

SÉPAQ

PARC NATIONAL DE LA GASPÉSIE

Protected area. Enriching nature experiences.

The Parc national de la Gaspésie was created in 1937 to preserve the mountain caribou, the Sainte-Anne River and the Gaspesian mountain. It forms the perfect marriage between the immensity of its territory, its rich history, its wild nature, and the poetry of its landscapes. Whether discovering it for the first time or rediscovering it repeatedly, visitors are sure to be delighted by this park.



 **Sépaq**
human nature

TEAM FAVOURITES



From the mountain to the sea

The mountain experience. Mont Albert is an iconic summit of the Parc national de la Gaspésie. Going on a day hike or a long hike across the plateau is a unique experience guaranteed to impress.



Lakeside enjoyment

Lac Cascapédia is 4 km long lake located in an intimate and lush setting. Be charmed by its cool tranquility. Lac Cascapédia offers rest and contemplation its calm campground site as well as high-energy canoeing, stand-up paddleboarding and pedal boat rentals.



Gaspésie mountain culture

Combining research, history, knowledge sharing and outdoor activities, the Mountaineering School allows visitors to discover the park's mountain world. This summer, the Mountaineering School will offer the following workshop: Planning your mountain hike. All details on page 6.



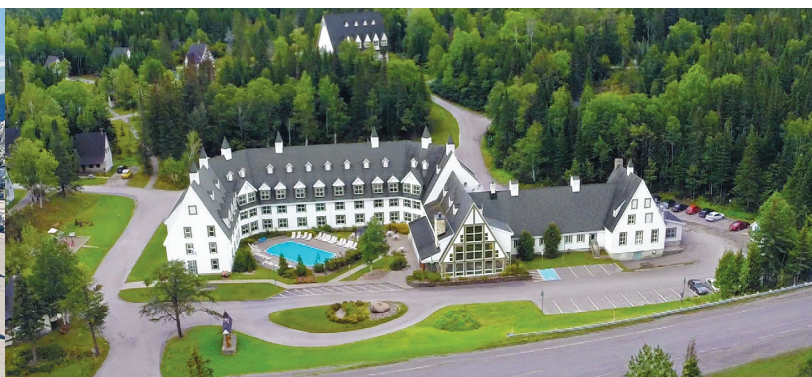
A new and improved shuttle service

Runners and day hikers can now enjoy our new shuttle service. Get dropped off at your chosen trail head and run or hike back to your car at the service centre. Looking to take on 10, 15, or 30 km? The choice is yours! Paid service. Reservation required.



Winter bliss









Snowshoeing, skiing or fat biking enthusiasts can enjoy the park's beauty in winter by following the designated trails or off-trail sectors. Quality equipment rental is available at the mountain school to enjoy all the activities offered in the park. There are also various guided initiation packages available.




Relaxing at Gîte du Mont Albert

Gîte du Mont-Albert, a 4-star hotel, offers guests all the comfort they need. Located in the heart of Parc national de la Gaspésie, this magnificent inn is known for its hospitality, fine local cuisine and unique décor.

DISCOVER OUR TRAILS

	TRAIL	DISTANCE	DURATION ¹	ELEVATION	DIFFICULTY	DEPARTURE POINT
	La Chute Sainte-Anne – This trail offers a scenic lookout with a great view of Mont Albert’s northern slope and views of the Rivière Sainte-Anne falls.	1.7 km	30 min.	Relatively flat	E	DVC
	La Lucarne – A loop that offers a beautiful view of the Rivière Sainte-Anne valley.	2.5 km	1 hour	80 m	E	DVC
	La Saillie – Spectacular views of the McGerrigle mountains, Gîte du Mont-Albert, and the Rivière Sainte-Anne valley.	4.2 km	1 hour 45 min.	190 m	I	DVC
	La Chute-du-Diable – The trail follows Rivière Sainte-Anne before a short climb that takes you to a lookout where you can admire the waterfall.	7 km	3 hours	120 m	I	DVC
	Le Mont-Albert (northern slope) – This steady climb leads to the summit of Mont Albert. The spectacular panoramic view is worth the effort. This trail is open from June 10 to October 9, 2023.	12.6 km	5 hours 30 min.	850 m	Ex	DVC
	Le Tour-du-Mont-Albert – After reaching the summit, continue your hike by crossing the plateau and descending the Cuve du Diable. You will finish your hike with a stony path to the Serpentine Shelter and the DVC. This trail is open from July 1 to October 9, 2023.	17.8 km	6 - 8 hours	870 m	Ex	DVC
	L’Abri de la Serpentine (option #1) – This trail follows Rivière Saint-Anne and then climbs to Lac du Diable before reaching the Abri de la Serpentine, located at the foot of the Mont Albert’s vast basins.	12.4 km	4 hours	360 m	D	DVC
	L’Abri de la Serpentine (option #2) – The trail follows a former prospecting path. The forest quickly thins out, leading to the Abri de la Serpentine which is located at the foot of Mont Albert’s vast basins.	10 km	3 hours 30 min.	260 m	I	Ruisseau-Isabelle Parking
	Le Mont-Olivine (option #1) – One kilometre past the Chute du Diable falls, take the path to your left. It will lead you to a barren ridge offering a scenic view of Mont Albert and the Rivière Sainte-Anne Valley.	11.4 km	4 hours	445 m	D	DVC
	Le Mont-Olivine (option #2) – This trail begins on a former prospecting road and then gets narrower as you head toward the exposed mountaintop. The view of Mont Albert and the Rivière Sainte-Anne valley is worth the climb.	8.8 km	4 hours	365 m	D	Ruisseau-Isabelle Parking
	Le Lac-aux-Américains – This short hike brings you to the “cirque”, or glacial basin, at Lac aux Américains, which is gorgeous at any time of day.	2.6 km	1 hour 30 min.	80 m	E	Route 160 Parking
	Le Mont-Ernest-Laforce – The summit offers a particularly striking, 360-degree view of Mont Albert and the surrounding mountains.	4.6 km	2 hours	155 m	I	Route 163 Parking
	Le Mont-Jacques-Cartier – This trail is reminiscent of the Far North with its vast expanses of alpine tundra, where caribou are often seen. Trail open from July 1 to October 9, 2023. Open from 10 a.m. to 4 p.m. See details on page 6.	8.2 km	4 - 5 hours	465 m	D	Mont Jacques-Cartier Camping Station
	Le Mont-Xalibu – From Lac aux Américains, the trail heads through a forest setting before changing into a rugged path that leads to the tundra. The views are stunning, and you are sure to feel far from home. Trail open from June 10 to October 9, 2023.	10.6 km	5 - 6 hours	540 m	D	Route 160 Parking
	Le Mont-Joseph-Fortin – A steep climb leads to a taiga-like plateau. The spur trail to the cliffside is a must see. A loop trail circles the plateau, offering many great vantage points.	11 km	4 hours 15 min.	490 m	D	Route 160 Parking
	Le Mont-Richardson – A wonderful challenge and a well-kept secret! Enjoy the breathtaking, 360-degree view at the summit.	11.6 km	6 hours	705 m	Ex	Route 160 Parking
	La Rivière-Cascapédia – Admire the headwaters of one of Gaspésie’s largest rivers, Lac Cascapédia. This is the place where the lake’s first major tributary, the Ruisseau aux Saumons, joins the river.	1.4 km	30 min.	Relatively flat	E	Rivière-Cascapédia Parking
	Le Pic-du-Brûlé – This largely forested trail offers views of the Chic-Choc mountain range and the St. Lawrence Valley. On your way back, prolong the pleasure by going through Mont Ernest-Ménard.	14.2 km	5 hours 15 min.	430 m	D	Lac-Cascapédia Camping Station
	Le Pic-de-l’Aube – This trail follows an old logging road and has a moderate ascent (standard climb) to the Pic de l’Aube which leads to the summit of the of the Chic-Choc mountain range.	12 km	4 hours	370 m	D	Pic de l’Aube Parking, Route 11

 Self-guided

 Family experience

 Dog allowed
sepaq.com/animals

E: easy **I:** intermediate **D:** difficult **Ex:** expert

DVC: Discovery and Visitors Centre

¹ The durations are provided for guidance only and can vary greatly depending on the type of hiker and the weather conditions.

MONT-ALBERT AREA

<ul style="list-style-type: none"> Registration or Information Shelter Bus / Shuttle Self registration post Semi-serviced camping Rustic camping Canoeing Cabin Rustic accommodation Hotels Canoe rental Picnic Food services Observation deck Parking lot Telephone Observation tower 	<ul style="list-style-type: none"> Fishing Wifi National park boundary Land shuttle National road Main road Trail International Appalachian Trail Dogs allowed location Summit Wildlife reserve boundary Ecological reserve
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Village Grande Nature
Chic-Chocs

To
Sainte-Anne-des-Monts
22,8 km

La Boussole

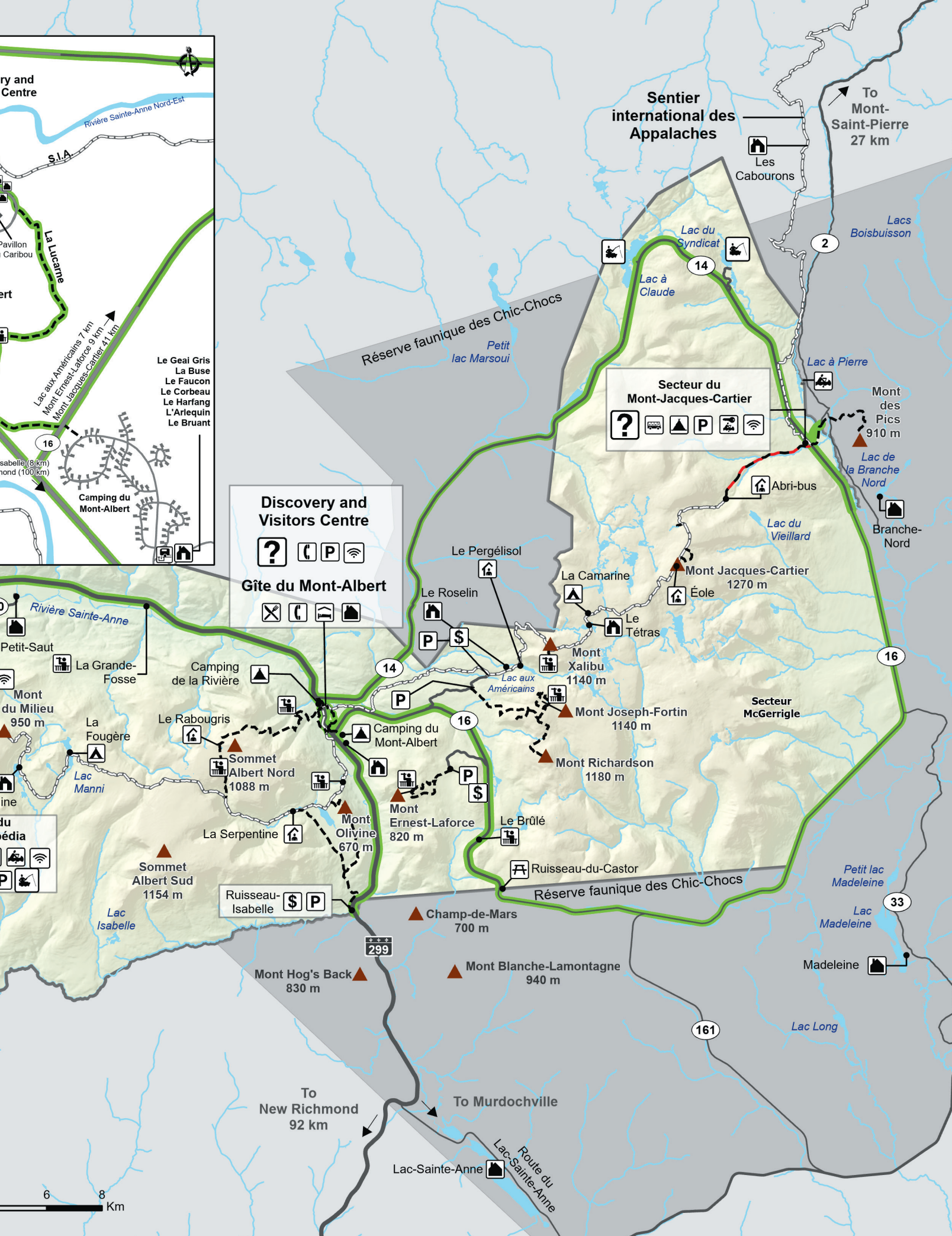
Secteur
Lac-Cascapédia

It should be noted that road 11 is not recommended for RV between Cascapédia lake and Le Huard

Download via
Avenza Maps

Cette carte intègre de l'information géographique de source gouvernementale.
 Pour des besoins de représentation, certaines données ont subi des transformations et des adaptations qui ont pu modifier la donnée originale.
 Données originales utilisées : Années 2023
 Banque de données Sépaq
 Cartes topographiques à l'échelle de 1/20 000
 Source des données utilisées : 1992-2002
 Ministère des Ressources naturelles et des Forêts
 © Gouvernement du Québec

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Discovery and Visitors Centre

Icons: ? (Information), 📞 (Phone), P (Parking), 📶 (Wi-Fi)

Gîte du Mont-Albert

Icons: 🏠 (Cabin), 📞 (Phone), 🚻 (Toilet), 📶 (Wi-Fi)

Secteur du Mont-Jacques-Cartier

Icons: ? (Information), 📶 (Wi-Fi), P (Parking), 📶 (Wi-Fi)

Ruisseau-Isabelle

Icons: 💰 (Cash), P (Parking)



DISCOVERY TIME



Daily shuttles: A new way to explore the park

A shuttle system allows visitors to discover the park in a different way, without having to take your car. Trail runners and hikers will find what they need to build a custom itinerary for the day.

The shuttles operate daily from July 1st to September 4, and on weekends from September 9 to October 10. Find out more and reserve your spot directly at the Discovery and Visitors Centre (DVC) front desk.

Shuttles in the Mont Jacques-Cartier sector

	Departure		Arrival		Price
Going	DVC	9:00 a.m.	Departure from Jacques-Cartier trail	9:50 a.m.	\$21 round-trip
Back	Jacques-Cartier campground	4:10 p.m.	DVC	4:55 p.m.	
Going	Jacques-Cartier campground	Between 9:40 a.m. and 12:00 a.m. every 20 minutes	Departure from Jacques-Cartier trail	10 min. after departure	\$9 round-trip
Back	Departure from Jacques-Cartier trail	Between 1:20 p.m. and 4:00 p.m. every 20 minutes	Jacques-Cartier campground	10 min. after departure	



Morning commute

Departure		Arrival		Price	Suggested itinerary
DVC	7:45 a.m.	Ruisseau Isabelle parking	8:00 a.m.	\$9	From Ruisseau Isabelle to DVC via Mont Olivine or Mont Albert. <i>Between 10 km and 17 km, depending on the itinerary.</i>
Lac aux Américains parking	8:15 a.m.	DVC	8:30 a.m.	\$9	From there, take the DVC shuttle to the Jacques-Cartier campground at 9 a.m. From Jacques-Cartier campground to Lac aux Américains via Mont Jacques-Cartier and Xalibu. <i>Approx. 17 km.</i>

Western sector shuttles

Departure		Arrival		Price	Suggested itinerary
DVC	9:00 a.m.	Lac Cascapédia	9:30 a.m.	\$27	From Lac Cascapédia to DVC via the Mont Albert plateau. <i>Approx. 25 km.</i>
Lac Cascapédia	9:30 a.m.	Le Huard hut	10:00 a.m.	\$27	From Le Huard hut to Lac Cascapédia via Mont Blizzard, Mont Arthur-Allen, Pic de l'Aube and Pic du Brulé. <i>Between 20 km to 25 km, depending on the itinerary.</i>
Le Huard hut	10:00 a.m.	La Chouette hut	12:00 a.m.	\$27	From La Chouette hut to Le Huard hut passing by Mont des Loupes and Mont Jacques-Ferron. Increase distance by starting with the round trip to the top of Mont Logan. <i>Between 17 km to 25 km, depending on the itinerary.</i>

Planning your mountain hike – Mountaineering School workshop

Planning a day hike on one of our iconic 1000+ meter peaks? A park employee will present a preparation workshop daily. Learn how to dress, what to bring in your backpack, what to eat and drink, what to expect in terms of the weather, safety and communication instructions, and answers to all your questions.

When? Every day from 4:30 p.m. to 5:00 p.m.

Location: DVC Outdoor deck (in case of bad weather, the activity will take place indoors).

Family Experience Yippee, it's absolutely free!

For kids 17 years of age and under, access, accommodations, and certain equipment loans are free of charge.

The offer varies from one establishment to another.





Find the naturalist

Our Naturalist Park Rangers are walking the park's trails to meet up with you. Be on the lookout because they can be anywhere. If you have any questions or want to find out more about the natural history of the area, ask away—it's free!

Curious by nature?

Are you curious about something you've seen? Has something piqued your interest, or do you have a burning question you want answered? That's what our Naturalist Park Rangers are there for! Find them on the trails or at a campground.

Beautiful views

See one of the park's most beautiful views with one of our Naturalist Park Rangers. Explore hidden landscapes and leave feeling enchanted by an exchange with one of our Rangers.

- Mont Ernest-Laforce
- Duration: 15 min.
- Free
- Bring a windbreaker

Rocks and ice

Speak with one of our Naturalist Park Rangers and learn a bit about the richness and history of one of the most spectacular glacial cirques in Québec.

- Lac aux Américains
- Duration: 15 min.
- Free



La vallée des rois

The dynamic ecosystem of the boreal forest is home to the majestic American elk. You might even come across one as you explore their territory.

- Meet us at the Discovery and Services centres
- From September 2 to October 9, 2023
- Schedule: 8:45 a.m. to 11:45 a.m., on Monday, Wednesday and Saturday.
- Duration: 3 hours
- Fee-based activity
- Children: free when accompanied by an adult, excluding groups
- Places are limited, reservations required
- Information and reservations available at 1-800-665-6527
- Bring hiking boots or walking shoe



IN THE WILD, YOUR SAFETY IS YOUR RESPONSIBILITY

Outdoor activities can involve certain risks.

Always be sure to have the skills and abilities required for the activity you choose. It is very important to find out about the risks involved in the activity, to know and respect your own limits and to use appropriate equipment. Preparing yourself adequately is the first step in the safe and enjoyable practice of your favourite activities.

For more information, visit our website at sepaq.com/security

DISCOVERY ACTIVITIES

Consult the program to enrich your visit. (in French only)

You will find entertaining activities to explore the park from every angle.



CONSERVE FOR TOMORROW



What role does winter play in the impacts of climate change in the Parc national de la Gaspésie's alpine lakes?

The Gaspesian massif is particularly sensitive to climate change due to the dynamics of high mountain snow in a temperate climate region. Compared to terrestrial ecosystems, very little is known about alpine aquatic ecosystems, even for species that are fished recreationally. Several species, such as Landlocked Arctic char (*Salvelinus alpinus oquassa*), are reaching the southeastern limit of their distribution in Canada, which exposes them more to environmental variations induced by climate change. To shed light on this conservation issue, Gaspesian biologist Louise Chavarie from the Norwegian University of Life Sciences (NMBU) and her team started the CRÉA_CC project (*Développer des Connaissances sur les Réalités Écosystémiques Aquatiques des Chic-Chocs – Developing Knowledge on the Status of Aquatic Ecosystems in the Chic-Chocs Mountains*).

Scientists from around the world are beginning to realize that the biggest climate change impacts occur in winter. This research project started in the winter of 2022 to perform long-term monitoring through sampling in summer, but also in winter—which is not an easy task! During the first winter, we had to deal with 8 storms of more than 20 cm of snow in 3 weeks!

In order to put our nets under the ice, we had to dig almost 2 metres of snow and ice! Winter conditions are overlooked factors that can have a true impact on summertime characteristics, thus causing cascading effects between seasons on organisms living in these lakes.

CRÉA_CC is a project that will allow us to identify the species present in the Parc national de la Gaspésie and the existing variations of the same species between seasons and lakes. Although the study is ongoing, some preliminary results have allowed us to observe Arctic char with exceptional sizes in some lakes while in other bodies of water, the populations are said to be “dwarf”-sized. In any event, the surprises have only started!

Our project is a first in Québec's winter fish ecology. Therefore, we are facing a lot of unknowns... to be continued!

Reference: Louise Chavarie, Associate Professor, CRÉA_CC (*Développer des Connaissances sur les Réalités Écosystémiques Aquatiques des Chic-Chocs – Developing Knowledge on the Status of Aquatic Ecosystems in the Chic-Chocs Mountains*), 2022-2024

Our national parks

Given the millions of visits to our national parks annually, harmful behaviors can cause permanent damage to the environment and negatively impact the experience of other visitors. Let's do our part to care for these extraordinary nature sites so we can all enjoy them for years to come.

5 GOOD PRACTICES TO ADOPT IN NATURE



Stay on trails and in designated visitor areas

Taking shortcuts can destroy vegetation.



Do not gather dead wood*

To preserve the natural environment, it is prohibited to remove natural elements, including animals, plants, dead wood, and rocks.



Do not feed wildlife*

Feeding wildlife negatively impacts their natural feeding habits. Keep all food out of reach of animals.



Keep your distance when observing wildlife

When animals are repeatedly disturbed, their natural behaviors can change, and they can develop problems to feed, find a mate, and communicate among themselves.



Respect the peace and tranquility, and comply with curfews

People come to national parks to relax and enjoy nature. Please respect curfews and avoid playing music at all times.

*Failure to comply with rules governing parks and authorized activities is considered a violation of the *Parks Act* and *Parks Regulation*.



Parc national
de la Gaspésie



PCF



sepaq.com/gaspesie

Cover photo: Éric Deschamps.
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