

outaouais alliance

**Affiliate member of
Alliance Quebec**

Outaouais Alliance is a volunteer organization formed to identify the common concerns and interests of the English-speaking residents of West Quebec, to unite their resources and to act as a spokesman for the common goals of the English-speaking community of West Quebec.

As an organization it encourages a strong sense of identification, involvement, and participation by English-speaking residents in all aspects of Quebec life.

- HEALTH AND SOCIAL SERVICES - YOUR RIGHTS

The provincial act respecting health services and social services gives every person the right to receive adequate services without discrimination or preference based on race, color, sex, religion, language, national extraction, social origin, customs or political convictions.

If you have trouble obtaining required health or social services, please contact the Hull office of Outaouais Alliance at (819) 777-0177.

Local Office - Maniwaki - (819) 449-3719

Local Office - Pontiac - (819) 647-2271

Local Office - Papineau - (819) 986-5473

YOUR GUIDE TO HEALTH AND SOCIAL SERVICES

This Directory has been divided into the seven zones which Outaouais Alliance uses for identification purposes.

Aylmer (City)

Gatineau (City of Gatineau, Pointe Gatineau)

Gatineau Valley - Lower (West Hull, Wakefield, Low, Kazabazua)

Hull (City)

Papineau (Buckingham, Poltimore, Thurso, Masson)

Pontiac (Shawville, Campbell's Bay, Fort Coulonge, Bryson, Otter Lake, Quyon, Luskville)

Every effort has been made to insure up-to-date information. However, should you notice an error or missing information, please contact us and corrections will be noted in the next Outaouais Alliance newsletter and in the next edition of this directory.

YOUR HEALTH CARE SYSTEM

The regional network of Health and Social services, as organized by the Ministry of Social Affairs, consists of the following:

**CSSSO Conseil de la Santé et des Services Sociaux de l'Outaouais
Regional Health and Social Services Planning Council**

Receives complaints regarding any establishments within the Health and Social Services network.

CH: (Centre Hospitalier) Hospitals

Surgery - Diagnosis - Medicine - Radiology - Preventative Medicine - Rehabilitation - Chronic Care - Treatments - Emergency.

**CLSC'S: (Centre Local des Services Communives)
Local Community Service Centres**

Community Action - Homecare - Dental Hygiene - Nutrition - Information and Referral - Family Planning - Prevention Industrial Health - Prenatal Care - Well-Baby Clinics - School Health. Services available in English vary from CLSC to CLSC - check your local CLSC - if they don't have it ask for it. If they do - use it or lose it!

CSS: (Centre des Services Sociaux) Social Service Centre

Adoption - Marriage Counselling - Psychological Counselling - Placement Probation - Adult Protection - Social Services for the hospitalized - Specialized Social Services - Emergency.

CA: (Centre d'Accueil)

- Residential Care
- Mental Rehabilitation
 - Drug and alcoholism
 - Mental Retardation
 - Social Maladjustment
- Physical rehabilitation

For names and numbers of your local establishments refer to your area in this directory.

Directeur de la Protection de la Jeunesse (Youth Protection)

15 Gamelin, Boulevard,
Hull, Quebec
(819) 776-6060

AYLMER

Aylmer population: 29,000

Health and Social Services

C.L.S.C.
Grande Riviere Glenwood Plaza
684-2251

Social Service Centre - Hull
771-6631

Hospitals:

Centre Hospitalier Regional de l'Outaouais
777-1581

Centre Hospitalier de Gatineau
561-8100

Centre Hospitalier de la Pieta (Chronic Care)
771-7362

Centre Hospitalier de la Pieta (Chronic Care)
771-6631

Aylmer Medical Center
684-5336

Library:

Aylmer Municipal Library
684-5360

Education:

Aylmer Elementary School
(Grade 1 to Grade 6)
684-6801

Eardley Elementary School
French Immersion K and 1
English Kindergarten
684-5955

South Hull Elementary School
French Immersion Grades 2 - 6
684-6565

St. Mark's Elementary School
Grades 1-6
684-4888.

Arc-en-Ciel - English Kindergarten.
684-6450

Protestant Students

Grade 7 - Hull School
777-9177
Grade 8 - 11 - Philemon Wright
Reg. High School - Hull
776-3158

Roman Catholic Students
Grades 7 - 11 - D'Arcy McGee High
School - Hull
777-3121

Cegep - Heritage Campus
778-2270
Adult Education
684-1770

Continuing Education - Heritage Campus
778-2270

Aylmer Co-Operative Nursery School
684-8648
Intessori School
684-0107

Churches

Christ Church Anglican
684-8233

Aylmer United Church
684-5345

St. Andrews Presbyterian Church
684-4686

Aylmer Baptist
684-0536

St. Marks Catholic
684-2986

Aylmer Mountainview United Church
827-1965

Church Groups:

Aylmer United Church Women
684-5345

St. Andrews Presbyterian Women's Group
684-1061

Baptist Women's Groups
"The Word and the Circle"
684-0536

St. Marks Catholic Women's League
684-5894

Recreation Groups:

City of Aylmer Recreation Dept.
684-5372

Aquatic Club
684-2016

Badminton Club
684-5284

Skating Club (Asticou)
684-2101

Soccer Club
684-7351

Hockey Club (Minor) (A.M.H.A.)
684-3610

Hockey Club (Seniors) (Thirty plus)
684-5372

Bowling League
684-7689

Archery Club
684-7689

Archery Club
684-6373

Basketball
684-3532

Tennis Clubs
Aylmer 684-1423
Wychwood 684-5267

Sailing Clubs
684-5303
684-3441

Rod and Gun Club
684-4508

Social and Service Clubs

Royal Canadian Legion
684-2834

Rotary Club
684-3125

Lions Club
684-9949

Aylmer Humane Society
684-4758

Block Parent Association
684-5311

Aylmer Arts Council
778-2884

Aylmer Women's Centre
684-1379

Senior Citizen's Groups
684-1813

Aylmer Meals
684-2330

Hobby Groups:

Theatre Horizons
684-3409

Aylmer Cinema Club
684-3530

Photography Club
684-0584

Aylmer Heritage Association
684-6570

Media:

Newspapers: Ottawa Citizen, Aylmer Bulletin, Weekend Reporter, and Montreal Gazette.
Radio: Ottawa Radio Stations
T.V.: Laurentian Cablevision - Hull

Fire: 684-2222

Police: 684-5311

Municipal: Aylmer City Hall
684-5372.

**GATINEAU VALLEY - LOWER
WEST HULL, LOW, WAKEFIELD, AND
KAZABAZUA**

General Information

C.L.S.C. Valley de la Gatineau - Low
422-3548
Masham C.L.S.C. is part of this region.

Social Service Center - Hull 771-6631

Social Service Centre:

105 Sacre Coeur Blvd., Hull
771-6631

**Canada Manpower - Employment and
Development Branch:**

Village Place Cartier,
425 St. Joseph Blvd, Hull
997-2491

Health and Social Services:

C.L.S.C.
Low - 422-3548

Hospitals:

Gatineau Memorial Hospital, Wakefield
459-2342

Centre Hospitalier Regionale de l'Outaouais
776-1581

Centre Hospitalier de la Pieta (Chronic Care)
771-7362

Centre Hospitalier Pierre Janet (Psychiatric)
771-6631

Directeur de la Protection de la Jeunesse
15 Gamelin Blvd., Hull - Youth Protection
776-6060

Red Cross

777-2292

Justice:

Legal Aid - 771-7352
Legal Aid (Criminal) - 770-3084
Legal Aid (Family and Youth Protection)
770-0053

Small Claims Court (under \$500.00)
777-5271

Justice of the Peace
776-5501

Provincial Court
771-3296

Superior Court
771-3296

**A. KAZABAZUA
Kazabazua Population: 775**

Education:

Roman Catholic:
St. Michael's School - Low
Kindergarten to Grade 11
422-3584

D'Arcy McGee - Hull
Grades 7-11
777-3121

Protestant:
Queen Elizabeth Elementary School
Kindergarten to Grade 6
467-2865

Philemon Wright Regional High School - Hull
Grades 8 to 11
776-3158

Hull School - Hull
Grade 7
777-9117

CEGEP - Heritage Campus
778-2270

Churches:

Trinity United Church
467-5308

St. Stephen's Anglican
467-2163

St. James Anglican - Wright
467-2163

Notre Dame du Carmel
467-2030

Northfield Pentecostal
463-3438

Church Groups:

St. Stephen's Guild
467-5353

United Church Women
467-3446

Full Gospel Business Men's Christian
Fellowship International
463-3438

Recreation Groups:

Danford Lake Recreation Association
467-5335

Lac Ste. Marie Recreation Association
467-5437

Recreation Committee of Kazabazua
467-2040

Danford Lake Youth
467-5350

Service and Social Groups:

The Golden Age Club (Senior Citizens)
467-2404

Media:

Newspapers: Ottawa Citizen, Shawville Equity,
The Low Down To Hull And Back News
Radio: Ottawa Radio Stations
T.V.: No Cable T.V.

Fire: Volunteer
467-2852

Police: Low
422-3561

Municipal: Municipal Offices
467-2852

B. LOW

Low Population: 976

Health and Social Services:

C.L.S.C. Vallee de la Gatineau
422-3548

Library:

St. Michael's School
422-3534

Education:

St. Michael's Elementary and High School
422-3548

D'Arcy McGee High School
Grades 7-11
777-3121

Philemon Wright High School
Grades 8-11
776-3158

Hull School
777-9117

CEGEP - Heritage Campus
778-2270

Churches:

Low United Church
467-5308

St. Martin Mission
422-3471

Our Lady of Sorrows Mission
422-3471

Our Lady of Sorrows Mission
422-3393

Church Groups:

Low United Church Women
459-2119

Recreation Groups:

Association Recreation de Low, Venosta
and Brennan Hill
422-3879

Service and Social Groups:

Low and District Lions Club

Hospital Auxiliary - Low Branch
422-3606

Golden Age (Senior Citizens)

Media:

Newspapers: Ottawa Citizen, Shawville Equity,
Low Down To Hull and Back News
Radio: Ottawa Radio Stations
T.V.: No Cable T.V.

Fire: Volunteer
422-3535

Police: 422-3561

Municipal: Municipal Offices
422-3879

**C. WAKEFIELD
Wakefield Population: 4,975**

Health and Social Services:

C.L.S.C. Vallee de la Lievre
Low - 422-3548

Library:

Wakefield Library
459-2366

Education:

Wakefield Elementary School
Kindergarten to Grade 6
459-2373

4-year-old Kindergarten (Special Grant)
459-2538

Denise McLean Nursery School
459-2538

Students in Grades 7 - 11 are bussed to either:
Roman Catholic:

St. Michael's - Low
422-3584

Protestant
Hull School
Grade 7
777-9117

Philemon Wright Reg. High School - Hull
Grades 8 - 11
777-3158

CEGEP - Heritage Campus
778-2270

Churches:

St. Andrews United Church
459-3292

Church of the Good Shepherd - Anglican
827-3595

Lascelles Holy Trinity - Anglican
827-3595

Holy Cross (Mission) Roman Catholic
422-3471

Church Groups:

United Church Women
459-2518

Church of Good Shepherd Guild
827-1520

Rupert United Church Men's Group
459-2869

A. A. Church of the Good Shepherd
Sunday School and Bible Study Church of
the Good Shepherd
827-3595

Recreation Groups:

Alcove Recreation Association
459-2293

Hockey
459-3202

Baseball
459-3509

After School Activities
Wakefield School
459-2373

Vorlage Ski Club
459-2501

Service and Social Groups:

Royal Canadian Legion
459-2913

Brownies
459-2485

Girl Guides
459-3287

Beavers, Cubs and Scouts
459-3224

Friendship, Fingers and Fun (Crafts)
459-2050

Media:

Newspapers: Ottawa Citizen, Low Down
to Hull and Back News, Shawville Equity.
Radio: Ottawa Radio Stations
T.V.: No Cable T.V.

Fire: Volunteer
459-2883

Police: - Low
422-3561

Municipal: Municipal Offices
459-3226

Brownies, Girl Guides, and Pathfinders
827-1474

Happy Finders of West Hull - Senior Citizens
827-1312

Media:

Newspapers: Ottawa Citizen, The Low Down
To Hull and Back News
Radio: Ottawa Stations
T.V.: No Cable T.V.

Fire: 827-1851

Police: Hull 776-0555

Municipal: Municipal Offices - Old Chelsea
827-1124

There is an After School Daycare (Monday to
Friday) at Chelsea Elementary School.
827-0245

**GATINEAU VALLEY - UPPER
A. MANIWAKI AND AREA**

Maniwaki and Area Population: 17,866

Health and Social Services:

C.L.S.C. de la Desert
449-2513

Hospital:

Centre Hospitalier St. Joseph de Maniwaki
449-2300

St. Johns Ambulance
449-1234

Social Services:

Social Service Center
Association for the mentally handicapped
449-4880

Association for Mentally Handicapped
449-1262

Association for Physically Handicapped
449-2580

Centre Steven Nicholas Desert River Council
Band 449-3803

Justice:

Information
449-1471

Provincial Court
449-3222

Legal Aid
449-4800

Library:

Maniwaki Municipal Library
449-2738

Education:

Maniwaki Intermediate Protestant
Kindergarten to Grade 6
449-1011

St. Patrick Elementary Roman Catholic School
Kindergarten to Grade 6
449-2596

Cite Etudiante de la Haute Gatineau English
and French High School

449-1880
Desert River Band School
449-3803

CEGEP - Heritage Campus
778-2270

Churches:

St. Patrick's English Roman Catholic
449-2998

Desert United
467-6308

Christ Church Anglican Church
449-3823

Pentecostal - Desert Reservation

Church Groups:

Catholic Women's League
449-1407

United Church Women
449-2096

Anglican Women's Guild
449-3106

Service and Social Groups

Lions Club

Royal Canadian Legion

Le Haute Gatineau Senior Citizens
449-2931

Desert River Band Senior Citizens
449-3803

Media:

Newspapers:
Radio: CBC Ottawa, CFRA Ottawa - Most Ottawa
Stations

T.V.: Maniwaki; 3 English Stations

Fire: 449-1234

Police: 449-4333

Municipal: City Hall 449-2800

**RIVIERE DESERT ALGONQUIN
INDIAN BAND**

This reserve is the responsibility of the
Federal Department of Indian Affairs and Nor-
thern Development. Health service on the
reserve, as well as education facilities, are
provided by this department. To complete
High School, children must leave the reserve
and may go to Maniwaki or to Ottawa. Most
residents are tri-lingual (Algonquin, English
and French).

**B. GRACEFIELD
(See also Maniwaki)
Gracefield Population: 869**

Health and Social Services:

C.L.S.C.:
463-2607

Hospital:

Centre Hospital St. Joseph du Maniwaki
449-2300
(English-speaking residents often referred to Ottawa
General in Ottawa)

Library:

Maniwaki Municipal Library
449-2738

Education:

Children are bussed to Kazabazua Queen Elizabeth
School
Kindergarten to Grade 6
467-2865

Cite Etudiante de la Haute Gatineau - Maniwaki
449-1880

Churches:

St. James Anglican (Wright)
467-2163

**D. WEST HULL
West Hull Population: 3,502**

Health and Social Services:

C.L.S.C. Masham
456-2818

Library:

Bibliothèque Centre de Plein Air - Old Chelsea
827-1124
Farm Point - St. Clement School

Education:

Chelsea Elementary School
Kindergarten to Grade 6
827-0245

Chelsea Co-op Nursery School
827-1768

Peggy Brewin Play School - Farm Point
459-2974

Adult Education Classes

West Hull Community Centre - Old Chelsea
827-1312

Farm Point Community Centre
459-2403

CEGEP - Heritage Campus
778-2270

Outdoor Education Centre - Wakefield
459-2373

Outdoor Education Centre - Chelsea
827-0787

Students from Grade 7 to 11 are bussed to:

Roman Catholic:
D'Arcy McGee High School
771-3121

Pius XII (Children from Farm Point and Chelsea
are bussed in)
777-8600

Protestant
Hull School - Grade 7
777-9117

Philemon Wright Reg. High School
776-3158

Churches:

Chelsea United Church
827-1963

St. Mary Magdelaine - Anglican
776-1759

St. Stephen - Catholic
827-1664

Recreation Groups

West Hull Community Centre
827-1312

Cascades Club
827-0684

Larrimac Golf Club
827-1056

Dunderosa Golf Club
827-1319

Camp Fortune Ski
827-1717

Historical Society
827-0420

Recreation Association
827-2226

Recreation Commission
827-1124

Service Clubs:

Beavers, Cubs and Scouts
827-1030

Trinity United (Low)
467-5308

Notre Dame de Carmel (Low)
467-2030

St. Patrick Roman Catholic (Maniwaki)
449-2998

Media:

Ottawa Citizen, Shawville Equity
Radio: Ottawa Radio Stations
T.V.: No cable T.V.
Fire: Volunteer
463-2191
Police: 449-4333
Municipal: Municipal Offices
463-3458

Media:

Newspapers: Ottawa Citizen West-Quebec
Post, Montreal Gazette
Radio: Ottawa Radio Stations
T.V.: English programming from Ottawa,
Laurentian Cablevision - Hull

Fire: 777-3811
Police: 777-1661
Municipal: City Hall Administration
777-2781

HULL ZONE
Hull Population: 56,169

PAPINEAU ZONE
A. BUCKINGHAM AND AREA
Buckingham Population: 7,992

Health and Social Services

C.L.S.C. de Hull
770-6900

Hospitals:

Centre Hospitalier Regionale de l'Outaouais
776-1581

Centre Hospitalier de la Pieta (Chronic Care)
771-7362

Centre Hospitalier Pierre Janet (Psychiatric)
771-7761

Senior Citizens:

Foyer de Bonheur
770-1880

Les Logements de l'Outaouais
776-2160

Social Service Centre

105 Sacre-Coeur Blvd., Hull
771-6631

Directeur de la Protection de la Jeunesse

15 Gamelin Blvd., Youth Protection
776-6060

**Conseil de la Sante et des Services Sociaux
de l'Outaouais**

1040 St. Joseph Blvd.
- Regional Health and Welfare Council
- Complaint department regarding any Quebec
establishment in the health and Red Cross
social services field.
770-7747

Employment and Development Branch

Village Place Cartier - 425 St. Joseph Blvd.
997-2491
This agency is responsible for Unemployment
Insurance and Employment inquiries.

Justice Courts:

A. Legal Aid
771-7352

Legal Aid (Criminal)
770-3084

Legal Aid (Family and Youth Protection)
770-0053

B. Small Claims (under \$500.00)
777-5271

C. Sessions de la Paix
(Justice of the Peace)
776-5501

D. Provincial Court
771-3296

E. Superior Court
771-3296

Library:

Hull Municipal Library
25 Laurier, Hull
777-4341

Education:

Roman Catholic
Pius XII
777-8600

D'Arcy McGee High School
Grades 7 - 11
777-3121

Protestant
Hull Elementary
Kindergarten to Grade 7
777-9117

Philemon Wright Regional High School
Grades 8 to 11
776-3158

CEGEP - Heritage Campus
778-2270

Adult Education
778-3611

Churches:

Our Lady of Annunciation
777-6931

Cushman Presbyterian
777-7612

St. James Anglican
771-9914

Chelsea United
827-1965

Church Groups:

Anglican Church Women
777-7381

Catholic Women's League
771-0159

Recreation Groups:

City of Hull Recreation Department
777-2781

Hull Bowling League
771-4813

Square Dance Club
771-4813

Social and Service Clubs:

Lions Club
777-3475

Kiwanis Club
Rotary Club

Meals on Wheels
777-0550

A.A.
777-6208

Red Cross
777-2292

Youth Groups:

Boy Scouts
225-2770

Brownies:
777-4719

Girl Guides
777-2343

Pathfinders
568-9827

Our Lady of Annunciation Youth Groups
777-6931

General Information:

C.L.S.C. Vallee de la Lievre
164 Maclaren St.,
Buckingham, Que., J8L 1K4

Hospital

St. Michel
986-3341

Medical Centers:

986-6006
986-1034
986-2133

Social Service Centre (C.S.S.),
361 Maloney Blvd., Gatineau
663-2471

Home for the Aged
986-1043

Alcoholics Anonymous
986-3041

Red Cross Services
986-5676

Social Aid
986-8596

Employment and Development Branch

Unemployment Insurance
986-8274

Employment Inquiries
568-3383

Justice:

Legal Aid - 986-6733

Small Claims - 777-5271

Justice of the Peace - 776-5501

Provincial Court - 771-3296

Youth Protection - 776-6060

Library

986-3351

Education:

Buckingham Elementary School
Kindergarten to Grade 7
4-year-old kindergarten
986-3191

Namur Intermediate
426-2996

Philemon Wright Regional High School -
Hull - Protestant
Grades 8 to 11
776-3158

Our Lady of Victory - Catholic
Kindergarten to Grade 7
Grades 7-11 (Bilingual)
986-5153

D'Arcy McGee High School - Hull
Grades 8-11
777-3121

CEGEP - Heritage Campus
778-2270

Churches:

Our Lady of Victory (Roman Catholic)
986-3763

Baptist Church
986-3939

St. Stephen's (Anglican)
986-2513

St. Andrew's United
986-5922

Poltimore Lutheran
986-1801

Poltimore United Church
827-1965

Poltimore Christ Church
986-2513

Our Lady of Victory Women's Society
986-8965

St. Andrew's United Women
986-5865

Anglican Church Women
986-2973

Services Loisirs Buckingham
986-3351

Poltimore Recreation Association
457-2224

Namur Recreation Association
456-2527

Service and Social Clubs:

Royal Canadian Legion
986-8246

Ladies Auxiliary of the Legion
986-8246

Loyal Orange Lodge
986-5722

Loyal Orange Benevolent Association
986-1419

Senior Citizens Friendship Club
986-8877

Poltimore Golden Age Club
457-2351

Namur Senior Citizens Club
426-2179

Youth Groups:

Brownies
986-8522

Girl Guides
986-8522

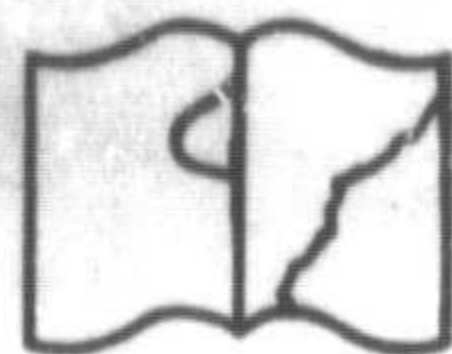
Cubs and Scouts
986-2704

Canadian Girls in Training
986-5922

Day Care Centres:

L'Oiseau Bleu
986-8868

Scolaire
986-8001



Media:
 Newspapers:
 West-Quebec Post, Ottawa Citizen
 Radio: Ottawa Radio Stations
 T.V.: Channel 5, Montreal Cable T.V.

Volunteer:
 Buckingham 986-3351
 Namur 426-2457
 Poltimore 457-2992

Police:
 Municipal 986-3351
 Provincial 986-3324

Municipal:
 Municipal Offices:
 Buckingham 986-3351
 Namur 426-2457
 Poltimore 457-2992
 St. Pierre-de-Wakefield 457-2022

Pontiac County Social Planning Council -
 Campbell's Bay
 648-5910
 Social Aid - Campbell's Bay
 648-2132

Justice:
 Court House (Campbell's Bay)
 648-5577

The following offices are located in this building

Superior Court
 Provincial Court
 Session of Peace Court
 Social Welfare Court
 Small Claims Court
 Registry Office
 Community Legal Service Outaouais
 648-2259

Legal Aid for those in economic need

Employment and Development Branch
 Unemployment Insurance - Campbell's Bay
 648-5824

Employment Inquiries - Campbell's Bay
 648-2146

Library:
 Campbell's Bay - Elsie St.
 648-5833

Bryson Municipal Library
 648-5913

Fort Coulonge Municipal Library
 683-2200

Ile du Grand Calumet Library
 648-2203

Shawville Library
 647-3808

Education:
 Protestant
 Dr. S.E. McDowell School - Shawville
 647-2841

Protestant Elementary School - Campbell's Bay
 648-5628

Pontiac Protestant High School - Shawville
 647-2244

Catholic
 Our Lady of Fatima - Fort Coulonge
 683-2472

St. Johns School - Campbell's Bay
 648-2106

Immaculate Conception School - Chapeau
 689-2720

St. James Elementary School - Shawville
 647-3601

St. Alphonsus High School - Chapeau
 689-2488

John Paul II - Campbell's Bay
 647-2148

Heritage Campus
 Cegep de l'Outaouais
 778-2270

Churches
 Anglican
 Holy Trinity - Danford Lake
 467-2163

Holy Trinity - Radford
 647-2475

St. George's - Campbell's Bay
 648-2920

St. George's - Portage du Fort
 648-2090

St. James - Otter Lake
 647-2475

St. Matthew's - Charteris
 647-2475

St. Paul's - Shawville
 647-2475

St. Thomas's - Bristol
 458-2117

Roman Catholic
 Holy Trinity - Chichister
 648-5859

Immaculate Conception - Bryson
 648-5859

St. Alphonse - Chapeau
 689-2735

Our Lady of Perpetual Help - Waltham
 689-2735

Sts. Anne - Calumet Island
 648-2122

St. Charles Borromeo - Otter Lake
 453-7656

St. Elizabeth - Denton
 648-2722

St. James - Portage du Fort
 647-3879

St. John the Evangelist - Campbell's Bay
 648-5898

Lutheran
 Zion Uther - Ladysmith
 647-5848

St. John Luther - Ladysmith
 647-5848

Pentecostal
 Bethel Pentecostal Tabernacle - Shawville
 647-2565

Little Stone - Portage du Fort
 647-2565

Pentecostal Assemblies of Canada - Bristol
 647-2435

Murrel Center
 648-2186

Presbyterian
 Bristol Memorial - Bristol
 647-2435

St. Andres - Fort Coulonge
 647-2435

United
 Campbell's Bay United
 647-2764

Shawville United
 647-2764

St. Andres Knox United
 647-3950

Weslyan
 Weslyan - Shawville
 647-2475

Weslyan - Waltham
 647-2475

Church Groups:
 Zion Luther Ladies Aid-Schwartz
 647-5536

Roman Catholic:
 Catholic Women's League
 - Chapeau: 689-5087
 - Otter Lake: 647-5536
 - Waltham: 689-2900
 - Denton: 648-2722
 - Campbell's Bay: 648-2368
 - Vinton: 648-2652

B. THURSO AND MASSON Thurso and Masson Population: 7000

Health and Social Services:
 L.S.C. Vallee de la Lievre (Buckingham)
 86-3359

Hospital (Buckingham)
 86-3341

Education:
 Protestant children are bussed to:
 Buckingham Elementary
 Kindergarten to Grade 7
 86-3191

Thurston Wright Regional High School - Hull
 Grades 8 to 11
 76-3158

Roman Catholic children are bussed to:
 Our Lady of Victory School (Buckingham)
 Kindergarten to Grade 8
 86-5153

Churches:
 Thurso Baptist Church (Buckingham)
 86-3939

Our Lady of Victory (Roman Catholic)
 86-3763

St. Stephen's (Anglican)
 86-2513

St. Andrew's United
 86-5922

Poltimore Lutheran
 86-1801

Poltimore United Church
 827-1965

Poltimore Christ Church
 86-2513

Recreation Groups:
 Thurso Recreation Association
 985-2615

Minor Hockey Association
 985-2816

Community Centre
 985-2701

Curling Club
 985-2556

Golf Club
 985-2315

Golden Age Club
 985-2166

Service and Social Clubs:
 The Friendship Circle
 985-2166

Les Amis Populaire de Masson
 986-8030

Youth Groups:
 Brownies, Guides, Cubs and Scouts -available
 Buckingham.

Media:
 Newspapers: West-Quebec Post, Ottawa
 Citizen
 Radio: Ottawa Radio Stations
 T.V.: Channel 5 Buckingham

Fire: (Thurso)
 985-2231

Police: (Thurso)
 985-2000

Municipal: Municipal Offices
 985-2701

MAYO MULGRAVE AND DERRY

Recreation Groups:
 Hill and Gully Riders
 Snowmobile Club
 86-1077

Long Lake Association
 86-5519

Churches:
 Our Lady of Knock Shrine
 86-5519

St. Matthew Lutheran Church
 986-1801

Church Groups:
 Ladies Aid Group
 986-2365

Media:
 Newspapers: West-Quebec Post, Ottawa
 Citizen
 Radio: Ottawa Radio Stations

PONTIAC ZONE Pontiac Population: 16,000 A. Campbell's Bay, Fort Coulonge, Bryson, Shawville, Otter Lake, and Area

Health and Social Services:
 C.L.S.C. Bryson
 648-2193

Otter Lake
 453-7392

Fort Coulonge
 383-3000

Chapeau
 389-5080

Hospital (Shawville)
 347-2211

Community Social Service: P.O. Box 429,
 Campbell's Bay
 648-2152

Homes for Senior Citizens:
 St. Joseph's Manor (Campbell's Bay)
 648-5852

Pontiac Home Reception Centre (Shawville)
 647-5755

Manoir Sacre Coeur (Ft. Coulonge)
 683-2224

Churches
 Anglican
 Holy Trinity - Danford Lake
 467-2163

Holy Trinity - Radford
 647-2475

St. George's - Campbell's Bay
 648-2920

St. George's - Portage du Fort
 648-2090

United Church:

United Church Women
 - Campbell's Bay: 648-5648
 - Shawville: 647-2898
 - Starks Corners: 647-3149
 Anglican Church Women - Shawville
 647-2982

Pastoral Care Group
 647-3253

Shawville Recreation Association - Shawville
 647-2604

Bryson Recreation Association - Bryson
 648-5836

Campbell's Bay Recreation Association
 648-5665

Chapeau Recreation Association - Chapeau
 689-2746

Clarendon Recreation Association - Clarendon
 647-3603

Thorne Recreation Association - Thorne

Otter Lake Recreation Association - Otter Lake
 453-2151

Portage du Fort Recreation Association - Por-
 tage du Fort

Sheenboro Recreation Association - Sheen-
 boro
 689-2533

St. Joseph Recreation Association - Chapeau
 689-2746

Waltham Recreation Association - Waltham
 689-2913

Service and Groups:

St. Joseph Manor Ladies Auxilliary - Camp-
 bell's Bay
 648-5693

Pontiac Reception Centre Ladies Auxilliary
 -Shawville
 647-2131

Pontiac Community Hospital Ladies Auxilliary
 - Campbell's Bay
 648-5504

Pontiac Community Hospital Ladies Auxilliary
 - Radford
 647-5643

Pontiac Community Hospital Ladies Auxilliary
 Zion - Shawville
 647-2665

Pontiac Community Hospital Ladies Auxilliary
 - Shawville
 647-3417

Bryson Golden Age Club - Bryson
 648-2205

Calumet Island Golden Age Club - Calumet
 Island
 648-2238

Clarendon Women's Institute - Clarendon
 647-2988

Chapeau Young At Heart Club - Chapeau
 689-2208

Golden Age Group - Campbell's Bay
 648-5694

Rotary Club - Shawville
 647-3137

4H Club - Shawville (Quebec Young Farmers)
 647-3961

Agricultural Society - Chapeau
 689-2228

Agricultural Society - Shawville
 647-3165

Independent order of Odd Fellows #40
 -Shawville
 647-2859

Knights of Columbus - Campbell's Bay
 648-2569

Lions and Lionettes Club - Bryson
 648-5631
 648-5691

Lions and Lionettes Club - Shawville
 647-2544

Loyal Orange Lodge #46 - Charters
 647-3155

Royal Canadian Legion #162 - Campbell's
 Bay
 648-5889

Senior Citizens Club - Shawville
 647-2505

Sunshine Club - Shawville
 647-2631

Performing Arts for Youth - Shawville
 647-2962

Eastern Star Lodge - Shawville
 647-2532

Pontiac Lions Club - Campbell's Bay
 648-2730

Golden Age Club - Fort Coulonge
 647-2547

Women's Institute - Bristol
 647-3505

Women's Institute - Fort Coulonge
 683-2282

Kinsmen and Kinettes - Shawville
 647-2697

Masonic Lodge - Shawville

Rebecca Lodge - Shawville
 647-3247

Women's Service Club - Shawville
 647-3722

Youth Groups:

Young Women's Auxilliary - Shawville
 647-2147

Canadian Girls in Training - Shawville
 647-2620

Explorers - Shawville
 647-2804

Brownies, Guides and Rangers
 689-7901

Media:

Newspapers: Shawville Equity, Ottawa Citizen
 Radio: Ottawa Radio Stations, CHIP FM
 T V

Fire:

Bristol: 647-3698
 Shawville: 647-2239
 Bryson: 648-2480
 Campbell's Bay: 648-2400
 Fort Coulonge: 683-3111

Police: Campbell's Bay
 648-2141

Municipal Offices:

Shawville: 647-2979
 Campbell's Bay: 648-5689
 Fort Coulonge: 683-2259
 Bryson: 648-2480
 Chapeau: 689-2266

LUSKVILLE AND QUYON**B. Luskville and Quyon Population: 1,150****Health and Social Services:****Hospital:**

C.L.S.C.: 458-2848

Luskville - Centre Hospitalier Regional de
 L'Outaouais-Hull
 776-1581

Quyon - Pontiac Community Hospital -Shawville
 647-2211

Library: 455-2374

Education:

Luskville Protestant children are bussed to
 - Aylmer, Kindergarten to Grade 6
 (Aylmer Elementary School)
 684-6801

(Eardley Elementary School)
 684-5955

(South Hull School)
 684-6505

- Hull School - Grade 7
 777-9117

- Philemon Wright Regional High School -Grades
 8 - 11
 776-3158

Luskville Roman Catholic children are bussed to

- Aylmer - Kindergarten to Grade 7
 (St. Mark's): 684-6450
 (St. Georges): 684-4888
 - D'Arcy McGee Regional High School - Hull -
 Grades 8 - 11
 770-7730
 Quyon children are bussed to Shawville.

Churches:

Eardley Zion United Church
 458-2212

Quyon United Church
 458-2212

St. Mary's Roman Catholic - Quyon
 458-2183

St. John's Anglican Church
 458-2117

St. Luke Anglican Church
 458-2117

St. Dominic Roman Catholic Church -Luskville
 455-2482

Centre Eardley United Church

Wesley United Church
 647-2475

Outaouais Alliance - Membership Application

Name: _____ Telephone: _____

Address: _____ Postal Code: _____

Additional Family Names _____
 and Ages (if under 16)

We are only as strong as our membership. Some members wish to give moral support to our objectives, others like to take a more active role. Please indicate below if you are interested in participating in any of the following committees or activities.

- COMMUNICATIONS EDUCATION FESTIVAL OUTAOUAIS YOUTH & EMPLOYMENT
 HISTORICAL/ CULTURAL EVENTS HEALTH/ SOCIAL SERVICES ECONOMIC DEVELOPMENT MEMBERSHIP & FUND RAISING

- RENEWAL INDIVIDUAL \$3.00 FAMILY \$5.00

- HERE IS MY DONATION FOR \$_____ TO SUPPORT OUTAOUAIS ALLIANCE

RETURN TO: OUTAOUAIS ALLIANCE, 20 FRONT STREET, HULL, QUEBEC J8Y 3M3

Church Groups:
 Eardley Zion Women's Group
 455-2684
 Catholic Women's League
 458-2140
 Anglican Women's Guild
 458-2307
 United Church Women - Beech Grove
 458-2722
 United Church Women - Quyon
 458-2950

Recreation Groups:
 Pontiac Western trail Riders Association
 647-3564
 Eardley Recreation Association
 827-0313
 Quyon Community Development Committee
 455-2343

Service and Social Clubs:
 Royal Canadian Legion Br. #231
 458-2600
 Optimist Club
 455-2264
 Lions Club - Quyon
 458-2657
 Knights of Columbus
 458-2075

Quyon Golden Age Club
 458-2893
 Women's Institute
 458-2816
 Quyon Agricultural Society
 458-2738
 Loyal Orange Lodge
 458-2995

Youth Groups:
 Quyon Youth Group
 458-2212
 Quyon 4H Club
 458-2489

Media:
 Newspapers: Shawville Equity, Ottawa Citizen
 Radio: Ottawa Radio Stations, CHIP FM
 T.V.: No Cable T.V.

Fire: Volunteer
 455-2401
Police: Hull
 770-9111
 Campbell's Bay
 648-2141

Municipal Offices:
 Quyon: 458-2411
 Luskville: 455-2401

St. Aloysius School
 Kindergarten to Grade 7
 663-4842
 D'Arcy McGee Regional High School
 Grades 8 to 11
 777-3121
 CEGEP - Heritage Campus
 778-2270

Churches:
 St. Andrews United
 663-9892
 St. Georges Anglican
 776-1759
 St. Aloysius
 663-5244

Church Groups:
 Templeton United Church Women
 663-4397
 Catholic Women's League
 663-5244

Recreation:
 Recreation and Cultural Services
 663-9261

Service and Social Groups:
 Gatineau Community Association
 643-2627
 Royal Canadian Legion Br. 227
 663-6405
 T.A.G.
 671-2671

Youth Groups:
 Cubs and Scouts
 663-0437
 Brownies and Guides
 643-2627

Media
 Newspapers: Ottawa Citizen, West-Quebec Post
 Radio: Ottawa Radio Stations
 T.V.: Cable from Hull

Fire: 568-0111
 Perkins - 671-2211
Police: 568-0222
Municipal: Municipal Offices
 663-9261

**POLTIMORE
(VAL DES MONTS)**

**GATINEAU ZONE
GATINEAU AND POINTE GATINEAU
Gatineau and Pointe Gatineau Population: 74,988**

Health and Social Services
 C.L.S.C.:
 le Moulin - Gatineau
 663-9214
 des Draveurs - Pt. Gatineau
 561-2550

Hospitals:
 Centre Hospitalier de Gatineau
 561-8100
 Centre Hospitalier Notre-Dame
 663-9228
 Centre Hospitalier Regional de L'Outaouais
 777-1581
 Centre Hospitalier de la Pieta (Chronic Care)
 771-7362
 Centre Hospitalier Pierre Janet (Psychiatric)
 771-7761

Social Services Center
 361 Maloney East,
 Gatineau, Que.
 663-2471

Library:
 663-9245

Education
 Protestant
 Gatineau Protestant School
 Kindergarten to Grade 6
 663-4949
 Hull School
 Grade 7
 663-9117
 Philemon Wright Regional High School
 Grades 8 to 11
 776-3158
 Roman Catholic

Recreational Groups:
 Golder Age Club
 1-457-2351
 Annual Poltimore Fair Ass.
 457-2552
 Poltimore Snow Drifters Snowmobile Club
 454-2220
 Poltimore Fish and Game Ass.
 457-4441
 Poltimore Recreation Ass.
 457-2224

Education:

Poltimore Elementary School

Church Groups:
 United Church Ladies Group
 Anglican Church Group
 457-2725
 457-2772
 St. Louis de France Catholic
 Church Group
 457-2732

Health Services:
 St. Louis de France School
 2 days per week

Media:
 Newspapers: West-Quebec Post, Ottawa
 Citizen
 Radio: Ottawa Radio Stations

A large type reprint of any portion of this Guide is available from:

**Outaouais Alliance
20 Front Street
Hull, Quebec
J8Y 3M3
777-0177**