

Galt Drama presents



The Three Musketeers
Alexander Galt Auditorium
April 28, 29, 30 - 8 p.m.
Tickets: \$9 at the door or at
Blue Seal & Yankee Candle,
Lennoxville (cash only)

75 CENTS + TAXES

PM#0040007682

MONDAY, APRIL 25, 2016

Police seek missing Magog teen

Record Staff

Memphremagog police are asking the public for assistance in locating a 16-year old Magog girl who ran away from home last Wednesday following a family argument.

Julie Robidoux-Taillon was reported missing by her parents and an investigators and officers of force have been looking for her ever since.

Robidoux-Taillon is 16 years old, 5' 3" tall, weighs 120 pounds, and has long hair dyed black on one side and blond on the other, blue eyes, a nostril piercing, and a few tattoos on her neck and forearm.

It's the details available and if we get more we will inform you.

Anyone with information pertaining to this case is asked to contact the Memphremagog Police at (819) 843-3334



Julie Robidoux-Taillon COURTESY

Green is the new purple

Annual outdoor clean-up takes place in Lennoxville



PHIL RICH

Over 40 volunteers gathered on Saturday to take part in Lennoxville's annual community clean-up day.

By Phil Rich
Special to The Record

A very purple town has become a whole lot greener, due largely in part to individuals both in and outside the greater Lennoxville community.

The annual Lennoxville clean-up day was held on Saturday April 23 between 10 a.m. and noon. Over 40 volunteers gathered outside the Amédée-Beaudoin Community Centre in the morning to receive instructions on how the day would proceed, and were clearly ready to go on a beautiful Saturday morning. Gloves, garbage bags, rakes, and safety vests were provided for those partaking in the event.

As in years past, the event not only makes Lennoxville a cleaner place, but also brings the community together. Students, staff and locals are among those who participated, and a wide range of ages was apparent. However, the vast majority of the volunteers were youth, most notably from the Hope Community Church (HCC) youth group, Lennoxville Scouting, and Bishop's College School (BCS).

Participation was voluntary, but several of the youth stated that they were present in order to fulfill volunteer requirements for school or their youth groups.

A detailed explanation of the recycling process was given to volunteers

before the actual clean-up began, and this highlighted the importance of recycling in this year's event. The demonstration was given by a local expert from the eco-centre. Teams were then sent out to some of the dirtier, yet accessible, areas of the town. These included various parks, the downtown sector and along College Street.

A truck and trailer also went around picking up larger items and pieces of furniture, and a team of students from BCS was sent around town to clean up and paint over graffiti.

Although there were some areas in dire need of cleaning, Borough President David Price expressed some frustration with the amount of access the

CONT'D ON PAGE 4

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Weather



TODAY:
SUNNY

HIGH OF 7
LOW OF -3



TUESDAY:
MIX OF SUN
& CLOUD

HIGH OF 8
LOW OF -8



WEDNESDAY:
SUNNY

HIGH OF 6
LOW OF -7



THURSDAY:
SUNNY

HIGH OF 9
LOW OF -4



FRIDAY:
SUNNY

HIGH OF 11
LOW OF -5

Townships Trivia: Lake Memphremagog

By Matthew Farfan



1) Which of the following municipalities does NOT border Lake Memphremagog?

- a) Ogden
- b) Bolton-Est
- c) Austin
- d) Saint-Benoît-du-Lac
- e) Fitch Bay

2) Captain George Washington Fogg was...

- a) The first captain of the steamer Mountain Maid.
- b) A captain of the steamer Lady of the Lake.
- c) One of the builders of Mountain House, a hotel at the foot of Owl's Head.
- d) None of the above.
- e) All of the above.

3) What crosses the Fitch Bay Narrows?

- a) A ferry.
- b) A covered bridge.
- c) A suspension bridge.
- d) A footbridge.
- e) A large flock of geese every autumn.

4) The lyrics to what famous song were composed on the shores of Lake Memphremagog?

- a) God Save the Queen.
- b) Memphremagog the Beautiful.
- c) O Canada.
- d) Stairway to Heaven.
- e) Give Peace a Chance.

5) What is the former name of the town of Magog?

- a) Magog Crossing
- b) The Outlet
- c) Cherry River
- d) Merry's Corners
- e) Saint-Patrice-de-Memphré

6) What famous landmark burned down in 1907?

- a) Elephantis Hotel in Georgeville.
- b) Memphremagog House in Newport.
- c) The home of Sir Hugh Allan on Belmere Point.
- d) None of the above.
- e) All of the above.

7) What event takes place annually atop Mount Owl's Head.

- a) A hunting party.
- b) An outdoor Masonic lodge meeting.
- c) Monthly meetings of Magog City Council.
- d) A surveyors' picnic.
- e) The annual convention of Memphré Sights Anonymous.

8) What buildings once lined the lakeshore all the way from Newport, Vermont to Magog, Quebec?

- a) Customs houses (to curb smuggling on the lake).
- b) Lighthouses (so that the steamships wouldn't crash on the rocks).

c) Prisons (so that rumrunners could be locked up).

- d) Chapels (so that pilgrims could stop to pray).
- e) All of the above.

9) Which of the following does not flow into Lake Memphremagog?

- a) The Magog River.
- b) The Black River.
- c) The Clyde River.
- d) The Barton River.
- e) Castle Brook.

10) Which mountain overlooks Memphremagog from the north?

- a) Owl's Head.
- b) Orford.
- c) Elephantis.
- d) Sutton.
- e) Evarest.

ANSWERS

1. e) Fitch Bay is a village, but not a municipality.
 2. e) All of the above.
 3. b) A covered bridge.
 4. c) O Canada. The English version of Canada's national anthem was composed in Cedarville by Judge Robert Stanley Weir.
 5. b) The Outlet.
 6. b) Memphremagog House.
 7. b) An outdoor Masonic Lodge meeting.
 8. b) Lighthouses.
 9. a) The Magog River (hint: see question #5)
 10. b) Orford.



Quebec Heritage News

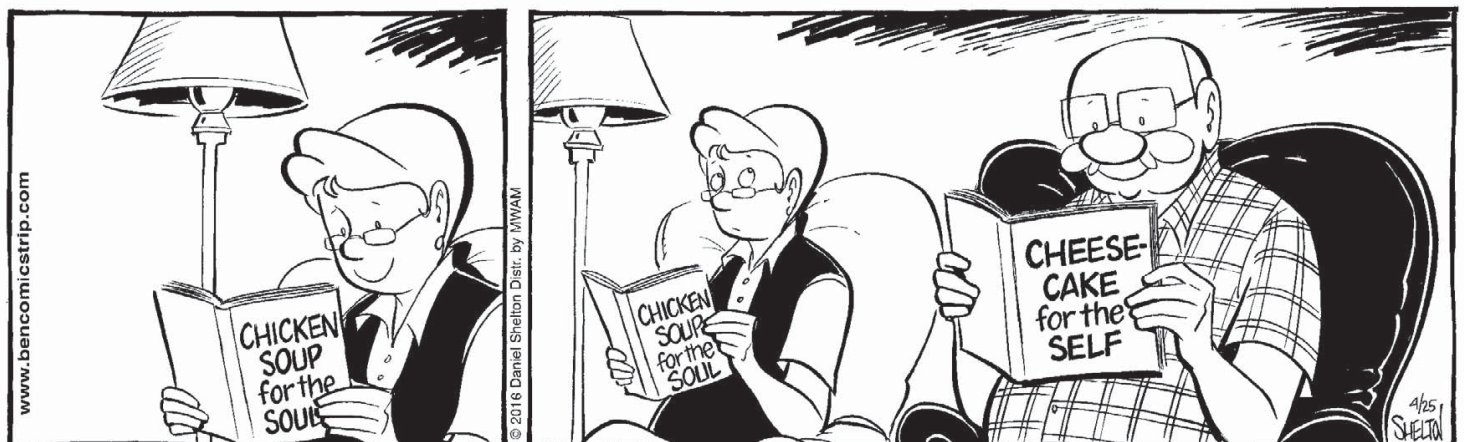
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Ben by Daniel Shelton



LOCAL NEWS

The rooms and amenities in the wing were designed to allow the seniors living there to remain autonomous for as long as possible.

Wales Home inaugurates new Mitchell wing

By Matthew McCully
RICHMOND

The fourth floor halls of the Wales Home were crowded on Saturday afternoon as over 50 members of the public were given a tour of the new Mitchell wing in the seniors' residence.

According to executive director Brendalee Piironen, the wing was previously a dormitory for staff members.

The newly renovated wing now has three suites for autonomous seniors, a

chapel, a kitchenette and laundry room. There is also a wellness room, which has two massage chairs, aromatherapy, light therapy, a virtual aquarium and a zen mural.

Dr. Nelson Mitchell, whose family has supported the Wales Home since its inception in the 1920's and for whom the wing was named, was present for the inauguration and gave a short speech.

The high tech massage chairs in the wellness room were bought with funds

raised from a candlelight service organized by staff last year.

The room is available to the residents, but staff members off shift and visiting family members are also welcome to take advantage of the soothing space, Piironen said.

Piironen said construction for the Mitchell wing took roughly two months, and the first resident moved into the new wing this past December.

The rooms and amenities in the wing

were designed to allow the seniors living there to remain autonomous for as long as possible, she added.

Guests visiting the new wing were treated to a string trio and passed hors d'oeuvres to mark the occasion in style.

There was a slide show in the sitting room showing the before and after pictures of the Mitchell Wing.



Brendalee Piironen standing by the zen mural in the new wellness room.

MATTHEW MCCULLY



Jean-Marc Dunant, purchaser for the Wales Home, giving one of the guests at the inauguration a demonstration of the new massage chairs in the wellness room.

MATTHEW MCCULLY

Massawippi Music Festival The Estria Woodwind Quintet



The Estria Woodwind Quintet

COURTESY

The Massawippi Music Festival will be back this June 2016 and tickets are now on sale. Presented at the charming St. Elizabeth's church, in one of the most beautiful villages of Québec, North Hatley, this event marries the best of nature, culture and history.

This second edition of the festival, presented by The Estria Woodwind Quintet, will offer music lovers a variety of musical styles from different pe-

riods, all performed by outstanding musicians.

Saturday June 4th at 8p.m., the principal clarinetist of the Metropolitan Orchestra of Montréal, Simon Aldrich, will join the magnificent pianist, Janelle Fung for the grand opening of the festival. This "spectacular player" (*Los Angeles Times*) will take everyone on a "Musical Voyage" with works by Bartok, Glick, Mahler, Cahuzac, Vaughn Williams, Guastavino and Brahms.

Saturday June 11th at 8p.m., it is the virtuosity and brilliance of the Ensemble Caprice that will be on offer. Under the direction of Matthias Maute (orchestra and choir conductor, virtuoso of the recorder and flute, and composer), this JUNO award winning ensemble will present the program : Vivaldi, Bach et cie, iLove baroque.

Saturday June 18th at 8p.m., two extremely talented Eastern Townships musicians : cellist Erich Kory from Ayer's Cliff; and pianist Tristan Longval-Gagné from Sherbrooke, will unveil "The Timeless Cello", a

chronological tour of musical masterpieces. On the evening's program, works by Bach, Beethoven, Debussy, Rachmaninoff and Webern.

And to conclude the festival with a bang, on Saturday June 25th at 8p.m., the concertmaster of the Toronto Symphony Orchestra, Jonathan Crow, and the concertmaster of the Montréal Symphony Orchestra, Andrew Wan,

will join the superb pianist Philip Chiu for an amazing program entitled "Moz-Art", with works by Leclair, Prokofiev, Schnittke, Chopin, McKinley and Moskowski.

Tickets for this event are now on sale for the price of \$30 per concert or \$100 for all four concerts of the festival. Ticket sales at 819-842-1072 or

at estria@cgocable.ca. For more information visit:

<http://pages.globetrotter.net/estria/MusiqueMassawippi.html>

For further information or to schedule an interview, please contact Mrs. Pauline Farrugia of The Estria Quintet at 819-842-1072 or at:

estria@cgocable.ca

Benefit Dart Tournament

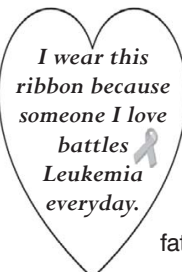
Help show your support by wearing orange for a local 12 year old boy, Steven Boudreau, recently diagnosed with Leukemia.

Saturday, April 30 at the Stanstead Legion

Registration starting at noon. Games start at 1 p.m. 401 double in/double out.

Mixed doubles, bring your own partner (mothers can play with daughters, fathers can play with sons, everyone else mixed) \$5. per person

Info: Marilyn McComb 819-838-4770



A do for the doers

By Matthew McCully

Close to 200 volunteers from the Lennoxville area were honoured with a reception at the Amédée-Beaudoin Community Centre on Thursday evening.

"It's been going on for as long as I can remember," said Borough President David Price, about the annual event.

Usually held on the heels of National Volunteer Week, community organizations that benefit from a benevolent workforce extend invitations to their volunteers, offering a show of appreciation for their time and dedication.

In previous years, the event was more like a 5 à 7. This year, round tables were set up and the guests could help them-

selves to a buffet and sit to enjoy a meal. Price said local businesses donated gifts and prizes that were handed out in draws throughout the evening.

The volunteers were treated to the music of a Jazz Trio featuring professors from the Bishop's University music department.

According to Price, the borough of Lennoxville holds more volunteer-run community events per year than any other borough.

Thursday evening's reception was a show of gratitude for the hard work and generosity of the volunteers that keep the community strong and vibrant.



Volunteers were honoured with jazz music and a buffet at the Amédée-Beaudoin Community Centre on Thursday evening. MATTHEW MCCULLY

Waterloo Citizens Forum on Family and Seniors Policy

Record Staff

The Town of Waterloo Consultation Committee will be holding a public forum to get some input concerning the renewal of the town's Family and Elders Policy.

The meeting, to be held May 7th, will focus on four main themes:

1. Quality of life
2. Healthy living habits
3. Culture, education and recreational activities
4. Community identity

Residents of Waterloo are encouraged

to contribute to the discussion on May 7th from 9a.m. to noon at St. Bernardin Parish, room 101 (5005 Foster Street, Waterloo).

A special activity for those between 8 and 12 years old will also be held, and teens are also encouraged to provide their ideas.

A daycare service will be on-site and a continental breakfast will be offered.

Registration is mandatory at the Waterloo Town Hall, before May 4th. Ask for Céline Vary, or email Vary@ville.waterloo.qc.ca or call 450 529-2282 # 222

Bank robber gets 28 months

Record Staff
SHERBROOKE

A bank robbery repeat offender was sentenced to two years and four months in prison following a joint recommendation of the defense and Crown attorneys.

Francis Gosselin-Lafond, 29, pleaded guilty to a robbery that took place on October 21, 2015 at the National Bank on King Street.

Gosselin-Lafond went to the counter at the bank and handed the cashier a piece of paper on which he had written: "Hold-up, Give me your cash." The cashier handed over the contents of the

drawer and the thief fled, only to be captured a few hours later by Sherbrooke Police at his residence.

Gosselin-Lafond has been held since February 2016 after he fled his second closed therapy house. The three months already served have not been subtracted from the sentence. Quebec Court Judge Hélène Fabi also imposed a two year probation period.

Gosselin-Lafond was sentenced in 2010 to two years in prison for a robbery committed using the same approach at the Caisse Desjardins du Saint-Élie d'Orford. He also has a number of other convictions for crimes against property.

Man convicted in incest case

Record Staff
SHERBROOKE

A jury has convicted a 35-year old Sherbrooke man of six of the eight charges he faced in connection to alleged sexual assaults against his children after more than 72 hours of deliberations, in Sherbrooke Friday.

The accused, who cannot be named due to a publication ban to protect the two victims, was facing eight counts of incest, sexual assault, incitement to sexual touching, and sexual touching between 2005 and 2008 and of sexual touching and invitation to sexual contact between 2013 and 2014. The victims

were his daughters, now aged 16, and her eight-year old half-sister.

The jury of seven women and five men found him not guilty of one count of sexual contact against a child under 16 and another of fondling a child under 16 related to acts allegedly committed on the eldest victim between May 1 and August 30, 2008.

The accused was arrested in 2014 by the Sherbrooke Police) after one of the victims told a friend what was going on. He was questioned in 2008 about alleged sexual gestures on the older victim, but no charges were laid. The father always denied the allegations.

Clean-up

CONT'D FROM PAGE 1

town has to these areas. "Certain areas you would like to target," said Price. "But you just can't." He singled out certain parts of the student village, namely the infamous animal house, as examples of the underlying conflict between the town and local landlords.

During the school year the Bishop's University Environmental Club holds several clean-up days as well for the area surrounding the school and student dwellings, including one the previous Saturday. However, these events neither

cover the entire town, nor do they coincide with the community clean-up day. This emphasizes the importance of Saturday's community event.

Price also stressed the community spirit aspect of the clean-up, calling the event "quite local." The event provides the opportunity for locals to come together and work towards bettering their own community, ultimately allowing for a fun community-building exercise for friends, neighbours, and those who care about the town of Lennoxville.

Mother's Day messages

Tell us why your mother or grandmother should go out for dinner on Mother's Day and get a chance to win one of two \$50 gift certificates to Baton Rouge in Sherbrooke.



Send a 30 word message about your mother or grandmother to The Record, along with \$10, and we will publish them in the newspaper on May 5. **The deadline is May 2.**

Mother/Grandmother's name: _____

Message: _____

From: _____



1195 Galt St. East, Sherbrooke, QC J1G 1Y7
or email it to classad@sherbrookerecord.com

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A time to recognize, celebrate and thank volunteers in Potton



Janet Jones, Beverly Bolsius and Sheila Kerr celebrate volunteering in Potton on Thursday, April 14.



Ariel Betancourt and Ondina Rodriguez, President, Amanda Patch, volunteer Sherry Young and Manager Fawn Patch proudly represent the Reilly House at the Municipal volunteer celebration.



It's all smiles for Reilly House Manager, Fawn Patch and Beatrice Baass.



Fiona Campbell (CAB President) and her husband David Stirling (Ken Jones Centre Chairperson) were happy to see so many of Potton's volunteers turn out for the event.

THE SCOOP



MABLE HASTINGS

As part of National Volunteer Week (April 10 to 16), on Thursday, April 14 from 5 p.m. to 7 p.m., the Municipality of Potton, in collaboration with the Missisquoi North Volunteer Centre (CAB) celebrated volunteers at their seventh edition "Potton Volunteer Party," held at the Mansonville Town Hall.

National Volunteer Week is a time to recognize, celebrate and thank Canada's volunteers and Potton is proud to salute the positive power that volunteer support brings to its community.

Bagpiper, Michael Darney welcomed guests with music as he stood outside the venue and played the bagpipes. This was a uniquely Potton way to welcome the 106 attendees as they arrived.

With refreshments purchased from local businesses and served buffet-style including wine as well as a non-alcoholic mocktails served by the Missisquoi North Volunteer Centre (CAB) Students Against Destructive Decisions (SADD) group, the party was enjoyed by all.

Potton Mayor, Louis Veillon welcomed

ALL PHOTOS COURTESY OF MABLE HASTINGS.

those gathered with an opening speech where he thanked the many people representing the various organizations that make Potton such a "happening" place. Veillon pointed out that our volunteers are one of our township's greatest assets and our "people power" is what allows for so many things to be happening in our small rural community.


The President of Potton's local CAB Volunteer Centre Fiona Campbell also made a speech where she assured the volunteers that without them, the community would not thrive as it does.

She expressed the gratitude felt by so many organizations as everyone stood unified in extending a HUGE thank you to the volunteers both present and those unable to attend the event. Councillor, Diane Marcoux whose dossier includes volunteers also praised those gathered for all they do.

Music for the event was provided by Marcel Piuze, Jean Marc Bourgeois and Rachelle Begin who performed in both French and English with a rendition of Hallelujah that had the crowd singing along. The trio did a wonderful job.

Thursday's party was organized by Potton Community Animator, Trish Wood and the Volunteer Centre (CAB) staff. Many commented on the delicious food and the wonderful atmosphere as people of all ages and interests gathered. The celebration included a power point presentation with photos from the previous three years of volunteer recognition for all to enjoy.

For more information about the Municipality of Potton, visit www.potton.ca and for more news about the Volunteer Centre (CAB), visit www.cabmn.org



Operation Backpack:

Equipped to Learn

BECOME A SPONSOR

Operation Backpack is an initiative of **The Record** in conjunction with the **Lennoxville & District Women's Centre** and volunteers whose goal is to ensure every child in need starts the school year with a new backpack filled with school supplies.

The committee is seeking sponsors to purchase a backpack and supplies, estimated at \$75.

The goal is to equip 85 children for the coming school year. To become a sponsor, contact Sharon McCully at outletjournal@sympatico.ca

IT TAKES A COMMUNITY

While donations of school supplies form the foundation of our program, financial donations will allow the committee to purchase additional supplies. We are enlisting the support of the business community to become

Bronze Sponsor: \$150
Silver Sponsor: \$375
Gold Sponsor: \$750

Cheques can be made payable to the LDWC, 257 Queen Street, Sherbrooke, QC, J1M 1K7, indicating it is for School Supplies.

Tax receipts will be issued.

EDITORIAL

The call for struggle and sacrifice, therefore, has its appeal, and it is often underestimated, while the desire for comfort and pleasure is often overestimated.

Terrorism's Appeal

By Kevin Richard

The natural desire to find purpose and satisfaction in a cause that is greater than ourselves is indeed a powerful force. As we search for the meaning of life we also search for something that is worthy of our complete devotion. When rooted in goodness and truth, this quest can take one down a path of love, forgiveness, kindness, and compassion; such a path leads to freedom. When rooted in evil and deception, it can take one down a path of hate, vengeance, violence, and destruction; such a path leads to oppression, and it can make terrorism an appealing thing.

If we are to achieve anything meaningful, we will certainly have to struggle. The call for struggle and sacrifice, therefore, has its appeal, and it is often underestimated, while the desire for comfort and pleasure is often overestimated. This then begs the question, what is the meaningful thing for which we should struggle? What is that thing to which we should completely devote the energy of our fleeting lives?

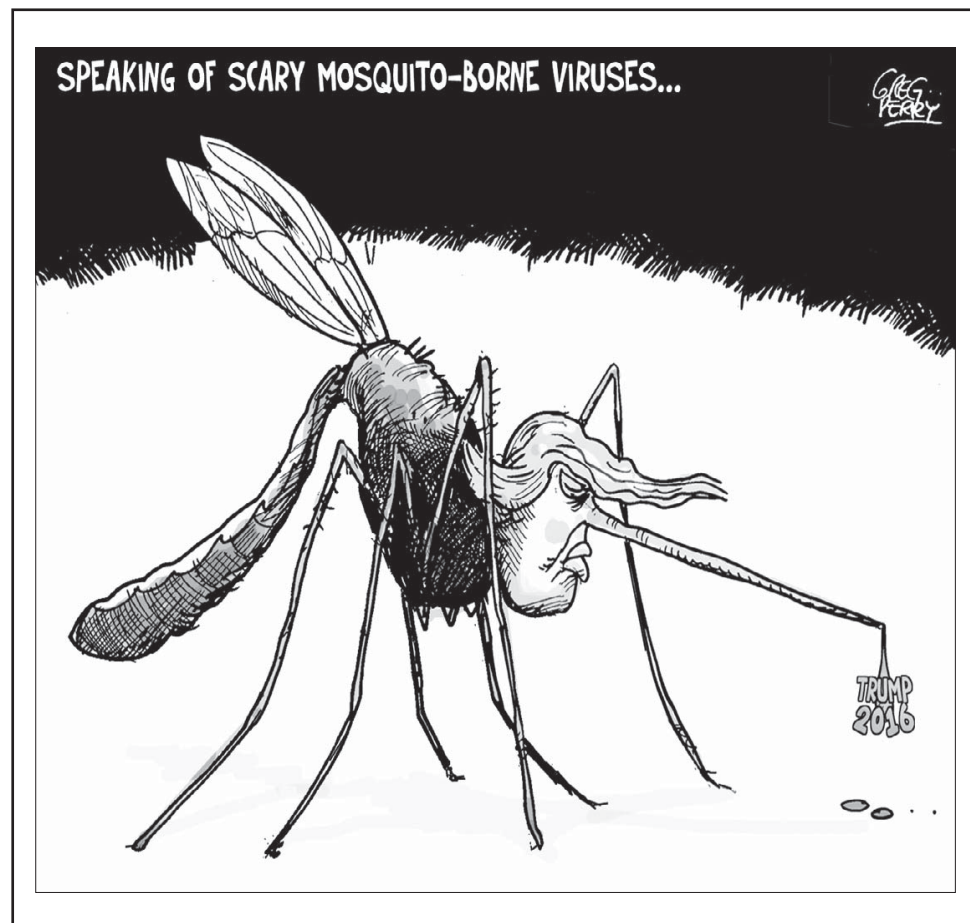
According to Laurence Rees, author of Hitler's Charisma, Hitler's rise to power can be attributed, in part, to his ability to tap into this basic human desire. He reasoned that, greater than any man was the race to which he belonged. Though man would die, his race would live on. Hitler decided, therefore, that the best cause to which a man could devote his life was that to improve his race. So, with a firmly-entrenched Darwinian

worldview, and without any sense of the sacred, he rationalised his reign of death and terror as a necessary means to a glorious end. Death and destruction was seen as the acceptable cost of creating a better race and a better world. To his followers, therefore, he offered death, struggle, and sacrifice for a so-called great and worthy cause.

If many are to embrace such a cause then the conditions must be ripe. These include deep and widespread feelings of resentment toward a common enemy. Such was the case in post WWI Germany, and such is the case in many parts of the Muslim world today. Terrorists and potential terrorists perceive themselves as victims of unwarranted aggression and oppression, be it legitimate or not. In their eyes, their enemies are the terrorists, while they are but freedom fighters and holy warriors. As evidenced by the emergence of ISIS, the resurgence of al Qaeda, and the presence of their many sympathisers around the globe, the necessary conditions to spread the toxic ideology of Jihadism are ripe indeed.

Add to these conditions the common objective of achieving a great dream, through a great cosmic struggle, that ends not only in victory over your oppressors but also in the creation of a bright new world. Not only does this provide people with something to fight against, but it provides them with something to fight for, which is a powerful force of motivation.

To simply dismiss terrorists as nothing but psychopaths is to do ourselves a



disservice. Terrorism is not the result of mental illness; it is the logical conclusion of an evil, deceptive, and toxic ideology, planted in the fertile soil of deep resentment and hostility, and cared for with promises of redemption, victory, and the dawn of a glorious new age.

The challenge before us, then, is by no means easy. If we are to have any success

in countering terrorism, we would do well to understand its roots of resentment, its twisted ideology, and its disturbing appeal. The war for hearts and minds is indeed on. Winning this war requires earnest self-reflection and a sincere search for goodness and truth. Freedom and peace are on the line; and this struggle, I believe, is worthy of our devotion.

Police warn of 'poor quality' \$100 bills

Record Staff
SHERBROOKE

Memphremagog Police are looking for a middle-aged man who tried to pass a counterfeit \$100 bill at the SAQ on Principale St. in Magog last Thursday.

The man, aged 45-48, spoke French and was wearing a black jacket over a checkered shirt, jeans, black shoes and

sunglasses.

There was no security camera inside the parking lot and police have no other description of the man, who appeared to have several \$100 bills in his possession.

The investigation is continuing but the police are asking businesses to be alert for these bills, as the cashier indicated that they were of poor quality.

Letter

DEAR EDITOR,

Cans and Bottles Fund-Raisers 2016

Our February - March 2016 fundraiser for the Townshippers' Foundation was another success as \$ 736.00 was raised by collecting returnable bottles and cans. These funds will assist the Foundation with numerous projects throughout the Townships.

For the months of April to June, 2016, we will be collecting returnable empties for the Camp d'action Biblique. This bilingual summer camp, located just outside of Richmond, offers a Christian atmosphere where children and youth of various denominations can grow in their relationship with one another. The funds collected will be used by the Camp to assist in paying part of some registration fees and for various camp expenses.

Your empty returnable cans and bottles can again be dropped off under Bev Taber Smith's deck (one of the most famous decks in the Townships!) at 8 Melbourne Ave. N., Richmond or call 819-826-3929 to arrange pick-up.

They can also be dropped off at the Townshippers' Association office, # 100-257 Queen St., Lennoxville, QC, between 9:00 and 16:00. (819-566-5717). Thanks to the Townshippers' community for the on-going support of these worthy causes.

REGARDS,
JOE KELLY

The Record welcomes your letters to the editor. Please limit your letters to 300 words. We reserve the right to edit for length, clarity, legality and taste. Please ensure there is a phone number or email where you can be reached, to confirm authorship and current town/city of residence. Names will not be withheld but the address and phone number of the writer are not published, except by request. Preference is given to writers from the Eastern Townships.

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	1 MONTH	6.49	0.32	0.65	\$7.46

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MEET YOUR NEIGHBOURS

One World in Africa: The personal outcome

Mourning Maureen

By Tom Cavanagh

This concludes an earlier article on a One World Ghanaian project involving the wrap up of my life story with emphasis on a long ago “non-marriage.”

It took the five of us just two evenings to tell our life stories under beautiful African sunsets in a retreat house in Kumasi. I was last and went on a bit longer than the students. I tried to keep it reasonably brief and started back in the early sixties where, with a wife and 4 children, I was teaching history at St. Patrick's College in Ottawa. A happy time but some unexpected surprises.

Carleton University bought St. Pat's in 1968 with an understanding that it would live on as a significant portion of the University Campus. At least that was what I was told. Dream on. Carleton at the time had about fifteen historians and needed no more. Thus it was a “So long it's been good to know you” situation for me and other colleagues in different departments.

It was painful but given today's world very close to normal. These things happen. Carleton gave us the option of another year grace before the axe fell but I was young (relatively) and foolish. I told them thanks but no thanks and walked away. In truth I said little because a new job was my primary purpose in life. Not easy and no union. Some Carleton staff felt uncomfortable as events unfolded. Well at least one did, and I deeply appreciated his words and advice.

I experienced an overflow of happiness later in April when rain drops actually changed to violets and on the same day two offers arrived from Memorial University, Newfoundland, and Selkirk College, Castlegar, B.C. They could not be much further apart but we had no hesitation in selecting Selkirk. They offered several thousand dollars more. Like lives, money matters. Besides Newfoundland seemed a bit too far on the edges of our fair land.

Selkirk was not central but it opened a brand new world to us. We got a baby sitter, had pizza, with extra pepperoni and wine on Carling Avenue. Celebration time. Memorable day.

My One World companions were mildly interested but it was the non-marriage matter that really pumped them

up. Questions and more questions with direct and evasive answers. I did my best. Of course I was tempted to exclude the worst. Living with the bad is rough enough without digging things up and droning on about them.

Repetition takes us over and beyond the call of duty. (Doesn't it?) Many other memories are lurking down there but if they still burn and scald, visits are needed. Inaction is dirty pool. I think weird choices are just a part of living a full life.

So here we go: Maureen Finn

We sent out invitations to friends and relations

Announcing our wedding day.

Our friends and relations sent congratulations;

How can you face them, what can you say?

We all have bad memories and I am no expert on the subject. Soldiers lose limbs, folks have life long illnesses, children die, whole families suffer, etc. It never ends and in comparison my troubles are in the small beer category. So be it. Advice is cheap and easy to come by, but gosh be cautious. Remember the old “free lunch” stories: There ain't any. One way or another we pay dues for all the roads we go down. It's just the way things are.

Prolonged thinking about this memoir heightens awareness of unpleasant thing in one's life. Memories, actions, and inactions too long caged up in my psyche re-appear like snarling dogs. Okay. No one wants a list of failures and regrets. I confess I brooded about omitting the shameful marriage story that never was. Who knows?

Then it occurs to me that this unbidden impulse must be shared by all memoirists. Maybe so. Many young Catholics embrace the humanist message. Others are hammered with guilt. That is the strongest lesson. But there is also the Jesus story and the Beatitudes which can provide some relief from all that guilt. Well, some of it. Some days.

The Jesus reference above sounds a warning about the two sides of the memoir spectrum. SEE, I'M A VERY NICE GUY versus SEE, I'M A NASTY PIECE OF WORK. Take your pick. I writer on both sides. Sometimes praiseworthy. (The humanist.) Sometimes contemptible. (King

Rat.) So here we go. It covers a lot of years.

In my teens in Grade 11 at St. Peter's High I failed algebra and had to re-take it while following my normal Grade 12 classes. There were almost no other options. Those in Grade 12 were separated by light years from the “children” way back in Grade 11. I treated them, quite appropriately, as inferiors, when I had to join them in algebra class. Ah well. The grade 12's were better looking in their horrible black and white uniform dresses. Of course.

But wait. One in Grade 11 really stood out. Very classy. Attractive, graceful, helpful, and interesting. She demonstrated a “class act” before most of us had even heard the phrase. Maureen Finn.

And so it started in high school. We went to parties and dances. Sometimes together. Sometimes apart. Often as a couple but not always. And the years passed along so swiftly.

In the fifties I finished high school and went to St. Michael's. We were still close but something was changing. Marriage was not discussed but we must have thought of it. I was not too keen. We knew high school crushes break up. It happens. Maybe we will. Who knows? And the years pass so quickly. Fighting does occur. We make up. We fight again. Too intense. We make up. Repeat performance. Tension and anger seem almost our norm.

I graduate from university and we attend the formal dance together. I begin a teaching career in Midland High School. At a meeting with her family my intentions are queried. Of course. A natural question. “We hope you'll do the right thing.” Well sure, but I'm so slow on the uptake I don't realize he is asking about marriage. Not exactly specific but anyone except me would have known instantly. “Do the right thing.” Well of course. I'm a Catholic aren't I?

But wait the message is right there: All those years have piled up but somehow somewhere we never got together on where we were heading. All those years stacked up at our sides. For me guilt too. You have to marry. That's the right thing and guilt seals it all. Or does it? Unspoken but right out there. You can't just walk away from things. Dues

to pay. Marriage. Makes sense. I would not disagree. But what is the right thing?

What about the anger and fights? Is it possible that the right thing may be avoiding marriage? Not living happily ever after but maybe separate. Death. Maybe the question needs a negative answer. We finally come close to a break-up but her mother dies.

I go to Maureen and hot damn marriage is back on the front burner again. My fault as usual but now time is really running out. Marriage yes. Not so clear. The right thing? No. Yet the bands are read. Only two answers. Yes and No. I don't like either. I take No. I walk away. Sort of a disgrace. A friend calls me Jesse Owens. A joke? Who knows? I did a lot of harm and hurt a lot of people. The One World students have questions.

“Did you actually leave her standing at the altar?”

“No. But it was a close thing.”

“Have you ever called or spoken to her?”

“No.”

“Did she marry?”

“Nope.”

“Will you call her? We think you should.”

My reply comes later in Canada. I did call and her first words were “You don't sound like Tom Cavanagh.” I responded with “Well, you don't sound like Maureen Finn,” which led to a burst of laughter on her part.

We had a rather long chat and early on I observed she should not hesitate hanging up on me if she feels like it. Her response was solid gold. “Hey, come on it's good talking. We were just kids back then.” Not sure I agree with that but I won't argue. Maureen asks about Rosemary. Whatever about population numbers, Peterborough is small town. It's always out there. Waiting. Listening.

I did not talk again to Maureen. Years have passed since I learned that she had died. Well, we did re-connect even if ever so briefly. For that I am deeply grateful. I feel particularly indebted to the One World group for bringing a kind of closure to a very important long past segment of my life.

Phone scams in Magog

Record Staff
SHERBROOKE

Memphremagog Police are continuing to warn citizens of a new telephone scam currently operation in the region.

In this case, citizens receive a phone call from an individual who wants to set up a meeting with the recipient to discuss their electricity bill, offering the possibility of a rebate.

The person then asks a number of personal questions, wanting to know if they are alone, according to Memphremagog

Police Lt. Sylvain Guay.

Memphremagog Police have received other complaints alleging substantially the same modus operandi in the last month, targeting the whole population.

Guay advises victims not to act on such calls and to immediately notify the authorities by calling 819 843-3334. “We encourage people to use *57 on their telephone after the call to help locate the source. This can help move the investigation to arrest the person and bring him to justice.”

Sherbrooke man charged in Ontario sex assault case

Record Staff

A 28-year-old Sherbrooke man is behind bars in Ottawa with one charge each of sexual assault, sexual interference and invitation to sexual touching against a 10-year old boy.

Nicholas Boudreault will appear Tuesday for a bail hearing after a brief appearance Saturday in an Ottawa Court.

The Ottawa police sexual assault and child abuse unit received a report last Monday that an adult male had sexually assaulted a child in Ottawa. The incident, police said, was not random and police believe there may be other victims. Boudreault is known to have frequented Ottawa-Gatineau, and the Embrun and London areas of Ontario.

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Sports

"It was a great team effort from start to finish," said Bradley. "We made the game hard on their big attacking players."

Toronto FC star Giovinco scores twice in 2-0 victory over Montreal Impact

By Bill Beacon
The Canadian Press
MONTREAL

Coach Greg Vanney said it was likely the best game Toronto FC has played in his two seasons with the club.

It could not have gone much better as Sebastian Giovinco scored his fifth and sixth goals in seven games this season — all on the road — and the TFC defence shut down Didier Drogba in a 2-0 victory over the rival Montreal Impact on Saturday afternoon.

The reigning Major League Soccer MVP scored from the penalty spot in the first half and on a counterattack in the second as Toronto (3-2-2) won a second game in a row and continued their strong form on a season-opening eight-game road trip that has one game remaining next week at Portland.

"I thought the performance was maybe our best in two years in terms of front to back defensive organization, at-

tacking, creating chances," said Vanney. "We were solid all around."

"And to do that in the seventh game of a long road trip shows that this group is resilient, that they're continuing to progress. Each guy stepped up. I'm pleased with where we are. I can't complain about anything, but we've got a lot of work in front of us."

The Impact were primed for a repeat of their meetings in October, when they beat TFC in the final regular season match to earn home-field advantage in the playoffs and then trounced them 3-0 at Saputo Stadium.

Drogba, the Chelsea legend who transformed Montreal late last season, was making his first start of the season. The Impact went into the game first in the Eastern Conference. And MMA star Georges St. Pierre was manning the fans' bell in the east grandstand to be rung on each Impact goal.

Instead, the revamped Toronto de-

fence held like a wall, led by centre back Drew Moor and captain Michael Bradley. Drogba just missed on a header of Marco Donadel's free kick in the first half and there were a slew of corner kicks in the second, but few clear-cut chances on goalie Clint Irvin.

"It was a great team effort from start to finish," said Bradley. "We made the game hard on their big attacking players."

"We found good moments with the ball and were able to put together some good plays going the other way. It was a win that every guy in here should be proud of."

Montreal (4-3-0), which had won its previous two games, ended a 9-0-0 run at Saputo Stadium since Drogba became a regular starter on Sept. 5.

Impact right back Hassoun Camara left with a leg injury in the 20th minute, causing Ambroise Oyongo to move to the right side as Maxim Tissot came on for

his first action of the season.

In the 39th, Jozy Altidore dribbled past Oyongo and was taken down in the penalty area by a sliding Victor Cabrera. Referee Ted Unkel immediately pointed to the spot.

Giovinco made no mistake, slotting a low shot inside the left post.

A mistimed slide by Oyongo allowed Will Johnson to send Giovinco in on the left side and put a low shot to the far corner from distance.

"They made it difficult to break down," said Montreal midfielder Harry Shipp. "We did all right the first 30 minutes and couldn't quite finish."

"Giving up the goal kind of killed us. They did a really good job of making it hard to get behind them and create chances."

The Impact began a run of three games in eight days that takes them to New York City on Wednesday before returning home to face Colorado.

No Canada: NHL playoff ratings plummet north of the border

By John Wawrow
The Associated Press

With NHL playoff viewership down nearly two-thirds across Canada, the television executive who committed Toronto-based Sportsnet to a 12-year, multibillion-dollar broadcasting rights agreement joked how glad he was to have a third-floor office.

If Scott Moore considered jumping, "I would just sprain my ankle," the Sportsnet President told The Associated Press with a laugh during a telephone interview Friday.

"We're disappointed but we're not panicked," is how Moore assessed his reaction to the ratings returns a little over a week into the league's first post-season in 46 years without a Canadian team.

The first-round playoff series being broadcast on Sportsnet's cable channels and CBC drew an average of about 500,000 viewers from April 13-17. That's down from about 1.3 million over the same period last year, when five of Canada's seven teams were competing.

The drop in numbers is happening two years into Sportsnet's a \$5.2 billion (Canadian) deal in which it acquired the NHL's English-language broadcasting

rights north of the border. The agreement includes the cable company controlling advertising and production rights of games shown on CBC, the nation's public broadcaster.

Moore isn't surprised Canadians are tuning out on their national past-time because there are no "home" teams competing. He said the drop in numbers is no different in the United States when Major League Baseball's Toronto Blue Jays or NBA Toronto Raptors make the playoffs.

By comparison, the ratings north of the border are still outpacing those in the U.S.

NBC announced that the first eight days of the playoffs have drawn and average 484,000 viewers. That's up by about 30,000 over that same last year, but pales in comparison to Canada and its population-base of 35 million.

Looking ahead, Moore cites competitive parity in the NHL's salary-cap system as the reason he expects the cross-border playoff imbalances to even out over the length of the TV contract.

"If this was a three-year deal or a five-year deal, I think we'd be more concerned," Moore said. "But I'd rather this

occurred in Year 6 of the deal and after we had a couple of Toronto-Edmonton Stanley Cup finals so that people would understand that, over the course of the 12-year deal, things will even out."

Moore is encouraged that the Toronto Maple Leafs might finally be showing signs of having direction under a new regime led by team president Brendan Shanahan. And he doesn't believe the Montreal Canadiens' injury troubles will carry over into next season.

The Maple Leafs, who have made the playoffs just once in the past 11 years, have the potential of drawing 3 million viewers, with the Canadiens second at 2.5 million, Moore said.

NHL Commissioner Gary Bettman isn't concerned about lagging Canadian viewership.

"When you look at a first round where you go from having five Canadian teams to none, you're going to see an impact in ratings," Bettman told a meeting of Associated Press Sports Editors on Friday. "Let's see what it looks like as it goes on. If we get a great Stanley Cup Final, I'm sure hockey fans from all over will find it compelling and will watch."

Moore is already looking ahead to the

second round and a potential showdown between Alex Ovechkin's Washington Capitals and Sidney Crosby's Pittsburgh Penguins.

"Yeah, we'd love to have that," Moore said.

Ratings weren't the only TV-related issue Bettman addressed at the league's headquarters.

The commissioner took issue with criticisms raised over late starting times by Blackhawks broadcaster Pat Foley during Chicago's 4-3 double-overtime victory over St. Louis on Thursday night. Foley said players and fans hate games starting at 9:42 p.m. EDT, which lead to having regulation approach midnight.

Bettman said the NHL staggers the start of games so they don't overlap. He also noted NBA playoff games start at 9 p.m., and the NFL's Sunday night games kickoff at 8:30 p.m..

"That everybody hates it, it was, I think, off the mark," Bettman said, saying Blackhawks President John McDonough called him to say he wasn't happy with Foley's comments. "If we put all the games on at the same time, I guarantee you, we'd be criticized for that."

Library exhibit hit by hate vandals

Record Staff
SHERBROOKE

An exhibition at Sherbrooke's Éva-Sénécal Library was the target of racists earlier this month when two portraits of Muslim citizens were vandalized.

The exhibition "Quebecers, Muslim, and after" brought together several por-

traits of Muslim people in their daily lives to illustrate the multiplicity and richness of their social commitments in our society. Two of them, as well as book reviews submitted for the attention of visitors, were marked by poorly spelled hate messages, such as "Musulman terrorist!" (Sic) or "Atancion! Musulman est religion terroriste! Thank you!" (Sic).

A formal complaint was filed with the Sherbrooke Police Department on April 14 but further details are not forthcoming.

This is not the first Islamophobic act in Sherbrooke. In February 2014, the grocery-butcher Tiba, on Denault St. was the target of a similar attack when his showcase window was smashed twice before

it was hit by two very apparent rifle bullets after being replaced. A large number of small crosses were also scattered on the ground and a sign marked "No to Islam" was planted next door. A 53 year old Sherbrooke man, Guy Cardinal, pleaded guilty to the acts and was fined \$500.



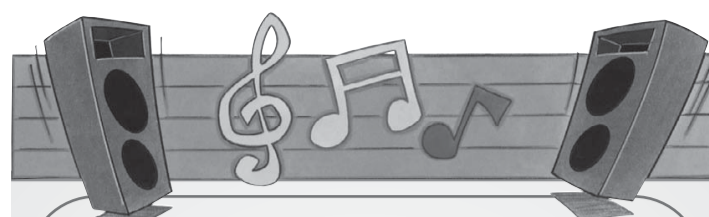
Fact or Fiction? Music Group Challenge

The music groups that appeal to kids and teens are endless. Here are some questions about some of them. How many can you answer correctly?

- 1) Deedee, Rooney and Bo make up the Doodlebops. **Fact or Fiction?**
- 2) Rooney Doodle plays the guitar. **Fact or Fiction?**
- 3) The original Wiggles were Greg, Anthony, Murray and Jeff. **Fact or Fiction?**
- 4) When the red Wiggle decided to leave the band, Sam replaced him. **Fact or Fiction?**

- 5) Laurie Berkner sings "Buzz Buzz." **Fact or Fiction?**
- 6) Susie, Adam and Bob play in The Laurie Berkner Band. **Fact or Fiction?**
- 7) The Jonas Brothers sing "Lovebuggy." **Fact or Fiction?**
- 8) Kevin, Nick and Joe Jonas starred in Camp Rock. **Fact or Fiction?**
- 9) The names of the guys in Big Time Rush are Kendall, James, Carlos and Lincoln. **Fact or Fiction?**
- 10) Big Time Rush sings "Halfway There." **Fact or Fiction?**

Answers: 1) Fiction, their names are Deedee, Rooney and Moe; 2) Fact; 3) Fact; 4) Fiction, it was Greg, the yellow Wiggle, who left the band; 5) Fact; 6) Fact; 7) Fiction, they sing "Lovebug"; 8) Fact; 9) Fiction, their names are Kendall, James, Carlos and Logan; 10) True

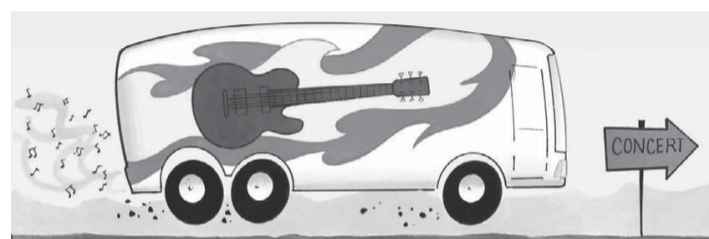


Name That Instrument

Concert stages are often filled with musical instruments. Fill in the blanks to name some of the instruments that might be found on a concert stage.

- 1) _ R U _ S
- 2) G _ _ T A _
- 3) P I _ N _
- 4) S A _ O _ _ O N E
- 5) _ I O L _ N
- 6) K _ Y _ O A _ D S
- 7) B _ N J _

Answers: 1) Drums 2) Guitar, 3) Piano, 4) Saxophone, 5) Violin, 6) Keyboards, 7) Banjo



Behind the Scenes

Have you ever seen a concert and thought how cool it would be to sing to hundreds of fans? While performing can be fun, it can also be a lot of work.

Most concerts are part of a tour that travels from town to town, usually by bus for several weeks at a time. In addition to spending a lot of time on the road, performers must also spend a lot of time practicing at each stop on the tour. They must make sure their equipment is set up right, they can move around the stage freely and they sound great.

While on tour, performers might also have to attend special events, do interviews, meet with fans and sign autographs. It all depends upon how big the tour is and what the people putting on the tour want.



Jokes and Riddles

Q: What kind of concert scares balloons?

A: A pop concert.

Q: What's the difference between a piano and a fish?

A: You can't "tuna" a fish.

What Rhymes with

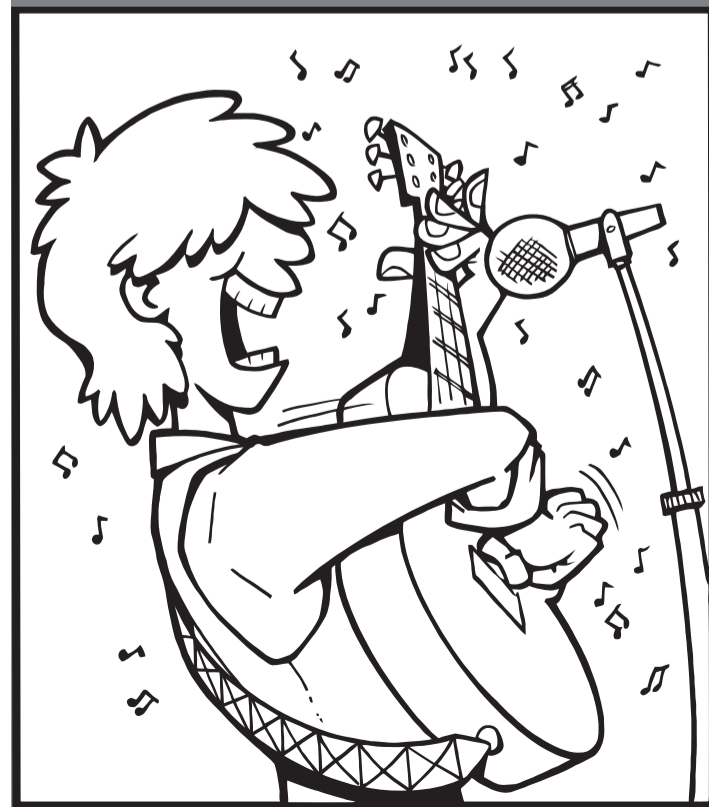


List 10 words that rhyme with "play."

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Some answers: clay, day, fray, gray, hay, may, play, ray, stay

COLORING PICTURE



Datebook

MONDAY, APRIL 25, 2016

Today is the 116th day of 2016 and the 37th day of spring.

TODAY'S HISTORY: In 1859, British, French and German engineers began construction on the Suez Canal in Egypt.

In 1898, the United States declared war on Spain.

In 1945, U.S. and Soviet troops met at the Elbe River in Germany, signaling the defeat of German defenses.

In 1953, Francis Crick and James D. Watson published an article describing the double helix structure of DNA.

In 2011, a four-day tornado outbreak in the southern United States began, producing 358 confirmed tornadoes and killing more than 300 people.

TODAY'S BIRTHDAYS: Oliver Cromwell (1599-1658), soldier/politician; Edward R. Murrow (1908-1965), journalist; Ella Fitzgerald (1917-1996), singer; Meadowlark Lemon (1932-2015), basketball player; Jerry Leiber (1933-2011), songwriter/producer; Al Pacino (1940-), actor; Hank Azaria (1964-), actor; John Henson (1965-2014), puppeteer; Joe Buck (1969-), sportscaster; Renee Zellweger (1969-), actress; Jason Lee (1970-), actor; Tim Duncan (1976-), basketball player.

TODAY'S FACT: In 1901, New York became the first state to begin requiring automobile license plates.

TODAY'S SPORTS: In 1950, Chuck Cooper became the first African-American drafted into the NBA when he was selected by the Boston Celtics with the first pick of the second round.

TODAY'S QUOTE: "The newest computer can merely compound, at speed, the oldest problem in the relations between human beings, and in the end the communicator will be confronted with the old problem, of what to say and how to say it." — Edward R. Murrow

TODAY'S NUMBER: 26,723 — nautical miles traveled by the U.S. Navy's nuclear-powered submarine USS Triton during its 60-day, 21-hour submerged circumnavigation of the world, completed on this day in 1960.

TODAY'S MOON: Between full moon (April 21) and last quarter moon (April 29).

Cemetery Meeting

RIVERSIDE CEMETERY

The annual general meeting of the Riverside Cemetery Company will be held in the Town Hall, East Farnham on Saturday, April 30, 2016 at 10 a.m. All interested parties are hereby invited to attend and to bring food for a short picnic lunch al fresco in the Cemetery, weather permitting.

David Byers,
Secretary



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Death



Audrey Amelia ROSE (nee White)

Peacefully, at Riverview Terrace in Brantford, Ontario on Wednesday, April 20, 2016. She was in her 94th year. Audrey walked with God all her life. She will be remembered for her compassionate and loving ways. Beloved wife of the late Keith Rose. Loving mother of Heather Green

and her husband Laverne, Brantford; Peter Rose and his wife Carole, Bluevale and Joanne Townshend of Brantford. Proud Grandma of six grandchildren: Trina, Tim, Debbie, Christopher, Jennifer and Kevin and their families, including 11 great-grandchildren. Audrey will be remembered by many nieces and nephews and good friends. Audrey was born in Corbyville, Ontario. She and her family moved around finally settling in Valleyfield, Quebec where she met Keith, who was stationed with the Royal Canadian Airforce. Following their marriage, Keith took Audrey back to Sherbrooke, Quebec where they raised their family. In the spring of 1977, Keith and Audrey moved to Gowanstown, Ontario, where Audrey remained for two years following Keith's death in February of 1993. She moved to Paris in July of 1995, where she resided until late November of 2015. After a lengthy stay in hospital she moved to Riverview Terrace in Brantford, Ontario. Audrey was a member of St. Andrew's Presbyterian Church in Sherbrooke, Quebec, Knox Presbyterian Church of Listowel, Ontario and Bethel Stone United Church in Paris, Ontario. Audrey's family wish to thank the numerous friends that have so lovingly cared for her in the past couple of years and the Brantford General Hospital Staff, Riverview Terrace, CCAC and Bay Shore CBI who provided such good care and compassion in her last months.

Funeral arrangements entrusted to the DWAYNE D. BUDGELL Funeral Home. Audrey will be buried in the Elma Centre Cemetery in Atwood on Tuesday, April 26, 2016 at 2 p.m. A Celebration of Life Service will be held at Bethel Stone United Church, 154 Bethel Road, Paris, Ontario on Saturday April 30th, 2016 at 2 p.m. Rev. Adrienne Robertson will officiate.

In lieu of flowers, donations made to Bethel Stone United Church, in Audrey's memory, would be appreciated by the family.

Online condolences may be made at www.budgellfuneralhome.ca.

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ASK DOCTOR K

By Anthony L. Komaroff, M.D.

DEAR DOCTOR K: It seems like several years ago all my friends were taking antioxidant pills. Now I don't hear about antioxidants as much. Are they worth taking?

DEAR READER: Here's what we know, and here's what is still controversial. The cells of our body are full of chemicals interacting with other chemicals. In the process of getting the energy they need to survive and carry out their functions, cells naturally produce chemicals called "free radicals." Just as political free radicals can sometimes damage society, chemical free radicals can damage body tissues.

Our environment also exposes us to substances that increase our production of free radicals. Examples are tobacco smoke, ultraviolet rays and air pollution.

To fight the effect of free radicals, our body makes natural antioxidant chemicals. We also get antioxidants in foods. In particular, several vitamins — primarily vitamins A, C and E — have antioxidant powers.

If the levels of antioxidants match the levels of free radicals, we're in balance. However, if free radicals exceed the antioxidants in our body, we're out of balance. This is called "oxidative stress." Frequent bouts of oxidative stress may increase the pace of aging.

There is very strong evidence that eating a lot of foods rich in antioxidants can help lower your risk of many diseases. Good food sources of antioxidants include fruits and vegetables, particularly tomatoes, kale, blueberries, onions and apples. Other good sources include dark chocolate, whole grains, coffee, green tea and vegetable oils. That's not controversial.

Here is where the controversy begins. As scientists came to better understand the balance between free radicals and

antioxidants, a beautiful theory emerged. Perhaps, scientists thought, taking antioxidant vitamin supplements would slow diseases of aging. Perhaps these supplements would fend off heart disease, improve flagging vision and curb cancer. It was a theory worth testing.

Some scientists find their theories so attractive that they don't bother to test them. When that happens, they cease being scientists. Much more often, scientists put their theories to the test. Because the antioxidant vitamin pill theory was so compelling, a lot of time and effort was spent in testing it.

Unfortunately, results from well-designed trials of antioxidant supplements have failed to back up many of the claims of benefits. One study pooled results from 68 trials with more than 230,000 participants. It found that taking antioxidant supplements is unlikely to help you live longer. Sixty-eight rigorous studies, involving hundreds of thousands of people whose health was followed for many years, failed to show a benefit from antioxidant vitamin supplements.

Sometimes something terrible happens to scientists: a beautiful theory is murdered by a brutal gang of facts. Those 68 studies were a brutal gang indeed.

It was good that those studies were done, even if the results disappointed some scientists. People were spending a lot more money buying these supplements than was spent conducting the research to see if they were worth taking.

To answer your question, I don't recommend that people routinely take antioxidant vitamin supplements. Your money is better spent elsewhere.

(This column is an update of one that ran originally in March 2013.)

Dr. Komaroff is a physician and professor at Harvard Medical School. To send questions, go to AskDoctorK.com, or write: Ask Doctor K, 10 Shattuck St., Second Floor, Boston, MA 02115.

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Whenever I bring up the topic of becoming an astronaut, they quickly shut it down

MONDAY, APRIL 25, 2016

Annie's Mailbox

Dear Annie: I am 15 years old and I love your column. Here's my problem: Ever since I was a little girl, I had one dream — to become an astronaut. I would gaze at the stars for hours each night, and I learned everything I could from books.

However, my parents have always drilled into me that I was to become a doctor or lawyer. They are very strict, and I always have obeyed them. I believe they do this for my benefit. My parents grew up poor. They want me to make heaps of money so I will want for nothing.

Whenever I bring up the topic of becoming an astronaut, they quickly shut it down, because they don't believe astronauts earn enough. My parents will never support me in this. I have only one path, already drawn, complete with college courses and job openings. My parents see their friends' children becoming lawyers, surgeons or specialists, and they expect me to do the same. Even my teachers and friends give me doubtful looks when I tell them what I want to do.

But let's say that I cut ties with my parents and take college classes in physics and astronomy and don't get into NASA. Medicine is a solid field. You can find jobs anywhere. Shoot for the stars? Very funny. Do I live for myself or my parents? — Trapped in the Grave of a Dream

Dear Trapped: Dreams are great, but they do not always translate to reality, as you know. According to NASA, the competition to be an astronaut is, well, astronomical — there are an average of 4,000 applicants for 20 openings every two years. You'd need a degree in engineering, science or mathematics, and then three years of related experience. Astronaut salaries are solid, but will not make you wealthy. But we don't want you to give up your dream if you are that committed to it.

The good news is, you don't have to decide today. In college, a pre-med program will require many of the same science classes that you would need to be an astronaut. This will give you an opportunity to see how well you do in those subjects, and your parents will have no objections.

Dear Annie: My husband died recently from complications due to Parkinson's disease. He, too, suffered the indignities of incontinence, and initially refused adult diapers, even though he needed them.

I solved the problem by asking the nursing staff not to use the "D" word. After all, infants wear diapers and I did not want to infantilize my husband. I asked them to use the word "undergarments" to preserve the patient's dignity.

I am happy to report that the entire staff eliminated the word "diaper" around my husband, and probably around all the other residents of the nursing home, as well. Hopefully, they understood that one must give dignity and respect to everyone, no matter the circumstances. — Advocating for My Husband

Dear Advocate: Sometimes the solutions to such problems are simple.

Dear Annie: I want to write a letter to all the adult children who enjoy overnight visits to Grandma's house with the kids. We love to have you.

But I have to tell you that Grandma is getting older and slower. She's also caring for Great-Grandma. Oh, she puts on a good show, but the truth is, she needs to rest after you leave. So, I would like to make a suggestion. Before you rush back home, bring the sheets and towels to the laundry room and wash them. Make the bed. You might even sweep the kitchen floor. Consider this a good example for your children to see how to conduct themselves when they start bringing their own children to your house someday.

Please remember that she is "your mom" and not "your maid." I'm looking forward to having you back next year. We love you. — Kansas Granddad

Dear Kansas: Adult children often freeze their parents at the moment they left home and don't see that their energy levels and physical health have changed. We hope they will listen to your suggestions — and Granddad, we hope you are helping Grandma, too.

Dear Annie: This is in response to the letter from "Perplexed Dad," whose son had a math problem

wherein both agreed the answer was 8, but the teacher said it was 6. You agreed with Dad.

I'm a retired math teacher with a Ph.D. in math education, and I'd like to say that the "runs around the track four times more" problem probably has no right answer because it is so poorly written. If it said, "John made four times as many laps as Sue," it would be multiplication. If it said, "John made four more laps than Sue," it would be addition. The word "times" often (but not always) means to multiply and often (but not always) means to add.

Another good answer to that problem might be 10: If Sue makes two laps and John makes four times more, that would be eight more, for a total of 10. If I were the teacher, I'd ask the kids to write a problem about running around a track that requires multiplication and another that requires addition.

But there are two really worrisome issues about this problem in my view. The first is that kids get discouraged enough about math without poorly written problems. The second is that these poorly written problems are everywhere, including on tests, and kids are essentially penalized for failing mind reading. — K

Dear K: We heard from a lot of readers, many of whom were angry with us for not knowing the answer was definitely 6, and others who said it was obviously 8, and a few, like you, who said it could be 10.

We totally agree that the question was poorly written and the meaning ambiguous. Here's why we concurred with Dad that it was a multiplication problem: The son is 8 years old and in third grade. A simple addition problem of two-plus-four would be too easy for that grade level. Most third graders are doing multiplication and division. But we're delighted to mess with everything and go with 10. Our thanks to all who wrote.

Annie's Mailbox is written by Kathy Mitchell and Marcy Sugar, longtime editors of the Ann Landers column. Please email your questions to anniesmailbox@creators.com, or write to: Annie's Mailbox, c/o Creators Syndicate, 737 3rd Street, Hermosa Beach, CA 90254. You can also find Annie on Facebook at Facebook.com/AskAnnie.

Ayer's Cliff Fifty Plus Club

It was a beautiful day on April 5 when the Easter Bunny returned to Ayer's Cliff to pay a visit to Fifty Plus.

Decorations of bunnies, ducks, chicks, eggs and spring Daffodils greeted the members as they arrived. Phyllis is still puzzled as to why, it's the bunny who hides the Easter eggs?

President Linda started the day by welcoming the fifty members and three guests Jim Mackay, Tina Linde and Sue Keeble. Linda thanked Barb and Lois for cheerfully selling the half and half tickets. Also thanking May, Ben, Mel and Phyl for setting up and to May for her lovely decorations. Linda, as usual, had a few good jokes to share with the group, one about a lady ordering a glass of Scotch with two drops of water. Then a few sayings like Old is When - "Getting lucky means" you can find your car in the parking lot.

The Blessing was asked by Vice-President Phil Kerwin. Phil then drew the

table numbers to line up for the meal prepared by Cindy at Le Bon-D. Our menu today was scalloped potatoes, baked ham, mashed carrots/turnip, coleslaw, beet pickles and rolls. Thank you Cindy, a very delicious meal. There was no birthday cake this month as sugar on snow was our delight.

Birthdays in the month of April were Barbara Carbonneau, Lise Beauvais, Wallace Mosher, Margaret Gillam, Leta Dustin, Arnold Mackeage. We all sang the birthday song which was played by Tina Whipple.

Everyone donating to the Food Basket was given a ticket. One ticket was drawn and the lucky winner of a Big Cuddly Rabbit was Allen Bullock.

The Half and Half was divided and won by Lois Cooper, Phil Kerwin and Barb Smith. There was a Bunny Guessing Game: Mary Levasseur had the correct answer.

Door prizes were won by Mary Levasseur, Jean Martin, John Dawson, Bar-

bara Carbonneau, Norma Mackinnon, Sandra Dezan, Marguerite Dunlop, Cassey Vriesendorp, Leta Dustin, Mel Dustin, Sue Keeble, Jackie Tilton and Allen Bullock.

Noting all the Easter Bonnets in the hall. It was time for the Easter Parade. Tina Whipple at the piano played "The Easter Parade" while the contestants marched around modeling their pretty decorated hats. The ladies first prize was won by our President Linda, second to Marguerite Dunlop. The men's best hat was won by Arnold Mackeage. Congratulations to all our winners.

Soon the tables were cleared and very capable hands were in the dish pan. A big thank you to those who volunteer each month for clean up duty.

It was now time for our tasty treat of sugar on snow. Mel had realized in early March, snow was melting fast. He had gathered snow and put it in the freezer. Lucky for us, he was on the ball. As

usual a few nice gentlemen turned up to help retrieve the snow from the back freezer. With his expertise, Mel was busy boiling the syrup to perfection so it would lay on the snow just right. After a few test runs, Mel and May decided it was ready to eat. Many enjoyed stirring the golden delight in a small cup to take home. The syrup was provided by Jamie, a friend of Fifty Plus. The sugar on snow party would not have been complete without the delicious doughnuts made by Jean Cass.

Linda gave a special thank you to Mel who gave his time preparing the syrup. Thank you to Jamie and Jean, it was delicious and we all enjoyed it. Also to all the other helping hand it takes to pull a sugar on snow party off. Linda reminded everyone Patrice Gregoire would be here for our next meeting on May 3. See you all next month.

Submitted by
Phyllis Dustin, Secretary

Email your social news to classad@sherbrookerecord.com

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

“ WISKOR KY LGWJSKTJA. KT K'B
NXGVJZKIGZ SHUWXZ ZHKOR KS, KS
KY LGIWJYG HT SPG VHD K ZGKCG
TXHB KS.” — RGHXRG FGOOGZD

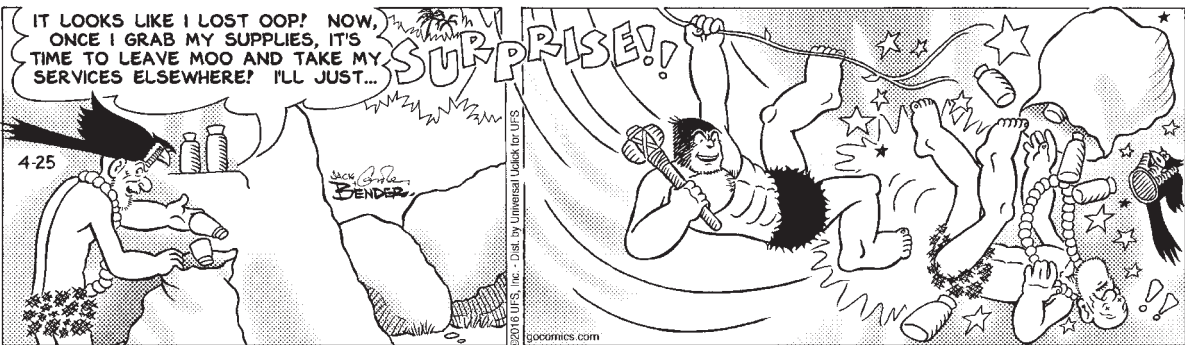
Previous Solution: “Anytime a person goes into a delicatessen and orders a pastrami on white bread, somewhere a Jew dies.” — Milton Berle

TODAY'S CLUE: 7 equals 4

REALITY CHECK



ALLEY OOP



ARLO & JANIS



THE BORN LOSER



FRANK AND ERNEST



HERMAN



“As soon as someone discovers gravity, they'll all hit the ground.”

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SUDOKU

Difficulty: 2 (of 5)

9				5	7		8
2		4			6		
3		5		6			
	2			1			4
1		9				8	6
5			9	4			
			8	9	6		3
	9	1		3		8	
7							4

4-25-16

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PREVIOUS SOLUTION

5	3	4	8	7	2	1	9	6
1	2	8	3	9	6	7	4	5
6	7	9	1	5	4	8	3	2
8	4	7	9	6	5	3	2	1
2	6	1	4	8	3	5	7	9
3	9	5	7	2	1	6	8	4
7	5	3	6	4	9	2	1	8
4	8	6	2	1	7	9	5	3
9	1	2	5	3	8	4	6	7

HOW TO PLAY:

Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

Your Birthday

MONDAY, APRIL 25, 2016

Trust in what you know and can see firsthand. Practicality and common sense will come in handy with regard to professional decisions. Before you make a commitment, make sure your financial budget is capable of handling the expense it will take to achieve your goals.

TAURUS (April 20-May 20) — You are best off speaking out if you want to avoid being poorly represented. Protect your money and possessions against loss or theft. Avoid joint ventures.

GEMINI (May 21-June 20) — You may be questioned if you are inconsistent about the way you feel or what your expectations are. Don't take on too much or let indulgence tempt you.

CANCER (June 21-July 22) — Stick to your plan, regardless of how others react. It's important to show consistency and strength of character if you want to be first. Partnerships and home improvements are favored.

LEO (July 23-Aug. 22) — Personal changes will make you happy and encourage you to socialize more with valuable people. Interaction with children or elders will prove challenging and insightful.

VIRGO (Aug. 23-Sept. 22) — Speak on your own behalf. Someone will misinterpret what you want to portray. Personal disagreements are best dealt with cautiously if you want to avoid regret. A trip will prove insightful.

LIBRA (Sept. 23-Oct. 23) — Getting

together with people you adore will encourage you to plan a trip or night out on the town. An aggressive approach to love will bring you closer to someone special.

SCORPIO (Oct. 24-Nov. 22) — Put more thought into cutting costs and using your space at home more efficiently. A partnership will influence an important decision regarding an investment or pending settlement.

SAGITTARIUS (Nov. 23-Dec. 21) — Get the facts before you make a decision or challenge someone in a position to make you look bad. Act on the personal changes you want to make. Romance will improve your life.

CAPRICORN (Dec. 22-Jan. 19) — Don't worry about what others are up to. Focus on home and family, and do your best to bring about a warm environment conducive to family fun and entertainment.

AQUARIUS (Jan. 20-Feb. 19) — Refuse to let anyone stand between you and your dreams. Make personal or physical changes that encourage a career move. Let your emotional energy be the force that drives you.

PISCES (Feb. 20-March 20) — Observe the way people react to you before you respond. Personal progress will bring much better results than trying to change others. Offer encouragement, not criticism.

ARIES (March 21-April 19) — Don't hesitate to bring about change. Wheel and deal until you are in a position to advance. Don't be afraid to do things differently. Rely on yourself, not someone else.

MONDAY, APRIL 25, 2016

This underlines bridge experts

By Phillip Alder

Niels Bohr said, "An expert is a man who has made all the mistakes that can be made in a very narrow field."

A bridge expert would not make mistakes in this week's deals, because he always keeps track of high-card points — during the auction and as the play progresses.

This deal is relatively straightforward. Look at the North-South hands and the bidding. How should South plan the play in three no-trump after West leads a heart?

South should overcall one no-trump, not make a takeout double. Yes, he would prefer a second heart stopper, but he has to do the best he can and hope partner takes a few useful goodies. Here, North has an easy raise to game. Remember to be aggressive in these situations because partner will be able to place the cards accurately from the bidding.

West leads the heart three, low from a tripleton in a suit partner bid that he did not support. This is the one time low from length does not promise an honor in the suit.

Declarer has six top tricks: three spades, one heart, one diamond and one club. A successful finesse in either minor will bring in the extra three winners that he needs. But which finesse

				North		04-25-16		
				♠	8 5 4			
				♥	7 2			
				♦	Q J 10 9			
				♣	A Q J 10			
West				East				
♠	10 9 7 6 2				♠	J 3		
♥	6 4 3				♥	K Q J 8 5		
♦	6				♦	K 5 4 2		
♣	8 6 5 3				♣	K 7		
				South				
				♠	A K Q			
				♥	A 10 9			
				♦	A 8 7 3			
				♣	9 4 2			
Dealer: East								
Vulnerable: Neither								
South	West	North	East					
1NT	Pass	3NT	1♥					
				All Pass				
Opening lead: ♥ 3								

should he take?

There are only 13 high-card points missing, so East must have both of the minor-suit kings. Therefore, when South wins with the heart ace, he crosses to the club ace, and takes the diamond finesse three times.

Keep counting and tracking the high-card points.

CROSSWORD

Across

- 1 One capsule, say
- 5 Metaphorical sticking points
- 10 Jacob's twin
- 14 App that connects riders with drivers
- 15 Hard pattern to break
- 16 Prominent giraffe feature
- 17 *Sing on key
- 19 Skedaddle
- 20 "Please, I've heard enough," in texts
- 21 Speaker on a soapbox
- 22 Cutlass automaker
- 23 Jungle adventure
- 25 Store with Kenmore appliances
- 27 Sloppy
- 30 Corsage flower
- 33 Players in a play
- 36 Severely injure
- 38 Crystal-bearing rock

- 39 Illuminated
- 40 *Try, with "at"
- 42 Civil War soldier
- 43 Desert building brick
- 45 Fashion magazine that's also a French pronoun
- 46 In-flight predictions: Abbr.
- 47 Trickery
- 49 Discourage
- 51 24__ gold
- 53 Draft choices
- 57 Whitewater ride
- 59 One with a bleeping job
- 62 Feel sorry about
- 63 Notable periods
- 64 Make available, as merchandise ... and a hint to the start of the answers to starred clues
- 66 Law business
- 67 Entices

- 68 Continent explored by Marco Polo
- 69 "__ old thing"
- 70 Lyric poem
- 71 Neighbor of Kent.

Down

- 1 Tear conduits
- 2 Bush successor
- 3 Sans __: type style
- 4 Make a mistake
- 5 Compelling charm
- 6 Pro __: in proportion
- 7 Share a border with
- 8 Lushes
- 9 Hi-fi system
- 10 Implement, as laws
- 11 *Underestimate
- 12 Breezed through, as a test
- 13 Luau instruments
- 18 Days of old
- 24 Tsp. or tbsp.

S	H	E		B	L	E	W		D	I	R	E	L	Y		
T	O	M		R	A	M	A		A	N	E	M	I	A		
O	M	B		O	V	I	D		D	A	M	P	L	Y		
R	E	O		W	A	R		E	S	C	O	R	T	S		
M	A	S	K	S		S	U	M		A	R	E	S			
E	L	S	I	E		A	P	B		G	A	S				
D	O	I	T		O	U	T	A	G	E		S	E	S		
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			P	R	I	E		O	W	N		B	R	E	C	K
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A	M	U	S	E	D		E	D	A	M		A	I	M		
G	E	N	E	V	E		T	O	M	B		G	N	U		
E	N	D	S	I	N		A	G	E	S		E	S	P		

- 26 Constellation named for a mythological ship
- 28 Rescue
- 29 On-ramp sign
- 31 Original thought
- 32 Belles at balls
- 33 Not naked
- 34 Teacher's helper
- 35 *Cattle enterprise
- 37 Bachelor party attendee
- 40 Estate beneficiary
- 41 Warm up for the game
- 44 "I'm baffled"
- 46 Unit of work

- 48 Bring down the running back
- 50 Make, as a living
- 52 Prepare to drive, as a golf ball
- 54 Wipe clean
- 55 Altercation
- 56 Family auto
- 57 Foul callers, at times
- 58 Operatic song
- 60 Fictional sleuth Wolfe
- 61 Went like the wind
- 65 It may be tipped by a gentleman

1	2	3	4		5	6	7	8	9		10	11	12	13	
14					15						16				
17					18						19				
20					21						22				
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57	58						59		60	61			62		
63							64						65		
66							67						68		
69							70						71		



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BONUS CASH
AVAILABLE ON PURCHASES ONLY.

ON OTHER SELECT 2016 DODGE JOURNEY MODELS (EXCLUDING SE AND SE PLUS MODELS)

OR CHOOSE



Starting From Price for 2016 Dodge Journey Crossroad 4X2 shown, including \$2,000* in Consumer Cash Discount, \$1,500[§] in Bonus Cash and \$500[§] in Bonus Cash from April 19 to May 2, 2016: \$31,140**

NEW • TOTAL DISCOUNTS OF UP TO \$5,000[°]

ON THE 2016 DODGE **JOURNEY SXT** WITH **M A X** PACKAGE

- + Heated front seats
- + ParkSense® rear park assist
- + Power driver's seat adjustments
- + Tri-zone temperature control
- + Uconnect® multimedia centre with Bluetooth® and SiriusXM™ satellite radio
- + 19-inch aluminium wheels



+ 7-passenger flexible seating



+ 8.4-inch touchscreen and ParkView® rear back up camera
+ Tri-zone temperature control



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REBUILDING YOUR CREDIT? SUBPRIME RATES FROM ONLY 4.99% OAC^Ω

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Wise customers read the fine print: Δ, °, *, †, ‡, §, Ω. The offers of this ad apply to retail deliveries of select new and unused models purchased from participating retailers as of April 19, 2016 and during the current month only. Offers are subject to change and may be extended without notice. Prices and lease offers include freight charges (\$1,745) and A/C charge (when applicable). No fees will be added to the all-inclusive purchase prices of the advertised models. Prices and lease offers exclude license, insurance, duties on new tires (\$15) and applicable taxes, and will be required at signing. A down payment may be necessary (when applicable). Retailer may sell or lease for less. See participating retailers for complete details and conditions. Lease Loyalty/Conquest Pull-Ahead Bonus Cash is available to eligible customers on the retail purchase or lease of a select 2016 Chrysler, Dodge, Jeep, Ram or FIAT model at participating dealers and is deducted from the negotiated price after taxes. 2016 Chrysler 200 LX, Jeep Cherokee Sport, Jeep Compass Sport, Dodge Dart, Dodge Charger SRT Hellcat, Dodge Challenger Hellcat, Dodge Journey SE and SE Plus, Dodge Grand Caravan SE, Dodge Viper, FIAT 500 Pop, FIAT 500L Pop and Ram 1500 Reg Cab models are excluded. LIMITED-TIME OFFER. Eligible customers are individuals who are currently leasing a Chrysler, Dodge, Jeep, Ram or FIAT vehicle, or any other competitive vehicle, with an eligible lease contract in their name on or before April 1, 2016. Proof of Registration and/or Lease agreement will be required. Trade-in not required. See your dealer for complete details. *Up to \$10,850 in Total Discounts are applicable to retail purchases of 2016 Dodge Grand Caravan SXT models, equipped with a MAX Package (JCDP49 + 29G + AAX + AAY + AT4) and purchased at participating retailers, and consist of \$7,000 in Consumer Cash Discount, up to \$2,500 in Consumer Cash Discount, up to \$850 in MAX Package Discounts and \$500 in Bonus Cash applicable on purchases only from April 19 to May 2, 2016. Some conditions apply. Valid on in-stock units only. See your participating Max Package retailer for complete details. **Consumer Cash Discounts are offered on select new 2016 models and are deducted from the negotiated price before taxes. \$7,000 Consumer Cash Discount is applicable on 2016 Dodge Grand Caravan models, excluding SE and SE Plus models, which qualify for a \$7,100 Consumer Cash Discount. \$2,000 Consumer Cash Discount is applicable on 2016 Dodge Journey models. See participating retailer for complete details. †Based on 115 Automotive Polk Canadian Vehicles in Operation data available as of July 2015 for Cross-over. Segments as defined by FCA Canada Inc. ‡Based on 115 Automotive Polk Canadian Vehicles in Operation data available as of July 2015 for Crossover. Segments as defined by FCA Canada Inc. §Based on 115 Automotive Polk Canadian Vehicles in Operation data available as of July 2015 for Crossover. Segments as defined by FCA Canada Inc. ΩBased on 115 Automotive Polk Canadian Vehicles in Operation data available as of July 2015 for Crossover. Segments as defined by FCA Canada Inc. †Based on 115 Automotive Polk Canadian Vehicles in Operation data available as of July 2015 for Crossover. Segments as defined by FCA Canada Inc. ‡Based on 115 Automotive Polk Canadian Vehicles in Operation data available as of July 2015 for Crossover. Segments as defined by FCA Canada Inc. §Based on 115 Automotive Polk Canadian Vehicles in Operation data available as of July 2015 for Crossover. Segments as defined by FCA Canada Inc. ΩBased on 115 Automotive Polk Canadian Vehicles in Operation data available as of July 2015 for Crossover. Segments as defined by FCA Canada Inc.