

THE
RECORD

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THURSDAY, FEBRUARY 26, 2009



COURTESY
Stanstead and BCS
amongst a group
of local high
school teams
participating in
both the boys and
girls provincial
tournaments...
SPORTS - PAGE 10



Students, teachers
and staff of St.
Patrick
Elementary School
and A.S. Johnson
High School of
Thetford Mines
started their *Walk
to the Vancouver
Olympics...*
PAGE 3

**HE SAYS,
SHE SAYS...**

"It's going to come
down to who wants it
more."

Amanda Piribauer

(THE RECORD, FEBRUARY 25TH)

Family Day full of fun and folly in Stanstead



By Nancy Nourse
STANSTEAD

With the ever-changing weather that we have had in recent weeks, organizers of this year's Plaisirs d'hiver – Family Day in Stanstead were a bit worried about having enough snow for the carnival-style

day, but their worries proved unnecessary as Saturday presented itself with bright sunshine and lots of snow. The wind proved to be mighty chilly by the end of the afternoon but no one seemed to care as they warmed their toes by the campfire that the Three Villages Scouts had built.

PLEASE SEE FAMILY PAGE 5 FOR MORE

Donations upgrade equipment at CSSS-IUGS

By Rita Legault
SHERBROOKE

Patients and staff at the Health and Social Service Center - University Institute of Geriatrics of Sherbrooke have access to much more modern radiology equipment thanks to a donation from the Vitae and the Sherbrooke Hospital Foundations.

In addition to replacing outdated equipment acquired for the Argyll pavilion in 1983 and for D'Youville in 1989, radiology rooms have also been updated and adapted to the increasingly vulnerable clientele lodged at the Centre de santé et de services sociaux - Institut universitaire de gériatrie

de Sherbrooke (CSSS-IUGS).

The machine will also allow elderly residents with a loss of autonomy to be served more efficiently, explained Dr. Suzanne Gosselin, director of professional services and of medical partnerships. It will also be easier and more secure for staff.

Equipment which is more suitably adapted for individuals with reduced mobility or whose health condition is fragile has been installed.

The film-free, digital X-ray machine, which is equipped with a wheelchair and a bed that goes up and down is much better adapted for patients with physical limitations.

"We are helping to uncork bottlenecks in the network and to offer better services to our residents," said Dr. Gosselin. "For them, the waiting period can be particularly stressful and damaging considering that they are usually greatly vulnerable."

The new machines also provide better quality images for better diagnostics and are connected to the hospital computer system making it easy for doctors to share the images with others at the Centre hospitalier universitaire de Sherbrooke (CHUS) and other institutions and clinics linked to the system.

PLEASE SEE XRAY ON PAGE 4

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Retchless Report — Another Sunday storm expected in the extended forecast



As mentioned last week, warmer weather is on tap into the weekend. Rain on Thursday and Friday will give way to cooler weather followed by another complex coastal Storm on Sunday. Stay tuned as the exact track of this storm is once again questionable!

I have received many enquiries as to how the Record's weekend forecast is put together. Each week's predictions are prepared on Wednesday. This means that the Sunday forecast is five days away. Anyone who follows the weather, understands that a great deal can change in five days. The world's weather patterns are dynamic and small changes in atmospheric conditions can have a huge impact on the five-day forecast.

Each Wednesday, the National Weather Service of Burlington's weather site is consulted. This site has detailed discussions that are well suited to our mountainous terrain. Environment Canada and Meteomedia sites also offer interesting data that can be incorporated into the weekly prognostication. I look at their forecasts and the computer models as well as the 10 to 14 day projections. Based on these forecasts and the experience of living and watching Townships weather, the weekend scenario is put together.

A good case in point was the latest storm. When last Wednesday's report was prepared, the computer models were all over the place on the formation of a strong coastal storm. So the best forecast was to include light snow. In fact the storm formed and turned into, what meteorologists call, a weather "bomb". This storm formed a bit too late and a bit too far to the east to really

close us down. Yet the wrap around moisture was impressive enough to give us an "upslope" mountain snow event, all day Monday.

Upslope snows are a weather phenomena that is especially present in the Eastern Townships. Montreal will call for partly cloudy skies with flurries while we get 20cm of snow! This happens when moist North

West winds come across the St. Lawrence lowlands and effectively bump into the hills of the Eastern Townships and Northern Vermont. The moist air is forced upward and snow flakes crystallize and fall. Jay Peak's famous snow cloud is a result of its favorable location for the upslope snow effect.

Thursday: A chance of snow showers. Mostly cloudy, with a high near +3.

Southwest wind between 5 and 10 kph. Chance of precipitation is 40%. New snow accumulation of less than 2cm possible.

Thursday Night: A chance of freezing rain after 1 a.m. Mostly cloudy, with a low around -3. South wind around 10 kph becoming calm. Chance of precipitation is 30%.

Friday: Rain. High near +5. Southwest wind between 10 to 15 kph, with gusts as high as 40 kph. Chance of precipitation is 90%. New liquid precipitation amounts between a 5 and 10mm.

Friday Night: Temperatures fall as rain changes to snow showers. Cloudy, with a low around -8. Chance of precipitation is 70%. A light dusting of snow likely.

Saturday: Mostly sunny, with a high near Zero.

Saturday Night: Partly cloudy, with a low around -10.

Sunday: Snow likely. Cloudy, with a high near -3.

Sunday Night: Snow likely. Cloudy,

with a low around -8.

Monday: A chance of snow showers. Cloudy, with a high near -2.

Andrew Retchless is an ETSB school principal by day and trusted Record weather prognosticator each Thursday.

What the...?

For some reason, I feel the need to take this one personally. Things are bad in Michigan - the auto industry is collapsing, unemployment and poverty are rampant, and Detroit has lost its "murder capital" title. For the city of Brighton, however, things can never apparently be bad enough. Brighton, you see, has recently passed a by-law that prohibits being annoying in public - which is just about the only real way to be annoying.

The by-law, which makes it illegal to "repeatedly commit acts that alarm or seriously annoy another person and that serve no legitimate purpose." Whoah!. There's a \$500 fine too.

According to police chief Tom Wightman, the law's purpose is to help deal with things like ongoing neighbour disputes, harassment by an ex-partner, unwanted or repeated text messages, harassing phone calls and co-worker harassment, among others. "Our intent is to protect citizens," Wightman says, "and to protect freedom of speech."

He also says application of the law will be a subjective call made by police, which of course, eases everybody's concerns.

The whole point of freedom of speech is to protect "annoying" and unpopular speech, because the other kind doesn't really need protection, but this subtlety seems lost of the Brighton decision-makers. In any event, a law like this could affect just about everybody I know.

Not everybody is pleased with the development. Business owner Rick Stames summarized his opinion: "it just makes the city look stupid. There's enough that happens to make you look bad to begin with. Why go out of your way?"

PUBLIC PORTRAITS

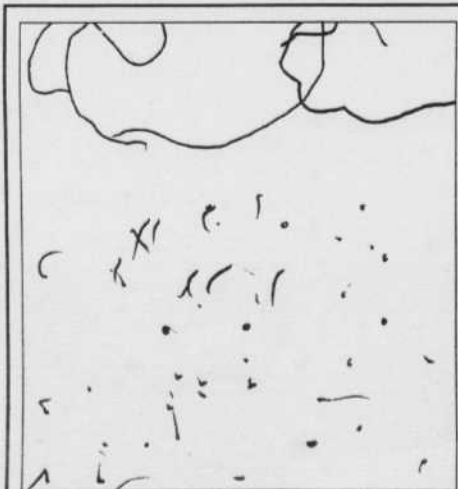
Through snow and sleet...



HERE IS A PICTURE OF A SQUIRREL ENJOYING THE PEANUTS I PUT OUT - PHOTO BY ALLISON CONNELLY

Thank you for the submission Allison.

You don't have to be a professional to snap photos of the Townships and The Record invites you to share your snap shots of landscapings, buildings and anything else with others. Email your Kodak moments to jyoung@sherbrookerecord.com or send them in the mail to 1195 Galt E, Sherbrooke, Qc, J1H 5L6. A different photo taken by Townshippers will be printed daily.



Four-year-old Anthony Green has given The Record his masterpieces depicting your weather forecast.

Ben by Daniel Shelton



Virtual walk to the Olympics

Stephen McDougall
THETFORD MINES

If you can't be there in person, at least be there in spirit, say the students at the St. Patrick and A.S. Johnson combined school.

On Wednesday, they began a virtual walk to Vancouver to be virtually present at the 2010 Winter Olympic Games.

"It would be great if they could actually walk to Vancouver, but then they would not get their school work done," said Suzanne Aubre of the Megantic Community Development Corporation, which is organizing the event along with school principle Lisa Larente.

"So, instead, the students have pedometers which count their steps and the more they walk, the closer they get in spirit to the games."

Wednesday afternoon, the 250 elementary and high school students walked from the school to the intersection of Mooney and St. Alphonse streets and back. Aubre said the three kilometer walk translated into 750 kilometers when it was multiplied by the number of students.

"That's the equivalent of one person walking from St. John's, Newfoundland to Charlottetown, PEI," she said.

"That is if that person could walk on water."

Aubre said the students will take turns during their school time to walk around the school and on some nearby streets in order to accumulate kilometers calculated from their pedometers. In all, she said, the students need 10,755 kilometers to make it to the games scheduled in one year's time.

Aubre said the school will make sure the walking is mixed in with activities designed to celebrate Canadian History as they virtually walk across the country.

They will also get visits from various Canadian Olympic athletes. The start of the walk featured the presence of David Gill, a track and field athlete from Mashteuiatsh, Quebec. On March 17th, the students will be visited by Yannick Lupien, a

member of the Canadian Swimming team who competed at the Sydney 2000 and the Athens 2004 games.

The school has also asked Olympic officials to be part of the passing of the olympic torch, which is scheduled to go through Thetford Mines in December of this year.

Because the virtual walk project is sponsored by a Health Canada grant, the students will also be asked to participate in a Health Challenge nutritional program that will go from March 1st to April 11th.

"We are also asking community members and school administrators to be part of the program," said Aubre.

"The more walking we all do, the better for us and for support of the games."



Students holding a big Canada Map with Peter Whitcomb, MCDC Health Coordinator on the left and David Gill (white shirt), a track and field athlete on the right, who came to the school today to motivate the students, to talk about dreaming big and how to reach your goals.

COURTESY

Bécharde goes from Rector to Reefs?

Sherbrooke (Staff) - Approaching the end of his eight-year, non-renewable mandate, University of Sherbrooke rector Bruno-Marie Bécharde, is now applying for the most coveted mandate in the world.

Billing himself as the youngest university president of the Americas, Professor Bécharde is seeking a six-month mandate to explore and promote the islands of the Great Barrier Reef, "one of the most beautiful natural treasures on the planet".

The job, which is being offered up by Tourism Queensland in Australia, has received some 34,000 applications from 200 countries for what they have dubbed "The Best Job in the World".

Despite such competition, the soon to be former Rector and Vice-Chancellor of the Université de Sherbrooke doesn't seem to fear failure despite such competition:

"You know me; I am not at all afraid of success!" he answers with a smile. "This opportunity perfectly coincides with the holidays I will take at the end of my mandate, and would formidably launch the journey to Oceania and Pacific Asia I am currently organizing with my family for the sabbatical year I plan to undertake as of next September."

Bécharde's application for the job can be viewed

online at: www.IslandReefJob.info

"My family and I are now ready to invest all of our passion, energy, curiosity, creativity, communications skills and international networks to make the islands of the Great Barrier Reef better known to the whole World. I am confident our combined efforts will attract a lot more attention and visitors to Australia. Now, the question is: Are you ready to face this challenge?"

Professor Bécharde was elected as the eighth rector of the Université de Sherbrooke in 2001, at the age of 36.

Under his leadership, the Université de Sherbrooke has become the best-rated French-speaking university in Canada in the leading university rankings published by Maclean's magazine and the The Globe and Mail newspaper.

Moreover, a study recently made public by the National Post newspaper reveals that among all French-speaking Canadian universities, the publications from the professors of the Université de Sherbrooke had the greatest impact on scientific journals in 2007.

For eight consecutive years, the Université de Sherbrooke has also recorded the most important growth in Quebec.

Reforming Animal Cruelty Laws

By Corrinna Pole
SHERBROOKE

Liberal MP Mark Holland invited Conservative MP Keith Ashfield, a minister in the Harper cabinet, to join him in moving forward effective animal cruelty legislation in Parliament, according to a recent press release.

"I applaud Minister Ashfield's recent public statement in support of modernizing Canada's archaic animal cruelty laws," said Holland in a recent statement. "I invite him to meet with me to discuss my current bill C-229 on this issue and how we can promote a bipartisan solution to getting needed reforms through."

Holland is referring to Ashfield's comments in reaction to the recent high-profile case of a New Brunswick man, Keith Barton, who justified killing five small dogs in his care because they were his property. The case reignited debates on reforming the part of the Criminal Code dealing with animal cruelty and to close loopholes that allow known perpetrators of blatant abuse walk away from their crimes.

Tuesday afternoon Barton was acquitted of animal cruelty charges in connection with the deaths of five Pomeranian puppies. In April 2008, Barton killed the dogs with a hammer when animal welfare officers went to his kennel to seize his 13 dogs.

Judge Patricia Cumming found Barton not guilty of cruelty in killing his five dogs because they were rendered unconscious and did not suffer. She did find him guilty of injuring a dog, named Jake, who survived the incident.

Barton also faced three additional charges under the provincial SPCA Act of failing to give proper care to his dog. In her judgement Cumming fined Barton the minimum \$120 on each case and gave him a conditional discharge, that he cannot own a dog or pet for the next 12 months.

"The case in New Brunswick is a perfect example of why Bryden's bill missed the mark," declared Holland. "Stiffer sentences are useless if we can't convict abusers under our laws. Minister Ashfield's comments represent a breakthrough - and I hope that after ten years and four parliaments Canadians finally will see the passage of effective animal cruelty laws."

Quebec has developed the reputation as the puppy mill capital of North America. In 2001 criminal proceedings were brought against a Townships puppy mill. Puppy farmer Lawrence Flamand in Saint-Malo was sentenced to two years probation barring him from keeping animals.

A new working group of the Ministry of Agriculture, Fisheries and Food of Quebec (MAPAQ) was launched last week in response to public outcry following the busts of three major puppy mills overlapping with the provincial election campaign last year.

The group's mandate is to examine the problems linked to pet welfare and propose solutions that may include a regulation that would make the registration of all places where dogs are housed, sold, or bred mandatory in the province.

The panel is comprised of representatives from veterinary and pet store associations, government officials and animal welfare groups. The director of the Eastern Townships Humane Society (Estrie-SPA), Bruno Felteau, is one of those on the panel.

Within the province Anima-Quebec enforces provincial legislation and has guidelines, not laws, for breeders that outstrip current legislation. But the non-profit organization is severely under staffed with only five inspectors.

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RECORD

XRAY:

CONT'D FROM PAGE 1

town by taxi, it will also limit the transfer of patients and make services more efficient, she said.

"Images can also be manipulated, enlarged, darkened and lightened," said Sophie Leblanc, assistant head of radiology. "Before that doctors only got the image we provided."

Leblanc said the hospital had a choice of three machines and only one made the grade. She said the machines were outfitted with a number of options that make it easier and safer for both patients and personnel.

Among those are the bed that goes up and down. "The last one had a fixed bed which meant patients had to climb on a small stool, pivot and lie down," she said, noting that's not easy for a lot of elderly patients, particularly those with broken bones.

And the new machine uses lower levels of radiation and technicians do not have to leave patients alone in the room while they develop the films.

"Furthermore, we can now plan the transfer of our residents to short-term care

Not only will the new digital machine make it unnecessary to send x-rays across

centres much more effectively," she added. "A specialist such as an orthopedist working at the CHUS can view the images produced at the CSSS-IUGS using the PACS system from his institution and subsequently plan for the patient transfer and intervention. The patient can thus be transferred to the appropriate short-term service at the most opportune moment."

The new equipment will also make it easier to ex-

tend radiology services to the 350 residents at St-Joseph and St-Vincent residential centres. These residents used to have to go to the CHUS or a private clinic to obtain X-rays.

"As well as increasing the quality of life and care for patients, it will also reduce costs. You can't do better than that!" commented David Price, chairman of the board at the Vitae Foundation that serves institutions within the Health and Social Service Center - University Institute of Geriatrics of Sherbrooke.

Price thanked the Sherbrooke Hospital Foundation for its donation - one of its last. After serving the patients from the former Sherbrooke Hospital for more than three decades, the foundation is winding down.

"You guys, and gals, have always been of the forefront of helping the medical community and improving the quality of life for patients and employees," he told members of the foundation on hand for the official launch of the new machine at the former Sherbrooke Hospital, now the Argyle Pavilion of the CSSS-IUGS.

Sherbrooke Hospital Foundation chairman Bruce Allanson said the organization has been liquidating its assets, but will be around a for at least another year as it waits for the bills to come in and the checks to go out.

Over the past few months the foundation distributed \$5.1 million to health and social services institutions and foundations in the region.



RITA LEGAULT

Sherbrooke Hospital Foundation chairman Bruce Allanson and Vitae Foundation chairman David Price check out the equipment purchased.

Maple leaf recalls Hot Dogs over listeria concerns

By Corrinna Pole
SHERBROOKE

Maple Leaf Foods is voluntarily recalling a small quantity of their wieners after the company's environmental testing program revealed the hot dogs may contain listeria species. The company reported that over 75 per cent of all the recalled products were within the company's control by Tuesday, hours after they first initiated the alert.

The products, which include Shopsy's Deli Fresh All Beef Frankfurters, (Product Code 20730 and UPC 6487520730) with a Best Before date of AL22 and AL23 (April 22 and 23) and Maple Leaf Hot Dogs Original, (Product Code 22356 and UPC 6310022356) with a Best Before date of AL23, had been produced at their facility in Hamilton Ontario (establishment #611) and distributed primarily throughout the central and eastern provinces.

The Canadian Food Inspection Agency (CFIA) had not confirmed the presence of Listeria monocytogenes in the products but will carry out testing to determine which species of Listeria is present.

The CFIA has also issued new listeria alerts for chicken or chunky ham salad manufactured by Plaisirs Gastronomiques Inc. in Boisbriand. The salads are prepared and sold at stores throughout Quebec including AXEP, Au pain doré, Bonichoix, Boni-soir, IGA/IGA Extra, L'intermarché, Le dépanneur, Loblaws, Marché Richelieu, Metro, Omni, Provigo, Supermarché GP, Tradition, and Voisin.

The alert includes St-Hubert Chicken Salad Spread, sold in 375 g containers bearing UPC 6 23798 08100 8 and lot code 047091 (Best Before February 27th) or 048091 (Best Before February 28th), which has been distributed to major grocery retailers in Quebec.

Consumers who have purchased the salads between February 2nd and the 24th inclusive are advised to check at the place of purchase to determine if they have the recalled products and advised not to consume them.

Former Record editor honoured

By Corrinna Pole
SHERBROOKE

Three local women - a newspaper editor, an author and a playwright - will be honoured by the Yamaska Valley Optimists Club at their annual International Women's Day (IWD) dinner at Knowlton's Lakeview Hotel.

"Every year we have a different theme and this year's theme is women writers," said club member Ilze Epnors. "Three successful women who are role models are chosen by the Yamaska Valley Optimist Club, which is an all women's English club."

Journalist and former editor of the Sherbrooke Record, Sharon McCully is amongst the honourees. For ten years McCully held the position of editor at the Record, retiring in July 2006. She now edits and co-publishes the Townships Outlet. She has served on the board of directors and as past president of The Quebec Community Newspaper Association and is a former president the Canadian Community Newspaper Association. This will not be the first award for McCully who is a recipient of the Lindsay Chrysler Award.

Author Winona Matthews has

penned several historically based books available through Townships Expressions, including Archibald and the story of St John's Anglican Church in West Shefford. In addition to her manuscripts, she is a dedicated researcher and aficionado of local history.

Playwright Laura Teasdale, who also sings, acts and plays guitar, originally hails from the Maritimes but relocated to the Townships several years ago while participating in Theatre Lac Brome's summer repertory company. Three of Teasdale's plays have been staged as part of the Theatre's professional summer season and her latest play - Love and Marriage is a dinner theatre production with Knowlton Players.

The Optimist Club began the dinner, commemorating three local women, three years ago when they first honoured local female politicians and the following year featured local volunteers.

Each dinner also features a local keynote speaker. Past speakers include leader of the Green Party of Canada, Elizabeth May and playwright and actor Mary Harvey. This year's speaker is author Louise Penny who is perhaps best known for her mystery series featuring the

sleuthing work of Sûreté du Québec Chief Inspector Armand Gamache.

In 1910 at a International Conference of Working Women held in Copenhagen, Clara Zetkin, the Leader of the 'Women's Office' for the Social Democratic Party in Germany, proposed a annual Women's Day celebration to press for their demands. The first IWD was observed a year later.

On March 19th, 1911 more than one million men and women attended IWD rallies in Austria, Denmark, Germany and Switzerland, campaigning for women's rights to work, vote, be trained, to hold public office and end discrimination.

With a change in attitude towards women's equality and liberation, the tradition has shifted focus to inspiring women and celebrating their achievements on or around March 8th.

The Women's Day Dinner takes place on Saturday, March 7th at the Lakeview Inn at 50 Victoria Street in Knowlton. The evening starts with a paid bar at 6 p.m. followed by the dinner at 7 p.m. Tickets are \$50 and proceeds help support local youth projects sponsored by the club. Seats are limited, to make your reservations call event chairperson, Lois Hardacker, at 450-242-2000.

POLICE BRIEF

Sherbrooke (RL) - With a growing number of car thefts in the downtown area, Sherbrooke police cracked down on motorists who don't bother locking their doors.

Police handed out 26 tickets on Tuesday evening for cars that were found with the doors unlocked, said Sherbrooke police spokesman Martin Carrier.

Carrier said that since the beginning of the year, there has been a rash of car thefts where the criminals were not forced to smash a window or jimmy a lock to get in.

Since January, there have been 93 thefts of cars. That's more than during the same period last year, said Carrier, noting that in 2008 such thefts totalled 492.

Carrier said Section 381 of Quebec's Highway Safety Code makes it an infraction to leave your doors unlocked when a car is unattended. Those who contravene the law

face a \$52 ticket.

A Sherbrooke woman who got her car stolen around 9 p.m. Tuesday night can think of another reason not to leave your doors unlocked - especially if you've also left the keys in the ignition.

The woman, who had just finished filling her gas tank at the Shell station at 9545 Galt West, went inside to pay, said Carrier. When she turned around her car was leaving the gas station without her.

Police patrollers on their way to the scene of the crime crossed the Toyota Yaris and intercepted it, said Carrier, noting that on board they found a drunk motorist who was arrested and taken downtown.

Sylvain Boucher, 46, of Sherbrooke was arraigned Wednesday on charges of car theft and impaired driving.

BRIEFS

Village Grec guilty

Quebec (McD) - A Sherbrooke restaurant pled guilty last Friday to charges of tax fraud and has been fined a total of \$55,465.

Le restaurant Village Grec received the sentence after admitting to failing to pay provincial sales tax (TPS) on sales of over \$1.6 million between November 2003 and April 2007. The restaurant has already been fined close to \$170,300 for similar offences relating to the federal Goods and Services tax (GST).

In addition, the restaurant managers, Patrick Charland and Line Fréchette received fines of \$15,000 each for allowing the restaurant to be used to commit a crime. In the case regarding the GST, the two received fines totaling \$50,270.

In addition to the fines, the restaurant must pay all the pertinent taxes.

Caisse disappointing

Quebec (McD) - The Quebec Minister of Finance has expressed disappointment at the financial statement released yesterday by the Caisse de depot et placement du Québec which showed an investment return of -25 per cent, or a loss of almost \$40 billion for the year 2008.

Monique Jerome-Forget recalled that 2008 saw the beginning of a global financial crisis and that, historically, periods of severe volatility are always followed by recovery. "It's important that these results not be judged on the performance in only one year," she said in a press release issued Wednesday, "because deposits are based on the long-term. An important portion of these losses consist of "paper" losses and do not reflect "real" losses in 2008."

While remaining optimistic in the long term, Jerome-Forget also wants the Caisse's directors to appear before an parliamentary commission to explain the Caisse's poor performance. "It's important for the Quebec population to understand properly what has happened."

Henri-Paul Rousseau, the former head of the Caisse, who resigned late last year, as well as other members of the Caisse's management will be called to testify before the commission. Jerome-Forget said she will be meeting with opposition parties shortly to determine a date for the commission's hearings. She also emphasized that the government is proceeding quickly to hire a new Caisse president.

Silver cookie

Sherbrooke (McD) - A Sherbrooke restaurant chef, Jo-Any Rancourt, of Restaurant Le Tapageur, won a silver medal at the annual Apprentice Chef and Pastry Chef competition organized by the Société des chef, cuisiniers et pâtisseries du Québec (SCCPQ). From February 8th to the 10th, five finalists competed in a variety of categories with first prize going to two cooks from Quebec City's Le Saint-Amour. Rancourt, representing the Estrie region took the silver.

Rancourt completed her chef's training in December 2008 at Sherbrooke's Centre 24 Juin.

FAMILY:

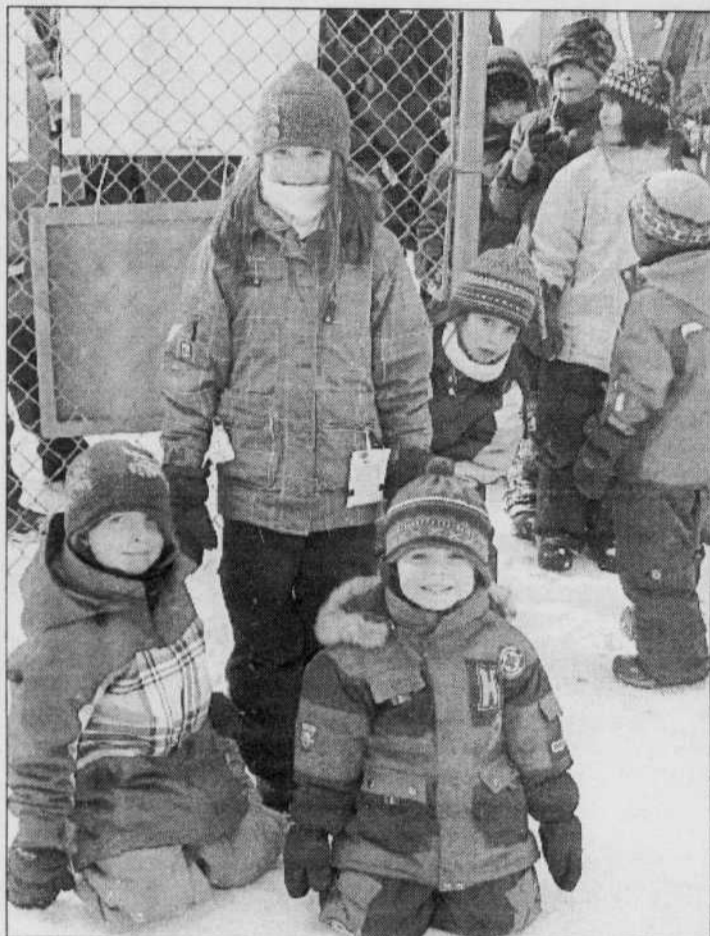
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You can't have a campfire without marshmallows which one small tot felt were finger-licking good ...even if they were

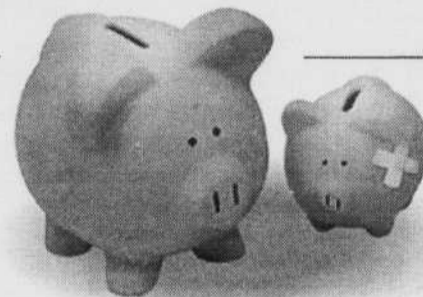
Daddy's fingers that she was licking!

New additions to this year's event were dog-sled rides and piping hot chilli, thanks to the Chartier family and the CRC (Community Recreational Center), respectively. Members of the CRC also organized a tug of war and other games during the day. Volunteer Sylvain had once again created a wonderful sliding area for the kids, both young and old as it happened. It was quite the sight to see the younger ones make their way up the junior slide, wiggle themselves into position

and down they went, only to get up and do it all over again, appearing to get more energized each time rather than tired. Those involved in the volleyball games seemed to be totally absorbed in what they were doing. For those who were not interested in the sports activities, there was always the challenge of trying to stay on the bucking bronco. An estimated 500 people came out to join in the festivities.

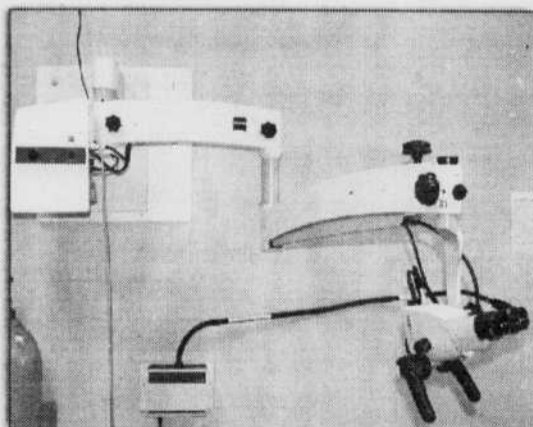


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www.fondationchus.org - Phone: 819 820-6450 - 500, Murray Street, Suite 600, Sherbrooke QC J1G 2K6

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The Musical for our economic times

"The musical is back!" brayed Hugh Jackman at Sunday's Academy Awards. And not a moment too soon.

You may recall that during the Dirty Thirties, when the population was out of work, and prospects looked bleak, and global conflict appeared imminent, people turned to Hollywood musicals for relief: Anything Goes, The Gay Divorcé, Gold Diggers of 1935...

So here we are in the - what? the Numb Millennium? the Tawdry Two-Thousands? the End Times? The population is out of work, and prospects look bleak, and global warming appears imminent.

To help lighten the mood, ladies and gentlemen, I present you scenes from the upcoming musical, Stock Losers of 2009...

Scene 1: Opening number

A bustling city sidewalk. Up-tempo music, pedestrians sing:

*We're all out of work
But, hey, that's okay.
Who needs a jo-o-ob
A-a-a-nyway?
To lack of employment
Our hats we do doff
We're making the most of
Getting la-a-a-aid offff!*

[Spoken]

Laid-off advertising executive: "I'm writing that novel I've always wanted to write!"

Downsized factory worker: "I'm taking an interest in my kids for the very first time!"

Bank CEO: "I'm getting in touch with my feelings now that I'm only making half a million a year!"

Single mom: "I'm enjoying the many varieties of cat food!"

*Our investments in the tanker
But we just want to thank yer
For giving us the opportunity-y-y-y
To learn from this recession
A most important lesson:
We all must treasure life's necessities*

So what if we can't pay our bills or feed our families or count on our retirement savings

At least we have our h-e-e-e-alth!
[Shouted] FOR NOW!

Scene 2: Comedy bit

Location: Climate change conference, dialogue between delegate A and B

A: Boy, it's hot.
B: Yup, sure is hot.
A: Hot as heck.
B: Watch the language, bub.
A: Sorry, boss. Hot as Grandma's insoles.
B: That's better.
A: It's global warming, right?

B: That's right. We're all gonna fry.
A: Who fries first?
B: Yes.

A: I mean the country that's going to disintegrate into drought and famine.

B: "Who."
A: That's what I'm asking: who is going to fry first?
B: That's right.
A: What's right?
B: "Who."
A: I don't know!
B: No. "I don't know" collapses into anarchy and xenophobic violence second. "Who" fries first.

A: That's what I'm asking you!
[Etcetera]

Scene 3: Dance of the energy analysts

*Oil!
You know we sure did have fun
with it.
Oil!
You know we're gonna run out of
it.*

*We based our whole society on endless supplies
But now it's at a trickle and we
seem so surprised.*

*Oil!
Alas we have no alter-r-r-native
We're pretty much all scre-e-e-wed!*

Scene 4: Back on the street



ROSS MURRAY

Remember when?



Where is this work taking place, what was it for, and what is in that location today? If you have any ideas, email us at: newsroom@sherbrooke-record.com or call 819-569-6345.

A: "Hey, down-on-your luck autoworker, why are you sitting there grinning? Don't you know that the auto industry is in terrible shape and likely to contribute to our economic demise?"

B: "Sure, mister, I know things are dire. But I've got hope. Hope, my friend, because I voted..."

*Obama-a-a-a
A stirring of hope that is helping
me cope with
My mama-a-a-a
Who's fresh out of work and is
being a jerk*

*We've placed all our hopes in this
virile new president
To save all our bacon we hope he's
not hesitant*

*Bail ou-u-u-ts
Pumping in money for piggish
execs with their
Pale snou-u-uts
Asking for more when they've just
squandered scores*

*Who cares that Obama has zero ex-
perience
We're lost in this blissful post-vot-
ing deliriance*

*Obama-a-a-a, Obama-a-a-a
The savior of us all-l-l-l!*

Finale
Onto the street walks none other

than President Obama himself!
"This great country was built on hard work. We must struggle to right wrongs. We must look to the future. But most of all, we need someone to take the fall."

[Slow crooning]
*Bush and his pals
Won't be getting off easy
And not just because they are all
Kind of sleazy*

*It's not 'cause our phone chats they
boldly recorded.
It's due to insurgents who got wa-
terboarded*

[Chorus of federal lawyers join Obama in jaunty dance number]

*We're gonna pross-pross-prosecute
for
Tor-r-r-turin'
We're gonna cross, cross, cross
them out for
Tor-r-r-turin'*

*We sorta liked ya, Dubya. Hey, you
seemed a little zany
Too bad you were so chummy with
that foul bastard Cheney*

*We're gonna pross-pross-prosecute
for
Tor-r-r-turin'
Let's have some good war cri-i-i-
mes!*

THE RECORD

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Stanstead Review

SERVING STANSTEAD AND
ITS BORDER COMMUNITY



Also See:

Dave's
Den

... see Page 9

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THURSDAY, FEBRUARY 26, 2009 page 7

Stanstead Ambulance Prevention Committee brought to life

By Nancy Nourse
RECORD CORRESPONDENT

EMT Justin Dewey is a dedicated member of both the Stanstead Ambulance Association and the Stanstead Fire Department.

In his line of work, he has witnessed, first-hand, many accidents involving seniors that could have been avoided if people had been aware of basic emergency information and used simple safety precautions. It was with this in mind that he decided to join forces with CSSSM's (CLSC) Paul Martel, Sergeant Patrice Gregoire (Community Relations Liaison for the SQ-Memphremagog), Lynn Wood of CAB Rediker Center and Fire Chief Mike McKenna (Director of Stanstead, Ayer's Cliff and North Hatley Fire Departments) to create the Stanstead Ambulance Prevention Committee.

The Press Conference held on Friday, February 20th was called to present the program and accident prevention kit that they have developed in an effort to reduce the number of accidental injuries involving seniors and home safety issues.

"We have been working on this project for the last two years but I think we have come up with something that will be of great value to the community," said EMT Justin Dewey. "This new program is geared toward individuals 65 and older, with priority given to those over 75, who are living at home and are considered low income individuals. It doesn't matter if they are living alone or as a couple, in an apartment or in a house, they are considered eligible for this program. We feel the key to reducing accidents is prevention and knowledge.

Dewey went on to explain that the basic kit contains not only an information folder (includes resource calendar) but also other tools to help make your home more secure. A great deal of thought was put into choosing items that are multi-purpose such as reflector buttons (for when you are taking walks) and reflector strips (to be put on the first and last stair or on your telephone), a magnetic prescription pouch for the refrigerator door (to provide quick access to vital medical information, for use by any emergency officials who respond to a call at your home), anti-



NANCY NOURSE

Chief Mike McKenna, Paul Martel (CSSSM), EMT Justin Dewey (Stanstead Ambulance - Stanstead Fire Department), Lynn Wood (CAB Rediker Center) and Sgt. Patrice Gregoire (SQ).

stress ball, automatic night light, magnifying glass, anti-slip bathmat, smoke detector and flashlight. Items such as a carbon monoxide detector and a fire extinguisher may be added to this basic kit, if deemed necessary.

To start the project, the Prevention Committee found backing for 40 kits which will be distributed free of charge. Once you have submitted your name, you will receive a friendly visit from Chief McKenna, Sgt. Gregoire and Justin Dewey to evaluate your specific issues. Following these three visits, a joint-discussion will be held and the best possible suggestions will be given to you along with the basic prevention kit. It was felt that this was a preferable way of handling the prevention program as too often we receive valuable information in pamphlet form but never take the time to actually read it or put it in an easily accessible place for emergency use.

Dewey and his team members wanted it to be clear that while this program was designed to help low-income seniors, the key word is seniors, living at home. If you do not consider yourself in this category, you may still be considered eligible for this particular program

under certain circumstances. Both Sgt. Gregoire and Chief McKenna stated that they would be willing to pay a visit to any senior who was concerned about safety issues.

This new program, available to the entire MRC Memphremagog region, has been made possible thanks to the support and generosity of local businesses and associations: Caisse Desjardin du Lac Memphremagog, Caisse Desjardins de Stanstead, Pharmacie Proxim, Campbell & Bellam and Associates, Rona Fluet et Fils, CAB R.H. Rediker, CSSSM, Rotary Club of the Boundary, Delorme et Duquette Assurance, Pharmacie Pharmaprix, SécuritéTéléphone de la MRC Memphremagog, Pierre Reid -- Député d'Orford, Sûreté du Québec, Ville de Stanstead, MRC Memphremagog and Pierre a Feu (extinguishers).

"All too often, in our line of work, we

see people's lives being turned upside down because of a fall or other injury that might have been avoided. Someone who had been doing quite well living on their own is left with no other choice but to seek other alternatives which usually means going into a nursing home. Statistics show that 62 per cent of Stanstead Ambulance's transportation of seniors is due to falls - 85 per cent of all falls can be avoided," added Dewey.

Sgt. Gregoire told how programs similar to the one that the Stanstead Ambulance Prevention Committee is proposing have seen positive results over the last 10 years in Drummondville and the last three years in Haut St. François but this particular concept is new to the MRC de Memphremagog. The Stanstead Ambulance Prevention Committee project encompasses the following nine municipalities of the Memphremagog MRC: Ville de Magog, Stanstead, Ogden, Ayer's Cliff, Canton de Potton, Bolton-Est, Eastman, St. Etienne-de-Bolton and South Stukely.

The cost of the original forty kits proved to be around \$3,000 but the Committee will be looking for further financial support/donation of items to put together another 40 kits when the original supply has been depleted. This ongoing program represents wide-reaching benefits for a large number of people - helping people to stay in their homes longer as well as serving to minimize the number of hospital visits that are required. Family members will feel more secure in the knowledge that their loved ones are living in a safer environment, with the added knowledge of where, and who to contact if help is ever needed - creating a kind of social cushion for everyone involved.

For more information on this program or to submit your name, contact Lynn Wood at 819-876-7748 or Paul Martel at 819-843-2292, ext. 2320.

I'm gonna be a Fireman someday.

Muscular Dystrophy Association of Canada

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Studio Georgeville Presents film by Elia Saikaly

By Nancy Nourse
RECORD CORRESPONDENT

Studio Georgeville has tried to offer a wide array of cultural interests since opening its doors last year. This group of talented artists has put their heads together and come up with another interesting feature to chase away the winter blues – a visit from filmmaker-director-cinematographer Elia Saikaly who will be sharing his amazing return to Mt. Everest to celebrate the memory of his friend and mentor Dr. Sean Egan who died attempting to climb the world's highest peak. Witness the amazing triumphs and many challenges that faced the men on this adventure – next best thing to actually being there! This event will take place at the Murray Memorial Hall in Georgeville on Saturday, February 28th (4 p.m.). The \$10 admission charge goes towards building a well for the Child Haven in Nepal. Bring your favourite dish and join in a pot-luck supper and enjoy further conversation with Saikaly.

"Finding Life is a film dedicated to my friend and mentor Dr. Sean Egan, a health professor from University of Ottawa and advocate for fitness, health and active living who sadly died in 2005, attempting to be the oldest man to ever climb the world's highest peak, Mt. Everest. I had been asked to film this momentous expedition, quite an adventure for me as I had never once slept in a tent. Never having experienced such a challenge as a climber myself, I decided to retrace his steps, in 2006, and make this film in tribute to this man who has changed my life," explained Elia Saikaly, who originated from Aylmer, Quebec.

Dr. Egan had a magical way of inspiring people with his passion for health, his interesting training techniques and teaching methods, his charisma, his fitness, and his zest for life. He had been a world class athlete and was also an advocate for many charities.

"If you had the good fortune to have met him, you'd know well of his incredible presence in any room and his uncanny ability to inspire others and draw them to a more healthy lifestyle. He

wanted to use summiting Mount Everest as a platform to promote his strong views on health, sport participation, wellness and fitness for all ages."

Over a three year period, the team grew, researchers and sponsors came on board, and the 21-person 2005 Kanatek Expedition to Mount Everest became reality. The energy was extraordinary. The expedition was very successful, with the exception of Sean's death. Many team members were so impacted by his death, an event that, in various ways, altered their lives and behaviours – Sean's legacy lives on.

One highly emotional aspect of Saikaly's return trip to Mt. Everest was the building of a monument, a Chorten, with the help of members of the 2005 Kanatek expedition and Sean's Sherpa Guides (at 14,028 feet). As a legacy to this incredible mentor, members of the 2005 expedition created a foundation in his memory Ad Astra or Aim High, a Canadian-based charitable foundation, which has succeeded in its first goal which was to build Child Haven, an orphanage in Nepal.

Finding Life highlights the ever-changing conditions and challenges that hikers feel as they ascend something as massive as Mount Everest. With the weather conditions changing every 20 minutes, they experienced everything from cold and snow to hot sun and dust bowls. As they rested at different levels, they often encountered other climber, either on their way down or up the mountain, an interesting experience in itself as climbers tend to come from many different backgrounds.

The air also becomes thinner the higher you climb, making your every move an ordeal in itself. Even so, Elia found the experience amazing as the need to focus on your every step freed your mind, allowing you to disconnect/reconnect with what is really important in your life. Their only source of water was melted glacier ice. The reality of just how fragile life can be was accentuated with every step they took.

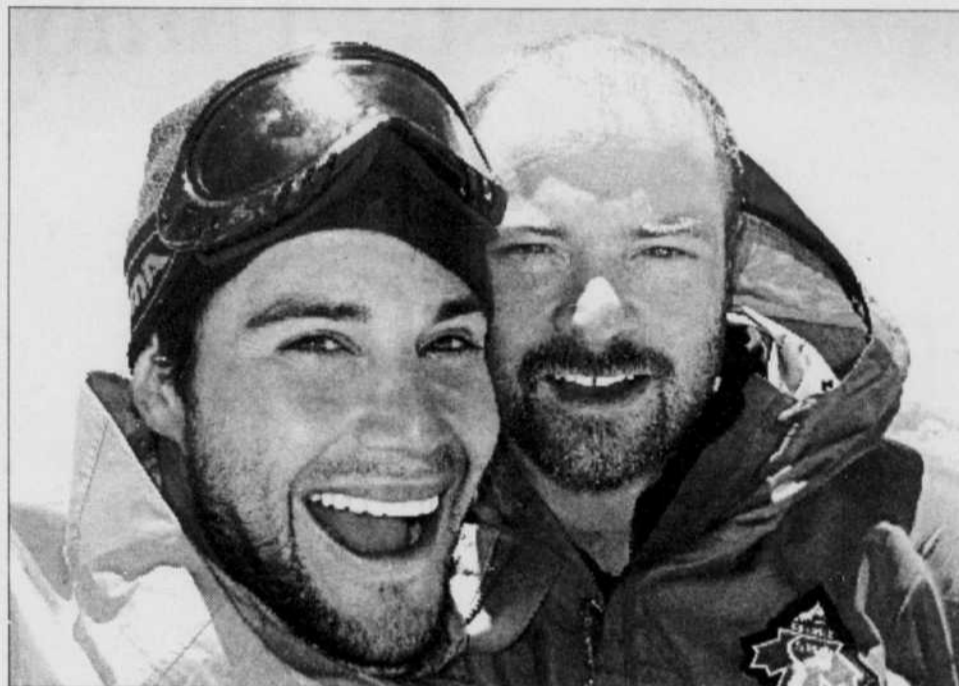
Since his successful climb to the top of Mt. Everest, Elia Saikaly and Dr. Norm O'Reilly, a management professor from Laurentian University, have also succeeded in climbing Mt. Aconcaqua, 22,881 ft, in January 2009. This adven-

ture was also used in an educational way, involving the students of Vincent Massey Public School (Ottawa) who were in constant contact with the group as they ascended to the summit. Through visual and verbal communications in several different ways, these students got to live an experience that they may never have on a most personal level.

Finding Life, won Public Award and Heart of the Jury Prize at the FIFAM Montreal International Adventure Film

Festival. It was also shown at the Museum of Civilization during the FIFAM Tour. Saturday, February 28th, is a chance to experience this incredible adventure through the eyes and heart of Elia Saikaly.

Seating is limited so you should reserve your tickets as soon as possible by calling 819-876-5914/ the Georgeville General Store/ Studio Georgeville (819-843-9992).



COURTESY

Elias and Norm atop Mt. Aconcaqua.

Sunnyside Carnival a success



PHOTO AND TEXT BY NANCY NOURSE

Among the many activities planned for the Sunnyside Carnival Day last Thursday was a visit to the local skating rink on Park Street which provided not only some quality time exchanged between teachers and students but also some exercise through both skating and the walk to the rink. Other activities included sliding, snowshoeing, games and sleigh rides, not to mention a tasty lunch prepared by the P.P.O. (Parents Participation Organization). This particular young lady is learning to skate for the first time.

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April fooled

I was recently on my Facebook website when I noticed that a friend of mine had sent me a note to join the Border Youth Club group. This definitely brought back memories for the fact that the club was the local Friday night hangout for all the Stanstead teenagers in the 1970's and into the early '80's.

Located inside the old armory building on Phelps Street, the Border Youth Club was the hot spot for kids aged 11 to 17 on Friday evenings. It was there where the Stanstead neighbourhood teens went to shoot pool, dance to music or discuss the latest adolescent gossip.



DAVE ELLIS
Dave's Den

The club was a place where teens could go instead of being found loitering on the downtown streets. A disc jockey played the hottest vinyl records of the era, ranging from the Eagles to Styx to Peter Frampton. The number of teenagers who attended the club averaged around 100 every week. Parents volunteered as chaperones. Fighting, alcohol and drugs were strictly forbidden.

One occurrence that really sticks out for me happened in the spring of '79 at the Border Youth Club. It was rumored for weeks that the club's directors were trying to book a well known rock band to perform there. It was said that one director had been in contact with a music promoter from a famous band out of Montreal. Private negotiations to bring the band to Stanstead were in the works.

Leaked-out news quickly spread throughout the area. The town was abuzz with rampant rumors. A notorious rock band might be taking to the stage at the Border Youth Club. Every Stanstead teenager at school, at the local skating rink or in P & M's Restaurant was highly overwhelmed with anticipation. To think that there was a chance that renowned rockers could be invading the club in our community.

A few days after the talks began to circulate, I entered the Stanstead College arena. I met up with a friend who was standing amongst a group at a pinball machine. A boy in the crowd claimed to have overheard a conversation between two directors from the club. It seemed a particular band was looking for an out-of-the-way venue to rehearse music for an upcoming album they were in the midst of recording. The band was none other than April Wine. The rocker's management was contacted and offered the Border Youth Club as a site to perform.

By the end of March, every teenager in town was aware of the April Wine-mania. The club's directors were very tight-lipped, refusing to confirm or deny any impending concert. Then there was supposed sightings of the band members in town. If April Wine was planning on coming to Stanstead, it was definitely the worst kept secret.

Every Friday throughout the month, the club's deejay was playing more April Wine hits than usual. The most requested song was 'I Like To Rock'. Kids were running to record stores in numbers to buy up their many albums. April Wine frenzy captured the entire Stanstead teen scene.

Then the month of April came and went. Still no news about a band performance at the club. The uncertainty about the group began to set in. By the beginning of May, everyone's patience had thinned to the point where the kids constantly confronted the directors wanting to know if the Youth Club had ultimately booked the band.

Finally, someone within the Youth Club's committee admitted to receiving a message from an associate member of the band's management. The group had prior commitments at the time and would have been unable to come to Stanstead for a concert. For weeks, the club had held out hope that April Wine would change its mind and make an appearance in Stanstead. But in the end, the concert never happened. This left many teenagers greatly disappointed.

The spring of '79 saw quite a stir at the club for weeks. Even though April Wine never performed, the club did host another band out of Montreal. Though not as popular as April Wine, the heavy metal quartet of Lyrock played to a raucous capacity crowd. After that night, they captured the audience's hearts and became a household name in Stanstead and the band promised to come back to play again. And they did the following year.

A great SUV - if you can afford to fill the tank



Don't let the good looks fool you - the 2009 Lexus LX has a herculean 3,856-kg towing capacity.

By Matthew Haase

Canwest News Service

As gas prices begin to rise again and stock prices ride a roller-coaster, a vehicle like the Lexus LX 570 sits in a tough spot.

Large SUVs have been under fire for years, and this leather and Bubinga-wood-trimmed behemoth certainly falls into the extravagant category.

Whether that is needless extravagance depends on the owner. Under the shiny exterior and cockpit-like interior, the LX 570 is a workhorse, albeit a very comfy and adaptive one. The 3,856-kilogram towing capacity reinforces the fact that this leviathan isn't just for towing little holiday trailers or a small boat out to the lake on the weekend. No, the 383-horsepower, 5.7-litre 32-valve DOHC V8 is plenty capable of hauling around huge loads without breaking a sweat.

Unfortunately, you might break a sweat hauling your wallet in and out of your pocket to pony up for the many litres of premium fuel the LX 570 can swill. During my time with the truck (and it is a truck, no unibody here, just full body on frame construction) I barely managed to break 18 L/100 km around the city. Granted it was slippery and chilly, but it is not likely to win any mileage awards.

Based on the Toyota Land Cruiser platform, which we don't receive in Canada, the LX 570 is plenty capable on and off-road. The hope is that owners will actually use the truck's low range, locking 50/50 torque splitting, height-adjustable suspension and automatic crawl functions. The reality is that you're not likely to find many owners willing to scratch their \$80,000 Lexus by taking it through the bushes or climbing mountains.

One of those off-roading features actually makes the eight-passenger SUV much more usable, that being the height-adjustable suspension. When

parked, the suspension lowers the vehicle several centimetres, allowing easier access to all seating positions.

Once inside, there is no mistaking you're in a Lexus. The interior is packed full of top-notch materials and switch gear. Almost too full, actually, as the sheer number of switches terrified even me, and I love to play around with functions on new vehicles. The 10-way power adjustable driver's seat is fitted with heat and air-conditioning functions, as is the front passenger seat. The power-sliding second row also features heated seats as well as separate climate controls, bumping the total number of climate zones in the vehicle to four. With the second row slid forward, the third row becomes accessible, although it's best reserved for children.

Through the tailgate the third row can be folded away at the touch of a few buttons to make room for the weekly trip to the grocery store. While the split tailgate seemed odd to me at first (the top 70 per cent or so flips up, the bottom 30 per cent flips down like a pickup) when loading some cases of water into the back I was appreciative of the bottom half keeping my legs away from the dirty rear bumper.

The \$16,150 ultra-premium package that came with my tester loads the LX 570 with everything Lexus can throw at it.

The brilliant 450-watt, 19-speaker Mark Levinson DVD sound system is the highlight of this package, but also added are wide-angle parking assist cameras in the front bumper and passenger mirror in addition to the standard rear camera to ensure you aren't brushing the curb with the upgraded 20-inch alloy wheels. A power-operated flipdown nine-inch screen with DVD player will keep the rearward rows entertained on long road trips, and a front cool box will provide chilled beverages as well.

The Lexus navigation system con-

tinues to be one of the crispest and most intuitive on the market. Connecting the Bluetooth on my phone was a snap and offered up one of the best hands-free setups I've used. Often the person on the other end of the line didn't even realize I was on a hands-free system, a big step up from the muffled, echoing systems of just a few years ago.

Cubbies and storage are plentiful throughout the LX 570, ensuring you'll never be without a place to stash your goodies. One quirk in the interior is the placement of the release for the gas door. It's under the dash right near the hood release, so many owners are likely to pop the hood whenever they stop to fill up unless they duck their head into the footwell. I suppose with the dozens of switches everywhere throughout the cabin, Lexus just ran out of space for another button.

Safety has always been a big part of Lexus's "Pursuit of Perfection," and the LX 570 doesn't skimp. Ten airbags and three-point belts at all eight seating positions keep occupants in place in the event of a collision, while the optional dynamic radar cruise control and Lexus pre-collision systems help limit the chance of a collision.

The LX 570's adjustable suspension settings aren't exactly going to help it keep up with a Porsche Cayenne or BMW X5 around a race-track, but the firm selection definitely reduces the body roll to tolerable levels.

One area where the LX 570 will never have to worry about keeping up with the Germans is off-road. And while it's not likely that many Lexus owners are regularly going to be sloshing through the mud, at least they'll be able to brag about it while unloading their golf clubs.

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THE RECORD Sports

page 10 THURSDAY, FEBRUARY 26, 2009

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Canadiens turn corner

Guy Carbonneau smiled, fist pumped, and followed that up with a "Yes!" as he entered the press conference room at the Bell Centre following the Montreal Canadiens 3-0 win over the visiting Vancouver Canucks on Tuesday night.

It was obvious from the coach's demeanour that the Tuesday night win, the Habs' second in a row, felt good for the team because it meant two points in the standings and a continued lock on fifth place for the time being.

The Canadiens have undeniably struggled, and Carbonneau had been putting part of that blame on the fact that the Canadiens goalies, both Carey Price and Jaroslav Halak, hadn't been playing the best through that stretch. But on Tuesday evening, having come off a pair of 40-plus save performances recently, Halak had easily the best game of any Canadiens goalie this year in putting up a 3-0, 34-save shutout performance against the suddenly hot Canucks.

The win, a second in a row for Halak and the Habs, was what the team needed, and while it took a brilliant performance by Halak to achieve it, it meant the Habs had captured four points in their past two games.

While Price is the future of the franchise, Carbonneau has decided to go with the hot hand for the time being, and Halak is that hot hand, both literally and figuratively. "It's sometimes unfortunate for guys like Carey," said Carbonneau after the win, "but if Halak can come in and maybe get us five, six, seven wins right now that would be nice."

Nice indeed. So far Halak has grabbed the Canadiens their three most recent victories, including a win in the Saturday matinee against the Ottawa Senators in which he made 44 saves and the Canadiens downed the Sens 5-3.

While Halak marked a resurgence in the Canadiens' performance between the pipes, Alex Kovalev's resurgence was the theme in the Saturday win. In his first game back after sitting home while the team travelled to Washington and Pittsburgh at the end of a seven game road swing, Kovalev was in fine form against Ottawa, scoring a goal and adding a pair of assists, but more importantly, diving to knock a puck out of the defensive zone while the Canadiens were short a man. It was the kind of effort Montreal hadn't seen from their supposed leader in a long time.

The two home wins were especially nice for the Canadiens who were returning from a disastrous road trip that ended last Thursday night in Pittsburgh. While the Canadiens showed plenty of character in their games against "Team Ovechkin" and "Team Crosby" they were only able to pull one point out of last week's games, losing 4-3 to the Caps in a shootout on Wednesday night followed by a 5-4 loss, in

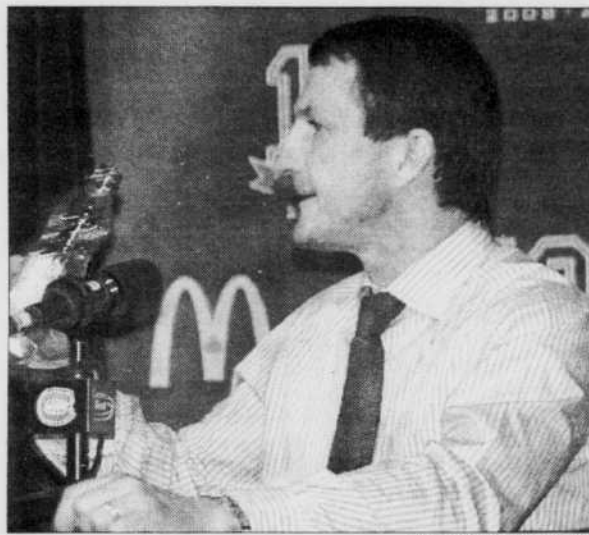
HABS REPORT

ZACHARY-CY VANASSE

which the Habs at one point trailed 4-2 but evened the score 4-4, to Pittsburgh on Thursday.

So while the Tuesday night win wasn't stellar save for Halak, who earned a

standing ovation from the Bell Centre crowd with 5:48 left in the third, followed by chants of "Halak, Halak," don't blame Carbonneau for fist pumping and grinning as he met the press after the game. Sure the Canadiens can improve on some things, something he would note in a more serious tone later in the press conference, but two wins in a row is two wins in a row, and four points in the standings. The way things have been going as of late for the Habs that's well worth a heartfelt "Yes!"



ZACHARY-CY VANASSE

Head Coach Guy Carbonneau addressing the media.

H.S. BASKETBALL PROVINCIALS BEGIN

(ZV) — Champions are being crowned left and right as the high school winter sports season winds down and some of the best high school basketball teams in the province will meet at the end of this week in both boys and girls basketball.

Starting this afternoon in the AAESQ Provincial Visser senior boys tournament, Alexander Galt will tip-off against Centennial and Quebec High will take on Loyola at 1:45 p.m., while Heritage and Massey Vanier square-off at 5:15 p.m., the same time D'Arcy McGee is set to play BCS.

The Visser is a double-bracket tournament, the winner of today's games will advance into the championship draw on Friday while the losing sides will play for in the consolation draw, also on Friday.

The girls teams will play for the AAESQ Provincial title in the MacLeod tournament. Stanstead College take a 24-5 regular season record into the tournament and two tournament titles into the provincials and are among the tournament favourites. The Spartans will begin their quest for the title tonight against Quebec High with tip-off set for 3:30 p.m. Also tipping off this afternoon are Shawinigan and Centennial. In a battle of ETIAC teams Massey Vanier and Alexander Galt go head-to-head while CVR meets with BCS, both tip-off at 7 p.m.

Massey-Vanier crowned ETIAC senior boys basketball champs

Zachary-Cy Vanasse
SPORTS

They had to get by the undefeated BCS First Team to do it, but the Massey-Vanier senior boys basketball team are the 2008-2009 ETIAC Champions. BCS's undefeated First Team were the agreed upon favourites heading into the ETIAC championship playoffs as no one hadn't managed to defeat them all season long, but in the end of some furious basketball action on Tuesday at Alexander Galt, the Vikings were league champions.

The favoured First Team knocked off the Stanstead College Spartans in their semi-final game while the Vikings' first test came against the Galt Pipers. The Pipers played a well-fought game against the Vikings but it wasn't enough to down the Vikings who won 60-42 on the Pipers' home court.

The ETIAC senior boys basketball finals were then set. BCS versus Massey-Vanier. Through the first half of the game it seemed as though the First Team was destined to cap-off their 2008-2009 season going undefeated in ETIAC play and bringing home the championship banner. But the Vikings apparently had other plans.

When the buzzer sounded and the first two quarters of the final were in the books the Vikings trailed by 12 points and seemed like they might be playing bridesmaid to BCS's unbeaten bride. But fortunes turned after the two teams returned from the break.

The Vikings were determined not to leave Lennoxville empty-handed and suddenly turned up the intensity and the play. They simply seemed like they weren't going to allow BCS to glide to the league title smoothly.

It was obvious from the early going in the second half that perhaps momentum had swung from the First Team to the Vikings. As can so often happen in an undefeated season, a team who rarely faces much adversity on the field of play, be it court or otherwise, suddenly finds itself out of its element when things aren't going as smoothly as usual. Perhaps BCS was too comfortable in their lead, or perhaps the Vikings simply wanted it more, whatever it was that occurred, the second half belonged to the Vikings and now so does that championship banner.

The Vikings would outscore their at-that-point unbeaten opponents by 20 points the rest of the way and would seal the championship with a 68-60 final score. "The whole team played fantastic and it was truly a complete team effort that won us this championship," said Massey-Vanier's director of athletics Jennifer Owen after the win, a testament to the Vikings' ability to dig deep when they easily could have folded at the games half.

The Vikings can now revel in being league champions, but not for too long as it's a return to basketball business this afternoon against Heritage High in the Visser provincials, with Massey Vanier hoping to add AAESQ Provincial Champions to this season's already impressive resume.

Presidents Galore at the SSSC



Never a Club to be outdone by other visiting Presidents, this old SSSC without much media coverage and with little foo-fa-raw, managed to invite some 35+ living Past Presidents to the Club on Wednesday evening February 18. Eighteen of them showed up, and Ron Cotterell, Pres 60/61, phoned Ed Mills. Had we notified the media. I expect that Barak Obama's visit would not have had as much media coverage. Oh Well! We do try to keep a 'low key' profile with international reporters. It was "Past President's and Life Members Night". Howard Baugh, from Kanata, Ont, and celebrating 50 years since he joined this old Club, wrote to join in the celebration, as did Gerald Conger from Ottawa, celebrating 53 years since he joined the Club in 1955. I will attach a photo of the 18 Past Presidents who were there, showing the year of their Presidency. From left to right in the photo; at the top are:- Harry Brown, 04/05; Ash Lothrop, 68/69; Bob Richardson, 75/76; Mel Bryant, 07/08; Ron Smith, 99/00; Angus McElea, 93/94; Ed Mills, 80/81; Fred Currier, 69/70; Alan Cox, 05/06; Max Salvas, 88/89; Bob Bell, 89/90; Deane Mofat, 06/07; Kneeling at the bottom are:- Burton McConnell, 03/04; Bill Lyon, 67/68; Mac Juby, 95/96; Wyatt Savage 92/93; and Cec Blenkhorn, 94/95. If you have been counting, you will only count 17 men. Don Lougheed, President

in 98/99, took the photo. So hopefully the Record will find space for his, our 18th President's greeting.

A Mr. George Chapman was President in 1952. His son Robert was with us this night to celebrate this milestone in his fathers SSSC history. Nice to meet you Robert!



Don Lougheed, SSSC photographer and the number 18 President.

This night's meeting got off to a great start with acting President Steve Moore in the Chair. The spoon noise had been deafening. The White Knights were quick to intervene and bring Steve a welcoming gift as he takes over unexpected duties as Acting President. I suspect that the large turnout was encouraged by the fact that there might be many pies left over from 'Pie Night' last Saturday and the fact that tonight is also 'Life Members' night. When the Club was first established the executive decided that it would be an accomplishment to endure for 25 years. They decreed that,

if a member stayed as a continual member of the club for 25 years, that he would attain special status and become a 'Life Member'. As such he would pay as dues only what, in his estimation, he could afford. Now, with improved medicines and life styles, many are living longer and are members for 50 years or more. Tonight's new Life Members are Dale Miller and Keith Baldwin, Stuart Robinson was also recognized by having completed his 25 years last year. Those now completing 50 years or more are:- Gerald Peck, Bob Suitor, Ed Mills, Fred Currier, Jim Moore, and Bob Bell. Congratulations Gents. To assure these older members that we still eat well at this Club, we were adequately fed and watered with a hot Noodle-tomato soup, followed by a Beef Vegetable stew, and Pie with ice cream. I hope that next years cooks can keep up to this super diet!

Our Prime Minister Steven Harper was engaged greeting Barak Obama so we decided to have more relevant local leaders. We had invited to our Head table Conseillers Municipal from our own Arrondissement, M. Jacques Testulat and Ms. Chantal L'Esperance. What a great return to older times when City Council regularly attended our meetings! Welcome Councillors!

Don Parsons stood to thank the Club for recognizing his abilities in presenting him with the 'Dan Loomis trophy. Jack Garneau rose to recommend giving toward the AGRHS Scholarship Fund. Wendell Cass was recognized for his contributions by being presented with a Special Award. The door prizes were won by Bob Davidson and Lawrie Sakamoto. Burton McConnell presented Tramping pins as follows:- Alf Whittier 17 years; Don Jondreville 5years; Karl Hunting 4years, and the newest Bob Davidson 2 years. Burton also thanked the following for their donation:- Peter Meesen, Colin Jardine, Peter Meesen, Jim Moore, Gary Vance, Gaston Cotnoir, John Osborne, Bud Allanson, Bill Lyon, Doug Beattie, Don Jondreville, Don Watson. Bob Davidson. Thanks again Gents.

I believe it a great indication that these latest meetings have been well attended, noisier as the year grows. The regular season is soon over. After Sunday's 'Church Service' there is only one regular meeting left:- that of Wednesday February 25th. Lets ALL try to be present at this meeting to show our increased enthusiasm for this great OLD Club. See You There.

Respectfully submitted,
Cec Blenkhorn, SSSC.

Death



TRACY, Marina (nee Fraser) - Peacefully at the Grace Christian Home on Monday, February 23, 2009 at the age of 74 after a four-year battle with cancer and Alzheimer's disease. Beloved wife of 53 years to Dick Tracy and loving mother of Pat (Sean Callahan), Rick (Jennifer Warren), David (Teresa Kielczewski), Bruce (Sian Morgan), Joanne (Bryan Caruthers) and her beloved dog, Toonie. Cherished grandmother to Angela, Liam, Delaney, Benjamin, Matthieu, Lyanne, Sarah, Katie, Xavier, Zosia, Rhys, Tyler, Natania and Siobhan. Beloved oldest sister to June, John, Malcolm, Winston, Marilyn, Stevens, Warren, Karen, Diane, David and Jim and sister-in-law, aunt, great-aunt and cousin to many. Marina was a friend to all in the Lennoxville community and beyond in her volunteer work with the Lennoxville and District Girl Guides, the ACW (Anglican Church Women) and UCW (United Church Women), Lennoxville Community Aid, Lennoxville-Ascot Historical Society and much more. She will be sadly missed and fondly remembered by family and friends. Visitation at St. George's Church, 84 Queen Street, Sherbrooke (Lennoxville) on Friday, February 27 from 2 to 4 pm and 7 to 9 pm and Saturday, February 28, 2009 from 1 to 2 pm. Celebration of Marina's life at a memorial service on Saturday, February 28, 2009 also at St. George's Church at 2 pm. In lieu of flowers, donations in Marina's memory may be made to the Dr. W. J. Klinck Foundation, 1501 Campbell Avenue, Sherbrooke, QC, J1M 0C1 or through www.klinckfoundation.ca.



RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

BIRTH & DEATH NOTICES, CARDS OF THANKS, IN MEMORIAMS, BRIEFLETS:

Text only: 34¢ per word. Minimum charge \$8.50 (\$9.69 taxes included)

Discounts: 2 insertions or more: 15% off

With photo: additional \$18.50. **DEADLINE:** 11 a.m., day before publication.

BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:

Text only: \$7.00 (includes taxes)

With photo: \$20.00 (\$22.79 taxes included) **DEADLINE:** 3 days before publication.

WEDDING WRITE-UPS, OBITUARIES:

\$19.50 (\$22.22 taxes included) **WITH PHOTO:** \$29.50 (\$33.62 taxes included)

Please Note: All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: classad@sherbrookerecord.com - They will not be taken by phone.

DEADLINES FOR DEATH NOTICES:

For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.

For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or

fax 819-569-1187 (please call to confirm transmission) or e-mail: production@sherbrookerecord.com between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called.

TOWNSHIPS' CRIER

RICHMOND

The Richmond Soccer Club registration will be held at the P.E. Lefebvre Arena, 800 Gouin Street, on Thursday, February 26 (6 p.m. to 8 p.m.) and Friday, February 27 (6 p.m. to 8 p.m.). Information: 819-826-3506 or 819-826-5705.

LENOXVILLE

Military Whist at the A.N.A.F. Hut, 300 St. Francis St., Lennoxville on Friday, February 27 at 2 p.m. Call Helen 819-569-3598 or Emily 819-562-8683 to reserve a table or if you need players to complete your table. Everyone welcome. Prizes and lunch.

LENOXVILLE

The World Day of Prayer 2009 Service will be held at Lennoxville United Church on Friday, March 6 at 2 p.m. Refreshments and time of fellowship to

follow the service. Everyone is welcome to join us.

AYER'S CLIFF

500 card party, sponsored by St. George's A.C.W., on Monday, March 2 at the Legion Hall on Rosedale St., Ayer's Cliff. We begin at 1:30 p.m. Prizes, raffle, lunch. Bring a friend. All welcome.

WATERLOO

500 card party at the Legion Hall, Waterloo on Monday, March 2 at 7:30 p.m. Sponsored by the Ladies Auxiliary Branch #77. Lunch and prizes. Welcome to all.

WARDEN

A 500 card party will be held at the I.O.O.F. Hall in Warden every Wednesday at 7:30 p.m. until further notice. Lunch and prizes. All welcome!

WATERVILLE, HATLEY, NORTH HATLEY
March 1: Hatley United Church service at 9 a.m., Waterville and North Hatley will worship together at Waterville United Church at 11 a.m. Rev. Patricia Lisson, 819-837-1112.

RICHMOND

Sorry, the green, green grass of home is

not available in February and March, but come to our "Green Auction" at the Legion on Saturday, March 7 and see all shades of green, like the grass! It's a fun afternoon.

DANVILLE

Smoked Meat Supper at the Royal Canadian Legion #41 on Saturday, April 4. Entertainment from 2-5 with Donna and Eddie. Supper followed at 5 p.m. Deadline for tickets March 23, 2009. For more information please call 819-839-2581 or 819-434-1005.

BULWER

Maple Sugar Social on Sunday, March 15 from 2 p.m. to 4 p.m. Fundraiser at the Bulwer Community Center, Jordan Hill Road. Admission charged, half price for children up to 6 years, the price includes sugar-on-snow, doughnuts, pickles and beverages.

LENOXVILLE

Lennoxville United Church, corner of Queen and Church Street: Sacrament of Holy Communion on March 1 at 10:00 a.m. Rev. James Potter, 819-565-8449.

DANVILLE, ASBESTOS

Danville Asbestos, South Durham, Ulverton, Trenholm Shared Ministry Services. Danville Asbestos United Church Worship Service Sunday, March 1. 11 a.m. All Welcome: Movie night in Danville Friday 7 p.m. Free admission: Thank You to all those who made our pancake supper such a success we made over six hundred dollars for the Sunday school. Blessings, Rev. Reg.

This column accepts items announcing events organized by churches, service clubs and recognized charitable institutions for a \$7.00 fee, \$10.00 for 2 insertions of same notice, \$13.00 for 3 publications. Maximum 35 words. If you have more than 35 words the charge will be \$10.00 per insertion. Requests should be mailed, well in advance, to The Record, P.O. Box 1200, Sherbrooke, Quebec, J1H 5L6, be signed and include a telephone number and payment. Telephone requests will not be accepted. Admission charges and trade names will be deleted. No dances.

My husband is very stern

Dear Annie: I have been married six years and have two children. I am worried about my husband's relationship with our 5-year-old son. My husband is very stern and has an unwavering view of right and wrong. I disagree with many of his ideas about parenting, and our relationship suffers as a result.

My husband and my son do not talk, play ball or anything else I expect a father and son to do. The only thing my husband does consistently is criticize, yell and belittle. He often calls him a "baby" and tells him he acts like "a girl." My son gets upset, and my husband taunts or spansks him instead of comforting him. I admit I baby him, but I justify that because I am compensating for my husband's harsh behavior.

My son has recently begun saying he doesn't love his daddy, doesn't care about him, wishes he were not home, etc. Is this going to create any long-term effects on his self-esteem? As a stay-at-home mom, I do not feel I have many options other than to stick around until I am in a position to make it on my own with the children. What can I do to make sure there aren't any repercussions? — A Concerned Mother

Dear Mother: Unless your husband changes his behavior, there will be repercussions no matter what you do. His parenting is emotionally and verbally abusive, and you are overcompensating. Talk to your pediatrician and get a referral for a family therapist who can help your husband learn how to be a decent father. If necessary, see the therapist on your own and have the pediatrician speak to your husband. This behavior pattern must not be allowed to continue.

Dear Annie: A few months ago, I received two marriage proposals. I have not given a response to either man.

My family adores "Chet." However, since his proposal he has been dodging me. He's even making plans to buy a house with a male friend. He's smart, goofy and very protective. He just doesn't seem to have any initiative when it comes to planning a future.

The other man, "Dennis," is a couple of years older. He adores me and treats me like a princess. He is very prepared for his future. He even told me a few days ago that if I accept his proposal, I can start looking for a house. The only problem is, my family doesn't like him and isn't aware I've been seeing him.

[So here I am with these two great guys who love me. I love them, too, but it isn't fair to string them along. Which one should I pick? — Confused and Torn
Dear Confused: Neither. If you are in love with two men, you cannot fully commit to either. It's flattering to have two marriage proposals, but we strongly urge you to turn them both down, at least right now. You need more time. When you are truly ready to make this decision, you will know which is the best choice.

Dear Annie: I think your readers will enjoy my mother, Mildred's, words of wisdom on why her marriage has lasted 60 years:

"We have a 50-50 marriage. I cook it, he eats it. He raises the toilet seat, I lower it. He does the outside work, I do the inside work. I wash the windows inside and he doesn't wash the windows outside. He doesn't do windows. I make out the grocery list and he doesn't make out a grocery list. I drive and he tells me how. If he needs help, he calls me. If I need help, I call him. We agree on religion and politics. After all these years, we enjoy going out to eat together and we still enjoy each other's company." — Her Daughter, Debra Renick

Dear Debra: Your mom obviously has a wonderful sense of humor and a lot of patience. Thanks for sharing.

To our Baha'i Readers: Happy Ayyam-i-Ha.

Dear Annie: My boyfriend and I live in the upstairs apartment of a duplex. Our downstairs neighbor is in her late 50s and gets a disability check every month.

When she gets mad, for whatever reason, she starts slamming doors, throw-

ing things and screaming, all of which cause her five dogs to bark continuously. She then screams at them. I've tried turning on the TV and radios in every room, but we can still hear her. Yesterday she slammed the door so hard, she knocked a picture off our wall. She is mean and vindictive. When I once spoke to her about the noise, she actually chased me around the yard swinging her cane and threatening to beat me up. Then one of her dogs bit me.

I've given her clothes and food as a peace offering, hoping she just needed someone to be kind to her, but it didn't help. None of the neighbors will have anything to do with her. The landlord is aware of the noise, but I'm afraid to go

him again for fear she will retaliate. The police say they can't do anything. We don't have the money to move right now. What can we do? — Searching for Peace

Dear Searching: Not much. The woman apparently has a mental disability as well as a physical one. If the landlord can't control her and you are understandably reluctant to complain, you can look into carpeting and drapes, which might muffle the sound, or, as a cheaper alternative, get a good set of earplugs. However, if the woman physically attacks you, or one of her dogs bites you, you ought to press charges for assault.

Annie's Mailbox is written by Kathy Mitchell and Marcy Sugar, longtime editors of the Ann Landers column.

Guess her age?



Happy birthday

Helen Macdonald

Love and best wishes from her family.

Run in papers of Thursday, Feb. 26, 2009

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

Today's clue: M equals J

"T WIDZYG TZ YRZIZZIC JFLV BXZFO TZ F TB, F TKJTNZ VITD T ZYGS FG LVI RTOA YE BN VITC, TTK LVI LFBI."

- RMYDA

PREVIOUS SOLUTION: "Someday we will harness the rise and fall of the tides and imprison the rays of the sun." - Thomas Edison

KIT N' CARLYLE



ALLEY OOP



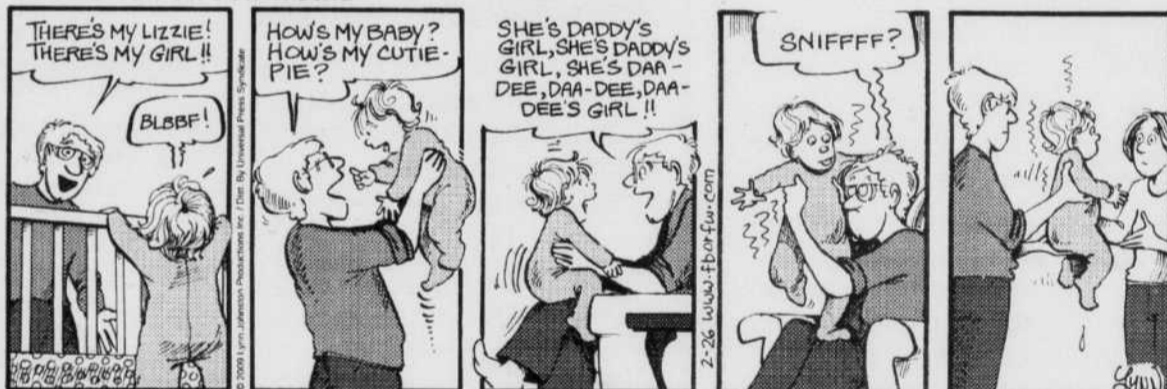
ARLO & JANIS



THE BORN LOSER



FOR BETTER OR FOR WORSE



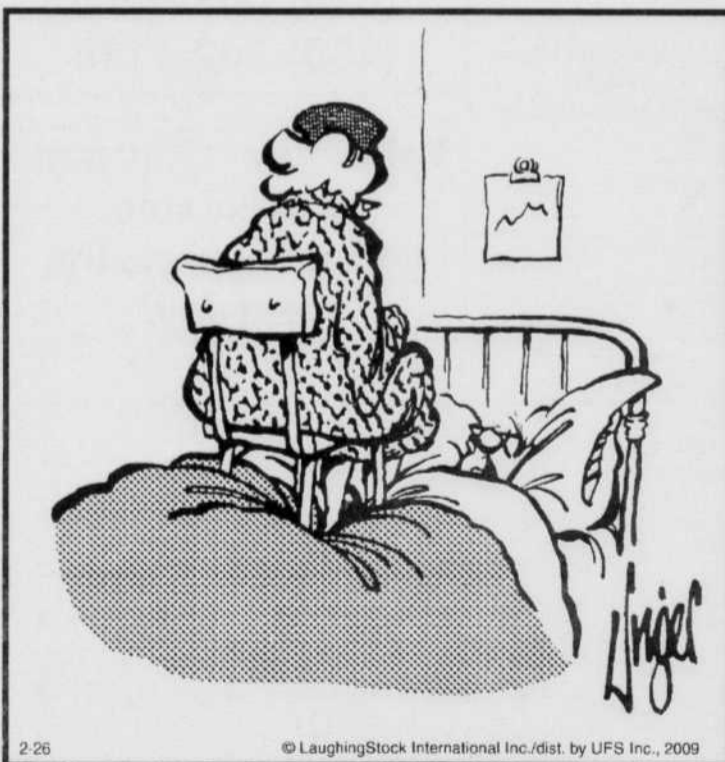
GRIZWELLS



SOUP TO NUTS



HERMAN



Go grocery shopping with dietitians. When you choose products with the Health Check symbol, it's like shopping with the Heart and Stroke Foundation's dietitians, who evaluate every participating product based on Canada's Food Guide. www.healthcheck.org

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Diabetes Québec Information and donations: (514) 259.3422 or 1.800.361.3504 www.diabete.qc.ca

Your Birthday

Thursday, Feb. 26, 2009

Through some significant changes in your outlook and attitude, views and concepts that have held you back will finally be resolved in the year ahead. The new you will discover what you've been looking for in this fresh perspective.

PISCES (Feb. 20-March 20) — An associate of yours who always asks more of everyone than this person is ever willing to do for others will perform the old tricks again. Don't be afraid to reject any undesirable requests.

ARIES (March 21-April 19) — Although you might get some things accomplished, it won't be enough if one job in particular doesn't get done. Be grateful for whatever gains you make, even if they're small.

TAURUS (April 20-May 20) — There is a strong possibility that you will be privy to some information that could be harmful to another if it got out. Don't be either prosecutor or judge when deciding who should know what.

GEMINI (May 21-June 20) — Harmful comments about another will damage you more than they will any individual you trash. You won't have much luck winning friends with nasty gossip.

CANCER (June 21-July 22) — Be careful not to overreact if a loyal friend provides support to your opposition. The person isn't being mean, merely honest. Ask yourself why he or she thinks so differently.

LEO (July 23-Aug. 22) — Take ample time to study the directions or other per-

tinent information about anything new in your life, even if it's similar to something previously explored. It'll save you a big headache.

VRGO (Aug. 23-Sept. 22) — Without meaning to, there's a good chance you could put restraints on those you love. Remember, the tighter you try to bind them to you, the harder they're going to strain to break away.

LIBRA (Sept. 23-Oct. 23) — Don't force yourself to take on a project if you're only lukewarm about seeing it through to completion. Your small amount of enthusiasm won't hold up long enough to finish the job.

SCORPIO (Oct. 24-Nov. 22) — Although one of your friends might do something that warrants criticism, no one is perfect — so keep your thoughts to yourself. Finger-pointing will only create hostility and the loss of a pal.

SAGITTARIUS (Nov. 23-Dec. 21) — Loss of a prized possession is possible unless you are extra diligent about protecting that which you hold dear. Don't leave anything lying around where it can easily be stolen.

CAPRICORN (Dec. 22-Jan. 19) — Heal old differences by letting bygones be bygones, even if they remind you of past indiscretions. Dredging this stuff up again will only widen the chasm.

AQUARIUS (Jan. 20-Feb. 19) — If your thoughts are negative, keep your mouth shut. If you don't, the words that pop out will be regrettable ones, especially if they harm another who doesn't deserve it.

Thursday, Feb. 26, 2009

Some imagination may be required

By Phillip Alder

How would you define imagination? One answer is "having the ability to think of something that few others would consider."

That certainly applies at the bridge table, where imaginative players find bids and plays most would not even contemplate.

Today's deal is an example. You are South, the declarer in three no-trump. West leads the spade queen, and East overtakes with the king. What would you do? Here is some free information: East has three clubs to the jack.

The auction was straightforward, North using Stayman to try to find a 4-4 spade fit.

Although West knew dummy had four spades, his suit was so strong that he saw no reason to lead anything else.

You should duck the first trick — perhaps East started with a singleton king. But when a spade comes back to your ace, you start on the clubs. If they break 2-2 or an opponent has a singleton jack, you can take five tricks in the suit without difficulty. Now, though, if you play clubs from the top, you will have to win the fourth round in your hand. Then

North 02-26-09			
♠ 8 6 5 2			
♥ Q 10			
♦ 7 4			
♣ A K Q 3 2			
West			East
♠ Q J 10 9 7			♠ K 3
♥ K 7 4			♥ 6 5 3 2
♦ J 9 5 2			♦ Q 10 8 6
♣ 5			♣ J 6 4
South			
♠ A 4			
♥ A J 9 8			
♦ A K 3			
♣ 10 9 8 7			
Dealer: South			
Vulnerable: Both			
South	West	North	East
1 NT	Pass	2 ♣	Pass
2 ♥	Pass	3 NT	All pass
Opening lead: ♠ Q			

you would have to play a low heart, hoping East had the king, and, here, go down.

Taking the heart finesse also banks everything on East's having that king. There is a simple solution — if you think of it. After two rounds of clubs, call for a spade and discard one of your clubs! West will take his tricks in the suit, but you will claim the remainder. You will lose only four spades.

CROSSWORD

ACROSS

- 1 Ready and willing companion
- 5 ___ d'Isere, France
- 8 Cows and bulls
- 14 Stalemate
- 15 Actress/director Lupino
- 16 Overseas
- 17 Start of a quip
- 19 Hogs the mirror
- 20 Bedazzlement
- 21 Golfer Ernie
- 22 Also
- 23 Wacky
- 25 Republican symbol
- 29 Part 2 of quip
- 31 Cover crop
- 32 Depleted
- 35 Brown shades

- 36 Swab brand
- 37 Tippy vessel
- 38 10 of calendars
- 39 False appearance
- 40 Singer Vallee
- 41 Kin partner
- 42 Wrinkles
- 43 Tavern brew
- 44 Part 3 of quip
- 46 Good fortune!
- 48 Paradise
- 52 Tracy's Trueheart
- 53 As easy as ___
- 54 Cape __, MA
- 55 Neville and Burr
- 58 End of quip
- 60 One with fair hair
- 61 Winner's letter

- 26 Sean of "The Lord of the Rings"
- 27 Racket
- 28 Uses a keyboard
- 30 Stars in Bordeaux
- 32 Scrawny individual
- 33 Sao __, Brazil
- 34 Brought to a close
- 36 Capital of Ecuador
- 39 Computer snag
- 41 Israel's parliament
- 44 Overturns
- 45 Group in a group

- 47 Rock
- 49 Trimmer
- 50 Nonreacting
- 51 Gibb and Warhol
- 53 On the Aegean
- 55 Bart's grandpa
- 56 To a man
- 57 Actor Steiger
- 58 ___ had it!
- 59 Gardner of "On the Beach"

Wednesday's Puzzle Solved

O	S	H	E	A	E	B	B	S	A	T	M	O				
S	P	A	R	S	W	A	L	E	R	O	A	N				
S	Q	U	E	E	Z	E	B	O	X	E	R	G	S			
A	R	S	O	R	E	O	E	T	A	G	E					
			F	L	A	W	S	M	A	S	H	H	I	T		
M	O	R	A	V	I	A	S	T	A	S	E	S				
O	R	A	N	G	E	C	R	U	S	H						
S	T	U	D			L	E	M		A	H	O	Y			
						C	R	U	M	P	L	E	Z	O	N	E
T	H	E	T	A	S				S	O	L	O	M	O	N	
S	O	U	R	M	A	S	H		G	I	V	E				
E	C	R	U	S		Y	O	G	I			S	O	B		
T	K	O	S			C	R	U	N	C	H	T	I	M	E	
S	E	P	T			M	I	R	A		O	A	T	E	S	
E	Y	A	S			V	A	S	T		T	R	E	N	T	

DOWN

- 1 Ike's opponent
- 2 Ivy League school
- 3 Bathes
- 4 Woolly female
- 5 Bluish purple
- 6 Citrus drinks
- 7 Vegas intro
- 8 Lacking a lid
- 9 Exceedingly sudden
- 10 Actress Van Devere
- 11 Jones or Sawyer
- 12 Track circuit
- 13 Newspaper honchos
- 18 Mean explicitly
- 22 Bases of columns
- 24 Bedevil
- 25 Demanded with force

1	2	3	4	5	6	7	8	9	10	11	12	13				
14				15				16								
17				18				19								
20				21				22								
23				24				25			26	27	28			
				29				30			31					
32	33	34					35				36					
37							38				39					
40							41				42					
43							44				45					
46							47				48		49	50	51	
							52				53			54		
55	56	57									58			59		
60											61			62		
63											64			65		

By Ed Voile
Gillette, WY

2/26/09



Centre hospitalier universitaire de Sherbrooke

Infection prevention it's everyone's business!



Nosocomial infections – *C. difficile*, MRSA and others – are on the decline at the CHUS and this is excellent news for patients. To maintain these results, we must continue to enforce prevention measures. And that is up to everyone.

Respiratory hygiene (see inset) is necessary when people have a fever or a cough and helps prevent influenza – commonly referred to as the flu – and the respiratory syncytial virus, an infection that particularly affects children.

doctors, microbiologists-infectiologists and specialized nurses. These valuable sentinels are there to prevent the spread of infection among patients, personnel and visitors.

Infection prevention concerns everyone involved in the hospital setting: patients, their families and friends, physicians, staff, students, volunteers, etc. So, what is required of them exactly?

At the CHUS, between 2003 and 2008, new cases of *C. difficile* decreased from 360 to 63, cases of MRSA from 245 to 113. This is proof that prevention efforts and investments (antiseptic foam dispensers everywhere, designated treatment materials for each patient, MRSA isolation units, private and semi-private rooms, etc.) have been successful.

“Our work involves epidemiological monitoring,” said Nancy Fortin, nurse and infection prevention consultant. “This consists of recording cases of nosocomial infections, identifying the causes and making recommendations to improve prevention. We also participate in provincial monitoring programs aimed at, among other things, obtaining provincial statistics.”

“We ask that people who come to the CHUS to consult a doctor disinfect their hands upon arrival at the hospital and before they leave (see inset for instructions). Those who come to visit a patient must also wash their hands when arriving and leaving the hospital room,” explains Dr. Louise Dion, Microbiologist-Infectiologist at CHUS.

However, since nosocomial infection risks can never be completely eliminated, prevention measures remain essential. Every one of us must continue to apply them rigorously – to protect patients and ourselves.

Always on the ready throughout the hospital, the team quickly steps in when a case is identified. “As soon as a nosocomial infection is declared, we must isolate the patient, inform staff, and decide on the duration of the isolation. In addition, we conduct an investigation to verify whether the contacts in the hospital or staff members are affected,” added Dr. Dion.

Doctors, staff, students and volunteers also respect these strict hand washing requirements. “This simple form of prevention helps significantly reduce nosocomial infections such as *C. difficile*, gastroenteritis (stomach flu) and MRSA,” notes Lise Blais, coordinator of the infection prevention team.

The Infection Prevention Team at the CHUS

The infection prevention team at the CHUS is made up of a dozen people:

The team also leads infection prevention activities: reviewing and improving ways of working, raising awareness of hygiene measures and influenza vaccination. The group oversees the application of prevention policies, maintains statistics, and offers training to health care professionals.

The four microbiologists-infectiologists at the CHUS and nurse consultants in infection prevention form an extremely qualified team that is up-to-date on the latest medical information. They are an invaluable resource for patients, staff and the population at large. ■

The infection prevention team at the CHUS. ▼



Hand washing

(DISINFECTION WITH ANTISEPTIC FOAM, MORE EFFECTIVE THAN SOAP)

- Place antiseptic foam in the palm of your hand
- Spread foam everywhere (fingertips, thumbs, wrists, etc.)
- Rub hands together until dry.

Respiratory hygiene

(IN CASES OF FEVER OR COUGH)

- Disinfect your hands often
- Cough or sneeze into a tissue (when no tissue is available, cough or sneeze on the inside of your elbow or upper arm)
- Wear a mask
- If possible, sit a distance from other patients
- Avoid visiting a patient in hospital if you are coughing or have a fever.

