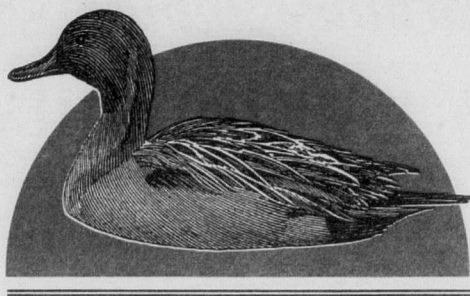


Brome County NEWS



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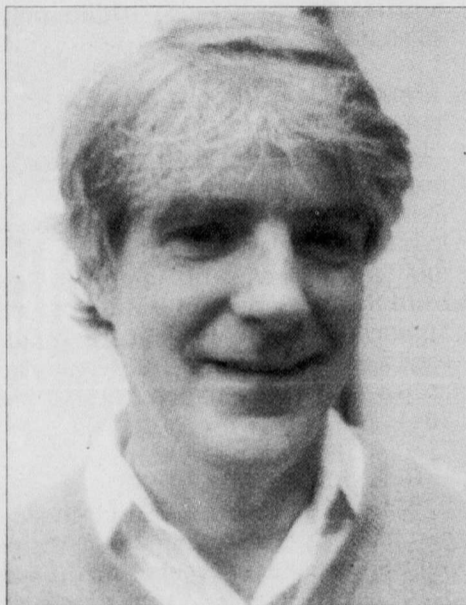
TUESDAY, APRIL 22, 2014

Brome Lake Garden Club

Alexander Reford gives inspiring talk

By Frank Nixon

Alexander Reford, director of Reford Gardens, gave a lively and evocative slide show presentation to



FRANK NIXON

Guest speaker Alexander Reford, great-grandson of Elsie Reford.

members of the Brome Lake Garden Club, before a packed hall at Centre Lac-Brome, in Knowlton, last Saturday, April 19.

Reford is the great-grandson of the gardens' founder, Elsie Reford. She was a pioneer of Canadian horticulture, creating one of the largest private gardens in Canada on her estate.

The gardens are located in Grand-Métis on the south shore of the St. Lawrence River, 350 kilometres (220 miles) east of Quebec City.

Reford decided to take up gardening when she was 54 years old - in 1926, when her doctor suggested she replace fishing with gardening, after an operation for appendicitis.

The gardens would take ten years to build, and would extend over more than twenty acres.

Reford's genius as a gardener has been attributed to her intimate knowledge she developed of the needs of plants over the course of her long life. She died at the age of 96, in 1967.

By the end of her life, she was able to counsel other gardeners, writing in the journals of the Royal Horticultural Society and the North American Lily Society.

"Lilacs were marvelous, azaleas very brilliant but I sometimes wonder if the sweeps of blue poppies are not the most satisfying, for apart from their great beauty they outlast everything else for length of time of flowering," said Reford, in July 1954. "They have now been giving much delight for almost a month."

Around 1935, Reford introduced the blue poppy to her gardens, after obtaining seeds from the Royal Botanic Garden in Edinburgh, Scotland.

The blue poppy, native to the Tsangpo Gorge in the southeast corner of Tibet, is notoriously difficult to grow. The success of the blue poppy at Reford Gardens is partly due to the cli-



COURTESY OF LOUISE TANGUAY

The blue poppy, native to the Tsangpo Gorge in the southeast corner of Tibet, is notoriously difficult to grow, but grows well at Reford Gardens.

mate of the Lower St. Lawrence, which provides the plants with the right amount of humidity and cool night air.

Reford's legacy, along with contemporary gardens from international designers, has been a source of inspiration to gardeners from around the world.

The gardens have been open to the public since 1962 and operate under the name Les Jardins de Métis and Reford Gardens, a not-for-profit corporation and charitable organization.

In 1995, the gardens were designated a National Historic Site of Canada, as being an excellent Canadian example of the English-inspired garden.



COURTESY

Elsie Reford took up gardening when she was 54 years old - in 1926.

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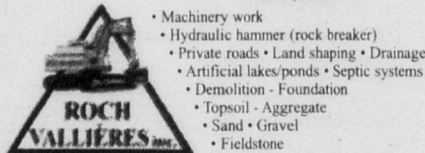
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Brome County Community Bulletin Board

April 24

Bingo every Thursday at 6:30 and dance every Sunday at 3 p.m. with orchestra and supper at \$ 7. 120 Davignon, Cowansville.

April 25, 26

Spring rummage sale at Creek United Church, West Bolton. April 23 receiving clean rummage. Sale: April 25 from 9 a.m. to 1 p.m. April 26 (\$5 Bag Day) from 9 a.m. to noon. 278 Brill Road.

April 25 and 26

Bargain day sale by St. Paul's Church Women, 24 St. Paul's Road, Knowlton, Friday, April 25, 9 a.m. to 3 p.m. and the 26th between 9 and 11 a.m. Articles for the sale may be left in the church hall as of the 21st between 9 and 6 p.m.

Knowlton Players presents "Up The Creek - A Celebration of Spring." Fundraising cabaret for the Creek United Church, 278 Brill Road, West Bolton, on Saturday, April 26 at 7 p.m. Cost by donation. Call Laura Teasdale: 450-539-1033.

April 26

Indoor flea market will be held at the Sutton Royal Canadian Legion, 2 Curley St. Sutton Qc. From 9 a.m. to 3 p.m. on Saturday, April 26. New and old items. Soup and sandwiches available. Information: Susanne 450 263-6505.

You are invited to join us at the **Caregivers' Café** on April 26 from 10 a.m. - noon at St. Paul's Anglican Church in Knowlton. Representatives from First Responders will be present to explain their services. Open discussions to follow. Everyone is welcome. Information: 450-539-1123.

Brome Bolton Fish and Game Club general meeting will be held at the Fairview Hall, 343 Stagecoach Rd. in Brome village, Saturday April 26 at 7:30 p.m. Bring your club card to be eligible for door prizes. All welcome! Registration/weigh station and club cards sales. Reg Morin, 11 Brome Rd., West Brome (450-243-0198). Cards are also available at Rodney Wright Archery, 14 Allen St., Waterloo (450-539-5350) and Petits Moteurs AR enr. (Arnold Royea) 490 Knowlton Rd., Knowlton (450-242-0218).

Covered dish supper at Richford United Methodist Church on Saturday, April 26 at 5:30 p.m. until all are served. Adults: \$8. Children 6 - 12 yrs: \$4. Children under 6 yrs: Free. Reservations appreciated but not required. Call: 802-848-3477.

April 27

Earth Day Walk. Please join us in front of TBL's Town Hall at 2 p.m. this Sunday for our annual symbolic stroll along Victoria and the walking path to Douglass Beach. Eighty-seven walked last

year; let's surpass 100 this year and let's show TBL officials and fellow citizens we really care about our environment. Information at 450-243-6677.

April 28

PROCURE prostate cancer support group Brome-Missisquoi will be holding a special event Monday April 28 from 6:30 - 8 p.m. at the community center in Knowlton. A free live videoconference entitled Reclaiming Your Life After Prostate Cancer. There will be opportunity to ask questions of speakers Dr. Lorne Aaron and Dr. Peter T. K. Chan. Men and women of all ages are welcome and will find the event informative.

April 29

Open til 8: "Money, money, money!" Steps towards financial security and autonomy. Free. Starts at 6 p.m. Avante Women's Centre, 15 rue du Pont, Bedford, 450-248-0530. avantebarb@bellnet.ca.

April 30 - May 3

The spring rummage sale at St. James Anglican Church Parish Hall, 40 du Pont, Bedford, will be open April 30-May 3: Wednesday, Thursday, Friday, 1 to 6 p.m.; and Saturday, May 3, 9 to 11:30 am. Fill a big bag for \$10 (half price on Saturday!) Information: 450-248-7319. We have lots of good stuff, and everyone is welcome!

May 1 and 15

Annual luncheon and bridge card parties at Church of the Ascension, West Brome, Thursday May 1 and May 15 at noon. Suggested donation of \$10 per person. Reservation only. To reserve your table call Shelly: 450-538-2589.

May 3

Spring sale at the Oddfellows Hall, 480 Knowlton Road, 9a.m-3p.m., Saturday, May 3. Antiques, books, prints, collectables, old money, home baking, fudge, jewelry, hand tools, old boxes, bells, and much more. Cantine/lunch available. Information: 450-243-5742/450-243-6778.

May 5

Canadian Club of the Yamaska Valley spring luncheon on Monday, May 5, at noon in Auberge West Brome on Rte. 139. Speaker: Pauline Quinlan, teacher, municipal politician. Topic: Town of Bromont; 50 Years of Innovation. Meeting only \$10, at 2 p.m. Lunch reservations: 450-266-7552. Information: guyacote@yahoo.fr

CHURCH SERVICES

CREEK/WATERLOO PASTORAL CHARGE

Trinity Sunday, April 27 - worship and music: Creek United, 278 Brill Rd., West Bolton service and Sunday school at 9 a.m.; St. Paul's United, 4929 Foster, Waterloo, special classical music service at

10:30 a.m. Reverend Dave Lambie, minister. For information or to leave a message call: 450-539-2129

ST. PAUL'S ANGLICAN CHURCH

24 St. Paul's Road, Knowlton. www.stpaulsbog.wordpress.com. St. Paul's - a dynamic, diverse community pursuing and serving Jesus in the Eastern Townships. 8 a. m. Said Book of Common Prayer worship. 10 a. m. User-friendly "blended" service with traditional, contemporary and modern music and format. Sunday school. For information call: Rev. Tim Wiebe. 450-242-2885.

KNOWLTON-MOUNTAIN VALLEY PASTORAL CHARGE

Serving the regions of Knowlton, Bolton Centre, Mansonville and Vale Perkins. Worship service: Knowlton United Church, 234 Knowlton Road (450-243-6078) at 11 a. m. The Rev. Ryk Allen, officiating. A warm welcome is extended to all. Handicapped access available.

EMMANUEL UNITED CHURCH

A thinking faith, a joyful sense of justice, and a God who loves every living thing! Our Sunday worship service is at 203 rue Principale, Cowansville at 10:30 a.m. Everyone is welcome. For pastoral emergencies only, please contact Rev. Ryk Allen or Rev. Gayle Chouinard at 450-242-1971. All other messages may be left with the church office phone answering service, 450-263-0204. Worship leader: Tessa A. Griffin. Website: emmanuelcowansville.ca.

ALL SAINTS ANGLICAN CHURCH - DUNHAM

Sunday services and Sunday school at 10 a. m. - all welcome! The Rev. Sinpoh Han. Information: 450-295-2045.

ANGLICAN PARISH OF BROME

First Sunday of the month service will be at Holy Trinity, Iron Hill, second Sunday of the month will be at St. John the Evangelist in Brome, third Sunday of the month will be in West Brome at Church of the Ascension, fourth Sunday of the month: St. Aidan's, Sutton Junction. All services are at 10 a. m. Monthly healing service fourth Sunday of each month at St. Aidan's at 7 p.m. All welcome. Rev. Allan Gault. 450-538-4178.

ÉGLISE CATHOLIQUE ST. ÉDOUARD CATHOLIC CHURCH

366 Knowlton Road, Knowlton. You are invited to participate in a bilingual Mass Sundays at 10:30 a.m. Christian meditation is now on Wednesday afternoons 2:30 p.m. to 3:30 p.m. (side door) except in July and August. The group is now bilingual and has been formed to introduce meditation to newcomers. We welcome beginners and experienced meditators. Regular attendance not required. Information call Clare at 450-243-5590.

TRINITY ANGLICAN CHURCH

The Church with a "Heart" 409 South St., Cowansville. All Sunday services are at 10:30 a. m. Come and join us as we endeavor to learn and practice God's loving will. We'd love to welcome you. Reverend George Campbell and the Reverend. John Serjeantson. Info: 450-955-3325 (leave message).

SUTTON - DUNHAM UNITED CHURCH PASTORAL CHARGE

A warm welcome awaits you at the Sunday worship services led by Rev. Gayle Chouinard in Dunham at the Martins' home at 9:15 a.m. and in Sutton at Grace Anglican Church at 11:30 a.m. Information: 450-295-3251 (Dunham) or 450-538-0530 (Sutton).

BEDFORD PASTORAL CHARGE OF THE UNITED CHURCH OF CANADA

Gathered round Christ, we are a community that searches out God's story in daily life. We worship together as follows: First Sunday service in Bedford, second Sunday service in Stanbridge East, third Sunday service in Bedford, fourth Sunday service in Mystic, fifth Sunday service is in Philipsburg. All services are at 10 a. m. For information call (450) 248-3044.

GRANBY UNITED CHURCH

Where God Unites all Children. Be a part of the family. Down-to-earth spirituality. Spiritual development for all ages at 101 rue Principale, Granby. Please call 450-372-1417 for information and to confirm time of our services.

GRACE ANGLICAN CHURCH

52 Principale sud, Sutton, welcomes everyone for Sunday services at 10 a.m. All welcome. Canon Tim Smart, rector. Info: 450-538-8108 or visit our website at www.gracechurchsutton.org

CORNERSTONE CHURCH OF BEDFORD

We warmly welcome everyone to come and worship with us every Sunday at 10 a. m. and Friday at 7 p. m. We are located at 6 Massicotte, Bedford. Information: Pastor Paul Gibson: 1-514-667-2292 or 450-296-4135

ST. GEORGE'S ANGLICAN CHURCH

130 Principale, Granby, welcomes everyone for Sunday service at 11 a. m. All welcome. Bienvenue a tous. Canon Wm. Terry Blizzard, rector. Information: 450-372-2197.

COWANSVILLE COMMUNITY BAPTIST CHURCH

Cowansville Community Baptist Church meets Sundays at 11:30 a. m. , 112 John Street, Cowansville. Everyone is welcome.

B4 and all that jazz...



MAURICE SINGFIELD

Jazz is not usually associated with teen culture, however I recently discovered it alive and well in the minds and hearts of four young musicians who make up the jazz quartet B4: Christopher Barr 17 - trumpet, Zacharie Bachand 19 - guitar, Jérémie Bélanger 17 - drums and Sebastien Bachand 15 - bass.

Their musical relationship began as students at the Académie de Musique de Massey Vanier on the French side of Cowansville's Massey-Vanier High School. They have all participated in the big-band program run by music teacher François Viens.

"It's really because of that program that we got started in jazz," says Christopher, "and that's what brought us to the level of performance we're at."

Many students enter the program without any knowledge of music, unable to play an instrument, but after five years of practicing and rehearsing they seem to "get the hang of it," according to Zacharie.

Christopher on the other hand, as well as others, was already studying music before he entered, beginning lessons at the ripe-old age of seven. He presently studies classical trumpet at the Conservatoire de Musique de Montreal.

Today, Zacharie is a Montreal-based guitarist/composer, currently studying jazz at Vanier College. He has studied under Jacques Labelle and John Abercrombie.

"It's an exciting type of music if you start listening to it and playing it," he explains, "and it's really difficult to play. So, if you excel at jazz you're going to have an easier time working at other styles of music. When I started playing guitar I took classical guitar lessons, it was really useful in creating a strong base to work on. From there you can build up and work on other things."

The interesting thing about these



PHOTO COURTESY OF STOP! TV

Jazz quartet B4. From left to right we have Jérémie Bélanger, Zacharie Bachand, Christopher Barr and Sebastien Bachand.

boys, is that when they play they make it look so effortless. They somehow seem to have attained a level of confidence and maturity usually acquired through years of performing, many more than they have experienced to date. Then again, there is something to be said about hours of practicing and having the will to succeed.

"For the past 10 years or so you can't go through a day without hearing someone practicing at our house," says Zacharie, speaking on behalf of himself and his brother.

"A few years back my dad, John, used to teach music on the English side," says Christopher. "He taught for 31 years. It's good to have a music teacher as a father. And my mother is a musician too. She's a music teacher actually. So, I am surrounded by music."

Having musicians as parents never hurts when it comes to excelling at music, and for Jérémie it was no different.

"It's because of the jazz program for sure that I am a jazz drummer," he explains, "but like Christopher I was playing before I arrived at the academy. My father is a heavy-metal drummer and he started teaching me the drums at home. As a result I like all types of music."

Variety plays an important part in B4's repertoire. "We do sambas and bossa novas. We also do more bee bop stuff. That's fun too," says Christopher. "And even some slower pieces, more relaxed stuff to get the interest of the people

watching us. It's sort of a mix of the old standard jazz that we add different things to, like we have bass solos, guitar solos that make it a little more modern compared to the old Charlie Parker and Clifford Brown styles. But it's the same repertoire, just played differently."

Over the years, jazz has changed, and B4 is helping to evolve the musical genre. Simply by being who they are, young and energetic, they are adding to the mix.

"I play electric bass and double bass pretty much equally," says Sebastien. "In early jazz there is not much electric bass. I actually started on the electric bass. Because I personally find it's easier to learn. With the double bass you have to have an ear and it's a lot bigger. And, you practice with a bow in classical and when you play jazz you use your fingers."

B4 has been influenced by modern jazz players who have been stretching the boundaries of jazz.

"A lot of the jazz now is played by guys from New York," says Zacharie. "A lot of pianists, guitarists and horn players who are bringing in new sounds that we didn't used to hear in the 60s and the 50s."

I know that Julian Lage (modern jazz guitarist) works with an odd group formation. Like the drummer plays differently and he plays with a cellist. And it's all different soundscapes coming into jazz."

So, why B4 as the group's name? "My family name is Barr, Sebastien and

Zacharie are brothers and their family name is Bachand, and Jérémie's is Bélanger," explains Christopher. "That makes four 'Bs', so we did a little play on words and came up with the name B4."

And, in the future what can we expect of these jazz cats?

Christopher: "We'll stay together and hopefully get better known. I'm planning on going into music later. Probably even jazz actually at several schools. I'll try and vary it a little."

Zacharie: "I'm hoping to move on and continue my development as a musician and to be able to make a living as a musician. There's always opportunities to play cocktail gigs, little gigs and gala gigs. Actually we're trying to get a gig at the jazz festival in Sutton. I write and compose jazz and I have composed a little bit of classical music, and hopefully we can play some of it together."

Jérémie: "I will pursue my studies in music as well and want to be a professional musician playing in a big band while continuing with B4."

Sebastien, only 15, and feeling a little left behind: "Chris and Jérémie both auditioned for CEGEP the other day. But I still have secondary five to complete."

Please go to youtube.com/mauricesify and watch the latest STOP! show featuring B4 live in studio (Studio Mystic in Bromont). For people in the Brome Misisquoi and Shefford regions you can catch the show on Videotron's Matv community cable TV, channel 9.

"First the howling blizzard woke us, when the rain came and woke us and now before our eyes... Crocus" Lilja Roger

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LETTER

Thank you to the town!

GOOD AFTERNOON:

I would like to send out a big thank you to several of the Town of Brome Lake employees for their help this past week. I received the flood warning e-mail sent out by the town late Sunday night and was alarmed to read that my street was listed as one that might potentially flood. When I saw Mayor Bur-

combe on Monday I asked him where I might be able to get sandbags and he suggested I call the municipal garage as they had some. Tuesday morning I called the administration office for the number and Diane St. Pierre did me one better and patched me right through to the garage where a very helpful lady took my name, address and phone number and assured me that someone would contact

me shortly. When I returned home from a meeting Gerard Viau was in my backyard monitoring the water level and returned an hour or so later to further assess the situation. Luckily sandbagging was not required but he did leave me his emergency cell phone number and assurances that the town's volunteer firefighters would come and sandbag if the situation worsened.

Being a fairly new full time resident of the town it's reassuring to know that help is only a phone call away. Thanks again to everyone who came to my assistance. One more reason to confirm my decision to move here year round was the right one!

SUE PERKINS
Knowlton

A new executive for NPD Brome-Missisquoi Association

Marcel Lapierre

On April 5, the NDP Brome-Missisquoi Association held its annual general assembly at the Domaine des Côtes d'Ardoise in Dunham. The executive presented its annual report, presented the activities to come and thanked the people who have devoted time and energy to the association's activities in the past year. The members then proceeded to elect a new executive.

The meeting ended with a short speech by Member of Parliament Pierre Jacob and was followed by a 5 to 7 with guest speaker Alexandre Boulerice, MP. The association will welcome any new members and also people who are interested in helping with the organization of different activities which will be held throughout the year. If you are interested, do not hesitate to contact Marcel Lapierre at marcel.lapierre777@gmail.com.



The new executive: Back row from left to right: Pierre Jacob, MP Brome-Missisquoi; Cedralia Barbara, finance agent; Gregory Godbout, communication agent; Graham Weeks, vice-president, east section. Front row: Pamela Dillon, vice-president, west section; Marcel Lapierre, president and Catherine Lussou, secretary.

Knowlton Lions support the local Prostate Cancer Support Group

Errol Frechette
Knowlton Lions Club

At their last meeting, the members of the Knowlton Lions Club presented a cheque for \$500 to the local Prostate Cancer Support Group. Founded three years ago the group holds their meetings the last Monday of the month at 6:30, at St. Paul's Church in Knowlton. Recently the group has decided to join the PROCURE Prostate Cancer Support and Awareness Network



COURTESY OF ERROL FRECHETTE, KNOWLTON LIONS CLUB

At the cheque presentation, from left to right: Lions Wally Hoffman and Gwen Simpson, Lions President Winston Mason and Peter Tetreault of ProCure.

Brome Lake Garden Club Fetons le Jardin

Saturday June 7, 9 a.m. - 4 p.m.
Knowlton Academy

After two years of great success we continue our now annual tradition of hosting a club event and fundraiser, Fetons le Jardin!

For those that are new to the club, this is an outdoor show and sale of horticultural specialties as well as arts and crafts for the garden.

This communication is threefold:

Exhibitors - If any of you have any ideas for exhibitors, specialty growers and anyone who produces garden related items please contact us with their details.

Volunteers - We are looking for volunteers to come help us with setup, tear down, greeting, exhibitor support, as well as helping at the club and hospitality tents. Please send us an email or call us (information is below) if you are interested.

Treasurers - The club will be fundraising again this year by selling used & new books as well as garden treasures. If you have anything gardening that you wish to contribute, please contact Susan Hill 450-266-0918 or Kirk Lawrence 450-538-5785 to arrange drop off or pick up.

All proceeds from the sale of books, treasures, coffee, etc. as well as the raffle are going to be given to a local charity. We hope to be contributing again to the local school programs.

Calling for your support and possible volunteer help for this event

But most importantly, we hope you and all your friends will come out in great numbers to celebrate the beginning of the gardening season!

For more information or to sign up as a volunteer:

Debbie Hornig 450-243-0890, Katherine Jacques 450-525-5121 or fetonsle jardin@gmail.com.

<p>Brome County NEWS</p> <p>5-b VICTORIA ST., KNOWLTON, QUEBEC, JOE 1V0 TEL: (450) 242-1188 FAX: (450) 243-5155</p> <p>Established May 1991</p> <p>Published weekly by</p> <p>RECORD</p> <p>1195 Galt E., Sherbrooke, QUEBEC, J1G 1Y7 FAX: (819) 569-3945 E-MAIL: newsroom@sherbrookerecord.com website: www.sherbrookerecord.com</p>	<p>SHARON McCULLY PUBLISHER (819) 569-6345 STEPHEN BLAKE EDITOR (819) 569-6345 DIANA SIMPSON SECRETARY (450) 242-1188 JESSE BRYANT ADVERTISING (450) 242-1188</p>	<p>Gazette (est. 1837) in 1908. The Record is published by Alta Newspaper Group Limited Partnership.</p>
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BCN RATES & DEADLINES COMMUNITY CALENDAR

Brome County News Community Calendar is reserved for non-profit organizations only. Deadline is **noon on Fridays**. A pre-paid fee of **\$8** is required per publication, or **SPECIAL RATE of \$14 for 2 insertions**: 1 BCN & 1 in Friday Record "What's On" section. Please forward notices to 5-b Victoria St., Knowlton, QC JOE 1V0, email: bcnnews@qc.aibn.com, or fax: (450) 243-5155. Visa and Mastercard accepted.

BCN Lifestyle: FOOD EDITION

Artisanal cheese market growing with consumers' desire to know milk source

By Susan Greer
THE CANADIAN PRESS

Most Canadians would probably admit to being caseophiles if they knew what it meant.

Caseophile is just a five-dollar word for cheese lover, from the Latin "caseus," meaning cheese, and although we're well behind countries such as France, where annual per capita cheese consumption tops 26 kilograms (57 pounds), Canadians still manage to put away more than 12 kilograms (26 pounds) of cheese a year each.

That's a lot of cheese.

Quebec is the biggest producer of cheese, followed by Ontario, but there are cheesemakers in every province who produced more than 137.7 million kilograms (303 million pounds) and more than 1,050 types of cheese in 2011, according to the Canadian Dairy Commission.

Cheddar and mozzarella account for 61 per cent of that production, with their manufacture dominated by large industrial firms. But more and more consumers are turning to specialty or artisanal cheeses made by small, hands-on producers.

"More Canadians are wanting to know where their food is coming from, learning more about it, so that is bringing a lot of interest to our speciality cheesemakers," says Debbie Levy of Mississauga, Ont. She is a graduate of the Cheese Education Guild, the first cheese school dedicated to cheese appreciation in Canada, and works for Dairy Farmers of Canada.

"Consumers want to learn about cheeses; they want to know about the milk source and how they're made."

Ruth Klahsen of Stratford, Ont., is one of those producers of artisanal cheeses. "I was a chef who had a mid-life crisis," she offers as the reason for starting Monforte Dairy 10 years ago, and she is passionate about her work, although she can't fully explain why.

"There's just always been something about ruminants and milk, it's beautiful, but I don't know other than that. There's just something about it that works for me."

Monforte makes about 30 kinds of cheese from cow, sheep, goat and domestic water buffalo milk. They are sold mainly at the dairy and farmers markets, but Klahsen also supplies high-end restaurants, opened the Monforte on Wellington restaurant in Stratford and has a Toronto storefront operation.

She agrees the artisanal market is small yet expanding, but fears the recent trade agreement between Canada and

the European Union "will put the stop to that." The agreement would double the amount of European cheese allowed into Canada to around 30 million kilograms (66 million pounds) a year.

"I'm worried about the future," Klahsen says. "They are mostly French industrial cheeses, but they are done in an artisan style and they do a very good job. They can sell it in Loblaws for less than my cost of production."

Her first cheese was Toscano, made from sheep's milk. It is a firm cheese with a natural, coarsely textured rind and warmly coloured interior, somewhat related to Italian pecorino.

"We do a lot of cheeses that people can cook with, like halloumi and ricotta. But I also want cheeses that are good enough for people to sit down and eat."

Klahsen says there are always trends in cheesemaking and one of the latest is the use of ash.

It started about five years ago when a

few chefs started using ashes from burned food, wood or hay on, in or to cook certain food.

"Now everything has ash on it," Klahsen says.

In cheesemaking, ash is used to form a natural protective coating and add a vein of flavour to a cheese.

"The ash reduces the acidity so it sweetens your curd; it ripens it up."

She says her customers will try new things "because we deal direct and we make them taste everything. They're up for the ride."

In Canada, cheeses are classified in one of six categories according to the moisture content. Most Canadian cheeses fall into the firm (cheddar and Swiss, for example), soft (brie, Camembert, feta) or semi-soft (mozzarella, havarti, Gouda) categories.

The other categories are hard, blue-veined and fresh, meaning cheese which has not been ripened. Bocconcini is an

example of fresh cheese.

Goat cheese, or chevre, softens when exposed to heat but does melt in the same way many cow's milk cheeses do. It is used to make a variety of cheeses.

Sheep's milk has more fat and protein than cow's milk and because it is richer, it generally takes less sheep's milk to make a kilogram of cheese than cow's milk. Cheese made with sheep's milk tends to have a putty and sweet flavour.

Water buffalo milk is primarily used to make variations of mozzarella.

Although many types of Canadian cheese have won international awards, the country is best known for cheddar.

"In the late 1800s, cheddar cheese was second only to timber in our exports," says Levy.

And in 1986, a Canadian cheddar was named the "world's finest cheese" at an international competition in Wisconsin.

Cheese bits: Facts and tips about cheese

The Canadian Press

Cheese is popular with Canadians in every category of dining, from snacks and appetizers to desserts and even drinks. Here are a few facts about it:

Some cheeses are ripened from the outside in ("surface-ripened") and some from the inside out (interior-ripened).

Some cheeses are cooked and others are not.

"Medium" cheese has been aged four to nine months, "aged" cheese from 10 months to one year, "extra aged" from two to seven years.

"Bloomy rind" is the name for the white, edible rind of cheeses such as brie and Camembert.

"Processed" describes a cheese made from a blend of similar cheeses, such as various cheddars, which have been heated and melted together.

"Curdling" is the separation of the liquids (whey) from the solids (curds) by addition of the fermenting agent. All cheeses undergo this initial step.

"Washed rind" refers to the process by which the rinds of certain cheeses are washed periodically during ripening, resulting in a coppery or beige coloured rind.

Most cheeses should be tightly wrapped and stored in a crisper or on the lower shelves of a refrigerator, away from other smelly food. Plastic wrap provides the tightest seal to protect from moisture loss, odours and possibly mould. Bocconcini and feta should be stored in the brine it was sold in or in lightly salted water.

If whitish spots of mould appear on cheese, cut off at least 1 cm (1/2 inch) around the affected part. Wrap it in new plastic wrap and eat it as soon as possible.

All cheeses can be frozen, but this can affect their texture and character, so thawed cheeses are best used for cooking. To freeze, wrap in plastic wrap and place cheese in an airtight freezer bag. Let cool before freezing. Allow frozen cheese to thaw slowly in the refrigerator, which helps it regain the moisture lost while frozen.

Bring cheeses to room temperature by taking them out of the refrigerator a maximum of one hour before serving.

Sources: Canadian Dairy Farmers and Canadian Dairy Information Centre.



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Spring is in the air

Easter egg hunt draws a crowd in Knowlton

By Frank Nixon

Spring was definitely in the air over Easter weekend, with the launching of an Easter egg hunt in downtown Knowlton last Saturday afternoon.

There were children's activities, which included a mini petting zoo, cupcake decorating, Easter crafts, and sugar on snow. There was also an adult egg hunt with bargain discounts hidden in the shops and cafés around the village.

Some 350 eggs, with chocolate and candy, were hidden all over town. The egg hunt started around 2 p.m., near Club Athletica, and ended around 4 p.m.

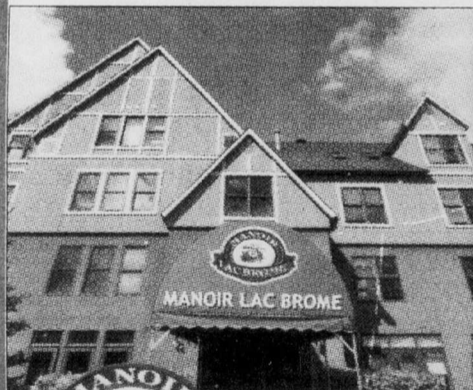
Shelley Judge, co-owner of H. Coderre & Sons on Victoria Street, and Jessica Brown, owner of Club Athletica on Lakeside, were the principal organizers of the event.

Susan Mason of De la Ferme à la Table donated the cupcakes and the maple syrup, with Peter Mason and Sydney Mason helping out.



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PHOTOS BY FRANK NIXON

Top: The egg hunt started outside Club Athletica.

Left: Baby chick at the mini petting zoo.

Bottom: Marie Cathy Boucher and Molly Kay Cameron.



ABOUT TOWNSHIPERS'

Celebrating the power of people

On the heels of National Volunteer Week (April 6-12, 2014) Townshippers' Association wishes to appreciate the many tireless volunteers whose active participation enable many of our activities and events to take place. By putting their organizational skills, their contacts in the community, their ideas and insight and sometimes just plain physical effort to use, they make a difference in a big way.

In Brome-Missisquoi and Haute-Yamaska the wonderful volunteers who serve on our steering committee provide an invaluable support by informing us about current issues in their towns and suggesting initiatives to undertake.

It's volunteers who help us organize our "Coffee Mornings" outreach programs in each town. They participate in the seniors picnics each August; Festival Estival in Waterloo, and Picnic in the Park 50-plus in Cowansville. They also help us organize information sessions in their towns.

It's no exaggeration to say that it would be impossible to do the work we do in the Health and Social Services area without the dedication of volunteers such as Cathy Caldwell, Pam Dillon, Kathryn Harrington, Teresa Maguire,



COURTESY OF TOWNSHIPERS' ASSOCIATION

The Townships is brighter thanks to the efforts of volunteers. Without them, events such as the annual Festival Estival Picnic would not be possible so hug or high-five the volunteer in your life and from those of us at Townshippers', thank you!

Margaret Marshall, Audrey Poure, Jo-Ann Savage, and Ursula Stretch. Of course we can't forget Ina Lebof-Cohn, who envisioned the idea for and now is running the Friendly Calls Program, which was a branch of our With RESPECT for Our El-

ders project.

Our community is truly enriched by these and many other people who volunteer in schools, churches, seniors residences, community organizations, the hospitals...the list is endless. People cre-

ate support groups, they provide care for others, they drive people to appointments, they check in on isolated people. They feel they are just being neighbours.

Many people who volunteer claim they don't do very much but when you start asking questions you find that they are giving their time and energy generously just because they feel the need to reach out.

So to all of the volunteers who bring value to their communities and their neighbours, we thank you all for making the world a better place.

And if you don't volunteer, give it a try, you'll be glad you did!

For more information on Townshippers' Association and our activities, catch our columns in the Brome County News, listen to Townshippers' broadcast on radio CIDI 99.1 FM every Friday at 5 p.m., and visit us on Twitter @Townshippers, Facebook and our website www.townshippers.qc.ca. To connect with Townshippers' Association, contact the offices in Sherbrooke (100 - 257 Queen St. 819-566-5717, toll free: 1-866-566-5717) or Lac-Brome (3-584 Knowlton Rd, 450-242-4421, toll free: 1-877-242-4421).

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Avante May Newsletter

Barbara Bellingham
Program Director
Avante Women's Centre

Organ donation

Last month, Dr. Robert Pincott was our guest speaker at a special information session about organ and tissue donation. He also invited several transplant recipients to give us a first-hand account of their experiences and feelings about their condition.

"When I got the call," explained a heart transplant recipient, "I wasn't afraid. I knew I'd either survive or not wake up. That was 10 years ago. It bothered me that I was alive because someone else had died, but I have been able to know my grandchildren. And I'm so grateful."

"I never prayed that someone would die," a kidney and pancreas recipient said. "But I prayed that people would sign their donor cards." She received the donated organs 12 years ago. "I have lived long enough to be able to retire. I have been given a real gift of life and I'm very thankful."

As an added attraction to the evening, Cayse Ruiter, a young man who cycled across Canada last summer to raise awareness of the Organ and Tissue Donor Registry, drove from Toronto to share the insight and experiences he had



PHOTOS COURTESY OF AVANTE WOMEN'S CENTRE

Organizers of the Organ and Tissue Donation Information Session held in Cowansville - Cayse Ruiter, Barb Bellingham, Nancy Jones, Gayl Rhicard, Dr. Robert Pincott.

on his journey. His friend Matt died at the age of 27, waiting for a heart donor.

"People would ask me why I was doing this, and after I told them, they'd take out their cards and sign them right there in front of me. My goal was to get people to sign their cards, register, and most importantly, talk to their families about their wishes."

Although the family really has the final say in this kind of decision, having your card signed, or being registered

with the program allows the doctor to get a "heads up" and open up the conversation at a very difficult time. Although 80 per cent of Canadians think they'd be ok with donating organs, only 20 per cent have actually made the effort to sign their cards. Canada is the lowest for donor registration in the Western industrial world. With 1,250 patients on a waiting list in Canada in 2012, 364 transplants were done.

For more information, and to register, go to www.ramq.qc.ca.

Coffee Breaks

On May 7, our Bedford Coffee Break is called - "Got a problem with that?"

Nobody is worry-free, or without problems. It's how we react to these situations that make the difference in their magnitude. If we spend our time doing more "have to's" than "want to's," that could be a problem too. An excerpt from the stress management program, this workshop helps to identify why we're getting so stressed about the problems we're facing, and gives us tips on how to break it down so that our lives are more manageable. Starts at 9:30.

The Missisquoi Museum has offered to share a special workshop they have put together for the public called "A visit to the General Store." On Monday, May 12, Marthe Lanctot will be bringing some special artifacts from their general store collection to our Knowlton Coffee Break, starting at 1:30 at the Lac Brome Community Centre. Join the discussion about the memories these objects rekindle and test your skills in identifying their purpose! Learn a little more about this wonderful museum and their new season's schedule.

Open 'til 8

May 6 has been declared "International No Diet Day" since 1992, when a British woman got so fed up with the news of the extremes women went through to be thin, that she publicly invited everyone to a big party to celebrate life as we know it and who we are. Avante invites women to bring your favourite "forbidden pleasure" for a

CONT'D ON PAGE 9

ANNUAL GENERAL MEETING



NOTICE OF MEETING

To the members of La Caisse Populaire de Waterloo

You are hereby convened to the Annual General Meeting, which will take place:

Date: Tuesday, April 29, 2014
Time: 7:00 p.m.
Location: La Maison de la Culture de Waterloo
441, rue de la Cour
Waterloo (Québec)

At the Meeting, members will receive the Caisse's annual report and the Board of Supervision report. They will decide on the distribution of annual surplus earnings; decide on the interest payable on permanent shares and on surplus shares, elect members to the Board of Directors and the Board of Supervision; and address any other items on the agenda. There will be two question periods, one directed to the Board of Directors and another to the Board of Supervision.

ELECTIONS

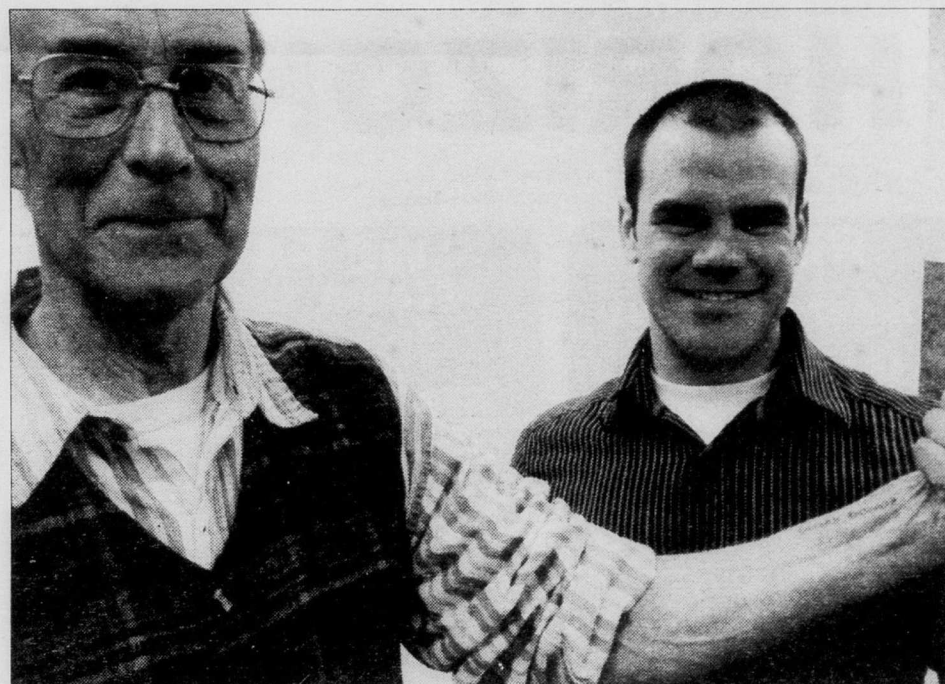
Any physical person who is a full member of the Caisse shall be considered eligible, as long as that person has been a member for at least 90 days and is not ineligible under the terms of the Act respecting financial institutions, cooperatives and mutual societies that they do not hold a position that is incompatible with the Desjardins Group Code of Professional Conduct. All candidates must consent, in writing, to a security check and a credit check and should begin to develop the knowledge and skills required to carry out the duties required of an officer. Nominations may not be submitted to the Annual General Meeting unless written notice, signed by a member and countersigned by the candidate, has been submitted prior to the closing of the Caisse on April 18, 2014. Nomination forms are available from the Caisse.

All members of the Caisse are cordially invited to attend and participate in this Annual General Meeting.

SPECIAL ANNOUNCEMENT: <<YOUTH>> DRAW FOR 18 TO 35-YEAR-OLD MEMBERS WHO ATTEND THE MEETING.

Signed February 24, 2014

Roxanne Thireau
Secretary



Johnny Rhicard shows his tattoo "organ donor" to Cayse Ruiter, who cycled across Canada raising awareness after his friend died waiting for a heart transplant.



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Pet of the week — Raymond

Would you believe - another one of us! Again there is not much info in the file yet about me because I came here to the shelter last Friday and there were eight new arrivals on Friday — chaos! One thing for certain — I was a “found” dog, so that means I am another one of the many, many, many dogs out there with no ID on them! Why, oh why on earth would you not put our telephone number(s) on us! You can have all the reasons, excuses, logic in the world for not doing so, but we are living proof that your theories fail in so, so, so many cases. Please, it's really so simple, and it would make for happier families, happier dogs, and much less inconvenience, and often disappointment for so many of the people along the way who try to help.

I, Raymond, am a male, probably middle-aged with beautiful tan fur with an unusual “mottled” effect of beige and grey. By the way, I am very nice, gentle, quiet, cooperative, “love-to-have” canine friend.

Visit us — lots of cats and dogs — at the SPCA Montérégie, 178, ch. du Vide, Ste-Angèle-de-Monnoir (exit 37 on autoroute 10).

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Open House at the “Ferme de la Colline du chêne” 2014 registrations are open

Bromont — The “Ferme de la Colline du chêne” (Oak Hill Farm) cooperative, which specializes in organic vegetable farming is launching its fourth season of production and delivery of organic vegetable baskets. Registration is now open for Eastern Township and Longueuil citizens to become members for 18 weekly summer deliveries for the period of June 24 through October 26, 2014.

The website where you can register and pay your membership is <http://www.collineduchene.jimdo.com>:

The entire process can be done online! All information concerning the vegetable baskets can also be found at this website, including: basket sizes, contents, prices, schedules and delivery locations. To officially launch the season, the farm team will hold an open house event at 790, chemin du Lac-Gale, Bromont (close to the Olympic Equestrian site) Saturday, April 26, from 1 p.m.

to 3 p.m.

Please confirm at: collineduchene@yahoo.ca.

This is an excellent opportunity to visit this organic local farm and taste some farm products. Moreover, Cyrille Tremblay, your future family farmer, will be on the premises to tell you all you always wanted to know about organic farming.

In Bromont, the deliveries start on June 24, 2014 in the two following spots : At the farm : 790, chemin du Lac-Gale (4 p.m. - 6 p.m.).

At the Parc scientifique (Technoparc): 15, de Soulanges (4 p.m. - 5:45 p.m.). Special attractive conditions are offered to all business employees located in the park.

At L Épicerie futée, 35, John-Savage, #105, each Friday night, from 5 p.m. to 8 p.m. This new location will certainly please Bromont weekenders who wish to

pick up their vegetable baskets when they arrive Friday for the weekend.

Great news for the 2014 season: freshly picked vegetables will be offered for sale on the farm site itself; opening hours will be announced soon. Furthermore, the farm offers a “vacation basket system” to help members manage their deliveries if they take time away this summer. All this at a very competitive price; the farm wishing to keep its prices as low and as close as possible to those offered by the conventional non-organic market. The 2014 goal of the farm is to reach up to 220 members.

The farm adheres to Equiterre, a network that promotes the model of community sustained agriculture. Accordingly, members (customers) become true partners of the farm: they register and pay in advance for 18 weekly basket deliveries of fresh vegetables. The customers/members not only benefit

from tasty, fresh and healthy vegetables; they also do much more by supporting a local business and contributing to sustainable development of agriculture in the Eastern Townships and Montérégie.

For information :
Cyrille Tremblay, your family farmer, collineduchene@yahoo.ca. 450-578-2125

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Avante May Newsletter

CONT'D FROM PAGE 8

potluck supper and discussion about our obsession with weight, diet and our appearances. Tuesday, May 6, from 6-8 p.m.

May 13 is Nancy's movie night and will be showing “Dear Zachary,” Based on a true story, Andrew Bagby, a medical resident, is murdered not long after breaking up with his girlfriend in 2002. Soon after, when she announces she's pregnant, one of Andrew's many close friends, Kurt Kuenne, begins this film, a gift to the child. Starts at 6 p.m. with complementary popcorn.

Liz Grevatt Gendreau will be our guest chef on Tuesday, May 20 to explain how to adapt recipes to be more healthy and less fatty. She will be demonstrating how little changes can equal lost pounds

with very little effort. Join Gayl and Liz from 6-8 p.m. A \$2 donation is suggested.

Are you taking advantage of all the services your bank has to offer? How safe is online banking? These and many other questions can be answered on Tuesday, May 27 from 6-8 p.m., as our invited guest will be from one of our local bank services.

Health Matters

“Let's Talk About Alzheimer's.” Alzheimer's is a disease of the brain that is not a normal part of the aging process, but no one is immune. Find out how it is diagnosed and treated. The presentation will also include tools and strategies for caregivers, for greater understanding and caregiving. At the Cowansville CLSC from 10 a.m. to noon, followed by a light

lunch. Free and open to the public.

Avante would like to take this opportunity to thank all our members, and all the participants who contributed to the successful fundraiser held at the Owl Hoot Maple Farm for The BMP sugaring off party in April. The beautiful weather enticed more than 900 people to enjoy some tasty treats.

Avante Women's Centre is open weekdays from 9:30 a.m. - 4 p.m. and Tuesdays until 8 p.m. All women are welcome, without exception and for whatever reason. We are located at 15 rue Du Pont, Bedford and we can be reached at 450-248-0530, avantegayl@bellnet.ca or through our website, www.avantewomenscentre.org.

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Bromont Mayor to address the Canadian Club of the Yamaska Valley



"Town of Bromont (1964-2014) 50 Years of Innovation" will be the topic of the speaker at the May meeting of the Canadian Club of the Yamaska Valley.

Pauline Quinlan was elected Mayor of Bromont in November 1998. Under her leadership, she is proud of the evolution of this small town, founded in 1964. With its 8000 residents, Bromont is recognized by Quebec and the rest of Canada for its Science Park, Research Centres, its ski resort and Olympic Equestrian Park among its highlights. Many consider Bromont to be a dynamic, trendsetting, innovating town, oriented towards the future. Under her leadership, Bromont now has a sustainable development plan for the next twenty years.

Mrs. Quinlan graduated with a diploma in education from the Université de Sherbrooke and pursued a

educational counselor and school principal. Since her election as mayor, she has taken on an assortment of mandates, among them a seat on the board of Services Québec, the presidency of the Québec caucus of the Board of director for the Canadian Federation of Municipalities and, since February of 2011, the presidency of the Centre local de développement Brome-Missisquoi (CLD). She is also the

founder of the Société de développement économique de Bromont of which she is President. In 2011, she received the Marcelle B-Trépanier Tribute Award from the Réseau des élues municipales de la Montérégie Est. And most recently in 2013, she was awarded with the Queen Elizabeth II Diamond Jubilee Medal.

On a personal note, Mrs. Quinlan is a native of the Eastern Townships and is married to Patrick Quinlan; she has 4 children and 10 grandchildren.

Mrs. Quinlan's presentation will be given at the Spring Luncheon meeting of the Canadian Club of the Yamaska Valley on Monday, May 5. Tickets are \$23 for members a \$30 for non-members and must be reserved ahead by phoning Claire Hobbs 450-295-2349 by May 1. The luncheon begins at 12 noon. Non-members who wish to come only for the presentation at 2 p.m. and not the luncheon, may do so for a \$10 admission fee. All are welcome.

career in this field for 35 years as a teacher,

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A feast for Earth Day

STIR IT UP!
by Marialisa Calta

When you think of celebrating Earth Day (April 22), it's unlikely that food comes to mind. But maybe it should.

SAMOSAS

Yield: 8 to 10 individual samosas, or about 4 servings
4 (17-by-12 inch) sheets frozen phyllo dough (also sold as "filo" or "fillo")

1 potato, finely diced
1 carrot, finely diced
1/2 cup fresh or frozen peas (thawed, if frozen)
Peanut or other vegetable oil, as needed
1 onion, finely chopped
3 cloves garlic, finely chopped
1/2 teaspoon garam masala (an Indian spice mix sold in many supermarkets and natural foods stores)
1/2 teaspoon ground coriander
1/2 teaspoon cumin seeds
1/2 fresh chili, seeded and finely chopped, or 1/4 teaspoon chili powder
2 tablespoons fresh cilantro, chopped
Salt and pepper
Water, as needed
1 or 2 lemons or limes, cut into quarters

Thaw the phyllo according to package directions. Place the sheets between two large pieces of waxed paper and cover with a slightly damp kitchen towel to keep them from drying out.

Fit a saucepan with a steamer and add water to the level of the steamer. Add the potatoes and carrots, cover, and bring the water to a boil. Steam the vegetables until just tender, 7 to 15 minutes, depending on size of dice. Add the peas and cook for 1 to 2 minutes, until heated through. Drain the vegetables and set aside.

In a wok or heavy skillet, heat about 1 tablespoon of oil over medium-high heat and swirl to coat the bottom and sides. Add the onion and cook, stirring until soft, about 5 minutes. Add the garlic and cook 30 seconds. Next, sprinkle in the garam masala, ground coriander, cumin seeds and chili. Stir well, cooking for about 30 seconds.

Add the potatoes, carrots, peas and 1 tablespoon of the cilantro. Season with salt and pepper and stir. Continue to stir as you cook the mixture for 5 minutes, adding a bit more oil or a little water if the mixture is too dry. Remove from the pan and set aside to cool.

On a work surface, arrange one phyllo sheet with the short side facing you and brush lightly with oil. Top with a second sheet and brush lightly with oil. Cut stacked phyllo lengthwise into 5 strips, each 12 inches by about 3 1/2 inches. Working quickly, put a spoonful of filling near the bottom corner of each strip, using up about half the filling on the five strips. Fold corner of one strip over to enclose filling and form a triangle. Continue folding the strip, maintaining a triangle shape as if you were folding a flag. Moisten the edge with a bit of water and press to seal. Repeat with remaining strips. Set the completed triangles on a platter or cookie sheet and cover with plastic wrap to keep from drying out. Repeat the process with the remaining 2 sheets of phyllo.

Line a platter with paper towels. Heat some more oil in the wok and, when hot, quickly fry the samosas until they are golden on both sides. Drain on the prepared platter and serve hot, with the remaining tablespoon of cilantro scattered on top and the lime or lemon quarters alongside.

(Recipe adapted from "Small Planet, Small Plates: Earth-Friendly Vegetarian Recipes" by Troth Wells; Interlink Publishing, 2012.)

Mr. Know-It-All's answers are booming

Ask Mr. Know-It-All
by Gary Clothier

Q: In a novel taking place in Australia, a reference was made to "boomers." I think they were kangaroos. Is this a nickname for them? — R.B., Bozeman, Mont.

A: A boomer is a male kangaroo while a flyer is a female. When they mate, they have a joey. A group of kangaroos is a mob.

Q: There is a link between Michelangelo, Galileo and Sir Isaac Newton. Do you know what it is? — J.J., New Roads, La.

A: The only link I know among the three is their birth and death years. In 1564, Michelangelo died and Galileo was born. Galileo died in 1642, the year Newton was born.

Did you know? Elizabeth Taylor and her two-time husband Richard Burton appeared together on stage in a 1983 revival of Noel Coward's "Private Lives."

Q: What is the real name of the ship on the TV show "The Love Boat"? — E.C., Vancouver, Wash.

A: It was a Princess Cruises cruise liner named Pacific Princess. The ship was sold for scrap in 2013.

Q: I have heard of the World's Longest Yard Sale. It stretches something like 50 miles. Can you tell me when and where this sale is located? — J.E., New Bern, N.C.

A: The World's Longest Yard Sale originated in Jamestown, Tenn., in 1987 as a way to get travelers onto the highway U.S. 127. Over the years, the sale has grown and now stretches 690 miles, from five miles north of Addison, Mich., to Gadsden, Ala.

There are more than 2,000 vendors along the way. The event starts the first Thursday of August and runs through the following Sunday. This year the dates are Aug. 7-10. For more information, visit 127YardSale.com.

Q: Besides being an inventor, Alexander Graham Bell was also one of the founders of the National Geographic Society. I know he wrote several articles, but my searches for them have come up with nothing. Can you help? — W.A., Shawsheen Village, Mass.

A: Look up the articles by the author H.A. Largelamb, Bell's pen name, which is an anagram of A. Graham Bell.

Q: On segments of "The Muppet Show," there were two old male puppets who sit in box seats and criticize the show. What are their names? — P.L., Palmdale, Calif.

A: They are two of my favorites, Statler and Waldorf. Statler is the taller, thinner puppet who sits on the right. Jim Henson was the original voice of Waldorf.

Q: What does the "J" stand for in the cartoon character Homer J. Simpson? — B.C.D., Mesa, Ariz.

A: During one episode, Homer realized he didn't know his middle name, so he went to a hippie hideout where his mother once lived and found a mural she painted of him with his full name — Homer Jay Simpson.

Q: Hey, Mr. Know-It-All, I have a riddle for you. If a man came into town on Friday, stayed two days and left on Friday, how long was he there? — J.E.M., Statesville, N.C.

A: He was there two days; his horse was named Friday.

Q: Where did the Kansas City Chiefs of the NFL call home prior to moving to Kansas City? — O.C., Exeter, R.I.

A: In 1960, the American Football League fielded a team named the Dallas Texans. In 1963, the franchise moved to Kansas City and adopted a new name. In 1970, the Kansas City Chiefs joined the NFL.

Q: Who are the two men in the car in the Sonic Drive-In commercials? — J.B., Clinton, Mo.

A: They are T.J. Jagodowski and Peter Grosz. They both have starred in several movies, such as the 2006 film "Stranger Than Fiction." Besides acting, Jagodowski is a comedian and Grosz has worked as a television writer and producer.

Q: I have a question about eggs: What is the white stringy stuff inside an egg when you crack it open? — Johnstown, Pa.

A: The ropey strands of egg white are called "chalaza" or "chalaze" (pronounced kuh-LAY-zee). They anchor the yolk in the center of the thick, white albumen, or the glair. There are two chalazae at opposite ends. The more prominent the chalazae, the fresher the egg. There are chalazae removers for those who wish not to eat the strands, which you can find online or in kitchen gadget stores.

Q: I watch the show "The Price Is Right" every day. One day, Drew Carey had his son on stage with him. He's never mentioned anything about a wife. Is there a story here? — P.L., Owosso Mich.

A: Carey acts as a father figure to his ex-fiancee Nicole Jaracz's son, Connor, from a previous relationship. They couple had no children together. Although he proposed to Jaracz in 2007, the pair never wed and the engagement was called off in January 2012. He has since been dating actress Kelley Whilden.

Q: In some old English novels I've read, children are referred to as "bairns." What is the origin of the word? — J.E.D., Gastonia, N.C.

A: "Bairn" is Scottish and Northern English. As you said, it means "child." Its origin comes from Old English "bearn."

Q: What does C-SPAN stand for? — C.B., Lynn, Mass.

A: Cable-Satellite Public Affairs Network.



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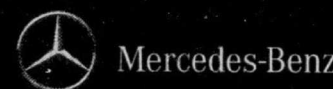
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