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Vol. LXXI

Westmount, Que., Canada, Thursday, August 26, 1989

Historical House Tour peeks into Westmount's past

Starting today, tickets are available for the Historical House Tour, a fundraiser for the Westmount Historical Association's ongoing train station project.

Scheduled to take place on Friday, September 17 from 10 a.m. to 4 p.m., the tour will encourage people to delve into the city's past, said Lillian Léonard, chair of the WHA's community fundraising committee. "The tour is probably the first one of its kind," she said.

While it is self-guided, participants will receive a map of six houses—all at least 100 years old—the morning of the tour. Historical information will then be posted at each of the tour's featured locations.

"It can be done as a walking tour because the way Westmount developed, most of the older homes are in the same area," Léonard added.

Tickets for the tour cost \$40, which includes an afternoon tea at Victoria Hall. They can be purchased at Victoria Hall, the Westmount Public Library and at City Hall.

For more information on the Historical House Tour, call the hotline at 990-2237 or the WHA at 925-1403.

Classified Ads
 Transcontinental Weeklies



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Happy birthday, Mr. Neale!

Manoir resident turns 100 today

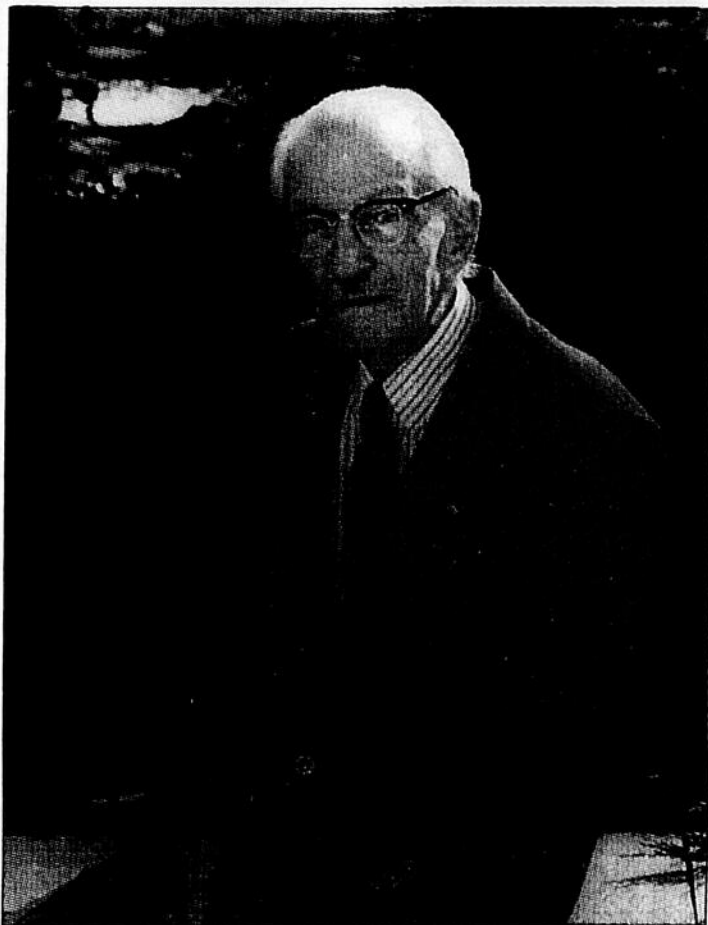


Photo Cliff Starnett

Still spry at 100, Frank Neale relaxes outside the Manoir earlier this week.

Manoir Westmount will be buzzing with activity this afternoon as staff, residents and friends gather to celebrate the birthday of Frank Neale, the Manoir's newest centenarian.

Mayor Peter Trent will also appear at the event to honour Neale—one of the Manoir's original residents and a World War One veteran who watched the first Zeppelin shot down over London in 1915.

Born on August 26, 1899 near Kermington, Lincolnshire, Neale grew up in the English countryside and went to sea with the merchant marine at age 16.

While still a teenager, he saw action in 'The Great War' until his infantry unit was captured by the Kaiser's troops. He spent most of 1918 in various German POW camps and received a number of decorations for valour.

Soon after the Armistice was signed, Neale's pleasant memory of childhood trip to visit relatives

in Canada prompted him to consider immigration. He arrived in Montreal in 1921 and went to work for the Bell Telephone Company as a lineman.

After several promotions, he retired from Bell at the end of 1962 with more than 40 years of service.

Neale moved into the newly-constructed Manoir Westmount on July 1, 1979, just two days after the arrival of Thelma Emms, who is currently the Manoir's longest-standing resident.

He is now the only centenarian at the local seniors' residence, following the recent passing of Cécile Leslie at the age of 102.

Queen Elizabeth, Prime Minister Jean Chrétien and Governor General Roméo LeBlanc have already sent their congratulations, and today many Westmounters will have the opportunity to extend personal greetings of their own.

The Examiner wishes Mr. Neale a happy birthday on this very special occasion.

Centre Greene looks forward to tenth anniversary

By AMANDA CHICOINE

Ten years ago, brooms, dustpans, paintbrushes and dozens of volunteers came together to create a community centre. Their legacy is a place where people can dance, sing, laugh and learn—Centre Greene.

A decade later, the community is gathering to celebrate the longevity of their bond with the centre. 'The Great Auction Party' on September 30—two days shy of Centre Greene's tenth anniversary—will celebrate the many people and accomplishments of this special place.

"The party on the 30th is a celebration—the fact that we've been here for ten years, we're going strong, things are going well—and

it's also the jumping off point for the fundraising," said Mary Anne McNally, who remains the centre's acting president although she officially resigned on August 1. "It is brought out of a desire to celebrate the ten years and to bring back the people who have been involved. It should be a great party."

While McNally is stepping down after two-and-a-half years as Centre Greene's president, she will remain on the board and be responsible for the centre's fundraising and auction.

"My husband is near retirement and my life is going to change. I'm staying very involved. I love the place, but it's time for somebody else to assume the responsibility," she said.

"She (McNally) is going to be impossible to replace," said Erica Bloom, a committee member who does fundraising and publicity for the centre. "In one sentence, Mary Anne has turned the entire place around and it's only through her energy, organization and enthusiasm that the centre is in such a great position today... Everybody who's been on the board for the past couple of years just adores her and thinks the world of her."

McNally deflects such praise, preferring to focus attention on what she believes Centre Greene needs to accomplish. Between mid-October and next January, the centre will embark on an ambitious fundraising campaign to raise \$175,000. It also hopes to raise \$10,000 from the auction

where Mayor Peter Trent will be the auctioneer.

Originally built for the Unity Boys and Girls Club in 1949, the building has a long history, continued McNally. "I guess the demographics changed, things changed and it wasn't doing very well... The thing just sort of fell apart and the local community was concerned about what would happen.

"So, a group banded together and convinced the City that they could run it as a community centre and that there was a need for it. It was just one of those marvelous bits of community in action and community spirit," she said.

"The building is now 50 years old and the mechanical and

(See page 5)

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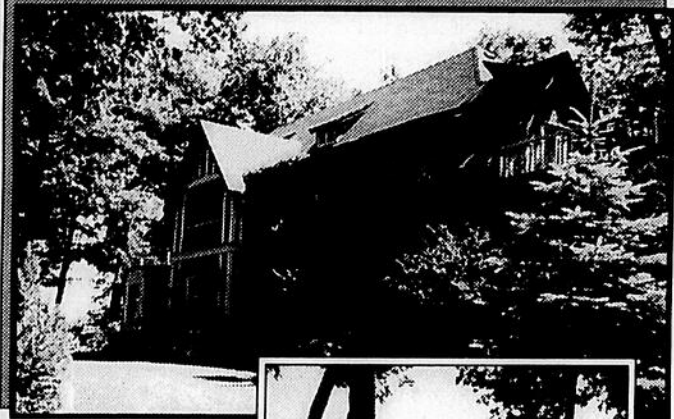
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Sunday, August 29

Leisure Institute of Congregation Shaar Hashomayim presents 'Reflections on the Israeli Elections' with Philippe Elharrar of the Canada-Israeli Committee at 12:30 p.m. Luncheon. \$4 for Leisure members, \$5 for non-members. 450 Kensington Ave. Info: 937-9471.

Wednesday, September 8

Canadian Association for Young Children presents Barbara Colorosa, author of 'Kids are Worth It', September 8 at Mother House (4873 Westmount Ave., near Claremont). Book signing at 6 p.m., talk at 7 p.m. Tickets \$15 available at Chapter's downtown and at St. Andrew's School (151 Hillside Ave.). Info: 684-1369.

Tuesday, Sept. 14

Temple Emanu-El-Beth Sholom's Entre Nous Program continues with guest speaker Suzanne Costom, who will deliver the lecture 'The Ethics of Being a Criminal Lawyer'. Brown bag lunch at noon, program at 1 p.m. 395 Elm Ave. All are welcome. Info: 937-3575.

Ongoing

Westmount Toastmasters: Take the fear out of public speaking each Thursday evening at Victoria Hall at 7 p.m. Please note that there will be no meeting on August 26. Regular season begins September 2. Info: 367-5986.

Recovery, Inc., a non-profit self-help group for people suffering with depression, anxiety, panic attacks and phobias meets Tuesdays from 7:30 to 9 p.m. Call 933-1904 for info and location.

St. Andrew's-Dominion-Douglas Church, The Boulevard at Lansdowne, continues early summer worship services at 9:30 a.m. each Sunday through Labour Day.

Rotary Club meetings: Please note that the Rotary Club of Westmount will meet each Wednesday at Victoria Hall, 4626 Sherbrooke, at 12:30 p.m.

Westmount Monday Evening Bridge Club meets every week from 7 to 10 p.m. in Victoria Hall. Free to Westmount residents. To register, call Esther Chamberland 989-5212.

Contactivity: Are you a senior interested in exploring the Internet? Contactivity Centre is offering an introductory course on the Internet at minimal cost. Sign up today! Info: 932-2326.

Volunteers needed to help the elderly with meals, bingo, washing, outings, etc. at CHSLD St. Margaret, 50 Hillside. Info: Carol Hutton at 932-3630 ext. 3018.

The Tree Within continues its Back to School campaign. Donations of school supplies for needy Montreal children can be dropped off at Victoria Hall, Supermarché Metro Westmount, YMCA Westmount and at the Greene Avenue Community Centre. **The Jewish Women's Institute** presents Women and Judaism every Tuesday from August 31 to December 7 with instructor Devorah Shanowitz. Registration is \$100 and includes a light lunch. You may attend one or more of various sessions: Hebrew Reading (10:30 a.m.), Women and Judaism (11:15 a.m.), Cycles: The Jewish Calendar (12:30 p.m.). 4444 Ste. Catherine W., 2nd floor. Reservations: 937-4772.

Beyond the Borders

NCJW Maison Cheshed House-Summer Travel Festival. Tickets still available for Piggery Theatre to see 'The Musical Tonite-Edith Pilaf', September 2. Info: 733-7589. **Saidye Bronfman Centre** for the Arts Open House 1999.

(See MORE page 18)

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IN BRIEF

Necklace found at Westmount pool

If you lost an adult-sized silver necklace with a pendant in the ladies' changing room at the Westmount pool about five weeks ago, you're in luck. You can contact the person who found it at 932-9936.

Trio charged with vehicle mischief

A broken car mirror recently led Westmount Public Security officers to apprehend two 17-year-old Westmount youths and their friend from Ottawa in the Westmount Public Library parking lot. The incident occurred in the early hours of Saturday, August 7, when a Public Security patrol was making its rounds near the library. The officers noticed the vehicle was intact, but heard the sound of breaking glass a few minutes later. When they returned to the car, they noticed three youths nearby. The trio attempted to run away, but were quickly caught and MUC police were called in.

The three youths have been charged with mischief on a motor vehicle and are currently awaiting their summons to appear in court.

Fitness classes begin Sept. 13

Sue Rusk's fitness classes will be back this fall at St. Andrew's-Dominion-Douglas Church, once again with Norma Sherman at the piano. Rusk's hour-long classes, which will be held on Mondays, Wednesdays and Fridays from 8:30 to 9:30 a.m., are designed to provide participants with a low-impact, energetic workout to keep fit and trim without strain. The fall session runs from September 13 to December 15, and costs \$296. Single class drop-in is \$10. For more information, contact Sue Rusk at 934-5083.

Clarification

In the article 'Bylaw changes will define Library Committee', in our Aug. 5 issue, the sentence that began "In lieu of the amendments..." should have read "In addition to the amendments..."

In the same issue, a brief about Grete Roggenburg receiving the Governor General's Caring Canadian Award failed to mention that the honour was awarded posthumously, as Ms. Roggenburg passed away last February.

FEATURE

The Learning Associates of Montreal gives hope to students with learning problems

BY MARYLIN SMITH CARSLY

"I havent went throw schoole without bying skared along the way I faild my 3erd grade I have lerned how to read and wright on myone making grade schoole and high schoole the most fastrating years of my life."

Can you read the paragraph above?

To the average person, those few lines are not easy to decipher. The spelling and grammar are confusing and disorienting. Unfortunately, there are individuals who do perceive words in a disjointed manner and transcribe sentences in this unruly fashion.

Having a learning disability prevents the simple decoding of language. Reading with clarity and comprehension can be an overbearing hurdle. Imagine that impasse to learning as an irrational roadblock on a highway. With our city's construction problems, this is not difficult to picture. A detour must be made so traffic can flow to reach its destinations. Anger and frustration evolve when a plan is not implemented, as commuters cannot move forward. On an academic level, the undetected learning-disabled child who is not understood or accommodated with an individualized route to learning will also exhibit helplessness. More importantly, poor self-esteem, depression and ultimately illiteracy will happen. The roadblock to learning needs to be removed. If not, this human being may become a dropout in life.

According to the Quebec Ministry of Education, the total of children with learning disabilities in this province exceeds 100,000 students. It was noted that in clinical studies of delinquent children, an estimated 80 per cent of these young people have correctable learning disabilities. Today, more illiterate adults are openly expressing their desires to overcome their inadequacies.

Tucked neatly away in Westmount, at 4203 Ste. Catherine, is The Learning Associates of Montreal. This bilingual, non-profit centre evaluates, teaches and counsels people young and old with learning disabilities. The reputable staff of psychologists, special education teachers and a social worker collectively possess a successful 25-year history in testing, teaching and treating children and adolescents. This team has contributed greatly to advancements in the field of learning disabilities. Their wide range of services include psychological and educational assessments, remediation, speech and language evaluations, family counselling, adult support groups, training of McGill students, workshops, developing adult programs and the publication of articles and books. Summer programs are also available in preparation for school in the fall.

In 1959, psychologist Dr. Sam Rabinovitch organized the McGill-Montreal Children's Hospital Learning Centre. It remained in operation from 1961 to 1991. When it closed, the majority of the professional staff banded together and formed the Learning Associates of Montreal. This centre has been one of the major sources of help for people with learning disabilities in greater Montreal, parts of Quebec, and eastern Ontario. Staff members have been instrumental in developing methods to make learning possible.

They have instructed other professionals through their writings and workshops, and have affiliated themselves with local literary professionals.

Montreal, uniquely a multicultural centre, thrives on the diversity of its people. These diversities have included a variety of ways in which people learn. Consideration of people and these differences is what this centre advocates. Unfortunately, the ongoing needs of the public overpower the allotted physical space of necessary remedial programs.

Ascending a narrow staircase at 4:30 p.m. one wintery day, I entered the waiting room of the Learning Associates. To my right a bulletin board was exploding with article clippings of current educational information. Encircling the seating area were toys and storybooks to entertain children. Humming through the air were the voices of students and teachers involved in an exchange of learning.

Mostly an afterschool program, the busiest times here were from 3 to 7 p.m. Students of all ages were constantly moving in and out of the various tutoring rooms.

Staff member Barbara Bobrow, a learning disability specialist and university lecturer, reiterated that it is not a place for homework. "This centre tries to provide services for children with learning disabilities," she said. "We assess, set up programs and send our recommendations to the school."

The goal of this centre, as Bobrow explained, is "to teach the child what he or she needs to be taught. We build on that missing skill."

This summer was the initiation of space expansion at the Learning Centre. An upper floor with brightly-lit rooms was rented, annexing the existing areas. Here, more doors to learning are being opened and now accommodations for those in need are feasible. In the 1997-1998 school year, 473 contract educational assessments were done. Due to an ongoing demand, there has been an increase in remediation time and French services.

"We are opening up our psychological services. There will be more child and family sessions," said Bobrow. "Our psychologists Keith Marchessault and Danielle Michaud will be involved. Feelings of poor self-esteem experienced by our students are a major issue."

One-to-one attention, tutor training, following current research on learning disabilities—this centre is alive for the future. With proper evaluations in language, memory, visual spatial skills, academics and the support of the school, there can be success. The Learning Associates of Montreal has the potential to help a person with a genuine disability to live, understand and cope with their cognitive skills. The complete human dimension is understood here and the staff is committed to the cause.

To grow and achieve—all people must accept their own individualized learning modes and needs. Once the realization that a disability does exist and the proper procedures towards learning are in place, education in all its glory can blossom. The Learning Associates of Montreal holds the key that can unlock the door to learning.

And now, more students will have the opportunity to pass through that door.

A change whose time has come

BY MARY LIISTRO HEBERT

When I started my teaching career back in the 1970s, the school curriculum was neatly packaged into a timetable with 50-minute time slots that were repeated five times a week.

Today, almost 30 years later, school schedules have changed very little, despite the fact that there has been a monumental shift in education.

Research into how children learn, think and process information has radically influenced how we teach them. Rarely do teachers find

themselves standing in front of the class lecturing to students. Instead, today's classrooms are like beehives—alive with chatter and filled with interaction between students and teachers, problem-solving activities and lively discussion—all of this carried out in an environment where technology has made learning a far more authentic and constructive experience.

Here at The Study, we have decided to move away from the constraints of the traditional school schedule and introduce a new nine-day timetable, made up of five 70-minute classes

each day. Block scheduling, as this is called, is not a radically new educational concept. In fact, many schools in the U.S. have worked with it for the past six to eight years. And study after study has shown that students perform better with this type of timetable.

The Study's new timetable will give students more uninterrupted class time, allowing them to actively practice what they are learning. Moreover, a schedule with longer but fewer classes will reduce the stress level among students—especially those in high school—by

(See THE STUDY'S, page 8)



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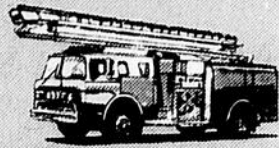
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Elizabeth Ross

Fire calls



From the fire hall

Tuesday, August 17

12:52 p.m. 27 Rosemont: Smoke detector accidentally activated by house painter.
 5:31 p.m. 30 Stanton: Defective alarm.
 7:23 p.m. 88 Churchill: Broken exterior water main. Montreal Water Works contacted.

Wednesday, August 18

12:16 a.m. 1 Rosemont: Alarm sounding due to cooking.
 7:58 a.m. 4277 De Maisonneuve: Alarm ringing due to defective alarm panel battery.
 3:38 p.m. 4686 Westmount: Gas detector activated due to decomposing food in unplugged basement refrigerator.
 11:44 p.m. 4505 Ste. Catherine: Fire alarm

sounding due to tenant lighting candle.

Thursday, August 19

11:30 a.m. In front of 1430 Dorchester: Car leaking gasoline. Absorbent material used to remove oil.
 11:46 a.m. 4876 Westmount: Defective carbon monoxide detector.

Friday, August 20

9:27 a.m. Outside 1 Wood: Report of smoke in cigarette ashtray. Nothing there when responded.

Saturday, August 21

5:11 a.m. 349 Melville: Defective alarm.
 5:34 a.m. 502 Grosvenor: Defective alarm.
 11:11 a.m. 4350 Ste. Catherine: Defective alarm.
 8:38 p.m. Area of 4314 Montrose: Smell of something burning in exterior possibly due to activated fireplace.

Sunday, August 22

12:59 a.m. 3164 the Boulevard: Defective alarm.

3:44 p.m. Claremont and Sherbrooke: 2-vehicle accident. Four occupants checked by Urgences Santé, one taken to Montreal Children's Hospital.

4:36 p.m. Summit Crescent and Gordon Crescent: Report of gas odour. No smell detected.

6:21 p.m. 427 Dufferin, Hampstead: Fire in kitchen extinguished by Hampstead. Walls and ceiling opened in kitchen to check for fire spread. Helped clean debris.



Burglar gets his kicks

Station 12 police are warning of a heavy-footed thief who went on a burglary spree in Westmount on Monday afternoon.

In four related cases in the de Maisonneuve-Redfern Avenue area, all of which took place between 1 p.m. and 7 p.m., the suspect repeatedly kicked at the door until the lock snapped.

This method of entry was reported in two break-ins in the same triplex building on de Maisonneuve, where the lobby door had been left unlocked. In both cases the doors were kicked in, but nothing was stolen from either apartment. One of the doors sustained about \$500 worth of damage.

One home on Redfern Avenue was also targeted by the same suspect, but a good quality door and lock prevented entry. Still, the suspect managed to cause an estimated \$2,000 worth of damage to the door and lock.

A resident of Hillside Avenue was not so lucky. The same method of kicking in the door was used, and the thief managed to get away with a mini stereo and a Hitachi VCR. Damage to the door and frame was estimated at \$200.

Police currently have no clues in these cases except for markings left on the doors, which have led them to believe the suspect was wearing black-soled running shoes.

Guides to register on Sept. 7

Girl Guides of Canada will be holding its registration on Tuesday, September 7 at St. Andrew's-Dominion-Douglas Church (The Boulevard and Lansdowne) from 7 p.m. to 8 p.m. They are also looking for female volunteers aged 18 and over to help out with Girl Guide activities in the Westmount/NDG area. For more information on registration or to volunteer, call Dawn Coffey at 483-3997 or Joan Dickson at 487-2947.

Got a tip?
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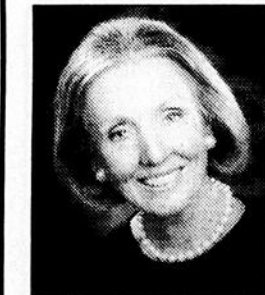
WESTMOUNT: Lexington Ave. luxurious mansion in tranquil setting, 8+2 bdrms, 7+1 bths, fire places, exquisite woodwork, main floor library den, servants quarters, A/C, garages, 20,000 sq. ft lot. \$3,200,000.

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Centre Greene 10th Anniversary Committee members. Standing (l-r): Deedee Russell, Celia Lang, Susan Wilson, Erica Bloom. Seated (l-r): Linda Thompson, Mary Anne McNally, Morag Howlett. Missing from picture: Deborah Adler, Karen Etingin, Beth Tayler, Grace Hogg.

(Continued from page 1)

electrical systems need to be upgraded to current standards," said McNally. The City-owned building at 1090 Greene Ave. became Centre Greene in 1989. The centre pays a nominal rent of one dollar a year and receives free landscaping and minor building repairs from the City while community-service programs and serious renovations are funded by donations, explained McNally.

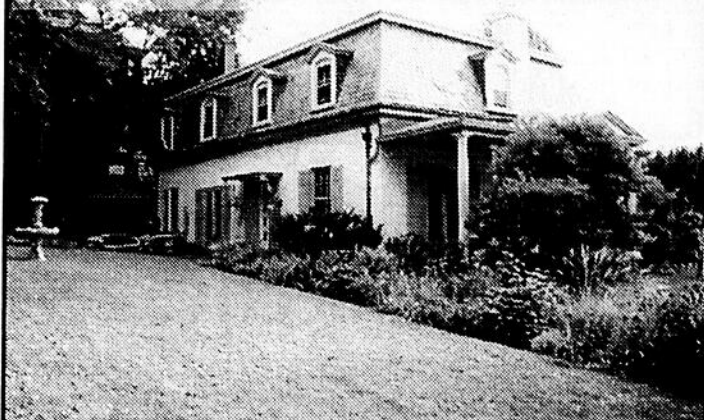
"To me, (Centre Greene) is another home," said Bloom. "People gravitate here because the centre really offers so much in a very warm and friendly way. When we have things like our book sale or our open house, it's an inviting place—people can walk in off the street and feel welcomed. We feel very lucky that we have this place and that we can keep it going."

"Centre Greene is a combination of community and service and plain old enjoyment," McNally added.

...
 'The Great Auction Party' will be held at Centre Greene, 1090 Greene Ave., on Thursday, September 30, at 7 p.m. Tickets are \$25 and can be purchased by calling 931-6202. All proceeds from the event will be used to refurbish the building and enrich the centre's programs.

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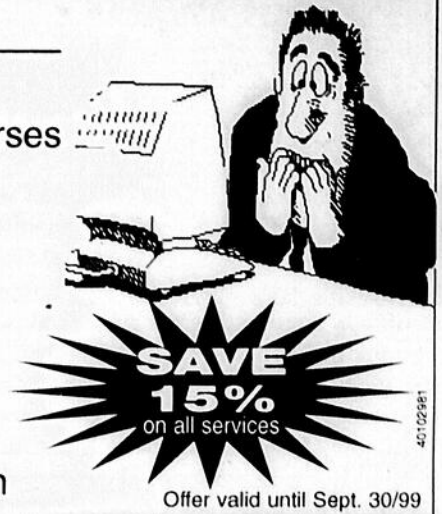
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Real Estate

By Reg Morden

WHEN TO MAKE AN OFFER?

It takes a lot of courage to invest in real estate. You can look at dozens of houses, find the ideal investment, and conclude that there is no way to lose, but when it comes time to actually sign that check for the purchase, you may find your hand shaking a bit.

The only advice I can offer is to be your own boss. Listen to others, but always make that final decision yourself when you are ready. If it will make you feel any better, we rarely find any homeowner who concluded that the purchase of their home was a bad investment.

When is it precisely the best time to make an offer once you have decided to buy a particular property? The best advice is to make it as soon as you possibly can once you have decided to go ahead. Once you have decided to buy, do not wait even one hour before you arrange to make an offer. There is always the chance that someone else may beat you to it, especially if you are convinced that it is the best home for you at the best price. Working with a Realtor makes this important step a simple and efficient matter.

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The staff from the Sherbrooke & Victoria branch are proud to announce that on August 26, Mr. Francis Neale celebrated his 100th birthday.

We would like to extend our warmest birthday wishes to Mr Neale on this very special occasion.

*Best wishes,
 from all the staff*

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EDITORIAL

Sherbrooke is doomed

Most Westmounters will recall that when René Lévesque died in 1987, there was a mad rush to rename Dorchester Boulevard after him. The former premier's ashtray was still warm when the new street signs were going up and boxes of newly-redundant office stationary were hitting the recycle bins.

It took the fortitude of former Mayor May Cutler to ensure that the tiny piece of Dorchester in Westmount retained its name. The underlying reasoning behind this stand was obvious: the majority of Westmount residents did not agree with Mr. Lévesque's politics, and honouring a man whom they believed did a lot more harm than good simply didn't make any sense.

In defending Dorchester on behalf of her citizens, Mrs. Cutler held a powerful trump card. The fact that Dorchester ended in Westmount meant that the rest of the street could be renamed 'Boulevard René-Lévesque' while the tiny stretch west of Atwater could remain unchanged. This neatly avoided the confusing and unacceptable option of having a street's name suddenly change at one border of a municipality and then revert to the original at the next.

Now, with the recent death of former Montreal Mayor Jean Drapeau, there has been much talk of renaming something after him.

Naturally, all eyes immediately fall on Sherbrooke Street—that mighty, time-honoured thoroughfare stretching from Montreal West all the way out to the eastern tip of the island. To change it to 'Rue Jean-Drapeau' would certainly be a major coup in the sovereigntist movement's tacit quest to eradicate all evidence of an Anglo presence in Quebec. The very thought of reclaiming Sherbrooke is just too appealing to those provincial bureaucrats dedicated to changing Montreal's image from cosmopolitan centre to unilingual backwater. And, unfortunately, these are the very people empowered to do such a thing.

This can easily be seen in how quickly Dorchester was renamed upon Mr. Lévesque's death, while nearly three years later a similar honour has yet to be bestowed upon the late Robert Bourassa, who served as premier much longer than Mr. Lévesque.

There is no question that Mr. Drapeau—affectionately known as Johnny Flag by many of his Anglo constituents—deserves the highest honour Montreal has to offer, if not for his many contributions to the city (Expo '67, the metro, etc.) then at very least for his extraordinary 29-year career as mayor. Even the financially disastrous 1976 Olympics, which had editorial cartoonists lampooning him as an unwittingly expectant 'mother' in his third trimester, no doubt started out with the best of intentions.

But renaming Sherbrooke Street after Jean Drapeau (or anyone else) would be wrong. Street names, like the names of cities, parks and public buildings, should accurately reflect the history of the area—not the current political climate. That's why it's appropriate to have, for instance, streets named Decarie and Prud'homme just over the border in NDG, which honour a pioneer family and Westmount's first mayor, respectively.

Sherbrooke Street is much more than a main artery that happens to run right through Westmount; it is an exposed jugular vein for the entire Anglo community—one of the precious few remaining links to a happier, more prosperous past. As a result, it will remain high on the list of expendable names when an important Quebec dignitary dies and those with too much power and a penchant for eradicating history once again study the map to see what further damage they can do.

So let's enjoy Sherbrooke Street it while we still have it, because sooner or later it may collapse into the deepest, darkest depths of toponomy hell and become something too horrible to even think about. Yes, you guessed it... 'Boulevard Lucien-Bouchard'.

—Wayne Larsen

SCHOOL AND LIFE ARE MUCH THE SAME, SON. SUCCESS IS MOSTLY A MATTER OF JUST



Preparing for the Millennium Bug: a collective responsibility

The new millennium is only some months away and members of the Royal Montreal Regiment and the 3rd Field Engineers recently tested security and evacuation procedures in case they are called upon to help the community in the event of a Y2K-related emergency.

The Year 2000 computer problem, also known as Y2K or the millennium bug, concerns all of us. Most Westmounters would like information on how it will affect them. Thus, I would like to share with you some information about preparing for Y2K.

As president of the Treasury Board, I am responsible for leading and coordinating Year 2000 readiness, ensuring that the Government of Canada's mission critical systems are Year 2000 compliant. I am pleased to inform you that the Canadian government is recognized as a world leader for the progress it has made in getting ready for Year 2000. In addition to getting its own systems ready, the government is working with international organizations, other countries, the provinces and

MP
Lucienne Robillard



territories, and associations that represent key sectors such as telecommunications, banking and the utilities. Special efforts have also been made to facilitate the efforts of Canadian businesses to be Year 2000-ready.

The government of Canada reported that 99 per cent of Year 2000 work was complete for the services Canadians count on most. Services such as the Canada Pension Plan, Old Age Security and Employment Insurance were Y2K compliant last year.

The comfort and safety of Canadians cannot be ensured by the government alone. It is everyone's responsibility to prepare adequately for the Year 2000 computer problem. Indeed, the challenge of Y2K work is that there are so many interconnections in the technologies we rely

on, and you can never be completely sure that everything will work perfectly. It is likely that there will be some glitches—that is, isolated problems that can be fixed fairly quickly. All organizations with effective Year 2000 plans, including the federal government, have an extra security in the form of back-up plans. These plans help make sure that services can be delivered even if there are unexpected problems.

The government is also prepared to help out on a national level, if the need arises. If you have any questions about how you can prepare for potential problems resulting from the millennium bug, you can contact your local municipal and provincial authorities. For information specifically related to preparing your home or apartment for Y2K, you can visit: www.cmhc-schl.gc.ca. You can also visit the government's year 2000 Internet site: www.info2000.gc.ca or call 1-800-O-CANADA (1-800-622-6232/TTY 1-800-465-7735), or do not hesitate to call my riding office at (514) 283-2013.

Letters are welcome

The Westmount Examiner welcomes letters to the editor. Letters must be signed and bear the writer's address and daytime telephone number. Write to: The Editor, 210 Victoria Ave., Westmount, Que., H3Z 2M4, or fax (514) 484-6028.

The Westmount Examiner

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Five Years Ago
August 25, 1994:

TYLER GAINS GROUND: "The Equality Party's candidate in Westmount-St. Louis says that in his door-to-door rounds, voters are telling him that his best chance of winning their vote is if a big Parti Québécois victory looks imminent. 'People have a visceral fear of the PQ,' said Brent Tyler, 39, a lawyer who won his party's nomination unopposed early this summer. 'But people have told me that if there's going to be a massive PQ win, they'd rather have me in opposition than the Liberal.'"

Ten Years Ago
August 24, 1989:

DRAMA IN THE PARK: "Screams from a young woman who was grabbed by a man following the Shakespeare performance in Westmount Park Wednesday evening last week brought a large crowd to her assistance, police report. An arrest was made soon after when a suspect was chased into the parking lot of the arena by one of the citizens who caught him in the lane behind the armory of the Royal Montreal Regiment with assistance of public safety officers. 'It's a good thing the crowd didn't get to him first,' said one police officer."

Fifteen Years Ago
August 23, 1984:

TOTEM POLE ERECTED: "A little bit of unknown history was put up in Westmount Park last week near the tot lot in front of the library. It's a totem pole apparently acquired by the city some years ago along with the Campbell Gardens property. The property since has been sold. The totem pole had been in storage, explained John Garland, parks and recreation superintendent, adding that 'it's too beautiful to gather dust.'"

Twenty Years Ago
August 23, 1979:

STERN MOURNED: "Funeral services will be held this morning at 11 o'clock for Sylvia Stern, wife of Temple Emanu-El's rabbi emeritus, Dr. Harry J. Stern. Mrs. Stern died Tuesday at the Royal Victoria Hospital after a lengthy struggle against cancer. She was 66. A native of Harrisburg, Pennsylvania, Mrs. Stern since her marriage served both the Jewish and non-Jewish communities here for over 40 years."



Get involved in
the Westmount
Healthy City
Project: 989-5238.

More memories of the Westmount train station

**Know
Your
Westmount**
By Aline
Gubbay



Memories linked to Westmount's train station have a special quality. They often carry associations with personal relationships and a particular time of life-childhood, growing up, adolescence.

Here is a further selection of anecdotes submitted by readers to the WHA:

• "In my early childhood, when the station and CP trains were still news, it was a favourite pastime on weekends to catch the West Island train and have breakfast on it with my father..."

• "As a child, we were sent for a walk with my brother. Our nanny was in charge. She loved to read lengthy, romantic novels. In the warm days she used to take us to Westmount station. The three of us sat on one of those long benches on the platform. We, the boys, had a whale of a time watching the activities of the station, while our nanny had the peace of a library to enjoy her hobby..."

• "My brother and I, when we were getting close to ten, were often invited to friends in the Eastern Townships. The thrill of the trip was that we could board the train unescorted but entrusted to the conductor, who was a friendly and fatherly man. He handed us over to the parents of our friends, waiting for us at Adamsville. My parents told me that we were not the only children trained in that way for independent travelling..."

• "One day some friends sent us a puppy which had just been weaned. They packed the dog in quite a large cardboard crate with the fierce inscription 'Chien Dangereux'. A family delegation waited at the station for the train and the parcel. It was ceremoniously lowered and placed to the ground. We tore open the side and out came a scared, rat-sized animal expressing his fears in a very fluid way. The baggage man looked at it and remarked, 'For the carpets it is dangerous!' and cleared away the crate without ceremony..."

• "Every day or so my grandparents sent a two-foot high can of milk by train from Ste. Anne's to the city. The container was picked up by a CP Express truck and delivered to our house the same morning, and the empty one returned. This system was an adjunct to the railroads for carrying of luggage and other freight from door to door. On Sundays, however, no deliveries were made and how we looked forward to that day. After breakfast we would pile into the ancient car for the trip to pick up the milk can from Windsor Station's freight sheds. These buildings are now demolished and used to extend westward along La Gauchetière Street, where part of Molson Centre now stands. There were all kinds of freight; packing cases, suitcases, trunks, crates of all shapes and sizes from all sorts of places. Dad would pick up the milk and after a chat with the yard master, we would go out through the main station..."

• "I remember the day when my glasses were left on the train coming from Ste. Anne de Bellevue to Westmount. I called the station and was told that my glasses had been taken to Windsor Station. I was upset and told the official that I hardly ever

went downtown. He assured me that the next day I could pick up my glasses, and so it was..."

• "When my younger sister and I were very small we lived on Western Avenue (now de Maisonneuve) close to Grosvenor Avenue and Westmount Station. Many afternoons we were taken to the station, where we could usually find places on the hard wooden seats while we waited for the exciting moment when there would be a puff of smoke way down the track. Gradually, the spot grew larger and the wonderful sound of those huge wheels on the tracks became louder.

Then came the moment of greatest excitement when engine, coal box and baggage car, followed by all the passenger cars, slowly rolled past us and gradually came to a full stop. There followed the bustle of luggage being unloaded and passengers disembarking. Then the conductor took one last look up and down the platform, waved to the engine driver with a loud cry of 'All aboard!', and the train was once more on its way..."

Do you have a memory of the train station you would like to share? Please send it to us, addressed to the Westmount Historical Association, PO Box 198, Station Victoria, Westmount, Quebec, H3Z 2Y6.

SEND THE EDITOR AN E-MAIL:

gervaisl@transcontinental.ca



Nancy Wiseman

GAA Internship Program graduates Westmounter

Westmount resident Nancy Wiseman is graduating from the Golden Age Association's Internship Program today.

Combining theory and practice, the program allows interns of all ages the opportunity to examine values and attitudes about aging and helps them develop a better understanding of the senior population.

Wiseman spent the year working with staff and volunteer committees planning and coordinating activities in the Centre for Active Living and Learning, the Senior Summer Festival and the Sunday inter-generational programs.

"I was enriched, impressed and motivated by my one-year internship," she said. "I learned that the Association's dedicated and caring staff gave invaluable services to an ever-growing segment of our population."



**WESTMOUNT
ELECTIONS 1999**



ÉLECTIONS 1999 VILLE DE WESTMOUNT

La Ville de Westmount recrute du personnel électoral pour les élections municipales prévues pour le dimanche 7 novembre 1999.

Les postes ouverts sont:

Scrutateurs

(disponibilité: jour de l'élection, plus session de formation)

Secrétaires de bureau de vote

(disponibilité: jour de l'élection, plus session de formation)

Pour de plus amples renseignements concernant ces postes et leur rémunération ou pour compléter le formulaire d'application, les personnes intéressées sont priées de communiquer au bureau de la soussignée au 989-5318.

Me Marie-France Paquet
Président d'élection / Returning Officer

ELECTIONS 1999 CITY OF WESTMOUNT

The City of Westmount is recruiting election officers for the municipal elections to be held on Sunday, 7th November 1999.

The positions available are:

Deputy Returning Officers

(availability: day of the election, plus training session)

Poll Clerks

(availability: day of the election, plus training session)

For more information concerning these positions and remuneration or to complete the application form, interested persons should contact the office of the undersigned at 989-5318.

The Study's faculty voted unanimously to accept block scheduling

(Continued from page 3)

providing fewer interruptions and less time wasted traveling from one class to another.

Students are not the only ones who will benefit from the new block schedule. Teachers will be able to make learning a more collaborative and less fragmented experience. With more uninterrupted class time, they will be able to incorporate technology into the learning process and develop innovative curriculum choices, including integrated science and technology programs.

Block scheduling also gives the school more flexibility in the scheduling of non-academic and cross-grade activities. The elementary school will have a fixed day, when special activities and outings can be planned, and in the senior school there will now be a 'Universal' period for non-academic and cross-grade activities, such as working on the yearbook or school newspaper, which were previously scheduled after school.

The Study's faculty, who voted unanimously to accept block scheduling, share my confidence that this new timetable will provide for a more engaging, reflective and enriched learning experience.

Clearly, it is a change whose time has come.

Mary Liistro Hebert is Headmistress at The Study at 3233 The Boulevard. The school's annual Open House will be held on Thursday, October 7 between 9 a.m. and noon and 6 p.m. and 8 p.m.



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My Four Lions inspired by a dream

BY AMANDA CHICOINE

A young boy rushes home from school on a blustery winter afternoon and meets an empty house. For many children this scenario is sadly all too common, as parents join the work force and spend longer hours on the job.

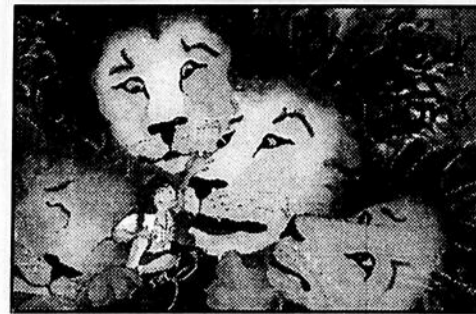
A new children's book, 'My Four Lions', narrows in on this growing reality. The book, written by Bernice Gold of Claremont Avenue and illustrated by former Westmounter Joanne Stanbridge, shows how one boy's imagination unleashes bravery and transforms solitude into play time when he has to stay on his own.

"A dream gave me the idea for the story," said Gold. "Also, there were some ideas connected with the story that have been flowing around in my mind for years—they came together with the dream and metamorphosed themselves into a very short story."

'My Four Lions' is 24 pages and combines minimal text with colourful illustrations. The left-side pages depict reality while the ones on the right reveal the boy's fantasy world. The city, for example, transforms into a jungle and his home becomes his camp.

To build inner security, the boy's four paper cut-out lion friends—Angus, Pierre, Roger and Claude—are brought to life and guard the campfire while he is at school. In his fantasy world, the young boy is comforted and reassured by his four friends and, when his mother comes home, she finds her son happy and feeling safe.

"It may be that we all think and dream that way and just don't realize. We go about our



'My Four Lions' will be featured at Chapters bookstore in September.

practical lives and are very frequently thinking about what we would rather be doing than getting the groceries or picking up the laundry," said Gold about the book's contrast between reality and virtuality.

'My Four Lions' is Gold's first children's book and she stressed that the project was a joint effort between her and Stanbridge, who worked in the children's department of the Westmount Public Library before moving recently to Kingston.

"When you write a picture book, one part can't exist on its own—the illustrations extend the words. Johanne played such an important part.

The minute I saw her illustrations, it seemed to me that they fitted in with my concept of how the book should be," said Gold. "We were like two voices in harmony."

'My Four Lions' will be available in most bookstores in September. It targets children between the ages of three and six and costs \$7.95. For more information, contact Stephanie Wells at (416)221-4802, ext. 18 or at swannick@idirect.ca.

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Devorah Shanowitz received her certification for Jewish studies at Beth Rivkah Teacher's College in Brooklyn, New York. She taught Jewish Studies and

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Homework can be valuable to parents too. Beside the benefits of encouraging self-discipline and responsibility, homework provides an opportunity for parents to keep in touch with their children.

Discussing your child's day in school can give insight into peer pressure, problems and new trends. Parents should ask to see assignments after they have been returned in order to talk about problems and praise the child's efforts.

'Child' magazine suggests several success strategies for parents and children at homework time:

- Provide a well-lit study area. A desk or table in a quiet place, supplied with a dictionary, pencils and paper, is conducive to studying.
- Develop a regular study routine. Homework right after school is best for some children, while others may need a snack and play time before tackling the books. Whatever the schedule, enforce it.
- Help-if your child asks you. Your child should be told that homework is ultimately his responsibility.
- Be positive and success-oriented. Complement your child on her successes and her efforts. Stay away from criticism that is not constructive.

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Department of Education

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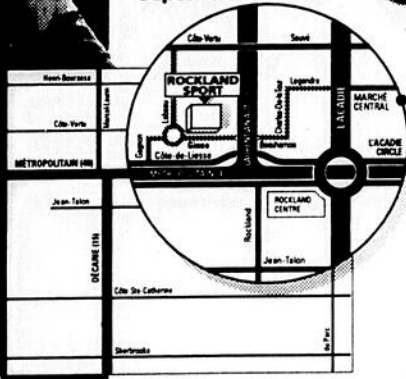
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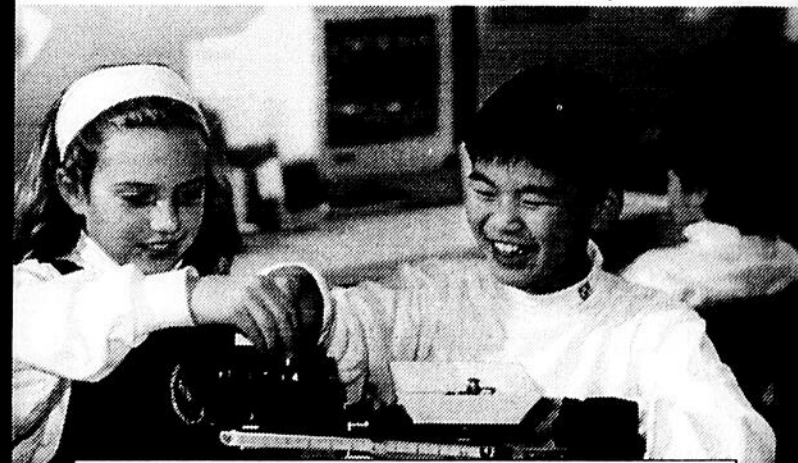
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Sunday, October 24, 1999
Tuesday, October 26, 1999

2:00 - 4:00 p.m.
9:30 - 11:30 a.m.

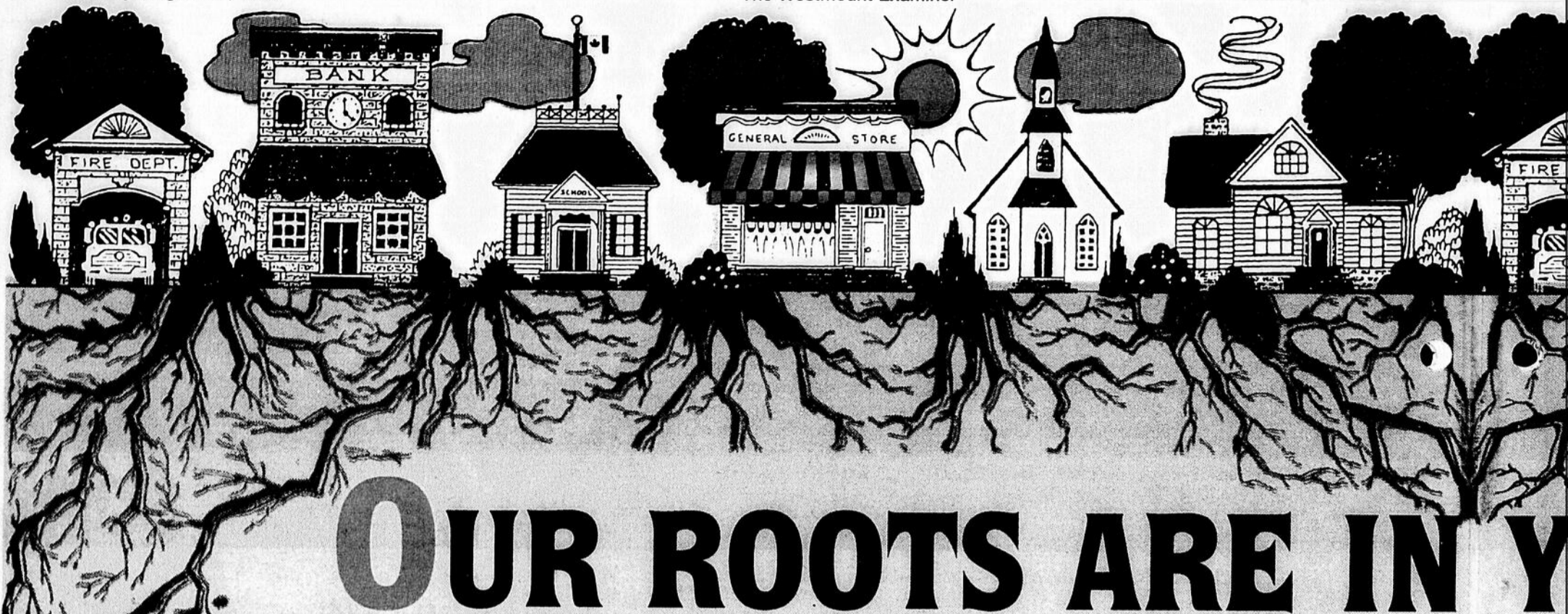


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OUR ROOTS ARE IN Y

A letter, from the mayor of Westmount

Dear Readers:

Many factors contribute to the special community that is Westmount. Local businesses are one of the key elements that define our City and make it unique. In addition to the services they provide, they also contribute to the overall tax base of the City. So, when you patronize local merchants you are helping to make Westmount a better place to live.

The merchants represented on the following pages have developed deep roots in the community by virtue of their many years of service to Westmount residents. So it is with pride that I salute these participating businesses and wish them continued success in the future.

Peter F. Trent
Mayor

When you shop locally, you're dea
area for a very long time. People
that old-fashioned notion that the
And since we're all neighbors, we
Come on in and say hello today!

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centre greene

greene avenue community centre

Fall programme 1999

Centre Greene is an independent, non-profit organization with a strong commitment to its community and dedicated to providing quality social, cultural, and recreational services. We are open to the community at large regardless of gender, age, ethnicity, ability or socio-economic status.

ACTIVITY	AGE	DAY	TIME	COST	INSTRUCTOR	
Child Care						
•After School Program	5-12	M-F	3:00-6:00pm	\$160/month	Centre Greene	931-6202
•PED days (Roslyn Schedule)	5-12		8:00am-6:00pm	\$24/day	Centre Greene	931-6202
Children's Activities						
•Samedi Greene	all ages	Sat	11-12:30pm	\$1/event	Centre Greene	931-6202
•TGIF dinner, games & crafts	5-10 yrs	2nd/4th F	6:00-8:30pm	\$5/evening	Centre Greene	931-6202
•Tumbling Tots (indoor park)	all ages	T/Th	10-11:30am	\$60/10 weeks	Centre Greene	931-6202
•Birthday Parties	all ages	every day	any time	prices vary	Centre Greene	931-6202
Senior's Activities						
•Bridge	seniors	T/W/Th	9:00 - 11:00am	\$25/year	Centre Greene	931-6202
•Luncheon Club	seniors	2/4th W	12:15-2:00pm	\$4/meal	Centre Greene	931-6202
•Meals on Wheels	seniors	T/F			Volunteers Needed!!! Jackie 935-3817/Maureen 937-0775	
Dance						
•Classical Ballet	child (3.5yrs Sept 1), teen & adult		various classes		Ora Kozlov	932-2389
•Elementary Ballet	adults	M	8:00-9:15pm		Sheila Lawrence	989-9034
•Intermediate Ballet	adults	M/W	9:15-10:45am		Sheila Lawrence	989-9034
•Intermediate III Ballet	adults	Tues	7:00-8:30pm		Westmount Recreation	989-5322
•Intermediate/Advanced Jazz	adults	M/W	6:30-8:00pm		Sheila Lawrence	989-9034
•Special Blend Rap Funk & Jazz	6-18yrs	M	various classes		Jessie & U-Jean	935-6489
Martial Arts						
•Olympia Tae Kwon Do	child/adult	M-F	various classes		Reza Ramezani	486-2139
Education						
•Armchair Traveler	all	TBA	TBA	free	Centre Greene	931-6202
•Chinese Language School	3 yrs+	Sat	2:30-4:00pm	\$5/class	Lily Fan	443-3315
•Financial Clinic	all	3rd W	7:00-9:00pm	free	Martin Garneau	931-6202
•Homeschooling support group	all ages	1st/3rd F	Afternoons		Veronica	276-6984
•Moitié-Moitié Conversation	adults	T	6:00-9:00pm	\$55/12 classes	Robert Camirand	465-9128
•Tutoring	children	M-F	3:00-6:00pm	free (1 hr max)	Centre Greene	931-6202
•Meet the Expert Lecture Series	all	Th	7:00-9:00pm	free	Centre Greene	931-6202
					Sept23 (Malcolm Anderson - wine); Oct21 (J. Farabee- personal finances); Nov18 (Judy MacNamara - Holistic Medicine)	
Women's Health						
•Childbirth Preparation	adults	Sat	10:30-1:00pm	\$75/7 classes	Susan Lempriere	272-5371
•La Leche League-breast feeding info & support		2ndT	1:00-3:30pm		Melissa Lesley	932-8619 844-1680
Sports, Recreation and Meditation						
•Falun Dafa	all	T	1:30-3:30pm	free	Yumin Yang	487-9486
•Lunch-Time Basketball	teen girls	M	11:30-1:00pm	free	Centre Greene	931-6202
•Lunch-Time Basketball	teen boys	W	11:30-1:00pm	free	Centre Greene	931-6202
•Open Court Basketball	teen/adult	T/F	2:30-4:30pm	free	Centre Greene	931-6202
•Open Court Basketball	adults	Sat	2:00-4:00pm	free	Centre Greene	931-6202
•Relaxation	adults	W	6:30-8:30pm	\$7.50/hour	Tina Bischoff	655-3605
Cooking						
•Community Kitchen	adults		(Time/day depends on availability of participants)		Centre Greene	931-6202

* Activity time and dates subject to change without notice.

We always have space available for parties, meetings, sports events or just for a simple game of pick-up basketball between friends!!!! Call Centre Greene, 931-6202 for rental rates and availability.

The Great Auction Party September 30, 1999

This Fall Centre Greene will celebrate its tenth anniversary with **The Great Auction Party**. We hope you will join us and our guest auctioneer Mayor Peter Trent for wine, hors d'oeuvres, music and great bargains!!!

This exciting event will launch the Centre's 10th Anniversary Special Funding Campaign to raise the necessary funds to renovate our building. Our overall goal is \$175,000 and we hope to generate \$10,000 from the auction.

For further information, please contact Centre Greene 931-6202.

1090 Greene Avenue, Westmount (metro Atwater/Lionel Groulx)

BACK TO SCHOOL


Brightest kids may be lefties and near sighted

Exceptionally bright 12- or 13- year-olds are more likely to be left-handed, nearsighted or asthmatic, but no one is sure why.

Science News magazine says researchers at Johns Hopkins University in Baltimore gave the Scholastic Aptitude Test, a college-entry quiz, to 100,000 children age 12 to 13. Then they studied 292 who scored at least 700 out of 800 on the math portion and 185 who scored at least 630 on the verbal part.

Twenty percent of the top-scoring children were left-handed, twice the percentage of left-handed people in that age group. And the bright pupils were twice as likely to have asthma and four times as likely to be near-sighted as their less intelligent fellow pupils.

YOUTH ART COURSES
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AFTERSCHOOL & WEEKEND CLASSES



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1. Obtain an I.D. number by presenting yourself at the Student Service Centre in the Library Building- 1400 de Maisonneuve Blvd. West. Bring original documents showing proof of age and status in Canada.
2. Register through CARL- Concordia Automated Response Line – by calling 275-2275 and register for catalogue # 34609(Fall 1999) or # 15094 (Winter 2000)


For more information please call Mary Tsakalis at 848-2789

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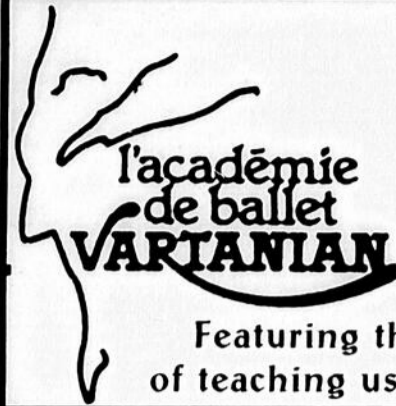
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DEX

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8 LEVELS OF CLASSICAL TRAINING

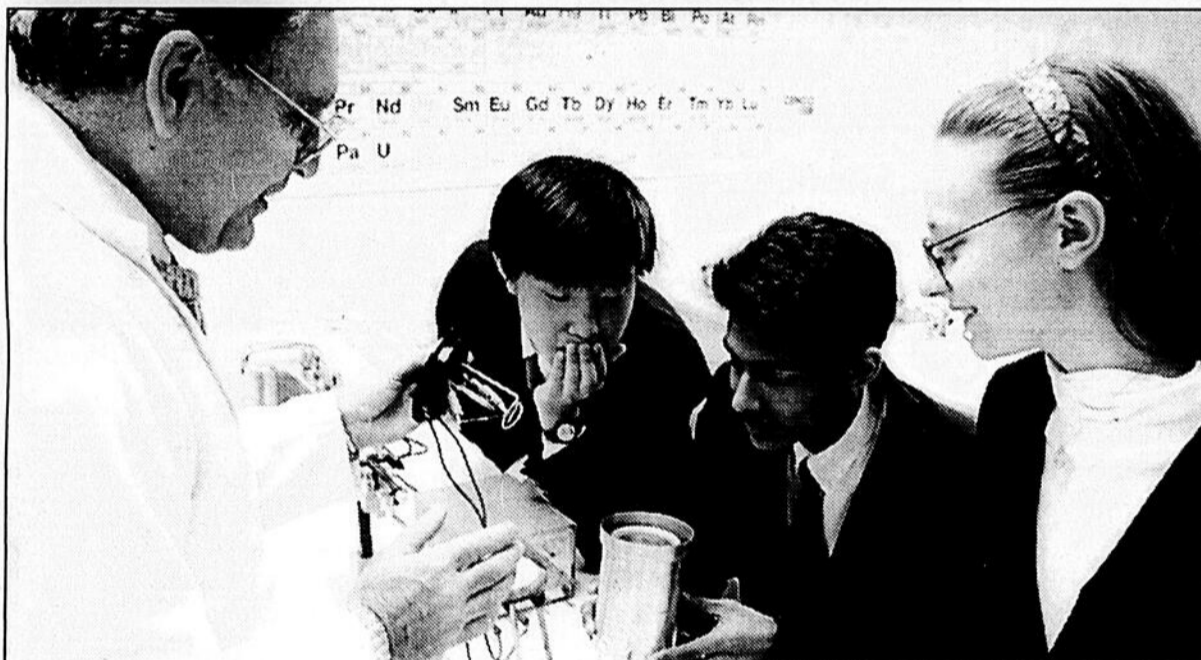


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 FAX: (514) 485-8505
 Permit #009-501/009-502

OPEN HOUSE: WEDNESDAY, NOVEMBER 3, 1999 9:00 a.m. to 11:30 a.m.

Mathematics in the real world

Mathematics is everywhere—in the stories we read in our newspapers, the rhythm of our music and the timing of the traffic lights. Mathematics tells you how much to tip, how far you can travel on a tank of gas, how to halve a recipe and how to balance a cheque book.

Once young people leave math class, they use what they've learned constantly—even though they may not know it.

Finding the right change for the soda machine, keeping score in a soccer game, and figuring out how late they can stay at the mall and still be home in time for dinner are just a few ways mathematics is used.

Skills essential

Today's mathematics is more than just counting and memorizing multiplication tables—it's the ability to think logically, reason, communicate and solve problems. These skills are essential to success in this technological age. Fortunately, you don't have to be a mathematician to help your children gain that success. Don't think of it as teaching mathematics. Think of it as teaching about day-to-day life and let the real world be your textbook.

For example:

Work with your children to decide which grocery store is the best for your shopping.

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 3405 Atwater Avenue, Montreal H3H 1Y2
 Courses begin SEPTEMBER 27, 1999

BACK TO SCHOOL

Facts and fiction about acne

Take the test to see what you know...

Take this true-or-false quiz to see if you can separate the facts from the fallacies about acne.

1. If your parents had acne, you'll probably have it, too.
2. There's no help for people with severe acne.
3. Acne is caused by poor hygiene.
4. Taking multi-vitamins daily will help your skin.
5. Foods such as chocolate, nuts, pizza or french fries can cause acne or make it worse.
6. Emotional stress can aggravate acne.
7. Acne is strictly a teenage disease.
8. Acne always leaves scars.
9. Squeezing pimples can cause scarring.
10. Women with acne should not use cosmetics.
11. Sexual activity or inactivity aggravates acne.
12. Acne is contagious.
13. Blackheads look dark because of dirt in the pores.
14. Getting a suntan will make acne disappear.
15. People with dry skin don't get acne.

Answers:

1. True—Acne is hereditary. An adolescent having one or both parents with a history of acne is likely to have skin problems.
2. False—New acne treatments introduced over the last few years are effective in controlling the condition, even when it is severe. A dermatologist can prescribe the course of treatment most beneficial to each acne sufferer.
3. False—Washing cannot prevent or relieve acne. The root of the acne problem is linked to hormonal changes and lies deep beneath the skin's surface. However, gentle washing can help to remove the excess oil associated with acne and most people find it more pleasant to have a complexion that does not appear oily.
4. False—Vitamins per se do not have any known therapeutic effect on acne. The only exceptions to this are products which are vitamin A derivatives and obtained by prescription through a dermatologist.

(See page 16)

Mount Royal Ballet

Celebrating 25 years of *Continued Experience* with "Miss" Cheryll

CLASSES OFFERED:

- KINDERDANCE Ages 3 to 4
- PRE-BALLET Ages 5 to 7 (Ashton Method)

CLASSICAL BALLET Ages 8 to 10 JUNIOR BALLET

- Introduction to pointe shoes (Intermediate / Advanced / Pointe)

NEW!! BEGINNERS CLASS FOR ADULTS
Don't be shy, it's lots of fun

REGISTRATION TUES., SEPT. 14

3:00 p.m. to 8:00 p.m.
at the Presbyterian Church Hall
1491 Laird Blvd. North, T.M.R.

"Miss" Cheryll - June 1999
Photo: Shane Kelley

Rossetti's will be at registration with Tutus, Leotards, Shoes, etc. for the 3-10 years olds.

FOR MORE INFORMATION & REGISTRATION APPOINTMENT
CHERYLL WALTON 685-0865

Your Child's Mouth Is Growing Too.

Your child's dental health is just as important as their physical health. Make sure their teeth and gums are growing healthy and strong with an annual checkup before school starts.



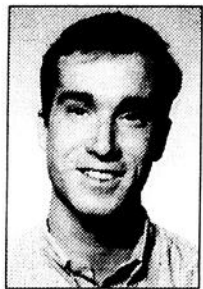
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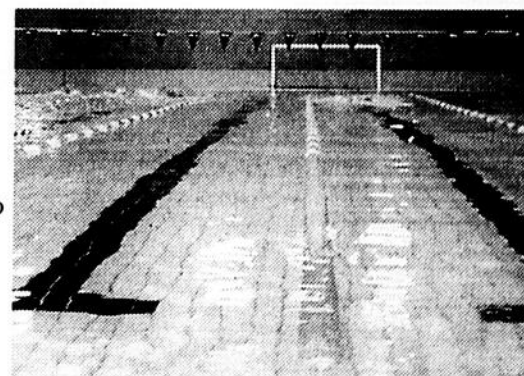
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- Bronze Star
- Bronze Medallion
- Bronze Cross
- National Lifeguard
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- Tennis

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- Fitness & Nutrition

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www.marianopolis.edu

401029-48

BACK TO SCHOOL

(Continued from page 15)

5. False—Studies have shown that foods do not worsen acne. However, if an individual feels he or she can link eating a certain food with an acne flare-up, it's probably wise to avoid it.

6. True—Some scientific studies and the

indicate stress may worsen the condition.

7. False—Although acne hits teens most often, it is not unusual for people in their 30s or 40s to have acne.

8. False—Acne causes scars only in those patients who have destruction of tissue in the dermis (the deep skin layer where oil glands and blood vessels are located.) Usually, this tissue destruction is caused by infection.

9. True—Squeezing can cause scarring—especially if undue pressure is exerted on a

blackhead (because it just won't come out). This may traumatize the surrounding tissues and lead to subsequent infection and scarring.

10. False—Heavy foundation, oily cosmetics and moisturizers often clog pores and make acne worse. But, most waterbase cosmetics can be used safely and, because of their cover-up ability, may provide a psychological boost.

11. False—There is no relationship between acne and sex. This myth may have

developed because sexual interest and acne emerge at about the same time—during the teen years.

12. False—Nothing you do will either cause you to 'catch' acne or 'give' it to someone else. It is not a contagious condition.

13. False—The dark colour seen in blackheads is believed to be a concentration of normal skin pigment (melanin).

14. False—A suntan may make blemishes seem less noticeable, but it won't cure acne. In fact, exposure to sun aggravates acne in some people.

15. False—Although people with dry skin may not suffer from as severe acne, dry skin is no guarantee against flare-ups.


Aquatics PROGRAM

RED CROSS SWIM LESSONS

Register by September 7th
Program begins September 13th

- Aqua Tots/Aqua Quest
- Aqua Adult/Adult Swim
- Private/Semi-Private Swim Lessons
- "50+ Club"/Aquafitness
- T.M.R. Swim & Diving
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AVIS: DATE DE TOMBÉE DEVANCÉE. Our offices will be closed, on Labor Day, September 6th 1999.

205 Flats/apartments for rent. APARTMENTS TO RENT. For autonomous retired and pre-retired persons. LAMBERT-CLOSSE RESIDENCE. 1975 René-Lévesque W. near Atwater métro. 3-1/2, 4-1/2 Starting at \$640.

225 Properties for rent. FULLY furnished 3-bedroom townhouse unheated. From October 1st to April 30th, Victoria Village area. (514)483-5011

310 Miscellaneous for sale. COMPUTE THIS! Fully loaded pentium computers UNDER \$1 000 day "purchase! Not a lease! Highest quality low rates!

390 Garage sales. MOVING sale, 331 Grosvenor, Saturday August 28th, 9:00/ 3:00, bargains!

440 Moving. DÉMÉNAGEZ avec assurance, (cargos), 2 hommes, 38\$/heure, 3 hommes, 55\$/heure, camion inclus.

442 Construction/renovation. GENERAL CONTRACTOR. Licensed & Insured Concrete Work. Doors • Windows. Kitchens & Bathrooms Renovations. Plastering • Painting. Free estimates • 20 years experience. (514) 894-4729. Ask for Richard (bilingue).

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WESTMOUNT. 3,400 SQ. FT of SUBDIVIDED OFFICE SPACE, ideally suited for professionals. Will paint and carpet. Cabling for computers and telephone included. Four years sublease. Please call Debora (514) 369-1800.

397 Wanted. BUYING MOORCROFT, GOUDA, JEWELLERY, Hummels, Royal Doulton, Silverplate, sterling silver cutlery, set or single pieces, silver teapots, napkin rings. For private appointment 1-800-267-2732. 514-684-3528

402 Babysitters available. 22 year-old, female, experienced baby-sitter, available evenings. Call Sue-Ann, (514)931-6878

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310 Miscellaneous for sale. SAVE MONEY ON BUSINESS AND PERSONAL CHECKS! Use your computer to print complete checks on low cost check paper. See www.printchecks.com or call 1-800-850-6427

404 Domestic services offered. CLEANING lady available anytime with excellent references. (514)527-9641

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WESTMOUNT WEST-END ROOFING & BRICK CONTRACTORS. Roofing: tar & gravel, shingle, slate. Brick: laying, pointing. Metal: flashings, copings, copper, galvanized. Chimneys: repaired, re-built. Natural gas chimney liners. Basements: leaks, foundation drain systems. Carpentry: rough, finished. Waterproofing: Hydrosia. Interior alterations, finished basements. Fully Insured • All Work guaranteed. Seniors Discount • Free Estimate. CALL TODAY! 981-5789

290 Garages/parking wanted for rent. PARKING required for Dodge Van, Westmount or NDG area. (514)937-7035

310 Miscellaneous for sale. SAWMILL \$4895 SAW LOGS INTO BOARDS, planks, beams. Large capacity. Best sawmill value anywhere. Free information 1-800-566-6899. Norwood Sawmills, R.R. 2, Kilworthy, Ontario, POE 1G0

412 Health. TAI-BOXX/ Monday 6:30- Thursday 6:00. STEP/ Tuesday 6:00- Wednesday 6:30 August 16th - December 9th, 1999. Elgar Community Centre, 260 Elgar, Nun's Island. Also available: 1- Massage therapy/ Acupressure, women and men (not sexual) insurance receipt available. By appointment. 2- Infant massage courses (for mothers, fathers, nannies etc.) Step-Santé (514)769-5399 (Hildegard)

404 Domestic services offered. RECHERCHE travail comme gardienne d'enfant ou accompagnement aux personnes âgées à domicile à temps plein. Bonne références, demander Christiane. Tél: (514)486-7046 ou (514)488-8931

Got a tip? Call 484-7523 ext. 27. Image of a typewriter.

115 Condominiums for sale. SUPERINTENDENT for small condos in Westmount, cleaning, maintenance and surveillance chores. Experience and references required. Ideal for retired or semi-retired couple. Apt. + salary. Call (514) 282-7654 ext. 242 or send resume by fax at (514) 282-7495 ref.#44-1.

45 Out-of-town for sale. MIAMI, FL. BEAUTIFUL TWO BEDROOM, two bathroom with water-view balcony. Pool, gym and jacuzzi, 24 hour doorman. Close to Aventura Mall. For immediate rent/sale. Low 100's 305-937-4120, 212-892-7384

160 Lots for sale. 2 BUILDING lots, lake view, near Ste-Marguerite du lac Masson, 117,845 sq.ft., \$40,000, (514)937-7329

205 Flats/apartments for rent. BEAUTIFUL: Large and bright 3-1/2, quiet, facing park, 14 Weredale Park. (514) 939-0613, (514)277-6540

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298 Wanted. LOOKING for a French or English hostfamily for international students. Please call (514)840-7228

345 Antiques. A A A Achetez au plus haut prix, antiquités, meubles succession, électroménagers, divers, (514)996-6555, (514)527-3552

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480 Roofing

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AGENCE Les Bombes, amateur de forte taille et poitrines seulement (514)352-7236

480 Roofing

480 Roofing

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PLEASE MUM. The leader in providing quality, yet affordable children's and ladies clothing through home presentations has opportunities available for FALL. Earn 40% commission selling kids wear, ladies wear or both. Call today for a free catalogue and business package 1-800-665-9644

SEEKING experienced French speaking nanny/ gardienne Monday- Friday 3:00- 6:30 pm Call (514)937-8893 after 6:00 pm

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The possibilities are enormous please send resume to:

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 looking for lunch monitors to work days:
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 Time: 12 noon - 1:15 pm
 Place: 3685 The Boulevard
 Duties: Supervise lunch & outdoor play
 Please phone Toni: **486-5214**

690 Daycare

PERSONNE bilingue et dynamique avec diplôme et expérience pour travailler en garderie éducative à Verdun, (514)761-1479

692 Babysitters wanted

LIVE-IN caregiver to take care of 2 year old boy, please call (514)481-1591

SEEKING Phillipina, full time nanny / housekeeper for 4 child family. Experience and references required. Laura (514)933-0100

705 Courses

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835 Miscellaneous notices

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More Bulletin Board

(Continued from page 2)

Tour our studios, theatre and gallery, meet instructors, participate in workshops and watch a rehearsal of 'On Second Avenue'. August 29, 1 to 4 p.m., 5170 Cote-Ste-Catherine Rd. Info: 739-2301.

Vocal auditions for Montreal Operatic Society's G & S production of 'Patience'. Call Music Director Douglas Knight at 630-0331 for information or appointment.

Women's Morning Yoga classes. Join anytime. Queen Elizabeth Health Complex. Info: 485-2182.

Recovery, Inc., a non-profit, self-help group for people suffering from depression, anxiety, panic attacks and phobias meets weekly on Tuesdays from 7:30 to 9 p.m. Call for location. Info: 933-1904.

The Canadian Guide Dogs for the Blind's Montreal Chapter is holding its second annual Walkathon, September 19 at the Morgan Arboretum (Ste. Anne de Bellevue). Registration 10 a.m., walk 10:30 a.m. Everyone welcome. For info or pledge forms: Christine at 484-1349 or Marcel at 634-9297.

ARTS Morin Heights presents its 'Turning Leaves' exhibition September 18 from noon to 7 p.m. and September 19 from 11 a.m. to 4 p.m. Wiliam's Pub, 73 Lake Echo Road, Morin Heights. Everyone welcome. Info: (450) 226-3889.

Norman Berman Children's Library Fall Programme registration for Mother Goose Time, Lap-Sit Time, Tales for Tots and others September 1 from 6 to 7 p.m. 5800 Cavendish Blvd. (Cavendish Mall, former Eaton's) Info: 345-2628, ext. 3028.

Montreal School of Performing Arts' Open House August 28 from 3 to 6 p.m. Free trial classes. 3480 Decarie, suite 201. Info: 483-5526.

Playwrights' Workshop Montreal opens its season with 'An Artists for Artists Event', an art auction September 23 at 8 p.m. 4324 St. Laurent Blvd., 2nd floor. By invitation only-call PWM for invitation request at 843-3685.

Centre du Patrimoine de Westmount Heritage Center

The Westmount Historical Association needs your help to restore and rebuild the old Westmount train station into the new Centre du Patrimoine de Westmount Heritage Center. The new center will be a wonderful link to our past, and a place for all Westmounters to remember their heritage.

For donations please call:
(514) 990-2237

or send a cheque to:
 P.O. Box 198
 Victoria Station
 Westmount, QC
 H3Z 2Y6

For more information on Heirloom Discovery Day on Saturday, Oct. 23, call Lee Taylor at (514) 990-2237 or 487-2245.

"He's clean-cut, straight-forward, and unafraid."

Seller: Redfern Ave., buyer: The Boulevard

Not everyone who has sold a house in Westmount feels like they've been on a gambling junket to Las Vegas. We asked Paul Harrison's customers about how they felt about Paul, real estate agents in general, and the important process of buying or selling their house.

"Most of the time I don't think they are working in my best interest, they're looking for their commission, they've got their self interest at heart. I didn't get that with Paul (Harrison).... I had the sense that he would go the extra mile. And he did. He tried to get me a better deal at the notaries..a better deal everywhere, constantly trying to make it better."

Seller Landsdowne Ave., buyer Grosvenor Ave.

"With Paul you know it's not a question of getting you to list for as low a price as possible..."

Seller: Grosvenor Ave.

"I found that real estate agents are only interested in closing the deal. They don't care that much about the individuals. They tend to leave people out in the wind a little... one of the differences with Paul is that there was very little that went on that he hadn't told me about."

Seller Landsdowne Ave., buyer Victoria Ave.

"He said, 'Go to work, I'll look after it.'... and he did."

Seller Grosvenor Avenue

If you are determined to sell your house talk to Paul Harrison.

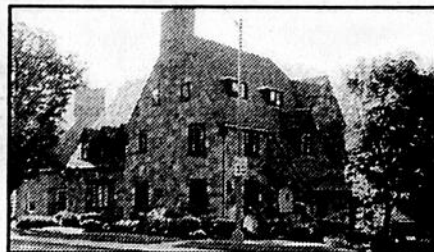
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**ROYAL LEPAGE**



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Paul Harrison 946-5952



WESTMOUNT. "Mini stone mansion" in absolutely move-in condition. This one has it all folks; central air, 2 car garage, 5 bdrms, 3 1/2 baths, views, gorgeous woodwork, 2 fireplaces+more. \$749,000.
Paul Harrison 946-5952

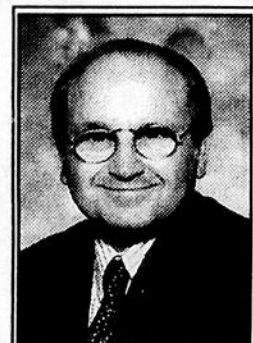
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934-1818
Taking care of your family's needs




WESTMOUNT. Stunning 3 storey mansion with exceptional elegant magnificent staircase leading to 4 generous sized bedrooms. Incredible feeling of space.
Gillian Wright 934-1818



WESTMOUNT. Just listed! Detached stone on secluded cul-de-sac! Ground flr family rm, 4 bdrms+den! 2-car garage! Renovated and in move-in condition. Asking \$1,790,000.
Maureen Brosseau 935-4597



Brian Grant 486-5526
President's Gold award 1998

MID-WESTMOUNT - NOT TO BE MISSED
Superb detached contemporary designed home. Very bright, views, garden, central a/c, 4+2 bedrooms. Perfect for family living and entertaining. Prestigious location near Murray Hill Park. \$849,000.

JUST LISTED - WESTMOUNT ADJ.
Superb renovation detached contemporary home, 5 bdrms, 2 baths, beautiful garden, garage. Ideal family home, near every amenity. A delight to show. \$325,000



WESTMOUNT
Sunny, spacious cottage, in good condition, woodwork, mouldings, high ceilings, 4+2 bdrms, den, finished basement, 3 car parking. \$495,000.

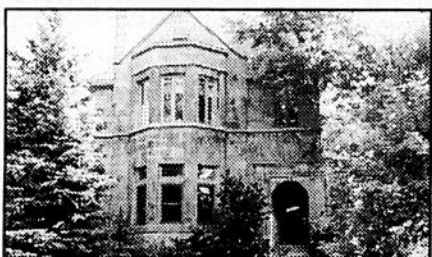
Maria Santini 939-9927



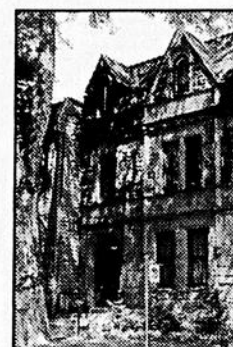
JOAN PREVOST 934-1818
TOP 1% IN CANADA

Whether buying or selling, please allow my success to work for you. I welcome & appreciate your calls.

Joan



WESTMOUNT. Outstanding! Gracious! Detached + move-in, 5+1 bedroom, air conditioned stone "Chateau" exquisite mouldings and woodwork. Asking \$1,950,000.
Joan Prevost 934-1818



WESTMOUNT
6+1 bedrooms, 5 bathrooms, browstone in impeccable condition. Just a few features: central air, "Marvin" windows, 2 car parking ++++ Asking \$795,000.

Joan Prevost 934-1818

934-1818 **ROYAL LEPAGE** **WESTMOUNT**
<http://www.royallepage.ca> **4 WESTMOUNT SQUARE #110**
Chartered Real Estate Broker



20 years of achievement knowledge & professionalism
I HAVE CLIENTS FOR:
• Det. stone on large lot over \$1 million;
• S/D 4 bdrm up to \$650,000
• Upper or lower duplex under \$350,000.
• Duplex up to \$500,000.
Please call me for further information
Martha Tsadilas
249-2749



WESTMOUNT. Detached stone house with 6 bedrooms, sun room, ground floor den, huge garden, double garage. Asking \$1,375,000.
Edith Berman 935-4205

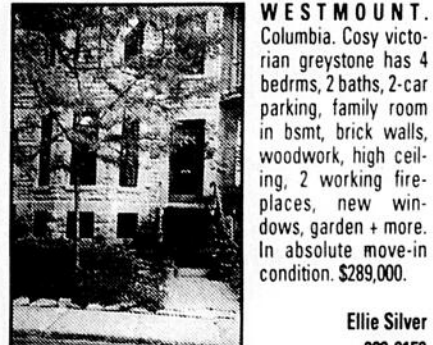
RELOC PRO
This week's buyer relocating to Westmount seeks 5 bedroom home on extensive lot. Easy access to parks and schools is important. Please call me if your home might be the perfect choice.
Peggy Drennan, B.A. 932-7428




WESTMOUNT. One of Westmount's best buys! Solid, large, bright+cheerful family home situated close to schools, parks & easy transportation. Stately entrance, large rooms for entertaining, high finished basement, double garage. Asking \$535,000.
Susan O'Brien 488-0152/934-1818



WESTMOUNT. A rare find! Steps to Greene Ave., yet secluded on one of Westmount's most desirable streets. Tastefully renovated with lovely new kitchen, bathrms. Every convenience without sacrificing any of the old charm. Sure to please the most discriminating purchaser. \$439,000.
Susan O'Brien 488-0152/934-1818



WESTMOUNT. Columbia. Cosy victorian greystone has 4 bdrms, 2 baths, 2-car parking, family room in bsmt, brick walls, woodwork, high ceiling, 2 working fireplaces, new windows, garden + more. In absolute move-in condition. \$289,000.
Ellie Silver 289-9159



UPPER WESTMOUNT. Spectacular city views!! Intimate home, alternative to condo. Terraces, central A/C, 2 car garage. Private country setting. Buyer with discriminating taste. \$779,000.
Brigitte I. Burdman 934-1818



Facing the bird sanctuary & overlooking Beaver Lake & Mt. Royal Park, 5 minutes to Downtown, 18,142 sq. ft. lot, detached sunny home. A 6,000 sq. ft. building lot could be sold off. Price \$1,450,000.
David S. Lenkorn 937-3114



THE TRAFALGAR. 360 degree views, 4,000 sq. ft. Penthouse + 2 huge terrasses, 4 bedrooms, 4 baths, 2 garages. Rare opportunity. Price \$840,000.
David S. Lenkorn 937-3114



WESTMOUNT. Extensive renovations! 3 bedroom, 2 baths, greystone lower condo with hardwood floor, high ceilings, fireplace, charming garden & parking. Located in the heart of Victoria Village. Hurry, it won't last! 239K
Patricia Homa 482 3088



WESTMOUNT ADJ. European elegance with spectacular views. This 3 bdrm + den condo has been extensively renovated with quality & taste. Exceptional entertaining space, high ceilings, oak floors, luxury throughout. \$489,000. Also 1 bdrm at \$99,000.
Patricia Homa 482 3088



WESTMOUNT. Spectacular setting, adjacent to Sanctuary. Detached stone cottage, 5+1 bedrooms, 4+1 baths, 2 car garage. Pool in park-like secluded garden. \$1,750,000.
Masha Reich / Carole Delaney 934-1818