

Paradis pushing to reopen Experimental Farm in Frelighsburg

Committee mandated to study possibilities, deliver recommendations

By Ann Davidson

During his election campaign last fall, Denis Paradis, the elected Member of Parliament for the Brome-Missisquoi riding, told constituents that he wanted to make sure to take advantage of the land and facility owned by the federal government that is known as the Experimental Farm in Frelighsburg. Last week Paradis announced that he has formed a committee with a mandate to advise him of possible scenarios following the reopening of the farm that has been left abandoned since 2012.

The five-member committee made up of environment specialist Jean Simard, Frelighsburg Mayor Jean Lévesque, wine producer Léon Courville, blueberry producer Alain Ménard, and apple producer Réal Carron will look at possibilities and make suggestions and recommendations that would define the future of the Experimental Farm. They will examine the possibility of a federal-provincial partnership.

After 40 years in operation, as a way

to reduce the budget, the Experimental Farm located in Frelighsburg was one of nine that the Conservative government under the leadership of Prime Minister Stephen Harper, shut down. It worked on important research on plant diseases, insects, and genetic improvement of apple trees. In her address to the Speaker of the House, NDP member Lauren Lieu stated that in the case of the Frelighsburg farm, permanent jobs and a number of student jobs were eliminated. Most importantly, she said, "we lost 40 years of scientific data and we are compromising the future of an important agricultural sector."

Five empty buildings at the entrance to the compound on Chemin St. Armand and a bleached out map depicting the layout of the 133-acre farm are ghostly remnants of the past waiting for renewed purpose and energy.

Paradis says that the Frelighsburg Experimental Farm is a gem.

"Our party has committed to restore Canada's image in science and innovation and this farm is the perfect example of it. The location of the farm is ideal



ANN DAVIDSON

There are already a number of structures lying vacant at the entrance to the Experimental Farm that the Conservative government of Canada shut down during a budget-cutting spree in 2012.

because it allows research on fruits in cold climate. Moreover, why not take advantage of the presence of Environment

Canada to do research on climate change in relation to agriculture."

TBL retail suffers while hospitality holds its own

By Ann Davidson

Citizens of TBL are uneasy about the town's future as they continue to see a decline in retail business. With the closure of Korvette looming and last weeks' news of Jones New York pulling all 37 of its stores out of Canada,

the Town of Brome Lake is suffering a double-headed blow. Yet despite the reality of locked doors and empty store-



ANN DAVIDSON

Once the Texaco gas station, then Papa Spiro's Restaurant, the 290 sits in the heart of Knowlton

fronts and devastating job loss, there continues to be a glimmer of hope with hospitality holding its own and a landscape that sets the stage for myriad activities that continue to draw tourists to the region.

Owen Falquero, president of the TBL Chamber of Commerce, says it should be kept in mind that the closing of both Jones New York and Korvette are corporate decisions made at a much higher level.

"Especially in the case of Jones New York the decision is not a reflection of the profitability of the Knowlton store, nor is it an indictment of the suitability of Knowlton as a commercial zone," he said.

In the case of the building where Jones New York is situated, Falquero is sure that it won't be empty for long, because the building is a jewel in a prime location.

"In the short term, we understand that empty storefronts are unattractive. The chamber will be working with its existing sub-committee of retailers to encourage owners of empty spaces to beautify their storefronts and shop windows until new occupants are found. As well, the chamber supports the rapidly-growing phenomenon of 'pop-up' stores, wherein entrepreneurs rent out unoccupied retail spaces for short periods of weeks or even days."

CONT'D ON PAGE 3

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Brome County Community Bulletin Board

June 16

Freewheeling fundraiser - Pleins rayons/freewheeling is hosting their grand opening on Thursday, June 16, from 6 p.m. to 8 p.m., in the old Tupperware factory located at 135 Dean in Cowansville. The \$50 ticket price includes a catered dinner, a free drink, a live band, silent auction, and a chance to help two non-profit organizations that need your support. For more info, go to www.pleinsrayons.ca or go to our Pleinsrayons/freewheeling Facebook page or call 450 263-4040.

June 17

Barbecue/strawberry and ice cream social at St. James Parish Hall, 40 rue du Pont, Bedford, June 17 from 5 p.m. to 7 p.m. Hamburgers, hot dogs, knockwurst, salads, strawberries, ice cream, cookies, iced tea, lemonade, etc. Tickets \$10. Call 450-248-7281 or pay at the door. Information: 450-248-7319. Everyone is welcome!

June 18

Country dance with music by Gary Darling at the Royal Canadian Legion, Br. 77, 77 Lewis St., Waterloo, Saturday June 18, from 8 p.m. to midnight. \$7 per person. Come on out, have a dance and socialize with us! Info: 450-539-3436.

June 19

Join us at 7 p.m. on Sunday November 15, for **"Hymn Sing"** at St. James Anglican Church, 725 Lakeside in Foster. Those present choose the songs we sing so if you love to sing and make a joyful noise, this is the place to be. Everyone is welcome and we invite you to join us for refreshments afterwards in the hall.

June 19

Father's Day breakfast at the Cowansville Royal Canadian Legion, from 9 a.m. until 12:30 p.m. Sunday, June 19. Bring your father and come and enjoy with family and friends our eggs cooked to your taste, ham, bacon, sausages, Gloria's homemade baked beans, home fries, tea, coffee and juice. Donation \$8, children 6-12 \$4, and children under 5, free.

June 22

Brome Branch 23 - Grave decoration service to be held Wednesday, June 22 at 7 p.m. at the Knowlton Protestant cemetery followed by a service at the Catholic cemetery.

June 22

Wednesday, June 22 **"Crocheting 101."**

Free, with Crystal, bring a hook if you have one. 3 p.m. to 5 p.m. Avante Women's Centre, 15 rue du Pont, Bedford 450-248-0530, avantenancy@bellnet.ca.

June 23

Thursday, June 23 **"Soup Café."** Free. Come in and enjoy a bowl of homemade soup with us at noon! Avante Women's Centre, 15 rue du Pont, Bedford 450-248-0530, avantenancy@bellnet.ca.

June 24

Rock n' roll dance party. Fundraiser for Instruments for Kids Program which provides musical instruments for needy kids at local high schools. Friday, June 24, 8 p.m., Auberge Lakeview Inn. Tickets: \$10 (available at the door).

June 25

Annual West Brome flea market, Church of the Ascension, Saturday June, 25 starting at 8 a.m., rain or shine. Lunch available. For info or space rental contact Judy 450-263-3025.

June 25

The annual strawberry social sponsored by the Fulford Community Club will be held Saturday June 25 from noon - 3 p.m. at the Fulford Hall (62 Davis Rd, Fulford Lac Brome). Strawberry shortcakes, outdoor games, a bake table, raffles, silent auction, hot dogs and so much more. Our annual duck race will be held with proceeds funding CPR courses for elementary students. \$10 per duck. Fun for everyone. For information call Carla at 450-539-2982.

June 26

Knowlton United Church concert on Sunday June 26 at 4 p.m. Free-will offering. In A Chord Trio, Barr family, Brown family, Steve Trew, Rod Bailey, Bill Busted, Julia and France duo. All proceeds go to the church.

July 1

Attention, **breakfast** at the Cowansville Royal Canadian Legion, Friday July 1, Canada Day, from 8:30 a.m. until noon. Come and enjoy with family and friends. Donation \$8, children 6-12 \$4, and children under 5, free.

CHURCH BULLETINS

ALL SAINTS ANGLICAN CHURCH - DUNHAM

Sunday services at 10 a.m. - all welcome! The Reverend Sinpoh Han. Information: 450-295-2045.

ANGLICAN PARISH OF BROME

Services are at 9 a.m. First Sunday of the month will be at Holy Trinity, Iron Hill, second Sunday of the month will be at St. John the Evangelist in Brome, third Sunday of the month will be at West Brome Church of the Ascension, fourth Sunday St. John the Evangelist in Brome. Canon Tim Smart, rector. Information: 450-538-8108.

BEDFORD PASTORAL CHARGE OF THE UNITED CHURCH OF CANADA

Gathered round Christ, we are a community that searches out God's story in daily life. We worship together as follows: First and third Sundays of each month at 10 a.m. Wesley United Church is located at 51, rue de la Rivière, in Bedford. Stanbridge East: Second Sunday of each month at 10 a.m. Stanbridge East United Church is located at or near 16 rue Academy, in Stanbridge East. Mystic: Fourth Sunday of each month at 10 a.m. Mystic United Church is located at the intersection of Mystic Road and the Walbridge Road, in the hamlet of Mystic (Saint-Ignace-de-Stanbridge). The fifth Sunday of the month location can be found on our website at: bedfordpastoral.org or contact Wendy Near at the Church office on Thursday and Friday from 9 - 11 a.m. at 450-248-3044 or at home 450-248-2739 or at our e-mail address which is Bedford.pastoral@yahoo.ca.

CALVARY UNITED CHURCH SUTTON

A warm welcome awaits you at our Sunday worship service in Sutton at Grace Anglican Church at 9 a.m. followed by a coffee hour at 10 a.m. in the church hall. Information: 450-538-0530.

COWANSVILLE COMMUNITY BAPTIST CHURCH

Cowansville Community Baptist Church meets Sundays at 11:30 a.m., 137 rue John, Cowansville. Everyone is welcome.

CREEK/WATERLOO PASTORAL CHARGE

Worship and music: Creek United, 278 Brill Road, West Bolton, service and Sunday school at 9 a.m. St. Paul's United, 4929 Foster, Waterloo, service at 10:30 a.m. Reverend Dave Lambie, minister. For information or to leave a message call: 450-539-2129.

EMMANUEL CHURCH

Come together for a thoughtful and spiritual experience and give yourself a good start to the week. Sunday worship is at 203 rue Principale, Cowansville, at 10:30 a.m. Sunday school every third Sunday of the month. A special service celebrating youth and music will be held on June 19. We serve the United Church communities of Brigham, East Farnham, Farnham, and Cowansville...but really

anyone can find a home here. Give it a try and sample a Sunday. Wheelchair accessible. Minister: Rev. Eric Lukacs. Church office: 450-263-0204 website: emmanuelcowansville.ca.

ÉGLISE CATHOLIQUE ST. ÉDOUARD CATHOLIC CHURCH

366 Knowlton Road, Knowlton. You are invited to participate in a bilingual Mass Sundays at 10:30 a.m. Christian meditation is now on Wednesday afternoons 2:30 p.m. to 3:30 p.m. (side door). The group is now bilingual and has been formed to introduce meditation to newcomers. We welcome beginners and experienced mediators. Regular attendance not required. Information call Clare at 450-243-5590.

GRACE ANGLICAN CHURCH

52 Principale sud, Sutton, welcomes everyone for Sunday services at 10:30 a.m. All welcome. Canon Tim Smart, rector. Information: 450-538-8108 or visit our website at www.gracechurchsutton.org.

GRANBY UNITED CHURCH

Where God Unites all Children. Be a part of the family. Down-to-earth spirituality. Spiritual development for all ages at 101 rue Principale, Granby. Please call 450-372-1417 for information and to confirm time of our services. Rev. Dr. Linda Marcotte guc-eug@bellnet.ca.

KNOWLTON-MOUNTAIN VALLEY PASTORAL CHARGE

Serving the regions of Knowlton, Bolton Centre, Mansonville and Vale Perkins. Worship service at 11 a.m. with the Rev. Isaac Kamta, Knowlton United Church, 234 Knowlton Road (450-243-6078). A warm welcome is extended to all. Handicapped access available.

ST. GEORGE'S ANGLICAN CHURCH

130 Principale, Granby, welcomes everyone for Sunday service at 11 a.m. All welcome. Bienvenue a tous. Reverend Richard Gauthier, rector. Information: 450-372-2197.

ST. PAUL'S ANGLICAN CHURCH

24 St. Paul's Road, Knowlton. St. Paul's - a dynamic, diverse community pursuing and serving Jesus in the Eastern Townships. 8 a.m. Said Book of Common Prayer worship. 10 a.m. User-friendly "blended" service with traditional, contemporary and modern music and format. Sunday school. Please check out our new website: www.stpaulsknowlton.ca.

TRINITY ANGLICAN CHURCH

The Church with a "Heart" 409 South Street, Cowansville. All Sunday services are at 10:30 a.m. Come and join us as we endeavor to learn and practice God's loving will. We'd love to welcome you. Reverend George Campbell. Information: 450-955-3325 (leave message).



Community gardens at TBL a multi-purpose seeding

Seed, nurture, feed, and socialize

By Ann Davidson

It took a few years to seed and another few months to grow but the TBL Community Table saw its brainchild come to fruition last weekend when the municipality's community garden in Knowlton had its official opening.

Lise Valois of the Wellness Centre, who sits on the Table de développement communautaire de Lac-Brome (TBL Community Table), a consultation committee with representatives of the non-profit and public service organizations including the CLSC La Pommeraiie and the municipality, attributes the idea of setting up a community garden to former president of the Table, Manon Dupré, who retired at the end of May. Securing several grants from Pacte Rurale, PARSIS (anti-poverty fund administered by the now-defunct Conseil régional des élus [CRÉ]), Jeunes en mouvement (fund administered by the Fondation Chagnon) allowed the group to cover the cost of hiring an employee to serve as an agent for the project, namely Debbie Hornig. Known well in the community for her floral designs, Hornig is a seasoned gardener and longtime member of the local garden club.

Hornig and TBL Recreation and Community Services Communications Assistant Hannah Williams said that the response from the community has been positive with donations from a number of local groups and companies for equipment and facilities (Lions Club, Wellness Volunteer Centre, local businessman Paul Lavigne, Garage DCS, RONA, Barnes, Coderre et Fils, Brome Lake Garden Club). And Hornig applauded the group of energetic volunteers who, within four hours one evening were able to build all

26 structures that are already all taken. She added that it is clear that there will be a certain social element to this project that could be a big bonus for individuals looking for company.

Williams said that 21 of the beds are privately rented while two are being used for herbs and tended by the garden club, two are wheelchair accessible and one is a demonstration bed for activities and workshops. She explained that the adapted beds are built by a company that has over 20 years of experience in helping people garden with a disability. The idea is not for the wheelchair to go under it, but for the person to be able to line up sideways beside the bed. They found that was a more stable gardening position than leaning forward face-on.

This summer the theme for the demonstration bed is "rainbow." Hornig wants to show everyone how to achieve colour in the veggie garden. The Collective Kitchen and community's food bank have their own beds as well.

According to Williams, the garden is locked at all times. However, gardeners have the combination to the lock and can come and go as they please, from sunup to sundown. The cost of renting a box is \$20 for the season and Hornig said that 50 per cent would be returned at the end of the season to each gardener who takes the time to clean out his or her box so that it will be ready for the next growing season.

Mayor Richard Burcombe was delighted with the community involvement that once again has made living in TBL so special. He was also pleased that by implementing this type of project in the area where the old garage was, allowed for an important grant from Quebec to help cover 50 per cent of the cost



ANN DAVIDSON

TBL Mayor Richard Burcombe looks on as Debbie Hornig, community gardens project agent, extolls the enthusiasm, and good will that has brought the community garden project to reality.

of necessary decontamination. Although the community gardens were slated to be ready for summer 2015, the organizers decided to delay it so that they could take advantage of the current location that required decontamination.

Williams is hoping to be able to in-

stall an additional six beds in the fall, which would be available next year. Existing gardeners get first dibs for next year, but there is always some turnover. The hope is that if the garden is popular, groups in other sectors may be interested in setting up other sites.

Information sessions on the emerald ash borer

On June 21 and 22 at 7 p.m., information sessions will be held on the emerald ash borer respectively at the Bedford city hall (in English) and at the MRC Brome-Missisquoi's office in Cowansville (in French). These information sessions are open to the general public and will provide information to citizens on the emerald ash borer and its impact.

The emerald ash borer is an insect originated from Asia that threatens to eradicate all ash trees in the urban landscape in the upcoming years. To this account, the Canadian Food Inspection

Agency has issued restrictions on the movement of the wood due to this insect.

Learn about this insect in these information sessions in collaboration with the Forestry Agency of Montérégie. You will also learn about the methods of detection and the curative and preventive interventions to reduce its impact.

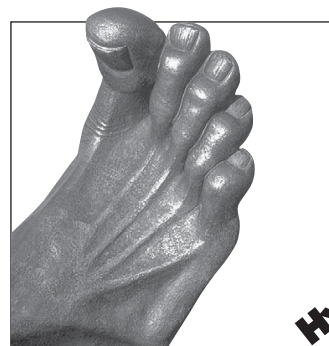
For more information about these information sessions or regarding what Brome-Missisquoi municipalities have put forward to prepare for the coming of this insect, please visit http://mrcbm.qc.ca/en/forest_agrile.php.

TBL retail suffers

CONT'D FROM PAGE 1

This past year, the reliable hospitality services such as Auberge Knowlton, Auberge Lac Brome, Bistro Le Relais, The Star Café, Café Florale, Scotyz, The Tuxen, Cuisines et Racines, and The Pub, Nicholas Jacques' "Chez moi chez toi" featuring curried food, Suzon Baron's "Le T-Room" and Aileen Gaudreau's "290" have been charming and refreshing additions. Baron and Gaudreau are committed to make their businesses work, Baron is not simply staying in her cozy little storefront on the boardwalk. She is making sure that people get to know her home baking, specialty teas, and exotic spices at the farmers' market on Saturday mornings. She is also big on partnership and wants all to join her for high tea at Louise Cadieux's B & B Hillhouse in Bondville on July 10 and August 7. And Gaudreau has just received a permit to serve liquor on her newly built terrace. Gaudreau has taken over the

building that once was Papa Spiro's restaurant and before that a Texaco station. The redesign adds a bit of modern edge while maintaining a symbiotic relationship with the look of the heritage buildings surrounding it. Already she has accommodated the Auberge when it was forced to temporarily close after flood damaged its bistro this spring by providing a lunch menu for clients.



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LETTER

Helping hands from the world

DEAR EDITOR:

The damage is done to the land and people's possessions. The damage inflicted on the lives of countless thousands will never be known with certainty. The residents of Fort McMurray are returning slowly to their town, devastated by wildfires of enormous proportions. The easy part was getting away unharmed. The hard part lies ahead. When all is lost materially and finan-

cially, the will to carry on is tested. But their lives were spared and each and every one can count on their neighbours far and wide, to walk beside them as they build their life anew.

When the crisis was ongoing, the people of Canada, the people of the world, were there with helping hands. Material goods, financial assistance was provided. The heavy work of fighting monstrous fires was attacked by dedicated firefighters. And not just the locals. Fire-

fighters from across Canada were at the ready and responded when called. Firefighters from South Africa were also on the scene to spell off exhausted firefighters who had been working for weeks. Even Russia offered assistance with water bombers. Mother Nature was unkind. Fires spread due to winds and high temperatures. Rain was not forthcoming. It was left for humanity to go it alone.

Thanks must be given to all who

pulled together in a time of need for the residents of Fort McMurray. Those in the front lines and those who contributed anonymously. Today it was Fort McMurray, tomorrow somewhere else. Regardless, the response will be the same.

DAVID EDMOND
Granby

Understanding Humanity

By David Edmond

The world of today is certainly diverse. A diversity due, in no small measure, to the migration of peoples to cover the globe.

The natural geography of this land mass called Earth, provides comfort to some and hardships to others. A schism between peoples that has created a friction.

Those who are fortunate to live in moderate climates, have advanced in learning, and have introduced a world of technology that provides for an affluent lifestyle.

For the unfortunate many,

who live in harsher climates and more rugged terrain, they are deprived the advantages technology has given.

These differing conditions, have created various cultures living alongside one another, but an invisible barrier keeps each one to their own.

From biblical times, when the migrations first started, a common ground was not sought, so that cultures co-existed. Warfare and domination was the rule of the land.

Religion was always a divisive factor. Christianity and its worship of God, contrasting to other groups or faiths with established beliefs of their own. Harmonious relationships were seldom achieved.

Thrown into the mix, political beliefs and power aspirations of neighbouring countries. Nothing has changed in the course of existence.

It is only been of late that nature has interceded and formed an adversary to all of mankind, regardless of faith and belief.

There are no sides to be taken, as all are affected equally.

It is commonly believed, that man's daily habits have created a monster that is hard to contain. Tsunamis, tornadoes, volcanic eruptions, are some of the few.

Earthquakes and hurricanes are ever more frequent.

Loss of life and land devastation, is not restricted to only one region. With the technology today, what happens in an instant, is known world-wide just as fast.

And it is hard to believe, that enemies today can be companions tomorrow, in the fight against nature. The magnitude of destruction is such that all peoples, as one, come together.

Wars amongst peoples will continue forever, but the spirit within each of us will still be present when a common foe, Mother Nature, is at all of our doorsteps.

Lt-Col. George H. Baker plaque unveiled

Brome County Historical Society

Mount Sorrel, Belgium.

On June 4, the Brome County Museum held a special event to unveil a bronze plaque commemorating Lieutenant Colonel George Harold Baker (1877 - 1916), of Sweetsburg, Brome County. G.H. Baker, "Harry" was elected to the Canadian House of Commons in 1911 as a Conservative Party member for the riding of Brome County. He fought in the Great War, commanding the 5th Canadian Mounted Rifles and was killed in action on June 3, 1916 during the Battle of

Pictured are distinguished guests Retired Major Christopher Galvin of the Sherbrooke Hussars, Hon. Denis Paradis, MP for Brome-Missisquoi, and Kathryn Pettes Crandall of Knowlton, now 101 years old.

Other special guests in attendance were: Eric Pickel, descendant of Louisa (Baker) Pickel, George Baker's sister; Michel Racicot, member of UE Loyalists and other heritage organizations; past and present members of the Sherbrooke Hussars and the Fusiliers de Sherbrooke regiments; Mayor Joan Eby of Bolton-Est;

historian and author Derek Grout; military historian and author Michel Litalien; and local historian, professor and author Jimmy Manson.

Hosted by Joanne Croghan and Donald Gray Donald of the BCHS, speeches were given by Eric Pickel, the Hon. Denis Paradis, retired Major Christopher Galvin, and Michel Racicot, highlighting the life and contributions of G.H. Baker. The participants were also treated to music of the era, gloriously played by our own Knowlton Harmony Band.

Mr. Paradis spoke to the audience about the statue honoring Baker, which was erected in the Centre Block of the

House of Commons and unveiled on February 29, 1924 by Governor General Lord Byng, commander of the Canadian Corps during the Battle of Mount Sorrel. The MPs walk past this special monument on their way to the House. Also, noteworthy, Baker was the only Member of the House and the Senate who was killed in the Great War.

After the war, Prime Minister Sir Robert Borden spoke at the opening of Parliament on January 18, 1917 about the overwhelming sense of duty that guided Harry: "...No finer spirit, no truer patriot, no man of more brilliant promise, ever left the shores of Canada to make the supreme sacrifice beyond the seas."

The plaque and this special event were made possible by generous contributions from the MRC's Pact Brome-Missisquoi, the Knowlton Lions Club, and individual donors. Participants also enjoyed a Country Tea with baking, refreshments, and flower arrangements provided by our volunteers.

Special thanks also to our volunteers, directors, and staff who researched and

CONT'D ON PAGE 5

Brome County NEWS



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BCN RATES & DEADLINES COMMUNITY CALENDAR

Brome County News Community Calendar is reserved for non-profit organizations only. **Deadline is noon on Fridays.** Must be pre-paid. Up to 40 words: \$8, 41-70 words: \$12, 71-100 words: \$15, all prices include taxes. **Special rates:** \$2 off for 2 insertions, 1 BCN and 1 in the Friday Record "What's On" section. Please forward notices to 5-b Victoria St., Knowlton, QC JOE 1V0, email: bcnews@qc.aibn.com, or fax: (450) 243-5155. Visa and Mastercard accepted.

A toast to your health with 'La Garde Malade'

West Shefford Brewing Company's gives birth to a fundraising beer in support of BMP's Birthing Center

By Ann Davidson

Amidst pristine stainless steel tanks at the West Shefford Brewing Company in Bromont, Nicholas Robillard, co-owner, earnestly and proudly launched their latest baby, the most recent ale, "La Garde Malade." This latest product from the micro-brewery is a labour of love, the profits being turned over to the BMP Foundation to specifically support the hospital's birthing centre.

Robillard explained that since the establishment of the brewery, he has wanted to find a way to give back to the community. When Lola Landes, executive director of the foundation presented the idea to craft an ale specifically for the foundation, he was delighted. The father of a daughter, Robillard spoke about the first time he had a connection with the hospital when she was born.

"I benefited from a humane and personalized service. The whole team at the birth pavilion were centered at the heart and welfare of the child and its parents." Landes' idea meant that he had finally found his way to get involved in his community by supporting his hospital. Proceeds raised will enable the BMP

Foundation to continue its mission to improve the quality of care and services provided at the birthing pavilion of the Brome-Missisquoi-Perkins Hospital in Cowansville. Robillard likened himself and his partners to a nurse who watches over his hospital similar to a nurse who watches over the patients. Those consuming "La Garde-Malade" will be acting in solidarity with the West Shefford Brewing Company.

In attendance at the launch were BMP Foundation President Mario Lagimonière and Landes. Both expressed their gratitude to Robillard for jumping on board and mentioned that the funds will be applied to the cost of badly needed renovation of the rooms in the birthing pavillion. Lagimonière reminded everyone that the the BMP Hospital was the first in Canada (1999) to receive the prestigious "baby friendly" certification and was recertified several times since. This certification demonstrates the excellence of care, both in the quality of security and care offered by the nursing staff. The birthing center offers unique rooms where mothers can deliver in a residential type setting with

CONT'D ON PAGE 9



ANN DAVIDSON

Left to right, BMP Foundation President Mario Lagimonière; Mathilde Routy, event coordinator for BMP Foundation; Martin Proulx, co-owner of West Shefford Brewing Company; Lola Landes, BMP Foundation's executive director; Éric Le François; Nicholas Robillard, co-owner of the West Shefford Brewing Company; orthopedic surgeon at BMP and honorary co-president of the upcoming Oktoberfest to be held in Bromont in the autumn, Dr. Etienne Leclerc along and his partner, Maude inside the microbrewery, West Shefford Brewing Company in Bromont after announcing that the newest craft ale, "La Garde Malade" will be a fundraising beer with profits going to BMP Hospital Foundation.

Lt-Col. George H. Baker plaque unveiled

CONT'D FROM PAGE 4

wrote the exhibit text, sourced the images, and created the website.

To learn more, visit our Baker exhibit open daily in the museum's Centennial Building, 130 Lakeside, Knowlton or view the Baker virtual exhibit on our website at www.bromemuseum.com.

Golf tournament a success

On Monday June 6, we hosted our second annual BCHS Golf Tournament at the Knowlton Golf Club. This year we had over 20 local businesses supporting this important fundraiser. Mother Nature cooperated very nicely; we had a beautiful sunny day of golf followed by a fun evening of good cheer and fine food. This was followed by a very entertaining auction with Cam Brown doing his usual great job as auctioneer and

some enthusiastic bidding! We want to thank all who came out for golf and dinner, all the winners at the auction, and all our sponsors for their generous support.

Le Knowlton Tour

On Sunday, June 5 the museum received the first participants of Le Knowlton Tour, a guided walking tour of Knowlton. A costumed character dressed as Albert Hapgood, a British home child, welcomed them at the museum and shared his story. The participants, all from Montreal, included professional tour guides who were invited to share their opinions. All were impressed with the museum's collection as well as the tour and left as ambassadors of the village.



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Margo Little is the winner of a \$25. gift certificate to Cafe Floral.

Congratulations to all the participants and restaurants. It was a very close race!

Exhibition of covered bridges



La Frontière Bridge outside of Mansonville still stands and is one of Potton's four known covered bridges. The photo is among 60 images being shown at the upcoming exhibition featuring covered bridges in the region. Organized by the Potton Heritage Association that starts on June 23 at the Round Barn in Mansonville, archived photos from several museums and private collections along with contemporary ones by renowned photo-journalist and videographer Louise Abbott and her husband Niels Jensen will be on display.

Fête de la Nature à Sutton July 9, 2016

A full day of activities for all ages and interests

A first edition of a long-term project

Local nature and ecology enthusiasts gathered over the winter to brainstorm and develop projects aimed at making Sutton an even more nature-oriented community. The discussions led to the organization of an annual celebration of nature, the first edition of which will be held on Saturday July 9.

The event

A full day of activities (from 7 a.m. to 10 p.m.) meant for all ages, beginning with bird watching and ending with a bonfire, live music, and stargazing.

Location and access (free)

The Fête de la nature will take place at the picturesque Centre Plein Air Sutton, located at 429 Maple, about 3 km from downtown Sutton. All activities are free.

Activities

Following a bird watching walk (7 a.m.), a thematic opening ceremony will take place at 9 a.m. This will give way to a program comprised of a wide variety of activities including, but not limited to: barefoot and Afghan walks; discovery hikes; outdoor yoga and Tai-Chi; mountain biking; outdoor conferences; education and observation activities on trees, mushrooms, medicinal plants and herbs; culturally-inspired creations such as the medicine wheel and land art...

The complete program will be released shortly.

For more information: Patricia Lefèvre, 450-538-2121, pens@parcsutton.com and Facebook.

Launch of the fifth annual purple ribbon campaign in the Estrie region

A region working in concert to increase awareness of elder abuse

In 2016, abuse will affect between 4 per cent and 7 per cent of Canadians ages 65 and up – between 4,000 and 7,000 seniors in our region. Once again this year, the partners on the roundtable on elder abuse in the Estrie region (Concertation contre la maltraitance des personnes âgées) are launching a series of activities to enhance public awareness of this alarming situation.

The activities (a brunch, information booths, get-togethers, a play, a talk, etc.) will culminate on June 15, 2016, World Elder Abuse Awareness Day, which was created by the World Health Organization in 2006.

"More than 14,000 purple ribbons and information cards will be distributed in the context of this campaign, which will also provide seniors with tools to recognize abuse and put a stop to it," noted Paul Martel, the roundtable's regional coordinator. The full activity program may be consulted at [http://www.stop-](http://www.stop-abus-aines.ca/en/home/)

[abus-aines.ca/en/home/](http://www.stop-abus-aines.ca/en/home/).

What is abuse?

Intentional or not, elder abuse may be psychological, material, financial, physical, sexual, or involve a violation of their rights, ageism, or any harmful situation created or tolerated in institutions responsible for providing care and services, which compromises the ability of users to exercise their rights and freedoms. Such abuse leads to devastating consequences that have significant impacts on their physical, psychological, financial, and social state.

CIUSSS de l'Estrie – CHUS, a leader in addressing abuse

The Centre universitaire intégré de santé et de services sociaux de l'Estrie – Centre hospitalier universitaire de Sherbrooke (CIUSSS de l'Estrie – CHUS) is playing a leadership role in addressing elder abuse in the area it serves. In particular, this leadership is demonstrated

CONT'D ON PAGE 9

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Young Heroes' scientists show off their experiments

By Louise Smith

Melissa Carter's grade 3-4 class has worked on presenting science projects to parents and fellow students since April. In June their diligence paid off. Each team had a different project. Some excellent scientific principles were shown.

Kayden Zinn demonstrated how a wet balloon will not pop if put over a flame while a dry balloon will pop quickly. He was able to explain how the water on the outside of the balloon absorbs the heat

from the flame to prevent the popping.

Malee Nadeau and Marijane Bosse-Choma had one of the most popular booths. They had dry ice which, when put in water, made great instant "smog" (remember those smoke machines at dances and concerts in the 70s, anyone?) and then they were able to create a huge bubble in the bowl with the mixture. They were demonstrating sublimation, when a solid changes to a gas. They will be ready for the grade 8 science program in years to come.

Mischa Lacroix and Sasha Dumoulin's

station showed a "colour explosion." They had drops of food colouring in milk that were pretty stationary, but when liquid soap detergent drops were added to the mix, the colours began to swirl and move about. They were demonstrating how soap is a degreaser and it breaks down the fat in the milk. The coloured drops show the movement of this action taking place.

Mia Terreault and Felicity Bates had a very "explosive" show! They used various soft drinks to see how they reacted with Mintos. Diet Coke made the most foam

because it has the highest level of carbon dioxide in its composition. Ms. Bates, the grade 6 teacher, was able to answer my question as to why Mintos are the candy that reacts with the soft drink. She has had students duplicate this demonstration over several years and she had to look into it to be able to evaluate the science. Turns out it is the tiny holes in the hard candy surface that allow the reaction to be so spectacular.

Every project was well done. Adults and students both had a pleasurable and educational experience at the fair.



Top left: Ms. Carter is lighting the candle for Kayden Zinn. Safety always comes first!

Bottom left: Malee Nadeau and Marijane Bosse-Choma are awed by the dry ice bubble.

Right: Mia and Felicity showed Mentos and Coke bubbling over.

Below: Mischa Lacroix and Sasha Dumoulin love their "Colourful Swirls."

PHOTOS COURTESY OF LOUISE SMITH



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a local farm, meals included! Rail service between Boston and Portland and Old Orchard opened in 1842. In addition, airplanes took off from the beach and auto races were held on the sand...

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Pet Of The Week — Angel

KNOWLTON LIONS CLUB

Thank you for being at the heart of our efforts – yet again



For the last 14 years, the Knowlton Lions Club has been holding a community wide garage sale. This year's sale was very successful. The large crowd of buyers at the opening was impressive. We owe this success to our generous supporters who donated toys, curios, knick-knacks, crockery, electronics, sporting and garden equipment, etc. and those who also came in large numbers to purchase said items.

The success is also due to the numerous volunteers who helped all along the process. Apart from providing funds to help meet the needs within the community, the activity offers an opportunity for residents to purchase practical basic items at a very reasonable price as well as a venue to recycle. Thank you for being part of a team that puts community needs first.



A sample of the items that were on sale.

COURTESY OF KNOWLTON LIONS CLUB

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'La Garde Malade'

CONT'D FROM PAGE 5

family in attendance. Support such as the funds coming from the West Shefford Brewing Company help to maintain this kind of service and status.

Landes reverbrated Lagimonière's gratitude for Robillard's enthusiastic support by embarking on this adventure.

The light ale has a soft honeyed and floral flavor. The whole grain dominates to leave one with a gentle touch of bitterness. An easy to drink beer, ideal for the summer, "La Garde-Malade" is now available at the Edgar Hyperlodge in

Bromont and will be available soon in many restaurants and bars in the region.

Landes reminded everyone about the upcoming first edition of an authentic Oktoberfest on October 8 in Bromont that promises mountain experiences. In addition to the Brasserie West Shefford, other microbreweries such as Auberge Sutton Brouërie, Brasserie Farnham Ale and Lager and Micro-brasserie Le Brouemont will be present at that autumn event.


Purple ribbon campaign

CONT'D FROM PAGE 6

through the provision of support and of professional and financial resources towards the operations of local tables for the elderly and to the region's roundtable on elder abuse.

To synergize efforts to address elder abuse and to rally partners, the CIUSSS de l'Estrie – CHUS adopted an action plan on this topic on June 3. This plan,

which will evolve over time, includes a policy to address elder abuse, to train the personnel involved, and to identify those working in the area of elder abuse in each local services network within our territory, as well as clinical tools to prevent and intervene in this type of situation.



donor clinic

PRESS RELEASE

The need for blood never takes a holiday

Montréal, May 30, 2016 – Héma-Québec would like to remind the public that it takes 1,000 blood donations every day to keep the blood supply at optimal levels and meet the needs of hospitalized patients.

Les immeubles Coldbrook therefore invites you to a blood drive on **Wednesday, June 22, from 1:30 p.m. to 8:00 p.m.**, at Lac-Brome Community Centre, 270 Victoria Street, Lac-Brome. The organizers hope to welcome 100 donors.

Every 80 seconds, someone in Québec needs blood. With summer vacation just around the corner and more people on the road, the demand for blood products is likely to go up. Remember: every blood donation can save up to four lives. Giving blood takes about an hour, and there is no risk of contracting a disease during the process, since all materials are sterile and disposed of immediately after one use. Donors are allowed to give blood as frequently as every 56 days, i.e., six times a year. Unfortunately, a mere 3% of those who are eligible to donate in Québec actually do so on a yearly basis.

Who can give?

Most healthy adults can donate blood. Donors must be 18 years of age or older (there is no upper cut-off age). Before going to a collection site, you can check your eligibility by calling Donor Services at 1 800 847-2525 or by going to the **BLOOD (Who Can Donate Blood?)** section of Héma-Québec's website at www.hema-quebec.qc.ca. For a successful blood drive experience, it is recommended that donors eat a good meal and drink plenty of fluids beforehand.

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KNOWLTON

Large sale several vendors. 548 Knowlton Road, June 18, 9 a.m. to 4 p.m. Multi-family sale. Furniture, antique tools, trunks, bells and decorative garden items, etc.

345 Flea Markets

KNOWLTON NEW KNOWLTON Flea Market indoors every Saturday with raffle, 591 Knowlton Rd. from 8 a.m. to 4 p.m. Antiques and knick-knacks 450-577-2186

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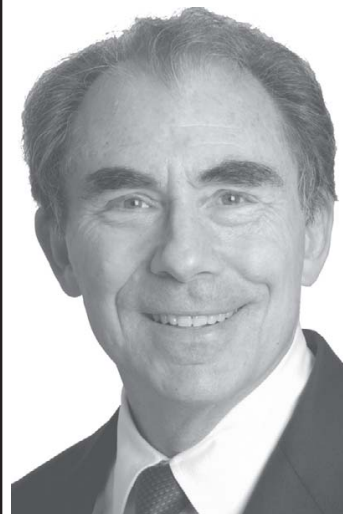
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New approach to vaccines could revolutionize immunization



ASK DOCTOR K
 By Anthony L. Komaroff, M.D.

DEAR DOCTOR K: I heard on television about a possible new vaccine against HIV, Ebola and other terrible viruses. That sounds like very good news, or is it just hype?

DEAR READER: You may well have heard about a new approach to creating vaccines. The approach is called "passive immunization with neutralizing antibodies." It could revolutionize immunization against Ebola and other viruses, including HIV (the virus that causes AIDS) and influenza (flu) viruses.

To tell you what it is, and why this new approach is exciting, I need to explain some basics first. In tomorrow's column, I'll explain neutralizing antibodies.

When we are infected by viruses (and other microbes), certain cells of our immune system catch a few of the viruses. These cells chop the microbes they've caught into little pieces. Then those cells display the pieces, called antigens, like little flags waving from their cell surface.

Some other types of immune system cells see those antigens and begin making antibodies against them. The antibodies attach to those antigens — and to any virus that contains those flags. When that happens, the antibodies disable the virus.

Traditional vaccines contain large amounts of antigens of a virus. When those antigens enter your body, the

immune system dedicates certain immune cells to make antibodies against those antigens. The antibodies are made whenever a virus with those antigens infects your body, because those immune cells have a "memory" of the antigens that recognizes them immediately.

So far, so good. But here's the problem. Some viruses frequently change the shape of certain antigens. The flu virus is a prime example. Often new strains of the flu virus, with new and different antigens, suddenly emerge. No immune cells immediately recognize the new antigens, because the immune system has no memory of them.

This can lead to pandemics — when new flu viruses develop and suddenly sweep across the globe. For example, the pandemic of the H1N1 "swine" flu virus in 2009-2010 swept over the entire world within a few months. That's too fast for a conventional vaccine to be made in large quantities. I know from personal experience: I caught the H1N1 virus and became quite sick before a vaccine against it could be developed.

With Ebola, there's a slightly different problem. There are several very different strains of the Ebola virus. Every now and then, for reasons we don't understand, one of the strains of the virus starts an epidemic. Each of them is different enough from the others that it hasn't seemed possible to make a traditional vaccine that would cover all three.

So, scientists have long dreamed of a vaccine that: (1) would be effective against many different strains of a virus; and (2) could be made in large amounts and stored to be ready for when an epidemic suddenly explodes on the scene, hopefully nipping the epidemic in the bud. Passive immunization with neutralizing antibodies may prove to fulfill that dream, as I'll describe tomorrow.

(Dr. Komaroff is a physician and professor at Harvard Medical School).

PUBLIC NOTICE

By-Law 243-1



VILLE DE LAC-BROME
 TOWN OF BROME LAKE

By-Law Modifying By-Law 243 and increasing the working capital to \$ 800 000

Coming into force

1. At the regular sitting of Council of May 2, 2016, Town of Brome Lake's Council adopted By-Law 243-1 (By-Law modifying By-Law 243 and increasing the working capital to \$ 800 000).

2. The object of the by-law is to increase the Town's working capital, which was in the amount of \$ 300 000 and is now in the amount of \$ 800 000.

3. This by-law comes into force in the manner prescribed by Law and can be consulted at Town Hall, at 122 Lakeside Road, Brome Lake, Monday to Friday, between 8 a.m. and noon and 1 p.m. and 4:30 p.m.

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 This June 14, 2016

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Extra bread crumbs add more crunch to salmon patties

KITCHEN SCOOP
by Alicia Ross



Photo by Alicia Ross for Kitchen Scoop.

If you're like me, you like salmon in your salmon patty – a lot of it. The salmon patties (cakes or croquettes) I grew up with were a great way for my mom to stretch a protein to feed four. But they were more cake than fish and left me wondering: Where's the salmon? So today's recipe for Perfect Salmon Patties is packed full of salmon. The other ingredients are merely to get the chunky salmon to stay together long enough to lightly brown in your skillet.

If you like extra-crispy salmon patties, you can dredge them in additional bread crumbs for more crunch. When you serve these delicious and extremely easy salmon patties, no one at your table will be asking where the meat is.

If you missed last week's recipe for Simple Salt and Pepper Salmon, check out www.kitchenscoop.com or use salmon in a pouch. Enjoy the simplicity and the salmon!

Suggested Menu

- Perfect Salmon Patties
- Risotto
- Lima beans

Perfect Salmon Patties

Start to finish: less than 15 minutes
Yield: 4 servings

- 12 ounces cooked salmon
- 2 large eggs, lightly beaten
- 2 tablespoons finely grated shallot (or mild yellow onion) with juices
- 2 tablespoons seasoned bread crumbs
- 1/2 teaspoon salt
- 1/8 teaspoon ground black pepper, or more to taste
- 1 large lemon, divided use
- 1 tablespoon olive oil

Flake the salmon to desired consistency; I like mine chunky. Add the eggs, shallot, bread crumbs, salt and pepper. Cut lemon in half; add juice from one half to the salmon. Reserve remaining lemon half for serving, if desired. Toss to mix well. Divide the salmon mixture into four equal portions and shape lightly into patties. (For crunchy salmon patties, dredge each patty in additional bread crumbs, if desired.)

Heat the oil in a nonstick skillet over medium. Add the patties and brown each side about 4 minutes or until done to personal preference. Be sure to cook the patties at least 6 minutes to make sure egg is cooked through. Drain on paper towels and serve immediately with additional lemon.

Approximate values per serving: 200 calories, 12 g fat (2 g saturated), 130 mg cholesterol, 20 g protein, 5 g carbohydrates, 0.6 g dietary fiber, 400 mg sodium.

(Alicia Ross is the co-author of "Desperation Dinners!" (Workman, 1997), "Desperation Entertaining!" (Workman, 2002) and "Cheap. Fast. Good!" (Workman, 2006). Contact her at Kitchen Scoop, c/o Universal Uclick, 1130 Walnut St., Kansas City, MO 64106, or send email to tellus@kitchenscoop.com. Or visit the Kitchen Scoop website at www.kitchenscoop.com.)

Card of Thanks

BEDARD (nee McClure) - The family of the late Winnifred Bedard wish to thank their family and friends for the many cards, phone calls, donations and sympathies extended following Winnie's death on April 30, 2016. A special thank you to Reverend Walter Stairs for officiating and the ladies from the Baptist Church for providing the lunch.

Sincerely,
THE BEDARD FAMILY

Annual general meeting

COWANSVILLE LEGION

General Meeting of the Cowansville Royal Canadian Legion Ladies Auxiliary, Tuesday June 28, 2016 at 7:30 p.m.

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ABOUT TOWNSHIPERS'

Connecting English-speaking artists to the arts

In 2004, the Quebec Arts Summit assembled more than 200 artists, government officials, and community partners in Montreal. It was the first time that representatives of the entire English-speaking arts community had been brought together. They concluded that the creation of a network could help create conditions to empower English-speaking artists to live and work in Quebec.

As a result of the success of the initial arts summit, the following year saw the English Language Arts Network (ELAN) come to life with a group of English-speaking arts professionals representing various sectors of the arts. Kate Holbrook, cultural coordinator for Townshippers' Association, represented the region on ELAN's board and participated in many years of meetings, active advocacy, and project planning.

At last, ELAN was able to secure funding for a regional project with Elsa Bolam (founder of Geordie Productions) heading the project ACCORD (Arts and Community Culture on the Road). This enabled many artists (including Townships artists Ralph Steiner and Laura Teasdale) to tour through a network of regional arts organizations.

The 2015 follow-up to ACCORD was Arts Alive! Québec. With a new direction

and funding, the project supported six arts festivals held in various communities across the province. Through ELAN, coordinators shared their experiences and plans with a communal communications strategy.

This August, Knowlton will again be one of six communities hosting Arts Alive! Québec. Made possible by the financial support of the government of Canada, three days of creative activities are planned for communities to celebrate arts and culture. Townshippers' is proud to once again be a part of this initiative by partnering in the Knowlton event launch at Star Café on August 26. We are also excited to present a writing workshop for youth and adults with local author and columnist Ross Murray.

Event details will be posted at www.arts-alive-quebec.ca as they become available. Inquiries about the Knowlton events can be directed to Kate Holbrook at kw@townshippers.org, 450-242-4421.

Membership in ELAN is open to all and gives a chance for English artists in the Townships to connect with others all over the province. Examples of other projects developed in the past include artists-in-residence, mentorship, and language exchange. Joining ELAN will ensure your eligibility to take part in future projects as they happen as well as



COURTESY OF GUY RODGERS

Last summer, Knowlton was one of six regions to host weekend-long celebrations of Quebec arts and culture through Arts Alive! Québec. This August, Knowlton will again host this mini-festival featuring hands-on creative fun for the whole family.

discounts on tickets in Montreal and a place to showcase your talent. Go to www.quebec-elan.org for details.

For more information on Townshippers' Association and our activities, catch our columns in the Brome County News, visit us on Twitter @Township-

pers, Facebook and our website Townshippers.org. Connect with Townshippers' offices in Sherbrooke at 100 - 257 Queen, 819-566-5717 (toll free: 1-866-566-5717) or Lac-Brome at 3-584 Knowlton Rd, 450-242-4421 (toll free: 1-877-242-4421).

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