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TUESDAY, JANUARY 19, 2021

Townships numbers lowest in six weeks

By Gordon Lambie

While the situation regarding COVID-19 in the Estrie region remains serious, Regional Public Health Director Dr. Alain Poirier began his weekly update on Monday by saying that the seven-day average number of new cases is the lowest it has been in six weeks.

According to Poirier, the week ending Jan. 16 saw an overall increase of 651 cases in the region, whereas the week before the rate was close to 900. In a similar vein he said that the percentage of tests coming back positive has dropped from 8.2 to 5.5, suggesting that community spread is coming closer to being under control.

"This is very good news," he noted, while also making a point of saying that he is keeping his optimism on a short leash while working through the complications of the virus' second wave in the province.

The Estrie recorded 95 new cases of COVID-19 yesterday along with one new death from the Saint-Vincent Residence in Sherbrooke. Hospitalizations in the region remained close to but not at or beyond capacity, with 74 out of 79 beds occupied, and 10 out of 25 ICU beds in use. Poirier also spoke in positive terms about the fact that the local healthcare network has managed to remain under capacity, although he said that the system remains prepared to put an overcapacity plan in place should the need arise.

The public health director repeated his position from past weeks that the reopening of schools is not a major concern in terms of new spread or outbreaks, but he suggested that this

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Workers' rights advocacy group denounces bill amending workplace safety law



MICHAEL BORIERO

CTTAE coordinator Patrick Morin

By Michael Boriero - Local Journalism Initiative Reporter

The Comité des travailleurs et accidentés de l'Estrie (CTTAE) is one of several workers' rights

groups in Quebec demanding the provincial government withdraw its recently proposed Bill 59.

"What we're asking François Legault and Jean Boulet is to pull out the bill and return to the drawing board

because right now it isn't worth it," said CTTAE coordinator Patrick Morin.

Bill 59 is an act to reform and modernize the workplace safety law, which was created in 1979. Morin told

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## Weather



TODAY:  
A MIX OF SUN  
AND CLOUD

HIGH OF -8  
LOW OF -11



WEDNESDAY:  
CLOUDY

HIGH OF -7  
LOW OF -16



THURSDAY:  
60% CHANCE OF  
FLURRIES

HIGH OF -8  
LOW OF -8



FRIDAY:  
PERIODS OF  
SNOW

HIGH OF -3  
LOW OF -14



SATURDAY:  
60% CHANCE OF  
FLURRIES

HIGH OF -8  
LOW OF -15

# Snowfall



## DISHPAN HANDS

### SHEILA QUINN

The snow came down fast - big flakes, piling in slushy heaps along branches and streets, sliding down roofs and windshields. Although it changed a bit in texture over the weekend, it kept coming, and we all felt a little more Canadian and a little less like driving, a little more like piling it together, forming forts and snowmen, searching fridges for carrot noses and make-shift eyes, sacrificing scarves to wrap around snowy necks. Since too few of us have occasion to have top hats on hand, they often face the world hat-less, but sometimes with wide-stretched branchy arms offering the hugs we all want, but can't share these days. Snow folks in yards, on lawns.

There was something hopeful in it, in this snow.

Something 'Before World' in it, offering a reminder that there is still snow.

Our planet is clearly changing, the impacts revealing themselves with each season. Ducks remain crowded down ravines, on creeks and brooks, waddling down to open water and huddling back together, instead of heading to warmer climes (although they may have stayed in the past, it certainly is strange to see). Thinner ice on our lakes this year delaying many of the more enthusiastic ice fishers, discouraged from rambling out in pickups and other vehicles onto the surface

to practice their sport, shacks clustered and waiting on shorelines, hopeful for a cold snap that will thicken their frozen ground enough to start their season of properly.

We wait through our COVID confinement, attempting slices of normalcy, with the certain everyday - meals and laundry, pet care, making beds, and those of us out in the world of work continue to determine navigation around this strange minefield. Mindfield. Oh, our poor tired noggins. We craft virtual meetings, keeping up morale and creativity, crafting ways around, ways through, carrying along those in our care, attempting forms of productivity that keep things afloat.

And that is immeasurably important. This is holding the fort.

The fort right now is built on the extremities of a family's lawn, out of reach of the snowplough, for safety's sake, yet where access to the most copious amounts of snow is easier.

We are trying to build snow-forts in a changing climate, digging, mittens wet, but we are nice and warm in our snowsuits, and if we let ourselves go just a little, still following rules that keep us safe, our cheeks flush with warmth, we are able to not think for a little while, and just build, just pile, just craft solid walls and maybe some seats inside, once the walls are high enough.

Hope is easier to feel and detect when we can create some ritual, routine and predictability around ourselves. What we are learning is that we can learn new rituals, and even shed them and create new ones again, should they be outgrown.

This Sunday, as the snow fell hard and fast, with the intensity of a rainstorm, more slurry than flurry, a post appeared in local social media that brought it home again.

Spencer Beaulne, of Knowlton, reached out to his community, with energy, with determination, with an offering.

'Good morning!

Anders Koraen and I are passing through the Knowlton area, shovelling snowy walkways and steps for those who haven't had them cleared yet. For FREE! We will be shovelling for free for those who need it! We will try to do as many as possible, but we will probably reach a limit at one point. If you are interested in having us shovel, let us know your addresses (around the Knowlton area) so that we may come shovel. If you aren't in the Knowlton area, you can still let us know your address, we will try to reach you by the end of the day. Thank you!

He then repeated the message in French, within the same social media post.

And out into the slushy world they went, two post-secondary students, on a Sunday morning that was bright somehow in spite of the intensity of the snow, and they shovelled.

Things we didn't know prior to experiencing a global pandemic:

We can find hope in strange places. We can build forts while we worry about climate change.

The word innovation has a lot to do with adaptation to extreme situations, and often so-called innovations fail, but the more times we try, the more we lean towards successful results, or at the very least, ideas that finally satisfy at least some of our needs.

Things we did know prior to experiencing a global pandemic:

We will always be inspired when two friends decide, on a Sunday morning, to head out into the world, bundled up and shovels in hand to clear the snow from strangers' and neighbours' walks. Because that is how we clear the way in life, by determining a basic need that keeps us safe and coming together to make a path.

Bravo Spencer and Anders, for bringing together the past, present and future of hope, by lending your hands and your able bodies to a basic need.

You give us hope.

**Help us.**

1 800 361-9643  
www.leucan.qc.ca

**leucan**

Association for children with cancer

## Ben by Daniel Shelton

SOMETHING WRONG?  
GRANMA JUST CALT ME TRYING TO GET A COOKIE...

...AND SHE GAVE ME "THE STARE".

OOOOO! I KNOW IT WELL...

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# Local News

The modifications presented by Boulet include giving the CNESST liberty to hire an in-house medical professional if there is no resolution during a worker and employer injury or illness dispute.

## New tool to calculate deduction for telework expenses incurred during the pandemic

Record Staff

The Quebec government has made a new tool available to help citizens choose the most appropriate method to claim the deduction for telework expenses incurred during the COVID-19 pandemic.

“With this calculator, we want to simplify the lives of citizens who have found themselves teleworking so that they can ensure that they receive fair compensation for expenses incurred in this particular context.” Explained Eric Girard, minister of finance in a press release.

This tool will help determine which calculation method is the most advantageous between the new temporary flat rate method and the detailed method based on actual expenses.

The temporary fixed-rate method allows Quebecers who teleworked because of the health crisis caused by

the COVID-19 pandemic to claim \$2 for each day they teleworked, up to a maximum of \$400.

The calculation tool is available on the ministry of finance website at <http://www.budget.finances.gouv.qc.ca/budget/outils/teletravail>.

## Highway accident on Sunday claims the life of 10-year-old

Record Staff

The Sûreté du Québec (SQ) released a statement yesterday confirming that a child involved in a car accident Sunday afternoon on Highway 10 died yesterday morning from injuries sustained in the crash.

The child, who lives in the region, was a passenger in a vehicle that went off the road around 4:30 p.m. while traveling on Highway 10 in Sherbrooke.

The driver of the vehicle, a Magog resident in his 40s, could face criminal charges in connection with

the accident, the SQ press release said.

Drug-impaired driving is one of the hypotheses being considered as a factor contributing to the loss of control of the vehicle.

The SQ also pointed out that it is possible the child, who was ejected from the vehicle during the incident,

did not have their seatbelt properly fastened.

Investigations into this event are ongoing.

An investigation is still ongoing regarding the circumstances of the incident.

## Workers' rights advocacy group

CONT'D FROM PAGE 1

The Record that with work-from-home becoming more accepted due to the pandemic, and with a continued rise in automation, the law needs to change.

However, he said the current bill put forward by Labour Minister Jean Boulet isn't the answer. Boulet quietly tabled the bill in October, Morin said, and they are trying to pass it into law as quickly as possible; and without a proper consultation period.

It is a carbon copy of two previous bills, developed by the Quebec Liberal Party (QLP) in 2008 and 2017, meant to modernize the safety law and the Commission des normes, de l'équité, de la santé et de la sécurité du travail (CNESST), he continued.

“If this law is adopted as is, there is nothing more we can do for injured workers,” said Morin. “They will lose their contestation rights, employers

will be confused, or the CNESST will impose their will without being challenged.”

Boulet is holding a four-day virtual consultation period starting Tuesday morning. But Morin said it took some pestering for the government to add an extra day and include a workers' rights group representative. The consultation was meant to be three days long.

“Before the holiday break people were more preoccupied with whether they would be able to get to see their family [...] no one realized that normally it's supposed to be two weeks; it's also invitation only,” Morin said.

What upset the CTTAE coordinator is the fact that Boulet failed to make any new additions to the previously proposed bills from the QLP. Those bills were lambasted by politicians, media and Quebecers, he explained, but they didn't do anything change it.

The main problem, according to Morin, is the proposed modifications

to the workplace safety law gives the CNESST too much power. Alongside the Quebec government, they will essentially become judge and jury, he said, which puts workers in a tough situation.

The current workplace safety system is already bogged down in bureaucracy. Morin helps people navigate the complex documents required to receive workers compensation from the CNESST. He said workers can wait between six to 18 months before being seen by a tribunal.

“What the bill proposes today is complicated administrative procedures, rather than alleviating the system, they're making it heavier, we're making it more difficult to understand for the average citizen,” said Morin.

The modifications presented by Boulet include giving the CNESST liberty to hire an in-house medical professional if there is no resolution during a worker and employer injury

or illness dispute. The CNESST doctor will have the final word in the matter.

The bill is adding nine new cancers related to the workplace and it includes a psychological well-being section. However, Morin noted the psychological injury list is limited to post-traumatic stress disorder. It doesn't include anxiety or burnout, he said.

While Bill 59 is expanding the CNESST illness list, Morin added that the government is giving the workplace safety board the ability to change rules. Smokers, for example, will be heavily scrutinized, especially if they develop a lung-related illness at work.

“It's a catastrophic situation if we start refusing practically every illness based on a flawed criteria,” said Morin, adding that the CNESST will also be able to impose its decisions on certain files without being contested.

## Townships numbers lowest

CONT'D FROM PAGE 1

would be a good time for parents to remind themselves of the symptoms of COVID-19, particularly in light of the fact that there is very limited spread of colds and the flu this winter. He also pointed out that although a wait-and-see period of 24 hours is still recommended for children under six years of age, any school age children should go and get tested immediately.

Speaking to the local vaccination effort, Poirier said that despite the

delays brought about by the reduction to Pfizer vaccine orders over the coming weeks, all of the region's residents and employees in long-term care homes (CHSLDs) should be complete by this coming Thursday.

The province as a whole reported 1,634 new cases on Monday, despite the addition of nearly 200 cases that were supposed to be a part of Sunday's report. This brought the total number of people infected since the start of the pandemic to 244,348, 215,325 of whom are now considered to have recovered.

The data also reported 32 new deaths, for a total of 9,087. After several days in a row of decreases, the number of hospitalizations increased by 31 for a cumulative total of 1,491. Among these, the number of people in intensive care increased by 2, for a total of 217.

There were 6,845 doses of vaccine administered province-wide on Sunday, for a total of 153,539 so far. As of Sunday's numbers, the regional total for the Estrie was 7,629.

## CORRECTION

The article, “Helping the community one slice at a time,” that appeared on page five of Monday's Record referred to one of the two partners who operates the A Pizza restaurant as Micheal Phifault when his name is actually Michael Thifault. The Record regrets this error.

# Not much else to think about



DIAN COHEN

their time: 34 per cent of Canadians spent more on their home and mobile Internet connections, and 44 per cent of Canadians spent more online on computers, laptops, tablets and accessories. About 12 per cent of the population – 4.6 million Canadians – worked from home in November 2020. This was an increase of approximately 250,000 from October and included 2.5 million who don't usually work from home. But risks and opportunities are unevenly distributed, says Arora. Workers at the bottom of the earnings distribution may be more vulnerable to job automation and have less opportunity for telework.

Another highlight for Arora – International migration. Ordinarily, most of our population growth comes from immigration. Now we know that COVID has made many Canadians reluctant to have more children. Arora says that last year Canada's immigration reached record levels but growth in 2020 has come to a grinding halt. International border restrictions that reduced immigration levels and the entry of temporary workers and students – combined with both a declining fertility rate and a heightened mortality rate due to COVID-19 – has led to record-low population growth.

Of course, there are lots of stats that we don't even have to look at because we can guess the new data. Investment in office buildings, hotels and restaurants for example, is down as lockdowns and working from home continues across many parts of the country. Food sales are up a lot – not many restaurants to go. Employment in the natural resources sector rose 2.5 per cent and job recovery was highest in the forestry subsector because of increased demand stemming from the housing subsector.

Exports of gold, silver and platinum and their alloys are up over 25 per cent, no doubt related to banks and others wanting more bullion. Exports



COURTESY

of aluminum products are down by half, related to the fact that the US put tariffs on them. And travel services exports remain low, at less than one-third of the value recorded in February 2020 – makes sense considering the border has been closed for close to a year.

The Bank of Canada will tell us this week what they intend to do with interest rates. But Governor Tiff Macklem has already told us: interest rates are down to their lowest levels ever and that's where they're going to stay.

And one more first for the pandemic: an extraordinary demand for data. Thanks to StatCan's web-panel and crowdsourcing initiatives,

Canadians have been able to share how COVID-19 is affecting their mental health, finances, domestic situation, and even their ability to finish school. StatCan has created new tools, like the Canadian Economic Dashboard and COVID-19 and the Canadian Statistical Geospatial Explorer. The 2021 Census of Population questionnaire has been released – it will better reflect Canada's evolving demographics and capture the sheer scale of the impact of the COVID-19 pandemic on Canadians.

Dian Cohen is an economist and a founding organizer of the Massawippi Valley Health Centre. Cohendian560@gmail.com.

## Coroner to probe death of homeless man found in Montreal portable toilet

By Sidhartha Banerjee  
The Canadian Press

The Quebec coroner is investigating the death of a man whose body was found inside a portable toilet early Sunday morning close to a Montreal homeless shelter he frequented.

On Monday, a spokesman for the coroner identified the man as Raphael Andre, 51, and said the investigation will establish his cause of death and the circumstances surrounding it.

Montreal homeless shelter The Open Door said in a Facebook post that Andre, identified by the nickname "Napa", was a regular and was often the last person to leave the facility.

The Open Door had been operating 24 hours a day, but a COVID-19

outbreak in mid-December and a plumbing issue forced it to suspend its overnight service and to close at 9:30 p.m.

Because of the provincewide curfew that is in effect between 8 p.m. and 5 a.m., people who are not in overnight shelters risk confrontations with police if they are found outside. The Open Door said in its Facebook post that had it been allowed to stay open overnight and operate its warming centre, Andre would not have been left outdoors in the cold.

"When people are in a safe place with support workers watching over them, help can be called when someone is in distress," the shelter wrote. "Instead, he tragically passed away in a port-able toilet. This needs to change." A spokesperson for the

shelter did not return calls seeking comment on Monday.

Montreal's public health department said in a statement Monday that it issued a recommendation on Jan. 12 supporting the reopening of The Open Door's warming station. A Montreal health board that oversees the area said the shelter can reopen for overnight service once conditions are met.

"Following an evaluation of the situation, a list of 13 recommendations were submitted to Open Door's management and board of directors to prevent future outbreaks and to protect the clientele and shelter staff," the board said in a statement Monday, adding that it was still waiting for the measures to be implemented.

The city's homeless community

has been dealing with numerous outbreaks fuelled by a high rate of community transmission. A plan by local health officials to vaccinate the homeless began on Friday.

Montreal Mayor Valerie Plante offered her condolences regarding the death of Andre and said the city and public health authorities are working to ensure The Open Door's warming station is able to reopen as soon as possible and in compliance with sanitary measures.

"Each death in these circumstances is one death too many," Plante said. "This tragic event re-affirms the urgency of providing vulnerable people with resources adapted to the various needs which have been exacerbated by the health crisis."

# Federal government provides financial aid for sex trafficking victims

Record Staff

and 30 years old in Lévis, Rive-Sud and Quebec. The Department of Justice is giving \$340,447 in financial support.

"Victims of sex trafficking and sexual exploitation need our support, especially young women who are particularly vulnerable," said Justice Minister David Lametti.

Canadians deserve to live in a society that follows a fair and impartial criminal justice system, a press release stated. The funds will

help the non-profit to provide "safe and secure accommodation and psychosocial supports."

Anne-Marie Roy, director general of Alliance-Jeunesse Chutes-de-la-Chaudière, said that with strip clubs and massage parlours closed due to COVID-19, many women needed to move into escort services, which inherently puts their physical and sexual health more at risk.

"Those who work in the sex

industry, willingly or not, need psychosocial support now more than ever," said Roy.

Maison Marie Frédéric Director General Sylvain Gervais was pleased to see the government taking a stand to help young adults trying to "escape the prostitution scene." The financial aid will create more options for safe accommodations, Gervais concluded.

## A fresh space for youth rehabilitation

By Gordon Lambie

through challenges like attachment difficulties, aggressive behaviors and post-traumatic stress disorder to be able to reintegrate into regular life.

Joscelyn Lefebvre, Head of rehabilitation services for the Arc-en-ciel and Rivage units for younger children that will operate out of the newly renovated space said that the centre is staffed by educators and psychoeducators who work to create a safe space as children come and go.

"We try to be forward thinking and organized," Lefebvre said, explaining that a clear and straightforward routine is a big part of the process when working with children who have often experienced a disorienting amount of change in their short lives. "The child knows what tomorrow is going to look like, what is going to happen, and that is very reassuring."

While the work done on the Marion Pavillon included many structural components in an aging facility, Lefebvre also pointed out touches aimed at making the living space fresh and enjoyable for those who have to come live there. The building includes a large gathering space that will be a flexible lounge, play room, dining hall and social space as well as a series of single rooms, newly refurbished bathrooms, a basement gymnasium, a



PHOTOS BY GORDON LAMBIE

Joscelyn Lefebvre, Head of rehabilitation services for the Arc-en-ciel and Rivage units, Audrey Bergeron, project leader for the renovations, and Kim Houle, coordinator of Housing and rehabilitation with the youth centre administration.

private phone-booth, and several spaces for children in crisis to step away from the group if needed.

"We want to offer anything that can help," the Head of rehabilitation services said, underlining the fact that the renovations have created a space much better suited to the needs of

those who come to the centre.

The work to renovate the space was carried out by the CIUSSS de l'Estrie - CHUS at a cost of \$2.4 million, and is a part of a larger-scale project to renovate three of the Val-du-Lac centre's pavilions that began in 2019.

## Virtual climate action forum takes place next week

Record Staff

29, will shed light and discuss options to combat environmental issues. The event will bring together more than 500 "decision-makers and specialists," according to a press release.

The national forum, organized by the Regroupement national des conseils régionaux de l'environnement du Québec (RNCREQ), aims to stir

up concrete project ideas to tackle greenhouse gas emissions and build towards a green economy.

The Quebec government recently announced its Plan pour une économie verte 2030 (PEV 2030). Forum speakers will present financial, legal and other solutions to help people achieve Quebec's climate goals.

"Themes such as mobility, sustainable agriculture and the development of a green economy are arousing great interest and are now part of the reflection and planning activities of decision-makers," said CREE Executive Director Jacinthe Caron.

The Conseil régional de l'environnement de l'Estrie (CREE) and 15 other member associations are sending out a call to action against climate change.

The first National Forum on Climate Action, a virtual event from Jan. 25 to

## Local artists to hold stationary cyclothon

Record Staff

Quebec City next weekend by setting up a stationary bicycle in the window of the Madame Pickwick art store in Sherbrooke and pedaling 230 km.

The symbolic journey is meant to represent the group's presentation of the "Être artiste, tout un contrat" manifesto and petition that the group has been circulating for the last several weeks in the community to the pro-

vincial government for consideration. Recognizing that interregional travel is not recommended at this time and that the petition, which has now collected over 1,500 names, could not be presented in person anyway, the ART group has decided to engage in a journey of performance instead.

The population is invited to come out and show their support for the ad-

vocates of the arts and artists between 9 a.m. and 5 p.m. on January 24 and 25. The petition, hosted on online platform Change.org, will remain open to signatures for another two weeks.

Among the issues raised in the ART documents are the difficulties artists face making a living off their work due to legislative, societal, and technological hurdles in the modern day world.

# EDITORIAL

As the old saying goes, the rich are getting richer while the poor are getting poorer. Those at the top are also responsible for a massively disproportionate share of global consumption and greenhouse gas emissions.

## SCIENCE MATTERS

# U.S. crisis shows need to speak truth to power

By David Suzuki

As was demonstrated in the U.S. last week, many who are motivated by fear and ignorance are feeling emboldened – and desperate. It's not just in the United States. Irrational, authoritarian, anti-science rhetoric and action has been heating up from Brazil to India to Hungary, and is fully entrenched in places like Russia and China.

With the growing realization that current economic and power structures are at best threatening our health and well-being and at worst the very survival of humanity, many people are calling for rapid change. Those who benefit from today's systems, or who have been convinced they do even as their own economic conditions worsen, are pushing back, fearful of losing their real or imagined privilege.

There was a time when the changes needed to avoid the worst of global heating, biodiversity loss and even increasing disease outbreaks could have been gradual, with minimal societal disruption. When, more than 30 years ago, NASA scientist James Hansen warned the U.S. Senate about climate disruption, shortly before I hosted a CBC radio special about it, there was still time for a smoother "transition."

For the most part, those warnings weren't heeded, but people in politics and industry continue to say we can't change overnight and must ease away from fossil fuels and destructive industrial and agricultural practices that degrade and destroy the natural systems on which our health and survival depend.

The COVID-19 pandemic has hit the world hard, but it's also showing we can and must change our ways quickly if we want live well on this small blue planet.

Going back to "normal" means increasing consumerism, car culture,

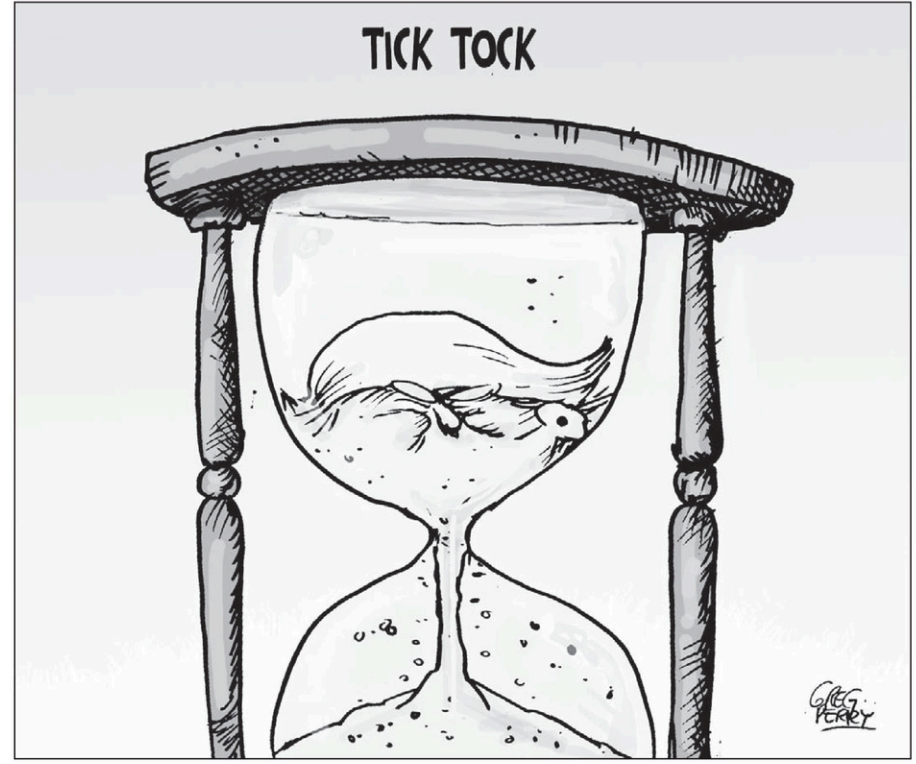
industrialization and destruction for the sake of a relatively recent economic system developed to shift the wartime economy to one based on consumption, with little understanding of or regard for the consequences.

Consumerism provides a false sense of purpose and meaning. It doesn't bring happiness or well-being. Its benefits increasingly accrue to those who perpetuate the system to enrich themselves, while those who have been convinced to grasp for crumbs fall further behind. During the pandemic alone, the world's 500 richest people grew their wealth by almost US\$2 trillion, while so many others suffered. The world's wealthiest one per cent now owns half the global wealth.

In perpetuating false notions about the need to continually consume more to keep the economy going, to keep GDP rising, those in power have engendered a failure to remember what really brings meaning and happiness to our lives: community, connections to each other and the wider world, appreciation of nature. Of course, we need economic systems to coordinate labour, production and distribution for the basic necessities of food, water, shelter and clothing. But our current systems are failing even in that regard.

As the old saying goes, the rich are getting richer while the poor are getting poorer. Those at the top are also responsible for a massively disproportionate share of global consumption and greenhouse gas emissions. That richest one per cent? They account for more than double the global emissions of the poorest 50 per cent!

The embracing of authoritarianism, of anti-science and anti-democratic beliefs, especially among those who stand to be hurt most by it—as illustrated by the people whose pathetic attempts to overthrow the U.S. government last week failed miserably but nonetheless



led to at least five deaths and a crisis in American democracy – shows the importance of standing up for what is right and just.

It's no longer good enough to wring our hands and fret about the multiple crises we face. We must become informed, speak out, vote, hold our politicians to account, join forces. We must demonstrate the power of compassion and love, of hope and courage, over the forces that are trying to keep us on a suicidal road that benefits a minority at the expense not just of most of humanity, but of all the living beings that share this fragile planet.

We have to recognize that we are interconnected with each other, with nature, even with the rocks and waters that form our home. Those of us who care outnumber the shortsighted, profit-driven and careless, and those who heed them out of fear and ignorance. We must make ourselves heard.

David Suzuki is a scientist, broadcaster, author and co-founder of the David Suzuki Foundation. Written with contributions from David Suzuki Foundation Senior Writer and Editor Ian Hanington.

Learn more at [davidsuzuki.org](http://davidsuzuki.org).

## Letters

The Minions who marched on the Capitol were indoctrinated, armed and ready to do much more.

What happened? When it was time to carry out the inhuman acts required of them, they could not.

This is where the indwelling Holy Spirit over-rode the evil doctrine that was driving them.

It is a miracle that the massacre did not actually happen!

It was not prevented by security forces. This was something much more powerful.

The 'Better Angels' stand on guard. Forces of evil will not prevail.

ERIC LANCASTER  
SHERBROOKE

The Record welcomes your letters to the editor. Please limit your letters to 300 words. We reserve the right to edit for length, clarity, legality and taste. Please ensure there is a phone number or email where you can be reached, to confirm authorship and current town/city of residence. Names will not be withheld but the address and phone number of the writer are not published, except by request. Please email your letters to [newsroom@sherbrookerecord.com](mailto:newsroom@sherbrookerecord.com). Preference is given to writers from the Eastern Townships.

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# ACCELERATED TRAINING PROGRAM FOR CAREGIVERS



The CHSLD Wales Inc. is proud to offer **ten \$9,210.00 bursaries** for students interested in joining the accelerated Caregiving program. The **three-month course** is offered as of mid-February in French in Coaticook, Granby, Magog, and Sherbrooke and in English in Lennoxville.

In addition to the bursary, you will be guaranteed long-term employment at the CHSLD Wales Inc. To meet the scholarship conditions, you must make a commitment to work full-time as a caregiver at the Wales for at least one year following the course's completion.

Interviews are now open!  
Please contact us for more information.

**Sydney Grainger**

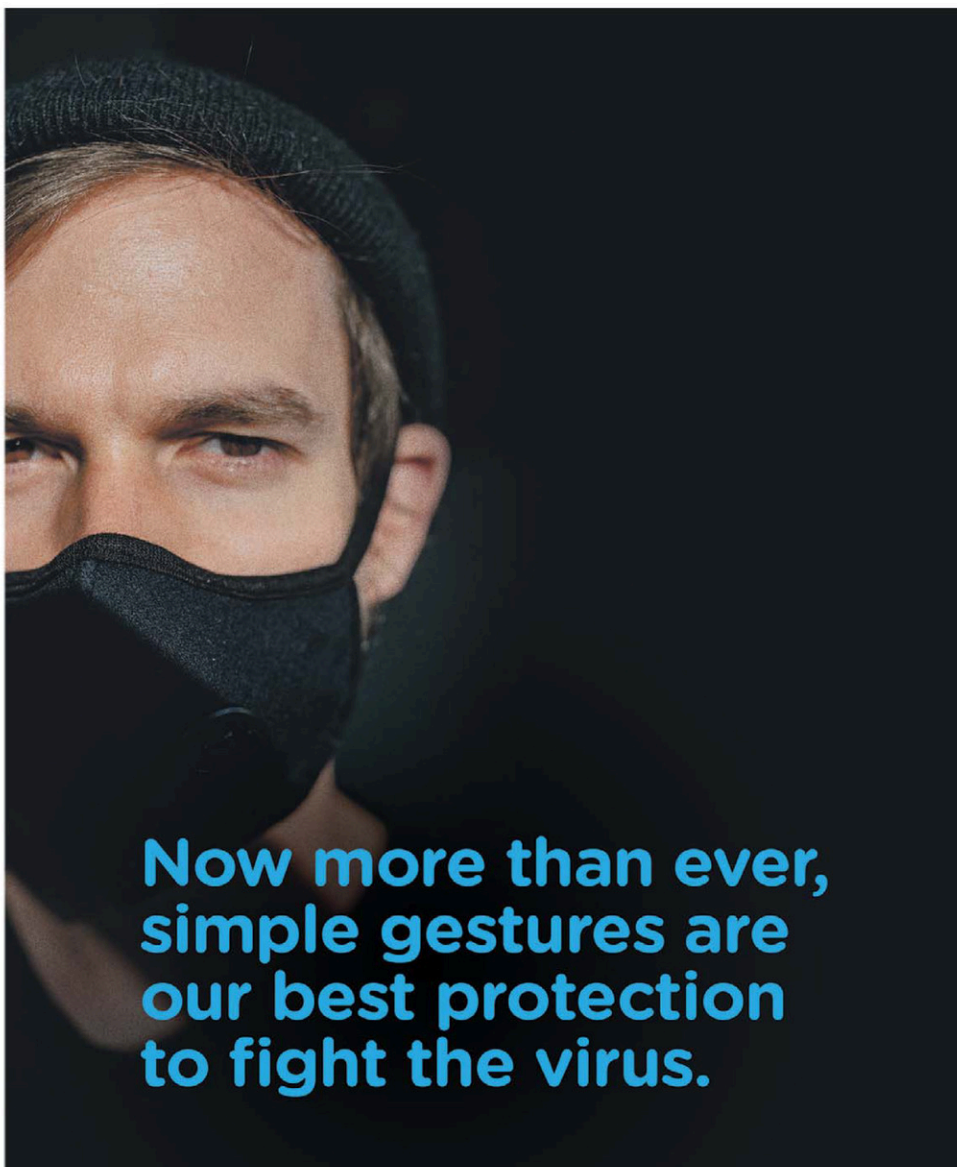
Human Resources Officer – Hiring Manager

**Telephone:**

819-826-3266 extension 223

**Email:**

[sgrainger@waleshome.ca](mailto:sgrainger@waleshome.ca)






**Now more than ever, simple gestures are our best protection to fight the virus.**


- \* Maintain physical distancing
- \* Wear a mask
- \* Wash your hands regularly
- \* Avoid travel to other regions and non-essential trips
- \* Get tested promptly if you have symptoms
- \* Follow self-isolation guidelines

Let's continue to protect ourselves properly.

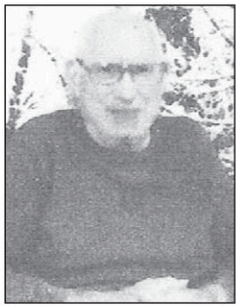
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## Death



**Lawrence  
(Larry)  
Knapp**  
March 26,  
1927-January  
13, 2021

It is with great sadness that we announce the passing of Lawrence Knapp on Jan. 13, 2021, in his 94th year.

He is the son of the late Vernon and Edith Knapp. He is predeceased by his loving wife Shirley and the siblings, Beverley, Roland, Graydon, Rita and Winston.

He is survived by children Harold and Sandra (Patrick) and grandchildren Brian (Erin) and Megan (Patrick) and great-grandchildren Kayleen and Logan.

He also leaves to mourn siblings Violet, Arlene (Larry), Betty, Gloria (Chic), Linda, and Roger.

A private family service will be held at the Yves Légaré Complexe Funéraire at 123 Maple St., Chateauguay, Qc.

In lieu of flowers, please make donations to the Saint James Cemetery in Hatley, Qc.



## Datebook

TUESDAY, JANUARY 19, 2021

Today is the 19th day of 2021 and the 30th day of winter.

**TODAY'S HISTORY:** In 1915, two German zeppelins dropped bombs on the towns of Great Yarmouth and King's Lynn in England.

In 1966, Indira Gandhi was elected as India's first woman prime minister.

In 1977, snow fell in Miami for the only time in recorded history.

In 2006, NASA launched the New Horizons space probe to study the dwarf planet Pluto.

**TODAY'S BIRTHDAYS:** Edgar Allan Poe (1809-1849), author/poet; Paul Cezanne (1839-1906), artist; Jean Stapleton (1923-2013), actress; Tippi Hedren (1930- ), actress; Janis Joplin (1943-1970), singer-songwriter; Dolly Parton (1946- ), singer-songwriter; Paula Deen (1947- ), chef/author; Robert Palmer (1949-2003), singer-songwriter; Katey Sagal (1954- ), actress; Thomas Kinkade (1958-2012), painter; Junior Seau (1969-2012), football player; Drea de Matteo (1972- ), actress; Frank Caliendo (1974- ), comedian; Logan Lerman (1992- ), actor.



**TODAY'S FACT:** Dolly Parton holds two Guinness World Records: most decades with a top-20 hit on the U.S. Hot Country Songs chart (six) and most hits on the U.S. Hot Country songs chart by a female artist (107).

**TODAY'S SPORTS:** In 1903, the French sports newspaper L'Auto announced the creation of a new long-distance bicycle race called the Tour de France that would begin in May of that year.

**TODAY'S QUOTE:** "Beauty of whatever kind, in its supreme development, invariably excites the sensitive soul to tears." - Edgar Allan Poe, "The Philosophy of Composition"

**TODAY'S NUMBER:** 71.7 - percentage of U.S. households that tuned in to watch "Lucy Goes to the Hospital," the episode of "I Love Lucy" in which the titular character gave birth. Star Lucille Ball actually gave birth to her son, Desi Arnaz Jr., on the same day the episode aired, on this day in 1953.

**TODAY'S MOON:** Between new moon (Jan. 12) and first quarter moon (Jan 20).

## Do Just One Thing



By Danny Seo

Cats are carnivores, which means they need a diet of animal-based protein to thrive. So you might think giving them a little water-packed tuna is a treat that's good for them, too, right? Think again. Tuna can have trace amounts of mercury in it, and giving a cat a consistent diet of tuna can lead to mercury poisoning. Also, unlike cartoons that show cats lapping up milk, the reality is most cats are also lactose-intolerant. So skip dairy products for your frisky feline, too.

## Age spots are result of too much sun exposure

ASK THE DOCTORS by Eve Glazier, M.D., and Elizabeth Ko, M.D.

Dear Doctor: I'm a 60-year-old woman with naturally fair skin. I've worked outdoors all of my life - and now I have the age spots on my face to prove it. Why do they happen? Are there any creams from the drugstore that might help to fade them?

Dear Reader: Age spots are the darkened areas of skin that develop on parts of the body that have been regularly exposed to sunlight. They often appear on the shoulders, backs of the hands, arms, back and face. People who are balding and don't regularly wear head coverings while outside may develop them on their scalps.

Age spots often look like freckles of varying sizes, and they range in color from light tan to dark brown. While it's true that age spots, which are sometimes referred to as sun spots or liver spots, become more common as we get older, they can appear on any

skin that has had chronic overexposure to sunlight.

When you develop age spots, it's your skin's way of letting you know you've gotten too much sun. They form in response to UV light, which accelerates pigment production. Unlike cancerous and pre-cancerous growths, which they can resemble, age spots don't require medical treatment. However, for cosmetic reasons, many people prefer that they be removed, or at least lightened.

Treatments vary. Fade creams and lotions typically use hydroquinone, glycolic acid or kojic acid. Nonprescription versions of these products are available at your local drugstore. More powerful fade creams, with higher concentrations of the active ingredients, are available by prescription. While they tend to lighten the spots, they may not completely remove them. Plus, you have to be patient. It can take weeks, or even a few months, of consistent

use to see an improvement. Even when using nonprescription fade creams, it's a good idea to get guidance from your health care provider, since the active agents can cause side effects.

For more complete results, there's laser therapy, which targets and destroys specific pigments. Cryotherapy, which involves freezing the skin, and acid peels, to exfoliate the skin, are also sometimes used. Each of these can cause side effects, such as pain, excessive dryness, blistering, redness and swelling.

Whichever approach you take, it's crucial to also stop exposing your skin to sunlight. Use a full-spectrum sunscreen, stay in the shade and cover your skin. That means wearing long sleeves, long pants, hats, scarves or gloves as needed. Some of our patients have invested in SPF clothing, which they find quite helpful. Others use an umbrella to block the sun while outdoors.

Unless you take steps to minimize

sun exposure, age spots will return, and new ones may form. It's also important to note that some cancerous and pre-cancerous growths can start out looking like age spots. We recommend that all adults regularly monitor the moles, marks and birthmarks on their skin for changes in size, color, shape and texture. This should be in addition to an annual skin cancer screening by a health care professional, which is a visual exam that is often covered by insurance.

Eve Glazier, M.D., MBA, is an internist and associate professor of medicine at UCLA Health. Elizabeth Ko, M.D., is an internist and assistant professor of medicine at UCLA Health.

Send your questions to [askthedoctors@mednet.ucla.edu](mailto:askthedoctors@mednet.ucla.edu), or write: Ask the Doctors, c/o UCLA Health Sciences Media Relations, 10880 Wilshire Blvd., Suite 1450, Los Angeles, CA, 90024.

## RATES and DEADLINES: ANNOUNCEMENTS &amp; NOTICES

BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMs, BRIEFLETS:

Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)

Discounts: 2 insertions or more: 15% off

With photo: additional \$18.50. DEADLINE: 11 a.m., day before publication.

BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:

Text only: \$16.00 (includes taxes)

With photo: \$26.00 (\$29.90 taxes included) DEADLINE: 3 days before publication.

WEDDING WRITE-UPS:

\$26.00 (\$29.90 taxes included) WITH PHOTO: \$36.00 (\$41.40 taxes included)

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**DEADLINES FOR DEATH NOTICES:**

For Monday's paper, email [production@sherbrookerecord.com](mailto:production@sherbrookerecord.com) or call 819-569-4856 between 1 p.m. and 5 p.m. Sunday. For Tuesday, Wednesday, Thursday or Friday's edition, email [production@sherbrookerecord.com](mailto:production@sherbrookerecord.com), call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called. Rates: Please call for costs.

# TOWNSHIPS' CRIER

ONLINE

Video Conference: Managing Risk and Uncertainty in Life. January 20, 10 a.m. to 11:30 am. Online through zoom; phone-in option available. To register, contact: Lisa Payne (lpayne@townshippers.org) or Vanessa Asselin (va@townshippers.org). Sponsored by Townshippers' Association.

## A drink to soothe your stomach

Smoothies are often associated with breakfast, but they actually can be enjoyed all day long.

Smoothies have been around since the 1920s, when the first blender was invented by Stephen Poplawski. In 1939, the Waring blender company designed a pamphlet that came with the appliance that included fruit-based drinks.

Smoothies can include a variety of ingredients and serve various purposes. This recipe for a "Ginger Papaya Smoothie" from "Super Smoothies" (Crestline) by Ellen Brown employs ginger, which can help overcome

nausea and other stomach issues.

### Ginger Papaya Smoothie

Yields 4 1-cup servings

1 cup chilled papaya nectar

1 container (8 ounces) peach low-fat yogurt

1/2 cup silken tofu

1/4 cup whey protein powder

3 tablespoons crystallized ginger

2 cups papaya cubes, frozen

4 papaya spears for garnish (optional)

Combine papaya nectar, yogurt, tofu, whey protein powder, and crystallized ginger in a blender or smoothie maker. Blend on high speed for 45 seconds or

until mixture is puréed and smooth. Add papaya cubes and blend on high speed again until mixture is smooth. Serve immediately garnished with papaya spears, if desired.

**Tip:** Crystallized ginger is fresh ginger that has been cooked in sugar syrup to render it both sweet and tender. It is usually then coated with sugar to prevent the slices from sticking together. To find crystallized ginger, look in the baking section of your supermarket rather than the produce aisle.

(Metro Creative)

## Eroded Trust

### Dear Annie

TUESDAY, JANUARY 19, 2021

**Dear Annie:** My fiance and I want to go back to the way we were, but it is more of a struggle for me than for him. We are planning to get an apartment together, but it is hard for me to be around him without getting upset. I have been going through a lot lately, and finding out that my fiance was lying to me was one of the worst things that has happened. At first, it was something minor, and I just chose to keep my mouth shut, but the next morning he was on his phone, and I saw pictures of naked women that he tried to hide fast. I tried to get the truth out of him, but he lied.

We went to the lake to talk about it, and it just kept escalating. He's been doing it for seven months. I found out and was actually contacting someone to get these pictures. This is cheating, isn't it? He also had multiple accounts for stuff like that which he had to pay for. He promised not to do it again, but I struggle to believe it when he continues to lie to me about different things. I want to move on and be happy with him, but when something similar comes up, I break down. What should I do? – Confused and Lost.

**Dear Confused and Lost:** Of course, you break down when something similar happens. It is unacceptable for your fiance to lie to you and have other women send him naked pictures. Fool me once, shame on you; fool me twice, shame on me. The best way to move on and be happy with him is to go to counseling together. You can't build a successful marriage if there is a lack of trust. Stay firm with your boundaries in the relationship. Until that's settled, don't marry the bum. Best of luck to you both.

**Dear Annie:** Many people are not aware that the strings of surgical masks should be cut before being thrown away to prevent animals from getting entangled in the masks. Alternately, reusable masks help cut down on COVID-19 waste that pollutes waterways and oceans. Please cut the strings on your mask. – Reduce COVID Waste

**Dear Reduce COVID Waste:** Thank you for this unusual but – now that we think about it – obvious tip.

**Dear Annie:** If you can, then please refer the woman who wrote about her 15-year-old daughter steadily gaining weight to a podcast called "Half Size Me" and the host, Heather Robertson. She also has an excellent podcast called "Healthy Parents, Healthy Families," and the information therein could prevent the diet/binge cycle many of us have struggled with since our teenage years. Heather has an amazing perspective on this specific topic of having extra weight as a teenager. My general overview is that her work shares with listeners how to maintain and stop gaining weight without restricting calories and continuing the diet/binge cycle. – Stephanie

**Dear Stephanie:** Thank you for your recommendation. Especially as we are bombarded with information and sales tactics to "lose weight

fast" and "burn holiday calories," it's important to block out the negative and harmful ads and instead find a supportive health and wellness program that works for us as individuals.

**Dear Annie:** I have a beautiful daughter in her mid-20s. She is attractive, bright, friendly and hardworking. She has so much going for her. She does have a peculiar bad habit: She picks her nose in public. It's not just a quick pick when no one is looking. This is a thorough deep cleaning without a tissue.

I have tried to talk to her about this, but her response is: "People need to accept me for who I am. If they don't like me because I pick my nose, I don't need them as friends." I can't help but think that her behavior is more than just a bad habit. I think there is a deep-rooted problem that drives her to do this. I think she uses it as a test to see whether people accept her and, perhaps, to drive some people away.

I have discussed this with other members of our family and her friends. They all say about the same thing: "If she wants to pick her nose, let her pick her nose." I love her and want to see her succeed in life. I think her habit is holding her back socially, and it may affect her in her future career. I can't help but think that this a form of personal sabotage.

I don't know how to continue bringing up the subject and find the right words to encourage her to take a good look at her habit and understand why she is doing this. I hope you have some ideas for me. – Dad Who Cares

**Dear Dad Who Cares:** Ick. On the one hand, the friends and family members are right. You can't force someone to give up a bad habit, no matter how gross or self-destructive the habit might be. On the other hand, I can't blame you for trying. If the social damage doesn't deter her, fine, but she should consider the damage to her health. According to New York University otolaryngologist Erich Voigt, picking your nose introduces germs while also "causing little abrasions," and the blood from the abrasions then provides food for the germs. That means your daughter's nose could be home to dangerous bacteria. As I said earlier, ick. I hope she is moved to kick this nasty habit, pronto.

**Dear Annie:** I was watching the TV show about Queen Victoria when I read the letter from Paul in Sonora, who asked why American women are obsessed with British royals. It's simple, really. In a monarchy, women have real power. American politics are all about men and their submissive little wifeypoos (and the side dishes whom the wifeys know all about but pretend not to). It's refreshing to see a system that cannot continue without the contribution of strong women. There's also the continuity. Even if a president's family members are likable, they are gone in eight years. Whatever else changes in Britain, the royal family is always there. – Jane in Virginia

**Dear Jane:** Thank you for the insights into royal fever. I hadn't considered these causes, but I think you're onto something.

**Dear Annie:** I recently had to go to a big-box store to purchase something that I couldn't get online. The checkout lines on the grocery side of the store were six people deep, but if you looked beyond, to the other side of the store, there were no lines. I've been trying to teach family and friends this lesson – to look beyond themselves – for some time.

Every Christmas, I get invited to a gathering so I won't have to be alone. While I try to converse with guests, since I don't have kids or grandkids to talk about, I wind up alone at the party anyway. No one wants to talk about books or world events.

Counselors tell me to volunteer or get involved in groups. When I moved back to the town I grew up in and tried to get involved, I was told, "You're not from here; that's not how we do things." After 25 years, I am still not welcome. Their social groups were formed long ago, and new members are not welcome. They can't see beyond.

Everyone has been writing gratitude journals all year – things they are thankful for, such as children, grandchildren, work and health. It's hard to listen to what they are thankful for, as I have health issues, which makes it hard for me to get out, and I am alone most of the time. They are so focused on things they are going through or thankful for that they don't see beyond. They don't see what others go through every day. Look beyond your world. What are others going through?

There is a second part of gratitude, which is to show gratitude to others. For 2021, thank others. Get away from social media, and make this the year you send that handwritten note or phone call to thank someone, even if it is for something that person helped you with years ago. Don't include statements about you. Make it only about the other person's act of kindness. If needed, rewrite it so that only a positive statement is left.

Look beyond the closest checkout line. Look beyond yourself. Others will appreciate it.

Finally, Annie, I want to thank you for including the words "I am sorry for what you are going through" in a lot of your responses. Being able to express that is a genuine trait few possess. – Wishing for True Friends

**Dear Wishing for True Friends:** You make a good point about "looking beyond," but please, don't be so hard on yourself or others. Seeing counselors helps enormously. Try not to take it all so seriously. Make a special effort to reach out and offer friendship to new people. You might find, similar to your observation at the big-box store, a faster lane to health and happiness.

*"Ask Me Anything: A Year of Advice From Dear Annie" is out now! Annie Lane's debut book – featuring favorite columns on love, friendship, family and etiquette – is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information.*

Send your questions for Annie Lane to [dearannie@creators.com](mailto:dearannie@creators.com).

### CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"JRN ZKRP, VACKM X LAEL TCBRL  
 CEK'L XBPXJE LGA GAXBLGCAEL  
 VNECKAEE CK LGA PRFBH."  
 — XB XK EGATXFH

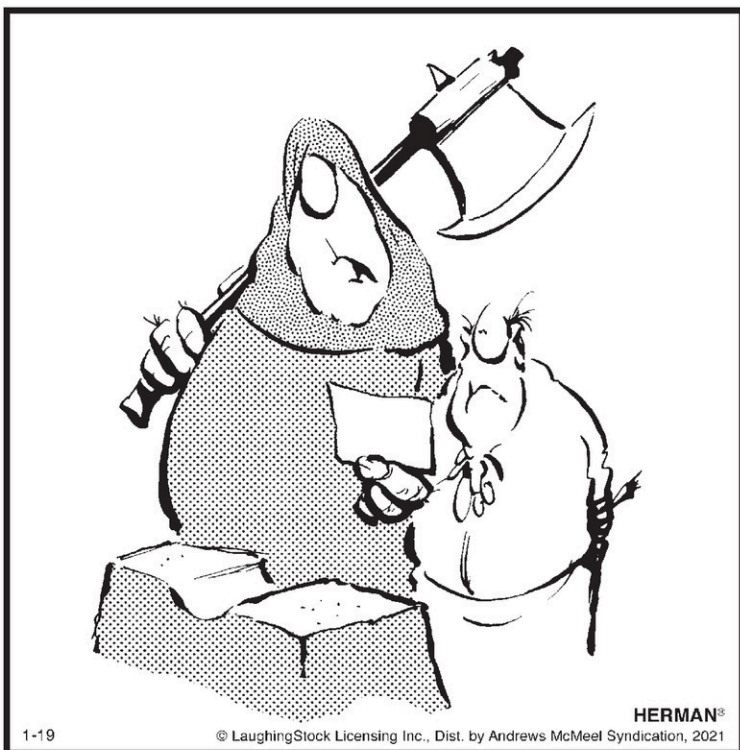
Previous Solution: "Martin Luther King asked for nothing but that which was his due ... equality, and it is that which we denied him." — Rod Serling

TODAY'S CLUE: s i e n b e z

#### REALITY CHECK

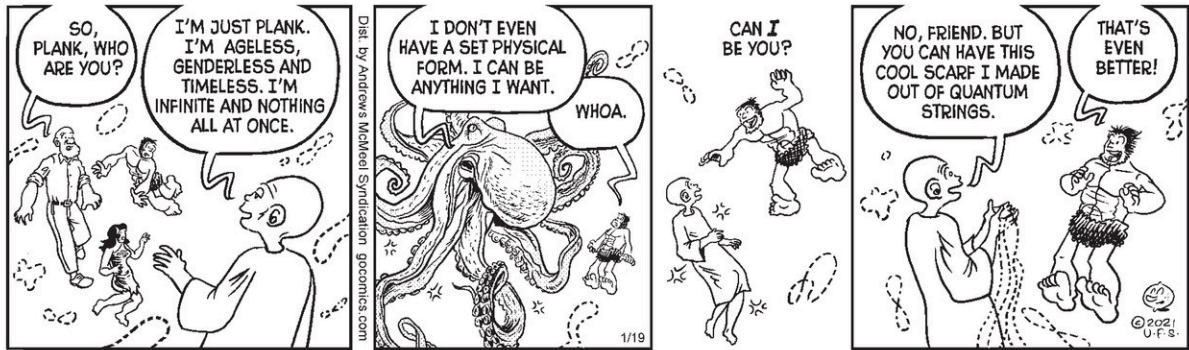


#### HERMAN



"I didn't bring my glasses. Does that say you've been pardoned?"

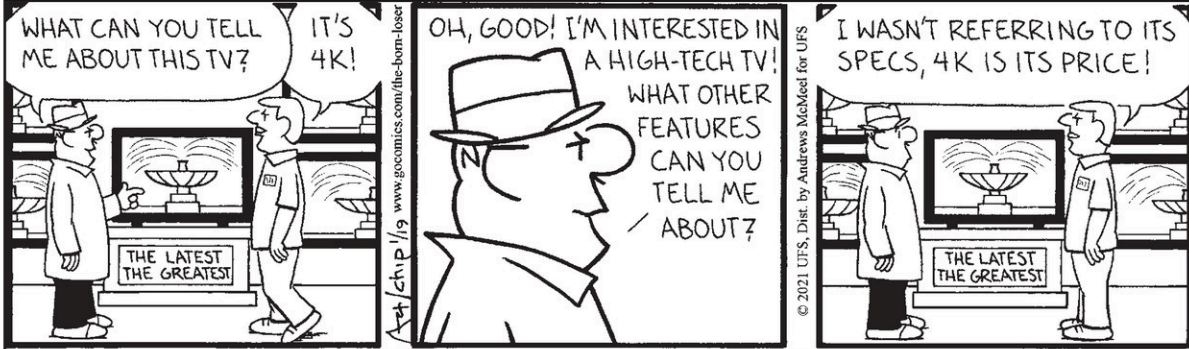
#### ALLEY OOP



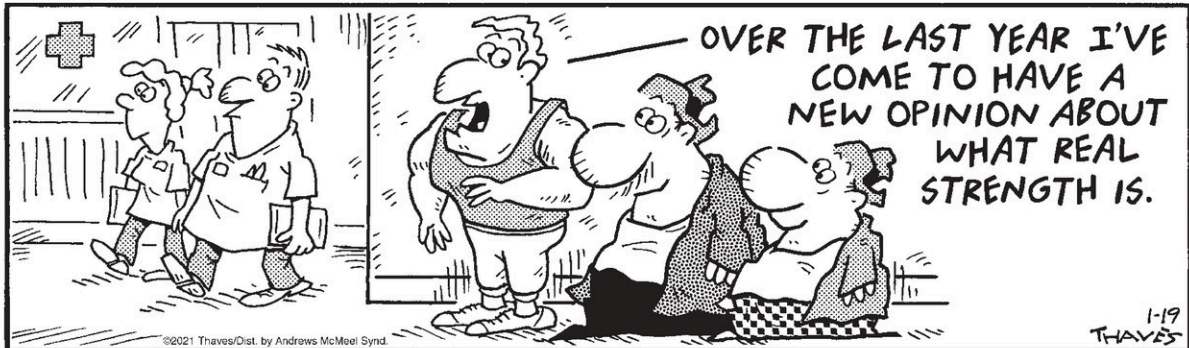
#### ARLO & JANIS



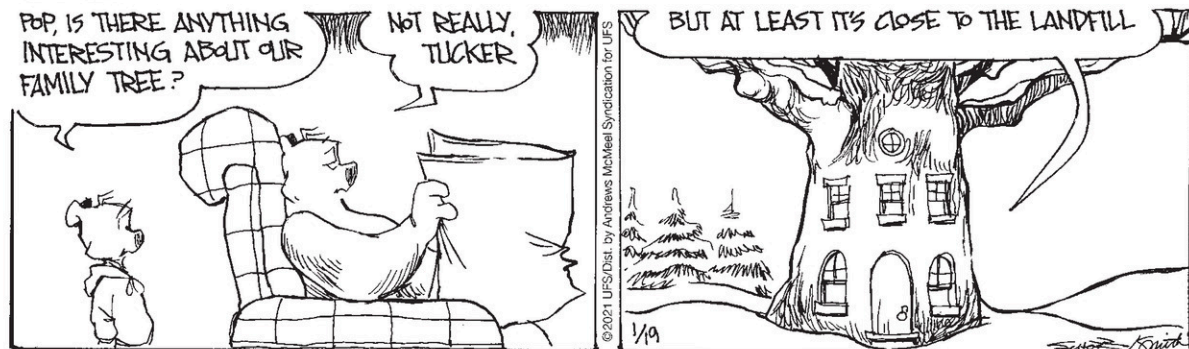
#### THE BORN LOSER



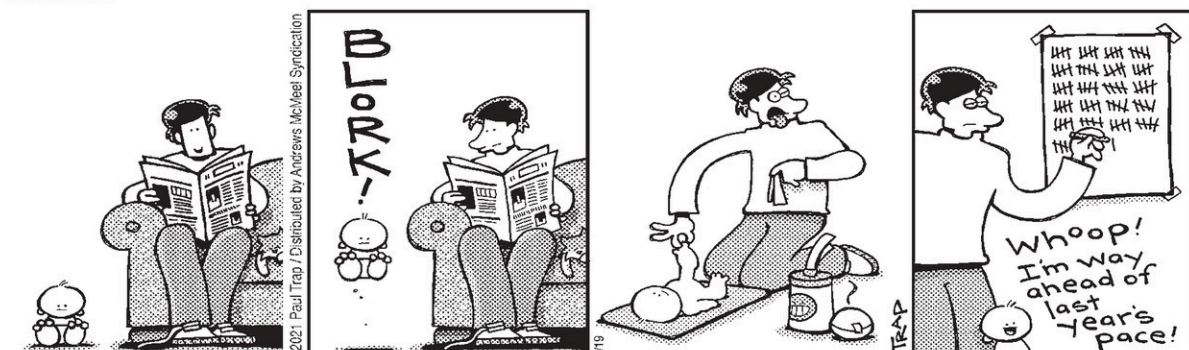
#### FRANK AND ERNEST



#### GRIZZWELLS



#### THATABABY



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 When you choose products with the Health Check symbol, it's like shopping with the Heart and Stroke Foundation's dietitians, who evaluate every participating product based on Canada's Food Guide.  
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[www.diabete.qc.ca](http://www.diabete.qc.ca)



# NEA Crossword Puzzle

# Your Birthday

TUESDAY, JANUARY 19, 2021

let confusion take charge and ruin your day. Do your best to take care of responsibilities, regardless of what's going on around you. A job well done will lead to financial gain.

**CANCER** (June 21-July 22) - Someone who has something unique to offer will appeal to you. Handle partnerships carefully. Don't let your emotions lead to bad assumptions. Be a good listener.

**LEO** (July 23-Aug. 22) - You'll have plenty to mull over. Get organized, and gather information that will help you make better decisions. A problem with a co-worker will develop if you cannot agree on strategy.

**VIRGO** (Aug. 23-Sept. 22) - Explore the possibilities, but don't make a move prematurely. An offer you receive will interest you, but consider the cost before you get involved. Make a romantic gesture with confidence.

**LIBRA** (Sept. 23-Oct. 23) - Be reasonable when dealing with personal matters. Don't jump to conclusions or make a fuss without having all the facts. Spend time sorting through clutter and taking stock.

**SCORPIO** (Oct. 24-Nov. 22) - Catch up with an old friend or relative via phone or email. Rethink your situation and what you are up against. Find innovative ways to ease stress.

**SAGITTARIUS** (Nov. 23-Dec. 21) - Make a change to how you earn your living or handle your finances. Sticking to a budget and lowering your overhead will ease tension at home and make your life better. Avoid excessive people.

A pushy or demanding approach will cause friction between you and those who can help you. Take better care of your health, possessions and investments. Don't rely on others to do things for you. Strive to maintain peace of mind. Be charming and diplomatic.

**CAPRICORN** (Dec. 22-Jan. 19) - Difficulty with a friend, relative or co-worker will surface if you let your emotions take control. Refuse to get dragged into someone's dilemma. Concentrate on fitness and self-improvement.

**AQUARIUS** (Jan. 20-Feb. 19) - Share your intentions, and you will resolve pending issues. Holding in your feelings will cause stress and anxiety that will affect your health and emotional well-being. Be honest.

**PISCES** (Feb. 20-March 20) - Say what's on your mind. Be direct, and the response you receive will be honest and reliable. The more aware you are of the people around you and how they think, the better.

**ARIES** (March 21-April 19) - If you care, share. Helping a cause or someone in need will make you feel good. Keep emotional issues and personal matters to yourself. Don't take an unnecessary risk.

**TAURUS** (April 20-May 20) - Put your time and energy to proper use. Take care of unfinished business before you start something new. Look for unique ways to use your skills and knowledge. Choose kindness over conflict.

**GEMINI** (May 21-June 20) - Don't

### Answer to Previous Puzzle

A	T	E		B	A	R	B		A	T	M				
W	R	E	N		L	I	E		F	R	I				
L	O	L	A		I	D	L		A	U	K				
S	Y	S	T	E	M				T	H	R	E	E		
				U	M	P			I	I					
N	E	H	R	U					M	O	M	E	N	T	
I	S	E	E		F	I	N	E		O	W	S			
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O	U	I			S	O	W	N		G	I	L	T		
S	S	N			S	U	E	Y			T	E	A		

- ACROSS**
- 1 Youngster
  - 4 Health resort
  - 7 Snares
  - 11 Yale alum
  - 12 Sanskrit dialect
  - 14 Bombay nanny
  - 15 "Scream" director — Craven
  - 16 Stiff pleated collar
  - 17 Stick around
  - 18 Composts
  - 20 Suspected
  - 22 High note
  - 23 Psyche parts
  - 24 Less exciting
  - 27 Heston Oscar-winner (hyph.)
  - 30 Nights before
  - 31 Sax-playing Simpson
  - 32 Pipe joint
  - 34 Some, in Paris
- DOWN**
- 1 Raunchy
  - 2 Ship position
  - 3 Record
  - 4 More agile
  - 5 Temporary stop
  - 35 Cultured fellow
  - 36 Pass out cards
  - 37 Short pants
  - 39 Thin clouds
  - 40 Musical notes
  - 41 Itinerary word
  - 42 Surfing center
  - 45 Barked
  - 49 Pointed arch
  - 50 Deluge
  - 52 — —
  - 53 Approach
  - 54 Type of eagle
  - 55 Coupe
  - 56 Throws in
  - 57 Exec
  - 58 Summer, in Savoie

- 6 Chatty alien of TV
- 7 Indiana river
- 8 Arab chief
- 9 Directed
- 10 Lost fur
- 13 Most doubtful
- 19 Queen beaters
- 21 Ms. Ferber
- 24 Koppel or Knight
- 25 With, to Maurice
- 26 Butte
- 27 Large containers
- 28 Rocky Mountain people
- 29 Pick pears
- 31 Free time
- 33 Raised railways
- 35 Seize
- 36 Clock's front
- 38 Fix-it tool
- 39 Hot dog
- 41 Striving to win
- 42 "— Lisa"
- 43 Like good cheddar
- 44 Heavy metal
- 46 Stride
- 47 Coup d'—
- 48 Be brave enough
- 51 Starfish part

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TUESDAY, JANUARY 19, 2021

## Trust your partner, especially high up

by Phillip Alder

If you are a mountaineer, climbing a difficult peak with another person, each of you relies on the other. Bridge isn't nearly as risky as that, but you should trust your partner over the opponents.

How would you critique the auction in today's deal? How would five diamonds doubled have fared? What happened to five spades?

After North's one-club opening, East should have overcalled three - or at the vulnerability, four - diamonds. Take bidding space away from the opponents, describe your hand accurately to partner and let him judge what to do later. But if East had bid three diamonds, presumably South would have responded three no-trump and made that contract.

After four diamonds, South doubles, and North has no clue what to do. Maybe pass, or perhaps four hearts, hoping partner has a four-card major.

Over one diamond, South economically mentioned his major. Then West did the same. (For serious partnerships: Yes, West could have made a snapdragon double, showing long hearts and diamond tolerance, typically a doubleton.)

North understandably jumped in spades. Finally, East, after his opponents

North 01-19-21			
♠ A K 10 7			
♥ Q 9 8 4			
♦ —			
♣ K 10 7 5 2			
West		East	
♠ 5 2		♠ 8 4 3	
♥ A K J 10 6 2		♥ 7	
♦ 9 6		♦ A J 10 8 7 3 2	
♣ Q 9 3		♣ J 8	
South			
♠ Q J 9 6			
♥ 5 3			
♦ K Q 5 4			
♣ A 6 4			
Dealer: North			
Vulnerable: North-South			
South	West	North	East
		1♣	1♦
1♠	2♥	3♠	Pass
4♠	Pass	Pass	5♦
Dbl.	Pass	5♠	All Pass
Opening lead: ♦ 9			

bid game and West did not double, sacrificed in five diamonds.

When South doubled, North should have passed, trusting her partner. But, looking at the vulnerability, she moved on to five spades. Both sides played carefully, and declarer went down one, losing two hearts and one club.

If the five diamonds doubled, East would have lost two spades, two diamonds and two clubs for down four, minus 800.