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**Strike 4, 5, 6:
ATA approves
final three days**

Page 3

THE
RECORD

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**The illusion
of the
global village**

François Tanguay — Page 6

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FRIDAY, NOVEMBER 20, 2015

**We assure you,
we're open!**

By Gordon Lambie
SHERBROOKE

Anyone who has tried to get to the Record's offices in the last two months will know that Galt Street East has been under a very long process of reconstruction.

After many weeks of having to follow consistently different detours and bargain with flag people to get to the building that houses *The Record*, the way was clear again as of late afternoon on Wednesday.

While the neighbourhood is still filled with equipment and work crews working on the cosmetic finishing touches, it should be known that the way to the newspaper's offices are now much easier to get to.



GORDON LAMBIE

The Record office, now without construction!

**Seven more local businesses benefit
from provincial loan program**



GORDON LAMBIE

Flavio Gutierrez sharpens a skate in his business, Tech-Sport. Gutierrez is one of the business owners to benefit from the "Pret a Entreprendre" program, as announced by the Sherbrooke Chamber of Commerce on Thursday. Read the full story on Page 4.

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Weather



TODAY:
AM RAIN,
CLEARING
HIGH 5
SUNRISE: 6:53
SUNSET: 4:13



SATURDAY:
INCREASING
CLOUDINESS

HIGH 3
LOW -1



SUNDAY:
PERIODS OF
RAIN

HIGH 6
LOW -5



MONDAY:
MIX OF SUN
AND CLOUD

HIGH -1
LOW -8



TUESDAY:
60% CHANCE
OF FLURRIES

HIGH -1
LOW -8

Oh, I say, what a splendid moustache you have

Gosh darn, it's so splendid that I want one, too



GOOD READS

ELEANOR BROWN

Everybody looks better with a moustache. Even monsters. Especially monsters.

Mo's Mustache (by Ben Clanton, 2013, filed in the Lennoxville Library at C-62) arrives in a box in the mail, and he carefully pastes it on.

"Awesome."

"It's superific!"

"Dude!"

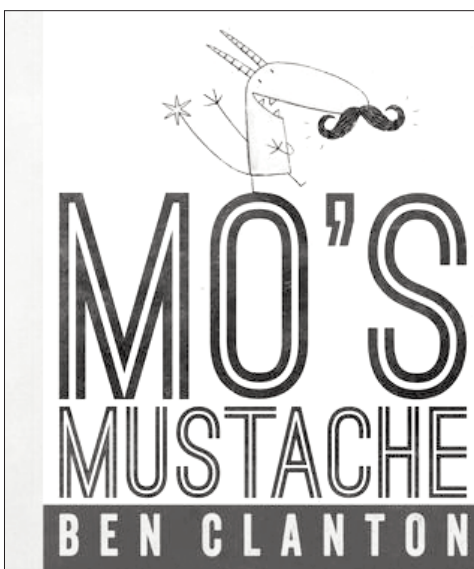
"I say!"

"What a splendid moustache."

"Nicely trimmed!"

Yes, all the monsters adore the new hairy lip. In fact, they love it sooooo much that they all get 'staches.

This makes Mo sad. "Mo's mustache no longer feels so big, black, or beautiful. So Mo says good-bye to his moustache...." Mo's story is a fun and fabulous tale (for adults as much as for children), which ends with our hero discovering that people imitate him because they admire him. Imitation is flattery. And so, he goes from upset to pleased.



There's a lot of bristle-sprouting this month, as many otherwise smooth-skinned men grow facial hair to mark Movember, the month-long fundraiser that brings in money for prostate cancer and related programs.

Movember Canada is also holding a fitness challenge so that women can get involved. But don't forget that some women can participate in the same way some men do.

Consider the acclaimed Mexican painter, Frida Kahlo. She celebrated her prominent moustache (and refused to pluck her unibrow). Women are hairy, and Kahlo's acceptance of her natural body has inspired many. It certainly did not impede her in life: Kahlo's artworks are beloved (and worth a small fortune), and she had many lovers (both male and female). But one of the most famous was the whiskered Russian revolutionary, Leon Trotsky. (He died in 1940 of an unfortunately placed icepick.)

Award-winning author Gregorio Leon uses their affair as the backdrop for a modern-day thriller, *L'Ultime Secret De Frida K.* (2012, translated from the original Spanish by Catalina Salazar and filed in French Adult Fiction). It's a mix of theft, murder, the drug trade, and the desecration of a religious artifact. And that's just the first part....

Like Kahlo and Trotsky, many proudly wear their moustaches year in, year out.

- The detective Hercule Poirot pays particular attention to his (find Agatha Christie's cozies in Adult Fiction in English and French, and also in Audio Books).

- The Gauls Asterix and Obelix (filed mostly in C-300) have lovely moustaches.

- Thomson and Thompson are look-alikes (but easily identified by their 'staches: one flips down, the other flips up, in C-360 and C-420).

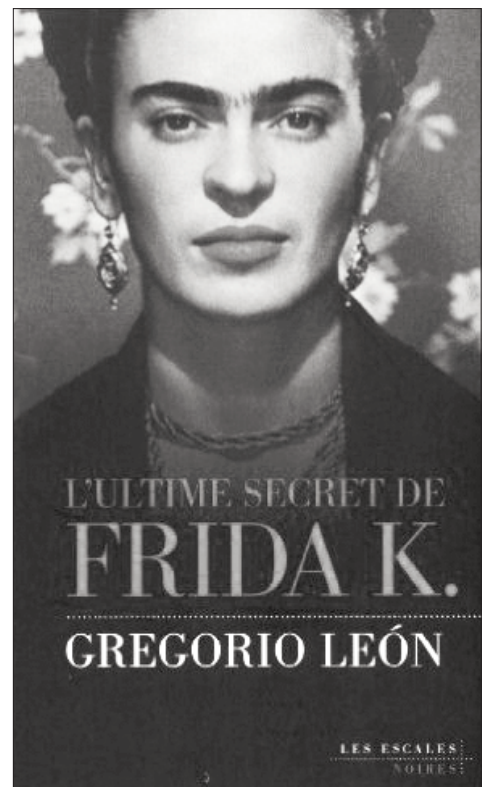
- And never forget Ignatius J. Reilly in the humorous *A Confederacy of Dunces* by John Kennedy Toole (1981, available in French via interlibrary loan as *La conjuration des imbéciles*).

Bad guys have stubble too (plus beards, even worse!) -

- the turncoat Saruman in J.R.R. Tolkien's *Middle Earth* series (filed in Young Adult and in Audio)

- and Charles Dickens' Fagin in *Oliver Twist* (in C-222).

Actor Hal Holbrook's 'stache perfectly matches that of the real-life American



humorist Mark Twain (born 1835), and Holbrook's voice and mannerisms perfectly capture Twain's character in the one-man show, *Mark Twain Tonight!*, a two-CD set recorded live on stage (2006, it's just under two hours, and filed in Audio Books). Holbrook's 70-year-old professional curmudgeon is arrogant ("I was born modest but it wore off"), charming and witty as he makes fun of journalists, moralists, and any and everyone else. A good portion of the show is given over to a reading of *Huckleberry Finn*, about a boy who flees his abusive father. Huck makes friends with an escaped slave, and the two seek some happiness in life. (You can also find the 1884 *Huckleberry Finn* in print in a year 2000 version in the Easy Reads section; these books are specially produced for beginner readers, for late learners, or those for whom English is a second language; nearby on the same shelf you'll find its prequel, *The Adventures of Tom Sawyer*, 1876/2008).

Of course, come the end of the month, Movember participants are to shave it all off. For some, this will be a relief. Not so for others.

The French author Guy de Maupassant died at the age of 42 in the year 1893.

CONT'D ON PAGE 4

Ben by Daniel Shelton



LOCAL NEWS

"It's not Monday to Friday, nine to five. Negotiators have no days off right now,"

ATA approves three more strike days

Common Front puts action on hold

By Matthew McCully
SHERBROOKE

While the Common Front postponed the strike days scheduled for Dec. 1, 2 and 3 and presented a counter offer for consideration to demonstrate a desire to move forward more intensively with collective agreement negotiations, the Appalachian Teachers' Association, on the same day, voted in favour of further strike action, if needed.

ATA president Megan Seline said 59 per cent of the union members participated in the vote.

The final tally was 58 per cent for and 42 percent against pursuing the remaining days of the original six-day strike mandate presented by the Common Front.

Participation was at 65 per cent for the first vote, with 74 per cent of teachers in favour of the first three days of strike action.

Regarding the Common Front's decision to postpone strike action, Seline said it was a good thing.

"It gives the opportunity to step back and think about things," she said, adding that three days in a row in December would have had a big impact on

teachers' paycheques.

"We'll remain optimistic," Seline said, hoping both sides can come to an agreement without having to exercise the remaining three days of the strike mandate.

"They still have them in their pocket."

Treasury Board President Martin Coiteux called the strike postponement a positive step, but overall called the union negotiators' counter proposal unacceptable, citing a \$12.4 billion gap between the government's offer and what the unions are asking for.

When asked to comment about the discrepancy, Seline insisted she was not a political science whiz and couldn't speak for negotiators, but pointed out the government did manage to find the money for Bombardier.

"Have a doughnut sale, that's what teachers do," she said, stressing that was her personal suggestion.

"Things seem to be moving quickly," she went on, with negotiators now meeting daily.

"It's not Monday to Friday, nine to five. Negotiators have no days off right now," she said, adding she has been called into a meeting for this Sunday.

"We're all just anxious for this to be

over. That's the sense that I get from teachers."

Seline said she travelled to the different schools in the ETSB to update teachers on negotiations while they determined whether or not to support more striking.

While the vote results suggest interest is waning, Seline said teachers are still concerned about the services students are going to receive.

One of the objections to striking, Seline said, was the idea of three days in a row at the beginning of December, which would have a big financial impact.

Seline said teachers also suggested a willingness to stand down if they knew for sure *a priori* weighting for special needs students would not be jeopardized.

"They're tired, but they're strong, and they're determined," Seline said.

Coiteux, during a press conference Wednesday, said the coming days will be crucial, and added that Premier Couillard will likely not let negotiations continue far into 2016, so coming to an agreement soon is imperative.

Seline agreed the sooner the better.

"We're not on the same timeline as

the rest of the world," she said, explaining that education is a long game.

Number crunching for Sept. 1 starts in May, Seline said, adding it is important to know how funds will be allocated with sufficient notice.

In the meantime, Seline said ATA teachers are continuing to work-to-rule, and there are subtle but continued actions, like teachers wearing 'holding it together' T-shirts to work, and holding occasional demonstrations before classes begin and during noon hour at some schools to maintain visibility in the community.

The current \$12.4 billion gap referred to by Coiteux is with regard to salary increases for the coming five years.

The Common Front's calculations are based on inflation and the consumer price index, as well as annual increases if Quebec's GDP raises by more than one per cent.

Coiteux's calculations suggested the Common Front's proposal, which the Treasury Board projected to total 15.2 per cent (equal to \$16.6 billion) increase over five years, is light years away from the government's offer of 5.3 per cent (totalling \$4.2 billion).

Charest recruited to boost City's Francophonie Games bid

Record Staff
SHERBROOKE

Former Quebec Premier and Sherbrooke native Jean Charest has been called in to strengthen the city's bid to host the 2021 Francophonie Games, according to local media.

Both *La Tribune* and Radio Canada are reporting that Charest will be among those named to the candidacy committee by International Relations and Francophonie Minister Christine St-Pierre at a press conference at City Hall in Sherbrooke today. Sherbrooke Mayor Bernard Sévigny will also be on hand.

Charest resigned as premier of Quebec after his party's in the September 2012 general election. He is currently a

partner in the Montreal office of the McCarthy Tétrault law firm, where he handles international issues.

During his career, Charest took part in four Francophonie summits that gathered more than 50 heads of state and government, and was host to the 2008 summit in Quebec City.

Sherbrooke is vying for the Francophone Games against Guadeloupe and Moncton/Dieppe, N.B.

Saint-Adrien man arrested

Record Staff

The SQ team investigating the sexual exploitation of children online arrested Guy Thifault of Saint-Adrien for child pornography yesterday. The 65-year old appeared Wednesday at the Sherbrooke courthouse to face a variety of charges.

Police searched the suspect's home and computer equipment was seized for analysis. Anyone with information on Thifault can contact the SQ at 1-800-659-4264. The public can also report any sexual exploitation of young people on the Internet at cyberaide.ca.

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Seven more local businesses for Prêt a Entreprendre

Gordon Lambie
SHERBROOKE

The Sherbrooke Chamber of Commerce announced the recipients of a third round of the province-wide Prêt a Entreprendre program on Thursday morning. The name of the program, a play on words drawing on the fact that the French word *prêt* means both “ready” and “loan,” explains exactly what the program has to offer; start-up loans for up-and-coming entrepreneurs. Seven businesses in the Sherbrooke area and one in Warwick will be benefitting from \$180,000 in loans from the program through the chamber this time around.

“It is an honour to be able to offer the opportunity to engage in this initiative to talented new businesspeople,” said David Quirion, president of the Sherbrooke Chamber of Commerce. “Financial assistance and access to a network of experts are precious supports, particularly when beginning our entrepre-

neurial dreams.”

Mobilus Technologies (\$20,000), Arboquebecium Inc. (\$10,000), Tech-sport (\$10,000), Oneka Technologies (\$30,000), BioIntelligence Technologies (\$30,000), Usinage ALT Inc. (\$30,000), and Concept GeeBee (\$30,000) are the Sherbrooke-area recipients alongside the Érablière aux Petits Plaisirs in Warwick (\$20,000).

Applications for this third round closed at the end of March, just shortly after the second round of recipients was announced. Between all three rounds of the project so far, Chamber of commerce executive director Louise Bourgault said that the Chamber of Commerce has been able to hand out \$515,000 in interest-free loans alongside expert advice to businesses in the Estrie and Central Quebec administrative regions.

“There are 10 chambers of commerce mandated to receive potential projects across Quebec,” Bourgault said. “What this means is that we work with a lot of local organizations on an interregional

committee to help support our entrepreneurs.”

Though Prêt a Entreprendre has an open call for projects, the Executive director highlighted the fact that a growing number of initiatives are applying for support from sources like the new small business incubator Espace Inc, the Dobson-Lagassé Centre and the University of Sherbrooke’s entrepreneurship initiatives, among other sources.

Flavio Guitierrez, owner of Tech-Sport, came to Canada from Guatemala and got a job in sports retail because he was told that sports culture would be the best way to integrate into Canadian society. He is now six months into running his new sport workshop near the Delta Hotel in Sherbrooke and said that the loan and support he has received from the program has been “a big help.”

Prêt a Entreprendre is an initiative of the Ministry of Economy, Innovation and Exports alongside several high profile partners like the Caisse de dépôt et placement du Québec, the Desjardins

movement, Quebecor, and the Federation of Chambers of Commerce of Québec, among others. It operates with a total budget of \$7 million funded by the Caisse de Dépôt et Placement du Québec, the Desjardins movement and the Provincial Government, and is planned to operate over the course of five years.

More information about the program is available in French on the Prêt a Entreprendre website at pretaentreprendre.com/

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Good Reads

CONT'D FROM PAGE 2

He once imagined a very short piece, penned by his “wife”, upon the loss of his mustache (read the full piece online at short-edition.com/classique/guy-de-maupassant/la-moustache).

Jeanne complains to her friend in a letter: “[I]l s’est rasé. Tu ne te figures pas, ma chère Lucie, comme ça le change! Je ne le reconnaissais plus... ni le jour ni la nuit. S’il ne laissait pas repousser immédiatement sa moustache je crois que je lui deviendrais infidèle, tant il me déplaît ainsi.

“Vraiment, un homme sans moustache n’est plus un homme. Je n’aime pas beaucoup la barbe ; elle donne presque toujours l’air négligé, mais la moustache, ô la moustache est indispensable à une physionomie virile.”

And so, for those contemplating the razor, you might want to take a household poll, first.

BROWN BAGS

The Books and Brown Bags folk meet every second Wednesday at noon – the last gathering of the year before the holiday break will be on Dec. 2. All are welcome, just bring your lunch and a book to discuss (though you’re also free to pop by and just listen!). Here are some of the latest recommendations, available on the Adult Fiction shelves of the Lennoxville Library.

• *Claire of the Sea Light* by Edwidge Danticat, a novel set in Haiti where we meet an assortment of Haitians all connected in some way to Claire.

• *In the Shadow of the Banyan* by Veddas Ratner, a harrowing novel about Cambodia.

• *Semi-tough* by Dan Jenkins, considered the seventh best sports book: Two guys grew up in Fort Worth, Texas and both end up playing football for the

New York Jets. 1972, so somewhat dated.

• *The Green Road* by Anne Enright, set in Ireland, a dysfunctional family saga

• *The Gods of Guilt* by Michael Connelly, courtroom drama (also in Audio Books)

• *The Birthday Lunch* by Joan Clark, a small but not notably close-knit family reunites on the occasion of terminal illness or death.

• *A God in Ruins* by Kate Atkinson, the story of Teddy, a bomber pilot in the Second World War. Available via interlibrary loan.

• *Lethal Legacy* by Linda Fairstein, mystery with a connection to collecting rare books and maps.

• *Faceless Killers* and *The Dogs of Rig*, both by Henning Mankell, two mysteries featuring Inspector Wallander (other novels by the same author are in French Adult Fiction, Large Print, and Audio).

BOOK ENDS

The artworks of LauréAnne Leblond are featured on our walls until November 28.

Our French-language book club meets monthly. Check in at the front desk to see what they have planned! The English-language book club, The Brown Bags, meets Nov. 18 from noon to 1 p.m. (and every second Wednesday). Bring your lunch and a book to talk about.

Library membership is free to all Sherbrooke residents.

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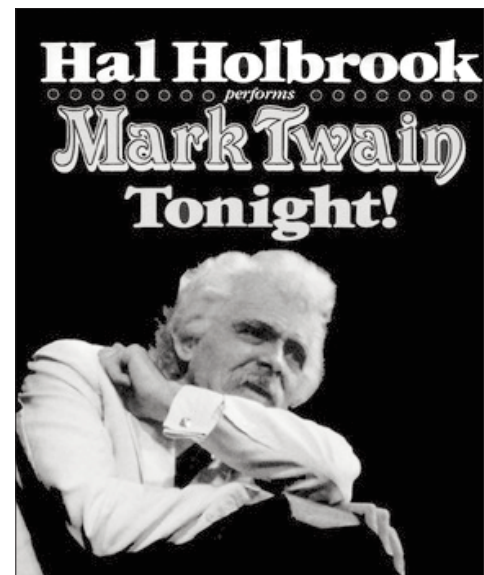


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Caisse to invest US\$1.5B in Bombardier for minority stake in rail business

By Ross Marowitz
The Canadian Press
MONTREAL

Weeks after receiving a cash infusion from the Quebec government, Bombardier has signed a deal that would see the province's pension fund manager invest US\$1.5 billion for a minority stake in the company's rail business.

Under the agreement announced Thursday, the Caisse de depot et placement du Quebec would receive shares that would be convertible into a 30 per cent stake in a newly created holding company for Bombardier Transportation.

Bombardier said the deal concludes its review of options for the division,

which sells subway cars and other mass transit systems. The company had considered spinning off the stake in a public offering and was rumoured to have been approached by Chinese railways.

"Today we are gaining an ideal partner for the sustainable growth of our business," Bombardier chief executive Alain Bellemare said during a conference call.

He said the transaction increases the company's financial and operational flexibility while allowing it to maintain a majority stake in the railway division. Its total liquidity or cash reserve would increase to about US\$6.5 billion as of year-end.

The cash would allow Bombardier to put its two CSeries planes into service, develop the Global 7000/8000 business

jets and provide a safety net if economic conditions put additional pressure on the business, Bellemare added.

Bombardier has been struggling to complete development of its CSeries passenger jet, which is over budget and behind schedule.

Last month, the Quebec government agreed to give Bombardier US\$1 billion to help complete development of the CSeries in exchange for a 49.5 per cent stake in that project. The federal government is also considering a proposal to provide financial assistance.

The deal with the Caisse does not change that proposal, Bellemare said.

Caisse chief executive Michael Sabia said the institutional investor never considered participating in Quebec's investment in the CSeries because it views rail as a better way of taking advantage of changing global demand and urbanization in emerging markets.

"We think it's a business filled with potential," he said. "We're convinced that Bombardier Transportation is a good business. Our goal in working with Alain and his team is to make this good business into a really great business."

The Caisse has historically been a big backer of Quebec's largest companies, ensuring that Quebecor acquired the Videotron cable company and helping firms like SNC-Lavalin and Rona.

According to terms of the deal, the Caisse's stake can decrease to a mini-

mum of 25 per cent if Bombardier Transportation does better than its business plan, and increase to a maximum of 42.5 per cent if it underperforms. The Caisse can trigger a public offering of sale of the holding company's shares after five years while Bombardier can purchase the Caisse's interest after three years - both netting the Caisse a premium return.

It also has veto on the nomination of new independent directors of Bombardier Inc.

The deal values the rail business at US\$5 billion, which is at the low end of analyst expectations, said analyst Benoit Poirier of Desjardins Capital Markets.

"We view positively the initiatives to improve the corporate governance of Bombardier, which we believe remains one of the Street's primary concerns," he wrote in a report.

The new holding company would be governed independently by a new board to be composed of seven members, three of which would be named by the Caisse.

Bellemare would be chairman and Bombardier Transportation president Lutz Bertling would continue in his current role. The deal is expected to close in the first quarter.

After initially soaring, Bombardier shares closed unchanged at \$1.28 on the Toronto Stock Exchange, although volume of 27.7 million shares was the most on Canada's main index.

Provincial recognition for the Sherbrooke Relay for Life

Record Staff
SHERBROOKE

The organizing committee of Sherbrooke's Relay For Life was awarded the Pinnacle 5D Relay for Life Prize at a Gala evening put on by the Canadian Cancer Society on Nov. 7 at the Oxford Cheribourg hotel.

The prize recognizes actions taken on the spirit of the five spheres of Relay For Life development: leadership, teams, events, fundraising, and survivors.

The Sherbrooke organizing committee received the distinction in recognition of the time and energy it put into putting together the 10th Sherbrooke Relay For Life that reached a new record

with innovative ideas that increased the success of the event, both financially and organizationally.

Stéphanie Jutras, past president of the organizing committee, accepted the honour on behalf of the committee. "I want to congratulate and thank all the members of the organizing committee for the Relay for Life in Sherbrooke, as well as all the volunteers over the past three years. We won the Pinnacle 5D prize in 2015, but all that work was started a long time ago. Volunteering for the Canadian Cancer Society with people so dedicated to the cause has been a gift for me. There is still much work to do to eradicate cancer and together we can make a difference," she said.

Arrests in Quebec hit alliance among Mob, bikers and street gangs

The Canadian Press
MONTREAL

Police say they have disrupted an organized crime alliance among the Italian Mafia, criminal biker gangs and street gangs that controlled drug trafficking and money laundering in Montreal.

Several arrests today are the result of a massive 34-month police operation that targeted a criminal alliance authorities say was set up to take over the city's drug-trafficking trade.

Police say 45 people have been ar-

rested, including former Hells Angels boss Maurice (Mom) Boucher, who has been incarcerated for several years for murder; the son of deceased Mob boss Vito Rizzuto; and Rizzuto's longtime lawyer, Loris Cavaliere.

Authorities are also looking for other people.

Police say many of the alliance's major decisions were made at the offices of Cavaliere, a well-known Montreal criminal attorney.

More than 200 officers from the RCMP, Quebec provincial police and Montreal force took part in the arrests.

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EDITORIAL

We forget how complex and costly to many it is to bring the world into our living rooms, kitchens and even our hands.

The illusion of the global village



FRANÇOIS TANGUAY

I was born a few blocks from where I now live, right in the middle of Montreal. In the late '40s and '50s you either spoke French or English in this province. Just about everyone I knew was white and spoke French. My world was limited to a very small geographical area in the city and going to the country was an event.

My first three years in school in the early '50s were at a boarding school in Varennes, minutes from where the Lafontaine tunnel was dug later. We had nuns as teaching staff and rarely left the premises. In those years, Varennes was all countryside; farmland not a suburb. There was no Education ministry and no Quebec flag, no real Canadian flag either. My world was hardly more than a village in the middle of a city, at least in the cultural and emotional sense.

In May 1964, not yet 18, I left school and got hired on a merchant ship headed for some unknown obscure port in the Soviet Union. This first contact with the rest of the world was a shock. I was transported behind the Iron Curtain and discovered how much both sides of the ideological separation were ignorant of the other's realities. A giant cultural and political gap. In August 1964 I got off the Polarglimt, a 10,000-ton Norwegian tramp bulk carrier, in Mobile, Alabama. The smell of racism was so strong it seemed unreal. Separate eating counters in the restaurants; white- and black-only toilets. Ten years after Rosa Park's famous bus ride, the blacks still got in first to sit in the back of the Greyhound coach I boarded to begin the long trip back to Montreal. You could sense the coming riots in the air. When I arrived home my immediate reality check was that I had lost contact with everyone I knew. I had seen too much in too short a time. It's probably

the moment I have been most alone in my entire life.

Fifty years later, after having been in 20 or so countries on four continents and worked on global issues like climate change and human rights, I realize that, beyond the speed at which news travels, I still live in a very small village. I know so much, and yet so little, about the nations and peoples that are in the news every day. Every bit of information comes in fragments, images and flashes. My understanding of the global village is more anecdotal than in depth and I have no idea of the reach my lifestyle has.

With globalization being the norm, we forget how complex and costly to many it is to bring the world into our living rooms, kitchens and even our hands. Rare materials that are essential to our phones and computers come from Africa. The extraction operations result in inhuman conditions and child labor. The near-slave work environment in China, where many of the devices are put together, is also kept from our eyes. The palm oil, ever so present in cosmetics and food, comes from fire-cleared forests replanted in palm oil trees in Southeast Asia. The scope of this destruction is so massive the smoke from the fires covers millions of hectares thousands of kilometers away.

Our so-called essential possessions are a political nightmare for many on the other side of the planet in too many cases. Drought in the Middle East has played a part in the current and complex mess that has exploded in the streets of Beirut and Paris. Deforestation in Africa has displaced millions and resulted in unprecedented land grabbing by China. We occupy our little corner of the global village almost unaware of the damage our lifestyles impose on so many.

You can be sure that, given what has happened in Paris last weekend the developing nations will again insist on environmental and social justice at the COP21 meeting beginning 10 days from now. The debates at these meetings go well beyond stopping greenhouse gases and deforestation in the tropics. Stripping the earth and exploiting the masses elsewhere in an unsustainable manner have human consequences we

will not be able to hide from our collective conscience for much longer.

It's not only the forests in Indonesia we must be aware of, but the displaced who will have no other possibility for a decent future other than to either create more slums or fight each other for what is left of the territory they have lived in for millennia.

The counter effects of years of neglect from the West are numerous. From an

environmental standpoint, the extreme recent events do have a link with our historical abuses of the planet. Of course, the radicals that killed so many in recent times have nothing to do with religion, and environment is far from their thoughts.

But growing inequalities, no matter where they happen, will remind us frequently from now on that our global village is very small.

Letter

DEAR EDITOR

Once again it is with a heavy heart that I must take to my keyboard to express my utter disappointment with the unvarnished hatred that exists in our society. It seems that we are living in a world of fear and hypocrisy, one far more reminiscent of the days of slavery and lynching than that of an allegedly modern people. I speak of course of the tragic events that occurred in Paris and the fallout that continues today. Within moments of the attacks social media, television, radio, and news agencies across the globe became a festering mess of presumptive accusations and blind racism.

This racism may not take the form of lynch mobs or forced labour, but it is no less hateful. The Muslim community, as well as other religious minorities, has been unfairly attacked by individuals who take no accountability for their words or the effects that they may have. While this is most recognizable in the xenophobic rants of Mr. Trump and the Republican party, individual citizens have bought into this hate and spread it like the disease that it is. Statements such as "they should go back to where the came from," or "I don't want refugees coming to my community" smack of intolerance and a total lack of understanding.

Western society seems to believe that the refugees have homes to go back to, or that if they come here that they will rape and murder our nation's children. Unfortunately the fact is that these are the people who have suffered the most at the hands of ISIS and the so-called "religious fundamentalists" groups. They are the people who have seen their children raped and murdered, their homes and businesses burned, and their cultural monuments destroyed. Yet we blindly lump them in with these groups who have perverted what, is in fact, a very kind and accepting religion practised peacefully by billions around the world.

There have no-doubt been shining examples of peace and kindness, from a piano performance of John Lennon's Imagine taking place at the very epicentre of the attacks, to a community rallying to raise donations after an Ontario Mosque is burned in what police describe as a hate crime. Unfortunately these symbols of hope and decency are quickly washed away and replaced by statements of ignorance that come from politicians, media, and the average citizen.

The attacks that occurred in Paris are shocking, but they are by no means the only ones that have occurred recently, large swaths of the Earth are plagued by this type of violence on a daily basis, yet it is only when this violence strikes at Western society that we pay attention. It is time that we in the West open our eyes and realize that we may not know what is best for the world, that we are not somehow better than other people simply because we have had the good fortune to be born into a world of privilege and security. It is time that we remember that all humans are born as equals, that we all have the same basic rights, desires, and ambitions. None of us are better than any other, nor have the right to pass judgment based on limited information and outdated stereotypes. If we want to call ourselves an advanced society it is high time we start acting like it.

It is my hope that I may get through to even one closed mind and give them pause about the hate that they feel. I can think of no better way of finishing this letter than to simply remind everyone of the final words of Jack Layton, who wrote, "My friends, love is better than anger. Hope is better than fear. Optimism is better than despair. So let us be loving, hopeful and optimistic. And we'll change the world."

MATTHEW BARLOW
LENNOXVILLE

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THE RECORD

1195 Galt East, Sherbrooke, Quebec J1G 1Y7
Fax: 819-821-3179

E-MAIL: newsroom@sherbrookerecord.com
WEBSITE: www.sherbrookerecord.com

SHARON MCCULLY PUBLISHER (819) 569-9511
JOHN EDWARDS NEWS EDITOR (819) 569-6345
STEPHEN BLAKE CORRESP. EDITOR (819) 569-6345
SERGE GAGNON CHIEF PRESSMAN (819) 569-9931

DEPARTMENTS
ACCOUNTING (819) 569-9511
ADVERTISING (819) 569-9525
CIRCULATION (819) 569-9528
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The Record is published daily Monday to Friday. Back copies of The Record are available.

The Record was founded on February 9, 1897, and acquired the Sherbrooke Examiner (est. 1879) in 1905 and the Sherbrooke Gazette (est. 1837) in 1908. The Record is published by Alta Newspaper Group Limited Partnership.

PM#0040007682

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COLUMNIST

Sometimes we just keep going, too. Because it is important. Because people are counting on us. Because no one else will care like we do, if we don't keep at it.

ONE COLUMN, FOUR VOICES

Opening to the Spirit

Today's Word: Perseverance

By Revs. Mead Baldwin,
W. Lynn Dillabough,
Lee Ann Hogle and
Carole Martignacco

1) I remember the day I got my first skateboard. It was so much fun riding down the driveway, which had recently been paved. I even made a slalom course with plastic pails, shortening the distance between them till it was quite challenging. I have to admit I was a good skateboarder. I had two younger brothers who watched me and wanted to try. One of them was quite agile and was immediately quite good at the course; the other one, not so much. He stumbled and fell and had difficulty keeping his balance, but he persisted. He rode that skateboard for hours until, about a month later, he was far better than either of us.

Actually my brother is like that in life. Things did not come as easily to him as they did to me. His perseverance and hard work paid off when he received his electrical engineering degree at McGill. He also became an excellent basketball and volleyball player.

My father used to tell us "If at first you don't succeed, try, try again." Had he given up on everything he wasn't good at to begin with, none of his accomplishments would have been possible.

Perseverance is the ability to keep on striving in difficult circumstances. Sometimes this means defiance, defying logic and common sense to pursue a goal. When there are obstacles in the way, perseverance means not giving up.

When I ponder the great accomplishments of humanity, few of them were easy. Our world, our various communities all have challenges ahead. Let's now allow our initial struggles to keep us from striving to achieve our dreams.

~~~

2) Persevere is what we all do, at our best, when we're challenged to accomplish a daunting task. We hold our-

selves accountable for fulfilling our dreams, hopes and visions. Vowing not to give up in the face of all odds — knowing there will always be odds. Especially when it comes to building a world worth living in. Doing justice and championing human rights, we keep on keeping on because so much is at stake. Anyone who has ever done "grassroots" activism knows it includes, requires protecting against what psychologists call compassion fatigue.

On a Greek island, someone I am privileged to know is now at the front lines helping to rescue refugees. Physically, spiritually, emotionally and in all ways exhausting work. She writes of how she and her friends welcome hundreds a day, one overflowing inflatable dinghy after another, reaching out to bring ashore a steady stream of humanity of all ages. Amid gratitude for safety, they mourn those left behind or lost at sea.

Day into night they arrive — hungry, sodden, sick and injured, children and elders, mothers with infants, families separated — to be offered blankets, emergency rations, water and dry clothing, along with hugs and smiles and reassuring words. The team makes and distributes thousands of sandwiches, comforts children, helps the aged find temporary rest before continuing on the next phase of the journey. Welcome amid tears of confusion and relief is understood in any language or none. Against waves of suffering, she greets them with a smile, connecting eye to eye, soul to soul.

Persevere, I pray all those personally on the shore transforming effects of hate with selfless love. The thing most worthy of smiling perseverance is this being humanely human.

~~~

3) A favourite book of childhood was *The Little Engine That Could*. A train car full of toys was waiting to be pulled up the mountain to the children waiting for them at the top, but all of the capable and

serious engines were too busy. So, they bring in some loser that no one thinks can do it, but he just kept going, saying to himself all the way up: "I think I can. I think I can."

Sometimes we just keep going, too. Because it is important. Because people are counting on us. Because no one else will care like we do, if we don't keep at it.

Finishing graduate school as a single mother, I remember this determined feeling of perseverance well. After supper, and playing, and baths, and bedtime stories, it was time to get back to the books. Sometimes I wonder what my life would have been like if I had given up.

I hope that we continue to persevere with things that are good: the suffragettes persevering in their fight for women to be recognized as people; the refugees walking hundreds of miles seeking safety for their families; the scientists repeating test after test in search of answers; the parents putting one more meal on the table for their children; the caregivers of the elderly patiently offering assistance, even though they are tired themselves; the friend reaching out, once again, in an attempt to heal a rift or to encourage a soul who is lost or withdrawn.

This reaching for the good, and doing good, may seem grand or small, but, whatever it is, don't give up! It is perseverance like this that can make all the difference.

~~~

4) I once had a conversation with a school board consultant regarding gifted children. In his opinion it was less important to offer enrichment to particularly gifted children than it was to nurture a spirit of perseverance in all children.

All of us seem to be born with aptitudes for some things but not others. Standard wisdom would have us nurture these natural talents. Yet I have known the unique sense of accomplishment that persever-

ance in a difficult task can bring. There is something quite thrilling about watching the underdog come from behind and beat the odds. Indeed when the impossible is realized, when the goal, that was a distant dream, is achieved, there is an air of the miraculous about the accomplishment.

According to St. Paul, you need to plant and you need to water, but God provides the increase. The trick is not to give up. Whether it's walking on the moon, recovering from a life-threatening illness or going back to school after 20 years in the work force, the common ingredient seems to be perseverance. We persevere because we hold on to hope, against all odds.

We persevere because we have seen and we have known situations where the miraculous does break into our world. We persevere because somehow we sense we are participating in

something bigger than ourselves. We are the planters and the waterers. If you currently find yourself in trying times where the skies are dark and the road is rough, don't give up. Just around the bend, just beyond your sight are brighter days and smoother roads. Persevere!

~~~

One word, four voices - now add your own: What does perseverance look like in your life?

~~~

Rev. Mead Baldwin pastors the Hatley, Waterville & North Hatley United Churches; Rev. Canon W. Lynn Dillabough co-ordinates the Anglican Deanery of Saint Francis; Rev. Lee Ann Hogle ministers to the Ayer's Cliff, Magog & Georgeville United Churches; Rev. Carole Martignacco pastors UUEstrie - the Unitarian Universalists in North Hatley.

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# TALK

YOUR WEEKLY GUIDE TO TOWNSHIPS CULTURE

NOVEMBER 20 - NOVEMBER 26, 2015

## Cold Beer Conversation

# George Strait's first studio album in two years is traditional, consistent



COUNTRY CONNECTION

JESSIE AULIS

This new George Strait release titled Cold Beer Conversation came as a surprise and almost at the same time as King George announced his upcoming spring and fall 2016 shows scheduled for Las Vegas.

For this Country Music Hall of Fame member, it was very unlike him to drop an album without an advance notice. But the surprise doesn't end there. Cold Beer Conversation finds the old-school artist working with a new producer for the first time in 25 years.

Chuck Ainlay has engineered Strait's albums for decades, but this time he sits in the producer's chair with George Strait for George Strait Productions and the album features 13 songs. Every song on the new collection is genuine country and George Strait's pure vocals are never drowned out.

Country music has always been about the story, and Strait can tell stories perfectly. While all the songs are original, there are quite a few that were written by George Strait and his son Bubba. The

album was recorded in Nashville with some of Music City's top musicians.

The instrument selection is outstanding and includes fiddle, pedal steel, electric lead guitar, acoustic guitar, piano, electric bass, mandolin, dobro, and the harmonies are beautiful. Cold Beer Conversation is Strait's first studio album in two years.

George Strait has always been traditional, consistent and nothing is different with this new CD. When you buy one of his albums, you are always positive that you are paying for quality.

The title track is about a couple of guys, sharing a few beers and reminiscing about high school football, exchanging their worries and concerns about their aging parents. It's about two men trying to change the world with a con-



versation.

"Take Me to Texas" could become a new Texas anthem while "It Takes All Kinds," is a tune co-written by Strait and

CONT'D ON PAGE 9

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# Thirty-five years ago, viewers learned who shot J.R. Ewing, including the 'Dallas' star who 'shot' him

By Frazier Moore  
THE ASSOCIATED PRESS

Thirty-five years ago this Saturday, viewers learned the truth. They got the answer to the question that bedeviled them for months.

They found out who shot J.R. Ewing as 90 million of them massed in front of half the nation's TVs watching "Dallas" that evening of Nov. 21, 1980.

Not that it really mattered whodunit. What mattered was, the issue was settled. The mystery solved. "Dallas" fans could finally move on.

So could "Dallas," which, by the time the shooter's identity was disclosed, had rocketed from its prior status as a mere TV hit to the far reaches of cultural

blockbuster-dom.

A saga of the Texas tycoon Ewings, "Dallas" was epic, ostentatious, outrageous and addictive, with its at-each-other's-throats clan ruled by J.R. Ewing, a charmingly loathsome oil baron. As embodied by Larry Hagman, J.R. was a bottomless well of corruption who deployed a Lone Star twang, cold hawk eyes and a wicked grin.

By the evening of March 21, 1980, "Dallas" devotees were already smitten with his villainy. But then, on that third-season finale, "Dallas" threw them a curve unlike anything witnessed before: J.R. was gunned down by an unknown assailant and left for dead on his office floor.

Thunderstruck fans were left with the

awful possibility (and somehow it seemed like a possibility) that the series' leading man — its main attraction — might have been disposed of. And even more unsettling: They were left in the dark as to who pulled the trigger.

Obvious persons of interest included Sue Ellen Ewing (played by Linda Gray), J.R.'s long-suffering, cheated-upon wife, and his sniveling arch-enemy Cliff Barnes (Ken Kercheval).

Kristin Shepard, J.R.'s sexy scheming sister-in-law/mistress, was also an attractive candidate.

But "Dallas" producers, who had cooked up the "Who Shot J.R.?" twist as an effective way to satisfy a last-minute

CONT'D ON PAGE 18



AP PHOTO/RASMUSSEN, FILE  
This Nov. 21, 1980 file photo shows actress Mary Crosby, daughter of late entertainer Bing Crosby, and actor Larry Hagman, who played J.R. Ewing in "Dallas."

## Country Connection

CONT'D FROM PAGE 8

his son. This number would fit perfectly on a Bob Wills Texas swing album

"Stop and Drink" is about a son who wishes he would have put a phone in his father's pocket at his funeral, so he could send pictures to him. Strait has more than 40 albums to his credit, and over 60 No. 1 singles — more than any artist in country music history.

There's also "Let It Go" a great number co-written by Strait, his son Bubba, and Keith Gattis. The song is about life and how you sometimes have to let go of something you want, because if it's not meant to be, it's not meant to be.

"Goin' Goin' Gone" is about the stress in everybody's life and the hardship of those who have to live always waiting for the next paycheck.

Strait's vocals are so smooth and his singing effortless as usual. He is always recognizable when you hear him on the radio, and it is easy to believe everything he sings.

Other great songwriters have been enlisted to provide Strait with new material, such as Jamey Johnson, Brandy Clark, Bill Anderson, Buddy Cannon, and more.

The downside comes with the fact that George Strait doesn't tour anymore to support his new material. His April 2014 show at the home of the Dallas Cowboys' AT&T Stadium, which set a record for indoor concert attendance

with 104,973 fans, marked the end of his The Cowboy Rides Away tour and the end of his life on the road.

Now with this new album and the announcement of a residency in Las Vegas, we've realized that Strait's idea of retirement only meant no more tour bus.

### Dixie Chicks return

After a ten-year hiatus, the Dixie Chicks have announced a North American tour. The Chicks' DCX MMXVI World Tour will kick off with previously disclosed European shows.

On June 1, 2016, Natalie Maines, Martie Maguire, and Emily Robison will begin the North American leg of the tour in Cincinnati, Ohio. They'll be playing dates throughout the U.S. and Canada through October.

After Natalie Maines' comments about then-president George W. Bush in 2003 things turned sour for the Chicks. In March 2003, as the U.S. was preparing to invade Iraq, Maines notably said, during a concert in London, "Just so you know, we're on the good side with y'all. We do not want this war, this violence, and we're ashamed that the President of the United States is from Texas."

The reaction from the country music community was immediate and harsh, with many radio stations banning the Dixie Chicks' music, going to the point of burning their CDs in the streets. Now they're ready to come back.

For more information about pre-sale and public sale dates for the Dixie Chicks' North American tour dates, visit their official website at [www.dixiechicks.com](http://www.dixiechicks.com)

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# Former 'Two and a Half Men' star Charlie Sheen says he is HIV positive, partying days are over

By Frazier Moore  
THE ASSOCIATED PRESS

Charlie Sheen said his bad-boy days are over and, with Tuesday's declaration that he's HIV-positive, he aims to become an inspiration to others. "My partying days are behind me," Sheen said in a letter posted online. "My philanthropic days are ahead of me."

The manifesto was released as the former "Two and a Half Men" star appeared on NBC's "Today" to say he tested positive for the virus that causes AIDS about four years ago, but that, thanks to a rigorous drug regimen, he's healthy.

When asked by "Today" co-host Matt Lauer if he had transmitted the disease to others, Sheen declared, "Impossible. Impossible," and insisted he had informed every sexual partner of his condition beforehand. He told Lauer he has had unprotected sex with two partners, both of whom knew ahead of time, adding, with no clarification, "They were under the care of my doctor."

That claim was disputed by Bree Olson, who was living with Sheen in 2011 as one of his two "goddesses."

"He never said anything to me," Olson said on Howard Stern's SiriusXM radio show Tuesday.

She said she learned of Sheen's condition only in the past few days, prompting her to be tested. She told Stern the results were negative.

Asked by Lauer if he expected "a barrage of lawsuits" from past sexual partners alleging he infected them, he said wanly, "I'm sure that's next."

But in California, where Sheen resides, a person can be charged with a felony only if they are aware they are HIV-positive and engage in unprotected sex with another person with the specific intent of exposing them to the disease.

With his public pronouncements, Sheen said he hoped to reduce the stigma and shame still felt by others diagnosed with HIV, as well as by those reluctant to be tested. He voiced hope that "others may come forward and say, 'Thanks, Charlie, for kicking the door open.'"

While some may have dismissed what Sheen said as the latest rantings of a reckless grandstander, others were calling him a champion.

"Today, he's a hero of mine," said Peter Staley, a long-time AIDS activist who is HIV-positive. Watching Sheen's interview, "I saw someone who has made a major leap forward and is on a new path that will hopefully end up helping a lot of people."

And Gay Men's Health Crisis CEO Kelsey Louie said, "Charlie Sheen deserves privacy and respect for sharing his status — no matter what his personal circumstances were."

Sheen said one reason for going pub-



PETER KRAMER/NBC VIA AP

Former "Two and a Half Men" star Charlie Sheen, right, is interviewed by Matt Lauer, Tuesday on NBC's "Today" in New York. In the interview, the 50-year-old Sheen said he tested positive four years ago for the virus that causes AIDS.

lic with his condition was to put a stop to shakedowns from prostitutes and others. He said one prostitute took a photo of the HIV-related drugs in his medicine cabinet and threatened to sell that photo to the tabloids.

He said he had paid "enough to bring it into the millions" — perhaps as much as \$10 million — to buy their silence.

"Are you still paying these people?"

Lauer asked him.

"Not after today I'm not," said Sheen, who during his appearance appeared jumpy and spoke in stuttering bursts.

He did not address when, and by whom, he may have been infected.

For part of the interview, Sheen was joined by his physician, Dr. Robert

CONT'D ON PAGE 18

## Your week on TV

### WEEKDAY MORNING

|       | Bell                                                     | Star | 6 AM                       | 6:30                                                                                 | 7 AM                     | 7:30               | 8 AM             | 8:30                           | 9 AM                         | 9:30                           | 10 AM                                                     | 10:30                         | 11 AM              | 11:30          |                |                |
|-------|----------------------------------------------------------|------|----------------------------|--------------------------------------------------------------------------------------|--------------------------|--------------------|------------------|--------------------------------|------------------------------|--------------------------------|-----------------------------------------------------------|-------------------------------|--------------------|----------------|----------------|----------------|
| WCAX  | 3                                                        | -    | Channel 3 News Morning     |                                                                                      | CBS This Morning         |                    |                  |                                | Rachael Ray                  |                                | The Doctors                                               |                               | The Price Is Right |                |                |                |
| WPTZ  | 5                                                        | -    | Newschannel 5 Today at 6AM |                                                                                      | Today                    |                    |                  |                                | Live! With Kelly and Michael |                                | Today                                                     |                               | Today              |                |                |                |
| CBMT  | 6                                                        | 206  | 301                        | Daybreak                                                                             | Super Why!               | Arthur             | Napkin Man       | Daniel Tiger                   | Super Why!                   | The Moblees                    | Bookaboo                                                  | Monster Math                  | Best Recipes       | In the Kitchen |                |                |
| CHLT  | 7                                                        | 107  | 718                        | F                                                                                    | Salut, bonjour! (N) (SC) |                    |                  |                                |                              |                                | (:29) Denis Lévesque (SC)                                 | Le Grand C                    | Le tricheur        | Mario Dumont   |                |                |
|       |                                                          |      |                            | M                                                                                    |                          |                    |                  |                                |                              | (:29) Deux filles le matin (N) | (:29) Signé M                                             |                               |                    |                |                |                |
|       |                                                          |      |                            | T                                                                                    |                          |                    |                  |                                |                              |                                |                                                           |                               |                    |                |                |                |
|       |                                                          |      |                            | W                                                                                    |                          |                    |                  |                                |                              |                                |                                                           |                               |                    |                |                |                |
| Th    |                                                          |      |                            |                                                                                      |                          |                    |                  | (:29) Ça finit bien la semaine |                              |                                |                                                           |                               |                    |                |                |                |
| WMTW  | 8                                                        | -    | -                          | WMTW News 8 at 6am                                                                   | Good Morning America     |                    |                  | Live! With Kelly and Michael   |                              | The Meredith Vieira Show       |                                                           | The View                      |                    |                |                |                |
| CKSH  | 9                                                        | 108  | -                          | Arthur                                                                               | Toc toc toc              | Garfield et cie    | Salmigondis      | (:15) Caillou                  | (:45) Zigby                  | Var. Programs                  | Marina Orsini                                             | Ricardo                       | Silence on         |                |                |                |
| CKMI  | 11                                                       | -    | -                          | Morning News                                                                         |                          |                    |                  | Morning Show                   | Huntley Str't                | Sugar                          | Anna Olson                                                | Rachael Ray                   |                    |                |                |                |
| CFCF  | 12                                                       | 205  | 312                        | Canada AM                                                                            |                          |                    |                  | Live! With Kelly and Michael   |                              | The Marilyn Denis Show         |                                                           | The View                      |                    |                |                |                |
| WVNY  | 22                                                       | -    | -                          | Local 22 News This Morning                                                           | Good Morning America     |                    |                  | The Dr. Oz Show                |                              | Paid Program                   | Hot Bench                                                 | The View                      |                    |                |                |                |
| WUTV  | 30                                                       | -    | -                          | Paid Program                                                                         | Paid Program             | Var. Programs      | Paid Program     | Paid Program                   | Friends                      | The 700 Club                   | People's Court                                            | Var. Programs                 | Maurly             | Var. Programs  |                |                |
| CFKS  | 31                                                       | 106  | 726                        | F                                                                                    | Vidéoclips               |                    |                  |                                |                              | Infopublicité                  | Les infos                                                 | Tic tac show                  | Souper parfait     | Ménage à trois | CSI: Miami     |                |
|       |                                                          |      |                            | M                                                                                    |                          |                    |                  |                                |                              |                                |                                                           |                               |                    | Ménage à trois |                |                |
|       |                                                          |      |                            | T                                                                                    |                          |                    |                  |                                |                              |                                |                                                           |                               |                    |                | Rire et délire | Rire et délire |
|       |                                                          |      |                            | W                                                                                    |                          |                    |                  |                                |                              |                                |                                                           |                               |                    |                |                |                |
| Th    |                                                          |      |                            |                                                                                      |                          |                    |                  |                                |                              |                                |                                                           |                               |                    |                |                |                |
| WUHF  | -                                                        | 363  |                            | Paid Program                                                                         | Good Day R               | Good Day Rochester |                  |                                | Judge Mathis                 | Wendy Show                     | Var. Programs                                             | Jerry Springer                | Var. Programs      |                |                |                |
| WETK  | -                                                        | -    |                            | World News                                                                           | Classical Strt           | Wild Kratts        | Wild Kratts      | Curious                        | Curious                      | Daniel Tiger                   | Daniel Tiger                                              | Sesame Street                 | Peg Plus Cat       | Dinosaur Train |                |                |
| WCFE  | -                                                        | -    |                            | Arthur                                                                               | Odd Squad                | Wild Kratts        | Wild Kratts      | Curious                        | Curious                      | Daniel Tiger                   | Daniel Tiger                                              | Sesame Street                 | Peg Plus Cat       | Dinosaur Train |                |                |
| A&E   | 615                                                      | 520  |                            | Paid Program                                                                         | Paid Program             | Varied Programs    |                  |                                |                              |                                |                                                           |                               |                    |                |                |                |
| BRAVO | 620                                                      | 523  | F                          | "The Twelve Trees of Christmas" (2013) Mel B. (C)                                    |                          |                    |                  |                                | Flashpoint "Just a Man" (C)  | The Listener "White Whale"     | "The Tree That Saved Christmas" (2014) Lacey Chabert. (C) |                               |                    |                |                |                |
|       |                                                          |      | M                          | "The Tree That Saved Christmas" (2014) Lacey Chabert. (C)                            |                          |                    |                  |                                |                              |                                | Motive "Undertow" (C)                                     |                               |                    |                |                |                |
|       |                                                          |      | T                          | "Anything but Christmas" (2012) Sergio Di Zio. (C)                                   |                          |                    |                  |                                |                              |                                | Flashpoint "Custody" (C)                                  |                               |                    |                |                |                |
|       |                                                          |      | W                          | "Christmas on Chestnut Street" (2006) Kristen Dalton. (C)                            |                          |                    |                  |                                |                              |                                |                                                           |                               |                    |                |                |                |
| Th    | "Finding Christmas" (2013) JT Hodges, Tricia Helfer. (C) |      |                            |                                                                                      |                          |                    |                  |                                |                              |                                |                                                           |                               |                    |                |                |                |
| CNN   | 500                                                      | 500  |                            | New Day                                                                              | New Day                  | New Day            |                  |                                | CNN Newsroom                 | CNN Newsroom                   |                                                           | At This Hour With             |                    |                |                |                |
| DISC  | 520                                                      | 505  | F                          | Mighty Ships "Peregrino"                                                             |                          |                    |                  |                                | Daily Planet (DVS)           | Mayday (C)                     | Dangerous Flights (C)                                     | Mighty Planes "Trump 757"     | Daily Planet (DVS) |                |                |                |
|       |                                                          |      | M                          |                                                                                      |                          |                    |                  |                                | Cash Cab                     | Cash Cab                       | Highway Thru Hell                                         | Alaska: The Last Frontier (C) |                    |                |                |                |
|       |                                                          |      | T                          |                                                                                      |                          |                    |                  |                                | Mayday "Dead Tired" (C)      | Dangerous Flights              | Yukon Men "Rite of Spring"                                |                               |                    |                |                |                |
|       |                                                          |      | W                          |                                                                                      |                          |                    |                  |                                |                              | Fool's Gold                    | Fool's Gold                                               | Cold Water Cowboys (C)        |                    |                |                |                |
| Th    |                                                          |      |                            |                                                                                      |                          |                    |                  | Ice Cold Gold (C)              | Shackleton: Death or Glory   |                                |                                                           |                               |                    |                |                |                |
| HIST  | 522                                                      | 506  |                            | Yukon Gold                                                                           | Canadian Pickers         |                    |                  | Shatner's Weird or What?       | Aftermath                    | Yukon Gold                     | Canadian Pickers                                          |                               |                    |                |                |                |
| RDI   | 126                                                      | 730  |                            | (5:00) RDI matin                                                                     |                          |                    |                  |                                |                              | RDI en direct                  |                                                           | Les ex                        |                    |                |                |                |
| SHOW  | 616                                                      | 521  |                            | Lost Girl                                                                            | Movie                    |                    |                  | Movie                          |                              |                                |                                                           | Movie                         |                    |                |                |                |
| SLICE | 601                                                      | 562  |                            | ET Canada                                                                            | Till Debt/Part           | Party Mamas        | Party Mamas      | Brainwashed                    | Till Debt/Part               | Till Debt/Part                 | Property Virgin                                           | Property Virgin               | Fatal Vows         |                |                |                |
| SPIKE | 628                                                      | 584  |                            | Var. Programs                                                                        | Paid Program             | Paid Program       | Paid Program     | Paid Program                   | Paid Program                 | Paid Program                   |                                                           |                               |                    |                |                |                |
| TLC   | 521                                                      | 560  |                            | Varied Programs                                                                      |                          |                    |                  |                                | Cake Boss                    | Cake Boss                      | 48 Hours: Hard Evidence                                   | 48 Hours: Hard Evidence       |                    |                |                |                |
| TSN   | 400                                                      | 400  | F                          | SportsCentre (C)                                                                     |                          |                    |                  |                                | SportsCentre (C)             | SportsCentre (C)               | SportsCentre (C)                                          | SportsCentre (C)              | SportsCentre (C)   |                |                |                |
|       |                                                          |      | M                          |                                                                                      |                          |                    |                  |                                |                              |                                |                                                           |                               |                    |                |                |                |
|       |                                                          |      | T                          |                                                                                      |                          |                    |                  |                                |                              |                                |                                                           |                               |                    |                |                |                |
|       |                                                          |      | W                          | Curling Women's Le Gruyere European Championships: Russia vs. Sweden. (N) (Live) (C) |                          |                    |                  |                                |                              |                                | SportsCentre (C)                                          | Curling                       |                    |                |                |                |
| Th    | SportsCentre (C)                                         |      |                            |                                                                                      |                          | SportsCentre (C)   | SportsCentre (C) |                                |                              |                                |                                                           |                               |                    |                |                |                |
| YOUTH | 551                                                      | 542  |                            | Kid vs. Kat                                                                          | Almost Naked             | Squirrel           | Numb Chucks      | SpongeBob                      | Wayside                      | Sidekick                       | Almost Naked                                              | (9:50) Spliced                | Kid vs. Kat        | Rated A        | Rated A        |                |

# Your week on TV

## WEEKDAY AFTERNOON

|       | Bell | Star    | 12 PM                             | 12:30                                             | 1 PM                                              | 1:30                                              | 2 PM                                              | 2:30                                              | 3 PM                          | 3:30                       | 4 PM        | 4:30          | 5 PM               | 5:30                       |  |
|-------|------|---------|-----------------------------------|---------------------------------------------------|---------------------------------------------------|---------------------------------------------------|---------------------------------------------------|---------------------------------------------------|-------------------------------|----------------------------|-------------|---------------|--------------------|----------------------------|--|
| WCAX  | 3    | -       | Across-Fence                      | The Young and the Restless                        | Bold/Beautiful                                    | The Talk                                          | Let's Make a Deal                                 | Dr. Phil                                          | Var. Programs                 | Channel 3                  | The: 30     |               |                    |                            |  |
| WPTZ  | 5    | -       | FABLife                           | Days of our Lives                                 | The Meredith Vieira Show                          | Steve Harvey                                      | The Ellen DeGeneres Show                          | First at Five                                     | 5:30 Now!                     |                            |             |               |                    |                            |  |
| CBMT  | 6    | 206 301 | CBC News Now                      | Heartland                                         | Murdoch Mysteries                                 | Grand Designs                                     | Bondi Vet                                         | Dragons' Den                                      |                               |                            |             |               |                    |                            |  |
| CHLT  | 7    | 107 718 | TVA régionale                     | TVA nouvelles                                     | Movie                                             | Var. Programs                                     | TVA nouvelles                                     | Les feux de l'amour                               | Top modèles                   | (4:55) TVA nouvelles       |             |               |                    |                            |  |
| WMTW  | 8    | -       | The Wendy Williams Show           | The Chew                                          | General Hospital                                  | Steve Harvey                                      | The Ellen DeGeneres Show                          | WMTW News 8 at 5PM                                |                               |                            |             |               |                    |                            |  |
| CKSH  | 9    | 108     | F Telejournal                     | Pour le plaisir (SC)                              | 1001 vies (SC)                                    | Virginie (SC)                                     | Virginie (SC)                                     | Entrée principale (N) (SC)                        |                               |                            |             |               |                    | Silence on                 |  |
| CKMI  | 11   | -       | Mid Antiques Roadshow             |                                                   |                                                   |                                                   |                                                   |                                                   |                               |                            |             |               |                    |                            |  |
| CFCF  | 12   | 205 312 | CTV News Montreal                 | ET Canada                                         | Days of our Lives                                 | The Talk                                          | The Meredith Vieira Show                          | Till Debt/Part                                    | The Young and the Restless    | News Hour                  |             |               |                    |                            |  |
| WVNY  | 22   | -       | Paid Program                      | Paid Program                                      | The Chew                                          | Dr. Phil                                          | Hot, Cleveland                                    | Hot, Cleveland                                    | The Ellen DeGeneres Show      | The Dr. Oz Show            |             |               |                    |                            |  |
| WUTV  | 60   | -       | Steve Wilkos                      | Var. Programs                                     | Judge                                             | Judge                                             | General Hospital                                  | The People's Court                                | Judge Judy                    | Judge Judy                 | Judge Judy  | Judge Judy    | Judge Judy         | Judge Judy                 |  |
| CFKS  | 61   | 106 726 | CSI: Miami                        | Movie                                             |                                                   |                                                   | Movie                                             | Var. Programs                                     | Var. Programs                 | Les Simpson                | Les Simpson | Les Simpson   | Les Simpson        | Guerre-clans               |  |
| WUHF  | -    | 363     | Steve Wilkos                      | Var. Programs                                     | Divorce Court                                     | Divorce Court                                     | Hot Bench                                         | Hot Bench                                         | Maurly                        | Var. Programs              | Judge Judy  | Judge Judy    | The People's Court |                            |  |
| WETK  | -    | -       | Super Why!                        | Thomas & Fr.                                      | Peg Plus Cat                                      | Charlie Rose                                      | Curious                                           | Arthur                                            | Arthur                        | Arthur                     | Odd Squad   | Wild Kratts   | WordGirl           | World News                 |  |
| WCFE  | -    | -       | F Earth's Natural Wonders (N)     | Underground                                       | Cat in the Hat                                    | Curious                                           | Curious                                           | Arthur (E)                                        | Arthur (E)                    | Odd Squad                  | Odd Squad   | Odd Squad     | Wild Kratts        | Wild Kratts                |  |
|       |      |         | M Antiques Roadshow               | Love Quilting                                     |                                                   |                                                   |                                                   |                                                   |                               |                            |             |               |                    |                            |  |
|       |      |         | T Globe Trekker (DVS)             | Craftsman's                                       |                                                   |                                                   |                                                   |                                                   |                               |                            |             |               |                    |                            |  |
|       |      |         | W Craft in America "Music"        | Cooking                                           |                                                   |                                                   |                                                   |                                                   |                               |                            |             |               |                    |                            |  |
|       |      |         | Th American Experience            | Details about the arrival of pilgrims.            |                                                   |                                                   |                                                   |                                                   |                               |                            |             |               |                    |                            |  |
| A&E   | 615  | 520     | Criminal Minds                    | Criminal Minds                                    | The First 48                                      | The First 48                                      | The First 48                                      | The First 48                                      | The First 48                  | Varied Programs            |             |               |                    |                            |  |
| BRAVO | 620  | 523     | The Listener                      | Motive                                            | Movie                                             | Movie                                             | Movie                                             | Movie                                             | Blue Bloods                   | Criminal Minds             |             |               |                    |                            |  |
| CNN   | 500  | 500     | Legal View With Ashleigh          | Wolf                                              | CNN Newsroom                                      | CNN Newsroom                                      | CNN Newsroom                                      | CNN Newsroom                                      | The Lead With Jake Tapper     | The Situation Room         |             |               |                    |                            |  |
| DISC  | 520  | 505     | F How It's Made                   | How It's Made                                     | Mayday                                            | How-Made                                          | How-Made                                          | Overhaul'n                                        | FantomWorks                   | Rusted Development         |             |               |                    |                            |  |
|       |      |         | M Cold Water Cowboys              |                                                   |                                                   |                                                   |                                                   |                                                   |                               |                            |             |               |                    |                            |  |
|       |      |         | T How It's Made                   | How It's Made                                     |                                                   |                                                   |                                                   |                                                   |                               |                            |             |               |                    |                            |  |
|       |      |         | W Gold Rush: Pay Dirt             |                                                   |                                                   |                                                   |                                                   |                                                   |                               |                            |             |               |                    |                            |  |
|       |      |         | Th Highway Thru Hell              |                                                   |                                                   |                                                   |                                                   |                                                   |                               |                            |             |               |                    |                            |  |
| HIST  | 522  | 506     | F M*A*S*H                         | M*A*S*H                                           | Treasures Decoded                                 | Ice Road Truckers                                 | Pawn Stars                                        | Pawn Stars                                        | American Pickers              | American Pickers           | M*A*S*H     | M*A*S*H       | M*A*S*H            | M*A*S*H                    |  |
|       |      |         | M M*A*S*H                         | M*A*S*H                                           | Ice Road Truckers                                 | Battle Factory                                    | Restoration Garage                                | Counting Cars                                     | Counting Cars                 | Counting Cars              |             |               |                    |                            |  |
|       |      |         | T M*A*S*H                         | M*A*S*H                                           | Ice Road Truckers                                 | Battle Factory                                    | Restoration Garage                                | Pawn Stars                                        | Pawn Stars                    | Pawn Stars                 |             |               |                    |                            |  |
|       |      |         | W M*A*S*H                         | M*A*S*H                                           | Ice Road Truckers                                 | Yukon Gold                                        | Canadian Pickers                                  | American Pickers                                  | American Pickers              | American Pickers           |             |               |                    |                            |  |
|       |      |         | Th M*A*S*H                        | M*A*S*H                                           | Canadian Pickers                                  | Canadian Pickers                                  | Canadian Pickers                                  | American Pickers                                  | American Pickers              | American Pickers           |             |               |                    |                            |  |
| RDI   | 126  | 730     | Telejournal                       | Les ex                                            | RDI en direct                                     |                                                   |                                                   |                                                   |                               |                            |             |               |                    | En direct avec Patrice Roy |  |
| SHOW  | 616  | 521     | F (11:00) "Chasing Christmas"     | "Window Wonderland" (2013, Romance) Chyler Leigh. | ** "The Christmas Heart" (2012, Drama) Teri Polo. | ** "The Christmas Heart" (2012, Drama) Teri Polo. | ** "The Christmas Heart" (2012, Drama) Teri Polo. | ** "The Christmas Heart" (2012, Drama) Teri Polo. | NCIS "Hide and Seek"          | NCIS "Hide and Seek"       |             |               |                    | NCIS "Knockout"            |  |
|       |      |         | M "Christmas Incorporated"        | ** "Christmas Town" (2008) Nicole de Boer.        | Law & Order: SVU                                  | Law & Order: SVU                                  | Law & Order: SVU                                  | Law & Order: SVU                                  |                               |                            |             |               |                    |                            |  |
|       |      |         | T (11:00) "Merry Matrimony"       | "Defending Santa" (2013) Dean Cain, Jud Tylor.    |                                                   |                                                   |                                                   |                                                   |                               |                            |             |               |                    |                            |  |
|       |      |         | W (11:00) "Merry Ex-Mas" (2014)   | "Christmas Incorporated" (2015) Shenae Grimes.    |                                                   |                                                   |                                                   |                                                   |                               |                            |             |               |                    |                            |  |
|       |      |         | Th (11:00) "Call Me Mrs. Miracle" | ** "Recipe for a Perfect Christmas" (2005)        |                                                   |                                                   |                                                   |                                                   |                               |                            |             |               |                    |                            |  |
| SLICE | 601  | 562     | Brainwashed                       | Varied Programs                                   |                                                   |                                                   |                                                   |                                                   | Law & Order: SVU              | Million Dollar Listing San |             |               |                    |                            |  |
| SPIKE | 628  | 584     | Varied Programs                   |                                                   |                                                   |                                                   |                                                   |                                                   | Cops                          | Cops                       | Cops        | Jail          |                    |                            |  |
| TLC   | 521  | 560     | 48 Hours: Hard Evidence           | Dateline: Real Life Mysteries                     | Dateline: Real Life Mysteries                     | Dateline: Real Life Mysteries                     | Dateline: Real Life Mysteries                     | Dateline: Real Life Mysteries                     | Dateline: Real Life Mysteries | Varied Programs            |             |               |                    |                            |  |
| TSN   | 400  | 400     | SportsCentre                      | Var. Programs                                     | SportsCentre                                      | Varied Programs                                   | Varied Programs                                   | Varied Programs                                   | Off the Record                | Interruption               |             |               |                    |                            |  |
| YOUTH | 551  | 542     | Nerds                             | Squirrel                                          | Almost Naked                                      | (:25) Sidekick                                    | (1:50) Wayside                                    | Kid vs. Kat                                       | Sidekick                      | Numb Chucks                | SpongeBob   | Var. Programs | Odd Parents        | SpongeBob                  |  |

## FRIDAY EVENING

## NOVEMBER 20, 2015

|       | Bell | Star    | 6 PM                                                                                                       | 6:30                                                                                                      | 7 PM                                                                                                               | 7:30                                                                                                                     | 8 PM                                                                                                             | 8:30                                                                                                                             | 9 PM                                                                                   | 9:30                                                     | 10 PM                   | 10:30                                                   | 11 PM                | 11:30                | 12 AM |
|-------|------|---------|------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|----------------------------------------------------------|-------------------------|---------------------------------------------------------|----------------------|----------------------|-------|
| WCAX  | 3    | -       | Channel 3 News at Six (N)                                                                                  | CBS Evening News/Pelley                                                                                   | Entertainment Tonight (N)                                                                                          | The Amazing Race A candy-making challenge. (N)                                                                           | Hawaii Five-0 Danny poses as a college professor. (N)                                                            | Blue Bloods Erin must take a case from a colleague. (N)                                                                          | Channel 3 News                                                                         | (:35) The Late Show With Stephen Colbert (N)             |                         |                                                         |                      |                      |       |
| WPTZ  | 5    | -       | NewsChannel 5 at 6PM (N)                                                                                   | NBC Nightly News (N)                                                                                      | Jeopardy! (N)                                                                                                      | Wheel of Fortune (N)                                                                                                     | Undateable (N)                                                                                                   | Truth Be Told (N)                                                                                                                | Grimm Adalind and Nick adjust to home life. (N)                                        | Dateline NBC (N)                                         | Newschannel 5 Nightcast | (:34) The Tonight Show Starring Jimmy Fallon (N)        |                      |                      |       |
| CBMT  | 6    | 206 301 | CBC Montreal News (N)                                                                                      | The Exchange                                                                                              | Rick Mercer Report                                                                                                 | Coronation Street (N)                                                                                                    | Marketplace                                                                                                      | Interrupt This Program (N)                                                                                                       | the fifth estate Investigating the health industry. (N)                                | The National (N)                                         | CBC Montreal News (N)   | Coronation Street                                       | Backstage Pass       |                      |       |
| CHLT  | 7    | 107 718 | (5:56) TVA nouvelles (N)                                                                                   | Le tricheur (N) (SC)                                                                                      | Ça finit bien la semaine David Thibault, Martin Petit.                                                             | Du talent à revendre (N) (SC)                                                                                            | Ma maison bien aimée (SC)                                                                                        | TVA nouvelles                                                                                                                    | (:35) Il était une fois... Céline (Partie 1 de 2) (SC)                                 | (:35) * "Max Payne" (2008, Action) Mark Wahlberg. (SC)   |                         |                                                         |                      |                      |       |
| WMTW  | 8    | -       | WMTW News 8 at 6PM (N)                                                                                     | ABC World News                                                                                            | Wheel of Fortune (N)                                                                                               | Jeopardy! (N)                                                                                                            | Last Man Standing (N)                                                                                            | (:31) Dr. Ken (N)                                                                                                                | Shark Tank A new recreational sport. (N)                                               | (:01) 20/20 Barbara Walters interviews Donald Trump. (N) | WMTW News 8 at 11 (N)   | (:35) Jimmy Kimmel Live Julia Roberts; Marcus Scribner. |                      |                      |       |
| CKSH  | 9    | 108     | Le Téléjournal/Estrie (N) (SC)                                                                             | Un chef a l'oreille (N) (SC)                                                                              | Stéréo pop Yves Lambert. (N) (SC)                                                                                  | Galas ComediHa! 2015 (SC)                                                                                                | Le Téléjournal (N) (SC)                                                                                          | "Louise-Michel" (2008, Comédie) Yolande Moreau, Bouli Lanners. (SC)                                                              |                                                                                        |                                                          |                         |                                                         |                      |                      |       |
| CKMI  | 11   | -       | (5:30) News Hour (N)                                                                                       | Global National (N)                                                                                       | ET Canada                                                                                                          | Entertainment Tonight (N)                                                                                                | Border Security                                                                                                  | Truth Be Told (N)                                                                                                                | Hawaii Five-0 Danny poses as a college professor. (N)                                  | Bones (N)                                                | News Final (N)          | (:35) The Late Show With Stephen Colbert (N)            |                      |                      |       |
| CFCF  | 12   | 205 312 | CTV News Montreal (N)                                                                                      | etalk-Adele                                                                                               | The Big Bang Theory                                                                                                | The Amazing Race A candy-making challenge. (N)                                                                           | Grimm Adalind and Nick adjust to home life. (N)                                                                  | Blue Bloods Erin must take a case from a colleague. (N)                                                                          | News-Lisa                                                                              | CTV News Montreal (N)                                    | The Big Bang Theory     |                                                         |                      |                      |       |
| WVNY  | 22   | -       | Local 22 News (N)                                                                                          | ABC World News                                                                                            | Local 22 News (N)                                                                                                  | Inside Edition (N)                                                                                                       | Last Man Standing (N)                                                                                            | (:31) Dr. Ken (N)                                                                                                                | Shark Tank A new recreational sport. (N)                                               | (:01) 20/20 Barbara Walters interviews Donald Trump. (N) | Local 22 News (N)       | (:35) Jimmy Kimmel Live Julia Roberts; Marcus Scribner. |                      |                      |       |
| WUTV  | 60   | -       | The Big Bang Theory                                                                                        | Judge Judy (N)                                                                                            | Judge Judy (N)                                                                                                     | Family Feud (N)                                                                                                          | MasterChef Astronaut Tracy Dyson visits the cooks. (N)                                                           | World's Funniest "Un-Dynamic Duos" (N)                                                                                           | 2 on Your Side at 10 (N)                                                               | Two and a Half Men                                       | Two and a Half Men      | Crazy Talk (N)                                          |                      |                      |       |
| CFKS  | 61   | 106 726 | Atomes crochus (SC)                                                                                        | Souper parfait                                                                                            | L'arbitre (N)                                                                                                      | SQ (N)                                                                                                                   | 911 (N)                                                                                                          | ** "Monde infernal" (2003) Kate Beckinsale, Scott Speedman. Une vampire protège un étudiant en médecine contre des loups-garous. | Videooclips                                                                            | Voyance direct                                           |                         |                                                         |                      |                      |       |
| WUHF  | -    | 363     | Modern Family                                                                                              | Modern Family                                                                                             | The Big Bang Theory                                                                                                | The Big Bang Theory                                                                                                      | MasterChef Astronaut Tracy Dyson visits the cooks. (N)                                                           | World's Funniest "Un-Dynamic Duos" (N)                                                                                           | 13WHAM News at 10 on Fox Rochester (N)                                                 | Crazy Talk (N)                                           | 2 Broke Girls           | Lost Episodes!                                          |                      |                      |       |
| WETK  | -    | -       | PBS NewsHour (N)                                                                                           | BBC News-night                                                                                            | Vermont This Week (N)                                                                                              | Washington Week                                                                                                          | Connect...                                                                                                       | First You Dream -- The Music of Kander & Ebb (N)                                                                                 | Craft in America The makers of handmade instruments.                                   | Nightly Business Report                                  | Charlie Rose (N)        |                                                         |                      |                      |       |
| WCFE  | -    | -       | World News America                                                                                         | Nightly Business Report                                                                                   | PBS NewsHour (N)                                                                                                   | Mountain Lake Journal "Heroin Forum Special 2015" (N)                                                                    | First You Dream -- The Music of Kander & Ebb (N)                                                                 | Craft in America The makers of handmade instruments.                                                                             | BBC World News                                                                         | Charlie Rose (N)                                         |                         |                                                         |                      |                      |       |
| A&E   | 615  | 520     | (5:00) *** "The Shawshank Redemption" (1994, Drama) Tim Robbins, Morgan Freeman.                           | Shining a Light: A Concert for Progress on Race in America Benefit concert from Los Angeles. (N)          | Shining a Light: A Concert for Progress on Race in America Benefit concert                                         | Shining a Light: A Conversation on Race in America (N)                                                                   | (:02) Nightwatch Broken ankle on Bourbon Street.                                                                 | Shining a Light                                                                                                                  |                                                                                        |                                                          |                         |                                                         |                      |                      |       |
| BRAVO | 620  | 523     | "The Twelve Trees of Christmas" (2013) Mel B. A librarian organizes a contest to decorate Christmas trees. | Blue Bloods A suspect Jamie was pursuing is killed.                                                       | Agent X John protects a former lover.                                                                              | Missing "Pop Star Story" A pop star disappears.                                                                          | The Listener A mayoral candidate is questioned.                                                                  | Criminal Minds                                                                                                                   |                                                                                        |                                                          |                         |                                                         |                      |                      |       |
| CNN   | 500  | 500     | The Situation Room (N)                                                                                     | Erin Burnett OutFront (N)                                                                                 | Anderson Cooper 360 (N)                                                                                            | CNN Tonight w/ Don Lemon                                                                                                 | Anthony Bourdain Parts                                                                                           | Anthony Bourdain Parts                                                                                                           | Anthony                                                                                |                                                          |                         |                                                         |                      |                      |       |
| DISC  | 520  | 505     | How It's Made                                                                                              | How It's Made                                                                                             | Daily Planet (N) (DVS)                                                                                             | Canada's Worst Driver "Nailing The Needle"                                                                               | Highway Thru Hell "Nervous Wreck"                                                                                | Mayday Scandinavian Airlines Flight 75.                                                                                          | Mayday "No Clear Options" (DVS)                                                        | Canada's Worst Driver                                    |                         |                                                         |                      |                      |       |
| HIST  | 522  | 506     | Treasures Decoded The spear is said to hold powers.                                                        | Pawn Stars                                                                                                | Pawn Stars                                                                                                         | Shining a Light: A Concert for Progress on Race in America Benefit concert from Los Angeles.                             | Progress on Race in America                                                                                      | Pawn Stars                                                                                                                       | Natural Born Outlaws "John Dillinger" (N)                                              | JFK Assassination                                        |                         |                                                         |                      |                      |       |
| RDI   | 126  | 730     | Le National (SC)                                                                                           | RDI économie (SC)                                                                                         | 24/60 (SC)                                                                                                         | Les grands reportages "Syrie, enfant en guerre"                                                                          | Le Téléjournal (SC)                                                                                              | RDI économie (SC)                                                                                                                | Le National                                                                            | Les grands reportages                                    |                         |                                                         |                      |                      |       |
| SHOW  | 616  | 521     | Haven Nathan and Vince travel back to 1983.                                                                | "Roboshark" (2015) Hristo Balabanov, Laura Dale. A shark goes on a rampage after devouring a space probe. | Impractical Jokers (N)                                                                                             | Impractical Jokers (N)                                                                                                   | Billy on the Street                                                                                              | Billy on the Street                                                                                                              | *** "Elf" (2003) Will Ferrell. A man leaves Santa's workshop to search for his family. |                                                          |                         |                                                         |                      |                      |       |
| SLICE | 601  | 562     | Million Dollar Listing New York                                                                            | Million Dollar Listing Los Angeles "Karma's a Bitch"                                                      | Beauty and the Beast J.T. comes up with a new theory.                                                              | *** "Wanted" (2008, Action) James McAvoy, Morgan Freeman. An office drone becomes part of a secret society of assassins. | *** "Wanted" (2008, Action) James McAvoy.                                                                        |                                                                                                                                  |                                                                                        |                                                          |                         |                                                         |                      |                      |       |
| SPIKE | 628  | 584     | Cops                                                                                                       | Cops                                                                                                      | Cops                                                                                                               | Cops                                                                                                                     | Bellator MMA Live Melvin Manhoef vs. Hisaki Kato; Bubba Jenkins vs. Jordan Parsons; from Thackerville, Okla. (N) | (:15) Cops                                                                                                                       | Cops                                                                                   | Cops                                                     |                         |                                                         |                      |                      |       |
| TLC   | 521  | 560     | Say Yes to the Dress                                                                                       | Say Yes to the Dress                                                                                      | Say Yes to the Dress                                                                                               | Say Yes to the Dress                                                                                                     | Say Yes to the Dress                                                                                             | Say Yes to the Dress                                                                                                             | Say Yes to the Dress                                                                   | Say Yes to the Dress                                     | Say Yes to the Dress    | Say Yes to the Dress                                    | Say Yes to the Dress | Say Yes to the Dress |       |
| TSN   | 400  | 400     | NASCAR Racing Sprint Cup Series: Ford Eco-Boost 400, Qualifying. (N) (Live)                                | SC Top 10 Presents                                                                                        | NBA Basketball San Antonio Spurs at New Orleans Pelicans. From the Smoothie King Center in New Orleans. (N) (Live) | SportsCentre (N) (Live)                                                                                                  |                                                                                                                  |                                                                                                                                  |                                                                                        |                                                          |                         |                                                         |                      |                      |       |
| YOUTH | 551  | 542     | SpongeBob                                                                                                  | SpongeBob                                                                                                 | Thundermans                                                                                                        | ** "Epic" (2013) Voices of Colin Farrell. Premiere.                                                                      | Game On                                                                                                          | Make It Pop                                                                                                                      | Make It Pop                                                                            | Haunting                                                 | Haunting                | Haunting                                                | Haunting             | ** Epic              |       |

# Your week on TV

| SATURDAY DAYTIME |      |      |                                                                                                  | NOVEMBER 21, 2015                         |                                                                                 |                                                  |                                                                                 |                                                                                                     |                                            |                                                                                                                               |                                                                                                 |                                                                              |                                                                           |                                                                                    |                                         |                                            |                                           |                    |                  |  |
|------------------|------|------|--------------------------------------------------------------------------------------------------|-------------------------------------------|---------------------------------------------------------------------------------|--------------------------------------------------|---------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|--------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|---------------------------------------------------------------------------|------------------------------------------------------------------------------------|-----------------------------------------|--------------------------------------------|-------------------------------------------|--------------------|------------------|--|
| Bell             | Star | 8 AM | 8:30                                                                                             | 9 AM                                      | 9:30                                                                            | 10 AM                                            | 10:30                                                                           | 11 AM                                                                                               | 11:30                                      | 12 PM                                                                                                                         | 12:30                                                                                           | 1 PM                                                                         | 1:30                                                                      | 2 PM                                                                               | 2:30                                    | 3 PM                                       | 3:30                                      |                    |                  |  |
| WCAX 3           | -    | -    | CBS This Morning: Saturday (N) (LIVE)                                                            |                                           |                                                                                 | Lucky Dog "Jemma"                                | Dr. Chris: Pet Vet (N)                                                          | Innovation Nation                                                                                   | The Inspectors                             | Paid Program                                                                                                                  | Paid Program                                                                                    |                                                                              |                                                                           |                                                                                    | We Need to Talk (N)                     |                                            |                                           | College Football   | College Football |  |
| WPTZ 5           | -    | -    | (7:00) Today (N) (LIVE)                                                                          | Hanna Into the Wild                       | Teen Kids News (N)                                                              | Tree Fu Tom (EI)                                 | Ruf-Tweet-Dav                                                                   | Astroblast (EI)                                                                                     | Clangers (N) (EI)                          | Earth to Luna! (N)                                                                                                            | LazyTown (EI)                                                                                   | English Premier League Soccer Manchester City FC vs Liverpool FC. (N) (LIVE) |                                                                           |                                                                                    | Countdown                               | NASCAR Racing                              |                                           |                    |                  |  |
| CBMT 6           | 206  | 301  | Animal Mechanic                                                                                  | Super Why! (N)                            | (:05) Artzooka (N)                                                              | Cross Country                                    | Arthur (N)                                                                      | My Goldfish Is Evil!                                                                                | It's Edible Incredible!                    | Cat in the Hat                                                                                                                | Our Montreal (N) (LIVE)                                                                         |                                                                              | Absolutely Canadian "Finding Al" (N) (LIVE)                               |                                                                                    | Sports Day in Canada                    | Speed Skating ISU World Cup. (Taped) (N)   | Sports Day in Canada                      |                    |                  |  |
| CHLT 7           | 107  | 718  | (6:00) Salut, bonjour! Week-end (N) (SC)                                                         |                                           |                                                                                 | Deux filles le matin (SC)                        |                                                                                 | Propulsion (N) (SC)                                                                                 | LE BON MIX                                 | TVA nouvelles (N)                                                                                                             | Ma liste à moi (N)                                                                              | Viens voir ici (N)                                                           | Infopublicité (SC)                                                        | (15) "Stomp the Yard 2: Le Retour" (2010) Collins Pennie, David Banner. (DVS) (SC) |                                         |                                            |                                           |                    |                  |  |
| WMTW 8           | -    | -    | Good Morning America (N) (LIVE)                                                                  |                                           | Jack Hanna                                                                      | Ocean Mysteries                                  | Sea Rescue (N)                                                                  | The Wildlife Docs                                                                                   | Rock the Park (N)                          | Born to Explore                                                                                                               | College Football Michigan at Penn State. From Beaver Stadium in University Park, Pa. (N) (LIVE) |                                                                              |                                                                           |                                                                                    | College Football                        | College Football                           |                                           |                    |                  |  |
| CKSH 9           | 108  | -    | Sonic Boom                                                                                       | Annedroids                                | Code max (SC)                                                                   | Spirou et Fantasio                               | Walter & Tandoori                                                               | Tintin                                                                                              | Ricardo (SC)                               | L'épicerie (SC)                                                                                                               | Telejournal                                                                                     | La facture (SC)                                                              | Enquête (SC)                                                              | Candice Renoir (SC)                                                                |                                         | * "Le Porteur d'eau" (1998) Adam Sandler.  |                                           |                    |                  |  |
| CKMI 11          | -    | -    | Fish'n Canada                                                                                    | Real Fishing (N)                          | Advent. North                                                                   | Fishful Thinking                                 | Canadian Made                                                                   | Paid Program                                                                                        | Powerboat Television                       | Driving Television                                                                                                            | Ice Pilots Jimmy builds an ice landing strip. (LIVE)                                            | Carnival Eats (N)                                                            | Donut Showdown                                                            | Income Property                                                                    | Leave It to Bryan                       | Tackle My Reno                             | ** "The Tourist"                          |                    |                  |  |
| CFCF 12          | 205  | 312  | Canada AM Weekend (N) (LIVE)                                                                     |                                           | It Is Written (N)                                                               | The Social (N)                                   | Health and Family                                                               | Cash Cab (N)                                                                                        | It Is Written (N)                          | etalk-Adele                                                                                                                   | SportsCentre (N) (LIVE)                                                                         | Corner Gas (N)                                                               | Corner Gas (N)                                                            | Canada's Worst Driver (N) (LIVE)                                                   | The Disruptors (N) (LIVE)               | Moneytalk (N) (LIVE)                       |                                           |                    |                  |  |
| WVNY 22          | -    | -    | Good Morning America (N) (LIVE)                                                                  |                                           | Jack Hanna                                                                      | Ocean Mysteries                                  | Sea Rescue (N)                                                                  | The Wildlife Docs                                                                                   | Rock the Park (N)                          | Born to Explore                                                                                                               | College Football Michigan at Penn State. From Beaver Stadium in University Park, Pa. (N) (LIVE) |                                                                              |                                                                           |                                                                                    | College Football                        | College Football                           |                                           |                    |                  |  |
| WUTV 30          | -    | -    | Paid Program                                                                                     | 21 DAY FIX                                | Paid Program                                                                    | Derm Exclusive!                                  | Paid Program                                                                    | Paid Program                                                                                        | Paid Program                               | Cooking                                                                                                                       | Raw Travel (N)                                                                                  | Big Bang Theory                                                              | Big Bang Theory                                                           | Two and a Half Men                                                                 | Two and a Half Men                      | Big Bang Theory                            | Col. Pre-game                             | College Football   |                  |  |
| CFKS 31          | 106  | 726  | Aubaines & cie (N)                                                                               |                                           | Trucs & cie (N)                                                                 |                                                  | RPM (SC)                                                                        |                                                                                                     | RPM Plus                                   |                                                                                                                               | Martin Horik                                                                                    | Infopublicité                                                                | ** "Trouve ta voix" (2004, Drame) Hilary Duff, Oliver James, David Keith. |                                                                                    | (15) * "Baby-sitter malgré-lui" (2011)  |                                            |                                           |                    |                  |  |
| WUHF             | -    | 363  | Career Day (N)                                                                                   | Think Big (N)                             | Great Big World                                                                 | The Young Icons                                  | Paid Program                                                                    | Paid Program                                                                                        | Paid Program                               | Cooking                                                                                                                       | Big Bang Theory                                                                                 | Big Bang Theory                                                              | Judge Judy (N)                                                            | Big Bang Theory                                                                    | Big Bang Theory                         | Monopoly Mil.                              | Col. Pre-game                             | College Football   |                  |  |
| WETK             | -    | -    | ADD and Loving It?! Challenges of ADD and ADHD; adult ADD. (LIVE)                                |                                           |                                                                                 | MotorWeek (N)                                    | BBQ With Franklin                                                               | A Chef's Life (N)                                                                                   | Cooking School                             | Martha Bakes (N)                                                                                                              | Test Kitchen                                                                                    | Cook's Country                                                               | This Old House (N)                                                        | This Old House (N)                                                                 | Ask This Old House                      | Hometime                                   | Moveable Feast                            | Antiques Roadshow  |                  |  |
| WCFE             | -    | -    | Curious George                                                                                   | Curious George                            | Wild Kratts                                                                     | Wild Kratts                                      | Greener World                                                                   | Rough Cut-Mac                                                                                       | This Old House (N)                         | Ask This Old House                                                                                                            | The Great British Baking Show (N) (LIVE)                                                        |                                                                              | The Great British Baking Show "The Final"                                 |                                                                                    | BBQ With Franklin                       | Steven Raichlen's                          | Test Kitchen                              | Cook's Country     |                  |  |
| A&E              | 615  | 520  | ** "Walking Tall" (2004) The Rock. A sheriff and a deputy try to rid their town of thugs. (LIVE) |                                           |                                                                                 | Shining a Light: A Conversation on Race          |                                                                                 | Shining a Light: A Concert for Progress on Race in America Benefit concert from Los Angeles. (LIVE) |                                            |                                                                                                                               | *** "The Shawshank Redemption" (1994, Drama) Tim Robbins, Morgan Freeman, Bob Gunton. (LIVE)    |                                                                              |                                                                           |                                                                                    |                                         |                                            |                                           |                    |                  |  |
| BRAVO            | 620  | 523  | (7:00) "Catch a Christmas Star" (2013) (LIVE)                                                    | Twice in a Lifetime "Fallen Angel" (LIVE) |                                                                                 | Boston's Finest An officer plans a surprise.     |                                                                                 | ** "54" (1998) Ryan Phillippe. A young blue-collar man discovers the '70s disco scene. (LIVE)       |                                            |                                                                                                                               | *** "Margin Call" (2011, Drama) Kevin Spacey, Paul Bettany, Jeremy Irons. (LIVE)                |                                                                              |                                                                           |                                                                                    |                                         | ** "Broken City" (2013) Mark Wahlberg.     |                                           |                    |                  |  |
| CNN              | 500  | 500  | New Day Saturday (N)                                                                             |                                           | Smerconish (N)                                                                  |                                                  | CNN Newsroom                                                                    |                                                                                                     | CNN Newsroom                               |                                                                                                                               | CNN Newsroom                                                                                    |                                                                              | CNN Newsroom                                                              |                                                                                    | CNN Newsroom                            |                                            | CNN Newsroom                              |                    |                  |  |
| DISC             | 520  | 505  | Canada's Worst Driver "Nailing The Needle"                                                       |                                           | Highway Thru Hell "Nervous Wreck"                                               |                                                  | Mighty Ships "Neptune"                                                          |                                                                                                     | Mayday Scandinavian Airlines Flight 75.    |                                                                                                                               | The Last Alaskans "Into the Darkness"                                                           |                                                                              | Mayday "No Clear Options" (DVS)                                           |                                                                                    | Mayday Scandinavian Airlines Flight 75. |                                            | Buying Alaska                             | Buying Alaska      |                  |  |
| HIST             | 522  | 506  | Paid Program (N)                                                                                 | Paid Program (N)                          | Paid Program (N)                                                                | Paid Program (N)                                 | Ice Road Truckers (N) (LIVE)                                                    |                                                                                                     | Pawn Stars (N)                             | Pawn Stars (N)                                                                                                                | American Pickers (N) (LIVE)                                                                     |                                                                              | American Pickers "Picking It Forward"                                     |                                                                                    | American Pickers "Cammy Camaro" (N)     |                                            | Pawn Stars (N)                            | Pawn Stars (N)     |                  |  |
| RDI              | 126  | 730  | (5:30) RDI matin                                                                                 |                                           |                                                                                 |                                                  | RDI en direct (SC)                                                              |                                                                                                     | RDI économique                             |                                                                                                                               | Telejournal                                                                                     | Telejournal                                                                  | Le National                                                               | RDI en direct (SC)                                                                 | RDI en direct (SC)                      | La facture (SC)                            | RDI en direct (SC)                        | RDI en direct (SC) |                  |  |
| SHOW             | 616  | 521  | Paid Program (N)                                                                                 | Paid Program (N)                          | Paid Program (N)                                                                | Paid Program (N)                                 | Mrs Brown's                                                                     | (:45) Mrs Brown's Boys "Mummy Christmas"                                                            | Mrs Brown's                                | (:15) Mrs Brown's Boys                                                                                                        | Mrs Brown's                                                                                     | (:45) Mrs Brown's Boys (Part 1 of 2) (LIVE)                                  | Mrs Brown's                                                               | (:45) Mrs Brown's Boys (Part 1 of 2) (LIVE)                                        | Mrs Brown's                             | (:15) Mrs Brown's Boys Agnes is depressed. | (15) Mrs Brown's Boys Agnes is depressed. |                    |                  |  |
| SLICE            | 601  | 562  | Paid Program (N)                                                                                 | 21 DAY FIX (N)                            | Paid Program (N)                                                                | Paid Program (N)                                 | Til Debt Do Us Part                                                             | Til Debt Do Us Part                                                                                 | Beauty and the Beast "Sins of the Fathers" | *** "The Blind Side" (2009, Drama) Sandra Bullock, Tim McGraw. A well-to-do white couple adopts a homeless black teen. (LIVE) |                                                                                                 |                                                                              | *** "Ocean's Twelve" (2004) (LIVE)                                        |                                                                                    |                                         |                                            |                                           |                    |                  |  |
| SPIKE            | 628  | 584  | CIZE Dance                                                                                       | Try Total Gym                             | Bar Rescue "Mystique or Murder?" (LIVE)                                         | Bar Rescue "Jon Ain't Afraid of No Ghost" (LIVE) | Bar Rescue "Till Debt Do Us Part" (LIVE)                                        | Bar Rescue "Till Debt Do Us Part" (LIVE)                                                            | Bar Rescue "Bro's Got to Deaux" (LIVE)     | Bar Rescue "Jon of the Deaux" (LIVE)                                                                                          | Bar Rescue A struggling live music venue.                                                       | Bar Rescue A struggling live music venue.                                    |                                                                           |                                                                                    | Bar Rescue (N) (LIVE)                   |                                            |                                           |                    |                  |  |
| TLC              | 521  | 560  | Makeup!                                                                                          | Bissell Revolution                        | Cake Boss (N)                                                                   | Cake Boss (N)                                    | Cake Boss (N)                                                                   | Cake Boss (N)                                                                                       | Cake Boss (N)                              | Cake Boss (N)                                                                                                                 | Cake Boss (N)                                                                                   | Cake Boss (N)                                                                | NY ER (N) (LIVE)                                                          | NY ER (N) (LIVE)                                                                   | NY ER (N) (LIVE)                        | NY ER (N) (LIVE)                           | NY ER (N) (LIVE)                          | NY ER (N) (LIVE)   |                  |  |
| TSN              | 400  | 400  | (7:45) English Premier League Soccer Watford FC vs Manchester United FC. (N) (LIVE)              |                                           | English Premier League Soccer West Bromwich Albion FC vs Arsenal FC. (N) (LIVE) |                                                  | English Premier League Soccer West Bromwich Albion FC vs Arsenal FC. (N) (LIVE) |                                                                                                     | Premier League                             | UEFA Magazine                                                                                                                 | UEFA Europa League Magazine (N) (LIVE)                                                          | SC (N)                                                                       | NASCAR Prerace                                                            | NASCAR Racing                                                                      |                                         |                                            |                                           |                    |                  |  |
| YOUTH            | 551  | 542  | Chucks                                                                                           | Sponge.                                   | Sponge.                                                                         | Parents                                          | Harvey                                                                          | Pig Goat                                                                                            | Turtles                                    | Turtles                                                                                                                       | ** "Epic" (2013) Voices of Colin Farrell. (LIVE)                                                |                                                                              |                                                                           | Game On                                                                            | 100 Things                              | 100 Things                                 | 100 Things                                |                    |                  |  |

| SATURDAY EVENING |      |      |                                                                                                                           | NOVEMBER 21, 2015                                                                                    |                                   |                                                                                                                                   |                                                                                       |                                                                                                                           |                                                                                                                        |                                                                                 |                                           |                                                                                      |                                             |                                                            |                                    |                                      |                                       |                 |  |  |
|------------------|------|------|---------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|-----------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|-------------------------------------------|--------------------------------------------------------------------------------------|---------------------------------------------|------------------------------------------------------------|------------------------------------|--------------------------------------|---------------------------------------|-----------------|--|--|
| Bell             | Star | 4 PM | 4:30                                                                                                                      | 5 PM                                                                                                 | 5:30                              | 6 PM                                                                                                                              | 6:30                                                                                  | 7 PM                                                                                                                      | 7:30                                                                                                                   | 8 PM                                                                            | 8:30                                      | 9 PM                                                                                 | 9:30                                        | 10 PM                                                      | 10:30                              | 11 PM                                | 11:30                                 | 12 AM           |  |  |
| WCAX 3           | -    | -    | (3:30) College Football LSU at Mississippi. From Vaught-Hemingway Stadium in Oxford, Miss. (N) (LIVE)                     |                                                                                                      |                                   |                                                                                                                                   | Channel 3 News                                                                        | Hometime                                                                                                                  | Code Black "Sometimes It's a Zebra" (LIVE)                                                                             | 48 Hours (N) (LIVE)                                                             |                                           |                                                                                      |                                             | 48 Hours (N) (LIVE)                                        |                                    | Channel 3 News                       | Person of Interest "Baby Blue" (LIVE) |                 |  |  |
| WPTZ 5           | -    | -    | (3:00) NASCAR Racing XFINITY Series: Ford EcoBoost 300. (N) (LIVE)                                                        |                                                                                                      |                                   | News-Channel 5                                                                                                                    | Nightly News                                                                          | Jeopardy! (N) (LIVE)                                                                                                      | Wheel of Fortune                                                                                                       | * "Free Birds" (2013, Comedy) Voices of Owen Wilson, Woody Harrelson. (LIVE)    |                                           |                                                                                      |                                             | Saturday Night Live (N) (LIVE)                             | NewsChannel 5                      | (:29) Saturday Night Live (N) (LIVE) |                                       |                 |  |  |
| CBMT 6           | 206  | 301  | Figure Skating ISU Grand Prix: Rostelecom Cup. (N) (LIVE)                                                                 | Montreal News                                                                                        |                                   | Hockey Central                                                                                                                    | NHL Hockey Toronto Maple Leafs at Boston Bruins. From TD Garden in Boston. (N) (LIVE) | NHL Hockey Chicago Blackhawks at Vancouver Canucks. (N) (LIVE)                                                            |                                                                                                                        |                                                                                 |                                           |                                                                                      |                                             |                                                            |                                    |                                      |                                       |                 |  |  |
| CHLT 7           | 107  | 718  | (:03) "Pour toujours, les Canadiens" (2009, Drame) Céline Bonnier, Claude Legault. (SC)                                   | TVA nouvelles (N)                                                                                    |                                   | ** "Blanche-Neige et le chasseur" (2012, Fantastique) Kristen Stewart, Charlize Theron, Chris Hemsworth. (SC)                     |                                                                                       |                                                                                                                           | ** "R.E.D." (2010) Bruce Willis. La CIA programme l'assassinat d'anciens membres.                                      |                                                                                 |                                           |                                                                                      | (:15) TVA nouvelles                         | (45) ** "L'oeil du mal" (2008, Action)                     |                                    |                                      |                                       |                 |  |  |
| WMTW 8           | -    | -    | (3:30) College Football Michigan State at Ohio State. From Ohio Stadium in Columbus, Ohio. (N) (LIVE)                     | College Football                                                                                     |                                   | Wheel of Fortune                                                                                                                  | Jeopardy! (N) (LIVE)                                                                  | College Football Texas Christian at Oklahoma. From Gaylord Family - Oklahoma Memorial Stadium in Norman, Okla. (N) (LIVE) |                                                                                                                        |                                                                                 |                                           | WMTW News 8                                                                          | Bianca (N) (LIVE)                           |                                                            |                                    |                                      |                                       |                 |  |  |
| CKSH 9           | 108  | -    | (3:00) * "Le Porteur d'eau" (1998) (SC)                                                                                   | La semaine verte (N) (SC)                                                                            |                                   | TJ Estrie                                                                                                                         | La petite vie (SC)                                                                    | En direct de l'univers Dan Bigras. (N) (SC)                                                                               |                                                                                                                        | Downton Abbey (SC)                                                              |                                           |                                                                                      | Le clan (N) (SC)                            |                                                            | Le Télé-journal                    | Dre Grey, leçons d'anatomie (SC)     | Sacrifice (SC)                        |                 |  |  |
| CKMI 11          | -    | -    | (3:30) ** "The Tourist" (2010) Johnny Depp. Premiere. (LIVE)                                                              | Focus Montreal                                                                                       | Evening News (N)                  | Global National                                                                                                                   | 16x9 "Highway Hazard?" (LIVE)                                                         | The Incredible Food Race (N) (LIVE)                                                                                       |                                                                                                                        | "Swift Current" (2014) Sheldon Kennedy overcomes abuse to become an NHL player. |                                           |                                                                                      | News Final (N)                              | (:29) Saturday Night Live (N) (LIVE)                       |                                    |                                      |                                       |                 |  |  |
| CFCF 12          | 205  | 312  | The Marilyn Denis Show (N) (LIVE)                                                                                         | The Social                                                                                           | etalk-Adele                       | CTV News Montreal (N) (LIVE)                                                                                                      | W5 Joe Johnson is an inspiration. (N) (LIVE)                                          | Big Bang Theory                                                                                                           |                                                                                                                        | Anger                                                                           | Mike & Molly (N)                          | Hot in Cleveland                                                                     | Saving Hope "Sympathy for the Devil" (LIVE) | News-Rinaldo                                               | CTV News Montreal                  | (12:05) Castle (N) (LIVE)            |                                       |                 |  |  |
| WVNY 22          | -    | -    | (3:30) College Football Michigan State at Ohio State. From Ohio Stadium in Columbus, Ohio. (N) (LIVE)                     | College Football                                                                                     |                                   | Local 22 News (N)                                                                                                                 | Paid Program                                                                          | College Football Texas Christian at Oklahoma. From Gaylord Family - Oklahoma Memorial Stadium in Norman, Okla. (N) (LIVE) |                                                                                                                        |                                                                                 |                                           | Local 22 News (N)                                                                    | Elementary (N) (LIVE)                       |                                                            |                                    |                                      |                                       |                 |  |  |
| WUTV 30          | -    | -    | (3:30) College Football UCLA at Utah. The Bruins (7-3) travel to Salt Lake City, Utah, to take the Utes (8-2). (N) (LIVE) | College Extra                                                                                        |                                   | College Football Baylor at Oklahoma State. The Bears (8-1) travel to Stillwater, Okla., to take on the Cowboys (10-0). (N) (LIVE) | Animation Domination High-Def (N) (LIVE)                                              |                                                                                                                           |                                                                                                                        |                                                                                 | Paid Program                              |                                                                                      |                                             |                                                            |                                    |                                      |                                       |                 |  |  |
| CFKS 31          | 106  | 726  | (3:15) * "Baby-sitter malgré-lui" (2011)                                                                                  | ** "Les Collégiennes de Beverly Hills" (1995) Alicia Silverstone, Stacey Dash.                       |                                   | Scorpion Sylvester active des explosifs.                                                                                          | CSI: Cyber (N) (Partie 1 de 2) (SC)                                                   | NCIS: Los Angeles "Tapis" (N) (LIVE)                                                                                      |                                                                                                                        | CSI: Miami "Face à face" (SC)                                                   | Californication (N)                       | Rire et délire                                                                       | Voyance direct                              |                                                            |                                    |                                      |                                       |                 |  |  |
| WUHF             | -    | 363  | (3:30) College Football UCLA at Utah. The Bruins (7-3) travel to Salt Lake City, Utah, to take the Utes (8-2). (N) (LIVE) | College Extra                                                                                        |                                   | College Football Baylor at Oklahoma State. The Bears (8-1) travel to Stillwater, Okla., to take on the Cowboys (10-0). (N) (LIVE) | Animation Domination High-Def (N) (LIVE)                                              |                                                                                                                           |                                                                                                                        |                                                                                 | WHAM News                                 |                                                                                      |                                             |                                                            |                                    |                                      |                                       |                 |  |  |
| WETK             | -    | -    | Antiques Roadshow                                                                                                         | Connect...                                                                                           | Charlie Rose                      | NewsHour Wk                                                                                                                       | Father Brown "The Man in the Tree" (LIVE)                                             | As Time Goes By                                                                                                           | To Manor Born                                                                                                          | You Being Served? (N) (LIVE)                                                    | Discover Jazz on Vermont PBS (N)          | Great Performances (N) (LIVE)                                                        | ACL Presents: Americana Music Festival      | Music Gone                                                 |                                    |                                      |                                       |                 |  |  |
| WCFE             | -    | -    | Antiques Roadshow "Junk in the Trunk 5"                                                                                   | Globe Trekker "Ukraine" (N)                                                                          |                                   | R. Steves' Europe                                                                                                                 | NewsHour Wk                                                                           | Mountain Lake Journal                                                                                                     | New Tricks Griffin's friend is murdered. (LIVE)                                                                        | Scott & Bailey (N) (LIVE)                                                       |                                           | Scott & Bailey (N) (LIVE)                                                            | Underground                                 | ACL Presents: Americana Music Festival                     |                                    |                                      |                                       |                 |  |  |
| A&E              | 615  | 520  | "Shawshank"                                                                                                               | Storage Wars (N)                                                                                     | Storage Wars (N)                  | Storage Wars (N)                                                                                                                  | Storage Wars (N)                                                                      | Storage Wars (N)                                                                                                          | Storage Wars (N)                                                                                                       | Storage Wars (N)                                                                | Storage Wars (N)                          | Storage Wars (N)                                                                     | (:01) Storage Wars                          | (:31) Storage Wars                                         | (:02) Storage Wars                 | (:32) Storage Wars                   | Storage Wars (N)                      |                 |  |  |
| BRAVO            | 620  | 523  | (3:00) ** "Broken City" (2013) (LIVE)                                                                                     | Agent X John protects a former lover.                                                                |                                   | "Catch a Christmas Star" (2013, Romance) Shannon Elizabeth, Steve Byers. (LIVE)                                                   |                                                                                       | Criminal Minds "Awake" (N) (LIVE)                                                                                         |                                                                                                                        | Law & Order: Special Victims Unit (N) (LIVE)                                    |                                           |                                                                                      | Kingdom "Simulations" (LIVE)                | ** "Broken City" (2013, Crime Drama) Mark Wahlberg. (LIVE) |                                    |                                      |                                       |                 |  |  |
| CNN              | 500  | 500  | CNN Newsroom                                                                                                              |                                                                                                      | CNN Newsroom                      |                                                                                                                                   | Smerconish                                                                            | CNN Newsroom                                                                                                              |                                                                                                                        | The Hunt                                                                        |                                           | The Hunt                                                                             |                                             | The Hunt                                                   |                                    | The Hunt                             |                                       |                 |  |  |
| DISC             | 520  | 505  | Canada's Worst Driver (N) (DVS)                                                                                           |                                                                                                      | Highway Thru Hell "Nervous Wreck" |                                                                                                                                   | How It's Made                                                                         | How It's Made                                                                                                             | Alaska: The Last Frontier (N) (LIVE)                                                                                   | Gold Rush "Gold Made" (LIVE)                                                    | Moonshiners "American Spirits" (N) (LIVE) | Overhaulin' "Elco That's All Go" (LIVE)                                              | Rusted Development                          | Moonshiners (N) (LIVE)                                     |                                    |                                      |                                       |                 |  |  |
| HIST             | 522  | 506  | American Pickers (N) (LIVE)                                                                                               |                                                                                                      | Mountain Men "Touch-down" (LIVE)  |                                                                                                                                   | Klondike Trappers (N) (LIVE)                                                          | Ice Road Truckers (N) (LIVE)                                                                                              |                                                                                                                        | The Curse of Oak Island (N) (LIVE)                                              |                                           | JFK Assassination: The Definitive Guide Theories about the JFK assassination. (LIVE) |                                             | Klondike Trappers (N) (LIVE)                               |                                    | The Curse of Oak Island (N) (LIVE)   |                                       |                 |  |  |
| RDI              | 126  | 730  | RDI en direct (SC)                                                                                                        | Journal Fr. 2                                                                                        | Le Télé-journal                   | L'épicerie (SC)                                                                                                                   | La semaine verte (SC)                                                                 |                                                                                                                           | RDI en direct (SC)                                                                                                     | Monde-parlait                                                                   | Découverte (SC)                           |                                                                                      | Le Télé-journal                             | Les grands reportages                                      | La facture (SC)                    | Le Télé-journal                      | Monde-parlait                         | Le Télé-journal |  |  |
| SHOW             | 616  | 521  | ** "The Incredible Burt Wonderstone" (2013) Steve Carell, Steve Buscemi. (LIVE)                                           |                                                                                                      |                                   | ** "Rocky Road" (2000, Drama) Nicole A. Smith, Will Wallace, Natasha Pearce. (LIVE)                                               |                                                                                       | ** "The Incredible Burt Wonderstone" (2013) Steve Carell, Steve Buscemi. (LIVE)                                           |                                                                                                                        | Mrs Brown's                                                                     |                                           | (45) Mrs Brown's Boys (N) (LIVE)                                                     |                                             | Mrs Brown's                                                | Mrs Brown's                        |                                      |                                       |                 |  |  |
| SLICE            | 601  | 562  | (3:00) *** "Ocean's Twelve" (2004) George Clooney. (LIVE)                                                                 | *** "Ocean's Thirteen" (2007) George Clooney. Danny Ocean and his gang seek to right a wrong. (LIVE) |                                   | Debt Do Us Part                                                                                                                   |                                                                                       | Debt Do Us Part                                                                                                           | *** "The Blind Side" (2009) Sandra Bullock, Tim McGraw. A well-to-do white couple adopts a homeless black teen. (LIVE) |                                                                                 |                                           |                                                                                      | "Ocean's Twelve" (2004) (LIVE)              |                                                            |                                    |                                      |                                       |                 |  |  |
| SPIKE            | 628  | 584  | Cops (N) (LIVE)                                                                                                           | Cops (N) (LIVE)                                                                                      | Cops (N) (LIVE)                   | Jail (N) (LIVE)                                                                                                                   | Cops (N) (LIVE)                                                                       | Cops (N) (LIVE)                                                                                                           | Cops (N) (LIVE)                                                                                                        | Cops (N) (LIVE)                                                                 | Cops "Liar Liar" (N) (LIVE)               | Cops (N) (LIVE)                                                                      | Cops (N) (LIVE)                             | Cops (N) (LIVE)                                            | Cops "Liar Liar" (N) (LIVE)        | Jail: Las Vegas (N) (LIVE)           |                                       |                 |  |  |
| TLC              | 521  | 560  | 48 Hours: Hard Evidence (N) (LIVE)                                                                                        | 48 Hours: Hard Evidence (N) (LIVE)                                                                   |                                   | 48 Hours: Hard Evidence (N) (LIVE)                                                                                                | 48 Hours: Hard Evidence "Walking Free" (N) (LIVE)                                     | 48 Hours: Hard Evidence (N) (LIVE)                                                                                        | 48 Hours: Hard Evidence (N) (LIVE)                                                                                     | 48 Hours: Hard Evidence (N) (LIVE)                                              | 48 Hours: Hard Evidence (N) (LIVE)        | 48 Hours: Hard Evidence (N) (LIVE)                                                   | 48 Hours: Hard Evidence (N) (LIVE)          | 48 Hours: Hard Evidence (N) (LIVE)                         | 48 Hours: Hard Evidence (N) (LIVE) | 48 Hours: Hard Evidence (N) (LIVE)   |                                       |                 |  |  |
| TSN              | 400  | 400  | (3:00) NASCAR Racing XFINITY Series: Ford EcoBoost 300. (N) (LIVE)                                                        | SportsCentre (N) (LIVE)                                                                              |                                   | English Premier League Soccer Watford FC vs Manchester United FC. (LIVE)                                                          |                                                                                       | SportsCentre (N) (LIVE)                                                                                                   |                                                                                                                        | UFC Fight Night Magny vs. Gastelum. (N) (LIVE)                                  |                                           |                                                                                      |                                             |                                                            |                                    |                                      |                                       |                 |  |  |
| YOUTH            | 551  | 542  | 100                                                                                                                       | 100                                                                                                  | 100                               | Stanley                                                                                                                           | Assembly                                                                              | Funny Home Videos                                                                                                         | *** "Elf" (2003) Will Ferrell. (LIVE)                                                                                  |                                                                                 |                                           | Game On                                                                              | Assembly                                    | Haunting                                                   | Haunting                           | *** Elf                              |                                       |                 |  |  |



# Hold onto family memories with new trends in scrapbooking

(NC) This season is a time when families get together and reflect on fond memories. With the advent of technology there's no shortage of family photos,

but with our fast-paced lives it's becoming increasingly difficult to keep up, document and admire these treasured memories when they're stashed away on our computers or smartphones.

According to Sara Douglass, Interim CEO for crafting company Stampin' Up!, there's now an effective way to capture these memories with a revolutionary back-to-basics scrapbooking system called Project Life by Stampin' Up!. It's a simple and affordable way to get your photos into albums: you just slip your photos into photo pocket pages and add designed cards.

"It's a back-to-basics approach to documenting your life," explains Douglass. "In a nutshell it's all about spending more time making memories and less time scrapbooking them. There's no requirement to cut



or glue or embellish anything. And yet, the end results are spectacular."

Project Life makes memory keeping easy and fun with card collections, accessory packs, albums, photo pocket pages, pens and other accessories. Douglass explains that you can keep things simple when you need to, and when you have more creative energy you can dress it up with the coordinating stamp set and accessory pack.

The holiday break is the ideal time to go through favourite family moments of the past several months and document them in fun creative albums. Organize a DIY scrapbooking party where every-

body brings their favourite photos of the year to make custom albums.

For those who want a special keepsake to commemorate this holiday season, Stampin' Up!'s Hello December 2015 daily journaling solution is perfect for keeping track of special moments.

"It's ideal for families who want to scrapbook their baby's first Christmas or capture treasured holiday moments throughout the month," she adds.

More information on scrapbooking trends is available at [www.stampinup.ca](http://www.stampinup.ca).

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# Spending tips to avoid financial stress

(NC) The holiday season can be a time of happiness and festivity, but with so many obligations it can also leave many of us feeling the pressure when it comes to our finances. From gifts to décor, dinner parties and fancy clothes, managing spending can be overwhelming. Krystal Yee, author of the blog Give Me Back My Five Bucks, has the following tips on how to maximize your hard earned dollars this season:

1. Set a budget - One of the biggest financial stressors can be not knowing how much you've spent and whether you've blown through money you don't have. Setting a realistic budget that includes all expenses from gifts to travel to entertainment will give you piece of mind as you check off your list. You can also try an online budgeting tool and monitor your spending by checking your mobile banking app as you spend.

2. Do your research and shop around - Whether it's purchasing a gift, an out-

fit for the company party or finding the perfect table setting for entertaining friends and family, do your research first to find the best deal. This can be done by visiting the online sites of retailers before you hit the mall or streets so you don't make any impulse purchases while you're on the spot in a busy store.

3. Use a rewards card - Some credit cards earn money on every dollar you spend. A new survey from Tangerine found that the majority (61 per cent) of Canadians use a credit card for holiday spending to earn rewards on their purchases. Try a cash-back card like Tangerine's Money-Back Credit Card, which allows you to spend and save at the same time. It gives 2% Money-Back Rewards on purchases in two categories of your choice (for example groceries or restaurants), and 1% Money-Back Rewards on all your other purchases. This card also has no annual fee.

4. Opt for DIY - Reduce your overall spending by incorporating homemade DIY gifts. There are endless resources online with easy DIY gift ideas that will impress your friends and family if you take the time to get crafty. This way they will remember the personal and



unique touch, not the amount you spent on a gift. Also, don't be afraid to re-gift that unused item that is simply not you. This is practical and financially

savvy, but just make sure it's thoughtful and the gift makes sense for the recipient.

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## Five activities for your kids to do over winter break

(NC) When kids are home for the holidays, keeping them entertained while cooking, and preparing your house for guests can be a difficult task. Instead of plopping them in front of the television for hours on end, plan some activities that will not only keep them busy but will also help make a difference in the community and the world around them:

Have your child help plan a family meal: Let them write the list and come shopping with you to make them feel a part of the holiday planning process. If they're creatively inclined, have them decorate the table or write up menus.

Let them help other kids: Talk with your children about kids who have less than they do. Brainstorm ways they can earn money to help those in need. For fun ways to help

other kids look at sites like worldvision.ca/gifts, which has donations like soccer balls, feeding a hungry Canadian family and school supplies for children in need overseas.

Visit someone who's lonely: Make a trip to a friend who's sick, a neighbourhood family who are new to this country, or the local retirement home.

Write cards to teachers: Take part of an afternoon for your children to write special cards for their teacher. Encourage them to thank their teacher for two or three specific things this year.

Share stories together: Look for tales which reinforce the message you're trying to give, like The Gift of the Magi in which two young people give up their most treasured possessions for one another.

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# Your week on TV

## MONDAY EVENING

NOVEMBER 23, 2015

| Bell  | Star | 6 PM | 6:30 | 7 PM                                                                                                            | 7:30                                                                                                                                                                                        | 8 PM                                                   | 8:30                                                                             | 9 PM                                                                             | 9:30                                                         | 10 PM                                                   | 10:30                                              | 11 PM                                          | 11:30                | 12 AM        |
|-------|------|------|------|-----------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------|----------------------------------------------------------------------------------|----------------------------------------------------------------------------------|--------------------------------------------------------------|---------------------------------------------------------|----------------------------------------------------|------------------------------------------------|----------------------|--------------|
| WCAX  | 3    | -    | -    | Channel 3 News at Six (N)                                                                                       | CBS Evening News/Pelley                                                                                                                                                                     | Entertainment Tonight (N)                              | Supergirl Kara must stop a series of bombings. (N) ○                             | Scorpion A deadly fungus outbreak. (N) ○                                         | (9:59) NCIS: Los Angeles A teenage girl goes missing. ○      | Channel 3 News                                          | (:35) The Late Show With Stephen Colbert (N) ○     |                                                |                      |              |
| WPTZ  | 5    | -    | -    | NewsChannel 5 at 6PM (N)                                                                                        | NBC Nightly News (N) ○                                                                                                                                                                      | Jeopardy! (N) ○                                        | Wheel of Fortune (N) ○                                                           | The Voice "Live Top 11 Performances" The top 11 artists perform. (N) ○ (Live) ○  | Blindspot A group of sleeper spies becomes active. (N) ○     | Newschannel 5 Nightcast                                 | (:34) The Tonight Show Starring Jimmy Fallon (N) ○ |                                                |                      |              |
| CBMT  | 6    | 206  | 301  | CBC Montreal News (N)                                                                                           | The Exchange                                                                                                                                                                                | Marketplace                                            | Coronation Street (N) ○                                                          | Murdoch Mysteries Investigating a 30-year-old murder.                            | This Life Natalie plans a dinner for Emma. (N) ○             | The National (N) ○                                      | CBC Montreal News (N)                              | Coronation Street ○                            | Rick Mercer Report ○ |              |
| CHLT  | 7    | 107  | 718  | (5:56) TVA nouvelles (N)                                                                                        | Le tricheur (N) (SC)                                                                                                                                                                        | Faites comme chez                                      | Boomerang (N) (SC)                                                               | Yamaska (N) (SC)                                                                 | Pour Sarah Sarah propose d'aller voir les baleines. (N)      | TVA nouvelles                                           | (:35) Denis Lévesque (N) (SC)                      | (:35) Signé M (SC)                             | (12:05) J.E. (SC)    |              |
| WMTW  | 8    | -    | -    | WMTW News 8 at 6PM (N)                                                                                          | ABC World News                                                                                                                                                                              | Wheel of Fortune (N) ○                                 | Jeopardy! (N) ○                                                                  | Dancing With the Stars (N) ○ (Live) (Part 1 of 2) ○                              | (:01) Castle Investigation aboard a cruise ship. (N) ○       | WMTW News 8 at 11 (N)                                   | (:35) Jimmy Kimmel Live (N) ○                      |                                                |                      |              |
| CKSH  | 9    | 108  | -    | Le Téléjournal/Estrie (N) (SC)                                                                                  | 30 vies (N) (SC)                                                                                                                                                                            | Les Parent (N) ○                                       | L'auberge du chien noir "Comme d'habitude" (N)                                   | Nouvelle adresse (N) (DVS) (SC)                                                  | Le Téléjournal (N) (SC)                                      | Marina Orsini (SC)                                      | Entrée principale (SC)                             |                                                |                      |              |
| CKMI  | 11   | -    | -    | (5:30) News Hour (N)                                                                                            | Global National (N) ○                                                                                                                                                                       | ET Canada                                              | Entertainment Tonight (N)                                                        | Supergirl Kara must stop a series of bombings. (N) ○                             | Minority Report A vision of a political assassination. (N) ○ | (9:59) NCIS: Los Angeles A teenage girl goes missing. ○ | News Final (N) ○                                   | (:35) The Late Show With Stephen Colbert (N) ○ |                      |              |
| CFCF  | 12   | 205  | 312  | CTV News Montreal (N) ○                                                                                         | etalk (N) ○                                                                                                                                                                                 | The Big Bang Theory ○                                  | Gotham Bruce gets closer to the truth. (N) (DVS)                                 | Blindspot A group of sleeper spies becomes active. (N) ○                         | (:01) Castle Investigation aboard a cruise ship. (N) ○       | News-Lisa                                               | CTV News Montreal (N)                              | The Daily Show                                 |                      |              |
| WVNY  | 22   | -    | -    | Local 22 News (N)                                                                                               | ABC World News                                                                                                                                                                              | Local 22 News (N)                                      | Inside Edition (N) ○                                                             | Dancing With the Stars (N) ○ (Live) (Part 1 of 2) ○                              | (:01) Castle Investigation aboard a cruise ship. (N) ○       | Local 22 News (N)                                       | (:35) Jimmy Kimmel Live (N) ○                      |                                                |                      |              |
| WUTV  | 30   | -    | -    | The Big Bang Theory ○                                                                                           | Judge Judy (N) ○                                                                                                                                                                            | Judge Judy (N) ○                                       | Family Feud (N) ○                                                                | Gotham Bruce gets closer to the truth. (N) (DVS)                                 | (:01) Minority Report A vision of a political assassination. | 2 on Your Side Seinfeld "The at 10 (N) Finale" ○        | Two and a Half Men ○                               | Two and a Half Men ○                           | Crazy Talk ○         |              |
| CFKS  | 31   | 106  | 726  | Atomes crochus                                                                                                  | Souper parfait                                                                                                                                                                              | Les détestables (N)                                    | Les détestables                                                                  | Ce soir tout est permis (N)                                                      | Le mentaliste Un homme vient en aide au FBI. (SC)            | En mode Salvail (N)                                     | (10:48) Ménage à trois (N)                         | Infopublicité                                  |                      |              |
| WUHF  | -    | 363  | -    | Modern Family ○                                                                                                 | Modern Family ○                                                                                                                                                                             | The Big Bang Theory ○                                  | The Big Bang Theory ○                                                            | Gotham Bruce gets closer to the truth. (N) (DVS)                                 | (:01) Minority Report A vision of a political assassination. | 13WHAM News at 10 on Fox Rochester (N) ○                | Crazy Talk ○                                       | 2 Broke Girls ○                                | Paid Program ○       |              |
| WETK  | -    | -    | -    | PBS NewsHour (N) ○                                                                                              | The This Old House Hour (N) ○                                                                                                                                                               | Antiques Roadshow "Eugene" ○ (Part 2 of 3) ○           | Eddie Murphy: The Mark Twain Prize Eddie Murphy receives Mark Twain Prize. (N) ○ | Buried History                                                                   | Nightly Business Report                                      | Charlie Rose (N) ○                                      |                                                    |                                                |                      |              |
| WCFE  | -    | -    | -    | World News America                                                                                              | Nightly Business Report                                                                                                                                                                     | PBS NewsHour (N) ○                                     | Antiques Roadshow "Eugene" ○ (Part 2 of 3) ○                                     | Eddie Murphy: The Mark Twain Prize Eddie Murphy receives Mark Twain Prize. (N) ○ | Richard Pryor -- Icon The life of comic Richard Pryor. ○     | Charlie Rose (N) ○                                      |                                                    |                                                |                      |              |
| A&E   | 615  | 520  | -    | The First 48 Miami police probe a janitor's murder. ○                                                           | The First 48 A man is discovered on broken glass. ○                                                                                                                                         | The First 48 Body found in a creek bed. ○              | The First 48 A young Atlanta father is fatally shot. ○                           | Cursed: The Bell Witch (N) ○ (Part 5 of 5) ○                                     | (:02) The First 48 The murder of a father shot in the back.  | (12:01) The First 48                                    |                                                    |                                                |                      |              |
| BRAVO | 620  | 523  | -    | "The Tree That Saved Christmas" (2014) Lacey Chabert. A woman tries to save her family's Christmas tree farm. ○ | Dancing With the Stars (N) ○ (Live) (Part 1 of 2) ○                                                                                                                                         | (:01) Partners in Crime "N or M?, Part Two" (N) ○      | (:15) Motive "Undertow" A tale of tragedy and revenge.                           | (12:15) Criminal Minds ○                                                         |                                                              |                                                         |                                                    |                                                |                      |              |
| CNN   | 500  | 500  | -    | The Situation Room (N)                                                                                          | Erin Burnett OutFront (N)                                                                                                                                                                   | Anderson Cooper 360 (N)                                | Long Road to Hell                                                                | CNN Tonight w/ Don Lemon                                                         | Anderson Cooper 360 ○                                        | Long Road to                                            |                                                    |                                                |                      |              |
| DISC  | 520  | 505  | -    | Canada's Worst Driver "Nailing The Needle" ○                                                                    | Daily Planet (N) (DVS)                                                                                                                                                                      | How It's Made (N)                                      | How It's Made (N)                                                                | Ice Lake Rebels Lake is melting at an alarming rate.                             | Canada's Worst Driver "Slip And Crash" (N) ○                 | How It's Made                                           | How It's Made                                      | Ice Lake Rebels                                |                      |              |
| HIST  | 522  | 506  | -    | Forged in Fire The legendary Crusader Sword. ○                                                                  | Pawn Stars "Tee'd Off" ○                                                                                                                                                                    | Pawn Stars ○                                           | Mountain Men "Miles to Go" Marty stranded after dark. ○                          | The Curse of Oak Island A drilling operation. ○                                  | Counting Cars                                                | Counting Cars                                           | Ice Road Truckers "Crossing Enemy Lines" ○         | Counting Cars ○                                |                      |              |
| RDI   | 126  | 730  | -    | Le National (SC)                                                                                                | RDI économie (SC)                                                                                                                                                                           | 24/60 (SC)                                             | Les grands reportages (SC)                                                       | Le Téléjournal (N) (SC)                                                          | RDI économie (SC)                                            | Le National                                             | 24/60 (SC)                                         | Les grands reportages                          |                      |              |
| SHOW  | 616  | 521  | -    | ** "Christmas Town" (2008) Nicole de Boer. A woman learns about the spirit of Christmas. ○ (DVS)                | "Merry Matrimony" (2015) Jessica Lowndes. After landing her dream job, a woman must work with her ex-boyfriend.                                                                             | Crazy Ex-Girlfriend Dr. Phil shows up to help Rebecca. | NCIS A military family comes under suspicion. ○                                  | NCIS "Dead Reckoning"                                                            |                                                              |                                                         |                                                    |                                                |                      |              |
| SLICE | 601  | 562  | -    | Million Dollar Listing New York "Reach High" ○                                                                  | Million Dollar Listing Los Angeles ○                                                                                                                                                        | Income Property ○                                      | Income Property ○                                                                | Million Dollar Listing Los Angeles (N) ○                                         | Million Dollar Listing San Francisco ○                       | Million Dollar Listing New York ○                       | Million Dollar Listing LA                          |                                                |                      |              |
| SPIKE | 628  | 584  | -    | Cops "Coast to Coast" ○                                                                                         | Jail ○                                                                                                                                                                                      | Cops ○                                                 | Cops ○                                                                           | Cops "Coast to Coast" ○                                                          | Cops ○                                                       | Cops "Coast to Coast" ○                                 | Cops "Coast to Coast" ○                            | Jail ○                                         |                      |              |
| TLC   | 521  | 560  | -    | Hoarding: Buried Alive Secret hoarders face the clutter.                                                        | Hoarding: Buried Alive "This Is Unreal" Milton; Louise. ○                                                                                                                                   | Hoarding: Buried Alive "Waste Not, Want Not" ○         | Hoarding: Buried Alive Tim could lose his home. ○                                | Hoarding: Buried Alive ○                                                         | Hoarding: Buried Alive "This Is Unreal" Milton; Louise. ○    | Hoarding: Buried Alive                                  |                                                    |                                                |                      |              |
| TSN   | 400  | 400  | -    | Monday Night Countdown (N) (Live) ○                                                                             | (:15) NFL Football Buffalo Bills at New England Patriots. Tom Brady and Rob Gronkowski lead the Patriots as they try to continue their dominance in the NFL. (N Subject to Blackout) (Live) | SportsCentre (N) (Live) ○                              |                                                                                  |                                                                                  |                                                              |                                                         |                                                    |                                                |                      |              |
| YOUTH | 551  | 542  | -    | Henry Danger                                                                                                    | Henry Danger                                                                                                                                                                                | Stanley Dyn.                                           | Max & Shred                                                                      | Funniest Home Videos                                                             | Wipeout (N) ○                                                | Haunting                                                | Haunting                                           | Laughs: Gags                                   | Laughs: Gags         | Funny Videos |

## TUESDAY EVENING

NOVEMBER 24, 2015

| Bell  | Star | 6 PM | 6:30 | 7 PM                                                                                                         | 7:30                                                                                               | 8 PM                                                                                                       | 8:30                                                                                  | 9 PM                                                                                                          | 9:30                                                                | 10 PM                                                     | 10:30                                              | 11 PM                   | 11:30                   | 12 AM                  |
|-------|------|------|------|--------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------|-----------------------------------------------------------|----------------------------------------------------|-------------------------|-------------------------|------------------------|
| WCAX  | 3    | -    | -    | Channel 3 News at Six (N)                                                                                    | CBS Evening News/Pelley                                                                            | Entertainment Tonight (N)                                                                                  | NCIS A sailor needs a bone marrow transplant. (N) ○                                   | NCIS: New Orleans "Billy and the Kid" (N) ○                                                                   | Limitless Boyle's friend needs Brian's help. (N) ○                  | Channel 3 News                                            | (:35) The Late Show With Stephen Colbert (N) ○     |                         |                         |                        |
| WPTZ  | 5    | -    | -    | NewsChannel 5 at 6PM (N)                                                                                     | NBC Nightly News (N) ○                                                                             | Jeopardy! (N) ○                                                                                            | Wheel of Fortune (N) ○                                                                | The Voice The artists face elimination. (N) ○ (Live) ○                                                        | Chicago Fire Boden thinks he's being set up. (N) ○                  | Newschannel 5 Nightcast                                   | (:34) The Tonight Show Starring Jimmy Fallon (N) ○ |                         |                         |                        |
| CBMT  | 6    | 206  | 301  | CBC Montreal News (N)                                                                                        | The Exchange                                                                                       | Just for Laughs: Gags                                                                                      | Coronation Street (N) ○                                                               | Rick Mercer Report (N) ○                                                                                      | 22 Minutes (N)                                                      | Young Drunk                                               | Halifax Comedy Festival                            | CBC Montreal News (N)   | Coronation Street ○     | Rick Mercer Report ○   |
| CHLT  | 7    | 107  | 718  | (5:56) TVA nouvelles (N)                                                                                     | Le tricheur (N) (SC)                                                                               | Faites comme chez                                                                                          | Alerte 5 (SC)                                                                         | Le Dôme Les parois du dôme se rétrécissent. (SC)                                                              | O' Charles soupçonne son père de régler ses comptes.                | TVA nouvelles                                             | (:35) Denis Lévesque (N) (SC)                      | (:35) Signé M (SC)      | (12:05) Rock et Rolland |                        |
| WMTW  | 8    | -    | -    | WMTW News 8 at 6PM (N)                                                                                       | ABC World News                                                                                     | Wheel of Fortune (N) ○                                                                                     | Jeopardy! (N) ○                                                                       | A Charlie Brown Thanksgiving ○                                                                                | Dancing With the Stars (Season Finale) (N) ○ (Live) (Part 2 of 2) ○ | WMTW News 8 at 11 (N)                                     | (:35) Jimmy Kimmel Live ○                          |                         |                         |                        |
| CKSH  | 9    | 108  | -    | Le Téléjournal/Estrie (N) (SC)                                                                               | 30 vies (N) (SC)                                                                                   | La facture (N) (SC)                                                                                        | Unité 9 (N) (DVS) (SC)                                                                | Mémoires vives Les résultats arrivent enfin. (N) (SC)                                                         | Le Téléjournal (N) (SC)                                             | Marina Orsini (SC)                                        | Entrée principale (SC)                             |                         |                         |                        |
| CKMI  | 11   | -    | -    | (5:30) News Hour (N)                                                                                         | Global National (N) ○                                                                              | Chicago Med "iNO" Treating a teen who's just given birth.                                                  | NCIS A sailor needs a bone marrow transplant. (N) ○                                   | NCIS: New Orleans "Billy and the Kid" (N) ○                                                                   | Limitless Boyle's friend needs Brian's help. (N) ○                  | News Final (N) ○                                          | (:35) The Late Show With Stephen Colbert (N) ○     |                         |                         |                        |
| CFCF  | 12   | 205  | 312  | CTV News Montreal (N) ○                                                                                      | etalk (N) ○                                                                                        | The Big Bang Theory ○                                                                                      | The Voice The artists face elimination. (N) ○ (Live) ○                                | The Flash Barry pushes his friends away. ○                                                                    | CSI: Cyber "Python" One of Avery's friends is murdered.             | News-Lisa                                                 | CTV News Montreal (N)                              | The Daily Show          |                         |                        |
| WVNY  | 22   | -    | -    | Local 22 News (N)                                                                                            | ABC World News                                                                                     | Local 22 News (N)                                                                                          | Inside Edition (N) ○                                                                  | A Charlie Brown Thanksgiving ○                                                                                | Dancing With the Stars (Season Finale) (N) ○ (Live) (Part 2 of 2) ○ | Local 22 News (N)                                         | (:35) Jimmy Kimmel Live ○                          |                         |                         |                        |
| WUTV  | 30   | -    | -    | The Big Bang Theory ○                                                                                        | Judge Judy (N) ○                                                                                   | Judge Judy (N) ○                                                                                           | Family Feud (N) ○                                                                     | Grandfathered (N) ○                                                                                           | The Grinder (N) ○                                                   | Scream Queens "Thanksgiving" (N) ○ (DVS)                  | 2 on Your Side Seinfeld "The at 10 (N) Finale" ○   | Two and a Half Men ○    | Two and a Half Men ○    | Crazy Talk ○           |
| CFKS  | 31   | 106  | 726  | Atomes crochus (SC)                                                                                          | Souper parfait                                                                                     | Taxi payant (N)                                                                                            | Rire et délire (SC)                                                                   | ** "Secousse sismique" (2009) Brittany Murphy. Une sismologue essaye d'arrêter un tremblement de terre.       | En mode Salvail (N)                                                 | (10:48) Ménage à trois (N)                                | Infopublicité                                      |                         |                         |                        |
| WUHF  | -    | 363  | -    | Modern Family ○                                                                                              | Modern Family ○                                                                                    | The Big Bang Theory ○                                                                                      | The Big Bang Theory ○                                                                 | Grandfathered (N) ○                                                                                           | The Grinder (N) ○                                                   | Scream Queens "Thanksgiving" (N) ○ (DVS)                  | 13WHAM News at 10 on Fox Rochester (N) ○           | Crazy Talk ○            | 2 Broke Girls ○         | Paid Program ○         |
| WETK  | -    | -    | -    | PBS NewsHour (N) ○                                                                                           | Windows to the Wild                                                                                | Outdoor Journal                                                                                            | American Experience "The Pilgrims" Details about the arrival of pilgrims. (N) ○ (DVS) | American Experience "The Pilgrims" Details about the arrival of pilgrims. (N) ○ (DVS)                         | Secrets of the Dead Bones are found in Jamestown, Va.               | Nightly Business Report                                   | Charlie Rose (N) ○                                 |                         |                         |                        |
| WCFE  | -    | -    | -    | World News America                                                                                           | Nightly Business Report                                                                            | PBS NewsHour (N) ○                                                                                         | American Experience "The Pilgrims" Details about the arrival of pilgrims. (N) ○ (DVS) | American Experience "The Pilgrims" Details about the arrival of pilgrims. (N) ○ (DVS)                         | Secrets of the Dead Bones are found in Jamestown, Va.               | BBC World News                                            | Charlie Rose (N) ○                                 |                         |                         |                        |
| A&E   | 615  | 520  | -    | Storage Wars ○                                                                                               | Storage Wars ○                                                                                     | Storage Wars ○                                                                                             | Storage Wars ○                                                                        | Storage Wars ○                                                                                                | Storage Wars ○                                                      | (:01) Storage Wars (N) ○                                  | (:32) Storage Wars: Miami                          | (:02) Storage Wars ○    | (:32) Storage Wars ○    | (12:01) Storage Wars ○ |
| BRAVO | 620  | 523  | -    | "Anything but Christmas" (2012, Romance-Comedy) Sergio Di Zio, Elaine Hendrix, Christopher Lloyd. ○          | Blue Bloods A mob lawyer is shot. ○                                                                | Dancing With the Stars (Season Finale) (N) ○ (Live) (Part 2 of 2) ○                                        | Motive "Framed" A nerdy gun collector. (DVS)                                          | Criminal Minds ○                                                                                              |                                                                     |                                                           |                                                    |                         |                         |                        |
| CNN   | 500  | 500  | -    | The Situation Room (N)                                                                                       | Erin Burnett OutFront (N)                                                                          | Anderson Cooper 360 (N)                                                                                    | CNN Special Report                                                                    | CNN Tonight w/ Don Lemon                                                                                      | Anderson Cooper 360 ○                                               | Spec'l Report                                             |                                                    |                         |                         |                        |
| DISC  | 520  | 505  | -    | How It's Made ○                                                                                              | How It's Made                                                                                      | Daily Planet (N) (DVS)                                                                                     | Gold Rush: Pay Dirt "Gold Ship" (N) ○                                                 | Highway Thru Hell "Rear View" (N) ○                                                                           | Cold River Cash Teams contend with high tide of spring.             | Gold Rush ○                                               |                                                    |                         |                         |                        |
| HIST  | 522  | 506  | -    | Battle Factory ○                                                                                             | Battle Factory ○                                                                                   | Pawn Stars ○                                                                                               | Pawn Stars ○                                                                          | Counting Cars ○                                                                                               | Counting Cars ○                                                     | Hunting Hitler The possibility that Hitler escaped. (N) ○ | Battle Factory ○                                   | Battle Factory ○        | Pawn Stars ○            |                        |
| RDI   | 126  | 730  | -    | Le National                                                                                                  | RDI économie (SC)                                                                                  | 24/60 (SC)                                                                                                 | Les grands reportages (SC)                                                            | Le Téléjournal (SC)                                                                                           | RDI économie (SC)                                                   | Le National                                               | 24/60 (SC)                                         | Les grands reportages   |                         |                        |
| SHOW  | 616  | 521  | -    | "Dear Santa" (2011) Amy Acker, Brooklynn Proulx. A party girl has to change her ways or get cut off. ○ (DVS) | "Defending Santa" (2013) Dean Cain. Santa Claus stands trial for a crime that he did not commit. ○ | "Christmas Incorporated" (2015, Drama) Shenae Grimes. Riley lands an assistant position for a socialite. ○ | NCIS "Legend"                                                                         |                                                                                                               |                                                                     |                                                           |                                                    |                         |                         |                        |
| SLICE | 601  | 562  | -    | Million Dollar Listing New York ○                                                                            | Million Dollar Listing Los Angeles "All Cash Chaos" ○                                              | Til Debt Do Us Part ○                                                                                      | Til Debt Do Us Part ○                                                                 | Vanderpump Rules Scheana and Katie bust Lara for lying.                                                       | Vanderpump Rules "Happily Never After" (N) ○                        | Après Ski A mountaintop ceremony goes wrong. (N)          | Vanderpump Rules ○                                 |                         |                         |                        |
| SPIKE | 628  | 584  | -    | Cops ○                                                                                                       | Jail ○                                                                                             | Cops ○                                                                                                     | Cops "Coast to Coast" ○                                                               | Cops "Coast to Coast" ○                                                                                       | Cops "Liar, Liar" Cops ○                                            | Cops ○                                                    | Cops ○                                             | Cops "Coast to Coast" ○ |                         |                        |
| TLC   | 521  | 560  | -    | 7 Little Johnstons "Girl Lookin' Rough" ○                                                                    | 7 Little Johnstons Alex has a crush on his teacher. ○                                              | Cake Boss ○                                                                                                | Cake Boss ○                                                                           | Cake Boss: Thanksgiving Special 2015 (N) ○                                                                    | (:02) 7 Little Johnstons (N)                                        | (:04) Cake Boss: Thanksgiving Special 2015 ○              | (12:04) 7 Little Johnstons                         |                         |                         |                        |
| TSN   | 400  | 400  | -    | SportsCentre (N) (Live) ○                                                                                    | That's Hockey                                                                                      | Off the Record (N)                                                                                         | NBA Basketball Boston Celtics at Atlanta Hawks. From Philips Arena in Atlanta.        | NBA Basketball Los Angeles Lakers at Golden State Warriors. From Oracle Arena in Oakland, Calif. (N) (Live) ○ |                                                                     |                                                           |                                                    |                         |                         |                        |
| YOUTH | 551  | 542  | -    | Henry Danger                                                                                                 | Henry Danger                                                                                       | Game                                                                                                       | Henry Danger                                                                          | Funniest Home Videos                                                                                          | Wipeout ○                                                           | Haunting                                                  | Haunting                                           | Laughs: Gags            | Laughs: Gags            | Funny Videos           |

# Your week on TV

## WEDNESDAY EVENING NOVEMBER 25, 2015

| Bell      | Star | 6 PM                      | 6:30                                                                                                               | 7 PM                         | 7:30                                                         | 8 PM                                                                                                              | 8:30                                                                                              | 9 PM                                                         | 9:30                        | 10 PM                                                                                                      | 10:30                                                       | 11 PM                                                                       | 11:30                                               | 12 AM                |
|-----------|------|---------------------------|--------------------------------------------------------------------------------------------------------------------|------------------------------|--------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|--------------------------------------------------------------|-----------------------------|------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------|-----------------------------------------------------------------------------|-----------------------------------------------------|----------------------|
| WCAX 3    | -    | Channel 3 News at Six (N) |                                                                                                                    | CBS Evening News/Pelley      | Entertainment Tonight (N)                                    | Survivor (N) (D)                                                                                                  |                                                                                                   |                                                              |                             | Code Black A teen faces a difficult decision. (N) (D)                                                      | Channel 3 News                                              | (:35) The Late Show With Stephen Colbert (N) (D)                            |                                                     |                      |
| WPTZ 5    | -    | NewsChannel 5 at 6PM (N)  | NBC Nightly News (N) (D)                                                                                           | Jeopardy! (N) (D)            | Wheel of Fortune (N) (D)                                     | The Making of the Wiz Live! (N) (D)                                                                               | Saturday Night Live "A Saturday Night Live Thanksgiving" Thanksgiving-themed sketches. (N) (D)    |                                                              |                             | NewsChannel 5 Nightcast                                                                                    | (:34) The Tonight Show Starring Jimmy Fallon (D)            |                                                                             |                                                     |                      |
| CBMT 6    | 206  | 301                       | CBC Montreal News (N)                                                                                              | The Exchange (N) (D)         | Young Drunk Punk (N) (D)                                     | Coronation Street (N) (D)                                                                                         | Dragons' Den Partners present an enlightening demo. (N) (D)                                       | The Romeo Section "Whiskey Jack" (N) (D) (DVS)               |                             | The National (N) (D)                                                                                       | CBC Montreal News (N)                                       | Coronation Street (N) (D)                                                   | Rick Mercer Report (D)                              |                      |
| CHLT 7    | 107  | 718                       | (5:56) TVA nouvelles (N)                                                                                           | Le tricheur (N) (SC)         | Faites comme chez (N) (D)                                    | La poule aux oeufs d'or (N) (D)                                                                                   | Au secours de Béatrice "Cachoteries" (N) (SC)                                                     | Jean-Marc Parent: torture (N) (Partie 1 de 2) (SC)           |                             | TVA nouvelles (N)                                                                                          | (:35) Denis Lévesque (N) (SC)                               | (:35) Signé M (SC)                                                          | (12:05) *** "Duplicité" (D)                         |                      |
| WMTW 8    | -    | -                         | WMTW News 8 at 6PM (N)                                                                                             | ABC World News (N)           | Wheel of Fortune (N) (D)                                     | Jeopardy! (N) (D)                                                                                                 | The Middle (N) (D)                                                                                | The Goldbergs (N) (D)                                        | Modern Family (N) (D)       | (:31) blackish (N) (D)                                                                                     | Nashville Rayna and Markus butt heads. (N) (D)              | WMTW News 8 at 11 (N)                                                       | (:35) Jimmy Kimmel Live (N) (D)                     |                      |
| CKSH 9    | 108  | -                         | Le Téléjournal/Estrie (N) (SC)                                                                                     |                              | 30 vies (N) (SC)                                             | L'épicerie (N) (SC)                                                                                               | Les enfants de la télé (N) (SC)                                                                   | Les pêcheurs (N) (SC)                                        | La théorie du K.O. (N) (SC) |                                                                                                            | Le Téléjournal (N) (SC)                                     | Marina Orsini (SC)                                                          | Entrée principale (SC)                              |                      |
| CKMI 11   | -    | -                         | (5:30) News Hour (N)                                                                                               | Global National (N) (D)      | ET Canada                                                    | Entertainment Tonight (N)                                                                                         | Survivor (N) (D)                                                                                  |                                                              |                             | Chicago Fire Boden thinks he's being set up. (N) (D)                                                       | News Final (N) (D)                                          | (:35) The Late Show With Stephen Colbert (N) (D)                            |                                                     |                      |
| CFCF 12   | 205  | 312                       | CTV News Montreal (N) (D)                                                                                          |                              | etalk (N) (D)                                                | The Big Bang Theory (N) (D)                                                                                       | Adele Live in London Performances of classic and new singles. (N) (D)                             | Mike & Molly (N) (D)                                         |                             | Code Black A teen faces a difficult decision. (N) (D)                                                      | News-Lisa                                                   | CTV News Montreal (N) (D)                                                   | The Daily Show                                      |                      |
| WVNY 22   | -    | -                         | Local 22 News (N)                                                                                                  | ABC World News (N)           | Local 22 News (N)                                            | Inside Edition (N) (D)                                                                                            | The Middle (N) (D)                                                                                | The Goldbergs (N) (D)                                        | Modern Family (N) (D)       | (:31) blackish (N) (D)                                                                                     | Nashville Rayna and Markus butt heads. (N) (D)              | Local 22 News (N)                                                           | (:35) Jimmy Kimmel Live (N) (D)                     |                      |
| WUTV 60   | -    | -                         | The Big Bang Theory (N) (D)                                                                                        | Judge Judy (N) (D)           | Judge Judy (N) (D)                                           | Family Feud (N) (D)                                                                                               | Rosewood A new fashion designer is threatened. (N) (D)                                            | Empire Cookie makes a discovery about Laz. (N) (D)           |                             | 2 on Your Side Seinfeld "The Chaperone" (N) (D)                                                            | Two and a Half Men (N) (D)                                  | Two and a Half Men (N) (D)                                                  | Crazy Talk (N) (D)                                  |                      |
| CFKS 63   | 106  | 726                       | Atomes crochus (SC)                                                                                                | Souper parfait (N) (D)       | Ma mère cuisine mieux que la tienne (N) (D)                  |                                                                                                                   | Personne d'intérêt Reese suit les traces d'un officier. (N) (D)                                   | Mémoire sous enquête La mort d'un populaire acteur. (N) (D)  |                             | En mode Salvail (N) (D)                                                                                    | (10:48) Ménage à trois (N) (D)                              |                                                                             | Infopublicité                                       |                      |
| WUHF -    | -    | 363                       | Modern Family "Fizbo" (N) (D)                                                                                      | Modern Family (N) (D)        | The Big Bang Theory (N) (D)                                  | The Big Bang Theory (N) (D)                                                                                       | Rosewood A new fashion designer is threatened. (N) (D)                                            | Empire Cookie makes a discovery about Laz. (N) (D)           |                             | 13WHAM News at 10 on Fox Rochester (N) (D)                                                                 | Crazy Talk (N) (D)                                          | 2 Broke Girls (N) (D)                                                       | Paid Program (D)                                    |                      |
| WETK -    | -    | -                         | PBS NewsHour (N) (D)                                                                                               |                              | Globe Trekker Quebec; Toronto; Niagara Falls. (N) (D)        |                                                                                                                   | Nature Animals search for mates. (N) (D)                                                          | NOVA "Inside Einstein's Mind" Understanding gravity. (N) (D) |                             | NOVA "Einstein's Big Idea" Mathematical discovery. (N) (D) (DVS)                                           |                                                             |                                                                             | Charlie Rose (N) (D)                                |                      |
| WCFE -    | -    | -                         | World News America                                                                                                 | Nightly Business Report      | PBS NewsHour (N) (D)                                         |                                                                                                                   | Nature Animals search for mates. (N) (D)                                                          | NOVA "Inside Einstein's Mind" Understanding gravity. (N) (D) |                             | American Experience "The Pilgrims" Details about the arrival of pilgrims. (N) (D) (DVS)                    |                                                             |                                                                             | Charlie Rose (N) (D)                                |                      |
| A&E 615   | 520  |                           | Duck Dynasty (N) (D)                                                                                               | Duck Dynasty (N) (D)         | Duck Dynasty (N) (D)                                         | Duck Dynasty "Life of Si" (N) (D)                                                                                 | Duck Dynasty "G.I. Si" (N) (D)                                                                    | Duck Dynasty (N) (D)                                         | Duck Dynasty (N) (D)        | (:01) Duck Dynasty A family reunion before Mia's surgery. (N) (D)                                          | (:02) Duck Dynasty (N) (D)                                  | (:32) Duck Dynasty (N) (D)                                                  | (12:01) Duck Dynasty (N) (D)                        |                      |
| BRAVO 620 | 523  |                           | "Christmas on Chestnut Street" (2006) Kristen Dalton. A store-keeper learns the true meaning of Christmas. (N) (D) |                              |                                                              |                                                                                                                   | Blue Bloods Baez's estranged brother is a suspect. (N) (D)                                        | Legends Kate becomes a fugitive. (N) (D)                     |                             | Kingdom "Broken or Missing" (N) (D)                                                                        | Motive "Fallen Angel" The murder of a priest. (N) (D)       |                                                                             | Criminal Minds "Hit" (N) (D)                        |                      |
| CNN 500   | 500  |                           | The Situation Room (N)                                                                                             |                              | Erin Burnett OutFront (N)                                    |                                                                                                                   | Anderson Cooper 360 (N)                                                                           | This Is Life With Lisa Ling                                  |                             | This Is Life With Lisa Ling                                                                                | This Is Life With Lisa Ling                                 | This Is Life With Lisa Ling                                                 | This Is Life                                        |                      |
| DISC 520  | 505  |                           | How It's Made (N)                                                                                                  | How It's Made (N)            | Daily Planet (N) (D) (DVS)                                   |                                                                                                                   | Drain the Bermuda Triangle (N) (D) (DVS)                                                          | Moonshiners: Outlaw Cuts Tim faces a dilemma. (N) (D)        |                             | Moonshiners The outlaws want to turn a profit. (N) (D)                                                     | Highway Thru Hell "Rear View" (N) (D)                       |                                                                             | Drain the Bermuda Trian (N) (D)                     |                      |
| HIST 522  | 506  |                           | Ice Road Truckers Darrell steals a load from Polar. (N) (D)                                                        |                              | Pawn Stars "Saddle Up" (N) (D)                               | Pawn Stars "Road Test" (N) (D)                                                                                    | Hunting Hitler The possibility that Hitler escaped. (N) (D)                                       | Pawn Stars "Game Over" (N) (D)                               |                             | Klondike Trappers The trappers start taking risks. (N) (D)                                                 | Ice Road Truckers Darrell steals a load from Polar. (N) (D) |                                                                             | Pawn Stars "Game Over" (N) (D)                      |                      |
| RDI 126   | 730  |                           | Le National (SC)                                                                                                   | RDI économie (SC)            | 24/60 (SC)                                                   |                                                                                                                   | Les grands reportages (N) (SC)                                                                    | Le Téléjournal (N) (SC)                                      |                             | RDI économie (SC)                                                                                          | Le National (SC)                                            | 24/60 (SC)                                                                  | Les grands reportages (N) (D)                       |                      |
| SHOW 616  | 521  |                           | "Holiday Switch" (2007, Comedy) Nicole Eggert. A married woman encounters a former boyfriend. (N) (D) (DVS)        |                              |                                                              |                                                                                                                   | "Merry Ex-Mas" (2014) Dean Cain. A man becomes snowbound with his ex-wife and her suitor. (N) (D) |                                                              |                             | "Call Me Mrs. Miracle" (2010) Doris Roberts. A new employee saves a store in trouble at Christmas. (N) (D) |                                                             |                                                                             | NCIS "Semper Fidelis" (N) (D)                       |                      |
| SLICE 601 | 562  |                           | Million Dollar Listing New York "Bidding War Bitches" (N) (D)                                                      |                              | Million Dollar Listing Los Angeles "Bait and Switch" (N) (D) |                                                                                                                   | Beauty and the Beast "Destined" (N) (D)                                                           | Arranged Christian and Maria may be over. (N) (D)            |                             | Married at First Sight "Everyday Life" (N) (D)                                                             |                                                             | Untying the Knot A husband behaves like a bachelor. (N) (D)                 | Arranged (N) (D)                                    |                      |
| SPIKE 628 | 584  |                           | Bar Rescue A bar owner's grandchildren abuse it. (N) (D)                                                           |                              | Bar Rescue Three brothers and their struggling bar. (N) (D)  |                                                                                                                   | Bar Rescue Sibling rivalry between identical twins. (N) (D)                                       | Bar Rescue A family's feuding; outrageous antics. (N) (D)    |                             | Bar Rescue Disaster ignites in the kitchen. (N) (D)                                                        | Bar Rescue Tempers and testosterone threaten a bar. (N) (D) |                                                                             | Bar Rescue (N) (D)                                  |                      |
| TLC 521   | 560  |                           | My Big Fat Fabulous Life (N)                                                                                       | My Big Fat Fabulous Life (N) | My Big Fat Fabulous Life (N)                                 | My Big Fat Fabulous Life (N)                                                                                      | Fabulous Life: Extra Fabulous (N) (D)                                                             | My Big Fat Fabulous Life "The Skinny" (N) (D)                |                             | (:02) Coach Charming (N) (D)                                                                               | (:33) Coach Charming (N) (D)                                | (:04) Late Night (N) (D)                                                    | (:34) My Big Fat Fabulous Life "The Skinny" (N) (D) |                      |
| TSN 400   | 400  |                           | SportsCentre (N) (Live) (D)                                                                                        |                              | That's Hockey (N) (D)                                        | NBA Basketball Cleveland Cavaliers at Toronto Raptors. From Air Canada Centre in Toronto, Ontario. (N) (Live) (D) |                                                                                                   |                                                              |                             | SportsCentre (N) (Live) (D)                                                                                |                                                             | UEFA Champions League Soccer Manchester United FC vs PSV Eindhoven. (N) (D) |                                                     |                      |
| YOUTH 551 | 542  |                           | Henry Danger (N)                                                                                                   | Henry Danger (N)             | Make It Pop (N) (D)                                          | Bella (N) (D)                                                                                                     | Funniest Home Videos (N) (D)                                                                      | Wipeout (N) (D)                                              |                             | Haunting (N) (D)                                                                                           | Haunting (N) (D)                                            | Laughs: Gags (N) (D)                                                        | Laughs: Gags (N) (D)                                | Funny Videos (N) (D) |

## THURSDAY EVENING NOVEMBER 26, 2015

| Bell      | Star | 6 PM | 6:30                                                                                                             | 7 PM                     | 7:30                                                                                                                                  | 8 PM                               | 8:30                                                                                                                                                                           | 9 PM                                                                                                                                     | 9:30                                                         | 10 PM                                                                                                                                       | 10:30                                                    | 11 PM                                            | 11:30                                                                       | 12 AM                           |
|-----------|------|------|------------------------------------------------------------------------------------------------------------------|--------------------------|---------------------------------------------------------------------------------------------------------------------------------------|------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|--------------------------------------------------|-----------------------------------------------------------------------------|---------------------------------|
| WCAX 3    | -    | -    | (4:30) NFL Football Carolina Panthers at Dallas Newton and the surprising Panthers visit the Cowboys. (N) (D)    |                          | Cowboys. Cam Newton and the surprising Panthers visit the Cowboys. (N) (D)                                                            | The Big Bang Theory (N) (D)        | (:31) Life in Pieces (N) (D)                                                                                                                                                   | (:01) Mom (N) (D)                                                                                                                        | 2 Broke Girls (N) (D)                                        | Elementary A fertility lab technician is murdered. (N) (D)                                                                                  | Channel 3 News                                           | (:35) The Late Show With Stephen Colbert (N) (D) |                                                                             |                                 |
| WPTZ 5    | -    | -    | NewsChannel 5 at 6PM (N)                                                                                         | NBC Nightly News (N) (D) | Jeopardy! (N) (D)                                                                                                                     | Wheel of Fortune (N) (D)           | Football Night NFL Football Chicago Bears at Green Bay Packers. Jay Cutler and the Bears visit historic Lambeau Field to take on Aaron Rodgers and the Packers. (N) (Live) (D) |                                                                                                                                          |                                                              |                                                                                                                                             |                                                          | NewsChannel 5 Nightcast                          | Tonight Show (N) (D)                                                        |                                 |
| CBMT 6    | 206  | 301  | CBC Montreal News (N)                                                                                            | The Exchange (N) (D)     | 22 Minutes (N) (D)                                                                                                                    | Coronation Street (N) (D)          | The Nature of Things The natural world is disappearing. (N) (D)                                                                                                                | Firsthand Those in conflict with their gender. (N) (D)                                                                                   |                                                              | The National (N) (D)                                                                                                                        | CBC Montreal News (N)                                    | Coronation Street (N) (D)                        | Rick Mercer Report (D)                                                      |                                 |
| CHLT 7    | 107  | 718  | (5:56) TVA nouvelles (N)                                                                                         | Le tricheur (N) (SC)     | Faites comme chez (N) (D)                                                                                                             | Vol 920 "Les coulisses" (N) (D)    | Sur invitation seulement "Emission inédite" (SC)                                                                                                                               | La liste noire Red et Berlin se rendent à Moscou. (SC)                                                                                   |                                                              | TVA nouvelles (N)                                                                                                                           | (:35) Denis Lévesque (N) (SC)                            | (:35) Signé M (SC)                               | (12:05) *** "L'interprète" (D)                                              |                                 |
| WMTW 8    | -    | -    | WMTW News 8 at 6PM (N)                                                                                           | ABC World News (N)       | Wheel of Fortune (N) (D)                                                                                                              | Jeopardy! (N) (D)                  | The Muppets "Pig Out" (N) (D)                                                                                                                                                  | Fresh Off the Boat (N) (D)                                                                                                               | The Middle (N) (D)                                           | The Goldbergs (N) (D)                                                                                                                       | Last Man Standing (N) (D)                                | Dr. Ken (N) (D)                                  | WMTW News 8 at 11 (N)                                                       | (:35) Jimmy Kimmel Live (N) (D) |
| CKSH 9    | 108  | -    | Le Téléjournal/Estrie (N) (SC)                                                                                   |                          | 30 vies (N) (SC)                                                                                                                      | Infoman (N) (SC)                   | Les dieux de la danse "Demi-finale" (N) (SC)                                                                                                                                   |                                                                                                                                          | Enquête (N) (SC)                                             |                                                                                                                                             | Le Téléjournal (N) (SC)                                  | Marina Orsini (SC)                               | Entrée principale (SC)                                                      |                                 |
| CKMI 11   | -    | -    | (5:30) News Hour (N)                                                                                             | Global National (N) (D)  | ET Canada                                                                                                                             | Entertainment Tonight (N)          | ** "Men in Black 3" (2012) Will Smith. Agent J must go back to the past to save mankind's future. (DVS)                                                                        |                                                                                                                                          |                                                              | Elementary A fertility lab technician is murdered. (N) (D)                                                                                  | News Final (N) (D)                                       | (:35) The Late Show With James Corden (N) (D)    |                                                                             |                                 |
| CFCF 12   | 205  | 312  | CTV News Montreal (N) (D)                                                                                        |                          | etalk (N) (D)                                                                                                                         | The Big Bang Theory (N) (D)        | The Big Bang Theory (N) (D)                                                                                                                                                    | (:31) The Goldbergs (N) (D)                                                                                                              | Saving Hope "Shattered" Casualties of a bomb arrive. (N) (D) | Law & Order: Special Victims Unit (N) (D)                                                                                                   | News-Lisa                                                | CTV News Montreal (N) (D)                        | The Daily Show                                                              |                                 |
| WVNY 22   | -    | -    | Local 22 News (N)                                                                                                | ABC World News (N)       | Local 22 News (N)                                                                                                                     | Inside Edition (N) (D)             | The Muppets "Pig Out" (N) (D)                                                                                                                                                  | Fresh Off the Boat (N) (D)                                                                                                               | The Middle (N) (D)                                           | The Goldbergs (N) (D)                                                                                                                       | Last Man Standing (N) (D)                                | Dr. Ken (N) (D)                                  | Local 22 News (N)                                                           | (:35) Jimmy Kimmel Live (N) (D) |
| WUTV 60   | -    | -    | The Big Bang Theory (N) (D)                                                                                      | Judge Judy (N) (D)       | Judge Judy (N) (D)                                                                                                                    | Family Feud (N) (D)                | The All-Star Dog Rescue Celebration Rescue dogs available for adoption. (N) (D)                                                                                                |                                                                                                                                          |                                                              | 2 on Your Side Seinfeld (N) (D)                                                                                                             | Two and a Half Men (N) (D)                               | Two and a Half Men (N) (D)                       | Crazy Talk (N) (D)                                                          |                                 |
| CFKS 63   | 106  | 726  | Atomes crochus (SC)                                                                                              | Souper parfait (N) (D)   | Éternel Henry et Jo enquêtent sur un meurtre. (N) (D)                                                                                 |                                    | CSI: Miami Les pensées de Calleigh sont hantées. (SC)                                                                                                                          | Chicago Police Le meurtre d'une femme et de sa fille. (N) (D)                                                                            |                                                              | En mode Salvail (N) (D)                                                                                                                     | (10:48) Ménage à trois (N) (D)                           |                                                  | Voyance direct (N) (D)                                                      |                                 |
| WUHF -    | -    | 363  | Modern Family (N) (D)                                                                                            | Modern Family (N) (D)    | The Big Bang Theory (N) (D)                                                                                                           | The Big Bang Theory (N) (D)        | The All-Star Dog Rescue Celebration Rescue dogs available for adoption. (N) (D)                                                                                                |                                                                                                                                          |                                                              | 13WHAM News at 10 on Fox Rochester (N) (D)                                                                                                  | Crazy Talk (N) (D)                                       | 2 Broke Girls (N) (D)                            | Paid Program (D)                                                            |                                 |
| WETK -    | -    | -    | PBS NewsHour (N) (D)                                                                                             |                          | Transatlantic Sessions (N) (D)                                                                                                        |                                    | Alice's Restaurant 50th Anniversary Concert "Alice's Restaurant" 50th anniversary. (N) (D)                                                                                     | "Eric Clapton: Slowhand at 70 -- Live at the Royal Albert Hall" (2015, Documentary)                                                      |                                                              |                                                                                                                                             |                                                          |                                                  | Rick Steves Special: The Holy Land, Israelis and Palestinians Today (N) (D) |                                 |
| WCFE -    | -    | -    | World News America                                                                                               | Nightly Business Report  | PBS NewsHour (N) (D)                                                                                                                  |                                    | Call the Midwife Cynthia's patient bullies his wife. (N) (D)                                                                                                                   | Masterpiece Classic Katherine prepares for the wedding. (N) (D)                                                                          |                                                              | Antiques Roadshow (N) (D)                                                                                                                   | Scully: The World Show (N) (D)                           | BBC World News (N) (D)                           | Charlie Rose (N) (D)                                                        |                                 |
| A&E 615   | 520  |      | Nightwatch Police hunt suspected drug dealers. (N) (D)                                                           |                          | Nightwatch Gun violence in New Orleans. (N) (D)                                                                                       |                                    | Nightwatch: After Hours "In the Blink of an Eye" (N) (D)                                                                                                                       | Nightwatch: After Hours Broken ankle on Bourbon Street. (N) (D)                                                                          |                                                              | (:01) Nightwatch: After Hours "Mardi Gras" (N) (D)                                                                                          | (:02) Nightwatch Pursuing a suspected car thief. (N) (D) |                                                  | Nightwatch: After Hours (N) (D)                                             |                                 |
| BRAVO 620 | 523  |      | "Finding Christmas" (2013) JT Hodges. Sean and Owen swap homes and open their hearts to two women. (N) (D)       |                          |                                                                                                                                       |                                    | ** "The Santa Clause" (1994) Tim Allen, Judge Reinhold. An adman takes over for fallen Santa. (N) (D)                                                                          |                                                                                                                                          |                                                              | Adele Live in London (N) (D)                                                                                                                | Motive A boxer is discovered stabbed to death. (N) (D)   |                                                  | Criminal Minds "Run" (N) (D)                                                |                                 |
| CNN 500   | 500  |      | Anthony Bourdain Parts (N)                                                                                       |                          | Anthony Bourdain Parts (N)                                                                                                            |                                    | Anthony Bourdain Parts (N)                                                                                                                                                     | Anthony Bourdain Parts (N)                                                                                                               |                                                              | Anthony Bourdain Parts (N)                                                                                                                  | Anthony Bourdain Parts (N)                               | Anthony Bourdain Parts (N)                       | Anthony                                                                     |                                 |
| DISC 520  | 505  |      | How It's Made (N)                                                                                                | How It's Made (N)        | Daily Planet (N) (D) (DVS)                                                                                                            |                                    | Overhaulin' 1967 Ford Mustang for an American hero. (N) (D)                                                                                                                    | FantomWorks Mach 1; Sunbeam Tiger; Fiat Spider. (N) (D)                                                                                  |                                                              | Rusted Development "Fair Amount of Clutter" (N) (D)                                                                                         | Street Outlaws There are shake-ups on the list. (N) (D)  |                                                  | Overhaulin' (N) (D)                                                         |                                 |
| HIST 522  | 506  |      | Klondike Trappers The trappers start taking risks. (N) (D)                                                       |                          | Pawn Stars (N) (D)                                                                                                                    | Pawn Stars "Tag Team" (N) (D)      | Christmas Through the Decades "The 60s" (N) (D)                                                                                                                                | Pawn Stars (N) (D)                                                                                                                       | Pawn Stars (N) (D)                                           | American Pickers Frank makes a clever bid. (N) (D)                                                                                          | Canadian Pickers An amateur historian's home. (N) (D)    |                                                  | Pawn Stars (N) (D)                                                          |                                 |
| RDI 126   | 730  |      | Le National (SC)                                                                                                 | RDI économie (SC)        | 24/60 (SC)                                                                                                                            |                                    | Les grands reportages "Aux armes Canadiens!" (N) (SC)                                                                                                                          | Le Téléjournal (N) (SC)                                                                                                                  |                                                              | RDI économie (SC)                                                                                                                           | Le National (SC)                                         | 24/60 (SC)                                       | Les grands reportages (N) (D)                                               |                                 |
| SHOW 616  | 521  |      | "The Christmas Choir" (2008) Jason Gedrick. A homeless man inspires a workaholic to start a choir. (N) (D) (DVS) |                          |                                                                                                                                       |                                    | ** "Recipe for a Perfect Christmas" (2005, Romance-Comedy) Christine Baranski, Carly Pope. (N) (D) (DVS)                                                                       |                                                                                                                                          |                                                              | ** "His and Her Christmas" (2005) Paula Devicq. Two journalists write a Christmas column for rival papers. (N) (D)                          |                                                          |                                                  | NCIS "Reunion" (N) (D)                                                      |                                 |
| SLICE 601 | 562  |      | Million Dollar Listing New York (N) (D)                                                                          |                          | Million Dollar Listing Los Angeles "The Hustler Hustle" (N) (D)                                                                       |                                    | A Stranger in My Home "Kowalski" (N) (D)                                                                                                                                       | ** "Crazy, Stupid, Love." (2011) Steve Carell, Ryan Gosling. A suddenly single 40-something needs help finding his groove again. (N) (D) |                                                              |                                                                                                                                             |                                                          |                                                  | Til Debt Do Us Part (N) (D)                                                 | Matchmaker (N) (D)              |
| SPIKE 628 | 584  |      | (5:00) ** "The Scorpion King" (2002) The Rock. (N) (D)                                                           |                          | ** "The Mummy" (1999, Adventure) Brendan Fraser, Rachel Weisz, John Hannah. A mummy seeks revenge for a 3,000-year-old curse. (N) (D) |                                    |                                                                                                                                                                                |                                                                                                                                          |                                                              | ** "The Mummy Returns" (2001, Adventure) Brendan Fraser, Rachel Weisz. Two evil forces pursue the son of adventurer Rick O'Connell. (N) (D) |                                                          |                                                  |                                                                             |                                 |
| TLC 521   | 560  |      | Cake Boss (N) (D)                                                                                                | Cake Boss (N) (D)        | Cake Boss (N) (D)                                                                                                                     | Cake Boss (N) (D)                  | Broadway at the White House (N) (D)                                                                                                                                            | The Great Christmas Light Fight (N) (D)                                                                                                  |                                                              | The Great Christmas Light Fight (N) (D)                                                                                                     | The Great Christmas Light Fight (N) (D)                  | (:01) The Great Christmas Light Fight (N) (D)    | Christmas Light Fight (N) (D)                                               |                                 |
| TSN 400   | 400  |      | SportsCentre (N) (Live) (D)                                                                                      |                          | That's Hockey (N) (D)                                                                                                                 | UEFA Europa Lg. Highlights (N) (D) | Curling Le Gruyere European Championships: Women's Semifinals. (N) (Same-day Tape) (D)                                                                                         |                                                                                                                                          |                                                              |                                                                                                                                             |                                                          | World Poker Tour (N) (D)                         | SportsCentre (N) (D)                                                        |                                 |
| YOUTH 551 | 542  |      | Henry Danger (N)                                                                                                 | Henry Danger (N)         | 100 Things (N) (D)                                                                                                                    | Nicky, Ricky (N) (D)               | Funniest Home Videos (N) (D)                                                                                                                                                   | Wipeout (N) (D)                                                                                                                          |                                                              | Haunting (N) (D)                                                                                                                            | Haunting (N) (D)                                         | Laughs: Gags (N) (D)                             | Laughs: Gags (N) (D)                                                        | Funny Videos (N) (D)            |

# Former Subway spokesman Jared Fogle pleads guilty to child porn

By Rick Callahan  
THE ASSOCIATED PRESS

Former Subway spokesman Jared Fogle pleaded guilty Thursday to child pornography and sex crime charges, telling the judge he understood that he will likely go to prison.

Fogle agreed in August to plead guilty to one count each of travelling to engage in illicit sexual conduct with a minor and distribution and receipt of child pornography. The charges followed a July raid on his suburban Indianapolis home and the resulting criminal case destroyed his career with the sandwich restaurant chain.

Before entering his guilty plea during Thursday's hearing, U.S. District Judge Tanya Walton Pratt asked Fogle whether he understood the punishment he could face and he answered, "Yes, your honour. I do."

Fogle was expected to make a statement after a brief break in the proceedings, after which the sentencing portion would begin.

Fogle has admitted paying for sex with girls as young as 16 and receiving child pornography produced by Russell Taylor, the former executive director of The Jared Foundation, a non-profit Fogle started to raise awareness and money to fight childhood obesity.

Authorities said Taylor secretly filmed 12 minors as they were nude, changing clothes, or engaged in other activities using hidden cameras in his Indianapolis-area residences to produce child pornography. Taylor has agreed to plead guilty to child exploitation and child pornography charges.

Prosecutors said in a sentencing memorandum filed last week that Fogle received photos or videos from Taylor of

eight of those 12 youths, and that some of those images were of girls as young as 12. Fogle could have stopped Taylor from victimizing some of minors, prosecutors have said, but he instead encouraged Taylor to produce additional child pornography.

In the government's filing, prosecutors said "Fogle has sacrificed absolutely everything he had built — including his family — to engage in sexually explicit conduct with two minors. He emboldened a molester and a producer of child pornography."

Court documents detailing the charges against the 38-year-old father of two say that Fogle had sex at New York City hotels with two girls under age 18 — one of whom was 16 at the time — and paid them for that sex.

Fogle agreed to pay a total of \$1.4 million to his 14 victims, with each getting

\$100,000. Before Fogle entered his guilty pleas Thursday, one of his attorneys told the judge that Fogle had paid 12 of the 14 victims and turned over the checks for the last two victims before the proceedings began.

Fogle became a Subway spokesman after shedding more than 200 pounds as a college student, in part by eating the chain's sandwiches.

Subway ended its relationship with Fogle after authorities raided his suburban Indianapolis home in July.

In their sentencing memorandum seeking a five-year prison term, Fogle's attorneys said he "is profoundly sorry for what he has done." They also wrote that Fogle suffers from "hypersexuality and alcohol abuse/dependence" and is committed to receiving treatment for his medical conditions.

## Who shot J.R.

CONT'D FROM PAGE 9

order by CBS for two extra episodes to close out Season 3, hadn't even settled on whodunit when they decided that the deed be done. Or, if they had, they weren't talking.

Mary Crosby says she had no idea. When she got the script, Crosby, who played Kristin, thought only, "What a great way to end the season. And J.R. certainly deserves it!"

To ensure the big secret stayed a secret to everyone, including the doer, everybody got a turn on-camera pulling the trigger.

"It was a really fun day," Crosby recalls. "The producers got to shoot J.R. The makeup artist got to shoot him. Larry got to shoot himself."

Then, after they wrapped, Hagman, ever the jokester, changed into a novelty-shop vest and toasted the company with a glass of Scotch. As he drank, liquid spouted from numerous "bullet holes" in his chest.

"There was never a dull moment with Larry," Crosby chuckles.

The mystery, unleashed on viewers in March, ran rampant much longer than

intended: An actors strike would shut down all TV production and push the start of the networks' fall 1980 season into November, imposing an extra three months for the nation's favourite guessing game to rage.

"It was extraordinary that people cared after all that time," says Crosby.

But care, they did! Viewers scarfed up Who Shot J.R.? merchandise including T-shirts, coffee cups and beer. They put money down betting on who the culprit would be. They devoured publicity about the stunt, including a sprawling Time magazine cover story whose headline, of course, posed: "WHODUNIT?"

Running for a second term, President Jimmy Carter reportedly joked at a Dallas fundraiser, "I came to Dallas to find out confidentially who shot J.R."

No luck. But in the new season's fourth episode, the answer was finally revealed to all — including Crosby, who only then discovered that she, as Kristin, was the guilty party.

"I knew when everybody else knew," she declares, and watching "Dallas" that fateful night "I was thrilled — and spooked. I knew that it would change things, and it did. I was certainly a more

recognizable figure after that!"

Needless to say, J.R. would recover and resume his villainy. He lived even beyond the series' conclusion after 14 seasons in May 1991, when viewers were duped into suspecting that he had committed suicide.

In fact, J.R. didn't meet his maker until March 2013 on an episode of TNT's "Dallas" revival, following the death of Hagman at 81 from cancer four months earlier.

Crosby, now 56, would go on acting after her brief stint as Kristin, and last year appeared as herself in the "American Masters" portrait of her father, legendary crooner Bing Crosby.

She remembers Hagman as a dear friend and, on the "Dallas" set, "He taught me how to have a great time being a bad girl."

"I was there during the show's rise, which was very exciting," she adds. "None of us imagined what the show would become."

And she could never have imagined her place in TV history: the one who dunit.

"I'm still a trivia question," she laughs. "What can I say?"

## Charlie Sheen HIV positive

CONT'D FROM PAGE 10

Huizenga, who said the HIV level in Sheen's blood is "undetectable" and that he does not have AIDS.

"He is absolutely healthy," said Huizenga.

Sheen said in the past that he was "so depressed by the condition I was in that I was doing a lot of drugs, I was drinking way too much." He said he currently is not abusing drugs, though he allowed that he is "still drinking a little bit."

The disclosure was the latest chapter in Sheen's headline-seizing history. In recent years, drug and alcohol abuse led to his being kicked off CBS' hit sitcom "Two and a Half Men" in 2011, where he played a womanizing bachelor, after a meltdown that included calling the show's producer "a contaminated little maggot."

His escapades also included the reve-

lation that he spent more than \$50,000 as a client of "Hollywood Madam" Heidi Fleiss' prostitution ring.

Sheen has been married three times, the first time to model Donna Peele in the 1990s.

He and actress Denise Richards were married from 2002 to 2006 and have two daughters. Sheen and real estate investor Brooke Mueller wed in 2008 and divorced in 2011; they have two sons.

"Brooke can confirm that she and the boys are not HIV positive," Steve Honig, a spokesperson for Mueller, said in an email.

AP writers Lynn Elber and Anthony McCartney in Los Angeles, Hannah Cushman in Chicago and Lauran Neergaard in Washington, D.C. contributed to this report.

### GLIMPSSES OF THE PAST



Sherbrooke Historical Society Collection

D. W. Stenson opened a grocery store at the corner of King West and Alexandre in 1912. His business made a name for itself through its products imported from England, France, Italy, Belgium, Australia, and South Africa, as well as other countries. In a 1935 advertisement, the merchant boasted that his business offered maple sugar and maple syrup to its clients year round. In addition to these imports and everyday products, the grocery store also had a section for diabetics, in which all of the products were recommended by local doctors.

### WANT TO KNOW MORE ?

Visit the bilingual exhibit, *From Main Street to the Electronic Highway: 200 Years of Business*, in the American Biltrite room of the Sherbrooke Historical Society.

275 Dufferin, Sherbrooke  
(Québec) J1H 4M5  
Informations : 819-821-5406



www.histoiresherbrooke.org

# What's On

## MUSIC

### Saturdays

**Country music at Sidney's Palace**, 269 Queen St., Lennoxville every Saturday night at 7 p.m. Bring your own beverages. Admission \$10. Everyone welcome.

### November 20

**Musique Chez Nous concert:** Ross Osmun, piano on November 20 at 8 p.m. in Bandeen Hall on the Bishop's University Campus, Lennoxville. Bishop's own incredibly talented music professor, Ross Osmun, presents a concert of wonderful selections by Ravel, Morel, Debussy, Chopin, Liszt and Haydn. **Adults: \$15, Seniors: \$10, All Students (with ID card): FREE.** Tickets can be reserved in advance by calling 819-822-9692.

### November 20

**The vocal and instrumental ensemble L'Harmonie des saisons**, with international guests, presents the Opera "Acis & Galatea" by G.F. Handel. Four vocal soloists, an actor and a chamber orchestra will be under the direction of our musical director Eric Milnes (NY). Friday, November 20 at 8 p.m., Chapel of St-Édouard's Church, Knowlton. Tickets available at Brome Lake Books and at the door the night of the event. Pre-sale \$30, regular \$35, students: \$10, free for kids under 12.

### November 21

**Country Dance with "Country Folks Band"** (five musicians and guests) 7 p.m. to 11 p.m. at **Trinity Anglican Church**, 409 South Street, Cowansville. Door prizes. Canteen on premises. Donation: \$8 to support the church and food bank.

### November 21

**Concert by indie-rock-folk band Bent by Elephants from Montreal** this Saturday, 7:30 p.m., at UUEstrie, 201 Main St, North Hatley. Five-person band. Original music, originally interpreted. **Benefit for church building and Syrian refugee effort. Suggested donation: \$10.** Info: 819-842-4146, www.uuestrie.ca, Facebook UU Estrie. All welcome!

### November 21

**Dance at the A.N.A.F. Unit 318, The Hut**, 300 St. Francis, Lennoxville on Saturday, November 21 starting at 8 p.m. Music by Mike Patrick and Kylie Cote. **Admission \$8. This is a "Help the Hut" fundraiser.** Everyone welcome 18+.

### November 21

**Country Dance with music by Gary Darling** at the Royal Canadian Legion, Br. 77, 77 Lewis St., Waterloo, Saturday, November 21, 8 p.m. to midnight. \$7 per person. Come on out, have a dance and socialize with us! Info: 450-539-3436.

### November 22

**Stanbridge East Music Coffee House** will be held on Sunday, November 22 at St. James the Apostle Church Hall. Music starts at 5:30 p.m. to 9 p.m. Information: 450-243-0645.

### November 23

**Musique Chez Nous chamber concert: Chamber Music Ensemble Concert** on November 23 at 3 p.m. in Bandeen Hall on the Bishop's University Campus, Lennoxville. A wonderful presentation of the Music Departments chamber ensembles. **FREE ADMISSION FOR ALL.**

### December 13

**Creek Regional Carol Service**, Sunday, December 13 at 11 a.m., 278 Brill Road,

West Bolton. Officiated by Reverend David Lambie. Choir under direction of Laura & John Barr. If interested in joining the choir, please contact Laura Barr 450-263-3421. Choir practices to be advised at later date.

## EVENTS

### November 20 & 21

**Church of the Ascension, West Brome, Annual Craft sale and soup luncheon** on Friday, November 20 from 10 a.m. to 3 p.m. and Saturday, November 21 from 9 a.m. to 3 p.m. Information: 450-263-3025.

### November 21

**Book and Toy Sale** at the Maison Reilly House, 302 Principale St., Mansonville on Saturday, November 21 from 9 a.m. to 3 p.m. Get ready for Christmas.

### November 21

**Boutique Colby Curtis, 545 Dufferin, Stanstead** will be holding their **Christmas Sale** on Saturday, November 21 from 9:30 a.m. to 3 p.m. Our shelves are full with lots of gift ideas and numerous Christmas ornaments. All are welcome.

### November 21

**Sawyerville Elementary School** will be holding their **annual This, That & All sale** November 21, from 9 a.m. to 3 p.m. Sales tables of homemade crafts, baking and new and used items. Lunch menu of chicken & vegetables soup & hot dogs, desert and drinks. Free admission. Something for everyone.

### November 21

**Vintage Sale at the Brome Hall** 330 Stagecoach Road, Brome on Saturday, November 21 from 8 a.m. to 2 p.m. Hall doors are open November 16 to the 20 for donations from 8 a.m. to 6 p.m. You never know what you will find! Information: 450-204-9358 or 450-243-5742.

### November 21

**36th annual Christmas Craft Fair** on Saturday, November 21 from 9 a.m. to 3 p.m. at **Princess Elizabeth Elementary School**, 120 Bellevue, Magog (turn left at McDonalds). Large variety of handmade crafts, baked goods, Scholastic Book Fair, Christmas movies all day in the CLC room, popcorn, Christmas craft workshops, Gourmet Breakfast-Brunch-Lunch. 819-843-4847.

### November 21

Lennoxville United Church Women are selling **MacMillan's Muffin & Cookie Dough**. Other products include Pies, Cheesecakes, Hors d'Oeuvres, Peameal Bacon & Pizzas. **Order deadline is Saturday, November 21, at our Christmas Bazaar.** Pick-up date is Saturday, December 5, at the church, 10:00 a.m. to noon. For information call Barbara Boire 819-565-1323.

### November 21

**Lecture/luncheon: Monique Nadeau-Saumier, Ph. D. Art Historian and Heritage Consultant** (in English) titled: "Greetings from Montreal." Saturday, November 21 at 11 a.m. at the **Colby-Curtis Museum**, at 535 Dufferin Rd. in Stanstead. The cost: \$15 for members and \$20 for non-members including lunch. For more informations: 819-876-7322.

### November 21 & 22

Join us on November 21 & 22 for the **annual North Hatley Christmas Craft**

**Fair in the Community Centre**, 3127 Capelton Road, North Hatley, Saturday from 10 a.m. to 4 p.m. and Sunday from 11 a.m. to 4 p.m. There will be several new vendors as well as many old friends. Enjoy the warm and friendly atmosphere while looking for the perfect gift for someone on your holiday list. A light lunch of soup and a roll will be available for those interested. We look forward to seeing you.

### November 22

Sunday, November 22, **Sunday Brunch** at **Beulah United Church**, 967 Main Street, Ayer's Cliff from 11:00 a.m. to 1:00 p.m. Come and enjoy a delicious meal of ham, sausage, bacon, scrambled eggs, homemade baked beans, pancakes with real maple syrup, toast, fruit salad coffee tea and juice. All are welcome.

### November 22

**Breakfast at the Cowansville Royal Canadian Legion**, from 9 a.m. until 12:30 p.m. Sunday, November 22. Come and enjoy with family and friends. **Donation \$7, children 6-12 \$ 4, and children under 5, free.**

### November 24

**The general meeting of the Cowansville Royal Canadian Legion Ladies Auxiliary** will be held November 24 at 7:30 p.m.

### November 25

Wednesday, November 25, 10 a.m. to noon, join **Townshippers' Association for the free videoconference; "Better Bowel Health - Breaking the Taboo"** and explore this fascinating organ and its importance to your physical and psychological well-being. The session is hosted by the Richmond & Region Community Learning Center (CLC) at the Richmond Regional High School, 375 Armstrong. For more information or to register, please contact Debbie Bishop, db@townshippers.org, 819-566-5717, 1-866-566-5717.

### November 27

The **Cowansville Canadian Legion, Branch 99** will hold a **Soup and Dessert event**, Friday November 27, from 11:30 a.m. to 1 p.m. **Donation \$6.** We will be waiting for you at 120 Davignon, Cowansville.

### November 28

**Christmas Bazaar at St. Paul's United Church**, Waterloo Saturday, November 28 from 10 a.m. to 2 p.m. Luncheon is \$6 from 11 a.m. to 1 p.m. For sale: home baking, gingerbread men, crafts, jewelry, kitting, and more. Silent auction ends at 1 p.m.

### November 28

**Christmas Tea at St. John's Anglican Church, Waterville** from 1 p.m. to 3 p.m. on November 28. Sandwiches, dessert, coffee/tea. **Cost \$5.** There will be a sales table, silent auction table, kids craft table, bake sale. All welcome.

### December 5

Sherbrooke Elementary School invites you to its **annual Christmas Bazaar** on Saturday, December 5, 8:30 a.m. to 1:30 p.m., 242 Ontario Street, Sherbrooke. Come visit our bake sale, the silent auction, new to you table, raffles, kids corner and have a bite to eat at our bistro! Lots of great gift ideas! There will also be a visit from Santa Claus and a Talent Show! **All the money raised goes towards funding the Winter Carnival Day for the school.**

**TODAY'S SPECIAL:**  
SERVED LUNCH AND SUPPER  
**BEER BATTER PLATTER \$15.00 PLUS TWO SIDES**  
★SHRIMP★FISH★AND CHICKEN  
LIVE BAND STARTING 9:00  
**BOB DREW & ROCKY RIVER AT THE LIGHTS IN LENNOXVILLE**

## EXHIBITS

### until December 18

**Uplands Bonheur d'hiver.** Uplands Cultural and Heritage Centre is proud to present the 15th edition of Bonheur d'hiver, our annual "prelude to winter" collective exhibit. The 2015 edition of this popular event will showcase the work of eleven Eastern Townships artists: Manon Carrier, Anne Dansereau, Anne Desbiens, Lucy Doheny, Debbie Everett, Tanya McIntyre, Kathryne Owen, Brenda Parsons, Marika Szabo, Dick Tracy and Rick Tracy. Looking for that special gift? Bonheur d'hiver is more than an exhibit, it is also an art sale, providing the perfect occasion in the busy pre-Christmas season to enjoy the relaxing Uplands atmosphere and buy something for yourself or as a gift for that special someone. Uplands, 9 Speid, Sherbrooke (borough of Lennoxville), open Wednesday to Sunday 1 p.m. to 4:30 p.m. Bonheur d'hiver will run until December 18, 2015.

### until December 30

**North Hatley Library annual Art and Gift Show: VERNISSAGE:** Saturday, November 21 from 3 p.m. to 5 p.m. This is a wonderful occasion to do your Christmas shopping and encourage your local artists and artisans. Unique gifts include pottery, jewellery, paintings, folk art, children's toys, papier maché and other original creations. The show will continue until December 30 at the regular opening hours. (Tues. to Fri: 10 to 12.30, Wed: 6.30 to 8.30, Sat: 10 to 3 pm. Also Sundays from 12.30 to 3 pm.) The Library will be open on December 23 & 24 from 10 a.m. to 3 p.m.

## TO PLACE A LISTING

Deadline is Wednesdays at noon. Notices must be pre-paid (we accept Visa or Mastercard).

Send your notice by  
fax to 819-821-3179  
or e-mail to

classad@sherbrookerecord.com  
or call 819-569-9525.

# Local Sports

"I am excited about the season because we are a young team which is a huge upside."

## Spartans find success on ice

By Mike Hickey  
Special to the Record

The Stanstead College Spartans hockey teams are all off to strong starts in their 2015-16 seasons.

After starting the season with three losses and a tie the varsity boys found their groove, putting up a 6-1-1 record in their last eight games including a 4-1 record this past weekend as they opened play in the Midwest Prep Hockey League kick-off in Burlington, Vt.

The weekend began with 5-1 wins over both St. Francis (Buffalo, N.Y.) and

Loyola Academy of Chicago. On Saturday their winning ways continued as the Spartans beat both Gilmour Academy (Gates Mills, Ohio) and Shady Side Academy (Pittsburgh, Penn.), both games ending with a score of 3-1. On Sunday in the fifth and final game the Spartans streak came to an end as they lost 3-1 to Lake Forest Academy.

Offensively the Spartans boast a balanced scoring attack as evidenced by that fact that ten different players have scored so far this year. The blue line is anchored by defenceman Nicolas Arel who was recently named the Spar-

tans Player of the Weekend for his strong physical two-way play. In nets the goaltending tandem of Matt Chan and Antii Jarra have provided the Spartans with solid play.

The Spartans head into a weekend of games at the Pat Burns Arena with an overall record of 6-4-1-1.

The girls' team is also off to a great start with a 7-1-2 record, including five shutout wins.

Goalies Elizabeth Rayes and Edith D'Astous have been outstanding, Rayes has four shutouts and a 0.71 goals-against-average while D'Astous is 3-0-0

with a 0.33 GGA.

The Spartan boys prep team, which is representing the school at the Alexander Galt High School tournament this weekend, is undefeated in six games including a pair of ETIAC victories. In league play they defeated College Rivier and Massey Vanier. They also came away with a victory and two draws in the James Gilkinson Memorial Tournament hosted by Massey-Vanier.

Finally the Bantam boys' team is 1-1 this season including a 3-0 shutout win over College River and a one-sided loss to the Galt Pipers.

## Piper senior boys lose basketball opener

By Samantha Young  
Special to The Record

The Alexander Galt senior boys basketball team hosted the Seminaire de Sherbrooke Barons, Wednesday for their first regional Division 2 game, a 67-37 win for the Barons.

The Barons started off strong the first quarter shutting down the Pipers 21-2 with Jarod Stone making the only basket

for Galt. The Barons had an excellent offensive and defensive game, while the Pipers did not bring their offensive game onto the court until the second half, something Coach Jarrod Sharman plans to work on throughout the season. "I am excited about the season because we are a young team which is a huge upside," Sharman said. The coach plans to work on the team's offence as well as not making mistakes, and hoping to fin-

ish in the top four teams to win a playoff spot.

The Seminaire stayed consistent throughout the game scoring 67 points with Carl Jacob scoring 16 points, the leading scorer of the game. Alexander Galt improved in the second half and managed to score a total of 37 points with Matthew Littlejohn scoring nine.

Seminaire de Sherbrooke (2-0) will have their next regular-season game on

Dec. 3, against Tandem/Le Boie (0-1) while Galt (0-1) will have a little break until their next game Dec. 8, also against Tandem/Le Boie.

The Galt senior girls team (1-1) visited Sacre-Coeur (3-0) on Wednesday night and lost 55-28. Galt's leading scorer was Kelsey Burnham with 6 points. The Galt girls will have their next game against La Ruche (2-1) on Monday while Sacre-Coeur visits Salesien (0-3) on Thursday.

## Blue Jays third baseman Josh Donaldson wins AL most valuable player award

The Canadian Press  
NEW YORK

Toronto Blue Jays third baseman Josh Donaldson has been named the American League MVP.

Donaldson hit .297 with a league-best

123 runs batted in to help the Blue Jays to their first AL East title – and first playoff appearance – since 1993.

The 29-year-old beat Los Angeles Angels outfielder Mike Trout for the honours and joined 1987 winner George Bell as the only Blue Jays players to be named

AL MVP.

"Enjoy the club, man," Bell said in a video message sent out by the Blue Jays. "I'm glad for you, for your family and for Toronto Blue Jays fans."

What was characterized as a close race leading up to Thursday's announcement turned out to be an easy win for Donaldson, who took 23 first-place votes and seven second-place votes.

Trout had seven first-place and 22 second-place votes, as well as one third-place vote.

Outfielder Lorenzo Cain of the Kansas City Royals was third with 20 third-place votes.

Washington Nationals outfielder Bryce Harper was a unanimous choice as National League MVP. Harper became the youngest unanimous MVP winner in baseball history, capturing the NL award despite his Washington Nationals missing the playoffs.

Harper turned 23 on Oct. 16, after the

playoffs had already started. He got all 30 first-place votes from members of the Baseball Writers' Association of America.

The 2012 NL Rookie of the Year led the majors in slugging percentage and on-base average. The outfielder hit .330 with 42 home runs and 99 RBIs.

Diamondbacks first baseman Paul Goldschmidt finished second and Toronto native Joey Votto, a first baseman with Cincinnati, was third.

Blue Jays slugger Jose Bautista congratulated his teammate on social media moments after the MVP announcement was made.

"The best of the best!!! Without a doubt!!!" Bautista tweeted at Donaldson's verified account.

Earlier this month, Donaldson was named a Silver Slugger award winner for the first time in his career.

– With files from The Associated Press

**SUNDAY**  
**NOVEMBER 22<sup>ND</sup> AT 3 P.M.**



VS



**FREE FOR CHILDREN**  
**AGED 12 YEARS OLD AND UNDER**

**BRING A TEDDY BEAR AND TOSS IT ON THE ICE AFTER THE SHERBROOKE PHOENIX SCORES ITS FIRST GOAL!**

**TEDDY BEAR TOSS GAME**  
ALL TEDDY BEARS WILL BE DONATED TO

**EstrieAide**  
Une ressource très humaine



- HOCKEYPHOENIX.CA -

## Weekend local sports calendar

Friday  
HOCKEY

QMJHL: Sherbrooke at Drummondville, 7:30.

CEGEP (M): André-Laurendeau at Champlain, Molson Arena, 8.

Midget AAA: Trois-Rivières at Magog, 7. Senior: St-Léonard-d'Aston at Windsor, 8:30;

BASKETBALL

CEGEP D1 (F): Champlain at Vanier, 7. H.S.: (Ban G) La Ruche I at Galt I, 5.

Saturday  
HOCKEY

CEGEP (W): André-Laurendeau at Champlain, Molson Arena, 4.

Senior: Waterloo at Cap de la

Madeleine, 8; Windsor at St-Léonard-d'Aston, 8.

BASKETBALL

CIS: Laval at Bishop's, Mitchell Gym, (W) 6, (M) 8.

H.S. (Jr. B): François-Williams at Massey-Vanier 1; Carrefour at Massey-Vanier, 3.

Sunday  
HOCKEY

QMJHL: Victoriaville at Sherbrooke, Sports Palace, 3.

H.S. (Jr.): Triolet at Massey-Vanier, 4:45.

BASKETBALL

CEGEP D1 (F): Champlain at Édouard-Montpetit, 1.

H.S.: (Ban B) Galt at Collège Clarétain, 1.

# Next stop Guelph as Carabins seek road wins to repeat as CIS football champions

By Bill Beacon  
The Canadian Press

Home field was sweet for the University of Montreal Carabins when they took their first CIS football championship last year, but this time they'll have to win on the road.

The fourth-ranked Carabins (8-2) visit the fifth-ranked Guelph Gryphons (9-1) in the Mitchell Bowl game on Saturday, with the winner advancing to the Vanier Cup final Nov. 28 in Quebec City.

"I don't know if it's good or bad," Carabins coach Danny Maciocia said. "It'll be an experience for some of our guys to take a trip together."

"We have an idea of the (Ontario) conference, but it's always hard when you play people you don't know. Both teams will have 60 minutes to figure it out."

It may be a good year for visitors. Last week, away teams won the final of all four CIS conferences, with Montreal edging powerhouse Laval 18-16 in Quebec City to take the Quebec Conference and

Guelph knocking off Western 23-17 in London, Ont., for the OUA championship.

The UBC Thunderbirds and St. Francis Xavier X-Men, who meet Saturday in Antigonish, N.S., in the other semifinal, the Uteck Bowl, also won on the road.

The last time all four visitors won was 1984, when Guelph went on to claim its only national title.

A year ago, Montreal upset Laval and then played the national semifinal at home, edging the Manitoba Bisons 29-26.

The Vanier Cup game was at Percival Molson Stadium, where 22,000 partisan fans saw them nip McMaster 20-19, thanks to a blocked Marauders' field goal attempt in the final minute.

The Carabins goal now is to get back to Quebec City and repeat as Vanier Cup champions on the home field of their bitter rivals.

"Last year we beat Laval and waited for Manitoba here," said defensive back Maiko Zapeda. "We got pretty confident

and Manitoba came and gave us a good football game.

"It was a style of football we don't see a lot in Quebec and they caught us by surprise a bit. This year, we're not underestimating Guelph. We're not going there overconfident. We'll give them the respect they deserve."

Both Montreal and Guelph feature strong running games. Sean Thomas-Erlington rushed for 199 yards last week against a talented Laval defence, while the Gryphons' Johnny Augustine has 353 yards on the ground in two post-season games.

The Carabins had the best run defence in the country this season, while Guelph boasts one of the top linebackers in John Rush, who had 12 tackles and three sacks against Western.

"Their defensive front is quite active," Maciocia said of the Gryphons.

"They're going to try to get physical with us and try to prevent us from running the ball.

"Offensively, they love to run the ball

and their quarterback (James Roberts) will make enough throws, particularly to No. 1 (A'dre Fraser) and No. 80 (Jacob Scarfone). It'll come down to (controlling) the line of scrimmage."

Another similarity: Both coaches have Edmonton Eskimos connections. Guelph's Stu Lang won five Grey Cups over eight seasons as a receiver with the Esks, while Maciocia was coach and general manager between 2005 and 2010.

The Gryphons have gone 7-1 in the regular season the last four years but, until now, always bowed out in the conference playoffs. It has been 31 years since Guelph hosted a bowl game.

"We know we will have our hands full with the defending Vanier Cup champions coming to town, but we are looking forward to representing the OUA and giving this great Montreal team all we have," Lang told the CIS website.

The teams have not met in an official game since 1967, but they played in the pre-season this summer, with the Carabins winning 38-10 in Montreal.

## Quick Turnaround: Surprising T-birds set to meet X Men in Uteck Bowl

By Joshua Clipperton  
The Canadian Press

The rapid rise of the UBC Thunderbirds has even head coach Blake Nill struggling for an explanation.

When the no-nonsense head coach took over the University of British Columbia's football program last December — a team coming off a 2-6 campaign and without a winning record since 2004 — he was prepared for a painful rebuild.

Fast-forward just 11 months and, much to Nill's surprise, the Thunderbirds are within a game of the Vanier Cup.

"It's been a season that defies logic, to be honest with you," he said this week. "The kids have done a good job dealing with the transition and have an understanding of what's expected. We're starting to play some pretty good football."

Good football is right.

The Thunderbirds (8-2) have won six straight heading into Saturday's Uteck Bowl against the St. Francis Xavier X-Men in Antigonish, N.S., including last

weekend's 34-26 upset victory on the road over the No. 1 ranked and previously undefeated Calgary Dinos in the Hardy Cup.

Nill, who joined UBC after eight seasons with the Dinos, set expectations low at his introductory press conference, but what has happened with the Thunderbirds follows a pattern. The Hanna, Alta., native won conference titles with the Saint Mary's Huskies and at Calgary in his second season, and is known as a master recruiter.

His prize target to get things off the ground at UBC was quarterback Michael O'Connor, a 19-year-old from Ottawa who transferred from Penn State.

"He's the real deal," said Nill. "When it's on the line he knows what he has to do. He makes some incredible plays."

A two-time Vanier Cup winner with the Huskies, Nill said it will be an emotional national semifinal against St. FX — the team that gave him his start in coaching as the school's defensive co-ordinator in 1992.

"St. FX was a big part of my life," said Nill, who helped the X-Men to their last Vanier Cup appearance back in 1996. "For me to have experienced what St. FX

is about has been a fundamental pillar in me."

While the No. 6 Thunderbirds are coming off a lightning-quick turnaround, the unranked X-Men have steadily improved over the last five seasons under head coach Gary Waterman.

St. FX (7-3) found itself down late in the Loney Bowl on the road against the Mount Allison Mounties, but got a late field goal into the wind that bounced off the crossbar and over for a stunning 14-12 victory.

"One more rotation was what we needed," said Waterman, in his seventh year leading the X-Men. "I don't know how many times I've seen a ball hit a goal post and be no good. It was an incredible feeling."

Waterman, who played at St. FX just before Nill joined the coaching staff, said Saturday's game in front of a national television audience is about more than just football for his team.

"We're a smaller school in rural Nova Scotia," said Waterman. "We feel like we've had a good thing going for a lot of years, but not a lot of people know about it."

The X-Men are on a five-game win-

ning streak, allowing just a single touchdown over that span, and are keyed on offence by running back Ashton Dickson.

The fifth-year senior from Ottawa has rushed for an average 117.3 yards this season, including a combined 307 yards in two playoff victories.

"He's strong-willed, strong-bodied and determined," said Waterman. "He's been a huge piece to our puzzle."

Waterman and Nill have never coached on the same field, but the pair know one another through their St. FX ties and met over the summer in Antigonish.

"Blake's an intense guy. He's going to have his kids ready to play," said Waterman. "We know they feel pretty good about themselves right now, but we're a confident football team as well."

Notes: Nill has been to a combined seven Vanier Cups with Saint Mary's and Calgary, winning in 2001 and 2002 with the Huskies. ... UBC's last Vanier Cup appearance came in 1997 when the Thunderbirds won the school's third title. ... St. FX's only Vanier Cup win came back in 1966.

## Basketball at Bishop's

### Bishop's vs Laval

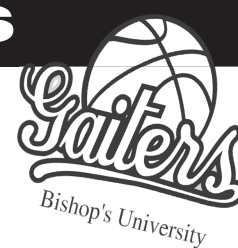
Saturday,

November 21, 2015

DOUBLE HEADER

6 p.m. & 8 p.m.

at the J.H. Price Sports Centre



General Admission: Adults \$8., High School & Champlain students \$4., children 12 & under \$2.

# Church Services

## Anglican

### LENNOXVILLE

Saint George's Anglican Church, Lennoxville, at 84 Queen St., celebrates Holy Communion every 1st & 3rd Sunday at 11 a.m. Morning Prayer is held every 2nd & 4th Sunday at 11 a.m. Sunday School at 11 a.m. NEW SERVICE TIME is 11 a.m. 819-346-5564.

### SHERBROOKE

Sunday, November 22, The Church of the Advent, 473 Bowen St.S., Sherbrooke, welcomes you to a service of Morning Prayer with a lay reader presiding.

## Presbyterian

### LENNOXVILLE

St. Andrew's Presbyterian Church, 256 Queen St., Lennoxville, 819-569-3100. Minister: Rev. John Barry Forsyth. Sundays: 10:30 a.m. Worship and Sunday School. The Word of Grace Radio Broadcast, P.O. Box 404, Sherbrooke, QC, J1M 1Z6, Station CJMQ 88.9 FM or www.cjmq.fm, Sundays 8:30 a.m.

## United

### AYER'S CLIFF - MAGOG

Ayer's Cliff - Magog - Georgeville Pastoral Charge welcomes everyone for Sunday service at Beulah United Church in Ayer's Cliff - Worship service and Sunday School 9:15 a.m. and St. Paul's United Church, Magog - Worship Service and Sunday School 11:15 a.m. with lunch provided each Sunday following the service in Magog. Minister: Rev. Lee Ann Hogle 819-571-7233.

### HATLEY/WATERVILLE

November 22: 9:30 a.m. Hatley United & 11:00 a.m. Waterville/North Hatley United Church with Sunday School. Rev. Mead Baldwin 819-837-1112.

### RICHMOND

Richmond Melbourne United Church. There will be a Worship Service with Communion on Sunday, November 22 at 10:00 am. Worship will be led by Rev. Ellie Hummel. Everyone Welcome.

### LENNOXVILLE

Lennoxville United Church, corner of Queen and Church Street, welcomes you: Worship lead by Mrs. Shirley Knutson, a Quebec-Sherbrooke Presbytery certified lay worship leader, and Sunday School on Sunday, November 22 at 10:00 a.m.. 819-565-8449; website - lennoxvilleunitedchurch.com

### SHERBROOKE

Plymouth-Trinity United Church, corner of Dufferin and Terrill, 819-346-6373, the Rev. Samuel V, Dansokho, minister; Leslie Young, organist. Sunday, November 22. Sunday worship is at 10:30 a.m. There are activities for children during worship. Everyone welcome. Worship services in French on Wednesday evenings at 7 p.m. All are welcome! Please enter by the back, parking lot door.

### TRENHOLM

TRENHOLM UNITED CHURCH - Worship and song await you at our monthly service on Sunday, November 22 at 11:00 a.m., followed by a "cookie hour" get-together. Everyone is welcome! ALSO please mark our CHRISTMAS CANDLELIGHT SERVICE on your calendar. It will take place on December 20 at 7:00 p.m.

# Palliative care can help patients with incurable disease



## ASK DOCTOR K

By Anthony L. Komaroff, M.D.

**DEAR DOCTOR K:** My mother has advanced cancer and has only a few months to live. How can we help her live out her remaining days with as little pain and as much peace as possible?

**DEAR READER:** Sadly, as in your mother's case, there are times when cancer takes hold and doesn't let go. In that situation, palliative care can help maintain quality of life and lead to a "good death."

Palliative care focuses on both emotional and physical needs. It makes relief of pain and suffering a top priority. It also provides active support to loved ones and caregivers, including informa-

tion about how to take care of someone at home.

A recent study conducted by Harvard-affiliated researchers surveyed almost 400 men and women with advanced cancer a few months before they died. Their caregivers were also asked about the person's end-of-life experience.

The study found that human connection, rather than heroic life-saving efforts, mattered most to patients and their families. Though doctors mean well, we sometimes have a hard time accepting a person's decision to stop treatment. As a result, we may strongly lobby for one more try.

You can work on your mother's behalf to help her doctors understand what she does — or doesn't — want. And we as doctors need to help our patients make decisions that are right for them.

There are other things you can do and advocate for as well. Patients and families who participated in the study mentioned the following as things they considered important for maintaining good quality of life at the end. These are the things that helped patients end their days as peacefully as possible:

- Being at home instead of in the hospital;
- Not undergoing chemotherapy or other active cancer treatment;
- Having adequate relief of pain;
- Not having a feeding tube;

— Talking with a chaplain or other minister, and spending time in private religious activity;

— Having a good relationship with the health care team.

Most, but not all, of my patients want to be entirely in control of decisions made about their medical care. That is particularly true if they have a life-threatening condition. They want to know what their options are — and the benefits and risks of each option. They understand that the best we doctors can do is give them estimates. If their condition is incurable, they want an estimate of how much longer they might live with a particular treatment. And they want to know what symptoms they might suffer both without treatment and from the treatment.

After they get this information, they want to make the decision about what to do, based on their assessment of their situation and their values. They often discuss this with the family and friends they trust before making their decision.

In the end, many choose palliative care. To learn more about it, visit the Center to Advance Palliative Care website, at [www.capc.org](http://www.capc.org).

(Dr. Komaroff is a physician and professor at Harvard Medical School. To send questions, go to [AskDoctorK.com](http://AskDoctorK.com), or write: Ask Doctor K, 10 Shattuck St., Second Floor, Boston, MA 02115.)

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 6 | 9 | 1 | 8 | 3 | 7 | 4 | 5 | 2 |
| 8 | 7 | 5 | 2 | 1 | 4 | 3 | 6 | 9 |
| 7 | 4 | 1 | 5 | 9 | 6 | 3 | 8 | 2 |
| 9 | 6 | 1 | 5 | 2 | 4 | 7 | 3 | 8 |
| 5 | 2 | 9 | 3 | 8 | 1 | 7 | 4 | 6 |
| 1 | 4 | 5 | 6 | 7 | 9 | 8 | 3 | 2 |
| 3 | 1 | 2 | 9 | 5 | 7 | 4 | 6 | 8 |
| 5 | 9 | 6 | 8 | 1 | 4 | 2 | 7 | 3 |
| 4 | 7 | 8 | 2 | 6 | 3 | 9 | 5 | 1 |

**HOW TO PLAY:** Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

### PREVIOUS SOLUTION

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   | 5 |   |   |   | 7 | 1 |   |   |
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|   |   |   | 2 |   |   | 8 | 9 |   |
|   | 7 |   |   |   |   | 6 |   |   |
| 8 |   |   | 3 | 2 | 5 |   |   |   |
|   |   | 3 |   | 8 |   |   |   |   |
|   | 3 | 6 |   |   | 9 |   | 2 |   |
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Difficulty: 4 (of 5)

# SUDOKU

# SUDOKU

Difficulty: 5 (of 5)

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|---|---|---|---|---|--|---|---|---|
|   |   | 9 |   |   |  | 2 |   | 5 |
| 8 |   |   |   | 3 |  |   |   | 1 |
|   | 6 |   |   |   |  | 9 |   |   |
|   |   |   |   |   |  |   | 8 |   |
| 6 | 3 |   | 2 |   |  |   |   | 7 |
|   |   | 2 | 9 |   |  | 5 |   |   |
|   |   | 8 |   | 1 |  | 4 |   |   |
| 5 |   |   | 4 |   |  |   |   |   |
| 4 |   |   | 7 |   |  |   |   | 6 |

11-20-15

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### PREVIOUS SOLUTION

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 6 | 4 | 1 | 2 | 3 | 7 | 5 | 8 | 9 |
| 9 | 8 | 3 | 6 | 5 | 1 | 7 | 4 | 2 |
| 7 | 2 | 5 | 9 | 4 | 8 | 6 | 3 | 1 |
| 1 | 5 | 2 | 7 | 8 | 6 | 3 | 9 | 4 |
| 4 | 7 | 9 | 5 | 2 | 3 | 1 | 6 | 8 |
| 8 | 3 | 6 | 1 | 9 | 4 | 2 | 7 | 5 |
| 5 | 9 | 8 | 3 | 7 | 2 | 4 | 1 | 6 |
| 3 | 6 | 4 | 8 | 1 | 5 | 9 | 2 | 7 |
| 2 | 1 | 7 | 4 | 6 | 9 | 8 | 5 | 3 |

**HOW TO PLAY:** Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

## Advertise in our Career Section

Many Record readers expect to change employment within the next year. Shouldn't your ad be in The Record's Career Section?

For reservations or further information, please call



569-9525

# Datebook

FRIDAY, NOVEMBER 20, 2015

Today is the 324th day of 2015 and the 59th day of autumn.

**TODAY'S HISTORY:** In 1789, New Jersey became the first state to ratify the Bill of Rights.

In 1945, the Nuremberg Trials against World War II Nazi war criminals began.

In 1962, President John F. Kennedy lifted the blockade against Cuba in response to the Soviet Union removing its missiles from the Caribbean nation.

In 1969, a group of Native American activists took control of Alcatraz Island in an unarmed occupation that would last until June 1971.

In 1985, Microsoft Corp. released the Windows 1.0 graphical operating system.

**TODAY'S BIRTHDAYS:** Edwin Hubble (1889-1953), astronomer; Alistair Cooke (1908-2004), TV host; Robert Byrd (1917-2010), senator; Nadine Gordimer (1923-2014), writer; Robert F. Kennedy (1925-1968), senator; Estelle Parsons (1927-), actress; Richard Dawson (1932-2012), actor/TV host; Don DeLillo (1936-

), author; Joe Biden (1942-), U.S. vice president; Bo Derek (1956-), actress; Joel McHale (1971-), actor/comedian; Nadine Velazquez (1978-), actress.

**TODAY'S FACT:** Democratic Sen. Robert Byrd of West Virginia was the longest-serving senator in U.S. history, with more than 50 years of service.

**TODAY'S SPORTS:** In 1997, A.C. Green played in his 907th consecutive NBA game, a record that he would extend to 1,192 games.

**TODAY'S QUOTE:** "Just because we cannot see clearly the end of the road, that is no reason for not setting out on the essential journey. On the contrary, great change dominates the world, and unless we move with change we will become its victims." — Robert F. Kennedy

**TODAY'S NUMBER:** 21 — defendants at the Nuremberg Trials, which began this date in 1945.

**TODAY'S MOON:** Between first quarter moon (Nov. 18) and full moon (Nov. 25).

## In Memoriam



**NUTBROWN, Albert and Ruth** – In loving memory of dear parents and grandparents, Albert who passed away November 20, 1995 and Ruth on September 10, 1997.

*A silent thought, a secret tear  
Keeps your memory ever dear;  
Time takes away the edge of grief  
But memory turns back every leaf.*

**Sadly missed and never forgotten.**

**RICHARD & ISABEL PRICE  
AND FAMILY  
JACK & HEATHER MCAULEY  
AND FAMILY**

## Death



**Robert J. DAWSON (1940-2015)**

Third generation Island Brook native, pioneer of organic and biodynamic farming, dowser, passed onto another dimension on November 12, 2015.

Beloved son of the late Eugenia Wypruk and the late Earle Dawson, brother of the late Diane Dawson. He will be greatly missed by his partner Annick Doucet, Terry Howell (Pauline Wilson), his extended family, many friends and his precious dog family.

A gathering to celebrate Bobby's life will be held at Island Brook Community Center, to be determined.

Donations in his memory can be made at your local no-kill animal shelter. And you can always make Bob smile by buying local and organic.

**CASS FUNERAL HOMES**  
50 Craig St., Cookshire QC  
PHONE: 819-564-1750  
FAX: 819-564-4423  
cass@casshomes.ca  
www.casshomes.ca

# Remembrance Day in Dunham



On November 11, the 15th Remembrance Day Service was held at the Quebec Women's Institute's Cairn, Principle Street, Dunham, at 10:45 a.m. All assembled and were thanked and welcomed for coming by Joyce Proctor Martin, President of the Dunham Branch and also the Cairn Chairperson.

Everyone joined in singing O' Canada. Rev. Sinpoh Han, of the Anglican Church, Dunham, was introduced and he gave the Opening Prayer. "Our Father," was joined by all.

A scripture reading - Psalm 124 (L'Eglise Catholique) was read by Marie Claude Demers.

Anne Lipowski, Dunham Branch, read the Poem: "For the Fallen" by R.L. Binyon. The Flag was lowered and later raised by Douglas Vaughan.

As the wreaths were being laid at the foot of the Cairn, Joyce Proctor Martin

read the names of the Fallen Soldiers. Following this, Ben Martin played "The Last Post," followed by two minutes of silence and then he played the Reveille.

Everyone joined in the Hymn "The Lord's my Shepherd."

After the closing prayer by Rev. Sinpoh Han, everyone gathered at the Anglican Church Hall. After Grace was said, everyone enjoyed home made soups, breads, assorted squares and a cup of tea and coffee. Refreshments were furnished by the three Missisquoi County Branches - Dunham, Fordyce and Stanbridge East.

"They gave their tomorrow that we might have today."

*Submitted by  
Jean Reid Page,  
Missisquoi County  
Publicity Chairperson*

# Armistice meeting of the Austin W.I.

The meeting took place at the Austin Town Hall on Thursday, November 12. It began at 11:30 a.m. with a pot-luck luncheon of soup, sandwiches and various desserts. Everything hit the spot and all were thanked for their contribution.

At 1p.m., the meeting was opened in the usual manner with the M.S. Collect and Salute to the Canadian flag.

Roll Call was to name a friend or relative who had served in World Wars 1 and/or 2 and was well answered by 9 members with some most interesting stories.

Secretary Liz Goodwin read the minutes from the last meeting and Treasurer Betty Telford presented her

financial report - both were approved.

Letters of thanks were read from the P.E.E.S. in Magog for donation to help with the Breakfast Program. Also from Sheila Needham for donation given to the A.C.W.W. - Women Walk the World.

Plans for the December meeting were finalized, to take place on Wednesday, December 9 at the Austin Town Hall. All members to participate with each bringing their Christmas special for a festive party. There will also be a gift exchange. Roll Call: to bring 2 Bingo prizes.

*Submitted by  
Betty Cochrane Telford,  
Publicity*

# Sherbrooke Women's Connection November meeting

The Sherbrooke Women's Connection met at the Hut for the November meeting.

Christine Doell sang "You Light Up My Life" which went along with the theme of the meeting. She also sang another selection to end our time together.

Our speaker Gloria Beachy spoke of her faith journey and sang two songs as well.

Jen Young told us about her "Yankee candle" business and the work she does

with her animal friends.

Come and bring a friend on December 3 at 9:30 a.m. at the "Hut". We're having a party! It's the 40th Anniversary of the Sherbrooke Women's Connection. There will be door prizes, anniversary cake, special music and our speaker Francine Nkinabacura will share her faith journey, "Hope in God."

For more information call Pauline Goodenough at 819-563-8061.

# Maybe these pet owners don't think about the people they could adversely affect

FRIDAY, NOVEMBER 20, 2015

## Annie's Mailbox

**Dear Annie:** I would like to know why stores allow people to bring their pets inside. I have seen dogs sitting in the carts with their blankets as the owners push through the store. I often see one particular owner at the same store. She appears to like the attention the dog brings, as she stands and talks a lot to anyone who passes.

My grandson is allergic to dogs and cats and would get quite sick if he were put in the same cart after an animal has been in it.

I have had many cats, dogs, pigs and horses over the years and have loved them all, but would never think to bring them into stores where they could cause someone else to suffer respiratory distress. Maybe these pet owners don't think about the people they could adversely affect. — Please Leave Animals at Home

**Dear Home:** Of course they don't think about other people's sensitivities. They are too focused on their own. Many stores now feel obligated to allow pets because so many folks claim they are "comfort animals" with legal protection. This is often not the case, but stores are re-

luctant to challenge their patrons. Instead of expecting others to be more considerate (good luck with that), those with allergies must take their own precautions. Many stores now offer disinfectant wipes for their carts, but we recommend you bring your own, just in case.

**Dear Annie:** I am tired of you saying "try harder" to women who, like me, are past the age of 50 and tired of the sexual demands of our partners.

I like sex, provided it is satisfying to both partners. The "slam bam thank you mam" type doesn't count. I would like a little foreplay. I would like to be touched at other times. I would like to be respected and appreciated. I would like to be given some attention during the hour it takes for the Viagra to take effect and not jumped on when he's ready.

Oh, sorry, I didn't intend to make this about me. Because it's all about him. It was all about him when he was 20 and had the sex drive of a rabbit. It was all about him when he was 30 and trying to prove he was adequate. And it is still all about him. There are things I refuse to do because I find them distasteful. There are

things he cannot do, and then he blames me for his inadequacies. And he looks at porn online, saying I "don't give him what he needs."

I refuse to be treated like an object any more. We've already been to counseling. It doesn't work because he "doesn't need it." He just wants more sex. — Tired of Sex, So Blame Me

**Dear Tired:** Our advice to "try harder" is for women whose husbands are kind and loving, but the women's libido is nonexistent and they have no interest in any sexual activity. This is obviously not the case for you. Your husband seems selfish, and your reluctance to please him has nothing to do with sex and everything to do with feeling unappreciated. Counseling is for you, not him. Try it on your own.

Annie's Mailbox is written by Kathy Mitchell and Marcy Sugar, longtime editors of the Ann Landers column. Please email your questions to anniesmailbox@creators.com, or write to: Annie's Mailbox, c/o Creators Syndicate, 737 3rd Street, Hermosa Beach, CA 90254. You can also find Annie on Facebook at Facebook.com/AskAnnie.

## The Highland Express of The Order of the Eastern Star

In this edition - Worthy Grand Matron Heather MacDonald and Worthy Grand Patron William Miller are saying Good-bye to the members, noting that their term of office will come to a close when Grand Chapter will be held on October 8 & 9, 2015 at Le Castel, Granby. They recalled the past year, while although it went quickly was really enjoyable, visiting various chapters, where they felt very welcomed, as well as being part of many events and celebrations.

News, Reviews and What Not's in Quebec

**Victory Chapter #34 -** The chapter was thrilled to welcome visitors, The Past Most Worthy Grand Patron, Brother Sidney Down and the Most Worthy Grand Treasurer and Grand Representative of Quebec in Australia Sister Margaret Down from The United Grand Chapter of Australia she is Brother Terence Radford's Grand Representative Counterpart. It was a great night for everyone. They were also pleased to receive Sister

Judy Christensen, Past Grand Matron as a member under Dual Membership. Sister Margaret Keddy was presented with her 60 year pin at her residence The Source Blue by Sisters Florence Ellerton and Evelyn Shaw. The new Slate of Officers will be installed at an Open Installation in November following the meeting, a Halloween Party was held with costumes, treats and refreshments.

**Owl's Head #35 -** The members were happy that the sale of pins at Brome Fair by Cowansville, Stanbridge East and Owl's Head Chapters netted \$710. for the BMP Hospital The members welcomed Sister Rose Highfield under Dual Membership. They were pleased to welcome Brother Pierre Letourneau from Martha Washington, Chapter, Enosbury, Vermont and Brother Glenn and Sister Onetta Munford back from California. Coming events will be a Dinner for the Red Cross of Constantine, November 3 and a card party in the Odd fellows' Hall. Sympathy goes out to Sister Gertrude

Raymond's family on her death. She was a 60 year member of the Chapter. Best wishes are sent to Brothers Bob Newell, P.P. John Lutemann and to Sister Marjorie Newell P.G. M. for better health. The members were very pleased to hear that Brother Ed. Lowery received a very good report from his doctor.

**Fidelity Chapter #55 -** The members enjoyed a delicious spaghetti dinner at the September meeting prepared by the brothers. A Christmas Dinner "Bells of Christmas" is planned for November 21 at Harmony Hall, Chambley with music, door prizes and raffle. Sister Joyce Dryden P.G.M. thanked everyone for their prayers for her daughter, Darlene, who has just been told that she is "cancer free."

**Cowansville Chapter #17 -** The members were pleased to welcome W.G. Matron Heather MacDonald, W.G. Patron William Miller. Brother Glenn P.G.P. and Sister Onetta Munkres P.M. back from California. Sister Onetta was affiliated

into the chapter to the delight of all a letter of appreciation was received from Buckingham Palace for the letter of congratulation sent to the Queen on her birthday. A Teacup Auction was held following the meeting and a card party was held on the next night in the hall.

October Anniversary greetings to Owl's Head Chapter #35 members Sisters Isabel Armstrong (1945), Sadie Talbot (1964), Gabrielle Newman (1978), Catherine Lawrence (1987) and Brothers Wilbur Wallace (1962), Robert Farnham (1962), Douglas Newman (1978), Robert Newell (1982), Brian Allen (1983), Russell Lawrence (1987) and to Cowansville Chapter #17 Brother Serge Couture (1997).

Birthday greetings to Brother Brian Allen (October 3).

That's the news for now so until next time,

As ever,  
Evelyn Beban Lewis

## Kinnear's Mills Women's Institute

The November meeting of the Kinnear's Mills Women's Institute was held on November 9 at the home of the President Huguette Blais.

Huguette welcomed us to her home and opened the meeting, by all repeating the Creed, Salute to the Flag and Oath of Citizenship.

In memory of our W.I. member, the Late Helen MacRae, who passed away February 1, a poem "Crossing Over" was read by Flora MacNaul. Helen had prepared the November Program, which we followed.

Motto for the month - Success comes in cans, failure comes in can'ts.

Roll Call: Tell us how the world has changed in the last few years, was answered by 6 members.

Treasurer Helen Lowry gave a very de-

tailed report.

**Correspondence:** A letter was read from a member Joy Nugent, living in Bathurst, NB and a thank you from the donation to the Community Hall.

At noon, the W.I. Grace was repeated and all enjoyed the delicious dinner, served by Huguette. Robert joined the members and all enjoyed the fellowship. Following our meal, we continued with the meeting.

**Report of Conveners:**

**Education and Personal Development -** Flora MacNaul will be making Christmas wreaths for the Thetford High School Fundraiser.

Huguette Blais told us their son Frederic would be teaching at A.S. Johnson High School, in the new year. She told us to keep car keys at your bedside. If some-

one is around, press and the car will start and hurry them away.

**Publicity and Awareness -** Audrey Allan told us 48, 000 War brides were transported to Canada by the Canadian Government between 1942-1947. Many of them were escorted across the water and handed over to their husbands, with nothing more than a handshake and a cook book. They couldn't milk a cow or cook with a wood stove and then they had the in-laws to deal with. Most of them were glad they came and are proud to be a Canadian. Dorothy Bolduc reported Justin P. Trudeau, is now the 24th Prime Minister of Canada. He has chosen 15 women and 15 men to be in his Cabinet.

At this moment we were able to see and talk to Joy Nugent on Skype. She

looks so well and happy. Telephone contact will be continued - Huguette, Audrey, Dorothy, Helen, Flora and Pauline.

The annual Christmas get-together planned for January 17, 2016, a noon meal (12:30) at St. Agathe: Names were exchanged.

**Program:** Give a few tips on planting a successful garden. Articles for wool gathering were 2 pairs of mitts, 3 pairs of socks and 2 tuques and will be given to the school. One minute of silence was observed and each wore a poppy.

Being no further business, the County meeting followed with Pauline Nutbrown as President. Thanks were expressed to Huguette for the pleasant time at her home.

Submitted by  
Audrey Allen

### CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

" B A G V F J L D Z X Y X G C J L D X K L N T N Z G  
J A Y Z K N B G S ' J A G V F ' D Z X V V F S A A C '  
A D ' S A A C ' ; B T X G K K A U Z S D Z X K , A D  
V Z K ' J S A N A Y Z . " — R Z D Z Y F D Z G G Z D

Previous Solution: "When you leave New York, you are astonished at how clean the rest of the world is. Clean is not enough." — Fran Lebowitz

TODAY'S CLUE: B equals U

### CELEBRITY CIPHER

by Luis Campos

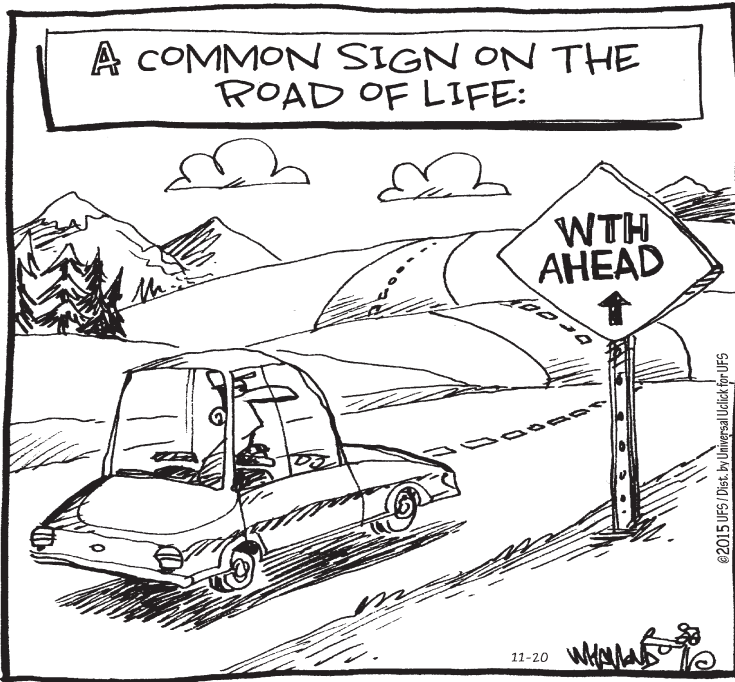
Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

" S F O K A G M U R F G X O P D B X M B G ...  
R F D U G P F D X D D L D K X C R D R F G Y O U R  
D V Y V G U G K R O V G S G V R O M K R D J M U U  
R F G B I R I V G . " — E D F K B . L G K K G W C

TODAY'S CLUE: A equals G

Previous Solution: "I only scream and scratch when something's only 'really good' or 'good'; I want to be great, or let's go home." — Jeremy Fenner

### REALITY CHECK



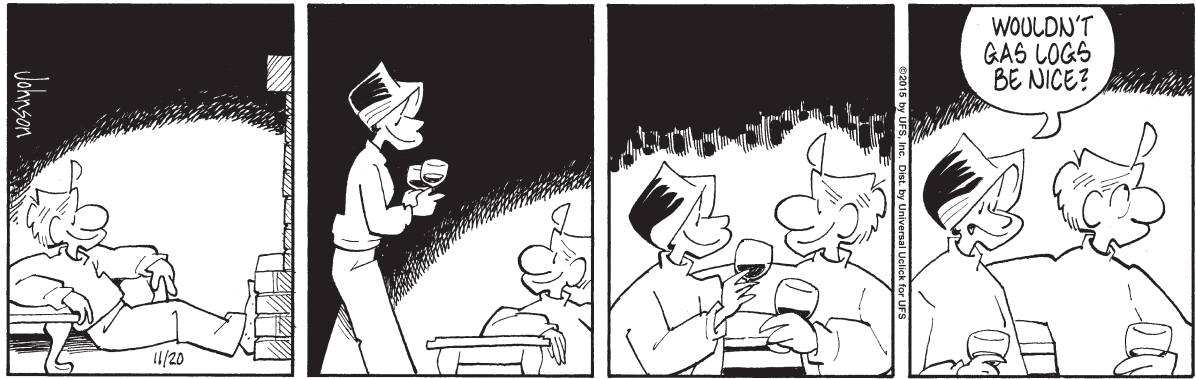
### HERMAN



### ALLEY OOP



### ARLO & JANIS



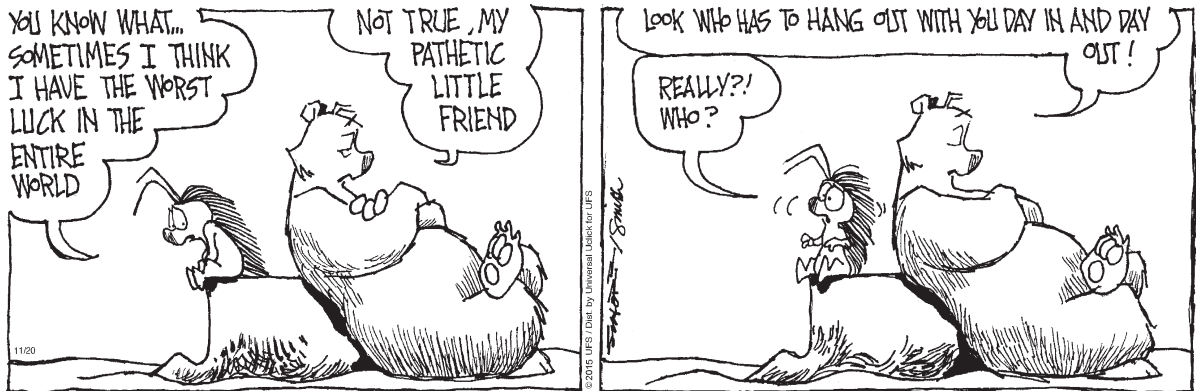
### THE BORN LOSER



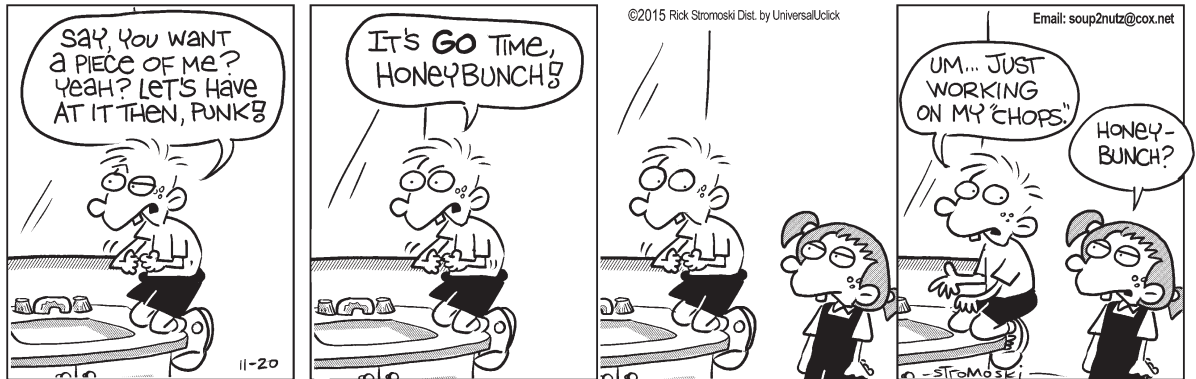
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035 For Rent

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**Looking for a companion? Place an ad in the classifieds. (819) 569-9525 (450) 242-1188**

445 Legal Notices

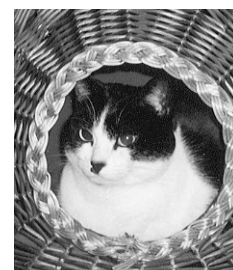
290 Articles For Sale

**STEEL BUILDINGS / Metal Buildings.** Up to 60% off! 30x40, 40x60, 50x80, 60x100, 80x100, sell for balance owed. Call 1-800-457-2206. [www.crownsteelbuildings.ca](http://www.crownsteelbuildings.ca)

294 Events

**CLASSIFIEDS ONLINE!**  
[www.sherbrookerecord.com](http://www.sherbrookerecord.com)

330 Pets



**Make your classified stand out**, add a photo for \$10. per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. **819-569-9525. classad@sherbrookerecord.com**

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## CHAMPLAIN REGIONAL COLLEGE

### A message to the Parents of Students of Champlain Regional College

Champlain Regional College is looking for parents whose child is or children are registered at the Lennoxville Campus to join the Board of Governors of the College.

The College's Act requires that parent members of the Board of Governors be nominated and elected by parents at a meeting called for that purpose. Parents who are also employees of the College are eligible to vote but not to serve as a parent member of the Board.

If you are interested in participating, please attend the meeting whereby you will be invited to propose your candidacy and/or exercise your right to vote a parent member to the Board.

DATE: Monday, November 30, 2015  
TIME: 7:00 p.m.  
PLACE: Room C140

Champlain Lennoxville Campus  
2580 College Street  
Sherbrooke, Québec J1M 2K3

For more information, please contact Maxime Filion, Secretary General, at 819-564-3600, ext. 635.

Office of the Secretary General / Bureau du secrétaire général

190 Cars For Sale

1998 PONTIAC SUNFIRE, 4 door, automatic, low mileage - 63543 km, body is in great shape. Asking \$1,900 or best offer. Call 819-501-8377.

**CLASSIFIEDS ONLINE!**  
[www.sherbrookerecord.com](http://www.sherbrookerecord.com)

CLASSIFIED

405 Found

440 Miscellaneous

**SET OF KEYS** on a green ribbon found in the Mount Forest Cemetery, near Boiscastel, Court St., in Coaticook. Call 819-849-6170.

**CRIMINAL RECORD?** Canadian Record Suspension (Criminal Pardon) seals record. American waiver allows legal entry. Why risk employment, business, travel, licensing, deportation, peace of mind? Free consultation: 1-800-347-2540.

425 Bus. Opportunities

**LOOKING FOR AN** online business? I can help! You will receive free training and after support. Go to [www.123freedom4life.com](http://www.123freedom4life.com) and check it out. Requires a computer and telephone and 5-15 hours weekly.

**Looking to rent an apartment? Or want to rent one? Place an ad in the classifieds! (819) 569-9525 or (450) 242-1188**

**It pays to advertise in the classifieds**

**ENCAN SAWYERVILLE INC.** presents

**Sat., Nov. 28 at 11:30 a.m.**

**CONSIGNMENT SALE OF BEEF COWS and REPRODUCTION BULLS**

**3 herds totaling 92 head are already registered for this sale and will be sold at the start of the auction:**

**PIERRE COTE, Ogden:** Complete herd, tied, with 19 very good beef cows including 14 Ch. and 5 Sim., bred Ch., and due to calve from April to May. Also a Ch. bull, 6 years old.

**ROCK MAROIS, Ste-Anne de Larochelle:** Complete herd, tied, of 40 good beef cows consisting of 25 ChXSim and 15 Lim, bred Sim or Lim, due to calve from January to March. Also 2 bulls, 4 years old, pure-bred (1 Lim and 1 Sim).

**RANCH DU VALLON, Shefford:** 30 exceptional F1 SIM and Black & Red Angus heifers from pure-bred Angus mothers and pure-bred Sim. fathers, bred by pure-bred black Angus or Red-Max. They will calve from Feb to May, very good replacement subjects. Vaccinated aut/14 and follow-up/15 Bovi-Shield Gold One Shot, Ultra-bac/Somubac.

**Reception for this sale:** 7 a.m. to noon day of auction. Pregnancies will be checked by a qualified veterinarian.



ENCAN SAWYERVILLE inc. AUCTION

Call us!

819-849-3606 or 819-875-3577  
420 Route 253 South  
Cookshire-Eaton, Quebec  
[www.encansawyerville.com](http://www.encansawyerville.com)

**Coconut ice cream perfectly sweet non-dairy treat**

**KITCHEN SCOOP**  
By Alicia Ross

If you haven't heard by now, July is National Ice Cream Month. You may have seen a multitude of recipes during the last few weeks urging you to whip up a freezer-full of your favorite flavors. I know I sure have.

But what I was looking for was a super-easy, non-dairy ice cream that didn't require multiple steps or cooking. So I set into the kitchen with cans of coconut milk and tried to find the best way to make a natural-tasting coconut ice cream. At first I did cook the mixture and even added corn-starch to help thicken it, but each batch was either too watery or took so long to cook, cool and freeze that I lost interest.

With my last two cans of coconut milk, I hit the magic combination. The texture is just right — just between soft serve and store-bought ice cream. It's not too hard and not too soft. The flavor and richness also hit a home run. Using one can of light coconut milk with one can of regular provides just the right level of coconut goodness that you crave in a pure-flavored ice cream.

Easy No-Cook Coconut Ice Cream is just what you need this summer. Enjoy!

**Easy No-Cook Coconut Ice Cream**

Yield: Makes about 1.5 quarts (approximately 12 servings)

- 13.5 ounces light coconut milk
- 13.5 ounces regular coconut milk
- 1 cup sugar (see Cook's Note)
- 1 teaspoon vanilla extract

In a blender, place all the



Photo by Alicia Ross for Kitchen Scoop

ingredients and process on high until mixture is light and frothy, and sugar is dissolved, about 1 minute.

Pour into a prepared ice cream maker and process according to manufacturer's directions. Transfer to a freezer-safe container and freeze for at least 30 minutes before serving. Serve in well-chilled dessert cups or bowls for best results.

(Cook's Note: You can use coconut sugar if you'd like. The color of the ice cream will not be pure white, though.)

This ice cream can be made without a machine, but will not have the same smooth texture. Simply place the mixture in a freezer-safe deep bowl. Every 30 minutes, remove the mixture from the freezer and

whisk, or use the whisk attachment on an immersion blender to whip. Repeat until desired consistency is reached.)

Approximate values per 1/2 cup: 210 calories, 15 g fat (13.5 g saturated), no cholesterol, 1.5 g protein, 20 g carbohydrates, 1.4 g dietary fiber, 10 mg sodium.

\*\*\*

(Alicia Ross is the co-author of "Desperation Dinners!" (Workman, 1997), "Desperation Entertaining!" (Workman, 2002) and "Cheap. Fast. Good!" (Workman, 2006). Contact her at Kitchen Scoop, c/o Universal Uclick, 1130 Walnut St., Kansas City, MO 64106, or send email to [tellus@kitchenscoop.com](mailto:tellus@kitchenscoop.com). Or visit the Kitchen Scoop website at [www.kitchenscoop.com](http://www.kitchenscoop.com).)

**HOW TO PLAY:** Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

PREVIOUS SOLUTION

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Difficulty: 4 (of 5)

**SUDOKU**

To learn more about cystic fibrosis, put one of these in your mouth and breathe.

Now that you know more about cystic fibrosis, won't you please help?

QUEBEC Cystic Fibrosis ASSOCIATION

1-800-363-7711  
[www.aqfk.qc.ca](http://www.aqfk.qc.ca)

The Q.C.F.A. is a provincial association of the Canadian Cystic Fibrosis Foundation.

# Your Birthday

FRIDAY, NOVEMBER 20, 2015

Trust in your ideas and bravely put your plans into motion. Let your emotions rise to the surface and your compassion, dedication and desire to help lead you to the winner's circle. Fight for your rights, your beliefs and your future.

**SCORPIO** (Oct. 24-Nov. 22) — Your off-beat ways will interest a like-minded soul. Together you can develop something that will bring you enjoyment, possible profits and a lasting partnership.

**SAGITTARIUS** (Nov. 23-Dec. 21) — Too much of anything will make you look bad. Avoid indulgence and exaggeration if you intend to stay out of trouble. Working on your appearance or overall health is favored.

**CAPRICORN** (Dec. 22-Jan. 19) — You are positioned for success. Put your plans into play in order to take onlookers by surprise. Refuse to let others' actions or a last-minute change throw you off your game.

**AQUARIUS** (Jan. 20-Feb. 19) — Bring about a personal change that will boost your confidence and help you express how you feel to someone special. Do your best to get into shape mentally, physically and financially.

**PISCES** (Feb. 20-March 20) — Disillusionment will set in if you expect too much or pick up bad habits. Work on creative concepts and find a way to express your talents openly and honestly.

**ARIES** (March 21-April 19) — Make sure

that you know where you stand regarding the beliefs and opinions of those around you. Don't invite a challenge that is impossible to win. Romance is favored.

**TAURUS** (April 20-May 20) — You'll be attracted to the unusual or unique. If you delve into something that you know little about, it will shape the way you move forward personally or professionally.

**GEMINI** (May 21-June 20) — Avoid emotional matters if you aren't clear about how you feel. Get involved in something that you can do alone. Taking a spa day or going on a spiritual retreat will do you good.

**CANCER** (June 21-July 22) — Go where the action is in order to meet interesting people. The knowledge and experience they have will be valuable when you are faced with a decision about how or where you live.

**LEO** (July 23-Aug. 22) — A move or change of scenery is favored. Do your best to get back on track and figure out what you want to pursue. Personal relationships will require action, not words.

**VIRGO** (Aug. 23-Sept. 22) — Revisit places that you have a strong emotional connection with. Getting in touch with old friends will be an eye-opener. Attend a reunion or set up a gathering. Don't give in to temptation or indulgence.

**LIBRA** (Sept. 23-Oct. 23) — Give whatever you do your best effort. Follow your creative dreams and analyze your current relationships. Decide who fits into your future plans and who doesn't.

FRIDAY, NOVEMBER 20, 2015

# The to and fro of fit-finding

By Phillip Alder

Albert Einstein said, "If the facts don't fit the theory, change the facts." If a bridge auction does not find the best fit, change the sequence.

Today's deal was about finding the right suit fit. How should the auction have proceeded, if at all, after South rebid two hearts? (Yes, he might have overbid slightly with three hearts. The most accurate rebid was two-and-a-half hearts!)

North's first decision was: pass or two spades? If South was 5-4 in the majors, two spades, the 5-2 fit, would probably have played better than two hearts, a 4-3 fit. But if South had a minimum 5-5, passing rated to be the winner. The key, though, was the strength of North's hand. If South had enough power to bid a third time, North had sufficient to accept the game-try. So, North correctly rebid two spades.

At the table, South now jumped to four spades. This was a clear error, given that North couldn't have three spades, because she would have responded two spades, not one no-trump. South should have continued with three (or four) hearts, which would have got them to four hearts, a contract that would surely have made.

Four spades was another matter. West led the club king, then made the excel-

|                       |      |       |           |
|-----------------------|------|-------|-----------|
| North 11-20-15        |      |       |           |
| ♠ J 3                 |      |       |           |
| ♥ Q 6 3               |      |       |           |
| ♦ A 9 7 2             |      |       |           |
| ♣ J 7 3 2             |      |       |           |
| West                  |      |       | East      |
| ♠ Q 7                 |      |       | ♠ 9 5 4 2 |
| ♥ 10 9 2              |      |       | ♥ J 5     |
| ♦ Q 10 5 4            |      |       | ♦ J 8 6 3 |
| ♣ K Q 10 4            |      |       | ♣ A 9 5   |
| South                 |      |       |           |
| ♠ A K 10 8 6          |      |       |           |
| ♥ A K 8 7 4           |      |       |           |
| ♦ K                   |      |       |           |
| ♣ 8 6                 |      |       |           |
| Dealer: West          |      |       |           |
| Vulnerable: East-West |      |       |           |
| South                 | West | North | East      |
|                       | Pass | Pass  | Pass      |
| 1♠                    | Pass | 1NT   | Pass      |
| 2♥                    | Pass | ??    |           |
| Opening lead: ♣ K     |      |       |           |

lent continuation of the club 10 to pin South's eight. South ruffed the third club, cashed the diamond king, played a heart to the queen, threw a heart on the diamond ace, and ran the spade jack. Now the roof fell in. West won and led her fourth club, on which East discarded his heart jack. The contract went down three.

# CROSSWORD

**Across**

- 1 Traditional Islamic garment
- 6 Big fish
- 10 Literary group?
- 14 On the bad side (of)
- 15 Brazos River city
- 16 Skin malady
- 17 Primus or Helena, in a classic play
- 18 Tan relative
- 19 Cord for Ford, perhaps
- 20 One keeping tabs on the best man?
- 23 Preserve, in a way
- 26 Strict
- 27 Feed, but not food
- 28 Ready to pick
- 32 Court period: Abbr.
- 33 Abbr. in a footnote
- 34 Of a battery terminal
- 36 Portrait artist at a gym?
- 41 Tank type

- 42 Optimist's words
- 44 Frequent fliers
- 47 Where to see decorative nails
- 48 Defense choice
- 49 Biblical prophet
- 51 Roma's home
- 53 Coach for a newspaper employee?
- 57 Jamaican fruit
- 58 Bucks' pursuits
- 59 Augment
- 63 Off
- 64 Impedes, with "up"
- 65 Haunted house sound
- 66 Start of a run, maybe
- 67 Big show
- 68 Sources of shots

**Down**

- 29 Clumsy
- 30 City south of Lisboa
- 31 Murphy who voices Donkey in "Shrek"
- 35 Inverse trig function
- 37 Plus
- 38 Potter's specialty
- 39 Earth sci.
- 40 Indian royal
- 43 "Great Public Schools for Every Student" gp.
- 44 Tongue
- 45 Victim of Iago

- 46 What some forks are used for
- 49 Taters
- 50 Overhang
- 52 Show
- 54 Béchamel base
- 55 Sub
- 56 Bone, to Benito
- 60 Bank statement abbr.
- 61 Lao Tzu principle
- 62 Sanctions

**Down**

- 1 Shut out
- 2 Mars rover?
- 3 Fleece
- 4 Like Twain and Wilde, e.g.
- 5 Chorus section
- 6 Is short
- 7 Agreement
- 8 One of 640 in a square mile
- 9 Quite a while
- 10 Prone to heavy market trading
- 11 Poet's stock-in-trade
- 12 Narrows
- 13 Fern seed
- 21 Gas up?
- 22 Palo Alto-based automotive company
- 23 First lady?
- 24 Has left to spend
- 25 Dad or fish preceder

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