS This Morning				Rachael Ray		Dr. Phil		The Price Is Right	
WPTZ 5	-	-		Newschannel 5 Today at 6AM		Today				Live! With Kelly and Michael		Today		Today	
CBMT 6	206	301		CBC News Now		Daniel Tiger	Monster Math	Bo on the Go!	Busytown	Super Why!	Cat in the Hat	Bookaboo	Doodlebops	Steven and Chris	
CHLT 7	107	718	F	Salut, bonjour! (N) (SC)							★★ "Le Tout pour le tout" (2000) Kirsten Dunst. (SC)				Looney tunes
			M								★★ "Les Scouts de Beverly Hills" (1989) Shelley Long. (SC)				Looney tunes
			T								★★ "La prophétie des andes" (2006) Matthew Settle. (SC)				
			W								★ "Le Pire qu'il pourrait arriver" (2001) Martin Lawrence. (SC)				
			Th								★★★ "Camping" (2006) Gérard Lanvin, Mathilde Seigner. (SC)				Looney tunes
WMTW 8	-	-		WMTW News 8 at 6am		Good Morning America				Live! With Kelly and Michael		The Jeff Probst Show		The View	
CKSH 9	108	-		RDI matin	Petit, Costaud	Schtroumpfs	Toc toc toc	Téléjournal	RDI matin	Les Docteurs		Pénélope McQuade		Ricardo	Squelettes
CKMI 11	-	-		Morning News						Morning Show	Huntley Street	The Doctors		Chef at Home	Unsellables
CFCF 12	205	312		Canada AM						Live! With Kelly and Michael		The Marilyn Denis Show		The View	
WVNY 22	-	-		ABC 22 This Morning		Good Morning America				Steve Harvey		The Doctors		The View	
WUTV 30	-	-		Scrubs	Paid Program	Var. Programs	Paid Program	Var. Programs	Friends	The 700 Club		Maury		The People's Court	
CFKS 31	106	726	F	Ça commence bien!						MCBG		Face à face		Face à face	Infopublicité
			M												
			T												
			W												
			Th												
WUHF	-	363		Paid Program	Always Sunny	Varied Programs			Paid Program	Judge Brown	Judge Brown	Jerry Springer		Judge Mathis	
WETK	-	-		World News	Body Electric	Arthur	Martha Speak	Curious	Cat in the Hat	Super Why!	Dinosaur Train	Sesame Street		Daniel Tiger	Sid Science
WCFE	-	-		NHK Program	EuroNews	France News	RT News	Al Jazeera	ETV English	Newsline	NHK Program	The Morning Show		Hello Vietnam	Arirang News
A&E	615	520		Paid Program	Paid Program	Bounty Hunter	Bounty Hunter	Bounty Hunter	Var. Programs	Criminal Minds		Criminal Minds		CSI: Miami	
BRAVO	620	523	F	Da Vinci's Inquest Suicide. CC		Da Vinci's Inquest CC		La Femme Nikita "Treason"		Da Vinci's Inquest Suicide. CC		Da Vinci's Inquest CC		La Femme Nikita "Treason"	
			M												
			T												
			W												
			Th												
CNN	500	500		New Day						CNN Newsroom				CNN Newsroom	
DISC	520	505	F	Mayday "Pilot Betrayed"		How It's Made	How It's Made	Dangerous Flights		How It's Made	How It's Made	Pyros "Barcelona Nights"		MythBusters CC	
			M			Never Ever Do	Never Ever Do	Mighty Ships "MV Paul R. Tregurtha"				Cash Cab	Cash Cab	Canada's Worst Driver	
			T			Shred!	Shred!	Mighty Ships "Resolute"		Mighty Planes CC		Highway Thru Hell		Backyard Oil	Backyard Oil
			W			Licence to Drill CC (DVS)				Gold Rush "Up Smith Creek"		Canada's Worst Driver		Auction Kings	Auction Kings
			Th			Mighty Planes "SOFIA" CC				Nerve Center		Licence to Drill "Greenhorns"		Highway Thru Hell	
HIST	522	506		Varied Programs											
RDI	126	730		(5:30) RDI matin				Téléjournal	RDI matin	RDI en direct					
SHOW	616	521		Vikings		ReGenesis		Rookie Blue		Vikings		Movie			
SLICE	601	562		Matchmaker	Nearly Dead	Till Debt/Part	Till Debt/Part	Property Virgin	Property Virgin	Princess	ET Canada	Till Debt/Part	Till Debt/Part	Property Virgin	Property Virgin
SPIKE	628	584		Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Varied Programs					
TLC	521	560		19 Kids-Count	19 Kids-Count	Baby's First	Rm-Multiples	A Baby Story	A Baby Story	A Baby Story	A Baby Story	Pregnant	Pregnant	Borrowed	Borrowed
TSN	400	400	F	SportsCentre CC		SportsCentre CC		SportsCentre CC		SportsCentre CC		SportsCentre CC		SportsCentre CC	
			M												
			T												
			W												
			Th							Golf RICOH Women's British Open, First Round. From Fife, Scotland. (N) (Live)					
YOUTH	551	542		Being Ian	Being Ian	Rescue Hero	League/Evil	Sidekick	Beyblade-Fury	Pokémon	Storm Hawks	Squirrel	League/Evil	League/Evil	Kid vs. Kat

Your week on TV

WEEKDAY AFTERNOON

	Bell	Star	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
WCAX 3	-	-	Across-Fence	The Young and the Restless		Bold/Beautiful	The Talk		Let's Make a Deal		The Ellen DeGeneres Show		Channel 3	The: 30
WPTZ 5	-	-	Millionaire	Millionaire	Days of our Lives		Judge Judy	Judge Judy	Anderson Live		Katie		First at Five	5:30 Now!
CBMT 6	206	301	CBC News Now		Heartland		Steven and Chris		Best Recipes	In the Kitchen	Dragons' Den		CBC News	CBC News
CHLT 7	107	718	TVA régional	TVA nouvelles	Mourir de rire	(:45) Shopping TVA		Infopublicité	Des jours, vies	Les feux de l'amour		Top modèles	(4:55) TVA nouvelles	
WMTW 8	-	-	Steve Harvey		The Chew		General Hospital		The Ricki Lake Show		The Ellen DeGeneres Show		Dr. Phil	
CKSH 9	108	-	F Telejournal	Paquet voleur	Beautés désespérées		Hercule Poirot "Le Crime de l'Orient Express" (SC)				Cap sur l'été Serge Postigo et David Arcand.			Paquet voleur
			M				Inspecteur Barnaby Jones infiltre un mouvement. (SC)							
			T				⋆ "Le Porteur d'eau" (1998) Adam Sandler. (DVS) (SC)							
			W				"Un meurtre est-il facile?" (2008) Julia McKenzie. (SC)							
			Th				⋆⋆ "L'Amour ne s'achète pas" (1987) Patrick Dempsey. (SC)							
CKMI 11	-	-	Design Inc.	ET Canada	Days of our Lives		The Talk		The Ricki Lake Show		Till Debt/Part	The Young and the Restless		Ricardo/Friend
CFCF 12	205	312	CTV News		Var. Programs	Bold/Beautiful	Dr. Phil		Anderson Live		The Ellen DeGeneres Show		The Dr. Oz Show	
WVNY 22	-	-	Varied Programs		The Chew		General Hospital		The People's Court		The Ricki Lake Show		The Dr. Oz Show	
WUTV 30	-	-	The Steve Wilkos Show		Judge Alex	Judge Alex	Judge Mathis		Jerry Springer		Maury		Family Feud	Family Feud
CFKS 31	106	726	Infopublicité	C'est extra	V		Varied Programs				Les Simpson	Les Simpson	Duo	Guerre-clans
WUHF	-	363	The Jeff Probst Show		Paid Program	Paid Program	The Trisha Goddard Show		Maury		Judge Judy	Judge Judy	The People's Court	
WETK	-	-	Caillou	Barney	Clifford-Dog	Charlie Rose		Dinosaur Train	Cat in the Hat	Curious	Wild Kratts	WordGirl	Electric Comp.	World News
WCFE	-	-	F China Beat (N)	Euromaxx	JN1 Headline	RT News (N)	Kazakh-News	France News	Inside Taiwan	Dialogue	NHK Programming (N) CC		RT News (N)	Journal (N) (EI)
			M							European Jrnl				
			T							My India				
			W							Newsweek				
			Th							Global Ethics				
A&E	615	520	CSI: Miami		Criminal Minds		Criminal Minds		The First 48		The First 48		The First 48	
BRAVO	620	523	Flashpoint		Da Vinci's Inquest		Da Vinci's Inquest		La Femme Nikita		The Mentalist		Criminal Minds	
CNN	500	500	Around the World		CNN Newsroom		CNN Newsroom				The Lead With Jake Tapper		The Situation Room	
DISC	520	505	F Mighty Planes "Orbis"		How It's Made	How It's Made	Mighty Ships CC		Fast N' Loud CC		FantomWorks		Fast N' Loud CC	
			M Fast N' Loud CC				Auction Kings	Auction Kings	Overhaulin' CC		Deadliest Catch CC		MythBusters "Fire vs. Ice" CC	
			T Licence to Drill "Greenhorns"				Overhaulin' "1965 Malibu" CC		Sons of Guns CC		Backyard Oil	Backyard Oil	Auction Kings	Auction Kings
			W Last Car Standing "Mid-size"				Mayday "Fight for Control"		Deadliest Catch CC		Deadliest Catch Greenhorns Special. CC			
			Th Pyros "Rookie on a Roof"				Dangerous Flights		Mighty Planes CC		Mighty Planes "Trump" CC		MythBusters "Fire vs. Ice" CC	
HIST	522	506	F M*A*S*H CC	M*A*S*H CC	Restoration Garage CC		Air-Crane! Extreme helicopter.		Battle Castle "Malbork Castle"		Museum Secrets CC		M*A*S*H CC	M*A*S*H CC
			M		Explosion 1812 Impact of the War of 1812. CC CC				Canadian Pickers "Eye Spy"		Pawn Stars CC	Pawn Stars CC		
			T		Battle of the Somme: The True Story Battle.			Last Soldier			Counting Cars	Counting Cars		
			W		Underground War		Underground War				Pawn Stars CC	Pawn Stars CC		
			Th		Convoy "Wolfpack Rising" CC		Convoy "The Hunt" CC CC		The Real Jurassic Park CC		Restoration	Restoration		
RDI	126	730	Telejournal	La Periode de questions	RDI en direct								Téléjournal	Journal
SHOW	616	521	F ⋆⋆ "Loch Ness" (1996, Adventure) Ted Danson. CC CC				Lost Girl CC CC		Pure Pwnage	⋆⋆⋆ "Hellboy II: The Golden Army" (2008, Action) Ron Perlman. CC CC				
			M "To Have and to Hold" (2006) Justine Bateman. CC CC (DVS)						Rookie Blue "Cold Comforts"		⋆⋆⋆ "Dodgeball: A True Underdog Story" (2004) CC CC			
			T "Presumed Dead" (2005) Sherilyn Fenn. CC CC (DVS)								⋆ "Catwoman" (2004) Halle Berry, Benjamin Bratt. CC CC			
			W "The Hunt for the I-5 Killer" (2011) John Corbett. CC CC								⋆⋆ "Transporter 3" (2008, Action) Jason Statham. CC CC			
			Th ⋆⋆ "Lava Storm" (2008, Suspense) Valérie Valois. CC CC						⋆⋆⋆ "Kingdom of Heaven" (2005, Historical Drama) Orlando Bloom, Eva Green. CC CC					
SLICE	601	562	For Rent	Princess	Property Virgin	Eat St.	Till Debt/Part	Till Debt/Part	Kitchen Nightmares		World's Dumbest...		Extreme Makeover: Home	
SPIKE	628	584	Police Videos	Var. Programs	Police Videos	Varied Programs							Cops	Cops
TLC	521	560	What Not to Wear		Quints	Quints	Island Medium	Island Medium	Not to Wear	Var. Programs	Borrowed	Borrowed	Weddings	Var. Programs
TSN	400	400	SportsCentre		Varied Programs								Off the Record	Interruption
YOUTH	551	542	Kid vs. Kat	Team Galaxy	Rated A for	Rated A for	Almost Naked	League/Evil	Sidekick	Squirrel	Varied Programs			

FRIDAY EVENING — JULY 26, 2013

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	Channel 3 News at Six (N)		CBS Evening News/Pelley	Entertainment Tonight (N)	ACM Presents: Tim McGraw's Superstar Summer Night Tim McGraw performs with others. CC CC				Blue Bloods Erin questions Mayor Poole. CC CC		Channel 3 News	(:35) Late Show With David Letterman CC CC	
WPTZ 5	-	-	Newschannel 5 at 6PM News CC(N)	NBC Nightly News CC(N)	Jeopardy! CC CC	Wheel of Fortune CC	Camp "The Mixer" Mack and the team prepare for a mixer.		Dateline NBC The murder of a young couple in Phoenix. (N) CC CC				Newschannel 5 Nightcast	(:34) The Tonight Show With Jay Leno (N) CC CC	
CBMT 6	206	301	CBC News: Montreal (N)	Lang & O'Leary	Stroumboulopoulos	Coronation Street (N) CC	Mr. D "Overnight Trip" CC	The Ron James Show	the fifth estate How the CIA tracked Osama bin Laden.		The National (N) CC CC		CBC News: Montreal	Stroumboulopoulos	Coronation Street CC
CHLT 7	107	718	(5:58) TVA nouvelles (N)	Sucré salé (N) (SC)	Vlog Patrick Huard. (SC)	⋆⋆⋆ "Hellboy" (2004, Fantastique) Ron Perlman, John Hurt, Selma Blair. Le fils du diable aide à combattre des créatures paranormales. (DVS) (SC)					TVA nouvelles (N)	Juste pour rire en direct	(:05) Sucré salé (SC)	(:35) Le Gentleman Louis réussit à faire sortir Nadia.	
WMTW 8	-	-	WMTW News 8 at (N)	ABC World News	Wheel of Fortune CC	Jeopardy! (N) CC CC	Shark Tank Gourmet meat business. CC CC (DVS)		Would You Fall for That? (Series Premiere) (N) CC		20/20 (N) CC CC		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live CC CC	
CKSH 9	108	-	Le Téléjournal/Estrie	Plan de match	Ma tante ... (2005) Béatrice Picard, Sylvie Léonard. Une femme de carrière doit héberger sa tante fantasque.				Zone doc (N) (DVS) (SC)		Le Téléjournal (N) (SC)	Nouvelles-sport	Cap sur l'été Serge Postigo et David Arcand. (SC)		⋆⋆⋆ "Âmes soeurs" (SC)
CKMI 11	-	-	(5:59) Evening News (N)	Global National CC(N)	ET Canada	Entertainment Tonight (N)	Bones An eccentric new intern. CC (PA) CC (DVS)		Hawaii Five-0 The CEO of a surf company is murdered.		16x9 (N) CC		News Final (N) CC	ET Canada	The Jeff Probst Show
CFCF 12	205	312	CTV News (N) CC CC		etalk (N) CC CC	The Big Bang Theory CC	Shark Tank Gourmet meat business. CC CC (DVS)		The Following Joe demands information from Ryan.		Blue Bloods Erin questions Mayor Poole. CC CC		CTV National News (N) CC	CTV News (N) CC CC	(12:05) The Mentalist CC
WVNY 22	-	-	ABC 22 (N)	ABC News World News	ABC 22 (N)	TMZ News CC(N)	Shark Tank Gourmet meat business. CC CC (DVS)		Would You Fall for That? (Series Premiere) (N) CC		20/20 (N) CC CC		ABC 22 News (N)	(:35) Jimmy Kimmel Live CC CC	
WUTV 30	-	-	The Big Theory CC	Judge Judy CC CC	Judge Judy CC CC	Two and a Half Men CC	Bones An eccentric new intern. CC (PA) CC (DVS)		The Following Joe demands information from Ryan.		2 on Your Side at 10 (N)	Two and a Half Men CC	The Simpsons CC	How I Met Your Mother	Friends CC CC
CFKS 31	106	726	Atomes crochus (SC)	Les touristes (SC)	L'arbitre (SC)	Rire et délire	Journal d'un vampire "Dîner entre ennemies" (N)		Fringe "Souvenirs de l'autre monde" (SC)		Remise à neuf (SC)	Souper parfait	Face à face "Le Débat"	L'instant gagnant	
WUHF	-	363	Seinfeld "The Nose Job" CC	The Simpsons CC	Two and a Half Men CC	Two and a Half Men CC	Bones An eccentric new intern. CC (PA) CC (DVS)		The Following Joe demands information from Ryan.		Fox First at Ten (N) CC	(:45) Sports Extra CC	Seinfeld "The Engagement"	30 Rock "Cooter" CC	Excused CC CC
WETK	-	-	PBS NewsHour (N) CC CC		BBC Newsnight	Vermont This Week CC	Washington Week	McLaughlin Group (N)	Great Performances Jacob's Pillow Dance Festival. (N) CC		David Phelps Classic (N) CC CC		Nightly Business Report	Charlie Rose (N) CC CC	
WCFE	-	-	RTE News: Six One (N)	South Asia Newsline (N)	Al Jazeera English News (N) (EI)		France 24 News (N) (EI)	(:40) NHK Programming (N)	Detective Montalbano "Age of Doubt" A connection between a body and a boat. (Subtitled-English)				Biz Asia America (N)		Detective Montalbano
A&E	615	520	Storage Wars CC	Storage Wars CC	Storage Wars CC	Storage Wars CC	Storage Wars CC	Storage Wars CC	Storage Wars CC	Storage Wars CC	Storage Wars CC	Storage Wars CC	(:01) Storage Wars CC	(:31) Storage Wars CC	(12:01) Storage Wars
BRAVO	620	523	Criminal Minds "Haunted" Murders at a pharmacy. CC		Flashpoint A delusional man kidnaps a waitress. CC		The Mentalist A man turns up dead outside a cabaret.		Criminal Minds CC CC (DVS)		The Listener Toby investigates a woman's murder. CC		Flashpoint A delusional man kidnaps a waitress. CC		Criminal Minds CC
CNN	500	500	(5:00) The Situation Room		Erin Burnett OutFront (N)		Anderson Cooper 360 (N)		Piers Morgan Live (N) (Live)		Anderson Cooper Special		Stroumboulopoulos (N)		Cooper 360
DISC	520	505	How It's Made CC	How It's Made CC	Never Ever Do	Never Ever Do	Sons of Guns Tempers flare when OT is cut down. CC		Don't Drive Here "Ulaan Bataar" CC (DVS)		Mighty Planes "Blue Angels" CC		Mayday A Northwest Airlines flight develop problems.		Don't Drive Here
HIST	522	506	Perfect Storms "Dark Age Volcano" CC CC (DVS)		Museum Secrets Moscow's State Historical Museum. CC		Restoration Garage CC CC (DVS)		The Pick, the Pawn & the Polish Reality-show stars unite. CC CC				Brainwashed A woman is held captive for seven years.		Pick, Pawn & Polish
RDI	126	730	Le National (SC)	RDI économie (SC)	24 Heures en 60 minutes		Grands reportages "Jacques Parizeau" Jacques Parizeau.		Le Téléjournal (SC)		Le National	RDI économie (SC)	Le National	Le Telejournal Québec	24 Heures en 60 minutes
SHOW	616	521	⋆⋆ "Loch Ness" (1996, Adventure) Ted Danson. A famous zoologist seeks to debunk the Loch Ness monster. CC CC				⋆⋆ "Shock to the System" (2006) Chad Allen. A private detective infiltrates a therapy group for gay people. CC				⋆⋆⋆ "Inglourious Basterds" (2009, War) Brad Pitt, Mélanie Laurent. Soldiers seek Nazi scalps in German-occupied France. CC CC				
SLICE	601	562	Til Debt Do Us Part CC	Til Debt Do Us Part CC	For Rent "David" CC	Eat St. CC CC	Money Moron CC CC	Money Moron CC CC	Summer Camp "S'more Drama" CC CC		The Millionaire Matchmaker Freddie Mitchell. CC CC		Princess CC CC	Princess CC CC	Summer Camp CC
SPIKE	628	584	Ink Master 16 new artists tattoo in prison. CC CC		Ink Master Artists ink tattoos of blood and guts. CC CC		Deadliest Warrior Conqueror against annihilator.		Deadliest Warrior Ming Warrior vs. the Musketeer.		Deadliest Warrior Fighter versus the warrior. CC		Deadliest Warrior Dramatic preview of World War 3.		Deadliest Warrior
TLC	521	560	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: Bridesmaids	Say Yes: Bridesmaids	Say Yes: Bridesmaids	Say Yes: Bridesmaids	Randy to the Rescue "Washington, DC" CC CC		Say Yes: Bridesmaids	Say Yes: Bridesmaids	Randy to the Rescue CC
TSN	400	400	SportsCentre (N) CC (Live)		That's Hockey! (N)	CFL on TSN Pregame (N)	CFL Football Calgary Stampeders at Winnipeg Blue Bombers. From Canad Inns Stadium in Winnipeg, Manitoba. (N) (Live) CC						SportsCentre (N) (Live) CC		World Series of Poker
YOUTH	551	542	SpongeBob SquarePants CC		⋆ "Marmaduke" (2010) Voices of Owen Wilson. CC CC				Mr. Young CC	Mr. Young CC	New Kids on	Boys	The Next Star CC CC		Marmaduke

Your week on TV

SATURDAY DAYTIME — JULY 27, 2013

	Bell	Star	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30
WCAX 3	-	-	Busytown Mysteries	Busytown Mysteries	CBS This Morning: Saturday (N)				Liberty's Kids	Liberty's Kids	Paid Program	Paid Program	Pets.TV (El)	Storm Stories	Lucas Oil Off Road Racing (Taped)		PGA Tour Golf	
WPTZ 5	-	-	(7:00) Today (N)		Teen News (N)	Hanna Into the Wild	The Chica Show (El)	Pajanimals (El)	Justin Time (El)	Tree Fu Tom (El)	LazyTown	Noodle/ Doodle	Buck McNeely	Get Slim in 6 Weeks!	Paid Program	Paid Program	Motorcycle Racing	
CBMT 6	206	301	Animal Mechanic	Super Why!	Doodle-bops	Cross Country	Artzooka	My Goldfish Is Evil!	It's Edible Incredible!	Cat in the Hat	Absolutely Canadian Corb Lund's latest CD.		When North Goes South		the fifth estate "Target bin Laden"		Best Recipes Ever	In the Kitchen
CHLT 7	107	718	(6:00) Salut, bonjour! Week-end (SC)				Qu'est-ce qui mijote	Signé M sur	Culture vélo (N)	Qu'est-ce qu	TVA nouvelles (N)	Viens voir ici (N)	Infopublicité (SC)	Shopping TVA (SC)	Infopublicité (SC)	Infopublicité (SC)	Looney Tunes	"Stomp the Yard"
WMTW 8	-	-	Good Morning (N)		Hanna	Ocean Mysteries	Born to Explore	Sea Rescue (El)	Recipe Rehab	Food for Thought	Awesome Adventure	Paid Program	Juice and Lose!	Dr. Pericone MD	Paid Program	Front Yard Landscaping The Worx GT 2.0.		WNBA Basketball
CKSH 9	108	-	Toupie et Binou	Manny et ses outils	Glurp At-tack (SC)	Magi-nation	Galactik Football	Gawayn	Aventures de Tintin	L'épicerie (SC)	Telejournal	Monde-parlait	Grands reportages (SC)		On prend toujours un train pour la vie (SC)		"Mes copines et moi 2" (2010) (SC)	
CKMI 11	-	-	Fish'n Canada	Big Coat	Advent. North	Fishful Thinking	Real Fishing	Foodies	Powerboat Television	Driving Television	Happened To	The Simpsons	The Simpsons	The Simpsons	Pregame		PGA Tour Golf	
CFCF 12	205	312	Anne/ Green	The Littles Hobo	Canada AM Weekend		Canada's Worst Handyman		It Is Written	Movie Night	Operation Smile		Canada's Worst Driver		Lovett-Reid	Dr. Marla & Friends	Cash Cab	Cash Cab
WVNY 22	-	-	Good Morning (N)		Hanna	Ocean Mysteries	Born to Explore	Sea Rescue (El)	Recipe Rehab	Food for Thought	Hip Hop Abs	Joint Relief	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	WNBA Basketball
WUTV 30	-	-	Paid Program	Paid Program	Hot New Hairstyles For Summer!		Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Two and a Half Men	Two and a Half Men	MLB Player Poll	MLB Pregame (N)	MLB Baseball Regional Coverage. (N)	
CFKS 31	106	726	Aubaines & cie		Trucs & cie		RPM (SC)		HP Les Snowbirds au Festival aérien. (SC)		Glee "Vitamine D"		★★★ "Les Moins que rien" (2003, Comédie) Nicolas Cage, Sam Rockwell, Alison Lohman. (SC)					"Sortis de l'ombre"
WUHF	-	363	R U SMART?	Joint Help	Paid Program	Summer Hairstyles!	Paid Program	Paid Program	Paid Program	Paid Program	Cold Case "Revolution"		30 Rock	30 Rock	MLB Player Poll	MLB Pregame (N)	MLB Baseball Regional Coverage. (N)	
WETK	-	-	Thomas & Friends	Bob the Builder	Angelina: Next	MotorWeek (N)	Outdoor Journal	Ask This Old House	This Old House	Hometime	Test Kitchen	Martha Bakes	Cook's Country	Baking With Julia	Sara's Weeknight	Cooking School	Lidia's Italy	Victory Garden
WCFE	-	-	After 10	The Heat	World Affairs Today		Wilson Forum		Global 3000	European Journal	My India (N)	Newsweek South Asia	NHK Programming (N)		Hablemos de Salud		CCTV Documentary	CCTV Documentary
A&E	615	520	Criminal Uncanny	Minds "The Valley"	Criminal Minds "Public Enemy"		Flip This House "Hurricane Ike Flip"		Flipping Vegas "Condo From Hell"		Flipping San Diego "Critter House" (N)		Paranormal State	Paranormal State "Suicide Possession"		Paranormal State	My Ghost Story: Caught on Camera	
BRAVO	620	523	The Bridge "Red Door"		Missing "White Whale"		The Listener "Cold Case Blues"		Graceland Charlie decides to confess.		The Bridge "Red Door" (DVS)		Shameless Idealists	"Terry" (2005) Shawn Ashmore. Amputee Terry Fox embarks on his Marathon of Hope.				"Back-Future III"
CNN	500	500	(6:00) New Day Saturday			Your Mney	CNN Saturday Morning		CNN Newsroom (N)				CNN Newsroom (N)		Your Mney	Next List	CNN Newsroom (N)	
DISC	520	505	Sons of Guns "Cutbacks"		Auction Kings	Auction Kings	Don't Drive Here "Ulaan Bataar"		Mighty Planes "Blue Angels" (DVS)		Property Wars	Property Wars	Mighty Planes "Blue Angels" (DVS)		Deadliest Catch		Finding Bigfoot "Australian Yowie"	
HIST	522	506	Paid Program	Paid Program	Paid Program	Paid Program	Greatest Tank Battles (DVS)		War Story "Kapyong"	M*A*S*H "Pilot"	The Real M*A*S*H (DVS)		★★★★ "M*A*S*H" (1970) Donald Sutherland. Two unorthodox Army doctors declare war on bureaucracy.					M*A*S*H "Pilot"
RDI	126	730	(5:30) RDI matin				Messe commémorative à Lac-Mégantic Messe commémorant les victimes de Lac-Mégantic.						RDI en direct (SC)			RDI en direct (SC)	RDI en direct (SC)	
SHOW	616	521	Battle Hair Loss	Paid Program	Paid Program	Paid Program	ReGenesis Victim of bioterrorism.		★★★ "Hellboy II: The Golden Army" (2008) Ron Perlman. Hellboy and his team battle an underworld prince.					★★ "Fantastic Four" (2005, Action) Ioan Gruffudd, Jessica Alba, Chris Evans. (DVS)				"X-Men: Last"
SLICE	601	562	Paid Program	Paid Program	Princess "Ariana"		Money Moron	Money Moron	Summer Camp "S'more Drama"		★★ "Made of Honor" (2008) Patrick Dempsey, Michelle Monaghan. (DVS)				★★ "50 First Dates" (2004, Romance-Comedy) Adam Sandler, Drew Barrymore.			
SPIKE	628	584	Paid Program	Paid Program	Xtreme 4x4	Horsepower TV	Trucks! (N)	MuscleCar	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	(2:55) ★★ "Rambo" (2008) Julie Benz	
TLC	521	560	Jillian Michaels	Face Wrinkles	My First Home	My First Home	My First Home	My First Home	My First Home	My First Home	Four Houses "...and a Bowling Alley" (N)		Toddlers & Tiaras		Toddlers & Tiaras "Me and My Pet Pageant"		Toddlers & Tiaras	
TSN	400	400	Formula One Racing		SportsCentre		SportsCentre		SportsCentre		Golf Senior Open Championship, Third Round. (N) (Live)				MLS Soccer Columbus Crew at Toronto FC. From BMO Field in Toronto. (Live)			
YOUTH	551	542	Squirrel	Squirrel	The Fairly OddParents			Monsters	Turtles	Beyblade	Pokémon	Rangers	Yu-Gi-Oh!	Turtles	Beyblade	Beyblade	Beyblade	Sidekick

SATURDAY EVENING — JULY 27, 2013

	Bell	Star	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	(3:00) PGA Tour Golf RBC Canadian Open, Third Round. (N) (Live)				Channel 3 News	Evening News	Entertainment Tonight (N)		48 Hours		★★ "The Longest Yard" (2005) Adam Sandler. Prisoners train for a football game against the guards.					CSI: Miami Police officer is killed.	
WPTZ 5	-	-	Beach Volleyball Worldwide Series. (N)		Volleyball Wonderland (N)		News	Nightly News	Jeopardy!	Wheel of Fortune	American Ninja Warrior		Get Out Alive With Bear Grylls		Do No Harm "I Can't Keep Your Secret"		Newschannel 5	(:29) Saturday Night Live	
CBMT 6	206	301	The Lang & O'Leary Exchange		Dragons' Den		CBC News at 6	Marketplace	Absolutely Québec		The Big Decision		★★ "The Trotsky" (2009) Jay Baruchel. A teenager thinks that he is the reincarnation of Leon Trotsky.					Comedy	Cracked
CHLT 7	107	718	(3:45) ★★ "Stomp the Yard" (2007, Drame) Columbus Short, Meagan Good. (DVS) (SC)				TVA nouvelles (N)	★★★ "Retour vers le futur III" (1990, Comédie) Michael J. Fox, Christopher Lloyd, Mary Steenburgen. (DVS) (SC)					(8:48) ★★★ "Le Dernier Samouraï" (2003) Tom Cruise. En 1870, au Japon, un Occidental apprend l'art du samouraï. (DVS) (SC)						TVA nouvelles (N)
WMTW 8	-	-	(3:30) WNBA Basketball Game: West vs. East. (N) (Live)				WMTW News 8	World News	Paid Program	Jeopardy!	Zero Hour "Hands" (N)		★ "Norbit" (2007, Comedy) Eddie Murphy, Thandie Newton, Cuba Gooding Jr.				WMTW News 8	Cold Case "Revolution"	
CKSH 9	108	-	(3:00) "Mes copines et moi 2" (2010) (SC)		La semaine verte (N) (SC)		Le Télé-journal (N)	Penthouse 5-0	La Petite Séduction (N) (SC)		Les enfants de la télé (SC)		Médecins de combat (Season Finale) (N)		Le Télé-journal (N)	(:42) ★★★ "Cliente" (2008) Nathalie Baye, Josiane Balasko, Éric Caravaca. (DVS) (SC)			
CKMI 11	-	-	(3:00) PGA Tour Golf RBC Canadian Open, Third Round. (N) (Live)				Evening News (N)	Global National	True Crime Scene "Femme Fatale"		Zero Hour "Hands" (N)		★★★ "Voices" (2008, Drama) Coke Bolipata, Julian Duque. (DVS)				News Final	(:29) Saturday Night Live	
CFCF 12	205	312	Celebrity	Celebrity	etalk	Access Hollywood	CTV News (N)		W5 (DVS)		Saving Hope A young prisoner is brought in.		The Amazing Race Canada		The Listener "The Illustrated Woman"		CTV News	CTV News (N)	★★ "Alpha Dog"
WVNY 22	-	-	(3:30) WNBA Basketball Game: West vs. East. (N) (Live)				World News	ABC 22 News	TMZ (N)		Zero Hour "Hands" (N)		★ "Norbit" (2007, Comedy) Eddie Murphy, Thandie Newton, Cuba Gooding Jr.				Local News	Cold Case "Revolution"	
WUTV 30	-	-	(3:00) MLB Baseball Coverage. (N) (Live)				Paid Program	Paid Program	Big Bang Theory	Big Bang Theory	UFC: Johnson vs. Moraga (N) (Live)				2 on Your Side at 10	Big Bang Theory	Axe Cop	Axe Cop	Cleveland Show
CFKS 31	106	726	(3:30) ★★ "Sortis de l'ombre" (2007) Samuel L. Jackson, Josh Hartnett. (SC)				Ça va brasser	★★ "Le Sixième jour" (1986, Drame) Dalida. Une Égyptienne et son petit-fils soignent un baladin blessé. (SC)					★★ "Brume de Stephen King" (2007) Thomas Jane. Un village baigne dans une brume peuplée de monstres.					L'instant gagnant	
WUHF	-	363	(3:00) MLB Baseball Regional Coverage. (N) (Live)				Two and Half Men	Two and Half Men	Seinfeld	Seinfeld	UFC: Johnson vs. Moraga (N) (Live)				Fox First at Ten (N)	Sports Extra	Axe Cop	Axe Cop	Cleveland Show
WETK	-	-	Lark Rise to Candleford		Antiques Roadshow "Vintage Hartford"		The Lawrence Welk Show		As Time Goes By	The Café	Waiting for God	Hebburn	Midsomer Murders "Tainted Fruit"		Austin City Limits		Woodsongs "Victor Wooten"		Nature
WCFE	-	-	Dialogue-Centr.	In Focus	RT News (N) (El)	Journal (N)	My India (El)	NHK Programming	Al Jazeera English News (N) (El)		France 24 News (N)	Asia This Week (N)	Frank Riva "Star Crossed" (Subtitled-English)				France 24 News	NHK Programming	Frank Riva
A&E	615	520	My Ghost Story: Caught on Camera		The Haunting Of... Barry Bostwick"		The Haunting Of... "Regis Philbin"		The Haunting Of... "Nadine Velazquez"		American Haunting "McGlones"		American Haunting "Rudis" (N)		American Haunting "Schumans" (N)		(:01) American Haunting "Rudis"		American Haunting
BRAVO	620	523	(3:30) ★★★ "Back to the Future Part III" (1990) Michael J. Fox, Christopher Lloyd.				Missing "White Whale"		The Listener "Cold Case Blues"		Boston's Finest "Protecting Your Own"		Top of the Lake (N) (Part 3 of 7)		(:15) The Fall Stella Gibson takes control of the hunt.		★★ "The Wedding Planner" (2001)		
CNN	500	500	Newsr'm	Gupta	CNN Newsroom (N)		The Situation Room		CNN Newsroom (N)		Anderson Cooper		To Be Announced		To Be Announced		Stroumboulopoulos		TBA
DISC	520	505	Sons of Guns "Cutbacks"		Overhaulin' "SEMA Car: Chrysler 300"		Cash Cab	How It's Made	Cash Cab	Cash Cab	Don't Drive Here "Ulaan Bataar"		Deadliest Catch		Sons of Guns "Cutbacks"		Ice Cold Gold "Fractured"		Deadliest Catch
HIST	522	506	M*A*S*H "Deluge"	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H "Pilot"	Greatest Tank Battles (DVS)		★★★★ "M*A*S*H" (1970) Donald Sutherland. Two unorthodox Army doctors declare war on bureaucracy.					Greatest Tank Battles (DVS)	
RDI	126	730	(3:00) RDI en direct		Le Télé-journal	Messe commémorative à Mégantic			RDI Lac-en direct	ARTVstudio (SC)	Découverte (SC)		Le Télé-journal	Collection Explora (SC)		Messe commémorative à Lac-Mégantic			Le Télé-journal
SHOW	616	521	(3:30) ★★ "X-Men: The Last Stand" (2006) Hugh Jackman, Patrick Stewart.				★★ "Behemoth" (2011, Science Fiction) Ed Quinn, Pascale Hutton. (DVS)				"Tasmanian Devils" (2013, Suspense) Danica McKellar, Apolo Ohno.				★★ "X-Men: The Last Stand" (2006, Action) Hugh Jackman. A cure for mutations divides the X-Men.				
SLICE	601	562	Money Moron	Princess "Ariana"	Kendra on Top	Kendra on Top	Eat St.	Eat St.	Princess	Princess "Ariana"	The Millionaire Matchmaker		Smarter Than a Canadian 5th Grader?		Eat St.	Eat St.	Smarter Than a Canadian 5th Grader?		Housewives/OC
SPIKE	628	584	(2:55) ★★ "Rambo" (2008) Julie Benz		(4:57) ★★ "Man on Fire" (2004) Denzel Washington, Dakota Fanning. A bodyguard takes revenge on a girl's kidnappers.						Deadliest Warrior		Deadliest Warrior		Ways to Die		★★ "Rambo" (2008, Action) Sylvester Stallone, Julie Benz, Matthew Marsden.		
TLC	521	560	Toddlers & Tiaras		Toddlers & Tiaras		Toddlers & Tiaras		Dateline: Real Life Mysteries		Dateline: Real Life Mysteries		Dateline: Real Life Mysteries (N)		Dateline: Real Life Mysteries (N)		Dateline: Real Life Mysteries		Dateline: Real Life
TSN	400	400	NASCAR Racing	NASCAR Racing	Nationwide Series: Indianapolis Motor Speedway				SportsCentre (N)	CFL Football	Saskatchewan Roughriders at Hamilton Tiger-Cats. From Ivor Wynne Stadium in Hamilton, Ontario. (N) (Live)				SportsCentre (N) (Live)				World Series/Poker
YOUTH	551	542	(:15) ★★ "Garfield: The Movie" (2004)				Zoink'd!	Splatalot	Baby	Zoink'd!	★ "The Pink Panther 2" (2009)				Zoink'd!	Splatalot	Baby	Splatalot	Knights

Your week on TV

SUNDAY DAYTIME — JULY 28, 2013

	Bell	Star	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30
WCAX 3	-	-	Hometime	This Old House	CBS News Sunday Morning (N)		Face the Nation	You Can Quote Me	Paid Program	Paid Program	Paid Program	We Have a Dream		Road to the PGA Championship (N)		PGA Tour Golf		
WPTZ 5	-	-	Today (N)		Meet the Press (N)		On the Money	Homeowner	Paid Program	The Closer "Fate Line"	Tour de France Recap (N)				Swimming FINA World Championships. From Barcelona, Spain.			
CBMT 6	206	301	Coronation Street	Coronation Street	Coronation Street	Coronation Street	Coronation Street	Marketplace	Steven and Chris		Maamuitaau	Mansbridge	Q With Jian Ghomeshi (N)		The Nature of Things Black-footed ferrets.		Best Recipes Ever	In the Kitchen
CHLT 7	107	718	(6:00) Salut, bonjour!		Week-end (N)	(SC)	★★★ "La ville fantôme" (2008, Comédie) Ricky Gervais, Téa Leoni, Greg Kinnear. (SC)				TVA nouvelles (N)	Infopublicité (SC)	La victoire de l'amour	Shopping TVA (SC)	Infopublicité (SC)	Infopublicité (SC)	Looney Tunes	Qu'est-ce qu
WMTW 8	-	-	Good Morning (N)		America Week W/ Stephanopoulos		This George Old House	Teen News Kid (N)	Made in Hollywood	Paid Program	Tummy Tuck	Health Forum	Front Yard	Paid Program	Greatest Sports Legends: A Year		Whodunnit? "Mountain Lyin"	
CKSH 9	108	-	Bookaboo (SC)	Manny et ses outils	Club des cinq	Walter & Tandoori	Le Jour (N)	du Seigneur (SC)	Découverte Un reportage sur les insectes.		Telejournal	La semaine verte (SC)		Second Regard	Une heure sur terre La crise syrienne. (N)		★★★ "La Folie des grandeurs" (1971)	
CKMI 11	-	-	Fishful Thinking	Hospital for Sick Kids		World Vision	Joel Osteen	In Touch	Designer Guys	What's In a Name?	16x9		The Simpsons	The Simpsons	Pregame		PGA Tour Golf	
CFCF 12	205	312	App Central	Operation Smile	World Vision		etalk	Church of the Rock	Canada AM	Weekend	SportsCentre		Canada's Worst Driver The final three face off.		Cash Cab	Cash Cab	"Derby" (1995, Drama) David Charvet.	
WVNY 22	-	-	Good Morning (N)		America Week W/ Stephanopoulos		Key of David	George of David	Health Forum	Paid Program	Say No Botox	Paid to Program	Long Hose!	Paid Program	Paid Program	Paid Program	Whodunnit? "Mountain Lyin"	
WUTV 30	-	-	Earnest Angley		FOX News Sunday With Chris Wallace		Key of David	Power Juicer	Paid Program	Battle Hair Loss	Mom Is 57, Looks 27!	Summer Hairstyles!	★★ "The 6th Day" (2000, Science Fiction) Arnold Schwarzenegger, Tony Goldwyn.				Paid Program	Soccer
CFKS 31	106	726	Aubaines & cie		Trucs & cie		RPM (SC)		HP (SC)		Par-dessus le	Rire et délire	Merlin "Un plan machiavelique" (SC)		★★ "L'Été de mes onze ans...la suite" (1993, Drame) Anna Chlumsky, Dan Aykroyd.			
WUHF	-	363	Paid Program	Key of David	FOX News Sunday With Chris Wallace		R U SMART?	Paid Program	Tummy Tuck	Paid Program	Judge Judy	Judge Judy	Friends	Friends	Judge Joe Brown	Judge Joe Brown	Paid Program	Soccer
WETK	-	-	Super Why!	Dinosaur Train	Daniel Tiger	Inside Wash'ton	Wealth-Track	Religion & Ethics	McLaughlin Group	Vermont This Week		Moyers & Company	R. Steves' Europe	Rudy Maxa	Great Performances at the Met "Aida" Liudmyla Monastyrska plays "Aida."			
WCFE	-	-	The Week in France	CrossTalk (N)	World Affairs Today		Global Ethics	Dialogue-Centr.	Wilson Forum		Taiwan Outlook (N)		NHK Programming (N)		After 10 (N)	The Heat (N)	CCTV Documentary	CCTV Documentary
A&E	615	520	Criminal Minds "Public Enemy"		The Glades "Glade-iators!"		Longmire Henry overhears a contract killing.		Longmire A wild horse drags a dead body.		★★ "Notting Hill" (1999) Julia Roberts, Hugh Grant. A bookseller and a movie star have an unlikely romance.					Shipping Wars	Shipping Wars	Shipping Wars
BRAVO	620	523	The Bridge "Paint It Black" (DVS)		Missing Jess goes under cover.		The Listener "Curtain Call" (DVS)		Perception "Caleidoscope"		Suits Harvey and Jessica work together.		★★★ "Selena" (1997, Biography) Jennifer Lopez. Premiere. Mexican-American singer skyrockets to fame.					★★ "Enough"
CNN	500	500	New Day Sunday		State of the Union		Fareed Zakaria GPS		Reliable Sources (N)		State of the Union		Fareed Zakaria GPS		CNN Newsroom (N)		Your Money (N)	
DISC	520	505	Cash Cab	Cash Cab	Licence to Drill "Final Run" Crews on both rigs are kept guessing about drilling. (DVS)						Flying Wild Alaska "Return to Diomede"		Never Ever Do	Never Ever Do	Bering Sea Gold "Point of No Return"		Last Car Standing "Sub Compacts"	
HIST	522	506	Paid Program	Paid Program	Paid Program	Paid Program	Pawn Stars	Pawn Stars	American Pickers "Motor City"		Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars
RDI	126	730	(5:30) RDI matin						RDI en direct (SC)	L'épicerie (SC)	Telejournal	ARTVstudio (SC)	RDI en direct (SC)	RDI en direct (SC)		Bleu (SC)	RDI en direct (SC)	
SHOW	616	521	Paid Program	Paid Program	Paid Program	Paid Program	★★ "Resident Evil: Extinction" (2007, Horror) Milla Jovovich, Oded Fehr, Ali Larter.				★ "Resident Evil: Afterlife" (2010, Horror) Milla Jovovich, Ali Larter, Kim Coates.				★★ "Resident Evil: Extinction" (2007, Horror) Milla Jovovich, Oded Fehr, Ali Larter.			
SLICE	601	562	Paid Program	Paid Program	Border Security	Border Security	Murder in Paradise A private eye disappears.		Casino	Casino	★★ "50 First Dates" (2004, Romance-Comedy) Adam Sandler, Drew Barrymore.				★★ "How to Lose a Guy in 10 Days" (2003) Kate Hudson, Matthew McConaughey.			
SPIKE	628	584	Montel Williams	Shaun T's Insanity!	Xtreme 4x4	Horsepower TV	Trucks!	MuscleCar	Bar Rescue The Bamboo Beach Tiki Bar.		Bar Rescue "Owner Ousted"		Bar Rescue "Jon T, He Don't Like It"		Bar Rescue		Bar Rescue	
TLC	521	560	Bikini Season	Luminess	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL
TSN	400	400	(7:55) Formula One Racing Hungarian Grand Prix. From Hungaroring, Budapest. (N)				The Reporters	Motoring 2013 (N)	NASCAR Racing		NASCAR Racing		NASCAR Racing Sprint Cup: Samuel Deeds 400 at the Brickyard. From Indianapolis Motor Speedway in Indianapolis. (N) (Live)					
YOUTH	551	542	Pet Shop	T.U.F.F.	Sponge.	Sponge.	Parents	Parents	Monsters	Baby	The Next Star		Mr. Young		(:45) ★★★ "Spy Kids 2: The Island of Lost Dreams"			

SUNDAY EVENING — JULY 28, 2013

	Bell	Star	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	(3:00) PGA Tour Golf Final Round. (N) (Live)				Chronicle News	Evening News	60 Minutes (N)		(:01) Big Brother Contestants face eviction.		Unforgettable A high-profile kidnapping.		The Mentalist "Red Lacquer Nail Polish"		Channel 3 News	CSI: Miami "Not Landing"	
WPTZ 5	-	-	Swimming	Beach Volleyball World Series. From Long Beach, Calif. (N)			News	Nightly News	America's Got Talent "First Live Show" Twelve acts perform for the audience.				Law & Order: Special Victims Unit		Crossing Lines Hickman is taken hostage.		Newschannel 5	Hip Hop Abs	"View Top"
CBMT 6	206	301	★★★ "Cars" (2006) Voices of Owen Wilson. Animated. A race car gets stranded in a town along Route 66.				Mr. D		Heartland "Great Expectations"		★★★ "The Devil Wears Prada" (2006, Comedy) Meryl Streep, Anne Hathaway.				The National (N)		Lang & O'Leary	the fifth estate "Target bin Laden"	
CHLT 7	107	718	★ "Ed" (1996) Matt LeBlanc. Un chimpanzé fait la renommée d'une équipe de baseball.				TVA nouvelles (N)	Les gags full ado	Défilé des Jumeaux	Dieu merci! "Spéciale comédie musicale"	★★ "La Sentinelle" (2006, Suspense) Michael Douglas, Kiefer Sutherland. (DVS) (SC)				(:40) TVA nouvelles		(:10) ★★★ "Casino" (1995) Robert De Niro, Sharon Stone. (SC)		
WMTW 8	-	-	Whodunnit? "Bum Ba Dee Da"		X Games (N)		WMTW News 8	World News	America's Funniest Home Videos		Celebrity Wife Swap "Gerardo/Sisqó"		Whodunnit? "All the World's a Stage" (N)		Castle "Recoil"		WMTW News 8	CSI: Miami "Not Landing"	
CKSH 9	108	-	(3:00) ★★★ "La Folie des grandeurs"		Les Chefs (SC)		Le Télé-journal (N)	Découverte et proies" (SC)	"Prédateurs	Pérusse cité (N)	Grand rire à Paris et Marrakech (N) (SC)		On prend toujours un train pour la vie (N)		Le Télé-journal (N)	(:42) Pour l'amour du country (SC)		(:42) ★★ "Subway" (1985) Isabelle Adjani.	
CKMI 11	-	-	(3:00) PGA Tour Golf Final Round. (N) (Live)				Evening News	Global National	Howie It	The Simpsons	(:01) Big Brother Contestants face eviction.		Family Guy	American Dad	The Simpsons	Bob's Burgers	News Final (N)	Dangerous	PGA Tour Canada
CFCF 12	205	312	(3:00) "Derby" (1995) David Charvet		The Amazing Race Canada		CTV News (N)		Hot in Cleveland	Satisfaction	Whodunnit? "All the World's a Stage" (N)		Unforgettable A high-profile kidnapping.		The Mentalist "Red Lacquer Nail Polish"		CTV News	CTV News (N)	The Mentalist
WVNY 22	-	-	Whodunnit? "Bum Ba Dee Da"		X Games (N)		World News	ABC 22 News (N)	America's Funniest Home Videos		Celebrity Wife Swap "Gerardo/Sisqó"		Whodunnit? "All the World's a Stage" (N)		Castle "Recoil"		Local News	Private Practice "You Break My Heart"	
WUTV 30	-	-	(3:30) Soccer CONCACAF Gold Cup, Final. (N) (Live)				Paid Program	Forever Young	American Dad	The Simpsons	The Simpsons	Bob's Burgers	Family Guy	Family Guy	2 on Your Side at 10	Big Bang Theory	Ring of Honor Wrestling		Seinfeld
CFKS 31	106	726	★★★ "Le spa à remonter dans le temps" (2003) Melanie Griffith, John Cusack, Rob Corddry. (SC)				Rachael Leigh Cook. (SC)				(:45) ★ "Le Traqueur" (2000, Action) Casper Van Dien, Francoise Robertson. (SC)		(:45) Rire et délire		Flashpoint Une mutinerie dans la prison.		South Park	L'instant gagnant	
WUHF	-	363	(3:30) Soccer CONCACAF Gold Cup, Final. (N) (Live)				Made in America	Paid Program	American Dad	The Simpsons	The Simpsons	Bob's Burgers	Family Guy	Family Guy	Fox First at Ten (N)	Sports Extra	Paid Program	Paid Program	Paid Program
WETK	-	-	(2:00) Great Performances at the Met		Ballykissangel "A Few Dollars More"		Inspector Morse "Sins of the Father"		Hetty Wainthropp Investigates A private detective tries to help a stricken village.				Masterpiece Mystery! Morse investigates a hit-and-run death. (N)			Performances	POV "High Tech Low Life" Chinese bloggers. (N)		
WCFE	-	-	NHK Programming	European Journal	RT News (N) (El)	Journal (N)	Newsweek-Asia	Afghan Report	Al Jazeera English News (N) (El)		France 24 News (N)	Newsline (N)	Annika Bengtzon: Crime Reporter "The Red Wolf"		Irene Huss "Ring of Silence" (Subtitled-English)				Annika Bengtzon
A&E	615	520	Shipping Wars	Shipping Wars	Shipping Wars	Shipping Wars	Shipping Wars	Shipping Wars	Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty	Storage Wars	Storage Wars	(:01) Storage Wars	(:31) Storage Wars	Duck Dynasty
BRAVO	620	523	(3:30) ★★ "Enough" (2002, Suspense) Jennifer Lopez, Billy Campbell.				Missing Jess goes under cover.		The Listener "Curtain Call" (DVS)		Flashpoint A prisoners release.		The Fall "My Adventurous Song" (N)		(:15) ★★ "Bollywood/Hollywood" (2002) Rahul Khanna, Lisa Ray.				(12:15) "Enough"
CNN	500	500	CNN Newsroom (N)		CNN Newsroom (N)		CNN Newsroom (N)		CNN Newsroom (N)		To Be Announced		Crimes of the		Inside Man (N)		To Be Announced		Crimes
DISC	520	505	Auction Kings	Auction Kings	Sons of Guns		Cash Cab	How It's Made	Curiosity "Monster Squid: The Giant Is Real" Footage of the giant squid.				Man-Eating Super Squid (N)		Swimming With Monsters "Hippo" (N)		River Monsters "Killer Torpedo"		Super Squid
HIST	522	506	Counting Cars	Counting Cars	Pawn Stars	Pawn Stars	Restoration	Restoration	Counting Cars	Counting Cars	American Pickers "Motor City"		Pawn Stars	Pawn Stars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Pawn Stars
RDI	126	730	(3:00) RDI en (SC)		Le dire Télé-journal		Grands reportages Jacques Parizeau.		RDI en direct	Bleu (SC)	Grands reportages "Sauver sa peau"		Le Télé-journal	Collection Explora (SC)		Second Regard	Le Télé-journal	L'épicerie (SC)	Le Télé-journal
SHOW	616	521	★ "Resident Evil: Afterlife" (2010, Horror) Milla Jovovich, Ali Larter.				★★ "Arctic Blast" (2010, Science Fiction) Michael Shanks, Alexandra Davies.				Continuum "Second Guess" (DVS)		Continuum "Second Last" (N)		★★ "Rambo" (2008, Action) Sylvester Stallone, Julie Benz, Matthew Marsden.				Continuum
SLICE	601	562	"How to Lose"	Border Security	Casino	Casino	Murder in Paradise "Spies Lies & Alibis"		Border Security	Border Security	72 Hours "New Zealand Alps"		The Hero "Sacrifice"		Summer Camp "S'more Drama"		The Real Housewives of Orange County		72 Hours
SPIKE	628	584	Bar Rescue "Bar Fight"		Bar Rescue "Chumps"		Bar Rescue "Turtle on Its Back"		Bar Rescue "Bro's Got to Geaux"		Bar Rescue		Bar Rescue (N)		Tattoo Rescue "Wiped Out!" (N)		Ink Master "Thrills for Grills"		Bar Rescue
TLC	521	560	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Breaking Amish: LA "Family Secrets"		Sister Wives "Picking Up the Pieces"		Sister Wives (N)		Breaking Amish: LA "Exodus" (N)		(:01) Sister Wives		Breaking Amish: LA
TSN	400	400	NASCAR Racing		SportsCentre	Sportscentre	SportsCentre (N) (Live)		Nine for IX (N)		MLB Baseball St. Louis Cardinals at Atlanta Braves. From Turner Field in Atlanta. (N Subject to Blackout) (Live)						SportsCentre (N) (Live)		30 for 30
YOUTH	551	542	★★ "Spy Kids 3: Game Over" (2003)				"Nicky Deuce" (2013)			Weird	Splatalot	Zoink'd!	Splatalot	Baby	The Next Star		Baby	Splatalot	Spy Kids

Your week on TV

MONDAY EVENING — JULY 29, 2013

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	Channel 3 News (N)		CBS Evening News/Pelley	Entertainment Tonight (N)	How I Met Your Mother	Mike & Molly	2 Broke Girls	Mike & Molly	Under the Dome The town's water supply dwindles. (N)		Channel 3 News	(:35) Late Show With David Letterman (N)	
WPTZ 5	-	-	Newschannel 5 at 6PM	NBC Nightly News (N)	Jeopardy! "Kids Week"	Wheel of Fortune	American Ninja Warrior "Venice Beach Finals" (N)		Get Out Alive With Bear Grylls (N)		Siberia Carolina shares big news with Johnny. (N)		Newschannel 5 Nightcast	(:34) The Tonight Show With Jay Leno (N)	
CBMT 6	206	301	CBC News: Montreal (N)	Lang & O'Leary	Stroumboulopoulos	Coronation Street (N)	Murdoch Mysteries "Murdoch Au Naturel"		Cracked A woman rescued from a psychotic killer.		The National (N)		CBC News: Montreal	Stroumboulopoulos	Coronation Street
CHLT 7	107	718	(5:58) TVA nouvelles (N)	Sucré salé (N) (SC)	Une minute pour gagner (N) (SC)		Fidèles au poste En performance musicale, Les BB.		Juste pour rire 30 ans "La soirée Hollywood" (SC)		TVA nouvelles (N)	(:35) Sucré salé (SC)	(:05) ★★ "Bleu d'enfer" (2005, Aventures) Paul Walker, Jessica Alba. (DVS) (SC)		
WMTW 8	-	-	WMTW News 8 at (N)	ABC World News	Wheel of Fortune	Jeopardy! "Kids Week"	The Bachelorette Desiree travels to Antigua. (N) (Part 1 of 2)				(:01) Mistresses Janet visits with big news. (N)		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live (N)	
CKSH 9	108	-	Le Téléjournal/Estrie	TJ-Grand Mtl	Squelettes-plac.	Les Parent (DVS) (SC)	Les Chefs (N) (SC)		Pénélope McQuade (N) (SC)		Le Téléjournal (N) (SC)	Nouvelles-sport	Cap sur l'été (SC)		Frères et soeurs (SC)
CKMI 11	-	-	(5:59) Evening News (N)	Global National (N)	ET Canada	Entertainment Tonight (N)	Psych Shawn and Gus join college filmmakers.		Get Out Alive With Bear Grylls (N)		Under the Dome The town's water supply dwindles. (N)		News Final (N)	ET Canada	The Jeff Probst Show
CFCF 12	205	312	CTV News (N)		etalk-The Best... So Far	The Big Bang Theory	Satisfaction (N)	Anger Management (N)	The Amazing Race Canada One team steers the others.		(:01) Mistresses Janet visits with big news. (N)		CTV National News (N)	CTV News (N)	Daily Show/ Jon Stewart
WVNY 22	-	-	ABC 22 (N)	ABC World News	ABC 22 (N)	TMZ (N)	The Bachelorette Desiree travels to Antigua. (N) (Part 1 of 2)				(:01) Mistresses Janet visits with big news. (N)		ABC 22 News (N)	(:35) Jimmy Kimmel Live (N)	
WUTV 30	-	-	The Big Bang Theory	Judge Judy	Judge Judy	Two and a Half Men	Raising Hope	Raising Hope "Bro-gurt"	New Girl (DVS)	The Mindy Project	2 on Your Side at 10 (N)	Two and a Half Men	The Simpsons	How I Met Your Mother	Friends
CFKS 31	106	726	Atomes crochus (SC)	Les touristes (SC)	Bienvenue aux dames	Rire et délire (SC)	CSI: NY "Tales From the Undercard" Les batailles de rue.		Le Mentaliste "Noël au balcon" La mort d'un Père Noël.		Opération séduction (SC)	Souper parfait	Face à face "Le Débat"	L'instant gagnant	
WUHF	-	363	Seinfeld "The Suicide"	The Simpsons	Two and a Half Men	Two and a Half Men	Raising Hope	Raising Hope "Bro-gurt"	New Girl (DVS)	The Mindy Project	Fox First at Ten (N)	(:45) Sports Extra	Seinfeld	30 Rock "Do-Over"	Excused
WETK	-	-	PBS NewsHour (N)		Billy Connolly's Route 66		Antiques Roadshow "Vintage Richmond" (N)		Antiques Roadshow "Biloxi" Signed baseball; sword.		Death in Paradise		Nightly Business Report	Charlie Rose (N)	
WCFE	-	-	RTE News: Six One (N)	South Asia Newsline (N)	Al Jazeera English News (N) (EI)		France 24 News (N) (EI)	Newsline (N) (EI)	Spiral (Subtitled-English) (Part 7 of 8)		Spiral Benoit Faye is in intensive care. (Subtitled-English)		Biz Asia America (N)		Spiral (Subtitled-English)
A&E	615	520	The First 48 Murder victim and have matching tattoos.		Duck Dynasty	Duck Dynasty	Duck Dynasty "Frog in One"	Duck Dynasty	The Glades A female jai alai player is murdered. (N)		Longmire A fatal explosion rocks the reservation. (N)		(:01) Longmire A fatal explosion rocks the reservation.		(12:01) Duck Dynasty
BRAVO	620	523	Criminal Minds The BAU goes on a manhunt.		Flashpoint Hostages are taken during a prison riot.		The Mentalist A surfer is murdered.		Missing A wealthy New York couple disappears.		Top of the Lake Suspect is found dead; mysteries mount.		(:15) Flashpoint Hostages are taken during a prison riot.		(12:15) Criminal Minds
CNN	500	500	(5:00) The Situation Room		Erin Burnett OutFront (N)		Anderson Cooper 360 (N)		Piers Morgan Live (N) (Live)		Anderson Cooper 360		Erin Burnett OutFront		Piers Morgan
DISC	520	505	How It's Made	How It's Made	Shred! "Burnout" (N)	Shred! "Hell Shred" (N)	Auction Kings (N)	Auction Kings	Sons of Guns The crew modifies a PKM. (N)		Backyard Oil (N)	Backyard Oil (N)	Auction Kings	Auction Kings	Sons of Guns
HIST	522	506	Canadian Pickers Scott and Sheldon find vintage guitars.		Pawnathon Canada The five pawn masters. (DVS)		Pawn Stars	Pawn Stars	American Restoration	American Restoration	Counting Cars	Counting Cars	Canadian Pickers Scott and Sheldon find vintage guitars.		Pawn Stars
RDI	126	730	Le National (SC)	RDI économie (SC)	24 Heures en 60 minutes		Grands reportages "Les points de la fierté" (SC)		Le Téléjournal (SC)		Le National	RDI économie (SC)	Le National	Le Telejournal Québec	24 Heures en 60 minutes
SHOW	616	521	"To Have and to Hold" (2006) Justine Bateman. A married man pays the consequences for having an affair.				★★★ "Goodnight for Justice" (2011) Luke Perry. An Old West judge seeks the outlaw who murdered his family.				NCIS "Nature of the Beast" Tony searches for answers.		NCIS "Restless" A beloved Marine is fatally stabbed.		NCIS (DVS)
SLICE	601	562	Til Debt Do Us Part	Til Debt Do Us Part	For Rent	Eat St.	Four Weddings Canada		Kendra on Top (N)	Kendra on Top (N)	The Real Housewives of Orange County (N)		Four Weddings Canada		Kendra on Top
SPIKE	628	584	Cops "Coast to Coast"	Cops	Cops	Cops "Coast to Coast"	Cops	Cops	Cops	Cops "Coast to Coast"	Cops "Coast to Coast"	Cops	Cops "Coast to Coast"	Cops "Coast to Coast"	Undercover Stings
TLC	521	560	Toddlers & Tiaras "Interna tional Fresh Faces Missouri"		Toddlers & Tiaras "When I Grow Up Pageant"		Cake Boss	Cake Boss	Cake Boss (N)	Cake Boss	Here Comes Honey	Here Comes Honey	Cake Boss	Cake Boss	Here Comes Honey
TSN	400	400	SportsCentre (N) (Live)		That's Hockey! (N)	Pardon the Interruption	Boxing Gennady Golovkin vs. Matthew Macklin, Middleweights. (Taped)				SportsCentre (N) (Live)			Best Of Off the Record	NASCAR Racing
YOUTH	551	542	Marvin Marvin	Victorious	The Next Star (N)		Babysitting	Zoink'd!	Wipeout Canada		The Next Star		Boys	Mr. Young	Galaxy Quest

TUESDAY EVENING — JULY 30, 2013

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	Channel 3 News (N)		CBS Evening News/Pelley	Entertainment Tonight (N)	NCIS Capt. Wescott helps track a terrorist.		NCIS: Los Angeles Infiltrating a network of terrorists.		Person of Interest A mob enforcer's life is in danger.		Channel 3 News	(:35) Late Show With David Letterman (N)	
WPTZ 5	-	-	Newschannel 5 at 6PM	NBC Nightly News (N)	Jeopardy! "Kids Week"	Wheel of Fortune	Hollywood Game "Saturday Night Reunion"		America's Got Talent "Live Show" Twelve acts perform. (N) (Live)				Newschannel 5 Nightcast	(:34) The Tonight Show With Jay Leno (N)	
CBMT 6	206	301	CBC News: Montreal (N)	Lang & O'Leary	Stroumboulopoulos	Coronation Street (N)	Rick Mercer Report	22 Minutes	Arctic Air Krista and Bobby are held at gunpoint.		The National (N)		CBC News: Montreal	Stroumboulopoulos	Coronation Street
CHLT 7	107	718	(5:58) TVA nouvelles (N)	Sucré salé (N) (SC)	Qui perd gagne (N) (SC)		La Cible "Baptiste" (SC)		Esprits criminels "La 13e étape" (SC)		TVA nouvelles (N)	(:35) Sucré salé (SC)	(:05) "Bleu d'enfer 2" (2009) Chris Carmack. Deux plongeurs rencontrent des criminels.		
WMTW 8	-	-	WMTW News 8 at (N)	ABC World News	Wheel of Fortune	Jeopardy! "Kids Week"	Extreme Weight Loss "Chantell" Chris helps Chantell lose weight. (N)				Body of Proof "Eye for an Eye"		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live Larry David; Naya Rivera. (N)	
CKSH 9	108	-	Le Téléjournal/Estrie	TJ-Grand Mtl	Squelettes-plac.	Monde-parlait	Vengeance "Le procès" (SC)		Pénélope McQuade (N) (SC)		Le Téléjournal (N) (SC)	Nouvelles-sport	Cap sur l'été (N) (SC)		Frères et soeurs (SC)
CKMI 11	-	-	(5:59) Evening News (N)	Global National (N)	ET Canada	Entertainment Tonight (N)	NCIS Capt. Wescott helps track a terrorist.		NCIS: Los Angeles Infiltrating a network of terrorists.		Elementary Investigating a double murder.		News Final (N)	ET Canada	The Jeff Probst Show
CFCF 12	205	312	CTV News (N)		Best of Fashion	The Big Bang Theory	So You Think You Can Dance "Top 14 Perform, Two Eliminated" The dancers perform; elimination. (N) (Live)				Saving Hope The death of a firefighter. (N) (DVS)		CTV National News (N)	CTV News (N)	Daily Show/ Jon Stewart
WVNY 22	-	-	ABC 22 (N)	ABC World News	ABC 22 (N)	TMZ (N)	Extreme Weight Loss "Chantell" Chris helps Chantell lose weight. (N)				Body of Proof "Eye for an Eye"		ABC 22 News (N)	(:35) Jimmy Kimmel Live Larry David; Naya Rivera. (N)	
WUTV 30	-	-	The Big Bang Theory	Judge Judy	Judge Judy	Two and a Half Men	So You Think You Can Dance "Top 14 Perform, Two Eliminated" The dancers perform; elimination. (N) (Live)				2 on Your Side at 10 (N)	Two and a Half Men	The Simpsons	How I Met Your Mother	Friends
CFKS 31	106	726	Atomes crochus (SC)	Les touristes (SC)	Taxi payant (SC)	Par-dessus le marché	★★ "L'invasion mutante" (2011) Kavan Smith. Un microbe extraterrestre transforme les pièces métalliques. (SC)				Opération séduction (SC)	Souper parfait	Face à face "Le Débat"	L'instant gagnant	
WUHF	-	363	Seinfeld "The Subway"	The Simpsons	Two and a Half Men	Two and a Half Men	So You Think You Can Dance "Top 14 Perform, Two Eliminated" The dancers perform; elimination. (N) (Live)				Fox First at Ten (N)	(:45) Sports Extra	Seinfeld "The Maestro"	30 Rock	Excused
WETK	-	-	PBS NewsHour (N)		Windows to the Wild	VPT's Outdoor Journal	A Ride Along the Lincoln Highway Highway.		Great Old Amusement Parks Early theme-parks.		Frontline Assisted living company. (N)		Nightly Business Report	Charlie Rose (N)	
WCFE	-	-	RTE News: Six One (N)	South Asia Newsline (N)	Al Jazeera English News (N) (EI)		France 24 News (N) (EI)	Newsline (N) (EI)	Maigret "Maigret in Finland" A criminologist is found standing over the body of a smuggling playboy.				Biz Asia America (N)		Maigret (Subtitled-English)
A&E	615	520	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars New York (N)	Storage Wars New York (N)	Shipping Wars (N)	Shipping Wars	(:01) Shipping Wars	(:31) Shipping Wars	(12:01) Storage Wars
BRAVO	620	523	Criminal Minds A serial killer keeps his victims' eyes.		Flashpoint A woman kidnaps her two children.		The Mentalist "Red Rover, Red Rover"		★★★ "How She Move" (2007) Rutina Wesley, Tré Armstrong. A dancer and her classmate have a bitter rivalry.				Flashpoint A woman kidnaps her two children.		Criminal Minds
CNN	500	500	(5:00) The Situation Room		Erin Burnett OutFront (N)		Anderson Cooper 360 (N)		Piers Morgan Live (N) (Live)		Anderson Cooper 360		Erin Burnett OutFront		Piers Morgan
DISC	520	505	How It's Made	How It's Made	Licence to Drill "Shift From Hell" (DVS)		Deadliest Catch: The Bait "Hail Mary" (N)		Deadliest Catch "Man Overboard" (N)		Deadliest Catch Greenhorns Special. (N)				Deadliest Catch
HIST	522	506	Canadian Pickers The Pickers invade Nova Scotia.		Counting Cars	Counting Cars	Cajun Pawn Stars	Cajun Pawn Stars	Pawn Stars	Pawn Stars	American Pickers An atomic-era spaceship clock.		Canadian Pickers The Pickers invade Nova Scotia.		Cajun Pawn Stars
RDI	126	730	Le National (SC)	RDI économie	24 Heures en 60		Grands reportages (SC)		Le Téléjournal (SC)		Le National	RDI économie (SC)	Le National	Le Telejournal Québec	24 Heures en 60 minutes
SHOW	616	521	"Presumed Dead" (2005) Sherilyn Fenn. A couple try to save their marriage, with dire consequences. (DVS)				"A Lover's Revenge" (2005) Alexandra Paul, William Moses. A man plots against a radio psychologist.				★ "Catwoman" (2004, Action) Halle Berry, Benjamin Bratt. A shy artist acquires feline strength and agility.				NCIS "Smoked"
SLICE	601	562	Til Debt Do Us Part	Til Debt Do Us Part	For Rent	Eat St.	Princess "Michelle"	Princess "Rachel"	The Real Housewives of Atlanta (N)		The Real Housewives of Atlanta (N)		Princess "Michelle"	Princess "Rachel"	Housewives/ Atl.
SPIKE	628	584	Tattoo Rescue Joey tries to save a shop from bikers.		Tattoo Rescue Saving a beach side tattoo shop.		Ink Master 16 new artists tattoo in prison.		Ink Master Artists ink tattoos of blood and guts.		Ink Master Lingerie heats up the flash challenge. (N)		Tattoo Nightmares (N)	Tattoo Nightmares	Ink Master
TLC	521	560	Toddlers & Tiaras Alessondra, 9; Carley,		Little People, Big Breaking Down the		Who Do You Think You Are? "Kelly Clarkson"		Who Do You Think You Are? "Christina Applegate" (N)		Little People, Big World: Welcome to the Jungle (N)		Who Do You Think You Are? "Christina Applegate"		Little People, Big World
TSN	400	400	SportsCentre (N) (Live)		CFL on TSN Pregame (N)		CFL Football Lions at Toronto Argonauts. From Rogers Centre in Toronto. (N) (Live)					SportsCentre (N) (Live)			The Amazing Race Canada
YOUTH	551	542	Mr. Young	Mr. Young	Boys	Boys	Babysitting	Zoink'd!	Wipeout Canada		Prank Patrol	Prank Patrol	Boys	Mr. Young	Batman

Your week on TV

WEDNESDAY EVENING — JULY 31, 2013

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	Channel 3 News at Six (N)		CBS Evening News/Pelley	Entertainment Tonight (N)	Big Brother Competing in the veto competition. (N) ▭		Criminal Minds A motivational speaker is investigated.		CSI: Crime Scene Investigation "Last Woman Standing"		Channel 3 News	(:35) Late Show With David Letterman (N) ⍝ ▭	
WPTZ 5	-	-	Newschannel 5 at 6PM	NBC Nightly News ⍝(N)	Jeopardy! "Kids Week"	Wheel of Fortune ▭	America's Got Talent A performance recap. (N) ▭		America's Got Talent "Live Show" (N) ⍝ (Live) ▭		(:01) Camp Sarah is intrigued by an older writer. (N) ⍝		Newschannel 5 Nightcast	(:34) The Tonight Show With Jay Leno (N) ⍝ ▭	
CBMT 6	206	301	CBC News: Montreal (N)	Lang & O'Leary	Stroumboulopoulos	Coronation Street (N) ⍝	Dragons' Den A deli drives back into the Den. ⍝ ▭		Republic of Doyle Leslie goes missing while working.		The National (N) ⍝ ▭		CBC News: Montreal	Stroumboulopoulos	Coronation Street ⍝
CHLT 7	107	718	(5:58) TVA nouvelles (N)	Sucré salé (N) (SC)	Caméra Café (SC)	Signé M sur route (N)	★★ "Moins cher la douzaine 2" (2005) Steve Martin, Bonnie Hunt. (DVS) (SC)			(:45) Les gags (SC)	TVA nouvelles (N)	(:35) Sucré salé (SC)	(:05) ★★ "Heure limite 2" (2001, Action) Jackie Chan, Chris Tucker. (DVS) (SC)		
WMTW 8	-	-	WMTW News 8 at (N)	ABC World News	Wheel of Fortune ▭	Jeopardy! "Kids Week"	The Middle ▭ (DVS)	Suburgatory ▭ (DVS)	Modern Family ⍝	(:31) The Neighbors ⍝	ABC's The Lookout (N) ⍝ ▭		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live (N) ⍝ ▭	
CKSH 9	108	-	Le Téléjournal/Estrie	TJ-Grand Mtl	Squelettes-plac.	L'Épicerie (N) (SC)	La petite séduction (N) (SC)		Pénélope McQuade Santé des enfants en couleurs. (N)		Le Téléjournal (N) (SC)	Nouvelles-sport	Cap sur l'été (SC)		Frères et soeurs (SC)
CKMI 11	-	-	(5:59) Evening News (N)	Global National ⍝(N)	ET Canada	Entertainment Tonight (N)	Big Brother Competing in the veto competition. (N) ▭		Glee The glee club sings a song from a movie. ⍝ ▭		(:01) Camp Sarah is intrigued by an older writer. (N) ⍝		News Final (N) ▭	ET Canada	The Jeff Probst Show
CFCF 12	205	312	CTV News (N) ⍝ ▭		etalk-The Best of Music	The Big Bang Theory ▭	MasterChef "Top 8 Compete" Overnight challenge.		MasterChef Tag-team sushi challenge. (N) ▭ (DVS)		The Listener The murder of a British spy. (N) ⍝		CTV National News (N) ⍝	CTV News (N) ⍝ ▭	Daily Show/ Jon Stewart
WVNY 22	-	-	ABC 22 (N)	ABC World News	ABC 22 (N)	TMZ (N) ⍝ ▭	The Middle ▭ (DVS)	Suburgatory ▭ (DVS)	Modern Family ⍝	(:31) The Neighbors ⍝	ABC's The Lookout (N) ⍝ ▭		ABC 22 News (N)	(:35) Jimmy Kimmel Live (N) ⍝ ▭	
WUTV 30	-	-	The Big Theory ▭	Judge Judy ⍝ ▭	Judge Judy ⍝ ▭	Two and a Half Men ⍝	MasterChef "Top 8 Compete" Overnight challenge.		MasterChef Tag-team sushi challenge. (N) ▭ (DVS)		2 on Your Side at 10 (N)	Two and a Half Men ⍝	The Simpsons ▭	How I Met Your Mother	Friends ⍝ ▭
CFKS 31	106	726	Atomes crochus (SC)	Les touristes (SC)	Wipeout (SC)		CSI: NY "Double emploi"		Lie to Me: Crimes et Mensonges (SC)		Opération séduction (SC)	Souper parfait	Face à face "Le Débat"	L'instant gagnant	
WUHF	-	363	Seinfeld "The Boyfriend"	The Simpsons ▭	Two and a Half Men ⍝	Two and a Half Men ⍝	MasterChef "Top 8 Compete" Overnight challenge.		MasterChef Tag-team sushi challenge. (N) ▭ (DVS)		Fox First at Ten (N) ▭	(:45) Sports Extra ▭	Seinfeld "The Wink" ▭	30 Rock ⍝ ▭	Excused ⍝ ▭
WETK	-	-	PBS NewsHour (N) ⍝ ▭		Globe Trekker Greek islands Hydra and Patmos. ⍝		Nature Psychological profile of the leopard. ▭ (DVS)		NOVA Charles Lindbergh's baby. ⍝ (PA) ▭		Nazi Mega Weapons Scientist Wernher von Braun. (N)		Nightly Business Report	Charlie Rose (N) ⍝ ▭	
WCFE	-	-	RTE News: Six One (N)	South Asia Newsline (N)	Al Jazeera English News (N) (El)		France 24 News (N) (El)	Newsline (N) ⍝ (El) ▭	Don Matteo Don Matteo is suspicious of a man.		Anno 1790 "A Toast to the Scaffold" (Subtitled-English)		Biz Asia America (N)		Don Matteo
A&E	615	520	The First 48 Detectives respond to two homicides.		Duck Dynasty ▭	Duck Dynasty ▭	Duck Dynasty ▭	Duck Dynasty "Fowl Play"	Duck Dynasty ▭	Duck Dynasty ▭	Duck Dynasty ▭	Duck Dynasty ▭	(:01) Duck Dynasty "Aloha, Robertsons!" ▭		(12:01) Duck Dynasty
BRAVO	620	523	Criminal Minds Several families are murdered. ⍝ ▭		Flashpoint A woman takes hostages at a gas station. ⍝		The Mentalist Jane fails to defeat Red John. ⍝ ▭		Perception (N) ⍝ ▭		Suits (N) ⍝ ▭		Flashpoint A woman takes hostages at a gas station. ⍝		Criminal Minds ▭
CNN	500	500	(5:00) The Situation Room		Erin Burnett OutFront (N)		Anderson Cooper 360 (N)		Piers Morgan Live (N) (Live)		Anderson Cooper 360 ▭		Erin Burnett OutFront		Piers Morgan
DISC	520	505	How It's Made ▭	How It's Made ▭	Mighty Planes "SOFIA" ▭		Mighty Planes The C-17 Globemaster III. ▭		Mighty Planes "Trump" ▭		MythBusters Flamethrower and fire extinguisher duel. ⍝		Deadliest Catch "Man Overboard" ⍝ ▭		Mighty Planes ▭
HIST	522	506	Serial Killer Earth The worst hurricane in U.S. history. ⍝		Pawn Stars ⍝ ▭	Pawn Stars ⍝ ▭	American Restoration	American Restoration	America Unearthed "Great Lakes Copper Heist" (N) ⍝		America Unearthed Possible link from ancient Egypt. (N)		Dig WW2 Battle of the Atlantic artifacts. ⍝ ▭		American Restoration
RDI	126	730	Le National (SC)	RDI économie (SC)	24 Heures en 60 minutes		Grands reportages "Sur les étages" (SC)		Le Téléjournal (SC)		Le National	RDI économie (SC)	Le National	Le Telejournal Québec	24 Heures en 60 minutes
SHOW	616	521	"The Hunt for the I-5 Killer" (2011) John Corbett. A detective searches for a murderer who cruises the highway. ⍝				Bomb Girls The factory has a few hiccups. ▭ (DVS)		Vikings "Raid" A seer reads Earl Haraldson's future. ⍝		★★ "Transporter 3" (2008, Action) Jason Statham. Frank Martin becomes involved with a Ukrainian woman. ⍝ ▭				NCIS "Driven" ⍝
SLICE	601	562	Til Debt Do Us Part ▭	Til Debt Do Us Part ▭	For Rent ⍝ ▭	Eat St. "Monster Menus"	Border Security ⍝ ▭	Border Security ⍝ ▭	Karma's a B-tch! ⍝	Karma's a B-tch! ⍝	Murder in Paradise Arturo Gatti is found dead. ⍝		Brainwashed A woman is held captive for seven years.		Karma's a B-tch! ⍝
SPIKE	628	584	Cops "Caught in a Lie" ⍝	Cops "Busted No. 2" ▭	Bellator MMA Live Mike Chandler vs. Dave Rickels; Askren vs. Koreshkov. (N) ⍝ (Live)						Fight Master: Bellator MMA (N) ⍝ ▭		Fight Master: Bellator MMA ⍝ ▭		Bellator MMA Live (N) ⍝
TLC	521	560	Toddlers & Tiaras from Perfection Studios.		Dance Kids ATL ⍝ ▭		Here Comes Honey	Here Comes Honey	Here Comes Honey	Here Comes Honey	Surviving the In-Laws ⍝	Surviving the In-Laws (N)	Here Comes Honey	Here Comes Honey	Surviving the In-Laws ⍝
TSN	400	400	SportsCentre (N) ▭ (Live)		That's Hockey! (N)	Pardon the Interruption	Nine for IX (N)		MLS Soccer All-Star Game: A-League vs. MLS All-Stars. From Sporting Park in Kansas City, Kan. (N) (Live) ▭					SportsCentre (N) (Live) ▭	
YOUTH	551	542	Mr. Young ⍝	Mr. Young ⍝	Boys	Boys	Babysitting	Zoink'd! ⍝	Wipeout Canada "Family"		Prank Patrol	Prank Patrol	Boys	Mr. Young ⍝	Willy Wonka

THURSDAY EVENING — AUGUST 1, 2013

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	Channel 3 News (N)		CBS Evening News/Pelley	Entertainment Tonight (N)	The Big Bang Theory ▭	(:31) Two and a Half Men	(:01) Big Brother Competing for head of household. (N)		Elementary Investigating a double murder. ⍝ ▭		Channel 3 News	(:35) Late Show With David Letterman (N) ⍝ ▭	
WPTZ 5	-	-	Newschannel 5 at 6PM	NBC Nightly News ⍝(N)	Jeopardy! "Kids Week"	Wheel of Fortune ▭	The Winner Is... Six acts perform for a panel of experts.		The Winner Is... Six acts perform for a panel of experts.		Hollywood Game Night Tom Arnold; Stacy Keibler. (N) ⍝		Newschannel 5 Nightcast	(:34) The Tonight Show With Jay Leno (N) ⍝ ▭	
CBMT 6	206	301	CBC News: Montreal (N)	Lang & O'Leary	Stroumboulopoulos	Coronation Street (N) ⍝	The Nature of Things Energy and the environment. ▭		Doc Zone The role that propaganda played.		The National (N) ⍝ ▭		CBC News: Montreal	Stroumboulopoulos	Coronation Street ⍝
CHLT 7	107	718	(5:58) TVA nouvelles (N)	Sucré salé (N) (SC)	Peut contenir des Rachid	Tranches de vie (SC)	★★ "Éloge de la liberté" (2004) Mandy Moore. La fille du président américain et un Britannique voyagent. (SC)				TVA nouvelles (N)	(:35) Sucré salé (SC)	(:05) ★★ "L'Employé du mois" (2006, Comédie) Dane Cook, Jessica Simpson. (SC)		
WMTW 8	-	-	WMTW News 8 at (N)	ABC World News	Wheel of Fortune ▭	Jeopardy! "Kids Week"	Wipeout Squashbuckler; Backyard BBQ; Octopushy.		Motive "Undertow" A tale of tragedy and revenge. (N) ⍝		(:01) Rookie Blue Swarek's training officer. (N) ⍝ ▭		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live (N) ⍝ ▭	
CKSH 9	108	-	Le Téléjournal/Estrie	Sortir	Squelettes-plac.	La Petite Vie (SC)	Les Boys "109 pct"	Les Boys (SC)	Pénélope McQuade (N) (SC)		Le Téléjournal (N) (SC)	Nouvelles-sport	Cap sur l'été (SC)		Ils dansent (SC)
CKMI 11	-	-	(5:59) Evening News (N)	Global National ⍝(N)	ET Canada	Entertainment Tonight (N)	The Winner Is... Six acts perform for a panel of experts.		(:01) Big Brother Competing for head of household. (N)		(:01) Rookie Blue Swarek's training officer. (N) ⍝ ▭		News Final (N) ▭	ET Canada	The Jeff Probst Show
CFCF 12	205	312	CTV News (N) ⍝ ▭		Summer TV	The Big Bang Theory ▭	The Big Bang Theory ▭	(:31) Two and a Half Men	Motive "Undertow" A tale of tragedy and revenge. ⍝		Hollywood Game Night Tom Arnold; Stacy Keibler. (N) ⍝		CTV National News (N) ⍝	CTV News (N) ⍝ ▭	Daily Show/ Jon Stewart
WVNY 22	-	-	ABC 22 (N)	ABC World News	ABC 22 News (N)	TMZ (N) ⍝ ▭	Wipeout Squashbuckler; Backyard BBQ; Octopushy.		Motive "Undertow" A tale of tragedy and revenge. (N) ⍝		(:01) Rookie Blue Swarek's training officer. (N) ⍝ ▭		ABC 22 News (N)	(:35) Jimmy Kimmel Live (N) ⍝ ▭	
WUTV 30	-	-	The Big Theory ▭	Judge Judy ⍝ ▭	Judge Judy ⍝ ▭	Two and a Half Men ⍝	Glee The glee club sings a song from a movie. ⍝ ▭		New Girl "Re-Launch" ⍝	The Mindy Project ⍝	2 on Your Side at 10 (N)	Two and a Half Men ⍝	The Simpsons ▭	How I Met Your Mother	Friends ⍝ ▭
CFKS 31	106	726	Atomes crochus (SC)	Les touristes (SC)	Devine combien je gagne (SC)		Rire et délire		V Anna reprend contact avec sa mère. (SC)		Opération séduction (SC)	Souper parfait	Face à face "Le Débat"	L'instant gagnant	
WUHF	-	363	Seinfeld "The Boyfriend"	The Simpsons ▭	Two and a Half Men ⍝	Two and a Half Men ⍝	Glee The glee club sings a song from a movie. ⍝ ▭		New Girl "Re-Launch" ⍝	The Mindy Project ⍝	Fox First at Ten (N) ▭	(:45) Sports Extra ▭	Seinfeld "The Hot Tub" ⍝	30 Rock ⍝ ▭	Excused ⍝ ▭
WETK	-	-	PBS NewsHour (N) ⍝ ▭		Noble Hearts: Civil War Vermont		Secrets of Highclere Castle ⍝ ▭		DCI Banks "Friend of the Devil" The murder of a paralyzed woman. ⍝ ▭			Film School Shorts ▭	Nightly Business Report	Charlie Rose (N) ⍝ ▭	
WCFE	-	-	RTE News: Six One (N)	South Asia Newsline (N)	Al Jazeera English News (N) (El)		France 24 News (N) (El)	Newsline (N) ⍝ (El) ▭	"The Third Wave" (2003) Jakob Eklund. Premiere. Danger continues to follow lawman Johan Falk. (Subtitled-English)				Biz Asia America (N)		"The Third Wave" (2003)
A&E	615	520	The First 48 body is found in	decomposes in	The First 48 to death.	convenience-store clerk	Beyond Scared Straight ▭		Beyond Scared Straight (N) ▭		Beyond Scared Straight (N) ▭		(:01) Beyond Scared Straight "Douglas County, Ga." ▭		Beyond Scared
BRAVO	620	523	Criminal Minds The team must solve a home invasion.		Flashpoint Meth dealers take Parker hostage. ⍝		Unforgettable (Season Premiere) (N) ⍝ ▭		Boston's Finest The fugitive unit pursues a suspect. ⍝		Graceland (N) ⍝ ▭		Flashpoint Meth dealers take Parker hostage. ⍝		Criminal Minds "100"
CNN	500	500	(5:00) The Situation Room		Erin Burnett OutFront (N)		Anderson Cooper 360 (N)		"Our Nixon" (2013) Premiere.		Anderson Cooper 360 ▭		Erin Burnett OutFront		Our Nixon
DISC	520	505	How It's Made ▭	How It's Made ▭	How It's Made	How It's Made ▭	Fast N' Loud The crew fixes a '59 Bonneville. (N) ▭		Fast N' Loud "Dodge Hodge Podge Part 1; '65 Mustang"		FantomWorks (N)		Shred! "Burnout"	Shred! "Hell Shred"	Fast N' Loud ⍝ ▭
HIST	522	506	The Real Jurassic Park ⍝ ▭		America Unearthed "Great Lakes Copper Heist" ▭		America Unearthed Possible link from ancient Egypt. ⍝		Museum Secrets The Jewish origins of Mr. Spock. ⍝		Serial Killer Earth Lightning strikes a storm chaser. (N)		The Real Jurassic Park ⍝ ▭		Ancient Aliens ⍝ ▭
RDI	126	730	Le National (SC)	RDI économie (SC)	24 Heures en 60		Grands reportages Clé, ballon, citron. (SC)		Le Téléjournal (SC)		Le National	RDI économie (SC)	Le National	Le Telejournal Québec	24 Heures en 60 minutes
SHOW	616	521	Continuum Travis gets a second CPS suit. ▭ (DVS)		Beauty and the Beast Cat investigates a ballerina's death.		★★ "Meltdown: Days of Destruction" (2006, Science Fiction) Casper Van Dien, Venus Terzo. ⍝ ▭				NCIS Evidence leads to McGee's grandmother. ⍝		Continuum Travis gets a second CPS suit. ▭ (DVS)		NCIS "Suspicion" ▭
SLICE	601	562	Til Debt Do Us Part ▭	Til Debt Do Us Part ▭	For Rent "Chris" ▭	Eat St. "Nomadic Nosh"	Casino Confidential ⍝	Casino Confidential ⍝	The Hero "Finale" America's vote is revealed. (N) ▭		72 Hours The teams navigate through the jungle. ⍝ ▭		Casino Confidential ⍝	Casino Confidential ⍝	The Hero "Finale" ▭
SPIKE	628	584	Cops "Stupid Criminals" ⍝	Cops "Coast to Coast" ⍝	Cops ⍝ ▭	Cops "Liar, Liar No. 4"	Cops "Coast to Coast" ⍝	Cops "Family Ties No. 2"	iMPACT Wrestling (N) ⍝ (Live) ▭				Fight Master: Bellator MMA ⍝ ▭		Tattoo Nightmares ▭
TLC	521	560	Toddlers & Tiaras Las Vegas!		Say Yes to the Dress ⍝	Say Yes to the Dress ⍝	Say Yes to the Dress ⍝	Say Yes to the Dress ⍝	Wedding Island It's a double wedding weekend. ⍝ ▭		Wedding Island A wedding party bigger than planned. ⍝		Wedding Island It's a double wedding weekend. ⍝ ▭		Wedding Island ⍝ ▭
TSN	400	400	SportsCentre (N) ▭ (Live)		That's Hockey! (N)	Pardon the Interruption	World Series of Poker National Championship Part I.		World Series of Poker National Championship Part II.		SportsCentre (N) (Live) ▭			Best of Off the Record	Nine for IX ▭
YOUTH	551	542	Mr. Young "Mr. Space" ⍝		Boys	Boys	Splatalot (N)	Splatalot (N)	Wipeout Canada ⍝		Prank Patrol	Prank Patrol	Boys	Mr. Young ⍝	Love Don't

Three authors with ties to Canada up for prestigious Booker Prize

By Adrian Lee
THE CANADIAN PRESS

Alison MacLeod was longlisted for the prestigious Booker Prize before she had even had her morning coffee — and perhaps that's why it took so long for her to realize it.

"My editor had been e-mailed in the middle of the night, and he e-mailed me first thing in the morning," said MacLeod, who was recognized for her book, "Unexploded."

"I looked at the subject line ('Man Booker long list'), and I said, 'I wonder what that's about,' and it still didn't click until I opened that e-mail."

MacLeod, who was born in Montreal and raised in Halifax before moving to England, is one of three authors on the 13-title long list with Canadian ties. Ruth Ozeki, who splits her time between New York and Whaletown, B.C., is in the running for "A Tale for the Time Being," while London, Ont.-born Eleanor Catton's "The Luminaries" also earned a nod.

The list, heavy with new talent, also includes "Harvest" by Britain's Jim Crace, "Five Star Billionaire" by Malaysia's Tash Aw, "The Testament of Mary" by Colm Toibin, "The Lowland" by Jhumpa Lahiri, "TransAtlantic" by Ireland-born Colum McCann, "We Need New Names" by NoViolet Bulawayo, "The Marrying of Chani Kaufman" by Eve Harris, "The Kills" by Richard House, "Almost English" by Charlotte Mendelson and Donal Ryan's "The Spinning Heart."

MacLeod remembers following the Booker closely, and is familiar with its prestige.

"I remember watching every year on TV ... being 20 and sitting down after supper and watching that, with a real sense of excitement of who would it be this year and following it really closely."

She also says she is proud to be recognized as a Canadian writer, with her mother and sister still living in Nova Scotia, and other sisters in Ottawa and Quebec. She has also twice received funding from the Canadian Council of the Arts, "which has meant the world to me and made all the difference with this book," she said.

"I am completely Canadian, even if I don't sound it," she says, with a laugh. "I love the work of (Alice) Munro, and Alistair Macleod, and Margaret Atwood, in the way that one has to be by the major writers around you. Canadian literature — it's been something that fed me, really."

Good Reads

CONT'D FROM PAGE 10

Silken Laumann's Child's Play (2006). She wants to remind everyone of the pedestrian pleasures — like going for a walk.

"I think about this simple act of exploring the neighbourhood with my children, of waving to people as they drive by, of watching the dog bound through a neighbour's yard, my children racing after her.... I feel close to my family and a part of this neighbourhood; I can hear the pulse of it."

Active kids, Laumann believes, grow up happier. Sport — or exercise — is a way to reduce stress, to build happy families and lifestyles. This book honours the ice rink operators, the coaches, and the friends who play catch, all of whom make play possible.

There's still time to be one of those people, by volunteering for the Canada Games. Check out www.jeuxducanada2013.ca for info.

Or if you want to watch, general admission tickets for the August 2 Canada Games opening ceremonies, at 7 p.m. at the Université de Sherbrooke campus, are $20. Some sports require paid tickets, but others can be seen for free. Entry to the closing ceremonies is free, at the Parc Jacques-Cartier, on August 17.

And good luck to the athletes. All of them make us proud.

Library News

Library memberships are free to residents of Sherbrooke, so now's the time to bring in the kids and yourselves. Children can also join the summer TD Reading Program; pop by for info.

If housebound, we can bring books to you through Books On Wheels. We also have Large-Print Books and Audio Books. Plus an Easy Reads section. Book reviews and reading suggestions are on our blog, bibliolennlibrary.wordpress.com.

The Lennoxville Library is at 101 Queen St., corner of College. E-mail bibliolen@gmail.com or phone 819-562-4949.

What's On

MUSIC

July 27

Free Concert, Saturday, July 27, Montreal's own "Queen of the Blues", Dawn Tyler Watson & virtuoso guitarist and singer/songwriter extraordinaire Paul Deslauriers, 7 to 9 p.m. in Dreamland Park, **North Hatley**. More info at www.northhatleyrec.com.

July 27 & 28

Come listen to the country music of Sidney Aulis on Saturday, July 27, 8:30 p.m. to 12:30 a.m., and Sunday, July 28, 5 p.m. to 8 p.m., **at the A.N.A.F. Unit 318** (The Hut), 300 St. Francis, Lennoxville. 18+. Everyone welcome. Admission: $5. Info: A.N.A.F. 819-346-1922 or Sidney 819-574-3408.

August 16

The Uplands Cultural and Heritage Centre will be holding its annual fundraiser on Friday, August 16 at 7 pm. This year's event offers Uplands supporters music among the flowers: an outdoor classical chamber music concert in Upland's garden, featuring the Estria reed trio performing all sorts of light classical fare. Come and join us for a glass of Prosecco, some wonderful music and the beauty of Mother Nature. Bring a blanket to relax under the stars. Seating is available. This event is open to everyone, with a suggested donation to Uplands. In case of rain, the event will be held in Uplands' big red barn. Hope to see you all there! For more info call 819-564-0409

EVENTS

July 27

The Sydney Steel Memorial Library, Georgeville, will hold their ANNUAL BOOK SALE on Saturday, July 27, 9 a.m. to noon. English novels, mysteries, history, art, gardening and childrens. Many lovely French books as well. Prices generally $1 and $2.

July 27

The Mental Health & Well-Being Support Group. Please note: The next meeting will be July 27. Please phone Linda at 450-243-0928 or pleasantvalley@sympatico.ca for the location of the meeting. Join us for an opportunity to share experiences in a safe environment and receive support, information, encouragement & acceptance. Having support makes all the difference!

July 28

Roast Beef Supper to benefit the residents of Lac Megantic. Fraternité des Trois Anneaux/Three Link Fraternity, Unity Lodge #8 and CJMQ Radio would like to invite you to our Grandma's Style Roast Beef Supper on Sunday, July 28, 2013 at 4150 Route 147, Waterville (Huntingville). All proceeds will go to the Red Cross to help the residents of Lac Megantic. Delicious roast beef and all the "fixins" just like Grandma used to serve! We will be pleased to serve you at 2 sittings, 4:30 p.m. and 6 p.m. Please call 819-822-1838 or email "unity8ioof@yahoo.ca" for reservations. Walk-ins are welcome. We have a family price and anyone with a CJMQ membership card gets a discount. Keep in mind that this is ALL YOU CAN EAT! If you would like more information please contact Unity Lodge, IOOF at unity8ioof@yahoo.ca, 819-340-0391 or CJMQ radio at 819-570-2094. COME AND ENJOY OUR NEWLY INSTALLED AIR CONDITIONING! Come on out, have a great meal, and help us help the residents of Lac Megantic!

July 28

Trenholm United Church. Come and join us in worship and fellowship on Sunday, July 28 at 11 a.m. Our service will be followed by a **box-lunch Picnic and fun Auction!** Auction items usually include home baking, pickles, jams, jellies, household items, and a variety of fun stuff! Have anything to donate? Bring it along! All proceeds go to the church. Refreshments will be provided, just bring your box lunch and a lawn chair! Everyone is cordially invited to join us!

August 3

BUTLER ELEMENTARY SCHOOL REUNION. Former staff and students (1980-2002) are all invited. Please join us **SATURDAY, AUGUST 3, 2013** from 1 p.m. to 5 p.m. Tickets are $5 at the door. BYOB. **RSVP as soon as possible!** Pam 450-298-5677 or Jenn 450-248-4292. Find us on Facebook!

August 17

Reserve now! "Clément Jacques'" Steak Supper, August 17, at the Royal Canadian Legion, Branch #10, 971 Galt St. East, Sherbrooke. Dance with Guy and Roger. Reservations/info: 819-563-4944.

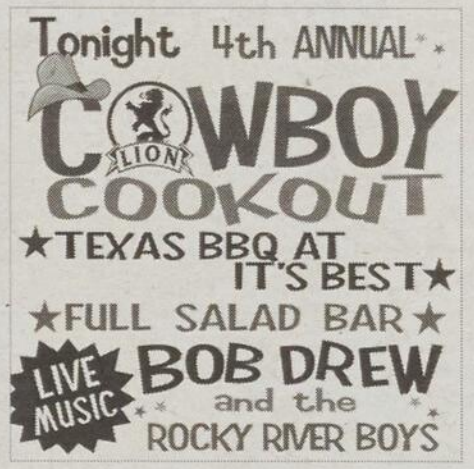
August 25

Uplands invites you to attend its third edition of "Costumes et sculpture vivantes III – on the runway in Uplands garden", a theatrical inspired fashion show, on August 25, 2013 at 4 p.m. Models will walk the garden runway showcasing an array of costumes while embodying the personality of their attire. This fundraising event will be held at 9 Speid St., Borough of Lennoxville. In case of rain the event will be held at the Amédée-Beaudoin Community Centre, 10 Samuel-Gratham Street, Borough of Lennoxville. Donations welcome! For more information please call 819-564-0409.

EXHIBITS

July 23 to Aug. 7

Studio Georgeville Tuesday, July 23 to August 7, Over the Moon: landscape paintings by Anthony Hobbs and Peter Raymond; dog portraits by Richard Soucy and Duane Kindness; ceramics by Sara Mills and Michel Viala, as well as works by Studio Georgeville members. Vernissage Saturday, July 27, from 3 to 5 p.m. Farmer's Market in Copp's Square, Georgeville, Saturday mornings 10 a.m. to 12 p.m. Studio Georgeville is open Tuesday through Sunday from 11 a.m. to 5 p.m. www.studiogeorgeville.com.



July to December

The Lennoxville-Ascot Historical and Museum Society cordially invites the public to the exhibition, **OLD BUT NEW TO US**, displaying some of the acquisitions donated to our collection from 2009-2013. The diverse artefacts range from sports equipment, clothing and artwork to toiletries and household items. The exhibition can be found on the second floor of Uplands, located at 9 Speid St. in Sherbrooke (Borough of Lennoxville). For more information, please call 819-564-0409.

until September 1

Uplands is pleased to present the Bishop's University Fine Arts Collective, focusing on the artistic practice of a collective of current faculty members: Micheline Durocher, Regine Neumann, Darren Millington, Mona Godbout, Tim Doherty, Jim Benson, and Lisa Driver, from the department of Fine Arts at Uplands, 9 Speid St., in the borough of Lennoxville. The exhibition will run until September 1, 2013.

THEATRE

August 3 & 4

Trevor McKinven performs his play **"They Came From Away"** at **The Piggery** on Saturday, August 3 at 8 p.m. and Sunday, August 4 at 2 p.m. Tickets are $15 pp. Tel. 819-842-2431, piggerymedia@gmail.com

To place an ad

A What's On notice costs $8.00 (non-profit) or $15.00 (business) for 25 words or less (.25 per additional word) or, $13.00 for a What's On and Brome County News Billboard notice.

Deadline is Wednesdays at noon. Notices must be pre-paid (we accept Visa or Mastercard).

Send your notice by
fax to 819-821-3179
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Local Sports

Stuart McKelvie has represented all that is good about Bishop's University and countless students benefitted from his wisdom, understanding and humane approach to education.

McKelvie rides out in the sunset

Popular professor forsakes retirement for sabbatical

By Mike Hickey
Special to The Record

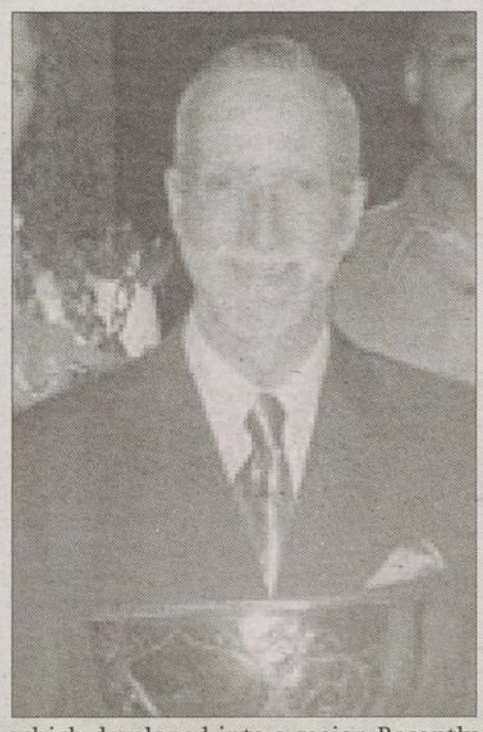
Whenever former All-Canadian, Olympian and Bishop's University Wall of Fame recipient Debbie Huband was asked to reflect on her days as a student athlete in Lennoxville, she warmly talks about the teachers that help shape her life — particularly psychology professor Stuart McKelvie.

McKelvie, a staunch and dedicated Bishop's athletics supporter, was in the news recently after he announced that he was taking an "extended sabbatical" from teaching responsibilities at the university. While most people would refer to McKelvie's new status as retiree, the word does not sit well with the Scottish-born professor. He insists that while he will not be in the classroom on a regular basis nor will he be burdened with marking papers and tests twice a year, there are plenty of things in his to-do list that will keep him busy.

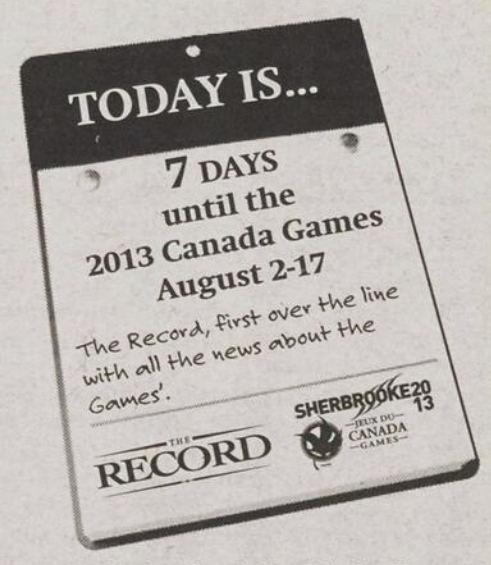
It is interesting to note that his "sabbatical" speech to the Bishop's community in June, there contained many sporting references to the Bishop's athletics teams. McKelvie's appreciation for North American sports such as basketball and football has grown over the years — an impressive accomplishment for a Scot who believes that football is a low-scoring game played on a pitch. In his speech he recalled fondly the women's basketball team's back-to-back national championships, the men's basketball team 1998 National Championships. He remembered watching running back Jamall Lee run down a McGill player who was threatening to score a touchdown and even took a veiled shot at a reporter's description of the event. Etched in his memory bank are the numerous quotes for former football head coach Ian Breck, delivered at the weekly Gaiter luncheons. He was and will remain a regular at football and basketball games, supporting the locals with a critical eye.

But McKelvie's contributions to the Bishop's sporting world go far beyond his attendance at games and participating in a daily noontime run.

His sports psychology courses educated and motivated students for decades and he played a role in the development of a minor in sport studies,



which developed into a major. Recently he received a moving letter of thanks from one of the first graduates from the program, James Yurichuk, who is currently playing football with the Toronto Argonauts.



Stuart McKelvie has represented all that is good about Bishop's University and countless students benefitted from his wisdom, understanding and humane approach to education. While he will no longer be in the classroom, he will still be a presence on the campus and will continue to be a regular at athletic events. Despite his graying hair, his heart is young and spirit strong.

As a wise man once said, "May you build a ladder to the stars and climb on every rung. May your song always be sung. May you stay forever young."

Jays' Morrow out with entrapped radial nerve in forearm

By Stephen Whyno
THE CANADIAN PRESS

Brandon Morrow's season is effectively over after the Toronto Blue Jays starter was diagnosed with a nerve injury in his right forearm.

Morrow has an entrapped radial nerve that will keep him from throwing for the next six weeks. Renowned orthopedic surgeon Dr. James Andrews made the diagnosis, which the team announced Thursday.

"He was feeling better, but he wasn't making a whole lot of progress," manager John Gibbons said. "They recommended six weeks off, and when you look at six weeks, how much time is left? But the thinking is that they want him, hopefully when that six weeks is up, he starts getting on the mound so that when the year is over he's at least thrown from the mound doing something. So he goes in the off-season knowing where he's at and feeling good about it, anyway."

Morrow went 2-3 with a 5.63 ERA in 10 starts before leaving the Blue Jays' game May 28 after two innings. Several MRIs were taken on the right-hander's sore arm, but all that doctors found was inflammation, according to general manager Alex Anthopoulos.

Because of that uncertainty, Anthopoulos said Wednesday afternoon that he wasn't very optimistic about Morrow's status.

"I don't know enough about the severity," Anthopoulos said. "I just know that it's not safe for him to go out there."

Morrow had been throwing side sessions while rehabbing in Dunedin, Fla., but Andrews prescribed six weeks off. That would take the 28-year-old to September, when it would be difficult for him to get ramped back up for big-league action.

"After six weeks you figure it's got to be better, you would hope," Gibbons said. "But I'm no doctor."

The Blue Jays might not know for sure about Morrow's future until spring training when he faces live hitters again, but they hope he'll be able to test things out in the fall.

"If he throws after six weeks and he's feeling good and it's all behind him and he gets on the mound, I mean it wouldn't be actual game competition but he'd be airing it out," Gibbons said. "You'd have a better idea, anyway."

Anthopoulos also said he likes the flexibility afforded the Blue Jays by Brett Lawrie's ability to play second and third base. But for the majority of at least the short-term future, Lawrie will be a corner infielder.

THE CANADIAN PRESS/NATHAN DENETTE

Brandon Morrow works against the Atlanta Braves in Toronto on May 28. Morrow will miss the next six weeks after being diagnosed with a nerve injury.

Gibbons stopped short of saying the Lawrie at second base experiment was over for good, but he penciled the 23-year-old in at third base again for Thursday's series opener against the Houston Astros and plans on keeping him there.

"We always have a right to change our mind," Gibbons said. 'It's not definite where he's going to be only (at third base), but we'll see how that plays out."

Gibbons cited Lawrie's defensive plays Wednesday night as his reasoning, saying, "I'm dumb, I'm not stupid. I've seen him be good, he's always been good."

Mark DeRosa might still see some time at third, which would require Lawrie to move over to second.

Lawrie is hitting .208 this season — .215 at third base and .158 at second. According to Gibbons, Lawrie is OK with moving back and forth.

"He said, 'I'll play anywhere, whatever the team needs.' That was his answer," Gibbons said. "I said, 'We don't want to get into the habit of moving you around, but I think it helps our flexibility and who knows what it might address down the road.'"

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Brady says Patriots trying to move on after tragedy that led to Hernandez arrest

By Howard Ulman
THE ASSOCIATED PRESS

Tom Brady was soft-spoken and thoughtful Thursday as he met with about 50 media members.

Given the circumstances surrounding the New England Patriots this summer, clearly, this wasn't your typical training camp quarterback interview.

In the wake of former tight end Aaron Hernandez's arrest on a murder charge, and a day after his coach, Bill Belichick, addressed the matter, Brady said Thursday the Patriots must work hard to "re-establish what we're all about."

"It's been a challenging off-season," he said as New England opened camp. "But we're going to try to move forward as best we know how."

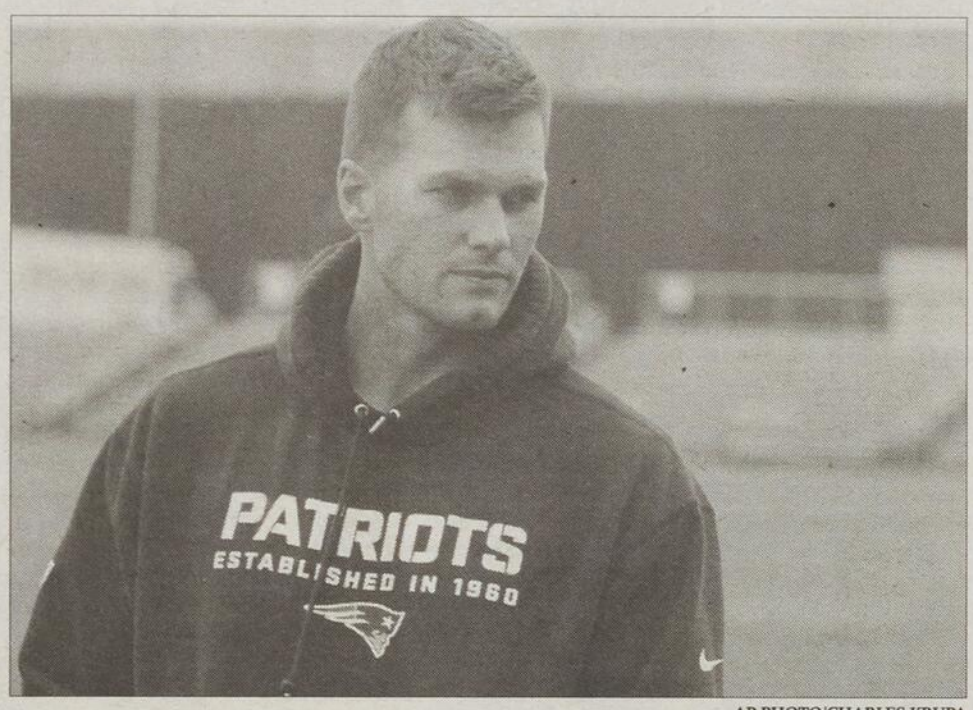
Brady talked at length for the first time since Hernandez's name surfaced in connection with the shooting death of Boston semi-professional football player Odin Lloyd on June 17. Hernandez was arrested on June 26 and cut by the Patriots before he was charged that afternoon. He is being held without bail after pleading not guilty.

"Certainly, it's a very tragic thing that happened and someone loses their life," Brady said during a 17-minute session on the team's practice field, "but all those things were out of the players' control here. We're not really a part of that situation."

He declined to answer several questions, saying he had been advised not to. They included whether he had spoken with Hernandez or whether Hernandez had apologized to him after the tight end was linked to the investigation.

During Hernandez's three seasons since being drafted by the Patriots, he was one of Brady's top receivers.

Asked if he thought he knew Hernandez, Brady said, "the relationship that you have as a football player, the relationship you have within the walls of (Gillette Stadium) are what they are and then people have their own life."



AP PHOTO/CHARLES KRUPA

Tom Brady waits to talk with reporters following practice in Foxborough Thursday.

Might people not know others as well as they think they do?

"I don't know if you quantify those things," Brady said. "How well do you know your kids? You try to do the best you can do, but everyone is ultimately accountable for their own decision making."

Asked if Hernandez had fit in with his former teammates, Brady said, "I don't think any of that really matters to me or matters to anything that's going on with the legal process or anything like that."

And the Hernandez case has been "zero" distraction for him.

"You trust in your other teammates and you trust them to do their job so that you can do your job," Brady said.

Did he trust Hernandez?

"I'm really not supposed to comment on Aaron," he said. "I wish I could."

To start camp, Belichick orchestrated a 22-minute news conference Wednesday as the Patriots try to wipe away the stain Hernandez's arrest brings to their reputation. Belichick displayed unusual patience with questioners and gave more detailed answers than usual.

"It's a terrible thing that happened," Brady said. "There's a very human, compassionate element that we all have and when it's someone that has been on our team, it's a very sad thing. So I think that we, as a team, have tried to move forward with better awareness and understanding of these types of things."

He listed several former teammates — Tedy Bruschi, Kevin Faulk, Troy Brown, Mike Vrabel — who represented the Patriots well on and off the field.

"Everyone who has played here has played a part of what the New England Patriots are all about," said Brady, wearing a dark blue sweatshirt with the words, "PATRIOTS ESTABLISHED IN 1960" on the front. "We realize that in light of the recent situation that probably those things get overshadowed and we've got to work hard to kind of re-establish what we're all about.

"And that's, like we said, to win games and to be the best representatives of this team and organization and representatives for this city that we can possibly be."

Defensive tackle Vince Wilfork also spoke Thursday but didn't mention Hernandez's name. The Patriots, who lost the AFC championship game last year to the Baltimore Ravens, will be tested, he said.

"You're dealing with a real-life situation, so it's easy to get caught up in the media or speculations. We're not here for that," Wilfork said. "I feel bad for the victim's family, but we have to move forward as a football team. That's sad to say, but that's reality."

It's important, he said, to keep off-field issues separate from players' jobs on the field.

"It's going to test this team's chemistry. It's going to test everyone that's in this locker room," Wilfork said. "It's going to test to see how important football is to us. As a family, you just have to take it day-by-day, move forward day-by-day. At the end of the day, the ball is going to continue to roll and the last thing we want to do is be stuck behind the ball."

On Wednesday, a probable cause hearing for Hernandez was rescheduled for August 22 to give prosecutors more time to present evidence to a grand jury.

Might Wilfork be distracted from football if he's called before a grand jury?

"What can I do?" he asked. "The only thing I can do is control what I can control and that's playing football. Whatever happens in the future, happens. We'll handle it then."

For now, the primary focus is on football with the start of training camp and the season opener less than seven weeks away on Sept. 8 at Buffalo.

"The fate of our season is going to be determined by the guys in the locker room," Brady said, "and, hopefully, nothing else."

O.J. Simpson regrets trying to reclaim memorabilia

By Sandra Chereb
THE ASSOCIATED PRESS

O.J. Simpson pleaded for leniency Thursday, telling a parole panel he deeply regretted the night he robbed two sports memorabilia dealers in a Las Vegas hotel room.

"I just wish I never went to that room," he said. "I wish I just said keep it."

Simpson, 66, said he's been a model inmate while serving his time at Lovelock Correction Center 90 miles east of Reno, where he has been since 2008, when he was sentenced to up to 33 years.

He said he was determined to "do my time as best that I can do."

Simpson was sentenced to consecutive terms on several charges. But some of his sentences were ordered to run concurrently — two counts each of kidnapping and robbery and one count of burglary.

Even if the Nevada Parole Board ruled in his favour, he would then begin serving sentences attached to other charges.

"It doesn't open the cell door," H. Leon Simon, the prosecutor handling Simpson's appeal, said Wednesday. "He'd just start serving the consecutive sentences."

The former NFL star and actor appeared before Parole Commissioner Susan Jackson and hearing representative Robin Bates. They will make a recommendation to the full parole board Thursday. A final decision on parole is expected next week.

The hearing lasted 15 minutes. Simpson, wearing denim prison clothes, was the only person to speak on his behalf. No victims spoke.

Simpson said in his time behind bars he has missed his children and his sister's funeral.

Simpson's best chance for freedom lies with a pending decision by a Las Vegas judge on whether to grant him a new trial based on claims that his trial lawyer botched his defence and had a conflict of interest in the case.

Associated Press writer Ken Ritter in Las Vegas contributed to this report.

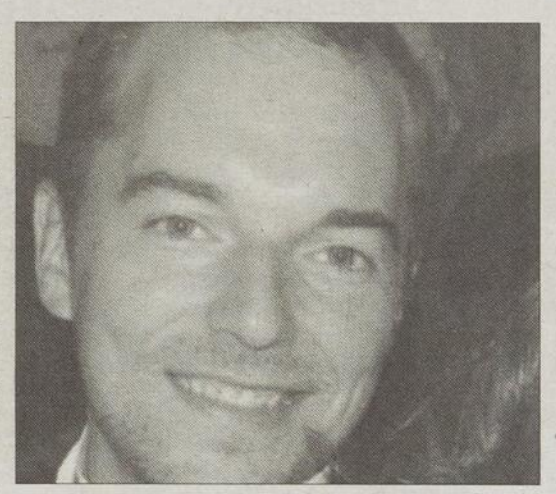
Former Cougars defenceman

CONT'D FROM PAGE 1

Hockey School for the Mégantic region. This school was focused on a number of objectives including: keeping young people in the area, attracting the local population and giving financial assistance to the minor hockey association. Last year, in its first year, the school gave more than $2,000 to Lac-Mégantic's minor hockey association.

To learn more about the Desjardins Hockey School for the Mégantic region, a project that speaks volumes about the man Mathieu Pelletier was, visit http://ehdrm.simplesite.com/.

The entire Cougars organization wishes to express its deepest sympathies to the family of, and those close to, Mathieu Pelletier.



FACEBOOK

Mathieu Pelletier, 29, a former defenceman for the Champlain Cougars and a hockey school operator in the Mégantic region, was killed in the Lac-Mégantic explosion on July 6.

Church Services

Anglican

LENNOXVILLE
Saint George's Anglican Church, Lennoxville, at 84 Queen St., celebrates Holy Communion every 1st, 3rd, and 5th Sunday at 10.00 a.m. Morning Prayer is held every 2nd and 4th Sundays. 819-346-5564.

Presbyterian

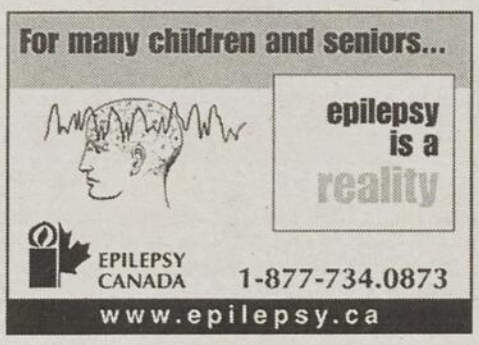
LENNOXVILLE
St. Andrew's Presbyterian Church, 256 Queen St., Lennoxville, 819-569-3100. Minister: Rev. John Barry Forsyth. Organist: Anthony Davidson. Sundays: 10:30 a.m. Worship and Sunday School. The Word of Grace Radio Broadcast, P.O. Box 404, Sherbrooke, QC, J1M 1Z6, Station CJMQ 88.9 FM or www.cjmq.fm, Sundays 8:30 a.m. Culte en français dimanche 17h, Pasteur Rev. G. Fantechi 514-771-8098.

United

SHERBROOKE
Lennoxville United Church: Please join us for worship at Plymouth-Trinity United Church, 380 Dufferin Street in Sherbrooke at 10:30 a.m.
SHERBROOKE
Plymouth-Trinity United Church, corner of Dufferin and Terrill, the Rev. Robin Osborne, 819-346-6373. Sunday, July 28 Worship at 10:30 am. There are activities for children during worship and nursery care for children under 2 years of age. We will be sharing in Holy Communion. Michael Eby will be preaching.
WATERVILLE-NORTH HATLEY
July 28: 10:00 a.m. service at the Hatley United Church, no service at the Waterville-North Hatley United Church. Rev. Mead Baldwin 819-837-1112.
EAST CLIFTON
East Clifton United Church service, July 28 at 10:30 a.m. Also, hymn sing on September 1 at 10:30 a.m.

Mennonite

EUSTIS
You are invited to a worship service at Christ Church Hall, Eustis on Sunday, July 28 at 2:30 p.m. Service held by Wolcott Mennonite Church from Wolcott, Vermont. For information, call 802-888-5277 or 819-837-2510.



Stanbridge East Women's Institute

On May 2, 2013 the ladies of Stanbridge East W.I. met at the home of Jean Cogswell in Sutton. President Jean presided and welcomed everyone. She thanked co-hostesses Mary Boomhower and Dianne Rhicard.

Motto: Good judgment comes from experience, and a lot of that comes from bad judgment.

Roll Call: What kind of cultural activity did you participate in when you attended school?

The minutes were read, corrected and approved. A discussion followed on infanticide.

Correspondence: A thank-you from B. Harvey and a donation. An invitation from the Fordyce W.I. to their June meeting.

Donation made to "Women Walk the World."

Donation made to bring "Bear" to the sum of $100.

The travel bag was won by Betty Perry.

* * * * *

The members held their regular meeting on June 6, 2013 at Avante in Bedford, with Betty Perry hosting. Jean Cogswell presided and thanked Betty and Dianne Tait.

Motto: It's best to keep your troubles pretty much to yourself, because half of the people won't give a damn, and they rest will be glad you've got them.

Roll Call: Do you have a chip on your shoulder to talk about? And most did!

The minutes of the previous meeting were read, corrected and approved. An invitation was received from Pontiac W.I. to attend their 100th anniversary on October 19, 2013.

The Handicraft Competition was handed out with the theme being: To Honour a Royal Baby.

Jean gave a report of the Fordyce meeting. Dianne Tait won the travel bag.

The program was publicity, and Pearle Yates stressed its importance. She said our whole existence in this area is due to The Record. Through it we are surviving in difficult times. Individually we should all take the time to phone those "800" numbers for available information in English. Many times it is important to our well-being. It publicizes the fact that we exist.

* * * * *

The members of Stanbridge East W.I. met at the home of Patricia Vokey at Selby Lake on July 11, 2013. President Jean Cogswell presided. She welcomed members and guests, Gail and Bob Whitewich. The meeting opened with the Collect, Salute to the Flag and O Canada.

Motto: A healthy mind conquers a sick body.

Roll Call: Name your favourite health food.

Minutes of the previous meeting were read by Betty Perry, corrected and approved. Our August meeting (outing) was discussed and a decision made.

Treasurer Dianne Tait gave a favourable report. A motion was made to contribute to the "Worm" in February, 2014.

Health and Community Living chairperson, Mary Boomhower, told us of the many benefits of coconut oil from the article by Anna May Kinney in The Record dated Sept. 17, 2012. What would we do without The Record?

Dianne Tait mentioned the efforts to revitalize Venice en Quebec.

After Grace everyone enjoyed hamburgers and hot dogs done on the BBQ by Bob. The ladies provided salads and Pearle supplied a raspberry cream cake for dessert. After the great lunch, we sat and chatted and discussed women's issues that included abuse and bullying, which can be a problem for all ages.

Submitted by
Pearle Ingalls Yates
Publicity

Consumer reports

Turkey testing shows reasons for concern

In its first-ever lab analysis of ground turkey products, Consumer Reports found potential disease-causing organisms in most of the samples it tested, more than half of which proved resistant to more than three antibiotic drug classes.

Consumer Reports tested 257 samples purchased from stores nationwide. Its findings strongly suggest that there is a direct relationship between the routine use of antibiotics in animal production and increased antibiotic resistance in bacteria on ground turkey — in other words, that antibiotics fed to turkeys are creating resistance to related antibiotics used in human medicine.

CONSUMER REPORTS' FINDINGS

At stores nationwide, Consumer Reports purchased samples of raw ground turkey meat and patties, including products from major retailers and store brands, and tested them for the presence of five bacteria: enterococcus, E. coli, staphylococcus aureus, salmonella and campylobacter. Below are some key findings:

— Overall, 90 percent of the samples had one or more of the five bacteria for which they were tested.

— Bacteria on ground turkey products labeled "no antibiotics," "organic" or "raised without antibiotics" were resistant to fewer antibiotics overall than bacteria found on conventional products.

— Bacteria related to fecal contamination were found on the majority of samples. Sixty-nine percent of ground turkey samples harbored enterococcus, and 60 percent E. coli.

— Three ground turkey samples were contaminated with methicillin-resistant staphylococcus aureus (MRSA).

— Salmonella, which is one of the top causes of foodborne illness, was found in 12 of the samples tested (5 percent) and two-thirds of them were multidrug resistant; government studies typically find higher rates of salmonella, at around 12 percent. Processing plants are permitted by the government to have product contamination rates as high as 49.9 percent.

— Consumer Reports also found bacteria had higher rates of resistance to classes of antibiotics approved by the FDA to promote growth and prevent disease in healthy turkeys compared to classes of drugs not approved for those uses.

WHAT CONSUMERS CAN DO

Common slip-ups while handling or cooking can put consumers at risk of illness. Although the bacteria Consumer Reports found are killed by thorough cooking, some can produce toxins that may not be destroyed by heat, so take the following precautions:

— Choose meaningful labels while shopping for turkey:

Buy turkey labeled "organic" or "no antibiotics," especially if it also has a "USDA Process Verified" label, which means that the agency has confirmed that the producer is doing what it says.

Consider other labels, such as "animal welfare approved" and "certified humane," which mean that antibiotics were restricted to sick animals only.

Be aware that "natural" meat is simply minimally processed, with no artificial ingredients or added color. It can come from an animal that ate antibiotics daily.

— Tips for safer preparation and handling:

Buy meat just before checking out, and place it in a plastic bag to prevent leaks.

If cooking meat within a few days, store it at 40 degrees or below. Otherwise, freeze it. (Note that freezing may not kill bacteria.)

When cooking ground turkey, use a meat thermometer to ensure it reaches the proper internal temperature of at least 165 degrees to kill potentially harmful bacteria.

Wash hands and all surfaces after handling ground turkey.

Don't return cooked meat to the plate that held it raw.

Refrigerate or freeze any leftovers within two hours of cooking.

Memorial Service

SMITH - A Memorial Graveside Service for Frank Edgar Smith, who died April 18, 2007 and for his wife, Nyla (White) Smith, who died June 3, 2013 will be held at 2 p.m. Saturday, July 27, 2013 at the Hatley United Church Cemetery, where friends and family are invited to attend.
Reverend Barbara Wintle will be officiating. A reception will be held after the service in the Hatley United Church Hall. Arrangements for the service are under the direction of Steve Elkas Funeral Home.

Burial of Ashes

BENNETT, Melvin Charles. Burial of Ashes at the North Hatley Cemetery, followed by a Celebration of Melvin's Life at The Piggery Theatre, 215 Chemin Simard, Ste-Catherine-de-Hatley, on Saturday, August 3 at 11:30 a.m., to which family and friends are warmly invited.

Cards of Thanks

MARTIN - I want to thank everyone who helped to make my 80th birthday memorable by your cards, gifts and especially by attending my party at Dufferin Heights. I consider myself very fortunate to have so many friends.
ROYCE MARTIN

The Sawyerville 4-H Club would like to thank the community for contributing to our very successful Provincial Rally, held last weekend. To all those individuals or businesses who donated their time or services, we appreciate your generosity. Thanks for making it a memorable experience for all 4-H members.
SAWYERVILLE 4-H CLUB

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Death

William-Richard (Bill) COUPLAND
(1941-2013)

Passed away peacefully at Maison Aube-Lumière on July 24, 2013 in his 72nd year, he had been residing in Lennoxville QC; predeceased by his father, the late William Coupland and his mother, the late Minnie Boorman.
Survived by his uncle , Fred Burningham of California and Teresa Coupland, wife of the late John Coupland of Mississauga, Ontario.
A graveside service will be held at Malvern Cemetery in Lennoxville, 75 Moulton Hill Road, on August 9, 2013 at 11 a.m.
As a memorial tribute, donations may be made to the Church Of The Advent, 44 Gordon-Bown St., Sherbrooke, QC, Canada, J1M 1C3 or the Maison Aube-Lumière, 3071, 12e Avenue N, Sherbrooke , QC, J1H 5H3.
A very special thanks is extended to Dr. Ronald Girard, Bill's family doctor and to the staff of the Hotel-Dieu Hospital and the Maison Aube-Lumière.

Coopérative Funéraire de l'Estrie
485, rue du 24-Juin
Sherbrooke (Québec) J1E 1H1
PHONE: 819-565-7646
FAX: 819-565-7844

Death

Marie-Georgette GAVIN
(1932-2013)

Marie-Georgette passed away on July 5 at the Maison Victor Gadbois in St. Mathieu de Beloeil at the age of 81. Georgie battled with cancer and sadly she lost the fight. She is survived by her son Robert Johnstone, whom she dearly loved. Special thanks to the Memphrémagog Hospital's Dr. Blais and Dr. Adams as well as the staff on the 6th floor, especially Manon and Paul whom Georgie truly enjoyed. Thanks also to the Maison Victor Gadbois for their palliative care. She will be sadly missed.

In accordance with Georgette's wishes, there will be no visitation nor service.

Death

Eunice (Heather) HEATHERINGTON

Passed away peacefully following a brief illness, on Wednesday, July 17, 2013 with her daughter Randi at her side at the Lakewood Ranch Medical Centre, Bradenton, Florida. Heather, in her 87th year, was the daughter of the late Mary Ellen Martin and the late Elmer Heatherington. She leaves to mourn her daughters Randi, Pauline (late), and son Richard, and their families, her sister Lorna Ayres and family, her brother Rodger (Meryle) and family, along with many other relatives and friends.
The family would like to extend their sincere thanks to the staff at the Lakewood Ranch Medical Centre for their considerate care during Heather's final days.
Internment of Heather's ashes, next to her father, will take place at Eaton Cemetery at a future date.
The family would gratefully appreciate donations to the Frontier Animal Society, P.O. BOX 2505, Stanstead, Quebec, J0B 1E0.

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If you or an adult you know would like to improve reading, writing or math skills, look under LEARN in the Yellow Pages™ or visit www.LookUnderLearn.ca
ABC LifeLiteracyCanada

In Memoriams

ALDEN BROWNE, Alice. In loving memory of Alice, who passed away on July 28, 2009.
Always in our thoughts, always in our hearts.
Greatly missed,
FAMILY AND FRIENDS

STURGEON, Lenny (July 27, 2008 - July 27, 2013).
The precious years will not return
When we were all together
But with the love within our hearts
You'll walk with us forever.
Sadly missed by
LOIS, JEFF, ANDREA, BRANDON
BAILEY AND BRAYDEN

In Memoriams

DYMOND, Iris.
A year ago she was taken without any warning
Her leaving left hearts filled with pain
But though she is gone from among us,
In our hearts she will always remain.
My dear sister, I miss you.
LOIS & CARLETON SHERRER

DYMOND, Iris.
A year has gone by.
I still can't get used to you being gone, Mom
Things were not meant to end the way they did, so fast.
It's a feeling of emptiness I can't get rid of.
I miss you.
We all do.
Sadness without tears.
VALERIE & ABBY

RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMS, BRIEFLETS:
Text only: 37¢ per word. Minimum charge $9.25 ($10.63 taxes included)
Discounts: 2 insertions or more: 15% off
With photo: additional $18.50. DEADLINE: 11 a.m., day before publication.
BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:
Text only: $15.00 (includes taxes)
With photo: $25.00 ($28.74 taxes included) DEADLINE: 3 days before publication.
WEDDING WRITE-UPS, OBITUARIES:
$25.00 ($28.74 taxes included) WITH PHOTO: $35.00 ($40.24 taxes included)

Please Note: All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: classad@sherbrookerecord.com - They will not be taken by phone.
DEADLINES FOR DEATH NOTICES:
For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.
For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) or e-mail: production@sherbrookerecord.com between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called.

Don won't let her near the children

FRIDAY, JULY 26, 2013

Annie's Mailbox

Dear Annie: A year ago, our son, "Don," discovered that his wife of eight years was cheating on him. It came as a shock to all of us. Don was devastated and angry, and quickly divorced his wife and got full custody of their three young children. He sold their home and bought one closer to us. It was obvious that he wanted to punish her. Our tight-knit family offered to help in any way.

Don's ex-wife, a woman we loved and cherished, became Public Enemy No. 1. She tried to call us a few times, but Don told the family, politely, that we should not answer her calls, and if she knocked on the door, we shouldn't open it. He said it would be best for him and his kids if we ignored her. I said I would do my best.

The problem is, I have been in communication with Don's ex. (Her lover broke things off after Don found out.) She sees me as her only friend. Don won't let her near the children. He says he doesn't want them to think cheating is OK. She was so depressed, I couldn't turn her down.

If Don found out we were in touch, he would be furious and would never trust me again. My husband wants me to cut off ties with her, but she is so helpless and sad. What do I do? — Confused Grandma

Dear Grandma: Please stop lying to your son. Either tell him the truth or cease communication with your ex-daughter-in-law. However, it is terribly wrong of Don to prevent his ex from seeing the children. He is still angry and hurt, but in punishing her, he is also punishing them. They need their mother. They will not mistake her presence for approval to cheat. The divorce is sufficient for them to understand how destructive her behavior was.

Please urge him to put his kids first and work out a civil relationship with their mother. They may otherwise grow up feeling abandoned and angry, and if they ever learn that it was Dad who kept Mom away, they may never forgive him. If he needs counseling to reach that point, encourage him to get it.

Dear Annie: I have a question regarding interracial attraction. Some of my friends have said they aren't attracted to men of certain races. For example, my white friend says she simply isn't attracted to black men.

I find these comments very offensive, especially because I am of mixed ethnicity, and if someone told me they weren't attracted to women of my race, I would be insulted. Are such comments acceptable? — Nebraska

Dear Nebraska: No. At the very least, these comments are offensive because they stereotype. To say that one isn't attracted to a particular ethnic or racial group presumes that all people in that group look alike, when obviously they do not. People who make such remarks are bigoted, although they may not recognize it. You might be able to enlighten some of your friends by expressing how offensive these comments are to you. If nothing else, they will realize they cannot say such things without repercussions.

Dear Annie: I'd like to add to your response to "S," who asked how to address an envelope to a couple who are both doctors. My situation is slightly different.

I am a physician. My husband does not have a doctoral degree of any kind. The proper way to address a formal envelope to us is "Dr. Jane Doe and Mr. John Doe," or "Dr. Jane and Mr. John Doe."

Most envelopes to us are addressed incorrectly. Many say "Mrs. and Dr. John Doe," which makes absolutely no sense at all. Hopefully this will clarify things. — Lady Doctor in L.A.

Annie's Mailbox is written by Kathy Mitchell and Marcy Sugar, longtime editors of the Ann Landers column.

50th Anniversary

Bob & Edna Evans

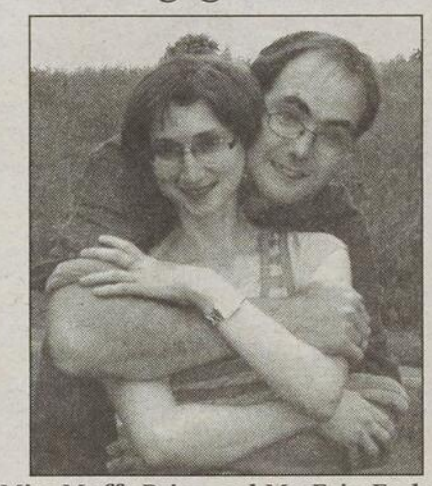
The family of Bob & Edna Evans invite you to come to an Open House in honour of their parent's 50th Wedding Anniversary on August 3 from 2 p.m. to 5 p.m., at the Lennoxville United Church Hall on Church Street.

Clifford Buzzell
Happy 65th Birthday

to my Dad
Hope you have a great day!

Love always,
FAMILY

Engagement



Miss Muffy Price and Mr. Erin Farley, of Halifax, Nova Scotia wish to announce their engagement.
An October 13th wedding is planned at St. James Anglican Church, Foster, Quebec.

Wedding Announcement

For
Kathy Gagnon and
Brandon McComb

on August 4, 2013

Everyone welcome for the reception after 6 p.m.

at the HUT in Lennoxville

MS lives here.

Multiple sclerosis usually strikes people aged 20 to 40, in the prime of their lives.

Multiple Sclerosis Society of Canada
1·800·268·7582 www.mssociety.ca

CELEBRITY CIPHER
by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"W HTDOL KLWPY RWHHTY NZNELRY XH TYKLPN YKL ELYYXHLNN WHC JWOXRL YKWY XY KWN HLALP SLOY."

— ULWH PWRXHL

Previous Solution: "Why there aren't people out there willing to have fun playing rock 'n' roll. I just don't get it." — Joan Jett

TODAY'S CLUE: B equals D

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CELEBRITY CIPHER
by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"PFLWL HWL NJELC NFJ EHUL PFBCDR FHAALC, NFJ EHUL H TBOOLWLCIL. B NHCP PJ VL JCL JO PFJRL NJELC."

— SLWH OHWEBDH

Previous Solution: "A noble heart cannot suspect in others the pettiness and malice that it has never felt." — Joan Racine

TODAY'S CLUE: D equals J

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KIT N' CARLYLE

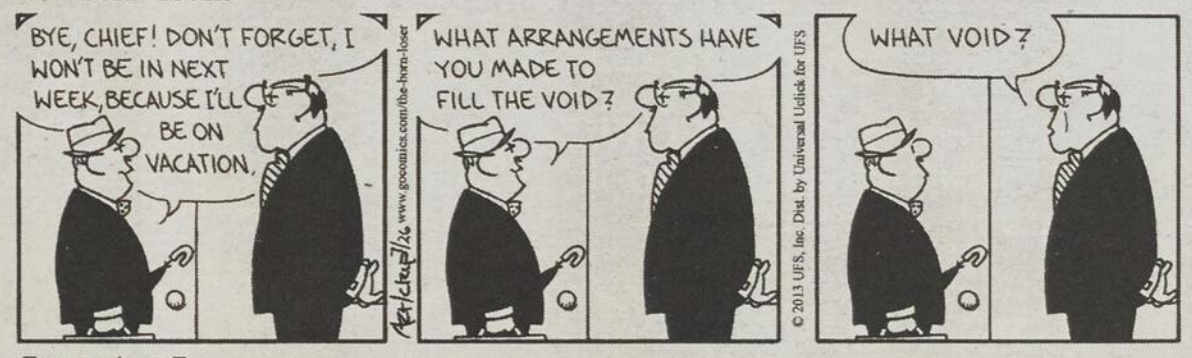
HERMAN

"You said I could bring it back if my wife didn't like it."

ALLEY OOP

ARLO & JANIS

THE BORN LOSER



FRANK AND ERNEST

GRIZWELLS

SOUP TO NUTS

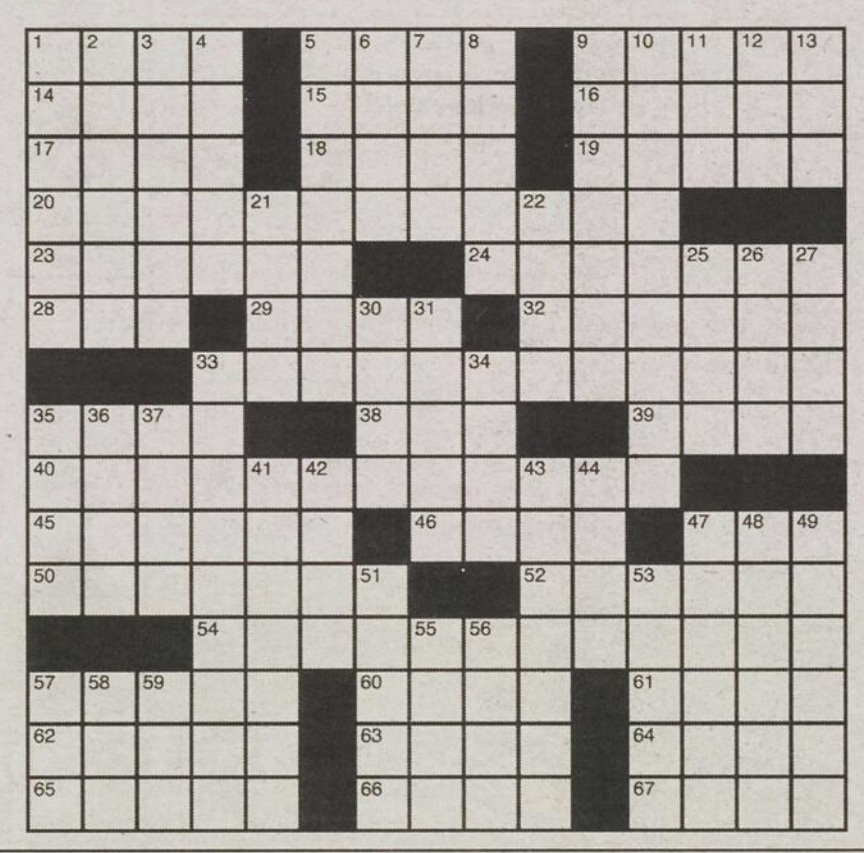
Diabetes The New EPIDEMIC
REACT NOW!
Diabetes Québec
Information and donations:
(514) 259.3422 or 1.800.361.3504
www.diabete.qc.ca

CROSSWORDS

Across
1 "Little House on the Prairie" merchant __ Oleson
5 Bit of trickery
9 Genoan chiefs of old
14 Part of many co. names
15 Poet Teasdale
16 Far beyond the norm
17 See 36-Down
18 Reunion nicknames
19 Award for John le Carré
20 Sloppily kept tents?
23 Tropical rainforest critter
24 Pacific coast desert
28 Top-selling 1980s game console
29 Key of Brahms's Piano Sonata No. 1
32 Pill bug or gribble
33 Low clouds on an East Asian island?
35 Genesis wife
38 Prior to, to Prior
39 Louisiane, e.g.
40 Conditions of kids' shoes, too often?
45 "A Sentimental Journey Through France and Italy" author
46 Doctor's specialty?
47 "Ta-ta"
50 Locks without keys
52 Cooking surface
54 Recover from a setback, and a hint to 20-, 33- and 40-Across
57 "Why Can't I?" singer Liz
60 "I'll say!"
61 Language written right to left
62 Teegarden of "Friday Night Lights"
63 Equal: Pref.
64 Troon turndowns
65 Sporty Nissans
66 Austen heroine
67 London flat, perhaps

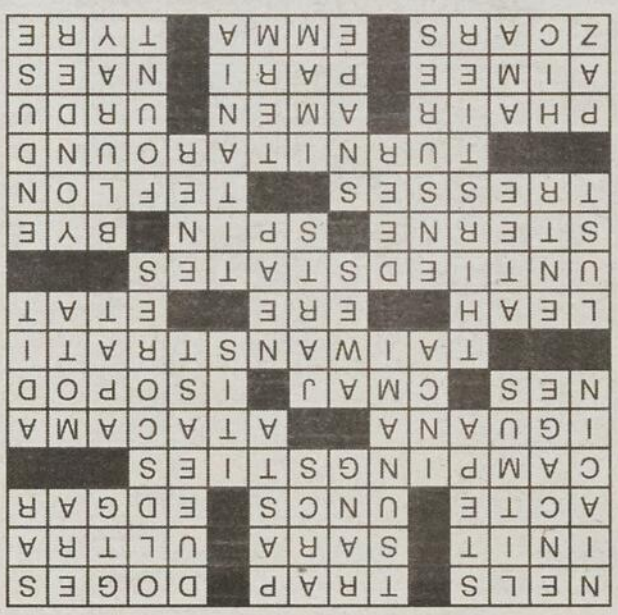
A	M	C		O	C	C	A	M		I	O	W	A	N
L	O	O		W	R	O	N	G		B	R	A	V	O
O	R	B		L	A	B	O	R	L	E	A	D	E	R
H	A	R	P		T	O	N		E	T	T	E		
A	L	A	R	M	C	L	O	C	K		E	B	B	S
			A	A	H			A	S	H		O	L	E
		M	I	N	I	B	A	R		A	R	G	U	E
	P	O	S	I	T	I	V	E	I	M	A	G	E	
M	O	T	E	L		N	A	W	L	I	N	S		
U	G	H		A	R	G			L	L	C			
G	O	B	I		H	O	P	E	F	L	O	A	T	S
		A	M	M	O		I	R	A		R	O	O	T
F	A	L	S	E	S	T	A	R	T	S		R	T	E
I	S	L	E	T		K	N	E	E	L		T	E	E
B	U	S	T	S		T	O	D	D	Y		A	M	P

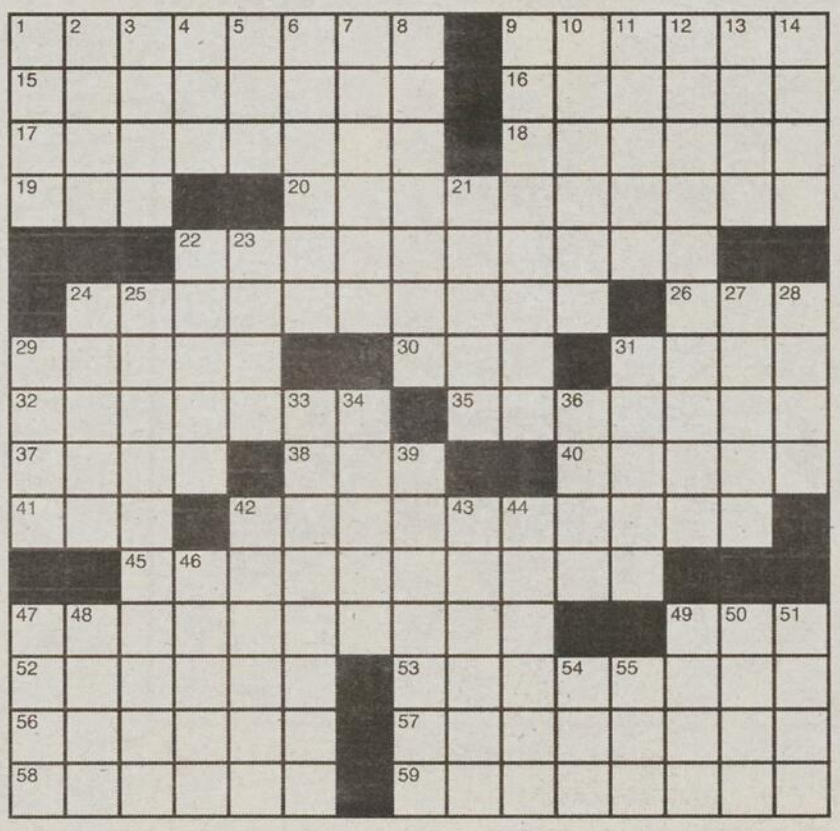
Down
1 Vitamin in liver
2 Coop up in a coop
3 Substance in acid tests
4 Process start
5 Earthquake consequence
6 Gave a buzz
7 Curved pieces
8 It may be corkscrew-shaped
9 90 degrees
10 It takes time to settle them
11 Ta-ta, to texters
12 Cheer competitor
13 Genealogically-based patriotic org.
21 Andean native
22 Medical office closing?
25 __ on the back
26 Manny who ranks third in MLB lifetime pinch hits
27 Colliery entry
30 Blows away
31 Horseshoes-like game
33 Wanting more
34 Biweekly tide
35 Zest
36 Le Carré spy Leamas
37 Fits to __
41 Cinches
42 Ruminants with racks
43 Oberon's queen
44 Cabinet dept.
47 Disc storage format
48 Over there
49 Ultimate purpose
51 Dumbledore's slayer
53 Source
55 Quran authority
56 Period with limits
57 Bolivia's La __
58 Minute Maid brand
59 GP's gp.



Across
1 Many a knockout punch
9 There's a charge for it
15 Navigator's creator
16 Mind the sitter
17 Signs at a rally
18 Showed signs of being
19 These, in Tours
20 Herodotus and Thucydides, for two
22 Disk-shaped safety device
24 Baby shower gift
26 Recordholder's suffix
29 Ridge studied in forensics
30 One with "Esq." on the door
31 Liveliness
32 Citrus-marinated South American fish dish
35 High-level disagreement?
37 Not kosher
38 Styled after
40 Deep purples
41 Faltering sounds
42 "The Winds of War" actress
45 Homemade defense against a mind-control ray
47 Hotly contested area
49 Riddle of the Sphinx answer
52 Scratch
53 Fortifications
56 Acid neutralizer
57 Like Buckley's columns, say
58 Close again, in a way
59 In orbit

Down
1 Insensitive, in a way
2 Mononymous kicker
3 K-12 fund-raisers
4 Backup key
5 Dave Matthews Band label
6 Meals on Wheels worker?
7 "Rabbit Is Rich" Pulitzer winner
8 Mosaic piece
9 Horse-and-buggy
10 Examine closely
11 "... __ finest hour": Churchill
12 Stephen Colbert best-seller subtitled "(And So Can You!)"
13 Roast spot
14 Beatty and Rorem
21 Scrumptious
22 Font flourish
23 Sporty Spice, familiarly
24 Col. Potter on "M*A*S*H," to pals
25 Pessimistic J. Geils Band hit with the line "It's gonna make you cry"
27 Tough tissue
28 Garb
29 Pro-prohibition org.
31 Spill, with "out"
33 Petticoat alternative
34 "Four Quartets" poet
36 Annika Sorenstam's gp.
39 Good-natured
42 German chancellor Merkel
43 Language family including Turkish
44 Drawer holders
46 Old Peruvian
47 Trauma consequence
48 Corduroy rib
49 Zoo trench
50 Debate side
51 One of 60 billion in a min.
54 Three-day festival
55 SS supplement





CALL SHERBROOKE: (819) 569-9525 BETWEEN 8:30 A.M. AND 4:30 P.M.
E-MAIL: classad@sherbrookerecord.com
OR KNOWLTON: (450) 242-1188 BETWEEN 9:00 A.M. AND 4:00 P.M.

CLASSIFIED

DEADLINE: 12:30 P.M. ONE DAY PRIOR TO PUBLICATION
OR MAIL YOUR PREPAID CLASSIFIED ADS TO
THE RECORD, P.O. BOX 1200, SHERBROOKE, QUEBEC J1H 5L6

001 Property for Sale

Make your classified stand out, add a photo for **$10.** per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. **819-569-9525. classad@sherbrookerecord.com**

035 For Rent

LENNOXVILLE OXFORD RESIDENCE
Pool
Private park
Secure
Near all services
Ideal location for seniors
103 Oxford St.
819-578-8588

035 For Rent

CLASSIFIEDS ONLINE! www.sherbrookerecord.com

100 Job Opportunities

JOMAC

JOB OFFER

Seamstresses
(with or without experience)
Full time- day and/or night shift

Come in or call for application or by e-mail
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Jomac Canada Inc.
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Stanstead, Qc. J0B 3E2
Tel.:819-876-7531, ext. 206

100 Job Opportunities

HELP WANTED - Local people needed! Simple and flexible online work. 100% genuine opportunity. FT/PT. Internet needed. Very easy, no experience required. Income is guaranteed. www.ezComputerWork.com

100 Job Opportunities

HELP WANTED! $28/hour. Undercover shoppers needed to judge retail and dining establishments. Genuine opportunity. PT/FT. Experience not required. If you can shop - you are qualified! www.MyShopperJobs.com

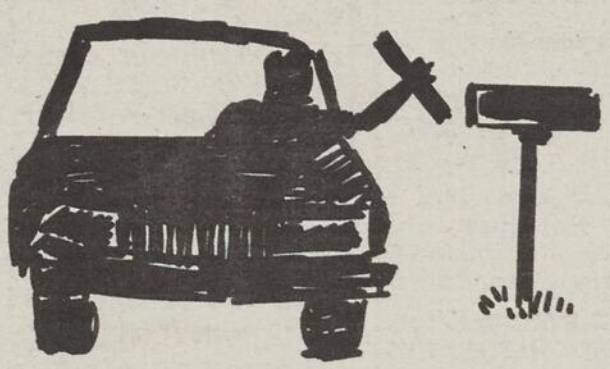
Want your ad to stand out?
For **.50** a word **- bold** it.

100 Job Opportunities

100 Job Opportunities

100 Job Opportunities

URGENTLY NEEDED



Dynamic person to deliver newspapers in Sutton.

From Monday to Saturday between 2 a.m. and 7 a.m.
No age limit. No eperience required.
Delivery by car.

To apply, leave a message at 450 375-4555, ext. 527

La Voix de l'Est

100 Job Opportunities

DRIVERS WANTED: AZ, DZ, 3 or 1 with airbrakes. Guaranteed 40 hour work week + overtime, paid travel, lodging, meal allowance, 4 weeks vacation/excellent benefits package. Must be able to have extended stays away from home, up to 6 months. Experience needed: valid AZ, DZ, 5, 3 or 1 with airbrakes; commercial driving experience. Apply online at www.sperryrail.com. Under careers, click here to apply, keyword: Driver. Do not fill in city or state. E.O.E.

140 Professional Services

LANDSCAPING Chuck & Cathy's Greenhouse, in conjunction with Paysage Lincoln, we are offering full landscaping services: patios, decks, rock walls, design and execution of landscaping projects, planting and maintaining gardens, etc. Give us a call. 819-565-3053.

STICKLES UPHOLSTERY
25+ years experience. Antique and modern furniture. Frame, spring and fabric repair. Fabric samples available. For a free estimate call or email: 819-889-2519; stephenstickles@live.ca.

145 Miscellaneous Services

CAR WASH, wax, shampoo, polish, interior. Work done by hand. Lennoxville. Call **Antoine** at 819-571-1265.

FINANCIAL PROBLEMS? Drowning in debt! Stop the harassment. Bankruptcy might not be the answer. Together let's find a solution - free consultation. Bill Hafner - Trustee in Bankruptcy. 514-983-8700.

Classifieds
(819) 569-9525
(450) 242-1188

145 Miscellaneous Services

LENNOXVILLE PLUMBING. Domestic repairs and water refiners. Call Norman Walker at 819-563-1491.

150 Computers

Make your classified stand out, add a photo for **$10.** per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. **819-569-9525. classad@sherbrookerecord.com**

170 Auctions

HUGE MARINE AND Recreational Auction! Saturday, July 27, 8 a.m. Boats, trailers, R.V.'s, travel trailers, 5th wheels, ATV's, PWC's. For full listings and pictures, visit www.aeroauctions.ca. Online bidding available. Consignment welcome. 1-866-375-6109, Barrie, Ontario.

190 Cars For Sale

190 Cars For Sale

Chartier AUTOMOBILES
LENNOXVILLE, QC

LAST WEEK

Liquidation Sale before Holidays!
~
Come in and see our great selection of vehicles.

All our vehicles are inspected and guaranteed.
Financing with the Caisse Populaire also available on site.
819-562-6133
53146

See all the inventory, pictures & info www.chartierautomobiles.com

190 Cars For Sale

CLASSIFIEDS ONLINE! www.sherbrookerecord.com

Make your classified stand out, add a photo for **$10.** per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. **819-569-9525. classad@sherbrookerecord.com**

275 Antiques

WE BUY from the past for the future, one item or a household, attic or basement, shed or garage. We like it all, give us a call. 819-837-2680.

290 Articles For Sale

STEEL BUILDINGS / Metal Buildings. Up to 60% off! 30x40, 40x60, 50x80, 60x100, 80x100, sell for balance owed. Call 1-800-457-2206. www.crownsteelbuildings.ca

290 Articles For Sale

Make your classified stand out, add a photo for **$10.** per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. **819-569-9525. classad@sherbrookerecord.com**

294 Events

CLASSIFIEDS ONLINE! www.sherbrookerecord.com

330 Pets

ATTENTION! HELP CONTROL the dog and cat population! Competitve price for sterilization. Dre. Debra Tacium, M.V. and Dre. Lois Saucke, M.V., Clinique de Sterilisation des Petits Animaux de l'Estrie, 819-821-1161.

Make your classified stand out, add a photo for **$10.** per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. **819-569-9525. classad@sherbrookerecord.com**

PROFESSIONAL GROOMERS on site. Grooming for dogs and cats. Call today for an appointment. **Blue Seal,** The Animal Nutrition Centre, 1730 Wellington St. South, Sherbrooke. **819-348-1888.**

It pays to advertise in the classifieds

330 Pets

Where are the best looking in town? At the Eastern Townships SPA! Come and visit our adoption rooms! Many cats and dogs aged between 2 months and older are waiting to find new homes. They have all been spayed/neutered, vaccinated, dewormed and microchiped. If you have wisely chosen to adopt a pet, come and meet them Monday through Saturday between 9 a.m. and 4 p.m. Adoption fees are very reasonable. **1139 Queen Blvd. North, Sherbrooke.** For additional information: **(819) 821-4727.**

340 Garage Sales

AYER'S CLIFF
Gigantic Lawn Sale at Beulah United Church, 967 Main, on Saturday, July 27 from 9 a.m. to 2 p.m. to coincide with the UCW's inside bake and jumble sale. You are welcome to stop in, browse and buy. Something for everyone.

CANCELLED: MAGOG
Huge yard sale, one not to be missed. Fri., Sat., Sun., July 26, 27 & 28. Corner of chemin [illegible]endeau[illegible]Georgeville Ro[illegible]4 miles from Magog, first house of the left. If rain, postponed to following weekend.

CANCELLED

EASTMAN
205 rang DuRocher (at the Longhouse), Saturday and Sunday, July 27 & 28. Collectibles, tea cups, Avon, Expo 67, railroad lanterns. 9 a.m. to 4 p.m.

KNOWLTON
11 Lansdowne. Large lawn sale. Saturday, July 27 at 8 a.m. Antiques, collectibles, household items, junque.

SHERBROOKE
555 Sara St. Multi-family garage sale. Books, electronics, household items, etc. Sat., July 27 & Sun., July 28.

CLASSIFIED

340 Garage Sales

KNOWLTON
8 March Street. Huge garage sale, **Saturday & Sunday, July 27 & 28,** 9 a.m. to 4 p.m. Coffee's on! To benefit the Order of the Eastern Star's charities. Everyone welcome.

MASSAWIPPI-HATLEY
Giant garage sale and closing of antiques boutique and interior decorations. Sat. & Sun., July 27 & 28 from 9 a.m. to 5 p.m. at the Massawippi Community Hall, 810 Rte 208 East, off Rte 143. Many friends reunited for this superb sale. Rain or shine, something for everyone!

Looking for a job or qualified personnel? Consult our Classified ads!

340 Garage Sales

SAINT-ISIDORE-DE-CLIFTON
Multi-family garage sale. Household, bric-brac, furniture, appliances and tools. Sat. & Sun., July 27 & 28 from 8 a.m. to 3 p.m. at 125 Rte 253, Saint-Isidore-de-Clifton.

WATERLOO
Huge Antique Sale, July 27 & 28, (9 a.m. to 4 p.m.), 39 Dufferin (off Route 112). Large cedar chest, cobbler's bench, buggy wheels, furniture, toys, bells, antique tools, trunks, etc.

WATERVILLE
2-person garage sale on July 27 at 4750 Route 147, Waterville. Many nice, small, antique pieces and collectibles. Over 50 "picture prints", books, Diana collector plates, plus shed stock.

340 Garage Sales

WATERVILLE (MILBY)
July 27 & 28 at 5445 Rte. 147, Waterville (Milby). Horse equipment and decorations for show horses. Fishing and hunting articles. Craft supplies, material, canning jars, camping supplies, and many more items.

365 Landscaping

CLEANING OF YOUR FLOWER beds, rearranging of your garden and property. 15 years of experience. Free estimate. **Flora Concept 819-578-5857.**

To sell or buy, consult our Classified ads.

430 Personal

TRUE PSYCHICS! For answers call now, 24/7, toll free 1-877-342-3032, mobile #4486, www.truepsychics.ca.

Looking for a companion? Place an ad in the classifieds. (819) 569-9525 (450) 242-1188

AUCTION for
Estate of MELVIN NEIL
1080 Racine Road, Bromont, QC, J2L 1G3
SATURDAY, AUGUST 3, 2013 at 11 a.m.
Everything will be sold without reserve. 6 tractors, Dodge 3500 truck, 4 trailers, machinery, cattle equipment, tools, including: Kubota B-7200 , FWD, 18 hp, w/frontend loader, only 723 hrs; M.F. 184-4, FWD, 62 hp, w/cab and loader; Belarus 805, 75 hp, w/cab and loader; Allis Chalmers 6080, FWD, 72 hp, w/frontend loader; M.F. 65, 2WD, 50 hp, w/loader (sold as is); Fordson Major Back Hoe (sold as is); Dodge Ram 3500 truck, diesel, king cab, double wheel, 5 speed trans., 2001, 140,000 km; complete line of machinery as Kuhn 250 discbine; Schulty 8 ft stone rake; Rock-O-Matic stone picker; Ingland woods winch as new.
Photos on our website: www:paul-hus.com
For information, call Steven Neil 450-531-6542 or the auctioneer
DANIEL PAUL-HUS
Bilingual Auctioneer
Tel. 450-773-5660. Cell 450-701-5660
Email: daniel@paul-hus.com
635 Papineau St., St-Hyacinthe, QC, J2S 7J5

REMINDER

AUCTION FOR THE ESTATE OF THE LATE MELVIN SMITH
7985 Marlington Road, Ogden, QC
Saturday, July 27, 2013 at 10:00 a.m.
ANTIQUES, HOUSEHOLD, SHED STOCK, VEHICLES/MACHINERY.
In the process of preparing this sale we have come across more interesting items to add to our listing: a Victrola, marbles, antique frames and much much more!
ENCHÈRES SCOTT GRAHAM AUCTIONS
St. Isidore de Clifton QC J0B 2X0
819 889 2876 / 819 919 2104
grahamauctions@hotmail.com
Graham Auctions Facebook

PROVINCE OF QUÉBEC
MRC MEMPHRÉMAGOG
VILLAGE OF NORTH HATLEY

PUBLIC NOTICE to persons or organizations wishing to comment on draft by-law number 2013-568 amending zoning regulation concerning the whole territory

In accordance with the Act respecting Land Use Planning and Development, at a meeting held on July 2nd 2013, the Town Council of the Municipality of the Village of North Hatley adopted, through a resolution, a draft by-law entitled "By-law number 2013-568 amending zoning by-law number 01-432 of the Municipality of the Village of North Hatley".

Description of the area concerned:

• the whole of the territory of the Municipality is affected by one or the other of the provisions of the by-law;

The purpose of this draft by-law is to amend the zoning by-law in order to:

• Add the definition of the terms "Beach Shed, Guesthouse and Hedge" as well as update the definition of the term "Attached Building";
• Amend the provisions regarding exterior combustion heating systems;
• Add provisions regarding wind turbines, guesthouses, beach sheds and solar panels;
• Amend the provisions regarding accessory buildings, fences and hedges;
• Add provisions regarding the maximum surface area of a commercial terrace;

NOTICE is hereby given that a public consultation meeting will be held August 5th 2013, at 6:00 p.m., at the Town Hall.

During this consultation meeting, the Council will explain the draft by-law and the consequences of its adoption and will hear those persons and organizations wishing to express their views.

The draft by-law may be consulted at the offices of the Municipality. The draft by-law includes provisions which must be approved by referendum.

GIVEN AT THE MUNICIPALITY OF THE VILLAGE OF NORTH HATLEY, THIS JULY 19th, 2013

Léonard Castagner
Secretary-Treasurer

PROVINCE OF QUÉBEC
MRC MEMPHRÉMAGOG
VILLAGE OF NORTH HATLEY

PUBLIC NOTICE to persons or organizations wishing to comment on draft by-law number 2013-569 amending subdivision regulation concerning the whole territory

In accordance with the Act respecting Land Use Planning and Development, at a meeting held on July 2nd 2013, the Town Council of the Municipality of the Village of North Hatley adopted, through a resolution, a draft by-law entitled "By-law number 2013-569 amending subdivision by-law number 01-433 of the Municipality of the Village of North Hatley".

Description of the area concerned:

• The whole of the territory of the Municipality is affected by one or the other of the provisions of the by-law;

The purpose of this draft by-law is to amend the subdivision by-law in order to:

• Update the provisions concerning exceptions to the application of fees for parks;
• Update the table concerning the minimum lot areas for the Ra and Rb zones;
• To change the minimum area for a lot in the Rec zone.

NOTICE is hereby given that a public consultation meeting will be held August 5th, 2013, at 6:00 p.m., at the Town Hall.

During this consultation meeting, the Council will explain the draft by-law and the consequences of its adoption and will hear the persons and organizations wishing to express their views.

The draft by-law may be consulted at the offices of the Municipality. The draft by-law includes provisions which must be approved by referendum.

GIVEN AT THE MUNICIPALITY OF THE VILLAGE OF NORTH HATLEY, THIS JULY 19th, 2013

Léonard Castagner
Secretary-Treasurer

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PROVINCE OF QUÉBEC
MRC MEMPHRÉMAGOG
VILLAGE OF NORTH HATLEY

PUBLIC NOTICE to persons or organization wishing to comment on draft by-law number 2013-570 amending by law number 2000-424 on site planning and architectural integration

In accordance with the Act respecting Land Use Planning and Development, at a meeting held on July 2nd 2013, the Town Council of the Municipality of the Village of North Hatley adopted, through a resolution, a draft by-law entitled "By-law number 2013-570 amending by-law number 2000-424 on site planning and architectural integration (PIIA) of the Municipality of the Village of North Hatley".

Description of the area concerned:

the whole of the territory of the Municipality is affected by one of the provisions of the by-law;

The purpose of this by-law is:

• To make a change to the assessment criteria concerning fences;
• To make a change to landscaping objectives regarding fences;
• To make a change to the assessment criteria concerning commercial terraces;

NOTICE is hereby given that a public consultation meeting will be held August 5th 2013, at 6:00 p.m., at the Town Hall.

During this consultation meeting, the Council will explain the draft by-law and the consequences of its adoption and will hear those persons and organizations wishing to express their views.

The draft by-law is available for consultation the offices of the Municipality. This draft by-law does not include provisions which must be approved by referendum.

GIVEN AT THE MUNICIPALITY OF THE VILLAGE OF NORTH HATLEY, THIS JULY 19th, 2013

Léonard Castagner
Secretary-Treasurer

NOTICE OF CLOSURE OF INVENTORY
(C.c.Q., Art. 795)

Notice is hereby given that, following the death of Bernice Clifford, on December 24th, 2012, in her lifetime domiciled at 200 Principale, Cowansville, Quebec J2K 1J2, an inventory of the assets and liabilities of the deceased was prepared by the liquidator of the Estate, Mr. Walter Stairs, on July 4th, 2013 before Mtre. Marie J. Gagné, notary, in accordance with the law.

This inventory may be examined by any interested party at the office of Mtre. Marie J. Gagné, notary, located at 35 Victoria, Town of Brome Lake, Quebec JOE 1VO.

Given on July 24th, 2013
At Town of Brome Lake, Quebec

Marie J. Gagné, notary

CLASSIFIED

PUBLIC NOTICE
CITY OF SHERBROOKE

Borough of Lennoxville
Minor derogation

113-115 Queen - Commercial zones CV-4 et CVe-1

TO ALL CONCERNED,

TAKE NOTE that at a regular sitting of the Lennoxville Borough Council of the Ville de Sherbrooke, will be held on August 26, 2013 at 5 p.m. at the Lennoxville Borough Office located at 150, Queen Street, Sherbrooke, the Council will decide on the following request for minor derogation for lot 2 446 059 of the Reform of the Quebec cadastre, located at 113-115, Queen Street in Sherbrooke, in commercial zones CV-4 and CVe-1 of the zoning By-law number 648-97 of the former Ville de Lennoxville, to the effect to authorize:

- a maximum front setback of 2.84 meters for the main building;
- implementation of the stairs and the ramp in the front yard, with a margin of 0.0 meter;
- an aisle width of 6.1 meters for parking spaces which are at an angle of 90 °;
- a parking area without concrete curb, asphalt or planks, at least 0.15 meter high;
- a parking area located 0.0 meter of lines between adjacent properties.

All concerned persons can be heard by the Council with regards to these requests.

GIVEN IN SHERBROOKE, this July 26, 2013.

André Blais
Secretary

Ville de Sherbrooke
sherbrooke.ca

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BRIDGE WILL BE BACK NEXT WEEK

Your Birthday

FRIDAY, JULY 26, 2013

Although you might become involved in several enterprises in the year ahead, try to single out the ones that have legitimate promise. Otherwise, you might be kept busy, but constantly be anxious.

LEO (July 23-Aug. 22) — Usually, you are single-minded in your plans. Today, however, you could muddle your affairs by involving yourself in several projects, not properly following through on any of them.

VIRGO (Aug. 23-Sept. 22) — Favors that you request today could either be ignored or carried out poorly by associates. To be on the safe side, it's best you rely solely upon yourself and not on others.

LIBRA (Sept. 23-Oct. 23) — By including too many people in your plans today, your endeavors could be overshadowed by everyone else wanting to follow their own ideas. You could be left on the outside looking in.

SCORPIO (Oct. 24-Nov. 22) — Unfortunately, if you're not careful, you could get caught smack in the middle of a situation where you have to please everybody. Don't get snookered into it — it's an impossible situation.

SAGITTARIUS (Nov. 23-Dec. 21) — Even if your strong views are diametrically opposed to those of your colleagues, allow your intellectual adversaries a chance to express their thoughts. The helpful things you learn might surprise you.

CAPRICORN (Dec. 22-Jan. 19) — You're right to be wary of a promotional scheme presented to you by an entrepreneur with a poor track record. She or he could be promoting another pig in a poke.

AQUARIUS (Jan. 20-Feb. 19) — There will be an eventual day of reckoning if you don't guard against impulses to make commitments that you never intend to follow through on, just to appease others.

PISCES (Feb. 20-March 20) — To use your time productively, you must first have a feasible, effective game plan and then stick to it. You may be tempted to start more than you'll be able to finish — don't give in.

ARIES (March 21-April 19) — Without thinking, you could allow an associate to lay claim to some of your resources. What's yours does not belong to anyone else unless you choose to give it. Use your discretion.

TAURUS (April 20-May 20) — Although you might get off to a good start by knuckling down to business, favorable results are questionable because you could let up just when the finish line is in sight.

GEMINI (May 21-June 20) — Just because a friend has an idea, don't automatically give it credence. Check things out thoroughly — this glib pal might have a rather unsound plan.

CANCER (June 21-July 22) — Being willing to work hard is not the total answer for achieving success today. Unless you take off your blinders and evaluate things for what they are, you risk wasting your time and effort.

SATURDAY, JUNE 27, 2013

Some of the grateful recipients of your past favors will find a number of ways to repay you in the year ahead. They will go out of their way to help you achieve your social and material goals.

LEO (July 23-Aug. 22) — Substantial returns are in the offing from all the effort you've expended on something that has yet to yield fruit. That big payoff you're looking for is just around the corner.

VIRGO (Aug. 23-Sept. 22) — One of your most valuable assets will be the ability to motivate others to get off their duffs. You will inspire people to get something done. Go ahead and lead, they'll follow.

LIBRA (Sept. 23-Oct. 23) — Your material aspects continue to look quite encouraging. Follow the same formula that you've been using and you should be able to get a profit through both direct and indirect action.

SCORPIO (Oct. 24-Nov. 22) — Although a friend of long standing might come to you for help, ironically, you could be the party who'll derive the greatest benefits from it. Be openhanded in all that you do.

SAGITTARIUS (Nov. 23-Dec. 21) — To get others to be more effective, let them think your good ideas are theirs. By doing so, you'll be the one who will end up with the greatest success.

CAPRICORN (Dec. 22-Jan. 19) — Go out of your way to touch base with some old friends. Owing to something new that's stirring, it's to your advantage to maintain as many strong relationships as you can.

AQUARIUS (Jan. 20-Feb. 19) — You're still in a very fortunate cycle where benefits can be derived from handling tasks and assignments as effectively as possible. Do the best you can and focus, focus, focus.

PISCES (Feb. 20-March 20) — This is an excellent day to enter into serious negotiations, provided each party is as concerned about protecting the rights of others as they are their own privileges.

ARIES (March 21-April 19) — You have a natural ability to take something that's old and transform it into something far more useful. You'll get a chance to use this in both your work and social life today.

TAURUS (April 20-May 20) — Something good is likely to happen that should strengthen the bonds between you and your special someone. It'll be up to you to take full advantage of this excellent opportunity for growth.

GEMINI (May 21-June 20) — You're on a productive roll when it comes to wrapping up deals, but it'll be up to you to take full advantage of favorable circumstances. Put your priorities in order and handle what's most important first.

CANCER (June 21-July 22) — If at all possible, do not delegate any important assignments to a subordinate. Even if it puts you under some pressure, you're the one best equipped to handle the matter.

SUNDAY, JULY 28, 2013

Past experiences have taught you to always build upon a firm base, and that is exactly what you're likely to try to do in the year ahead. If you choose your ground well, it will provide you with many possibilities of success.

LEO (July 23-Aug. 22) — Surprisingly, you might find someone with whom you've rarely seen eye-to-eye to be especially good company. This could produce a benchmark for a new relationship. Make the most of it.

VIRGO (Aug. 23-Sept. 22) — You'd be smart not to allow yourself to be overwhelmed by details. In fact, you'll fare much better if you make yourself look at the big picture instead of just a few brush strokes.

LIBRA (Sept. 23-Oct. 23) — Don't appear too eager if someone is trying to interest you in a business proposition. It would weaken your position if you look to be too easy. Let him or her offer the opening bid.

SCORPIO (Oct. 24-Nov. 22) — In an arrangement where your mate opts for the lead, it's OK to relegate yourself to a supporting role. It's not important who directs the show, as long as it produces mutual benefits.

SAGITTARIUS (Nov. 23-Dec. 21) — Do yourself a huge favor by pushing away from your desk and getting some exercise. A stimulating activity, preferably outdoors, will be just what the doctor ordered.

CAPRICORN (Dec. 22-Jan. 19) — Associating with some friends whose exuberance is infectious will make this a fun day. Make it a point to avoid dullards.

AQUARIUS (Jan. 20-Feb. 19) — Although you'll have a reservoir of strength to draw upon that will serve you well in successfully performing tedious endeavors, you'll still need to pace yourself if you want to run the best race.

PISCES (Feb. 20-March 20) — When dealing with others on a one-on-one basis, your manner will put them at ease. If your interlocutors sense your sincerity and concern, they'll feel impelled to treat you similarly.

ARIES (March 21-April 19) — As of today, you should have some stabilizing influences starting to manifest in areas that have been disruptive lately. Relax and let these calming trends bring you some peace.

TAURUS (April 20-May 20) — Don't hesitate to disengage yourself from others if you need to attend to an important matter that requires your immediate attention. It's OK to make it your top priority.

GEMINI (May 21-June 20) — Because you are likely to require solitude to perform at your best, try to quietly slip away from others to a place that is totally free from outside interference.

CANCER (June 21-July 22) — Relaxed social activities with some old friends will prove to be the most pleasurable part of your day. You're not apt to feel the same way when with newer, more casual acquaintances.

SUDOKU

Difficulty: 5 (of 5)

				6				3
		2						7
3					1		5	
6				4				
			1				9	4
2	8				6			
8	9		5					
	7		4	9				2
		1		8				

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HOW TO PLAY:
Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

PREVIOUS SOLUTION

1	6	5	2	4	9	3	8	7
2	9	8	3	7	1	6	4	5
4	3	7	6	5	8	1	9	2
5	4	3	9	2	7	8	6	1
8	7	1	4	3	6	5	2	9
6	2	9	8	1	5	7	3	4
3	1	2	5	8	4	9	7	6
7	8	6	1	9	2	4	5	3
9	5	4	7	6	3	2	1	8

Governor General of Canada Medals Awarded

The Governor General Fire Services Exemplary Service medals in recognition of 20 and 30 years of loyal service to public security in Canada, were awarded to the above present and past members of the Austin Fire Department. These medals were awarded on June 22, 2013, during the evening of "Austin en fete" event. In the back row is George Fancy, Claude Cyr and Ralf Ruck, and in the front row is Arthur Bryant, Paul Robitaille, and Alain Viscogliosi. Absent from the photo is David Dingman. Congratulations to all for their many years of loyal service to the community.

SUDOKU

Difficulty: 4 (of 5)

		3	8			7		6
		4	3					
	9			5			3	
	6		2				4	
1		7	6			8		
4								9
		9		1				5
	2					4	6	
7							2	

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HOW TO PLAY:
Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

PREVIOUS SOLUTION

9	5	7	8	6	4	2	1	3
1	4	2	3	5	9	8	6	7
3	6	8	2	7	1	4	5	9
6	1	9	7	4	5	3	2	8
7	3	5	1	2	8	6	9	4
2	8	4	9	3	6	5	7	1
8	9	3	5	1	2	7	4	6
5	7	6	4	9	3	1	8	2
4	2	1	6	8	7	9	3	5