

Hospital numbers lower in the Townships following Easter weekend

By Gordon Lambie

The Province of Quebec reported 2,281 people in hospital with COVID-19, 939 of whom were there directly because of the virus. The overall number represents an increase of 61 compared to Monday's data.

There were 101 people in intensive care with Covid across Quebec on Tuesday, an increase of six compared to Monday. 65 of those people were in the ICU due to their coronavirus infection.

There were 18 new Covid-related deaths recorded Tuesday, for a total of 14,714 since the start of the pandemic.

The number of health care workers absent for COVID-related reasons (such as preventive withdrawal, isolation, awaiting results, etc.) got smaller over the weekend, but remained significant at 10,636.

In the Eastern Townships the number of people in hospital with Covid went down over the weekend, dropping from 148 to 131. The number of people in intensive care also decreased from seven to four. There were no additional Covid-related deaths recorded from Monday to Tuesday in the region, keeping the local total at 563.

Windy weather makes a mess in the Townships



MATTHEW MCCULLY

By Gordon Lambie

A messy mix of strong winds, snow, and rain left thousands without power across the Eastern Townships on Tuesday. Uprooted trees and downed branches

were at the heart of outages that left residents of large parts of Cookshire, Ayers Cliff, Lennoxville, Bromont, Cowansville, and a number of other communities in the dark for large parts of the day. Hydro-Quebec was reporting over 7,000 customers

without power across the region on Tuesday afternoon, up from 5,000 earlier in the day. Hydro Sherbrooke, similarly, reported more than 200 customers without power across various sectors of the city throughout the day.

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Weather



TODAY:
A FEW
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HIGH 3
LOW -6



THURSDAY:
40% CHANCE
OF SHOWERS
HIGH 10
LOW 6



FRIDAY:
60% CHANCE
OF SHOWERS

HIGH 9
LOW -6



SATURDAY:
SUNNY

HIGH 10
LOW -3



SUNDAY:
MIX OF
SUN & CLOUD

HIGH 14
LOW 4

Working together for a smooth start to kindergarten for children of the Val-Saint-François



The early childhood partners of the Val-Saint-François are working together to support children who will be starting Kindergarten this Fall.

Starting school is a step that can bring up all sorts of emotions. As parents, it's possible that you have many questions and pre-occupations. To ease this transition, early childhood partners of the Val-Saint-François territory (schools, daycares, community organizations) have put together some tools and tips to support you and your child in this important step of your lives.

For example, an activity placemat is available, which can be obtained at no cost from the Maison de la Famille Les Arbrisseaux. You can also watch a video "Une journée à la maternelle" on Valfamille's Facebook page. Small actions can go a long way, such as talking about school in a positive way or taking some time to play in the school playground on the weekend to help familiarize your child to their new school environment.

If you have not done so already, you may contact your school to register your child so that you can benefit from any events or activities organized before the start of the school year. This will also ensure you receive all the

information you need for a great back-to-school season!

To view videos or other resources and ideas (available in both French and in English), please visit Valfamille's Facebook Page.

To reach the Maison de la famille Les Arbrisseaux (free activity placemat) : 1-877-929-0077 or to lesarbrisseaux@gmail.com

Valfamille is a group of more than 50 organizations in the Val-Saint-François MRC (from the school, early childhood, institutional, community, municipal, leisure, cultural and private sectors) that aims to mobilize local stakeholders

in order to create collective actions so that young people from 0 to 35 years old from the area feel supported in their educational success and have favorable conditions to develop their full potential, their well-being within their family and the community.

The Maison de la famille Les Arbrisseaux promotes the optimal development of children and the well-being of families. The strengths of each complement each other here for the well-being of the community. Our programming is filled with workshops to support the family and improve your quality of life. It teaches effective practices in raising and caring for children. Whether it is to meet, encourage each other, get involved, save money or simply get moving, there is a workshop for you. Every member of the family finds their place here. Thanks to the active participation of everyone and sensitive and professional support, La Maison de la famille Les Arbrisseaux offers you mutual aid, respect and great solidarity.



PROJET PARTENAIRES POUR LA RÉUSSITE ÉDUCATIVE EN ESTRIE



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Ben by Daniel Shelton



Local News

According to Bertrand, it's nearly impossible at the moment to say how many birds have been infected in Canada, however, if he were to estimate, it would be around 500,000 infected birds across 25 locations.

Several farms on lockdown due to bird flu cases in the Eastern Townships

By Michael Boriero
Local Journalism Initiative

The Government of Canada website shows four confirmed cases of bird flu on farms in the Eastern Townships and the Canadian Food Inspection Agency (CFIA) has placed each of them in quarantine in Val-Saint-François, Haut-Saint-François, Brome-Missisquoi and Les Sources.

The most recent update came on Sunday. On Saturday, The Record spoke to CFIA National Operations Veterinary Specialist Dr. Marc Bertrand, who confirmed the presence of avian influenza on three farms in the region, as well as two investigations into possible outbreaks.

According to Bertrand, it's nearly impossible at the moment to say how many birds have been infected in Canada, however, if he were to estimate, it would be around 500,000 infected birds across 25 locations. The CFIA has set up Primary Control Zones (PCZ) in the affected areas.

"It's quite important as a global portrait. It has been in the European Union in the last two years with outbreaks coming on and being nipped as they erupted, but now we

have it in North America. There's over 180 premises in the States, and roughly 25 in Canada," said Bertrand.

From start to finish, it takes roughly an entire month to run an investigation into suspicious bird flu cases, taking samples, examining the results, cleaning the infected premises and removing the affected birds. The farms are put in quarantine until the CFIA determines the next move.

"Every site that is notified as possibly being infected with avian flu will be quarantined until we get a negative result. If the result is positive then we will have to clean and disinfect the place and this includes destroying the birds," Bertrand said, adding there is also a follow-up.

He told The Record that while it can present a major loss to the farmers whose flock has been infected and subsequently euthanized to stop the potential spread of the virus, the government offers compensation for every single bird that is put down, as well as a few other expenses.

Although Bertrand was unable to identify any of the infected farms due to the Personal Information Protection Act, it was reported last week that Brome Lake Ducks suffered an outbreak on its breeding farm in

Saint-Claude, located in the Val-Saint-François MRC.

Bertrand said that as cases continue to pop up in Quebec, the key is emphasizing the importance of biosecurity. He noted most commercial farms already have protocols in place, such as using a dedicated set of clothing for work, and disposable protective equipment.

"You don't want to get in contact with wild birds, which are the main suspects when it comes to causing avian flu in domestic birds. [...] So that means the boots you use to go hunt or hike in the woods shouldn't be the same you use to take care of your backyard poultry," he said.

It could take a couple months before the outbreaks are contained and the virus is completely eradicated, Bertrand continued. However, he added that Canada is on high alert every spring and fall, when wild geese and ducks, the two primary avian flu suspects, begin their migration.

And while provincial and federal inspectors are unable to regularly check in on every farm, Bertrand said the industry takes bird flu very seriously. Quebec also has the Équipe québécoise de contrôle des maladies avicoles (EQCMA) to monitor

the spread of animal diseases.

"They have a good association. They promote biosecurity between all of the poultry farmers and they provide information, tips, on how to bring up your biosecurity and also how to report any suspicion of disease, and they go further than the disease that you have," said Bertrand.

He told The Record that the EQCMA has a mature approach to handling biosecurity in the province. And they inform farmers about the undetectable diseases, Bertrand shared, adding there are several undetectable diseases that are even more dangerous to the industry.

As Quebec and Canada try to get a grip of the budding bird flu crisis, Bertrand noted the significant teamwork and effort from everyone involved in the industry to quash the spread of the virus. He also reminded industry workers to continue following the biosecurity measures.

"All of the farmers that have been touched have collaborated in exemplary fashion, so we'd like to thank them for their collaboration and [...] please beware no contact between wild and domestic birds and also not between two different premises that have domestic birds," he said.

Magog residents reminded to follow new pool safety standards

Record Staff

Magog residents with a residential swimming pool have been reminded to follow the new safety standards established by the province in July 2021.

The Ministère des Affaires municipales et de l'Habitation (MAMH) has given Quebecers until

July 1, 2023 to apply the new safety standards, which includes adding a fence or barrier and a clearance strip of at least one meter around the pool. There are also new diving board rules.

Residents with pools installed before Nov. 1, 2010 will no longer benefit from the grandfather clause. They must comply with the provincial regulations. Magog has updated its

bylaws to remain consistent and match the alterations to Quebec's swimming pool regulations.

According to a press release, residents will be required to obtain a permit in order to install or replace a swimming pool, as well as for any diving board installation or the installation of accessory structures such as a fence, platform or deck. It is

recommended to apply soon.

With a high demand during the summer, Magog is recommending residents apply for their necessary permits as soon as possible in order to avoid any delays. The city has also reminded residents that pool drain water should not be discharged directly into a waterway.

First deadline arrives for Conservative leadership race, 10 days until final one

The Canadian Press

At least eight candidates have crossed the first threshold to having their names appear on the final ballot of the Conservative Party of Canada leadership race.

British Columbia MP Marc Dalton is the latest to make today's deadline for submitting a \$50,000 registration fee and completed

questionnaire, along with meeting other requirements set by the party.

Dalton, whose campaign promises include holding an inquiry into Ottawa's response to the COVID-19 pandemic, joins former MP and Conservative deputy leader Leona Alleslev and MP Scott Aitchison in making the cutoff.

Others who have met the deadline

include Brampton, Ont., Mayor Patrick Brown and Independent Ontario MPP Roman Baber.

The next hurdle Conservative leadership hopefuls must cross comes in 10 days.

By April 29, candidates must submit the full \$300,000 required in registration fees and a compliance deposit, along with signatures from 500 party

members.

Pierre Poilievre and Leslyn Lewis have already done so, as has former Quebec premier Jean Charest, meaning the party has verified all three as candidates.

A spokeswoman for Baber's campaign says it anticipates raising and submitting the remainder of the \$300,000 "very shortly."

KEEPING IN TOUCH

Making magic together – one bite at a time

By Vanessa Asselin and
Siu-Min Jim

afternoon birthday party that was loaded with succulent treats? This is where the magic happens!

In an effort to support and teach new skills and to promote healthy lifestyles, a community initiative was launched in the Val-Saint-François and Des Sources regions this winter. At-home, oven-free nutritious treat workshops were offered to Richmond and Danville students, supported by the Community Learning Centres and Townshippers' Association. The project was a great example of community support at its finest!

After a simple registration process was completed, participating families were provided with all the necessary ingredients to complete a recipe in the kitchen; they also got a reusable snack bag and a little cookbook with more recipes that were adapted for little helpers in the kitchen. During the workshop, 'Energy Balls' were on the menu! Students and their families learned a variety of tips from local chef Tammi McGee, such as nutritious substitutes for sugar (date purée!) and how to create something delicious using very few ingredients. The students were excited and proud to bring their 'magical bites' in their lunches the next day!

During the workshops, memories were made through the power of community. The young families that



PHOTO BY ANNIE SPRATT ON UNSPLASH

This winter, Townshippers' Association partnered with the Community Learning Centres in Richmond and Danville to offer cooking workshops for local students and their families.

participated had an opportunity to enjoy some special time together during the activity and, perhaps, they also got the chance to introduce a little bit of cooking into their family lives. When surveyed, 100% of parents said they would recommend the workshop and told us that "it was very well done" and that they would "definitely be using the recipe." Most importantly though, the students were proud and happy to share their snacks with the rest of their family! This project was one to remember and an experience that, we hope, can be repeated in the future.

This monthly column keeps you in touch with Townshippers' Association's activities and news. Other ways to keep in touch:

Online

www.townshippers.org
Facebook.com/Townshippers
Twitter @Townshippers

In person

3355 College St., Sherbrooke
3-584 Knowlton Rd., Lac-Brome

By phone

819-566-5717
450-242-4421

THE RECORD

Internship Opportunity

Are you interested in learning more about your community? Do you enjoy meeting people and have natural curiosity?

The Record, the Eastern Township's only English-language daily newspaper, is seeking a reporter to cover news and events for its daily print publication and online edition, from its headquarters in Sherbrooke, Quebec.

The ideal candidate will be a university graduate in a related field with exceptional English-language writing skills, and an ability to communicate in French. Access to a vehicle would be considered essential.

This one-year internship will provide an opportunity for the right candidate to get hands-on experience working in a daily newsroom.

Interested candidates should send a cover letter with a sample of their writing and resume to

Sharon McCully, Publisher, The Record,
at outletjournal@sympatico.ca

Quebec grants \$3 million to protect wildlife, natural habitats

Record Staff

The provincial government has granted a \$3 million subsidy to the Fondation de la faune du Québec for the conservation of endangered wildlife and their habitats.

Forests, Wildlife and Parks Minister Pierre Dufour made the announcement last week. The financial support is for five years, ending in 2026. The ministry had an original agreement with the foundation that ran from 2018 to 2021. The new subsidy will keep the partnership intact.

"The great success of our partnership with the Foundation over the past few years has naturally led me to renew this collaboration for the benefit of the conservation of wildlife species at risk and their habitats," Dufour said, as quoted in a press release.

Quebec wants to continue the combined effort to better protect the province's wildlife and biodiversity. The financial support will be used to fund activities and projects within the foundation, and it aims to supplement the foundation's current conservation programs.

Quebec Wildlife Foundation President Jean-Claude D'Amours said the government funding is necessary to curb the decline of sensitive and endangered species in the province. He noted that these species struggle due to the loss, deterioration or fragmentation of their habitats.

"Thankstothisgrant,thefoundation will be able to increase its support to the network of organizations that implement initiatives to promote the recovery of wildlife species in precarious situations and their habitats," said D'Amours.

Taking up the pastoral care torch in a pandemic

By Gordon Lambie

There comes a time, after any new job is created, for a passing of the torch. The individual or individuals who worked to get the ball rolling step aside so that others can come in to carry on the work and adapt it to new needs and new situations.

As Scott Patton is learning, though, that process is a little more complicated when the job in question involves working with seniors and there is a global pandemic.

In January, Patton took on the role of Pastoral Support Minister in the Richmond area from Wayne Beamer, who held the position since it was created in the fall of 2018. The job was created to focus on outreach to and support for local seniors regardless of their church affiliation and according to Charlotte Griffith, a member of the Richmond United Church who has helped to coordinate the work, Beamer was able to overcome some of the challenges that came alongside the arrival of COVID-19 because of the relationships he had already built in the community.

"It was not so hard with Wayne because he had already started. He had already made all his connections so he could call people and they already knew who he was," she said, noting that although there were still plenty of hurdles to overcome when it came to pastoral support in the time of Covid, the foundation built up before was a big help. "Scott started in January and everything was closed down," she added, pointing out that the result is much more of a struggle when it comes to making introductions and getting to know people.

"It's a little slow getting off the ground," Patton said, "but any minister coming to a new ministry knows that

it takes a while to get cemented and understood as the minister. It takes a while for that relationship to emerge."

The minister, who was serving a church in Lachine until this past June, shared that the job in the Richmond area is a bit of a pre-retirement project for him, but that it appealed because he has always been drawn to the caring parts of his profession more than the preaching.

"Really the pastoral care stuff tugged at my heart" he said, calling the work of visiting and listening to the needs of people in the community a specialty of his.

More than a passion project, however, this new opportunity also represents a return home for Patton, who grew up in Huntingville and has now moved back to the community after years of only coming back to visit in the summers.

"It's a great thing and I'm really enjoying it," he said. "I'm back home, and really glad to have the opportunity to do this work."

According to Griffith, one of the big challenges at the moment and over the last two years has been the constant uncertainty about what is and is not allowed with regard to visiting people either in their homes or at local care homes. With the Covid regulations always shifting and changing, it can be hard to build up the kind of relationship needed to be a real support.

"Older people, if they get a call out of the blue from someone they don't know, they're very leery," she said, sharing that with the recent outbreak at the Wales Home preventing in-person visits, the team is looking at other ways to connect with the community and introduce Patton. In better times, the goal would be for him to go visit the home at least twice a week.

"It's a job that certainly works better



GORDON LAMBIE

Scott Patton at his home in Huntingville

face to face," she said, recalling the fact that the project was originally created as a way of pivoting the local church's resources to try to better serve an aging population.

Although funded through the United Church's "good samaritan" fund and the local congregation, Griffith emphasized that Patton is available to anyone from any faith tradition.

"He will visit anybody," she said.

Although the realities of the pandemic mean that any kind of

formal event to introduce Patton to the community is off the table, Griffith shared a hope that more opportunities for introductions will come up as the weather improves.

"We're coming up to a good time for Scott to introduce himself to people because he'll be able to do that outside," she said.

Anyone in the Richmond area looking to get in touch with Patton directly can do so by calling 514-557-3214.

Quebec government announces round trip flights to province's regions capped at \$500

By Clara Descurninges
The Canadian Press

The Quebec government said Tuesday it will cap the cost of plane tickets for all travel within the province to the regions as a way to increase tourism to rural areas located far from the big cities.

Starting June 1, anyone, residents and visitors, travelling within Quebec won't have to pay more than \$500 out of pocket for round-trip tickets to places such as the Gaspé peninsula, Transport Minister Francois Bonnardel told reporters.

Speaking at the Mont-Joli Regional Airport, about 570 kilometres northeast of Montreal, in the lower St-Lawrence region, Bonnardel said the \$500 cap on ticket prices also applies to trips that require connecting flights. The discount, he added, will be applied at the time of purchase and airlines will be required to claim the difference in price from the

government.

Questioned whether airlines would be incentivized to increase their prices because the government is subsidizing tickets, Bonnardel said prices would be "negotiated annually" according to the cost of inflation. The government's regional air transport plan, he said, is funded with \$261 million over five years.

All Canadian carriers can participate in the program but must serve destinations year-round to qualify for the subsidy. For example, Bonnardel said, Air Canada flights to the Iles-de-la-Madeleine wouldn't be subsidized because the airline currently offers that route in the summer only.

The Transport Department did not specify how often a carrier has to fly to a location for the route to be considered year-round.

Tourism Minister Caroline Proulx told reporters that the flight subsidy program opens new opportunities for

Quebecers to discover their province, particularly the regions that have difficulty attracting tourism.

The opposition Parti Quebecois, meanwhile, was skeptical of the government's plan and raised questions about the price of one-way tickets and how taxes would be applied in light of the discount. PQ transport critic Joel Arseneau also questioned the apparent lack of conditions for airlines, other than providing year-round flights.

"The frequency (of flights) that will be offered? will that change? Will the seating capacity increase according to demand?" Arseneau told a news conference.

Guy Caron, mayor of Rimouski, Que., who is also part of the union of Quebec municipalities, welcomed the new program, noting that his association has long called on the government to subsidize flights to the regions.

The association that represents

chambers of commerce across the province said it was pleased with the subsidy announcement but the government needs to make sure the routes remain profitable for regional airlines that participate. The Federation des chambres de commerce du Quebec said in a news release that due to the vastness of Quebec's territory, air travel remains the most efficient option but the costs are often high.

"What carriers want and demand is volume in their aircraft," association president Charles Milliard said. "If they could lower their prices themselves without operating at a loss they would do so, but unfortunately, this is not possible given the reality of the market."

"This is why government intervention is necessary so that Quebecers are more encouraged to use regional air transport to reach major centres or reach remote regions."

EDITORIAL

Along with improved energy efficiency, renewable energy is now the most cost-effective way to power societies. Costs of wind and solar power and battery storage have dropped by up to 85 per cent since 2010.

Fossil fuel funding is an investment in disaster

By David Suzuki

The Intergovernmental Panel on Climate Change's Sixth Assessment shows the world is unnecessarily headed toward climate catastrophe, and all it would take to resolve the crisis is decisive global action. That means no new fossil fuel development or infrastructure.

How has the world responded? With lots of talk and inadequate, often counterproductive measures. Banks continue to pump billions into coal, oil and gas development, governments are ramping up production and wars are being fought to keep the polluting, climate-altering fuels flowing.

UN secretary general António Guterres called the IPCC report "a litany of broken climate promises." Within days of the release of Part 3 of the four-part assessment, as well as Canada's emissions reduction plan, our federal government approved the Bay du Nord offshore oil megaproject in Newfoundland and Labrador — albeit with 137 conditions.

Banks have been increasing investments in fossil fuel developments and infrastructure, and industry lobbyists are using Russia's invasion of Ukraine to justify calls for ramping up oil and gas production.

A report by Oil Change International found, "fossil fuel financing from the world's 60 largest banks has reached nearly USD \$4.6 trillion in the six years since the adoption of the Paris Agreement, with \$742 billion in 2021 alone." Alberta oilsands financing jumped 51 per cent from 2020 to 2021, to \$23.3 billion, much of it from Canadian banks RBC and TD Canada Trust. Banks have also invested heavily in Arctic and offshore oil and gas, fracking, liquefied fossil gas and coal mining and power.

Meanwhile, estimated costs for the Trans Mountain pipeline project, which Canada's government bought in 2018 for US\$4.5 billion, have ballooned by 70 per cent, to \$21.4 billion!

Think of what that money could do invested in energy efficiency, renewable sources and protection and restoration

of natural areas that sequester carbon.

As Guterres wrote, "So far, high-emitting governments and corporations are not just turning a blind eye; they are adding fuel to the flames by continuing to invest in climate-choking industries. Scientists warn that we are already perilously close to tipping points that could lead to cascading and irreversible climate effects."

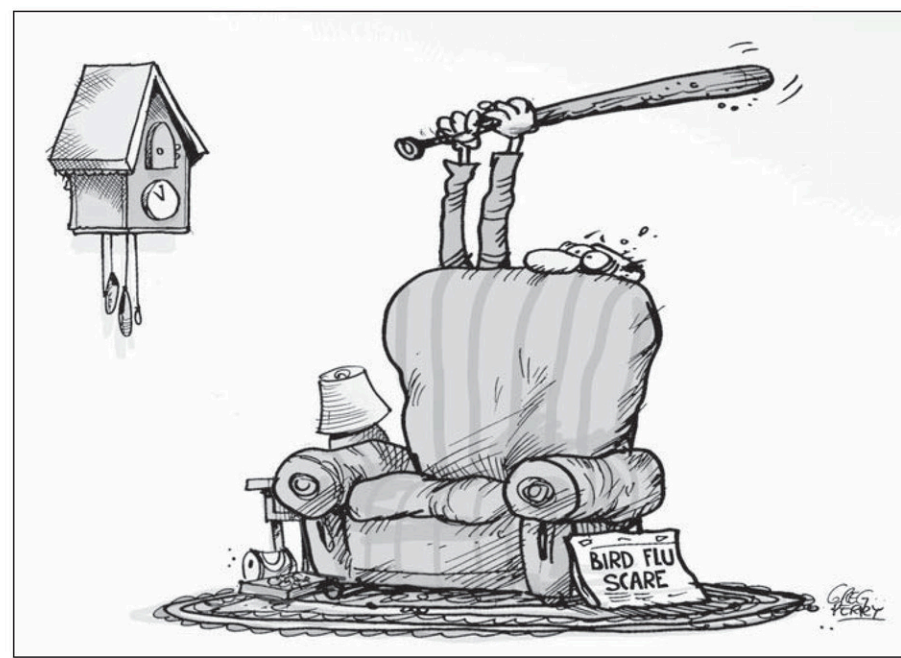
It doesn't have to be this way. The recent IPCC report, "Mitigation of Climate Change," lays out a viable plan to reduce emissions and forestall the worst impacts of a rapidly heating world. It wouldn't cost much more than we're now spending to keep burning fossil fuels. We'd also save enormous amounts by avoiding the health care and infrastructure costs of pollution and extreme weather-related events such as floods, droughts, heat domes and storms.

Along with improved energy efficiency, renewable energy is now the most cost-effective way to power societies. Costs of wind and solar power and battery storage have dropped by up to 85 per cent since 2010.

"It's now or never, if we want to limit global warming to 1.5°C (2.7°F)," said IPCC Working Group III co-chair Jim Skea in a news release. "Without immediate and deep emissions reductions across all sectors, it will be impossible."

We have important choices to make, choices that will determine the future for us, our children and grandchildren and those yet to be born. Although much of the onus is on governments, banks and industry to take the big steps, individuals have a role. Ensuring your investments aren't fuelling the climate crisis is a start, by divesting from funds and banks that support the industry and switching to non-fossil funds.

People can also join the growing movement calling for change, through activism, community engagement, political pressure and voting. Reducing meat consumption, avoiding flying and relying less on private automobiles will also help.



As Guterres said, "Climate activists are sometimes depicted as dangerous radicals. But the truly dangerous radicals are the countries that are increasing the production of fossil fuels. Investing in new fossil fuel infrastructure is moral and economic madness."

The Sixth Assessment consists of four parts, based on thousands of studies representing the most up-to-date climate science from around the world, with the final part, a synthesis, to be released in September. The first assessment was released in 1990,

and the world has since consistently failed to heed the increasingly urgent warnings.

In the face of overwhelming evidence, ignoring the world's scientists or believing they're somehow mistaken is an unnecessary, suicidal gamble.

David Suzuki is a scientist, broadcaster, author and co-founder of the David Suzuki Foundation. Written with contributions from David Suzuki Foundation Senior Writer and Editor Ian Hanington.

Learn more at david Suzuki.org

Letters

Bill 96 - Silence is Golden

With the backdrop of a large sign indicating the Quebec English School Boards Association (QESBA) is "The voice of English public education in Quebec," its executive director, Russell Copeman, a former Liberal MNA, wrapped up the webinar titled: "The Impact of Bill 96 on Student Success."

Recall the April 12 event was put on because of the hue and cry concerning an amendment to Bill 96, to include anglophone students having to take three core CEGEP courses, in French, to graduate.

At any rate, Mr. Copeman's comments included remarks such as "We need the cooperation and goodwill of the CAQ government to do the right thing."

The CAQ did do the right thing; they did show goodwill! Language Minister Simon-Jolin-Barrette excluded anglophone students from the plan. With a sense of compassion, he asked the Libs: "Don't you think that would be difficult for members of the anglophone community?"

To which, with a sense of delirious abandonment of the anglophone community - especially our youth - former executive director of the QESBA, Liberal MNA David Birnbaum responded without consulting anyone:

"I want to mention our pride in having proposed this amendment." Imagine.

It seems QESBA executive directors have limited knowledge of how democracy works. One should not toy with it. Worse, both seem to have a lack of understanding of the education system and are out of touch with the realities of the anglo community.

This is partly understandable. Recall the words of former Liberal Premier Couillard when the QESBA complained about school board reform Bill 86.

He said that the QESBA has "neither the political support nor the legal legitimacy to represent the English-speaking citizens of Quebec" (Le Devoir, Sept. 16, 2015).

Nonetheless, of immediate concern, though, is what to do regarding the thousands of anglophone students enrolling in English-speaking CEGEPs who do not have enough knowledge of the French language to take program-related courses in French?

First, we need the QESBA to remember the proverb: 'Silence is Golden.'

Then, hopefully, the CAQ will again attempt to protect our anglophone youth, whose futures will be seriously compromised, by postponing the amendment for two-three years.

CHRIS EUSTACE, RETIRED TEACHER,
MONTREAL

THE RECORD

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Cougars win shutout - Championship to be awarded Saturday or Sunday

Record Staff

The Regional Hockey League 4 of 7 final series is tied again after the Warwick Cougars defeated the Desjardins-Wild 3-0 in Windsor on Saturday afternoon.

Cougars goaltender Kevin Tardif stopped all 36 shots to help his team tie the series at 2-2.

Marc-Antoine Chartier scored what turned out to be the winning goal at 4:58 of the first period. It was his fourth goal of the series.

Frederic Levis doubled the visitors' lead just 37 seconds into the second period.

Yannick Ethier completed the scoring by sending the puck into an

empty net with 43 seconds left in the game.

Sean Julien had nothing to be ashamed of in front of the home net as he faced 46 shots.

The HRL Championship Series will be played on Saturday or Sunday in Windsor or Warwick.

The schedule for the remaining games in this final series reads as follows.

- Friday, April 22 - 8:30 p.m. at Warwick (Series tied 2-2)

- Saturday, April 23 - 8:30 p.m. at Centre J.-A.-Lemay

IF NECESSARY

- Sunday, April 24 - 4 p.m. at Warwick



KARINE LAMADELEINE

Chevaliers and Cantonniers face off in final series

Record Staff

The first round of the 4 of 7 final of the Quebec U18 AAA Hockey League went to the Levis Chevaliers who doubled up the Magog Cantonniers by a score of 4-2 on Saturday afternoon.

The Cantonniers opened the scoring at 7:07 in the first period on Connor Macey's third goal of the series.

The Knights scored four unanswered goals, starting with Justin Carbonneau's third goal of the series with just over seven minutes left in the first period.

Thomas Desruisseaux (3rd) and Noah Belle-Isles (2nd) provided the regular season champions with the lead in the second half of the middle

period.

Tristan Giroux rounded out the scoring for the winners with his second goal of the series with less than eight minutes left in the game.

Éli Baillargeon scored his 13th goal of the playoffs with eight seconds left in the game. The Township had a power play on the goal.

The Chevaliers directed 27 shots at goaltender Louis-Félix Charrois while Samuel St-Hilaire received 23 shots.

The two teams met again on Sunday at 1:30 p.m. when the Cantonniers won the second game of the 4 of 7 to tie the series at 1-1.

The series then moved to the Magog arena, for games scheduled Tuesday and Wednesday night at 7 p.m.



ARCHIVAL PHOTO: SANDRA GIROUX-POULIN

Canadian tennis star Bianca Andreescu victorious in return to court

The Canadian Press

Canadian tennis star Bianca Andreescu was victorious in her return to action after a long lay-off.

The 21-year-old from Mississauga, Ont., overcame some nervy moments in the first set en route to a 7-6 (5), 6-3 win over Germany's Jule Niemeier on Tuesday in first-round action at the Porsche Tennis Grand Prix.

Andreescu trailed 5-3 in the first set before rallying to win, then went up a break early in the second set en

route to the victory.

The Canadian faced six break points, saving five of them. She converted three of her four break-point chances.

Andreescu, ranked 121st in the world due to a months-long absence, was given a wild-card berth into the tournament. She will next face third seed Aryna Sabalenka of Belarus.

Tuesday's match was the first of the 2022 season for Andreescu, who announced in December that she was stepping away from tennis to recover physically and mentally from a "chal-

lenging" two years.

Andreescu posted on Twitter that she was affected by "multiple weeks in isolation quarantining" after contracting COVID-19, and by her grandmother's stay for several weeks in a hospital's intensive care unit because of the coronavirus.

Her last match before Tuesday was a second-round loss to Anett Kontaveit at Indian Wells on Oct. 21.

"A lot of days, I did not feel like myself, especially while I was training and/or playing matches. I felt like I was carrying the world on my shoul-

ders," Andreescu said. "I could not detach myself from everything that was going on off the court; was feeling the collective sadness and turmoil around and it took its toll on me."

Andreescu was 19 when she capped a breakthrough season by upsetting her idol, Serena Williams, in the 2019 U.S. Open final. That win came a couple of weeks after she won the Rogers Cup final in Toronto when Williams retired early in the final.

The strength of those wins propelled Andreescu to a career-best No. 4 in the WTA rankings.

Canadian golfing great Mike Weir named Presidents Cup assistant captain

The Canadian Press

Canada's Mike Weir was one of four captain's assistants named on Tuesday to the International team for the Presidents Cup.

Weir, South Korea's K.J. Choi, Australia's Geoff Ogilvy and Colombia's Camilo Villegas will join

captain Trevor Immelman as the team's leadership group.

"When I think of highlights in my career that really stand out to me, the Presidents Cup always makes the top of the list," Weir said. "The camaraderie that continues to grow within this team is irreplaceable."

"We can all sense the momentum that is building, and it's been

exciting to see Trevor's incredible dedication and focus on his role."

The Internationals will face the United States at Quail Hollow Club in Charlotte, N.C., from Sept. 20-25.

Weir will make his third appearance as captain's assistant after serving for Nick Price at the 2017 Presidents Cup and in 2019 for Ernie Els.

The Canadian has competed in five Presidents Cups (2000, 2003, 2005, 2007, 2009) and was teammates with Immelman in 2005 and 2007.

An eight-time PGA Tour winner, Weir is 13-9-2 all-time at the Presidents Cup and one of five International Team members with 10 or more match wins in competition.

Death

Robert W. LADD

Robert was born on September 29, 1933 in Scotstown, Quebec, and passed away on April 15, 2022 in Cowansville, Quebec.

Predeceased by his first wife Marilyn (Bennett) in 1999, Bob found another love and life with Barb (Jack). His children and grandchildren Brenda (John Burnett), with Paul and Emily; Grady (Crystal Mitson), with Nicholas and Nathan; Darcy (Ruth Jones), with Sarah and Bethany; and Gillian (Phil Marchessault) will all miss Grandpa Ladd very much. Extended family includes sister Bonnie (Ron Beaupre); Bruce Fraser and Sylvie Cloutier, with William and Thomas; Lea Hardcastle; and Janet Hardcastle (Charles Dobson), with Alia.

Bob was never a man of many words, but in later years he did like to keep in touch by phone with friends and family. He was always busy with his hands making or fixing something in his workshop, where he was at his happiest. He was always patient and generous with his time and knowledge.

Thank you to all the people who supported Bob during his difficult times.

A celebration of life will be held at a later date.

Dog-walking injury could be hyperextension of knee



ASK THE DOCTORS
By Eve Glazier, M.D., and Elizabeth Ko, M.D.

Dear Doctors: I was walking our dog at night and didn't see a big hole in the sidewalk. I stepped right into it, full force, and I think my knee actually bent backwards. I can walk OK, but now my knee hurts. Could I have damaged something? How do I know if I need to see my doctor?

Dear Reader: From your description of the incident, it sounds as though you hyperextended your knee. That means your knee joint was forced backward, just as you described, opposite of the direction in which it is designed to move. Depending on the force of the impact, and the degree to which the knee over-straightened, this can result in damage to the ligaments that

stabilize the joint.

Let's start with a closer look at the knee itself. It's the largest joint in the body, and it is a remarkable feat of engineering. It functions as a hinge, allowing the lower leg to flex and extend. The knee joint links together the thigh bone, or femur, and the tibia, which is the larger bone in your shin. It also includes the kneecap, or patella, which is the small, rounded bone that forms a protective cap at the front of the joint. A series of internal and external ligaments weave their way through the joint capsule. They not only connect the three bones that make up the knee, but also keep the moving parts both flexible and stable. The ligaments limit rotation and sideways motion, which could cause injury to the knee, and yet allow the joint to flex and extend within a precisely calibrated range of motion.

It's when the knee joint is stressed beyond what the ligaments can bear that injuries occur. This includes in a fall, during a jump, from a collision or in the unexpected shift of weight that occurred when you stepped into that hole. In the case of hyperextension, the resulting injury is typically to the anterior cruciate ligament, or ACL, and the posterior cruciate ligament, or PCL, which run through the center of the knee.

When someone hyperextends their knee, they usually feel the joint move out of alignment with the leg, just as

you did. It often results in localized pain that ranges from moderate to severe. You may see swelling or even visible bruising in the area. Straightening the joint may cause pain, and the knee may feel weak or unstable.

When someone experiences a loss of mobility in the knee following hyperextension, it can be a sign of damage to the ligaments, and perhaps to the surrounding tissue. Depending on how severe the injury is, treatment can range from rest, the use of a knee brace for stability and over-the-counter meds for pain and inflammation to surgical repair and physical therapy. In mild injuries, recovery time can take from two to four weeks. When surgery is required, full recovery can take up to six months or more.

Because the knee is such an important and complex joint, we think it's a good idea to have your injury assessed by your doctor.

(Eve Glazier, M.D., MBA, is an internist and associate professor of medicine at UCLA Health. Elizabeth Ko, M.D., is an internist and assistant professor of medicine at UCLA Health.)

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MAKE A
DONATION:
1-800-418-1111



Canadian Red Cross
Quebec Division

Date Book

WEDNESDAY, APRIL 20, 2022

Today is the 110th day of 2022 and the 32nd day of spring.

TODAY'S HISTORY: In 1902, Marie and Pierre Curie isolated the radioactive element radium for the first time.

In 1946, the League of Nations officially dissolved.

In 1999, two gun-wielding students killed 12 fellow students and a teacher at Columbine High School in Littleton, Colorado.

In 2010, a gas explosion and fire killed 11 people on the Deepwater Horizon oil rig in the Gulf of Mexico, beginning an oil spill that would not be capped for several months.

TODAY'S BIRTHDAYS: Adolf Hitler

(1889-1945), German dictator; Harold Lloyd (1893-1971), filmmaker; Joan Miro (1893-1983), painter/sculptor; Lionel Hampton (1908-2002), jazz musician; Tito Puente (1923-2000), jazz musician; George Takei (1937-), actor; Ryan O'Neal (1941-), actor; Steve Spurrier (1945-), football coach; Jessica Lange (1949-), actress; Luther Vandross (1951-2005), singer-songwriter; Crispin Glover (1964-), actor; Andy Serkis (1964-), actor/director; Carmen Electra (1972-), actress.

TODAY'S FACT: England sent criminals to Australia for forced labor and isolation from society well into the 19th century.

TODAY'S SPORTS: In 2008, Danica Patrick won the Indy Japan 300,

becoming the first female driver to win an IndyCar race.

TODAY'S QUOTE: "Throughout the time in which I am working on a canvas I can feel how I am beginning to love it, with that love which is born of slow comprehension." - Joan Miro

TODAY'S NUMBER: 63 - points scored by Michael Jordan of the Chicago Bulls against the Boston Celtics on this day in 1986, setting an NBA playoff record that still stands. The Bulls lost 135-131 in double overtime and eventually lost the first-round series, while the Celtics went on to win the championship.

TODAY'S MOON: Between full moon (April 16) and last quarter moon (April 23).

RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMs, BRIEFLETS:

Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)

Discounts: 2 insertions or more: 15% off

With photo: additional \$18.50. **DEADLINE:** 11 a.m., day before publication.

BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:

Text only: \$16.00 (includes taxes)

With photo: \$26.00 (\$29.90 taxes included) **DEADLINE:** 3 days before publication.

WEDDING WRITE-UPS:

\$26.00 (\$29.90 taxes included) WITH PHOTO: \$36.00 (\$41.40 taxes included)

Please Note: All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: classad@sherbrookecord.com - They will not be taken by phone.

DEADLINES FOR DEATH NOTICES:

For Monday's paper, email production@sherbrookecord.com or call 819-569-4856 between 1 p.m. and 5 p.m. Sunday. For Tuesday, Wednesday, Thursday or Friday's edition, email production@sherbrookecord.com, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called. Rates: Please call for costs.

NEA Crossword Puzzle

Your Birthday

WEDNESDAY, APRIL 20, 2022

self-improvement, raising your qualifications and heading in a direction that makes you feel good about yourself. Avoid joint ventures. Do your own thing.

SCORPIO (Oct. 24-Nov. 22) – Take control and make decisions that improve your position, not someone else's. A change will help you gain respect and support. Embark on something that motivates you.

SAGITTARIUS (Nov. 23-Dec. 21) – Maintain discipline, and avoid overdoing, overspending and overindulgence. Put a strategy in place, and work diligently to achieve your goal. Reset your attitude to focus on moderation and simplicity.

CAPRICORN (Dec. 22-Jan. 19) – Call a spade a spade, and stick up for truth, justice and making the world a better place. Be a role model, and you'll turn heads and make a name for yourself. Do what's right.

AQUARIUS (Jan. 20-Feb. 19) – Confusion will set in if you let others meddle in your life. A conscious effort to make a positive difference will help you maintain your reputation and ward off negativity.

PISCES (Feb. 20-March 20) – Put your emotions on the back burner and your energy into doing what you do best. Focus on getting ahead, not going into battle with someone trying to get a rise out of you. Concentrate on self-improvement and personal gain.

ARIES (March 21-April 19) – You'll learn the hard way if you trust someone to do things for you. Take charge of your life, learn all you can and refuse to participate in something questionable. Patience and prudence will pay off.

Refuse to let emotional situations influence how you handle your money, health or contractual matters. Put your energy where it will have the biggest effect and ensure that you maintain a stellar reputation. Choose practicality over risk, and make changes that help you excel instead of limiting what you can do to get ahead.

TAURUS (April 20-May 20) – Don't trust anyone to invest or take care of matters for you. Handle sensitive situations with compassion, but don't pay for someone's mistake. Do what's best for you.

GEMINI (May 21-June 20) – Get all the details, then proceed with diplomacy. The wrong move can cost you more than you want to give up. Observation and discipline will help you overcome temptation. Don't risk your health or wealth.

CANCER (June 21-July 22) – Taking care of business will help you get attention. It will be challenging to please everyone, so target your market carefully. Put your energy where it counts, and make changes based on facts and wisdom.

LEO (July 23-Aug. 22) – Don't believe everything you hear or invest in something because of someone else. Protect your money, possessions, health and position. Dedicate your time and effort to self-improvement.

VIRGO (Aug. 23-Sept. 22) – Accept the inevitable, and you'll find a positive way to move forward. Unexpected benefits are heading your way. Be patient and work with what you have; good things will happen.

LIBRA (Sept. 23-Oct. 23) – Simplify your life. Put your energy into

Answer to Previous Puzzle

M	A	O		M	E	I	N		P	R	O	S
A	L	P		O	M	N	I		O	I	N	K
C	L	E	A	R	I	N	G		O	B	E	Y
H	O	R	R	O	R		H	O	C			
	W	A	G	S			R	H	I	N	E	
		Y	E	L	P	E	D		D	E	L	
B	U	R	L	E	E	R		A	L	M	A	
A	N	T	E		A	R	I		P	E	O	N
S	T	E		S	N	E	E	Z	E			
H	O	S	T	A				A	M	O	K	
		E	L	S			A	N	A	K	I	N
G	E	T	A		M	A	R	I	N	A	D	E
A	M	E	S		O	G	E	E		Y	D	S
D	U	N	E		G	E	A	R		S	O	S

- ACROSS**
- 1 Pursue
 - 6 Warmed up
 - 12 Work fast
 - 14 Colorful percher
 - 15 Reddish antelope
 - 16 Aussie city
 - 17 Road coating
 - 18 Hearth residue
 - 19 Mass transit vehicle
 - 21 Gesture
 - 23 Not their
 - 26 Dull routine
 - 27 Mil. rank
 - 28 Let out, maybe
 - 30 Qty.
 - 31 Freudian subjects
 - 32 City near Phoenix
 - 33 Fish basket
 - 35 Tentacle
 - 37 Antique
 - 38 The "k" in 24-k
 - 39 Spanish article
- 40 — Paulo, Brazil**
- 41 Wash. time
 - 42 PBS funder
 - 43 Farm shelter
 - 44 — Lanka
 - 46 Boar's mate
 - 48 Brave
 - 51 Boy Scout units
 - 55 Galvanize
 - 56 Rob Roy liquor
 - 57 Novelist
 - 58 Nervous
- DOWN**
- 1 22nd Greek letter
 - 2 Sing wordlessly
 - 3 Deadly snake
 - 4 Sports figs.
 - 5 Jazzy Fitzgerald
 - 6 Surfer wannabe
 - 7 Precambrian, et al.
 - 8 Opening in the ice (2 wds.)

- 9 Drag behind
 - 10 New Haven student
 - 11 Cozy room
 - 13 Got paid
 - 19 Raw deal (2 wds.)
 - 20 Says
 - 22 Reduced (2 wds.)
 - 24 Level best
 - 25 Instant —
 - 26 Magazine stand
 - 27 Gold-coated
 - 28 PIN prompters
 - 29 Overhaul
 - 34 Goes for pizza, say (2 wds.)
- 36 Prepares coffee beans
 - 42 More helpful
 - 43 Faint
 - 45 Work, as yeast
 - 47 Killer whale
 - 48 Hem and —
 - 49 Make a mistake
 - 50 French monarch
 - 52 Old-time slugger
 - Mel —
 - 53 Dell or Gateway wares
 - 54 Retiring

1	2	3	4	5		6	7	8	9	10	11
12					13	14					
15						16					
			17			18					
	19	20			21	22		23	24	25	
26				27			28				29
30				31			32				
33			34			35	36			37	
38						39				40	
	41				42			43			
			44	45			46	47			
48	49	50				51			52	53	54
55						56					
57							58				

WEDNESDAY, APRIL 20, 2022

Is that discard really so vital?

By Phillip Alder

You are in a small slam with a singleton loser in a suit. The natural reaction is to discard it as quickly as possible, but sometimes the maneuvers necessary to take the discard will leave you badly placed, as in today's deal.

The aggressive bidding resulted in a poor slam – though some say there is no such thing if the slam makes! Four no-trump was Roman Key Card Blackwood, the response showing two key cards (one ace and the trump king, or two aces) and the trump queen.

West found the only lead that might let the slam through – a diamond. East thought for a while before putting in his 10. (If he had won with the ace, declarer would have had two discards, the diamond king and club ace, for his spade losers, given the winning spade finesse.) South, in a rush to discard the diamond eight, cashed the club king, played a spade to the queen and threw the diamond loser on the club ace. The spade ace, a club ruff and a spade ruff followed. However, East overruffed the dummy and returned a trump, leaving South with an unavoidable spade loser.

That was unlucky, but South could have done better. He should have

North		04-20-22	
♠ A Q			
♥ 8 2			
♦ K 9 7 6			
♣ A 7 6 4 3			
West		East	
♠ K J 9 5 2		♠ 10 8	
♥ 5 3		♥ J 7 4	
♦ 5 4 3		♦ A J 10 2	
♣ J 9 5		♣ Q 10 8 2	
South			
♠ 7 6 4 3			
♥ A K Q 10 9 6			
♦ Q 8			
♣ K			
Dealer: South			
Vulnerable: North-South			
South	West	North	East
1♥	Pass	2♣	Pass
3♥	Pass	3♠	Pass
4♣	Pass	4NT	Pass
5♠	Pass	6♥	All Pass
Opening lead: ♦ 5			

immediately drawn trumps and run the diamond eight, conceding a trick in the suit. Here, East would have won with the jack and returned, say, a club. South would have won, finessed the spade queen and led the diamond king, ruffing away East's ace. After a spade to the ace, South would have discarded his two spade losers on the club ace and diamond nine.

CELEBRITY CIPHER

by Luis Campos

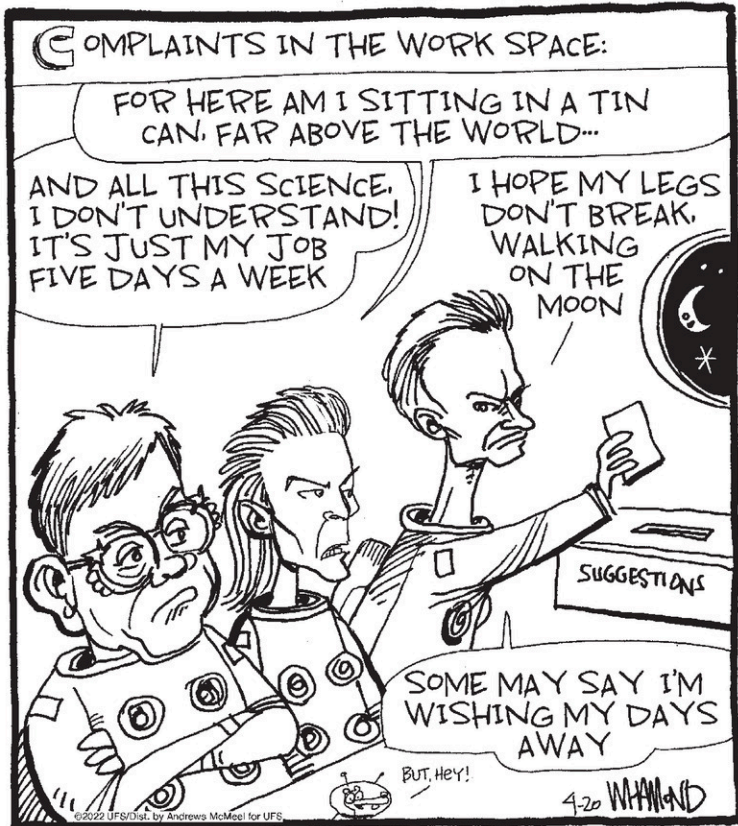
Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"XWLZS TV YU VJKV VJU XWNTS
 HKFSUDTX TM MJWBTFP LM BJKV 'M
 UMMUFVTKZ RWC K JUKZVJG UXWFDG
 KFS HZKFUV?" — SWFFK DKZVI

Previous Solution: "Normal human activity is worse for nature than the greatest nuclear accident in history." — Martin Cruz Smith

TODAY'S CLUE: *U sgnbe Q*

REALITY CHECK

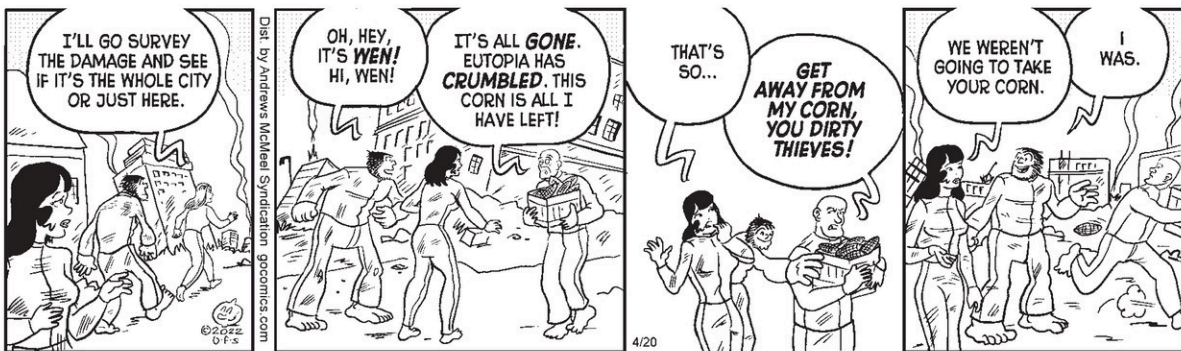


HERMAN



"How's your back?"

ALLEY OOP



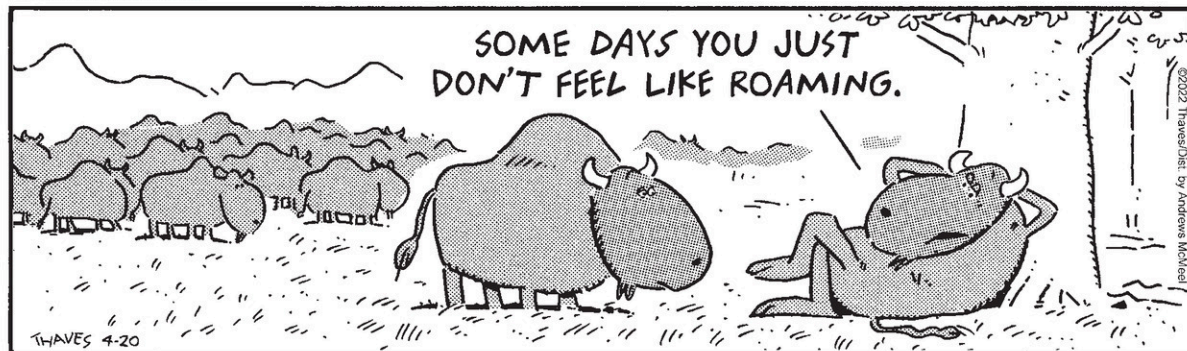
ARLO & JANIS



THE BORN LOSER



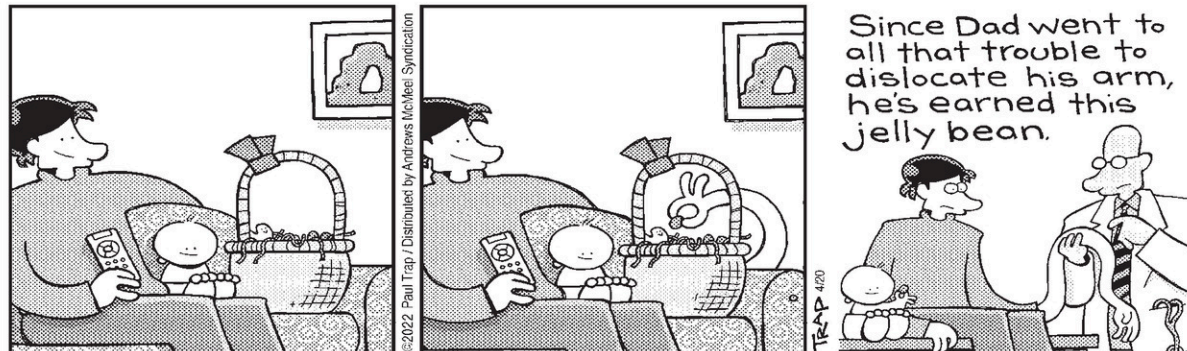
FRANK AND ERNEST



GRIZZWELLS



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 or Knowlton: (450) 242-1188 between 9:00 a.m. and noon

CLASSIFIED

Deadline: 12:30 p.m. one day prior to publication
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100 Job Opportunities

100 Job Opportunities

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North Hatley Library is recruiting for the summer 2022!

Requirements: Canadian citizen, minimum post-secondary education, aged 17 to 30 years.

Duration: 10 weeks @ 30 hours/week @ 14.25\$/hour, starting June 13, 2022, including all library opening hours and 3 Sundays' art show openings.

Qualifications: Bilingual and computer literate, able to work autonomously, good interpersonal skills, well organized.

Tasks: Circulation desk (book loans and returns, memberships, sales), assist with art shows, account for and record monetary transactions, children's story time, update catalogue entries, cover books.

Deadline: April 20, 2022.

Send your CV now to:
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165 Main St., North Hatley, J0B 2C0

Only candidates to be interviewed will be contacted.


100 Job Opportunities

100 Job Opportunities

SEEKING LIVE-IN CAREGIVER,

assist senior woman in Bromont, Quebec in private household. Keep records of daily activities, provide personal care, accompany to medical appointments, plan, prepare and serve meals, housekeeping and maintain. Room and board, vacation 1 day/month, 1st year 4% / wages. English speaking. Completion of secondary school, first aid and CPR training. Min. 2 years experience as full-time care giving home support, and related occupation. Temp. employment contract of 2 years, 40 hrs/wk, \$16.00/hr. Please send cv to sdprid22@gmail.com.

EXPERIENCED GARDENER needed to help manage and tend an extensive and mature perennial garden. This is a great opportunity for a downsized or retired gardener looking to get his/her hands dirty again. Located in Stanstead-Est, you will need a car to get to work. Friendly environment and flexible hours. Contact Daniel at 819-876-7267.



IMPORTANT MESSAGE

Water system

In order to maintain the best quality of tap water, the Service des travaux publics will proceed with the annual maintenance of the water system. **The work will be performed between April 25th and be completed around May 13th, 2022.**

The work may cause a slight discoloration of the water but does not contain any bacteria. Letting your cold water tap run for a while should remedy the situation.

Washing of clothes should be undertaken after 6:00 p.m. during this period. In any case, please check the color of the water before putting in any wash.

Thank you for your cooperation.

For more information, please contact the Hôtel de Ville at 819 826-3789, ext. 0.

Rémi-Mario Mayette,
 Director General and
 Secretary-Treasurer

Privacy in the age of home cameras

Dear Annie

WEDNESDAY, APRIL 20, 2022

Dear Annie: I have a question about etiquette in our technological age.

I recently discovered that lots of people have cameras inside their own homes, and I found out that one couple with whom we are friendly has several cameras in their home. I discovered this accidentally, when one spouse was looking at their camera on their phone and their spouse was at home.

I don't really care or judge why people have cameras in their own homes, but my question is about guests and etiquette. I feel that if I were invited to the home of someone who had cameras indoors, I would be very uncomfortable if I wasn't told (and I might even reconsider the invite). For those folks who do have cameras in their homes, is it considered good manners to inform your guests they are being videotaped? I feel that anyone hosting guests who has cameras in their home should absolutely be responsible for informing those guests.

Any thoughts or opinions would be greatly welcome, as my social group is uncertain as to this question. – 21st-Century Camera-Shy

Dear Camera-Shy: This is a great question because small video cameras in homes are such a recent invention and becoming increasingly widespread.

When it comes to security cameras in homes, it is the host's responsibility to make their guests feel comfortable. If you feel uncomfortable about being recorded, and the host has not asked you or mentioned that they have a camera, you have every right to tell them how you feel. If the host insists on keeping the cameras on, perhaps your next engagement could be at a restaurant or coffee shop.

The presumption when you go over to a friend's house is one of trust, and you want to be able to speak freely. If you feel you are being videotaped, that could be taken away from you.

Send your questions for Annie Lane to dearannie@creators.com.

SUDOKU

DIFFICULTY RATING: ☆☆☆☆☆

2				6	3	4		8
1				8				6
	6	3		5				7
				9		5	7	
7	2						6	9
	9	8		7				
9				3		6	1	
3				2				5
4		5	9	1				2

4/20

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PREVIOUS SOLUTION

9	5	6	1	7	8	4	2	3
7	2	1	5	3	4	9	6	8
4	8	3	2	9	6	5	7	1
2	3	9	8	1	5	7	4	6
6	7	5	4	2	3	8	1	9
1	4	8	9	6	7	2	3	5
3	9	4	7	5	1	6	8	2
5	6	7	3	8	2	1	9	4
8	1	2	6	4	9	3	5	7

HOW TO PLAY:
 Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.



URGENT


CARRIER NEEDED in Lennoxville

The Record is looking for a carrier in Lennoxville to start **as soon as possible** for the following streets:

- Boright
- Clough
- Downs
- Lloyd
- Mount
- Robert-Peel
- Spring - Garden
- Summer
- Vaudry
- William - Paige

Around 36 customers


If interested, please contact our offices by phone at **819-569-9528** or email at billing@sherbrookerecord.com



OUR WORLD WITHOUT ARTHRITIS STARTS NOW

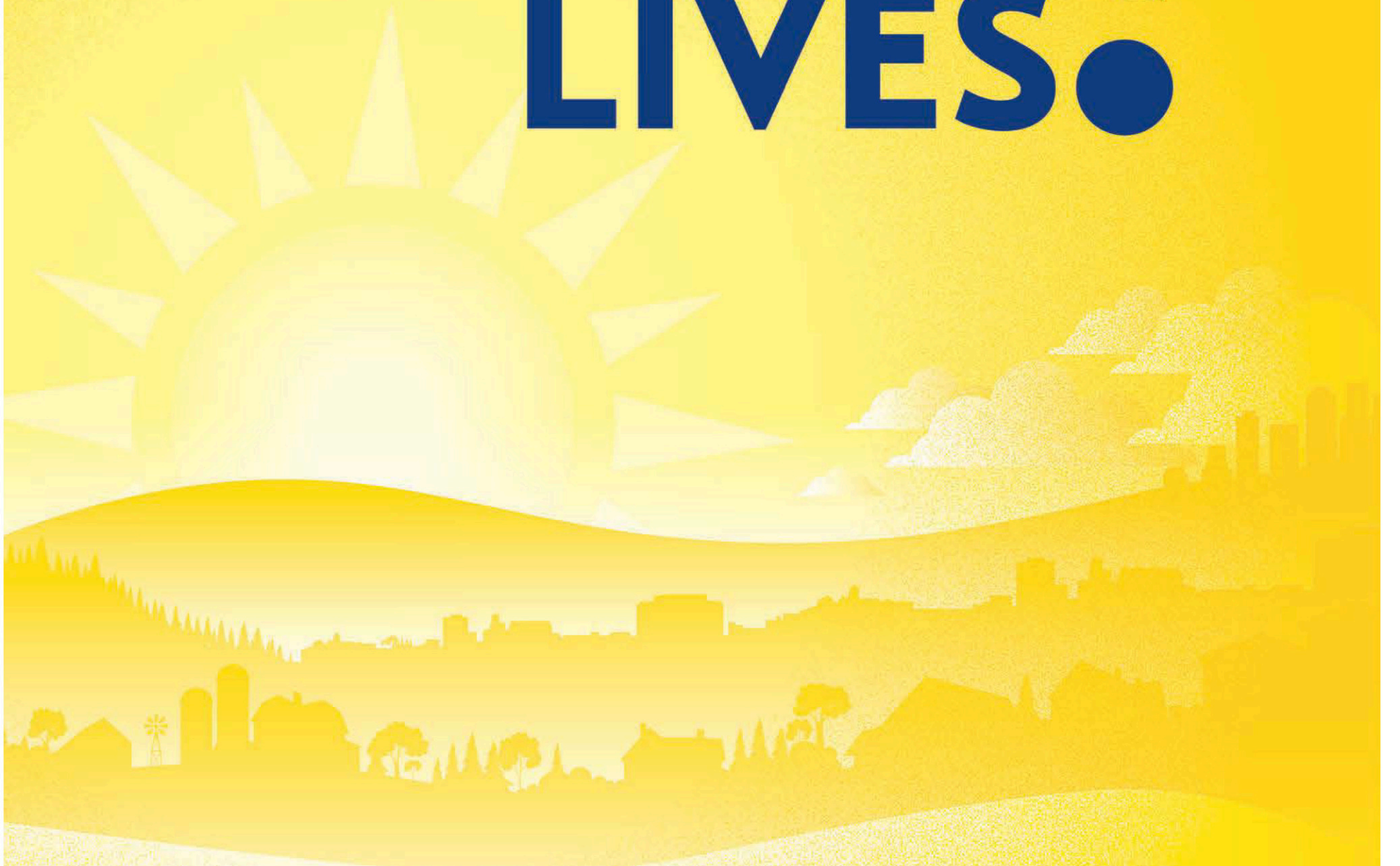
Give until it hurts no more

ERASE THE PAIN



ThePain.ca

VOLUNTEERING CHANGES LIVES!



NATIONAL VOLUNTEER WEEK
April 24-30, 2022

48th
EDITION

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