



The Mayor of Saint-Laurent, Alan DeSousa, and the City Councillor for the Norman-McLaren district, Aref Salem, with the artists from Fleuve | Espace Danse and members of the Culture team at the launch of the cultural program.

This spring, it's all happening here!

After a busy winter, Saint-Laurent residents will have no shortage of opportunities to enjoy everything the borough has to offer in the coming months.

On the cultural front, the new program got off to a great start with the performance *Êtres de bois* by the company Fleuve | Espace Danse, presented on January 31 at the Centre des loisirs. Until the end of April, exhibitions as well as music, dance, theatre, comedy and other performances will showcase emerging and established talent in Saint-Laurent's various performance venues. Presented by the Maison de la culture Saint-Laurent, all shows are free of charge, with the exception of the Orchestre Métropolitain's visit, presenting *Échos de la forêt* on April 1 at Église Saint-Sixte, and the choral music performance *Arches - Présence arménienne* by Les Rugissants at Église Notre-Dame-de-Nareg on April 26.

CONT'D ON PAGE 6

Garden Month celebration

In May, Garden Month returns as Saint-Laurent highlights gardening with a varied program of activities focused on biodiversity and horticultural practices. Free native plants that support biodiversity will be distributed, rain or shine, while supplies last. Residents are advised to bring bags or boxes to facilitate transportation.

CONT'D ON PAGE 7

Photo : Parc Philippe-Laheurte
© Vincenzo D'Alto

Message from the Mayor



Dear fellow citizens of Saint-Laurent,

A lively spring is gradually unfolding, and it is time to put away winter boots and coats to make room for the new season ahead. In this regard, now is the perfect time to consult the spring-summer edition of the Sports, Leisure and Community Life Program to add a new string to your bow or join a group that shares your interests. These activities are ideal for enriching the season.

Garage sales are making their return, much to the delight of those who enjoy discovering second-hand treasures or contributing to more responsible consumption. Spring also heralds the arrival of the Course Saint-Laurent, an event that combines health and challenge. If you have never taken part, now is the perfect opportunity to put yourselves to the test with your loved ones!

LocoMotion Saint-Laurent, which provides access to a cargo bike and bike trailer sharing service, is an exciting new development. Made up of members of the Saint-Laurent community, the volunteer citizens' committee responsible for this initiative deserves our congratulations and thanks for making this service possible.

On another note, our teams have once again planned an exciting Garden Month in May. It will be an opportunity to deepen your knowledge on the subject and raise awareness among young and old alike of the importance of preserving biodiversity. In addition, several free plant distributions will allow gardening enthusiasts to put these concepts into practice.

I look forward to seeing you at these events,

The Mayor of Saint-Laurent,

Alan DeSousa, FCPA

Council of Saint-Laurent

Alan DeSousa, FCPA

Mayor of Saint-Laurent and member of Executive committee of Montréal



Aref Salem

City Councillor,
Norman-McLaren District
Vice-chair of Executive
committee of Montréal



Vana Nazarian

City Councillor,
Côte-de-Liesse District
Associate councillor
of Executive committee
of Montréal



Annie Gagnier

Borough Councillor,
Norman-McLaren District



Jacques Cohen

Borough Councillor,
Côte-de-Liesse District

Calendar

See the Calendar at montreal.ca/en/saint-laurent for more information. Some events or dates may change without notice.

April 1
Échos de la forêt -
Orchestre
Métropolitain
Église Saint-Sixte
7:30 to 9:30 p.m.
st-laurent.tuxedobillet.com

April 12
Course Saint-Laurent
Page 5

April 18 to May 17
Exhibition -
Multidisciplinary
workshops
Centre des loisirs

April 24
Enhancing the
woodland
Page 6

May 1
Teen night
Bibliothèque du Boisé
6 to 9 p.m.
Free admission
Places are limited

May 2
Conference:
Le potager abondant
Page 7

May 9
Cultivons
Saint-Laurent festival
Page 7

May 16
Compost and plant
distribution
Page 7

May 23
Biodiversity Day
Page 7

May 23 to June 7
Citizen exhibition -
Résidence Steger
Centre des loisirs

June 9
Blood drive
Centre des loisirs

June 17
Launch of the
Summer Celebrations
Sabor 19
Parc Beaudet
6:45 p.m.

Council public meetings
April 7, May 5, June 2 and 30
Council room, 7:30 p.m.

Find out more



MUNICIPAL INFORMATION

📞 311

montreal.ca/en/contact-city

montreal.ca/en/saint-laurent

📱 [arrsaintlaurent](#)
📧 [arrondissement-de-saint-laurent](#)

ONLINE SERVICES

montreal.ca/en/how-to

[montreal.ca/en/articles/
submit-permit-application-to-saint-laurent-5197](http://montreal.ca/en/articles/submit-permit-application-to-saint-laurent-5197)

permis.saint-laurent.ca

INFOLETTRE

✉️ montreal.ca/en/articles/subscribe-to-saint-laurent-newsletter-40644

CULTURAL, SPORTS AND RECREATIONAL ACTIVITIES

Registration for activities
and reservation of time slots
loisirs.montreal.ca

Maison de la culture Saint-Laurent
📱 [culturesaintlaurent](#)

Bibliothèques de Saint-Laurent
📱 bibliotheques.saint.laurent



The Bulletin de Saint-Laurent is published by the Arrondissement de Saint-Laurent and available for free. All articles published in the Bulletin de Saint-Laurent may be reproduced, provided the source is credited. Legal Deposit: Bibliothèque nationale du Québec ISSN 1917-2567

Excellent results for the final year of the 2022-2025 Strategic Plan

In 2025, Saint-Laurent continued implementing its 2022-2025 Strategic Plan and reported strong results. Overall, 92% of the 118 selected projects have been completed or are underway. Of these, 95 are now complete.

Here are a few examples of the key initiatives carried out, particularly in the areas of sustainable mobility, biodiversity, family support and quality of life:

- Raising awareness among residents about biodiversity protection and climate change adaptation.
- Introducing organic waste collection in buildings with 100 units or more.
- Obtaining Bird Friendly City certification.
- Safety improvements to the pedestrian crossing on Décarie.
- Redevelopment of Rue Decelles, between Avenue Sainte-Croix and Boulevard Décarie.
- Creation of a mural on the exterior access wall of the Section jeunesse of the Bibliothèque du Vieux-Saint-Laurent.
- Exhibition at Place Rodolphe-Rousseau.

This very positive outcome concludes the 2022-2025 strategic planning cycle and sets the stage for the 2026-2029 edition, which will continue to build on this collective momentum and address community needs.

INFORMATION:

 montreal.ca/en/saint-laurent



In September, Saint-Laurent unveiled the mural *Histoires sous l'arc-en-ciel*, created by artist Cara Carmina for the 60th anniversary of the Bibliothèque du Vieux-Saint-Laurent.


Planning work on your property?

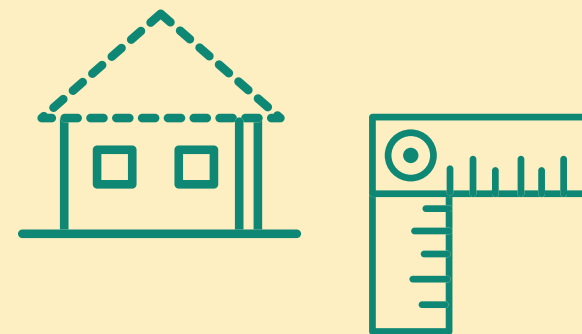
Is the return of warmer weather inspiring you to refresh your property? Before getting started, it's important to know that an authorization certificate or permit is required for several categories of work. Here are a few examples:

- Cutting down a tree
- Expanding a building
- Landscaping work
- Building a deck
- Installing or replacing a swimming pool or hot-tub
- Interior or exterior renovations
- Resurfacing a parking area

Be sure to complete the required regulatory steps in advance by consulting the "Submit a permit application" section at montreal.ca/en/saint-laurent.

INFORMATION:

 **Assistant-permis:**
permis.saint-laurent.ca
311



Saint-Laurent recruiting for summer

Saint-Laurent is seeking dynamic individuals to fill the following positions this summer:

- Day camp counsellors
- Lifeguards for outdoor pools

It is a unique opportunity to develop skills, make new friends and enjoy the outdoors.

To learn more:

montreal.ca/en/articles/summer-jobs-saint-laurent-looking-applicants-26415



Registration for sports and leisure activities

Twice a year, the Sports, Leisure and Community Life Program of Saint-Laurent offers a wide range of activities organized by its teams or by partner clubs and organizations. The 2026 spring-summer edition is now available online and in limited print at municipal buildings.

Registration has already begun for several activities, including cultural workshops and the Centre présco. Others will begin soon, such as summer camps, with registration opening on March 17 at 8:30 a.m. For sports activities, registration for swimming and aquafitness classes will begin in mid-April for the spring session and in June or July for the summer session.

The program also includes information on reserving facilities for drop-in activities such as badminton, tennis and soccer, as well as the contact details for all partner clubs.

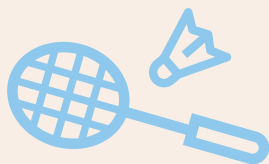
Please note that the indoor pools at the Complexe sportif will be closed this summer for their scheduled maintenance, carried out every three years.

Registration via Loisirs Montréal

loisirs.montreal.ca



Program



Borrow a bike or trailer

Transporting large grocery purchases or gardening supplies without a car is now possible with **LocoMotion Saint-Laurent**.

Created by members of the community, this project allows residents to borrow a cargo bike or bike trailer in exchange for a voluntary contribution. Simply register for free to see the equipment that will be available again starting in mid-April. With about thirty members, this volunteer citizens' committee thanks the residents of Saint-Laurent who made this new service possible. It also invites anyone interested to volunteer and support the project.

Registration:
locomotion.app

Volunteering or information:
saintlaurent@locomotion.app





Garage sales

A source of great finds and friendly encounters, garage sales will be permitted in 2026 on the following weekends:

Saturday, May 16, Sunday, May 17 and Monday, May 18
 Saturday, June 13 and Sunday, June 14
 Saturday, June 27 and Sunday, June 28
 Saturday, September 5, Sunday, September 6 and Monday, September 7

MAY						
				1	2	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

JUNE						
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

SEPTEMBER						
						5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Each year, these events create a true reuse circuit, offering residents the opportunity to explore all sectors of the community in a convivial atmosphere while giving many items a second life.

Would you like to hold a garage sale? Register starting in early April at montreal.ca/en/saint-laurent. Saint-Laurent will publish the registered addresses, along with the types of items offered.

Dogs in parks

Dogs are welcome in all parks and public spaces in Saint-Laurent. They must be kept on a leash at all times, except in dog parks. Their presence may also be prohibited in certain areas when indicated by signage. The cooperation of the entire community helps ensure that everyone can enjoy visiting the parks.

For more information about the responsibilities that apply to pet owners, consult this page : montreal.ca/en/pets



APRIL
12

INFORMATION
 514 855-6000, extension 4980
circuitendurance.ca/en/

Course Saint-Laurent

Every year, the Course Saint-Laurent attracts some 1200 runners from near and far for its stimulating and safe course that crosses the Bois-Franc sector and industrial area.

Organized by the Club Saint-Laurent Sélect inc. in collaboration with Saint-Laurent, the 33rd edition of this major sporting event will take place in our community on Sunday, April 12. The race's success is ensured by a large team of volunteers who tend to the needs of participants and ensure their safety.

Four different events are being held, specifically the 1 km, 2 km, 5 km and 10 km races. While it is possible to register on-site, online registration offers lower fees until noon on April 9. Costs vary depending on age and distance.

Enhancing the woodland

The woodland at Parc Marcel-Laurin is a valuable natural area for residents, offering a peaceful setting rich in biodiversity in the heart of the borough.

Each spring, a clean-up activity is held in collaboration with VertCité to mark Earth Day. This initiative helps prepare the site so it can be enjoyed throughout the summer.

Saint-Laurent is seeking volunteers for the 2026 edition, which will take place on April 24, from 1:30 to 3:30 p.m.

Registration:
info@vertcite.ca



VOLUNTEERS

NEEDED



Volunteers who contributed to enhancing the woodland in 2025.

Make your environmental actions known

Since presenting its Climate Emergency Plan in 2021, Saint-Laurent has continued its efforts to reduce greenhouse gas emissions, protect biodiversity and strengthen community resilience to climate change. Several measures have already been implemented, and others will be rolled out each year through 2030.

AMBASSADORS SOUGHT

To go further, we need you. Saint-Laurent is seeking new environmental ambassadors in 2026: residents, institutions and businesses willing to share their actions, ideas and initiatives to inspire those around them. Every action counts, whether it involves reducing consumption, choosing active transportation, gardening differently or supporting biodiversity.

Are you already contributing to a more sustainable environment? Let us know about your initiatives, large or small, and become a source of inspiration for the community.

To consult the Climate Emergency Plan or share your actions:

montreal.ca/en/articles/concrete-actions-environment-saint-laurent-44486

Green subsidies are back!



Every spring, a variety of subsidy programs are launched in collaboration with VertCité to encourage residents to reduce their environmental impact while saving money. Applications are now open for the purchase of the following products and equipment in 2026:

- Used and new bicycles, electric bikes and winter gear
- Gas-free landscaping equipment
- Eco-friendly household products and equipment
- Sustainable personal hygiene products
- Sustainable feminine hygiene products
- Cloth diapers
- Products that support native wildlife

Subsidies are also available for the purchase of the following low-cost items:

- Home composter
- Rain barrel

Information:

montreal.ca/articles/programmes-verts-saint-laurent-27063

This spring, it's all happening here!

COUNT'D FROM PAGE 1

Saint-Laurent's two libraries will also be offering a series of workshops, lectures and other activities for all ages. The reading garden in front of the Bibliothèque du Vieux-Saint-Laurent will return on May 7 with a repotting workshop in its outdoor space designed for relaxation and discovery.

In the cultural sector, the Association des photographes will present its exhibition *À partir du titre* at Place Rodolphe-Rousseau until April 30. This area is set to undergo a transformation over the coming years. A first milestone was reached on January 22 with the launch of the 2026-2029 development plan for Vieux-Saint-Laurent, quartier culturel hub. Developed in collaboration with several local partners, including community organizations and the teams from the Maison de la culture, the Bibliothèque du Vieux-Saint-Laurent and Loisirs, this strategic plan aims to enhance cultural offerings for residents and strengthen the vitality of the area.

Finally, those who enjoy getting active outdoors will once again have access to the borough's outdoor sports facilities once the snow melts, allowing them to practice a wide variety of activities in fifty-plus parks. The annual Course Saint-Laurent will also return on April 12. And let's not forget the May Garden Month program, with its many free plant distributions.

Quality of life, a vibrant cultural scene and inviting outdoor spaces: it's all happening right here in Saint-Laurent!

C'EST ICI QUE
ÇA SE PASSE!



Saint-Laurent
Montréal

Garden Month celebration

COUNT'D FROM PAGE 1

Le potager abondant : Cultiver mieux pour récolter plus

Talk given by the Académie potagère
Places are limited
Registration: montreal.ca/en/saint-laurent

Saturday, May 2 Maison Robert-Bélanger
2 to 3 p.m. 3900, chemin du Bois-Franc

Festival Cultivons Saint-Laurent

Local urban farming show
Distribution of vegetable plants and
contest registration

Saturday, May 9 Parc Beaudet
10 a.m. to 3 p.m. 650, boulevard Décarie



Compost and plant distribution

It is recommended that participants bring containers

Saturday, May 16 Ateliers municipaux
8:30 a.m. to 5 p.m. 13001, boulevard
Cavendish

Young plants distribution

One shrub or tree per address
Proof of Saint-Laurent residence required
Online registration from April 16 to May 15 to select
the type of plants and for the pickup schedule:
montreal.ca/en/saint-laurent

Saturday, May 16 Ateliers municipaux
8:30 a.m. to 5 p.m. 13001, boulevard
Cavendish

Biodiversity day

Educational booths on local biodiversity
Distribution of vegetable plants and shrubs and
contest registration

Saturday, May 23 Bibliothèque du Boisé
1 to 5 p.m. 2727, boulevard Thimens

SELECTION OF BOOKS ON BIODIVERSITY AND GARDENING

From May 1
Bibliothèque du Boisé and Bibliothèque du
Vieux-Saint-Laurent

Thematic tables featuring various works available to
consult or borrow.

MON JARDIN ÉCOLO CONTEST

During the distributions, gardeners may regis-
ter on site for a chance to win gardening-related
prizes. The winners will be selected at a random
draw and invited to a formal ceremony in Sep-
tember. For full details, visit: montreal.ca/en/saint-laurent.



Schedule for public buildings over the upcoming holidays



	April 3	April 4	April 5	April 6	May 18
Mairie	Closed	Closed	Closed	Closed	Closed
Aréna Raymond-Bourque	Closed	Open	Closed	Closed	Closed
Bibliothèque du Boisé	Closed	Open	Closed	Closed	Closed
Bibliothèque du Vieux-Saint-Laurent	Closed	Open	Closed	Closed	Closed
Centre des loisirs	Open	Open	Closed	Closed	Closed
Complexe sportif	Closed	Open	Closed	Closed	Closed
Cour municipale	Closed	Closed	Closed	Closed	Closed
Collections No change to the schedule of the various collections.	311 and Patrouille urbaine: Questions or requests? Contact 311.				

Une Féerie radieuse

Un soleil radieux attendait les quelque 800 participants et participantes à la Féerie d'hiver, le 15 février dernier, au parc Gohier. La température était idéale pour prendre part à toutes les activités hivernales offertes sur le site, dont des tours de calèche, pendant que des artistes de cirque se mêlaient à la foule. Du chocolat chaud distribué gratuitement a réchauffé les petites mains au besoin.

Le maire de Saint-Laurent, Alan DeSousa, la conseillère d'arrondissement pour le district de Norman-McLaren, Annie Gagnier, la conseillère de la Ville pour le district de Côte-de-Liesse, Vana Nazarian, et le conseiller d'arrondissement pour le district de Côte-de-Liesse, Jacques Cohen, étaient également de la partie, de même que la mascotte Laurent.



A radiant Féerie

Bright sunshine greeted approximately 800 participants at the Féerie d'hiver held on February 15 at Parc Gohier. The weather was ideal for enjoying the winter activities offered on site, including horse-drawn carriage rides, while circus performers mingled with the crowd. Complimentary hot chocolate helped warm little hands as needed.

The Mayor of Saint-Laurent, Alan DeSousa, the Borough Councillor for the Norman-McLaren district, Annie Gagnier, the City Councillor for the Côte-de-Liesse district, Vana Nazarian, and the Borough Councillor for the Côte-de-Liesse district, Jacques Cohen, were also in attendance, along with the mascot Laurent.



Le talent laurentien en vedette

Les groupes inscrits aux différents ateliers culturels donnés par des spécialistes au Centre des loisirs ont l'occasion d'exposer leurs œuvres dans le hall d'entrée de l'édifice. Du 14 février au 15 mars, c'était au tour des participants et des participantes aux cours d'aquarelle, de peinture sur soie, de poterie et de crochet-tricot d'être en vedette avec plus de 200 pièces exposées. La conseillère d'arrondissement pour le district de Norman-McLaren, Annie Gagnier, a assisté au vernissage avec les artistes et les spécialistes.



Saint-Laurent talent in the spotlight

Participants registered in the various cultural workshops offered by specialists at the Centre des loisirs have the opportunity to exhibit their work in the building's lobby. From February 14 to March 15, it was the turn of participants in the watercolour, silk painting, pottery and crochet-knitting classes to take centre stage, with more than 200 pieces on display. The Borough Councillor for the Norman-McLaren district, Annie Gagnier, attended the vernissage alongside the artists and specialists.



La mini-bibliothèque de Chameran à l'année

La mini-bibliothèque de Chameran a maintenant pignon sur rue à l'année! Pour marquer l'événement en grand, de nombreuses familles ont assisté à la fête de réouverture le 17 janvier en compagnie des membres du conseil. Les célébrations comprenaient, entre autres, un concours et des représentations du spectacle *Pelleteur de nuages* de la compagnie Le gros orteil.

Nichée dans le centre communautaire Painter, la mini-bibliothèque est ouverte les vendredis de 15 h à 18 h et les samedis de 13 h à 17 h.

Mini-bibliothèque de Chameran now open year-round

The Mini-bibliothèque de Chameran is now open year-round. To mark the occasion in a big way, many families attended the reopening celebration on January 17 in the company of members of the Council. The celebrations included, among other things, a contest and performances of the show *Pelleteur de nuages* by the company Le Gros Orteil.

Nestled in the Centre communautaire Painter, the mini-library is open on Fridays from 3 to 6 p.m. and Saturdays from 1 to 5 p.m.

Cercle de fermières Saint-Laurent

Le 18 janvier, le vernissage de l'exposition citoyenne du Cercle de fermières Saint-Laurent avait lieu au Centre des loisirs. Cette exposition a mis en valeur plus de 80 ans d'existence du plus ancien cercle de Montréal, qui est aussi l'une des plus anciennes organisations communautaires du territoire. Le vernissage a réuni visiteurs et élus pour admirer le talent et le savoir-faire d'une soixantaine de membres actives.

On reconnaît le maire de Saint-Laurent, Alan DeSousa, le conseiller d'arrondissement pour le district de Côte-de-Liesse, Jacques Cohen, le conseiller de la Ville pour le district de Norman-McLaren, Aref Salem, et la conseillère d'arrondissement pour le district de Norman-McLaren, Annie Gagnier, avec la présidente du Cercle de fermières Saint-Laurent, Dolly Sofia-Abichedid, et deux autres représentantes, Maria-Elena Antunez et Elaine Pauzé.



Cercle de fermières Saint-Laurent

On January 18, the vernissage of the Cercle de fermières Saint-Laurent citizen exhibition was held at the Centre des loisirs. The exhibition highlighted more than 80 years of history of Montréal's oldest circle and also one of the longest-standing community organizations in the area. Visitors and elected officials gathered to admire the talent and craftsmanship of some 60 active members.

We recognize the Mayor of Saint-Laurent, Alan DeSousa, the Borough Councillor for the Côte-de-Liesse district, Jacques Cohen, the City Councillor for the Norman-McLaren district, Aref Salem, and the Borough Councillor for the Norman-McLaren district, Annie Gagnier, with Dolly Sofia-Abichedid, president of the Cercle de fermières Saint-Laurent, and two other representatives, Maria-Elena Antunez and Elaine Pauzé.

