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Street racers in Lennoxville

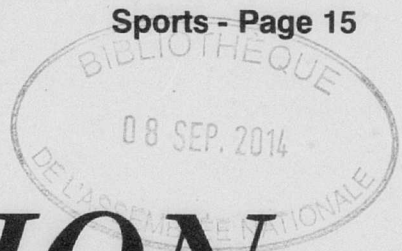
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THE RECORD

THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897

Sports Palace to get drafty

Sports - Page 15



WEEKEND EDITION

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FRIDAY, SEPTEMBER 5, 2014

Quebec parks free this weekend

By Gordon Lambie  
SHERBROOKE

Parcs Quebec is inviting people to come and play this Saturday for the fifth edition of Quebec National Parks Day. Quebecers of all ages are invited to visit any or all of the 24 parks of the Parcs Quebec network for free. In addition to regular discovery and outdoor activities, the parks will be offering special programming on the theme of being active in nature.

"The benefits of nature are immense," declared Martin Soucy, Vice President of Operations for Sépaq (Parcs Quebec sector). "Since many people, especially youngsters, suffer from a nature deficit, we invite people from across the province to come play outside on this special day. The national parks in the Parcs Quebec network are particularly great places for enjoying activities in nature."

Locally, the Mont Orford and Mont Mégantic parks will be hosting a range of events. In Orford's Lac Stukely sector activities will be getting started as early as 9 a.m., including a Geocaching Trail, Nature Yoga, a European hotdog barbecue, guided tours of the Fer-de-Lance pond, Fantasy Makeup for Kids, 50 per cent off boat rentals and a hike for the Quebec Cancer Foundation. Mégantic, meanwhile, will be hosting free guided tours of the ASTROLab and the

CONT'D ON PAGE 4

Will a plumbing bill sink The Hut?



MATTHEW MCCULLY

The Hut President Kevin MacIver hopes for community support as the unit faces its biggest financial challenge in its history.

By Matthew McCully  
Special to The Record  
LENNOXVILLE

The Army Navy Air Force veterans' organization, better known as The Hut, in Lennoxville, has evolved beyond its mandate over the years, and

has become an integral part of the community. Now facing an ominous bill for a major plumbing upgrade, Hut president Kevin MacIver hopes upcoming fundraising efforts will pay off and keep the Hut afloat.

"We run a break-even business," MacIver said. "This is the biggest finan-

cial challenge this unit has ever had."

Three years ago, a referendum was held for property owners on St. Francis to decide whether to join the city's sewage system. The vote was unanimous in favour of joining up, with the exception of one property owner,

CONT'D ON PAGE 4

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## Weather



TODAY:  
MAINLY  
SUNNY  
HIGH 30  
SUNRISE:6:14  
SUNSET: 7:18



SATURDAY:  
PERIODS OF  
RAIN

HIGH 22  
LOW 21



SUNDAY:  
SUNNY

HIGH 19  
LOW 8



MONDAY:  
MIX OF SUN  
AND CLOUD

HIGH 23  
LOW 8



TUESDAY:  
MIX OF SUN  
AND CLOUD

HIGH 23  
LOW 6

### ONE COLUMN, FOUR VOICES

# Opening to the Spirit

## Today's word: Engagement

By Revs. Mead Baldwin, W. Lynn Dill-  
abough, Lee Ann Hogle, and Carole  
Martignacco

1) Have you watched a baseball game on television, when some guy stands up in the stands, is seen on the giant video screen, and proposes to his lady love? She says Yes! They hug and kiss, and become engaged in front of the whole world, or at least those watching that day.

They are two people in a commitment to eventually become married. Some couples' engagement lasts a few months, while for others an engagement may linger on without ever reaching the altar. The word "engagement" suggests that people are united on a common path, and they walk together to a destination, sharing the joys and sorrows of the road.

In modern usage, "engagement" also means being occupied with a task or goal. Some people are engaged in a program of justice and reconciliation, while others are engaged in a journey of self-discovery. The word can be vague and is often used that way deliberately. "Engagement" is somewhere beyond curiosity but not quite up to commitment. There are those who can be engaged in a process for a long time without ever actually doing anything productive.

I guess I'm a bit of a romantic. I think I prefer the guy at the ballpark. He wants the whole world to know his plans. That guy is willing to put his passion on the line, even willing to be seen as a fool and is not shy about his feelings or his commitment to someone he loves. In the same way engagement in a cause should not be just a passing interest or a brief diversion, but something that comes from your soul and can change the world.

2) "Engage brain before operating mouth." I forget where I saw this bit of wisdom, but it sounds like pretty good advice to me! Being engaged is a good thing, much akin to being attentive. And yet, if I am honest I have to admit that I am disengaged more often than I would like.

We call some television "mindless" because it does not take much engagement on our part to watch. But this is what I will often go to when I am feeling on overload and just need to shut off for a while. This may be harmless in small

doses, but what about being disengaged in the company of others?

Do you ever find yourself just half listening to someone? Do you know the pain of being with someone who is just half listening to you? In the movie *The World's Greatest Dad* the character played by Robin Williams says, "I used to think that the worst thing in life was to end up all alone. It's not. The worst thing in life is ending up with people who make you feel all alone." This speaks to that pain of being with someone who has disengaged.

What a gift it is to be fully engaged with each other! The way I understand engagement is that it is a way of saying, with our presence, "Here I am! Where are you?" I hope that you have people in your life with whom you can be engaged like that. I also hope that you can show up like that in your relationship with God. Connection like this is what we all need - with ourselves, with others, with the natural world and, most especially, with God. Show up and say "Here I am!" Who knows where this might lead.

3) The word engagement brings up notions of commitment. We may dream of a certain goal in life: becoming a ballet dancer, making a million dollars, working of an international aid agency, but until we have actually taken the first step, engaged on the path to our stated goal, our hopes and dreams remain just that - hopes and dreams.

Engagement in the nitty-gritty of life is essential. In a world overly impressed with expert opinion, it becomes important to counter the tendency to sit back as spectators and rely entirely on the actions of those we consider the authorities on the subject.

Specialists in nuclear energy designed power plants to supply our growing energy needs. As a society we reap the benefits of a cheap source of power. Specialists in the petrochemical industry invented plastics and have been so successful in introducing their use that today we cannot walk into a room, sit down to a meal or carry out our jobs without picking up, unwrapping, sitting down on or inadvertently consuming particles of plastic. For every action there is a reaction. To be fully engaged in the use of plastics and nuclear energy gives us the opportunity to evaluate the results. Do we like the world we see? Do we need to take corrective action?

The same process goes on when we examine our spiritual lives. Do we sit back as spectators relying solely on the authority of scripture, the words of a charismatic leader or the doctrines and rules of conduct of our chosen spiritual community? Or have we become so fully engaged, so committed to applying our spiritual values to our daily living and then examining the results that we are able to question our spiritual authorities and take corrective action when necessary. In the Christian tradition we call this being receptive to the Living Word, such that each generation finds new inspiration and understanding of how our outer actions can become harmonized with our inner spiritual lives?

There is no one more expert on your life than you. The engagement of each individual is the key to our growth and understanding of what it means to be human.

4) Engaged, as in committed, playing full out. Why is it, when life happens - am I sometimes otherwise engaged?

I know people who jump in with both feet - ready to run with what's happening in the moment. They live full out, no holds barred. My tendency is often to watch and wonder. What would it take to discard my fears, my limitations? Engagement has something to do with courage, enthusiasm, and trust. What holds us back?

Growing up, I was often by choice left in the dust when siblings and friends would ask: are you game for it? Depending upon whatever "it" was: hide and seek in the woods, sleeping overnight in a backyard fort made of whispery cornstalks, taking the pitcher's mound in a sudden softball skirmish, or dropping into the river from the old willow tree at the local swimming hole. I always took a pass on the swimming hole. I'd shrug, back away, slink home and do a sketch, read a book or practice the cello. Some budding wisdom masquerading as fear convinced me early that engaging with the wily currents off the Mississippi river bank was not my kind of challenge. Ditto for wing-walking, skydiving or climbing Mount Kilimanjaro.

Ah, but when it comes to the things I love, it's all about immersion, participating wholly, getting caught up in the

CONT'D ON PAGE 5

## Ben by Daniel Shelton



# LOCAL NEWS

"Heritage buildings have a story tied to them. Often when we lose the building, we lose those stories as well."

## Historic "Maison Bleu" restoration completed

By Gordon Lambie  
SHERBROOKE

Domaine Howard Park has a new showpiece in the form of its newly refurbished, oldest building. The city of Sherbrooke held an official inauguration of its "Maison Bleu" at the park on Thursday morning, after having invested \$321,500 and four months of work into renovating the building, which once served as a hunting lodge and gardener's residence for Senator Charles Benjamin Howard.

"Heritage buildings have a story tied to them," said Jacques-Cartier borough president and driving force behind the renovation project, Chantal L'Esperance. "Often when we lose the building, we lose those stories as well."

The Maison Bleu was once the home of Aimée Vanier, who worked as gardener and groundskeeper for Senator Howard and his family.

Located next to the pond at the southeast corner of the park, the century-old structure experienced years of varied

uses but had recently fallen into disrepair having sat vacant since 2011.

The renovations carried out by the city involved an overhaul of the electrical systems, replacement of the house's windows, and a redressing of the interior, in addition to the installation of an outdoor patio where the inauguration was held. The reinvention of the building transforms it from a lingering derelict to a new home for cultural activities in the park, and a permanent base of operations for the Association of Authors of the Eastern Townships. The main floor of the building also offers park visitors a public washroom and a space that will serve as a skating pavilion in the wintertime, eliminating the need for a temporary trailer next to the pond skating rink.

"The Maison Bleu is an important component of the story of the Domaine Howard which, itself, is one of the most precious and majestic heritage sites in the Sherbrooke area," said Deputy Mayor Robert Pouliot. "Sherbrooke is proud of its cultural heritage, as demonstrated by

the adoption, roughly one year ago, of the city's cultural heritage policy."

The policy, spearheaded by L'Esperance and fellow councillor Diane Delisle, aims to identify, promote and protect the city's cultural heritage, both in terms of physical structures and intangible stories.

Thursday's opening hosted a large number of the descendants and relatives of Aimée Vanier, who took in the renovations with a mixture of gratitude and nostalgia. Celine Vanier Couture, Aimée's granddaughter, spoke on behalf of the family to express sincere and emotional thanks to all those involved in the revitalization of her family's treasured home.

"Today we are here to inaugurate the Maison Bleu, the cradle of our youth as well as that of our mother, her brothers and sisters," Vanier Couture said, calling the renovations a colossal and remarkable job, "what we have felt this morning is great pride."

Vanier's granddaughter said that her grandfather worked for the Howard fam-

ily for 45 years, helping to develop and build much of the property as people know and love it today. Delving into his story of the space and the two families, she shared happy reveries of a time when the property was home to deer, rabbits and foxes, and of many good times spent in the house as a child. She added that the family sees the restoration of the house as a revitalization of the memory of their grandparents, who were heroes and examples to all.

"We are this house's story, and you are its continuation," Vanier Couture said.

L'Esperance, sharing that she is extremely pleased with the project's end result, shared that she has plans to honour the history of the Vaniers within the house as well.

"The toponymy committee named the building the "Maison Bleu" because it has been blue since the 1970s and it became a landmark by that name in the park," L'Esperance explained, "I would like to see the downstairs area named the Vanier space, in honour of the family that lived here."

## Late night racers giving SPS the slip

By Gordon Lambie  
LENNOXVILLE

Lennoxville has a history of tense relationships when it comes to its streets and those using them. Between the ongoing struggle to divert truck traffic passing along the borough's main streets, the frequent conflicts over crosswalks, and gridlock in morning and evening traffic, the otherwise quiet borough really does not need any other challenges when it comes to roads.

That fact, coupled with the inherent danger that goes hand-in-hand with such things, is just part of what has locals concerned over what appears to be an underground street-racing group using the alleys and avenues of Lennoxville for a late-night speed fix.

According to Borough President David Price, complaints have been coming in to the city for close to a year now regarding the racers, who have been heard around town aggressively revving their engines before tearing up streets such as College or Watson.

He explained that the borough has been working closely with Sherbrooke Police to develop files on the culprits.

"You'd think it would be simple, you call the cops and

you get them; bang!" Price said. "It's not that easy. They're organized."

According to Price, racers are known to operate with lookouts and police scanners. As a result, even the SPS's decision to station an unmarked patrol car in Lennoxville at night has been largely ineffective.

"These people are car people. It doesn't matter if it's marked or unmarked, they can tell a cop car miles away."

"It's a bit of cat and mouse," explained Martin Carrier of the SPS, "we need to catch them in the act."

Carrier explained that there has been an officer working with the borough on the matter since last fall, though he pointed out that complaints dropped off over the summer.

"The summer has been quite quiet," Price said, stating that activity only seemed to pick up again as students returned to Lennoxville. "It's a bunch of young people (...) They're not locals, although one of them has a house here."

Price said that the effort is currently being focused on building profiles of all those involved, and highlighted the importance of the public acting as eyes and ears for the community.

"We don't have all the licence plates," Price added. "We're asking for people, if they see something, to get us the licence plate and a description of the vehicle."

Price added that one of those involved in the group was caught by the SPS, resulting in a four-month suspension of his license, but that otherwise little progress has been made. Beyond con-


cerns over noise pollution, he expressed a fear that the racing could only go on so long before someone is hurt or killed, even with the activities taking place primarily after midnight.

"It's very disturbing for a lot of people," Price said. "Hopefully we can get them before anyone gets hurt."

Asked why the punishment for the one person who was caught was not more severe, Carrier pointed out that while the street racing is reckless and dangerous, it only constitutes a traffic violation unless someone is injured.

As such, the penalties are limited to the traffic code, and that can only happen if racers are caught in the act.

"We need to be there at just the right moment," the police officer reiterated.



### COUNTRY DANCE CLASSES

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SHERBROOKE (West)	Fri. Sept. 5, 7 p.m.
THE HUT (A.N.A.F.)	Tues. Sept. 9, 7 p.m.
Fleurimont	Wed. Sept. 10, 7 p.m.
Magog	Thurs. Sept. 11, 7 p.m.

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Also! Dance night every Friday starting Sept. 5, every second Sunday starting Sept. 28 (free mini course) at Centre Comm. des Loisirs, 1010 Fairmont, Sherbrooke

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### ANAF Unit 318 OPEN DANCES

Fall 2014 The Hut

- Saturday, September 13:  
SLIGHTLY HAGGARD Adm: \$5.00
- Saturday, October 18:  
Music Achievement Awards  
*(Watch this space for upcoming details)*
- Saturday, October 25:  
\*Halloween Dance\*  
NIGHTTRAIN  
*(Admission \$5. in costume & \$7. without costume)*
- Saturday, November 8:  
Mike Patrick & Kylie Cole Adm: \$5.00

Everyone 18 years and older are welcome.  
All Dances start at 9 p.m., unless otherwise noted.

**ANAF Unit 318, "The HUT"**  
300 St. Francis Street, Lennoxville  
819-346-9122



### Adult Evening Classes Fall 2014

**Registration date:**  
Wednesday, September 17  
6 p.m. to 8 p.m.


**Tuition: \$15.00 - for all 6 evenings**  
Classes held from September 24 to  
October 29, 6:30 p.m. to 8 p.m.

**Current Courses:**

- History of the Golden Oldies
- Health and Well-Being - Bishops U
- Bridge with George
- Yoga with Robin
- iPad 101
- Beginner French Second Language
- Intermediate French Second Language
- History of the Golden Oldies
- Drawing
- Storytelling
- Creative Journaling
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- Beginner Guitar
- History of the Eastern Townships
- Anglais (Second Language)
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# Hut! Hut!

CONT'D FROM PAGE 1

whose large frontage gave his vote more weight, shutting the plan down. A year later, he changed his mind, but because the original plan was to coincide with other work, making it more affordable, the delay in deciding to go forward with the link-up will add substantially to the final bill, according to MacIver.

So far, the water hook-up has been done. The Ladies Auxiliary, referred to by MacIver as 'our silent sisters in arms,' who he insists has offered an outstanding amount of support to the unit and its members, has taken on the responsibility of paying the \$12,000 bill.

The remaining work, which will involve drilling under the road to fit the piping for the sewage hook-up, is estimated at \$120,000.

"We rarely have fundraisers just for ourselves," MacIver said.

"We've never been really good at beating our chests and bringing attention to ourselves."

The culture is changing for Unit 318

and places like it, according to MacIver. With veteran populations decreasing, and modern vets more dispersed and falling out of the habit of looking to vet organizations for support, MacIver said maintaining the focus of the Hut is a challenge.

"How do we make ourselves attractive?" he asked. "Even when they don't come flocking to the unit, we still defend their rights. Our job is to view them all as vets and help however we can."

While rooted in the mandate of providing a haven for the defenders of our country, the Hut has also become a pillar of the community, opening its doors for countless community organizations looking for a place to make things happen.

Last September, over 150 people came to The Hut to celebrate its 60th anniversary. The full house was a testament to the strong support for veterans and associate members of The Hut, as well as a show of gratitude for the role The Hut plays in supporting local organizations and other community groups.

"The Hut is always helping us out," said Lennoxville Scout leader Chris Drew, adding that the ANAF has been sponsoring the troop for years.

"Every year they let us use the hall for the Annual Kub Kar Rally. On top of letting us use the hall they run the kitchen for the whole day so everyone can have something to eat during the races at prices I'm sure barely cover the cost," Drew said.

"I can personally say that through the generosity of The Hut and its members, there are over 60 children and adults now, and hundreds more in the past from the 1st Lennoxville Scout Group, that have been affected by their generosity to the community," he concluded.

The Hut also sponsors the Lennoxville Elementary School breakfast and hot lunch program, local scholarship and bursaries programs, and fruit baskets for hospitalized veterans, as well as those who are ill or shut-in during Christmas.

"We take all of that very seriously," MacIver said, adding that The Hut has also supported fundraisers for MS, the

Cancer Relay for Life, high school hockey programs, the Jamie Coles Scholarship, and Lennoxville Elementary, among others.

"A lot of creative juices have started to flow," MacIver said, as the unit begins planning some fundraisers of its own. "We're trying to break the mold from things that used to work. Change isn't easy," he said, hoping to stimulate activity at The Hut, and attract the youth factor. MacIver was not ready to release details, but said The Hut is considering partnering with a larger venue to host an event with some big name performers.

"Membership is open to anyone now," MacIver said, which is also a big help. Once sponsored by an existing member, there are a number of perks, like two-tiered pricing, and discounts on hall rentals.

Follow The Hut's Facebook page, ANAF-Unit-318-aka-The-Hut, for updates and a schedule of upcoming fundraisers for the unit as well as the many community groups they support.

# Free Parking

CONT'D FROM PAGE 1

Observatory, giant binoculars, and Children's Workshops, among other events. It is worth noting that some activities have limited space and require reservation in advance. More information about individual activities is available in English on the Parcs Quebec

website, at [parcsquebec.com/journee](http://parcsquebec.com/journee).

The provincial parks in the Parcs Quebec network represent more than 6,990 square kilometres of land protected for the benefit of current and future generations. They include 200 hiking trails, 150 cabins, and 4,400 campsites, offering stunning scenery, a wide variety of outdoor and discovery activities, spectacu-

lar trails, a great diversity of plant and animal life and a rich and authentic cultural heritage.

"We are fortunate in Quebec to live in such a magnificent place. The fifth edition of Quebec National Parks Day is a great time to discover or rediscover these protected areas," stated Laurent Lessard, the Minister of Forests, Wildlife and Parks. "I invite all Quebecers to take ownership of their parks for the pleasure of being active in nature."

## SQ seeks counterfeiter

Record Staff

The Sûreté du Québec is asking the public to be on the lookout for Stéphane Tremblay, 43, wanted on a warrant in connection with the use of counterfeit banknotes. Tremblay allegedly committed fraud in the Beauce, where several fake \$100 bills have been seized in recent weeks. He could also have committed similar offences in other regions, including the Eastern Townships.

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Human Resources  
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80 Moulton Hill  
Sherbrooke, QC  
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Fax (819) 822-3886

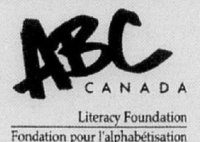
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\*\*Only candidates selected for an interview will be contacted.

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Wine (2).....	\$11.50
Dessert.....	\$ 4.75
Food tax.....	\$ 2.90
Liquor tax.....	\$ 1.15
Subtotal.....	\$34.90
Gratuity.....	\$
Total.....	\$
Thank you • Merci	



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Math solves problems

# Trafficking network leader sentenced

Record Staff  
SHERBROOKE

Éric Côté, singled out as a leader of a local drug ring, has been sentenced to 20 months in prison after pleading guilty in March to charges trafficking and conspiracy to produce and traffic cocaine and cannabis.

Côté was arrested in November 2012 as part of Operation Récif, which targeted a drug dealing network operating

in Sherbrooke and Magog. Using wire-taps and an undercover officer, police were able to dismantle the ring, which delivered drugs using the services of a Magog taxi driver.

During a raid on Nov. 14, 2012, 253 grams of cocaine, some cannabis, equipment used for in trafficking, and a sum of money were found in Côté's home.

The 30-month sentence came as a joint recommendation from defence attorney Jean-Marc Bérard and special

prosecutor Karine Guay. Khaled Elmir, a subordinate in the scheme, was sentenced to nine months in prison. His involvement was mainly in selling drugs over the phone in Sherbrooke.

Judge Conrad Chapdelaine took under advisement the issue of Nancy Giguere, the estranged wife of ring kingpin Vincent Langlois. Giguere is asking for a sentence of two years less a day to be served in the community. The Crown is seeking a sentence of three years.

Langlois was sentenced to five years in prison after pleading guilty leading a network of dealers of cocaine, methamphetamine, cannabis and cannabis resin in bars and on the street in Magog.

Giguere admitted in court her in-

volvement in the distribution, delivery and accounting of the distribution of narcotics.

She also testified that she and Langlois were no longer a couple, largely due to the fact that Langlois had stolen approximately \$60,000 from her father.

The judge is expected to rule on this issue on Oct. 2.

Arsenije Gavrilovic and Jeff Haman-Proulx will return to court on September 10 to receive their sentences for their involvement in the case.

Operation Récif led to the seizure of 120 grams of cocaine, 420 methamphetamine tablets, cannabis, \$25,000 cash, a score of weapons, including some high-caliber, and other equipment.

## Police seek missing teen

Record Staff  
SHERBROOKE

Sherbrooke Police are looking for a 16-year-old from Sherbrooke who has been missing for over a month.

Caryanne St. Hilaire left her home in Sherbrooke with her 20-year old boyfriend on August 1.

Caryanne Saint-Hilaire and Jean-Michel Pelletier left the area by bus to Montreal.

The couple has not been seen nor heard from since.

"The girl had mentioned that she wanted to find a job," says Sherbrooke Police spokesperson Martin Carrier.

Saint-Hilaire is five-foot-six and weighs around 125 pounds. She has brown eyes and brown hair.

Any information regarding this disappearance may be sent to the Investigation Division of the Sherbrooke Police at 819-821-5544 or anonymously to Crime Stoppers at 1-800-711-1800.



SUPPLIED

## Engagement

CONT'D FROM PAGE 1

moment, losing myself even. It used to happen in the clay studio, where I could slip into a time-lapsed state of total fascination discovering the endlessly slippery shifting shapes on the spinning wheel for hours. Right now it happens in writing these words. Spend all the meaning you have, say the writing coaches, hold nothing back. We always think there will be a next time.

Reservations are for finding a good place at the restaurant or theatre. Stop dithering and get to it, I often remind myself. This is the show, not a rehearsal.

Like a homing device for the spirit, real engagement in this life of so many demands and distractions can happen anywhere — doing work we love, one on

one with a friend, lover or stranger, through art, books or music, committing to a humanitarian cause that awakens a passion for justice. Losing self in service to something larger.

We are engaged when we experience directly the present moment, as if that were all we have, all that matters. "What will you do," the poet Mary Oliver asks, "with your one wild and precious life?"

~ ~ ~

One word, four voices.; now add your own. What engages your best passion and energy, and calls you to live more fully?

The Reverends Mead Baldwin, W. Lynn Dillabough, Lee Ann Hogle, and Carole Martignacco are interfaith clergy colleagues in the Eastern Townships.

### NOTICE OF CONVOCAION - Annual General Meeting and Public Information Meeting

In the name of the Board of Directors of *Centre de réadaptation en déficience intellectuelle et en troubles envahissants du développement*, Mr. Gaétan Duford, Chairperson, invites the population to the Annual General Meeting and Public Information Meeting of the establishment. **Novel style and participation of users!**

- Wednesday, **September 24**, from 5pm to 6pm (snacks offered)
- At the auditorium, 1621, Prospect St., Sherbrooke

#### Registration and information:

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**WELCOME to all of you!**



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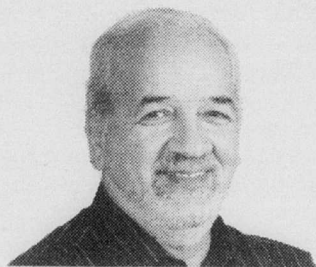
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# EDITORIAL

Let us hope this newer version is more generous and puts a major focus on energy efficiency.

## A new energy policy



FRANÇOIS TANGUAY

The provincial and territorial premiers met in Charlottetown last week with one major item on their agenda: sketching out a new energy policy. Highlighted by an eight-point vision and some very simple principles, it represents a will to leave behind the sour failures of the past and interprovincial infighting in the crucial energy sector. The basis for the follow-up work implies looking for a common language and a wider vision than just supplying various sources of energy in a better circulating frame. The wording of last week's too short document is, to be generous, rather vague and protects regional sensitivities. A little more bite will have to be written in if this nation is to go beyond the present state of affairs.

The five-line vision text is so carefully written that it makes apple pie look like hot tamales! Moving energy according to the highest environmental norms and standards tops the agenda — not exactly what the Conservatives have been promoting! Reducing greenhouse gas emissions is not a top of the line agenda now and would involve a lot of soul searching. This is the core of the Kyoto Protocol that Harper and Company hastily threw in the garbage in December 2011. More energy moving freely may be part of an enduring economy, but this cannot happen at a social and environmental cost so high it hurts future generations. Nevertheless, there is at least some sort of a common goal set in these few lines.

If a national strategy is to reflect common Canadian values, create jobs, respect provincial priorities, while lowering our global greenhouse gas budget, it will have to be something better than a highway to an extension of the Alberta wants for exports markets. Keeping in mind that, in 1980, Pierre Trudeau's national energy strategy was all-oil. Let us hope this newer version is more generous and puts a major focus on energy

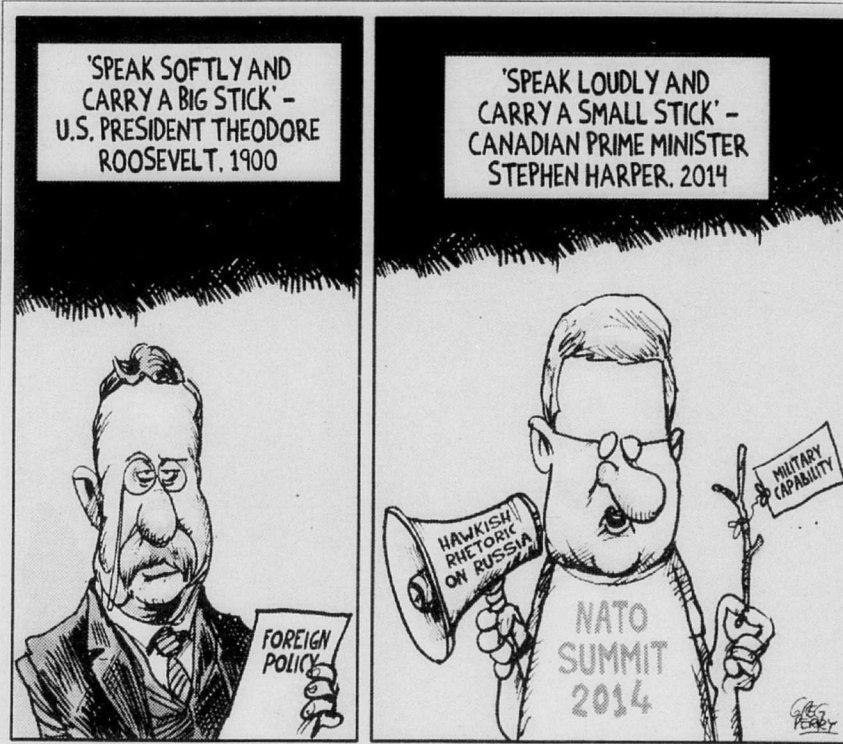
efficiency, for example, before going all out on making it easier to move Prairie oil to the East or West coasts.

Renewables have been getting a raw deal in comparison to oil and coal all over the globe. The fiscal advantages for carbon-based industries are so insane even the World Bank has been pleading for an end to its myriad subsidies. Claiming wind power is too expensive at 10 cents per kilowatt hour, while socializing the environmental costs of the tar sands, shale gas and worn-out pipeline networks runs against the grain of a true accounting of energy policy.

Obviously, the premiers are a country mile from convincing the Conservatives that a responsible energy policy is the way to go. Let us hope they are generous in their vision and strong in their stance. The good news from an environmental standpoint is that Premier Couillard made his proposal for a lower-carbon economy and a serious look at creating a cap-and-trade market within this new national strategy along with measures to reduce our carbon footprint, like underground carbon storage and a host of technologies that could help the country in seriously reducing our dismal carbon count. Ontario's Kathleen Wynne supported Couillard, this being a follow up to their bilateral meeting two weeks ago.

Again, Quebec takes the leadership when it comes to promoting a cleaner energy future. Since it is the only province to uphold and reach the Kyoto goals, no one should question the political will behind these intentions. Aside from some serious contradictions, as is the case with TransCanada's Energy East oil terminal at Cacouna, just outside Rivière-du-Loup, the Liberals are keeping in line with the previous engagements. I suspect that the deep-sea port at Cacouna is probably some sort of a bargaining chip for future considerations that remain foggy for now.

This extension of the West to East pipeline network, as of now, is for exports only. It will be interesting to keep an eye on the progress of this proposed national energy strategy. My guess is we could be in for surprises when it comes to our oil procurement, here in Quebec. As it stands, we get a mere 10% of our oil on this side of the Atlantic, Newfoundland in fact. Social opposition against tar sands oil passing through here is strong, imagine actually using it!



## Letters

DEAR EDITOR

Welcome back Bishop's students - but not all of them, it seems. Tuesday evening saw frosh activities and team events in downtown Lennoxville. During a shopping trip to Provigo our family witnessed a group of students buy a live lobster, and then proceed to tear it apart limb by limb outside the store. One of the students wore a T-shirt with "Leader" written on the back. Your "leadership" skills need work, my dear.

Such an act is dehumanizing and immoral. It is nonsense like this that puts a strain on student-community relations, which Bishop's works so hard to promote.

This incident does not suggest a good start to the school year for this particular group of students. Things can only improve.

BARBARA HEDGES BOIRE  
LENNOXVILLE

DEAR EDITOR:

I recently received a copy of the petition circulated regarding a puppy mill in our area.

This is well articulated in both English and French, and underscores the need to attend public meetings, as the situation as it exists in Cookshire-Eaton is definitely a conflict of interest. The refuge for errant dogs is in the same quarters as the puppies for sale.

All animal owners and animal lovers should obtain a copy of the contract between our Municipality and the animal controller.

You have to obtain a special form from the Municipality regarding free-

dom of access to public documents, as they will not willingly provide this document.

This is scary reading, especially Article 5, which stipulates that the controller must keep the animal 48 hours — after which he can be disposed of at his discretion, other than to sell to an experimental facility.

In other words, an animal picked up in our municipality on Friday evening can be sold by the controller as early as Sunday evening or, should the dog have no saleable value, be euthanised.

Should a dog with a chip id venture into our territory, it can be picked up and sold two days later as our controller, to the best of my knowledge, is still not equipped with a chip reader. Our dogs in Cookshire-Eaton are identified by a tab, which can be lost or easily removed.

Also, in this same article, we agree to indemnify the controller for any fines incurred in the performance of his duties, and to defend him against any civil action.

Mayor Landry promised at a public meeting on July 9, 2012 that the Municipality would contact the SPA de l'Estrie to verify the cost of their services (which would include protection for all animals, not just dogs). This promise is documented in the minutes of this meeting and, to date, has not been kept.

From what I have learned from my inquiries into municipal law, promises made by our elected officials are not binding on their part.

So best of luck to the petitioner, and thanks for her concern.

DALE QUINN  
COOKSHIRE-EATON

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	3 MONTHS	36.16	1.81	3.60	\$41.57

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# TALK

YOUR WEEKLY GUIDE TO TOWNSHIPS CULTURE

SEPTEMBER 5 - SEPTEMBER 11, 2014

## She's known as Sheila the Great

But ew, he calls her the Queen of the Cooties



**GOOD READS**

**ELEANOR BROWN**

American author Judy Blume claims she never expected her books to be banned. "When I started, in the '70s, it was a good time for children's book writers," she said in a recent interview with the UK Guardian.

"Children's reading was much freer than in the '80s, when censorship started; when we elected Ronald Reagan [as president of the United States] and the conservatives decided that they would decide not just what their children would read but what all children would read, it went crazy. My feeling in the beginning was wait, this is America: we don't have censorship, we have, you know, freedom to read, freedom to write, freedom of the press, we don't do this, we don't ban books. But then they did."

The Guardian calls Blume "one of the most frequently challenged authors of the 21st century. Her books have drawn fire from parents ever since the '80s for their frank depiction of puberty and sexuality."

Meanwhile, at the Lennoxville Library, two of her short novels for young people, *Otherwise Known As Sheila The Great* and *Are You There God? It's Me Margaret*, were so popular when first acquired that patrons were restricted to a 14-day check-out, no renewals, "because



of demand." Yet now, some 40 or so years after their original publication, they can seem dated, and those two books are stored in the basement - still available upon request, but a request is rare.

Not that Blume, now 76, has ever stopped writing.

*Summer Sisters* (1998), in adult fiction, is an at times raunchy tale of a lifelong friendship that begins in Grade 6, when an erratic and spoiled rich kid, Caitlin, invites the grounded Victoria, whose family barely gets by, to spend the summer. Their almost 20-year friendship is constantly imperilled by sexual jealousy and all sorts of selfish behaviour, making it a wild romp of a read.

But the library also has far less controversial Blume tomes for youngsters that are still fan favourites. Consider *Soupy Saturdays With The Pain And The Great One* (2007, illustrated by James Stevenson, of the *New Yorker* magazine

fame). This short book stars Abigail, who is in Grade Three and is known as The Great One because, says her brother, "she thinks she's so great", and Jacob Edward, who is in Grade One: "Everyone calls him Jake," says his sister. "Everyone but me. I call him The Pain..." Each child tells funny short stories about the other - like the time The Pain refused to get a haircut, or the time one took something of the other's without permission.

There's one refrain the two have in common. All together now: "Sometimes I think [our parents] love her/him more than me."

And then there's *Fudge*. He's five. He lives in New York with Tootsie (one-and-a-half) and Peter, who has just finished Grade Six. *Fudge-A-Mania* (1990) is narrated by Peter, but all his fans know Fudge as the real star of this book (and series). In *Fudge-A-Mania*, Peter discovers the family is off to spend August in a country house in Maine. Except... it turns out there's a shared kitchen with Sheila Tubman and her family. That's Sheila, the Queen of the Cooties.

Thankfully, Peter gets permission to bring a friend, Jimmy, for protection.

As for Sheila Tubman, an older generation of Blume fans will recognize the star of *Otherwise Known As Sheila The Great* (1972). She's 10, and this book begins one week before summer vacation. Sheila is a delight, but she is a bit of a baby - afraid of everything, petulant, and a liar.

Yet Sheila learns to grow up. A bit, anyway. (There's a very nasty comment about being fat in this book; that would be the dated part. Please immunize your children against such awfulness.)

Meanwhile, the book *Are You There God? It's Me, Margaret* (1970), another classic of old, features Margaret Simon, almost 12, as she struggles through Grade Six. "I must, I must, I must increase my bust!" And, in between dis-



cussing her day and asking for advice, she pleads with God for assistance: "Help me grow... you know where."

Margaret is awaiting her first period (and here's a dated part: she tests out a sanitary napkin belt).

She is also a child born of a marriage between a Christian and a Jew that that none of the grandparents sanctioned. In turn, her parents have brought her up with "no religion," and tell her she can choose if and when she wants.

Blume is an icon to many, and still active in politics. A liberal (obviously), Blume told the Guardian she receives death threats (because of her support for Planned Parenthood).

*Are You There, God?* was intensely controversial when it was published. Argued Blume: "Kids will actually go to Mom or Dad and say, 'What does this mean?', which is the perfect time to talk to them about it. But that's when sometimes parents get hysterical. Really. It's

CONT'D ON PAGE 14

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# The next big thing?

Whatever...



## MAURICE SINGFIELD

*"When you've got nothing, you've got nothing to lose."*  
- Bob Dylan

There was a time when new music was important, a time when artists were privileged to have an album produced featuring their very own material. Now, every aspiring musician can produce his/her own CD, diminishing the importance of new releases overall.

It was only through persistence and connections that musicians could get themselves recorded before the digital revolution set in. Only artists who could afford the studio rates, had an in with studios or were on the record-label radar screens could get their songs produced. Having an album released was an even greater privilege. Today, it's not such a big deal.



PHOTO FROM [HTTP://WWW.MIRROR.CO.UK/](http://www.mirror.co.uk/)

Bob Dylan

No longer can musicians pester record companies by sitting in their reception areas day after day, the way Dylan did, until someone listens to them. If one tried that today they'd be removed by the police. Go to any major-label website and try to find information on how to submit your material. Good luck. You need people the industry respects (management, lawyers etc.) on

your side, before the doors of the ivory tower open.

In the 70s and 80s artists could solicit the "majors" directly, have their material listened to and get a response from A&R departments; good or bad. There's simply too much indie material out there and very little of it has what it takes to make it. The system is clogged.

Artists pile themselves onto the un-

limited heap of songs offered by leading Internet download sites. For only a dollar one can own a song of one of the more salient world artists to the bottom-of-the-barrel picks without a major distribution deal. This is the current business model that seems to have pulled the record industry back to posting a profit in 2012.

"The music industry, the first media business to be consumed by the digital revolution," according to an article that was published in the New York Times in February of 2013, written by Eric Pfanner, "said that its global sales rose for the first time since 1999, raising hopes that a long-sought recovery might have begun."

The increase, of 0.3 percent, was tiny, and the total revenue, \$16.5 billion, was a far cry from the \$38 billion that the industry took in at its peak more than a decade ago. Still, even if it is not time for the record companies to party like it's 1999, the figures, reported...by the International Federation of the Phonographic Industry, provide significant encouragement."

For sure, if the "majors" with all their money start to embrace the digital-download business model, they will corner the market. What will happen to the millions of wannabes in this case? Possibly things will revert back to the days of

CONT'D ON PAGE 14

# Your week on TV

WEEKDAY MORNING																		
Bell	Star	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30					
WCAX	3	-	Channel 3 News Morning	CBS This Morning				Rachael Ray	The Doctors		The Price Is Right							
WPTZ	5	-	Newschannel 5 Today at 6AM	Today				Live! With Kelly and Michael	Today		Today							
CBMT	6	206 301	CBC News Now	Daniel Tiger	Arthur	Bo on the Go!	Busytown	Super Why!	Napkin Man	Bookaboo	Doodlebops	Best Recipes	In the Kitchen					
CHLT	7	107 718	F	Salut, bonjour! (N) (SC)				** "Quelque part dans le temps" (1980) Christopher Reeve.		Deux filles le matin (SC)		(:29) Signé M	Le tricheur	Mario Dumont				
			M					François Léveillé-accom										
			T															
W																		
Th																		
WMTW	8	-	WMTW News 8 at 6am	Good Morning America				Live! With Kelly and Michael	The Meredith Vieira Show		The View							
CKSH	9	108	Robin le robot	Var. Programs	Schtroumpfs	Toc toc toc	Caillou	Var. Programs	Quelle his	Var. Programs	Entrée prin	Var. Programs	Ricardo	Union-force				
CKMI	11	-	Morning News					Morning Show	Huntley Str't	The Doctors		X-Weighted						
CFCF	12	205 312	Canada AM					Live! With Kelly and Michael	Dr. Phil		The View							
WVNY	22	-	ABC 22 This Morning	Good Morning America				The Dr. Oz Show		Paid Program		Paid Program		The View				
WUTV	30	-	Var. Programs	Clean Home	Varied Programs				Friends	The 700 Club		The People's Court		Maury				
CFKS	31	106 726	F	Buzz (N)				Ça commence bien! (N)		Ça commence bien! (N)		Rire et délire (SC)		Journal d'un vampire (SC)				
			M					(6:54) Ça commence bien! (N)				Menage à trois (N)		Au-delà du clip (N)				
			T															
W																		
Th																		
WUHF	-	363	Paid Program	Good Day R	Good Day Rochester				Paternity Court	Paternity Court	Jerry Springer		Judge Mathis					
WETK	-	-	Newsline	Body Electric	W. Lana Yoga	Yoga Stretch	Mind of a Chef	Expeditions	Windows Wild	Outdoor Journ	Varied Programs							
WCFE	-	-	Var. Programs	France News	Kazakh-News	Hello Vietnam	Var. Programs	EuroNews	Newsline	NHK Program	Arirang News	RT News	France News	Inside Taiwan				
A&E	615	520	Paid Program	Paid Program	Parking Wars	Parking Wars	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Criminal Minds	Criminal Minds						
BRAVO	620	523	F	Cold Squad "Court Appeal"				Due South "Mask" (N)		Flashpoint "Keep the Peace"		The Listener (N) (DVS)		Cold Squad "Court Appeal"	Due South "Mask" (N)			
			M															
			T															
W																		
Th																		
CNN	500	500	New Day						CNN Newsroom		CNN Newsroom		This Hour w/ Berman					
DISC	520	505	F	Mayday "Turning Point" (N)				Daily Planet (N) (DVS)		Cash Cab		Cash Cab		Mighty Planes "Orbis" (N)	Last Car Standing	Jacked! "New Jersey Jack"		
			M											How It's Made	How It's Made	How It's Made	How It's Made	Vegas Rat Rods (N) (DVS)
			T											Mighty Ships "Emma Maersk"	Nerve Center (N) (DVS)	Don't Drive Here		
W													Shred!	Manufactured	Licence to Drill: Louisiana	Dangerous Flights		
Th													Salvage Hunters (N)	Jacked! "New Jersey Jack"	Mighty Planes "Skibirds"			
HIST	522	506	Museum Secrets				Canadian Pickers		Varied Programs		Yukon Gold		Museum Se	Var. Programs	Pickers	Var. Programs		
RDI	126	730	(5:00) RDI matin						Téléjournal	RDI matin	Sous la loupe		RDI en direct					
SHOW	616	521	Bomb Girls				Continuum		Haven		Movie		Movie					
SLICE	601	562	ET Canada	Till Debt/Part	Till Debt/Part	Till Debt/Part	Property Virgin	Property Virgin	Money Moron	Princess	Property Virgin	Property Virgin	Property Virgin	Property Virgin				
SPIKE	628	584	Var. Programs	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Varied Programs									
TLC	521	560	Outrageous	Outrageous	18 Kids-Count	18 Kids-Count	18 Kids-Count	18 Kids-Count	Cake Boss	Cake Boss	Pregnant	Pregnant	Four Weddings					
TSN	400	400	F	SportsCentre				SportsCentre (N)		SportsCentre (N)		SportsCentre (N)		SportsCentre (N)				
			M															
			T															
W																		
Th																		
YOUTH	551	542	Kid vs. Kat	Almost Naked	Wayside	Numb Chucks	Rabbids Invas.	Squirrel	Sidekick	Almost Naked	(9:50) Spliced	Kid vs. Kat	Monster-Club	Almost Naked				

# Your week on TV

WEEKDAY AFTERNOON													
Bell	Star	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
WCAX	3	-	Across-Fence	The Young and the Restless	Bold/Beautiful	The Talk		Let's Make a Deal		Dr. Phil		Channel 3	The: 30
WPTZ	5	-	Judge Judy	Judge Judy	Days of our Lives	The Meredith Vieira Show		Steve Harvey		Ellen Show	Var. Programs	First at Five	5:30 Now!
CBMT	6	206	CBC News Now		Republic of Doyle	Steven and Chris		Heartland		Dragons' Den		CBC News	CBC News
CHLT	7	107	TVA régional	TVA nouvelles	Movie			Estrie	Les feux de l'amour		Top modèles	(4:55) TVA nouvelles	
WMTW	8	-	Var. Programs	Paid Program	The Chew	General Hospital		Steve Harvey		The Ellen DeGeneres Show		WMTW News 8 at 5PM	
			F Telejournal	Squelettes	Pénélope McQuade (SC)	Inspecteur Barnaby	"Les meurtres de Copenhague" (SC)			Cap sur l'été (N) (SC)			Paquet voleur
CKSH	9	108	M	Pour le plaisir	(Season Premiere) (N) (SC)	Les Contes d'Avonlea (SC)		Castle (SC)		Entrée principale (SC)		Mange-souper	Union-force
			T										
			W										
			Th										
CKMI	11	-	Sarah's House	ET Canada	Days of our Lives	The Talk		The Meredith Vieira Show		Till Debt/Part	The Young and the Restless	Property Virgin	
CFCF	12	205	CTV News		The Social	The Marilyn Denis Show		Hot, Cleveland	Hot, Cleveland	The Ellen DeGeneres Show		The Dr. Oz Show	
WVNY	22	-	Paid Program	Paid Program	The Chew	General Hospital		The People's Court		TBA	TBA	The Dr. Oz Show	
WUTV	30	-	The Steve Wilkos Show		Paid Program	Paid Program		Judge Mathis		Maury		Family Feud	Family Feud
CFKS	31	106	Infopublicité	Buzz	Var. Programs	C.S.I.: Miami		Var. Programs	Movie	Var. Programs	Les Simpson	Les Simpson	Guerre-clans
WUHF	-	363	The Steve Wilkos Show		Judge Mathis	The Trisha Goddard Show		Maury		Judge Judy	Judge Judy	The People's Court	
WETK	-	-	Varied Programs			Start Up	Tavis Smiley	Democracy Now!		Charlie Rose		Daniel Tiger	Dinosaur Train
			F China Beat (N)	Euromaxx	Midday (N)	Late Lunch Live (N)		Tonight With Vincent Browne		Korea Today (N)		RT News (N)	Journal (N) (EI)
WCFE	-	-	M							Newsroom	After 10		
			T							Korea Today			
			W										
			Th										
A&E	615	520	CSI: Miami		CSI: Miami	Criminal Minds		Criminal Minds		The First 48		The First 48	
BRAVO	620	523	Criminal Minds		Person of Interest	Missing		Cold Squad		Flashpoint		Criminal Minds	
CNN	500	500	Legal View With Ashleigh		Wolf	CNN Newsroom		CNN Newsroom		The Lead With Jake Tapper		The Situation Room	
			F Mighty Ships (SC)		Mayday "Getting Out Alive"	How It's Made	How It's Made	Fast N' Loud: Revved Up (N)		Fast N' Loud (SC)		Yukon Men "Wild Lives" (SC)	
DISC	520	505	M Daily Planet (DVS)			Highway Thru Hell		Jacked! "Twin Chimneys"		Never Ever Do	Never Ever Do	MythBusters (N) (SC)	
			T		Megaspeed (DVS)	MythBusters "Fire in the Hole"		Airplane Repo (N) (SC)		Don't Drive Here		Overhaulin' Top 10 (SC)	
			W		Mighty Planes (SC)	Bering Sea Gold		Highway Thru Hell Reloaded		Highway Thru Hell		Bering Sea Gold (SC)	
			Th		Mayday "Gimli Glider" (SC)	Highway Thru Hell		Yukon Men "Wild Lives" (SC)		Car Sharks	Car Sharks		
			F M*A*S*H (N)	M*A*S*H (N)	Miracles Decoded (N) (SC)	Pawn Stars (N)	Pawn Stars (N)	Down East Dicking (N) (SC)		American Pickers (N) (SC)		M*A*S*H (N)	M*A*S*H (N)
HIST	522	506	M		Ice Road Truckers (N) (SC)			The Hunt "Night Stalker" (N)		Mountain Men (N) (SC)			
			T		Hardcore Heroes (N) (SC)			Restoration Garage (N)		Counting Cars	Counting Cars		
			W		Canadian Pickers (N) (SC)			Pawnography	Pawnography	Pawn Stars (N)	Pawn Stars (N)		
			Th		Ice Pilots NWT "Shoot-Out"			Restoration	Restoration				
RDI	126	730	Telejournal	Le club des ex		RDI en direct						Le Téléjournal RDI	
			F (11:00) Ring of Fire (SC)		Continuum (N) (SC)		Haven "Ball and Chain" (N)	The Musketeers (N) (SC)		Law & Order: UK "Broken" (N)		Continuum (N) (SC)	
SHOW	616	521	M (11:00) "Do You Know Me" (N)							Elementary (N) (SC)		NCIS Gibbs works with Kort.	
			T (11:00) "Committed" (2011) (N)										
			W (11:00) "Sinkhole" (2013) (N)										
			Th (11:00) "Earth's Final Hours"										
SLICE	601	562	Varied Programs			48 Hours Mystery		The Millionaire Matchmaker		Varied Programs			
SPIKE	628	584	Varied Programs									Cops	Var. Programs
TLC	521	560	Four Weddings		18 Kids-Count	18 Kids-Count	18 Kids-Count	18 Kids-Count	Island Medium	Island Medium	Say Yes: ATL	Say Yes: ATL	Say Yes
TSN	400	400	SportsCentre	Var. Programs	SportsCentre		SportsCentre		Varied Programs				Baseball Ton.
YOUTH	551	542	Numb Chucks	Nerds	Squirrel	Rated A for	Monster-Club	Sidekick	6TEEN	Numb Chucks	SpongeBob	Var. Programs	Odd Parents
													SpongeBob

FRIDAY EVENING													SEPTEMBER 5, 2014	
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX	3	-	Channel 3 News at Six (N)	CBS Evening News/Pelley	Entertainment Tonight (N)	Stand Up to Cancer (N) (Live) (SC)		Hawaii Five-0 Helping a boy in Afghanistan. (N) (SC)		Blue Bloods A disoriented man is covered in blood. (N) (SC)		Channel 3 News	(:35) Late Show With David Letterman (N) (SC)	
WPTZ	5	-	NewsChannel 5 at 6PM (N)	NBC Nightly News (N) (N)	Jeopardy!	Wheel of Fortune (SC)	Stand Up to Cancer (N) (Live) (SC)	Dateline NBC (N) (N) (SC)		NBC News Primetime Special (N) (N) (SC)		Newschannel 5 Nightcast	(:34) The Tonight Show Starring Jimmy Fallon (N) (SC)	
CBMT	6	206	CBC News: Montreal (N)	Coronation Street (N) (N)	Murdoch Mysteries Murder of a man. (N) (DVS)		Stand Up to Cancer (N) (Live) (SC)	CBC Music Festival 2014 (N) (N) (SC)		The National (N) (N) (SC)		CBC News: Montreal	Rick Mercer Report (SC) Backstage Pass	
CHLT	7	107	(5:56) TVA nouvelles (N)	Le tricheur (N) (SC)	Vlog Vincent Vallières.	Du talent à revendre (SC)	Vive la rentrée émissions. (SC)	TVA Exploration des nouvelles		TVA nouvelles (:40) Denis Lévesque (N) (SC)		(:40) "La Fin des temps" (1999) Gabriel Byrne (SC)		
WMTW	8	-	WMTW News 8 at 6PM	ABC World News	Wheel of Fortune (SC)	Jeopardy!	Stand Up to Cancer (N) (Live) (SC)	Shark Tank Aromatherapy sprays. (N) (SC)		(:01) 20/20 (N) (SC)		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live Terry Bradshaw; Mike Smith.	
CKSH	9	108	Le Téléjournal/Estrie	Plan de match	"Fillière 13" (2010, Comédie) Claude Legault, Paul Doucet. Des flics maladroits surveillent la mère d'un criminel. (SC)		Stand Up to Cancer (N) (Live) (SC)	Zone doc Le Royal 22e Régiment a 100 ans. (N) (SC)		Le Téléjournal (N) (SC)		Cap sur l'été (SC)	"Les amours imaginaires"	
CKMI	11	-	(5:59) Evening News (N)	Global National (N) (N)	ET Canada	Entertainment Tonight (N)	Stand Up to Cancer (N) (Live) (SC)	Hawaii Five-0 Helping a boy in Afghanistan. (N) (SC)		Border Security (SC)	Border Security (SC)	News Final (N) (SC)	ET Canada	
CFCF	12	205	CTV News (N) (N) (SC)		etalk (N) (N) (SC)	The Big Bang Theory (SC)	Stand Up to Cancer (N) (Live) (SC)	Orphan Black Sarah returns home. (N) (DVS)		Blue Bloods A disoriented man is covered in blood. (N) (SC)		News-Lisa	CTV News (N) (SC)	
WVNY	22	-	ABC 22 News (N)	ABC World News	ABC 22 News (N)	Inside Edition (N) (N) (SC)	Stand Up to Cancer (N) (Live) (SC)	Shark Tank Aromatherapy sprays. (N) (SC)		(:01) 20/20 (N) (SC)		ABC 22 News (N)	(:35) Jimmy Kimmel Live Terry Bradshaw; Mike Smith.	
WUTV	30	-	The Big Bang Theory (SC)	Judge Judy (N) (SC)	Judge Judy (N) (SC)	Two and a Half Men (N) (SC)	Stand Up to Cancer (N) (Live) (SC)	Bones A man is found dead in a well. (DVS)		2 on Your Side at 10 (N)	Two and a Half Men (N) (SC)	The Simpsons (N) (SC)	How I Met Your Mother (N) (SC)	
CFKS	31	106	Atomes crochus (SC)	Souper parfait	L'arbitre (SC)		Météore Deux météorites entrent en collision.			Génération Inc. (SC)	Par-dessus le marché	Martin Horik: Octane (SC)	L'instant gagnant (N)	
WUHF	-	363	Modern Family (N) (SC)	Modern Family (N) (SC)	The Big Bang Theory (SC)	The Big Bang Theory (SC)	Stand Up to Cancer (N) (Live) (SC)	Bones A man is found dead in a well. (DVS)		13WHAM News at 10 on Fox Rochester (N) (SC)		The Arsenio Hall Show (N) (SC)	Seinfeld "The Trip" (SC)	
WETK	-	-	Martha Speaks	WordGirl (SC) (DVS)	Arthur (N) (EI) (SC)	Wild Kratts (N) (EI) (SC)	Daniel O'Donnell From the Heartland The singer performs in Iowa. (N) (SC)	John Sebastian Presents: Folk Rewind (My Music) Artists of the 1950s and '60s. (N) (SC)				Ed Sullivan's Top Performers 1966-1969 (My Music)		
WCFE	-	-	RTE News: Six One (N)	South Asia Newslines (N)	The World This Week		RT News (N) (SC)	Asia This Week		The Inspector and the Sea "Closer Than You Think" Two murders; Anders seeks connection. (N)		Biz Asia America (N) (SC)	The Inspector and the Sea	
A&E	615	520	Storage Wars (N) (SC)	Storage Wars (N) (SC)	Criminal Minds The BAU tracks a ritualistic killer. (N) (SC)		Criminal Minds "Perennials" (N) (DVS)	(:01) Criminal Minds Reid tries to find his girlfriend. (N) (SC)		(:01) Criminal Minds Reid deals with a personal loss.		(:02) Criminal Minds The team's stalker gets closer.	(12:01) Criminal Minds (N) (SC)	
BRAVO	620	523	Flashpoint A disturbed man holds a woman hostage. (N) (SC)		The Listener An escaped criminal must be caught. (N) (SC)		Blue Bloods A tragedy occurs to multiple people. (N) (SC)	Criminal Minds (DVS)		Flashpoint A man holds doctors at gunpoint. (N) (SC)		The Listener An escaped criminal must be caught. (N) (SC)	Criminal Minds (SC)	
CNN	500	500	(5:00) The Situation Room		Erin Burnett OutFront (N)		Anderson Cooper 360 (N)	Anthony Bourdain Parts		Spotlight	Unguarded	Death Row Stories	Death Row	
DISC	520	505	How It's Made	How It's Made	Daily Planet Daily science show. (N) (DVS)		Don't Drive Here "Manila" Driving in Manila, Philippines.	Highway Thru Hell "New Hell, Old Hell"		Mayday A Nigerian Airways erupts in a fireball. (SC)		Mayday An engine falls off a DC-10. (SC)	Highway Thru Hell	
HIST	522	506	American Pickers An iconic red phone booth. (N) (SC)		Down East Dicking "Risky Business" (N) (SC)		Treasures Decoded How the Great Pyramid was built. (N) (SC)	Pawn Stars (N) (SC)	Pawn Stars (N) (SC)	Pawnography (N) (SC)	Pawnography (N) (SC)	Treasures Decoded How the Great Pyramid was built. (N) (SC)	Pawn Stars (N) (SC)	
RDI	126	730	Le National (SC)	RDI économie (SC)	24/60 "Forum régime de retraite" (SC)			Le Téléjournal (SC)		Charbonneau	Le National	24/60 "Forum régime de retraite" (SC)		
SHOW	616	521	Ring of Fire Volcanic eruptions threaten the Earth. (N) (Part 1 of 2) (SC)				Ring of Fire A way to stop the global eruptions. (N) (Part 2 of 2) (SC)	** "Project X" (2012) Thomas Mann. Premiere. Three teens throw a party that spins wildly out of control. (N) (SC)				** "Project X" (2012) (N) (SC)		
SLICE	601	562	Border Security (N) (SC)	Border Security (N) (SC)	Border Security (N) (SC)	Border Security (N) (SC)	Handsome Devils A family man hides a dark secret. (N) (SC)	A Stranger in My Home (N) (SC)		Handsome Devils A family man hides a dark secret. (N) (SC)		A Stranger in My Home (N) (SC)	Friends Relationship rules.	
SPIKE	628	584	Birth of a Rivalry: Curran/Pitbull I (N) (SC)		Countdown to Curran/Pitbull II (N) (SC)		Bellator MMA Live From Uncasville, Connecticut; Pat curran vs. Patricio Pitbull; Cheick Kongo vs. Lavar Johnson. (N) (SC)	(:15) Cops (N) (SC)	(:26) Cops (N) (SC)	Cops (N) (SC)	Cops (N) (SC)	Cops Screams (N) (SC)	Cops (N) (SC)	
TLC	521	560	I Found the Gown (SC)	I Found the Gown (SC)	I Found the Gown (SC)	I Found the Gown (SC)	19 Kids and Counting "Duggars & Mothers" (N) (SC)	Four Weddings Angi's Friday the 13th themed nuptials. (N) (SC)		(:01) Four Weddings "... And a Porta Potty" (N) (SC)	(:02) Four Weddings "... And a Horror Show" (N) (SC)	(12:03) Four Weddings (N) (SC)		
TSN	400	400	SportsCentre (N) (Live) (SC)		CFL on TSN Pregame (N)		CFL Football BC Lions at Ottawa RedBlacks. (N) (Live) (SC)			SportsCentre (N) (Live) (SC)		2014 U.S. Open Tennis Women's Semifinals. (SC)		
YOUTH	551	542	Sam & Cat	Every Witch	*** "Cloudy With a Chance of Meatballs" (2009) (N) (SC)		Undercover	The Next Star	The Next Star	Cache Craze	Assembly	Boys	Cloudy	

# Your week on TV

SATURDAY DAYTIME			SEPTEMBER 6, 2014																			
Bell	Star	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30					
WCAX	3	CBS This Morning: Saturday (N) (SC)																				
WPTZ	5	(7:00) Today (N) (SC)	Teen Kids News (N)	Hanna Into the Wild	The Chica Show (E)	Noodle/ Doodle	Justin Time (E)	Tree Fu Tom (E)	LazyTown	Zou "Zou Up High"	Paid Program	Notre Dame Reborn (N) (SC)	Payne	PGA Tour Golf								
CBMT	6	206	301	Animal Mechanic	Super Why! (SC)	Cross Country	Arthur (SC)	My Goldfish Is Evil!	Cat in the Hat	Our Montreal Host Sonali Karnick (N)	Absolutely Quebec "Hockey Migrations"	Doc Zone Behind The Big Apology (SC)	The Nature of Things (SC)									
CHLT	7	107	718	(6:00) Salut, bonjour! Week-end (N) (SC)																		
WMTW	8	Good Morning America (N) (SC)		Jack Hanna	Ocean Mysteries	Born to Explore	Sea Rescue (E)	The Wildlife Docs	Expedition Wild	College Football Regional Coverage. Akron at Penn State or Oklahoma at Tulsa. (N) (Live)								College Football	College Football			
CKSH	9	108	Spirou et Fantasio		Doigts croisés	Gawayn (N) (SC)	Erky Perky (N) (SC)	Magi-nation (N)	Mission Mayday	Aventures de Tintin (SC)	L'épicerie (SC)							Teledjournal	Monde-parlait			
CKMI	11	Fish'n Canada		Real Fish-ing (SC)	Advent. North	Fishful Thinking	William Shatner's Weird or What? (N)	Powerboat Television	Driving Television	Canadian Made	The Simpsons (N)	The Simpsons (N)	The Simpsons (N)	PGA Tour Golf								
CFCF	12	205	312	Canada AM Weekend (N) (SC)		Children's Villages	The Social (SC)	Paid Program (N)	Paid Program (N)	Paid Program (N)	The Social (SC)	SportsCentre (N) (SC)	Corner Gas (N)	Corner Gas (N)	Junk Raiders Creating a livable loft (SC)	The Amazing Race Canada (SC) (DVS)						
WVNY	22	Good Morning America (N) (SC)		Jack Hanna	Ocean Mysteries	Born to Explore	Sea Rescue (E)	The Wildlife Docs	Expedition Wild	College Football Regional Coverage. Akron at Penn State or Oklahoma at Tulsa. (N) (Live)								College Football	College Football			
WUTV	30	Slim Your Belly!		P90X3	Cleanest Homes!	Pain Relief Secret	Paid Program (N)	Paid Program (N)	Paid Program (N)	Raw Travel	MLB Pregame	MLB Baseball Baltimore Orioles at Tampa Bay Rays. From Tropicana Field in St. Petersburg, Fla. (N) (Live) (SC)										
CFKS	31	106	726	Aubaines & cie (N)		Trucs & cie (N)	RPM (SC)	Puissance 3 (SC)			** "Bonjour les vacances" (1983, Comédie) Chevy Chase, Beverly D'Angelo.		** "Bonjour les vacances II" (1985, Comédie) Chevy Chase, Beverly D'Angelo.									
WUHF	-	363	Career Day (SC)	Think Big (SC)	Great Big World	The Young Icons	Paid Program (N)	Paid Program (N)	Paid Program (N)	Paid Program (N)	MLB Pregame	MLB Baseball Baltimore Orioles at Tampa Bay Rays. From Tropicana Field in St. Petersburg, Fla. (N) (Live) (SC)										
WETK	-	Super Brain With Dr. Rudy Tanzi Maximizing the brain's potential. (N)		T'ai Chi, Health & Happiness With David		Protect Your Memory With Dr. Neal Barnard (SC)		PBS Previews: The Roosevelts (SC)				"Happy" (2011, Documentary) Narrated by Marci Shimoff.		Daniel O'Donnell From the Heartland The singer performs in Iowa.								
WCFE	-	Euromaxx Highlights		Tomorrow Today	World Stories (SC)	Drive It!	In Good Shape	After 10	World Affairs Today	My India (N) (SC)	Newsweek South Asia	Gaelic Football Ladies: Teams TBA.						Maigret "Maigret in Finland" (N)				
A&E	615	520	Criminal Minds "The Lesson" (SC) (DVS)		Criminal Minds "The Instincts" (SC)		Criminal Minds "Memoriam" (SC)		Flipping Boston "Day-care Dilemma" (N) (SC)	Flipping Vegas "Black-mail House" (N) (SC)		Extreme Builds "Crocker & Ropes" (N)		Wahlburg-ers (SC)	Wahlburg-ers (SC)	Wahlburg-ers (SC)	Epic Ink (SC)					
BRAVO	620	523	People's Couch		People's Couch		Twice in a Lifetime "Final Flight" (SC)		Flashpoint "Scorpio" (SC)	People's Couch		Criminal Minds (DVS)		*** "Year of the Dog" (2007) Molly Shannon. A pet's death transforms a woman's life.								
CNN	500	500	New Day Saturday (N)		Smerconish (N) (Live)		CNN Newsroom With Fredricka Whitfield (N)				CNN News Tomorrow				CNN Newsroom							
DISC	520	505	Don't Drive Here "Manila" (SC) (DVS)		Highway Thru Hell "New Hell, Old Hell"		Licence to Drill "Shift From Hell"		Mayday "Under Pressure"		Bering Sea Gold: Under the Ice (SC)		Mayday An engine falls off a DC-10. (SC)		Mayday "Under Pressure"		Megaspeed "Big Rig Racing" (SC) (DVS)					
HIST	522	506	Paid Program (N)		Paid Program (N)		Paid Program (N)		Paid Program (N)		Dig WW2 Battle of the Atlantic artifacts. (SC)		Dig WW2 Canada's role in the air war. (N)		American Pickers The guys travel to Italy.		American Pickers (Part 2 of 2) (SC)					
RDI	126	730	(5:30) RDI matin weekend																			
SHOW	616	521	Paid Program (N)		Paid Program (N)		Paid Program (N)		Paid Program (N)		Working the Engels	Lost Girl Bo attempts an unlikely rescue. (N)	**** "Raiders of the Lost Ark" (1981) Harrison Ford. An archaeologist races Nazis to find a powerful relic. (N)		*** "Indiana Jones and the Temple of Doom" (1984) Harrison Ford. (SC)							
SLICE	601	562	Paid Program (N)		Paid Program (N)		Ex-Wives of Rock		Ex-Wives of Rock		A Stranger in My Home (SC)	Handsome Devils "Dead Charming" (N)	Southern Charm "Peter Pan 'Sin'Drome"		The Real Housewives of New Jersey (SC)		The Real Housewives of New Jersey (SC)		The Real Housewives of Orange County (N)			
SPIKE	628	584	Total Gym for \$14.95		Body Beast (N)		Repo Games		Bar Rescue "Rock 'N Roaches"		Bar Rescue "Empty Pockets"		*** "The Rundown" (2003, Adventure) The Rock. A bounty hunter must find his boss' son in the Amazon. (N)		Ink Master "Most Controversial" (SC)		Ink Master Rival artists must work together. (N)					
TLC	521	560	21 Day Fix (SC)		Barefoot Clean (N)		Undercover Boss "NASCAR" (SC)		Undercover Boss "GSI Commerce" (SC)		Undercover Boss "Subway" (SC)		Undercover Boss "Frontier Airlines" (N)		Say Yes to the Dress		Say Yes to the Dress		Say Yes to the Dress		Say Yes to the Dress	
TSN	400	400	Formula One Racing		SportsCentre (SC)		SportsCentre (SC)		SportsCentre (SC)		SportsCentre (SC)		2014 U.S. Open Tennis Men's Semifinals. From the USTA National Tennis Center in Flushing, N.Y. (N) (Live) (SC)									
YOUTH	551	542	Chucks		Kung Fu		Sponge.		Parents		Rabbids		Bread		Turtles		Sanjay		*** "Cloudy With a Chance of Meatballs"			

SATURDAY EVENING			SEPTEMBER 6, 2014																							
Bell	Star	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM								
WCAX	3	(12:00) 2014 U.S. Open Tennis Men's Semifinals. (N) (Live) (SC)													Channel 3 News	Evening News	Entertainment Tonight (N) (SC)	Person of Interest "A House Divided" (SC)	48 Hours "Lina's Heart" (SC)	48 Hours "Death at Cottonwood Creek"	Channel 3 News	CSI: Miami A severed leg. (SC)				
WPTZ	5	(3:00) PGA Tour Golf BMW Championship, Third Round. (N) (Live) (SC)													News-Channel 5	Nightly News	Jeopardy!	College Football Michigan and Notre Dame each want a victory in the last scheduled meeting between the powerhouses. (N) (SC)				Newschan-nel 5	(:29) Saturday Night Live (N) (SC)			
CBMT	6	206	301	Equestrian Rolex Grand Prix - CHIO Aachen. From Aachen, Germany. (N Same-day Tape)		The National (N)	Market-place (N)	In Search of Dan Cooper	The Best Laid Plans "Just Watch Me" (N)	** "Barrymore" (2011, Drama) Christopher Plummer. (SC)				Just for Laughs (N) (SC)		Camelot (N)										
CHLT	7	107	718	(:15) ** "Next" (2007, Science-fiction) Nicolas Cage, Julianne Moore. (DVS) (SC)													TVA nouvelles (N)	** "Les 4 fantastiques" (2005, Action) Ioan Gruffudd, Jessica Alba. (DVS) (SC)		(:28) ** "Lara Croft Tomb Raider: Le Berceau de la vie" (2003) Angelina Jolie.		(:43) TVA nouvelles		(:13) ** "Roméo doit mourir" (2000) Jet Li, Aaliyah. (SC)		
WMTW	8	(3:30) College Football USC at Stanford. USC travels to Stanford for a key early season Pac-12 contest. (N) (Live)													Count-down	NASCAR Racing Sprint Cup: Federated Auto Parts 400. From Richmond International Raceway in Richmond, Va. (N) (Live)				WMTW News 8	Red Carpet	CSI: Miami (SC)				
CKSH	9	108	(1:00) Football universitaire (N) (SC)		La semaine verte (N) (SC)		Le Télé-journal (N)	La petite vie (SC)	La petite séduction (SC)	Les enfants de la télé (SC)		Les Galas 2008 du Festival Grand Rire		Le Télé-journal (N)	Annika Bengtson: reporter judiciaire "Une place au soleil" (SC)											
CKMI	11	(3:00) PGA Tour Golf BMW Championship, Third Round. (N) (Live) (SC)		Evening News (N)		Global National	16x9 (N) (SC)	** "Love to Kill" (1997, Comedy-Drama) Tony Danza, Elizabeth Barondes. (SC) (DVS)		Triage: Dr. James Orbinski		News Final		(:29) Saturday Night Live (N) (SC)												
CFCF	12	205	312	The Marilyn Denis Show (SC)		The Social etalk (SC)	CTV News (N) (SC)	W5 (N) (DVS)	The Amazing Race Canada (N)		*** "My Life Without Me" (2003, Drama) Sarah Polley, Scott Speedman. (SC) (SC)		News-Rinaldo		CTV News (N) (SC)		"Partition" (N) (SC)									
WVNY	22	(3:30) College Football USC at Stanford. USC travels to Stanford for a key early season Pac-12 contest. (N) (Live)													Count-down	NASCAR Racing Sprint Cup: Federated Auto Parts 400. From Richmond International Raceway in Richmond, Va. (N) (Live)				Local News	Burn Notice "Double Booked" (SC)					
WUTV	30	Two and a Half Men		Big Bang Theory		FOX College Football Pregame (N) (Live)		College Football Michigan State at Oregon. From Autzen Stadium in Eugene, Ore. (N) (Live)		2 on Your Side at 10		Big Bang Theory		Animation Domination High-Def (SC)		Cheaters (N) (SC)										
CFKS	31	106	726	** "Vacances à Vegas" (1997, Comédie) Chevy Chase, Beverly D'Angelo. (SC)		** "L'Épidémie" (1995) Dustin Hoffman. Un bactériologiste lutte contre la propagation d'un virus mortel.		*** "Contagion" (2011, Suspense) Marion Cotillard, Matt Damon. Début. L'instant gagnant (N)				WHAM News		30 Rock (N) (SC)		Animation Domination High-Def (SC)		Ring of Honor Wr.								
WUHF	-	363	Big Bang Theory		Big Bang Theory		FOX College Football Pregame (N) (Live)		College Football Michigan State at Oregon. From Autzen Stadium in Eugene, Ore. (N) (Live)		Elvis, Aloha From Hawaii Presley performs in Hawaii. (SC)		Il Volo We are Love Three Italian tenors perform in Miami. (SC)		"Happy" (2011, Documentary) Narrated by Marci Shimoff.											
WETK	-	Return to Downton Abbey A look back at "Downton Abbey." (SC)		Return to Downton Abbey A look back at "Downton Abbey." (SC)		PBS Previews: The Roosevelts (SC)		Elvis, Aloha From Hawaii Presley performs in Hawaii. (SC)		Il Volo We are Love Three Italian tenors perform in Miami. (SC)		"Happy" (2011, Documentary) Narrated by Marci Shimoff.														
WCFE	-	(3:00) Maigret "Maigret in Finland" (N)		RT News (N) (E)		Journal (N) (SC)	My India (SC)	In The News	France 24 News (N) (E)	RT News (N) (E)	NHK Programming	Private Eye Vares "The Girls of April" (N)		Full Frame NHK Programming		Private Eye Vares										
A&E	615	520	*** "GoodFellas" (1990, Crime Drama) Robert De Niro, Ray Liotta. An Irish-Italian hood joins the 1950s New York Mafia. (SC)		De Niro, Ray Liotta. An Irish-Italian hood joins the 1950s New York Mafia. (SC)		Criminal Minds "... A Thousand Words" (N)		Criminal Minds "Exit Wounds" (SC)		Criminal Minds "The Internet Is Forever"		Criminal Minds "Our Darkest Hour" (SC)		(:01) Criminal Minds "The Longest Night"		Criminal Minds (N)									
BRAVO	620	523	Movie (N)		Twice in a Lifetime "Final Flight" (SC)		Flashpoint "Scorpio" (SC)		Missing Jess must reconsider her future.		Unforgettable (SC)		Person of Interest (SC)		People's Couch		People's Couch		Movie (N)							
CNN	500	500	News		Gupta		CNN Newsroom		News'm		Spotlight		The Hunt		"Lady Valor: The Kristin Beck Story" (2014)		"Lady Valor: The Kristin"									
DISC	520	505	Don't Drive Here "Manila" (SC) (DVS)		Highway Thru Hell "New Hell, Old Hell"		How It's Made		How It's Made		Overhaul'n "Victor's 1967 Ford Bronco"		Don't Drive Here "Manila" (SC) (DVS)		Don't Drive Here "Lima" (SC) (DVS)		BBQ Pit Wars (N)		Don't Drive							
HIST	522	506	American Pickers "Sicilian Standoff" (N)		Pawngraphy (N)		Pawngraphy (N)		Treasures Decoded "Great Pyramid" (N)		Dig WW2 Canada's role in the air war. (N)		Ice Road Truckers		WW2 From Space Ten tipping points of World War II. (SC)		Dig WW2 Canada's role in the air war. (N)		Pawng Stars (N)							
RDI	126	730	RDI en direct (SC)		Journal Fr. 2		Le Télé-journal	L'épicerie (SC)	La semaine verte (SC)	RDI en direct (SC)	Monde-parlait	Les persévérants		Le Télé-journal	Découverte (SC)	L'épicerie (SC)	Le Télé-journal	Monde-parlait	Le Télé-journal							
SHOW	616	521	"Indiana Jones" (1981) Harrison Ford. An archaeologist races Nazis to find a powerful relic. (N)		"Indiana Jones" (1981) Harrison Ford. An archaeologist races Nazis to find a powerful relic. (N)		Lost Girl Bo attempts an unlikely rescue. (N)		"Alien Agent" (2007, Science Fiction) Mark Dacascos, Billy Zane. (SC)		** "Indiana Jones and the Kingdom of the Crystal Skull" (2008) Harrison Ford, Cate Blanchett. (SC)															
SLICE	601	562	Online Dating Rituals of the American Male		The Singles Project "Virtually in Love" (N)		Princess "Lee" (N)	Princess "Katie" (N)	Ex-Wives of Rock	Ex-Wives of Rock	Mob Wives (Season Premiere) (N) (SC)	** "This Means War" (2012) Reese Witherspoon. Two CIA agents battle over the same woman. (N) (SC)		** "How Do You Know" (2010) (N) (SC)												
SPIKE	628	584	Cops (N) (SC)		Cops (N) (SC)		Cops (N) (SC)		Cops (N) (SC)		Cops (N) (SC)		Cops (N) (SC)		Cops (N) (SC)		Cops (N) (SC)		Cops (N) (SC)							
TLC	521	560	Dates From Hell		Dates From Hell		Dates From Hell		Dates From Hell		Dateline: Real Life Mysteries (N) (SC)		Dateline: Real Life Mysteries (N) (SC)		Dateline: Real Life Mysteries (N) (SC)		(:01) Dateline: Real Life Mysteries (N) (SC)		(:02) Dateline: Real Life Mysteries (SC)		Dateline: Real Life					
TSN	400	400	(12:00) 2014 U.S. Open Tennis Men's Semifinals. (N) (Live) (SC)		Tennis Men's Semifinals		SportsCentre (N) (Live) (SC)		CFL Football Calgary Stampeders at Edmonton Eskimos. From Commonwealth Stadium in Edmonton. (N) (Live) (SC)		MLS Soccer D.C. United at Vancouver Whitecaps FC. (N) (Live) (SC)		SportsCentre													
YOUTH	551	542	Parents		Parents		Parents		Assembly		Under.		Funny Home Videos		*** "Dolphin Tale" (2011) Harry Connick Jr. (SC)		Boys		Haunting		Haunting		Dolphin			

# Your week on TV

SUNDAY DAYTIME													SEPTEMBER 7, 2014				
Bell	Star	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30
WCAX	3	-	-	Channel 3 News Sunday Morning (N)	CBS News Sunday Morning (N) (LIVE)	Face the Nation (N) (LIVE)	Game Changers	The NFL Today (N) (LIVE)	The NFL Today (N) (LIVE)	The NFL Today (N) (LIVE)	The NFL Today (N) (LIVE)	The NFL Today (N) (LIVE)	The NFL Today (N) (LIVE)	The NFL Today (N) (LIVE)	The NFL Today (N) (LIVE)	The NFL Today (N) (LIVE)	The NFL Today (N) (LIVE)
WPTZ	5	-	-	Today Mario Armstrong. (N) (LIVE)	Meet the Press (N) (LIVE)	On the Money (N)	Homeowner	Paid Program	Paid Program	The Closer "Half Load" (LIVE)	Paid Program	Ryder Cup	PGA Tour Golf BMW Championship, Final Round. (N) (LIVE)	PGA Tour Golf BMW Championship, Final Round. (N) (LIVE)	PGA Tour Golf BMW Championship, Final Round. (N) (LIVE)	PGA Tour Golf BMW Championship, Final Round. (N) (LIVE)	PGA Tour Golf BMW Championship, Final Round. (N) (LIVE)
CBMT	6	206	301	Coronation Street (N)	Coronation Street (N)	Coronation Street (N)	Coronation Street (N)	Coronation Street (N)	Marketplace (N)	Our Montreal Host Sonali Karnick. (LIVE)	Maamuitau	Mansbridge	Q With Jian Ghomeshi (N) (LIVE)	The Nature of Things "The Autism Enigma"	Steven and Chris (LIVE)	Steven and Chris (LIVE)	Steven and Chris (LIVE)
CHLT	7	107	718	(6:00) Salut, bonjour! Week-end (N) (SC)	** "Enfin veuve" (2007, Com. Sentimentale) Michèle Laroque, Jacques Gamblin. (DVS) (SC)	TVA nouvelles (N)	La victoire de l'amour	Qu'est-ce qu'Infopublicité (SC)	Rachid	*** "Nos voisins les hommes" (2006) Voices of Bruce Willis. (SC)	World of X Games (N) (LIVE)	WNBA Basketball	World of X Games (N) (LIVE)	World of X Games (N) (LIVE)	World of X Games (N) (LIVE)	World of X Games (N) (LIVE)	World of X Games (N) (LIVE)
WMTW	8	-	-	Good Morning America (N) (LIVE)	This Week W/ George Stephanopoulos	This Old House (N)	Teen Kids News (N)	Made in Hollywood	10 Minute Workout	Explore	Fast Joint Relief	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program
CKSH	9	108	-	Les roitronics	Doigts croisés (SC)	Gawayn (SC)	Erky Perky (SC)	Le Jour du Seigneur (Season Premiere) (N)	Découverte Les professeurs de l'océan.	Telejournal	La semaine verte (SC)	Second Regard (N)	Zone doc "100 ans du Royal 22e Régiment"	** "Sweet Home Alabama" (2002)	PGA Tour Golf BMW Championship, Final Round. (N) (LIVE)	PGA Tour Golf BMW Championship, Final Round. (N) (LIVE)	PGA Tour Golf BMW Championship, Final Round. (N) (LIVE)
CKMI	11	-	-	Fishful Thinking	Focus Montreal	What's In a Name? (SC)	Lorna Dueck	Joel Osteen	Paid Program	Ancestors in the Attic	Focus Montreal	16x9 (LIVE)	The Simpsons (N) (LIVE)	The Simpsons (N) (LIVE)	PGA Tour Golf BMW Championship, Final Round. (N) (LIVE)	PGA Tour Golf BMW Championship, Final Round. (N) (LIVE)	PGA Tour Golf BMW Championship, Final Round. (N) (LIVE)
CFCF	12	205	312	App Central	Atmos. Miracle	Paid Program	Paid Program	Trucker TV (N) (LIVE)	Church of the Rock	Question Period (Season Premiere) (N) (LIVE)	SportsCentre (N) (LIVE)	NFL Football (N) (LIVE)	NFL Football (N) (LIVE)	NFL Football (N) (LIVE)	NFL Football (N) (LIVE)	NFL Football (N) (LIVE)	NFL Football (N) (LIVE)
WVNY	22	-	-	Good Morning America (N) (LIVE)	This Week W/ George Stephanopoulos	Key of David	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Fast Joint Relief	Paid Program	Paid Program	World of X Games (N) (LIVE)	WNBA Basketball
WUTV	60	-	-	Earnest Angley	FOX News Sunday With Chris Wallace (N)	Key of David	Proactiv - FREE S&H	Cleanest Homes!	Crowd Funder	FOX NFL Sunday (N) (LIVE)	NFL Football	NFL Football	NFL Football	NFL Football	NFL Football	NFL Football	NFL Football
CFKS	61	106	726	Aubaines & cie (N)	Trucs & cie (N)	RPM (SC)	Puissance 3 (SC)	Par-dessus le Rire et délire (SC)	** "Mesures extrêmes" (1996, Suspense) Hugh Grant, Gene Hackman, Sarah Jessica Parker.	"Tequila Sunrise"	FOX NFL Sunday (N) (LIVE)	NFL Football	NFL Football	NFL Football	NFL Football	NFL Football	NFL Football
WUHF	-	363	-	Paid Program	Key of David	FOX News Sunday With Chris Wallace (N)	Paid Program	Paid Program	Pregame	Rochester Press Box	FOX NFL Sunday (N) (LIVE)	NFL Football	NFL Football	NFL Football	NFL Football	NFL Football	NFL Football
WETK	-	-	-	Perfect Health	50s and 60s Rock Rewind (My Music) scene of the 1950s and 1960s. (DVS)	The pop scene of the 1950s and 1960s. (DVS)	30 Days to a Younger Heart With Dr. Steven Masley, MD (LIVE)	Suze Orman's Financial Solutions for You Finding	Solutions for You Finding	John Sebastian Presents: Folk Rewind (My Music) Artists of the 1950s and '60s. (LIVE)	John Sebastian Presents: Folk Rewind (My Music) Artists of the 1950s and '60s. (LIVE)	John Sebastian Presents: Folk Rewind (My Music) Artists of the 1950s and '60s. (LIVE)	John Sebastian Presents: Folk Rewind (My Music) Artists of the 1950s and '60s. (LIVE)	John Sebastian Presents: Folk Rewind (My Music) Artists of the 1950s and '60s. (LIVE)	John Sebastian Presents: Folk Rewind (My Music) Artists of the 1950s and '60s. (LIVE)	John Sebastian Presents: Folk Rewind (My Music) Artists of the 1950s and '60s. (LIVE)	John Sebastian Presents: Folk Rewind (My Music) Artists of the 1950s and '60s. (LIVE)
WCFE	-	-	-	France 24 News (N)	CrossTalk (N)	World Affairs Today (N)	Global Ethics	After 10	Taiwan Outlook (N) (LIVE)	Close up	In the Newsroom	Comhrá	Sean-Nós	Timpeall na Féilte	Don Matteo	Don Matteo	Don Matteo
A&E	615	520	-	Criminal Minds "Memoriam" (LIVE)	Criminal Minds Solving a murder in reverse.	Criminal Minds "52 Pickup" (LIVE)	**** "GoodFellas" (1990, Crime Drama) Robert De Niro, Ray Liotta. An Irish-Italian hood joins the 1950s New York Mafia. (LIVE)	(:15) *** "Black Hawk Down" (2001) Josh Hartnett, Ewan McGregor. Premiere. (LIVE)	(:15) *** "Black Hawk Down" (2001) Josh Hartnett, Ewan McGregor. Premiere. (LIVE)	(:15) *** "Black Hawk Down" (2001) Josh Hartnett, Ewan McGregor. Premiere. (LIVE)	(:15) *** "Black Hawk Down" (2001) Josh Hartnett, Ewan McGregor. Premiere. (LIVE)	(:15) *** "Black Hawk Down" (2001) Josh Hartnett, Ewan McGregor. Premiere. (LIVE)	(:15) *** "Black Hawk Down" (2001) Josh Hartnett, Ewan McGregor. Premiere. (LIVE)	(:15) *** "Black Hawk Down" (2001) Josh Hartnett, Ewan McGregor. Premiere. (LIVE)	(:15) *** "Black Hawk Down" (2001) Josh Hartnett, Ewan McGregor. Premiere. (LIVE)	(:15) *** "Black Hawk Down" (2001) Josh Hartnett, Ewan McGregor. Premiere. (LIVE)	(:15) *** "Black Hawk Down" (2001) Josh Hartnett, Ewan McGregor. Premiere. (LIVE)
BRAVO	620	523	-	Missing Jess must reconsider her future. (LIVE)	Twice in a Lifetime "The Choice" (LIVE)	Flashpoint "First in Line" (LIVE)	Missing Jess must reconsider her future. (LIVE)	Unforgettable (LIVE)	** "Robin Hood" (2010, Adventure) Russell Crowe, Cate Blanchett. Robin and his men battle the Sheriff of Nottingham. (LIVE)	** "Robin Hood" (2010, Adventure) Russell Crowe, Cate Blanchett. Robin and his men battle the Sheriff of Nottingham. (LIVE)	** "Robin Hood" (2010, Adventure) Russell Crowe, Cate Blanchett. Robin and his men battle the Sheriff of Nottingham. (LIVE)	** "Robin Hood" (2010, Adventure) Russell Crowe, Cate Blanchett. Robin and his men battle the Sheriff of Nottingham. (LIVE)	** "Robin Hood" (2010, Adventure) Russell Crowe, Cate Blanchett. Robin and his men battle the Sheriff of Nottingham. (LIVE)	** "Robin Hood" (2010, Adventure) Russell Crowe, Cate Blanchett. Robin and his men battle the Sheriff of Nottingham. (LIVE)	** "Robin Hood" (2010, Adventure) Russell Crowe, Cate Blanchett. Robin and his men battle the Sheriff of Nottingham. (LIVE)	** "Robin Hood" (2010, Adventure) Russell Crowe, Cate Blanchett. Robin and his men battle the Sheriff of Nottingham. (LIVE)	** "Robin Hood" (2010, Adventure) Russell Crowe, Cate Blanchett. Robin and his men battle the Sheriff of Nottingham. (LIVE)
CNN	500	500	-	New Day	Politics	State of the Union	Fareed Zakaria GPS	Reliable Sources (N)	State of the Union	Fareed Zakaria GPS	CNN Newsroom (N)	CNN Newsroom (N)	CNN Newsroom (N)	CNN Newsroom (N)	CNN Newsroom (N)	CNN Newsroom (N)	CNN Newsroom (N)
DISC	520	505	-	Deadliest Catch "Darwin's Law" (LIVE)	Deadliest Catch "Against the Law" (LIVE)	Deadliest Catch "On the Rocks" (LIVE)	Deadliest Catch Fishing is halted. (LIVE)	Deadliest Catch "Lost at Sea" (LIVE)	Deadliest Catch "Cornelia Marie Blue" (LIVE)	Deadliest Catch "Skipper Harris in Training"	Deadliest Catch "A major hydraulic leak. (LIVE)	Deadliest Catch "A major hydraulic leak. (LIVE)	Deadliest Catch "A major hydraulic leak. (LIVE)	Deadliest Catch "A major hydraulic leak. (LIVE)	Deadliest Catch "A major hydraulic leak. (LIVE)	Deadliest Catch "A major hydraulic leak. (LIVE)	Deadliest Catch "A major hydraulic leak. (LIVE)
HIST	522	506	-	Paid Program	Paid Program	Paid Program	Paid Program	Pawn Stars	Pawn Stars	American Pickers "London Calling" (LIVE)	Counting Cars	Counting Cars	Restoration	Restoration	Restoration	Restoration	Restoration
RDI	126	730	-	(5:30) RDI matin weekend	RDI en direct (SC)	L'épicerie (SC)	Le Téléjournal	Découverte (SC)	RDI en direct (SC)	RDI en direct (SC)	RDI en direct (SC)	RDI en direct (SC)	RDI en direct (SC)	RDI en direct (SC)	RDI en direct (SC)	RDI en direct (SC)	RDI en direct (SC)
SHOW	616	521	-	Paid Program	Paid Program	Paid Program	Paid Program	Working the Engels	Rookie Blue "Blink" A holdup at a diner. (LIVE)	NCIS "Anonymous Was a Woman" (LIVE)	Outlander "Castle Leoch" Claire is taken to meet the Laird. (LIVE)	Outlander "Castle Leoch" Claire is taken to meet the Laird. (LIVE)	Outlander "Castle Leoch" Claire is taken to meet the Laird. (LIVE)	Outlander "Castle Leoch" Claire is taken to meet the Laird. (LIVE)	Outlander "Castle Leoch" Claire is taken to meet the Laird. (LIVE)	Outlander "Castle Leoch" Claire is taken to meet the Laird. (LIVE)	Outlander "Castle Leoch" Claire is taken to meet the Laird. (LIVE)
SLICE	601	562	-	Paid Program	Paid Program	Million Dollar Listing New York (LIVE)	Million Dollar Listing Miami (LIVE)	Friends (LIVE)	Friends (LIVE)	Friends (LIVE)	Friends (LIVE)	Friends (LIVE)	Friends (LIVE)	Friends (LIVE)	Friends (LIVE)	Friends (LIVE)	Friends (LIVE)
SPIKE	628	584	-	Body Beast	Paid Program	Off Road	Engine Power	Truck Tech	Detroit Muscle	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue
TLC	521	560	-	(7:00) Paid Program	21 Day Fix (LIVE)	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress
TSN	400	400	-	(7:55) Formula One Racing Italian Grand Prix. From Autodromo di Monza in Monza, Italy. (N)	NFL Countdown (N) (LIVE)	NFL Countdown (N) (LIVE)	NFL Countdown (N) (LIVE)	NFL Countdown (N) (LIVE)	NFL Countdown (N) (LIVE)	NFL Countdown (N) (LIVE)	NFL Countdown (N) (LIVE)	NFL Countdown (N) (LIVE)	NFL Countdown (N) (LIVE)	NFL Countdown (N) (LIVE)	NFL Countdown (N) (LIVE)	NFL Countdown (N) (LIVE)	NFL Countdown (N) (LIVE)
YOUTH	551	542	-	Pet Shop	Eloise Goes to School	Victorious	Victorious	Hathaways	Thunder	Mr. Young	Under.	Cook'd (LIVE)	Next Star	Next Star	Next Star	Next Star	Next Star

SUNDAY EVENING													SEPTEMBER 7, 2014					
Bell	Star	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX	3	-	-	NFL Football	2014 U.S. Open Tennis Women's Final. From the USTA National Tennis Center in Flushing, N.Y. (N) (LIVE)	60 Minutes (N) (LIVE)	(:01) Big Brother New heads of households.	Unforgettable "True Identity" (N) (LIVE)	Reckless "And So It Begins" (N) (LIVE)	Channel 3 News	CSI: Miami "Point of Impact" (LIVE)	CSI: Miami "Point of Impact" (LIVE)	CSI: Miami "Point of Impact" (LIVE)	CSI: Miami "Point of Impact" (LIVE)	CSI: Miami "Point of Impact" (LIVE)	CSI: Miami "Point of Impact" (LIVE)	CSI: Miami "Point of Impact" (LIVE)	CSI: Miami "Point of Impact" (LIVE)
WPTZ	5	-	-	(2:00) PGA Tour Golf BMW Championship, Final Round. (N) (LIVE)	News-Channel 5	Nightly News	Football Night in America (N) (LIVE)	(:20) NFL Football Indianapolis Colts at Denver Broncos. Peyton Manning and the Broncos host Andrew Luck and the Colts. (N)	Newschannel 5	"Witch Mount"	Newschannel 5	"Witch Mount"	Newschannel 5	"Witch Mount"	Newschannel 5	"Witch Mount"	Newschannel 5	"Witch Mount"
CBMT	6	206	301	*** "Harry Potter and the Order of the Phoenix" (2007) Daniel Radcliffe. Harry prepares a group of students to fight Voldemort. (LIVE)	*** "Cris et coups de pied" (2005) Will Ferrell, Robert Duvall, Mike Ditka. (DVS) (SC)	TVA nouvelles (N)	Bloopers TVA 29	L'été indien (Series Premiere) Céline Dion. (N)	Le Dôme "Coups du monde" (N) (SC)	TVA nouvelles (N)	** "Parfait inconnu" (2007, Suspense) Halle Berry, Bruce Willis. (DVS) (SC)	** "Parfait inconnu" (2007, Suspense) Halle Berry, Bruce Willis. (DVS) (SC)	** "Parfait inconnu" (2007, Suspense) Halle Berry, Bruce Willis. (DVS) (SC)	** "Parfait inconnu" (2007, Suspense) Halle Berry, Bruce Willis. (DVS) (SC)	** "Parfait inconnu" (2007, Suspense) Halle Berry, Bruce Willis. (DVS) (SC)	** "Parfait inconnu" (2007, Suspense) Halle Berry, Bruce Willis. (DVS) (SC)	** "Parfait inconnu" (2007, Suspense) Halle Berry, Bruce Willis. (DVS) (SC)	** "Parfait inconnu" (2007, Suspense) Halle Berry, Bruce Willis. (DVS) (SC)
CHLT	7	107	718	(3:30) WNBA Basketball Finals, Game 1 -- TBA at Phoenix Mercury. (N) (LIVE)	WMTW News 8	World News	The ABC's of School-house Rock (N) (LIVE)	Wipeout "Fraternity vs Sorority, Tournament of Champions" (Season Finale) (N) (LIVE)	Shark Tank (N) (LIVE)	WMTW News 8	CSI: Miami "Point of Impact" (LIVE)	CSI: Miami "Point of Impact" (LIVE)	CSI: Miami "Point of Impact" (LIVE)	CSI: Miami "Point of Impact" (LIVE)	CSI: Miami "Point of Impact" (LIVE)	CSI: Miami "Point of Impact" (LIVE)	CSI: Miami "Point of Impact" (LIVE)	
CKSH	9	108	-	(3:00) ** "Sweet Home Alabama"	Les chefs! La revanche (SC)	Le Téléjournal (N)	Découverte 1 de 3 (SC)	Dieu-Lafrique	Félix, je me souviens Avec Diane Dufresne. (SC)	Fiori revient!	Le Téléjournal (N)	"Laurence Anyways" (2012, Drame) Melvil Poupaud, Suzanne Clément. (SC)	"Laurence Anyways" (2012, Drame) Melvil Poupaud, Suzanne Clément. (SC)	"Laurence Anyways" (2012, Drame) Melvil Poupaud, Suzanne Clément. (SC)	"Laurence Anyways" (2012, Drame) Melvil Poupaud, Suzanne Clément. (SC)	"Laurence Anyways" (2012, Drame) Melvil Poupaud, Suzanne Clément. (SC)	"Laurence Anyways" (2012, Drame) Melvil Poupaud, Suzanne Clément. (SC)	
CKMI	11	-	-	(2:00) PGA Tour Golf BMW Championship, Final Round. (N) (LIVE)	Evening News (N)	Global National	The Simpsons (N) (LIVE)	The Simpsons (N) (LIVE)	(:01) Big Brother New heads of households.	Family Guy	The Simpsons (N) (LIVE)	Reckless "And So It Begins" (N) (LIVE)	News Final	Ancestors/Attic	PGA Tour Canada	PGA Tour Canada	PGA Tour Canada	
CFCF	12	205	312	SportsCentre	NFL Football (LIVE)	NFL Football (LIVE)	CTV News (N) (LIVE)	Unforgettable "True Identity" (N) (LIVE)	Castle "That '70s Show" (N) (LIVE)	Shark Tank (N) (LIVE)	Shark Tank (N) (LIVE)	Shark Tank (N) (LIVE)	Shark Tank (N) (LIVE)	Shark Tank (N) (LIVE)	Shark Tank (N) (LIVE)	Shark Tank (N) (LIVE)	Shark Tank (N) (LIVE)	
WVNY	22	-	-	(3:30) WNBA Basketball Finals, Game 1 -- TBA at Phoenix Mercury. (N) (LIVE)	World News	ABC 22 News (N)	The ABC's of School-house Rock (N) (LIVE)	Wipeout "Fraternity vs Sorority, Tournament of Champions" (Season Finale) (N) (LIVE)	Shark Tank (N) (LIVE)	Local News	Private Practice "Equal and Opposite"	Private Practice "Equal and Opposite"	Private Practice "Equal and Opposite"	Private Practice "Equal and Opposite"	Private Practice "Equal and Opposite"	Private Practice "Equal and Opposite"	Private Practice "Equal and Opposite"	
WUTV	60	-	-	NFL Football	(:25) NFL Football Regional Coverage. Carolina Panthers at Tampa Bay Buccaneers or San Francisco 49ers at Dallas Cowboys. (N)	The OT (N)	Utopia "Series Premiere, Part One" Fifteen Americans begin the experiment. (LIVE)	WHAM News	Buffalo Bills Postgame	Paid Program	Arsenio Hall	Arsenio Hall	Arsenio Hall	Arsenio Hall	Arsenio Hall	Arsenio Hall	Arsenio Hall	
CFKS	61	106	726	(3:30) ** "Tequila Sunrise" (1988, Policier) Mel Gibson, Michelle Pfeiffer, Kurt Russell.	*** "Le Fugitif" (1993, Suspense) Harrison Ford. Un fugitif traqué recherche l'assassin de sa femme.	(:45) ** "Des hommes de loi" (1998) Tommy Lee Jones, Wesley Snipes. Un shérif poursuit un évadé accusé du meurtre d'agents.	L'instant gagnant (N)	L'instant gagnant (N)	L'instant gagnant (N)	L'instant gagnant (N)	L'instant gagnant (N)	L'instant gagnant (N)	L'instant gagnant (N)	L'instant gagnant (N)	L'instant gagnant (N)	L'instant gagnant (N)	L'instant gagnant (N)	
WUHF	-	363	-	NFL Football	(:25) NFL Football San Francisco 49ers at Dallas Cowboys. (N) (LIVE)	The OT (N)	Utopia "Series Premiere, Part One" Fifteen Americans begin the experiment. (LIVE)	WHAM News	Buffalo Bills Postgame	Paid Program	Arsenio Hall	Arsenio Hall	Arsenio Hall	Arsenio Hall	Arsenio Hall	Arsenio Hall	Arsenio Hall	
WETK	-	-	-	Return to Downton Abbey A look back at "Downton Abbey." (LIVE)	Moments to Remember: My Music 1950s and '60s hits. (LIVE)	PBS Previews: The Roosevelts (N) (LIVE)	Ed Sullivan's Top Performers 1966-1969 (My Music) Hits from the 1960s. (LIVE)	John Sebastian Presents: Folk Rewind (My Music) (LIVE)	John Sebastian Presents: Folk Rewind (My Music) (LIVE)	John Sebastian Presents: Folk Rewind (My Music) (LIVE)	John Sebastian Presents: Folk Rewind (My Music) (LIVE)	John Sebastian Presents: Folk Rewind (My Music) (LIVE)	John Sebastian Presents: Folk Rewind (My Music) (LIVE)	John Sebastian Presents: Folk Rewind (My Music) (LIVE)	John Sebastian Presents: Folk Rewind (My Music) (LIVE)	John Sebastian Presents: Folk Rewind (My Music) (LIVE)	John Sebastian Presents: Folk Rewind (My Music) (LIVE)	
WCFE	-	-	-	Don Matteo	RT News (N) (LIVE)	Journal (N) (LIVE)	News-week-Asia	South Asia Fo	France 24 News (N) (LIVE)	RT News (N) (LIVE)	Newsline (N) (LIVE)	The Young Montalbano "Back to Basics" A new detective arouses suspicion. (N)	Americas Now (N)	Montalbano	Montalbano	Montalbano	Montalbano	
A&E	615	520	-	(2:15) *** "Black Hawk Down"	Epic Ink (LIVE)	Epic Ink (LIVE)	Brandi & Jarrod	Brandi & Jarrod	Duck Dynasty (LIVE)	Duck Dynasty (LIVE)	Duck Dynasty (LIVE)	Duck Dynasty (LIVE)	Duck Dynasty (LIVE)	Duck Dynasty (LIVE)	Duck Dynasty (LIVE)	Duck Dynasty (LIVE)	Duck Dynasty (LIVE)	
BRAVO	620	523	-	*** "The Bourne Supremacy" (2004, Suspense) Matt Damon, Franka Potente. (LIVE)	*** "Rudy" (1993) Sean Astin, Ned Beatty. A working-class teen dreams of admission to Notre Dame. (LIVE)	People's Couch	** "Robin Hood" (2010, Adventure) Russell Crowe, Cate Blanchett. Robin and his men battle the Sheriff of Nottingham. (LIVE)	"The Patriot" (LIVE)	"The Patriot" (LIVE)	"The Patriot" (LIVE)	"The Patriot" (LIVE)	"The Patriot" (LIVE)	"The Patriot" (LIVE)	"The Patriot" (LIVE)	"The Patriot" (LIVE)	"The Patriot" (LIVE)	"The Patriot" (LIVE)	
CNN	500	500	-	CNN Newsroom (N)	CNN Newsroom (N)	CNN Newsroom (N)	CNN Special Report	The Hunt	Death Row Stories	Death Row Stories	Death Row Stories	Death Row Stories	Death Row Stories	Death Row Stories	Death Row Stories	Death Row Stories	Death Row Stories	
DISC	520	505	-	Deadliest Catch The fleet has doubts. (LIVE)	Deadliest Catch "Women Drivers" (LIVE)	Deadliest Catch (LIVE)	Deadliest Catch "Breaking Mandy" (LIVE)	Deadliest Catch "Saboteur" (LIVE)	Deadliest Catch An arctic hurricane strikes the fleet. (LIVE)	Deadliest Catch (N) (LIVE)	Overhaul-in" (LIVE)	Overhaul-in" (LIVE)	Overhaul-in" (LIVE)	Overhaul-in" (LIVE)	Overhaul-in" (LIVE)	Overhaul-in" (LIVE)	Overhaul-in" (LIVE)	
HIST	522	506	-	Counting Cars (LIVE)	Counting Cars (LIVE)	Pawn Stars (LIVE)	Pawn Stars (LIVE)	Restoration	Restoration	Pawn Stars (LIVE)	Pawn Stars (LIVE)	Mountain Men "Winter's Wrath" (LIVE)	The Hunt "Night Stalker" (N) (LIVE)	Ice Road Truckers "Rushin' Roulette" (LIVE)	Pawn Stars (LIVE)	Pawn Stars (LIVE)	Pawn Stars (LIVE)	
RDI	126	730	-	RDI en direct (SC)	Journal France 2	Le Téléjournal	Monde-parlait	Grands reportages "Visa de départ"	RDI en direct (SC)	RDI en direct (SC)	Les persévérants	Le Téléjournal	Découverte (SC)	Second Regard	Le Téléjournal	L'épicerie (SC)	Le Téléjournal	
SHOW	616	521	-	"Indiana Jones"	** "Indiana Jones and the Kingdom of the Crystal Skull" (2008) Harrison Ford, Cate Blanchett. (LIVE)	Rookie Blue "Blink" A holdup at a diner. (LIVE)	"Anatomy of Deception" (2014, Drama) Natasha Henstridge, Lochlyn Munro. (LIVE)	Outlander "The Way Out" Claire hopes to escape Castle Leoch. (LIVE)	NCIS "Anonymous Was a Woman" (LIVE)	NCIS "Anonymous Was a Woman" (LIVE)	NCIS "Anonymous Was a Woman" (LIVE)	NCIS "Anonymous Was a Woman" (LIVE)	NCIS "Anonymous Was a Woman" (LIVE)	NCIS "Anonymous Was a Woman" (LIVE)	NCIS "Anonymous Was a Woman" (LIVE)	NCIS "Anonymous Was a Woman" (LIVE)	NCIS "Anonymous Was a Woman" (LIVE)	
SLICE	601	562	-	(3:30) ** "How Do You Know" (2010) Reese Witherspoon, Owen Wilson. (LIVE)	A Stranger in My Home (LIVE)	Handsome Devils "Hurricane Love" (LIVE)	Ex-Wives of Rock	Ex-Wives of Rock	The Real Housewives of New Jersey (N) (LIVE)	The Real Housewives of New Jersey (N) (LIVE)	Ex-Wives of Rock	Ex-Wives of Rock	Ex-Wives of Rock	Ex-Wives of Rock	Ex-Wives of Rock	Ex-Wives of Rock	Ex-Wives of Rock	
SPIKE	628	584	-	(3:47) Bar Rescue "Meat Sauna" (LIVE)	(4:51) Bar Rescue "A Bar Full of Bull" (LIVE)	(5:55) Bar Rescue (LIVE)	Bar Rescue "Brawlin' Babes" (LIVE)	Bar Rescue "Disaster ignites in the kitchen."	Hungry Investors "Crying Po'boy" (LIVE)	Bar Rescue "Score-board to Death" (LIVE)	Bar Rescue "The Lost Episode" (LIVE)	Hungry Investors	H					

# Your week on TV

MONDAY EVENING												SEPTEMBER 8, 2014			
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX	3	(5:00) 2014 U.S. Open Tennis Men's Final. From the USTA National Tennis Center in Flushing, N.Y. (N) [RE]				<b>The Big Bang Theory</b> [RE]	<b>Mom</b> (N) [RE]	<b>Two and a Half Men</b> (N) [RE]	<b>Two and a Half Men</b> (N) [RE]	<b>Under the Dome "Black Ice"</b> (N) [RE]		<b>Channel 3 News</b>	(:35) <b>Late Show With David Letterman</b> (N) [RE]		
WPTZ	5	<b>NewsChannel 5 at 6PM</b> (N)	<b>NBC Nightly News</b> (N) [RE]	<b>Jeopardy!</b> [RE]	<b>Wheel of Fortune</b> [RE]	<b>Running Wild With Bear Grylls "Deion Sanders"</b> (N)		<b>American Ninja Warrior "National Finals in Vegas"</b> The finals course in Las Vegas. (N) [RE] (DVS)				<b>Newschannel 5 Nightcast</b>	(:34) <b>The Tonight Show Starring Jimmy Fallon</b> (N) [RE]		
CBMT	6	206 301 <b>CBC News: Montreal</b> (N)	<b>Coronation Street</b> (N) [RE]	<b>Murdoch Mysteries "Let Loose the Dogs"</b> [RE]		<b>Murdoch Mysteries</b> (N) [RE] (DVS)		<b>Cracked "The Hold Out"</b> The scene of an explosion. [RE]		<b>The National</b> (N) [RE]		<b>CBC News: Montreal</b>	<b>Rick Mercer Report</b> [RE]	<b>22 Minutes</b> [RE]	
CHLT	7	107 718 (5:56) <b>TVA nouvelles</b> (N)	<b>Le tricheur</b> (N) (SC)	<b>Tranches de vie</b> (SC)	<b>Bloopers TVA XXVI</b> (SC)	<b>Yamaska Philippe est sur une pente descendante.</b>		<b>Toute la vérité</b> (Season Premiere) (N) (SC)		<b>TVA nouvelles</b> (:35) <b>Denis Lévesque</b> (N) (SC)		(:35) <b>Signé M</b> (SC)	<b>"Goya et ses fantômes"</b>		
WMTW	8	- - <b>WMTW News 8 at 6PM</b> (N)	<b>ABC World News</b>	<b>Wheel of Fortune</b> [RE]	<b>Jeopardy!</b> [RE]	<b>Bachelor in Paradise</b> (Season Finale) The couples go on overnight dates. (N) [RE]		<b>Bachelor in Paradise</b> (Season Finale) The couples go on overnight dates. (N) [RE]		(:01) <b>Shark Tank</b> An 11-year-old who handcrafts bow ties.		<b>WMTW News 8 at 11</b> (N)	(:35) <b>Jimmy Kimmel Live</b> (N) [RE]		
CKSH	9	108 - <b>Le Téléjournal/Estrie</b>	<b>TJ-Grand Mtl</b>	<b>30 vies</b> (N) (SC)	<b>Les Parent</b> (SC)	<b>Les chefs! La revanche</b> (Season Finale) (N) (SC)		<b>Nouvelle adresse "L'annonce"</b> (Series Premiere) (N)		<b>Le Téléjournal</b> (N) (SC)		<b>Pour le plaisir</b> (SC)	<b>Second Regard</b> (SC)		
CKMI	11	- - (5:59) <b>Evening News</b> (N)	<b>Global National</b> (N) [RE]	<b>ET Canada</b>	<b>Entertainment Tonight</b> [RE]	<b>Running Wild With Bear Grylls "Deion Sanders"</b> (N)		<b>Hotel Hell</b> Murphy's Hotel in Northern California. [RE]		<b>Under the Dome "Black Ice"</b> (N) [RE]		<b>News Final</b> [RE]	<b>ET Canada</b>	<b>Weird or What?</b>	
CFCF	12	205 312 <b>CTV News</b> (N) [RE]		<b>etalk</b> (N) [RE]	<b>The Big Bang Theory</b> [RE]	<b>MasterChef "Top 5 Compete; Top 4 Compete"</b> Guests join the cooks in the kitchen. (N) [RE] (DVS)		<b>MasterChef "Top 5 Compete; Top 4 Compete"</b> Guests join the cooks in the kitchen. (N) [RE] (DVS)		<b>Castle</b> A motorcyclist shoots a skateboarder. [RE]		<b>News-Lisa</b>	<b>CTV News</b> (N) [RE]	<b>Daily Show/ Jon Stewart</b>	
WVNY	22	- - <b>ABC 22 News</b> (N)	<b>ABC World News</b>	<b>ABC 22 News</b> (N)	<b>Inside Edition</b> (N) [RE]	<b>Bachelor in Paradise</b> (Season Finale) The couples go on overnight dates. (N) [RE]		<b>Bachelor in Paradise</b> (Season Finale) The couples go on overnight dates. (N) [RE]		(:01) <b>Shark Tank</b> An 11-year-old who handcrafts bow ties.		<b>ABC 22 News</b> (N)	(:35) <b>Jimmy Kimmel Live</b> (N) [RE]		
WUTV	30	- - <b>The Big Bang Theory</b> [RE]	<b>Judge Judy</b> [RE]	<b>Judge Judy</b> [RE]	<b>Two and a Half Men</b> [RE]	<b>MasterChef "Top 5 Compete; Top 4 Compete"</b> Guests join the cooks in the kitchen. (N) [RE] (DVS)		<b>MasterChef "Top 5 Compete; Top 4 Compete"</b> Guests join the cooks in the kitchen. (N) [RE] (DVS)		<b>2 on Your Side</b> [RE]	<b>Two and a Half Men</b> [RE]	<b>The Simpsons</b> [RE]	<b>How I Met Your Mother</b> [RE]	<b>The Middle</b> [RE]	
CFKS	31	106 726 <b>Atomes crochus</b> (N)	<b>Souper parfait</b>	<b>Les détestables</b> (N)	<b>Les détestables</b>	<b>Allume-moi!</b> (N)		<b>Le mentaliste</b> L'enquête concernant John le Rouge. (N)		<b>Taxi payant</b> (SC)	<b>Taxi payant</b> (SC)	<b>Un gars le soir</b>	<b>L'instant gagnant</b> (N)		
WUHF	-	363 <b>Modern Family</b> [RE]	<b>Modern Family</b> [RE]	<b>The Big Bang Theory</b> [RE]	<b>The Big Bang Theory</b> [RE]	<b>MasterChef "Top 5 Compete; Top 4 Compete"</b> Guests join the cooks in the kitchen. (N) [RE] (DVS)		<b>MasterChef "Top 5 Compete; Top 4 Compete"</b> Guests join the cooks in the kitchen. (N) [RE] (DVS)		<b>13WHAM News at 10 on Fox Rochester</b> (N) [RE]		<b>Seinfeld "The Pitch"</b> [RE]	<b>Seinfeld "The Dinner Party"</b> [RE]	<b>Paid Program</b> [RE]	
WETK	-	- - <b>Martha Speaks</b>	<b>WordGirl</b> [RE] (DVS)	<b>Arthur</b> (N) (EI) [RE] (DVS)	<b>Wild Kratts</b> (N) (EI) [RE]	<b>Super Skyscrapers "One World Trade Center"</b> [RE]		<b>Brazil With Michael Palin</b> (Part 1 of 4) [RE]		<b>Sudan's Secret Side "The Secret Lives of Refugees"</b>		<b>Sudan's Secret Side "The Kindness of Strangers"</b>	<b>PBS News-Hour</b> (N) [RE]		
WCFE	-	- - <b>RTE News: Six One</b> (N)	<b>South Asia Newslines</b> (N)	<b>The Debate</b> (N) (EI) [RE]		<b>RT News</b> (N) [RE]	<b>Newsline</b> (N) (EI) [RE]	<b>Don Matteo "Francesca and the Wolf"</b> (N)		<b>Don Matteo "The Carousel"</b> (N)		<b>Biz Asia America</b> (N) [RE]	<b>Don Matteo</b>		
A&E	615	520 <b>Storage Wars</b> [RE]	<b>Storage Wars</b> [RE]	<b>Storage Wars</b> [RE]	<b>Storage Wars</b> [RE]	<b>Storage Wars</b> [RE]	<b>Storage Wars</b> [RE]	<b>Storage Wars</b> [RE]	<b>Brandi &amp; Jarrod</b>	<b>Love Prison</b> Carefree bachelor meets single mother. [RE]		(:02) <b>Love Prison "Billy &amp; Jeanne"</b> [RE]	(12:01) <b>Storage Wars</b> [RE]		
BRAVO	620	523 <b>Person of Interest "Cura Te Ipsum"</b> [RE]		<b>The Listener "Crossed"</b> Toby doubts his abilities. [RE]		<b>Blue Bloods</b> A devout young woman is murdered. [RE]		<b>Dallas "Victims of Love"</b> Ewing Global goes public. (N)		<b>Cold Justice</b> Kelly and Yolanda investigate a death. [RE]		<b>The Listener "Crossed"</b> Toby doubts his abilities. [RE]	<b>Person of Interest</b> [RE]		
CNN	500	500 <b>Situation Rm</b>	<b>Crossfire</b> (N)	<b>Erin Burnett OutFront</b> (N)		<b>Anderson Cooper 360</b> (N)		<b>Anthony Bourdain Parts</b>		<b>CNN Tonight</b>		<b>Anderson Cooper 360</b> [RE]	<b>CNN</b>		
DISC	520	505 <b>How It's Made</b> [RE]	<b>How It's Made</b> [RE]	<b>Daily Planet</b> Daily science show. (N) [RE] (DVS)		<b>MythBusters</b> Explosive scenarios from Hollywood. (N) [RE]		<b>Airplane Repo</b> Mike Kennedy gathers his best team. (N) [RE]		<b>Don't Drive Here "Port-Au-Prince"</b> (N) [RE] (DVS)		<b>How It's Made</b> [RE]	<b>How It's Made</b> [RE]	<b>Airplane Repo</b> [RE]	
HIST	522	506 <b>Ice Road Truckers "Rushin' Roulette"</b> [RE]		<b>The Hunt</b> Hillary Putnam finds herself alone. [RE]		<b>Mountain Men</b> Tom faces a life-changing decision. [RE]		<b>Restoration Garage</b> Two mechanics butt heads. [RE]		<b>Counting Cars</b> (N) [RE]	<b>Counting Cars</b> (N) [RE]	<b>Restoration Garage</b> Two mechanics butt heads. [RE]	<b>Pawn Stars</b> [RE]		
RDI	126	730 <b>The National</b> (SC)	<b>RDI économie</b> (SC)	<b>24/60</b> (SC)		<b>Grands reportages "Banaz : un crime d'honneur"</b> (SC)		<b>Le Téléjournal</b> (SC)		<b>RDI économie</b> (SC)	<b>The National</b> (SC)	<b>24/60</b> (SC)	<b>Grands reportages</b>		
SHOW	616	521 <b>NCIS "Once a Crook"</b> A suspect from a 15-year-old case.		<b>Continuum</b> Students using new technology. [RE]		<b>"Til Lies Do Us Part"</b> (2007, Drama) Thomas Calabro. A woman hires a man to investigate her husband's infidelity.		<b>Death in Paradise</b> Someone is murdered at a party. [RE]		<b>NCIS "Once a Crook"</b> A suspect from a 15-year-old case.		<b>NCIS "Dead Reckoning"</b>			
SLICE	601	562 <b>Handsome Devils "Hurricane Love"</b> [RE]		<b>Handsome Devils</b> A family man hides a dark secret. [RE]		<b>Money Moron "Mike &amp; Lisa"</b> [RE]		<b>Million Dollar Listing New York</b> (N) [RE]		<b>Million Dollar Listing Miami</b> (N) [RE]		<b>Handsome Devils</b> A family man hides a dark secret. [RE]	<b>Friends</b> [RE] (DVS)		
SPIKE	628	584 (4:30) *** <b>"The Bourne Identity"</b> (2002, Suspense) Matt Damon, Franka Potente. [RE]		*** <b>"The Bourne Identity"</b> (2002, Suspense) Matt Damon, Franka Potente. [RE]		*** <b>"The Bourne Identity"</b> (2004) Matt Damon, Franka Potente. Premiere. Jason Bourne fights back when the CIA tries to kill him. [RE]		(:10) *** <b>"The Bourne Identity"</b> (2002, Suspense) Matt Damon, Franka Potente. An amnesiac agent is marked for death after a botched hit. [RE]		(:10) *** <b>"The Bourne Identity"</b> (2002, Suspense) Matt Damon, Franka Potente. An amnesiac agent is marked for death after a botched hit. [RE]		(:02) <b>19 Kids and Counting "Duggars &amp; Mothers"</b> [RE]	<b>Little People, Big World</b> [RE]		
TLC	521	560 <b>Say Yes to the Dress</b> [RE]	<b>Say Yes to the Dress</b> [RE]	<b>Long Island Medium</b> [RE]	<b>Long Island Medium</b> [RE]	<b>Angels Among Us</b> [RE]	<b>Angels Among Us</b> [RE]	<b>19 Kids and Counting "Duggars &amp; Mothers"</b> [RE]		(:01) <b>Little People, Big World "The Proposal"</b> [RE]		(:02) <b>19 Kids and Counting "Duggars &amp; Mothers"</b> [RE]	<b>Little People, Big World</b> [RE]		
TSN	400	400 (5:00) <b>NFL Monday Night Countdown</b> (N) (Live) [RE]		<b>NFL Football</b> New York Giants at Detroit Lions. Jason Pierre-Paul leads a Giants defense that hopes to contain Calvin Johnson and the Lions. (N) (Live) [RE]				(:15) <b>NFL Football</b> San Diego Chargers at Arizona Cardinals. (N) (Live) [RE]							
YOUTH	551	542 <b>Sam &amp; Cat</b>	<b>Every Witch</b>	<b>The Next Star</b>	<b>Assembly</b>	<b>Funniest Home Videos</b>		<b>Wipeout</b> [RE]		<b>Mr. Young</b> [RE]	<b>Boys</b>	<b>Haunting</b>	<b>Haunting</b>	<b>Funny Videos</b>	

TUESDAY EVENING												SEPTEMBER 9, 2014			
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX	3	- - <b>Channel 3 News at Six</b> (N)		<b>CBS Evening News/Pelley</b>	<b>Entertainment Tonight</b> (N)	<b>Big Brother</b> (N) [RE]		<b>Fashion Rocks</b> The Band Perry; Duran Duran; KISS. (N) [RE]		<b>Channel 3 News</b>		(:35) <b>Late Show With David Letterman</b> (N) [RE]			
WPTZ	5	- - <b>NewsChannel 5 at 6PM</b> (N)	<b>NBC Nightly News</b> (N) [RE]	<b>Jeopardy!</b> [RE]	<b>Wheel of Fortune</b> [RE]	<b>Food Fighters</b> A father challenges Elizabeth Falkner. [RE]		<b>America's Got Talent "Top 12"</b> The top 12 acts perform. (N) [RE]		<b>Newschannel 5 Nightcast</b>		(:34) <b>The Tonight Show Starring Jimmy Fallon</b> (N) [RE]			
CBMT	6	206 301 <b>CBC News: Montreal</b> (N)	<b>Coronation Street</b> (N) [RE]	<b>Murdoch Mysteries</b> Corpse falls to the stage. [RE]		<b>Rick Mercer Report</b> [RE]	<b>22 Minutes</b> [RE]	<b>Arctic Air "Last Drop"</b> Bruce is blamed for a death. [RE]		<b>The National</b> (N) [RE]		<b>CBC News: Montreal</b>	<b>Rick Mercer Report</b> [RE]	<b>22 Minutes</b> [RE]	
CHLT	7	107 718 (5:56) <b>TVA nouvelles</b> (N)	<b>Le tricheur</b> (N) (SC)	<b>Les gags</b> (N) (SC)	<b>Rock et Roland</b> (SC)	<b>Le Dôme</b> (SC)		<b>O' Samuel</b> annonce une mauvaise nouvelle à Gloria. (N)		<b>TVA nouvelles</b> (:35) <b>Denis Lévesque</b> (N) (SC)		(:35) <b>Signé M</b> (SC)	(12:05) ** <b>"Labyrinthe"</b>		
WMTW	8	- - <b>WMTW News 8 at 6PM</b> (N)	<b>ABC World News</b>	<b>Wheel of Fortune</b> [RE]	<b>Jeopardy!</b> [RE]	<b>Extreme Weight Loss</b> "Jeff and father and daughter try to get fit."		<b>Juliana</b> (Season Finale) A (N) [RE]		<b>Shark Tank</b> An unprecedented deal. [RE]		<b>WMTW News 8 at 11</b> (N)	(:35) <b>Jimmy Kimmel Live</b> Bill Hader; Richard Linklater. (N)		
CKSH	9	108 - <b>Le Téléjournal/Estrie</b>	<b>TJ-Grand Mtl</b>	<b>30 vies</b> (N) (SC)	<b>La facture</b> (SC)	<b>Unité 9</b> Henriette met l'Unité 9 sens dessus dessous.		<b>Mémoires vives</b> (DVS) (SC)		<b>Le Téléjournal</b> (N) (SC)		<b>Pour le plaisir</b> (SC)	<b>La facture</b> (SC)		
CKMI	11	- - (5:59) <b>Evening News</b> (N)	<b>Global National</b> (N) [RE]	<b>ET Canada</b>	<b>Entertainment Tonight</b> (N)	<b>Big Brother</b> (N) [RE]		<b>Fashion Rocks</b> The Band Perry; Duran Duran; KISS. (N) [RE]		<b>News Final</b> [RE]		<b>ET Canada</b>	<b>Weird or What?</b>		
CFCF	12	205 312 <b>CTV News</b> (N) [RE]		<b>etalk</b> (N) [RE]	<b>The Big Bang Theory</b> [RE]	<b>Criminal Minds</b> "Gabby" A 4-year-old girl goes missing. [RE]		<b>The Amazing Race Canada</b> (N) [RE] (DVS)		<b>Person of Interest "Dead Reckoning"</b> Reese is captured. [RE]		<b>News-Lisa</b>	<b>CTV News</b> (N) [RE]	<b>Daily Show/ Jon Stewart</b>	
WVNY	22	- - <b>ABC 22 News</b> (N)	<b>ABC World News</b>	<b>ABC 22 News</b> (N)	<b>Inside Edition</b> (N) [RE]	<b>Extreme Weight Loss</b> "Jeff and father and daughter try to get fit."		<b>Juliana</b> (Season Finale) A (N) [RE]		<b>Shark Tank</b> An unprecedented deal. [RE]		<b>ABC 22 News</b> (N)	(:35) <b>Jimmy Kimmel Live</b> Bill Hader; Richard Linklater. (N)		
WUTV	30	- - <b>The Big Bang Theory</b> [RE]	<b>Judge Judy</b> [RE]	<b>Judge Judy</b> [RE]	<b>Two and a Half Men</b> [RE]	<b>Utopia</b> A group works to build a civilization. (N) [RE]		<b>Hotel Hell</b> Murphy's Hotel in Northern California. [RE]		<b>2 on Your Side</b> [RE]	<b>Two and a Half Men</b> [RE]	<b>The Simpsons</b> [RE]	<b>How I Met Your Mother</b> [RE]	<b>The Middle</b> [RE]	
CFKS	31	106 726 <b>Atomes crochus</b> (N)	<b>Souper parfait</b>	<b>Taxi payant</b> (N) (SC)	<b>Trouve-moi ça!</b> (N)	*** <b>"L'espoir est à Hope Springs"</b> (2012) Meryl Streep. Un mari et sa femme vont voir un conseiller marital.		<b>Hotel Hell</b> Murphy's Hotel in Northern California. [RE]		<b>Taxi payant</b> (SC)	<b>Taxi payant</b> (SC)	<b>Un gars le soir</b>	<b>L'instant gagnant</b> (N)		
WUHF	-	363 <b>Modern Family</b> [RE]	<b>Modern Family</b> [RE]	<b>The Big Bang Theory</b> [RE]	<b>The Big Bang Theory</b> [RE]	<b>Utopia</b> A group works to build a civilization. (N) [RE]		<b>Hotel Hell</b> Murphy's Hotel in Northern California. [RE]		<b>13WHAM News at 10 on Fox Rochester</b> (N) [RE]		<b>Seinfeld "The Ticket"</b> [RE]	<b>Seinfeld "The Pie"</b> [RE]	<b>Paid Program</b> [RE]	
WETK	-	- - <b>Martha Speaks</b>	<b>WordGirl</b> [RE] (DVS)	<b>Arthur</b> (N) (EI) [RE] (DVS)	<b>Wild Kratts "Zig-Zagged"</b>	<b>The Café</b> [RE]	(:29) <b>Hebburn</b> [RE]	<b>Rev.</b> [RE]	<b>Miranda "Teacher"</b> [RE]	<b>POV "After Tiller"</b> Third trimester abortions. [RE]		<b>Film School Shorts</b> [RE]	<b>PBS News-Hour</b> (N) [RE]		
WCFE	-	- - <b>RTE News: Six One</b> (N)	<b>South Asia Newslines</b> (N)	<b>The Debate</b> (N) (EI) [RE]		<b>RT News</b> (N) (EI) [RE]	<b>Newsline</b> (N) (EI) [RE]	<b>Crime Stories</b> A farmer's son comes under suspicion. (N)		<b>Antigone 34</b> (N)		<b>Biz Asia America</b> (N)	<b>Crime Stories</b> (Part 3 of 6)		
A&E	615	520 <b>Storage Wars</b> [RE]	<b>Storage Wars</b> [RE]	<b>Storage Wars</b> [RE]	<b>Storage Wars</b> [RE]	<b>Storage Wars</b> [RE]	<b>Storage Wars</b> [RE]	<b>Storage Wars</b> [RE]	<b>Storage Wars</b> [RE]	<b>Brandi &amp; Jarrod</b>	(:32) <b>Storage Wars</b> [RE]	(:02) <b>Storage Wars</b> [RE]	(:32) <b>Storage Wars</b> [RE]	(12:01) <b>Storage Wars</b> [RE]	
BRAVO	620	523 <b>Person of Interest "Judgment"</b> [RE]		<b>The Listener</b> The source of a virus must be found. [RE]		<b>Blue Bloods</b> Two Wall Street brokers are killed. [RE]		<b>Saving Hope</b> A couple is attacked by a bear. [RE]		<b>Missing "Thin Air"</b> A woman disappears from a plane. [RE]		<b>The Listener</b> The source of a virus must be found. [RE]	<b>Person of Interest</b> [RE]		
CNN	500	500 <b>Situation Rm</b>	<b>Crossfire</b> (N)	<b>Erin Burnett OutFront</b> (N)		<b>Anderson Cooper 360</b> (N)		<b>CNN Special Report</b> (N)		<b>CNN Tonight</b> (N) (Live)		<b>Anderson Cooper 360</b> [RE]	<b>Spec'I Report</b>		
DISC	520	505 <b>How It's Made</b> [RE]	<b>How It's Made</b> [RE]	<b>Daily Planet</b> Daily science show. (N) [RE] (DVS)		<b>Bering Sea Gold</b> "Under the Ice: Gold From the Deep" (N)		<b>Highway Thru Hell Reloaded</b> (N) [RE] (DVS)		<b>Highway Thru Hell "New Hope"</b> (N) [RE] (DVS)		<b>Don't Drive Here "Port-Au-Prince"</b> [RE] (DVS)	<b>Highway Thru Hell Reloaded</b>		
HIST	522	506 <b>Hardcore Heroes</b> Joe Kittinger; Dr. John Stapp. [RE]		<b>Restoration Garage</b> Two mechanics butt heads. [RE]		<b>Pawn Stars</b> [RE]	<b>Pawn Stars</b> [RE]	<b>Pawn Stars "Whodunit?"</b> (N) [RE]		<b>Pawnography</b> (N) [RE]	<b>Pawnography</b> (N) [RE]	<b>Canadian Pickers "Bad to the Bone"</b> [RE]	<b>Pawn Stars</b> [RE]		
RDI	126	730 <b>The National</b> (SC)	<b>RDI économie</b> (SC)	<b>24/60</b> (SC)		<b>Grands reportages "NSA : les secrets dévoilés"</b> (SC)		<b>Le Téléjournal</b> (SC)		<b>Charbonneau</b>	<b>The National</b> (SC)	<b>24/60</b> (SC)	<b>Grands reportages</b>		
SHOW	616	521 <b>NCIS "Oil &amp; Water"</b> An explosion occurs on an oil rig.		<b>Continuum</b> "Revolutions Per Minute" [RE] (DVS)		<b>"Anatomy of Deception"</b> (2014) Natasha Henstridge. A lawyer considering a run for mayor is stalked by a man. [RE]		<b>Covert Affairs</b> Annie and McQuaid join forces. (N) [RE]		<b>NCIS "Oil &amp; Water"</b> An explosion occurs on an oil rig.		<b>NCIS "Toxic"</b> [RE] (DVS)			
SLICE	601	562 <b>Murder in Paradise</b> A woman goes missing. [RE] (DVS)		<b>Karma's a B-tch!</b> [RE]	<b>Karma's a B-tch!</b> [RE]	<b>The Millionaire Matchmaker</b> Matt Riviera is a pro wrestler.		<b>Southern Charm "In the Cups"</b> (N) [RE]		<b>The Real Housewives of Orange County</b> (N) [RE]		<b>Murder in Paradise</b> A woman goes missing. [RE] (DVS)	<b>Friends</b> [RE] (DVS)		
SPIKE	628	584 <b>Ink Master</b> Finalists tattoo the same canvas. [RE]		<b>Ink Master</b> "The Epic Finale" The Ink Master is crowned. [RE]		<b>Ink Master</b> Rival artists must work together. [RE]		<b>Ink Master</b> Semi-nude models; a game changing twist.		<b>Tattoo Nightmares: Miami</b>	<b>Tattoo Nightmares: Miami</b>	<b>Tattoo Nightmares: Miami</b>	<b>Ink Master</b> [RE]		
TLC	521	560 <b>Little People, Big World</b> The Roloff kids are home. [RE]		<b>Little People, Big World</b> "The Proposal" [RE]		<b>19 Kids and Counting "Duggars &amp; Mothers"</b> [RE]		<b>19 Kids and Counting</b> (N)	(:31) <b>19 Kids and Counting</b>	(:01) <b>Little People, Big World</b> (N) [RE]		(:02) <b>19 Kids and Counting</b>	(:33) <b>19 Kids and Counting</b>	<b>Little People, Big World</b> [RE]	
TSN	400	400 <b>SportsCentre</b> (N) (Live) [RE]		<b>Around the Horn</b> (N) [RE]	<b>NASCAR Racing</b> Canadian Tire Series: NCATS Canadian Tire Motorsport Park.			<b>SportsCentre</b> [RE]		<b>Boxing</b> Diego Chaves vs. Brandon Rios. (Taped) [RE]			<b>SportsCentre</b> (N) [RE]		
YOUTH	551	542 <b>Assembly</b>	<b>Every Witch</b>	<b>Sam &amp; Cat</b>	<b>Victorious</b> [RE]	<b>Funniest Home Videos</b>		<b>Wipeout</b> [RE]		<b>Mr. Young</b> [RE]	<b>Boys</b>	<b>Haunting</b>	<b>Haunting</b>	<b>Funny Videos</b>	

# Your week on TV

WEDNESDAY EVENING													SEPTEMBER 10, 2014		
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX	3	Channel 3 News at Six (N)		CBS Evening News/Pelley	Entertainment Tonight (N)	Big Brother House guests vie for the power of veto. (N) Ⓢ		Under the Lights (N) Ⓢ		Extant "Before the Blood" (N) Ⓢ		Channel 3 News	(:35) Late Show With David Letterman (N) Ⓢ		
WPTZ	5	NewsChannel 5 at 6PM (N)	NBC Nightly News (N) Ⓢ	Jeopardy! Ⓢ	Wheel of Fortune Ⓢ	America's Got Talent "Cut-down" Performance recap.		America's Got Talent The final six acts are revealed. (N)		(:01) Taxi Brooklyn A visit from Leo's son goes awry.		Newschannel 5 Nightcast	(:34) The Tonight Show Starring Jimmy Fallon Ⓢ		
CBMT	6	206	301	CBC News: Montreal (N)	Coronation Street (N) Ⓢ	Murdoch Mysteries Death of a rowing club member. Ⓢ		Dragons' Den The Dragons are in the hot seat. Ⓢ		Republic of Doyle Kevin Crocker teams up with Jake.		CBC News: Montreal	Rick Mercer Report Ⓢ	22 Minutes Ⓢ	
CHLT	7	107	718	(5:56) TVA nouvelles (N)	Le tricheur (N) (SC)	La poule aux oeufs d'or (N)	LOL :- (SC)	Au secours de Béatrice "La vraie maladie de Béatrice"		Claudine Mercier dans le champ (N) (SC)		TVA nouvelles	(:35) Denis Lévesque (N) (SC)	(:35) Signé M "Ned Kelly" Ⓢ	
WMTW	8			WMTW News 8 at 6PM (N)	ABC World News (N)	Wheel of Fortune Ⓢ	Jeopardy! Ⓢ	The Middle "Orlando" Ⓢ	The Goldbergs Ⓢ	Modern Family "Sleeper" Ⓢ	(:31) Modern Family Ⓢ	Shark Tank A reality interface for video gamers. Ⓢ	WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live (N) Ⓢ	
CKSH	9	108		Le Téléjournal/Estrie	TJ-Grand Mtl	30 vies (N) (SC)	L'épicerie (N) (SC)	Les enfants de la télé (Season Premiere) (N) (SC)		Les pêcheurs (SC)	La théorie du K.O. (SC)	Le Téléjournal (N) (SC)	Pour le plaisir (SC)	L'épicerie (SC)	
CKMI	11			(5:59) Evening News (N)	Global National (N) Ⓢ	ET Canada	Entertainment Tonight (N)	Big Brother House guests vie for the power of veto. (N) Ⓢ		Remedy A secret from Bruno's past is revealed.		Extant "Before the Blood" (N) Ⓢ	News Final (N) Ⓢ	ET Canada	
CFCF	12	205	312	CTV News (N) Ⓢ		etalk (N) Ⓢ	The Big Bang Theory Ⓢ	** "Mirror Mirror" (2012, Fantasy) Julia Roberts, Lily Collins. Premiere. Seven dwarves help an exiled princess win back her kingdom. Ⓢ				The Big Bang Theory Ⓢ	News-Lisa	CTV News (N) Ⓢ	
WVNY	22			ABC 22 News (N)	ABC World News	ABC 22 News (N)	Inside Edition (N) Ⓢ	The Middle "Orlando" Ⓢ	The Goldbergs Ⓢ	Modern Family "Sleeper" Ⓢ	(:31) Modern Family Ⓢ	Shark Tank A reality interface for video gamers. Ⓢ	ABC 22 News (N)	(:35) Jimmy Kimmel Live (N) Ⓢ	
WUTV	30			The Big Bang Theory Ⓢ	Judge Judy (N) Ⓢ	Judge Judy (N) Ⓢ	Two and a Half Men Ⓢ	Hell's Kitchen "Top 18 Compete; Top 17 Compete" (Season Premiere) The chefs present signature dishes. (N)		2 on Your Side at 10 (N)	Two and a Half Men Ⓢ	The Simpsons Ⓢ	How I Met Your Mother Ⓢ	The Middle Ⓢ	
CFKS	31	106	726	Atomes crochus (N)	Souper parfait	Apollo dans l'frigo (N)	Rire et délire	Personne d'intérêt Le chef de chaque famille mafieuse.		Mémoire sous enquête La vie de Carrie se complique.		Taxi payant (SC)	Taxi payant (SC)	Un gars le soir	
WUHF		363		Modern Family Ⓢ	Modern Family "Chirp" Ⓢ	The Big Bang Theory Ⓢ	The Big Bang Theory Ⓢ	Hell's Kitchen "Top 18 Compete; Top 17 Compete" (Season Premiere) The chefs present signature dishes. (N)		13WHAM News at 10 on Fox Rochester (N) Ⓢ		Seinfeld "The Walley" Ⓢ	Seinfeld "The Stand-In" Ⓢ	Paid Program Ⓢ	
WETK				Martha Speaks	WordGirl Ⓢ (DVS)	Arthur Ⓢ (EI)	Wild Kratts Ⓢ (EI)	American Masters Grassroots and global activism.		Inspector Morse Murder during a cricket match. Ⓢ		Scott & Bailey Geoff's sister's killer to justice. Ⓢ	Extraordinary Women Writer Agatha Christie's career. Ⓢ	PBS News-Hour (N) Ⓢ	
WCFE				RTE News: Six One (N)	South Asia Newline (N)	The Debate (N) (EI) Ⓢ	RT News (N) (EI) Ⓢ	Newsline (N) (EI) Ⓢ		Doimen (N)		Biz Asia America (N) Ⓢ	Doimen		
A&E	615	520		Storage Wars Ⓢ	Storage Wars Ⓢ	Wahlburgers Ⓢ	Wahlburgers Ⓢ	Duck Dynasty "Quack Draft" Ⓢ		Duck Commander Ⓢ	Duck Commander Ⓢ	(:01) Wahlburgers (N) Ⓢ	(:32) Epic Ink (N) Ⓢ	(:02) Epic Ink Ⓢ	
BRAVO	620	523		Person of Interest A beautiful woman captivates Reese.		The Listener "Captain Nightfall" Violent home invasions.		Blue Bloods A disoriented man is covered in blood. Ⓢ		Legends Martin contacts a beautiful arms dealer. (N) Ⓢ		Graceland "Faith 7" Plans begin to disintegrate. Ⓢ	The Listener "Captain Nightfall" Violent home invasions.	Person of Interest Ⓢ	
CNN	500	500		Situation Rm	Crossfire (N)	Erin Burnett OutFront (N)	Anderson Cooper 360 (N)	Anthony Bourdain Parts				CNN Tonight (N)	Anderson Cooper 360 Ⓢ	Anthony	
DISC	520	505		How It's Made Ⓢ	How It's Made Ⓢ	Daily Planet Daily science show. (N) Ⓢ (DVS)	Yukon Men The cast discusses their struggles. Ⓢ	Dallas Car Sharks (N)	Dallas Car Sharks (N)	Bering Sea Gold "Under the Ice: Gold From the Deep"		Highway Thru Hell "New Hope" Ⓢ (DVS)	Yukon Men "Wild Lives"		
HIST	522	506		Pawnography Ⓢ	Pawnography Ⓢ	Pawn Stars Ⓢ	Pawn Stars Ⓢ	American Restoration Ⓢ	American Restoration Ⓢ	Ice Road Truckers "Into the Vortex" (N) Ⓢ		Biker Battleground Phoenix "Risky Business" (N) Ⓢ	Dig WW2 War sites in Italy and the Netherlands. Ⓢ	Pawn Stars "On Guard"	
RDI	126	730		Le National (SC)	RDI économie (SC)	24/60 (SC)		Grands reportages "American nomad" (SC)		Le Téléjournal (SC)		RDI économie	Le National	24/60 (SC)	
SHOW	616	521		NCIS Gibbs must attend to family matters. Ⓢ (DVS)		Continuum Kiera learns the truth about John Doe. Ⓢ		"Alien Agent" (2007) Mark Dacascos, Billy Zane. An intergalactic warrior must prevent an alien invasion. Ⓢ		Dominion Alex rejects his new role as the Chosen One.		NCIS Gibbs must attend to family matters. Ⓢ (DVS)	NCIS "Legend"		
SLICE	601	562		Surviving Evil A predator kidnaps a woman. Ⓢ		Surviving Evil A predator kidnaps a woman. Ⓢ		The Millionaire Matchmaker Ⓢ		Ex-Wives of Rock Ⓢ	Ex-Wives of Rock Ⓢ	Mob Wives Drita, Ang and Renee attend a party. Ⓢ	A Stranger in My Home Ⓢ	Friends Ⓢ	
SPIKE	628	584		Cops "Coast to Coast" Ⓢ	Cops "Stupid Criminals" Ⓢ	Cops Ⓢ	Cops "Seattle/Tacoma" Ⓢ	Cops Ⓢ	Cops "Seattle/Tacoma" Ⓢ		iMPACT Wrestling (N) Ⓢ		Cops Ⓢ	Cops "Seattle/Tacoma" Ⓢ	
TLC	521	560		Little and Looking for Love Ⓢ		The Man With the 200lb Tumor Hai has a large tumor.		The Man With Half a Body Ⓢ		Mormon Half Love A woman looks for love. (N) Ⓢ		(:01) The Man With the 132-lb. Scrotum Ⓢ	(:02) The Girl With Half a Face Ⓢ	The Man Who Lost His Face Ⓢ	
TSN	400	400		SportsCentre (N) (Live) Ⓢ		Around the Horn (N) Ⓢ	MLS Soccer Los Angeles Galaxy at Montreal Impact. From Saputo Stadium in Montreal. (N) (Live) Ⓢ		SportsCentre (N) Ⓢ		SportsCentre (N) Ⓢ	MLS Soccer San Jose Earthquakes at Vancouver Whitecaps FC. From BC Place Stadium in Vancouver, B.C. (N)	SportsCentre (N) Ⓢ	SportsCentre (N) Ⓢ	
YOUTH	551	542		Hathaways	Every Witch	Sam & Cat	Victorious Ⓢ	Funniest Home Videos		Wipeout Ⓢ		Mr. Young Ⓢ	Boys	Haunting	

THURSDAY EVENING													SEPTEMBER 11, 2014		
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX	3	Channel 3 News at Six (N)		CBS Evening News/Pelley	NFL Thursday Night Kickoff (N) (Live) Ⓢ		(:25) NFL Football Pittsburgh Steelers at Baltimore Ravens. (N) (Live) Ⓢ					(:15) Channel 3 News at Eleven (N)		Late Show W/Letterman	
WPTZ	5	NewsChannel 5 at 6PM (N)	NBC Nightly News (N) Ⓢ	Jeopardy! Ⓢ	Wheel of Fortune Ⓢ		The Biggest Loser (Season Premiere) Former athletes try to get in shape. (N) Ⓢ			Dateline NBC (N) Ⓢ		Newschannel 5 Nightcast	(:34) The Tonight Show Starring Jimmy Fallon Ⓢ		
CBMT	6	206	301	CBC News: Montreal (N)	Coronation Street (N) Ⓢ	Murdoch Mysteries Confession of a ventriloquist. Ⓢ		The Nature of Things "How to Be a Wild Elephant" Ⓢ		Doc Zone The fastest-moving condo market. Ⓢ		The National (N) Ⓢ	CBC News: Montreal	Rick Mercer Report Ⓢ	
CHLT	7	107	718	(5:56) TVA nouvelles (N)	Le tricheur (N) (SC)	Un sur 2 "Les arpentés verts"	** "Pretty Woman" (1990) Richard Gere, Julia Roberts. Un financier engage une prostituée pour lui servir de compagne. (DVS) (SC)			TVA nouvelles	(:35) Denis Lévesque (N) (SC)	(:35) Signé M (SC)	** "Nancy Drew" (2007)		
WMTW	8			WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune Ⓢ	Jeopardy! Ⓢ	The Quest "Escape from Rana Village; One True Hero" (Season Finale) (N) Ⓢ		Shark Tank Solving a holiday headache. Ⓢ		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live (N) Ⓢ		
CKSH	9	108		Le Téléjournal/Estrie	Sortir	30 vies (N) (SC)	Infoman (SC)	** "De père en flic" (2009) Michel Côté, Louis-José Houde. Deux policiers visent à libérer un collègue. (SC)		Le Téléjournal (N) (SC)		Pour le plaisir (SC)	Les Soprano (SC)		
CKMI	11			(5:59) Evening News (N)	Global National (N) Ⓢ	ET Canada	Entertainment Tonight (N)	** "Captain America: The First Avenger" (2011) Chris Evans. Capt. America battles the evil HYDRA organization. Ⓢ (DVS)		Canadian Docs Ⓢ		News Final (N) Ⓢ	ET Canada	Weird or What? Ⓢ	
CFCF	12	205	312	CTV News (N) Ⓢ		etalk (N) Ⓢ	The Big Bang Theory Ⓢ	The Big Bang Theory Ⓢ	Two and a Half Men Ⓢ	Saving Hope Charlie and Joel get competitive. Ⓢ		Law & Order: Special Victims Unit Ⓢ (DVS)	News-Lisa	CTV News (N) Ⓢ	
WVNY	22			ABC 22 News (N)	ABC World News	ABC 22 News (N)	Inside Edition (N) Ⓢ	The Quest "Escape from Rana Village; One True Hero" (Season Finale) (N) Ⓢ		Shark Tank Solving a holiday headache. Ⓢ		ABC 22 News (N)	(:35) Jimmy Kimmel Live (N) Ⓢ		
WUTV	30			The Big Bang Theory Ⓢ	Judge Judy (N) Ⓢ	Judge Judy (N) Ⓢ	Two and a Half Men Ⓢ	Sleepy Hollow Evil forces target Irving's daughter. Ⓢ		Bones Conspiracy surrounds a man's death. Ⓢ (DVS)		2 on Your Side at 10 (N)	Two and a Half Men Ⓢ	The Simpsons Ⓢ	
CFKS	31	106	726	Atomes crochus (N)	Souper parfait	Ici comme ailleurs (N)	Rire et délire (N)	CSI: NY Le meurtre d'un garçon de 14 ans. Ⓢ (SC)		NCIS: Los Angeles La vie de Sam et Deeks est en danger.		Taxi payant (SC)	Taxi payant (SC)	Un gars le soir	
WUHF		363		Modern Family Ⓢ	Modern Family Ⓢ	The Big Bang Theory Ⓢ	The Big Bang Theory Ⓢ	Sleepy Hollow Evil forces target Irving's daughter. Ⓢ		Bones Conspiracy surrounds a man's death. Ⓢ (DVS)		13WHAM News at 10 on Fox Rochester (N) Ⓢ	Seinfeld "The Watch" Ⓢ	Seinfeld "The Wife" Ⓢ	
WETK				Martha Speaks	WordGirl Ⓢ (DVS)	Arthur Ⓢ (EI)	Wild Kratts Ⓢ (EI)	Masterpiece Mystery! Moriarty breaks into the Crown Jewels. Ⓢ (DVS)		DCI Banks "Innocent Graves" The murder of a teenager. Ⓢ		Death in Paradise "A Dash of Sunshine" Ⓢ	PBS News-Hour (N) Ⓢ		
WCFE				RTE News: Six One (N)	South Asia Newline (N)	The Debate (N) (EI) Ⓢ	RT News (N) (EI) Ⓢ	Newsline (N) (EI) Ⓢ		"Van Veeteren: Moreno & the Silence" (2006) Sven Wolter. Premiere. Police investigate the murder of a girl.		Biz Asia America (N) Ⓢ	"Van Veeteren"		
A&E	615	520		The First 48 "10 Pounds" Drug-related murder. Ⓢ		The First 48 A tattoo artist shot during a robbery. Ⓢ		The First 48 A deaf man is stabbed in his doorway. Ⓢ		The First 48 Stabbing death; illegal game room. Ⓢ		(:01) Killer Kids An outcast joins a military-style cult. Ⓢ	(:02) The First 48 "Far From Home; Object of Desire" Ⓢ	(12:01) The First 48 Ⓢ	
BRAVO	620	523		Person of Interest "Witness" Ⓢ		The Listener Oz puts his life in danger. Ⓢ (DVS)		Blue Bloods The Reagan family suffers a loss. Ⓢ		Rush "Dirty Work" (N) Ⓢ		Missing A dying woman needs a bone marrow donor.	The Listener Oz puts his life in danger. Ⓢ (DVS)	Person of Interest Ⓢ	
CNN	500	500		Situation Rm	Crossfire (N)	Erin Burnett OutFront (N)	Anderson Cooper 360 (N)	Dr. Sanjay Gupta Reports		CNN Tonight		Anderson Cooper 360 Ⓢ	Dr. Gupta		
DISC	520	505		How It's Made Ⓢ	How It's Made Ⓢ	Daily Planet Daily science show. (N) Ⓢ (DVS)	Fast N' Loud: Revved Up (N) Ⓢ (Part 2 of 2)	Fast N' Loud Richard lands his biggest deal. (N) Ⓢ		Yukon Men A government ban on a food staple. Ⓢ		How It's Made	How It's Made	Fast N' Loud: Revved Up	
HIST	522	506		Yukon Gold Economic woes and mechanical breakdowns.		Biker Battleground Phoenix "Risky Business" Ⓢ		Ice Road Truckers "Into the Vortex" Ⓢ		American Pickers The guys meet an octogenarian artist.		Down East Dickering A biker ride-in movie theater. (N) Ⓢ	Miracles Decoded Voodoo ritual; healing waters. Ⓢ	Pawn Stars "The Offer"	
RDI	126	730		Le National (SC)	RDI économie (SC)	24/60 (SC)		Grands reportages "Wham! Bam! Islam!" (SC)		Le Téléjournal (SC)		Charbonneau	Le National	24/60 (SC)	
SHOW	616	521		NCIS "Alibi" The team re-examines a hit-and-run. Ⓢ		Continuum "The Dying Minutes" Ⓢ		** "Collision Earth" (2012) Kirk Acevedo. The planet Mercury is on a trajectory to crash into Earth. Ⓢ		Defiance Nolan must fight against the republic. (N) Ⓢ		NCIS "Alibi" The team re-examines a hit-and-run. Ⓢ	NCIS "Legend" Ⓢ		
SLICE	601	562		True Crime Scene A long-closed case is re-examined.		True Crime Scene Gas station execution. Ⓢ (DVS)		The Millionaire Matchmaker Yigit Pura; Johnny Simon. Ⓢ		Online Dating Rituals of the American Male (N) Ⓢ		The Singles Project "New York Passion Week" (N) Ⓢ	True Crime Scene A long-closed case is re-examined.	Friends Ⓢ	
SPIKE	628	584		(:06) Cops Ⓢ	(:42) Cops Bewildered cross-dressing suspect. Ⓢ	(:18) Cops Ⓢ	(7:54) Cops	Cops "Coast to Coast" Ⓢ		(:05) Cops	(:41) Cops A passenger reaches for a gun. Ⓢ	(:17) Cops Ⓢ	(10:53) Cops Ⓢ	(:29) Cops Ⓢ	
TLC	521	560		Say Yes to the Dress Ⓢ	Say Yes to the Dress Ⓢ	My Big Fat American Gypsy Wedding Ⓢ		Gypsy Sisters A day sightseeing in the Big Easy. Ⓢ		Gypsy Sisters The New Orleans trip comes to an end. (N)		(:01) My Big Fat American Gypsy Wedding Ⓢ	(:02) Gypsy Sisters "Little Gypsy Prince Turns 1" Ⓢ	Gypsy Wedding	
TSN	400	400		SportsCentre (N) (Live) Ⓢ		Around the Horn (N) Ⓢ	That's Hockey! (N)	College Football Countdown (N) (Live) Ⓢ		College Football Houston at BYU. (N) (Live) Ⓢ			SportsCentre (N) Ⓢ		
YOUTH	551	542		Thundermans	Every Witch	Sam & Cat	Victorious Ⓢ	Funniest Home Videos		Wipeout Ⓢ		Mr. Young Ⓢ	Boys	Haunting	

# Good Reads

CONT'D FROM PAGE 7

like, 'Argh, I don't want to talk to you about this, let's get rid of this book, I don't ever want to talk to you about this, I don't ever want you to go through puberty.'"

Blume is a product of her time. Many of her portraits of childhood, however, continue to entertain and even resonate: "I call him The Pain because that's what he is."

### Book Ends

Come visit your Lennoxville Library! Books And Brown Bags is Wednesday, Sept. 17 and Oct. 1, from noon to 1 p.m. Bring your lunch and a book to talk about. All are welcome!

If you're housebound, we can bring books to you through Books on Wheels.

We have large-print books and audio books, plus an Easy Reads section. We have sections for Young Adult novels and graphic novels, plus children's non-fiction and fiction. Inter-library loans and ebook rentals are now available.

The Lennoxville Library is at 101 Queen Street, corner of College. E-mail bibliolen@gmail.com or phone 819-562-4949. The website is at www.bibliolennoxville.ca. Older book reviews and reading suggestions are on our blog at bibliolennlibrary.wordpress.com.

# STOP! TV

CONT'D FROM PAGE 8

the privileged few, and a sense of importance will be restored to the art of recording.


We have to remember that up until now the digital revolution has been occupied mainly by the unknown/indie artist. They have changed the way we listen to music. Today, we pan for nuggets in a constant flowing stream of new music, and they are far and few between. If we're lucky we'll notice something and claim bragging rights for the find, spamming all of our friends on social media.

Seriously, when the "majors" take over, their finds are going to suit the needs of the market better than anything we could come up with. They have the money, the expertise and access to our wants and wishes, thanks to digital online technologies. Just give them a bit of time to organize. After all, discoveries, for example, such as Elvis, The Beatles and Bob Dylan weren't so bad.

Anyway, here's to the next big thing in music, whoever or whatever that might be. It's been a long time since we've had a mega talent make a real long-lasting difference in our lives.

To watch the latest STOP! show please follow this link: [youtube.com/mauricesify](http://youtube.com/mauricesify). For people in the Brome Missisquoi and Shefford regions you can catch the show on Videotron's MATv community cable TV, channel 9.

Call 1-866-734-9425  
or visit [www.medicalert.ca](http://www.medicalert.ca)

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## MUSIC

September 5

The Piggery Theatre presents local musicians Vickie Taylor and Chris Porter for a night of country music, Friday, September 5 at 8 p.m. \$15 pp. Tel: 819-842-2431, www.piggery.com

September 6

Dance at the Edifice Queen (Church), 269 Queen St., Lennoxville on Saturday, September 6 from 8 p.m. to midnight. Music by The Country Swingers (Ron, Dave, Art and Willie). Admission \$8. Refreshments available.

September 6

Country Dance with "Country Folks Band" (six musicians and guests) on Saturday, September 6 from 7 to 11 p.m. at Trinity Anglican Church, 409 South Street in Cowansville. Door prizes. Canteen on premises. Donation: \$8

September 7

MS Branch 2000 Dance, Sunday, September 7 at the Austin Municipal Hall, Millington Road, with Jimmy Edwards & The Country Folks. Slight charge on soft drinks & chips, coffee & tea is free. Snacks served at 4 p.m. Everyone is encouraged to bring a few sandwiches or a dessert to keep our costs down.

September 13 & 27

Advance notice for regular DANCES at the Lennoxville Rifle Club, 22 Beattie Street, on Saturdays, September 13 & 27, from 8 p.m. to midnight. Please note there is road construction, a detour may be required. Info: 819-564-6481. Everyone welcome.

September 19

Canadian Country Star BRETT KISSEL performs at The Piggery on Friday September 19 at 8 p.m. \$35 pp. Juno award winner for Breakthrough Artist of the Year, Edmonton Music Award winner for Male Artist of the Year and Country Album (www.brettkissel.com). Tel: 819-842-2431, www.piggery.com

## EVENTS

Wed., Friday, Saturday & Sun.

The Royal Canadian Legion, Branch #10, 971 Galt St. East, Sherbrooke hold the following events every week. Wednesday: Bean Bag Toss fun afternoon at 1:30 p.m. Friday: Suppers at 5 p.m., Fun Darts at 7 p.m. Saturday: Dances at 8:30 p.m. Sunday: Dances at 1:30 p.m. Come out and support the Legion. Info: 819-563-4944.

September 6

Annual Ham Supper at Creek United Church, 278 Brill Rd., West Bolton, Saturday, September 6, from 4:30 to 6:30 p.m. Donation: \$13 per person, or 2 for \$25. Children 10 and under: \$3. For ticket sale information contact Steve Lace: 450-242-1816 or May Banks 450-243-0280. All welcome. Come and enjoy.

September 6

Boundary Rotary will hold a Book Sale on Saturday, September 6 from 9 a.m. to noon at the Rotary Bookstore, Beebe. We have books in English and French for adults and children: cook books, biographies, novels, SciFi, romance, westerns; books on psychology, religion, travel, history and much more. No set prices, donate what you think is suitable. Come and visit the bookstore in Beebe (between Rona and the Canadian customs). For more information call 819-842-1940.

September 7

Hope Community Church in Lennoxville is hosting a Neighbourhood Block Party for the entire community from 12:30 - 3:30 p.m. Food, live music by Mike Goudreau, bounce houses, games, face and parking lot painting, and more - everything is free

# What's On

and everyone is invited.

September 11

Soup & Dessert Luncheon at All Saints Anglican Church Hall, 3829 Principale, Dunham on Thursday, September 11 at noon. Donation: \$8. Cards will be played immediately following. Reservations: 450-295-2349, 450-263-3329.

September 13

This year, the Lennoxville Hockeyover45 we will be holding its 2nd annual Golf Tournament on September 13 in Baldwin Mills to raise funds for the local area. Last year \$3300 was raised to support Lac Megantic. This year the funds will be going for Prostate Cancer and the Alexander Galt Christmas Baskets. If you would be able to donate anything such as hats, t-shirts, etc. for our prize table, it would be much appreciated. Items can be dropped off at the Ultramar (Larry Paradis) in Lennoxville or we can arrange to have them picked up. To play, please contact Andre Deboer 819-837-0069.

September 14

Sunday Brunch at Beulah United Church, 967 Main Street, Ayer's Cliff on September 14 from 11 a.m. to 1 p.m. Come and enjoy a delicious meal of ham, sausage, bacon, scrambled eggs, homemade baked beans, pancakes with real maple syrup, toast, fruit salad, coffee tea and juice. All are welcome.

September 14

The Canadian Legion, Branch #15, Richmond, 235 College St. N., Richmond, will be holding our Legion "Terry Fox" Brunch from 9 a.m. to noon on Sunday, September 14. Entry fee charged at the door and children under 12 are half price. All welcome.

Tonight 5:00 → 9:00 PM



**LION**  
GOLDEN LION PUB AND BREWERY, LENNOXVILLE  
**BEER BATTERED PLATTER**  
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\$15.00 OR TWO FOR \$25

September 27

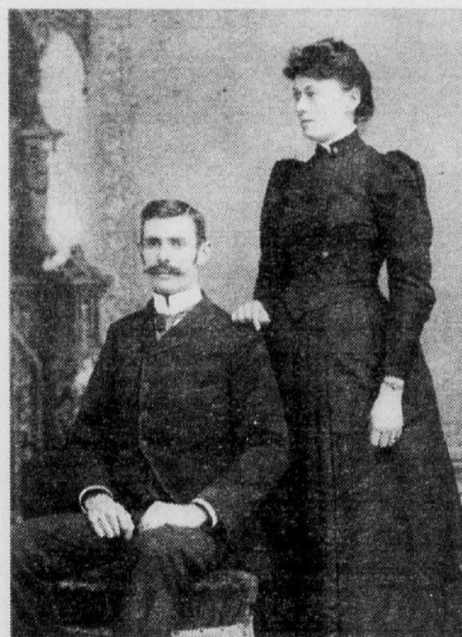
Chicken & Ribs Supper at the North Hatley Legion, 95 Jackson Heights, on Saturday, September 27 at 6 p.m. Reservations appreciated. For more info or for reservations, call 819-842-2933.

## EXHIBITS

September 7

Uplands is delighted to be hosting a collection of works by aboriginal artist, Ena Greyeyes, titled "Windows on a Life". The exhibition will showcase Ms. Greyeyes' life as an aboriginal woman from her early childhood to today. The vernissage will be held on September 7, 2 p.m. to 4 p.m. The exhibit will be on display until October 26, 2014. Uplands, 9 Speid St., borough of Lennoxville, is open Wednesday to Sunday from 1:00 p.m. to 4:30 p.m. Info: (819) 564-0409.

## GLIMPSSES OF THE PAST




H. C. Wilson & Sons Fonds. Sherbrooke Historical Society.

In the 1870s, a new type of photography is all the rage among the Eastern Townships elite: the cabinet card, a tiny portrait on cardboard backing that replaces the calling card. Several Sherbrooke photographers like Harry T. Blanchard capitalize on this popularity. Blanchard, creator of the cabinet card of Mr. & Mrs. Wilson, is then a great rival of George H. Presby, Sherbrooke's most renowned photographer.

### WANT TO KNOW MORE ?

Visit the bilingual exhibit, *Through the Lens*, in the American Biltrite room of the Sherbrooke Historical Society.

275 Dufferin, Sherbrooke  
(Québec) J1H 4M5  
Informations : 819-821-5406

  
LA SOCIÉTÉ D'HISTOIRE  
DE SHERBROOKE  
[www.histoiresherbrooke.org](http://www.histoiresherbrooke.org)

# Local Sports

"We are truly pleased to host this event again."

## Sports Palace to get a bit drafty again

Record Staff  
SHERBROOKE

Once again, in June, the QMJHL trade winds will pass through the Sports Palace in Sherbrooke, as the Sherbrooke Phoenix will once again host the league's annual meetings and entry draft.

This is the first time that a team has hosted the draft in consecutive years, a testament to the event's success in Sherbrooke earlier this summer.

QMJHL commissioner Gilles Courteau made the announcement at the league's annual season launch press conference yesterday in Montreal. The Phoenix will again partner with the City and Destination Sherbrooke to co-ordinate the event.

The league's annual meetings will run from June 2-6, 2015, with the draft on Saturday, June 6.

"We are truly pleased to host this event again. People from the area who didn't have a

chance to come this year will have the opportunity to do so in 2015. After all, our fans and partners are the ones who will benefit most from this announcement. We would like to thank the QMJHL management for this great display of confidence", said Denis Bourque, Phoenix president, in a prepared statement.

The chairman of the 2014 Sherbrooke Draft organizing committee, Jacques Fortier, is delighted that the Phoenix and

the City of Sherbrooke have been selected for a second year. "We set the bar very high. The hard work done by the organizing committee, the coordinator, Sylvie Fortier, and the numerous volunteers, has been recognized. Today, I'm excited about the economic and tourism impact for Sherbrooke. For instance, area hotels sold 1,300 bed-nights last May," said Jacques Fortier.

The Sherbrooke Phoenix has also announced that Fortier will

return as chairman of the organizing committee, along with all the members, aiming to make the 2015 Sherbrooke Draft a success.

The Phoenix initially held the second overall pick at the 2014 draft, before trading down to get the No. 4 selection, which they used on goaltender Evan Fitzpatrick.

The organization's quest for a later selection begins Sept. 12. The team winds up exhibition play tonight in Boisbriand

## 261running gear blends style, comfort, and a healthy lifestyle



A RUNNER'S MIND  
CHRISTINE BLANCHETTE

With the running boom at its infancy in the 1970s, shoes and gear were slow to keep pace and become engineered for improved performance, hence comfort. Those were the days when cotton was about the only choice to work out in, along with shoes that had very little support or cushioning. If you have worn cotton for a run you'll remember the weighty, clammy feeling.

These days, shoes and clothing can be the difference-maker in performance while providing comfort, no matter the weather. Doubtless, the evolution of running has spawned many footwear and clothing specialty stores, who all claim to offer the best in comfort, support and style to their gear with a wide selection of all things running-related to choose from. If you are new to running, it can be overwhelming. For women, the

key is to look and feel good in your clothes, and if you create some panache by including style to it then voila you have our attention and pretty soon... our money.

Vancouver based style expert, Nadia Albano, who says, "I was born to do (hair and fashion)," is the owner and principal stylist at Nadia Albano Style, Inc. She shared her tips on clothes (and make-up) that fit into a healthy lifestyle and what's hot for this fall in running gear. Albano said, "If you are a runner, you are really lucky because of the athletic hot colors as well as street wear sneakers that (has) a casual look."

The following is our Q&A interview:

Q. What are the hottest colors for fall athletic wear?

A. Pantone color of the year for 2014 is radiant orchid and we're seeing a lot of this color into fall. In addition we're seeing violet, purple, yellow, orange, gray, royal blue, and aqua; all of which work beautifully together and complement many complexions.

Q. What are some tips on running clothes, ie: suggested clothing tips to look your best from running to going to the coffee bar?

A. Three-quarter length gray running tights with a bright bra top will keep you looking and

feeling cool. My suggestion is to bring a clean t-shirt, socks, and running cap to change into and layer over top if you're meeting a friend for coffee. Black marathon shorts are super cute with bright colorful running shoes and a white racer tank. Bring a lightweight patterned hoodie or windbreaker to cover up when sitting in an air conditioned environment.

For style and beauty tips, Nadia suggests the following:

DLDB: Dark, light, dull, bright. Find balance when putting an outfit together. The perfect, most cohesive outfit features light, shade, color, and texture.

5-in-Five: Pack a small toiletry bag and include five essentials makeup product to get you ready in less than five minutes for an after-running coffee date.

1. Balea Facial Cleansing Cloth, to freshen up your face after running.

2. Lise Watier "Sun Smart Universal UV Shield with SPF 30" to hydrate and protect your delicate skin.

3. "Pur Minerals 4-in-1 Mineral Tinted Moisturizer", to naturally even out the complexion.

4. Nars Bronzing Powder in "Laguna" or "Casino" to inject a warm glow to the face.

5. Nadia Albano Lip Gloss in "Modest" to moisturize the lips and for a polished finish.

For clothes that fit a healthy lifestyle, look no further than to Kathrine Switzer, celebrity runner, author and the first woman to run the Boston Marathon in 1967. She's teamed up with Nicole DeBoom, a professional triathlete, to launch the "261 Fearless Movement" with Skirts Sports Running Apparel.

Like the competition, Switzer claims her clothing line can enhance performance and comfort. "Running makes women feel empowered, but they need to get out the door to run in the first place, and often the right clothing makes that happen," Switzer said by email. "Not all women look lean and gorgeous and if they can wear something that is fun, functional and hides a few things that makes them self-conscious, then 261 Fearless clothing has accomplished a lot because we've gotten them to take the first all-important step: to start." She believes women who work hard to look good

will feel proud of themselves while running becomes an enjoyable part of their lifestyle."

www.runwithit.ca  
Twitter: christineruns  
You Tube - runwithitcb1

## Hollands quits BU Polar Bears

Record Staff  
LENOXVILLE

The Bishop's Polar Bears women's hockey team is looking for their fourth head coach in five years, after Brian Hollands announced his resignation Wednesday, citing personal and family reasons.

Hollands led the Polar Bears, who returned to playing as an independent last year, for one season.

No successor was named.

### Weekend local sports calendar

Friday	Saturday	Sunday
BASEBALL Jr. AA playoffs: Sherbrooke at St-Eustache, 8.	FOOTBALL CIS: Bishop's at Concordia, 1; McGill at Sherbrooke, 4, University Stadium.	BASEBALL Jr. AA playoffs: St-Eustache at Sherbrooke, 8, Amédée-Roy.
FOOTBALL CEGEP: Montmorency at Champlain, 8, Coulter Field.	Midget: Sherbrooke at St-Bruno, 7.	FOOTBALL H.S.: Claretain at Galt, 1 (Jr.).
H.S.: Mgr.-Euclide-Théberge at Massey-Vanier, 7 (Sr.).	HOCKEY Midget: Magog at Gatineau, 7.	HOCKEY QJHL: St-Hyacinthe at Sherbrooke, 4:30, Thibault Complex
HOCKEY QMJHL Exhibition: Sherbrooke at Blainville-Boisbriand, 7:30.	LACROSSE CEGEP: John Abbott at Champlain, noon, Coulter Field.	Midget: Magog at Gatineau, 2.
HOCKEY QJHL: Sherbrooke at Granby, 7:45.	RUGBY CIS: Bishop's at Montreal, 1 (w).	LACROSSE CUFLA: Bishop's at Ottawa, 6.
SOCCKER CIS: Bishop's at Concordia, 6:30 (w).	RUGBY CEGEP: Heritage at Champlain, 5, Coulter Field.	RUGBY Univ.: Sherbrooke at Bishop's, 1 (m), Coulter Field.
(all times p.m. unless noted)		SOCCKER CIS: Sherbrooke * at Bishop's, 3:15 (w), Coulter Field.



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Waterville  
819 837-2966

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# Church Services

## Anglican

### FOSTER

We welcome you to a service of Holy Communion at 9:15 on September 7 at the little church on the hill, 725 Lakeside, Foster. Join us to worship and then visit afterwards for refreshments in the Hall. Everyone is welcome, bring a friend.

### LENNOXVILLE

Saint George's Anglican Church, Lennoxville, at 84 Queen St., celebrates Holy Communion every 1st & 3rd Sunday at 10 a.m. and every 2nd & 4th Sunday at 8 a.m. Morning Prayer is held every 2nd & 4th Sunday at 10 a.m. 819-346-5564.

## Presbyterian

### LENNOXVILLE

St. Andrew's Presbyterian Church, 256 Queen St., Lennoxville, 819-569-3100. Minister: Rev. John Barry Forsyth. Organist: Anthony Davidson. Sundays: 10:30 a.m. Worship and Sunday School. The Word of Grace Radio Broadcast, P.O. Box 404, Sherbrooke, QC, J1M 1Z6, Station CJMQ 88.9 FM or www.cjmq.fm, Sundays 8:30 a.m.

## Unitarian Universalist

### NORTH HATLEY

Unitarian Universalists in the Estrie (UUEstrie) 201 Main St., North Hatley, Sunday, September 7, at 10:30 a.m. Hike and picnic with an informal "Water Service." Bring lunch. All are welcome. See www.uuestrie.ca for location in Hatley. 819-842-4146.

## United

### HATLEY/WATERVILLE

Sunday, September 7: 9:30 a.m. service at the Hatley United and 11:00 a.m. at the Waterville/North Hatley United Church. Rev. Mead Baldwin 819-837-1112.

### LENNOXVILLE

Lennoxville United Church, corner of Queen and Church Street: Worship on September 7 at 10:00 a.m. Rev. James Potter, 819-565-8449; website - lennoxvilleunitedchurch.com

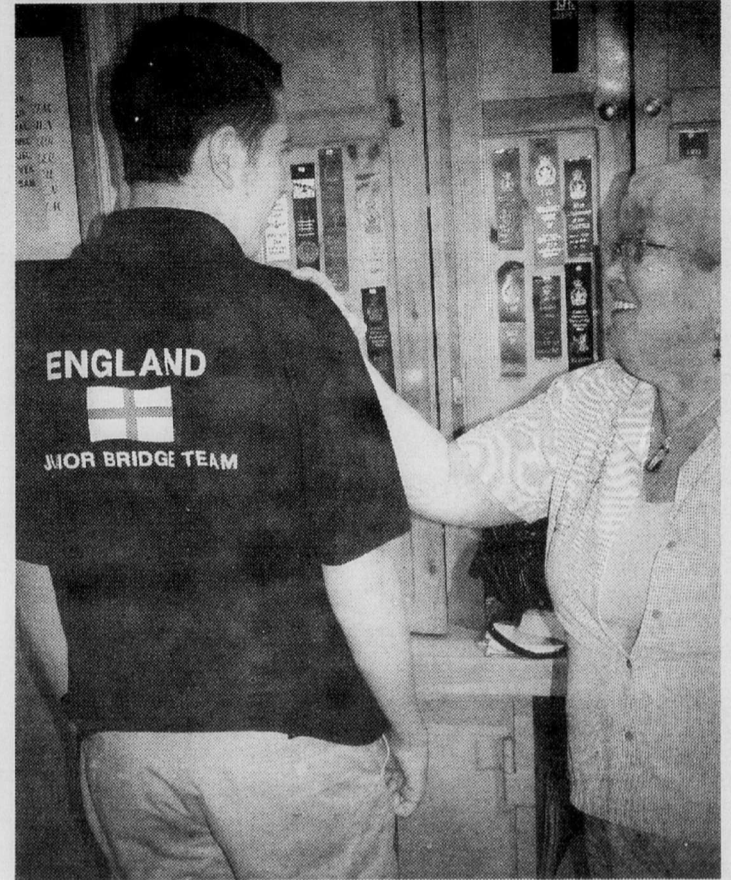
### SHERBROOKE

Plymouth-Trinity United Church, corner of Dufferin and Terrill, 819-346-6373, Leslie Young, organist. Sunday, September 7, Sunday worship is at 10:30 a.m. Carol Gosselin will be leading worship. There are activities for children during worship. Everyone welcome.

# North Hatley-ACBL Bridge Club



L to R: Francine Labrecque L.M., director of play, Samuel and partner/father Stephen Behrens and Pauline B. Beaudoin, owner-manager



Samuel Behrens with Pauline B. Beaudoin

For the past 3 years, a father and son residing in England, but having some precious roots in the village, have come in August to join us in a sanctioned ACBL bridge game, and playing with brio, amongs our stars highest ranked players, we have quite a few Life Masters and other well ranked members.

This year however, we learned that the 17 years old Samuel was part of a 2013 champion team JUNIOR under 20 years old, with a smile, he was proudly wearing his official shirt for the occasion. The included photo shows the proof of his accomplishment.

It is great to have many stars in our

Club but to have a rising star of this caliber is even greater. We wish him well in Sweden and Norway in the coming Fall. Here at home, we are looking at ways to support his rise in this very exciting world. For info to join us in our efforts, call the Onwer-Manager Pauline Bernatchez-Beaudoin 819-842-2310.

# SUDOKU

Difficulty: 5 (of 5)

7				1				6
			3			9		
	3			6				1
	8	4		9				2
						7		
9				5				3
5						8	3	9
	7				4			
			8					5

9-5-14

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## PREVIOUS SOLUTION

1	2	5	8	7	3	6	4	9
9	8	4	6	2	5	3	7	1
6	3	7	4	1	9	5	2	8
3	7	2	5	9	8	4	1	6
5	9	6	7	4	1	8	3	2
8	4	1	3	6	2	9	5	7
4	1	8	9	5	7	2	6	3
2	6	9	1	3	4	7	8	5
7	5	3	2	8	6	1	9	4

### HOW TO PLAY:

Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

1	2	8	6	3	9	4	7	5
3	7	9	5	8	4	1	6	2
5	4	6	1	7	2	8	3	9
9	1	7	2	5	8	6	4	3
2	5	3	4	1	6	7	9	8
6	8	4	7	9	3	5	2	1
8	3	5	9	6	7	2	1	4
4	6	1	3	2	5	9	8	7
7	9	2	8	4	1	3	5	6

## PREVIOUS SOLUTION

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		3	5	4				
9				2				8
		4		8		6		1
7		8					1	5
							6	7
				3			9	7
						2		
4		3						
				6				9
			2		9		4	

Difficulty: 4 (of 5)

# SUDOKU

HOW TO PLAY:  
Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

**Death**



**Gabrielle McKENNA**  
(nee Vallée)

Peacefully at North Hatley, on August 20, 2014, Gabrielle Vallée McKenna

passed away at the age of 98. Widow of Mr. John McKenna, she went to rejoin all her brothers and sisters: Eugène (Germaine Archambault), Alice (Jean-Louis Savard), Cécile (Bernard Nadeau), Marguerite and Paul (Lucille Dupuis).

Resting at the:  
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601 RUE DU CONSEIL,  
SHERBROOKE,  
Tel: (819)565-1155  
Fax: (819) 820-8872  
www.steveelkas.com  
Affilié à la C.T.Q.

Visitation on Saturday, September 6 from 12:30 p.m. A ceremony will be held at the funeral home on the same day, at 2 p.m. The burial will take place at the North Hatley Cemetery.

**STEVE L. ELKAS FUNERAL HOME**  
601 Conseil St., Sherbrooke QC  
PHONE: 819-565-1155  
FAX: 819-820-8872  
info@steveelkas.com  
www.steveelkas.com

**Death**



**Margaret WILLIAMS**  
(nee Foy)

It is with deep sadness that we announce the passing of

Margaret Foy, loving wife of Thomas Williams. She will be dearly missed by her son Peter, sister Mary Sanford of Windsor, NS as well as her brother George of Edmonton, AB. Predeceased by her brothers William and Walter. She also leaves to mourn numerous nieces, nephews, relatives and friends.

Family and friends will be received at the Cass Funeral Home, 3006 College St., Sherbrooke (Lennoxville), on Sunday, September 7, 2014 from 2 to 4 p.m. and 7 to 9 p.m. A funeral service will be held at St-Patrick's Church, 20 Gordon St., Sherbrooke, on Monday, September 8, 2014 at 1:30 p.m. followed by interment at St-Anne's Cemetery, Danville.

**CASS FUNERAL HOMES**  
3006 College St., Sherbrooke QC  
PHONE: 819-564-1750  
FAX: 819-564-4423  
cass@casshomes.ca  
www.casshomes.ca

**Death**

**Lynn Allen WARK**  
Sept. 15, 1962 - Sept. 2, 2014

Accidentally in Ontario, the beloved husband of Lynne Conroy, loving father of Sydney and Matthew, all of Orangeville, ON; son of the late Janet Stafford-Wark, grandson of the late Gertrude Harvey-Hetherington (Leslie), nephew of Pat and Bruce Gillam and cousin of Scott Gillam. He will be sorely missed by the Orangeville Minor Hockey Ass. as he had served as a willing volunteer as coach and team manager for the Orangeville Minor Midget Flyers since 2006. Lynn was employed at Fedex in Mississauga since 1999 and had served as vice-president of Fedex Trade Networks Transport & Brokerage (Canada) for the last 4 years.



**In Memoriam**

**NEELEY** - In loving memory of our dear parents, grandparents and great-grandparents, Raymond, September 1, 1958, and Rita (Westover), July 3, 1993.

*The love you gave for so many years  
Will never from us depart,  
Though you have gone beyond our reach  
You are always in our hearts.*

Forever missed by  
**THE FAMILY**

**Memorial**

**CHUTE, Tina (Wilson)** - A gathering of friends and family in memory of Tina (Wilson) Chute will take place on Saturday, September 6, 2014 from 3 p.m. to 6 p.m. at the North Hatley Legion, 95 Jackson Heights, North Hatley.

**Cards of Thanks**

**GAUTREY, Helen** - Special thanks to the Magog Hospital staff for their kindness at the time of my sister's death. Also a huge thank you to the caring staff of Place Sanborn. You made a difference in Helen's life and your thoughtfulness will always be remembered. We are most grateful to the Cass Funeral Home, the U.C.W., Rev. Hogle, Wintle and all those who participated in Helen's funeral service. You all helped create a beautiful celebration of her life. To all of those who came to the funeral, gave flowers, food, cards, condolences and donations, our sincere thanks. Friends and family mean so much at this time.

**ELIZABETH ROBINSON  
AND FAMILY**



**WILLIAMS** - The family of the late Nettie "Bea" Bryant Williams would like to express their heartfelt thanks to those who were there with them at the time of her death. Thank you to those who phoned, sent cards, emails, flowers and donations; those who visited the funeral home and attended her funeral. Special thanks to the minister David Oliver and his organist, as well as the kind services of the Cass Funeral Home. Please consider this thank you as personal.

**HER CHILDREN,  
THEIR SPOUSES and  
MANY GRANDCHILDREN**

**Datebook**

FRIDAY, SEPTEMBER 5, 2014

Today is the 248th day of 2014 and the 77th day of summer.

**TODAY'S HISTORY:** In 1774, the First Continental Congress convened in Philadelphia.

In 1957, Jack Kerouac's "On the Road," a defining novel of the postwar generation, was published by Viking Press.

In 1975, President Gerald Ford survived an attempt on his life when Secret Service agents tackled would-be assassin Lynette Fromme.

In 1986, Pan Am Flight 73 was hijacked at the Jinnah International Airport in Karachi, Pakistan.

**TODAY'S BIRTHDAYS:** Jack Daniel (1846-1911), distiller; Jesse James (1847-1882), legendary outlaw; Arthur Nielsen (1897-1980), market researcher; Darryl Zanuck (1902-1979), film producer; John Cage (1912-1992), composer; Bob Newhart (1929-), comedian/actor; Raquel Welch (1940-), actress/model; Werner Herzog (1942-), filmmaker; Freddie Mer-

cury (1946-1991), singer-songwriter; Cathy Guisewite (1950-), cartoonist; Michael Keaton (1951-), actor; Rose McGowan (1973-), actress.

**TODAY'S FACT:** Jack Kerouac typed the manuscript of "On the Road" on a 120-foot-long scroll of paper.

**TODAY'S SPORTS:** In 1960, boxer Muhammad Ali (then known as Cassius Clay) won the gold medal in light heavy-weight boxing at the Olympic Games in Rome.

**TODAY'S QUOTE:** "I can't understand why people are frightened of new ideas. I'm frightened of the old ones." - John Cage

**TODAY'S NUMBER: 12** - colonies represented at the First Continental Congress in 1774. Georgia declined to send delegates.

**TODAY'S MOON:** Between first quarter moon (Sept. 2) and full moon (Sept. 8).

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**Asthma.ca**  
Asthma Society of Canada

**RATES and DEADLINES: ANNOUNCEMENTS & NOTICES**

BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMs, BRIEFLETS:

Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)

Discounts: 2 insertions or more: 15% off

With photo: additional \$18.50. DEADLINE: 11 a.m., day before publication.

BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:

Text only: \$16.00 (includes taxes)

With photo: \$26.00 (\$29.90 taxes included) DEADLINE: 3 days before publication.

WEDDING WRITE-UPS:

\$26.00 (\$29.90 taxes included) WITH PHOTO: \$36.00 (\$41.40 taxes included)

Please Note: All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: clas-sad@sherbrookerecord.com - They will not be taken by phone.

DEADLINES FOR DEATH NOTICES:

For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.

For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or

fax 819-569-1187 (please call to confirm transmission) or e-mail: production@sherbrookerecord.com between

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# But he's already stayed 10 months, uses my facilities without permission...

FRIDAY, SEPTEMBER 5, 2014

## Annie's Mailbox

Dear Annie: My cousin is 53 years old and is in and out of jobs. He has no place to go and parked his van on my property on the condition that he stay no more than five months. He asked for permission to use my laundry equipment and electricity. But he's already stayed 10 months, uses my facilities without permission and leaves things all over my front yard.

On several occasions, I kicked him out, and he refused to leave. Several of my neighbors reported a squatter in the residential area, and the police arrived to deal with the complaint. They only request that he leave. But he's still here.

How do I get rid of him? — Cousin of a Squatter

Dear Cousin: Depending on your local law, you can call the police and tell them your cousin is trespassing on your property, in which case, they may be able to forcibly make him move. Otherwise, you may need to sue him to get him evicted. In either case, we recommend you consult an attorney about what you can do.

Dear Annie: I am amazed that women do not realize that one of the primary reasons they are not being asked out is simply because they insist on traveling in packs. Men do not like to break into a group of women just to ask one of them to dance or to chat.

Some years ago, I did an experiment with a female friend, asking her to place herself alone against a wall in a bar with her arms behind her. It took less than five minutes for someone to come up and ask if he could buy her a drink. Meanwhile, as I looked around, I saw many men standing about and many women in groups chatting away with no man even close to them.

Wake up, women. You have the ability to change your dating success pronto. — PB Watching

Dear PB: A lone woman might indeed attract more attention, but not always for the right reasons. Women travel in packs for their own protection. Not every man is trustworthy. A woman who is alone at a party, for example, runs a real risk of being assaulted when she leaves, if not before, especially if liquor is involved. If a woman chooses to separate herself from her friends to get attention, that's fine, as long as she lets her friends know where she is and with whom.

Dear Annie: I was very touched by the letter from "L.A., Calif." I, too, am a single mother of two children. My kids were 4 and 8 when I divorced their dad. He had supervised visitation, which he chose to give up. Our children have not seen their father in 10

years. Is there resentment? I would say more hurt than anything. He chose everything else over his family.

For a long time, my daughter has wanted to change her name from her father's last name. My son doesn't seem to care. Now that they both are adults, they can legally change their name without parental consent.

I think your advice was great, but I don't believe a name change needs to have anything to do with Mom's animosity toward her ex. I think it is her intent to give her children a connection to what is constant and stable in their lives: their mother. Taking her maiden name will help them feel more attached to someone who means so much to them and won't abandon them.

My kids have thrived, are mature beyond their years and surround themselves with positive friends. I have absolutely no regrets. Being granted total physical and legal custody was the best gift the judge could have given us. — Been There, Done That, Happier for It

Annie's Mailbox is written by Kathy Mitchell and Marcy Sugar, longtime editors of the Ann Landers column.

## Happy 50<sup>th</sup> Wedding Anniversary

Eleanor and Maleck Besmargian  
on September 7

Lots of Love From:  
JOANNE, MICHAEL, REBECCA,  
BRIDGET & EVAN TAYLOR  
JULIE, DEAN, SABRINA & WILLIAM LEEDER

## Dunham

Five Ladies of our Guild met on August 12 for a short meeting led by Erme Lea Eyck.

Items that will be needed for our September 11 soup luncheon were discussed as well as what was needed for the men's meatball supper.

August 15 Men's meatball supper.

Friends from Dunham and neighboring communities gathered together to enjoy a delicious meatball and gravy supper on August 15. The men of the congregation did a fantastic job planning, preparing and serving the meal. Our ladies guild provided green salads and a great selection of homemade pies. Tables were dressed in shades of white and pale green and rose floral centerpieces, in lovely autumn colours graced the tables. These were donated from the garden of Bettie Riordau.

To add to the ambiance tea lights were lit, and the overhead light dimmed during the meal.

Door prizes of homemade bread, gift cards for breakfast (Cafe au Couer Chaud) and the piece de resistance, a gorgeous floral arrangement from Bettie Riordau that we would all have liked to have won.

The winning numbers were held by Alice Brault, Shawn Riordau, Margaret Johnson, Terri Laroque, Phyllis Ladd, Jerry Michaud and Richard Lacroix. Steve Neil won the half and half.

A huge thank you to all who attended our supper. We hope that you enjoyed your evening. The next event will be a soup and Dessert Luncheon on September 11, 2014 at 12 noon. Cards will be played following the luncheon. We hope to welcome you then.

Respectfully submitted,  
Mary LeChasseur

## Ulverton

Yes, well Hello once again from Ulverton! Summer has seen its ups and downs but we know that the fall weather will be lovely and colorful in our small community.

We had a great picnic on the 9 of August. The weather was wonderful and many people attended. There were lots of social time, games, food, and door prizes. We also had three presentations of the planetarium done by Ghyslain Chagnon, from Planespace. Children (and some adults) had their faces painted by a make-up artist and everyone enjoyed hotdogs and corn-on-the-cob. Some danced to the music in the evening and everyone went home tired, but happy.

We have had three weddings in Ulverton this summer and we wish each couple love and happiness in the future!

The ladies of the Ulverton United and Kirkdale Anglican churches are holding their Ham and Bean Supper on Wednesday, September 10, 2014 at

the Community Centre starting at 4 p.m. and ends when food runs out or people stop coming. We hope to see many out to support our little churches. Don't forget to bring a friend.

We will also be holding a Scrapbooking Day on Saturday, September 27 from 9 a.m. - 4:30 p.m. at the Community Centre. A light lunch is included for the day with a minimum donation of \$15.00. Of course this is a whole day with supplies provided and door prizes, so please be generous as the proceeds go to the churches. There will be limited space so for more information and to register, please call Colleen Fraser at 819-826-5819 or Evelyn Fraser at 819-826-5708.

So I hope to see many of you readers out to our activities and I leave you with this little saying, "The more Christ's love grows in us, the more His love flows from us."

Submitted by Jocelyne Lefebvre

## St. Johns Anglican Church Waterville card party

On August 22, 2014 St. Johns Anglican Church Waterville held a five hundred card party at the Eustis Hall in Eustis, Qc. We had 7 tables. Ladies 1st was Jean Martin with a score of 5540 and Marie Samson came in 2nd with a score of 5380. Consolation was won by Rita Nugent. Men's 1st went to Beulah Turnbull, playing as a Gent with a score of 5640. George Peasley won the consolation. Thanks, George, for all your help. I appreciate it very much. Thanks, Louise Peasley for rescuing me. Louise Peasley and Len Swallow got the 10 bid; Jean Martin and Cline McDonald got the 9 no trump; Casey Vriesendorp got the trick with a 4 - 5 times. Special Prizes was won by Royce Wallis, Helena McComb, Harris Olsson, Rita Nugent, Andy Davis, Len Swallow and Meryl Nutbrown. Everyone else got a door


prize. Thanks, Pat Howe for helping setup, take down and putting out the lunch. Thanks also, to Sue Nichols for her help. You two make my life a little easier. Thanks to everyone for bringing food or prizes or both. The next card party is on September 5, 2014 at the Eustis Hall at 1:30 p.m. Hope to see you all there. Thanks everyone for coming and

helping St. Johns Anglican Church Waterville.

Submitted by  
Judy Lane

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### CELEBRITY CIPHER by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"DKXSTW DTL XFL ASKRLPW SE  
OGXLTDXHTL SXFLTWHZZOP  
XFL FSTWLW, XFL ZODPW, DMY VL  
WGIZOP IDRL XFLI THM." — TDOZF  
TGKFDTYWSM

Previous Solution: "Apologies are pointless, regrets come too late. What matters is that you can move on, and you can grow." — Kelsey Grammer  
TODAY'S CLUE: E equals F

### CELEBRITY CIPHER by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"BY SNP LCP BDRXDPXP GT RN  
YNAANZ MXHBUXT, LX ZNGAPD'R LCEX  
SBEXD GT SMCDPWNRLXMT." — ABDPC  
LXDAXI

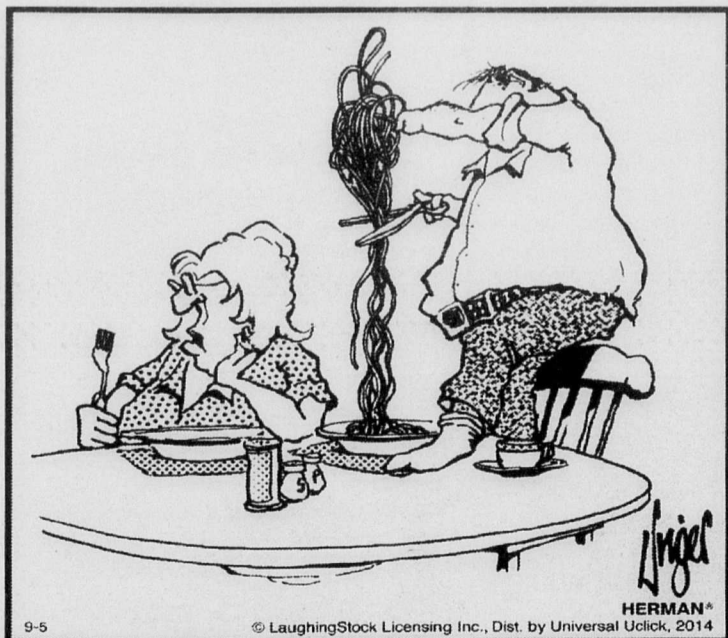
U equals P

Previous Solution: "Actors are the jockeys of literature. Others supply the horses, the plays, and we simply make them run." — Ralph Richardson

### KIT N' CARLYLE



### HERMAN



### ALLEY OOP



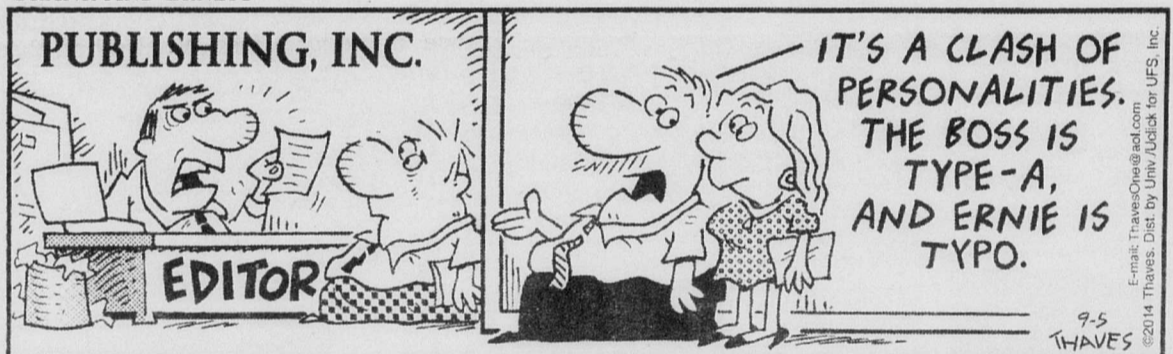
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- 001 Property For Sale
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- 290 Articles For Sale
- 290 Articles For Sale
- 290 Articles For Sale

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## CLASSIFIED

## 340 Garage Sales

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## REMINDER

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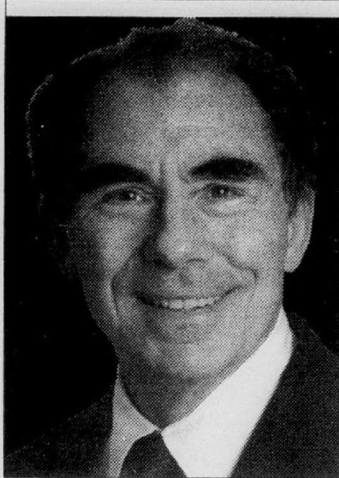
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## REMINDER

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## Even with inactive TB, treatment can stop future infection

ASK DOCTOR K



by Anthony L. Komaroff, M.D.

**DEAR DOCTOR K:** My 6-year-old just had a positive reading on her Mantoux test. What does this mean?

**DEAR READER:** Doctors perform a Mantoux test to see if someone may have been exposed to bacteria that cause tuberculosis (TB). TB is a bacterial infection that typically infects the lungs. Fortunately, in most people exposed to the bacteria, TB never develops.

TB bacteria spread from person to person through the air. The bacteria come out of someone's mouth or nose when that person coughs or sneezes. When infection occurs, bacteria are inhaled into the deepest portion

of the lung. There, the bacteria multiply. They also can spread to other parts of the body. (I've put an illustration on my website, AskDoctorK.com.)

When the TB bacteria first enter a person's lung, the immune system can usually keep them from multiplying, but it usually cannot destroy them completely. As a result, the disease often remains inactive for life. People with inactive TB do not have any symptoms. And if the bacteria are not multiplying, and the person is not coughing, a person cannot spread the infection to others.

But it still can be important to determine if someone has inactive TB. That's because an inactive infection can slowly and quietly become active. The bacteria can start multiplying again, causing symptoms and often making the person contagious. Treatment can eradicate the inactive infection, and thereby prevent a future active infection.

Testing for inactive TB is most important in people who are at high risk. That includes people who live with other people who have had active TB of the lung, and people who have been in casual contact with those who have highly contagious types of TB. Health workers often fall into the latter category.

The only way to tell if a person has been infected is with a

Mantoux skin test. I assume the test was done on your daughter because the doctor believed she was at extra risk. Perhaps there was another child in her school who was found to have an active infection that could have been spread to other kids.

Here's how the skin test works: A small amount of protein taken from dead TB bacteria is placed just under the skin. (It's completely safe.) The site is checked two to three days later. If TB bacteria have been in the person's body before, there will be a slightly hard, sometimes red swelling. Whether or not it is "positive" depends on the amount of swelling. Once a Mantoux is positive, it tends to stay positive, even after treatment.

If your daughter's Mantoux test is positive, it doesn't necessarily mean she has active TB disease. It just means that the bacteria have entered her body. Your daughter's doctor will check her for any signs of TB. The next step is a chest X-ray to check for TB infection in the lungs. If there is any indication your daughter has an active infection, she will be treated with antibiotics.

Even if the checkup and X-ray are normal, your daughter's doctor might still recommend medicine to eradicate the bacteria and prevent a future active infection.

## Lithium still most effective drug for bipolar disorder

ASK DOCTOR K  
by Anthony L. Komaroff, M.D.

**DEAR DOCTOR K:** I have bipolar disorder. I've experienced the highest highs and the lowest lows. How can one medication — lithium — treat both extremes?

**DEAR READER:** Bipolar disorder is certainly a condition of extremes — extreme opposites.

On the one hand are episodes of mania. During these episodes people with bipolar disorder feel like they're "on a high." They have grandiose thoughts and pumped-up self-esteem. They need a lot less sleep than normal, but feel energized to the extreme. That energy may go into something productive, such as accomplishing a goal. But it can just as easily veer into negative territory, with racing thoughts, agitation, erratic behavior, or destructive, pleasure-seeking urges.

Then there's the other side of bipolar disorder: the sadness and hopeless feelings of depression. The feeling that you don't have the energy or desire to do much of anything. The lack of interest in things that used to give you pleasure. Even the thoughts of ending the pain of

the extreme sadness and hopelessness you feel — and the pain you may see you are causing the people you love — by ending your life.

While it may seem unlikely that one treatment can affect both "poles" of bipolar disorder — the mania and the depression — it's true. I think of it as the treatment pulling both poles back toward the middle, evening out the peaks and valleys. It diminishes thoughts of suicide.

Lithium is the most widely known medication used to treat bipolar disorder, as it helps to stabilize mood, the chief goal of treatment. Like any drug, it can cause side effects — dizziness, difficulty with concentration, thyroid problems and others. And lithium doses that are too high can quickly become dangerous, causing confusion, loss of consciousness and dangerous heart rhythms. As a result, people taking the drug need to have regular blood tests.

The main alternatives to lithium are anti-seizure drugs (anti-convulsants). These drugs also treat mania and stabilize moods, but they aren't as effective as lithium for protecting against depression and preventing sui-

cide.

Other drugs prescribed for bipolar disorder include antipsychotic, antidepressant or anti-anxiety medications. Antipsychotics can help treat distorted or psychotic thinking that may occur during an episode of mania. Antidepressants are effective for depression, but they can trigger a manic episode. Anti-anxiety drugs can help with the jitters, racing thoughts and overall worry and distress that often accompany manic episodes.

There's a good chance of relapse when you go off medications. As a result, you may need to stay on some medication or combination of medications indefinitely to keep your mood stable.

Lithium is a natural substance, not an unnatural drug created by chemists in a pharmaceutical lab. It must work by changing the chemical environment in the brain. Many scientists are trying to solve the riddle of how it works, because that could lead to new drugs that are equally effective, but have fewer side effects and don't require frequent blood-test monitoring, as lithium does.

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SATURDAY, SEPTEMBER 6, 2014

SUNDAY, SEPTEMBER 7, 2014

North 09-05-14			
♠ J 10 4 2			
♥ 10 8 4			
♦ Q 8 3			
♣ K 7 5			
West		East	
♠ 9 8		♠ K Q 6 5	
♥ Q 9 7 3		♥ A K 6 5	
♦ 9 5 4 2		♦ 7	
♣ 6 4 2		♣ Q J 10 3	
South			
♠ A 7 3			
♥ J 2			
♦ A K J 10 6			
♣ A 9 8			
Dealer: South			
Vulnerable: Both			
South	West	North	East
1♦	Pass	1♠	2♣
2NT	Pass	3NT	All pass
Opening lead: ♣ 2			

FRIDAY, SEPTEMBER 5, 2014

## More abstract actions from the real world

By Phillip Alder

Pablo Picasso said, "There is no abstract art. You must always start with something. Afterward you can remove all traces of reality."

At the bridge table, we start with 52 cards. Afterward, once the bidding and play begin, the players can be accurate or make mistakes.

What do you think about the bidding in this deal? How should South plan the play in three no-trump after West leads the club two (low from a tripleton in partner's unsupported suit)?

South was right to upgrade his hand, counting it as worth 18 points. He had an excellent five-card suit, three aces and one king. After North responded one spade, East should have made a takeout double. The two-club overcall was bizarre. Then South rebid two no-trump, showing 18 or 19 (or a poor 20) points. That was a reasonable choice. (However, if North-South had been using support doubles, South should have doubled to show three spades. Then North would have rebid two diamonds, and South could have continued with two no-trump.) North's raise to game was optimistic.

South started with eight top tricks: one spade, five diamonds and two clubs. He had to gain a second spade trick. So he took the first trick with dummy's king and led the spade jack. When East covered with the queen, South won with his ace and played another spade, happy to see the eight and nine from West.

East took this trick and returned ... the club queen. He should, of course, have first cashed the heart king (lead king from ace-king and from king-queen after trick one) to get a signal from partner.

Your popularity will grow if you offer help in good faith. Using your experience to shed light on situations will make a favorable impression on your colleagues this year. Your compassion, understanding and patience will win you valuable support and allies.

**VIRGO** (Aug. 23-Sept. 22) — Be wary of anyone who comes on too strong. Before opting to let someone make a decision for you, make sure there are no ulterior motives that can blindside you at a later date.

**LIBRA** (Sept. 23-Oct. 23) — Be prepared to go over everything you do in detail. Household expenses will be troublesome if you have been too generous with loved ones. Running your home more efficiently will ease your stress.

**SCORPIO** (Oct. 24-Nov. 22) — You will receive advice from an unusual and unexpected source. If you are open-minded, you will discover that the information provided holds a worthwhile solution to a dilemma.

**SAGITTARIUS** (Nov. 23-Dec. 21) — Be conscientious when it comes to money matters. Cautious investing can improve your standard of living. You can have fun without going overboard. A strict budget will ensure peace of mind.

**CAPRICORN** (Dec. 22-Jan. 19) — Others may not understand your methods. Before you make a hasty decision, talk over your plans to anyone who will be affected by the choices you make. You'll gain support if you ask first.

**AQUARIUS** (Jan. 20-Feb. 19) — Think twice before baring your emotions to a new acquaintance. Your personal secrets will be made public if you aren't careful. Protect against embarrassment and damage to your reputation.

**PISCES** (Feb. 20-March 20) — Find a group that you feel akin to and make a contribution. Sharing your knowledge and experience will be fulfilling and will give you the chance to make new friends.

**ARIES** (March 21-April 19) — You are likely to end up miserable and alone if you are disagreeable. Being judgmental or disapproving of others will alienate you from your peers. Make an effort to get along.

**TAURUS** (April 20-May 20) — New opportunities and interests will arise if you keep company with like-minded people. Stimulate your curiosity by going to as many functions as possible.

**GEMINI** (May 21-June 20) — If you are feeling restless, it's time for a change. Consider making some adjustments to your living space. Home improvements will lead to increased property values and greater comfort.

**CANCER** (June 21-July 22) — You and your family members will be on different wavelengths. You can avoid conflicts if you decide to work on personal projects. This will protect you from interference.

**LEO** (July 23-Aug. 22) — Being willing to go the extra mile at work will pay big dividends. Your name will move to the top of the promotion list if you put your nose to the grindstone.

It will be easy to stray from your original game plan. Do whatever it takes to stay on track. A friendly reminder and an incentive that will help you focus and maintain the discipline required to reach your goal will lead to a happy and prosperous year.

**VIRGO** (Aug. 23-Sept. 22) — A higher-paying position is within reach. Your business associates will be willing to help you advance if you present what you have to offer. Display your attributes with confidence.

**LIBRA** (Sept. 23-Oct. 23) — Take whatever time you need to rejuvenate. Getting out with a friend or going on a shopping spree will boost your morale. Pamper yourself, play and enjoy life.

**SCORPIO** (Oct. 24-Nov. 22) — If you or someone close to you has a problem, enlist an experienced professional. There are some issues that you cannot fix alone. Don't be afraid to ask for help.

**SAGITTARIUS** (Nov. 23-Dec. 21) — You'll be sought after for advice. Your ability to reconcile differing points of view will make you a popular sounding board for friends and family. Love is on the rise.

**CAPRICORN** (Dec. 22-Jan. 19) — Professional gains are within reach if you are willing to make a move. Find out what credentials you need to get to the next level. Make positive change happen.

**AQUARIUS** (Jan. 20-Feb. 19) — You will receive mixed messages. Your impression of a situation will differ from someone else's. Keep lines of communication open to avoid a misunderstanding that would lead to discord.

**PISCES** (Feb. 20-March 20) — Do your homework before contributing to an organization. There are plenty of worthwhile causes to choose from, but if you are not careful you could fall prey to a scam artist.

**ARIES** (March 21-April 19) — Take the initiative. Many interesting connections can be made at social events. Check your local area for groups that pique your curiosity and join them. It's time to expand your interests.

**TAURUS** (April 20-May 20) — When it comes to work, you should listen and learn. Reserve your opinion until you are asked for it. Taking precautions will ensure that you avoid a costly mistake.

**GEMINI** (May 21-June 20) — Let others know what drives you. Your opinions are as distinctive as you are. Share your thoughts to find valuable allies who are willing to contribute to your venture.

**CANCER** (June 21-July 22) — Re-evaluate your financial situation. Get together with someone who has financial savvy and go over investment records. You are likely to find a way to make a beneficial change.

**LEO** (July 23-Aug. 22) — Romance is highlighted. Spend quality time with your partner and share your feelings and intentions. If you are single, you will meet someone special if you get out and socialize.

Take control of your life. Pursue the ideals that mean the most to you. Following someone else's plans for your future will lead to resentment, regrets and dissatisfaction. Be gracious about accepting helpful offers, but when it comes to making a decision, do what's best for you.

**VIRGO** (Aug. 23-Sept. 22) — Don't be too quick to believe what someone tells you. Someone's word isn't good enough. Get agreements or contracts in writing. Being too trusting will lead to a loss.

**LIBRA** (Sept. 23-Oct. 23) — It's time to pamper yourself and to play. Whether you decide to spend time at the beauty parlor, shopping center or a sporting event, do things that make you happy.

**SCORPIO** (Oct. 24-Nov. 22) — An older or younger family member will need help. Your offer will encourage a greater sense of security for him or her, and satisfaction for you.

**SAGITTARIUS** (Nov. 23-Dec. 21) — Consider traveling to an exotic location. Meeting people from different cultural backgrounds is a perfect way to expand your mind. Check out your local travel agency for inspiration.

**CAPRICORN** (Dec. 22-Jan. 19) — It's never too late to think about taking a new direction or diversifying your skill set. Network with others and research careers that inspire you.

**AQUARIUS** (Jan. 20-Feb. 19) — An unorthodox idea will point you in an exciting new direction. Don't wait for opportunity to come to you; seize the moment. Develop an inventive and original course of action.

**PISCES** (Feb. 20-March 20) — Contracts and legal matters will prove profitable. A partnership or collaboration with a colleague looks inviting. If you are open to innovative moneymaking contributions, success will be yours.

**ARIES** (March 21-April 19) — You must share your enthusiasm and creativity. Sitting meekly in a corner will not gain you the support and assistance necessary to see your dreams come true.

**TAURUS** (April 20-May 20) — Don't sweep your problems under the rug. Apologize if necessary, but act immediately before the situation escalates. Stubbornness will be your downfall. Show compassion and make love, not war.

**GEMINI** (May 21-June 20) — You will feel more optimistic about the future if you open your mind to new ideas and inspirational suggestions. Once you have decided on your chosen path, nothing will hold you back.

**CANCER** (June 21-July 22) — Look after your needs first. Set aside money for your future before making contributions to someone else's cause. Learning to say no is in your best interest. Don't let anyone take advantage of you.

**LEO** (July 23-Aug. 22) — Keep your promises. If someone has made a commitment to you, it will be expected that you return the favor. Don't trifle with the emotions of others. Consideration will lead to respect.

E-mail your social notes to [classsad@sherbrookerecord.com](mailto:classsad@sherbrookerecord.com)

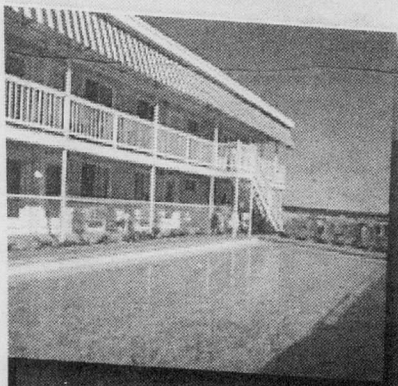
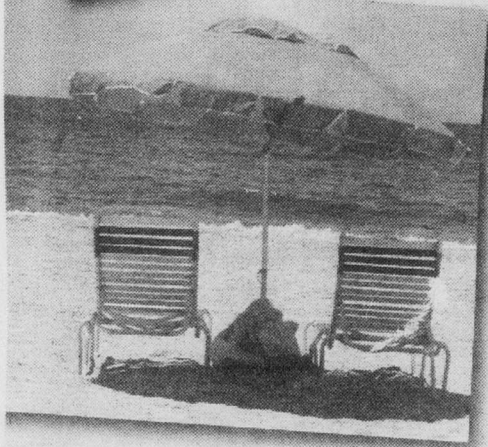
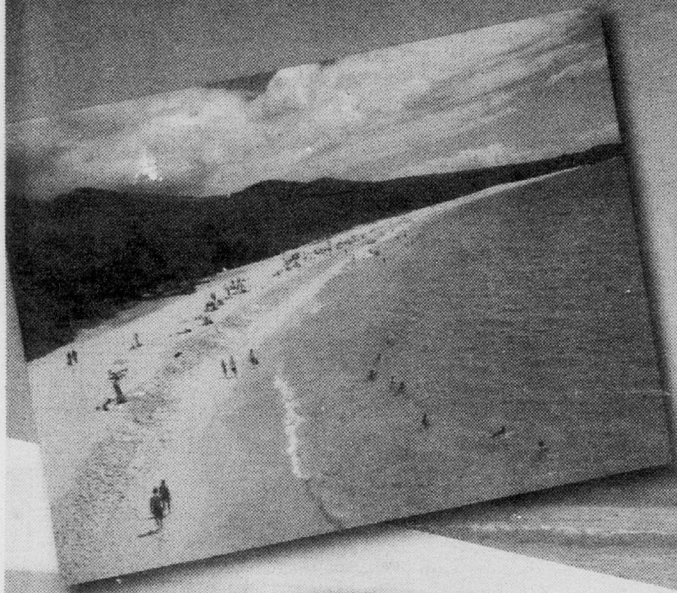
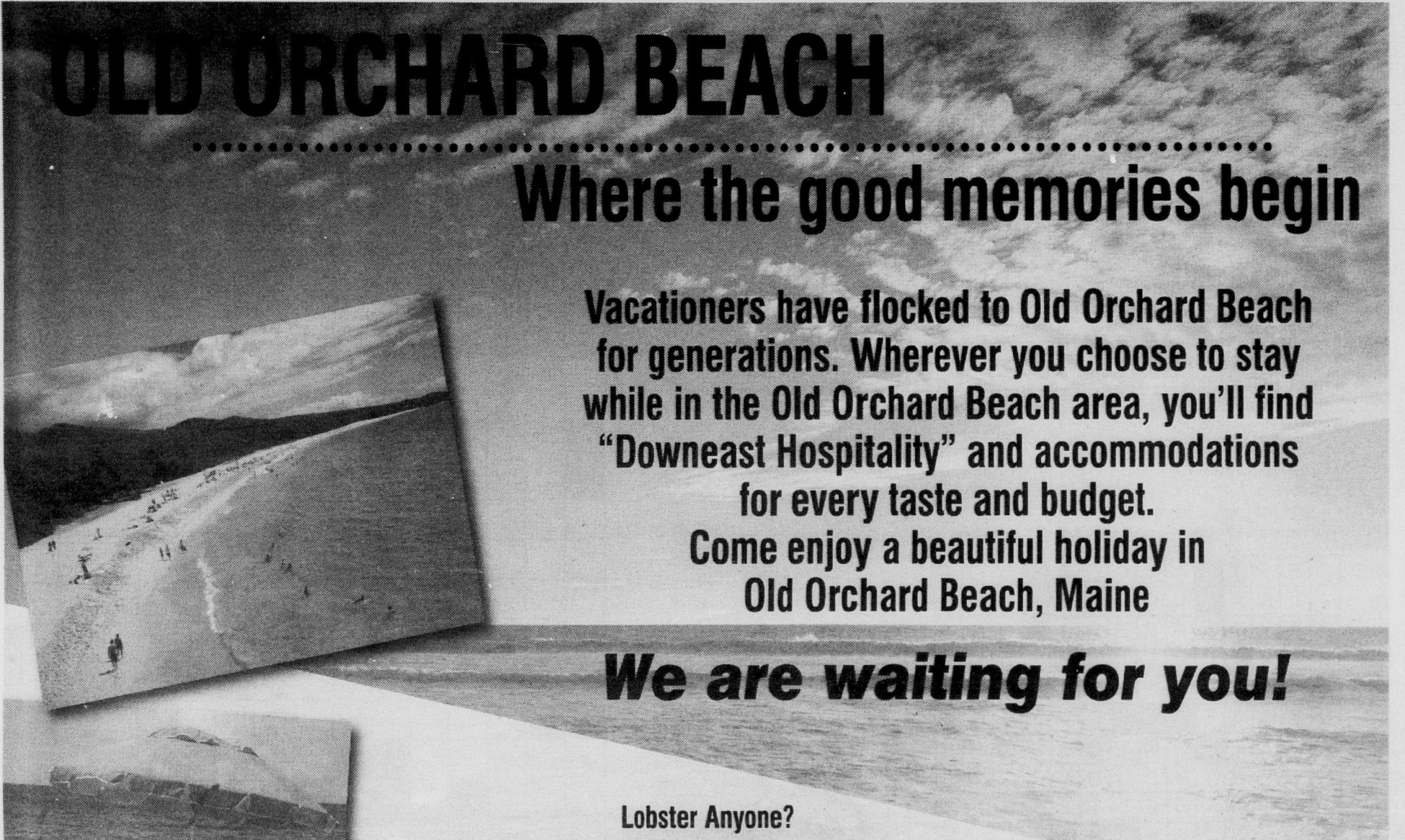


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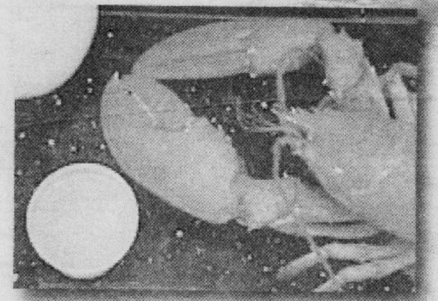
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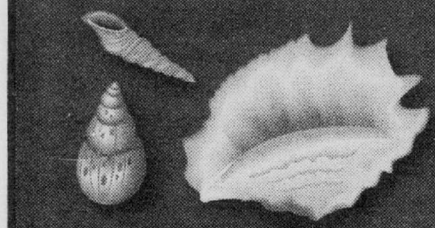
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