

Friday, November 26, 2021

The Townships Outlet

Linking the Townships' 41,000-member English-speaking community

# Upcoming poetry reading

**Outlet Staff**

On Saturday, Nov. 27, 2021, at 4 p.m., the Centre des arts de Stanstead will welcome poets Stephanie Bolster and Ehab Lotayef to read from their work on Zoom, with host Shelley Pomerance.

Stephanie Bolster has published four books of poetry, the most recent of which, *A Page from the Wonders of Life on Earth*, was a finalist for the Pat Lowther Award. Work from her current manuscript, *Long Exposure*, was a finalist for the CBC Poetry Prize in 2012 and 2019. Her first book, *White Stone: The Alice Poems*, won the Governor General's Award and the Gerald Lampert Award in 1998 and was translated into French (Pierre Blanche).

Ehab Lotayef is a Canadian IT Manager, poet, writer, and community activist of Egyptian origin. He has published a bilingual poetry collection, To Love a Palestinian Woman (TSAR 2010), and the CBC produced his play Crossing Gibraltar in 2006. His work also appears in many a nthologies and zines, and over the years he has written op-eds on various subjects for a number of Canadian papers.

All are invited to join us on Zoom. For the link to participate, please visit the Centre des arts de Stanstead's Facebook page at www.facebook.com/CentreArtsStanstead.

# Choupinette, second-hand store with a handmade twist



GEOFF AGOMBAR

**By Geoff Agombar**
**Local Journalism Initiative**

In the midst of the pandemic, Katherine Andrade decided it was time for a change.

Her plans to open a thrift shop quickly evolved into something surprising, an outlet for an expanding network of Quebec artisans and handmade products.

Andrade and her spouse Yannick Pellerin had been working together for Pellerin's online site promoting deals at restaurants and stores in about a hundred cities in eight regions across the province. "Everything with a storefront was a potential client for us," Andrade says.

"Of course, during the pandemic, restaurants, stores and everything was hard hit," Andrade remembers. "With both of us in the same field it wasn't ideal and my spouse said, 'You know, I've always wanted to open a thrift store.'"

At first Andrade's plan was to open a children's thrift shop, and she began developing a presence on social media while waiting for pandemic restrictions on retail to be relaxed. When the government announced reduced controls on in-store shopping, she signed a lease and Choupinette officially opened on Sept. 11 a few doors down from an elementary school on Alexandre Street.

"Unofficially, we had already opened in August. But it was so hot!" Andrade laughs. "Our first clients were family and friends, to be honest." Quickly, her

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Twelve Days of Action
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## Report on racism: more research, action needed

By Michael Boriero

The Instance de concertation en immigration (ICI), Sherbrooke's committee against racism and discrimination, released its early findings in a report this week, showing a preliminary portrait of the situation in the city, and in Quebec.

According to Université de Sherbrooke Professor Michèle Vatz Laaroussi, one of the co-authors of the report, there is much more work to be done, if Sherbrooke, and the province, want to truly address systemic racism within its many institutions, and sectors.

"It isn't just doing research to do research, it would be to better document systemic racism, how these institutions fight racist and discriminatory practices, [and] how people live through these manifestations of racism," said

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## Townshippers urged to be cautious as case numbers rise




GORDON LAMBIE

*François Bonnardel, the minister responsible for the Estrie administrative region with Dr. Alain Poirier, the regional public health director.*

By Gordon Lambie
Local Journalism Initiative

François Bonnardel, the minister responsible for the Estrie administrative region, was in Sherbrooke on Thursday to urge caution in the community regarding COVID-19. Despite the launch, this week, of the vaccination campaign for 5-11-year-olds, the minister said that the situation in the Townships is "serious" and degenerating at a time when areas elsewhere in the province are considered to be relatively stable.

"The consistent increase in cases in the Estrie Region in recent weeks is worrying," Bonnardel said, pointing out that the majority of new cases are concentrated in the region's primary schools. Of the 60 active outbreaks being tracked in the region, half are in local schools.

The Townships reported 119 new cases of the virus on Thursday, alone, increasing the number of active cases in the region to 989, the highest number of any point this year. The three hardest hit regions in the territory were

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# Mike Goudreau Band & Dany Roy present "Christmas Rendezvous"

**Outlet Staff**

Local musician Mike Goudreau has just released his 22nd independent work, "Christmas Rendez vous", a collection of 13 Christmas songs. This album was co-produced and recorded remotely and in studio, with longtime friend, collaborator and saxophonist Dany Roy during the ongoing COVID-19 pandemic, between September 2020 and November 2021.

The album boasts five original songs composed by Goudreau and five re-arranged Traditional Public Domain Christmas hymns by Roy & Goudreau. A Christmas album would be incomplete without a few favorite classic cover versions as well with three songs. Mike Goudreau sings and plays guitar and Dany Roy plays sax, trumpet and flute as well as creating the lush horn arrangements on this festive Holiday themed recording. For this project, the duo reached out to two of Montreal's most talented Jazz musicians, Richard Irwin on drums and Dave Watts on upright bass. Special guests include Erich Kory on cello, Toby Wilson on dobro, pedal steel and acoustic guitar and Antoine Fradkin on violin.

An eclectic mix of Swinging Jazz, Jump Blues, Chicago Blues, Americana, Gospel, French Cabaret and a Bossanova styled take on a Christmas classic.! Nine songs are sung in English, three songs sung in French and one is instrumental. From track one to track 13 , it's a joyous and groovy mix that will leave the listener with a fuzzy Holiday feeling they'll want to put on repeat!

Despite being recorded in part remotely, the album is of world class audio quality with the help of one of Quebec's best audio engineers, Dany Legendre, who provided the mixing for this production. Mastering was assured by Steve Corrao from Sage Audio in Nashville, Tennessee.

Since 2007, Goudreau's songs have continued to be featured in dozens of Hollywood films and network TV shows, and 2019-2020 was no exception with his original songs placed in films like *The Banker* (with Samuel Jackson, 2020), the feature film *Dark Waters* (2019), the CBS TV show *Dynasty* (2020), and the Christmas TV movie *The Happiest Season* (Hulu 2020), to name only a few.



COURTESY/ALBUM ART

You can get Mike Goudreau Band's new album through cdbaby.com or mikegoudreau.com. It is also available on ITunes, Apple Music, Amazon, Spotify and most popular streaming and downloading platforms.

# Memphremagog MRC 2022 call for projects to support local and regional cultural initiatives

**Outlet Staff**

The Programme de soutien financier aux initiatives culturelles de la MRC de Memphrémagog has opened up for the coming year to support projects within the MRC.

The objective of the program is to stimulate local, regional or community-specific cultural development. By putting forward the call for projects, the MRC hopes to support artists, cultural organisations and municipalities in the region and reaffirm the prominent place of culture and heritage in the new development plan of the Memphremagog MRC.

"The stakeholders of the cultural milieu have just gone through a difficult period in the context of the pandemic," explained Jacques Demers, prefect of the MRC and mayor of Sainte-Catherine-de-Hatley in a press release. "We want to support them in this gradual return to normalcy, to promote local cultural initiatives and contribute to territorial development," he said, pointing to a sense of pride in the region's cultural dynamism, and local stakeholders' ability to adapt to a new reality. "We see that their creativity has not been hampered by the many challenges, quite the contrary! This financial support is therefore an incentive to encourage them to continue their actions. We are counting on the commitment of the various stakeholders to answer the call: the artistic community, municipal authorities and volunteers in the region," the prefect said.

Applications for funding under the financial support program for cultural initiatives should be submitted by March 18, 2022. An envelope of $30,000 is available for this call for projects.

In 2021, 12 cultural projects received financial assistance totalling $35,636 from the program. Of those, the following three projects were launched in recent months:

Carnival parade in the Caribbean tradition - For the fifth edition of the Festiv'arts Caribéen de Magog, from Aug. 6 to 8, the Comité d'exposition sur les arts et la culture caribéenne added a carnival parade to the event, bringing together citizens and twenty artists: musicians, dance groups and circus performers. The project also included the addition of a workshop for the creation of masks in the Caribbean tradition. These initiatives aim to foster exchanges between Caribbean artists and the population through visual and performing arts in a festive and friendly atmosphere.

On the Land - Louise Abbott produced a series of short films on contemporary agriculture and horticulture in the Eastern Townships. In total, six bilingual mini-documentaries take the viewer into the lives of local livestock and vegetable farmers. This project provides an unfiltered look at the challenges of the trade and pays tribute to these frontline workers, who toil in often difficult conditions to ensure the population's food supply.

Panorama sur notre culture - On Sept. 24, the municipality of Saint-Catherine-de-Hatley and its cultural committee proposed activities to encourage encounters between the general public and local artists. This initiative, carried out on the occasion of the 25th edition of the Journées de la culture, also aimed to highlight the cultural and heritage heritage heritage of the region. The 270 citizens present met the exhibitors in a festive atmosphere where several artists participated in the event: visual artists, writers, musicians, singers and a slammer.

All information concerning the Programme de soutien financier aux initiatives culturelles de la MRC de Memphrémagog, as well as the application form, is available on the MRC website at www.mrcmemphremagog.com/culture. Applications for funding should be sent by email to Marie-Christine Perron-Marier, territorial development officer at the MRC, at mc.perron@mrcmemphremagog.com. She is also available to answer questions during the preparation of applications.

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Email : imprimerie@imprimeriecrm.ca
73 Lasalle Street
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Sharon McCully
Publisher-Editor
QCNA AJRQ
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The Townships Outlet
6 Mallory, Sherbrooke, QC J1M 2E3
Advertising: classad@sherbrookerecord.com, 819-569-9525
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## Weather

TODAY:
MIXED PRECIPITATION

HIGH 1
LOW -4

SATURDAY:
FLURRIES

HIGH -5
LOW -10

SUNDAY:
SUNNY

HIGH -4
LOW -10

MONDAY:
MIX OF SUN AND CLOUD

HIGH -3
LOW -8

TUESDAY:
CHANCE OF FLURRIES

HIGH -3
LOW -6

# I'm over November, and ready for snow



## Good Reads

## Lennoxville Library

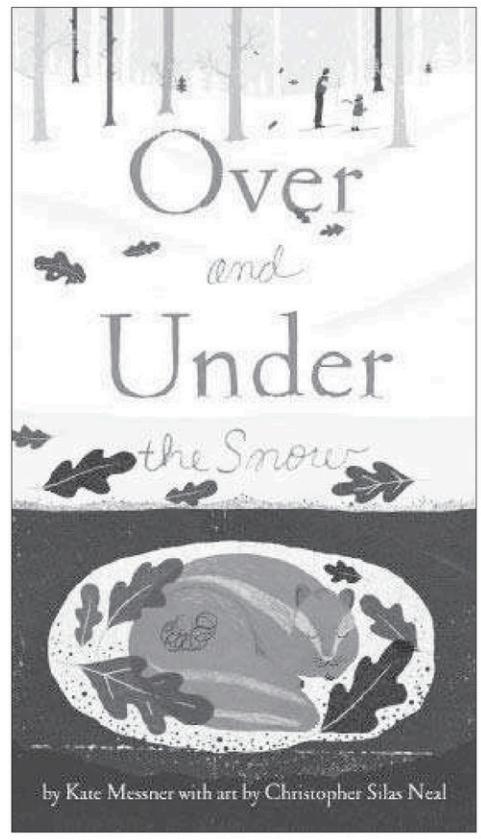
**Review by Shanna Bernier**

November is not my favourite month. It forms an unpleasant and chilly bridge between the bounty and harvest of early autumn and the dazzling lights and jolly fever of December. November is a time of deep frost and bare trees and short days. November is almost over and soon we will adjust, as we do every year, to the changing seasons and the changing light and most of us will embrace winter.

I love winter, and I especially love playing outside in the snow. In the Eastern Townships we are so blessed with abundant frozen ponds, sliding hills and quiet forest paths. Because the pandemic has forced so many of our social gatherings outside, it is easy to feel a bit of lament as the patio season fades into the background. Planning playdates in the park is challenging when it becomes too cold to grip the monkey bars, and the children's noses and cheeks are raw and red from the north wind. Snow becomes a gift after bone-chilling bare-branched weeks of late fall and early winter. When we have a snow covered landscape the world becomes quieter, softer, more reflective. We may not have a lot of sunshine, but after the darkest nights close in, the snowfalls mirror back to us the moonlight and the weak winter rays seem all the more powerful. Today's book for review, *Over and Under the Snow* by Kate Messner, was chosen in part because it reminded me of all of the reasons I love the winter season, and reading it helped bring me one step further out of the November slump that I have been in.

I really enjoy reading non-fiction books with my children, information-based texts are really hitting their stride for my pre-reading kindergartener and my bookworm third-grader. They both would likely accept an encyclopedia-style text with open arms, as long as it had good illustrations. *Over and Under the Snow* provides delightful learning opportunities for the inquisitive mind, while also having a sweet narrative story of an adult and child on a snowy forest cross-country ski adventure. This book manages to straddle two kid-lit genres, with bonus points for poetic lyricism in the descriptive text. We follow the pair through the forest, and we observe the snowy surface world we can see, as well as observing the clues nature offers into the world of creatures under the snow. The book's artwork was created by the award-winning author/illustrator Christopher Silas Neal, whose retro-style and muted winter tones lend a kind of timeless feeling to this 2011 release. Over the snow, things are quiet and calm with only tracks and cracks in the crust to invite our imaginations to wonder about all the forest creatures whose winter homes lay beneath. The secret life of squirrels, voles and beavers is beautifully described and artfully illustrated. This is the type of picture book which has a long shelf-life for a family. The text is complex enough to keep my independent reading kid engaged, especially along with the glossary and extra information about animals and their habitats at the end of the book. My little one, and even younger preschoolers, would also enjoy this book because of the cute animals playing hide and seek, as well as the comforting repeating pattern of the text. Messner mentions in her website bio that she creates books to promote wonder, and I think this is an excellent example of that.

I know that not everyone loves getting outside with skis or snowshoes and tromping though a field in the cold and snow. Some folks prefer their winter adventure setting curled up in a cozy chair with a hot cup of tea and a good book. This story manages to satisfy my own desire for both, and it feels to me like a delightful way to end a special winter's day with love and sweet dreams. Stay warm my friends, winter is nearly here, and since we cannot stop it from coming, at least we can try to find a way to celebrate it.




*Over and Under the Snow*, as well as other books by Messner, is available to borrow from the Lennoxville Library.

*Shanna Bernier is a parent and youth worker who loves children's literature, playing outside, and making art with kids.*

### NEWS FROM THE LENNOXVILLE LIBRARY

The Library's annual Adopt-a-Book fundraising campaign runs through mid-December. As a small non-profit, all levels of support are most welcome. Donations are eligible for a tax credit.

A big thank you to the more than 50 individuals and businesses who have already contributed!

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## Ben by Daniel Shelton




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# Choupinette

Cont'd from page 1

marketing and networking instincts from other ventures put a distinct twist on Andrade's new second-hand store.

"We are the fifth thrift shop for children and every one offers the same products. So ,we said, well, let's find about ten artisans so people we come to the store," Andrade recounts. "And those ten turned into twenty, and then thirty."

"And, now we're at 97," she marvels. "Our youngest is eight years old, from here in Sherbrooke. And the eldest is 92. I should be receiving her slippers today or tomorrow."

Everything is handmade in Quebec, with a wide range of products including natural beauty products, bath products, make-up, products for men, candles, tisanes, pralines, biscottes, maple syrup, and grow-with-me clothing that resizes as children grow.

The handmade goods have rapidly grown to represent the majority of sales. Andrade's clients are coming from all around the Townships, plus a significant afternoon rush of parents picking up children from the neighbouring school.

Gifts represent a portion of her early demand, but Andrade points to consumables as a significant driver, "We do have articles that people have to use on a daily basis. We have shampoo, we have conditioner, we have deodorants. And the beauty products, exfoliants and stuff like that where people re-use."

For Andrade, the biggest surprise so far may be the influence on her own mentality as a consumer. "You know how you just recycle whatever you have at home and don't necessarily take into consideration the impact that it might have... until you open a box of handmade make-up remover pads, for example, and you use reusables instead of ones you just put in the garbage and only use once. It is a change of mind."

Andrade has products from several local makers but also from as far away as Rimouski, Baie-Comeau, Laurentides, Outaouais, Montreal, and the South Shore. "From everywhere," Andrade exclaims.

Everything is sold on consignment. "It's a partnership," says Andrade. "If I sell, they sell. If one makes money, the other one makes money."

Andrade has found most of her artisans online through Etsy. If she gets a good feeling about their product photos or logo, she reaches out. "It is rare that anyone says no right off the bat on the first call."

Andrade does not expect a minimum or maximum first delivery from new partners. "The artisans pretty much decide. But if they say 'I'll send one of each,' I let them know the fuller their space looks the more it will sell." In those cases, Andrade contacts them after their first sales so they can decide whether to send a more sooner than later.

Expanding her network has been largely predicated on building relationships. "I think it is about having chemistry over the phone," Andrade explains. "It's a lot on faith, however the contract lets them know when I send out my sales reports and how the transfer of their portion of the money works."

Andrade thinks a professional contract is a key component of establishing trust, "I have a solid contract that was written by a lawyer here in Sherbrooke."

"Some of them I've never met, so we keep in touch by phone or by video. I start my relationships on good basis and make sure it stays good so the artisan has a good experience."

Andrade is currently working to bring in the last of her holiday stock. "I'm still waiting on ten artisans. Not that there's a cut-off date but I said if you want to be part of the Christmas season then Dec. 1 is the latest to send in your stuff. Then I won't be soliciting any new artisans, because it's going to be a busy month."

Starting in January, Andrade hopes to expand to offer online sales as well. Since first opening her Facebook group months before signing a retail lease, Andrade has been promoting the individual Etsy pages of her curated artisans. Next, she wants to start selling through her own online portals as well. "The artisans have let me know that's an ok thing to do for them."

"What comes after that would be to change our locale for something bigger. Not right now. In two years, three years maybe," Andrade muses. "One step at a time. One step at a time, and everything is thought out before a new decision is made."







PHOTOS BY GEOFF AGOMBAR




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Local News | *In order to help control the spread of the virus in local schools while the campaign gets up and running, Bonnardel said that more rapid testing will be made available to schools and daycare centres.*

# InspirAction Foundation still supporting Haiti school despite challenges

By Gordon Lambie

It has been two years since representatives of the InspirAction Foundation have been able to visit the school they founded in Haiti, but according to founding director Yannick Daoudi, the institution is carrying on, nonetheless.

"It has been set up to run without us," he said, sharing that despite a large number of challenges in the surrounding environment, enrollment at the school has actually increased by nearly 50 per cent since the last time he was down.

To understand the significance of that growth, it is important to be aware of some of the things that have been going on in Haiti over that time. Although the country, like everywhere else in the world, has had to deal with the COVID-19 pandemic, Daoudi pointed out that the people of Haiti are living through a period of great uncertainty and upheaval at the moment.

A travel advisory updated by the Government of Canada earlier this month councils against non-essential travel to the country due to fuel shortages, the risk of kidnapping, and civil unrest.

"The security situation is deteriorating quickly," the advisory reads.

In brief, Daoudi traced the current troubles back to a corruption scandal involving the former President, Jovenel Moïse, that first came to light in the spring of 2019. Growing unrest around allegations that the president embezzled large amounts of money through a deal to acquire fuel from Venezuela eventually culminated in his assassination earlier this year. Since that time, the country has been more or less divided up by rival gangs.

Daoudi said that right now the school staff are making the call on a daily basis whether to open or not, depending on word-of-mouth information from friends and neighbours.

"They are operating on 'the politics of good neighbourhoods,'" he said, sharing that the people in the community have no feeling that they can rely on police when it comes to protection from gangs. "You are just protected by the people around you," he said.

This, understandably, is a hard situation for the school, but it is also a challenge for those here in Canada who have put time and energy over the last ten years into building relationships with people who are now in troubled times and out of reach.

"Right after the assassination I called the principal, and when she answered she was speaking very

CONT'D ON PAGE 5

# Report on racism

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Vatz Laaroussi.

The report, which was compiled using interviews with informants from institutions, community organizations and student associations, describes more than 30 situations of racism and discrimination towards people with immigrant backgrounds living in Sherbrooke.

"This situation of inequality, inequity, exists in Sherbrooke. It exists and it touches different populations. The Black population are mostly affected, but also the Arab population, who we often identify as Muslim, whether they are or not," said Vatz Laaroussi.

They've been affected by a lack of employment opportunities, health and social services, education, housing, and dealing with police officers, Vatz Laaroussi explained, adding that they also discovered that everyone agrees Sherbrooke needs to be a more inclusive city.

The report also explores the dynamics between institutions, community organizations and student associations. Institutions are more likely to perceive fewer situations of racism and discrimination within their organizations, showing a lack of awareness.

Meanwhile, the community organizations and student associations tell a different story. They see, and live, racism and discrimination on the ground, and they believe it is an issue that must be addressed by all organizations, institutions and political authorities in the region.

The report notes that there are few spaces to report racism and discrimination within these institutions, leaving many complaints unheard and unseen. It's not talked about often or openly, the report reads, so the situation remains unclear, unspoken, and taboo.

People in positions of power within institutions hesitate to have honest and direct conversations about racism and discrimination, Vatz Laaroussi said, and while there is multiculturalism in Sherbrooke, they hide behind this fact, and let the questions disappear.

The report, which was presented to the city of Sherbrooke on Monday, outlined 14 general recommendations, as well as 36 specific recommendations related to improving research, education, health, employment, housing, and police practices.

Most notably, the report concludes that there needs to be a complementary study, and more targeted research in order to "better understand and quantify the manifestations of racism and discrimination in Sherbrooke" and throughout the entire region.

Vatz Laaroussi, who co-authored the report with Dr. Sabruna Dorceus, also a professor at the Université de Sherbrooke, added that tabling the document is just one small step. She wants to see positive and concrete action by the city to make it a more inclusive place.

"It's important to remain vigilant on the question of racism and discrimination [...] We need to have in Sherbrooke, like in other cities in Quebec and Canada, a permanent committee, or an organization, an independent organization, that is present to listen to complaints," she said.

# case numbers rise

CONT'D FROM PAGE 1

Des Sources, Granit, and Memphremagog where the rate of infection was 914, 614, and 351 cases per 100,000 people, respectively.

Although the case numbers and outbreaks are problematic, regional public health director Dr. Alain Poirier said that the fact that the illness is concentrated in children at the moment means that there are fewer hospitalizations than the last time number got this high in the region. Also, assuming that people engage with the vaccination process, he said it also means that there is hope things could turn around in the near future.

Of the 36,700 children who are unvaccinated in the region, 6,621 booked appointments on Nov. 23 and another 2,867 followed suit on the 24. Poirier said that there has been a keen interest among parents to accompany their children in the vaccination process, which he hailed as a good thing given that the public health department will only be able to hold vaccination clinics in about half of the region's schools, with priority going to more remote or underprivileged communities.

In order to help control the spread of the virus in local schools while the campaign gets up and running, Bonnardel said that more rapid testing will be made available to schools and daycare centres.

Poirier, meanwhile, shared that more restrictive measures may be applied in school environments depending on the need, but he reiterated the fact that the response in an outbreak situation varies from school to school.

"We want to close the smallest number of schools possible," he said, explaining that reductions to extracurricular activities or changes to class interactions are among the measures that might be implemented, depending on the need.

The Province of Quebec reported 902 new cases of COVID-19 on Thursday, bringing the total number of people infected to 442,246 with 7,047 active cases.

There were five new deaths recorded, for a total of 11,571 since the start of the pandemic.

The number of hospitalizations decreased by one to 210, 45 of whom were in intensive care.


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# Grammy award winner Dan Hill has always had passion for running

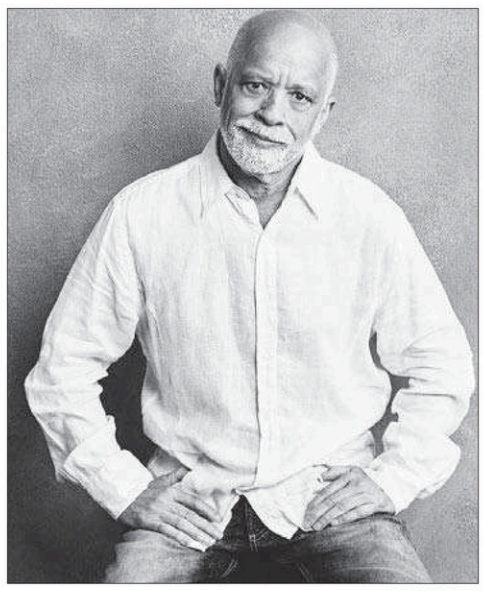


A Runner's Mind

Christine Blanchette

Before Dan Hill became a household name in Canada for hits like Sometimes When We Touch, and for writing Grammy-Award-winning songs for Celine Dion, he was an elite runner with the Toronto Track Club. Back in the 70s Hill trained with the likes of world class marathoner, Brian Maxwell, among others, including his brother, Larry, at the prestigious training facility. It's an aspect of his life which few are aware, and not a subject he's known for speaking about, yet he's as knowledgeable as anyone in the sport; and he's still training regularly. A multiple Juno Award winner, he is as tuned to his fitness as he is to his stellar music career. A Canadian songwriter's hall of famer, Hill turned his train of thought to his passion for running during our email interview. For those unmotivated to run outside during colder temperatures, read on for his treadmill running tips and advice:

1. Always run on the treadmill rather than outside when coming back from a running injury because the treadmill is far less demanding on the entire body than running outside; The treadmill surface is flat and consistent, unlike running outside. Should you discover that you've returned to running too soon and your injury is flaring up again, better for you to be on a treadmill discovering this than 45 minutes away from your house.
2. Always walk on (the) treadmill before running for at least five minutes. Once you start running, begin slowly and slowly build up speed throughout the run. Always walk for five to 20 minutes when you've finished running on the treadmill.
3. While in theory, treadmill running is less demanding than running outside, I have found that my bpm and perceived exertion is actually more extreme on the treadmill.
4. I highly recommend blasting your favourite music when treadmill running. On the other hand, I advise against listening to anything through earbuds, etc. when running outside, because hearing is a significant part of monitoring all that's going on around you when you're running outside, from wayward traffic to obnoxious bicyclists to incautious, reckless pedestrians. As well, any kind of ear bud/ listening device is highly damaging to your ears and eardrums.



COURTESY

5. Keep a diary of all your runs, especially your treadmill runs, including how you felt emotionally when running as well as how demanding your pace was, and lastly, document any aches or pains, e.g. tight hamstrings, stiff hip flexors
6. Despite the common advice concerning treadmill running, DO NOT run on any kind of incline as that's an injury waiting to happen. The whole point of treadmill running is to give your body a break from running outside.

# CONCERT Lumières de Noël – Christmas Lights

The "Ensemble Vocal Massawippi" (EVM) is happy to announce its Christmas Concert celebrating the Holiday Season on Sunday Dec. 12, 2021, 3 p.m. at Saint-Patrice church in Magog.

The Ensemble, directed by Ms. Lise Gardner, will present excerpts of masterpieces of choral music by Mozart, Beethoven and Haydn along with seasonal selections arranged by contemporary composers such as Gjeilo, Rutter and Whitacre.

"Dansent les arbres", an original work which has been created to promote the beauty and history of the Eastern Townships will be interpreted for the first time.

Founded in 2015, the Ensemble comprises 30 choristers and contributes to enhance the cultural and musical scene of the MRC Memphremagog and the Eastern Townships.

Tickets can be purchased online or at the door the day of the concert.
http://www.ensemblevocalmassawippi.com/billeterie

Adult: $30;
Students (13 and older): $15;
Children (under 12): free.

Please take note that the vaccination passport is required and will be verified before entrance. For more information contact Nicole Gosselin Lecomte at (819) 563-0450.

# What's On

**November 27**

Country Dance at the Trinity Anglican Church, 409 South Street, Cowansville on Saturday, November 27 from 7 p.m. to 11 p.m. Music by Keepin' it Country. Donation $10. Vaccine Passport & ID mandatory. Dancing is permitted with masks. Door prizes! Canteen on premises. Half & half.

**November 27**

Dance on Saturday, November 27 in the basement of the Catholic Church in Sawyerville from 8 p.m. to midnight. Music by The County Swingers. Admission $10. Refreshments available. Door prizes. Covid rules apply.

**November 27**

The Mae Sot Education Project will hold a pre-holiday fundraiser on Saturday, November 27, 10 a.m. to 3 p.m., in the Hope Community Church basement, 102 Queen St., in Lennoxville. Featured are colourful and interesting treasures from Thailand and paintings by Burmese artists. Find holiday gifts that give pleasure and help Burmese migrant and refugee kids in Thailand.

**December 4**

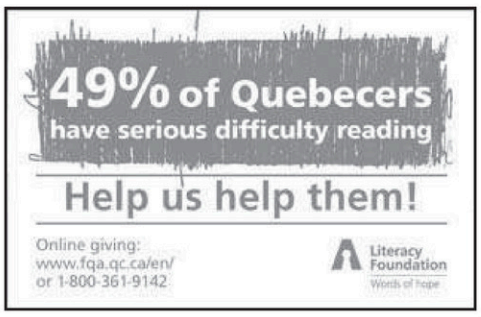
Creek United Church, 278 Brill Road, West Bolton is having a Craft & Bake Sale on Saturday, December 4 from 9 a.m. to 1 p.m. Everyone welcome. COVID restrictions will apply.

**December 4 & 5**

Ayer's Cliff Elementary School (952 Sanborn Street) will be hosting an in-school Scholastic Book Fair on Saturday, December 4 from 10 a.m. to 4 p.m. and on Sunday, December 5 from 10 a.m. to 3 p.m., in conjunction with the Christmas Flea Market/Marché de Noel in Ayer's Cliff.

**December 5**

Please join us for Hymn Sing on December 5 at 3 p.m. at St. James Anglican Church – Foster, 725 Lakeside. We will have some of our traditional songs and some Christmas ones as well. Note that masks are worn while singing, hands are to be sanitized on entering and social distancing will be respected. We look forward to greeting you again for a wonderful time of singing praise.




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ONE COLUMN, FOUR VOICES

# Open to the Spirit

## Today's word: Together

By Revs Mead Baldwin,
Rabbi Boris Dolin
Lee Ann Hogle, and
Rev. Carole Martignacco

1 "The more we get together, together, together, the more we get together the happier we'll be. Cause your friends are my friends, and my friends are your friends. The more we get together the happier we'll be". That camp song still resonates with me. I also remember my parents teaching us that when we do chores together, they are so much easier. That was so true, especially during potato picking season. This simple truth can be seen in school theatre productions and writing assignments. My favourite example of this comes from a group of grade five and six students who wrote a mystery novel that was published and each class member wrote a chapter. I cherish mine.

I have a wonderful memory from a few years ago at a Passover Seder supper. It was hosted by a local church, but presided over by a rabbi from Chicago. He and the minister were close personal friends. The local imam from the mosque and a few of it's members were also there. Together, we had a wonderful night. At the end the rabbi and the minister share a giant hug.

This wisdom about togetherness has been lost these days by politicians and certain hate groups who promote divisiveness. Their message, "we are correct, and everyone else is lying" has spread wider and wider. Why do so many want to divide us? Why have public vaccinations been portrayed as an attack on our freedom? Historically, some of the most progressive moments in our democracy came from minority governments where parties had to co-operate and work together. Maybe it's time we remembered that simple message from childhood. The more we get together the happier we'll be.

2 Many years ago, I spent a summer studying Jewish texts in Jerusalem. On the first day of the program at the school where I studied, we spent some time matching ourselves up with Hevruta, study partners–people whom we would work with each day of the program. Each day would be spent examining a text, and exploring ideas together with this person, guided and assisted by our teachers and other people in the group. I was placed with someone who was very kind, but much more knowledgeable than me. He had been studying these topics for years, and I knew that he was much more versed in the texts than I was. Admittedly, I was a bit nervous at first, and remember thinking to myself: What on earth can I offer to this learning partner, he is just so much smarter than me!?

Hevruta, the traditional Jewish experience of deep study and partnership with another, is based on the power of learning together with others, but also friendship and guidance. On its most basic level, a hevruta is a study partner, but it is so much more. They are not necessarily someone at the same level or even with the same values or outlook as you, but they are someone who becomes a true equal by opening themselves as much to being a guide through the learning as they are a receiver of the other's unique perspective.

It is believed that even if one person "knows" more than the other, simply being able to ask questions provides as much wisdom and knowing the facts, or having the answers. In fact we are told that "One who learns from one's friend a single chapter, or a single Halachah, or a single verse, or a single expression, or even a single letter, must show him or her honor." What if we really had to live by the words of this idea? If we learn even a single expression, a single letter then we have to show others respect?. If someone makes even one small point, asks us one challenging question, then even if we still think we are right, they deserve our respect and honor.

We spend our whole lives together with others, but we don't always find a way to honor and respect those who might challenge us the most. Yet everyone, from those we love to those who frustrate us, everyone can give us that letter of learning just by being different and challenging us to look at ourselves and our beliefs. And this deserves respect. When we learn together with others, when we live life with others, when we share joy and share challenges together with others, we grow in wisdom.

3 Today, depending upon how you've been counting, marks the 626th day of Covid time. Back when it all started, and our life as usual ended as the lockdown was declared, limiting our interactions and bidding us all stay home and keep our distance. Many of us wondered when, if or how we'd ever get together again with family and friends or make new acquaintances at a distance. Since then we've made countless changes in our routine, struggling to hold it all, including ourselves and our lives, together. How have you managed to navigate this pandemic? Most importantly, how have you risen to the challenge to find new ways to be together?

Writing this on Thursday I can smell the stuffed turkey in the oven; various veggies chopped or peeled await their turn as this small household of two prepares to celebrate our second annual Zoom Thanksgiving with the American side of the family. No visitors again this year on either side of the border; though it's officially open and we're all multi-vaxxed, a reluctant but healthy caution rules the day. Instead we'll repeat last year's festive gathering, each of us creating our own meal and decorating our tables, raising a simultaneous toast on screen. We'll describe then enjoy our separate meals together from wherever in space we are. Like any holiday feast, there will be grandparents, grown children, grandchildren, friends and relatives – and various nonhuman companions. We'll bow our heads in prayer. In descending age order we'll take turns around the virtual table to recount a whole year's worth of blessings. And the theme this time will be the same as last year, maybe even deeper, full of a profound gratitude that despite all that has changed, we are still together. As we've been together since first the Covid protocols were announced, gathering online for weekly family meetings. We've been following a format that has by now become so familiar, sharing our joys and sorrows, naming our intentions for the coming week, inviting and offering support as needed for our everyday lives. Celebrating birthdays and accomplishments and listening with love. It's become for this family a holy time – a time not to be missed, a new take on the old-fashioned Sunday dinner which you'd dare not miss for anything foolish or frivolous. It's become a spiritual feast over time, all the more poignant and profound because we come together across huge distances. And we are closer now, feel more together, than ever before.

My hope for us all is that we rise to the challenge and use our creative energies to invent new modes of togetherness. Because whatever else has changed, we are still all in this together. It's the only way we'll ever get through.

4 We have just 3 voices today, so I thought I would add 2 teenage voices. Marcus Young and Kristen Wilson wrote this faith statement, a few years ago, and it adds the perfect final take on our word "Together"

**CONFIRMATION CREED**

God is a musician who brings people together
Everyone is a different note with a unique sound
The church is a festivity of happiness and a bundle of joy
Jesus is the leader ,who is trustworthy and cares for our emotional wounds
The Spirit brings us light and shadow
When you feel alone, look around you there is always someone there
in the circle of sound that we have created
When we're all together we make a beautiful song
to fill the world with the music of God.

*Rev. Mead Baldwin pastors the Waterville & North Hatley pastoral charge; Rabbi Boris Dolin leads the Dorshei-Emet community in Montreal; Rev. Lee Ann Hogle ministers to the Ayer's Cliff, Magog & Georgeville United Churches; Rev. Carole Martignacco, Unitarian Universalist is retired from ministry with UUEstrie and now resides in St. Andrews by-the-Sea NB, but keeps one foot in the Townships by continuing with this column.*

THE RECORD
THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897



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THE RECORD

TALK

YOUR WEEKLY GUIDE TO TOWNSHIPS CULTURE

NOVEMBER 26 - DECEMBER 2, 2021

# Playing to the beat of his own drum



COUNTRY CONNECTION

JESSIE PELLETIER

There are not many people who are aware that Daniel Togo Bélanger got his nick name from a professional Japanese wrestler, better known by his ring name, Dick Togo. A neighbor started calling him Togo when he was about four years old and it just stuck, but the truth is that although he was a bit chubby, he was never a fighter.

Bélanger was born in La Tuque and grew up with two sisters and a brother. Nobody else in the family was a musician, but they all loved country music and often listen to it in the house.

His father worked at the Canadian International Paper, an English manufacturer in La Tuque. Bélanger was exposed to English music early on in life and he developed a love for rhythm.

"My parents had a turntable and many records of mainly American country artists," he remembered. "I recall making circles out of play dough, which I placed all around me and used as my drums. Following the beat of the music on my make believe drums was an activity that I enjoyed quite a bit.

One day, when he was about 13, on his way back from school, Bélanger was following two older students who were talking about music. As soon as they mentioned that they had to find a drummer, he told them he was interested and could do it even if he was very shy at the time.

"I didn't have a drum, but the girl owned both a guitar and a drum. They invited me to come practice with them and I did. This is how it all started," Bélanger explained.

A short while after that, the trio started performing with two guitars and a drum at private events, parties, and weddings. Belanger gained a lot of experience and abilities and as he got better, to his surprise, he started getting phone calls for jobs.

"Some much older and skilled musicians started calling me, offering me jobs in hotels, bars, dance hall and since I wasn't of age, I had to sit in the lobby with a chip and a soda pop during the intermission," he shared. "From the very first gig I played, I knew that I was in the right place on a stage. I have always felt an easiness performing on stage, contrary to how uncomfortable I felt with people off stage."

For quite a few years, Bélanger and his friends formed little bands, mainly to practice and hone their skills. When he turned 18, he met Gaston Tremblay, a member of the local band The Aquarels, who told him that if he ever moved here, to give him a call.

It was already a part of the young man's plans to move to Sherbrooke, first for the proximity to the US border and the many country bands around here, but also because he had seen the band Big Foot perform on television.

He thought that the chance to play with great bands was much bigger if he was here in town, so along with his childhood friend Rejean Letendre, he decided they would come live in Sherbrooke.




COURTESY

CONT'D ON PAGE 6

the QUBE 88.9FM

184 Queen Street, Sherbrooke (downtown Lennoxville)

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# Operation Nez Rouge home for the holidays in Sherbrooke and Magog

**Geoff Agombar**

After a year's absence in 2020, Operation Nez Rouge is resuming service in half of its traditional regions this year, including Sherbrooke and Magog from Nov. 26 to Dec. 31.

On Friday, Nov. 26 at 2:30 p. m. Operation Flashing Lights will open the 2021 season with a parade of sirens and lights through Sherbrooke from Rock Forest, then downtown and looping back to Université de Sherbrooke campus.

Since 1985, the ride-hailing service has offered a free safe drive home during the holidays. "Operation Nez Rouge volunteers make it possible for those who make the right choice to get home in one piece. It's the best gift you can give yourself and your loved ones!" says Valérie Lavoie, Honorary Chair of the 38th Operation Red Nose campaign.

If riders make a donation, funds go to support local youth and amateur sport organizations. Operation Nez Rouge Sherbrooke 2021 is partnered with Vert & Or athletes. Spokespersons Philippe Plourde (athletics) and Gabrielle Morin (swimming) want local drivers to remember that driving does not mix with fatigue or alcohol and drug impairment. "Although our previous campaigns have shown an ever-increasing awareness of this issue, there is still a lot to be done."

Special health measures will be in effect this year. Volunteers will be required to present a valid vaccine passport. Masks will be provided for both volunteers and riders, and masks will be mandatory in vehicles and at Operation Nez Rouge centres. The campaign will continue to track the evolution of Covid numbers throughout the season and apply public health measures.

To register as a volunteer, visit www.operationnezrouge.com. There are a few roles to choose from at a central office, or out and about as an escort driver using your own vehicle, as a driver of clients' vehicles, or as a navigator who rides along with drivers in clients' vehicles.

In order to encourage volunteer participation in Sherbrooke, co-owner of Sports Trans-Action and Regional Honorary President Yannick Charbonneau said his company is sponsoring a nightly draw among the volunteers on shift to win a ski or snowboard rental. Dec. 18 will be a special Sports Trans-Actions evening, and every volunteer will receive a small gift that night.

Sherbrooke will be active 16 nights this year, Thursdays through Saturdays from Nov. 26 to Dec 31, including Dec. 24 and 25.

Magog will be active 14 nights, Thursdays through Saturdays from Nov. 26 to Dec 31, but not on Dec. 24 and 25.

Some regions that had been active in previous years may not be covered this year, such as Coaticook, Haut and Val-Saint-Francois, Granby, and Drummondville.



COURTESY OF OPERATION RED NOSE

*Operation Red Nose Sherbrooke persons and Vert & Or athletes Philippe Plourde (athletics) and Gabrielle Morin (swimming) want local drivers to remember that driving does not mix with alcohol, drugs, or fatigue.*

For complete, up-to-date information, visit www.operationnezrouge.com/en/home

**Region of Sherbrooke**
819-821-4646
Thu, Fri, Sat evenings from 8 p.m. to 4 a.m.

Covering the communities of: North Hatley, Saint-Claude, Sherbrooke

**Region of Magog**
**819-742-0169**, 819-821-4646
Thu, Fri, Sat evenings from 8 p.m. to 3 a.m.

Covering the communities of: Austin, Bolton-Est, Eastman, Hatley, Hatley Township, Magog, Ogden, Omerville, Orford, Orford Township, Potton Township, Saint-Benoît-du-Lac, Saint-Étienne-de-Bolton, Sainte-Catherine-de-Hatley, Stanstead, Stanstead Township, Ste-Catherine de Hatley, Stukely-Sud

# InspirAction

CONT'D FROM PAGE 3

quietly," the Director recalled, explaining that the reason turned out to be that she had hidden herself and a few students inside of a classroom that was under construction, and they were making an effort not to be seen or heard. "That's where they slept," he said, "and then she got up the next morning and ran the school."

While clearly admiring the local staff's resilience, Daoudi also said that the InspirAction team is trying to do as much as possible to support their work from afar.

"They definitely still need our help," he said, underlining the foundation's role as a support to leadership directly within the community. Rather than trying to drop ideas and initiatives on the school from a distance, Daoudi said that right now he is committed to listening to what the local team says they need, and trying to help get that to them. While that can take on many forms in such challenging times, recently the need has been printer ink cartridges, and a class set of recorders

"We want the kids to be able to play music again," he said, explaining that the last set the school had to work with have become worn out.

It is for the work of filling those basic needs, as well as the work of continuing to build the school, that the InspirAction Foundation engages in regular fundraising. With the pandemic having shut down most conventional forms of public event, however, that work has also proven a challenge.

"These are the two worst years we've ever had," the director said, pointing out that past events have been very focused on community events and gatherings.

This year, to try to bridge the gap, the foundation is delivering Christmas trees for $45. The trees range in size from four feet to eight feet tall and are grown in Stoke. An order form is available on the foundation's facebook page, but the director also said that anyone interested in ordering a tree can email directly to contact@inspirActionFoundation.org. The trees will be delieverd on Dec. 4.

"We want to make sure people see that 100 per cent of the donations we get go to work being done on the ground. Daoudi said.




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# Bélanger

Cont'd from page 5

"So I moved here and I called Gaston Tremblay asking him to introduce me to country musicians," Bélanger said. "The first musician I met was Yvan Moreault, who, in turn introduced me to Huson Grenier. The three of us played about a year together."

During that time, Moreault and Belanger met many musicians with the intent of finding some top players to form a band. During their search, they did quite a few gigs but the one gig that was the most impressive for young Belanger, was to leave on tour with Terry Sutton.

"I remember when we left on tour with Terry. I thought at the time, that it was the real deal. My dreams were coming true. To all get in that van and hit the road for a long period of time, playing different venues in different cities was sensational. It was really exciting for me as a young musician," he recalled.

Of course, Belanger went on to tour many other times in his life, but this first experience was fabulous. He and Moreault finally found the right musicians to form the first edition of the band Texas Quebec, including Michael Goodsell, Mike Savoy, Jacques Jobin, and Bob Boisclair.

"This is how we formed Texas Quebec. I must say that I learnt a lot from Moreault about the importance of what goes on the stage, as well as the business part of the music industry," he said. "Yvan always was a go-getter and not as shy as I was."

The guys invested a lot of energy in reaching the top. Back when they were playing at the Bar Ouest in Sherbrooke, Belanger recalled that after the bar closed at 2:30 a.m., they stuck around and practiced until 6:00 a.m. This goes to show us that even when you are very talented, hard work is important if you want spectacular results.

Texas Quebec was on its way to stardom. They did the Festival in Dolbeau, which got them a lot of attention, as well as gigs all over the province.They really reached the peak when they opened the Petit Nashville Bar in Sherbrooke. The place was packed four nights a week, but then came a change of musicians: Rejean Letendre, Alain Carpentier and Roger Gravel joined Moreault and Belanger for the second edition of Texas Quebec.

"The funny thing is that Carpentier and Letendre were also natives to La Tuque just like me. A lot of musicians came from La Tuque and funny thing is at one point during that period, most of the bands around had at least one musician from La Tuque" Bélanger said.

At that time, many variety shows were recorded at Tele 7 and when the artists were staying in Sherbrooke overnight, they looked for a bar with entertainment like the Petit Nashville. Every week would bring some new faces at the bar.

The rumor that many artists were visiting the bar started to spread, drawing bigger crowds and raising the awareness of Texas Quebec. The group was the first live band to perform at the Michel Jasmin talk show.

For quite a few years, the band was constantly on tour performing in every festivals and often accompanying artists who did not have a regular band. The musicians were tight, the harmonies perfect and the musicianship was unbelievable.

"One day we decided to open Musikville (music store). We sold everything that had to do with music, but we also had an equipment rental department and guys who specialised in sound and stage lights. That kept us quite busy until one day, when Carpentier and I went on tour with Alain Morisod and Sweet people" he shared.

Eventually they became too busy with different other aspects of their career and decided to sell the store. Bélanger didn't know but his life on the road was far from being over.

"Quebec singer Pier Beland got in touch with me, and I agreed to go on tour with her," he said. "I was also responsible for everything that had to do with the tour. It lasted ten years. Every summer, we did at least 20 huge shows and we toured all over the province"

Bélanger is cool, calm, collected, and a very friendly person. His ability to work with a team and adapt to almost anything served him right. So did the fact that he was a perfectionist. He's no longer the shy young man who came to Sherbrooke years ago. The man is talented, personable and an excellent collaborator for those he works with.

After such a successful career, he now picks the gigs he wants to play. He loves music and he wants to have fun doing it. According to Bélanger, the best quality for a drummer or any musicians is the ability to listen to the others musicians playing on the same stage.

To conclude, he said that after all these years, he is still in amazed at how he was kindly greeted by the English community, despite the fact that when he moved here, he barely spoke the language. Belanger is forever grateful for all the lasting friendships he has made here and traditional country music is still his music of choice.

# Your week on TV

## WEEKDAY MORNING

| | Bell | Star | | 6 AM | 6:30 | 7 AM | 7:30 | 8 AM | 8:30 | 9 AM | 9:30 | 10 AM | 10:30 | 11 AM | 11:30 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| WCAX 3 | - | - | | Channel 3 News Morning | | CBS Mornings | | | | Rachael Ray | | The Doctors | | The Price Is Right | |
| WPTZ 5 | - | - | | NBC5 News Today | | Today | | | | Live with Kelly and Ryan | | Today 3rd Hour | | Today With Hoda & Jenna | |
| CBMT 6 | 206 | 301 | | Daybreak | | Dot | What He Ate | Kingdom | Molly of Denali | Remy & Boo | Wonder | Kingdom | True Rainbow | Heartland | |
| CHLT 7 | 107 | 718 | F | Salut bonjour (N) (SC) | | | | | | | | (9:59) Station potluck (N) | | Le tricheur | Mario Dumont |
| | | | M | | | | | | | | | (9:59) Marie-Claude (N) (SC) | | | |
| | | | T | | | | | | | | | | | | |
| | | | W | | | | | | | | | | | | |
| | | | Th | | | | | | | | | (9:59) Ça finit bien la semaine | | | |
| WMTW 8 | - | - | | WMTW News 8 at 6am | | Good Morning America | | | | Live with Kelly and Ryan | | Tamron Hall | | The View | |
| CKSH 9 | 108 | - | | Ranger Rob | Alix et | Garfield et cie | Arthur et les | Chasseurs de | Les sapiens | Le national | On va se le | Varied Programs | | Ricardo | 5 chefs dans |
| CKMI 11 | - | - | | Global News Morning | | | | | | The Morning Show | | Property Brothers: Buying | | Rachael Ray | |
| CFCF 12 | 205 | 312 | | CTV Your Morning | | Your Morning | Your Morning | Your Morning | Your Morning | Live with Kelly and Ryan | | The Marilyn Denis Show | | The View | |
| WVNY 22 | - | - | | Local 22 News This Morning | | Good Morning America | | | | The Drew Barrymore Show | | Var. Programs | Paid Program | The View | |
| WUTV 30 | - | - | | Varied Programs | | The National Desk | | The National Desk | | The 700 Club | | Judge Mathis | | Judge Jerry | Judge Jerry |
| CFKS 31 | 106 | 726 | F | Noovo Le Fil | Noovo Le Fil | Sports 30 (N) | Sports 30 | Rire et délire | Occupation | La semaine des 4 Julie | | (:01) "Une vitrine pour Noël" (2013) Chyler Leigh. (SC) | | | |
| | | | M | Noovo Le Fil (SC) | | | | | Rire et délire | Ça c'est drôle! | Ça c'est drôle! | "Une mission pour Noël" (2015) Derek Theler. (SC) | | | |
| | | | T | Noovo Le Fil | Noovo Le Fil | | | | Occupation | La semaine des 4 Julie | | (:01) "Noël au soleil" (2014) Patrick Muldoon, Dina Meyer. (SC) | | | |
| | | | W | | | | | | | | | (:01) "Une superstar pour Noël" (2017) Becca Tobin. (SC) | | | |
| | | | Th | | | | | | | | | (:01) "Noël à la télévision" (2016) Melissa Joan Hart. (SC) | | | |
| WUHF | - | 363 | | Good Day Rochester | | Good Day Rochester | | Good Day Rochester | | Judge Mathis | | The Wendy Williams Show | | Judge Jerry | Judge Jerry |
| WETK | - | - | | Classical Strt | World News | Molly of Denali | Wild Kratts | Elementary | Alma's Way | Curious | Daniel Tiger | Donkey Hodie | Elinor | Sesame Street | Pinkalicious |
| WCFE | - | - | | Nature Cat | Odd Squad | Xavier Riddle | Arthur | Molly of Denali | Wild Kratts | Elementary | Alma's Way | Curious | Daniel Tiger | Donkey Hodie | Elinor |
| A&E | 615 | 520 | | Jeremiah | Joyce Meyer | Parking Wars | Parking Wars | Parking Wars | Parking Wars | Parking Wars | Parking Wars | Varied Programs | | | |
| CNN | 500 | 500 | | New Day With John Berman | | New Day With John Berman | | New Day With John Berman | | CNN Newsroom With Poppy | | CNN Newsroom With Poppy | | At This Hour-Kate | |
| DISC | 520 | 505 | F | Mayday "No Clear Options" | | Highway Thru Hell | | Highway Thru Hell | | Homicide Hunter: Kenda | | Homicide Hunter: Kenda | | CSI: New York | |
| | | | M | | | | | | | Bones | | Bones | | | |
| | | | T | | | | | | | | | | | | |
| | | | W | | | | | | | | | | | | |
| | | | Th | | | | | | | | | | | | |
| DRAMA | 620 | 523 | F | "A Snow White Christmas" (2018) Michelle Randolph. | | | | Flashpoint "Forget Oblivion" | | "A Snow White Christmas" (2018) Michelle Randolph. | | | | Flashpoint "Forget Oblivion" | |
| | | | M | "A Christmas Detour" (2015) Candace Cameron Bure. | | | | | | "A Christmas Detour" (2015) Candace Cameron Bure. | | | | | |
| | | | T | "Christmas Encore" (2017) Maggie Lawson. (DVS) | | | | | | "Christmas Encore" (2017) Maggie Lawson. (DVS) | | | | | |
| | | | W | "Christmas in Angel Falls" (2017, Drama) Rachel Boston. | | | | | | "Christmas in Angel Falls" (2017, Drama) Rachel Boston. | | | | | |
| | | | Th | "A Twist of Christmas" (2018) Vanessa Lachey. (DVS) | | | | | | "A Twist of Christmas" (2018) Vanessa Lachey. (DVS) | | | | | |
| HIST | 522 | 506 | | History Erased | | Shatner's Weird or What? | | Yukon Gold | | Timber Kings | | Rust Valley Restorers | | Border | Border |
| PARMT | 628 | 584 | | Bar Rescue | | Bar Rescue | | Bar Rescue | | Bar Rescue | | Bar Rescue | | Bar Rescue | |
| RDI | 126 | 730 | | D'abord l'info | | D'abord l'info | | D'abord l'info | | Le national | L'info | | | | Isabelle Richer |
| SHOW | 616 | 521 | | The Outer Limits | | Private Eyes | | Movie | | | | Ransom | | Lost Girl | |
| SLICE | 601 | 562 | | ET Canada | Say Yes-Dress | Love It or List It | | Varied Programs | | | | King | King | Varied Programs | |
| TLC | 521 | 560 | | Varied Programs | | | | | | | | | | | |
| TSN | 400 | 400 | F | SportsCentre | SportsCentre | | SportsCentre | | SportsCentre | | SportsCentre | Canadian Curling Trials Round Robin. From Saskatoon, Sask. | | | |
| | | | M | | | | | | | | SportsCentre | | SportsCentre | | SportsCentre |
| | | | T | | | | | | | | | | | | |
| | | | W | | | | | | | | | | | | |
| | | | Th | | | | | | | | | | | | |
| YOUTH | 551 | 542 | | Sidekick | Squirrel | Cloudy, Meat | SpongeBob | SpongeBob | Loud House | Go Away Uni | Squirrel | Nerds | Numb Chucks | Sidekick | Cloudy, Meat |

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# Editorial

*The format of a My Take is 150 words - no more, no less - to express an opinion on a different topic each week. This week's topic was bake sales.*

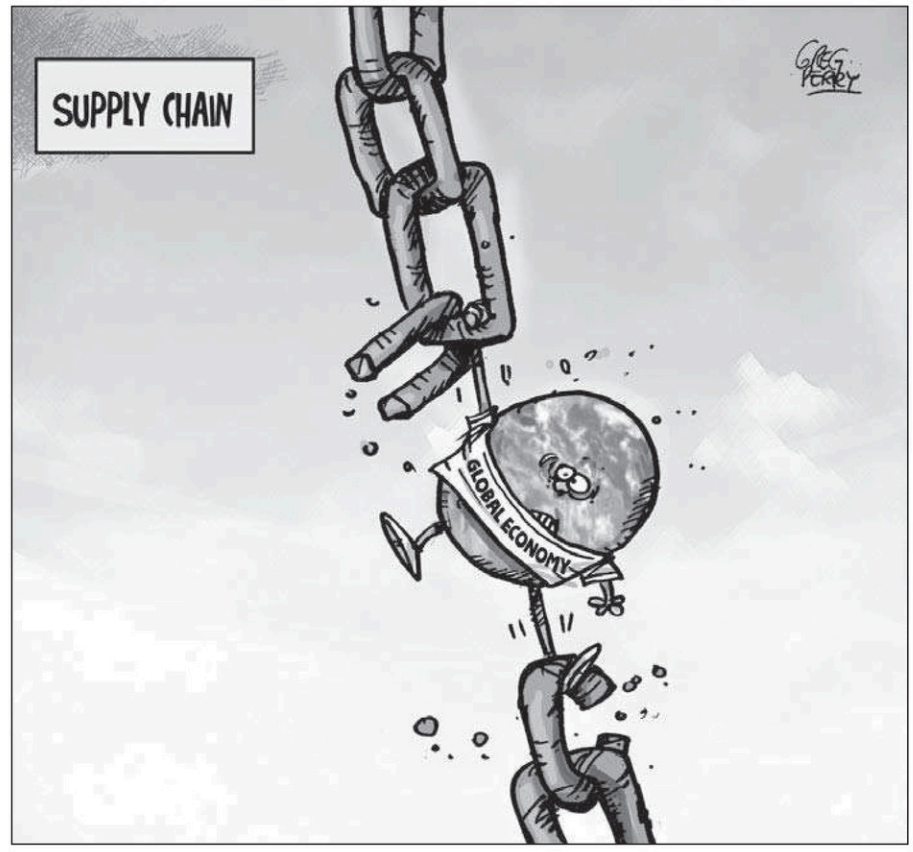
## My Take: By Gordon Lambie

It's been bizarre, having no bazaars. I know that some took place last year in adapted formats, and others are working on making their comeback, but it's here in the pre-Christmas, bazaar and bake sale season that the lingering elements of social distancing feel most striking to me.

Remember the pushback against the term "social distancing?" The idea being that we should focus on creating physical distance, but not social isolation?

As much as I like that idea, it turns out that doesn't really work in practice. Staying away from other people is social distancing, whether we call it that or not, and once you build a wall between yourself and the world, it takes some time to knock it down.

For me the bake sales and bazaars have never really been about handicrafts or brownies, but about getting out and seeing people in the community.




## My Take: By Geoff Agombar

1. Turn off the news. 2. In saucepan, stir one cup granulated sugar and 3/4 cup light corn syrup over medium-high heat. 3. Bring to boil, then remove from heat. Stir in one cup room temperature, creamy peanut butter. 4. Pour mixture over six cups Special K cereal in a large bowl. Work quickly before it firms up too much. 5. Press into a buttered 9x13 deep baking dish. 6. In a saucepan, melt one cup semisweet chocolate chips and one cup butterscotch chips over low heat. Go slowly. Resist temptation to turn up heat, or you risk burning the chocolate or causing it to seize up. 7. Once melted, pour over baking dish and smooth out topping. 8. Let set two hours before cutting and serving. (Optional) Top with a sprinkling of course sea salt to balance sweetness. (Optional) Gingerly turn news back on.

## My Take: By Matthew McCully

Last week Gordon walked into the office, back from yet another stressful assignment and said, can't there just be a bake sale somewhere? It's been a running joke ever since.

You see, it has been a heavy few months here in the newsroom. Lots of important issues to cover.

Every now and then it's nice to slip away from that and get the lowdown on a bake sale or a spaghetti supper. Who cooked what, how many volunteers participated, what are we raising money for today, look what so-and-so donated to the cause.

It's heartwarming and a pleasure to write about.

But what I have to keep reminding myself is that all the civil unrest we've been covering recently; the protests, the strikes, the inquiries, the reports.

These are all catalysts for change.

Also, many great things around us started with a simple bake sale.

## My Take: By Michael Boriero

Is it just me or has [insert expletive] been hitting the fan more often than not lately? My only guess is that it was mostly just bottled up during the height of the pandemic.

I've had it up to here with all of the doom and gloom these days — and if you were with me right now, you'd see that I have my hand raised way up over my head.

It starts to weigh on you, right? Demonstrations, protests, government inaction, corruption, and violence at every turn. I chose this path, though, this job. I'm in it every day.

But I can't imagine what it must be like as a reader, especially a casual one. I've had friends tell me that they stopped reading, listening and watching the news altogether.

I like to stay informed, but I can understand that everyone has a breaking point.

THE RECORD

6 Mallory, Sherbrooke, Quebec J1M 2E2
Fax: 819-821-3179
E-mail: newsroom@sherbrookerecord.com
Website: www.sherbrookerecord.com

| | |
|---|---|
| Sharon McCully Publisher | (819) 569-9511 |
| Matthew McCully Managing Editor | (819) 569-6345 |
| Gordon Lambie Associate Editor | (819) 569-6345 |
| Serge Gagnon Chief Pressman | (819) 569-4856 |
| Jesse Bryant Advertising manager | (450) 242-1188 |

DEPARTMENTS

| | |
|---|---|
| Accounting | (819) 569-9511 |
| Advertising | (819) 569-9525 |
| Circulation | (819) 569-9528 |
| Newsroom | (819) 569-6345 |

Knowlton office
5B Victoria Street, Knowlton, Quebec, J0E 1V0
Tel: (450) 242-1188 Fax: (450) 243-5155

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# Your week on TV

## WEEKDAY AFTERNOON

| | Bell | Star | | 12 PM | 12:30 | 1 PM | 1:30 | 2 PM | 2:30 | 3 PM | 3:30 | 4 PM | 4:30 | 5 PM | 5:30 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| WCAX 3 | - | - | | Channel 3 | The Young and the Restless | | Bold/Beautiful | The Talk | | Make a Deal | Var. Programs | Channel 3 News at Four | | Channel 3 | News at 5:30p |
| WPTZ 5 | - | - | | NBC5 News | Daily Blast | Days of our Lives | | Tamron Hall | | Dr. Phil | | The Ellen DeGeneres Show | | NBC5 News | NBC5 News |
| CBMT 6 | 206 | 301 | | CBC News Network | | Escape to the Country | | Movie | | | | Call the Midwife | | Time-Dinner | Var. Programs |
| CHLT 7 | 107 | 718 | | (11:58) TVA nouvelles | | Movie | | | Tom & Jerry | TVA nouvelles | Les feux de l'amour | | Top modèles | (4:58) TVA nouvelles | |
| WMTW 8 | - | - | | WMTW News 8 at Noon | | GMA3-Need to Know | | General Hospital | | Ellen Show | Var. Programs | WMTW News 8 at 4pm | | WMTW News 8 at 5PM | |
| CKSH 9 | 108 | - | F | Téléjournal | Silence | La semaine verte (SC) | | Brokenwood "L'épouvantail" Une récolte décimée. (SC) | | | | Savourer (N) | | L'effet | Silence |
| | | | M | | | Savourer | | Au gré du vent (SC) | | Les enquêtes de Murdoch (N) | | On va se le dire (N) (SC) | | | |
| | | | T | | | Enquête (SC) | | | | | | | | | |
| | | | W | | | Pharmachien | Chien | | | | | | | | |
| | | | Th | | | L'épicerie | La facture | | | | | | | | |
| CKMI 11 | - | - | | Global News | ET Canada | Days of our Lives | | The Talk | | The Drew Barrymore Show | | Carnival Eats | The Young and the Restless | | Global News |
| CFCF 12 | 205 | 312 | | CTV News Montreal | | The Social | | Dr. Phil | | The Dr. Oz Show | | The Ellen DeGeneres Show | | CTV News Montreal at 5 | |
| WVNY 22 | - | - | | Hot Bench | Hot Bench | GMA3-Need to Know | | General Hospital | | People's Court | Var. Programs | Judge Judy | Judge Judy | Judge Judy | Judge Judy |
| WUTV 30 | - | - | | The Steve Wilkos Show | | Maury | | Judge Mathis | | People's Court | Var. Programs | Family Feud | Family Feud | Bet Your Life | Bet Your Life |
| CFKS 31 | 106 | 726 | | Stumptown | | Marvel: les agents | | Movie | | | | Les Simpson | Les Simpson | (4:58) Noovo Le Fil 17 | |
| WUHF | - | 363 | | The Steve Wilkos Show | | Maury | | Var. Programs | Divorce Court | Hot Bench | Paid Program | Judge Judy | Judge Judy | The People's Court | |
| WETK | - | - | | Dinosaur Train | Clifford-Dog | Sesame Street | Donkey Hodie | Daniel Tiger | Let's Go Luna! | Odd Squad | Varied Programs | | | | World News |
| WCFE | - | - | F | Sesame Street | Pinkalicious | Soundscapes | Articulate-Jim | Crane Candlelight Concert | | Nature "My Life as a Turkey" | | NOVA CC (DVS) | | Secrets of the Dead CC | |
| | | | M | | | Nature "My Life as a Turkey" | | NOVA CC (DVS) | | Dean Martin and Frank Sinatra Family | | | Burt Bacharach's Best (My Music Presents) | | |
| | | | T | | | American Masters Playwright Lorraine Hansberry. | | | | Rick Steves European Christmas CC | | | | Rick Steves | Rick Steves |
| | | | W | | | Secrets of the Dead CC | | Secrets of the Dead CC | | Il Volo -- Tribute to Ennio Morricone CC | | | The Tenors: Best of Our Lives CC | | |
| | | | Th | | | Inside the Vatican Daily life at the Vatican. CC | | | | Great Performances Andrea Bocelli live in Central Park. | | | | | |
| A&E | 615 | 520 | | Varied Programs | | | | The First 48 | Var. Programs | The First 48 | Varied Programs | | | The First 48 | Var. Programs |
| CNN | 500 | 500 | | Inside Politics With John King | | CNN Newsroom-Ana Cabrera | | CNN Newsroom With Alisyn | | CNN Newsroom With Alisyn | | The Lead With Jake Tapper | | The Lead With Jake Tapper | |
| DISC | 520 | 505 | F | CSI: New York CC | | Homicide Hunter: Kenda | | Homicide Hunter: Kenda | | CSI: New York CC | | CSI: New York CC | | Highway Thru Hell | |
| | | | M | | | Bones CC | | Bones CC | | | | | | | |
| | | | T | | | | | | | | | | | | |
| | | | W | | | | | | | | | | | | |
| | | | Th | | | | | | | | | | | | |
| DRAMA | 620 | 523 | | Movie | | | | Flashpoint | | Varied Programs | | | | | |
| HIST | 522 | 506 | F | Forged in Fire CC | | Snack-Sized | Snack-Sized | Snack-Sized | Snack-Sized | Snack-Sized | Snack-Sized | Big Timber "Under Pressure" | | The UnXplained CC (DVS) | |
| | | | M | Forged in Fire: Cutting Deeper | | American Pickers | | American Pickers | | American Pickers | | American Pickers | | American Pickers | |
| | | | T | Forged in Fire CC | | Pawn Stars CC (DVS) | | Pawn Stars "Jurassic Pawn" | | Pawn Stars "Pawnanza" | | | | Pawn Stars "Weird & Wacky" | |
| | | | W | | | Forged in Fire CC | | Forged in Fire CC | | Forged in Fire CC | | Forged in Fire CC | | Forged in Fire CC | |
| | | | Th | | | Counting Cars CC (DVS) | | Counting Cars CC | | American Pickers | | American Pickers | | American Pickers "Cruisin'" | |
| PARMT | 628 | 584 | | Bar Rescue | | Bar Rescue | | Varied Programs | | | | | | | |
| RDI | 126 | 730 | | Téléjournal | Mordus de politique | | Var. Programs | L'info | | | | | | En direct avec Patrice Roy | |
| SHOW | 616 | 521 | F | Private Eyes CC (DVS) | | NCIS "False Witness" | | NCIS "Ships in the Night" | | NCIS "Recruited" | | FBI "Prey" CC (DVS) | | NCIS "False Witness" | |
| | | | M | | | | | | | | | | | | |
| | | | T | | | | | | | | | | | | |
| | | | W | | | | | | | | | | | | |
| | | | Th | | | | | | | | | | | | |
| SLICE | 601 | 562 | | Varied Programs | | Love It or List It | | Varied Programs | | | | | | | |
| TLC | 521 | 560 | | Varied Programs | | | | | | | | | | | |
| TSN | 400 | 400 | | SportsCentre | SportsCentre | Varied Programs | | | | | | NFL Live | | Around/Horn | Interruption |
| YOUTH | 551 | 542 | | SpongeBob | Loud House | Squirrel | Nerds | Go Away Uni | Cloudy, Meat | LEGO City | SpongeBob | SpongeBob | Loud House | Loud House | Var. Programs |

## FRIDAY EVENING — NOVEMBER 26, 2021

| | Bell | Star | 6 PM | 6:30 | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 | 11 PM | 11:30 | 12 AM |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| WCAX 3 | - | - | (3:30) College Football Missouri at Arkansas. (N) CC | | CBS Evening News | Entertainment Tonight (N) | Frosty the Snowman | (:32) Frosty Returns | (:01) Magnum P.I. "The Long Way Home" CC | | Blue Bloods A police captain is losing his grip. | | Channel 3 News | (:35) The Late Show With Stephen Colbert CC | |
| WPTZ 5 | - | - | NBC5 News at 6 (N) | NBC Nightly News - Holt | Jeopardy! (N) CC | Wheel of Fortune (N) | Grinch Stole Christmas! | 5 More Sleeps | Trolls Holiday in Harmony | Saturday Night Live Popular Christmas-themed sketches. CC | | | NBC5 News at 11 (N) | (:34) The Tonight Show Starring Jimmy Fallon CC | |
| CBMT 6 | 206 | 301 | CBC Montreal News (N) | Rick Mercer Report | 2021 Governor General's Performing Arts Awards (N) | | marketplace (N) CC | Travel Man: 48 Hours in... | The Nature of Things What future humans will look like. | | The National (N) CC | | CBC Montreal News (N) | Exhibitionists CC (DVS) | Coronation Street |
| CHLT 7 | 107 | 718 | (5:58) TVA nouvelles (N) | (:29) Le tricheur (N) | (6:59) Ça finit bien la semaine (N) (SC) | | Du talent à revendre (N) (DVS) (SC) | | J.E. (N) (SC) | Denis Lévesque (N) | TVA nouvelles (N) | (:35) "Piégé dans la jungle" (2017, Action) Daniel Radcliffe. Une excursion se transforme en expérience terrifiante. | | | |
| WMTW 8 | - | - | College Football | Coll. Football | Wheel of Fortune (N) | Jeopardy! (N) CC | Santa Claus Is Comin' to Town | | (:01) 20/20 (N) CC | | | | WMTW News 8 at 11 (N) | (:35) Jimmy Kimmel Live! CC | |
| CKSH 9 | 108 | - | (5:59) Le téléjournal Estrie | (:31) Zone économie (N) | Prix du Gouverneur général pour les arts du spectacle | | Prière de ne pas envoyer de fleurs (N) (SC) | | Galas ComediHa! 2021 Avec Pierre-Yves Roy-Desmarais. | | Le téléjournal (N) (SC) | | (:05) Le téléjournal Estrie | (:34) "Kuessipan" (2019) Brigitte Poupart. Premiere. | |
| CKMI 11 | - | - | Global National (N) CC | (:29) Global News at 6:30 | ET Canada (N) | Entertainment Tonight (N) | The Neighborhood | 5 More Sleeps | Trolls Holiday in Harmony | Saturday Night Live Popular Christmas-themed sketches. CC | | | Global News at 11 (N) | (:35) The Late Show With Stephen Colbert CC | |
| CFCF 12 | 205 | 312 | (5:59) CTV News Montreal (N) CC | | etalk (N) CC | The Big Bang Theory CC | ★★ "The Greatest Showman" (2017) Hugh Jackman. P.T. Barnum creates the Barnum & Bailey circus in the 1800s. | | | | Blue Bloods A police captain is losing his grip. CC | | Lisa LaFlamme | CTV News Montreal (N) | The Big Bang Theory CC |
| WVNY 22 | - | - | College Football | Coll. Football | Local 22 News (N) | Inside Edition (N) CC | Santa Claus Is Comin' to Town CC | | (:01) 20/20 (N) CC | | | | Local 22 News (N) | (:35) Jimmy Kimmel Live! CC | |
| WUTV 30 | - | - | (4:00) College Football Colorado at Utah. (N) CC (Live) CC | | | FOX College Football Extra | WWE Friday Night SmackDown (N) CC (Live) | | | | Fox 29 News at 10 (N) CC | | Seinfeld "The Fire" CC | Two and a Half Men CC | Two and a Half Men CC |
| CFKS 31 | 106 | 726 | Souper parfait | Taxi payant (SC) | Wipeout : la compétition Un parcours à obstacles délirant. | | Huissiers (N) (DVS) (SC) | Syndics (N) (DVS) (SC) | Big little lies: petits secrets, grands mensonges (N) CC | | (9:59) Noovo Le Fil 22 (N) | ★★ "Proposition indécente" (1993) Robert Redford. Une épouse se fait offrir de l'argent pour une nuit d'amour. | | | |
| WUHF | - | 363 | (4:00) College Football Colorado at Utah. (N) CC (Live) CC | | | FOX College Football Extra | WWE Friday Night SmackDown (N) CC (Live) CC | | | | 13WHAM News at 10 on Fox Rochester (N) (Live) CC | | DailyMailTV CC CC | The Big Bang Theory CC | Monkees, Beach Boys |
| WETK | - | - | PBS NewsHour (N) CC CC | | Profile | Vermont This Week (N) | Washington Week (N) CC | Ancient Remedies With Dr. Josh Axe Using food to heal the body. CC CC | | | Aging Backwards 3: Fast Track With Miranda | | Amanpour and Company (N) CC CC | | BBC World News CC |
| WCFE | - | - | World News America | BBC World News Today | PBS NewsHour (N) CC CC | | Mountain Lake Journal | New York Now CC | Great Performances Live action/animated. A plastic surgeon builds a robot woman. (N) | | One Voice: The Songs | | BBC World News CC | Amanpour and Company (N) CC CC | |
| A&E | 615 | 520 | The First 48 In Oklahoma, a woman is found dumped. CC | | The First 48 A young father is murdered in his car. CC | | The First 48 "Ringside Seat" Murder in a motel parking lot. | | The First 48 A murder victim's friends hide a secret. | | (:01) The First 48 A killer prowls the streets of Atlanta. | | (:04) The First 48 A New Orleans couple goes missing. | | (12:03) The First 48 CC |
| CNN | 500 | 500 | CNN Newsroom With Jim | | Diana CC | | Diana CC | | Diana "Di Mania" CC | | Diana "A Royal Rogue" | | Diana "Royal Rivalries" | | Diana CC |
| DISC | 520 | 505 | Highway Thru Hell "Yin and Yang" CC (DVS) | | Heavy Rescue: 401 "I'm On My Way" CC (DVS) | | Street Outlaws: No Prep Kings "Slow Burn" Chuck slow plays Justin Swanstrom. (N) CC (DVS) | | | | Street Outlaws: No Prep Kings: Team Attacks "Bring the Heat" Dean's List eyes up a three-peat. (N) CC (DVS) | | | | Street Outlaws |
| DRAMA | 620 | 523 | Bones Mysterious death of an office manager. CC | | Bones Skeletal remains in the Chesapeake Bay. CC | | "Reba McEntire's Christmas in Tune" (2021) Reba McEntire. A former couple reunite to sing in a Christmas concert. | | | | Leverage: Redemption The team sneaks into R.I.Z. CC | | (:05) Bones A body is found in an outhouse. CC | | (12:05) Bones CC (DVS) |
| HIST | 522 | 506 | The UnXplained The belief in the existence of Satan. CC | | Ancient Aliens An ancient advanced civilization. CC | | Ancient Aliens The mystery of the human genome. CC | | The UnXplained Predicting our own demise. (N) CC | | Ancient Aliens Mysterious sites around the globe. (N) | | Great Escapes With Morgan Freeman CC CC | | The UnXplained CC |
| PARMT | 628 | 584 | (5:58) Yellowstone "Resurrection Day" CC | | (6:58) Yellowstone John and Rip seek revenge. CC | | (:01) Yellowstone The Duttons gear up for a final fight. | | (8:58) Yellowstone "Sins of the Father" CC | | Lip Sync Battle CC | Lip Sync Battle CC | Lip Sync Battle CC | Lip Sync Battle CC | Lip Sync Battle CC |
| RDI | 126 | 730 | (5:55) Zone économie (N) (SC) | | 24/60 (N) (SC) | | Les grands reportages La révolution cubaine. (SC) | | Le téléjournal avec Céline Galipeau (N) (SC) | | Le téléjournal (N) (SC) | | Le national (N) (SC) | (:31) Le national (N) | (12:01) 24/60 (SC) |
| SHOW | 616 | 521 | NCIS A Marine is murdered on a dinner boat. CC | | NCIS "Recruited" A murder at a college fair. CC | | FBI "Prey" The murders of 18 young women. CC | | ★★★ "Wonder Woman" (2017, Action) Gal Gadot, Chris Pine, Connie Nielsen. Wonder Woman discovers her full powers and true destiny. CC CC (DVS) | | | | | | "Batman v Superman" |
| SLICE | 601 | 562 | The King of Queens CC | The King of Queens CC | Below Deck Mediterranean "Can't Fight This Feeling" CC | | Below Deck Mediterranean "At Your Lack of Service" | | The Real Housewives of Cheshire (N) CC CC | | Married at First Sight (N) CC CC | | | | The King of Queens CC |
| TLC | 521 | 560 | 90 Day Fiancé: The Other Way "Pillow Talk: Cold Feet" | | 90 Day Fiancé: The Other Way "More to Love: Don't Overthink It" Victor is ready to call it quits. (N) CC | | | | 90 Day Fiancé: The Other Way First Look; Kenny and Armando marry. (N) CC | | | The Family Chantel "Pillow Talk: Breaking Bread" (N) CC | | 90 Day: Other | 90 Day: Other |
| TSN | 400 | 400 | SportsCentre (N) (Live) CC | | That's Hockey (N) | Best Fan Moments CC | Canadian Curling Trials Round Robin. From Saskatoon, Sask. (N) (Live) CC | | | | | | SportsCentre (N) (Live) CC | | Top Animal Moments |
| YOUTH | 551 | 542 | ★★★ "Fantastic Beasts and Where to Find Them" (2016, Fantasy) Eddie Redmayne. CC | | | | | | ★★★ "Fantastic Beasts and Where to Find Them" (2016, Fantasy) Eddie Redmayne. CC | | | | | | Victorious CC |

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COLUMNIST | *The self-awareness of our privilege, our biases, our preferences, our interpretations, our intentions, and our vocabulary, is pivotal to spreading belongingness.*

# Today is Buy Nothing Day: Celebrate your independence



DOUGLAS NADLER

Many places in the world, including Canada, are eagerly awaiting today, Black Friday, which falls just after US Thanksgiving each year in late November. This is the day when arguably the greatest reductions in prices can be found in the shops. It's followed by Cyber Monday, which has the potential to outdo it, as online prices for goods tend to be more competitive. People are enticed to spend endless amounts of time and money without moving from their computers, even when they should be working.

Retailers and wholesalers didn't always call the world's population 'consumers'. Before the industrial revolution the word wasn't often used, and it didn't denote mindless spending. However, with the accelerated pace of production, rising wages and now the false promises of advertising and social media, it has became fashionable to buy items we don't need. In 1898, the French political economist Charles Gide told his students, "The 19th century has been the century of producers. Let us hope that the 20th century will be that of consumers. May their kingdom come!"

A strong response to this super-consumerism is never far away, however. In 1992 Ted Dave came up with the idea of Buy Nothing Day, which now coincides with Black Friday. As out-of-control consumerism has spawned more and more waste and destruction for our planet, Buy Nothing Day has taken on many forms, all of which try to illuminate the utter folly and absurdity of Black Friday.

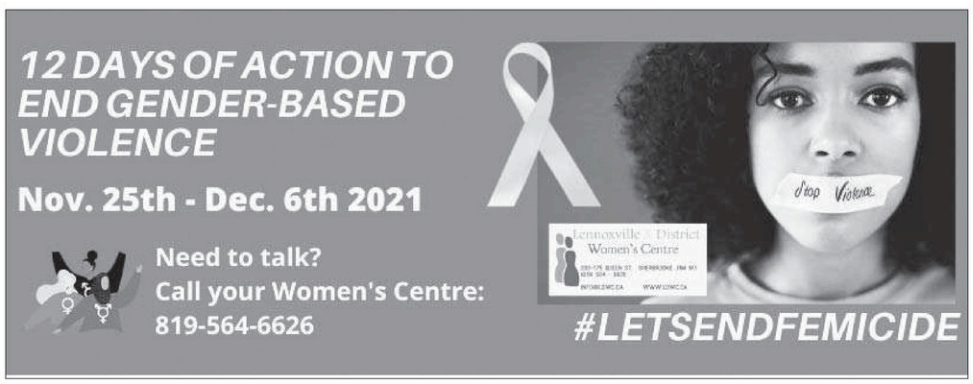
Here are some suggestions. First and foremost we can stop calling ourselves consumers! It is horrific that people have accepted that word to describe themselves, as if being a consumer were of the greatest priority in defining who they are. We can shine the spotlight of criticism on consumerism and runaway capitalism by going to a protest. Undoubtedly some placards will point out that 'fast fashion' not only creates one-time-use shoddy clothes but also relies on exploitation and spews out enormous amounts of waste and pollution.

Some retailers have taken a stand, too. The rise of the global retailer has caused many small businesses to try to band together, as few can compete with the likes of Amazon. "This Friday," states The Guardian, "independent retailers across the [United Kingdom] will shut down their websites, donate their profits to charity and plant trees as part of a renewed drive against the rabid consumerism encouraged by large online sellers offering deals for Black Friday."

This Friday, Buy Nothing protesters will cut up their vastly overdrawn credit cards, participate in zombie walks pushing empty carts through shopping malls, or organize winter coat exchanges. Some might organize a walk through the woods, far away from box stores, and focus on protecting Nature. Another reason for refusing to participate in Black Friday comes as a result of most people's heightened awareness of climate breakdown and biodiversity loss. Plastic clothing and excessive packaging have a huge impact on planetary ecological health.

There will be a Buy Nothing Day celebration this Friday, Nov. 26, at 2 p.m. at Portland Boulevard and McCrea Street. Bring your placards, have fun and buy nothing.

# Little by little...




*Each year the Lennoxville and District Women's Centre takes part in the 12 DAYS OF ACTION TO END GENDER-BASED VIOLENCE. Between Nov. 25 and Dec. 6, The Record will be publishing an article in each issue to raise awareness and shine a light on this critical social problem.*

A piece on the importance of compassion and humanity in healing:

Office hour. A student had said they would drop by to see their midterm. I pull out the midterm copy, review it and resume working.

-Knock knock. Mask on. "Hello, come in and have a seat." [...] An hour later, we look at the midterm.

You wonder what happened in the meantime?

We talked, we shared opinions, concerns, we learned from each other's' perspectives. We actually met. I got to know a person, on a human level. Beyond the roles assigned to us in our shared social context. Student and prof, we share more than that. Dare I say that I think I'm a friendly prof to my students, and often fool myself into thinking that I know them. I know them with their masks on, their student masks, and I hear and see them with my prof eyes and ears. Routine numbs us, makes us forget that behind a mask, a title, a number, a gender, an orientation, a name... is where lays humanity.

This piece you are about to read made me want to discover what other hidden treasures are in those wonderful human beings sitting in my classes.

Little by little...

Life is uncertain. Life. Is. Uncertain. Uncertainty is remaining compassionate with yourself and others; while remaining aware that everyone is living their own reality. Life is full of adversity, nevertheless with a compassionate heart, we can create the change we want to see... Compassion is the catalyst to change.

How I identify should not affect my interaction with you.

My Gender does not allow you to be ignorant during our interactions. At the end of the day, everyone wants to belong. The self-awareness of our privilege, our biases, our preferences, our interpretations, our intentions, and our vocabulary, is pivotal to spreading belongingness. Nonetheless, compassion requires understanding that each individual is capable of teaching another. Meaning, whether the experience is positive, indifferent or negative, the positive experiences will be defined by the negative experiences.

Growth; the ability to understand a new perspective of an interaction one has previously experienced. Thus, to transcend past experiences. Maturity; the ability to understand the perception of others; take what you resonate with, leave what you do not. Growth and maturity are analogous. I am not telling you how to live your life. However, if we all remain compassionate to each individual when they share their perspective on life; Listen. Understand. Respect. Did you like or dislike something they said? Yes? Kind of? No? Acknowledge the point of view of the individual is valid. Be intentional with your vocabulary when one chooses to be vulnerable enough to share their experience. Observe the beauty in a perspective different from your own. Notice the compassion you receive from others. Choose to do the same. Be as compassionate as you are with your loved ones; to everyday strangers and to yourself. Because, why not?

Remaining authentic, listening and understanding, and unconditional compassion are ways to challenge the schemas we have been taught. Authenticity is following your truest journey guided by your deepest intentions during your interactions with others. Authenticity opens the door to empathy; to trust, see and hear, and to be trusted, seen and heard. Empathy opens the door to genuineness; honesty, freedom and foundation. Genuineness opens the door to effortless compassion; support and recognize the full worth of the people around you.

We are all human. We are not acting in the best way we are capable of in the present moment. We must grow as individuals. Be grateful for the increase of insight and the next opportunity to make better decisions from that moment on. Acknowledge and forgive.

Uncertainly, spreading compassion little by little will allow gender to be a personal journey; that will no longer be affected by the privilege, the biases, the preferences, the interpretations, the intentions, and the vocabulary of others.

**Sincerely, Everyday Strangers**

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# Your week on TV

## SATURDAY DAYTIME — NOVEMBER 27, 2021

| | Bell | Star | 8 AM | 8:30 | 9 AM | 9:30 | 10 AM | 10:30 | 11 AM | 11:30 | 12 PM | 12:30 | 1 PM | 1:30 | 2 PM | 2:30 | 3 PM | 3:30 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| WCAX 3 | - | - | CBS Saturday Morning (N) | | | | Lucky Dog "Petal" | Innovation Nation | Mission Unstop | Hope in the Wild | Transform | NFL Championship Chase: Playoff Push | | Drew Pearson: A Football Life (N) | | Football Drive | College Football | College Football |
| WPTZ 5 | - | - | (7:00) Today (N) | Ocean Mysteries | Teen Kids News (N) | The Voyager | Earth Odyssey | Wild Child (El) | Roots Less | One Team | Vets Saving Pets | Premier League Soccer Brighton & Hove Albion vs Leeds United. (N) (Live) | | | | Prem Goal Zone | Alpine Skiing | |
| CBMT 6 | 206 | 301 | (:07) Remy & Boo | Paddington | Dino Ranch (N) | Mighty Express | PJ Masks | Gary's Magic Fort | Bravest Knight | (:26) Molly of Denali | Our Montreal (N) | | Rugby (N) | | Alpine Skiing (N) | | Speed Skating (N) | |
| CHLT 7 | 107 | 718 | (6:00) Salut bonjour week-end (N) (SC) | | | | Trois fois par | Bien (N) (SC) | Rêvons maisons | L'académie | TVA nouvelles (N) | 180 (N) (SC) | Infopublicité (SC) | ★★ "Dansez dans les rues 4" (2012, Drame) Ryan Guzman, Kathryn McCormick. (SC) | | | | "Blanche-Neige" |
| WMTW 8 | - | - | Good Morning America (N) | | Good Morning America (N) | | Wildlife Nation | oh baby! | Hearts of Heroes | Free Enterprise | College Football Georgia at Georgia Tech. (N) (Live) | | | | | | Coll. Football | College Football |
| CKSH 9 | 108 | - | Les aventures | Axel | Kung Fu Panda | Défense d'entrer! | Les derniers | L'effet secondaire | Ricardo (SC) | 5 chefs dans ma | Téléjournal | La facture (SC) | Enquête (SC) | | Faire oeuvre utile (DVS) (SC) | | Inspecteur Lewis Les capacités d'une équipe. | |
| CKMI 11 | - | - | Paid Program | Real Fishing | Paid Program | Fishful Thinking | Fish TV (N) | Paid Program | Powerboat Television | Paid Program | Entertainment Tonight (N) | | Save My Reno | "Five Star Christmas" (2020) Bethany Joy Lenz, Victor Webster. Premiere. (DVS) | | | | Save My Reno |
| CFCF 12 | 205 | 312 | CTV Your Morning Weekend (N) | | Operation Smile | | Paid Program | Paid Program | Written Canada | Moneytalk (N) | Mary Makes It | Mad About You | ★★ "Christmas With the Kranks" (2004, Comedy) Tim Allen, Jamie Lee Curtis. | | | | Seinfeld | Seinfeld |
| WVNY 22 | - | - | Good Morning America (N) | | Good Morning America (N) | | Portable Oxygen | Arthritis & Neck Pain | MAXX Grill | Paid Program | College Football Georgia at Georgia Tech. (N) (Live) | | | | | | Coll. Football | College Football |
| WUTV 30 | - | - | NEW Shark Vertex | | Bathroom? | Youthful Skin | Big Noon Kickoff (N) (Live) | | | | College Football Ohio State at Michigan. (N) (Live) | | | | | | | College Extra |
| CFKS 31 | 106 | 726 | Rénos au bord | Christina | Noovo Le Fil week-end (N) (SC) | | RPM La nouvelle Honda Civic 2022. | | RPM plus La motorisation de l'automobile. | | Infopublicité (SC) | Infopublicité (SC) | (12:58) Occupation double dans l'Ouest (DVS) (SC) | | | "Romance d'hiver" (2020) Jill Wagner, Victor Webster. (SC) | | |
| WUHF | - | 363 | Xploration Space | Awesome Planet | Second Chance | Xploration DIY Sci | Big Noon Kickoff (N) (Live) | | | | College Football Ohio State at Michigan. (N) (Live) | | | | | | | College Extra |
| WETK | - | - | (7:00) The Collagen Diet with Dr. Josh Axe | | New England Gardening Holiday Edition | | Rick Steves European Christmas Holiday customs and practices in Europe. | | | | Test Kitchen | Cook's Country | Feel Better With Pressure Point Therapy | | The Carpenters: Close to You & Christmas Memories (My Music Presents) | | | |
| WCFE | - | - | Hero Elementary | Alma's Way | Curious George | Daniel Tiger | Rick Steves European Christmas Holiday customs and practices in Europe. | | | | Eat Your Medicine: The Pegan Diet With Mark Hyman, MD How to use food as medicine. | | | | Pain Secrets: The Science of Everyday Pain The origins of everyday pain. | | | |
| A&E | 615 | 520 | Flipping Vegas Scott buys a house. | | Zombie House Flipping | | Zombie House Flipping | | Zombie House Flipping "Spruce" | | Triple Digit Flip | | Court Cam | ★★ "Escape Plan" (2013, Action) Sylvester Stallone. A security expert must break out of a formidable prison. | | | | |
| CNN | 500 | 500 | New Day We | | Smerconish (N) | | CNN Newsroom | | CNN Newsroom | | CNN Newsroom | | CNN Newsroom | | CNN Newsroom | | CNN Newsroom | |
| DISC | 520 | 505 | Mayday A design flaw causes crashes. | | Mayday "The Final Blow" | | Mayday "Cracks in the System" | | Mayday "Cockpit Failure" | | North Woods Law "Uncuffed 2" | | North Woods Law "Cheaters" | | North Woods Law "Just One More..." | | North Woods Law "The End Is Near" | |
| DRAMA | 620 | 523 | Bones "The He in the She" (DVS) | | Bones A body is found in an outhouse. | | Bones Booth's son finds a finger. | | Bones A dismembered body is discovered. | | Bones "The Crank in the Shaft" | | Bones "The He in the She" (DVS) | | Chicago Fire "When Things Got Rough" | | Chicago Fire (DVS) | |
| HIST | 522 | 506 | Paid Program | Paid Program | Big Timber "Under Pressure" | | Rust Valley Restorers "The Secret" | | Counting Cars A 2021 Harley Davidson Trike. | | Pawn Stars "Rick's Big Shot" | | Forged in Fire "Family Edition" | | Forged in Fire | | Pawn Stars "Harrison v. Harrison" | |
| PARMT | 628 | 584 | Auction Hunters | Auction Hunters | Auction Hunters | Auction Hunters | Auction Hunters | Auction Hunters | Auction Hunters | Auction Hunters | Yellowstone "You're the Indian Now" | | (12:56) Yellowstone | | Yellowstone "An Acceptable Surrender" | | (2:56) Yellowstone "Going Back to Cali" | |
| RDI | 126 | 730 | RDI matin weekend (N) (SC) | | RDI matin weekend | Arrêt culturel (N) | L'info (N) (SC) | L'info (SC) | L'info (N) (SC) | Les décrypteurs | Téléjournal | Téléjournal | Le national | L'info (N) (SC) | L'info (N) (SC) | L'info (SC) | L'info (N) (SC) | L'info (SC) |
| SHOW | 616 | 521 | (6:30) "Breakaway" (2011) Russell Peters. | | ★★ "Man of Steel" (2013) Henry Cavill, Amy Adams. Young Clark Kent must protect those he loves from a dire threat. (DVS) | | | | | | ★★★ "Wonder Woman" (2017, Action) Gal Gadot, Chris Pine. Wonder Woman discovers her full powers and true destiny. (DVS) | | | | | | ★★ "Batman v Superman: Dawn of Justice" | |
| SLICE | 601 | 562 | Late Nite Eats | Paid Program | Paid Program | Paid Program | Below Deck Mediterranean (DVS) | | ★★★ "Everest" (2015, Adventure) Jason Clarke, Josh Brolin. Climbers fight for survival during a storm on Mount Everest. (DVS) | | | | | | ★ "What Happens in Vegas" (2008) Cameron Diaz, Ashton Kutcher. (DVS) | | | |
| TLC | 521 | 560 | Hoarding: Buried Alive "Prison of Garbage" | | Hoarding: Buried Alive | | Hoarding: Buried Alive Kay; Toni. | | My 600-Lb. Life "Gideon's Story" | | My 600-Lb. Life "Jennifer & Marissa's Story" Jennifer struggles to change her life. | | | | My 600-Lb. Life "Renee's Story" Renee's weight swells to 600 pounds. | | | |
| TSN | 400 | 400 | SportsCentre | | SportsCentre | | Canadian Curling Trials Tiebreaker. From Saskatoon, Sask. (If necessary). (N) (Live) | | | | | | SC | Motoring TV | Top 50 Best | TSN Originals | Canadian Curling Trials Women's Semifinal. | |
| YOUTH | 551 | 542 | Sponge. | Loud | Croods | Middlem | TrollsTopia | Loud | Casagran | Koral | ★ "The Nut Job 2: Nutty by Nature" (2017) | | | | Sponge. | Sponge. | TrollsTopia | LEGO City |

## SATURDAY EVENING — NOVEMBER 27, 2021

| | Bell | Star | 4 PM | 4:30 | 5 PM | 5:30 | 6 PM | 6:30 | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 | 11 PM | 11:30 | 12 AM |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| WCAX 3 | - | - | (3:30) College Football Alabama at Auburn. (N) (Live) | | | | | | Channel 3 News | Carcass | R'ndeer | Robbie | The Story of Santa Claus | | (:01) 48 Hours (N) | | Channel 3 News | Patriots All Access | |
| WPTZ 5 | - | - | Alpine Skiing | | DRL Drone Racing (Taped) | | NBC5 News at 6 | Nightly News | Jeopardy! | Wheel of Fortune | The National Dog Show More than 2,000 dogs compete. | | | | Saturday Night Live (N) | | NBC5 News | (:29) Saturday Night Live | |
| CBMT 6 | 206 | 301 | Bobsledding and Skeleton (N) | | | | CBC Montreal | Hockey Night | NHL Hockey Montreal Canadiens at Pittsburgh Penguins. From PPG Paints Arena in Pittsburgh. (N) (Live) | | | | | | NHL Hockey Winnipeg Jets at Calgary Flames. From Scotiabank Saddledome in Calgary, Alberta. (N) | | | | |
| CHLT 7 | 107 | 718 | (3:30) ★★ "Blanche-Neige et le chasseur" (2012) Kristen Stewart, Charlize Theron. (SC) | | | | TVA nouvelles (N) | ★★ "Tomb Raider" (2018) Alicia Vikander. La jeune Lara Croft cherche un tombeau légendaire. (DVS) (SC) | | | | | (8:51) ★★ "xXx: le retour de Xander Cage" (2017) Vin Diesel, Donnie Yen. (DVS) (SC) | | | | TVA Nouvelles (N) | (:25) ★★ "R.E.D. 2" (2013) Bruce Willis. | |
| WMTW 8 | - | - | (3:30) College Football Penn State at Michigan State. (N) (Live) | | | | | Coll. Football | Coll. Football | College Football Oklahoma at Oklahoma State. (N) (Live) | | | | | | | WMTW News 8 | Castle A chef is found frozen to death. | |
| CKSH 9 | 108 | - | (3:00) Inspecteur Lewis (SC) | | La semaine verte (N) (SC) | | Téléjournal Estrie | La petite vie (SC) | En direct de l'univers Avec 2Frères. (N) | | La traque "L'information 626" (N) | | Le poison venu du froid (N) | | Le télé-journal | Doc humanité "La vie devant moi" (N) (SC) | | Dre Grey, leçons d'anatomie (N) | |
| CKMI 11 | - | - | Backyard Builds | Scott's Vacation House Rules | | Carnival Eats | Global News at 6 | Global National | The New Reality (N) | ET Canada Weekend (N) | | Border Security | Private Eyes "In the Arms of Morpheus" | | (:01) 48 Hours (N) | | Global News | (:29) Saturday Night Live | |
| CFCF 12 | 205 | 312 | Seinfeld | Seinfeld | Big Bang Theory | Big Bang Theory | CTV News Montreal (N) | | W5 Ross Alderson has been vindicated. | | ★★★ "The Bourne Ultimatum" (2007, Action) Matt Damon, Julia Stiles, Joan Allen. (DVS) | | | | Big Bang Theory | | News-Rinaldo | CTV News Montreal | Big Bang Theory |
| WVNY 22 | - | - | (3:30) College Football Penn State at Michigan State. (N) (Live) | | | | | Coll. Football | Coll. Football | College Football Oklahoma at Oklahoma State. (N) (Live) | | | | | | | Local 22 News (N) | Weather Gone Viral | |
| WUTV 30 | - | - | College Football Wisconsin at Minnesota. (N) (Live) | | | | | | | College Extra | College Football Notre Dame at Stanford. (N) (Live) | | | | | | | News | Paid Program |
| CFKS 31 | 106 | 726 | "Romanced" | (:25) ★★★ "Le film LEGO" (2014) Voices of Chris Pratt, Will Ferrell. Premiere. (SC) | | | | ★★★ "Harry Potter et la chambre des secrets" (2002) Daniel Radcliffe, Rupert Grint. Trois apprentis sorciers enquêtent au péril de leur vie. (DVS) (SC) | | | | | | | (9:50) ★★★ "Rapport minoritaire" (2002, Science-fiction) Tom Cruise, Colin Farrell. Premiere. (DVS) (SC) | | | | |
| WUHF | - | 363 | College Football Wisconsin at Minnesota. (N) (Live) | | | | | | | College Extra | College Football Notre Dame at Stanford. (N) (Live) | | | | | | | News at 10 | ROH Wrestling |
| WETK | - | - | Burt Bacharach's Best (My Music Presents) | | | NewsHour Wk | As Time Goes By | Keep-Appear | Still Open All Hours | My Hero "Big" | Death in Paradise | | Midsomer Murders "Echoes of the Dead" | | Shakespeare and Hathaway -- Private | | Austin City Limits | | Front Row Boston |
| WCFE | - | - | The Carpenters | Happy Holidays | The Dean Martin and Frank Sinatra Family Christmas Show | | | Burt Bacharach's Best (My Music Presents) | | | Il Volo -- Tribute to Ennio Morricone | | The Tenors: Best of Our Lives | | | | Eat Your Medicine: The Pegan Diet With Mark Hyman, MD | | |
| A&E | 615 | 520 | "Escape Plan 2: Hades" (2018, Action) Sylvester Stallone, Dave Bautista. | | | | "Braven" (2018, Action) Jason Momoa, Jill Wagner, Zahn McClarnon. | | | | Biggie: The Life of Notorious B.I.G. Life story of the influential rapper. | | | | | | (:04) "Escape Plan 2: Hades" (2018) Sylvester Stallone. | | |
| CNN | 500 | 500 | CNN Newsroom | | CNN Newsroom | | CNN Newsroom | | History of the Sitcom | | History of the Sitcom | | History of the Sitcom | | History of the Sitcom | | History of the Sitcom | | History of |
| DISC | 520 | 505 | North Woods Law "Throttle Out" | | North Woods Law "Cold as Ice" | | North Woods Law "Uncuffed 2" | | North Woods Law "Cheaters" | | Street Outlaws: No Prep Kings "Hot Mess" Someone's bound to hit a wall. (N) | | | | Street Outlaws: No Prep Kings: Team Attacks Lizzy Musi seeks redemption. (N) | | | | Street Outlaws |
| DRAMA | 620 | 523 | Chicago Fire "A Heavy Weight" | | The Closer "Out of Focus" (DVS) | | The Closer "Head Over Heels" | | The Closer "Critical Missing" | | The Closer "Heroic Measures" | | The Killer In My Family (N) (DVS) | | The Closer "Out of Focus" (DVS) | | The Closer "Head Over Heels" | | The Closer |
| HIST | 522 | 506 | American Pickers "Mr. Whizzer" | | American Pickers "A Bronx Tale" | | Counting Cars "Kona Gold Chopper" | | Great Escapes With Morgan Freeman | | SEAL Team "All In" (DVS) | | S.W.A.T. A search for a drug ring's leader. | | S.W.A.T. A hunt for domestic terrorists. | | S.W.A.T. "Fences" | | SEAL Team |
| PARMT | 628 | 584 | (3:59) Yellowstone | | (4:59) Yellowstone "All for Nothing" | | (5:53) Yellowstone "The Beating" | | (6:51) Yellowstone "I Killed a Man Today" | | (7:54) Yellowstone "Meaner Than Evil" | | (8:56) Yellowstone "The World Is Purple" | | Auction Hunters | Auction Hunters | Auction Hunters | Auction Hunters | Auction Hunters |
| RDI | 126 | 730 | L'info (N) (SC) | Arrêt culturel | Le télé-journal | L'épicerie (N) (SC) | Le télé-journal | Découverte Un second impact fatal. (N) | (:31) Le national | | (:01) Les grands reportages (SC) | | Le télé-journal | La facture (N) (SC) | Le télé-journal | Le national (N) | Le national (N) | Journal France 2 | Le télé-journal |
| SHOW | 616 | 521 | (3:00) ★★ "Batman v Superman: Dawn of Justice" (2016, Action) Ben Affleck, Henry Cavill. (DVS) | | | | | ★★ "Justice League" (2017) Ben Affleck. Batman, Wonder Woman and other heroes unite to battle evil. | | | | | ★★ "Suicide Squad" (2016, Action) Will Smith, Jared Leto. Armed supervillains unite to battle a powerful entity. (DVS) | | | | | | ★★ "Man of Steel" |
| SLICE | 601 | 562 | ★★★ "Everest" (2015) Jason Clarke, Josh Brolin. Climbers fight for survival during a storm on Mount Everest. (DVS) | | | | | | ★ "What Happens in Vegas" (2008) Cameron Diaz, Ashton Kutcher. (DVS) | | | | ★★★ "Love Actually" (2003) Hugh Grant, Laura Linney. Premiere. Various people deal with relationships in London. (DVS) | | | | | | ★★★ "Everest" |
| TLC | 521 | 560 | My 600-Lb. Life "Teretha's Story" | | My 600-Lb. Life "Robert's Story" Robert must try to save his own life. | | | | My Strange Addiction "I'm a Living Doll" | | My Addiction | My Addiction | Too Large "We Big but We Pretty" | | Too Large "Friends Over Fat" | | Too Large "Ready to Change My Life" | | My Addiction |
| TSN | 400 | 400 | (3:00) Canadian Curling Trials Women's Semifinal. From Saskatoon, Sask. (N) | | | | SportsCentre (N) (Live) | | | Road to Qatar | Canadian Curling Trials Men's Semifinal. From Saskatoon, Sask. (N) (Live) | | | | | | SportsCentre | | Top 50 CFL Plays |
| YOUTH | 551 | 542 | Siwas Dance | | Frogger | TBA | ★★ "The LEGO NINJAGO Movie" (2017) | | | | Danger | Hustle | ★★ "The LEGO NINJAGO Movie" (2017) | | | | Degrassi | Degrassi | Danger |

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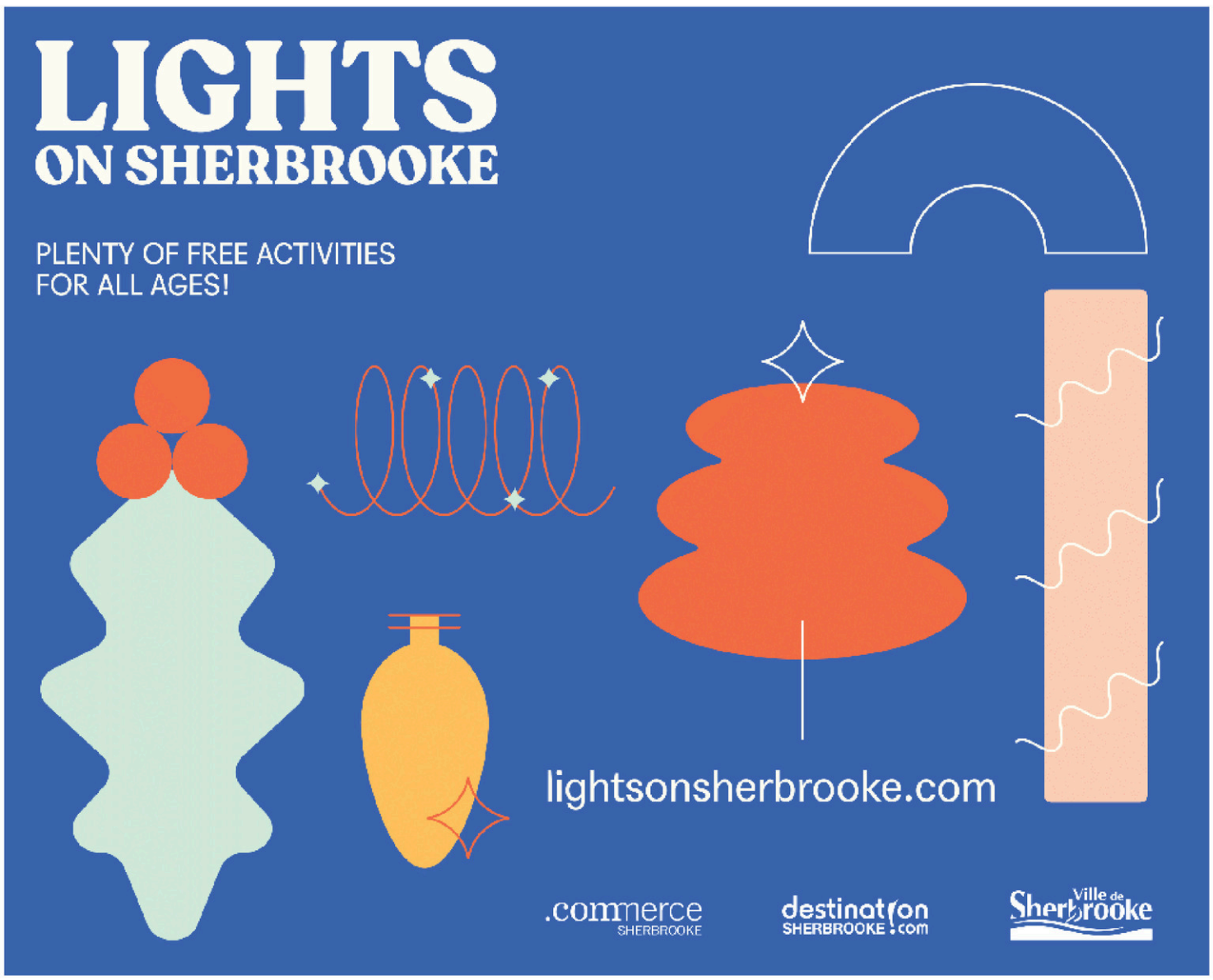
Fig.16 NEXT TRAIN 18:34

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# Hockey Magog shutdown

**By Michael Boriero**

Hockey Magog, a minor hockey league association, has postponed all activities, games and practices, for nearly half of its members following two COVID-19 outbreaks at Brassard-Saint-Patrice School and Sainte-Marguerite School.

The decision only effects the association's youngest players, between five and 11 years old. According to Hockey Magog General Manager Ghyslain Héroux, positive cases started to pop up about 15 days ago, and they were coming from students at the two schools.

Héroux received a few emails from the local health authority concerning the amount of cases. And after several discussions with the association's leadership group, Héroux decided it was best to hit pause, rather than letting the situation escalate into something much worse.

He told The Record that if all goes well, the age groups impacted by the delay will be back on the ice starting Monday. However, each of the players who contracted Covid have different timelines, so it's a little unclear as to when they will make a return to their teams.

Hockey Magog is home to about 300 minor hockey players from the surrounding area, as well as another 30 or so who travel from Stanstead to play on a weekly basis. With Quebec announcing a vaccination plan for children, Héroux is confident it will have a positive impact.

"You can already see the difference, we stopped for about a year and half and our youths who are in peewee to junior are vaccinated and they can continue to play and they don't have any positive cases, you see the difference between vaccinated and unvaccinated," he said.

Héroux noted that while they will try to reschedule the cancelled games, there is no guarantee that they will be able to do it. And, at the end of the day, the goal for this year is to at least reach 10 games, he explained, which would be a major step up to last year.

The general manager also added that the association has been surprisingly stable when it comes to registration numbers. The bantam level has dipped, but every other level has maintained steady participation, he said, compared to other leagues in Quebec.

However, there is one area that continues to bleed, which is the volunteer presence within the association. There are no more volunteers in 2021, Héroux said, adding that there are two people slated to organize the upcoming Challenge Hockey Kia de Magog Tournament.

"This has been happening for years, adding Covid makes it harder, but even before it was already difficult. The lifestyle for parents today versus the 80s and 90s, everything goes quickly with families, people don't take time to stop to help their organization," said Héroux.

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# Your week on TV

## SUNDAY DAYTIME — NOVEMBER 28, 2021

| | Bell | Star | 8 AM | 8:30 | 9 AM | 9:30 | 10 AM | 10:30 | 11 AM | 11:30 | 12 PM | 12:30 | 1 PM | 1:30 | 2 PM | 2:30 | 3 PM | 3:30 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| WCAX 3 | - | - | Channel 3 News Sunday Morning (N) | | CBS News Sunday Morning (N) | | Face the Nation Dr. Anthony Fauci. (N) | | All In With Laila Ali | | The NFL Today (N) (Live) | | NFL Football Tennessee Titans at New England Patriots. From Gillette Stadium in Foxboro, Mass. (N) (Live) | | | | | |
| WPTZ 5 | - | - | Sunday Today With Willie Geist (N) | | Meet the Press (N) | | NBC 5 In Depth | Soledad O'Brien | Chicago Fire A fire at a boarding school. | | Clear the Shelters | FIS Alpine Skiing HomeLight Killington Cup. From Killington, Vt. (N) | | | Monster Jam | | Figure Skating | |
| CBMT 6 | 206 | 301 | Coronation Street | Coronation Street | Coronation Street | Coronation Street | Coronation Street | Coronation Street | Rosemary Barton Live (N) (Live) | | Our Montreal | | Maamuitaau (N) | Exhibitionists | Junior Baking Show "Chocolate Day" | | Junior Baking Show "International" | |
| CHLT 7 | 107 | 718 | (6:00) Salut bonjour week-end (N) (SC) | | | | ⋆⋆ "La grande compétition" (2019) Diane Keaton. Premiere. | | (:45) Vlog 15 (N) | | TVA nouvelles (N) | La victoire de l'amour | Bien (SC) | L'ère de glace Noël | ⋆⋆ "Beethoven 5" (2003) John Larroquette, Dave Thomas. (SC) | | "Ace Ventura" | |
| WMTW 8 | - | - | Good Morning America (N) | | This Week W/ George Stephanopoulos | | Soledad O'Brien | TOTAL MAINE | Outback Adv | Hearts of Heroes (EI) | Teen Kids News (N) | Made in Hollywood | The Chef's Kitchen | Retire Now TV | World of X Games From Jacksonville, Fla. | | MLS Soccer | |
| CKSH 9 | 108 | - | Les aventures | Axel | Makinium (N) (SC) | Sous les mers | (9:59) Le jour du Seigneur (N) (SC) | | Les coulisses du pouvoir (N) (SC) | | Téléjournal | La semaine verte (SC) | | L'épicerie (SC) | Savourer | | Les enquêtes de Véra "Les jeunes dieux" (N) | |
| CKMI 11 | - | - | Paid Program | Paid Program | Paid Program | Paid Program | Joel Osteen | Paid Program | The West Block (N) | The New Reality | Masters of Flip "Ice, Ice Baby" | | ⋆⋆ "A Family Thanksgiving" (2010) Daphne Zuniga, Faye Dunaway. Premiere. (DVS) | | | | ET Canada Weekend | |
| CFCF 12 | 205 | 312 | etalk | Operation Smile | | Paid Program | Operation Smile | Church of the Rock | Question Period (N) | | The Guild Garage | The Guild Garage | NFL Football Tennessee Titans at New England Patriots. From Gillette Stadium in Foxboro, Mass. (N) (Live) | | | | | |
| WVNY 22 | - | - | Good Morning America (N) | | This Week W/ George Stephanopoulos | | What Matters | The Key of David | Under Eye Bags? | Paid Program | Paid Program | Cooking to the MAXX | Arthritis & Neck Pain | Under Eye Bags? | World of X Games From Jacksonville, Fla. | | MLS Soccer | |
| WUTV 30 | - | - | The Ernest Angley Hour | | FOX News Sunday With Chris Wallace (N) | | Sharyl Attkisson | The Key of David | FOX NFL Kickoff (N) (Live) | | FOX NFL Sunday (N) (Live) | | NFL Football Tampa Bay Buccaneers at Indianapolis Colts. (N) (Live) | | | | | |
| CFKS 31 | 106 | 726 | Comme chien et chat (DVS) (SC) | | Noovo Le Fil week-end (N) (SC) | | RPM La Polestar 2 présentée par Samuel. (N) | | RPM plus "Carbone Boréale" (N) (SC) | | Infopublicité (SC) | Infopublicité (SC) | "Le message de Noël" (2015) Jamie-Lynn Sigler, Leah Gibson. (SC) | | (:45) "Le renne des neiges" (2015) Hilarie Burton, Gabriel Hogan. (SC) | | | |
| WUHF | - | 363 | Science Now (N) | Humana Medicare | FOX News Sunday With Chris Wallace (N) | | Sharyl Attkisson | Rochester Press Box | FOX NFL Kickoff (N) (Live) | | FOX NFL Sunday (N) (Live) | | NFL Football Philadelphia Eagles at New York Giants. (N) (Live) | | | | | |
| WETK | - | - | Pain Secrets: The Science of Everyday Pain The origins of everyday pain. | | | | Overcoming Anxiety, Depression, Trauma and Grief With Daniel | | Vermont This Week | | Made Here | Made Here | Great Performances "Coppelia" (N) | | | Breath of Life | A Classic Christmas (My Music) | |
| WCFE | - | - | Arthur (EI) | Wild Kratts | Washington Week | Scully: World | Mountain Lake | New York Now | Change Your Brain, Heal Your Mind With Daniel Amen, MD Strategies to heal the mind. | | | | Rick Steves European Christmas Holiday customs and practices in Europe. | | | | The Carpenters: Close to You-My Music | |
| A&E | 615 | 520 | Hoarders A woman hoards farm animals. | | Hoarders A house has 47 cats and dogs. | | Hoarders "Michelle; Kim" | | Hoarders "Norman; Linda" | | Hoarders "Wilma; Nora" | | Hoarders "Diana; Dolores" | | The First 48 Deadly attack in a barbershop. | | The First 48 A mother of five is killed. | |
| CNN | 500 | 500 | Inside Politics | | State of Union | | CNN Special Report | | Reliable Sources Brian | | State of Union | | CNN Newsroom (N) | | CNN Newsroom | | CNN Newsroom | |
| DISC | 520 | 505 | Mighty Planes "Trump 757" (DVS) | | Mighty Planes The C-17 Globemaster III. | | Mighty Planes "SOFIA" (DVS) | | Mighty Planes The Blue Angels train. | | Lone Star Law A festival attracts thousands. | | Lone Star Law "Crash Course" (DVS) | | Lone Star Law "Back Road Bait" | | Lone Star Law "Deceived" (DVS) | |
| DRAMA | 620 | 523 | Chicago Fire Dawson receives a suicide note. | | CSI: Crime Scene Investigation | | CSI: Crime Scene Investigation | | CSI: Crime Scene Investigation | | CSI: Crime Scene Investigation | | CSI: Crime Scene Investigation "Jackpot" | | CSI: Crime Scene Investigation | | CSI: Crime Scene Investigation | |
| HIST | 522 | 506 | Border Security | Paid Program | American Pickers "Country Queen" | | American Pickers (DVS) | | S.W.A.T. A search for a drug ring's leader. | | S.W.A.T. A hunt for domestic terrorists. | | Forged in Fire "Titanium Smackdown" | | Forged in Fire | | Pawn Stars "Rick's Big Triumph" | |
| PARMT | 628 | 584 | Ink Master | Ink Master | Ink Master | Ink Master | Ink Master | (:20) Ink Master | (:14) Yellowstone The attack on the Duttons continues. | | | (:26) Yellowstone "Phantom Pain" | Yellowstone "All I See Is You" | | (:32) Yellowstone "Winning or Learning" | | (:36) Yellowstone | |
| RDI | 126 | 730 | RDI matin weekend (N) (SC) | | RDI matin weekend (N) (SC) | | L'info (N) (SC) | L'info (SC) | Les coulisses du pouvoir (N) (SC) | | Téléjournal | Téléjournal | Les décrypteurs | L'info (N) (SC) | L'info (N) (SC) | L'info (SC) | L'info (N) (SC) | L'info (SC) |
| SHOW | 616 | 521 | ⋆ "Jonah Hex" (2010, Action) Josh Brolin. A supernatural gunslinger faces an old enemy. | | | | ⋆⋆ "Suicide Squad" (2016, Action) Will Smith, Jared Leto. Armed supervillains unite to battle a powerful entity. (DVS) | | | | | | FBI: International "The Soul of Chess" | | FBI OA asks a former Army buddy for intel. | | NCIS: Los Angeles "Sundown" | |
| SLICE | 601 | 562 | Paid Program | Paid Program | Paid Program | ⋆ "What Happens in Vegas" (2008) Cameron Diaz, Ashton Kutcher. (DVS) | | | ⋆⋆ "Sixteen Candles" (1984) Molly Ringwald. A teenager's parents forget her birthday. | | | | | ⋆⋆⋆ "Love Actually" (2003) Hugh Grant. Various people deal with relationships in London. (DVS) | | | | | |
| TLC | 521 | 560 | Say Yes to the Dress | | Say Yes to the Dress | | Say Yes to the Dress Dresses fit for royalty. | | Say Yes to the Dress | | 90 Day Fiancé: The Other Way | | 90 Day Fiancé: The Other Way | | 90 Day Fiancé: The Other Way | | 90 Day Fiancé: The Other Way | |
| TSN | 400 | 400 | SportsCentre | | SportsCentre | | SportsCentre | | SportsCentre | | CFL Playoffs: Pregame (N) (Live) | | CFL Football Montreal Alouettes at Hamilton Tiger-Cats. (N) (Live) | | | | | |
| YOUTH | 551 | 542 | Sponge. | Loud | Koral | Patrick | Sponge. | Loud | Casagran | Archibald | ⋆⋆ "The LEGO NINJAGO Movie" (2017) | | | | Barbie | Casagran | Loud | Sponge. |

## SUNDAY EVENING — NOVEMBER 28, 2021

| | Bell | Star | 4 PM | 4:30 | 5 PM | 5:30 | 6 PM | 6:30 | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 | 11 PM | 11:30 | 12 AM |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| WCAX 3 | - | - | NFL Today Postgame (N) (Live) | | Courage in Sports: Gridiron Greatness | | Channel 3 News | Weekend News | 60 Minutes (N) | | One Last Time: An Evening | | The Equalizer "When Worlds Collide" (N) | | Forever Young-Fountain of | | Channel 3 News | Greta Van Susteren | Game Time |
| WPTZ 5 | - | - | (3:00) Figure Skating ISU Grand Prix: Rostelecom Cup. From Sochi, Russia. (N) | | | | NBC5 News at 6 | Nightly News | Football Night in America (N) (Live) | | | (:20) NFL Football Cleveland Browns at Baltimore Ravens. (N) (Live) | | | | | NBC5 News | Soledad O'Brien | |
| CBMT 6 | 206 | 301 | ⋆⋆ "Mr. Popper's Penguins" (2011) Jim Carrey, Carla Gugino. (DVS) | | | | Santa Claus Is Comin' to Town | | Heartland The man who shot Ty returns. | | The Great Canadian Baking Show (N) | | A Suitable Boy (N) | | The National (N) | | CBC Montreal | Maamuitaau | Calls the Heart |
| CHLT 7 | 107 | 718 | (3:45) ⋆⋆ "Ace Ventura: l'appel de la nature" (1995) Jim Carrey. | | Poule-oeufs | | TVA nouvelles (N) | Chanteurs masqués "Finale" (SC) | | Révolution "Finale" (Season Finale) (N) (SC) | JMP (N) (SC) | | | TVA Nouvelles (N) | Expat Les terres ensoleillées. (N) (SC) | | (:34) "Ma vie en cinémascope" (2004) | | |
| WMTW 8 | - | - | (3:00) MLS Soccer Real Salt Lake at Sporting Kansas City. (N) | | MyDestination.TV | | WMTW News 8 at | World News | The Wonderful World of Disney: Magical Holiday Celebration (N) | | The Great Christmas Light Fight Families from California and Texas. (DVS) | | | | | | WMTW News 8 | Soledad O'Brien | Major Crimes |
| CKSH 9 | 108 | - | (3:00) Les enquêtes de Véra (N) (SC) | | Retour vers la culture (N) | | Téléjournal Estrie | Découverte (N) (SC) | | Pharmachien | Tout le monde en parle (N) (DVS) (SC) | | | | Le téléjournal | | (10:55) Infoman | (:25) ⋆⋆⋆ "Le casse du siècle" (2015) | |
| CKMI 11 | - | - | Property Brothers "Nathan & Jessica" | | Food-Bucket | Food-Bucket | Global News at 6 | Global National | 60 Minutes (N) | | Ghosts "Pilot; Hello!" (DVS) | | The Equalizer "When Worlds Collide" (N) | | Forever Young-Fountain of | | Global News | The West Block | Global National |
| CFCF 12 | 205 | 312 | NFL on CTV Live | (:25) NFL Football Los Angeles Rams at Green Bay Packers. (N) (Live) | | | | | | NFL on CTV Live | ⋆⋆⋆ "Elf" (2003) Will Ferrell. A man leaves Santa's workshop to search for his family. | | | | Big Bang Theory | Big Bang Theory | News-Rinaldo | CTV News Montreal | Big Bang Theory |
| WVNY 22 | - | - | (3:00) MLS Soccer Real Salt Lake at Sporting Kansas City. (N) | | Monkees | | World News | Local 22 News (N) | The Wonderful World of Disney: Magical Holiday Celebration (N) | | The Great Christmas Light Fight Families from California and Texas. (DVS) | | | | | | Local 22 News (N) | Graham Bensinger | Graham Bensinger |
| WUTV 30 | - | - | NFL Football | (:25) NFL Football Los Angeles Rams at Green Bay Packers. (N) (Live) | | | | | | The OT (N) | The Simpsons (N) | The Great North (N) | Bob's Burgers | Family Guy (N) | News | Sharyl Attkisson | Ring of Honor Wrestling (N) | | Big Bang Theory |
| CFKS 31 | 106 | 726 | "Le renne des | "Il était une fois Noël à Castle Creek" (2020) Vanessa Lachey. Premiere. (DVS) (SC) | | | | (:29) Occupation double dans l'Ouest (N) (DVS) (SC) | | | (:02) Occupation double dans l'Ouest (N) | | (:02) ⋆⋆ "Sexe à New York 2" (2010) Sarah Jessica Parker, Kim Cattrall. Carrie Bradshaw et les filles visitent Abu Dhabi. (DVS) (SC) | | | | | | "Joyeux baiser" |
| WUHF | - | 363 | NFL Football | (:25) NFL Football Los Angeles Rams at Green Bay Packers. (N) (Live) | | | | | | The OT (N) | The Simpsons (N) | The Great North (N) | Bob's Burgers | Family Guy (N) | News at 10 | Sharyl Attkisson | Big Bang Theory | Big Bang Theory | Austin |
| WETK | - | - | (3:00) A Classic Christmas (My Music) | | Happy Holidays | NewsHour Wk | The Bletchley Circle: San Francisco | | The Great British Baking Show | | Great Performances: Andrea Bocelli Live in Central Park The popular Italian tenor performs. | | | | | | Call the Midwife | | Secrets of the Tower |
| WCFE | - | - | The Carpenters | The Carpenters | Burt Bacharach's Best (My Music Presents) | | | Il Volo -- Tribute to Ennio Morricone | | | Celtic Woman: Postcards From Ireland Celtic Woman performs in Ireland. | | | | The Longevity Paradox With Steven Gundry, MD | | | Pain Secrets Science | |
| A&E | 615 | 520 | The First 48 Stabbing victim in Dallas. | | The First 48 A bullied teen is murdered. | | The First 48 | | The First 48 | | The First 48 "Shattered Glass" | | The First 48 | | (:01) The First 48 | | (:04) The First 48 "Bound and Burned" | | The First 48 |
| CNN | 500 | 500 | CNN Newsroom | | CNN Newsroom | | CNN Newsroom | | CNN Newsroom | | CNN Newsroom | | CNN Special Report | | This Is Life | | This Is Life | | Report |
| DISC | 520 | 505 | Lone Star Law "High Desert Drama" | | Lone Star Law "Wet and Wild" | | Lone Star Law "Crash Course" | | Aussie Gold Hunters (DVS) | | Aussie Gold Hunters (N) (DVS) | | Outback Opal Hunters "Going Under" | | Bering Sea Gold "Bust a Move" (N) | | Lone Star Law "Wet and Wild" | | Lone Star Law |
| DRAMA | 620 | 523 | CSI: Crime Scene Investigation | | CSI: Crime Scene Investigation | | CSI: Crime Scene Investigation | | (6:55) Leverage: Redemption | | "Christmas Is You" (2021, Drama) Becca Tobin, Matthew MacCaull. | | | | CSI: Crime Scene Investigation | | CSI: Crime Scene Investigation | | CSI: Cri. Scene |
| HIST | 522 | 506 | American Pickers "Van-Tastic" | | American Pickers "Country Queen" | | American Pickers (DVS) | | Forged in Fire "Titanium Smackdown" | | The Curse of Oak Island: Digging Deeper | | Great Escapes With Morgan Freeman (N) | | The Curse of Oak Island "Spoils Alert" | | Great Escapes With Morgan Freeman | | Digging Deeper |
| PARMT | 628 | 584 | (3:36) Yellowstone "Half the Money" | | (4:50) Yellowstone "Phantom Pain" | | (5:54) Yellowstone "All I See Is You" | | (6:56) Yellowstone | | Yellowstone (N) | | (:03) Mayor of Kingstown "The Mayor of Kingstown; The End Begins" (N) | | | | (:15) Ink Master | | (11:58) Ink Master |
| RDI | 126 | 730 | L'info (N) (SC) | CHSLD: au front | Le téléjournal | La facture (SC) | Le téléjournal | Enquête (N) (SC) | | (:31) Le national | (:01) La semaine verte (N) (SC) | | Le téléjournal | Les coulisses du pouvoir (SC) | Le national (N) | | Le national (N) | Journal France 2 | Le téléjournal |
| SHOW | 616 | 521 | NCIS "1mm" (DVS) | | CSI: Vegas Killings at a clown-themed hotel. | | ⋆⋆ "Suicide Squad" (2016, Action) Will Smith, Jared Leto. Armed supervillains unite to battle a powerful entity. (DVS) | | | | | | Girl in Woods | Girl in Woods | (:05) ⋆ "Jonah Hex" (2010, Action) Josh Brolin, John Malkovich. (DVS) | | | | (12:05) NCIS |
| SLICE | 601 | 562 | ⋆⋆ "Sixteen Candles" (1984) Molly Ringwald, Anthony Michael Hall. (DVS) | | | | Neighborhood | Neighborhood | The Unicorn (N) | The Unicorn (N) | The Real Housewives of Potomac (N) | | The Real Housewives of Atlanta (N) | | Neighborhood | Neighborhood | The Unicorn | The Unicorn | Housewives |
| TLC | 521 | 560 | 90 Day Fiancé: The Other Way | | 90 Day Fiancé: The Other Way | | 90 Day Fiancé: The Other Way Ari demands another sacrifice from Bini. | | | | 90 Day Fiancé: The Other Way "Love Is Love" Kenny and Armando say I do. (N) | | | | (:03) Sister Wives (N) | | (:04) 90 Day Fiancé: The Other Way (N) | | 90 Day: Other |
| TSN | 400 | 400 | CFL Playoffs | CFL Football Calgary Stampeders at Saskatchewan Roughriders. (N) (Live) | | | | | | SportsCentre | Canadian Curling Trials Men's Final. From Saskatoon, Sask. (N) (Live) | | | | | | NFL Football | SC With Jay Onrait (N) (Live) | |
| YOUTH | 551 | 542 | Loud | Casagran | Top Chef Fam. | | ⋆⋆⋆ "How to Train Your Dragon 2" (2014) | | | | Frogger | | The Hardy Boys | | Carn Eats | Carn Eats | Degrassi | Degrassi | Victorious |

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# STUDENT WRITERS REVEALING **AMAZING DISCOVERIES**

Popularizing science is an art, and at the Université de Sherbrooke, research students and professionals alike have been rewarded for their writing skills as part of an internal competition. The following is one of the award-winning texts.

## THE SILENT KILLER AND THE TELL-TALE COPY NUMBER

Alitzel Lopez Sanchez
Master's student in computer sciences

Cancer, also known as "The silent killer", is a disease that starts when some of our cells begin to grow chaotically. Usually, our body decides when and how many cells must be produced. However, cancer cells want to reproduce themselves indefinitely and our bodies are unable to stop them. This ruthless production of cells agglomerates into a bulk of cells which we call a tumor. To understand how a single malignant cell can evolve into a tumor, we use phylogenetics, a branch of evolutionary biology that studies the relationships between individuals over time. Finding these relationships is like a crime mystery; where we take a picture of the crime scene – the DNA of the tumor cells – and use it to infer the events that happened in the past. To investigate this, Dr. Lafond and his team proposed in BMC Genomics a new model that recreates this mystery by using the numerical footprints left by the genes of the involved cells. Using phylogenies to study the mechanisms behind cancer, we can not only understand, but also predict and perhaps control the progression of cancer and prevent it from spreading into other parts of the body.

### The clue: The tell-tale copy number

Let's start with the crime evidence. Every cell in our body carries a certain number of copies from each gene. This number of copies per gene in a cell is known as Copy Number Profile (CNP). Since cancer cells reproduce indefinitely, they spawn many offspring cells, each with their own personality traits. The CNP is one of these traits: the children of a cell might have more (amplification) or less (deletion) copies of a gene. To measure the similarity between two cells, we can count the number of mutations required to explain the differences in their CNPs. Comparing CNPs gives an evolutionary distance between cells, which then can be used to infer all the evolutionary relationships within the tumor.

### Our detective: The cnp2cnp algorithm

Traditional cell comparison models assume that each gene undergoes mutations independently. However, recent evidence shows that amplifications and deletions can affect large blocks of genes. In this work, a new model - a mathematical representation of the biological problem – which considers this novel evidence was proposed. The key question in our crime investigation is: Given two CNPs, namely a source and a target, what was the sequence of events that could have occurred to transform the source into the target? Moreover, some amplification or deletion events are more probable than others, so is it possible to find the series of events that represents the most likely scenario? In this article, it was proved that this problem requires calculations that are too difficult even for the most sophisticated computers, which is what computer scientists call an NP-hard problem. However, the authors have developed a new algorithm named cnp2cnp which is shown to find evolutionary scenarios that are very close to the optimal. The model was compared against previously used implementations such as MEDICC, which considers a restricted form of a gene amplification, and the Euclidean distance, which only considers the absolute differences between gene copy numbers. Since the cnp2cnp model is closer to the biological reality, it was shown to reconstruct tumor phylogenies with equal or superior accuracy.

### The end?

Throughout its development, the silent killer leaves a trace of useful evidence from which we can retrace and understand its behavior. CNP for example, is a tell-tale piece of evidence that can help us infer the evolutionary history of a tumor. In particular, the cnp2cnp algorithm makes it possible to incorporate new helpful biological evidence to recreate the events more akin to the reality. Adapting current models to more complex phenomena places us one step ahead of this silent killer, in hope that one day we will be able to finally stop it.

USherbrooke.ca/research

UDS Université de Sherbrooke

We all have questions about the vaccine

Is the COVID-19 vaccine for children the same as the one for adults?

The vaccine given to children under the age of 12 contains a smaller amount of mRNA, because children have a stronger immune response than adults. Despite the smaller dose, the vaccine is just as effective as the one for adults.

Get answers to all your questions about the vaccine at

Québec.ca/YOUTHvaccine

Getting vaccinated is the best way to protect us all.

Votre gouvernement

Québec

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# Your week on TV

## MONDAY EVENING — NOVEMBER 29, 2021

| | Bell | Star | 6 PM | 6:30 | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 | 11 PM | 11:30 | 12 AM |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| WCAX 3 | - | - | **Channel 3 News at Six** (N) | | **CBS Evening News** | **Entertainment Tonight** (N) | **The Neighborhood** (N) | **Bob Hearts Abishola** (N) | **NCIS** "Peacekeeper" A Navy reservist's body is found. (N) | | **NCIS: Hawai'i** "Legacy" A protester is murdered. (N) | | **Channel 3 News** | **(:35) The Late Show With Stephen Colbert** (N) | |
| WPTZ 5 | - | - | **NBC5 News at 6** (N) | **NBC Nightly News - Holt** | **Jeopardy!** (N) | **Wheel of Fortune** (N) | **The Voice** "Live Top 10 Performances" The top 10 artists perform. (N) (Live) | | | | **(:01) That's My Jam** (N) | | **NBC5 News at 11** (N) | **(:34) The Tonight Show Starring Jimmy Fallon** (N) | |
| CBMT 6 | 206 | 301 | **CBC Montreal News** (N) | **Rick Mercer Report** | **Coronation Street** (N) | **Family Feud Canada** (N) | **Murdoch Mysteries** "The Night Before Christmas" | | **A Very Royal Christmas: Sandringham Secrets** (N) | | **The National** (N) | | **CBC Montreal News** (N) | **You Can't Ask That** | **Coronation Street** |
| CHLT 7 | 107 | 718 | **(5:58) TVA nouvelles** (N) | **(:29) Le tricheur** (N) | **(6:59) La tour** (N) (SC) | **Si on s'aimait** (N) (SC) | **L'échappée** Marc s'inquiète pour les finances. (N) (SC) | | **Alertes** Marilou, Janelle et Chloé ont un lien. (N) (SC) | | **TVA nouvelles** (N) | **(:35) La tour** (SC) | **(:05) Denis Lévesque** (N) (SC) | | **(12:05) "Les oranges"** |
| WMTW 8 | - | - | **WMTW News 8 at 6PM** (N) | **ABC World News** | **Wheel of Fortune** (N) | **Jeopardy!** (N) | **CMA Country Christmas** A holiday celebration. (N) | | **The Great Christmas Light Fight** Families show off their light displays. (N) (DVS) | | | | **WMTW News 8 at 11** (N) | **(:35) Jimmy Kimmel Live!** | |
| CKSH 9 | 108 | - | **(5:59) Le télé-journal Estrie** | **(:31) Zone économie** (N) | **District 31** (N) (DVS) (SC) | **Discussions avec mes** | **Une autre histoire** (N) (DVS) (SC) | | **Nuit blanche** Passé: Vincent s'est refait une vie. (N) (SC) | | **Le téléjournal** (N) (SC) | | **(:05) Le télé-journal Estrie** | **(:34) On va se le dire** | |
| CKMI 11 | - | - | **Global National** (N) | **(:29) Global News at 6:30** | **ET Canada** (N) | **The Neighborhood** (N) | **9-1-1** "Past Is Prologue" Athena investigates a cold case. | | **NCIS** "Peacekeeper" A Navy reservist's body is found. (N) | | **NCIS: Hawai'i** "Legacy" A protester is murdered. (N) | | **Global News at 11** (N) | **(:35) The Late Show With Stephen Colbert** (N) | |
| CFCF 12 | 205 | 312 | **(5:59) CTV News Montreal** (N) | | **etalk** (N) | **Bob Hearts Abishola** (N) | **The Voice** "Live Top 10 Performances" The top 10 artists perform. (N) (Live) | | | | **(:01) CMA Country Christmas** A holiday celebration. (N) | | **Lisa LaFlamme** | **CTV News Montreal** (N) | **The Daily Show** |
| WVNY 22 | - | - | **Local 22 News** (N) | **ABC World News** | **Local 22 News** (N) | **Inside Edition** (N) | **CMA Country Christmas** A holiday celebration. (N) | | **The Great Christmas Light Fight** Families show off their light displays. (N) (DVS) | | | | **Local 22 News** (N) | **(:35) Jimmy Kimmel Live!** | |
| WUTV 30 | - | - | **The Big Bang Theory** | **Judge Judy** | **Judge Judy** | **Family Feud** "Disney" (N) | **9-1-1** "Past Is Prologue" Athena investigates a cold case. | | **(:01) The Big Leap** Kevin tries to win Julia back. (N) | | **Fox 29 News at 10** (N) | | **Seinfeld** "The Raincoats" | **Two and a Half Men** | **Two and a Half Men** |
| CFKS 31 | 106 | 726 | **Souper parfait** | **Occupation double dans** | **Ça c'est drôle!** (N) | **Club Soly** (N) (DVS) (SC) | **Qui sait chanter?** La concurrente Marie-Claude. (N) | | **La semaine des 4 Julie** (N) (DVS) (SC) | | **(9:59) Noovo Le Fil 22** (N) | **Chicago Med** Ethan fait équipe avec une personne. | | **Occupation double dans** | **"La sororité"** (2018, Drame) |
| WUHF | - | 363 | **Modern Family** | **Young Sheldon** | **The Big Bang Theory** | **The Big Bang Theory** | **9-1-1** "Past Is Prologue" Athena investigates a cold case. | | **(:01) The Big Leap** Kevin tries to win Julia back. (N) | | **13WHAM News at 10 on Fox Rochester** (N) (Live) | | **DailyMailTV** (N) | **The Simpsons** | **REO Speedwagon** |
| WETK | - | - | **PBS NewsHour** (N) | | **This Old House** | **Ask This Old House** | **Antiques Roadshow** Lakota Sioux doctor's bag. | | **Antiques Roadshow** Historical U.S. political items. | | **Independent Lens** Native American influence in pop music. (DVS) | | | **Amanpour and Company** (N) | |
| WCFE | - | - | **World News America** | **BBC World News Outside** | **PBS NewsHour** (N) | | **The Dean Martin and Frank Sinatra Family Christmas Show** Celebrating the holidays. | | | **Suze Orman's Ultimate Retirement Guide** Planning for retirement. | | | | **Amanpour and Company** (N) | |
| A&E | 615 | 520 | **The First 48** A grandfather is gunned down. | | **The First 48** Man is gunned down at apartment complex. | | **Hoarders** "Peggy" A divorce in 1981 leaves Peggy alone. (N) | | | | **(:01) Intervention** "Ryan" Ryan is addicted to fentanyl. | | **(:04) Hoarders** No room in a home for a woman to live. | | **(12:03) Hoarders** "Peggy" |
| CNN | 500 | 500 | **Situation Room With Wolf** | | **Erin Burnett OutFront** (N) | | **Anderson Cooper 360** (N) | | **Cuomo Prime Time** (N) | | **Don Lemon Tonight** (N) (Live) | | **Don Lemon Tonight** (N) (Live) | | **Cooper 360** |
| DISC | 520 | 505 | **Highway Thru Hell** "Welcome to Winter" (DVS) | | **Heavy Rescue: 401** A compromised trailer breaks apart. | | **Homestead Rescue** "All the Pretty Horses" (N) | | **Homestead Rescue** A major setback in Misty's build. (N) | | **Highway Thru Hell** A crash near the border tests Kirpal. | | **Heavy Rescue: 401** A compromised trailer breaks apart. | | **Homestead Rescue** |
| DRAMA | 620 | 523 | **Chicago Fire** Severide comes back to work. (DVS) | | **Chicago Fire** Trucks collide on the way to a call. | | **Chicago Fire** Dawson tries to find balance with Casey. | | **Fires** "Christmas Shelter" (N) (DVS) | | **(:10) Chicago Fire** "One More Shot" (DVS) | | **(:05) Chicago Fire** A fire at a boarding school. | | **Chicago Fire** "Always" |
| HIST | 522 | 506 | **American Pickers** Junkyard Ron shows off his toys. | | **Great Escapes With Morgan Freeman** "El Chapo" | | **The Curse of Oak Island** The team finds more gold. | | **American Pickers** Mike revs up a retro British taxi. (N) | | **Pawn Stars** Three unique items show up. (N) | | **American Pickers** "Homestead Honey Hole" | | **American Pickers** |
| PARMT | 628 | 584 | **Gone: The Forgotten Women of Ohio** "Port of No Return" | | **Gone: The Forgotten Women of Ohio** "Can't Rat on a Rat" | | **Gone: The Forgotten Women of Ohio** | | **Gone: The Forgotten Women of Ohio** | | **Gone: The Forgotten Women of Ohio** | | **Gone: The Forgotten Women of Ohio** | | **Gone: The Forgotten** |
| RDI | 126 | 730 | **(5:55) Zone économie** (N) (SC) | | **24/60** (N) (SC) | | **Les grands reportages** (N) (SC) | | **Le téléjournal avec Céline Galipeau** (N) (SC) | | **Le téléjournal** (N) (SC) | | **Le national** (N) (SC) | **(:31) Le national** (N) | **(12:01) 24/60** (SC) |
| SHOW | 616 | 521 | **NCIS** Investigating a naval commander's death. | | **NCIS** "Defiance" A suicide bomber kills a Marine. | | **FBI** "Doomsday" A safety inspector dies. | | **Dan Brown's The Lost Symbol** "Cascade" (N) | | **4400** Rev continues to grow his flock. (N) | | **NCIS** "Freedom" A Marine is found beaten to death. | | **NCIS** (DVS) |
| SLICE | 601 | 562 | **The King of Queens** | **The King of Queens** | **The Real Housewives of Atlanta** | | **Below Deck** Jessica gets upsetting news from home. | | **Below Deck** Heather plans a surprise party. (N) | | **The Real Housewives: Ultimate Girls Trip** (N) | | **The King of Queens** | **The King of Queens** | **Below Deck** |
| TLC | 521 | 560 | **The Family Chantel** Karen hosts a holiday party. | | **The Family Chantel** "Breaking Bread" | | **The Family Chantel** Karen meets River's girlfriend. (N) | | **90 Day Fiancé** Daniel and his brother surprise Amber. (N) | | **(:01) 1000-Lb. Sisters** Amy is upset at Tammy's new nurse. | | **(:01) 1000-Lb. Sisters** Amy kisses her freedom goodbye. | | **The Family Chantel** |
| TSN | 400 | 400 | **NFL Monday Night Countdown** (N) (Live) | | | | **(:15) NFL Football** Seattle Seahawks at Washington Football Team. (N) (Live) | | | | | | | **SC With Jay Onrait** (N) (Live) | |
| YOUTH | 551 | 542 | **Top Chef Family Style** (N) | | **Danger Force** | **Side Hustle** | ★★ **"Nanny McPhee Returns"** (2010) Emma Thompson. (DVS) | | | | **Carnival Eats** | | **Degrassi** | **Degrassi** | **Victorious** |

## TUESDAY EVENING — NOVEMBER 30, 2021

| | Bell | Star | 6 PM | 6:30 | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 | 11 PM | 11:30 | 12 AM |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| WCAX 3 | - | - | **Channel 3 News at Six** (N) | | **CBS Evening News** | **Entertainment Tonight** (N) | **FBI** The CEO of a brokerage firm is killed. | | **FBI: International** An American journalist is poisoned. | | **FBI: Most Wanted** A former informant must be protected. | | **Channel 3 News** | **(:35) The Late Show With Stephen Colbert** (N) | |
| WPTZ 5 | - | - | **NBC5 News at 6** (N) | **NBC Nightly News - Holt** | **Jeopardy!** (N) | **Wheel of Fortune** (N) | **The Voice** America votes seven artists through. (N) | | **La Brea** Gavin races to a new sinkhole's opening. (N) | | **(:01) New Amsterdam** "More Joy" (DVS) | | **NBC5 News at 11** (N) | **(:34) The Tonight Show Starring Jimmy Fallon** (N) | |
| CBMT 6 | 206 | 301 | **CBC Montreal News** (N) | **Rick Mercer Report** | **Coronation Street** (N) | **Family Feud Canada** (N) | **Just for Laughs: Gags** | **Mr. Bean** (DVS) | **Sort Of** "Sort of a Miracle" | **Sort Of** (DVS) | **The National** (N) | | **CBC Montreal News** (N) | **You Can't Ask That** | **Coronation Street** |
| CHLT 7 | 107 | 718 | **(5:58) TVA nouvelles** (N) | **(:29) Le tricheur** (N) | **(6:59) La tour** (N) (SC) | **Si on s'aimait** (N) (SC) | **L'heure bleue** Des colocs déménagent en vitesse. (SC) | | **Je4n-Michel** Des petits moments parfaits de la vie. | | **TVA nouvelles** (N) | **(:35) La tour** (SC) | **(:05) Denis Lévesque** (N) (SC) | | **(12:05) "Papa ou maman"** |
| WMTW 8 | - | - | **WMTW News 8 at 6PM** (N) | **ABC World News** | **Wheel of Fortune** (N) | **Jeopardy!** (N) | **The Bachelorette** (N) (DVS) | | | | **(:01) Superstar** Portrait of pop star George Michael. (N) | | **WMTW News 8 at 11** (N) | **(:35) Jimmy Kimmel Live!** | |
| CKSH 9 | 108 | - | **(5:59) Le télé-journal Estrie** | **(:31) Zone économie** (N) | **District 31** (N) (DVS) (SC) | **La facture** (N) (SC) | **Toute la vie** Margaux vit des moments éprouvants. (N) | | **5e rang** Léopold travaille comme détective privé. (N) | | **Le téléjournal** (N) (SC) | | **(:05) Le télé-journal Estrie** | **(:34) On va se le dire** | |
| CKMI 11 | - | - | **Global National** (N) | **(:29) Global News at 6:30** | **ET Canada** (N) | **Entertainment Tonight** (N) | **FBI** The CEO of a brokerage firm is killed. (DVS) | | **FBI: International** An American journalist is poisoned. | | **(:01) New Amsterdam** "More Joy" (DVS) | | **Global News at 11** (N) | **(:35) The Late Show With Stephen Colbert** (N) | |
| CFCF 12 | 205 | 312 | **(5:59) CTV News Montreal** (N) | | **etalk** (N) | **The Big Bang Theory** | **The Resident** Conrad takes Trevor under his wing. (N) | | **La Brea** Gavin races to a new sinkhole's opening. (N) | | **(:01) The Big Bang Theory** | **The Big Bang Theory** | **Lisa LaFlamme** | **CTV News Montreal** (N) | **The Daily Show** |
| WVNY 22 | - | - | **Local 22 News** (N) | **ABC World News** | **Local 22 News** (N) | **Inside Edition** (N) | **The Bachelorette** (N) (DVS) | | | | **(:01) Superstar** Portrait of pop star George Michael. (N) | | **Local 22 News** (N) | **(:35) Jimmy Kimmel Live!** | |
| WUTV 30 | - | - | **The Big Bang Theory** | **Judge Judy** | **Judge Judy** | **Family Feud** | **The Resident** Conrad takes Trevor under his wing. (N) | | **Our Kind of People** Nikki and Nate attempt to bond. (N) | | **Fox 29 News at 10** (N) | | **Seinfeld** "The Raincoats" | **Two and a Half Men** | **Two and a Half Men** |
| CFKS 31 | 106 | 726 | **Souper parfait** | **Occupation double dans** | **Ça c'est drôle!** (N) | **Mets-y le paquet** | **911 Texas** Tommy a la surprise de sa vie. (N) | | **La semaine des 4 Julie** (N) (DVS) (SC) | | **(9:59) Noovo Le Fil 22** (N) | **NCIS: Los Angeles** Callen retrace un étrange message. | | **Occupation double dans** | **"Tordue"** (2018) |
| WUHF | - | 363 | **Modern Family** | **Young Sheldon** | **The Big Bang Theory** | **The Big Bang Theory** | **The Resident** Conrad takes Trevor under his wing. (N) | | **Our Kind of People** Nikki and Nate attempt to bond. (N) | | **13WHAM News at 10 on Fox Rochester** (N) (Live) | | **DailyMailTV** (N) | **The Simpsons** | **Monkees, Beach Boys** |
| WETK | - | - | **PBS NewsHour** (N) | | **Vermont This Week** | **Rural Free Delivery** | **Secrets of the Manor House** (DVS) | | **Tales from the Royal Bedchamber** | | **Royal Wives at War** | | **Amanpour and Company** (N) | | **BBC World News** |
| WCFE | - | - | **World News America** | **BBC World News Outside** | **PBS NewsHour** (N) | | **Great Performances** "Great Performances: Andrea Bocelli Live in Central Park" Andrea Bocelli live in Central Park. | | | | | | **BBC World News** | **Amanpour and Company** (N) | |
| A&E | 615 | 520 | **Storage Wars** | **Storage Wars** | **Storage Wars** | **Storage Wars** | **Storage Wars** | **Storage Wars** | **Storage Wars** (N) | **Storage Wars** (N) | **(:01) Shipping Wars** | **(:32) Shipping Wars** (N) | **(:04) Storage Wars** | **(:34) Storage Wars** | **(12:03) Storage Wars** |
| CNN | 500 | 500 | **Situation Room With Wolf** | | **Erin Burnett OutFront** (N) | | **Anderson Cooper 360** (N) | | **Cuomo Prime Time** (N) | | **Don Lemon Tonight** (N) (Live) | | **Don Lemon Tonight** (N) (Live) | | **Cooper 360** |
| DISC | 520 | 505 | **Highway Thru Hell** Veteran driver Scott returns. | | **Heavy Rescue: 401** A semi stalls in a dangerous spot. | | **Gold Rush** (N) (DVS) | | **Gold Rush** Parker hatches a cunning move. | | **Gold Rush: White Water** (N) (DVS) | | **Heavy Rescue: 401** A semi stalls in a dangerous spot. | | **Gold Rush** (DVS) |
| DRAMA | 620 | 523 | **Chicago Med** Manning helps a young cancer patient. | | **Chicago Med** Goodwin reunites with an old friend. | | **Chicago Med** Doctors deal with two feuding brothers. | | **Chicago Med** Jeff makes a confession to Dr. Manning. | | **Chicago Med** An Indonesian man has a strange illness. | | **Chicago Med** Dr. Reese tries to help a drug addict. | | **Chicago Med** (DVS) |
| HIST | 522 | 506 | **Pawn Stars** A guard mask from the Power Rangers. | | **Pawn Stars** Unique piece of Kurt Cobain memorabilia. | | **American Pickers** Mike revs up a retro British taxi. | | **Modern Marvels** "Toys" (N) | | **The Toys That Built America** (N) | | **Pawn Stars** Unique piece of Kurt Cobain memorabilia. | | **Pawn Stars** (DVS) |
| PARMT | 628 | 584 | **Ink Master Grudge Match** "Targeted" | | **Ink Master Grudge Match** Matt Buck vs. Katie Rhoden. | | **Ink Master Grudge Match** | | **Ink Master Grudge Match** "Arrogant Youth" | | **Ink Master Grudge Match** | | **Ink Master Grudge Match** "Friends and Foes" | | **Ink Master Grudge** |
| RDI | 126 | 730 | **(5:55) Zone économie** (N) (SC) | | **24/60** (N) (SC) | | **Les grands reportages** "Non réclamé" (N) (SC) | | **Le téléjournal avec Céline Galipeau** (N) (SC) | | **Le téléjournal** (N) (SC) | | **Le national** (N) (SC) | **(:31) Le national** (N) | **(12:01) 24/60** (SC) |
| SHOW | 616 | 521 | **NCIS** "One Last Score" A new special agent arrives. | | **NCIS** Gibbs interrogates an accused murderer. | | **FBI** A key witness and a marshal are killed. (DVS) | | **NCIS** The team finds a secret bank account. (DVS) | | **Chucky** Kids try to figure out Chucky's endgame. (N) | | **NCIS** A stolen purse with gruesome contents. | | **NCIS** "One Last Score" |
| SLICE | 601 | 562 | **The King of Queens** | **The King of Queens** | **Below Deck** Heather plans a surprise party. | | **The Real Housewives: Ultimate Girls Trip** | | **Vanderpump Rules** (N) | | **The Real Housewives of Salt Lake City** | | **The King of Queens** | **The King of Queens** | **Vanderpump Rules** |
| TLC | 521 | 560 | **I Am Jazz** Revisiting Jazz's story. (Part 1 of 2) | | **I Am Jazz** Revisiting Jazz's story. | | **7 Little Johnstons** Emma settles into her new room. (N) | | **(:01) I Am Jazz** Jazz hopes to return to Harvard. | | **(:04) Addicted to Marriage** "Cold Feet" (N) | | **(:04) Sister Wives** "Four Wives, Three Fires" | | **7 Little Johnstons** |
| TSN | 400 | 400 | **SportsCentre** (N) (Live) | | **That's Hockey** (N) | **MLS Soccer** New York City FC at New England Revolution. (N) (Live) | | | | | **SportsCentre** (N) (Live) | | **SportsCentre** (N) (Live) | | **SC With Jay Onrait** (N) |
| YOUTH | 551 | 542 | **Danger Force** | **Unfiltered** | ★★ **"Sherlock Gnomes"** (2018) Voices of James McAvoy. | | | | **Frogger** (DVS) | | **Carnival Eats** | **Carnival Eats** | **Degrassi** | **Degrassi** | **Victorious** |

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# Obituaries

Death



## Barbara May (nee Fraser) DAVEY

**1927 – 2021**

It is with great sadness that we announce the passing of Barbara May Davey, peacefully at the CHUS-Hotel Dieu, Sherbrooke, QC, on Monday, November 15, 2021 at the age of 94, of Sherbrooke. Daughter of the late Arthur Roy Fraser and the late Ethel Blanche Taylor and the loving wife of the late John Mitchell Davey.

Barbara was the beloved mother of Mitchell Davey (Kevin MacSween), Katherine Davey (David Shields) and Margaret 'Dee-Dee' Davey; sister of Elizabeth Richer. She also leaves to mourn many friends and extended family from the Shore Acres Club and beyond.

The family would like to thank the personnel of the CHUS-Hotel Dieu (6C) as well as Dr. Joncas, Dr. Robb and their teams for their kind, compassionate and professional care given to Mrs. Davey. Honourable mention is also extended to the home care nurses of the CLSC (Magog and Sherbrooke) that cared for Mrs. Davey.

In lieu of flowers, donations to the Elmwood Cemetery, P.O. Box 751, Station Place de la Cité, Sherbrooke, QC, J1H 5K7, or to the Pet Connection (c/o TRCF Townshippers Research & Culture Foundation, 3355 College, Sherbrooke, QC, J1M 0B8).

A private service will be held, followed by the burial at the Elmwood Cemetery, Sherbrooke.

STEVE L. ELKAS FUNERAL HOME
4230 Bertrand-Fabi, Sherbrooke QC
info@steveelkas.com
PHONE: 819-565-1155
FAX: 819-820-8872
www.steveelkas.com

Death



## Gordon Scott DAVIDSON

**June 23, 1932 – November 21, 2021**

With sadness, we announce the passing of Gordon on November 21, 2021 at the age of 89, with his family by his side.

Gordon was born in Sherbrooke, QC and married Lucille Labrecque in 1953. Together, they raised a family of six in the community of Saint-Bruno.

Gordon is survived by his children Bob (Arlene), Audrey, Mike (Diane), Lynda (Rick), Keith and Julie (Mike), 11 grandchildren and 3 great-grandchildren. He was predeceased by Lucille in 2009.

In their later years, Dad's love of woodworking, and his background in sales, took him and Mom to many craft shows throughout the province; amassing numerous clients, contacts and friends, and having his work featured in crafting magazines. The friendships they forged through woodworking were very important to him.

The family wish to thank and acknowledge the staff of Brome-Missisquoi-Perkins Hospital for their care in Dad's final days. Their professionalism, and the genuine compassion of Dr. Olivier Morin-Tremblay and head nurse Kelly-Anne and her team, extended to our father and family allowed Dad to gently pass in comfort and with dignity.

Although no service will be held, friends and family are invited to make a donation to the Brome-Missisquoi-Perkins Hospital in Gordon's name and memory. www.bmpfoundation.ca

DÉSOURDY FUNERAL HOMES
101 Jean-Besré, Cowansville QC J2K 0L3
www.desourdy.ca
PHONE: 450-263-1212
FAX: 450-263-9557
Email: info@desourdy.ca

Death



## CLANCY GORDON ANNESLEY

**September 10, 1962 – November 23, 2021**

The family of Clancy Gordon Annesley are saddened to announce his peaceful passing on November 23, 2021 at the age of 59.

He will be lovingly remembered by his mother Marion (Learmonth); his best friend Tracey Sanford; his brother Irvine (Judith) and sister Linda. He will be missed by his son Richard (Amrita), daughter Sarah (Adam); grandsons Justin, Nathan, Tyler, Matthew and Onyx; Rylee, aunts, uncle, nieces, nephews, cousins and many friends. He will also be missed by his friends at Synergy Swine, Listowel, ON and Duey Farms, Windsor, NS. Clancy was predeceased by his youngest brother Timothy in 1995 and his dad in 2016. His fur dog Buddy was his constant companion riding around in the truck with him.

Born in Sherbrooke, QC to the late Dufferin and Marion (Learmonth) Annesley. Clancy attended school in Lennoxville, and Macdonald College, Ste. Anne de Bellevue, where he obtained a diploma in Agriculture in 1981. He was an avid hockey player in his youth and a Montreal Canadiens fan and collector of HABS memorabilia. Clancy was a "Farmer" and raised and showed sheep at local fairs before working on dairy and swine farms across Ontario, Quebec and Nova Scotia.

A Celebration of Life will take place in the Spring when he will be laid to rest beside his grandparents at Holy Trinity Cemetery, Maple Grove, QC.

Donations can be made to Mental Health Estrie or the charity of your choice. The family would like to thank the doctors at Hants Community Hospital; QE II Victoria General Hospital and the VON for their care to him over the past year.

In Memoriam

MARSH - In memory of our mother Phyliss Marsh who passed away November 25, 1999.

*Mom, 22 years ago today*
*You had to leave us for a better place,*
*Time has passed but know,*
*You are always and forever in our hearts.*

We all miss you, especially today, Mom.
Love you.

---

**NUTBROWN, Helen Taylor** – Passed 3 years ago on November 26.

*On Angel's Wings*
*On Angel's Wings you were taken away,*
*But in our hearts you will always stay.*
*We will hear your whisper in the tallest trees,*
*Feel your love in the gentle breeze.*
*And when we find we miss you the most,*
*Inside our beautiful memories*
*We will hold you close.*
*You are an angel watching over us*
*With the comfort and blessings you bring,*
*You embrace our hearts and hold it close,*
*Forever on Angel's Wings*

**JUDY, SALLIE, BILL, CYNTHIA, MARK, PETER & VICTORIA (children)**

## Obituaries

**November 22 - November 26**

**ANNESLEY, Clancy Gordon**
November 23, 2021

**DAVEY, Barbara May (nee Fraser)**
November 15, 2021

**DAVIDSON, Gordon Scott**
November 21, 2021

**McCOMB, Beverly Fanny**
November 15, 2021,

**SKILLEN, Norma Audrey**
September 15, 2021

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bpiironen@waleshome.ca
506 Route 243 North,
Cleveland, QC J0B 2H0

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# Your week on TV

## WEDNESDAY EVENING — DECEMBER 1, 2021

| | Bell | Star | 6 PM | 6:30 | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 | 11 PM | 11:30 | 12 AM |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| WCAX 3 | - | - | Channel 3 News at Six (N) | | CBS Evening News | Entertainment Tonight (N) | Survivor "Do or Die" (N) | | Tough as Nails "Bull in a China Shop" (N) | | CSI: Vegas People are discovered burned in a pit. (N) | | Channel 3 News | (:35) The Late Show With Stephen Colbert (N) | |
| WPTZ 5 | - | - | NBC5 News at 6 (N) | NBC Nightly News - Holt | Jeopardy! (N) | Wheel of Fortune (N) | 89th Annual Christmas in Rockefeller Center The 89th annual tree-lighting ceremony. (N) (Live) (DVS) | | | | When Christmas Comes Around | | NBC5 News at 11 (N) | (:34) The Tonight Show Starring Jimmy Fallon | |
| CBMT 6 | 206 | 301 | CBC Montreal News (N) | Rick Mercer Report | Coronation Street (N) | Family Feud Canada (N) | "A Christmas Letter" (2021) David Lipper. Leslie has done everything right in her life except find Mr. Right. (DVS) | | | | The National (N) | | CBC Montreal News (N) | You Can't Ask That | Coronation Street |
| CHLT 7 | 107 | 718 | (5:58) TVA nouvelles (N) | (:29) Le tricheur (N) | (6:59) La tour (N) (SC) | Si on s'aimait (N) (SC) | Les moments parfaits "Baiser volé" (N) (SC) | | Hôpital New Amsterdam Max trouve difficile sa réalité. | | TVA nouvelles (N) | (:35) La tour (SC) | (:05) Denis Lévesque (N) (SC) | | (12:05) "Papa ou maman 2" |
| WMTW 8 | - | - | WMTW News 8 at 6PM (N) | ABC World News | Wheel of Fortune (N) | Jeopardy! (N) | The Goldbergs (N) | The Wonder Years (N) | The Conners (N) | (:31) Home Economics | A Million Little Things Gary helps an old friend. (N) | | WMTW News 8 at 11 (N) | (:35) Jimmy Kimmel Live! | |
| CKSH 9 | 108 | - | (5:59) Le téléjournal Estrie | (:31) Zone économie (N) | District 31 (N) (DVS) (SC) | L'épicerie (N) (SC) | Les enfants de la télé Avec Brigitte Paquette et autres. | | Plan B Mylène s'interroge après son échec. | | Le téléjournal (N) (SC) | | (:05) Le téléjournal Estrie | (:34) On va se le dire | |
| CKMI 11 | - | - | Global National (N) | (:29) Global News at 6:30 | ET Canada (N) | Entertainment Tonight (N) | Survivor "Do or Die" (N) (DVS) | | Tough as Nails "Bull in a China Shop" (N) | | CSI: Vegas People are discovered burned in a pit. (N) | | Global News at 11 (N) | (:35) The Late Show With Stephen Colbert (N) | |
| CFCF 12 | 205 | 312 | (5:59) CTV News Montreal (N) | | etalk (N) | The Wonder Years (N) | The Masked Singer "Group A Finale" (N) (DVS) | | The Conners (N) | (:31) Home Economics | Alter Ego The contestants face elimination. (N) | | Lisa LaFlamme | CTV News Montreal (N) | The Daily Show |
| WVNY 22 | - | - | Local 22 News (N) | ABC World News | Local 22 News (N) | Inside Edition (N) | The Goldbergs (N) | The Wonder Years (N) | The Conners (N) | (:31) Home Economics | A Million Little Things Gary helps an old friend. (N) | | Local 22 News (N) | (:35) Jimmy Kimmel Live! | |
| WUTV 30 | - | - | The Big Bang Theory | Judge Judy | Judge Judy | Family Feud | The Masked Singer "Group A Finale" (N) (DVS) | | (:01) Alter Ego The contestants face elimination. (N) | | Fox 29 News at 10 (N) | | Seinfeld "The Note" | Two and a Half Men | Two and a Half Men |
| CFKS 31 | 106 | 726 | Souper parfait | Occupation double dans | Ça c'est drôle! (N) | Entre deux draps (N) | Le dernier vol de Raymond Boulanger "Fugitif" (N) | | La semaine des 4 Julie (N) (DVS) (SC) | | (9:59) Noovo Le Fil 22 (N) | Seal team: coeur et courage "Le revers de la médaille" | | Occupation double dans | "Trois filles et" |
| WUHF | - | 363 | Modern Family | Young Sheldon | The Big Bang Theory | The Big Bang Theory | The Masked Singer "Group A Finale" (N) (DVS) | | (:01) Alter Ego The contestants face elimination. (N) | | 13WHAM News at 10 on Fox Rochester (N) (Live) | | DailyMailTV (N) | The Simpsons | REO Speedwagon |
| WETK | - | - | PBS NewsHour (N) | | ABCs of Change | Outdoor Journal | Nature The survival stories of large animals. | | NOVA Rebuilding Notre Dame cathedral. | | Secrets of the Dead "Building Notre Dame" | | Amanpour and Company (N) | | BBC World News |
| WCFE | - | - | World News America | BBC World News Outside | PBS NewsHour (N) | | Rick Steves European Christmas Holiday customs and practices in Europe. | | | | Overcoming Anxiety, Depression, Trauma and Grief With Daniel Amen, MD | | | Amanpour and Company (N) | |
| A&E | 615 | 520 | Court Cam | Court Cam | Court Cam | Court Cam | Court Cam | Court Cam | Court Cam (N) | Court Cam (N) | (:01) Killer Cases "The Murder of Mollie Tibbetts" (N) | | (:04) Court Cam | (:34) Court Cam | (12:03) Court Cam |
| CNN | 500 | 500 | Situation Room With Wolf | | Erin Burnett OutFront (N) | | Anderson Cooper 360 (N) | | Cuomo Prime Time (N) | | Don Lemon Tonight (N) (Live) | | Don Lemon Tonight (N) (Live) | | Cooper 360 |
| DISC | 520 | 505 | Highway Thru Hell "Sometimes The Patient Dies" | | Heavy Rescue: 401 "This Ain't Gonna Be Pretty" | | Moonshiners Mark and Digger reroute a creek. (N) | | Moonshiners: Master Distiller (N) | | Moonshiners: Smoke Ring "Low Country Legacy" (N) | | Heavy Rescue: 401 "This Ain't Gonna Be Pretty" | | Moonshiners |
| DRAMA | 620 | 523 | CSI: Crime Scene Investigation A police officer is killed. | | CSI: Crime Scene Investigation "Dog Eat Dog" | | Movie | | | | | | CSI: Crime Scene Investigation "Secrets and Flies" | | CSI: Crime Scene |
| HIST | 522 | 506 | Forged in Fire Building the M1905 Springfield bayonet. | | Forged in Fire Eight former competitors return. | | Forged in Fire "Second Chance Tournament: Part 2" | | Forged in Fire Four remaining smiths compete. | | When Big Things Go Wrong "Doomed From the Start" (N) | | Forged in Fire Building the M1905 Springfield bayonet. | | Forged in Fire |
| PARMT | 628 | 584 | Deadliest Warrior Monk and Maori. | | Deadliest Warrior Super soldiers. | | Deadliest Warrior "Spartan vs. Ninja" Greece and Japan. | | Deadliest Warrior Somali Pirates vs. the Medellin Cartel. | | Deadliest Warrior Two battlefield daredevils. | | Deadliest Warrior "Aztec Jaguar vs. Zande Warrior" | | Deadliest Warrior |
| RDI | 126 | 730 | (5:55) Zone économie (N) (SC) | | 24/60 (N) (SC) | | Les grands reportages "Le vieil âge et l'espérance" (N) | | Le téléjournal avec Céline Galipeau (N) (SC) | | Le téléjournal (N) (SC) | | Le national (N) (SC) | (:31) Le national (N) | (12:01) 24/60 (SC) |
| SHOW | 616 | 521 | NCIS "Tell-All" NCIS investigates a message in blood. | | NCIS "Dead Reflection" A murder is caught on tape. | | FBI Robbers are targeting armored trucks. (DVS) | | NCIS "Lost Time" Gibbs uncharacteristically unravels. | | The Sinner "Part VIII" Ambrose exposes a secret. (N) | | NCIS A seaman's death may be one in a series. | | NCIS "Tell-All" |
| SLICE | 601 | 562 | The King of Queens | The King of Queens | Vanderpump Rules | | The Real Housewives of Salt Lake City | | The Real Housewives of Orange County | | (:15) Million Dollar Listing Los Angeles "9021 No!" | | (:15) The King of Queens | (:45) The King of Queens | Housewives/ OC |
| TLC | 521 | 560 | 7 Little Johnstons Anna and Elizabeth host dinner parties. | | Dr. Pimple Popper Lattyse was born with a growth. | | My 600-Lb. Life "Lacey's Journey" Lacey is big, but she still finds love. (N) | | | | Too Large Jennifer started to gain weight. (N) | | 1000-Lb. Sisters Amy is upset at Tammy's new nurse. | | My 600-Lb. Life |
| TSN | 400 | 400 | SportsCentre (N) (Live) | | That's Hockey (N) | Top NBA Plays | NBA Basketball Dallas Mavericks at New Orleans Pelicans. From Smoothie King Center in New Orleans. (N) (Live) | | | | | SportsCentre (N) (Live) | | | SC With Jay Onrait (N) |
| YOUTH | 551 | 542 | Danger Force | Danger Force | ★★ "Percy Jackson: Sea of Monsters" (2013) Logan Lerman. | | | | | Henry Danger | Carnival Eats | Carnival Eats | Degrassi | Degrassi | Victorious |

## THURSDAY EVENING — DECEMBER 2, 2021

| | Bell | Star | 6 PM | 6:30 | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 | 11 PM | 11:30 | 12 AM |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| WCAX 3 | - | - | Channel 3 News at Six (N) | | CBS Evening News | Entertainment Tonight (N) | Young Sheldon (N) | (:31) United States of Al | (:01) Ghosts (N) | B Positive (N) | Bull "Confidence Man" Bull's legal troubles worsen. (N) | | Channel 3 News | (:35) The Late Show With Stephen Colbert (N) | |
| WPTZ 5 | - | - | NBC5 News at 6 (N) | NBC Nightly News - Holt | Jeopardy! (N) | Wheel of Fortune (N) | Annie Live! The beloved musical is performed live. (N) (Live) (DVS) | | | | | | NBC5 News at 11 (N) | (:34) The Tonight Show Starring Jimmy Fallon | |
| CBMT 6 | 206 | 301 | CBC Montreal News (N) | Rick Mercer Report | Coronation Street (N) | Family Feud Canada (N) | Dragons' Den (N) (DVS) | | The Fifth Estate Nygard's victims discuss his charges. | | The National (N) | | CBC Montreal News (N) | You Can't Ask That | Coronation Street |
| CHLT 7 | 107 | 718 | (5:58) TVA nouvelles (N) | (:29) Le tricheur (N) | (6:59) La tour (N) (SC) | Si on s'aimait (N) (SC) | Mario Pelchat: comme au premier rendez-vous (N) | | Bijoux de famille (N) (SC) | | TVA nouvelles (N) | (:35) La tour (SC) | (:05) Denis Lévesque (N) (SC) | | "Un dernier tour" |
| WMTW 8 | - | - | WMTW News 8 at 6PM (N) | ABC World News | Wheel of Fortune (N) | Jeopardy! (N) | "Olaf Adventure" | Toy Story-Time | The Great Christmas Light Fight (Season Finale) Four families compete for the prize. (N) (DVS) | | | | WMTW News 8 at 11 (N) | (:35) Jimmy Kimmel Live! | |
| CKSH 9 | 108 | - | (5:59) Le téléjournal Estrie | (:31) Zone économie (N) | District 31 (N) (DVS) (SC) | Infoman (N) (DVS) (SC) | 100 génies Les Génies se mesurent à un sujet. (N) | | Enquête (N) (SC) | | Le téléjournal (N) (SC) | | (:05) Le téléjournal Estrie | (:34) On va se le dire | |
| CKMI 11 | - | - | Global National (N) | (:29) Global News at 6:30 | ET Canada (N) | Entertainment Tonight (N) | FBI: Most Wanted A repeat offender kidnaps a child. | | (:01) Ghosts (N) | United States of Al (N) | Bull "Confidence Man" Bull's legal troubles worsen. (N) | | Global News at 11 (N) | (:35) The Late Show With Stephen Colbert (N) | |
| CFCF 12 | 205 | 312 | (5:59) CTV News Montreal (N) | | etalk (N) | The Big Bang Theory | Young Sheldon (N) | (:31) Young Sheldon | Call Me Kat "Vacation" | B Positive (N) | The Big Bang Theory | The Big Bang Theory | Lisa LaFlamme | CTV News Montreal (N) | The Daily Show |
| WVNY 22 | - | - | Local 22 News (N) | ABC World News | Local 22 News (N) | Inside Edition (N) | "Olaf Adventure" | Toy Story-Time | The Great Christmas Light Fight (Season Finale) Four families compete for the prize. (N) (DVS) | | | | Local 22 News (N) | (:35) Jimmy Kimmel Live! | |
| WUTV 30 | - | - | The Big Bang Theory | Judge Judy | Judge Judy | NFL on FOX Pregame (N) | NFL Football Dallas Cowboys at New Orleans Saints. (N) (Live) | | | | | | | Fox 29 News at 10 (N) | |
| CFKS 31 | 106 | 726 | Souper parfait | Occupation double dans | Ça c'est drôle! (N) | SPCA en action | Le prochain stand-up Six humoristes s'affrontent. (N) | | La semaine des 4 Julie (N) (DVS) (SC) | | (9:59) Noovo Le Fil 22 (N) | Chicago Police Une équipe poursuit un violeur en série. | | Occupation double dans | "Meurtres à Hollywood" |
| WUHF | - | 363 | Modern Family | Young Sheldon | The Big Bang Theory | NFL on FOX Pregame (N) | NFL Football Dallas Cowboys at New Orleans Saints. (N) (Live) | | | | | | | 13WHAM News at 10 on Fox Rochester (N) (Live) | |
| WETK | - | - | PBS NewsHour (N) | | Rooted: Cultivating Community in the Vt. Grange | | Made Here (N) | Made Here | Made Here "Raising Ali" | Made Here "World Fair" | Crossroads: Waterbury | (:43) Made Here | Amanpour and Company (N) | | BBC World News |
| WCFE | - | - | World News America | BBC World News Outside | PBS NewsHour (N) | | Il Volo -- Tribute to Ennio Morricone Il Volo pays tribute to Ennio Morricone. | | | Burt Bacharach's Best (My Music Presents) Burt Bacharach's music. | | | BBC World News | Amanpour and Company (N) | |
| A&E | 615 | 520 | The First 48 Gunmen open fire on a porch. | | The First 48 A tenant's eviction does not go well. | | The First 48: Playing With Fire "Death in Desire" (N) | | The First 48 A father is gunned down in a strip club. | | (:02) City Confidential A killer stalks Gallaudet University. | | (:05) The First 48 A hip-hop promoter is gunned down. | | The First 48: Playing With |
| CNN | 500 | 500 | Situation Room With Wolf | | Erin Burnett OutFront (N) | | Anderson Cooper 360 (N) | | Cuomo Prime Time (N) | | Don Lemon Tonight (N) (Live) | | Don Lemon Tonight (N) (Live) | | Cooper 360 |
| DISC | 520 | 505 | Highway Thru Hell "Crazy Horse" (DVS) | | Heavy Rescue: 401 A triple collision; leaking tanker. | | The Earthshot Prize: Repairing Our Planet (N) | | Alaskan Bush People "Million-Dollar Mountain" (N) | | Deadliest Catch: Bloodline "Like Father Like Son" (N) | | Heavy Rescue: 401 A triple collision; leaking tanker. | | Animal Cops: Houston |
| DRAMA | 620 | 523 | Chicago P.D. A killer targets the police department. | | Chicago P.D. Severide's car is linked to a crash. | | Walker Walker and Liam investigate a cold case. (N) | | Project Runway "Are You Fur Real?" The designers create avant garde looks. | | | Love Life "Paloma" (N) | Chicago P.D. A body leads to a college drug ring. | | Chicago P.D. (DVS) |
| HIST | 522 | 506 | Counting Cars The restoration of a 1969 Shelby GT500. | | Forged in Fire Smiths forge the WWII smatchet knife. | | Counting Cars A 2021 Harley Davidson Trike. | | Counting Cars "Danny's Dream Benz" (N) | | Big Timber "The Gambler" (N) | | The Toys That Built America | | Counting Cars |
| PARMT | 628 | 584 | Auction Hunters | Auction Hunters | Auction Hunters | Auction Hunters | Auction Hunters | Auction Hunters | Auction Hunters | Auction Hunters | Auction Hunters | Auction Hunters | Auction Hunters | Auction Hunters | Auction Hunters |
| RDI | 126 | 730 | (5:55) Zone économie (N) (SC) | | 24/60 Les événements des dernières heures. (N) (SC) | | CHSLD: au front (N) | Le national (N) (SC) | Le téléjournal avec Céline Galipeau (N) (SC) | | Le téléjournal (N) (SC) | | Le national (N) (SC) | (:31) Le national (N) | (12:01) 24/60 (SC) |
| SHOW | 616 | 521 | NCIS "Swan Song" Tracking the Port-to-Port killer. | | NCIS "Pyramid" The Port-to-Port killer is revealed. | | FBI A search for an abducted chemist. (DVS) | | Legacies The squad tries to help Hope. (N) | | FBI: Most Wanted A search for a terrorist's wife. | | NCIS "Baltimore" Tony revisits his time in Baltimore. | | NCIS "Swan Song" |
| SLICE | 601 | 562 | The King of Queens | The King of Queens | The Real Housewives of Orange County | | Million Dollar Listing Los Angeles "9021 No!" | | Million Dollar Listing Los Angeles "Trouble in the OC" | | Below Deck Heather plans a surprise party. | | The King of Queens | The King of Queens | Million Dollar LA |
| TLC | 521 | 560 | Untold Stories of the E.R. A teenager's bulging tummy. | | Untold Stories of the E.R. A pregnant woman begs. | | My 600-Lb. Life "Supersized: Mike's Journey" With bonus scenes, Mike had a talent. (N) | | | | 1000-Lb. Sisters With bonus scenes. (N) | | Hoarding: Buried Alive Floyd must clear his hoard. | | My 600-Lb. Life |
| TSN | 400 | 400 | SportsCentre (N) (Live) | | That's Hockey (N) | NFL Thursday Night Football Pregame (N) (Live) | (:20) NFL Football Dallas Cowboys at New Orleans Saints. (N) (Live) | | | | | | | SC With Jay Onrait (N) (Live) | |
| YOUTH | 551 | 542 | Danger Force | Young Dylan | ★★★ "Madagascar" (2005) Voices of Ben Stiller. | | | | Siwas Dance Pop Revolution | | Carnival Eats | Carnival Eats | Degrassi | Degrassi | Victorious |

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# Church Services

**Presbyterian**

**LENNOXVILLE**

St. Andrew's Presbyterian Church, Lennoxville. We welcome you to our worship services each Sunday morning at 10:30 a.m. with Rev. Nigel Parker.
The Word of Grace broadcast can be heard each Sunday morning on the community station CJMQ – 88.9 FM at 8:30AM. It can accessed anytime at www.cjmq.fm

**United**

**AYER'S CLIFF-MAGOG-GEORGEVILLE**

The Ayer's Cliff-Magog-Georgeville Pastoral Charge is now very pleased to be offering hybrid services. You can attend via Zoom or call ahead to find out where the service is being held (Beulah or St. Paul's) and to reserve your spot in the church. Worship services begin at 10:45 a.m. Please arrive early so we can carry out our Covid-19 protocols. Masks, social distancing and no singing at the moment. If you would like to join us please call Mel Bryant at St. Paul's in Magog 819-843-3778 or Sue Young for Beulah United Church 819-838-5815. https://amgunited.wixsite.com/amgunited

**LENNOXVILLE**

Lennoxville United Church welcomes you on Sunday November 28th at 10:00 a.m. for a Parade of Offerings. Please enter through the Church St. doors where you will be ushered into the Sanctuary to enjoy musical reflections. Please bring a food donation for the Cornerstone Food Bank. COVID-19 protective measures are in place.

**SHERBROOKE**

The Plymouth-Trinity United Church community of faith, at 819-346-6373 and www.plymouthtrinitychurch.org in Sherbrooke, celebrates the first Sunday of Advent on November 28 at 10:45 a.m. with a Zoom worship service. Call us or check our website for connection details. Nous nous réunissons pour un culte Zoom à 10 h 45 le 28 novembre, pour le 1e dimanche de l'Avent. Téléphonez-nous ou visitez notre site web pour les détails. Cordiale bienvenue à tout le monde. Minister: Samuel V. Dansokho.



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# Date book

FRIDAY, NOVEMBER 26, 2021

Today is the 330th day of 2021 and the 66th day of autumn.

**TODAY'S HISTORY:** In 1789, the United States observed a day of Thanksgiving declared by George Washington in celebration of the new Constitution.

In 1922, Egyptologist Howard Carter became the first person to enter Tutankhamen's tomb in 3,000 years.

In 1992, it was announced that the Queen of England would begin paying income taxes, the first time a British monarch would do so since the 1930s.

In 2000, nearly three weeks after Election Day, Florida's presidential election results were certified in favor of George W. Bush.

**TODAY'S BIRTHDAYS:** Mary Edwards Walker (1832-1919), physician/activist; Charles M. Schulz (1922-2000), cartoonist; Robert Goulet (1933-2007), singer/actor; Rich Little (1938- ), actor/comedian; Tina Turner (1939- ), singer/actress; Dale Jarrett (1956- ), race car driver; Scott Adsit (1965- ), actor; Peter Facinelli (1973- ), actor; DJ Khaled (1975- ), rapper/producer; Rita Ora (1990- ), singer-songwriter.

**TODAY'S FACT:** To preserve the length of the holiday shopping season, President Franklin D. Roosevelt signed legislation in December 1941 that decreed Thanksgiving would always fall on the fourth Thursday of November. Thanksgiving had been celebrated on the last Thursday of November, which in some years was the fifth, since 1863.

**TODAY'S SPORTS:** In 1917, the National Hockey League was founded in Montreal.

**TODAY'S QUOTE:** "I think I've discovered the secret of life – you just hang around until you get used to it." – Charles M. Schulz

**TODAY'S NUMBER: 537** – number of votes by which George W. Bush secured victory in Florida in 2000.

**TODAY'S MOON:** Between full moon (Nov. 19) and last quarter moon (Nov. 27).

## SUDOKU

DIFFICULTY RATING: ☆☆☆☆☆

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| 8 | 4 | | | 6 | 2 | 3 | 7 | |

11/26

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PREVIOUS SOLUTION

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| 7 | 3 | 1 | 8 | 5 | 6 | 9 | 4 | 2 |
| 9 | 4 | 2 | 3 | 1 | 7 | 8 | 5 | 6 |
| 8 | 6 | 5 | 4 | 2 | 9 | 3 | 1 | 7 |
| 1 | 9 | 4 | 2 | 7 | 5 | 6 | 3 | 8 |
| 6 | 2 | 8 | 9 | 3 | 4 | 1 | 7 | 5 |
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**HOW TO PLAY:**
Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

PREVIOUS SOLUTION

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| 6 | 9 | 4 | 1 | 8 | 7 | 5 | 3 | 2 |
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## SUDOKU

DIFFICULTY RATING: ☆☆☆☆☆

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11/27

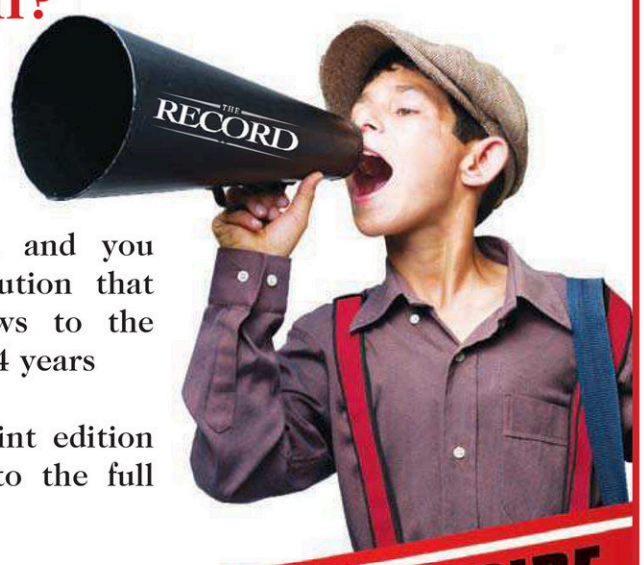
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PREVIOUS SOLUTION

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## ALEXANDER GALT CHRISTMAS BASKET CAMPAIGN 2021

The AGRHS Christmas basket campaign has been a long-standing tradition in the community. Over the years we have been fortunate enough to have received generous donations from our community. Again this year, I ask for your support during these even more challenging times in bringing a little Christmas spirit to our less fortunate families.

The baskets will benefit families from Alexander Galt Regional High School sector (elementary and high school).

We hope we can continue to rely on your support, as it remains very important for the success of our Christmas basket campaign.

**Please, make cheques payable to**
**AGRHS Christmas Basket Campaign**
**and mail to:**
**AGRHS**
**P.O. Box 5002, 1700 rue College,**
**Sherbrooke, Quebec, J1M 1Z9**

**(tax receipts for donations of $10 and over will be issued)**

*Thank you for your generosity!*


2022

# Your new collection calendar is online

Here's how to get it:

1. Visit sherbrooke.ca/collectes.
2. Enter your street address.
3. Download
   **OR**
   print the new calendar.

**In effect from January 1st.**

Add your collection days directly to your agenda on your cell phone or computer!

Don't have access to a computer or the Internet to consult your collection calendar? Stop by your borough office to obtain a hard copy.

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Ville de Sherbrooke


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# Your Birthday

**FRIDAY, NOVEMBER 26, 2021**

Put negativity and anger aside and learn to enjoy what life has to offer. Set goals and get involved in something that sparks your interest and prompts you to engage in projects with people who make you think outside the box. Put long-term plans in motion and make lifestyle changes that encourage greater freedom to do as you please.

**SAGITTARIUS (Nov. 23-Dec. 21)** – Tidy up loose ends and move on to pastimes that bring you in touch with people you enjoy being around. Take pride in what you do, and you'll attract people who encourage you to aim high.

**CAPRICORN (Dec. 22-Jan. 19)** – Think big, but budget wisely. Put in the time and energy required to succeed. A change someone makes will inspire you to step up and do your part. Take a unique approach to getting things done.

**AQUARIUS (Jan. 20-Feb. 19)** – Refuse to let someone make decisions for you. Stand up for yourself and your rights. Say no to anyone trying to challenge you or take charge. Focus on using your skills for your own benefit.

**PISCES (Feb. 20-March 20)** – You don't need to explain yourself. Do whatever it takes to get things done on time and within budget. Know your limitations and your strengths, and use your resources and intuition.

**ARIES (March 21-April 19)** – Don't put your health or reputation at risk. Surround yourself with people you can trust, and search for outlets that will help ease stress and give you a moment to organize your thoughts and plans.

**TAURUS (April 20-May 20)** – You'll face opposition that will leave you in a compromising position. Take a step back, reevaluate your situation and redirect your energy toward personal growth.

**GEMINI (May 21-June 20)** – Play to win. Put everything you've got into getting ahead. Focus on the best way to outdo the competition. Go over and above what it takes to reach your goal and outshine anyone trying to vanquish you.

**CANCER (June 21-July 22)** – Avoid making an emotional purchase. Channel your energy into something creative or unique that doesn't put a dent in your wallet. Plan a freewheeling day with a loved one.

**LEO (July 23-Aug. 22)** – Listen to your heart and do what comes naturally. A disciplined attitude will help you figure out what you need to accomplish to reach your expectations. Networking functions will pay off.

**VIRGO (Aug. 23-Sept. 22)** – Refuse to let someone dictate how you move forward. Look at your options and make adjustments that allow you to head in a direction that excites you. Avoid senseless battles and meddlesome people.

**LIBRA (Sept. 23-Oct. 23)** – Call someone you can count on, and you'll figure out how to resolve a problem. You will have to put in the time and energy to gain stability in your personal life. Choose discipline over indulgence.

**SCORPIO (Oct. 24-Nov. 22)** – Don't let your emotions take charge and ruin your day. Set your sights on a creative project or challenge. Refuse to allow personal and professional problems to spill over into each other.

Sunday horoscope on page 15

**SATURDAY, NOVEMBER 27, 2021**

Put everything in perspective before making a change. Don't let others push you or dictate the pace of your life. Take it upon yourself to make decisions that put your mind at ease and give you the room you need to make alterations along the way. Strive for balance and integrity, and avoid uncertainty and indulgence.

**SAGITTARIUS (Nov. 23-Dec. 21)** – Say little and do a lot. Keep your thoughts to yourself and focus on attaining what you want to achieve. Don't allow your emotions to overrule what you know is right and best for you.

**CAPRICORN (Dec. 22-Jan. 19)** – Be direct, and you'll avoid someone taking your remarks out of context. Live up to your promises. Change is inevitable. Get your facts straight, then proceed with confidence.

**AQUARIUS (Jan. 20-Feb. 19)** – Hold on to your thoughts. Time is on your side, so make sure your strategy will bring the outcome you desire. Take a break, and you will gain perspective on what's best for you.

**PISCES (Feb. 20-March 20)** – Emotions will surface if you can't get along with a loved one. Fill your day with activities that require physical action, and it will help you avoid an emotional debate. Choose love.

**ARIES (March 21-April 19)** – Having a realistic view of what's possible will help you overcome the pitfalls of uncertainty. Make improvements to the way you handle and earn your cash. Verify all information you uncover.

**TAURUS (April 20-May 20)** – Seize the moment and take advantage of any opportunity that comes your way. Your confident decision-making will elicit respect from your peers. Personal improvements will mark a new beginning.

**GEMINI (May 21-June 20)** – Keep the peace. Don't jump to conclusions or take anything or anyone for granted. Emotional matters are best not dealt with until you can clear your head and figure out what you want.

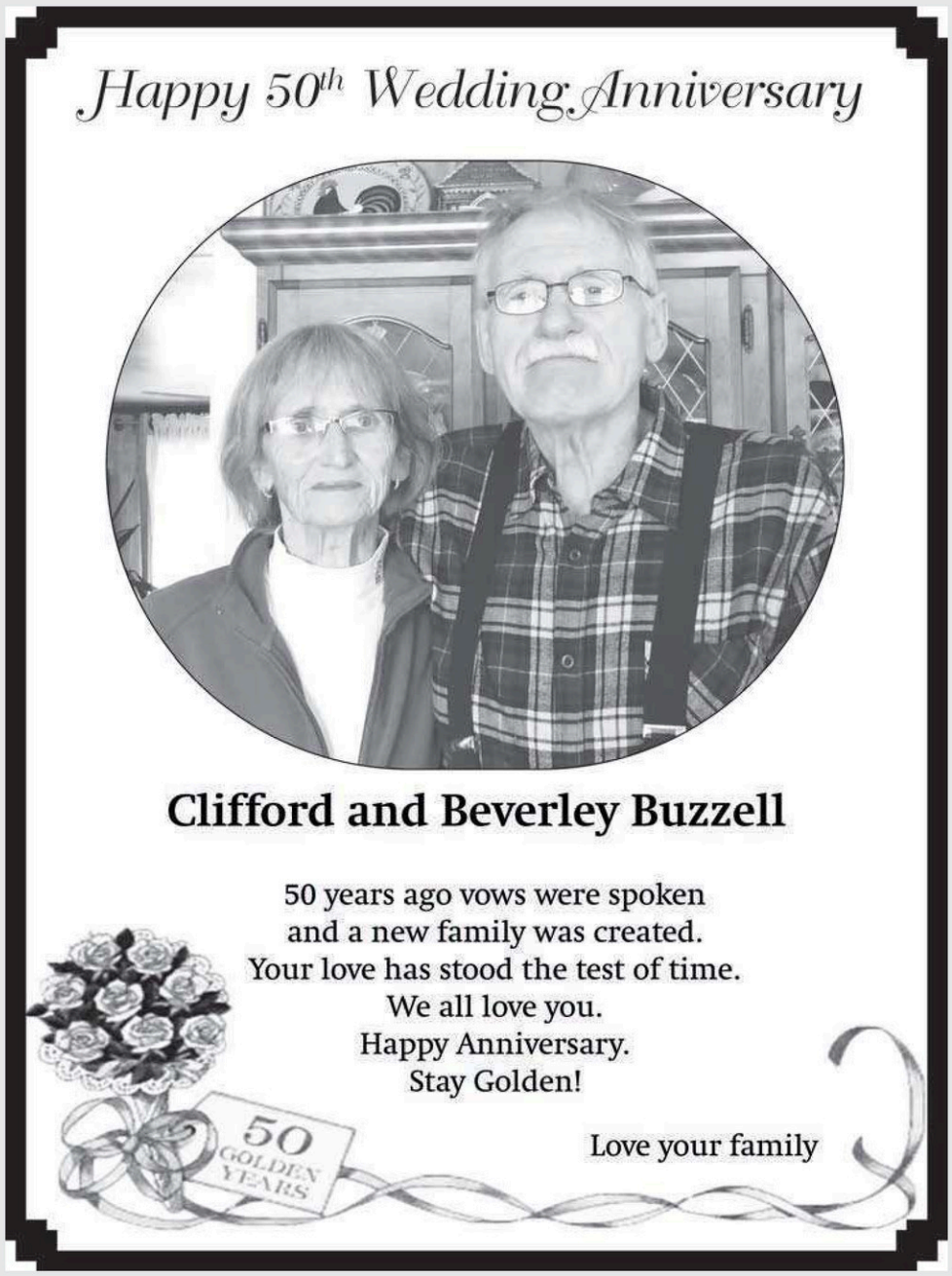
**CANCER (June 21-July 22)** – Make time for people who put a smile on your face. Romance is favored. Quality time spent making plans with someone special will improve your life. Run your household with charitable efficiency.

**LEO (July 23-Aug. 22)** – Get out and about. Enhance your chance to advance by upgrading your qualifications. Sign up for courses, attend a networking function or mingle with people who share your skill set.

**VIRGO (Aug. 23-Sept. 22)** – Troubles will mount if you can't agree with someone close to you. Consider how you can rectify a domestic problem by rearranging your environment to suit certain needs. Romance is encouraged.

**LIBRA (Sept. 23-Oct. 23)** – You'll be disappointed if you rely on someone who promises a lot and does nothing. Take control by making plans to improve your home life and offload responsibilities that don't belong to you.

**SCORPIO (Oct. 24-Nov. 22)** – A reserved attitude will prevent an emotional scene. Don't get involved in a joint venture. Shared expenses will cause worry and anxiety, not to mention loss, if each party doesn't hold the same values.




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## CELEBRITY CIPHER
**by Luis Campos**

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"50 KN LJW YWA 30, HYP 70 KN LJW YWA 50. LJWFW HFW YD FMUWN LJHL NHB BDM JHTW LD PFWNN H IWFLHKY AHB." — LKYH LMFYWF

Previous Solution: "There is no better way to thank God for your sight than by giving a helping hand to someone in the dark." — Helen Keller

*TODAY'S CLUE: V equals T*

## CELEBRITY CIPHER
**by Luis Campos**

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"HYJFPHU ZFY AGTV ZFRGX RG OV CPNAJ RU ZFPZ R'O NYJV ZYGPWRAEU. R MAG'Z ZPLY 'GA' NYJV KYTT." — MRJYWZAJ LPZFJVG IRXYTAK

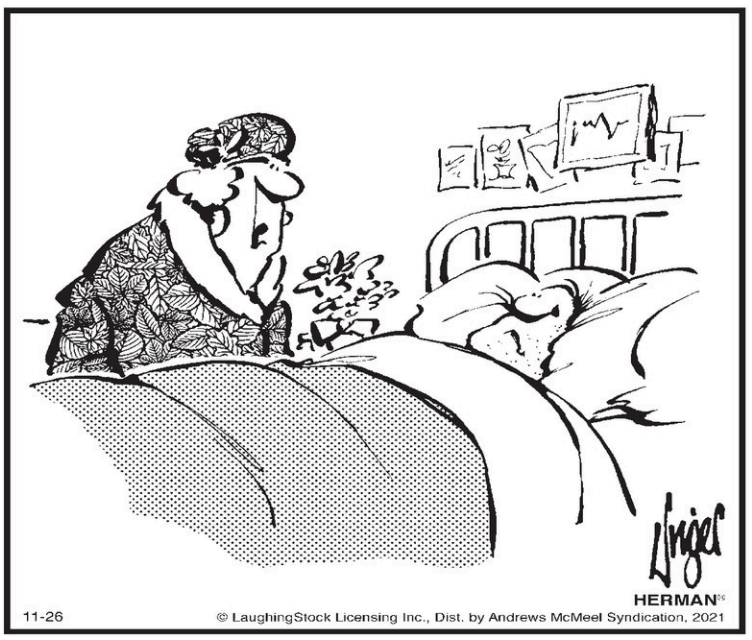
Previous Solution: "50 is the new 30, and 70 is the new 50. There are no rules that say you have to dress a certain way." — Tina Turner

*TODAY'S CLUE: C equals W*

REALITY CHECK

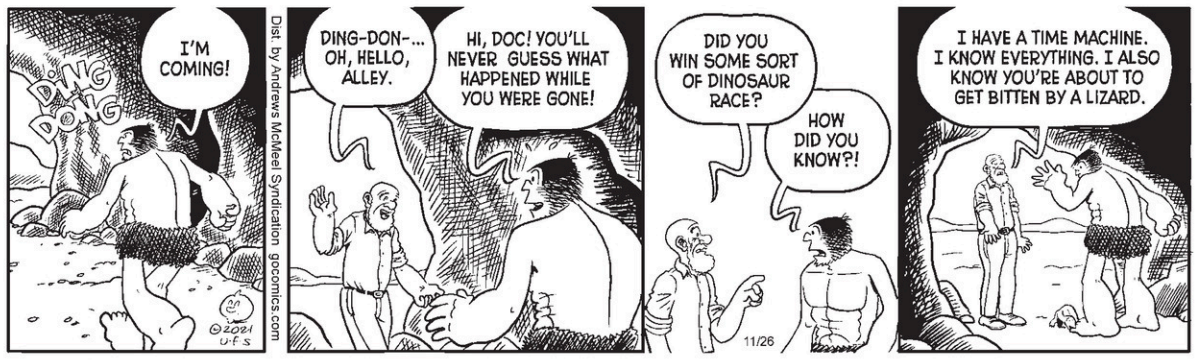



HERMAN




**"The car's not quite as wide as it used to be."**

ALLEY OOP




ARLO & JANIS



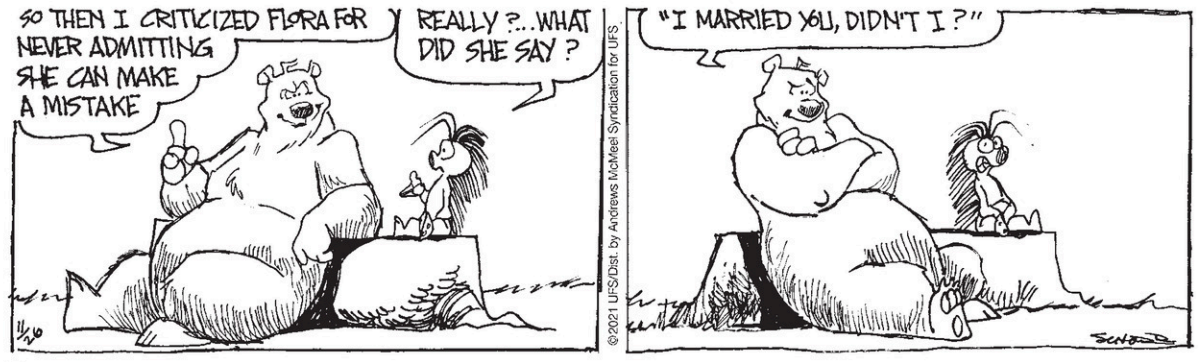

THE BORN LOSER



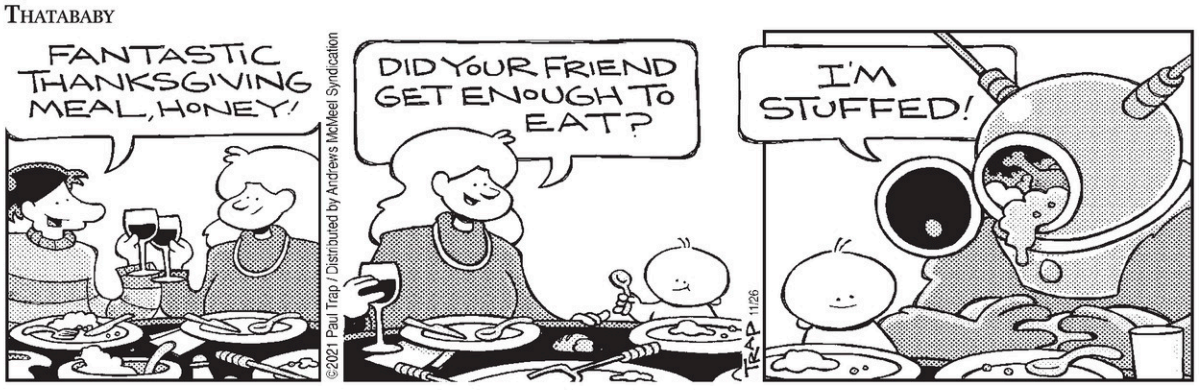

FRANK AND ERNEST




GRIZZWELLS




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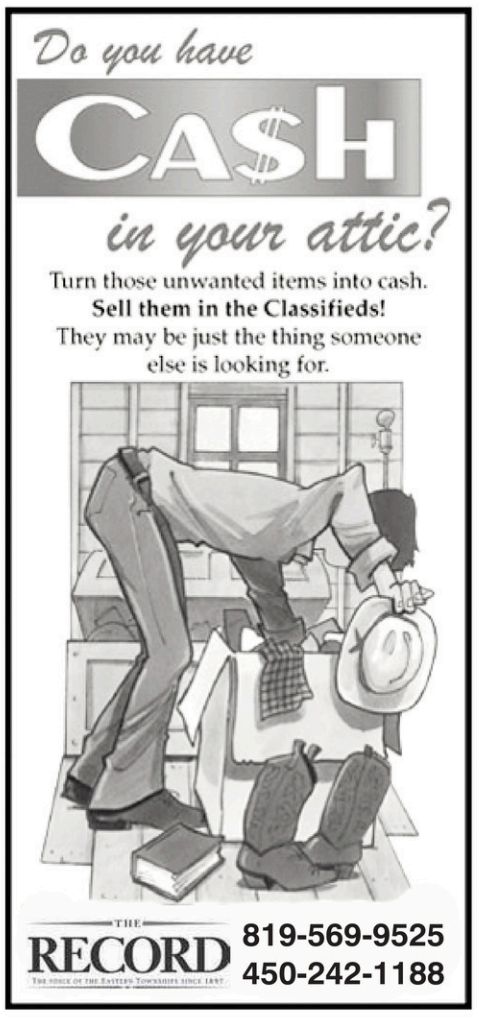
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# Exclusion from a picture is worth a thousand words

## Dear Annie

FRIDAY, NOVEMBER 26, 2021

**Dear Annie:** My brother has been dating a woman for several years, and they recently became engaged. I do like her, but here is my issue: She is another nationality, and her family (in another country) does not like her dating a "white guy." They refer to him as "white trash," though he is well-educated and makes good money.

She has a very active Facebook page and posts pictures of her dogs, her friends, pictures of herself – not him – from vacations they take together. But not once, ever, has she mentioned my brother or posted a picture of them together. It's as though he does not exist. When I asked her why she excludes him from postings, she says she doesn't want to upset her family.

I do not want to attend this wedding but don't want to offend my brother. Am I wrong to be this upset that his fiancee seems ashamed to publicly acknowledge him? – He Deserves Better

**Dear He Deserves Better:** It sounds to me like you're a protective sister who only wants what's best for your brother and, ultimately, your family. He is lucky to have someone looking out for him the way you do.

Take your concerns to the one being impacted: your brother. This situation upsets you, but it might not be one of his deal breakers. See what he says when you mention his lack of presence on her social media and ask how that makes him feel. Tell him what it looks like from an outside perspective.

Your brother is likely well aware of his fiancee's family's disapproval and might be OK with being excluded online if it makes real life offline less stressful for him and his fiancee. Hopefully, your future sister-in-law's family will get the chance to spend time with your brother in person down the road and learn his heart and his character through and through. After all, no matter what we share or how often we post online, it'll never tell the whole story of who we are.

*"Ask Me Anything: A Year of Advice From Dear Annie" is out now! Annie Lane's debut book – featuring favorite columns on love, friendship, family and etiquette – is available as a paperback and e-book. Visit http://www.creatorspublishing.com for more information.*

**Send your questions for Annie Lane to dearannie@creators.com.**

## NEA Crossword Puzzle

**ACROSS**

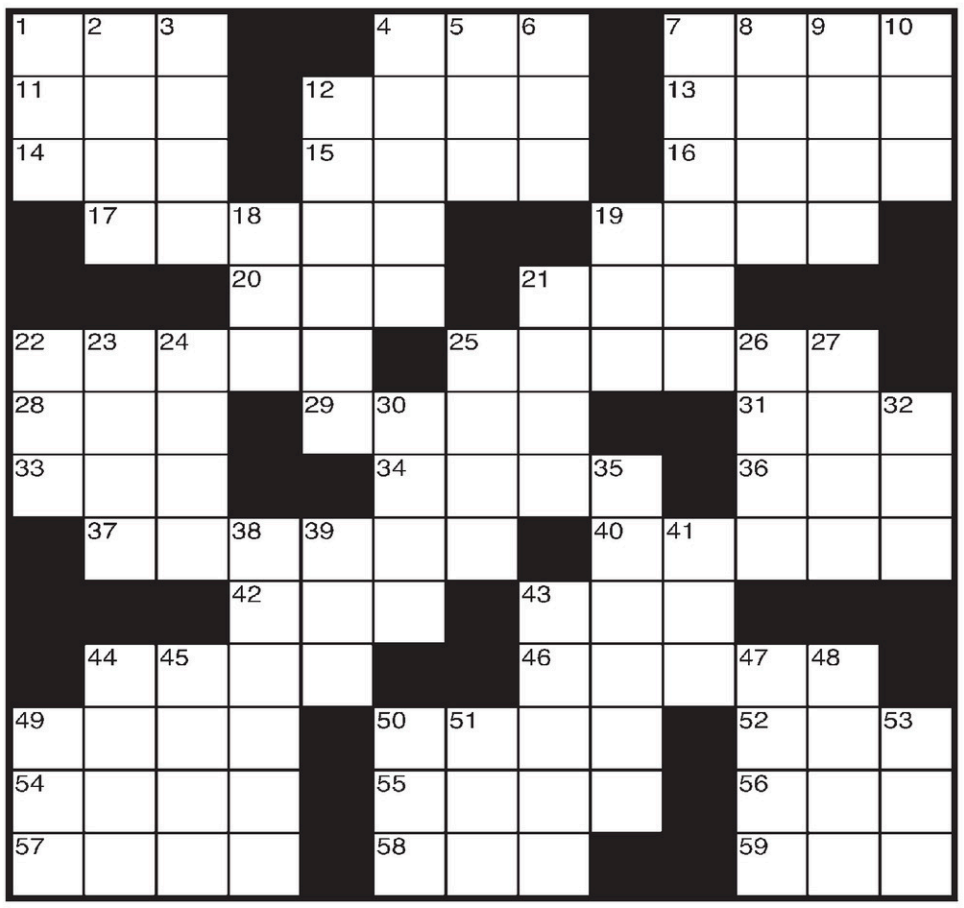
1 Freshly painted
4 Sinbad's transport
7 Flood residues
11 Grain crop
12 Allot
13 Green pod
14 Team cheer
15 Till
16 Bargain
17 Rink gear
19 Gala
20 Got a load of
21 Visa and passport
22 Won every game
25 Like a castle
28 "Exodus" character
29 State, in Paris
31 Bandleader — Kyser
33 — Spiegel
34 Russian range
36 Sooner than
37 Close at hand
40 Fraught
42 Estuary
43 Auric's creator
44 What willows do
46 Nebraska city
49 Woody's son
50 — fide
52 Hearty laugh
54 Room divider
55 Long-billed wader
56 Md. neighbor
57 "I say!"
58 Involuntary movement
59 "Night-mare" street

**DOWN**

1 Ironic
2 Looks closely
3 Furniture wood
4 Keep subscribing
5 Giants star of yore
6 Business VIP
7 Shy
8 Hawaiian strings
9 "Darn!"
10 — ammoniac
12 Evolve
18 Venomous serpent
19 Vitamin monitor, for short
21 Theta follower
22 Merry's opposite
23 Small bird
24 Blarney stone site
25 Queen of Scots
26 Used thriftily
27 Meet defiantly
30 Brass instrument
32 Craving
35 Pack animals
38 Golf's Palmer
39 Eliminate
41 "Wheel" buy (2 wds.)
43 Column order
44 Boast
45 Fitzgerald or Raines
47 Dr. Jekyll and Mr. —
48 Ayla's creator
49 Dazzle
50 Nipped
51 Ginza purchase
53 European airline

**Answer to Previous Puzzle**

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| C | U | T | | T | A | D | | | P | O | I | |
| B | T | U | | A | L | E | S | | A | H | A | B |
| S | E | T | | B | L | E | U | | D | O | S | E |
| | S | U | B | L | E | T | S | | U | N | I | X |
| | | | O | E | R | | H | O | L | E | S | |
| T | A | C | K | | G | L | I | N | T | | | |
| A | G | A | | W | Y | O | | U | S | E | R | S |
| R | O | M | E | O | | I | F | S | | V | I | P |
| | | | B | R | I | D | E | | R | E | B | A |
| | R | O | B | E | D | | D | A | H | | | |
| S | E | M | I | | O | C | E | L | O | T | S | |
| O | V | E | N | | L | A | R | A | | O | A | T |
| F | E | N | G | | S | L | A | M | | O | R | E |
| A | L | S | | | | F | L | O | | L | I | D |



11-26

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# Your Birthday

**SUNDAY, NOVEMBER 28, 2021**

A desire to be original will open doors for you, but it could conflict with your everyday routine. Scout out what's possible, and you'll be able to advance in a direction that is mentally gripping and leads to a multitude of interesting diversions. Personal growth, a change of attitude and lessons that will help mold your future are heading your way.

**SAGITTARIUS (Nov. 23-Dec. 21)** – Learn as you go, but don't be too trusting of others. Verify information and question offers that sound too good to be true. Take the initiative to handle personal affairs yourself.

**CAPRICORN (Dec. 22-Jan. 19)** – Use your imagination to make personal and financial changes that boost your morale. Make romance, love and physical improvement your goals. Taking care of responsibilities will put your mind at ease.

**AQUARIUS (Jan. 20-Feb. 20)** – Don't let a partnership dictate your every move. Think and do things for yourself. Be a contributor, not someone's gofer. Use your intelligence to develop a dynamite plan.

**PISCES (Feb. 20-March 20)** – Pitch in and help a cause that concerns you. Physically getting involved in something will make you feel good and save you money. You'll make exciting and valuable connections.

**ARIES (March 21-April 19)** – You can stabilize your life with a couple of adjustments to personal and financial papers. Put your mind at ease by taking care of time-sensitive matters. Added discipline will help you get it done.

**TAURUS (April 20-May 20)** – Put your heart into whatever you choose to do. Touch base with someone you find motivating or who you just love to be around. The input you receive will push you in a new and exciting direction.

**GEMINI (May 21-June 20)** – Be careful sharing information. Keep your passwords and personal documents tucked away someplace safe. Take the time to look for job opportunities, and something will tweak your imagination.

**CANCER (June 21-July 22)** – Turn your space into your dream place. Be creative, and you'll discover a plan that fits your budget and lifestyle. A romantic gesture will bring you closer to a loved one.

**LEO (July 23-Aug. 22)** – Get involved, plan to have fun and enjoy what life has to offer. Don't let uncertainties drag you down. Put yourself out there and promote who you are and what you have to offer.

**VIRGO (Aug. 23-Sept. 22)** – Put more thought into personal gain, the things you like to do and the people you enjoy the most. You can expect to face some uncertainty, so make sure to discuss your intentions.

**LIBRA (Sept. 23-Oct. 23)** – Making your environment homey will help ease your mind and stabilize your life. Peace and comfort will help you enjoy some of life's little pleasures. Explore the possibilities.

**SCORPIO (Oct. 24-Nov. 22)** – An outlet you feel passionate about will satisfy your needs. Enjoy the company of someone who shares your interests, concerns and prospects. A lifestyle change may seem impossible, but you can make it happen.

**FRIDAY, NOVEMBER 26, 2021**

# Who ended with shining cucumbers

**By Phillip Alder**

In "Gulliver's Travels," Jonathan Swift wrote, "He had been eight years upon a project for extracting sunbeams out of cucumbers, which were to be put in phials hermetically sealed and let out to warm the air in raw inclement summers."

Bridge players do not spend eight years learning how to get a warm feeling inside with an eight-card suit. Before we get to that, though, look at today's West hand. West opens one spade, North overcalls two hearts, East raises to four spades, and South competes with five diamonds, which East doubles.

Do you agree with West's calls, and what should he lead?

Nowadays, "everyone" bids one spade, hoping partner does not respond in diamonds. Here, though, the auction accelerated rapidly, putting South on the spot. But she remembered what you call an eight-card suit – trumps!

In theory, five diamonds was a losing decision because four spades was going down; the defenders would have taken three hearts and one spade. Still, five diamonds had not failed yet.

West led a spade. South won with her ace, drew two rounds of trumps and played four rounds of hearts, discarding her two club losers. She claimed a sunny overtrick and plus 650.

Maybe West should have expected his opponents to be ready for the obvious lead and selected the club ace – but that is much easier to say when you can see the full deal. If West continues with a second club, five diamonds goes down because East has a trump trick to come.

Basically, in this type of deal, you mst hope to guess well, but aggressive bids tend to do better than cautious passes.

North 11-26-21
♠ 8 2
♥ A K Q 4 2
♦ A 9
♣ J 6 3 2

West
♠ K 7 6 5 4
♥ J 7 6
♦ —
♣ A Q 10 8 5

East
♠ Q J 10 9 3
♥ 8 5 3
♦ Q J 4
♣ K 9

South
♠ A
♥ 10 9
♦ K 10 8 7 6 5 3 2
♣ 7 4

Dealer: West
Vulnerable: Neither

| South | West | North | East |
|---|---|---|---|
| | 1♠ | 2♥ | 4♠ |
| 5♦ | Pass | Pass | Dbl. |
| Pass | Pass | Pass | |

Opening lead: ??

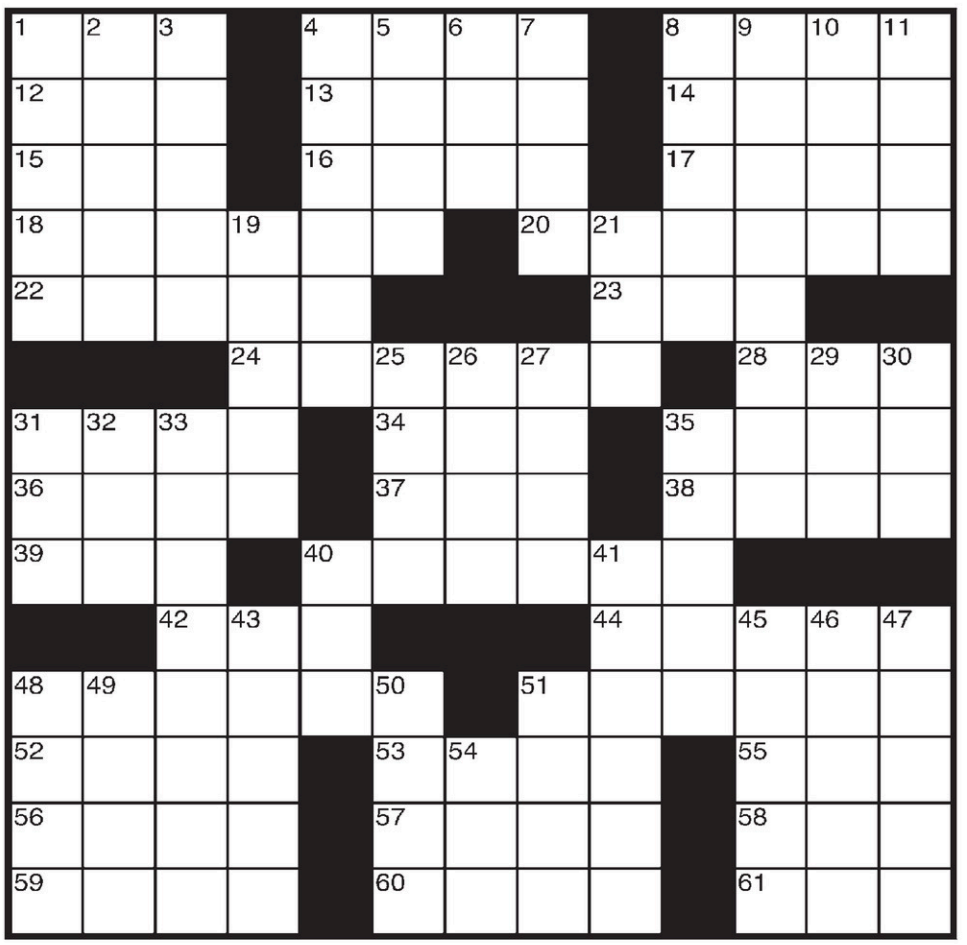
# NEA Crossword Puzzle

**ACROSS**
1 Chromosome material
4 Coagulate
8 Actor Dan or Eugene
12 Goddess of dawn
13 Des Moines locale
14 Sheltered
15 Many oz.
16 Sort out
17 Heroic tale
18 Ogled
20 Cheech, to Chong (hyph.)
22 Wedding site
23 Sorrow
24 Walking corpse
28 Mother rabbit
31 Stoic founder
34 Spanish gold
35 Pipe fittings
36 Operatic prince
37 Upsilon preceder
38 Positive replies
39 Figured out
40 GI meals
42 Arith. mean
44 Ricoh competitor
48 Arctic sight
51 Bag
52 Perseverance
53 — -a-brac
55 Sports enthusiast
56 Woodworking tool
57 Fishing vessel
58 Boxing stat
59 Felt sorry about
60 Leather punches
61 — Quentin

**DOWN**
1 Perry's secretary
2 Peace Prize founder
3 Portfolio item
4 Roman orator
5 Thundering
6 Wise old bird
7 Powder base
8 Rodeo rope
9 Jubilantly
10 First-magnitude star
11 Two semesters
19 Barbershop item
21 Run up a tab
25 Speck of dust
26 Bikini tops
27 Chits
29 Pamplona yell
30 Letter for plurals
31 Quick turn
32 Id companion
33 Certify
35 Atelier item
40 Dugout VIP
41 Demands
43 Went to the polls
45 Crevices
46 Honshu port
47 Rare gas
48 Seaweed extract
49 Language of Pakistan
50 "Fernando" band
51 Container for liquids
54 Pull oars

**Answer to Previous Puzzle**

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| W | E | T | | | R | O | C | | M | U | D | S |
| R | Y | E | | M | E | T | E | | O | K | R | A |
| Y | E | A | | U | N | T | O | | D | E | A | L |
| | S | K | A | T | E | | | F | E | S | T | |
| | | | S | A | W | | I | D | S | | | |
| S | W | E | P | T | | M | O | A | T | E | D | |
| A | R | I | | E | T | A | T | | | K | A | Y |
| D | E | R | | | U | R | A | L | | E | R | E |
| | N | E | A | R | B | Y | | L | A | D | E | N |
| | | | R | I | A | | I | A | N | | | |
| | B | E | N | D | | | O | M | A | H | A | |
| A | R | L | O | | B | O | N | A | | Y | U | K |
| W | A | L | L | | I | B | I | S | | D | E | L |
| E | G | A | D | | T | I | C | | | E | L | M |



11-27

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**Launched in 2019, Culture for Seniors has already reached 3 200 English- and French-speaking seniors through various cultural activities offered throughout the area covered by the project, namely the RCMs of Val-Saint- François and Les Sources.**

**Whether 17 or 77 years old, you will be inspired by the stories and advice of our ambassadors featured in Words of Wisdom.**

**The series is available online at Wordsofwisdom.ca**

Le P'tit bonheur de Saint-Camille

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